

water help keep the pores of the skin open and facilitate perspiration.

6. Do not go out in the sun without a head covering. Sun strokes may result.

7. Tan gradually. Too large doses of sunshine can be harmful. Light in weight and color, to permit free circulation of air about the body.

8. Don't talk about the weather. The other fellow knows it is hot and would rather not be reminded of it.

Palm Leaf Rain Coats
Not having any poles to lay away for a rainy day, the native along Mexico's rugged west coast collects palm leaves. When the rainy day comes a rain coat, just as porous as any other rain coat on the market.



ORO
It assures rich lawns and flowers

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"Riptide", With Norma Shearer, to Be Here June 3, 4

"Lost Patrol," "Carolina," and Frank Buck's "Wild Cargo" Coming

... and intense interest is "The Lost Patrol" to play the Catwells on Friday and Saturday.

... on the famous "Carolina," which is lost on the coast of the British Caribbean. Its exact destination, the commanding officer is ... and Boris ...

... offers another of ... modern woman ... "Riptide" photoplay which ... Monday. As ... romance. Also ... Never ... "Riptide" ... Montenegro ... and ...

Flower Exhibits and Lake Forest Gardens to Be Shown June 16, 17

The Lake Forest Garden club and North Shore Horticultural society flower show will be held in the Onwenta club riding arena on Green Bay road June 16 and 17.

The schedule includes exhibits of dinner tables and breakfast trays, arrangements of fruit or vegetables suitable for a table, an outdoor window box planting, a seasonal border, and an arrangement of flowers on a table in front of a screen. There will also be many other classes of flower arrangements and an exhibition of prize specimens of flowers and plants.

Ribbon awards will be based on the following point-system in judging: individuality, 10 points; color harmony, 30; relationship of plant material to containers, 30; arrangement of bloom, 30. The show is not limited to garden club members.

During these two days well-known gardeners in Lake Forest will be open to the public.

Composition of the Air
The chemical composition of the air is very different in the upper levels than at the earth. Water vapor ceases to exist at about 10 miles, the height of the highest clouds. Oxygen and nitrogen are less abundant as one progresses aloft and hydrogen and helium are more abundant.

Mountain Flies a Banner
Mount Everest is described by its conqueror, Comodoro F. M. Feltow, as the only mountain on earth that flies a banner. Hundred-mile winds whistle about its summit, Comodoro Feltow explains, and as a result a pennant of snow and ice particles four or more miles in length flies directly out from the peak.

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One of Hottest Stars

Rigel is about 17,000,000 miles in diameter and is equal in brightness to the combined light of 35,000 suns as bright as our own, says Nature Magazine. It is one of the hottest stars, having a temperature of about 29,000 degrees Fahrenheit, as compared with a temperature of 6,000 degrees for the low-temperature star, Betelgeuse.

"Admitted to the Bar"
The term "admitted to the bar" is traceable to the old English custom of having a barrier or partition separating the seats of the benchers or readers from the rest of the hall, to which students after attaining a certain standing were "called" from the body of the hall in order that they might take part in the proceedings of the court.

Pulse Rate
The rate of pulse beat varies with age. A newborn infant's pulse rate is 130 to 140 a minute. In the first year this is reduced to from 115 to 130. In the third year the rate is from 95 to 110, and from the seventh to the fourteenth from 85 to 95. From 50 to 90 is the rate in adult life, while in old age it slows down to from 70 to 75.

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Easter Island

Easter Island, off the west coast of Chile, lies far off the regular steamship lanes of the Pacific. Its discovery is assigned by Spanish cartographers to 1506, but it owes its name to the Dutch navigator, Roggeveen, whose ship raised its triple cones on Easter Sunday, 1722.

Largest Peninsula
The largest peninsula in the world is the continent of Europe which projects into the Atlantic ocean from the mainland of Asia and separates the North sea from the Mediterranean. It has an area of 3,750,000 square miles.

Vanished Americans
The Missouri Indians actually are vanished Americans. No pure blood Missouri Indian lives, Indian officials say, although a few were among the Otoes, who were brought from Nebraska to Indian territory in the eighties.

Gold Supremacy
That gold will always maintain its supremacy as a precious metal is attested by the bureau of mines, which points out that about half of the metal mined since America was discovered has disappeared from the face of the earth—buried in graves, lost in ship wreckage at the bottom of the ocean.

Crow Is Musical
Many persons who are perfectly familiar with the caw of the common crow fall to recognize its low notes and its conversational abilities when it is ministering to its young. In early spring or late winter the crow often gives forth quite musical sounds.

Fevers Victims in France
Investigations show that there are about 3,000 cases of undulant fever in France each year.

Don't raise a DUST STORM from your furnace

Now is the time to VACUUM CLEAN your furnace or boiler. One little Summer may do more harm to your heating plant than several seasons of operation. Soot and ash-dust become affected by the natural dampness of your basement, which has an injurious effect, by chemical reaction, and rapidly eats metal. The Bahcall method of VACUUM CLEANING takes out all dirt, dust, soot and carbon without making a mess, which will reduce your next fuel bill.

We thoroughly VACUUM CLEAN your furnace or boiler, smoke pipe and chimney, and OIL SPRAY the inside of fire box and the smoke pipe, with a special oil that helps protect the heating system, for only \$1.50.

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