

EVERY HOME SHOULD HAVE THIS

It is a wonderful discovery for the health of the family and the best of all. It is a simple, effective, and safe remedy for all ailments of the throat, chest, and lungs. It is a true and reliable remedy for all ailments of the throat, chest, and lungs. It is a true and reliable remedy for all ailments of the throat, chest, and lungs.

DANSY FLY KILLER

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No, Cordelia, a man isn't necessarily a beast because he has a red face.

For years Garfield Tea has been on the market. This must mean a remedy worth while.

What She Wants. "I want you to build me a fashionable home."

Vogue in Outer Garments. According to the Dry Goods Economist, at the present time retailers are featuring wraps of charmeuse and satin.

The Worm's Way. "The Hon. Stephen Coleidge, the English anti-vivisectionist," said an anti-vivisectionist of Philadelphia.

TO MAKE SURE. Miss Hainsolins - Before announcing our engagement, count, I think perhaps it would be more satisfactory if you had your little guaranteed.



In the Growth of Corn. There's a period when the lunch on plucked out a vegetable mix, most nutritious.

Post Toasties. As the corn ripens the "milk" hardens, and finally becomes about fat.

Planked Steak With Oysters. Have six extra steaks neatly trimmed; put in one broiler; broil five minutes on one side; turn and broil five minutes on the other side.

To Sew Feet. When ironing, place an old pair of shoes on each side of the iron.

TIPS ON COOKING CEREALS

Some Old-Fashioned, Wholesome and Nutritious Foods That Deserve a Revival. Old-fashioned oatmeal requires a much longer time to cook, as every one knows, than the kind usually found for sale nowadays.

Serve Old-Fashioned Wheat calls for four cups of cold water for every cup of the grain. Let it come gradually to the boiling point and cook steadily for one hour.

SUNSHINE IN THE HOUSE

Do Not Let a Day Pass Without Doing Something to Brighten That Day for Others.

It was Mr. Barrie who quaintly said, "Women who bring sunshine into the lives of others cannot keep it."

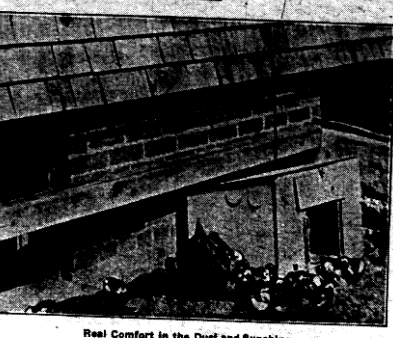
Try shedding sunshine wherever you are. Do not let a day pass without doing some little thing to brighten that day for someone else, and you will find your own day more joyful.

Beat the yolks of four eggs to a thick cream; pour one and a half cups boiling water over them; stir while pouring. Place on stove to keep boiling; mix well together; add a pinch of salt and four tablespoonful vinegar.

Have six extra steaks neatly trimmed; put in one broiler; broil five minutes on one side; turn and broil five minutes on the other side.

When ironing, place an old pair of shoes on each side of the iron.

PROPER CARE OF NEWLY HATCHED CHICKS



Real Comfort in the Dust and Sunshine.

Associate in Poultry Husbandry, University of Illinois. In the care of baby chicks, the right thing to do is to make them comfortable all of the time. Think for a moment how delicate must be the machinery of these little bodies which have been built up from the albumen of the egg mainly in the short period of 21 days.



Paradise Brooder in the Collar.

HOME MECHANICS ARE IMPORTANT

By ISABEL BEVIER, Professor of Household Science and Head of the Household Science Department, University of Illinois. The term farm mechanics is a very familiar one, but unfortunately the term home mechanics is very unfamiliar.

For any one of these, heat, water and light are regarded as essential, and no meager supply, either, that will do without the other.

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CONSTANT DRAIN ON NATION

Cost of Tuberculosis and Other Preventable Diseases Has Been Put into Figures.

While state commissions and other bodies are trying to find a method for reducing the cost of life insurance, Prof. James C. Glover, of the University of Michigan, demonstrates that every policyholder of a \$10,000 annuity whose life policy could save about \$20 a year on his premiums if he were insured against tuberculosis and typhoid fever would be benefited.

IT IS CRIMINAL TO NEGLECT THE SKIN AND HAIR

Think of the suffering entailed by neglected skin troubles—mental because of disfigurement, physical because of pain. Think of the pleasure of a clear skin, soft, white hands, and good hair.

Reading makes a full man. So does the wine when it's red.

Perhaps Lot's wife was turned to salt because she was too peevish.

Splendid Crops

In Saskatchewan (Western Canada) 1920 Exceeded (Western Canada) 1919. The crops in Saskatchewan, Western Canada, for the year 1920 exceeded those of 1919. The crops in Saskatchewan, Western Canada, for the year 1920 exceeded those of 1919.

Don't Persecute Your Bowels

Care your bowels and digestive tract. CARTER'S LITTLE LIVER PILLS. They are the best for the bowels.

A WONDERFUL DISCOVERY. This is the age of research and experiment, when all the old and new methods of medicine are being tried.

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CASTORIA For Infants and Children. The Kind You Have Always Bought. Bears the Signature of *Dr. J. C. Watson*. In Use For Over Thirty Years. **CASTORIA**

900 DROPS

ALCOHOL—3 PER CENT. Vegetable Preparation for Assimilating the Food and Regulating the Stomach and Bowels of INFANTS AND CHILDREN.

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

A Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

THE CENTAUR COMPANY, NEW YORK.

Carbulated Vaseline

The best dressing you can use for wounds, cuts, scratches, etc. Carbulated Vaseline helps to prevent infection. The Carbolic Acid helps to prevent infection. The Carbolic Acid helps to prevent infection.