The Army of Constipation

Is Growing Smaller Every Day.

CARTER'S LITTLE LIVER PILLS are responsible — they notably prevent — they permanently cure Constipation, Sick Headache, Bilious Attacks, Indigestion, Sick Headache, Sallow Skin.

CARTER'S LITTLE LIVER PILLS.

SMALL PILL. SMALL DOSE. SMALL PRICE.

Genuine must bear Signature

Brent Good

16 CENT SEED SALE

10,000 BUSHELS OF PEDIGREE SEEDS 16c

1789 Lettuce 1000 Onion
1790 Radish 1791 Parsley
1792 Tomato 1000 Carrots
1793 Cucumber 1000 Celery
1794 Brilliant Flower Seeds, 16 varieties, 16 packets, 16 cents. 16 cents will buy 16 packets of 16 varieties, 16,000 Seeds. It is purely our 16 cent seed offer to introduce our seeds to you. Send 16 cents and you will receive 16 packets of the choicest vegetable and flower seeds, 16 cents. We will send free of charge our 16 cent collection of seeds by return mail. We'll also send free our 1916 Seed Catalog. Write today. Address

JOHN A. SALZER SEED CO.,
990 South Eighth Street La Crosse, Wis.

FLORIDA ORANGES

In order to acquaint you with the Wonderful Florida Kumquat Orange, we will forward to you one box all SEALED AND DELIVERED anywhere in U. S.

60 CENTS, BOX

excluding Express charges. Kumquats are famous and delicious fruit. Write today as this offer is for a limited time only. Address, KUMQUAT, CLARK BUILDING, JACKSONVILLE, FLORIDA

GIVE AND TAKE.

"Rockefeller must be a great believer in reciprocity."

"Why so?"

"Why, whenever he gives away a million or so he advances the price of oil."

See Value in Open-Air Schools.

During the year 1911 the greatest percentage of increase among the different forms of anti-tuberculosis work was among the open-air schools for anemic and tuberculous children. On January 1, 1911, there were only 28 open-air schools in operation or provided for in the entire country. On January 1, 1912, there were 91, an increase of 214 per cent. Sixty-two new schools have been established or provided for this past year. This entire number of open-air schools have been established since January 1, 1907.

Entire Country Interested.

On January 1, 1905, there were about 150 different agencies engaged in anti-tuberculosis work, of which number 111 were sanitoria. The increase in over 1905 agencies has emphasized, the National Association for the Study and Prevention of Tuberculosis points out, the importance of the campaign for the prevention of consumption being carried on in all parts of the country.

SURPRISED DOCTOR.

Illustrating the Effects of Food.

The remarkable adaptability of Grape-Nuts food to stomachs so disordered that they will reject everything else, is illustrated by the case of a woman in Racine, Wis.

"Two years ago," she says, "I was attacked by a stomach trouble so serious that for a long time I could not take much of any sort of food. Even the various kinds prescribed by the doctor produced most acute pain.

"We then got some Grape-Nuts food, and you can imagine my surprise and delight when I found that I could eat it with a relish and without the slightest distress.

"When the doctor heard of it he told me to take several small portions each day, because he feared I would grow tired of it as I had of all other food.

"But to his surprise, (and that of everybody else), I did not tire of Grape-Nuts, and became fonder day by day, till after some weeks, my stomach entirely recovered and I was able to eat anything I desired to eat.

"My nerves, which had become so weakened that I feared I would become insane, have regained health on the Grape-Nuts food in connection with Postum which has become our table beverage. We cannot express our gratefully and thankfully the good that your food preparations have done me, and shall be glad to answer any letters inquiring as to my experience." Name given by Postum Co., Battle Creek, Mich.

Read the little book, "The Road to Wellville," in pkgs. "There's a reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

NEWS NUGGETS FROM ILLINOIS

Springfield.—Charges that Rev. William A. Davis, as superintendent of the Cunningham orphanage, a Methodist institution maintained at Urbana, inflicted cruel punishment on inmates of the orphanage, and that cruelties upon little children inmates were made in a report filed by investigators with the state board of administration. Evidence revolting in its accounting of inhumane treatment of the children was offered, and following its approval by the board of administration an order was issued directing the board of managers of the orphanage to discharge Rev. Mr. Davis. It is said several members of the board of managers are standing by Davis and will probably refuse to concur in the state board's order. The charges against Rev. Mr. Davis are that he knocked a little girl down and kicked her; that adhesive plaster was pasted over children's mouths for trivial offenses, and that a seven-year-old boy was kept in a barrel all day.

Springfield.—Determined to make a thorough investigation into the alleged irregularities in the filing of the primary petitions of Joseph Sheibly M. Cullom and Hugh S. Magill, the state board has engaged attorneys to inquire into the matter with a view to bringing court action. One of the attorneys engaged that mandamus proceedings may be brought against Secretary of State Rose to compel the placing of Magill's name first on the primary ballot for an advisory vote.

Pontiac.—After ten days spent in questioning veniremen was obtained to try William Schulte on a charge of having murdered Charles Rauhe. The prisoner is alleged to have occurred at Raube's home with his neighbors sat around watching, thinking the men had were wrestling. Schulte, however, it is charged, was jabbing Raube with a knife. Schulte entered a plea of not guilty.

Peoria.—Joseph S. Daily, father of the city attorney of this city, was found dead on Hamilton street from the effects of heart trouble and hastened probably from a fall on the icy walk. Mr. Daily was a member of a well-known plumbing firm and came here from Chillicothe two years ago.

Rock Island.—At the end of the present school year Dr. S. G. Younger will leave the faculty of Augustana college. The congregation of the Swedish Lutheran church at Hartford, Conn., decided to grant a petition from the seminary students to release Doctor Younger from his acceptance of a call to that parish.

Duquoin.—Members of the executive committee of the Knights Hustlers, including Omer S. Pace of Mount Vernon, president; Frank E. Jewett of St. Louis, secretary, and William J. Grant of this city, treasurer, have been in session here, completing arrangements for the annual convention to be held here in June. Secretary Jewett says that the gathering will be the largest in the history of the organization, and the secretary expects from 500 to 600 members in the organization by that time. A meeting and banquet will be held here February 12, at which plans will be discussed for the convention. All of the officers and members of the executive committee will attend, as will many other of the Hustlers.

Mount Carmel.—The only woman hobo who ever visited this city has been worrying police here for the past two days. She came in on a freight train, was picked up on the street and taken to headquarters for the night. In the morning she was found she had broken jail and escaped. Some time later the woman was found a mile from the railroad track sitting by the side a fire which she had kindled. The police were given a round of abuse for their interference. The woman is a typical knight of the road. Although she does not hesitate to "bum" with men when it is necessary, she prefers to be alone, and always wears dresses.

Streator.—Barking of a faithful hound dog guided a searching party to the point where Walter Koets had lain dead for several hours, while the dog had stood on guard by his master's body. The body was found in a cornfield and it is supposed that death was caused by concussion of the brain brought on by a fall on the frozen ground. The dead boy is the son of Christian Koets of Grand Rapids.

Chicago.—After attempting to kill his wife at 218 East One Hundred and Thirty-sixth place, Harvey, William Rotherbitch went to a hotel through his brain and died instantly.

Pontiac.—After ten days of monotonous grinding, a jury was secured in the case of William Schulte, charged with the murder of Charles Raube at the farm of the latter last July. Neighbors watching "men wrestling" found Raube dying. Instead, Schulte, it is charged, killed Raube with a knife.

Kewanee.—Philip J. Wirts, aged eighty-six, the earliest settler of Annawan, died at the home of his son. He was prominent in Illinois Grand Army circles.

LIKE THROWING AWAY MONEY

American Cook Wastes Liquids From Which French Cook Makes Appetizing Meal.

"Only water," says the American and English cook, pouring out the liquid from asparagus and cauliflower and onions and potatoes, and thereby throwing down the drain sink that of which a French woman would make an appetizing meal.

A French housewife boils kitchens the soup pot stands always on the stove, and into it goes every bit of water in which vegetables have boiled. Onions, peas, beans, turnips, parsnips, carrots, potatoes, asparagus, artichokes, cauliflower and cabbage. The liquid from "greens," such as beet tops, spinach, dandelion and kale cannot be used for soup, but the water from spinach is excellent as a sauce for fish, if slightly thickened and flavored with butter.

The soup pot, receiving all this contribution of savory liquid, does not need the great quantities of meat that make it so expensive an item in American and English economics. The bone from a porterhouse or sirloin steak, well cracked, is sufficient, or, from a leg of lamb that has been cooked rare, or from any roasted or broiled meat.

Endless variations can be made on this foundation of a bone and water. A cupful of dried Lima beans and a cupful of cabbage, chopped, together with a bit from the dinner of the day before, like string beans or asparagus, will give a very good Milanese soup, of which Italians are so fond. A teaspoonful of Extract of Beef added to the water of the essence of the pot will produce the consommé. In August, when peas are plentiful, one cupful of peas to be eat en as a vegetable, strain a cupful of them into the pot, after cooking them thoroughly, add the water in which they were boiled, thicken very slightly, and you will have a puree of peas for the soup course.

Clear vegetable soup can be produced by putting a cup of finely chopped parsley, onion and celery into the pot and simmering half an hour. "Croutons," little cubes of toasted bread, should be dropped in at the last moment. Rich vegetable soup is made by adding to the pot two or three fresh tomatoes, several onions, a bunch of carrots, two potatoes diced and a few stalks of celery. Any vegetables left from a dinner should be cut into little bits and dropped into the soup pot.

Raw string beans, chopped and cooked an hour in the pot, and a handful of water cress, added half an hour before serving, makes an unusual soup, which is typically French.

TO KEEP PARLOR RUG FLAT

By Use of Cleverly Contrived Snap-Button Exasperating Hummocks Are Eliminated.

An ingenious somebody has thought of a way to keep the parlor rug from bumping itself into exasperating hummocks when the bridge table is dragged over it. The trouble with these curling meanly at its edge so that you stumble over it and break your eyeglasses against the door jamb. The new device is nothing more nor less than a cleverly contrived snap-button of little-nothing size, of course, than the tiny affair which tailors use to fasten skirt openings. The button is sewed to the rug and the cloth is stitched to the wrong side of the rug—and there you are. It is the work of only a moment to unfasten the snap catch and loosen the rug for a shaking out of doors.

Dry Cleaning for White Articles.

Place the blouse or lace to be cleaned in a shallow box and cover it block magnesia over all parts as you would soap. After covering it entirely sprinkle powder in one corner in such thicknesses around it. Pound on one side, then on the other; this drives the magnesia through the material. Leave in the powder for some hours, repeat the process and shake out-of-doors or over a sheet. Brush off the powder. The garment will come out thoroughly clean and a little pressing will make it look like new.

Fine illusion may be cleaned in this way; also white felt hats.—Delineator.

A White Plum Pudding.

Beat to a cream a half cup sugar and three-quarters cup butter. Add one cupful each of raisins, currants, salt, two cups milk and a quart of four mixed with one-half cup shredded citron, one-half cup seeded raisins, one-half cup currants, a teaspoonful grated nutmeg and a teaspoonful vanilla. Stir constantly turning into the mold stir in two even tablespoonfuls baking powder. Boil or steam two hours and serve with any good sauce.

Use a Stand For Pie.

Never set a pie on a flat surface when removing it from the oven. Use a baking stand or wire hanger stand. This prevents steamed and soaked and soggy under pie crust. Three-legged stands are best for pies. The meet in one point in the center will let the air circulate under when one has not the stand.

Clean the Iron.

When heating flatirons it is a good plan to lift and wipe them after heating on the stove a few seconds, as the smoke generated by the first heating causes them to become rusty if they are left until they are thoroughly hot. Rubbing with a piece of waxed candle will prevent the iron from ironing.

JAMES T. HARAHAN KILLED IN WRECK

Former Illinois Central President and Other Prominent Men Die Together.

F. C. MELCHER AMONG VICTIMS

Vice-President of Rock Island Railroad Slain Instantly, with E. B. Pierce and E. E. Wright—Rear-End Collision on Illinois Central the Cause.

Decatur, Ill., Jan. 22.—James T. Harahan, former president of the Illinois Central railway, was killed early this morning in a wreck near on the main line of the Illinois Central in which four other lives were lost and a score of persons were injured.

General Wright's son, E. E. Wright, a Memphis lawyer; F. O. Melcher, vice-president, and E. B. Pierce, general editor of the Chicago & Rock Island railway, that were riding in Mr. Harahan's coach, were also killed.

Cause of the Wreck.

The wreck occurred when a southbound passenger train crashed into the rear of the New Orleans Star at the Kinmundy, Ill., station. Mr. Harahan's private coach, which was coupled to the rear of the New Orleans train, was demolished by the impact.

Thirty-five passengers, most of whom were unidentified, were taken from the wreckage injured.

Death Came Instantly Dead.

JAMES T. HARAHAN, retired president Illinois Central railroad.

E. B. PIERCE, general solicitor Rock Island railroad.

F. O. MELCHER, vice-president Rock Island railroad.

E. E. WRIGHT, son of General Luke Wright, former secretary of war.

Wrecked Cars Take Fire.

Fire from the overturned locomotive communicated itself to the coaches and to the horror of the first catastrophe was added the fear of the death of many injured persons in the flames.

Mr. Harahan's train, No. 25, had just driven into the Kinmundy station, when without warning passenger train No. 2, running at a high speed, swung into the stationary coaches.

The rear lights of train No. 25 are believed to have become extinguished in some manner and the engineer of the following train failed to see the danger in time to apply his brakes.

Crash Heard for Miles.

With a crash that was heard for nearly two miles the pilot of train No. 2 drove into the heavy private coach of the ex-railway president.

The pilot of the oncoming locomotive plowed for twenty feet into the vestibuled private coach, instantly killing every person in that part of the car.

Harahan Picked Up Dead.

Mr. Harahan was tossed through the splintering roof of the coach and was picked up dead a few feet away from the wreckage. His body was fearfully cut and bruised and many bones were broken.

A few feet from the body of Mr. Harahan was found the body of Mr. Pierce. Mr. Melcher and Mr. E. E. Wright were found partially pinioned beneath a fallen mass of crushed wood and twisted ironwork. They were dragged out by railway men and placed at the side of the track.

Passengers Killed in Berths.

The front end of the Harahan car telescoped into the coach ahead, and a number of passengers asleep in their berths were injured, some of them fatally.

Bravely Met Death He Feared.

Dr. Samuel Johnson, who feared death as much as any man of whom there is any record, when told that his end was near, refused the opiates to which he had been accustomed.

New and Useful Combination.

Twing—A friend of hours invented instead of stairs, a Pennsylvanian has invented a combination billiard and pool table, which can be folded, to be put out of the way when not in use.

THE HOME LIFE OF THE SETTLER

WESTERN CANADA AFFORDS ALL THE COMFORTS AND MANY OF THE LUXURIES.

A Young lady of Wisconsin secured a certificate at the Milwaukee office of the Canadian Government, and on presenting this to the ticket agent of the railway at the Canadian boundary line she secured a ticket at a reduced rate which carried her to Edmonton, Alberta, from which point, about forty miles, she had her home. This was a couple of years ago, and the young lady is now married to one of the prosperous young farmers of the district.

In writing of her trip to the Milwaukee representatives of the Canadian Government she says: "I enjoyed my trip up here very much, and expect to go out to our homestead in the Pembina district next spring." To the housewife the information that she has "put up twelve quarts of raspberries" is important, as they "picked them themselves," and they might have picked ten times the quantity if they had required them, for there is no country where wild fruit grows in such abundance. The letter goes on to say, and this is interesting from a housewife's standpoint, that "cream is very beautiful." Speaking of the friends with whom she went up to live, she says: "They certainly have a beautiful farm and house"—they had been there about four years, also going from Wisconsin—"I have about twenty acres of oats and barley, five acres alfalfa, three acres potatoes and half an acre planted to vegetables." I think they have about forty acres under cultivation altogether." They now drainage a stream which they will afterwards plow and put into fall wheat. They also have a large herd of cattle, and "we have about 100 chickens. They make on an average of 30 pounds of butter every week. I never saw such grand cream."

Now these people are enjoying life in Alberta; they have a splendid climate, excellent prospects, and are happy that they are part and parcel in the working out of the upbuilding of a new country, that will take its place amongst the prosperous countries of the century. Numbers of letters that express satisfaction as extreme as the one quoted appear in literature sent out by the Canadian Government and which may be had on application to any of its agents.

The Problem of Evil.

"Mother," asked four-year-old Gerald, who made all the burglars and the Indians and the highwaymen and those who "stick up" people, "if God made everything, why didn't He make them good?"

"Why, Gerald," replied his mother, slightly shocked, "I suppose God did, dear."

"Well, mother," said the boy, with a puzzled look in his dark eyes, "what do you suppose he made 'em for?"

Men in Your Eyes Need Care

Use Dr. Roy Bennett's Wonderful Eye Remedy. Relieves Pain, Stops Smarting, Dry Or Inflamed Eyes, Stye, Dry Or Red Weak, Watery Eyes. Ask your druggist for it, or send 25c. for a trial package. Murine is compounded by our Oculists. Murine is not a patent medicine, but a reliable remedy, ready to use. Now dedicated to the Public. Murine Eye Remedy Co., Chicago. Write Murine Eye Specialists, Chicago, for Free Eye Book.

Her Logic.

"Was the week before Christmas. Tom, Dick and his younger sister, Mildred, were talking very seriously of the reality of Santa Claus.

"There isn't any Santa Claus," said Dick with much scorn.

"Why, there must be," insisted his sister. "How else would make pictures that look just like him?"

Important to Mothers

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of Chas. H. Fletcher. In Use For Over Thirty Years. Children Cry for Fletcher's Castoria.

Asking a Good Deal of Her.

Mrs. Back-Bay—I shall want you to be dressed by three o'clock, Ellen, to receive my friends who may call. Ellen—Oh, lor, mum! Ain't you goin' to be in?

The Fool Season.

First Ice Fiend—You look thin. Second Ice Fiend—Yes, they had better not skate on me till I have embonpoint.

Constipation causes and seriously aggravates many ailments. It should be cured by Dr. Pierce's Pellets. They suggest a laxative.

"Even if a woman can't afford a new hat she can criticise her neighbor's."

PILES CURED IN 6 TO 14 DAYS. Pazo Ointment will relieve most of PAINS, ITCHING, BLEEDING and PROTRUDING Piles in 6 to 14 days. Sc.

"Most of us have repair shops for our broken promises."

ASTHMA

If you suffer from Asthma, Hay Fever, Hoarseness, Bronchitis, Coughs, Colds, Sore Throat, Pain in Chest, Wheezing, Difficult Breathing, Sleeplessness, Nervous Exhaustion, Nervous Headache, Nervous Dyspepsia, Nervous Indigestion, Nervous Neuralgia, Nervous Sleeplessness, Nervous Debility, Nervous Prostration, Nervous Nervousness, Nervous Wreckage, Nervous Bankruptcy, Nervous Insolvency, Nervous Dissolution, Nervous Dissolution, Nervous Dissolution