A MINISTER SPEAKS.

His Statement Should Convince the Most Skeptical.

Kidney sufferers should take fresh courage in reading the statement of Rev. Marion B. Foreman of Greenfield, Ind., given below. He speaks for the benefit of suffering humanity. Says he: had kidney trouble in a bad form and was unable to get relief until I began the use of Doan's Kidney Pills. They did such good work that I strongly recommend them. Until my testimonial will prove of benefit to other kidney sufferers.

Remember the name—Doan's. For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

The Point of View.

This is a true story. A certain belle was present at a recent Chopin recital. During the "Marche Funebre," her eyes glistened and her whole attitude of rapt attention was as if the music had entranced her every soul. Her whole face was expressive of admiration and intense interest when the pianist had finished, the escort of Miss "Belle" turned to her and said: "How beautiful!" To which she replied: "Yes, indeed; doesn't it fit her exquisitely in the back? How much do you suppose it cost in the store?"

LADIES CAN WEAR SHOES one size smaller after using Allen's Foot-Ease, the antiseptic powder for the shoes. Cures corns, bunions, swollen, hot, aching, sweating feet. Makes new shoes easy. Sold everywhere, 25c. Don't accept any substitute. Sent by mail for 25c in stamps. Allen S. Olmsted, LeRoy, N. Y.

Scoundrel's Last Refuge.

Patriotism is the last refuge of a scoundrel.—Johnson.

Dr. Pierce's Pellets, small, sugar-coated, easy to take as candy, regulate and cure style stomach, liver and bowels. Don't forget.

Modesty is to merit as shades to figures in a picture, giving it strength and beauty.—Shenstone.

INFLAM-MATION AND PAIN

Cured by Lydia E. Pinkham's Vegetable Compound.

Creston, Iowa.—"I was troubled for a long time with inflammation, pain

in my left side, backache and nervousness. I had taken so many medicines that I was discouraged and thought I would never get well. A friend told me of Lydia E. Pinkham's Vegetable Compound so I got a bottle and soon found the backache, inflammation and pain, my nerves are stronger and I can do my own work. Lydia E. Pinkham's Vegetable Compound cured me after everything else had failed to recommend it to other suffering women."—Mrs. W. SEALS (60 W. Howard St., Creston, Iowa.

Thousands of unsolicited and genuine testimonials like the above prove the efficiency of Lydia E. Pinkham's Vegetable Compound, which is made exclusively from roots and herbs.

Women who suffer from those distressing ills should not lose sight of these facts or doubt the ability of Lydia E. Pinkham's Vegetable Compound to restore their health.

If you want special advice write to Mrs. Pinkham, Lynn, Mass. She will treat your letter as strictly confidential. For thirty years she has been helping sick women; in this way, free of charge. Don't hesitate—write at once.

Don't Persecute your Bowels

Get out cathartics and opinions. They are bound to gripe. Cascarets please.

CARTER'S LITTLE LIVER PILLS

Purely vegetable. Act surely but gently on the liver. Cure Sick Headache, Biliousness, Indigestion, Constipation.

SICK Headache and Indigestion, as millions know.

Small Pill, Small Dose, Small Price

Genuine must bear Signature

Brent Good.

PISO'S THE BEST MEDICINE for COUGHS & COLDS

UNGALLANT.

Bloom—I'm glad I met your wife. She seemed to take a fancy to me.

Brooks—Did she? I wish you'd met her sooner.

HEAD SOLID MASS OF HUMOR

"I think the Cuticura Remedies are the best remedies for eczema I have ever heard of," writes Brother Rod a child who had a rash on its head when it was real young. Doctor called it baby rash. He gave us medicine, but it did no good. In a few days the head was a solid mass; a running sore. It was awful, the itching and irritation. We had no hold him and watch him to keep him from scratching the sore. His suffering was dreadful. At last we remembered Cuticura Remedies. We got a dollar bottle of Cuticura Resolvent, a box of Cuticura Ointment, and a bar of Cuticura Soap. We gave the Resolvent as directed, washed the head with the Cuticura Soap, and applied the Cuticura Ointment. We had not used half before the child's head was clear and free from eczema, and it has never come back again. The head was healed and he had a beautiful head of hair. I think the Cuticura Ointment very good for the hair. It makes the hair grow and prevents dandruff." (Signed) Mrs. Francis Lund, Plain City, Utah, Dec. 29, 1908. Send to the Potter Drug & Chem. Corp., Boston, Mass., for free Cuticura Book on the treatment of skin and scalp troubles.

Reason Enough.

A negro near Xenia, O., had been arrested for chicken stealing. He was stolen so many that his crime had become grand larceny.

He was tried and convicted, and brought to the bar.

"Have you any reason to offer why the judgment of the court should not be passed upon you?" the judge asked.

"Well, Judge, he replied, I calls it go to jail enough to be jailed, an' I shuck out yonder, an' I jus' calls it till I git dere. I reckon his study be dat."—Philadelphia Saturday Evening Post.

Work and Marriage.

In the New York courts recently a girl aged 17, with a baby in her arms, a mother that she was old enough to get to work, replied: "Work, I will not. I prefer to marry." Whereupon she was married before night to a young man earning $8 per week. This is of a piece with the reasoning of another girl who, being interrogated by a friend, said: "I am not working now, Mamie!" answered promptly, 'I am working, I'm married."—Boston Herald.

Fighting Tuberculosis in Hungary.

The anti-tuberculosis movement was started in 1894, and in 1898 there were five institutions for the treatment of consumptives. Cure for consumption is encouraged and financed by the government, and many local sanitary agencies are engaged in the fight. A permanent anti-tuberculosis council has been established at Budapest and a carefully conducted campaign of education is being carried on.

HONEST CONFESSION
A Doctor's Talk on Food.

There are no fairer set of men on earth than the doctors, and when you find they have been in error they are usually apt to make honest and manly admission of the fact.

A case in point is that of a practicing doctor, one of the ablest men in Wellsville, Mo., in Texas. His plain, unvarnished talk needs no rewording or cut up:

"I had always had an intense prejudice which I now see was due to unwarrantable and unreasonable, against all manner of advertised foods. Hence, I never read a line one of the testimonials of Grape-Nuts, nor tested the food till last winter.

"While in Corpus Christi for my health, the wife of a prominent citizen, who has four of the ruddiest healthiest little boys I ever saw, put on the first dish of Grape-Nuts food for supper with my wife and grandson.

"I became exceedingly fond of it and have eaten a package of it every week since, and find it a delicious, refreshing and strengthening food, bearing no ill effects, such as indigestion or eructations (with which I was for merly much troubled), no sour stomach or fullness, nausea, nor distress of stomach in any way.

"There is no other food that agrees with me so well, or site as lightly or pleasantly upon my stomach as this one does.

"I am stronger and more active since I began the use of Grape-Nuts than I have been for 10 years, and am no longer troubled with nausea and indigestion." Name given by Postum Co., Battle Creek, Mich.

Look in pkgs for the famous little book, "The Road to Wellville."

"There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, full of human interest.

SOME FINE FRITTERS

SEVERAL WAYS OF MAKING THESE TASTY ARTICLES.

Recipes That Include Those That Are Concocted With Oysters, Currant Jam, Pineapple, Apples, Orange and Cranberry.

Plain Fritter Batter—Beat till light four eggs, adding to them four large tablespoonfuls of sugar, half a pint of creamed butter, pinch of salt, two teaspoonfuls of lemon juice and two thirds of a cupful of flour. To a perfectly smooth fritter paste, or the cake will stick, butter it, and when hot pour in enough batter to cover the bottom. When done spread with jelly, sprinkle with powdered sugar and serve at once. Or, if preferred, these may also be buttered, with a mixture of powdered sugar and cinnamon spread between and over them; when served in layers they are cut like a pie.

Oyster Fritters—Nothing so appeals to the epicure as oyster fritters, to a cupful of the liquid add one of sweet milk, four eggs, a teaspoonful of salt and enough flour to make a stiff batter; add a pint of chopped oysters and fry in deep fat. Serve at once garnished with cress or parsley.

Currant Jam Fritters—Currant jam fritters are a dream of richness; make in the usual batter, and to every cupful and one half of it add a cupful of the jam; beat well and fry in deep fat before adding. Drop by spoonfuls from the spoon into the fat. Serve hot with sugar and serve with cocoa.

Pineapple Fritters—Pineapple fritters are a luscious morsel; grate the fruit fine, saving the juice, and add to every cupful of the grated fruit one pint of flour—using less to make the batter—adding a spoonful of salt and yolk of one egg. Drop by spoonfuls into hot fat, drain, dust with powdered sugar and serve.

Apple Fritters—Apple fritters are most appetizing and are more substantial than those of fruit; they are made by adding to the plain batter enough boned salmon to make one half the quantity of batter; drop on unglazed brown paper and serve on lettuce leaves or garnished with parsley.

Orange Fritters—The richness and flavor of the orange fritter is proverbial. Place one cupful of sifted flour in a bowl, add a pinch of salt, then the yolk of one egg, well beaten with one teaspoonful of olive oil; when mixed to a smooth batter add gradually enough water to make stiff enough not to run from the spoon; beat the white of the egg light and add carefully to the batter. Cut a slice of orange into thin batter, cover well, then drop into boiling fat, fry a delicate brown, remove, drain, dust with sugar and serve.

Cranberry Fritters.—Cranberry muffins are a welcome change occasionally; rich for the daily menu; sift together two cupfuls of flour, three heaping teaspoonfuls of baking powder, one half cupful of sugar and one teaspoonful of salt; beat two eggs, add one and one half cupfuls of sweet milk and two tablespoonfuls of melted butter; add two tablespoonfuls of melted but ter and fold in one cupful of boiled berries. Bake 20 minutes in a hot oven. They may also be served with a sauce.

Cranberry Sauce.—To make, use two cupfuls each of flour and sugar, one cupful of butter, one and one-half teaspoonfuls of salt, two of cinnamon, one of cloves, one cupful of hot water and one cupful of cranberries. Mix the dry ingredients, add the butter, then the water, and add the cranberries, which have been cut in halves. Bake in a moderate oven. This sauce is delicious served with a currant jam sauce with sweetened whipped cream. The Housekeeper

GETTING RID OF INSECTS

They Will Depart If Wooden Furniture and Crevices Are Washed With Weak Solution.

A housekeeper of long experience says she no longer is troubled with insects, pests of any kind since an old recipe for washing the kitchen floors, bedsteads, bureau drawers, the woodwork around windows and crevices with a rather weak solution of alum and water.

This same housekeeper does her own washing and ironing and says that she mixes a pound of salt and two pounds of wood ashes to a thick paste and fills in the cracks in the iron. She then sets it away to dry, when it becomes as hard as cement itself and the leak stops.

Another of her contrivances for soft ening hard water for washing clothes is to put a tablespoonful of lye to about a pail of wood ashes in the bottom of a barrel and fill it up with the hard water. By morning the gen tle alkali has softened the water as it percolates through the ashes and is ready for use.

Real Butter Scotch.

Allow to one pound of brown sugar one teaspoonful of vinegar and one cupful of butter. Put in a saucepan over the fire and boil, stirring carefully until it begins to turn brown and then pour into a shallow buttered tin. Never stir or touch with a spoon.

Cake Hint.

A cake had been set away and for gotten until it was as hard as the pro verbial brick. It was wrapped in a cloth and put in a pail of water and had an outside covering of paper. Let it stand for a few hours and it will be as moist as if fresh made. This recipe has been tested.

A Generous Gift.

Professor Henning has just issued a most beautiful, useful and complete atlas, containing maps of the whole of the physical geography of the globe, in all its phases, in all the latitudes, but has it attracted attention? No. It is left to the ocher by photology, palmistry and birth month. It also tells all about card reading, birth stones and their meaning, and gives the lucky numbers for each month.

Professor Henning's publishers, however, are giving away the atlas to every member of the family, and, as it is a most valuable compendium of information, and revised to the present date, it will find a welcome in every household.

It will be sent to anyone absolutely free on application to The Manyon Family Company, Philadelphia, Pa.

POOR HUSBY!

TO CURE A COLD IN ONE DAY
Take Laxative Bromo Quinine Tablets. Druggists refund money if it fails to cure. E. W. Grove's signature is on each box. 25c.

One kind of a brute is a man who re fuses to flatter a woman.

For constipation, biliousness, liver disturbances and diseases resulting from impure blood, take Garfield Tea.

It is more disgraceful to distrust than to be deceived.—Rochefoucauld.

His Aspiration.

Richard, aged 14, Henrietta, aged 14, and Gordon, aged 10, were discussing what they would do with a million dollars.

Richard said: "I would buy a motor boat."

Warburton said: "I would spend my million for music and theater tickets."

Gordon, the 10-year-old, startled them tentatively. "Humph!" said he, "I'd buy an automobile, and spend the rest in Boys'!"—Harper's Bazar.

A cup of Garfield Tea before retiring will insure this all-important measure, the daily evacuation of the bowels.

When the fight begins within himself, a man's worth something.

TO CURE A CHILL IN ONE DAY
Take Laxative Bromo Quinine Tablets. Druggists refund money if it fails to cure. E. W. Grove's signature is on each box. 25c.

Be not simple in judging for yourself.—Sophocles.

SPENCER BROS.
Makers Peoria, Ill.

Big Assets

Four hundred thousand people take a CASCARET every night —and rise up in the morning and call them blessed. If you don't belong to this great crowd of CASCARET takers you are missing the greatest asset of your life.

CASCARETS are a box for a week's treatment. If not found perfect satisfactory in the world, MONEY BACK. Remember that.

SPENCER BROS.
Makers Peoria, Ill.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of *Chas. H. Fletcher*

In Use For Over Thirty Years

CASTORIA

THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

900 DROPS

ALCOHOL-3 PER CENT
A Wonderful Remedy for Infants and Children, in assimilating the Food and Regulating the Stomachs and Bowels of

INFANTS & CHILDREN

Promotes Digestion, Cheerful ness and Rest. Contains neither Opium, Morphine nor Mineral NOT NARCOTIC

Recipe of OLD DR SAMUEL PITCHER

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverish ness and LOSS OF SLEEP.

Fac Simile Signature of

THE CENTAUR COMPANY, NEW YORK

35 DOSES 35 CENTS

Guaranteed under the Food & Drugs Act, June 30th, 1906. Serial Number 1542.

Exact Copy of Wrapper.

W. L. DOUGLAS
$2.50 $3 $3.50 & $4 SHOES
$5 $6

W. L. Douglas makes and sells more $3.00, $3.50 and $4.00 shoes than any other manufacturer in the world, because his shoes have greater intrinsic value, are more carefully made, and by reason of their excellent shape, look and fit better and wear longer than any other shoes at the price.

"IF WEARE OF SUBSTITUTE."

The genuine have his name and the retail price stamped on the bottom, which guarantees full value and protects the wearer against high prices and inferior shoes. **REFUSE SUBSTITUTES CLAIMED TO BE "JUST AS GOOD."**

If your dealer cannot supply you, we can. Sold by dealers everywhere. Catalog free. W. L. DOUGLAS, 149 Spark St., Brockton, Mass.

SPORN MEDICAL CO., Bacteriologists, GOSHEN, IND., U. S. A.

For DISTEMPER Pink Eye, Epizootic Cough & Catarrhal Fever

Mild cases require but one dose. Distemper in all its forms is a germ disease, and Spohn's Distemper Compound is a germicide. Destroys the germs in the blood, expels them through the pores of the skin. Cures Distemper in dogs and horses and all its complications. Cures Coughs, Colds, Sore Throat, Pneumonia, Shipping Fever, Influenza, Nasal Gleet, Pink Eye, Epizootic Lymphangitis, Thrush, Mange, Indigestion, Worms, Blood Poison, Abscesses, Debility. Spohn's Distemper Compound is sold by druggists, or sent prepaid at the following prices: Small size, 50 cents; large size, $1.00; $5.00 and $10.00 per dozen. Spohn's Liquid Heave Powders, $1.00 per can. Spohn's Colic Cure, $1.00 per bottle. Spohn's Cough Tablets, 25 cents per box. Spohn's Blood Purifier, $1.00 per bottle. Spohn's Cough Syrup, 25 cents per bottle. Spohn's Cough Tablets, 25 cents per box. Spohn's Blood Purifier, $1.00 per bottle. Spohn's Cough Syrup, 25 cents per bottle. Spohn's Cough Tablets, 25 cents per box.

DE LAVAL Cream Separator

Saves Its Cost Every Year

Occasionally the intending buyer of a cream separator who has but a small amount of ready cash to invest is tempted to put his money into one of the so-called "cheap" machines which are being largely advertised.

Why pay your hard earned money for a "cheap" machine when you can buy a reliable DE LAVAL upon such liberal terms that

It will more than earn its cost while you are paying for it.

When you buy a DE LAVAL you have positive assurance that your machine will be good for at least twenty years of service, during which time it will save every possible dollar for you and earn its original cost over and again.

If you have only a small number of cows to milk, or little ready cash to invest is tempted to put his money into one of the so-called "cheap" machines which are being largely advertised.

Why pay your hard earned money for a "cheap" machine when you can buy a reliable DE LAVAL upon such liberal terms that

It will more than earn its cost while you are paying for it.

When you buy a DE LAVAL you have positive assurance that your machine will be good for at least twenty years of service, during which time it will save every possible dollar for you and earn its original cost over and over