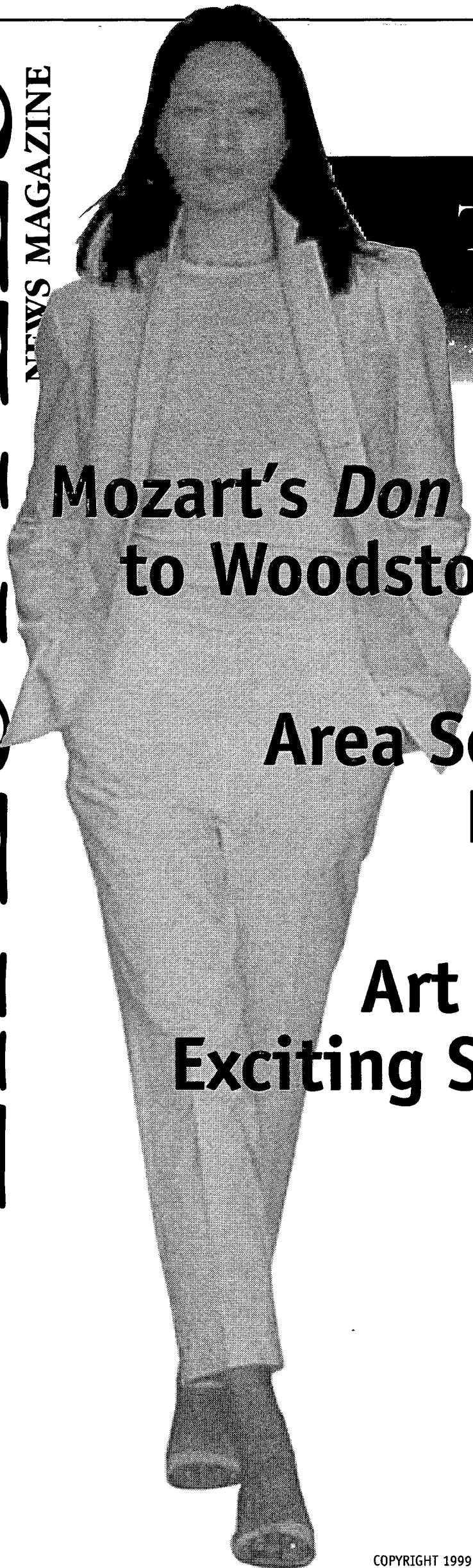


May 1999

# LIFE STYLES™

NEWS MAGAZINE



*To Mom, With Love*  
Great Gift Ideas

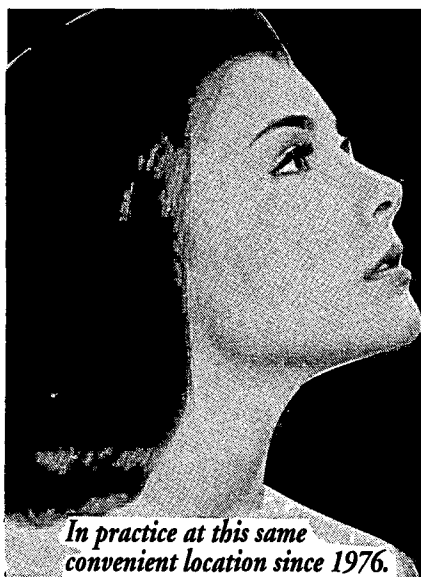
**Mozart's *Don Giovanni* Comes  
to Woodstock Opera House**

**Area Socialites Attend  
Palm Beach Ball**

**Art Associates Plan  
Exciting Spring Excursion**

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G.M. McMonigal  
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P.O. Box 293  
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## The Hair You Hate Gone Forever

A Professional Solution to a Most Personal Problem

Medically approved, the newest shortwave electrolysis treatment will **PERMANENTLY** remove unwanted hair.

- Disposable needles used
- Free Consultation without obligation

### Clear Reflections

HAIR REMOVAL CENTER, INC.

118 Barrington Commons Ct., Suite 216, Barrington

**381-9020**

Convenient Hours: Monday thru Thursday 12:00 noon until 8:30 pm

*In practice at this same convenient location since 1976.*

## Electrolysis is the Answer

Anyone who is interested in good grooming and an attractive appearance is likely to read about electrolysis. It is the *only method* which will remove your unwanted hair **permanently**, and it is not a new technique. Successful results have been reported and discussed favorably in the medical journals since 1875, more than a century ago.

Nowadays thousands of women make appointments every week with their electrologists, but very few openly tell their friends or relatives about the positive results. Most people are too embarrassed to mention facial or body hairs, and so the facts about permanent removal must often be learned from responsible beauty editors or medical columnists.

Fortunately, there is a skilled electrologist at **Clear Reflections** in the Barrington Commons who can remove those telltale hairs quickly and conveniently in the privacy of a professional office.

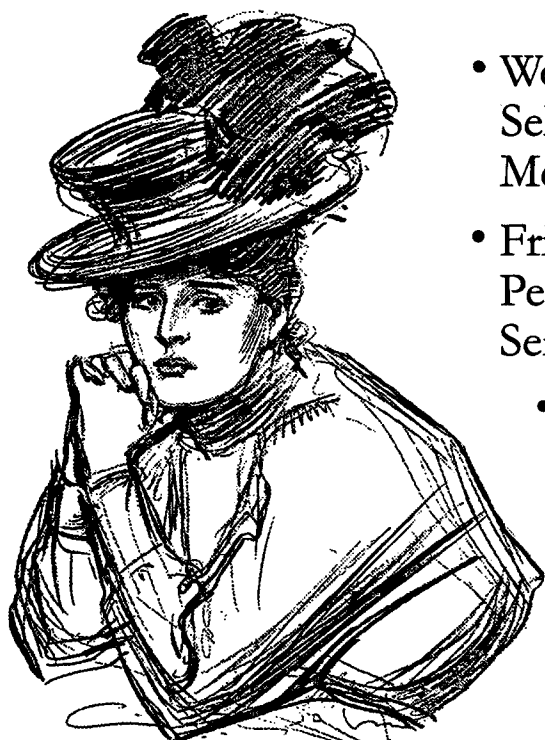
Now past its 100th anniversary, electrolysis is a boon to mankind which goes on making converts every day. The reason is obvious—success and permanence make an unbeatable combination.

Take away those unwanted hairs and what you have left is confidence in your own charm and attractive appearance. Phone **Clear Reflections** at **381-9020** for your appointment.

**Clear Reflections** has provided 23 years of service at the same location.

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NEWS MAGAZINE

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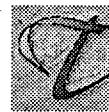
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## Editor's Ink

May, 1999

Dear Reader,

Isn't it exciting! Opera is being performed locally. Mozart's *Don Giovanni* is coming to the Woodstock Opera House this month. Presented by The American Opera Group, the performances will be held May 21 and 22. As everyone knows, the Woodstock Opera House is a little gem, nestled in the quaint Woodstock Square.

The Art Associates are planning a wonderful spring excursion this month. On the tour... Lake Forest's Ragdale Foundation, Tiffany church windows, sculpture at Barat College and the historic Deerpath Inn. The Ragdale Foundation provides a place for talented artists, writers, dancers and musicians—a retreat to work in. Ragdale, a simple English-style house, also includes in its landscape the lawn, the prairie and an English formal garden. You've probably been thinking about joining the Barrington Community Associates of the Art Institute of Chicago for some time. Maybe this wonderful excursion is a good reason (and incentive) to do just that. The organization includes members from many of the Northwest Suburbs.

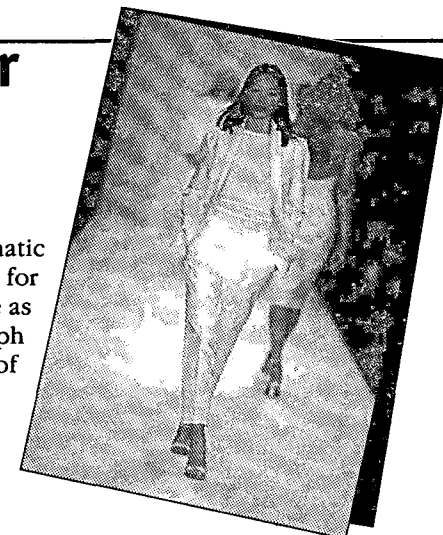
Enjoy the beautiful season! Until next time, may all your thoughts be sunny.

With warm regards,  
Glenn McMonigal  
Editor, *Lifestyles Magazines*



## About Our Cover

The quiet elegance of monochromatic dressing. Day plays for night, night for day. The formal and the sporty merge as old restrictions no longer apply. Ralph Lauren Spring 1999. A new way of dressing.



# Mozart's *Don Giovanni* Comes to Woodstock Opera House

The American Opera Group will present Mozart's *Don Giovanni* at the Woodstock Opera House in Woodstock, IL on May 21 and 22 at 8 PM. The performance promises to be a thoughtful interpretation of the nightmarish tale of an seemingly amorous rogue, his sexual adventures and attempts of retribution by three ladies whom he has deceived.

Young and talented, The American Opera Group, under the directorship of Paul Williams and associate artistic director Nicolas DiVirgilio, consists of a cast of 26 energetic and gifted professionals. Incorporated in 1996, and with only one performance to their credit, the company selected *Don Giovanni* because, among other reasons, it is a wonderful tragic/comedy about a young nobleman obsessed with amorous conquests. "It's like a modern day soap opera... unconfined crimes of buried wickedness," explained Williams, who is also the company's founder.

Williams' extensive theatrical career includes well over 150 different productions in Germany, Italy, Canada, Mexico and the



Andrew Schultze as Leporello

USA. Recently, he was stage director for Die Komische Kammer Oper München, in Munich, Germany last summer where he plans to return in June to direct another opera. His other credits include: stage director for Die Bühnen der Stadt Köln (Cologne, Germany); The San Francisco Opera; The Lyric Opera of Chicago; and general director of the Opera Theater of San Antonio.

Nicholas DiVirgilio, associate artist director, brings a wealth of experience. Retired leading tenor of the Metropolitan and San Francisco Operas, and many of the European Opera houses, he will be intimately involved in matters concerning the artist. DiVirgilio is Professor of Voice at University of Illinois at Champaign Urbana.

Francesco Milioto, as musical director, worked with Williams last summer in Germany. Williams was so impressed with him, he asked him what opera he would like to conduct for American Opera Group. *Don Giovanni* was his response. Milioto has conducted numerous performances in Italy and Canada.

James MacDonald, chorus master for

the Woodstock performance, brings his talent, dedication and personal enthusiasm to the task. He has conducted orchestras, choirs, wind ensembles and new music groups in a career spanning over 20 years. He is currently the music director and conductor of the West Suburban Symphony Orchestra of Chicago and Elmhurst choral Union.

"We're delighted with the talented cast who will appear in this performance," said Williams. They include Rick Ziebarth in the title role, Andrew Schultze as Leporello, Rachel Cobb as Donna Anna, Scott David Uddenberg as Commendatore and Anne Marie Lewis as Donna Elvira. Additional cast members include vocalists Michelle Areyzaga and Dennis Michael Stroud, choreographer Kate Lanham and scenic designer Sahin Sahinoglu.

Looking forward to the future, Williams is planning two operas for next season in Woodstock. They are *La Boheme* scheduled for October of 1999 and *Carmèn* in May of 2000.

Williams is enthusiastic about present-

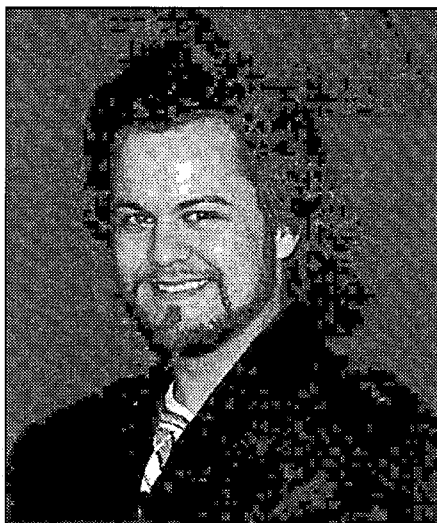


Rachel Cobb as Donna Anna

ing the Mozart opera in Woodstock which is an idyllic location for opera. "The town provides a naturally beautiful and quiet backdrop. And the Opera House is an architectural gem."

"When we decided to choose Woodstock, we were not only considering the beauty of the town and Opera House—and the lower cost of production—but we were also influenced by what Wagner did in Bayreuth, Germany over 100 years ago. He wanted to present his operas outside the hustle-bustle of the city; in the country where people could go and more fully experience the beauty of the opera because of the quiet and natural beauty of the surrounding area. In 1876, Wagner began The Bayreuth Festival in that small Bavarian town. Even today, the popularity of The Bayreuth Festival continues."

For a lively and entertaining evening in May, plan to attend American Opera Group's production of *Don Giovanni*. Tickets are \$18 to \$38 each, and can be obtained by calling the Woodstock Opera House box office at 815-338-5300.



Rick Ziebarth as Don Giovanni



Anne Marie Lewis as Donna Elvira

## Art Associates Spring Excursion

Lake Forest's Ragdale Foundation, Tiffany church windows, Barat College sculpture and the historic Deerpath Inn are all part of the spring excursion organized by the Barrington Community Associates of the Art Institute of Chicago for Wednesday, May 19.

The Ragdale Foundation was established by poet Alice Hayes in 1976 to provide a place for talented artists, writers, poets, dancers and musicians to come together at a place of work and retreat. The artist's community is now the fourth largest in the country.

Alice's grandfather, Chicago architect Howard Van Doren Shaw, designed and built "Ragdale" as a summer place on a 50-acre farm, oriented to take advantage of the "Italian sunsets" seen from Green Bay Road. For Shaw, the name, taken from a dissimilar English manor house, symbolized Wordsworth's ideal of "plain living and high thinking." It is built in the English Arts and Crafts mode—a simple English cottage-style house with an irregular double-gabled facade. The interior includes an Inglenook in the beamed living room, a MacIntosh-style dining room fireplace, a barrel-vaulted entrance gallery and many pieces of furniture designed by

Shaw himself.

The Ragdale landscape includes the lawn, the prairie and an English formal garden.

John T. McCutcheon, the *Chicago Tribune's* Pulitzer-winning cartoonist, based the prairie pictured in his famous cartoon, "Injun Summer," on the prairie at Ragdale. He married into the Shaw family of artists.

Ragdale was the first of many estates designed and built by Shaw on North Green Bay Road between 1887 and the beginning of World War I. It is perhaps the last to survive intact. In 1986, the Estate was donated to the City of Lake Forest and the property transferred to Lake Forest Open Lands. This City/Foundation/Open Lands partnership will continue to protect this example of classic estate architecture and landscape.

In addition to Ragdale, tour-goers will visit the First Presbyterian Church of Lake Forest to view the many Tiffany windows, some resurrected and restored for the 1991 renovation project of the church.

The sculpture at Barat College is another stop and the Deerpath Inn is the luncheon destination.

The original Deerpath Inn was located



Ragdale House

on a site which had been a hunter's log cabin on a trail leading to Lake Michigan, thereafter known as Deerpath Road. Built in the 1860's, it was initially the stately residence of a wealthy Chicago family and later became a popular weekend retreat for the city's elite.

The current structure was built in 1929 on Illinois Road and was modeled after

The Manor House, a Tudor half-timbered and stone inn, circa 1453, in Chiddingstone, England.

Fees for this excursion are \$55 for members or \$65 for nonmembers. Buses leave Langendorf Park in Barrington at 9:00 AM. Reservations are due by May 6. Please phone Bonnie Murray at 847-526-0911 for more information.



## Barrington Gift Certificates Solve the "Gift Giving Blues"

Gift certificates redeemable at 95 participating Barrington stores and restaurants may be purchased at the Barrington Area Chamber of Commerce office. The program is sponsored by members of the Chamber of Commerce Retail Committee. Gift certificates come in an attractive folder with a shopping and dining map

listing the 95 participating stores and restaurants. Certificates may be purchased in denominations of \$5, \$10 or \$20... the perfect solution to your gift giving blues! The Chamber of Commerce office is located at 325 North Hough Street and is open Monday through Friday from 9 AM to 3 PM. Or call 847-381-2525.

## Got the Gift Giving Blues?

The remedy is redeemable...  
**in Barrington!**

Purchase gift certificates of \$5, \$10, \$15 or \$20 at the Barrington Area Chamber of Commerce office and redeem them at over 95 fine shops & restaurants.

*Guaranteed cure for this giving-giving season!*

Office location: 325 N. Hough Street  
9am-3pm • 381-2525

*Sponsored by the Barrington Area Chamber of Commerce Retail Committee*

## Spa Morning for Newcomers

Imagine yourself being pampered at the Canyon Ranch Spa with fitness instruction and healthy spa foods. Barrington Newcomers Club hopes to recreate that experience with a relaxing spa morning at the Barrington Park District in Langendorf Park on Friday, May 21 at 9:15 AM.

Diane Ambrose, personal trainer and supervisor of the new fitness center, will discuss Positive Body Image. You'll learn how a healthy lifestyle will help you reach your optimal weight. Regina Gilbert will introduce reflexology, a method used to relieve stress and tension by massaging pressure points in your hands and feet. Healthy "spa foods" will be offered to round out the morning.

Dress in comfortable or workout clothes since everyone will be offered a complimentary massage or a chance to work out in the fitness center.

Members should call Lynne at 842-9709



**Diane Ambrose, supervisor of the Barrington Park District Fitness Program.**

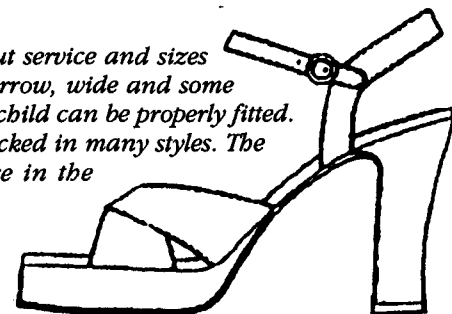
or Margaret at 277-1520 to sign up for this fun morning. For membership information, contact Darlene at 381-1331.

**D**id You Know that **Tootsies** is all about service and sizes as well as fashion? In Children's styles, narrow, wide and some extra wide widths are stocked so that your child can be properly fitted. In Women's styles, sizes 9½ and 11 are stocked in many styles. The extensive sizes enable you to score more in the frequent buyer club—"Club Tootsies."

Also, **Tootsies** has the perfect shoes, handbags and hosiery for that new Prom Dress. Or the perfect new styles for your new Capri pants.

The jewelry department has received many new designs, including "Illusion" style necklaces, that are perfect for that special occasion.

For after the Prom, a new shipment of Dr. Martens, Skechers, Adidas and Birkenstock have arrived for the summer.



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We design shoes for the way kids play, not compete. Custom fit, durable construction, and built-in support make Stride Rite athletics a slam dunk.

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## Give an Award at the 13th Annual BAAC Art Fair

The Barrington Area Arts Council (BAAC) will hold its 13th Annual Art Fair on Father's Day, June 20, 1999 from 10 AM to 5 PM. The 13th Annual Art Fair is sponsored by Northern Trust Bank and the Barrington Courier-Review and partially underwritten by the Travel House, Inc. in Barrington.

In order to attract quality artists, BAAC presents over \$3,000 in Purchase Awards and Awards of Excellence during the fair. The awards are underwritten by individuals and businesses who support the arts.

A Purchase Award requires a check in the amount of \$200 before June 1, payable to BAAC. Then on the day of the Art Fair, you may select a piece of art from any of the exhibitors with a value of at least \$200. Should you choose a more expensive piece, a check for the difference would be written at the time of purchase. In addition to the art sale, the artist re-

ceives a ribbon and certificate presented by the purchaser.

An Award of Excellence requires a check in the amount of \$75 to \$150 before June 1, payable to BAAC. On the day of the fair, the judges select artists whose work is exemplary and presents them with a cash prize, ribbon and certificate. The business or individual underwriting the award is the sponsor and acknowledged as such in all publicity.

Since this is a juried fine art fair, you can be assured that the art represented will be quality work. Over 90 artists are expected to exhibit their paintings, sculpture, wood work, pottery, glass, fiber, jewelry and photography.

Purchase Awards and Awards of Excellence are a wonderful idea for business associates or as a Father's Day gift.

For more information, please call BAAC at 847-382-5626.

107 E. Main Street  
Barrington 277-9596

Monday-Saturday 9:30am-5:30pm  
Thursday till 8:00pm



## Two Renowned Artists Release New Prints

Little girls love to play dress-up. And before you know it, the years have flown and they're not little any more. Artist Greg Olsen captures a tender glimpse of the bride-to-be in *Daddy's Little Girl*, a just released limited edition print available at **Woodland Art Gallery and Frame Shoppe**. Available custom matted and framed, *Daddy's Little Girl* would be the perfect gift for the bride-to-be, the father of the bride or as a Father's Day gift for a special dad.



*Restful Afternoon II* by Pino, giclée on paper, 30" x 40".

There's a limited edition print that's just perfect for any gift-giving occasion, any personality or any decor at **Woodland Art Gallery**. Choose from whimsical works by Charles Wysocki and Dean Morrissey; wildlife glimpses by Robert Bateman, Carl Brenders and Larry Fanning; Terry Redlin's peeks at Americana; serigraphs from Don Hatfield; and many, many others including today's most talked about artist—Pino.

Using the giclée process of creating art by spraying tiny color droplets and enhancing each print individually by embellishing them with oils, thereby making each one unique to the edition, Pino has become the definitive artists to collect. And **Woodland Art Gallery** has become the definitive

gallery for the Pino collection of limited edition serigraphs, giclées as well as for original works by the artist. An excellent example of this artist's talent is *Restless Afternoon II*, now on display at the gallery.

Specializing in museum mounting to protect the value of your art for years to come, the gallery takes great pride in its remarkable talent for custom matting and framing. The gallery can also ship your art anywhere, and Visa and MasterCard are accepted.

Visit **Woodland Art Gallery and Frame Shoppe** at 71-B East Woodstock Street in downtown Crystal Lake. Open Monday through Friday from 9 AM to 5 PM and Saturday until 3 PM. For more information, call **815-459-0460**.

## For You Mom on Mother's Day

Nothing shows Mom you care and are thinking about her like jewelry. This Mother's Day, get her a gift from **M.J. Miller & Company**.

We would like to introduce **Hidalgo stackable rings and bracelets**, a high style of contemporary enamel and diamond rings and bangles tastefully done in 18kt white or yellow gold and adorned with or without stones. With prices ranging from \$160 to \$3,900, this unique line won't be in stock for long!

For the graduate in the family, we have also expanded our **Mont Blanc** line and are currently offering **25% off**, as well as a gift with purchase of **50% off all leather goods after \$150 purchase**.

Spring is here and so are the new styles!

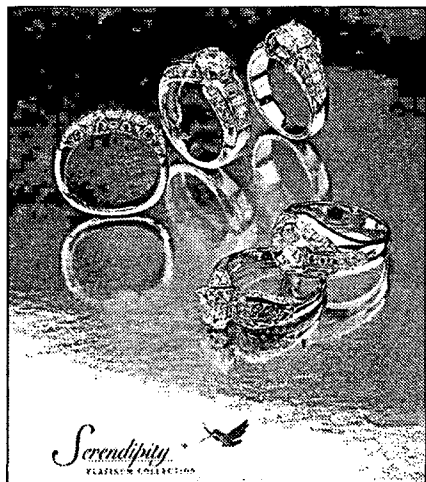


Visit our showroom to examine some of the most exquisite pieces the world has to offer, like the high fashion line of platinum and gold rings, earrings and bracelets from **Tacori**. Combining traditional art deco style with modern design, it's all the rage from engagements to monumental anniversaries.

Say congratulations to your grad or indulge your mom this year—don't they deserve it?

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Explore the world of fine jewelry with **M.J. Miller & Company** located in the Barrington commons, Barrington.



*Something Special for the Father of the Bride*

## Daddy's Little Girl by Greg Olsen

Just released. Limited Edition Print. Signed and Numbered.

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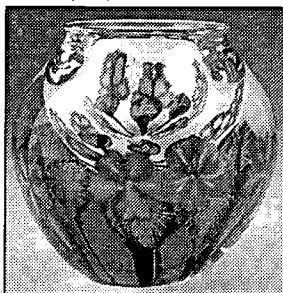
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Thurs. 9:30-8  
Sat. 9:00-5

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*Gifts to Cherish*

Barrington Ice House 200 Applebee St. 382-6677  
Hours: Monday-Saturday 9:30-5:30, Thursday 9:30-8, Sunday 11-3



*Barrington*  
**ICE HOUSE MALL**



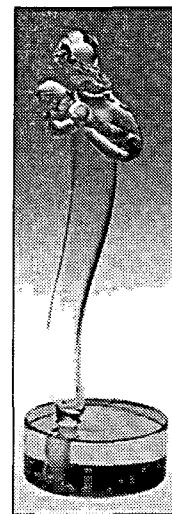
## For All Your Gift Giving Occasions

This Mother's Day, give Mom flowers that will last a lifetime. Choose a flower vase, flower paperweight or a flower perfume bottle for a gift that will always be cherished. **Chesterfield Glass Galleries** has the perfect gift for that special mother (or grandmother or godmother) with their latest collection of affordable, hand-blown art glass. Each piece of art glass is signed by the artist and comes with a certificate of authenticity.

An extra special gift for Mom is our "Mother and Child" collections by Art Hanner and Townsend Glass. A very exciting gift could also include a Fabergé egg, replicas of those given to the Czars.

Remember **Chesterfield Glass Galleries** for all your gift giving occasions and home decorating needs. We represent over 120 American glass artists and have a collection of over 450 unique works of art glass.

Located in the historic Ice House Mall, **Chesterfield Glass Galleries** is open seven days a week. Call 847-382-6677.



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Hair and Nail Salon

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Latest in Hair Design**



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## Mother's Day

May 9 is upon us again!

What mother wouldn't want to be pampered for a day? **She & I Hair and Nail Salon** is looking for mothers seeking the latest concepts in hair fashions.

Go all out this Mother's Day and create a whole new you! Why not try adding a few highlights to brighten your hair-

style?... For spring is upon us!

**She & I Hair and Nail Salon** offers hair styling and cutting, perms, color, facial waxing, manicures and pedicures. We are located in the Barrington Ice House Mall in downtown Barrington.

Call 381-5043 for an appointment. Ask about our gift certificates.

## It's All in the Package!

A fabulous special will be available for mothers and daughters! This one, you won't want to miss! This includes a professional make-over in our color correct studio and a professional photo session, including one print. Our one year anniversary will take place on May 8 in the Ice House Mall. This special will be available May 6 from 9:30 AM to 8:00 PM and, on the 7 and 8, the hours are from 9:30 AM to 5:30 PM. The cost is \$50 for a make-over, which includes a photo print or polaroid print. Please call to schedule your appointment for this spring special!!

Men and woman can enjoy our facial services, including our "Skin Renewal Treatment" and our "Ultimate Skincare Package!" This application, with the unique ingredient of Squalane derived from an olive, is nearest to your very own production of sebum. What a difference it can make in your skin's overall appearance! This special treatment is applied

while relaxing in our "Ultimate Back Massage Chair."

Another aspect of **Lea Image Studio** has been the recent participation of Karen Lea's assistant, Shayne Bullen of Palatine, who has just competed in the Mrs. Illinois America Pageant and honorably placed in the Top 7. She also received the Best in State Costume. She described her memories of the City of Chicago as represented by The Buckingham Fountain. She truly was a shining example of this! Karen Lea Cline, the 1998 title holder, crowned Monica Skyling-Burke of Palatine.

**Lea Image Studio** offers the finest in skincare and image improvement packages. We also offer consulting for models and actors by leading them through the steps that it takes by appointment. It's "Image Improvement at its Finest."

Our motto is, "There is something special about you and it has everything to do with looking and feeling beautiful..."

**MOTHER'S DAY SPECIAL**

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Mrs. Illinois 1998

Ultimate Skin Care Collection  
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In-Store True Color Correct Lighting  
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"There is something special about you and it has everything to do with looking and feeling beautiful."

*Lea*

200 Applebee St. • Barrington, IL • 847.382.6640



## Hundreds of Events Planned for Lakeside Moms and Tots

Lakeside Moms and Tots has over 100 events planned, beginning now and continuing throughout the summer months, to bring all families out who have been stuck in "hibernation" at home this winter and into the community to meet new friends.

"We've never had a calendar so packed with events. There's definitely something scheduled for everyone," said Susan Johnson, activity planner for Lakeside Moms and Tots. "We plan throughout the summer to visit swimming pools, playgrounds, the zoo and amusement parks. And we are also looking forward to our

big annual family picnic. I encourage anyone interested to come and see what we are about."

Lakeside Moms and Tots aims to provide a social and educational outlet for parents, caregivers and children. The group provides a detailed monthly newsletter to members describing the planned activities. Over 100 families from Lake Zurich, Barrington, Hawthorn Woods, Vernon Hills, Mundelein, Deer Park, Wauconda and Kildeer make up the membership for the group.

For more information about joining Lakeside Moms and Tots, call Suzanne at

438-4415 or Nancy at 438-3102.

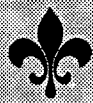
### May Activity Schedule

- May 3, open gym at Wauconda Park District and lunch at JJ Twigs, 11:00 AM
- May 4, candy making at Morke's Chocolates, 1 PM
- May 6, new member breakfast at Wily's Pancake House, Mundelein, 9:30 AM
- May 7, The Art Works Childrens Museum, Fox Lake, 1:00 PM
- May 10, picnic at Lakewood Forest Preserve and visit to Lake County Museum, 12:30 PM
- May 12, park play day at Paulus Park, 1:30 PM
- May 13, Velveteen Rabbit Play at Lincolnshire, 10:00 AM
- May 14, swimming at Pavilion Aquatic Center, Elk Grove Village, 10:00 AM

- May 18, Randall Oaks Farm, Dundee, 10:00 AM

- May 18, mom's night out at the movies, Catlow Theater, Barrington, 7:00 PM
- May 19, park day at Hawthorn Woods Community Park, 3:30 PM
- May 20, lunch at Chimpy's Pizza Safari, Libertyville, 11:00 AM
- May 21, ceramic class at Bisque Works of Barrington, 10:30 AM
- May 23, family day at Paulus Park, 3:00 PM
- May 24, play day at Breezewald Park, 10:30 AM
- May 25, sports activity at Kits Sports Center, 10:00 AM
- May 26, Mom's night out at Kobe of Japan, Lake Zurich, 7:00 PM
- May 27, trip to Lamb's Farm, 1:00 PM





**Barrington  
ICE HOUSE MALL**



**Visit the Ice House Mall  
and Win a Free Gift for Mother**

Starting Friday, April 23, we invite you to visit any of the 14 boutique shops in the **Ice House Mall** and register to win one of 14 exclusive gifts that have been specially selected in honor of Mother's Day. Selected gifts will be showcased throughout the mall until the day of the drawing. The drawing will be held on Monday, May 10. (No purchase necessary.) Winners need not be present. So, treat mother to lunch or dinner at the award winning **Chessie's Restaurant** and then browse the mall for some great Mother's Day gift ideas.

The **Barrington Ice House Mall Village Shops and Chessie's Restaurant** is a historic community mall nestled in the heart of downtown Barrington. The mall is home to 14 lovely boutique shops that specialize in providing creative solutions for your shopping needs. While providing the utmost in customer service, the mall offers men, women and children's apparel, accessories and jewelry, art and gifts, nautical artifacts and cased ship models, stationary, cosmetics and image consulting.

**Jans of London**, our widely acclaimed nautical shop, is rapidly developing a national reputation for their model collection of famous ships of the sea. They recently added two more museum quality pieces to

their beautiful shop in the **Ice House**: "The Friesland," a 1628 Dutch fighting ship crafted by model shipwright Martin Meyer of Chicago; and "The Sinking Of the Wasa" by Larry Hubbell. Both pieces have been featured in modeling competitions and publications. **Jans of London** offers models for both the beginning and the investment grade collector.

Shayne Bullen, Karen Lea's assistant at **Lea Image Studio**, recently competed in the Mrs. Illinois America Pageant and honorably placed in the "Top 7." She also received the "Best in State Costume" award. **Lea Image Studio** offers the finest in skincare and image improvement packages. Be sure to stop in and meet Shayne and Karen.

Many of our shops offer "extras" such as free gift wrapping, UPS shipping and even delivery service. In addition, **Peter Daniel Apparel** for men and women and **Savvy Spirit**, unique fashions for the contemporary women, offer informal modeling at **Chessie's Restaurant** on Wednesdays and Fridays from noon to 1:30 PM.

Take the hassle out of shopping and come to the **Ice House Mall** located at 200 Applebee Street in downtown Barrington, next to the Jewel/Osco. For more information, please call 847-381-6661.

**At Peter Daniel of Barrington, we're ready with unique gift giving ideas for Mother's Day.**

We're now carrying an extensive line of jewelry creations from Patricia Locke. Locke's designs are 24K gold or sterling silver over bronze and pewter with a wide variety of semiprecious stones, Austrian crystals and pearls.

Another favorite gift is Judith Jack designer jewelry in sterling silver and marcasite. Gift selections from Brighton will always be appreciated. Fabulous leather belts, purses and billfolds, sterling silver jewelry and now a great sunglass selection. We also carry gifts for the home: frames, votive candles, decorator pillows and trays.

Stop in today and let our knowledgeable staff help with your special selections. Of course, gift wrapping is always complimentary and we offer UPS services.

**Peter Daniel of Barrington** is located on the first level of the Ice House Mall. We're open seven days a week, including Sunday, for your shopping convenience.



**Pi Beta Phi Alumnae Club**

The Arlington Heights Pi Beta Phi Alumnae Club meets monthly, usually the second Wednesday of the month, at various members' homes in the Northwest

Suburbs. All Pi Phis are welcome. The next meeting is Wednesday, May 12 at 7:30 PM. Call Sherrill at 847-358-4147 for more information.



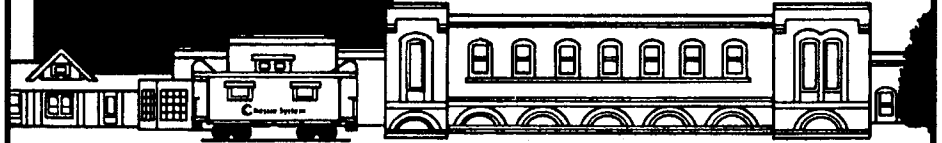
**Our Shops  
are Filled  
with Gifts for  
Mother's Day**

Enclosed Mall • 14 Unique Specialty Shops  
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Convenient Downtown Location • Plenty of Parking

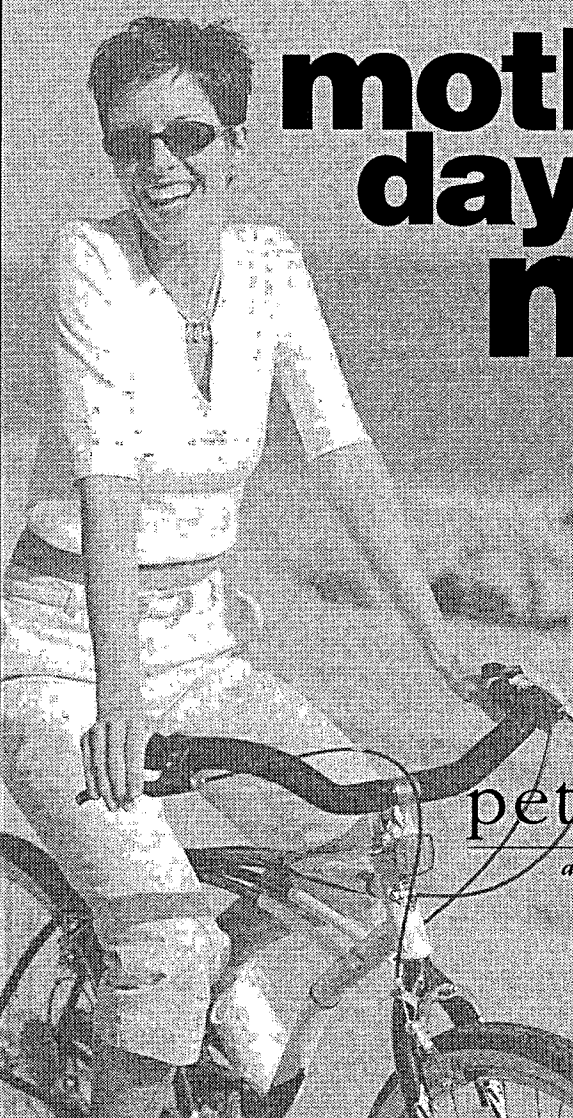
**Barrington  
ICE HOUSE MALL**  
village shops & Chessie's restaurant

200 Applebee Street • 847-381-6661

Rt. 59 (Hough St.) and Lake Cook Rd. (Main St.) Intersection, turn west on Main for one block, then turn north on Applebee, next to the Jewel.



Hours: Sun. 11-3, Mon.-Sat. 9:30-5:30, Thurs. 9:30-8:00



**mother's  
day is  
may  
9<sup>th</sup>**

Accessories  
by BRIGHTON

**peter daniel**  
barrington  
apparel for men and women

Barrington Ice House  
847.382.6676  
MTWF 9:30-6pm,  
Thurs.9:30-8:00pm  
Sat. 9:30-5:30pm  
Sun 11-3pm

**Deadline!**

The deadline for the **June Issue** is **Thursday, May 13.**

Please send your press release/advertising materials to:

Editor  
**Lifestyles Magazines**  
P.O. Box 293  
Crystal Lake, IL 60039-0293

or call: (815) 459-4820



# Langdon's of Barrington

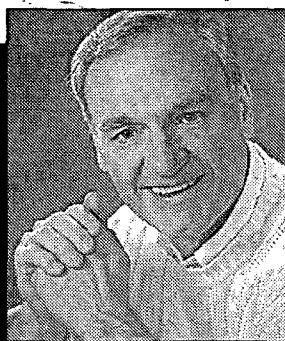
Portrait  
Photography

Dependable

Innovative

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Joseph Rush  
Master Photographer

## Memories are Forever

What will you leave your children someday? Money? Property? Memories? The money and property will be consumed all too soon, but the memories will last forever. And the one single item that completely reinforces that memory is a professional portrait. Not just a snapshot at a birthday party or holiday, but a real professional portrait; one that has been designed to not only capture the image of the family or individual but one that tells a story of who and what that person is.

Since 1975, Joe Rush of **Langdon's of Barrington** has been doing just that, capturing not only the image but also the person behind it.

Because **Langdon's** specialty is location portraits, the customer experiences a great deal of convenience while being able to receive the same quality and service they have always expected from **Langdon's of Barrington**.

Call 382-5463 and let's begin the process of capturing memories.



## Barrington Community Child Care Center

### Summertime Fun & Convenience

Openings Available  
for Children 6 Weeks - 6 Years.

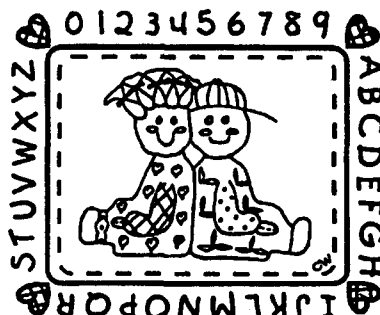
Applications Now Being  
Accepted for Summer & Fall

Hours: 7am - 6:30pm

560 Carl Avenue  
(1 blk. west of Burger King  
off Northwest Hwy.)

381-0272

Barrington



## Preschool Fun Year Around

Summer is around the corner! Come join the fun at **Barrington Community Child Care Center**. No appointment is necessary to tour the center. Registration is now being accepted for all age groups. We are conveniently located at 560 Carl Avenue in Barrington (one block west of Burger King off Northwest Highway).

Have peace of mind while you work and know that your child is in a safe environment. Summer at the **Barrington Community Child Care Center** means water play, sandbox fun, gardening and picnics in the shade.

The curriculum for the **Barrington Community Child Care Center** offers age appropriate and challenging activities. Our many activities promote self-esteem, independence and cognitive growth. Individual needs and the child's unique ways of learning are key in the type of planning and structure that is presented in the environment. Program enrichments are also offered, such as "Computer Tots" and "Kids in Action" gymnastics class. And, as

a convenience, haircuts by a Barrington salon owner are offered every six weeks.

One less worry for parents, nutritious snacks and a hot catered lunch are offered each day. Daily communication between teachers and parents helps to achieve continuity and consistency between home and school. Our staff is highly qualified and continues their education and training on an ongoing basis. In addition, our staff is certified in CPR and First Aid techniques.

**Barrington Community Child Care Center** is a private center serving children 6 weeks to 6 years. Our facility offers over-sized classrooms with a homey feel and an environment to meet the needs of young children. As well, our large outdoor playground is enjoyed by all.

**Barrington Community Child Care Center** offers year around preschool curriculum and care. Applications are now being accepted for fall enrollment! We are happily celebrating our 6th year in the community. *Come join the fun!*

## Senior Activity and Lunch Program

Join us at Langendorf Park for these activities in May.

- Monday, May 3—Blood pressures will be taken by the Lake County Health Department at 10:30 AM.

- Tuesday, May 4, Annual Spring Fling Luncheon sponsored the Barrington Junior Women's Club—The drums are calling all senior Tarzans and Janes. "Seniors on Safari" is the theme for this year's celebration. Join the Barrington Junior Women's Club on Safari at the Langendorf Park wild game sanctuary. The game will be tame with live "monkeys and more" and macaws from the Rainforest Cafe. Lunch will be served by the local natives. No beads or tokens required for lunch but reservations are needed. Call Chief Linda Avellon at 381-5030 for your chance to "go wild!"

- Monday, May 10, Remembering Mom—"M" is for the *many* kinds of mothers: your mother, your grandmother, your mother-in-law, your stepmother and your daughters who are moms. Bring those special photos, jot down your favorite memory and come to our Mother's Day celebration at Langendorf Park. A luncheon catered by Lydia's Kitchen will be served, followed by a poetry reading and

music presentation by Loxia Hipsky. Dad is invited too! Lunch is \$5 per person. Call Linda Avellon at 381-5030 for your reservation.

- Monday, May 24, A Glimpse of the Past—The village smithy still stands, (though the blacksmith may not). The Barrington Area Historical Society will give us a glimpse of those days of real horse power at 12:30 PM. May birthdays will also be celebrated.

- Monday, May 17, "Moments and Memories"—The Barrington Area Arts Council and the Council on Aging continue their program "Moments and Memories," a senior-wide Paper Quilt project. Every participant receives a section of heavy paper board to mount photos, cutouts, paste-ups and other memorabilia from their lives. Each board will be a part of the whole, (a wall hanging, banner or floor screen), to be displayed at various locations in the Barrington area. You don't have to be a Michaelangelo to be a part of this project and all seniors are invited to join in.

- Monday, May 31—The Barrington Area Council on Aging, Inc. will be closed for Memorial Day. There will be no lunch and no programs.

## BUEHLER YMCA

Celebrates its  
30 Year Anniversary

SUMMER CAMPS - Register Now

Save \$50 OFF Membership

OPEN HOUSE - May 16



1400  
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Palatine, IL  
359-2400

www.buehlerymca.org

We build  
strong kids,  
strong families  
strong communities

## Mammograms and Bone Scan Density Discussion

Dr. Aruna Reddy, a radiologist at Good Shepherd Hospital, will discuss bone scan density and mammograms on Monday, May 17, 1999 at the monthly meeting of the Barrington Area Branch of the American Association of Women (AAUW) at the

Barrington Area Library at 7 PM. The program is open to the public.

AAUW, founded in 1881, promotes equality for all women and girls, life-long education and positive societal change. For more information, call 847-382-1210.

## Are You Tired of Cellulite? Want to Change the Shape of Your Body? Want to be a Size Smaller?

**Barrington Bodywrap** offers a solution to these problems with their "Suddenly Slender Body Wrap."

This is a safe, effective way to help you lose 6 to 20 inches in one wrap.

The Body Wrap, invented by Victoria Morton nearly 30 years ago, works to detoxify the body while it takes away inches. It involves wrapping the body like a mummy in ace bandages that have been soaked in the special mineral solution. After an hour of mild movement, the bandages come off as do the inches.

Men and women can take advantage of this procedure to flush out the toxins, feel

refreshed and loose inches, all in the same process. Men with problem stomachs, waists, midribs and necks and women with hip, thigh and abdomen problems, loose skin from pregnancy or weight changes will see and feel a difference.

It's a great gift idea for Mother's Day and gift certificates are available.

**Barrington Bodywrap** is located on Rte. 59 (Hough St.) and Rte. 14 in the mall next to Jiffy Lube. Parking and entry are at the rear of the building. If you would like information, a brochure or an appointment, call **847-277-0742**. One wrap is \$75 or a series of five wraps is \$325.

## Garden Club of Inverness Annual Spring Luncheon

Plans are underway by the Garden Club of Inverness for its Annual Spring Luncheon to be held on Thursday, May 20 at Inverness Golf Club. The event will mark the finale of another fun-filled and informative club year. Members and guests will meet for a social hour at 11:00 AM which will be enhanced with lively musical selections by local pianist Margarette Woodruff, who is also a former garden club member. Arrangements are being handled by our talented Hospitality Chairs, Janet Sholiton and Jill O'Connell, who always create a lovely setting for this special club event. Traditionally, this has been a pleasant afternoon enjoyed in lovely surroundings, so do plan on attending, whether as a member or a guest. Tickets are \$20 and may be obtained by

contacting Janet Sholiton at 991-4861.

While the luncheon signals the close of the club year, members are already looking ahead to another year of achievement. Following the luncheon, the new slate of officers for 1999-2000 will be installed by President Adele Walker.

The Nominating Committee has filled the following offices: Second Vice-Presidents, Phyllis Trostrud and Linda Denison; Corresponding Secretary, Wanda Tieman; and Hospitality Chair, Lynn C. Ward.

It is time to renew membership in the club and dues of \$25 are being accepted by Membership Chair, Mary Jo Bregenzer. A cordial invitation is extended to new members who wish to join the club. We cultivate new friendships along with our gardens. See you on May 20!

## Protect Your Furs for the Millennium

Don't let summer sneak up on you! We at **Shari's** would strongly urge our customers to clean and store your coats early this year. Our cold vault storage and expert cleaning/conditioning will not only keep your fur looking its best, but will **help give it extended wearing life.**

We at **Shari's** feel spring storage gives us the perfect opportunity and time to make the small repairs and major remodels so your fur will be ready for next year's inevitable blast of winter.

Spring is a good time to choose a new fur for next season. **Shari's** offers the finest selection of new and used furs. Our resale racks offer an option to our patrons of selling their old fur and possibly reinvesting in a new one, and at the same time, making affordable furs available to others.

At **Shari's**, when you purchase a new fur garment, **all alterations, monogramming, and first-year storage are included.** There are no hidden charges. This is a wonderful time to think layaway for the following winter at today's prices.

Shari says: "Bring in your coat soon. Both you and your garment will be glad you did."



## She Accents Boutique Celebrates 3rd Anniversary

**She Accents Boutique** is celebrating our 3-Year Anniversary! We offer a wide variety of unique yet affordable clothing for women and juniors. If you're looking for daytime, career or after five, we have something for you!

We also carry accessories and jewelry to accent your look.

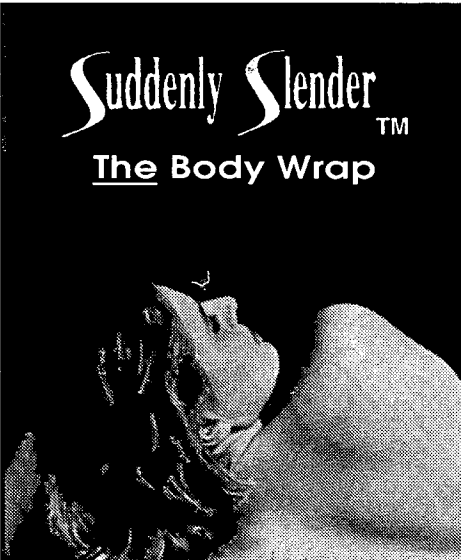
If you can't find something you're looking for, don't hesitate to ask! We will do our best to find it for you! We take great

pride in our customer satisfaction!

So whether you're a size 3, size 18 or a petite size, we can accommodate you!

Come take advantage of our Spring Anniversary Sale and **save up to 70%** on your next purchase! Layaways are also available.

**She Accents Boutique** is located at 3307 W. Elm St. (Rt. 120) in McHenry. Business Hours are from 10 AM to 3 PM, seven days a week, or call **815-759-0867**.



**Suddenly Slender™**  
**The Body Wrap**

**Lose 6-20 Inches Fast!**

**BARRINGTON  
BODYWRAP**

557 N. Hough St.  
847.277.0742

**Make your appointment today!**



Gift Certificates Available

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SPECIALS**

**Sculptured Nails Only \$40**  
**Manicure & Pedicure Only \$35**  
1st Time Clients Only

• Manicure • Pedicure  
• French Manicure • Sculptured Nails  
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**847.304.9205**

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(INTERSECTION OF 14 & 59)  
BARRINGTON

MON. 10-4, TUE.-FRI. 9-7, SAT. 9-5

**NEW!**  
Sculptured  
Pink-and-White  
French Acrylic Nails  
with Gloss Finish  
**\$45 Full Set**  
**\$33 Fill-In**

**IT'S STORAGE TIME**

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Complete  
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FURS & MORE**

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**She Accents  
Boutique**

**We're Celebrating  
Our 3rd Anniversary!**

**Save up to 70% on your next purchase  
during our sale**

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HOURS ARE 10AM TO 3PM - 7 Days A Week

# BARRINGTON DANCE ACADEMY

117 E. Northwest Hwy. ■ Barrington

ANNOUNCES

## Summer Registration

Enroll Between May 17th and June 7th



- Creative Movement
- Pre Ballet
- Ballet
- Pointe
- Dramatics
- Jazz
- Modern
- Tap
- Acrobatics for Dancers

- Special Adult Classes are Available for **Jazz Dance, Aerobic Exercise, Yoga and Ballroom Dance**
- Visit the **Barrington Dance Boutique** for All Your Dancewear Needs—**20% OFF All Merchandise**

WITH THIS AD

For Information Call  
**382-6333**

## How to Choose a Dance School for Your Child

Many parents of young children who desire to take dance lessons find themselves unsure as to how to choose a school. Frankly, a recommendation from a neighbor or friend is not enough. You should always visit the school in person. The following are some guidelines as to how to choose a school in order to insure your child's proper instruction and personal safety.

**Facility**—The dancers should have a large room with a special sprung floor. Dancing on concrete covered with tile or other hard surfaces is dangerous. There should be ample mirrors and well-constructed ballet barres for older students.

**Observation of Classes**—Before enrolling in any school, you should make an appointment to observe a class. Even if you are not knowledgeable, you will be able to judge certain critical things.

- 1) *Is the teacher well organized and pleasant?*
- 2) *Is he/she knowledgeable?* (Check the school brochure for teachers' backgrounds.)

3) *Are the teacher's corrections made clearly and in a positive way?*

4) *Are the students well behaved and attentive for their age?*

**Performing Opportunities**—As dance is a performing art, it is imperative that the students get the chance to dance for an audience. However, a good school should stress education and not detract from that for the sake of performing. A fancy costume will never cover up poor dancing!

**Tuition**—Do some comparison shopping as to class rates. Classes should be competitively priced but one should not think that the cheapest class means more for your money. As with everything, quality costs more. Schools should have discounted tuition for multiple classes if your child is a serious student. Family discounts may also be available.

Even pre-schoolers taking lessons should have a fun, interesting and beneficial class. A little extra time will result in a decision that you and your child will be happy with for years to come!

## Schaumburg Presents The 12th Annual Fine Arts Festival

The Village of Schaumburg presents its **12th Annual Prairie Arts Festival** on Saturday and Sunday, May 29 and 30, on the grounds of the Robert O. Atcher Municipal Center, Schaumburg Road and Summit Drive.

The juried exhibition and sale will feature over 130 fine artists, including painters, sculptors, photographers and jewelers from coast to coast.

Each year, the free outdoor festival continues to draw patrons from Chicago, the Northwest suburbs and outlying areas, many of whom come to enjoy the placid and scenic surroundings of the Municipal

grounds as well as to purchase art. Live entertainment can be heard throughout the grounds where local musical artist youth ensembles are featured hourly. Also, younger artists will enjoy a children's activity tent, sponsored by the Schaumburg Park District. And restaurant vendors will also be on the grounds serving a variety of food and refreshments.

The two-day festival will operate from 10 AM to 5 PM both Saturday and Sunday over Memorial Day weekend. Admission is free.

For information, call **847-895-3600** weekdays from 8 AM to 6 PM.

## Prairie Arts festival

Featuring over 120 painters, sculptors, photographers, jewelers and other fine artists.

With live entertainment, children's activities, food and refreshments.

Saturday, May 29 & Sunday, May 30  
10 a.m. to 5 p.m.

On the Grounds of the Robert O. Atcher Municipal Center at Schaumburg Rd. and Summit Dr. in Schaumburg

Free Admission

For more information, call  
(847) 895-3600

## Field and Flower Garden Club's Yearly Plant Sale Slated for May 8

Field and Flower Garden Club of Barrington will hold their yearly plant sale on Saturday, May 8 in the parking lot of the Barrington Jewel Tea Store. Rain or shine, the sale will open at 8 AM, closing when sold out which is usually within the first two hours.

Featured will be wild flowers suitable for naturalizing in sun or shade, herbs both culinary and scented, as well as prize-winning daylilies and fancy hostas. There will also be a wide selection of groundcovers. To insure success, transplanted plants are mature and freshly dug by the members from their own personal collections.

Available for consultation will be the individual members, all avid gardeners. However, many are members of specialty groups: Master Gardeners, Landscape Design Consultants as well as professional horticulturists.

Proceeds from the sale will fund a horticultural scholarship for a Barrington HS



Members Caryl Johnson and Arlene Martin remind you to come to the May 8 Plant Sale.

senior, a donation to the Barrington Library for garden-related books, a contribution to Citizens for Conservation as well as public gardens throughout the State of Illinois.

For more information, please call Caryl Johnson at 526-8593.

sponsored by the Village of Schaumburg



## May Glamour Specials!

In celebration of Mother's Day, all Glamour Packages are on special for the month of May. Gift Certificates are available for the mother in your life. If you are a mother, we congratulate your accomplishment, but if not, don't worry, be happy and come pamper yourself with this amazing special. Packages include: Hair Style/Updo, Make-up Application, Scalp Massage, Spa Manicure and Spa Pedicure. We have four packages to choose from and we are confident that one will please a special woman in your life!

Have you looked at your toes lately? Now that the weather is getting warm and socks are becoming a winter memory, we have the service to make you look and feel your best. For the month of May, book a pedicure appointment and receive a manicure for half price.

Prom is a great opportunity for you to look your best. Come in and take advantage of our glamour package and have memories that will last a lifetime!

Also new for our clients, Brides receive free round trip airfare to one of eight ex-

citing honeymoon destinations. Book your wedding party of five or more for services and we will give you two round trip airline tickets. (Call for details. Some restrictions apply.) We are committed to making your wedding day a dream come true. Our highly trained hair stylists, nail technicians and makeup artists can service your bridal party needs on your wedding day. Can't make it to the salon? We can travel to you. Call for more information on your complimentary hair and makeup consultation.

The latest in hair accessories are in! Hair Jewelry is a great way to express yourself and we have a vast variety to choose from.

Hair Extensions are a specialty of the salon. Longer, curlier or straighter, you can have the hair of your dreams in one visit! Call for your free consultation

**In the Spa Light Salon** hours are Monday through Thursday from 9 AM to 9 PM; Friday from 9 AM to 7 PM; and Saturday from 9 AM to 6 PM. Please call for appointments at **847-381-3688**.

## Body Wrap Customers— The Best and the Brightest

"We've been trying to analyze our customers to find out what they have in common that makes them so nice to have in our shop," says Cindy Krebeck, Manager of **Wrap Me Slender** in Lake Zurich.

They're interesting, intelligent and educated—easily 30% of them are teachers, and another 20% are entrepreneurs with their own businesses. There are realtors, managers, carpenters, sales and marketing people, computer experts, students and retirees. We have lots of full-time moms, some of whom are home schooling their children. Our customers range from young singles to people who have been married for 30 years. The men have many kinds of careers,

but most are golfers.

Our customers are all ages, shapes and sizes, but what they all have in common is a spirit of adventure to try something new. If you are interested in losing 6 to 20 inches, looking and feeling better, and are willing to spend an hour wrapped up like a mummy, give this a try. You will be wrapped in Ace bandages that are soaked in a warm mineral solution that will draw out body toxins and firm and shape your body. Call **847-550-8978** for an appointment.

We guarantee that you'll lose inches at **Wrap Me Slender**. And we're pretty sure you'll meet nice people, too!

The Unknown Mummy

## Poor Results on Nationwide Reading Test Push Anxious Parents to Learning Centers

Parents have joined politicians and policymakers in their demand for redoubled efforts to improve reading scores, which have remained mostly flat across the country. February's test results for 4th graders are particularly worrisome; nationwide, only 29% of the 4th graders tested were at or above proficiency level. Understandably, many parents feel the schools, not the children, have "failed" this National Assessment of Educational Progress.

Consequently, while parents press for improvement in the classroom—and for smaller class sizes—they are also increasingly turning to learning centers to help their children become better readers and raise their test scores. With a view to their children's future success, parents see education-for-pay as money well spent. Many also believe that their children take it more seriously when they see their parents' financial commitment.

According to Dr. Raymond J. Huntington, co-founder and president of **The Huntington Learning Center**, "While

we have an excellent reading program with proven results, we never begin a child's instruction based solely on one set of scores, even if it is what motivates a concerned parent to call us."

Dr. Huntington goes on to say, "No matter what kind of standardized test results a worried parent calls to tell us about or comes in with, we always begin with our own individualized diagnostic testing. Once we have the results, we confer with the parents about the instructional program we believe will best serve their child. In every case, we act as the child's advocate."

After 22 years in the learning center business, which he and Eileen Huntington pioneered in America, Dr. Huntington believes that every child can learn. (Thus, **The Huntington Learning Center** number—**1-800-CAN-LEARN**.) He says, "In order to succeed, four basic ingredients are necessary: intelligence, skill, confidence and motivation. Almost every child we work with at our centers across the country has the intelligence to do the job

**May Specials**

- Glamour Package Discount
- Half Price Manicures with Pedicure Service

**Great Gift Ideas for:**

- Mother's Day
- Wedding Parties
- Prom



- Creative Cutting
- Creative Color
- Wedding Parties
- Hair Extensions & Thickening
- Glamour Packages
- Makeup Application & Lessons
- Texture & Perms
- Therapeutic Chair Massage
- Manicures, Pedicures, Nails & Paraffin Waxing

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In the  
Spa Light Salon



## Wrap Me Slender

NOW OPEN IN LAKE ZURICH  
Do Something Good for Your Body:

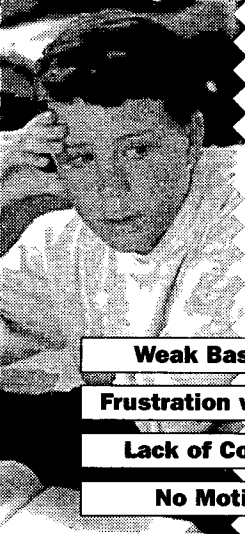
- ✓ Lose Inches
- ✓ Cleanse Your Body—Inside and Out
- ✓ Trim, Tighten and Tone Your Skin
- ✓ Lose Cellulite
- ✓ Look and Feel Younger

Slim Down for Summer

All Wraps Done by Certified Technicians  
**CALL TODAY FOR AN APPOINTMENT—847-550-8978**




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## Why Do Smart Kids Struggle?


Your child may need help with weak study skills or poor reading or math skills. He or she may be unmotivated or lack confidence, despite a good I.Q.

Our certified teachers help children overcome frustration and failure. A few hours a week can help gain the Educational Edge.

Individual testing and tutoring in Reading, Study Skills, Writing, Phonics, Spelling, Math and SAT/ACT prep.

382-3655

722 W. Northwest Hwy.  
Barrington



THE HUNTINGTON LEARNING CENTER®  
*Your child can learn.*

## BHS Orchestras Auditions

Orchestra will hold company auditions for its 1999-2000 season for incoming freshman on Monday, May 3 at Barrington Middle School Prairie Campus from 2:50 to 3:40 PM in the Commons area. Auditions for students at Station Campus will be held on Wednesday, May 26 from 2:20 to 3:30 PM in the school gym. Company auditions for upper classmen will be conducted at Barrington High School on

Monday, May 10 beginning at 3:00 PM. Students who are unable to attend these auditions should contact Orchestra sponsor Julie Salk at BHS, 842-3214. Dancers should be prompt, dressed to dance, complete an audition application and bring it to the audition. Parent signature is required in order to audition.

For further information, call Carolyn Ernst or Julie Salk in Performing Arts.

expected. Our individually prescribed educational programs build basic skills, which in turn improve a child's confidence and motivation. The patience, praise and encouragement given by our teachers continues the progress and directs it to

areas where help is needed the most." Parents who would like more information, or who wish to discuss a specific concern are encouraged to call **The Huntington Learning Center** at **847-382-3655**.

# Happenings!

*in the area*

## Welcome Wagon May Luncheon to Feature Well-Known Violinist



**Jennifer Silk—Beautiful Music for Beautiful Occasions...**

Jennifer Silk, a local and popular violinist, will perform at the May luncheon of the Barrington Welcome Wagon at the Le Titi De Paris restaurant, Tuesday, May 11.

From performing for Hollywood stars to holiday parties, Ms. Silk has brought her unique musical talents to special events for 11 years. In addition to playing and entertaining for birthdays, anniversaries, weddings and conventions, she has a thriving business delivering three-song, Violin-A-Grams in person.

An engaging performer, and an admitted "ham", Ms. Silk has had extensive training, obtaining a degree in music education from Western Michigan University

and a master's from Arizona State University. She is the lead violinist in a Chicago based 12-piece orchestra and has founded a group called the Professional String Musical Association which offers support and networking opportunities for other violinists like herself.

All women in the Barrington area are invited to attend and enjoy this lively program and this entertaining young woman with her wide-ranging musical selections. The cost is \$28 and there will be a choice of three wonderful Le Titi De Paris entrees. Cocktails begin at 11 AM with lunch at noon and the program to follow. For information, call Joan at 382-0886.

## A Mother's Day Serenade and Tea

Join the children of Barrington Suzuki Strings for a celebration of Mother's Day on Saturday, May 8 from 2 to 5 PM at the Barrington Area Library.

Children of all ages will be performing selections from their Spring Concert and Spring Solo Recital. A selection of tea, coffee, lemonade, finger sandwiches and sweets will be offered buffet style during the performance. The new "Wildflower" CD made by the Children of Barrington Suzuki Strings will be presented to each mother and grandmother as a special keepsake.

Tickets are limited and are available by calling 847-304-0685. Tickets will also be available at the door the day of the event.



**Audra Zaba,  
Barrington Suzuki Strings**

## Classic Arts Trio to Perform



Members of the Classic Arts Trio—Stephanie and Walter Preucil and William Koehler—are ever on a mission to bring quality chamber music to their audiences worldwide. On Saturday, May 15, their mission will expand into The Presbyterian Church of Barrington on 6 Brinker Road in Barrington as they perform a benefit concert at 7:30 PM.

This concert will feature compositions by Ludwig van Beethoven, Franz Schubert and Felix Mendelssohn. Proceeds from the evening program will go into the general mission fund of the church for its work

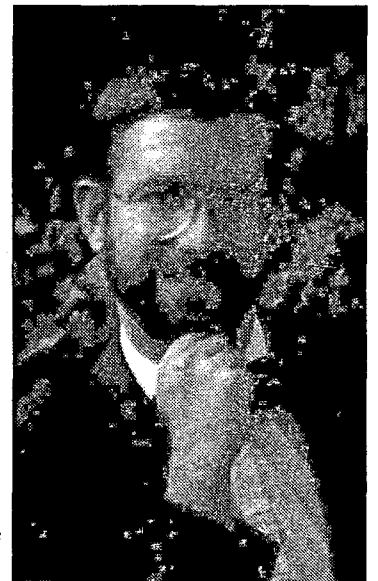
with "Joyful Hands—Habitat for Humanity," a project The Presbyterian Church is part of this year along with eight other local Barrington churches to build a Habitat home in the area. In addition, funds will help make possible a summer trip to South Dakota to enable youth of the Barrington church to work in a mission there.

The Preucils are themselves members of The Presbyterian Church of Barrington.

Tickets for the mission concert are \$18 for adults or \$6 for students. For more information, please call the church office at 847-381-0975.

## Barrington Lyric Features *Bel Sonore*

Barrington Chapter of Lyric Opera of Chicago will welcome members and guests to an evening with the *Bel Sonore* Chamber Players at 6:30 PM on Friday, May 7 at Biltmore Country Club located at 160 Biltmore Drive in North Barrington. The social hour will be followed by dinner and the program. The cost for members is \$55 or, for guests, \$65. Kindly respond to Susan Obermaier at 198 Farmgate Drive, Schaumburg, IL, 60193. For more information, please phone 847-985-0837.



**Thomas Bulgrin, founder of  
*Bel Sonore* Chamber Players.**

## Writer's Workshop

The Barrington Writers Workshop (BWW), a program of the Barrington Area Arts Council (BAAC), presents James Littwin, a local poet and English teacher at Barrington High School, who will conduct a workshop on Saturday, May 15 from 9 AM to noon, (location to be announced). Littwin has been published in *Whetstone*, BAAC's literary journal, and was the recipient of The Whetstone Prize for poetry in 1985 and has received an Illinois Arts Council Award for fiction. In addition to

*Whetstone*, his work has appeared in *Willow Review*, *Story Quarterly*, *Midwest Magazine* and others. Littwin will also critique BWW members' poems that have been submitted.

The BWW welcomes new members to their active group on Tuesday mornings at the Barrington Area Library from 9:15 AM to 12:30 PM or Wednesday evenings at the Barrington Area Arts Council Gallery from 7:00 to 10:00 PM. For more information, call 847-382-5626.



## Enjoy a Unique and Traditional European Menu at Fritzl's

Do you enjoy traditional European dining, something unique, a little different? Who doesn't? No need to head to Chicago or Milwaukee when **Fritzl's Country Inn** is nearby in Lake Zurich.

Enjoy their house specialties such as Wiener Schnitzel, Rauladen of Beef, Sauerbraten, and Pork Schnitzel. **Fritzl's** continental favorites include Shrimp Scampi, Chicken de Jonge, Herb Crusted Pork Tenderloin, and Chicken Piquant. Sizzling steaks, fresh seafood, and Prime Rib round out the menu. Also offered is Surf 'n Turf and Lobster Tail nightly.

Or why not join **Fritzl's** for their plate style brunch on Sundays. Served from noon to 3:00 PM. Choices include Chicken Ragout, Grilled Chicken Benedict, Salmon

Crepes, Honey Lemon Chicken and Shrimp, **Fritzl's** Breakfast Strudel, Steak and Eggs, Spiced Apple Quesadillas and more.

Didn't I tell you **Fritzl's** is unique, a little different and wonderfully European? Call **847-540-8844** for reservations.

**Fritzl's** elegant banquet facilities accommodate up to 150 people.

The facilities are perfect for weddings, rehearsal dinners, wedding showers, and anniversaries.

**Call now for your Mother's Day reservations for Sunday, May 9!** We will open at noon.

**Fritzl's** has the friendliest staff in town! **And Fritzl's is now hiring for all positions.**

Banquet Facilities • 20-150 People

Perfect for Your Wedding,  
Rehearsal, Engagement, or  
Anniversary Party



**Fritzl's**

COUNTRY INN

restaurant

&

bar

European  
Specialties

**Join Us For Mother's Day**  
(Open at Noon)

Enjoy a traditional European menu of hearty schnitzels, potato pancakes, and Hungarian goulash. Come and experience the singular and unique tastes from Europe: the Veal Geschnetzeltes from Switzerland, the Kassler Ribs from Germany, along with the incomparable Sauerbraten, Pork Shanks, Steak Tartar and Roast Duck. **Steak, Seafood, and Prime Rib round out the menu.**

**(847) 540-8844**

Handicap Accessible

377 N. Rand Rd., Lake Zurich

2nd Stop Light, N. of 22 on Rt. 12

Dinners Tues.-Sat. 4-10 p.m.; Sun. Noon-9 p.m.

## Thai Avenue Mother's Day Brunch

Join us for Mother's Day Brunch on Sunday, May 9. Our "all-you-can-eat Buffet Brunch" will feature more than 20 items plus our Thai sweet table. And moms can enjoy a glass of champagne. Call now for reservations at **847-726-0036**.

**Thai Avenue Restaurant** is well known for serving the best, authentic Thai food in the suburban area. Our chef's specialties include: Seafood Curry, Whole Red Snapper, Garlic Delight Shrimp and the Thai national dish—Pad Thai Noodle.

Select from 10 different wines on the

wine list, several beers including Thai beer, our Thai specialty drinks or choose from our full bar service.

**Thai Avenue** is open for lunch Tuesday through Friday and dinner Tuesday through Sunday. Try our lunch buffet on Friday only from 11:30 AM to 2:30 PM. The cost is just \$6.95 per person. And coming in June—Sunday Brunch!

**Thai Avenue Restaurant** is located at 115 South Rand Road in Lake Zurich at the corner of Rand Road (Route 12) and Route 22.

## Thai Avenue Restaurant

Join Us for

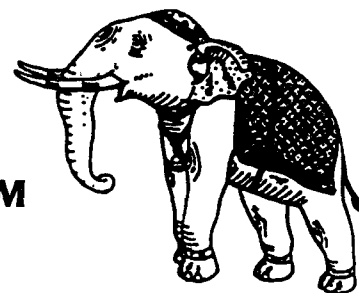
**Mother's Day  
Champagne Brunch**

**MARCH 9, 1999, 11 AM - 2 PM**

Featuring More than 20 Items  
Plus... Thai Sweet Table

**Adult \$11.50 Child (4-12) \$6.50**

Call for Reservations: **(847) 726-0036**



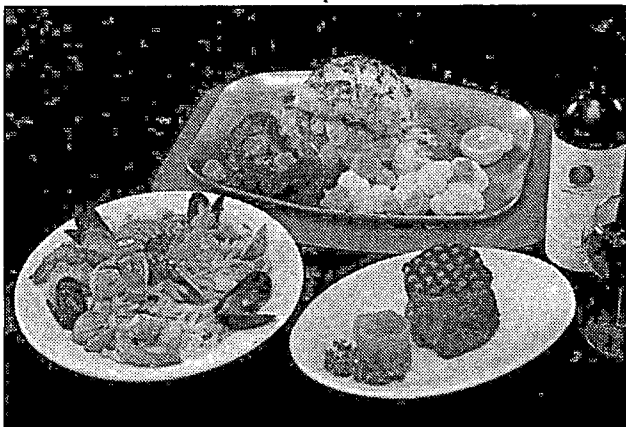
115 S. Rand Rd.  
Lake Zurich  
(Lakeview Plaza)

## Taylor Street Mother's Day Brunch

Treat Mom to something special this year. The Taylor Street Mother's Day Brunch will be served from 11 AM to 4 PM and will include champagne for Mom. She will enjoy this sumptuous dining experience.

For over 10 years, the **Taylor Street** name has been synonymous with homemade Italian specialties. Now located at 235 South Rand Road, (North Lake Commons), **Taylor Street Steakhouse** offers a blend of authentic Italian Entrees, Prime Steaks and Chops, and Fresh Seafood.

Adjacent to the Restaurant are private dining rooms catering to groups of 20 to 80 people and have full access to all of **Taylor Street's** offerings. You are invited to sit back while the staff anticipates your every need.



### MOTHER'S DAY CHAMPAGNE BRUNCH

Sunday, May 9, 11am to 4pm

**\$20.95 per person children under 12 \$10.95**

**OPEN FOR LUNCH • MON.-FRI. 11AM-4PM**

**Taylor  
Street  
STEAKHOUSE**

**847-438-4499**  
235 S. Rand Road  
Lake Zurich  
(near Dominicks)  
Fax 847-438-4984

## Fourth Annual Barrington Area Senior Citizen's Hall of Fame

The Barrington Area Council on Aging, Inc. (BACOA) will be hosting its Fourth Annual Barrington Area Senior Citizen's Hall of Fame Recognition Tea on Wednesday, May 19 from 1 to 3 PM at the Barrington Area Library, 505 North Northwest Highway. Corporate sponsors of this year's event are Advocate/Good Shepherd Hospital, Barrington Bank and Trust and their affiliate, Wintrust Financial Management.

The Hall of Fame is a very special event which honors outstanding seniors from the Barrington area whose many years of service have enhanced the quality of life

in our community.

Nominating organizations for this year include the Barrington Area Development Council; Barrington Area Meals With Wheels/BACOA; Citizens for Conservation; FISH of Barrington; Good Shepherd Hospital; Lifelink Corporation/Good Shepherd Manor; Lutheran Church of the Atonement Health and Wellness Board; North Shore-Barrington Association of Realtors; Public Action to Deliver Shelter (PADS); and School Volunteers of District 220.

For more information, please contact BACOA at 381-5030.

## Welcome Wagon Club News

The Welcome Wagon Club of Palatine has a coffee for prospective members every month. Coffees are held in members' homes and refreshments are provided. Our next coffee will be held at 10:30 AM on Tuesday, May 18. Please call Arleen at 847-776-6228 or Pam at 847-202-5662 for more information.

At our luncheon on May 11, Steve Sodero will take us on a mental journey with a blend of psychology, mind reading and magic at the Barrington Country Bistro. Please call Helen at 847-776-3958 for additional information or reservations.

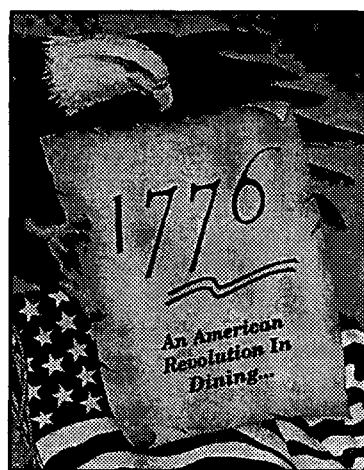
Different social activities are planned to involve spouses and significant others in the group's activities. Our next social will

be held in May.

Our club decided to support cancer related causes this year and are planning to participate in The American Cancer Society's Relay for Life on June 18 and 19 at Fremd High School in Palatine. We will have a team-of at least ten people to participate in this exciting fundraiser.

If you are a woman who is new to the Northwest suburbs, had a lifestyle change or are looking for a friendly social organization to become involved in, please call Arleen at 847-776-6228 or Pam at 847-202-5662. We have many enjoyable activities including bowling, golf, causal cooking and various card games.





## Lockwood Winery

Dinner with the Winemaker

**Wednesday, May 5th**

Dinner will include 5 Courses/4 Wines  
\$38.00 per person

**Make your reservations today!**

**OPEN MOTHER'S DAY – MAY 9TH**  
11:30 – CHAMPAGNE FOR MOM

## Tapas Dinners

9 Courses/5 Wines

**Thursdays, May 6th & May 27th**

\$25.50 or \$40.00 with 5 wines

397 Virginia Street • (Route 14)  
Crystal Lake, IL  
815-356-1776

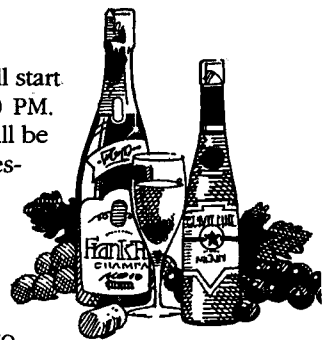
## Special Dinners at 1776

1776 will be open for Mother's Day, May 9. Seatings will start at 11:30 AM and reservations will be taken until 6:30 PM. Salmon, shrimp, crabcakes and certified angus steaks will be featured as well as a children's menu. Please call for reservations.

On Wednesday, May 5, 1776 will be hosting a wine dinner featuring Lockwood Winery. The five course meal will be accompanied by four Lockwood wines including sauvignon blanc, chardonnay, merlot and cabernet sauvignon. The wine maker will be present to explain his wines and answer any questions. The cost is \$38 per person.

1776 continues to offer its Tapas dinners twice a month, on the first and last Thursday. Nine appetizer-sized portions are served for \$25.50. If you would like five wines that Andy picks to compliment the meal, the cost is \$40. The Tapas dinner on the first Thursday is always vegetarian. The next vegetarian Tapas dinner is Thursday, May 6, and the next regular Tapas is Thursday, May 28.

Check out 1776's web page at [www.1776andy.com](http://www.1776andy.com) for more information about upcoming events.



## Celebrate Cinco De Mayo at Julio's

Julio's Latin Cafe is a wonderful change of pace for lunch or dinner. Well known for their selection of excellently prepared dishes from countries throughout South America including Mexico, Cuba, Brazil, Argentina, Chile and the Caribbean, Julio's has also gained popularity with their live entertainment on the weekends. Diners will have an opportunity to sample their cuisine at the following events:

Cinco De Mayo will be celebrated in true Mexican style starting at 5:30 PM on **Wednesday, May 5**. A specially prepared four-course menu will be offered along with Mexican entertainment. The "Tequila Bandido" will be offering up "shots" of Julio's different varieties of tequila!

Treat Mom to a delicious dinner at Julio's on **Mother's Day, May 9** beginning at 12:30 PM. Please call 847-438-3484 for reservations.

Julio's Latin Cafe is open for lunch Monday through Friday and for dinner Monday through Saturday. On Friday eve-



nings, the Dan McIntyre Duo entertains diners with their smooth jazz sounds and on Saturday, Paulinho Garcia, a Brazilian recording artist, sets a romantic tone with his Latin sounds. Reservations are always recommended and can be made by calling 847-438-3484.

## Elder Care Bill Advances

House Bill 77, which is designed to encourage Illinois citizens to save money for their long-term health care needs through a special program in the Treasurer's Office, passed the House last March by a vote of 113-3. The bill was sponsored by Rep. Susan Garrett (D-Lake Forest). According to Illinois State Treasurer Judy Baar Topinka, the legislation's goal is to establish the financial infrastructure to assist citizens in planning and investing for their future long-term health care needs.

"Planning for health care needs later in life is vital for all citizens," Topinka said. "Everyone wants to live an independent lifestyle as long as possible. But as a person's advancing age takes its toll, there is a continuum of care that is available to help individuals lead a productive life well into their senior years. Planning for the financial demands of elder care is a crucial issue that we must confront to ensure that our later years continue to be fulfilling."

HB 77 calls for the following measures:

- The State Treasurer would develop and implement an education program and marketing strategies designed to inform residents about the options available for financing long-term health care and the need to accumulate the financial re-

sources necessary to pay for that care.

- The Treasurer would receive moneys from Illinois residents into the fund and invest moneys within the fund on their behalf.

- The Treasurer would develop, publish and implement an investment policy covering the management of funds in the Elder Care Savings Fund.

- The State Treasurer would serve as an ex-officio member of the Elder Care Trust Authority.

- Income derived from investments in the fund would be exempt from state taxes with the exception of estate, transfer and inheritance taxes.

- Funds could be applied to custodial care services; care in a hospice licensed under the Hospice Program Licensing Act; or long-term health care services for the aged, the disabled or persons diagnosed with HIV or AIDS or a related condition. These services would include, without limitation: chore-housekeeping services, a personal care attendant, adult day care, assistive equipment, home renovation, home-delivered meals and emergency response systems and care in an assisted living establishment.

Senator Adeline Geo-Karis (R-Zion) is the chief sponsor in the State Senate.

*Julio's Latin Cafe*

INVITES YOU TO CELEBRATE

**CINCO DE MAYO**

IN TRUE MEXICAN STYLE!

**MAY 5, 1999**

A FIESTA NOT TO BE MISSED! THE FUN BEGINS AT 5:30 PM WITH A DELICIOUS 4-COURSE MEXICAN DINNER. ENJOY LOTS OF MARGARITAS AND MEET THE "TEQUILA BANDIDO." CALL FOR DETAILS AND RESERVATIONS.



TREAT MOM TO DINNER ON MOTHER'S DAY, **MAY 9**. JULIO'S WILL BE OPEN AT 12:30 PM FOR YOUR DINING PLEASURE. BE SURE TO CALL FOR RESERVATIONS.

OPEN FOR LUNCH MONDAY THRU FRIDAY • DINNER 7 NIGHTS A WEEK  
DAN MCINTYRE DUO ON FRIDAY EVENINGS  
PAULINHO GARCIA, BRAZILIAN GUITARIST, ON SATURDAYS  
RESERVATIONS RECOMMENDED

**(847) 438-3484**

99 SOUTH RAND RD., LAKEVIEW PLAZA, LAKE ZURICH, IL

## MCYO Auditions for 1999-2000 Announced

Auditions for the 1999-2000 seasons of the McHenry County Youth Orchestras will be held on May 7 and 8 at the Community Arts Center, 64 East Crystal Lake Avenue in Crystal Lake.

The members of both the Intermezzo Orchestra and the Symphony Orchestra are selected by competitive audition.

The Intermezzo Orchestra is a group of young musicians primarily in grades 4 through 8. The Symphony Orchestra includes high school students. Both groups include woodwind, brass, string and percussion players.

Membership in the beginning Prelude Orchestra, an orchestra of string players primarily in grades 2 through 6, is on the recommendation of the young musician's school or a private teacher. No audition is required.

There are specific audition requirements for the Intermezzo and Symphony Orchestras and audition appointments are required.

Please contact the MCYO Office at 815-356-6296 for further information on all the ensembles and/or to schedule an audition appointment.

## Chers Amis...

The month of May has sprung upon us... the weather is shaping up, the flowers start blooming... and restaurants are gearing up for one of the most attended days of the year—Mother's Day. There is a lot of competition out there, so why should you bring your mother to **D & J Bistro** or **Retro Bistro**? What makes us different?

We offer something that will make your mother proud of your choice... a genuine warm welcome, a meal totally prepared on premise, dishes that are different and creative enough to mark the occasion, yet not "funky." We offer a knowledgeable friendly staff and a room invaded by balloons for that day. We offer sophistication



without pretention, and, of course, we offer great value... show your mother that she taught you right... reserve at **D & J** or **Retro** today... serving on Mother's Day from 3:30 to 8:00 PM a very special 3-course prix-fixe for \$28.50. Children's menu available.

## The Learning Tree Center Now at a New Location

**The Learning Tree Center** has moved to its new location on Ela Road near McDonald's and the new Target store. The building, which overlooks a wetland nature area, was designed especially for young children. It has a home-like atmosphere and lots of low windows.

**The Learning Tree Early Childhood School** offers preschool classes for two, three or five-days per week for children of ages 2 through 6. Either morning or afternoon sessions are available as well as lunchtime enrichment classes. **The Learning Tree Daycare** offers full and part time care for children of working parents. Classes are available for children of ages 6 weeks through 5 years. A kindergarten and a before and after school program (the Discovery Club) are also

available. Special classes are offered in computers, art, dance, gymnastics and Spanish. A baby gym and mom & tot program will also be offered. The summer camp program will include outdoor activities as well as exciting field trips.

**The Learning Tree** began serving the area 25 years ago in Atonement Lutheran Church in Barrington and now is in its own new, beautiful facility. The building includes a multipurpose room for exercise, rain or shine, as well as a science curiosity corner. The educational curriculum aims at school readiness and includes fascinating themes and projects for the children. The goal of **The Learning Tree Center** is to provide a safe, educational and culturally rich environment to nurture young children.

## Citizens for Conservation Slate Preserve Tours



The officers of Citizens for Conservation are: John Wagner, Vice President; Sharon Pasch, President; Melissa Waskow, Secretary; and David Kullander, Treasurer. They invite everyone to the slated spring tours of natural areas being protected by CFC.

**Saturday, May 8, 11 AM, Flint Creek Savanna**—Spring wildflowers are blooming in the savanna while bluebirds flit about. Walk through the 45+ acres CFC is acquiring and see the results of winter brush clearing under the oaks. Meet in the parking lot of the Smith Professional Building on Route 22 in Lake Barrington.

**Sunday, May 9, 4 PM, Mother's Day @**

**Baker's Lake Savanna**—Spring wildflowers are blooming profusely and a spotting scope brings baby herons and egrets into focus as they poke their heads out of their nests on the island. Meet in the parking lot on Highland Avenue off Hillside Avenue in Barrington.

Please RSVP to the CFC office at 382-SAVE (7283).



### D & J Bistro

Est. 1987 "Where Things Are Happening"

## Mother's Day Sunday, May 9th

Serving Dinner  
from 3:30 to 8:00 PM

Private Room for Your Special Functions—Seating up to 50

S.E. Corner Rte. 12 & 22  
Lake Zurich, IL 60047

(847) 438-8001



Dominique and his Mother

## THE LEARNING TREE CENTER

735 Ela Road  
Lake Zurich



### REGISTER NOW FOR

◆ FALL PRESCHOOL ◆ FALL KINDERGARTEN  
◆ SUMMER CAMP

◆ BABY GYM—MOM & TOT PROGRAM

DAYCARE Available Now

25% OFF Registration Fee with this Ad

Serving the Barrington/Lake Zurich Area for 25 Years

### A NEW BUILDING

- ◆ OVERLOOKS WETLAND NATURE AREA
- ◆ MULTIPURPOSE ROOM—EXERCISE RAIN OR SHINE
- ◆ SCIENCE CURIOSITY CORNER

**The Learning Tree  
Early Childhood School**

Preschool & Kindergarten Classes

Telephone 540-7333

**The Learning Tree  
Daycare**

Ages 6 Weeks to 10 Years

Telephone 438-1945

Karen Logan, M.S. Early Childhood/Special Education, Owner



## Summer Theatre Camp Offered at Barrington High School

After the remarkable success of last summer's Theatre Camp, BHS Theatre Director Jon Lynn is excited to offer it again for the summer of '99. Theatre Camp is aimed at furthering the development of the high school actors and those students from the junior highs who will be entering freshmen.

Two different sections are currently open to enrollment. Section 1, 10 AM to Noon and Section 2, 1 to 3 PM, June 14 through June 25. Enrollment for each section is limited to 20 students. Last year's response was overwhelming and classes

were overcrowded. This year it may be necessary to add a third section from 3 to 5 PM if enrollment grows.

Summer Theatre Camp is a great opportunity for students to keep enjoying theatre games, exercises and scene study during the summer months. And the camp will conclude with a public performance.

Register for Summer Theatre Camp through the regular summer school registration. The cost for the two week session is \$50.

For more information, call Mr. Jon Lynn at 842-3253.

## Artist Tina Primer Featured at Bull Valley Golf Club



The paintings of artist **Tina Primer** will be featured at an artist's reception at **Bull Valley Golf Club** on May 21. During her many years of painting, **Ms. Primer's** style has evolved from photo realism to her current style of "Reality, Living in a World of Fantasy." Her subject matter is simple and sometimes naive; however, her execution is complex and sophisticated. **Ms. Primer**, a graduate of Parsons School of Design in New York City, enjoys expressing her ideas with bold, beautiful colors that command the viewer's attention.

The reception is from 5:00 - 7:00 PM at **Bull Valley Golf Club** located in Woodstock, Illinois. For further information and reservations, please contact **Bull Valley Golf Club** at 815-337-4411.



Private Golf and Dining Memberships Available.

## History of The Living Trust

by Sharon L. Keller, J.D., LLM



The Living Trust, also known as the Revocable Trust, is a legal entity created to hold title to assets. It has been used to enable an individual or a family to hold title to assets so that the assets can eventually pass to the heirs without the intervention of any further legal process (probate). The Living Trust is not a tax shelter, but rather it is a means by which people can avoid probate and married couples can fully utilize the federal estate tax equivalent exemptions given to them by Congress. Reportedly, fewer than 1% of the people in the United States have discovered the value of the Living Trust and have taken advantage of its many benefits.

Many people ask, "When did the concept of Living Trusts start?" The Living Trust is not really a new concept; it comes from English common law, which is the very basis for the legal system of the United States. The concept of a Trust existed long before this nation was conceived; the origins of a Trust go as far back as AD 800 to the days of the Roman Empire. In fact, a Trust became the preferred method of holding property in Europe during the Middle Ages.

The English people adopted the Trust from Roman law as early as the 12th century to preserve their property from the many abuses under the crown. For example, a landowner was obligated to provide relief, or money, to help supplement the lord of the land for numerous causes (such as the marriage of the lord's daughter or the knighting of the lord's son). In addition, the king imposed nearly 100 forms of tax. The landowner was prohibited from selling his land or dividing the land among his children or grandchildren. If the landowner were convicted of a crime, he forfeited all he owned to the lord or king, leaving his family destitute.

Accusing a peasant of a crime was a very common means of acquiring the peasant's land and, in the end, was quite profitable for the landlord. The peasants soon found that the Trust provided a means to protect their lands from this wrongful acquisition by the noble of the land.

The practice of holding title to land in a Trust eventually became commonplace. The Trust permitted one party (the Trustee) to hold the property for the benefit of the owner and eventually to pass this property to the owner's children. Over the years (and following continued abuse by the Crown), passing title of land to a Trust became an ordinary practice.

By 1535, the king and his nobles challenged the legality of the Trust and attempted to prohibit its use with the "Statute of Uses." The king and his nobles considered the Trust to be evil because it permitted privacy of transfer, legal avoidance of unreasonable taxes and regulations, preservation of the estate of convicted criminals and, most important, loss of revenue to the king and his lords.

The challenge to the Trust fell upon the

common law judges of England in The Chancery Court, the highest court in the land. The judges, who had absolute jurisdiction over legal estates, upheld the validity of the Trust concept. Within the next five years, the "Statute of Uses" was effectively abandoned—and the Trust was securely embedded as part of English common law, having survived the formidable challenge by the king and his nobles.

The colonists brought the Trust to America, where Patrick Henry is given the first recorded credit for drafting a Trust on this continent. In 1765, he wrote a Trust for Robert Morris, governor of the colony of Virginia. Thus, the Trust was written more than two decades before the adoption of the U.S. Constitution.

Historically, the Living Trust has been used by people of great wealth, such as the late President Kennedy, William Waldorf Astor, John D. Rockefeller, H.L. Hunt (The Texas oil billionaire) and J. Paul Getty. Until very recently, very few people in the United States had Living Trusts; however, as people are becoming more aware of the advantages, more and more are adopting the Living Trust as a way to preserve their estates and avoid probate.

In 1990, The American Association of Retired Persons (AARP) commissioned a two-year study on the probate process. AARP set out to determine whether the avoidance of probate efforts were warranted through the use of a Living Trust. The answer was: yes!! The AARP study established that a Living Trust "completely avoids probate's public scrutiny, delays and costs." Another study set out to see if an estate could be too small to reap the benefits of a Living Trust. The study provided evidence that the greatest impact of probate costs was on estates of \$100,000 and less. In fact, the study found that the impact on estates valued at less than \$10,000 was so great that these estates were eliminated from the study to avoid skewing the results. For example, one \$10,000 estate incurred probate costs of \$7,400, leaving only \$2,600 for the heirs. The study showed that the greatest percentage of the probate costs burden was borne by the smaller estates.

The Living Trust is an entity that is available to all of us. It is the best way to assure the immediate transfer of assets upon death with the least impact of estate taxes. See you next month. *Until then, have a healthy and prosperous May!*

## SHARON L. KELLER & ASSOCIATES

*Specializing in:*

- Business Representation
- Estate Planning
- Family Law

18-3 EAST DUNDEE ROAD  
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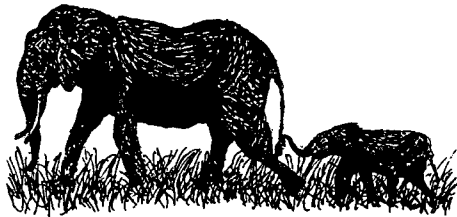
## TEENS! Make it a Fun Summer— Sign Up For an Art Workshop

**Teens.** If you are looking for a stimulating, challenging and fun way to spend summer, explore the possibilities of an art workshop at **Kaleidoscope School of Art** in Barrington.

Sessions offered **weekly for teens** include: colored pencil, oil, watercolor, clay, calligraphy and pottery.

**Three-week workshops for Jr. High and High students** include: watercolor, colored pencil, animated illustration, pottery, super hero cartoons, pastel and figure drawing.

For **adults**, there is: drawing, pottery, watercolor, mosaics, figure sculptures, oil and acrylic.



Amy Weber, Age 12

For these possibilities and more, why not call **Kaleidoscope School of Art** now at **847-381-4840**. They are located in downtown Barrington.

*Let your imagination stretch and reach out.*

## 31st Annual Fair Diddley® Craft Show Returns to Woodstock City Square on May 16

The Mental Health Resource League for McHenry County, Inc. will sponsor the **31st Annual Fair Diddley® Craft Show** on Sunday, May 16 from 10 AM to 5 PM on the Woodstock City Square.

Thousands of fairgoers attend **Fair Diddley®** every year. The juried craft show features over 350 booths of many new artisans along with favorite exhibitors. Look for an outstanding variety of folk art, wood carvings, dried florals, pottery, painted and appliqued clothing, jewelry, fine art and much, much more! Hungry fairgoers will find tasty food concessions around the Square and the League's traditional bake sale in the Springhouse. Children may enjoy a painted faces booth in the Park Gazebo (hosted by PADS). Visit the League's Information Booth on

the Opera House corner.

The MHRL strives to maintain high quality in its craft shows, **Fair Diddley®** in May and **Fall Diddley®** in October, (October 9 and 10, 1999, Boone County Fairgrounds, Belvidere). Proceeds benefit McHenry County agencies concerned with mental health services. Over \$210,000 was raised in 1998 for 19 agencies.

All League members are volunteers and new members are always welcome. Both 1999 craft shows are filled and no standbys will be accommodated.

For membership and crafter information for the year 2000, please write to: MHRL, PO Box 204, McHenry, IL, 60050 or call 815-385-5745.

**Visit the Woodstock City Square on May 16 and enjoy Fair Diddley®!**

## Hollywood... From an Insider Who Really Knows

Most people strive their whole lives to achieve success in just one field. Peter Bogdanovich is the rare person who has found success in many fields. Hollywood director, screenwriter, actor and critic, Peter Bogdanovich keys in on his best seller, *Who the Devil Made It*, about the film industry as he comes to Elgin for **The Elgin Enrichment Series** at the Visual Performing Arts Center at Elgin Community College on May 12, 1999.

Bogdanovich takes the audience on a fascinating exploration of the differences between making movies "then" and "now". He'll bring stories to life, complete with his dead-on impersonations from Hitchcock to Cary Grant. Bogdanovich directed 18 films, including *The Last Picture Show*, *Paper Moon* and *Mask*.

His best-selling book, *Who the Devil Made It*, is an intimate look at film-making through a collection of interviews with 16 legendary film directors, encompassing nearly the entire span of motion picture history from the early days of Allan Dwan, who began working silent films, to the still active Sidney Lumet.

The son of immigrant parents, Bogdanovich made a name for himself as a film scholar, conducting a pioneering se-

ries of interviews with some of Hollywood's most distinguished directors from its Golden Age. These interviews served for years as textbooks for young directors during a time when there weren't any film schools to teach them their trade.

Immediately following Mr. Bogdanovich's presentation, the new 1999-2000 **Elgin Enrichment Series** line-up of outstanding presenters will be announced.

Each Morning Forum takes place at 10 AM at the Visual Performing Arts Center at Elgin Community College, which is located on the west side of Elgin near Route 20 and Randall Road. Complimentary coffee is available starting at 9 AM before each presentation. Tickets are \$25 each. They may be purchased at the Elgin Community College-VPAC Box Office the morning of the event.

For tickets or more information, please call **847-289-4332**.

**The Elgin Enrichment Series** is a not-for-profit organization established in 1995 by a board of 10 volunteers for the purpose of bringing to the Fox Valley high profile speakers from the fields of education, entertainment, communications and other professions to truly enrich the lives of community members.

## Gallery and School of Art Ltd.

205 S. Cook • Barrington • (847) 381-4840

### Fun Summer Workshops for All Ages

Weekly Monday through Friday • June 14 through August 20

<b>Fun Fantasy</b> – Ages 4-6	<b>Calligraphy</b> – Grades 4-8
<b>Mini-Camp</b> – Gr. 1-3, 4-6	<b>Paper Mâché</b> – Gr. 1-3, 3-5
<b>Clay</b> – Gr. 1-3, 4-8	<b>Handmade Cards</b> – Gr. 4-8
<b>Pen &amp; Ink</b> – Gr. 4-6	<b>Watercolor</b> – Gr. 1-3
<b>Tiles</b> – Gr. 1-3, 4-6	<b>Fiber Art</b> – Gr. 4-8
<b>Drawing</b> – Gr. 1-3, 4-6	<b>Pastel</b> – Gr. 1-3, 4-6
<b>Cartooning</b> – Gr. 1-3, 4-6	<b>Medieval Manuscript</b> – Gr. 4-6

Call for details and free brochure  
Office Hours: Mon.-Fri. 10:00-2:00

### The 31st Annual

**Peter Bogdanovich**  
May 12, 1999  
Hollywood Director, Screenwriter,  
Actor & Critic  
"Who the Devil Made It"  
Wednesday, May 12, 1999  
10:00 a.m.

- Coffee hour at 9 a.m.
- Presentation begins at 10 a.m.
- Book signing available after Presentation
- Visual Performing Arts Center (VPAC) Elgin Community College - Elgin
- Call (847) 289-4332 for ticket information

Sponsor: Elgin Financial Center

## Piemonte's Dundee Chevrolet Sponsors Hole-in-One Car for NISRA

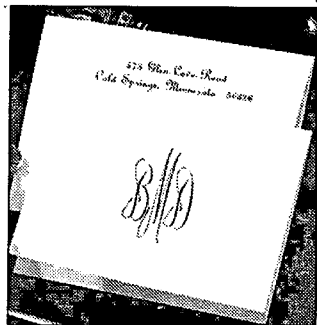
On Monday, May 24, join the NISRA Foundation for a day of golf at Boulder Ridge Country Club. The day's proceeds will benefit NISRA's Summer Day Camp scholarship program for local children with disabilities.

The day will feature breakfast, 18 holes of golf with cart, soft drinks on course, special contests, prizes, BBQ luncheon on the patio, and, courtesy of Piemonte's Dundee Chevrolet, an opportunity to win a 1999 Malibu in a hole-in-one contest. A special "Lunch Only" option is also available. Inquire about our special corporate package. Even if you aren't a golfer but

would like to volunteer at the event or make a contribution, please call Laura Zarate at 815-459-0737.

The Foundation is a not-for-profit organization founded to ensure that the future financial needs of NISRA would be met. NISRA provides sports, recreation programs and Summer Day Camps, for children and adults with disabilities and Special Olympic training for our local athletes. For more information on how to become involved with NISRA or the NISRA Foundation, please call 815-459-0737 or write to 333 Commerce Drive, Ste. 200, Crystal Lake, IL, 60014.

## Keep in Touch!



with family & friends with a wardrobe of personalized notes featuring initials or full name. Great graduation gifts, whether off to college or the business world.

Speedy delivery too!

*Little Shop of Papers, Ltd.*

The Foundry 740 W. Northwest Hwy. Barrington (847) 382-7733

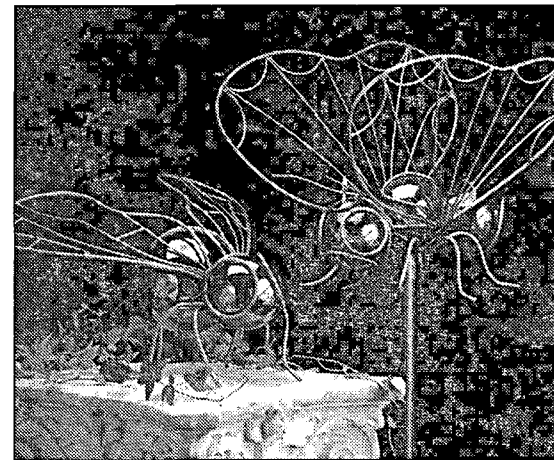
## The FOUNDRY of BARRINGTON

### Wonderful Things to Surprise Mom

Enhance any setting with these unique home and garden accents. Handblown glass wrapped in copper are the basis for mosquitoes, grasshoppers, butterflies and other denizens of the yard. Called Suncatchers, they add sparkle to any window or patio.

Other great choices for Mom might be a serving piece of hand-painted Italian pottery, whimsical handcrafted bird houses, French flower buckets... on and on!

Surprise Mom on her "special" day with a special gift from **Little Shop of Papers**.



### The Green Thumbs Annual Plant Sale

The Green Thumbs of Barrington Garden Club will hold its Annual Plant Sale at Langendorf Park in Barrington on Saturday, May 15. Starting at 8:30 AM, the club will be selling the plants rain or shine until 12:30 PM or until sold out.

The plants, which have been dug this spring from members' gardens, include a wide variety of interesting specimens at some very reasonable prices. Included in the selection will be many flowering perennials suitable for both sunny and shady locations. Some of these perennials are as common as the daylilies and peonies seen

everywhere and others are somewhat rare like the creeping blue speedwell. Also available will be many different types of ground covers as well as a limited number of herbs and small shrubs. Some native wildflowers will also be for sale; these have either been grown from seed or dug from cultivated wildflower beds at members' homes. Langendorf Park is located on Lions Drive off Route 59 (Hough Street) south of Route 14 (Northwest Highway).

For more information about the sale, call 847-381-5358.

### For All Those Special Gift Occasions

May is full of special celebrations. Mother's Day, graduations, first communion, birthday celebrations—even the last day of school is sneaking up!

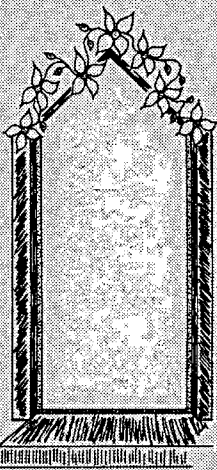
Make **G. Whiz** your one stop shop for all these special gift occasions! Show Mom, Grandma or your teacher how much she means to you this month with a personalized sterling dog tag.

Or choose from a fantastic selection of handpainted birdhouses that are designed to be used indoors or out. They are weather and fade resistant with a removable bottom! These have always been a hot item for the spring season.

Take a picture of your family and then pick one of our great frames to display it. Plus a wonderful selection of bath items and candles that smell so good, Mom will always remember her special day!

Teacher's rate high on our list too! We have a huge selection of teacher's items and can offer you many alternatives to the typical teacher apple pin! We've been selling to teachers and their students for years and know you'll find that perfect something amongst our many gift displays!

Spring brings with it many fun occasions. For gifts that people remember... remember **G. Whiz**.



## L'Auberge

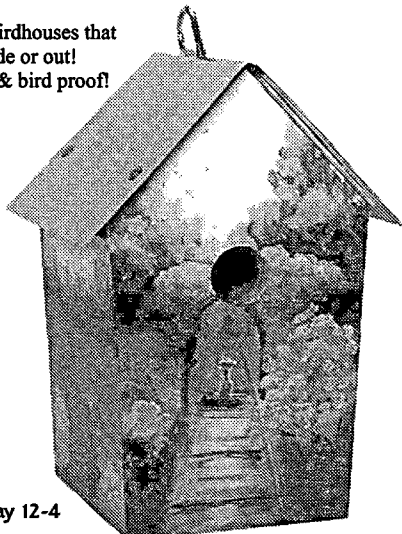
A Golden Day Spa & Salon

**Remember Mom  
this Mother's Day  
with a Gift Certificate  
from L'Auberge**

764 W. Northwest Hwy.  
Barrington **847-277-7000**  
Tues. & Thurs. 9-8, Wed., Fri. & Sat. 8:30-5

First Communion,  
Class Reunion,  
Graduation,  
Celebrations,  
Mother's Day,  
Moving away,  
1st Grade Teacher,  
Favorite Preacher.

Handpainted birdhouses that  
look good inside or out!  
Fade resistant & bird proof!



For gifts that people remember...

## G. Whiz

a imaginative collection of artisan jewelry, unique gifts & really neat stuff  
724 W. Northwest Hwy., The Foundry, Barrington  
Open 7 days. Hours: Mon-Sat 10-5:30 Thur 10-7 Sunday 12-4  
304-0255

### "Books and Boxes 22"

The Barrington Area Arts Council (BAAC) announces the opening of the BAAC Gallery May Exhibit, "Books and Boxes 22" on May 7, 1999. The exhibit features the 2- and 3-dimensional artwork of 22 artists and is dedicated to the memory and artwork of Dorothy Burgess.

Other exhibiting Illinois artists include Barbara Albin, Cary; Joan Beauprez, Roselle; Valerie Burke, Streamwood; Ruth Cournoyer, Jeanne Krammer and Sherry Hunter Lee, Barrington; Ellen R. Deutsch, Buffalo Grove; Mary Erickson, Margot Gottfried, Kathy Klein, Carole Komerak, Mary Pionke-Andrus, Jacqueline Rapp and Marjorie Stull, Arlington Heights; Barbara

Fuhr, Palatine; Beverly Hapke and Thelma Spain, Des Plaines; Sue Mart, Chicago; Barbara Schnell, Glenview; Kathhryn Stanaszek, Mt. Prospect; and Lee Stanton, Apollo Beach, FL.

The BAAC invites the public to attend the Opening and Artists Reception on Friday evening, May 7 from 7 to 9 PM at the BAAC Gallery located at 207 Park Avenue in Barrington, IL.

The exhibit will be on view May 7 through 29, 1999. BAAC Gallery hours are Tuesday through Friday, 10 AM to 4 PM and Saturday, 10 AM to 2 PM. The Gallery is closed Mondays. For more information, call 847-382-5626.

### Northbrook Brass Quintet

The Barrington Area Arts Council and Harris Bank Barrington are pleased to present the Northbrook Brass Quintet performing on Saturday, May 15 at 8 PM at Harris Bank Barrington. Enjoy a variety of musical styles including classical, operatic, American music as well as show tunes and Dixieland.

The group, NBQ Players or (Northbrook Brass Quintet), was founded by Robert Plagemann in 1988 as an offshoot of the Northbrook Symphony Orchestra. They originally performed at symphony functions in the immediate Northbrook-Glenview area, and later branched out as a group-for-hire in and around the complete Metropolitan Chicagoland area.

Members include Robert B. Plagemann, Leader, Trombonist and Arranger, formerly of Barrington, now residing in

Forest Park; Guy Clark, Trumpet, of Wheaton; Laura Smith, Trumpet and Jeanne Eissman, French Horn, of Palatine; and Dennis Morris, Tuba, of Evanston. Robert Plagemann, Guy Clark and Dennis Morris are also members of the Northbrook Symphony Orchestra.

The concert will be performed at Harris Bank Barrington at 201 S. Grove Ave. in Barrington with a champagne and dessert reception following the concert at the BAAC Gallery. Tickets are \$30 for BAAC members or \$35 for nonmembers and may be purchased at the BAAC Gallery or by phone. The proceeds will benefit the programs of the Barrington Area Arts Council. For information, call 847-382-5626. Seating is limited and it is strongly recommended that tickets be purchased in advance. Visa and MasterCard are accepted.

# To Mom, With LOVE



## Return Mother's Touch of Love with Massage

Do you know that massage is one of the five gifts most requested by a woman? This Mother's Day, treat the mother in your life to an hour (or two!) of deeply felt relaxation. Can you imagine how much she would appreciate that?

At **Massage Movement**, the environment is a peaceful, comfortable, professional office suite setting. The music is

unbelievable. The attention is undivided. The result is wonderful.

Call now at **847-304-5112** and order your gift certificates. Therese Pol, owner of **Massage Movement** and nationally certified in Therapeutic Massage and Bodywork, draws upon a decade of experience and expertise to create a totally relaxed state of being.

## Savvy Summer Fashions Dinner

A dinner is being planned by the Northwest Suburban Christian Women's Club.

Everyone is invited to the dinner on May 13, 1999. The Savvy Spirit Store in Barrington will put on an exciting fashion show for us. Music will be provided by Brad Grossman. With speaker Sally Smith,

former teacher and wife to a corporate executive, the dinner will be held on Thursday, May 13 from 6:30 to 8:30 PM at the Seasons of Long Grove.

The cost is \$20. Please call Ginny at 382-1202. Reservations should be honored by you or a friend.

## Time & Treasures Gift Shop a Refreshing Experience



**Time & Treasures Gift Shop and Gallery** is located at 21198 Commercial Drive in Hawthorn Woods/Mundelein on Gilmer Road just east of Midlothian.

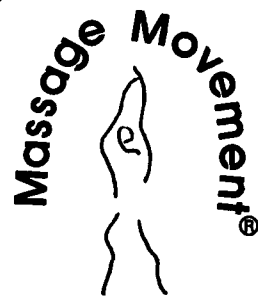
Kathy Marcus, the owner of **Time & Treasures Gift Shop and Gallery** has selected a unique blend of elegant gifts from around the world not commonly found in your local mall.

Upon entering the store, you will experience a delightful fragrance and an interesting selection of gift items—from unique time pieces to collectible bears.

Although the store is compact, it offers you a variety of gifts for every occasion.

Some of the gift items include, Aromatique Potpourri, Armani statues, Fenton collectible glass, Ruege music boxes, Linden clocks, Hibbel paintings, Colibri pins, pens and pendent watches and specialty items to decorate your garden. This month, they are featuring many gift items for weddings, Mother's Day and Graduates.

Their store is a refreshing experience and well worth the trip.



Return Mother's Touch of Love with Massage... at a Lovely Price



Therese Maria Pol  
NCTMB

One Hour Massage Gift Certificates... **\$55**

202 S. Cook St. • Barrington

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*We're Worth The Trip!*

*Everyday to elegant gifts*

Limited Edition Collectible Art  
Nautical & Golf Gifts • Clocks & Watches  
Crystal • Tableware • Music Boxes  
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*Come See Our Mother's Day Collection!*

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GIFT SHOP & GALLERY

On Gilmer Just East of Midlothian Rd. • (847)566-2530

Bring in This Ad for 10% OFF One Regular Priced Item



## IK Design Jewelry Announces New Store Hours

**IK Design Jewelry** has announced new store hours at its Barrington location at 141B S. Northwest Highway. The store is open for general retail business on Thursday from 9 AM to 8 PM and Friday and Saturday from 9 AM to 6 PM.

The store is the exclusive location for jewelry and sculptures by designer Isaac Kornhauser. His collection includes lockets, pendants, earrings, rings and bracelets that incorporate the highest quality precious and semiprecious stones set in gold, silver and platinum. He also offers a selection of handpicked Tahitian black

pearls and strands as well as traditional cultured pearls.

**IK Design** can also be visited Monday through Wednesday by appointment only for those customers interested in original jewelry creations. Kornhauser specializes in creating one-of-a-kind heirloom pieces that last generations and other special pieces. He is especially skilled at using designer-cut stones with unusual shapes from well-known gem cutters such as Bernd Munsteiner, Larry Winn, Michael Dyber and others.

"We've restructured our hours to become more available; to see customers by appointment only who prefer a more personal touch when investing in a unique and original piece of jewelry," Kornhauser said. "Designing a piece that accents a customer's individuality requires a one-on-one collaboration."

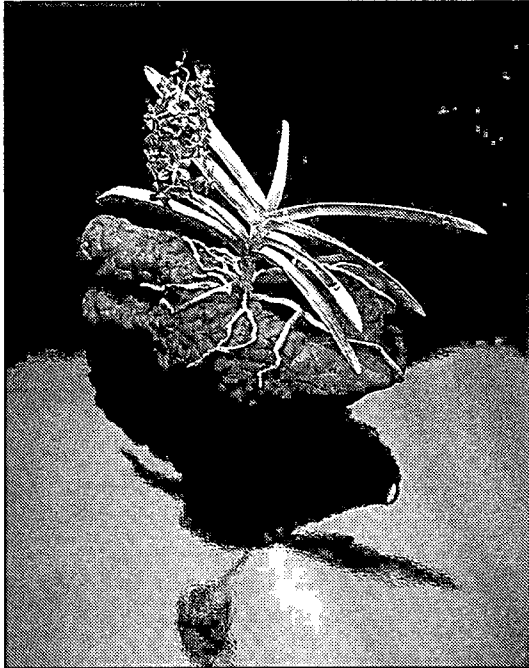
Additionally, the modified store hours enable Kornhauser to develop original jewelry for the wholesale trade.

**IK Design Jewelry** is also the exclusive showplace for a stunning line of 18-karat gold and sterling silver jewelry and sculptures from The Golden Orchid. The collection is made through a proprietary process developed by Kornhauser, which creates exact reproductions of actual flowers or plants in pre-

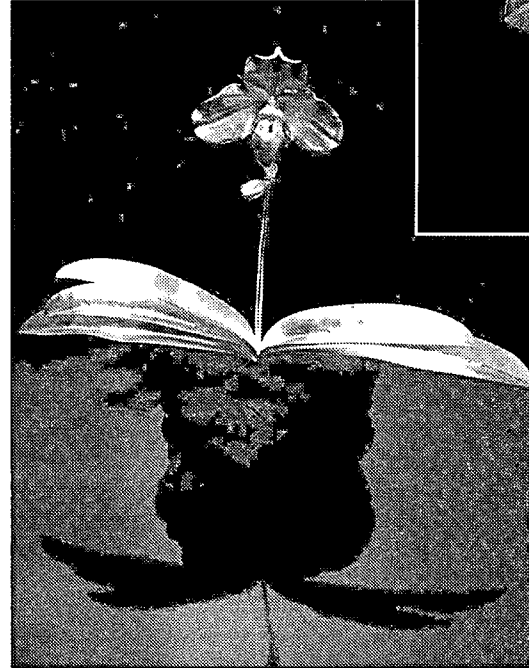
cious metals. The jewelry represents eight different orchid species in the form of earrings, pendants, tie tacks and stick pins.

"It's organic jewelry in the truest sense," Kornhauser said. "There is something exotic and mysterious about orchids." Golden Orchid sculptures enable you to enjoy the beauty of orchids in areas of your home where they could not naturally grow.

Kornhauser opened **IK Design Jewelry** in Barrington in 1987. He



A *Scocentrum Miniatum*



*Cattleya*

is a graduate of the Fashion Institute of Technology in New York where he studied under head jewelry designers from Bulgari to Van Cleef and Arpels. He has worked for major jewelers across the country.

For more information about **IK Design** or to make an appointment, please call 847-381-8626.

*Paphiopedilum Niveum*



**IK DESIGN**

Present your Mother with  
a gift she'll always  
remember ...

### An 18KT Handmade Locket

Custom made to your specifications  
or select one of our  
beautiful designs.

141B S. Northwest Hwy. • Barrington  
(847) 381-8626

## Mom Deserves the Best— Thank Mom on Her Special Day!

A mom is many things: a teacher, a cook, a maid, a doctor, a chauffeur, a counselor and, most of all, your best friend. I'm not fortunate enough to still have my mother with me, but I think about her every day.

A Gift Certificate from **Syd Simons** is a wonderful way to say, "Thank You, Mom."

We are not an assembly line, like other Day Spas. Everyone is pampered and very specially treated at **Syd Simons Day Spa**.

Mom could begin by having a relaxing Deep Pore Facial while having her hands and feet massaged with oil and placed into warm mittens and warm booties. All of this takes place in a very private room with soft music.

And next, Mom could have a soothing Body Massage and then a Manicure and Pedicure.

The last but very important part of Mom's pampering is having her make-up applied to enhance her skin and bone structure.

Give Mom a luxurious day at **Syd Simons** or just one of our services. Gift certificates are available in any amount. What a special gift for Mom! She deserves to have this pleasure.

*Happy Mother's Day!*

Sincerely,  
Cathy Ramstadt, owner  
**Syd Simons Day Spa**

## BHS Master Dance Class

The Master Dance Class Series continues as Barrington High School Fine Arts Department welcomes River North Artistic Director Sheri Zunker Dow on Saturday, May 22 from 10 AM to Noon.

Sheri Zunker Dow has been the Artistic Director of River North Dance Company since 1990. For the last eight years, she has choreographed eight pieces for the company and has commissioned the work of 12 other talented Chicago choreographers to set 31 pieces on the company. Ms. Dow's Reality of a Dreamer (1992) has become River North's signature piece and was the finale of the television performance documentary of the same name. This documentary won numerous awards including a Chicago/Midwest Emmy for Outstanding Entertainment Special.

Ms. Dow has previously danced with

Chicago Repertory Dance Ensemble, was principal dancer of the Gus Giordano Jazz Dance Chicago, was a soloist in the national touring company of Bob Fosse's Dancin' and danced in the Goodman Theater production of Pal Joey under Tony Award-Winning choreographer Ann Reinking. She has also danced in several films, commercials, television specials and videos.

Developing technical skill and enhancing performance techniques is the primary focus of the class. This master dance class will be offered on Saturday, May 22 from 10 AM to Noon. Class fee is \$15. Class listings are subject to change due to guest artist scheduling. For more information and registration, please contact Julie Salk at Barrington High School, 847-842-3214.

## Art "On The Move" in May

**Dunton Gallery** is heralding in this spring with lots of activity!

May 4 to May 20, come to the gallery to enjoy a "Focus on Flowers" which will offer one and all a perfect and timeless gift for mothers, grandmothers and mothers-in-law. The gallery is featuring a wide array of paintings by its many talented artists, all of whom uniquely celebrate the delights and variety of flowers.

May 21 to June 9, the gallery will be featuring the work of William Schneider, OPA. Recently accepted as a signature member of the Oil Painters of America, Bill is a strongly emerging Crystal Lake artist with an amazing range and depth to his work. Whether doing a portrait, a *plein air* landscape or a nostalgic still-life, Bill brings his considerable skill to the task with splendid results. There will be



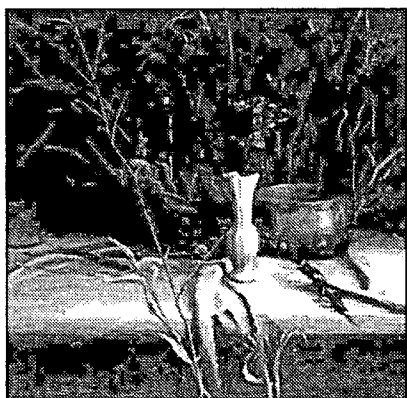
*Gun & Rose, Oil*  
by William Schneider, 24" x 30".

an artist reception on Friday, May 21 from 6 to 9 PM and on Saturday, May 22 from 10 AM to 4 PM during which the public is invited to meet Bill and purchase from over 25 original works of his which will be on display.

An Art Walk will begin May 14 and will held on each Friday evening through June 25 from 6 to 9 PM. **Dunton Gallery**, Dazzle Gallery, Tribal Expressions and other unique downtown Arlington Heights shops will participate. Come join us for mini-art shows, artists' demonstrations, food and fun.

**Dunton Gallery** is located in the heart of downtown Arlington Heights at 18 S. Evergreen Avenue. Phone 847-818-0694 or visit our website at [www.duntongallery.com](http://www.duntongallery.com).

*November Textures, Oil*  
by William Schneider, 30" x 30".



What She Really Wants for  
Mother's Day is Staring You in the Face

*Give the Gift of Beauty*

A Gift Certificate from **Syd Simons**  
Package Plans Available or Make Your Own

- Self Tanning
- Makeup Applications
- Deep Pore Facials
- Rapid Exfoliating Treatment
- Makeup Lessons
- Body Massages
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- Spa Glow Treatments
- Body Facial
- Body Wraps (Lose 6 - 20 inches)
- Paraffin Body Wraps



"Where Makeup is an art, skin care is a science... and body care is a necessity."

*Syd Simons*  
Day Spa

117 Barrington Commons  
Barrington 381-8727

## Focus on Flowers

Dorene Goeman



"Tulip Bouquet" Oil 24" x 20"

## DUNTON GALLERY

18 So. Evergreen Ave., Arlington Heights, IL  
Phone (847) 818-0694 • Fax (847) 818-0695  
[www.duntongallery.com](http://www.duntongallery.com)

# TRANQUILITY

THE SALON/DAY SPA



You Do  
So Much for  
Everyone,  
So...



...Come Get  
a Heavenly  
New Do at  
Tranquility!

The *Chicago Tribune* has once again named us as a top Salon & Day Spa. We are also a Goldwell Preferred Salon. Come visit us and see why.



123 W. MAIN ST.  
BARRINGTON

Call for Appointment  
**382-6001**

## That Spells M-O-T-H-E-R

*M... is for the mud we'll put on your face.*

*O... is for the oil to soothe the lines.*

*T... is for the tint to keep hair in pace.*

*(We want our mom to keep up with the times.)*

*H... is for hair stylists; we have the best.*

*E... is for our estician, a step above the rest.*

*R... the right gift to give is a gift certificate.*

Yes, we know the above does not rhyme. Not only that, we could not even tell you about our fabulous massage therapist who is here full time to pamper

you in a private suite; or about our pedicure chair that will massage your whole body while you have your feet relax in a warm, soothing whirlpool.

We did not mention that we also do facials and wraps and waxing and make-up. We could just go on and on. The point is, however, that we have whatever your mother would want for Mother's Day. You will not have to worry about size, color or price. We can fit any budget.

**Tranquility** is located on Main St. in downtown Barrington—call **382-6001**.

## BYDE Expands Dance Company, Names Three Scholarship Recipients



Dancers from throughout the Northwest suburbs recently auditioned for positions with the Barrington Youth Dance Ensemble. The BYDE Company now includes 31 young women, ages 11-18.

## BHS Fine Arts Will Host Chainsaw Artist in Residence Eric Widitz

Eric Widitz was born and raised in the Chicagoland area. His interests and livelihood range from landscape planning and design to custom furniture and cabinet construction. In the mid-1980's, he started carving wooden signs in high-relief and began working with rustic style furniture. While visiting the "West," Eric fell in love with the Idaho wilderness. He now has his home and studio nestled in the Selkirk Mountains near Couer D'Alene, Idaho. His unique furniture and life-size sculptures reflect his love of wild things. His work can be found in the homes of collectors throughout the United States and Europe.

Mr. Widitz will be in residence now

through the third week of May. In conjunction with Barrington High School's Springfest activities, Eric will be carving a full-size bronco sculpture on the school's front lawn. The community is invited to witness this sculpture develop and purchase other woodcarvings from Eric throughout his residency period.

This bronco commission and residency is co-sponsored by Barrington High School's Fine Arts and the Athletic Departments. The bronco sculpture will be placed in the lobby of the new athletic wing.

For more information, please contact Julie Salk at Barrington High School at 847-842-3214.

Mary Brennan, Artistic Director of the Barrington Youth Dance Ensemble (BYDE), has announced the results of auditions for positions in the BYDE company. Based on their ability to meet exceptional criteria, three dancers who auditioned will also receive BYDE tuition scholarships.

Dancers with Full BYDE Company status are: Kelley Curran, Meredith Sislow and Ashley Watson, Barrington; Tricia Parris, Inverness; Rosey LaVine, Round Lake; Rachel Malovance, North Barrington; Lisa Huxhold, Palatine; Katelyn Tomek, Fox River Grove; Niccole Pattee, Palatine; and Jessica Liao, Inverness.

Named as BYDE Apprentices are: Barbara Mitten, Emily Newman, Megan Doherty, Whitney Schwartz, Stephanie Schwartz, and Christie Schmidt, Barrington; Kara Olaes, Inverness; Anne Recher, Palatine; Katelyn Lentz, Kildeer; Jennifer LaMantia and Kate Schoell, Arlington Heights.

New BYDE Trainees are: Maggie Mitten, Stephanie Baer, Kelsey Allison, Katlyn McMorris, Meg Hicks, and Alicia Gamze, Barrington; Katy Hoover, Inverness; Alyssa Bluhm and Shannon Bullen, Palatine; and Abigail Watson, Deer Park.

In recognition of their outstanding auditions, three BYDE dancers have been awarded scholarships for the 1999 season: Lisa Huxhold, a sophomore at Fremd High School; Rachel Malovance, a junior at Barrington High School; and Ashley Watson, an 8th grade student at Lake Zurich Middle School South. All three dancers are academic honor students at their respective schools.

The Barrington Youth Dance Ensemble is a not-for-profit organization that was formed in 1989. BYDE dancers take part in a rigorous dance training program, perform for the public in annual productions, including the BYDE production of *The Nutcracker* and also participate in BYDE community outreach programs.

## Volunteers for Shelter-A-Child Tag Days

Shelter, Inc. is seeking volunteers to serve as "taggers" at their 9th Annual Shelter-A-Child Tag Days from May 14 through 16 at local stores from 9 AM to 6 PM throughout the northwest suburbs.

Volunteers, clad in bright red aprons, will solicit contributions in three-hour shifts in front of stores such as Wal-Mart, Dominicks and Jewel-Osco. A donation of 10,000 chocolate chip cookies from Matt's Cookies will allow donors to receive a sweet treat in thanks for their donation. Shelter-A-Child Tag Days is sponsored in part this year by Harris Bank Palatine.

Shelter encourages families to tag together at these locations. Not only will it

promote family unity, this will also help children to learn how to give to other children who are less fortunate.

Proceeds from Shelter-A-Child Tag Days will benefit Shelter, Inc., the only community-based nonprofit child welfare agency providing emergency care and housing for children and adolescents, birth through age 17. Shelter provides this care through three foster care homes, three group homes and offers services to help prevent the abuse of children through the Healthy Families Program. These services are provided throughout the northwest suburbs.

To volunteer, or for more information, call Shelter, Inc. at 847-590-6188.

## Prime Time Discussion Group on Current Events

The Barrington Area Council on Aging, Inc. (BACOA) is sponsoring a new Senior Discussion Group which is led by Lori Imroth-Braun, LCPC.

Our third meeting will be held on Thursday, May 6, 1999 at 10 AM at the Barrington Area Library, 505 North North-

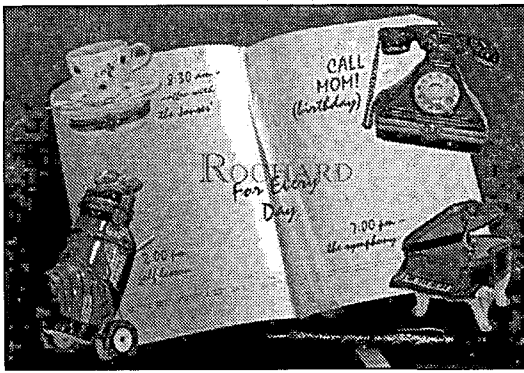
west Highway. The discussion will center on events in the news. Bring clippings of current news items that are of interest to you.

Call Carol at 381-5030. Reservations are not required but greatly appreciated. All seniors are invited to attend.



## Limoges and Halcyon Days Box Giveaway During Mother's Day Sale

Just in time for Mother's Day! **The Canterbury Shoppe** is having a grand Limoges and Halcyon Days Box Sale on Thursday through Saturday, May 6 through 8. Select from over 100 pieces of the world's finest porcelain and English enamel miniature boxes and save \$20 on each piece! In addition, stop in during the sale and register to win a free Limoges or Halcyon Days Box (\$150.00 value, your choice) in our drawing (no purchase necessary).



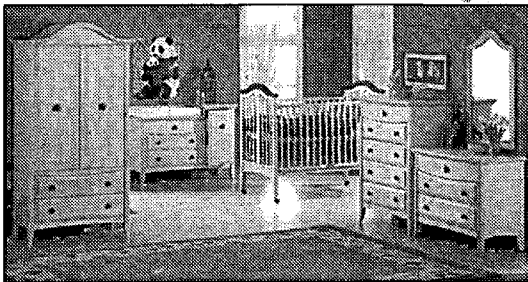
Give Mom a gift she will cherish forever. Shop early for the best selection!

**The Canterbury Shoppe** is located at 117 East Station Street in the heart of downtown Barrington (across from

Starbucks). Store hours are Monday through Friday from 10 AM to 5 PM, Saturday from 10 AM to 4 PM and closed Sunday.

## From Dressy to Playtime, Children's Clothing for Every Occasion

Whether it's for playtime or something for a special occasion, **Little Munchkins** has all the clothing you need for your youngster and all the brands you love! Accessories such as hair bows, bonnets, caps and hats to coordinate are arriving as well. Available sizes are preemie to four toddler.



Be sure to clip the coupon in the **Little Munchkins** ad and save \$4 OFF any purchase of \$20 or more! Some restrictions apply. **Little Munchkins** also carries the exquisite upscale Ragazzi furniture. Levin beds, bunk beds, dressers, cribs and bedding, along with the latest in cradles and strollers, are available as well.

See why shopping at **Little Munchkins** is a Grandmother's Dream!

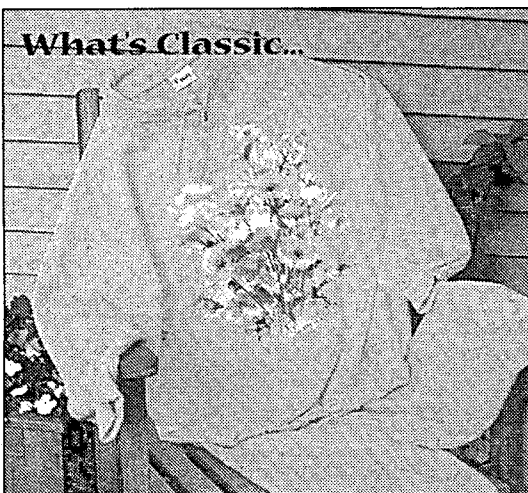
**Little Munchkins** is conveniently located at 200 N. Hough Street in downtown Barrington.

## Spring in Bloom at Lucy & Ethel's

Spring has sprung in historic Long Grove at **Lucy & Ethel's** with the blossoming of California poppies, wildflowers and daffodils on ultra-soft cotton fleece separates by Soft As A Grape.

This moderately priced active-wear is garment died in bright spring colors of Sunshower, Fruit Cocktail and Seaspray.

Come and take a walk down **Lucy & Ethel's** garden path of other new spring arrivals and "pick" just the right bloom for your spring wardrobe.



## Annual Elite Feet Party

The Leukemia Research Foundation will kickoff the 5th Annual Jim Gibbons Memorial 5K Run and Walk with its Annual Elite Feet Party at Circus Nightclub, 901 West Weed Street in Chicago on Thursday, May 27, 1999 from 6 to 10 PM. The cost is \$15 per person which includes a buffet and two drinks as well as registration for the race. A silent auction will also be part of the evening's festivities.

Proceeds from the event will be used to fund worldwide research, life-saving bone marrow drives, patient financial aid and

emotional and educational support.

The annual event, which will take place along Chicago's lakefront on Thursday evening, June 17, 1999, is held in memory of Jim Gibbons, an investigative reporter at WLS-TV, Channel 7 who died of leukemia in 1994.

All who are interested are cordially invited to join us both in kicking off the Jim Gibbons Memorial 5K Run and Walk and getting an early start for the Memorial Day Weekend. For further information, call 847-424-0600.

## Mother's Day Limoges & Halcyon Days Box Sale

May 6th, 7th & 8th



Just in time for Mother's Day, save \$20.00 on each piece of Limoges and Halcyon Days box in stock! Give mom a gift she will cherish forever. Shop early for best selection!

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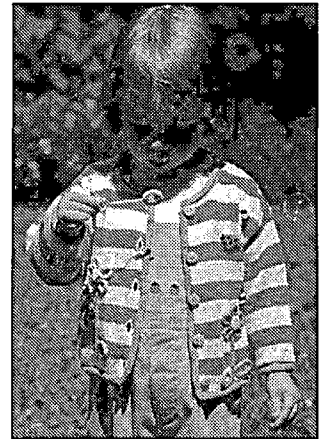
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## Caregiver Program

The Barrington Area Council on Aging, Inc. (BACOA) invites you to attend the following Caregiver program held at the Barrington Library, 505 North Northwest Highway. The program will be on Tuesday, May 25 from 7:00 to 8:30 PM.

Later Life Planning—Jim Franson, an

experienced insurance advisor and investment consultant, will provide detailed information and good advice on making sure you are financially secure in your late years. There will be no selling of any kind.

For more information or to register for a program, call BACOA at 847-381-5030.

## Spring Band Concert

The Concert and Symphonic Bands at Barrington High School will present "Spring Finale" on Thursday, May 13 in the Richard C. Johnson Auditorium at Barrington High School. The concert will include music from *Phantom of the Opera*, original music from the *Star Wars* movie soundtracks, a symphonic movement

from J.R.R. Tolkien's *The Hobbit*, and combined marches from both groups. A tribute to the senior band members will also be presented at this concert. Tickets may be purchased at the concert. Prices are \$3 for adults, \$2 for 18 and under and senior citizens are admitted free. The BHS bands are conducted by Mr. Randy Karon.

Barrington LIFESTYLES May 1999 23

# Area Socialites Attend Palm Beach Ball

The Magical Unicorn Ball was held March 12, 1999 at the Four Seasons Resort, Palm Beach.

"We have raised \$400,000 at our Magical Unicorn Ball" exclaimed Valeria Rosenbloom and Juliette Ezagui, the two co-chairs of the ball during the post-ball meeting on March 15. This was an accomplishment beyond all expectations. "After all," said Juliette, "our first committee meeting was December 28, 1998." Valeria Rosenbloom added, "we have such wonderful friends who became the ball committee and all the members worked extremely hard to raise money but also to create a fabulous ball!"



Among the area party-goers were Duane and Lisa Gengler and Mamie and Julius Walton. Mamie has accepted the chairmanship of a Chicago ball to be hosted later this year.



Dr. Mark Rosenbloom and Louise Rosenbloom took an active role in the gala. Dr. Rosenbloom is the founder and president of The Unicorn Children's Foundation.

The gowns at the ball were dazzling including Ivana Trump's gown created by the famous couturier Hylan Booker. Ivana's gown was part of the live auction and Ivana bid on the gown and bought it.

There was a silent auction and most of the wonderful prizes were scooped up by the ball attendees. When the doors were flung open to the ballroom and the guests entered the magnificently decorated room, there were gasps and exclamation of appreciation of the truly beautiful decor. Mio, the world-famous magician, greeted the guests and was immediately appropriated by Ivana to do magic at her table. But once Jerry Marshall's orchestra began playing, his magical band attracted everyone to the dance floor.

Dr. Mark Rosenbloom, the founder and president of The Unicorn Children's Foundation, spoke a few minutes about children with learning disabilities. Dr. Mark pointed out that in the last 20 years attention deficit disorder, dyslexia and autism have increased 10% and that the foundation is dedicated to all children with learning disabilities.



The gowns were dazzling including Ivana Trump's red gown designed by Hylan Booker. Ivana's gown was part of the live auction.



Toasting to the event's success were Chicago socialites Mamie Walton, "Cookie" Cohen and Susan Gohl, who spend winters in the Palm Beach area.



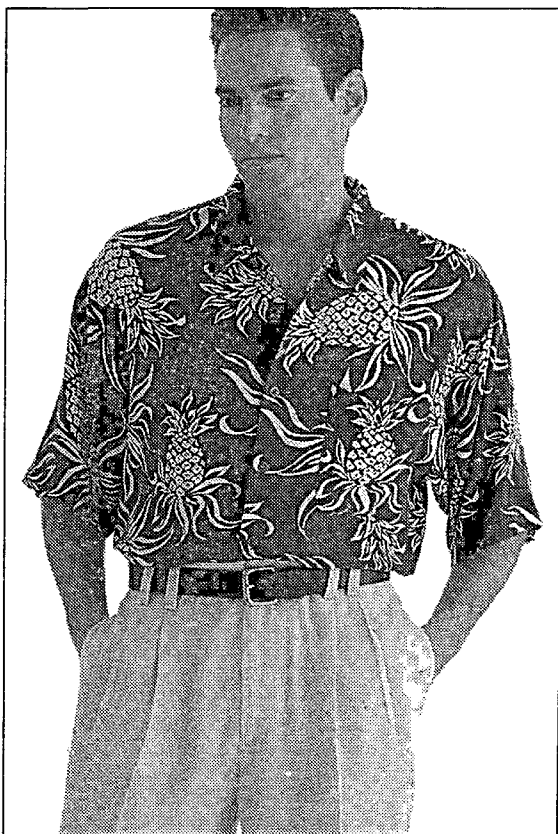
Valeria and Mike Rosenbloom chat with Ivana Trump. Valeria was a co-chair of the ball, which raised \$400,000.

Then the live auction began and Bob Soper from Channel 4 CBS invited everyone to bid on an assortment of fabulous prizes such as cruises; trips to Ireland and Barbados; a 40-carat Biron emerald surrounded by pearls; and, of course, Ivana's gown.

There were quite a few socialites from Chicago such as Mamie Walton, Lisa Gengler, Susan Gohl and Cookie Cohen who spend winters in Palm Beach. As a matter of fact, Mamie Walton accepted the chairmanship of a Chicago ball, which will be in October or November of this year.

"We'll take a few weeks off," said Valeria Rosenbloom, "and then start planning next year's event." ❧





**T**ommy Bahama, purveyor of island lifestyles. Available at **Chuck Hines**... fine apparel and accessories for men, women and boys. Located on Main Street in downtown Barrington.

## Dance for Life Benefit



**BYDE performs *Gaieté Parisienne*.**

On Sunday, May 16 at 7 PM, the Barrington Youth Dance Ensemble will again be a part of "Youth in Action... A Call to the Cause" Dance Concert benefiting the "Dance for Life" Fund and "The Children's Place Association."

BYDE dancers will perform a rousing cancan from the ballet *Gaieté Parisienne*.

The concert, presented by Wheeling High School's Orchestras, will be held at Wheeling High School located at 900 S. Elmhurst Rd. and will be emceed by renowned Chicago choreographers Randy Duncan and Keith Elliott. Scheduled to appear along with The Barrington Youth Dance Ensemble are: Ballet Chicago's Youth Company; Trinity Academy of Irish

Dance; Wheeling H.S. Orchestras and Youth Dance Company; Dance Center of Evanston; and many more exciting youth dance groups.

All proceeds from "Youth in Action... A Call to the Cause" Dance Concert will be donated to the "Dance for Life" Fund which provides living assistance to HIV positive individuals working in the dance field in the Chicago area and "The Children's Place Association" which provides assistance to youngsters afflicted with or affected by AIDS.

Reserved seat tickets are \$6 for students and Seniors or \$8 for adults. For additional information, contact Diane Rawlinson at 847-718-7121.



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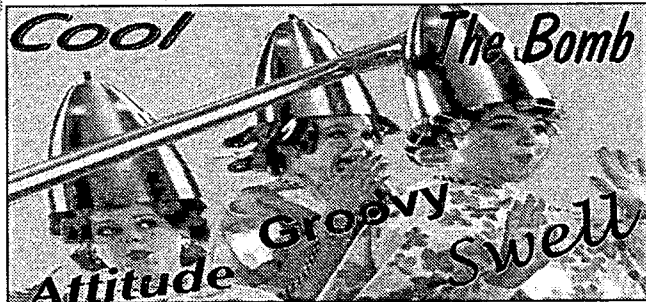
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Prom and wedding specials are our specialty. For the prom we offer our high fashion styling, manicure, and make-up application for \$60. These services are regularly \$80. For the bride we have a special including trial styling and make-up before the wedding. And for that special day—your styling, manicure, pedicure, mini-facial, 10 minutes of massage therapy, and make-up application for \$158. This is normally a value of \$210, but as the bride you receive a savings of \$52.

This month we have an offer of a mini-facial for \$25. Take advantage of this offer and pamper yourself. We also have a great offer on our body wraps that remove inches and speed up your metabolism. During May this service is 20% off. Now that it is warmer we are showing more of

ourselves and **Claude Thomas** has a special of 10% off on all body waxing.

If you're not sure of what to do, come in for a virtual make-over. This consultation is just \$20 and \$3 for each print out.

Come in for a hair color change and receive a 20% discount.

Now is the time to start thinking about open-toed shoes and sandals. **Claude Thomas** has a special on a manicure and pedicure package. This is regularly a \$45 value but, in the month of May, it is \$38.

Want long nails but not the upkeep? **Claude Thomas** has weekend nails that last for just a week or more without damaging your natural nails. The cost for weekend nails is \$40.

**Claude Thomas's** doesn't follow fashion... we create it!

## Plastic Surgery and What to Expect

by Gary S. Churchill, MD

### What is a Surgical Suite?

This is an office based facility that is devoted to performing surgery and recovering the patient. All facial cosmetic procedures as well as other elective surgeries can be performed here. The operating room was designed for the patient's comfort with a third floor view, soothing music and a relaxed atmosphere. There are two rooms with plush reclining chairs where patients recover following surgery. At your consultation, we would be happy to show you our surgical suite. This may alleviate some anxiety on the day of surgery.

### Why Would Someone Consider Having Surgery in an Office?

The popularity of outpatient surgical centers has grown considerably during the past five years. The cost of hospitalization has become prohibitively expensive, especially for elective surgery not covered by insurance. For the patient undergoing cosmetic surgery, privacy is an important factor. The office provides a familiar environment and confidentiality.



Gary Churchill, MD



Iliana Sweis, MD

Office surgery has been performed for many years now and has an excellent safety record. Not only does the outpatient surgical facility have all the necessary emergency equipment, but is equipped to perform all types of anesthesia.

### What Types of Anesthesia are Used?

There are three basic types of anesthesia: Local Anesthesia, Twilight Anesthesia and General Anesthesia.

Local Anesthesia is the injection of a solution blocking the nerves to a specific area. This results in a numbing of the area, allowing procedures to be performed without

(Please continue on page 58)



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## Walk for Life

Lace up your Tennis Shoes, pack up your tent and join the crowd for the 1999 Barrington Relay for Life to support the American Cancer Society. Last year, Barrington was recognized for having the most successful first year relay in the history of the event. Raising over \$297,000, it was truly an inspiring experience to be a part of last year's relay.

This year, **Hayward and Skopek Orthodontics** is proud to be a gold corporate sponsor of the Barrington Relay for Life. Our office is optimistic that we can help reach this year's goal of \$400,000. The Barrington Relay for Life is an 18-hour walking/running event which is held on the track at Barrington High School. The event begins on June 5 at 4 PM and ends on June the 6 at 10 AM.

This overnight "Celebration of Life" provides food, music and most importantly, fellowship. The idea is to have fun while raising money to support research and provide services to cancer patients and their families.

Each relay team is composed of 8 to 15 members who seek sponsorship from friends, relatives or co-workers. Each



**Dr. Michael Hayward**



**Dr. Robert Skopek**

team will then have members continuously walking/running for the entire 18 hours of the event.

We would like to encourage you to support the relay by pledging to help us in our fight against cancer. If you would like to make a monetary pledge to our team, or have any questions about the event, please speak with our receptionists or call us at our offices.

We can be reached in Barrington at **847-382-5588** or at our Palatine Office at **847-359-7980**.

Sincerely,  
Drs. Hayward, Skopek and Staff

## Keeping Kids Healthy

Gone are the days of kids riding bikes and climbing trees. Instead, their days are spent sitting at school, being driven home and then sitting in front of a computer, video game or television. Many school curricula have minimized the importance of physical activity with the elimination or reduction of PE classes.

Not only is this creating yet another unhealthy generation plagued with health problems, including heart disease, but has already created an astonishing number of obese children.

Unfortunately, diets have been seen as the only solution to child obesity. This has caused an increase in diet related illnesses, low self-esteem and an amazing number of adolescents that are on calorie restricted diets. By removing the essential nutrients the child's body needs to grow, they are being denied the ability to develop both physically and mentally.

There are many areas of focus for the development of fit and healthy children. These are cardiovascular activity, muscular strength, balance and flexibility. Although these are much the same issues as adults, youth exercise programs should be designed very differently due to physiological and anatomical differences.

Cardiovascular activity is important to stimulate the body, utilizing excess calories not used in daily activity and releasing tension, allowing children to concentrate. If your child participates in a sport that requires a continuous amount of exertion, proper cardiovascular conditioning is crucial. However, due to the smaller lung capacity in children, training for aerobic

endurance should differ from that of adults.

Muscles need to be strong to encourage a healthy metabolism and prevent injury by providing a support system for the joints. Muscular strength is also important in the participation of sports with both injury prevention and sports performance. By including strength training in an exercise program, we can eliminate muscular imbalances and decrease overuse problems through the creation of a base level of strength. We can improve performance through sports specific training.

While children are young, it is important to set the stage for a lifetime of good habits. Creating a fun exercise program that engages children and promotes continued participation in physical activities throughout life is key.

After working with both child athletes and overweight children for years, we have designed a program that includes all the elements of training in a creative format that all children can enjoy.

Our **FIT** (Fun Injury-free Training) **4 Kids** program is designed for kids grades K through 5 (K through 2nd grade and 3rd through 5th grade groups) in sessions June through August. Among our highly qualified staff (all with a minimum of 5 years experience) for this program are fitness professionals who have backgrounds in pediatric nursing and grade school teaching.

Call **Body Constructors, Inc.** to register or for more information about any of our services at **847-277-0707** or e-mail us at [bodyconstructors@prodigy.com](mailto:bodyconstructors@prodigy.com).

## Four Seasons Garden Club

On May 4, 1999, the Four Seasons Garden Club will meet at the Barrington Area Library, 2nd floor. The topic will be "Contain this—Container Gardening." Dave Stickel from the Chicago Botanic Garden will be guest speaker. Slides will accompany the lecture.

For more information, call Marilyn Dempsey at 304-9328.

On June 1, the club will enjoy a "Members' Brunch" and "Perennial Exchange" at a member's home. Everyone should bring a dish to pass and your extra perennials to share with other members.

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*"I am going to take control!"*

*"I must improve my health!"*

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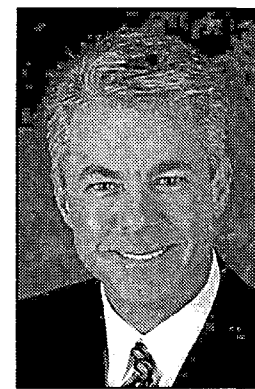
## Same Faces...New Name— Dermatology Physicians & Surgeons, Ltd.

After 20 years of growth and transformation, Dermatology Associates of Crystal Lake/Barrington, SC is now **Dermatology Physicians & Surgeons, Ltd.**

Our group now consists of medical doctors David P. Van Dam, J.D. Fallon, Anthony M. Janiga, Martin B. Miller and Jeffrey J. Berti—all highly-trained dermatologists with diverse medical and surgical skills. In addition to their years of clinical experience, each of our physicians has a minimum of 13 years of undergraduate college, medical school and post-graduate training at some of the most prestigious medical centers in the world. The University of Chicago, Harvard University, The Mayo Clinic, Northwestern University, University of Michigan, University of Notre Dame, Indiana University, University of Illinois and University of Wisconsin are among the institutions attended by our medical staff.

Beyond the professional training required for certification by the American Board of Dermatology, our doctors are also distinguished by their extensive supplemental education in other areas including laser surgery, leg vein surgery and sclerotherapy, skin pathology, Mohs surgery, pharmacology, immunodermatology, cosmetic eyelid surgery and the tumescent technique of liposuction surgery.

It is our objective to provide the broadest range of dermatological services and products to the communities we serve. In addition to the more common skin disorders like acne, warts, eczema, psoriasis and skin cancer, our dermatologists also evaluate and manage many of the more



David P. Van Dam, MD

uncommon, and sometimes more serious, skin ailments. If you have a growth or spot on your skin that requires surgery, the doctors at **Dermatology Physicians & Surgeons, Ltd.** have the training, experience and office-based facilities to care for you compassionately and efficiently.

In addition to general dermatology, our doctors offer numerous cosmetic services including laser skin resurfacing for aging skin and scars, laser treatment for facial blood vessels, warts, leg veins, as well as the EpiLight™ Hair Removal System. Body contouring using only local anesthetic is also available from Dr. Van Dam who performs this procedure on the abdomen, back, thighs, knees, buttocks, neck and arms. And, as always, consultations on body contouring with tumescent liposuction are *free*.

For leading edge skin care from the hands of experience, call **Dermatology Physicians & Surgeons, Ltd.** at **815-455-4434** or **847-382-5111**.

## Reiki... A Powerful Healing Force

**Reiki**, which goes back 2,500 years presumably to Tibetan roots, means "spiritually guided universal life force energy." Spoken of in the ancient sacred writings of the Buddhist Sutras, it was rediscovered and brought back to us by Dr. Mikao Usui, a Japanese Christian Minister, in the late 1800's. It was brought to this country just after World War II by Mrs. Hawayo Takata.

In a 1975 article, she said, "Here is the great space which surrounds us—the Universe. There is endless and enormous energy. It is universal. Its ultimate source is the Creator... It is a limitless force. It is the source of energy that makes the plants grow, the birds fly. When a human being has pain, problems, he or she can draw from it. It is an ethereal source, a wave length of great power which can revitalize and restore harmony... It is God, the power he makes available to his children who seek it."

Twenty years ago, I was in a head-on collision which left me with constant neck and back pain. I thank God for three loving, talented chiropractors who kept me functional. However, the pain was still a close companion and it was necessary to make one to two visits to the chiropractors every week for 18 years to remain functional. **Reiki** changed all of that!

After just two months of beginning **Reiki**, I no longer needed chiropractic care. After four months, the constant pain was becoming a dim memory. After six months, my spine was normal. This was a very heady feeling and I continually injured myself for the next six months by attempting foolish things like lifting heavy furniture. However, once this was balanced, my spine quickly returned to normal and has remained that way since 1995.

Already certified in the healing arts of Rubenfeld Synergy and Hypnotherapy, this profound physical healing led me into becoming a Certified Reiki Master Teacher of the Usui Shiki Ryoho School. And now the process begins.

I invite you to join me in a path of discovery to a life rich in health, harmony and balance. Allow my experience in Rubenfeld Synergy, **Reiki** and Hypnotherapy to enhance and support your journey. I do private session work and also teach all four levels of **Reiki** as well as an Intensive Certification Program in Hypnotherapy. For an appointment or more detailed information, please call **Pamela Arwine** at **815-455-4502**. Take wing and soar in the direction of your deepest desires for emotional, physical, mental and spiritual mastery.

## Reiki

### EXPERIENCE THE HEALING FORCE

Profoundly healing, Reiki gently and effectively opens blocked meridians, nadis and chakras clearing the energy bodies and leaving one feeling relaxed and at peace. It feels like a wonderful glow of radiance permeating your body/mind.

### REIKI LEVEL I TRAININGS NOW FORMING

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## WBDC Introduction to Services

A wine and cheese introduction to the services of the Women's Business Development Center (WBDC) will be held on Thursday, May 6 from 5 to 7 PM at the WBDC, 8 S. Michigan Ave., Suite-400 in Chicago.

Among services offered by the WBDC are entrepreneurial training workshops, individualized consulting, financial counseling and assistance, business and strategic plan development and WBE certification and procurement opportunities.

"The wine and cheese introduction will offer the chance to learn about the programs of the WBDC as well as provide networking opportunities," said Hedy

Ratner, WBDC co-president.

The event is sponsored by New York Life Insurance, the U.S. Small Business Administration, Illinois Department of Commerce and Community Affairs and the City of Chicago Department of Planning and Development.

There is no cost to attend the event, but reservations are requested. Call the WBDC at 312-853-3477 and press 0 for the receptionist.

The WBDC is a nationally recognized nonprofit women's business organization devoted to providing services and programs in support of women's business ownership.



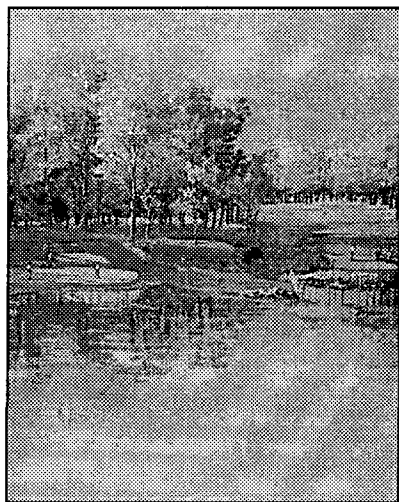
## Tom Lynch at Gallery Northwest

Please join us at **Gallery Northwest** for a celebration of spring with Tom Lynch. Tom will be at the gallery on Saturday, May 22 from Noon to 4 PM. Tom will be doing a free pencil *remarque* with the purchase of a framed piece.

In June, we will be featuring the outstanding Greco-Roman art of Tomasz Rut.

Also featured in the gallery is Shana, who does original abstracts on paper and canvas.

If you are looking for a unique twist on art and framing, come to **Gallery Northwest**. We are located at 234 N. Northwest Hwy. in Palatine, two blocks north of Palatine Road. Call 847-991-0014 for more information.



*A Grand Vista, Medinah C.C.*  
by Tom Lynch

## Good Shepherd Hospital Receives State Approval to Build New "Medical Model" Health and Fitness Center

Good Shepherd Hospital in Barrington has received final approval from the State of Illinois Health Facilities Planning Board to construct an innovative, freestanding "medical model" health and fitness center that will provide prevention, wellness and rehabilitation services for residents of Barrington and surrounding communities. The facility will be located on 4.75 acres at the intersection of Barrington Road and Cornell Avenue in Barrington.



**Good Shepherd Health & Fitness Center**

The 68,000 square foot, \$17 million dollar facility will feature medical programming that complements the hospital's clinical pathways including women's health, children's services, cardiac rehabilitation, physical therapy, behavioral health, oncology, senior health, complimentary medicine, a spine clinic, fitness programs to reduce illness and prevent disease, fitness programs for the physically and mentally challenged, a health resources library and community health education.

The center's foundation is based on a unique "medical model" philosophy as opposed to a "fitness club" philosophy, providing members and patients alike with a range of health care services designed not only to address an individual's physical (fitness) needs, but to help foster healthy lifestyle changes and, when necessary, the appropriate use of medical care. The center will be staffed by highly trained professionals such as exercise physiologists and licensed physical therapists. These professionals can, on an as-needed basis, work directly with physicians and offer a medical monitoring component.

The center will offer a continuum of health services offered by the hospital and will be overseen by a multi-disciplinary Medical Advisory Board chaired by the Center's Medical Director.

The new facility will also feature a Spine Center. Building on its strengths in surgery and physical medicine, the Spine

Center will be the only program of its type in the Northwest Suburbs. It will offer comprehensive, integrated care for those suffering from chronic and acute spine conditions related to degenerative spine disease, herniated discs, compressed spinal cords and other conditions.

With the goal of returning patients quickly to a productive, active and healthy lifestyle, the Spine Center will offer a multi-disciplinary approach to care. Patient care teams may include primary care physicians, orthopedic surgeons, neurosurgeons, anesthesiologists, psychologists, dedicated nurses and physical therapists. To help patients and their families navigate the health care process with ease and to ensure that care is delivered efficiently, the team will also include a designated care manager.

The genesis of this project was a result of Good Shepherd's Governing Council directed—Healthy Communities Task Force, that performed a health needs assessment of the hospital's service areas and is supported by patient survey information, physician interviews, market studies and a financial feasibility analysis.

The project has garnered outstanding community support including the Villages of Barrington, South Barrington and Wauconda; the Barrington Park District; the Buehler YMCA; numerous local officials; community groups; esteemed civic leaders; and local businesses. The Health and Fitness Center is anticipated to open its doors to the public within 18-20 months.

## McHenry Country Quilters Meet

McHenry Country Quilters will meet on May 6 at Shepherd of the Hills Lutheran Church at 404 North Green Street in

McHenry. Social time starts at 6:30 PM. Visitors are welcome. For information, call 815-459-5545.

**TOM LYNCH**  
May 22



Amen Corner



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Health  Advocate

### Health & Wellness Programs—May

#### Anxiety Screening

**Wednesday, May 5, 10:00 a.m. - Noon and 5 - 7 p.m., FREE**

The Advocate Center for Stress Medicine at Good Shepherd Hospital will hold a free program on National Anxiety Screening Day to help individuals learn about anxiety disorders. Mental health professionals will conduct the screenings and educational materials and referral sources will be provided.

#### "Senior Health and Fitness Fair"

**Friday, May 7, 8 a.m. - Noon**

The Senior Fair is open to individuals ages 55 and older and includes screenings for cholesterol and diabetes (\$15 fee and must fast for 12 hours prior to the test), blood pressure, foot problems and hearing loss. Guest speakers and free information of interest to seniors will also be provided.

#### "Kid's Care and Safety Fair"

**Campus of Good Shepherd Hospital, Saturday, May 15, 10 a.m. - 3 p.m., FREE**

Join McGruff the Crime Dog, the DARE Bear and the ever popular Crash Test Dummies for a full day of educational fun. Other services include fire and bicycle safety; infant care seat checks; child identification cards; child fingerprinting and videotaping; free vision, foot and scoliosis screenings; height and weight checks; information on child immunizations; poison prevention; drug awareness; and more! There will be food and entertainment throughout the day. Co-hosted by the Kiwanis Club of Barrington, Good Shepherd Hospital and the Barrington Park District.

#### Kid's Summer Safety Kit

**FREE**

Good Shepherd Hospital and our community health partners want to help prepare parents for summer with a FREE Kid's Summer Safety Kit. The kit has helpful tips on bike safety, sunburn prevention, home safety, first aid and more. Call for your free kit today!

#### Anger Management for Teens

**Thursdays, May 6 - June 10, 7 - 8:30 p.m.**

Participants will learn to control the intensity of their anger and learn how to resolve conflict with family members and peers through conflict management, alternative methods of expressing anger and relaxation therapy. Call for fees and registration.

**To register for any of Good Shepherd's Health & Wellness Programs, call Health Advisor at 1-800-323-8622.**

*Good Shepherd Hospital*  
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# Impressionist Painter Alan Wolton Returns to The Studio of Long Grove

Art lovers who have attended one of **The Studio's** previous shows for artist Alan Wolton have met not only an extraordinary artistic talent but an utterly charming man. Born in England and raised in South Africa, Wolton came to the U.S. 17 years ago to paint the magnificence of our mountains and coastal regions. Now in the Southwestern U.S.A., Alan has become well-established as an internationally-known impressionist painter.

An outdoorsman and an individualist from a young age, Wolton became discontented early on with formal artistic training. At age 20, a self-guided study of the style and techniques of Britain's 19th century landscape artists proved to be the path to developing the powerful, impressionistic style that has become characteristic of his work. Relocating to the U.S., Wolton felt he was "finally coming home"—the rugged scenery of the Southwest with its heat, dryness and brilliant light provided inspiring subject matter, and he has found the artistic freedom to concentrate on a pure expression of nature's beauty. Recently, Wolton has begun traveling around the

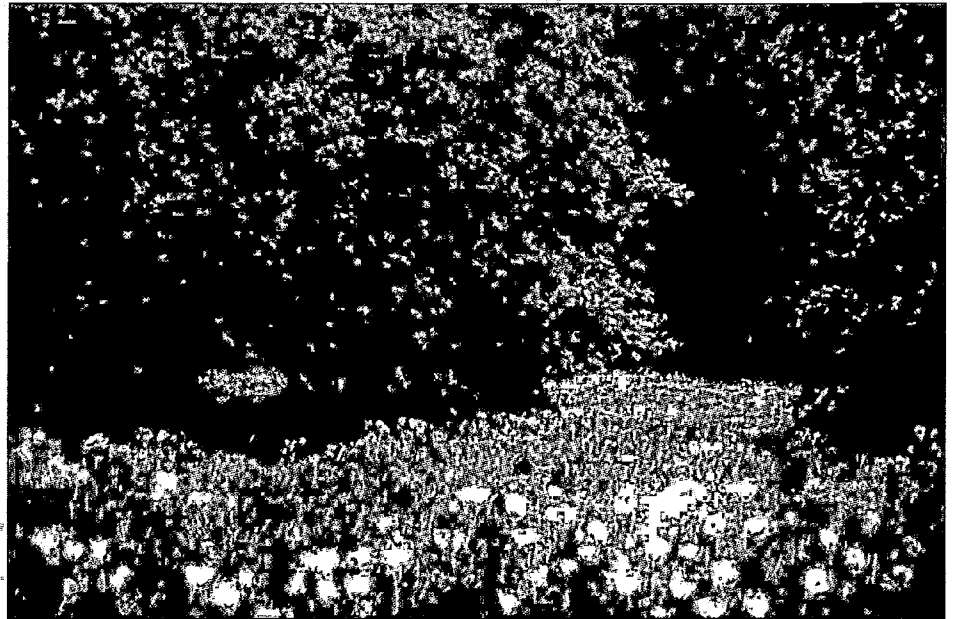
world in search of diverse subject matter. The collection presented at **The Studio** includes romantic scenes of Italy and Greece as well as his more traditional American landscapes.

The paintings, which are created indoors in Wolton's studio, evolve from the mood evoked while on-site, whether a moonlit Venetian canal, a sun-drenched Grecian village or sunlight sparkling in a mountain stream. The memories of the initial emotional response he finds in nature typically take time to develop in his mind. Only when he knows what the final appearance of the painting will be, does he begin to paint—often feverishly and to the point of exhaustion. "I'm remembering the mood," he says, "the power and the purpose, not the actual linear design." And although Wolton has become known for monumental-sized works, even his smaller paintings express this power.

Today Wolton ranks high among living Impressionist artists. Once again, **The Studio of Long Grove** is honored to welcome Alan Wolton on Saturday May 15 as he presents over 30 spectacular original paintings.

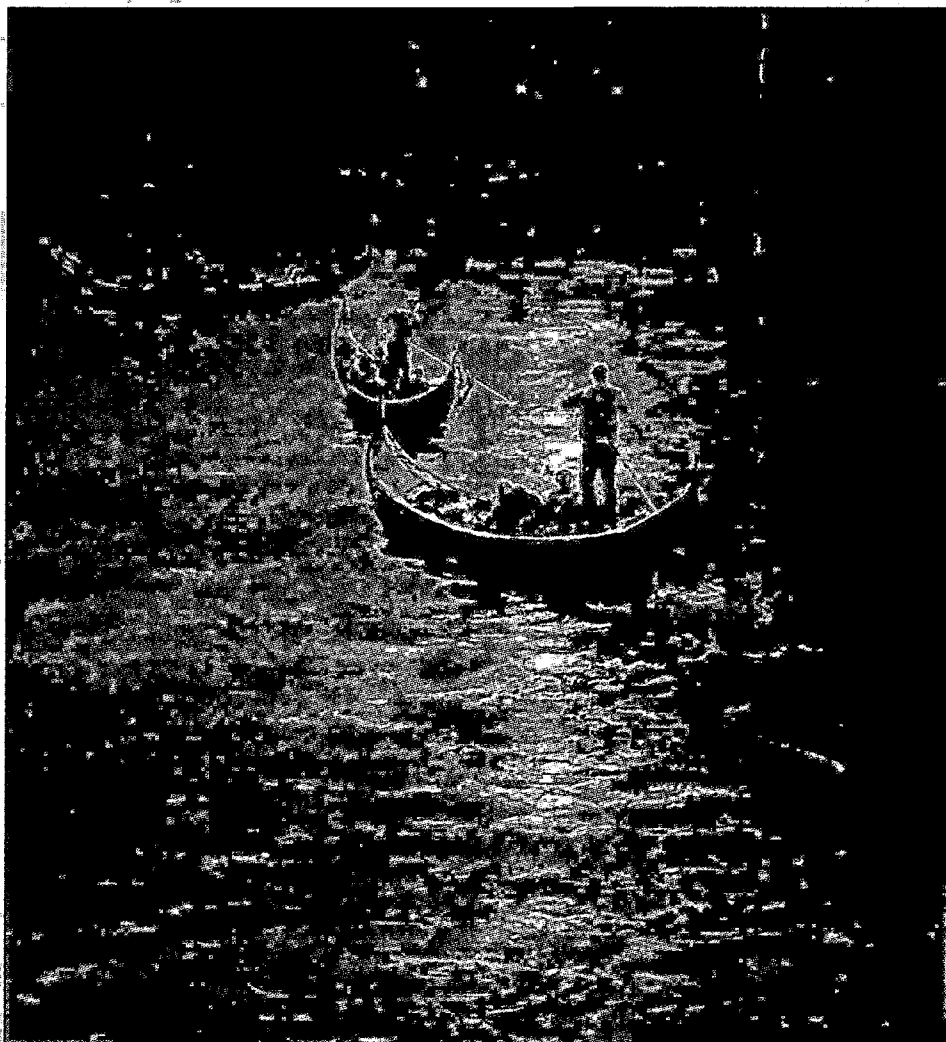


*THE AWARD-WINNING STUDIO OF LONG GROVE GALLERIES*



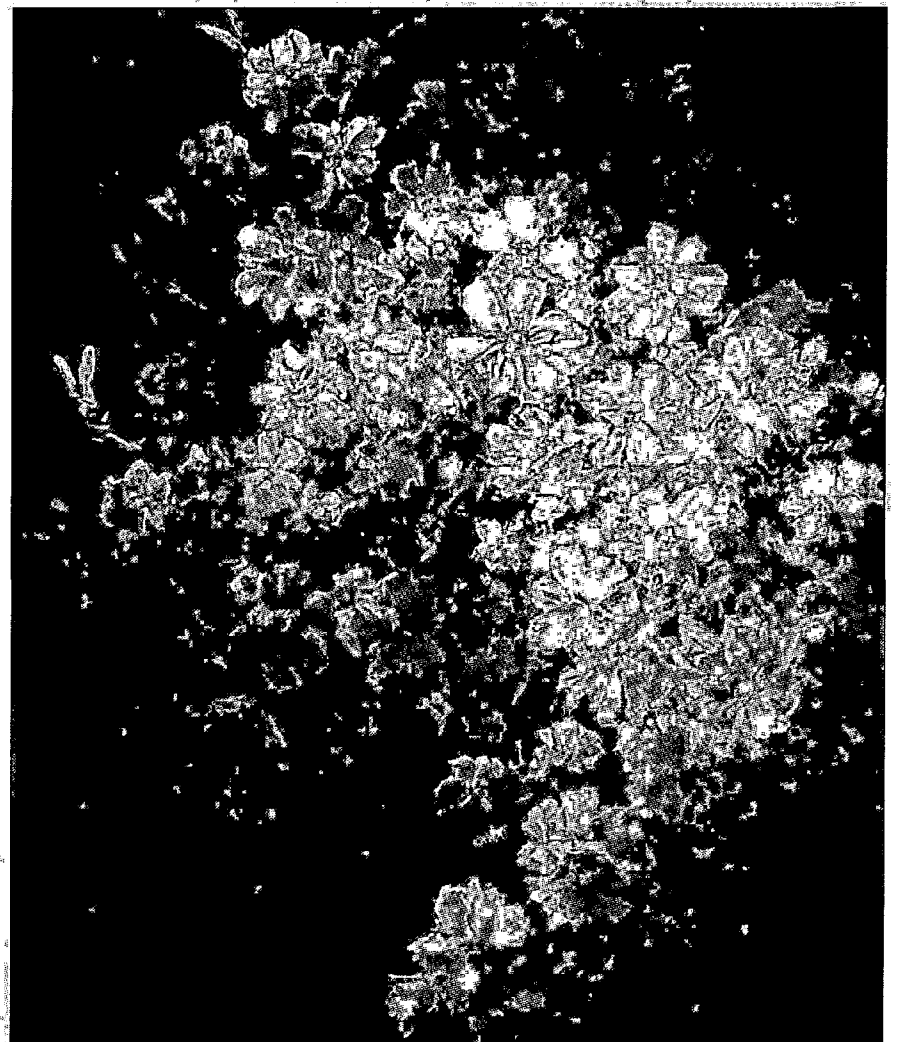
*POPPIES AND PEACE*

40" x 60"



*MOONLIT GONDOLAS*

40" x 36"



*SHAFT OF LIGHT*

48" x 60"

# ALAN WOLTON O.P.A.



*RIALTO BRIDGE*

60" x 72"



*WINTER BEUES*

28" x 30"



The study of light on his subjects led British artist Alan Wolton to develop highly individualistic techniques for capturing the emotional vibrance of nature—whether expressed in an intimate understanding of a floral subject or the fury of a crashing ocean wave. His works, which range in size from 20" x 28" to monumental pieces 72" x 60"

have been described as "nature's beauty painted honestly and powerfully."

**ARTIST'S RECEPTION  
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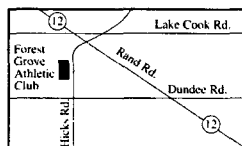
**Tennis in No Time®** Session I begins June 7.

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## Your Skin and Tanning

by Carole Childers, C.N., L.N.C., All Ways Healthy

What is Ultraviolet Radiation UV? UV rays are the sun's invisible "burning" rays. They cause sunburn and skin cancer. The higher the UV index level the greater sun's UV rays are and the faster you will burn.

How much UV exposure reaches you depends: (1) time of day—10 AM to 2 PM is maximum, a good rule is "if shadow is shorter than you are take extra precaution" (2) season/altitude—the air is cleaner and thinner high up, "the higher the altitude the greater UV exposure" (3) where you live or visit—the closer to the equator the stronger the rays (4) length of time spent in the sun—don't forget to include doing daily activities, walking the dog, waiting for the bus, sunroof exposure as sun exposure.

Facts: (1) Protecting skin during the first 18 years can reduce risk of some types of cancer by 78%. (2) Cataracts are also associated with UV exposure. (3) Snow reflects sun back about 85% of UV rays.

Use sunscreen of an SPF 15 or higher whenever you spend time outdoors. Apply ½ hour before going out or apply daily to face and arms as you would make up in the morning.

What is SPF? SPF means Sun Protection Factor and it is the incremental time period exposure before burning. Example: 10 min-

utes with nothing before burning. By using SPF 15, it provides 15 times more protection or 150 minutes before burning. UVA rays penetrate skin more deeply (thus A=Aging); UVB burn rays damage the epidermis increasing the risk of skin cancer. Don't forget to apply to ears, toes and around the eyes and wear sunglasses. Avoid tanning salons. Practice skin self-examination: Skin growth increases in size and appears pearly, translucent, tan, black, brown or multicolored.

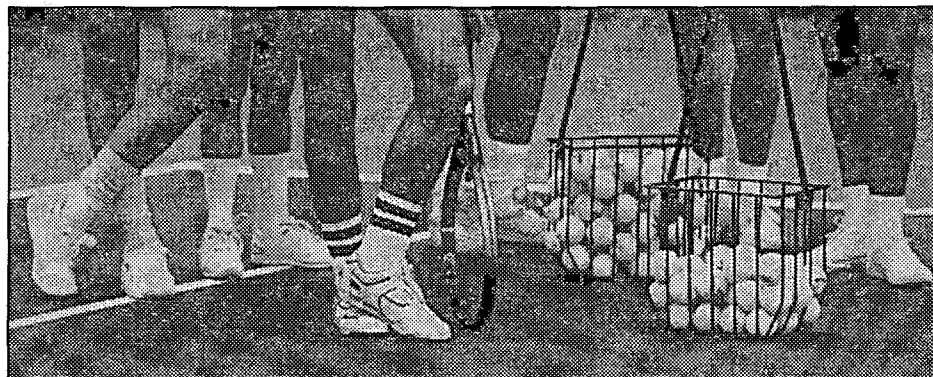
Mole changes in size, color or texture. Spot or growth continues to itch, hurt, crust, scab, erode or bleed. Open sore that lasts more than four weeks or heals and reopens.

Tips for Children: Don't use sunscreen on babies under 6 months. Keep in shade. Try fragrance-free—scents attract bugs. Use sunscreen while playing outdoors, don't forget ears, toes, nose and fingers. Make sure sitters know and follow your rules for sun protection. Some medications cause skin sun sensitivity. Avoid 10 AM to 3 PM exposure.

*Keep this as a guide for fun in the sun!*

Have a healthy and happy summer. Carole's column will be back in September. Meanwhile, if you have questions or concerns, call Carole at 438-9200.

## Forest Grove Athletic Club Offers Tennis Course for Beginners



**Tennis In No Time®**, (TNT®), a three-week program designed to teach the fundamentals of tennis to beginning adult and junior players, is now being offered at **Forest Grove Athletic Club**.

TNT® participants receive six, 1½ hour lessons which include instruction in all aspects of the game. Training films and follow-up discussions are also part of the program. All lessons are taught by certified tennis professionals.

Ajay Pant is the Head Tennis Professional at the **Forest Grove Athletic Club**. He is a National Tester and Clinician for the United States Professional Tennis Registry and is responsible for training and certifying tennis teachers across the U.S. Ajay is also certified at the P1 level by the United States Professional Tennis Association. Pant has worked with beginning to world ranked players at the Nick Bollettieri Tennis Academy in Bradenton, Florida and is the former Coordinator for the Arthur Ashe/Nick Bollettieri "Cities" Tennis Program(s).

"Tennis In No Time® is a remarkable vehicle to introduce our wonderful sport to beginners. The beauty of TNT® is the passion and fun the teaching professionals bring to every class. We take people who have never played tennis and have them playing out points in six lessons. The instruction is progressive and there is a lot of review of strokes and strategy. The drills are fast paced and we add a lot of fun games in each class. TNT® is the perfect way to learn biomechanically efficient tennis strokes in a fun environment. We look forward to seeing you on court!"

Session I begins Monday, June 7 and continues through June 28. An \$81 fee is required and participants have complimentary use of **Forest Grove Athletic Club's** fitness center, locker rooms and whirlpool throughout the session.

Developed by the Tennis Corporation of America in 1970, TNT® has taught more than 65,000 beginners the basics of tennis. For more information, call **The Forest Grove Athletic Club** at 847-991-4646.



## The Pain of Divorce

Research has demonstrated over the past couple of decades that divorce is among the three highest stressors in life, surpassed only by the death of a loved one and moving your place of residence. Unfortunately, for many involved in divorce, moving is part of the process. Therefore, it is not surprising that the issues raised by divorce, which include the two most significant stressors in life, create human emotional trauma extending into all phases and aspects of one's life... work, friends, family, finances and emotional baggage. Each of these has a deep affect on our vision for the future, goals, relationships, philosophies on life, spirituality and daily functioning.

Change is difficult even under the best of circumstances. So for most, the change of lifestyle, loss of partner, adjustment to living accommodations, explanations to children, friends, family, co-workers and financial uncertainty can produce anxiety, depression, impulsive decision making and poor choices in new relationships, to mention a few.

Divorce forces one to focus on many concerns and worries all at once. Many people become overwhelmed at the monumental task of disassembling a shared life and creating a new, singular one. Although the deterioration of the relationship had probably been occurring

for a long time, the shock of the reality can hit like a lightning bolt. Fear of the unknown is a primary factor for divorcing couples. A common cycle for both men and women is the emotional roller coaster caused by the ambivalence of hanging on to an unproductive relationship versus "letting go" with the distinct possibility looming overhead that perhaps there will not be another one, or that another one might be even worse.

As a marriage and family therapist, working with couples that are trying to better their relationships is a frequent task. I believe in the institution of marriage—when it is productive for both partners and it is the desire of both partners to work it out. Often, I am asked to work with couples who have decided to separate or divorce. I believe in this process as well. My view is that whatever the circumstance, there is a better way to look at it and a worse way to look at it. How we choose to think about our circumstances has a direct impact on the outcome. Some people mourn the loss, pick themselves up and move on. For others, the process is much more difficult to get through. Any way you slice it, divorce is a difficult, painful situation. Help is available. Sometimes a new perspective can make all the difference in the world. Call if you need help at 847-842-9365.

by Judy Kaplan, MS

## Are You Older Than Your Age?

Advanced age is not a static, irreversible biological condition. Research shows that people can reverse—or at the very least retard—many of the physical changes associated with aging. The goal of *The BioMarkers Program* has two purposes: first, to forever change the way you think about aging; second, to give you the means by which you can slow down some aspects of the biological aging process that's taking place every single day of your life.

*The BioMarkers Program* is designed to prolong vitality by retarding or even reversing the usual biological deterioration process that people past 45 often begin to experience—things such as weight gain, metabolism slowdown and declining strength—and to postpone disability by reducing the risk for such chronic conditions as heart disease, diabetes, hypertension and osteoporosis.

We begin by defining your individual

strengths and weaknesses through testing. We will use established biological markers of aging called "BioMarkers." From these BioMarkers, we can determine your biological age as opposed to your chronological age. Biological age measures the physical state of the body as opposed to the number of years you have lived. We will determine your biological age and then show you how to improve it—to reverse aging! Some BioMarkers that we will measure and that you can alter are: body fat percentage, strength, metabolic rate, muscle mass and aerobic capacity.

Remember your biological condition can be changed for the better no matter how many years you've lived or neglected your body in the past. This program will show you how to maintain vitality into old age.

Call today for the health experience that could truly change your life—**Dr. Douglas Sandburg, 382-0800.**

## Luncheon Book Club

The Barrington Area Branch of the American Association of University Women (AAUW) Luncheon Book Club will discuss *A Patchwork Planet* by Anne Tyler on Wednesday, May 12, 1999 at Taylor Street Steakhouse in Lake Zurich from noon to 2:30 PM.

AAUW is a national organization com-

mitted to educational equity for women and girls. The Barrington Area Branch sponsors monthly programs, hosts social activities and is active in the Barrington community. Membership is open to anyone with a baccalaureate or higher degree from an accredited college or university. For further information, call 847-381-5012.

## Restaurant Secret Books

The Barrington Area Council on Aging, Inc. (BACOA) is selling the 1999 Restaurant Secret Books for \$20 each. These books are bigger and better than last year's, but at the same price. Recipes from appetizers to entrees, all with color photos and easy to follow directions, from over 70 outstanding restaurants in the

Chicago area and nationwide are included. Local restaurants include a \$10 Test the Chef certificate so you can compare yourself to the pros.

To purchase a Restaurant Secret Book, please come by our office at 301 East Main Street in Barrington or give us a call at 847-381-5030.

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| <input checked="" type="checkbox"/> assessing the problem           | <input checked="" type="checkbox"/> collaborating on solutions        |
| <input checked="" type="checkbox"/> lending clarity to the problem  | <input checked="" type="checkbox"/> establishing goals                |
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| <input checked="" type="checkbox"/> offering support & objectivity  | <input checked="" type="checkbox"/> consulting with schools or others |

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## Summer Theatre Workshop

Young actors, learn the "ins and outs" of the exciting world of theatre. The Barrington Area Arts Council will sponsor its annual Summer Theatre Workshop for students in grades 3rd through 8th. The workshop will be conducted at the Barrington Middle School Station Campus from 10 AM to 3 PM on Monday, June 14 through Thursday, June 17 and from 3 to 8 PM on Friday, June 18. And there will be a possible additional rehearsal on Friday morning. The final performance of *The Wiz of the West* will be Friday evening at 7 PM for students, friends, families and

all other theatre enthusiasts.

This year, the workshop will be presented by Missoula Children's Theatre of Missoula, Montana who has refined and developed their theatre workshops since its conception in 1973. The children will participate in discussions, theatre games, acting skills, creative projects and learning scenes from the production of *The Wiz of the West*.

The cost is \$65 for BAAC members and \$75 for nonmembers. For reservations and additional information, call the BAAC Gallery at 847-382-5626.



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GENERAL AND RECONSTRUCTIVE DENTISTRY



## Toothbrushing—A Hazard to Your Health?

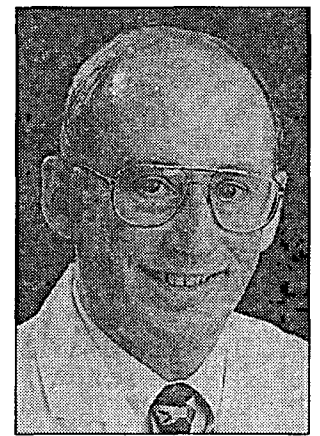
by Raymond Kotz, DDS

The headline article of the April 13, 1999 Business Section of the *Chicago Tribune* outlines a class action suit filed against two toothbrush manufacturers and The American Dental Association. The suit alleges that there are potential risks to teeth and gums with the use of a toothbrush and that their clients suffered damage that would have been avoidable if there were instructions in the toothbrush packaging and a warning on the brush.

Without expounding on what I consider ridiculous allegations, let's see how gum recession might be mistakenly blamed on tooth brushing trauma.

It used to be thought that toothbrush trauma was caused by incorrect tooth brushing. A newer discovery made possible with electron microscopy is that, in patients who grind their teeth, the teeth actually bend during the grinding action. This results in microscopic fracturing and loss of little "chunks" of tooth, starting at the base of the enamel. Frequently, there is sensitivity.

Yes, the toothbrush brushed off these loose bits of tooth structure, but these fragments were already loose. It is analo-



gous to a street cleaner cleaning a street. If the pavement is in good condition, no damage occurs. But if the surface is roughened from frost damage, the loose fragments are swept away—it wasn't the street sweeper's fault.

Perhaps, they should sweep away the lawsuit and the people who filed it.

For a complete evaluation, please call **Dr. Raymond P. Kotz** in Barrington at **847-381-4040**.

## Barrington Junior's Keeps Busy for Spring



**Hospitality Committee members spice up BJWC's general meetings by preparing creative refreshments for everyone to enjoy.**

BJWC has been busy within the Barrington area for over 62 years. This hard working team of women raised over \$62,000 last year, which they donated to numerous local, non-profit organizations.

The philanthropy committee has been keeping busy with choosing the BJWC High School Scholarship recipients for 1999. Co-chairs Penny Bartlett and Beth Redpath have already chosen Barrington High School Senior Bryan Fuller as the President Council (community service) scholarship winner.

On May 5, the Service to Seniors group of Barrington Junior's is hosting a "Spring Fling" with a safari theme. Co-chairs Mary Etherington and Emelie Ventling along with their committee have chosen a special menu for the day. This committee hosts numerous events throughout the year.

As summer comes upon us, Safety Town, which is located by JFK Healthworld, is starting soon for area children.

This child-size town teaches youngsters how to be safe through fun and educational methods. Co-chairs for this event are Nita Hunter and Mary DiGiulio.

Those area women interested in joining BJWC, please note that from September until May, the group meets at 7 PM the first Tuesday of each month. Besides the general meeting, the program committee puts in place unique programs, such as in April when plastic surgeons Dr. Churchill and Dr. Sweis come out to speak; or Nordstrom's swimsuit experts come by for the evening. Terri Colby-Moore and Nancy Linden chair this team.

And also not to forget the Hospitality Team which is at each meeting, putting together delicious food and drinks usually with a themed touch. Jan Fijal and Ann Pride chair this group.

If you are interested in joining this dynamic bunch of women, please call 847-622-3838 or come to our next meeting on May 4.

## Visual Artists to Learn Silver Point

Visual artists, here is your opportunity to share ideas and experiences about art and the creative process with other visual artists. Join the Barrington Area Arts Council (BAAC) on Tuesday, May 11 at 7 PM at the BAAC Gallery, 207 Park Avenue in Barrington for a silver point demonstration with Ruth Cournoyer of Barrington.

Silver Point is a very early method of drawing with sterling silver and other metals, such as gold and platinum. Ms. Cournoyer's interest in silver pointing has evolved into other forms of drawing, papermaking and creating books and

scrolls. See her work in BAAC's May Gallery Exhibit "Books and Boxes 22."

Ms. Cournoyer has been involved in the arts her whole life. She attended the Art Institute of Chicago and was one of the founders of Countryside Gallery in Arlington Heights that just recently closed after 40 years of service.

The Artist Forum is a group open to all artists. An artist may attend one gathering free of charge to determine if they would like to join the Forum. The membership fee is \$15 for BAAC members or \$35 for nonmembers.

## Student Artwork Sought for Ela Festival of Arts

The 4th Annual Student Art Exhibit will take place on September 11 at the Ela Festival of Arts. Last year, \$700 in award money was given out. The prize money was donated by District 95, several PTO's and the Hawthorn Woods Woman's Club. This exhibit will be open to Jr. High and

High School students and all media will be accepted. The artwork will be displayed at the Festival and judged by professional artists. Entry forms with complete details are now available at District 95 schools and Ela Library or call Sue at 438-5028.

## Harper Symphony Presents its Spring Concert

The Harper Symphony Orchestra, conducted by Frank Winkler, will present its annual Spring Concert on Saturday, May 15 at 7:30 PM in the Theater of the Business and Social Science Center, J143, 1200 W. Algonquin Road in Palatine.

*Symphony No. 2* by Sibelius and Gershwin's *Rhapsody in Blue* and *American in*

*Paris* are on the evening program. Janice Razaq will be the featured pianist.

Tickets are \$10 for general admission; senior and student tickets are \$5. Children under 13 are admitted free.

Please phone the Harper Box Office at 847-925-6100 for tickets and additional information.



## Cosmetic Laser Centers, L.L.C.— Celebrating 3rd Year in Laser Hair Removal

**Dr. Barry Berger** is a Board Certified Internist, and the first licensed MD to use the Soft Light Laser System for hair removal in Illinois. He has successfully treated hundreds of patients with different skin and hair types. **Dr. Berger** performs all initial procedures himself, rather than the treatments being done by an unsupervised technician.

The Soft Light Laser is the safest laser for hair removal on the market today. It is fast, effective and safe... and available at a low cost.

Here are some additional reasons why the Soft Light Laser is the best choice of hair removal for you:

- Low occurrence of side effects, which

are all temporary. This means no burning, blistering, scarring or discoloration of the skin. The majority of patients resume daily activities immediately following treatment.

- Safe and effective hair removal for all skin types, all hair colors and all areas of the body.

- No tanning restriction prior to treatment. After hair removal treatment, allow two days before tanning.

**Dr. Berger** has experience with most of the lasers used on the market today. Get the true facts about these lasers and other methods of hair removal. Find out why he prefers the Soft Light YAG Laser.

Call today for a free consultation at **847-550-0600**.

## DAR Members Plan Cruise Luncheon

Signal Hill Chapter, National Society Daughters of the American Revolution will meet on May 18 at 11:30 AM at Port Edward Restaurant in Algonquin, IL for a cruise on the Fox River. The boat is located on the west bank of the river, one block east of the intersections of Routes 62 and 31. The boat will leave the dock at noon. Lunch will be served on board. Casual dress is suggested. Cost is \$21 per person with checks made payable to Signal Hill Chapter, NSDAR by Friday, May 5 and mailed to Treasurer, Bettye Splittorff. You are wel-

come to bring guests to join us for the boat ride on the Fox River. Prospective members are urged to join us.

Following the boat ride, Chapter members will gather in a private room at the restaurant for the annual meeting and installation of officers.

Any woman is eligible for membership in the DAR who is descended from a man or woman who served in the states or colonies as a recognized patriot. For membership information, call Iva Lea Van Buren at 847-382-4449.

## Balance Your Exercise Program to Achieve Your Fitness Goals

By Jeff Bobek, C.S.C.S., C.P.T.

Strength, aerobic and flexibility training are essential components of an exercise program to achieve and maintain physical fitness. Overemphasizing one type of fitness training can lead to boredom, injury, poor results and/or cessation of exercise.

Still, it is common for fitness seekers to concentrate on only one form of exercise while neglecting the other equally important components. For example, aerobic training is frequently used as the sole method to minimize health risks or reduce body fat. And, although strength training is a highly effective method of achieving these and other fitness goals, it is often neglected.

Although each component develops different aspects of physical fitness, they are complementary to one another. Balancing all three components of fitness training will provide better results than focusing on just one.

**Fitness Partners, Inc.** can develop and guide you through a balanced exercise program tailored to your fitness goals, health concerns, lifestyle and budget. Whether you're seeking extensive supervision or periodic services, a variety of program options are available from **Fitness Partners**.

Our exercise programs are designed to achieve an appropriate balance of muscular strength and endurance, cardio-respiratory fitness and flexibility to enhance general fitness, physical appearance, quality of life and/or athletic performance.

### Some of the Benefits of Strength Training:

- Improves physical strength and endurance
- Improves physical appearance
- Increases calorie burning
- Reduces body fat
- Improves balance, functionality and mobility
- Improves posture
- Strengthens bones, ligaments and tendons
- Reduces risk of injury
- Reduces health risks

**Fitness Partners** is committed to providing the highest quality and best value in fitness services by exceeding the common standards of personal training service. **Fitness Partners** will take the time to educate you on the principles of fitness and exercise, teach you to exercise independently, regularly adapt your exercise program, guide you on appropriate nutrition and provide the motivational support you need to stick with your exercise program. By following your **Fitness Partners'** program, you will achieve your fitness goals!

Call Jeff Bobek, certified strength and conditioning specialist and certified personal trainer, at **847-991-5230** to discuss your fitness goals.

# "Hello laser, goodbye razor."

Alexandra Parnass  
Beauty Editor  
Marie Claire Magazine

## The hair removal process that has everybody talking:

- Patented laser process erases hair quickly and gently with lasting results.
- Dr. Berger, a Board Certified Physician, performs all initial laser procedures.
- First licensed physician for laser hair removal in Illinois. Very competitive pricing.
- After hair removal treatment, allow two days before tanning.

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complimentary consultation.

### Fitness Training Services



- **Personal Training**  
In-home or site of preference
- **Fitness Program Design**
- **Home Equipment Planning**
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### Achieve Your Fitness Goals!!!

- **Improve health & wellness**
- **Increase strength & endurance**
- **Improve athletic performance**
- **Reduce body fat**
- **Reshape your body**

**Fitness Partners** uses the most effective, time efficient, and convenient methods of fitness training to achieve results with a personalized, yet value-oriented philosophy.

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Call (847) 991-5230  
"your partner in fitness"

**The Fitness Partners Guarantee:**  
If after the initial fitness assessment, you don't feel  
our services are the best for you, the session is free.

Doing business as a corporation

# Cosmetic Surgery Solutions Are Not Just For The Rich or Famous

*An Interview with Dr. Frank Madda,  
Board-Certified Plastic Surgeon,  
Suburban Plastic Surgery Associates*

"It could happen to you," says Dr. Frank Madda, as he reflects on the dramatic rise in people seeking cosmetic and plastic surgery procedures.

"You innocently walk into the bathroom to begin your morning routine, stop and take a glance in the bathroom mirror, and get the shock of your life—your mother's or father's older face, complete with bags under the eyes, drooping eyelids and deep facial lines, has somehow attached itself to your body."

"Worse yet for some is the timing of this discovery: en route to the high school or family reunion, the daughter's wedding, the company outing, the monumental anniversary or birthday. My patients have taught me the most intense scrutiny of personal aging happens just when you least want it to—when you'll be seeing people you haven't seen for a long time."

Cosmetic surgery is no longer exclusively reserved for celebrities and movie stars. Housewives, secretaries, male and female business executives and people just like you are turning back the hands of time with cosmetic surgery procedures and reporting back with an enormous increase in self-confidence.

With more than 20 years experience in facial cosmetic and body contouring procedures, Dr. Madda believes the increase in cosmetic surgery has primarily been driven by societal changes that have dictated that "you don't have to be rich or famous to want to look good." Additionally, he cited increased affordability, innovative financing programs, low surgical risks and dramatically shortened recovery times as major reasons for the increase. Cosmetic surgery has become an attractive option for those who want to "look as good as they feel."

Society puts a lot of emphasis on physical and mental health. Working out, healthful eating and maintaining mental sharpness are distinguishing features of the movers and doers in our society. "Patients have told me that it is disastrous to look in the mirror when they feel twenty years old in their head and see fifty looking back," says Dr. Madda.

Physical changes are inevitable with time. The pull of gravity causes faces and bodies to sag. Lines form on our faces from the continual rein-

forcement of expression, emotion and muscular activity. According to Dr. Madda, "Patients complain that deep facial lines may make them look like they're always tired, depressed or angry. It's frustrating for the patient when mentally they feel young, vibrant and full of life, but their appearance says old. Aging is depressing for those who feel they can still take on the world and do anything. They believe their aging appearance takes away their competitive edge and robs them of self-esteem—thereby giving others the impression that they're not as quick or vibrant as they truly are."

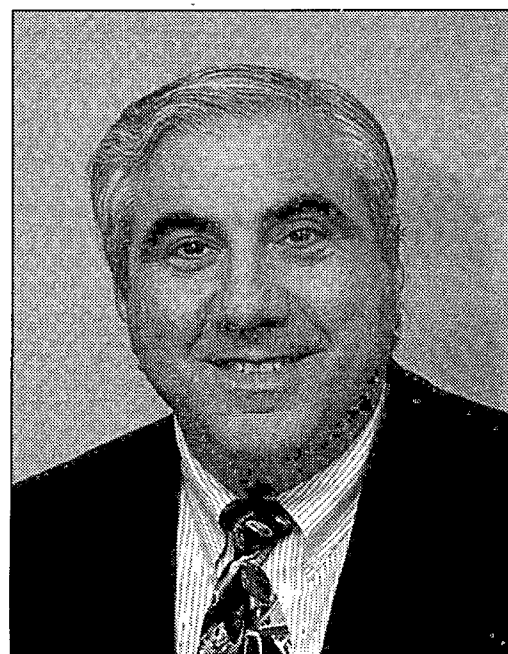
Dr. Madda has learned first hand from his patients. "We are all our own worst critics. When we look in the mirror and something is bothering us, we think the whole world is staring at that one thing. It colors and affects our personality and even the way we deal with people. It affects how we see ourselves and how we interact with the rest of the world."

The good news for all of us is that all of these "problems" are completely fixable and solutions can be very affordable. Innovative plastic and cosmetic surgery procedures have made real and lasting improvements in the lives of many people. No longer is cosmetic surgery something that is reserved for the elite. It has instead become a service that can provide "dramatic results for real people."

Dr. Madda encourages people to seek information on cosmetic surgery options if they can answer "yes" to any of the following questions:

- Does your appearance undermine your self-esteem and self-confidence?
- Do the lines in your face give you an angry looking scowl that intimidates?
- Do concerns about your appearance distract you from the more important things you have to do?
- Do you see something in the mirror that makes you think, "Boy! I really hate that?"

Dr. Madda cautions people to not cheat themselves out of self-confidence and feeling good. "Results from cosmetic surgery are lasting and will be with you every day for the rest of your life. I've spent the last 20 years watching the dramatic differences that have occurred in people's



Dr. Frank Madda

*Dr. Madda was trained in both plastic and general surgery at Rush Presbyterian St. Luke Medical Center. He is board-certified in plastic surgery and is a diplomat of the American Board of Plastic Surgery. Additionally, he has a degree in dental surgery from Loyola University. Dr. Madda currently serves as an assistant professor in the department of Plastic Surgery at the University of Illinois Medical Center in Chicago. He is active in several professional societies and has served as the President of the Chicago Society of Plastic Surgery. Dr. Madda is also a published author.*

lives once they felt better about their physical appearance. Patients have recognized these procedures as an investment in themselves. Don't be afraid to explore and consider your options."

"Most importantly," says Dr. Madda, "if you're thinking about plastic surgery, seek the council and advice of a physician who is specifically trained and board-certified in plastic surgery. Their training has qualified them to be able to discuss realistic goals and expectations as well as what does or doesn't make sense for you."

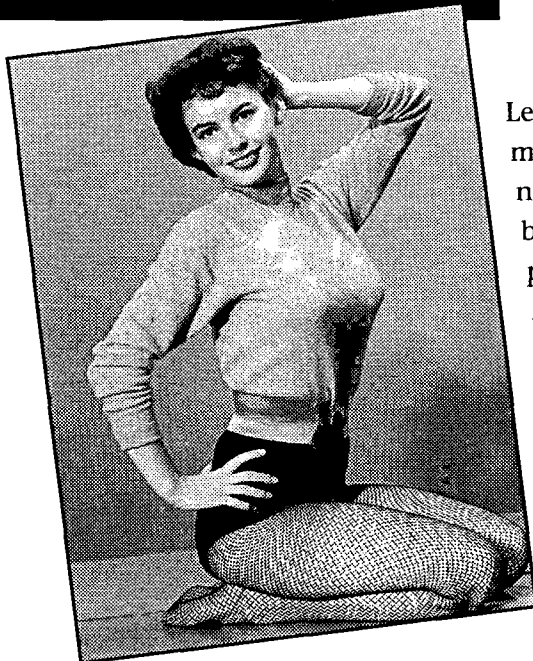
For more information or to schedule a complimentary consultation with Dr. Madda or one of his associates, call **Suburban Plastic Surgery Associates** toll free at **1-877-TURN HEADS (887-6432)**.

**Suburban Plastic Surgery Associates** has office locations in Hoffman Estates, Elgin, McHenry, Elk Grove Village and Downers Grove.

**DRAMATIC RESULTS FOR REAL PEOPLE<sup>SM</sup>**

**SUBURBAN  
PLASTIC  
SURGERY  
ASSOCIATES**

## BREAST ENHANCEMENT



# Need a lift?

Let's face it. After pregnancy, nursing children and the normal aging process, most women agree they do. If you too are frustrated with the loss of size and firmness of your breasts, perhaps we can help. Suburban Plastic Surgery Associates has been helping women "reclaim" their figures through breast augmentation and lift procedures for more than 20 years.

As one of Chicagoland's largest plastic surgery practices, we're committed to giving our patients a "lift" with a new and improved appearance. Want heads to turn when you walk down the street?

### ALSO SPECIALIZING IN:

- Nonsurgical Aesthetic Services
- Face, Neck and Brow Lifts
- Eyelid & Nasal Surgery
- Tummy Tucks
- Fat Transplantation
- Tumescent Ultrasonic Liposuction
- Facial Rejuvenation
- Nonsurgical Facial Line Removal
- Laser Treatments
- Breast Augmentation and Lift
- Spider Vein Treatments

For a complimentary consultation call toll free anytime. **877 turn heads (877 887 6432)**

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Financing programs available.



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## LIPOSUCTION



# Genetically speaking, we transform liabilities into assets.

We all have them. Those "genetic liabilities" or acquired fat deposits that typically do not respond to diet or exercise. These unflattering bulges take away from the figure you were meant to have.

As one of Chicagoland's largest plastic surgery practices, Suburban Plastic Surgery Associates has been helping patients attain exceptional results for the last 20 years. Using the latest technique - tumescent ultrasonic liposuction - our board-certified plastic surgeons will help you turn heads by reclaiming the figure that's rightfully yours.

- Nonsurgical Aesthetic Services
- Face, Neck and Brow Lifts
- Eyelid & Nasal Surgery
- Tummy Tucks
- Fat Transplantation
- Spider Vein Treatments
- Facial Rejuvenation
- Nonsurgical Facial Line Removal
- Laser Treatments
- Breast Augmentation and Lift
- Breast Reduction

For a complimentary consultation call toll free anytime. **877 turn heads (877 887 6432)**

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# Shoulder Thermal Capsular Shrinkage

## The arthroscopic solution for the painful unstable shoulder

by Steven D. Levin, M.D.



Steven D. Levin,  
M.D.

### Shoulder Instability

The shoulder is not a true ball and socket joint. It is more like a ball (humeral head) and saucer (glenoid). The humeral head is held in the glenoid by ligaments that provide stability to the shoulder joint. Oftentimes, athletes and laborers injure their shoulders, which stretches out the ligaments. These patients then develop increased loosening of the shoulder whereby the humeral head tends to "pop out" of the glenoid. This is known as dislocation or subluxation. This causes a feeling of apprehension in using the shoulder in certain positions and pain. Recurrent subluxation or dislocation defines the unstable shoulder.

### Diagnosis

The diagnosis of shoulder instability is based on the history that the patient gives the physician, i.e. Did the patient have significant trauma to the shoulder? Did the patient have an acute dislocation? Does the patient do repetitive strenuous shoulder activities on the job or in sports activities that put excessive strain on the shoulder, causing instability? Also, a careful physical exam by a qualified shoulder specialist can usually provide the necessary evidence to make the diagnosis of shoulder instability. X-rays and MRI's can be helpful, but are not always necessary.

### Treatment

The treatment algorithm for instability is the following: Conservative non-operative treatment such as physical therapy and anti-inflammatories for a prolonged period of time to help strengthen the secondary stabilizers of the shoulder joint is the first line of treatment. If this fails, the ultimate and definitive treatment option is surgery.

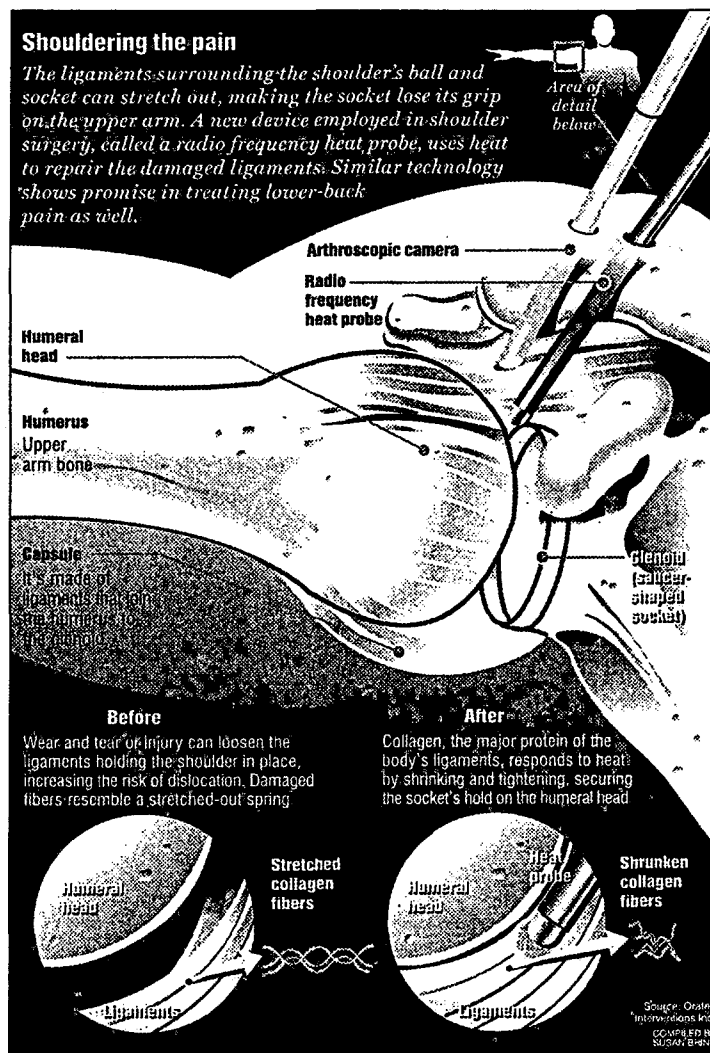
### Surgery—Open Versus Arthroscopic

The open technique involves a long incision and extensive surgical dissection. The ligaments are then approached and cut, and then oversewn one over the other which, in effect, tightens the shoulder and decreases the volume of the shoulder joint. This necessarily limits the patient's range of motion slightly. The surgical repair has to be protected for several weeks before aggressive physical therapy can commence. This procedure usually cures the problem but could end up limiting the athlete's or laborer's motion, thereby hampering their careers.

### Arthroscopic Thermal Capsular Shrinkage

Thermal capsular shrinkage involves three tiny incisions or portals the size of the end of a normal pen. The surgeon does all the work through these tiny incisions arthroscopically (see sketch). The loose ligaments are treated with a radiofrequency probe which uses heat to "shrink" the loose ligaments. This, in turn, tightens up the shoulder and prevents further episodes of subluxation or dislocation. This new technique allows the patient to start rehabilitation earlier and does not limit the patient's range of motion nearly as much as the open procedure. It also permits the patient to return to his or her sport or job activities at an earlier date.

If you suffer from any orthopaedic ailment or shoulder problem in particular and would like state-of-the-art treatment, please call Dr. Steven D. Levin at 847-437-9889.



901 W. BIESTERFIELD RD., SUITE 300, ELK GROVE VILLAGE, IL 60007  
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847-437-9889 FAX 847-437-4149 <http://www.midwestsportsmed.com>

## Perfect Mother's Day Gift

All grandmothers, moms and daughters, **Personalized Fitness** has something for each and every one of you.

### Osteoporosis

Many things can contribute to the onset of osteoporosis. Some of the contributing factors are a decrease in milk consumption coupled with an increase in soda consumption and the lack of exercise. Teens today are drinking 40% less milk but twice as many soft drinks compared to teens in the 70's. We use teens as the example because it is during the teenage years that your body stockpiles calcium in the bones. An excellent way to strengthen your bones, at any age, is through exercise.

Did you know...

- Weight bearing exercise is known to increase bone density at any age.

- Resistance training is proven to increase the strength of ligaments, tendons and muscles.

- The Mayo Clinic Health Letter reports... "Research indicates that exercise may not only help prevent osteoporosis, but treat it as well. The key is knowing which exercises you should (and shouldn't) do and how to do them properly."

### Pre- and Post-Natal Exercises

Preparing your body physically for the rigorous demands of childbirth will ease delivery and speed up the recovery process. **Personalized Fitness** can target the muscles that are most important to an expecting mother: the abdominal wall, hip flexors and spinal muscles.

Did you know...

- To have a positive effect on the labor, you must work out three times per week during your pregnancy?

- Protein requirements increase by 30 grams per day during pregnancy?

- Caloric requirements increase to 3,000 calories per day during pregnancy?

- Eating 200 to 300 calories every 2 to 3 hours can help reduce nausea?

At **Personalized Fitness**, our staff is certified in pre- and post-natal training. A healthy baby, coping skills during labor and a quick recovery are our primary goals.

### Partner Training

Save time and money by training together. **Personalized Fitness** offers semi-private training. It's the perfect way for mother and daughter to spend time together or for two girlfriends to get out of the house and have some fun. Partner training is a blast. It's demanding and can be competitive. Studies show if you work out with a friend, you are more likely to remain consistent and stay with your exercise routine. There are a ton (no pun intended) of partner exercises we are sure you've never seen before. Get your mother, daughter or friend together for a real workout.

**Personalized Fitness** will evaluate your needs, consider your goals and design an exercise program that will help prepare women (and men) of all ages for all sorts of challenges and conditions. Please call **847-277-7746** today for the Perfect Mother's Day gift.

## Is Your Home a Safe Haven?

Lead poisoning is the most common environmental health hazard to children according to the U.S. Centers for Disease Control and Prevention. But a recent study published in Pediatrics suggests that proper housecleaning can significantly reduce the amount of toxic lead that children could absorb into their blood, thus preventing this illness.

Contact with lead, a bonding agent used in paint, may stem from several sources: peeling paint, house-dust laden with lead particles, toys or painted furniture. Exposure is more likely if these items were made before the 1978 regulation on paint containing lead. At that time, the Consumer Product Safety Commission banned paint, which contained more than

.06% of lead by weight. Still, if you have a newer home, lead can be tracked in on shoes from contaminated soil or can be found on old toys and furniture.

**The Maids** professional residential maid service specializes in cleaning for health. Their exclusive Healthy Touch cleaning system is designed to remove up to 52% more dirt and contaminants from homes than conventional cleaning techniques. These contaminants range from lead particles, mold, mildew, pollen and insect debris.

There are already enough dangers in the world; your home shouldn't be one of them. For additional information and for a free estimate, call **The Maids** today at **847-368-1250**.

## "Mark Twain and the Laughing River"

"Mark Twain and the Laughing River," a one-man show conceived, written and performed by veteran folk singer and songwriter Jim Post, will be on stage at 8 PM on Friday, May 14 on Stage 1 of the Visual and Performing Arts Center at Elgin Community College, 1700 Spartan Drive, Elgin.

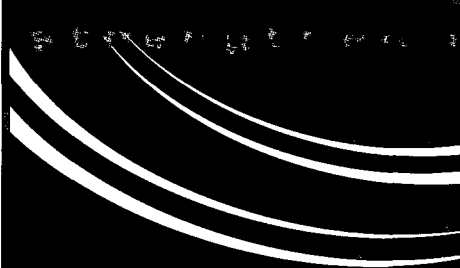
Post is an accomplished vocalist and storyteller and nearly a dead ringer for Twain. With his white handlebar mustache, bushy white eyebrows and flowing white hair, Post bears an incredible resemblance to the writer. And he intensifies the impression in the second half of his show by wearing a white suit, Twain's trademark.

Impersonating Twain in late middle age, Post matches the great writer's anecdotes about growing up in Missouri with

original songs extolling the mystique of the Mississippi. The tunes belted out in Post's clear country-gospel tenor are catchy and endearing. Twain reportedly loved to play the guitar and banjo himself and sing in a clear tenor voice, like Post's.

Post has a natural-born story telling ability, which lends itself perfectly to Twain's reminiscences of his golden childhood.

Tickets to "Mark Twain and the Laughing River" are \$25 and are available at the ECC Ticket Office located in the Visual and Performing Arts Center, 1700 Spartan Drive, Elgin. The hours are 10 AM to 5 PM, Monday through Friday and noon to 4 PM, Saturday. To purchase tickets by phone, call 847-622-0300. Visa, MasterCard and Discover are accepted.



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- ▶ You may not *know* it's there.
- ▶ It could make your children *sick*.

It's **LEAD**,  
and we can help  
*reduce the risk!*

Lead poisoning is the most common environmental health hazard to children. Even in new homes, lead can be tracked in on shoes from contaminated soil, or can be found on old toys and furniture. A recent study suggests that proper housecleaning can reduce the amount of toxic lead children absorb. Our exclusive **Healthy Touch**® cleaning system can remove the dust and lead particles that can be hazardous to your family's health. Call THE MAIDS® today!

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4. Dust Furniture	15. Change Towels
5. Vacuum Hard Surface Floors	16. Wash/Wax Kitchen Floors
6. Remove Cobwebs	17. Clean Kitchen Sinks
7. Dust Sills & Ledges	18. Damp Wipe Cabinet Doors
8. Dust Wall Hangings	19. Clean Outside of Appliances
9. Pick Up & Straighten	20. Load Dishwasher
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## Fresh Colors for Mom's Day

Spring is here and it is time to change to fresh colors in your home's decor. **Art and Frame Galerie**, the area's premier frame shop and art gallery, is celebrating its 14th Anniversary by offering a diverse range of quality artwork to suit all tastes.

Gallery specialties include original works from the Midwest's finest artists as well as lithographs, posters, sculptures and wall accents. Chicago memorabilia, golf and unique collectibles are among the wide variety of affordable items available at **Art and Frame Galerie**.

Terry Ingerson, gallery owner, emphasizes the importance of offering unique quality products at prices that equate to the best values in the northwest suburbs. Choose from over 3,000 frame selections for the perfect custom frame. Enjoy artwork by Terry Redlin, Edna Hibel, Tom Lynch and hundreds of other renowned artists.

Mom would certainly enjoy Mother's



Cora & Linda by Edna Hibel

Day with a special gift of one of Edna Hibel's prints or an embossed rose by Ann Ingerson.

For a solution to your wall decorating needs, stop at **Art and Frame Galerie** located at Route 22 and Rand Road in Lake Zurich, or call 540-8070. The shop is conveniently located behind the First Chicago Bank and next door to D & J Bistro.

## The William H. Miller Conservation Award to Vicki Klein, Pam Jackson



Pam Jackson (left), and Vicki Klein are winners of the 1999 William H. Miller Conservation Award.

As Martin Luther King noted many years ago, "Our talents, our abilities are God's gift to us. How we use them is our gift to God."

This year's William H. Miller Conservation Award winners have used their wonderful organizational skills; their interest in conservation and the environment; and their passion for teaching their own children and other children to appreciate the natural world, to create a unique outdoor classroom at North Barrington School.

Beginning more than a year ago, Vicki Klein and Pam Jackson, members of the school's Environmental Awareness Committee, looked at the plans for a new school and came up with the idea of using what was to be an enclosed courtyard as an "interactive habitat" to teach kindergartners through 5th grade students more about the natural world. The plan was soon expanded to include primarily native landscaping for the entire school.

Their plan includes a prairie area, butterfly garden, bird sanctuaries and walking paths surrounded by wildflowers. They visited other schools in Illinois and Wisconsin that had created an outdoor classroom and learned that outdoor classrooms could be used for language arts, social studies, physical education, art, photography, music and, of course, sci-

ence classes.

The two women worked throughout 1998 to organize the project. In addition to obtaining the support of Principal Deborah Cross, the women sought ideas from teachers and students and applied for and received several grants to fund the project.

Most important, however, was their success in getting the whole school community—parents, teachers and children—excited about the project and the conservation principles it would teach to students. Dozens of families provided financial support and turned out for the initial work days this fall, learning about conservation and native landscaping. Perhaps we will be able to recruit a few of them to CFC work days sometime soon!

Eventually, the whole school grounds will include primarily native landscaping which, as we all know, will reduce costs of landscape installation and maintenance, require little watering beyond what nature provides and virtually eliminate the need for mowing and lawn chemicals.

It is fair to say that these two women have taken a leadership role in creating a model school; incorporating conservation principles into education in a community already known for taking a strong stand in supporting conservation activities.

**May 7  
ANNUAL GIVING  
Dinner**

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## Rotary Pancake Breakfast

Barrington's annual Memorial Day pancake breakfast is again being planned for Monday, May 31 by the Barrington Breakfast Rotary Club at Langendorf Park.

Chairman John Meier, his fellow Rotarians, members of the community's New Generations and Barrington High School's Interact Club will be serving the breakfast menu of pancakes, (including the special sour dough variety), sausage, juice and trimmings from 7:30 to 10:30 AM.

Receipts from the breakfast will go to the Rotary Charitable Foundation which finances the club's numerous community and international humanitarian projects. Both New Generations and Interact will also share in the proceeds.

Tickets will be on sale by Rotarians; adults are \$5, children are \$3 and children under 5 are free.

For additional information, please call John Meier at 304-1997.

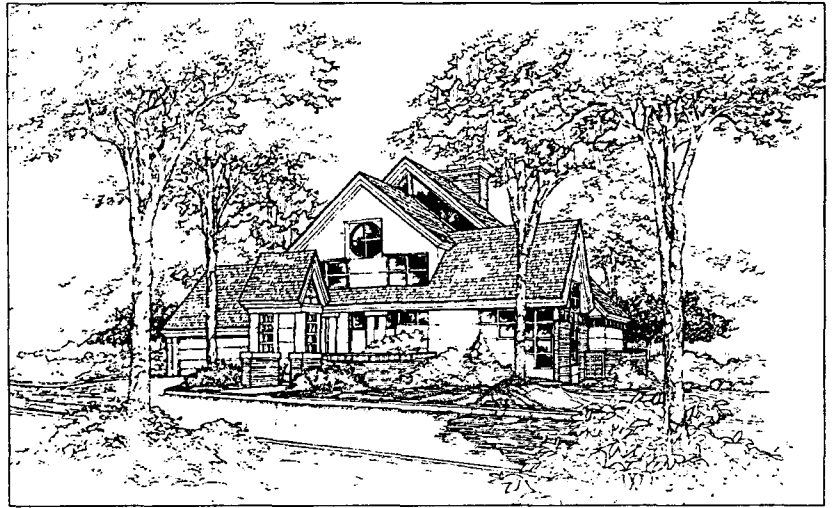




# BEAUTIFUL

## HOMES & GARDENS

### Special Seasonal Section



### Security and Beauty with Outdoor Lighting

A home's landscaping is, if done well, its crowning glory. Tastefully executed landscaping can make even the plainest house look appealing, just as poor landscaping can ruin the appearance of a mansion. Consequently, every year Americans spend millions of dollars installing, enhancing and maintaining both residential and commercial landscapes. The shame of it, though, is that every night when the sun dips below the horizon all of that expensive landscaping is virtually invisible for 10 or 12 hours.

Rudy Kruse, president of **CFC Nite Lites**, has set out to change that by installing landscape lighting which accents elements to which your eye is naturally drawn during the day—flowering trees,

artwork, building features and so forth, using a wide variety of techniques including uplighting, crosslighting, moonlighting and pathlighting.

"There are three main purposes for outdoor and landscape lighting," Kruse explains. "The lights offer added home security. They also offer safety around steps and other potential hazards. And, of course, there are the aesthetic considerations. In fact lighting actually makes a yard appear larger than it is and there is also the opportunity to light up special characteristics of the house itself like special brickwork, cornices and fireplaces."

Call **CFC Nite Lites** at 847/658-5469 for your free estimate.

### K.D.A. Kitchen Distributors of America "for the Heart of Your Home"



K.D.A., 7107 Pingree Rd., Crystal Lake, can open up a whole new world of beauty and convenience for your new kitchen with Merillat cabinetry. Your kitchen is the heart of your home and everything you put in it should reflect warmth and timeless quality. That's just what you'll get with Merillat cabinets

from K.D.A. Beautiful, meticulous construction, easy care features and plenty of storage space make Merillat a perfect fit with your life style. When it's time to remodel or build your new kitchen, choose the quality cabinetry of Merillat from K.D.A., (815) 477-4800.



### MAKE EVERY NIGHT A BEAUTIFUL EVENT WITH CFC

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- Show off the beauty of your home yard, or garden after dark.

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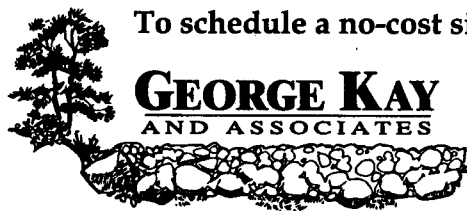


## Landscape Design & Construction

### A View from Outside

The rewards of planning your landscape are many: the well-placed walk that complements the architecture, trees properly placed to effect summer shade and allow the warmth of the sun through when the leaves have fallen, the softening of a roofline or bold wall, and specific plants arranged to assure unification of the house to their surroundings. Walking through and viewing an attractive landscape prepares one for the day.

To schedule a no-cost site consultation, call 232-6890.



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## Stamp Out Hunger!



Pictured, from left, are volunteers: Kent Nelson from Arlington Heights; Rachel Oefelein from Barrington, an eighth grader at Barrington Middle School, Station Campus and a fifth year participant in the Food Drive; Food Drive Chairman Carl Oefelein from Barrington, vice-president of NALC Branch 4268, Palatine Post Office; and Rita Wiley, Catholic Charities' Northwest Suburban Regional Service Representative, Rolling Meadows office.

Help stock 22 food pantries in the Northwest Area! On Saturday, May 8, you can be a part of the largest food collection in the USA!

The National Association of Letter Carriers (NALC), Palatine's United States Postal Service and the National United Way welcome your participation in their 7th Annual Nationwide Food Drive to help stock local food pantries.

Postal customers in the 60010, 60067 and 60074 zip code areas are asked to leave nonperishable food by their mail boxes one day only, on Saturday, May 8. When the letter carrier delivers your mail, the food will be collected and brought to the Palatine post office. Foods requested include baby items; canned fruits, veg-

etables and meat; tea; coffee; peanut butter; pasta; cereals; and rice. (Items which cannot be acceptable are perishable items, items which are not commercially packaged or anything in a glass container.) The food will then be boxed and labeled for distribution to registered food pantries. From May 2 to May 8, there will be a gurney for food drop in the Palatine post office lobby at 440 West Colfax.

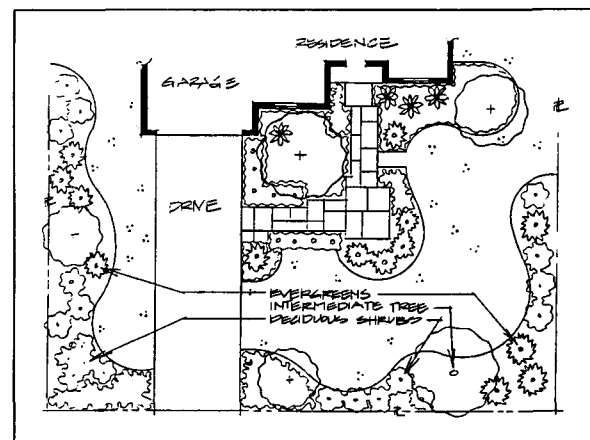
On May 10, items will be distributed through Northwest Suburban Catholic Charities to local preregistered food pantries. For information about registering a Northwest Suburban food pantry, please phone coordinator Rita Wiley at Catholic Charities office in Rolling Meadows at 847-870-0560.

## Your Personal Landscape III— Screen Planting for the Front Garden

In the previous article, we discussed the importance of planting the Front Garden to compliment and enhance the architecture and lead your eye to the front door. One of the most overlooked aspects of any garden is privacy. In the case of the Front Garden, as you approach the entrance walk and door, your eyes should not be drawn to perimeter activities. As much as we might enjoy our neighbors, we still don't care to see their parked cars, dog run, recreational vehicles, poor landscaping or the inside of their garage.

Screen planting enhances the experience of enjoying your garden by isolating objectionable noises, views and odors, while at the same time enhancing the sights, sounds and fragrances common to individual gardens. Screen planting will also extend your living space by creating outdoor "rooms" for your family and guests to enjoy.

Most screen planting takes place along the property lines. It may be important to screen both sides of the property and the front if you have a great deal of traffic.



One of the great advantages of this is the enhanced view out of your windows into your own garden. An attractive composition of plants will also provide visual interest all year and attract wildlife.

Planting evergreens, deciduous shrubs, intermediate trees of a low branched nature or multiple stem should comprise the planting composition. Consideration should be given to the relationship of the plants to one other. Monotony is not desirable nor is a busy arrangement with every type of color and texture.

Our next article will discuss creating an outdoor seating area.

## Fresh Ideas Await You at Mayfair Carpet & Furniture

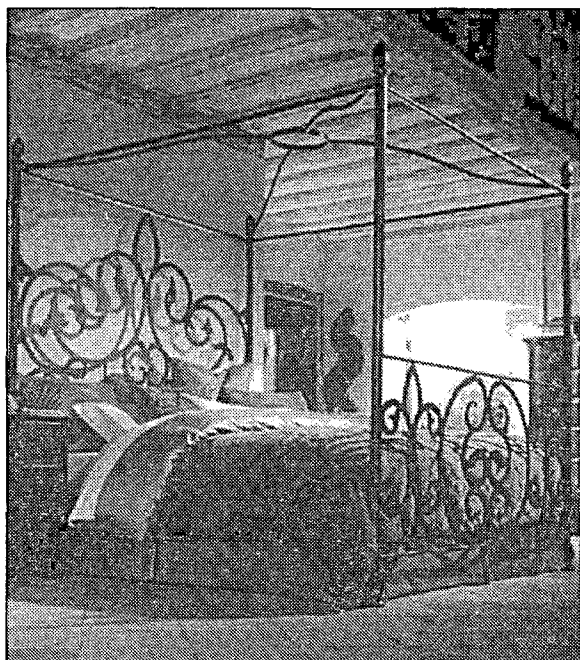
**Mayfair Carpet & Furniture** is as excited about spring as you are. And that means you can save on fresh new ideas!

Choose from our spring palette of colors and textures—eggplant, moss, sage, many earthtones and more. You are sure to find just the right style and color from our wide array of custom designs and fabrics.

As you browse through our elegant showroom, you'll enjoy a myriad of one-of-a-kind accessories and collectibles. A new collection of lamps and pictures has just arrived, certain to brighten up any decor.

If your floors could use a boost, or maybe you're considering unique custom tile finishes to accent your kitchen and bath, **Mayfair's** got you covered there too. A full-service flooring department offers a broad range of finishes, including carpet, wood, vinyl, ceramic, marble and Pergo®.

Freshen up for spring and make room for new treasures from **Mayfair Carpet & Furniture**—your one-stop shop for quality items at affordable prices. The showroom's hours are Monday through Thurs-



**Canopy Bed from the Avignon Collection  
by Bernhardt.**

day from 9 AM to 8 PM, Friday and Saturday from 9 AM to 5 PM and Sunday from 11 AM to 4 PM.

**Mayfair** is conveniently located on Main Street just south of Route 14 and west of Route 31 in Crystal Lake.

## Summer's Calling— Enjoy Outdoor Living at Its Best



**Bill Schafer—President**

Memorial Day is a sure sign that summer is right around the corner. As the weather heats up, the summer parties, barbecues, picnics and holiday get-togethers begin. Now more than ever, people are spending as much time outside as inside. If your backyard is far from the haven you've always pictured, why not extend your outdoor living space by adding a deck, screen room or gazebo?

A new deck is a perfect place for relaxing, entertaining or just spending quality time with your family. So, get out of the kitchen, fire up the grill and have dinner *al fresco*. Or why not enjoy a nice, sunny day watching the kids play? Add your own special touch with flower boxes and a bench seat.

A screen room is a perfect answer to an outdoor room. If you love to be outside, but you don't love all those pesky little bugs, a screen room may be just what you're looking for. You can enjoy all that Mother Nature has to offer, rain or shine. And just because there's rain outside, doesn't mean the barbecue needs to be canceled. You can still enjoy the steak off



**Joe Schafer—Vice President**

the grill without getting all wet.

If your home calls for something a little more elegant, a gazebo might just be the thing for you! Set your backyard apart with architecture and style. Why not add a little Victorian charm and bring some old-fashioned pleasure to your home? Get a nice cold pitcher of lemonade and enjoy an open-air retreat right in your own backyard.

Let **Schafer Builders Inc.** help you enjoy the great outdoors. We are proud to announce that we were recently recognized as one of "Remodeling" magazine's "Big 50" remodelers. Visit us at our award winning office at 43 E. Crystal Lake Avenue in downtown Crystal Lake or call us for a free consultation at **815-459-1333** or **1-800-564-1339**. Visit our website anytime at <http://www.schaferbuilders.com>.

Even before the construction work begins, we take into account the style of your home, your lifestyle and personal taste, site conditions and budget. You can be assured we use only the highest quality materials, professional, skilled employees and our work is always 100% guaranteed.

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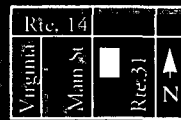
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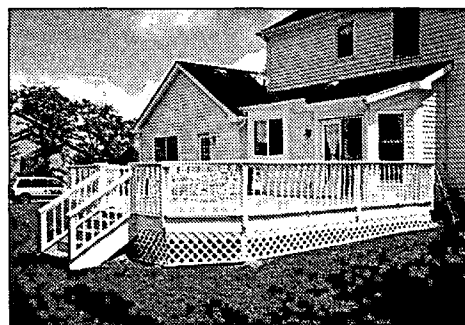
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## Gas Grills at Grass Roots

Are you a back yard cook, an outdoor cooking specialist? Would you like to be one?

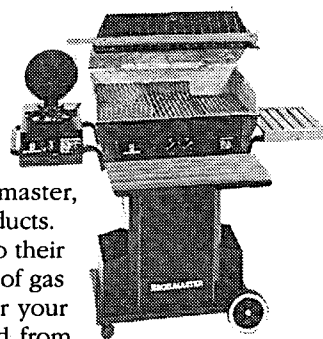
Then you should visit **Grass Roots Energy, Inc.** and see their state-of-the-art gas grills and outdoor cooking accessories. They offer models from Broilmaster, Pacific Gas Specialties, Weber, and Modern Home Products.

**Grass Roots** has a red and white tent erected next to their fireplace and stove showroom. Several working models of gas grills are displayed in the tent and can be operated for your inspection. All of these premium grills are constructed from the best materials—aluminum, stainless steel, brass. Most offer 5-10 year warranties.

**Grass Roots** offers both natural gas and propane gas grills with all the features you are looking for: electronic ignition, side burners, rotisseries, side shelves, double ovens, drop down front shelves and more.

Models are available on patio posts, patio bases or as portable carts with quick disconnect gas line fittings.

**Grass Roots Energy, Inc.** is located on Route 12 in Wauconda, 1½ miles northwest of Route 176 (next to Victor Ford).



## bathhaus

### GRAND OPENING CELEBRATION

**Saturday, May 22**  
 9:00 am to 4:00 pm

Meet Wally Phillips  
 of WAIT 850AM 1-3 pm

Register to Win Ultra Baths  
 Whirlpool Massage Tub!  
 (no purchase necessary)



### GRAND OPENING SPECIALS

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FOR MORE INFORMATION

**847.277.1313**

luxury bathroom showroom  
 860 S. NW Hwy., Barrington, IL 60010



## bathhaus Comes Home to Barrington Grand Opening, May 22

The **bathhaus** is celebrating their **Grand Opening** on Saturday, May 22.

The WAIT-850 AM Radio Van with **Wally Phillips**, formerly of WGN radio, will be broadcasting from the **bathhaus** in person. He will be giving away prizes every hour. There will be drawings for faucets, soap dispensers and accessories.

The **bathhaus** will have a drawing for a FREE Ultra Baths Thermo Masseur Whirlpool Tub (no purchase necessary). And, the **bathhaus** will have a special one day only sale on KWC Swiss Kitchen

Faucets, regularly priced at \$445, on sale for one day only for \$199. Hansgrohe Shower Heads from Germany that are regularly priced at \$55 will be on sale for only \$19.99.

We will have free hot-dogs, popcorn and soda for everyone from 11 AM to 1 PM.

To entertain everyone, we will have a strolling magician throughout the day.

Plan to come by for a full, fun day and see some of the finest luxury bathroom products on display anywhere in the world.

The **bathhaus** searches the world over to find the highest quality, best designed products for your bathroom.

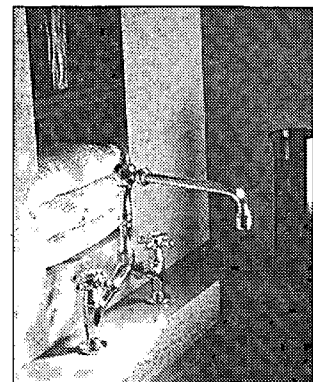
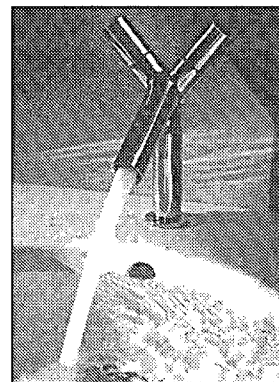
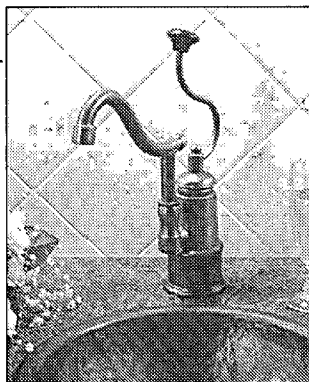
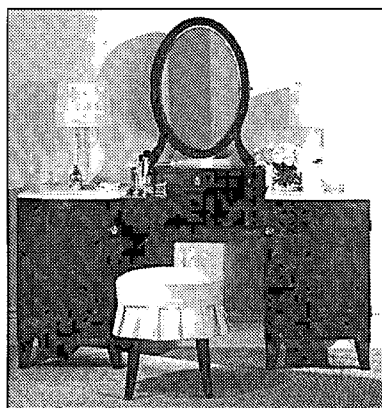
The **bathhaus** is one of the select distributors of Kallista of Kohler. This specialty manufacturer, Kallista, represents Kohler company's commitment to the highly trained professionals of **bathhaus**. The Kallista line is not available to home centers like Home Depot or Menards.

**bathhaus** also is a select distributor for Dornbracht faucets from Germany. Dornbracht is the finest luxury faucet in the world.

Stop in and see the "Armani of faucets" on display at the **bathhaus**.

**bathhaus** is pleased to offer a brand new design by world renowned architect, Michael Graves. In collaboration with Dornbracht and Duravit A.G. of Germany, this American architect has truly created an instant classic! Stop in and see these and other world renowned products from the USA and beyond.

Come on in for fun and prizes and a chance at a FREE Thermal Massage Whirlpool Tub (no purchase necessary). Celebrate the **Grand Opening** of the **bathhaus** of Barrington and meet, in person, **Wally Phillips**, formerly of WGN radio.



## Need a New Lawn Tractor?



If your old tractor or mowing machine is worn out, now is the time to get a new one. The selection at **Reed Lawn & Leisure, Inc.** is very good and the financing is excellent.

Simplicity financing makes buying a new Simplicity lawn tractor easy. Now, you can buy a new Simplicity and make no payments and no interest until September 1, 1998. **Reed Lawn & Leisure** can explain; some conditions apply.

If you had your heart set on a Honda or a John Deere tractor, they also offer attractive financing.

If your tractor or mowing machine isn't dead—just wounded, the service department at **Reed Lawn & Leisure** can deal with curing it. Bring your machine in for repair or call and make arrangements for

pick-up and delivery.

Chipper vacuums, tractors, riders, walk behinds, all the latest in lawn care equipment and accessories in name brands can be found at **Reed Lawn & Leisure** on Rand Road. These lawn care experts suggest you stop in, browse around, ask questions, and purchase your favorite Simplicity, Toro, Honda, Echo or John Deere. And at **Reed Lawn & Leisure**, they not only sell the equipment but they also service it.

**Reed Lawn & Leisure** also carries a complete line of rototillers, chainsaws, power blowers and string trimmers.

If you need to unclutter your garage, consider a Heartland Barn for the storage of all your lawn and garden equipment.

## Evening Book Group

The Barrington Area Branch of the American Association of University Women (AAUW) Evening Book Discussion Group will discuss *Into Thin Air* by Jon Krakauer on Tuesday, May 25, 1999 at 7:30 PM at a member's home.

AAUW is a national organization committed to educational equity for women

and girls. The Barrington Area Branch sponsors monthly programs, hosts social activities and is active in the Barrington community. Membership is open to anyone with a baccalaureate or higher degree from an accredited college or university.

For additional information, please call 847-381-4791.

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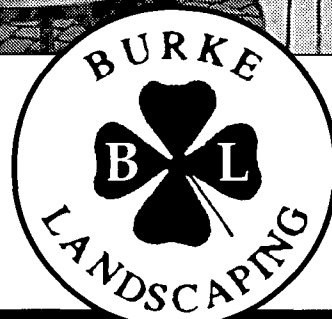
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## Answers from the Experts

**Barrington Kitchen & Bath Studio's** four designers have the answers to questions you may have about your kitchen or bath project. This month's questions and answers feature Kaye Hathaway, CKD and Debbie Vinopal, ASID.

*I will be remodeling my kitchen later this year. How can I tell if an island will work in my new kitchen?*

Kaye Hathaway feels that islands should aid traffic flow and help refine work areas. "Ideally, I allow 42" of clearance between the island and adjoining walls or cabinets. In a huge-traffic area, a space where appliance doors will be opened or a multi-cook kitchen, 48" or more is better. Sometimes the aisle can be less than 42" with clever appliance placement and space planning. I often suggest using an open ironing board to get the feel of an island in an existing kitchen."

*Is it a good idea to put my sink or burners on the island?*

Debbie suggests the following: "A second sink installed in the island is a good idea. It allows your children or guests a water source for drinks or hand washing, away from the sink you are using for meal preparation. Because the sink is one of the busiest areas in the kitchen, installing your main sink in the island can be nice. This location gives you a better view of the room without having your back to the

family's activities."

"Burners on the island, however, raise the issue of safety. The island becomes a natural gathering place for children or guests. It is not safe or comfortable to be that close to this hot surface. However, sometimes the island is the best place for a cooktop due to the layout of the room. It would be important in that situation to work closely with your kitchen designer to create an island that addresses those safety issues."

*In my new addition, the island will divide my kitchen and family room. What can I do to make my island functional but attractive so I don't feel like I'm cooking in the family room?*

"We are fortunate to have to have so many furniture-type details which can be incorporated into islands," says Kaye. "In our showroom, we show both an arts and crafts style leg system and elaborately carved counter top brackets, and these are only a small sample of the possibilities for your new kitchen. I often make the part of the island closest to the family room a bit taller to provide a visual barrier to block the clutter of meal preparation, while still allowing the cook to be part of the action."

If you have a question you'd like to see addressed in this column, please send us a note.





## Would Your Family Enjoy This?



Summer will soon be here. With it comes carefree days for family fun. Wouldn't a spa on your deck be great? Spas don't have to be hot in Summer. You can have them cool and refreshing. And, on a cool

Summer night, turn it steamy again.

For a spa set in a perfect setting (your design or theirs), call **Swanson's Spas & Saunas** on Rand Road in Lake Zurich. Why put it off any longer?

## The Carpet Mart—Spring Sale

**The Carpet Mart**, (Tim's Carpet and Tile, Inc.), is conveniently located in the Deerpath Court Shopping Center in Lake Zurich.

With over 15 years of experience in the flooring industry, owner Tim Murphy services the needs of residential and commercial clients in the Chicagoland area. **The Carpet Mart** offers a complete variety of quality flooring products and services at competitive prices. Whether you are in the market for carpet, area rugs, hardwood flooring, ceramic tile, sheet vinyl, laminates or discounted remnants, **The Carpet Mart** is your one-stop-shop.

We invite you to browse through our beautiful showroom, or allow a member of our friendly qualified personnel to come to your home or office to assist with

your flooring selection.

### Why Shop The Carpet Mart?

- Top quality merchandise from brand name manufacturers at great values
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- We will **Meet-or-Beat** all prices
- Professional experienced installers

## Brighten Up Mother's Day with Flowers!

### Happy Mother's Day!

Moms love flowers, so why not give her a beautiful arrangement that will last a lifetime? **Decorating Connections** is offering spectacular silk floral arrangements at **30% off** throughout the month of May!

Also on sale in May are Colonial Mills braided area rugs. You can **save 20%** on these area rugs which are ideal for your kitchen, bathroom, powder room and laundry room! Talk to one of our designers to find out which rug is perfect for you!



with one of our designers today.

If you are looking for interior design, commercial design, furniture, artwork, lighting, carpeting, area rugs, decorative painting or accessories, then please visit us at **Decorating Connections Inc.**

We are located in The Marketplace Shopping Plaza on Route 59 and Kelsey Road.

## Rev. Phyllis Mueller Resigns After 13 Years at Home of the Sparrow

After serving as Home of the Sparrow's co-founder and executive director for 13 years, Rev. Phyllis Mueller has resigned.

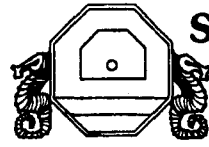
McHenry-based Home of the Sparrow, Inc. is a non-profit transitional housing program for homeless women and children. Rev. Mueller founded the agency

with a group of volunteers from seven churches, responding to a growing need for homeless assistance.

Although Rev. Mueller originally made a five-year commitment to help open McHenry County's first homeless shelter, she has stayed with the agency for 13

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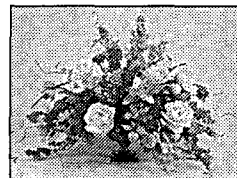
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Mother's Day

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years. Home of the Sparrow opened its first transitional shelter home in McHenry in 1986.

With Rev. Mueller's guidance, the agency has expanded to open three additional shelter homes in Woodstock, Crystal Lake and Palatine. Home of the Sparrow also operates graduate apartment housing and three Sparrow's Nest Thrift Stores in McHenry, Cary and Arlington Heights.

Since its inception, The Home of the Sparrow has helped more than 1,700 women and children achieve independence. Emphasizing education and job training, the program fosters self-esteem and self-reliance.

"I believe my call to ministry is being

redirected," Rev. Mueller said. "We have far exceeded the goals I'd hoped we could accomplish for Home of the Sparrow and my own personal goals with this organization.

"I am grateful for the thousands of people who have helped Home of the Sparrow over the years. Because of them, we have grown into an organization that reaches thousands of needy people in a multitude of ways."

Home of the Sparrow's board of directors is forming a search committee to hire a new executive director. Rev. Mueller said she is confident the agency's staff and board of directors will carry forth Home of the Sparrow's mission.

## "Step Out With the Sparrow" on May 8

Get out your dancin' shoes and join the crowd at the Home of the Sparrow Palatine's second annual dinner dance. "Step Out With the Sparrow" will begin at 7 PM on Saturday, May 8 at the Arlington Park Hilton. There will be a live and silent auction and also a "duck pond" of prizes to add to the festivities.

Co-chairpersons Linda Mikkelson of Palatine and Pam Smith of Inverness are pleased with the response so far and with the plans for the evening. They also co-chair the Palatine Partners, which is a support group for the local Home of the Sparrow residence. If you are interested in tickets or information about the dinner dance, please call Linda at 847-991-1275

or Pam at 847-202-5662.

The dinner dance will provide funds to run the operation of the Home of the Sparrow Palatine for several months. What happens in the house? There's a transitional program for homeless women and their children. The residents have much more than food and shelter. They receive individual and group counseling as well as parenting classes, help in getting and keeping a job, assistance in goal setting, budgeting and much more.

The women are supposed to get a job within two weeks and then save 70% of the money that they earn, putting it toward future rent and security deposit. They also share the duties of the house—

cooking, cleaning, shopping—with the other residents.

The objective of the program is to help women get on their feet and into their own homes as soon as possible. The next thing the Palatine Advisory Committee works on will be a "graduate" or "stage-two" house. This would be a place for the women to move on to, receiving help with expenses while there. In McHenry County, where this program began in 1985, there are graduate houses. The system works well. Any company, organization or individual that would like to help with the cost of the graduate house should contact Laura Langley at 705-6850.

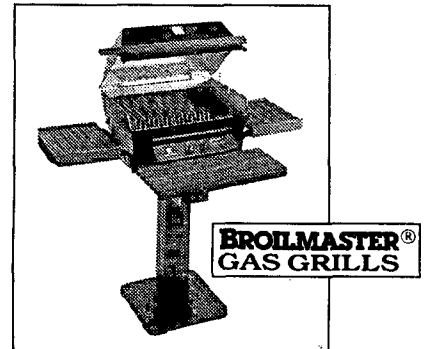
A new addition to the area is the Home

of the Sparrow Palatine's thrift shop. Located at 1818 W. Northwest Highway in Arlington Heights, The Sparrow's Nest opened in mid-December. It's doing well, thanks to the generosity of the community. Please stop by if you haven't seen it yet. It's open from 10 AM to 4 PM, Monday through Saturday, except on Thursdays when it's open from 10 AM to 8 PM.

The Palatine Advisory Committee met recently to discuss plans for the rest of the year. In addition to McHenry Board Member Charlie Crawford and staffer Laura Langley, attendees were: Rita Canning, Nita Kay LeMay, Terry Leighty, Deborah Luna, Mike Moorman, Marcia Nelson, Dan Pelletiere, Pam Smith and Barb Richter.

## Spring Sale at Northwest Metalcraft

Northwest Metalcraft, in business since 1945, is now having their **Spring Sale**. The sale, now in full swing, is featuring all the patio furniture and outdoor equipment you'll need for outdoor living and family barbecues. Shop early for best selection in their huge 22,000 square foot showroom.



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porch or garden.

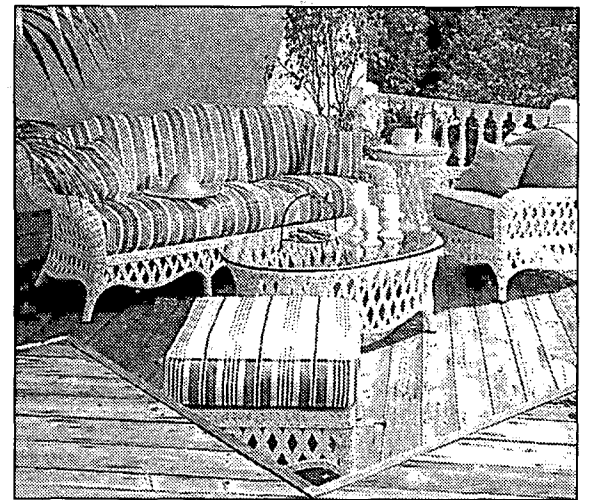
Northwest Metalcraft has all the specialty items for your outdoor areas—such things as hammocks, swings, furniture covers, replacement umbrellas and cushions—even birdhouses!

Cooking up something special? How about a gas grill, in either propane or natural gas, by ProChef, Broilmaster, M.H.P., Weber or T.E.C. These cooking systems offer the latest technology and convenience and are priced from \$329 to \$5000. Ask about the gas grill demonstration. Northwest Metalcraft can install gas lines and hookups.



Northwest Metalcraft has the best selection of casual and outdoor patio furniture. Name brands such as Woodard, Brown Jordan, Tropitone, Homecrest, Lane Venture, and many more. These beautiful patio groups are offered in wood, wrought iron, wicker/rattan, aluminum and wrought aluminum. Seating options include cushions, slings and straps, which come in a variety of colors and patterns, fabrics and materials. There is a style for every sunroom, deck or patio.

Teak furniture by Kingsley-Bate adds charm and beauty to



You can be assured of good selection, fair value, and competitive prices—service and satisfaction at **Northwest Metalcraft**.

The showroom is only 20 minutes from Barrington, just four blocks south of Northwest Highway at 413 South Arlington Heights Road. We are open seven days a week to accommodate your schedule. Our hours are 9 AM-8 PM Monday-Friday, Saturday 9 AM-5 PM, and Sunday 10 AM-5 PM.





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# Spring Sale



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## Getting to "Wow!"

"Wow! Every time we walk into the kitchen, it takes our breath away!"

"...the crown jewel of my home."

"I can't believe I'm living in something this beautiful."

"Thank you for our fabulous new kitchen... We love what you've done for our lives."

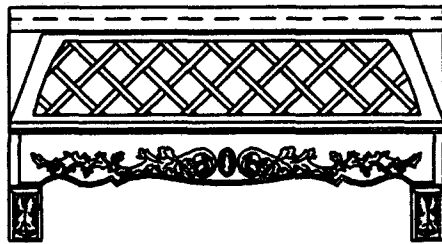
At **McCauley Design**, we change the way people live by transforming old, out-of-date kitchens, libraries, family rooms and home offices into beautiful, state-of-the-art living spaces that express our clients' unique personalities and the unique character of their homes.

When we design a kitchen, our focus is on the joy of cooking. When we create a home theater, we are creating a setting for art. When we go to work on a library, we are giving our clients a place to think, relax and produce. Only by focusing on how our clients live can we consistently produce designs that inspire comments like, "We love what you've done for our lives."

### Details Make the Difference

No two **McCauley Design** kitchens are ever alike. It is our attention to detail that makes the difference between an ordinary kitchen and a **McCauley Design** kitchen.

Each **McCauley Design** kitchen is meticulously crafted out of unique pieces of furniture which we design after exhaustive consultation with our clients. Whether your home is Georgian, Colonial, French Chateau, Prairie School, Eclectic or any



Unique details like this hood, specially designed for a North Barrington home, make the difference between an ordinary kitchen and a kitchen by **McCauley Design**."

other style, our designers have the background and experience to fit the kitchen to your home.

Having produced hundreds of kitchens at the highest standards, **McCauley Design** knows how to use elements that bring a sense of richness to your project. We provide special moldings, valances, corbels and other details that speak of history and unique craftsmanship.

That's why we can say with confidence, "You'll love what we do for your life!"

### Come See Us

**McCauley Design** is located in Barrington Village at 220 South Cook Street one block east of Hough Street (Barrington Road) and two blocks south of Main Street (Lake Cook Road). We're open Monday through Friday from 10 AM to 5 PM, and Saturday from 10 AM to 3 PM. Or call for further information or an appointment at **381-2742**.

## Time to Clean Out Your Closet— We Mean Really Clean It Out!

Use your imagination for a moment. Imagine the closets in your home. What do you see in your mind's eye? Neatly stored clothes, shoes, hats, purses and other valuable items? Or, do you see clutter and disarray?

If you're like most people, you probably have the traditional shelf-and-rod closet with shoes and boxes on the floor and lots of wasted space. Or, a wire system that looks a bit like the inside of a refrigerator and leaves grid marks on folded clothes.

**Closet Masters** invites you to look at closets in a new way. To begin with, think of your closets as an investment. When you consider how much each square foot of your house costs, you'll realize your closet space is as valuable as your living space.

**Closet Masters** believes that you should enhance the investment in your home by making each closet work harder

for you.

By tailoring **Closet Masters** custom designed closet and storage components to your home, **Closet Masters** can increase the investment value of your existing closets and storage spaces) while virtually doubling their usable space.

We've spoken about enhancing your home investment. Studies have shown that when you sell your house you can expect to get back 90 to 100 percent of the money you spent on the closet systems and built-in storage. Houses with professionally installed closet and storage systems sell faster than those without them.

Let your imagination be your guide as to where you can best use **Closet Masters'** custom-designed closet and storage systems.

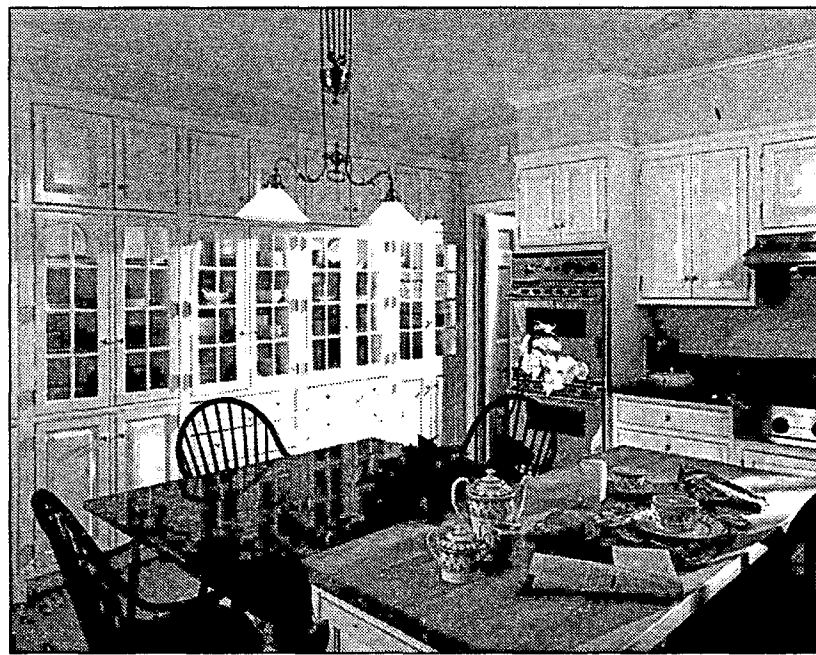
So c'mon... clean out your closets... really clean 'em out!!!

**Closet Masters. Your Local Closet Professionals.**

## Fine Arts Department Scholarships Available

The Barrington High School Fine Arts Department is accepting applications for numerous Summer Camp/Institute stipends. These include the Peter Forbes Memorial Award for a choral student; the Hillary Prow Memorial Award for a junior theater student; the Heidi Lyn Morser Music Award for a graduating senior in band/orchestra; and the Mark Memorial Scholarship to a graduating senior who plans

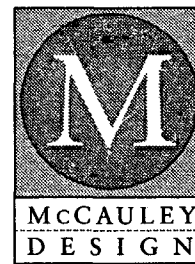
to continue his/her music education. Also available are the Walter Geisen Scholarships for all fine arts students who participate in summer arts programs. Applications are available from the Fine Arts Office (Art Gallery) or from a Fine Arts teacher. The deadline for returning applications is Monday, May 10. Questions may be directed to the Fine Arts Office at 842-3214 or to Dena Bellows at 382-0583.



Each and every **McCauley Design** project is individually created to reflect the unique architectural character of its surroundings and the unique personalities of its owners.

No two projects are ever the same.

Kitchens - Libraries  
Entertainment Centers



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Featuring

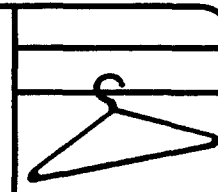
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## Spring into Bloom

It's time to *think spring!* Time to get out into your garden and start a new planting season.

Can't wait until the threat of frost passes to dig in and plant? Come to **Hager's** and begin your planting season with roses, perennials and cold-resistant annuals such as pansies and geraniums.

Throughout the ages, the "queen of flowers"—the rose—has graced sunny landscapes with its color, form and fragrance. Nothing is lovelier than a rose garden in full-bloom, and there is no better time than now to purchase No. 1 Grade Jackson & Perkins roses. During May, **SAVE 30%** on all roses at **Hager's**.

As the spring bulbs fade, now is also a perfect time to enhance your landscape with perennials. **Hager's** grows a varied selection of first-year bloom perennials in one gallon containers. Use them in com-

ination with annuals to extend your season of blooms, color and fragrance.

At **Hager's**, we are proud of our reputation for the widest selection of top quality zonal geraniums around. We stock pot sizes suitable for replanting, and the popular 10" clay potted geranium and ivy geranium hanging baskets—perfect gifts for Mother's Day.

After the frost threat passes, dig in and surround yourself with color. Plant those annuals you've been dreaming about, and decorate your patio and windows with colorful floral containers. We offer a wide selection of top-quality annual bedding plants and flowering hanging baskets, including the hard-to-find varieties. In addition, our selection of herbs and vegetables is sure to satisfy all your gardening needs.

*Happy planting!*

## Glare-Not Window Tinters Provides Savings Year Round

Improve appearance with the elegant look of window film. Residential films are now backed by a manufacturer's lifetime warranty. Solar Gard, Sun Gard and 3M films come in a variety of densities from clear to blackout or neutral to reflective with a natural and beautiful look. Neutral films keep the same look of the trees, grass, and blue sky.

Window film rejects up to 98% of harmful ultra violet rays which is a major contributor to fading of furnishings, carpets, drapes, pictures, etc.

Solar Gard, Sun Gard and 3M also improves efficiency by rejecting up to 79% of the sun's solar energy in the summer and insulating your home to retain heat in the winter, meaning less money going to our favorite people (electric co.) and remaining in your pocket.

Window film also increases safety with

pressure sensitive adhesive. The adhesive bonds the film to the glass helping to hold fragments in place if glass breakage were to occur by a golf ball, baseball, or burglar, making glass shatter resistant.

**Glare-Not Inc.** has provided savings and security for 10 years in Barrington, Long Grove and the north shore area. Remember all Solar Gard, Sun Gard and 3M films are backed by a manufacturer's lifetime residential warranty. Many locations are tinted by **Glare Not**, including: Brach's Candies in Chicago, Avon Corp. in Morton Grove, two Ace Hardware corporate offices, four Armcore banks, First National Bank of Chicago, plus 1,000's of homes. References are available upon request.

We look forward to saving you money!!!

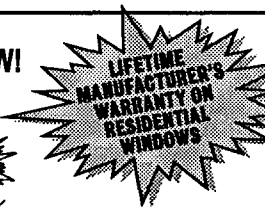
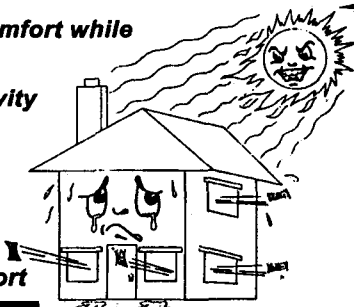
For further details, please call (847) 382-8468 or (815) 363-8468. Or, call us at our Naperville division—630-415-1205.

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## PHD Honors Volunteers



Among those honored at the PHD Awards Luncheon were: (L to R) Inez Roberts, Sonia Martyniuk, Barbette Dupree, Ellen Pelnar, Nancy Moore, Kim Edstrom, Judy Dincher and Susan Meyle.

The weather was warm and full of the promise of spring; the tulips adorning the tables of the ballroom at the Cotillion were just right for celebrating the many talents and achievements of our volunteers.

Each year, PHD takes this opportunity to honor all our volunteers and to recognize those who have given above and beyond expectations.

PHD located in Palatine, offers women and their families support when faced with an unplanned pregnancy. PHD also offers a program called "Independence Highway" to high schools and youth groups dealing with pregnancy prevention.

Each year, this luncheon coincides with the graduation of our new Intake Coordinators. These dedicated women have been attending classes each Friday over the past 10 weeks to prepare them to vol-

unteer at PHD as Intake Coordinators. The luncheon is the perfect opportunity for the new volunteers to mix and get to know the rest of the PHD family. We are pleased to welcome: Marion Calhoun, Judy Dincher, Barbette Dupree, Becky Grimm, Sonia Martyniuk, Susan Meyle, Nancy Moore, and Ellen Pelnar. We are also pleased to welcome our counseling intern, Kim Edstrom and two Board members, Inez Roberts and Joyce Wisniewski. Congratulations to all.

Each year, we present the Marion Stocker Award to the volunteer who best represents the qualities of our founder, Marion Stocker. The award recipient this year is Mary Kay Williams, a resident of Barrington. Mary Kay has been involved with PHD for over 10 years in a variety of roles, her most recent being the President of the

## Career Transition Assistance

The Barrington Career Center provides the job search assistance due to unemployment, re-entry to the workforce, career transition or first time employment. Free of charge services include skill-building seminars, networking groups, personal career planning consultations, private work stations and Internet access and employment listings. Myers-Briggs Type Indicator career assessments are also available for a minimal fee.

The Career Center's hours are Monday from 6:00 to 9:00 PM; and Tuesday, Wednesday and Thursday from 10:00 AM to

4:00 PM. The offices are located in the Lutheran Church of Atonement at 909 E. Main Street in Barrington, IL. For more information, call 847-304-4157.

### Job Search Skill Building Seminars— Every Thursday from 7:30 to 9:00 PM

- May 6—The Job Interview
  - May 13—How to Unleash Passion in Your Future Job
  - May 20—Looking Your Professional Best
  - May 27—Creating Your Resume
- Job Networking Meetings are held every Tuesday from 9:00 to 10:00 AM.



Board of Directors. Prior to that, Mary Kay facilitated one of our Single Mother's Support Groups. We are very grateful to her for sharing her time and talents with PHD. Congratulations Mary Kay!

Other volunteers honored at the luncheon were: Rita Gerry, a Mailroom Volunteer; Kathy Travaglio, Events Volunteer; Pauline Weiland, Special Projects; Cheryl Rathe, Volunteer Professional; Hank Ingle, Technical Team; Kathy McGourty, Junior Board; Doris Fierros and Mary Lou Wilhelm, Case Managers; Joan Drolet,

Baby Closet; and Jan Pemoller, Board of Directors.

PHD serves over 2,000 clients annually. We would not be able to provide the excellent programs and services we do without the continued dedication of our volunteers. Presently, PHD has over 120 volunteers that lend their time and talent to this most worthwhile cause.

If you would like more information about PHD, or would like to volunteer, please contact Yvonne Gardner, our Volunteer Coordinator, at 847-359-4919.

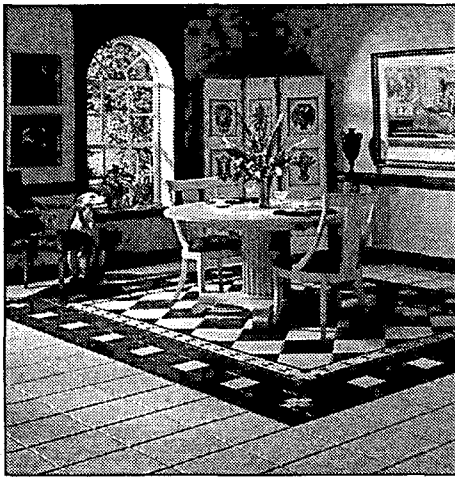
## Euro Tile and Stone, Inc.—New Name & New Management, The Best Selection

**Euro Tile and Stone, Inc.**, located at 775 West Main Street in Lake Zurich, is celebrating its 12th year of service by increasing its already large inventory of ceramic tile and stone. We specialize in the sales and installation of ceramic, porcelain, marble, granite and all types of natural stone, as well as the fabrication of counters, vanity tops and fireplaces.

At **Euro Tile and Stone**, we take the time to know and understand our clientele. Our clients recognize excellent quality and workmanship when they see it. Therefore, we must pick the best and finest materials from all over the world, whether it be ceramic or stone.

Whether it be a kitchen backsplash and granite countertops or a complete new bathroom, **Euro Tile and Stone** is the only resource you will need.

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## Spring Celebration

Many gift-giving holidays are quickly approaching. Mother's Day, Father's Day, graduations and weddings are special occasions to celebrate. Consider framing a special memento or photos for your loved ones. We at **Maura's Frame Shop & Art Gallery of Lake Zurich**, located in Lakeview Plaza, specialize in custom framing. Unusual designs such as creative mats, shadow boxes and glass traps are available. A discount of **20% off framing materials** is being offered until June 10, 1999 or bring in a competitor's coupon to be honored.



*French Tulips and Crab Apple*  
by Robin Anderson

Visit us and choose from hundreds of limited edition and open edition fine art prints, framed and unframed. Lithographs, seriliths and original canvases are also available. Consider a sports picture or photo for Dad or special graduate. Michael Jordan's *Final Shot* is in stock. A custom designed collage of wedding memorabilia would be a wonderful gift

for years to come.

**Maura's**, at 91 South Rand Road, is an authorized dealer for many popular artists, including Steve Hanks, Bev Doolittle, Mary Mark, Charles Peterson, Terry Redlin and Charles Wysocki. Browsers are welcome to peruse catalogs of art prints and take home art brochures. Western art, contemporary glass sculptures and art books are featured also.

*Come and celebrate spring!*



**Frame Shop and Art Gallery  
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## What is "Custom" Residential Architecture?

We see this word "custom" on everything lately. What does "semi-custom" mean? Why do some people think that anything made custom is only for the wealthy?

"As residential architects, we are constantly asked to define and dispel the myths associated with this word," says John C. Cazzetta, of **Kemper Cazzetta, Ltd., Architects** in Barrington.




The definition of the word "custom" as it relates to residential architecture is actually quite simple. A true custom design is something that is solely created by the architect from the specifications and desires of the client. For example, a traditional colonial can be designed as a custom plan. A custom plan is never repeated or sold to other clients, and the architect and homeowner maintain the only originals.

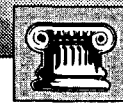
Anything short of this definition is NOT a custom design. Plans that already exist which are revised by the architect per the owners or builder's program is a "customized plan." "Semi-custom" is when a

builder offers model plans and the homeowner selects "a la carte" upgrades to the plan.

The biggest myth of custom residential architecture is the expense. "We have many clients who want a simple plan and have a limited budget, but do not want to choose from 'Plans A through F.'" They want their housing dollars to be utilized to the fullest potential.

If you wish to discuss a custom design with us or customize an existing plan that you have, please call Principals Cheryl Ferguson and John C. Cazzetta at **Kemper Cazzetta, Ltd., Architects** at **382-8322**.





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## Barrington Area Arts Council's 13th Annual Art Fair

The Barrington Area Arts Council (BAAC) is thrilled to announce The 13th Annual Summer Art Fair on Sunday, June 20, (Father's Day), sponsored by Northern Trust Bank and Barrington Courier-Review and partially underwritten by Travel House, Inc. Take a stroll down Cook and Station Streets in downtown Barrington from 10 AM until 5 PM and visit over 90 juried artists. The BAAC invites everyone to enjoy the day, but requests that the family pets are left at home.

Included in the type of fine artwork that will be offered for sale are watercolors, oils, pastels, colored pencils, acrylics, ce-

ramics, sculptures, glass, mixed media, photographs, printmaking, fine crafts, jewelry and computer art. BAAC has worked hard to bring this fine selection to the members of our community who appreciate and support the arts.

Throughout the day there will also be entertainment and a wide variety of food. Musical sounds will fill the air from Prairie Smoke, Folk/Popular; Grand Avenue, Jazz/Swing; and Craig Kenning with his Folk, Pop and Blues sound.

There is no charge to attend this family affair. For more information, you may contact BAAC at 847-382-5626.



Let **Tom's Lawn & Landscaping** and their qualified staff design your landscape setting with **PAVELOC Brick Pavers**.

We will create a picture just for you.

Call for a **FREE**  
No-Obligation  
Estimate

**Tom's**  
**LAWN & LANDSCAPING**  
Design • Construction • Maintenance  
(815) 455-4601

## Elegant and Serene Landscape Design

**Tom's Lawn & Landscaping** is a family-owned business that has served the greater Chicago area for 13 years with quality designs, installations and maintenance. The staff at Tom's believes that a beautiful setting to call home is definitely one of the sweetest comforts in life. But, they are also very aware that peaceful home settings don't just happen. They are dedicated to professional and quality-crafted landscape design and installation.

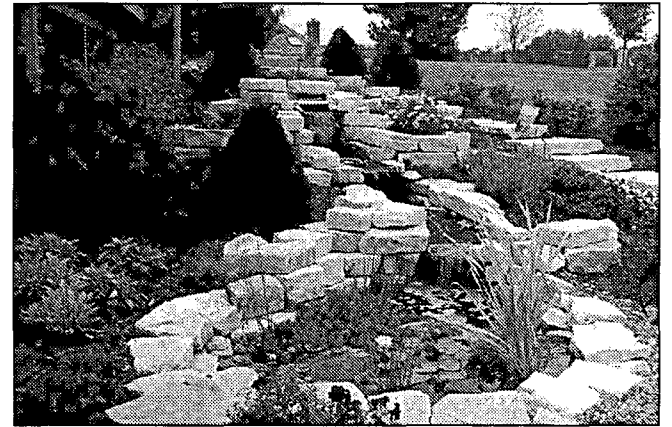
Tom's is convinced that a landscape that is well designed and pleasing to the customer's eye is a result of a careful evaluation of customer needs. Brian Schmidt, Vice President of Landscape Sales at Tom's, says, "Any knowledgeable and experienced landscape architect will

be aware of the many factors involved in the landscaping process such as the customer's preferences, materials used to meet those preferences, desired entertainment areas, pedestrian and vehicular traffic flow, service areas, existing natural and man-made conditions, overall unity, repetition and balance of the design."

You can be assured that **Tom's Lawn & Landscaping** doesn't resort to "cookie cutter" designs for landscapes. Tom's provides their customers with a custom design that is tailored for each customer's specific needs and desires. Tom's creates truly inviting landscapes that include a variety of attractive patio, sidewalk and driveway designs using Paveloc Brick Pavers. The combination of well defined

plant beds and lawn areas with Brick Pavers has augmented Tom's creativity, enabling them to create outdoor scenes that are incredibly comfortable and relaxing on one hand and truly beautiful and artistic on the other. Paveloc Brick Pavers, used in contemporary, traditional or country designs, dramatically enhance the atmosphere of any home's exterior.

So, if you want to create your own perfect setting, then call the professionals at **Tom's Lawn & Landscaping**. They pro-



vide complete landscaping service from landscape designs and installations to year-round maintenance. Let them help you make a change to your surroundings.

## COLDWELL BANKER RESIDENTIAL BROKERAGE

proudly announces a new service for the home seller who is ready to sell and the home buyer who is ready to remodel

### *The Concierge Program*

As a home seller, it's clearly in your best interest to see that your home is in its most sparkling, most appealing condition—both outside and in—when you put it on the market. What needs doing? What makes sense dollar-wise and what doesn't?

As a home buyer, how do you finance it, warranty it or transform it to fit your vision of your dream home? Call us. We will help you assess your needs and direct you right to the services you're looking for. That's what we're here for, to help make what is probably your biggest single investment pay off.

Whether it's financial services or interior decorating, home improvements or home furnishings, the Coldwell Banker Concierge service will put our home buyers and home sellers together with the appropriate partners.

**We're the real estate professionals with the business expertise.**

*The new*

**COLDWELL  
BANKER**

**BARRINGTON OFFICE**  
330 E. Main St.  
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## Tips from the Top

Margaret R. Semrad  
Broker/Manager  
Barrington Office

*The new* **COLDWELL  
BANKER**

I heard a great saying recently... "Change is inevitable but progress is optional." We at **Coldwell Banker Residential Brokerage** have chosen the path of progress. We continually look for new ways of doing business.

**Bells and Whistles**—One new **Coldwell Banker** program recently announced is the Concierge Program. Concierge is a dynamic program developed to provide high-quality products and services to home buyers and sellers.

Buying or selling a home can be overwhelming. Often, our clients come to us for advice on finding services to help them before, during and after their move. In fact, 80% of home buyers plan to make some major home improvements after their purchase. That is why the **Coldwell Banker** Concierge Program was created. The Concierge Program has done the legwork to find the precise service providers that buyers and sellers need; which means clients don't have to spend their time searching the yellow pages or trying to get recommendations from friends and

neighbors.

So we've done it. We provide our buyers and sellers with one-stop shopping. We compiled a network of qualified contractors exclusively for **Coldwell Banker** customers. We've aligned ourselves with the best.

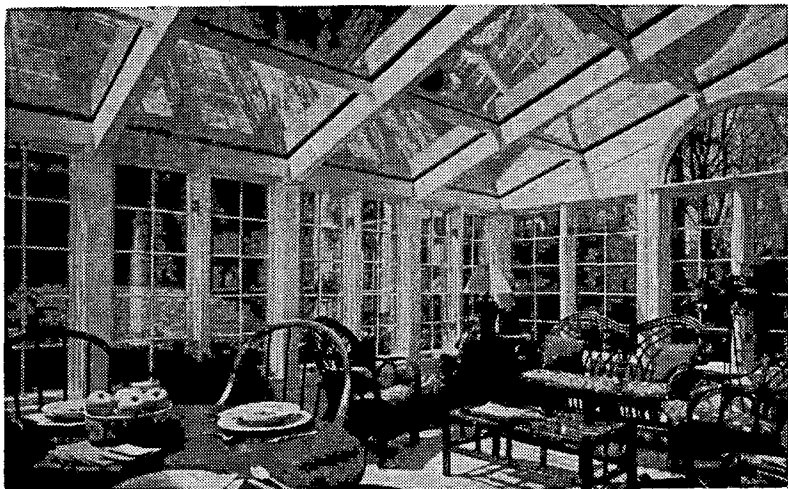
These contractors are selected because they meet our high standards. Each contractor's professional qualifications, responsiveness and quality of the work performed are among the many factors considered. The program was designed with our client's needs in mind and, best of all, there is no charge for using the program. My friend Napoleon is really going to like this!

Well, Napoleon called... my weekly call. Napoleon is getting educated through our phone calls. I told him about the Concierge Program and about the Preferred Alliance Program, which is part of the Concierge Program. Our customers will get exclusive discounts and special savings on products and services from well-known companies

*(Please continue on page 58)*



## An Exciting Home Addition



In addition to providing custom room additions with bathrooms, kitchens and fireplaces, **Armcor Design and Build** is your local store for **Four Seasons**, the nation's largest manufacturer of greenhouse/solarium-type room additions for residential and commercial applications.

Each **Four Seasons** product is meticulously designed and crafted to be a practical, beautiful, and exciting home addition that will bring a new dimension of space, light and warmth to what might otherwise be an ordinary room, whatever the season or location of your home.

**Armcor Design & Build** craftsmanship and quality products are also an excellent investment and can add real value to your home. Often, much of your investment in a **Four Seasons** sunroom can be recovered when you sell your home.

Glass room additions create views of the sun and sky and add extra living space with possibly little or no alterations.

New MC<sup>2</sup> glass, with a Lifetime Warranty and specially designed to keep summer heat out and winter heat in, is one key to **Four Seasons'** success—especially in our Chicagoland climate.

Many patented features are available exclusively from **Four Seasons**, and all products are designed to meet or exceed building-code structural requirements and have successfully withstood more than 100,000 installations.

**Armcor Design & Build** will provide you with a complete "turn key" room addition project or you can build it yourself. Every **Four Seasons** greenhouse/solarium product is maintenance-free, weather-tight and comes with a lifetime limited warranty on MC<sup>2</sup> glass, five year warranty on parts and a one year warranty on labor. There are numerous options, both wood and aluminum systems, and a wide variety of models and sizes. For more information, phone (847) 277-9880.

## What Makes a Kitchen Country?

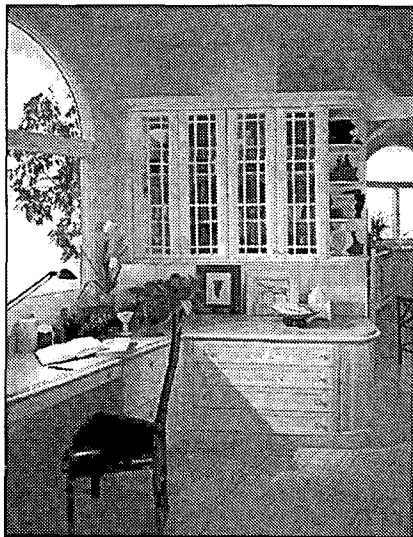
At some point (and it may be soon), you will probably want to remodel your kitchen, and you may be leaning toward a "country" kitchen. No doubt, you can already visualize it with the latest appliances, handsome cabinetry, country print wallpaper, and matching window treatments. At the same time, however, you may be wondering how to tie it all together. One of your biggest concerns might be choosing cabinetry that fits the country concept.

According to Star Norini, CKD, ASID, design consultant at **Distinctive Kitchen Designs, Inc.** in Wauconda, Illinois, "country is a manner of detailing rather than a style, so you aren't committed to using one particular style of cabinetry."

Many of the cabinet styles used in country themes include doors with panels (both raised and recessed, and square and curved). Another style often associated with country schemes is "V-Joint." The solid wood pieces of the door are held together by authentic tongue-and-groove joints.

You can also choose from several woods—oak, maple, cherry, and pine being the most common. Your selection of finishes ranges from light and natural to medium and dark.

"There are many ways to do a country kitchen," says Star, "but all of them should have three common factors. They should be casual in their mood, natural in their use of materials, and rugged in their de-



tailing."

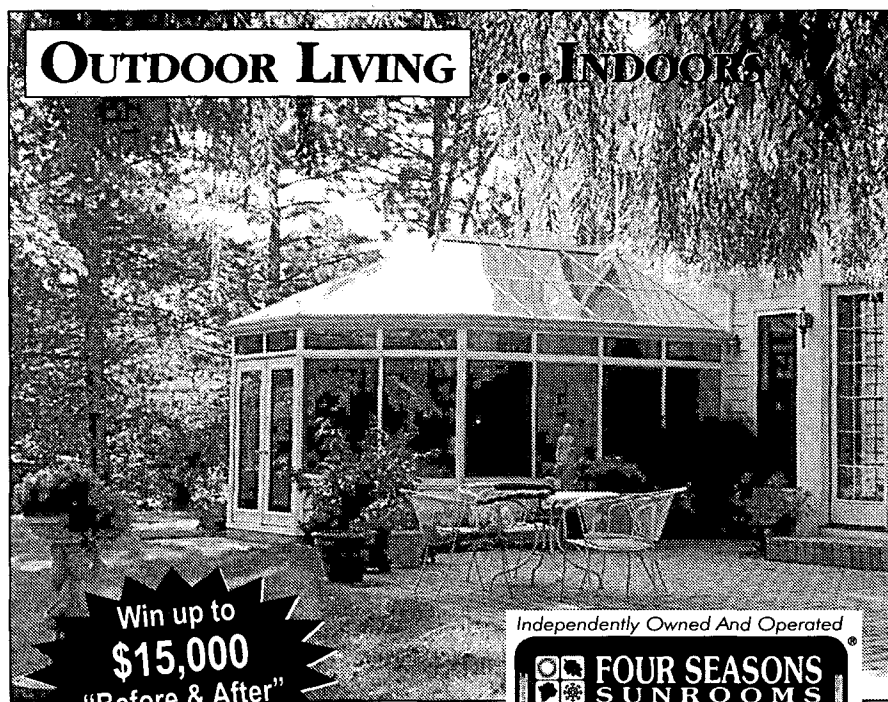
To achieve a casual feeling, Star suggests using open planning. She also cautions not to use a heavy decorative baseboard which tends to formalize a room.

In suggesting natural materials, Star means those in their unrefined state, or those normally found outdoors. "A natural wood door is an obvious example," she explains. "Others include brick, slate, stone, or terra-cotta, but you don't have to use the actual material. A convincing imitation would still be considered a natural."

The detailing, or items that add the finishing touches to your country theme,

(Please continue on page 58)

## OUTDOOR LIVING ... INDOORS



Win up to  
**\$15,000**  
"Before & After"  
Contest

Independently Owned And Operated

**FOUR SEASONS**  
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SUNROOMS · CONSERVATORIES · PATIO ROOMS  
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Give your house a Fresh Look.  
Bring Light, Air, Warmth & Space to your home with a

**Four Seasons Sunroom Addition!**

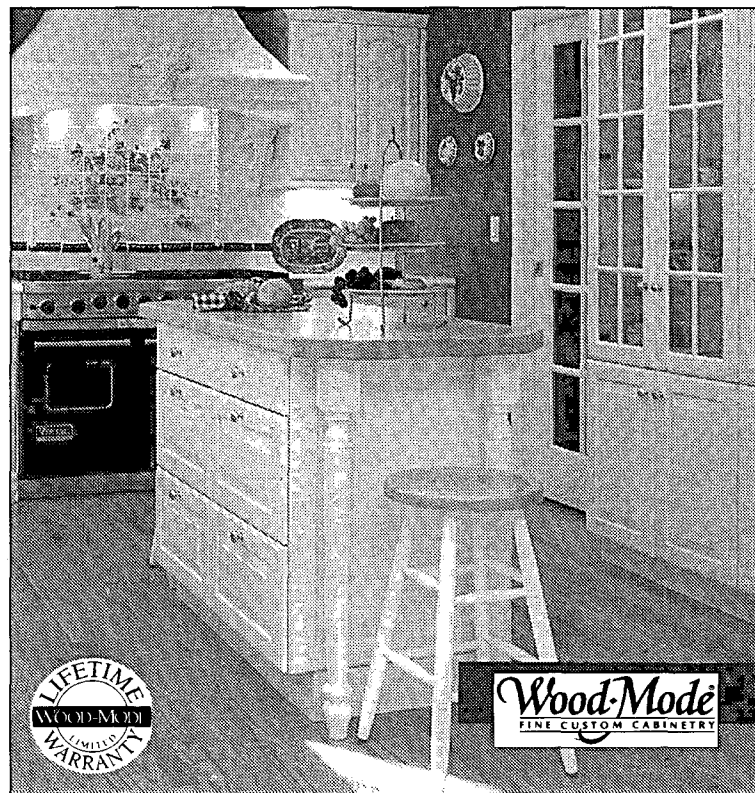
**Armcor Design & Build**

25625 E. Hwy. 22, Barrington, IL 60010  
at the corner of Rt. 59 & Rt. 22 by the fire station

Free Consultation and Estimate  
Financing Plans Available

**(847) 277-9880**

## A KITCHEN DESIGNED FOR YOU



LIFETIME  
WOOD-MODE  
LIMITED  
WARRANTY

**Wood-Mode**  
FINE CUSTOM CABINETS

**Distinctive Kitchen Designs, Inc.**

201-A S. Main Street, Wauconda, IL 60084

(847) 526-7822 Monday-Friday 9:30-5, Saturday 9:30-1



**North Barrington \$1,890,000**  
Magnificent custom estate on exclusive Grassy Lake. Old world craftsmanship—quality 1/0. 10,000+ sq ft. Indr pool, 18' cls, in-law suite, unique turret/music rm.  
**Holly & Wayne Wyckoff 847/465-2291**



## VACANT LAND

**Woodstock \$1,595,000**  
Prime Bull Valley development acreage w/ rolling land & woods—near Resurrection Center. Also available in smaller parcels at \$26,000 per acre.  
**Suzanne Luby & Barb Uskup 847/465-2211**



**Barrington \$539,900**  
Enjoy Traditional w/ contemporary flair in this spacious 5-bedroom home w/ grand foyer, library, 2 staircases & low taxes. "Choice Area."  
**Donna Veller 847/465-2228**



**Lake Barrington Shores \$429,900**  
Picture perfect! Lakefront views from all 3 levels of gorgeous duplex townhome. 1st flr den. Updated white kit. 3 BR. Possible 4th BR/den in walkout LL. Direct entry.  
**Ron & Jeanine VanDeVelde 847/465-2282**

## Barrington Area Office



**Barrington \$419,000**  
2-story traditional home, immaculate & spacious! Formal living room & dining room, 2 fireplaces. 4 BR, 2.1 BA, full basement & 3-car garage. Barrington schools.  
**Bonnie Paice Legue 847/465-2223**



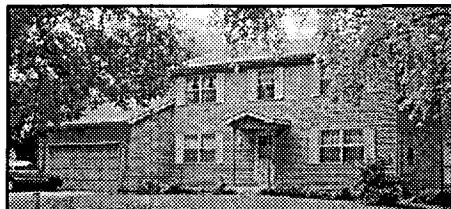
**South Barrington \$939,000**  
Prime South Barrington location! 1.5 wooded acres. Brick/stone traditional home, 4 BR, 4.1 BA, 3 fireplaces, 1st floor study, marble foyer, FR w/ vaulted ceilings.  
**Bonnie Paice Legue 847/465-2223**



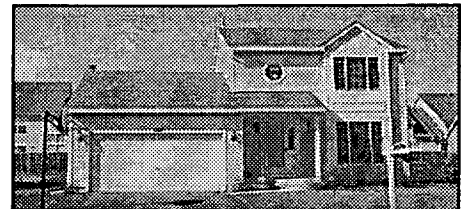
**Barrington \$349,000**  
Billmore at its finest—perfect setting w/ a wall of windows to enjoy the view of pond and lush gardens. 4 BR, 2.1 BA, updated kitchen. Audio Ad#168544.  
**Greg Bradley 847/465-2232**



**Palatine \$299,900**  
Spectacular luxury 3-level townhome featuring 3 BR, 2.5 BA, fireplace & finished walkout LL. Upgrades galore, hardwood floors, security, sound & central vac.  
**Bonnie Paice Legue 847/465-2223**



**Barrington \$269,900**  
Village colonial, low Cook County taxes, formal living & dining. Family room w/ sliders to private deck. Master w/ walk-in & bath.  
**Greg Bradley 847/465-2232**



**Cary \$176,000**  
Resale that looks like new. Great 2-story w/ 2-car gar, basement, deck, fireplace, fenced & interior lot. 2 miles to train & 5 minutes to shops! Home town feeling.  
**Suzanne Luby 847/465-2211**

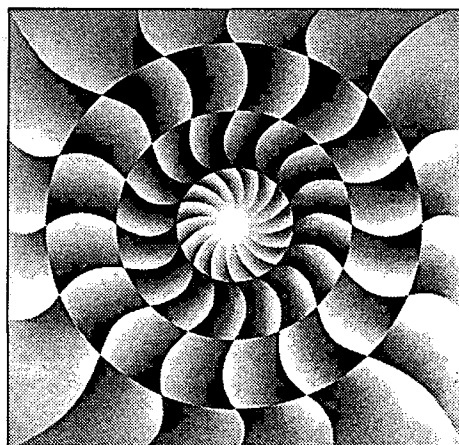
## Everything That's Old Is New Again

The annual spring tea sponsored by the Barrington Community Associates of the Art Institute of Chicago takes place on Thursday, May 6 at the Presbyterian Church of Barrington. The Tea will begin at 1:00 PM; the lecture "Everything That's Old Is New Again: Feminist Strategies in the Art of the 1970's-1990's" is scheduled for 1:30 PM.

This event is free and open to members, guests and anyone interested in the Barrington Community Associates.

Stephanie Skestos will present the slide lecture. She is the Curatorial Assistant in the Department of Twentieth-Century Painting and Sculpture at the Art Institute. She has worked in the Art Institute's Department of Prints and Drawings where she served as curator for various exhibitions. Prior to moving to Chicago, Skestos worked in Washington, DC at the National Museum of Women in the Arts where her interest in feminist art was first cultivated.

"Everything That's Old Is New Again" will focus on the creative and intellectual strategies of women artists. In the 1970's, as feminism was emerging as a sociopolitical movement in America, women artists were looking for alternative ways of expressing their independence through performance art, installation art and video. As these art forms were relatively new and not yet dominated by male artists, it seemed natural for feminist artists, such as



**Judy Chicago, *Let It All Hang Out*, 1973, 80" x 80", acrylic on canvas, collection of the artist.**

Judy Chicago and Carolee Schneeman, to assert themselves in these areas.

As it was necessary in the 1990's for women artists to find their own creative voices, many contemporary artists, such as Janine Antoni and Shirin Neshat, look to the artistic precedents that 1970's feminist artists established as modes of expression and empowerment.

In the lecture, various links between the artists of these two decades will be discussed in regards to feminist themes and creative processes.

For more information, please phone Sue Johnson at 847-381-4551.

## Feiffer's People to Play at Barrington High School

Mark your calendar for May 6 through 8 at 7:30 PM so you don't miss the comedy play *Feiffer's People* playing in the Richard C. Johnson Auditorium at Barrington High School. *Feiffer's People* was written by Jules Feiffer, renowned humorist, cartoonist and social satirist. *Feiffer's People* is made up of brief sketches and monologues which are wildly funny yet biting acerbic in the sharp observations which they provide on the state of the union and the modern world in general. The real joy

and merit of *Feiffer's People* is its free-form manner and the creative freedom it provides the cast of characters. It's a forum for projecting a wry and perceptive world-view of human frailty but always softened by the gentle balm of laughter.

Ticket prices are \$5 for adults or \$4 for those 18 and under; senior citizens are admitted free on Thursday evening only. Tickets are on sale in the Barrington High School Box Office from 10 to 3 PM.

## Instructor Training Offered in July '99

Independence Highway, the abstinence education division of PHD (Society for the Preservation of Human Dignity), is looking for qualified instructors to present programs in high schools throughout the Northwest Suburbs.

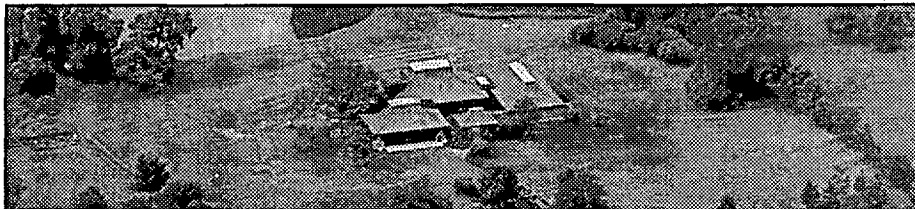
Independence Highway, a relationship and sexuality program designed to prevent teen pregnancies, is on the cutting edge of sexuality and health. The program has been quite successful at empowering teens to protect their futures by choosing to postpone sex until marriage. The three day presentation is fun, interactive and informative. Students define their long-term

goals and look at how their immediate choices may affect the success of those goals.

The key to the program's success is the inspired curriculum and gifted speakers. If you have had any experience with youth and are comfortable speaking in front of groups, please come to an information night on May 20 at Holy Family Parish, Inverness, from 7 to 9 PM to learn about the program and instructor positions.

Training for the 1999-2000 school year will take place in July. Call Laura Beaupre at 847-359-8477 with any questions and to sign up.





**Barrington Hills** **\$1,700,000**  
Waterfront Shangri-La on 10 acres w/ idyllic views, winding drive, 4 fireplaces, 4 bedrooms, 4 baths, gourmet kitchen, private master suite, handsome decor, indoor pool wing & 3-car garage. Enjoy the scenic views of a rippling pond & tranquil lake.  
**Meg Cleavenger & Barb Wessberg** **847/465-2259**



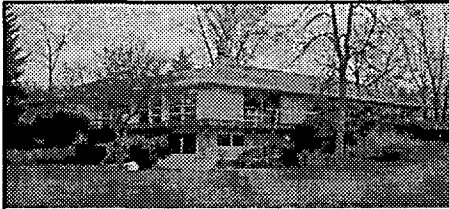
**Barrington Hills** **\$1,300,000**  
Brick Georgian, 5 wooded lakefront acres features outstanding detail, 4 fireplaces, handsome study, solarium & grand foyer.  
**Meg Cleavenger** **847/465-2259**



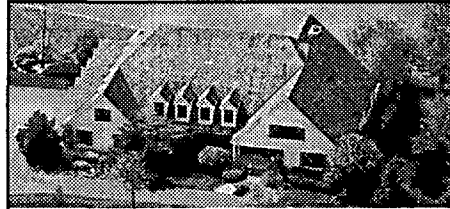
**Barrington Hills** **\$1,100,000**  
Outstanding waterfront estate on 5 acres offers 4 BR, 4 BA, 4 fireplaces, gourmet kitchen, sumptuous master suite, handsome decor, indoor pool wing & 3-car gar.  
**Meg Cleavenger & Barb Wessberg** **847/465-2259**



**North Barrington** **\$839,000**  
Private & wooded—located in gated Country Club community. 1st floor master suite. Sunken LR & library, kit opens to 2-story FR w/ outstanding 3-sided fireplace.  
**Nancy Herr** **847/465-2267**



**Barrington** **\$845,000**  
Waterfront on Heather Lake. Well built brick & stone ranch w/ full finished walkout basement. New kit w/ solid maple cabinets, & Corian counters. Private setting.  
**Nancy Herr** **847/465-2267**



**South Barrington** **\$840,000**  
A real masterpiece—majestic pond/lakefront home w/ your own beach. Great rm w/ circular stone fireplace. Library/loft area, sprawling decks—truly unique.  
**Michael Ralph** **847/465-2233**



**Barrington Hills** **\$825,000**  
A long drive leads through nature's beauty to this 4-bedroom home offering high ceilings, enormous rooms, 3 fireplaces, finished walkout lower level & barn.  
**Meg Cleavenger** **847/465-2259**



**Barrington** **\$799,000**  
Lovely 4-BR, 4.2-BA home w/ gorgeous views, sumptuous master w/ sitting room, handsome study, 4 fireplaces, enticing kitchen, finished LL, lush landscape & pool.  
**Meg Cleavenger** **847/465-2259**



**Inverness** **\$774,900**  
Charming Colonial set on almost 2 acres. Home includes a gourmet kitchen, hardwood floors, 9' ceilings, plus sunroom & office. Warm and inviting!  
**Mary Spinner** **847/465-2284**



**Barrington** **\$669,000**  
"Almost new & stunning!" This spacious 11-room home w/ many special features enjoys a choice cul-de-sac location adjoining conservancy. 4 BR, 3.1 BA, 3-car gar.  
**Donna Veller** **847/465-2228**



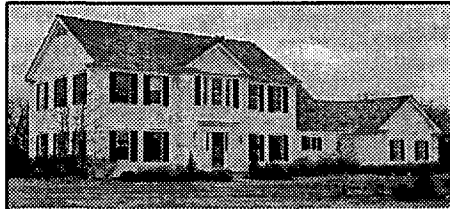
**Barrington Hills** **\$589,000**  
Great horse property w/ 4-stall barn & pool. The lovely 4-BR home offers 3 fireplaces, 1st floor study, sun-filled Florida room & finished lower level w/ 2nd kitchen.  
**Meg Cleavenger** **847/465-2259**



**Barrington** **\$540,000**  
What more could you want! Traditional 4000 sq ft brick beauty on 1+ acre. 2-story entry, study, gourmet kit, luxury master, 3-car gar & circular dri. Relax on the deck.  
**Suzanne Luby** **847/465-2211**



**West Dundee** **\$539,000**  
Enjoy unique blend of old & new plus magnificent views of Fox on vintage prop. 6 BR, 4.1 BA plus hrdwd, leaded glass. Good for in-law or nanny quarters. B&B anyone?  
**Suzanne Luby** **847/465-2211**



**Barrington Hills** **\$537,000**  
Lovely 9-year-old colonial w/ 9' ceilings, study, FR w/ beamed ceiling & fireplace, delightful kitchen, finished lower level, 3-car garage. Great potential for horses.  
**Meg Cleavenger** **847/465-2259**



**Inverness** **\$439,800**  
So much is new! Gracious living room w/ cove moldings & custom fireplace w/ white mantell. Updated baths. Finished basement w/ fireplace. Sunroom & more!  
**Bridget Hill** **847/465-2269**

## Barrington Area Office

#1 in Chicagoland!

COLDWELL BANKER



**Barrington** **\$415,000**  
Captivating 5 bedrooms, 3.1 baths, home in Jewel Park. First floor master w/ ultra bath, eat-in kitchen, fresh decor. Expansive deck, perfect for summer suppers.  
**Meg Cleavenger** **847/465-2259**



**Barrington** **\$386,900**  
Looking for a home that feels like new but has everything done for you? Come & delight in this stunning home w/ vaulted ceiling, skylight, lake rights.  
**Tressa Borkon** **847/465-2256**



**Lake Barrington Shores** **\$359,900**  
3-year-old townhome, end unit w/ 1st floor master BR. Perfection! Finished basement w/ 1/2 BA. Exquisite decor, squeaky clean, very neutral decor—classy!  
**Donna Dugan** **847/465-2263**



**Barrington** **\$329,900**  
Charming on gorgeous wooded acre. Spacious traditional, hardwood floors throughout. Master bath w/ whirlpool, finished basement, 4 BR, great price too!  
**Donna Dugan** **847/465-2263**



**Barrington** **\$329,000**  
Charming colonial, all updated & upgraded—set on gorgeous wooded landscaped lot. Hrdwd flrs. Newer kit. 4 BR. Large deck. 2-car garage. Lovingly maintained.  
**Ron & Jeanine VanDeVelde** **847/465-2282**



**Lake Barrington** **\$279,900**  
A winner! Lovely 3-level townhome w/ 2 master suites. Newer carpet. End unit. Private English courtyard. Finished lower level w/ windows, 1/2 bath, & fireplace.  
**Ron & Jeanine VanDeVelde** **847/465-2282**





**Barrington \$1,575,000**  
Authentic 5-BR Chesapeake traditional designed by renowned architect Glen Hjort. A work-of-art in Wynstone Golf Course Community. Audio Ad#167904.  
**Mary Balistreri 847/465-2296**



**Barrington Hills \$1,390,000**  
Set on 6 wooded acres, this Barrington Hills home is totally renovated, limestone & hardwood floors, new kitchen w/ sub zero, granite, Viking stove & new baths.  
**Sheri Wheeler 847/465-2290**



**North Barrington \$1,275,000**  
Brick Georgian in Wynstone w/ California flair. Master bedroom w/ fireplace & sitting room. 2-story foyer, full finished walkout lower level... gazebo & pond.  
**Sheri Wheeler 847/465-2290**



**North Barrington \$1,050,000**  
Stately brick new construction waiting for you. 2-story FR, hardwood floors, granite counters, light cherry kitchen pillars, 4/5 BR, bonus room. You will fall in love!  
**Sheri Wheeler 847/465-2290**



**Barrington Hills \$850,000**  
Beautiful views from this custom home on 7+ acres. Cathedral ceilings, 4 BR, 3 frplcs, FR + rec rm & sunroom. Multi-level deck w/ hot tub, 7-car gar & lrg storage bldg.  
**Margaret Semrad 847/465-2250**



**Barrington \$729,000**  
Waterfront in Deer Lake Meadows. Great room w/ sunroom and study on 1st floor. 4 BR, 4.1 BA. Finished walkout lower level, w/ office/live-in, w/ full bath.  
**Sheri Wheeler 847/465-2290**



**South Barrington \$649,999**  
Country home set on 2 acres. One-of-a-kind, w/ 2nd floor in-law/nanny suite. 5 bedrooms, 4.1 baths, dance studio, 2nd floor laundry & more.  
**Michael Ralph 847/465-2233**



**Lake Barrington \$639,000**  
New construction—approx 4600 sq ft. Hrdwd floors, 9' ceilings, granite in kitchen & MBR bath, light cherry cabinets, English basement, 1.6 acres. Beautiful!  
**Sheri Wheeler 847/465-2290**



**Barrington Hills \$599,900**  
Wonderful 5-bedroom home, horse property, updated throughout, outbuilding, screen porch, in-ground pool. Enjoy the lifestyle! Audio Ad#167294.  
**Mary Balistreri & Greg Bradley 847/465-2296**



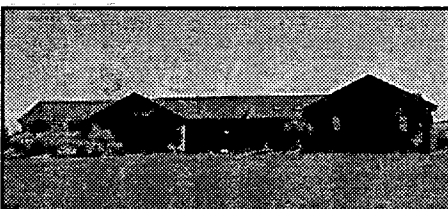
**Barrington \$585,000**  
A tranquil setting in Deer Lake Meadows—new kit w/ granite. Updated study w/ view of lake. 3-car garage. Fin basement. Close to town & train. You will love it!  
**Sheri Wheeler 847/465-2290**



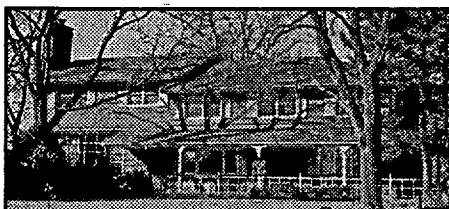
**Barrington Hills \$579,000**  
Picture-perfect 11-year-old home on 5-acre site in Barrington Hills. 4 BR, 3.1 BA, study. A dream master suite w/ whrpl, in-ground pool. Full fin walkout.  
**Sheri Wheeler 847/465-2290**



**Barrington \$575,000**  
Great house on 2 acres in Oak Meadows... huge kit... sunroom... 4 1/2 BA... 3rd floor bonus room Fabulous LL w/ BA & office... close to town & train. A joy!  
**Sheri Wheeler 847/465-2290**



**Barrington \$484,900**  
Brick ranch sits on 2.5 acres w/ serene views of pond. Deck w/ hot tub & sauna. A private retreat set in a lovely neighborhood. 5 bedrooms, 4 baths.  
**Mary Balistreri 847/465-2296**



**Barrington \$449,700**  
Breathtaking & perfect! 2-story in Deer Park's coveted Oak Ridge sub w/ 2 master suites. New master w/ vlt'd ceilings, ultra BA w/ 2-person whrpl. 1+ acre lot.  
**Jack Sanderson 847/465-2278**



**Wauconda \$399,900**  
Perfect blend of rural charm & urban conveniences. Traditional home on spectacular waterfront lot. Well appointed interior w/ many amenities.  
**Baistreri & Schroeder 847/465-2296**



**Barrington \$399,000**  
Great colonial—neutral throughout! Hardwood floors. FR has built-in wet bar & refrigerator, bookcases & crown molding. Finished LL. Gardener's delight.  
**Sheri Wheeler 847/465-2290**



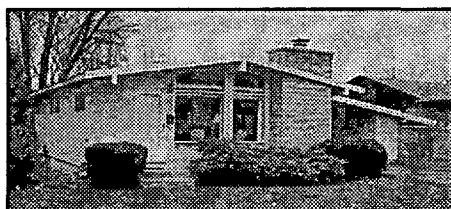
**Barrington \$304,900**  
Water-view gem. Relax in the comfort of this 4-BR, 2-BA, 2-story! Large FR w/ fireplace, hardwood floors, central air, large deck, finished LL & 2-car garage.  
**Barbara Wessberg 847/465-2298**



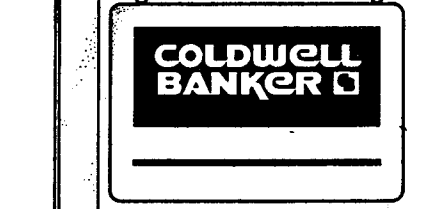
**Barrington \$249,000**  
With some TLC this 2-flat could be a charmer... high ceilings... hrdwd floors... could be converted to single family home. Backs to park—close to town & train.  
**Sheri Wheeler 847/465-2290**



**Barrington \$214,900**  
Great village home, cathedral ceilings—updated kitchen & baths. Full finished walkout LL w/ BR & BA. Back yard is huge & fully fenced w/ many bulbs & perennials.  
**Sheri Wheeler 847/465-2290**



**Barrington \$189,900**  
Waterfront & wooded in Lake Barrington Shores. 2 BR, 2 BA, cathedral ceilings, completely updated. It shows like brand new. Including pool, lake, tennis courts!  
**Sheri Wheeler 847/465-2290**



**Lake Barrington Shores \$154,000**  
Elegant informality. Open floor plan, den, family room, soaring vaulted ceilings, decorator touches, 2 BR/2 BA. Balcony, beach, marina, maintenance-free.  
**Barbara Wessberg 847/465-2298**



**Crystal Lake \$139,900**  
Stunning expanded ranch offers 3 BR, 1.1 BA, large FR w/ fireplace, finished basement, 1-car garage & fenced yard. Neutral decor & hardwood floors.  
**Barbara Wessberg 847/465-2298**



**Crystal Lake \$139,900**  
Stunning expanded ranch offers 3 BR, 1.1 BA, large FR w/ fireplace, finished basement, 1-car garage & fenced yard. Neutral decor & hardwood floors.  
**Barbara Wessberg 847/465-2298**



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**Barbara Wessberg 847/465-2298**

## Barrington Area Office



## From a Woman's Point of View

by Gail Wickstrom, Wickstrom Ford

Life is funny. We think once we raise our children, life will become less chaotic. But, for many of us, once the children are raised, our parents become an issue we have to deal with. Tim's father died about a year ago, but he was sick for a number of years before that, so that became a very consuming part of our lives.

One of our journeyman technicians, Dale Tazbier, is leaving us after nine years. Dale's father lives down in Florida and on his last trip down a few months ago, Dale realized that his father was failing rather quickly. Dale felt his father would never survive being transplanted up here, so he and his wife made the decision to move down there. Dale already has a position lined up with a Ford dealer in Florida. A good, qualified journeyman technician can go to almost any part of the country and get a job easily because the demand is so high.



We will miss Dale here, but we admire him for his decision. Of course, getting out of the cold weather also might have a little bit to do with his move!

## Customer Service is Midas' #1 Priority

Get the Best for Less!—That is the motto Jim Carollo uses for his three Midas shops. "We strive to give our customers the best product at the best price, along with excellent customer service. We will happily drive you home or to work from any of our shops (within 5 miles)," explains Jim. "You can leave your vehicle and receive a pager; the shop will page you when your vehicle is finished. Or, if you prefer, have a cup of coffee and watch TV in our newly remodeled lobby while your vehicle is being repaired. We also offer a national warranty program on all of our products."

Jim Carollo is a native of Barrington. He attended St. Anne's school and is an '86 Barrington High School graduate. He knows the Midas business quite well. Jim began working in his father's shops at the young age of 9. He recalls his first position was washing car windows. Jim

continued working various positions in the shops throughout his childhood. Jim is a graduate of DePaul with a degree in Business Administration and Marketing.

Jim and his wife, Kristine, reside in Lake Zurich. They are expecting their first child at the end of June.

Jim has owned the Midas shop in Niles since 1994. He purchased the Barrington shop in 1998. His newest shop in Lake Zurich was just recently purchased in March.

Jim invites you to stop by any of his three locations. You will always be offered a **free, no-obligation inspection**. Some of the services offered are: exhaust, shocks, struts, brakes, suspension and batteries.

You will be pleased to see new ownership and new friendly management in his Barrington and Lake Zurich shops.

*Customer Service is Jim's #1 priority.*

## Annual Student-Faculty Art Show

If spring is in the air, then the annual Barrington High School Student-Faculty Art Show can't be far behind. Art work from all art classes will be on display in the front lobby and guidance areas from May 17 through 21. The art faculty show will be in the Clair E. Smith Art Gallery from May 17 until June 2. There will be an opening reception for both shows on Monday, May 17 from 7:00 to 9:00 PM. We hope you can attend.

Regular exhibit hours are 7:00 AM to 3:30 PM weekdays, when school is in session, and from 7:00 to 9:00 PM on May 17, 18, 20 and 29.

Many items in both shows will be for sale. To make a purchase, contact Phyllis Kohnke in the Art Gallery on weekdays from 7:00 AM to 3:30 PM. Don't miss this great chance to pick up work by a future Renoir!

For more information, call 842-3214.

## Senior Health and Fitness Fair


Join Good Shepherd Hospital at the 12th Annual Senior Health and Fitness Fair from 8 AM to noon on Friday, May 7 in the Main Lobby of Good Shepherd Hospital, 450 W. Highway 22, Barrington. The Fair is sponsored by Good Shepherd Hospital's Senior Advocate Program and Older Adult Services.

The Fair is open to individuals age 55 and older and will include a Chemistry and Coronary Risk Profile blood test for gout, glucose, potassium, renal function and cholesterol levels. The cost for the test is \$15 and participants must fast for


12 hours prior to the test. Current medications may be taken as prescribed.

There will also be free screenings for blood pressure, foot problems, hearing loss, vision, diabetes checks and consultations and body fat distribution.

The Illinois Secretary of State's office will also be at the fair to issue ID cards. Cards are issued to persons over age 65 or who have disabilities. The ID card is a valid form of identification. Documents required for issuance of an ID are a Social Security Card plus two acceptable forms of identification that provide name,



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## Gallery of Photographic Art Shows

The Gallery of Photographic Art at Elgin Community College is hosting an Independent Study Student Exhibit through May 19. On display will be color photographs by Marvin Causey, Elgin, and black-and-white photographs by Kathy Kotesky, Elgin. The gallery is located in Room 215A

of the ECC Visual and Performing Arts Center, 1700 Spartan Drive, Elgin.

The Gallery hours are 9 AM to 4 PM, Monday through Friday and 7 to 9 PM, Monday through Thursday. More information is available by calling 847-607-1000, ext. 7405.

date of birth, residency and signature.

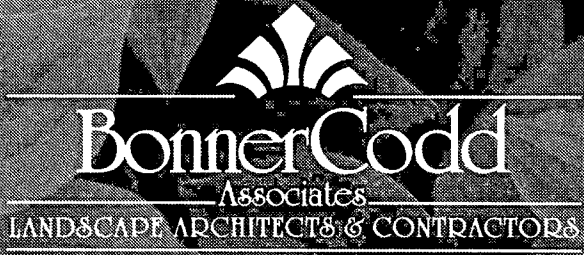
Several "Listen & Learn" brief educational talks will also be presented during the event featuring Good Shepherd Hospital physicians and clinical professionals. And Good Shepherd physicians, including a family and geriatric specialist, will be available to answer health questions. Other exhibitors will be present from area

businesses and community organizations that concern older adults. Some of them include health clubs, nursing homes, the park district and Advocate Home Health Care Services.

For additional information about Good Shepherd's Senior Health and Fitness Fair, please call the Senior Advocate office at 847-382-7277.



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## Plastic Surgery...

(Continued from page 26)

any sensation. This type of anesthesia is often used for dental work and commonly referred to as Novacaine. In most facial procedures, a dilute solution of Epinephrine is added to the anesthetic to constrict the blood vessels and minimize bleeding. For this reason, the area that has been injected appears blanched or white for several hours following injection. Straight local anesthetic is used for minor procedures, such as removal of moles and other small lesions and also for suturing lacerations.

Twilight Anesthesia is another type of anesthesia. This is a combination of intravenous sedation with local anesthetic. In this type of anesthesia, the patient is usually sedated to the point of being unconscious during the injection of the local anesthetic. Following the injection, the patient is allowed to wake up somewhat to remain in a state of drowsiness. Often times, the patient will sleep during the procedures performed under Twilight Anesthesia.

General Anesthesia is when intravenous medication is given, rendering the patient unconscious. The patient remains in this unconscious state throughout the procedure. Often times, local anesthetic is injected while the patient is under Gen-

eral Anesthesia.

The advantages and disadvantages of each type of anesthesia is discussed with you during the consultation.

### Who Performs Anesthesia?

For any anesthesia other than local (injectable), a certified anesthetist (CRNA) is used. There is a small fee for their services that may be covered by your insurance company, depending upon the surgery performed. We feel it is important to have a qualified CRNA for the patient's safety and comfort. This also frees the surgeon and enables him to fully focus on the procedure being performed.

### Is Any Testing Required Prior to Surgery?

If Twilight or General Anesthesia is to be used, bloodwork will be required. This is usually done at the office and is included in our surgical fee, but can be performed at any hospital or outside laboratory of your choice.

In addition, a brief physical exam will be done prior to surgery. Women of child bearing age will have a urine pregnancy test the day of surgery. If you have any history of a serious medical condition, we will check with your primary care doctor before surgery is recommended.

## Tips from the Top

(Continued from page 52)

such as: Avis, AT&T, Budget, Days Inn, Ramada Inn, Travelodge, Oakwood (temporary housing), Public Storage and Primestar along with other leading companies within the Alliance Network.

Of course, Napoleon was delighted at the prospect of saving money whenever he works with **Coldwell Banker**. However, Napoleon would be happy to work with **Coldwell Banker** even if he didn't receive any of these added benefits—but it sure helps!

There are many other buyer and seller programs which I have not mentioned but

will examine in future articles—programs benefiting our clients, buyers and sellers.

Every day, we work on making our company the best. In the Barrington area, our **Coldwell Banker** office is striving for excellence in the "customization" process to meet the unique needs of every buyer client and seller client. We are happy to say that our customers have put us in the #1 position in sales and listings for 1999. We thank you and ask that you call one of our expert Realtors who will get you started in acquiring your dream. We are *The Dream House Headquarters*.

## Anxiety and Panic Disorder Workshop

An Anxiety and Panic Disorder Workshop will be offered by Good Shepherd Hospital's Behavioral Health Department starting Wednesday, May 5 from 7:00 to 8:30 PM in the Behavioral Health Access Room at the hospital. The classes will continue for six weeks each Wednesday until June 9.

The workshop is designed to educate

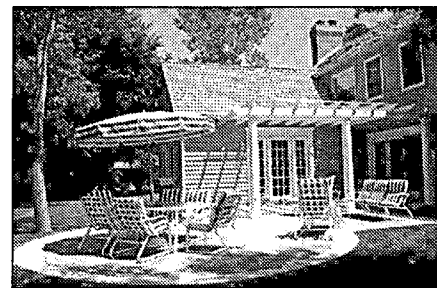
individuals who live with these disorders on a daily basis. Participants will gain a basic understanding of the body's physiological reactions during a panic attack, as well as stress management and relaxation techniques for controlling those reactions.

To register for the class or to learn more about the workshop, including fees, call HealthAdvisor at 1-800-323-8622.

## Does Your Landscaping Need "Renovating"?

Are you tired of living with overgrown shrubs and trees? Has your once-designed landscaping outgrown its initial purpose? "With many people in the Barrington area owning older homes, we are finding a large part of our work has been in the 're-modeling' of existing landscaping," says John C. Cazzetta, Landscape Architect and owner of **BonnerCodd Associates, Inc.**, a Barrington landscape construction firm. "Many species planted in the 1960s and 1970s were not installed in a manner that allowed for their extensive growth habits. And, in many cases, only a few uneventful species were used. The result is an overgrown and unaesthetic landscape," adds Cazzetta.

If your property has grown out of control or just fails in adding the proper value to your home, call John C. Cazzetta for a

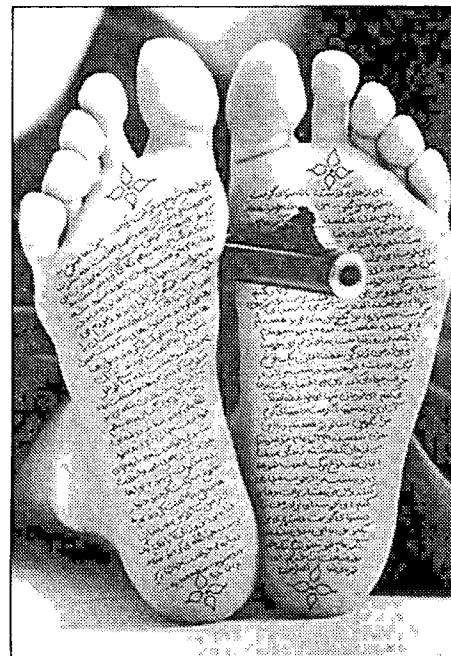


free consultation. He will be happy to design a way to use some existing species while adding new species to re-create your garden design, or suggest a complete makeover. Either way, as a Landscape Architect and Contractor, he will be able to solve even the most difficult areas. Please call **BonnerCodd Associates, Inc.** at **847-382-4838**.

## Art 1999 Chicago—May 7-11

The eyes of the art world will be on Chicago on Friday, May 7 through Tuesday, May 11 for Thomas Blackman Associates' presentation of Art 1999 Chicago. This seventh annual art exposition features the works of over 2,100 contemporary artists showcased by over 200 galleries representing 25 countries and 21 US cities. America's most comprehensive compilation of modern and contemporary works from around the globe, Art 1999 Chicago includes a variety of artistic styles and media from painting, sculpture, photography and printmaking to drawing, video, installation and mixed media. The windy city's international contemporary art fair utilizes the 165,000 square feet of exhibition space in historic Navy Pier's Festival Hall, 600 E. Grand Avenue in Chicago.

Art 1999 Chicago anticipates 40,000 art enthusiasts this year, including a diverse international group of private collectors, museums and foundation curators. Art patrons from Chicago and around the world come to see the works of such renowned 20th century artists as Willem de Kooning, David Hockney, Andy Warhol, Jeff Koons, Louise Bourgeois and Joseph Beuys as well as a chance to get a glance at the upcoming artists of today. With prices ranging from \$100 for limited edition prints to more than \$1 million for a single piece of work, Art 1999 Chicago offers works for new and experienced collectors alike. This year's sales are expected to top last year's \$40 million mark



*Allegiance with Wakefulness, a silver gelatin print by Shirin Neshat, 1994. Presented at Art 1999 Chicago by Patrick Painter Gallery of Santa Monica, California.*

by 10 to 15 percent.

Tickets are \$10 for general admission or \$7 for students, seniors and groups. The days and hours are: Friday, May 7 through Monday, May 10, 11 AM to 7 PM; and Tuesday, May 11, 11 AM to 5 PM. Call 312-587-3300 for more information.

## What Makes a Kitchen Country?

(Continued from page 53)

should be rugged, such as antiqued or hammered hardware, leather-textured laminates, earthenware accessories, and gingham or homespun textured fabrics.

Because your cabinetry will probably be the single most important element of your kitchen remodeling project, and you will want it to last for years, choose it with care. Select a style, wood, and finish that will provide the starting place for your country

theme, and then add the details according to the particular theme you have chosen.

"The beauty of a country design," says Star, "is that if it's well done, it never goes out of fashion. It has been set in time already, and therefore, it has natural integrity."

For a free brochure visit **Distinctive Kitchen Designs, Inc.** at 201-A S. Main Street in Wauconda. (847) 526-7822.





## The Gift of Trees

No matter what the size of your property, trees should be the start of your landscape plan. Their benefits go well beyond their great beauty and should be carefully chosen.

As a landscape design/build firm, **SanFilippo Landscape** begins with tree location. Their size and placement are key to a plan since all other plantings revolve around this important element. In renovation, we deal with existing plant materials often using them as the basis of the new design. Unfortunately, sometimes renovation involves the removal of existing trees that have literally outgrown their location. How sad to remove a beautiful shade tree that was improperly placed many years ago. With proper planning this scenario can be avoided.

Some things to consider when picking your tree species are: How much space do you have for it's eventual height? Does your site have full sun or partial shade? Is the tree location by a walkway where low branches could be a nuisance? Why do you want the tree anyway: fall color, shade or fast growth?

### Benefits of Trees

**Most trees and shrubs are planted to provide beauty and shade. They also serve many other purposes that should be considered when planning your landscape design.**

**Social Benefits.** Trees make life around

us more pleasant. A feeling of serenity is created with trees, helping us feel "at home." Because of their potential for long life, trees are often used as living memorials.

**Community Benefits.** Even when trees are located on private property, their size makes them part of the community as well. With proper selection and maintenance trees enhance the entire neighborhood. They provide privacy, emphasize views or screen objectionable ones. They reduce glare and reflection, provide backgrounds or soften architecture.

**Environmental Benefits.** Climate control is obtained by a tree's ability to moderate the effects of sun, wind and rain. With deciduous trees, the sun's energy is absorbed or deflected by leaves in summer and filtered by bare branches in winter. That's why shade trees planted to the east or west of your home can cut cooling costs in the

summer while allowing the maximum light to be enjoyed in the winter months when the branches are barren. Wind speed and direction can also be affected by their placement. The more compact the foliage

on a tree or group of trees, the greater the windbreak.

Water conservation is another benefit. Rainfall, sleet or hail can be initially absorbed or deflected by trees providing protection for people, pets and buildings. Trees also store water, helping to reduce storm runoff and flooding.

Trees improve our air quality. A tree's leaves filter the air we breathe by removing dust. They absorb carbon dioxide to form carbohydrates that are used in the plant's structure and function.

Harmful pollutants like ozone, carbon monoxide and sulfur dioxide are also absorbed.

Trees attract wildlife. The cycles of plant

growth, reproduction and decomposition are present both above and below ground, attracting birds and other wildlife to the area.

**Economic Benefits.** A tree's economic benefits are usually associated with energy costs. Air conditioning costs are lower in a tree-shaded home while heating costs can be reduced when protected by a properly placed windbreak. Trees increase in value from the time they are planted until they mature and a well landscaped homes' resale value is generally greater.

**Caring for your investment.** To care for trees is like putting money in the bank and will insure their health for many years to come.

**Mulch your trees.** The best and easiest thing is to duplicate the mulch nature provides her trees in the forest. Apply four inches of composted wood chips, leaves or other matter around the base of the tree at least three feet in diameter. (Keep the mulch away from the bark.) This mulch helps conserve moisture, cools the soil and prevent erosion.

**Prune properly.** Beware of "tree topping." This occurs when large branches of a tree are severely cut back, disfiguring it permanently and usually causing its' premature death.

We hope you found this information helpful. If we can be of service for any landscape needs, give Mike **SanFilippo** a call at **847-381-1611**.

### TREES

I think that I shall never see  
A poem lovely as a tree.

A tree whose hungry mouth is pressed  
Against the earth's sweet flowing  
breast;

A tree that looks at God all day  
And lifts her leafy arms to pray;

A tree that may in summer wear  
A nest of robins in her hair;

Upon whose bosom snow has lain;  
Who intimately lives with rain.

Poems are made by fools like me,  
But only God can make a tree.

Joyce Kilmer (1886-1918)

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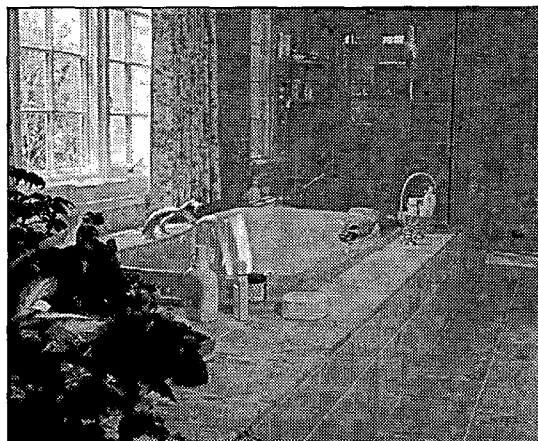
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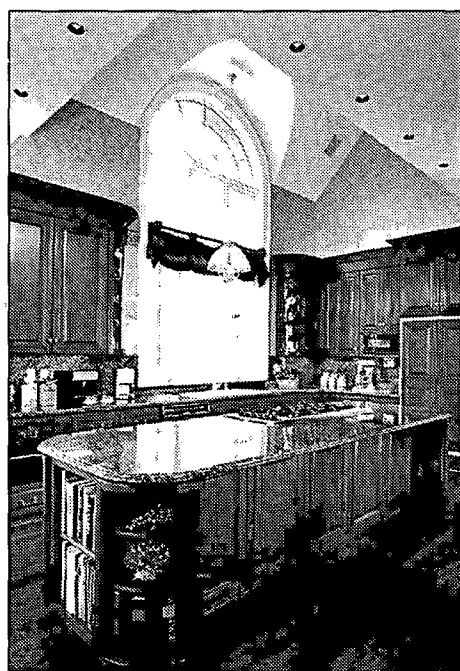


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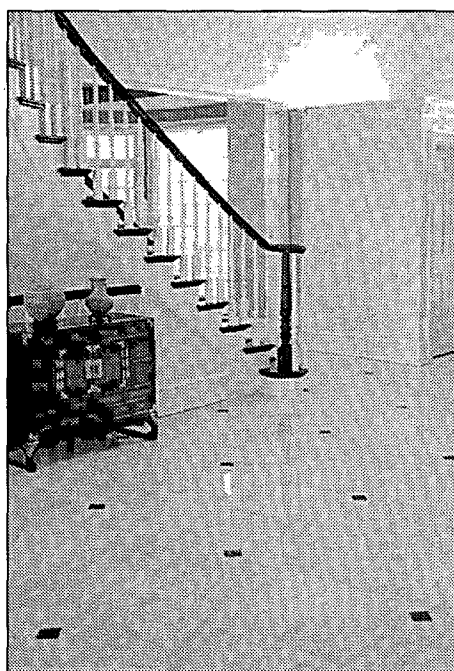
❖ *Limestone  
& Travertines*

❖ *Many Wood  
Floor Samples*

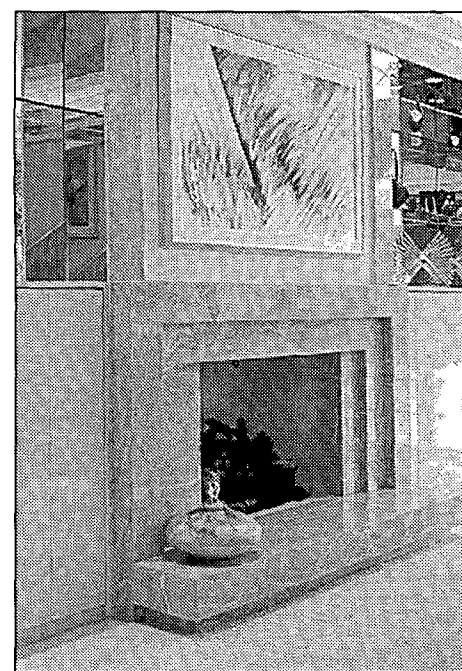
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