

July 1999

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NEWS MAGAZINE



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**Summertime Fun!**

**Woodstock Mozart Festival  
Begins 13th Season**

*The Pritzker  
Architecture Prize  
1979-1999*

**A Wild Safari Adventure**

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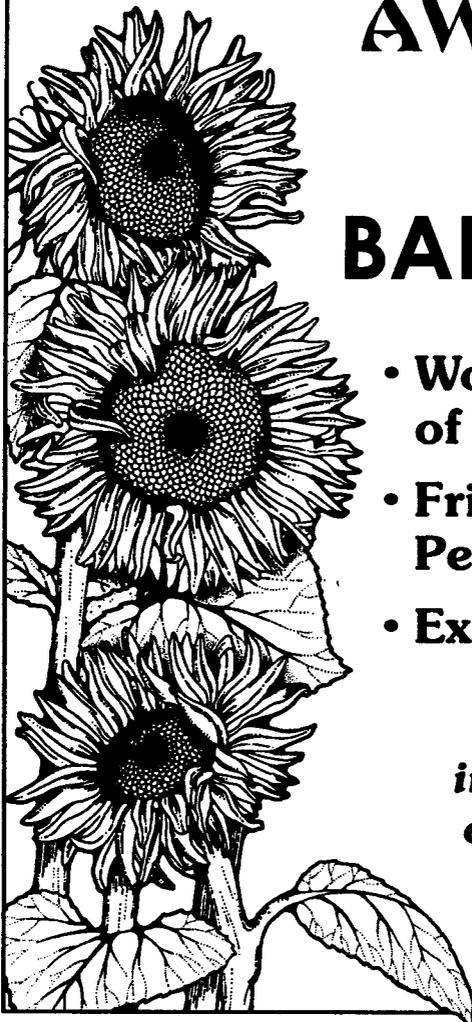
Fortunately, there is a skilled electrologist at **Clear Reflections** in the Barrington Commons who can remove those telltale hairs quickly and conveniently in the privacy of a professional office.

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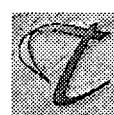
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## Editor's Ink

July, 1999

Dear Reader,

It's time for summer fun! And what could be more fun than a wild African Safari! A trip to San Diego Wild Animal Park is truly exotic. Witness over 3,200 birds and mammals while living at the animal preserve. Enjoy a Roar & Snore Camp-Over in the park. Stroll pathways as the animals eat breakfast. Go on discovery hikes, dine *al fresco*, enjoy the sights and sounds of African wildlife. Truly a family adventure never to be forgotten!

Back to civilization, the Woodstock Mozart Festival will begin the end of July. Be sure to secure your tickets now. They go fast.

Another outing for the entire family is *The Pritzker Architecture Prize 1979-1999*, an exhibition now at the Chicago Art Institute. This highly regarded prize is considered in the world of architecture to be the "Nobel" of architecture. Enjoy drawings, models, photographs and plans of 22 laureates, the world's greatest contemporary architects.

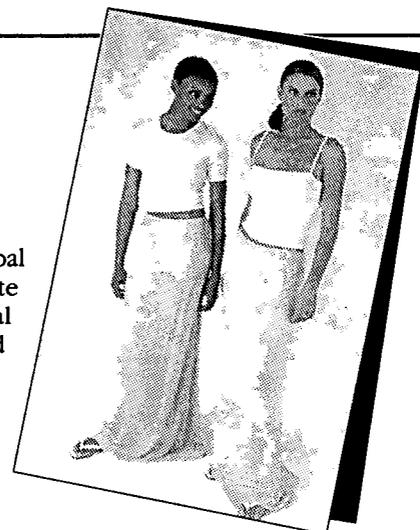
Until next time, may all your thoughts be sunny.

With warm regards,  
Glenn McMonigal  
Editor, *Lifestyles Magazines*



## About Our Cover

Right, white matte jersey tank top with opal diagonal beaded long skirt. Left, white matte jersey T-shirt with petal diagonal beaded long skirt. Long, linear and relaxed. From Anne Klein.



# Woodstock Mozart Festival 13th Season Announced

The 13th season of the Woodstock Mozart Festival will take place at the Woodstock Opera House on three consecutive Friday and Saturday evenings: July 30-31; August 6-7; and August 13-14. In keeping with the festival's expanded "Mozart... and More!" theme, programming for the 1999 season will include additional composers and a chamber music concert during the afternoon of Saturday, August 14.

For the weekend of July 30-31, conductor Bridget Reischl will offer a 7 PM pre-concert conversation and, at 8 PM, lead the festival orchestra in a work by Mozart's rival Antonio Salieri—the Sinfonia in D Major, entitled *Veneziana*. The program will continue with Mozart's 20th Piano Concerto performed by pianist Anton Nel and end with the *Oxford Symphony* by Haydn, No. 92 in D Major.

For the weekend of August 6-7, flutist Donald Peck and harpist Sarah Bullen will be featured in a pre-concert musical introduction at 7 PM with additional remarks by conductor Harry Bicket. The British Maestro will then conduct Haydn's *Overture to L'isola disabitata*; Mozart's *Flute and Harp Concerto in C Major, K 299 (297c)* with Mr. Peck and Ms. Bullen; and Beethoven's *Symphony No. 2 in D Major, Op. 36*.

The August 14-15 concerts will feature the festival's newly-appointed artistic advisor, violinist Mark Peskanov, in a Saturday afternoon chamber music concert at 4 PM. Mr. Peskanov will first be joined by the festival's general director, pianist Anita Whalen, and cellist Eugene Osadchy in Mozart's *Trio for Piano Violin and Cello in B-flat Major, K 502*. Bass clarinetist Charles Neidich will then collaborate with Mr. Peskanov and festival musicians in Mozart's *Clarinet Quintet in A Major, K 581*.

The 8 PM orchestral concerts on Friday



**Bridget Reischl,  
Conductor**



**Anton Nel,  
Piano**

and Saturday evenings of the final festival weekend of August 14-15 will again feature Mark Peskanov. As violinist/conductor, he will lead the orchestra in Schubert's *Rondo for Violin and Strings in A Major, D 438*; and Mozart's *Turkish Violin Concerto No. 5 in A Major, K 219*. Clarinetist Charles Neidich, will then be featured in Mozart's *Clarinet Concerto in A Major, K 622* during which he will again perform with the instrument of the period, the basset clarinet. A "surprise" will complete the evening's program.

In 1995, Bridget Reischl was the first woman conductor to win the Antonio Pedrotti International Competition for Orchestra Conductors in Italy. While serving as the interim director of the orchestra program at Oberlin Conservatory, she conducted the orchestra in New York at Lincoln Center's Mozart Festival. Since 1992, she has been director of orchestral studies and conductor of the student orchestra and opera at Lawrence University.

South African-born pianist Anton Nel appears regularly as recitalist, chamber musician and concerto soloist with orchestras in the U.S. and abroad. Recent appearances include performances with the Cleveland Orchestra, San Francisco Symphony and Detroit Symphonies. In 1987, Mr. Nel was winner of the Naumburg International Piano Competition and, in 1997, he premiered the newly-discovered *Third Concerto* by Felix Mendelssohn. He has performed on numerous occasions on the Great Performers Series at Lincoln Center in New York and the Library of Congress. His Festival appearances have been with the Chicago Symphony at Ravinia, at Lincoln Center's Mostly Mozart Festival as well as at the Aspen Music Festival among others.

From England, conductor Harry Bicket has appeared with the Sydney Symphony,

Ulster Orchestra, City of London Sinfonia, Scottish Chamber Orchestra and the Austro-Hungarian Haydn Orchestra. In the United States, he has appeared with the Houston, Minnesota and New World Symphony Orchestras. He also enjoys an active career in opera having led productions at the Florida Grand Opera, Royal Danish, English National, Australia, Glimmerglass and Glyndebourne Touring Opera Companies as well as at the Spoleto Festival USA and New York City Opera.

Principal flutist of the Chicago Symphony for 42 years, Donald Peck has been a soloist with the Orchestra in 124 concerts directed by 25 conductors in Orchestra Hall, at Ravinia and on tour. Other appearances have included performances at Carnegie Hall and at other festivals: the Casals; Carmel Bach; Victoria International, Canada; Grand Teton; and the Tanglewood Festival. A frequent guest with other orchestras as well, Mr. Peck has recorded the Mozart flute concertos for the Australian Broadcasting Commission.

The former principal harpist with the New York Philharmonic, Sarah Bullen now performs with the Chicago Symphony Orchestra. Ms. Bullen has been featured in more than 50 concerto appearances including those with the New York Philharmonic, Utah Symphony, Juilliard Orchestra and many others. A native of Long Island, Sarah Bullen attended the Interlochen Arts Academy and is a graduate of the Juilliard School.

Russian-born violinist Mark Peskanov returns to the Woodstock Mozart Festival for his fifth consecutive engagement and third as violinist/conductor in his newly-appointed role as artistic advisor. Mr. Peskanov has been a frequent visitor to the world's great orchestras and concert halls including the Chicago Symphony, New York Philharmonic, Philadelphia Or-



**Harry Bicket,  
Conductor**

chestra, Los Angeles Philharmonic, Cleveland Orchestra, St. Louis Symphony, London Philharmonic and the NHK Orchestra (Tokyo). In recital, he has collaborated with such artists as Isaac Stern, Yo-Yo Ma and Yefim Bronfman. His other fes-



**Mark Peskanov,  
Conductor and  
Violinist**



**Charles Neidich,  
Clarinet**

tival credits include Aspen, Boulder, Grant Park, the Hollywood Bowl, Meadowbrook, Tanglewood and Wolf Trap.

Clarinetist Charles Neidich recently performed the New York City premier of Elliott Carter's *Clarinet Concerto* at Carnegie Hall with the Orpheus Chamber Orchestra. Mr. Neidich has also collaborated with some of the world's leading ensembles including the St. Louis Symphony, Tafelmusik and the Juilliard, Guarneri, American and Mendelssohn String Quartets. He has received special recognition for reconstructing the original basset clarinet version composed by Mozart for his *Clarinet Concerto* into a new version.

Mozart Festival series subscriptions for all three concerts (Friday or Saturday nights) are available through the Woodstock Opera House Box Office at \$96 or \$120. Single tickets are \$40, \$32 and \$18. Tickets for the 4 PM Saturday, August 14 Chamber Music Concert are available for \$15 (or \$12 for Mozart Festival subscribers).

Orders for all tickets are available with Visa and MasterCard by calling 815-338-5300 or by writing to the Woodstock Opera House, 121 Van Buren Street, Woodstock, Illinois, 60098. All evening concerts begin at 8 PM. The pre-concert musicales and/or discussions for the first and second weekends of the Festival begin at 7 PM. Because of the afternoon chamber music performance on August 14, there will not be any pre-concert event during the final weekend of the Festival.

The Woodstock Mozart Festival is partially funded by the Illinois Arts Council, a state agency, and through private and corporate donations. The 1999 season sponsors are the AptaGroup Charitable Foundation; Sage Products, Inc.; Home State Bank; and Mr. and Mrs. Jon T. Ender.



**Donald Peck,  
Flute**



**Sarah Bullen,  
Harp**

## UnBEARable Excitement in July at Kohl Children's Museum

Kohl Children's Museum and The North American Bear Company are joining forces this July for a "BEARY" exciting tour. Beginning July 1 and continuing every Tuesday and Thursday in July, children ages five through nine can join a KCM staff member for a fun and exciting tour of the bear factory. At the end of the tour, children will design clothes for a 20" bear that they can take home.

On the tour, children will see VIB's (Very Important Bears) being stuffed, the VanderBears and Muffy getting dressed and view the order shipping area. The North American Bear Company bears are uniquely designed, high quality teddy

bears. They have the nostalgic charm of antique toys with an appeal for both children and adults.

The tours are conducted at the NABCO Warehouse at 1801 S. Lumber Street (just off 18th and Canal). The cost is \$25 per member child or \$30 per non-member child. To reserve your spot on the tour, please contact the KCM at 847-256-6056, ext. 329. Tours begin at 10:30 AM and last one hour. You can drop your child off at the NABCO Warehouse with a KCM guide to explore the magical world of the bears. Adults interested in attending will pay the same fee as their child. Spaces are limited to 20 people, so call today to be the first

## Cartooning Class for Children Offered

Calling all kids... Calling all kids...

Children ages 7 through 13 are invited to attend a four-session cartooning class on Saturdays, July 10 through July 31, from 11 AM to noon at the Chester Gould-Dick Tracy Museum, 101 North Johnson Street in Woodstock.

Richard Pietrzyk will teach children how to draw some of the "Dick Tracy" villains as well as how to create their own

characters and comic books. Pietrzyk has worked on layout and lettering for the "Dick Tracy" comic strip, has drawn for "Brenda Starr" and "Katy Keene," and has written for "Archie Comics Gang."

The class is sponsored by the Chester Gould-Dick Tracy Museum. The fee for the four-session class is \$48. Preregistration is required. For information or to register, call the museum at 815-338-8281.

to take part in the fun!

Kohl Children's Museum is located at 165 Green Bay Road, Wilmette. The museum provides a fun learning experience using exhibits and interactive programs for children ages one to eight. Kohl Children's Museum is open Monday through

Saturday from 9 AM to 5 PM and Sundays from Noon to 5 PM. The museum is currently offering special summer hours now through September 1—Wednesdays from 9 AM to 7:30 PM. Admission is \$5 for adults and children. For additional information, call 847-256-6056.

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### Via Spiga Shoes at Tootsies

Via Spiga, designed by Ernesto Esposito, is one of the premiere fashion lines in America. The product is manufactured and designed in Italy with the finest leathers and components. Cutting Edge Fashion that is both modern and wearable is the theme.

Shoes from  Nickels, a leading line of contemporary women's footwear, are also new for fall. Made in Italy and designed for the American woman for work and play, they will complement any wardrobe and at a modest price.

**Tootsies** has also expanded its Dr. Marten selection in both adult and children's sizes for back to school. Even though July is clearance month at **Tootsies**, it's also a great time to beat the crowd and pick up your new Doc's. 

### Golf Day at Kemper Lakes to Benefit The Bridge

The Bridge Youth and Family Services will hold its first golf outing on Tuesday, August 17 at Kemper Lakes Golf Course. Honorary Co-chairs Kery and Johnny Morris of Barrington have recruited sports celebrities Jim McMahon and Gary Fencik, both formerly of the Bears, and Stan Mikita, former Blackhawk Hall of Famer, to participate in a celebrity foursome. The \$500 fee for the day includes greens fees and carts for 18 holes of golf, a pre-lunch golf clinic with Kemper golf pro Emil Esposito, executive buffet lunch, sit-down dinner, gifts, prizes and more. Hole and cart sponsorships are available for \$500 and \$200. Proceeds benefit The Bridge's programs in substance abuse treatment for teens, conflict resolution for children, child abuse prevention and intervention and youth advocacy, a mentoring program for youth. For more information, call or E-mail Randi Frank at The Bridge at 847-359-7490 or bridgeyth@aol.com.



Johnny Morris, (right), honorary co-chair of "Bridge Over Kemper Lakes," recently met with Emil Esposito, golf pro at Kemper Lakes Golf Course to discuss the upcoming Golf Day to benefit The Bridge Youth and Family Services.

## Gallery Features Collectable Works by Top Artists

Whether it's a wispy serigraph from Don Hatfield, an awe-inspiring giclée from Pino or a powerful print from Carl Brenders, there's nothing more complementary or soothing to your surroundings than a wonderful work of art from an extraordinary art gallery.

It's time for a visit to **Woodland Art Gallery**, dedicated to providing area art enthusiasts with works by today's most respected artists along with custom matting and framing for almost a quarter of a century.

This month, the gallery is pleased to announce a new release from the world's most famous wildlife artist, Robert Bateman. In true Bateman form, **Woodland Gallery** is pleased to introduce *Winter Cattails—Red-Winged Blackbird*. This highly-collectible limited edition print is now on display at the gallery. See it and reserve your copy today.

**Woodland Art Gallery** is also featuring Greg Olsen's newest release, *Daddy's Little Girl*, a tender glimpse of playing dress-up. It's the perfect gift for the bride-to-be, the father of the bride or any parent of a daughter.

At **Woodland Art Gallery**, there's a limited edition print that's perfect for any gift-giving occasion, any personality, any decor. Choose from whimsical works by Charles Wysocki and Dean Morrissey, wildlife glimpses by Bateman and Brenders, Terry Redlin's peeks at Americana, and many, many others from David Armstrong to Bradley J. Parrish.

**Woodland Art Gallery** invites you to take a few moments to discover what you've been missing in today's highly collectable and still affordable art. Yet, the knowledge and expertise that the gallery provides goes far beyond providing expert advice in selecting a fine work of art. Owner Scott Teasdale is a master framer and specializes in museum mounting to preserve the integrity and value of your important investment.

Custom matting and framing is another essential element that clearly distinguishes the quality workmanship of **Woodland Art Gallery**. Every mat and frame is carefully selected to enhance your artwork from a selection of literally hundreds of styles. Even the type of glass is chosen for maximum performance. And all work is completed on site... picture perfect from beginning to end!

**Woodland Art Gallery** is located at 71-B East Woodstock Street in downtown Crystal Lake. Open Monday through Friday from 9 AM to 5 PM; and Saturday from 9 AM to 3 PM. Call **815-459-0460**.



*Winter Cattails—Red-Winged Blackbird* by Robert Bateman



©1999 Greg Olsen

*Dress  
Up  
Four  
Walls*

### Daddy's Little Girl by Greg Olsen

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## More Museum Hours Equals More Fun at Kohl Children's Museum

Kohl Children's Museum has extended its hours to allow our visitors a longer stay with our exciting and innovative exhibits. The museum is now open on Mondays. And, the museum will start special summer hours on Wednesdays from 9:00 AM until 7:30 PM, (starting June 1 and ending September 1). Members can also enjoy special hours Monday through Friday from 8:30 AM to 9:00 PM.

Visit us this summer and check out our new exhibit "Boing!—A Celebration of Springs." This exhibit educates children on the uses and value of springs with the help of windup toys, a giant jack-in-the-

box, a tin can echo phone and a collection of useful springs. These springing toys describe the similarities and differences of springs.

Kohl Children's Museum is located at 165 Green Bay Road, Wilmette. The Museum is a fun learning experience using exhibits and special events for children ages one to eight. Kohl Children's Museum is open Monday through Saturday 9:00 AM to 5:00 PM and Sundays from Noon to 5:00 PM. Admission is \$5 for adults and children.

For additional information, please call 847-256-6056.

## Deadline!

The deadline for the **August Issue** is **Thursday, July 15.**

Please send your press release/advertising materials to:

Editor  
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P.O. Box 293  
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## Chesterfield Glass Galleries

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Hours: Monday-Saturday 9:30-5:30, Thursday 9:30-8, Sunday 11-3



Summer and Winter Rolled into One!

## Sidewalk Sale Days & New Fall Arrivals

Infant to Size 14

Thursday, August 5 through Sunday, August 8



**TOMMY  
TERRI 381-2005**

INFANTS & CHILDREN'S APPAREL

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## Coming Soon... Barrington Sidewalk Days on August 5, 6 and 7

Barrington merchants are getting ready to move outdoors as they prepare for the Barrington Area Chamber of Commerce's **Annual Sidewalk Days Celebration** on August 5, 6 and 7.

More than 200 businesses, local clubs, organizations and residents will have booths, displays and exhibits in downtown Barrington during this popular event.

Many Chamber of Commerce members not located in the downtown area are coming to the center of town to participate. In addition to business displays, a number of civic and community groups

will manage booths as well.

Lunch time appetites will be satisfied by a variety of food items as local restaurateurs host booths on the sidewalks.

Hours for **Sidewalk Days** will be from 9 AM to 8 PM on Thursday and Friday and from 9 AM to 5 PM on Saturday.

Residents of Barrington who wish to sell hand-crafted items are welcome to register at the Chamber of Commerce office beginning July 6. There is a registration fee of \$30 per 8' area.

For further information about **Sidewalk Days**, please contact the Chamber of Commerce office at 847-381-2525.

## Barrington *ICE HOUSE MALL*

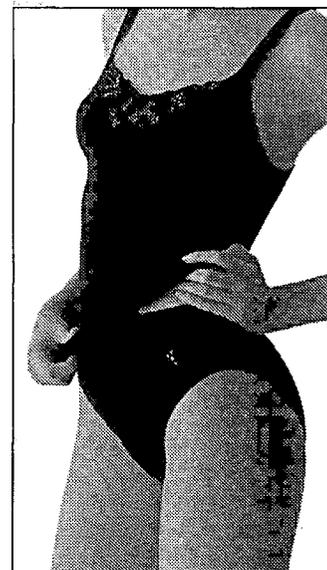
### Lauren's Lingerie for All Your Lingerie Needs

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We will help you find real solutions for real bodies with our talented and helpful staff.

Look for lines such as Bali, Wacoal, DKNY, Champion, Danskin, Farr West, Miss Elaine and Mary Green silks.

We look forward to helping you find just the right items for all your lingerie needs.



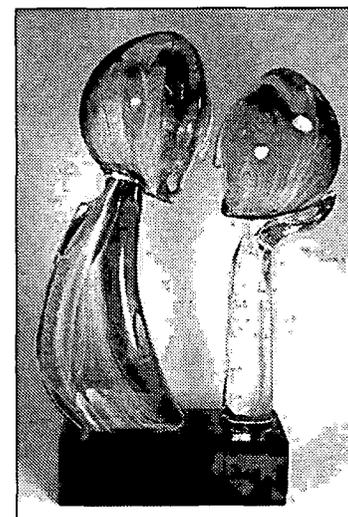
### Dino Rosin Arrives at Chesterfield

**Chesterfield Glass Galleries** is proud to announce the newest arrival in the gallery—Dino Rosin.

"Stradivarius Violin" and the "Kiss" are beautiful sculptures. Perhaps, most important to the success of Rosin's sculptures are his use of the material called "calcedonia." Calcedonia is both the oldest and rarest type of glass. First developed on Murano during the mid-fifteenth century, the mystery of calcedonia fascinated the world. The secret of calcedonia glass was lost with the fall of the Venetian Republic. It was rediscovered in 1856 but lost again by the turn of the 20th century.

Dino rediscovered the formula for his unique, striated glass in the early 1980's and has continued to improve the coloration. Today, he is able to achieve brilliant cobalt blues, deep rose and even a fiery red. Each piece is different; the exact flow of lines and color of calcedonia cannot be duplicated.

Always remember **Chesterfield Glass**



*The Kiss, 11 1/4" x 25", by Dino Rosin.*

**Galleries** for all your gift giving occasions and home decorating needs. We represent over 120 American glass artists and have a collection of over 450 unique works of art glass.

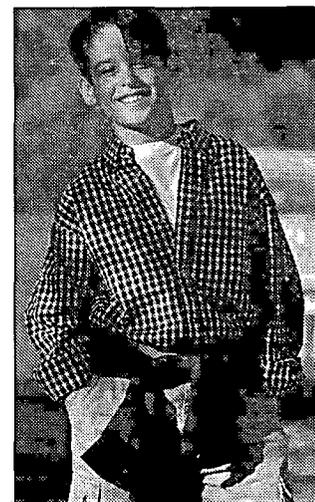
Located in the historic Ice House Mall, **Chesterfield Glass Galleries** is open seven days a week. Call 847-382-6677.

### Sidewalk Days Mark the End of Summer as Fall Arrivals Mark the Beginning of School at Tommy-Terri

Summer Sidewalk Days, August 5 through 8, mark the end of summer. It's time to stock up on clothing for the last days of summer with sidewalk bargains and to start thinking of school days with the new arrivals.

This season, **Tommy-Terri** is introducing some new lines with a grown-up look. For the boys, we have "Calvin" by the Calvin Clothing Co. which is great for khakis and coordinating shirts as well as other favorites by Imp, Kitestrings and Tom Kid. The girls are already looking forward to "Bodyguard," a trendy look, as well as KC Parker, Hartstrings, Tractor and So Fun. This season, we have added a line of "Beatrix Potter" for the little ones as well as Coccoli, Mini Classics and Sweet Potatoes. Don't forget the cuddly favorites by Blue Clues, Franklin, Madeline and Pat the Bunny. This year is Madeline's 60th birthday, so be on the lookout for a special event in September.

Your little ones will love to visit the "Playhouse" while you shop. As always, our staff is ready to assist you with your selections. Gift wrapping is complimentary and UPS service is available.





## Barrington **ICE HOUSE MALL**



### Ice House Mall Welcomes The Canterbury Shoppe

Exciting things are taking place at the **Ice House Mall** in downtown Barrington. The well-known **Canterbury Shoppe** recently announced that they are relocating their shop from Station Street to the **Ice House**. They will occupy a beautiful, large first floor location at the north end of the mall across from Peter Daniel's Women's Department. Norm Storkel, Manager of Jans of London, said, "We are extremely pleased to welcome **The Canterbury Shoppe** to the **Ice House Mall**. They have a wonderful shop and we are excited about their decision to relocate to the **Ice House**." The Grand Reopening of **The Canterbury Shoppe** is July 22, 1999.

The **Ice House Mall** will host an antique show on July 9, 10 and 11, Friday, Saturday and Sunday. The show will feature porcelain, silver, fine china, glassware

and jewelry. You will also find collectibles such as plates, cups and saucers, needlework, prints and old-fashioned toys. The show is open to the public free of charge.

**The Barrington Ice House Mall Village Shops and Chessie's Restaurant** is a historic community mall nestled in the heart of downtown Barrington. The mall is home to 15 lovely boutique shops that specialize in providing creative solutions for your shopping needs. While providing the utmost in customer service, the mall offers men, women and children's apparel, accessories and jewelry, art and gifts, nautical artifacts and ship models, stationary, cosmetics and image consulting. Take the hassle out of shopping and come to the **Ice House Mall** located at 200 Applebee Street in downtown Barrington, next to the Jewel/Osco. For more information, please call **847-381-6661**.

**J**uly at **Peter Daniel of Barrington** promises to be a perfect time to pick up spring and summer apparel items at greatly reduced savings while our **Clearance Sale** is in progress. Casual and weekend wear for men and women along with suits and sport coats are just some of the selections you'll find during our **Clearance Sale**.

We've also scheduled two fabulous **Trunk Shows** on **July 22 through July 25** for our women's department. Take advantage of the opportunity to see the designers' entire collection for the season and special-order clothes that are just right for you!

**JSS Knits**—Custom Knits, made to fit you exclusively and available in 30 gorgeous colors. These detailed knits are perfect for travel and day to evening wear.

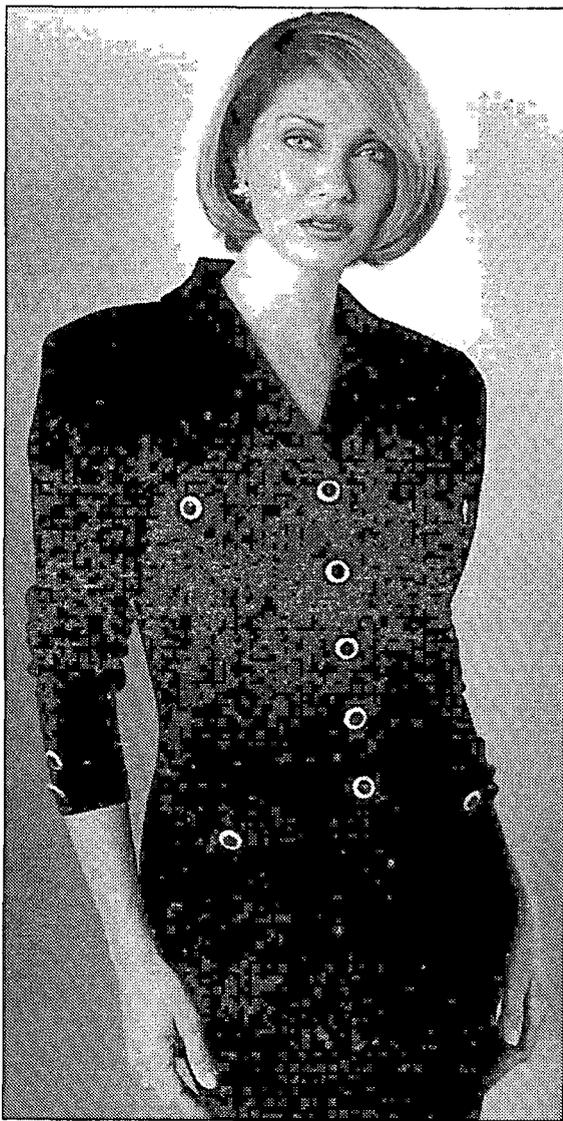
**Mack and Mack**—Simple Elegance. Unbelievable special occasion dresses and separates that come in many styles and colors. The fit is wonderful and sizes range from x-small to x-large and women's sizes also. They are machine washable and are perfect for travel, weddings and any occasion. Come see all the beautiful new colors and styles.

**Peter Daniel of Barrington**, located on the first level of the **Ice House**, is open seven days a week for your shopping convenience.

### Healthcare Provider Course Offered

The Advocate Occupational Health-Barrington Center will sponsor a Healthcare Provider Basic Life Support Class on Tuesday, July 13 from 6 to 10 PM in the Prairie Room of the hospital. The 4-hour course is designed for medical professionals,

nursing students, first responders and others who provide direct patient care and whose jobs require them to have successful completion cards. There is a \$30 fee. For information or to register, call Health-Advisor at 1-800-323-8622.



### Antique Show

Friday,  
Saturday,  
Sunday,

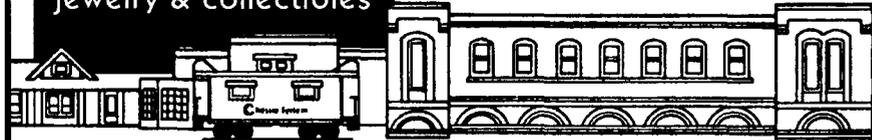
July 9, 10 & 11

porcelain, silver,  
fine china, glassware,  
jewelry & collectibles

Enclosed Mall • 15 Unique Specialty Shops  
Friendly & Personalized Service • Relaxed Atmosphere  
Convenient Downtown Location • Plenty of Parking

**Barrington  
ICE HOUSE MALL**  
village shops & Chessie's restaurant  
200 Applebee Street • 847-381-6661

Rt. 59 (Hough St.) and Lake Cook Rd. (Main St.) Intersection, turn west on Main for one block, then turn north on Applebee, next to the Jewel.



Hours: Sun. 11-3, Mon.-Sat. 9:30-5:30, Thurs. 9:30-8:00

Peter Daniel's  
Semi-Annual

# Clearance Sale!

Savings  
up to **50%**

peter daniel

barrington

apparel for men and women

Barrington Ice House, Next to Jewel  
Open 7 days a week, tel. 847.382.6676

### Home of the Sparrow Schedules Volunteer Training Sessions

Home of the Sparrow, Inc. has scheduled several training sessions for prospective volunteers.

Home of the Sparrow is a non-profit transitional shelter program for homeless women and children. The organization provides shelter at homes in Palatine, McHenry, Woodstock and Crystal Lake.

Home of the Sparrow also operates three Sparrow's Nest Thrift Stores which are located in Arlington Heights, McHenry and Cary. All proceeds from the stores benefit the agency's programs to eliminate homelessness.

Several two-hour training sessions for prospective Sparrow's Nest volunteers are

planned in June, July and August at the Arlington Heights, McHenry and Cary stores. Volunteers at the Sparrow's Nest sort and price donations, operate the cash register and assist customers. Hours are flexible.

For more information on training dates and times at the Sparrow's Nest, please call Becky Stiemke at 847-705-6850 or 815-344-5171.

Home of the sparrow has also scheduled orientation sessions for volunteers interested in providing child care for the children in its shelters. For more information on childcare training, please call Joy Martin at 815-344-5171.

PHOTO SPECIAL

# Lea Image Studio

LEA MODELING & TALENT CONSULTANTS, LTD.  
LEA SKIN CARE & COSMETICS

## It's All In The Package!



Karen Lea Cline  
Mrs. Illinois 1998

Ultimate Skin Care Collection  
Make-Up Application & Lessons  
In-Store True Color Correct Lighting  
Color Spectrum Analysis  
Private Consultation Setting  
Self-Improvement & Etiquette

Perfumes, Colognes & Fashion Accessories  
Unique Gifts for Men & Women  
Essential Body Care Products  
Photo Packages  
Modeling & Talent Consulting & Evaluation  
Gift Certificates Available

*"There is something special about you and it has everything to do with looking and feeling beautiful."*

*Lea*

200 Applebee St. • Barrington, IL • 847.382.6640



# Barrington ICE HOUSE MALL



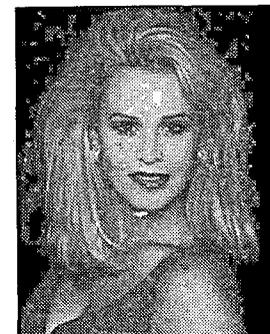
## It's All in the Package! Pastels and Shimmer for Summer!

Summer is here! **Lea Image Studio** offers the finest in skin care and cosmetics! Our regular customers are so pleased with the results of the "Ultimate Skin Care Package" for men and women, a line formulated with the unique ingredient squalene, derived from the olive, natural and pure, after two weeks of regular use the results speak for themselves! More polish and glow!

The sheerest in foundations, summer pastels and shimmer powders are in! Also the special highlights "Flashlight"—a fabulous finishing product for accenting cheek bones or creating more balance on the face. Our mosaic finishing powder is definitely a conversation piece, as well as a fabulous finish! Makeovers for the brides and bridal party and special occasions!

**Lea Image Studio** also offers direction and training to future models and actors who want to pursue a career in the business by appointment, until they are ready to meet the agents. We also offer image improvement direction by evaluation to include wardrobe, speech, interview technique, training for social events, self improvement at its finest!

Another feature will be custom design apparel for the "One of a Kind" garment. Our feature designer will be Maria Pizzuto-Wilkins. Our goal is to express the personal style of the individual! We will feature one of Maria's favorite—an embroidered black linen cocktail dress, an



Karen Lea Cline  
Mrs. Illinois America 1998

empire silhouette with halter style. The closure has black crystals and gold beads which add sparkle as they dangle against the bare back. Wait until you see the exciting "Body Veils" as a cover-up for the pool or beach or for that summer vacation. They come in a variety of bright colors and patterns, short or long lengths. Each is accented with beads and tassels that tie at the waist. A great summer look!

Makeovers and photo sessions have been a big success! They are fabulous as gifts to use for the business brochure or card. We achieve the highest quality from the makeup to the photo shoot. This special includes shooting one roll of color, 24 proofs. You will receive one 4 by 6 print for \$50.

Our motto is, *"There is something special about you and it has everything to do with looking and feeling beautiful."*

# GRAND OPENING



## Come Celebrate With The Canterbury Shoppe Barrington's four season Holiday & Home store at the Ice House Mall!

### July 22nd-25th

Stop by and see our new expanded store including  
Ralph Lauren Home Collections • Laurie Gates • Halcyon Days & Limoges Boxes  
Radko '99 including the millennium collectibles • Waterford Ornaments  
Our greatly expanded gourmet gallery of foods, treats, sauces & dips!

Treat yourself to our gourmet gallery tastings, free gifts,  
and register to win 2 American Airlines round trip tickets!\*

200 Applebee Street • Barrington, IL 60010 • 847-304-9627

(\*No purchase necessary, courtesy of Travel House Inc., domestic 48 states, subject to availability)

## The Canterbury Shoppe Celebrates Grand Opening at the Ice House Mall!

**The Canterbury Shoppe**, Barrington's four-season holiday and home store, is celebrating its grand reopening at the Ice House Mall on July 22 through 25. As part of the Ice House's festivities, register to win 2 free, round-trip American Airlines tickets, no purchase necessary! (Subject to availability; domestic 48 states; courtesy of Travel House Inc.) Also, gourmet treats will be served from their expanded gourmet gallery. Stop by to taste the summer's hottest raspberry salsas, Vidalia onion, mustard dips and savory fruit marinades, perfect for grilling and outdoor parties. Have a sweet tooth? We added the award winning Bodega Chocolates to our selection of cookies, biscottis and cappucino.

**The Canterbury Shoppe** will continue

to have their unique artisan and gift selections for all of life's special occasions. New collections include Ralph Lauren's Home Collection of tableware and crystal, Christopher Radko's '99 millennium ornaments and the newest introductions from Laurie Gates Milan inspired floral pottery.

So join the grand celebration and don't forget to register for the 2 free, round-trip American Airlines tickets! **The Canterbury Shoppe** is located at the Barrington Ice House Mall at 200 Applebee Street in the heart of downtown Barrington (behind the Jewel store). Our new store is located in the center of the Ice House Mall across from Peter Daniel. Open seven days a week, we can be reached at **847-304-9627**.

## 7th Annual WINGS Benefit

WINGS (Women in Need Growing Stronger) is busy planning its 7th Annual Benefit to be held at the Schaumburg Marriott on Saturday, November 6, 1999.

The mission of WINGS is to provide a personal growth program in a transitional living setting for homeless suburban women and their children, assisting them in learning to manage their lives through education, guidance and support.

The theme "Fly to the Stars with WINGS" will invite guests to celebrate the progress the agency has made this year and to share in expansion plans for the future. At present, WINGS has 53 beds at 10 locations. A new home under construction in Schaumburg will increase the

number of available facilities.

The November 6 event will feature dancing to music by the Windjammers, prizes and a silent auction.

The committee is seeking corporate sponsors, prizes and silent auction items. For further information on participation, contact Marie Gebbie at 847-382-3839 or Fran Halap at the WINGS office at 847-640-8542.

WINGS has been providing high quality, intensive services since 1985 and is dedicated to the cause of ending homelessness in the suburban areas and helping women and children in need. With the support of community organizations and individuals, WINGS continues to thrive and grow.

## Prime Time Discussion Group on Current Events

The Barrington Area Council on Aging, Inc. (BACOA) is sponsoring a Senior Discussion Group which is facilitated by Lori Imroth-Braun. Our next meeting will be held Thursday, July 15 at 10 AM at the Barrington Area Library, 505 North North-west Highway. The discussion will center

on events in the news. Bring clippings of current news items that are of interest to you.

Call Carol at 381-5030. Reservations are not required but are appreciated. All seniors are invited to attend. Refreshments will be served.

## Carlisle... for Women Who Accept Only the Best

Carlisle is pleased to announce the most extensive fall collection ever. Shop in a serene and accommodating setting with assistance from highly trained and truly helpful clothing consultants.

To see this exciting Millennium Collection of over 200 contemporary styles, contact Leslie Roberts, 409 Elm Road, Barrington at 847-381-4959. The collection will be shown July 14 through 26.



Leslie Roberts,  
Carlisle Consultant

## Summer is Sizzling at L'Auberge

This month, take time for yourself at L'Auberge. We understand, with all the summer commitments and the kids' active schedule, how hard it is to take care of yourself. Let L'Auberge help. We have many new things to offer.

The L'Auberge cutting team just finished advanced education with the Toni & Guy education team. We had an in-house seminar and learned all the latest trends as well as how to make that everyday "do" into something fun and fresh. Members of L'Auberge's cutting team continually educate themselves to assist

the client—you—better.

After you capture that new look just for you, try one of our many facials that we have available or even a massage with a body treatment. These soothing, tranquil experiences will rejuvenate both the body and the soul. **Come in on any Wednesday and receive \$20 off a massage and facial package.** And these are just a few of the ways that we can pamper you.

We pride ourselves on taking care of the customer. It's time to come in and let us take care of you. Phone 847-277-7000 for your appointment today.

## Pearls From Dalzell & Co.—A Classic on Your Wedding Day... and Always

Pearls are always a classic and always of the highest quality—and most reasonable price—at Dalzell & Co. Fine & Antique Jewelry in Historic Downtown Crystal Lake.

Pearl earrings, necklaces and bracelets in a variety of beautiful colors and styles are perfect accessories for brides and bridesmaids... a wonderful way to thank Mom for coordinating the "big day"... and the ideal wedding gift from a groom to his bride-to-be.

As you prepare for your wedding, also keep in mind that Dalzell & Co. is a direct diamond importer and an excellent source for engagement rings and wedding

bands. Dalzell & Co. also offers gift registry service, featuring McHenry County's largest selection of Waterford® Crystal.

Dalzell & Co. Fine & Antique Jewelry at 23 N. Williams Street in Historic Downtown Crystal Lake is owned and managed by Steven and Jennifer Dalzell—both Graduate Gemologists and Graduate Jewelers of the renowned Gemological Institute of America (GIA). Business hours are Monday through Friday, 9:30 AM to 5:30 PM; Thursday from 9:30 AM to 8:00 PM; Saturday from 9:30 AM to 4:00 PM; and also by appointment.

Please call 847-382-3944 or 815-455-3600.

## Workshop Presented— "The Psalms: A Guide to Prayer"

Popular teacher Dr. Ron Miller, Chair of the Religion Department and Faculty Coordinator of Interfaith Center at Lake Forest College, will present a workshop titled "The Psalms: A Guide to Prayer" on Sunday, August 8 from 10:45 AM until 3:00 PM at the Presbyterian Church of Barrington at 6 Brinker Road in Barrington Hills. The workshop fee of \$10 includes a light lunch. The public is invited to attend. Call the church office at 381-0975 for reservations.

Using the Psalms as a guide, Dr. Miller will lead participants in exploring the world of prayer. The workshop will look at the traditional types of prayer and the stages of prayer and participants will practice some forms of prayer.

According to Miller, "This will be an experiential workshop in which we hope to be spiritually taught and nurtured by the most ancient hymn book in our Judeo-Christian tradition. We welcome Jewish



Dr. Ron Miller, Lake Forest College

and Christian participants from every denomination."

"Using The Psalms as our guide, we will discuss different types of prayer: praise, thanksgiving, contrition and petition. We will further explore and practice different

# CARLISLE

...for women who accept only the best

## 1999 Fall Collection

July 14th through July 26th

Call Leslie Roberts  
847.381.4959



## L'Auberge

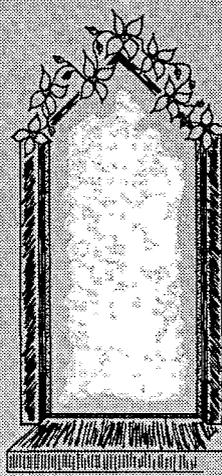
A. Golden Day Spa & Salon

Summer is Sizzling  
at L'Auberge

764 W. Northwest Hwy.  
Barrington

847-277-7000

Tues. & Thurs. 9-8, Wed., Fri. & Sat. 8:30-5



## Pearls from Dalzell & Co. — Always a classic.

From elegant white, to shimmering pink, to fashionable black Tahitian, pearls come in many colors today. Yet, they are always a classic. Always in style. And always of the highest quality — and most reasonable price — at Dalzell & Co.

Come see our exciting collection today.



### Dalzell & Co.

Fine & Antique Jewelry  
Waterford® Crystal

23 N. Williams Street  
Historic Downtown Crystal Lake  
(847) 382-3944 or (815) 455-3600

Open Monday  
through Saturday  
and also by  
appointment.



forms of prayer that use The Psalms: antiphonal recitation and centering meditation."

"The Book of Psalms was the hymn book for Israel during the time of the Second Temple (516 to 70 AD). This was the temple Jesus came to on the high holidays. This was the temple Paul visited when he came to Jerusalem. This was the temple where the Jewish Christian Community led by James, the brother of the Lord, from 30 to 64 AD, prayed on a daily basis!"

"And these Psalms were not only sung in the temple worship but they were used in private prayer as well. Matthew's gos-

pel (Matthew 27:46) shows Jesus praying Psalm 22, (which begins with the words, "My God, my God, why have you forsaken me?") while he is dying on the cross. Certainly Jesus, like many of his Jewish contemporaries, knew most of the Psalms by heart and prayed them on a daily basis."

"The Psalms continue to constitute the central part of the Divine Office chanted by Christian monastics in both the Eastern Orthodox and Western Roman Catholic traditions. Of course, they have been the cornerstone of both private and community prayer in Protestant practice as well."

The Doorway



to Elegance

# Millenium ~~MELTDOWN~~ Sale

In Preparation For The New Millennium, We Are Clearing Out Inventory To Make Room For The New Millennium With A

## STOREWIDE CLEARANCE 20%-50% OFF

Some name brand restrictions may apply.  
Not good with any other offer or previous sales.

Celebrating 30 Years of Excellence

1969 - 1999

### Mitchell's Jewelers

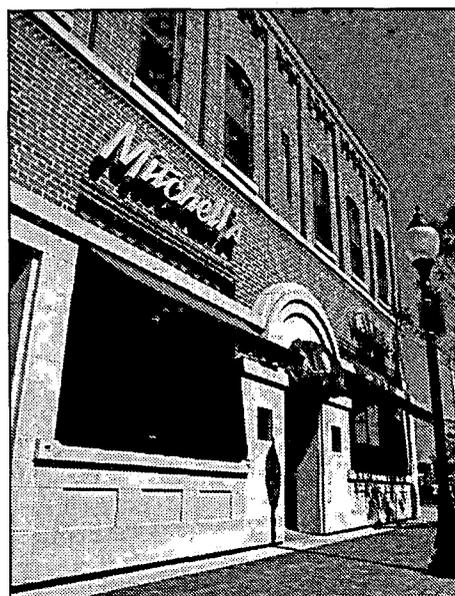
Six generations of experience in the art of jewelry.

10 North Dunton • Downtown Arlington Heights • 394-0820

MasterCard, Visa, Discover

## 30 Years in Downtown Arlington Heights

It's hard to believe it's been 30 years since **Mitchell's Jewelers** opened its first store in downtown Arlington Heights. Let's look back at the story of a man with a dream. My father had the dream to come to America and someday have his own jewelry store. In 1947, Alfred G. Mitchell left Egypt and came to New York and then straight to Arlington Heights, a small town of not more than 6,000. He spent his first year working in the area. Then he decided to join the army. After 4 years and an honorable discharge, he was trained in watch repair and started working for C.D. Peacock. He served for 5 years as a jewelry designer, servicing customers' repairs and training other employees. After that, he worked for Simon Brothers as manager in the same field. From there, he became the #1 jewelry salesman in the country at Sears Roebuck Jewelry Department in Golf Mill. In 1969, he informed Nicholas Lattof, "If you build a shopping center in downtown Arlington Heights, I will be the first one to rent a store."



So my father and mother, Alfred and Esther Mitchell, opened the first store in Evergreen Shopping Center in 1969. Through hard work, fair prices, good quality and great service, we grew. We more than doubled in size with a move next door and continued to grow.

Our last move in 1984 was to our landmark location at 10 N. Dunton in downtown Arlington Heights. My dad had the dream first to have his own store, then to own a building for a store. We took a then run-down, 135 year-old building and

completely rebuilt it. And it was the first re-development in downtown Arlington Heights, which was the start of great things to come. Now, with its brick walkways, new lighting, re-paved roads and new parking garages, downtown Arlington Heights is a really great place to shop.

Right now, there is a lot of construction going on, but we will make it worth your while to come to downtown Arlington Heights and visit **Mitchell's Jewelers**. There is plenty of free parking in the garages. During the month of July, **Mitchell's Jewelers** is having a **Millennium Meltdown Sale** with savings throughout the store. For information, call us at 847-394-0820.

# Claude Thomas Hair Design & Spa

## Not Sure What New to Do to Yourself?

COME IN FOR A VIRTUAL MAKE-OVER  
\$20 per Session \$3 for Each Printout



20% OFF to All New Clients

Does not apply to already discounted services, hair extensions and wigs.

See Our Editorial For July Specials →

REDKEN  
5th AVENUE NYC

847-705-5999

SUNDAY 11-4  
MONDAY 1-9  
TUES-FRI 9-9  
SAT 9-5

377 W. NORTHWEST HIGHWAY (CENTURY PLAZA) • PALATINE

## Claude Thomas Can Make You Look Fab for Summer!

This month we have an offer of a mini-facial for \$25. Take advantage of this offer and pamper yourself. We also have a great offer on our body wraps that remove inches and speed up your metabolism. During July this service is **20% off**. Now that it is warmer we are showing more of ourselves and **Claude Thomas** has a special of **10% off** on all body waxing.

We also have that all-over instant tan without the sun damage to your skin. Call and ask about this service

If you're not sure of what to do, come in for a virtual make-over. This consultation is just \$20 and \$3 for each print out.

Come in for a hair color change and receive a **20% discount**.

Now is the time to start thinking about open-toed shoes and sandals. **Claude Thomas** has a special on a manicure and pedicure package. This is regularly a \$45



Taking care of you is serious business...  
but we make it fun too.

value but, in the month of July, it is \$38.

Want long nails but not the upkeep? **Claude Thomas** has weekend nails that last for just a week or more without damaging your natural nails. The cost for weekend nails is \$40.

**Claude Thomas's** doesn't follow fashion... we create it!

## BHS Student Receives Music Award

The Barrington High School Fine Arts Department instrumental and vocal music program has been named as a Grammy Signature School by the NARAS Foundation. Former student Steve Pines, a guitarist, received an individual Grammy award for his superb musicianship. This year the

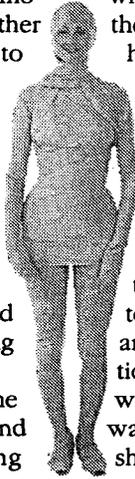
BHS music department was recognized as one of 150 school music programs nationwide to receive an award as a Grammy Signature School. The beautifully framed certificate will be on display at Barrington High School in the music case outside the band room, P268.

## Fun with Body Wraps

We've noticed a lot of laughter among the customers at **Wrap Me Slender** lately. People are coming in small groups of two or more, and some are bringing cameras so they can immortalize themselves as "mummies." We're trying to accommodate these activities by adding another wrapper and adding another day to our week, starting in July.

For most people though, the body wraps are a source of fun *after* they've left our shop. Many customers are finding that they can wear clothes that wouldn't fit them just a week or two ago and that shopping for new clothes is a lot more fun when they can buy smaller sizes and actually enjoy looking in the changing room mirrors.

Our golfers are enjoying their game more when they are more limber and when they know they are looking good. Our sun worshippers are loving the added attention they're getting on the beach. And most people, both male and female, are enjoying the added interest of their spouses or significant others.



One husband who has started coming in with his wife happens to be an actuary—a professional number cruncher. His wife was thrilled to have lost 34 inches overall **without losing weight** after five wraps. He had a great time calculating the numbers in all different ways. He has lost 6.5% of his wife!

One of our most delightful customers is a woman who, four months ago, might have been described as a rather large, middle-aged woman with a very pretty face. Now, after a combination of dieting to lose some weight and the body wraps to firm, shrink and tone the body, the words "gorgeous" and "knock out" are frequent descriptions. She tells us that men are flirting with her like they did when she was twenty-something. Best of all, she's suddenly *younger* than her kid brother.

### The Unknown Mummy

There's still time to look better this summer, and we're here to help you lose six to twenty inches overall on your first wrap. Call **847-550-8978** for an appointment.

## Country Clothes Boutique Introduces New Specialty Lines

Pusser's Clothing has arrived at **Country Clothes Boutique** from the Caribbean. This famous line of clothes, previously only available in the Caribbean, is now available only in the Midwest at **Country Clothes Boutique**. Styles available are shorts, tops, blouses, dresses and hats. Wide brim and cap hats are available in different colors just in time for the warm summer heat. Also available, and in limited quantity, are the famous Pusser's Cups in both large and small sizes, in boxes of four.

Susan Bristol Petites have just arrived with wonderful summer colors. The availability of petite clothes at **Country Clothes** is increasing and should be up to par by early fall. For best selection, come early.

Swimsuits in various styles have also just arrived. Styles and sizes are limited. Swimsuit cover-ups in many fun and fancy patterns are also available for both beach cover and every day "hang out" from Michigan Rag. To accessorize your beachwear, a new line of fun jewelry is also on display.

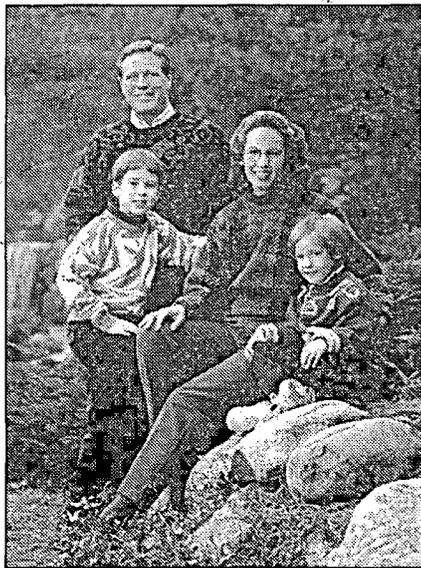
Also new to **Country Clothes Boutique** are summer sandals; they come in limited styles and sizes. The new sandals are extremely comfortable and accessorize any summer outfit.

Thursday, Friday and Saturday, July 15, 16 and 17, is the "**Gala Grand Opening**" at The Fountains of McHenry with lots of prizes and giveaways. Mark your calendar and join us for this festive weekend.

## The Reflection of Light

With little fanfare, Joe Rush, Master Photographer and owner of **Langdon's of Barrington**, has been developing award-winning portraiture in the Barrington community for the past 25 years. Most recently, one of Joe's family portraits received the award of merit at the Annual Associated Professional Photographers State Convention held in Springfield, IL.

**Langdon's of Barrington's** commitment to excellence extends to community service as well. **Langdon's** has produced the portrait of each Chairman of the Board for the Barrington Area Chamber of Commerce. For the last five years, Joe and **Langdon's of Barrington** has contributed the cover portrait for the Annual Chamber Christmas Publication.



Let **Langdon's** 25 years of experience in excellence work for you. When would



## Wrap Me Slender

NOW OPEN TUESDAY THRU SATURDAY

Do Something Good for Your Body:

- ✓ Lose Inches
- ✓ Cleanse Your Body—Inside and Out
- ✓ Trim, Tighten and Tone Your Skin
- ✓ Lose Cellulite
- ✓ Look and Feel Younger

**Slim Down for Summer**

CALL TODAY FOR AN APPOINTMENT—847-550-8978



9 South Old Rand Road • Lake Zurich



## Grand Opening Country Clothes Boutique

Featuring: DAVID BROOKS  
WOOLRICH • NEIL & DAVID

Now Carrying Petite Sizes

Located in the New Fountain  
Shoppes of McHenry Center

319 S. Front Street • McHenry  
815.344.5101

Open Mon.-Wed. 10-6, Thu. 10-7, Fri. 10-6, Sat. 10-4

## Langdon's of Barrington

Portrait

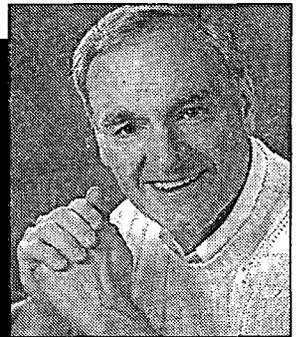
Photography

Dependable

Innovative

Experienced

Call 382-5463



Joseph Rush  
Master Photographer

## BWC Plan Golf Outing

Ruth Cox and Luisa Bremer, co-chairwomen, announce that the Barrington Woman's Club annual benefit golf outing will be held on Monday, September 20 at Cary Country Club. Golfers are urged to make their own foursome, although the committee will form groups if necessary. Registration and continental breakfast will begin at 7 AM followed by a shotgun start at 8 AM. A fee of \$75 includes greens fee, carts, lunch and prizes.

To register, send your checks payable to Barrington Woman's Club to Judy Ligman,

468 A. Valley View, Barrington, IL, 60010. Please include the name and handicap according to the CDGA index of each player.

The golf outing is a major fund raising event for the club's scholarship and philanthropy fund which benefits Barrington High School students and organizations which provide services to the Barrington area communities.

Women of the greater Barrington area who are interested in Barrington Woman's Club membership may call Doris Morrissey at 847-304-0045.

you like to see the portrait of your dreams become a reality? Call today at 382-5463

and begin the process. It is never too soon to schedule or too early to plan.

Barrington LIFESTYLES July 1999 11

# Happenings!

*in the area*

## BYDE's Rock'N'Roll Bar-B-Q

The Barrington Youth Dance Ensemble (BYDE) will host a fun-filled family afternoon Rock'N'Roll Bar-B-Q on Sunday, August 22 at Millrose Restaurant and Brewing Co. in South Barrington. This summer event is to be a benefit for the 6th annual December production of *The Nutcracker*. For additional information on the Rock'N'Roll Bar-B-Q, *The Nutcracker* performances, BYDE or Barrington Dance Academy, please call 847-382-6333. Look for more details in the next issue of *Lifestyles*.

**Taking a break from a Rock N'Roll Bar-B-Q committee meeting are Chairwomen Bernadette Gifford from Barrington (left) and Shayne Bullen from Palatine.**



## BWC Installs New Officers

Installation of officers of the Barrington Woman's Club was conducted by past president Norma Carey at the club's 85th birthday celebration held on May 19 at the Barrington Hills Country Club. After cutting a birthday cake provided by Clarke's Bakery, Lois Hoppe was installed for a second term as president with Lisa Frese serving as her first Vice President in charge of programs. Other officers include: Nancy Sandquist, second vice-president; Bonnie Grabenkort, recording secretary; Ginny Schomberg, corresponding secretary; Jean Johnson, treasurer. Appointed to serve as advisors are past presidents Norma Carey and June Dienes, along with immediate past first vice president, Phyllis Peyrot-Lasiewicz.

The Barrington Woman's Club has a long heritage of initiating philanthropic, cultural and civic projects. In 1914, the progressive, founding group's first philanthropic goal was to establish a free public library. For 12 years the 17 founding members worked toward the library, supporting it with food sales, chicken pie suppers and tag days, until it became a tax-supported entity in 1926.

Other early accomplishments were: initiating a kindergarten class, including selecting and hiring of its teacher; urging the Village to sponsor cleanup days to remove tin cans and rubbish; rebuilding and making hundreds of bird houses by children and adult volunteers; establishing and staffing an emergency hospital during a virulent influenza epidemic; and hosting special parties to honor children or elderly women 70 years of age or older. Concern for education and juvenile needs created a student loan program, which later was changed to scholastic scholarships.

Other achievements of the club were: operating a public school cafeteria (1927-1931); sponsoring Girl Scouts; forming the Junior Woman's Club (1936); impetus for the establishing in 1959 of the Barrington Area United Drive; funding for a hospitalized veterans writing project; assisting in the establishment in 1968 of the Barrington



**Lois Hoppe, Barrington Woman's Club President, cut the cake at the Club's 85th birthday celebration at Barrington Hills Country Club on May 19.**

ton Historical Society; funding for the reception area of Good Shepherd Hospital; conducting, for 20 years, an art fair with the works of 250 artists; and organizing numerous antique shows.

In order to fulfill its purpose to promote cultural, recreational and educational activities in the community, the club provides monthly programs of speakers or entertainers, eclectic trips, literature reviews, a number of bridge groups and a collectors' group. Major fundraising events are held to support scholarship and philanthropic funding.

Loyalty, love and charity was the pledge of the founding women; this same spirit is needed to carry out the work of the present-day Barrington Woman's Club.

For membership information, call Doris Morrissey at 847-304-0045.

## TOCOS Officers Installed

Town and Country-ites (TOCOS) women's social group installed new officers at its May Annual Meeting. Serving as president is Heidi Johnson; serving with her are: Janet Hammer as vice-president; Betty Captain, secretary; Marion Zuckerman, treasurer and membership chairperson; and Ginny Schomberg and Sheila Solyom, advisors.

TOCOS activities include various bridge and book discussion groups, ladies night out and a 9-hole golf league. Newcomers members may take part in any TOCOS activity without TOCOS membership. New and other interested residents of the area may get membership information from Marion Zuckerman at 847-658-8485. Yearly



**The new officers for the Barrington area's Town & Country-ites (TOCOS) for the 1999-2000 year are Heidi Johnson, President (at left) and Janet Hammer, Vice-President.**

dues (\$15) include a newsletter of events, yearbook and special subsidies at events.

To inquire about the numerous bridge groups, call Diane Reichow at 381-4133.

## Eighth Annual Annie's Attic Garage Sale



Annie's back! Oops! The boat is gone. How about a garden tractor instead?...

July 9 and 10 will be an opportunity for the bargain seeker. Even though St. Anne Catholic Church is in "building/expansion mode," reserve the second Friday and Saturday of July to "Come on Down" for toys, sporting goods, clothing for all ages and sizes, a boutique, housewares, etc. Mark your calendar; circle the dates and don't forget!

In the early 1980's, Sister Lorraine Menheer at St. Anne Catholic Church saw a need for an outreach program for those in pain. Through much prayer and hard work, Sister Lorraine's plans unfolded and Project Hope was established 16 years ago. Annie's Attic funds Project Hope, a part of St. Anne's Community which deals with mercy and justice through continued outreach to all who suffer and search for God's Love. The monies raised through the garage sale assist the homeless in seeking shelter/housing, food, clothing, counseling, jobs and transportation. Project Hope assists homeless people and families trying to live with dignity and to be self-sufficient by empowering them with independency. Project Hope Ministries to the needy provide the basic funds for the day-to-day operation of our par-

ish services to those who come to the door.

We now have at 200 Hough Street (Rt. 59) in Barrington Annie's Resale Shop. Its main focus is to market select furniture and other household items donated by Northwest Suburban residents and businesses. This is an important source of revenue for Project Hope. Not only does Project Hope assist the needy, Project Hope also assists the Michael Joseph Foundation which cares for those seeking shelter by locating affordable housing.

The sale will run from 9 AM to 5 PM on July 9 and 9 AM to Noon on July 10 in the St. Anne Parish Center (Dillon Center) at 120 North Ela, one block north of Lake-Cook Road and two blocks east of Rt. 59 in Barrington.

A \$3-a-bag sale for items in the gym and children's department will take place on Saturday, July 10 only. Donations and drop-offs will be taken June 30, July 1, 5, 6 and 7 from 9 AM to 5 PM (no large appliances or cabinet TV'S). The Bake Sale will be on July 9 only. The proceeds will also provide food certificates, utilities assistance and prison visitation and retreats for people with AIDS. Should you have further questions, please contact Sister Lorraine at 847-381-5721.

## A Flatter Stomach, Less Cellulite and a More Toned Body...

That's what we achieve at the **Barrington Bodywrap!**

Our wrap is a safe, effective, non-invasive solution to losing inches and contouring your body.

We guarantee a 6 to 20 inch loss with the first wrap. Men and women have success with our wrap. Subsequent wraps continue to achieve inch loss. We will work with you to obtain your personal goal, whether it's just to detoxify or to contour, tone and reshape your body.

The bodywrap involves being measured, then being wrapped in mineral soaked ace bandages. You engage in mild movement while you are wrapped. And when you are unwrapped, you will be remeasured so you can see the results. You will feel refreshed and lose inches.

**Barrington Bodywrap** is located at 557 N. Hough Street in Barrington at the intersection of Routes 59 and 14 (Northwest Highway) next to the Jiffy Lube. Call **847-277-0742**.

## St. Joseph's Auxiliary Honors Volunteers

The St. Joseph's Auxiliary honored 17 "Volunteers Of The Year" at their luncheon on May 25 at the Little Sisters of the Poor Home for the Elderly in Palatine.

Christine Jung, President of the Auxiliary, said, "The Executive and Advisory Board members unanimously agreed to depart from the usual selection of just one 'Volunteer of the Year' in order to honor and acknowledge 17 auxiliary members who have been making beds at the home each week for many years." Jung added, "Our first volunteer at the home, Lorraine Skarren, has been helping for 33 years!"

The Little Sisters of the Poor, whose mission is to care for the elderly poor, benefited from almost 20,000 volunteer hours in 1998. Auxiliary members and other volunteers help with laundry, kitchen work, visiting, feeding, driving,

entertaining, games, clerical and the gift shop. Other auxiliary members use their time and talent throughout the year to produce needlework, crafts, ceramics and floral arrangements for the 32nd Annual Bazaar scheduled for October 23 and 24. In addition, another small committee devotes dozens of hours planning the Amazing Graze Benefit Gala each spring, which raised an amazing \$212,000 for repairs at the Home.

The 17 honored "Volunteers of the Year" are: Evelyn Banka, Margery Brown, Pat Donohoe, Nancy Franks, Rita Kelly, Doris Larson, Peggy McCotter, Rita Nannini, Marcie Navarro, Winnie O'Connor, Elizabeth O'Connor, Mary Jean O'Leary, Loraine Powell, Helen Rogers, Lorraine Skarren, Helen Snider and Marguerite Wojtowicz.

## Chemotherapy and Oral Health

by Raymond Kotz, DDS, and Lisa Feddor, RDH

Cancer patients being treated with chemotherapy may develop serious oral problems from the side effects of the chemotherapeutic drugs. These drugs kill healthy as well as cancerous cells; and when the salivary glands are damaged, a decrease in saliva leads to a dry mouth.

Dry mouth is unpleasant. It is frequently associated with a change in taste. The decrease in saliva can contribute to an increase in cavities and gum disease; and, in severe cases, associated pain may make the normal functions of eating and talking very difficult. A burning, swollen and peeling tongue may actually make it necessary to decrease or even stop the cancer treatment.

Prevention of, or minimizing these oral problems during chemotherapy starts with establishing and maintaining excellent oral health. It is important to see your dentist at least two weeks before chemotherapy begins or as soon as possible if treatment has started. A complete exam may avoid dental infections which can upset the cancer treatment schedule. Patients with dentures must be sure of a proper fit with no denture sores. Your dentist can help you establish a proper level of oral health.

Here is a list of additional preventive measures from the National Institute of Health:

### Avoid!

- Sharp crunchy foods that could cut your mouth
- Frequent snacks containing sugar; this contributes to cavities



- Toothpicks
- Tobacco products
- Alcohol (including mouthwashes that contain alcohol)

### Remember to...

- Choose healthy foods that are easy to chew and swallow
- Take small bites; chew slowly; and sip liquids with meals
- Eat soft, moist foods; soften your food with gravy, sauces, broth, yogurt or other liquids
- Drink a lot of water
- Suck (do not chew) ice chips
- Call your doctor when your mouth hurts and work actively with them to find solutions

Proper oral hygiene instruction, custom prescription fluoride application trays and saliva substitution products are some of the other aids provided by your dentist and dental hygienist. Don't hesitate to call them about any mouth problems as treatment progresses.

Call **Dr. Raymond P. Kotz** and **Lisa Feddor, RDH** at **847-381-4040** in Barrington for an evaluation.

**Suddenly Slender™**  
**The Body Wrap**



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1st Time Clients Only

- Manicure • Pedicure
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BARRINGTON

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**NEW!**  
Sculptured  
Pink-and-White  
French Acrylic Nails  
with Gloss Finish  
**\$45 Full Set**  
**\$33 Fill-In**

**COMMITTED**  
to the  
**HIGHEST STANDARDS**  
of **ORAL HEALTH**

Your looks and smile are as important to us as they are to you—*always*. Whether educating you to prevent problems or returning your mouth to optimum oral health, we are committed to taking whatever time is necessary to ensure an aesthetic approach to your appearance.

**Raymond P. Kotz, DDS, PC**

129 Park Avenue  
Barrington, Illinois 60010  
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**There are great reasons to visit Tranquility!**

The *Chicago Tribune* has once again named us a Top Salon and Day Spa. We are also a Goldwell Preferred Salon. Come visit us and see why.

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## 10 Reasons to Visit Tranquility Day Spa

10. We have been in business for 14 years.
9. *The Chicago Tribune* has written three articles which name us a top day spa in the suburbs.
8. We have a competent, friendly and knowledgeable staff that want to please you.
7. Each service is done in a private room to insure you "tranquility" and one-on-one service.
6. We only use the finest products for all our services including the Graham Webb Classic Line and Dermologica.
5. We offer a variety of services: massage, skin care, hair care, nail service, nail art, waxing and children's cuts.

4. We are conveniently located across from Jewel in downtown Barrington and we have parking.
  3. Our staff updates their education on a regular basis so we can always offer you the latest trends.
  2. Our hours can usually accommodate your lifestyle.
  1. We are simply and honestly the best and we love our job.
- So feel free to drop in anytime at **Tranquility Day Spa** for a free consultation. Look around, meet our staff, see our facilities and join the trendy and tranquil. We also offer gift certificates. With a Gift Certificate there is no need to worry about the right size or color.

## As Schools Raise Standards, Parents Send Children to Learning Centers for Summer Study

With many school systems raising standards and doing away with "social promotions," parents are more worried than ever about their children's academic progress. A poor final report card fuels that anxiety. Add to that the conclusions from government studies which show that even the most severe reading problems can be overcome with intensive, early intervention. Then it's easy to understand why parents are turning sooner and more often to learning centers for help.

Dr. Raymond J. Huntington, co-founder and president of **Huntington Learning Center**, says, "Failure to take action can lead to serious problems that could affect your child's future." He believes that a child who is continually frustrated in learning is caught in a "failure chain." To break the chain, according to Dr. Huntington, "Parents need to recognize the symptoms and take the necessary steps, as soon as possible, to provide the needed help."

"The summer," Dr. Huntington adds, "is the perfect time to strengthen school skills. With expanded summer hours, **Huntington Learning Center** can give your child the skills and confidence to succeed next September. Plus, we offer a special summertime program called "Reading Adventure," which is very popular with our students and their parents."

Mrs. Eileen C. Huntington, co-founder and vice-president of **Huntington Learning Center**, says, "As a reading specialist and former teacher, I am particularly

proud of our summer Reading Adventure program. It's designed to motivate and challenge children to read. And it's fun."

As general advice to parents making summertime plans, the Huntingtons caution, "Taking a vacation from learning can adversely affect a student's grades in the fall. Basic skills can even slip backwards when left neglected for the summer. We suggest that parents keep their children's minds fit by including learning activities in their summer schedules."

**Huntington Learning Center** offers instruction in reading, writing and math, as well as SAT and ACT exam prep courses. **Huntington** specializes in maximizing a student's academic potential. All instruction begins with a thorough diagnostic test to pinpoint a student's exact academic needs. Based on the test results, an individually tailored, step-by-step learning program is prescribed. Frequent conferences with parents, plus ongoing encouragement for students, are also important parts of the **Huntington** method.

Parents have trusted **Huntington Learning Center** for over two decades. With over 200 centers nationwide, **Huntington** is the nation's oldest provider of supplemental education.

Parents who would like additional information, or who wish to discuss a specific problem, are encouraged to call the **Huntington Learning Center** in Barrington at 847-382-3655.

University of Illinois, Champaign-Urbana.

Sean Eiseman of Schaumburg has been a member of the Class Act Program, Peer Counseling the National Honor Society and the Spanish National Honor Society at Schaumburg High School. His volunteer activities included tutoring a third-grade student in math and reading and coaching a Special Olympics track athlete. He plans to major in business at Drake University.

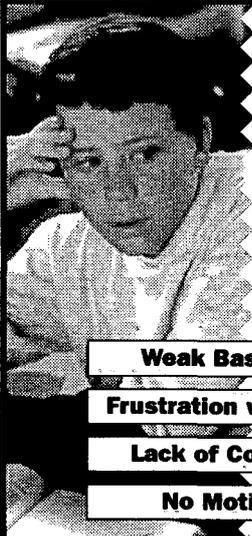
Veronica Ericsson of Palatine has played first chair clarinet with the symphonic band, marching band, concert band and pep band at Palatine High School. She is an Illinois State Scholar who plans a pre-medicine and biology major at Loyola or Drake University.

Kedra Kouvelis of Barrington has been

attending Harper College and working part-time in marketing and accounting. She plans to major in business administration with a minor in marketing at Lynn University in Florida.

Ashley Pedersen of Hoffman Estates has volunteered at a local nursing home for two years and participated in the Adopt a Grandparent program for the last six years. She received a Fremd High School Award for Leadership and served as a regional officer for the Illinois Jr. Academy of Science as well as on the Principal's Advisory Board. She plans to study nursing at Purdue University.

The Women's Club of Inverness applauds the excellence and achievements of the scholarship winners and applicants.



**Why Do Smart Kids Struggle?**

Your child may need help with weak study skills or poor reading or math skills. He or she may be unmotivated or lack confidence, despite a good I.Q. Our certified teachers help children overcome frustration and failure. A few hours a week can help gain the Educational Edge.

**ACT/SAT Prep Course Available**

Individual testing and tutoring in Reading, Study Skills, Writing, Phonics, Spelling, Math and SAT/ACT prep.

Weak Basic Skills

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**THE HUNTINGTON LEARNING CENTER®**  
Your child can learn.

## Women's Club of Inverness Congratulates Scholarship Recipients



Pictured are the 1999 Women's Club of Inverness scholarship winners (l to r): Ryan Dau, Ashley Pedersen, Education Chairman Diane Gardner, Kedra Kouvelis and Veronica Ericsson. Not pictured are Steven Alvarez and Sean Eiseman.

The Women's Club of Inverness is pleased to announce this year's winners of \$1,000 college scholarships. Scholarships were awarded to six local students based on their academic achievements, leadership qualities and financial need, says Diane Gardner, Chairman of the Education Committee. Funds for the scholarships were raised at the club's annual Spring Fashion Show and Luncheon in April.

Steven Alvarez of Palatine has been an honor roll student throughout his years at

Palatine High School. He is an Illinois State Scholar and a member of the Spanish National Honor Society. He plans to study atmospheric science at the University of Illinois, Champaign-Urbana.

Ryan Dau of Hoffman Estates is a multiple winner of Fremd High School's Viking Pride Award for excellence in the classroom as well as an Illinois State Scholar. A member of the cross country and track teams all four years, he now plans to pursue a degree in finance at the

## Citizens for Conservation Preserve Tour

On Wednesday, July 14 at 9 AM, there will be a tour at North Barrington School and Barrington Bog.

See the new work in progress—an interactive outdoor learning habitat for elementary school children at North Bar-

ington School. Then visit an ancient bog resplendent with wetland plants.

Wear waterproof boots. Meet in the parking lot in front of North Barrington School on Highway 59 north of Miller Road.

## Announcing Our Preschool— Now is the Time to Plan for Fall!

**Barrington Community Child Care Center** is now offering a 5-day preschool program. The classes are for children ages 3 through 5 years who are toilet trained. The hours for the preschool day are 9:00 to 11:30 AM or 9:00 to 12:30 PM with a hot lunch provided. No appointment is necessary to tour the center. We are conveniently located at 560 Carl Avenue in Barrington, (one block west of Burger King off Northwest Highway).

Registration is now being accepted for all age groups in our child care program also. Have peace of mind while you work and know that your child is in a safe environment. Being at the **Barrington Community Child Care Center** means fun with music, art activities, water play, sandbox fun, stories and more.

The curriculum for the **Barrington Community Child Care Center** offers age appropriate and challenging activities. Our many activities promote self-esteem, independence and cognitive growth. Individual needs and the child's unique ways of learning are key in the type of planning and structure that is presented in the en-

vironment. Program enrichments are also offered, such as "Computer Tots" and "Kids in Action" gymnastics class. And, as a convenience, haircuts by a Barrington salon owner are offered every six weeks.

One less worry for parents, nutritious snacks and a hot catered lunch are offered each day. Daily communication between teachers and parents helps to achieve continuity and consistency between home and school. Our staff is highly qualified and continues their education and training on an ongoing basis. In addition, our staff is certified in CPR and First Aid techniques.

**Barrington Community Child Care Center** is a private center serving children 6 weeks to 6 years. Our facility offers over-sized classrooms with a homey feel and an environment to meet the needs of young children. As well, our large outdoor playground is enjoyed by all.

**Barrington Community Child Care Center** offers year around structured activities and care. Registration is now being accepted for fall enrollment! We are happily celebrating our 6th year in the community. *Come join the fun!*

The best portrait work comes when the subjects are relaxed and enjoying the experience... when they let their guard down and allow the camera to capture the inner beauty that is in their eyes and their natural expressions.

Portraits by

*Thomas*



557 North Hough Street  
Barrington 381-7710

## Barrington Community Child Care Center

### Register Now for Fall Preschool

Child Care Openings Available for Children 6 Weeks - 6 Years.

Applications Now Being Accepted for Summer & Fall

Hours: 7am - 6:30pm

560 Carl Avenue  
(1 blk. west of Burger King off Northwest Hwy.)

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Barrington



## COSMETIC LASER CENTERS

Try Laser Treatment  
It's

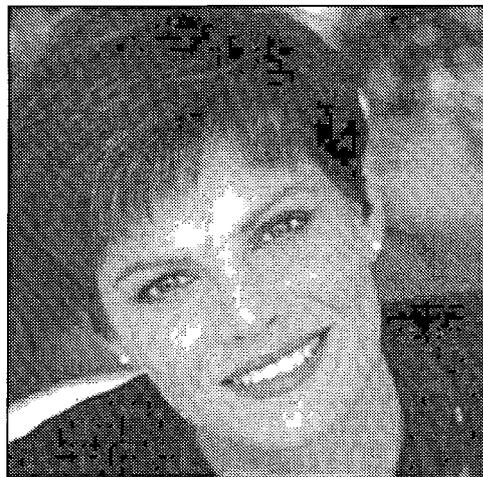
✓ Safer ✓ Quicker ✓ Effective

### Laser Hair Removal



Upper Lip	\$99	Lower Leg	\$560
Bikini Line	\$290	Sideburns	\$165
		Chin	\$190
		Man's Back	\$560
		Underarms	\$250
		Cheeks	\$290

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- MD Peel
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- Botox Injections
- Port Wine Stain
- Acne Scars
- Birthmarks
- Deep Wrinkles
- Tattoo Removal

### Laser Vein Removal



Wish your legs looked like they did years ago?

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# Custom Frame/Mirror One Cent Sale

Buy any Custom Wood Frame and  
Your Mirror is only One Cent!

Choose from thousands of beautiful samples.

One week only

## July 16-24th

Appointment necessary.

(Limit 2 frames/mirrors per customer)

Appointments will be scheduled every half  
hour on a first come first served basis,  
so be sure to call now!

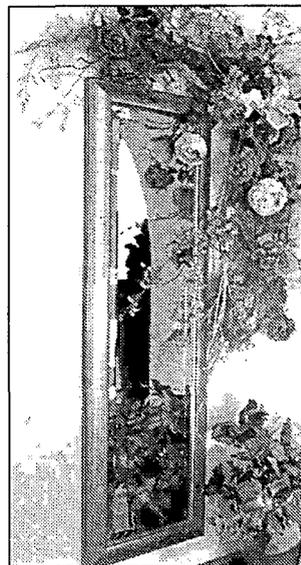
**Buschauer**

(847) 382-8484

PORTRAITS & FRAMING, INC. Barrington

## "See Yourself" Saving Big on Our Frame/Mirror One Cent Sale

Every now and then, a deal comes along that is just too good to pass up. This might just be one of those times. Sure, everyone seems to be having a sale these days and you have to wonder if it's really a sale or just another hyped promotion. Let me tell you that this really is a fabulous sale, because for one week only, from July 16 through 24, you can get a beautiful decorator mirror for **only one cent** when you purchase any custom wood frame at regular price for any of the standard mirror sizes.



Pictured is a framed mirror with a corner floral arrangement, also available through our studio.

### Why mirrors?

Mirrors can make a significant decorating statement because they add depth and interest to any room setting. They offer the perfect solution for those hard-to-fill empty spaces. The best part is that you can pick just the right frame color and design to go in any particular spot in your home or office. The simplicity and versatility of using mirrors to decorate are quite remarkable.

So please join us in this first time event by calling now to reserve your appointment time. You won't be disappointed with our 2,000 frame mouldings to choose from. We have one of the finest selections of custom frames in the Midwest. People come from many miles around for our unique frame styles and our knowledgeable design staff.

So stop going downtown or even out of town when you've got us right in your own backyard. Please call to schedule your appointment now or just stop in to browse a bit first—847-382-8484.

## Garden Club of Inverness Spring Luncheon

Members of the Garden Club of Inverness said adieu to their club year with a lovely spring luncheon at the Inverness Golf Club on Thursday, May 20, 1999. Talented Hospitality Co-Chairs Jill O'Connell and Janet Sholiton chose a theme capturing the essence of the Provence region in Southern France. To echo the warmth of a sun-drenched Provence landscape, sunny yellow and cobalt blue dominated the color scheme. Clear glass vases containing whole, fresh lemons held in place arrays of large sunflowers, white lilies, purple irises and alliums. And, on each table, these vases were draped with colorful print cloths of gold and blue. Cobalt blue napkins on each white tablecloth continued the theme. A nice surprise for all the 56 attendees were the individual votive candle containers in shades of blue which were taken home as mementoes.



Garden Club of Inverness Spring Luncheon Co-Chairs were Janet Sholiton (left) and Jill O'Connell.

Co-Chair Janet Sholiton is leaving the board this year and we wish to thank her for all her efforts for this club over the years. We shall miss her and her many artistic talents which she shared so unselfishly. Good luck, Janet!

After the French-inspired luncheon was enjoyed, the new slate of officers for 1999-2000 was installed by Laura Hoover, Director, as follows: Second Vice-Presidents: Phyllis Trostrud and Linda Denison; and Corresponding Secretary, Wanda

Tieman. Continuing the second year of their terms are: Adele Walker, President; Sandy McKay, First Vice-President; Joan Stearns, Treasurer; Claudia Heckel, Recording Secretary; and Laura Hoover, Director.

Board Members for 1999-2000 are: Christmas Luncheon—Charlotte Dilillo, Cathleen Laskov, Jill O'Connell, Rose Schneider and Sue Stephen; Hospitality—Lynn C. Ward; Membership—Mary Jo Bregenzer; Publicity—Eileen Mahoney;



Garden Club of Inverness Officers for 1999-2000 are (l to r): Joan Stearns, Treasurer; Linda Denison, Second Vice President; Adele Walker, President; Claudia Heckel, Recording Secretary; Laura Hoover, Director; Wanda Tieman, Corresponding Secretary; and Sandy McKay, First Vice President.



Garden Club of Inverness Board Members for 1999-2000 are (l to r): Lynn C. Ward, Hospitality; Kristen Rappe, Tree City, Beautification; Cathleen Laskov and Charlotte Dilillo, Christmas Luncheon; Mary Jo Bregenzer, Membership; Eileen Mahoney, Publicity; and Rose Schneider, Christmas Luncheon.

Tree City, Beautification and Service—Kristen Rappe; and Garden Therapy—Carolyn Grosch. Each officer and board member was introduced and presented with a long stemmed, giant sunflower tied with raffia.

Adele Walker announced the following awards received from The Garden Clubs of Illinois, Inc.: Gold Seal for Horticultural Achievement; Gold Rosette for Club

Achievement; Membership Increase Citation; and Publicity Press Book Award, First Place Tie.

Adele Walker recognized and congratulated Mary Jo Bregenzer, Membership Chair, and Eileen Mahoney, Publicity Chair, for their efforts in receiving the latter two awards for the club. The Garden Club of Inverness is a member of District

(Please continue on page 50)

## Smudge-Proof Makeup is Here!

Imagine having permanently beautiful eyes, lips and brows. Well, stop imagining! Our talented makeup artist can turn that dream into reality.

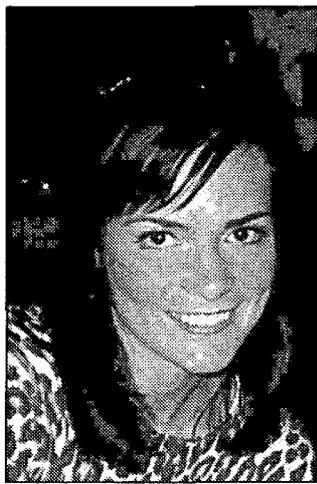
Who needs this procedure? Those with uneven or sparse eyebrows, or those who have dexterity difficulties that inhibit accuracy. Other candidates for this procedure include people with allergies or contact lenses. If you have experienced temporary or permanent hair loss on lashes or if you are just tired of applying makeup daily and would like the convenience of permanent makeup, this procedure is for you!

In the Spa Light Salon is proud to introduce Ashlee Mangus, permanent cosmetic makeup artist. Call for an informational brochure or consultation today.

Have you looked at your toes lately? Now that summer is here and sandals are essential, we have the service to make you look and feel your best. For the month of July, book your spa pedicure and receive a free hair conditioning treatment.

And, if you come in for two styling appointments in July, you will receive a 1/2 price spa manicure!

Hair Extensions are a specialty of the



Ashlee Mangus, Permanent Cosmetic Makeup Technician, In the Spa Light Salon.

salon. Longer, curlier or straighter, have the hair of your dreams after just one visit! Call for your free consultation.

In the Spa Light Salon's hours are Monday through Thursday from 9 AM to 9 PM; Friday from 9 AM to 7 PM; and Saturday from 9 AM to 6 PM. Please call for appointments at 847-381-3688.

## Anger Management

Anger and rage have become a major issue in today's world. Everybody experiences anger throughout the course of their lives. The different styles that one has in dealing with anger can affect the course of their life and the lives of those they come in contact with. There are many diverse styles that people develop in "coping" with frustrating circumstances; for example: "pretending" that everything is okay until the feelings pass (crazy making), "stuffing it" or becoming irritable about something entirely unrelated so as not to directly address the issue (being passive aggressive) or becoming physical or verbally abusive. All of these coping mechanisms and styles are damaging to the angry one as well as those involved in relationships with the angry person. People that lose control often do things that they feel sorry about moments later and have to succumb to painful consequences (emotionally or legally). This lowers self-esteem and confidence, not to

by Judy Kaplan, MS

mention the destructive emotional effect on the person who is the "object" of the rageful behavior. Some anger stems from a particular incident whereas other anger (even more extreme rage) stems from internal emotional injuries that occurred earlier in life. Particularly disturbing are the "rageful" teens or adults that cannot contain their rage and lash out randomly at others in violent or even fatal ways.

Each coping style has an effect. Some effects are productive. For example, telling the person you are angry with exactly what you are angry about in an appropriate way, right when the incident occurs. Doing that in a clear and direct way allows for resolution. In a perfect world, that would work all of the time. But, being human, many of us "blow up" or "withdraw" or "let it leak out into other situations" and even with other people. Learning how to express anger in constructive ways is a skill that can be developed. If one is willing to

(Please continue on page 50)

## Cosmetic Laser Centers, L.L.C.— Celebrating 3rd Year in Laser Hair Removal

Dr. Barry Berger is a Board Certified Internist, and the first licensed MD to use the Soft Light Laser System for hair removal in Illinois. He has successfully treated hundreds of patients with different skin and hair types. Dr. Berger performs all initial procedures himself, rather than the treatments being done by an unsupervised technician.

The Soft Light Laser is the safest laser for hair removal on the market today. It is fast, effective and safe... and available at a low cost.

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- Low occurrence of side effects, which

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- Safe and effective hair removal for all skin types, all hair colors and all areas of the body.

- No tanning restriction prior to treatment. After hair removal treatment, allow two days before tanning.

Dr. Berger has experience with most of the lasers used on the market today. Get the true facts about these lasers and other methods of hair removal. Find out why he prefers the Soft Light YAG Laser.

Call today for a free consultation at 847-550-0600.

### July Specials!

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- Book Your Spa Pedicure & Receive a FREE Hair Conditioning Treatment

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▪ Glamour Packages	▪ Therapeutic Chair Massage	▪ Make Up Application & Lessons
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<input checked="" type="checkbox"/> providing education & awareness	<input checked="" type="checkbox"/> providing feedback
<input checked="" type="checkbox"/> offering support & objectivity	<input checked="" type="checkbox"/> consulting with schools or others

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## "Hello laser, goodbye razor."

Alexandra Parnass  
Beauty Editor  
Marie Claire Magazine

**The hair removal process that has everybody talking:**

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WEIGHT REDUCTION**  
New 6-Week Session begins  
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## Do You Have An Interest In Antique Cars?

### If So... MARK YOUR CALENDAR!

## Antique Car Show & Ice Cream Social

in Celebration of

## Good Shepherd Hospital's 20th Anniversary

August 14, 1999 – 10 AM to 4 PM

Good Shepherd Hospital

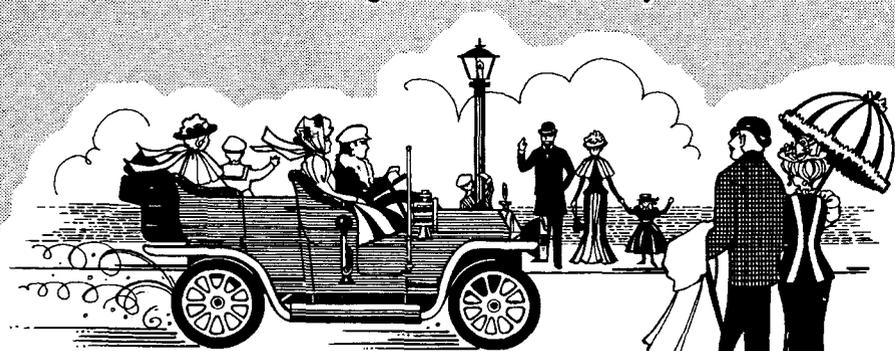
450 W. Highway 22 in Barrington

FEATURING 1979 PASSENGER CARS  
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For More Information Call the Barrington Historical  
Society Events Hotline at 847-381-6855

\$5 Admission Fee on Day of Event for Persons  
Over 12 Years of Age • 12 Years and Under are Free

Proceeds benefit the Barrington Historical Society & Wellness Place



Persons with special needs should call the Special  
Events Hotline two weeks in advance of the event.

## Healing Through Balance

It never ceases to amaze me how perfectly ordered life is. What appears to be a tragedy in the microcosm of existence is actually a perfect balancing in the macrocosm of existence. Does this mean that all past action, thought and belief must be balanced? Of course! One very dramatic example of this dynamic showed itself during a past-life regression session with Linda.

### Linda's Story

"Linda, look down at your feet; tell me what you're wearing." ... a standard question posed to anchor a scene and begin expanding awareness. Linda had been through several past-life regressions and her awareness was usually quite acute. A highly respected and well educated school administrator, Linda was not prone to flights of fancy. "I don't know," she replied, "maybe sandals... yes, with brown leather straps going up my legs. My legs are hairy; I must be a man. I'm wearing some kind of a tunic, looks like a soldier, I don't know... I hear the name Caesar Augustus." As soon as she said this, the scene switched and this time came in very clearly.

"Now I'm a little girl. I'm naked with my sister in a cattlecar. I'm going to be put to death in the concentration camps; it's the holocaust... there's a soldier... he's, ah, herding us. I don't like him; he's just doing what he's told."

Linda and I stayed in that lifetime for

about 45 minutes doing deep healing/forgiveness work. I then asked, "What does this have to do with the Roman soldier?"

Immediately, she went back to the time of Caesar Augustus; this time the meaning was very clear. Linda, at one time, had been one of the soldiers participating in putting Jesus Christ to death. She was a soldier *just doing what he's told*. The synchronicity of the universe is unfailing.

Karmic balancing happens through awareness, understanding, forgiveness, resolution and grace. What appears to be balancing through punishment is only an unwillingness to take the steps which lead to natural grace.

Are you willing now?

Rubinfeld Synergy is a dynamic system designed to integrate the mind, body and emotional system through the use of gentle intentional touch, movement and dialogue. Hypnotherapy, as I utilize it, helps to access causes which need to be cleared through regression to either early childhood or past lives. Reiki is a lovely system of channeling spiritually guided life force energy. This is a highly effective mix of modalities upon which to draw. As we shuttle through the different systems, we focus upon healing, self-empowerment, expression, love and forgiveness.

If you feel this could be useful in your healing process, please call 815-455-4502. Private sessions and classes are available by appointment only.

## GSH Auxiliary Announces Scholarship Recipients



The 1999 Good Shepherd Auxiliary Scholarship Recipients (l to r):  
Robert Thomas, Crystal Lake; Stavros Mastronikolas, Palatine;  
Nazia Fatima, Cary; and Justin Ross, Island Lake.

Fifteen area students have been named as recipients of the 19th Annual Good Shepherd Hospital Auxiliary Scholarships. The scholarships are awarded to residents of the Good Shepherd Hospital service area who are pursuing an education in a health-related field at an institution in the state of Illinois.

This year, \$13,000 was put towards scholarship awards. A total of 68 applications were received, which provided a very good representation of all service areas and resulted in excellent recipients.

The applicants for the scholarships were evaluated on the basis of attitude and enthusiasm toward education, leadership,

citizenship, personality and financial need. Each candidate was required to submit an essay and finalists were interviewed by a committee as part of the selection process. The award money is sent directly to the institution to be applied toward student costs.

"It's an honor to have such outstanding members of our communities be the recipients of the Auxiliary Scholarships. It's very gratifying for the auxiliary to be able to give back to the community in this way, especially in this year of celebration with the 20th Anniversary of Good Shepherd Hospital," said Mary Giangrasso, Auxiliary President.



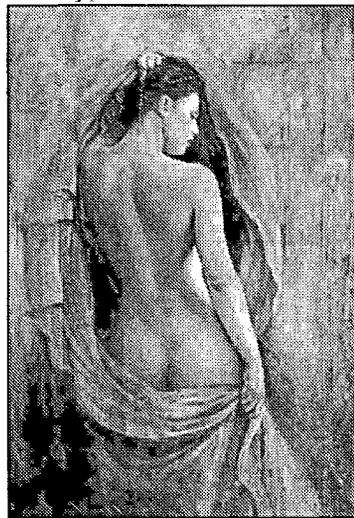
## Collectible Artists at Gallery Northwest

Gallery Northwest is pleased to feature outstanding pieces by Tomasz Rut.

Tomasz has a classical Renaissance feel and was recently named the fifth most collectible artist in the world, according to *The Robb Report Magazine*. The colors and quality of his work are extremely impressive and well worth the price. All of his works can be purchased through the gallery.

Holland Berkley is also a featured artist at Gallery Northwest. Her pieces are selling out all over the U.S. Her style of painting has a contemporary-folkart look. All of her published pieces are available through the gallery. We also have several of her original pieces on canvas.

If you are tired of seeing the same art over and over again, please stop by and see us. We are a gallery that offers a truly



*Dionyseia, Giclée by Tomasz Rut*

unique perspective on artwork and custom framing.

We are located 2 blocks north of Palatine Road on Northwest Highway.

## How to Choose an MRI Provider

When a patient needs to have an MRI (magnetic resonance imaging), a physician refers him or her for the test. Patients have the ability to choose the facility, but may not know where to start.

According to Lucia Matlock, imaging services specialist for the Northwest Imaging Network, comfort, convenience and the ability to get answers fast are the biggest factors for patients. "Images and reports should be returned to the patient's doctor within 24 to 48 hours," Matlock stated, "When you or someone you love needs a medical test, you need to have the confidence you will get quality service and answers, fast. To make things less taxing on a patient, one technologist should follow the patient through the entire imaging process." Matlock pointed out other key factors to look for, such as insurance pre-certification. "The center

should act as an intermediary with the insurance company, this way there are no surprises on the final bill," said Matlock.

Another very important area to consider in choosing a facility is certification of the technologists performing the MRI. Northwest Imaging Network technologists are certified and are required to keep up with the latest in MR imaging technology to keep their certification.

The Northwest Imaging Network, operates the **Advanced Imaging Center** in Crystal Lake, **Suburban Diagnostic Center** in Elk Grove Village, and **High Tech Open MRI** in Palatine featuring open MRI technology. The network gives a patient many convenient locations to choose from, evening and weekend hours, and the staff has the ability to refer patients to the network facility that best meets their needs.

## What do Diners Want?—Zagat Survey Unveils "Diners' Bill of Rights"

Recently, Zagat Survey co-publishers Tim and Nina Zagat introduced the "Diners' Bill of Rights," a national campaign to improve restaurant service by bringing restaurant-goers together on-line to write new protocols on the basic standards for good service.

Restaurant patrons and industry watchers are invited to vote and comment on a working draft of the "Diners' Bill of Rights" posted on the Zagat Survey's newly launched homepage, [Zagat.com](http://Zagat.com), ([www.zagat.com](http://www.zagat.com)). Some proposed planks include the right to withhold a tip, the right to send dishes back and make special dietary requests, the right to be seated within 10 minutes of a reservation and the right to a smoke-free and even cellular phone-free environment.

"In the 20 years we have been publishing our survey, there has always been one constant—the vast majority of restaurant-goers cite poor service as their biggest complaint," said Tim Zagat. "The 'Bill of Rights' is aimed at raising awareness about this issue and hopefully spurring restaurants to focus on improving customer satisfaction. Obviously, making restaurant-

goers happier benefits the industry."

In recent Zagat Surveys around the country, more than 60% of diners in the U.S. rated service as their number one complaint. The five markets showing the greatest percentage of service gripes are Atlanta (71%), Philadelphia (71%), Las Vegas (69%), Los Angeles (68%) and San Diego (68%).

"We hope the 'Diners' Bill of Rights' will help jump-start improvements that are long overdue," said Nina Zagat. "Service is just as much an art as cooking. Unfortunately, it's a neglected art, one in danger of declining further unless the restaurant industry takes strong action. We've seen dramatic improvement in food quality in the U.S. since we began doing our surveys in 1979, but unfortunately the front of the house has not kept pace with the kitchen. Even the best chefs can find their creations undermined in the distance between the stove and the table by bad service."

Later this summer, the Zagats will sponsor a summit with leading restaurateurs to discuss service issues and their reactions to the proposed "Diners' Bill of Rights."

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The final version of the "Bill of Rights" will be announced by fall:

### Diners' Bill of Rights

1. The right to courteous, hospitable and informative service, starting with reservations handling.
2. The right to be seated within 10 minutes of reservation.
3. The right to clean, sanitary facilities and fresh, healthful food.
4. The right to make special dietary requests.
5. The right to send back any unsatisfactory food or beverage without charge.
6. The right to smoke-free and cellular

phone-free seating.

7. The right to bring your own wine, subject to a reasonable corkage fee.
  8. The right to complain to management.
  9. The right not to tip if dissatisfied with the service.
  10. (Write in your own)
- Restaurant-goers are invited to vote and comment on a working draft of the "Diners' Bill of Rights" posted on the Zagat Survey's new homepage, [Zagat.com](http://Zagat.com), ([www.zagat.com](http://www.zagat.com)).
- Visitors can vote on each of the proposed rights, enter comments and submit their ideas for additional Diners' Rights.

# "If You're Not Excited About Putting Last Year's Body into This Year's Swimsuit—Its Time to Consider Plastic Surgery Options."

*An Interview with Dr. Robert Caridi,  
Board-Certified Plastic Surgeon,  
Suburban Plastic Surgery Associates*

"The swimsuit does not lie" is a statement Dr. Robert Caridi has heard many times from patients when they come to discuss plastic surgery options such as liposuction, breast augmentation or breast lift procedures. The swimsuit comment has particular relevance as we move into warmer weather and wear lighter clothing which draws attention to a lack of balance between the difference in size of one's upper and lower body.

"Unfortunately," says Dr. Caridi, "a pear-shaped figure is a reality that women face as they age. Even women who take exceptional care of themselves by maintaining ideal body weight, eating right and exercising, still cannot counter the effects of aging and gravity."

Dr. Caridi's patients have confirmed that there is no more brutal time to face the reality of the disproportionate figure than when shopping for a new bathing suit. "Many times the bathing suit shopping trip is a key motivator for people to learn more about cosmetic surgery options including liposuction, breast augmentation or breast lift procedures."

"There has never been a better or safer time to consider cosmetic surgery improvements," says Dr. Caridi. "It delivers coveted results that are safe, widely accepted and affordable—all with shortened recovery times that accommodate the busy lives of today's cosmetic surgery patients. The idea of having the body you always dreamed about but were unable to attain through diet and exercise is exhilarating. Completely eliminating a problem area through permanent fat cell removal, revitalizing a face or augmenting a bustline has, in fact, given many of my patients a whole new lease on life."

Dr. Caridi has found that a positive self-image leads to happiness for some people, and that self-image may be enhanced by liking what you see in the mirror. For others, an improved self-image may come from no longer being a hard-to-buy-for size.

In addition, feedback from Dr. Caridi's patients has verified that the rest of the world does definitely stand up and take notice of an improved figure. Patients have reported that they:

- feel a greater physical presence when entering a room;
- are consistently fielding questions from family and friends asking them what new diet or exercise regimen they're on;
- have an enhanced ability to make heads turn

when they walk down the street.

"I wish I had done this a long time ago!" and "Why did I put it off for so long?" are comments Dr. Caridi frequently hears from people returning for post surgery office visits. "There's a whole attitudinal shift and transformation that takes place following cosmetic surgery improvements. Nothing makes my work so pleasurable and personally gratifying as seeing firsthand a person's dramatic rise in self-esteem attained when:

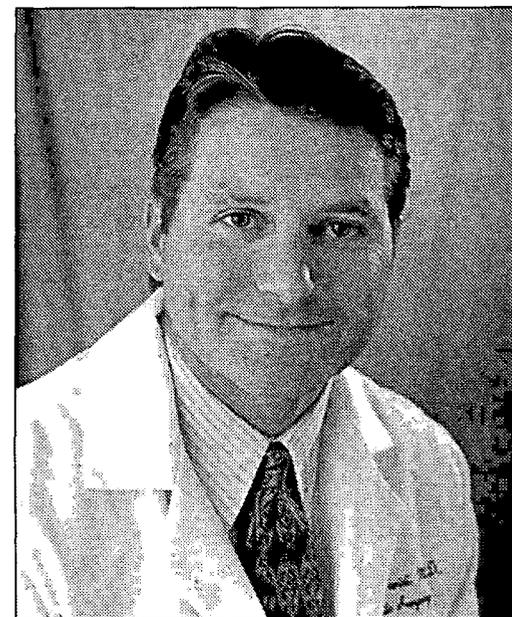
- Liposuction gives them the body they thought they could never have;
- A face lift makes their face look less fatigued and more age appropriate;
- A breast augmentation or lift restores or creates a full figure for a woman who never had one or lost one over the years.

"I've thought about it long enough!" is a common statement Dr. Caridi hears from his patients when they've decided it's time to move forward with cosmetic improvements. Dr. Caridi believes that the decision to proceed with cosmetic surgery is driven by the right set of circumstances that make them feel good and give them confidence. "Essentially," says Dr. Caridi, "a patient has to be able to answer 'yes' to the following questions before they're ready to move forward:

- Am I working with a qualified surgery group who have a good track record of exceptional results?
- Can I communicate openly and honestly with the surgeon?
- Have I connected with the surgeon on a personal level?
- Am I confident that the surgeon is experienced, knowledgeable and can deliver the service that I want?

Cosmetic surgery cases have increased dramatically in recent years. According to recent statistics, more than 100,000 facelifts alone are performed each year in the U.S.—a figure up from 60,000 in 1992.

Dr. Caridi cautions patients to be thorough in their evaluation and comparison of medical providers of plastic surgery services. "The goal at Suburban Plastic Surgery Associates for the last 20 years has been to connect with our patients in such a way that they see us as a group of well-trained, personable physicians who provide superior cosmetic and plastic surgery services. We take great pride in fostering an



**Dr. Robert Caridi**

*Dr. Caridi was trained in both plastic and general surgery at the prestigious Mount Sinai Medical Center in New York City where he completed 7 years of residency and fellowship training in general, plastic and aesthetic plastic surgery. He is board-certified in plastic surgery and is a diplomat of The American Board of Plastic Surgery. Additionally, he received his medical degree from the University of Texas Health Science Center at Houston. Both he and his wife, Dana, have been featured on Good Morning America. Dr. Caridi joined Suburban Plastic Surgery Associates in 1992.*

atmosphere that demystifies plastic surgery and puts the patient at ease, thereby allowing them to explore options where they can make an informed decision as to whether or not to proceed with a cosmetic surgery procedure."

Dr. Caridi prides himself on his ability to put people at ease when discussing physical concerns and improvements that one may find embarrassing. He has found that many patients are more comfortable if a spouse or close friend attends the complimentary consultation, and he encourages his patients to do so.

For more information or to schedule a complimentary consultation with Dr. Caridi or one of his associates, call **Suburban Plastic Surgery Associates toll-free at 1-877-TURN-HEADS (887-6432)**.

Suburban Plastic Surgery Associates has office locations in Hoffman Estates, Elgin, McHenry, Elk Grove Village, Downers Grove and Oak Lawn.

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BOTOX



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- Laser Treatments
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- Spider Vein Treatments

For a complimentary consultation call toll free anytime. **877 turn heads (877 887.6432)**

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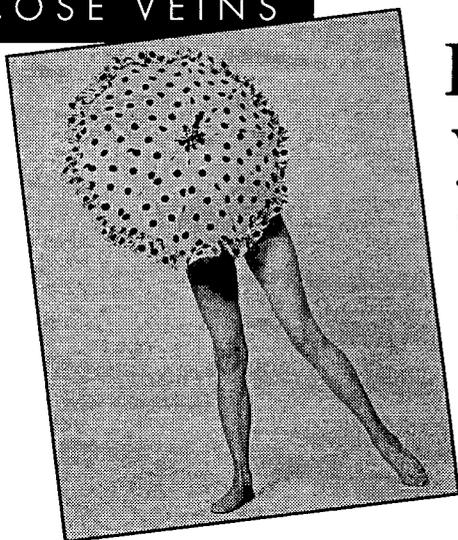


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Frank C. Madda, M.D. Philip N. Bushnick, M.D. Damian D. Gress, M.D.  
Robert C. Caridi, M.D. Gabriel O. Mooney, M.D.

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VARICOSE VEINS



## Do your Varicose Veins make you feel self conscious?

Summer is not always kind to those who want to wear seasonal apparel like shorts and bathing suits. Especially when they feel self conscious about publicly revealing those unsightly spider veins at the neighborhood pool, the business golf outing, the vacation resort or to what they perceive to be the rest of the world. As one of Chicagoland's largest plastic surgery practices, Suburban Plastic Surgery Associates has been helping patients attain exceptional results for ~~over 20 years~~. Our board-certified plastic surgeons will help you *turn heads* by transforming self conscious into self confident.

**ALSO SPECIALIZING IN:**

- Nonsurgical Aesthetic Services
- Face, Neck and Brow Lifts
- Eyelid & Nasal Surgery
- Tummy Tucks
- Fat Transplantation
- Tumescant Ultrasonic Liposuction
- Facial Rejuvenation
- Nonsurgical Facial Line Removal
- Laser Treatments
- Breast Augmentation and Lift
- Nonsurgical Cellulite Treatment

For a complimentary consultation call toll free anytime. **877 turn heads (877 887.6432)**

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## More Good News From Dermatology Physicians & Surgeons, Ltd.

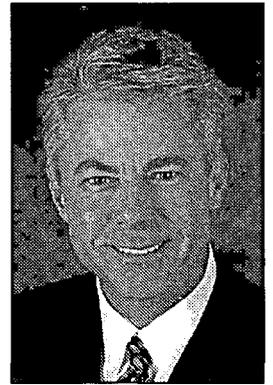
This month, **Dermatology Physicians & Surgeons, Ltd.** announces the addition of a new skin treatment and a new dermatologist.

Particle Skin Resurfacing is now available in our Barrington and Crystal Lake offices. You may have heard of this widely acclaimed treatment by other names: Derma Peel™, Power Peel™, Ultra Peel™, microdermabrasion or "lunch time peel."

Particle Skin Resurfacing exfoliates the skin with a pressurized stream of sterile, micro-fine crystals of aluminum oxide that gently exfoliate and polish the skin surface. The skin looks and feels smoother immediately after treatment.

Particle Skin Resurfacing has all the benefits of a chemical peel but none of the disadvantages. There are no chemicals applied to the skin and there is no delayed peeling. "Recovery time" is the time it takes to return to work or school after treatment. Particle Skin Resurfacing can be performed with minimal discomfort on the face, neck, chest and hands.

In addition to simply improving the appearance of normal skin, conditions like acne improve significantly faster with a series of Particle Skin Resurfacing treatments when used as a supplement to medical therapy prescribed by your doctor. Fine lines, age spots, melasma and minor acne scars also have been shown to improve with Particle Skin Resurfacing. Call us to learn more about how this treatment will fit in with your skin needs.



David P. Van Dam, MD

We take great pleasure in announcing the association of **Jeffrey J. Berti, MD** with our practice. **Dr. Berti** completed his dermatology training at the University of Wisconsin in Madison after receiving his medical degree from the University of Illinois. **Dr. Berti** is skilled in all areas of dermatologic diagnosis and treatment and has a special interest in a number of cosmetic procedures including eyelid surgery (blepharoplasty).

Call **Dermatology Physicians & Surgeons, Ltd.** at **847-382-5111** or **815-455-4434** for free consultations on liposuction, hair removal, vein treatment, laser skin resurfacing and eyelid cosmetic surgery. Doctors **David P. Van Dam, J.D. Fallon, Anthony Janiga** and **Jeffrey Berti** are pleased to offer office hours Monday through Saturday and on Thursdays until 8 PM.

## Summer Camp, Sports and Back-To-School Physicals



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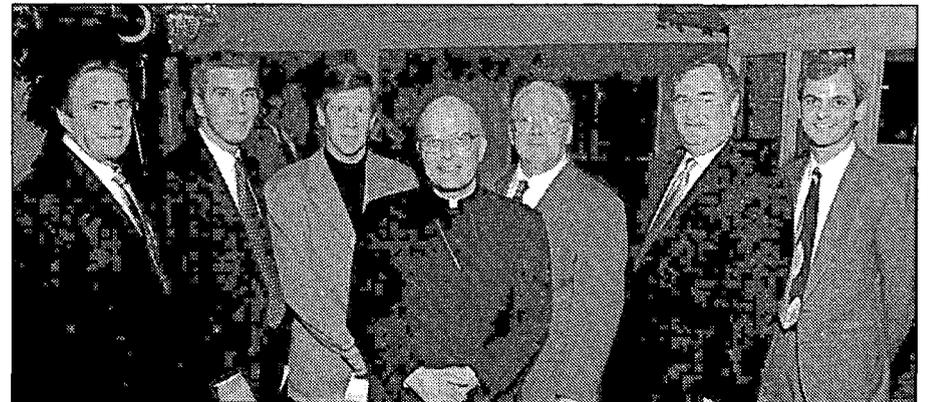
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## Catholic Charities' Regional Advisory Board



Members of the Regional Advisory Board of Northwest Suburban Catholic Charities are pictured with Francis Cardinal George, OMI, (from left): Romeo E. Mura from Barrington; Mike Abruzzini from Mt. Prospect; Ronald Maskalunas from Buffalo Grove; Steve Norys from Palatine; Pat Cox from Rolling Meadows; and Paul Christin from Schaumburg. Members not pictured are: Cathy Rogich and Chris Saternus from Arlington Heights; Mark Cramer from Hoffman Estates; Larry Ewing from Barrington; Rev. Mike Alhstrom from St. Colette; and Rita Wiley, Regional Service Representative, from Rolling Meadows.

The Regional Advisory Board members offer program and fiscal advice to the Regional Service Representative in areas of

their personal expertise. They represent the agency to the community and develop regional resources for local services. The Board's aim is to further the mission of Catholic Charities which is to provide compassionate, competent and professional services to people of all religions, races, ages and ethnic backgrounds. Catholic Charities' objective for its clients is to improve the quality of personal and family life while respecting the unique resources of each individual.

For additional information on Catholic Charities Northwest Suburban Services, located in Rolling Meadows for thirteen years, and how they may help you or someone who needs help, please phone 847-870-0560.



## Relay for Life... Another Great Success

Congratulations Barrington! The 1999 Relay for Life was another huge success, raising over \$400,000 for the American Cancer Society. Barrington has proved once again what we can accomplish as a community when we all come together.

There were 214 teams that participated in the event, many camping out for the entire night which was an experience in itself. Over 1,500 candles, honoring those lost to or battling cancer, lit up the night as they surrounded the track at Barrington High School. As the lights were shut off for the luminary ceremony, the word "HOPE" could be seen spelled out in the bleachers, reminding us all of the impact that this disease has had on our loved ones and of the importance to find a cure. Virtually the entire night was filled with local musical entertainment as participants continued to walk around the track at all hours of the morning. The 14-hour event was truly in-



**Dr. Michael Hayward**



**Dr. Robert Skopek**

spirational not only raising money but raising hope and awareness about cancer.

**Hayward and Skopek Orthodontics** is proud to have been a corporate sponsor of this year's Relay for Life. We are also proud to serve this generous and caring community.

Our offices are located in Barrington, **382-5588**, and Palatine, **359-7980**.

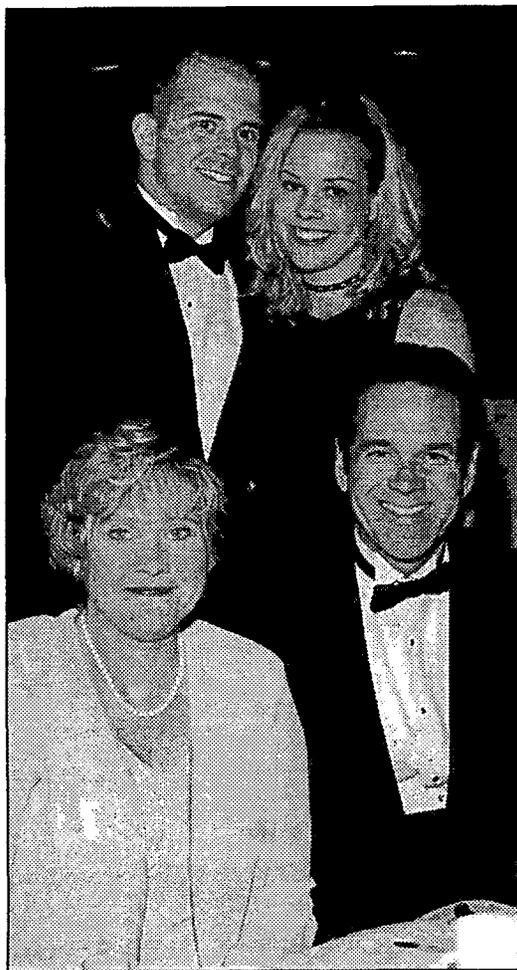
## Garden Ball Raises Funds for Alexian Brothers

Enjoying the evening at the recent Alexian Brothers Medical Center Foundation Garden Ball are: (seated) Barbara and Dr. Richard Mruz of Inverness with (standing) their daughter, Angela Mruz and Ryan Fleming.

The event was held May 1 at the Drury Lane in Oakbrook Terrace.

Festivities included cocktails, a four-course gourmet dinner, entertainment and dancing.

The Garden Ball raised well over \$150,000 to support Alexian Brothers Medical Center programs.



## "Personalized" Fitness

It's summertime once again and with the nice weather comes golf, tennis, swimming, water skiing, etc. You have tried one or all of the above activities and you're better at some than others. Why is that? How is it that some people (Tiger Woods) can hit the golf ball almost 400 yards but when we hit the golf ball it goes 40 yards to the right? If the answers to these questions were as simple as a few pictures or an article, I would be an author (book coming soon).

At **Personalized Fitness**, we have conclusive research indicating that a precise and consistent exercise program can improve range of motion, strength, overall health and well being and decrease fat and blood pressure. The catch is, the exercise plan is only as good as the assessment. If you don't obtain the proper starting point

for your exercise routine, you are setting yourself up for failure. An example would be someone who decreases their calorie intake to lose weight, which decreases the amount of calories their body burns. A total contrast to their original weight loss goal.

Our workout routines are specifically tailored to your personal strengths and weaknesses. For example, if you are one of the 50% of golfers that suffer from back pain, then we prescribe exercises specific to your needs. If you are one of the 20% of exercisers who suffer from shoulder pain, we explain what exercises to pursue and what to avoid. Come in for your free assessment and enjoy a pain-free summer.

When you are interested in the path to a successful exercise routine, call **Personalized Fitness** at **847-277-7746**.

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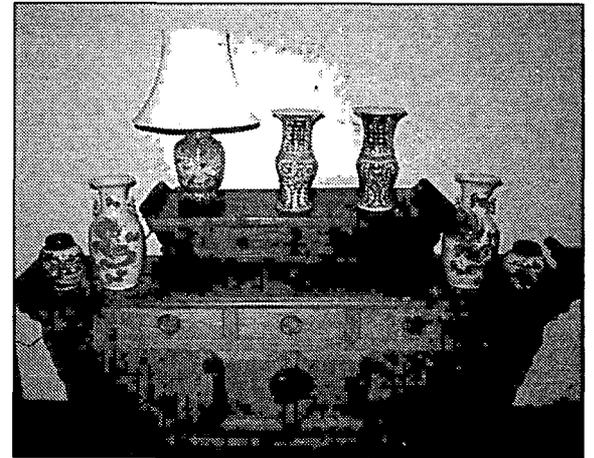
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Monday - Saturday 10-7 • Sunday by Appointment

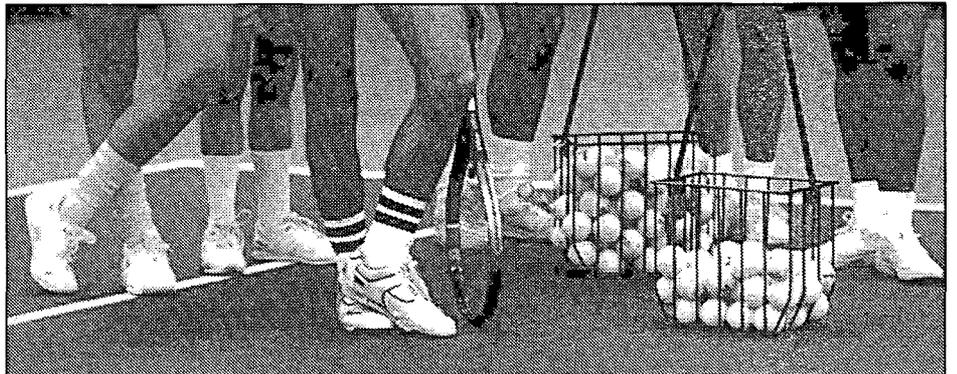
## Add a Touch of the Far East to Your Home

New in Arlington Heights, **Asia Arts** specializes in unique Chinese antiques. They offer an affordable range of late Qing Dynasty (1800's) Porcelain. They also have a fine selection of handcrafted and hand painted antique and reproduction furniture as well as custom made lamps and distinctive shades. Collectors will find exquisite choices among the many decorative objects at **Asia Arts**.

**Asia Arts** is located north of Rt. 14 and across from the new R.R. station at 12 Miner St. They are open Monday through Saturday from 10 AM to 7 PM and on Sunday by appointment.



## Forest Grove Athletic Club Offers Tennis Course for Beginners



**Tennis In No Time**®, (TNT®), a three-week program designed to teach the fundamentals of tennis to beginning adults 18 years and older, is now being offered at **Forest Grove Athletic Club**.

TNT® participants receive six, 1½ hour lessons which include instruction in all aspects of the game. Training films and follow-up discussions are also part of the program. All lessons are taught by certified tennis professionals.

Ajay Pant is the Head Tennis Professional at the **Forest Grove Athletic Club**. He is a National Tester and Clinician for the United States Professional Tennis Registry and is responsible for training and certifying tennis teachers across the U.S. Ajay is also certified at the P1 level by the United States Professional Tennis Association. Pant has worked with beginning to world ranked players at the Nick Bollettieri Tennis Academy in Bradenton, Florida and is the former Coordinator for the Arthur Ashe/Nick Bollettieri "Cities" Tennis Program(s).

"Tennis In No Time® is a remarkable vehicle to introduce our wonderful sport to beginners. The beauty of TNT® is the passion and fun the teaching professionals bring to every class. We take people who have never played tennis and have them playing out points in six lessons. The instruction is progressive and there is a lot of review of strokes and strategy. The drills are fast paced and we add a lot of fun games in each class. TNT® is the perfect way to learn biomechanically efficient tennis strokes in a fun environment. We look forward to seeing you on court!"

Session III begins Monday, August 2 and continues through August 23. An \$81 fee is required and participants have complimentary use of **Forest Grove Athletic Club's** fitness center, locker rooms and whirlpool throughout the session.

Developed by the Tennis Corporation of America in 1970, TNT® has taught more than 65,000 beginners the basics of tennis. For more information, call **The Forest Grove Athletic Club** at 847-991-4646.

## Humongous Used Book Sale

The Friends of the Barrington Area Library will hold its Humongous Used Book Sale on July 10 and 11. The Friends have been collecting books since the last sale in March and have quite a variety of used books to sell. The wide assortment of books cover topics like nature and travel, diet and beauty, science and math, classics and art. There are also books for children from pre-school through high school and a section on parenting skills and teacher resources. And quite a few autographed and old books have been

donated to the Friends for the sale and these rarities will be on sale at special prices. The proceeds from the sale will be used to purchase materials for the Barrington Area Library.

The Humongous Used Book Sale will be from 9 AM to 5 PM on Saturday, July 10 and from 1 to 5 PM on Sunday, July 11 at the Barrington Area Library, 505 N. Northwest Highway in Barrington. For more information about the Book Sale or membership in the Friends, call 847-382-1300, extension 897.

Life is short.  
Learn to play fast.

## Tennis in No Time®

There's a beginner's program designed to turn you into a tennis player in just three weeks. It's Forest Grove Athletic Club's patented **Tennis in No Time**®. And it's only \$81. You'll receive six 1½ hour lessons, plus free use of our Fitness Center, locker rooms and whirlpool throughout your session. And if you don't have a racquet, we'll lend you one of ours. Our certified tennis pros are waiting. We offer a variety of lesson times and a nursery for your convenience. Lessons start August 2, so get on the ball. Learn to play **Tennis in No Time**®. Call Forest Grove Athletic Club at 847-991-4646 to reserve your spot.

**Tennis in No Time**® Session III begins August 2.

*Reserved for Adults 18 Years and Older*

Call Now 847-991-4646

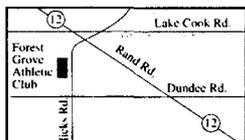
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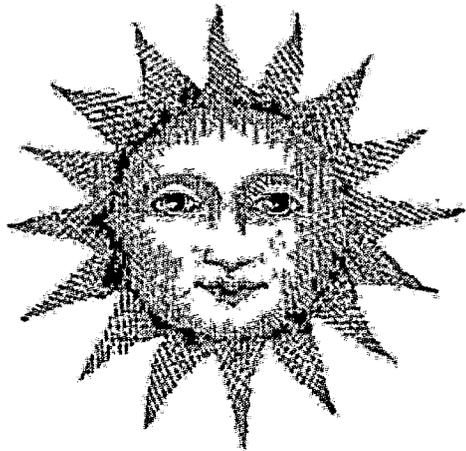
# LONG GROVE

"Shop, Dine, & Stroll through History"

## Lucy's Got Some Splainin' to Do...

"Lucy has some splainin' to do about the Annual Summer Sale that starts this week," explained Ethel. It seems that Lucy went a little "loco" with the unbelievable markdowns on some of their most popular designer labels. Summer sportswear and going-out clothes as well as business casual will be found on the clearance racks in this unique boutique. Designers include Tommy Bahama, Carol Anderson and Line Two, to name a few.

You won't have any "splainin'" to do if you hurry on over and get in on the great savings. Ethel also commented that **Lucy & Ethel's** will be open until 8 PM during July and August. *Babalu!*

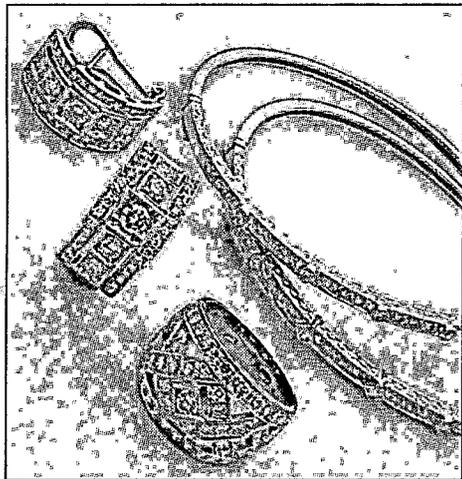


## Selection, Quality & Service

Experience the selection, quality and service that can only be found at **Celine Fine Jewelry**.

**Celine's** in Long Grove invites you to come see their newest designs created from stones purchased directly from the source. Diamonds are obtained directly from DeBeers' sight holders in Israel, thereby giving you the greatest savings possible. **Celine's** takes pride in giving their customers excellent service, whether it be a simple repair or a custom design. All repairs are done on the premises by their master jeweler, who is both a craftsman and an artist.

**Celine Fine Jewelry** is located at 318 Old McHenry Road in Long Grove, IL. Call 847-478-1823 for directions.



## Red Oaks to Host Quimper Signing Event

**Red Oaks** in Long Grove, Illinois, will host a special signing event featuring Mr. Janssens of HB Henriot Quimper on Friday and Saturday, July 16 and 17, from 11:00 AM to 4:00 PM. Come experience the Provence through the craftsmanship of Quimper pottery. View a video of the 300-year-old handpainting process of the charming French folk pottery inspired by Breton, country life. Mr. Janssens will be personally signing Quimper pieces selected that day.

The handpainted French faience known as Quimper (kam-pair) dates back to 1690. The pottery takes its name from the town of Quimper, located in northwestern France, where potter Jean-Baptiste Bousquet built his kilns. Quimper Faience is a fine grain earthenware decorated with an opaque, tin-based glaze. Each piece of Quimper Faience is completely hand painted without the use of decal or stencil. Signed by the artist and completely painted by one person from start to finish, it reflects the individual touches which makes each piece unique.

During the late 1800's, items featuring sturdy Breton peasants in their traditional garb, men in bragoubraz (baggy pantaloons) and women in long dresses,



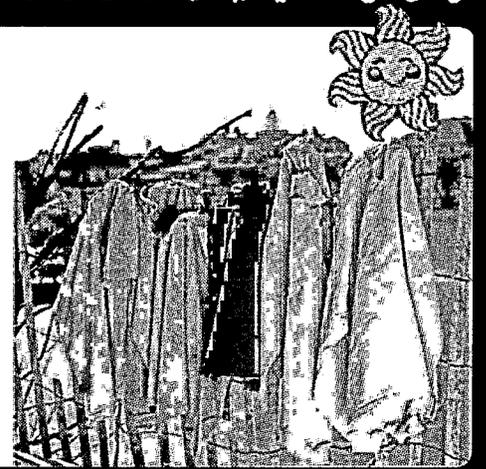
aprons, and towering headdresses known as coiffes, and elaborate botanical scenes were introduced. Slowly, these are being revived, and today the atelier produces 30 patterns as well as special orders for decors presently not in production. Antique Quimper is sought after by collectors throughout Europe and America.

Lucy & Ethel's  
A UNIQUE BOUTIQUE

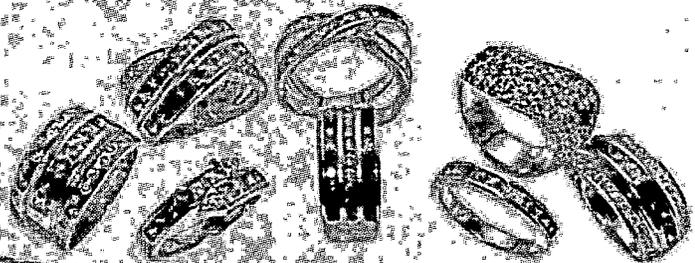
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## Special Signing Event

Red Oaks, Inc.

invites you to learn more about  
the quintessential French pottery

Quimper Faience

Friday & Saturday

July 16 & 17

11:00am - 4:00pm



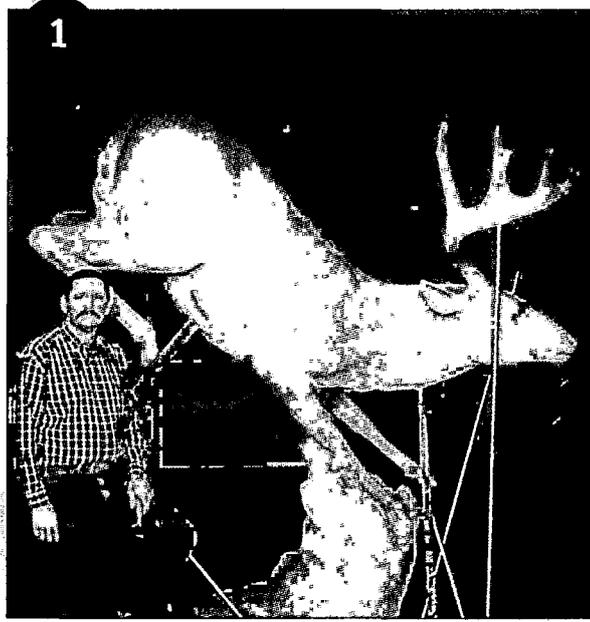
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Classic home furnishings in a historic setting

# Third Annual SCULPTURE WALK in Long Grove

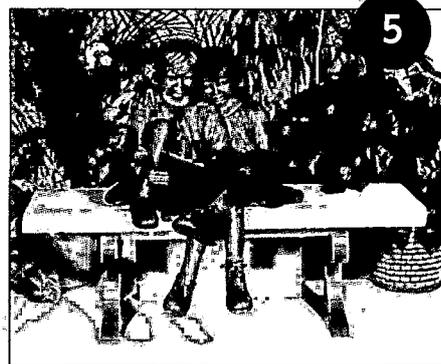
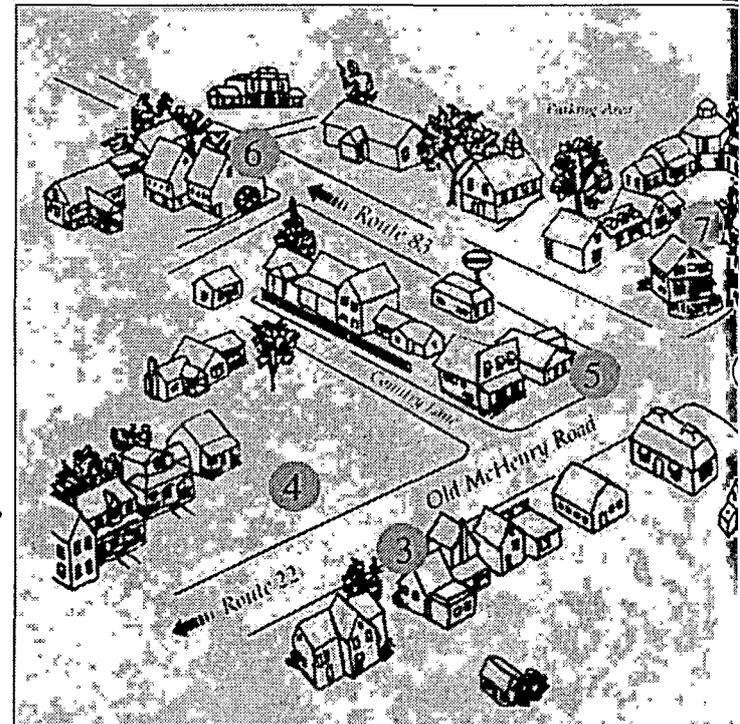
This summer, Long Grove's "Art in July" celebration will kickoff with a bronze sculpture exhibition featuring over a dozen of the nation's finest artists... with more than 20 life-size works installed throughout the historic village. The exhibits—all of which are for sale at **The Studio of Long Grove**—will extend through July with most pieces remaining throughout the summer. Be sure to visit **The Studio of Long Grove Galleries** where over 150 additional bronze sculptures—from 6" to life-size—will be displayed including several bronze fountains in a special water garden setting.



1 *Autumn Legend* Terrell O'Brien

## Permanent Installation from Sculpture Walk '97

*Afternoon in the Park* by Mark Lundeen, one of the pieces in Sculpture Walk '97, has been purchased in memory of a longtime Long Grove resident and given to the village for permanent placement in the heart of the community. A dedication ceremony on May 15, 1998, acknowledged the gift as an important contribution to the cultural enhancement of the Village. It is hoped that additional works could become permanent placements from this year's Sculpture Walk.



5 *Little Sisters* Mark Lundeen



2 *Mary, Mary* L'Deane Trueblood



7 *Hugs 'n Kittens* Greg Todd



7 *Once Upon A Time*  
Jo Saylor



9 *Put Me In Coach* Mark Lundeen



4 *Afternoon in the Park* (sold out)

Mark Lundeen



3 *Robert Frost*

George Lundeen

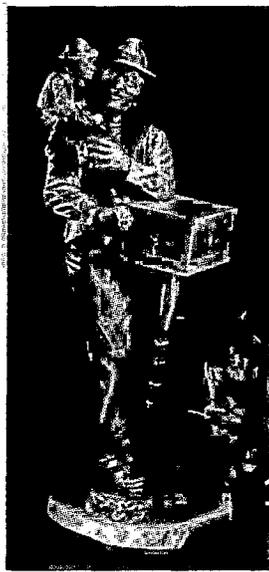
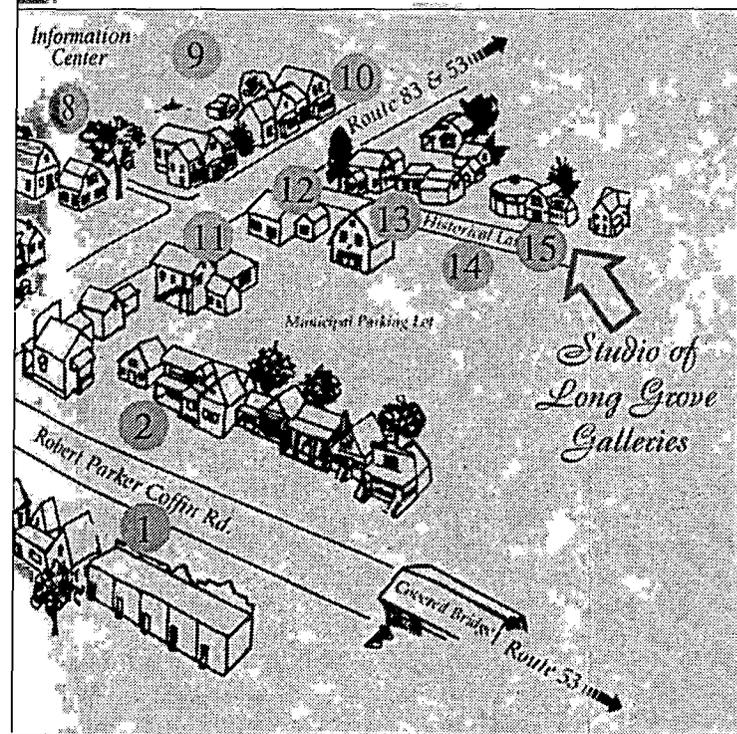


6 *More Than Words*

Greg Todd

# Proudly Sponsored by THE LONG GROVE ROTARY CLUB and THE STUDIO OF LONG GROVE GALLERIES

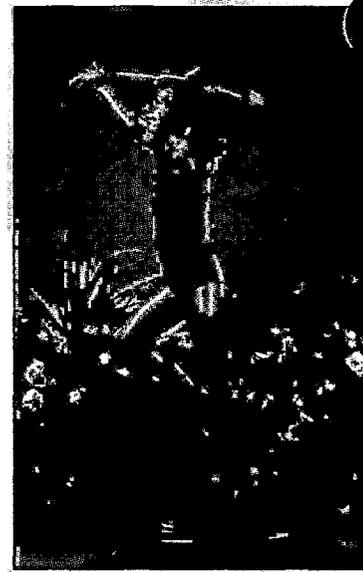
Join the Long Grove Rotary Club and The Studio of Long Grove at the Gallery on Friday evening, July 9, from 5:30 to 8:30 PM for a special narrated tour of all sculptures installed throughout the Historic Village. There will be hors d'oeuvres, refreshments and entertainment at the Gallery and on the Sculpture Walk. Reservations are appreciated but not required. Call 847-634-4244 for additional information about this unique and exciting event.



*Monkey Business*  
Mark Lundeen



*Diadems*  
Bobbie Carlyle

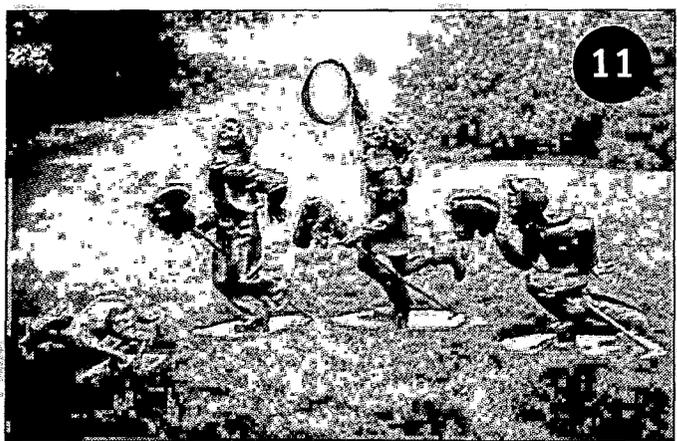


*Celebration*  
Deane Trueblood



*Mighty Casey*  
Mark Lundeen

## Studio Sculpture Garden featuring indoor and outdoor water displays



*Stickhorse Stampede*

Rosie Sandifer

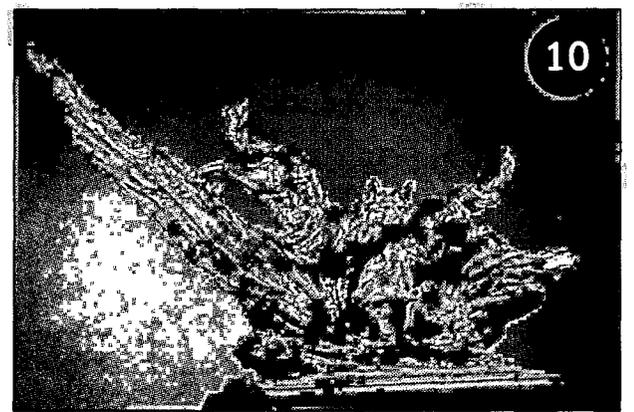


*Lillith*

Rosalind Cook



*Straw Hat*  
Bets Holland  
Lundeen



*Foxes On The Bayou*

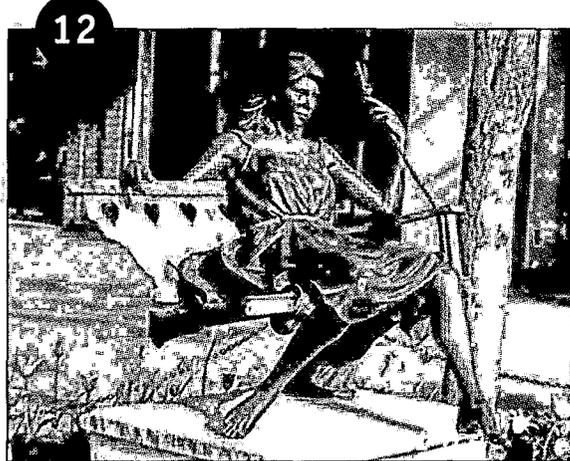
Sharry Salari Sander



*Rarin' to Ride*  
George Lundeen



*Mountain Rose*  
Greg Todd



*Hearts on a Swing*

George Lundeen



*Bear Pause*

Walt Horton

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## PINE CONE CHRISTMAS SHOP

Presents  
**SCOTT ENTER**

Department 

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- All current Snow Village Houses
- All current Christmas in the City Houses
- Independence Hall

### AUTOGRAPHING

Saturday, July 10

10:00 am - 1:00 pm

2:00 pm - 5:00 pm

Only houses which are purchased July 10th or purchased prior to signing and held at Pine Cone, will be signed. (Sorry, no Department 56 will be allowed in from the outside.)

Free shipping for all order over \$100.00

**Call and reserve your houses today.**

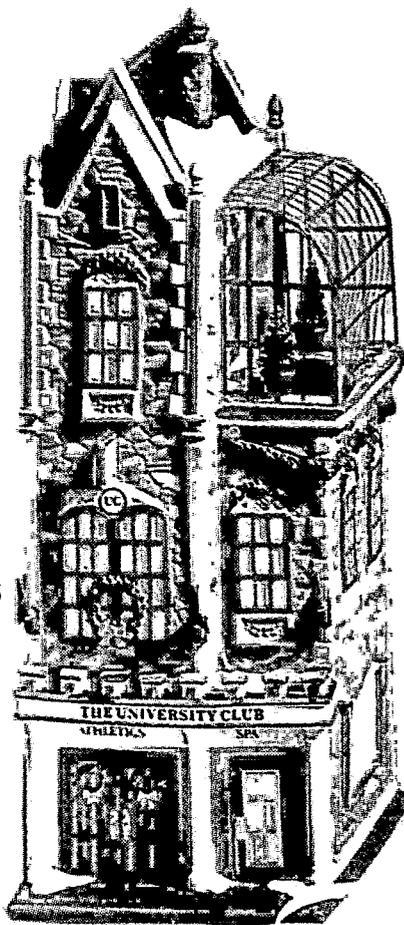
• DOOR PRIZES •

PINE CONE CHRISTMAS SHOP

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## LONG GROVE *"Shop, Dine, & Stroll through History"*

### Department 56 Designer, Scott Enter, Signing at Pine Cone

#### The Event

Pine Cone Christmas Shop will be hosting Scott Enter on Saturday, July 10 from 10 AM to 1 PM and from 2 to 5 PM. During the event, there will be hourly door prizes and a chance to win an autograph-ed "Independence Hall." Only houses purchased that day or purchased in advance and held at Pine Cone will be signed. No houses from the outside will be allowed in the store. Call to reserve your Village pieces at 847-634-0890.

#### About Scott

Scott Enter was born in Minneapolis, Minnesota. Early in his life, he developed an interest in drawing and photography. In 1990, he graduated from St. Paul School of Associated Arts where he earned his degree in illustration and design.

That same year, he began working for Department 56. He started by designing Village accessories, building paper models of the houses and painting samples of Village pieces. The first lighted piece Scott designed was the "Village Greenhouse." He now designs all of The Original Snow Village, Christmas in the City and "Independence Hall."

Introduced in 1976, The Original Snow Village was inspired by the warm nostalgic image of a snow covered old-fash-



Scott Enter—Department 56 Designer

ioned American town. Scott's extensive research contributes to the charm and detail of each lighted ceramic building. He always has his camera ready when he travels and takes many photographs to inspire him. Scott likes the unusual building, such as "Dinah's Drive-In," the "Snow Carnival Ice Palace," and, of course, the new "Fire Station #3" in the Original Snow Village.

One of the things that Scott enjoys most about designing Village pieces is that it allows him to draw upon his own childhood memories and family traditions. His appreciation of small towns and days gone by helps collectors identify with a gentler time that these villages have come to represent.

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*Sale ends Sept. 7*

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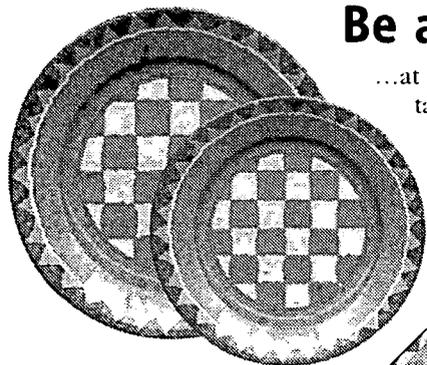
847-634-3044

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Sunday 11:00 - 5:00

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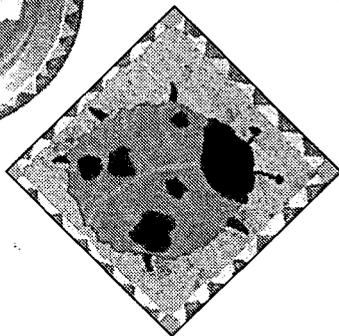




## Be a Guest...

...at your own party! See the new and exciting tableware designs to make your entertaining a breeze. Many have matching invitations and tablecloths for that special summer fête!

**Little Shop of Papers** has the tableware for any party you plan!



## Strengthen/Condition at Home Series—II: Abdominals and Lower Back

Building a strong "core" will not only provide the support needed for specific activities like throwing motions and impactive exercise, but also for comfort in everyday life.

### The Abdominal Muscles

The rectus abdominus is one long sheath that runs from the bottom of the ribs to the base of the pelvis. This muscle allows the spine to bend forward and, contrary to common thought, is one single muscle structure vs. two (upper and lower abs).

The internal and external obliques allow the spine to flex, rotate and move side to side. When working on tightening the waistline, these muscles need to be used.

The transverse abdominus is the deepest of the four abdominal muscles. Its main job is to help force air out of the lungs, but you'll notice it when you pull in your stomach to pull on those ever-so-tight-fitting pants.

The abdominal muscles help support the spine and, when they are weak, they fatigue easily. When the muscles fatigue, the pelvis will naturally tilt forward, changing the lumbar curve of the spine and placing excessive stress on the lower back structures.

By strengthening the abdominals, you not only create a firm, flatter stomach, but also provide the needed support for your back.

**Basic Strengthening Exercise: Abdominal Crunch**—Lie on your back with your calves resting up on a bench (or sofa or chair). The knees should be placed directly over the hips. Allow the hips to relax and the knees and ankles should rest out to either side. (This keeps the hip flexors from helping the abdominals work.) Cross your arms over your chest so your fingers can touch the opposite shoulder. Slowly lift your upper torso as a unit until your shoulder blades are off the floor, exhale at the top of the movement and slowly release.

**Reverse Curl**—Lie on your back with your legs up. The knees begin (and end) directly over your hips. Relax your torso, head and neck and place your arms down at your sides. Slowly pull the knees in toward your chest, keeping your back on the floor. Exhale as you press the legs back out to the beginning position. Em-

phasize keeping your back pressed to the floor and be careful not to push the knees past your hips on the return.

**To Stretch**—Lie on your stomach and gently prop your upper body up onto your forearms, allowing for natural extension of the spine. Bring your chin up, parallel to the floor. Breathe naturally and allow your abdominals to relax. Hold for several seconds.

### The Lower Back

The muscles of the lower back are called the erector spinae. They actually run the length of the spine from the hip. They divide into three branches: Liocostalis, Longissimus and Spinalis. They attach at either side of the spine and ribs and insert at the base of the skull.

These muscles are responsible for extension of the head and spine. And, along with the obliques, lateral flexion (side to side motion). They promote good posture and stability for lifting, pushing and pulling. They are also key in maximizing potential for many sports and activities like golf, tennis and hockey to name a few.

**To Strengthen**—Lie face down on the floor with a pillow placed directly under your hips and upper legs. Bring your arms down behind your back and rest them over your tailbone. (If this is uncomfortable, opt to place each hand on either side of your hips). Slowly elevate your torso from the floor until your chest is raised off the floor. Be sure to keep your neck immobile and face looking down as you lift. Hold at the top for a few seconds and gently return.

**To Stretch**—Lie on your back and hug the knees to your chest or hold them from behind the thighs; an excellent way to start and finish the day.

Contact **Body Constructors, Inc.** if you have any questions regarding abdominal or lower back strengthening or would like to set up an in-home personal training program. Call 847-277-0707 or e-mail at [bodyconstructors@prodigy.com](mailto:bodyconstructors@prodigy.com). Look for our final series next month which will focus on the chest and upper back. Combine all three issues—June, July and August—to create a basic, at-home program. Always consult your doctor before beginning this or any exercise program.

• Pool Party • Pasta Party • Picnic • Pizza Party • Barbecue •

Pizza Party • Barbecue • Ravinia Party • Ravinia Party • Pool Party • Picnic

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## Palatine Friends of the Sparrow... Who?

The biggest news from the recent "Sparrow" Palatine Advisory Committee meeting was the change in the name of its volunteer support group. For 2½ years, it's been called "Palatine Partners." The new name is "Palatine Friends of Home of the Sparrow." (In each area, the volunteer group will have the same name—that of the town plus "Friends of the Home of the Sparrow.") In Palatine, the Co-Chairman are Linda Mikkelson (991-1275) and Pam Smith (202-5662).

The Palatine Advisory Committee, headed by Chairman Rita Canning, meets monthly at the Palatine Library. Its objective is to support activities involving the house to make suggestions and especially to generate funds to keep the Palatine house going. Others who attended the June meeting were: Marty Hanna, Debbie Luna, Linda Mikkelson, Mike Moorman, Marcia Nelson, Dan Pellettiere, Diane Pellettiere, Pam Smith, Anna Wilson and staffer Laura Langley.

The next activity is a booth at the "Taste & Touch of Palatine" which will be held at Harper College on July 16 through 18. Chairman Marcia Nelson encourages anyone who'd like more information to drop by to ask questions or to pick up material.

Those of you who like to run or walk should mark Sunday, October 3 on your calendar. That's the date of the 10K Square D Home Run. For more information, call Marty Hanna or Nita Kay LeMay, Co-Chairmen, at 847-925-7735.

The Sparrow's Nest Thrift Shop at 1818 W. Northwest Highway in Arlington heights welcomes anyone who'd like to browse or to contribute items. The Sparrow's Nest has been warmly received by the community and is thriving. It's open from 10 AM to 6 PM, Monday through Saturday and on Thursdays until 8 PM.

A search committee formed by the Sparrow's Board of Directors in McHenry is in the process of selecting a new Executive Director. Rev. Phyllis Mueller, who had headed the Home of the Sparrow since 1986, resigned in the spring. After 13 years, she felt it was time to go on to new challenges. A farewell party was held for her in May.

The Home of the Sparrow is a network of transitional residences for homeless women and their children which began in 1986 with the house in McHenry. The Palatine residence opened in June, 1997. Other residences are located in Woodstock and Crystal Lake. In addition, there are some "graduate houses," apartments for graduates to move into after they complete about 5 months in the Home of the Sparrow residence. In addition to the roof over their heads, homeless women receive counseling, work as a team to care for the house, are required to get a job within 2 weeks and to abide by the many rules of the house. For more information about Home of the Sparrow, please call 847-963-8030.

## Y2K—Will the IRS be Ready?

by Sharon L. Keller, J.D., LLM



Everyone is in a buzz over the potential Year 2000 technology collapse. The challenge to correct the problem before the millennium has been a priority for many of us. On January 1, 2000, some computer-based systems will begin processing information as if it were January 1, 1900. This is called the Year 2000 problem or the "Y2Kbug." This is not just a computer problem. It could affect any equipment that uses a computer chip as well as the suppliers and business partners you rely on. I have been asked by many readers what the IRS is doing to ensure that the challenge is met. This article will discuss what the IRS states they are doing to fix the potential problem.

The year 2000 challenge spans the entire information technology industry. It arises from the nearly universal practice over the years of using two digits rather than four to designate the calendar year (e.g. DD/MM/YY). Computer programs used a two-digit notation to save storage space and data entry time. Although this practice was common, it can lead to incorrect results whenever computer software performs arithmetic operations, comparisons or data field sorting involving years later than 1999.

The potential impact on Federal programs if this problem is not corrected is substantial and potentially very serious. Federal agencies are therefore taking steps to ensure a smooth transition. The challenge is to have the systems, upon which all Americans depend, operate smoothly through the year 2000 and beyond.

### What is the Problem in a Nutshell?

Currently, programs which calculate interest for a time period, for instance 1995 to 2001, will not indicate six years of interest but -94 years. People born in 1959 will not be 41 in 2000; they'll be negative 59. If you started working somewhere in 1981, you would not have 19 years seniority, you might not be vested in the pension plan, and if you have security codes or passwords at work which became valid in 1999, they would most likely not be valid in 2000 because 00 came before 99 when the code was assigned to you.

### Who Does the Year 2000 Affect?

It is a significant challenge across the information industry and for any business, agency, institution or person using computers. Any system or program, including desktop software, could be affected if two digits are used to present the year. In addition, data sharing across networks or between users creates the possibility of "contamination" by two-digit data.

### Can't a User Just Switch from Using Two Digits to Four?

The process for making the change is fairly straightforward. Users must first determine whether the data that represent "year" is stored as two digits and then find all the applications that use that data. If only two digits are used, the file format must be changed to four digits. Every application program that stores or references this data must also be changed. Finding all the programs that reference this data and then coordinating the change is time

consuming, depending on the number of date representations in the application program.

### Will the IRS be Ready?

The IRS year 2000 project goals include:

- All IRS in-house applications, production systems software and purchased commercial packages will be Year 2000 compliant by January 31, 1999.

- IRS applications will be analyzed, upgraded, tested and transmitted to production according to a well-defined phased deployment schedule.

- The Year 2000 Conversion Project will minimize disruptions to ongoing maintenance, ensure positive customer relationships and prevent tax processing production errors.

In managing the Y2K process, the IRS has grouped its software applications based on the hardware platform type on which the software resides. Some IRS systems, such as the Integrated Collection System (ICS), may have application programs from different tier categories.

**Tier 1**—These applications include all mainframe-resident application programs such as Business Master File, Individual Master File and National Account Profile. Typical installation locations include the Service's two computer centers. Among Tier 1 commercial off-the-shelf applications are all mainframe-resident commercial applications such as the operating system, transaction monitors, compilers and databases.

**Tier 2**—These applications, both IRS-specific applications and commercial off-the-shelf products, include mid-level, server-resident application programs such as Pyramid and Sequent. Typical installation locations include the National Office, the two computer centers and District and Regional Offices.

**Tier 3**—These IRS applications include all formally developed PC-resident application programs, excluding data files such as spreadsheets, informal databases, project management files or other artifacts of commercial off-the-shelf software.

All IRS systems will be analyzed, converted, tested and transmitted to Year 2000 compliant production according to a 5-phase deployment schedule. The phases are based on the semi-annual IRS production cycles which end in January and July each year. The final target conversion date was January 31, 1999.

Have a healthy and prosperous July. Thanks to all who supported the American Cancer Society's Barrington Relay for Life in June. It was a great success. See you in August.

## Enjoy a Night at Ravinia



**Time & Treasures Gift Shop and Gallery** is offering tickets to Ravinia and an elegant gift basket to take along. The gift basket will include gift certificates to a local bakery, winery and restaurant plus a picnic basket with accessories. Stop by the store soon to get all the details; you only have until July 16.

Also, during July, look for the "Christmas in July Sale" which will start soon at **Time & Treasures**.

Kathy Marcus, the owner of **Time & Treasures Gift Shop and Gallery** has selected a unique blend of elegant gifts from around the world not commonly found in your local mall.

Upon entering the store, you will expe-

rience a delightful fragrance and an interesting selection of gift items—from unique time pieces to collectible bears.

Although the store is compact, it offers you a variety of gifts for every occasion.

Some of the gift items include, Aromatic Potpourri, Armani statues, Fenton collectible glass, Ruege music boxes, Linden clocks, Hibel paintings, Colibri pens and pendel watches and specialty items to decorate your garden. For the men on your gift list, choose from authentic ship models, precious stone globes, chess sets, nautical watches, clocks, barometers and much more.

The store is a refreshing experience and well worth the trip.

## Facial Plastic Surgery, Looking Your Best

by Gary S. Churchill, MD

**The Center for Facial Plastic Surgery** is a unique, private surgical facility unlike any other in the Chicago area. It offers three fully equipped operating rooms, full anesthesia services, recovery rooms and a private family waiting area, as well as an overnight room staffed by a private registered nurse for those who prefer to spend the night following surgery.

Your privacy and comfort are of utmost importance. When you come to **The Center for Facial Plastic Surgery**, you can have confidence in knowing you are having surgery in a discrete outpatient setting that has attained an unsurpassed level of excellence.

The state-of-the-art center is the private office and surgical facility of Gary S. Churchill, MD, FACS. Dr. Churchill specializes exclusively in facial plastic surgery and is board certified by The American Board of Facial Plastic Surgery. Dr. Churchill performs face, eye and brow lifts to remove sagging skin and to smooth out lines and rid yourself of the bags and pouches that form around the mouth and chin areas; nasal reshaping to make noses smaller, narrower or even larger for reconstruction after cancer or injury; chin reshaping to define the jawline and create symmetry of the face; ear surgery to correct protruding ears and reshape the ear; laser surgery to eliminate fine lines of the face; and Collagen and Botox injections are available as well as a myriad of other procedures. Dr. Churchill also has years of experience performing recon-



Gary Churchill, MD

struction and recontouring for patients who have had prior plastic surgery and are unhappy with their results.

Specializing exclusively in plastic surgery of the face and neck, Dr. Churchill has the experience and expertise you need in a surgeon that is operating on the most prominent part of your body—your face. Facial plastic surgeons have years of specialized training and pass rigorous certification exams to qualify for The American Board of Facial Plastic Surgery. Only a select number of surgeons are able to complete this difficult training. Dr. Churchill has performed 1000's of procedures on the face, nose, eyes and skin over the past 10 years. When coming to **The Center for Facial Plastic Surgery**, you will have a private consultation with Dr. Churchill during which he will go over all aspects of surgery and answer any questions that you might have. When coming to **The Center for Facial Plastic Surgery** for nasal reconstruction, you can have computer imaging performed during

(Please continue on page 50)

## You Can Be The Winner of AN ELEGANT GIFT BASKET TO RAVINIA \$250 VALUE

*Basket Includes:* Tickets, Gift Certificates to a Local Bakery, Winery, and Restaurant Plus Picnic Basket with Accessories

**Ask Us For Details!  
Winner Announced on July 16th**

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Sale...**

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## Low Back Pain? Sciatica (Radiating Leg Pain)? Neck Pain? Radiating Arm Pain?

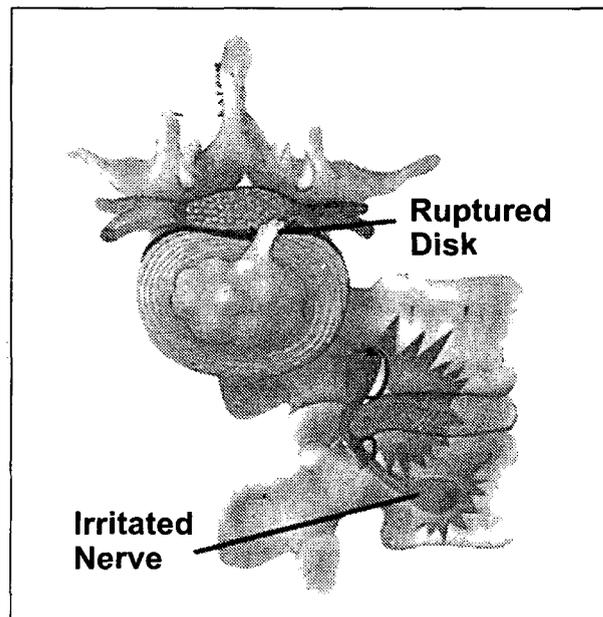


Bruce J. Montella,  
M.D.

All very painful, disabling and not uncommon.

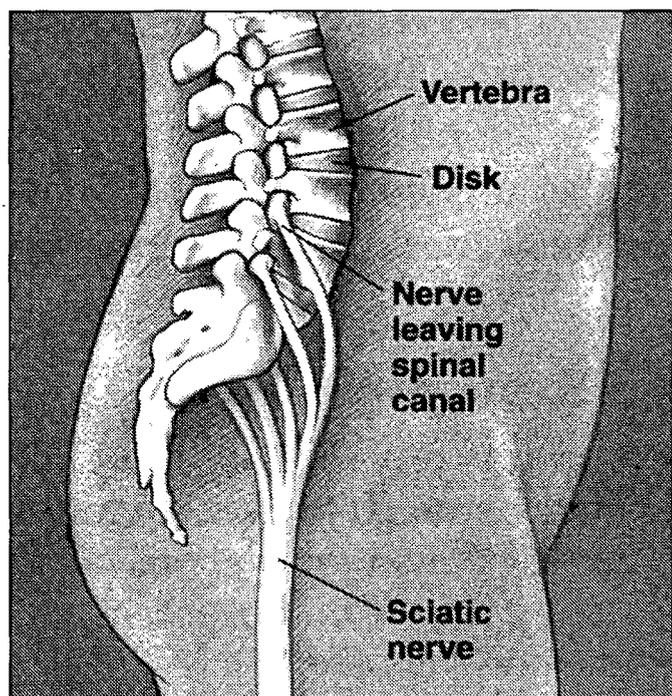
New technologies and techniques of the 90's have led to a greater understanding of these debilitating conditions and have made possible the minimization of suffering and loss of function, with recovery most often achieved without the need for surgery.

Degenerative disease of the intervertebral discs is typically the underlying reason for these difficulties. That's a somewhat fancy way of saying that when you subject your discs to stresses they cannot accommodate,



Ruptured Disk

they wind up being a source of pain. If they are stressed excessively and fragment, the small fragments can move out of position and pinch nerves, causing pain in the area along which that nerve runs in your arm or leg. The stresses on discs are greatest when you are bending at the waist, lifting weight away from your body or twisting. Good daily habits of minimizing these motions can make you much less susceptible to suffering with these painful conditions.



Sciatic Nerve

### Bruce James Montella, M.D.

Dr. Montella specializes in back and neck problems and spine surgery. He also has a strong concentration and background in sports medicine. Dr. Montella was an academic All-American at the University of Chicago and a Sports Illustrated football player of the week. After a brief playing career with the Chicago Bears, he attended the University of Chicago Pritzker School of Medicine. Dr. Montella completed his internship and residency in orthopaedic surgery at Duke University Medical Center while participating in sports medicine care for Duke varsity athletes. Dr. Montella then underwent intensive specialized training in disorders of the neck and lower back as a John H. Moe Spine Fellow.

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## Enjoy a Unique and Traditional European Menu at Fritzl's

Do you enjoy traditional European dining, something unique, a little different? Who doesn't? No need to head to Chicago or Milwaukee when **Fritzl's Country Inn** is nearby in Lake Zurich.

**Fritzl's Country Inn** of Lake Zurich offers the discriminating diner exquisite ethnic and continental cuisine, served in quaint chalet surroundings. At **Fritzl's Country Inn** enjoy savory soups and juicy steaks, mouth watering seafood and delightful Austrian, German and Swiss entrees such as Wiener Schnitzel, Sauerbraten, Roast Duck and Rouladen of Beef. Leave room for a luscious dessert such as Apple Strudel or one of the elegant

Viennese pastries.

Didn't I tell you **Fritzl's** is unique, a little different and wonderfully European? Call **847-540-8844** for reservations.

Designated smoking areas are available. There are banquet facilities available for groups of 20 to 150 people, perfect for weddings, anniversaries and rehearsal dinners. The meals are lovingly prepared from scratch and made to order just prior to serving. They are then served hot, fresh and delicious. If you are tired of those stuffy "foreign" waiters, try **Fritzl's** restaurant and pub. They have the friendliest staff in town.

Banquet Facilities • 20-150 People  
Perfect for Your Wedding,  
Rehearsal, Engagement, or  
Anniversary Party



**Fritzl's**  
COUNTRY INN  
restaurant & bar  
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**No Need to Go to Chicago  
for Fine European Cuisine**

Enjoy a traditional European menu of hearty schnitzels, potato pancakes, and Hungarian goulash. Come and experience the singular and unique tastes from Europe: the Veal Geschnetzeltes from Switzerland, the Kassler Ribs from Germany, along with the incomparable Sauerbraten, Steak Tartar and Roast Duck. Steak, Seafood, and Prime Rib round out the menu.

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2nd Stop Light, N. of 22 on Rt. 12  
Dinners Tues.-Sat. 4-10 p.m.; Sun. 3-9 p.m.

## A Gallery of Remarkable Access

It is only rarely that a gallery reaches a level of such profound significance that it becomes a reference point for an entire genre of collectors.

**The Frame Corner Fine Art Gallery** is such a gallery. It has developed a program of accessibility to well known artists such as Modigliani, Erete, Degas or Warhol and living artists such as Kinkade, Tarkay or Hibel. This clarity of voice through accessibility and the unmistakable gallery style are also the ingredients which attract so many different kinds of collectors and admirers from near and all over the world. This gallery is for every person who has felt a sense of direct communication and even awe that comes from viewing paintings,

sculptures and prints. Whether it's through a turn of the century street scene, a portrait or landscape, **The Frame Corner Fine Art Gallery** tells a story of accessibility in some way to every market and nearly everyone who enters the gallery. The original prints and giclées can be seen at any time and are located through our vast network of source files throughout the world. A visit to our gallery is an event, but we can also help you with your needs such as framing and color identification with a visit from our designers at your home. It is our accessibility that give you endless possibilities to your collecting tastes and knowledge of what is available and consultation to all individuals.

## The Frame Corner

### FINE ART GALLERY

• <b>ANDY WARHOL</b> - Marilyn Monroe Signed Silk Screen	<b>\$18,000.00</b>
• <b>ERETE</b> - Original Fashion Illustration	<b>\$12,000.00</b>
• <b>MARC CHAGALL</b> - Signed Print	<b>\$1,500.00</b>
• <b>SALVADOR DALI</b> - Hand Colored Print	<b>\$3,000.00</b>
• <b>ROBERT SARGENT</b> - Print (Children's Book Illustrator)	<b>\$2,500.00</b>
• <b>KIPNESS</b> - Signed Print	<b>\$1,500.00</b>

34 West Palatine Road Downtown Palatine      More Originals Available      847.991.9281

## Sizzling Summer Sales!

**Decorating Connections** is offering savings up to 75% on such fine furniture, artwork, lamps and accessory manufacturers as Habersham, Lexington, Charleston Forge, Stanford, Pearson, Leeazzanne, Norman Perry, Decorative Arts, Big Fish and more during our **Summer Sidewalk Sale!**



Not only can you find fabulous treasures for your home at spectacular prices during our sale, you won't have to wait months for it to come. All sale merchandise is in stock! This wonderful selection will not last at these prices, so hurry in!

**Decorating Connections** unites interior design expertise with a vast array of decor resources to provide you with the utmost in design services.

The talented interior design staff at **Decorating Connections** can make dec-

orating an easy and enjoyable experience for you! Call, or come in and schedule an in-home consultation with one of our designers today.

If you are looking for interior design, commercial design, furniture, artwork, lighting, carpeting, area rugs, decorative painting or accessories, then please visit us at **Decorating Connections Inc.**

We are located in The Marketplace Shopping Plaza on Rt. 59 and Kelsey Rd.

## Lakeside Moms and Tots Announces July Activity Schedule

Lakeside Moms and Tots has announced their July schedule of activities.

The organization aims to provide a social and educational outlet for parents, caregivers and children. Lakeside Moms and Tots provides a monthly newsletter to each member detailing the planned activities taking place throughout the community. Typically scheduled family outings include tours and trips to such places as the fire station, museums, zoos, libraries, swimming pools, restaurants, pizza parlors, pumpkin patches, bowling alleys,

indoor playgrounds, plays and movie theaters, park days, nature walks and holiday parties.

Members of Lakeside Moms and Tots live in Lake Zurich, Barrington, Hawthorn Woods and several of the nearby communities. The group invites any parent or caregiver of young children to come to an event and meet new friends.

For more information about joining, please call Suzanne at 438-4415 or Nancy at 438-3102.

The July calendar of events includes the



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Begins July 1st!

## Summer Sidewalk Sale

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Summer Hours: Mon.-Fri. 9-6, Sat. 9-4, Closed Sun., Evenings by Appt.

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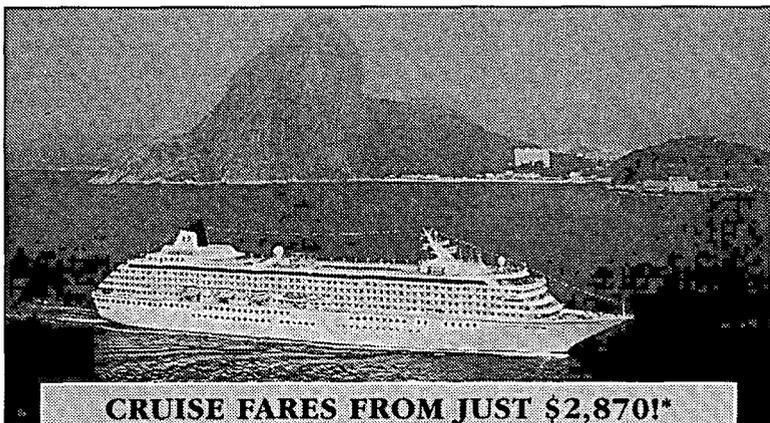
- July 6, 12:30 PM, play day at Paulus Park
- July 7, 1:00 PM, Let's Pretend, Mundelein
- July 8, 9:30 AM, new member breakfast at Quigs, Mundelein
- July 9, 11:00 AM, park and beach day at Breezawald Park, Lake Zurich
- July 12, 10:00 AM, River Trails Nature Center
- July 14, 10:00 AM, Rainbow Falls
- July 15, 3:30 PM, Willow Stream Park
- July 16, 10:30 AM, Tots in the Park Magician Show
- July 17, 10:30 AM, Pirate Cruise
- July 18, march in Alpine Day Parade
- July 19, 10:00 AM, The Exploritorium

- July 20, 9:30 AM, Nursery Rhyme Time
- July 21, noon, Wheeling Aquatic Cntr.
- July 22, 7:00 PM, Mom's night out recipe exchange
- July 23, 11:00 AM, Libertyville Lunch in the Park
- July 24, 10:00 AM, Illinois Railway Museum, Union, IL
- July 26, 10:30 AM, Kiddieland
- July 28, 11:00 AM, Lake County Fair
- July 29, 1:00 PM, play day at Manor Park
- July 30, 10:30 AM, Tots in the Park Sing-a-Long
- July 31, 11:00 AM, Ravinia to see Tom Chapin

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(UP TO 45% OFF)

Announcing South America cruises for the year 2000  
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CRUISE FARES FROM JUST \$2,870!\*

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When you cruise Crystal Cruises' South America, you will enjoy **Carnaval** in Rio, or cruise around Cape Horn and sail into breathtaking Chilean fjords. You'll also thrill to culinary adventures. On each sailing, we will feature 1999 *Food & Wine* magazine's "Best New Chefs in America," as well as leading wine experts conducting demonstrations, lectures and tastings on board Six-Star Crystal Harmony.

To take advantage of up to 45% savings, please call your professional travel agent to reserve your stateroom.

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"SIX STARS" - *Fielding's Guide to Worldwide Cruises*, '97, '98

\*Fare listed is per person, in U.S. dollars, cruise only for category "G" stateroom for January 19 sailing, based on double occupancy, and include port charges of \$135 per person. Fares vary by sailing and stateroom category. Airfare not included and no air credit is available. Air add-ons are available from Crystal Cruises gateway cities in the U.S. and Canada. Offer is subject to availability at time of booking. Certain restrictions regarding combinability of Crystal Society and Marketing Partner discounts and promotions may apply. Single fares are available upon request and are capacity controlled. Ships' Registry: Bahamas

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## Traveling... With Carlson Wagonlit Travel

If you want to know the best way to do something, ask an expert. People who travel for a living know all the ins and outs, and here is a list of "essential tips" compiled by professional travelers at a recent meeting of travel writers:

- Before you travel, read thoroughly about your destination. Ask your travel agent, **Carlson Wagonlit Travel** any questions you have. If we don't know the answer, we know where to get it.

- Pack a small plastic bottle of concentrated detergent for washing clothes.

- Use a fanny pack to carry important items. Don't take a purse if you can help it.

- Pack plastic zip-lock bags of different sizes to hold soiled laundry, wet bathing suits, etc.

- When you're through with paperbacks on the trip, leave them behind when done with them.

- Pack big envelopes and tape. Mail home papers, maps, books. These things can become heavy.

- Go light. Too much luggage is a burden. Wear the same clothes more than once, make sure you have comfortable shoes.

- Fly with your own bottle of water. At 30,000 feet, air is very dry and you will dehydrate. Drink lots of water and avoid alcohol.

### Using the Concierge

Few people know how to use a hotel concierge, and many are not aware of what a concierge can do for them. Consequently, many travelers miss out on using one of their best resources for making the most of their stay. A hotel concierge can be of immeasurable help when it comes to taking care of details. Here are a few things to keep in mind:

- Know where to look. Most often, the concierge is found in the hotel lobby near the check-in desk.

- Find a plethora of information. By making a quick visit to the hotel concierge, you'll find out what's going on,

and you'll get directions on how to get there, as well as phone numbers to call for more information, a map of the area, restaurants nearby, transportation options and more.

- Use the network. Be aware the concierges at different hotels work with each other to find answers to every question.

- Get one-stop shopping. In one visit to the concierge, you can have dinner reservations made, get tickets to the ball game, theater or symphony and have a morning tee time at the golf course reserved in your name.

- Find a liaison between you and the community. A concierge can offer some great ideas on restaurants, fun places for drinks, hot spots for dancing, beautiful places to see a sunset or ideas on just about anything that interests you.

- "But Mom, there's nothing to do!" Concierges also provide some fun ideas for kids on how to spend their time.

### A Room on Wall Street

Regent International Hotels say that its planned New York property, the Regent Wall Street, will be the first hotel ever to have an address on the famous street.

Tentatively scheduled to open this August, the hotel will occupy the former Merchant's Exchange built in 1842.

The site was originally being developed as a hotel by the Cipriani family, which operates the Cipriani Wall Street Restaurant in the same building. The restaurant will relocate, however, as Regent will be opening its own venue, serving Mediterranean cuisine.

The 140-room hotel will also house the building's stunning 34,000-square foot Grand Ballroom, which has such features as an elliptical dome decorated with 16 Wedgwood panels and a 2,700-pound chandelier. The hotel will also feature a 4,000 square foot spa.

For more information about the new Regent Wall Street, contact our travel professionals at Barrington's **Carlson Wagonlit Travel** at 847-381-6400.

## cARToons and Junior cARToons Exhibition

The Chester Gould-Dick Tracy Museum announces the exhibition of cARToons and Junior cARToons at the Old Court House Arts Center, 101 North Johnson Street in Woodstock. The cARToons and Junior cARToons exhibition will be on display now through July 31, 1999.

cARToons is a juried art exhibition covering work in all media integrating the concept of cartooning. The purpose of the exhibition is to showcase, promote and encourage the work of established and emerging cartoonists. cARToons is partially supported by a grant from the Illinois Arts Council, a state agency.

cARToons features original cartoon art created especially for this event by established cartoonists. Comic art displayed will include works donated by: Tom Armstrong, *Marvin*; Tom Batiuk, *Crankshaft*; Pat Brady, *Rose is Rose*; Chris Browne, *Hager the Horrible*; Milt Caniff, *Steve Canyon*; Bil Keane, *Family Circus*;

Patrick McDonnell, *Mutts*; and Mort Walker, *Beetle Bailey*.

A centerpiece of the exhibit is a multi-cartoon board created by a group of cartoonists known as the "Berndt Toast Gang" (after the late *Smitty* artist Walter Berndt). The cartoon board features sketches by Sy Barry, *The Phantom*; Mort Drucker, *Mad Magazine*; Joe Edwards, *Li'l Jinx*; Joe Giella, *Batman*; Tom Gill, *The Lone Ranger*; Stan Goldberg, *Archie*; Bunny Hoest, *The Lockborns*; John Romita, *Spiderman*; Al Scaduto, *They'll Do It Everytime*; Emilio Squeglio, *Captain Marvel*; and other cartoonists.

Junior cARToons features the art work of children ages 7 to 18 years old. Junior cARToons is partially funded by the Barrington Area Arts Council Arts Boost in partnership with the Illinois Arts Council, a state agency. For more information, call Beth Vargo at the Chester Gould-Dick Tracy Museum at 815-338-8281.

## Antique Car Show and Ice Cream Social Planned for August

Do you own an antique or vintage passenger car that you would like to show? If so, we have the opportunity you're looking for.

This summer, Good Shepherd Hospital and the Barrington Area Historical Society will co-host an Antique Car Show and Ice Cream Social. The event is planned for Saturday, August 14 from 10 AM to 4 PM on the hospital's grounds at 450 W. Highway 22 in Barrington. The event, which will feature cars from the local area, is designed as a community-wide celebration of the hospital's 20th anniversary. Proceeds from the event will benefit the

Barrington Area Historical Society and the Wellness Place, a community resource center for cancer patients, survivors and their families in the northwest suburbs.

The Antique Car Show and Ice Cream Social will feature antique and vintage cars from area residents residing in the hospital's service area. The event will be open to the general public. There will be an admission fee of \$5 per person over age 12 which includes cake, ice cream and lemonade at our old fashioned ice cream social. Children under 12 will be free. Proceeds benefit the Barrington Historical Society and the Wellness Place.

## Chers Amis...

It was a warm night on July 14, 1789 when the prison Bastille was stormed by the people of Paris to free political prisoners. And thus the downfall of royalty unofficially started...

Well, we hope it will be as warm a night this coming July 14 when we celebrate Bastille Day as we have for the past 12 years at **D & J Bistro**... decorations befitting the occasion, special menu, as French as bleu, blanc, rouge... live entertainment, games and prizes, and peut-etre a few drops of "Beaujolixir!"

Suggestion... reserve *now!* It's a very "bon temps!"

Other topic—seasonal food, cooking and **D & J**... have you noticed? We have intensified our professional efforts to pre-



The "Provence Room"—  
available for your private party.

pare seasonal and/or regional products and produce, still within the concept of Bristro food. Examples: Illinois Morels, Michigan Asparagus and Cherries, Vidalia Onions, Fiddlehead Ferns, Copper River Salmon, etc.... Come and experience "la difference!" Merci!



# D & J Bistro

Est. 1987 "Where Things Are Happening"

## BASTILLE DAY

Wednesday, July 14, 1999

Come and Celebrate the  
Last One This Century!

— BANQUET ROOM AVAILABLE FOR UP TO 50 —

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(847) 438-8001



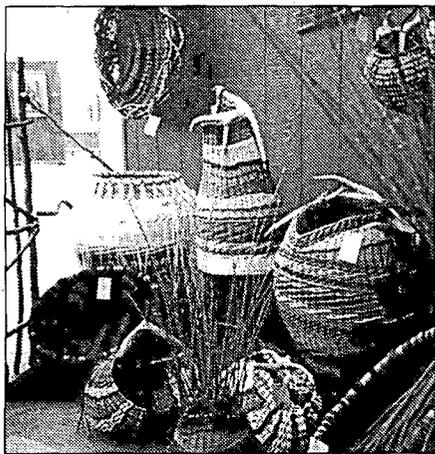
## Christmas in July Art Sale

For the first time in its history, **Dunton Gallery** will be conducting a "Christmas in July" Art Sale from July 16 through July 24.

To assist you in really getting a jump on your holiday shopping during this time, selected works will be reduced from 10% to 45%—yes, 45%! For example:

- Hand woven baskets will be available at dealers' cost
- Wildlife and other bronzes will be substantially reduced
- Original oil paintings will be significantly marked down

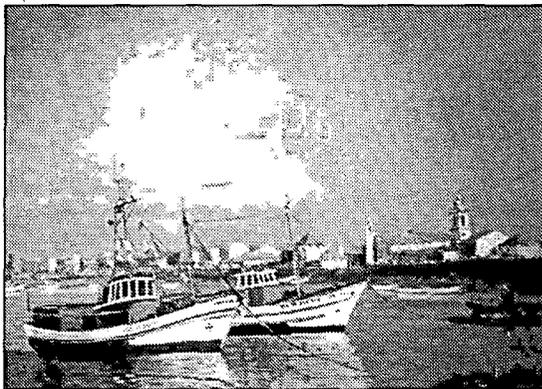
**Dunton Gallery** is now able to assist you in providing custom framing for all your art needs be they traditional oils, watercolors, pastels, posters, limited editions or even three-dimensional art. Not only are the frame materials relatively unusual, but we can also provide you with several tailored-to-your-taste options which allow for truly unique framing.



Blue Heron Weaving

While our core business hours remain Tuesday through Friday, 11 AM to 5 PM and Saturday from 10 AM to 4 PM, please note that **Dunton Gallery** is now open on Friday evenings until 8 PM. We will gladly accommodate appointments to suit your availability at other times.

**Dunton Gallery** is located at 18 S. Evergreen Avenue in Arlington Heights. Our phone is 847-818-0694 and we are also accessible on the web at [www.dunton-gallery.com](http://www.dunton-gallery.com).



Prova do Varzim  
by J. California

## 3rd Annual Chicago SummerDance Fest

The 3rd Annual Chicago SummerDance festival of free public dancing to a variety of live music in Grant Park kicks off at 6:00 PM, Thursday, July 15 at its new location in the Spirit of Music Garden on the east side of Michigan Avenue, between Harrison and Balbo. The dance will begin with zydeco dance instruction and dancing to the music of Geno Delafosse and French Rockin' Boogie. The festival will feature one hour dance lessons, followed by live music and dancing, every Thursday, Friday and Saturday evening from 6:00 to 9:30 PM, and every Sunday afternoon from 2:00 to 5:00 PM, through September 26. Admission is free. For more information, call the Chicago Department of Cultural Affairs at 312-742-4007.

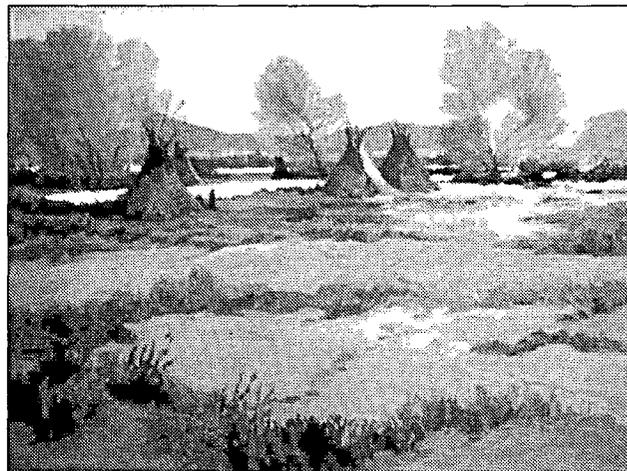
Throughout the summer and into the fall, Chicago SummerDance will feature

an eclectic selection of live music and dancing, including African Hi-Life, ballroom, Cajun, disco, Greek, mambo, polka, salsa, steppin' and swing with some of Chicago's hottest big bands. Chicago Jazz Ensemble, Gentlemen of Leisure, Chicago Charanga Ensemble, Samba Bamba, Maxwell St. Klezmer Band, the Dick Polk Orchestra, the Riff Rockets, Eddie Blazoncyk & the Versatones, Franz Benteler's Royal Strings Orchestra, Hellenic 5 and Sones de Mexico are just a sample of the 44 bands scheduled to keep audiences hopping.

This year, the open-air dance floor has been increased to 3,500 square feet (from 2,500 square feet) to accommodate the increasing numbers of participants. Titled "Chicago Ground Cover," the dance floor is made of recycled plastics and was cre-

## Christmas in July Art Sale

July 15th to July 24th



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ated by Chicago artist Dan Peterman. Food and beverages are available for purchase. Chicago SummerDance was moved to the new location due to the development of Millennium Park at the former Chicago SummerDance site east of Michigan Avenue between Randolph and Washington.

As a special highlight of this year's dancing extravaganza, the last four Chicago SummerDance programs, September 23 through 26, will feature dancing to the music of international bands as part of World Music Festival: Chicago '99, September 21 through 30. It will be the city's first annual multi-venue festival showcasing the traditional, contemporary and fusion music of cultures from around the

world.

The Chicago SummerDance stage at its new location in the Spirit of Music Garden on the east side of Michigan Avenue, between Harrison and Balbo, will also be the setting for SummerOpera, three evenings of operatic arias and scenes performed by some of Chicago's most talented and engaging young singers, from 7:30 to 9:30 PM on Wednesdays, July 21, August 25 and September 15. A limited number of chairs are available for seating.

For more information, call the Chicago SummerDance hotline at 312-742-4007 or the Chicago Department of Cultural Affairs at 312-744-6630, (TTY: 312-744-2947). Or, visit their website at [www.ci.chi.il.us/Tour/CulturalCenter](http://www.ci.chi.il.us/Tour/CulturalCenter).

**1st ANNUAL** **Sidewalk Sale!** **CRYSTAL LAKE**  
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## Thomasville of Crystal Lake 1st Annual "Sidewalk Sale"

John Donahue, owner of **Thomasville Home Furnishings of Crystal Lake**, would like to invite you to a very special sale of discontinued Thomasville furnishings. These are not damaged, seconds or returned items.

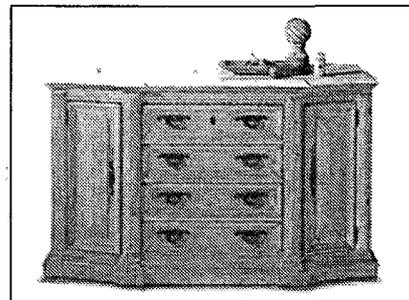
This is a great opportunity for you to complete your collection. If you have a set that is now discontinued, we may have the piece, greatly reduced—**50% to 75% OFF**.

Pieces include bedrooms, dining rooms, occasional tables, entertainment centers and much more. Delivery service is available at a nominal charge.

No exchanges and no returns on discontinued items.

Special Hours are: Thursday, July 8, 9 AM to 8 PM; Friday, July 9, 9 AM to 8 PM; Saturday, July 10, 9 AM to 5 PM; and Sunday, July 11, Noon to 4 PM.

**Thomasville Home Furnishings of Crystal Lake** is located in the Crystal Lake Plaza on Route 14 at Virginia Road near the Eagle Shopping Center.



## Glare-Not Window Tinters Provides Savings Year Round

Improve appearance with the elegant look of window film. Residential films are now backed by a manufacturer's lifetime warranty. Solar Gard, Sun Gard and 3M films come in a variety of densities from clear to blackout or neutral to reflective with a natural and beautiful look. Neutral films keep the same look of the trees, grass, and blue sky.

Window film rejects up to 98% of harmful ultra violet rays which is a major contributor to fading of furnishings, carpets, drapes, pictures, etc.

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Window film also increases safety with

pressure sensitive adhesive. The adhesive bonds the film to the glass helping to hold fragments in place if glass breakage were to occur by a golf ball, baseball, or burglar, making glass shatter resistant.

**Glare-Not Inc.** has provided savings and security for 10 years in Barrington, Long Grove and the north shore area. Remember all Solar Gard, Sun Gard and 3M films are backed by a manufacturer's lifetime residential warranty. Many locations are tinted by **Glare Not**, including: Brach's Candies in Chicago, Avon Corp. in Morton Grove, two Ace Hardware corporate offices, four Armcore banks, First National Bank of Chicago, plus 1,000's of homes. References are available upon request.

We look forward to saving you money!!!

For further details, please call (847) 382-8468 or (815) 363-8468. Or, call us at our Naperville division—630-415-1205.

## Good Shepherd Hospital Breaks Ground for New Health and Fitness Center



Good Shepherd Hospital recently broke ground for a new, innovative 68,000 square foot Health and Fitness Center in Barrington. Many community leaders and Good Shepherd Hospital staff attended the official Ground Breaking Ceremony held recently. Participating in the ceremony were (from left to right): Jameson Baxter, Chairperson, Good Shepherd Hospital Governing Council; Russell E. Feurer, Good Shepherd Chief Executive; Alan Iftiniuk, Vice President, Operations, Good Shepherd Hospital; Rozann Shackleton,

Staff Chaplain, Good Shepherd Religion and Health; Ronald Hamelberg, Barrington Village President; and Richard McDonough, MD, President, Good Shepherd Medical Staff.

The Center is based on a "medical model" and will offer prevention, wellness and rehabilitation services for Barrington residents and surrounding communities. The center, located at the corner of Barrington Road and Cornell Avenue in Barrington, is expected to open its doors to the public within 18 to 20 months.

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## Ela Festival of Arts Looking for Student Artists!

If you are currently in 6th through 12th grade, you may enter the 4th Annual Student Art Exhibit at the Ela Festival of Arts on September 11, 1999.

Prizes from \$25 to \$100 will be given in both the Middle School and High School categories. Artwork will be judged by professional artists and awards will be given

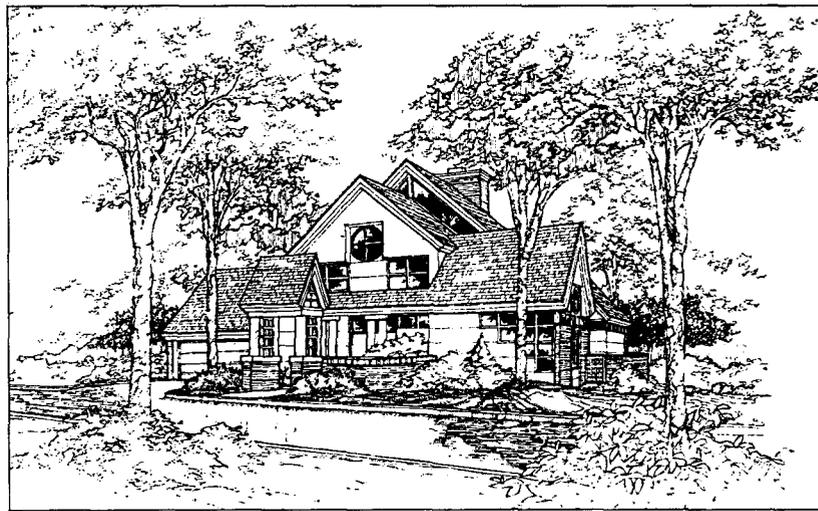
at the festival. There is a \$5 fee for Ela Township Students and a \$10 fee for out of district students. Registration forms and fees are due by July 15. Artwork may be dropped off at Cambridge Bank in Lake Zurich by August 15. Registration forms will be available at Ela Library or call Sue at 847-438-5028.

## Impressionist Painter Alan Wolton Featured at The Studio of Long Grove



Impressionist painter, Alan Wolton (right), a self-described man of the outdoors, discusses one of his original pieces with Tom Hilligoss, owner of The Studio of Long Grove. Wolton's works, from oil paintings of Grecian Islands to the mountains of North America, were recently featured at The Studio.

# BEAUTIFUL HOMES & GARDENS Special Seasonal Section



## Security and Beauty with Outdoor Lighting

A home's landscaping is, if done well, its crowning glory. Tastefully executed landscaping can make even the plainest house look appealing, just as poor landscaping can ruin the appearance of a mansion. Consequently, every year Americans spend millions of dollars installing, enhancing and maintaining both residential and commercial landscapes. The shame of it, though, is that every night when the sun dips below the horizon all of that expensive landscaping is virtually invisible for 10 or 12 hours.

Rudy Kruse, president of **CFC Nite Lites**, has set out to change that by installing landscape lighting which accents elements to which your eye is naturally drawn during the day—flowering trees,

artwork, building features and so forth, using a wide variety of techniques including uplighting, crosslighting, moonlighting and pathlighting.

"There are three main purposes for outdoor and landscape lighting," Kruse explains. "The lights offer added home security. They also offer safety around steps and other potential hazards. And, of course, there are the aesthetic considerations. In fact lighting actually makes a yard appear larger than it is and there is also the opportunity to light up special characteristics of the house itself like special brickwork, cornices and fireplaces."

Call **CFC Nite Lites** at 847/658-5469 for your free estimate.

## K.D.A. Kitchen Distributors of America "for the Heart of Your Home"



K.D.A., 7107 Pingree Rd., Crystal Lake, can open up a whole new world of beauty and convenience for your new kitchen with Merillat cabinetry. Your kitchen is the heart of your home and everything you put in it should reflect warmth and timeless quality. That's just what you'll get with Merillat cabinets

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Beautiful, meticulous construction; easy care features and plenty of storage space make Merillat a perfect fit with your life style. When it's time to remodel or build your new kitchen, choose the quality cabinetry of Merillat from K.D.A., (815) 477-4800.

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- See your way safely by lighting walkways, pathways, steps, and driveways.



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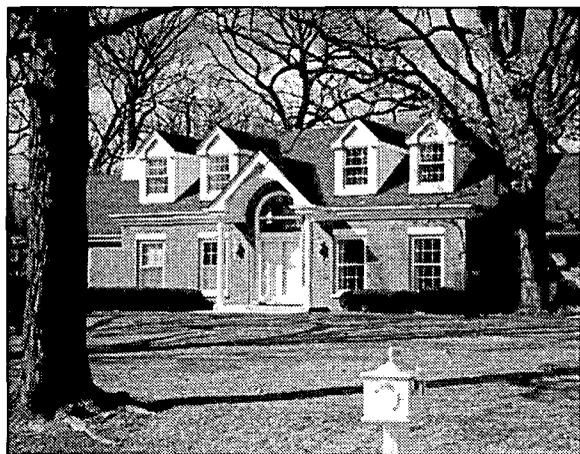
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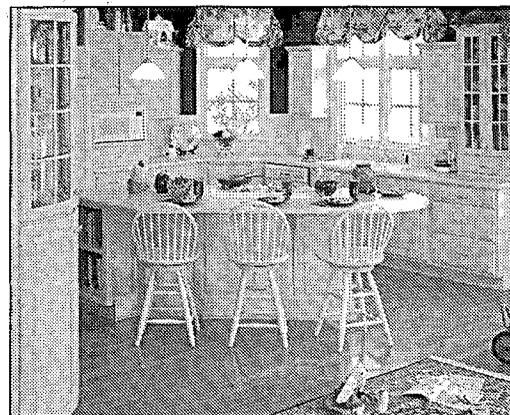
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## Ask Our Designer...

*I am remodeling my kitchen and am overwhelmed by all of the materials available for countertops. Can you tell me some of the pros and cons of some of the most popular choices?*

There are many different types of materials that are used for countertops today. The most familiar is *Laminate*. Plastic laminate is durable, colorful and moderately priced. There are many colors and patterns on the market. Wood or Corian edging can also be applied to give it a custom look. Backsplashes can be set on coved for easy maintenance. Although very affordable, laminate countertops do have their disadvantages. They may have slightly visible seams and they are not easily repairable if stained, scratched or chipped.

*Solid Surface* countertops are made from thick sheets of either acrylic or polyester plastic. When fabricated properly, seams are nearly impossible to see, giving flexibility in total customization with different borders, edge strips and inlays, along with many integrated bowl sink options.

Aside from the design possibilities, there are also practical reasons to choose solid surface. Most solid surface is not porous and will not hold a stain. Any marks left by such things as ink, wine, etc. can easily be removed with an abrasive pad or cleaner. Although it is more expensive than laminate, it is an attractive and prac-

tical material for both kitchen and bath.

Countertops can also be made from *Granite*. Most of them are polished to a high gloss to show off the beauty of the natural stone. Most granites are impervious to scratches, staining and cracking. Because it is a natural material, no two granites are the same, so it is recommended that you choose the actual material at the supplier.

Another material that is becoming more popular these days is *Wood Butcher Block*. It brings warmth and elegance to a kitchen. It is ideal for those who do a lot of slicing and chopping. It is generally made from hard maple or beech. With proper care, wood tops last a lifetime. Periodic rubdowns with mineral oil to preserve the luster will keep it looking beautiful, while scratches and nicks add character to the wood.

There are many more materials that can be used for countertops, such as stainless steel, ceramic tile, Kirkstone (a natural stone product imported from England) or even cement. Choosing the one that is best for you depends on budget, design and lifestyle. You may even decide to take a few of these options and combine them within your space. The experts at **Barrington Kitchen & Bath Studio** can help you find what suits your needs best in cabinets, fixtures and countertops. Visit our showroom at 319 W. Northwest Highway in Barrington and see for yourself.

## "It's Time"—Let Us Create What You Have Been Dreaming About



Welcome to the endless possibilities available to you—the homeowner. Now you can create beautiful and functional extensions of your home by using brick, natural stone, or concrete modular wall units.

Your creation begins with an initial, on-site inspection and measurement of the work area. Our designer will show you pictures, listen to your ideas, answer any questions and offer any additional suggestions. The measurements are then used to compose a scale drawing which is presented to you along with a written proposal.

**Burke Landscaping** considers their work a craft and takes pride in every job no matter what size. To ensure your work will stand the test of time, we back it up with a *5 year guarantee*.

Our company is a fully insured and experienced **Hardscape** contractor, with 13 years experience specializing in interlocking brick pavers, custom stone work and many forms of retaining walls.

The next step is yours! Call us today at **847-381-6267** or **847-639-6258** to schedule your free estimate and consultation, or visit our website.

## The Tents Are Up at Haeger!

**Haeger Potteries** in Dundee is holding their Annual Tent Sale now through August 1. It's the biggest and best sale of the millennium. Join in the festivities. Tent sale hours are 10 AM to 6 PM, seven days a week. It's the 28th year of the tent sale, an 18,000 square foot sale that attracts visitors from near and far.

Come and see the largest variety of ceramic accessories in the Chicagoland area at a savings of **20% to 80% OFF** of **Haeger's** everyday low factory prices. Sculptures, classic vases, urns, planters, jar-diniere, candlesticks, bowls, pitchers, candlelights and more, while quantities last.

Inside the factory outlet showroom,

come browse our silk and dried floral arrangements, ready-made or customized to enhance your home or office. Shop in **Haeger's** salesroom which offers red clay pots and stoneware and also live tropical plants. Shop the Royal Haeger Gallery and market value department offering first quality accessories at low factory prices.

Although the pottery is mass produced from molds, human hands still touch each pot, vase or figure between 800 and 1,000 times. Every piece is hand glazed and finished. Today, the factory produces between 7,000 to 10,000 pieces daily. **Haeger** quality has been accepted worldwide as the standard by which other pottery is judged.

## Barrington Newcomers Fill Summer Days

Make the summer of 1999 an active and social one with Barrington Newcomers.

Current members and those residents new to the area are invited to take part in the many activities that will continue through the summer months. Meet new friends and get to know Barrington a little

better through Destination Dinners, Bunko, Moms and Tots, golf, men's poker and Treasure Hunters.

The monthly club programs resume in September but don't let the summer slip by! For membership information, please call 277-0914.

## "Moments to Remember" Luncheon

A "Moments to Remember" luncheon featuring Prom fashions from past and present will be presented on July 15 at the Concorde Banquets on Rand Road north of Quentin Road in Kildeer from noon to 2 PM.

A local teenager will provide musical entertainment and our speaker will be

Rhonda Weaver who will talk about her "Case of Mistaken Identity" as she traded in a briefcase for a diaper bag.

The cost is \$10 inclusive and free babysitting is available. Call 847-382-1202 to make reservations. The luncheon is sponsored by the Northwest Suburban Christian Women's Club.

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# Haeger Potteries ANNUAL TENT SALE

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# Rugport Summer Clearance Sale

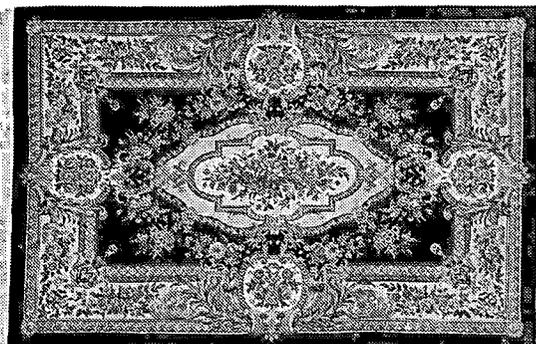
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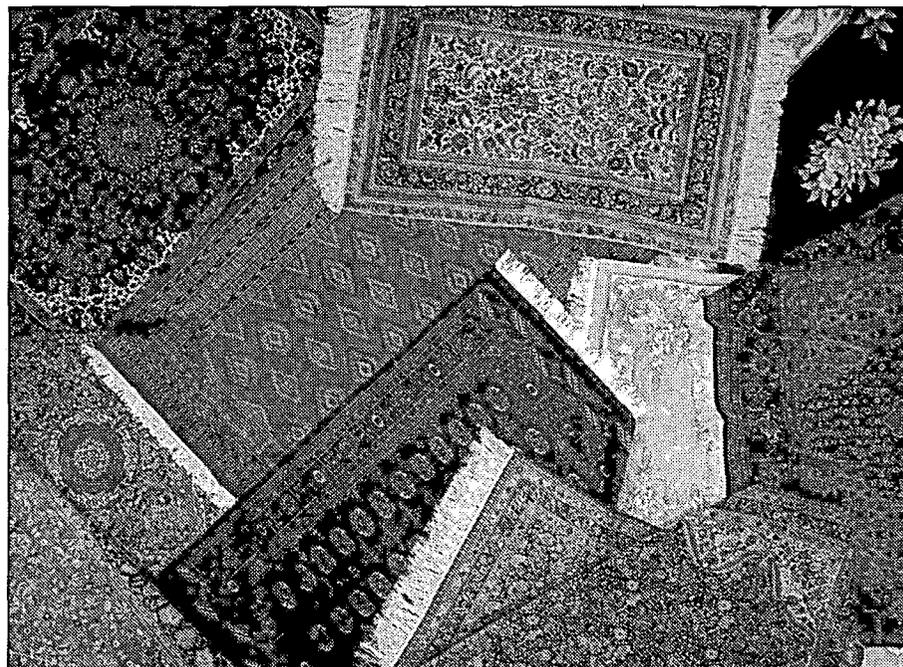


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## Summer Clearance Sale at Rugport!



**Rugport** is having their **Summer Clearance Sale** on all of the quality rugs in their over \$10 million inventory. The selection is huge on silk and wool handmade oriental rugs from small round or square rugs to luxurious estate and palace-sized rugs. During the sale, retail prices are reduced by **75%**.

**Rugport** is able to offer low prices on quality handmade Oriental rugs because **Rugport** is a direct importer and sells retail and wholesale. Compare our price, selection and quality on fine Persian rugs which include Tabriz, Heriz, Serapi, Isfahan, Nain, Kashan, Sarouk, Mashad, Qum and many more. **Rugport** is a fam-

ily-oriented business which prides itself on being professionals in the art of hand made rugs.

The owner representatives at **Rugport** will be happy to provide a **FREE** appraisal of your oriental rug. **Rugport** provides full service and care for Oriental rugs, including cleaning, restoration, buying old and antique rugs, and appraisal. Handmade rugs last for years, so **Rugport** provides long-term customer satisfaction.

**Rugport** is located in Palatine on Hwy. 14 in the Shepherd Plaza building and now in Oakbrook Terrace on 22nd Street. There is plenty of free parking. Visit soon! *Seeing is believing!*



the study. Almost 20% of the youth in the study expressed a preference for games with a general entertainment theme, while another 17% preferred games that involved human violence.

Interestingly, fewer than 2% of the students said that they preferred games with educational content.

While children do not spend near the amount of time with video games that they do with television, the time spent is not insignificant. Funk's study estimates that 65% of boys spend between one and six hours per week playing video games at home with 38% of boys playing video games in arcades for one to two hours each week. Meanwhile, 57% of girls play video games between one and six hours per week at home, while only about 16% of the girls surveyed play video games in arcades. Compare these figures to time spent watching television; the average 6th grader watches 4.7 hours of television each day.

What impact do these games have on children? While the research is fairly limited in this area, a study done by the National Coalition on Television Violence (NCTV) found that there is at least a short-term relationship between playing video games that are violent in nature and in-

creased levels of aggressive behavior. Researchers also point toward studies that look at violent television's effect on young children. Television violence research indicates that there is an increase of between 3% and 15% in an individual's aggressive behavior after being exposed to violence on television. Some experts believe that video games are actually more harmful, because the child is actually more involved in the violent act than they are when they are watching television.

Concerned parents may be interested in knowing that the National Coalition on Television Violence is working toward implementing a violence rating system for the video game industry not unlike the one in place for television. These ratings include XUnfit and XV (very violent) as well as PG and G ratings. In an effort to police itself, video game manufacturer Sega has developed its own system including: general, mature and adult ratings.

If you are concerned, talk with your children about the video games that they are playing. Take time to watch the games so that you know what they are all about. You may also want to consider putting time limitations in place for your children so that they are not spending all of their time in front of a screen.

## Video Games and Violence in Children

Maybe you remember playing Frogger or Pac Man in an arcade as you were growing up. If that was your last experience with video games, you may be surprised by the attention video games are receiving due to the violent content of many. The popularity of video games waned in the early 1980's, but now, thanks in part to the increased sophistication of the games and the technology that runs them, video games are now more popular than ever. While arcades are still a segment of the video game market, these games are found increasingly in the homes of children. Because of the shift in availability and content, many parents are concerned about the impact they are having on their

children.

Because video games are a relatively new phenomena, there has not been extensive research done into what makes these games attractive to children or what impact they have on them. One recent study by J.B. Funk showed what it was that 7th and 8th graders were looking for in a video game. These young people were asked what their preference was among five categories of video games. The most preferred categories were games that involved fantasy violence. Games featuring this type of violence were preferred by almost 32% of those in the study, while sports games that involved some violence were preferred by about 29% of those in

## Time to Repaint? How About Residing!



Bill Schafer—President



Joe Schafer—Vice President

Is it time for the exterior of your home to be repainted again? In our ever busy life, who has the time to repaint the house every few years?

At **Schafer Builders Inc.**, we can make your life easier. Free up your time by installing maintenance-free siding and let us give the exterior of your home a much-needed facelift.

The demand for low maintenance products for the home is on the rise. With all the hassles everyday living brings, the less time and money you have to spend on basic maintenance and upkeep of your home, the better! Vinyl or aluminum siding may be just the right choice for you.

The quality and durability of maintenance-free siding is exceptionally hard to beat. Vinyl and aluminum siding comes in a variety of colors and there is sure to be

one to suit your taste. You'll be adding beauty to your home, increasing curb appeal, and best of all, you'll gain extra time that would have been spent maintaining your home.

Wrapping existing soffits, fascia, windows, door and window trim will give your home a truly maintenance-free exterior. The trim can be wrapped in a color to complement the siding and make your house the best looking one on the block. Best of all, you don't have to worry about painting ever again.

Call us now and set up an appointment for a free consultation at **815-459-1333** or **1-800-564-1339**. Or stop by our award winning office in downtown Crystal Lake at 43 E. Crystal Lake Avenue. Check us out any time at our web site at <http://www.schaferbuilders.com>.

## Pools & Spas, Inc. is Celebrating 33 Years in the Pool and Spa Business

### Pool and Spa Renovation is Our Specialty!

Elmer Eilrich, along with his wife, Frances, founded Eilrich Pool Const., Inc., in September, 1966.

Kurt was just arriving home from the Navy and Monty only had two more years of school left. Marc, the eldest son of Elmer and Frances was already working construction and Calvin, the youngest wanted to work part time.

Elmer and Frances had retired from 30 years in the well-drilling business several years earlier and wanted to help their sons start up a business of their own.

In 1976 Kurt & Monty were the only two left in this family venture. The business was moved from York Rd. in Bensenville to its present location on Irving Park Rd. The name was also changed at that time to Eilrich Bros. Pools, Ltd.

In 1988, we opened our second location in Palatine, IL. At that time we changed our name to include one important item—SPAS!

Many changes occurred during the years. Remodeling, expanding etc.

Many employees have come and gone. Several have stayed forever. Several were "born" into the business.

Customers old and new have become close friends. Many customers have continued our business relationship since our first year—1966! Now that's a real blessing!

Sales reps have remained loyal. Their help providing quality products has been a real asset.

We would like to take this opportunity to thank all of you.

Mom & Dad, for your insight into the future. THANK YOU!

And last but not least. THANK YOU TO

ALL OF OUR CUSTOMERS for over 30 years of your trust and loyalty.

It takes all aspects pulled together to make a successful business. It takes hard work, dependable employees, dedicated sales reps and loyal customers. Once again—THANK YOU!

We are looking forward to a long hot summer in 1999.

Sincerely,

Kurt, Mary, Monty & Sherry Eilrich

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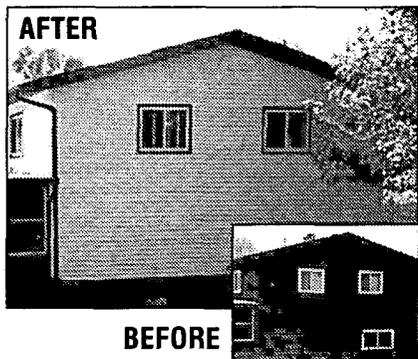
Our in-store service includes Polaris, Letro and Baracuda brand automatic pool cleaner tune-ups. Pump seal replacement is also available.

Our store also includes our Spa Showroom and a complete line of chemicals including chlorine, Bromine and Baquacil. You'll find everything from toys to vacuum equipment. And our store also has a parts department.

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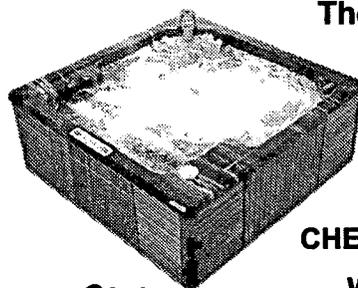
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## San Diego Wild Animal Park: A Wild Safari Adventure

A visit to the 2,200-acre San Diego Wild Animal Park is like an expedition to some of the world's most exotic places without ever leaving North America. Varieties of Asian and African animals roam together in herds and flocks in vast expanses similar to their native habitats.

The Wild Animal Park is located in the San Pasqual Valley, 30 miles north of its downtown sister facility, the world-famous San Diego Zoo. More than 3,200 birds and mammals representing 400 species—including the largest group of rhinoceroses in any zoo, Przewalski's wild horses and pygmy chimpanzees—live at this animal preserve where enclosures are measured in acres rather than feet. Opened in May 1972, the Wild Animal Park remains, as dubbed at its birth, "the zoo of the future."

Embarking from Simba Station in Nairobi Village is the Wgasa Bush Line Railway, which offers the grandest views of rare African and Asian wildlife outside of their native homelands. Inspired by the legendary safari trains of Africa, the Wgasa Bush Line travels past herds of elephants; zebras; giraffes; a troop of lowland gorillas; a pride of lions; crashes of Indian and Southern White Rhinoceroses; flocks of ostriches; and hundreds of other exotic creatures.

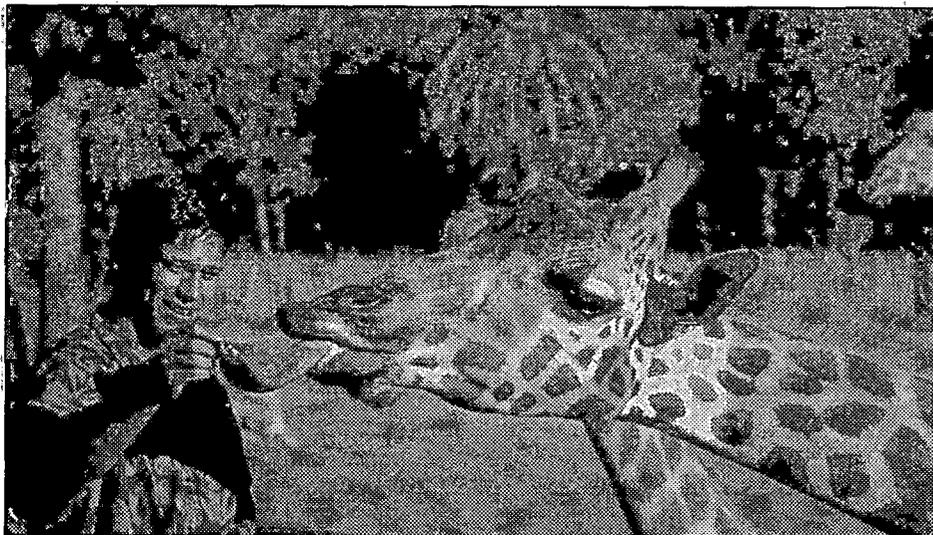
The Heart of Africa is the largest and most diverse walking safari experience in the western hemisphere. This 32-acre journey takes guests through dense for-

ests, flourishing wetlands, sprawling savannas and open plains to discover hundreds of mammals and birds, representing more than 30 species, all in natural settings. A research station is located at its center, which offers interactive opportunities for guests, including personal encounters with animals. Species within the Heart of Africa include rare okapis, cheetahs, warthogs, hornbills, colobus monkeys, flamingos, giant eland, wattled cranes and Kori bustards. And one of many highlights is the unique opportunity to hand-feed giraffes.

In the summer season, as daylight dwindles to darkness, an evening full of exotic adventure awaits guests at the Wild Animal Park. During Park at Dark, the night air comes alive with rhythms, colors and culture from around the globe including performances by the energetic *Mystique D'Afrique*, a West African drum and dance ensemble, and *Tinku*, a musical group from South America. Sunset and nighttime Wgasa Bush Line Railway safaris offer travelers the chance to glimpse the secret, nocturnal world of animals.

During August only, Sunrise Safari allows guests to explore the Heart of Africa beginning at 7:30 AM. Guests may stroll along peaceful pathways as the animals consume their morning chow and keepers prepare the area for the day.

There are few adventures so thrilling as an overnight stay in a primitive habitat, such as tent-camping on the edge of East



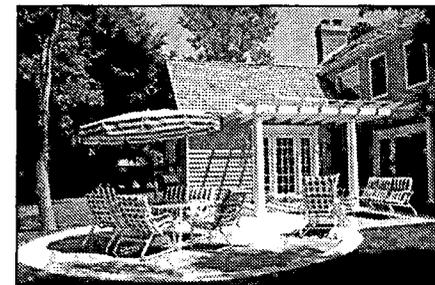
A guest feeds giraffes at Heart of Africa San Diego Wild Animal Park.

## Before You Landscape... Master Plan

As Landscape Architects, we stress the value of creating a Master Plan for your property prior to commencing any landscape project. Regardless of the size of your project, a Master Plan permits your landscape budget to be appropriately invested. Once completed, your investment will result in a professionally designed and installed plan.

Master planning is simply defined as the areas of a yard that require the most attention and which display solutions to specific problems. Future plans such as pools, ponds, additions to a home and other amenities are addressed and carefully "planned." Once we incorporate hardscapes, garden beds, garden features, etc. then a budget plan can be created.

The homeowner will then be able to utilize their plan for years in the future,



installing each segment of the plan as it relates to their budget and use of space.

To learn more about Master Planning and our firm, **Bonner Codd Associates**, please contact principals Cheryl Ferguson and John C. Cazzetta, Landscape Architect, at 847-382-4838. We look forward to hearing from you.

## Senior Activity and Lunch Program

Please join us at Langendorf Park for the following activities in July:

*Monday, July 12 and 19, "Moments and Memories"*—The Paper Quilt Project is nearing completion. New projects will begin shortly and seniors are invited to discuss ideas and further explore the many ways to express their interest and

life experiences through the arts. Whether you prefer paint brush or glue brush, join us to explore your creative possibilities!

*Monday, July 26, "Bird's Eye View of Barrington"*—Please join us for a bird's eye tour of Barrington provided by the Barrington Area Historical Society. July birthdays will also be celebrated.



Roar & Snore Camp-Over San Diego Wild Animal Park

Africa. Roar & Snore Camp-Overs offer such an opportunity where guests camp in one of the world's most spectacular animal preserves, surrounded by the sights and sounds of animals traversing their African habitat at night.

Each Friday and Saturday night (and select Sundays) from April to October, Roar & Snore campers enjoy dusk and dawn discovery hikes, up-close animal encounters, *al fresco* dining, a roaring campfire, storytelling, late-night lantern adventures and the incredible sights and sounds of exotic African wildlife. Tents, lamps, meals—everything but sleeping bags and teddy bears are provided in the program package.

In the Wild Animal Park's Nairobi Village, guests can experience Mombasa Lagoon, which encompasses five fun-filled acres and more than a dozen intriguing interactive elements. Nairobi Village is also home to the Animal Care Center, where orphaned and sick young animals receive care from surrogate human mothers; a Petting Kraal; Lorikeet

Landing, where guests may feed colorful Australian birds; the Hidden Jungle, a Neotropical greenhouse that is home to exotic birds and butterflies; and numerous other animal exhibits. Food services, gift shops, animal presentations, a North American animal show, an elephant show and a bird show are all included in Africa-inspired Nairobi Village.

Other seasonal activities include the Annual Mum Festival in the fall and the Festival of Lights during December. The Wild Animal Park also offers a variety of behind-the-scenes tours and Photo Caravan safaris throughout the year.

For more information, visit the Wild Animal Park's web site at [www.sandiegozoo.org](http://www.sandiegozoo.org) or call 760-747-8702.

The San Diego Wild Animal Park is operated by the not-for profit Zoological Society of San Diego. The Zoological Society, dedicated to the conservation of endangered species and their habitats, also manages the world-famous San Diego Zoo and the Center for Reproduction of Endangered Species (CRES).

## Getting to "Wow!"

"Wow! Every time we walk into the kitchen, it takes our breath away!"

"...the crown jewel of my home."

"I can't believe I'm living in something this beautiful."

"Thank you for our fabulous new kitchen... We love what you've done for our lives."

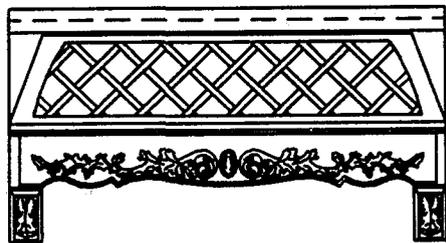
At **McCauley Design**, we change the way people live by transforming old, out-of-date kitchens, libraries, family rooms and home offices into beautiful, state-of-the-art living spaces that express our clients' unique personalities and the unique character of their homes.

When we design a kitchen, our focus is on the joy of cooking. When we create a home theater, we are creating a setting for art. When we go to work on a library, we are giving our clients a place to think, relax and produce. Only by focusing on how our clients live can we consistently produce designs that inspire comments like, "We love what you've done for our lives."

### Details Make the Difference

No two **McCauley Design** kitchens are ever alike. It is our attention to detail that makes the difference between an ordinary kitchen and a **McCauley Design** kitchen.

Each **McCauley Design** kitchen is meticulously crafted out of unique pieces of furniture which we design after exhaustive consultation with our clients. Whether your home is Georgian, Colonial, French Chateau, Prairie School, Eclectic or any



Unique details like this hood, specially designed for a North Barrington home, make the difference between an ordinary kitchen and a kitchen by **McCauley Design**."

other style, our designers have the background and experience to fit the kitchen to your home.

Having produced hundreds of kitchens at the highest standards, **McCauley Design** knows how to use elements that bring a sense of richness to your project. We provide special moldings, valances, corbels and other details that speak of history and unique craftsmanship.

That's why we can say with confidence, "You'll love what we do for your life!"

### Come See Us

**McCauley Design** is located in Barrington Village at 220 South Cook Street one block east of Hough Street (Barrington Road) and two blocks south of Main Street (Lake Cook Road). We're open Monday through Friday from 10 AM to 5 PM, and Saturday from 10 AM to 3 PM. Or call for further information or an appointment at **381-2742**.

## Time to Clean Out Your Closet— We Mean Really Clean It Out!

Use your imagination for a moment. Imagine the closets in your home. What do you see in your mind's eye? Neatly stored clothes, shoes, hats, purses and other valuable items? Or, do you see clutter and disarray?

If you're like most people, you probably have the traditional shelf-and-rod closet with shoes and boxes on the floor and lots of wasted space. Or, a wire system that looks a bit like the inside of a refrigerator and leaves grid marks on folded clothes.

**Closet Masters** invites you to look at closets in a new way. To begin with, think of your closets as an investment. When you consider how much each square foot of your house costs, you'll realize your closet space is as valuable as your living space.

**Closet Masters** believes that you should enhance the investment in your home by making each closet work harder

for you.

By tailoring **Closet Masters** custom designed closet and storage components to your home, **Closet Masters** can increase the investment value of your existing closets and storage spaces) while virtually doubling their usable space.

We've spoken about enhancing your home investment. Studies have shown that when you sell your house you can expect to get back 90 to 100 percent of the money you spent on the closet systems and built-in storage. Houses with professionally installed closet and storage systems sell faster than those without them.

Let your imagination be your guide as to where you can best use **Closet Masters'** custom-designed closet and storage systems.

So c'mon... clean out your closets... really clean 'em out!!!

**Closet Masters. Your Local Closet Professionals.**

## Free Summer Concerts in Long Grove

Mangel and Company along with Long Grove Confectionery Company will be sponsoring Free Summer Concerts at Fountain Square in Long Grove.

This is the third year that these companies have provided wonderful family entertainment at no charge. This eight week series includes: Acapella Rock, Broadway, Big Band, a Tribute to John Denver, Steel Drums, Dixieland, Pop and Hawaiian Dancers. The concerts are every

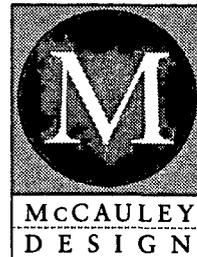
Thursday night starting July 1 from 7:30 to 9:00 PM.

Seasons of Long Grove Patio will be open for your dining pleasure; Farmside Country Store will have wine and cheese baskets; and many other stores in Long Grove will be open until 7:30 PM. The Long Grove Apple Haus will stay open through the concerts to satisfy your appetite with cold apple cider, homemade ice cream and Uncle Johnny's Apple Pie.



Each and every **McCauley Design** project is individually created to reflect the unique architectural character of its surroundings and the unique personalities of its owners. No two projects are ever the same.

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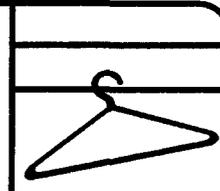
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## BYDE Participates in "Youth in Action" Outreach; Helps to Raise \$15,000

As part of its community outreach initiative, the Barrington Youth Dance Ensemble (BYDE) recently joined hundreds of other Chicago-area dancers involved with "Youth in Action," a benefit that raised over \$15,000 for Chicago Dancers United, a not-for-profit organization that assists persons living with HIV/AIDS.

Performing a rousing cancan from the ballet *Gaite Parisienne* were BYDE dancers: Barbara Mitten, Maggie Mitten, Emily Newman, Megan Doherty, Whitney Schwartz, Stephanie Schwartz, Genna

Sears and Christie Schmidt, Barrington; Katelyn Lentz, Kildeer; Jennifer LaMantia and Kate Schoell, Arlington Heights; Ashley Watson, Deer Park; Tricia Parris, Inverness; and Rosey LaVine, Round Lake.

The Barrington Youth Dance Ensemble is a not-for-profit organization that was formed in 1989. BYDE dancers take part in a rigorous dance training program, perform for the public in annual productions, including the BYDE *Nutcracker*, and also participate in BYDE community outreach programs.

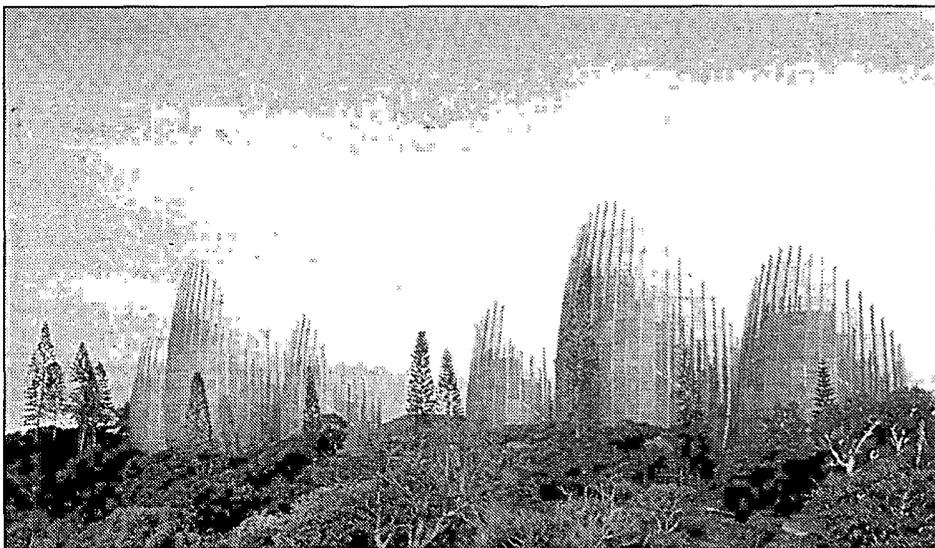
# THE Pritzker

## ARCHITECTURE PRIZE 1979-1999

The achievements of some of the world's greatest contemporary architects is the focus of an exhibition now open at The Art Institute of Chicago. On view in the Kisho Kurokawa Gallery of Architecture (G. 227) through September 26, *The Pritzker Architecture Prize 1979-1999* is both a survey and a celebration of what has come to be considered the world's most highly regarded architecture award—often described as the "Nobel of architecture" because of its importance, method of jury selection and monetary gift.

The annual prize was established in

1979 by Chicago's Pritzker family—owners of the well-known Hyatt Hotel chain—to honor "a living architect of talent, vision and commitment who has produced consistent and significant contributions to humanity and the built environment through the art of architecture." Over the past 20 years, outstanding international architects have been recipients. Without a doubt, their work represents some of the finest contemporary architecture to be found throughout the world. This exhibition represents the first time that original works of all the Pritzker Prize winners



**Renzo Piano, Italian (1988 prize). Building: Jean-Marie Tjibaou Cultural Center. Location: Noumea, New Caledonia. Date: 1991-96. Photograph by J. Gollings.**

## Local Architects Specialize in Remodeling

Are you confused about how to get more space from your present home? Are you wondering how much this will cost?

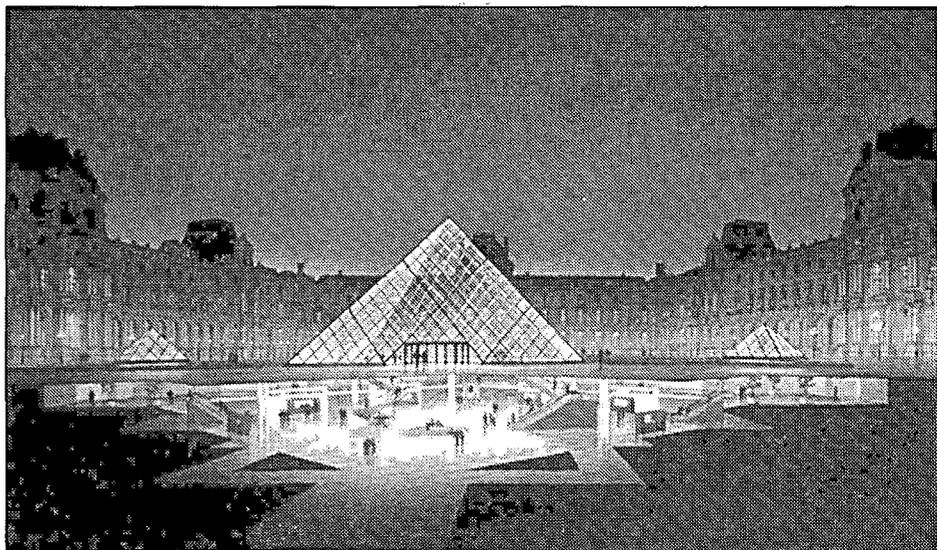
"When a client calls us to look at remodeling their home, they generally have two questions. How can we get more space, and how much will it cost?" says John C. Cazzetta, President of **Kemper Cazzetta, Ltd.** an architectural firm in Barrington that specializes in residential design. "We can uniquely answer those questions because of our combined experience in design and construction."

Mr. Cazzetta also owns "BonnerCodd Associates," a construction management firm. "Because we construction manage approximately 40% of our design work, we are familiar with the cost drivers of remodeling. Therefore, we are able to estimate the cost of a project before we begin designing." The firm also prides itself in "context architecture." "We strive to



complement the existing structure as we incorporate the new space. The finished project should feel as if the new work was part of the original design."

If you are thinking of revising your home, please call principals Cheryl Ferguson and John C. Cazzetta at **Kemper Cazzetta, Ltd.** for a free consultation at **847-382-8322**. They will be happy to talk to you about developing the full potential of your home.



**Ieoh Ming Pei, American (1983 prize). Building: Grand Louvre. Location: Paris, France. Date: 1983-93. Rendered section through Hall Napoleon. Renderer: Lee Dunnett.**

have been brought together for a showing in a museum setting.

With a lively range of architectural drawings, models, photographs, and plans, *The Pritzker Architecture Prize 1979-1999* examines the work of the 22 laureates—the prize was shared by two architects in 1988—beginning with Philip Johnson in 1979, followed by, among others: James Stirling, Hans Hollein, Richard Meier, Kenzo Tange, Frank Gehry, Robert Venturi, and the recently named 1999 honoree, Norman Foster.

While the prize is awarded for an architect's entire body of built work, the exhibition represents each honoree with a single essential project examined in detail. Many of these are already icons of mid/late 20th century design: The Glass House (1947-1949) by Johnson; Lever House (1947-1952) by Gordon Bunschaft of Skidmore Owings & Merrill; and Kevin Roche's Ford Foundation headquarters (1963-1968). Other projects reflect very recent work, as in the case of the 1991-1998 Tjibaou Cultural Center in Noumea, New Caledonia, by Renzo Piano; or the Mielparque Nikko Kirifuri Resort in Japan (1992-1997), the project selected by Rob-

ert Venturi. Another, Frank Gehry's Guggenheim Museum Bilbao (1992-1997), fits both categories.

Seen together, the works illustrate different approaches to the built environment, and the documents exhibited alongside them show the various tools that the architects used in developing their projects from preliminary sketches to computer models. By viewing their buildings together, it is possible to compare and contrast the work of individual winners and to better understand the scope of the Pritzker Architecture Prize.

The Art Institute is presenting two gallery talks on the exhibition, both given by Jane Clarke, Associate Director for Special Projects in the Department of Museum Education. The lectures will take place at 12:15 PM in the exhibition space, Gallery 227 on Tuesday, July 13 and Wednesday, September 15.

*The Pritzker Architecture Prize 1979-1999* is organized by The Art Institute of Chicago and curated by Martha Thorne, Art Institute Associate Curator of Architecture. *The Pritzker Architecture Prize 1979-1999* is also made possible by The Hyatt Foundation.

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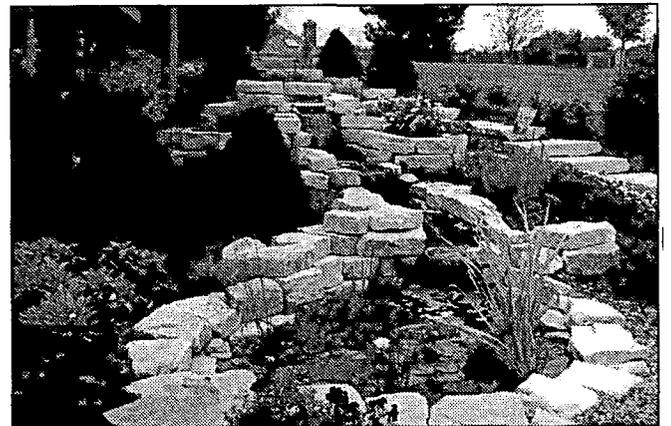
Tom's is convinced that a landscape that is well designed and pleasing to the customer's eye is a result of a careful evaluation of customer needs. Brian Schmidt, Vice President of Landscape Sales at Tom's, says, "Any knowledgeable and experienced landscape architect will

be aware of the many factors involved in the landscaping process such as the customer's preferences, materials used to meet those preferences, desired entertainment areas, pedestrian and vehicular traffic flow, service areas, existing natural and man-made conditions, overall unity, repetition and balance of the design."

You can be assured that Tom's Phase II Landscaping doesn't resort to "cookie cutter" designs for landscapes. Tom's provides their customers with a custom design that is tailored for each customer's specific needs and desires. Tom's creates truly inviting landscapes that include a variety of attractive patio, sidewalk and driveway designs using Paveloc Brick Pavers. The combination of well defined

plant beds and lawn areas with Brick Pavers has augmented Tom's creativity, enabling them to create outdoor scenes that are incredibly comfortable and relaxing on one hand and truly beautiful and artistic on the other. Paveloc Brick Pavers, used in contemporary, traditional or country designs, dramatically enhance the atmosphere of any home's exterior.

So, if you want to create your own perfect setting, then call the professionals at Tom's Phase II Landscaping. They pro-



vide complete landscaping service from landscape designs and installations to year-round maintenance. Let them help you make a change to your surroundings.

## Summer's Here!

Summer's here and it's time for fun in the sun. Whether it's a trip to the beach, barbecuing, gardening, golfing or just relaxing—it's your time to enjoy. Don't worry about the housework; leave that to **The Maids**.

And, if there's an impromptu social gathering at your house, or unexpected guests drop by, it's not a problem when **The Maids** are regularly scheduled at your home.

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home according to **The Maids'** exclusive 22-point Healthy Touch System.

We supply all of the necessary equipment to clean your beautiful and cherished home to its sparkling best. This includes using a multi-filtered, micro filtration backpack vacuum and environmentally preferable cleaning products. Plus, our team members are insured and bonded and all employment taxes are paid.

So, when the cool summer mornings and blue skies are beckoning you outside and the last thing you want to do is spend your time scrubbing the kitchen floor, call **The Maids** at 847-368-1250. You'll be glad you did!

## BACOA Summer Golf Classic

The Barrington Area Council on Aging, Inc. (BACOA) is hosting a Summer Golf Outing on Monday, August 16 at the Lake Barrington Shores Golf Club. Tee-off time is 2 PM.

Participation levels will be: Council Team Sponsor which includes hole sponsorship and a foursome; Council Team Sponsor of foursome only; Hole Sponsor only; and Single Golfer. Men's, women's and mixed foursomes will be playing.

All hole sponsors will be acknowledged in our pre- and post-event publicity, as well as having a sign to identify your hole on the day of the event.

Come and enjoy a delightful afternoon of golfing fun, good food and great prizes while supporting the valuable services which BACOA provides to the Barrington area.

Call BACOA at 381-5030 for more information or to make your reservation.

## BHS After Prom Market Day

Help support BHS After Prom on May 20, 2000 by purchasing goods at Market Day this summer.

Market Day goods will be available July 9 and August 6. Pickup will be at the Sta-

tion Middle School Campus between 2 and 3 PM. For more information, call Terry Hein at 426-5707 or Pam Land at 428-8505. Order your Market Day on-line at [www.marketday.com](http://www.marketday.com).



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| 7. Dust Sills & Ledges                        | 18. Damp Wipe Cabinet Doors           |
| 8. Dust Wall Hangings                         | 19. Clean Outside of Appliances       |
| 9. Pick Up & Straighten                       | 20. Load Dishwasher                   |
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**NEW LISTING**

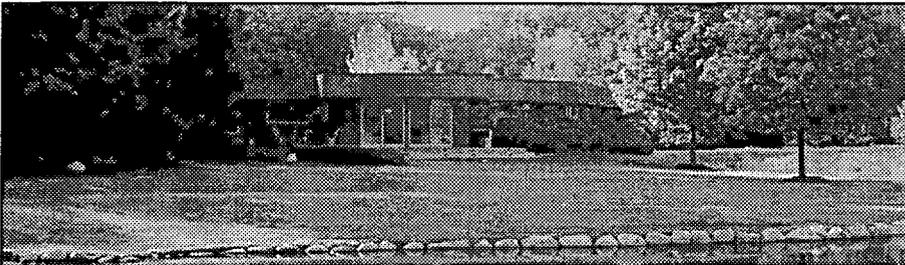


### BARRINGTON-FOX POINT WATERFRONT

It's more than a home, it's a total lifestyle. Swim, fish, canoe, ice skate & sled right from your own back door. Pretty as a picture, this totally renovated home is a buyer's delight. New oak kitchen, hardwood floors throughout, 4 spacious bedrooms, 2½ updated baths, all freshly decorated & ready to move right into. Family room with brick fireplace opens to private patio & water views. Walk to school K-8. A bit of paradise all in much sought-after Fox Point. Prime Location!

Ask for Tom or Joanne Mitchell

**\$459,000**



### NORTH BARRINGTON WATERFRONT

Contemporary flair sets the stage on 5 private acres amidst towering oaks, velvety lawns & large stocked pond. Spacious & comfortable Ranch home, 4 bedrooms, 3.1 baths, 36x29 living room with large windows & cozy fireplace. Watch the seasons unfold in this sun room featuring walls of glass. Spectacular views from every window. This sprawling home has large rooms & windows emphasizing the scope of the great outdoor scenery. For the discriminating buyer.

Ask for Tom or Joanne Mitchell

**\$599,000**



### BARRINGTON-JEWEL PARK

Love a gracious wooded setting with babbling brook? This beautiful lot in Jewel Park will line up to your expectations. 9 years new with 3 year old luxurious master bedroom & bath suite addition. 4 more spacious bedrooms & 2 more full baths (1 with whirlpool) enhance the 2nd floor. Open kitchen, eating area & family room will host mealtimes to homework. The family room whispers relax, while french doors open to spacious sunroom all with private views.

Ask for Tom or Joanne Mitchell

**\$649,000**

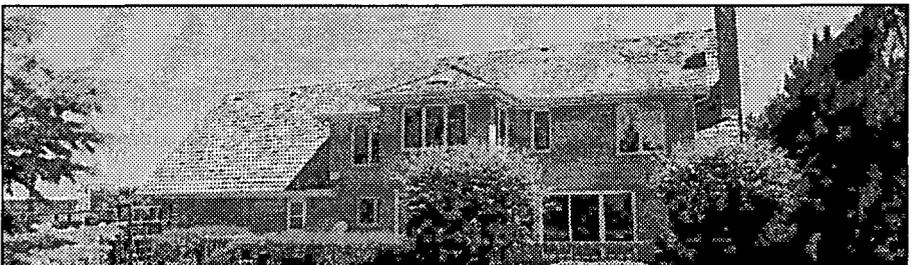


### BARRINGTON-VILLAGE

Rekindling an earlier era, this home is aglow with warmth & respectability. The perfect blend of past & present joined together on a large lot in the much sought after Historical District of the Village. Beautiful new natural cherry kitchen with vaulted ceiling, hrdwd flrs & top-of-the-line appliances. 3 bedrooms, computer rm & full BA occupy the 2nd floor. 1st floor offers study, FR, LR & 2nd full BA. A special place to make your own memories.

Ask for Tom or Joanne Mitchell

**\$349,000**

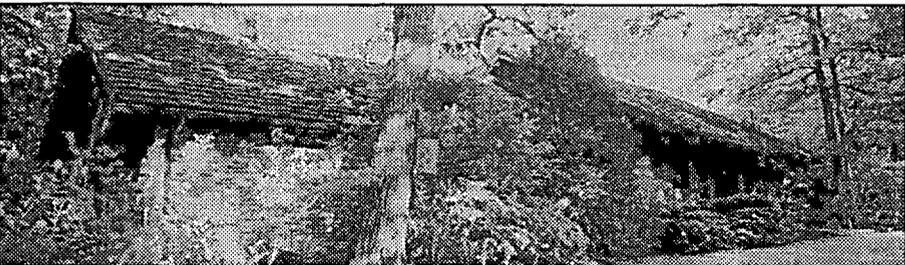


### BARRINGTON-DEER LAKE MEADOWS

Top billing for executives! A privileged country setting where the pace is a little slower. Custom built brick & cedar 4 bedroom, 2½ bath Cape Cod on corner lot. Spacious & comfortable, 1st floor boasts of all hardwood floors & crown moldings. Luxurious master retreat with sitting room & 17x12 master bath. This home meets the needs of all lifestyles from formal entertaining to casual living.

Ask for Tom or Joanne Mitchell

**\$539,000**

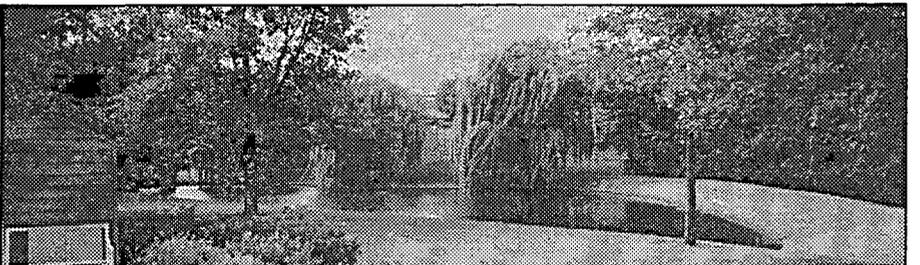


### NORTH BARRINGTON

Spectacular secluded wooded 5 acre natural setting encircles this 4 bedroom, 3 full and 1 half bath custom brick Cape Cod. Spacious living room with beamed ceiling & bay window. 1st floor 20x20 master bedroom with private bath. Family room with cozy brick fireplace opens to large screened porch. Eat-in family kitchen with sliding doors inviting the outside in. All this is nestled comfortably among trees & lush gardens only 2 minutes to shopping.

Ask for Tom or Joanne Mitchell

**\$564,000**



### LAKE BARRINGTON SHORES

Parklike setting with wonderful views from every window. Perfectly maintained, much sought after Greenbrier model. Finished walkout lower level with fireplace, wet bar, custom ash built-ins & large screen television. Beautiful private views of golf course, treed lot & pond. 3 large bedrooms, 3 full baths, large open country kitchen is a cooks delight. Foyer with atrium. It's all here, hardwood floors, open floor plan. Light & bright!

Ask for Tom or Joanne Mitchell

**\$359,900**

**Tom or Joanne Mitchell**  
**(847)381-8800** or **(847)381-3535**  
OFFICE HOME

Visit Our Website: <http://www.emailhomes.com/tomjoannemitchell>



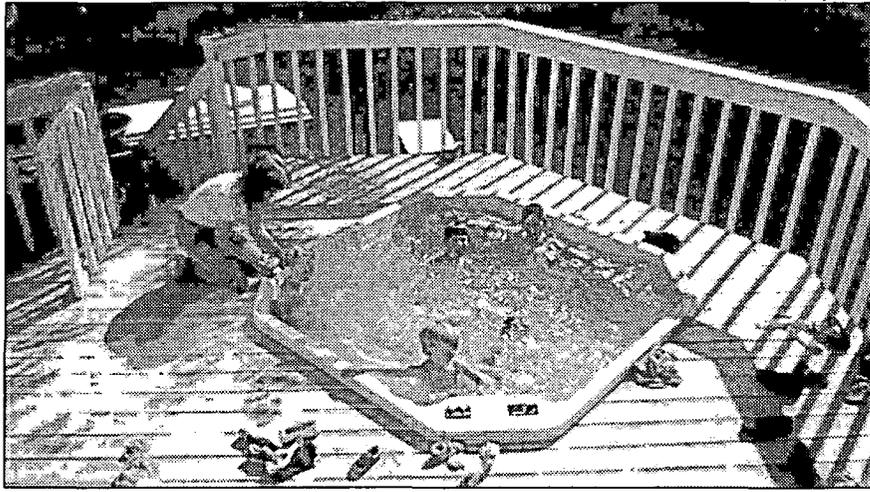
**RE/MAX**  
of Barrington

**306 W. Northwest Hwy.**  
**Barrington**



Equal Housing Opportunity

## Would Your Family Enjoy This?



Summer will soon be here. With it comes carefree days for family fun. Wouldn't a spa on your deck be great? Spas don't have to be hot in Summer. You can have them cool and refreshing. And, on a cool

Summer night, turn it steamy again.

For a spa set in a perfect setting (your design or theirs), call **Swanson's Spas & Saunas** on Rand Road in Lake Zurich. Why put it off any longer?

## The Carpet Mart—LAMINATE FLOOR SALE

**The Carpet Mart**, (Tim's Carpet and Tile, Inc.), is conveniently located in the Deerpath Court Shopping Center in Lake Zurich.



With over 15 years of experience in the flooring industry, **The Carpet Mart** services the flooring needs of residential and commercial clients in the Chicagoland area. **The Carpet Mart** offers a complete variety of quality flooring products and services at competitive prices. Whether you are in the market for carpet, area rugs, hardwood flooring, ceramic tile, sheet vinyl, laminates or discounted remnants, **The Carpet Mart** is your one-stop-shop.

In addition, we now offer a special two-year fixed payment financing plan to extend your purchasing power. This offer will be featured through the month of July and can be applied to any type of floor-

ing purchase. See store for details.

We're starting off the month with a big in-store **Fourth of July Sale**. We are going to continue the savings and the finance specials throughout the month.

We invite you to browse through our beautiful showroom, or allow a member of our friendly and knowledgeable staff to assist you. We will also come to your home or office to measure and show samples for your shopping convenience.

## Reaching Across the Americas



From left: Past District Governor Hugh Frebault, Barrington; Donn Branstrator, President of Barrington Breakfast; Fabian Lombardi, team leader; Daniela Martel, GSE; Roger Main, past president of Dawnbreakers; Maria Gabriela Rios, GSE; Maria Susanna Vidal, GSE; Joe Boyd of the Rotary Foundation; Terry Mueller, past president of Dawnbreakers and Rotary Foundation representative; and Monica Renner, GSE.

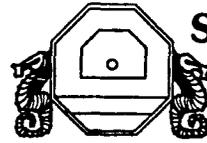
Imagine learning about how your business is conducted in another part of the world. Picture yourself touring facilities while meeting with others and discussing

techniques and strategies in another language in a new country and sometimes with interpreters.

This spring, four businesswomen from

## Summer Means Hot Tubs/Spas

- Spas • Hot Tubs • Saunas • Jacuzzi Whirlpool Baths
- Custom Hot Tub Covers • Ozone Water Purification
- "Rubber Duckies" • 24 Hour Service • Installation
- Chemicals • Accessories • Scheduled Maintenance



### SWANSON'S SPAS & SAUNAS

1077 S. Rand Road, Lake Zurich

438-4582

Eric & Jeri Swanson

HOURS: Tues.-Fri. Noon-4:00, Sat. 11:00-3:00, Closed Sun.-Mon., Evenings by Appt.



24 Month  
Fixed Payment  
Financing  
Available\*



### The Carpet Mart

Your Neighborhood Abbey Flooring Store  
VISIT OUR NEW SHOWROOM OR CALL TO SHOP-AT-HOME

## LAMINATE FLOORING SALE!

Pergo starting at \$2.<sup>89</sup> sq. ft.

Large Selection—  
Many Colors & Styles



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750 S. Rand Rd., Lake Zurich  
(Deerpath Court Shopping Center near Wal-Mart) \*Offer expires 6-30-99. \*See store for details.

(847)  
540-8900

Wilsonart  
Mannington  
Alloc

## The Dick Tracy Celebrity Shoot-Out Golf Classic

*The Chicago Tribune* is sponsoring The Dick Tracy Celebrity Shoot-Out Golf Classic on Tuesday, August 24 at Cantigny Golf in Wheaton, Illinois. The premier golf course, which includes a Dick Tracy sand trap, is located on the estate of the late Colonel Robert McCormick, editor and publisher of *The Chicago Tribune* when Chester Gould created the "Dick Tracy" comic strip in 1931.

Proceeds of the golf outing will be used to support the proposed Chester Gould-Dick Tracy Museum expansion, including an educational wing on "How a Comic Strip is Drawn" and a "Crime Does Not Pay" tour in the old jail adjacent to the museum. In addition to visual displays, the expanded exhibits will include interactive, hands-on activities for children.



For information on team golf packages, tournament, hole and special activity sponsorship, as well as auction donations, please call the museum at 815-338-8281. Visit our website at [chicagotribune.com/go/dicktracy](http://chicagotribune.com/go/dicktracy).



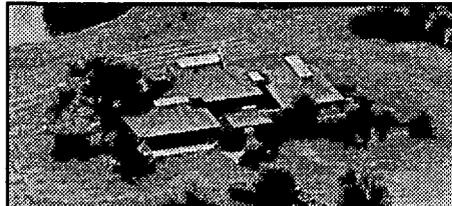
the Buenos Aires area of Argentina visited the Rotary Club of Crystal Lake Dawnbreakers and several local businesses including Sage, the Dole Mansion and Crystal Lake Country Club. Daniela Martel is in their Navy; Maria Vidal is in charge of microbiological tests in food and water for a Laboratory and a Food and Safety Advisory Organization; Maria Rios teaches English as a foreign language; and Monica Renner has been a public accountant in many countries, a professor of Business Administration at the University of Buenos

Aires and is a consultant in re-engineering and environmental management. Their team leader, Fabian Lombardi, has published several articles in technical newsletters, taught Organic Chemistry at their university and has worked as a process engineer.

Each year, the Group Study Exchange receives guests and sponsors while sending local people to other countries for the purpose of individual and professional growth and to promote peace, understanding and cooperation internationally.



**Barrington Hills \$5,900,000**  
Peerless lakefront estate. 13+ acres. Finest custom finishes, 1st floor master, Degulio kit, handsome study, screened porch w/ frplc, movie theater & sports bar.  
**Meg Cleavenger 847/465-2259**



**Barrington Hills \$1,700,000**  
Waterfront Shangri-La on 10 acres w/ idyllic views, winding drive, 4 fireplaces, 4 BR, 4 BA, gourmet kitchen, private master suite, handsome decor, indoor pool.  
**Meg Cleavenger & Barb Wessberg 847/465-2259**



**Barrington Hills \$1,300,000**  
Brick Georgian, 5 wooded lakefront acres features outstanding detail, 4 fireplaces, handsome study, solarium & grand foyer.  
**Meg Cleavenger 847/465-2259**



**Barrington Hills \$799,000**  
On a tranquil pond this 7-year-old home offers 9' ceilings, 4 fireplaces, gorgeous kitchen, finished walkout lower level, 4-car garage & in-law apartment.  
**Meg Cleavenger 847/465-2259**



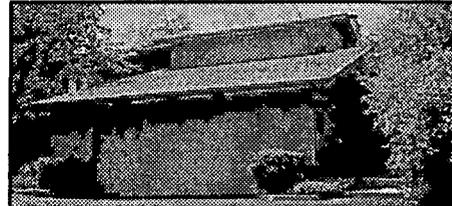
**Hawthorn Woods \$749,900**  
Set on a lovely wooded lakefront lot, this 3-year-old 5000 sq ft Country French beauty offers 1st floor master, full fin walkout & gourmet kit. A nature lover's dream.  
**Suzanne Luby 847/465-2211**



**Barrington \$729,000**  
Waterfront in Deer Lake Meadows. Great room w/ sun-room & study on 1st floor. 4 BR, 4.1 BA. finished walkout lower level, w/ office/live-in, w/ full BA.  
**Sherl Wheeler 847/465-2290**



**Lake Barrington \$639,000**  
New construction—approx 4600 sq ft. Hardwood floor, 9' ceilings, granite in kitchen & master bedroom bath, light cherry cabs, English basement, 1.6 acres. Beautiful!  
**Sherl Wheeler 847/465-2290**



**Barrington Hills \$429,000**  
Contemporary home set in the woods, yet friendly neighborhood. Hardwood floors, awesome deck w/ outdoor eating area, soaring ceilings & 2-story frplc.  
**Margie Ebert 847/465-2264**



**Barrington \$414,900**  
Gorgeous Fox Point colonial. House has everything & more... 4 bedrooms, 2.1 baths, study on 1st floor, family room w/ built-in bookcases, pool, tennis & lake.  
**Sherl Wheeler 847/465-2290**



**Barrington \$409,000**  
Enjoy 1-level living w/ expansive rooms & open floor plan. Charm abounds in highly desirable area w/ country atmosphere.  
**Donna Veller 847/465-2228**



**Barrington \$329,900**  
Charming on gorgeous wooded acre. Spacious traditional, hardwood floors throughout. Master bath w/ whirlpool, finished basement, 4 BR, great price too!  
**Donna Dugan 847/465-2263**

**Local Socialites Host Benefit Dinner**



"A Lovely Way to Spend an Evening" committee included (l to r): Mitzi Magin, Chicago and Naples; Sue Lennane Moi, San Francisco and Naples; Susan Gohl, hostess for the evening; Mary Wasmer, Cincinnati and Naples; and Pat Wagner, Memphis and Naples.

Fred and Susan Gohl of Barrington and Naples, Florida held a beautiful benefit dinner at their Naples home "Taormina" on April 17 to benefit the building campaign for St. Anne's School in Florida.

A courtyard dinner was enjoyed by over 90 "Neapolitans." The theme for the benefit was "A Lovely Way to Spend an Evening." Cocktails before the black tie

event were on the terrace and on the Fantasy VII docked at the Gohl home. Chicago singer Jimmy Damon was flown in just for the event. Mr. Damon is well known for his Sinatra music. And well-known Chicagoan Mitzi Magin was reservations chairman.

The evening was fabulous and raised over \$84,000 for the building campaign.

**Seniors to Enjoy  
Odyssey Cruise and Luncheon**

Seniors, please join us for an exciting outing on the Odyssey Cruise ship Thursday, July 22. You will enjoy a delightful luncheon cruise on Lake Michigan as you view the Chicago skyline. We will leave Langendorf Park at 9 AM and return at approximately 4 PM. The cost is \$50 and

includes transportation, lunch and the cruise. Payment in full is due by Wednesday, July 7.

This outing is sponsored by the North/Northwest Suburban Senior Center Directors and BACOA. Call 381-5030 for your reservation.



Chicago's own Jimmy Damon was flown in for the fabulous event.



**North Barrington \$1,100,000**  
Brick Georgian in Wynstone just reduced \$95,000. Master BR w/ fireplace & sitting room. 2-story foyer, full finished walkout lower level... gazebo & pond.  
**Sherl Wheeler 847/465-2290**



**North Barrington \$1,125,000**  
Set on heavily wooded lot this 17th Century home offers 4 bedrooms, 4 baths, paneled 2-story family room, sun-room, study, screened porch & dream kitchen.  
**Sherl Wheeler 847/465-2290**



**Barrington Hills \$1,100,000**  
Outstanding waterfront estate on 5 acres offers 4 BR, 4 BA, 4 fireplaces, gourmet kitchen, sumptuous master suite, handsome decor, indoor pool wing & 3-car gar.  
**Meg Cleavenger & Barb Wessberg 847/465-2259**



**North Barrington \$1,050,000**  
Stately brick new construction waiting for you. 2-story FR, hardwood floors, granite counters, light cherry kitchen, pillars, 4/5 BR, bonus room. You will fall in love!  
**Sherl Wheeler 847/465-2290**



**Barrington \$869,000**  
Built in 1929, this gracious English Tudor was beautifully renovated in 1991-92. 4 bedrooms, 4 baths. Gourmet kitchen. Nestled on 9/2 acres.  
**Ron & Jeanine VanDeVelde 847/465-2282**



**Barrington Hills \$845,000**  
5 beautiful acres w/ 325' of shoreline on Heather lake. Well-built brick & stone hillside ranch w/ full finished lower level. Private setting.  
**Nancy Herr 847/465-2267**



**Barrington \$659,000**  
This stunning new home w/ wooded privacy will be ready soon! Quality abounds in 12 spacious rooms w/ an open, flowing floor plan.  
**Donna Veller 847/465-2228**



**Barrington Hills \$589,000**  
Delightful country home w/ in-ground pool & hot tub. The lovely 4-BR home offers 3 fireplaces, 1st floor study, sun-filled Florida room & finished LL w/ 2nd kitchen.  
**Meg Cleavenger 847/465-2259**



**Inverness \$585,000**  
Nestled among superb landscaping in exclusive Macintosh area of Inverness. 1.6 acres. 5 bedrooms. 4 baths. 2 master suites. Finished lower level.  
**Tressa Borkon 847/465-2256**



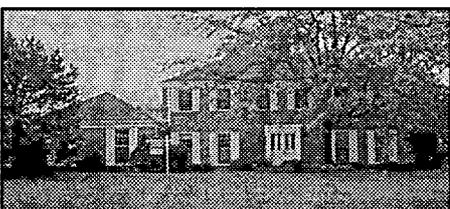
**Kildeer \$559,000**  
Exceptionally charming 4-bedroom home w/ pond & preserve views. Inviting inside & out! Spacious rooms, crown moldings, hardwood floors, 2-story foyer!  
**Donna Dugan 847/465-2263**



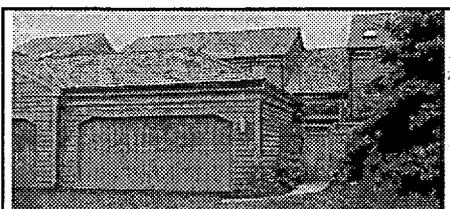
**Barrington \$549,000**  
Charming main house featured in North Shore magazine. 4-room guest cottage. Separate 1000 sq ft studio/office. Beautiful pool & patio. Wooded & secluded!  
**John Nemz 847/465-2289**



**Barrington Hills \$537,000**  
Lovely 9-year-old colonial w/ 9' ceilings, study, FR w/ beamed ceiling & fireplace, delightful kitchen, finished lower level, 3-car garage. Great potential for horses.  
**Meg Cleavenger 847/465-2259**



**Inverness \$519,900**  
Lovely brick Georgian on 1 acre w/ 4 bedrooms, study, sun-room, fully-updated gourmet kitchen, & finished lower level.  
**Suzanne Luby 847/465-2211**



**Barrington \$439,000**  
Golf course & pond location—4-year-old townhome w/ 1st flr. master, full finished walkout, 3/4 BR, 2 fireplaces customized to the max, home theater w/ surround sound.  
**Donna Dugan 847/465-2263**



**Barrington \$409,000**  
Set on a quiet street in Barrington's favorite Fox Point, this 4-bedroom colonial is a gem... backs to forest preserve, has pool, lake & tennis courts.  
**Sherl Wheeler 847/465-2290**



**Inverness \$415,000**  
Enjoy maintenance-free living in beautiful Inverness on the Ponds. Lovely 3-bedroom home on wooded cul-de-sac. Cathedral ceiling. Spacious kitchen. 2-car garage.  
**Ron & Jeanine VanDeVelde 847/465-2282**

## Barrington Area Office



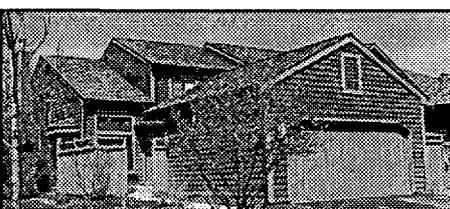
**Barrington \$399,900**  
Captivating 5-bedroom 3.1-bath home in Jewel Park. 1st floor master w/ ultra bath, eat-in kitchen, fresh decor. Expansive deck, perfect for summer suppers.  
**Meg Cleavenger 847/465-2259**



**Barrington \$389,000**  
Set on 1+ wooded acres. Large kitchen w/ oak cabinets. Riverstone fireplace. Vaulted ceilings, neutral decor. 3300 sq ft. A 10+!  
**Colleen Dempsey 847/465-2249**



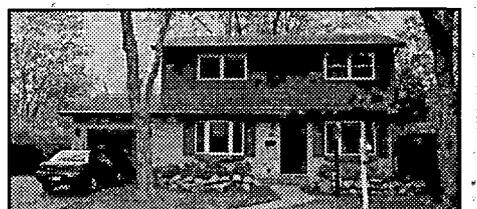
**Barrington \$385,000**  
Fabulous hillside ranch w/ pond views & mature trees. Open floor plan. Newer hardwood floor, kitchen w/ Corian counters & w/o lower level.  
**Ana Denker 847/465-2274**



**Lake Barrington \$349,000**  
3-year-old townhome, end unit w/ 1st floor master bedroom. Finished basement w/ 1 bath. Exquisite decor, squeaky clean, very neutral decor—classy!  
**Donna Dugan 847/465-2263**



**Barrington \$359,000**  
Charming 1860's restored farmhouse surrounded by 100-year-old trees & white picket fence. 1+ acres. Overlooks natural Fen. Hardwood floors. Screened porch.  
**Ron & Jeanine VanDeVelde 847/465-2282**



**Fox River Grove \$197,000**  
Solid brick & cedar 4-BR colonial. 1-car attached & 2-car detached gar, full finished basement, treed fenced yard, pool w/ fabulous decking, Pella windows. Perfect!  
**Donna Dugan 847/465-2263**

By the sea, by the sea,  
by the beautiful sea;  
You and me, you and me;  
Oh, how happy we'll be...

However much you've longed for a home by the sea, finding it and buying it—with all the attendant decisions—can be exhausting.

So the first move you make should be to the Realtors who know where you can float your boat. Realtors willing to go the extra mile with help, understanding and resources to make sure you keep your head above water.

At Coldwell Banker we have fan mail that says we're very good at that. Come in for coffee and a little consultation. We'll see that everything goes swimmingly. C'mon in, the water's fine.

**We're the real estate professionals with the business expertise.**

The  
new

**COLDWELL  
BANKER**

**BARRINGTON OFFICE**  
330 E. Main St.  
382-3600



Independently owned and operated by NRT Inc.

## Garden Club of Inverness Spring Luncheon

(Continued from page 16)

IX of the Garden Clubs of Illinois, Inc. who conducts the judging processes of these awards.

As we close this club year, we bid a fond farewell to two other members of the board who are departing this year—Julia Conaghan who served as Second

Vice President, and Sharon Wagner of the Christmas Luncheon Committee. We thank you for your service and dedication on behalf of the club and wish you God-speed in all future endeavors.

Have a safe and happy summer. See you in the fall.

## Anger Management

(Continued from page 17)

look at his behavior and accept that his way of managing anger is not useful... there is hope. The hope is that new and helpful behavioral techniques can be learned. On the spot behavioral changes can be implemented immediately. If the anger issues stem more from the past life experiences of the person and/or alcoholism or substance abuse, then other kinds of approaches can be utilized. Therapy can provide the vehicle to assess whether or not the anger is simply not being expressed due to "anxiety about confrontation" or if a deeper issue about the past is involved. Either way, both therapy and "psychoeducational training" can assist people in managing their anger in healthy

and productive ways.

The other side of the coin in dealing with anger is how one responds to an angry person. This too requires skill development because inappropriate responses can "provoke" the angry person to an even greater degree, deflect the anger or frustrate the angry person to the point of further emotional damage to both parties. The person who is the object of the anger often develops his own protective coping mechanism to deal with his own anger becoming a "vicious circle" of rage and anger. If anger is a problem for you, your family, friends or your work environment, call for further information. I can be reached at 847-842-9365.

## Facial Plastic Surgery, Looking Your Best

(Continued from page 31)

your consultation. You will be able to visualize what you actually may look like with your new nose. After seeing the doctor, pre-operative photos will be taken and fees will be gone over with you. At that time, you may choose to schedule

your surgery.

This summer, Dr. Gary S. Churchill is celebrating his 10-year anniversary in practice.

Come visit the center for a chance at a new outlook on life, in a private, comfortable and state-of-the-art facility.



## Tips from the Top

Margaret R. Semrad  
Broker/Manager  
Barrington Office

The  
new

**COLDWELL  
BANKER**

Hot summer days signal thoughts of leisure... swimming, tennis, golf, boating, fishing and mainly relaxing.

This month's article emphasizes water—properties situated on lakes, rivers, ponds, lagoons—located in our Barrington area. Gone are the days in our frenzied life when we can get away every weekend for summer fun. With the advent of the fax machine, mobile phone and computer, our work day and work week has increased so that expanses of relaxed summer time and leisure time have narrowed to small interludes. It may be time for us to step back and look around.

How important is it to you to be able to enjoy summer pleasures without driving hours to the 'house in the country' or the 'house on the lake'?

So why not buy your home or property on water in the Barrington Area to maximize your summer 'time'? The benefit? Increases your pleasure, saves time and money.

Getting what you want in life is easy but first you have to be clear about what's needed. I have found this to be true in my life. Each of us must take responsibility for getting the most out of our environment and lifestyle. So, my mission this July is to prod you into new thinking about your future and how you can pare down and streamline your lifestyle to provide easy living and a 'rest' cure everyday.

Let's examine each area around Barrington with water. We will start with ponds and lagoons. Hawthorn Woods is a wonderful spot for swimming, viewing or just having a small rowboat for fishing.

It's a wonderful place for a 'time out' or meditation.

Then there are lakes such as Tower Lakes, Lake Barrington in the north, or the Coves in South Barrington (which has the largest man-made lake in northern Illinois) where you can have a non-motored boat or a little skiff and can fish or sail or just re-energize.

Now, let's go to the larger lakes or rivers such as the Fox where you can watch and admire the extraordinary boats cruising along or drive one of your own water vehicles. It's time to break from the old pattern of living. Why not consider changing to this improved lifestyle? Yes, yes, yes!

**Coldwell Banker Realtors** know the areas that meet the needs of customers who want more than just surviving until the weekend. We know the neighborhoods and communities that cater to the leisure lifestyle while having unpolluted lakes, clean beaches, social networks and homeowner organizations dedicated to improving the quality of life.

"A picture is worth a thousand words." Let your imagination guide you to the lifestyle that would make you rush home after a stressful work day to become renewed.

The power to choose is one of life's greatest gifts. Begin by choosing **Coldwell Banker** and make an appointment with one of our professional Realtors to look at properties that will cause a change in your lifestyle.

As always, we are your *Dream House Headquarters*.

## Barrington Sparrow to Spend Night in Venice

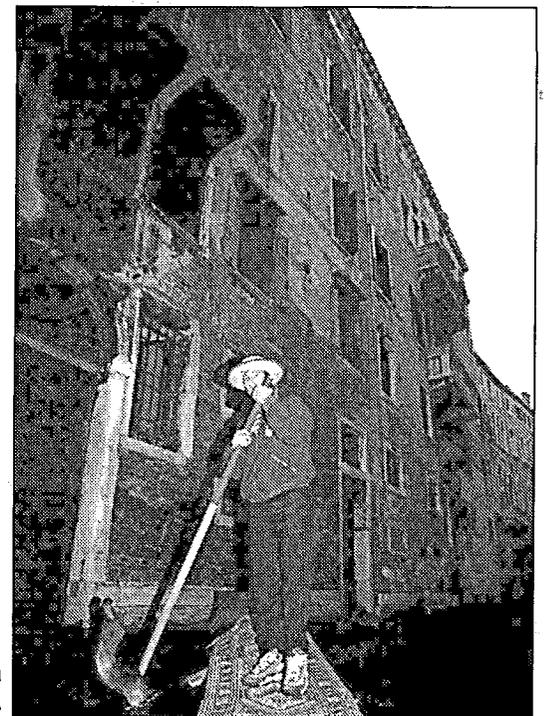
Longing for an evening in "Belle Venezia"? Dreaming of a romantic setting, good wine and wonderful Italian food? Barrington Friends of Home of the Sparrow will take you there on Saturday, November 6 at their annual theme party dinner/dance gala!

Always sold out, the event has moved to larger quarters to accommodate increased requests for attendance. The decorating will be spectacular!

Watch for information concerning reservation information.

If you are interested in helping with the creation of this community evening, please contact Michele at 847-526-8123. Various participation opportunities are available.

**Transporting you to "Bella Venezia" on November 6.**



## From a Woman's Point of View

by Gail Wickstrom, Wickstrom Ford

It's hard to believe that the month of June is over. What a busy month with all the graduations.

Here at **Wickstrom**, we had the following graduates: Chris Breitengross, St. Viator; Marie Czach, Wauconda High; Dave Dunmeyer, Cary Grove; Bill Picard, Cary Grove; and Dan Rocho, Cary Grove. All are college bound. We are truly lucky to have this great group of young adults working with us. This summer, we are welcoming back Barrett Francescatti from his first year at Whitewater University. Barrett graduated from Barrington High last year. **Wickstrom Ford** would like to congratulate all graduates.

We are proud to announce **Wickstrom Ford's** newly redesigned web page at [www.wickstromford.com](http://www.wickstromford.com). Our new page is loaded with lots of information such as the history of our dealership, frequently asked questions, Service Department, E-Commerce Department, Used Vehicle In-



ventory and lots more. You can even e-mail us from the site. We are also linked with the Ford Motor Company's web page so you will be able to obtain product information. Please visit us soon.

## Bucks for Brittany

While most kids are out playing the summer away, Brittany Stockwell, a 12-year-old girl, is fighting the battle of her life.

Brittany was diagnosed with Ewing Sarcoma, a rare form of bone cancer that seems to unfairly target kids at and around her age. Her diagnosis came this winter and she has been fighting like a champ ever since. What makes Brittany different isn't that she has cancer, but in the way she has been willing to meet it head on.

There isn't any question that this is a fight to stay alive. Ewing Sarcoma is a devastating disease that can take away life all too early. Each year in the U.S., about 150 children and adolescents are diagnosed with a tumor within the Ewing's family. Often, a combination of chemotherapy and surgery is used to combat the cancer. Brittany has already been going through an extensive regime of chemotherapy to try and help shrink the tumor that is in her hip. In time she will need to undergo surgery that will cripple or even take her right leg. Although this disease has slowed Brittany down physically, on good days her bright and often rambunctious personality takes charge. This is the part of her that allows her to keep fighting, often smiling and, most of all, to keep

on living. She is simply delightful to be around.

Although she has a fighting spirit and a tremendous will to live, there are ways for others to help her in this fight. That is exactly what Jim Kill of **Lamico Designers Kitchen & Bath** in Barrington wanted to do when he originally read about Brittany in the *Northwest Herald*. Jim had already experienced the heartache that cancer can bring to a family when he lost his younger brother to Leukemia. Jim has joined in to raise "**Bucks for Brittany**" by offering a free corian cutting board to those who are willing to stop in and make a donation for Brittany. He hopes that this will help in Brittany's successful recovery so that she again can go back to just being a fun loving kid.

Anyone interested in helping further is asked to please contact Paul Goodman at **815-363-8366**.

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## Discouraging Canada Geese

With spring and summer here, more time will be spent outdoors and around relaxing water spots while at home or just eating lunch at work. As many home and business owners know, Canada geese have gone from a popular wildlife species that was fun to watch during their V-shaped fall and spring migration flights to a much less popular, even undesirable, nuisance around many of those favorite suburban ponds and lakes.

The population of permanent non-migrating geese has increased significantly in the last decade. As a permanent "resident," the geese leave large amounts of droppings, can eat turfgrass down to the bare soil and be a pest with their charging and honking.

"One of the main reasons for them to

reside year-round is that new, desirable environments have been created in many suburban subdivisions, corporate complexes, golf courses and other areas with bodies of water," says John Church, University of Illinois Extension Educator, Natural Resources, Rockford. Canada geese prefer areas that have short, tender grass, freshwater sources of drinking water that do not freeze, shorelines with easy access to and from the water and security from predators. These are the type of conditions in many suburban areas, although many new landscaping plans have started to take the problem into consideration.

One of the principle ways to discourage the geese from staying in an area is to change the environment. Create a less



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## "Bucks for Brittany"



Brittany Stockwell

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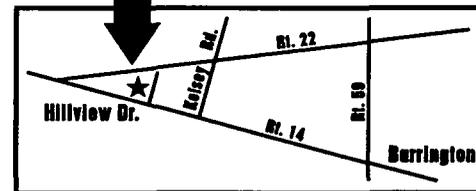
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desirable habitat. A rather easy, cost-effective way is to plant shoreline buffers of taller, native plants that make it more difficult for the geese to enter and leave the water. The buffer strips also help provide protection from lawn pesticides and nutrients from entering the water. They also provide habitat for less troublesome wildlife species.

Another major method of discouragement is by not allowing the feeding of the birds at the pond or lake. Other ways to discourage geese include physical barriers along the shoreline; introducing natural "enemies" such as swans or trained herd-

ing dogs; using scare tactics such as noise or visual deterrents; using commercial repellents; or allowing the lake to freeze.

Also, remember that the birds are protected by federal migratory bird laws, so it is unlawful to injure the birds without the proper permits and or license. The U.S. Fish and Wildlife Service, located in Barrington and Rock Island for northern Illinois, can provide information on the law and possible permits.

For further information on buffer strips or other controls, contact the local University of Illinois Extension office. For the McHenry County Unit, call 815-338-4747.

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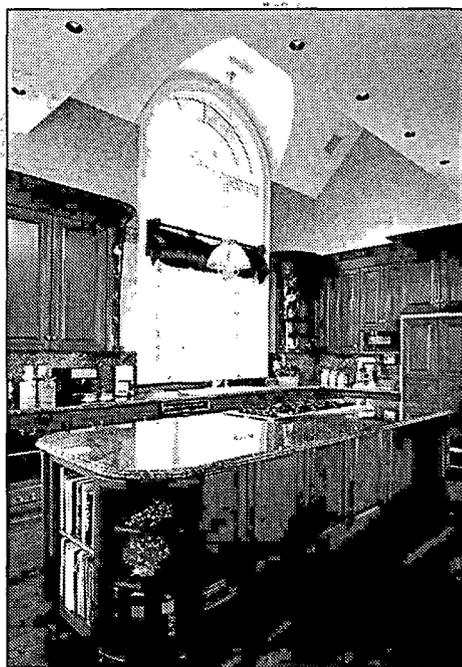


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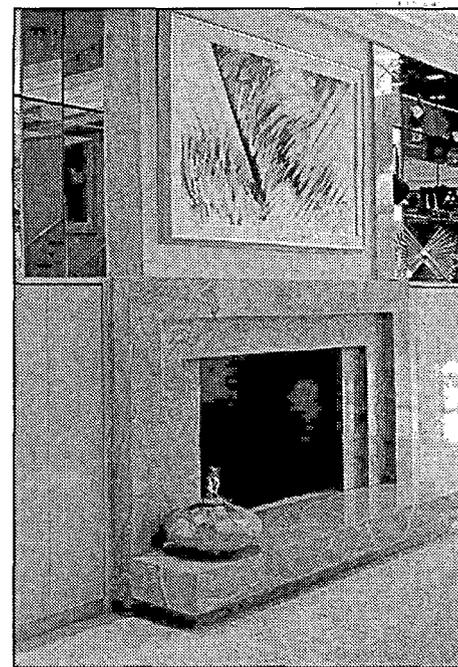
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