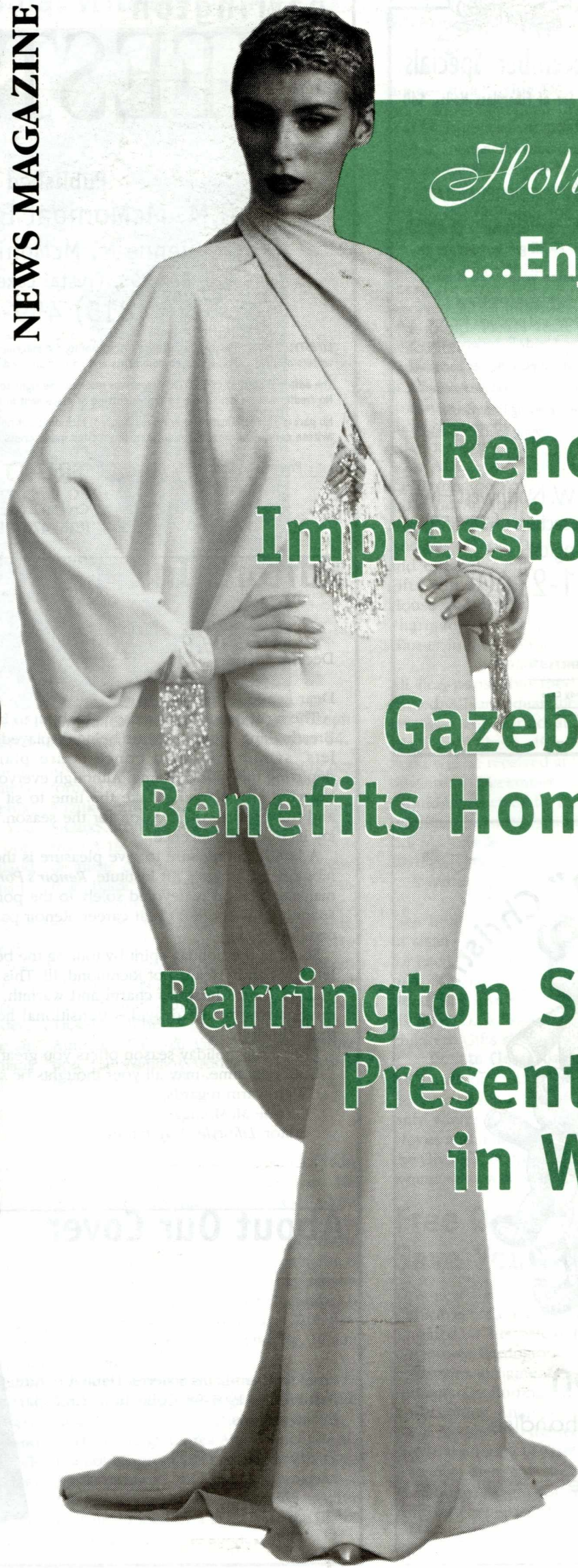


December 1997

NEWS MAGAZINE

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Impressions of An Age**

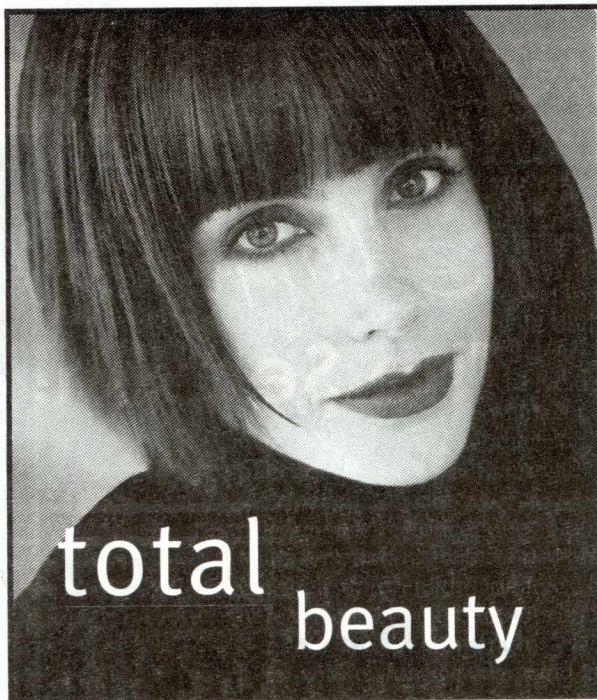
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Benefits Home of Sparrow**

**Barrington Suzuki Strings  
Presents "Christmas  
in Williamsburg"**

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# LIFESTYLES™ NEWS MAGAZINE

Published by

G.M. McMonigal ENTERPRISES

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## Editor's Ink

December, 1997

Dear Reader,

The most beautiful of seasons is about to begin. Breathtaking decorations are being displayed. Ballets, symphonies and concerts are planned depicting this glorious time. Although everyone is hurrying and planning, take the time to sit back and truly realize the "reason for the season." Enjoy its true magnificence.

A family outing sure to give pleasure is the exhibition at Chicago's Art Institute, *Renoir's Portraits, Impressions of an Age*. This major exhibition is devoted solely to the portraits of Pierre Auguste Renoir—spanning his entire 60 year career. Renoir painted to give joy, and that he has certainly done.

Share in the holiday spirit by touring the beautiful Gazebo House owned by Jeff and Sandy Heaney of Richmond, Ill. This Victorian painted lady will entice you with her Christmas charm and warmth. Proceeds will benefit Home of the Sparrow which provides transitional housing to homeless women and their children.

I hope this holiday season offers you great happiness.

Until next time, may all your thoughts be sunny.

With warm regards,

Glenn McMonigal

Editor, *Lifestyles Magazines*



Have A Very "Bear-ington" Christmas



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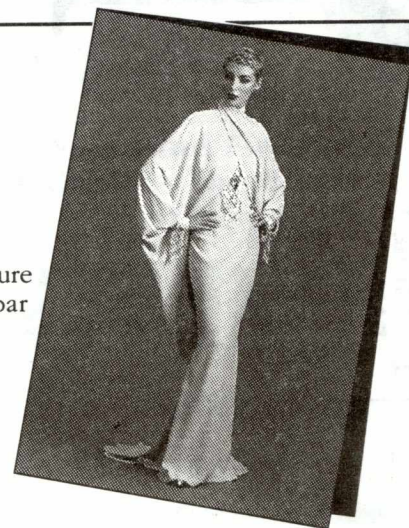
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## About Our Cover

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## Barrington Suzuki Strings Presents "Christmas in Colonial Williamsburg"



**Barrington Suzuki String members Christian Franco, Caroline Amrich and Joseph Franco invite you to attend "Christmas in Colonial Williamsburg" December 14.**

Prepare to celebrate Christmas this year by stepping back in time to the 18th Century as Barrington Suzuki Strings presents, "Christmas in Colonial Williamsburg." You won't want to miss this traditional portrayal of Christmas in old New England with costumes, music, and decorations to transport you to another time in History. A time when family and religion were of primary importance, gift giving was mostly for children, servants, and the poor, and homes were decorated with garlands, fruit, nuts, and candles in every window. Music made by stringed instruments, recorders, drums and madrigal singers filled the air. Transport yourself to the origins of many of our present customs and enjoy the

lovely music of Colonial Williamsburg performed by the world travelling Barrington Suzuki Strings children. The Barrington Suzuki Strings children, ranging in age from 3-18, will perform traditional pieces of music on violin, cello, classical guitar, flute, piano and bass. As part of this Colonial Williamsburg theme there will be a guest performance by the Madrigal Singers of the Barrington Children's Choir. The concert will take place on Sunday, December 14 at 3:00 p.m. in the Barrington High School Auditorium (616 W. Main Street). Tickets will be \$8 per person. Call Linda Amrich at 847-526-3563 for more information. Call Nancy Gardner at 847-913-8559 for ticket sales.

## "The Gift of Art"

The Barrington Area Arts Council (BAAC) announces the opening of the BAAC Gallery December exhibit entitled "The Gift of Art." The Arts Council invites the public to attend a Preview Opening and Artists Reception at the BAAC Gallery on Saturday, December 6 from 6 to 9 p.m. at 207 Park Avenue, Barrington, IL.

The exhibit features the original work of seven artists including Charmaine Anthony, jewelry, Rolling Meadows, IL; Julie Sutter Blair, "Sun Room Art" small etchings, Windsor, WI; Don Capellani, carved wooden Santas, Dubuque, IA; Beth Grushkin, jewelry, Chicago, IL; Diane and Tom Johnston, pottery, Mineral Point, WI; and Irene Maginniss, handmade paper collages, Mansfield, OH.

This unique show is combined with the 1997 Festival of Trees, Wreaths and Orna-

ments making the gallery a vision of twinkling lights and colorful creative art. The exhibit provides that perfect one-of-a-kind gift or decoration for a special person, the home or the office. A visit to the BAAC Gallery should be on everyone's list of places to visit during the holiday season. The exhibit is on view from December 6-27. BAAC Gallery hours are Tuesday-Friday, 10 to 4 p.m. and Saturday, 10 a.m. to 2 p.m.

The exhibit is partially underwritten by Carol McGregor and a grant from the Illinois Arts Council, a state agency.

The Barrington Area Arts Council (BAAC) is a not-for-profit arts organization that supports, promotes and sustains programs in the visual, literary and performing arts. It is partially funded by a grant from the Illinois Arts Council, a state agency.

## Barrington Giving Day

**Saturday, December 20, 1997, 9:00 a.m. -12:00 noon  
Barrington Middle School Station Campus**

Each December the Barrington Community invites local disadvantaged families to a Giving Day to receive food, clothes and gifts. The members of our churches, schools and many business and civic organizations have always been generous in their support of this day which last year served 225 families. We know that Barrington is unique in the fact that we all work together to bring joy to others at this special time of year. There are many ways for you to be involved, as an individual or as part of a group. Please read the details which follow, to find a place where your time, talents and treasures will fit. We have been part of a variety of community service projects, but know of no better one than this—besides, it's lots of fun!

An ADCO van will be parked at the Barrington Police & Fire Department on Station Street to receive clothing, toys and gifts, and small amounts of food, December 5 through 17, and opened 7 a.m. to 7 p.m. Toys and gifts will also be collected at the Ice House and at Esh Pharmacy, Wilkinson Pharmacy, Chuck Hines, and Baird & Warner in the Foundry Center.

### Donate Food

All non-perishable food items are welcomed. All large quantities of food will be received and sorted at St. Paul United Church of Christ, 401 East Main Street. Food will be received at the rear entrance beginning December 15. All deliveries should be received by December 17 to allow time for sorting and boxing. Please call Mary Anderson to make arrangements for large deliveries.

### Donate Toys and Gifts for Children up to 18 Years of Age

New or like-new toys and gifts are always in short supply. We try to have one gift for each child in the family, but often run out. Special donations include sports items (all kinds of balls, bats, hockey sticks, etc.), dolls, watches, items for older children. Gifts should not be wrapped.

### Donate Clean, Usable Clothing

All kinds of clothing will be collected. Because of space limitations at the school, only winter wear (especially coats, hats, gloves and mittens) will be sorted out for the Giving Day. Clothing other than warm winter wear will be distributed by the Sal-



**Gene Frances, Barrington Lions Club, gives a check to Mary Anderson for Barrington Giving Day.**

vation Army. No furniture or household items will be accepted!

### Many Volunteers are Needed!

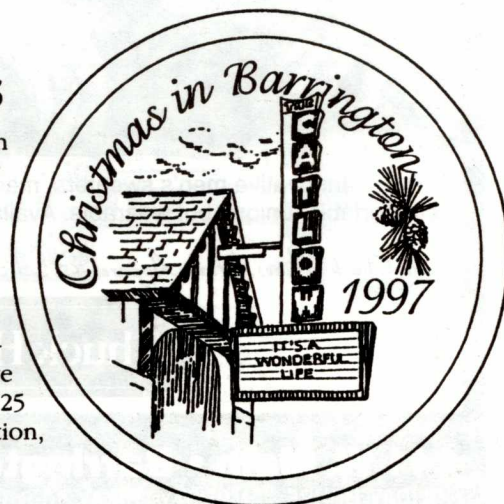
Volunteers are needed at the van at the Police Station, \*December 5-19, 7 a.m. to 7 p.m. to attend van and sort clothes; \*around village, December 15-16 from 9 a.m. to 5 p.m. to pick up large food collections; \*at St. Paul Church \*December 17-19 from 9 a.m. to 5 p.m. to sort and box food; at Station Middle School on \*December 19 from 6 p.m. to 9 p.m. to prepare for Giving Day; at Station Middle School \*December 20, 8 a.m. to 12 noon \*\*to help with distribution inside; St. Paul Church \*December 20 at 8:30 a.m. to load food boxes onto van and at Station Middle School \*December 20 to help with distribution outside. \*Call Jeanette Muench (381-2369) with questions and to sign up to volunteer. \*Call Mary Anderson (381-9213) with questions and to sign up to volunteer. \*\*People fluent in Spanish especially needed.

### Make a Financial Donation

Financial gifts are used to purchase large quantities of food and essentials, such as laundry soap, bar soap, toilet tissue, etc., and grocery store food certificates. Last year almost \$7,000 was spent on these items. Checks may be made payable to: Barrington Church Women United Social Ministries, and sent to Mary Anderson, 126 Hidden Oaks Drive, Barrington, IL 60010.

## Free Ornament— Save Your Receipts

This year's limited edition Barrington Christmas ornament depicts the Catlow Theatre, a historical landmark in downtown Barrington. To receive this collector's ornament, bring \$200 in receipts (excluding groceries) from participating Chamber of Commerce retail members to the redemption centers in the lobby of Harris Bank (Grove Avenue), or to the Chamber office, 325 N. Hough Street. For more information, call BACC at 381-2525.







## Fur Holiday Sale



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## Oh-h-h—No-o-o! Here Comes the Cold

**Shari's Furs & More** is ready for you. Shari's carries the fur that fits your lifestyle, your mood and most important, your pocketbook. Their superb new collection of furs covers the full spectrum of minks, beavers (sheared and unsheared) and patented knit fur developed by Paula Lishman and available in the newest designs. Coats are available in all sizes for the petite or full size woman. They also have added a fabulous variety of shearlings and leathers.

But this is just the tip of **Shari's** idea of what a store of the 90's should be. She has increased the variety of our men's garments to include lightweight shearlings and leather jackets—both barn and bomber styles. Also, awesome cashmere full length coats with removable fur collars and removable Thinsulate™ liners.

In this day and age of movement, **Shari's** realizes people's needs are changing. Lifestyles change. Thus, wonderful resale racks have been added and are now bulging with luxurious Furs. This allows people the opportunity to obtain a garment that fits their budget or sell a fur they no longer need.

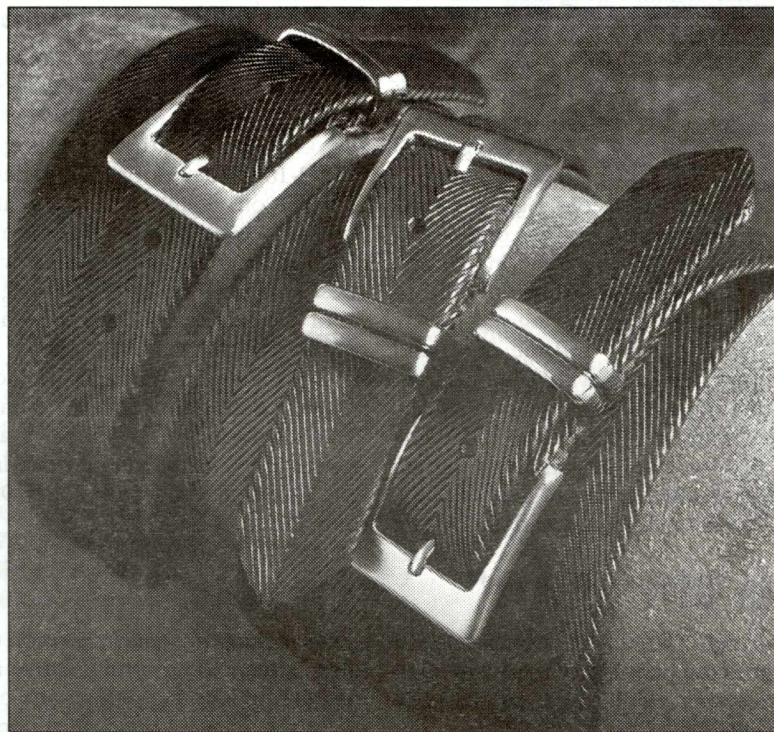
At **Shari's** you will find warmth, friendliness and professional guidance to help you find the fur style that works best for you. All price levels are treated with the same respect, whether the purchase is \$300 or \$3,000. Men who wish to treat that special woman in their lives, will find patient salespeople to help in making a selection.

**Shari's** does not want to be just a point



of purchase. They are a full service furrier. They have climate controlled storage, make alterations, and repair and restyle all types of fur and leather.

**Shari's** parting statement to her customer's is: "Our sales people will treat you with the same respect they would expect if they were on the other side of the counter."



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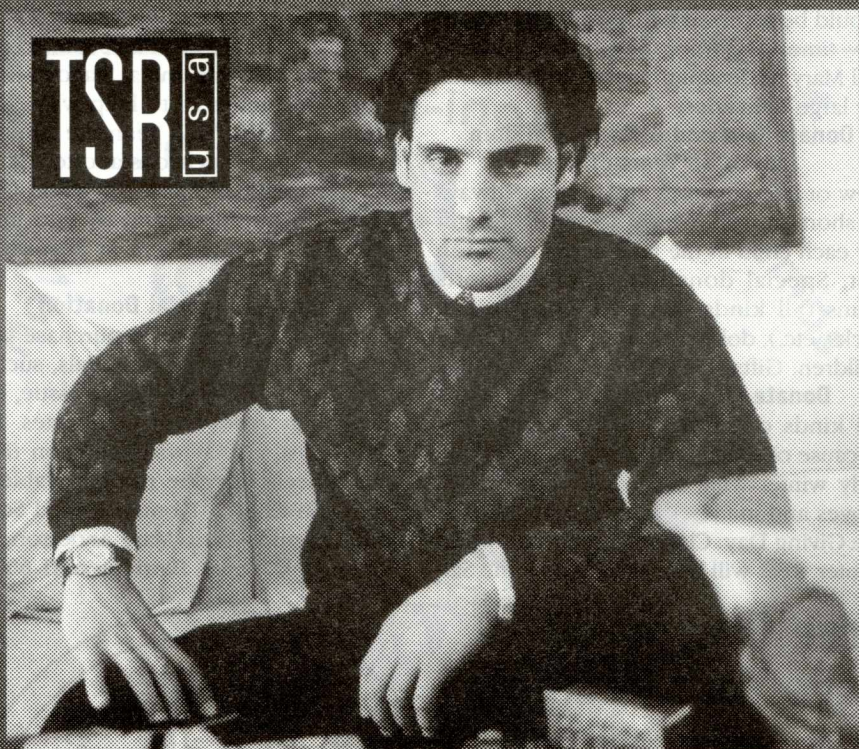
*Cole•Haan accessories are available at **Chuck Hines** on Main Street in downtown Barrington.*

## Inverness Women's Club Changes December Meeting Date

The December meeting of the Inverness Women's Club has been changed from Thursday, December 11 to Wednesday, December 10. The meeting, which will be held

at the Inverness Golf Club, includes a seasonal presentation by the Wheeling Swing Choir, festive luncheon, and an informal fashion show from Talbot's of Barrington.

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## A Treat for the Eyes, A Feast for the Spirit

There is a very special collection of limited edition prints that make up the Diamond Collection. It's a dazzling array of very collectable art based upon their very small edition size, all have fewer than 950, and their outstanding quality. **Woodland Art Gallery** is pleased to announce the release of the newest addition to this elite collection. Published from a watercolor, in an edition size of just 450, it's *Rainbow Falls* by Nita Engle, by far one of today's most respected artists.



*Rainbow Falls* by Nita Engle

*Rainbow Falls* is a beautiful landscape scene that combines formal design with intellect in such an emotional manner that it becomes a treat for eyes as well as a feast for the spirit. Nita Engle's techniques are so effective that your eyes are easily guided to the center of the work where, amidst the rocks, mist and waterfall there's a surprising figure of a tiny deer. Absolutely superb and a tremendously valuable work to add to your collection. Reserve your copy today.

Wildlife artist Carl Brenders is also celebrating a new release which promises to be an instant sellout. Published from an acrylic painting, *Pick of the Pack* features four young wolf pups, reminiscent of an earlier work from the artist entitled *Den Mother*. It's a magical piece that provides us with the privilege to come close to these wonderful little creatures and allowed the artist to use a very unusual size. The print measures 13-inches high by 32-

inches wide and is now on display, beautifully matted and framed at the gallery. As your special holiday gift, **Woodland Art Gallery** is pleased to include a complimentary autographed copy of Carl Brenders book of his artwork with your purchase of *Pick of the Pack* or any other framed, signed and numbered Brenders print, while quantities last.

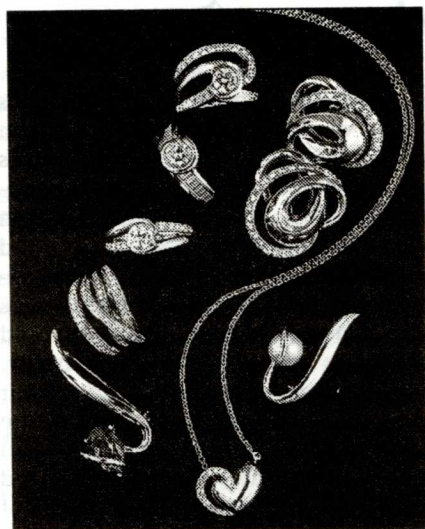
Whether it's Terry Redlin's annual Christmas print, a magical print from Dean Morrissey, a powerful wildlife scene from Robert Bateman, a sentimental scene from Jim Daly or a wispy serigraph from Don Hatfield, a limited edition print is a wonderful way to bring home the magic of the season.

A special addition to the gallery has been added for the holidays as well. Exceptional handblown glass ornaments by award-winning craftsmen are available in a variety of colors and shapes.

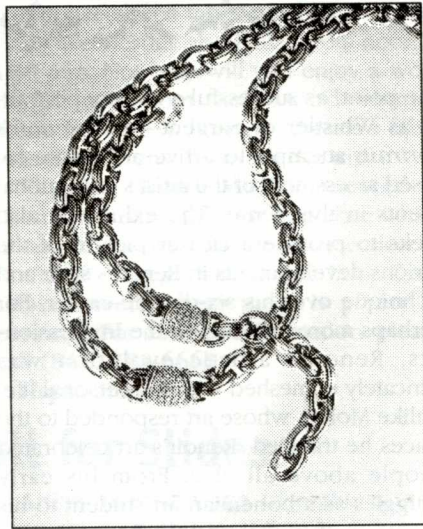
Master framer Scott Teasdale reminds you that custom matting and framing of

(Please continue on page 56)

## Spectacular Solutions for Gift Giving!



By Diana Vincent



By Louis Fiessler

This holiday season tantalize yourself with jewelry from **M.J. Miller**. A visit to our comfortable Barrington showroom will afford you the experience of examining some of the world's most exquisite pieces at the most favorable prices in a private and exclusive environment. Take part in the unsurpassed quality and elegance of Oscar Heyman, the splendid high fashion of Kurt Wayne, classic European styling of Picchiotti, old world designs from Elan, and beautiful pieces from Namdar, Yurman, Anna Maria Camilli and many others!

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quality and value, and we provide it courteously and discreetly.

We are pleased to welcome the incredible platinum and diamond creations of Louis Fiessler, as well as the ever popular designs from Diana Vincent just in time for the holidays.

As a purveyor of magnificent jewelry, we also invite you to peruse the new **M.J. Miller & Company** catalog currently available. To have a catalog sent to you, or to arrange a private showing, call us at (847) 381-7900. Trust your choice in **M.J. Miller** and insure your satisfaction as customers have for the past 28 years.

Explore the world of fine jewelry with us! All good wishes!

**M.J. MILLER & COMPANY**

## wide-eyed innocence



### Pick of the Pack by Carl Brenders

Just released. A signed and numbered limited edition print. Published from an acrylic painting.

### Holiday Bonus!

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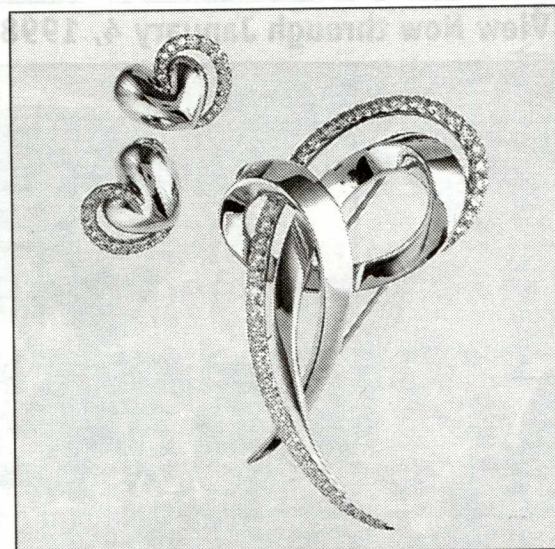
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## Renoir's Portraits

### IMPRESSIONS OF AN AGE

On View Now through January 4, 1998



**Luncheon of the Boating Party by Pierre Auguste Renoir.**  
 French. 1880-81. Oil on canvas.

The Art Institute of Chicago is currently presenting *Renoir's Portraits: Impressions of An Age*, the first major exhibition devoted solely to the remarkable portraits created by French Impressionist painter Pierre Auguste Renoir (1841-1919). The portraits painted by Renoir span his entire 60-year career—with its various evolving

styles and techniques—and capture both the exuberant ambiance of late 19th-century Paris and the warm intimacy of the artist's wide circle of family, friends, and acquaintances.

Portraiture was central for Renoir throughout his long career, and played a critical role in his livelihood—he was, at

## AT THE BARRINGTON ICE HOUSE MALL



Come home for the holidays with gifts from **Peter Daniel of Barrington** for everyone on your list.

For gifts that last, select luggage & accessories from Tumi. Wallets, belts & briefcases are always welcome. For a lifetime of faithful service, the Swiss Army watch has been tooled to last and engineered for split-second accuracy. We also carry an extensive selection of Swiss Army knives. Plus you will find cigar accessories such as cigar cuff links, paperweights and silk ties.

Make your holidays sparkle with great gifts from Brighton. Treasured keepsakes including leather picture frames, belts, chic timepieces and wallets will make lasting holiday memories all year round.

For your holiday convenience we ship UPS and offer complimentary gift wrap.

**Peter Daniel** is located on the upper level of the Ice House and open 7 days a week, including Thursday & Friday evening until 8:00 p.m. Holiday hours begin December 8th when we will be open Monday through Friday until 8:00 p.m.



one point, as successful a society portraitist as Whistler or Sargent—and *Renoir's Portraits* attempts to arrive at a more focused assessment of the artist's exceptional talents in this genre. The exhibition also seeks to provide a clearer picture of the various developments in Renoir's style and technique over his six-decade career. For perhaps more than any of the Impressionists, Renoir's artistic evolution was intricately enmeshed with his personal life. Unlike Monet, whose art responded to the places he traveled, Renoir's art celebrated people above all else. From his early struggles as a bohemian art student to his success within the circles of the Parisian financial and intellectual elite, Renoir's ambition was to make his name as a figure painter creating art that would be permanent and transcendent.

Whether the somber-colored and dignified images of family members from the 1860s, the high-hued and extravagantly brushed canvases from his "High Impressionist" period in the following decades, or the voluptuously full and iridescent likenesses of his last years, Renoir's portraits share in common his belief in art as an ideal. Instead of the world as it was, Renoir painted the world as he felt it should be. In his painted universe, the daughter of a shopkeeper or circus performer exudes the same charm, confidence, and radiance as the privileged children of society hostesses

and statesmen. Although the majority of his portraits were appreciated by viewers then and now for their sheer brilliance, Renoir's aim was not to flatter but to create a convincing yet artful reality that offered both pleasure and art. For Renoir, painting and pleasing were interchangeable goals. Unlike Degas and Manet, whose canvases could allude to the social tensions and ambiguities inherent in modern society, Renoir separated his sitters from their class, their work, and from any of the harsher realities of day-to-day existence. In so doing, he creates for his sitters, and ultimately for his viewers, a world of untroubled beauty. We know—he knows—that it's an illusion, but we can nonetheless enjoy and be uplifted by it.

Special tickets are required for the major exhibition *Renoir's Portraits: Impressions of an Age* and obtaining tickets in advance is strongly recommended.

Ticket prices are \$10 Monday, Wednesday, and Thursday; \$5 Tuesday; and \$14 Friday through Sunday. The recorded exhibition audio tour and a copy of the exhibition catalogue may be purchased in advance by phone; the audio tour may also be purchased in advance at in-house ticket terminals and at the exhibition entrance. Audio tours are \$4 for the general public and \$3.50 for members and school groups. Call 800/929-5800 for additional information.



# AT THE BARRINGTON ICE HOUSE MALL

## Holiday Events at the Ice House Mall

The **Ice House Mall Village Shops and Restaurant** has been decorated for the holidays, the sounds of the Season can be heard throughout the mall, and our shop owners and their employees are ready to serve you with your gift giving needs. Nestled in this historic building are 18 unique and diverse shops which carry items such as men's, women's and children's apparel, accessories, jewelry, art, crafts, gifts, stationery and gourmet foods. We suggest you make the **Ice House Mall** your first stop in shopping for the holidays. You will find something for everyone!

Mark your calendars now as several community groups will be performing at the **Ice House** throughout the month of December: Barrington Children's Choir Intermediate Ensemble, Saturday, December 6, 1:00 p.m.; Woodland Brownie Troop #152, Monday, December 8, 4:00 p.m.; Countryside Junior Girl Scout Troop #283 and Brownie/Girl Scout Troop #1093, Tuesday, December 9, 4:00 p.m.; Prairie Middle School 8th Grade Chorus, Thursday, December 11, 11:30 a.m.; Station Middle School Select Singers, Friday, December 12, 1:00 p.m.; Barrington High School Freshman Choir, Friday, December 12, 3:00 p.m.; Roslyn Road Brownie Troop #968, Monday, December 15, 4:00 p.m.; Minoka Neighborhood Brownie and Girl Scout Troops, Tuesday and Wednesday, December 16 and 17, 4:00 p.m.; Barrington Brass, Wednesday, December 17, 7:00 p.m.; Grove Avenue Brownie Troop #962, Thursday, December 18, 4:00 p.m.; Dancing Feet Dancers, Friday December 19, 6:00 p.m.

Our ever so popular Santa will return to greet youngsters on the following days: Saturday and Sunday, December 6 and 7, 1:00-4:00 p.m.; Thursday and Friday, December 11 and 12, 5:00-7:00 p.m.; Saturday and Sunday, December 13 and 14, 1:00-4:00 p.m.; Thursday, December 18 through Tuesday, December 23, 1:00-4:00 p.m. Be sure to bring your cam-

era as Santa will be sitting in his beautiful antique sleigh great for picture taking!

The Mall gift wrap center will be open Saturday, December 13 through Wednesday, December 24 from 11:00-4:00 p.m. for **Ice House** purchases. Just bring in your **Ice House Mall** receipt and our staff will wrap your gifts for free.

The **Ice House** will also be collecting toys and gifts from December 5 through December 17 for The Salvation Army/Church Women United. Just look for the large decorated box near the center of the Mall.

All of our shops specialize in personalized service and most offer gift certificates, gift wrapping and UPS service. In addition, mall gift certificates, good at any one of our boutiques, salon or restaurant, may be purchased at the Management Office.

If you have time to pamper yourself, don't forget to visit the She & "I" Hair and Nail Salon, located in the **Ice House**. This full service salon features custom cuts, hair color, perms and manicures. Gift certificates are available and walk-ins are always welcome!

Chessie's Restaurant, which is located at our west entrance, has an award winning menu and is a great place to meet friends for informal dining and warm, friendly service. Patrons can sit in either the vintage Illinois Central railroad car, restored old Barrington train station or bright, skylit atrium. In addition, informal modeling by Ice House shops takes place at Chessie's every Wednesday and Friday from noon to 1:30 p.m. Not only will you enjoy a wonderful meal from their award winning menu but you will enjoy Chessie's fabulous decorations. Its worth the trip.

The **Ice House Mall** is located in downtown Barrington on Applebee which is one block west of the intersection of Route 59 (Hough Street) and Lake Cook (Main Street) where there is plenty of parking. For further information please call **(847) 381-6661**.

*Happy Holidays!*

## "Urban Edges II"—Call for Slides

The BAAC Gallery, a program of the Barrington Area Arts Council, is placing a call for slides for Urban Edges II, a juried art show. The show will be on exhibit at the gallery from February 6 through February 28, 1998. Best of Show and merit awards will be given. A Preview Opening and Artists Reception will be held on February 6, 1998 from 7:00 to 9:00 p.m. at the BAAC Gallery.

The show will be juried by Ben Dallas, Professor of Art at Harper College, Palatine, Illinois. Mr. Dallas is an exhibiting artist and former staff lecturer and curator at the National Gallery in Washington, DC. His work is currently on exhibit in Nashville, Tennessee and Portland, Oregon.

Artists over the age of eighteen and who reside within a 150 mile radius of Chicago are eligible to submit slides for jurying. There are no media or theme restrictions. The jurying fee for up to three slides is \$20 for BAAC members and \$25 for non-members. Entries must be postmarked no later than December 15, 1997. To receive a prospectus, please send a SASE to BAAC Gallery, "Urban Edges II," 207 Park Avenue, Barrington, IL 60010.

The Barrington Area Arts Council (BAAC) is a not-for-profit arts organization that supports, promotes and sustains programs in the visual, literary and performing arts. It is partially funded by a grant from the Illinois Arts Council, a state agency.



## Barrington **ICE HOUSE MALL** village shops & restaurant

### 18 Unique Specialty Shops

offering

*Friendly & Personalized Service*

*Relaxed Atmosphere*

*Convenient Downtown Location*

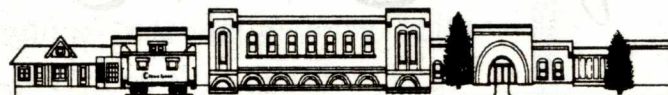
*Plenty of Parking*

*Competitive Prices*

**Free Gift Wrap Center**  
(December 13th-24th)

and

**Regular Santa Visits**



**200 Applebee Street**  
**847-381-6661**

Rt. 59 (Hough St.) and Lake Cook Rd.  
(Main St.) intersection, turn west on  
Main for one block, then turn north on  
Applebee, next to the Jewel/Osco

#### HOLIDAY HOURS:

Sundays, now thru Dec. 21, 11:00-5:00  
Mon. - Fri., Dec. 8 thru 23, 9:30-8:00

#### REGULAR HOURS:

Mon. - Sat., 9:30-5:30  
Thurs. & Fri., 9:30-8:00; Sunday, 12:00-4:00



# Happy Holidays



from *She & "I" Hair and Nail Salon*

*She  
& I*

*Hair and Nail Salon*

During this Holiday Season why not take time out for yourself and stop by **She & "I"** for a hair cut, color, perm, facial waxing, manicure or pedicure. It is the season for parties and the time to feel and look your best!

You can be bold and go for a new "look" with texture, perming and chunky highlighting or for

the more conservative, you can try the classic natural soft body wave. Our stylists, who are trained by international professionals who specialize in the latest styles, are always ready to help you.

**She & "I"** also offers a full service nail salon specializing in acrylic tips, gels, silk wraps, paraffin hand treatments, overlays, manicures and pedicures. Why not try a "full set" for the holidays. This can be completed in one hour from start to finish and you will feel like a new person. You can make your day complete by also enjoying a spa pedicure in one of our European whirlpool pedicure chairs.

If you are planning a trip dur-

ing January or February to a warmer climate, how about a highlight to give you that "fun-in-the-sun" look. Our staff is here to listen to your needs and help you create that special look you want.

Pictured in the above photo are our professional hair designers, nail technicians and support staff. They are from left to right (front row) Rhonda Donahue, Diane Billmann, Kevin Kenny, Kelli Criel, Brad Brabec, (2nd row) Susan Brown, Deanna Holtfreter, Nettie Brumlow, (3rd row) Edy Landa, Jane Pohlman, (4th row) Karen Rice, Suzi Fuller, Tamara Valeria, Judy Thorsen, Kathy Robinson, (5th row) Devonna Primavera, Julie Boland, Pam Clark, Amy Governale, Barb Kuhn, Basia Anistewski, Patty

Meyers, Barb Doneske, Lisa Stein Bach, and Kim Hunter.

**She & "I"** is open six days a week, Monday through Saturday with evening hours on Wednesdays and Thursdays. If you are thinking of someone else on your gift list, why not stop by and pick up a holiday gift certificate. We are located in the Ice House Mall at 200 Applebee Street in downtown Barrington. To make an appointment or for further information, please call **(847) 381-5043**. Walk-ins are always welcome!

The **She & "I" Hair and Nail Salon** staff sends warmest wishes and the happiest of holidays to all of our family and friends. Thanks for a great year. We look forward to seeing you this Holiday Season and in 1998!!



## AT THE BARRINGTON ICE HOUSE MALL

Fine Gifts for Ladies & Gentlemen  
at Jan's of London



Welcome to **Jans of London**, an "English ship captain's study" in the charming and historic Barrington Ice House Mall. Select fine leather furniture, nautical artifacts and English accessories for the office or home. Builder's ship models, scrimshaw, cigars, Charles Vickery prints and giftware for the gentleman. And for the ladies, fine unique gemstone jewelry.

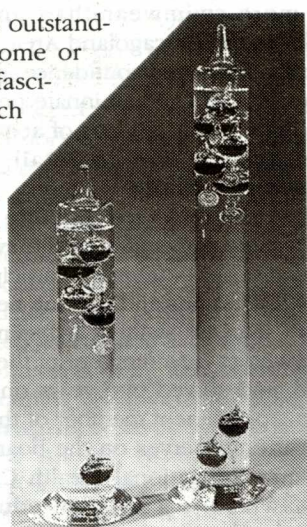
### For an Outstanding Collection of Glass Art

**Chesterfield Glass Galleries** is proud to offer an outstanding collection of glass art. Shown: Perfect for home or office, a Galileo Galilei liquid thermometer. This fascinating, functional instrument is the point at which science meets art. Four hundred years ago Galileo discovered that specifically weighted floating bubbles would predictably rise or sink in a liquid as the temperature of that liquid changed. These decorative glass reproductions of Galileo's discovery have glass floats precisely weighted in .003 gram increments suspended in a clear, environmentally safe, non-toxic liquid. Simply read the tag on the lowest floating bubble to tell the temperature.

Need a small gift yet something unique? **Chesterfield Glass Galleries** offers handblown bottle stoppers, beaded perfume applicators, oil lamp Christmas trees, birthstone angels, ring holders and one of a kind handblown ornaments among many other holiday items.

Pictured in the ad is Cameo Glass "Hummingbirds at Dawn." Look for **Chesterfield Glass Galleries'** article next month for a brief history of Cameo Glass.

*Happy Holidays!*



### We're in the Spirit at Savvy Spirit

Some people can take an ordinary day and swirl a ribbon of happiness around it. We at **Savvy Spirit**, Barrington's newest women's boutique, hope to swirl a ribbon around all of your holiday gift giving ideas to make your holiday shopping a happy experience.

**Savvy Spirit**, located in the Ice House, opened in late October and is already finding itself with a stream of regular customers who prefer a boutique type setting for all of their holiday needs. We offer an alternative to the "grand mall" shopping scene. We try to be a little different and we look forward to helping you put a look together to emphasize your particular style as well as those you may be buying for.

Be sure to stop in to see all of our holiday gift giving ideas from unique accessories, scarves, jewelry and belts, to entire outfits put together in our own "savvy spirit." Sweaters and unusual jackets also available. Dressy to casual, we have it all!

For our holiday shoppers we have designed a "please shop for me at **Savvy Spirit**" card to give to those who might be looking for that special something for you. Stop in to fill out a card.

We wish you the warmest of holiday cheer and hope to see you soon at **Savvy Spirit**.



## GIVE THE BEST



To Your Valued  
Employees, Clients  
& Loved Ones

italian sterling silver jewelry • nautical artifacts • ships models • gemstone jewelry

**JANS OF LONDON**

847-381-5767 • 200 Applebee Street • Barrington

## Chesterfield Glass Galleries



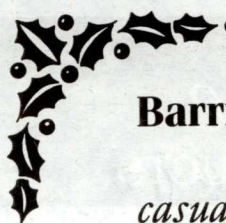
*Give the Gift  
of Glass Art*

*One-of-a-Kind Elegance*

Barrington Ice House

200 Applebee St.

382-6677



*experience*

**Barrington's Newest  
Boutique**

*casual to dressy fashions*

- unique scarves, jewelry, belts
- sweaters & unusual jackets

**Fill All Your  
Holiday Needs**

**Savvy  
Spirit**

381-6772

200 Applebee  
Barrington Ice house



## LWV Addresses Campaign Finance Reform

The members of the League of Women Voters of the Barrington Area invite you to attend a program about that very troubling matter, Campaign Finance Reform, on December 16 at 9:30 a.m. at the Barrington Area Library, 505 N. Northwest Highway.

The subject is so broad—on national and state levels—covering all kinds of money, hard and soft, collected with and without rules from individuals, big business, unions and sundry lobbying groups.

The program will include a short video-

tape, "Campaign Finance in Illinois," followed by State Representative Lauren Beth Gash describing the situation in Illinois and making some suggestions as to how we can tackle the problem.

Please join us in understanding just why we should all be concerned about the issue. We want our public officials to respond to the real needs of the state and not to the interests of those making large campaign contributions.

We're looking forward to seeing you on December 16.



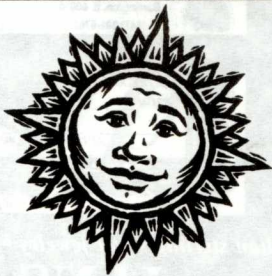
Barrington LIFESTYLES December 1997 9



# La Belle

FOR CRUISE

SEASCAMP  
by CAMP



## 1998 CRUISEWEAR COLLECTION HAS ARRIVED

*You've got to see it to believe it!*

Sizes 6-48

Alterations Always Available



Glenview	Arlington Heights	NOW OPEN Barrington
Carillion Square	Ridge Plaza	Ice House Mall
1448 Waukegan Rd.	874 W. Dundee Rd.	200 Applebee St.
847-998-8400	847-577-3700	847-842-8500

# La Belle

FOR MASTECTOMY PRODUCTS

Naturalwear®  
by CAMP®



Naturalwear®  
flatters you  
with feminine  
romance



Medicare & Insurance Approved  
on Mastectomy Products

Naturalwear® postmastectomy brassieres and naturalistic breastforms keep the romance in intimate apparel. Pretty, lacy bra styles and a wide range of quality breast forms.

### For your convenience...

**LaBelle is now offering to ship to Y-ME any forms, in wearable condition, for less fortunate women.**

Member of Women's Health Care Educational Network

Glenview	Arlington Heights	NOW OPEN Barrington
Carillion Square	Ridge Plaza	Ice House Mall
1448 Waukegan Rd.	874 W. Dundee Rd.	200 Applebee St.
847-998-8400	847-577-3700	847-842-8500

## AT THE BARRINGTON ICE HOUSE MALL

### Meet Judy Abrams Owner of LaBelle Swimwear & Lingerie

"Women are anxious about their bodies and buying a swimsuit is about as pleasant as going to the dentist," says Abrams. "But when you offer them the help they need and start to gain their trust, they are yours. I could sell them the ice in the winter."

"Most of my customers are regulars. They know that I know what I am doing and will fit them in the perfect suit. This is why they come back. Personal service."

The atmosphere is a familiar one whether you are a regular or a LaBelle's shop neophyte. Judy has a gift of exuding a confidence level that puts everyone at ease. In her store the trials of finding and buying swimwear do not burden the consumer. She assumes that responsibility, and that is the secret to her success. That is why LaBelle's Shop sells and carries more swimwear than any other retailer in the Chicagoland Area.

Abram's obvious confidence in herself, however, is not just an innate personality trait, but a result of years of acquiring an intense education in retail, and in swimwear especially.

When she took over LaBelle in 1979, she became a member of the swimwear board at the apparel mart. Participating in panel discussions and helping new retailers get into the swimwear business. She was asked to be a member of the lingerie board, and served two years on it. Now she is a permanent member of the board. She currently serves on the board of the Women's Educational Health Care Network, which is a national educational network of retail mastectomy fitters bringing better service to women who have had a mastectomy.

She is a registered mastectomy fitter and finds that a large part of her business is fitting mastectomy customers in forms, lingerie and of course swimwear which make the mastectomy customer feel normal and comfortable. She redesigns some swimwear and alters 70% of the swimwear she sells usually at little or no cost to her customers. Cheryl Tiggs doesn't shop at LaBelle's, but when Abrams' customers leave, they feel like a very special person, they are custom fit and look perfect in their suit.

Abrams' theory is to make purchasing a swimsuit as painless as possible. In spite of carrying over 30 lines of swimwear from size 6 to 52, the stock is simply and logically arranged for the customers. All swimwear is stocked by bra size, then arranged by style. From unconstructed to industrial strength/skirted suits with girdles and bra cups. "All body styles made in swimwear are stocked by LaBelle." But Abrams doesn't allow her customers to ponder even this.

"This is a 100 percent service operation," says Abrams, whose store offers

alteration service for their swimwear clients. "My customers don't go to the rack and start sifting through things. We go to them first. When they walk in the store we look at their body and get to work. If you're female and want a suit, we fit you."

Abrams doesn't kill them with kindness, either. She overwhelms them with expertise.

"Fitting, to me, is a mathematical thing," states Abrams. "You have to see things in a mathematical framework and balance everything. Everyone, whether real or imagined, has a problem with their body. We try to keep that in mind and work within that realm to balance their body and create the look they want. We do tell people what is wrong, that is our reputation. I won't sell a suit that doesn't look good on a person. When a woman walks down a beach and gets a compliment on her suit, that is my best advertising."

"I try to bring in a new line or two each season. We try to stay on the cutting edge. My taste goes to the very avant garde when possible, but I offer something for everyone. I buy very exciting and very safe at the same time."

"I feel I sail past my competition by paying attention to the silent majority. This majority is the entire population save the 5 to 9. This includes: plus sizes, long torso, medical specialties, maternity. For sales and profit increases, you must look to these commonly ignored categories."

LaBelle has certified mastectomy fitters, they carry the most innovative products in breast forms, brassieres and fashion accessories, including turbans and hair alternatives plus swimwear to fill all women's needs. They can offer an insight on the proper fit for different/difficult surgeries. They carry a large variety of lingerie and foundations designed especially for the mastectomy along with the latest prosthesis that attaches to the body (a safe alternative to the implant).

The post mastectomy products are from major suppliers: Airway, Amonea, Camp, Jody and Nearly Me. The prices of our forms range from \$200 to \$440.

We are at three locations convenient to tollways and major highways.

Our Glenview location is at 1448 Waukegan Road, (847) 998-8400. Our Arlington Heights location is at 874 W. Dundee Road, (847) 577-3700. Our Barrington location is at 200 Applebee Street, (847) 842-8500.

Lastly, how does she find new customers? Especially without using the next ten year's advertising budget over the next six months? "First, I'd like to be clear that you accept that advertising is a process, not an event. Advertising must be considered fixed overhead for a retailer."

No matter what "The customer is always first."





## AT THE BARRINGTON ICE HOUSE MALL

### A Gift Celebrating Peace, Joy and Harmony

The Christmas Season is upon us and the Millennium Collection offers a gift celebrating peace, joy and harmony. Each piece is a numbered edition.



Silent Night

We also have the museum collection of Angela Tripi, "The Nativity," also a numbered edition.



Peace on Earth

**Blessings** continues to serve you in selecting the perfect gift for that someone special. We wish you peace and joy throughout this holiday season. Your friendship, trust and business has been a Blessing to us.

### Graphic Source Exhibits Gifts of the Magi

The **Graphic Source Art Gallery** announces the opening of its December Gallery Exhibit entitled *Gifts of the Magi* which features mixed media works of art by Barrington artists Jeanne Kramer and Dorothy Burgess. Jeanne's mixed media real life angels delightfully allow the viewer to glimpse the passing of time while Dorothy's handbags, neckpieces and accent pillows bring us stylishly into the present. Abundant creativity, fine attention to detail, and excellent craftsmanship make all of these works of art unique, one-of-a-kind holiday gifts. Jeanne and Dorothy are among the founding members of the Contemporary Arts Center of Arlington Heights and have exhibited extensively in juried fine art shows and fine art galleries.

The art of Jeanne Kramer and Dorothy Burgess will be featured during the month

of December with an Opening Preview and Artists Reception on Friday, December 5 from 6:00-9:00 p.m. The public is invited to attend this festive opening. Wine and hors d'oeuvres will be served and a holiday drawing will be held. No purchase necessary.

For more holiday gifts that are out of this world, select from the **Graphic Source Art Gallery** collections of original paintings, limited edition prints, poster art, exquisitely handcrafted jewelry and accessories for the home. Gift certificates and professional custom framing are always available.


The **Graphic Source Art Gallery** is located in the Ice House Mall at 200 Applebee St., Barrington, IL. **847-381-2476**. Holiday Gallery hours are Monday through Friday 9:30 a.m.-8:00 p.m., Saturday 9:30 a.m.-5:30 p.m. and Sunday 11:00 a.m.-5:00 p.m.

### Ill. Questers Hand Gavel to Barrington Woman



The Illinois State Questers convention was held at the Watercress Banquets in Palatine on October 9. Carol Busse of Mt. Prospect handed the Presidents gavel to Jerry Ferguson of Deer Park-Barrington, who is to serve as President for the next two years. There are 1154 members with 67 Chapters in Illinois. Questers is an In-

ternational study organization formed in 1944 by Jesse Elizabeth Bardens of Fort Washington, Pennsylvania. Its aims are to stimulate the appreciation of antiques through study and to encourage the preservation of historical landmarks. Questers gives grants to projects the members work on.





*Gifts that will warm your heart  
and warm the heart of those you love  
are always available at BLESSINGS*

Gifts to choose from include: Nativity Sets, Porcelain Figurines, Wooden Angels, Wall Art, plus our ever-popular books and religious items.

**We will offer a 20% discount on any item in our shop if accompanied with this ad.**

*Thank you for your patronage  
and Merry Christmas to all!*





Ice House Mall • 200 Applebee Street  
Barrington, Illinois 60010 • 382-0774

*"Gifts from the Heart, Inc."*

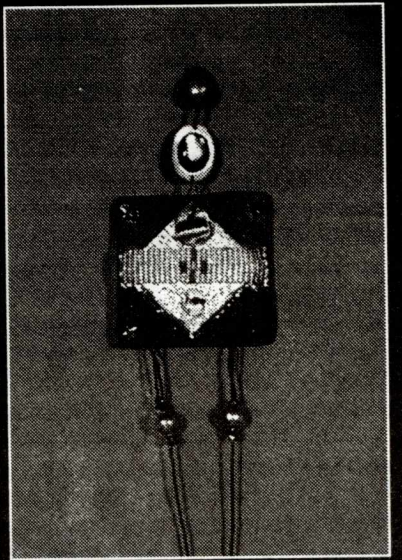
NOVEMBER GALLERY EXHIBIT

HOLIDAY DRAWING

### GIFTS OF THE MAGI



"Angels" by Jeanne Kramer



"Accessories" by Dorothy Burgess

**Preview Opening and Artist's Reception**  
**Friday, December 5, 6-9 pm**

*Please join us for wine and hors d'oeuvres and a holiday drawing.*

No purchase necessary.

**GRAPHIC SOURCE**  
Art Gallery

200 Applebee St. • Barrington • 847-381-2476

Located in the Ice House Mall

**VISIT THE GALLERY FOR MORE UNIQUE HOLIDAY GIFT IDEAS**

### For Children of All Ages

The Barrington Chapter of Lyric Opera of Chicago will present *Little Red Riding Hood* at 3 p.m. on Saturday, December 20 in Barrington High School's Richard C. Johnson Auditorium. With music by Seymour Barab, the Papai Players' production is a one hour humorous adaptation of the opera and guaranteed to delight children of all ages. Advance tickets are \$5 per person (\$6 at the door). Children must be accompanied by an adult. Call (847) 304-2767 to reserve tickets.







**T**he Holiday Season is a time to take a moment and reflect on the year past. This being our first Christmas, we wish to express unconditional gratitude to all of our clients for making this past year very special.

The L'Auberge family wishes your family a happy Holiday Season and a prosperous and healthy new year.

*L'Auberge*

*A. Golden Day Spa & Salon*

*The Foundry  
764 W. NW Hwy.*

*Barrington  
277-7000*

## BJWC Gearing Up for "Passport to Fashion"

The ladies of Barrington Junior Women's Club are gearing up for their 11th Annual Spring Fashion Show. They will be showcasing fashions from different destinations around the world, hence naming it "Passport to Fashion." The event will be held March 7, 1998, at the Wyndham Chicago Northwest. Tickets are \$40 per person.

Besides a delightful afternoon of great clothes and a sumptuous lunch, there will also be a silent auction filled with items including sports tickets, jewelry, gift baskets, home decor and much more. New to the event will be a live auction featuring a few selected items sure to get temperatures rising, including American Airlines tickets and Bulls tickets.

Currently the committee co-chaired by Becky Monak of Lake Barrington and Sue Randall of Fox Point are hard at work getting the "Passport to Fashion" off the ground. Tickets and reservations are currently on sale, which is being headed up by Janice Clarke and Sue Padulla, both of Fox Point, and Karen Hamilton and Ann Moll of Fox River Grove. Julie Culver of Barrington and Kristin Rappe of Inverness are working on the program. The Silent Auction Committee is starting to work on donations, the bulk of monies raised from this event come from the silent auction. The



**Co-chairs for "Passport to Fashion" are Sue Randall and Becky Monak.**

committee consists of Terri Votaneck (chairperson), as well as Doreen Colletti, Candy Bryan, Debbie Heatherly, Laura Lutsch, Laura Santiago, Heidi Schmeling, MaryAnn Troiani, and AnnMarie Wiley, all of Barrington. Other notable BJWC women working hard on "Passport to Fashion" include Linda Hanaford, who is working with the volunteers, and Janet Sheridan, who is doing production for the actual show.

Proceeds from this fund-raiser are allocated in

## Randi Bergey Joins Pediatric Cancer Foundation

Having attended some of the present doings and talking with Bear Necessities Pediatric Cancer Foundation, Inc. Randi Bergey (Arlington Heights) joined the foundation as Director of Development. Bergey, formerly a volunteer with the Make-A-Wish Foundation was swayed heavily after finding that pediatric cancer is the leading cause of death by disease, among our children right here in the United States. Bergey commented, "How can any of us not try to jump in and help when we find that pediatric cancer has grown to nearly 8,300 cases yearly with over 41,000 children stricken in just the past five years. "She added, "Bear Necessities Pediatric Cancer is returning an outstanding 81% back to the cause and the children and receives no federal nor state funding.

Mrs. Bergey will organize teams of "Wish Granters" and work on building greater awareness of Pediatric Cancer along with presenting the credentials of Bear Nec-



**Randi J. Bergey, Director of Development with Kathleen A. Casey, Executive Director and Founder of Bear Necessities Pediatric Cancer Foundation, Inc.**

sities to groups.

For more information or to volunteer, please call Bear Necessities at (847) 516-4081.



the area such as Community Crisis Center in Elgin, BAAC, Barrington High School, scholarships, Home of the Sparrow, PADS,

DARE and Safety Town to name just a few. For ticket information call the BJWC hotline at (847) 734-5076.



## Create Your Holidays with Festive Fabrics

Many of our print fabrics from the Province area in the South of France make up beautifully for your holiday party plans. These prints work so well with each other as tablecloths. Mixing many patterns together is the look of Provence.

Tablecloths are so great using two different fabrics and a third as an undercloth.

We also have a wonderful selection of Christmas fabrics that can easily be made into tabletop for the holidays. As a special offer we would like to extend a **20% savings** on our Christmas fabrics.

Please stop by **Les Tissus Colbert** so we can help you create a festive look for the holiday season.

## BWC Raises \$1,800 for Scholarships

The Barrington Woman's Club annual card party raised \$1,800 for its scholarship program announced Co-chairwomen Luisa Bremer and Pat Pertl. Sixty-five prizes were awarded, including the mums won by Stephanie Young (left) and Jeannette Jensen (shown).

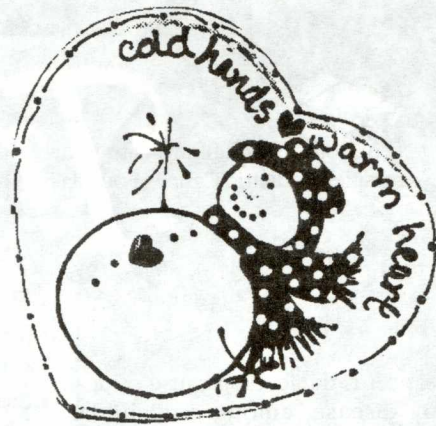


## For the Hard-to-Please People on Your List

Every Christmas list has those hard to please people—a "cold hands—warm heart" plate will please the fussiest on your list!

This beautiful pottery group has many unusual pieces including an oversized cup that's great for the chili or hot chocolate lover on your list. The portly snowman dressed in top hat and carrot nose will become your favorite too.

It's still not too late for a great selection of boxed Christmas cards at **Little Shop of Papers**. Discover many other delights for the holiday by visiting at 740 W. Northwest Highway, the Foundry of Barrington. Holiday hours starting December 10: Monday through Friday 9:30



a.m. to 7:00 p.m.; Saturday 9:30 a.m. to 5:50 p.m.

## There is No Cosmetic for Beauty Like Happiness

Did you know being **happy** is good for your health? Being **happy** feels great. When you're smiling and laughing, your mind and body react in positive ways. All of the staff at **Fashion Corner** would like to help make your holidays **happy** and healthy by making your shopping fun and easy. Visit **Fashion Corner**, and let us assist you in your gift giving selections. You will be smiling and laughing while we **wrap your gifts for free**. **Fashion Corner** also has shipping facilities, so you can smile and laugh about the fact that you don't have to ship all of those great gifts you found. Let us do it for you!

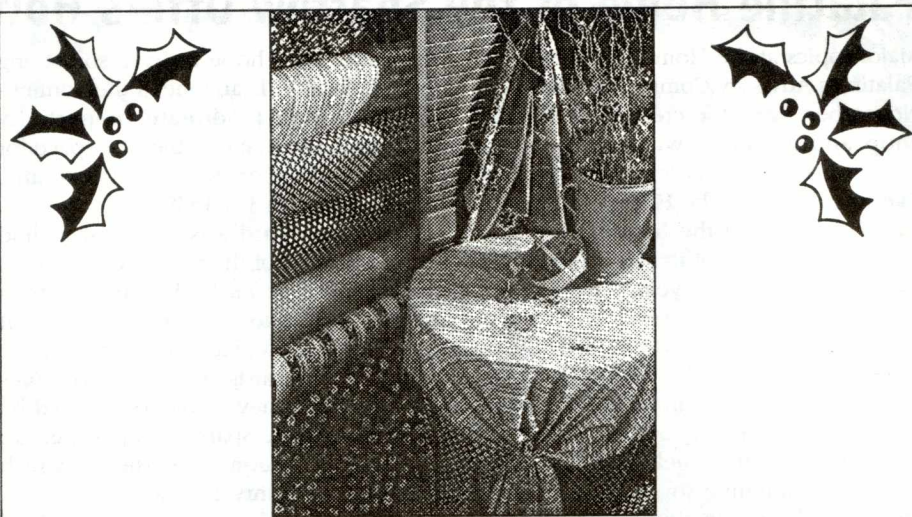
You might be so **happy** you will just have to buy yourself a little gift. We know that will make you smile!

Happy holiday hours are Monday-Friday, 9 a.m. to 8 p.m.; Saturday, 9 a.m. to 5 p.m.; and Sunday 11 a.m. to 4 p.m.

All of the **Fashion Corner** staff wish all of you and your families happy holidays and good health in the new year.

**Fashion Corner** is located in the Lake Zurich Shopping Center, near the Jewel/Osco.

**Featuring women's and children's apparel since 1957.**



## CREATE YOUR HOLIDAYS WITH FESTIVE FABRICS

*Les Tissus Colbert offers the finest holiday fabrics for gift-making and holiday decorating.*

### SAVE 20%

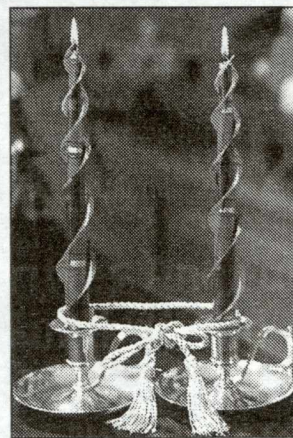
on all Christmas fabrics and ready-made items including pillows, tablecloths, tablecloths and throws.



712 W. Northwest Hwy.  
The Foundry

Barrington  
382-6076

## Gifts for the Holidays



Gift boxed cocktail napkins, wine stoppers, ornaments and gift bags galore. Beautiful beeswax candles decorated with holly, glitter and gold, each hand-rolled and painted—sure to please your favorite party hostess! And a sparkling tassel for a really festive touch.

*Little Shop of Papers, Ltd.*

740 W. Northwest Hwy./The Foundry  
(847) 382-773

Happy Holidays!

## Fashion Corner

847-438-6789  
lake zurich shopping center

featuring women's and children's clothing since 1957



## Palatine Home of the Sparrow Offers Holiday Cards

Major topics at the Home of the Sparrow Palatine's Advisory Committee meeting in November were: the creation of a resale shop and a "stage two" residence for those who have completed their three to five month stay in the Home of the Sparrow Palatine, and the holiday card sale. These are all firsts for this new group, like everything else this year. The Palatine residence, a transitional shelter for women and their children, opened on June 30.

Advisory Board Chairman Rita Canning, member Terry Leighty and Executive Director Rev. Phyllis Mueller reported that they are continuing to seek appropriate space for the resale shop and stage two

residence. They hope to have something definite shortly. If anyone is the community is willing to donate or partially underwrite the cost of either the space for the resale shop or the stage two home, please call (847) 359-1558.

The holiday card was drawn by a child from the Home of the Sparrow. It's a cute picture of a wreathed house with a mother and child standing before it. It says, "There's no place like home for the holidays." The cards are sold in packages of 10 for \$10. They're also being sold by the Friends of the Sparrow, support group for the organization's first shelter, which opened in McHenry 11 years ago.

Holiday Card Chairman is Pat Gallis of

Barrington. Assisting with the Palatine portion of the card sale is Diane Pelletiere of Palatine. Pelletiere is on the Advisory Committee and also in Palatine Partners, volunteer arm of Home of the Sparrow Palatine. Pam Smith is the new

Co-Chairman of Palatine Partners, along with Gail Brownstein, also of Inverness.

Thanks to the generosity of local merchants, the cards will be available at some area shops. To order by phone, call (815) 344-1775.

## Tri Delts Host Holiday Potluck

The Chicago Northwest Suburban Chapter of Delta, Delta, Delta sorority will celebrate Christmas with a potluck dinner at the home of Marty Webb on Tuesday,

December 9 at 7 p.m.

For further information please call 381-5228 or 726-0411.

## At G. Whiz, You Won't Get in a Pickle

Don't get yourself in a pickle over the holidays! We can help you with all of your gift giving needs. Our handblown German glass ornaments make a perfect gift. Many of the ornaments come with stories relating to traditions of the holiday season. The pickle is our most popular... and to make it even harder to find on the tree, we offer the Gherkin. It's a very tiny pickle with a price tag of just \$3.50!

Each ornament comes in a great box detailing its creation with an acetate window to see the ornament. And there's an ornament for every occasion—nutcrackers, ballerinas, frogs, angels, grapes, penguins, Santas—even a wedding collection! This year we've added light covers—a unique handblown glass ornament that is placed over your miniature lights. It glows!

Our huge gift selection is as varied as our ornaments and we're holding several

special events to celebrate:

### Special New Collections Event


**Saturday, December 6, 10 a.m.-7 p.m.**

Featuring Motherlinks—custom necklaces, bracelets and rosaries made from semiprecious stones, sterling and 14K beads combined with baby letters. And Harmony Kingdom, a hot new line of unusually detailed boxes handcrafted in England.

### Panic Shopping Open House

**December 12, 13, & 14**

Featuring a HUGE selection of Boma sterling jewelry, some with semiprecious stones. From post earrings to rings to watches to ornate necklaces, this line offers a little something for teens to adults! Plus special sales this weekend! Our store is loaded with the unusual! If you've never stopped in, make it a point to visit us this holiday season. You'll be pleasantly surprised!



presenting

### The Pickle Ornament

On Christmas Eve, the Pickle ornament was hidden among the green boughs on the tree. The child who found the pickle ornament would receive an extra gift from St. Nicholas

**G. Whiz**  
a unique collection of artisan jewelry, wearable art & imaginative gifts  
724 W. Northwest Hwy., The Foundry, Barrington  
Holiday Hours: Mon-Sat 10-7 Sunday 11-5  
(847) 304-0255

**Special Trunk Show:** December 6 featuring Motherlinks & Harmony Kingdom, 10-7  
**Panic Open House:** December 12-14 featuring Boma sterling jewelry 9:30-7, Sunday 11-5



# Trianon

formerly the Lamplighter

TRIANON FEATURES MANY LAMPS AND CHANDELIERS, AS WELL AS A WIDE SELECTION OF SHADES INCLUDING CUSTOM SHADES, SILKS, HARDBACKS AND CHANDELIER SHADES. OUR NEW LOCATION HAS ALLOWED TRIANON TO EXPAND ITS INVENTORY TO INCLUDE CUSTOM FURNITURE, AS WELL AS HANDPAINTED AND ANTIQUE PIECES, AND PERSONALIZED CUSTOM-ORDERED FURNITURE. WE ALSO CARRY AN EXCEPTIONAL INVENTORY OF DECORATIVE PRINTS, OILS, AND ONE-OF-A-KIND GIFTABLES THAT WILL PLEASE EVEN THE MOST DIFFICULT TO BUY FOR FRIENDS AND FAMILY.

**756 W. NORTHWEST HIGHWAY  
BARRINGTON, IL 60010  
TELEPHONE: 847.381.0739  
FACSIMILE: 847.381.4859**

PHOTOGRAPHY BY PAPADAKIS



## Artistic Holiday Gifts from Marcene's Frame Shop

Happy Holidays from the employees of **Marcene's Frame Shop**.

Are you looking for a special gift for a party hostess, a teacher, stocking stuffer, a friend or loved one? Need a little added decoration for the home? We have a large selection of seasonal flags that range in price from \$15-\$25, Country Folk dolls depicting Santas, Snowmen and Penguins from \$12.50. Great gifts for teachers, baby sitters or stocking stuffers.

We carry a large selection of photo frames. Everyone could always use one more photo frame for that special person or vacation photo. We also have Bird Houses hand painted by a local artist. We have a number of framed and unframed Christmas prints. For example, Paul Landry's "It's a Wonderful Christmas," de-

picting the town of Bedford Falls from the old favorite Christmas movie. Also available is Terry Redlin's seventh annual Christmas print, "Racing Home." Art that has Christmas decorations on it will be **20% OFF**.

We are known for our quality framing at reasonable prices. Please stop by today and view our art work including our specially priced seasonal art or discuss your framing needs. All our framing is done in our workroom by three professional framers who have 25 years experience.

We are located across from the Catlow Theater and have been serving the Barrington area for 15 years.

**Marcene's Frame Shop and Art Gallery** is located at 117 West Main Street. **381-6878**.

## Holiday House Walk "Trimmings & Treasures"

St. Francis de Sales PTO announces its first Holiday House Walk. On Thursday, December 4, St. Francis de Sales will present "Trimmings & Treasures"; a festive house tour sure to put you in the holiday spirit. Proceeds from this fund-raiser will go to school improvements.

Trimmings & Treasures will include four beautifully decorated homes by several area florists. These homes, varying in architectural design from an authentic log home, modern, to a traditional colonial, are located in the villages of Long Grove, Kildeer and North Barrington.

After viewing these four wonderfully different homes, guests are invited back to St. Francis for a complimentary tea and to shop the Holiday Boutique. Have fun with the

silent auction featuring table top Christmas trees which were creatively decorated by the Students of St. Francis de Sales School. A box lunch will also be offered.

Doors to the homes will be open from 10 a.m. to 3 p.m. of Thursday, December 4. Maps to the homes on the House Walk can be picked up at St. Francis de Sales in Valer Hall, beginning at 9:30 a.m. St. Francis de Sales is located on Buesching Road at Route 22 in Lake Zurich.

Tickets can be purchased until December 3. No tickets will be sold the day of the House Walk. To have an invitation mailed to you, please call Pam Urban at 382-7619.

As a courtesy to the home owners, we ask that no children attend the House Walk.

## One at a time.

One beautiful piece of jewelry at a time. This is the credo behind the high quality of work produced at **I.K. Design**. Other incredible jewelers throughout history must have also used this idea, such as Faberge whose Imperial Easter Eggs are unmatched in their intricate detail. But these eggs were not his bread-and-butter work, but smaller, simpler, less expensive objects which were still superbly constructed. Taken from an 1899 catalog, the following policies on quality and pricing used by Faberge, are also the guidelines that hold true today at **I.K. Design**.

"...as to the quality of our products. It will be sufficient to acquaint our customers with the following... principles, which have always guided us during many years of our business:

"1. It is our strict rule not to supply any goods of poor quality under any circumstances.

"2. It has always been our endeavor, and our clients can see this for themselves, to offer to the public the greatest number of entirely new forms and designs. Goods which have gone out of fashion will not remain in our shop. Once a year they are collected and melted down.

"3. We try to produce our goods in such a way that the value of each object purchased from us fully corresponds with the sum paid for it, i.e., we sell our goods as

cheaply as their careful execution permits.

"4. Thanks to our considerable capital resources, we are always able to make and hold at the disposal of our clients a large quantity of the most varied and valuable articles.

"5. Under no circumstances do we tolerate the possibility of any objects equal in quality to our own being sold elsewhere at a lower price than fixed by us, for the reason (that) our own prices are always moderate and correspond to the quality of the stones and the workmanship which went into the production of the article; at the same time, we beg to point out that goods made of the best quality material will naturally be more expensive than those made of materials of inferior quality.

"The range of models and designs fully corresponds to the range of prices. Taking into account both the need of the higher classes of society as well as the interests of the middle class, we provide both the luxury and expensive goods to satisfy the most refined taste as well as the inexpensive goods within the reach of the not so well-to-do." (Lapidary Journal, November 1997)

This quality of fine jewelry can be yours today at **I.K. Design**. Experience for yourself the fine quality of custom design and craftsmanship by owning a piece of jewelry made by Isaac Kornhauser of **I.K. Design**.

## Exciting Holiday Gift Giving Ideas!



*Racing Home*, Terry Redlin, 14"x24", \$150

**20%** on All Christmas Framed and Unframed Art

**Photo Frames • Seasonal Flags  
Christmas Country Dolls**



Est. 1982

117 W. Main St. • Barrington • 381-6878

Please Bring In Your Christmas Framing Early

*Marcene's*  
Frame Shop & Art Gallery Ltd.

*Wishing You A  
Happy & Healthy  
Holiday Season*

*from the*

*I.K. Design Family*

**DESIGN**

141-b S. NW Hwy., Barrington, IL 60010 • (847) 381-8626



*an elegant solution for your Holiday shopping...*



## Save 25% on Holiday Gift Certificates

In the quest for the perfect gift, here's an idea that will put a smile on everybody's face: buy a Holiday Gift Certificate and pay 25% less than the value listed on the certificate! You'll be giving a gift of lasting beauty that is guaranteed to suit their tastes perfectly...

*Happy Holidays!*

### L & W L A M P S

Distinctive Lamps and Shades  
710 S. Northwest Hwy. • Barrington  
Phone (847) 382-3195



DECORATING  
*Connections* INC.

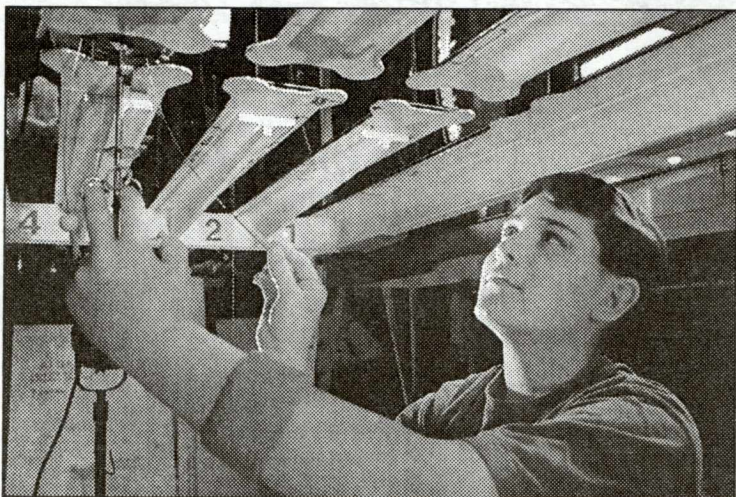
*Happy Holidays!*

**25% OFF ALL HOLIDAY MERCHANDISE**  
*seasonal wreaths, candles, ornaments,  
throw blankets, artwork and more*

BRING IN THIS AD FOR AN ADDITIONAL 5% OFF • OFFER EXPIRES 12-31-97

Kelsey Rd. & Rt. 59 • (847) 381-7137 • The Marketplace  
Hours: Mon.-Fri. 9:00-6:00, Sat. 9:00-5:00, Thurs. till 8:00

## Opera in Focus Holiday Presentation



Pictured beneath the stage of Opera in Focus, Mark Boudreau manipulates the controls of the rod puppets on stage tracks. Mark, a principal puppeteer for four years, is sixteen and resides in Palatine.

During the month of December, Opera in Focus will present *Hansel & Gretel*, a complete opera in English, on December 3, 6, 17, 20, 21, and January 3, 1998. Selections from *La Boheme* and a special Christmas offering of "Sweet Li'l Jesus Boy," "Oh Tannenbaum," and "Oh Holy Night" will be on December 10, 13, 27, and 28. Performance times are Wednesdays and Saturdays at 1:30 p.m. and Saturdays at 8:00 p.m. Opera in Focus is located at Park Central, 3000 Central Road in Rolling Meadows. Doors open one half hour prior to performance. Reservations suggested. Adults \$9, children \$6, seniors \$8. Group discounts. (847) 818-3220 daytime.

The elegant 65 seat theater is handicap accessible.

Lavish in its staging and costuming, Opera in Focus magnificently presents operas and operettas with puppets moving to recorded music. The uniquely animated rod puppets, the only ones of their kind, are the wonderful invention of William B. Fosser and, for many, will bring back memories of the old Kungsholm Miniature Grand Opera of which Mr. Fosser was Artistic Director.

Every performance is followed by a demonstration of how the puppets are manipulated and a tour of the highly technical backstage area.

## Bright Ideas for Gift Shoppers

If you are still looking for the perfect gift, consider a beautiful lamp. Lamps are functional works of art... objects of intrinsic beauty that are also eminently practical (talk about getting—or giving—the best of both worlds)!

Just take a look around **L & W Lamps**: with the enticing range of choices, you could easily find the perfect gift for most everybody on your list—a gorgeous lamp of handcut 24% lead crystal for Mom... a perfectly turned solid cast brass reading lamp for Dad... the coolest in halogen for Junior...

From the striking retro elegance of a Tiffany to handpainted porcelains by Bob Timberlake... solid brass in every conceivable configuration... country woods and hand-forged wrought irons... **L & W**

**Lamps** is a treasure trove of eclectic beauty. And lamps are a perfect gift not only because they are beautiful but also because they come in a wide range of prices. You can pick a darling little Victorian accent lamp for as little as \$22... or a German-engineered Holtkoetter Halogen Torchiere with separate reading lamp for \$799!

Not sure what style they'll like? Then how about an **L & W Lamps** Holiday Gift Certificate. These elegant certificates make sure the recipient gets exactly what he or she likes... and until Christmas, you can purchase them for 25% off their face value!

So grab your list, head on over to **L & W Lamps**... and get set to find the perfect gift! **L & W Lamps** is located at 710 S. Northwest Hwy. in Barrington. 847-382-3195.

## Enjoy a Warm and Merry Holiday Season

Your friends at **Decorating Connections Inc.** wish you all a very warm and merry holiday season and a happy new year. May you enjoy this festive time of year with family, friends and fun alike.

During the month of December we will be offering **25% OFF** all winter holiday floral arrangements, table runners, ornaments, candles, wall hangings, potpourri and more.

Give yourself more time by visiting **Decorating Connections** for all of your holiday gift and decorating needs. Our experienced interior design staff can help you create the home interior you have always wished for; they can help spruce up your existing interior with some beautiful holiday accessories.

If you are looking for interior design, commercial design, furniture, artwork,



lighting, carpeting, area rugs, decorative painting, or accessories, then please visit us at **Decorating Connections Inc.** We are located in The Marketplace Shopping Plaza on Route 59 and Kelsey Road.

## NW Gamma Phi Beta Alums to Meet December 11

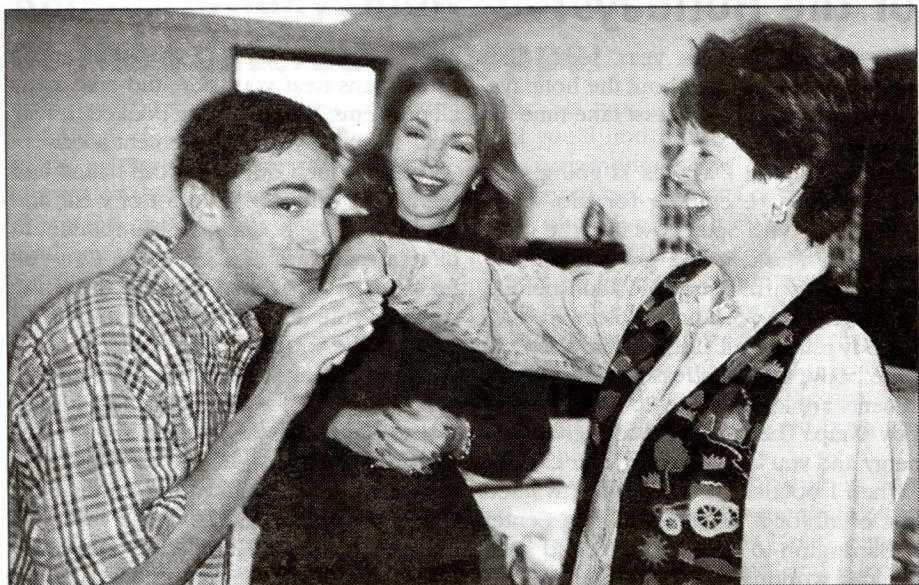


The Crystal Lake Area Alumnae Group of Gamma Phi Beta sorority plans a festive holiday gathering, including an ornament exchange for those wishing to participate on Thursday, December 11 at the home of interim president Diane Nopenz. Sisters interested in attending or in receiving more information regarding the group's activities should call Diane Nopenz at 815-477-9814 or Sheila Luecht 815-356-8385 for more information.

A meaningful Founders Day Celebration was held on November 8 at the home of sister Stephanie Marin in Crystal Lake. Attending were, standing, Stephanie Marin, Sheila Luecht of Crystal Lake, Cindy Alexander of Hoffman Estates, Barbara Bender of Barrington, Seated, Susan Schnackenberg of Woodstock and Diane Nopenz of Crystal Lake. Not pictured, Sandy Nank of McHenry.



## Stuff Your Stockings with Etiquette



Ruth Kern overseeing the fine, but almost lost, art of hand kissing as Ricky Leavitt kisses the hand of Home Ec teacher Sandra Serafin at Lake Zurich High School where Ruth had given a seminar on etiquette

Do you find yourself wishing that your "little darlings" would sit up straight at the dinner table, put their napkins on their laps and not gobble their food? Well, give your kids a gift certificate of etiquette this Christmas. **Ruth Kern, International Etiquette Consultant**, will conduct tutorial lunches or dinners for children as young as 8 years old at D & J Bistro starting in January, 1998.

Do you yourself sometimes feel uncomfortable at a business or social occasion because your "etiquette expertise" is not what it should be? Ruth will also hold tutorial dinners for adults at D & J Bistro, Barrington Bistro and Le Titi de Paris starting in January. These dinners will include not only proper dining etiquette, but also all the etiquette and protocol you will ever need to know even at the most elaborate dinner where there is a guest of honor and fingerbowls!

When Ruth was being interviewed on stage at the Mrs. Illinois pageant last summer, she stated that you can tell a lot about a person by the way he eats his food. Her husband thought that she sounded like the snob of the universe, but in fact, that is a true statement! In Berlin in 1923, a woman claiming to be Anastasia, the youngest daughter of Tsar Nicholas of Russia, seemed to know things that only the real Anastasia could have known, but she ate her food differently than the daughter of a tsar would have eaten it! Doubts about her credibility crept in partly because of the way she ate her food! She was never acknowl-

edged as the real Anastasia although she claimed to be until her dying day.

Snob or not, you can tell a lot about a person by the way he eats his food! If you would like to have your "food eating" say only the very best things about you and your children, call Ruth to inquire about gift certificates for her tutorial dinners at (847) 382-9502 or fax (847) 382-5889.

Her booklet, "183 Tips on Modern American Dining Etiquette" is small enough to be stuffed into a Christmas stocking. To purchase this booklet, send a check for \$7 along with a stamped self-addressed envelope to:

### **Dine Don't Just Eat**

P.O. Box 3021

Barrington, IL 60011-3021

The booklets can also be purchased at F.K. Jewelers in The Foundry Shopping Center in Barrington.

Ruth is in the process of writing a sequel to this booklet entitled "Tips on Modern American Wedding Etiquette." This booklet will be available in January, 1998. To order it please send a check for \$7 to the above address along with a self-addressed stamped envelope or visit F.K. Jewelers.

Ruth has been trained by the Protocol School of Washington for business and international business etiquette and protocol as well as dining etiquette. She conducts seminars at corporations on these subjects. She also is available to give etiquette seminars for your Ladies Who Lunch or Dine Group.

## Seniors Needed

Care 2 Share, a new program sponsored jointly by the Barrington Area Council on Aging, Inc. (BACOA) and the Junior League of Chicago, Inc. Northwest Area, is seeking homebound seniors in the Barrington Area who would like to share in companionship with an adult volunteer approximately one hour per week. Volunteers can help with letter writing, reading, errands, grocery shopping, bill paying or just spend time visiting.

For more information, please call Claudette Schmied, Social Services Coordinator-BACOA, at (847) 381-5030.

The Barrington Area Council on Aging, Inc. (BACOA) is a private, not-for-profit organization whose mission is to promote the independence, dignity and well-being of older adults.

The Junior League of Chicago, Inc. is a metropolitan organization of women committed to promoting voluntarism and improving the community through effective action and leadership of trained volunteers. The Junior League of Chicago, Inc. reaches out to women of all races, religions and national origins who demonstrate an interest in and a commitment to voluntarism.

# Dine

DON'T JUST EAT!



*Ruth L. Kern*  
*International Etiquette Consultant*

(847) 382-9502

fax (847) 382-5889

[www.dine-dont-just-eat.com](http://www.dine-dont-just-eat.com)



## What She Really Wants For Christmas Is Staring You In The Face

### Give the Gift of Beauty

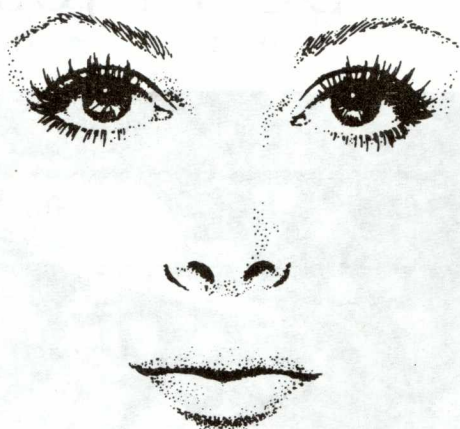
A Gift Certificate from Syd Simons  
Package Plans Available *or* Make Your Own

- Self Tanning
- Makeup Applications
- Deep Pore Facials
- Rapid Exfoliating Treatment
- Makeup Lessons
- Body Massages
- Spa Manicures & Spa Pedicures
- Spa Glow Treatments
- Body Facial

**Dr. Murad's Exclusive  
Products & Treatments**

*Syd Simons*  
Day Spa

117 Barrington Commons  
Barrington 381-8727



"Where Makeup  
is an art, skin care  
is a science...  
and body care is  
a necessity."

## Is Your Face and Body Ready for the Holidays?

It has been a very fast year, seems like only yesterday I wrote about the holidays. In this busy season, we must take time for ourselves.

Our Wonderful Day Spa is going very well. People are coming for the Vichy Shower to have a Spa Glow and the great Mud Body Mask, it is a great treatment! Having the warm Parafango Mud behind their back, or placed on problem areas of the body relieves all stiffness and soreness in the body, a great stress reliever.

Clients are losing 12-16-20 inches in our Body Wrap. The whole process gives you energy and you look better in your clothes.

When I opened the Day Spa, I wanted most of all for it to be a Wellness Center for Barrington to heal the body and soul, and it is working. We have many packages available, or you can pick and choose to make your own.

To give a person a gift certificate for a special service is the very best gift of caring that you can possible give.

Now I must talk about the face, the most visible part of our anatomy. With the furnace heat and the cold wind, the skin becomes very sallow looking and dehydrated. You must book for one of our

Special Facials. Let one of our licensed Estheticians treat your skin and take away all problems. We are getting booked heavily now, so make your appointment soon.

Let me touch briefly on the hands and feet. They certainly get a lot of wear and tear during the holidays. It is important to have a manicure and pedicure. Can you imagine after a hard day of shopping soaking your feet with the jets soothing them in the warm bubbly water.

We are giving a lot of massages now. I believe it is a necessity in our life, a great way to alleviate stress and pain in our body.

Last but not least, have a new make up for you and the Holiday time, either a lesson or just relax and have the make up artist do it for you! We have some new colors that are beautiful: the plums, grays and gold are great this season. (Red lipstick is back!)

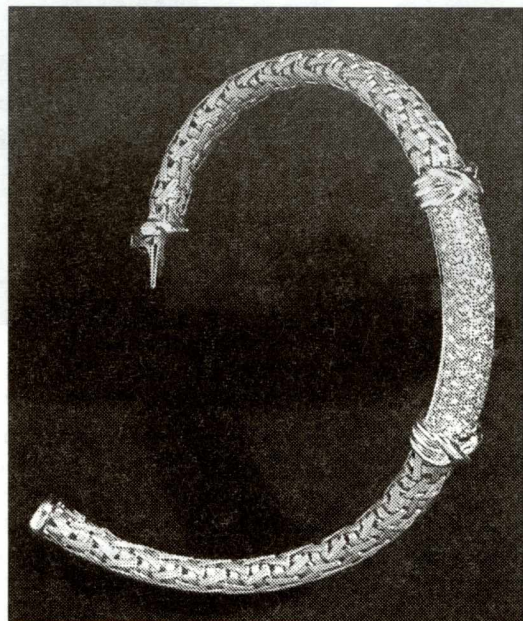
I hope to see all of you in our Studio and Day Spa soon. Have a happy, healthy holiday time and most of all have fun! Stop in and have hors d'oeuvres and beverages the week before Christmas.

Sincerely,  
Cathy Ramstadt, owner  
Syd Simons Day Spa

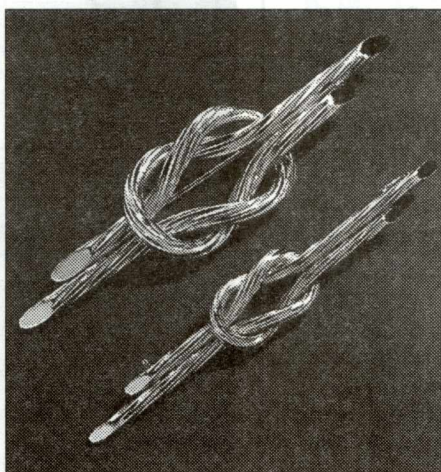


## Roberto Coin of Vicenza, Italy

Collection in 18 karat and 14 karat gold,  
sterling silver, platinum and diamonds



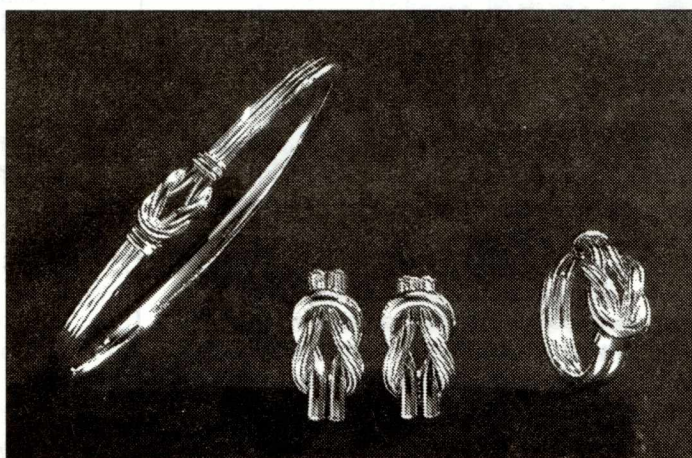
Mesh & Diamond Bracelet  
2.02 cts



Large Ribbed Slip-Knot  
Brooch  
Small Two-Tone Ribbed  
Slip-Knot Brooch



Large Yellow Bow Brooch  
Small Yellow & Rose Bow Brooch  
Small Yellow Flower Brooch



Two-Tone Slip-Knot Bangle Bracelet  
Two-Tone Slip-Knot Earrings  
Two-Tone Slip-Knot Ring

For Roberto Coin jewelry and other fine collections visit **Michal's Jewelry**, 105 E. Main Street in Barrington.



## Limited Edition "Christopher Radko Holiday Snow Globes" at The Canterbury Shoppe!

Come see the wonderful new collection of holiday snow globes from Christopher Radko at **The Canterbury Shoppe!** Designed with the same artistry of his ornaments, each of these oversized whimsical snow globes are brilliant in color, musical and depict a wonderful holiday theme. Limited to a production of 5,000 each, these globes will become a cherished holiday collectible. The "Balmoral Santa" blows snow and plays "Have yourself a merry little Christmas." The "Snowtem Pole" is a light revolving globe filled with jolly snowmen and plays "Frosty the Snowman." The "Palladium Santa" is depicted in a beautiful outdoor winter setting with nature and revolves while playing "Deck the Halls."

**The Canterbury Shoppe** is celebrating our newly remodeled store and the opening of our upstairs "Holiday Gallery" with an ornament giveaway the entire month of December (see ad). Stop in for some

delicious cappuccino and gourmet treats, and you'll find rooms filled with glistening ornaments, candles, wreaths and holiday dishes, and gifts perfect for Christmas and Hanukkah. We carry a fine selection of Limoges and Halycon days boxes for every occasion and are filled with hundreds of wonderful gifts appropriate for hostess & teacher gift giving. As always, our beautiful gift wrap is complimentary, and our staff is dedicated to making sure your holiday gift buying remains merry and bright!

**The Canterbury Shoppe** is open seven days a week through Christmas. Monday-Friday, 10 a.m.-7 p.m.; Saturday and Sunday, 10 a.m.-5 p.m. and is located at 117 East Station Street in downtown Barrington (one block south of Main and Route 59, near Starbucks Coffee). Any Questions? Give us a call at **(847) 304-9627!**

*Happy Holidays!*

## Love Lights a Tree

This holiday season your love can light a tree. The tree, in front of Barrington Realty, will glow with lights placed in honor of the special people you select.

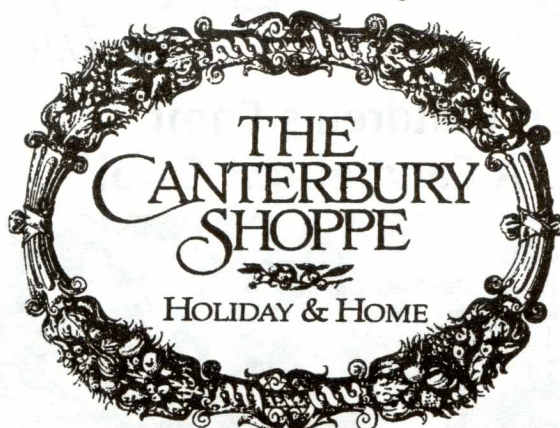
Your donation to the American Cancer Society, Northwest Suburban Unit, Barrington will guarantee that an ornament honoring or memorializing your friend,

colleague or loved one finds a place on this beautiful tree. Also a light will be lit in their name. Acknowledgment cards will be sent to the person or family you name.

Let your love light our village tree!

For more information call volunteer chairperson Robbye Thomas at 847-639-4032.

## Make It A Canterbury Christmas!



**117 East Station Street • Barrington, IL 60010  
(847) 304-9627**

**Extended Holiday Hours!**

Mon.-Fri. 9:30-6:30 • Sat. 10:00-5:00 • Sun. 10:00-4:00

**Celebrate the Grand Opening Of Our "Holiday Gallery" at**

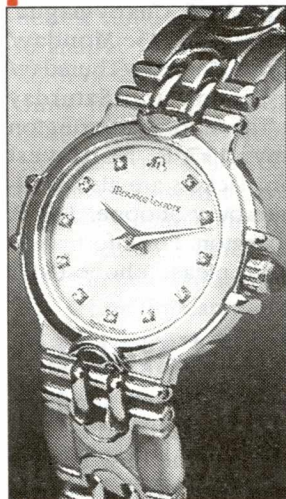
**The CANTERBURY SHOPPE!**

Join us **Saturday, December 6th** for Holiday Merriment, Drawings for Prizes (no purchase necessary), and of course, our Wonderful Collections of Christopher Radko, Limoges, Halcyon Days, Santas & Snowmen, Glistening Ornaments, Whimsical Holiday Tableware, and Beautiful Wreaths...

From Hanuakkah to Christmas! NOW is the time to Discover **The Canterbury Shoppe.**

**FREE Ornament With This Ad While Quantities Last! (Thru 12/24/97)**

**Selena**, refined beauty by a Greek moon goddess.



Maurice Lacroix's greatest passion for refined watches has produced another unique model: the Selena ladies' watch.

**Maurice Lacroix**  
Switzerland

Whether rectangular or round, the Selena fits snugly on the wrist of its wearer due to a slim case and fine bracelet. As a result, Selena fulfills not only the requirements of a typical Swiss ladies' watch but is expected to be worn as a piece of jewellery full of character.



All watches crafted at the Maurice Lacroix Sainelégier plant combine premium quality and exceptional design.

**Michal's Jewelry**

381-7790 • 105 E. Main Street • Barrington  
by Nathan Casement and Associates

**Financing Available**



# Happenings!

*in the area*

## Barrington Children's Choir Presents "A Candlelight Carol"



Kitty Miller, the Barrington Children's Choir Accompanist, rehearses with Chamber choir members for their December concert "A Candlelight Carol."

Barrington High School's Auditorium will be aglow this December when the Barrington Children's Choir presents "A Candlelight Carol." Each of our four choirs, Intermediate, Bel Canto, Chamber, and Madrigals, have been rehearsing under the direction of Peggy Crawford and Becky Clark since August and will be well prepared to treat our community to a delightful concert that embodies the holiday

spirit. This will be their 11th holiday program and many families have made it one of their favorite traditions.

Performances will be held at 7:30 p.m., Friday, December 19 and 3:00 p.m., Sunday, December 21. Tickets are \$10 for adults and \$8 for children, students, and senior citizens. For information on ordering tickets and our holiday audio tapes please call 847-381-6607.

## Begin Your Holidays with Barrington Lyric



The Crown Room in the Barn of Barrington, 1415 South Barrington Road in Barrington, will be the setting for Barrington Chapter of Lyric Opera of Chicago's festive pre-holiday celebration on Friday, December 5. The social hour (cash bar) begins at 6:00 p.m., dinner is at 7:00 p.m. Following dinner, Alan Heatherington will direct The New Oratorio Singers' Ensemble, a select chamber choir drawn from the larger chorus, in a selection of Christmas carols arranged by John Rutter, Sir David Willcocks and others.

Members are \$30. Guests \$35. Information (847) 359-1678. Call immediately for

reservation availability. Checks payable to Barrington Chapter of Lyric Opera, c/o Jocelyn Murray, 1713 Beaver Pond Road, Inverness IL 60067.

For inquiries on the Barrington Chapter (218 members and growing), please phone Maribeth Totten (847) 202-1753. To share rides, Evelyn Hammond (847) 359-3545.

To add to your families' holiday festivities, Barrington Lyric will bring Little Red Riding Hood into the Barrington High School at 3:00 p.m. on Saturday, December 20. Tickets are \$ 5.00 (\$6.00 at door). (847) 304-2767.

## BYDE's 'Nutcracker' Continues the Tradition



The Christmas doll is lovingly held by Clara (Kelley Curran, Barrington) during the 1996 production of the Barrington Youth Dance Ensemble's *The Nutcracker*. Kelly and Rosey LaVine, Round Lake, will dance the role of Clara in this year's production.

The Barrington Youth Dance Ensemble (BYDE) presents its fourth annual full length production of *The Nutcracker* at Barrington High School's Richard C. Johnson Auditorium on Friday, December 5 at 7:30 p.m.; Saturday, December 6 at 2:00 p.m. and 7:30 p.m.; and Sunday, December 7 at 2:00 p.m. Advance tickets are \$16 for children, students, senior citizens. \$18 adults. At door, all seats are \$20. Send payments to BYDE

c/o Lisa Bagladi, 3865 Charlemagne, Hoffman Estates IL 60195. Monday/Wednesday 1-6 p.m.; Tuesday/Thursday/Friday 11 a.m.-5 p.m.; and Saturday 9 a.m.-3 p.m. at The Studio's Barrington Dance Academy, 117 E. Northwest Hwy., Barrington. Tickets are also available at The Canterbury Shoppe, 117 E. Station St. in Barrington. For information on *The Nutcracker*, please phone (847) 382-6333.

## BPW Presents "A Celebration of Carols"

The Barrington Presbyterian Women present "A Celebration of Carols." This nineteenth annual benefit program will be held at the Presbyterian Church of Barrington, Wednesday, December 10 from 10:00 a.m. until 2:00 p.m.

Start your holiday season with the a cappella singing talents of the Canterbury Carollers. The Carollers will perform traditional festive songs dated prior to 1870. Mrs. Isabella Brumwell, a retired art teacher educated at the School of The Art Institute and the University of Chicago, will be narrating the event giving a brief history of each carole.

A seasonal luncheon will follow the performance prepared and served by the

BPW "Dream Team." After the luncheon there will be a prize basket and a silent auction. Proceeds go to the BPW Mission Programs. This holiday event will be held in the church sanctuary and fellowship hall at 6 Brinker Road, Barrington Hills. Don't miss out on this annual sell out event—get your tickets today! Tickets are \$20 each (\$8 without lunch) and can be purchased by mail or in person Sunday mornings between church services or by calling Betsy Davis at (847) 304-4670. Baby-sitting is available at \$10 per child.

Co-chairs to this year's event are P. Denise Israel and Janet Swenson. For more information call the church office at 381-0975.





## Thai Avenue Restaurant— Let Us Make Your Holidays Special

The holidays are here again. This is the time when everyone is busy trying to get holiday plans going and doesn't have time to think about cooking. Let **Thai Avenue Restaurant** be your solution.

While you're worrying about your holiday plans and are busy shopping for gifts for special people, let us do the cooking! Reserve your holiday party at **Thai Avenue Restaurant** early and get **15% OFF** for a party of five or more. If you are thinking of having a party at home during the holiday season, we do catering for groups of 15 or more. We will bring the food to your home and set it up on your table.

Now at Thai Avenue, we have sing-a-long

"karaoke" available for private parties of six people or more. If you are celebrating a birthday or for any occasion, you may request karaoke to add to your enjoyment. But, you must request ahead of time along with your dinner reservations. Karaoke is available only from 9 p.m. to midnight.

A **Thai Avenue** gift certificate is a perfect gift for a special person.

We have over 12 selections of California white and red wines for you to choose from along with our 50 item menu selection. Enjoy the imported beer from Thailand and many more. Thai special mixed drinks will also add a nice touch to your dinner. At Thai Avenue, we treat you like our own family.

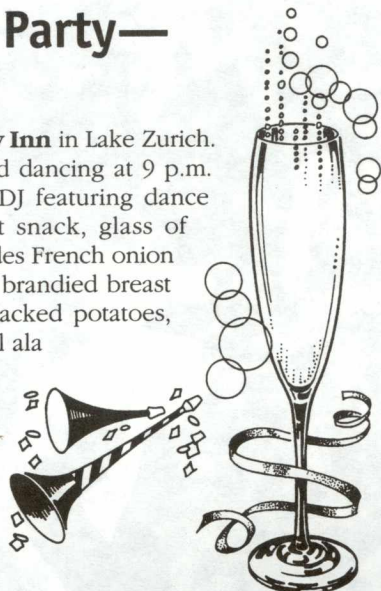
## Fritzl's New Year's Eve Party— Not to be Missed

Make your reservations now at **Fritzl's Country Inn** in Lake Zurich. Cocktails begin at 7 p.m., dinner at 8 p.m. and dancing at 9 p.m. The cost of \$39.95 per person includes live DJ featuring dance music from the 40's, party favors, late night snack, glass of champagne and complete dinner. Dinner includes French onion soup, Austrian salad, broiled filet mignon and brandied breast of chicken with cognac cream sauce, twice baked potatoes, mixed vegetable polonaise, warm apple strudel ala mode and Colombian coffee. The gala takes place in the Fritzl Banquet Hall. An ala Carte menu will be available in the dining room.

For reservations call **(847) 540-8844**.

**Fritzl's** also has elegant banquet facilities that can accommodate from 20 to 150 people. The facilities are also perfect for rehearsal dinners, wedding showers and anniversaries.

And remember, **Fritzl's Country Inn** in Lake Zurich has the friendliest staff in town! We will be open throughout January.



## Hola y Buenos Días

The owners of "Salt and Pepper Bistro" would like to welcome all lovers of Mexican and Southwestern cuisine to their newest venture, "**Via Real**." Conveniently located at 5417 South Route 31 (1 block north of Rt. 176), our menu offers something for everyone. Choose from our diverse selection of Antojitos, such as beef or spinach quesadillas, ceviche de mariscos or crab cakes with avocado-corn salsa.

For your entree, the Pollo Poblano can't miss—sauteed chicken with a creamy poblano sauce and served with flour tortillas. Or try the Carne Asada Guadalupe, a beef tenderloin char grilled and topped with caramelized onions and melted cheese. The Fajitas, your choice of beef, chicken, ostrich or duck, are perfectly marinated and served sizzling with onions, peppers and all the necessary compliments. For those who prefer a sampling of several dishes, the Via Real Combination Platter is perfect!



**Via Real** offers 10 different margaritas, with tempting flavors such as mango, passion fruit, raspberry and tangerine. The dining room is open Monday-Thursday 11am-10pm, Friday 11am-11pm, Saturday 4:30pm-11pm, and Sunday 3pm-9pm. The margarita bar is open Monday-Thursday 11am-12am, Friday 11am-1am, Saturday 4:30pm-1am, and Sunday 3pm-10pm. Hope to see you all soon at **Via Real**!

## Barrington Area United Way Seeks Volunteers to Allocate Funds

Volunteers are needed to evaluate funding requests submitted by health and human service organizations who desire funding from BAUW during 1998. Approximately forty individuals are needed

to take on this important project during the months of January and February. The proceeds from this fall's campaign will provide the 1998 allocations.

Last year thirty-seven volunteers staffed

COUPON

Enjoy **15% OFF**  
During December

with this Ad  
Tuesday thru Thursday  
Dinner and Dine-In Only Please



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GIFT CERTIFICATES  
AVAILABLE**

## Thai Avenue

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(Lakeview Plaza)

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Service Available

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Rehearsal, Engagement, or  
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restaurant  
&  
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European  
Specialties

## FRITZL'S NEW YEAR'S EVE PARTY

- Live DJ • Party Favors
- Complete Dinner • Late Nite Snack
- Glass of Champagne at Midnight

**\$39.<sup>95</sup>/pers.**  
tax and gratuity  
not included

**(847) 540-8844**  
Handicap Accessible

Cash Bar  
Credit Card  
Deposit Req.

Cocktails 7pm  
Dinner 8pm  
Music 9pm

Sorry,  
No Refunds

900 Ravinia Terrace, Lake Zurich  
2nd Stop Light, N. of 22 on Rt. 12  
Dinners Tues.-Sat. 4-10 p.m.; Sun. Noon-9 p.m.



## Via Real

RESTAURANT

Mexican Southwestern Cuisine

**NOW OPEN IN CRYSTAL LAKE**

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Reservations for 5 or More

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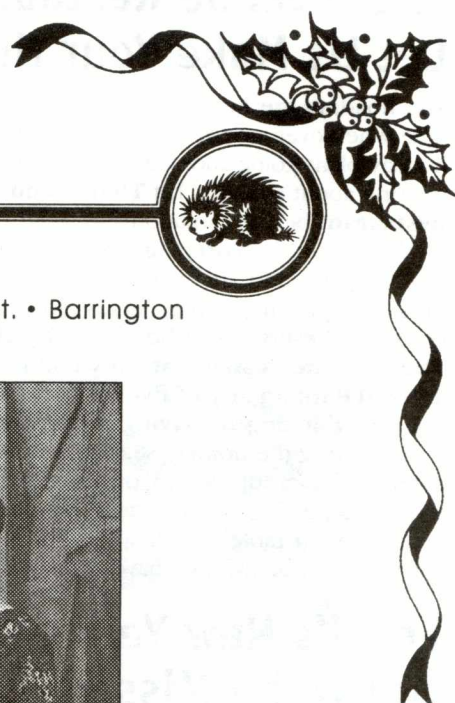
the allocation process which resulted in the distribution of \$300,000 to thirty health and human service organizations which serve the Barrington Area. Allocation volunteer and community activist John Hipsky comments, "I never realized the time and effort that is dedicated towards making the funding decisions within the Barrington Area United Way. It is truly a community effort and because of this process I became a fan and volunteer for BAUW."

Volunteers are divided into the services areas that are funded by the Barrington Area United Way. They visit the health and human service organizations, observe

programs, review their annual reports and budgets and interview the agency representatives at the allocation request meetings. The volunteers take the information they have gathered and weigh it against the community needs assessment, the impact the program would have on this community and the amount of available funds. A recommendation is made for each agency and these recommendations are brought before the Board of Directors of BAUW for consideration and a final vote.

Interested volunteers may call Karen Atkinson at 847-382-8778 for further information.





# TRANQUILITY

## THE SALON/DAY SPA



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Look Your  
Best... Book  
Your Holiday  
Appointments  
NOW!

Remember  
that Special  
Someone with a  
Gift Certificate  
from Tranquility

## Season's Greetings

from the staff at Tranquility, Barrington's Salon/Day Spa

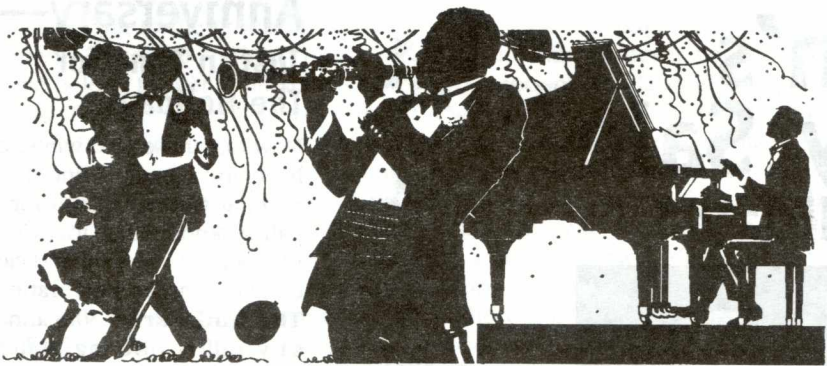
In the weeks before Christmas, all through our town  
We see many people all wearing frowns.  
Christmas shopping is hard when it comes every year,  
And we often approach it with reserve, and some fear.  
Our pockets aren't full and the scene can be bad.  
We still have to buy gifts for Mom, John and Dad.  
Cheer up good people for help's on the way,  
And far from your home you won't have to stray.  
No travel, no traffic, no crowds and no fuss,  
No trains, planes or dog sleds, no bikes and no bus.  
No trouble with parking, we thought of that too,  
Make shopping easy we'll be here for you.  
**Tranquility's** located in the town where you live  
And we have the most perfect gifts you can give!  
For Mom, Dad, or Brother or Sister you see,  
You'll find the right gift at **Tranquility**.  
For someone you love, who's feet are all sore,  
We can provide a great pedicure.  
Bo and Elizabeth do manicures, too  
Full sets and French nails for hands that are you.  
And the inches we've gained that have turned into fat,  
We can diminish with a great herbal wrap.  
For the boss who is grumpy, and hurt his caboose,  
Try Nancy and Debbie, the world's greatest masseuse.  
For hair that's unwanted on lip, chin or legs

We can get rid of, and that's enough said.  
For faces that show life's lines and it's fears,  
Renata's facials can soften those years.  
With her four-layer facial she'll make you look good,  
Or she'll tan your whole body the color of wood.  
So how about make-up for that special night?  
It's fun and it's easy, it's good for the psyche.  
For the person who would like a new look, or fun style  
A new 'do by Zuzka will take you for miles.  
The reception desk is managed by Shannon and Christy  
Efficient and cheerful, and their personalities are witty.  
If you need an appointment just phone them right here  
They'll answer your phone calls all through the year.  
Senoria Yolanda is here for you too,  
To massage your head with every shampoo.  
To serve wine or hot coffee, a coke or a tea  
And to make your time here, just filled with glee.  
Our stylists are competent, hard working, the best,  
One session with them, you'll forget all the rest.  
They color, they perm, and they highlight too  
They cellophane, tint and cut hair just for you.  
There's Maria and Amy, they're both so clever  
And will make your hair look the best it has ever.  
Let's not forget Mary who is always cheery  
She'll cut your hair and make your day less weary.  
There's Michelle and Lynette who's talents are known

Both here in you home town, and far, far from home.  
And we can't forget Maria, she's been here for years  
Cutting and perming and waving the shears  
Our manager Marilyn is here day and night  
Just to make sure all will go right.  
We all got together at Portraits by Thomas  
For our picture to be taken, and this we will promise,  
We're just as you see us, we're happy and sincere  
We'll make you feel welcome and glad to be here.  
Shannon and Christy will be here when you need them  
So purchase you gift certificate for that special freedom.  
You won't break your bank account, we're thoughtful, you see  
We start at \$10, and we'll set you free.  
Free from worry or sizes and colors and such  
You'll give the best gift, without any fuss.  
We're easy to get to, very easy you see  
We're here on West Main at 123.  
Please come in and visit, our salon is the best.  
Just purchase the gift certificate and we'll do the rest.  
We look forward to seeing you, our friends through the year,  
And will welcome all newcomers with warmth and cheer.  
Thank you for letting us share in your giving  
You then, in turn, help us to make a good living.  
Happy holidays to all, both the young and the old,  
Cheer and good fortune and relief from the cold.



## Celebrate a Gala New Year's Eve— Let Concorde Be the Designated Driver

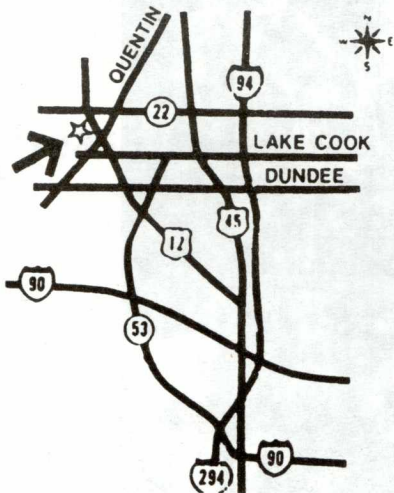


That's right—enjoy to the fullest your 1997 New Year's Eve with no driving involved. **Concorde Banquets**, in conjunction with the Arlington Heights Courtyard Hotel (Marriott), has put together a \$240 per couple dinner, party and hotel package that can't be surpassed in all Chicagoland.

The New Year's Eve cocktail party with hors d'oeuvres begins at 7:00 p.m. At 8:30 p.m. a complete Filet Mignon and Grilled Shrimp Dinner featuring Lobster Bisque, Chef's Special Concorde Salad, Broccoli and Carrots, Twice Baked Potato, Flaming Baked Alaska on parade for dessert, and beverage will be served. Unlimited Chardonnay and Merlot wine come with dinner. **Concorde** will also be featuring their European pastry and fruit table.

There will be continuous entertainment all evening long. one of Chicago's premier bands, "1st Choice" featuring Maureen Christine, will perform as will the best mobile-entertainment service "STAX-O-WAX." During the entertainment, there will be a four and one-half hour open bar with top-shelf liquor. Champagne and party favors are planned for midnight revelry.

The complimentary shuttle service to



the hotel runs every half hour from 6:30 p.m. to 1:00 a.m.

If you choose not to take advantage of the shuttle and hotel offer, the **Concorde** dinner and festivities are available at \$150 per couple.

They've given us the most for the least! Thanks **Concorde**!

For more details on the New Year's Eve Party, please call the banquet office at **847-438-0025**.

## Joel Hall Selects Barrington Students to Dance in Annual "Nuts & Bolts" Nutcracker

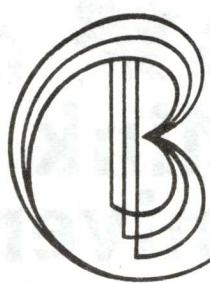
Joel Hall and the Joel Hall Dancers will be in residence at Barrington High School, December 8-13, 1997. Joel will set three dances from his famous "Nuts and Bolts" Ballet on members of Barrington High School's Orchestis Dance Company. The following students auditioned and have been selected to perform in the production: Alida Bray, Katie Edinger, Courtney Emery, Ashley Griffin, Elizabeth Howard, Rebecca Long, Erin McBrearty, Jaclyn Mellini (attends Barrington Middle School) Vicky Settler, Sarah Smith, Nicole Vangasse and Becky Weston. The Barrington students will perform side by side with the Joel Hall Dancers in "Nuts & Bolts," a jazz ballet set to Duke Ellington's musical version of the Nutcracker Suite. "Nuts & Bolts" will be performed for fellow high school students on Friday, December 12 at 12:55 pm and again for the public at 7:30 pm on the evening of December 13, 1997 at Barrington High School.

Seating is reserved and tickets for the performance will be available to the public, please call Julie Salk at 847-842-3253.

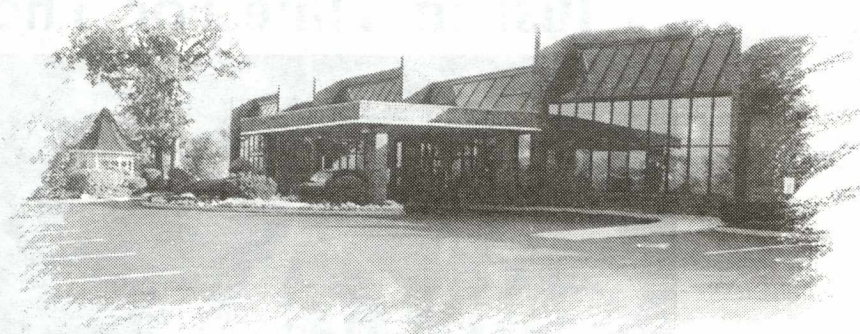
Joel Hall will also conduct a master



dance class on Saturday, December 13 from 10 am to 12 pm. Dance students will have an opportunity to take class with the Joel Hall Dance Company. Class fee is \$15. Reservations are required. For more information and registration, please contact Julie Salk at Barrington High School, 847-842-3253.



## Concorde Banquets



### A Wedding of Elegance and Tradition

*Our expert staff takes pride in Planning Your Wedding Reception or Banquet with our Personal Touch. We have a variety of affordable and distinctive package plans to choose from. Let us make your special day a memorable one.*

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Kildeer

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and the latest in children's fashions.  
Plus, a surprise visit from Santa!*



Free Gift Wrap  
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Barrington LIFESTYLES December 1997 **23**



# The Mink Barn's 30th Anniversary Sale

## Just In Time For The Holidays!



We have the largest selection of fine quality American made furs. Mink is our speciality, but we also offer the best in sheared and long hair beaver, raccoon, coyote, foxes of all shades, lynx, sable and an excellent selection of fur-lined jackets, trenchcoats and leathers.

Tues. - Sat. 9:30-5:30; Sun. 12:00-5:00. Closed Monday.

## **FURS By BILL TALIDIS**

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9 miles west of Crystal Lake off Route 176 on Franklinville Road, Union, IL

## **1-800-321-FURS**

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All furs ranch raised or government controlled and labeled to show country of origin.

## The Mink Barn Celebrates 30th Anniversary— Just in Time for The Holidays

Now that those cold winter days have arrived, you'll find there is nothing warmer than a fur. Bill Talidis knows that today's emphasis is on practical and casual career wear. In celebration of **The Mink Barn's** 30th anniversary Bill is offering a superb collection of leathers and micro-fibers with detachable liners (perfect for any weather), as well as our finest quality mink, beaver, raccoon, coyote, fox, lynx and sable. He also has an outstanding selection of sheared furs in soft, pretty shades that flatter your complexion.

Bill and his courteous, experienced staff guarantee whatever garment you choose from **The Mink Barn** will be the finest quality fur and workmanship at the lowest possible price.

## Auditions Scheduled for "The Fourth Wall"

Auditions for Barrington Area Arts Council's Theatre in the Gallery will be held for the production of A.R. Gurney's *The Fourth Wall*, a comedy about a woman who decides to center her life around the idea of the theatrical "Fourth Wall."

Auditions are open for male and female parts age 17 and older and will be held January 5 and 6 and 7:00 p.m. at the BAAC Gallery, 207 Park Ave. in Barrington. Call backs will be on January 8 at 7:00 p.m. The play will be performed on March 13 and 14.

Come prepared to do a cold reading. A prepared monologue is optional. A resume and photo (head-shot) is requested if available. For more information call (847) 382-5626.

The Barrington Area Arts Council (BAAC) is a not-for-profit arts organization that supports, promotes and sustains programs in the visual, literary and performing arts. It is partially funded by a grant from the Illinois Arts Council, a state agency.

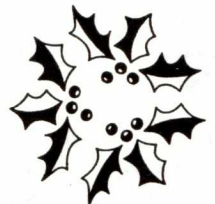
## Bill Kurtis to Speak at Illinois Judges Association Luncheon on December 12

Award-winning television producer and anchor Bill Kurtis, who is also an attorney, will speak on the role the courts should play in the community at a luncheon hosted by the Illinois Judges Association (IJA) on Friday, December 12, at 12:00 noon, at the Sheraton Chicago Hotel and Towers, 301 E. North Water.

The luncheon, which is open to the public, will take place during the IJA's annual meeting December 11-13. Cost to attend the luncheon is \$40 per person. For information or reservations, call (312) 554-2057.

The public is also invited to attend, free of charge, two sessions during the IJA annual

meeting. At 2:00 p.m. Friday, December 12, a panel will discuss ethical considerations of community involvement by judges. On Saturday at 9:30 a.m., several leaders of nonprofit community organizations will give their perspective on the role of the judiciary in the community.





## Chers Amis... Two Stars or Four Forks?

I am not sure whether it is more prestigious to belong to the group of "starred" restaurants or to the "forked" ones. For now we belong to both. Phil Vettel of the *Chicago Tribune* gave us two stars a couple of years ago; and Patricia Tennison of the same publication, but specializing, it seems, in the review of suburban restaurants, rated us four "forks," her top rating, merci...! Does that mean that a top rated restaurant in the suburbs is only as good as a two star (out of four) in the city? Fair? Unfair? True? False? Well I don't know how to interpret this, and I won't try... instead, I will ask you, the readers, who know **D & J Bistro** to rate us, and if you find the time, to send us

your "professional" review with as much depth as a full page of writing allows. Rate us with whatever you prefer: stars, forks, spoons, etc. Jacqueline, Masato and I will send a \$15 gift certificate to the entries received before December 31, and we will select three winners (to be announced in this magazine's February issue) who will each receive a certificate for a dinner for two. Main criteria to win: to understand **D & J Bistro** and its place in the world of the region's restaurants, a review with "depth."

Don't forget to include your address and phone number on your review. Mail to: **D & J Bistro**, 466 S. Rand Rd., Lake Zurich, IL 60047.

## Trinkets, for Timeless Treasures

**Trinkets**, the delightful eclectic boutique at 220 S. Cook Street in Barrington, is filled with Holiday Spirit and timeless treasures sure to please everyone on your gift list. A shopper's paradise, **Trinkets** is packed to the rafters with a dazzling array of goodies, designed to appeal to the artful and playful side of you, as well as the practical. You'll find a wide range of gift ideas at **Trinkets** including "Little Souls" collectible dolls, imported nutcrackers and smokers, clocks, crystal, Nambe Metalcraft,

Droll handpainted ceramics, fabulous jewelry and unique fashions. And, of course, the holiday ornaments and trimmings are sure to be treasured heirlooms.

"Trinket" somebody on your holiday gift list. Whatever treasure you find will leave a lasting impression.

**Trinkets** is at 220 S. Cook Street (next to Egg Harbor Cafe) and is open Tuesday through Friday from 10 a.m. to 5 p.m., Thursdays 10 a.m. to 7 p.m. and Sunday 10 a.m. to 2:30 p.m.

## "Winterscapes" to be Held at Wynstone December 5

On Friday, December 5, the Barrington Area Historical Society will host its biggest fund-raiser of the year, "Winterscapes."

Titled "Golden Dawn Era," party goers will be taken back to the 1920's. The gala, held at Wynstone Country Club, will be beautifully decorated by Pittas Greenhouse. An authentic menu from the Hoover White House years will be served

and dancing to the period sounds of the "Hot Jazz Group of Chicago" will set the mood.

A silent auction and music will start the evenings festivities. Mr. Terry Dunning of Dunning's Auctions will be sure to keep the bidding lively.

For more information call the Barrington Area Historical Society at 381-1730.

## Pi Beta Phi Alums Meet December 10

The Arlington Heights Pi Beta Phi Alumnae Club meets monthly, usually the second Wednesday of the month, at the various members homes in the North-west Suburbs. All Pi Phi's are welcomed

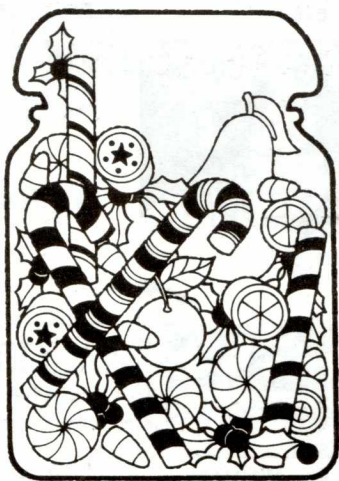
to a warm and jolly evening with their sisters in the wine and blue on Wednesday, December 10, at 7:30 p.m. Please call Kelly at (847) 394-8481 for more information.

## Morkes Chocolates Designs Molds for the Holidays

After 75 years, the Christmas holiday wouldn't be the same without **Morkes Chocolates**. With the largest selection of molds available anywhere in the Chicagoland area, their retail shop is truly a winter wonderland. They have chocolate Santas, reindeers, Christmas trees, and chocolate houses, perfectly packaged chocolates, bourbon cherries, etc., etc., etc. High quality freshness, made to order, they even make their own candy canes.

Amaze your family, friends, teachers and yourself with these great gift offerings.

Still family owned and operated, **Morkes Chocolates** would like to welcome you to their store. You will be thrilled at what they have to offer, and their prices are great. They even ship packages anywhere in the world.



Stop and browse. Sample their chocolates. Meet the family. Pretend, once again, that you're a kid in a candy store.



**D & J Bistro**

Est. 1987

"2 Stars" "4 Forks"

## December Agenda

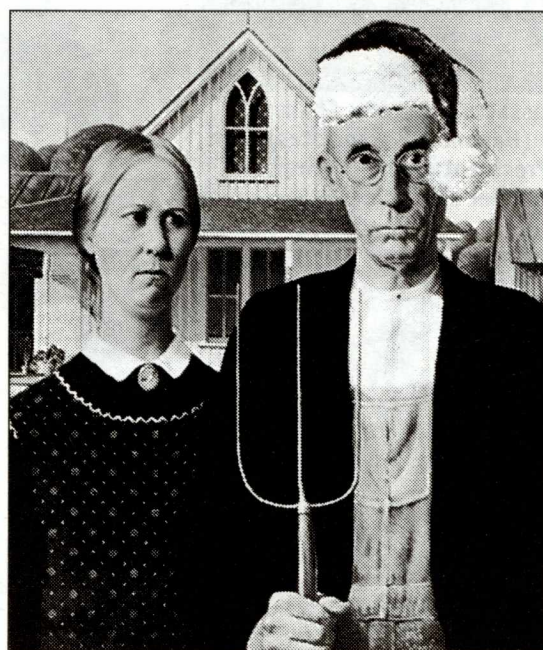
- Zillion **Holiday Parties**, be one of them
- Enter our **Review Contest**
- **New Year's Eve Party**—D & J turns into a "Cabaret" after midnight



S.E. Corner Rte. 12 & 22  
Lake Zurich, IL 60047

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*Trinkets...* an artistic, eclectic  
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*Trinkets* 220 S. Cook Street, Barrington, IL 847/382-9229  
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Gift Baskets & Custom Designs  
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CHOCOLATES  
Since 1920

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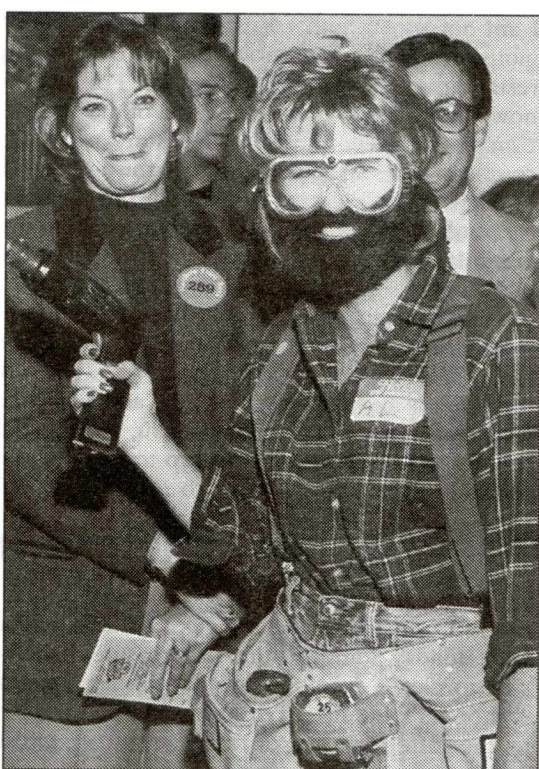
# Chamber's Halloween Party A Howling Success



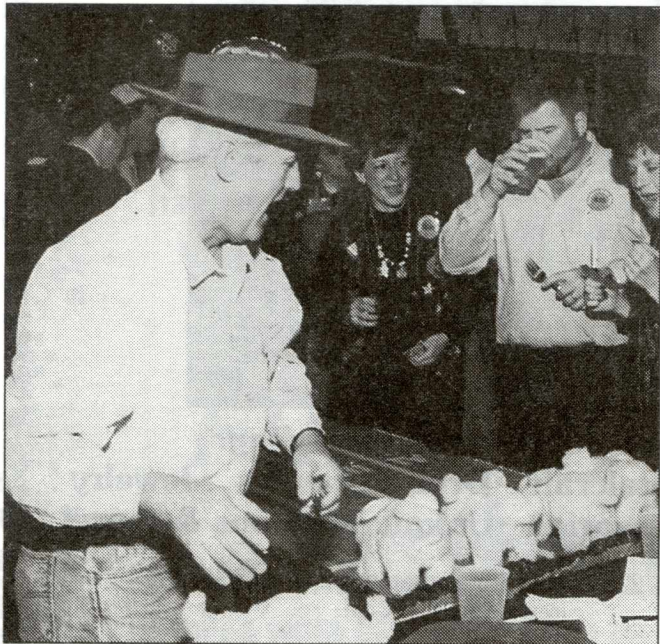
Chamber Ambassador and Party Chairman Richard Hammes (Hammes & Associates) with Carol Beese, President of the Barrington Area Chamber of Commerce.



"Raggedy Ann and Raggedy Andy" are really Kathleen Steiger and Peter Hoyt of Affordable Excellence Painting. Wonderful music was provided throughout the evening as well as fun activities sponsored by local corporations. The event was held in October at the Motor Werks in Barrington.



First prize in Halloween costumes went to Carol A. Thompson, Attorney. Carol came to the party as "Al" the handyman. Funds raised will go toward chamber activities including Village holiday decorations.



John Gillett of Barrington Mortgage Corp. offered the "Pig Race" as one of the many games played that evening.



Ambassadors Terri Landa (Town & Country Appraisal Services) and Gary Hines (Chuck Hines) were among the Chamber Ambassadors who hosted this major fund raiser. Terry worked hard to provide many prizes for the event.



The Welsh Center was represented in costume: P.J. Spalla, "The Tin Man"; Sandy Zapatka, "Dorothy"; Heather Uchick, "Good Witch"; Scott Nelms, "Scare Crow"; and Dan Bellus as "Lion"; from the Wizard of Oz.



"Dracula" Mark Laska and clown Deb Watson from Accolade Interiors.



From Word Strategies was Ron Waliczek and Anne Waliczek. Anne won second prize as "Rough Draft" and Ron won third prize as "M. Albert."



Among the many terrific restaurants offering tasty treats was Taylor St. Shown: Kathy Lohman, Terry Brady and Cheryl Kelsey.



# Claude Thomas Wishes All A Happy Holiday

The staff at **Claude Thomas Hair Salon and Spa** is looking forward to this fabulous holiday season. Helping our clients look their best for the festive holiday parties and family gatherings in always a treat.

We specialize in catering to the specific needs of our clients for any and all special occasions. If all you need at this time of year is just a little more pampering, then come in and treat yourself to a therapeutic and relaxing massage from our highly qualified massage therapist. Perhaps you need to perk up your holiday cheer with a new look. Our stylists are experts in finding the right look, style and color just for you!

The holidays are not the time to forget those neglected hands and feet. Claude Thomas' nail technicians are trained in spa manicure and pedicure, tip sculptures and those fantastic light concept gel nails. Our European trained esthetician and make-up artist can put the finishing touches on that special look you want with a facial and make-up application. Come into **Claude Thomas** and end this year with a fresh start.

The staff of **Claude Thomas** wish all our clients a happy holiday and a heart felt thanks of appreciation. We are looking forward to another good year with all of you.



The Complete Salon

Spa

**Claude Thomas**

*Hair Design & More!*

**Gift Certificates  
& Gift Packages  
for The Holidays**



## Party Prep Package

- Hairstyle • Make Up
- Manicure

\$79 Value  
**NOW \$65**

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5th AVENUE NYC

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377 W. NORTHWEST HIGHWAY (CENTURY PLAZA) • PALATINE

SUNDAY 11-4  
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**Give the Perfect  
Gift that Shows  
You Really Care**



## Magical Make Over Package

- Haircut-Deep Conditioning-Styling
- European Facial • Pedicure
- Manicure (I-Free Gel) • Make Up

\$162 Value **NOW \$130**



## Finger to Toe Special

- Spa Manicure
- Paraffin Treatment
- Spa Pedicure

\$70 Value  
**NOW \$56**



*Celebrate Life's Most Treasured Moments  
Where Elegance Is A Tradition*



*Weddings • Bar & Bat Mitzvahs  
Showers & Special Occasions*



*We work hard to provide an elegant,  
comfortable atmosphere, where unforgettable  
memories are created, enticing entrees are  
offered and excellent service is provided.*

*Call Our Banquet Office  
847-696-9494 • Fax 847-696-9499*

*9421 W. Higgins Rd., Rosemont, IL • Conveniently located in the O'Hare area.*

## PHD "Let Us Celebrate Life Dinner/Fashion Show"

On October 23, 1997, 400 people gathered together at the Cotillion in Palatine to Celebrate Life on behalf of the clients of PHD and their families. PHD is the oldest crisis pregnancy center in the state of Illinois and serves over 2,000 clients annually.

Dinner was followed by a full runway production that showcased life's celebrations featuring the talent of Classic Models, and the beautiful fashions of A'L'Amour, CC Dithers, Peter Daniel Apparel and Tommy Terri, all located in Barrington. Mar Rey costume shop in Palatine graciously donated the use of the special costumes. Kelly Whittier, Fashion Show Chair and Kathy Travaglio, her Co-chair, used their creative minds to take us through many of life's celebrations in a very fun, exciting way!

Event Chairperson, Rita Barsella of Palatine graciously acknowledged the commitment and dedication of her committee in making this event very successful for PHD. Lorraine Dittich; Dinner Chairperson, Joan Volanti; Centerpieces, Debbie Marron; printing and invitations and those mentioned earlier.

Before the evening ended, those in attendance were given the premier, so to speak, of the "Independence Highway Program." This is the pregnancy prevention program Northwest Community Healthcare partnered with PHD to develop in 1997. The video presented that evening is an overview of the curriculum and how



**Modeling were groom Ben Stephen  
and bride Kelly Whittier.**

it will be used in the high and junior high schools in the northwest suburban community in 1998. "This is a very exciting and realistic program," Cathy Vincus, Executive Director stated. "The feedback we have received from our pilots in the Fall are very encouraging. Our hope is to give teens good, solid information and develop in them a strong sense of self to make good life decisions." If you would like to volunteer at PHD or receive more information concerning their programs and services please call 847-359-4919.

**28 Barrington LIFESTYLES** December 1997

## Weddings Showers

## Bar and Bat Mitzvahs Anniversaries



For those special times in your life, whatever the occasion, the **Rosewood** will give your celebration that special touch and a memory that lasts forever.

Our richly decorated banquet rooms can accommodate intimate rehearsal dinners or bridal showers for 50, or a more lavish reception for 300.

We work hard to provide an elegant, comfortable atmosphere, where unforgettable memories are created, enticing entrees are offered and excellent service

is provided.

Choose delicious prime steak, fresh seafood, veal or pasta from our restaurant menu.

Let our professional staff make your dreams come true.

One of our professional banquet coordinators is present at all times, so you can be a guest at your own party.

Our convenient location near all major expressways makes the **Rosewood** an excellent choice for any upcoming special occasion.



## Bill Kurtis and the State Board of Education Make "New Explorers" Out of Illinois Students



Television journalist Bill Kurtis and Illinois Superintendent of Education Joseph A. Spagnolo have launched an innovative project, the electronic long distance learning network (eld'n), that will produce high-quality instructional materials to help classrooms meet Illinois' new learning standards.

Each eld'n unit will use segments from Kurtis' "New Explorers" series and incorporate television-quality video with CD-ROM, web site access, teacher guide materials, classroom supplies and exercises to involve parents so that students, parents and teach-

ers together can use technology to solve educational problems. Thirteen urban, rural, public, and private schools with varying levels of technological resources are being piloted for this project.

Pictured at the public launch of eld'n is Joseph A. Spagnolo (middle), ISBE superintendent and funding partner, with eld'n founding partners (left to right): Tom Rivera, president; Bill Kurtis, chairman; Simone J. Nathan, vice president, communications and parent/community involvement; and Kathy Rivera, vice president for development and production.



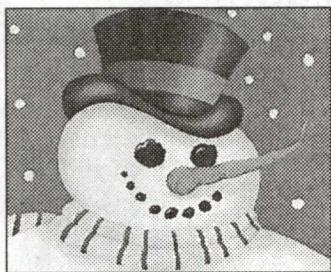
## Happy Holidays

During the holidays, join us in recognizing the **Bacchus** employees who make your dining experience most rewarding. In the spirit of the season, we'd like you to assist us in acknowledging our special team members.

When dining with us, ask for a "praise" form and note the person who goes the extra mile to make your time with us more enjoyable. The cooks, the chef, the dishwasher, the busboy, the waiter or waitress, the barman, the host or hostess—choose whomever it is that gives your dining experience that extra special "something."

The form you bestow will be highly valued by the person who receives it. In addition to your very important acknowledgment, your "praise" will count toward extra recognition and prizes for the **Bacchus** employees.

**Bacchus** is now open on Sundays and Mondays for lunch and dinner in addition



to its regular hours.

New dinner menu items include a portabella mushroom appetizer at \$4.95 and entree items such as: Chicken Kabob for \$7.50, Peppercorn Butt Steak for \$11.95 and Wiener Schnitzel for \$7.50.

Enjoy the new hours, the new menu items and the extensive holiday decorations. Join us soon!

**Bacchus** is now accepting reservations (and deposits) for their New Years Eve Party. Call for details.

## Bonjour...

During December we are celebrating our first anniversary. We thank all of you who have helped make our first year so successful. From December 15 through 19, we will offer a special menu at special prices. Join us for the celebration.

For those who have already visited us, we hope you have enjoyed **Salt & Pepper's** unique atmosphere and cuisine. For those of you who have yet to stop in, we are confident you will be pleasantly surprised. Our menu features such appetizers as Crab Cakes and Grilled Calamari with a light basil pesto sauce. We have a large selection of salads, Duck Salad Mimosa with a raspberry vinaigrette being the highlight. Other choices include Salad Nicoise, Bistro Salad, Goat Cheese Salad and Filet Delmonico Salad. Our varied selection of entrees include Shrimp and Scallops Michael Angelo, Grilled New Zealand



Rack of Lamb and the chef's signature dish, Paella Valenciana. We also feature an extensive wine list with over 31 wines by the glass.

We are open for lunch Monday through Friday, dinner Monday through Saturday. Bring us a unique salt and pepper shaker to be displayed in the restaurant and receive one free appetizer per table. We look forward to seeing you soon!

## Culinary Creations Holiday Helper

Klaudia Crawford, owner and executive chef of **Culinary Creations, Inc.** is ready to help you during the busy holiday season. She and her staff are expanding from the personalized chef service for families, to include catering for private holiday parties, lovely romantic dinners and gift certificates.

**Culinary Creations'** staff is ready to assist you in your holiday party plans. Be it a private sit-down dinner for 10-30 or larger parties with gourmet buffets—they'll handle all the details. They also offer musical entertainment during the

evening while your guests enjoy the talents of Klaudia Crawford.

Maybe the perfect gift for that special someone is a romantic dinner for two, complete with candlelight and music—just a great way to say "I love you." And for that "difficult to buy for" someone who has everything, gift certificates are available—cooked up just for you!

Let Klaudia and **Culinary Creations** handle all the details for you, so you can sit back and enjoy your company. Corporate parties welcome! Call (847) 210-4053.

## BACOA Senior Programs

The Barrington Area Council on Aging, Inc. will be holding the following programs in the Barrington Room at Langendorf Park at 12:30 p.m. unless otherwise indicated.

**Monday, December 8**

**"Collage Song and Dance Group"**

The Collage Song and Dance Group from Barrington High School will entertain from 12:15 to 12:45 p.m.

**Tuesday, December 9**

**"Freshmen Choral Group"**

The Freshmen Choral Group from Barrington High School will perform from 12:15 to 12:45 p.m.

**Monday, December 15**

**"Christmas Party with Entertainment by the Sweet Adelines"**

BACOA's annual Christmas Party today with entertainment at 12:30 p.m. by the Sweet Adelines of Barrington.

For more information, contact the Barrington Area Council on Aging, Inc. at 381-5030.

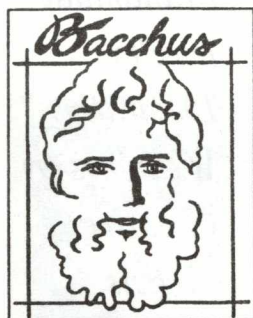
## DINE WITH US DURING THE HOLIDAYS

and

*Give the Gift of "Praise" to one of our staff*

**Choose the person who makes your dining experience "something special"**

**—Ask for a "Praise" Form—**



**·BACCHUS·**

Quentin and Rand Roads • Kildeer • 847/438-3212  
(Just east of Barrington, south of Long Grove, west of Buffalo Grove)

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**Fine Mediterranean Cuisine**

**from France, Spain & Italy**

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Crystal Lake, IL**

**Culinary**  
CREATIONS, INC.  
personal chef service

**KLAUDIA CRAWFORD**  
PRESIDENT/EXECUTIVE CHEF  
847.210.4053

## BHS Art Gallery for Gifting

How about doing your holiday shopping at the Art Gallery during the B.H.S. Art Teacher Show, now to December 19. Unique and usual paintings, drawings, ceramics, photography and jewelry, for the person who has everything, will be available and all made by our very own talented staff. The Barrington High School

Art Gallery is open to the public weekdays when school is in session from 7 AM to 3 PM and is located at the front of the school, to the left of the Johnson Auditorium. To make a purchase from the gallery, contact Phyllis Kohnke (Fine Arts Secretary) or Clair Smith (Fine Arts Chairman).

## Four Seasons Potluck Brunch

There will be a Potluck Brunch on December 2 at a member's home. The program begins at 9:30 a.m. Call Jan Kitz at (847) 381-2841 for details.

Mark January 6 on your calendar when

member Maureen Yates will show 150 slides of all the British competition. The 1992 and 1993 National Association of Flower Arranging Societies Competitions will be the topic.

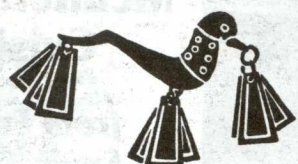




*Handmade  
Jewelry.  
Decorative  
Weavings by  
Creative  
Artists.*

Artistry and expert craftsmanship from the Baltic region and local artisans.

Hand-crafted ceramic, wood, linen, wool, leather, crystal, amber. Latvian and original jewelry in gold, sterling silver, and Baltic amber.



## Amberland Artisans

440 Robert Parker Coffin Road  
Long Grove, Illinois  
*By The Bridge*

847-821-1768  
FAX 847-821-1772

## Make a Holiday Memory in Historic Long Grove

Imagine strolling through a Victorian village—rooftops glittering with holiday lights, a horse and carriage emerging from the covered bridge at the end of town, perhaps a dusting of snow on the cobblestone walks...

Picture yourself shopping amid quaint shops bedecked with holiday finery, locating the perfect gift that you almost thought didn't exist, enjoying a leisurely luncheon at one of our five restaurants...

This is Historic Long Grove. More than ninety shopkeepers are ready to welcome you and assist you in finding unique, quality items—for your home, for gift-

giving, or just to treat yourself. Whether your holiday list includes toddlers, teens, or seniors, you will find unusual gifts appropriate for the "hard-to-please." Finding just the perfect accessory for your holiday decorating will round out your Long Grove experience.

Long Grove's "Countryside Christmas" continues through December 24. Holiday shopping hours have been extended until 8:00 p.m. on Friday evenings. **Free gift wrapping of Friday night purchases is being offered at the Long Grove Information Center.** Please call (847) 634-0888 for more information.

## Amberland Artisans

If you're looking for something exquisite and unique, which is handmade, then **Amberland Artisans** is the solution. All our merchandise is handmade by artists and craftsmen from the Baltic countries of Estonia, Latvia and Lithuania, as well as Baltic artists residing in the United States. Baltic amber jewelry is our specialty, not to mention reproductions of ancient Latvian jewelry in 14kt gold and sterling silver. You can also find the largest, if not the only, selection of hand-loomed flax linens in North America. There are also

ceramics, wood carvings, leather boxes and journals, fine chiffon silk scarves, hand-knitted wool socks, hats and mittens, hand-knitted linen sweaters and vests, hand-blown lead crystal, glass, and other unique and unusual items to provide one-of-a-kind gifts. Also, let's not forget: AMBER! AMBER! AMBER! And more AMBER!

This Christmas season, **Amberland Artisans** is featuring a collection of beautiful handmade ceramic candle holder houses from Lithuania.

## Home for the Holidays is where the Art is!



*Tea for Two* by Ann LaRose

If your shopping list is in the making, don't forget the warmth, charm and elegance that comes from fine art... a gift that you give to yourself, that you share with everyone who visits your home during the holidays and throughout the year.

A special thought for others is bronze sculpture; the smaller works are enjoyed by everyone. If you have someone special, you should stop in. Over 100 pieces are available from 15 different sculptors. **The Studio of Long Grove** has become renowned for its large collection of quality bronzes. Many life-sized pieces are still available.

## Wish Upon A Star!



*Celine*  
fine jewelry, ltd

318 Old McHenry Rd., Long Grove, IL

847.478.1823

## Exquisite Pieces for The One You Love

Show her how much you love her by giving her a gift that will last forever—fine jewelry. **Celine Fine Jewelry, Ltd.** specializes in unique, one-of-a-kind designs for the discerning woman. **Celine's** offers the highest quality at wholesale prices. Layaways are accepted until Christmas. Located in the heart of Long Grove, we're Michigan Avenue without the parking, the traffic or the prices.

**Celine Fine Jewelry, Ltd.** wishes you and yours a healthy, happy holiday and a prosperous new year.





## Red Oaks Opens New Building

**Red Oaks**, 340 Old McHenry Road in Long Grove, a well-known source for fine home furnishings and accessories, is branching out to another Long Grove location, **Red Oaks, Too**, at 350 Old McHenry Road.

The new store will be decorated for the holidays with gingerbread ornaments, cranberry garlands and wreaths. Original American country furniture by leading manufacturers will be showcased at **Red Oaks, Too**.

Accessories, prints, lamps and baskets that complement the era will be featured,

along with traditional giftware, pewter, stoneware and quilts.

**Red Oaks** has been a shopping destination for customers since 1956. The 10-room main headquarters, housed in part in an original 1850s farmhouse, also offers design consultation and custom floral work.

**Red Oaks, Too** is located directly next door in a Cape Cod-style building dating from the early 1920s.

Regular hours for both stores are 10 a.m. to 5 p.m. Monday through Saturday, and 11 a.m. to 5 p.m. Sundays. For information, call (847) 634-3044.

## Return to the "Happy Days" Era at Nifty 50's

While old 45's play on the juke box, browse through this unusual shop of home decor and accessories. You will find 50's type diner booths, soda fountains, bar stools and even a '55 Chevy sofa, all of which can be custom ordered for your home.

We've cruised Route 66 to find the coolest selection of licensed giftware from Coca-Cola, Pepsi, Campbells Soup and of course, Route 66. We also picked up a

few Chicago stoplights and street signs along the way. You can light up your life with our neon signs, or hit the jackpot with a restored slot machine complete with lights, bells and whistles.

So jitterbug on over to Long Grove, and we'll take you back to the good old days we all live to remember. **Nifty 50's** is located off Fountain Square, and the music is playing seven days a week. (847) 821-7047

## Classic home furnishings in a historic setting



RED OAKS

(847) 634-3044  
340 Old McHenry Rd.  
Long Grove, IL

## The Studio of Long Grove GALLERIES OF FINE ART

Enhance your home  
for the holidays with fine art  
from The Studio.  
Enduring enjoyment  
for everyone.



WINDY BY ROSALIND COOK



CURLED CATTLEYA ORCHID  
BY MICHAEL GERRY



VINE APPLE BLOSSOM  
BY ALAN WOLTON

360 Historical Lane, Long Grove, IL • (847) 634-4244

## Return to the "Happy Days" Era!



Nifty 50's

LONG GROVE, IL 847-821-7047



## Happy Holidays

from everyone at

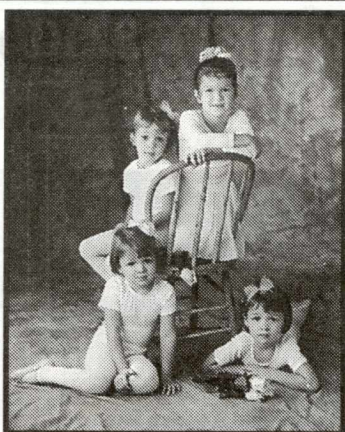
Portraits By

*Thomas*

We have some holiday sessions still available so please call today to reserve an appointment for your family's portrait.

GIFT CERTIFICATES AVAILABLE

557 North Hough Street  
Barrington 381-7710



"We have been so pleased with Thomas' ability to capture both the inner and outer beauty of our daughters within his portraits. He and his staff are very professional and add a personal touch to all their work." —Anne & Jerry



"Thomas made our children feel at ease which made for a wonderful session and a great portrait." —Pam

## Do You Have Any Last Minute Shopping?

Now that the holidays are upon us and your family is in town, why not mark this season's celebrations with a family portrait?

Portraits make wonderful gifts. They are a great way to document your family's growth and to bring out the true personality of their relationships.

At **Portraits by Thomas**, we really care about giving you the best service and product possible so your portrait will be displayed with great pride in your home.

## Barrington Community Child Care Center

### "Celebrating Our 5th Anniversary"

Openings Available  
for Children 6 Weeks - 6 Years.

Applications Now  
Being Accepted.

Hours: 7am - 6:30pm

560 Carl Avenue  
(1 blk. west of Burger King  
off Northwest Hwy.)

381-0272

Barrington



## Why Do Smart Kids Struggle?

Your child may need help with weak study skills or poor reading or math skills. He or she may be unmotivated or lack confidence, despite a good I.Q.

Our certified teachers help children overcome frustration and failure. A few hours a week can help gain the Educational Edge.

Individual testing and tutoring in Reading, Study Skills, Writing, Phonics, Spelling, Math and SAT/ACT prep.

Weak Basic Skills

Frustration with School

Lack of Confidence

No Motivation

382-3655

722 W. Northwest Hwy.  
Barrington



THE HUNTINGTON LEARNING CENTER®  
Your child can learn.

## Warning Notices Signal Trouble Ahead

Many parents will say there is no worse feeling than when you receive a warning notice about your child. Angry, frustrated and confused, many parents come to a point where they don't know how to help their child do better in school.

Now is the time of year when local elementary schools and high schools issue these much feared warning notices, alerting parents that their child may fail one or more courses for this marking period.

Parents should remember that warning notices are intended as a warning signal of some bigger problem in their child's life. Once the problem is identified, parents can take steps to remedy the situation and get their children back on the right track to learning.

Failing grades can be the result of a variety of problems. Some students may not be studying productively to master all the new information they are required to know. Common distractions or interruptions can turn several study hours into wasted effort.

Other students may not have truly grasped certain basic skills earlier in their schooling. This may have an immediate effect on grades and school performance, or it may be years before the problem surfaces and the student begins to struggle.

Still others may be struggling because their shaky understanding of the material is causing their confidence and motivation to falter. When a child feels incapable of doing work, the child may simply forfeit his/her efforts.

"For children to believe that they can succeed, it's vital that their parents believe in them as well," said Dr. Raymond Huntington, founder and president of **Huntington Learning Centers**. "If parents demonstrate a belief in their child's ability, the child will be more likely to keep trying. If the child feels good about himself and has a good self-image, he won't shrink back from a challenge out of the fear of failure. He will continually strive to do his best."

When your child is struggling in school, one way to demonstrate your support for him or her is by seeking the resources to help. If you receive a warning notice, or are concerned about your child's grades, now is the time to get your child the help he or she needs.

**The Huntington Learning Center** is a nationally recognized leader in the field of education, having helped tens of thousands of children to improve their basic skills through remediation and enrichment programs.

A thorough diagnostic evaluation can pinpoint a student's strengths and weaknesses. Education professionals at **The Huntington Learning Center** will develop an individualized program tailored to the student's needs.

Parents who would like additional information, or who are concerned about a specific aspect of their child's academic performance, are encouraged to call **The Huntington Learning Center** in Barrington at (847) 382-3655.

## DAR to Celebrate Holiday Season

Signal Hill Chapter, National Society Daughters of the American Revolution, will celebrate the holiday season with a Christmas luncheon at the Barrington Country Bistro in the Foundry at Northwest Highway and Hart Road on December 16 at 11:30 a.m. This special Christmas meeting and luncheon is open

to all members and prospective members. Reservations may be made by calling Bettye Splittorff (590-5594) or Carolyn Rolnik (934-7905). Please send your check for \$22 made payable to Signal Hill Chapter by December 8.

All members are urged to join in the holiday festivities.

## Paces Holiday Auction Party

PACES (Parent and Child Education Society) invites its members and new parents in the community to some early holiday cheer by participating in PACES' Holiday Auction Party and a Make-over by Mario

Tricoci Salon and Spa at PACES monthly meeting on December 4, from 9:30-11:00 a.m. at the Buehler YMCA, 1400 W. Northwest Highway, Palatine. Reserve baby-sitting with Carol at (847) 934-4045.



## Downtown Diane's Now Open!

Downtown Arlington Heights has a new addition to the Central Business District shopping area. A new women's boutique called **Downtown Diane's** has just opened with a ribbon cutting by the mayor, Arlene Mulder.

The store carries fashion forward clothing and giftware as well as outstanding jewelry.

**Downtown Diane's** specializes in unique clothing, sizes 4 through XL, at moderate prices. Total customer service is their key to success along with twenty years of retail experience, which gives the store an edge in assuring customer satisfaction.

"This store is just what the town needs," has been the constant feedback.

**Downtown Diane's** is located at 11 W.



**Ribbon Cutting Ceremony (L to R) Scott Whisler, First National Bank; Douglas Mitchell, President of the Central Business District; Mayor Arlene Mulder; Quinn Seligmann, Store Manager; Diane Winkler and guest.**

Campbell Street, Arlington Heights, IL 60005. (847) 259-9060.

## Holiday Gifts at Applause

The staff at **Applause** would like to wish everyone a **Happy Holiday Season**. We want to thank all of our customers for their patronage throughout 1997 and hope to see all of you and your friends in 1998.

A **Gift Certificate** is a great gift for anyone, and it's something that will be really appreciated because we all enjoy being pampered. Teachers would love a manicure and paraffin dip for their hands; that man, a good relaxing massage; that woman, a facial and massage along with a soothing herbal body wrap; and that teen a set of artificial nails. Any size Gift Packages are available.

Come celebrate the holidays with **Applause**. We want you to be able to have your beauty needs taken care of at your convenience. So, we encourage all of you to **book your appointments early**.



**Joan Kucera, owner of Applause Hair Salon.**

Our retail section is great for getting those gifts for family, friends or whomever. We carry the full lines of Logics, Alterna, Matrix, Biolage, Vavoom, ABBA all natural products, and Bioelements skin care products.

Please call **Applause** at 540-0990 for your appointment.

## Consumate Gold, Silver & Stone Jewelry

Duane Maktima is a contemporary jewelry designer of Laguna Pueblo and Hopi descent. According to Duane's grandfather, the name Maktima means "searching for eagles," and Duane's creations truly live up to his family name, reflecting his search for creative expression, grace and form.

Using color and composition to reiterate prehistoric Native American symbols, Maktima distinguishes his work with a sculptural quality. His colors are derived from a natural palate of lapis, coral, fossilized ivory, shells, wood, and turquoise.

Set in sterling silver channels, each element is separated by a thin band of gold to enhance its color.

Duane Maktima will exhibit and display



**Pueblo Deco designs of Duane Maktima**

his talent for art and design at **Tribal Expressions**, in Arlington Heights, Illinois on December 12 and 13. This event is open to the public.

## BACOA's New Name Contest Continues

Please offer your vote on one of the following five names selected by our "New Name Committee." These names were selected from 75 names submitted. When casting your vote, please take into consideration the name which you think best embodies our mission which is "to pro-

mote the independence, dignity and well being of older adults."

- Barrington Area Council on Aging, Inc.
- Senior Connection
- Senior Council of Barrington
- Senior Lifestyle Council
- Senior Services of Greater Barrington

### We're Now Open!

*Boutique for*  
**Today's Active Woman**

## Downtown Diane's

— register for a \$200 Gift Certificate —

**\$10 OFF** with a purchase  
of \$50 or more  
must present AD

11 West Campbell  
Downtown Arlington Heights  
**847-259-9060**

SALON

# A

HAIR, SKIN, NAIL

## APPLAUSE

Featuring  
Color by...

### LOGICS INTERNATIONAL

## Gift Certificates

Massages, Facials,  
Pedicures, Manicures.  
Complete Hair Services

**Open 7 Days A Week**

Services for Men, Women, and Children

Sun. 12:00-4:00  
Mon. 9:00-4:00, Tue. 9:00-4:00  
Wed. 9:00-7:00, Thu. 8:30-8:00  
Fri. 8:30-5:00, Sat. 8:30-4:00

111 S. Rand Rd. (Lakeview Plaza)  
Lake Zurich, IL 60047  
**(847) 540-0990**

## TRIBAL EXPRESSIONS®

Tribal Expressions offers a varied selection of quality Native Art for your pleasure.

You are invited to meet contemporary, jeweler:

### DUANE MAKTIMA

Pueblo Deco designs by Duane Maktima combine the finest workmanship and materials with vibrant gemstone color. His distinctive jewelry is elegant, comfortable, unique, and suitable for formal or casual wear. Please come and welcome Duane.

December 12 & 13, 1997

Friday 6:00 to 9:00 p.m.      Saturday noon to 5:00

Alive with the Art & Spirit of Native America

7 S. Dunton, Arlington Heights

(847) 590-5390

## Patricia Noland Memorial Donations

The Home of the Sparrow in Palatine is the grateful recipient of donations in memory of Patricia Ann Noland. "Patty Ann" Noland was the Hanover Park woman who was beaten and stabbed to death on November 4 by a boyfriend. She grew up in Palatine.

The Home of the Sparrow's program helps women get back on track, to move forward in their lives. It includes getting a job, participating in group and individual counseling, sharing the chores of the

house with others, taking parenting classes and more. Though no one can help Patty Ann Noland anymore, other women who have been homeless and have struggled will benefit from the memorial. It is a living tribute to her.

Noland was remembered at a memorial mass at St. Theresa Catholic Church in Palatine on November 12. Funeral arrangements were made by Ahlgrim and Sons Funeral Home in Palatine.

Cast your vote by writing to BACOA at 301 East Main Street, Suite 111, Barrington, IL 60010 or by calling (847) 381-5030 by Friday, December 5, 1997.

The new name will be announced in

the January/February edition of the "Senior Advisor" newsletter. The prize for providing the winning name will be a \$100 savings bond from Barrington Bank and Trust.

**Barrington LIFESTYLES** December 1997 **33**





**F.K.  
JEWELERS**



## Diamond & Estate Jewelry Barrington's Most Reasonable Prices

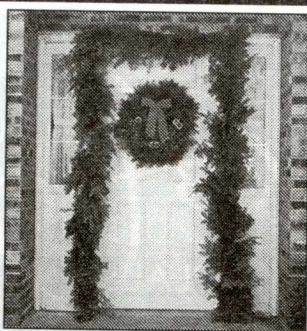
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## "A Festival of Trees, Wreaths & Ornaments"

Barrington Area Arts Council (BAAC), 207 Park Ave. in the village of Barrington, is the place you're invited to be for the festive opening of BAAC's "Festival of Trees, Wreaths & Ornaments" on Saturday evening, December 6, from 6-9 o'clock. Ornaments, creatively handmade by artists and other talented individuals, will be available for purchase that evening. Wreaths and trees will invite your bid on silent auction, starting December 6 until Friday, December 18, at which time bids will close at noon and items will be available for payment and pickup throughout the afternoon.

If a tree is the thing that could make your eyes sparkle this year, there will be nearly a dozen creative ones from such BAAC supporters as Barrington Area Council on Aging (BACOA), Starck Realty (Victorian tree all in gold), Barrington Jr. Women's Club, The Canterbury Shoppe/Barrington Youth Dance Ensemble (likely with a ballet theme), Trianon (formerly the Lamplighter), Barrington Realty Co., Barrington Flower Shop, Sarah Bowers and staff at BAAC, the BAAC Board of Directors, Gallery curators Sherry Hunter Lee and Barbara Fuhr, and friends Donna Hannay and Francine Fossler, as well as Festival committee member Sophia Mueller.

Wreaths in various sizes and shapes are expected from the Festival Committee (would Beanie Babies appeal?), Char Crews in the Commons, Green Thumbs

Garden Club, Silk 'N Things on West Main Street, Citizens for Conservation, Chicago Jr. School, The New Oratorio Singers, First Chicago-Barrington, Pasquesi Home and Farm, Bikes Plus, Pittas Greenhouse and BAAC friends Trowby and Dan Brockman, Jenny Pompe, Nancy Howard of Childhede Gallery, Ltd. and Barbara Ringquist.

Festival of Trees, Wreaths & Ornaments is held in conjunction with the opening reception for the artists featured in the December exhibit in the BAAC Gallery. Light holiday fare will grace the festive buffet table, presided over by Rebecca Marcella with assistance from Festival committee members and staff, and the evening's ambiance will be enhanced by a holiday beverage table and, yes, Christmas cookies!

Entertainment? 'Tis the season! The Gallery will be filled from 7-8 p.m. with the beautiful holiday sounds of Barrington Children's Choir Bel Canto Singers. Interspersed throughout the evening will be piano music performed by Betsy Smentek and Jerry Pugsley.

Special prizes will be a handmade tree skirt, two stockings and a Christmas throw, all in the Santa motif, generously donated to the Festival by Jane Stoutenburg of The Snail's Pace gift shop in the Barrington Ice House. These items will be on display at the Gallery beginning December 2.

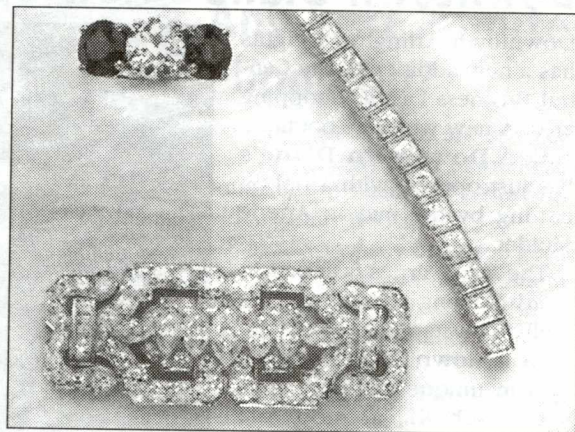
BAAC staff, board and members of

## Dare to be Different!

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## Christmas Comes but Once a Year...

That means **Hager's** trees are here! During the holidays, embrace the spirit and sentiment of the Christmas Season with a real, natural Christmas Tree from **Hager's**. There is something magical about a real Christmas Tree, the way it looks, the way it feels, and the wonderful fresh scent that it brings into your home. A real Christmas Tree is a part of our heritage, it links us all to the Christmas' of our parents, and our grandparents, and their parents for generations back. Today as it was then, the Christmas Tree is the center of activity, where family and friends gather round to share in what is truly our most joyous and traditional of holidays.

The staff at **Hager's** invites you to join them at their old-fashioned tree lot and quaint country store and select your Christmas Tree from the finest assortment of tannenbaums in Barrington. Hager's proudly features the increas-

ingly popular Fraser Fir, noted for its pleasing fragrance, dark green needles with silvery underside, and excellent needle retention. In addition to the Michigan Snowfresh Fraser, **Hager's** stocks a selection of Noble Firs from the Northwest, Michigan Snowfresh Balsam, Douglas, Concolor, and Canaan firs, and White and Scotch Pines. Available sizes range from 2' to 14'.

While visiting **Hager's** to select a tree, be sure to check out the wide assortment of yuletide trimmings to decorate your home and your tree. Choose from a selection of wreaths, evergreen garlands, holiday greenery, bows and ribbon, ornaments, wall hangings, votive candle holders and more.

The staff at **Hager's** looks forward to seeing you and your family this Holiday Season and being part of a special Christmas tradition.

## Elgin Area Youth Orchestras Present Winter Concert

The Institute for the Performing Arts at Elgin Community College will present the Elgin Area Youth Orchestras' Winter Concert at 7:30 p.m. Tuesday, December 2, in Stage 1 of the Visual and Performing Arts Center on the ECC main campus, 1700 Spartan Drive, Elgin.

The young musicians will perform under the direction of Robert Hanson, music director of Elgin Area Youth Orchestra, and Paul Patterson, conductor for the Elgin Area String Orchestra.

The String Orchestra will perform Handel's March from "Scipio" and Handel Suite; Little March and Scherzo from Suite for Strings by R. Washburn; and Herald Quartet by C. Dancla.

The Youth Orchestra will play the over-

ture to Mikhail Glinka's "Russian and Ludmilla;" the first movement from Beethoven's Symphony No. 1 in C major; and Dvorak's Slavonic Dance No. 8.

The combined Youth and String Orchestras will perform "Ase's Death" from Grieg's "Peer Gynt" Suite No. 1 and "March of the Toreadors" from Bizet's "Carmen" Suite No. 1.

Tickets to the Elgin Area Youth Orchestra's Winter Concert are \$5 for adults, \$4 for students/seniors, and are available at the ECC Ticket Office located in the Visual and Performing Arts Center. Hours are 10 a.m. to 5 p.m. Monday through Friday, and noon to 4 p.m. Saturday. To purchase tickets by phone, call (847) 622-0300. Visa, MasterCard and Discover are accepted.

Friends of BAAC auxiliary, which plans this event, are indeed grateful for Harris Bank Barrington's underwriting of the Festival and December gallery exhibit, and for the partial funding by Carol McGregor as well as the grant from Illinois Arts Council, a state agency. Festival

proceeds will enable BAAC to continue its arts programming for all ages in the Barrington area. Please call the Gallery, (847) 382-5626, for further information about the Festival, BAAC's programming or membership in the Friends of BAAC auxiliary.



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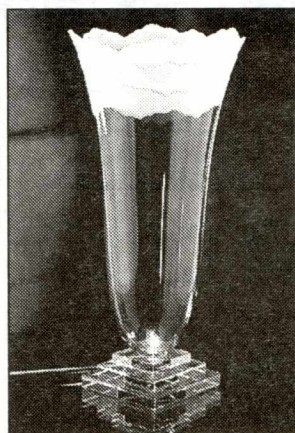
**dazzle gallery** also ships UPS and offers complimentary gift wrapping.

Visit **dazzle gallery** for all of your holiday gift giving as well as for yourself.

Holiday hours are: (starting Monday, December 8 through Tuesday, December 23) Monday through Friday, 10 a.m. to 8 p.m.; Christmas Eve, 10 a.m. to 3 p.m.; Saturday, 10 a.m. to 5 p.m.; and Sunday, 12 noon to 4 p.m.



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Photo by Joyce Mitchell,  
Mitchell Studios

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So many people ask me if we have any watches made in the U.S.A., and in the past I always had to say no. The fact of the matter is most of the famous American watch brand names have been bought and sold and are no longer made in the states. Now we can say yes! We at **Mitchell's Jewelers** are proud to announce our own private label **Mitchell's Jewelers** watch, made in the U.S.A. with Swiss parts. The Swiss movement is made by ETA which also supplies movements for many of the famous Swiss brand names you have come to know. In fact most of the Swiss watch brands we carry have ETA movement in them. So if we are willing to put our name on the watch, you can trust it to be a quality watch you will cherish for years. So if you have never been to **Mitchell's Jewelers**, come in and find out why in 28 years we have grown from being one of the smallest jewelers to one of the largest jewelers in the Midwest. Now is a great time to visit and save on watches during our **Watch Sale** at **Mitchell's Jewelers**, 10 N. Dunton in downtown Arlington Heights.

Douglas A. Mitchell, Co-owner  
Recipient: GIA Diamond  
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## "Tapestry of Color" Fashion Show



Fashion show committee members: Peggy Bergland, Darlene Rayner,  
Cori Anderson, Mickey Bliss and Mary Zgoena.

The annual luncheon fashion show for the Long Grove-Kildeer Garden Club was held on October 23, 1997 at the Twin Orchard Country Club in Long Grove. The theme this year was "Tapestry of Color." The show was co-hosted by Darlene

Rayner and Cori Anderson.

The fashions were presented by Savvy Spirit of Barrington and the models were club members who wore many of the new fashions that just arrived at the store.

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## Free Ornament Making Workshop

Spruce up this year's Christmas tree with your own hand-crafted Christmas ornament. The Barrington Area Arts Council is offering a Free Ornament Making Workshop for families on Saturday, December 13 from 2:00-3:30 p.m. in the BAAC Gallery, at 207 Park Ave. in Barrington.

There is no charge for this activity. However, reservations are required to in-

sure that adequate materials and space will be available. Call (847) 382-5626 to reserve a spot for you or your family.

The Barrington Area Arts Council (BAAC), is a not-for-profit arts organization that supports, promotes and sustains programs in the visual, literary and performing arts. It is partially funded by a grant from the Illinois Arts Council, a state agency.

A holiday boutique consisted of angels, Santas, ornaments, wreaths, decorated plates—all made by the members of the club. Peggy Bergland was the chairperson for the boutique and worked very hard to put it all together.

The proceeds from this fund raiser will

go to the Nature Conservancy, Chicago Historical Society, Long Grove Historical Society, Ela and Vernon Libraries, Alden Nursing Home, Reed-Turner woodland nature center, horticultural-environmental scholarship in Lake County, and many more community needs and projects.

Barrington LIFESTYLES December 1997 35



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## Mrs. Illinois America Places Third at the Mrs. America Pageant

"I am just beginning to feel like I have my wits together", says Buenola (Bo) Tyler, Mrs. Illinois America, who returned from the Mrs. America pageant on September 7 which was held in Las Vegas. During her ten day stay, she began her day with rehearsals or on location shootings at 7:00 a.m. and continued on until at least 10:00 p.m. The pageant is scheduled to appear on television in May 1998... Mother's Day to be exact.

"Being in the Mrs. America pageant was truly a test of physical and mental endurance. There was a total of 51 contestants from all walks of life. It was so wonderful to see so many happily married, wives and moms," says Bo. Contestants ranged in age from their early 20s to late 40s.

The winner of the Mrs. America pageant was Mrs. New York with Mrs. Mississippi as 1st runner up, Mrs. Oklahoma was 2nd runner up, Mrs. Illinois as 3rd runner up and Mrs. Utah as 4th.

The pageant proved to be a time that Bo will never forget not just because she was there, but because she almost did not compete. Her husband, Dr. Lamont Tyler has been very busy in his practice at North Suburban Clinic. Due to his increase in hours, Bo almost decided not to compete in the Mrs. Illinois pageant. She knew that his schedule was not a 9 to 5, but with all the babies he had been delivering last year she thought that it would be too big of a strain on her family to compete. She sat down with her husband who expressed to



**Buenola T. Tyler,  
Mrs. Illinois America 1997**

her that he never wanted there to be a time when she did not follow her dreams. She decided to compete and the rest is history.

As the five finalists stood on stage with their husbands and were asked to express to them what they were feeling at that very moment, Bo could not stop the tears from flowing as she thanked her husband for encouraging her and being the wind beneath her wings.

Bo, her husband Lamont and two daughters, Alexa and Sydney live in Inverness where she is a member of the Women's Club of Inverness. She also par-

## End of the Year Gift Planning

by Sharon L. Keller, J.D., LLM

Another year has flown by and it is again time to think about the holidays and the giving of gifts to loved ones and those less fortunate. One idea for that person who is impossible to find the appropriate present is to make a gift (donation) to your favorite charity or a charity of their choice in their name.

The end of the year is also a time of reflecting on the year past and to plan for the years to come. It is in December that most people make their annual gifts to others. The Taxpayer Relief Act of 1997 did not effect the amount available for 1997. Under this law, you can give as much as \$10,000 to any number of individuals in any calendar year without being required to file a gift tax return. Married couples can elect on a gift tax return to split gifts made by one of them, so that one spouse can transfer \$20,000 to an individual without making a taxable gift. In addition, any amounts paid to an educational institution for someone's tuition or to a health care provider for medical services are automatically excluded and do not count against the annual amount. Beginning in 1999, the amount for the annual exclusion will be increased for inflation and will rise in \$1,000 increments.

In addition, as a result of the Taxpayer Relief Act of 1997, the amount of present gifts that are exempt from gift tax or exempt from estate tax upon transfer at your death will have a gradual increase. The incremental increases of amounts exempt from tax are as follows:

1998	\$625,000
1999	650,000
2000	675,000
2001	675,000
2002	700,000
2003	700,000
2004	850,000
2005	950,000
2006	1,000,000

You can utilize all or some of this amount during your life by making large gifts to charities or individuals. If this exemption is not used upon your death, your heirs will not pay estate taxes on the applicable amount.

Also, if a loved one dies, you should exercise caution in the sale of their assets. When you receive property from a decedent, the IRS treats you as having held the property for twelve months. With



the new tax law, if you sell that property within six months of the decedent's death, you will not qualify for long-term capital gain treatment which now requires an eighteen month holding period.

The use of private foundations to fund charitable organizations has grown in recent years. The Tax Relief Act extended the charitable contribution deduction for the full fair market value of publicly traded stock which is contributed to a private foundation from May 31, 1997 through June 30, 1998. This is a wonderful way of transferring highly appreciated stock to your choice of charities without incurring capital gains tax.

Gifting of funds to irrevocable trusts for the benefit of children or grandchildren is a useful technique to help fund future education expenses while gifting assets to your loved ones. This requires careful planning and the need to effectuate gifting letters to the beneficiary on an annual basis.

In reflecting on the past year and planning for the future, take some time to assess your own needs for estate planning or the necessity of an update of your asset holdings. It is a good idea to review your estate on an annual basis to ensure the proper holding (whether in joint tenancy or revocable or irrevocable trust) or your assets. Also, I hope you all take time to enjoy the season and your loved ones. Have a safe and prosperous December.

*Merry Christmas, Happy Hanukkah and Happy New Year!*

## "Vicinity '97" Juried Art Show

Barrington High School art teachers, Kayla Ross, Blake Mueller, Robert Wilson and David Engle have been accepted to a juried art show entitled "Vicinity '97" to be held at the Dellora A. Norris Cultural Arts Gallery in St. Charles. Their entries will

include pastel and mixed media drawings, collage, and ceramic vessels. The show runs now to December 13. Gallery hours are Monday-Friday from 10 AM to 5 PM, Saturdays noon to 4 PM. Admission is free.

ticipates on the Silent Auction Committee for the Garden Ball given each year by the Alexian Brothers Medical Center of Elk Grove Village and is a model for the Columbia Hoffman Estates Medical Center fashion show fund-raiser. Bo is also busy helping at her daughter's school, Barrington Montessori.

She will continue her duties as Mrs. Il-

linois America by making appearances at charity events, judging pageants and visiting schools and hospitals.

Throughout the year, Mrs. Illinois America will be available to make appearances, do special presentations and assist with civic and non-profit oriented projects. For further information, please contact Classic Pageants at (630) 325-5509.



## A Tale of Three Cities

by Eleanor Nelson & Sally Hayward, Travel House

I have just arrived home from the most fabulous trip to Eastern Europe, courtesy of Abercrombie & Kent tours called a "Tale of Three Cities." The three cities were Budapest, Hungary; Vienna, Austria; and Prague, the capital of the new Czech Republic. This trip truly was the dream of a lifetime.

Budapest, with its beautiful sites on both sides of the Danube River sparkles with old world zest and vitality. The boat ride we took enabled us to see it all from both sides. None of these cities were particularly hard hit by the second world war and still stand with centuries of history.

Vienna, the former capital of the sumptuous Hapsburg dynasty, is resplendent in its Imperial glory and musical traditions. We were fortunate enough to get to hear the Vienna Boys Choir and that was a thrill.

Prague is the "Golden City" of Europe, charming all who are lucky enough to visit her in these heady days of her resurgence. She will truly be a future leader of the European nations. In Prague, the city of Mozart, we were fortunate enough to see *Don Giovanni* performed in the musical hall where Mozart first presented it.

There are of course several tour operators who offer this trip. Over the past 36 years, A&K has built a reputation as one of the worlds premier travel planners on seven continents. This was my first trip with A&K and I have to tell you, I was



impressed. Renowned for their celebrated Traveling Bell Boys, small groups, professional guides and remarkable accommodations, A&K did an outstanding job!

They offered the finest accommodations (the Imperial Hotel in Austria), cocktail parties, ala carte dinners, guest speakers at every location, comfortable train journeys and gave us plenty of free time for shopping or exploration on our own.

I can't stop talking about how special this experience was, and would certainly like to talk to you about this reemerging part of Europe. Please stop by or call me at 381-0600 and I would be delighted to continue to talk about this incredible trip. This is the time to do it, before they become too cosmopolitan.

## Physical Design Critical to Alzheimer's Care

The early stages of Alzheimer's disease can be characterized by memory loss, nervousness, and depression, but the impact of the disease is truly felt when a loved one fails to recognize friends and relatives or cannot perform ordinary tasks.

Many individuals and families turn to long-term institutional care at this stage. However, experts have questioned the suitability of a nursing home's design for those persons with dementia. With nursing homes, several factors are known to aggravate the disease and induce disorientation, including noise levels and the lack of visual cues among others. A building layout can increase the confusion people with Alzheimer's disease already experience.

A new trend in dementia care focuses on residential living, thus shifting the care away from the nursing home model. Located in Wheeling, **New Perspective, Inc.**, is one such innovator. Established in 1994, **New Perspective** is the first dementia-specific sheltered care facility in Illinois. Their mission is to offer

persons with Alzheimer's and their families a homelike setting and an alternative to traditional long-term care. **New Perspective's** uniqueness is in its physical design—three small, freestanding cottages.

Each cottage has only 16 residents, which encourages social interaction and makes it easier for residents to orient themselves. The short hallways have no dead ends, accommodate just 12 rooms, and are filled with pictures, quilts, and artwork done by the residents.

**New Perspective** designed the yard to encourage residents to safely enjoy the outdoors. A secured walking path joins the three houses so residents can stay active by taking a walk, joining in group activities at another cottage, or caring for a garden.

The residential design for Alzheimer's care maximizes independence, supervision, orientation, and functioning, which results in decreased anxiety and agitation for the resident as well as peace of mind for the family.

## Hot Lunch for Seniors

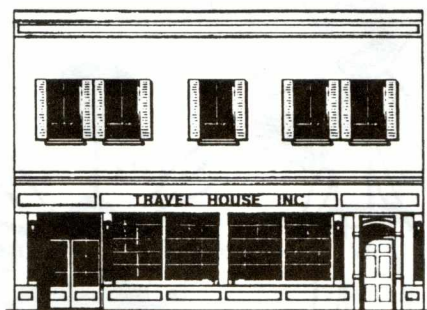
A hot lunch is available to senior citizens on Mondays and Tuesdays at 12 noon at Langendorf Park in Barrington for a suggested donation of \$2.25 per person. December birthdays will be celebrated Monday, December 15. This program is a partnership between the Council on Aging, the Barrington Park District and Catholic

Charities. Call the Council on Aging at 381-5030 one week in advance to make your reservations, or for additional information.

There will be no lunch from Monday, December 22 through Tuesday, December 30 because of the Christmas Holidays. Lunch will resume on Monday, January 5, 1998.

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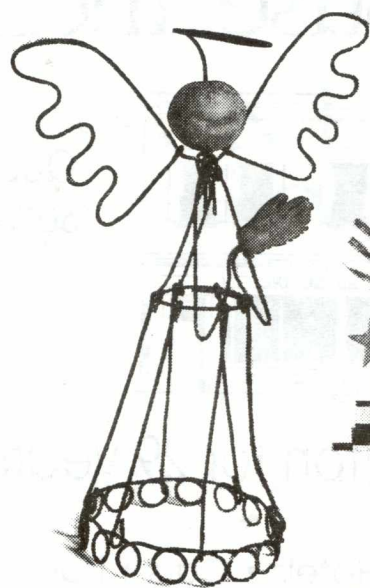
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## Angels Come in All Sizes and They Always Save the Day

"It's here. I know it's here." He dug deeper into the closet. "It HAS to be here." He pushed aside piles of stuff; photos, newspaper articles, his training reins... important stuff.

"Every year it's the same thing" he thought. "That's the trouble with trying to hang on to things you only need at Christmas. Just finding them becomes a project."

"This is the last time I get myself in this kind of trouble. I'll never do it again," he told himself as he trotted off to the shop. "Maybe I'll get one of those journals from CLIX where I can make all kinds of lists... These words were very familiar, too familiar. In the clearing ahead the small, snow-covered building glowed with activity.

Standing as tall as possible, he peeked inside. Where was T.L. working tonight, he wondered? Just then T.L. Green walked by the window. He was carrying a huge, heavy sack, but he still noticed his friend signaling from outside. Happy to take a break, he went to join him.

T.L. Green was strong and, well, short, but with an impressive, powerful build. He was one of those rare people who could get away with wearing tights, even green ones.

Sitting in the snow with his head hanging low, real low, was his despondent friend. "It happened again?" he asked in amazement. "Every year we go through this, Rudolf. Where have you looked so far?"

With teary eyes and a sniffy nose Rudolph replied, "Everywhere. Absolutely everywhere. I've really done it this time." Just then, a clip board with tiny legs

hustled over to them. Actually, it was a tiny man with tiny legs carrying a very big clip board. His face was rather pinched and he looked nervous.

"Oh, hi, Captain." Rudolf mumbled. The elf captain looked up from his list and immediately recognized the situation. "Oh no, not again," said the Captain, shaking his head. "Ru-dy, Ru-dy, Ru-dy. Didn't we decide LAST year that this would never happen again? Didn't we ALL go down to CLIX photographs & savables and get you some very nice archival boxes? And didn't the nice people at CLIX find some great acid-free albums for your photos and such?" The Captain's voice had gotten shriller and Rudolf had just about had it when T.L.'s face broke into a huge smile "I remember now where it is now! Follow me."

Inside the shop was a small cabinet marked: Very Special Things. T.L. opened it wide and there on the top shelf was a small archival box. "I put this away for you last year." He brought it down and gave it to Rudolf, "Merry Christmas, ole friend."

Rudolf carefully lifted the lid and pulled back the tissue. Safe and sound in its own little archival, acid-free, museum-quality box was his big, red Christmas nose. He clipped it on and began to prance with joy. "Thank you. Thank you. You are, indeed, an angel. Now let's get busy. We have lots to do, lots to do."

T.L. Green smiled at his friend, closed the box and put it back on the shelf. "Next year," he thought, "I'm going to write this all down in one of those CLIX journals... just in case."

## Breast Surgery—A Woman's Perspective

by Iliana E. Sweis, MD

Over the years, our society has placed a great deal of emphasis on a woman's breasts. The appropriateness of that emphasis is to be debated. Nevertheless, women's breasts have been the center of attention in advertisements promoting anything from facial make-up to sports cars. So it is easy to understand why many of us have become self-conscious about the appearance of our figures. Whether a woman thinks her breasts are too small, too large, or if she has suffered the loss of a breast due to cancer, the image of the "perfect body" that society has placed in our mind comes back to haunt us.

### What are the different types of breast surgery?

In general, breast enhancement procedures encompass four categories:

- breast enlargement
- breast reduction
- breast lifting
- breast reconstruction following loss of breast or absence of one.

For breast enlargement, we use saline filled implants that are placed either above or behind the chest wall muscles. The implants may be smoothed or textured, round or tear shaped depending on the patient's anatomy and individual needs. Breast enlargement surgery is sometimes combined with a breast lift in



Gary Churchill, MD



Iliana Sweis, MD

order to achieve a more youthful breast shape. Breast lifting is usually performed by itself if the patient does not wish to have larger breasts, but simply more uplifted ones.

Breast reductions are performed in patients of all ages ranging from teenagers to post-menopausal women. There are different types of incisions used depending on the size of the reduction and the individual patient's needs.

Many different types of procedures are used to reconstruct a new breast if the patient has lost her breast to cancer or if the breast simply never formed. These reconstructive procedures incorporate the use of either breast implants or the patient's own tissue. If the patient desires or is a good candidate for implant reconstruction, often she is first treated with a tissue expander

(Continue on page 56)

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304-1000



## Blue Fish—Perfect for Your Holiday Cruise

Featured for the month of December will be Blue Fish Clothing at **Sunflower Samplings** in downtown Crystal Lake. Its a great line of casual wear, hand block-printed by a studio of 25 artists. Made from organically grown cotton, no chemicals are used throughout growing and processing, formaldehyde free and no acid washing or sizing used.

It is really powerful clothing that allows you to express who you are. It makes a great travel wardrobe because of its comfort and ease of care. So if you need something for that Holiday cruise or winter vacation, come in and see the many new items that have just arrived. If you need a truly unique gift or something for that special trip, Blue Fish will be **20% OFF** for the entire month of December.



**BLUE FISH**

*Clothing Hand  
Block-Printed  
By Artists*

just arrived...  
**"BLUE FISH"**

**20% OFF** thru December

**Sunflower Samplings**

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## Gazebo House Tour to Benefit Home of the Sparrow



Jeff and Sandy Heaney, owners of Gazebo House, Bed and Breakfast in historic Richmond, Illinois, will once again share their holiday spirit with the public, offering a tour through their beautiful Victorian painted lady, brimming with Christmas pleasures, to benefit Home of the Sparrow. This 104 year old gingerbread delight, filled with over 15 Christmas trees, electric trains and the sweet waft of spiced cider, will be on display from 1 to 5 p.m., December 6 and 7. Admission is \$5 for adults and \$2 for children. Gazebo House is located at 10314 East Street in Richmond. All proceeds benefit Home of the Sparrow and their mission of providing transitional housing to homeless women and their children. This wonderful tradition on behalf of Home of the Sparrow began two years ago and each year becomes more meaningful for those involved. Coinciding with this event are several happenings in the quaint town of Richmond itself, including Santa's Wagon. What a wonderful way to spend a day, building your holiday

spirit and sharing with those who need it the most!



## Health Advocate



### Health & Wellness Programs December/January

Resolve Through Sharing (RTS)  
Christmas Candlelight Memorial Service  
Sunday, December 7, 7 to 8:30 p.m.—FREE

This non-denominational memorial service and candlelighting ceremony celebrates the memory of babies lost through miscarriage, ectopic pregnancy, stillbirth or newborn death.

"Healthy Anger/Healthy Body"  
Wednesday, December 17, 2 to 3 p.m.—FREE  
Mini introduction to stress management for persons with cardiac and pulmonary histories.

Walking Off Weight  
Tuesday, January 13, 1998, 7 to 8:30 p.m.—FREE  
Barrington High School Auditorium, 616 West Main St., Barrington  
Rob Sweetgall, author, nationally-known fitness walker and self-proclaimed "Pier Piper of American Walking" will teach you: how walking impacts cardiovascular health, weight and stress levels; how to get motivated; how to start a personal cross-training program; and how to get the most from exercise in a small amount of time.

Blood Drive  
Tuesday, January 20, 1998, 8:30 a.m. to 3:30 p.m.—FREE  
Give the gift of life at this community blood drive sponsored by LifeSource and Good Shepherd Hospital. No appointments necessary. Walk-ins welcome.

Twins or More: What to Expect Class  
Saturday, January 31, 1998, 9 a.m. to Noon—\$35/couple  
This class is designed to explore the unique aspects of multiple births including what to expect during pregnancy, childbirth and beyond. The class gives parents practical tips for managing the daily care of multiple babies.

**Happy Holidays!**

To register for any of Good Shepherd's Health & Wellness Programs, call HealthAdvisor at 1-800-323-8622.

**Good Shepherd Hospital**  
Advocate

Health Care With A Whole New Attitude.  
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## Computerized Sewing Made Easy at Linda Z's

Linda Z's Sewing Center, one of the original pioneers in sewing in the Northwest suburbs, is still forging ahead of the pack with their newest introduction of the most innovative computer embroidery/sewing machine on the market today: the Bernina "Artista 180."

It is a sewing machine with 200 built in stitches and 20 built in patterns for embroidery. Bernina has a huge library of designs on cards and disks, including their exclusive licensed characters like Beatrix Potter, Suzy's Zoo, Lucy Rigg and Precious Moments. The Artista allows you to stitch large patterns, or combine patterns without having to reposition the fabric in the hoop. The hoop size is 6" x 8". This is the ultimate gift under any sewers Christmas tree.

All the top European embroidery machines are on display at Linda Z's. Pfaff's 7570 with Creative Embroidery Design unit is made in Germany. Viking Husqvarna 1+ Embroidery Machine comes from Sweden, and Bernina's new Artista is



Linda Z shows new Bernina Embroidery Artista 180

manufactured in Switzerland.

Digitizing, customizing, and scanning are just a few of the new buzzwords that seem to fly all around Linda Z's. The support classes, service, repair, and training are benefits that all customers who have purchased sewing machines and sergers from Linda Z's find most beneficial. Personalized instruction is the key to their success. Anyone can purchase a sewing machine, but not everyone can have the fun and ease of operation that the customers from Linda Z's receive.

Please call (847) 394-4590.

## Look Well, Feel Well

If you are among the millions of consumers evaluating options for improving or enhancing your appearance, know that Valley Plastic Surgery Center offers unique surgical expertise and a complete range of plastic surgical services.

The decision to have cosmetic surgery should be made after careful consideration. At Valley Plastic Surgery Center, you can expect an environment of sensitivity, comfort and expert care unparalleled in the field of aesthetic plastic surgery.

The Valley Plastic Surgery Center facility is located in the Fox Valley area, just 20 minutes from O'Hare Airport and discreetly caters to local and out-of-town clientele. It is an elegant, state-of-the-art facility which meets the highest standards of safety. It is one of the few freestanding surgical facilities approved by The Joint Commission for the Accreditation of Hospital Organizations, the national organization responsible for overseeing accreditation of hospitals.

The physicians of Valley Plastic Surgery, Jay H. Rosenberg, M.D., Philip G. Lambruschi, M.D., Dean A. Manus, M.D. and Patricia DePoli, M.D. are the four plastic and reconstructive surgeons which comprise the surgical staff. Dr. Patricia DePoli is the new associate at Valley Plastic Surgery who brings with her an extensive experience in breast reconstruction and microvascular surgery. With more than 60 years of combined experience, these physicians offer surgical and aesthetic expertise in every area of cosmetic and aesthetic surgery. They are involved in educational activities in the community and are involved in the education of other health care professionals locally and nationally. All are leaders in

specialized areas of plastic surgery.

The nursing and technical staff at Valley Plastic Surgery Center is chosen for their medical skills and qualifications, their professionalism and their ability to deliver expert, compassionate, personalized care to each patient's special needs before, during and after their experience at the Center.

Laser surgery of the skin can be used to minimize scars, improve the appearance of skin and treat other medical conditions relating to aesthetic surgery. All of the physicians at Valley Plastic Surgery Center have had specialized training in laser surgery and Dr. Rosenberg is often featured in national reports and articles including "People" magazine and CNN for his pioneering experience in laser surgery of the skin.

Consultations for facelift, brow lift, eyelid surgery, nasal surgery, scar revision, liposuction and body sculpting, breast reshaping, enhancement or reduction, abdominoplasty and many other surgical procedures are available. Technological advances and state-of-the-art equipment can serve to minimize discomfort and maximize safety making aesthetic surgery more of a reality for a busy lifestyle of today's working women and men.

Full aesthetician services are offered at Valley Plastic Surgery Center for image consolation, skin care treatments, peels, make-up application and assistance. These services may themselves enhance your appearance or may serve as an adjunct to your care at the Center.

Unique quality, value, expertise and comfort make Valley Plastic Surgery Center the best choice to help you meet your personal aesthetic goals. Arrangements for a consultation can be made at (847) 836-3200.

## Combined Club Singles Dance

All singles are invited to a Combined Club singles dance at 8 pm on Saturday, December 6, at the Barn of Barrington Restaurant, 1415 S. Barrington Road, Barrington. DJ music will be provided. Admission will be \$7. The event is co-

sponsored by the Northwest Singles Association, Young Suburban Singles, and Singles & Company. For more information call 708-209-2066. All of the sponsoring groups are non-profit organizations.

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body shaping now at Valley Body Contouring Salon



## Perfect Posture—24 Hours a Day

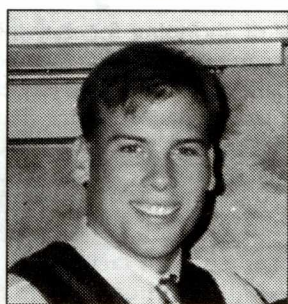
It's true that good posture is a reflection of the way we look and feel about ourselves. A person who maintains good posture not only looks better, but is taking good care of their back as well. Good posture is one of the simplest things each of us can do to prevent excessive stress to our muscles, bones, ligaments and spinal discs. Good posture is actually quite simple—it means keeping the three natural curves of your spine balanced while standing, sitting and lying down.

### Standing

Contrary to what many of us were taught, good posture does not mean standing with shoulders thrust back, chin forward and the spine straight as an arrow. Actually, you're using good standing posture when your ears, shoulders, hip, knees and ankles are "stacked" in a straight line. Your shoulders should be relaxed and your knees slightly bent.

### Sitting

While sitting, you can keep your spine balanced by again "stacking" your ears over your shoulders and your shoulders over your hips. To prevent lower back strain, place a lumbar support or rolled up towel between your lower back and the back of your chair. Keep your buttocks



Jason VanNess, D.C.

resting against the chair back, and if your feet don't reach the floor, rest them on a footstool or box.

### Lying Down

It is best to sleep on a mattress that is firm but gives support to all areas of your back. When getting out of bed, roll to one side and sit sideways, using your arms to help rather than twisting the back to an upright position. If you sleep on your back, put a pillow underneath your knees. If you sleep on your side, keep your knees bent.

For more information regarding posture or a specific spinal condition, call **VanNess Chiropractic** at (847) 842-8070. Mention *Lifestyles Magazine* and receive a \$30 spinal exam compliments of our office.

## The Holiday Blues

Thanksgiving has come and gone, initiating the Holiday season of 1997. The eating has begun, festive decorations are adorning the streets, store windows and our homes, preparations for parties and family get-togethers are underway, and the shopping is nearing frenzy proportions. Are we having fun yet? Many people are, but there are many who have adverse reactions to the holiday madness.

The phenomenon of "Holiday Blues" is, unfortunately, a very common experience. It can be described as depression or an intense sadness heightening feelings of loss, loneliness and hopelessness. People experiencing the blues at this time may have this response due to childhood experiences that were traumatic or as a result of losses that have occurred more recently or during this time of year in prior years. Often people tend to think that "everyone" else is happy, enjoying friends and family and that they are the only ones in psychological pain and isolation. This is far from the truth. The holiday season is nostalgic for even the "Scrooges" of the world, so it stands to reason that the melancholy feelings of the more sensitive souls would be stirred up by this time of year. Family

by Judy Kaplan, MS

problems, divorce, addictions, financial crises, mid-life struggles, illness, death of a loved one, and at risk adolescent problems all become intensified in their difficulty at the holiday time.

What can we do about the "Holiday Blues?" There are a variety of coping strategies that one can use to deal with these feelings. To begin with, acknowledging them rather than trying to deny or avoid them is useful. Feeling your feelings allows them to heal and pass instead of covering them over which keeps you feeling uncomfortable. Surrounding yourself with people who support, encourage and spend time with you is important. Lending a helping hand to those less fortunate does wonders for gaining perspective about the holiday season and spirit. Taking time for yourself to think, reflect and relax helps as well. Eating right and exercising also benefits the psyche. Remember that the blues will pass like the clouds in the sky. If there is a deeper depression that lasts longer than a few weeks, see a medical doctor and a therapist to address that issue. If you need help sorting things out, give me a call and we'll try to work things through. (847) 842-9365.

## Continuing Education—the Key to Quality

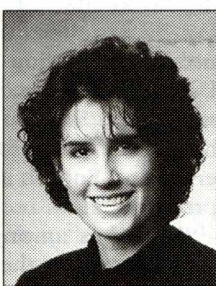
by Drs. Raymond Kotz & Stephanie Skopek

The dental profession is constantly challenged by new concepts, new techniques and new materials. Sorting these out and selecting the best is an annual endeavor for dentists who maintain high standards.

Most of you are aware that dentists hold "conventions" with product booths where new materials and equipment may be examined. What you may not be aware of is the fact that the major thrust of these meetings is educational. At our Chicago Midwinter Meeting (held here in February) it is possible to attend shorter lectures



Dr. Raymond Kotz



Dr. Stephanie Skopek

and sample what the speakers have to



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My specialty is helping people through difficult times...

- |   |   |
|---|---|
| <input checked="" type="checkbox"/> assessing the problem           | <input checked="" type="checkbox"/> collaborating on solutions        |
| <input checked="" type="checkbox"/> lending clarity to the problem  | <input checked="" type="checkbox"/> establishing goals                |
| <input checked="" type="checkbox"/> providing education & awareness | <input checked="" type="checkbox"/> providing feedback                |
| <input checked="" type="checkbox"/> offering support & objectivity  | <input checked="" type="checkbox"/> consulting with schools or others |

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**Stephanie Skopek, DDS**

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Barrington, IL 60010

847-381-4040



Your looks and smile are as important to us as they are to you—*always*. Whether educating you to prevent problems or returning your mouth to optimum oral health, we are committed to taking whatever time is necessary to ensure an aesthetic approach to your appearance.

## Santa Comes to Barrington

Santa's coming to town for the Barrington Area Chamber of Commerce's annual tree lighting ceremony held at Cook Street and Park Avenue. Santa will arrive at 4:30 p.m. on Saturday, December 6 to distribute gifts from the Chamber to children attend-

ing; hot chocolate will be served by the Kiwanis Club; and all will enjoy the music of the Barrington Middle School Band as well as carols sung by the Lines School Chorus. For more details, call the Chamber at 381-2525.

offer. Then we often need to travel to the lecturer's home town to attend an in depth course on their subject.

The real learning occurs at these out of town courses. Excluding travel days, in 1996 we attended almost three weeks of such classes. So far in 1997 we were in classes just over two weeks. Most of our staff attended many of these meetings with us, since we believe in a team ap-

proach for maximum quality.

To help judge your dentist, or evaluate a prospective new dentist, don't be shy. Ask them about continuing education. It is an essential step in providing the highest standard of oral health care for our patients.

For evaluation call **Dr. Raymond P. Kotz** and **Dr. Stephanie Skopek** in Barrington at 847-381-4040.

Barrington *LIFESTYLES* December 1997 **41**



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## New Professionals on Board

Home of the Sparrow, growing in its ability to provide services to the homeless in our area, is celebrating the addition of two new direct service professionals to their staff. Elizabeth Cicerello, formerly with Value Behavioral Health in the capacity of an Outpatient Treatment Screener, and as a Family Educator Intern at Maryville Academy, joins Home of the Sparrow as the Woodstock Shelter Coordinator.

Levia Loftus, formerly a Social Services Director with the Illinois Children's Alliance joins Home of the Sparrow as the McHenry Shelter Coordinator.

We are proud of our growth in service over the last decade and seek ways to continue to provide our shelter services to all who need it.



**Levia Loftus and Elizabeth Cicerello, newest staff members at Home of the Sparrow.**

## Literacy Connection Using Unique Tutoring Aid to Make Learning Fun

One of five adult Americans can't read a simple story to a child. To help fight this growing national problem of functional illiteracy, Literacy Volunteers of America (LVA) is teaming up with the makers of the "Blurt!" board game in a partnership designed to raise \$45,000 while helping adults learn to read and write English.

LVA affiliates from California to Maine, including The Literacy Connection in Elgin, have begun using Patch Products Inc.'s "Blurt! The Webster's Game of Word Racing" as a tutoring aid for new adult

readers. The game is especially effective in helping English as a Second Language (ESL) students improve their vocabularies.

Patch Products of Beloit, Wisconsin, is donating 50 cents to LVA for each game sold in 1997. LVA will use the donation to provide improved literacy services at its 400 affiliates in 44 U.S. states. Ten percent of the donated money will be used to fund a "Patch Products Scholarship" for LVA's 1998 annual conference in Houston. The scholarship will assist students who could not otherwise attend the event.

## Beat Holiday Stress

A frenzy of shopping for the right gifts, cooking, parties, decorating the tree are all special parts of the holidays. But each can bring added stress. To reduce that stress, try a relaxing facial by **Geri Cardilli**, of **GC Skin Care** at Halo's Salon. Women, men and teens learning proper skin care techniques or needing help with acne have benefited from facials. Gift certificates are an excellent gift idea. Call **382-7546** for an appointment or stop by at 123 E. Station St., Barrington, to purchase a gift certificate.

*Happy Holidays!*



**Geri Cardilli, owner of GC Skin Care.**

## Women on Weights

Women want to work out with weights! Here are a few reasons why:

- Increase muscle strength
- Improve body composition
- Increase resting metabolism
- Increase bone mineral density
- Increase physical capability and decrease injury risk
- Enhance joint flexibility and reduce arthritic pain
- Enhance personal appearance and improve self-concept

• It saves time by being a productive workout: Aerobics helps burn calories by contracting a muscle many times with little or no resistance. Aerobics does not prevent muscle-mass loss as effectively as weight training. Weight training—which

requires weights heavy enough to produce muscle fatigue after 10-15 repetitions—over 12 weeks increases calories burned by 15%.

If any of these reasons appeal to you, consider getting help from a certified personal fitness trainer. A personal trainer will show you the correct, safe and effective way to workout with weights. If you would like assistance with your weight training program, please call **Personalized Fitness, Inc.** and a personal trainer will work with you at your home or in our studio. Your trainer will personalize a program to suit your individual lifestyle and goals.

If you have any questions, please contact Eugene Coyle at **Personalized Fitness Inc. (847) 358-5688**.

## Poinsettia Fest

Please join us for our 5th Annual Poinsettia Festival at Flowerwood. Beginning Thanksgiving weekend and continuing through Christmas, Flowerwood is the place to be for Holiday family fun.

On December 6 and 7, Flowerwood will be hosting a National Snowbaby Event as well as Gingerbread House Making for the kids. The Crystal Lake Community Band will be adding to the festivities on December 7 with a delightful Christmas concert at 2 p.m.

Santa and Mrs. Claus will be arriving at Flowerwood on December 13 and 14. Photos will be taken for \$1 and Santa's Elves will be painting faces.

On December 20 and 21, Flowerwood will be hosting a Storytelling Festival Week-

end along with ornament painting. The whole family can enjoy heartwarming stories told by professionals, while the children decorate their own personal ornament.

December 24, the winner of the Poinsettia Cruise will be drawn. You can register beginning November 28. There will be daily winners of poinsettias.

Flowerwood's working Aristo Craft train will be on display in the greenhouse as well as the beautiful poinsettia tree.

With so much to see and so many activities planned, you will definitely want to celebrate Poinsettia Fest at Flowerwood this holiday season. Flowerwood is located on Route 14 and 176 in Crystal Lake. For more information regarding Poinsettia Fest, please call (815) 459-6200.

Literacy Volunteers of America approved the use of "Blurt!" as a tutoring aid after field testing it with tutors and students at its Literacy Chicago and LVA-Illinois affiliates. LVA and Patch Products are providing "Blurt!" games to all LVA affiliates at no cost. Affiliates also receive outlines of ways the game can be used to tutor students in Basic Literacy and English as a Second Language programs.

"Blurt!" is among the 15 bestselling adult games in the country. In "Blurt!" adults and children read definitions like "the nut of an oak tree," then race to be the first to blurt "acorn!"

In the United States today, 40 to 44 mil-

lion adults read at such low levels that they have difficulties reading bus schedules, completing job applications, and completing other necessary tasks for individuals to be able to function in society. LVA was founded in Syracuse, N.Y., in 1962 to address that problem.

"We're excited about partnering with LVA to reach thousands of students and their families who will benefit from playing and learning together," said Patch Products President Bryce Patch. "Family time is important to almost everyone. Every 'Blurt!' game includes a junior version so that all levels of readers can play and learn together. It's the educational game as well as a family party game."



## Eliminate Unwanted Hair with Dermatology Associates... and the EpiLight™ Hair Removal System

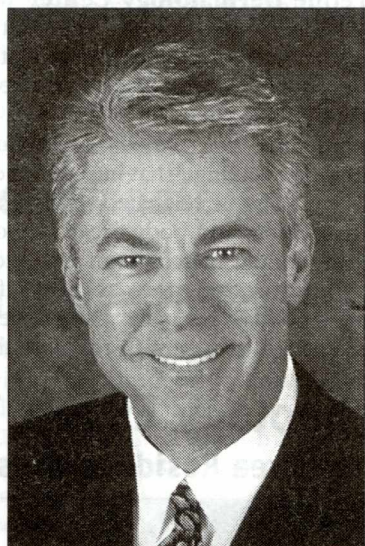
Dermatologists are the acknowledged medical experts when it comes to the skin, hair, and nails. In our practice, patients with concerns about unwanted hair are encountered on a daily basis. So it is not surprising that the problem of removing unwanted hair is a subject of intense research by members of our specialty.

For centuries, people have resorted to a variety of techniques for removing hair: shaving, waxing, plucking. Until recently the only way of achieving permanent elimination of hair has been through electrolysis. This tedious procedure can be painful and has the potential for scarring and infection. In addition, only a small area can be treated in one session. It is an unfortunate frustration that at least half of the hairs treated by electrolysis fail to be permanently removed.

The shortcomings of electrolysis led medical investigators to look for new ways of removing hair. The search narrowed when dermatologists performing laser research at Harvard University delineated the principle of "selective photothermolysis." This concept explains how a human tissue of a specific color (like hair) can be destroyed by a specific wavelength of light. As a result of this work, several new instruments for the removal of hair became available.

To select the most effective hair removal system we faced the significant challenge of sorting out the technology and the claims made on behalf of each high-tech device. We embarked upon a systematic and thorough evaluation of all the available hair removal instruments.

**Dermatology Associates** is excited to have chosen the best for our patients!



David P. Van Dam, MD

Our conclusion is that the most effective instrument is a high-intensity light source which is technologically more versatile than a laser. It is the **EpiLight™ Hair Removal System**—and it is now available at **Dermatology Associates**.

The EpiLight™ Hair Removal System, unlike a laser, has the flexibility of selecting from a variety of wavelengths of light. EpiLight™ permits treatment to be customized so that hair of all colors in any body location can be eliminated quickly and with minimal discomfort. It seems a little like magic. In one second, with one flash of light, EpiLight™ removes more hair than electrolysis can in an hour. If you are interested in learning more about long-term hair removal from a skin care expert, call **Dermatology Associates** at **815/455-4434**.

## Cartilage Implantation— for Damaged Knees

**Dr. Martin L. Saltzman Announces a New Innovative Technique for People with Knee Cartilage Damage**

### Three Step Process:

- **Arthroscopic surgery to obtain sample of healthy cartilage.**
- **Healthy cartilage cells multiplied approximately 15 times.**
- **Implant new cartilage in to injured area to produce a durable joint surface.**

More than 500,000 people in the United States suffer injuries to the cartilage in their knees every year, resulting in disability and pain. Since cartilage does not heal by itself, the debilitating effects can last a lifetime. Cartilage is a tissue in the joints that cushions the bones. When cartilage is damaged, the bones begin to grate against each other. Previously, patients suffering from knee cartilage injuries would be candidate's for a total knee replacement procedure.

"Being able to "grow" a patient's own cartilage cells and then successfully implant them into an injured knee is a real medical breakthrough," states Dr. Saltzman. "Many of the patients who have shown long-term benefits because of this

procedure were injured while participating in sports or at work. Pain and loss of mobility is difficult for anyone, but especially for those who are accustomed to a very active lifestyle. My goal is to help patients with specific knee injuries regain mobility and return to optimal function."


In a three step process, **Dr. Saltzman** performs Arthroscopic surgery to obtain a tiny sample of healthy cartilage from a patient's injured knee. This sample is then sent to the laboratory where the cartilage is grown, increasing the number of cells approximately 15 times. The patient then undergoes a second surgical procedure several weeks later that involves implantation of the cultured cells into the injured area, where they multiply and produce a durable joint surface.

Developed and tested at the university of Gottenborg in Sweden, the new technique and its promising outcomes were first described in the New England Journal of Medicine (10-6-94). The procedure was first performed in the United States in 1995

(Please continue on page 56)

# LOOK AT YOUR SKIN.

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FOR YOUR SKIN.




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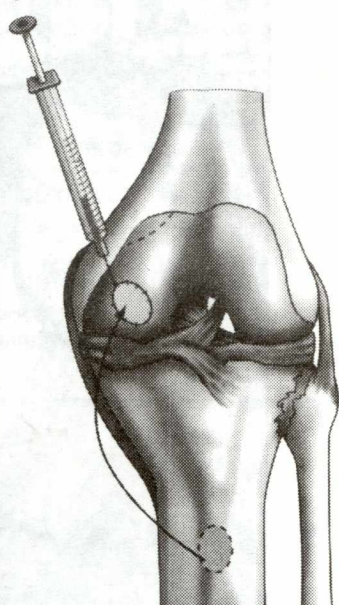
David P. Van Dam, M.D.   Amy Forman Taub, M.D.   Jerome D. Fallon, M.D.

Crystal Point Office Center   Smith Professional Building  
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&  
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**Martin L. Saltzman M.D.**  
Bone & Joint Specialist, Sports Medicine

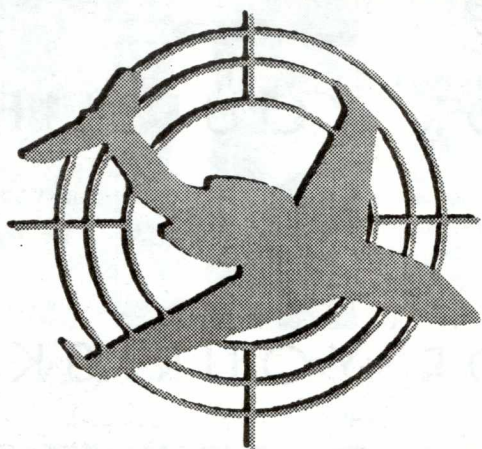
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## WARPLANE TECHNOLOGY

**Removes your unwanted hair. 21st century military technology has been adapted to remove human hair with a flash of a laser-like pulsed light beam.**

Call for information  
**Leone Dermatology Center**  
**847-394-1000**

...YOU'LL LOVE OUR SERVICE

## Barrington Lyric Donates Cassettes to Local Library



In gratitude to the Barrington Area Library for the use of its meeting room and refreshment facilities, the Barrington Chapter of Lyric Opera of Chicago donated eight Al Glasser Lyric Opera commentaries on cassette to the library. Barrington Lyric board member Connee Plagemann, North Barrington (left), pre-

sents tapes to audio-visual librarian Kathy Ahern, Inverness. The cassette titles are *Don Carlo*, *Il Trittico*, *The Consul*, *Un re in Ascolto*, *Turandot*, *Norma*, *Solome*, and *The Magic Flute*.

For inquiries on the Barrington Chapter (218 members and growing), please phone Maribeth Totten (847) 202-1753.



## Advanced Technology Eliminates Unwanted Hair

The Leone Dermatology Center was one of the first medical practices in the Chicago area to introduce EpiLight—the hair removal system of the future—available now.

The primitive hair removal techniques of plucking, waxing, shaving and electrolysis can now be relegated to the past.

All hair colors and body areas on both men and women benefit from this exciting, computerized new solution for unwanted body hair. Finally, a convenient, FDA approved treatment is available that

offers long-term success for hair removal.

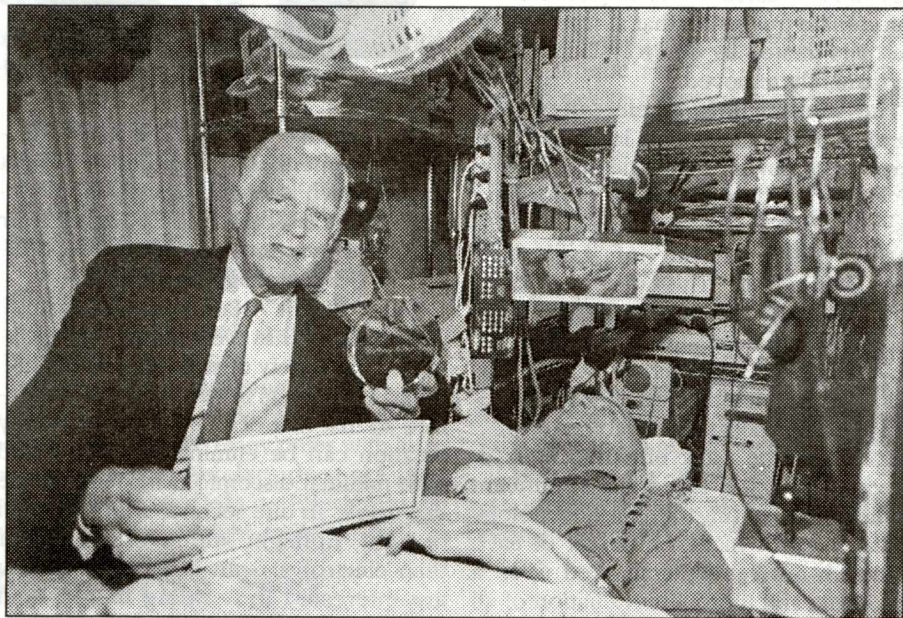
EpiLight has optimum versatility and maximum flexibility compared to the critical limitations of lasers.

EpiLight is a revolutionary, non-invasive treatment that can eliminate hundreds of hairs in a single flash of light.

Please contact our office at (847) 394-1000 to receive additional information from a member of our aesthetics services staff. The Leone Dermatology Center is located at 3060 N. Arlington Heights Road in Arlington Heights.

## Technology Expert Triumphs

Boston Area Resident Wins \$50,000 Quality of Life Award



Dr. Frederick A. Fay was recently presented with the Henry B. Betts Award, a \$50,000 unrestricted cash prize and a Tiffany crystal disc, for work that makes life better for everyone. Presenting the award was Dr. Henry B. Betts for whom the award is named. "The award represents the philosophy of physiatry (fizzy a tree) and the philosophy of the Rehabilitation Institute of Chicago (RIC)," said Dr. Betts, retired CEO of the Institute. "Commitment to independent living and social change as well as medical treatment was unique to RIC at a time when no one was listening to the disability community."

In 1961, at age 16, Fred Fay broke his neck in a fall from a trapeze and became quadriplegic. A wheelchair enabled him to travel on-the-job until 1981, when a spinal cord cyst progressed up his neck to the brain stem. Dr. Fay then created a workstation in his bedroom/office and has worked "flat-out," or supine, for the last 16 years. He uses an array of remote controlled gadgets attached to his motorized bed. "Technology empowered me with accessibility to the world. From my wheelbed I conduct meetings, write articles, videoconference with my kids, lobby Congress, execute grassroots campaigns and reach thousands of people with disabilities every day."

Fay has designed and built a motorized bed on wheels that he drives from his bedroom-office around the house and to his sunroom.

The office has 64 square feet of ceil-

ing mirrors that allow him to see what is happening in the room and maneuver easily. Using a joystick, Fay drives up to the customized electronic workstation and reads material displayed on either of two computer monitors resting on pullout glass shelves suspended a foot above his head. From this position Fay surfs the net and makes video-conference calls; uses a remote-controlled speakerphone) drafts documents on a dictation machine; prints articles; faxes colleagues; and e-mails activists. "My favorite gadget and the one I use most is a shaving mirror on a universal joint," says Fay. "It is my version of omnivision."

Angling the retractable mirror above his head, Fred looks guests in the eye, from his supine position, as they talk. The mirror enables Fay to shave himself and type on a computer keyboard resting on his chest. Some other adaptations include: a four-foot-diameter lazy susan that gives Fay access to his stereo, water, computer discs and more; an environmental control system that enables him to control nine lights, two fans, sunroom curtains, his bedroom/office door, a space heater and air conditioner, white noise, plus numerous audio-video and computer components. Fay controls about 50 distinct devices with the push of a button or the flick of a switch.

For more information on Dr. Fred Fay or the Henry B. Betts Award please call 312/335-1592.



## Give Good Feeling

**Massage Movement** invites you to share in the Good Feeling of the Holiday Season by enjoying the joyful qualities of your body.

Christmas is celebration, but often puts an unusual strain on our psyche and body. **Massage Therapy** and **Bodywork** offers the opportunity to release the tensions and allow the good feelings to flow.

In the spirit of Christmas, extend this good feeling to the ones you love and cherish with a beautiful gift certificate. For yourself, an extended package.

Therese Maria Pol, Massage Therapist and Bodyworker, and owner of **Massage Movement**, invites you to celebrate the GOOD FEELING with a Professional Massage.

## How to Walk (Instead of Waddle) from the Holiday Table!

by Carole Childers, C.N., L.N.C., All Ways Healthy

Holiday meals provide an opportunity to get together with family and friends in celebration. It's pretty much the rule that people overeat at least a little at holiday meals.

### Trim Fat

Here are some easy ways to trim fat from your holiday meals: remove the skin from the turkey; avoid gravies; use skim milk and plain non-fat yogurt in your mashed potatoes. Season your veggies with lemon juice, herbs and a pinch of salt. Buttermilk works well in custard and cheese cake as does non-fat yogurt. Equal parts non-fat yogurt and silken tofu blended together with natural sweeteners makes a delightful low fat dessert topping.

### Tips for Baking

Most white sugar sweetened recipes are too sweet, reduce sugar by 15 or 25 percent.

Measure sticky syrup in a greased measuring cup or gently warm bottle in boiling water.

Use unsulphured dried fruit as sweetener (puree or hydrate). Extracts and spices add sweetness—vanilla, and almond extracts, spices such as cinnamon, nutmeg, clove and all spice are best used in small amounts.

### Watch Calories

To maintain a woman's weight depending on frame size, or activity level, consume between 1600 and 2000 calories per day.

Here are some calorie saving tips: Fix plates in the kitchen.

Start a meal with fruit and vegetables.

Serve meals on smaller plates.

Use nutritional facts on packages to determine calories.

*Have a safe and happy holiday!*

## Orthodontics is Important to Better Dental Health

by Drs. Michael Hayward & Robert Skopek

Orthodontics is the branch of dentistry that specializes in the diagnosis, prevention and treatment of dental and facial irregularities. You probably know that braces straighten crooked teeth and produce beautiful smiles, but orthodontic treatment achieves much more than that. Orthodontic treatment can correct a "malocclusion" which means "bad bite" and bring the teeth, lips and jaws into proper alignment and achieve facial balance. Orthodontics is also important to better dental health, since teeth in correct alignment are easier to clean.

Your family dentist and your orthodontist work together closely on your behalf. Most patients seek an orthodontic consultation when a problem is detected by their family dentist. When you and your dentist choose an orthodontist who is a member of the American Association of Orthodontists you are being treated by a professional who has completed advanced education required by the American Dental Association to permit announcement as "specialist in orthodontics."



Dr. Michael Hayward



Dr. Robert Skopek

No one will deny the importance of a winning smile. It makes a pleasing appearance, promotes self-esteem and is valuable to social and career success. Orthodontics can benefit people of any age, and proper treatment by an orthodontic specialist results in a lifetime of benefits.

**Drs. Michael Hayward and Robert Skopek** are specialists in orthodontics and can answer any further questions you may have. Their offices are in Barrington, (847) 382-5588, and Palatine, (847) 359-7980.

## BHS Welcomes New Auditorium Manager/Technical Director

The Fine Arts Department at Barrington High School welcomes Paul Hettich to a new position this year. Paul filled the part-time position of Technical Director last year for the last two shows, *The Pirates of Penzance* and *Brighton Beach Memoirs* as

well as for the high school dance company, Orchestis. This year Paul was hired on full time to be both Technical Director and Auditorium Manager for the Richard C. Johnson Auditorium and is presently working with students to build the set of



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**Michael D. Hayward, DDS**

**Robert J. Skopek, DDS**

600 N. North Ct., Suite 220

Palatine, IL 60067

847-359-7980

133 Park Avenue

Barrington, IL 60010

847-382-5588



*The Crucible*. Paul brings a great deal of experience, energy, and talent to the Fine Arts Department.

• B.A. in Communication Arts and Technical Theatre from Barat College, Lake Forest, IL

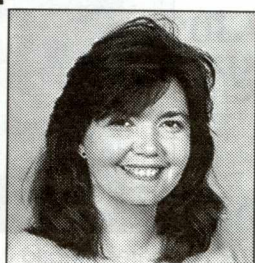
• M.A. in Theatre Arts from Northern Illinois University, DeKalb, IL

• Captain in the U.S. Army Reserves, Company Commander of Headquarters Support Company (HSC) of the 17th Psychological Operations Battalion

(Dissemination), Joliet, IL

For the past two years Paul has been the sole Army Reserve officer appointed by the 7th Psychological Operations Group, San Francisco, CA for development, testing, and fielding of the first built Special Operations Media Broadcast System (SOMS-B) (a mobile television, AM, FM SW system.) It was recently fielded to the 17th Psychological Operations Battalion and is preparing for deployment to Bosnia.





## Barrington Therapeutics, Inc.

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Certified in Fibromyalgia  
American Massage  
Therapy Association

*1 Hour Session*

*1/2 Hour Session*

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## There is Relief for Fibromyalgia and Chronic Pain

Fibromyalgia Syndrome is a chronic systemic pain syndrome afflicting three to six million Americans. It is a chronic illness and there is no cure at this time. It presents itself most prominently in the musculoskeletal system, but also affects the nervous system, the immune system and possibly other bodily systems as well. It's defining feature is pain afflicting multiple sites in connective tissue over the entire body. Two of the most common symptoms are pain and fatigue.

Sixty percent of my clients have this affliction. One of the best known ways to relieve this pain is with massage therapy. Many of my clients have expressed tremendous relief after a session. My goal is to

break the pain cycle and stimulate the endorphins which will help relieve the pain.

I am a certified massage therapist and am approved by the American Massage Therapy Association. I graduated from the Chicago School of Massage therapy in 1992. I have worked for Advocate Healthcare in the WellSpring division since 1993 before coming to Barrington. Family physicians, orthopaedic surgeons, chiropractors and physical therapists all refer patients to me.

I am newly located in the Dimensions personal training center in Barrington. **Barrington Therapeutics, Inc.**, 327 E. Main Street, Barrington. Telephone (847) 562-4386 Ext. 43 for an appointment.

## The ONLY Form of Permanent Hair Removal

**Absolutely! Electrolysis Salon** provides safe, gentle, and effective permanent hair removal by a Registered Nurse. A nurse for the past 17 years, Debbie received specialized training in electrolysis and has taken the National Board exam to become a Certified Professional Electrologist (CPE). State-of-the-Art computerized equipment assures every client of a most comfortable treatment.

Electrolysis is the only safe, sensible, and permanent treatment for the removal of unwanted hair. It will free you from the limitations and frustrations of temporary remedies (tweezing, waxing, bleaching, or depilatories) which only result in the regrowth

of coarser and more deeply rooted hair.

Electrolysis will lift your spirits and your self confidence as the look you desire is achieved and the troublesome hair is gone forever!

Electrolysis in this office provided by a Registered Nurse, assures the client of a safe and effective treatment. Strict sterilization standards are adhered to as the requirements for sanitation and aseptic technique are strictly followed. **Absolutely! Electrolysis Salon** is located at 521 S. Main St. (Old Rand Rd.) in Wauconda. Call **Debbie Fritzshall R.N., C.P.E.** at 487-9020 to discover the difference... you will love the results!!

## Understanding Depression

by Laurie Grand, M.S.  
Licensed Marriage & Family Therapist

Depression is an illness, not just a harmless part of life or an annual holiday experience. It lasts longer than common sadness or disappointment and involves much more extreme feelings. Unlike holiday sadness or even grief reactions, depression prevents people from functioning normally. They often feel despondent, think distorted thoughts, and feel very little self-worth. They also suffer from problems like these over a longer period of time:

- Physical symptoms (appetite and sleep disturbances, fatigue)
- Behavior problems (temper tantrums, aggression)
- Distorted, irrational thinking
- Difficulty getting along with others
- A pattern of losses and painful life events

Depression usually has several causes. It can result from family interaction patterns, and it may also have genetic, chemical, physical, or sociological causes. Since the physical aspect of depression is so important, a medical evaluation should always be part of the assessment process.

There are three primary ways to treat depression: with psychotherapy, self-help, and anti-depressant medication. Many people respond best with a combination of these methods.

Depression can be disabling and even life-threatening, but there is help. For a list of 13 ways to overcome depression and a list of five signs that professional help is needed, visit <http://members.aol.com/LCGrand>. Or call **Laurie Grand** at (847) 304-8385 for a free one-hour consultation.

## 1998 Entertainment Books

The Barrington Area Council on Aging, Inc. is again selling the 1998 Entertainment Books. The books are \$35, are valid immediately, have coupons for savings at local restaurants, hotels, attractions, merchants and services. You are also able to

order 1998 Entertainment Books Out-Of-Town editions as gifts for out-of-town friends or relatives. If you would like to purchase a local or out-of-town edition, please call (847) 381-5030.

soup base.

AAUW is a national organization committed to educational equity for women and girls. Over 130 members strong, the Barrington Area Branch sponsors monthly programs, hosts special activities, and is active in the Barrington

community. The Branch's study groups include Investment Club, Book Discussion and Great Decisions. Membership is open to anyone with a baccalaureate or higher degree from an accredited college or university. For more information call (847) 639-1262.



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## Don't let relationship conflicts destroy your holiday season.

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## BWC in for an Eclectic Holiday Experience

On Tuesday, December 16, the Barrington Woman's Club has planned a truly eclectic trip for a fascinating look at Christmas traditions and holiday cheer as reflected by various immigrant groups which are the vital fabric of Chicago. First stop is the sanctuary of beautiful, old St. Patrick's Church. Next, the Art Institute of Chicago for a narrated tour of The Christmas Story in art as seen in the museum's collections from around the world. Lun-

cheon will be a remarkable experience at the Drake Hotel's spectacular Charles Dickens Christmas Buffet. The \$72 fee includes bus transportation, which leaves from Langendorf Park at 8:30 a.m., returning by 4:00 p.m. For reservations, call (847) 381-8645 or send a check to Barrington Woman's Club c/o of Ann Duerr, 394 Woodview Rd., Barrington, IL 60010. Deadline for reservations is December 8.

## AAUW Friendship Soup Supper

The Barrington Area Branch of the American Association of University Women (AAUW) will host its Annual Friendship Soup Supper on Monday, December 8,

1997 at 6:30 p.m. at a member's home. Members are asked to bring their own soup bowl and spoon, as well as an ingredient to serve six that can be put in the



# LIFESTYLES

## Homes & Interior Designs Section



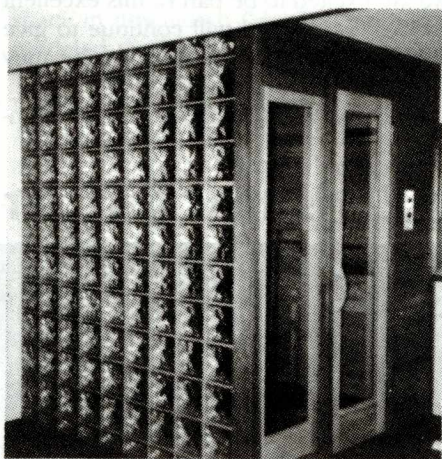
### The Sauna—the Bath for Body and Soul

The sauna has been a way of life for many civilizations. The Russians, Japanese, and certainly the health-minded Scandinavians, have believed in this fantastic rejuvenating bath for over 2000 years.

The saunas soothing, dry heat relaxes tired muscles, cleanses the pores, and helps stimulate circulation. From athletes to corporate execs, everyone who wants to look and feel their best, swear by saunas.

So reward yourself with adding this daily luxury to your lifestyle. You work hard—you deserve it.

See **Swanson's Spas & Saunas** on Rand Road in Lake Zurich. Swanson's can custom design any ideas you have... glass block, glass walls and any configuration. Featured is a custom glass block cedar sauna, perfect



to complete your exercise area.

### Spacious. Versatile. Practical. Beautiful.

Discover harmony between utility and beauty with the **Closet Masters** line of closets for the home. Each system is designed to bring together all of a closet's key features into a union of form and function. **Closet Masters** delivers adjustable, highly effective storage with strong aesthetics.

Each closet is Custom Designed around your needs and preferences. Shelves, drawers, hanging areas, and other features can be adjusted and changed. Frequently used items are kept where they can be easily reached. Plus, every square inch is put to use, maximizing capacity and as much as doubling the amount of usable storage space.

**Closet Masters** components contain the finest furniture materials. Each **Closet**

**Masters** closet is constructed from durable wood particleboard coated with an attractive laminate that wipes clean with a cloth. Wardrobe rods come in sturdy chrome and brass, or choose steel rods covered with white vinyl.

**Closet Masters** patented installation system leaves your floor space open. And vacuuming underneath them is a snap. High quality European hardware ensures years of trouble-free movement from each drawer and closet door. Shelves and hanging rods adjust in seconds.

**Closet Masters** closet, home office and storage systems offer abundant, convenient and aesthetic storage solutions for bedrooms, kitchens, laundry rooms, home offices, basements, and garages.

**Closet Masters** organizes your life.

### Harper Area High School Art Show

Art students from eleven area high schools are participating in the annual juried art show being held at Harper College. Approximately 70 Barrington High School students have entered their art work.

The public is invited to attend the Harper Area High School Art Show in

Buildings C and P at Harper College, 1200 W. Algonquin Road, Palatine, IL. Hours are Monday through Thursday from 8 am to 9 pm, Friday from 8 am to 5 pm, Saturday from 9 am to 6 pm, closed on Sunday. They will be an awards reception from 7 to 9 pm on Thursday, December 11.

### Barrington Gift Certificates... The Perfect Gift

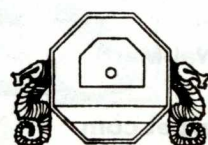
Gift certificates redeemable at 104 participating Barrington stores and restaurants may be purchased at the Chamber of Commerce office. The program is sponsored by members of the Chamber of

Commerce Retail Committee. Gift certificates come in an attractive folder with a shopping and dining map listing the 104 participating stores and restaurants. For more information call BACC at 381-2525.

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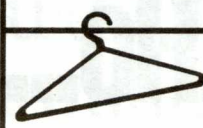
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\*See store for details

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## The Carpet Mart is Now Your Hometown Abbey Carpet Retailer

The Carpet Mart has joined Abbey Carpet to become the exclusive dealer in Lake Zurich. Abbey Carpet is America's oldest and largest floor covering marketing group and is known as America's choice in floor fashions.

Timothy S. Murphy, owner of The Carpet Mart, is very happy with this new partnership. "We now can give to our customers the finest assortment of floor coverings and other home fashion products from all the major manufacturers at the best prices for our customers. Abbey Carpet has over 600 partnerships in the United States, Puerto Rico, Bermuda, and the Bahamas. Over 4,000,000 households have new Abbey flooring in their homes. We are excited to be part of this excellent national group and will continue to give our customers the personal service they have come to enjoy at our store."

The Chairman of Abbey Carpet Com-



pany, Inc., Philip Gutierrez, says, "We are very selective about the stores that join Abbey. The Carpet Mart is a perfect fit. They respect quality products and offer excellent service to their customers. We like the way they do business."

Abbey Carpet Company is a 39 year old floor covering marketing company headquartered in Naples, Florida.

The Carpet Mart would like to extend an invitation to everyone to visit their store and see first hand what they offer to their customers—quality, service and selection.

## A Christmas Gift for Dad!



Snowblowers, tractors, riders, walk behinds, all the latest in lawn care equipment and accessories in name brands can be found at Reed Lawn & Leisure on Rand Road. These lawn care experts suggest you stop in, browse around, ask questions, and purchase your favorite Simplicity, Toro, Honda, Echo, or John Deere. And at Reed Lawn & Leisure, they not only sell the equipment but they also service it.

New snowblowers are here, and if this

is the year you promised yourself a new one, now is the time to buy. All are now on sale at preseason discount prices and would make a great holiday gift for Dad.

It is also a great time to have Reed Lawn & Leisure service your snowblower with a tune-up to make it ready for winter. Also, winterize your mowing machines now for winter storage. Call for pickup and delivery of your machine.

Stop by Reed Lawn & Leisure located on Route 12, Rand Road, or call 438-5220.

## Catholic Charities Announces Endowment Fund Aimed at Reducing Abortions

### Archbishop Endorses Plan Named for Pope John Paul II

Reverend Michael M. Boland announced today the creation of the Pope John Paul II Fund for the Preservation of the Sanctity of Human Life. The announcement was made at the 79th Annual Meeting of Catholic Charities of the Archdiocese of Chicago.

The endowment was precipitated by the need to replace the number of maternity workers lost through budget shortfalls. Father Boland said, "I hope it will help continue our work with the many women who come to us in crisis."

One of the chief goals of the endowment is to offer an alternative to abortion for women in crisis. "We will be able to make sure that we preserve our long held belief that life is sacred," continued Father Boland.

Archbishop Francis E. George, O.M.I. echoed Father Boland's call, "We need to be present to them... so we can strive to pro-

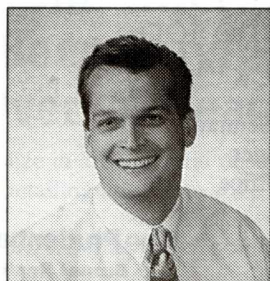
tect and care for human life." He added, "Catholic Charities spends its days protecting, caring for, and sustaining human life. I hope this fund will deepen our presence... so our words will come to life."

In the Annual Report issued at the meeting, Father Boland further addressed the issues of maternity services. "Catholic Charities is steadfastly committed to protecting the sanctity of human life, particularly the unborn—as evidenced by our constantly expanding services to meet the needs of children, mothers and families."

"In an age when children are often lost to abortion or abuse, Catholic Charities reaches out, when no one else will to provide maternity services to teens and women in crisis and their babies, and adoption services to provide an alternative to abortion."



## Less Stress During the Holidays!



Bill Schafer—President



Joe Schafer—Vice President

You may think that the holiday season is not the time for remodeling, but maybe it's a good time to take care of those small, irritating jobs that can cause extra stress at this time of the year. Many projects can be taken care of in just a day or so.

Imagine having a newly-painted powder room in time for your Christmas party. Or maybe those kitchen cabinets that don't close properly can be fixed in time for preparing Christmas dinner. Don't put off to the new year things that can be fixed now!

One of the benefits of hiring **Schafer Builders, Inc.** for any home repair or remodeling project is that we clean up after ourselves every day. You can be assured that we take care of your home as if it were our own.

This is the time of the year when your project can be signed, scheduled and completed fast, so if you want a basement finished, windows and doors replaced, or interior decorating, it makes sense to start the process now. Call us and we'll schedule a free on-site consultation. Don't delay—get it done now!

We recently moved into new office space in downtown Crystal Lake. We remodeled the old Arts Floral building on the corner of Williams Street and Crystal Lake Avenue. We invite you to stop by our showcase office and look at our photo library of home remodeling projects. Or you can reach us on the web at <http://www.atn.net/ms/schafer>. Contact **Schafer Builders, Inc.** now and have your home repair or remodeling done by Christmas! Call now!



## Old Fashion Quality at Strode's



The Royal Cottage Collection of bedroom furniture, featured at **Strode's Colonial Vermont Furniture**, harkens back to simpler times when life was less complicated. Inspired by a Hepplewhite-style chest of drawers from the Niagara Peninsula, circa 1800-20, the collection offers a wide range of pieces that allow unlimited decorating solutions. Executed in solid maple and finished in a simulated antiqued finish, the Royal Cottage col-

lection has a rustic charm that is at home in either rustic or more sophisticated settings. Note the subtle attention to detail in the gently curved base rails, fitted drawers with flush key-hole escutcheons, beveled mirrors and graduated drawers. The Royal Cottage Collection can be viewed at **Strode's Colonial Vermont Furniture** • 11707 E. Main Street • Huntley, IL • (847) 669-3500.

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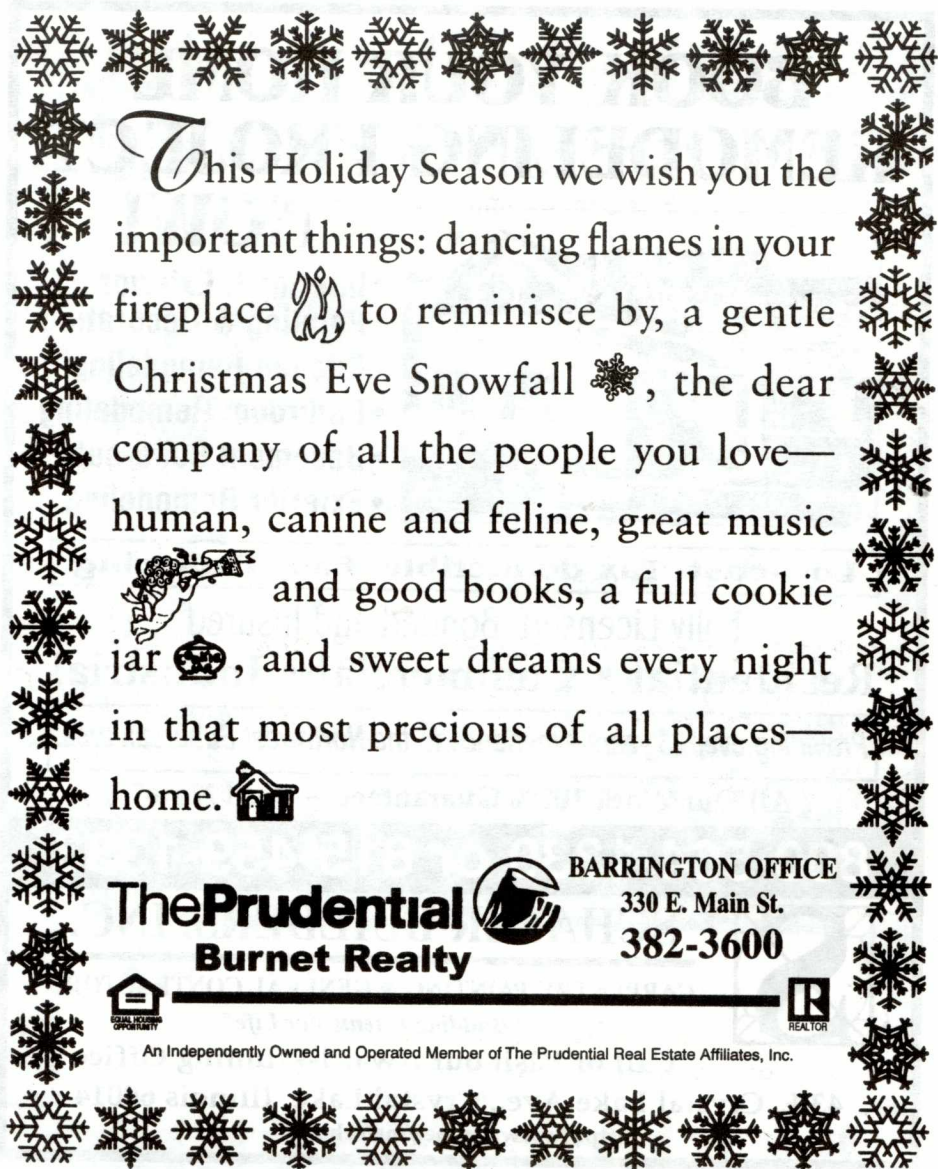
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

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This Holiday Season we wish you the important things: dancing flames in your fireplace  to reminisce by, a gentle Christmas Eve Snowfall , the dear company of all the people you love—human, canine and feline, great music  and good books, a full cookie jar , and sweet dreams every night in that most precious of all places—home. 

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## FCC to Present "Carols and Lullabies... Christmas in the Southwest"

The Music Department of the First Congregational Church, 461 Pierson St., Crystal Lake, under the leadership of Eva Wedel, minister of music, will present their annual Christmas concert Sunday, December 14, at 4:00 p.m. in the Sanctuary. This is the second Vespers Concert in the Sunday afternoon series. The unique Christmas program will feature the Vestry Choir performing "Carols and Lullabies... Christmas in the Southwest" composed by Conrad Susa and commissioned by Plymouth Music Series of Minnesota, Phillip Brunelle, artistic director, and published 1993.

Mrs. Wedel said that it is exciting to be presenting this challenging musical work. It is currently being performed by college and professional choirs throughout the country. The Vestry Choir has been rehearsing this special music since early fall and will sing the ten carols and lullabies in Spanish, Catalan, and English. They will be accompanied by: Shirley Lukey, harp; Peter Swenson, guitar; and Matt McClung, marimba and vibraphone. In addition to accompanying the choir, each performer will also be featured as a soloist.

Peter Swenson was trained as a classical guitarist and has performed in various musical genres. His original compositions and arrangements incorporate elements of the musical styles he enjoys, from Renaissance and Baroque to folk and jazz. For many years, he was a member of Jamie O'Reilly and the Rouges, with whom he recorded three albums of Irish folk music. As



**Eva Wedel, minister of music at the First Congregational Church.**

a classically-trained singer, he has performed in opera, oratorio, and renaissance and baroque repertoires. He will be playing "Sonata #3", a 17th century composition on baroque archlute, and will be accompanied by violinist Helen Blazie.

As a high school student, Matt McClung studied with Patsy Dash of the Chicago Symphony. He is a 1996 graduate of University of Cincinnati School of Engineering and a 1998 graduate with a masters degree from University of Cincinnati Conservatory of Music with a degree in percussion performance. He is head percussionist for Northern Kentucky Symphony. His solo is "Saltarello" by Anonymous transcribed from a medieval book of flute solos.

Shirley Lukey will be playing a harp solo entitled "Greensleeves." Shirley Lukey, a professional freelance harpist



## Tips from the Top of The Rock™

Margaret R. Semrad  
Broker/Manager  
Barrington Office

**The Prudential**  
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I love the Christmas Season. I love everything about it—the feeling of expectation, the music, the decorations, the gifts, the family reunions, the synergy of people. Many of us remember, with nostalgia, Christmases past; holidays filled with delight and impatience. How wonderful it was to believe in Santa Claus, the jolly generous elf that shared so many of our childhood memories.

I can recall vividly, the flutters in the tummy as I wrote my Christmas list. The smell of cookies that were so loved they became holiday tradition. The warm scent of cinnamon and spice... yum! Beautiful memories have a way of recreating the original glow and warmth surrounding them.

Unfortunately, the "merriest" of seasons can produce stomach-tightening anxiety for many people, especially for the busy homeowner who wants to create a memorable holiday for his family but who may not have the features in his home to bring a sharing holiday "home" the way he envisions. Perhaps you foresee opening your home to friends and relatives for a giant party only to realize that your present home will not accommodate a large holiday gathering. Your house is too small!

Or perhaps you envision yourself in front of a cozy fire reading a wonderful Christmas story. However this picture cannot become reality because there is no fireplace. Your house is missing something!

Or perhaps you conjure up an image of

your family having a holiday breakfast in a beautiful circular eating area, surrounded by windows, enjoying the camaraderie and beauty of a snowy winter morning; however there is no wall of windows in your current home. Your house shuts out the seasons! It doesn't open up to nature.

Or perhaps you envision a massive Christmas table laden with special holiday foods for your family and friends but your dining room is too small for a large dining table. You've outgrown your house!

This December column is not about disappointments, but about dreams. The holidays encourage and reinforce how important our homes are in living and reliving our dreams. We value tradition and memories. So if our houses cannot accommodate the activity we desire or the lifestyle we've now earned for the special days, then it's time to gather coats and hats and take a trip to **The Prudential Burnet Realty**. Talk with one of our professional Realtors about your dreams... about having a living room large enough to hold a 12' Christmas tree, or a room with a fireplace large enough to accommodate a jolly old Santa Clause, or having a kitchen large enough to prepare the holiday banquet... to bake the Christmas cookies and breads, stuff the large turkey or Christmas goose while boiling the chestnuts.

We at **The Prudential Burnet Realty** in Barrington wish you a merry Christmas and a wonderful holiday season... from your Dream House Headquarters.

and harp teacher, performs in the north-west suburban area for chamber choral and church organizations. As a member of a harp duo she has performed at the Woodstock Opera House Concert Series and for numerous in-school programs throughout the Chicago area. FCC organist, Barbara Thorsen, will play an organ solo entitled "Von Himmel Hoch—Pachelbel." A vocal duet "Little Child, Are You Sleeping?" will be sung by Kurt and Mary Kuehnert.

The handbell choirs will also add their festive sounds to the holiday concert. The Joy Ringers, directed by Diane Gesler, will ring "Jubilate Noel" and "Christmas Lullaby." The Jubilate Choir will ring "I Wonder as I Wonder," an Appalachian

carol, and "Carol of the Bells/God Rest Ye Merry Gentlemen" directed by Toni Gambini, bellmaster.

The December concert promises to provide a variety of non-traditional seasonal music for all ages.

The public is invited to attend. There will be a free-will offering. Following the concert, the FCC Music Committee will host a reception for everyone downstairs in Fellowship Hall.

Future concerts in the Vespers series will be "A Lenten Concert," March 8, and an Organ Recital with Dr. Michael Keeley, organist, May 3.

FCC is handicapped accessible. For further information, please call the church office at 815/459-6010.



**The First Congregational Church Vestry Choir**



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We are located at 320 E. Main in Barrington. **382-1001.**

## "Christmas Treasures" Opens at Pear Tree Gift Shop

"Christmas Treasures" is the holiday theme of the Pear Tree Gift Shop at Good Shepherd Hospital this year. The gift shop, which is located in the lobby of the hospital on Highway 22 in Barrington, is sponsored by the Auxiliary of Good Shepherd Hospital. The Pear Tree Gift Shop has become popular over the years for the beautiful holiday displays and lovely holiday gift items.

This year, the Pear Tree is featuring a wide variety of holiday items for all members of the family. New this year are the Teddy Bear ornaments and hand-blown glass items. There are lovely Christmas sweaters, jewelry, sleepwear and golf and fishing items, as well as money clips and pewter key chains. The Pear Tree has

many baby and children's clothing and toys, including the popular Beanie Babies, when they are available.

Proceeds from the Pear Tree Gift Shop are donated by the Auxiliary to benefit many different areas at Good Shepherd Hospital including the new Women's Diagnostic Center, the Birth Center, oncology, radiology, behavioral health, surgery, ICU, pediatric therapy and the outpatient center, to name a few.

"Christmas Treasures" at the Pear Tree will be open Monday through Friday from 9 a.m.-8 p.m., Saturday from 10 a.m.-4 p.m. and Sunday from 1-4 p.m., through December 31. For more information, call the Pear Tree at 847-381-9600.

## Partners in Excellence



*Consumers Digest*, the magazine that has helped consumers make smart purchasing decisions for over 35 years, has selected KraftMaid Traditional, Euro 6 and KraftLine cabinetry as Best Buys.

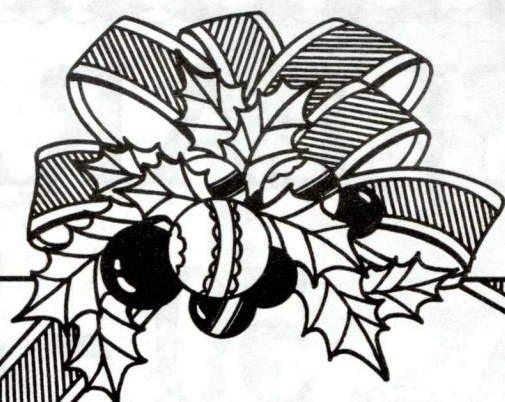
*Consumers Digest* identifies a Best Buy as a product that offers outstanding value for its price. Only 3% of all manufacturers receive this honor and KraftMaid is one of them!

Why? Because KraftMaid offers standard features that surpass industry requirements, cabinetry styles for all tastes and budgets and a quick delivery program. And they are the only cabinetry manufacturer to provide a free care and

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We share KraftMaid's commitment to excellence and customer satisfaction. Visit **Distinctive Kitchen Designs** and one of our kitchen planning experts will show you how to create your perfect kitchen with KraftMaid cabinetry. Bring along your kitchen dimensions or your blue prints for new construction. We'll listen to your ideas and offer some of our own.

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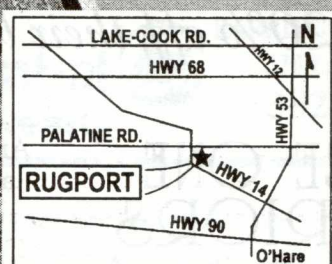
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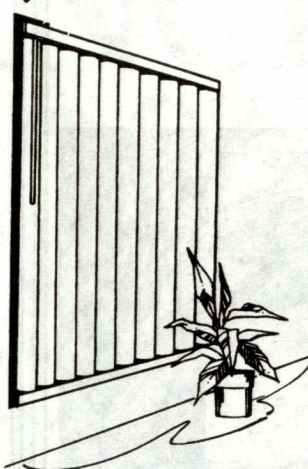
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## Journey to Bethlehem...



The tradition of a live nativity scene dates back to the days of St. Francis of Assisi. Francis was anxious for the poor and illiterate to experience the wonder and joy of the birth of the Christ child. Since they were unable to read, he presented the story to them in a live tableau of the nativity scene. Ever since, people of all ages and stations of life have been drawn by the simplicity and beauty of the stable and the wondrous event which occurred there.

Immanuel Lutheran Church of Crystal Lake carries on this tradition with its fifth annual Christmas Gift to the community, Journey to Bethlehem. There are four scenes depicting the biblical Christmas story... The Annunciation to Mary, Mary

and Joseph's trip to Bethlehem, The Wise Men at Herod's Palace, and the Stable Scene.

The event will be staged December 6 and 7 from 7 to 9 PM on the church grounds at 178 McHenry Avenue. There is ample parking in the school parking lot off Maple Street. Refreshments will be served in the school cafeteria. The cafeteria entrance is located at ground level at the rear of the school.

The community is invited to either "drive by" or "walk through" the Journey presentation. The scenes will be acted out continuously so patrons can stand and view the entire scene as it unfolds. Bring family and friends to enjoy the presentation and Christmas music.

## The Dole Mansion Cookie Sale

The 6th annual Dole Mansion Christmas Cookie Sale will be at Lakeside Center, 401 Country Club Road, Crystal Lake. The Sale is on December 13 at 9:00 am. Cookies sell for \$6 per pound and boxes will be provided. A limited selection of pre-packaged, decorated cookie tins will also be available for sale.

The Dole Mansion was built in 1864 by Charles S. Dole on 1000 acres. The Dole's made Crystal Lake their home for 34 years. Over the years the Mansion had different

owners: several Ice Companies, the first Crystal Lake Country Club, St. Mary's Minor Seminary and today the First Congregational Church. This grand historical building is one of Crystal Lake's treasures from the past.

The funds raised by the Dole Mansion Preservation Society are used on restoration projects. The ultimate goal is a restored Mansion for Crystal Lake's future generations to enjoy and understand Crystal Lake's past.

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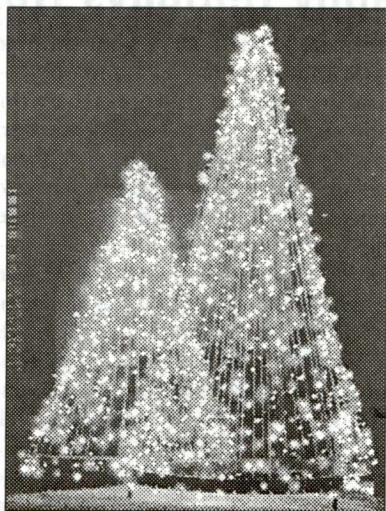
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We will install the decorations before the middle part of December, take them down and put them in a storage box for you in January, then do it again next fall for you. Just think: you will never have to struggle with lights that won't work on a cold, early, winter Saturday when you would rather be inside by the fire. We believe that this will relieve your schedule and provide a great look for the holidays. Victor, Tom and Don will be most happy to work with



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## Auxiliary Donates \$4.1 Million to Good Shepherd Hospital

The Auxiliary of Good Shepherd Hospital has reached a high of \$4.1 million in total gifts to the hospital for the enhancement of health and wellness programs and services for the community.

The \$4.1 million figure is collective of all gifts given to Good Shepherd by the Auxiliary since the hospital opened in October, 1979.

"These gifts reflect thousands and thousands of donated hours on the part of our Auxiliaries," said Russell E. Feurer, Good Shepherd's chief executive. "We are very grateful for the Auxiliary's generosity over the years. Their ongoing support of Good Shepherd demonstrates that this facility truly is a 'community' hospital."

Over the years, the funds have been donated to support patient care services by providing the hospital with state-of-the-art medical equipment, improved facilities and other medical advancements in areas such as nuclear medicine, cardiology, radiology, behavioral health services, surgery, laboratory services, intensive care, pediatric therapy, the Birth Center and the Outpatient Center. The contributions have also enabled the hospital to make improvements in the building's structure, the lobby and the food service area.

"When you look at the list of departments and ultimately the patients that have benefited from the Auxiliary's gifts, it's not hard to see that Good Shepherd is blessed many times over," said Feurer. "With the support of our Auxiliary, Good Shepherd has been able to expand and better accommodate the changing and growing needs of area residents and our community."

The Auxiliary has pledged a total of \$200,000 this year. Of that, \$150,000 will support Good Shepherd's planned Women's Diagnostic Center. The new \$1.2 million Center will provide coordinated, comprehensive outpatient diagnostic services for women especially for those at high risk for breast cancer and osteoporosis. Another \$50,000 will support the

purchase of surgical equipment. This pledge is in addition to \$100,000 given earlier this year for projects benefiting the new intensive care unit, behavioral health, pharmacy and outpatient center.

"Long before Good Shepherd Hospital's opening, the Auxiliary worked to bring a hospital to the area," said Wini Schenzinger, Auxiliary co-president and hospital historian. "The people of this community are committed to Good Shepherd and have come together as a family—many times over—in support of this facility."

Today the Auxiliary supports the hospital financially through volunteer activities, fund raising and other "good works."

"Every year gifts totaling more than \$200,000 annually are made possible because of a variety of fund raising events sponsored by Auxiliary members," said Pat Lenhart, Auxiliary co-president.

Major fund raising activities include Catchpenny, a resale thrift shop located in downtown Barrington; the Pear Tree Gift Shop and Pear Tree Cafe, both located at Good Shepherd; and Art in the Barn, the annual fine art festival held annually in September on the hospital's campus.

The Auxiliary of Good Shepherd Hospital is a self-governing membership organization which is accountable directly to Good Shepherd's administration. It is comprised of people from the surrounding communities who agree to work together to assist the hospital in promoting the health and welfare of the community.

Good Shepherd Hospital is a leading provider of health and wellness services in the northwest suburbs. The hospital is a Level II trauma center with 400 physicians representing more than 35 medical specialties. It is also a state designated Level II birth center with expanded capabilities. Good Shepherd is part of Advocate Health Care, one of the largest health care organizations in the Chicago area. Advocate is related to both the Evangelical Lutheran Church in America and the United Church of Christ.

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## A Treat for the Eyes, A Feast for the Spirit

(Continued from page 5)

fine artwork is carefully executed so be sure to allow enough time for your holiday orders. **Woodland Art Gallery** also offers shipping of your artwork.

Visit **Woodland Art Gallery** soon and discover all the enjoyment art can bring to

your life this holiday season and throughout the years to come. The gallery is located at 71-B East Woodstock Street, across from the Crystal Lake train depot. Open Monday-Friday 9 a.m.-5 p.m., Saturday 8 a.m.-3 p.m. Phone (815) 459-0460.

## Breast Surgery—A Woman's Perspective

(Continued from page 38)

that is placed under the chest muscles. Once the expander reaches the appropriate size, it is exchanged with a permanent implant. If the patient desires to be reconstructed with her own tissues, the tissue most commonly is taken from the lower

abdomen or upper back. Combinations using the patient's own tissue with breast implants are also considered in selected individuals. If you would like to learn more about any of these procedures, please contact our office.

## Cartilage Implantation— for Damaged Knees

(Continued from page 43)

and Genzyme Corporation began providing the cartilage cell laboratory service to orthopedic surgeons here. Orthopedic surgeons complete special training in order to perform the procedure.

The Medical breakthrough has been performed by **Dr. Saltzman** more than any of the handful of surgeons in the Chicagoland area that are trained in this procedure.

**Dr. Saltzman** completed his residency in orthopedic surgery at Loyola University

Medical Center and is board certified by the American Board of Orthopedic Surgeons and the Arthroscopy Board of North America. He has been in practice since 1984. He currently is at the **Woodfield Orthopedic Center** in Schaumburg, and is on the medical staffs of Columbia Hoffman Estates Medical Center and Alexian Brothers Medical Center.

For more information and free seminar schedule call (847) 301-7773.

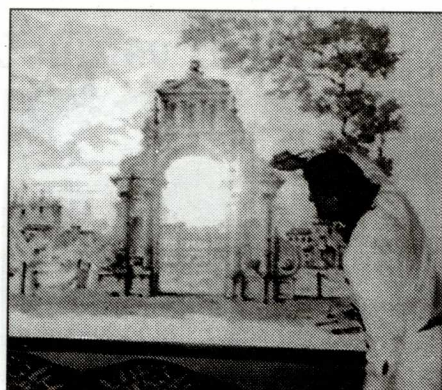


## Happy Holidays from Artistic Illusions

We are here to fulfill all of your shopping needs with unique hand crafted one-of-a-kind artistic items from around the world. In our store in Long Grove, we carry handblown European art glass; Morano glass from Italy; Italian porcelain flower arrangements which include centerpieces, candle holders and wall plaques.

Don't forget our Orthodox icons and unique hand painted nesting dolls including the famous Chicago Bulls. We also offer hundreds of ornaments; Christmas ceramics; stained-glass, lighted houses and churches; and hand crafted jewelry from Europe.

Come to **Artistic Illusions** and enjoy our holiday discount. Bring in our ad and receive **10% OFF on any purchase.**



And don't forget, the Illusionist is always available for your holiday painting and decorating needs. We still have some openings, so call for a free estimate at (847) 478-9401 or visit the store at 317 Old McHenry Road and take a peek at our portfolio. Happy Holidays from **Artistic Illusions**.

For your convenience, we will be open until 8 p.m. on Fridays in December through December 19.

## Ski Club to Host Poinsettia Ball

Lake Shore Ski Club will host its Second Annual Poinsettia Ball in the Guildhall Room of the Ambassador East Hotel, 1300 North State Parkway, Chicago from 8 p.m. to midnight on Friday, December 12, 1997. Come and get into the holiday spirit and dance to the sounds of Impulse.

Cost is \$38 per person. Black tie optional. Buffet and cash bar.

LSSC has members from throughout the Chicago Metropolitan Area, Northern Indiana and Southern Wisconsin.

For further information, call (708) 763-0500.

## Cadet Meketa Awarded Silver Star for Academics

Anthony Meketa, son of Mr. and Mrs. Anthony Meketa of Long Grove, was awarded a silver star at an academic recognition ceremony held on November 5.

Anthony, a cadet at St. John's Northwestern Military Academy in Delafield, Wisconsin, was awarded the silver star for having earned a grade point average of at

least 3.50 for the quarter.

St. John's Northwestern Military Academy enrolls students from throughout the United States and more than a dozen foreign nations. Founded in 1884, the Academy represents more than a century of academic excellence, making it one of the premier military academies in the nation.

## Morris Dees to Speak at ISBA Midyear Meeting

Civil rights advocate Morris Seligman Dees Jr., a founder of the Southern Poverty Law Center in Montgomery, Ala., will be keynote speaker for the annual minority participation luncheon of the Illinois State Bar Association (ISBA) Midyear Meeting.

His remarks on commitment of the legal profession to racial equality will take

place Thursday, December 11, at 12 noon, in the Sheraton Chicago Hotel and Towers, 301 E. North Water St., Chicago.

The three-day Midyear Meeting will be held in conjunction with the annual convention of the Illinois Judges Association.

Price for the luncheon is \$20 per person. For information or reservations, call 1-800-252-8908.

## Ski Club Plans Trips

Lake Shore Ski Club will meet on Wednesday, December 17, 1997 at America's Bar, 219 West Erie, Chicago beginning at 6 p.m.

All who are interested are cordially invited to attend and join in getting into the holiday spirit. It is also an opportunity to learn about the ski trips planned for this

Winter as well as the advantages of becoming an LSSC member. Buffet and cash bar.

LSSC has members from throughout the Chicago Metropolitan Area, Northern Indiana and Southern Wisconsin.

For further information, call (708) 763-0500.



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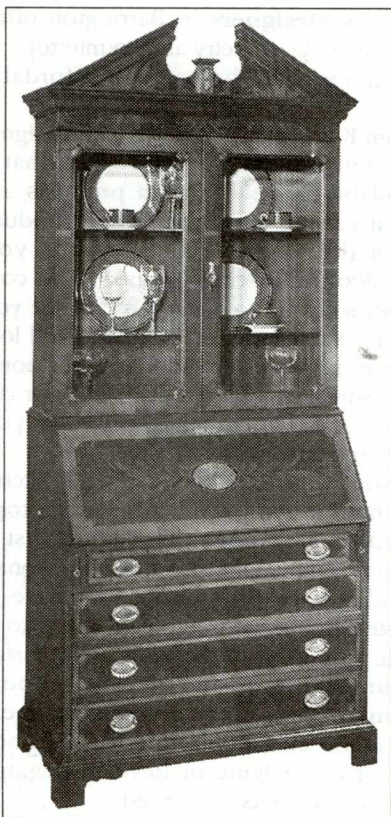
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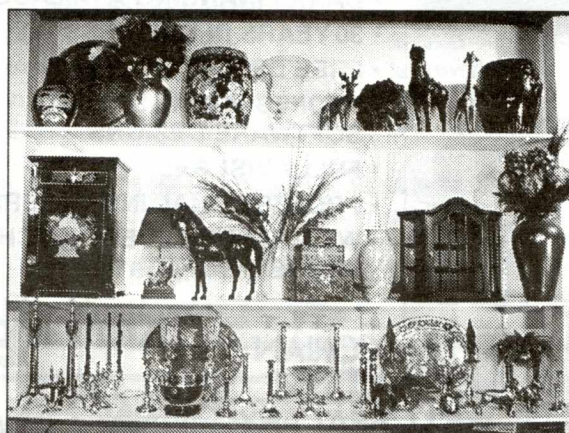
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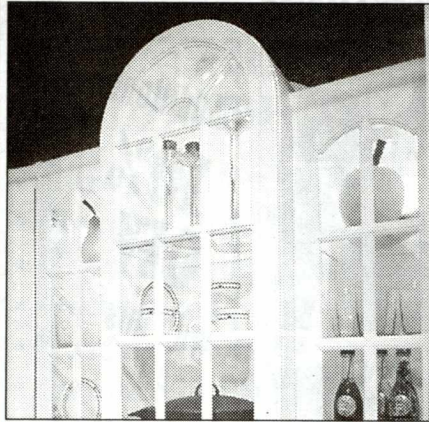




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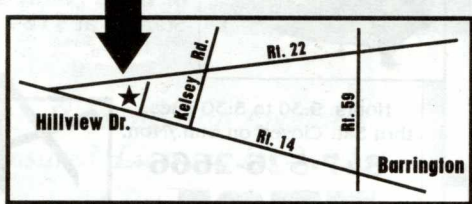
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15  
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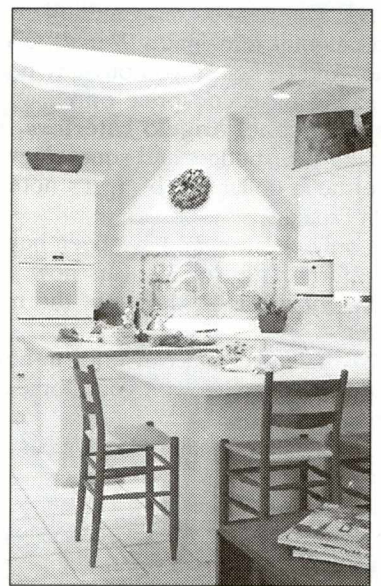
Jim Kill is our award-winning designer. He will be glad to show you what is available in new kitchen products and what can be done with these products to make a better kitchen for you.

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feel proud to have friends in your kitchen. Come into our Barrington showroom and have Jim design your dream kitchen just for you with your needs in mind.

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We're also on the Internet—Web page <http://www.lamico.com>. COME JOIN US!

## Exaltation! by Community Handbell Ensemble



Exaltation! Community Handbell Ensemble will present its fourth annual Christmas concert on Friday, December 5, at First Congregational Church, 461 Pierson St., Crystal Lake, at 8:00 pm. Each of the auditioned choir's members is a music director at his/her home church or an accomplished ringer. This year's dynamic program will entertain you with music literature from many well-known handbell composers including Hart Morris, Karen

Buckwalter, and Arnold Sherman and will include a medley of *Go Tell It On the Mountain* with Prokofiev's *Troika* and a bell processional. Harpist, Jennifer Carlson, will provide the prelude and music for the free will offering. Additional accompaniment will include percussion, piano and organ. Exaltation! has become well known for its high level of exciting performance. For information, call the choir's business director at 815-459-8974.

## ECC Jazz Ensemble Releases First CD

Now in its 10th season, the Elgin Community College Jazz Ensemble, under the direction of Mark Bettcher, adds to its list of accomplishments the release of its first compact disc recording titled "Seems Like Old Times."

Bettcher said the reason he decided the time was right to take this next step of creative expression was because "the ensemble's personnel were strong, and we had built up a creditable repertoire. The CD seemed the appropriate vehicle to let others hear us and to draw audiences to our concerts at the college." This talented ensemble of local musicians has for the past two years earned top honors in the Skyway Conference Jazz Festival.

Members of the ECC Jazz Ensemble heard on the CD are: Saxes—Dick Robertson, Dundee; Tony Rodriguez; Lake in the Hills, Frank Catalano, Streamwood; Duane Peiffer, Woodstock; and Beth Haugeberg, Elgin; Trumpets—John Gorman, St. Charles; Ron Sewer, Lake in the Hills; Mike McManis, Chicago; Dan Spees, Hanover Park; and Ken Way, Algonquin; Trombones—Gary Gerdt, Harvard; David Gross, Algonquin; Dana Legg, Schaumburg; and Michael Schweihs, Lake in the Hills; Rhythm—Loren Golden, Dundee; Mark Sorlie, Cary; and Keith Leinert, Elgin.

These talented musicians come from diverse backgrounds. Some list such occupations as attorney, computer system programmer, customer service represen-

tative, printer, or business executive. Others are established in the music field as students, teachers or professional musicians.

The CD was recorded live in one session at the Streeterville Studios in Chicago. The engineer was Freddie Breitberg, who was the engineer for jazz artist Frank Mantooth's Grammy award winning CD.

Bettcher's motivation to record a jazz CD can be explained by his love for jazz as artistic expression.

"The eclectic nature of jazz sets it apart as a pure artistic image of our divergent American culture," Bettcher said. "I think the CD captures the essence and spontaneity of a live Jazz Ensemble performance. I am very pleased with it."

Included on the disk are "Gumba Blue" by Maria Schneider; "Mean to Me" arranged by Frank Mantooth; "Should You Feel Like Cryin'" by Frank Mantooth; "Beautiful Love" arranged by Paul McKee; "Big Schving Face" by Bill Potts; "Later That Same Day" by Mike Thomard; and "Seems Like Old Times" arranged by Larry Harris.

ECC Jazz Ensemble's "Seems Like Old Times" CD costs \$10 and can be purchased by phone at (847) 622-0300 or in person at the Ticket Office in the ECC Visual and Performing Arts Center (VPA), 1700 Spartan Drive, Elgin. Hours are 10 a.m. to 5 p.m. Monday through Friday and noon to 4 p.m. Saturday.



## From a Woman's Point of View

by Gail Wickstrom, Wickstrom Ford

I've mentioned before that we have many long term employees, since so many of our employees were quite young when they started working for us, we get to go through many stages of growth with them.

There's always someone getting engaged, married or having babies. We have had our own baby boom lately. Just in the last few months Erik Peterson, one of our Parts Managers, and his wife Connie have has a baby girl named Sylvia. Erik has been with us almost 12 years. Doug Olsen, one of our Sales Managers, and his wife Lori have had another son, Christopher John. Doug has been with us since we opened 13 years ago.

Dominick Tortorice, one of our Service Managers, and his wife Christi are expecting their third child. Dominick has been here almost 11 years. In our office, Dawn Pencak is expecting twins. Dawn has been with us for five years and is married to one of our journeyman service technicians, John, who has been with us for eight years. Needless to say Dawn will be leaving us soon for an extended leave of absence. We'll all miss her, but we defi-



nately expect her to bring the twins in to visit us.

Since so much of our lives are spent with the people that we work with, it is inevitable that lives become entwined, that is we think that the atmosphere that is created by happy, professional and dedicated people make it a place our customers enjoy coming in contact with.

## Scotty's—Groceries On Wheels

Just don't have time to get to the grocery store? Hate those long, frustrating lines? Difficult taking the kids? **Scotty's Home Market** can help. We have been in business for over six years now, servicing the grocery needs of people just like you. We service 61 north and northwest suburban communities, with a customer base nearing 4,000 clients. Best of all, you pay grocery store prices, with only a nominal delivery fee to have them brought to your front door! Our average delivery fee is only around \$3!

All of our customers receive a price book with the nearly 7,000 items that we carry. It includes all of your favorite name brand suppliers, and an assortment of specialty items that you won't find at the grocery store, such as fresh butcher meat and seafood, whole grain breads from the Barnaby Smythe's Stone Ground Bread Company, fresh baked goods from a local bakery, and the finest of fresh produce we receive in daily.

Ordering is very simple. You can either call in or fax in your order, just indicating the item numbers you would like to have delivered or order over your computer using our free software. We will give you a total due for your delivery, and you can pay us by check or credit card. The great

thing is that you don't even have to be home to accept delivery (around 50% of our customers are not). We can do this because we deliver all of our refrigerated and frozen items in Igloo coolers with ice packs, so even ice cream stays frozen while your groceries await you. The dry products are delivered in waterproof boxes with lids on them. We will work out a convenient place with you to leave your groceries if you are not going to be home, and they will be waiting there fresh when you arrive. If you are going to be home we will unload them on your counter for you. It's that simple!

This is not a club of any kind, we are simply a grocery store that only delivers. You order when you want (Monday through Friday) and however much you want. We guarantee 100% the quality of all our products. We also provide wonderful tips and tools for meal planning. To receive an information pack describing the service, including a complete price book, just give us a call at **(847) 726-8897**, and we would be happy to send one out to you. Isn't it about time you enjoy your free time and spend your discretionary time the way you want to spend it? Let us help! We look forward to hearing from you.

## GSH Volunteers Recognized

The following volunteers have received awards from Good Shepherd Hospital for their donated services:

Volunteer from Algonquin: Vern Soukup, 100 hours.

Volunteers from Barrington: Marlene Aprati, 100 hours; Helen Deminie, 1,000 hours; Beverly Fisher, 100 hours.

Volunteer from Cary: Betty McDonald, 500 hours.

Volunteers from Crystal Lake: Myrtle Fournier, 2,500 hours; Carol Thompson, 2,500 hours.

Volunteer from Kildeer: Sharon Zalesky,

1,000 hours.

Volunteer from Lake Zurich: Janet Allen, 3,000 hours; Mary Krenseke, 100 hours; Earl Shideler, 1,500 hours.

Volunteer from Woodstock: Mary Elizabeth Leyhane, 6,000 hours.

Good Shepherd Hospital, located north of Barrington on Highway 22, two miles west of Route 59, is part of Advocate Health Care, one of the Chicago areas largest health care organizations. For more information about volunteering at the hospital, call the hospital volunteer office at 847-381-0123, ext. 5093.



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## Deadline!

The deadline for the **January Issue** is **Thursday, December 11.**

Please send your press release/advertising materials to:

Editor  
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P.O. Box 293  
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or call: **(815) 459-4820**

## Holiday Fashion Show Hosted by NISRA

Reservations are ongoing for the second annual Holiday Fashion Show hosted by the NISRA Foundation for the Northern Illinois Special Recreation Association. The event will take place beginning at 11:30 a.m. Saturday, December 6, at the Holiday Inn Crystal Lake, 800 S. Route 31.

Featuring fashions from five area up-scale clothiers, the fund raiser features a luncheon and cash bar. Tickets are \$25 each.

The NISRA Foundation is a not-for-profit corporation and was founded to ensure the future financial needs of the Northern Illinois Special Recreation Association. NISRA provides many leisure and recreation programs for children and adults with disabilities in Northern Illinois. For information about the Foundation, NISRA services, or the fashion show, call Laurie or Brian at 815-459-0737. Contributions may be tax deductible.





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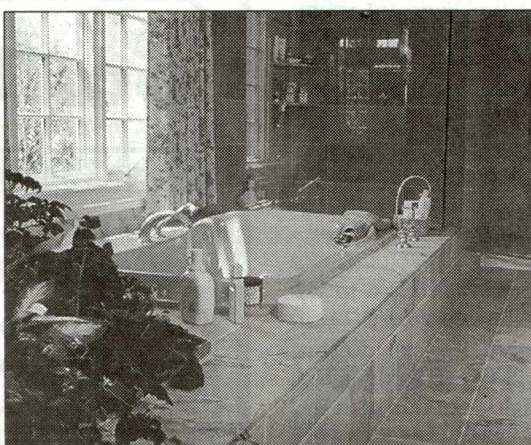
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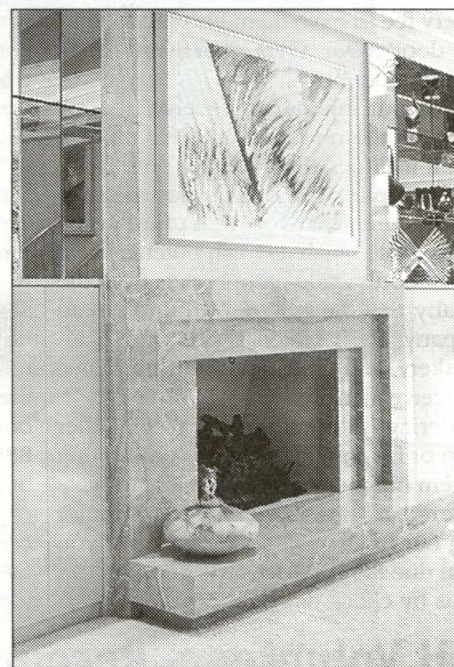
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