

april 1997

barrington

# LIFESTYLES<sup>TM</sup>

NEWS MAGAZINE

SPRINGTIME FOCUS  
Beauty, Health & Fitness

"A Symphony of Stars" Honored  
by Home of the Sparrow

Ivan Albright (1897-1983)  
One of Chicago's Most  
Original Painters

BAAC's Wearable Art  
Fashion Show April 10

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**The Hair You Hate  
Gone Forever**

A Professional Solution  
to a Most Personal Problem

Medically approved, the newest shortwave  
electrolysis treatment will permanently  
remove unwanted hair.

- Disposable needles used.
- Free Consultation without obligation

**Clear Reflections**  
HAIR REMOVAL CENTER, INC.

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**381-9020**  
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*In practice at this same  
convenient location since 1976.*

## Electrolysis is the Answer

Anyone who is interested in good grooming and an attractive appearance is likely to read about electrolysis. It is the *only method* which will remove your unwanted hair permanently, and it is not a new technique. Successful results have been reported and discussed favorably in the medical journals since 1875, more than a century ago.

Nowadays thousands of women make appointments every week with their electrologists, but very few openly tell their friends or relatives about the positive results. Most people are too embarrassed to mention facial or body hairs, and so the facts about permanent removal must often be learned from responsible beauty editors or medical columnists.

Fortunately, there is a skilled electrologist at **Clear Reflections** in the Barrington Commons who can remove those telltale hairs quickly and conveniently in the privacy of a professional office.

Now past its 100th anniversary, electrolysis is a boon to mankind which goes on making converts every day. The reason is obvious—success and permanence make an unbeatable combination.

Take away those unwanted hairs and what you have left is confidence in your own charm and attractive appearance. Phone **Clear Reflections** at **381-9020** for your appointment.

**Clear Reflections** has provided 21 years of service at the same location.

# barrington LIFESTYLES<sup>TM</sup> NEWS MAGAZINE

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## Editor's Ink

April, 1997

Dear Reader,

Ah, spring is finally here! And with it, exciting happenings: fashion shows to reflect the season's latest trends, beautiful concerts to attend, seminars on gardening to glean information, and family outings.

Among the happenings not to be missed is the current art exhibit at The Art Institute of Chicago. Presented is the work of Ivan Albright (1897-1983), one of Chicago area's greatest painters. The exhibit marks the celebration of the 100th anniversary of Albright's birth.

While his art work is certainly not everyone's favorite...i.e. "It matters little whether I paint a squash, a striped herring, or a man. The space, the light, the motion, the position have one thing in common—decay," says Albright. And decay is, indeed, what he focuses on. Albright is regarded as an artist's artist. His technique is painstaking—sometimes he used a brush with only three hairs and covered a square inch of canvas in a day. After viewing his work it is hard to believe that he was regarded during his time as friendly and elfin-like and far from morbid. But I think everyone will agree, his artistic vision was highly idiosyncratic. To see the exhibition is, however, well worth the time.

Until next time, may all your thoughts be sunny.

With warm regards,  
Glenn McMonigal  
Editor, *Lifestyles Magazines*



## About Our Cover

From the Jean-Louis Scherrer Boutique,  
Pret-A-Porter Printemps-ete 1997  
Collection, Paris.



You'll Be...

## SAVING IN THE RAIN

This April When You  
**Shop Barrington**



- Wonderful Selection of Merchandise
- Great Store Mix
- Friendly, Personalized Service
- Free Parking

**Keep Your  
Tax Dollars Local**

*"Make Shopping in Barrington  
Part of Your Lifestyle"*



## WC of Inverness Spring Luncheon Pays Tribute to Volunteers

Applause, Applause—a Tribute to Volunteers, is the theme that Eileen Newton has chosen for the Women's Club of Inverness Spring Fashion Show and Luncheon, held at the Hyatt Regency Woodfield, 1800 E. Golf Road, Schaumburg on April 18, 1997. This annual spring event begins with a gift boutique at 11 :00 A.M., luncheon served at 12:30, and the fashion show at 1:30 P.M. Tickets are \$40.00 per person and are available by calling 847-991 -3136.

The fashions and models are all from Saks Fifth Avenue, Oak Brook and the fashions to be shown are described as lots of bright colors, many dresses from casual to evening, and the eighteen models wearing these fashions will appeal to the guests of all sizes and ages. Each guest at the show receives a detailed list of the fashions, and the show promises to be a high energy event.



**Left to right: Joy Jelinek, President, Women's Club of Inverness; Denise Long, Fashion Show Co-chair; and Eileen Newton, Fashion Show Chairman; are looking over the invitations for the Spring Fashion Show and Luncheon, April 18.**

The prizes include two round trip tickets anywhere in the continental U.S. on American Airlines; an amethyst pendant on an 18ct. gold chain designed by M. J. Miller and Co. Jewelers of Barrington; a \$200 savings bond from American Chartered Bank; his and her watches from S. A. Peck Jewelers; gift certificates from several area restaurants such as Le Titi de Paris and Amourette; and many more.

This spring social event is the principal fund-raiser for the Women's Club of Inverness. Every dollar of profit from the fashion show and luncheon goes right back to the community, principally in the form of scholarships to area students. Many volunteers contribute time to this April afternoon and the result is immensely rewarding for the guests and for the club members. If you have not received an invitation in the mail, please call 847-991-3136 to reserve your place for a fun afternoon!



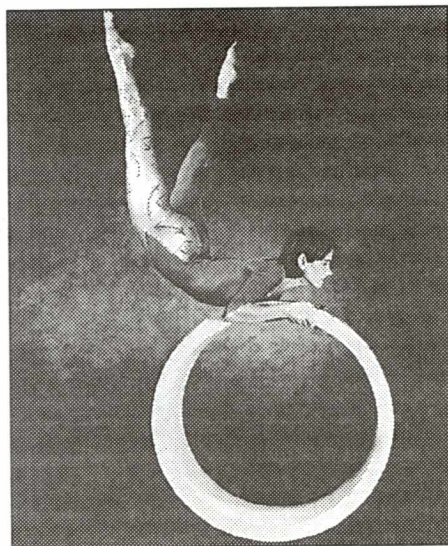
**Left to right: (standing) Carol Parke, Ad Book Committee Chairman; Karen Victor, Invitations Committee Chairman; (seated) Eileen Newton, Fashion Show Chairman; and Trina Toms, Decorations Committee Chairman; are at the invitation-addressing party for the Spring Fashion Show and Luncheon.**

## Melissa Thodos and Dancers in Residence at BHS

Melissa Thodos and dancers will present two days of dance workshops and one day of in-school performances for students enrolled in the dance program at Barrington High School, April 14-18, 1997. Students and faculty will experience the beauty of modern dance and Thodos' magnificent choreography combining movement with props.

Melissa Thodos & Dancers is a company with a fresh new energy in the dance arena. Thodos combines her extensive classical and modern dance background with her gymnastics training to create a unique style of dance that bursts with energy. Many of Company's works also make intriguing use of props such as balls, hoops, tri-parallel bars and even pool cues, which add another creative dimension to this company's style and flair. The Chicago Sun-Times has deemed Melissa Thodos and dancers "Technically strong and attractive!"

This program is partially supported by a grant from the Barrington Area Arts Council and the Fine Arts Booster Orga-



**Melissa Thodos**

nization at Barrington High School.

For information about the program, contact Julie Salk at Barrington High School, 842-3253.

## Wearable Art Fashion Show & Luncheon April 10



This hand-dyed linen coat, pieled, appliqued and embroidered by Anna Carlson of Minneapolis, MN, is an example of the one-of-a-kind creations to be featured in Barrington Area Arts Council's Wearable Art Fashion Show and Luncheon, 11 a.m.,

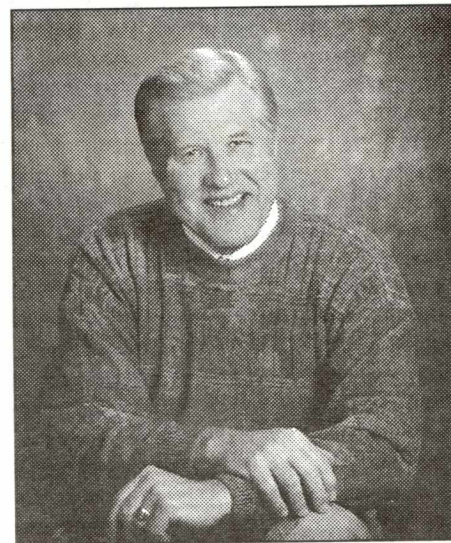
Thursday, April 10, at Barrington Hills Country Club. Silent auction, prizes and entertainment also highlight this day of celebration in BAAC's 20th Anniversary Year. For tickets, \$40 each, call the BAAC Gallery, (847) 382-5626.

## "An Afternoon with Ron Roth, Spiritual Healer"

Full Life Fellowship and Barrington United Methodist Church invite you to experience "An Afternoon with Ron Roth, Spiritual Healer." This seminar and healing prayer service will be held on Sunday, April 6, 1997 from 2 p.m. to 5 p.m. at the Barrington United Methodist Church on Hough Street in Barrington.

Ron Roth is a spiritual healer who served in the Catholic priesthood for over 25 years and now works full-time in the area of teaching spirituality and healing work. He uses his background in theology, education and psychology to conduct healing services and workshops designed to help people understand and experience God's healing touch in all areas of their lives. His openness and humorous, energetic style give a refreshing new and practical look at the age-old concepts of the Scriptures dealing with healing.

Ron has appeared on numerous television programs including "The Oprah Winfrey Show" and "The Joan Rivers Show" where he discussed his work of spiritual healing. He has spoken through-



**Ron Roth**

out the US and Canada about spiritual healing and conducted seminars with health care organizations.

Suggested donation at the door is \$30 per person. Seating is limited. Please call (815) 224-3377 with questions.

**Barrington LIFESTYLES April 1997 3**



# For Your Baby's Room



**10% OFF**  
**All Ragazzi**  
**Furniture**

(during April)

**15% OFF**  
**Bedding**

When you purchase  
4 pieces: **Comforter,**  
**Bumper, Dust Ruffle**  
**& Sheet**

(during April)

**\$4.00 OFF**

Any Purchase of \$20.00 or More

**\$2.00 OFF**

Any Purchase of \$10.00 or More

Not valid with other sales. Present coupon at time of order.  
One coupon per purchase per customer. Expires 4/30/97.



**LITTLE MUNCHKINS**  
"A Grandmother's Dream"

**224 West Main Street**  
**Barrington**

**847•381•3960**

A REMINDER THAT AS YOU CLIMB  
THE CORPORATE LADDER, DON'T BE  
LEFT HANGING BY A THREAD.



AMERICA'S PREMIER COLLECTION OF MEN'S APPAREL:  
SUITS, SPORTCOATS, TROUSERS, AND FORMALWEAR.

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Fine Apparel & Accessories  
for Men, Women & Boys

**141 W. Main • Downtown Barrington • (847) 381-6616**

OPEN MONDAY-WEDNESDAY & FRIDAY 10-6 THURSDAY 10-8:30 SATURDAY 9:30-5

# For Your Baby's Room



During the month of April, **Little Munchkins**, nestled in downtown Barrington, is having some wonderful offers for your baby's room. On the exquisite, upscale line of Ragazzi furniture you can save 10%. You can also save 15% on bedding when you purchase four pieces: comforter, bumper pads, sheet and dust ruffle, during April.

These are just two more reasons to visit this lovely shop filled with beautiful clothing, accessories and more for your child. Be sure to see all the newest spring/summer clothing collections when you visit. You'll soon find out why **Little Munchkins** is known as a "Grandmother's Dream."

**Look for the coupons in the Little Munchkins ad and save!**

## Senior Hot Lunches

The Barrington Area Council on Aging, Inc. holds a senior citizen hot lunch program 2 days a week at Langendorf Park in Barrington.

Senior citizen hot lunch program is provided on Mondays and Tuesdays from 10 a.m. to 2 p.m. at Langendorf Park in Barrington. The Barrington Area Council on Aging, Inc. invites ALL senior citizens to join us for lunch and a variety of activities and programs before and after meals.

This program is a partnership between the Council on Aging, the Barrington Park District and Catholic Charities. Call the Council on Aging at 381-5030 to make your reservations, or for more information.

Please note that the Lunch Program will be CLOSED on Tuesday, April 1 because of Election Day.

## Lime Dash—

Springs hottest color and shape combo in three stylish pieces by Elliot Lauren. Made in U.S.A.

Collared tunic shirt of pure silk dupioni. Lime. Sizes S, M, L, XL, \$98

Lively black/white mini-check sheath shell. Zip back. Pure silk dupioni. Sizes S, M, L, \$68

Essential stretch pant with twill texturing, side entry, ankle slit. Black rayon/poly/lycra spandex, sizes 4-14, \$98.

Available at **Chuck Hines** on Main Street in downtown Barrington.





## CLIX Has the Right Stuff for Your One-of-a-Kind Photos



By  
Gal Friday

Hello, hello! What a difference a month makes! And who put Easter at the end of March? It sure flew

past, didn't it?

So here we are with all those spring things coming up. You know, graduations, proms, babies, weddings... it's kind of a coming out time of year for everything. But trying to find just the right gift for these things can be tough. You want something that they'll like in fifty years, but that is unique. It just has to stand the test of time!!

That's what's so great about working at **CLIX photographs & savables**. We specialize in classic, one-of-a-kind albums, frames and collectibles. And guess what? The boss went on a shopping spree this winter and we've been keeping the UPS man busy with lots of cool new stuff. Let me get specific.

### Frames, frames, frames:

\*Hand painted scenes of European farms, birds and gardens. There are about a dozen designs and the prices are great.

\*New designs with our popular float

frames. You know the ones with hand made paper mats of flower petals or grass? Fresh and charming!

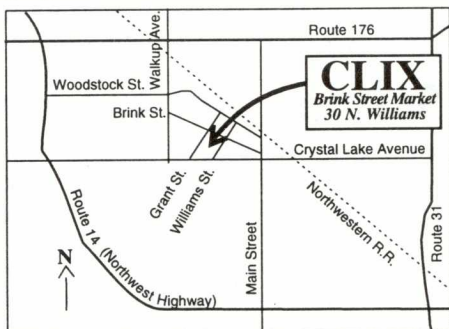
### Albums:

\*Linen covers with a variety of page choices... plain, scrap book, 4x6 or 3x5, covered or not and acid free, of course. It's a whole new line for us and we really like 'em.

### Savables:

\*I can say it all with one word... wire; curling, whimsical stands for flowers and candles, shelves, teapots, chairs, frames and CHICKENS (go figure). It's just too much fun for words.

Come see for yourself. **CLIX photographs & savables, inc.**



**CLIX is located in  
Downtown Crystal Lake.**

A place for  
everything . . .  
& everything  
in its  
place!

... a store for memories

**CLIX**

photographs & savables, inc.

30 N. Williams Street • Brink Street Market  
Downtown Crystal Lake • 815.455.1092

Photograph by Ann Nevills, CLIX photography

## Calling All Crafters

The Barrington Ice House Mall Village Shops and Restaurant will be hosting its 9th Annual Johnny Appleseed Craft Show on Saturday, October 4, 9:30am - 5:30pm and Sunday, October 5, 12:00 - 4:00pm, 1997. Any artist interested in participating in this juried Craft Show must submit an

application form and two photos that are representative of the crafts he/she will be exhibiting at this show. The entry fee is \$50.00 for a 4' deep x 10' wide space. Application deadline is July 1, 1997. Anyone interested in receiving an application should call (847) 381-6661.

## What's Hot at M.J. Miller & Company

This month at **M.J. Miller & Co.**, we're featuring the bold new look of Concord gents and ladies watches with their award winning Veneto line. Their new mosaic face has been incorporated into the entire series with all the classics, such as, Steeplechase, Saratoga, Les Palais, Imperial, Empress and others. With over 35 Concorde to see, a visit is well worth it.

In addition to Concord watches, our case is full with designers like Bell & Ross, Movado, Kreiger, Noblia, Kelek and ESQ. With summer around the corner, sporty diver's watches and chronographs are hitting the marketplace with a vengeance, and **M.J. Miller & Co.** has what you need!

If rare collectibles and upper echelon one of kind pieces are what you're after, **M.J. Miller** also has hard to find items like Vacheron Constantin, Gerard Perregaux, Chrono-Swiss, Breguet, Rolex and Jaeger-LeCoultre.

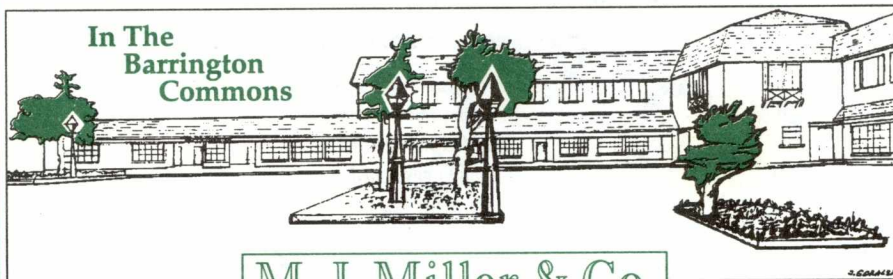
A visit to our showroom will afford you the experience of examining some of the most exquisite watches and jewelry the



world has to offer. To have a new **M.J. Miller & Company** catalog sent to you, or to arrange a private showing, call us at (847) 381-7900.

Explore the world of fine jewelry with **M.J. Miller & Co.** located in the Barrington Commons, Barrington.

*A timely thought...*



**M.J. Miller & Co.**

124 Barrington Commons Court  
Barrington, Illinois 60010  
847/381-7900

MTWF 9:30-6  
Thurs. 9:30-8  
Sat. 9:00-5

29 East Madison, Suite 1214  
Chicago, Illinois 60602  
312/781-0939  
By Appt. Only

ALONG WITH OTHER FINE SHOPS...

ESH Pharmacy • Satin Filly • Char Crews • Stahr Gallery • Grandpa's Ristorante • Syd Simons





Welcome to an  
"English Ship Captain's  
Study" in the charming  
and historic Barrington  
Ice House Mall.

Select fine nautical artifacts  
and English accessories for  
the home or office and fine  
unique gemstone jewelry  
for the ladies.

200 Applebee Street  
Barrington, Illinois 60010  
847-381-5767

*She  
& I*

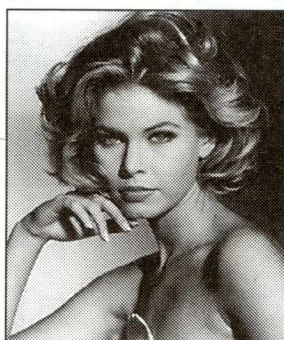
*Hair and Nail Salon*

**Bounce into Spring  
with a Sorbie Perm!**

Mon. - Sat.  
Wed. & Thurs. Evenings

The Ice House Mall

**381-5043**



Walk-Ins Welcome  
Gift Certificates Available

200 Applebee  
Barrington

## AT THE BARRINGTON ICE HOUSE MALL

### Save Yourself a Trip to Merry Olde England

Welcome to **Jan's of London** in the charming and historic Barrington Ice House Mall. We would like to invite you to an "English Ship Captain's Study" and perhaps save you a trip to "Merry England" to do your special shopping for that special someone. In the mahogany cabinetry, you'll find rare English brass navigation instruments, antique telescopes as well as royal Doulton mugs. For the corporate office or the serious collector, **Jan's of London** offers investment turn of the century museum class builder's ship models and for those shoppers who have just a smitten of the lure of the sea, the

shop has affordable ship's bells, lamps, clocks and barometers as well as other accessories from the world over. If you have ever watched some of the old English movies, you may have noticed many of the items in the background scenes are featured in **Jan's of London**. Oh yes, let's not forget the ladies in your life. Unique one-of-a-kind gemstone jewelry is another feature of the shop. So save that trip to England and head for **Jan's of London** in the historic Barrington Ice House Mall at 200 Applebee Street for your unique shopping. The telephone number to get you started is (847) 381-5767.

### Sorbie... for the Perfect Perm

Are you searching for the perfect perm, one that gives you the freedom to create any shape and texture you can imagine? Why not try the new Sorbie Perm which will give you crisp, even curls which are smooth and shiny... easy to comb... and simple to style. During the month of April, the **She & "I" Hair and Nail Salon** is offering a complimentary hair cut and style with a Sorbie perm (with selected stylists). And... why not also try the Sorbie Shampoo, conditioners and other styling products to keep your perm and style looking its best!

Our professional staff is eager to help you with your hair and nail needs. **She &**



"I" is open six days a week and walk-ins are always welcome. For an appointment please call **381-5043**. The **She & "I" Hair and Nail Salon** is located in the Barrington Ice House Mall, 200 Applebee Street in downtown Barrington.

### Plan a Special Brunch for Your Group

Have a bunch for brunch at **Chessie's Restaurant** at the Barrington Ice House Village Shops. Relax and enjoy a leisurely brunch with friends and family. You'll discover an abundance of freshly prepared, delicious menu choices in a friendly, informal atmosphere with a vintage railroad theme.

Among **Chessie's** ever-popular brunch specialties are: Eggs, Chicken and Crab Benedict; Chicken Crepes Divan; Pancakes and Waffles; Steak and Eggs Benedict; Heavenly Hash; Quiche and Omelettes; Blueberry Muffins and much more!

Learn the latest spring fashions at **Chessie's Restaurant** by having lun-



Once a 1915 train station, it now lives on as the dining room and bar of **Chessie's Restaurant**. Adjoining the old station is a 1927 vintage Illinois Central railroad car and a skylit atrium that overlooks the lovely shops of the Barrington Ice House.

cheon there Wednesday and Friday. Beautiful clothing from the chic and trendy stores within the mall are presented between noon and 1:30 p.m. Call (847) **382-5020** for reservations for five or more only.

### "Spring Fling" for Seniors

The Barrington Junior Women's Club is sponsoring "Spring Fling" for seniors on May 6 at the Barrington Park District. Join

us for a fabulous day of food and entertainment. Make reservations by calling the BACOA office at 381-5030 by April 25.

**Chessie's**  
RESTAURANT

### Have a Bunch for Brunch!

Relax and enjoy a leisurely brunch with friends and family. You'll discover an abundance of freshly prepared, delicious menu choices in a friendly, informal atmosphere with a vintage railroad theme.

Among our ever-popular brunch specialties are:

Eggs, Chicken and Crab Benedict  
Chicken Crepes Divan  
Pancakes and Waffles  
Steak and Eggs Benedict  
Heavenly Hash  
Quiche and Omelettes  
Blueberry Muffins

*And much more!*

**847-382-5020**

Reservations for five or more only.

200 Applebee Street, Barrington, Illinois (At the Barrington Ice House Village Shops)

Join us for  
**Sunday Brunch**  
weekly from  
10:30 til 3:00



Plan a  
Special Brunch  
for Your Group !



# AT THE BARRINGTON ICE HOUSE MALL

## Annual Spring Fling at the Ice House

The Annual Spring Fling at the **Barrington Ice House Mall** returns this year with the theme of **COLOR AND DESIGN FOR '97**. Friday through Sunday, April 11-13, you can learn about new wardrobing trends, ideas for sprucing up your home including fabrics, artwork, accessories, flooring, window treatments and landscaping, color analysis and make-overs and tastings of the hottest new sauces. We invite you to attend any one or all of the many demonstrations and seminars which will be held at the **Barrington Ice House Village Shops and Restaurant**. There is no charge for any of the programs, with the exception of personal drapings and make-overs

where a nominal fee will be charged. Please refer to the detailed schedule of events found elsewhere in this publication.

Spring and summer merchandise is arriving daily at our eighteen wonderful specialty shops. Whether it be clothes for yourself, or a gift for a friend, graduate or bride, the **Ice House** should always be your first stop for shopping. Our stores pride themselves in giving you personal service in a relaxed atmosphere.

The **Barrington Ice House Mall** is located at 200 Applebee Street in downtown Barrington, next to the Jewel/Osco. For further information, please call (847) 381-6661.

## A Message from Sundance

You could plan a trip to the city to the Athenaeum Museum of Architecture and Design that is spot lighting Chicago's new fashion designers. You could look and not buy. Or you could venture into **Sundance** and view collections from many of these artists and special order a creation.

Bring your friends and join us for a celebration of spring. Friday, April 11, meet designer L.K. Castle with her designs, "In the Moment." These creations can be casual to dressy and will fit size 8 through 24. Also meet our image consultant who will be present 11 a.m.-3 p.m. also.

Saturday, April 12, meet designer Evangelia. Her beautiful jackets and coordinates are something very special.

Saturday and Sunday, April 12 and 13, also meet with our image consultant, Jody Deddo.



You can't miss with **Sundance** and our excellent staff to make shopping a pleasure.

Nanci

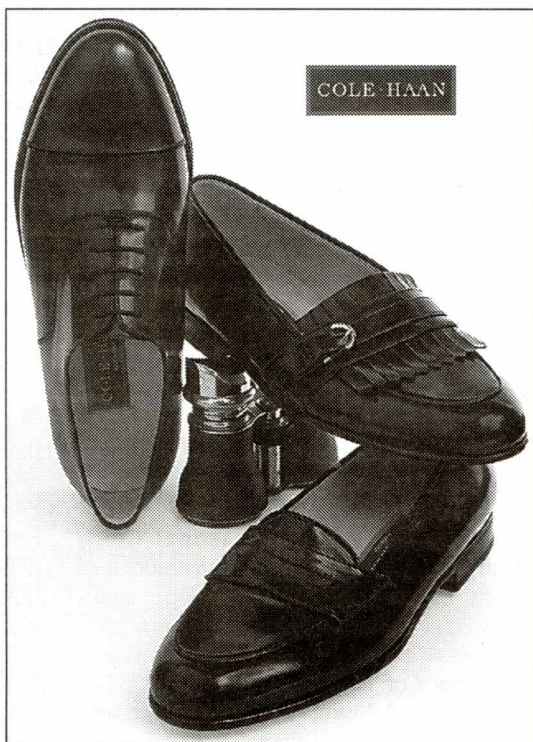
**Sundance Apparel**

**P**eter Daniel of Barrington has always been known for the best selection of fine quality Italian, and American brand name suits. But, did you know we also have the best selection of better men's furnishings?

When you shop at **Peter Daniel of Barrington**, you'll discover that our dress shirt and silk tie collections from Polo, Robert Talbott and Ferrell Reed are among the finest in the area.

You'll find outstanding choices of quality leather belts in braided or buffed finishes, and a wide variety of Cole Haan shoes for dress and casual. Plus don't forget our newest addition of Tumi Luggage and accessories.

Right now take advantage of our spring wardrobe event for men already in progress. It's one rite of spring you won't want to miss. But hurry, these special price reductions end on April 15! **Peter Daniel of Barrington** is located on the upper level of the Ice House. Open seven days a week for your shopping convenience.

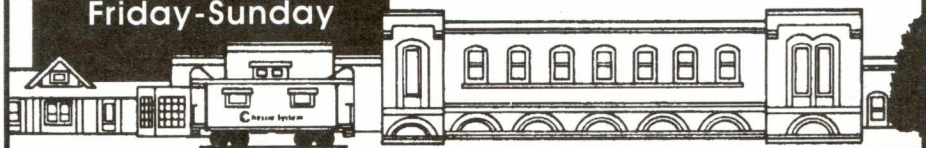


**COLOR AND  
DESIGN FOR '97**  
DEMONSTRATIONS  
SEMINARS  
TRUNK SHOWS  
TASTINGS  
and MORE  
April 11-13  
Friday-Sunday

Enclosed Mall • 18 Unique Specialty Shops  
Friendly & Personalized Service • Relaxed Atmosphere  
Convenient Downtown Location • Plenty of Parking

**Barrington  
ICE HOUSE MALL**  
village shops & restaurant  
200 Applebee Street • 847-381-6661

Rt. 59 (Hough St.) and Lake Cook Rd. (Main St.) Intersection, turn west on Main for one block, then turn north on Applebee, next to the Jewel.



Hours: Sun. 12-4, Mon.-Sat. 9:30-5:30, Thurs. 9:30-8:30

In recognition of the Barrington Arts Council's  
Wearable Fiber Art exhibition,

**SUNDANCE APPAREL IS OFFERING**

**20% OFF**

**ALL WEARABLE ART**

... PAINT YOURSELF BEAUTIFUL!



- Hand-painted Jackets & Coats
- Hand-painted Vests
- Hand-painted Dresses
- Silk-Screened Tops
- Crystal & Lynn Murray Jackets



Offer expires 4/20/97.

**Barrington  
ICE HOUSE**

village shops & restaurant  
200 Applebee Street • Barrington  
847/381-0090

Mon, Tues, Wed, Fri & Sat 9:30-5:30  
Th 9:30-8:30; Sun Noon-4

**We've Relaxed  
Our Prices**  
for this spring wardrobe event!

### Suits

- \$100 off any suit
- \$125 off each additional

### Sport Coats

- \$50 off any sport coat
- \$75 off each additional

### Dress Slacks

- \$20 off any dress pant
- \$25 off each additional

### Shirt & Tie

- \$20 off any shirt & tie combination
- \$25 off each additional combination

### Sportswear

- \$20 off any top & bottom combination or sweater/shirt combination

### Shoes

- \$25 off any pair

Not valid with any other offer. Valid only on regular priced items.  
Sale ends 4/15/97.

Register  
to win a  
FREE blazer

100% wool  
\$295 value

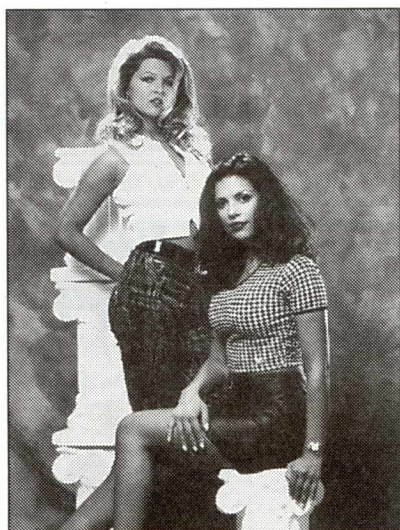
**peter daniel**  
barrington  
apparel for men and women

Barrington Ice House, next to Jewel • 847.382.6676 • Open 7 days a week.





## Ooo LaLa Hair Studio of Crystal Lake



Hair Shaping, Colour, Perm  
Nail Enhancement  
Manicure & Pedicure  
Facial & Body Wrap  
Aromatherapy Massage  
Full Body Waxing  
Makeup

Ooo LaLa Hair Studio of Crystal Lake is a Full Service Salon  
Specializing in All Aspects of Hair, Nails and Skin Care

**815-455-7600**

Located on Hwy 14 in the Crystal Lake Plaza

## Art Associates to See Works of Albright and Mackintosh

Ivan Albright and Charles Rennie Mackintosh are featured in current exhibits at the Art Institute of Chicago. The Barrington Community Associates of the Art Institute is sponsoring a bus trip to the Art Institute to hear morning and afternoon lectures on these fascinating artists on Wednesday, April 16.

Albright is famous for painting the horrifying portrait featured in the MGM movie *The Picture of Dorian Gray*. Albright served as a medical illustrator during World War I documenting war wounds and later graduated from the



The artist painting  
*Portrait of Mary Block, 1957.*

School of the Art Institute in 1923. Albright made art ceaselessly from the 1920's until only days before his death in 1983.

Charles Rennie Mackintosh is a Scottish designer-architect who died in 1928 amid obscurity. His designs are currently very popular and a piece of his furniture might now command more than \$1 million. Mackintosh was considered a leader of Art Nouveau in England and is associated with the Arts and Crafts Movement. His designs are elegantly simple, characterized by a strong linear, geometrical and vertical look.

Busses will leave Langendorf Park parking lot at 9:15 a.m. and depart from Chicago at 2:30 p.m. Fees for the trip are \$17 for members, and \$22 for nonmembers, as space permits.

Reservations are due April 2. Please phone Norma Carey at (847) 381-2041.



Ivan Albright,  
*Portrait of Mary Block, 1957.*

8 Barrington LIFESTYLES April 1997

## Ooo LaLa Hair Studio of Crystal Lake— Style with Colour

Fashion trends and fads come and go... but style is a personal expression that has no season. It is expressed in the way you wear your hair, the makeup choices you select, the total look you present to your public. We prefer to be style-masters, not fad followers in the beauty services we offer. All of our services are designed to help you create your very own personal style. Colour adds individuality and strength to any haircut by creating texture, shine and definition. Today's diverse colouring techniques (block fusion, shadow, graduation, highlighting, and fo-

cal colouring) are suitable for men and women and are achieved with a range of products. At **Ooo LaLa Hair Studio**, our experienced technicians are trained on two professional colour lines and our private label makeup line to help you achieve or enhance your total look.

**Ooo LaLa Hair Studio of Crystal Lake** is opened Tuesday through Thursday from 9 A.M. to 9 P.M. and Friday and Saturday from 9 A.M. to 5 P.M. For your convenience, Visa and MasterCard are accepted. Call **815-455-7600** to make your appointment.

## Spring Fling at the Barrington Ice House

"Color and Design for '97"

Friday through Sunday, April 11-13

The Barrington Ice House is pleased to announce that our Annual Spring Event is titled "Color and Design for '97" and is full of activities over the three day weekend. Reservations are not necessary. You may come for all or any one of the programs. All programs are free unless otherwise noted. Listed is our schedule of events:

### Friday

11:30am - 1:30pm; informal modeling throughout the Mall and Chessie's Restaurant; sponsored by Peter Daniel Apparel for Men & Women and Sundance Apparel, Ltd.

11:00am - 3:00pm; "Wardrobing Seminar;" Image Consultant, Jody Deddo, of Infinite Enhancements, will evaluate your image, coloring, figure and wardrobe needs; sponsored by Sundance Apparel, Ltd.

11:30am - 12:00noon; "How to Enhance your Home with Colorful Art Glass;" Sandy Keller, owner of Chesterfield Gallery.

12:00noon - 12:30pm, "Enhancing What you Have Using Color, Fabrics, Accessories and More;" presented by Jeani Allaway of JMA Interiors; sponsored by Peter Daniel Apparel for Men & Women.

1:00pm - 2:00pm; "Different Ways of Making a Flower Bed Work For You" including colors, types of flowers, design and installation; Doering Landscape Contractors.

2:00pm - 2:30pm; "Jazz up Your Basic Wardrobe;" presented by Nanci Horton, owner of Sundance Apparel, Ltd.

2:30pm - 3:30pm; "European Lace Treatments for Windows and Table Tops;" Heritage Lace; sponsored by European Gift Express.

### Presentations also in Ice House Shops

11:00am - 3:00pm; "Designs for Comfort;" L.J. Castle, Chicago Clothing Designer; Sundance Apparel, Ltd.

Cugino's New Pasta Sauce Tastings; Gourmet Faire.

### Saturday

11:00am - 12:30pm; "Seasonal Color Analysis & Makeovers;" demonstrations of color drapings and makeovers; personalized color drapings and makeovers for a nominal fee; presented by Sharon Wojtowicz of The Crowning Touch.

1:00pm - 2:00pm; "How to Design and Read a Landscape Plan;" presented by Eileen SanFilippo, SanFilippo Landscape.

2:00pm - 2:30pm; "Enhancing What you

Have Using Color, Fabrics, Accessories and More;" presented by Jeani Allaway of JMA Interiors; sponsored by Peter Daniel Apparel for Men & Women.

3:00pm - 4:00pm; "The Newest Trend in Floor Covering;" come to see why laminate flooring has the look of hardwood and why pattern and color options are one of the many advantages; demonstrated by Patrick Ricchiuto, Northern Floor Coverings, Inc.; sponsored by Blessings, Gifts from the Heart, Inc.

### Presentations also in Ice House Shops

12:00noon - 3:00pm; meet Jack Kelly, Tumi Luggage Representative, who will assist you in selecting the latest styles of luggage and offering you great packing tips for your next trip; Peter Daniel Apparel for Men & Women, Upper Level.

12:00noon - 3:00pm; meet Janice Pohl representing Heise Sterling Jewelry, Dixie Coyle antique button pins and CRS Designs, crystal jewelry; Peter Daniel Apparel for Men & Women, Upper Level

1:00pm - 4:00pm; meet Designer Evangelia, well-known Chicago designer; Sundance Apparel Ltd.

Spike O'Dells Mustard, Salsa & BBQ Sauce Tastings; Gourmet Faire.

### Sunday

12:00noon - 4:00pm; "Personalized Color Drapings & Makeovers;" nominal fee; Sharon Wojtowicz of The Crowning Touch.

2:00pm - 2:30pm; "Wall design with Thomas Kinkade pictures;" presented by Sue Bennedetti, known expert from Lightpost Publishing; sponsored by European Gift Express.

### Presentations also in Ice House Shops

1:30pm - 2:00pm; Wardrobing Seminar by Jody Deddo, Image Consultant; Sundance Apparel, Ltd.

Moose Lodge Hors d'Oeuvre/Strawberry Jalapeno Sauce Tasting; Gourmet Faire.

Presentations will be held in Center Court or across from Village Cobbler Shoes unless otherwise mentioned.

The Ice House is an historic community mall which has 18 unique and diverse boutique shops, the She & "I" Hair and Nail Salon and the award-winning Chessie's Restaurant. The Ice House Mall is located at 200 Applebee Street, in downtown Barrington, next to the Jewel, where there is plenty of parking. For more information please call (847) 381-6661.



## A'L'Amour—for a Woman's Most Memorable Events

Don't forget about all of the special treasures waiting to be discovered inside **A'L'Amour**.

Eighth grade graduation dresses, with their own unique styles, have newly arrived to help dress your daughter for a new beginning into high school.

Once in high school, your daughter has yet another event to mark with an unmistakably special and unforgettable look—her prom dress. From New York, San Francisco and L.A.—the looks for 1997 are sophisticated, soft, feminine and fun. **A'L'Amour's** unique dress registry guarantees a dress for this occasion that no one else from her prom will be able to purchase from **A'L'Amour**.

As much as she looks forward to each special event, you look forward to them also. So as she plans her most important day, her wedding, you can look for your own special gown to wear. Catering directly to this special event in your own life, **A'L'Amour** presents a Mothers of the Wedding Fashion complete with bridesmaid fashions for the bridal party—Sunday, April 6. Call for reservations and let **A'L'Amour** help to dress your dreams.



## For the Prom & Wedding Season

Just in time for the Spring Prom and Wedding season, **Crown Limousine, Inc.** announces a new addition to its fleet: a new white 10-passenger Lincoln limousine. As a full service transportation company, we even have coach busses and specialty vehicles available.

**Crown Limousine** has three areas of expertise, according to co-owner Mike DePaep. First are those *Special Occasions*: proms, charters for birthdays, anniversaries, sporting events, riverboats, bringing home a newborn from the hospital, or any time you don't want to drive, but would like to travel in luxury and style.

*Comprehensive Wedding Packages* are another Crown Limousine specialty. Co-owner, Nancy Ruslander Haas will take as much time as necessary to consult with a bride on her wedding plans. We discuss the wedding day itinerary, including the various pick-up times and destinations, making sure there's enough time allotted for the bridal party to do everything they wish. Our packages include complimentary decorations and beverages. We also ask if a car is needed after the reception. More than simply a car and driver, we want to help in any way possible, including running errands and driving other guests. We'll even spread out the bride's train before she walks down the aisle.

We take reservations to and from the airports for out-of-town family and friends, have cars available for bachelor/ette parties, or for the rehearsal dinner.

Finally, **Crown Limousine** does *Airport Transportation*. Our price quotes are all-inclusive, except for driver gratuity. We don't add on the airport transportation tax, tolls, or credit card processing. We include complimentary beverages for these trips also. Most importantly, Crown Limousine is a *Private Car Service*, unlike many suburban companies. This means that regardless of the size of your party, the car is yours exclusively. We don't have you share the car with others to or from the airport. When you call from the airport to be picked up, you wait about 5-10 minutes, rather than 20 minutes or longer. This means there's a slight price premium for 1 or 2 people compared to other companies; however, we feel that service is our only product, so it should be the best possible. Attention to our individual customers is how we accomplish this.

**Crown Limousine, Inc.** is located in McHenry County, and serves the 6-county metropolitan area, Chicago, and the Lake Geneva, WI area. For general information, please call **815-356-7276**; for reservations, call **800-646-0676**. Our phones are answered live, 24 hrs.

## Embellish Ready-Made Clothing at LINDA Z's!

Do you have an interest in doing crewel embroidery on a computerized sewing machine? OR... do you own a plain white blouse or a sweater that needs a little pizzazz? Marge Knoll, Pfaff national educator, will present "Inspired Computer Stitching" Monday, April 7 at 1-3pm or 6-8pm and "Embellished Ready to Go" on Tuesday, April 8 at 10am-12noon or 1-3pm at **Linda Z's** in Arlington Heights. You'll learn to do entredeux designs, automatic blanket stitch applique, adorable cloth paper dolls with their own colorful wardrobe and more in Monday's class. You'll learn to monogram cuffs, embellish silk scarves and ties, decorate sweaters, linens, etc. in Tuesday's class. Call **847-394-4590**



**TODAY** for further information.

**Linda Z's** is known for their vast display of European machines, largest selection of specialty threads, on-site service and re-

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Don't go "Just Anywhere"  
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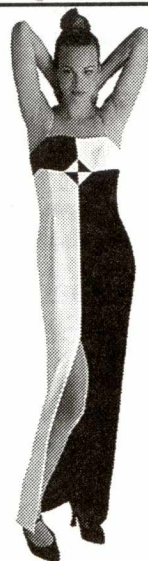
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for the Spring Prom & Wedding Season

**Special Occasions**

proms, birthdays, anniversaries, sporting events

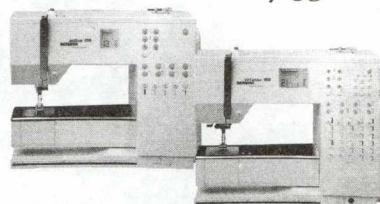
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April 7 & 8, Marge Knoll teaches "Inspired Computer Stitching" or "Embellished Ready to Go." Call to register.

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## Music Scholarship Competition

The Barrington Area Arts Council (BAAC) announces the 4th Music Scholarship Competition for piano, winds and strings which will take place on Saturday, May 31, 1997. This competition is held to support and to encourage the continued education of talented young musicians by presenting five monetary awards.

The competition is open to students, ages 14-21 who are residents of Bar-

ington, Barrington Hills, North Barrington, South Barrington, Lake Barrington, Tower Lakes, Deer Park and all of School District 220. Also eligible are residents of McHenry County, Inverness, Kildeer, Lake Zurich and Long Grove.

Applications are available at the BAAC Gallery, 207 Park Ave. Barrington. Application are due on April 30. For more information call 847-382-5626.

pair, and high level of educational staff for training and education of products. In addition, those who purchase their machines at **Linda Z's** may join one of the many sewing and/or machine embroidery clubs

which meet monthly September through May. Members enjoy a discount on all of their sewing purchases. Stop by soon to discover a whole new world of sewing enjoyment.

Barrington LIFESTYLES April 1997 9



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## Four Seasons Meetings

The Four Seasons Garden Club will meet on April 1, 1997 at 9:30 a.m. at the Barrington Area Library. Carl Schultz from Horticultural Consultants will speak on "Who Made This Big Mess?"

On May 6, 1007 the club will meet at 9:30 a.m. at a member's home. Joyce Allen will speak on "The Prairie and All That is Around Us."

Call Jan Kitz at (847) 381-2841.

## One of Chicago's Greatest Painters

The work of Ivan Albright (1897-1983), a singular figure in American art and one of Chicago's most original painters, is now being shown in its most complete exhibition to date at The Art Institute of Chicago. Ivan Albright explores the full range and wondrous vision of this 20th-century American original with more than 120 paintings, sculptures, and works on paper. The retrospective opened on February 20, in celebration of the 100th anniversary of Albright's birth, and runs through May 11, 1997.

The works of Ivan Albright are hidden treasures in the history of 20th-century art. Visitors to the Art Institute can often be found crowding around his paintings, spellbound by his unusual still lifes, character studies, and self-portraits. These haunting compositions draw the viewer in, leading to fascinating discoveries of intricate detail, opulent color, and multiple vantage points. Although the friendly, elfin Albright was far from morbid himself, his artistic vision was highly idiosyncratic. He was fascinated by the passage of time and transience of matter, particularly the creative force of decomposition: "It matters little whether I paint a squash, a striped herring, or a man. The space, the light, the motion, the position have one thing in common—decay," he said.

Ivan Albright was born into a creative family in North Harvey, Illinois, on the southern edge of Chicago. His father was a popular painter, his mother a university graduate (in 1888), and his identical twin brother Malvin was also a sculptor and painter. Over the years, the Albright family had homes and studios in several towns around Chicago, including Hubbard Woods (now Winnetka) and Warrenville.

Albright served in World War I as a medical draftsman, documenting war wounds and operations for the army at a hospital in France. This experience has often been cited as having given birth to his macabre vision. Albright denied this, but did state at one time that studying



Ivan Albright, American; *There Were No Flowers Tonight (Midnight)*, 1929; Oil on canvas; 48-1/2 x 30-3/8 in; 123.2 x 77.2 cm; National Gallery of Art, Washington, Gift of Robert H. and Clarice Smith, 1972.7.1

X-rays during his enlistment "was the best art training" he ever had. He enrolled in the School of The Art Institute of Chicago in 1920, graduating in 1923 with an Honorable Mention in portrait and life painting. After graduation, Ivan and Malvin spent time in Philadelphia and New York, attending art classes and sharing studios before returning to their father's Warrenville studio in 1926.

Albright's paintings soon appeared in major museum exhibitions, winning prizes. By 1933, he had already shown his paintings at the Art Institute, the Carnegie Museum (Pittsburgh), the Corcoran Gallery (Washington, D.C.), the Museum of Modern Art (New York), and the Pennsylvania

## Shari's Furs—Protect Your Investment

It's hard to believe that this past winter was even colder than last season which was the coldest in 25 years. We at **Shari's** would strongly urge our customers to clean and store your coats early this year. Our cold vault storage and expert cleaning/conditioning will not only keep your fur looking its best, but will help give it extended wearing life.

We at **Shari's** feel spring storage gives us the perfect opportunity and time to make the small repairs and major remodels so your fur will be ready for next year's inevitable blast of winter.

Spring is a good time to choose a new fur for next season. **Shari's** offers the finest selection of new and used furs. Our resale racks offer an option to our patrons of selling their old fur and possibly reinvesting in a new one, and at the same time, making affordable furs available to others.

At **Shari's**, when you purchase a new fur garment, **all alterations, mono-**



**gramming, and first-year storage are included.** There are no hidden charges. This is a wonderful time to think layaway for the following winter at today's prices.

Shari says: "Bring in your coat soon. Both you and your garment will be glad you did."



Academy of the Fine Arts (Philadelphia).

By the late 1920s, Albright was painting his studies of half-length figures that fill almost the entire canvas and present the features of the sitter greatly magnified. The artist enlarged every facial wrinkle, birthmark, and stray hair, and captured every blemish and bulge of exposed skin. *Fleeting Time Thou Hast Left Me Old*, 1928-29 (The Metropolitan Museum of Art, New York) and *Flesh (Smaller than Tears are the Little Blue Flowers)*, 1928 (The Art Institute of Chicago) mercilessly describe their sitters' corrugated flesh, commenting uncompromisingly on the human condition.

Through long, poetic titles, he added interpretation to his art. In his meticulous attention to detail—often seen as grotesque but always infused with an underlying moral dimension—Albright was following the spirit of his favorite artists, Durer and Rembrandt. These concerns are masterfully rendered in two paintings in the permanent collection of the Art Institute: *Into the World There Came a Soul Called Ida*, 1928-30, and *That Which I Should Have Done I Did Not Do (The Door)*, 1931-41. The latter required a studio set-up of scavenged props that took weeks to assemble and took Albright a decade to complete. He planned the composition in several notebooks and drew diagrams plotting the lines of vision and placement of objects. His technique was painstaking: sometimes he used a brush with only three hairs, and covered a square inch of canvas in a day. *The Door* established his technical mastery, while exposing death's corruption unfailingly.

In Albright's still-life compositions, he explores the expression of movement through space with reversals and combinations of perspective. Comments in his notebooks even reveal that, despite the artist's supposed realism, there is no single correct way to hang some of his paintings. *Wherefore Now Ariseth the Illusion of a Third Dimension*, 1931 (The Art Institute of



Ivan Albright, American; *Self-Portrait*, 1935; Oil on canvas; 30-3/8 x 19-7/8 in; 77 x 50.6 cm; The Art Institute of Chicago; Mary and Earle Ludgin Collection, 1981.257

Chicago) and *Still Life with Potatoes in Motion*, 1978-80 (Private Collection), as with many of his still lifes, may be turned in any direction and still offer visual bearing. The artist's supreme example of multiple perspective is achieved in a painting that took Albright 21 years to complete, and which bears one of the longest titles in art history: *Poor Room—There is No Time, No End, No Today, No Yesterday, No Tomorrow, Only Forever, and Forever and Forever Without End (The Window)*, 1942-63 (The Art Institute of Chicago).

Albright achieved probably his greatest celebrity when he was commissioned to paint a portrait of the protagonist for the 1945 MGM film *The Picture of Dorian Gray*. The dramatic revelation of Albright's gruesome depiction of Oscar Wilde's antihero is a climactic high point of the film.



## Gift Baskets Bursting with Spring Delights!

Need to send a gift basket for Secretaries Day, a new baby or a birthday? **The Canterbury Shoppe** is filled with scrumptious gourmet treats and beautiful gifts to custom make a basket for any personal celebration! Some of our spring selections include, "A Slice of Paradise," a bright mini catchall tote filled with fiery sweet peach salsa, chili fruit chili, down home blackeyed pate, vidalia onion crackers and tangy white chocolate dipped cookies, or a "Latte-Da," a basket filled with gourmet white chocolate espresso cake, mocha delights, cappuccino, munchies and classy writing pads for personal use. Our baby baskets are filled with high quality crib toys, sentimental books, monogrammed blankets and treats and toys for the rest of the family! What makes our gift baskets so special? Located in downtown Historic Barrington, **The Canterbury Shoppe** is a full service retail store that specializes in

high quality unique gifts, home accessories and gourmet treats. Changing with the seasons, the artistic overwrap of our baskets, and the customized calligraphy message makes them a one-of-a-kind presentation. In person, or by phone, the staff at **The Canterbury Shoppe** will be delighted to help you with your order. **The Canterbury Shoppe** can ship UPS anywhere and offers delivery service to Chicago and all suburbs. Major Credit cards and corporate accounts are welcomed. REMEMBER, SECRETARIES DAY IS APRIL 23, RESERVE YOUR GIFT BASKETS EARLY!

**The Canterbury Shoppe** is open Tuesday - Friday 10:00 am - 5:30pm, and Saturday and Sunday 10:00am - 4:00pm. We are located at 117 East Station Street in downtown Barrington (one block south of Main and Route 59, near Starbucks Coffee). Stop by or give us a call at (847) 304-9627. *Happy Spring!*

## The Vera Bradley Spring Collection '97

Welcome to the Vera Bradley Spring Collection for 1997—a wonderful blend of fresh colors and fashionable, well designed products.

Offered is a wonderful array of mix and match possibilities. The crisp blue and primrose yellow play a perfect counterpoint of color and design.

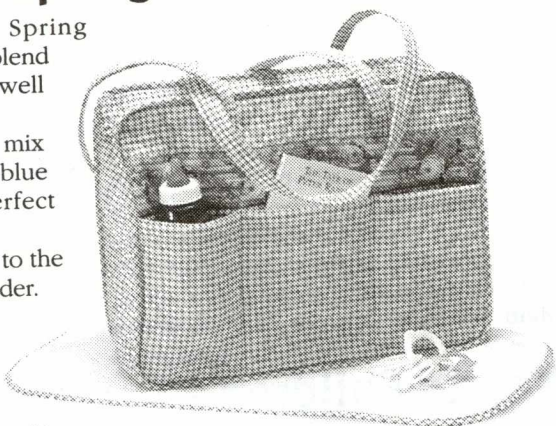
Lilactime is a romantic response to the many requests for a touch of lavender. The beautiful trellis border accents a crisp green and white floral.

Indigo, a marvelous blend of sophisticated twilight blues, is sure to be a classic. An adaptable look that coordinates with a host of other colors.

Our Baby Bag offers the ultimate convenience in a truly good looking accessory for "Moms on the Go." Handy pockets accommodate all of the infant's necessities. Changing Pad—soft terry on one side and water resistant fabric on the other—accompanies the Baby Bag.

The Carrie offers the comfort and ease of an over-the-shoulder bag and the security of two zipper pockets. Fashionably jaunty, the Carrie is the quintessential sling.

Have fun with this exciting collection available at **Initial Impressions Plus** on Station Street in downtown Barrington.



## Handpainted... for Great Fun!

Ahhh, spring... and with the season, things are hoppin' at **Handpainted**. Shipments of your favorite lines of handpainted dinnerware and home accessories are arriving all the time. **Handpainted** will carry Tracy Porter, Casafina, Lotus, and many of your favorite lines of finished, handpainted dinnerware and home furnishings and accessories. Pieces are arriving from around the world!

Meanwhile, concerning unfinished dinnerware and accessories, classes are filling to learn all kinds of techniques for creating your own, personal dinnerware. You don't have to invest hundreds of dollars in supplies like brushes and paints and even a kiln. Just start with an unfinished piece and use our supplies to finish it for \$7 per hour. Typical pieces take about an hour to complete, so it's good for immediate gratification types, like us. Then let us glaze and fire your piece, so within a week, you'll have a fabulous, functional, special piece of dinnerware or accessory. They can



all go in the microwave and dishwasher too.

Groups and parties have been having a great time doing pieces together, but feel free to stop in any time to create a little something for yourself too! Whether you need to find a perfect piece or want to create your very own, you'll find it all at **Handpainted**! Call for class information. 760 W. Euclid, Palatine. Corner of Euclid and Quentin. Tuesday 10:30a.m. - 6:00p.m., Wednesday through Friday 10:30a.m. - 8:00p.m., and Saturday 10:30a.m. - 3:30p.m. Opening Sundays in April—12:00noon - 4:00p.m.! Parties lots of times, call us at 776-1933.

Send a

Secretaries Day is  
April 23rd  
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## "Slice of Paradise" Gift Basket

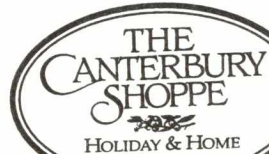
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## Ms. Fitz Rummage Sale Saturday, April 19

The 47th Annual Ms. Fitz Rummage Sale will be held Saturday, April 19, 1997, 9:00am - 12:00noon at Countryside Elementary School. The school is located at 205 W. Countyline Road, Barrington Hills. This sale has delighted thousands of shoppers and treasure hunters and benefits the children of Countryside School. If you would like to make a donation to this event, please call Janine Zinck at 382-9297.



Artwork by: Melissa Land,  
1990 Graduate of Countryside School

Barrington LIFESTYLES April 1997 11

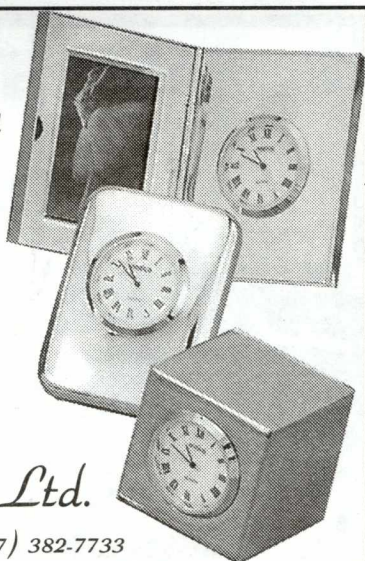


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Bridesmaids and Groomsman to  
complete your shopping.



## Cheryl's Victorian Closet Presents Vera Bradley Spring Collection

On Sunday, April 27, **Cheryl's Victorian Closet** will present a special Mother-Daughter event which will feature a special Vera Bradley Spring Collection Trunk Show. The Vera Bradley collection is a wonderful blend of fresh colors and fashionable, well designed fashions and accessories for women of all ages! Celebrate the season and make it a point to enjoy a special time with your mother... or daughter! This once-in-a-lifetime event will be held from 12 noon to 4 pm. So plan today! Take some time to visit the this exquisite turn of the century home which has been completely restored and now has beautiful fashions and accessories nestled within. **Cheryl's Victorian Closet** is located just off of Main Street in Cary at 22 High Road.



Simply take Northwest Highway east to Main Street. Cross over the tracks and drive two blocks to High Road and turn left.



### Cheryl's Victorian Closet

PRESENTS

### VERA BRADLEY Trunk Show

Sunday, April 27th  
12 noon to 4 pm

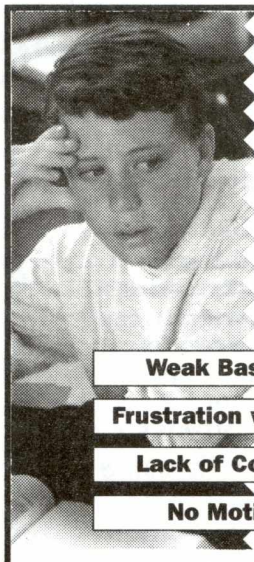
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### Why Do Smart Kids Struggle?

Your child may need help with weak  
study skills or poor reading or math skills. He  
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confidence, despite a good I.Q.

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Frustration with School

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No Motivation

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THE HUNTINGTON LEARNING CENTER®  
Your child can learn.

## Exclusive Screening of the New Omnimax Film "Super Speedway"

The Kinetic Council, the Museum's young  
professionals group, will host a special  
screening of the new Omnimax film "Super  
Speedway." The proceeds from the  
fund-raising event will benefit the  
Museum's Education Department.

The screening will take place at the  
Museum of Science and Industry, Henry  
Crown Space Center, Lake Shore Drive  
and 57th Street, Chicago on Thursday,  
April 17, 1997, 6:00 - 9:00 p.m.

"Super Speedway" is a new Omnimax

film slated to open to the public on May  
2, 1997. Featured in the film are renowned  
racers Mario and Michael Andretti and the  
Newman Hass racing team. The film takes  
viewers behind the scenes, as well as be-  
hind the wheel, into the art and science  
of IndyCar racing.

Cocktails and a light buffet will be offered.  
Tickets are \$10 for members and \$35 for  
non-Kinetic Council members.

For more information please call the  
Museum at (773) 947-6000.



## Key to Children's Success: Involved Parents

When parents and families get personally  
involved in education, their children do  
better in school and grow up to be more  
successful in life. This may sound like  
common sense, yet parental involvement  
is the most overlooked aspect of Ameri-  
can education today.

The fact is, many parents don't realize  
how important it is to get involved in their  
children's education. As one dad said  
when he began to read to his daughter  
every day and discovered that it improved  
her learning, "I never realized how much  
it would mean to her to hear me read."

Many parents would like to be involved,  
but have trouble finding the time. All par-  
ents and family members should try to find  
the time and make the extra effort to work  
with their children.

According to Dr. Raymond Huntington,  
founder and president of **Huntington  
Learning Centers**, "A child's attitude to-  
ward learning begins in the home. Re-  
search shows that when families get  
involved, their children get better grades  
and test scores, graduate from high school  
at higher rates, are more likely to go on  
to higher education, and are better be-  
haved and have more positive attitudes."

Family involvement is also one of the  
best investments a family can make. Stu-  
dents who graduate from high school earn,  
on average, \$200,000 more in their life-  
times than students who drop out. College  
graduates make almost \$1 million more!

Most important, ALL parents and fami-  
lies can enjoy these benefits. It doesn't  
matter how much money you have. It doesn't  
matter how much formal educa-  
tion you've had yourself or how well you  
did in school. Family involvement also  
works for children at all grade levels.

Family involvement in education can  
mean:

- Reading a bedtime story to your preschool child
- Checking homework every night
- Getting involved in the school's Parent-Teacher Organization
- Discussing your child's progress with teachers
- Voting in school board elections
- Helping your school to set challenging academic standards
- Limiting your child's TV viewing, especially on school nights
- Set a good example by reading for pleasure and limiting your own TV viewing
- Getting personally involved in governing your school
- Becoming an advocate for better education in your community and state
- Insisting on high standards of behavior for children

Or, family involvement can be as simple  
as asking your children, "How was school  
today?" But ask every day—this will send  
your children the clear message that their

(Please continue on page 46)



## Claude Thomas— Beauty and Perfection United

April showers bring spring frizzies. This month, come in for a Rusk hair straightening. This service allows the client to have a new, straight look and leaves hair with infinitely more shine. The unique conditioners create a new, smooth texture never before achieved with a chemical service.

The anitcurl provides the following functions:

- Controls frizzy hair
- Removes old unwanted perms
- Alters and controls the curl pattern of naturally curly hair

With this service receive **10% OFF**. First time clients only.

Embark on a journey to **Claude Thomas Hair Design** and experience our "Spa Pedicure" (A facial for your feet).

Now Spa Pedicure brings the smoothing, rejuvenating touch of the sea to your feet.

Marine Alpha hydroxy acid complex, hydrating sea extracts, mineral-rich seawood, beach sand, dead sea salts, aromatherapeutic oils, and soothing botanicals combine with the five-step spa pedicure technique to take pedicures to



the next level. Also with this service receive **10% OFF**. First time clients only.

We at **Claude Thomas** are so excited for spring and summer to be here that we would like to introduce our new South Seas nail lacquer collection. We will give you a membership card for any six nails services. When all six squares are filled, you'll receive a **FREE** bottle of OPI South Seas nail lacquer.

Now that spring is upon us, we are offering **10% OFF** on our bikini and leg waxing with Michelle, and enjoy the benefits of reduced softer hair re-growth. Facial waxing is also available.

Finally, remember that special someone with a gift certificate from **Claude Thomas**.

## Birthstone of the Month

During April **Mitchell's Jewelers** is having their **Birthstone of the Month Sale**, offering **20% OFF** all diamond jewelry and loose diamonds in the store.

Enjoy fantastic savings on a wide selection of beautiful jewelry including engagement rings, wedding rings, pendants, earrings and bracelets. Also, all of our loose diamonds will be included in this sale.

**Mitchell's Jewelers** was started in 1969 and has been at its present loca-

tion in downtown Arlington Heights since 1984. During this time we have become one of the largest jewelers in the area. We do much of our own manufacturing on premises and also do jewelry repair, stone setting and custom hand-wrought jewelry.

**Mitchell's Jewelers**, as always, will take the time to educate you in what to look for in quality merchandise. We stand on our 27 year reputation of serving the community with honesty, integrity and fair pricing.

Buying a diamond can be confusing with all the different grading systems out there. In fact, it is probably one of the most blind items you will ever buy. So, you need to know more than just the four C's: *Carat, Color, Clarity, and Cut*—you need to know what these words mean. I've always said that there is a fifth "C" and that is *Confidence*! If you don't have confidence in the jeweler, then the other four C's don't mean a thing. When you stop by **Mitchell's Jewelers** we take the time to show you under a microscope what to look for in a quality diamond.

So I would like to invite you to visit **Mitchell's Jewelers**, where old world craftsmanship and honesty are our only policy. A great time to visit would be during our **Birthstone of the Month Sale** and save on diamonds.

Douglas A. Mitchell, Co-Owner  
Recipient: GIA Diamond  
Grading Certificate



Photo by Joyce Mitchell,  
Mitchell Studios

## Selecting the Right HMO

The Barrington Area Council on Aging, Inc. will be holding a **FREE** program on Wednesday, April 9 from 1:30 p.m. to 3:00 p.m. at the Barrington Area Library. Light refreshments will be served.

Entitled "Selecting the Right HMO for

You," the program will highlight things you should know when selecting an HMO as well as a panel presentation by HMO providers from Humana, FHP, United for Seniors and NYLcare 65.

## The Complete Salon

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*Hair Design & More!*

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MONDAY 1-9  
TUES-FRI 9-9  
SAT 9-5

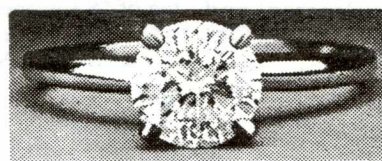
The Doorway



to Elegance

**Birthstone**  
OF • THE • MONTH

Know Your Diamonds Before You Buy!



When buying a diamond you need to know more than carat, cut, color and clarity. You need to understand what these words mean and what to look for in a good quality diamond. At **Mitchell's Jewelers** we will take the time to show you under a microscope the difference between poor, good and excellent quality.

◆ APRIL ◆

**Diamond**

*Diamonds are forever*

**20% OFF** the entire month

**Mitchell's Jewelers**

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Hours: M, T, W, & F 9:00-5:30 • Th 9:00-8:00 • Sat 9:00-5:00



# Happenings In The Area

## Local Garden Experts Share Their Ground Rules for Creating Beautiful Landscapes



**Barrington area residents Daria Sapp, Jeanette Muench and JoAnn Loebel join forces to present a step-by-step guide to landscape design.**

Whether you're a beginning gardener or engaged in the perpetual pleasure of fine-tuning your own landscape, you will want to attend the two-part program being offered from 7:30 to 9:30 p.m. on April 17 and April 24 at Langendorf Park in Barrington. Local garden experts will share their landscape design expertise from both a personal and practical perspective.

The first class, "Landscaping—New or Re-Do," will feature three, Barrington-area gardeners who are landscape design critics accredited by the National Council of State Garden Clubs, Inc. JoAnn Loebel, Jeanette Muench, and Daria Sapp share a passion for gardening and have acquired a knowledge of what plants thrive in this climate. Scheduled for April 17, the three will present a step-by-step guide to landscape design.

The second program in the series, "Shrubs, Ornamental Grasses and Groundcovers For Our Area," will be held on April 24 and will feature local experts Randy Illg and Laurie McGhee. Randy Illg, Associate Professor and Coordinator of Parks and Grounds at Harper College will

discuss shrubs including the new cultivars that have been genetically-developed to withstand the unique climate, soil, and topography conditions found in this area.

Laurie McGhee, from Midwest Groundcovers, will present material on the ornamental grasses and groundcovers best suited for various conditions. Foresight is needed in choosing groundcovers. Those forming clumps are well-behaved; others with large territorial ambitions... can mean big trouble. McGhee will offer practical advice to select the right ground cover to meet your specific needs.

Both programs are sponsored by the Council of Barrington Garden Clubs and the Barrington Park District and will be held at Langendorf Park, 235 Lions Drive in Barrington. The preregistration fee is \$10 for one class, \$17 for both. Barrington Park District residents enjoy a discounted fee of \$8 for one class and \$15 for the series. To register, contact the Barrington Park District at 381-0687. Registration at the door is \$10. Only those pre-registered can be guaranteed the materials which will be made available at each class.

## BCLO to Present "Stars of the Future"

Sponsored by the Barrington Chapter of Lyric Opera of Chicago, "Stars of the Future," will feature brilliant voices of the Lyric Opera Center for American Artists. The program will begin promptly at 8 p.m. on Friday, May 9 at Inverness Golf Club. Members \$20. Guests \$25. 847-202-1753.

Pictured is Georgia-born soprano Robin Blitch who is in her second year with the Opera Center. She has performed at the Grant Park Music Festival, Opera Memphis, Indianapolis Opera, and Lyric Opera Cleveland. Blitch studies at The Cleveland Institute of Music and the University of Georgia.



**Among the "Stars of Tomorrow" will be soprano Robin Blitch**

## D.B.E. Presents "Antiques On The Road"

Have you watched the Antiques Road Show on Public Broadcasting? Members of the public bring their antiques and memorabilia for inspection and appraisal by experts. It is fascinating and exciting to find that perhaps your grandmother's teapot is in fact worth thousands of dollars.

The Barrington Court chapter of the D.B.E. is delighted to announce "Antiques on the Road": a charity lunch and discussion by experts on interesting objects brought by the lunch guests. In addition, booths selling antiques and related items will provide interesting browsing before and after lunch. The function will be held at Watercress Banquets on Northwest Highway on Tuesday, 22 April from 11 a.m. to 2 p.m.

Proceeds from this event will be donated to D.B.E. supported charities including a hospice and a retirement community in Brookfield, Illinois.

Tickets at \$25 are available from Barbara Bond (847) 381-6117, Sarah Jayne Martin (847) 934-6267 or Maureen Yates (847) 381-3475. Lunch guests are invited, if they desire, to bring up to three items for appraisal at a cost of \$5 per item.



**Maureen Yates and Margaret Spigel invite you to the D.B.E. "Antiques on the Road" to be held April 22 from 11 am to 2 pm.**

Call any of the above for further details and reservations (i.e. tickets or booths).

## "It's a Hawthorn Woods Celebration" Fashion Show



The Hawthorn Woods Womens' Club is presenting a Spring luncheon and fashion show on Saturday, April 12, beginning at 11:00 am. Kemper Lakes Clubhouse, on Old McHenry Road between Rt. 22 and Quentin Road, will be the setting for this Spring extravaganza.

The theme of this year's show, "It's a Hawthorn Woods Celebration," celebrates the women of Hawthorn Woods for all they do for the community. This extremely active club hosts social activities for residents and guests year-round and also supports numerous local charities in sur-

rounding communities through their fund-raising activities.

Women's club members, their spouses and children will be modeling attire from Sundance, Peter Daniel, Tommy-Terri Shop, Kemper Lakes Pro Shop and A'L'Amour. Fashions will include women's, men's, teen's and children's wear, ranging from casual sportswear to formal attire. Get a sneak peek at the newest lines of Spring fashions featuring your favorite shops!

Tickets are available, at \$40 per person, by calling Pam Gish at 438-0955 or Julie Migliagrese at 726-0534.





## The Elegant 'Outdoor Estate Wedding'

What wonderful memories your guests will have as they partake in "the most talked about and unforgettable wedding of the year!" From the elegant white tent glistening in the moonlight providing a lavish backdrop, to the warm glow of candlelight coming from within and the aroma of fresh flowers gracing every corner of the tent. Adding a touch of charm is the horse and carriage that brings the bridal couple up the hill to greet their guests. The elegant dinner presentation with spectacular ice sculptures and a custom designed wedding cake, together will create this unique dining experience. The exquisite sounds of a harp played during the cocktail hour followed by the exciting rhythms of the dance band that brought the guests to their feet all night long. These are the sights and



Renee 'Rica' Welsch

sounds of an outdoor estate wedding that can easily be yours and bring memories that will last a lifetime. Call for your personal consultation at 991-2100.

## Chers Amis...

Thank you for making our 10th annual "Couscous Buffet" a success last month; a record 214 people enjoyed this unique dish. April brings warmer temperatures and thoughts of vacation; so **D & J Bistro** will be doing its share to get you in the spirit of good times... Sunday, April 13 we will do a slide presentation of Paris, followed by a typical "Parisian Bistro" meal. We call it "Travel to Paris," and it comes in very useful if you plan on visiting Paris soon or simply wish to have a great time and a great meal—informative, entertaining,

casual. Friday, April 18, during the regular course of the evening, models will present the spring/summer fashions and creative hairdos by Entourage from Barrington.

And let's not forget the day that brings recognition to the secretaries, Wednesday April 23. I do not know of any better place to give a genuine thanks to your secretarial staff (forgive my lack of modesty...!).

Please call to get more information about the aforementioned events.

And... thank you for reading me.

Dominique

## Honor the Earth

Diana Hudgens-Beach is proud of her Cherokee ancestry. Her pride is reflected in her painting, drawing, and sculpture. Depending upon her subject, Diana paints in oil, acrylic, watercolor, and gouache. She is also well known for her drawings in graphite and colored pencil. Her husband, George Beach is a native of Oklahoma. His brilliantly created driftwood carvings have gained him artistic recognition as well as many prestigious awards.

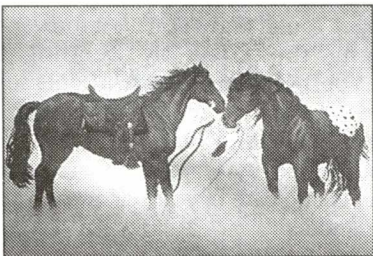
Diana and George create in separate studios, yet they travel to museums and galleries for joint shows. Quality work and reasonable prices characterize their art which has been collected by, among oth-



Driftwood Eagle by George Beach

ers, former President and Mrs. George Bush, and President and Mrs. Clinton.

This dynamic husband and wife team will venture from their home studio in Meers, Oklahoma for their second suburban Chicago show and sale. Their work will be seen at **Tribal Expressions** in Arlington Heights, Illinois, on April 18, 19 and 20, 1997. An artists reception will be held on Friday evening from 6 to 9 p.m., and they will remain in the gallery from noon to 5:00pm on Saturday and Sunday. Please join your hosts, Rob & Jeri Brooke, with a warm spring welcome for these all American artists. This event is free to the public.



"After the Battle" Two War Ponies by Diana Beach

## It's Cherry Blossom Time for Green Thumbs

The April meeting of The Green Thumbs Garden Club of Barrington will be held on Monday, April 21, 1997 at the Barrington Public Library at 12:30 p.m. New members are welcome, please call 526-1118.

Program—Cherry Blossom Time in

Washington, D.C. Charles and Anne Vesely, world travelers and award-winning nature photographers, will present a slide program which includes visits to the Capitol, historic Jamestown, Williamsburg, Yorktown and estates of presidents.

# Weddings by Rica

"We plan to create the most talked about  
and unforgettable weddings  
of the year"

Call for your personal  
consultation  
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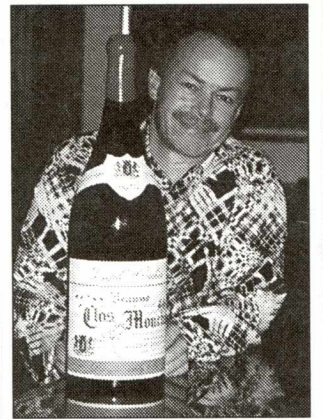
## D & J Bistro

*The original Chicagoland Bistro, Est. 1987*

Join Us Sunday, April 13, 5 PM

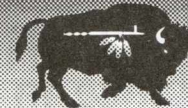
**"TRAVEL TO PARIS"**  
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**TRIBAL EXPRESSIONS®**

**Honor the Earth with**

**George Beach & Diana Hudgens-Beach**  
Chickasaw Sculptor Cherokee Painter

**Artists Reception**  
Friday, April 18th, 6 to 9 p.m.

**Open House**  
Saturday & Sunday, April 19th & 20th, 1997, 12:00 to 5:00 p.m.

: : **Alive with the Art & Spirit of Native America** : :  
7 S. Dunton, Arlington Heights  
(847) 590-5390

## Give Blood and Save Lives

The next Barrington Community BLOOD DRIVE will be held on Wednesday, April 16, 1997 from 3:15 - 8:30 P.M. at Middle School—Station Campus.

Only humans can save lives by giving blood: it cannot be manufactured in any other way. Come to the blood drive and give a gift from the heart. Give blood and give life!

New donors, as well as our regulars, are needed to keep our supply going. Barrington area residents are donating less blood than is needed by our local hospitals. We did better in our January

drive than we did January, 1996. Let's increase our giving in April. Community members are encouraged to participate in this most vital life giving cause—both as donors and volunteer workers. If you would like to participate in some way, please contact Suzanne Hanifl at 381-6257.

Giving blood is safe and it saves lives. Any individual between the ages of 17 and 80, weighing 110 pounds or more, and in good health is able to donate. *Walk-ins are welcome.* Call 847-803-7848 for an appointment or more information.







SPRING INTO NEW FASHIONS AT **Trinkets**

**SAVE 20%\***  
ON WEARABLE ART!

COME IN, JUST SAY... "AL SENT ME"

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PURCHASE THE SECOND GARMENT OF EQUAL OR  
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Bring this Ad OR SAY "Al Sent Me"  
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Between Egg Harbor Cafe & Iveta's

Hours: Tuesday thru Saturday from 10 till 5 pm  
Thursday 10 till 7 pm; Sunday 10 till 2:30 pm

Closed Mondays

## A World of Fine ArtWear Awaits You at Trinkets

This spring just say "NO" to the "hum drum," "cookie cutter" fashions and "YES!" to the FUN STUFF!! ...**Trinkets**, *Where the Ordinary is Never an Option.*

The classics are kicky, and the basics have pizzazz at **Trinkets**, where for a limited time you can buy one item of clothing at full price and purchase the second item, of equal or lesser value, at **20% OFF** with our accompanying ad or just say "Al sent

me."

**Trinkets** specializes in eclectic fashions from designers who create unique wearable art. Something special is waiting for you at **Trinkets**, the delightful eclectic boutique at 220 S. Cook Street in Barrington.

Whether it's jewelry, clothing or accessories for the home, **Trinkets** is your place to shop for that timeless treasure.

## Family in Crisis: the Ripple Effect

by Judy Kaplan, MS

All families have difficulties now and then. Some families may have more troubles than others. But to be sure, there are no "perfect" families that are without adversities, struggles, or pain. A healthy, well-functioning family is one whereby each of its members is functioning well individually and communicating interacting and working well together as a unit. It is a rare occurrence when all members of a family unit are at peak performance and there are no difficulties between any of its members. Life, by its very nature is tough and provides us with many adversities to overcome. The "normal" ebbs and flows of family life will include disputes, challenges to work through, moments of pain and sorrow and moments of pleasure and joy. Those individuals that have the strongest coping mechanisms will probably navigate through life's obstacle course differently than those who may not have developed the strength of useful coping skills.

Crisis as the word implies means disaster, catastrophe, breakdown, ruin or devastation. Families in crisis are under tremendous stress and strain. This stress of one or more of its members tears at the very fabric of the relationships within the family. People are no longer responding as they normally might to everyday occurrences. Rules change and often the crisis becomes the "tail wagging the dog."

When one member is affected by a situation, condition or behavior the entire family is affected. As you throw a rock into a quiet pond, the ripples disturb the calm waters. Similarly, relationships are thrown off balance as stress levels increase. Children and adults respond differently to an emergency, threats or insecurity in their lives. Some may show remarkable changes in their personalities, while others seem to have no "outward" signs of distress. Some may have delayed or hidden reactions to the situation, perhaps creating a wound inside that may fester and show up later in life. Children can demonstrate behavior

problems in school, poor academic performance, sleep disorders, or defiance. Adolescents under stress can "act out" their upset by rebelliousness, school truancy, sexual promiscuity, drug or alcohol abuse or vandalism. Parents can be preoccupied with the crisis and not be emotionally or physically available to their children. The "changes" that are noticed within the family around the time of a crisis are usually direct results of the crisis.

Any one of the following events or issues can throw a family into immediate crisis:

- death of a spouse, parent or child
- chronic illness/terminal illness
- alcoholism/substance abuse
- legal problems
- divorce
- domestic violence
- emotional/verbal abuse
- sexual abuse
- eating disorders
- financial loss
- relocation
- at risk adolescents

In my practice I work with families in crisis. My goal with a family is to help them assess the situation, provide objectivity and clarity, establish a plan to maneuver through the situation, identify resources that might be useful and available to individual members of the family, facilitate communication among members or outside sources and provide some techniques to help the family manage the stress more effectively.

If you and your family are struggling to survive a crisis, there is help and there is hope. Tough times don't last forever. Managing the crisis by keeping it in perspective, providing help and support for your family members, getting help from available resources to lend clarity and objectivity to your decision making, and taking care of yourself are all valuable reminders.

Call **847-842-9365** if you have any questions or would like an assessment consultation.

### Judy Kaplan, MS

Individual, Marital & Family Therapy  
Psychoeducational Training

Associate Member of The American Association of Marital & Family Therapists  
Graduate degrees from Northwestern University & The Family Institute



If your family is in crisis... **Counseling may help.**

My specialty is helping people through difficult times...

- |   |   |
|---|---|
| <input checked="" type="checkbox"/> assessing the problem           | <input checked="" type="checkbox"/> collaborating on solutions        |
| <input checked="" type="checkbox"/> lending clarity to the problem  | <input checked="" type="checkbox"/> establishing goals                |
| <input checked="" type="checkbox"/> providing education & awareness | <input checked="" type="checkbox"/> providing feedback                |
| <input checked="" type="checkbox"/> offering support & objectivity  | <input checked="" type="checkbox"/> consulting with schools or others |

Occasionally we all need a little help.

525 W. Old NW Hwy, Suite 202A • Barrington, IL

(847) 842-9365

## Newcomers April Coffee: "Finding Inner Harmony and Balance in Our Lives"



Discussing the program for the April Newcomers Coffee are Judy Kaplan, Marital and Family Therapist, and Deb Turkot, Hospitality Chairperson for the Barrington Newcomers Club.

The Barrington Newcomers Club will meet for a coffee on Wednesday, April 9, at 9:30 a.m. in a member's home. Judy Kaplan, a marital and family therapist and women's support group facilitator, will lead a lively and compelling discussion about the challenges and dilemmas we face as women of the nineties. Judy will help us explore how we can cope successfully with the

many changes we all face, including making the transition to a new community, to achieve better balance and inner harmony in our lives. This will be a fun and fascinating discussion of issues and questions members would like to talk about. New residents of Barrington are welcome. For membership information call Betty at 836-8242.

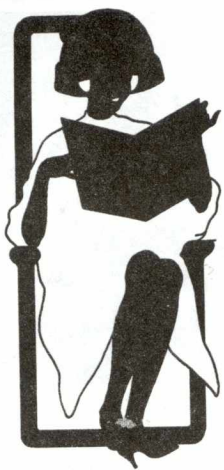


## Welcome Wagon April Luncheon

The Welcome Wagon of Barrington will hold its monthly meeting on Tuesday, April 8, 1997, at Mia Cucina Italian Trattoria in Palatine. Social hour will begin at 11:30 a.m. with luncheon served at noon. The menu includes salad, a choice of entrees and dessert. At 1 p.m., Elaine Ezsak of Creative Memories will speak

about taking the time to assemble a creative album. The cost for lunch and program is \$20.50. Your check is your reservation and should be made payable to Barrington Welcome Wagon and mailed to 934 Lakewood Drive, Barrington, IL 60010 by Friday, April 4, 1997. Please call Jo Ann at 382-2232 for further information.





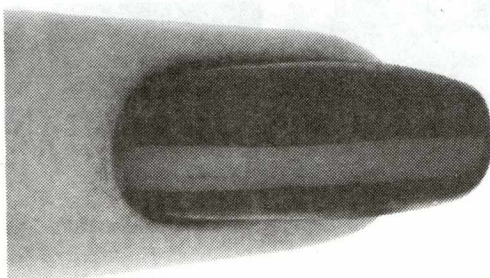
# BEAUTY, HEALTH & FITNESS

SPECIAL SECTION



## Give Your Hands and Nails Special Attention

After a hard winter your hands may need some special care and attention. **Tranquillity** has the answer to rough hands and short stubby nails. Our nail technician has over 12 years of experience, and can do wonders. She offers a paraffin bath to soothe and soften skin. And full sets of acrylics to lengthen nails immediately. So if you have a special occasion and want long beautiful nails to complete your look and make a fashion statement, we can do it.



Bo also has a unique talent for nail art. Going on a Bulls game? How about their logo on one or all of your nails. She will custom design or copy any logo you want from country club to school logos. A guar-

anteed conversation starter in any event. Please phone for your appointment at **(847) 382-6001**. We are happy to serve you.

And a special Thank You to the Chicago Tribune Sunday Magazine section for including us in their fashion-wellness article.

## Take Care of Yourself this Year

If you want to improve your health, getting started with the right fitness program is key. Total fitness encompasses cardiovascular endurance (for a strong heart), muscular strength and endurance (for ease of daily activities), flexibility (to prevent injury and reduce low back pain) and balance (for efficient body functioning).

Our goal at **Body Constructors, Inc.** is to provide our clients with safe, effective exercise programs with an emphasis on total wellness. With our one-on-one instruction and ongoing motivational support, we strive to give our clients the tools to take control of their lives through a healthy body.

Through our personal training program clients will not only learn the answers to the most often asked questions of how often, how hard and how long to exercise and what exercises zero-in on "problem" areas, but also provide answers that relate to the individual. As experienced fitness

professionals we are accustomed to working with a diverse clientele with different needs and different goals. We are used to working with clients with challenging schedules.

This year do yourself a favor and focus not only on the aesthetic benefits of exercise (although a rewarding bonus), but of becoming a happier, healthier person with the capacity to do more.

### About The Staff

Our personal trainers are nationally certified and/or degreed in the field of health and nutrition. We continually enhance our education to provide our clients with cutting edge information, creative exercise techniques and quality service. **Body Constructors, Inc.** has been in business over five years instructing clients one-on-one and providing fitness services to large corporations. The majority of our trainers have at least ten years experience in the industry.

## Workshop for Smart Consumer

The Barrington Area Council on Aging, Inc. has reservation forms for a workshop, sponsored by the Lake County Senior Service Coalition and AARP, on smart consuming.

On Tuesday, April 18, "Learn to Be a Smarter Consumer" will be the topic. Terri Worman, Consumer Representative from AARP-Midwest Region will present a

workshop on learning to be a smarter consumer at St. Mary's Seminary Center for Continuing Education in Mundelein. The program runs from 8 a.m. to 2 p.m. and includes continental breakfast, lunch and all workshop materials. Cost to seniors 60 and older is \$5. Cost for those under 60 is \$10. Contact the Council on Aging at (847) 381-5030 for a registration form.

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# The New Oratorio Singers Present Their Annual Spring Concerts

Under the direction of Alan Heatherington, Johannes Brahms' *Ein Deutsches Requiem* and Antonin Dvorak's *Te Deum* will be presented by the 100 voices of The New Oratorio Singers (TNOS) and the Ars Viva! Orchestra. Soprano Diane Ragains and baritone Richard Cohn will be the featured soloists. Concerts are Friday, April 18 at 7:30 p.m. and Sunday, April 20 at 7:00 p.m. in the Divine Word Chapel, 2001 Waukegan Road in Techny (near Northbrook.)

Single tickets—preferred \$25 (includes pre-concert lecture by Dr. Tom Brown professor at De Paul University), regular \$18.50, students/seniors \$15. Free parking. Wheelchair accessible. 847-604-1067.

Among the area singers are: Janet Lareau and Debbie Manion from Algonquin; Toni Callahan, Martha Blus, Elaine Bontempo, Lorie Dietrich, Gale Ebert, Helen Engbrecht, Anne Ganzer, Nancy Harrison, Mary Kuppenheimer, Patti Lancaster, Steven and Tricia Marcus, Pat Mead, Mary Niedzwiecki, Agatha Pope, David Priniski, Jerome and Jason Pugsley, Carolyn Roussel, and Pet Wiltgen from Barrington; Yvonne Trankle from Cary; Edith Luke, Susan Scott, Marie Ann and Wesley Vos and Robin Slovacek from Crystal Lake; Beth Ellis from Fox River Grove; Vicki Bixler, Don Schmidt, Collette Sizer, Tricia Melzer Swaydrak, Gwen Hatley and Whiting from Hawthorn Woods; Helen



Pictured with Alan Heatherington, conductor, are members of The New Oratorio Singers.

Messerschmidt from Lake in the Hills; Kristina Paul from Lake Zurich; Amanda Browning from Long Grove; Buddy Black, Rick Burdsall, Art Carlson, Caria Jacobson, Don Johnson, Bob Klassy, Carl and Jane Leaf, Peter Piper, Conrad and Vicki Schramm, and Lynda Scranton from Palatine; Matthew Krause from Wauconda; and Carol Halma, Judy Reilly and Peg Stinespring from Woodstock



## For Improving or Enhancing Your Appearance

If you are one of the millions of consumers evaluating your options for improving or enhancing your appearance, the **Valley Plastic Surgery Center** should be at the top of your list. Much more than a doctor's office, services are provided along with an experience that is unparalleled within the field of aesthetic plastic surgery. Truly a state of the art facility, the seven thousand square foot surgery center provides elegant and professional surroundings while meeting the highest standards of safety. It is one of the few free standing surgical centers approved by the joint Commission for the Accreditation of Hospital Organizations, the same safety organization responsible for overseeing hospitals.

Discreetly located in West Dundee just twenty minutes from O'Hare Airport, the center caters to out-of-state as well as local patrons with equal convenience. Many of those considered as Chicago's north shore elite find the short commute from the city well worth the trip, and are welcomed by the Fox Valley's scenic ambiance. The center offers the full range of plastic surgery procedures; from facelift, eyelid, nose, and lip surgery to breast enhancement or refinement, liposuction, and tummy tuck procedures. Four separate lasers, fiberoptic cameras, and cutting edge techniques serve to minimize scars, discomfort, and time off of work, making aesthetic procedures an affordable reality that fits into the lifestyle of today's working women and men. Full esthetician services are also offered for image consultation, skin care treatments and peels, spa style facials, as well as make up application and assistance.

An entire satellite center, the **Valley Body Contouring Salon** is devoted entirely to the non-operative treatment of cellulite, and features the highly publicized "Endermologie" technique from Europe. Here, highly trained technicians provide private consultation, and demonstrations of the suction assisted deep massage procedure that appears to reshape the body

contours while minimizing the appearance of skin dimpling and waviness. Patients also receive complete body fat determinations along with dietary and nutritional counseling. The **Valley Body Contouring Salon** is located at 1425 North McLean Boulevard, Suite 400, Elgin, (847) 608-7506.

In addition to the separate amenities offered at **Valley Plastic Surgery Center**, surgical expertise is the center's most compelling attraction. Doctors Rosenberg, Lambruschi, and Manus are the three plastic surgeons that make up the team of prestigiously trained sub specialists. With more than sixty years of combined experience, they offer expertise in every area of cosmetic and aesthetic surgery. Collectively, they have been heard on numerous radio programs, and have been featured in scores of periodicals, including the popular *People Magazine*. They have been seen on CNN news, and are published in the United States and Europe on various topics in plastic surgery. They all continue to regularly lecture before audiences of lay persons, as well as health care professionals. Patients seeking consultation are sure to get knowledgeable and professional recommendations in a friendly, unimposing atmosphere that caters to each individual's special needs.

Of interest to most, since **Valley Plastic Surgery Center** is a true outpatient surgical facility, most aesthetic procedures can be performed on site, often saving patients thousands of dollars in hospital charges. Indeed, the final expense associated with major procedures is often less than half of that incurred through other local and downtown surgeons. This, combined with surgical expertise and a uniquely complete plastic surgery complex makes it Chicago's best choice to help you meet your personal goals. So if diet and exercise can't get you to where you'd like to be, **Valley Plastic Surgery Center** probably can! To arrange a convenient consultation, call (847) 836-3200 and consider yourself... for a change.

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Philip Lambruschi, M.D., F.A.C.S.

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## Visit John Charles Hair Salon at Their New Location

Spring is right around the corner! A great time to get a new look.

**John Charles Hair Salon's** goal has always been to bring out the most in your appearance by offering quality service and top-of-the-line products.

For the month of April, **John Charles Hair Salon** is offering **20% OFF on all permanent waves**. Offering many types of perms, including rod to rollers, spiral and regular perms.

At **John Charles Hair Salon** they promise to listen to you before doing anything to your hair. They want to know

what your individual problems are and how you prefer your hair to look.

With your new look, they will also teach you to care for your hair by giving you tips and showing you the most updated techniques, products and services, so that you can manage and maintain your hairstyle at home.

Consultations are available at no charge and they are open three evenings a week for your convenience.

They look forward to seeing you at their new location.

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new location"

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## Adults and Fractured Teeth

by Drs. Raymond Kotz & Stephanie Skopek

As young people, many adults in the United States were not exposed to quality dentistry or could not afford it. We grew up prior to fluoridated water, sealants to prevent cavities in grooves, and before the current concepts of oral hygiene.

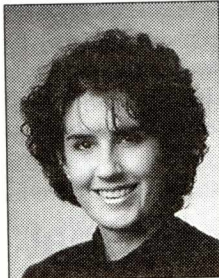
Almost every one had cavities. Dentists usually watched a cavity grow until it was large enough to warrant a silver filling or amalgam, as it is properly called. Placement of an amalgam at this point structurally weakened the tooth. Amalgams have poor compressive strength meaning that over time and under the pressure of biting and chewing, they crack and wear subjecting the remaining tooth to excessive forces. This is the reason that many adults frequently fracture their back teeth.

In addition, as these amalgams age they corrode. The corrosion causes the edges of the filling itself to break down allowing entry of saliva and decay-causing bacteria into the tooth. Since these fillings were originally large and close to the tooth's nerve, these teeth often require root canal therapy after being exposed to the bacteria.

These problems are neither the fault of the dentist nor the patient. However, they can usually be prevented by the use of gold inlays instead of silver fillings at the time the cavity is initially detected. Gold



Dr. Raymond  
Kotz



Dr. Stephanie  
Skopek

restorations are stronger and more resistant to wear than amalgams. Instead of wearing and cracking under the forces of biting and chewing, they maintain their integrity.

Once the damage is done, however, the dentist has limited options. They are forced to suggest a more expensive as well as extensive restoration such as a crown. Unfortunately, this is a fact in adult dental care. Insurance companies try to control their costs by limiting benefits to their policy holders and encouraging the repair of teeth with the weaker amalgam material. The cost to the insuring company is less now but will be more to you, the patient, later when the tooth fractures—at this point you may be retired and no longer covered under their policy.

For thorough evaluation, contact **Dr. Ray Kotz** or **Dr. Stephanie Skopek** by calling **847-381-4040** in Barrington.

## Let Vein Care Associates Take Care of Your Legs!

**Vein Care Associates** in Barrington offers solutions to the pain and discomfort of varicose veins and other related vascular problems. Using start-of-the-art laser and ultrasound equipment in-office, **Vein Care Associates** provides solutions to venous disorders including varicose and spider veins, leg swelling, leg pain, night cramps, discoloration of the skin and in extreme cases, leg ulcers.

When patients enter the comfortable and modern offices in the Smith Professional Building they will feel confident that their legs are in good hands under the guidance of board certified physicians Marcy McIntosh and Mark Mazano. Both doctors are trained in Interventional Radiology, a subspecialty recognized by the American Medical

Association, for the treatment of vascular problems.

The roomy waiting room and warm examining rooms are just part of the package. Treatment will be determined after a thorough vascular exam and modern non-invasive diagnostic testing, when necessary, performed in-office. The latest technology using laser-like treatments and ultrasound provide permanent solutions to problems with minimal invasiveness. **Vein Care Associates** provides solutions that are cost-effective to patients and save them from hospital stays and permanent scarring of the legs.

Initial consultations are complimentary. **Vein Care Associates** is located in the Smith Professional Building at 27401 W. Highway 22, Suite 106 in Barrington.

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**Stephanie Skopek, DDS**

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## Enrichment Programs' Open House at the Barrington Library!

Summer is fast approaching. Are you and your children looking for some different ways to spend this summer? Is there an interest in Science that should be developed? Or Theater? Music? Or Fine Arts? Could Space Camp be in your future, or launching rockets at Fermi Labs? Come to the BCGT Summer Programs Open House at the Barrington Library on April 20 from 2 PM until 4:30 PM. What programs are Chicago area museums offering this year? Did you know that Harper has completely revamped its youth programs, as has Northern Illinois University? Northwestern University has some wonderful sessions planned—for both boarders and day

campers. High school juniors and seniors can check out careers from engineering to nursing at Bradley University. Come, find out the details!

Spanning a spectrum of interests and abilities, the Summer Program Open House will spark ideas about programs to develop the talents and gifts of your youngsters. Sponsored by the Barrington Council for the Gifted and Talented, the whole Barrington community is invited to come, browse, and talk with the representatives from the various programs. Admission is free. Questions? Call 382-3288.

We'll look forward to seeing you on the 20th of April!

Barrington LIFESTYLES April 1997 19



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## MHRL Awards \$180,584 to Agencies

The Mental Health Resource League has awarded \$180,584 to 21 McHenry County agencies concerned with mental health services. The funds were raised at their 1996 craft shows, Fair Diddley and Fall Diddley.

Fair Diddley takes place on the third Sunday in May on the Woodstock Square. This year's 29th annual craft show will be held on May 18th. Fall Diddley, formerly held at the McHenry County Fairgrounds in Woodstock, will take place on October 11th and 12th at the Boone County Fairgrounds in Belvidere, Illinois. Portions of the Woodstock fairgrounds site will be under new development in 1997, so Fall Diddley is being moved to insure adequate space for the twelfth annual event. The juried shows have a reputation of featuring crafters and artists with quality, original work.

Agency volunteers work side-by-side with MHRL volunteers to make each craft show a success. They come from the Adult and Child Rehab Center, AMI, Big Brothers/Big Sisters, Community Health Clinic, Community Against Gangs, Community Action Agency, Family Alliance, Family Services, FISH of McHenry, Home of the Sparrow, Mainstay, PADS, Youth Service



**NISRA (Northern Illinois Special Recreation Association) volunteers Lisa Winkelhake (left) and Carol James (right) helped MHRL Bakery Chairperson Cathy Oliver (center) at Fall Diddley last October.**

Bureau, NISRA, Pioneer Center, SEDOM, Senior Services, Hospice of NE IL, LDA United Chapter, Turning Point and Volunteer Services.

For membership and craft show information, call (815) 385-5745 or write to MHRL, P.O. Box 204, McHenry IL 60050. The League intends to continue to sponsor Fair Diddley and Fall Diddley and is grateful for the support of the community.

## NISRA Taking Registration for Summer Camps

The Northern Illinois Special Recreation Association (NISRA) is taking registrations for its Summer Day Camp program. NISRA offers ten daycamps for children with learning disabilities, behavior disorders, physical limitations, or developmental disabilities. Camp sites are located in the Crystal Lake, Woodstock, Wauconda, Barrington, and Carpentersville areas.

The camp program is offered for six weeks, Monday through Thursday, June 16-July 24. A Friday field trip option is also

available. Half-day and full-day daycamps are offered. Camp activities include swimming, sports, games, special events, arts and crafts, nature, and music. Campers are grouped by age and ability level. All activities are modified to adapt to the skill level of each child.

NISRA offers year-round day and evening recreation programs in addition to the Summer Daycamp program.

Questions on the camp program can be directed to Beth Garrett at (815) 459-0737.

## Spring Hill Imaging State-Of-The-Art Technology

Spring Hill Imaging in West Dundee is the new advanced Open MRI facility designed for the patients with special needs. Our state of the art technology far exceeds the Open MRI images of the past. Spring Hill Imaging is one of seven OPEN MRI facilities, called Choice Imaging, which we are pleased to offer our services to the entire Chicagoland area. Through this affiliation, you can offer to your patients alternatives when choosing MRI that is professionally served by certified radiologists. New technology has enable us to accommodate the patient with special needs, such as large physical size/obesity, noise sensitivity or the need for a wide open space. In addition, children and some adult patients often prefer the more pleasant alternative of an open system.

Unlike some of the open systems that your patients may have experienced, these scanners have the latest open magnet design and software producing images that are of the highest quality. All of the Choice

Imaging Open MRI Network's attention and effort is dedicated to open MRI. Our goal is to stay on the leading edge of MRI knowledge and open design technology.

At Spring Hill Imaging all of our patients are treated with the same respect, courtesy and understanding that one would expect for themselves or a member of their family. Test results are reported within 24 hours and films are available upon request. Additionally, we will accommodate emergency patients and we provide convenient and flexible scheduling. We accept all managed care and are affiliated with all major insurance companies.

Spring Hill Imaging is committed to providing the finest quality service, reporting and communication with every physician. We welcome the opportunity to be of service to the community at any of our open MRI facilities; Hinsdale Imaging, Lincoln Park Imaging, Riverview Imaging, Matteson Imaging, and Southlake Imaging. Just call (847) 836-0674.

## 25th Anniversary of Signal Hill Chapter DAR

Signal Hill Chapter, National Society Daughters of the American Revolution will celebrate their 25th anniversary with a luncheon on April 22 at 11:00 a.m. at Kemper Lakes, Old McHenry Road, Long Grove, IL.

Signal Hill Chapter NSDAR was organized April 15, 1972 with Cammie Lois Peterson as organizing regent. The following charter members of Signal Hill Chapter are: Judith Cook, Elizabeth Doree, LoVina Gow, Lois Lee, Lynn Oakden, Grace Sharp, Barbara Sullivan and Connie Wilder. We will also be honoring four of our members with more than 50 years of DAR membership. Those in attendance will include officers from the National, State and Division levels.

The name Signal Hill Chapter was suggested to our organizing members by the Barrington Historical Society. Signal Hill is a high point of land north of Route 22 and west of Route 59, located in North Barrington. The early tribes of Indians living in the area are thought to have sent their signals from Signal Hill.



**Linda Wickman, Regent, Signal Hills Chapter NSDAR**

Please send your reservations with your check for \$20 made payable to Signal Hill Chapter c/o Helen Mellin, P.O. Box 686, Barrington IL 60011 by April 8.

National Society Daughters of the American Revolution is a non-profit organization dedicated to the promotion of education, patriotic and historical endeavors.

## Workshop on Horse Care Management

Dr. Scoggins, D.V.M., equine veterinarian from the University of Illinois, will be conducting a workshop on horse care management at McHenry County College on Saturday, April 26 from 9 a.m. to 3 p.m. The focus of the morning session will be on the EPM (Equine Protozoal Myeloencephalitis) disease, its causes and prevention. Dr. Scoggins will also address the benefits of equine dentistry for maximum performance and health. The afternoon session will be a clinic at Woodwind Farms where Dr. Scoggins will demonstrate effective techniques to handle aggressive horses, horses with fears and

specific problems while bridling, saddling, and leading. The cost for the workshop is \$22 which includes a box lunch. Dr. Scoggins has had a lifelong interest in horses and in training of horses. He raises, trains, and occasionally shows Arabians and Quarter Horses.

To register with Visa or MasterCard call (815) 455-8588 or in person at the MCC Office of Registration. This workshop is cosponsored with the McHenry County Cooperative Extension Service of the University of Illinois, Woodwind Farms and McHenry County College. For more information call (815) 455-8697.





## Be Free of Unwanted Hair Permanently

**Absolutely! Electrolysis Salon** provides safe, gentle, and effective permanent hair removal by a Registered Nurse. A nurse for the past 17 years, Debbie received specialized training in electrolysis and has taken the National Board exam to become a Certified Professional Electrologist (CPE). State-of-the-Art computerized equipment assures every client of a most comfortable treatment.

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## Your Skin and Tanning

by Carole Childers, C.N., L.N.C., All Ways Healthy

What is Ultraviolet Radiation UV? UV rays are the sun's invisible "burning" rays. They cause sunburn and skin cancer. The higher the UV index level the greater sun's UV rays are and the faster you will burn.

How much UV exposure reaches you depends: (1) time of day—10 a.m. to 2 p.m. is maximum, a good rule is "if shadow is shorter than you are take extra precaution" (2) season/altitude—the air is cleaner and thinner—high up, "the higher the altitude the greater UV exposure" (3) where you live or visit—the closer to the equator the stronger the rays (4) length of time spent in the sun—don't forget to include doing daily activities, walking the dog, waiting for the bus, sunroof exposure as sun exposure.

Facts: (1) Protecting skin during the first 18 years can reduce risk of some types of cancer by 78%. (2) Cataracts are also associated with UV exposure. (3) Snow reflects sun back about 85% of UV rays.

Use sunscreen of an SPF 15 or higher whenever you spend time outdoors. Apply ½ hour before going out or apply daily to face and arms as you would make up in the morning.

What is SPF? SPF means Sun Protection

Factor and it is the incremental time period exposure before burning. Example: 10 minutes with nothing before burning. By using SPF 15, it provides 15 times more protection or 150 minutes before burning. UVA rays penetrate skin more deeply (thus A=Aging); UVB burn rays damage the epidermis increasing the risk of skin cancer. Don't forget to apply to ears, toes and around the eyes and wear sunglasses. Avoid tanning salons. Practice skin self-examination: Skin growth increases in size and appears pearly, translucent, tan, black, brown or multicolored.

Mole changes in size, color or texture. Spot or growth continues to itch, hurt, crust, scab, erode or bleed. Open sore that lasts more than 4 weeks or heals and re-opens.

Tips for Children: Don't use sunscreen on babies under 6 months. Keep in shade. Try fragrance-free—scents attract bugs. Use sunscreen while playing outdoors, don't forget ears, toes, nose and fingers. Make sure sitters know and follow your rules for sun protection. Some medications cause skin sun sensitivity. Avoid 10 a.m. to 3 p.m. exposure.

*Keep this as a guide for fun in the sun!*

## "The Feel of Fiber" Gallery Exhibit

The Barrington Area Arts Council (BAAC) announces the opening of its April BAAC Gallery exhibit entitled "The Feel of Fiber" on April 4, 1997. The show will feature an exciting array of wearable fiber art - clothing, jewelry and accessories by twenty artists throughout the Midwest.

Exhibiting artists are JoAnn Bauman, Glencoe, IL; Dyllis Braithwaite, Barrington, IL; Dorothy Burgess, Barrington, IL; Lynn Caldwell, Batavia, IL; Ana Carlson, Minneapolis, MN; Cindy Carroll, Park Ridge, IL; Veronica Chin, Lake Bluff, IL; Anne Clary, Chicago, IL; Marianne Hammett, Chicago, IL; Liz Krause, Chicago, IL; Char TerBeest Kudla, Baraboo, WI; Kay Lange, Wheaton, IL; Barbara Nelson, Barrington, IL; Ana Buzancic Petercic, Lincolnwood, IL; Wendy Richardson, Brooklyn Park, MN; Kathleen Richert, Minneapolis, MN; Laurie Schater, Eden Prairie, MN; Debra Stromsdorfer, Rockford, IL; Jean L. Van Koughnett, Plainfield, IL; and Kathleen Weir-West, Barrington, IL.

The show will exhibit a colorful array of handpainted silk jackets, painted purses, beaded and embroidered jewelry, fabulous hats, woven chenille scarves and much more. Pieces from the exhibit will modeled in the BAAC Wearable Arts Fashion Show, "A Touch of the Arts," on April 10, 1997.

A gala opening reception will be held Friday evening, April 4 from 7:00 - 9:00 p.m. to which the public is invited. Artists will be present at the reception to meet people and discuss their work. The exhibit will be on view April 4 through April 26, 1997. BAAC Gallery hours are Tuesday through Friday from 10 - 4 p.m. and Saturday from 10 - 2 p.m. There is no charge.

The Barrington Area Arts Council is a not-for-profit organization dedicated to promoting and presenting programs in the visual, literary and performing arts. It is partially funded by a grant from the Illinois Arts Council.



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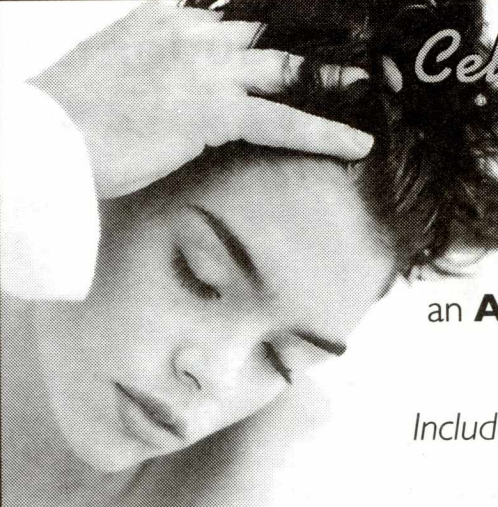
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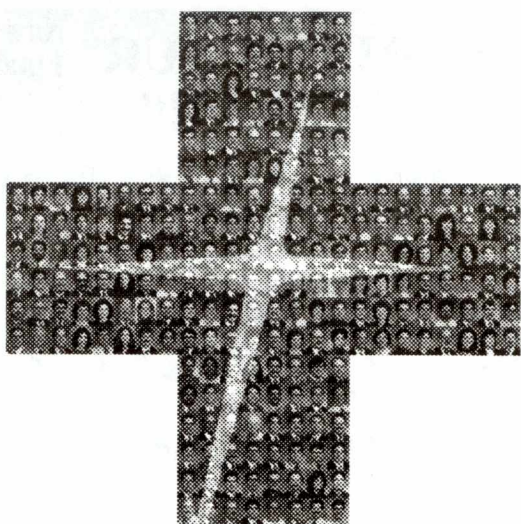
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To meet them all, face to face, all you have to do is browse through our convenient, new Physicians Directory. You can get one free by calling us at 1-800-3-ADVOCATE.

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Health Care With A Whole New Attitude.

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## Foundation Presents "Roaring Twenties" Gala



Left to right: Ida Cardelli, Kathy McAndrews, Lee Simpson, Sister Lorraine Menheer, Margaret DiLullo, Lisa Caster and Hildegard Zimmermann prepare for the Michael Joseph Foundation's "Roaring Twenties" gala on April 26.

The Michael Joseph Foundation's creed, "Builders of Hope," has become a welcome, grateful answer to the many needy families we have assisted.

Our first endeavor was rehabbing a farmhouse for a family of 14 children and their parents. Coming from a home with 3 bedrooms and 2 baths, they now have 5 bedrooms and 3½ baths, a giant project.

Some of our families in crises just needed a one time assist ranging from a month's rent and/or security deposit, help with utility bills or a used car that was put into good running condition providing transportation to work. Some received help in obtaining jobs and some opted to further their education to qualify for better job skills.

It is so heart-warming to experience these success stories—people who were in serious need, some on welfare and are now working, off welfare and achieving

independence with dignity.

Presently we are subsidizing eight apartments. We are hoping to expand on this because there is such an overwhelming, increasing need in the Northwest suburbs. Our assistance also extends to the elderly who need home repairs they cannot afford.

Our annual fund-raiser, "Roaring Twenties," will be April 26, 1997. This dinner-auction will once again be hosted in the expanded location in the Barrington area. The "Collections of the Past" can be viewed as in the previous years, but the expanded facility offers new and unusual Collections and provides additional area to seat more guests than previous years.

We are a non-profit organization of volunteers, expenses are carefully managed to allow us to maximize the funds.

For more information about reservations and donations, please call 847-382-3375.

## Good Shepherd Hospital Listening and Responding to Your Needs

Throughout the Northwest suburbs, **Good Shepherd Hospital** has a strong reputation for keeping individuals and families healthy. For over 15 years, **Good Shepherd Hospital** has been a rich community resource—one that is dedicated to listening to you and responding with programs and services that meet your health care needs.

And today, a team of nearly 400 physicians, representing 35 medical specialties, experienced nurses and other health care professionals, provides a comprehensive, advanced range of health care services: state-of-the-art surgical and emergency services, including a Level II Trauma Center and pediatric treatment area; a Level II Plus Perinatal Center; a nationally recognized cancer program; adult and adolescent mental health services; an extensive, advanced range of outpatient services and much more.

These are just a few of the many ways that **Good Shepherd** has grown with its community, constantly finding new ways to expand and improve its services to better meet its residents' needs:

- Newly remodeled Birth Center offering advanced pre- and postnatal care in a more comfortable environment for moms and newborns.

- Newly remodeled and expanded nursery, with a Level II Plus Perinatal Center designation making it one of the most comprehensive obstetrical and newborn facilities in the Northwest suburbs.

- Round-the-clock care for high risk mothers and newborns. Enlarged acute care area for treating critically ill and

trauma patients.

- Pediatric treatment area specially designed to meet the unique needs of critically injured and ill children.

- Skilled pediatric medical staff with more than 35 pediatricians, child psychiatrists and neonatologists. Additional pediatric specialists from Lutheran General Children's Hospital, another member of the Advocate family, provide advanced pediatric care and support services close to home.

- Cancer program is recognized by the American College of Surgeon's Commission on Cancer.

- Wide range of inpatient and outpatient oncology services, trained personnel, support groups and education programs to treat patients with many different types of cancer.

**Good Shepherd Hospital** also draws on the resources of its parent company, Advocate Health Care, one of the largest health care systems in the Chicago area with over 3,800 physicians and 180 locations, include eight respected teaching and community hospitals, outpatient surgery centers, nursing homes, home healthcare and others. Advocate Health Care also participates in a majority of health plans offered in Chicagoland.

Advocate is dedicated to serving the emotional and spiritual, as well as physical needs of its communities. As part of Advocate, **Good Shepherd** shares in this mission to provide wholistic care.

To learn more about our physicians call us at **1-800-3-ADVOCATE (1-800-323-8622)** for a free copy of our **Good Shepherd Hospital Physician Directory**.

## Young Artists Exhibit

The Barrington Area Arts Council announces the annual Young Artists Exhibit to be held April 19 through May 4 at the Ice House Mall, 200 Applebee St. in Barrington. Elementary and Middle School students in District 220 and St. Anne will participate.

Each school will display up to 75 pieces

of artwork in the halls of the Ice House. Chairman, Tammi Pringle of South Barrington is coordinating this event.

An opening reception to honor the artists will be held on April 19 (Saturday) from 2-4 p.m. at the Ice House Mall. For more information call BAAC at (847) 382-5626.

## American Cancer Society Announces Relay for Life

Walkers and runners will go twelve hours in the battle against cancer during the American Cancer Society's Relay for Life.

Teams of walking and running enthusiasts from all walks of life will gather at Buffalo Grove High School for a 12 hour relay against cancer. Relay for Life is the American Cancer Society's version of a relay but with a new twist. Relay for Life is a family-oriented team event where participants can walk or run around a track relay style for 12 hours. Participants camp out around the track and when they aren't taking their turn on the track, take part in family activities.

Teams from companies, neighborhoods,

and organizations collect donations and can win prizes for their efforts.

This year, for the first time, Barrington residents are organizing relay teams. The Barrington coordinator is Laurie Phillips at 382-4314. The deadline for registration is April 17.

"The funds raised will enable us to expand our services to cancer patients and their families, to offer more educational programs that will reduce people's risk of getting cancer, and to expand cancer research programs," said Roy Johnson, Chairman.

Registration forms and information about the Relay for Life are available from the American Cancer Society at (847) 358-3965, or Laurie Phillips at 382-4314.





## Safety Town Donations Still Needed



**Prospective Safety Town student Hannah Chody, chats with Fireman Jim in front of the miniature house now in front of the Village Hall—which will hopefully be moved to JFK Health World this spring.**

The community campaign to build a permanent home for Safety Town at JFK Health World is well over the half way mark. Hopefully the task force formed to raise over \$100,000 to construct the child-size village of streets, traffic signals and houses will receive the last-minute donations needed to build Safety Town in time for summer sessions.

"We are so close," according to co-chair Chris Griffin. "Hundreds of individuals, businesses, civic organizations and government bodies have supported the project to build a permanent site for this valuable early childhood safety education program. But in less than a month, we must decide whether funds are in place to break ground this spring."

Major donations have been received

from Harris Bank, CellularOne, Good Shepherd Hospital, Merrill Lynch, Square D/Groupe Schneider, the Duchossois Foundation, and Barrington Courier Review. The group plans to recognize all donors in newspaper ads and a commemorative brochure. A permanent plaque at the Safety Town site at JFK Health World will honor all donors of \$1,000 and above; and buildings, streets, signs and benches will be named for the top 30 contributors.

"This is an exciting opportunity for Barrington to build a long-term safety site. JFK Health World has donated the land as well as classroom space for the program. We are also fortunate to have many services donated by community members," adds co-chair Karen Darch. Architect Harry Burroughs, Klaus Schmechtig Landscap-

ing, Countryside Homes, Town & County Painting and T.C. Bak and Associates (commercial painters) have all donated various materials and services.

Kathy Schonekas, chairman of this year's Safety Town program, and member of the task force, says the need for a permanent safety town site has been evident for some years.

"In the recent past, we have relied on the generosity of Grove Avenue School. Each day of each session, volunteers set up, take down, and store props to create a miniature village. With school space limitations, aging structures, and the benefit of a permanent site, the opportunity to locate at JFK Health World is a match made in heaven." It's time we joined other communities such as Na-

perville, Romeoville, St. Charles and Arlington Heights who have realized the benefits of a permanent Safety site.

The Barrington Junior Women's Club has operated Safety Town for over 20 years. Professional independent contractors, assisted by volunteer middle school youths, teach accident prevention and response in many areas including fire, pedestrian, and traffic safety with hands-on techniques. Playground, water, and pool safety, electrical, poison and drug danger, good-touch bad-touch, stranger danger and the importance of 911 are also covered.

Tax deductible donations may be sent to Safety Town Project, P.O. Box 133, Barrington, IL 60011. For further information call Chris Griffin, 381-6405.

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## Carrie & Co. Welcomes New Staff Members

**Carrie & Co.** is proud to introduce Marilyn (formerly of Gazebo and Salon of Barrington) and Carrie Ann and Julie (formerly of Shear Pleasure in Palatine) to their salon staff.

We at **Carrie & Co. Hair Salon** are pleased to have them join our team. They come to us with years of experience in the

beauty industry specializing in all areas of hair coloring and corrective color, an art in itself.

Come in and see for yourself what these professionals can do for you.

We are open three evenings a week for your convenience and look forward to serving you.

## Spring is Here

It has been a very long winter and I hope that my title is correct.

Winter is very hard on the skin. With furnace heat, and car heaters, the skin becomes dehydrated quickly. Now we must concentrate on repair.

Good skin care is a necessity in our lives. It walks hand in hand with nutrition, proper rest, exercise, and dealing with stress. **TO LOOK GOOD AND FEEL GOOD** it is important to look in the mirror everyday and say, **I LOVE WHAT I SEE AND I SEE WHAT I LOVE.**

We have many ways of treating the skin at **Syd Simons**, in our treatment rooms every client receives individual attention for 1 and 1/2 hours. We strive to improve the skin with peels, massage, seaweed treatments, special hydrating treatments for dry skin, deep cleaning aromatherapy

treatments for oily skin, and much, much, more.

I just returned from Los Angeles having attended a 2-day skin conference with Dr. Murad. We learned many new ideas for treatment of the skin and his latest products. We will be happy to share these with you.

So much advancement has been achieved in the Esthetic field with knowledge and products. We are very excited about this. Make your April appointment now for a facial, manicure, pedicure, body massage, and new spring make-up.

Hope to see you soon. Stay happy and healthy everyday.

Sincerely,  
Catherine Ramstadt, owner  
**Syd Simons Studio**

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# Impressionist Painter Alan Wolton Returns to The Studio of Long Grove

Art lovers who attended The Studio's first show for Alan Wolton last October had an opportunity to meet not only an extraordinary artistic talent, but an utterly charming man. Born in England and raised in South Africa, Wolton came to the U.S. 15 years ago to paint the magnificence of our mountains and coastal regions. A resident of Arizona, Alan has become well-established through the Southwest art market as an internationally-known impressionist painter.

In late January, we had the opportunity to spend three days in Sante Fe and Taos with this talented artist and his lovely wife, who gave us a personal tour of this major art market. Alan's reputation as one of the top living impressionist artists was very evident as we witnessed the reception he received among Santa Fe gallery owners and artists we met on this trip. Very much an artist's artist, Alan wins praise again and again for his excellent technique with oils and his powerful handling of the subject matter.

An outdoorsman and an individualist from a young age, Wolton became discontented early on with formal artistic training. At age 20, a self-guided study of Britain's nineteenth century landscape artists, proved to be the path to developing the powerful, impressionistic style that has become characteristic of his work. Relocating to the U.S., Wolton felt he was "finally coming home"—the rugged scenery of the Southwest with its heat, dryness and brilliant light provides inspiring subject matter, and he has found the artistic freedom to concentrate on a pure expression of nature's beauty. "I am a man of the outdoors," he says. Through countless hours spent in the mountains and at the seashore, Wolton has "stalked his landscapes, hunting for the most picturesque or dramatic views." His paintings, which are created indoors in his studio, evolve from the mood evoked while in the wild—from a certain sparkle in a mountain stream, ruffled leaves in the wind, or the crash of ocean waves on jagged



THE AWARD-WINNING STUDIO OF LONG GROVE GALLERIES

cliffs. The memories of the initial emotional response he finds in nature typically take time to develop in his mind into a vision of the finished painting. Only when he knows what the final appearance of the painting will be, does he begin to paint—often feverishly and to the point of exhaustion. "I'm remembering the mood," he says, "the power and the purpose, not the actual linear design." And although Wolton has become known for monumental-sized works, even his smaller paintings express this power.

His impressionist techniques—the use of pure and brilliant splashes of color, and a warm underglow of bright color shining through transparent layers of paint—allow Wolton to powerfully articulate the emotional vibrance and fury of nature. In describing one of his landscapes, he points out that "when you get

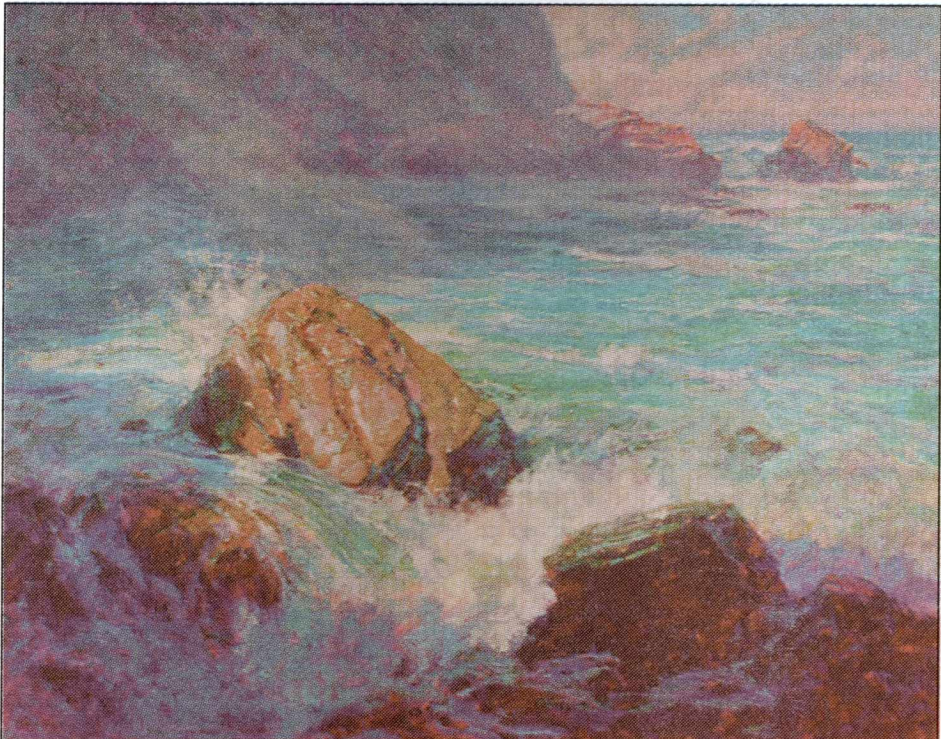
up close, you'll see these tremendous sweeps of brilliant color and, really, you're not quite sure what they represent. But when you step back, there's a vitality and a suggestion of mood or power within the landscape and if that strength was not there, the painting would not carry."

In discussing his artistic motivation, Wolton summarizes, "If I have an obsession in my art, it is to bring a feeling of warmth into the heart of the viewer, to produce a painting with such tremendous appeal that it is not judged, it is felt." If customer response at The Studio is any indication, it would appear that he has accomplished this objective quite well. **The Studio of Long Grove** is honored to welcome Alan Wolton on Saturday, April 5 and Sunday, April 6 as he presents over fifty spectacular original paintings.



PEACE ON EARTH

72" x 50"



EARLY TIDE

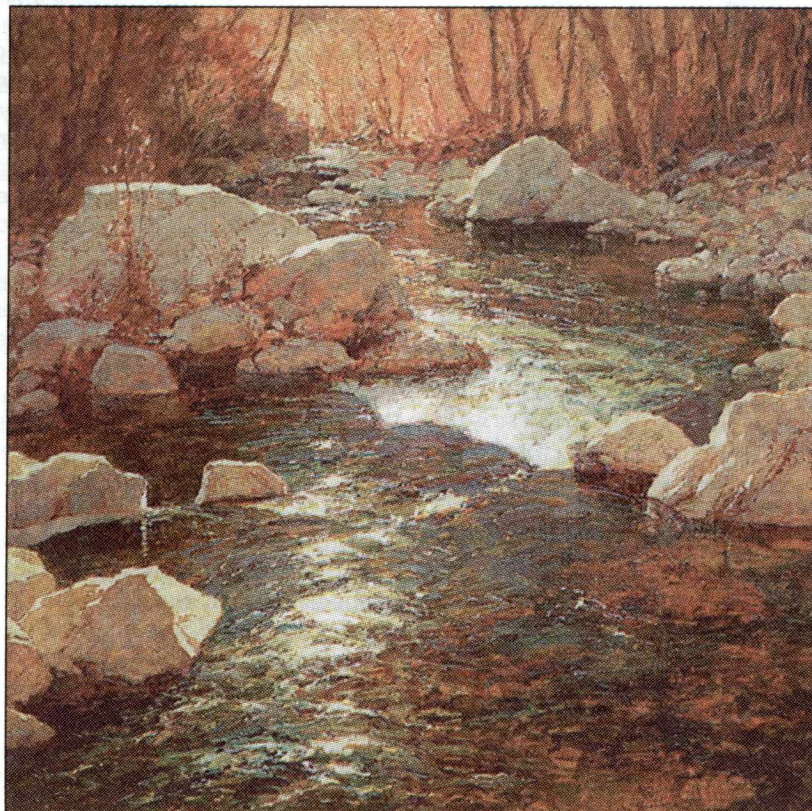
48" x 60"



*The Studio of Long Grove proudly presents*

## ALAN WOLTON

*Nature's beauty painted honestly and powerfully*



MURMURING WINTER

60" x 60"

*An exhibition of over fifty original paintings by  
American Impressionist*

### ALAN WOLTON

*You are cordially invited to attend the artist's reception*

*Saturday, April 5 and Sunday, April 6*

*1:00 - 4:00 pm*

*The show will continue through May 11*

A personally-signed remembrance, suitable for framing,  
will be our gift to all who attend while the artist is present.  
Paintings may be purchased prior to reception.

*Reservations are appreciated, but not required*

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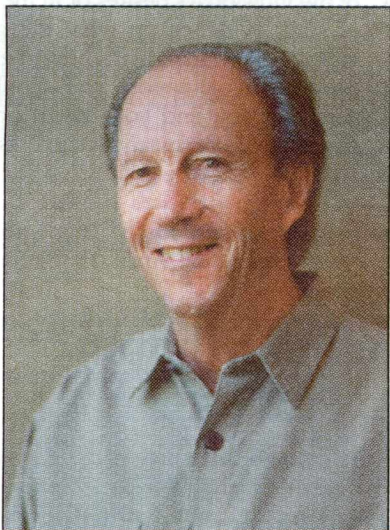
#### ARTISTIC HONORS

##### EXHIBITIONS

- Royal Academy of London
- Royal Society of British Artists
- Royal Institute of Oil Painters
- The Paris Salon
- Johannesburg, South Africa
- Santa Fe, New Mexico
- Taos, New Mexico
- Long Grove/Chicago, Illinois

##### AFFILIATIONS

- Charter member of the Society of American Impressionists
- One of twelve Hall of Fame Signature honorees at the founding of the Oil Painters of America
- Plein Air Painters of Northern California

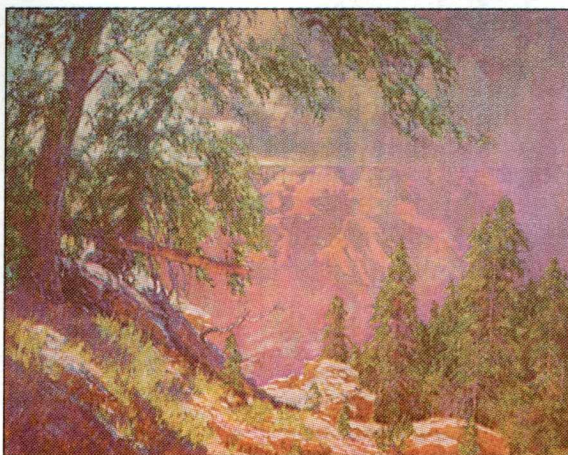


ALAN WOLTON



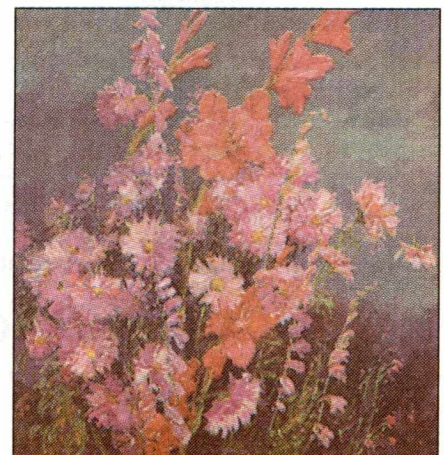
CHERRY BLOSSOM AT THE WATER

48" x 60"



CANYON MIST

48" x 60"



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## Women's Softball Teams Forming



The team above is the "Knockouts." Residents of the Barrington area, Lake Zurich, Hoffman Estates, Algonquin and Schaumburg participate on the women's softball teams.

Women's softball teams are being formed for those females 25 years or older who truly have minimal skill! This league was formed last year with two teams of 20 representing women from Barrington area churches and their friends. This noncompetitive group meets for *the fun of it* weekly in June and July. Games are

scored with volunteer umpires but wins/loses are not tracked. *Do you want to always be a winner?* For more info, to help start new teams and meet new friends call Maria (382-5775) & Ann (358-5808). Games are played at Quaker Oats and then we go out locally for refreshment.

## Buehler YMCA's Luncheon Fashion Show

The Buehler YMCA's fourth annual luncheon and fashion show will take place on Sunday, April 13 at the Cotillion, 360 Creekside Drive in Palatine from noon to 4:00 pm. Tickets are \$30 per person. All proceeds will fund the Buehler YMCA's

annual giving campaign, which provides assistance and an opportunity for individuals and families to enjoy programming and activities through scholarship funding.

For information and tickets, call Victoria Long, 847-359-2400, extension 320.

## Medical and Financial Decisions by Guardians

by Sharon L. Keller, J.D.



To ensure that an individual's financial planning and medical treatment will conform with his or her desires, the individual should execute the appropriate documents; i.e. a Living Will and Durable Power of Attorney for Property. However, in many cases the incapacitated individual may never have executed the type of legal documents that would enable others to handle his or her affairs. Therefore, the necessary action must be taken by someone, such as a guardian or conservator. Under the doctrine of substituted judgment, a guardian or conservator makes decisions on behalf of the incapacitated person.

For example, assume that the wife of an elderly couple finds that her husband is suffering from dementia and cannot communicate or swallow. The nursing home has told her it is time to consider a feeding tube and she wants to know whether she can direct them not to do so. Unless an agent is permitted to exercise some kind of independent decision making, an incapacitated person may effectively be prevented from taking certain actions—especially with regard to health care decision making and financial or estate planning. For example, the incapacitated person may be unable to make gifts to take advantage of the gift tax annual exclusion. Or, medical treatment might be administered that is inappropriate or undesired.

To remedy this, the courts have come to rely on the old English doctrine of substituted judgment. A well-known instance of substituted judgment is the case of Karen Ann Quinlan, who had suffered irreversible brain damage and was being maintained in a persistent vegetative state with the assistance of a respirator. After much time and effort, the courts finally concluded that Karen's family could exercise their best judgment as to what she would wish under the circumstances.

Illinois, while requiring evidence of the

individual's intent, allow substituted judgment decisions to be made when less than clear proof of intent is available under limited circumstances. In the Estate of Longeway, the Illinois courts approved the use of substituted judgment only where the patient was terminally ill and had an irreversible condition. Substituted judgment is only available after a court has heard relevant testimony and evidence and then makes a decision. This can be a very lengthy and time consuming process. Although the doctrine of substituted judgment has been applied by the courts, its exercise may be limited to situations where the court finds that there is clear evidence of the individual's desires or in the absence of such evidence on what the guardian views as the individual's best interests. To prevent this situation, you should make sure that you and your loved ones have executed the necessary documents that will speak for you when you are no longer able to make your desires known.

April is "Tax Month." Remember to file your returns by April 15. See you next month!

## First Chicago Sponsors Barrington Area's Young Writer's Project

The First National Bank of Chicago's Barrington branch is this year's sponsor for the Barrington Area Arts Council's (BAAC) 18th Annual Young Writer's Project.

The Young Writer's Project involves students in kindergarten through high school seniors from Barrington School District 220 who are interested in creative writing. Students submit their original writings of fiction, non-fiction, poetry, plays or scripts on any subject. They are judged on the basis of originality, creativity, clarity, grammar and word usage.

All entries will be judged by literary professionals. Top-rated entries are then submitted for publication in the Young Writer's Project booklet, which is issued each year.

"We are glad to help sponsor such an important endeavor and help cultivate the

talent and imagination of young writers," said Georganna Smalarz, branch manager of First Chicago's Barrington branch. "We believe that investing in our community and its children is an investment in everyone's future."

"It's amazing to see the talent these children are able to display at such an early age," said Smalarz.

Each year, the number of entrants to this prestigious local competition has grown. In 1996, 111 winners were chosen out of 780 entries.

All entrants will be given certificates of participation, along with a critiqued copy of their manuscript. Published entrants will receive a booklet of the published manuscripts and a reception hosted at the Barrington Area Arts Council Gallery in downtown Barrington.





## Traveling... with Carlson Wagonlit Travel

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Hilton Hotels has announced "More Miles Worldwide," a new program effective until the end of the year awarding travelers up to 3,000 bonus frequent flyer miles after just five qualifying Hilton stays, and 3,000 more miles after 10 stays. Just fly with one of 20 participating airlines and stay at a business rate at one of the more than 400 Hilton, Conrad International, and Vista hotels. You'll earn those miles in addition to frequent stay points in the Hilton Honors program and any regular frequent flyer miles.

### Throw the Rule Book at Them

If an airline cancels your flight and the next flight out is in first class on another airline are you entitled to it? The answers are all in Terry Trippler's "Airlines Rules Guide," a new pocket-sized publication that you order by calling 800-218-9441. Trippler has pored over the major carriers' rules and regulations and has excerpted the most important parts. US Air's rules state, for instance, that if your flight is canceled, delayed, or you miss a confirmed USAir flight due to a schedule irregularity, then USAir must confirm you on their next flight on whatever space is available at no additional cost, even if only first class is available. If another airline's flight will arrive earlier than the USAir flight, then you have the right to be confirmed on that airline, even in first class.

### Pack This Book

For years now, Conde Nast Traveler magazine has been helping travelers solve problems in its Ombudsman column. Now, the combined wisdom dispensed in that space has been collected in a book entitled "Secrets Every Smart Traveler Should Know," by Wendy Perrin (Fodor's, \$15 in paper). It's easily the best book of its kind ever written in, and offers advice on a multitude of thorny travel problems involving air lines, lodging, cruise lines, car rentals,

shopping and emergencies. Read it before your next trip.

### Kids in Flight

What happens if a child travels by air unaccompanied and there's schedule irregularity, a delay or a diversion to another city, or if a nonstop flight suddenly becomes a connecting flight and your child is too young to understand airline rules to change planes by himself? These glitches can upset the best-laid plans. Most airlines will let you pay to "hire" an airline representation to meet an incoming plane and transfer your child to a connecting flight. Even if your child is older, it's often worth the extra money. And it's always a good idea to call just before you leave for the airport to make sure a flight is on-time.

### BritRail Travel International

BritRail Travel International makes Scotland accessible and affordable as an add-on-destination for visitors to London. The High-speed 225 seat-train from King's Cross Station arrives in Edinburgh in a little over four hours; and, using a first-class, four-day BritRail Flexipass (\$305), a roundtrip journey from London with additional scenic rail travel around Scotland can cost less than an ordinary rail ticket. The passes come in a wide range of flavors: the four-day BritRail Flexipass (\$209), gives unlimited rail travel over any four days in a one-month period, the standard eight-day BritRail Flexipass (\$305), or the 15-day Flexipass (\$459) is also available. The BritRail Classic Pass, a terrific bargain for rail travel for a specific number of consecutive days, offers the same option of breaking the journey at any number of stops. This product is available in standard class at \$249 for eight consecutive days; \$379 for 15 days; \$485 for 22 days; and \$565 for one month. The full range of BritRail's products may be purchased through **CarlsonWagonlit Travel 847-381-6400**.

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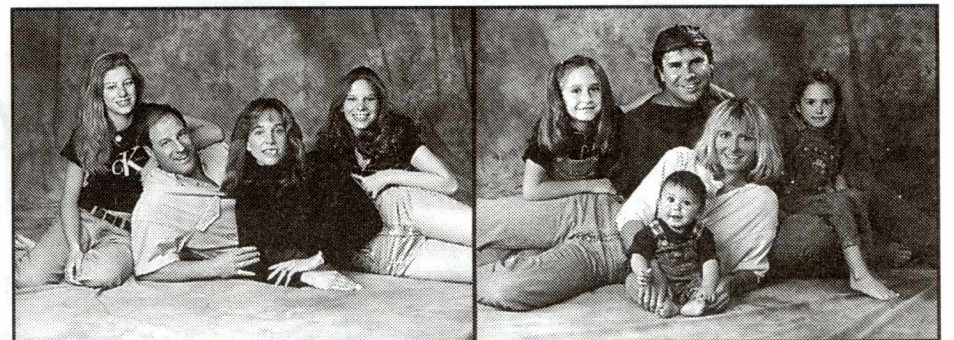
Port charges are \$85 and custom/immigrations are additional. Offer subject to change and availability. Standard American Hawaii Cruise terms and conditions apply; other restrictions may apply.

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—Pat, Barrington

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—John & Kathy, Barrington

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—John & Maureen, Barrington

"We enjoyed the session. It was easier than we thought. You worked well with us. It was just what we wanted!"  
—Nancy & Jeff, Roselle

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Barrington LIFESTYLES April 1997 27

## Invest in Your Family's Memories

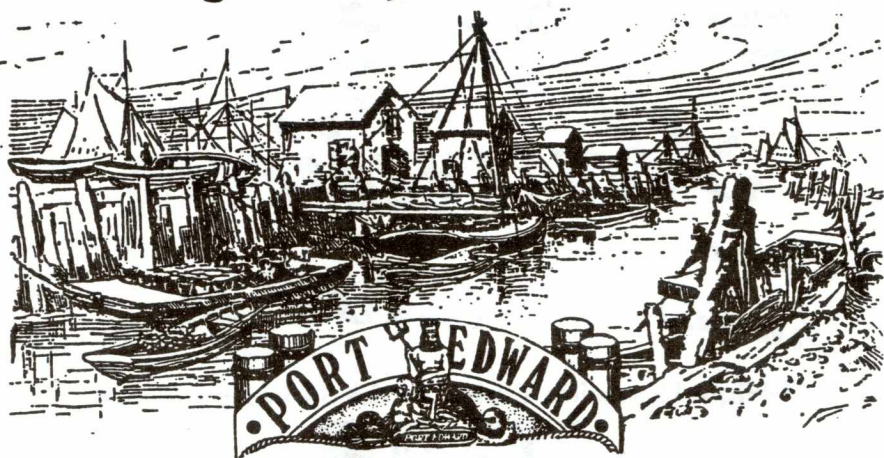


Through the month of April, take advantage of **Portraits by Thomas' Family Portrait Special**. We're offering to take your family's portrait for only a \$25 session fee. Save \$50!

Give us a call today to set up your appointment. (All portraits must be booked by April 30 (portraits done in our studio).) Don't pass up this once a year opportunity!



## Interesting Atmosphere, Wonderful Food



You can almost smell the salt air as you set foot into **Port Edward Restaurant**. In our indoor harbor floats the 25 foot "Porpoise" sailboat built in 1934 by Bond Boat Builders in Chicago. The Porpoise was Tony Bond's personal boat and was designed by his close friend and associate, naval architect John Deering. The strong and large wooden hull would have made her a fine fishing vessel at the turn of the century. But now our unique Porpoise is to dine one or two couples graciously in her cabin... a true unique dining adventure!

Our indoor harbor is New England inspired. To the south by the Colony House of Newport, Rhode Island North, by the old Union Oyster House in Boston, and

the picturesque Fisherman's Lobster Dock Shacks of old Penobscot Bay, Maine.

The huge timbers, joists and decking were salvaged from an old Milwaukee cheese factory and the old Starck Piano Company warehouse of Chicago. The strong timbers are virgin cutting of long leaf yellow pine, no longer available commercially. Three McHenry County barns were used for planking and hand hewn timbers for the Salem Lounge and Wine cellar. The old 1920's windmill dividing the lobby and the lounge was saved from destruction by Edward and provided an intimate setting for "popping the question" or romantic dining.

Our lounge overlooking the beautiful

Fox River was inspired by the House of Seven Gables of Salem, Massachusetts. Salem's obsession with witchcraft in 1692 motivated the building of a secret room and stairs for the safety of the owner's sisters to provide a hideout from the "burning at the stake" witch hunters. We too have a secret room in the lounge. Look and see if you can find it. In the far end of the restaurant is the Navigator's Room with an outstanding collection of hard hat diving helmets, whaling harpoons, lances and an old jaw bone of a Sperm Whale. Hanging from the ceiling are oars from World War II Liberty Ship life boats.

We are celebrating **Port Edward's** 32nd anniversary this year with Edward's continuous hand on the helm. Interestingly, in 30 years of serving Alaskan King Crab Legs, Port Edward's suppliers have calculated that put end to end, the crab legs will have gone around the world during our celebration.

The encrusted cannons by the entry are of Spanish origin, circa 1680, from the Caribbean and the double ship's wheel is from an Alaskan ice breaker. The coral encrusted anchor in front of our indoor harbor was hauled up from the east coast of the Florida Keys and a few steps away, an old diver's two man pump from Montreal, Canada in excel-

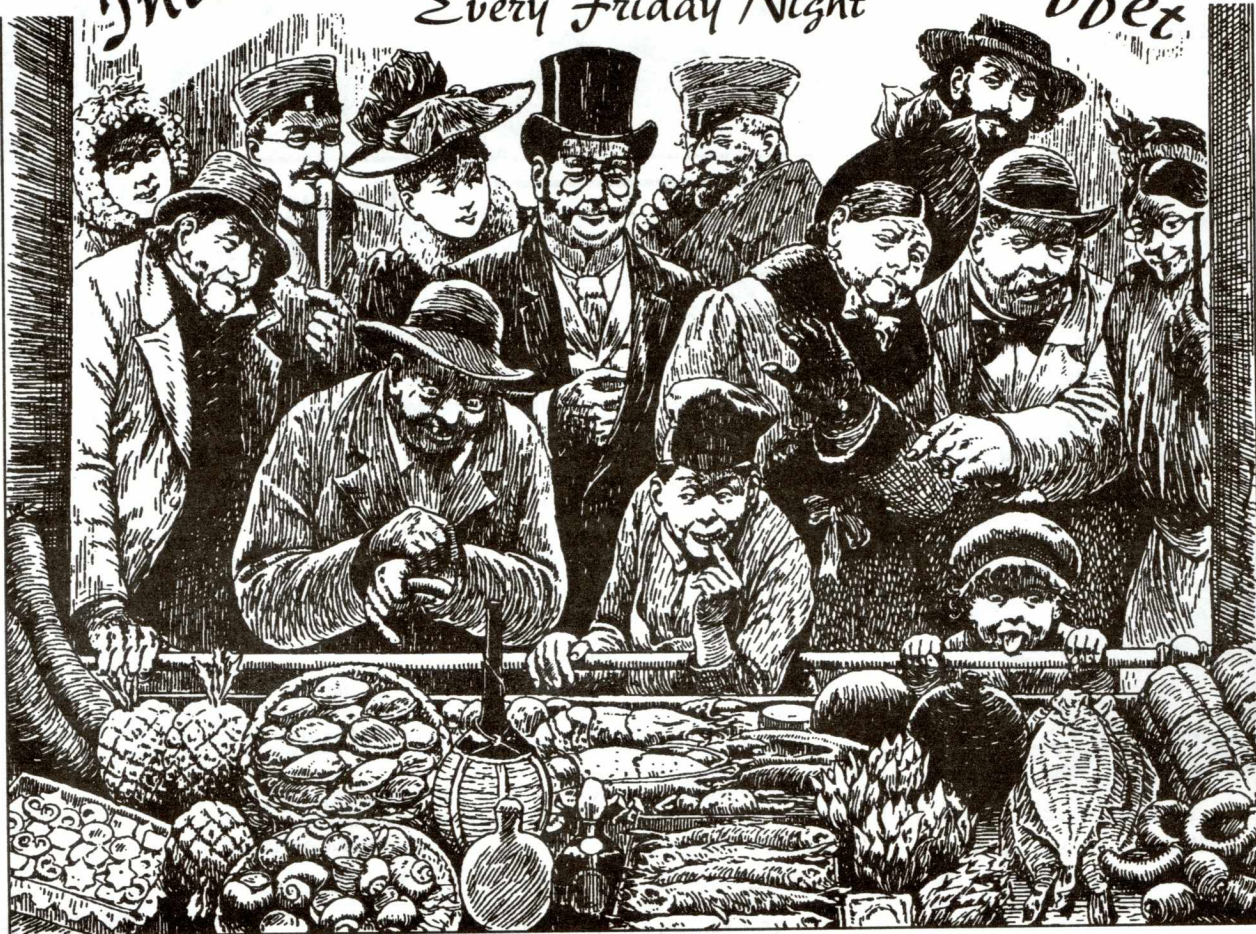
lent working order. Just up to the side of it is a battered French ship's figure head from the turn of the 17th century. Throughout the restaurant is a collection of English antique nautical signs, rare "lead top" and 18th century binnacles, Edward Wolowiec's original paintings and nautical artifacts too numerous to mention. The collections and selection of Edward's world wide travels are reflected in our "gifts international" shop next to the wine cellar in our lower level. Top Side features an art gallery with more of Edward Wolowiec's paintings as well as nautical prints of other outstanding artists such as Turner, Spurling, Carl Evers and Charles Vickery.

Our long time guests are giving us raves about the new Sunday brunch with sea food accent look! A new brunch feature is the chef's carving station featuring London Broil. Also new is eggs benedict made to order. Of course we still have the omelet station that just about everybody loves and dozens of other items, plus a 20 foot dessert table. **And don't forget our scrumptious International Seafood Buffet, served every Friday night.**

Gift certificates are available at the hostess desk, or we will be happy to mail them for you. **Port Edward Restaurant** is located on Route 62 and the Fox River in Algonquin. (847) 658-5441.



## International Seafood Buffet Every Friday Night



## Port Edward Restaurant

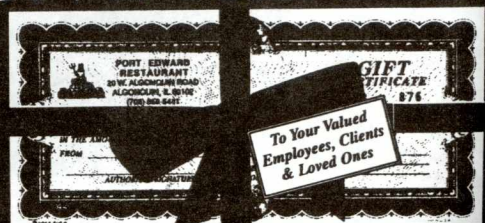
*Largest International  
Variety of Seafood  
and Quality Daily  
Cut Steaks among  
Rare Nautical Artifacts  
Overlooking the Fox River  
Serving Lunch, Dinner  
and*

*Champagne Sunday Brunch*

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## Vets Helping Vets Dinner

The Barrington VFW Post 7706 is holding a Sloppy Joe Dinner on Saturday, April 12. The dinner will take place at the Barrington Park District from 4:00 pm to 7:00 pm. Tickets will be sold throughout the village and can also be purchased at the door on April 12. Tickets are just \$5 each and include dinner and music. The meal will consist of Sloppy Joe sandwiches, cole slaw, potato chips, soda, coffee, and dessert.

Barrington VFW Post 7706 is unusual in that all the money received through various fund raisers like this one goes to help veterans or support local civic projects.

Ticket purchases will help support veterans in need. We are currently trying to raise funds to purchase a portable x-ray unit on a mobile base for \$5,540. This would be used for diagnostic purposes for non-ambulatory patients. Tickets can be purchased for family, friends, given to employees, customers, or just individuals to enjoy a delicious dinner. Business owners who decide to purchase tickets will have their company's name prominently displayed at the dinner.

For additional information on this community event, please contact Ken Hauser at (847) 304-8343 or Don Thompson at (847) 381-0717.

## Thai Avenue Appreciates Your Business

**Thai Avenue Restaurant** has long been known for its delicious, authentic Thai food. We have been in business, in Lake Zurich, since 1992, and we are proud of our reputation for offering the best Thai food in the area.

Our menu is extensive! We serve over 50 items plus chef's specials which change every week. These special entrees add unique flavors from different areas of Thailand.

For a delightful change of pace, enjoy lunch at **Thai Avenue**. Although the full menu is available, try one of the lunch specials offered Tuesday through Friday. Priced from \$4.95 to \$5.50, the lunch spe-

cials include soup of the day—a real bargain!

Lunch is served Tuesday through Saturday from 11 a.m. to 2 p.m. Dinner is served Tuesday through Sunday.

Carryouts are also available, and they only take 15-20 minutes to prepare.

Gift certificates are also offered and are much appreciated by your special someone.

**Thai Avenue** has a full bar service including fine wines, imported beers and our special house mixed drinks.

Bring in our April coupon for your **15% discount** off your total bill during the month of April.

## Julio's Latin Cafe Celebrates Spring and All That Jazz!

It's just about time for the crocuses and daffodils to start poking their heads through the thawed landscape giving us the signal that **SPRING** is here, and **Julio's Latin Cafe** is celebrating with food and music!

**Julio's Latin Cafe** has become well known for their selection of excellently prepared dishes from countries throughout South America, Mexico and the Caribbean. They have also gained popularity with their live entertainment on the weekends. Beginning in April, however, diners won't have to wait until Friday or Saturday evening to be entertained. They will have several opportunities to enjoy live music during lunch or brunch! *Ole!*

For **Secretary's Day**, April 23, Julio will host a **Jazz Lunch**. Tell your boss to make reservations early. You won't want to miss this afternoon of delightful music and delicious food!

**Cinco De Mayo** will be celebrated in true Mexican style on Sunday, May 4, starting at 4:30 p.m. A specially prepared four-course menu will be offered, along with Mexican entertainment. The "Tequila Bandido" will be offering up "shots" of Julio's 24 varieties of tequila!

Celebrate **Mother's Day** at our **Champagne-Jazz Brunch** on Sunday, May 11. Our chefs have created an exquisite menu for this special day. Live entertainment will be featured throughout brunch, which will be served from 10:30 a.m. to 3:00 p.m. "We have always wanted to serve brunch, but we never had the room to do so before," owner Cindy Ramirez said. "Since our expansion, we are able to accommodate

large groups and still have room for live music. Mother's Day is such a great day to get the family together and go out for brunch. We will have a completely different menu with all types of food including breakfast and lunch items," she said.

This won't be any ordinary brunch if you are at all familiar with **Julio's** style of food preparation and presentation. Mom is really in for a culinary treat. Just make sure you call ahead for reservations!

**Julio's Latin Cafe**, located at 99 South Rand Road in Lake Zurich, is open for lunch Tuesday through Friday and for dinner every evening. On Friday evenings, the Dan McIntyre Duo entertains diners with their smooth jazz sounds and on Saturday, Paulinho Garcia, a Brazilian Guitarist, sets a romantic tone with his Latin sounds.

Just call **Julio's** at **438-3484** for reservations, which are always recommended.



**Coming June 1st...**

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Sun. 4:00- 9:00

**COUPON**

### Julio's Latin Cafe

#### CELEBRATES THE EXCITEMENT OF SPRING

**April**  
Make your reservations early for our **SECRETARY'S DAY JAZZ LUNCH**, April 23.

**CINCO DE MAYO** **May**  
**May 4**  
A specially prepared four-course menu will be offered starting at 4:30 p.m. Enjoy Mexican entertainment and meet the "Tequila Bandido." Call for details and reservations.

**May 11**  
**CELEBRATE MOTHER'S DAY AT OUR CHAMPAGNE—JAZZ BRUNCH**  
10:30 A.M. TO 3:00 P.M.  
Treat Mom to a memorable day of delicious and unique Mexican food. Our chefs have created an exquisite menu for this special day. Live entertainment will be featured throughout the day. Reservations encouraged. Call for more information.

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the elements to make a party a great success. **3Chefs** will help you plan every detail of your special occasion by supplying tables, chairs, china, service staff and flowers. Celebrate the 18 great weekends of spring

and summer partying under the flair of backyard tenting coordinated by **3Chefs**.

There has never been a better time to crank up the music, enjoy fine food and service right at home where friends and family love it best. Graduations, communions, picnics, rehearsal dinners, wedding receptions, family celebrations. Call **3Chefs Catering** at (847) 516-2433 for assistance.

The party months are ahead and with so much to do in our personal schedules an easy choice is dialing (847) 516-CHEF to get your parties on the roll.

**3Chefs** has a long standing reputation for excellence in catered foods and has many menu options to choose from. Chef owner, Gery Cuprisin has spent his entire career organizing the logistics of catered events and is always available to bring together his wonderful foods and

## Refresh Your Winter-Wearry Spirit with a Touch of Whimsy

Whimsical (Hwim'zi kel) Webster defines whimsical as: "Given to fanciful notions; capricious", but doesn't the term imply so much more?

Whimsical folk art implies a slight dash of the unexpected, a twinkle in the eye, a gentle nudge of humor, as if one were sharing a very private joke with the artist. A grin, rather than a laugh; a playfully altered view of the every day world.

A bit of whimsy refreshes the spirit in a way that recalls our childhood innocence, where joy could be found in the simplest of things.

A stop at Country Sister's booth is a guaranteed source of a chuckle or three. Carved bears pose ala cupids atop wooden fountains, bowling polar bears take aim at dutifully arranged penguins, and Elvis Presley crows gyrate with the turn of a simple crank.

Visit with Dave Stevens, and you will be reminded of the joy of simple childhood toys. With the sway of your hand a carved logger chops a log, a skier glides down a slope or a frustrated golfer snaps a club over his knee. Dave's carvings are the very real reflection of the twinkle in his eye.

Bob Anderson of Sunflower Pottery whose work is featured in the accompanying photo, can put a spin on the everyday, resulting in grins and giggles from even the most winter-weary shopper. A bear, with impatient hand (or paw) on



his hip poses atop a covered dish. Frogs inch their way up the handles of mugs, and barn silo teapots sport cornucopia handles. By the way, Bob names all of these pieces. Just ask... a chuckle for sure.

After the winter we've had, couldn't we all use a little whimsy?... some purely innocent fun?... a grin, a giggle?

Recharge your spirit at the **Country Collections** show at Harper College, Algonquin and Roselle Roads in Palatine, April 11, 12, and 13.

Show times are Friday 3pm - 9pm, Saturday 10am - 5pm and Sunday 11am - 4pm. Admission is \$4 and children 12 and under are admitted free. No extra charge for grins and giggles.

## Music in the Home

The Barrington Area Arts Council will present the final concert for the Music in the Home series on April 27 (Sun.) at 3:00 p.m. in a Barrington Hills home. This is a Baroque concert that will show the development of music to the modern instruments of today.

Performers from the Chicago Symphony

Orchestra will be Fox Fehling, violin, Roger Cline, bass, Richard Graef, flute, and Alex Klein, oboe. Steve Allto from Northwestern University will perform on the harpsichord.

The new subscription series will begin in the fall. For more information call BAAC at (847) 382-5626.

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## Deadline!

The deadline for the **May Issue** is **Thursday, April 17.**

Please send your press release/advertising materials to:

Editor

**Lifestyles Magazines**

P.O. Box 293

Crystal Lake, IL 60039-0293

or call: (815) 459-4820



## A Fabulous Mexican Resort

by Eleanor Nelson & Sally Hayward, Travel House

Jim and I just spent a week with a group of golfing friends in Los Cabos, Mexico, a resort destination at the tip of Baja, California which used to be exclusively for affluent West Coast travelers and has become a popular resort destination and perfect golf getaway.

Between San Jose del Cabo and Cabo San Lucas it is easily accessible from anywhere in the U.S. Viewing Los Cabos one will see glorious contrasts; a place where rugged mountains loom over the desolate beauty of the desert, where the water of the Pacific Ocean meets the Gulf of Mexico, where the sun shines 300 days a year, a place with the gentlest breezes. If it sounds as if I'm hooked on this fabulous place its true! I can't wait to go back again next year.

For those of us who play golf, the developers of this resort location are working to make this the golf capital of Mexico. Presently there are 4 or 5 good golf courses with 4 more under construction, many of which will be opened by next winter. The golf is not resort golf, but rather "real" golf with immaculate fairways and well-manicured greens.

Of course there is more to do in Los Cabos than play golf. The town of San Jose Del Cabo and Cabo San Lucas are fun to explore both day and night with quaint out-



door shops and excellent food. There is deep sea fishing, whale watching (we saw many), horseback riding, and all of the other relaxing features of a resort community. The service and luxuries are Mexico's best with an internal tonal flavor, and the food is incredible.

Our group came back tanned and relaxed. We had a great time, loved Los Cabos, and several of us plan to go back again next year. If you want me to bend your ear about this fabulous spot, call me.



## Connect with the South Island and the Southwest

Even having spent much of his life in Invercargill on the South Island of New Zealand, Peter Beadle's paintings span the globe yet are as close as **Dunton Gallery** in Arlington Heights. Having completed a career in advertising, Peter has devoted over 30 years to paintings specializing in capturing the majesty of his homeland's rugged mountain scenery.

In addition to having written three books, Peter is the official artist for Air New Zealand and he has his paintings hanging in embassies around the world.

Although he is listed in Samuels' *Contemporary Western Artists*, his work on "the Rockies of America" is virtually unavailable in this country as it is snapped up by his many collectors.

**Dunton Gallery** is delighted to announce the addition of Susanne Nyberg to its list of artists. Susanne has been paint-



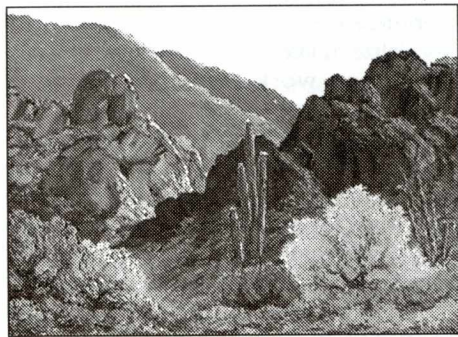
"Mt. Madeline, N.Z." oil  
by Peter Beadle

ing for the last 16 years, often inspired by the scenery around her home in Cave Creek, AZ.

In order to portray the mysterious beauty of the desert, Susanne paints on location most often at sunrise or sunset. By her own admission, she paints with incredible speed using palette knives and oils to "capture the light and mood of the moment."

Many of Susanne's collectors have purchased her landscapes while on vacation to Arizona because "she so beautifully captures her subjects." Susanne's work can be found in over a dozen countries in both private and corporate collections, and a representative sample of her work can be seen at **Dunton Gallery**.

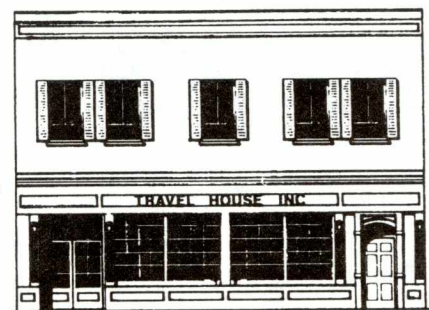
**Dunton Gallery** is at 18 So. Evergreen (at the Dunton Ave. end of the Evergreen Center) open 11 a.m. to 5 p.m. Tuesday through Saturday, appointments are gladly arranged at other times, call (847) 818-0694.



"Black Mountain Carefree" oil  
by Susanne Nyberg

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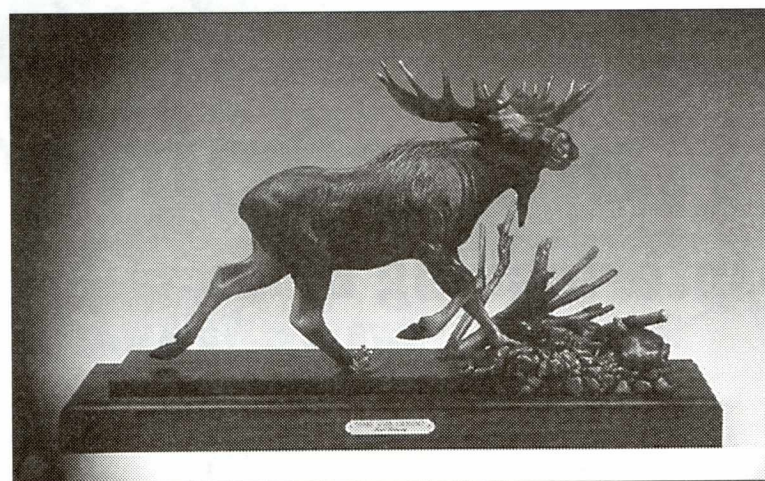
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"Snake River Crossing" bronze by Karl Lansing

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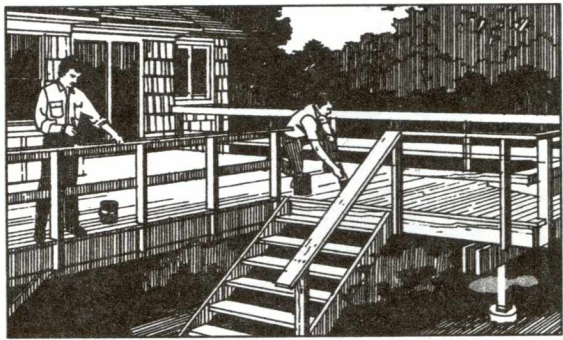
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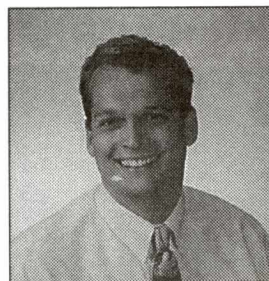


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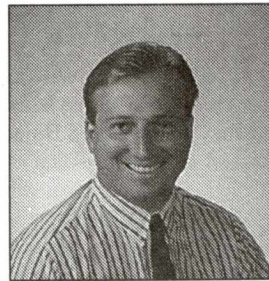
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## Decks and Screen Rooms



*Bill Schafer—President*



*Joe Schafer—Vice President*

Imagine a deck across the entire back of your house, accessible from kitchen, dining area and living room. From the second floor master bedroom suite, a balcony which overlooks the deck and a sweeping lawn to the river. Or a deck with a screen room on one corner with a roof deck which is accessible by a balcony and bridge from a second floor bedroom. And how about a deck with boards laid out on the diagonal for an artistic touch? These are just some of the deck projects that **Schafer Builders, Inc.** has built over the years. All shapes, all sizes, and all carefully designed to be an integral part of the home.

When you plan a deck, realize that it is just like a floor in your house—except that it is exposed to rain, snow, ice, crust, dirt and direct sunlight. Whatever materials you

use, your deck will need ongoing maintenance. Using good quality products will produce the best results.

If you're considering a screen room, you may want to design it so that you have storm/screen combination windows. Then you could use it for three seasons instead of just one. A screen room offers you all the advantages of outside living without the discomforts.

**Schafer Builders, Inc.** has many before and after photos of deck and screen room projects. Stop by our office at 12 East Crystal Lake Avenue and take a look. And if you're interested in seeing our remodeling skills in action, let us give you the grand tour of our future office at 43 East Crystal Lake Avenue. Call us for an appointment.



## Early Bird Special—Interlocking Brick Driveways, Pool Decks and Patios



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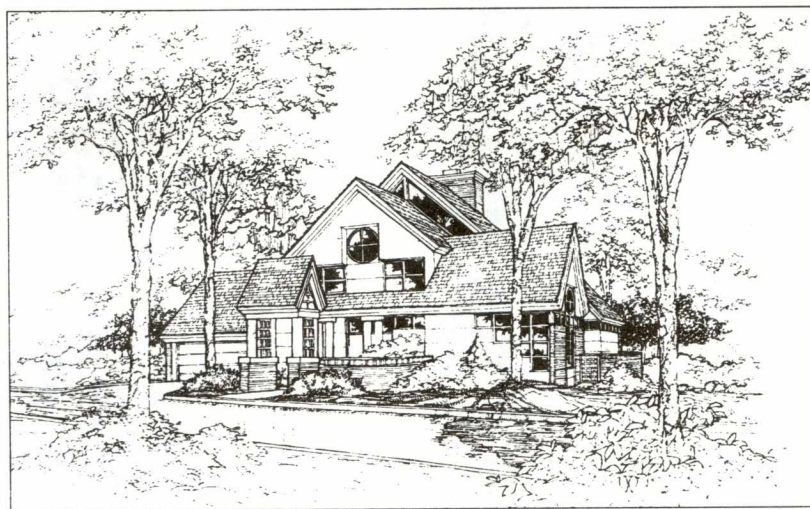
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Patrick Burke  
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# BEAUTIFUL

## HOMES & GARDENS

### Special Seasonal Section



### Security and Beauty with Outdoor Lighting

A home's landscaping is, if done well, its crowning glory. Tastefully executed landscaping can make even the plainest house look appealing, just as poor landscaping can ruin the appearance of a mansion. Consequently, every year Americans spend millions of dollars installing, enhancing and maintaining both residential and commercial landscapes. The shame of it, though, is that every night when the sun dips below the horizon all of that expensive landscaping is virtually invisible for 10 or 12 hours.

Rudy Kruse, president of **CFC Nite Lites**, has set out to change that by installing landscape lighting which accents elements to which your eye is naturally drawn during the day—flowering trees,

artwork, building features and so forth, using a wide variety of techniques including uplighting, crosslighting, moonlighting and pathlighting.

"There are three main purposes for outdoor and landscape lighting," Kruse explains. "The lights offer added home security. They also offer safety around steps and other potential hazards. And, of course, there are the aesthetic considerations. In fact lighting actually makes a yard appear larger than it is and there is also the opportunity to light up special characteristics of the house itself like special brickwork, cornices and fireplaces."

Call **CFC Nite Lites** at 847/658-5469 for your free estimate.

### Pools & Spas, Inc. is Celebrating 31 Years in the Pool and Spa Business

#### Pool and Spa Renovation is Our Specialty!

Elmer Eilrich, along with his wife, Frances, founded Eilrich Pool Const., Inc., in September, 1966.

Kurt was just arriving home from the Navy and Monty only had two more years of school left. Marc, the eldest son of Elmer and Frances was already working construction and Calvin, the youngest wanted to work part time.

Elmer and Frances had retired from 30 years in the well-drilling business several years earlier and wanted to help their sons start up a business of their own.

In 1976 Kurt & Monty were the only two left in this family venture. The business was moved from York Rd. in Bensenville to its present location on Irving Park Rd. The name was also changed at that time to Eilrich Bros. Pools, Ltd.

In 1988, we opened our second location in Palatine, IL. At that time we changed our name to include one important item—SPAS!

Many changes occurred during the years. Remodeling, expanding etc.

Many employees have come and gone. Several have stayed forever. Several were "born" into the business.

Customers old and new have become close friends. Many customers have con-

tinued our business relationship since our first year—1966! Now that's a real blessing!

Sales reps have remained loyal. Their help providing quality products has been a real asset.

We would like to take this opportunity to thank all of you.

Mom & Dad, for your insight into the future. THANK YOU!

To our dedicated employees—Construction (Foremen): Steve and Nick D.; (Crew): Bill, Jack, Andy; Servicemen: Brian, Bruce, Harry; Vacuum Service, Nick F.; Warehouse: Vince; Bensenville Store: Doreen, Jeanette; Palatine Store: Kem (Manager), Dan, Kari and Joe.

THANK YOU!

To our sales reps. THANK YOU!

And last but not least. THANK YOU TO ALL OF OUR CUSTOMERS for over 30 years of your trust and loyalty.

It takes all aspects pulled together to make a successful business. It takes hard work, dependable employees, dedicated sales reps and loyal customers. Once again—THANK YOU!

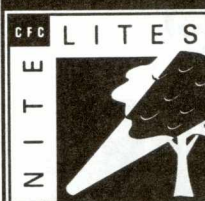
We are looking forward to a long hot summer in 1997.

Sincerely,

Kurt, Mary, Monty & Sherry Eilrich

(Please continue on page 46)

### MAKE EVERY NIGHT A BEAUTIFUL EVENT WITH CFC NITE LITES

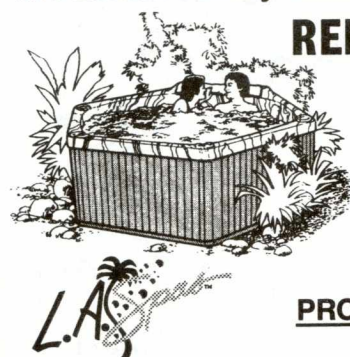


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## hansgrohe SHOWERHEADS NOW ON SALE

(thru april)

good • \$38.50 better • \$69.99  
best • \$249.00

(Polished Chrome)



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## Collins's 20 Year Anniversary Sale

# 4 DAYS ONLY

FRIDAY • SATURDAY • SUNDAY & MONDAY  
APRIL 18th, 19th, 20th & 21st

# SAVE 40% OFF

MANUFACTURER'S LIST PRICE

on Our Entire Stock in All 3 Stores!

- Complete Patio Furniture Sets, Umbrellas, & Miscellaneous Patio Accessories
- Gas Grills & Accessories
- Fireplace Tools Sets, Gas Logs, Andirons, Glass Doors, Wood Baskets, Standing Screens & Fireplace Accessories

Sale Applies to In-Stock Items Only

**COOKING DEMO**  
by Broilmaster  
Saturday  
Apr. 19, 10-2

### CONDITIONS OF SALE:

- All Savings from List Price
- Cash, Check, Visa, MC, Discover
- No Special Orders
- Excludes All Prior Sales

Sale Ends 5pm, Mon., April 21st

**COOKING DEMO**  
by PGS Gas Grills  
Sunday  
Apr. 20, 11-3

Meats & Poultry Courtesy of  
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## Showerheads—The Beginnings of a New Shower Experience

Welcome to the top of the showering world, hansgrohe showerheads. A line of stylish, highly engineered components that respect the restorative powers of water. Most offer multiple sprays and our patented Quick-Clean™ system—an ingenious design of tiny pins that shift in and out of the spray channels to clean away dirt and deposits each time you adjust spray modes. To begin, take a look at Selecta. A very popular showerhead that features normal and invigorating massage sprays, as well as Quick-Clean. Or step up to Clubmaster, a bold design that offers the same features as Selecta plus a soft aerated spray. And for the total downpour, try our normal, massage, and aerated spray Aktiva with Quick-Clean and super-sized spray head for a most thorough drenching.

Come and see them all on display and working at the **bathhaus**. Let our expertise in creating super shower systems make your everyday shower a FANTASTIC EXPERIENCE!



## Collins Celebrates 20th Anniversary

It's time to **Celebrate Collins Fireplace & Patio Shop's 20th Anniversary Sale!** It was a long, hard year for Doug Collins of **Collins Fireplace & Patio** after the tragic death of his parents. Doug Collins has carried on his parents legacy by transforming **Collins Fireplace & Patio Shop** into a designer showcase showroom for fireplaces and patio furniture. Doug has added innovative fireplace designs to his showroom floor.

Celebrate with us during our **20th Anniversary Sale** which will be in progress for four days only—from April 18 to April 21. During the sale save **40% OFF** manufacturer list prices on our entire stock in all three of our stores.

Now that we are entering the 21st century we want our homes to reflect our lifestyle. According to interior designers, patio furniture is not just for the outside anymore. It can be used in many interiors of the house. Our concept of patio furniture has changed over the last 20 years.

More manufactures are designing patio furniture for the inside of the home. Woodard for example has a gorgeous beveled glass table with a wrought iron base and exquisite wrought iron chairs to



**Verandah Iron by Summer Classics.**  
4 Dining Chairs w/ 48" Table, \$695.

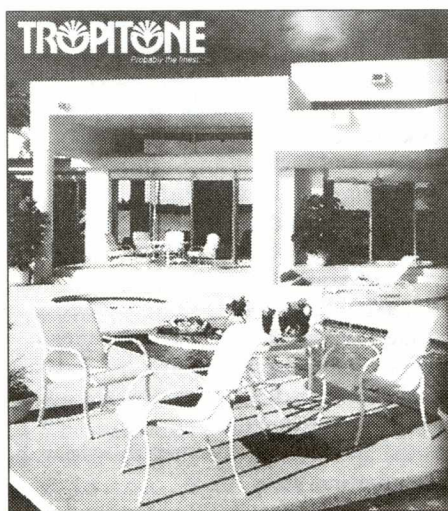
match. This beautiful dining room set would look great in any room.

Come in and browse around, our expert sales consultants will help you choose from our abundance of patio furniture from leading manufactures such as Shae Designs, Summer Classics, Woodard, Meadowcraft, Homecrest, and many more. Our sales personnel will make it enjoyable by helping you pick out designer fabrics for your beautiful patio furniture.

For the expert cook in the house or the would-be chef we carry a full line of gas grills that would bring your kitchen to the beautiful outdoors. Brands that you can count on include Broilmaster, ProChef, Napoleon, and Fire Magic.

Radio station US★99 will be helping us celebrate our 20th Anniversary with a live remote broadcast from our Wheeling location on April 19 from 12 noon-2 p.m. On April 19 and 20, please bring the family and join us for cooking demonstration at our Wheeling location. April 19 is sponsored by Broilmaster, and April 20 is sponsored by PGS gas grills. **Collins Fireplace & Patio** would like to thank Grove Court Meats in Buffalo Grove which will be providing the meat and poultry.

Please celebrate with us during our **20th Anniversary Sale** on April 18-21 at all of our three locations—Wheeling, Hanover Park and Waukegan.



**Portico Sling by Tropitone.**  
4 Chairs w/ Table, \$999.



## Ewald Quality Builders, Inc.— Keeping the American Dream Alive

Everyone has heard about bad experiences relating to new construction, remodeling, etc. Come and talk to us about your fears and anxieties. We will explain the realities and help bring your dreams to life. We help our clients to establish a realistic budget that they can *afford*—then stick to it.

### No Cost Overrides

We start by itemizing all individual costs and specifications involved in your project. Giving you this information, we present a strategy of how your money can best be used to fit your needs. Only after you are satisfied with all revisions and costs involved do we proceed. Once contracts are signed, there are absolutely **no additional charges or back charges**. Some builders will purposely "low ball" estimates and allowances to show a bottom line that is enticing. After contracts are signed, they then continue to come back to you asking for "extras." "We didn't know that wasn't included!" is heard all too often.

### It's Time to Build or Remodel!

Spring is here and the interest rates are outstanding. There isn't a better time to invest in your existing home or build a brand new one. Maybe an addition or a new kitchen is what you need. We will coordinate your project from beginning to end. We can help you find property, offer financing or work with your lender. If you are a first time home buyer or have a home to sell, we will help you move on time. You can move into your new home in as little as 60 to 90 days. We offer all national brand names. Come and talk to us about your dreams and ideas.



*"We wanted a builder who was responsive and knowledgeable and had patience,"*

*"We enjoyed working with your firm and found it's integrity, honesty, responsiveness and business values as being tremendous."*

*"The home is super!"*

**John and Darlene Palumbo**

*"Just want to thank you for the courteous manner in which you dealt with us..."*

*"Thanks."*

**Ted and Kathy Dass**

*"We are extremely happy with the way everything turned out and thoroughly enjoyed working with you and your entire crew. I have heard many horror stories about all the problems you can encounter with a contractor, but we have been fortunate to have worked with the best! I knew after our first meeting that you were going to do a terrific job for us and you lived up to our expectations."*

*"We love the house!"*

**Joe and Kathy Herold**

## GREAT RELATIONSHIPS



## ARE BUILT HERE.

"We wanted a Builder who was responsive and knowledgeable and had patience... We enjoyed working with your firm and found its integrity, honesty, responsiveness and business values as being tremendous. ...We were enthralled with the project and how you made it come together... We also like the size of your firm as we didn't feel we got lost in the shuffle."

*Darlene Palumbo*  
*John Palumbo*

"The home is Super!"—John and Darlene Palumbo

**Ewald Quality Builders, Inc.**

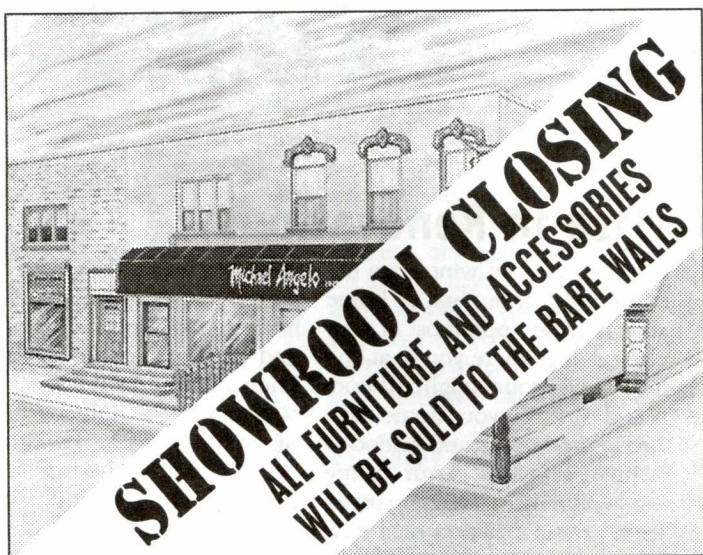
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"Fine Furniture and Accessories"

## Dear Valued Customer—



After nearly thirty-four years, we decided the time has come for us to scale back and narrow our focus.

It is our sincere wish that we have assisted you in making your home a little more cheerful and maybe a little more comfortable—and for that, you have our never-ending thanks.

...And so we are liquidating our showrooms to the bare walls.

**Everything will be sold regardless of cost and ASAP.**

Be the first to choose from our designer collection of fine furniture and accessories. As you know, we have always used the industry's best suppliers.

If you haven't been in our showroom lately, you'll see many new pieces of upholstery, armoires, dining rooms, lamps, tables, art and too much more to mention.

**DON'T MISS THIS ONCE-IN-A-LIFETIME OPPORTUNITY.**

Although we are closing our furniture showroom, we will still maintain a design office next door (same phone number), and we hope to continue to be your interior design source.

**(847) 526-2000**

Tues. - Sat. 9:30-5:30  
Sun. 11:00-4:00  
Closed Monday

Barrington LIFESTYLES April 1997 35



## We have the ingredients for a gourmet kitchen:



*Designed and built for you with pride!*

Our Showroom is located at 20066 N. Rand Road,  
(Next to Northshore Refrigeration at the corner of  
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SHOWROOM HOURS: MONDAY THROUGH FRIDAY 10:00 A.M. TO 6:00 P.M.  
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APPOINTMENTS ARE SUGGESTED FOR DESIGN AND PLANNING CONSULTATIONS.

- ☐ In-House Design Services
- ☐ Full Display of Cabinet Styles and Finishes
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- ☐ Latest Countertops Available

## WE PUT DREAMS UNDER CONSTRUCTION.



Just tell us about the beautiful new home you see in your mind. And watch what happens. With knowledge, creativity and strict attention to detail, we'll create a home even more beautiful than you imagined. We use the best of everything, including made-to-order Marvin windows and doors. Come share your dream today!

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professional remodeling contractors  
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## We're Proud to Introduce Corsi

**Barrington Kitchen & Bath Studio** is proud to introduce **Corsi** cabinetry to the Barrington area, offering cutting edge designs from hand painted and distressed cabinetry so desirable in today's traditional kitchens, at an unexpected value. Their superior stylings and construction have been proven in over 26,000 installations nation wide. Corsi custom kitchens start with only the finest hardwoods. Artisans create detail-finishes for dramatic style and rugged durability. From the inside out, their standards of quality are so exacting that every **Corsi** kitchen is built to last a lifetime. Whether you prefer simplicity or sophis-

tication, your **Corsi** kitchen is as efficient as it is beautiful.

**Barrington Kitchen & Bath Studio** also features **Corian**, and plumbing fixtures and faucetry from **Kohler**, **Moen**, **American Standard**, **Grohe**, **Concinnity** and **Reid S. Watson**. Visit our showroom located on the NW corner of Lake Cook and Rand Road, next to Northshore Refrigeration. We're open 10:00 am to 6:00 pm Monday through Friday and 10:00 am to 4:00 pm on Saturdays. Please stop in or call for an appointment. We look forward to offering the benefit of our services.



## Expertise in Renovations

Now that the long days of winter are beginning to dwindle, thoughts of home improvements may be uppermost in your mind. You love living where you're at and don't want to leave your neighborhood. Your needs and wants in your home have changed through the years and remodeling is the best solution. Your home improvement goals may be focusing on an exterior facelift, room addition or a new kitchen. The next question you ask yourself is "Where do I start?"

The first thing you should do is write down what you like about your home and what you would like to change in it. Get the whole family involved. Ask each person what he or she likes and dislikes about it. Then sit down and decide just what you would like to do. Look around your neighborhood for

ideas and take photos of the things you would like to see done to improve your home. Also, browse through magazines and cut out pictures of things you like. Then contact **Delta Renovations, Inc.** We offer to the homeowner, the benefits of combining architectural design and professional construction services in a design-build association to provide an accurate cost assessment and expeditious construction.

**Delta Renovations, Inc.'s** expertise in renovations and their quality workmanship have established them as the area's most qualified professional remodeling group, allowing your project, large or small, to go as smoothly as possible. Stop by or call them to set up an appointment. They will be happy to talk to you about your proposed project.



## Ralph's Papering Service Inc.

**Ralph's Papering Service, Inc.** is a family owned and operated business since 1978, specializing in all types of wallcoverings, faux finishes, and custom interior and exterior painting. Much of our new business comes from customer recommendation and we now serve the north shore of Chicago, Inverness, Barrington and more.

Ralph Gruver, the president and owner of **Ralph's Papering Service, Inc.** has been hanging wallcoverings and painting in selective homes since he completed his apprenticeship in 1962. Ralph and his son Michael personally guarantee that the qual-

ity of all work is the best that it can be and that customer satisfaction is the highest priority. Now is the time to start planning before the spring rush is upon us.

We are fully insured and offer friendly and courteous service. We will come to your home for a free estimate, and we will take the time to sit down with you to discuss how we can make the job as pleasant as possible. We offer help in color consulting and can mix colors to match in your home.

You deserve professional service and quality for your money. Call **Ralph's Papering Service, Inc.**, 847-658-5562.

## New for Spring!

Home decorating has never been more exciting—designers no longer push a single "must-have" look or color palette, but rather open the door to a smorgasbord of tantalizing options... mixing old and new, antique and futuristic, exotic and home-grown.

Take lamps, for example. At **L & W Lamps** in Barrington, the new designs for spring have just arrived, and the choices are breathtaking: there are handwoven baskets of island rattan and coconut bark from Indonesia, along with handthrown pottery decorated with vines and twigs... gorgeous new table and floor lamp designs in solid brass... whimsical lamps for golf enthusiasts and antiques collectors... contemporary Italian porcelains... and a whole new line of wonderful designs sporting the latest in powder coated faux

finishes. From the exotic to the traditional—you will find it at **L & W Lamps** in a dazzling new spring collection that showcases the top lines and designers in the industry.

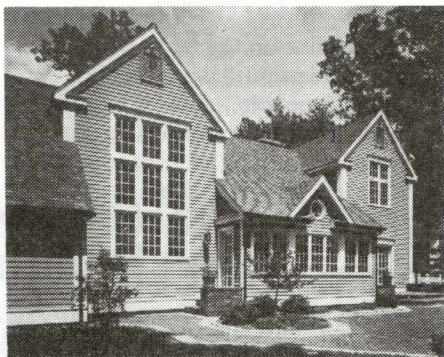
Shades too are offering more options than ever before, with silks, linens, cottons, and hand-oiled parchments in every conceivable configuration... painted, pierced, printed pleated, fringed—or lined in gold! The list goes on and on. And that's just what's in stock. Of course you can always bring in your own fabric for a custom shade and a look that's all your own.

So come in, browse... and see what's new for spring and summer '97! **L & W Lamps** is open from 9 am to 5 pm on Monday, Tuesday, Wednesday, Friday and Saturday, Thursdays from 9 am to 7 pm.

## Can't Find The Room? Let Us Help!

"As architects, it's our job to solve your space problems," says John C. Cazzetta, President of **Kemper Cazzetta Architects** in Barrington. "A large majority of our work is in remodeling, and because our clients need everything from small additions to complete estate makeovers, we tend to 'see it all.' Our philosophy is to listen to our clients, study their existing conditions, calculate their budget and endeavor to aesthetically solve their space needs."

Many homeowners struggle with the thought of "taking apart their house," especially while they still live there. "This dilemma is the biggest hurdle in some projects," adds Cazzetta. "The design solution has to take this issue into account or the project could be a disaster. We have actually designed some projects to allow the owner to move into the new addition before we renovated the existing space. The quality of life during the process is as important as the design excellence realized upon its completion." The end result



is always the same... "the homeowner is amazed at how their 'old' home has come back to life," concludes Cazzetta.


If your home needs updating, additional space or reconfiguration, call John C. Cazzetta, at **Kemper Cazzetta Architects**, for a no-obligation consultation today. "We feel you will be pleasantly surprised at the potential of your existing home." Phone **382-8322** to schedule an appointment with **Kemper Cazzetta Architects**.

## Business to Remain in Barrington

The Village of Barrington and GE Capital Auto Financial Services have announced that GE Capital will retain its corporate offices in the community. GE Capital will move from its existing office at 600 Hart Road to the Bourns, Inc. Building, which has been occupied by Recon Optical, located at 540 W. Northwest Highway.

GE Capital considered several locations as potential sites to expand its office space, both within and out of Barrington.

When receiving the news of their decision, Ron Hamelberg, Village President stated, "I am very pleased that a major American company and employer like GE Capital has chosen to remain in the Village of Barrington, to meet its increased office space needs. This move is evidence of the further expansion of the commercial properties which Barrington needs in order to maintain the proper residential/commercial mix necessary for our long-term financial health as a community. It is also



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*Just in...*

## The New Spring-Summer Collection

...handwoven baskets of coconut palm bark and hand-thrown pottery from Indonesia... gorgeous new solid brass floor and table lamps... contemporary porcelains from Italy... the latest in powder-coated faux finishes... more!

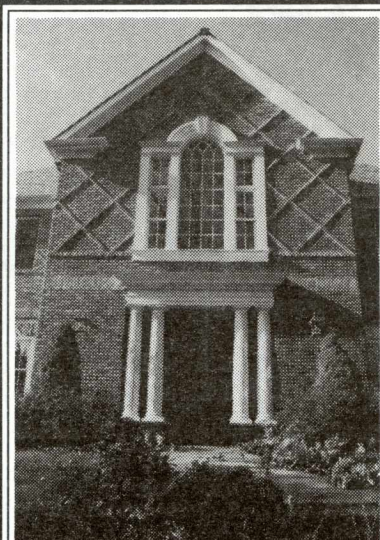
Exotic, traditional, post-modern, and playful... now at


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a sign that Barrington is a good place in which to live and work."

The existing Bourns, Inc. facility will be renovated both internally and externally. A two story addition will be constructed creating a total of 253,000 square feet of office space. The renovation of the building will begin immediately.

Business retention is a major component of the Village's economic development initiatives. According to Peggy Blanchard, Director of Economic Development, "this is a good example of where the private sector and Village established an early dialogue as to their expansion needs and desire to remain in the Village." We are happy, in the end, that Barrington was selected as the international headquarters of GE Capital. The Bourns, Inc. Building

will provide GE Capital with the necessary space for continued growth of its business in the Village.

GE Capital Auto Financial Services, which currently employs about 700 people at its Barrington facility is a leading provider of auto financial products and services in 19 countries around the world.

Recon Optical, a subsidiary of Bourns, will maintain a presence in the Village utilizing the building to the rear of the property, as its world wide headquarters.

GE Capital's team for the project includes OWP&P Architects, Inc., Building Architect; Gordon Wigodner Chin & Associates, Ltd., Interior Architect; and Turner Construction company, Construction Manager.



## ATTENTION: OWNERS OF CEDAR ROOF HOMES

Are your cedar shakes **OLD?**

**WARPING? CURLING? MOLDING?**

If the answer is yes, its time for  
**PREVENTATIVE MAINTENANCE.**



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## Pittas Greenhouse Is celebrating SPRING!



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Email us at [Floral@compuserve.com](mailto:Floral@compuserve.com)

## "Preventative Maintenance"

Cedar shingle roofs can last 50 years and lend a natural, woodsy look to your home. But as with many things, their beauty and longevity require preventive maintenance.

According to Barbara Murry of ISK-Biotech, unless protected from the intense sun and moisture that foster mildew and other fungi, cedar roofs may last less than one-fourth their potential life span. If your roof is two years old and is starting to curl or warp, don't wait, call **RG's Cedar Roof Treatment**.

According to Better Homes and Gardens, cedar must be maintained to last. Sta-Brite R, a water-base preservative, seals cedar shingle wood fibers to repel moisture and prevent splitting and mold. The preservative also shields cedar roofs from the damaging ultraviolet rays of direct sunlight.

To find out how we at **RG's Cedar Roof Treatment** can protect and beautify your roof, call **847-658-5562**. Call now for your early spring discount!

## Meals with Wheels Celebrates 20th Anniversary

The Barrington Area Meals With Wheels Program is celebrating 20 years of meal delivery to homebound seniors of the Barrington area this spring with a festive 20th Anniversary Celebration to be held on Monday, April 7 from 9:30 a.m. to 11 a.m. in the Atrium of Good Shepherd Manor.

"This is our opportunity to thank the volunteer drivers, the churches and community organizations who have helped make this service possible," says Meals With Wheels Board Chairman Mary Reinhart of North Barrington. Mary, along with other founding members of the program, including Betty Reed and Diane Stephens of Barrington, will be on hand for the celebration.

Meals With Wheels started 20 years ago when local churches determined a need for the service in our area. Some of the first volunteers traveled to Wauconda to pickup the meals each day. For over 17 years, the meals were provided by Good Shepherd Hospital as a community service and recently, the program has switched sponsors and now receives meals from Governor's Park Rehabilitation Center in Barrington.

The organization has a volunteer force of over 200 people, most of whom they hope will show up for the celebration and be recognized. During an average year, over



Left to right: Founder of Barrington Area Meals With Wheels Betty Reed with Program Coordinator Nita Hunter attending the Barrington Senior Citizens Hall of Fame. Betty was inducted on behalf of Meals with Wheels.

5,000 meals are delivered to nearly 40 different seniors in school district 220. For more information about volunteering call Barrington Area Meals With Wheels at 381-6710.

Other board members helping plan the celebration are Jean Robinson of Lake Barrington Shores, Nita Hunter of Barrington Meadows, and Laura Semmens of North Barrington.

## Lyric's Concertmaster Comes to BCLO

Judith Allen, Program Chairwomen from Inverness, and members of the Barrington Chapter of Lyric Opera of Chicago will welcome members and guests for an afternoon with Everett Zlatoff-Mirsky, Lyric Opera of Chicago's concertmaster and orchestra personnel manager. The program will be presented promptly at 2:30 p.m. On April 11 in a lovely Lake Barrington residence. A luscious dessert buffet will be provided by Bonnie Westphal, Hoffman Estates, Barbara Keegan, Schaumburg, and their committee. \$10 for members. \$15 for guests. Please respond by April 4. Checks payable to Barrington Chapter of Lyric Opera c/o Jocelyn Murray, 1713 Beaver Pond Road, Inverness IL 60067. For information 847-359-1678. To share rides, phone Maggi Powell 847-381-7198.

For inquiries on the Barrington Chapter



BCLO Program Chair Judith Allen, Inverness, will welcome guests to a lovely afternoon.

(over 200 members and growing), please phone Maribeth Totten 847-202-1753.

## Congratulation To BHS Faculty Member

Congratulations to Barrington resident John H. Anderson, B.H.S. teacher of Jewelry and Metalsmithing, who recently exhibited his jewelry work in the Art Gallery at Northern Illinois University in

DeKalb. He also presented his thesis and completed requirements for the Masters of Fine Arts (MFA) degree. Barrington High School is indeed fortunate to have John Anderson as a member of its fine art staff.



## Would Your Family Enjoy This?



Summer will soon be here. With it comes carefree days for family fun. Wouldn't a spa on your deck be great? Spas don't have to be hot in Summer. You can have them cool and refreshing. And, on a cool

Summer night, turn it steamy again.

For a spa set in a perfect setting (your design or theirs), call **Swanson's Spas & Saunas** on Rand Road in Lake Zurich. Why put it off any longer?

## Great Gardens of the Chicago Region

Would you enjoy viewing three different, special gardens in the Midwest while traveling no further than Inverness? If the answer is yes, then you will want to attend the next meeting of the Garden Club of Inverness. On Thursday, April 17, 1997, the featured speaker will be Carolyn Ulrich, who will present an in-depth look, via slide presentation, of three special gardens whose characteristics make them unique. The gardens she will feature are: Bill Brincka's mini-arboretum and hosta extravaganza; Trudi Temple's perennial borders in Hinsdale; and John Anderson's Japanese retreat in Rockford. Carolyn Ulrich is currently the Managing Editor of *Chicagoland Gardening Magazine*. She was the garden columnist with the *Sun Times* for seven years, as well as a contributing writer to many garden magazines.

The years of experience and the expertise she brings to a presentation of this kind should make for a "not to be missed" event, plus it's readily available in our own back yard. The meeting on April 17th, will be held at Holy Family Church, 2515 West Palatine Road, Inverness at 9:30 a.m. As always, there will be a short business meeting, followed by refreshments, after which the program will begin. Once again, we extend a cordial invitation to interested guests. We anticipate a good response from our membership as well, for this, our final program of the club year. For further information, please contact Membership Chair, Charlotte Dilillo at 304-9856.

Look for details regarding the Spring Banquet of the Garden Club of Inverness in early May.

## Barrington American Legion Post 158 Eighth Annual Golf Outing May 19

Barrington American Legion Post 158 will host its Eighth Annual Golf Outing on Monday, May 19 at Cary Country Club. Men and women friends of Barrington Baseball are invited to share a day of golf and fun in support of American Legion Baseball. Everyone is welcome to participate or contribute to cart and hole sponsorships.

The \$110 donation for the day covers green fees, cart, refreshments and post-golf buffet. Non-golfers are welcome to attend the afternoon activities and buffet for a \$50 donation. To reserve for the event, call Ray Tourville at 847 381-4142 or Bob Kruse at 847-381-7031.

Proceeds will benefit Barrington's

American Legion Baseball team under the leadership of Coach Kirby Smith. The team, comprised of outstanding area high school and college players, will play a 55-game schedule during June, July and August. The public is invited to attend home games at Barrington High School Varsity Baseball Diamond.

During the 1997 season, the Barrington Legion Baseball Team will make an unprecedented run for its eighth State Championship. Barrington holds State Championship Trophies from 1978, 1979, 1985, 1986, 1988, 1991 and 1995. A measure of future success will be attributed to the continuation of funding from Post 158 and its golfing friends.

## BWC Literature Group

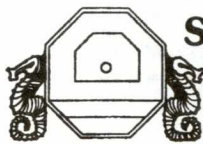
The Literature Group of the Barrington Women's Club is pleased to present Suzanne K. Hales, a reviewer well known throughout Illinois and Indiana on Monday, April 14, 1997. Ms. Hales will review the book, *The Duchess of Windsor*, written by Michael Block. Light refreshments will be served at 12:30 p.m., with the review

beginning at 1 p.m. in the Zimmerman Room at the Barrington Library.

All Barrington area residents are invited to attend this program provided by the Barrington Women's Club as a community service. There is no charge for this event. Please call Helen at 381-6558 for further information.

## Summer Means Hot Tubs/Spas

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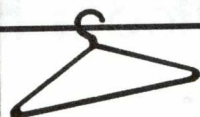


## CLOSET MASTERS

Cary

516-3772

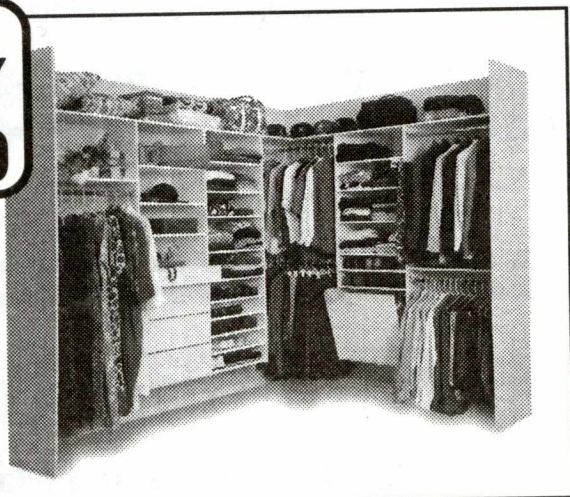
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## The house you build: dream or disappointment?

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And how does a stranger in paradise do that? With the guidance of a Realtor who has been around the block. A Realtor who can help you make informed decisions from the beginning. Who can not only help with the answers, but can help you know the right questions.

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## Storage Solutions for the Entire Home

In a world of changing lifestyles and rising construction costs, today's homeowner requires careful use of space throughout the home. To date, homeowners wanting to maximize closet, home office, and garage storage spaces have endured and accepted low-grade options.

Now, there is a better way!

**Closet Masters closet and storage systems.**

Organize the entire house with **Closet Masters** storage systems. **Closet Masters** closet systems are professionally designed to meet your needs and your budget. **Closet Masters** looks at how you want to use your closet and then determines how we can help you make the best use of your space. **Closet Masters** systems are expertly installed, using the highest quality materials. **Closet Masters** systems are

completely flexible and adjustable. Even after your closets are installed, you can move shelves and wardrobe rods or add additional accessory items. To complete your custom storage system you can easily add drawers, baskets, velvet-lined and clear-lucite jewelry inserts, tie and belts racks, and finally laminate doors.

**Closet Masters** systems work wherever there's a need to get organized. You can organize the entire house with **Closet Masters** closet, home office and garage storage systems... master bedrooms, children's bedrooms, pantries, linen closets, laundry rooms... THE POSSIBILITIES ARE ENDLESS!

**Discover hidden storage potential!**

**Closet Masters** systems can be designed to fit your SPACE, your POSSESSIONS, your LIFE!



### Tips from the Top of The Rock™

Margaret R. Semrad  
Broker/Manager  
Barrington Office

ThePrudential  
Preferred Properties

Building a new home is not only a major project but a complex one. That is what my friend Napoleon came to understand when considering new home construction.

Napoleon called to tell me it was time to make a change. He was not going to do any more updating or maintenance on his present home. He wanted a change... and thought about building a home. Since Napoleon knew nothing about new construction it was time for him to learn about being a new construction home buyer.

"Napoleon, calling a Realtor was the right first step on the road to becoming a ready-to-build buyer. And why? Because the Realtor is trained to listen to buyers and ask questions to crystallize their ideas, to satisfy the needs, wants and expectations of what their future home should offer."

**MAJOR MISTAKE:** A few ready-to-build buyers go out of their way to avoid working with a Realtor under the mistaken assumption that it will cost them extra money. When in reality using a Realtor's expertise is extremely helpful in the purchase of new construction and most builders have already included the Realtor's fee in the new home package price whether the buyer buys through a Realtor or not.

Today's Realtors do have knowledge of new construction and can help create a value-packed alliance between builder and buyer. They also know the important questions that should be asked of any builder before the final selection is made.

**WHERE TO START:** The educational process. "Napoleon, you must wind your way through three distinct phases. First, deciding whether to be a custom home buyer or a buyer of a pre-designed new home in a subdivision. Some builders specialize in grand and costly homes while others specialize in homes of different

periods, smaller sizes and prices. Once the Realtor understands what the buyer is looking for, the Realtor will find the right builder. This is much more time efficient, Napoleon, then driving around until you find the right builder.

"Second: Finding the right builder. Realtors are responsive to the buyer's budget and will guide the buyer to a builder with a solid reputation who will best service that buyer's needs. The Realtor works with the buyer at the onset by submitting and negotiating a sales contract, resolving issues during the construction phase and after the new home is built. The Realtor acts as an intermediary with the builder. Many new home buyers feel uncertain when dealing with the builder and will rely on the Realtor to help settle issues."

As mentioned above, builders are all different in talent and specialty. Some are builders of developments and subdivisions. Others only build their specialty... such as high-tech contemporary homes. While others are custom builders who design a home to your vision. Some builders work with architects to help produce custom homes with distinctive designs while other builders perform the design role themselves.

"Third: Decision Time. New construction buyers have many decisions to make. The foundation of the home cannot be started until a floor plan has been agreed upon. Our Realtors assist buyers in making informed choices in all selections and help the new home buyer stay with the budget by making decisions in a timely manner."

Building a new home is a big undertaking and picking the right Realtor and working with that Realtor does make a dramatic difference. To smooth the way we, at **The Prudential Preferred Properties**, have assembled information

(Please continue on page 46)



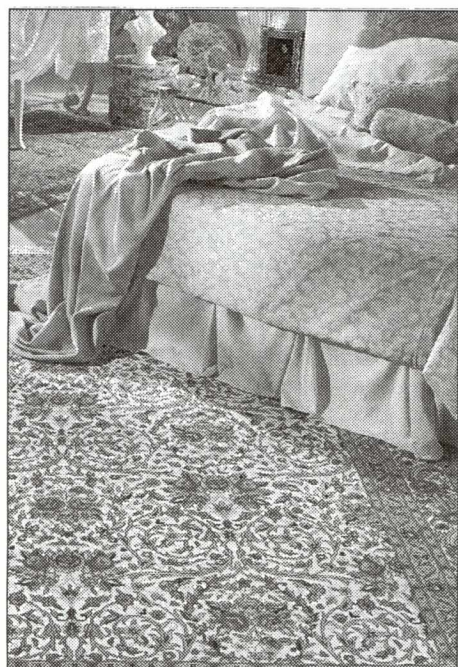
## Surround Yourself in Elegance



This spring are you ready for a new interior design for your home or office? Call Adele Lampert, ASID at **Page One Interiors** for a look that reflects el-

egance and charm. Whether you are looking for kitchen remodeling, office remodeling or accessories that say so much, **Page One Interiors** can help.

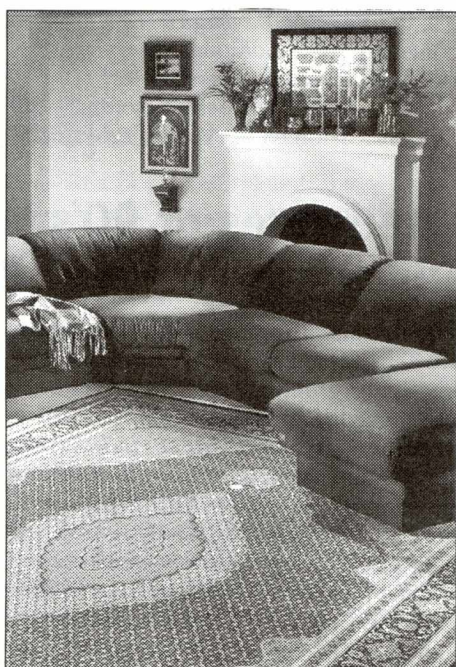
## Fine Handmade Persian and Oriental Rugs



At **Rugport**, you will find one of the Midwest's largest selection of fine handmade Persian and Oriental rugs. You will find rugs in all shapes and sizes from all around the world. Rugs are now offered in new designer patterns and colors as well as the more traditional patterns and colors.

**Rugport** is offering these beautiful handmade rugs at **45%-65% OFF** the ticketed prices—quality and prices that no others can match. But hurry, the sale ends April 30, 1997.

Compare our price, selection and quality on fine Persian rugs which in-



clude Tabriz, Heriz, Serapi, Isfahan, Nain, Kashan, Sarouk, Mashad, Qum and many more. **Rugport** is a family-oriented business which prides itself on being professionals in the art of hand made rugs.

The owner representatives at **Rugport** will be happy to provide a **FREE** appraisal of your oriental rug. **Rugport** also offers professional rug cleaning, restoration and trading services.

**Rugport** is located in Palatine on Hwy. 14 in a distinctive blue building. There is plenty of free parking at the rear of the store. Visit soon! *Seeing is believing!*

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## Garden Clubs Celebrate Arbor Day

The exact day may differ from state to state, but the month of April marks an event that was first conceived by a Nebraska pioneer and is now observed and celebrated in the United States, Canada and other nations. Arbor Day commemorates and recognizes the importance of trees in preserving the environment, assuring our future conservation, and providing natural beauty.

The Council of Barrington Garden Clubs has been doing their part to promote Arbor Day for 27 years. In 1970, the Council began distribution of tree seedlings to School District 220 fourth graders and planting a tree on school grounds in alternate years. This project, chaired by Joanne Larson, Field & Flower Garden Club, continues to be one of the many activities of the Council, which consists of seven garden clubs:

Country Home & Garden, Countryside Garden Class, Garden Club of Barrington, Field & Flower Club, Green Thumbs, Little Garden Club of Barrington and Village Planters. Members want to help our children understand fully the importance of trees in our lives and to instill a lasting reverence for this priceless national resource.

On April 26, a black alder tree, a native specie, will be presented to each District 220 elementary school and representatives from each Garden Club will conduct classroom discussions with fourth graders.

The Council urges all residents to visit the Barrington Area Library and look for the Arbor Day Display cases organized by Bonnie Kloosterman and Ursula McBrearty, Co-Chairmen, Country Home & Garden Club. Also, select a tree for your yard and plant it in celebration of Arbor Day, 1997.

## Free Programs for Seniors

The Barrington Area Council on Aging, Inc. will be holding the following FREE programs in the Barrington Room at Langendorf Park at 12:30 p.m.

**Monday, April 7 • "Aromatherapy"**  
Our presenter, Cathy Bargaenquast, will introduce us to the relaxing benefits of aromatherapy.

**Monday, April 14**  
**"Guild for the Blind"**  
Cheryl L. Laninga, education coordinator, will be our speaker.

**Tuesday, April 15 • "Aromatherapy"**  
Our presenter, Cathy Bargaenquast, will introduce us to the relaxing benefits of

aromatherapy. Note: this program will be held at 11 a.m.

**Monday, April 21**  
**"Australia and It's Birdlife"**  
John Wood, fellow senior and BACOA member, will present a slide show of his trip to Australia

**Monday, April 28**  
**"Sing-a-Long"**  
Cheryl Saunders will play piano and conduct a sing-a-long with the seniors.

Come early and join us for lunch at noon. Lunch is \$2, the program is FREE. Please RSVP to the Barrington Area Council on Aging, Inc. at 381-5030.

## Exciting New Spring Merchandise

Say good-bye to those drab winter woes, and what better way to welcome spring than with a whole new look for your house, office or condo. Our newly remodeled showroom features fresh invigorating design ideas to brighten your home decor.

We are introducing a beautiful new rug collection. And you'll find many special decorating touches from crystal decanters to sensational framed art from **Kim's Custom Framing**.

Along with our exciting new spring merchandise, we are delighted to announce the addition of two designers to our experienced staff. Let them or any one of the **Decorating Connections** staff assist you with your decorating problems.

**Decorating Connections** is located in



the Marketplace Shopping Center on Route 59 and Kelsey Road.

## Paving Stones Add Elegance!

We all enjoy that perfect setting—that beautiful landscape—surrounding a home and office complex. Such a setting didn't happen spontaneously. Special settings that generate feelings of wonderment, tranquility, and contentment depend on both the perfect design created by a professional landscape architect and the perfect installation completed by well trained installers. Such beautiful landscapes aren't limited to shrubs, trees, and other selected plants. They can include a variety of elegant patio, sidewalk, and driveway designs utilizing **PaveLoc Paving Stones** that exquisitely enhance the entire setting. Combined with natural landscape borders and timbers or lush ground covers, the **PaveLoc Paving Stones**, used in contemporary, traditional, or country designs, promote the desired effect.

Create your own perfect setting—call the professionals at **Tom's Lawn and**



**Landscaping**. They provide *complete* landscaping service—perfect designs, beautiful installation, meticulous care, and year-round maintenance. **Tom's Lawn and Landscaping** is family owned and operated, providing the personal touch and genuine care for its clients that only owner participation and involvement can assure.

## Challenges of 90's Womanhood Discussion at Next BAPW Meeting

Juggling families, careers, intimate relationships or lack of relationships, surviving gruelling daily routines—the demands of modern life often leave women anxiety-ridden, frustrated, resentful and depressed. At the April meeting of Barrington Area Professional Women, psychotherapist Judy Kaplan will lead a discussion on the wisdom that influences the choices women take in their lives and present holistic methods for

coping.

The dinner meeting will be held at Chessie's Restaurant in Barrington on Thursday, April 3, 1997 beginning at 6:15pm. The cost is \$20 for members and \$25 for non-members. For reservations and information, call Mary Beth Pinda at 847-382-4763.

BAPW is a not-for profit group open to business and professional women in the northwest suburbs.

## Parent Networking Workshop

NEVER ASSUME is a topic of the Parent Networking workshop on Wednesday, April 30, 7-8:30 p.m., at Barrington Middle School, Prairie Campus on Dundee Road. The workshop is sponsored by the School District 220 Parent Networking Council whose representatives are from Dist. 220 elementary, middle, high and St. Anne schools.

Parent Networking is parents doing what their children do; they talk to each other! It is a communication technique developed by the Alliance of Barrington

Communities for Drug Education (ABCDE) which promotes parental responsibility in health and safety issues and for the prevention of high risk behavior, especially in youth social situations. The workshop provides role plays by experienced PN discussion leaders, handouts for home use, and small group practice.

Child care and student supervision will be provided free of charge. Call Libby Johnson at 428-3787 to reserve a space for your child.



## An Exciting Home Addition



In addition to providing custom room additions with bathrooms, kitchens and fireplaces, **Armcor Design and Build** is your local store for **Four Seasons**, the nation's largest manufacturer of greenhouse/solarium-type room additions for residential and commercial applications.

Each **Four Seasons** product is meticulously designed and crafted to be a practical, beautiful, and exciting home addition that will bring a new dimension of space, light and warmth to what might otherwise be an ordinary room, whatever the season or location of your home.

**Armcor Design & Build** craftsmanship and quality products are also an excellent investment and can add real value to your home. Often, much of your investment in a **Four Seasons** sunroom can be recovered when you sell your home.

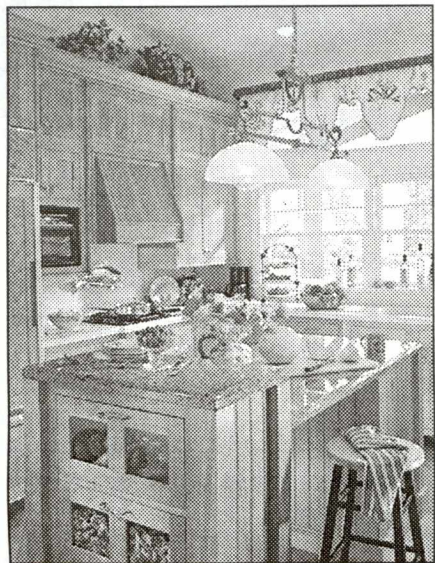
Glass room additions create views of the sun and sky and add extra living space with possibly little or no alterations. New SunSmart glass, with a Lifetime Warranty

and specially designed to keep summer heat out and winter heat in, is one key to **Four Seasons'** success—especially in our Chicagoland climate.

Many patented features are available exclusively from **Four Seasons**, and all products are designed to meet or exceed building-code structural requirements and have successfully withstood more than 100,000 installations.

**Armcor Design & Build** will provide you with a complete "turn key" room addition project or you can build it yourself. Every **Four Seasons** greenhouse/solarium product is maintenance-free, weather-tight and comes with a lifetime limited warranty on MC<sup>2</sup> glass, five year warranty on parts and a one year warranty on labor. There are numerous options, both wood and aluminum systems, and a wide variety of models and sizes. For more information, phone (847) 358-4860, or visit our showroom at 2001 Rand Road, Palatine.

## How to Survive a Kitchen Remodeling Project



Are you planning a home remodeling project? While remodeling can be exciting, people often procrastinate remodeling a kitchen because of the mess and inconvenience.

Star Norini, CKD, owner of **Distinctive Kitchen Designs** in Wauconda says, "We try to make the remodeling as painless as possible. As soon as we have finalized the design and cabinets have been ordered for our clients, we begin to work out a realistic plan and schedule for remodeling. We can usually keep the "mess" confined to

the area being remodeled, but what our clients find most inconvenient is being without the use of their kitchens.

Certainly going out to eat is an option. This option can be expensive and even the worst "Junk-food Junkie" will tire of eating fast food for three or four weeks. Instead, we will often suggest an area for a "temporary kitchen." We will move a refrigerator, microwave, and/or electric cooking appliance to an adjacent room. This enables the clients to prepare meals while the new kitchen is being installed. We also suggest that the client prepare meals weeks in advance and freeze individual servings in plastic bags that can be reheated in the microwave and served on disposable plates and cups. Clean up (which can be challenging without a sink) is, therefore, kept to a minimum.

Your friends and family can be a great help during the remodeling. Most clients find that once they announce plans for a kitchen project, dinner invitations follow quickly.

Lastly, Norini adds, I try to describe the remodeling process as realistically as possible. I let them know that it will probably be a difficult time for a few weeks. In that way, they have time to plan, prepare and look forward to their new kitchen.

**Distinctive Kitchen Design** is located at 203 South Main Street in Wauconda, (847) 526-7822.

## Is Your House Trying To Tell You Something?

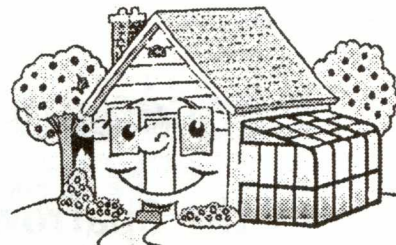
### House Sick?



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Visit our showroom soon. One of our designers will be happy to talk to you about planning a kitchen.

### Distinctive Kitchen Designs, Inc.

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## Home of the Sparrow Celebrates "A Symphony of Stars"

Home of the Sparrow honored "A Symphony of Stars" on Saturday evening, March 1, at The Lakemoor in Lakemoor. The successful event netted \$29,000 and featured recognition of 27 volunteers and donors, a silent auction, and live auction. More than 300 attended the celebration recognizing volunteers and donors who have kept Home of the Sparrow moving toward the future. For ten and a half years,

Home of the Sparrow has provided transitional shelter and services to homeless women and children. Depending largely on volunteer assistance and private contributions, Home of the Sparrow has assisted more than 1,000 women and children into improved job opportunities and permanent housing through education, counseling and mentoring support.

Home of the Sparrow volunteers have

made it possible to develop a mentoring program for graduate residents, a program for expectant mothers and infants, and staff a resale shop in McHenry. Volunteers have also given their time in child care, building renovation and maintenance, data entry, transportation for residents, financial counseling, and fund raising.

The evening's honored "Stars" were Sandra Barker, Friends of the Sparrow;

Ann Beck, former board member; Sr. Angela Blackburn, shelter volunteer; Peg Bradley, cofounder of Lake County Haven; William Busse, treasurer and board member; John and Rita Canning, developers of Palatine shelter; Betsy Chandler, founder of Home of the Sparrow Pennsylvania; Gladys (president) and Jerry Choate, representatives of Allstate Foundation; Cary Cook, maintenance volunteer; Bonnie



Home of the Sparrow board member, Laurie Frost (left), staff member Kaye Verner (center), and volunteer Chairperson Lori Stenstrom, planned A Symphony of Stars fund raiser. The event netted the homeless shelter \$29,000. Lori's husband, Steve Stenstrom, of the Chicago Bears assisted with the live auction.



Michele Gillett (left) of Barrington was one of the honored "Stars" at Home of the Sparrow's "A Symphony of Stars" celebration of volunteers who contributed to the organization's ten years of service to the homeless. Michele is joined by husband, John.



Gladys Choate, President of Home of the Sparrow's board of directors and, husband Jerry, CEO of Allstate Insurance, were recognized as "Stars" for their contributions of time, and as representatives of Allstate Foundation, generous supporters of Home of the Sparrow.

Cowhey; fund raising; Robert Doran, board member and former president; Ann Emery, Sparrow's Nest Thrift Shop organizer; Ed and Marlene Farver, shelter renovation; Michele Gillett, Friends of the Sparrow and board member; Marlon Gray, building renovation and board member; Mike Gretz, co-founder Lake County Haven; Larry and Cindy Gatz, Woodstock shelter; Johnsbury Knights of Columbus, Johnsbury Challenge; Sue Low and Committee At Large, Sparrow Golf Outing; John Orso, gardening; Helen Pollock, mentor; Gerry Reckamp, shelter volunteer; Joe Rubino, Food Wagon and advisory board; Sr. Nancy Traeger, co-founder of Home of the Sparrow; Ken Veen, building renovation; Norm and Pat Winter, maintenance and shelter volunteers; John Zabor, building improvement and former board member.

The gala event was organized by committee members and volunteers chaired by Lori Stenstrom of Gurnee. Other committee members were



Glenn Mueller of McHenry (left), Jeff Ross, board member of Barrington (center), and Rev. Phyllis, Executive Director of Home of the Sparrow, enjoy the Mueller's first grandchild, Alexandria, at the annual fund raiser for Home of the Sparrow.

Michele Gillett of Barrington, Laurie Frost, Becky Jacobsen, Janice Jones, Enza McDonald, and Betty Tomlinson all of McHenry. The committee worked in conjunction with Home of the Sparrow staff member, Kaye Verner.

Sponsors and underwriters of the event included Allstate Insurance, American Airlines, John and Rita Canning of Barrington, Chicago Bears, Dominicks, Jerry and Barbara Lipinski, Marriott Desert Hot Springs Hotel, Chapel Hill Country Club, Chicago Bulls, Robert and Karen Doran, Edstan, Inc., Brad and Laurie Frost, Michele and John Gillett of Barrington, Holiday Inn-Crystal Lake, Klaus Schmechtig Company, McHenry Specialties, Reverend Phyllis and Glenn Mueller, Oak Brook Hills Resort, Pressing Matters Printing and Copy Center, UNICORN Publications, Steve and Lori Stenstrom, Thompson Insurance, and many other businesses and individuals from McHenry County and the Chicago area.



## From a Woman's Point of View

by Gail Wickstrom, Wickstrom Ford

Last week Tim asked me to listen to some tapes of the radio ad he's planning for next month. Some of them were in a new vein following some print ads we did earlier.

When I listened to them I thought they were a little mushy, but it's hard to convey a message like loyalty, honesty, and dependability without sounding that way.

As in all businesses we are here to make a profit or we wouldn't be here very long, but we also want to provide the absolute best sales and service experience possible.

Tim, Colin, Richard and I are thrilled and proud that we have received the Ford Motor Company Chairman's Award for the fourth year in a row. This is the highest award we can receive from Ford Motor Company, but the best part is that our customers are the judges.

We try to make sure every one of our customers sales or service experience is a perfect 10 and when we don't live up to that we want to know so next time it will be.

In our business we don't usually get second chances, so we try very hard to get



it right the first time. When a business involves a product and service there is always the possibility that either a person or a product will not perform up to the normal standards on any given day.

We wish to always be "THE BEST" and strive as hard as possible to fulfill those standards both for you, the customer, and our own personal standards.

## Scotty's—Groceries On Wheels

Just don't have time to get to the grocery store? Hate those long, frustrating lines? Difficult taking the kids? **Scotty's Home Delivery** can help. We have been in business for over four years now, servicing the grocery needs of people just like you. We service 45 north and northwest suburban communities, with a customer base nearing 2,000 clients. Best of all, you pay grocery store prices, with only a nominal delivery fee to have them brought to your front door! Our average delivery fee is only around \$3.00!

All of our customers receive a price book with the nearly 5,000 items that we carry. It includes all of your favorite name brand suppliers, and an assortment of specialty items that you won't find at the grocery store, such as fresh butcher meat and seafood, whole grain breads from the Barnaby Smythe's Stone Ground Bread Company, fresh baked goods from a local bakery, and the finest of fresh produce we receive in daily.

Ordering is very simple. You can either call in or fax in your order, just indicating the item numbers you would like to have delivered. We will give you a total due for your delivery, and you can pay us by

check or credit card. The great thing is that you don't even have to be home to accept delivery (around 50% of our customers are not). We can do this because we deliver all of our refrigerated and frozen items in Igloo coolers with ice packs, so even ice cream stays frozen while your groceries await you. The dry products are delivered in waterproof boxes with lids on them. We will work out a convenient place with you to leave your groceries if you are not going to be home, and they will be waiting there fresh when you arrive. If you are going to be home we will unload them on your counter for you. It's that simple!

This is not a club of any kind, we are simply a grocery store that only delivers. You order when you want (Monday through Friday) and however much you want. We guarantee 100% the quality of all our products. To receive an information pack describing the service, including a complete price book, just give us a call at (847) 726-8897, and we would be happy to send one out to you. Isn't it about time you enjoy your free time and spend your discretionary time the way you want to spend it? Let us help! We look forward to hearing from you.

## "International Fling"

On Wednesday April 9, 1997 the GFWC/Northwest Woman's Club of Palatine Township, Palatine, Illinois will present their second "International Fling" at the Cotillion 360 S. Creekside Drive, Palatine, Illinois (west of Rt. 53—north of Rt. 14 (Northwest Highway)). Time: 5:00pm; Dinner 6:30pm. Donation per person: \$25. There will be ethnic entertainment, door prizes, and arts & crafts table vendors. Reservation deadline is April 2, 1997.

This fund-raiser, as in the past, enables the club to provide for their philanthropic

endeavors. This year the main goal is to do the North Chicago VA Medical Center's—"Adopt-A-Room" Women's Program. GFWC/NW also gives out college scholarships and assists with the Hugh O'Brian Young Foundation Seminar (this is a program that helps sophomores in high school develop leadership).

They are hoping that the community will come out in supporting their efforts. This is entertainment for the whole family. For information call Anna 847-991-3143 or Liz 847-259-1161.

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Receive \$10.00 Worth of Free Groceries on Your First Order of \$50.00 or More. Not Valid with Other Offers. Expires 4/30/97

## \$50,000 to Someone You Know

Has someone in your workplace or community changed conditions for people with physical disabilities? He/she could win the 1997 Henry B. Betts Award, a \$50,000 unrestricted cash prize awarded by Prince Charitable Trusts. The Betts Award Jury seeks an individual who makes significant contributions to quality of life for people with physical disabilities. The work can be in any field. The candidate does not have to be a person with a disability.

### Winners Serve Third World; Draft Laws; Empower Families...

Created in 1989, the Award honors both pioneering efforts and dynamic vision typified by Henry B. Betts, MD, of the Rehabilitation Institute of Chicago. His work has been to change social attitudes toward physical disability. Laureates have come from communities as diverse as Cabin John, Maryland; Rockford, Illinois; and San

Rafael, California. Past winners include:

- a civil rights advocate
- a medical doctor specializing in psychiatry (fizzy-a-tree)
- a teacher who founded a national network of computer technology centers
- an engineer who designs and builds wheelchairs for Third World users
- an author who initiated the first civil rights legislation for people with disabilities
- an executive of an organization that benefits over 8 million families.

All nominations must be submitted on official forms and postmarked by the June deadline. A national Jury will select the winner in the autumn and award the \$50,000 prize. Direct all questions and requests for official forms to: The Henry B. Betts Award, 303 W. Erie, Suite 400, Chicago, IL 60610, 312/335-1592, e-mail: hbbaward@nathanpr.com.

## The Elgin Symphony Orchestra with Michael Schneider, Piano

The Elgin Symphony Orchestra's Classic Series continues with *Franckly French* featuring the fabulous French music of Chopin, Massenet and Franck, Saturday, April 5th at 8:00 p.m. and Sunday, April 6 at 3:30 p.m. at the Hemmens Theatre in Elgin. Pianist Michael Schneider, Grace Welsh Prize for Piano Competition Laureate, will be performing the expressive Chopin Concerto No. 1 in e minor for Piano and Orchestra. The Elgin Symphony Orchestra conducted by Phil Bauman, will

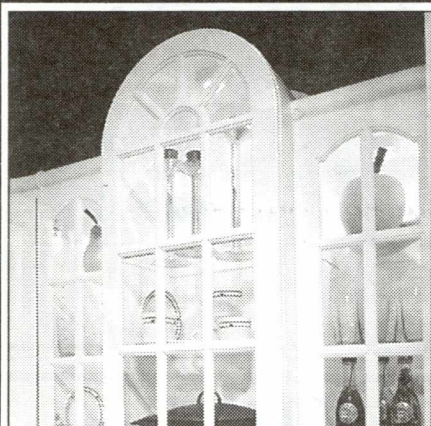
also perform ballet music from Massenet's *Le Cid* and Franck's Symphony in d minor.

Single tickets are available for *Franckly French*, \$10 - \$26. Call the Elgin symphony Orchestra Box Office at (847) 888-4000 or stop by the new location at 20 DuPage Court in downtown Elgin to order tickets now. Box Office hours are 10:00 am - 5:00 pm Monday through Friday. For more information or directions, please call the Elgin Symphony Orchestra at (847) 888-4000.



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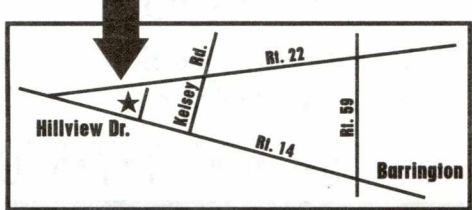
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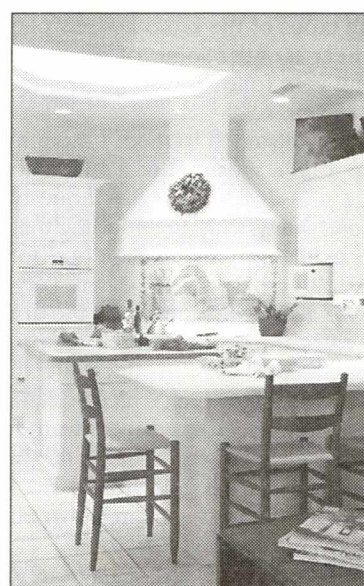
## Quality Cabinetry and Solid Surface Counter Top Specialists

**Lamico Designers** was born in the early 1970's with sights firmly set on the future and with a vision of supplying high-quality cabinets at an affordable price. They have three modern showrooms which are located in Arlington Heights, Deerfield and also in Barrington.

Jim Kill is our award-winning designer at the Barrington location. He will be glad to show you what is available in new kitchen products and what can be done with these products to make a better kitchen for you. **Lamico Designers** uses specialized computer software, so that you can see your dream kitchen and how great it will look before it is even installed in your home. All estimates are at no charge to our customers. Come in and see what your dream kitchen can look like.

Now is the time to update your kitchen with new cabinets and counter tops. **Lamico Designers** is a specialist in Corian, Fountainhead, Surell and Avonaite solid surface counter tops. We have invested in special equipment so as to be able to custom build your solid surface counter tops in our own warehouse. **Lamico** also carries a complete line of laminate surface counter tops. Choose either oak edging or beveled edging—which ever suits your needs.

Remember over your lifetime you will spend almost 12 years in your kitchen. And when you entertain, where do most of your friends end up? In your kitchen. So



feel proud to have friends in your kitchen. Come into our Barrington showroom and have Jim design your dream kitchen just for you with your needs in mind.

**Lamico Designers** will beat any price offered by another competitor. During April and May, **Lamico** is having an **April Showers Sale**—they will give a \$500 discount with purchase of a complete kitchen. Ask our designer for details. He can make your dream of a new kitchen come true.

We're also on the Internet—Web page <http://www.lamico.com>. COME JOIN US!

## Key to Children's Success: Involved Parents

(Continued from page 12)

schoolwork is important to you and you expect them to learn.

Dr. Huntington concludes, "The informal learning that takes place in the family is not just a prelude to formal education. It's a powerful prerequisite for success

from the primary grades onward."

For more information, or to discuss a specific problem, contact the **Huntington Learning Center** in Barrington at (847) 382-3655 or in Buffalo Grove at (847) 459-5939.

## Pools & Spas, Inc. is Celebrating 31 Years in the Pool and Spa Business

(Continued from page 33)

**Pool & Spa Renovation is Our Specialty**  
We may not have built your pool, but we have the experience to do any necessary repairs that may be needed.

No job is too big or too small.

From pump repair or replacements to total renovation—we can do it.

We are a full service company. We have two retail stores that both offer free water testing and a full line of chemicals, supplies, toys, etc.

Please call us for our spring chemical

sale prices, and our pool opening prices.  
**What is Baquacil?**

That has been the question of the 90's. Baquacil is a non-chlorine disinfectant for your pool. It is a totally different system. Unlike chlorine, there is no order, no dry skin—no need to test your pool water daily—once a week is sufficient. It costs a little more—but it takes the burden off of pool care.

If you would like more information, please call either **Pools & Spas, Inc.** store.

## Senior Citizens to be Honored

The Barrington Area Council on Aging, Inc. will be participating in a program sponsored by North/Northwest Suburban Senior Directors and NBD Bank, honoring senior citizens on Wednesday, April 9, 1997.

"Afternoon Delight," will be held at Chevy Chase Country Club, 1000 North

Milwaukee Avenue, Wheeling, Illinois 60090, from 11:00 a.m. to 2:30 p.m. The program includes a cash bar for cocktails, lunch and entertainment with Franz Benteler and His Royal Strings. Cost is \$21. Transportation is included. Call BACOA at (847) 381-5030 by Tuesday, April 1 to make your reservation.

## Tips from the Top of The Rock™

(Continued from page 40)

and materials from 43 builder clients and developers in a new facility we call our Builders Room. These materials include brochures, video tapes, elevations and floor plans, site plans, surveys and more so that the ready- to-build buyer can more easily consider his options.

Like Napoleon, call one of our profes-

sional Realtors and make sure your decision to build your dream home turns out to be the dream you envisioned.

"All our dreams can come true—if we have the courage to pursue them." Walt Disney said that.

*Have a wonderful spring from The Dream House Headquarters.*

## BWC April Luncheon

Mark your calendar now for a festive and interesting afternoon at The Barn in Barrington on Wednesday, April 16, 1997. Social hour begins at 11 p.m. Those present will be entertained by harpist Jane Lee Wilson, who holds a Master of Music from the American Conservatory of Music in Chicago. She has performed recently with the Naperville Festival Orchestra and the Wheaton Drama Orchestra. Luncheon will be served at noon. The 1 p.m. program will feature Gail Minogue, a numerologist, speaker, teacher and con-

sultant who currently resides in the Chicago area. Her studies have included numerology, astrology, Kabbalah, non-traditional healing techniques and ancient laws that are being rediscovered. She has traveled extensively throughout Europe and the Far East, living several years in the Orient and learning the spiritual teachings of both the East and the West. She will speak on Numerology and how it applies to our lives. Please call Judy at 381-4087 for information and reservations by April 10.

## Simple Solutions for Solving Stress

Does the daily stress of life sometimes leave you feeling out of balance? The Northwest Region of PACES (Parent and Child Education Society) announces that Ms. Rosalie Malter from the Malter Institute for Natural Development will speak about coping with stress and present methods for maintaining life's balance and reducing the chaos, at our meeting to be held on Thursday, April 17, 1997 at Harper

College, Building A, Room 241/242, from 7:30-9:00 p.m.

PACES members and non-members are welcome to attend. PACES is an all-volunteer, non-profit support organization for parents of newborn through preschool age children, offering friendship, encouragement and education. For additional information, contact Linda at 847-359-1634.



# Imagine...

having your outdoor spaces designed as beautifully as the inside of your home.

## LICENSED ARCHITECTS

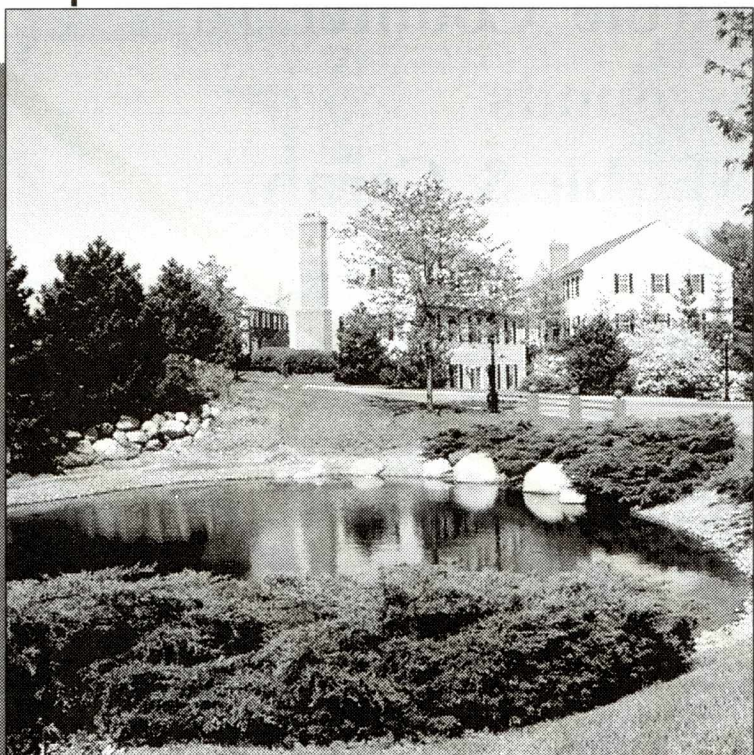
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## The Art of Landscape Design

*"Every plant has fitness and must be placed in its proper surroundings so as to bring out its full beauty. Therein lies the art of landscaping."*

*Jens Jensen, landscape architect*

The Art of Landscaping is how we approach every design we create. While an architect designs buildings and interior spaces, our main concern is forming external spaces and furnishing them with plants, pavings and structures related to outdoor activities. So even if you're only changing a patio or a walkway, consulting with a landscape architect will not only produce a more creative design but will help you save time and money by planning ahead.

So, why should you consider **SanFilippo Landscape**? Unfortunately, finding a contractor isn't like buying an appliance where you can get a model number, compare prices and find your best price. With landscaping there are a lot of variables and knowing the right questions to ask will help you decide who will be your best choice. So to help you decide, we've put together a list of questions you should ask prospective firms. The answers that follow are ours.

### Q: WHO DOES THE LANDSCAPE PLAN AND WHAT DOES IT TELL ME?

A good landscape plan is the basis for a quality job. An architect or designer can be used. An architect has completed 4-5 years of study involving horticulture, soil, surveying, site plans and construction while a designer may have had a wide range of courses. As to what the plan will tell you, it will indicate plant location, existing and new, plus pedestrian patterns, grading and hardscapes.

### Q: HOW DO YOU DETERMINE WHAT MY LANDSCAPE REQUIREMENTS ARE?

At an initial meeting with the homeowner, we ask a series of questions involving your lifestyle and needs. Your answers become the direction of the plan and is the first step to creating an outdoor living space that fits your family's requirements.

### Q: WHAT'S IT GOING TO COST?

Cost is determined by your needs and budget. Once those are determined, we draw up a plan along with a proposed budget. It's important for you to be satisfied with the design of the plan at this point. If you aren't, we will continue to revise the plans until you are satisfied. We

do not charge for our plans when the customer contracts us to do the installation. Until a contract is signed, though, we consider the plan to be our property and it cannot be put out to bid.

### Q: WHERE DO YOUR PLANTS COME FROM?

All plants are not created equal. We only buy from Northern Illinois/Wisconsin nurseries to ensure a plant that is adapted to our climate. Many lawn and garden centers sell bulk plant materials with undersized root systems to accommodate volume shipping. These same plants often come from the south, allowing them to be more prone to disease and unable to handle our winters. Another thing to consider is plant size. Professional nursery stock is larger and helps create a more pleasing look during the first season before the plants are established.

### Q: WHAT GUARANTEES DO YOU OFFER?

Our plant materials carry a guarantee for one full year from date of completion. Exceptions are perennials at 50% guarantee. Hardscape work is guaranteed for 6 years. We are not responsible for acts of

God or damage by others. If the owner elects to enter into a separate contract for maintenance services, all plant materials, except annuals will be guaranteed for the length of the contract.

### Q: ALONG WITH OUR LANDSCAPING, WE WANT A PATIO... (CONCRETE WORK, DECK, A POOL, ETC.) WOULD I HIRE THE SEPARATE CONTRACTORS OR SHOULD YOU?

As a full service company we feel that having us handle all exterior development results in a better quality job for four reasons: 1) The job is completed faster because we have better control. 2) We supervise subcontractors to follow the intended design and effect of the plan. A superior design has many unique elements and many contractors will take shortcuts if not supervised. 3) We hire subcontractors more often and are able to get better service because of an established relationship. And 4) we've shopped around and work with those businesses that offer quality at a reasonable price.

So, whether you're thinking about a few changes or a complete renovation, we would be happy to help you out. There's no obligation, so what have you got to lose? Give us a call at **847-381-1611**.



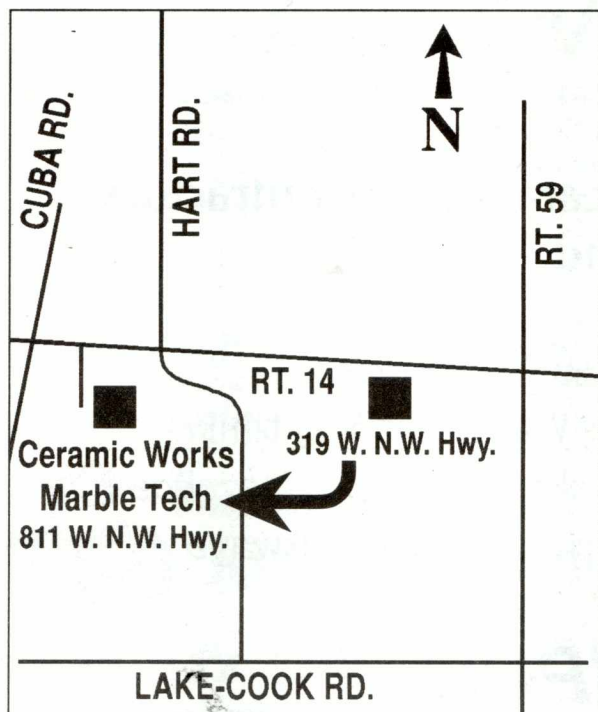


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- Fireplace Surrounds
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- Hardwood Floors



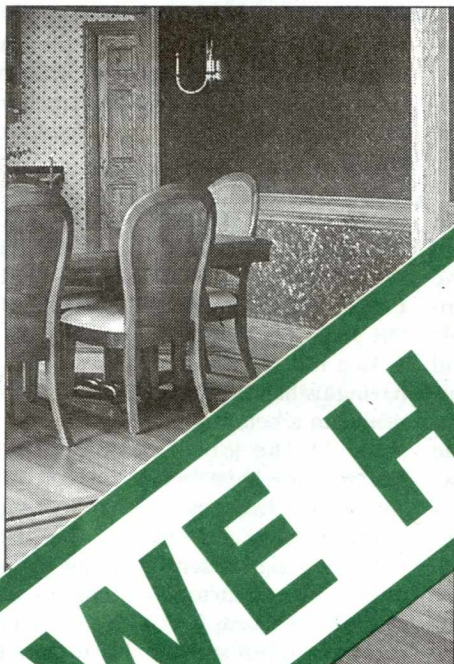
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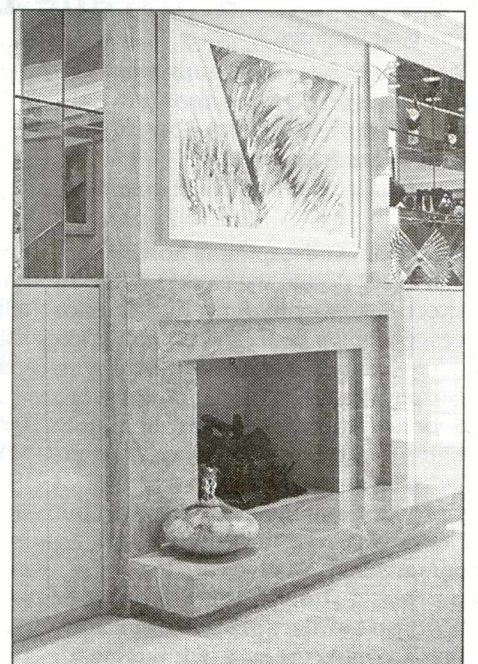
*Limestone & Tile  
Many Wood*



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Extraordinary Beauty.



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