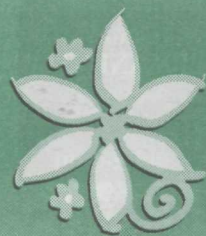


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NEWS MAGAZINE

May 2004



Remember  
\*Mother's Day  
*Sunday, May 9th*

*Splendors of China's  
Forbidden City: The Glorious  
Reign of Emperor Qianlong*

**Hospice of Northeastern Ill.  
Celebrates 20th Anniversary**

**American Cancer Society's  
Relay For Life of Barrington  
June 11 and 12**

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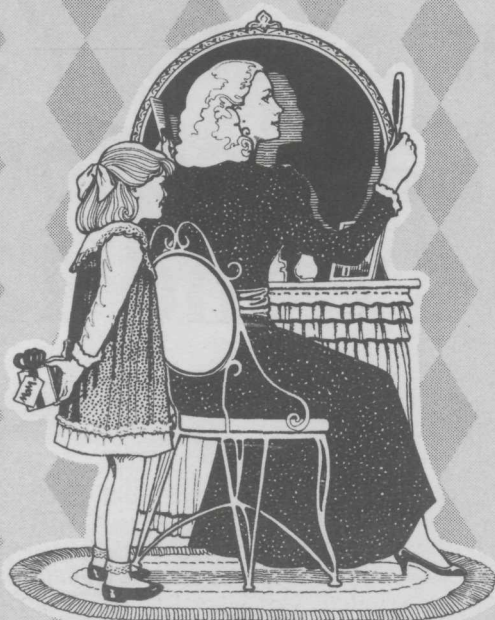
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## Editor's Ink

May, 2004

Dear Reader,

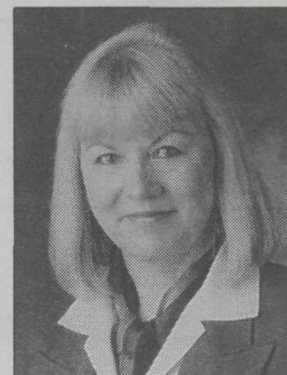
The Hospice of Northeastern Illinois is celebrating its 20th anniversary on Saturday, June 26. The community-based, not-for-profit organization serves families throughout *Lifestyles'* readership area. The hospice provides patient care and bereavement services to all who need them, regardless of their ability to pay. A garden gala on a Barrington Hills estate will be the site of the anniversary celebration, offering a beautiful outdoor pool and beautiful grounds to enjoy cocktails, dinner, dancing and a live auction. Certainly a lovely venue to support a wonderful cause.

Since Mother's Day will soon be here, an outing the entire family might enjoy is the current exhibit at the Field Museum in Chicago: *Splendors of China's Forbidden City: The Glorious Reign of Emperor Qianlong*. Nearly 400 treasures—many never before seen outside the Palace Museum—will be on view to show you life as it was lived behind the palace walls. Tickets are required, however, for the special exhibition, so order them now.

Happy Mother's Day to all you moms. May your day be filled with joy and special memories.

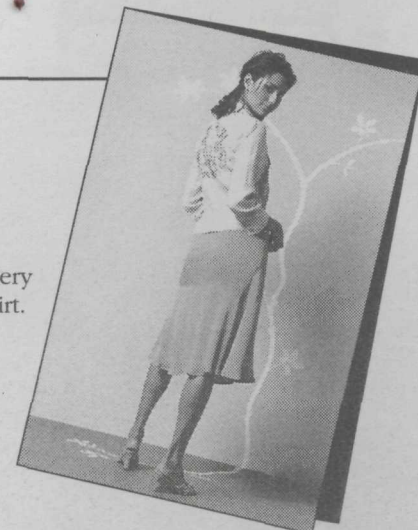
Until next time, peace and happiness.

With warm regards,  
Glenn McMonigal  
Editor, *Lifestyles Magazines*



## About Our Cover

Flax color linen twill jacket with embroidery  
teamed with a primrose silk georgette skirt.  
Liz Claiborne Spring 2004.





## Splendors of China's Forbidden City: The Glorious Reign of Emperor Qianlong



**Emperor Qianlong and Woman Hunt Deer**—Emperor Qianlong, ruler of China for 60 years during the Qing dynasty, was recognized for his skills as a hunter and as a warrior. This is the only painting in Chinese history to show an imperial female engaged in hunting or any other athletic activity. The woman aiding the ruler in a dramatic deer-hunting scene is a mystery, although there are tales she is one of Qianlong's daughters or one of his 40 wives.

It was the largest empire the world has ever seen, stretching from the Siberian forests to the South China Sea and from the mountains of Tajikistan to the island of Sakhalin, north of Japan. Its resources—in gold and jade, in rice and silk, in livestock, land and priceless art—made it richer than all of Europe combined. And at its zenith, it was led by one man who held absolute power over 300 million subjects for 60 years.

This was China in the 18th century under the emperor known as Qianlong. At the heart of the empire was a walled palace complex: The Forbidden City, axis of the universe, pivot point of the four directions, where the "Son of Heaven" lived and ruled.

Today The Forbidden City is Beijing's Palace Museum, a repository of China's national treasures. And now The Field Museum brings to Chicago nearly 400 of those treasures—many never before seen outside the Palace Museum—to tell the story of Qianlong and of life as it was lived behind the palace walls.

The exhibition, *Splendors of China's Forbidden City: The Glorious Reign of Emperor Qianlong*, will be on view through Sunday, Sept. 12.

In carefully crafted environments drawn from actual palace settings, visitors will have an opportunity to view the elaborate, gold-lacquered Dragon Throne from which the emperor ruled; the desk he worked at and the table where he dined; an imperial consort's chamber; and the emperor's memorial throne, with the tablet said to enshrine his spirit. Throughout the exhibition, an extraordinary range of objects will be on display, including jade carvings and ceramics, statues of gold and bronze, imperial dragon robes, hunting gear and weapons, elegant calligraphy and musical instruments, and extraordinarily detailed paintings by Qianlong's court artists who included several Jesuit missionaries.

### Qianlong, Man and Emperor

Qianlong was a man of many talents and interests: a brilliant, hands-on administrator; a hard-working bureaucrat; a skilled military strategist and diplomat; an expert bowman; a dedicated scholar and poet; and a patron, collector and critic of the arts. He was a man of deep feelings, both personal—he was deeply in love with his first empress, writing poems about her long after her death—and religious—he practiced the Tibetan form of Buddhism even while supporting his country's other major religions.

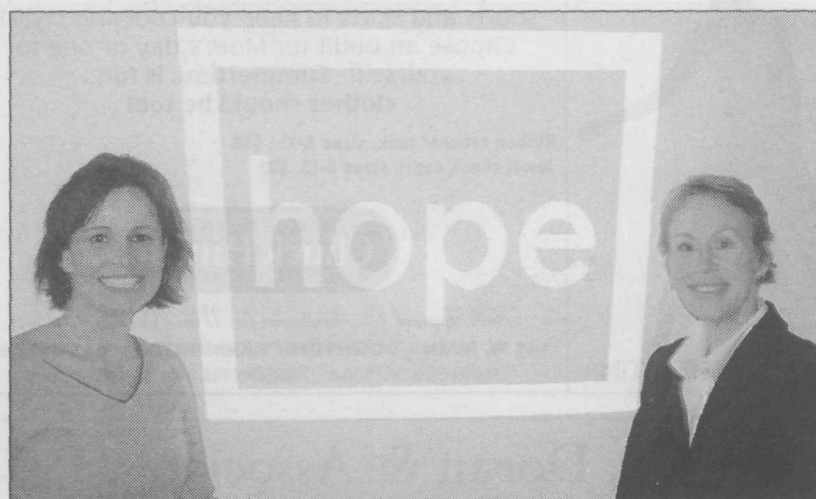
"It's important to remember that Qianlong was a Manchu, an ethnic minority from the northwest corner of China, ruling over a much larger majority of Han Chinese," points out Bennet Bronson, the Field Museum's curator of Asian archaeology and ethnology. "He was determined to maintain the Manchu identity without alienating the Han. He understood that this was a delicate balancing act, and he put a lot of effort into maintaining it, sometimes by blurring and other times by accentuating the differences."

The exhibition examines some of the keys to Qianlong's remarkable success: his tours of the empire to review public works and offer tax relief; his deft intertwining of the symbols and practices of Han and Manchu culture; and his own enjoyment of both "macho" Manchu activities and the more intellectual life of the Han. Qianlong loved the outdoor life and was an expert horseman and hunter (and, notably, admired these skills in women as well as men). At the same time, he was intensely involved in traditional Chinese arts like calligraphy, encouraged innovations in ceramic technology and jade carving, and created a library containing virtually every work of Chinese literature. All of these aspects of Qianlong's life are explored in the exhibition.

### A City Within a City

Qianlong, of course, did not live alone in

## Barrington Hills Estate Site of Gala Event to Celebrate the 20th Anniversary of Hospice of Northeastern Illinois



A gala event to celebrate the 20th anniversary of Hospice of Northeastern Illinois on Saturday, June 26, will be co-chaired by Barrington residents Sheryl Frankenberg (left) and Barbara Reed. Proceeds from *Hope on the Hill* will benefit new hospice program development such as pediatric care and inpatient units.

A garden gala on the evening of Saturday, June 26, will mark the celebration of the 20th anniversary of Hospice of Northeastern Illinois at Tall Oaks Estate, the Barrington Hills residence of Kim Duchossois. The grand benefactors of the event are led by Barrington Bank and Trust.

The event, *Hope on the Hill*, co-chaired by Barrington residents Barbara Reed and Sheryl Frankenberg, will be amidst the outdoor pool and beautiful gardens of Tall Oaks Estate featuring the dazzling sounds of the Lakeside Singers who will delight guests during cocktails and later for dancing following dinner and the live auction.

The auction will include impressive destination packages such as:

- A week in Paris, France, at the internationally renowned Patricia Wells Cook- ing School including lodging
- Weeklong accommodations at Nantucket Island, Mass.; Naples, Fla.; Hilton Head Island, S.C.; and Park City, Utah
- A luxurious weekend in New York City at a prestigious hotel in the Upper East Side with transportation aboard a private jet
- A weekend at a Gold Coast luxury

The Forbidden City. He had more than 40 consorts—wives of various ranks—who also lived within the palace walls with their children, the wives of former emperors, maids and eunuch servants. During the day, the complex also filled with guards, government officials and other workers. The exhibition gives a vivid picture of what life was like for the royal family—especially the women.

"This was an extremely hierarchical society," Bronson says. "To take just one example: in the exhibition, you'll see a dining room setting where Qianlong might have eaten with two of his wives. Each of them had their own table, in a specified position according to her rank. Wives of each rank also ate from dishes with specific patterns and colors."

Some say the palace women were only "birds in gilded cages." Certainly their activities and relationships were tightly restricted. But here and there—for example, in a painting of a young woman on horse-

back, handing an arrow to the emperor—the exhibition hints at something more.

"We hope this exhibition will stimulate more scholarship on palace history," says Chuimei Ho, a China expert and adjunct curator at the Field Museum. "There hasn't been a lot in the United States—not the way there is on Chinese political and social history. But the work we and others have been doing has already spurred scholarly interest, and we expect to see more conferences and publications as a result."

For ticket information or to request an invitation, please call Beth Raseman, Hospice Foundation of Northeastern Illinois, at 1-847-381-5811, ext. 252.

Hospice of Northeastern Illinois is celebrating its 20th anniversary in 2004. The community-based, not-for-profit organization serves families throughout McHenry, Lake, northwest Cook, Kane, Boone and DuPage counties. Hospice of Northeastern Illinois provides patient care and bereavement services to all who need them, regardless of ability to pay. Hospice of Northeastern Illinois is Medicare certified and accredited by the Joint Commission of Accreditation of Health Care Organizations.

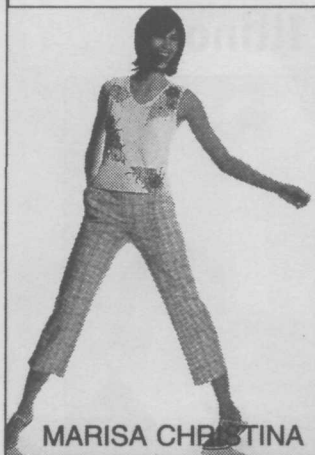
### Admission

Tickets to *Splendors of China's Forbidden City* are \$17 for adults, \$14 for seniors and students with identification, or \$8 for children 3 to 11. Basic museum admission is included. Visit [www.fieldmuseum.org](http://www.fieldmuseum.org) or call 312-922-9410 for details.

Tickets are available at [www.tickets.com](http://www.tickets.com), [www.fieldmuseum.org](http://www.fieldmuseum.org), by calling 866-FIELD-03 (866-343-5303) or at Tickets.com outlets.



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## Protecting Your Legal Rights— Retaliation

by Joette S. Doran, J.D.



The federal and state statutes which protect your legal rights from discrimination, such as Title VII (race, color, religion, sex or national origin), the Age Discrimination in Employment Act (40 years of age and older) and the Americans with Disabilities Act, also contain provisions prohibiting an employer from taking adverse action against you for making a complaint or filing a charge of discrimination. For instance, if you complained of sexual harassment against your employer, it would be illegal for your employer to take any adverse action against you, including discharge, but is not limited to a reduction in pay or benefits, suspension, interference with job duties and responsibilities, or other hostile actions. It is also illegal for an employer to retaliate against you if you have supported another employee's claim of discrimination.

The federal and state agencies which handle claims of discrimination also handle claims of retaliation. At the administrative level, the charge will be investigated to determine if a violation occurred and, if so, the agency will attempt to conciliate the matter. If the matter cannot be amicably resolved, then a complaint may be filed with a federal court or heard before an administrative law judge in the state agency. The antiretaliation laws may subject an employer to damages including the employee's lost wages, benefits, attor-

neys' fees, costs, and compensatory and punitive damages. In order to pursue a case of retaliation, a charge of discrimination under the applicable statute must be filed with a state or federal administrative agency. Because the time limitations for filing are strict, I encourage you not to delay receiving information regarding your legal rights. For further information, please visit [www.joettedoran.com](http://www.joettedoran.com).

*This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own situation.*

*Ms. Doran is licensed in Illinois and all Illinois federal courts and is a member of the Federal Trial Bar. She is the past-chairperson of the Employment Law Committee for the Northwest Suburban Bar Association and is the past-president of Barrington Area Professional Women.*

## Barrington Area Professional Women May Meeting

The next meeting of the Barrington Area Professional Women will be Thursday, May 6, at 6:15 p.m. for cocktails or 7:00 p.m. for dinner at the Barrington Country Bistro.

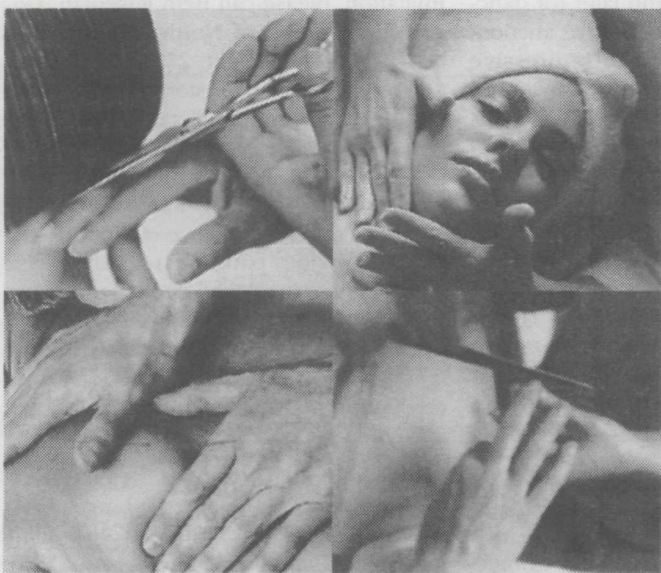
Our presentation will be on "Caregiving: For Loved Ones & Yourself." Join Hospice of Northeastern Illinois professionals Julie Zuidema and Liz Richmond to discuss being a caregiver for a loved one while taking care of the rest of your life—family, career, bills.

Please make your reservations by noon, Monday, May 3, by calling reservations chair Susan Legrady at 1-847-381-5501 or e-mail [mjlegady@aol.com](mailto:mjlegady@aol.com).

BAPW's monthly dinner meetings are

the first Thursday of the month at the Barrington Country Bistro in The Foundry in Barrington. The address is 700 W. Northwest Highway (Route 14 and Hart Road). Join us for cocktails at 6:15 p.m., dinner at 7:00 p.m. and the evening's presentation at 8:00 p.m. The meeting will conclude by 9:15 p.m. The cost of our monthly dinner meeting is \$28 for members or \$33 for guests.

Barrington Area Professional Women is a group of business and professional women who live or work in the Northwest Suburbs of Chicago. BAPW membership provides an opportunity to meet new people, learn new skills and establish connections to the community.



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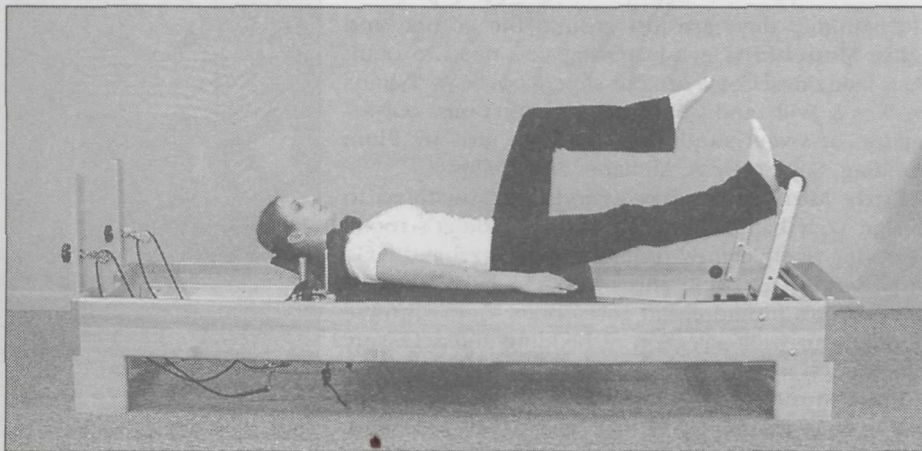
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Introduce your mind and body to the wonders of the Pilates method of mind-body exercises and save **50 percent off** the introductory session during the month of May at **Studio Pilates Centre of Balance** in downtown Crystal Lake.

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**Studio Pilates** offers private sessions as well as group equipment and mat classes

under the direction of an experienced staff who focus on building strength without "bulking up"; increasing flexibility and agility; developing optimal core control; creating flat abdominals, slender thighs and a strong back; and promises a refreshing mind-body workout.

Yoga classes are also available at **Studio Pilates** to help you decrease stress and enhance your lifestyle, your physical health and your mental well-being. Class size is limited to maximize the experience, so please call as soon as possible to ensure availability. Call **815-455-4900** today to schedule your session.

**Studio Pilates Centre of Balance** is in downtown Crystal Lake at 46 Brink St. Visit online at [www.studiopilates.net](http://www.studiopilates.net).

## Art Blossoms When Husband and Wife Team Up

It's a classic "at first glance" love story. Young artists meet at a bus stop on the campus at Lugansk State Fine Art School in Ukraine. She wakes the next day to find her image painted all around the city. He had spent the night painting. Although he was arrested, he was not punished; even the police can sympathize with true love!

Several years after their marriage, the two began painting together in similar spontaneous fashion: he had begun a painting of their daughter for a project at school. However, their 2-year-old found the painting and added her own touches to the piece. Not wanting her husband to be upset, the wife fixed the painting, packed it up and gave it to him to submit. He handed the painting over for review and was told it was his best work ever. He was surprised to see the new painting and immediately recognized his wife's hand.

Since then, Michael and Inessa Garmash have been a team creating beautiful paintings exhibited all over Europe and now at **Woodland Art Gallery and Frame Shoppe**. Like their relationship, Michael and Inessa's combined paintings exude a sense of romanticism that's evident "at first glance" with their limited-edition embellished giclées on display at the gallery.

Also new at **Woodland Art Gallery** is a collection of original oils of landscapes of the English countryside by Stephano.

Established in 1979, **Woodland Art Gallery** is the area's most respected and knowledgeable expert of collectable art featuring works by many of today's most



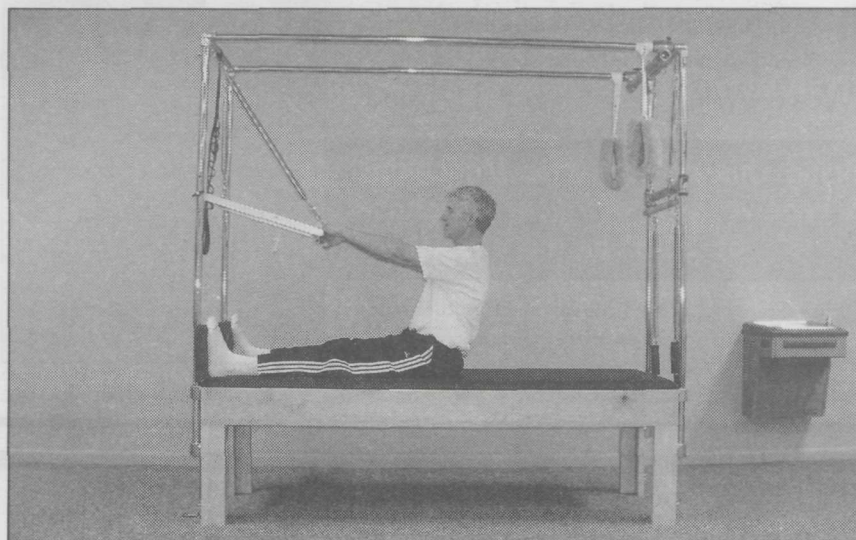
*Country Road by Stephano*

popular artists: Greg Olsen, Jim Daley, Pino, Terry Redlin, Owen Gromme, John Seerey-Lester, Jeanne Bonine, Bev Doolittle, Terry Issac, Bradley J. Parrish, Peter Ellenshaw, David Maass, David Armstrong and many others. Repligraphs by masters such as van Gogh, Monet and Rembrandt are also available. Museum mounting, custom matting and framing is a standard service of the gallery.

Located at 71-B East Woodstock Street in downtown Crystal Lake, **Woodland Art Gallery and Frame Shoppe** is open Monday to Friday, 9 a.m. to 5 p.m., and Saturday, 9 a.m. to 3 p.m. Call **815-459-0460** for more information.

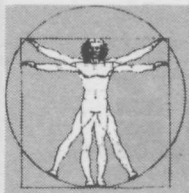
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**Little Munchkins** is open Monday through Saturday from 10 a.m. to 5 p.m. Call us at **1-847-381-3960**.



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**Skirts**—Chiffons for weddings and graduations—boucles and cottons for kicky day wear—your needs we fill!

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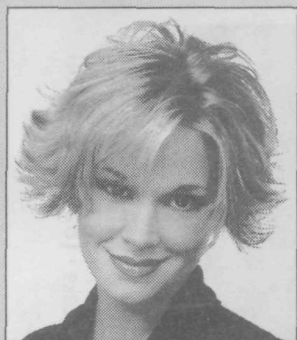
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## Pamper Mom at Elevation Salon

As May approaches, the team at **Elevation Salon** would like to express our most sincere gratitude to our loyal clients as we celebrate our **one-year anniversary**. Thank you so much for your loyalty and support!

We would also like to invite new clients to experience all that **Elevation Salon** has to offer. With **Mother's Day** approaching, there is no better time than now to stop in and get the special "Mom" in your life the gift she deserves. A gift certificate from **Elevation Salon** will pamper her

with a rich, shiny new haircolor, the texture wave or the updated new haircut she has been thinking about. Whatever it is, the team at **Elevation Salon** is happy to assist your special someone in making that decision.

**Elevation Salon's** highly trained team is located conveniently at 28686 W. Northwest Highway, just one block west of Kelsey Road. Or call us at **1-847-304-5970**.

Pamper Mom at **Elevation Salon**. (It's what she really wants.)

## Classical Music Scholarship Competition

Barrington Area Arts Council announces its biannual Walter A. Horban Classical Music Scholarship Competition for piano,

winds and strings, which will take place on Saturday, June 26, at the Barrington United Methodist Church. Started in 1991, this scholarship program is held to support and to encourage the continued education of talented young musicians by presenting five scholarships: first prize, \$600; second prize, \$300; third prize, \$150; and two honorable mentions at \$75 each.

The competition is open to students aged 14 to 21 who reside in Barrington, Barrington Hills, North Barrington, South Barrington, Lake Barrington, Tower Lakes, Deer Park and District 220 students. Also eligible are residents of McHenry County, Carpentersville, East and West Dundee,

Hawthorne Woods, Inverness, Kildeer, Lake Zurich and Long Grove.

Students will be required to perform two pieces. The first should be baroque or classical, selected by the performer and submitted for committee approval. The second piece should be romantic or contemporary, also selected by the performer and submitted for committee approval. Performers must provide their own piano accompanist if required for the repertoire. Applications and submissions for committee approval are due on Friday, May 14, 2004. For further information, please contact Claudia Kirmse, BAAC program director, BAAC Gallery, 121-B Barrington Commons Ct., Barrington, IL, 60010, 1-847-382-5626.

## Deadline!

The deadline for the **June Issue**  
is **Thursday, May 13.**

Please send your press release/advertising materials to:

Editor

**Lifestyles Magazines**

P.O. Box 293

Crystal Lake, IL 60039-0293

or call: **(815) 459-4820**



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## One of the Last from a Mohawk Great

Mohawk carver Stan Hill once said, "My work makes me fully realize that life is a circle. Even though we cannot see life, [it] does not mean it isn't there."

Stanley Hill was a quiet man who told his stories by carving moose antler that he would bring into the reservation from Newfoundland. His work has been featured in *National Geographic Magazine* and has been included in many impressive collections, including that of the late president John F. Kennedy.

Back in 1978, he was featured in a demonstration of bone carving at the Field Museum of Natural History in Chicago.

Hill credits his Creator with inspiring him to carve wildlife and human figures from pieces of antler and bone.

Hill's magnificent work *Corn Spirit* was created of moose antler in 1999. Today, this prized carving, one of Hill's last, is offered by **River Trading Post**.

In his last interview, he wondered if he would live until spring. Although Hill passed into the Creator's world on Dec. 14, 2003, his art will live forever.

Stanley Hill's rare sculpture is but one



*Corn Spirit* by Stanley Hill

of nearly a 1,000 museum quality works to be found at **River Trading Post**, East Dundee. Art and artifacts from 60 different American Indian nations are represented today at the gallery.

## Focus on Rhinoplasty

by Gary S. Churchill, MD

*"It's as plain as the nose on your face."*

This old adage says a lot about this central feature of our anatomy. Occupying the middle third of the face, probably no other single feature can so dramatically affect our appearance. The nose determines to a great extent the balance and symmetry of our faces. If one's nose is out of proportion to the rest of their features, it can dominate their looks. Someone who doesn't like their nose can focus on it, becoming self-conscious and insecure. A change in the appearance of their nose can make all the difference in the world to them. This is why rhinoplasty surgery is one of the most common plastic surgical procedures being performed in the United States today.

### What is rhinoplasty?

This is the part of nasal surgery that changes the outer shape of the nose. This is accomplished by a combination of removing and/or repositioning cartilage and bone which is already present. The goal is to shape the nose in a natural way so it is balanced and in harmony with the rest of the face and does not appear to have been "done."

### What is external rhinoplasty?

In traditional rhinoplasty there are multiple incisions made inside the nose in order to reach the cartilage and bone. In addition, the cartilage usually needs to be "delivered" or pulled out of the nostril in order to operate on it.

External rhinoplasty is a technique we use in which one single incision is made starting just inside the nostril on one side and extending across the base of the nose to the other side. This allows the cartilage to be worked on in its natural position without distortion and provides a much greater visibility during the operation. Also, there is very little bleeding during



Stacie McClane, MD



Gary Churchill, MD

external rhinoplasty due to the single incision. We have found this technique gives much better control and predictability of the final result. We can also eliminate the need to pack the nose which significantly reduces the post-operative discomfort. External rhinoplasty is used on the majority of our patients.

### What is a septoplasty?

The central support structure of the nose is the septum. It is made up of cartilage in the front of the nose and bone further back. This is what divides the nose lengthwise into two separate sides. The septum is often "deviated" or crooked due to some type of trauma earlier in life. This can lead to sinus infections as well as a chronic stuffy nose. If the deviation is located just beneath the bridge of the nose, it can cause the external form to look crooked. During a septoplasty, both the cartilaginous and bony portions of the septum are straightened and repositioned to the midline in order to improve the airway. This can be done as a separate operation or in conjunction with a rhinoplasty.

### Computer Imaging

Computer imaging allows a patient to preview what changes are possible and how they might look after surgery. This is done with a special computer and software. Computer imaging is available in our office and used on all our rhinoplasty consultations.

GARY S. CHURCHILL, MD  
 Specializing in cosmetic  
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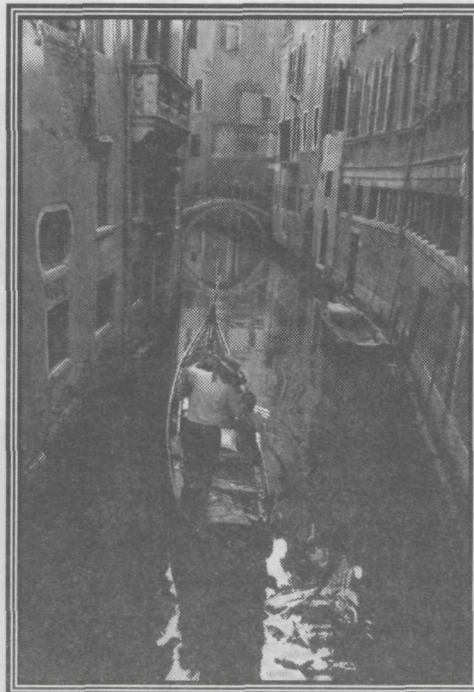
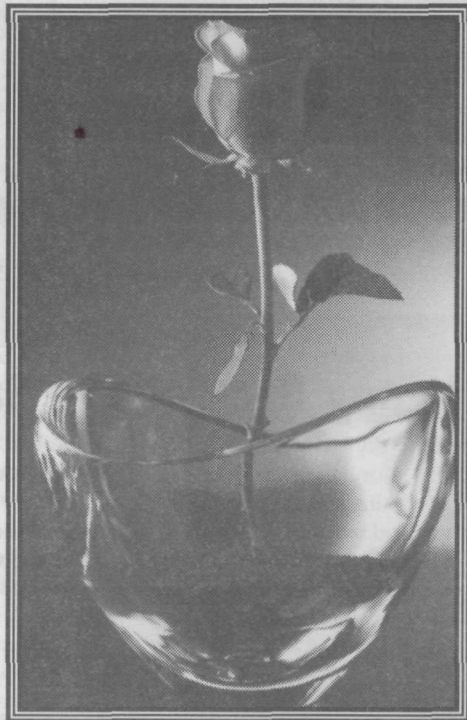


# The Feminine Touch

## The Canterbury Shoppe

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Fine gifts, home accents and holiday collectibles. Just in time for Mother's Day- Nambre "Amore" crystal bowl.



## Travel House

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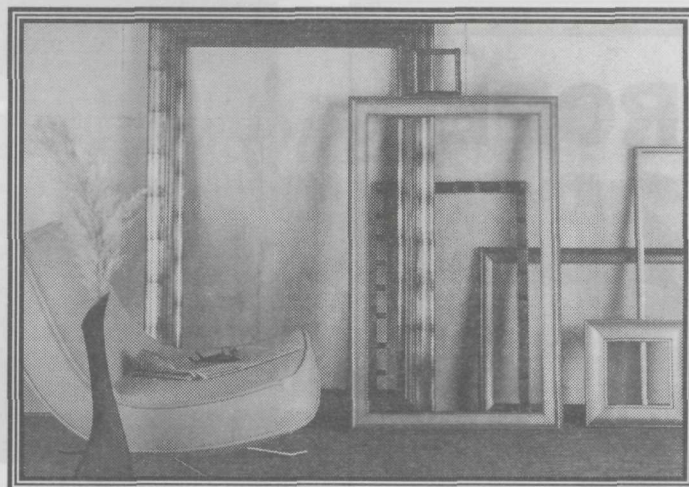
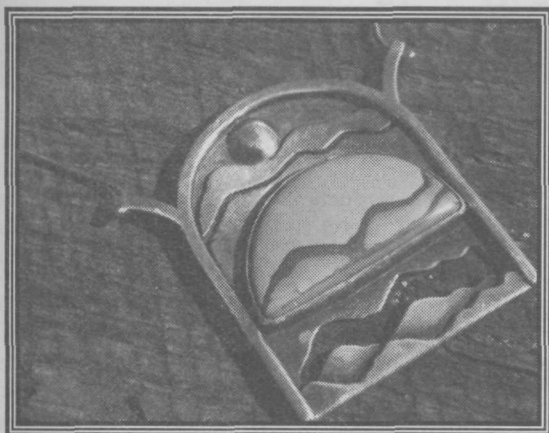
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## Mother's Day

# Lauren's

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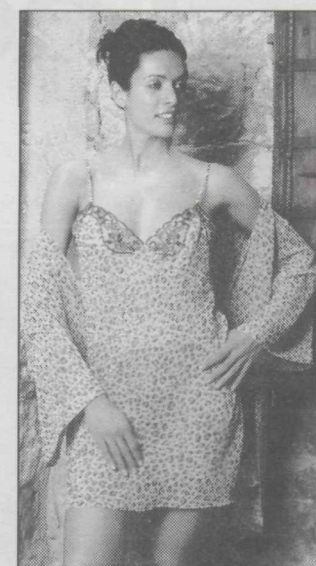
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**A**t **Lauren's Lingerie**, we are offering an ultra-feminine collection for Mother's Day, embracing subtle and gently flowing lines, beautiful fabrics, soft to the touch and irresistible to the eye. It's a collection to indulge your every mood.

Stop by **Lauren's Lingerie** for Mother's Day and show your loved ones how much you care.



## Kevin Kenny Back at The Sanctuary

Kevin is a veteran stylist in the Barrington Area. He has more than 20 years experience and specializes in wearable hair fashions for men and women, with extensive training in hair cutting and coloring. Kevin has worked at She & I Hair & Nail Salon (now **The Sanctuary Salon & Spa**),

The Salon of Barrington, and owned Kevin Kenny Hair Salon in the Ice House during the 1980's. Kevin feels he is back home in the Ice House. To make an appointment with Kevin, please call **1-847-381-5043**.

## Backstage at the Opera



Sharon Curran's (back row, left) fourth-grade students from St. Anne Catholic School in Barrington recently attended a student backstage tour at Lyric Opera of Chicago, hosted by BCLOC president-elect Mary Robins (back row, right) of Arling-

ton Heights. Both fourth-grade classes of St. Anne Catholic School will be involved in this season's Opera in the Classroom production of *Cinderella*. The Barrington Chapter of Lyric Opera of Chicago sponsors these outreach educational programs.

## Let Travel House "Orchestrate Your Dreams"

As you may know, **Travel House is now located in the Ice House Mall**. We successfully moved last summer and just love our new location.

I'm certain everyone knows by this time that **Travel House** is a member of the **Virtuoso Network** of Travel Agents, a by-invitation-only organization of the best travel consultants in the world. Fewer than 1% of all travel agents are invited to join. As a customer of ours, you become part of this network, and you reap all the Virtuoso advantages, many of which are based on relationships that stretch the

globe. We can negotiate the best prices. We have representatives in over 60 countries, and this often makes a huge difference to our clients. When you're away from home and need immediate assistance, it's very helpful to deal with a travel agency who has contacts around the world. It is our job as a Virtuoso agent to "orchestrate your dreams."

Please feel free to call **Travel House** for expert advice and all travel services. We can be reached at the same number at **1-847-381-0600**. Let us help plan your next vacation.

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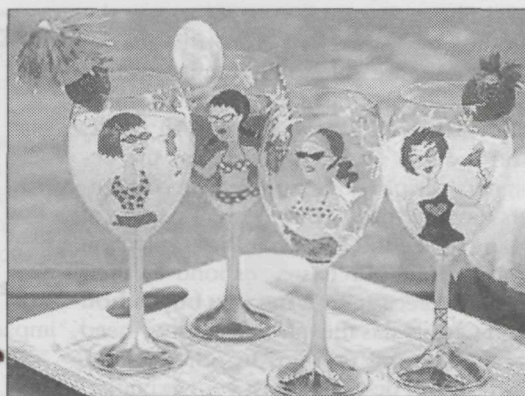
BARRINGTON  
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## "Girlfriend Glasses" Unique Gift

Surprise Mom with these fantastic hand-painted girlfriend glasses from Texas! Stop by and see our whole collection!

Exclusively at **The Canterbury Shoppe**, call for more details 1-847-304-9627.



## Wines from Around the World

Many vendors poured more than 100 full-bodied and reserve red wines from around the world at the second annual "Big Red" International Red Wine Tasting event held recently at The Garlands of Barrington. Participating in the event were: (from left) one of the many vendors; Douglas Saylor of Barrington; his wife, Joyce Palmquist, executive director of the Barrington Area Council On Aging; and Garlands' member Howard McKee. The event was sponsored by Armanetti's Barrington Wine Cellars.



## "Crazy About My Mom!"

Kid's Shopping Days!  
Saturday, May 1st & Saturday, May 8th

### It's the 3rd annual Kid's Shopping Days! Just in time for Mother's Day!

Two Saturdays in May (we know your Saturdays fill up fast..so pencil us in!) **May 1st and 8th.**

We'll help your kids find "just the thing" for you this Mother's Day! Included with your gift (wrapped of course) is a personalized photo gift card!

Moms: register at the shop ahead of time so your kids will have a few hints (wink, wink!)

CALL (847) 304-9627

### Kids: Save Your Pennies!

Clip this coupon and save 20% on your Mother's Day gift!

Good only

May 1st and May 8th.

\*Some restrictions apply.

Roses are red,

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CANTERBURY  
SHOPPE

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## she loves surprises

Particularly the ones wrapped in a bow and given to her on her special day! Remember her with a gift from the heart.

Now more than ever, Peter Daniel makes it easy with a fabulous selection of gifts!

Let us help you select the perfect gift for mom—beautifully wrapped, and sure to please!

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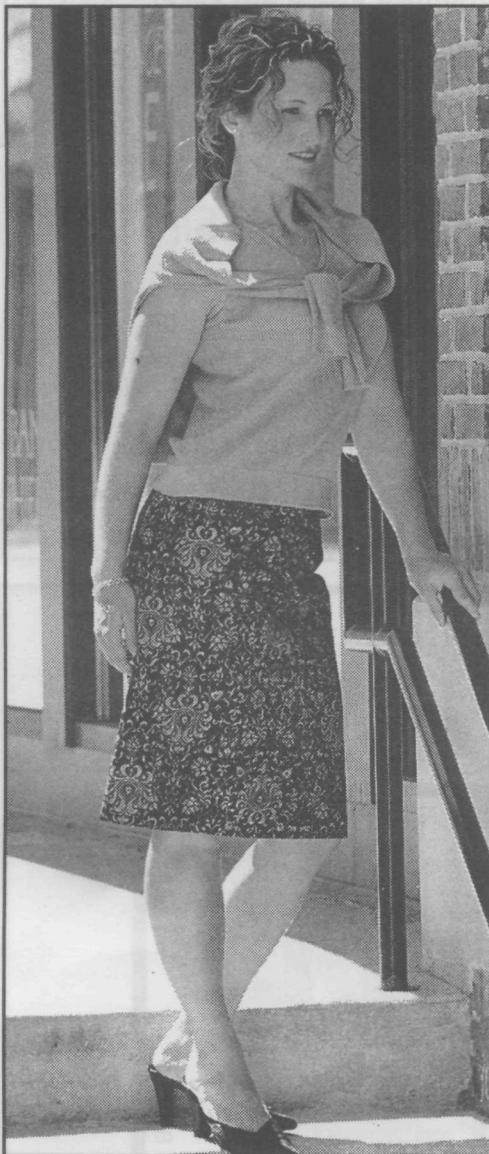


## CARLISLE FALL 2004

Leslie Roberts  
Invites You  
to Preview

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May 8 - May 24



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## Fashion—What's Hot for Fall?

**Carlisle's Fall 2004 Early Bird Collection** will be presented May 8 through 24 at Leslie Roberts' in Barrington. There are many advantages to going to see an Early Bird Show. For one, you get to see the clothes eight weeks before the season starts! You are able to see the innovation in this season's fashion design: the new colors, the finest new offerings in fabric, and the new fit intent. You hear the designers' inspirations and see the designers' favorite picks. But the real beauty of going to see the Fall Early Bird Collection is that your purchases respond to their fashion forecasting. **What you buy is hot!** And Carlisle has the information they need to market and reorder. In other words, Carlisle and designers trust your expertise!

And you feel special too when purchasing at an Early Bird Show. You have told the designer what is hot, and you get your clothes earlier. So right before the season starts, you are ready, right down to alterations and shoes. Your wardrobe is organized. You have had fun. You have had an



Leslie Roberts, Carlisle Consultant

impact on a company.

The real bonus is when you slip into your Carlisle—it's so comfortable and luxurious—and people look at you because you look good. And the compliments begin.

Come May 8 through 24 to see **Carlisle's Fall 2004 Early Bird Collection**. Call **Leslie Roberts** at **1-847-381-4959** to reserve a time and for directions.

## Deep Park Town Center Offers an Array of Outdoor Dining

Warmer weather has arrived, and outdoor patios are now open for breakfast, lunch and dinner at many **Deer Park Town Center** restaurants. Enjoy dining under the bright blue afternoon or clear evening skies surrounded with sounds of singing birds and the aroma of fresh spring flowers. With menu selections including pasta, pizza, sandwiches, burritos and margaritas, the mouth-watering dining at **Deer Park Town Center** is sure to satisfy your appetite.

Take in the fresh air with family, friends and co-workers in the outdoor patio areas of full-service restaurants California Pizza Kitchen and La Hacienda. If your taste buds crave hearth-baked and innovative pizzas, distinctive pastas, salads, sandwiches or a cool dessert, California Pizza Kitchen is the place for you and your guests to relax and enjoy the open air. If you are looking to add a little spice to your day or desire a refreshing margarita on a sunny day, take pleasure in **Deer Park Town Center's** newest restaurant La Hacienda. Serving favorite recipes from towns throughout Mexico, La Hacienda's dishes are all prepared with raw ingredients (except the corn tortillas) and are made to order. Indulge in enchiladas, chicken, shrimp, steak and much

more.

Dining alfresco doesn't stop there. You can indulge in the fresh outdoors at A&W All American Food, Baja Fresh, Caribou Coffee, noodles & company, and Panera Bread. Take in the fresh morning breeze with coffee and a pastry or bagel from Caribou Coffee or Panera Bread. Treat yourself and your guests to a lunch or dinner break at A&W All American Food, Baja Fresh, noodles & company, or Panera Bread. Whether you have a taste for an all-American burger, a zesty Burrito Ultimo, a tasty Japanese Pan Noodle Bowl or a filling Turkey Fresco, you will leave satisfied from the freshness of the outdoors and the delicious food.

**Deer Park Town Center** features more than 65 stores and restaurants including: Biaggi's Ristorante Italiano, White House/Black Market, Ann Taylor, and Max & Erma's. Shopping Hours are Monday through Saturday, 10 a.m. to 9 p.m., and Sunday, noon to 5 p.m. For more information about the center, including the center-wide gift card program, please call **1-847-726-7755** or visit [www.deerpark-towncenter.tv](http://www.deerpark-towncenter.tv). **Deer Park Town Center** is owned and managed by Developers Diversified Realty ([www.ddr.com](http://www.ddr.com)).

## L'Auberge Has the Perfect Gift for Mom

**Mother's Day is May 9**, and **L'Auberge** has the perfect gift for Mom!

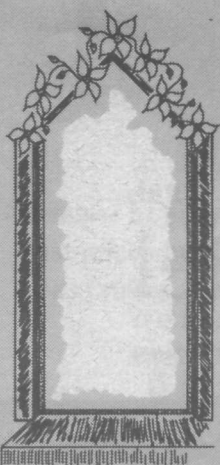
This Mother's Day, give her the gift that keeps giving—one of our renowned, indulgent facials. It will relax her by hydrating and cleansing her skin, while she also enjoys a relaxing hand massage. This

package is a special offer, created just for your mom or wife or sister who goes out of her way to always help. You can call ahead, and we can have your gift certificate ready for you when you arrive. Just call **1-847-277-7000** for further information.

## 53rd National Day of Prayer Observance

Please join families from the greater Barrington area for the 53rd observance of the National Day of Prayer. The event will take place at the Barrington Area library from 10 to 11 a.m. on Thursday, May 6.

Barrington's own Maria Graft will lead worship and music during the 45-minute program. This interdenominational Christian event is open to the public, and supervised children are welcome to attend.



**L'Auberge**

A. Golden Day Spa & Salon

*Happy Mother's Day  
from L'Auberge*

Give Mom a Great Package!  
3 Indulgent Facials with 3 Blow Drys  
\$300 reg. \$375

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TUESDAY & THURSDAY 9-8, WEDNESDAY, FRIDAY & SATURDAY 8:30-5

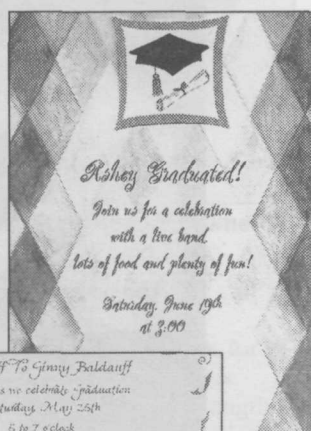


## The FOUNDRY of BARRINGTON

### Hats Off to the Graduates!

Throw them a well-deserved party with invitations from **Little Shop of Papers!**

While you're at it, pick up the paper goods to make your party a breeze! And give the graduate a gift of custom stationery, frames or photo albums.



### Spring Fling at Satin Filly

I'm reading one of my many issues of *Women's Wear Daily*. I can't keep up with all this vital information! I came across an article about two designers I've never heard of that drew their inspiration for their new collection from the abstract (hello?) notion of a "sexy stranger on a train."

Is everyone okay? Isn't this funny? I'll bet neither of these designers have ever taken the train! And if they did, they need to look around. Maybe if you took the train 30 years ago or the train James Bond travels on! No one wears a white jacket and white chiffon skirt on the train. This is the perfect example of how fun and exciting fashion is, and we can prove it at **Satin Filly!**

The store is full of great fashion, lots of fun pants and tops for summer parties, skirts and sundresses.

We are having a **"Spring Fling Sale"** on **May 4 through 7**. We are offering a **15% discount** on all our merchandise (excluded are items previously marked down). Be sure to come early for the best selection!

In closing, I'd like to let you know our Summer Hours effective June 1. We will be open from 10:00 a.m. to 5:00 p.m. on Tuesday, Wednesday and Friday; 10:00 a.m. to 8:00 p.m. on Thursday; and 9:30 a.m. to 3:30 p.m. on Saturday. (We will be closed on Monday.)

Take care, enjoy our beautiful days and remember our sale!

—Karen



### Beautiful Gifts at G. Whiz

**Mother's Day** is right around the corner, and you can't find a better deal than Brighton's promotion that runs until May 14. Purchase any Brighton necklace and bracelet to receive a pair of earrings **free!** That just makes it too easy for the men in your life!

Plus we're giving all of our dads another bonus—receive a free 2 oz. Thymes lotion with any \$35 purchase in our store for Mother's Day! We wrap at no charge, so just give us a call! We'll have your gift ready and wrapped for you to pick up.

First communions and confirmations are also this month, and we have a great selection of items for all ages. From angels to keychains to bookmarks to frames, there's a little something for everyone.

**Graduation** is the next gift-giving event. We carry a huge selection of college Italian charms along with many other college logo gift items, popcorn bowls, blankets, stationery, notepads and more. We can order personalized laser-etched



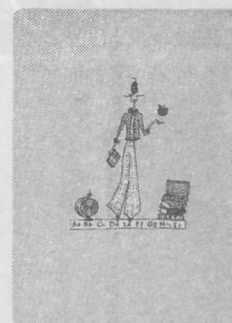
**Purchase any Brighton necklace and bracelet to receive a pair of earrings free!**

wooden frames with your own message

**SCHOOL IS ALMOST OUT!** Time to think about gifting your favorite teachers with something from **Little Shop of Papers!**

Order your teacher custom stationery, note sets or choose from our other fine gifts of paper.

You can even call in your order and it will arrive in a matter of days!



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Prom.

Lots of gift giving occasions

But you only have to shop  
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For gifts that get noticed...

*Charming!*



Enamel Handbag  
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Purchase any Brighton necklace and bracelet to receive a pair of earrings **FREE!**

A Brighton Heart Store

### Garden Club of Inverness Installation Luncheon

The Garden Club of Inverness will celebrate spring and the end of its club year with its annual installation luncheon on Thursday, May 20, at the Inverness Golf Club, 102 N. Roselle Rd., Inverness. The event will begin at 11 a.m. and will feature the installation of new officers and introduction of board members for 2004-2005. Members and their guests are invited to attend.

Tickets are \$28. To make a reservation, please send a check payable to Garden Club of Inverness to the Hospitality Chair, 823 Milton Rd., Inverness, IL, 60067. The deadline is Monday, May 10. For more information, call 1-847-991-3147.

Garden Club of Inverness is a member of Garden Clubs of Illinois, Inc. (District IX, Central Region) and of National Garden Clubs, Inc.

that make great graduation gifts. Take a picture of all of your friends, personalize the front and back of the frame, and you'll have a gift that gets noticed!

And don't forget prom: wraps, engraved

charms, jewelry and garters in lots of colors and styles.

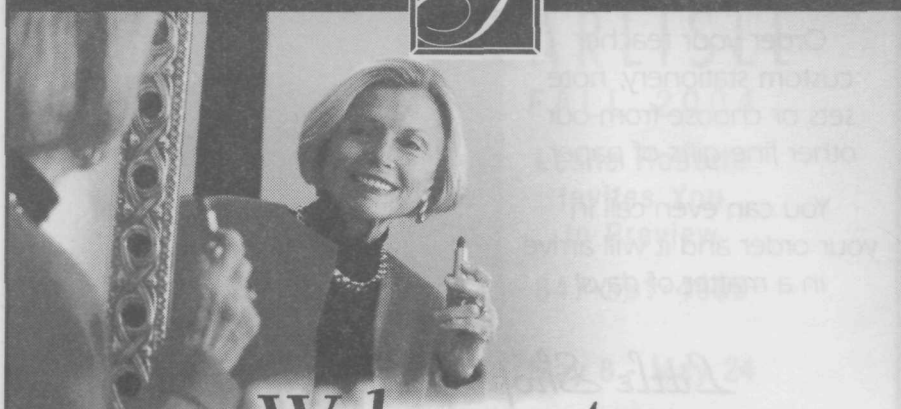
If it's spring and you have a gift-giving occasion, isn't it time you stopped in to **G. Whiz?**



THE GARLANDS

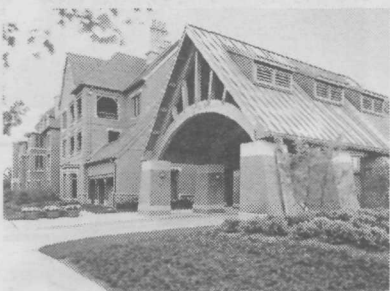


OF BARRINGTON



## Welcome to THE NEXT CHAPTER in living LIFE to the fullest

"At The Garlands, I enjoy freedom of choice, with outstanding options in everything that's important to me. The floor plans are beautifully designed and larger than any other retirement residences I've seen ... The dining selection is always delicious, from lobster dinners to light snacks ... I also enjoy the arts in downtown Chicago and here at home. The Garlands Center for the Performing Arts is an excellent dinner theater and one of the many reasons my family and friends love to visit."



### CONDO HOMES

With services and amenities starting at \$157,000



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## Savor the rewards of a well-balanced life

Providing a multitude of choices is one aspect of **The Garlands LIFE Philosophy<sup>TM</sup>**. Here,

intriguing and diverse adult education supports lifelong **Learning**. Wellness, fitness,

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Unsurpassed choices in spacious, maintenance-free homes, dining

options, amenities and services

provide increased **Freedom**.

Activities that rejuvenate the

mind, body and spirit flavor

life with **Enrichment**.



The Garlands **LIFE** Philosophy<sup>TM</sup>

Learning. Independence. Freedom. Enrichment.

Discover the true meaning of living well in a community distinguished by a zest for living LIFE to the fullest.

## The Future of Assisted Living Comes to Barrington



Violin virtuoso Rachel Barton (seated) signing a CD for Judy Thompson (left) pictured next to her mother, Helen Jantz, a member at The Garlands of Barrington, following a concert at The Garlands that marked the opening of Prairieview at The Garlands. Prairieview offers assisted living and skilled healthcare services in partnership with Alexian Brothers Health System's Older Adult Services Center of Excellence.

The Garlands of Barrington, 1000 Garlands Lane, Barrington, will bring the future of assisted living to Barrington with the opening of Prairieview at The Garlands.

As a part of its ongoing commitment to redefining retirement living for accomplished adults age 55 and older, The Garlands of Barrington presents the prototype for the "next generation" of retirement living by offering the finest in independent living condo and villa residences with services and amenities. It has once again set the standard in the industry by augmenting its offerings with "state-of-the-heart" assisted living and residential memory enhancement services. Reservations for independent living, assisted living and memory support residency are currently being accepted by calling 1-847-852-3500.

"With the opening of Prairieview, The Garlands will offer not only the most gracious residential lifestyle alternative for accomplished, older adults, but also the peace of mind that comes with having access to nearby supportive services—including assisted living and memory care—of the highest quality," says Bruce Berlin, executive director at The Garlands of Barrington.

The reputation for gracious living at The Garlands speaks for itself. The community has established a name throughout the Northwest Suburbs that is synonymous with quality with regard to architecture, construction, design, size of private residences, cuisine, amenities and service. Now, in partnership with Alexian Brothers Health System, Prairieview at The Garlands builds upon that reputation and offers a broad spectrum of health care services for older adults, all emphasizing wellness and holistic health care. The arrangement allows Prairieview residents to preserve their independence and family members to enjoy their times together with confidence and comfort, free from the worry of providing care for an aging parent.

Prairieview medical director Roger

Weise, M.D., noted geriatrician and medical director of the Older Adult Services Center of Excellence within the Alexian Brothers Health System, describes the Prairieview philosophy of care as being deeply rooted in years of experience and clinical studies.

"The healthiest and happiest older adults we meet are those who see growing older as a journey where one chooses engagement and a sense of community over isolation, makes spiritual connections that lead to hopefulness, and rejects dependency for the alternate path of carefully selected reliance," he reflects. "Prairieview at The Garlands fosters this sense of well-being by offering the support that some individuals and their families need in order to make these life-enhancing choices that can make life more enjoyable and worthwhile."

Prairieview at The Garlands offers spacious one- and two-bedroom private residences that feature several floor plans that are 10 to 30 percent larger than usual, with kitchens, bathrooms with walk-in showers, walk-in closets, oversized windows and optional terraces.

The common areas at Prairieview are comfortably appointed, warm and inviting living and dining rooms where residents can gather to socialize with friends and family. Services include fine dining featuring The Garlands signature cuisine as prepared by executive chef Rick Rizner and his staff, as well as housekeeping, maintenance, transportation to and from local appointments, and personal support services. The staff at Prairieview is specially trained and deeply dedicated to meeting each individual's unique needs through assessment, health education, enriching activities, exercise and careful attention to the lifestyle factors. Prairieview residents and their families take comfort in the continuous assurance that loved ones receive the help and support necessary to "age well" in this healthful environment.

Each prospective Prairieview resident

(Please continue on page 18)



## What's Happening at Starr Couture

Celebrate the season with clothes that are sophisticated, fun and wearable. Key silhouettes are breezy, ethereal and forgiving or sculptured hourglass shapes.

**Suits:** For ladies who lunch or occasional dressing cutting-edge and feminine or elegant with classic lines for a refined look.

**Dresses:** Light chiffons especially in pretty crayon colors. Sundresses in brights or garden prints. Flirty halter necks or go for something sleek and below the knee. The choices are endless for every occasion and body type.

**Tops:** White shirts with special details that grant room and structure and can go from day into evening. A boned top will add a hint of sexiness.

**Pants:** Relaxed-Fit are staples and look good on most women. They work for either day or evening. Capri pants compliment all body types especially in black.

**Skirts:** The handkerchief hem is the cut of the season. Fancy details, knee length—anything flippy or pleated.

**Accessories:** We have the perfect shoes, handbags, belts and jewelry to complete every look.

These are just a few of the many other choices available to you at **Starr Couture**. We would love to spend time with you and show you what will compliment your figure, coloring and lifestyle. —Starr

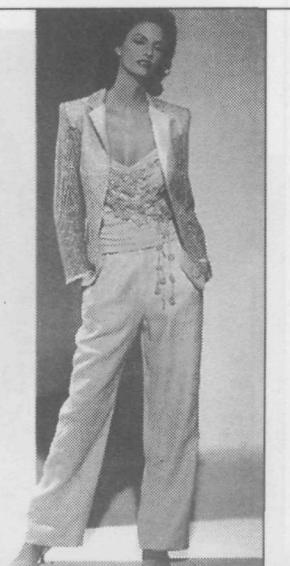


Starr Kondos, Owner

Exclusively at



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847-382-2500 e-mail: starrcouture@juno.com



## Chers Amis...

If you check out cookbooks about recipes for **bouillabaisse**, you will find as many recipes as there are books. But one thing I can assure you is that chef/partner Masato's recipe is adapted to our domestic market (who wants to deal with fish heads and bones?), and the resulting bouillabaisse with nine different fish and shellfish, the saffron broth and the rouille is absolutely fantastic. It is available through May.

**Mother's Day**—why would you take your mother to **D & J Bistro**? To make her proud of your pick! Show her you

have style, class and that you know **value** when you see it! We will have our regular menu plus an upscale *prix fixe* for \$32.50.

Just a reminder: **D & J** always features foods that follow the seasons in addition to the main staple. One example from the recent past: shad roe, smelts, artichokes, walleye pike, spring lamb, etc. Don't let your standards be lowered by corporate eateries. Support your local artisan restaurateurs.

Merci,  
—Dominique

## Don't Let Summer Sneak Up on You—Protect Your Furs!

At **Shari's Furs, Leathers & Shearlings**, we urge our customers to clean and store their coats soon. This is a must. Our cold vault storage and expert cleaning/conditioning will not only keep your fur looking its best, but will also **extend its wearing life**.

Spring storage time is the perfect opportunity to make the small repairs or major remodels so your fur so it will be ready for next year's inevitable blast of winter.

Spring is also a good time to choose a new fur for next season. **Shari's** offers the finest selection of new and used furs. Our resale racks give our patrons the option of selling their old fur, and at the same time, making affordable furs available to others.

At **Shari's Furs, Leathers & Shearlings**, when you purchase a new fur garment, **all alterations, monogramming,**

**and first-year storage are included.** There are no hidden charges. This is a wonderful time to think layaway for the following winter at today's prices.

Shari says: "Bring in your coat soon. Both you and your garment will be glad you did."



## St. Paul United Church of Christ's Women's Fellowship May Meeting

St. Paul United Church of Christ at 410 E. Main in Barrington will have John Pierre, nutrition and fitness instructor, as their guest. He will cover Fall Prevention, The Power of Motion and Mental Fitness 101.

It is estimated that 10,000 deaths a year are caused from seniors taking falls, caus-

ing extreme amounts of pain, fear and suffering. By learning simple yet effective techniques, older adults can prevent many of these catastrophes from occurring. There are simple home safety guidelines that can help diminish many of the hazardous risks already in their homes.

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**847-255-1300**

Evergreen Center  
Downtown Arlington Hts.  
22 S. Evergreen



Learn about the Power of Motion and learn why unleashing this within yourself is the key to healthy aging. John Pierre will cover the how, why and when. And as always, he will provide nutritious food and drink samples along with literature on healthy products for a sound body and mind. Come and find out why "If You Don't Use It, You Lose It."

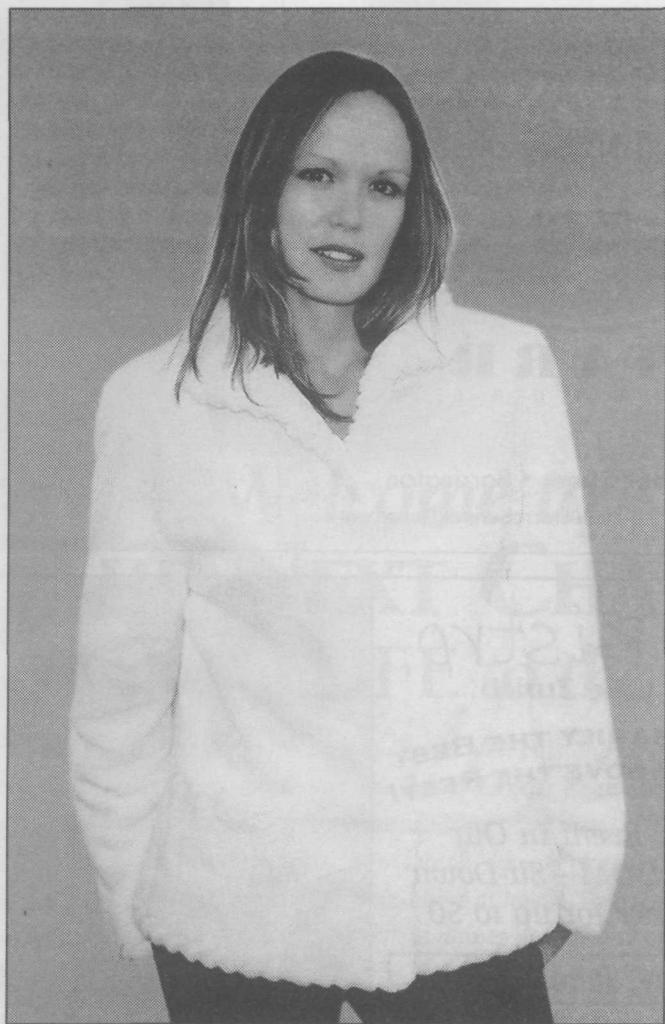
Mental Fitness 101 is his most requested subject. In this informative presentation, John will share the four key components to maintaining and improving your mental functioning. Learn how nutrition and exercise affect the brain's performance, and what the most important component is missing from 9 out of 10 adult's diets.

Learn how to awaken the brain with simple yet very effective mental exercises that only take minutes per day to accomplish.

John Pierre has been teaching in the geriatric field for over 12 years. He lectures throughout the United States at various conferences, conducting workshop and classes on nutrition, exercise, motivation, brain care and lifestyle enhancement programs. Devotions will be by Mary Young. The hostesses will be Marjorie Gilly, Verdelle Pohlman and Grace Wendt.

Come enjoy fellowship and learn. The potluck luncheon and John Pierre will be Thursday, May 6, at noon at St. Paul UCC in Barrington, 410 E. Main St., 1-847-381-0460.





**Snow White Sheared Mink Jacket**

## *Paulis Furs* **Spring Cleaning!**

*It's time to clean out your closets and bring in those precious coats for storage and cleaning! Preserve the beauty and maximize the longevity of your furs, leathers, shearlings, and cashmeres by storing them in our on-site, climate-controlled vaults.*

*Spring is a great time to clean out your closet and restyle those outdated furs. Let third generation furrier Angelo Pavlis transform your older fur into this year's hottest styles! From shearing your fur, cutting it into a jacket, or to just updating those big shoulders, the results will amaze you!*

*All work is done on premises. Trade-ins welcome!*

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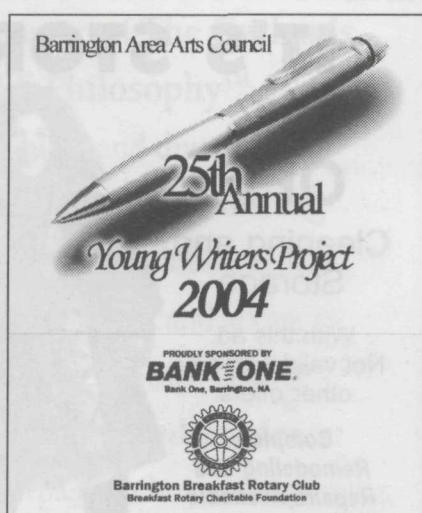
## **Letter to the Editor**

The Barrington Breakfast Rotary Club is especially proud to be an underwriter of the Barrington Area Arts Council's 25th Annual Young Writers Project.

As the oldest international service organization, Rotary International emphasizes literacy as a major concern and participates in supporting literacy programs through its clubs in most of the 162 countries around the world.

In accordance with our club's dedication to the cause of literacy among the youth of the Barrington area, we have also provided judges for the Annual Barrington School District 220 Speech Tournament as well as BAAC's Young Writers Project. Likewise, we sponsor Children at Risk programs at Barrington middle schools and Sunny Hill Elementary, recognizing the importance of the youth in the future of our community.

We congratulate BAAC for conducting the Young Writers Project, providing the Barrington's youth this opportunity to develop their writing skills. We also congrat-



ulate all the youth who participated in the project, especially those whose writings appear in this booklet, for the creative imagination and talent in their work.

Sincerely,

Ronald Hamelberg, President  
Barrington Breakfast Rotary Club

## **"Botanical Travelogue of France"**

On May 6, the South Barrington Garden Club will host an 1½-hour slide lecture titled "Botanical Travelogue of France." The famous sight of Monet's Giverny will certainly be included.

Our guest speaker and botanist Mel Zaloudek has published articles in *American Nurseryman* and *Chicagoland Gar-*

*dening*. Mel has personally collected and will "speak to the images" he has collected throughout his foreign excursions.

Call 1-847-381-1357 with any questions. This event will be held at 9:30 a.m. at the South Barrington Park District located at 3 Tennis Club Lane.

## **Committee Chosen for Good Shepherd Hospital Shepherds Gala**

The planning committee for Advocate Good Shepherd's Hospital Shepherds Gala "The Silver Ball" being held on Saturday, Nov. 13, at the Stonegate Conference Center in Hoffman Estates has been announced.

Members of the Shepherds Gala Committee have been working to create a unique, whimsical yet magical evening of entertainment and dancing amidst a 1970s disco theme.

Mary DiGiulio and Bettye Traylor are co-chairs for the gala, which is celebrating Good Shepherd's 25th silver anniversary. They are joined by the following Barrington area community members: Susan Barsness, Norine Bertagni, Karen Bessonny, Christine Black, Suzanne E. Crandall, Karen Darch, Mary Giangrasso, Christine Griffin, Colleen Kipferl, Arden Kolb-DeBolt, Patti Lancaster, Chrissie Mena, Daisy Nixon, Betty Noparstak, Jane Pupa, Margo Samp, Barbara Smith, Ann Warren, M.D., Gail Wickstrom and Michele Wuertz.

The proceeds from the 2004 Shepherds Gala will be directed toward supporting the Advocate Good Shepherd Hospital Cardiac Care Center. The center will be part of a new three-level Good Shepherd structure offering patients an 18-bed universal intensive care unit, a catheterization lab with full diagnostic and interven-

tional capabilities, an open heart surgery operating suite and a new patient unit with 25 new medical-surgical beds, each with cardiac monitoring capabilities. The Advocate Good Shepherd Hospital Cardiac Care Center will provide the community the most advanced cardiac care technology, open heart and catheterization facilities available. Comprehensive interventional techniques and therapies, including angioplasty, atherectomy and stenting, will be performed on site by some of Illinois' most respected and experienced cardiac surgeons, interventionists, cardiologists and clinicians. The center also includes the Good Shepherd Hospital Center for Heart Quality, which focuses on care management and patient and community education. The center is designed on the model of one of Illinois' top heart hospitals, Advocate Christ Medical Center.

The 2003 Gala raised over \$160,000—more than double the proceeds from any of the past six years' previous Shepherds galas—with proceeds also directed towards advancing Good Shepherd's cardiac care services.

Sponsorship opportunities for the 2004 Shepherds Gala are available. For more information, please call Advocate Good Shepherd Hospital's Development Office at 1-847-381-3433.



## Clearbrook's Wine Tasting Dazzles the Senses

### "A Grapevine of Friends" Fund-Raising Event Supports Agency's Employment Services

Clearbrook parent and Friends of Clearbrook committee member Gloria Walters (center) of Barrington enjoys an intoxicating evening with friends at Clearbrook's wine tasting, held on Saturday, Feb. 21, at Stonegate Conference and Banquet Centre in Hoffman Estates.

This annual charity event raises funds for Clearbrook's Employment Services Program. This program offers career training, counseling and placement in the workforce, supported employment at the Clearbrook work site and occupational skills training for adults with developmental disabilities.



## An Evening of Fabulous Fashion

Enjoying an evening of fabulous fashion is Susan Gohl of Naples, Fla., and Barrington Hills. With her are designers Mark Badgley (left) and James Mischka.

The cocktail reception, fashion show featuring the Spring 2004 Collection, dinner and dancing was held at Saks Fifth Avenue in Naples recently. Proceeds benefitted the St. Ann School Educational Fund.

The mission of St. Ann School has been to provide quality Catholic education. The environment provides a platform for excellence in academic, spiritual, athletic, cultural and social development. This is attained through the combined efforts of students, parents, faculty, staff, administration and parish families.

Susan was on the committee for the event.



## Advocate Good Shepherd Hospital Auxiliary General Meeting

The Auxiliary of Good Shepherd Hospital will hold its general meeting and luncheon on Wednesday, May 19, at the Gazebo Grill, 1050 E. Northwest Highway, Fox River Grove. Social time is 11:30 a.m. to 12:15 p.m. This year's special guest speaker is Good Shepherd Hospital radiation oncologist James Ruffer M.D. He will discuss the "Latest Treatment Options for Breast Cancer." If you have any questions or would like more information, contact Marion Wulff at 1-847-382-4728.

To make reservations for the luncheon,

send a \$20 check, payable to the Auxiliary of Good Shepherd Hospital, to: Marion Wulff, 477 Eton Drive, Barrington, IL, 60010. Reservation deadline is May 14. Auxiliary members are encouraged to bring a guest and all community members are welcome.

Advocate Good Shepherd Hospital is located two miles west of Highway 59 on Route 22, northwest of Barrington. For more information regarding the Auxiliary of Good Shepherd Hospital, call 1-847-381-0123, ext. 5104.



## "Hats On, Hats Off to Kildeer"

The Wynstone Golf Club in North Barrington will be the site of the annual Kildeer Women's Club fund-raiser luncheon, "Hats On, Hats Off to Kildeer," on Thursday, May 20. The event will begin at 11:00 a.m. with lunch at 12:15 p.m. A fashion show by Savvy Spirit and Charlotte's Chapeaux will follow.

Many prizes will be offered as well as a silent auction. This benefit supports lo-

cal area nonprofit charities. Tickets are \$40 per person. Guests are welcome.

Kildeer Women's Club membership is open to women in all the surrounding communities. For further information on the May 20th fund-raiser luncheon or our organization, please contact Cathy at 1-847-540-6225. Check out our Web site at [www.kildeerwomensclub.com](http://www.kildeerwomensclub.com).

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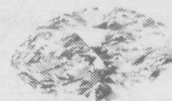
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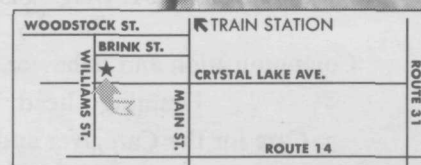
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Monday through Friday 9:30 a.m. to 5:30 p.m., Thursday till 8:00 p.m.,  
Saturday 9:30 a.m. to 4:00 p.m., and also by appointment.



# Gatherings at the Garlands

The Garlands of Barrington is a unique residential community for accomplished adults ages 55 and older that combines beautifully-designed, maintenance-free homes and inviting gathering places with unprecedented amenities and services. But, so much more than a place for residents to enjoy a vibrant lifestyle, The Garlands offers special events, fine dining and continuing education programs that are the "talk of the town." Registration is required for all programs. Please call 847-756-3000.



## "CHOOSE WELL. LIVE WELL." SEMINAR AND OPEN HOUSE

Explore the five basic styles of retirement communities, including active adult communities, CCRCs and assisted living, and clearly understand the advantages and disadvantages of the various lifestyle, financial and healthcare options that exist for today's accomplished, older adult.

Optional tour of the new Prairieview at The Garlands available.

Friday, May 14 and June 11, 1:30-3:30PM

Free. Includes presentation, tour and Afternoon Tea.



## FRANK LLOYD WRIGHT ARCHITECTURAL PRESENTATION

An entertaining and educational look at the famous architect's life and work presented by actor/historian Lyman Shepard.

Wednesday, May 5, 1:30-2:30pm, \$5.



## MUSICALIVE!

Composer, musician and lecturer Jim Kendros explores some of the world's most elegant music and plays selections on period instruments for your listening pleasure.

If It Ain't Baroque ... (Elegant Music of the 1700s), Saturday, May 8

The Great Violin Concertos, Saturday, June 12

Women Composers of the Romantic Era, Saturday, July 10

3:30-4:30pm; \$5 per session;

Cash bar happy hour and concertina follow in the Robie Lounge.



## MEMORY LOSS EDUCATIONAL SERIES

Four-part educational series or individual classes for family members and caregivers of people with memory loss. Led by staff from The Memory Disorders Center of The Alexian Neurosciences Institute and offered the fourth Tuesday of the month from May-August, 7-8pm; No charge. Please sign up for the whole series or just one class.

Memory Loss 101: Diagnosis, Treatment and Prognosis,  
Tuesday, May 25

Communication and Behavior Challenges, Tuesday, June 22

Planning Ahead, Tuesday, July 27

Care for the Caregiver and Community Resources,  
Tuesday, August 24

Please call 847-756-3000 for reservations.

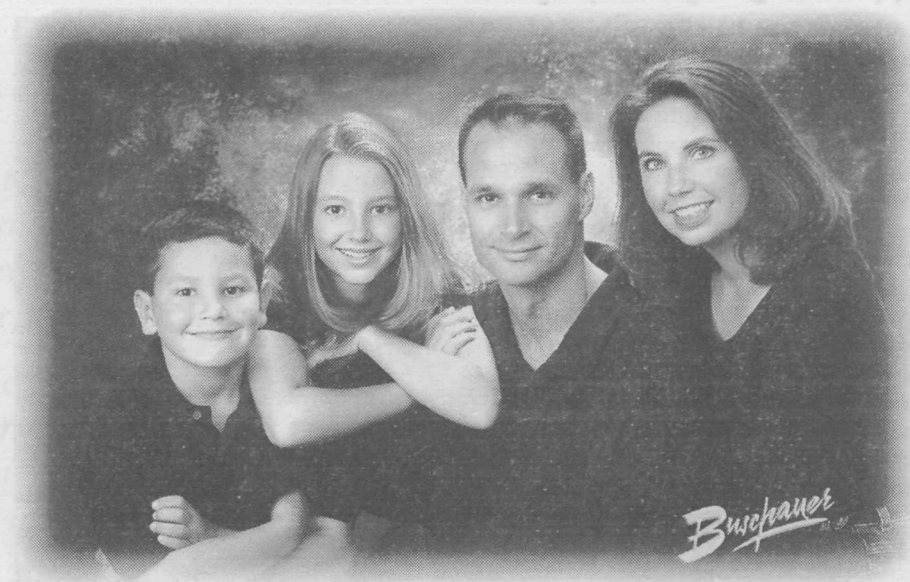


THE GARLANDS<sup>SM</sup>  
—of Barrington—

1000 Garlands Lane \* Barrington, IL 60010  
On Northwest Highway by the Barrington Area Library



## Mother's Day at The Garlands Let's You Enjoy the Moment and Preserve it for a Lifetime



Honor Mom on Mother's Day by gathering the whole family together for a lavish brunch at The Garlands of Barrington, 1000 Garlands Lane in Barrington, complete with exquisite food freshly prepared by The Garlands' executive chef Rick Rizner and delightful musical serenades by guitarists Robert Jennings and Garrett Dahm.

You can then capture the moment forever with a professional family portrait by Buschauer Portraits & Framing, Inc. of Barrington taken before or after you dine.

There will be two seatings for the brunch, 10:30 a.m. and 1:00 p.m., priced at \$29.95 per person or \$11.95 for children 10 and under. Reservations for the brunch are a must and can be made by calling 1-847-756-3000. To schedule the optional portrait sitting, call Buschauer at 1-847-382-8484.

Brunch fare at The Garlands is spectacular! Guests can enjoy omelets made to order, waffles, freshly prepared pasta, shrimp, oysters, poached fish, meats from the carving station, gourmet entrées, interesting salads, cheeses from around the world, abundant fruits, homemade pastries, soft-serve ice cream sundaes and more. Seating is limited, and families are encouraged to book their tables early.

While the family is gathered and decked out in Mother's Day finery, Buschauer Portraits & Framing, Inc., of Barrington will be on hand for on-site portrait sittings to preserve Mom's special day. Portrait sittings of 15-to-20 minutes will be available at The Garlands from 9:00 a.m. to 2:00 p.m. Sessions are limited due to the time constraints of the day and can be set up in advance by contacting Buschauer's. A nonrefundable \$50 deposit to the photography studio will be applied to your portrait purchase.

The Garlands is set on 31 lush, park acres with magnificent landscaping and walking trails, elegant private residences with unprecedented floor plan choices, and uncompromising amenities and services. The restaurants at The Garlands offer the finest gourmet dining in a private club atmosphere, shops, an art gallery, a performing arts center, a surround sound theater, a business center, a spa and fitness center, access to healthcare on the campus, and the availability of beautifully decorated hotel suites on the grounds when the family or out-of-town friends come for a visit.

For more information, phone 1-847-756-3000 or 800-822-0267 or visit our Web site at [www.thegarlands.com](http://www.thegarlands.com).



## Future of Assisted Living

(Continued from page 14)

participates in the center's Wellness by Design Program to identify individual needs and preferences.

"We pride ourselves on providing 'people centered' care," stated Pamela Lamb, administrator for Prairieview. "We create our programs to focus on each person's unique preferences. By getting to know their interests and hobbies as well as their physical needs, we are able to plan activities, care and support that is tailor-made to each resident."

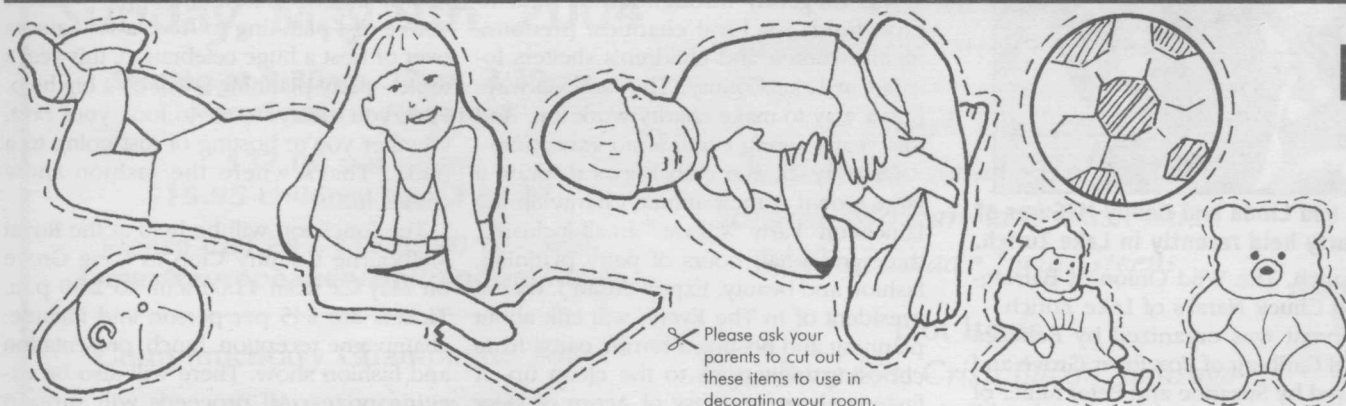
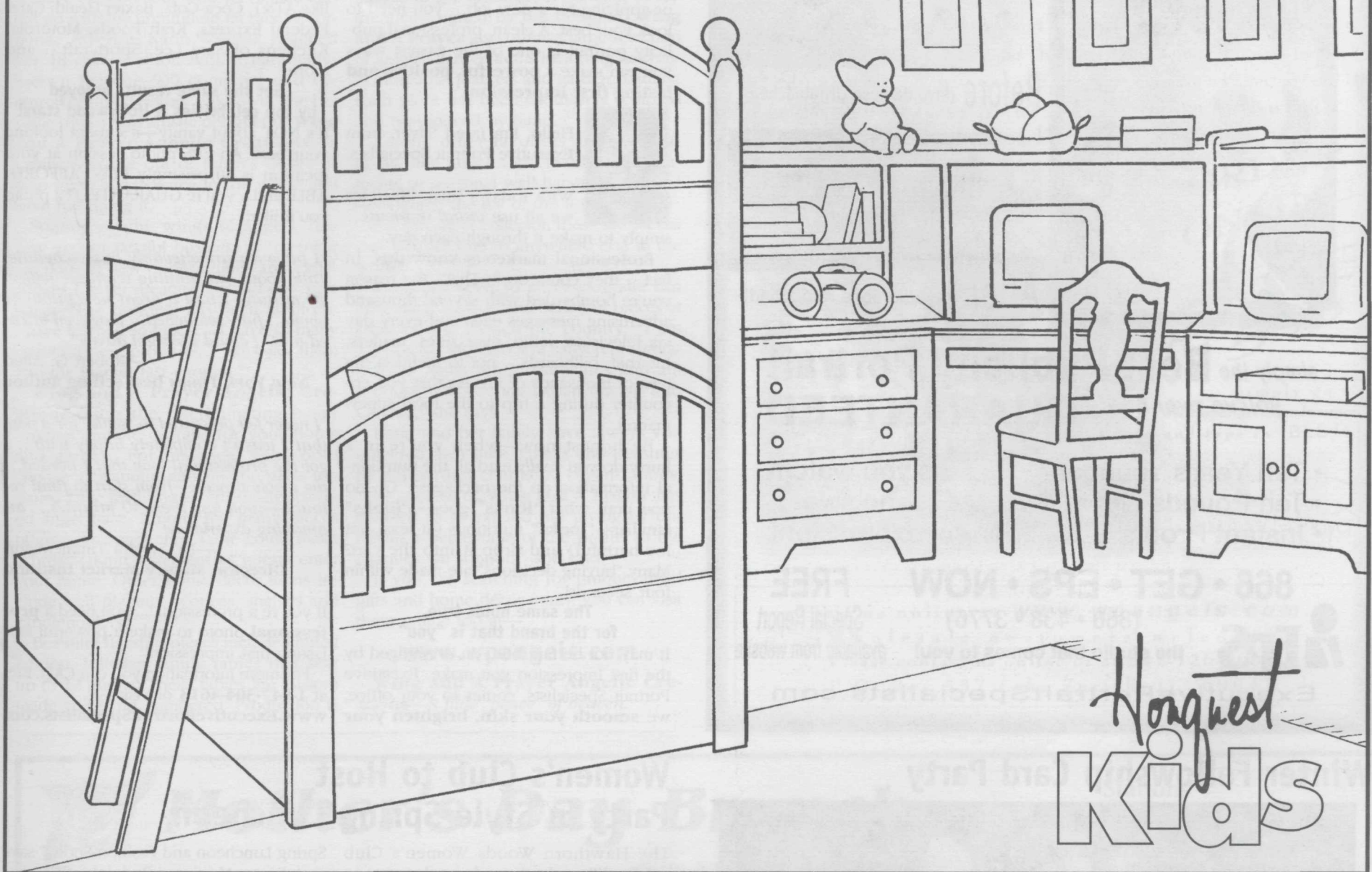
The separate and specialized memory enhancement program at Prairieview serves residents with Alzheimer's disease and related dementias. Through Prairieview's partnership with the Alexian Broth-

ers Health System's Neurosciences Institute, access to cutting-edge treatments, including clinical drug trials for the treatment of Alzheimer's and related dementias that are currently being offered, is readily available. The personal engagement with the highly trained staff at Prairieview allows residents to maintain maximum quality of life through the specialized programs and the continual monitoring and evaluation of medications and therapies.

For more information, to schedule a tour or a Wellness by Design evaluation, or to reserve your place at the June 11th Prairieview at The Garlands Open House, please call 1-847-852-3500.



# Color Your Dream Room!



## Honquest Kids Day!

Bring the kids to Honquest **Saturday, May 15th** from 10-4. Fun for kids and adults. Includes spirited storytellers, a kid's room craft and balloons!

Oh, and don't forget to "Color your dream room" above and bring it in for us to display in the showroom.

Call for details 847-382-1700.

## Honquest Fine Furnishings Opens New Youth Furniture Gallery! Receive Special Grand Opening Savings May 15th-30th

Remember the six S's when choosing youth furniture—safety, sleep, study, storage, socializing and style!

Safety is the top priority for parents today. All beds made by Stanley Furniture feature sturdy, solid hardwood posts, warp-free bed rails (for added strength and stability) and properly spaced spindles and slats that won't pinch fingers or toes. Automatic drawer stops in chests, dressers and desks prevent accidents.

It's important to invest in furniture with styling and quality that will grow with your child. That's why at Honquest you will find a comprehensive assortment of classic styles and designs that grow up with your child, from crib to college and even through adulthood. You may change the walls three or four different times through the years but, the basics – the bed, the dresser and the mirror – remain the same.



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Be honest now—when you're in a hurry do you *really* read all the nutritional information on the packages? Or, do you grab what **"looks"** good—**"looks"** familiar—**"looks"** nutritious (at least not too harmful) and drop it into the cart? Many "buying decisions" are made within four seconds!

**The same holds true, for the brand that is "you"**

It may not be fair, but you *are* judged by the first impression you make. Executive Portrait Specialists, comes to your office, we **smooth your skin, brighten your**

**eyes, whiten your smile...** each strand of hair is retouched **just right.** EPS associates have a minimum 18 years experience in commercial photography. You've likely seen our work in print, for companies like AT&T, Coca-Cola, Baxter Health Care, Federal Express, Kraft Foods, Motorola, Kitchens of Sara Lee, Sportcraft... and more.

**Get the same results enjoyed by top celebrities & Hollywood stars!**

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—Robert G. Allen

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—Dr. Sandra Timmermann

**Director, Mature Market Institute**

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**www.ExecutivePortraitSpecialists.com**

## Winter Fellowship Card Party



(From left) Tom and Sally Hilgendorf of Palatine and Linda and Denny McGurur of Barrington enjoyed the Winter Fellowship Card Party held recently in Lake Zurich.

The Presbyterian Church of Barrington held its annual Winter Fellowship Card Party at Hackney's in Lake Zurich on March 6.

Over 80 members and their friends attended the popular event. Top prizes included gift certificates to D & J Bistro of

Lake Zurich, The Wild Onion of Barrington, and Chuck Naral's of Lake Zurich.

The event was organized by Rebecca and Paul Carlberg of Fox River Grove and co-chaired by Suzanne and Peter Miller of Wauconda.

## "Girlfriends Fun in the Sun"

Celebrating "Girlfriends Fun in the Sun" held recently at The Garlands of Barrington were: (from left) Robyn Suerth and Lisa Jones of G. Whiz with Jan Cunningham, owner of the store, and Sue Bendetti, the shop's representative from Pandora Jewelry. G. Whiz, located in The Garlands of Barrington and in The Foundry, joined forces with Spa Vargas and The Garlands to give guests a glimpse of spring treats of all sorts.



## Women's Club to Host Party 'n Style Spring Luncheon

The Hawthorn Woods Women's Club works diligently throughout the year to raise funds for local charities, predominantly women and children's shelters located in Lake County. The ladies always find a way to make charity work fun. And this year's spring event is no exception.

On May 22, the club hopes to draw a large crowd at their annual Charity Spring Luncheon "Party 'N Style," an all-inclusive, three-and-a-half hours of party planning, fashion and beauty. Expert Susan J. Rosen, president of In The Event, will talk about planning and hosting a terrific party, from choosing invitations to the clean up. A fashion show, courtesy of Acorn of Deer Park Mall, will highlight this year's spring fashions, and Second Nature Salon and Spa of Lake Zurich will show-off smashing hair and makeup glamour for this year.

"Everyone is welcome to join us at our

Spring Luncheon and Fashion Show," says coordinator Ms. Susan Rudolphi. "Whether you're just planning to have a few guests over or host a huge celebration, this year's topic—party planning—will be a big help. Plus, you always want to look your best, whether you're hosting or just going to a party. That's where the fashion show comes in."

The luncheon will be held at the Royal Melbourne Country Club in Long Grove on May 22 from 11:00 a.m. to 2:30 p.m. Tickets are \$45 per person and include: champagne reception, lunch, presentation and fashion show. There will also be exciting prizes. All proceeds will support Lake County Haven, A Safe Place and Staben House.

Order tickets by May 10. Call 1-847-438-0723 for more information.

## Breakfast Forum with Brigadier General Nick Halley

The Lake Zurich Area Chamber of Commerce and Cambridge Bank will host a breakfast forum featuring Brigadier General Nick Halley as the keynote speaker on Tuesday, May 18, at Concorde Banquets in Kildeer at 7:30 a.m.

General Nick Halley is a recognized expert on leadership, terrorism, change management and integrity. Reservations are

required by May 13, 2004, to the chamber office at 1-847-438-5572.

The Lake Zurich Area Chamber of Commerce has been representing businesses in the Lake Zurich Area since 1915. For more information, contact the Lake Zurich Area Chamber of Commerce by telephone at 1-847-438-5572.



## Mel Gibson is Not the Only One Stepping Out in Faith These Days...

A brave entrepreneur who was stifled and fed up with the unfulfilling rat race of corporate America, Karin Walczak resigned her 18-year position with a nationally-known Fortune 500 company and ventured off into territory unknown. She became owner and artistic designer of **Wing and A Prayer Angelic Creations**—a business borne out of Karin's desire to help make a difference in the world and have fun doing it.

Soaring on the wings of angels, this new and successful business is "opening the door to new opportunities and experiences I never dreamed I could do," says Karin. "The business has been fabulous. I have learned so much... I have so many beautiful new products, I can't get them into the market fast enough."

**Wing and A Prayer Angelic Creations** offers the discriminating buyer original angelic designs for your home and garden. For instance, you could choose a beautiful and unique glass top dining table featuring an artistically sculpted angel base. Among the many pieces offered, an angel entry table could make a breathtaking statement as guests enter your home. Other home décor items include wall plaques, sconces, shelves and candleholders.

Beautiful flagship pieces include limited edition, full-size dining tables that seat up to 12 guests. These tables are custom made and hand numbered. Production is

limited to 500 and includes a letter of authenticity signed by the designer. **Wing and A Prayer** also offers a large selection of angelic garden items including heavenly birdbaths, planters and garden statuary. Each piece has been exquisitely sculpted and reproduced by hand.

Among other favorites are seasonal items, like angel and cherub tree ornaments or seasonal wall hangings, created to heighten the joy of the holidays.

For the angel collector, these are pieces you will not find in anywhere else in the world!

Karin has been so successful, she can offer these unique and beautiful pieces at retail outlets around the country. "I am looking for independent sales representatives to assist me in the states and am seriously considering expansion up into Canada," she says.

Karin and her family have always volunteered their time, talents and treasures by supporting charitable organizations. "The success of **Wing and A Prayer** has enabled us to expand our giving by donating a percentage of the profits to the charities we support," she says.

If you are searching for unique angel gifts and home décor items, you can visit them online too at—

**www.wpangels.com**

**Wing and A Prayer Angelic Creations**—A little "peace" of heaven.

## Welcome Back Spring!

Entice your favorite feathered friends to bathe in *STYLE* in our beautiful and functional birdbaths. Choose from several *UNIQUE* designs. Beautify your patio or garden with our original angelic planters.



pictured: Angel Choir Flower Pot & Marie Cherub Birdbath

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AND  
SAVE  
15%**

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and type in "BLS15"

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Visit us online at **www.wpangels.com**.

Wholesale customers welcome.

Please contact us online or at 847-726-9062

P.O. Box 337 Lake Zurich, IL 60047



## Mother's Day Brunch

**Sunday, May 9th, 2004**

Seating at 9:30am, 12pm, 2:30pm  
Reservations Required

\$32.00 per guest  
\$15.95 children age 3 to 11

Please Call 847-437-5590 or Email  
[james@europeancrystalbanquets.com](mailto:james@europeancrystalbanquets.com)

Complimentary Champagne Toast

Assorted Breakfast Pastries

Bagels, Muffins, Croissants, Danish,  
with Butter & Preserves

Seafood Display on Ice

Shrimp • Scampi Diablo • Oysters  
Smoked Salmon • Oysters Rockefeller

### Chilled Items

Display of Imported & Domestic  
Cheeses with Gourmet Crackers  
& French Baguettes

New Potato Salad • Cole Slaw  
Tomato, Mozzarella & Basil Salad  
Seafood Salad • Field Greens

### Hot Items

Eggs Benedict, Crisp Bacon, Sausage  
Cheese Blintz with Blueberry Compote  
Peking Duck with Orange Sauce  
Salmon Roulade with Spinach  
Chicken Vesuvio • Wild Rice Pilaf  
Oven-Roasted Yukon Gold Potatoes  
Seasonal Vegetable • Penne Pasta

### Stations

Country Glazed Ham • Herb-Crusted  
Strip Loin with 3-Pepper Sauce  
Made-to-Order Omelettes  
Roast Turkey with Stuffing  
& Cranberry Sauce • Prime Rib  
with Au Jus & Horseradish Sauce

### Dessert Station

Assorted Cakes • Tortes  
Miniature French Pastries • Cheesecakes  
White- & Dark-Chocolate-Dipped  
Strawberries and so much more...

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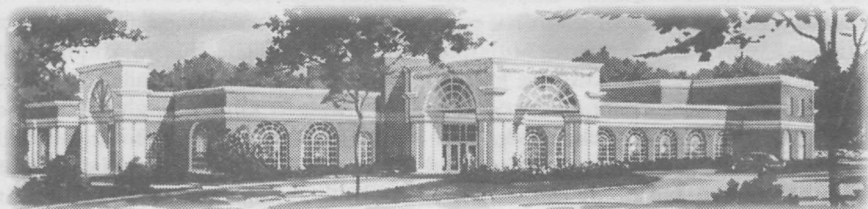
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## Volunteers Create a Cinderella Ending for Bridge Clients as Fairy Tale Gala Achieves Record Results

With fairy tale characters on hand to greet guests at the door, The Bridge Youth & Family Services raised approximately \$150,000 at its Fairy Tales Can Come True gala on Saturday, March 6.

Over 300 guests, volunteers and board members bid on a variety of unique and luxury items and experiences, such as fighter pilot training, furs, jewelry and a Golden Tee Machine.

"Our volunteers and guests were the fairy godmothers," noted Jane Morson, bridge development director. "They really worked overtime to ensure the most successful fund-raising event in bridge history."

Executive director Mr. Peter Cunneen noted, "The evening's success was made possible by more than 75 generous volunteers, some of whom have been working for a year to put this event together. Special thanks go to Liz Noe and Kevin Drucker, our gala co-chairs, and to Michael Strauss, our auction chair."

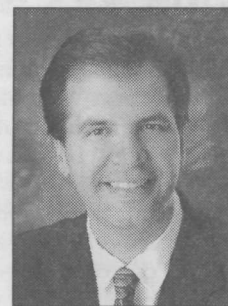
Al Siders, president of Network Data Systems of Rolling Meadows, headed up a successful sponsorship drive, which enlisted many local businesses including Inverland Russell Group, Cornerstone National Bank and Trust, Tom Noe's Park Ridge Auto Mall, Northwest Community Healthcare, and Northrop Grumman Cor-



(Above, from left) chatting were Sue Abazoris, board member, Barrington, with guest Pamela Ventrone, Kildeer; (left) this lovely couple are Kymn and Kery Harp, Barrington, co-chairs of the golf outing scheduled this summer.

## Are Your Teeth Getting Short?

by James T. Gavrilos, D.D.S.



Many adults find that their front teeth are wearing down, getting thin or even chipping away. The cause of these problems is not what you eat, chewing ice or those pencils you hold in your mouth. More likely, it is unconscious, usually nocturnal movements of your lower jaw called bruxism or "night grinding". The cause may be that your back teeth do not fit together properly. It may be caused by brain waves or it may even be associated with R.E.M. sleep patterns. There may be headaches, sore muscles or jaw joint pain associated with the tooth destruction from bruxism.

If a long-term solution is desired, proper diagnosis of the type of bruxism that exists is required before your teeth are repaired. This diagnosis may require a combination of a careful history, muscle and jaw joint examination, radiographs, impressions for models, mounting these models on a simulator, a plastic oral splint

that is worn 16 hours a day, or even temporary fillings or provisional restorations.

If all that seems ridiculous, think about the cost of having your front teeth fixed, then discovering that the fillings or crowns frequently break and must often be replaced. If it were my mouth, I would want the careful diagnosis.

For a thorough evaluation, call **Dr. James T. Gavrilos** in Barrington at 1-847-381-4040.

## Orchesis Dance Company Auditions for Incoming Freshman Students

Barrington High School's Orchesis Dance Company will hold auditions for incoming BHS freshman at BMS Station Campus on Monday, May 10, 3:00 to 4:30 p.m. and Wednesday, May 12, 3:00 to 4:30 p.m.

Students must complete a parent-signed audition application and return it at the time of the audition. Dancers should be

prompt and dressed to dance. Orchesis rehearses Mondays and Wednesdays from 3:00 to 5:30 p.m. Students should pick up an audition application at their school's main office or from a P.E. teacher.

For information, contact Julie Salk in the fine arts department at Barrington High School, 1-847-842-3213.



Taking time out for a photo are: (from left) Tom MacCarthy, Long Grove, and Rina and Jeff Boundy, Barrington.



Kris Howard and John Jensen, both of Inverness, enjoyed the evening.

potation.

Palatine partygoers included: Grace and Carl Arthur; Karen and Peter Belsha; Carol and Jim Brandt; Sue and Ron Cox; Linda and Winn Davidson; Darcy and David Hollingbery; Diane and Rick Kronberg; Kim and Russ McElwain; Liz and Tom Noe; Karen and Jerry Pinderski; Polly Pinderski and Gary Stewart; Carol and Richard Schoppert; and Debbie Wear and Steve Whited.

Inverness invitees included: Linda and Gerald Chapman; Denise and Gerald Fitzgerald, Jr.; Kris Howard and John Jensen; Anette and David Musich; Michael and District 211 President Debra Strauss; and Inverness Trustee Mickie Polk.

Barrington guests included: Sue and Norm Abazoris; Rina and Jeff Boundy; Kathleen and Peter Dilorio; Kery and R. Kymn Harp; Gail and Mark Petras; and Sheila and Al Siders.

Kildeer attendees included: Leslie and Lee Lilly; Ray and Norene Mulligan; Jan and Howard Russell; and Pamela and Jim Ventrone.

Long Grove residents Patricia and Thomas MacCarthy also turned out in support of the bridge.

Inverness Trustee Mickie Polk, together with Kery and Kymn Harp, are already hard at work as co-chairs of the next big Bridge event, the August 16th golf outing at Itasca Country Club.

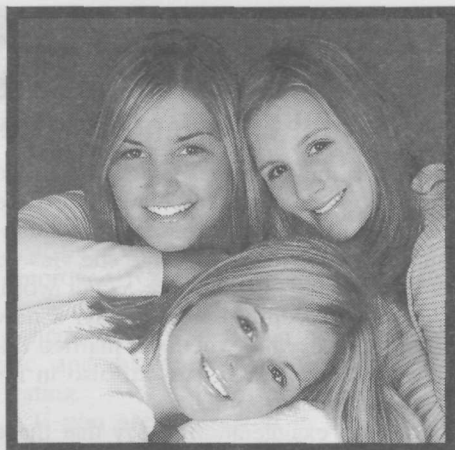
Proceeds from the gala will support the programs of The Bridge Youth & Family Services, which help families stay together and be successful through parenting skills and education, counseling, mentoring, and crisis intervention. Established in 1965, the bridge is a comprehensive, community-based charitable organization serving youth ages 6 to 17 and their families in Northwest Suburban Cook County.



## Portraiture at Lakeview

**Lakeview Photo and Portrait Studio** is looking forward to providing you with images of your family and children that you will treasure for years to come. Photographers Larry and Shannon Backe specialize in creating images that express the true character and emotion of their clients. Their goal is to make the experience of having a portrait done fun, easy and memorable, and to create one-of-a-kind portraits of their customers.

Call **Lakeview Photo** at 1-847-540-6100 to find out about the many photographic services available.



## La Maison Francaise— Now with Two Showrooms

We have two showrooms filled with antique furniture, wrought iron and decorations—personally selected and shipped from France! I love every piece and I think you will too!



Come in **May 7 and 8** and celebrate our first anniversary with **20% off** any purchase! Call for details.

We are located at 200 N. Hough Street in Barrington. Please stop by. **1-847-304-1730**.

—Nadine Rusch

## DAR May Meeting

Signal Hill Chapter of the Daughters of the American Revolution's last gathering of the spring will be held Tuesday, May 18, at the Barrington Area Library, Room A. The business meeting will be at 11:30 a.m., at which time the new officers and directors for the coming year will be installed: Sally Hansen, first vice regent; Audrey Sowka, chaplain; Nancy Weichmann, corresponding secretary; Linda Ward, treasurer; Margaret Christiansen, registrar; Fran Waddell, librarian; Flo Babos, Constitution Week and commemorative events; Iva Lee VanBuren, DAR schools; and Judy Koral, membership.

A social period and refreshments will follow at noon.

Jayne H. Cates, Division IV director, will present the program "Patriotism in District

IV" at 1:00 p.m. Hostesses for the day will be: Helen Martin, Jackie DeYoung, Leslie Eiring, Lois Lee, Helen Mellin and June Shuldes.

To be eligible for membership in NSDAR, a woman must be no less than 18 years of age and able to prove her lineage to an ancestor who aided in the cause of the American Independence through military, civil or patriot service. We are eager to help prospective members trace their ancestry. A lineage workshop will be held in the fall, and private assistance may also be arranged.

Anyone needing to know more about membership may contact Billie Owens, 1-847-381-5785, or Jeanne Tierney, 1-847-438-5289. If you need directions, a ride, or information about the meeting, call Phyllis Garner, 1-847-382-2194.

## Schaumburg Presents 17th Annual Fine Arts Festival

The Village of Schaumburg presents its **17th Annual Prairie Arts Festival** on **Saturday, May 29**, and **Sunday, May 30**, on the grounds of the Robert O. Atcher Municipal Center, Schaumburg Road and Summit Drive.

The exhibition and sale will feature over 150 fine artists, including painters, sculptors, photographers and jewelers from coast to coast.

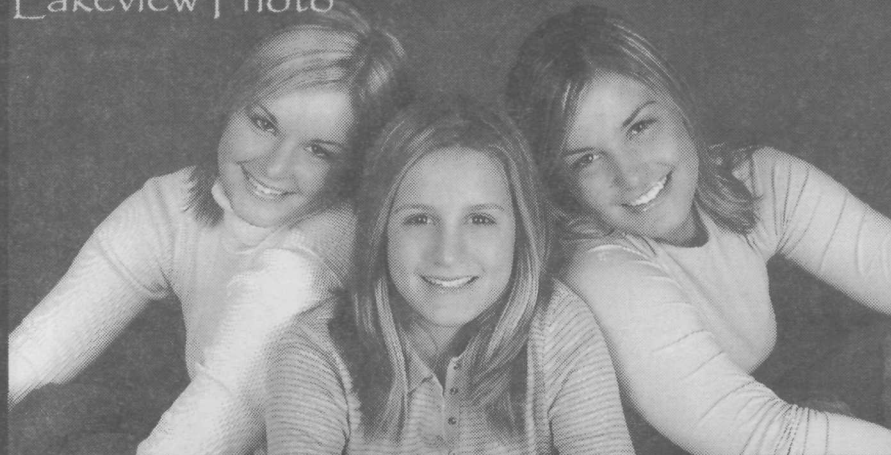
Special events coordinator Roxane Benvenuti says the free annual festival continues to draw patrons from Chicago, the Northwest Suburbs and outlying areas. Many return annually to not only purchase art but also to enjoy the festival's natural outdoor surroundings.

"It's a winning combination of art and nature, particularly at this time of year," says Benvenuti. Live entertainment can be heard throughout the grounds where local musical artists are featured hourly. Also, younger artists will enjoy a children's activity tent sponsored by the Schaumburg Park District and restaurant vendors will also be on the grounds serving a variety of food and refreshments.

The two-day festival will operate from 10 a.m. to 5 p.m. both Saturday and Sunday over Memorial Day weekend, rain or shine. Admission is free.

For more information, call **1-847-895-3600** weekdays from 8 a.m. to 6 p.m. or visit [www.prairiecenter.org](http://www.prairiecenter.org).

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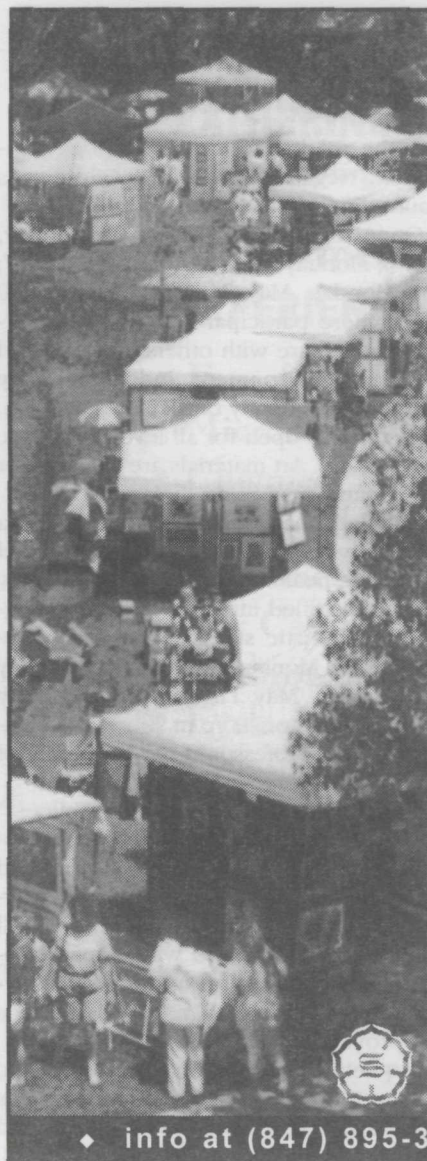
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17th Annual

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**Saturday, May 29 &  
Sunday, May 30, 2004**  
10 a.m. to 5 p.m.

On the grounds of the  
**Robert O. Atcher  
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♦ info at (847) 895-3600 or [prairiecenter.org](http://prairiecenter.org) ♦



## Lake Barrington Woods, not just a place to live, a place to have fun!



*If you've been looking for a retirement community that's not just a place to live, but a place to have fun—move to Lake Barrington Woods!*

With more than 30 scheduled activities each week, Lake Barrington Woods is a place you'll want to call home! Featuring spacious one- and two-bedroom rental apartments - some with dens - Lake Barrington Woods offers something for every interest! Take water aerobics, join the billiards tournament, dine out with the gourmet dining group or enjoy a variety of social events or cultural trips. Anastasia and Darrell even found time for a courtship!

Discover the comfort and elegance of rental retirement living at Lake Barrington Woods! Call today to schedule a tour and for more information about our move-in special.  
**847.842.8900**

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847.842.8900 • Off Northwest Highway between Kelsey Road and Route 22

## Wellness Place Offers Introductory Yoga Among May Stress Reduction Classes

A new Introduction to Hatha Yoga class will begin Tuesday, May 4, from 10:00 to 11:00 a.m. at Wellness Place, a cancer resource center at 1619 W. Colonial Parkway in Palatine. The class is one of several stress management opportunities offered at no charge for people with cancer and their loved ones.

The introductory Hatha yoga class also will be held Tuesday, May 11; Tuesday, May 18; and Tuesday, May 25. Led by certified instructor Sandy Moore, the class is designed for people undergoing cancer treatment or anyone who prefers a more gently paced sequence.

Following is a list of Wellness Place stress management classes and therapies for May. Each class requires registration by calling 1-847-221-2400.

Beginning/Intermediate Yoga will be held Tuesday, May 4; Tuesday, May 11; Tuesday, May 18; and Tuesday, May 25, from 11:00 a.m. until noon.

A series of seven Tai Chi Chih® classes will begin Wednesday, May 12, from 10:30 to 11:30 a.m., directed by Diana Durkin. Participants will learn 20 gentle movements to soothe body and mind, based on Chinese healing principles. Classes will also meet Wednesday, May 19, and Wednesday, May 26, from 10:30 to 11:30 a.m.

The Rev. Dr. Scot Giles, a board-certified hypnotist and chaplain, will guide a medical self-hypnosis on Saturday, May 1, from 10:00 a.m. until noon. Designed to help release pain and facilitate self-heal-

ing, the workshop theme will be "Confronting Negative People." Dr. Giles heads Counseling Ministries, Inc., in Wheaton.

Open Art Studio will meet on Monday, May 3; Monday, May 10; Monday, May 17; and Monday, May 24, from 2:00 to 4:00 p.m. where participants may create, express and share with others in a safe and nurturing environment. Individuals may work independently on personal artwork. The studio is open for all levels of artistic experiences. Art materials are available or participants may bring their own.

"Guided Imagery and Visualization," a creative way to use the imagination to feel better and heal better, will be led by Mary Sinclair, certified interactive guided imagery and holistic stress management instructor, on Monday, May 3; Monday, May 10; Monday, May 17; and Monday, May 24, from 1:30 to 3:00 p.m. Sinclair is clinical assistant professor at the University of Illinois at Chicago.

A new series of "Writing for Wellness" will meet Thursday, May 20, and Thursday, May 27, from 2:00 to 3:00 p.m. Led by Wellness Place Clinical Specialist Margaret French, the six-session course will continue into June and will foster exploration, self-expression and stress reduction. No experience is required; journals are provided.

A quiet hour of Mindfulness Meditation, led by Wellness Place Clinical Services Coordinator Lois Coldewey, will be held Tuesday, May 4, and Tuesday, May 18,

## Love Blooms at Lake Barrington Woods

### Couple with 93 Combined Years of Marital Experience Married on April 17

Anastasia Juul-Nielsen, a vibrant woman in her 80s, said some seniors move to Lake Barrington Woods, a retirement community, to "end" their life while she viewed it as a beginning. And true to her word, Anastasia recently embarked on a new chapter of her life when she married fellow resident Darrell Burson (also in his 80s) on Sunday, April 17.

It is no exaggeration to say that these two are veterans of the marital institution; Anastasia was married for 35 years while Darrell had been married for over 58 years before being widowed.

The couple laughingly admitted that dating seriously in one's 80s presents unusual challenges. For example, Anastasia's adult daughters inspected Darrell just as closely as Anastasia had checked out their boyfriends throughout their adolescence. In fact, it was their children who urged them not to rush into marriage. But as Darrell put it, their courtship was like "speed-dating" because they saw each other at activities and meals several times a day while living at **Lake Barrington Woods**. The major difference with this twilight-year marriage is that both Anastasia and Darrell say they love and accept

each as they are right now.

"At our age, we aren't trying to change each other," said Darrell.

Anastasia, just like Cinderella, wore glass slippers when she tied the knot with Darrell on April 17. Darrell, a vintage car enthusiast, arranged for the newlyweds to ride in style on their wedding day in a 1967 cherry red Cadillac convertible. Their wedding reception was held on April 18 in the Club Lounge at **Lake Barrington Woods**, which was a first for this senior community.

"I hope Anastasia and Darrell's marriage will be the first of many weddings held here!" said Cheryl Black, **Lake Barrington Woods** executive director.

**Lake Barrington Woods** is a rental retirement community offering independent and licensed assisted living. The community, located on beautifully wooded land adjacent to a nature preserve in Lake Barrington, features spacious apartments in a variety of floor plans. Services include dining, housekeeping, transportation, activities and events, and the security of 24-hour staffing. Amenities include an indoor swimming pool and heated parking. For information, call **1-847-842-8900**.

## St. Joseph Auxiliary Installation of Officers

On March 23, the St. Joseph's Auxiliary held an installation ceremony for its officers for the coming year. Conducted in the chapel of the Little Sister's Home, a ceremony was also held to award members who had achieved a new plateau in service hours with a service pin to designate their achievement.

Bishop Andrew celebrated the mass and addressed the membership. Mother Benedict presented the new officers, and Sister Emilie presented each with a long-stemmed rose.

Officers for the coming year will include Irene Adams, president; Nancy Witek, vice president; Toni Gerould, treasurer; Peggy McCotter, recording secretary; and Ursula Winter, corresponding

secretary.

Following the initiation and award ceremonies, Mother Benedict and Sister Timothy and her kitchen assistants served a luncheon for the men and women of the auxiliary.

The members of St. Joseph Auxiliary welcome men and women interested in being part of this service. Members are involved at varied times and assist the Little Sisters of the Poor and their many aged residents in many different ways. Hearing about their service and seeing the home at 80 W. Northwest Highway in Palatine can be arranged by calling 1-847-358-5700. Ask to have the volunteer coordinator call.

## "Let's Celebrate" Luncheon

The Northwest Women's Connection invites you and your friends to our "Let's Celebrate" Luncheon on May 13 from 6:30 to 8:00 p.m. at Concorde Banquets in Deerfield. Cost is \$15 inclusive.

The Balloon Cottage will show us the newest and most creative balloon products available. Lesley Cowles will speak on what it takes to be a balloon designer.

Diane Dassing will speak on how she overcame many addictions, found her king and also married Prince Charming, and then lived happily ever after.

Free preschool childcare is available. (The nursery is located off premises.) Lunch reservations are needed by Friday, May 7. Call Carol at 1-847-359-5089 or Karen at 1-847-818-9016.

from 2:00 to 3:00 p.m.

Mindfulness-Based Stress Reduction, an eight-week committed class offering in-depth training and extensive hands-on experience with a variety of mindfulness practices, is forming. It is based on the successful stress reduction program founded by Jon Kabat-Zinn at the University of Massachusetts Medical Center. Contact Lois Coldewey for a phone consultation, class dates and times at 1-847-221-2400.

Healing Touch Therapy and Massage Therapy are offered on a varied schedule by appointment only.

Wellness Place, a nonprofit community-based organization incorporated in 1999, offers resources, support and education for people with cancer, their family and friends and serves 60 communities in the Northwest Suburbs of Cook County and parts of McHenry, Lake and Kane counties.



## Get Your Body Back for Summer

by Gregory Michael Bazell, M.D., Diplomate  
of The American Board of Plastic Surgery, Inc.

In my hands, the tummy tuck outpatient procedure (abdominoplasty) produces a far more natural-looking and toned abdomen than could ever be imagined or claimed with just liposuction alone. The results of a tummy tuck are dramatic: sagging skin, excess fat and unsightly stretch marks are removed, and abdominal wall firmness is restored by correcting weakened or separated abdominal muscles.

I routinely perform the tummy tuck procedure on an outpatient basis with most women returning to light, normal activity within one week. Women who undergo this procedure come from many different backgrounds—fitness trainers, models, professionals, teachers, homemakers—but they all share the common, predictable appearance of an abdomen subjected to one or more pregnancies. First, I let them know that they are truly not alone: most women after pregnancy are still unhappy with the appearance of their abdomen despite months, and in some cases, years of engaging in the most intense diet and exercise programs available. Then, I show them my tummy tuck results so that they can determine for themselves just how powerful a tool this technique really is in the battle to get their body back.

The tummy tuck procedure not only profoundly improves the appearance of your abdominal area, but women tell me that their body image and self-esteem is improved, that their clothes fit better, that their posture is improved, that they no longer have to "suck it in" while in public, and that they no longer bloat after eating.

If you are interested in discovering what a tummy tuck can do to help you get your body back before this summer, please contact **Kristen** at **The Aesthetic Plastic Surgery Center of Barrington, LLC**, by calling **1-847-382-4160**. Consultations are designed to give you honest answers and the information you need to make an informed decision for yourself, in a confidential, nonpressured environment.

Remember: when considering any plastic surgery of your face and body, make sure your surgeon is certified by none other than **The American Board of Plastic Surgery, Inc.** Both The American Society of Plastic Surgeons and The American Society for Aesthetic Plastic Surgery recommend that you find a qualified plastic surgeon who is certified by The American Board of Plastic Surgery, Inc.

## Hair Removal at the Speed of Light

by Catherine Zedan-Grandi, L.E.,  
Plastic Surgery Skin Care Specialist

Safe and long-lasting hair removal treatments are performed on a daily basis at **The Aesthetic Plastic Surgery Center of Barrington, LLC**.

The demand for hair removal is tremendous. As the first accredited medical aesthetician in the state of Illinois and with my many years of clinical experience removing hair, I am convinced that the non-invasive technology of Intense Pulse Light is the best way to remove your unwanted facial and body hair.

Hair removal by IPL is faster and longer lasting as compared to waxing, shaving and topically applied creams. IPL is also provides effective laser hair removal, yet it is safer.

Intense Pulse Light hair removal uses gentle pulses of light to selectively remove hair follicles and impair its growth without injuring the surrounding skin. By a process termed "selective photothermolysis," the gentle pulses of light are absorbed by the substance that gives hair its color (melanin) and converts the light energy into heat. The heat is transferred to the hair follicle, which is then selectively destroyed, making it unable to produce new hair. IPL hair removal system offers very satisfying results in most people.

Commonly asked questions regarding IPL hair removal are:

**What areas on my face and body can be treated?**—IPL can be used on any part of your face and body, but most women like to have hair reduction of their upper lip, underarms, bikini line and legs. This technology works very well for the back, shoulders and chest area of your significant other too.



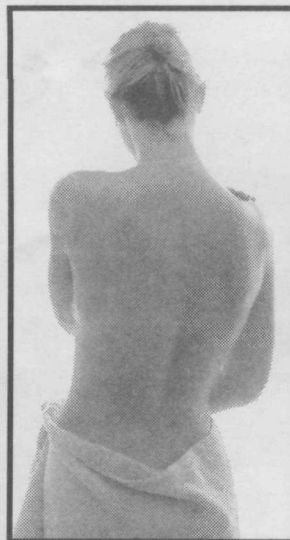
**Is the color of my hair important?**—Yes. Because IPL is attracted to the natural color in your hair, dark hair is treated most easily due to the large concentration of pigment, followed by fair hair. As long as your hair is darker than your skin, hair reduction is successful. Gray or white hair has no melanin and cannot be effectively treated.

**What do the treatments feel like?**—Most people experience a momentary, mild stinging sensation similar to the snapping of a rubber band against the skin. No local anesthesia or pain medication is required.

**Are there any side effects?**—Most women experience no side effects after treatment. A normal reaction is for the skin to become mildly red and tender after treatment, but this routinely disappears in a day or two. However, if IPL is performed by an inexperienced person, you could get a burn or be left with too much color (hyperpigmentation) or too little color (hypopigmentation) in your skin.

**Is the hair removal permanent?**—There  
(Please continue on page 54)

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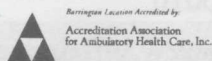
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## "Gallery in the Afternoon"

The Barrington Area Council on Aging, Inc., and the Barrington Area Arts Council are co-hosting "Gallery in the Afternoon" on Friday, May 7, from 11 a.m. to 1 p.m.

Please join us at the BAAC Gallery, 121 Barrington Commons Court, for a complimentary lite lunch and dessert with a private viewing of "Facets of Fiber." The

art exhibit of wearable art and quilts will feature artists Andrea Arrigo of Rolling Meadows, Katie Bateman of Palatine and Diane Greening of North Barrington. Register early since seating is limited. Call 1-847-381-5030 by May 4, 2004, for your reservation. Admission is free.

## Caregiver Support Group

The Barrington Area Council on Aging, Inc., invites you to attend our Caregiver Support Group meetings, which are held on the first Wednesday of each month at the Barrington Village Hall, Community Meeting Room, 200 South Hough St., from 7 to 9 p.m.

On May 5, we will hear speakers from

Catholic Charities on their Respite Title III program. This program allows area caregivers a way to have some "down time". We will have speakers from Lake County and Cook County agencies.

On June 2, we will have an open discussion of topics brought forward from the group.

## Lifelink to Host 21st Annual Luncheon and Fashion Show

Tickets are now on sale for Lifelink's 21st Annual Luncheon and Fashion Show on May 15 at Drury Lane, 100 Drury Lane, Oakbrook Terrace. NBC 5 reporter and anchor Dick Johnson will return to his role as master of ceremonies.

This year's event is sure to please the crowd. Old favorites and new surprises await guests. A gift boutique will start at 10:30 a.m. where one may purchase a handbag, scarf, jewelry or a lovely accent piece for the home. Lunch will follow at 12:30 p.m.. And the fashion show, produced by ZZZZZ Productions, will begin

at 2:00 p.m.

Luncheon tickets are \$45 per person. Proceeds will directly benefit Lifelink's programs for older adults, children and families. For complete information or to place an order for tickets, call Lifelink at 630-521-8048 or visit the Web site at [www.lifelink.org](http://www.lifelink.org).

Lifelink is a not-for-profit charitable health and human service organization related to the United Church of Christ. Lifelink has served older adults, children and families since 1895.

## May is Blooming for Mom and Prom

Visit **Versa Medi-Spa** this May, where beautiful skin is blooming for Mom, for prom or for any special spring occasion. During May only, **Versa** is offering:

• A **20% savings** on any treatment when you present a valid student I.D.

• A complimentary makeup lesson with the purchase of any gift certificate for your mom

At **Versa Medi-Spa**, we believe beautiful skin is fashionable and possible with every season, at any age. Softer, smoother, radiant skin is achieved through medically based skin care treatments targeted to your individual skin conditions and goals.

Our medically trained licensed estheticians, supervised by David P. Van Dam, M.D., **Versa** founder and board-certified dermatologist, will help you to achieve healthy, beautiful skin and so much more. We also offer waxing, body treatments, and makeup application and instruction, all focused on achieving a healthy, naturally beautiful look.

Join us for **Botox Days** on **May 5 and 26, only in our Barrington Dermatology Physicians & Surgeons** location. As a national physician training center for **Botox® Cosmetic**, Botox Days offer first-time patients a **20% savings** on a Botox treatment.

In addition, as a tribute to the moms we love, we are offering a very special bonus on **May 5 to 7 only**. Come to **Versa** and show us a photo of your children or grandchildren. With any completed Botox

treatment or \$100 purchase at **Versa**, we will give you a complimentary, full-size, beautiful spring shade of Jane Iredale lip gloss with which to kiss the cheeks of your beautiful babies!

If you haven't yet tried Botox® Cosmetic, call our office to learn more about the **leading antiaging treatment in the world**. Dr. David Van Dam is a member of Botox manufacturer Allergan, Inc.'s national education faculty, teaching other physicians and patients safe and effective techniques for improving or preventing the signs of aging. Plan ahead for our next Botox days on May 26 and June 16.

We also are leaders in:

• **Restylane® rejuvenation** to soften facial wrinkles and creases and restore fullness to the face with a naturally derived, injectable soft-tissue filler

• **Light-based rejuvenation** (photo-facial) with Intense Pulsed Light (IPL) therapy to correct irregular pigment and facial vessels, redness, acne, actinic keratoses and for permanent hair removal

Call for a consultation and learn how you can restore a more youthful appearance safely, economically and without surgery.

**Dermatology Physicians & Surgeons, Ltd.**, has offices in Barrington at **1-847-382-5111** and in Crystal Lake at **815-455-4434**. **Versa Medi-Spa** has offices, skin care products and cosmetics in Barrington at **1-847-382-6800** and in Crystal Lake at **815-455-4433**.

## The Carlisle Collection Joins Komen Foundation's Million-Dollar Council

The Carlisle Collection has become a member of the Susan G. Komen Foundation's Million-Dollar Council says local Carlisle consultant Leslie Roberts.

Carlisle, a New York company specializing in direct sales of women's fine apparel, announced that its sales consultants have raised over \$1 million through its Fabric of Hope Program, which supports the Komen Foundation's mission to eradicate breast cancer.

Carlisle's approach is unique. Leslie Roberts and Carlisle consultants throughout the country offer an elegant silk scarf for a minimum donation of \$125 to the foundation. Carlisle designs and provides a new scarf each year to benefit Komen through the Fabric of Hope Program. Ms. Roberts donates her time and expertise in promoting the scarf locally, making it available to people in the community. All money raised in the Fabric of Hope Program goes directly to the Komen Foundation.

Leslie Roberts, owner of Leslie Roberts/Carlisle, said, "In 1998, Carlisle offered its consultants the opportunity to choose a focus for its philanthropy. We chose the Komen Foundation. Most of us have a friend or relative affected by breast cancer, and a number of us are survivors ourselves. We wanted to make a difference, and working with Komen gives us that



**Leslie Roberts shows a beautiful silk scarf. These scarves are offered to those who contribute \$125 or more to help eradicate breast cancer.**

opportunity."

Carlisle founder and chairman William D. Rondina expressed his pride in their achievement. "Our consultants have embraced the Fabric of Hope Program with passion and hard work. It is wonderful to see their efforts recognized," he said.

Company President Bonnie Weigell said that Carlisle its consultants and clients combine to create an effective alliance. "Together," she said, "we are all able to make a difference in the fight against a disease that touches too many people."

To make a contribution to the Fabric of Hope Program or to see the Carlisle Collection, contact Leslie Roberts at 1-847-381-4959.





## Hypnosis

by Martin A. Nathan, M.A., L.C.P.C.

Hypnosis is being used more than ever for treatment of a variety of issues. These include nicotine addiction, eating disorders, nail biting, anxiety and panic attacks, weight loss, depression, anger, pain, and sleep disorders. *It is particularly helpful with stopping smoking.*

I'm a licensed clinical professional counselor and have been in private practice for over 28 years. I see couples for marriage and relationship counseling, and individuals for a variety of issues. I am certified in the use of clinical hypnosis and have been using it in my practice for the past 27 years.

I use hypnosis most often with individuals in order to quickly change habit and behavior patterns that the client considers undesirable. Using hypnosis helps the changes to take place in a much shorter

period of time than traditional counseling alone. The combination of short-term counseling with hypnosis saves both time and money.

If you think that you have an issue that may be treated by hypnotherapy, call and discuss your issue or issues with me. You will learn the approximate number of sessions, the cost per session and whether or not it's for you.

I am also a certified meditation instructor and teach six-week "Introduction to Meditation" classes on a regular basis. Meditation helps you to respond better to stressful situations, lowers blood pressure and generally makes you feel better. If you are interested in learning how to meditate or wish to restart your meditation practice, please call 1-847-934-6555 for information.

## Total Image Consulting

Nothing is more important to a fashion forward salon than knowing the next trend in hair design and beauty. That is why the styling team at **International Hair Designs** goes through intensive training four times a year for the latest trends in cuts, perms and hair color techniques. Corrective color consultations are available with our *board-certified* hair-colorist.

Twenty-five years of professional excellence and outstanding performance in the beauty business have indisputably established **International Hair Designs** as one of the leading full-service salons in the Northwest Suburbs. A dedicated team of highly-skilled and experienced stylists are always eager not only to pamper you with the ultimate in service but also to provide you with complimentary valuable consultation and professional advice to



enhance your image.

**International Hair Designs**, located at Northlake Commons (Routes 12 and 22), is open Monday through Thursday 9 a.m. to 9 p.m., Friday 9 a.m. to 6 p.m. and Saturday 8 a.m. to 3:30 p.m. We also service wedding parties on Sundays (advanced notice and deposit required). Call 1-847-438-8636 for more information.

## Families with Children with Cerebral Palsy

There is an Answer—and it's NOT a Wheelchair

Learn sitting, standing and walking. Live an active and independent lifestyle without a wheelchair through Conductive Education.

This is the education program that has just been spotlighted on CBS' *60 Minutes* and regarded as "unbelievable and almost too good to be true."

Tasks improve: head control, visual coordination, mental concentration, fine and gross motor skills, breath support and speech!

Call Szilvia Mark, Conductor/Teacher, at 1-847-975-5172 for details.

**There is still time to sign up for the Walk with Me Summer Camp 2004. Call for details.**



## Attention Women Golfers!

Champagne and strawberries, Ben & Jerry's Ice Cream, massages—these are just a few of the amenities that make Clearbrook's Third Annual Women's Golf Classic a fun way to network with other female executives. The event will be held Monday, June 7, at the newly redesigned Chevy Chase Country Club in Wheeling.

The \$250-per-player outing includes a continental breakfast, clinics, golf carts,

lunch, cocktails, hors d'oeuvres and a dinner buffet. New this year will be a grand prize of a four-day/three-night golf getaway in Tucson, Ariz. Proceeds will benefit Clearbrook's programs and services for children and adults with disabilities.

To learn more about this un-fore-gettable networking opportunity, please contact Gloria Drake at 1-847-385-5012 or gdrake@clearbrook.org.

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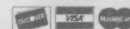
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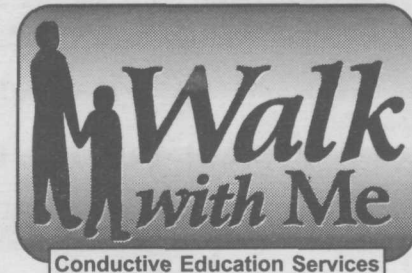
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Call for details.

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vsziszi@aol.com

Barrington, IL

## Educate the Children to Host Fund-Raiser on Friday, May 14

Barrington-based Educate the Children Charity has been helping underprivileged children locally and internationally in countries such as Bolivia, India and Haiti. It has also been helping children of foreign backgrounds bridge the cultural gap while living in America. Most recently, it has learned of a community need to aid the education of children with learning disabilities, specially those challenged by autism and ADD.

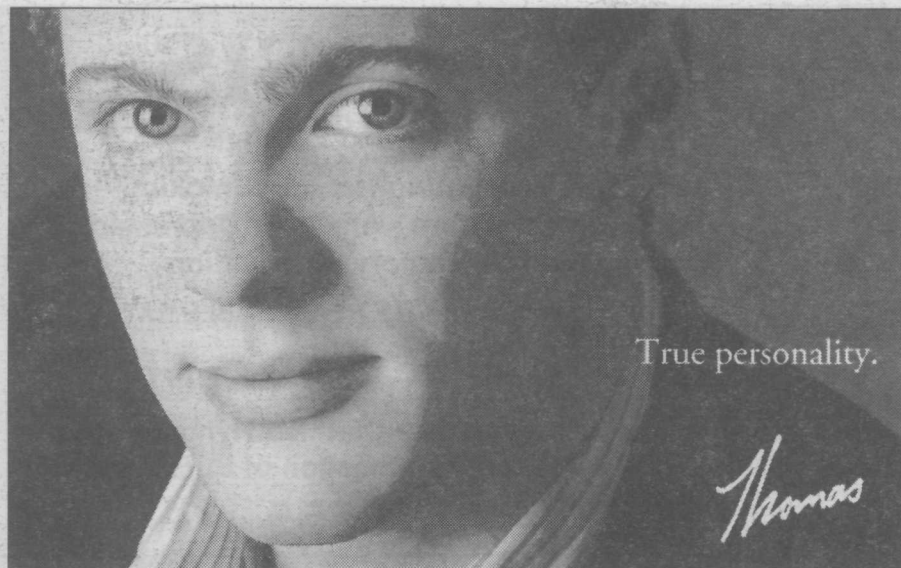
There are very few community resources or centers that offer support for these children, their parents and families in gen-

eral. Educate the Children is looking for partners and advocates to develop solutions that serve these children, their needs and their families.

Educate the Children will host its annual fund-raiser on Friday, May 14, at the Poplar Creek Country Club in Hoffman Estates. This year's theme is "Taste of Mexico". Silent and live auction items and/or sponsorships are welcome.

If you would like to contribute, attend this event or learn more about the foundation, call 1-847-382-1859.





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history, and now their children are grown with families of their own. Take time *now* to capture these precious moments in fine black and white portraiture.

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**Portraits by Thomas is located at 557 North Hough Street in Barrington.** Visit our website—

**www.portraitsbythomas.com.**

## BAAC Gallery Presents "The Art of Curt Frankenstein"

The Barrington Area Arts Council announces the BAAC Gallery exhibit "The Art of Curt Frankenstein" opening on May 21.

Mr. Frankenstein is a well-known painter and printmaker who came to the Chicago area from Germany when he was 25. He attended the American Academy of Art, the School of Art Institute of Chicago and the Otis Art Institute of Los Angeles. Subsequently, he took courses in lithography under Max Kahn at the School of the Art Institute and in etching under Hedi Bak at Studio in Chicago. He now resides in Wilmette, where he has a studio and print shop with his own etching press.

He is a surrealist painter represented in many public and private collections and has participated in numerous juried and one-man shows. It was during the 1950s when abstract art was the main attraction that Frankenstein found his calling. He was devoted to representational art, and after viewing surrealist paintings at the Art Institute, it was clear where his passion lied. Frankenstein's paintings tell a story of paradoxes and mysteries. He likes the



**Duo by Curt Frankenstein, Courtesy of the Barrington Area Arts Council**

tension between fantasy and reality, and uses familiar images in unfamiliar surprising ways. His paintings are realistic but at the same time not. His aim is to break up accustomed views of the world and to suggest that there is more to reality than meets the eye.

The Barrington Area Arts Council invites the public to attend the Opening Reception on Friday evening, May 21, from 7 to 9 p.m. at the BAAC Gallery, 121-B Barrington Commons Ct., Barrington. Curt Frankenstein's work will be on view through June 25. BAAC Gallery hours are Monday through Friday, 10 a.m. to 5 p.m. For more information, call 1-847-382-5626.

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Also, for your convenience, we deliver to Chicago and most suburbs.

Call **1-847-382-4090**. We're located at 201 S. Cook St. in downtown Barrington.





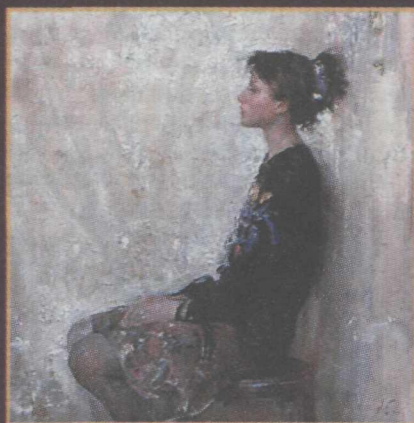
# Nikolai Blokhin

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Direct from The Portrait Society of America's international competition in Boston... 10,000 entries have been juried down to 12, Nikolai Blokhin and eleven other finalists.

In 2002 The American Society of Portrait Artists held a similar competition and Nikolai took "Best of Show" at the Metropolitan Museum of Art.

Glenn Poor Audio Video-Chicago is proud to sponsor the Nikolai Blokhin Show. Come experience Blokhin in a new, and exciting environment. Fine art accompanied by the finest audio and video equipment available.



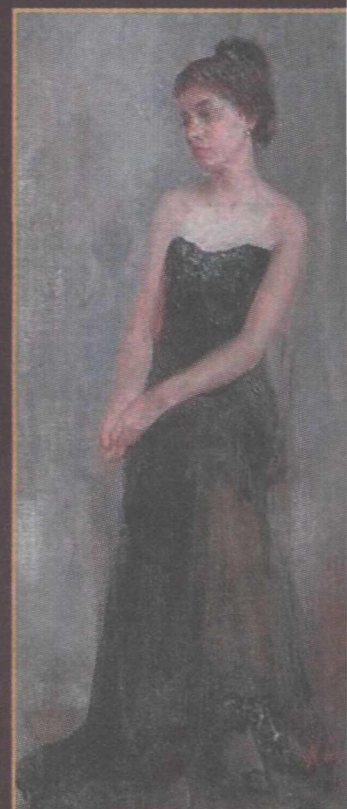
Waiting

36 x 36



Italian Landscape

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First Date

26 x



White Flowers 20 x 16



Flower Girl 28 x 20

*"Fine art, compelling video,  
and music that is  
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Girl with Garland

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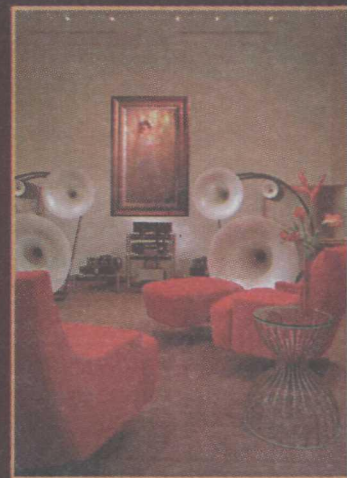
Spring Flowers

16 x 20



Mulen Ruj's Dancer

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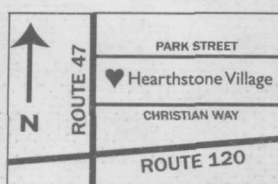


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\*Special offer good through May 31, 2004

**First Month Free!\***  
with 12-month contract.  
Bring ad to redeem this  
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## 25th Annual Young Writers Project Reception

BAAC announces the 25th Annual Young Writers Project Reception, to be held at Langendorf Park on Thursday, May 13, from 6:00 to 8:30 p.m. in The Barrington Room.

District 220 and local private school children who have been selected by BAAC literary judges are published in a bound booklet and are honored for their accomplishment on that evening. Parents, grandparents, relatives, educators, volunteers, judges and supporters are invited to attend. Speakers include former Barrington Village Mayor Ron Hamelberg and William Graft, BAAC immediate past presi-

dent. Light refreshments, including Young Writers Project 25th Birthday Cake, will be served.

The Young Writers Project has encouraged District 220 children and those in local private schools, grades kindergarten through 12th, to write creatively and improve their skills over the years. It has been a collaborative effort between District 220 teachers, parents, BAAC staff, judges and volunteers who help with the processing of manuscripts in preparation for publication. For many children, this has been their first experience being published, and BAAC is proud of the many

## Can Sealants Help Teeth Heal?

by Irwin Seidman, D.D.S.

Pit and fissure sealants can help to prevent cavities on the chewing surfaces of a child's teeth by filling in the grooves often found there. Before any sealant is placed, the dentist will examine for signs of decay. If an obvious cavity is found, a filling can be placed; if the tooth is decay free, a sealant can be applied.

What if the dentist is unsure as to whether a cavity is present or not? Do we really want to place a filling if it's not necessary, or do we want to seal over decay? Help might be here with a sealant containing the "smart material" Amorphous Calcium Phosphate (ACP).

Research has shown that ACP can slowly release calcium and phosphate ions, the basic building blocks of teeth. These same studies indicate that this "smart ma-

terial" may have the ability to harden tooth structure and reinforce the tooth's natural repair mechanism.

We now have two types of sealant for your child. If a tooth is cavity free, we can utilize the sealant we have all become accustomed to. If, after a thorough evaluation, we have a tooth where we are unsure whether a cavity exists or not, we can apply the "smart material." This will allow us to prevent this area from getting worse and possibly help it repair itself.

I am a practicing pediatric dentist and an assistant professor of pediatric dentistry at the University of Illinois College of Dentistry. If you have any questions regarding your child's dental health, please contact me at **1-847-991-4663**.

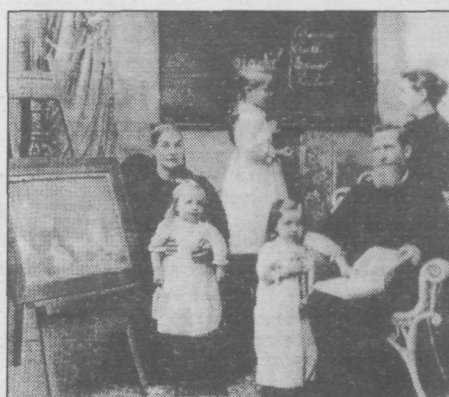
## Woodstock Christian Life Services Celebrates 100 Years

When the Rev. John D. Kelsey founded the original Old People's Rest Home in 1903, could he have imagined that 100 years later his organization would have expanded to what it is today?

2003 marks the 100th anniversary of **Woodstock Christian Life Services'** mission of caring for seniors in northern Illinois.

The Old People's Rest Home is now called Hearthstone Manor and remains on the original campus with Hearthstone Village, Woodstock Early Learning Center and the corporate office. This year also marks the opening of **WCLS'** first off-campus endeavor, Belvidere Early Learning Center.

Currently home to over 200 seniors, **WCLS** offers a myriad of services that include independent living for seniors with licensed on-site supportive services, assisted living, Alzheimer's disease and related dementia care, and skilled nursing with Medicare certification.



The Woodstock and Belvidere early learning centers, divisions of **WCLS**, provide an atmosphere that is challenging and fun to nearly 300 children. **WCLS** is the employer of choice to over 250 people from Woodstock and the surrounding community.

**WCLS** may have grown in size and expanded their services, but they continue to deliver the same Christian-based high quality, loving care as always.

### We Need Your Help!

**WCLS** is collecting items of historical interest for permanent display on our campus. Items can include antiques, photos, clothing and household items relating to the history of **WCLS** and those we serve. In the past, **WCLS** has been known by the following names: Woodstock Industrial Home for Children; Woodstock Children's Home; Sunset Manor; Old People's Rest Home; and Carefree Village. To donate or for information, call the marketing department at **815-334-6200**.

young authors who have been honored for their excellent fiction, nonfiction and poetry submissions.

Young Writers whose work is selected for this year's bound booklet will be notified through the mail at the end of April. Those who submitted but were not chosen will receive a certificate of participation through their school in May. This year's submissions have already been received and are presently with the judges. For further information, please contact BAAC at 1-847-382-5626.

The 25th Annual Young Writers Project

is sponsored by Bank One, Barrington, and Barrington Breakfast Rotary.

The Barrington Area Arts Council, now in its 27th year, is a not-for-profit arts organization that supports, promotes and sustains programs in the visual, literary and performing arts. It is partially funded by individual and corporate support, grants from the Illinois Arts Council, a state agency, and the Village of Barrington.

The Young Writers Project is not sponsored by Barrington Community Unit School District 220.



## Free Cosmetic Evaluations at Dentistry on the Lake

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- Stained, discolored teeth can be whitened.
- Chipped, broken, teeth can be repaired.
- Missing teeth can be replaced.

**Dr. Dan Follmer** graduated from Northwestern University Dental School in 1975. He then returned to the college to teach dentistry for two years, after which he returned to his hometown of Wauconda where he has practiced since 1977.

Committed to both academic and clinical excellence, **Dr. Follmer** assigns top priority to continuing dental education. Over the past five years, he has studied extensively at the prestigious Las Vegas Institute for Advanced Dental Studies where he has completed over 300 hours of Continuing Education in the area of cosmetics and neuromuscular dentistry.

We will be pleased to welcome you to **Dentistry on the Lake**, where you will receive the finest dental care available.

Call **1-847-526-2831** today for a free cosmetic evaluation!

## Rotary Aims for a Polio-Free World by 2005



Long Grove Rotarian and Barrington resident Prem Advani was one of 176 volunteers who participated in the NID (National Immunization Days) campaign in India this past February.

In 1985, Rotary launched the PolioPlus program to protect children worldwide from the cruel and fatal consequences of polio. Rotary's efforts and those of partner agencies, including the World Health Organization and the United Nations Children's Fund, have achieved a 99 per-

cent reduction in the number of polio cases worldwide.

Rotary members and the world's population stand at the brink of a great victory and look forward to celebrating the global eradication of polio in 2005, when Rotary celebrates its 100th Anniversary. Around 60,000 attendees are expected in Chicago for the Centennial Convention.

To learn more about Rotary, call Marianna Zeidler at 1-847-726-9371 or visit [www.rotaryclublonggrove.org](http://www.rotaryclublonggrove.org).

## Inverness Women's Club May 13th Program at Inverness Golf Club

Ms. Starr Kondos of Starr Couture in Barrington, who after building on 25 years of experience in personal shopping and international buying, will present insight into the topic of coordinating a wardrobe that works. Find out how to create a wardrobe that suits your lifestyle and meets

your needs. Learn how to accessorize while maximizing the effectiveness of your existing wardrobe with instant updates and key pieces to pack for a week with no check-in luggage. For information, please call Ruth at 1-847-202-1423.



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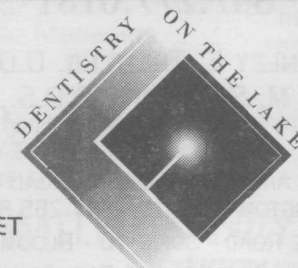
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## Dental Implants—Are You a Candidate?

Implants are revolutionizing dentistry! In most cases, patients no longer need to struggle with removable appliances to eat and smile comfortably. Dental implants have been successfully replacing missing teeth over the past 20+ years.

A tooth has two parts, a crown and a root. The crown is the part seen above the gumline. The root is in the jawbone. The crown and root are fused together in one unit. In order to replace a missing tooth, both the crown and root need to be replaced.

### What Exactly are Dental Implants?

The dental implant functions as the root of the tooth. It is placed in the jawbone where the original root was located. Essentially, a dental implant is an artificial root system made of pure titanium and is biologically compatible with the human body.

After the dental implant is placed in the jawbone, a crown can be fabricated to fit on top of the dental implant; therefore, replacing the missing tooth is two separate pieces.

### Who is a Candidate for Dental Implants?

- Patients missing only one tooth.
- Patients missing multiple teeth.
- Patients currently wearing a denture

or partial denture who would like to replace it with nonremovable bridgework.

• Patients who would like their current dentures or partial denture to be more secure and stable.

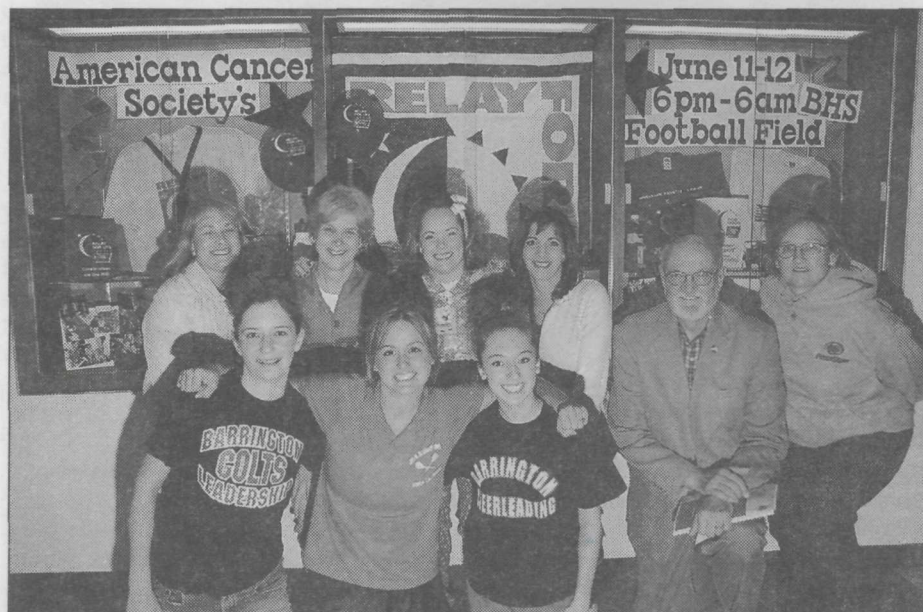
**Dr. Patrone** surgically places dental implants for all types of implant cases and specializes in the most challenging implant reconstructions. **Dr. Patrone** is able to restore lost bone for future implants when there wasn't enough bone support in the past. If you have been told that you are not an implant candidate, we may be able to help.

**Dr. Patrone** is partners with Dr. Stanley Treitler and Dr. Terry Sandroff with offices in Barrington, Arlington Heights, Bloomingtondale and Vernon Hills. Please give us a call at **1-847-277-0181** if you have any questions.



Dr. Phillip Lee Patrone

## American Cancer Society's Relay For Life of Barrington



The American Cancer Society's Relay For Life of Barrington steering committee members pictured in front of the Relay for Life display at the Barrington Area Library are: (from left, first row) Cathy Bonn, Brittany Hilton, Andrea Roth, all Barrington High School students, (from left, second row) Carolyn Heffner, Carol Andler, Jessica Elke, Christine Harris, Ron Hamelberg and Roberta Sahlin.

All are invited to celebrate with us at the American Cancer Society's Relay For Life of Barrington, June 11 and 12, at Barrington High School. Join the fun with your team and help fund American Cancer Society research, education and patient services.

What's in store? An evening of entertainment for adults and kids, walking the track, special survivor and caregiver laps, the luminaria ceremony, and so much more—even camping under the stars! It's

a celebration! So get some friends together, register your team and join the fight against cancer. You can make a difference!

For more information about participating with a team, taking part as a survivor or serving as an event volunteer, call Kate Kubik at 1-847-358-3965, e-mail [kkubik@cancer.org](mailto:kkubik@cancer.org) or visit the relay Web site at [www.barringtonrelay.com](http://www.barringtonrelay.com) to learn how you can be a part of this incredible Barrington community effort.



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## Get Creative at Kaleidoscope This Summer

Kids of all ages love the excitement of creating. **Kaleidoscope School of Art** offers fine art classes allowing students to explore their imagination and discover their artistic abilities while having lots of fun in the process. In **Kaleidoscope's** friendly and encouraging atmosphere, students gain confidence and skill as they create impressive artwork they will really be proud of.

New classes will begin throughout the summer with **weeklong art workshops** for kids from **age 4 through high school**. Many fine art classes are offered including drawing, oil painting, acrylics, pottery, clay sculpture, mixed-media, mosaics, calligraphy, cartooning and much more! Art classes are a perfect way to fill the long days of summer.

**Kaleidoscope School of Art** welcomes

students of all skill levels and is a great resource for artists offering small class sizes, a staff of talented dedicated instructors, and 18 years of experience providing inspiring art classes to Barrington and the surrounding communities.

Summer is a great time for **adults** to take an art class. Maybe you have always wanted to try your hand at pottery, would like to rediscover painting or are looking to refine your drawing skills. Now is the perfect time to jump in. Beginning the week of June 14, **Kaleidoscope** will offer a six-week session of adult evening courses.

And don't forget, **Kaleidoscope has relocated!** The new address is **316 West Main Street, Barrington**. Don't delay! Call today for details and a free brochure at **1-847-381-4840**.

## How to Take Your Lumpsum... or Maybe Not

Many companies today are giving their employees the option of taking a "lump sum" distribution from their retirement plans when they leave a company or retire. Receiving a lump-sum distribution can be a temptation. Participants who change jobs and take cash rather than roll their balances over into their new employer's plan or an IRA should be aware that they may be jeopardizing their long-term economic security.

Since the largest single source of retirement funds will most likely come from your company's retirement plan, such as a 401(k), it's important to understand your options when you receive a lump-sum distribution. Basically, there are four alternatives available to you:

1. You may elect a direct rollover into an IRA.
2. You may take receipt of the funds and then perform a rollover within 60 days.
3. You may roll over a portion of the funds.

4. You may elect to receive the funds and pay current taxes on the distribution.

The tax laws surrounding lump-sum distributions are intricate and can be further complicated by having employer stock or after-tax contributions in your retirement plan. Debbie Schoendorf, CFP® and financial consultant with **Smith Barney** in Barrington, suggests you seek professional help from a tax advisor, estate-planning attorney and a financial consultant before making any decision, which in many cases could be irrevocable. The bottom line is that your future and that of your family depends on the intelligent retirement planning decisions you make today to preserve the value of your lump-sum distributions.

**Smith Barney** does not provide tax or legal advice. Please consult your tax and/or legal advisor for such guidance.

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## Artist's Reception at ...A Thousand Words

**...A Thousand Words** is delighted to invite you to a Garden Party open house on **May 7** from 5 to 9 p.m. and **May 8** from 10 a.m. to 5 p.m.

On Friday night, we will celebrate with area artists Stephanie Cain, Priscilla Harper, Sandy James, Anita Gordon, Carolyn Arnold, Jurgita Metke and Patricia Brutchin. Original oils, watercolors, photographs

and sculptures will be exhibited, all reflecting a garden theme.

On Friday night and Saturday, you will have a rare opportunity to take advantage of gallery specials offered on custom framing and selected gallery pieces.

Please join us for socializing and refreshments on Mother's Day weekend.

## McHenry County Group Advocates for Better End-of-Life Planning: Leadership Forum May 11

A leadership forum open to the community, "Making Decisions, Respecting Choices: A Call to Action for Effective End-of-Life Planning," will feature national hospice expert Donna Bales on Tuesday, May 11, from 9 a.m. to noon at McHenry County College Conference Center, 8900 U.S. Hwy. 14, Crystal Lake. Continental

breakfast will be provided at 8:30 a.m.

Featured speaker Donna Bales is the president of the Association of Kansas Hospices and president/CEO of the LIFE Project Foundation. During the past 12 years, Bales has been engaged in activism and advocacy to support better care for those nearing the end of their lives.



Kaleidoscope

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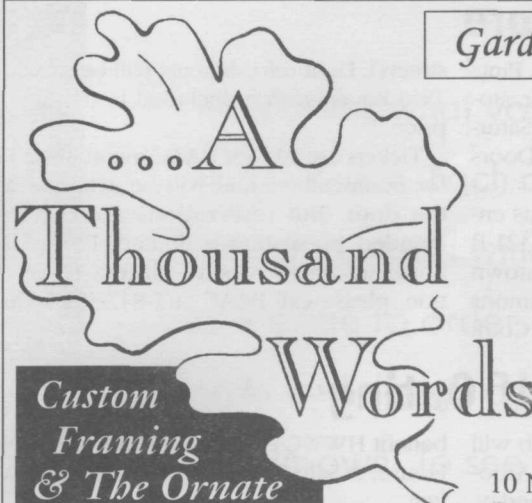
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## Garden Party Open House

**May 7th from 5 to 9 pm**  
(artist's reception with refreshments)

**May 8th from 10 am to 5 pm**  
(take advantage of weekend specials)

Featuring original  
garden theme art by  
area artists.

10 N. Williams Street, Suite A  
Crystal Lake, IL 60014

Hours: MTWF 10-5; Th 10-8; Sa 10-3



The Partners Coalition, a McHenry County-based volunteer organization that provides education on end-of-life planning, is sponsoring the event for health-care, civic, legal and clergy leaders, and citizens interested in end-of-life issues. Centegra Health Systems and Hospice of Northeastern Illinois are forum co-sponsors.

The learning objectives for the forum include:

- Understanding how to honor the end-of-life values and wishes of the dying
- Understanding the importance of advanced directives and end-of-life discussions with family members and caregivers
- Learning the benefits of advance preparation for end-of-life to individuals, fam-

ilies and health care providers

• Learning how the Partner's Coalition can provide educational programs and materials to encourage advance end-of-life planning

To register or for more information, call 815-455-8697. The fee is \$10, payable to McHenry County College and accepted at the door. Continuing education units will be available.

The Partner's Coalition is a voluntary community outreach group founded in 2000 to encourage discussion and action about end-of-life issues. Partners include McHenry County College, Centegra Health Systems, Hospice of Northeastern Illinois, McHenry County Task Force on Aging and Immanuel Lutheran Church.



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A Golden Thought by Edna Hibbel  
"Mother's Day" Collection 2004

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## Poems, Pints & More

BAAC invites you to attend Poems, Pints & More, an evening of music, humor, storytelling, poetry and variety acts on Saturday, May 8, from 7:30 to 9:30 p.m. (Doors will open at 7:00 p.m.)

We welcome you to join us for this entertaining event at our new location, 121-B Barrington Commons Court, downtown Barrington (in the Barrington Commons Plaza, bordered by Franklin and Cook

streets). Light refreshments will be served. Two beverages are included in the ticket price.

Tickets are \$12 for BAAC members, \$14 for nonmembers and will be available at the door. But reservations are recommended, as seating is limited. For additional information or to place a reservation, please call BAAC at 1-847-382-5626.

## HWWC Charity Golf Outing

The Hawthorn Woods Women's Club will host a Charity Golf Outing at The Arboretum Club in Buffalo Grove on Monday, June 7. Attendees will enjoy a full day, including lunch, 18 holes of golf with GPS equipped cart, dinner and a live auction. The cost per golfer is \$125 and a dinner-only option is available for \$30. All proceeds from the event and auction will

benefit HWWC charities, including Staben House, A Safe Place and Lake County Haven.

Reservations are being taken now. Call 1-847-438-0723. Donations and sponsorship opportunities are also possible. Contact Noelle Duym at 1-847-550-0334 to discuss the many options.

## Women in Management's National Conference in Oak Park

Women in Management's National Conference will be Friday, May 21, featuring nationally recognized Author Mary Alice Monroe and Women's Bureau Deputy Director Susan Stacey.

The full-day conference will begin at 9:30 a.m. and concludes at 9:00 p.m. at The Carlton of Oak Park, 1110 Pleasant St., Oak Park, Ill.

The keynote dinner speaker will be Susan Stacey, deputy director of the U.S.

Department of Labor Women's Bureau in Washington, D.C. Susan will discuss bureau programs that have had an impact on working women with education, mentoring, motivation and recognition. She will also address the Flex Options for Women program recently held in Chicago. The dinner program will honor WIM's Charlotte Danstrom Women of Achievement.

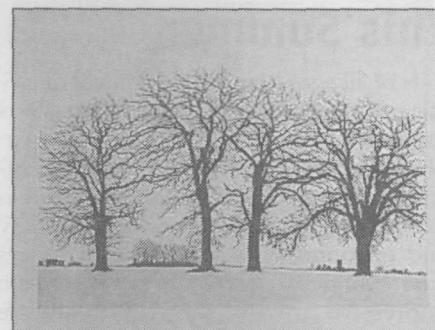
The luncheon guest speaker will be

## Give the Gift of Art This Mother's Day

Once again, it's that time of year when we fondly remember our mothers. We at **Art and Frame Galerie** of Lake Zurich are very excited about the new image by Edna Hibbel, *A Golden Thought*. This is the perfect time to give your mother a very special gift to add to her plate collection.

The plate edition is limited to only 2,000 hand-numbered porcelain plates worldwide. It comes with a beautiful presentation box and certificate of authenticity. The 8 1/8" plate is done in 11 colors and is rimmed in 23-karat gold. The plate sells for \$48.95.

To ensure that you get only the very best in custom framing, **Art and Frame Galerie** has acquired the services of Ann P. Ingerson, artist and professional printmaker. Ann has spent the past 20 years at art fairs all over the Midwest, and her work is known worldwide. She will apply her talents as a framer and consultant at **Art and Frame** as well as continuing



The Memory of Oaks by Ann P. Ingerson

her several shows. Check out her work at [www.anniesfancies.com](http://www.anniesfancies.com) or bring your art work in to experience the master's touch.

Select your Mother's Day art gift from a full array of fine art at **Art and Frame Galerie** at 474 S. Rand Road at Route 22 in Lake Zurich located behind Bank One (southeast corner) next to D & J Bistro and Chuck Narels restaurants. Call 1-847-540-8070 or [www.artandframegalerie.com](http://www.artandframegalerie.com).

## Summer Experimentation Camp Coming Soon!

**Barrington Community Child Care Center**, located at 560 Carl Avenue in Barrington (two blocks west of McDonald's), is a private center designed creatively for childcare, serving children 6 weeks to 6 years. Our facility offers large child-friendly classrooms with a diverse environment that promotes self-esteem, independence and cognitive growth. Our early childhood program focuses on the whole child. Each week, lesson plans are developed around thematic units which include developmentally age-appropriate activities such as creative play, science and discovery, music and movement, reading readiness, and field trips. We facilitate children in developing a positive self-esteem, respect for others, sharpen and widen language skills, and work on kindergarten readiness skills. Most importantly, our desire is to provide each child with a positive school experience.

**Barrington Community Child Care Center** provides excellent care for growing and developing infants. The interaction with a primary caregiver has a strong influence on their development. While maintaining the focus on flexible scheduling, we are able to meet each infant's individual needs.

**Barrington Community Child Care Center** provides nutritiously balanced, catered lunches and two snacks every day.

Meals are served in a relaxed family-style atmosphere to promote socialization and healthy eating habits.

**Barrington Community Child Care Center** offers special enrichment programs, field trips and family events on a regular basis as part of our commitment to bringing our families and school closer together. Our teachers are experienced, professional, child-centered adults who enjoy teaching and caring for young children. The teachers work hand-in-hand with the **Barrington Community Child Care Center** in the daily nurturing of young children.

### Summer Experimentation!

**Looking for child care and a summer camp all in one? We offer it all!** We are gearing up for a great summer camp again this year. Every day is going to be science-packed with fun activities. We are going to make our very own clay creations, watch spaghetti dance and even learn some magic tricks. We might even get caught in some oozing slime or have to run from an erupting volcano. Our imaginations will really be stretched in our bubblarium or with our own creative expressions. So what are you waiting for? Join us at the **Summer Experimentation!** Stop by or give us a call at 1-847-381-0272 for more details.



USA Today best-selling author Mary Alice Monroe. A Chicago native, Mary Alice has always harbored deep concerns for the environment and has worked passionately as a conservationist. Her newest novel, *Skyward*, was inspired by her volunteer work at the South Carolina Center for Birds and Prey, a rehabilitation facility for wounded raptors. Luncheon attendees will receive a signed copy of *Skyward*.

The conference also will include a Personal and Professional Development Showcase to enhance business growth and discover ways to improve personal

and professional image.

The cost for the full-day conference is \$100. The reception and dinner only, which begins at 6 p.m., is \$50.

Women in Management is a support organization for professional women and women in management founded to facilitate the exchange of experiences and ideas and to promote self-growth in management.

E-mail [wim@legendconsulting.us](mailto:wim@legendconsulting.us) or call 708-386-0496 for reservations or more information.



# BEAUTIFUL HOMES & GARDENS Special Seasonal Section



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What is **ORG**anization? To some, it's finding empty space and stashing things away, out of sight, out of mind. To others, it's tidying up an existing mess, taming the clutter.

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Since 1995, **Closet Masters** has been

committed to creating imaginative yet practical **ORG**anizing solutions. Quality materials and innovative accessories are combined with our experienced and professional design and installation to solve your toughest challenges. Our endless line of products is designed with you in mind and offers flexibility for your ever-changing **ORG**anizational needs. Check out some ideas and solutions at **www.homeorg.com**.

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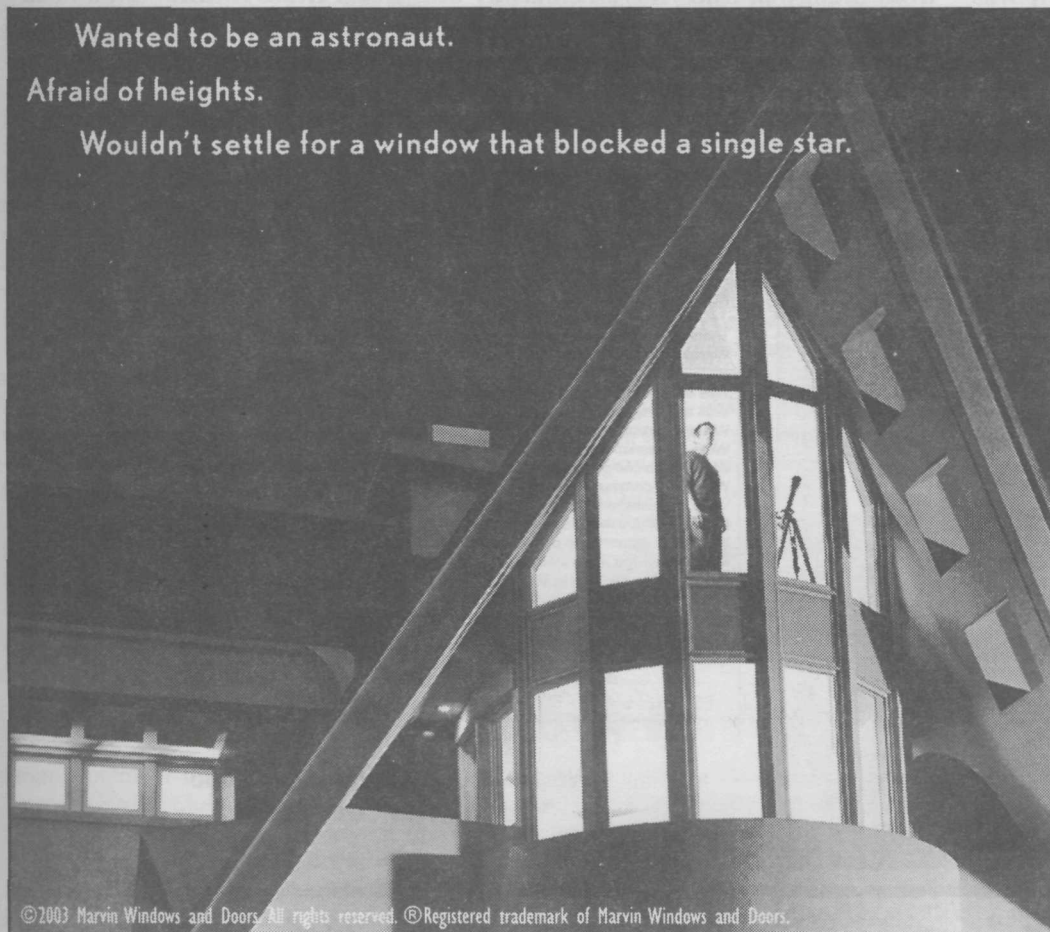
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## REMODELING 2004

"Our kitchen isn't that old but it's just not working for us. The island counter is too small and I absolutely hate seeing the side of our big refrigerator from the front hall." These were the thoughts Kathy Civik expressed to **Barrington Kitchen & Bath Studio's** designer Kaye Hathaway at their first meeting. Kathy and her husband Ken built their house overlooking Bangs Lake in Wauconda about 15 years ago. "Pickled" finishes and South-western colors were the rage then and that's what they put into their house. But, Kathy's taste had changed over the years, and she now wanted a more traditional feeling.

Kaye, who's both a certified kitchen designer and a certified interior designer worked with the Civik's to create the kitchen that Kathy had been dreaming of. Ken and Kathy's original idea was to build an arched opening to enclose their new commercial range. Kaye drew them a sketch of the kitchen with the arch and the couple realized that it ate up a lot of storage space. So instead the range was enclosed by bringing cabinets, one with a pull-out spice rack and another with dividers for baking pans, down to the counter top and building a beaded-board range hood between them. That really set the focal point for the kitchen! The new built-in refrigerator was moved away from the kitchen entry and replaced with glass fronted cabinets. These lighted cabinets provide display space for special china and give visitors an inviting first view of the new kitchen.

The desk area in the original kitchen was much larger than the family needed. Kaye suggested building a walk-in pantry with a curtained glass door to provide storage for bulky items. That left enough room for a smaller desk which was given a furniture look with a carved onlay and special moldings. The island, which had housed the cooktop and a raised seating area, has now become a baking and food prep center. Three specially designed carved posts support the eating bar, which was kept at counter height to provide maximum counter space.

The Civik's chose Crystal cabinets in Antique White with a brown highlight to provide the sophisticated look that Kathy craved. Dark green granite countertops provide contrast. Ken Civik, who is a tile contractor, installed a random-sized ceramic floor with a stone look and a tumbled marble back-



The Civik's Kitchen **BEFORE** (left) and **AFTER** (above). From "pickled" to perfect.

splash. Being in the trades, Ken knew that a professional installation would be critical to the final appearance of their kitchen. He contracted with **Barrington Kitchen & Bath Studio's** sister company **Delta Renovations** to do the installation.

Are the Civik's happy with their new kitchen? We recently received a note from them that said "Kaye Hathaway and **Delta Renovations** did a beautiful job creating our new kitchen. They are truly a group of professionals." If you want to work with professionals on your next major remodeling project give **Barrington Kitchen & Bath Studio** a call at **847-381-3084** or stop by our beautiful showroom. Our team is waiting to become part of your team.



The **OLD** desk (above) and the **NEW** desk and walk-in pantry (right). Note the custom wainscoting & 5-piece crown moulding.



### BARRINGTON KITCHEN & BATH STUDIO

Kenneth & Kathleen Civik

Thank you for allowing us to serve you! Because we are constantly seeking ways and means to improve the quality of our service, would you take a moment to rate your experience with us.

	excellent	good	poor
Was the showroom visitation conducted to your satisfaction?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Was the design consultant helpful?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Was the design consultant available when needed?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Were the workman considerate of you and your home?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Was the job completed in a satisfactory manner?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Were your communications with the company handled satisfactorily?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Were you satisfied with any follow-up visits or calls?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you feel you received a good value?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Would you recommend our company to your friends?	YES <input checked="" type="checkbox"/>	NO <input type="checkbox"/>	
May we use you as a reference?	YES <input checked="" type="checkbox"/>	NO <input type="checkbox"/>	
May we show this survey to prospective clients as a referral?	YES <input checked="" type="checkbox"/>	NO <input type="checkbox"/>	
Would you allow Barrington Kitchen & Bath Studio to use photographs of your new space in our advertising?	YES <input checked="" type="checkbox"/>	NO <input type="checkbox"/>	

We welcome your comments:

*Kaye Hathaway and Delta Renovations did a beautiful job creating our new kitchen. They are truly a group of professionals. Thanks again!*

We are proud of the many good "report cards" we receive.



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# Happenings!

*in the area*

## Win, Place, Show BAAC Fund-Raiser



Involved with Barrington Area Arts Council's *Win, Place Show* fund-raiser at Arlington Park are: (from left) Nancy Marzec, development director; Claudia Kirmse, program director; Beth Lee Cripe, artist; and BAAC supporter Anna Husain, office manager.

Barrington Area Art's Council's staff and friends invite you to our *Win, Place, Show* fund-raiser! Join us and our hardworking committee members Bette Bilton, Lorraine Briggs, Jean Fraher, Donna Hannay, Rusty Hart, Daria Sapp and Brenda Streicher for a day of racing, food, libations and fun.

Arlington Park's International Room is being reserved exclusively for BAAC on Saturday, May 15, from 12:30 to 5:30 p.m. for this exciting event. The cheerful, summer setting of the International Room creates the ideal ambience for a day of fun at the races. It comes complete with a private entrance, two outdoor fourth-floor balconies and floor-to-ceiling windows, which assure an amazing view of the thoroughbreds roaring down the stretch. The beautiful vistas are enhanced by the Chicago skyline in the background.

Your day will include a sumptuous two-hour lunch buffet from 1:00 to 3:00 p.m., featuring an array of antipasti, appetizers and salads. The meal will also offer entrees like chef-carved slow roasted bone-in ham, chef-carved rosemary and Dijon glazed strip loin, garlic and herb roasted chicken, pasta Salvatore with wild mush-

rooms, spinach and artichokes in a pomodoro sauce, and assorted desserts including New York cheesecake and raspberry-apple crisp.

Wet your whistle at the bar while watching thoroughbreds race at one of the nation's premiere tracks. Join in the fun with your friends by watching the Preakness Stakes, second jewel of the thoroughbred racing's Triple Crown. See if this year's Kentucky Derby winner can take the next step toward racing's most coveted prize.

So put on your favorite "Day at the Races" hat, place some black-eyed Susans in your lapel (the flower of the Preakness Stakes) and come join us for a day of fun to benefit the Barrington Area Arts Council.

Collared or polo shirts, slacks, and dress shoes or loafers are required for gentlemen. Sport coats are recommended. Conservative dress, skirts and blouses, pantsuits, or Capri pants are recommended for ladies. Sandals, pumps and loafers are acceptable for ladies. Denim, jeans, shorts, T-shirts, halter tops, athletic shoes or abbreviated attire are not permitted.

## Four Seasons Garden Club of Barrington

From September through June, the Four Seasons Garden Club of Barrington holds its meetings on the first Tuesday of the month. The meetings are held at either a member's home or at the Barrington Library. A social coffee and visit among members is followed by a short business meeting and then a presentation or demonstration connected to some aspect of gardening and gardening interests. For further information on each meeting, please contact Lenore Lawrence at 1-847-381-2883.

*May*—The May meeting will be held on

Tuesday, May 4, at the Barrington Library. There will be a gardening question-and-answer session plus a video on Foolproof Gardening Beds.

*June*—The June meeting will be held on Tuesday, June 1, at the home of Angie Battin. This will be our members' brunch and plant sale. Please bring a brunch dish and garden items to sell. Contributions to the club are happily accepted in payment for plants.

You are encouraged to come and bring a guest whether you may or may not desire to join the Four Seasons Garden Club.

## BYDE's *Sleeping Beauty* Ballet Returns to Barrington

Barrington Youth Dance Ensemble's adaptation of the *Sleeping Beauty* ballet has all the elements to keep an audience enthralled. Beautiful sets and costumes, a compelling score by Peter Ilich Tchaikovsky, and breathtaking choreography will charm everyone in the family.

International guest artist Guillermo Leyva from Chicago will once again grace the stage in the role of Prince Florimund. Joining him will be Barrington Dance Company's Carly Czach from Palatine as the beautiful Princess Aurora. This child-friendly production weaves the classic tale of good over evil as true love conquers all in a magical kingdom of make believe.

*Sleeping Beauty* will be presented on Friday, June 18, at 7:30 p.m. and on Saturday, June 19, at 2:00 p.m. in the Richard C. Johnson Auditorium at Barrington High School. Tickets are \$12 for children, students and seniors; \$15 for adults; or \$18 for preferred seating and at the door.

Following Saturday's matinee performance, Princess Aurora's Wedding Reception will be held at Marian and Jasper SanFilippo's fabulous Eden Palais, which houses a world-renowned collection of calliopes and the most spectacular hand-painted European salon carousel in existence. A sweet table buffet replete with wedding cake, hot and cold beverages will be offered as children and their parents mingle with storybook characters from the ballet. To be a guest at the wedding reception, please send a \$15 donation for each person who will attend. Valet parking will be provided. Reservations must be made in advance.

Tickets for *Sleeping Beauty* and Aurora's Wedding Reception are now on sale at the Barrington Dance Academy, 758 W. Northwest Hwy., and The Canterbury Shoppe in the Ice House in Barrington. Visa and MasterCard accepted.

## "An Afternoon of Arias"

Attention opera lovers in the greater Barrington area! The Barrington Chapter of Lyric Opera of Chicago welcomes you and your guests to enjoy "An Afternoon of Arias".

Lyric Opera Center for American Artist's bass-baritone Brandon Mayberry will sing a selection of arias. The program will begin at 2 p.m. on Friday, May 14, in a lovely home in Deer Park. Following the program, light refreshments will be served.

Price is \$20 for members or \$25 for guests. Send checks by May 10 payable to BCLOC c/o Susan Obermaier, 198 Farmgate Dr., Schaumburg, IL, 60193. Your check is your reservation. Call 1-847-985-0837 for more information.

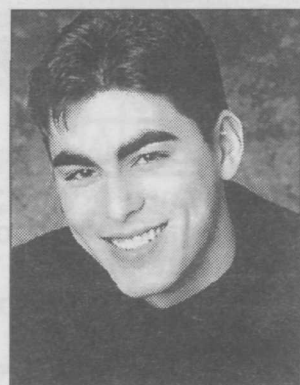


(From left) international guest artist Guillermo Leyva from Chicago will dance the role of Prince Florimund. Joining him will be Barrington Dance Company's Carly Czach from Palatine as Princess Aurora.

The BYDE continues to greatly appreciate the continued generous support from the Fitzsimonds Charitable Trust; Illinois Arts Council, a state agency; Elyse Meredith and Raymond John Roberts Charitable Foundation; Northern Trust Bank in Barrington; Barrington Area Arts Council/ArtsBoost; Barrington Junior Women's Club, Inc.; and Hagerty Peterson & Co. LLC.

Through quality dance performances, BYDE promotes artistic integrity, understanding, involvement and awareness among people of all ages throughout the Chicago area.

For more information on *Sleeping Beauty*, Aurora's Wedding Reception or the BYDE, please phone 1-847-381-6333, ext. 4.



Brandon Mayberry



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## FREE Consumer Seminar

Saturday, May 15th, 10am - Noon  
"Bathroom Planning 101 - Getting Started"

*This seminar is designed for the consumer that is considering a bathroom remodeling project or is building a new home. Many consumers are unsure of how and where to begin the planning and design process and how the process works, how to establish a budget or are simply overwhelmed by the choices and services offered. You'll see what's hot in design, what products live up to their image and which ones fall short. This informative seminar will help get you motivated to start the design process with confidence and direction.*

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**[www.insigniakitchenandbath.com](http://www.insigniakitchenandbath.com)**

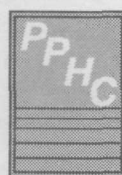


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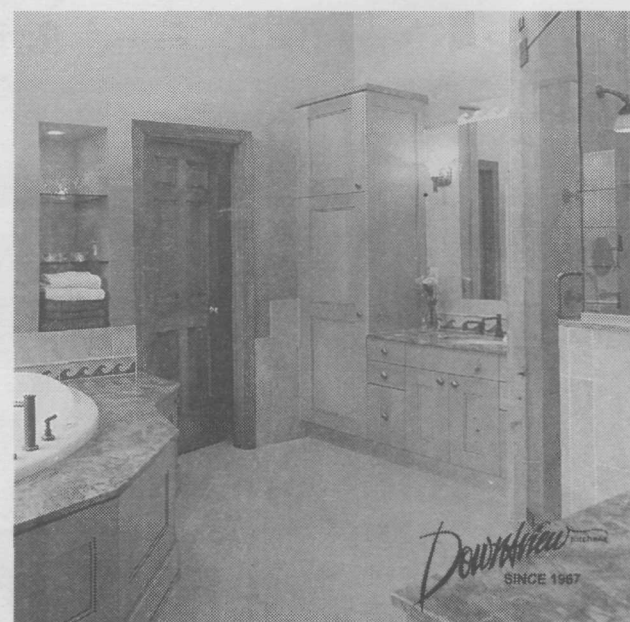
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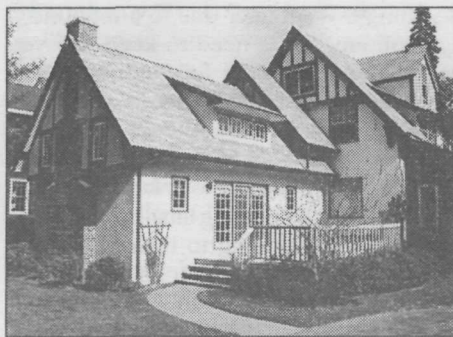


## Local Architects Specialize in Remodeling

Are you confused about how to get more space from your present home? Are you wondering how much this will cost?

"When a client calls us to look at remodeling their home, they generally have two questions. How can we get more space, and how much will it cost?" says John C. Cazzetta, President of **Kemper Cazzetta, Ltd.**, an architectural firm in Barrington that specializes in residential design. "We can uniquely answer those questions because of our combined experience in design and construction."

Mr. Cazzetta also owns BonnerCodd Associates, a construction management firm. "Because we construction manage approximately 40% of our design work, we are familiar with the cost drivers of remodeling. Therefore, we are able to estimate the cost of a project before we begin designing." The firm also prides itself in "context architecture." "We strive to



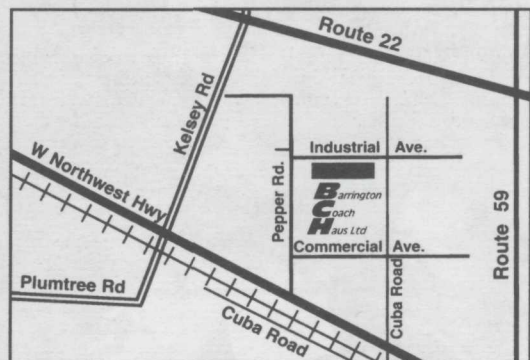
complement the existing structure as we incorporate the new space. The finished project should feel as if the new work was part of the original design."

If you are thinking of revising your home, please call John C. Cazzetta at **Kemper Cazzetta, Ltd.** for a free consultation at **1-847-382-8322**. He will be happy to talk to you about developing the full potential of your home.

## Barrington Coach Haus—Specializing in Auto Collision Repair

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**Barrington Coach Haus** is located at 22073 N. Pepper Road in Barrington. **1-847-382-5285**.

## Barrington Newcomers News

Barrington Newcomers will celebrate spring with a casual lunch at Pronto Roma's in downtown Arlington Heights. Please join us Friday, May 14, at 11:45 a.m. for great friendships and support for ladies new to the Barrington area.

We love new arrivals at our events and look forward to their friendships. RSVP to

Julie Beal at 1-847-842-8310 by Monday, May 10.

Mark your calendars now for our Summer Family Picnic, June 27. The theme will be "Beach Party" and is sure to be a great time. Look for more information in upcoming issues of *Lifestyles*.

## Newcomers and Long Timers Club of Long Grove and Kildeer

The Newcomers and Long Timers of Long Grove and Kildeer is a club for new people to the area and longtime residents. The club is a great way to meet people and pursue interests. It has monthly meetings, socials, bridge, book club, bunco, golf, scapbooking, wine tasting, a mom and tots group and a dining group. New members are accepted throughout the year. For

more information, please call June at 1-847-821-8369.


The Spring Installation Luncheon will be May 11 at the Hillcrest Country Club in Long Grove. Starting at 11 a.m., the lovely luncheon will include fine cuisine and entertainment. The club will also announce their new officers for the upcoming year.


## Summer Arts Camp

The Barrington Area Arts Council will sponsor Summer Arts Camp for students aged 7 to 12 from Monday, July 12, to Friday, July 16. New this year, the BAAC will offer a week of workshops and creative activities in all areas of the arts including visual art, music, literary arts, theatre and

dance. Sample a wide array of entertaining fun.

The cost is \$75 for BAAC members or \$85 for nonmembers and will be held at Countryside School, Barrington. For reservations and additional information, call the BAAC Gallery at 1-847-382-5626.





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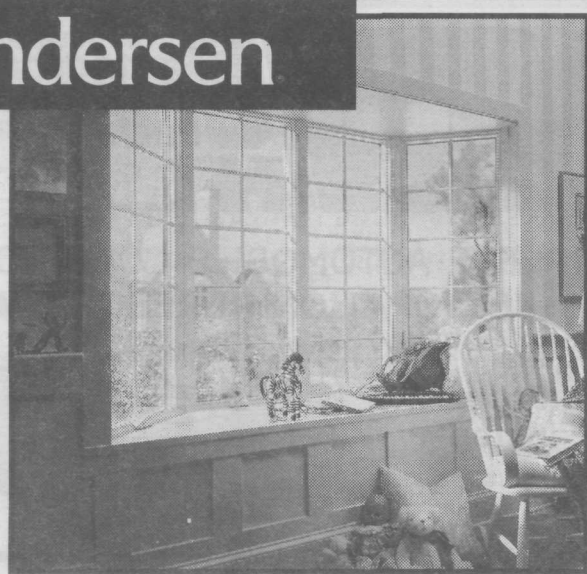
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## Human Health Services Gives Seal of Approval to Medicare Drug Discount Cards Program

HHS Secretary Tommy G. Thompson announced the approval of 28 private sponsors to provide seniors and people with disabilities savings on their prescription drugs beginning June 1. With the new cards, Medicare beneficiaries will receive discounts on prescription drugs, and low-income beneficiaries may receive an additional \$600 to pay for their prescription medicines in both 2004 and 2005.

HHS will offer several tools to help seniors compare cards and provide help in

selecting a card that provides them with the best savings. Beneficiaries will be able to compare prices of drugs offered by the numerous drug card programs at [www.medicare.gov](http://www.medicare.gov) or by calling 1-800-MEDICARE. This information will help seniors compare discounted prices negotiated by card sponsors as well as the enrollment fees and other card program features from card to card. Customer service representatives at 1-800-MEDICARE will also be able to answer questions.

## Mortgage Rates to Rise!

You likely have heard the news that home loan interest rates are projected to start escalating this summer due to a rebounding economy and a need to keep an eye on inflation. The next few months may be a window of opportunity to seriously consider your real estate needs and take action.

Looking to move up to a larger home? Downsizing to something smaller or maintenance-free? Planning to build? Or just wanting something newer or different? Sharon Ramon of RE/MAX of Barrington can assist you.

With 18 years of residential real estate experience in the north and northwest suburban market of Chicago, and as a

lifelong resident of Chicago and a 26-year resident of Barrington, Sharon understands how important your home-selling or home-buying decision can be. She is a licensed Broker in Illinois and Wisconsin, a Certified Luxury Home Marketing Specialist and a member of the Graduate Realtors Institute. She has also achieved membership in the prestigious RE/MAX Hall of Fame and works extensively with relocation clientele.

Service, integrity and client-focus are the hallmarks of Sharon's business.

Whether your needs involve marketing or purchasing real estate, call Sharon for the personal attention you desire and deserve—1-847-381-8801 x312.

## Pediatric Cancer Foundation Renews Hope for Children Battling Cancer Bear Necessities Raises \$220,000 at Benefit Dinner



11-year-old Danielle Sullivan, The 2004 Small Miracle Ambassador, and her mother Sue

Bear Necessities Pediatric Cancer Foundation raised nearly \$220,000, allowing the organization to continue to improve the quality of life for children suffering from cancer. The 11th Annual Thank Heavens for Little Bears Dinner Dance at the Hotel Intercontinental Chicago was held on Feb. 28.

Danielle Sullivan, an 11-year-old from Elk Grove who was diagnosed last year with leukemia, was named the 2004 Small Miracle Ambassador. Danielle has been the recipient of several Small Miracles, which have helped to brighten her life and instill a renewed sense of hope. A table in her honor was sponsored by her mother Sue Sullivan's employer, New Century Financial Corporation.

Bear Necessities will be able to bring the gift of miracles to other children suffering from cancer thanks to the live and silent auctions featured at the dinner dance. The silent auction included 30 pieces of patient art that were created by Bear Necessities Small Miracle recipients last November at an event sponsored with Columbia College.

The live auction, featuring a behind-the-scenes tour of ABC 7 WLS-TV with anchor Ron Magers, and an opportunity to be a batboy or batgirl for the Chicago White Sox, raised more than \$26,000.

The evening was emceed by *The Morning Loop Guys*, Dobie and Max, and Bear Necessities board member Ric Federighi,

host of *Chicago Street Talk* on WLUP-FM.

The recipients of the 2004 Hope Award went to Comcast Spotlight and Cristina Ohr, vice president/general manager of the Loop 97.9, WLUP-FM Chicago. The Hope Award is presented each year to a corporation and individual who have assisted Bear Necessities in its mission to give children with cancer hope for another tomorrow. Ms. Ohr is a member of the Bear Necessities board of directors and was instrumental in helping the organization grow significantly in 2003. Comcast Spotlight has produced and aired two public service announcements that have helped spread the word about Bear Necessities.

Sponsors of the event included The Curran Group, Cardinal Colorprint, Blue Cross Blue Shield of Illinois, DiFranco Periodontics, Focus Capital Advisors, Mr. and Mrs. Paul F. Hills, TracyAnn Kurcz, Onyx Waste Services, Inc., Sandford, Scurto Cement Construction Limited, Total Travel, Tricoci Salons, and Triumph Development Corporation.

Bear Necessities Pediatric Cancer Foundation is a national organization dedicated to fighting pediatric cancer by improving the quality of life for pediatric cancer patients and their families while furthering advancements in research. For more information about Bear Necessities, please visit [www.bearnecessities.org](http://www.bearnecessities.org).



## Creating a Sacred Garden—Part 2, Cultivating Your Inner-Garden

*"Whether you tend a garden or not, you are the gardener of your own being, the seed of your destiny."*

—The Findhorn Community

Last month, we started a series of three articles with focus on the enhancement of your garden and how it relates to the enhancement of your life.

April's article was the first step, the development of your "why", your underlying purpose for changing your outdoor spaces. We talked about three basic requirements to consider when beginning:

- Planning—Your Why
- Trust—In Us and Yourself
- Time—Respect for Nature

The first step, the planning stage, is really about the feeling you want to create. This stage is the foundation for all other work that follows. Don't skimp on this one. After all, you wouldn't build a house or start a business without the proper foundation.

Secondly, we talked about trust in both yourself and your contractor. Our work is about building not just a landscape but also a relationship with you, the client. This connection can span many years and requires trust in knowing that you've made the right choice.

And thirdly, the development of a garden space requires time. As in raising a child, we become stewards of living,

breathing, growing things. We shouldn't lose sight of the fact that we are working in tandem with nature, not alone, and are subject to its beauty as well as its ever-changing nature.

### The Garden of the Mind

Planning, trust, time ... I'm not just talking about landscaping. Anything we choose to do in life requires these three elements.

I personally believe that life isn't about being compartmentalized. That everything we do and bring into our lives affects everything else. For example, our work life impacts our family which impacts our physical and mental health which in turn affects us financially. Whenever I feel overwhelmed, if I turn to what nature offers, its cycles, changes, beauty, it helps guide me to find the balance I'm in need of and helps me work through whatever I happen to be facing. As William Shakespeare said, "Look deep into nature, and you will find everything there."

So, let's look from seed (idea) to blossoming plant (success) to dying back (change) and apply those principles to our gardens and our lives.

### The Seed... The Idea

*"Before the seed, there comes the thought of bloom."*

—E. B. White

A seed, whether as tiny as mustard or large as a sunflower, holds within it the power of an amazing plant. But unless it's in the proper environment—water, sun, soil—it will remain just a seed, never growing to its full potential, staying hidden away in its hard little shell waiting for the right time.

A goal or an idea can be like that too.

Ever have a great idea only to have it never result in anything? Maybe it was never "planted" properly. The "soil" was rocky (negativity) or depleted of nutrients (positive thinking). Or maybe the soil was good but was never watered (daily work) or received the appropriate sun (time). Maybe the weeds took over (other choices)

and crowded the idea out.

### The Blossom... The Success

*"The seed is hope; the flower is joy."*

—Unknown

And then there's the seed (idea) that is allowed to blossom, to grow. It's put into an environment that makes it flourish (consistent, persistent efforts). It grows easily, learning to adapt to challenges be-

cause it was given what it needed early on (support).

### The Dying Back... Or Change

And then there's the seed that blossoms, planted in the right place, nurtured well, allowing it to grow to its full potential. But no matter what that seed was allowed to do, everything has a time to return to the earth, die and decompose for other new growth.

### Nature/Life Offers Choices

*"A good gardener always plants three seeds—one for the bugs, one for the weather and one for himself."*

—Leo Aikman

We want to help you cultivate a garden that will also help you realize your ideas and your goals, that will enhance every aspect of your life—a place to "be" not "do", a place to feel and bring together everything in your life that's important. Regardless of your reasons for improving your outdoor world, our job first and foremost is to help you, the client, create a place of your own.

So let us help you "look deep into nature, that you may find everything there." A place to relax, connect with family, rejuvenate, think.

I hope this has been helpful. Next month, we will talk about specific types of garden spaces. Please call **Michael SanFilippo** or **Mark McGinnis** for a no-obligation consultation. We can be reached at **1-847-426-9190**.

*Flowers and fruit are only the beginning. In the seed lies the life and the future.*

*Think small. Planting tiny seeds in the small space given you can change the whole world or, at the very least, your view of it.*

# Imagine...

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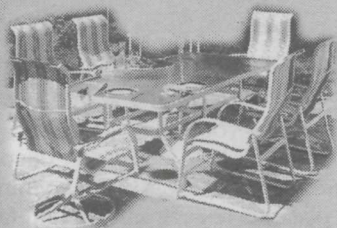


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**The Garden House** offers one of the area's largest displays of premium indoor and outdoor furniture from Lane Venture and Lloyd Flanders. On display are seating, dining and accent pieces in wicker, rattan and bamboo for your sunroom, four-season room, dining room, den and bedroom. For the patio and garden room, items in teak, aluminum, wrought iron and synthetic wicker await you.

Design consultants and an experienced, friendly, knowledgeable staff are on hand to assist you with your selections.

**The Garden House of Casual Furniture** is open Monday through Saturday from 9:30 a.m. to 5:30 p.m. and Sunday from 11:00 a.m. to 4:00 p.m. **1-847-359-2020.**



## For Sale: Lovely Vistas for Your Garden!

Countless beautiful perennials will be available on Saturday, May 8, when the Field & Flower Garden Club holds its annual sale at Barrington's Jewel Center on Main Street.

Over two dozen enthusiastic gardeners, experienced and knowledgeable, will offer a treasure-house of hardy perennials freshly dug from their home gardens. Information, suggestions and a wide range of ideas will be offered throughout the morning as club members respond to shoppers' needs and queries.

Perennials are plants with a limited flowering period, ranging from one to several weeks. But they live indefinitely to offer dependable color and beauty year after year, often for decades. Most gardeners divide such plants every few years, primarily to give themselves space for additional plants.

The sale's prices are phenomenal. Hundreds of plants will be tagged at \$2, \$3 or \$4 each, with others in a range from \$5 to \$9. There will also be a Bargain Table featuring plants at \$1 each!

Among the hundreds of plants to be offered this year are the following:

- Veronica is characterized by lovely tall spikes of flowers, blue the most popular.

- Geranium (cranesbill) is an early blooming lavender flower on a mound of delicate foliage.

- Lambs ears (stachys) are a fuzzy, low-growing, grey foliage plant that provides a striking contrast to all else. It's typically used as a specimen plant or border or groundcover.

- Iberis (candytuft) is low with tiny white florets. It spreads nicely and takes sun or half shade.



**Iberis (Candytuft)**

- Amsonia is a blue-flowered 2+' tall perennial with May to June blooms and graceful slender foliage.

The plant sale will begin at 8:00 a.m. and will likely end by midmorning; last year it was sold out by 9:30 a.m. Entry numbers will be available for those who come early (7:00 a.m.) so shoppers can use their waiting time for other errands or shopping at Jewel-Osco.

Field & Flower Garden Club is one of seven such clubs in Barrington. It is neither large nor wealthy, but it is composed of avid growers who are willing to give their time and service to the various area activities which promote conservation and horticulture. Proceeds from the sale help to pay for the scholarships offered annually to high school students and for the purchase of gardening books for the Barrington Area Library. It is the only garden club in Barrington which holds its meetings in the evening—good news for career women and full-time mothers—and may account for the wide age range of members. Meetings are held the first Wednesday evening of the month in members' homes. Visitors are welcome. If interested, call Lorraine Westcott at 1-847-381-1955.

## Call for Artists—Self-Portraits 2004

This exhibition that will explore the limits of the self-portrait form. The Northwest Cultural Council seeks traditional, nontraditional, symbolist and poetic self-portraits of artists and poets.

The entry fee is \$20 for three slides or \$10 for two poems. Cash awards will be

given in both visual art and poetry categories.

The deadline is Aug. 16, 2004. Send a #10 SASE for prospectus to: NWCC Corporate Gallery, 5999 New Wilke Rd., Suite 307, Dept. I, Rolling Meadows, IL, 60008, Attn. Corporate Gallery Co-Chair.



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## Classic Woodworks— Where Craftsmanship is an Art

Someone once said "Timing is everything," and I suppose I have to agree with that statement. So often, a client will drop by, or call to see if I would come out to their home or office, to talk about the design of some interesting piece or entire room, and sooner or later the question of when could we get started on their project comes to the surface.

The photo inset depicts a bar I built for a client in just a few weeks in between two major jobs and a surgery on a bad knee. The knee is coming along just fine, thank you, and the customer ended up with just what he wanted in record time, and a very reasonable price tag. I carry a wide spectrum of wood species, all of which I might add, originate from sources who replenish and reforest these treasures, so that all of us can rest assured we are not just recklessly pillaging our na-

tural endowments with no consideration for future generations of inhabitants with good taste in fine woods and fine woodwork to adorn their homes and offices.

If you know what you are looking for, and have not been able to find it in all the usual places, I would be delighted to schedule an appointment to discuss this with you. When it comes to your personal space, be it a custom desk, a home entertainment system with hidden speakers, an armoire that serves several purposes, or any other piece or ensemble of furniture, I have always taken personal pride and satisfaction in being a great listener, and being able to design and create just what you wanted all along, but just couldn't quite find the perfect solution. Give me a call.

—Bill Suttie

85 Linden Rd., Lake Zurich, Illinois 60047 Ph: (847) 438-3332 E-Mail: BSuttie@SBCglobal.net

## Would Your Family Enjoy This?



Summer will soon be here. With it comes carefree days for family fun. Wouldn't a spa on your deck be great?

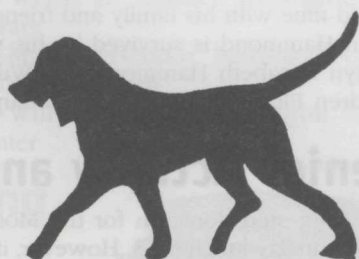
Spas don't have to be hot in summer. You can have them cool and refreshing. And, on a cool summer night, turn it

steamy again.

For a spa set in a perfect setting (your design or theirs), call **Swanson's Spas & Saunas** at 1-847-438-4582. They're on Rand Road in Lake Zurich. Why put it off any longer?

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We at **Oakview Kennel & Cattery** will have our grand reopening in late summer of 2004. Some of our new amenities include: luxury pet suites, kitty suites and a state-of-the-art dog training center. We invite you to come visit us and see why we have so many happy returning customers. We are veterinarian recommended and provide a loving and nurturing environment. Come take a preview of our facility at [www.oakviewkennels.com](http://www.oakviewkennels.com). Call us today to reserve your pet's space for their own summer vacation.



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Please inquire about our dog training programs

## Young Writers Reception

BAAC announces the 25th Annual Young Writers Project Reception to be held at Langendorf Park on Thursday, May 13, from 6:00 to 8:30 p.m. in The Barrington Room.

District 220 and local private school chil-

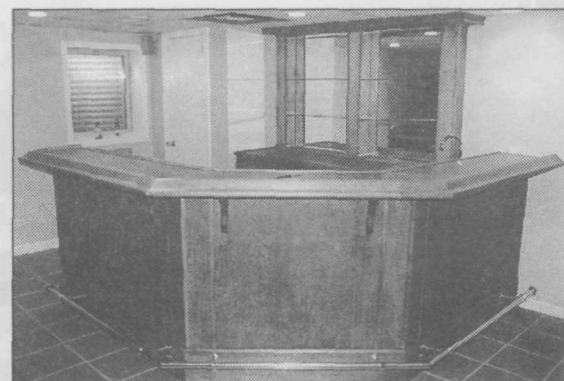
dren who have been selected by BAAC literary judges are published in a bound booklet and are honored for their accomplishment on that evening. Parents, grandparents, relatives, educators, volunteers, judges and supporters are invited to at-



by Bill Suttie

## Classic Woodworks

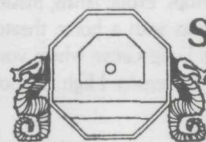
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SATURDAY 9 A.M. - 12 P.M.  
SUNDAY 4 P.M. - 6 P.M.



tend. Speakers include former Barrington Village President Ron Hamelberg and William Graft, BAAC board of directors immediate past president. Light refreshments, including a Young Writers Project 25th Birthday Cake, will be served.

The Young Writers Project has encouraged District 220 children and those in local private schools, grades kindergarten through twelfth, to write creatively and improve their skills over the years. It has been a collaborative effort between educators, parents, BAAC staff, judges and volunteers who help with the processing of manuscripts in preparation for publication. For many children, this has been their first experience being published and BAAC is proud of the many young authors who have been honored for their

excellent fiction, nonfiction and poetry submissions.

The 25th Annual Young Writers Project is sponsored by Bank One, Barrington, and Barrington Breakfast Rotary.

The Barrington Area Arts Council, now in its 27th year, is a not-for-profit arts organization that supports, promotes, and sustains programs in the visual, literary and performing arts. It is partially funded by support both individual and corporate, grants from the Illinois Arts Council, a state agency, and the Village of Barrington.

For further information, contact BAAC at 1-847-382-5626.

(The Young Writers Project is not sponsored by Barrington Community Unit School District #220.)



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Brookstone is becoming Long Grove's finest destination point. You can choose from 5 of the most desirable 1 to 1 3/4 acre premium sites. Surrounded by 400 acres of forest preserve, you will enjoy resort living year round in a magnificent custom designed residence. Sumptuous inclusions such as cherry, limestone or marble floors, elegant circular staircase, granite countertops, exotic lanais, master spa suites, and walk-out basements with a home theater can be yours. Live in prestigious Long Grove where your children will attend top rated Stevenson High School. Homes start at \$1.3 million.

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This may be your final opportunity to purchase a Long Grove estate home in a very desirable community. For the discerning buyer, **Brookstone** is a dream realized—an intimate neighborhood of fabulous custom homes next to a magnificent forest preserve.

Located in highly desirable southeast Long Grove, **Brookstone** is described as a multimillion-dollar island of lavish estate homes surrounded by a rural ambiance. Yet it's close to everything important to the homeowner.

When completed, there will be 15 one-of-a-kind homes on 1-to-1 3/4-acre wooded sites. Situated on rolling terrain, all of the estate homes have walk-out or English basements.

Only five home sites remain, backing up to a majestic 400-acre forest preserve. Most of our homeowners spend their leisure time enjoying nature from their backyards, which is why we designed the back of our homes to look as beautiful as the front. Our customers want their exterior elevations to be not only functional but also dramatic.

Amenities such as elegant oversized

balconies extend off the master bedroom, brick paver heated patios, year-round fire pits, outdoor fireplaces, compact exterior kitchens, and screened and heated sun rooms combine to make the outdoors an extension of the home.

Homeowners can also leave the comfort of their backyard for a wealth of outdoor activities in the forest preserve. They can bird watch, photograph nature, ride their bikes along scenic bike paths, exercise on walking trails or fish in the two well-stocked lakes.

At **Brookstone**, you will be impressed with the architectural design of each residence. We take pride in creating impressive homes with European architecture; some resemble French chateaus with charming two-story octagonal turrets, while others look like English manor homes or luxurious country estates. Aesthetically pleasing, all our homes are adorned in brick, stone and stucco along with limestone accents.

We invite you to visit our exquisite community and learn how a **Brookstone** home may become your dream realized. Call 1-847-808-2940.

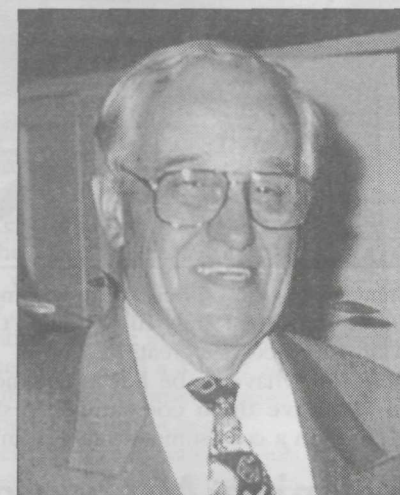
## A Sad Farewell to Francis Joseph "Peter" Hammond

It is with deep regret that we at *Lifestyles Magazines* say farewell to our friend Peter Hammond. Peter, founder and owner of Peter Daniel Apparel for Men and Women, died Thursday, April 15. His family was at his bedside at home when he passed away after a long illness with prostate cancer.

Mr. Hammond continued to work daily into his 80s at the store. He was a longtime member of the Barrington Area Chamber of Commerce and was a member of the Holy Family Church in Palatine. Peter served in the army during World War II with the 101st Infantry Unit in Northern Europe, including the Battle of the Bulge.

Peter and his wife, Evelyn, loved music and attended many Chicago Symphony Orchestra events, were members of the Barrington and Northwest chapters of the Chicago Lyric Opera and the Elgin Symphony. Peter also loved to travel, read and spend time with his family and friends.

Mr. Hammond is survived by his wife, Evelyn Elizabeth Hammond nee Wilson; children Elizabeth Anne (Carl) Johanson,



Peter Hammond

Rebecca Hammond Vizzone and Bridget (Jim) Couch; and five grandchildren.

Memorials may be made to the Hospice of Northeastern Illinois, 410 S. Hager Ave., Barrington, IL, 60010, or the Prostate Cancer Research Institute, 5777 W. Century Blvd., Suite 885, Los Angeles, CA, 90045.

## Art Associates to View Exhibit on 18th Century China

Richer than all of Europe combined, 18th century China under the emperor known as Qianlong (cheeyen-loong) was the largest empire the country has ever known with resources of gold, jade, rice, silk, livestock, land and priceless art.

Qianlong, who ruled from 1736 to 1795, was a Manchu, an ethnic minority ruling over the Han Chinese majority. He incorporated Han Chinese symbols and colors into almost everything he touched, including his gold-lacquered throne featuring the five-clawed dragon, an ancient Han imperial symbol reserved exclusively for the emperor.

Imperial women did not have their feet bound as Han Chinese women did. They wore shoes with a platform heel, which gave them a similar gait to the Han.

Qianlong was an athlete and a fine hunter but also wrote and published 46,000 poems. He was creative, liked experimental designs and new ways of using old materials, and was interested in recording what was happening in his court and his life.

On Thursday, May 20, the Barrington Community Associates of the Art Institute of Chicago will sponsor a trip to The Field Museum to view the exhibition "Splendors of China's Forbidden City: The Glorious Reign of Emperor Qianlong."

Many of the 400 artifacts have never left the forbidden city, including royal garments, a pure gold Buddhist shrine, domestic objects and the emperor's personal



Platform Shoes for an Imperial Manchu Lady, Silk Damask, Beadwork, 19th C.

riches.

Chinese court life is depicted in different scenes. The emperor's supreme power is shown in the Imperial Throne Room. The size and strict organization of the emperor's family is demonstrated in the Family Banquet Room. His private interest in religion and public support of all faiths is revealed in the Tibetan Buddhist Shrine. Six paintings by Jesuit court artist Giuseppe Castiglione, hand-picked by Qianlong, also reveal scenes of court life.

Lunch will be at Red Light, a West Loop Pan-Asian restaurant where Jackie Shen is the executive chef. *Bon Appétit* Magazine said Red Light is "one of the 10 best Asian Restaurants in the country."

To participate in this interesting trip, contact Mary Lou Iverson at 1-847-359-0941. The fee is \$60 for members or \$70 for nonmembers. The bus will leave Langendorf Park, Barrington, at 9:00 a.m. and from Chicago at 2:30 p.m.

## Senior Activity and Lunch Program

The suggested donation for the Monday and Thursday lunch is \$3. However, if underwriting is unavailable for special programs, there may be an increase in the suggested donation. Preregistration is required. Please call 1-847-381-5030.

• Monday, May 10—We'll play games, have lunch and enjoy an educational program presented by Karen Thorne of Body Fields USA Inc. The program will give us a new high-tech health solution to relieve stress, assist sleep, stabilize blood pressure, increase vitality and relieve pain. Pulsed electromagnetic fields for treatment ad-

dress the electromagnetic components of the body.

• Monday, May 17—We'll play games, have lunch and celebrate Older American's Month with entertainment provided by Mr. Michael Hartong. Call BACOA for your reservation by May 11. This lunch will be special!

• Monday, May 24—We'll play games, have lunch, offer blood pressure screenings, enjoy a visit from the Assisi Animal Foundation and celebrate May birthdays.

• Monday, May 31, Memorial Day—Due to the holiday, there will be no lunch or activity program.



mer Hydrangea. It's the first hydrangea macrophylla that blooms on both old and new wood for repeat blooming color all season long! You'll find it in **Geimer's** three-acre nursery behind their garden shop.

Also among the new introductions in **Geimer's** nursery this season is the Tiger Eyes Cutleaf Staghorn Sumac. This gorgeous, golden-leaf form of staghorn sumac literally glows in the landscape and, as with all sumacs, turns a glorious blaze of orange and red in the fall.

**Geimer's** garden center is located a half-mile north of Lake-Cook Road on Route 53 (Hicks Road) in Long Grove. For a landscape design consultation, call **1-847-358-6363**.

The Barrington Area Council on Aging, Inc., will host its Ninth Annual Barrington Area Senior Citizens' Hall of Fame Recognition Tea on Wednesday, May 19, from 1 to 3 p.m. at Lake Barrington Woods, 22320 Classic Court, Lake Barrington.

of the Lyric Opera of Chicago

- Nancy Hamelberg, St. Paul United Church of Christ

- Ronald Hamelberg, Barrington Township

• The Rev. Judith Heinrich, St. Michael's Episcopal Church

- Joan King, Hospice of Northeastern Illinois

- Carol Kosner, CUBA Township
- Richard Kosner, CUBA Township Re-

- Republican Club



May we offer one suggestion?

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respect for what he may become.*

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Saturday: 10:00 - 6:00  
Sunday: 12:00 - 5:00

## CFC Summer Nature Camp 2004 Activities for Elementary and Middle School Students



**Take a hike! Fish nets will be standard equipment for adventurers in Citizens for Conservation's Summer Nature Camp, June 14 through 18. Camp sessions for elementary and middle school students will be from 2 to 4 p.m. each afternoon, Monday through Friday. Meet at CFC's headquarters, 459 West Highway 22 in Barrington.**

CFC is offering a week of nature classes this summer to increase your child's knowledge and appreciation of our natural world. The classes will run Monday through Friday, June 14 to 18, from 2 to 4 p.m. at Flint Creek Savanna. Please meet at CFC headquarters at 459 W. Highway 22 in Barrington. Look for the white

farmhouse across from Good Shepherd Hospital. The fee for the classes is \$50 for five or \$40 for CFC members.

These outings are designed to introduce students to basic science principles. They will hike and have the opportunity to observe some of Illinois' natural ecosystems. Each day, they will hike through

## "Ornamental Grasses" Topic for Green Thumbs

Ornamental grasses are increasingly popular for garden plantings. In a leisurely drive through the Northwest Suburbs, you will see them in elaborate public gardens, along boulevards, in restored prairies, in baskets hanging from decorative lightposts, and in home gardens.

The members of the Green Thumbs of Barrington Garden Club are most interested in learning about plantings for their own yards. So, they have invited an expert to share her knowledge about the selection available and what best fits where in private gardens.

The program titled "Ornamental Grasses" will be presented by master gardener Susanne Lankin at the Barrington Area Li-

brary on May 17 at the regular meeting of the Green Thumbs Club, which begins at 12:30 p.m. A slide lecture will show the beauty and variety of ornamental grasses and how they can be used in varying landscapes and conditions.

Ms. Lankin is a landscape designer, naturalist and horticulture consultant. She has designed gardens for the Wheaton Park District and has been associated with the education department of the Morton Arboretum for years. Club members and their guests will be fortunate to benefit from her bountiful experience!

The Green Thumbs Club welcomes visitors. For more information, please call Carol at 1-847-526-1118.



the nature preserve, identifying and recording their observations. During these outings, students will learn how the local landscape was formed and how it is gradually changing. We will give close attention to the native prairie ecosystem and the wildlife it supports. We will discuss the early pioneers' reactions when they first saw the prairie. Other activities will include bird watching and sketching in journals. In addition, students will help out in CFC's newly constructed demonstration gardens.

With an enhanced awareness of their natural world, students will understand the importance of protecting the environ-

ment and can make informed choices for a healthy future.

CFC will provide journals, nets, hand lenses, microscopes and field guides. Students may want to bring their own binoculars, sunscreen and insect repellent. We suggest long pants for walking in tall grass and boots or old shoes for wading through wetlands.

Some of these classes may help students qualify for scout badges. Please let the instructors know if a student will pursue badge credit.

If you have any questions, please call CFC at 1-847-382-SAVE or visit our Web site at [www.savelivingspace.org](http://www.savelivingspace.org).



## Citizens for Conservation Adventures in Nature Study

What better way to admire wildflowers than to paint them? Pack up your sketchbook and palette (or use the supplies we provide) and come to Watercolor Wildflowers at the CFC office on Saturday, May 8, from 2:30 to 4:00 p.m. We'll draw and paint the spring wildflowers before they disappear. The class is intended for children 8 and up, though younger children are welcome with parents.

The cost for each class is \$4 for members or \$6 for nonmembers. All classes are geared for children, but adults are wel-

come and encouraged to come. (There is no fee for adults who come with a child.) We can arrange special classes for school groups, scouts and other organizations at the membership rate. All students must register at least one week in advance. Please call 1-847-382-SAVE (7283) with any questions.

The CFC office is located at 459 W. Highway 22, between Kelsey Road and Route 59. Look for the white farmhouse with the silo across from Good Shepherd Hospital.

## Walkup Heritage Farm & Gardens Specializing in Native Plant Species

**Walkup Heritage Farm & Gardens** is located on the original Walkup residence at 5215 Walkup Road in Crystal Lake. It is directly across the road from Veteran Acres Park midway between Route 176 and Hillside Avenue.

The farm is currently owned by Michael J. Walkup, a member of the Walkup family which built the home in 1856. The Walkups were one of the original settlers in McHenry County and the Crystal Lake area, arriving here in 1835 as the area was being opened up for settlement.

The original Walkup land encompassed much of modern-day Crystal Lake, extending along Walkup from Crystal Lake Avenue on the south to near the present-day Prairie Ridge High School on the north and including the present site of the Crystal Lake Municipal Center. Today, only the home and five acres of land remain.

The house, in addition to being one of the oldest in the area, is also one of the most unique, being completely covered by approximately 70,000 small cobblestones, many of which were hauled to the site on ox carts from the shores of Lake Michigan. It is plaqued by the Polly Crandell Questers of Crystal Lake and by the McHenry County Historic Preservation Commission.

The home has been turned into a specialty garden center by Michael Walkup. It contains plants and vegetables reminiscent of the time the house was built and later to the end of the 19th century. Many of the original oak trees, now over 200

years old, still stand on the property along with mature black walnuts planted by the Walkups.

**Walkup Heritage Farm & Gardens** specializes in the sale of native plant species, such as prairie and woodland plants, as well as heirloom ornamental flowering plants and vegetables. This year, they will offer a dozen varieties of heirloom tomatoes along with a complete line of garden vegetables, all grown from 100-or-more-year-old seed sources and not generally available elsewhere. Also for sale are heirloom roses, peonies, annuals and perennials. All plants and vegetables are raised without the use of chemicals.

The grounds of **Walkup Heritage Farm & Gardens** have been decorated with examples of various native plant communities and also feature a butterfly garden with heirloom annuals and a sunken Victorian garden containing heirloom perennials. There is also an heirloom rose garden and a peony garden with Grandma Walkup's original peonies.

Take a trip back in time and visit the **Walkup Heritage Farm & Gardens**. The hours are weekdays from 3 to 6 p.m., Saturdays from 10 a.m. to 5 p.m., and Sundays from 1 to 5 p.m., starting May 1 and extending through Oct. 31. Flats of heirloom annuals, perennials and vegetable plants along with a complete line of native plants will be available in May with a farmstand featuring heirloom vegetables starting in midsummer.

## Wellness Place to Feature Lymphedema, Beauty Tips, Cancer Survivor Party in May

Three nationally certified lymphedema therapists from the Advocate Good Shepherd Hospital's Lymphedema Team will present "Lymphedema 101" on Thursday, May 13, from 6:30 to 8:30 p.m. at Wellness Place, a cancer resource center at 1619 W. Colonial Parkway, Palatine. The program is one of three free events in May designed for people with cancer, their loved ones and caregivers.

Other events include a family activity night for all ages, a party to celebrate National Cancer Survivors' Day and an evening cosmetics workshop for women in active cancer treatment. Registration for

all programs is required by calling 1-847-221-2400.

Patty Jasonowicz, Peggy Johnson and Jeannie Giampa, who are also physical therapists at Good Shepherd Hospital, will outline 18 steps to prevent, treat and manage lymphedema, a medical condition that causes swelling in the arm or other extremities. A question-and-answer period will follow.

A Family Fun Night, "Paints, Pots and Flower Fun," will be held Thursday, May 6, from 6:00 to 7:30 p.m. where family members will paint and decorate flower pots. All ages are welcome, but supplies

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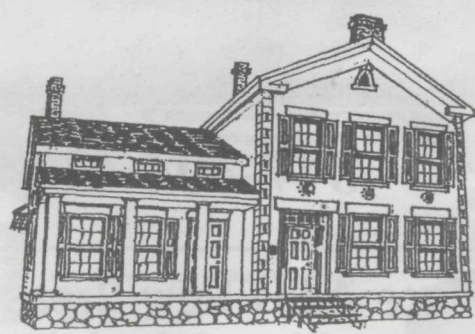
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- Heirloom Roses & Peonies
- Native Prairie Plants
- Native Woodland & Wetland Plants
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Michael J. Walkup, Proprietor



are limited.

The "Survivor Luau Party" on Thursday, May 20, from 5:30 to 7:30 p.m. will honor cancer survivors, their families and friends as part of an early observance of the June 6th National Survivors' Day. The party will feature food, games and entertainment for cancer survivors, their families and friends. Register by Thursday, May 13.

Kathy Devyak and Judy Devyak, licensed cosmetologists, will return to Wellness Place to demonstrate beauty techniques for coping with skin and nail changes and hair loss that result from chemotherapy in a "Look Good, Feel Bet-

ter®" workshop on Wednesday, May 26, from 6:00 to 8:00 p.m. Free makeup kits for first-time participants will be available for those who register with their complexion type three weeks in advance of the workshop. The American Cancer Society sponsors the program.

Wellness Place, a nonprofit, community-based organization incorporated in 1999, offers resources, support and education for people with cancer, their family and friends. It serves 60 communities in the Northwest Suburbs of Cook County and parts of McHenry, Lake and Kane counties.



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## Wellness Place Adds New Breast Cancer Group to Networking Schedule

A new networking group for women with breast cancer will meet at noon on Friday, May 28, at Wellness Place, a cancer resource center at 1619 W. Colonial Parkway in Palatine.

"The group is designed for women who prefer to meet over the lunch hour, and we encourage participants to bring a sack lunch," says Kathy Hill, Wellness Place clinical specialist.

The new group is among several support groups offered at no charge at Wellness Place. An evening breast cancer support group will meet Wednesday, May 12, from 6:30 to 8:00 p.m. Register with Kathy Hill at 1-847-221-2400.

Other free, ongoing group networking opportunities include the following:

- The Lounge, a studio-based group for teens ages 13 to 18 will gather, discuss and share their experiences of having a loved one with cancer on Mondays, May 3 and 17, from 6:00 to 7:30 p.m.

- Young Women's Circle will meet Tuesdays, May 4 and 18, from 6:15 to 7:45 p.m. This group of young women ages 25 to 40 will focus on specific issues and coping models to help them cope with cancer.

- Leukemia/Lymphoma/Multiple Myeloma Group for cancer survivors, family and friends will meet Wednesdays, May 5 and 19, from 11:30 a.m. to 1:00 p.m.

- STARS—Sharing Together and Receiving Support—for children ages 6 to 12 who have an adult family member living with cancer will meet Mondays, May 10

and 24, from 6:00 to 7:30 p.m.

- Caregivers/Family/Friends Group for people who care about someone with cancer will meet Tuesdays, May 11 and 25, from 7:00 to 8:30 p.m.

- Men with Cancer Networking Group will discuss issues faced by men with cancer on Tuesdays, May 11 and 25, from 7:00 to 8:30 p.m.

- Recurrence/Metastatic Networking Group for people with recurrence or metastatic disease, their family and friends, will meet Thursdays, May 13 and 27, from 10:30 a.m. to noon.

- Children diagnosed with cancer and their siblings and Teens diagnosed with cancer and their siblings will meet simultaneously in separate groups on Wednesday, May 19, from 7:00 to 8:30 p.m.

- Spirituality and Well-Being Group will help participants search for a deeper meaning and purpose to life and reflect on spiritual beliefs and practices on Thursday, May 20, from 10:30 a.m. to noon.

- Family Consultations are available for individuals, couples, children and teens, and families to discuss resources and ways to cope with cancer's impact on family life. Wellness Place professionals meet with parents and children together or on an individual basis. Call for an appointment.

- Welcome Sessions will offer a guided tour of Wellness Place and information about free programs and services available to participants on Fridays, May 7 and 21, from 12:30 to 1:00 p.m.

## Tibetan Lamas to Create Sand Painting Mandala at Harper

Tibetan lamas from the Drepung Loseling Monastery near Lhasa, Tibet, will create a tantric Buddhist mandala sand painting, one of Tibet's most unique artistic traditions, from Monday, May 3 to Wednesday, May 5, in the Cockrell Dining Room of Building A at Harper College, Roselle and Algonquin roads, Palatine.

There will be an opening ceremony at 11:00 a.m. on Monday, May 3, when the monks consecrate the site of the mandala sand painting "to generate energies for global healing" with about 30 minutes of chants, music and mantra recitation. After the opening ceremony, the monks will begin drawing the line design for the mandala—exact work that takes about three hours to complete.

During construction of the mandala, the monks pour millions of grains of sand from traditional metal funnels called "chakpur". The finished mandala is about 5' by 5' in size and generally requires a minimum of three days of work to com-

plete. After construction, the monks conclude their creation with a consecration ceremony.

When it is time to dismantle the mandala, the monks perform a closing ceremony by sweeping up the colored sands to symbolize "the impermanence of all that exists." The remaining sand is carried in procession by the monks, accompanied by guests, to a flowing body of water. The sand is ceremonially poured into the water, "thus dispersing the healing energies of the mandala throughout the world."

Sand mandalas were created in New York and Washington, D.C., in the wake of the Sept. 11 tragedies.

"The production by the monk artists... expresses the purity and sophistication of the Tibetan sacred performing arts," says actor Richard Gere.

The Harper event is free and open to the public. For more information, call 1-847-925-6242.



All groups require preregistration; call Wellness Place, 1-847-221-2400.

Wellness Place, a nonprofit, community-based organization incorporated in 1999, offers resources, support and education

for people with cancer, their family and friends and serves 60 communities in the Northwest Suburbs of Cook County and parts of McHenry, Lake and Kane counties.

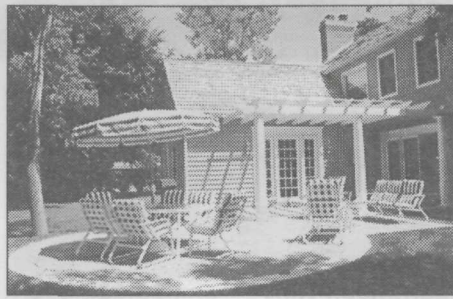


## Before You Landscape... Master Plan

As Landscape Architects, we stress the value of creating a Master Plan for your property prior to commencing any landscape project. Regardless of the size of your project, a Master Plan permits your landscape budget to be appropriately invested. Once completed, your investment will result in a professionally designed and installed plan.

Master planning is simply defined as the areas of a property that require the most attention and which display solutions to specific problems. Future plans such as pools, ponds, additions to a home, and other amenities are addressed and carefully "planned." Once we incorporate hardscapes, garden beds, garden features, etc., then a budget plan can be created.

The homeowner will then be able to



utilize their plan for years in the future, installing each segment of the plan as it relates to their budget and use of space.

To learn more about Master Planning and our firm, **BonnerCodd Associates**, please contact John C. Cazzetta, Landscape Architect, at **1-847-382-4838**. We look forward to hearing from you.

## The New Simplicity Zero Turn—Mowing the Yard Has Never Been So Much Fun

Have you noticed how landscaping styles are changing? Many homeowners are adding trees, flowerbeds, lighting and even fountains to their yards. While the results can look fantastic, mowing can become a challenge. Well, your friends at **Reed Lawn & Leisure** have a new mower that's perfect for today's yards... The Simplicity Zero Turn.

It's a zero-turn mower, which means it literally turns on a dime. The Simplicity Z will let you zip around trees, tight corners and plantings without stopping. You won't even have to use a trim mower. The new Simplicity Zero Turn not only saves time, it's fun to drive!

And since it's a Simplicity, it's built to last. It has the same rugged drive system you'll find on professional models. But, it's designed for homeowners, so it's comfortable and easy to operate. And best of all, you'll get a picture perfect lawn.

Or maybe you had your heart set on a Honda or a John Deere tractor? **Reed Lawn & Leisure** can set you up with a great deal on those brands too.

If your tractor or mowing machine isn't dead—just wounded, the service department at **Reed Lawn & Leisure** can deal with curing it. Bring your machine in for repair or call and make arrangements for



pickup and delivery.

Chipper vacuums, tractors, riders, walk-behinds, all the latest in lawn care equipment and accessories in name brands can be found at **Reed Lawn & Leisure**. These lawn care experts suggest you stop in, browse around, ask questions, and purchase your favorite Simplicity, Toro, Echo Honda or John Deere. And at **Reed Lawn & Leisure**, they not only sell the equipment but they also service it.

**Reed Lawn & Leisure** also carries a complete line of rototillers, chainsaws, power blowers and string trimmers.

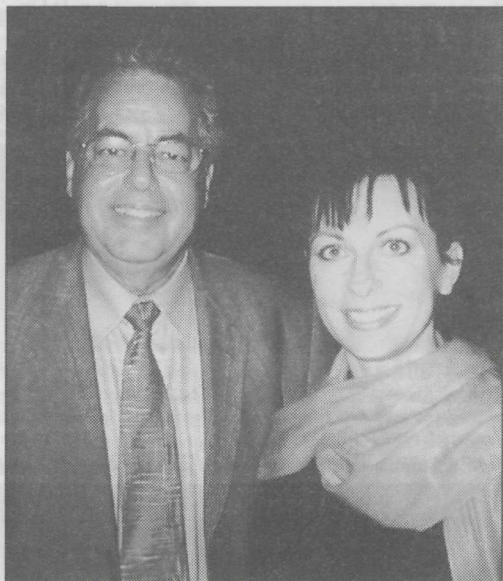
If you need to unclutter your garage, consider a Heartland Barn for the storage of all your lawn and garden equipment.

Stop in or call them at **1-847-438-5220**. **Reed Lawn & Leisure** is located at 20413 Rand Road in Palatine.

## At The Lyric Opera Donor Luncheon

BCLOC President Howard Robins of Arlington Heights attended a Lyric Opera donor lunch with international opera star Natalie Dessay recently.

She brought the house down this season with her dramatic interpretation of Lucia di Lammermoor.



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## Green Thumbs Annual Plant Sale May 15

If you are looking to spruce up the garden this spring with a colorful display of flowers and plants, you will want to stop at the Green Thumbs Garden Club's Annual Plant Sale on Saturday, May 15.

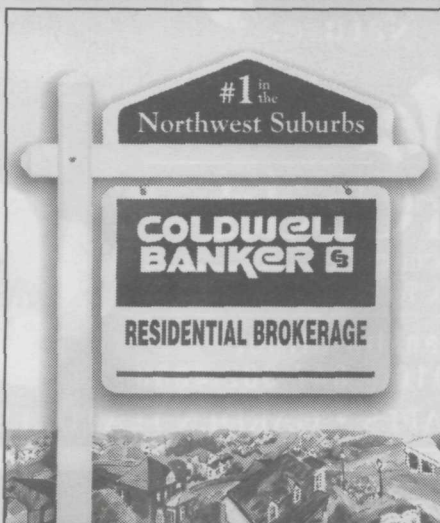
These experienced gardeners will offer perennial selections from their own gardens at some very special prices. There will be a variety of perennials suitable for those sunny and shady locations in the garden. Groundcovers in flats and pots of herbs will also be available. Also included this year will be a limited selection of small shrubs. Members of the club will

also share some of the wildflowers they have been cultivating in their own gardens. Many of the members of the garden club will be on hand to help you choose the correct plant for your gardening needs.

The sale will be held in the parking lot at Langendorf Park (on Lions Drive south of the intersection of Route 14 and Route 59) in Barrington. The sale will begin promptly at 8:30 a.m. (no early bird sales). It will continue until all the plants have been sold. For more information, call 1-847-381-5353.



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SUITE 101  
BARRINGTON



**Barrington Hills \$3,490,000**  
Magnificent gated 16 ac estate w/ 4 BR luxury suites, 5.2 BA, superb craftsmansp, pool & pool house, 6 car heated gar, exceptional private retreat.  
**Frank & Lynne Caiazza 847/277-2767**



**Barrington Hills \$3,250,000**  
Exquisite 2 yr new French manor, 6 BR suites, 7 FP, cherry library, gentleman's office, w/o LL w/ wet bar/kit/exercise room, finest amenities, set on 5 wooded acres.  
**Frank & Lynne Caiazza 847/277-2767**



**Barrington Hills \$1,999,000**  
Waterfront—4 br, 4+ ba home on 5 wooded ac. 2-sty fam rm, kit w/2 islands, sun rm. Mstr w/sitting rm. 4 flplc, loft & walkout w/rec rm, off, exercise rm, 4 c gar, beach.  
**Sherl Wheeler 847/277-2772**



**Barrington Hills \$1,950,000**

What is it about living beside the water that lifts the spirits? This lovely one-story home on 6+ acres is steps away from Hawley Lake. Impressive construction and attention to detail is noted throughout the well-planned interiors; great kitchen, large formal spaces, year-round porch, finished lower level; gorgeous grounds featuring swimming pool, ponds, award-winning landscaping, gardens, zoned irrigation and dramatic lighting.

**Tom Magner 847/277-2292**



**Barrington Hills \$1,650,000**  
All brick 4 br, 4.5 ba home w/ exceptional design & premium craftsmanship. 5+ manicured acres w/ paths & gardens. 10-ft & volume ceil, fin walkout LL.  
**Bonnie Paice & Shannon Paice 847/277-2723**



**Barrington \$1,375,000**  
Pristine 4 br, 4.5 ba home. Maple & granite kitchen. Fab mstr suite with room size closet. Crown molding & volume ceilings thruout. Walkout LL with hickory kit/bar.  
**Kerry Franze 847/277-2703**



**Barrington \$1,289,000**  
Fabulous waterfront 4 BR, 5.5 BA home w/ additional 3500+ sq ft sports center/multipurpose room. Walkout LL w/ exercise room.  
**Sherl Wheeler/Jane Pohlman 847/277-2772**



**Barrington \$1,140,000**  
Spectacular 4 BR ranch, dramatic details, 4 FP, incredible master w/ marble bath, coffered & tray ceilings, breathtaking walkout w/ wetbar & media room.  
**Frank & Lynne Caiazza 847/277-2767**



**Barrington \$895,000**  
Inverness Shores—Charming 4 br, 4.5 ba home. Kit w/ granite counters. 1st floor MBR. Fam rm w/ fireplace. 1st flr den. Finished Lower Level. Security system.  
**Ron & Jeanine VanDeVelde 847/277-2282**



**Barrington \$845,000**  
Exquisite 4 br, 3.5 ba brick home. 9 ft ceil, 2-story foyer, vaulted ceil. Delightful kitchen w/ 42" cabs. Open floor plan. 1st floor office. Walk to park.  
**Ron & Jeanine VanDeVelde 847/277-2282**



**Barrington Hills \$799,000**  
Charming 4 br, 3 ba New England Colonial on 5 acres. Upgraded kitchen & baths. Screened porch, 7/8 stall barn. Several pastures.  
**Barbara Cunningham 847/277-2262**



**Barrington \$745,000**  
Stately 2-story brick 4 BR, 2.1 BA home on 1.3 ac in Deerpath Estates. Open flr plan, hrdwd flrs & water views. Spacious kitchen, 1st flr Indry. Fin LL.  
**Ron & Jeanine VanDeVelde 847/277-2282**



**Barrington \$579,000**  
3 br, 2 ba. Once a church. Completely remodeled. Hrdwd flrs, fin lower level & great kitchen. True cathedral ceilings, vestibule area & old church bell.  
**Tom Magner 847/277-2292**



**Barrington \$569,000**  
Sparkling & updated custom 4 BR, 2.5 BA home, formal LR & DR, hearth rm w/ frplc, hrdwd flrs thru out. Lower level rec rm. Deck & great yard. Overlooks Bakers Lake.  
**Frank & Lynne Caiazza 847/277-2767**



**Barrington \$549,000**  
Wonderful all-brick Colonial built in 1924. Fab restoration! 4 BR, 2 BA, liv rm & MBR w/ flplc. Fin English bsmt, den & study. Custom kit. Granite BA. New!  
**Lois Olivari 847/971-2469**



**Lake Zurich \$549,000**  
Beach and pier rights to private Lake Zurich. Absolutely gorgeous 3 bedroom, 2.5 bath home. 9' ceilings, 2-story great room, study, huge master. A slip for your boat.  
**Sherl Wheeler 847/277-2772**



**Barrington \$377,000**  
4 br, 4 ba Townhome. Cul-de-sac location overlooks golf course. 2 mstr BRs. Eat-in kit, hwd flrs & fin walkout LL. SW exposure. Pretty courtyard & deck. 2-car gar.  
**Ron & Jeanine VanDeVelde 847/277-2282**



**Barrington \$369,000**  
Immaculate 3 br, 2.5 ba Colonial. Home totally renovated in '97. Beautiful hwd flrs. See-thru gas flplc. Oak cabinets in kit & all newer appliances. 6 panel doors.  
**Tressa Borkon 847/277-2256**



**Lake Zurich \$339,000**  
All New—Perfection! 3 BR, 1.5 BA. New Maple/Granite, SS Jenn Air Kitchen, Baths, Doors, Windows, Roof, Fascia, Soffits, Furn/AC. Oak Floors.  
**Kerry Franze 847/277-2703**



**Barrington \$329,900**  
End-unit townhome. New hwd flrs on 1st flr. Wooded setting. Eat-in kitchen. Marble bath w/ heated flr. Fin LL, new roof. Newer furnace.  
**Ron & Jeanine VanDeVelde 847/277-2282**



**Palatine \$204,900**  
2 br, 2 ba. Updated to the max. Fresh paint & carpet. Updated kitchen & baths. Outdoor pool, exercise room, game room, billiard room. Garage available.  
**Sherl Wheeler 847/277-2772**



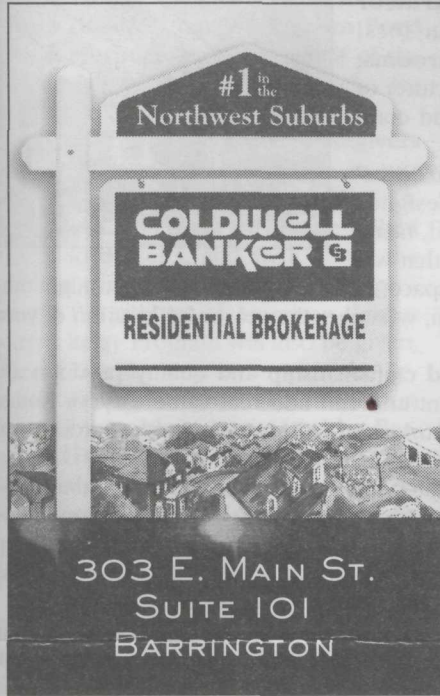
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**South Barrington \$8,250,000**  
Incomparable custom home w/ 15 FPs, 2-story library, designer kit & sumptuous master suite. Walkout LL w/ sport court, gym, 2nd kit & spa. 10 car garage.  
**Meg Cleavenger/Greg Bradley 847/277-2259**




**Barrington Hills \$4,990,000**  
Magnificent custom 6 br, 8.5 ba Georgian on 10 rolling acres overlooking Goose Lake. Highest quality finishes, gourmet kit, sumptuous MBR, fin walkout LL, 4-car gar.  
**Meg Cleavenger/Greg Bradley 847/277-2259**



**Barrington Hills \$3,300,000**  
2 yr new Williamsburg w/ 4 BR, 5+ BA situated in an idyllic 5 ac wooded setting. Handsome walnut study & sun-filled conservatory w/ lantern ceiling.  
**Suzanne Luby/Liz Luby 847/277-2777**



**Barrington Hills \$2,690,000**  
5 BR manor set majestically atop a ridge. Exquisite features. Sumptuous master w/ private balcony. Great rm w/ 20' ceiling. Walkout LL. Greenhouse & 6-car gar.  
**Meg Cleavenger/Greg Bradley 847/277-2259**



**Barrington Hills \$2,475,000**  
5 br, 4.5 ba New England Colonial on 8.9 wooded lakefront acres. Magnificent views of Hawley Lake. 5 fireplaces, gourmet kit, vaulted FR, pool & greenhouse.  
**Meg Cleavenger/Greg Bradley 847/277-2259**



**Barrington \$1,950,000**  
Exquisite 5 br, 5.5 ba brick Georgian w/ elegant appointments & detail. 4 fireplaces, exceptional kitchen. 4-car garage, walkout lower level & outstanding 7-stall barn.  
**Meg Cleavenger/Greg Bradley 847/277-2259**



**Barrington Hills \$1,675,000**  
Enchanting 6 br, 4 full 2 half ba home on 5+ wooded lakefront acres. Gracious w/ elegant appointments. Guest house. Idyllic views of a sparkling private lake.  
**Meg Cleavenger/Greg Bradley 847/277-2259**




**Barrington Hills \$1,450,000**  
Enjoy spectacular views from this fabulous estate set high on 5 wooded acres. Featuring 4 BR, 4.1 BA, soaring beamed ceilings, walkout lower level & sparkling pool.  
**Muffy Hostetler 847/277-2788**



**Barrington Hills \$1,395,000**  
Dramatic Edward Dart design on 5 rolling, wooded ac w/ views across miles of Barrington Hills countryside. 5 BR residence is work of art. The setting is unmatched.  
**Meg Cleavenger/Greg Bradley 847/277-2259**



**Barrington \$1,275,000**  
Majestic 10 ac w/ pond, 4 BR, 3 BA home, 3 FP, 2 kit, fin LL walkout. Exquisite multiple gar w/ heat & water, 16 car cap. Gated & tranquil estate, subdividable.  
**Loretta Kallas/Margaret Semrad 847/277-2285**



**Barrington Hills \$1,175,000**  
Build your dream home on magnificent wooded hilltop overlooking private secluded lake. 5 tranquil lakefront acres in a most prime location just minutes to the village.  
**Meg Cleavenger/Greg Bradley 847/277-2259**



**Lake Barrington \$999,900**  
Find character & charm in this 4 BR, 4+ BA home w/ 14' vol entry w/ curved staircase, glass sunrm, lux MBR, 3 FP, LL has FP, wetbar, exercz rm & BA.  
**Suzanne Luby/Liz Luby 847/277-2777**



**Barrington Hills \$999,900**  
Charming 5 BR, 3.1 BA country home. Sparkling pool, pool/guest house, 3-stall barn w/ ample turnouts. Beautiful gardens, serene patio areas & tranquil pond.  
**Meg Cleavenger/Greg Bradley 847/277-2259**



**Barrington Hills \$950,000**  
Custom waterfront home, drenched in sunlight & beautifully presented w/ lovely lake views. Volume ceil, gourmet kit, FR, lux master suite, full fin w/o lower level.  
**Meg Cleavenger/Greg Bradley 847/277-2259**



**Barrington Hills \$899,900**  
Exceptional 3 br, 2.5 ba custom French Provincial in private wooded setting on quiet lane in Barrington Hills. Built w/ quality craftsmanship/detail. Screened porch.  
**Meg Cleavenger/Greg Bradley 847/277-2259**



**North Barrington \$899,900**  
Stunning 4 BR, 3.1 BA waterfront home in mntnce free gated comm w/ elegant 1st flr MBR, lux updated BA, gourmet kit. Relax in the court yd w/ fountain & pavers.  
**Suzanne Luby/Liz Luby 847/277-2777**



**Barrington \$879,900**  
Magnificent 4 BR, 4.1 BA Georgian w/ superior architectural design & detail. 1st flr Lux MBR, designer kit, fin walkout LL. Marble columns, 3 staircases, hrdwd flrs.  
**Suzanne Luby/Liz Luby 847/277-2777**



**Barrington \$679,900**  
Wonderful 3 br, 3.5 ba brick home. Open floor plan, fresh decor, vaulted ceilings, study & gourmet kitchen. Prof landscaped 3 acre lot w/ gazebo, deck & patio.  
**Meg Cleavenger/Greg Bradley 847/277-2259**



**Barrington Hills \$499,900**  
Perfect get-away! Charming 3 BR, 1 BA vintage retreat tucked away on lush 5+ acre setting. Updated bath & kit. Authentic windmill. Heartwarming!  
**Lois Olivari 847/971-2469**



**Algonquin \$459,900**  
4 br, 2.5 ba home on quiet cul-de-sac. 2-sty marble foyer. Eat-in kit. Fam rm w/ fplc. 3-car garage, landscaped, fenced yard & dog run. Close to schools, shops & golf.  
**Jeff Byron 847/277-2781**



**Carpentersville \$183,900**  
Exceptional TH—2 BR, 1.5 BA, loft. Shared MBA—has sep shower stall. Hdwd flrs—entry & gourmet kit. Many upgrades. 2-car att gar. 3 min to Randall Rd shopping.  
**Charmaine Parsiale 847/226-1609**



**Island Lake \$154,900**  
Charming updated 3 br home across from the lake. New roof, vinyl siding & alum fascia, soffits, gutters, decks, 100 amp elec service. Breakfast bar, all kit appls.  
**Suzanne Luby/Liz Luby 847/277-2777**



1:55 A.M., Tuesday, Ryan Thompson, 5 Yrs. old: *Wonderment*



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In addition to providing custom room additions with bathrooms, kitchens and fireplaces, **Armcor Design and Build** is your local store for **Four Seasons Sunrooms**, the nation's largest manufacturer of sunrooms for residential and commercial use.

Each **Four Seasons Sunrooms'** product is meticulously designed and crafted to be a practical, beautiful, and exciting addition that will bring a new dimension of space, light and warmth to what might otherwise be an ordinary room, whatever the season or location of your home.

**Armcor Design & Build** craftsmanship and quality products are also an excellent investment and can add real value to your home. Often, much of your investment in a **Four Seasons'** sunroom can be recovered when you sell your home.

Glass room additions create views of the sun and sky and add extra year-round living space with possibly little or no alterations. New MC<sup>2</sup> glass, with a Lifetime Warranty and specially designed to keep summer heat out and winter heat in, is one key to **Four Seasons Sunrooms'** success—especially in our Chicagoland climate.

Many patented features are available exclusively from **Four Seasons Sunrooms**, and all products are designed to meet or exceed building code structural requirements and have successfully withstood more than 200,000 installations.

**Armcor Design & Build** will provide you with a complete "turn key" room addition project or you can build it yourself. Every **Four Seasons'** sunroom is virtually maintenance-free, weather-tight and comes with a lifetime limited warranty on MC<sup>2</sup> glass, five year warranty on parts and labor. There are numerous options, both wood and aluminum systems, and a wide variety of models and sizes.

**Armcor Design & Build's** showroom is at 951 N. Old Rand Rd. (Main St.) in Wauconda. **1-847-487-7900**.



## Klemms to Chair NISRA Foundation's 13th Annual Golf Outing

The Northern Illinois Special Recreation Association Foundation is pleased to announce that Senator Dick Klemm and his wife, Nancy, will serve as honorary chairpersons for the foundation's 13th Annual Golf Outing on Monday, June 14, at Randall Oaks in West Dundee.

As longtime friends of NISRA, Klemm has supported the expansion of programs and transportation services, and Nancy has volunteered for an accessible fishing trip to Hayward, Wis., each spring.

Take this opportunity to "give the gift of fun" to local children and adults with disabilities, as proceeds from the outing provide local Special Olympics training and scholarships for NISRA's summer day camps.

The afternoon will begin with lunch and a noon shotgun start. The outing will feature 18 holes of golf with cart, special contests, prizes and dinner. Register before June 1 for \$120 per player or \$600 for a corporate package including a foursome and hole sponsorship. Call Holly at 815-459-0737 for more information.

The NISRA Foundation is a not-for-profit charitable organization providing funding assistance for NISRA. The Northern Illinois Special Recreation Association, or NISRA, provides year-round recreation activities and Special Olympics for residents with disabilities in 10 communities in McHenry County and parts of Cook, Kane and Lake counties. Call 815-459-0737 for information about NISRA programs.

## "Choose Well, Live Well" Seminar and Open House

Considering a lifestyle change? Make an informed choice by learning the basics first, including: what 55+ lifestyle options are currently on the market; what financial, healthcare and service plans are available; how to evaluate retirement living options; and how to find the most appropriate setting with the right combination of services and support. In addition, to learn more about how assisted living and residential memory support services can offer alternative solutions to families, attend the Prairieview at The Garlands Open

House following the seminar. The date is Friday, June 11, from 1:30 to 3:30 p.m. The seminar and open house are free and include tours of The Garlands and Prairieview as well as afternoon tea.

### Memory Loss Series

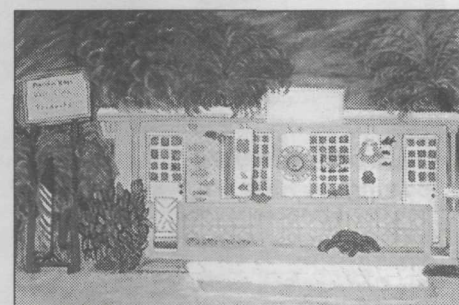
This four-part educational series, free and open to the public, is designed for family members and caregivers of people with memory loss. Led by staff from the Memory Disorders Center of the Alexian Neurosciences Institute, the classes are offered the fourth Tuesday of the month from

## BAAC Gallery at the Library

The Barrington Area Arts Council's exhibit for spring at the BAAC Gallery at the Barrington Area Library is "Views from Lower Latitudes: by Alicia Brill."

Ms. Brill is a resident of Aurora, Ill. She works exclusively with pastels. The inspiration for her artwork comes from her observation of interesting and often out-of-the-way, offbeat places and people. Her artwork evolves from her desire to capture places and moments that beg to tell a story that might ordinarily be overlooked or quickly forgotten. Her love of tropical surroundings and brilliant colors have led Florida and the Florida Keys to be the focus of her artwork.

The exhibit is on view now at the Barrington Area Library, 505 N. Northwest Highway in Barrington, until June 27 during regular library hours.



The Barrington Area Arts Council, Gallery at the Library presents artist Alicia Brill, who works exclusively with pastels.

For more information, call the BAAC Gallery at 1-847-382-5626.



May through August.

- Part I: Memory Loss 101—Gain a clear understanding of the basics of memory loss, including diagnosis, treatment and prognosis. Session will be held Tuesday, May 25, from 7:00 to 8:00 p.m.

- Part II: Communication and Behavior Challenges—Adapt to alternate ways of communicating with your loved one and learn how to make adjustments to behavioral changes. Session will be held Tuesday, June 22, 7:00 to 8:00 p.m.

- Part III: Planning Ahead—Learn how

to plan for future legal, financial and care needs of a person with memory disorders. Session will be held Tuesday, July 27, 7:00 to 8:00 p.m.

- Part IV: Care for the Caregiver and Community Resources—Explore the needs of the caregiver, learn how to avoid burn-out and discover the local resources, programs and services for people who are affected by memory loss. Session will be held Tuesday, Aug. 24, 7:00 to 8:00 p.m.

Advance registration is a must and can be made by calling 1-847-852-3500.



## From a Woman's Point of View

by Gail Wickstrom, Wickstrom Ford Lincoln Mercury

Mother's Day events are plentiful, but one event that deserves attention is "A Celebration of Life" that **Wickstrom Ford Lincoln Mercury** hosts on behalf of the Relay for Life of Barrington and Relay for Life of Lake Zurich/Wauconda.

Cancer survivors and their caregivers are invited to meet and mingle in our Ford showroom on **Thursday, May 13**, from 6:30 to 8:00 p.m. We'll have a light dinner and desserts, and we'll honor the attending cancer survivors. A short program on the success of American Cancer Society's Relay Program will also be given.

Please take the time to support the Relay for Life in your area. The Barrington Relay will take place June 11 at the Barrington High School football field. We hope to see you there!

Time is too short and life is too precious



to be kept waiting! Keep in mind that at **Wickstrom Ford Lincoln Mercury** strives to provide oil and filter service in under 30 minutes on your vehicle, and an appointment isn't necessary!

## Home Sweet Home!

One of the biggest, if not *the* biggest investments we make in our lives is the purchase of our home. Some of us will spend short periods of time in one home then move to another, while others will live in the same house all their lives. It is still our sweet home where we go every night to rest and get away from the everyday stresses of life.

When it comes time to sell or buy our home, we need a professional Realtor to make the process much more efficient. You need someone to help you decide

what is the best price you can get for your home, and much more.

Anna and David Kaparis of **Coldwell Banker Residential Brokerage** of Barrington are ready to assist you to make the educated decisions and will make your Real Estate experience a pleasant and a smooth one. Anna and David will be responsive to your needs. No questions are too small.

If you, your family or your friends need their services, call **Anna and David Kaparis** at 1-847-382-3600, ext. 2754.

## Barrington Citizens for Conservation Nature Walks

**Flint Creek Savanna Bird Walks**  
**Thursday, May 6, 8:00 a.m.**  
**and Saturday, May 15, 8:00 a.m.**

Join local birding expert Tony Szabados to explore the woods for migrating and nesting birds. Binoculars are a must. Everyone is invited, but restoration workday volunteers may want to come an hour early to appreciate the wildlife their habitat improvements have attracted. Meet at CFC's headquarters by the silo, 459 W. Highway 22, across from Good Shepherd Hospital.

**International Migratory Bird Day**  
**Celebrating the Conservation**  
**of Colonial Nesting Birds**  
**Saturday, May 8,**

**Baker's Lake, 9:00 to 11:00 a.m.,**  
**Crabtree Nature Center, Noon to 4 p.m.**  
The Forest Preserve District of Cook County, Prairie Woods Audubon and U.S. Fish & Wildlife Service are sponsoring this event that makes spotting scopes and binoculars available to view nesting and migratory birds at Baker's Lake and Crab-

tree alongside knowledgeable instructors. At Baker's Lake, meet at the parking lot by the railroad tracks on the east side of Barrington at Hillside Avenue and Northwest Highway. Crabtree is located on Palatine Road, a half-mile west of Barrington Road.

**Baker's Lake Savanna Nature Walk**  
**Saturday, May 22, 1:30 to 3:00 p.m.**

Join Patsy Mortimer for a look at Baker's Lake nesting herons and spring woodland wildflowers. Meet at the parking lot for Baker's Lake Savanna (the former church campground) on Highland Avenue, one block south of Hillside Avenue in Barrington.

**Flint Creek Savanna Wildflower Walk**  
**Sunday, May 30, 1:30 to 3:00 p.m.**

Join Diane Greening for a Memorial Day weekend tour of Flint Creek Savanna's spring woodland wildflowers. Meet at CFC's headquarters. Bring binoculars to enjoy the birds as well as the wildflowers.

## Scholastic Art Show Winners

Eleven Barrington High School students received Gold Key awards from the Scholastic Art Show. Out of 1,500 pieces submitted, only 236 student works were selected. The region-at-large entries were judged in New York City by special panels of artists, educators, and arts professionals such as curators, critics and editors. Their selection process is very competitive.

The following students received Gold

Key awards:

- Christine Bandy, Painting
- Emily Bateman, Jewelry Design
- Catherine Furio, Drawing
- Teresa Laporta, Mixed Media
- Erica MacKenzie, Painting
- Caitlin Murach, Jewelry Design
- Megan Nelson, Mixed Media
- Dana Parisi, Printmaking
- Lindsey Regan, Printmaking

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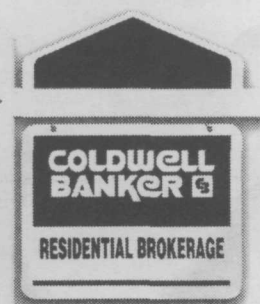
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## Wellness Place Golf Outing Entries Due May 10

Golfers of all skill levels are invited to play in the sixth annual Wellness Challenge golf outing on Monday, June 28, to support Wellness Place, a Palatine cancer resource center. Entries to play at championship courses Boulder Ridge Country Club in Lake in the Hills or Crystal Lake Country Club in Crystal Lake are due by Monday, May 10.

On and off the golf courses, this year's net two-best ball event promises top prizes and an evening filled with gourmet dining and opportunities to bid on one-of-a-kind items in live and silent auctions.

Popular auctioneer Joel Langer will present several unusual items including a spectacular journey for two aboard the upscale Rocky Mountaineer train—with Gold Leaf Service—traveling from Vancouver through the Canadian Rockies to Calgary.

In its first five years, the annual golf outing has raised more than \$1 million to support free programs and services at Wellness Place for people living with cancer, their families and caregivers. This

year's goal is \$210,000, according to Chairman John Ekizian of North Barrington.

Early sponsors for the golf outing include Pride in Graphics, Chicago; First Northwest Bank, Arlington Heights; Duchossois Family Foundation; and Boulder Ridge Country Club. Organizers welcome additional sponsors and donors that, depending upon the level of support, will receive complimentary golf foursomes, program advertising or tee signs.

The \$500 individual golfer entry fee includes green fees and cart, lunch and on-course beverages, participation in all events, a player's thank-you gift, and cocktail reception and dinner at Boulder Ridge Country Club. Nonplayers are invited to join evening festivities, including dinner, for \$100.

Wellness Place, 1619 W. Colonial Parkway, Palatine, serves 60 communities in the Northwest Suburbs of Cook County and parts of McHenry, Lake and Kane counties. For information about the Wellness Challenge, call Mary Ann Roeser, 1-847-221-2400.



- Kristine Schauer, Drawing
- Paula Tsiftilis, Drawing

The Barrington High School Visual Arts faculty includes John Anderson, Jeff Di-onesotes, Dave Engle, Kayla Mizanin,

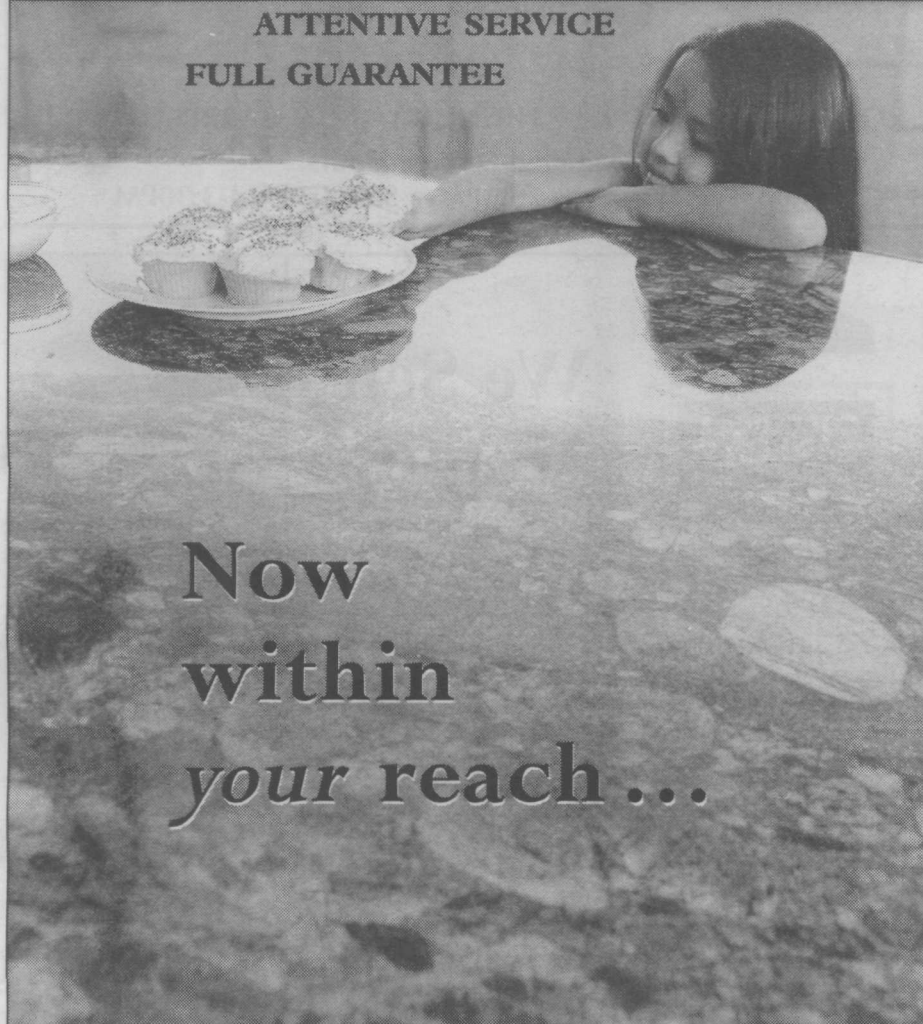
Blake Mueller, Robert Wilson and Scott Zielger.

For further information, please call 1-847-842-3214.



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## Summer Youth Exchange Opportunity with Germany

Host families and high school students are invited to participate in a summer short-term (three to four weeks) Youth Exchange with Germany. Rotary Clubs in the Rotary District 6440 are offering the possibility of hosting one of 30 German students, mostly girls 15 to 17, that have applied to come to the United States by mid-July 2004. These students would like to host similar numbers of our local youth for three to four weeks starting mid-June 2004.

There is no fee to participate. As usual, parents are responsible for the airfare and insurance. Short-term exchanges provide a very enjoyable and enriching taste of great international and cultural exposure. It's a wonderful, fun and lasting experience! Knowledge of the language is not required.

Outbound students will stay with the families of the students that plan to visit the United States starting July. Ideally, outbound students would agree to host their German counterparts when they return. However, outbounds are not required to host, which is the reason why we need to find local host families. Host

families and students are provided with their appropriate profiles so that matching exchanges are assigned.

Chicago students can travel in groups or individually. All of them will be picked up at the airport by Rotary representatives or their host families. Most of the possible host-families live in the Western side of Germany; this provides a good chance to visit countries like France, Belgium or the Netherlands. Last year, some families even drove with their students to Italy, Austria and Spain.

An application form can be downloaded from the Rotary International Web site. Students should use [http://www.rotary.org/newsroom/downloadcenter/pdfs/763en\\_write.pdf](http://www.rotary.org/newsroom/downloadcenter/pdfs/763en_write.pdf). Host families can download their applications from [http://www.rotary.org/newsroom/downloadcenter/pdfs/746ap\\_k.pdf](http://www.rotary.org/newsroom/downloadcenter/pdfs/746ap_k.pdf).

Please send it to [WCS@att.net](mailto:WCS@att.net) or to your sponsoring Rotary Club when ready.

Please e-mail or call the Rotary District 6440 World Community Service Chair Marianna Zeidler at [rotaryWCS@att.net](mailto:rotaryWCS@att.net), 1-847-726-9371, for more information.

## Hair Removal

(Continued from page 25)

is no hair removal system that can guarantee permanent hair removal, but most people experience both a significant reduction in the number of hair follicles and change in the quality of the few remaining hairs (finer texture with less color). This reduction may last for years.

*How many treatments will I need?*—The number of treatments that are required for hair reduction is different for each woman as well as each body area, but typically four-to-six treatments are used to achieve noticeably significant hair reduction.

*What should I do or not do before my IPL treatment?*—To get the best results, you must avoid waxing, tweezing, using depilatory creams or having electrolysis before your treatments; your hair must be present within its follicle for IPL to be ef-

fective. You may shave one-to-two days before your treatment as short stubble of hair in the follicle is all that is necessary for IPL to work. Avoid tanning your skin prior to treatment, as any sun-induced pigment in your skin will compete for the light with the pigment in your hair.

*Is there any after care needed?*—This procedure is noninvasive. You may resume normal activities immediately, and I always advise that you use the proper sunscreen.

If you would like to schedule an IPL treatment and receive safe, effective and long-lasting hair reduction, please contact **Kristen** at **The Aesthetic Plastic Surgery Center of Barrington, LLC**, 1-847-382-4160.