January 2004

Be The Best You Can Be! A FOCUS ON BEAUTY, HEALTH & FITNESS

"Moonlight Over Monaco" Gala a Smashing Success

Loretta Swit Guest of Honor at HARPS' Housewarming

Manet and the Sea



P.O. Box 293 Crystal Lake, IL 60039-0293



ΤM

E

barrington

AGAZINI

COPYRIGHT 2003 G.M. McMONIGAL ENTERPRISES ALL RIGHTS RESERVED \$1/NSP VOLUME 20, No. 4



Electrolysis is the Answer

ing and an attractive appearance is likely to read about electrolysis. It is the only method which will remove your unwanted hair permanently, and it is not a new technique. Successful results have been reported in the medical journals since 1875, more than a century ago.

Nowadays thousands of women make appointments every week with their electrologists, but very few openly tell their friends or relatives about the positive results. Most people are too embarrassed to mention facial or body hairs, and so the facts about permanent removal must often be learned from responsible beauty editors or medical columnists.

Fortunately, there is a skilled electrolo- day.

Anyone who is interested in good groom- gist at Clear Reflections in the Barrington Commons who can remove those telltale hairs quickly and conveniently in the privacy of a professional office.

> Now past its 100th anniversary, electrolysis is a boon to mankind which goes on making converts every day. The reason is obvious-success and permanence make an unbeatable combination.

Take away those unwanted hairs and what you have left is confidence in your own charm and attractive appearance. Phone Clear Reflections at 1-847-381-9020 for your appointment.

Clear Reflections has provided 28 years of service at the same location.

Convient hours Monday through Thurs-





Published by G.M. McMonigal ENTERPRISES Glenne M. McMonigal, Editor P.O. Box 293 Crystal Lake, IL 60039-0293 (815) 459-4820

e-mail: editor@lifestylesmagazines.com

LIFESTYLES Magazines can assume no responsibility for statements made or opinions expressed by contributing writers or advertisers. However, comments and corrections or differing opinions are welcomed The editorial staff at LIFESTYLES Magazines reserves the right to edit and place all editorials accompanying ads.

No credits will be issued due to typos, editing or placement of these editorials. No part of this publication may be reproduced, including but not limited to advertisements and articles without

written permission from the publisher. Unsolicited manuscripts without return postage will not be returned.

Prepress Composition & Imaging TRIAD COMPUTING INC. P.O. Box 1772 Crystal Lake, IL 60039-1772 (815) 479-0695

Editor's Ink

January, 2004

Dear Reader,

These past few weeks have been filled with wonderful parties and galas to benefit special causes. Among them was the HARPS (Hooved Animal Rescue and Protection Society) housewarming and barn raising. The special guest for the evening was star of stage and screen Loretta Swit. Over 100 guests joined the HARPS board of directors and Swit to celebrate the gift of a 30-acre farm by an anonymous trust. A 12-stall barn is soon to be built thanks to several generous pledges that evening.



"Moonlight Over Monaco" Gala was also a smashing success. About \$115,000 was raised to benefit Home of the Sparrow and was hosted by Friends of Home of the Sparrow. The Rev. Karen Stunkel, executive director, commented how "communities can be transformed one life at a time."

These are just some of the examples of how caring people are in our area. May this generosity continue throughout the new year.

Have a wonderful new year. Good health and love to you all. Until next time.

With warm regards, Glenne McMonigal Editor, Lifestyles Magazines

About Our Cover

Black silk velvet jacket tops a plaid lamb's wool blend bouclé skirt. From the Liz Claiborne Collection.



Loretta Swit Guest of Honor at HARPS Housewarming Cocktail Buffet



Star of screen and stage Loretta Swit and Donna Ewing, HARPS president

the guest of honor at a housewarming and barn raising fund-raiser for HARPS (the Hooved Animal Rescue and Protection Society). The cocktail buffet was held Saturday, Nov. 15, at the new headquarters for HARPS at 331 Old Sutton Road in Barrington Hills.

Over 100 guests joined the HARPS board of directors and Swit to celebrate the gift of the 30-acre farm by an anonymous trust. The proceeds of the fund-raiser will be matched by the trust to fund the construction of a 12-stall rehabilitation barn for the care of abused and neglected animals on the new property.

Since moving to the property in September, HARPS founder and president Donna will display the names of donors who give

Screen and stage actress Loretta Swit was Ewing has been working with local contractors and volunteers to refurbish the house as a headquarters and to prepare the site for the new barn.

Guests enjoyed a magnificent buffet, compliments of Tastefully Yours of Barrington, and mingled to the strains of live harp music provided by Jeannette Buerk. Many of the party goers did some early holiday shopping from the display of Swit's personally designed jewelry. A large portion of the proceeds of the sale of the jewelry was then donated to HARPS.

Several \$5,000 pledges of support were received that night, entitling the donors to a plaque on one of the 12 stalls in the soon-to-be-built barn. A smaller plaque

"Moonlight Over Monaco" Gala a Smashing Success



Phil Slapke (left) of South Barrington and Howard Pulsifer (right) of Barrington enjoy a visit with "Marilyn Monroe" portrayed by professional impersonator Linda Eck.

It was all glitz at the Sears, Roebuck and Co. Corporate Offices in Hoffman Estates on Nov. 1 as nearly 200 people partied in the relaxed but glamorous atmosphere of "Moonlight Over Monaco," a gala evening benefitting Home of the Sparrow.

About \$115,000 was raised to benefit the transitional housing/counseling and job skills training program with locations in Palatine, Crystal Lake and McHenry.

Guests had the choice of playing games, dancing to the tunes and entertainment of Ed Collins, or taking advantage of the extensive silent/live auction opportunities gathered by Kathy Gabelman's committee, all while enjoying delicious food and community spirit.



(From left) Members of the decorating committee, Becky Vizzone of Barrington and Debroah Vizzone of Streamwood, stand before one of their hand-painted murals.

development director.

"The evening is always a lot of fun and has a warm comfortable atmosphere," remarked guest Joan Olson. "Putting this together represents an impressive commitment by FOS members... Remarkable decorations and hand-painted murals evoked the French Riviera!'

Friends of Home of the Sparrow hosted the event. Co-chairs LeAnn Fairleigh and Julie Reitsch were pleased to say that attendees came from all over the Chicagoland area and seemed to love the novel idea of take-home treasure bags assembled by Jill Davis as well as the levity supplied by professional impersonator Linda Eck who portrayed Marilyn Monroe!

"A smashingly wonderful event," said The highlight of the evening was a



(From left) Linda Hanson, Janice Gohl and Fritz Gohl, Barrington Hills residents

lifetime membership status in HARPS. HARPS is a 501c3 not-for-profit edu-

cational organization. All donations are tax deductible. For more information on



Stewart and Monica Gully, **Barrington Hills residents**

\$1,000 to \$5,000 and they will also receive HARPS or to make a donation, please visit their Web site at www.harpsonline.org or





(From left) Wendy Augustus, HARPS board member, Helmut and Deborah Jahn from Chicago

Protect Yourself—Donate Blood

day, Jan. 6, from 3 to 7 p.m. at The Fountains of Crystal Lake. The event is sponsored by the Rotary Club of Crystal Lake Dawnbreakers.

Studies show that men and women over 50 who donate blood have a much

The semiannual blood drive will be Tues- lower risk of heart attacks and stroke than nondonors. One pint of blood given by a donor can save the lives of as many as three people. You may register to donate by calling Karen at 815-356-6592 for an appointment.





Meg Peirce and Don Olsen (both of Barrington)

services provided by Home of the Sparrow to homeless women and their children. The home claims a 97 percent success rate in helping them to attain independence and self-sufficiency.

Belinda Ferguson, a recent graduate of the two-year program, gave a stirring testimonial emphasizing the role the home had in turning her and her family's life around.

In thanking patrons for their contin-



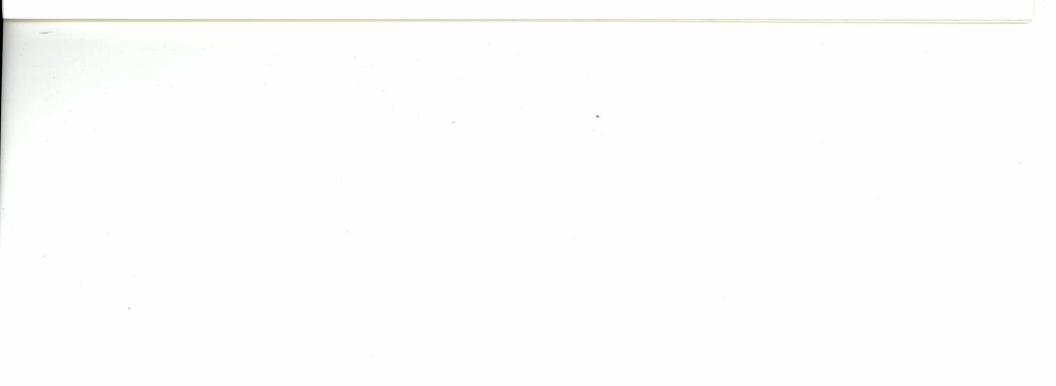
(From left) Jim DiMucci, John Gillett and Howard Pulsifer (all of Barrington)

Stunkel, executive director, commented that Belinda is an example of how "communities can be transformed one life at a time."

Through its fund-raising efforts, Friends of Home of the Sparrow contributes about 10 percent to the annual operating budget of Home of the Sparrow. For information about Friends of Home of the Sparrow and the available volunteer opportunities, please call 1-847-382-3708.

Maureen Starmack, Home of the Sparrow video presentation which summarized the

ued support of the home, the Rev. Karen



Save 20%-50% off all fall/winter men's, women's & boy's suits, career separates, sportswear, outerwear, dresses & more during our

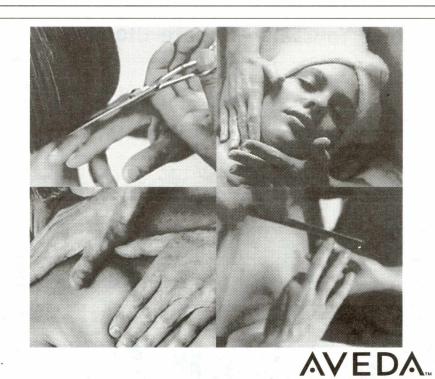
Semi-Annual Clearance

Starting Today!



Fine Apparel & Accessories for Men, Women & Boys

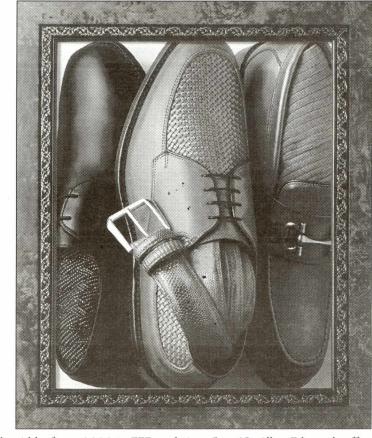
Located at 141 W. Main • Downtown Barrington (847) 381-6616 • MON-WED & FRI 9:30-6 THU 9:30-8 SAT 9:30-5





123 W Northwest Hwy Corner Routes 14 & 59 Barrington, Illinois www.benesalon.com

847-381-2160 Tue-Thursday 9:00-8 Wednesday 9:00-5 Friday 9:00-6 Saturday 8:30-4



With widths from AAAA to EEE and sizes 5 to 18, Allen Edmonds offers the most extensive range of sizes in the world and it allows us to fit most any foot. Allen Edmonds men's shoes are available at Chuck Hines on Main Street in downtown Barrington.

Letter to the Editor



Two BACOA seniors thank Hager's for donating poinsettias: (from left) Sherry Mummert from Hager's Country Market, Dorothy Pietsch and Noreen Lavine.

was held Monday, Dec. 15, at Langendorf Park. The lunch was provided by Maravela's of Fox Lake and was served by BACOA's staff and volunteers.

The entertainment was provided by the Prairie Middle School students directed by Pam Hanley and by Second Wind (Doug new year! Saylor and Joyce Palmquist).

Our thanks to Hager's Country Market, Inc., who once again donated poinsettia plants for each senior to take home.

AARP Income Tax Assistance

Inc., is once again participating in the AARP Income Tax Assistance Program.

A trained AARP volunteer will assist seniors with their taxes on Wednesday mornings from Feb. 4 to April 1 by appointment only.

Appointments are from 9:00 to 11:40

BACOA's Annual Christmas Luncheon Thanks also to Kitty Walter for donating gift certificates.

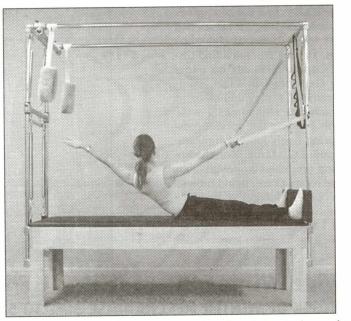
> The BACOA staff including myself, Joyce Palmquist, Lorraine Kunetka, Penny LeNeveu, Sue McNamara, Joanne Sullivan and Diane Vos Hansen wish you all a very happy holiday season and a wonderful

> > Sincerely, Linda Avellon Program Coordinator

The Barrington Area Council on Aging, a.m. at the BACOA office in the lower level of the Village Hall, 200 South Hough Street, Suite 001, in Barrington. Appointments fill quickly, so please call as early as possible to schedule your appointment.

For more information or to schedule your appointment, please call 1-847-381-5030.

Studio Pilates Now Offers Yoga Classes



Mind and body come together for maximum fitness at Studio Pilates, the refreshing exercise studio that uses principles based on the techniques developed by legendary fitness trainer Joseph Pilates in body while also challenging it. Many of the 1920s.

Different from any other exercise program, Pilates is a safe, sensible system that helps you look and feel your very best, no matter what your age or condition.

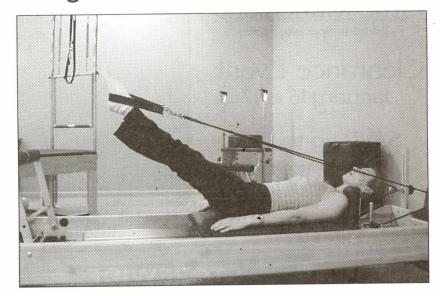
Private sessions as well as group equipment and mat classes are offered at Studio Pilates where experienced staff help you focus on building strength without "bulking up"; increasing flexibility and agility; developing optimal core control;

creating flat abdominal muscles, slender thighs and a strong back. We also promise a refreshing mind-body workout. No other exercise system is so gentle to your the exercises are performed in reclining or sitting positions, and most are low impact and partially weight bearing. Yoga classes are also available.

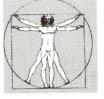
Studio Pilates offers a convenient, warm, relaxing environment designed to maximize your Pilates experience.

Studio Pilates is located in downtown Crystal Lake at 46 Brink St. Call 815-455-4900 or visit www.studiopilates.net.

Yoga Classes Now Available



"It is the mind itself which builds the body." -Joseph Pilates



STUDIO PILATES CENTRE OF BALANCE

An innovative, refreshing mind-body exercise studio 46 Brink Street • Downtown Crystal Lake • 815-455-4900

www.studiopilates.net

Art Never Takes a Holiday

Christmas may be over, but art never takes a holiday at Woodland Art Gallery. And that's good, because nothing warms the heart and soul on a wintry day than a limited-edition print from the outstanding collection of works by today's most collectable artists. Whether you prefer something cozy and quaint from Thomas Kinkade or Terry Redlin, the beauty and color of Pino or Don Hatfield, or the world of nature from Robert Bateman or Carl Brenders, Woodland Art Gallery has exactly what you're looking for in its vast selection.

If a dog is man's best friend, then this 2003 release from Robert Bateman will immediately tug your leash. In Screened Porch-Black Lab, the family dog looks through the screened door and waits obediently and patiently to be let into the house. This signed and numbered limitededition print is available museum mounted, custom matted and framed.

From his popular songbird collection, Woodland Art Gallery is pleased to offer Scarlet Tanager and Alder Blossoms by Robert Bateman. Captured with the artist's paintbrush, the colorful bird is a beautiful



Scarlet Tanager and Alder Blossoms by Robert Bateman

Gromme, John Seerey-Lester, Nita Engle, Jeanne Bonine, Bev Doolittle, Terry Issac, Peter Ellenshaw, David Maass, David Armstrong, Bradley J. Parrish, Arleta Pech, Michael Young, Dean Morrissey and Chet Reneson. Repligraphs by van Gogh, da Vinci, Monet, Rembrandt, Cézanne, Remington and other masters are also available

Lotton Studios art glass vases, perfume bottles and paperweights are featured at-Woodland Art Gallery too. These highly collectable signed and dated works, magnificently colored and world-famous for their distinctive style, are a natural complement to the gallery's limited-edition prints, serigraphs and giclées.

Located at 71-B East Woodstock Street example of Bateman's ability to capture in downtown Crystal Lake, Woodland fleeting moments in nature. The gallery also features many sold out works by Art Gallery and Frame Shoppe is open Monday to Friday, 9 a.m. to 5 p.m., and Robert Bateman. Other featured artists at the gallery Saturday, 9 a.m. to 3 p.m. For more infor include Greg Olsen, Jim Daley, Owen mation, call 815-459-0460.

New Releases • Limited Edition Prints Art Glass • Repligraphs • Custom Framing Museum Mounting

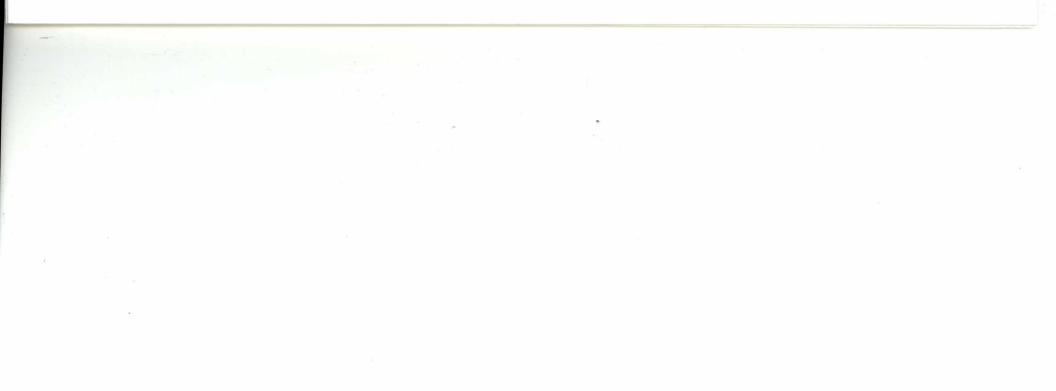


Screened Porch – Black Lab by Robert Bateman Limited Edition. Signed and numbered.

WOODLAND ART GALLERY and Frame Shoppe

Est. 1980 • 71-B East Woodstock Street, Downtown Crystal Lake • (815) 459-0460

Monday-Friday 9-5; Saturday 9-3





WINTER BLOWOUT Starts January 2nd, 10:00am Sharp! **ALL Winter Merchandise** 30% to 50% OFF SSEME LAKE ZURICH (Jewel Shopping Center) 847.438.6789

Joette S. Doran & Associates, P.C.

Mon-Fri 10-6, Sat 10-5, Sun 12-5

Practice Concentrated in Employment Law

- DISCRIMINATION CLAIMS: EMPLOYMENT CONTRACTS: Title VII Claims Gender, Hostile Work Environment, Sexual Harassment, Race, Religion,
 - Severance Agreements • Non-Compete Agreements

Policies and Manuals

- & National Origin
- Age Discrimination
- Disability

Call for an Appointment

847-490-5309

2300 N. Barrington Rd., Suite 400 Hoffman Estates, IL VISIT OUR WEB SITE AT WWW.JOETTEDORAN.COM

Protecting Your Legal Rights—Restrictions on Employment: Noncompete Agreements by Joette S. Doran, J.D.

Generally, a noncompete agreement provides certain restrictions on competing against an employer based on a certain time period and geographical area. In order to be an enforceable noncompete agreement, courts generally find that the restrictions must be narrowly drafted to reasonably protect the legitimate business concerns of the employer. Various factors are considered in determining whether the company has a legitimate business concern in restricting employment. These



Happy New Year from Little Munchkins!

January is the time to find the best values on fall and winter clothing for babies and kids. Join us for our annual clearance event on Jan. 16 and 17. You'll find discount prices up to 75% off on name brands like Geo-Rags, E. Land, Flapdoodles, Hartstrings, Malley and more.

Little Munchkins also carries a wide variety of crib bedding and room accessories. Featuring finely crafted furniture by Ragazzi and E.G., Little Munchkins has everything you need to design your child's unique room. Come in and browse through our wide selection of bedding and furniture catalogs.

Please call 1-847-381-3960 for more information. We'll be happy to answer your questions.



Storewide Winter Blowout!!! ENTIRE STOCK OF WINTER MERCHANDISE 30% TO 50% OFF Begins Friday, Jan. 2 @ 10:00 a.m.

Everyone who shops Assemble' knows brights-pants-with ribbon belts and terabout our SALES-nothing is held back. Come take advantage of us! Winter is not over, ya know! We're making room for our vacationwear, BIG TIME.

Speaking of which, resort is sweet and sassy this year. Confectionery colors with lots of trimming: ribbons and bows, polka dots and pleats... guaranteed to lift your mood in sherbert corals, pinks, limes and lemons-beats taking a pill!

Our daily deliveries call for your daily visits. As you know, our collections move out of here as fast as Assemble' gets them in! Here's a sampling for you:

• Sweaters-reversible, ribbon trims, sheer sleeves, lace fronts, off shoulder, Oriental hoodys, polka dots and fringes

• Tees & tops-lace-bows-stripesbeads-flower pins-flower sequinspuckers-cut-outs...

• Pants-cargos-short and long with lots of pockets-capris-in linens-silks -cottons-fringed & cuffed-in happy

rific tweeds

• Shorts-they're back (thanks to your requests) in living color! Short & sweet -contour waists-great fit

• Skirts-big this season and above your knees-with pleats-bows-patched -in whimsical retro prints and mood altering brights

• Jeans & Denims-Pucci embroidered -pinks and pistachio washes-super jackets with citrus colored suede ties and trims

• Dresses-short with ruffles-"holes" and lots more surprises

This is a smattering of what's arriving daily at Assemble'. Don't forget to let us know your wants and wishes-we'll call you first! Assemble' lets your personality shine through, and we love helping you do it! We will always endeavor to provide our one-of-a-kind customers with one-ofa-kind clothing.

See ya soon!



ployee's skills and knowledge of the company's business; and the type of position held by the employee. Courts analyze each restrictive covenant and employment relationship independently to determine whether the restrictive covenant is enforceable. In doing so, courts generally find those executive employees who have had significant responsibilities and exposure to the employer's business information and customers are subject to broader restrictions.

Typically, there are two times in an employment relationship when an employee in a highly competitive industry will be faced with a restrictive covenant; (1) at the job offer stage as a term of an employment agreement; and (2) at the end of the relationship as part of a severance agreement. In both cases, the employer at-

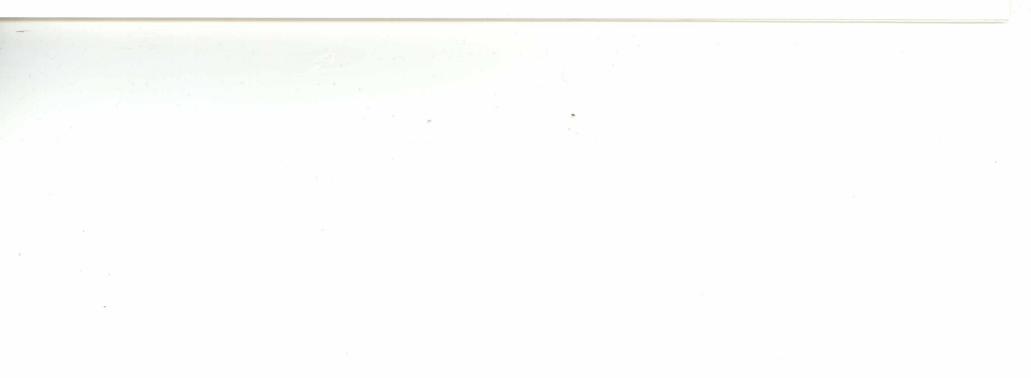
sis of the terms of agreement is required at both stages of the relationship since such agreements may be enforceable if properly drafted. Accordingly, because a covenant not to compete provision in an employment or release agreement can potentially restrict future employment and require the payment of money damages, you should carefully consider the terms with legal counsel before signing the agreement. For additional employment information, please visit our Web site at www.joettedoran.com.

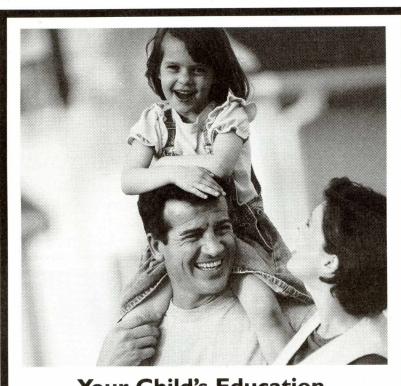
This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own situation.

Ms. Doran is licensed in Illinois and all Illinois federal courts and is a member of the Federal Trial Bar. She is the past-chairtempts to offer something of value, usuperson of the Employment Law Committee ally compensation, in exchange for the for the Northwest Suburban Bar Associarestriction on the employee from compet- tion and is the past-president of Barring ing against the company. A careful analy- ton Area Professional Women.

factors include: a detailed analysis of the with its clientele; where the company and employer's business and its relationship the employee performed work; the em-







Your Child's Education. **A Secure Retirement. Protecting Your Estate.**

We all face issues like these. Sometimes the solutions can be elusive — but they don't have to be. The key to long-term investment success is having a plan to help get you there. Whether it's estate, retirement, or college education planning — our financial consultants can help you create a plan based on your unique needs. Give us a call. We can help make your tomorrows financially secure.



Member SIPC • 2003 A.G. Edwards & Sons, Inc.

Deadline!

The deadline for the February Issue is Thursday, January 15.

Please send your press release/advertising materials to:

Editor Lifestyles Magazines P.O. Box 293 Crystal Lake, IL 60039-0293

or call: (815) 459-4820



Get the New Year Off to a Good Start With a Financial Refresher Course

Every new year, we make promises and lists of goals that we're hoping to achieve in the coming year. One common goal that may seem tough, but can be quite at-* tainable, is getting your finances in order. If you are building a brand new financial plan or getting your derailed plan back on track, you'll need to start with some time-tested strategies that investors have followed for decades. Let's take a look at some of the basics:

• Don't sacrifice your goals .- These days, one thing that's painfully obvious is that many investors have less money to invest. The bear market in stocks has affected just about everyone, but you shouldn't fall into the trap of thinking that saving is futile. Investing for the future may be the only way you'll be able to enjoy a financially secure retirement or pay for your child or grandchild's education. The market's recent performance isn't an indication that you can't achieve your goals. It simply means you'll need to stay focused.

• Use tax-advantaged savings vehicles.—When it comes to increasing the amount you save, you need to make sure you're contributing as much as possible to tax-advantaged savings vehicles. Even though recent legislation lowered many tax rates, income taxes still reduce the return from your investments. However, traditional IRAs and employer-sponsored retirement plans still let you defer taxes until retirement. Furthermore, Roth IRAs, Education Savings Accounts (ESAs) and 529 plans offer the potential for tax-free growth.

Even if you've been discouraged by the recent market volatility, when it comes to participating in your employer's retirement plan, regardless of what type of plan it is, you shouldn't be tempted to stop or lower the amount you contribute for your retirement. Some participants have reallocated their employer-sponsored balances toward lower potential return asset classes, such as cash or bonds. Treat your employer-sponsored retirement plan as an integral part of your overall asset allocation and investment plan and review it along with your other holdings to ensure it's still appropriate given your situation and current market conditions.

Citizens for Conservation to Hold Annual Meeting Feb. 10

annual meeting, "33 Years of Mud, Sweat and Tears-and Thriving," on Tuesday, Feb. 10, at the Barrington Area Library, 505 N. Northwest Highway. The famous Citizens for Conservation refreshments will be served beginning at 6:30.p.m., and the servation Award and the Great Blue Heron meeting will start at 7:00 p.m.

rever director of Barnswallow. A Wild presented as well.

Perhaps it's time to revisit dividendpaying stocks or other rising income alternatives for the equity portion of your retirement plan balance. And it may be time to trim your exposure to long-term fixed income securities, which might be vulnerable to loss in value due to higher interest rates that could be on the horizon. • Take a disciplined approach to savings .- When it comes to investing, discipline may be the key to a successful plan. Rather than spending your money and trying to save what's left over, you should save first and then limit your spending to the remaining amount. One of the best ways to do so is to save the same amount on a regular basis, be it each week or month. For example, you can decide to save a specific amount out of each

paycheck. Reinvesting dividends instead of spending them is another strategy for increasing your savings in your taxable accounts. Because dividends are paid on a quarterly basis and the amounts are generally stable, reinvesting them is yet another way to systematically help increase your savings. In addition, with the passage of the 2003 tax relief act, dividends on common stocks of most U.S. and foreign companies are now taxed at a lower 15 percent tax rate (taxpayers in the 10 percent and 15 percent ordinary income tax brackets have a 5 percent tax rate) making this strategy more attractive than ever.

• Get going today.—While investing may have seemed easier a few years ago, it is still possible to make your money work for you. Unfortunately, what foiled many investors was the mistaken belief that the good times would never end and that something as basic as an investment plan could be put on the shelf.

By starting today and following the strategies outlined here and others your financial consultant may recommend, you can start the new year on the right foot financially

Get a plan. Call an A.G. Edwards financial consultant today. Please call 1-847-842-9664 for our Barrington office or 1-847-870-8750 for our Arlington Heights office

A.G. Edwards & Sons, Inc., Member SIPC

Citizens for Conservation will hold its rescued live birds will be titled "Raptors in Your Back Yard." Among the birds she will bring is Savanna, a young red-tailed hawk she rescued in Flint Creek Savanna last summer.

Recipients of the William H. Miller Con-Award will be announced, and several The featured speaker will be Linda special CFC Thank You awards will be



8 Barrington LIFESTYLES January 2004

RSVP at 1-847-382-SAVE (7283). Bird Concern. Her presentation featuring



Resort Tootsies

We have so much great resort merchandise, you will think you're already there!

Eric Javits leads the way with Squishee® hats and totes that pack and travel so well. The latest in eyewear from Donald J. Pliner and Tommy Bahama totes and bags help you look like a native from your favorite destination.

We have received new shipments of beautiful shoes and sandals in every style and color conceivable from all of your favorite brands like Donald J. Pliner, Stuart Weitzman, Anne Klein New York, Cole Haan and many more than we can mention.

So cruise on over to Tootsies!

Fresh Looks for Winter Escapes at Peter Daniel

As we wind down from the holidays, a winter vacation sounds pretty inviting. January brings wonderful vacation escapes to warmer climates or mountain ski resorts. For those of you who love the ski slopes, we have just the apparel for all of you.

The North Face has the ultimate in insulated and windproof jackets for men, women and children. For those of us who prefer a warm weather retreat, our resort and cruise wear is arriving daily. Colors are bright and fun, and look for polka-dots to turn up everywhere in every color.

Our fabulous clearance sale is now in progress-great buys and great clothes!

All of us at Peter Daniel wish our loyal customers and dear friends a happy, healthy and prosperous new year.



ERICJAVITS



Care 2 Share Volunteers Needed to Assist Seniors in the Barrington Area

The Care 2 Share friendly visitor program iting seniors and provide friendship and is a volunteer program sponsored by the companionship. Short orientations are Barrington Area Council on Aging.

Volunteers are needed to provide comarea. They should be willing to commit 847-381-5030.

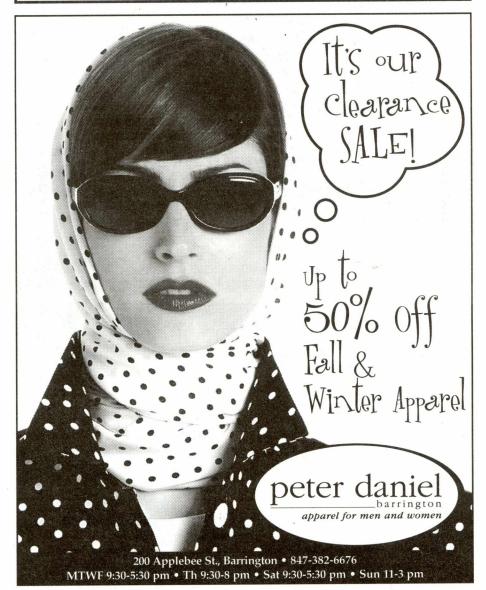
held for new volunteers.

For more information, please call Bonpanionship to seniors in the Barrington nie Scherkenbach in Social Services at 1-



up to 50% off BOOTS SHOES ACCESSORIES

SELECTED STYLES ONLY ICE HOUSE MALL DOWNTOWN BARRINGTON 847-277-9596



Garden Club of Lake Zurich **Upcoming Events**

The next meeting of the Garden Club of Lake Zurich will be held Jan. 6 at 7:30 p.m. at the Foglia YMCA on Old McHenry Road.

The program "Medicine Wheel (Native American Gardens)" will be presented by Judi Ann Dore. Come exchange gardening notes!

The club meets the first Tuesday of every month. For more information, call 1-847-382-2621 or 1-847-438-0860.

The Garden Club of Lake Zurich is a member of both The Garden Clubs of Illinois, Inc., and the National Garden Clubs,

Future Meetings & Activities

• Feb. 3-Round Table Discussion, Gardening Q & A

• March 2—"Vegetable Gardens from Plant Selection to Harvest" by Glenn Grosch

• April 6—"Beyond Impatiens and Petunias" by Sharon Yiesla

• May 4-"Butterfly Gardens" by Dr. Rex Bastian

• May 8-Plant Sale, 8 a.m. to noon at Ela Library, S. Old Rand Road

• June 1-"Will the Real Easter Bunny Please Stand Up?" by Judy Keslik, Basket

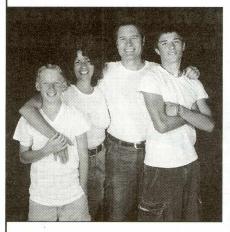
approximately one hour per week to vis-

Inc.

Weaving

<section-header><section-header> **※本袋本关*袋本关本袋本关*袋本关*袋本关*袋本关*袋本关***袋**本关***

		22 S. Evergreen
MTWFS TH SUN	10-5	Downtown Arlington Heights
TH	10-8	
SUN	12-4	847 255-1300



CLASSIC Black and White Quick CLIX January 16 & 17 \$52

Includes photo session of 3 quick shots and your choice of one 5 x 7 print from the session





33 N. Williams Downtown Crystal Lake

815.455.1092 www.clixvilleusa.com

Brrrrr... at Shari's Furs, Leathers & Shearlings We've Got You Covered!

Shari would like to take this opportunity to thank our wonderful customers for their loyal support and for telling their family and friends of our wonderful, unique store, making it such a successful season. Thank you all!

Shari's Furs, Leathers & Shearlings offers a full range of furs, full lengths, strollers, jackets (either zip or button) available in mink, sheared mink, sheared beaver and lightweight shearling. A variety of colors dazzles the eye. And we have a size just for you.

Shari's expanded accessories include leather, chenille and shearling gloves. See the fabulous array of highly-styled, warm fur hats that have been added to our very popular headbands and earmuffs.

Gentlemen, you have not been overlooked. This year at Shari's, there is a tremendous selection of leather and shearling jackets for you to choose from, small to XXXL.

We are thrilled that our expanded resale racks have caused so much excitement and great response. There are over 300 garments available for your consideration. There is now an affordable fur for everyone

Enjoy large discounts on our entire inventory during our Winter Clearance

Green Thumbs to Meet Jan. 19

Green Thumbs of Barrington Garden Club and their guests will gather at the Barrington Area Library at 12:30 p.m. for a virtual trip through the "Palaces and Gardens of Old St. Petersburg." The tour guide for this grand adventure will be Adele Kleine, a master gardener, who will provide this journey via a slide show and lecture.

Ms. Kleine presents this program in celebration of the 300th anniversary of the founding of the city of St. Petersburg. Members of the Club will be treated to a walk through the gardens of Peter the

Got Memories?

Are you overloaded with stacks of snapshots, mementos and favorite trinkets everywhere? Do they need to be organized, protected, enhanced or displayed better? Thank heaven you're reading this ad! You're just in time, because CLIX photographs & savables is a store for memories, and we'd love to share our knowledge and snappy ideas with you.

CLIX is stocked with hundreds of unusual frames, archival boxes and albums. There are hundreds of styles and sizes, modern or traditional, masculine or feminine. We can help find the best way to sort, store and document your favorite things. It can be a simple system of labeled boxes or an elaborate series of albums /scrapbooks and a few framed pieces. You decide what will suit your family best. We love to help you resolve memorabilia dilemmas. It's what we do at CLIX.

And while you're at it, what about recording your memories? Do you think your baby will be toddling forever? That 455-1092 and make an appointment today. your teenager will always have purple (And we mean today. No kidding. This hair? That you will always look this svelte sells out fast!)



Sale

Traditional or very high-fashioned, at Shari's, there is definitely something for you

Shari's Furs, Leathers & Shearlings is located at 22 South Evergreen in downtown Arlington Heights. 1-847-255-1300. Have a happy and healthy 2004!

On Monday, Jan. 19, members of the Great and other czars on a visit to their summer palaces.

> In addition to being a master gardener, Adele Kleine has taught floral design at the Chicago Botanic Gardens. She is also a landscape and garden consultant and a contributing writer to Chicagoland Gardening Magazine.

The Green Thumbs Garden Club meets on the third Monday of each month from September through June. Visitors and guests are welcome, and new members may join throughout the year. For information, please call Carol at 1-847-526-1118.

and stylish? Get a grip! Time is flying by. If you don't get a portrait now, you won't have the proof later. Stop worrying, friends. CLIX has your answer: the fast and friendly solution to your photo problem with a price that's too good to miss.

Classic Black and White Quick CLIX Jan. 16 & 17

\$52 includes photo session of three quick shots and your choice of one 5" x 7" print from the session

It's our way to ensure that our clients keep their photo records up to date. Try it. We guarantee you'll never have an easier portrait session (and dads and kids especially love it). Maybe this is the time to get the shot of your kids with Dad, your favorite aunt with her kitty, or you with your sisters. These memories often go unrecorded, but aren't they the ones you treasure the most and aren't they worth the price? Of course they are! So call CLIX at 815-

What's Happening at Starr Couture

Don't miss the savings of the finest European Fashions and accessories not found in other stores at 50% to 70% off. We offer these savings only twice a year, now and in July. Check out our \$49.00 and under items regularly priced up to \$500.00. This is the only time we bring all the merchandise out on the racks.

If you are planning a wedding, call us about our Mother of the Bride and Groom dresses.

We look forward to seeing you at our sale. -Starr

Starr Kondos, Owner

Premier Wedding Professionals Combine Talents for "Chicago's Magnificent Bride" Show

For the 13th year, Chicagoland's premier wedding professionals will combine forces to create "Chicago's Magnificent Bride". The lavish bridal-planning seminar and fashion show will showcase the finest wedding service providers available in Chicago. Sponsored by Stuart-Rodgers Photography in Chicago, the show will be held Sunday, Feb. 29, at The Drake Hotel Chicago, 505 N. Michigan Ave.

From 1:00 to 3:45 p.m., guests are invited to view the three complete "price is no object" mock wedding setups and discuss their wedding plans with vendors displaying the most exclusive bridal services. Throughout the day, champagne and hors d'oeuvres will be served among the lush flowers, ice sculptures, covered tables and Old World charm of the hotel. At 3:45 p.m., guests will be invited to

(Please continue on page 42)

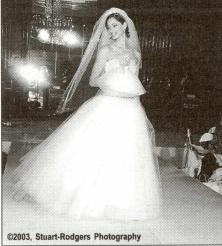
Honesty Continued...

Last month, I discussed the need for accuracy and truth in the marketing of new technologies. This time, I want to briefly discuss the truth about surgery.

There is a need for more accuracy and truth in the marketing of plastic surgical procedures and technologies. We've all seen or heard the catch phrases: lunchtime facelift, minilift, no incisions, minimally invasive, etc. While these phrases may describe some legitimate procedures, the results are often exaggerated and presented as equivalent to more invasive procedures. What person wouldn't want the results of a facelift from a small procedure performed over lunchtime with no downtime? For that matter, what surgeon wouldn't love to give patients those kinds of results?

The truth is that a simple solution just isn't always possible. In general, small procedures give small results, and big procedures give big results. Not all physicians are trained and qualified to perform big procedures. Many physicians today offer a limited repertoire of smaller procedures that they can comfortably and safely perform. While these smaller, lessinvasive procedures may offer improvement, they do not always yield the results desired by the patient.

The dilemma is frustrating. The physician/patient consultations should include



"Chicago's Magnificent Bride," the lavish bridal-planning seminar and fashion show, will showcase the finest wedding service providers available in Chicago.

by Gary S. Churchill, MD



Gary Churchill, MD

should be made after examining all the possibilities, invasive and noninvasive surgery options. I suggest consulting a specialist who is capable of performing all levels of procedures, from the simplest to the most complex surgery. That way, a person can choose the procedure that best fits their objectives within their time and financial constraints.

As for a true specialist who can perform a full range of procedures, we are excited to welcome Stacie McClane, MD, to our practice. She is a facial plastic surgeon and will be working out of The Center. for Facial Plastic Surgery starting this month. Her current practice is split between downtown Chicago and Rockford. She will be phasing out her Rockford location while establishing herself in Barrington. We are looking forward to her expertise and superb abilities to further enhance our reputation for excellence.

an honest discussion on what the patient Please call us at The Center for Facial is willing to endure in order to achieve Plastic Surgery, 1-847-304-1000, if you have any questions regarding facial plasthe surgical results he or she wants. The decision to undergo a cosmetic procedure tic surgery.



Your Opportunity to save on the finest European Fashions and accessories. +

111 N. Cook Street Barrington e-mail: starrcouture@juno.com

After Christmas Clearance!

50% to 70% Off

CHICAGO'S MAGNIFICENT BRIDE

on the Magnificent Mile SUNDAY, FEBRUARY 29, 2004 1:00 - 5:00 P.M. The Drake Hotel Chicago 140 East Walton Place Tickets \$40 each (or 2 for \$70)

Ultimate Bride 👪 Mira Couturier Champagne, Hors d'oeuvres, Dessert and over 40 Vendor Displays

For ticket information call STUART-RODGERS PHOTOGRAPHY 312-787-8696 OR 847-864-7322

> GARY S. CHURCHILL, MD Specializing in cosmetic and reconstructive surgery of the face and neck.

Board-Certified by the American Board of Facial Plastic Surgery

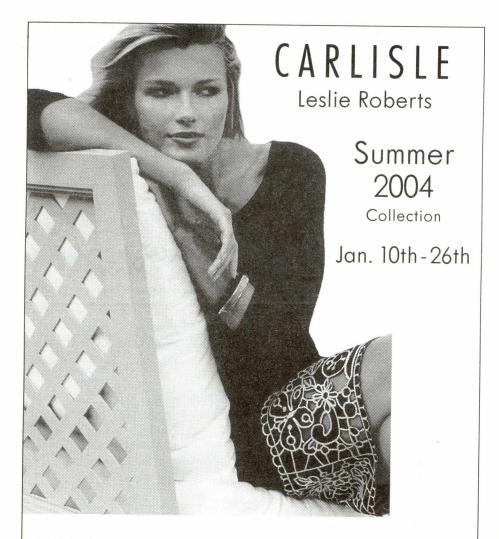
Accredited by



The Center for Facial Plastic Surgery

515 W. Old Northwest Highway Barrington, IL 60010

847-304-1000



Call Leslie Roberts for an appointment to see the Spring and Summer Carlisle Collections 847.381.4959



park close

Franklin Covey Noodles & Company

Nextel

find fashion

Aldo Charmed White House/Black Market

experience beauty

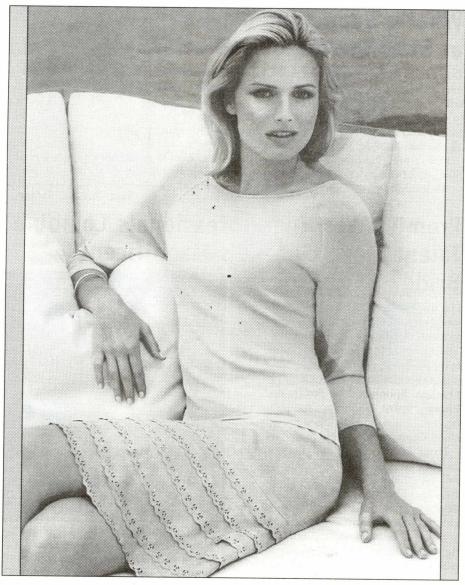
Barnes & Noble Nordic Track General Nutrition Center

> Over 65 stores and restaurants



shopping to fit your lifestyle!

Rand Rd. (Rt. 12) 847-726-7755 www.deerparktowncenter.tv



More Great Shopping at Deer Park Town Center: Aldo, Charmed and Nextel

On your next trip to Deer Park Town vious location in Palatine on Northwest Center, you will notice a few more stores to entice you. Three new stores opened just before the holidays. Aldo, Charmed and Nextel Communications have brought the latest in shoes, unique gifts, and cell phone services and accessories to Deer Park Town Center.

Find the latest in fashion footwear, as well as leather goods and accessories, at Aldo. Aldo provides high quality and cutting-edge trends at affordable prices. Magazines including Glamour, Lucky and Cosmopolitan have showcased Aldo shoes. Currently, Aldo operates over 600 retail stores across Canada, the United States and the United Kingdom.

Charmed is a boutique offering many unique gifts and items including fun and creative cards, invitations, children's books and toys, clothing, purses, home accents, jewelry, and much more. Charmed's most popular items are their Zoppini Italian Charm Bracelets and their wide variety of Zoppini Italian Charms including soccer balls, shoes, letters, flags and wine bottles to name a few. Charmed relocated to Deer Park Town Center from its pre-

Lunch and a Movie

The Barrington Area Council on Aging, Inc., and the Barrington Park District will have Lunch and a Movie at Langendorf park on Wednesday, Jan. 21.

Highway.

Nextel Communications offers you the latest in wireless communications services and accessories. Nextel is the leading provider of fully integrated wireless communication services and have built the largest guaranteed all-digital wireless network in the country. Enjoy a four-in-one service with Nextel including: Nextel Digital Cellular, Direct Connect, Nextel Mobile .Messaging and Nextel Online.

Deer Park Town Center is located off Rand Road (Route 12), just one mile north of Lake Cook Road. The center features more than 65 stores and restaurants including: Pottery Barn, J. Crew, Coldwater Creek and Williams-Sonoma. Shopping hours are Monday through Saturday, 10 a.m to 9 p.m., and Sunday from noon to 5 p.m. The "lifestyle center" blends convenient location, accessible parking, attractive architecture and caters to the needs of the modern shopper. For more information about the center including the store-wide gift card program, please call 1-847-726-7755.

by the movie The Big Easy. The movie will be shown on a large screen television. Bring a friend and enjoy an afternoon of movie magic. Popcorn will be provided.

Please call 1-847-381-5030 to register for lunch. The suggested donation for lunch

12 Barrington LIFESTYLES January 2004

Lunch will be served at noon followed is \$3 per person.

"Silk Scarves" Focus of Art Associates



Linny Freeman at Marshall Field's Trunk Show in Water Tower Place

Members Present Art Program sponsored by the Barrington Community Associates of the Art Institute of Chicago.

Linny Freeman, an artist and designer of silk fashion accessories for women, will present an illustrated lecture about her work and a hands-on demonstration of silk painting on Thursday, Jan. 22, at 1 p.m. at the Barrington Area Library, 505 N. Northwest Highway.

Linny Freeman is a textile artist and designer working exclusively on silk fabrics. Her business, known as Coale Design, offers a unique line of hand-painted silk fashion accessories for women. She uses brilliant dye colors and various resist techniques in order to achieve the exciting and dramatic designs for her work. She paints bold geometric and abstract patterns individually on each piece of silk. Her line includes a wide variety of silk scarves, wraps and shawls on many different types of fabrics.

Linny received a bachelor's in fine art degree in 1981 from Kendall College of Art and Design and from the Kansas City Art Institute in 1977. She was a free-lance artist and designer for multimedia presen- Arlene Martin at 1-847-381-2590.

"Silk Scarves" is the topic of the next tations in the Chicago area. Clients included CNA, McDonald's and Quaker Oats Co. She currently teaches silk painting and surface design classes at the Suburban Fine Arts Center in Highland Park. She also taught silk painting workshops for Stevenson High School during a special Art Odyssey Program.

> Her collection was featured in designer trunk shows at Marshall Field's and Nordstrom. This year, she participated in "Facets of Fiber," Barrington Area Arts Council: "Focus on the Arts," Highland Park High School; "Fine Art of Fiber," Chicago Botanic Gardens; and "Winter Arts and Crafts," Evanston Art Center.

> Linny Freeman says, "When a customer makes a purchase, they should want the item they purchased to be exciting to wear, to complement and show off their personality, to be something to talk about. My customers frequently tell me how happy they are to have found my scarves because it is so great to find original, wearable art.'

> There is no charge for this lecture. Guests are welcome, and reservations are not necessary. For further information, call

Wellness Place to Present Beauty Tips, Tasty Nutrition, "Warm Fuzzies" in January

ter doldrums in check by presenting beauty tips, a cooking class and a family "warm fuzzies" get together in January for people with cancer, their friends and caregivers. All programs are free at the cancer resource center located at 1617 W. Colonial Parkway, but registration is required by calling 1-847-221-2400.

Licensed cosmetologist and hairstylist Kathy Devyak and Judy Devyak will present "Look Good, Feel Better"® on Tuesday, Jan. 13, from 1:00 to 3:00 p.m. The relaxing afternoon for women in active cancer treatment will offer beauty techniques for coping with skin and nail changes and hair loss that result from chemotherapy. Free makeup kits will be provided for early registrants who provide a complexion type. The program is presented in cooperation with the American Cancer Society.

"Hands-On Nutrition: A Cooking Class"

Wellness Place in Palatine will keep win- and business partner Janet Lisinski of Pina's Culinary Experience in Roselle on Monday, Jan. 19, from 7:00 to 9:00 p.m. Chef Pina, a graduate of the Institute Notre Dame DeJoie in Brussels, Belgium, will present the hands-on cooking class to illustrate how to prepare nutritious and tasty meals that are gentle on the stomach.

"Warm Fuzzies" will be created by families during a fun night on Thursday, Jan. 15, from 6:00 to 7:30 p.m. All family members are invited to create a cozy fleece. blanket to chase away winter chills. Lori Mackey, Wellness Place art therapist, will coordinate blanket construction; supplies will be provided.

Wellness Place, a nonprofit organization incorporated in 1999, offers resources, support and education for people with cancer, their family and friends, and serves 60 communities in the Northwest Suburbs of Chicago, and parts of Lake, McHenry and Kane counties



will be presented by chef Pina Andreiw

HYPNOSIS

"The Pleasant Way to Change"

Sleep • Exercise • Eating Habits • Smoking Nail Biting • Stress • Fears • Anxiety • Depression Anger • Study • Memory • Motivation

Get In Control of Yourself! • REASONABLE RATES

Martin Nathan, M.A., LCPC Licensed Clinical Counselor • Certified Hynotherapist **ROLLING MEADOWS** at the Intersection of Euclid & Rt. 53

847-934-6555





favorite pose UNretouched



AFTER favorite pose retouched

The Best Professional Portrait you've ever had Guaranteed ... period.

Ten Years Younger?as you watch!

- Ten Pounds Lighter?no sweat!
- Instant Proofsperfect expression!

866 • GET • EPS • NOW FREE $(866 \cdot 438 \cdot 3776)$ Special Report the studio that comes to you! available at website

ExecutivePortraitSpecialists.com

Health-Related Scholarships

The Auxiliary of Good Shepherd Hospi- the institution and acceptance into a health tal again offers scholarships for students residing in the hospital service area who will attend school in Illinois and pursue an education in a health-related field.

The Good Shepherd Hospital service area includes the following zip codes: 60010, 60012, 60013, 60014, 60021, 60042, 60047, 60050, 60060, 60067, 60073, 60074, 60084, 60098, 60102, 60110; 60118, 60156 and 60195.

will be based on the number and qualifications of applicants. Current references, transcripts and proof of acceptance from ext. 5104.

care professional program are required. Applicants will be evaluated on the basis of attitude and desire toward education, leadership, citizenship, personality and financial need.

Applications must be postmarked or hand-delivered and filed with the Scholarship Committee no later than April 30. The recipients will be notified by early June. Applications will be available Feb. The number of scholarships awarded 1. For further information or to receive an application, call the volunteer office at Good Shepherd Hospital, 1-847-381-0123,

Hypnosis

Hypnosis is being used more than ever period of time than traditional counselinclude nicotine addiction, eating disorders, nail biting, anxiety and panic attacks, weight loss, depression, anger, pain, and sleep disorders. It is particularly helpful with stopping smoking.

I'm a licensed clinical professional counselor and have been in private practice for over 28 years. I see couples for marriage and relationship counseling, and individuals for a variety of issues. I am certified in the use of clinical hypnosis and have been using it in my practice for the past 27 years.

I use hypnosis most often with individuals in order to quickly change habit and behavior patterns that the client considers undesirable. Using hypnosis helps the please call 1-847-934-6555 for informachanges to take place in a much shorter .tion.

be fair...

but you ARE judged by the

first impression you make



Jared Silver Executive Portrait Specialists

Whether you're promoting your business, applying for a new job... just need to look your best. A clean, professional business/ publicity portrait is one of the smartest ways you can make a powerful, positive and lasting first impression!

With today's lifestyles-we all use visual shortcuts—simply to make it through each busy day

Professional marketers know this. In fact... they count on it. That's the reason you're bombarded with several thousand advertising messages each and every day via television, radio, magazines, mailers, the Internet, billboards... not to mention the tens of thousands of images that you encounter during a trip to the local supermarket.

Be honest now-when you're in a hurry do you really read all the nutritional information on the packages? Or, do you grab what "looks" good-"looks" familiar-"looks" nutritious (or at least not too harmful) and drop it into the cart? Many "buying decisions" are made within four seconds!

The same holds true

for the brand that is "you" For a professional business image, looking you're best is a 'snap' when you call **Executive Portrait Specialists**

Garden Club's New Officers for 2004

The South Barrington Garden Club has been celebrating their 10th year through all of 2003. The activities included the Flower and Garden Show in Chicago, inhouse business meetings with speakers like Kay Moats on "Gardens for All Seasons" and a fall foliage trip to Galena for a day.

The club meets on the first Thursday of each month. At the November meeting at the South Barrington Park District, the fol- the December luncheon at the Brass Reslowing members were elected to offices

by Martin A. Nathan, M.A., L.C.P.C.

for treatment of a variety of issues. These ing alone. The combination of short-term counseling with hypnosis saves both time and money.

If you think that you have an issue that may be treated by hypnotherapy, call and discuss your issue or issues with me. You will learn the approximate number of sessions, the cost per session and whether or not it's for you.

I am also a certified meditation instructor and teach six-week "Introduction to Meditation" classes on a regular basis. Meditation helps you to respond better to stressful situations, lowers blood pressure and generally makes you feel better. If you are interested in learning how to meditate or wish to restart your meditation practice.

your eyes, whiten your smile ... they'll even place a single strand of hair-just right.

EPS associates have a minimum of 18 years experience in commercial photography. You've likely seen their work in print advertisements for companies like AT&T, Coca-Cola, Baxter Health Care, Federal Express, Kraft Foods, Motorola, Kitchens of Sara Lee, Sportcraft and more.

Get the same results enjoyed by

top celebrities and Hollywood stars! It's NOT about vanity-it's about looking your best. An EPS photo session at your location is surprisingly FUN, AFFORD-ABLE, and... you're GUARANTEED a photo you like!

"I have an unbelievably busy schedule. Talk about outstanding service ... within 20 minutes I had a great new publicity photo... fully retouched ... they even burned a CD I could use right away!

-Robert G. Allen New York Times best selling author

"I never felt pressured to "settle" for a pose that I wasn't completely happy with ... I got the professional look that I needed... the whole process—from start to final retouch -took less then 30 minutes... an amazing experience!'

-Dr. Sandra Timmermann, Director, **Mature Market Institute**

If you're a professional ... you need a professional photo to make a powerful and lasting first impression!

For more information you can call EPS at 1-847-304-4613 or visit-

They'll smooth your skin, brighten www.ExecutivePortraitSpecialists.com.

• President-Diane Maxwell

• First Vice President-Shirley Vandlik

• Second Vice President-Anita Beirbaum

• Recording Secretary—Joanie Walters Corresponding Secretary—Stella Willmott

• Treasurer-Lisa Kolodziei

• Assistant Treasurer-Dawn Heinz

These new officers were presented at taurant & Brewery in South Barringt

14 Barrington LIFESTYLES January 2004

for the year 2004:

Chers Amis...

Bienvenue into year 2004!

My recommendation for January, to avoid the winter blues, is for you to check out our Web site on a regular basis and find out all the opportunities D & J Bistro presents.

On Sunday, Jan. 18, Diane Kostik will introduce "Normandy and Brittany" through slides and narration, followed by a three-course regional dinner in our Provence Room. It is always well attended. It will start at 5:00 p.m. and end around 7:30 p.m. This is the type of function, fun, educational, congenial that makes **D & J** what it is.

La Blanquette de Veau, braised veal on pasta in a white wine/mushroom sauce. This is the type of food that makes one happy, like "upscale comfort food."

Keep in mind also that our bar and lounge invites you to nibble on appetizers, some standard, others unusual. There is always something interesting. Ask John, the bar manager, Rocky, his assistant, or any of us. I guarantee you will leave a happy person. And be it known that we serve a good drink, a 6 oz. glass of wine -no skimping at D & J Bistro.

Have a healthy year. We appreciate your business.

124 J. Manne Drive, Walnut Park, Cultonia 9125

-Dominique

6.81

A Beautiful Beginning

The "true bistro dish" of the month is

The excitement of the holidays is dimming. You've got your ring and now it's time to get down to the business of planning your wedding. First stop-the Little Shop of Papers-to look through their extensive library of custom wedding invitation books and save-the-date books. There's something to please every couple (and their new in-laws)!

Let their experienced staff guide you on the proper wording and style to fit your special day. And every bride who places a wedding invitation order, receives 50 personalized thank-you notes.

No detail of a wedding is overlooked ... programs, menus, place cards, save-the-date cards, napkins. Little Shop of Papers can take care of it all, and get your wedding off to a beautiful beginning.

January Sale at Satin Filly

Here we go! I can't believe it's 2004! The older I get, the faster time goes. It's a reminder to me to laugh a lot, love my family and my friends, enjoy my life, work hard (it's fun for me too) and stay focused on the important things. I like my simple life, and it's unlike the one depicted on television. Don't get me started!

I want to send a hearty "Thank You" to all of you who shop with us at Satin Filly. I know you all have your favorite face, be it Francie, Colleen, Susan, Molly, Sandi, me or Cassie, my dog! We all have such good days with you, lots of fun! I have customers that have been with me for the entire 26 years! Wow! That's a lot of clothes, a lot of "gab" and so many great moments! I love this business. I know you know. Girls are great!

Do you remember our last Midnight Madness Sale? We were leaving The Commons for The Foundry. We had a big sale, we wore our pajamas and stayed open quite late (for me anyway). We sold lots of clothes and had lots of fun doing it! So I thought we'd do it again. All the fall and winter clothes and accessories will be on sale by Friday, Jan. 9. However, if you'll come between 8 p.m. and midnight wearing your pajamas, you'll receive an additional 10% discount on the door! Let's all try to be as healthy and your already reduced purchases! We will happy and count our blessings in our have refreshments too. There are some new year.



great pieces left from our fall and winter collections, including Yansi and LaFayette 148. Please come!

Mark your calendars on January 20 to the 24th—it's our spring LaFayette 148 Trunk Show. The clothes are beautiful and wearable, as usual.

In closing, "Thank You" again for your patronage and smiles as you come through



S.E. corner of Routes 12 & 22 • Lake Zurich 847-438-8001

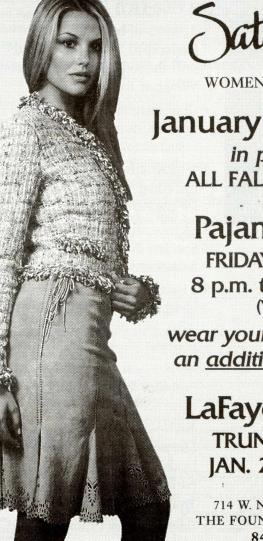
Get a head start on next year's Holiday at 40% OFF!



Ornaments, cards, invitations, wrap, ribbon and decorative accessories

are all on sale, starting December 26th at 9:30 am! So, come in and start stocking up now for next year!

Little Shop of Papers, Ltd. 740 W. Northwest Hwy. / The Foundry • Barrington • (847) 382-7733



Satin Filly

WOMEN'S CLOTHING

January Clearance in progress **ALL FALL & WINTER**

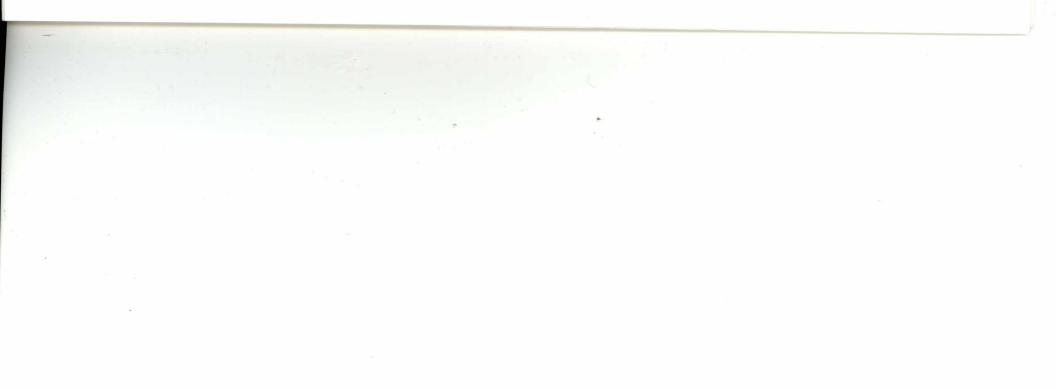
> Pajama Party FRIDAY, JAN. 9th 8 p.m. till Midnight (Yawn!)

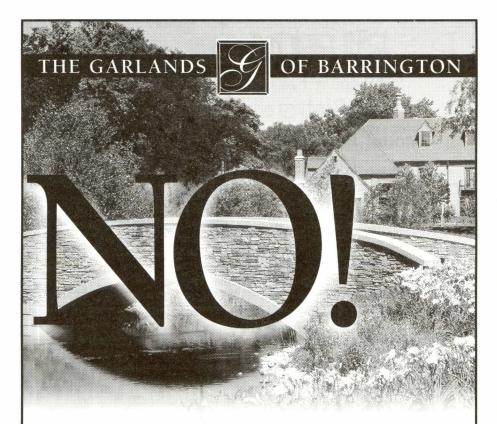
wear your PJs & receive an additional 10% OFF

LaFayette 148 **TRUNK SHOW JAN. 20th-24th**

714 W. NORTHWEST HWY. THE FOUNDRY • BARRINGTON 847.381.1019

-Karen





No Maintenance. No Housekeeping. No Lawn Care. Most of All—No Compromising.



"CHOOSE WELL. LIVE WELL." SEMINAR Learn the basics about lifestyle and housing options for those 55 and older. The second Friday of the month, 2-4 PM. Call 847-304-1996 for reservations.



of Barrington 847-304-1996 800-822-0267

1000 Garlands Lane Barrington, Illinois 60010 On Northwest Highway by the Barrington Area Library

www.TheGarlands.com

Sales Office Hours: Mon.-Fri. 9-5, Sat. 9-4, Sun. 12-4 Or by appointment.

Say YES! to The Garlands maintenance-free and service-rich lifestyle.

- 31 acres of beautifully landscaped, park-like grounds near the rolling hills and quaint Village of Barrington
- Club membership to four different dining venues—from casual to formal
- 15,000 square feet of amenities including The Garlands Center for the Performing Arts
- Membership to The Garlands Spa and Fitness Center with heated indoor pool
- 11 spacious floor plans including 3,000 square foot villas with two-car garage, gourmet kitchens and bonus space
- Entrance fee and equity ownership options from \$200,000-\$950,000
- Maintenance, housekeeping, landscaping, concierge, valet parking and "while you are away" extended travel services
- Easy access to Chicago and

Start the New Year and a New Stage of Life at The Garlands of Barrington

Start the new year right by embarking on a journey to a resort-like setting located right in the heart of Barrington.

A move to **The Garlands of Barrington**, 1000 Garlands Lane, represents far more than a move to a magnificent new and spacious condominium or deluxe villa, but rather a passage to an unconventional lifestyle for adults 55 and older who have decided that the time is right to enjoy their lives in a vibrant and servicerich community filled with options. In addition to being the season for new beginnings, the time to consider this lifestyle enhancement is this January, before prices increase in February.

The lifestyle at The Garlands sets the mark for active adult retirement communities throughout the country. Executive chef Rick Rizner skillfully brings private club dining to The Garlands' four restaurants, serving the finest cuisine with the freshest ingredients available seasonally. Brunch, served the first Sunday of the month, and a proper English Tea, served in the Robie Lounge on the third Friday and Saturday of each month, have already become family traditions for members at The Garlands and for residents of the greater community at large. The events at The Garlands Center for The Performing Arts, along with the art openings held in conjunction with the Barrington Area Arts Council, are just a few of the highlights of social and cultural life at The Garlands.

All residents at **The Garlands** also enjoy the 31 lush park acres with magnificent landscaping and walking trails, shops, an art gallery, a performing arts center, a surround sound theater, a business center, a spa and fitness center, access to healthcare and supportive services on the campus, and the availability of beautifully decorated hotel suites on the grounds when the family or out-of-town friends come for a visit. Services in- clude weekly housekeeping, valet underground parking and complete concierge support. A fitting complement to the amenity

and service-rich lifestyle, each of the pri-



Pictured at The Garlands of Barrington are (from left) Barb Newman, Janice Pajerski, Sue Randall and Candy Oltman, all Barrington residents and all Barrington High School PTO officers in charge of the overwhelmingly successful Holiday Housewalk. The Garlands featured two homes as part of the housewalk to raise money for the Barrington High School After Prom Party.



Pictured at The Garlands of Barrington are (from left) chef Paul Dimmick serving a delicious lunch from the sumptuous buffet to Jane Marks of Deer Park and Janis Krissinger of South Barrington. The luncheon was part of the overwhelmingly successful Holiday Housewalk sponsored by the Barrington High School PTO.

vate residences features oversized windows, spectacular park views, plentiful open space for entertaining, fine woodwork, luxurious bathrooms and gourmet kitchens. The Hickory, one of 11 spacious floor plans, is a very popular choice for many. A favorite stop on the Barrington PTO Holiday Housewalk, the Hickory features a 2,293-square-foot layout with two master bedroom suites and 21/2 baths. The most dramatic feature of this residence is the spectacular great room that opens onto the balcony that can also be accessed from the second bedroom suite-a wonderful feature during the warm-weather months.

Conveniences in The Hickory include walk-in closets, a gas fireplace, a full gourmet kitchen, an oversized living room with a beautiful bay window that draws the landscape into the room, a great room for relaxation and/or entertaining that opens onto a balcony to further expand your home, a full-size washer and dryer, and a heated parking garage space. Like all residences at **The Garlands**, this corner unit features high-quality standard finishes including premium cabinetry, granite and marble countertops, and ceramic tile floors in the foyer, kitchen and bathrooms.

The prices at **The Garlands**' Hickory as well as the 10 other **Garlands**' floor plans will increase four to six percent as of February 2004, when the current special promotion of 180 days of health care room and board coverage within the monthly service fee will be reduced to 30 complimentary days. Both of these factors make the first of the year the opportune time to buy. In doing so, perspective residents can lock in a 2003 price and not actually move in for one whole year! This special offer allows buyers an opportunity to sell their house and plan their decor for their new home at their leisure.

In addition to The Hickory, there is a wide variety of home layouts and size options available at **The Garlands** ranging from 900 to more than 3,000 square feet. Call at **1-847-304-1996** to schedule a visit to view this and other floor plans or visit www.TheGarlands.com.

Brokers welcome.	O Hare Opportunity		•
16 Barrington LIFESTYLES January 2004			

... A Thousand Words

...A Thousand Words Custom Frame Shop & The Ornate provides inspired framing solutions for artwork, collectibles, giclées, mementos and photographs. While visiting our shop and gallery, you too will be inspired and delighted. Our knowledge and standards are applied to the ordinary as well as one-of-a-kind keepsakes and fine art.

...A Thousand Words offers the area's exclusive collections from Gregory Editions/Washington Green, Story People and Soul Soup. These collections include fine art prints, sculptures, books and cards. Newly released limited-edition prints by Joy Kirton-Smith, Govinder and Reuben Colley have just arrived. These are a must We also offer many pieces by local see! and international artists, all beautifully framed and ready to make a wonderful 815-459-4793.



Patch & His New Lead by Govinder

addition to your own fine art collection. ...A Thousand Words is located at 10 North Williams Street in historic downtown Crystal Lake. We can be reached at

The Hottest Stand-Up Comics in One Incredible Night of Comedy at Raue Center For The Arts Headliners Bobcat Goldthwait, Jim Gaffigan and Harry Anderson Present Laughter Arts Festival Jan. 17

Kick off the new year with The Laughter Arts Festival featuring comedy stars Bobcat Goldthwait, Harry Anderson and Jim Gaffigan for two shows, Jan. 17 at 6 and 9 p.m.

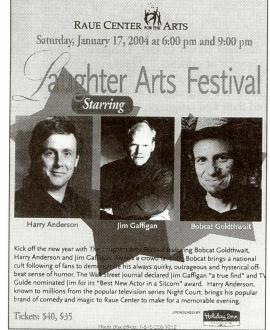
"Laughter Arts Festival is a comedy breakthrough and what could become an annual event, offering a new lineup year after year," said Steve Duchrow, executive director for Raue Center.

Tickets are \$35 and \$40 each and are available at The Raue Center Box Office, located at 26 N. Williams in Crystal Lake or by calling 815-356-9212. Tickets can also be acquired online at www.rauecenter .org. (The content of the show is intended for mature audiences.)

Fans will recognize Harry Anderson, the star of television's Night Court (1984 to 1992) and Dave's World (1993 to 1997), both hit sit-

coms. Anderson's status these days is a retired magician/actor. Harry Anderson has done many television specials, movies and recently he was involved in an onthe-drawing-board prime time revival of What's My Line? in which he was the host.

Bobcat Goldthwait describes this show "as kind of like a field trip from the lunatic bin." The film career of Bobcat spans from a shotgun wielding Eliot Loudermilk in Scrooged to a voice in animated films including Disney's Hercules. Besides picking up the occasional supporting roles in films, he keeps busy directing various projects for film and television including episodes and segments for Comedy Central's The Man Show. Bobcat is still performing in stand-up comedy; this is where Letterman discovered him several years with regular club dates around Los Ange-



Jim Gaffigan's cutting-edge and clever style has earned him an unprecedented seven appearances on the Late Show with David Letterman. Gaffigan has also had numerous appearances on Late Night with Conan O'Brian, The Late Late Show with Craig Kilborn and Comedy Central's Dr. Katz. He also performed his own halfhour comedy special, Comedy Central Presents: Jim Gaffigan. You may have also seen Gaffigan co-starring with Ellen Degeneres on The Ellen Show. Gaffigan performs and serves as master of ceremonies for The Laughter Arts Festival.

For ticket information, please call the box office at 815-356-9212.

The Raue Center For The Arts is located at 26 N. Williams St. in Crystal Lake and is proud to serve all of McHenry County as ago. He keeps his performances running well as northern Illinois and southern Wisconsin. For more information about the les and tours with fellow comedians on Raue Center, contact the administrative of-





Laughter **Arts Festival** Saturday, January 17

at 6:00 and 9:00 pm Kick off the new year with The Laughter Arts Festival featuring Bobcat Goldthwait, Jim Gaffigan and Harry Anderson. Laughter Arts Festival features several of the nation's hottest stand-up

comics in one incredible night of comedy!



Bobcat Goldthwait Jim Gaffigan

Harry Anderson

Sponsored by Holiday Inn & Northwest Herald

In The Mood

Sunday, February 29 at 2:00 and 6:00 pm A Big Band Musical Swing Revue

"Experience the music that moved a nation's spirit and helped win the war."

Swing and boogie to the music of Glenn Miller, Tommy Dorsey, The Andrew Sisters, Frank Sinatra and Benny Goodman. The official USO entertainment for the WWII commemoration featuring a big band orchestra, singers and swing dancers.

Sing-A-Long Wizard of Oz™

Saturday, March 20 at 3:00 and 7:30 pm

Boo the Wicked Witch. Hiss at the Flying Monkeys. Cheer for Dorothy! This is a one-of-a-kind costume party, sing-out-loud night of smiles and laughter. It's an evening package of fun, complete with noise makers, prizes for the best costume and of course ---- Sing-A-Long.

THE WIZARD OF OZ AND ALL RELATED CHARACTERS AND ELEMENTS ARE TRADEMARKS OF ©TURNER ENTERTAINMENT CO. JUDY GARLAND AS DOROTHY FROM THE WIZARD OF OZ. WB SHIELD: TM & ©WARNER BROS





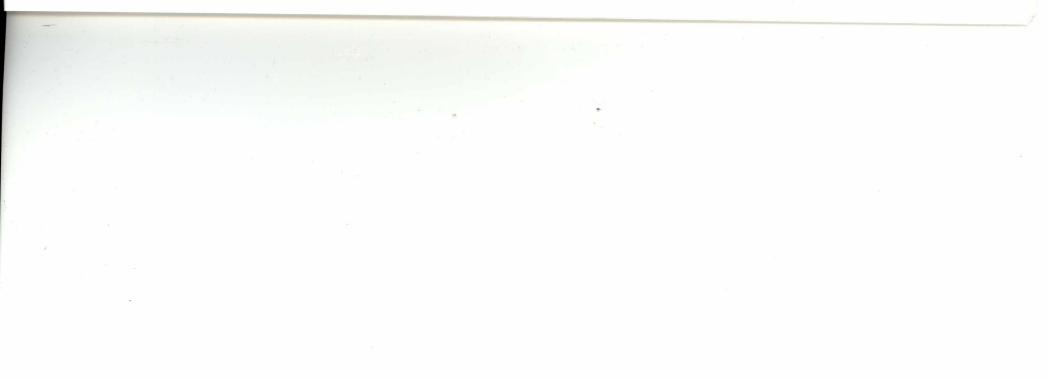
TM & ©Turner Entertainment Co. Judy Garland as Dorothy from THE WIZARD OF OZ

Box Office Hours: tues.- wed. 10-4 pm thurs.-fri. 10-6 pm sat. 10 - 2 pm & one hour prior to performance time

stand-up package deals like The Laughter fice at 815-356-9010. Arts Festival.

www.rauecenter.org

Box Office: 815.356.9212





Judith Miller to Present "Art of Feng Shui Gardening"

Members and guests who attend the meet- college-level courses in English and busiing of the Garden Club of Inverness on ness communication. She has taught at Thursday, Jan. 15, will have the chance to Harper Community College, Washington learn how to bring feng shui-the ancient National Insurance Company, American Chinese art of environmental balance-to the garden

The meeting, which starts at 9:30 a.m. at All Saints Lutheran Church, 630 South Quentin Road, Palatine, will feature an award-winning presentation by club member and Inverness resident Judith Miller.

live in harmony with nature, invigorating, healing energy results. The lecture will illustrate the major feng shui concepts of balance and ch'i (or energy) and how to work with nature to create a special atmosphere.

Ms. Miller has more than 20 years of Garden Clubs, Inc. teaching experience, including teaching

Management Association and American Medical Association. She began studying feng shui in 1992, is certified in classical feng shui and completed a three-year program in intuitive feng shui with William Spear, noted author and teacher.

A short business meeting will precede According to feng shui, when humans her presentation. Refreshments will be served. For more information, contact the membership chairperson at 1-847-842-1695

> The Garden Club of Inverness is a member of Garden Clubs of Illinois, Inc., District IX, Central Region, and of National

Low Income Energy Program

The Barrington Area Council on Aging low-income families for their household Program, or LIHEAP, for Cuba Township residents as well as the surrounding areas are now being accepted. Residents must call Cuba Township office at 1-847-381- than \$1,990. 1924 to make an appointment and receive cation.

would like to remind you that applica- utility costs. This is especially important tions for the Low Income Home Energy for seniors who are on fixed incomes. Under the 2004 guidelines, a one-person household is eligible with a monthly income of no more than \$1,476 and a twobe age 60 and over or disabled. Please person household is eligible with no more

We encourage you to apply early bea list of documents that must be brought cause funds are limited. For more inforwith you in order to complete the appli- mation on how you can receive assistance, call your local township office.

January Greenery Sale at Bravura

time to have Bravura, Interior Accents & Florals design new florals and greenery for the voids left behind.

Bravura's silk florals, which have been described as the best quality and style in the area, can provide the finishing touch to your home's decor. From small accent greenery and stunning silk floral designs to planters and trees, Bravura has a variety of natural looking silk floral and greenery at 20% off during January.

Bravura also has a great selection of accessories for decorating. From unique accent furniture, beautiful prints and mir- Street (across from Egg Harbor Cafe).

With all of the holiday decorations being rors, to lamps, wall decor, pillows and packed away for another year, now is the throws, clocks and photo frames, and candles.

> Want a new look or having trouble with paint selection, furniture placement or combining the right accessories to get the look you want? Bravura offers in-home consultations to help you with pulling your room together. Accessorizing your home adds a personal touch and can be the solution your room needs. To make an appointment for your in-home consultation or for more information, visit Bravura or call 1-847-277-7200.

Bravura is located at 209 South Cook

skills, and higher standardized SAT test

Language Stars offers FunImmer-

sion[™] programs for children ages 1 to 10

in several Chicago and suburban loca-

tions, including Barrington and Arlington

Hts. In addition to year-round programs

for Parents & Tots (12 to 36 months) and

Kids Only groups (3 to 5, 5 to 8 and 8 to

10 years), Language Stars also offers ex-

camp, there was an explosion of Spanish in our house!" says Dena, mother of 5-

year-old Marlee. "The teachers are all na-

tive speakers, and most importantly, my

To learn more about Language Stars,

please call 1-847-382-1190, e-mail bar-

rington@languagestars.com or visit

"After just one week of Language Stars

citing summer camp options.

daughter had a ton of fun."

Language Stars Makes Learning a Game

scores

"Language Stars is simply a great pro- young also go on to show enhanced probgram; I have never found anything that 'lem solving skills, stronger communication works as well for my children. Language Stars makes learning a game," says Karen Pritzker, mother of five.

Language Stars' unique FunImmer*sion*[™] method turns learning into a game, focusing on a young child's ability to learn a language naturally through fun and engaging activities. Children learn through interactive games, arts and crafts, singing, cooking and more, all presented entirely in the foreign language.

"Children have a window of opportunity during which the brain is uniquely suited to absorbing language naturally," explains Karen Gould, Language Stars' director of education. "Children have the innate ability to absorb the structures and rules of a language as easily as they learned their first language. They can also pick up a native accent flawlessly."

Children who learn a second language www.languagestars.com.

Women's Club of Inverness Holiday Fair a Success

The Women's Club of Inverness 2004 Holiday Fair held Nov. 4 at Concorde Banquets broke all records for attendance and fund-raising. This was done through the combined efforts of dozens of club members.

During a wonderful hot lunch, an informal fashion show took place for the enjoyment of close to 300 guests. Raisa Bratkiv chaired the fashion show that included 18 member models wearing oneof-a-kind European fashions from Starr Couture. This downtown Barrington boutique created just the right look specifically for each model. The club would like to thank all donors, especially Ambrosia, Matt Walters of Destination Fitness, Starr Couture and The Versa Medi-Spa.

Thanks to the efforts and generosity of our local merchants and members, enough profits were raised to allow The Women's Club of Inverness to adopt 13 local families. Liz Todish, chairman of the Wish Tree committee, coordinated the distribution of over 150 Christmas gifts to the children of these families. Each family was also provided with gift certificates to local stores to assure that holiday meals would be enjoyed by all.

now for next year's event on Nov. 2, 2004. month at The Inverness Golf Club. For It gets better every year!



(From left, at top) Lisa Engelhardt, Mary Griffin, Kim Long, Penny Berger, **Eileen Kohne and Lois Albrecht**

comes members from Inverness as well as any of the surrounding villages (Palatine, Barrington, Barrington Hills, South Barrington, etc.). It is a wonderful organization with informative, interesting, enjoyable programs each month. Most meetings We hope you will mark your calendars take place on the second Thursday of the membership information, call Georgia at

This program provides assistance to 18 Barrington LIFESTYLES January 2004

The Women's Club of Inverness wel- 1-847-304-9671.

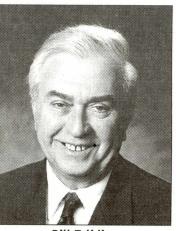
37th Anniversary Sale

This season, over 400 designers are once again creating beautiful garments using the warmth and elegance of fur.

The Mink Barn features an impressive selection of all types of fine furs. We have classic styles or casual, everyday garments such as sheared furs reversible to leather, hooded jackets and denim jackets with fur trim, all in natural shades or dyed to fun colors. We also carry a full line of petite and plus-size coats.

Customers from a 150-mile radius have been coming to The Mink Barn for 40 years, even though its location is a little out of the way. Bill Talidis' reputation is what draws them. And though The Mink Barn is located in a rural area, people are amazed at the large and beautiful showrooms and equally impressive selection of all kinds of furs.

Bill was born and raised in the fur business in Greece and started working with fur at a very young age. Not only does he have over 55 years experience in the makmals, making the coats and selling them the lowest possible price.



Bill Talidis

right there on the premises, The Mink Barn's overhead is very low.

"We eliminate the middleman and pass the savings on to the customers," said Talidis.

Bill and his courteous staff will be haping of the coats, but he also raised mink py to help you select a garment from our for 30 years. Therefore, by raising the ani- superb collection of fine quality furs at

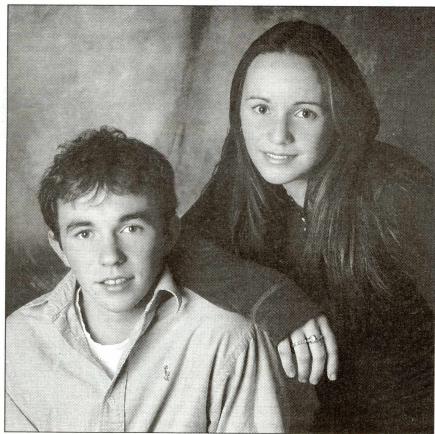
BHS to Perform at Festival of Gold

The Barrington High School Fine Arts Department is pleased to announce that the Orchestra Hall for the Performing Arts. Barrington High School Choir has been The concert will include performances by chosen to perform in the 11th Annual National Invitational Choral Festival of Gold in April 2004. This is the only music festival of its kind, devoted entirely to choral music and exceptional high school cho- fine arts department at 1-847-842-3214. ral programs.

The event will be held in Chicago at the top scoring festival choirs, the Festival of Gold Select Choir and a mass choir performance by all festival participants.

For further information, please call the

Remember Each Stage of Childhood



Take the opportunity during our annual Children's Special to capture your children in fine portraiture. Whether it's taking first steps or stepping out into the world, each stage of childhood is precious and worth remembering. The investment you make in portraiture will reward you with a lifetime of enjoyment.

You will save \$200 on your portrait order during the month of February. Call our



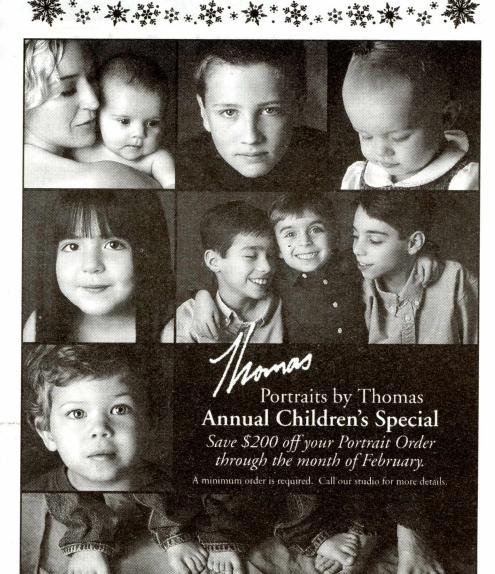
the mink barn®

4 miles west of Route 47, off Route 176 on Franklinville Road, Union, IL

1-800-321-FURS

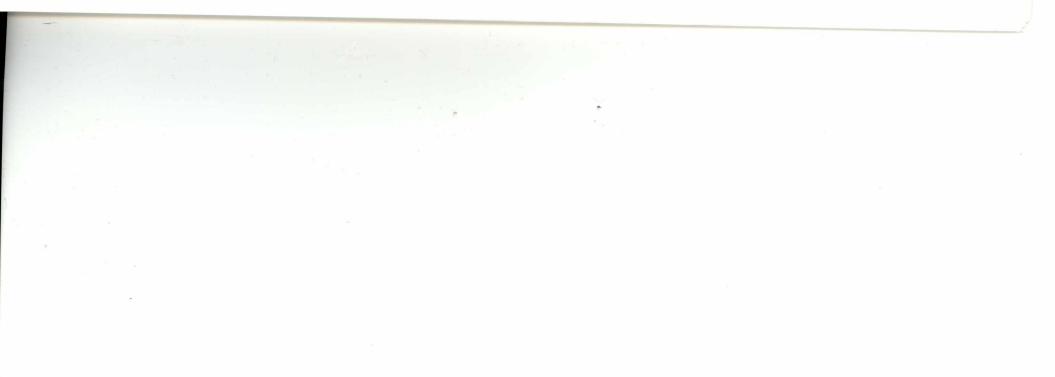
Credit Cards Accepted

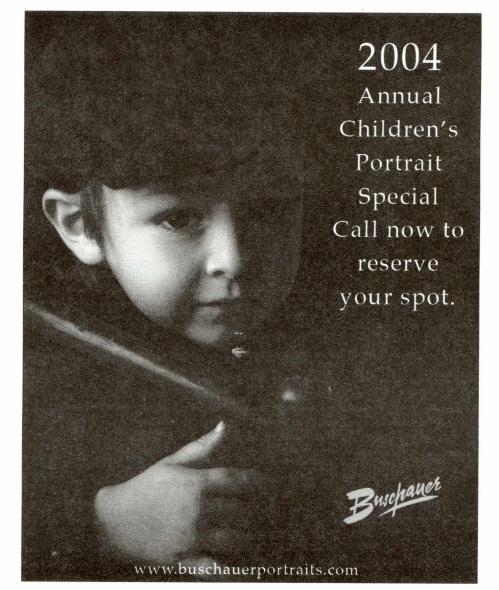
All furs ranch raised or government controlled and labeled to show country of origin.



studio today at 1-847-381-7710 for more information or to arrange a portrait session for your child.

Barrington 847-381-7710 www.portraitsbythomas.com





Rotarian Allegro 2003 Helps Barrington

The Barrington Breakfast Rotary Club is of Allegro 2003 will allow us to fund the celebrating a tremendously successful fund-raiser held Saturday, Nov. 15, at the SanFilippo Estate in Barrington Hills.

An event as elaborate as Allegro 2003. A Musical Extravaganza, could not have been possible without the generosity and hospitality of Jasper and Marian SanFilippo. We express our sincere thanks and gratitude to Mr. and Mrs. SanFilippo for opening their home and their hearts in support of Rotarian charitable efforts in this community and around the world.

Highlights of the event included a live organ recital by David Wickerham on the world's largest pipe organ, together with tours of the extraordinary collection of automated musical instruments and other exhibits in the Sanfilippo private galleries. Attendees also enjoyed silent and live auctions and danced late into the night to the sounds of the live band, The Love Handles.

The Barrington area community is to be commended for its generous support of Allegro 2003, which netted over \$57,000 for various humanitarian projects. In particular, we thank our 220 guests, 50 advertisers and 200 donors of auction items and cash gifts. In appreciation of their support, we are posting the names of advertisers and donors on our Web site, www.BarringtonBreakfastRotary.org.

The club's primary objectives are uplifting children, youth and adults; supporting community lifesaving projects; and pro-

following worthy programs:

· Children-at-risk projects at three of our area schools-Sunny Hill School, BMS/ Station Campus and BMS/Prairie Campus -each received \$3,000. These projects will address needs of individual children and some group activities. We are also happy to fulfill the wishes of several children as expressed in their "I Wish ... " cards.

• For this academic year, \$2,500 was allocated for instruction of English as a second language for adults at Sunny Hill School. These classes support over 75 non-English speaking adults to learn conversational English and prepare them to communicate with their children, school counselors and employers.

•A new \$2,500 program, Rotary ESL Library, was established at Sunny Hill School to encourage our non-English speaking children and adults to become more proficient in English.

•A contribution of \$11,000 was given to The Rotary Foundation for its immensely effective campaign to eradicate polio worldwide. As Rotarians, we look forward to celebrating this achievement at our annual convention in Chicago 2005.

• To fulfill our pledge to sponsor the gateway arch of the Barrington Memorial Park, we allocated \$5,000 in association with our fellow Rotarians at the Rotary Club of Barrington.

We invite Allegro 2003 participants to moting connectivity and enhanced intercome to one of our meetings, enjoy the service organization that provides an op- ian projects while having fun. action with the community. The proceeds fellowship and be a part of our discus- portunity to build lifelong friendships and 20 Barrington LIFESTYLES January 2004

Join Us in Celebrating **Our Annual Children's Special During January and February**

We hope you will take part in our 14th Annual Children's Special.

Many of our clients have been waiting patiently in anticipation for this time-honored annual event. Because we understand that your children are your true treasures in life, we are committed to working hard for you. That means spending as much time as it takes to get the "Buschauer" look you want and expect. Children have a multitude of expressions they will share during a portrait session if the photographer is perceptive and patient. That is our strong point.

For those of you who are past customers, welcome back. To those of you who have not yet ventured to our studio, we can say that you will be thrilled with the portraits of your children and the manner in which you are treated.

The Details

• Sessions: \$50 (\$125 off regular session price)

• Children must be between 2 and 15 years old and be photographed in Janu-

ary or February 2004. • No minimum order requirement

• We guarantee you'll love your photographs or your money back.

Kildeer Women's Club Expands Membership

Interested in developing friendships. broadening your interests and supporting philanthropic services in your community? Join the Kildeer Women's Club, which recently expanded its membership to include all surrounding communities.

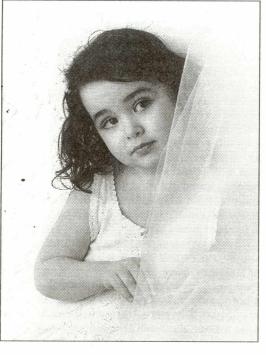
Organized in 1944, the Kildeer Women's Club offers an opportunity for local women to make new acquaintances and expand their interests. Meetings are during the day every third Thursday of the month, September through June, and offer a wide range of programs. Future programs include a holiday luncheon, coffee tasting, new ideas for making and serving hors d'oeuvres, preparing herbal body care, and creating a beautiful planter for spring. The May meeting is the annual fund-raising luncheon.

BenefitsCheckUp

Millions of seniors are missing out on benefit programs that can help them to be healthy, active, independent and financially secure.

BenefitsCheckUp helps people 55 and over learn about programs that may cover

sions on future projects addressing community needs in the greater Barrington area. We meet every Thursday morning at Health World, Barrington.



• 10% off entire portrait order when placed at the initial viewing appoint-

Call now to secure your time and date. By calling early, you will be assured an optimum time. Consultations can be done in person or over the phone.

Call now-1-847-382-8484

Kildeer Women's Club has a commitment to provide support to local charities and community organizations serving women and children. The 2003 luncheon raised \$5,500, which was shared by Y Me, Omni Youth Services, La Casa, Safe Place, CHASI Child Care, Wellness Place, YMCA, Mother's Trust Foundation, and the Bridge Youth and Family Services.

Come and enjoy a relaxing and calming coffee tasting ceremony with us at Starbucks in The Shops of Kildeer on Feb. 15. Lunch will follow at Gianni's. If you're interested in learning more about our organization or would like to attend the Feb. 15th meeting, contact Cathy at 1-847-540-6225

Please visit kildeerwomensclub.com on the Web.

some of their costs for prescription drugs, health care, utilities, and other essential items or services.

If you would like a free BenefitsCheck-Up, please contact BACOA at 1-847-381-5030 to make an appointment. Or visit www.bacoa.org.

experience the personal fulfillment of giving volunteer services to others locally and worldwide. We seek business, profes-7 a.m. for breakfast and a program at sional and community leaders to consider membership in our club, where you can Barrington Breakfast Rotary Club is a take an active part in directing humanitar-

How to Choose a Dance School for Your Child

Many parents of young children who desire to take dance lessons find themselves unsure as to how to choose a school. Frankly, a recommendation from a neighbor or friend is not enough. You should always visit the school in person. The following are some guidelines as to how to choose a school in order to insure your child's proper instruction and personal safety

Facility-The dancers should have a large room with a special sprung floor. Dancing on concrete covered with tile or other hard surfaces is dangerous. There should be ample mirrors and well-constructed ballet barres for older students.

Observation of Classes-Before enrolling in any school, you should make an appointment to observe a class. Even if you are not knowledgeable, you will be able to judge certain critical things.

pleasant?

school brochure for teachers' backgrounds.) happy with for years to come!

I Do! I Do! at the Fireside Theatre

Please join the Barrington Area Council pastry dome, gnocchi potato dumpling on Aging, Inc., and the Barrington Park polonaise, stir-fried zucchini squash and District for an exciting afternoon event at artichoke hearts, and banana cream pie. the Fireside Theatre in Ft. Atkins, Wis., on Wednesday, Jan. 28. The theatre will 8:30 a.m. and return at 6:00 p.m. The cost present their I Do! I Do! We will also enjoy a gourmet meal of chicken Milano, ta-tion, lunch, admission and gratuity. For caramelized onion soup in a Parmesan information, please call 1-847-381-5030.

3) Are the teacher's corrections made clearly and in a positive way?

4) Are the students well behaved and attentive for their age?

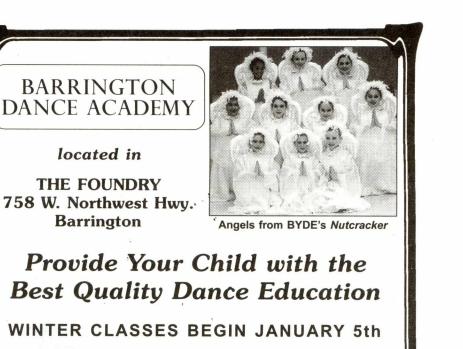
Performing Opportunities-As dance is a performing art, it is imperative that the students get the chance to dance for an audience. However, a good school should stress education and not detract from that for the sake of performing. A fancy costume will never cover up poor dancing!

Tuition-Do some comparison shopping as to class rates. Classes should be competitively priced but one should not think that the cheapest class means more for your money. As with everything, quality costs more. Schools should have discounted tuition for multiple classes if your child is a serious student. Family discounts may also be available.

Even pre-schoolers taking lessons 1) Is the teacher well organized and should have a fun, interesting and beneficial class. A little extra time will result in 2) Is he/she knowledgeable? (Check the a decision that you and your child will be

The bus will leave Landendorf Park at

is \$75 per person and includes transpor-



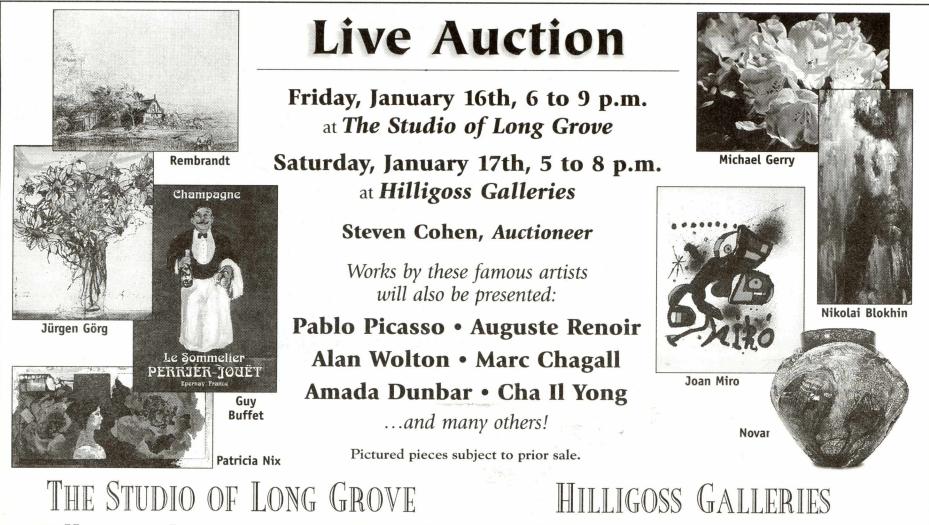
Ballet • Creative Movement • Pre Ballet • Drama Character Dance • Jazz • Pilates-Based Mat Class Tap • Ballroom Dancing • Exercise (1st Class FREE)

CLASSES FOR AGES 3 THROUGH ADULT

Now Offering **Drama Classes** for all ages and groups. Call Valerie Murray: 359-7038

Home of the Barrington Youth Dance Ensemble

382-6333 Brochure Available Upon Request



847.634.4244 www.HilligossGalleries.com 312.755.0300 Barrington LIFESTYLES January 2004 21

360 HISTORICAL LANE • LONG GROVE, IL 60047 520 N. MICHIGAN AVE. • CHICAGO, IL 60611

Happenings! in the area

Barrington Lyric's Members and Guests Invited to An Afternoon of Classical Guitar

Attention music lovers in the greater Barrington area! The Barrington Chapter of Lyric Opera of Chicago welcomes you and your guests to enjoy An Afternoon of Classical Guitar.

The program will begin at 2 p.m. on Sunday, Jan. 11, at the Barrington Area Arts Council Gallery, 207 Park Avenue in Barrington. Following the program, light refreshments will be served.

Barrington Lyric is delighted to have 16year-old classical guitarist Jennifer Ernst, a native of Highland Park, to open the new year with a program including Classical Gas by Mason Williams, Capricho Arabe by Francisco Tarrega, Leyenda by Albenie and Koyunbaba by Carlo Domeniconi.

When she was 8, Jennifer began taking folk guitar lessons. Switching to classical guitar at age 10, she has studied with Steve Suvada, professor of guitar at Harper College; Pepe Romero and William Kanengiser in Quebec, Canada; and The Los Angeles Guitar Quartet in Wyoming. She placed first in the Technique Festival of the Illinois State Music Teachers Association; is the state and semifinal champion for the American String Teachers Association; and competed in the national finals at Michi-



Jennifer Ernst

gan State University as one of only four finalists from throughout the United States. Cost is \$10 for members or \$15 for guests. Please send checks by Jan. 5, payable to BCLOC c/o Susanne Wells, 225 Timber Ridge, Barrington, IL, 60010. Your check is your reservation. For further information, please call 1-847-382-2613. Please visit Lyric Opera of Chicago's Web site at www.lyricopera.org.

in Palatine. The event will have special

Applications for the show can be se-

Funds raised benefit both the Kirk

School, serving mentally and physically

impaired children, ages 5 to 21, from 14

communities, and the Alpha Gamma Delta

Foundation, helping fund diabetes re-

search and educational programs.

cured by calling Kathy Testa at 1-847-259-

8749 or Rose Alberts at 1-847-215-0042.

prizes, a bakery and a cafeteria.

Arts & Crafts Show in Planning Stages



Members attend a planning meeting for the arts show to benefit handicapped students.

The Northwest Suburban Alumnae Club of Alpha Gamma Delta and the Parents and Teachers of Handicapped Students Group recently had their kickoff meeting for the 32nd Annual Kirk School Spring Showcase of Arts & Crafts at the Kirk School in Palatine.

The Spring Showcase of Arts & Crafts will be held Saturday, March 6, and Sunday, March 7. This juried show will feature 90 artists and crafters at the Samuel A. Kirk School, 520 South Plum Grove Road

Barrington Youth Services Auxiliary Begin Their Gala Preparations



Auxiliary members begin gala preparations.

You can generally predict that the Bar- So save the date and mark your calendars rington weather in February will be sun- for Saturday, Feb. 21.' less, cold and frozen. But Saturday, Feb. 21, will be hot and sultry at Barrington "An Evening at Club Cohiba." Guests at the event will be treated to a spicy and passionate evening of dinner and dancing in the nightclub style of old Havana. This is a night not to be missed.

The annual gala is hosted by the auxiliary to raise funds for the benefit of Barrington Youth Services, which serves the needs of only those families that reside within the borderlines of CUSD220.

"This event raises much more than funds for the agency," says Lynn Topping, co-chair of the event. "It raises an awareness that this is an important cause for Barrington community. Our children, friends the services of BYS. The event improves sense of self-knowledge and self-esteem. awareness of the agency to our donors For more information, please call 1-847and to those who may need its services. 381-0345.

Auxiliary members are: Lynn Topping,

Carol Sandmeier and Gayle Maraval (co-Hills Country Club. Members of the Bar- chairs); Debbie Argianas; Michelle Barrington Youth Services Auxiliary will host samian; Tracy Bischof; Cindy DeTrempe; Ruth DiStefano; Linda Maselli; Kathy Maca Mangan; Janice Pajerski; Terry O'Brien; Donna Penyak; Joann Rogers; Laura McCammack; Patti Stickney; Judy Tolle; Denise Vollman; Cinda Pittman; Angie Wallin; Amy Wickstrom; and Linda Zabkiewicz.

Barrington Youth Services a not-forprofit, 501c3 agency, supports the social, psychological and emotional well-being of young people and their families in Barrington area communities. The agency offers relevant programs and services delivered by competent professionals in an atmosphere of trust and caring. It strives and neighbors all directly benefit from to help clients expand and enhance their

WGN Personality Steve Cochran to Emcee 15th Annual Catholic Charities' Hearts for Homeless Benefit

Steve Cochran, WGN radio personality, O'Brien-Combs Heart of Charity Award. Hearts for Homeless Families in Transition, a fund-raising event for The Catholic Charities' Northwest Suburban Shelter Program based in Des Plaines. The benefit will take place at 5 p.m. on Saturday, ence Centre, 2401 West Higgins Road in Hoffman Estates.

Steve Cochran has become one of the staples of the WGN family hosting a lively daily radio show from 12:40 to 3:00 p.m. He asks that we remember his slogan, "The Steve Cochran Show-more fun than a trip to the dentist but not as good as Foundation, Hildegard may be reached at winning the scratch-off lottery ticket." Listen to Steve (720 on the dial) and see if you agree!

Exemplifying "Compassion in Action," rector of the Michael Joseph Foundation,

will emcee the Catholic Charities North- The foundation provides short-term tranwest Suburban Services' 15th Annual sitional housing in the Northwest Suburbs for families working their way back to self-sufficiency.

The evening includes a cocktail reception, silent auction review and bidding, a four-course dinner with wine, followed by Feb. 28, at Stonegate Banquet & Confer- a live auction. Tickets are \$100 per person or a table of 10 for \$1,000. Please respond by Feb. 20 to Hearts for Homeless Families, c/o Catholic Charities Northwest Suburban Services, 1717 Rand Road, Des Plaines, IL, 60016. To receive an invitation or more information, call 1-847-376-2100.

> To learn more about the Michael Joseph 1-847-382-3375.

For information on the Hearts for Homeless benefit and the Catholic Charities' Northwest Suburban Services and Hildegard Zimmerman from Deer Park, di- how they may help you or someone who needs help, please phone 1-847-376-2100.

22 Barrington LIFESTYLES January 2004

will receive the fourth annual Stephen

Spaces for Infants Through 6 Years Available!

Barrington Community Child Care maintaining the focus on flexible sched-Center, located at 560 Carl Avenue in Barrington (two blocks west of McDonald's), is a private center designed creatively for childcare, serving children 6 weeks to 6 years. Our facility offers large child-friendly classrooms with a diverse environment that promotes self-esteem, independence and cognitive growth. Our early childhood program focuses on the whole child. Each week, lesson plans are developed around thematic units which include developmentally age-appropriate activities such as creative play, science and discovery, music and movement, reading readiness, and field trips. We facilitate children in developing a positive self-esteem, respect for others, sharpen and widen language skills, and work on kindergarten readiness skills. Most importantly, our desire is to provide each child with a positive school experience.

Barrington Community Child Care Center provides excellent care for growing and developing infants. The interaction with a primary caregiver has a strong influence on their development. While

uling, we are able to meet each infant's individual needs.

Barrington Community Child Care Center provides nutritiously-balanced. catered lunches and two snacks every day. Meals are served in a relaxed family-style atmosphere to promote socialization and healthy eating habits.

Barrington Community Child Care Center offers special enrichment programs, field trips and family events on a regular basis as part of our commitment to bringing our families and school closer together. Our teachers are experienced, professional, child-centered adults who enjoy teaching and caring for young children. The teachers work hand-in-hand with the Barrington Community Child Care Center in the daily nurturing of young children.

Come see what we are all about at the **Barrington Community Child Care** Center and give your child a creative, enriching and meaningful preschool experience.

A New Year, A New You

Another year is behind us and a new one has begun. Why not start the new year with a new you? Let the experienced staff at Elevation Salon help you choose the new look that is best.

Your new look may include a beautiful new color to elevate your spirits during those dull winter months. Elevation Salon believes in using only the best products, which is why they use only ColorLy Haircolor by Italy Hairfashions. This color will leave your hair in the best condition ever.

Your new look may include highlights, a texture wave, a precision haircut or a relaxing deep conditioning treatment. So allow the highly-trained staff at Elevation Salon help you begin the new year with a dazzling new you.

Elevation Salon is located on Northwest Highway in the Hillview Center in Barrington. Call 1-847-304-5970 for more information or directions. Gift certificates are available.

Complimentary hair cut with any chemical service, with select stylists.

BAAC Gallery at the Library

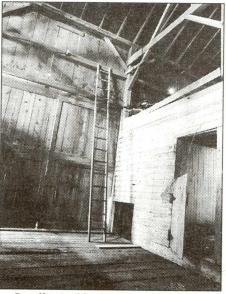
The Barrington Area Art's Council's exhibit for the winter at the BAAC Gallery at the Barrington Area Library is Vanishing Frontiers by Tyler Swolgaard.

Mr. Swolgaard is a resident of Bainbridge Island, Wash. His photographic art consists of the utmost quality of traditional printing offered. Photography is the medium chosen to project his internal vision and to depict creation in the deepest psychic and personal experiences of his being. Graphic, exceptionally clean photographs symbolize his inner visualization of the world.

The images that he freezes in time are ones that might not be around for approaching generations to see in person. Documenting the history of our world's creations through angles, lighting, exposures and processes is accomplished through his inspired vision.

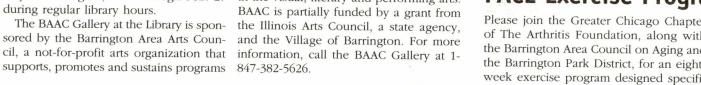
The exhibit is on view at the Barrington Area Library, 505 N. Northwest Highway in Barrington, now through Feb. 27 during regular library hours.

The BAAC Gallery at the Library is sponsupports, promotes and sustains programs 847-382-5626.



Derelict Ladder by Tyler Swolgaard, photograph

in the visual, literary and performing arts. BAAC is partially funded by a grant from the Illinois Arts Council, a state agency,





• Programs for Children Ages 6 Weeks to 6 Years

- Morning Preschool Program
- Stimulating, Individualized Learning
- Enrichment Programs Offered

Julie Zehner, Director 560 Carl Avenue, Barrington • 847-381-0272

Spaces for Infants through 6 Years Available

ELEVATION SALON



 HAIR SHAPING, CUTTING, SPECIAL EVENT HAIR ·COLORING, HIGHLIGHTING MALIBU, TREATMENTS, CONDITIONING PERMING, BODY TO CURL FACIAL WAXING

847.304.5970

28686 W. Northwest Hwy. (Hillview Center) • Barrington Hours are Mon. 8-4, Tue. 8-5:30, Wed., Thu. 8-8, Fri 8-5:30, Sat 8-4

Barrington Chapter of Infant Welfare Society **Hosts Annual Christmas Luncheon**

Members of the Barrington Chapter of the Infant Welfare Society of Chicago and their friends gathered at Millrose Restaurant & Brewing Company in South Barrington on Wednesday, Dec. 3.

The event began with a lovely performance by the Barrington High School Madrigal Choir. Lunch followed. During dessert, some of the members modeled fashions provided by Coldwater Creek of Deer Park

The special guest for this luncheon was none other than the big guy in the red suit, Santa Claus of course! Santa received many requests at the luncheon, the most special being "the homecoming of our soldiers for the holidays."

The Infant Welfare Society has been providing health and dental care, as well as psychological care, for disadvantaged women and their children in and around Chicago since 1911. The Barrington Auxiliary Chapter was founded 60 years ago Cindy Zipparro, membership chairperson, and continues to this day in the spirit of at 1-847-277-9392.

Chapter member Donna Milne shares her Christmas wishes with Santa.

volunteerism for those in need.

The Barrington Chapter is open to new members. For additional information, call

PACE Exercise Program to be Offered Please join the Greater Chicago Chapter ercise, will begin on Wednesday, Jan. 7,

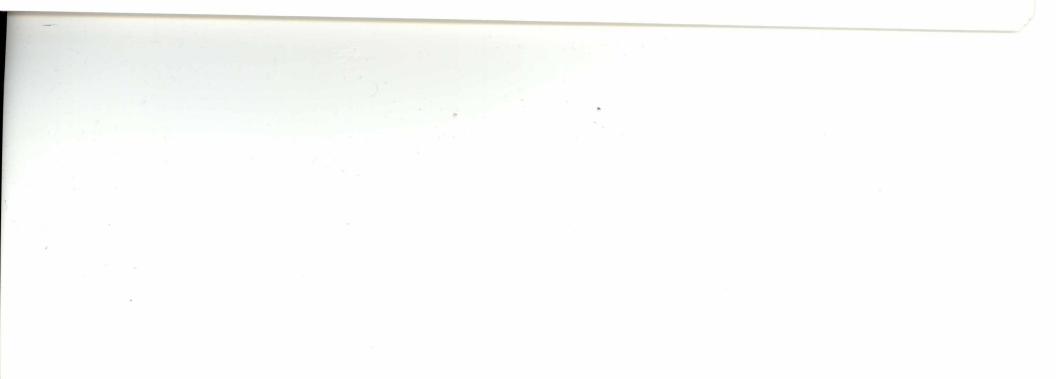
of The Arthritis Foundation, along with from 10:30 to 11:30 a.m. at Langendorf the Barrington Area Council on Aging and Park. Space is still available! Preregistrathe Barrington Park District, for an eight- tion is required, so call 1-847-381-5030 for week exercise program designed specifi- doctors' permission forms. The cost is \$22

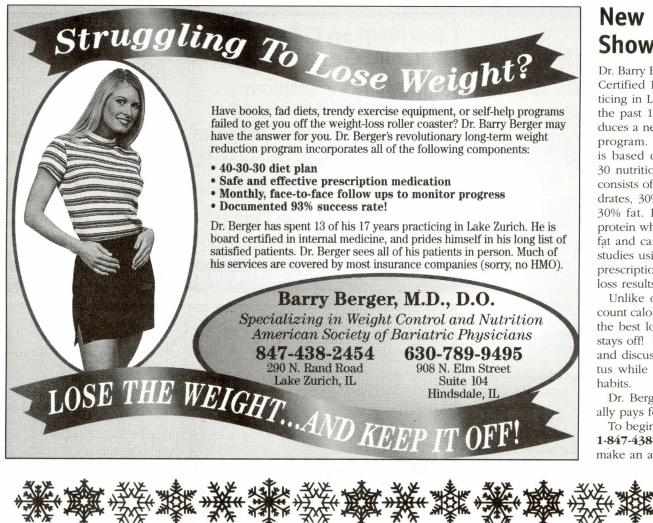


發帝黃帝兼帝操帝黃寨操卒黃帝兼帝操帝黃寨操卒美帝兼帝操帝美帝

cally for people with arthritis. PACE, or People with Arthritis can Ex- trict residents.

for in-district residents or \$27 for nondis-





New Weight Loss Program Shows Dramatic Results

Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 12 years, introduces a new weight loss program. This program is based on the 40/30/ 30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing



fat and carbohydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.

Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering your current lifestyle, exercise and diet habits.

Dr. Berger has hundreds of satisfied patients. Insurance usually pays for some or most charges, (sorry, no HMOs).

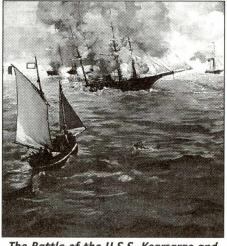
To begin a weight loss program that really works for you, call 1-847-438-2454 in Lake Zurich or 630-789-9495 in Hinsdale to make an appointment for your consultation today.

Manet and the Sea

Manet and the Sea, the eagerly anticipated first exhibition devoted to the seascapes of Edouard Manet and the artists who influenced and succeeded him, is now open at The Art Institute of Chicago through Jan. 18, 2004.

Manet and the Sea represents the first time a major exhibition has been mounted to explore the marine paintings of the artist sometimes referred to as "the father of impressionism," Edouard Manet (1832-1883). A study of this little-known but highly significant aspect of Manet's career has, curiously, never before been undertaken. Inspired by an event that brought the American Civil War to French shores -a naval duel between a Union ship and a Confederate vessel off the northwest coast of France-Manet embarked upon a series of boldly innovative paintings that radically transformed how artists saw and portrayed the sea.

Manet's marine pictures highlight the two most celebrated aspects of his legacy: as the inventor of modern history painting and as a singular influence on the French impressionist movement. Taking these deeply engaging works-created between 1864 and 1881 when the artist was at the height of his creative powersas a point of departure, the exhibition traces the complex interactions that link Manet with other painters of the sea. With almost 100 works representing 16 artists, Manet and the Sea unites 40 seascapes by Manet with dozens of pictures by such earlier artists as Gustave Courbet and Eugène Delacroix, and artists in his circle Whistler.



The Battle of the U.S.S. Kearsarge and the C.S.S. Alabama by Edouard Manet, 1864, French. Oil on canvas; 134 x 127 cm; Philadelphia Museum of Art, John G. Johnson collection cat. no. 1027 (1720.1/RW 76).

Edouard Manet's reputation as a painter of seascapes was established in June 1864 when he produced his first great seascape representing a recent event, the celebrated naval duel near Cherbourg on June 19, 1864, when the ironclad U.S. Navy steamship Kearsarge sank the Confederate States commerce raider Alabama. The event created a sensation in France, England and America, receiving extensive coverage in the press. It also became the subject of Manet's first-known marine painting, The Battle of the Kearsarge and the Alabama. launching a series of marine paintings that including Berthe Morisot, Claude Monet, includes some of the artist's most brilof painting itself. Pierre Auguste Renoir and James McNeill liantly spontaneous works. Six of these masterworks were the focus of a dossier hibition aims to trace the complex inter-

exhibition entitled Manet and the Amer- actions that link the artist with his predeican Civil War that was on view at The Metropolitan Museum of Art, New York, this past summer.

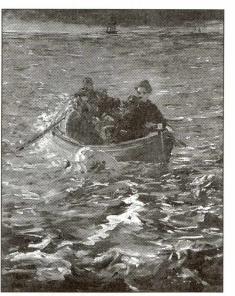
Manet and the Sea immediately follows and expands upon the New York show. It examines Manet's continuing interest in the sea as motif in not only the pictures he painted during family vacations on the Normandy coast, but also those produced later at Arcachon, on the southwestern coast of France, as well as during a brief able online at www.artic.edu and at the interlude in Venice. During the latter time, Art Institute. Tickets for the public may he used the Grand Canal as a subject for two canvases of breathtakingly beautiful water and sun reflections; Venice-The Grand Canal (Blue Venice) (1874) will be reunited in this exhibition with the artist's only other known Venice painting, View in Venice-The Grand Canal (1875).

Together, the 40 Manet paintings and their related watercolors and sketchbooks inspired by the sea constitute a particularly striking demonstration of the artist's revolutionary approach to his art. Boldly brushed and surprisingly modern in composition, these nearly abstract canvases did not go unnoticed by other artists seeking to liberate their art from conventional techniques and viewpoints. How different they were from the so-called "Spanish style" subjects and portraits of modern Parisians painted on large-scale canvases that Manet had exhibited in the late 1850s and that he would continue painting throughout the 1860s. The sea offered an alternative that spurred the artist to redirect his focus from the subject to the act

By studying Manet's seascapes, this ex-

cessors, including Gustave Courbet (1819-1877) and with his successors-the American James A. McNeill Whistler (1834-1903) and the impressionists.

Dated and timed tickets are required for the exhibition. Call 312-930-4040; or call 312-575-8000 to become a member and receive free tickets. For hotel package information, call 1-877-CHICAGO or visit www.877chicago. Tickets are also availalso be purchased at Ticketmaster Illinois Ticket Centers



Henri Rochefort's Escape by Edouard Manet, 1881, French. Oil on canvas; 143 x 114 cm; Kunsthaus Zürich, Vereinigung Zürcher Kunstfreunde

(1720.14/RW 369)



January Sale— \$49 for One Month of Classes and a Free Uniform for the First 10 Students to Register

We're in the business of helping and teaching children and adults to FOCUS through distractions, improve their CON-CENTRATION, and ultimately IMPROVE Barrington Martial Arts has made in THEIR GRADES AND LIVES. We can help your children grow up to be confident, safe and physically fit. We can help reduce your daily stress in just a few classes. We offer separate age-specific classes for adults and children plus separate classes for beginning and advanced students. We also offer one black-belt instructor for every seven students, this to help your progress. We specialize in increasing our students' self-esteem, leadership ability, self-discipline and communication skills, allowing them to get over their shyness and become assertive in their lives.

Call today-1-847-382-9599.

"I am amazed at the vast improvement my son's listening skills and self-confidence. They have also enhanced his ability to set and achieve goals."

---Inverness mother of a Purple Belt

"Barrington Martial Arts' tae kwon do has taught me to be confident and disciplined. It has also helped me be a better person with my sister and brother." -9-year-old Black Belt girl

"Barrington Martial Arts helped my child overcome her shyness and improved ber self-confidence."

-Debbie, Barrington area mother

A Resolution for Your Skin, for Life

This new year, make a resolution for the only trained in treatments to improve the health and beauty of your skin, for life condition and appearance of your skin; with Dermatology Physicians & Surgeons, Ltd., and Versa Medi-Spa.

While we all take the time for semiannual dental cleanings and for regular haircuts, few of us take the time for professional, experienced and medically driven treatments to improve the health and beauty of our skin-the largest organ of the human body and the most visible component of our appearance.

At Dermatology Physicians & Surgeons, Ltd., we offer scientifically proven skin care treatments by licensed, physician-trained estheticians at our Versa Medi-Spa. The core of these treatments includes specially formulated glycolic peels and advanced clinical microdermabrasion that can only be provided under medical supervision.

We call our newest regimen for visibly changing the appearance and health of your skin the Versa Cycle. The Versa Cycle change involves two clinically advanced microdermabrasion treatments one week apart (an exclusive post-microdermabrasion application of a retinoid boosts the effect of the treatment). One week later, a specially formulated glycolic one's skin. It can last a year or more, addpeel concludes your cycle and resulting in ing soft, natural fullness by filling facial softer, smoother, healthier and more lumi- fine lines and deep creases. Restylane® is

they are also able to recognize when skin care is best referred to one of our physicians or our physicians' assistant at Dermatology Physicians & Surgeons. Our estheticians and nurses are your first-line source for information about our skin care treatments including Botox® Cosmetic and Restylane®. Our record of safety and patient satisfaction with Botox® has resulted in our designation as a national physician training center with Dr. David P. Van Dam, MD, recognized as one of the leading providers of Botox® therapy in the United States.

Whether you have previously had Botox® or are contemplating your first experience with the #1 nonsurgical antiaging therapy in the world, call our office and find out how we can help you safely prevent, soften and in some cases eliminate the signs of aging with Botox® Cosmetic.

Restylane® is our safest and most effective means for filling facial wrinkles and creases and for softening the signs of aging. Used alone or in conjunction with Botox®, Restylane® is a colorless gel that is identical to a natural constituent of every-

START 2004 OFF RIGHT!

What better way to start the year than by challenging yourself and your kids with martial arts? Increase you and your child's self-esteem and mental focus. Plus; learn how to stop bullying.



Sign up today for a month of classes for only \$49. Plus the first 10 new students receive a FREE uniform.

ΈRSΛ

MEDI.SPA

Barrington Martial Arts-specializing in Building Life Skills 123 Barrington Commons Barrington, IL 60010 · 847-382-9599

YOUR SKIN, FOR LIFE

Fulfill your goals for healthy, beautiful skin with experienced, comprehensive care.

- Clinical skin care
- Non-surgical and light-based rejuvenation
- Botox[®] Cosmetic and Soft-Tissue Augmentation Therapy

dermatology

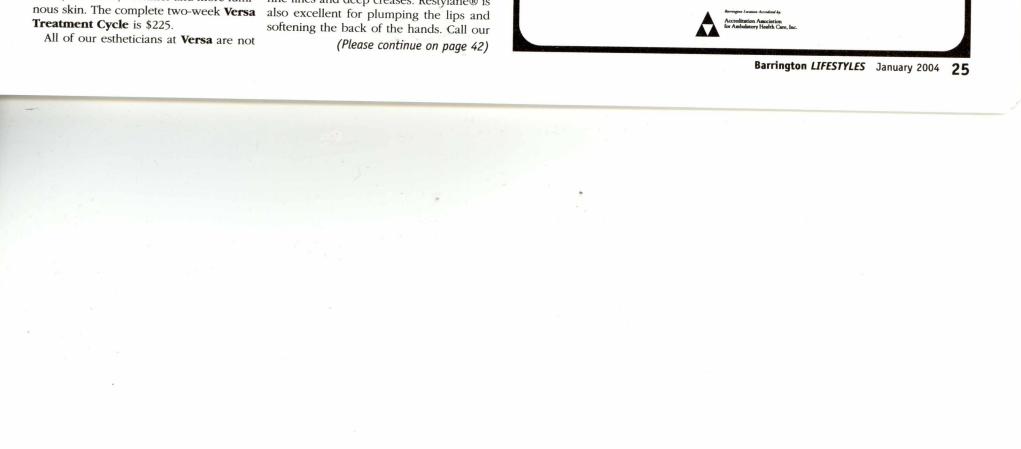
PHYSICIANS & SURGEONS, LT

David P. Van Dam, MD · Jerome D. Fallon, MD · James G. Lahti, MD

Dermatology Physicians & Surgeons Barrington 847 382 5111 • Crystal Lake 815 455 4434

Versa Medi-Spa Barrington 847 382 6800 · Crystal Lake 815 455 4433

Complimentary consultation for all aesthetic procedures. www.yourskinforlife.com



Estetica[™]

Advanced Clinical Skin Care



For Your Private Consultation With Catherine Zedan Grandi, L.E.

> Please call us at 847 • 438 • 2100 45-A South Old Rand Rd. LAKE ZURICH (by appointment only)

"Now You Can Restore And Enhance The True **Beauty Of Your Skin**"

Estetica takes a very personalized, customized approach to each and every patient. "We believe that the skin is like a fingerprint...no two individuals are alike."

Our skin care specialist, Catherine Zedan Grandi is certified and extensively trained in medical aesthetics.

Procedures Include:

- Power Peels
- Micropeels
- Chemical Exfoliation
- Signature Facials
- Hair Removal
- Eyebrow Shaping/Design
- Evelash Tinting
- Candling
- Gift Certificates

Esteticaskincare.com

At Curves, resolutions are a group effort.





Discover Curves, a supportive community where women help each other reach their goals through common-sense weight loss, a great 30-minute workout and a lot of laughs. Call your local Curves today for an appointment.

Get this free Curves Designer Bag and 50% off the service fee when you join now.*

Expires Feb. 22, 2004.

Barrington at The Foundry

Lake Zurich

Rand Rd.-Lakeview Plaza

The power to amaze yourself.™

www.curvesinternational.com

urves

What Are Alpha Hydroxy Acids?

AHAs, are nontoxic substances that occur tures that do not penetrate the skin's top naturally in food. They are nonprescrip- layer (stratum corneum) without high contion, dermatological products with cosmetic benefits

(in citrus fruit), glycolic acid (sugar cane), lactic acid (sour milk), malic acid (apples) and tartaric acid (grapes). Most of these are made synthetically, which is actually better for you because the production yields a consistent product. Natural products could never be that consistent. For example, though vineyards harvest grapes ferent with every harvest.

The research also confirmed that the maplease call Estetica at 1-847-438-2100.

Alpha hydroxy acids, also known as jority of AHAs have larger molecular struccentrations and lower pH levels.

AHAs can be a main constituent in The most common AHAs are: citric acid many chemical peel solutions, and this will provide smoother skin with better coloration, tone and texture. Products containing AHAs are popular on the market, and it's important to search for quality grade ingredients.

We've done this research at Estetica and make it very simple for our clients to get on a superior skin care regimen and from the same plants, wines still taste dif- chemical peel treatments to improve the vitality and health of their skin. If you Clinical research and patient treatments would like more information or would clearly prove that AHAs are effective in like to come in for your private consulhelping to keep skin clear and healthier. tation to discuss your skin care needs,

The Northwest Women's Connection to Host "Here's To Health" Luncheon

to 1:30 p.m. at Concorde Banquets in Kildeer. Cost is \$15 inclusive.

tem and bone health. In the "The Bottom com. Line," former public school speech thera-

The Northwest Women's Connection in- pist Pam Putnam will take you through vites you and your friends to our "Here's the additions and subtractions of life and to Health" Luncheon on Jan. 15 from noon how she learned to get the numbers to add up correctly.

Free preschool childcare is available. Experts Mary Hogan and Patti Rimey (The nursery is located off premises.) will be with us from the Here's Health/ Lunch reservations are needed by Fri-Fruitful Yield store in Barrington. They will day, Jan. 9. Call Carol at 1-847-359-5089 speak on anti-aging tips for women, hor- or Karen at 1-847-818-9016 or e-mail to mone therapy, boosting your immune sys- .northwestwomensconnection@hotmail.

Celebrate Your Own Success at Barrington Curves



in The Foundry of Barrington. And we're excited about the new year!

Curves' comfortable, welcoming atmosphere has produced awesome results in 2003, and we're looking forward to many more in 2004. Be part of our success!

Curves works! Come three times a week, work the machines hard, learn about Curves' nutrition program and you too will celebrate your own success.

With the average person gaining about three pounds a year, a reasonable workout regime that can fit into today's busy lifestyle of work and family is critical to help combat diabetes, osteoporosis, hypertension and other health risks that women can face. Our system works for

Karen Barry "Before" (below) and "After" (at left). She lost 50.4 lbs. and 48.25".



Curves is excited about our new location their experienced instructors while members talk and inspire one another during the workout. The comfortable welcoming atmosphere has helped women of all fitness levels commit to an ongoing fitness program and achieve results.

Karen Barry is being featured this month, and we are so proud of her hard work and commitment to her own good health. Her positive attitude and hard work has paid off with awesome results.

Karen stated, "Curves fits into my busy lifestyle. Getting a workout in 30 minutes is important to me. If you exercise at Curves on a regular basis, you see results!"

For more information about Curves, call 1-847-382-8787 or visit us at 222 Northwest Highway, The Foundry, in Bar-

1-847-382-8787

1-847-307-4747

*Offer based on first visit enrollment, minimum 12 mo. c. d. program. New members only. Valid only at participating location

women of all ages and fitness levels. rington. Curves offers one-on-one training from

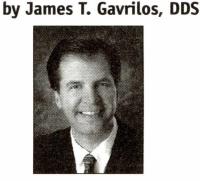
Makeover Madness... Clear Solutions

So many adults live their lives with something they are self-conscious about. The popularity of these new "makeover" programs shows people willing to jump through any hoop in order to eliminate their "flaws". These programs always include dental work as part of their makeover process. For most people, going to these extremes is not an option, but they would still like to improve their appearance.

Crooked teeth are not part of a beautiful smile. But for many adults, braces cannot be the solution. Wearing brackets and wires on their teeth would keep them from performing their jobs with confidence. Some feel that the brackets and wires announce to the world that they have crooked teeth and they are trying to straighten them. Now there is a discrete way to straighten teeth without all of the hardware. This process was developed by Invisalign®.

Invisalign® straightens your teeth with a series of clear, customized, removable appliances called aligners. This system uses advanced computer technology to translate precise treatment instructions





into a sequence of finely calibrated aligners. New 3-D imaging techniques have allowed for a broader case selection. Previously, many patients could not be treated with this system because their malocclusions, bad bite or crowding were not within the guidelines that Invisalign® could treat.

Tooth colored "attachments" are bonded to related or crowded teeth, allowing greater tooth movement and control. These attachments can be placed on the cheek side and/or tongue side of each tooth.

More people than ever can now be treated with Invisalign®. Crowding or gaps can be straightened for adults without noticeable hardware. The first step in determining if Invisalign® is right for you is to see your dentist. He can evaluate your bite and consult with the orthodontist. Detailed case selection criteria can be assessed to determine if your treatment needs fall within the guidelines.

If you have questions about Invisalign® or would like to see if it is right for you, please give our office a call and schedule a new patient appointment. Please feel free to contact Dr. Gavrilos in Barrington at 1-847-381-4040. Or visit our Web site at www.barringtondentistry.com.

COMMITTED to the STANDARDS of ORAL HEALTH

Your looks and smile are as important to us as they are to you - always. Whether educating you to prevent problems or returning your mouth to optimum oral health, we are committed to taking whatever time is necessary to ensure an esthetic approach to your appearance.

James T. Gavrilos, DDS, PC

129 Park Avenue Barrington, Illinois 60010 Office: (847) 381-4040 Fax: (847) 381-4057 www.barringtondentistry.com

Esthetic & Reconstructive Dentistry







Students dissect owl pellets to learn about their habits and habitat in Citizens for Conservation's Learning From Owl Pellets class.

On Monday, Jan. 19, Martin Luther King ton from 2:30 to 3:30 p.m. While the class Jr. Day, Citizens for Conservation will is geared for children, adults are welcome have a Learning From Owl Pellets nature and encouraged to come. The cost for adventure. Participants of all ages can learn more about owls and their habitat nonmembers. (The class is intended for by dissecting owl pellets.

The session will be held at the CFC are welcome with parents.) headquarters, the white farmhouse with a silo, at 459 West Highway 22 in Barring- register.

each child is \$4 for members or \$6 for children ages 7 and up; younger children Call CFC at 1-847-382-SAVE (7283) to

Body W OUTLOOK NE

> A new you. Before you make the decision to have cosmetic surgery, meet Dr. Gunnar Thors, Board Certified Plastic Surgeon.

Patients know him for his technical skill and his kind, gentle approach to meeting their appearance expectations.

When you call for your free consultation, ask about our Ultrasonic Massage-a technique used to produce a more comfortable experience and a speedy recovery.

847-277-1440

1410 S. Barrington Rd., Suite 1 Barrington, IL 60010

Also offices in McHenry and Elgin

LIPOSCULPTURE • BREAST ENHANCEMENT • TUMMY TUCKS



Achieving Natural Looking Improvements with Minimal Discomfort & Downtime

FELLOWSHIPS:

Advanced Aesthetic Plastic Surgery Berverly Hills, CA

Aesthetic Plastic Surgery, Miami, FL

BOARD CERTIFICATION:

The American Board of Plastic Surgery, Inc.

Face & Neck Lift • Brow Lift • Eyelid Surgery Nasal Reshaping • Facial Fat Grafting Lip Enhancement • Chin Augmentation Breast Enhancement • Breast Lift Breast Reduction • Tummy Tuck Body Contouring with Lipo Sculpture Botox Cosmetic[®] Therapy • Soft Tissue Filler

Comprehensive Consultations Individualized for You in a Confidential, Non-Pressured Environment

THE AESTHETIC PLASTIC SURGERY CENTER OF BARRINGTON, LLC

GREGORY M. BAZELL, MD

Aesthetic Plastic Surgeon of the Face & Entire Body

BARRINGTON South Barrington Executive Center Building 4, Suite 3 South Barrington, IL 60010

GURNEE 1145 N. Hunt Club Rd. Suite 304 Gurnee, IL 60013

847-382-4160 • www.barringtonplasticsurgery.com

 $\mathcal A$ dvanced Periodontics, $\mathcal A$ nesthesia and $\mathcal D$ ental implant treatment Centers



ARLINGTON HEIGHTS + BLOOMINGDALE + VERNON HILLS + BARRINGTON

Periodontics, Anesthesia

Dental Implants

Available in Barrington: 204 West Main Street • Barrington, IL 60010 847.277.0181

> STANLEY E. TREITLER, D.D.S. TERRY M. SANDROFF, D.D.S., M.S. PHILLIP LEE PATRONE, D.D.S., M.S.

1420 NORTH ARLINGTON HEIGHTS ROAD - SUITE 110 ARLINGTON HEIGHTS + 847.255.3021 183 SOUTH BLOOMINGDALE ROAD . SUITE 1B . BLOOMINGDALE . 630.893.7979

The Best Investment for the New Year is... You

one of the best investments you could techniques that are safe and effective." ever make. Looking younger and healthier is no longer desirable in our society today; it is essential.

Aesthetic plastic surgery performed properly by an experienced aesthetic plastic surgeon can make long-lasting improvements in your appearance that can significantly benefit you in your personal and professional life.

"I specialize in aesthetic plastic surgery of the face and entire body," states American Board of Plastic Surgery, Inc., certified plastic surgeon Gregory Michael Bazell, MD. "My concept of achieving natural looking results with minimal discomfort and downtime is deeply rooted in my unique and highly specialized training in aesthetic plastic surgery."

There are a number of different treatment options and procedures available in aesthetic plastic surgery that can safely and effectively improve your appearance. Whether you desire to improve your face, your eyes, your nose, your lips, your breasts or your tummy, The Aesthetic tions to help achieve your goals for the new year.

"I think it is important that Barrington and the surrounding communities at large have someone with my credentials and experience available to them. I think people deserve it, and my services fill a much tic Surgery Center of Barrington, LLC, for you?

Improving your appearance is probably therefore, offer only the most advanced

Trust the hands of experience! You deserve it!

Finding a qualified plastic surgeon can be a difficult and confusing process, but not anymore. Unfortunately for all of us, several physicians practicing plastic surgery and/or referring to themselves as plastic surgeons are not certified by The American Board of Plastic Surgery, Inc. The American Board of Plastic Surgery, Inc., is the only medical board recognized by The American Board of Medical Specialties that legitimately certifies individuals as plastic surgeons. We will efficiently guide you through the process of finding the right qualified plastic surgeon for you.

If you are interested in finding out more about how to get the most return on your investment for the new year, please contact Kristen at 1-847-382-4160. You may schedule a thorough and confidential consultation designed to address your goals, answer your questions, and to discuss all of the safe and effective options Plastic Surgery Center of Barrington, available to you to naturally improve your LLC, has the answers and the solu- appearance. We are excited to announce two new office locations in Barrington and Gurnee. Please visit our Web site at www.barringtonplaticsurgery.com.

Consider this important question: If a "plastic surgeon" is clearly not qualified enough to be certified by The American Board of Plastic Surgery, needed void. We at The Aesthetic Plas- Inc., are they really qualified enough

Dr. Phillip Lee Patrone Now Practicing in Barrington

Periodontics, anesthesia and dental implants are now available in the Barrington community at the office of Dr. Phillip Lee Patrone, 204 W. Main Street, 1-847-277-0181.

Besides being a periodontist and certified anesthesiologist, Dr. Patrone has advanced training in surgical dental implant procedures and reconstructions. He is able to restore lost bone for future implants. If you have been told you are not an implant candidate, Dr. Patrone may be able to help.

Dr. Patrone's training in anesthesiology has afforded patients the opportunity to have their periodontal or implant care completed under the gentle, relaxing and anxiety reducing method of intravenous sedation/general anesthesia. Coming to the specialist's office no longer needs to be a fearful experience. If you or someone you know has avoided seeing a periodontist because of fear, anxiety or nervousness, Dr. Patrone and his staff will take care of you in a comfortable, safe and caring environment.

Dr. Patrone is partners with Drs. Stan Treitler and Terry Sandroff. Their four office locations in Arlington Heights, Vernon Hills, Bloomingdale and Barrington cal Center and has lectured at Case Westprovide periodontal, dental implant and ern Reserve University in general anesanesthesia services six days a week to thesia. Dr. Patrone teaches the course for meet your needs. Part of their success is working closely with your general dentist,



Dr. Phillip Lee Patrone

especially since a large part of periodontal and implant dentistry demands strict attention to cosmetics.

Dr. Patrone was born in 1964. He was raised in Ohio where he attended prep school at Linsley Institute. After majoring in mechanical engineering for his undergraduate work, he earned a degree from The Ohio State University College of Dentistry. He then completed a general practice residency/surgical internship at St. Elizabeth Hospital Medical Center.

Dr. Patrone is a certified dental anesthesiologist and is trained to administer general anesthesia and intravenous sedation. He earned his Certificate of Dental Anesthesiology from Metro Health Medilocal anesthesia for William Raney Harper (Please continue on page 42)

DEERPATH PROFESSIONAL BUILDING . 1 EAST PHILLIP ROAD . SUITE 101 VERNON HILLS . 847.680.8665

International Hair Designs Celebrates 25 Years

With 25 years of professional excellence, cosmetic products for you, so you can this upscale full-service salon specializes in the latest trends in hair styling with an ment at home. Dry skin? Try a premium emphasis in shape and color to help you enhance your image. No gimmicks. Just excellent service at affordable prices!

The 13 experienced hair designers, including a board-certified colorist, are highly skilled in all phases of the hair industry from classic to unstructured shattered looks, updated foiling techniques, corrective coloring, texture perms and hair relaxing, as well as beautiful special occasion styles.

For the clients' convenience, two fullservice nail technicians are available Mon- a new hard wax for a more comfortable day through Saturday. A popular nail service is a pampering spa pedicure which includes a massage with a nongreasy mixture of Ylang Ylang and Sandalwood oil and a rejuvenating aroma therapy foot masque, leaving the feet feeling soft, moisturized and cool. During the holidays, why not try a set of gel or acrylic nails and some nail art? This can be fun!

The Bioelements certified estheticians can analyze your skin and customize your facial treatments as well as recommend and customize Bioelements skin care and

continue the benefits of the facial treatfacial for dehydrated skin. Or if short of time, a 30-minute minifacial can be the answer.

Not sure about makeup colors or application? Have a personalized makeup lesson with a makeup artist. Makeup applications are offered for weddings, proms and other special occasions. A full line of Bioelements cosmetics is now available at the retail area

Full body waxing is also available, featuring a low melting Aloe Vera wax or Brazilian bikini wax.

There is nothing quite as relaxing as a visit to International Hair Designs, Inc., located in the Northlake Commons (around the corner from Dominick's) at 860 West Main St., Lake Zurich. Hours are Monday through Thursday, 9:00 a.m. to 9:00 p.m.; Friday, 9:00 a.m. to 6:00 p.m.; and Saturday, 8:00 a.m. to 3:30 p.m. Also serving wedding parties on Sunday (advance notice and deposit required). Call 1-847-438-8636 for more information.



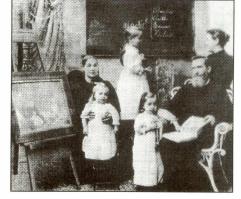
Woodstock Christian Life Services **Celebrates 100 Years**

When the Rev. John D. Kelsey founded the original Old People's Rest Home in 1903, could he have imagined that 100 years later his organization would have expanded to what it is today?

2003 marks the 100th anniversary of Woodstock Christian Life Services' mission of caring for seniors in northern Illinois.

The Old People's Rest Home is now called Hearthstone Manor and remains on the original campus with Hearthstone Village, Woodstock Early Learning Center and the corporate office. This year also marks the opening of WCLS' first off-campus endeavor, Belvidere Early Learning Center.

Currently home to over 200 seniors, WCLS offers a myriad of services that include independent living for seniors with licensed on-site supportive services, assisted living, Alzheimer's disease and related dementia care, and skilled nursing with Medicare certification.





The Woodstock and Belvidere early learning centers, divisions of WCLS, provide an atmosphere that is challenging and fun to nearly 300 children. WCLS is the employer of choice to over 250 people from Woodstock and the surrounding community.

WCLS may have grown in size and expanded their services, but they continue to deliver the same Christian-based high quality, loving care as always.

We Need Your Help!

WCLS is collecting items of historical interest for permanent display on our campus. Items can include antiques, photos, clothing and household items relating to the history of WCLS and those we serve. In the past, WCLS has been known by the following names: Woodstock Industrial Home for Children; Woodstock Children's Home; Sunset Manor; Old People's Rest Home; and Carefree Village. To donate or for information, call the marketing department at 815-334-6200.







N

for short-term stays.

Apartment sizes that fit your needs — from studio to 2-bedroom - up to over 900 square feet of living space.

Services that make your life easier — restaurant style dining, library, chapel, beauty shop and country store.

Discover Hearthstone Village, where a friend is never more than a few doors away. Hearthstone Village is the perfect community to call home.

Hearthstone Village

Retirement Community



840 N. Seminary Ave. (Route 47) Woodstock, Illinois 815.338.2110 • www.wcls.com

An affiliate of Woodstock Christian Life Services, a not-for-profit 501(c)(3) organizati





33 S. Rand Road - Lake Zurich - 847-540-6100



ON ANY PURCHASE WITH THIS COUPON ONLY*

Come In and See Us and

Get in Shape! All Ways Healthy

Natural Foods Center • Certified Nutritionist Available Lakeview Plaza • 123 S. Rand Rd., Lake Zurich, IL • 847-438-9200 www.allwayshealthy.com

* Coupon not good with any other offer. Produce, gift baskets & sale merchandise not included. Offer expires 1/31/2004.

Lakeshore Ski and Sports Club Trips

Lakeshore Ski and Sports Club, formerly ing with Welsh Village, Feb. 13 and 15. Lake Shore Ski Club, will begin the 2003-2004 ski season at Thanksgiving with a trip to Mount Tremblant from Nov. 27 to Dec. 1.

The Western Ski Trips are as follows: Copper Mountain, Dec. 31 to Jan. 4; Sun Valley, Jan 14 to 19; North Lake Tahoe, Feb. 5 to 10; Vail, Feb. 19 to 24; Aspen, March 11 to 16; Park City, March 24 to 29; and Sun Peaks Canada, April 1 to 6.

with: Boyne Mountain, Dec. 12 to 14; Wil- N. Elston, Chicago, beginning at 6:30 p.m.

The Cross Country Trips are as follows: Marquette, Mich., Jan. 16 to 19; Quebec, Canada, for Carnival, Jan. 31 to Feb. 7; Winter Park in Minocqua, Wis., Feb. 13 to 16; and Lillehammer, Norway, March 12

to 20. Our Annual European Ski Trip will be to Soelden, Austria, from Jan. 23 to 31.

LSSC meets the first and third Wednesdays of every month from September

The Midwestern Ski Trips will begin through May at Chief O'Neills Pub, 3471

For further information, please call 708-

Fine Art—Pet Portraits

Start the New Year off right by doing the things you have always wanted to do. Larry and Shannon Backe take great pleasure in capturing the real "purrson" that you hold so dear. Cody enjoyed having his portrait done and his owner Lindsey now has a treasure forever in the portrait that shows his sweet personality. Oberst Wybel had his portrait done as a gift for Dad. What a nice surprise. Dad was thrilled and Oberst is now the star Rottweiler at Lakeview Photo.

Life is too short to wait. Call 1-847-540-6100 and make your appointment now for that faithful friend that you hold so dear to your heart!

Pet portraits scheduled in January will receive a special 50% discount off the

Give Your Child's Teeth a Sporting Chance

Injuries to a child's mouth, face and head during sports have recently become more common. The injury rates in football, ice hockey and lacrosse have decreased significantly due to the requirement that all participants wear a helmet with face guard and a mouth guard. Baseball and softball now lead all youth sports in the number of oral-facial injuries sustained by its players. The sports with the next highest number of oral-facial injuries are soccer, basketball, volleyball and wrestling-all sports where mouth protection isn't required.

Athletic mouth guards are made of soft plastic adapted to fit comfortably to the shape of the upper teeth. Athletic protectors protect the child's gums, lips and cheeks from being cut, reduce the chance of tooth injury by about 90%, and reduce 1-847-991-4663.

by Lakeview Photo



session fee!

Lakeview Photo and Portrait Studio is located in the Lakeview Plaza on Rand Road in Lake Zurich.

by Irwin Seidman, D.D.S.

the possibility of a concussion.

The only protector that an athlete will wear is one that is comfortable and does not interfere with speech. The stock or mouth formed (boil and bite) protectors found in sporting goods stores can be helpful. However, the most comfortable, tightest-fitting and protective of the guards are the multilayer, custom-made protectors available through the dentist. The custom guards cost a bit more but can be worn for all of the sports that the child participates in. They can last for a couple years before replacement is necessary.

I am a pediatric dentist and an assistant professor of pediatric dentistry at the University of Illinois College of Dentistry. If you have any questions regarding your child's dental health, please contact me at

Resolutions for a Healthy New Year by Carole Childers, C.N., L.N.C., Owner All Ways Healthy

turn to self-improvement. We resolve to amounts and healthy low-carb snacks. lose weight and take charge of our health. But how?

Many people turn to the new low-carb diet, only to gain it all back again. "Going on a diet" means you can also go off a diet. And obviously, when you resume eating meals with lots of carbs, pounds pile back on.

Permanent weight loss requires permanent changes in your lifestyle. Try some reasonable changes to ensure your success. Instead of eliminating carbohydrates completely, eliminate only white foods like white flour, white sugar, white bread, Rand Rd., Lake Zurich.

The new year is upon us! Our thoughts white pasta and white rice. Eat smaller Drink plenty of water and exercise regularly. Most of all, make this New Year's resolution to lose weight a change in the way you live.

As you embrace the low-carb way of life, visit All Ways Healthy Natural Foods Center for new, delicious low-carb foods and supplements to help you maintain good nutrition. For more information contact Carole Childers, certified nutritionist and licensed nutritional counselor. For an appointment, call 1-847-438-9200 or stop in at All Ways Healthy, 123 S.

Barrington High School Fine Arts Department Bridges the Gap

The Barrington Area Council on Aging and New Generations will collaborate to create an original piece of art under the guidance of mosaic artist Mirtes Zwierzynski.

In addition to the 75-square-foot vertical mosaic mural to be installed in the Student Council Memorial Garden at the high school, students will be joined with tions. a senior citizen to create smaller mosaic

The first planning session for this portion of the residency will take place on Monday, Jan. 12, from 3 to 4 p.m. at Barrington High School in room E269. Artist Mirtes Zwierzynski will present a slide presentation featuring her mosaic work a other residency sites with both organiza-

For more information, please contact BACOA at 1-847-381-5030.

mont on Jan. 3; Cascade Mountain on Jan. 10; Granite and Indianhead, Jan 16 to 18; 786-3992 or visit their Web site at www. Chestnut Mountain on Jan. 31; and end- lssc.org.

works to be displayed at the BACOA office.

Garden Club of Inverness **Hosts Successful Luncheon**

Members of the Garden Club of Inverness and their guests celebrated the holidays on Dec. 4 at the club's annual luncheon at Medinah Country Club, Medinah.

The sold-out event included a demonstration of holiday floral design and a silent auction of attractive gifts for the home and garden.

The luncheon is the club's main fundraiser for the year, and proceeds are used for college scholarships for area students majoring in horticulture, environmental studies and related fields



Pat Ballot of P'Zazz Plus, Barrington, demonstrated unique holiday floral designs.



Event co-chairs Liz Todish (left) and Georgia Lazzaro greeted guests at the Garden Club of Inverness holiday luncheon.

Liz Todish and Georgia Lazzaro served as co-chairs of the event, and Eileen Kohne and Trina Toms organized the silent auction. Club member Shula Luber entertained during the prelunch social hour by playing holiday favorites on the piano. After the meal, president Linda Denison and scholarship chair Nancy Wulfers thanked all who attended for their generosity in supporting the club's scholarship program. Then, Pat Ballot of P'Zazz Plus in Barrington presented the latest designs in seasonal floral decor. Her completed arrangements were awarded to attendees at the end of the program.

潫囄戁囄襋囄嫾蟰嫾囄樤韢繸蟰**嫾**囄鑝韢

Escape the Winter Doldrums at Lake Barrington Woods

The holidays are over, but the weather outside can still be frightful. Residents at Lake Barrington Woods, however, are able to escape the winter doldrums. With fine dining, a fitness center, heated indoor swimming pool, scheduled programs and events, and many other services and amenities, it's easy to forget the cold outside.

This upscale rental retirement community, located just north of Kelsey Road and south of Route 22 in Lake Barrington, emphasizes the importance of fitness for older adults through programs like "Fit Into the Future." Fitness programming is offered five days a week in the state-ofthe-art fitness center and indoor pool. Different types of exercise programs for all abilities, including weight training, water aerobics and armchair fitness, are available

Dave Mehner teaches water aerobics three days a week at Lake Barrington Woods. The benefits are both physical and social. One of the physical benefits is that water aerobics exercises every muscle and joint at the same time. The most important benefit of water aerobics, however, is that anyone, no matter their age, can do it. Water causes your body to be buoyant, thus causing less strain and stress on your joints and muscles while still getting the maximum workout. Nadine Fachet, activity director at Lake visit, call 1-847-842-8900.

Barrington Woods, offers a variety of venues to expand residents' minds, employ their creativity and just plain have fun. On Tuesday afternoons, residents gather for "Tea and Tales." Nadine and the residents share inspirational tales over a cup of tea. Norm and Jean Hathaway discuss their travel adventures once a month and lively current events discussions are both informative and well attended. Entertainment abounds. From the Vern Perry Trio to the Ballroom City Dancers to Music Appreciation with Jim Kendros and The Music Man-Art Laartz, a variety of entertainers perform at Lake Barrington Woods each month. The popular Gourmet Dining Group convenes monthly and travels to area restaurants to enjoy fine cuisine. Recent destinations have included Lake Geneva, Twin Lakes and Gravslake.

Pursue your own selfish pleasures. Manicures are available, organized games and crafts abound, transportation is provided to a myriad of destinations-or just enjoy the simple pleasures of your beautiful apartment home with the reassurance of knowing assistance is a moment away, should you ever need it.

Lake Barrington Woods, a Parkside rental retirement community, offers both independent and licensed assisted living.



CALL TODAY: **Schedule a Comprehensive Skin Care Evaluation and enjoy** beautiful skin this Winter.



The beautiful Look of healthy skin ...

YOU KNOW THE LOOK:

Skin that is soft, smooth and glowing with vitality. There's a firm, resilient look and feel that has nothing to do with age or make up. This kind of beauty has everything to do with good health.

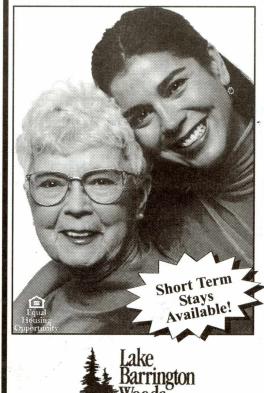
At Midwest Aesthetic Skin Care, we focus on programs tailored to meet your needs and designed to work around your lifestyle.

Susan Wothke, Licensed Aesthetician 847.277.1440

A division of Midwest Plastic Surgery Specialists, Gunnar Thors, MD

Mom Can't Live Alone Anymore

"At Lake Barrington Woods we discovered a community of caring friends, attentive staff and the help she needs."



Discover Lake Barrington Woods... and find the comfort, support and security you're looking for. Enjoy peace of mind knowing someone is available when Mom needs assistance. Various program options are available with monthly fees starting at \$3,595. • 24 hour care staff

- personalized care
- spacious apartments
- cozy neighborhood environment
- three delicious meals each day

Call 847-842-8900 now for your personalized tour.

A Parkside Rental Retirement Community

22320 Classic Court & Lake Barrington & (847) 842-8900

To learn more or to arrange for a personal

Off Northwest Highway between Kelsey Road & Route 22

Totally New—From Top to Bottom by Tamara Tabel

Ann and Brian DeMay wanted to change more than a few things about their Palatine home. They needed significantly more space, and wanted the new floor plan to be more conducive to entertaining and to the needs of their two sons. Their plans included a new great room, a totally remodeled kitchen, an office for Brian, reconfigured upstairs bedrooms, a remodeled master bath, a full basement and a new attached garage. Sound like a pretty tall order? Not for Delta Renovations and Barrington Kitchen and Bath Studio of Barrington. They were more than up for the challenge.

Mark Zurek of Delta Renovations took the lead in the extensive renovation of the DeMay's house, which more than doubled the size of the home-from 1700 to 3600 square feet. By expanding up and out into the back yard, the DeMays were able to add an expansive, two-story family room and a unique, octagon-shaped eating area. A new office was also added for Brian. Additional footage was created by adding a full basement underneath.

The upstairs changed considerably, as well. To make better use of space, three smaller bedrooms were converted into a loft and an expanded bedroom for the DeMay's two young boys, while a totally new bedroom was added over the garage.

Ross Gerami of Barrington Kitchen & Bath Studio worked closely with the DeMays and their design team to achieve a kitchen with modern amenities, but with an Old-World influence. The choice was pine cabinets and a slate floor, with special custom details, such as a tin-paneled door, a "hidden" refrigerator and 150-year-old ceiling beams, adding to the charm.

Additional custom details added a personal touch to other areas of the home, as well. Mark Zurek of Delta Renovations designed and built cabinetry in Brian's office, a bookcase in the upstairs closet, and fun and functional details for the boys... including raised, staggered bunk beds, built-

in dressers (to capitalize on the truncated space created from the gable roof line), and an entertainment center in the boys' loft.





Custom built-ins, like these bunkbeds in the boys' room, add a personal—and practical-touch.

And, as the final change in the DeMay home, the lowerlevel master bath was totally remodeled, including the installation of a slate shower stall with glass doors, a marble-topped double sink and lots of new cabinets.

But in spite of the extensive nature of the changes, the

The new open floor plan features a new kitchen with Old World charm...and an octogon-shaped eating area with turret ceiling and lots of light.

underlying character of house stayed the same-rustic and casual. Just the feel the DeMays hoped to achieve. "I love our house," said Ann DeMay. "Everyone's work was superb. We got everything we wanted-I don't have any regrets."

If you're considering a change to your home-no matter how big-talk to the experts at Barrington Kitchen & Bath Studio and Delta Renovations. Just call 847/381-3084. They'll help you transform your home from outdated to outstanding!











M HOURS: MONDAY - FRIDAY 9:00 AM TO 5:00 PM SATURDAY 10:00 AM TO 3:00 PM OR BY APPOINTMENT APPOINTMENTS ARE SUGGESTED FOR DESIGN AND PLANNING CONSULTATIONS

319 W. Northwest Hwy. • Barrington

www.barringtonkitchen-bath.com



LIFESTYLES

Lomes & Interior Designs SECTION

Simplify! Organize! Beautify!

Life too complex? Simplify with Closet chure. Masters. Organize your closets, home office, pantry, utility room and garage. When your surroundings are organized, it removes one of our everyday causes of stress-confusion

Masters' closet and storage systems are of wall space. Drawers and shelves can be professionally designed and installed. Closet Masters takes pride in every job and provides references with every bro- and simplify your life.

A new product for Closet Masters is the Wall Bed-a real bed, hidden when not in use behind an attractive cabinet. It easily pulls down to provide a comfortable rest for your guests. Available in twin, full There's a place for everything. Closet or queen sizes. The queen only takes 66" added to the sides of the cabinet.

Call Closet Masters at 1-847-669-7015

Caregiver Support Group

The Barrington Area Council on Aging, Meeting Room, 200 South Hough St., from Inc., invites you to attend our Caregiver 7 to 9 p.m. Support Group meetings, which are held on the first Wednesday of each month at join us. For more information, call 1-847-

All family caregivers are welcome to the Barrington Village Hall, Community 381-5030. Registration is not required.

Are You Looking for the Very Best in Casual Furniture?



Then visit The Garden House of Casual items in teak, aluminum, wrought iron Furniture, 1707 N. Rand Road in Palatine.

The Garden House offers one of the area's largest displays of premium indoor and outdoor furniture from Lane Venture and Lloyd Flanders. On display are seating, dining and accent pieces in wicker, rattan and bamboo for your sunroom, four-season room, dining room, den and

and synthetic wicker await you.

Design consultants and an experienced, friendly, knowledgeable staff are on hand to assist you with your selections.

The Garden House of Casual Furniture is open Monday through Saturday from 9:30 a.m. to 5:30 p.m. and Sunday from 11:00 a.m. to 4:00 p.m. 1-847-359-



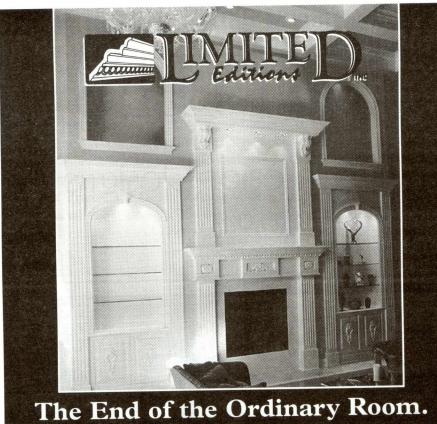


Highest Quality Furniture Wicker, Rattan & Iron **Designer Colors, Fabrics** & Finishes

the **Garden House** of casual furniture, inc.

1707 Rand Rd. • Palatine (1 Block North of Dundee) 847-359-2020

bedroom. For the patio and garden room, 2020.



Historic Crown Mouldings • Fine Custom Cabinetry **Columns • Wainscotting • Doors • Hardwood Mantles Expert Trim Carpentry**

> **DESIGN SHOWROOM** 249 W. Dundee Road, Buffalo Grove, IL 60089 847/215-8500 Fax 215-8552 www.LTDMOULDINGS.com

"Garden in Art" Seminar

"Chinese Gardens," the first lecture in the Garden in Art Seminar Series of the Barrington Community Associates of the Art Institute of Chicago, will be at 1 p.m. on Feb. 5 at the Barrington Area Library, 505 N. Northwest Highway.

Chinese gardens have a long history from the hunting parks of China's ment of Art History, Theory and Criticism feudal period to the private gardens of the literati. This lecture by Stanley Murashige will focus on the aesthetics and poetry of the private garden, a striking contrast to the grand and monumental parks of China's late emperors.

Stanley Murashige, associate professor of art history, School of the Art Institute of Chicago, received his bachelor's degree in art history from Stanford University in 1976 and his master's and doctorate from the University of Chicago in 1991. He taught at Michigan State University in East Stanley has been teaching in the Depart- registration is by check only.



Peach Blossom Spring, After Qiu Ying, **Courtesy of Art Institute of Chicago**

at the School of the Art Institute and recently served as department chair. His research specialty is the history of Chinese painting with a particular interest in the study of Chinese aesthetics.

This is the first in a series of four February lectures titled "Garden in Art." All lectures will meet at 1 p.m. at the Barrington Area Library, Feb. 5, 12, 17 and 26. The series fee is \$40 for members or \$60 for nonmembers. Advanced registration is preferred. Contact Pat Fein at 1-847-382-5953. The individual lecture fee is \$12 for Lansing from 1991 to 1993. Since 1993, members or \$20 for nonmembers. Day

Lakeshore Ski and Sports Club Meeting

at Chief O'Neill's Pub, 3471 N. Elston in program. Chicago, on Wednesday, Jan. 7, from 7 to 9 p.m.

has many exciting trips planned for the O'Neill's from September through May. 2003-2004 ski season of cross-country and downhill trips throughout the Midwest about the advantages of becoming a club and western states as well as two Euro- member, call 708-786, 3992 or visit the pean trips. The meeting is also a great op- club's Web site at www.lssc.org. portunity to learn about the club's many

Lakeshore Ski and Sports Club will meet social activities and our year-round tennis

All who are interested are cordially invited to attend. Meetings are the first and The ski season is in progress. The club third Wednesdays of every month at Chief

For further information and to learn

Children, Young Women to Network in New Groups at Wellness Place

dren ages 6 to 12 and the other for young women, will meet simultaneously from 6:00 to 7:30 p.m. on Mondays, Jan. 12 and 26, at Wellness Place, a cancer resource center located at 1619 W. Colonial Parkway, Palatine.

Offered at no charge, these two groups are among 10 networking opportunities presented by Wellness Place each month. Registration is required by calling 1-847-221-2400.

The children's group will explore questions, concerns and fears related to an adult family member with cancer through the use of art, play and storytelling. It will be facilitated by Lori Mackey, Wellness Place certified child life specialist and certified art therapist.

The women's group, facilitated by Margaret French, Wellness Place clinical specialist, and Amanda Holmes, licensed counselor, will focus on specific issues and coping models to help young women with cancer.

A new teen group for ages 13 to 18 also will begin Mondays, Jan. 5 and 19, to discuss and share experiences of having a loved one with cancer. Coping skills, relaxation and journaling techniques will be taught.

Other ongoing group networking opportunities at Wellness Place in January include

• Welcome Sessions will be held Tuesdays, Jan. 6 and 20, from 6:00 to 6:30 p.m. The sessions offer a guided tour of the cancer center and information about free programs and services available to participants

· Coping with Cancer, facilitated by Diana Wilson, Wellness Place clinical specialist, and Charlie Stephens, cancer survivor, welcomes people newly diagnosed with cancer, new to Wellness Place or experienced in the cancer journey, to attend for support and continuing education Tuesdays, Jan. 6 and 20, from 6:30 to 8:00

• Caregivers/Family/Friends Group, coordinated by Margaret French, Wellness

Artists and Craftsmen Invited

Artists and craftsman are invited to apply for participation in the Advocate Good Shepherd Hospital Auxiliary's 30th Annual Juried and Invited Exhibition, Art in the Barn, 2004, scheduled to be held Sept. 25 and 26, 10 a.m. to 5 p.m.

The Artists Committee has announced that the deadline for entry is April 1. All applications should be postmarked by that date.

Acceptance into the show will be decided from quality slides that artists submit for jurying. The jury makes the final decisions on participants. The show will feature works ranging from oil and acrylic paintings, photography and watercolors, jewelry, sculpture, metal work, pottery, handmade paper, batik, stained glass, blown glass, ceramics, woodworking, handwoven fabrics, leather, and limited- Artists Committee, at 1-847-842-4496.

Two new support groups, one for chil- Place clinical specialist, and Wilson, invites people who care about someone with cancer to meet Tuesdays, Jan. 13 and 27, from 7:00 to 8:30 p.m.

• Men with Cancer Networking Group, led by Harvey Wolf, health psychologist and Wellness Place consultant, and Stephens, will discuss issues faced by men with cancer on Tuesdays, Jan. 13 and 27, from 7:00 to 8:30 p.m.

• Breast Cancer Networking Group, facilitated by Kathy Hill and French, Wellness Place clinical specialists, will meet Wednesday, Jan. 14, from 6:30 to 8:00 p.m.

• Recurrence/Metastatic Networking Group, led by Wolf and Lois Coldewey, Wellness Place clinical specialist, includes people with recurrence or metastatic disease, their family and friends, and will meet Thursdays, Jan. 8 and 22, from 10:30 a.m. to noon.

• Leukemia/Lymphoma/Multiple Myeloma Group, facilitated by Sue Blechschmidt, Wellness Place clinical director, and Wilson, includes cancer survivors, family and friends who will meet Wednesdays, Jan. 7 and 21, from 11:30 a.m. to 1:00 p.m.

• Spirituality and Well-Being Group, facilitated by Lois Coldewey, a registered nurse and certified spiritual companion, will help participants search for a deeper meaning and purpose to life and reflect on spiritual beliefs and practices on Thursday, Jan. 15, from 10:30 a.m. to noon.

• Family Consultations are available for individuals, couples, children and teens, and families to discuss resources and ways to cope with cancer's impact on family life. Wellness Place professionals meet with parents and children together or on an individual basis. Call for an appointment.

Wellness Place, a nonprofit organization incorporated in 1999, offers resources, support and education for people with cancer, their family and friends, and serves 60 communities in the Northwest Suburbs of Cook County, and parts of McHenry, Lake and Kane counties.

edition prints.

There will be private and corporate purchase awards.

Art in the Barn is held in the barns and other rustic buildings at the Advocate Good Shepherd Hospital site, Route 22, two miles west of Highway 59, northwest of Barrington.

Fine arts and fine crafts will be displayed in a farm setting, and the annual event has become a favorite family outing as well as a primary fund-raiser for the auxiliary. Attendance of 8,000 is expected this year.

For additional information and for entry forms, artists should write to: Art in the Barn, 2004, Good Shepherd Hospital, 450 West Highway 22, Barrington, IL, 60010, Attn: Artists Committee or call Julie Nagle,

AND WE WE

Not Too Early to Think About Lawncare

Grove is now accepting landscape maintenance clients for the 2004 season. The schedule is already filling up, so don't wait until the grass is green before picking up the phone.

Geimer's maintenance crews take an ecofriendly, naturalistic approach to landscape maintenance that includes mulching your grass clippings and leaves; an organic fertilization program; minimal chemical pest management solutions; naturalistic pruning techniques; and more.

Additional maintenance options include spring and fall cleanups; planting bed prep

Geimer Greenhouses, Inc., of Long and mulching; core aeration; and seed, sod and planting services. For large-scale planting, Geimer's offers complete landscape design and installation services, as well as brick and stone paving and water garden design

> Geimer's has helped the suburbs grow since 1928. Their garden center and nursery are located a half-mile north of Lake Cook Road on Route 53 (Hicks Road) in Long Grove. For more information on Geimer's landscape design or landscape maintenance services, call 1-847-358-6363

25th Annual Young Writers' Project

announces the 25th Annual Young Writers Project, beginning Monday, Jan. 12. Students in grades kindergarten through 12th who reside in Barrington District 220 boundaries are invited to submit their original work of poetry, fiction or nonfiction. Selected manuscripts will be published in a bound booklet. Submissions are not restricted to any particular theme; however we are suggesting a theme for our 25th anniversary issue-"What will the world be like in 25 years?"

Entry forms will be available the week of Jan. 12 at all District 220 schools, the Barrington Area Library and the BAAC in downtown Barrington. Manuscripts must be received back at BAAC by 4 p.m. on Friday, Feb. 27, 2004.

Volunteers are also needed to assist

The Barrington Area Arts Council (BAAC) with the Young Writers Project. Tasks include judging entries, sorting and coding manuscripts, preparing manuscripts for publication, and planning for/working at a 25th anniversary reception celebrating 25 years of District 220 students' writing achievements with BAAC's Young Writers Project. If you can help in any capacity or need more information, please call BAAC at 1-847-382-5626.

The Barrington Area Arts Council is a not-for-profit arts organization that supports, promotes and sustains programs in the visual, literary and performing arts. It is partially funded by individual and corporate support, grants from the Illinois Arts Council (a state agency) and the Village of Barrington. (The Young Writers Project is not sponsored by Barrington Community Unit School District 220.)

Landscape Maintenance

Now accepting clients for 2004!

Spring & fall cleanups; Organic fertilization program; Planting bed prep & mulching; Weekly mowing, edging, trimming; Planting services available.



Filling up fast! Sign up today!



1/2-mile N. of Lake-Cook Road on Old IL Rt. 53 (Hicks Road) Long Grove

(847) 358-6363

Ability to Customize Lures Empty-Nesters to TerraVilla in Crystal Lake



Moving walls, reconfiguring floor plans, finishing basements and adding sunrooms are just a few of the customizing features that have attracted the attention of discerning empty-nesters at TerraVilla in Crystal Lake.

According to Peter Bianchini, president of Premier Property Group, Inc., the community developer, TerraVilla's ability to provide a custom home experience in attached, maintenance-free ranch homes has been a real selling feature. "We are offering our buyers a custom home building experience that they would be hard pressed to find in maintenance-free ranch plans in the Chicagoland area," Bianchini said. "For example, we've done everything from completely redesigning a floor plan and submitting new blue prints to knocking out kitchen walls that extend living space. We've also changed the configuration of master baths, opened studies to kitchens creating a dining room, and extended exterior walls to make a floor plan or partic-

ular room bigger as the homesite permits. Every home at TerraVilla is as unique as its owner-no two homes are the same on the inside and that's not something you'll usually find in an attached, maintenancefree neighborhood.'

Located on Route 31 off Terra Cotta Avenue, TerraVilla is a 33-acre community that will include 27 acres of open space and commons areas as well as 52 attached and detached ranch homes.

In addition to the ability to customize interior square footage, TerraVilla stands out from other empty-nester neighborhoods with its lengthy list of custom inclusions. Items such as brick and cedar exteriors, hardwood and ceramic tile flooring, twopiece crown moulding, volume and tray ceilings, granite countertops and full lookout basements with nine-foot ceilings are included as standard

According to Bianchini, the standard finished basement package that includes a bedroom, full bathroom, office and recre-

ation room is a popular \$40,000 addition but the skies the limit when buyers are completing the space. "Over 35% of our buyers choose to finish their basement before moving in," said Bianchini. "These buyers do some fantastic things to their basements, including, adding fireplaces, music rooms, in-home movie theaters, exercise rooms and spas. We recently had a buyer ask us to install an ornate bar that he had purchased overseas that he wanted in the basement. The bar was so heavy we had to make modifications to the floor plan and sub-flooring to accommodate it." More affordable custom options include the addition of a sunroom for \$18,350, which buyers choose to add more than 50% of the time

"With homes base-priced starting in the low \$300,000s, we are attracting a discriminating buyer who has been financially successful and spent the last 20 years in an upscale custom home," Bianchini said. "These buyers are looking to streamline their lifestyle without giving up the style and conveniences that they have worked so hard to attain. That's why we are getting buyers from Park Ridge, Arlington Heights, Palatine, Inverness and Barrington. They can't find the custom space they desire in maintenance-free environment in those areas so they are coming to TerraVilla."

Two attached designs, the Lancaster and the Essex, are offered and are available as slightly modified detached plans.

Outstanding features included as stan-

dard are two-piece crown moulding in the foyer, study, hallways and master baths; volume or tray ceilings; fireplaces with floor-to-ceiling brick face and stained or painted wood mantel; hardwood flooring in the foyer, hallways, kitchen and breakfast nook; eight-foot-tall garage door with windows in upper panels; central air conditioning; full lookout basements with nine-foot ceilings; and brick and cedar exteriors. Kitchens include furniture-quality 36" upper cabinets with crown moulding, granite countertops and stainless-steel KitchenAid appliances. Baths feature granite vanity tops, ceramic tile flooring, built-in seats in master bath showers, Moen decorator faucets and whirlpool tubs.

To visit TerraVilla, take I-90 to Route 31 north to Crystal Lake Avenue east to Smith Road north to Terra Cotta Avenue and west to the community entrance. The sales center is open daily 9 a.m. to 5 p.m. except on Sundays when the sales center is closed. For more information, please call 815-788-0120 or visit www.premierpropertygroup. com.



5608 Prairie Ridge Road Crystal Lake, IL





Just as Beautiful From the Back



Imagine overlooking 400 acres of forest preserve from your private bedroom balcony. At Brookstone in Long Grove, nature's beauty is as close as your own backyard.

LONG GROVE HOMES BY RICHMOND

Visit our Demonstration Home open daily from 10:00 to 5:00 p.m., closed Wed. and Thurs. Take Lake Cook Road to Arlington Heights Road, north to Checker Road, west 1/2 mile to entrance. 847.537.8459

The Grand Opening of Phase II offers 7 highly desirable 1 to $1\frac{3}{4}$ acre premium sites surrounded by woods, ponds, walking trails and two lakes. Take advantage of year-round resort living in a magnificent custom designed residence filled with sumptuous inclusions and a walk-out basement. Children attend top rated Stevenson High School. Homes start at \$1.3 million

Barrington Area Chamber of Commerce Celebrates 35 Years with Gala on Jan. 30

event to celebrate the 35th anniversary of the BACC on Jan. 30, 6:30 p.m., at the Chicago Marriott Northwest located just off Route 59.

Reservations are being accepted now for this special night featuring the installation of new board members, an awards ceremony, dinner, dancing and keynote speaker U.S. Rep. Mark Kirk from the 10th District.

"We are really looking forward to this pecial day to honor 35 years of the chamber and its services to the Barrington businessmen who met at a local tearoom

The Barrington Area Chamber of Com- area," said Janet Meyer, president of the merce recently announced plans for a gala BACC. "We have grown to be the voice of business and are pleased to support the many local businesses that are really the heart of this community."

Records show that the Barrington Area Chamber of Commerce is actually well over 50 years old. It began in 1955 as the Barrington Association of Commerce and by 1960 its membership totaled 43 members. In 1965, the association reorganized and changed its name to the BACC when official records were started. Today, the BACC has grown from a small group of

Does Your Pet Need a Day at the Spa?

Oakview Kennel offers a full-service grooming facility for all your pets' beauty needs. With over 15 years experience in the grooming industry, our grooming staff can bathe or groom your pet six days a week.

Here are just some of the services we skin offer:

• Bathing

• Nails and ears

• Full grooming-any kind of cut you prefer

• Medicated bath treatments for skin problems



• Oatmeal bath treatments for sensitive

• Flea treatments

• Hot oil treatments for dry, itchy skin Please call to make an appointment. We also have boarding and obedience training. Just ask!

Oakview Kennel & Cattery-1-847-526-1388.

Brookstone Attracts Discriminating Home Buyers to its Spectacular Estate Homes

Discriminating home buyers won't purchase cookie-cutter homes on small lots or live in large communities. Instead, they come to Brookstone, a community of 15 one-of-a-kind homes on one-to-13/4-acre wooded sites. Situated on rolling terrain, all of the estate homes have walkout or English basements. Located next to the Buffalo Creek Forest Preserve in southeast Long Grove, this small community is perfect for the discerning home buyer.

Phase II is now open with seven home sites that back up to a magnificent 400acre forest preserve.

"Most of our homeowners spend their leisure time enjoying nature from their backyards, which is why we have designed the back of our homes to look as beautiful as the front," said Rick Bouchez, who, along with Steve Day, are partners on this project. "Therefore, they desire exterior elevations to be not only functional but also dramatic.

Amenities such as elegant oversized balconies extend off the master bedroom, brick paver heated patios, year-round fire pits, outdoor fireplaces, compact exterior kitchens, and screened and heated sun rooms combine to make the outdoors an

extension of the home.

Homeowners can also leave the comfort of their backyard for a wealth of outdoor activities in the forest preserve. They can bird watch, photograph nature, ride their bikes along scenic bike paths, exercise on walking trails, or fish in the two well-stocked lakes

Because the outside of a home should have curb appeal as well, the builders pride themselves in creating impressive homes with European country architecture reminiscent of a French chateau. The homes are aesthetically pleasing with brick, stone and stucco along with limestone accents. Even the bedroom balconies enhanced with limestone balusters are spacious enough to accommodate a couch, rattan chairs and a table.

Impressive in design is an octagonal turret which houses an eight-foot whirlpool hot tub on the second level and a beautifully shaped breakfast room on the first floor.

We invite you to visit our exquisite community and learn why a Brookstone home is right for you. Call 1-847-808-2940.

to one of the largest and most active chambers in Illinois with over 700 business and professional firms as members. from the seven surrounding communities. Led by a board of directors of 13 area business representatives and the BACC president, the work of the chamber is carried out by the staff and the four major divisions-economic development, government affairs, community relations and operations-and the nearly 20 committees under them.

"For 35 years the chamber has provided a supportive network for businesses to develop and succeed," said Meyer. "In an area where over 40,000 people reside and over 12,000 are employed, our chamber has served as the resource for executives and entrepreneurs alike, providing our members with a home to become acquainted and develop relationships and referrals, launch initiatives and serve for the betterment of the community."

The BACC serves the communities

North Barrington, South Barrington, Tower Lakes and the Village of Barrington. The BACC welcomes businesses and organizations outside this geographic area that have an interest in being part of a vibrant chamber comprised of over 265 classifications of businesses. BACC members range from large corporations to small office/ home office entrepreneurs.

The chamber is also the official voice for the BACC communities, helping to coordinate the resources and talents of local business people with issues from economic development to revitalization efforts of the downtown schools, taxes and transportation.

The mission of the BACC is to promote a dynamic business environment for the benefit of a vibrant community. Discover the new and explore the tradition in Barrington.

For more information or to register for the 35th anniversary gala, please contact the BACC at 1-847-381-2525.

Barrington Hills, Deer Park, Inverness,

From a Woman's Point of View by Gail Wickstrom, Wickstrom Ford Lincoln Mercury

This past month, I've had the chance to drive the new Ford Freestar and its sister vehicle, the Mercury Monterey. If your payload tends to include grandchildren, dogs or groceries, like mine has recently, be sure to check out these new minivans. They deliver style, safety, storage and so many seating configurations, you won't know what to do with your flexibility and freedom. The third-row seat faces forward, flips backward for tailgating and disappears into the floor for fold-flat storage. The middle seats fit those older six-foot kids comfortably too!

I'm not the expert on these minivans, but Bob Cope is! Bob is one of our sales team members and has taken first place in the Freestar "walkaround" for our local Ford area. Bob will share his prize-winning knowledge of the vehicle while you both "walkaround" the Freestar or Monterey. I know he'll be sure to point out the seating arrangements, body style changes and even the mink zebrano wood in the Monterey. Bob would enjoy having you stop in and "walkaround" the new vans with him. He is competing in the Regional Walkaround this month! We're proud of



his achievement, and we're proud to offer the Ford Freestar and Mercury Monter-

Wickstrom Ford continues to provide you with Saturday hours for lube, oil and filter service at our 600 W. Northwest Hwy. facility. Feel free to bring in your Ford, Lincoln or Mercury for factory-approved service from 7:30 a.m. to 3:30 p.m. on Saturday! And be sure to see Bob Cope at our Lincoln Mercury store at Hart Road and Northwest Highway for a "walkaround" of the Freestar or Monterey!

Happy New Year! **Decorating Connections' Biggest Sale Ever** Save 40% to 50% on Furniture

Decorating Connections is offering 40% to 50% off a majority of our furniture through January to say "Thank You" for another wonderful year of your patronage!

From fabulous upholstery lines like Stanford, Pearson and Fairfield to beautiful hand-painted pieces from Habersham Plantation to wrought-iron furniture from Kessler and Charleston Forge -all are being offered at 40% to 50% off!

Bernhardt, Kravet Furniture, Baker, Hickory Chair, Harden, Hooker, Lexington and more are also being offered at savings starting at 20%.

Decorating Connections, Inc., a full-service interior design firm, has been creating visionary interiors in Barrington for 17 years! Decorating Connections provides residential and commercial design ser- artwork and accessory samples for you to vices and is your source for:

- Furniture
- Accessories
- Window treatments
- Reupholstery
- And much, much more

Our studio houses one of the largest



choose from.

Creating your dream home will be an exciting and extremely-pleasing experience when working with Decorating • New home & remodeling consultation Connections as the designers unite superior design skills with excellent customer service.

Please come visit us at our new showdesign libraries in the area. In our show- room in the Barrington Commons Court, room, there are thousands of fabric, wall- 'the former Esch Pharmacy, near the Barpaper, area rug, carpet, furniture, lighting, rington Post Office. 1-847-381-7137.

Writers and Artists, Learn How to Protect Your Work

While Your Work is an Art, It is Also a Business

The Barrington Writers' Workshop is hear Professor Clinton Francis of North-



Happy New Year!

40%-50% OFF

- Stanford Upholstery Pearson Upholstery
- Habersham Plantation Hekman Furniture
- Charleston Forge & many more!

20%-40% OFF

- Bernhardt Furniture
- Kravet Furniture
- Harden Furniture & many more!
 - Duralee Furniture

Come in and Speak with our Interior Designers to find out how we can create your dream home!



Decorating Connections, Inc.

• Creating Visionary Interiors for 17 Years •

125 Barrington Commons Court • Barrington • (847) 381-7137

right and fair use in today's publishing world.

A tenured member of the faculty, Professor Francis obtained his initial legal training in New Zealand where, upon completing his LLB and LLM degrees with honors, was admitted as a barrister and solicitor of the New Zealand Supreme Court. After teaching for several years at Victoria University of Wellington, New Zealand, Francis completed a doctorate in law at the University of Virginia Law School, with scholarships from the Ful- affiliated with the Barrington Area Arts bright and DuPont Foundations. He then Council and is in its 26th year of offering taught as an associate at the University of writers of every ilk a place to have their California Berkeley Law School. In 1978,

on intellectual property, trademark, copy- School of Law, and has since received numerous teaching awards.

> Questions will be taken following the presentation. The program will be held at the Barrington Area Library, 505 N. Northwest Highway, Barrington, on Saturday, Jan. 10, at 2 p.m. Admission is \$10 in advance, \$12 at the door. Refreshments will be served. Seating is limited. For reservations, call the Barrington Area Arts Council at 1-847-382-5626 by Jan. 5. The address is 207 Park Ave., Barrington, IL 60010.

The Barrington Writers' Workshop is work critiqued in preparation for publica-

pleased to offer a unique opportunity to western University School of Law speak

he joined the Northwestern University tion.



The Finest in Kitchens & Baths **SINCE 1992**

FREE Winter Seminars & Cooking Classes

All cooking classes are designed to give consumers a close up and hands on experience with the equipment. Each chef is factory trained in their product line to be able to demonstrate product capabilities, answer questions and address concerns.

> Thursday, January 8th, 11am-1pm Wolf Cooking Class with Wolf Corporate Chef Pete Trusiak. "Surviving the Winter" featuring hearty foods, from braised short ribs to savory soups.

Saturday, January 17th, 9-11 am

Kitchen Planning 101, Getting Started

This seminar is designed for the consumer that is considering a remodeling project that involves a kitchen or other room requiring cabinetry and functional space planning, or is building a new home. Many consumers are unsure of how and where to begin the planning and design process or are simply overwhelmed by the choices and services offered. This informative seminar will help get you motivated to start the design process with confidence and direction.

Saturday, January 24th, 9-11am Aga Cooking Class, with Aga Corporate Chef Marie Havel

A British-style Breakfast in the Aga Range. It's not just a stove, it's a lifestyle. Come and see if it is your lifestyle.

Limited seating, by RSVP only 847-381-7950 or for more detailed information and to register online for a cooking class or seminar, go to

www.insigniakitchenandbath.com







24 Hour Emergency Service Call 1-877-FIX-FAST

www.professionalplumbing.com

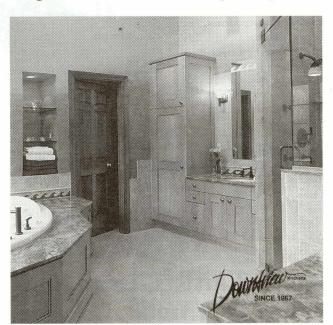
Showroom & Design Center • 1435 S. Barrington Road, Barrington, IL 60010 tel: 847-381-7950 • fax: 847-381-8004 www.insigniakitchenandbath.com



2000 James Foster, CKD Memorial Award for Design Excellence



1st Place Large Kitchen Category Design Visions 2003 NKBA Design Competition



1st Place Large Bathroom Category Design Visions 2003 NKBA Design Competition

When to Renovate and When to Vacate



"BEFORE"

As the holidays come to a close, many lying desire is freedom... the freedom homeowners are asking themselves whether they should renovate or just vacate their home. "In every case the issues are the same, but the solutions are different," says John C. Cazzetta, of the Barrington residential architectural firm, Kemper Cazzetta Architects

The folks who decide to renovate are typically attached to their neighborhood, their schools, or their home... except their home no longer fits their lifestyle. For these people the key question is resale. "We have found that in most cases, people who stay in their home for at least five years easily recover their renovation dollars. For those who could relocate within two years, we recommend updating what is necessary or what may be detrimental to a sale.'

Homeowners who decide to move do Architects at 847-382-8322. so for other reasons. "Frankly, the under-

"AFTER"

to live in a home which is tailored precisely to the lifestyle of their family. When their existing home dictates or constrains their lifestyle, with or without renovating, then it is time to move on," adds Cazzetta. "This is a family who should design an affordable custom home. Keep in mind that even new model home plans can confine over time!"

If you are trying to decide on which direction to go, please call for a free consultation. "Chances are, we have resolved situations similar to yours. In either case, we enjoy the challenge of incorporating new space into your present home or the freedom associated with designing custom space for a new home."

If we can be of assistance, please call John C. Cazzetta of Kemper Cazzetta

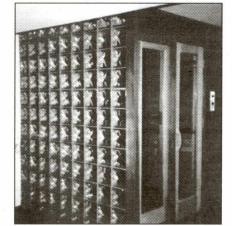
The Many Benefits of Sauna

"Old Finnish proverbs consider sauna to be the 'medicine of the poor, the hospital and of Finland," according to Spa and Sauna Magazine.

"Saunas promote the perspiration of body toxins, stimulate circulation, increase body metabolism, keep skin glowing and youthful and alleviate sinus congestion due to colds, asthma and allergies.

In fact, many feel it's one of the most effective detoxifying treatments available.

Today, in many research laboratories around the world, saunas are being tested as therapy for chemical poisoning. Because of the mental relaxation saunas are able to induce, it's said to be the perfect environment for intimate conversations with spouses, friends and children," Spa and Sauna Magazine continues.



For more information about the benefits of sauna, see Swanson's Spas & Saunas on Rand Rd. in Lake Zurich.

Glare-Not Window Tinters Provides Savings Year Round

Improve appearance with the elegant the winter, meaning less money going to now backed by a manufacturer's lifetime warranty. Solar Gard, Sun Gard and 3M films come in a variety of densities from clear to blackout or neutral to reflective with a natural and beautiful look. Neutral films keep the same look of the trees; grass, and blue sky.

Window film rejects up to 98% of harmful ultra violet rays which is a major contributor to fading of furnishings, carpets, drapes, pictures, etc.

Solar Gard, Sun Gard and 3M also im- films are backed by a manufacturer's lifeproves efficiency by rejecting up to 79% time residential warranty. Many locations of the sun's solar energy in the summer are tinted by **Glare Not**, including: Brach's and insulating your home to retain heat in Candies in Chicago, Avon Corp. in Morton

look of window film. Residential films are our favorite people (electric co.) and remaining in your pocket.

> Window film also increases safety with pressure sensitive adhesive. The adhesive bonds the film to the glass helping to hold fragments in place if glass breakage were to occur by a golf ball, baseball, or burglar, making glass shatter resistant.

Glare-Not Inc. has provided savings and security for 11 years in Barrington. Long Grove and the north shore area. Remember all Solar Gard, Sun Gard and 3M



KEMPER CAZZETTA ARCHITECTURE • LAND&CAPE ARCHITECTURE • PLANNING • INTERIOR DESIGN 209 East Franklin Street, Barrington, IL 60010 • (847) 382-8322 • Fax (847) 382-4852





Four Seasons Garden Club

From September through June, the Four Seasons Garden Club of Barrington holds its meetings on the first Tuesday of the month. The meetings are held at either a member's home or at the Barrington Area Library. A social coffee and visit among members is followed by a short business meeting and then a presentation or demonstration connected to some aspect of gardening and gardening interests. For more information on individual meetings, call Lenore Lawrence at 1-847-381-2883.

Grove, two Ace Hardware corporate offices, four Armcore banks, First National Bank of Chicago, plus 1,000's of homes.

This month's meeting will be Tuesday, Jan. 6, at 9:30 a.m. The meeting will be held at the Barrington Area Library. Sally Harris will be the guest speaker and will present a visual tour of English gardens, including the Chelsea Flower Show, the gardens of Sissinghurst Castile and the Long Barn gardens in Kent.

Though there is no obligation to join, you are encouraged to come and bring a guest. We would love to see you at the Four Seasons Garden Club.

For further details, please call 1-847-382-8468, 815-363-8468 or 1-847-812-5499 cel.

References are available upon request. We look forward to saving you money!!!

www.havanacigar.com

CONTINUING TO SERVE BARRINGTON AS THE #1 OFFICE





Independently Owned And Operated by NRT, Inc.

CONTINUING TO SERVE BARRINGTON AS THE #1 OFFICE



PLEASE CALL LISTING AGENT DIRECT

RECEIVE A FREE GRANITE PASTRY BOARD (\$100 VALUE) WHILE SUPPLIES LAST, WHEN YOU BRING IN A DRAWING FOR A QUOTATION



LOCATED AT

430 WEST WEGNER ROAD LAKEMOOR

We specialize in but are not limited to:

- Kitchen Counter Tops
- Butlers pantry and wet bars
- Fireplace surrounds and hearths
- Shower/ Tub Surrounds
- Reception Desks
- · Full height splashes

Island Counter tops

- · Full wall fireplaces
- Custom Tub Decks
- Columns

WE ALSO CARRY FINE HAND-CARVED STONE MANTELS FOR FIREPLACES





430 West Wegner Road Lakemoor, Illinois 60050-8653

(847) 526-9594 voice (847) 526-9507 fax

http://www.stonecrafters.com

Stonecrafters' Showroom Lakemoor Showroom with **State-of-the-Art Production Facilities**

Come to Stonecrafters, your one stop for gourmet granite kitchen tops and much, much more!

Who is **Stonecrafters** and what do we do? We're a family-owned company, a natural stone fabricator and importer, located in the Northwest Suburbs for the past 11 years. We have moved from Wauconda to our new showroom and plant in Lakemoor in May 2001. We employ 40 tom measurements and ends with a qualpeople who are all specialists in stone cutting and true, professional customer service.

Take a drive and see our showroom. money. Look through our inventory of over 1,000 stone slabs. Why look at a sample when you can view the whole slab? And, you can actually pick out your own slab when it's time to order! We eliminate the middleman and pass the savings on to you. For example, we offer 1¹/₄-inch granite at \$56.00 installed! No need to travel to the wholesalers.

"Chicago's Magnificent Bride"

Ultimate Bride, Mira Couturier. The Gold Coast Room will be lavishly decorated for and can be purchased in advance by callmusic of the Don Cagen Orchestra, Gour- 1-847-864-7322, 312-787-8696 or visitmet wedding cake with coffee and espres- ing their Web site at www.srphoto.com.

When you visit Stonecrafters, you can see unique products like: kitchen countertops, island countertops, stone columns, shower and tub surrounds, reception desks, full-height splashes, full-wall fireplaces, fireplace surrounds and hearths, custom tub decks and architectural stone details

Obviously, every order starts with cusity installation by our experienced staff. We pay attention to details. That's what makes us different.

Call 1-847-526-9594 or visit us to dis-Our stocked yard can save you time and cuss your needs. We are open 8 a.m. to 5 p.m. weekdays and Saturday, 8 a.m. to 12 'noon! Bring your plans for an estimate and receive a free granite pastry board.

> Currently, we are offering 10% OFF in-stock materials on purchases of \$1,200 or more during January 2004! Please present our ad at time of purchase.

> > (Continued from page 11)

attend the fashion show produced by The so will be served following the show. Show tickets are \$40 (or two for \$70) a fashion show accompanied by the live ing Stuart-Rodgers Photography at

A Resolution for Your Skin, for Life (Continued from page 25)

office today for more information. And as 183 Heritage Drive in the Crystal Point Office Center, 815-455-4434, and Versa soon as Restylane® receives formal approval by the FDA, your appointment can be scheduled

Dermatology Physicians & Surgeons, Ltd., has offices and a surgical facility accredited by the AAAASF in The Foundry of Barrington at 738 West Northwest Highway, Barrington, 1-847-382-5111, and Versa Medi-Spa at 1-847-382-6800. In Crystal Lake, our offices are at

Dr. Phillip Lee Patrone

College's Dental Hygiene Program. Along with the above education and experience, Dr. Patrone is Advanced Cardiac Life Support certified and an instructor in cardiopulmonary resuscitation. He received his degrees in periodontology and dental implantology in addition to his masters of science from The University of Iowa.

Senior Activity and Lunch Program

The Barrington Area Council on Aging, Inc., invites you to join us for our weekly lunch programs at Langendorf Park from 10:30 a.m. to 2:30 p.m.

Games are played at 11:00 a.m., lunch is served at noon and programs begin at 12:30 p.m. unless otherwise indicated. Suggested donation for lunch is \$3 per person and requires advance registration. Call 1-847-381-5030 for your reservation.

Medi-Spa at 815-455-4433. Please call our visit us at www.yourskinforlife.com

for more information. We at Dermatology Physicians & Surgeons, Ltd., and Versa Medi-Spa wish you a most bright and beautiful new year, for your health and beauty, for your

skin, for life.

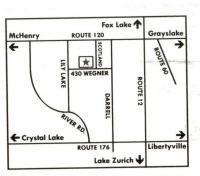
(Continued from page 28)

Dr. Patrone is a member of the American Dental Association, Chicago Dental Society, American Academy of Periodontology, American Dental Society of Anesthesiology, American Association of Hospital Dentists, American Academy of Implant Dentistry and American Academy of Osseointegration.

• Monday, Jan. 12-We'll play games, have lunch and enjoy a Happy New Year Cheer Up Party. Music will be by Mike Vonn Hartung.

• Monday, Jan. 19-There will be no program on this day.

• Monday, Jan. 26-We'll play games, eat lunch and enjoy a program by the Barrington Girl Scouts called "Past, Present and Future." We will also have a visit from • Monday, Jan. 5-We'll play games and the Assisi Foundation and celebrate January birthdays.



	2

have lunch.



MCCAULEY DESIGN

KITCHENS BATHS ENTERTAINMENT CENTERS LIBRARIES 211 PARK AVENUE BARRINGTON 847.381.2742 www.mccauleydesign.com



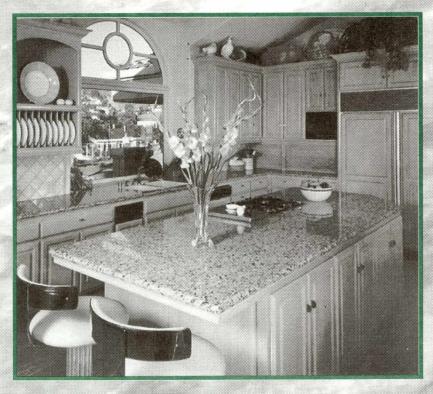
GRANITE GOUNTERTOPS

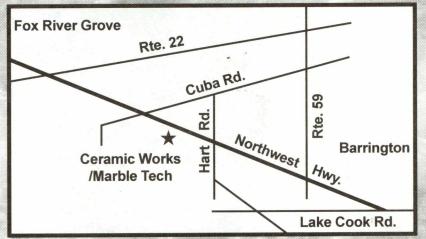
Happy New Year from All of Us at Marble Tech!

Visit Our Showroom to Receive Quality and Courteous Service as You Browse through Over 90 In-Stock Colors of Granite, Marble & Limestone

Marble Tech Offers: * Quality Service * Quality Craftsmanship * Fast Turn-Around Time * Competitive Pricing to Other Solid Surfaces * Courteous Installers

Come in and finalize your kitchen granite countertop order and receive a **complimentary stainless steel double-basin sink**. Ask us about our monthly promotions!





Ceramic Works/Marble Tech, Inc. 811 W. Northwest Hwy., Barrington * 847-382-1120 * Fax 847-382-1152

