

August 1998

THE LATEST STYLESTM

NEWS MAGAZINE

barrington

DANIEL



*It's Time For
Back to School*

Japan 2000
Design for the Japanese Public

**Exciting Year Awaits
Art Associates**

**Kohl Children's Museum
Ranks High with Kids**

Bulk Rate
U.S. POSTAGE
PAID
G.M. McMonigal
ENTERPRISES

P.O. Box 293
Crystal Lake, IL 60039-0293

COPYRIGHT 1998 G.M. McMONIGAL ENTERPRISES ALL RIGHTS RESERVED \$1/NSP VOLUME 14, No. 11



**The Hair You Hate
Gone Forever**

**A Professional Solution
to a Most Personal Problem**

Medically approved, the newest shortwave electrolysis treatment will **PERMANENTLY** remove unwanted hair.

- Disposable needles used
- Free Consultation without obligation

Clear Reflections
HAIR REMOVAL CENTER, INC.

118 Barrington Commons Ct., Suite 216, Barrington
381-9020

*In practice at this same
convenient location since 1976.*

Convenient Hours: Monday thru Thursday 12:00 noon until 8:30 pm

Electrolysis is the Answer

Anyone who is interested in good grooming and an attractive appearance is likely to read about electrolysis. It is the *only method* which will remove your unwanted hair **permanently**, and it is not a new technique. Successful results have been reported and discussed favorably in the medical journals since 1875, more than a century ago.

Nowadays thousands of women make appointments every week with their electrologists, but very few openly tell their friends or relatives about the positive results. Most people are too embarrassed to mention facial or body hairs, and so the facts about permanent removal must often be learned from responsible beauty editors or medical columnists.

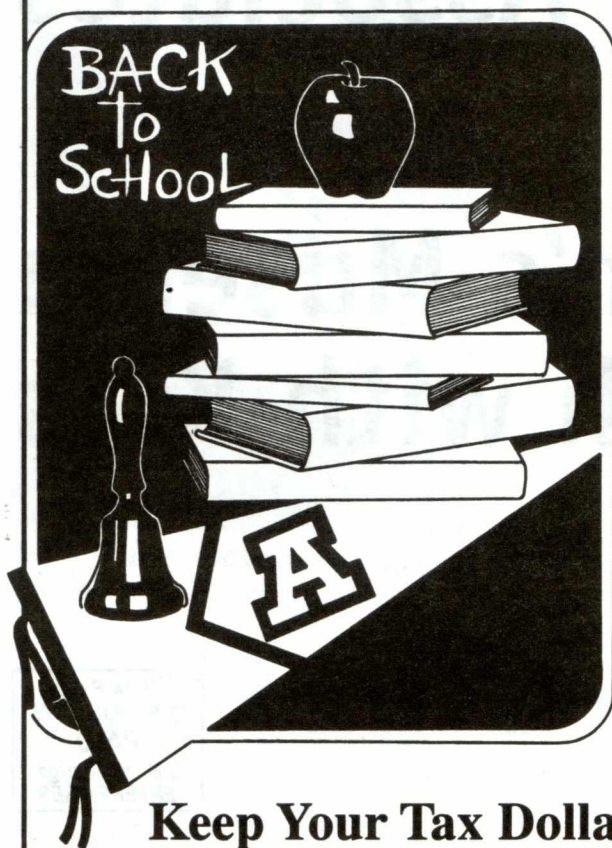
Fortunately, there is a skilled electrologist at **Clear Reflections** in the Barrington Commons who can remove those telltale hairs quickly and conveniently in the privacy of a professional office.

Now past its 100th anniversary, electrolysis is a boon to mankind which goes on making converts every day. The reason is obvious—success and permanence make an unbeatable combination.

Take away those unwanted hairs and what you have left is confidence in your own charm and attractive appearance. Phone **Clear Reflections** at **381-9020** for your appointment.

Clear Reflections has provided 22 years of service at the same location.

Shop Barrington



- Wonderful Selection of Merchandise
- Friendly, Personalized Service
- Excellent Store Mix

Keep Your Tax Dollars Local

**"Make shopping in Barrington
part of your Lifestyle"**

barrington LIFESTYLESTM NEWS MAGAZINE

Published by
G.M. McMonigal ENTERPRISES
Glenn M. McMonigal, Editor
P.O. Box 293 Crystal Lake, IL 60039-0293
(815) 459-4820

LIFESTYLES Magazines can assume no responsibility for statements made or opinions expressed by contributing writers or advertisers. However, comments and corrections or differing opinions are welcomed.

The editorial staff at LIFESTYLES Magazines reserves the right to edit and place all editorials accompanying ads. No credits will be issued due to typos, editing or placement of these editorials.

No part of this publication may be reproduced, including but not limited to advertisements and articles without written permission from the publisher. Unsolicited manuscripts without return postage will not be returned.

Prepress Composition
& Imaging
by:



TRIAD COMPUTING INC.
P.O. Box 1772
Crystal Lake, IL 60039-1772
(815) 479-0695

Editor's Ink

August, 1998

Dear Reader,

Before school begins, be sure to take the family to the Chicago Art Institute to see *Japan 2000: Design for the Japanese Public*. See the latest in product design found in contemporary Japan. From mini-vans to teakettles, these creations meet the needs of the people. Unique and interesting!

Speaking of unique and interesting, that certainly describes the year ahead for the Barrington Community Associates of the Art Institute of Chicago.

Included are the Mary Cassatt exhibit, Art in Poland, lectures on Vatican art, ancient west Mexico, 20th-century women in art and much more. Remember, membership is open to *everyone*!

Another "must-see" before school begins is the Kohl Children's Museum in Wilmette. This seems to be the best kept secret on the North Shore—but not for long. Recently receiving high accolades, their "singleness of purpose is to educate the very young through interactive play," states President and CEO of the Museum, John Cartland. The museum offers exhibits and programs on the arts, technology, values and literacy. Definitely worth a visit.

Until next time, may all your thoughts be sunny.

With warm regards,
Glenn McMonigal
Editor, *Lifestyles Magazines*



About Our Cover

Yves Saint Laurent. Collection Haute
Couture Printemps-Eté 1998.

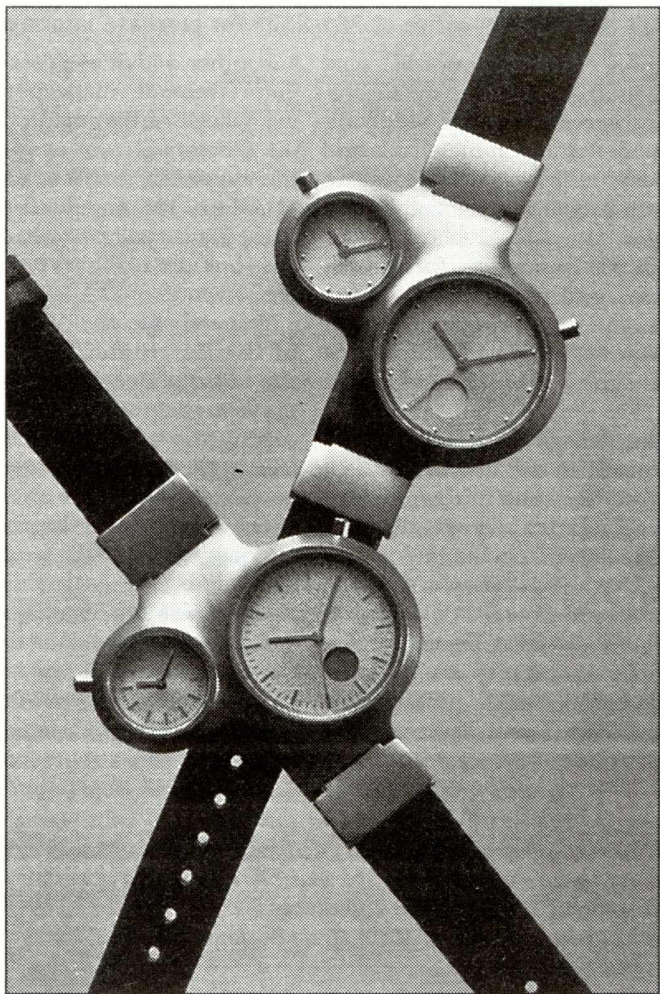


JAPAN 2000

DESIGN FOR THE JAPANESE PUBLIC

Innovation in the sphere of contemporary industrial design in Japan is the subject of a new exhibition at The Art Institute of Chicago now through September 7, 1998. *Japan 2000: Design for the Japanese Public*, on view in the Art Institute's Kisho Kurokawa Gallery of Ar-

chitecture (G. 227), is the second in a series of three exhibitions held in 1998 that together explore the integral role of the Japanese government in fostering creativity and excellence in that country's architecture and industrial design. A dynamic exhibition installation fea-



Chaos Wrist Watch. Designer—Masayuki Kurokawa.
Photograph courtesy of Citizen Watch Company.

Co-Chairs for "President's Gala" Selected



Selected as co-chairs of Harper's "President's Gala" are Sam Oliver of Barrington and Martha Bell of Palatine.

Sam Oliver of Barrington and Martha Bell of Palatine have been chosen as co-chairs of the "President's Gala" to be held Octo-

ber 3, 1998 at the Biltmore Country Club in North Barrington. The event, sponsored by the Harper College Educational Foun-



Daihatsu: Midget II (G-Mark 1996).
Designer—Styling Division, Daihatsu Motor Company, Ltd.
Photograph courtesy of Daihatsu Motor Company, Ltd.

tures objects, as well as photographs and design plans. Viewers will see some of the most interesting developments in product design to be found in contemporary Japan—a country with a history of incorporating design innovation within centuries-old craft traditions—with products ranging from mini-vans and bicycles to mobile phones and personal computers; to lacquerware, lamps, and desks; to watches, toilets, and teakettles.

Japan 2000: Design for the Japanese Public focuses on the Japanese government's Good Design Selection System, or G-Mark system—a four decade-old program that acknowledges and encourages outstanding design with annual awards. Organized around the program's five award categories—Recreational Design, Electronic Communications Design, Lifestyle Design, Future Technology, and Mini-vehicles—the exhibition examines products by examining them within Japan's own unique sociocultural context.

The leisure category, for example, includes items developed in response to company employees who are being en-

couraged to relax and spend time with their families. On the other hand, mini-vehicles address the needs of commuters, enabling them to negotiate the narrowest alleys and fit into the smallest of parking spots. While these products meet the needs of modern living through design, they also reflect reverence for traditional crafts, breathing new life into time-honored materials and methods, as well as creating a broader market for traditional Japanese items.

Ten individual designers are represented, ranging in age from 45 to 61: Toshiro Ikegami, Motomi Kawakami, Kazuo Kawasaki, Toshiyuki Kita, Masayuki Kurokawa, Fumikazu Masuda, Shohei Mihara, Kozo Sato, Fumio Shimizu, and Shigeru Uchida. On view are also products representing 12 Japanese companies, some—Daihatsu, Yamaha, Sony, Canon, Casio, and Sharp—with a strong international presence; some lesser-known outside Japan—Xanavi, TOTO, and Oi, for example.

The final exhibition in the *Japan 2000* series is *Japan 2000: Kisho Kurokawa* (October 17, 1998-January 3, 1999).

dition, will benefit equipment and furnishing needs for the proposed Performing Arts Center at Harper College.

Sam Oliver, a long time supporter of Harper College, has served as President of the Friends of Harper, a group of "citizen ambassadors" for the college. Herself a musician, she believes that the performing arts are important to the enrichment of people's lives. As co-chair of the President's Gala, Oliver considers this role as an opportunity to enhance Harper College's capabilities in the performing arts.

"We are fortunate to have such a resource as Harper College in our community with such a fine performing arts program," Oliver said. "The College produces wonderful theater and musical productions and the students need and deserve a quality performing arts facility."

Oliver feels that if the performing arts at Harper College are enhanced and encouraged, not only will the students benefit, but the community as well.

"I think we have many talented people in the northwest suburbs who wish to perform, but want to practice their artistic talents closer to home," said Oliver. "Harper offers this opportunity for per-

formers and the accessibility to a performing arts center is important."

Martha Bell is the owner/principal of Martha Bell and Associates, an architectural firm in Palatine. Bell has been a member of the Harper Arts Committee through her involvement on the Harper College Educational Foundation Board of Directors and felt that serving as co-chair of the President's Gala was a natural follow-up to the work she has done with the committee.

"In the Chicago area there are so many cultural resources; providing a local performance venue will facilitate access in the Harper district," Bell said. "Serving as co-chair of the President's Gala is one way I felt I could make a contribution to enhancing the performing arts in our community."

The Harper College Educational Foundation, a not-for-profit organization, assists the college in providing broader opportunities for students, alumni, citizens and employees through a wide variety of public relations and philanthropic activities.

For information on underwriting opportunities and tickets for the President's Gala contact Catherine Brod, Executive Director of the Harper College Educational Foundation, at 847-925-6133.

SAVE
THESE DATES

Barrington's Sidewalk Days

August 6, 7 & 8

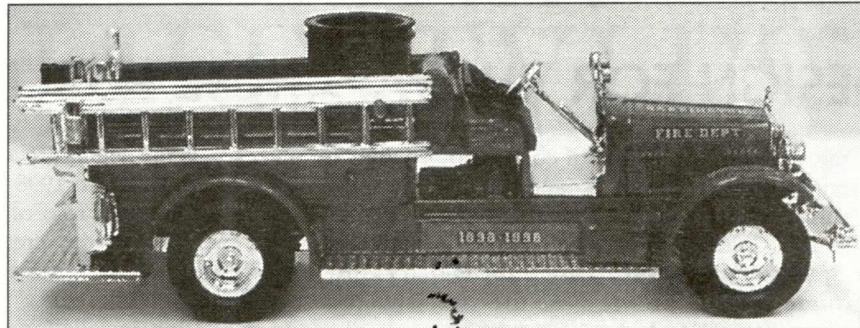
Sizzling End of Summer Sale

Including...

Over 200 Participating Stores, Clubs and Organizations,
Beautiful Hand-crafted Items, Great Entertainment
& Refreshments!

Sponsored by The Retail Committee
of the
Barrington Area Chamber of Commerce

Sidewalk Days Set for August 6, 7 and 8



The commemorative models of the 1928 fire engine arrive for Sidewalk Days.
Call the Chamber office at 381-2525 for purchase information.

The Sidewalks of Barrington will come alive on August 6, 7 and 8 with the **Chamber of Commerce's Annual Sidewalk Days Festival**. Barrington merchants and restaurateurs are getting ready to move outdoors with bargains galore and special food booths.

More than 200 businesses, local clubs, organizations and residents will have booths, displays and exhibits in downtown Barrington and along the Northwest Highway business district during this popular event.

Many **Chamber of Commerce** members not located in the downtown area are coming to the center of town to participate. In addition to business displays, a number of civic and community groups will manage booths downtown, like The League of Women Voters of Barrington who will be registering voters or the Friends of the Barrington Area Library who will be selling books. Children can look forward to balloons, face painting

and other activities. This year's special entertainment, made possible through the Village of Barrington, features Lester the Clown who will perform throughout the business districts each day from 11 AM to 2 PM. And the Bataille Academie of the Danse will perform at noon on August 6 at the triangle of Cook Street and Park Avenue.

To celebrate the 100th anniversary of the Barrington Fire Department, the antique fire engine will be on display. Participating retail stores will be selling the commemorative model of the 1928 fire engine for \$30. All net proceeds will go to the Fire Department to refurbish the antique truck.

Hours for Sidewalk Days will be 9 AM to 8 PM on Thursday and Friday and from 9 AM to 5 PM on Saturday.

This year's chairmen of the **Chamber of Commerce** Retail Committee, which is in charge of the event, are: Beth Johanson,

(Please continue on page 43)

Sidewalk Days

Thursday, Friday & Saturday

August 6, 7 & 8

Best Values of the Year
on Men's, Women's & Boys' Clothing

Savings of up to **70%**

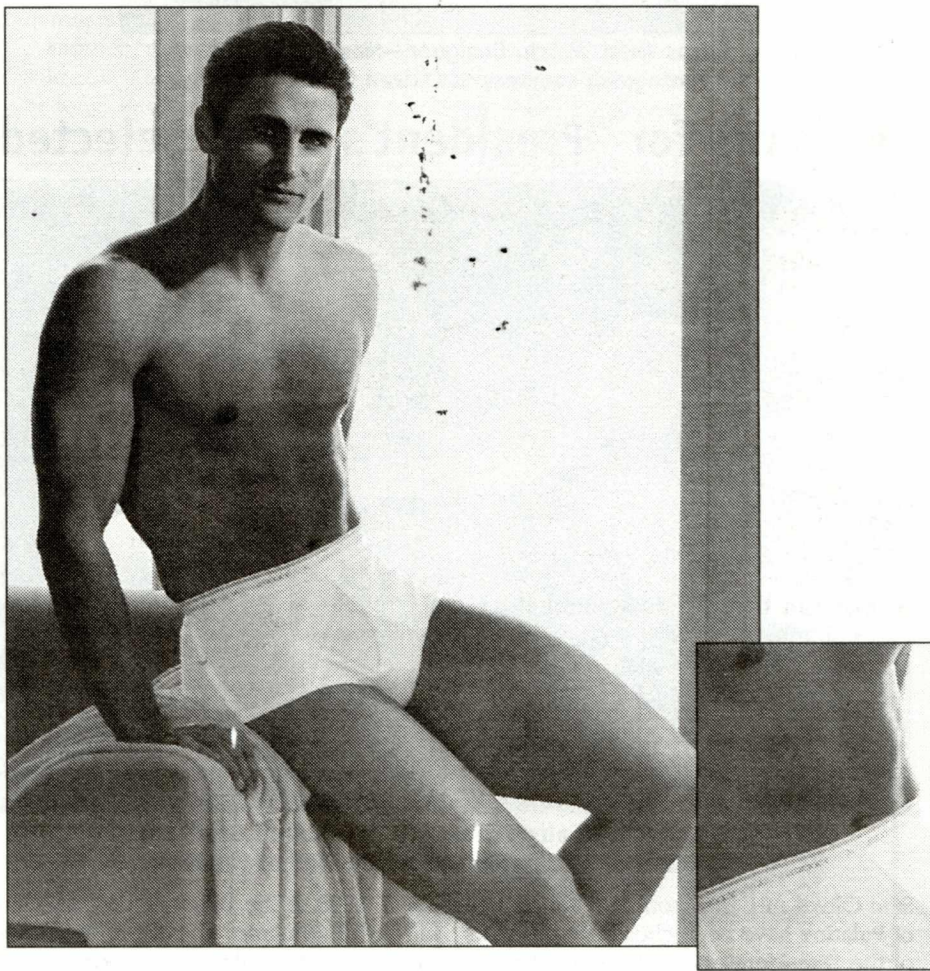
Chuck Hines

141 W. Main, Barrington • Phone 381-6616

Sidewalk Sale Hours: Thu. & Fri. 9-8:30, Sat. 9-5

Now Through August 29, stock up and save 25% OFF all styles of Jockey® brand underwear for men, women, and boys. Each Jockey® brand garment is hand-tailored of 100% cotton using real rubber in the waist band and leg openings for long lasting comfort. You will definitely feel the difference!

Available at **Chuck Hines** on Main Street in downtown Barrington.



Complete Pino Collection Has Arrived at Gallery

It's the most spectacular addition to **Woodland Art Gallery** since its doors first opened 18 years ago; the much awaited collection of limited edition serigraphs and giclées by Pino has arrived. Pino, the celebrated master of creating beautiful artwork with tiny sprayed color droplets, then enhancing each work with oils so every one becomes unique to the edition, is the newest artist to join the outstanding collection at the gallery.



Chief-American Bison by Robert Bateman

©1998 Robert Bateman

Introduced last month at the gallery, Pino's popularity began with the literary community where he became the Artist-in-Demand for book publishers. His technique and talent for painting is beautifully demonstrated in this month's featured work, *Restful Afternoon II*, which characterizes a touching moment with a mother and daughter.

Pino limited edition serigraphs and giclées offer area art collectors new opportunities. **Woodland Art Gallery** invites you to see the entire collection of this artist's outstanding limited edition serigraphs and giclées and continue to watch for the arrival of Pino originals.

A new Robert Bateman limited edition print has also arrived at **Woodland Art Gallery**. This new release entitled *Chief-American Bison* has a considerably small edition size and therefore will be a much sought-after work by the artist whose prints are, by far, today's most collectable in the world. **Woodland Art Gallery** is

your source for Bateman prints, both new releases and on the secondary market. Gallery owner Scott Teasdale is an authority on works by Bateman and would be pleased to assist you with your collection.

Whatever the occasion, whatever your interest, whatever your home or office decor may be, **Woodland Art Gallery and Frame Shoppe** has the perfect complement in a limited edition print.

Woodland Art Gallery and Frame Shoppe invites you to spend a moment enjoying all the wall-to-wall pleasures that await you by stopping by Monday through Friday from 9 AM to 5 PM, (Saturday until 3 PM). The gallery is located at 71-B East Woodstock Street in downtown Crystal Lake. The gallery also specializes in museum mounting and custom framing under the direction of master framer and owner Teasdale. And **Woodland Art Gallery** can ship your art anywhere. For information, call **815-459-0460**.

Collagenesis: New Techniques for Smoothing Wrinkles by Gary S. Churchill, MD

We have some exciting news about an advanced cosmetic procedure now available at our office. Our practice has been selected as one of the few in the area to offer Dermalogen, by Collagenesis, Inc., the latest innovation in facial resurfacing and soft tissue fillers.

The aging process, along with stress, can cause skin and its supporting structures—collagen, elastic network "elastin" and proteoglycans (protein-sugar "branches")—to lose their elasticity and smooth appearance. Dermalogen is a natural collagen alternative for cosmetic and medical applications that smooths the appearance of superficial lines, creases and scars, such as smile lines, crow's feet by the corners of the eyes and frown lines between the brows.

An injectable human tissue matrix, Dermalogen is a safe, long-lasting material that can be used as a stand-alone treatment or in conjunction with our other skin care procedures. Collagen injections have not been an option for the 3 to 5% of patients who suffer from allergies to bovine collagen, until now. It offers an ideal alternative for those who are allergic to, or dissatisfied with, the results of bovine collagen.



Gary Churchill, MD



Iliana Sweis, MD

As a result of growing concern about personal appearance and achieving a healthier, younger look, cosmetic treatments using collagen injections have risen by 20% over the last two years. Traditional bovine collagen implants amount to more than 250,000 procedures annually.

Collagen implants can have some advantages over laser and other surgical treatments because of the minimal (if any) time required for recuperation. With collagen implants, you can receive treatment and be back at work the same day, looking and feeling great!

To determine if Dermalogen is right for you, call to schedule an appointment to learn about this exciting new procedure and other skin care options now available through our office.



©1998 Pino

Restful Afternoon II by Pino

See the complete collection of limited edition serigraphs and giclées by Pino, hand signed by the artist and numbered. Originals arriving soon!



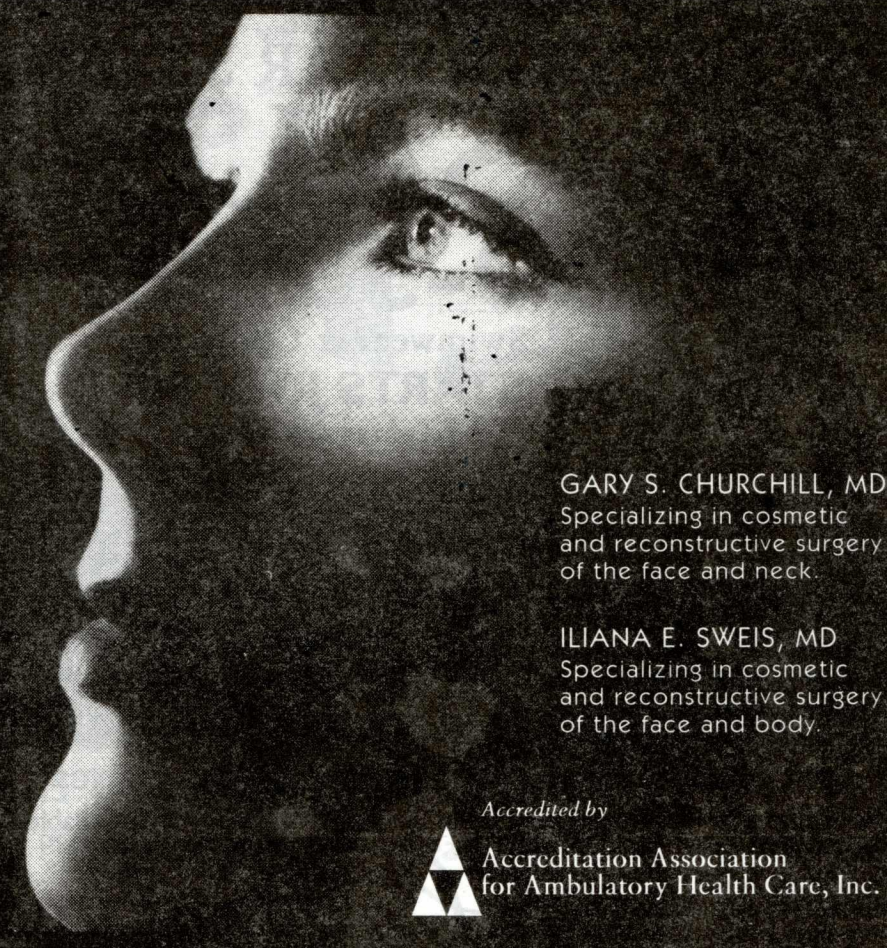
WOODLAND ART GALLERY and Frame Shoppe

Est. 1980 • 71-B East Woodstock Street, Downtown Crystal Lake

(815) 459-0460


Monday-Friday 9-5; Saturday 9-3

Limited Edition Prints • Museum Mounting • Custom Matting • Fine Framing
VISA and MasterCard Accepted • Shipping Available Anywhere



GARY S. CHURCHILL, MD
Specializing in cosmetic and reconstructive surgery of the face and neck.

ILIANA E. SWEIS, MD
Specializing in cosmetic and reconstructive surgery of the face and body.

Accredited by
 Accreditation Association for Ambulatory Health Care, Inc.

Plastic Surgery & Laser Center, Ltd.

515 W. Old Northwest Highway
Barrington, IL 60010

304-1000

Summer and Winter Rolled into One! Sidewalk Sale Days

Infant to Size 14
Thursday, August 6 through Sunday, August 9



**TOMMY
TERRI 381-2005**

INFANTS & CHILDREN'S APPAREL
200 Applebee • Barrington Ice House

SUMMER SPECIAL

Lea Image Studio

LEA MODELING & TALENT CONSULTANTS, LTD.
LEA SKIN CARE & COSMETICS

It's All In The Package!

Ultimate Skin Care Collection
Make-Up Application & Lessons
In-Store True Color Correct Lighting
Color Spectrum Analysis
Private Consultation Setting
Self-Improvement & Etiquette

Perfumes, Colognes & Fashion Accessories
Unique Gifts for Men & Women
Essential Body Care Products
Photo Packages
Modeling & Talent Consulting & Evaluation
Gift Certificates Available

Karen Lea Cline

"There is something special about you and it has everything
to do with looking and feeling beautiful."

Lea

200 Applebee St. • Barrington, IL • 847.382.6640



Self-Tan &
Sunscreen
Products
10% Off!

Extra
Special Savings
SIDEWALK SALE
Thurs., Aug. 6 - Sun., Aug. 9

THE SWIMWEAR STORE SALE

30-50% Off*

Swimwear & Cover-Ups
STARTS JULY 5th

LIMITED TIME ONLY

We carry sizes 6-52, A-F

Swimsuits: regular, missy, long, large.

Mastectomy • Maternity • Resortwear • Cover-Ups
Shoes • Hats • Swim Caps • A large selection of bras,
girdles, slips, panties, camisoles and bustiers

Specialists in Mastectomy Forms & Accessories

Alterations Always Available • Phone Orders Accepted • UPS Available

* Excludes Preview 1998 Swimwear and
Cover-ups. Immediate markdowns may
have been taken. No price adjustments for
previously purchased merchandise.

La Belle
Swimwear & Lingerie

Glenview, Carillion Square, 1448 Waukegan Rd., **847-998-8400**
Arlington Heights, Ridge Plaza, 874 W. Dundee Rd., **847-577-3700**
Barrington Ice House Mall, 200 Applebee, **847-842-8500**



Barrington
ICE HOUSE MALL

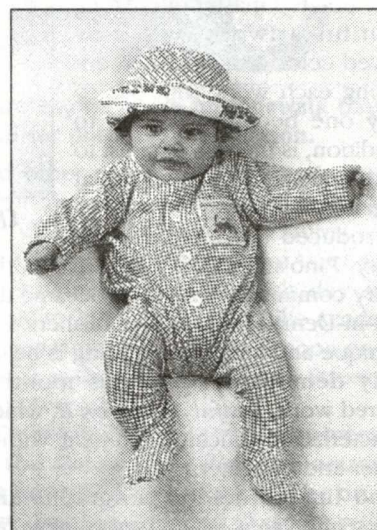


School Bells Ring and Fall Begins at Tommy-Terri

Summer Sidewalk Days, August 6 through 9, mark the end of Summer, but our new arrivals announce the beginning of Fall!

As always, fleece, flannel and denim should be part of every child's wardrobe. Add the essential corduroy and cottons and you are set for the Fall and Winter.

This season, Cherry Tree outerwear has introduced a new look for the "Millennium." Sweet Potatoes, NIT (Creme de la Creme), Mini Classix and Alexis are always loved by moms and babies. This season, we have added Baby Coccili, Lullaby and Absorba to our lines for the little ones. And be sure expectant mothers register for our monthly drawing. Our older children will still love the comfort and design of So Fun, Imp, KC Parker, Plum, Castro and Sylvia Whyte. The ever popular line, Hartstrings, will be introduced to **Tommy-Terri** this Fall. Your little ones will love to visit the "Playhouse" while you shop. As



always, our staff is ready to assist you with your selection. And wrapping is complimentary and UPS service is available.

It's All in the Package!

With summer here, we at **Lea Image Studio** feel this is a wonderful time to help our clients lighten their make-up routines! Our tinted moisture creme foundation offers the important SPF of 15, with firming botanicals to "lift" the skin while providing adequate UV protection. Of course, the easiest anti-aging practice is really to stay out of the sun, and smart men and women are following this advice. But, if you can't avoid doing so, a simple application of our creme powder foundation with a sun protection factor of 8 for women or our moisture plus lotion SPF 15 for men and women would provide ample protection.

Or maybe you would like to fake it? Our self-tanners are fabulous! Come in for a complimentary skin evaluation. During

the month of August, our self-tanners and sunscreen products are **10% off!** We at **Lea Image Studio** also offer an array of simple bronzers especially for that sun-touched glow.

Take several minutes off your routine lipstick application with **Lea's** Lipquick Sticks. These fun pencils draw on a clear, captivating color in seconds. There are 12 colors to select from, like Clearly Poppy or Bronzed Rose, then you could apply a layer of sun shield stick SPF 12 over the color. Men enjoy the sun shield stick as well as women. It can be used around the ears, nose or lips. Or, if your problem is shining due to the increased humidity, try **Lea's** Mattifying Gel. It really stops the shine!

This summer, think simple—but colorful!

There is something special about you and it has everything to do with looking and feeling beautiful.

NISRA Special Olympic ISO Summer Games

Every year, Special Olympic Athletes bear the heat and give it their all at the ISO Summer Games and this year was no different. Northern Illinois Special Recreation Association (NISRA) sent 31 athletes to Illinois State University on Father's Day weekend to compete in Aquatics, Golf and Track & Field. NISRA came away with 22 gold medals, 15 silver medals and 9 bronze medals. All the athletes did a wonderful job and represented NISRA with enthusiasm and pride.

Congratulations to all the athletes!

Aquatics—Sean Clancy, Carpentersville; Amy Hutchison, Wauconda; Jennifer Rockstroh, Hawthorne Woods; Troy Schuring, Marengo; Adam Wiegand, Woodstock; and James Williams, LITH.

Golf—Andrew Pacocha, Crystal Lake.

Track & Field—Michael Asher, Barrington; Richard Baker, Nancy Buchholtz,

Kelley Carpenter, Roger Clark, Diane Ostrom, Jose Pena, Robert Rosch and Ed Yovanis, Woodstock; Jill Cwiklinski, Island Lake; Ingrid Denz, Wendy Mauer, Eric Sychta and Julie Vetter, Crystal Lake; Debbie Healy, Harvard; Heather Holtz and Gina Lofgren, McHenry; Karen Kampendahl, Wauconda; Chris Mattea, Marengo; Justin Othick, Carpentersville; Daniel Richter and Cynthia Tinker, Algonquin; Amy Rishling, Wonder Lake; and Adam Tracy, Elgin.

NISRA serves the recreational needs of persons with disabilities from the communities of Barrington, Cary, Crystal Lake, Dundee Township, Harvard, Marengo, McHenry, Wauconda and Woodstock.

For more information on NISRA, call 815-459-0737.



Barrington ICE HOUSE MALL



Beanies & Brooks— a Day in the Ice House

On Saturday, August 15, 1998, the **Barrington Ice House Mall** will host its first Beanie Baby Expo. Moms, dads and children will be able to purchase, trade or sell Beanie Babies with 40 Beanie Baby collector-dealers located throughout the mall. Dealers will combine with the Village Hallmark Shop and Tommy-Terri Children's Apparel Shop to display over 6,000 Beanie Babies for everyone to enjoy free of charge. Mrs. Illinois/America 1998, Karen Lea Cline will make a special guest appearance.

The merchants in the **Ice House** have designated that the expo be a recognition day for Barrington's own Brooks T. Mann. Brooks is our hometown high school boy who captured the hearts of so many after being struck by a vehicle while crossing the street. Two Barrington Rotary clubs were asked to assist with the recognition day. Rotary volunteers will be on hand to accept donations for a fund that has been



established at The First Chicago Bank of Barrington to help defray the ever mounting bills that his family is facing. As reported previously by The Courier, Brooks is now back at home and his mother is spending full time caring for him. The Ice House Merchants Association will donate their proceeds from the expo to the Brooks T. Mann Medical Fund. Others wishing to donate to the fund may do so at First Chicago Bank.

Right now you can take advantage of **Peter Daniel's** Lock, Stock and Apparel Sale as we anxiously prepare to move to spacious new quarters on the first floor of the Ice House. We hope the renovation will be completed by the end of this month.

There will be even bigger savings during the Sidewalk Sale, August 6 through 9. Don't miss the opportunity to take advantage of our 2-for-1 Men's Suit and Sportcoat Sale with additional reductions throughout our store.

We need to make more room for the fabulous fall apparel already arriving! (Can you believe it?) This season, look for the ease and comfort of clothes made of Tencel. You'll love the luxurious feel and fabulous durability of this fabric used alone or in combination with cottons, wools and silks. Look for gorgeous boucle and chenille jackets to wear with trousers or a long slim skirt.

Exciting new fall collections are arriving daily from Dana Buchman, Caroline Rose, Canvasbacks, Max & Mabel and David Dart. We are adding some talented new designers like Bill Burns and will be scheduling Trunk Shows throughout the month of September to highlight many of our new collections and old favorites. So hurry in for the best selections.

P.S. Watch for our 25th Anniversary Sale and Grand Opening Festivities soon!

Peter Daniel is located on the second floor of the Ice House—but not for long! We're open 7 days a week for your shopping convenience.



TNOS Auditions August 17

The New Oratorio Singers (TNOS) and Music Director Alan Heatherington will hold auditions for their gala 20th season on August 17 at Fremd High School in Palatine.

The season's schedule includes Mozart's *Requiem*, *Solemn Vespers* and *Ave Verum Corpus* in November, Brass and Choral Christmas concerts, and, to celebrate the

20th year of TNOS' existence, Bach's *St. John Passion* in April, 1999.

All those wishing to join TNOS will be asked to sing a familiar piece (or bring one of their own—less than 4 minutes long), sight-read one selection and do pitch and rhythm matching exercises.

To make an audition appointment, please call Carole Roberts at 630-377-8544.

Sidewalk Sale Days

Thurs., Aug. 6 thru
Sun., Aug. 9

Open till 8pm Thurs. & Fri.

Beanie Baby Expo

Sat., Aug. 15 — FREE

- Purchase, Trade or Sell
- Over 40 Beanie Baby Collector-Dealers
- Brooks T. Mann Recognition Day

Enclosed Mall • 18 Unique Specialty Shops
Friendly & Personalized Service • Relaxed Atmosphere
Convenient Downtown Location • Plenty of Parking

**Barrington
ICE HOUSE MALL**
village shops & restaurant

200 Applebee Street • 847-381-6661

Rt. 59 (Hough St.) and Lake Cook Rd. (Main St.) Intersection, turn west on Main for one block, then turn north on Applebee, next to the Jewel.



Hours: Sun. 12-4, Mon.-Sat. 9:30-5:30, Thurs. & Fri. 9:30-8:00

Lock, Stock and Apparel Sale!

Save from 20%
up to 70%



We're moving!
to the first floor of the Ice House!
So to lighten our load,
we're reducing a tremendous
selection of merchandise.



peter daniel

barrington
apparel for men and women

Barrington Ice House
tel. 847.382.6676
Open 7 days a week

Deadline!

The deadline for the **September Issue** is **Thursday, August 13.**

Please send your press release/advertising materials to:

Editor

Lifestyles Magazines

P.O. Box 293

Crystal Lake, IL 60039-0293

or call: (815) 459-4820

Burdeen's Jewelry

"For those
who know the
difference"

Over 30 Cases of Unique
and Custom Designs

1148 Lake Cook Road • Buffalo Grove, Illinois • 847.459.8980

South Sea Pearls— Understated Yet Coveted



The Burdeen Family—Mathew, Jason, Dennis, Sandy
and their neopolitan mastiff, Big Boy

Dear Friends,

We at **Burdeen's Jewelry** hope you're having a healthy and fun summer. We'd like to take this opportunity to thank you for your kind notes in regards to our custom work. We consider our name to be a brand marking quality and take pride in our designs to endure over time.

We recently made an arrangement with a supplier of South Sea Pearls. This collection includes white, black and all fancy colors. For those of you who like to take advantage of a commodity while the price is exceptional, now is the time. Did you know, in order for a technician to learn how to operate on an oyster so that it can produce a black pearl, 10,000 oysters are sacrificed in the process?! Come in and we'll share more information with you on this awesome technique. We are featuring them in our store now and will have a special showing in October. If you want a personal invitation, you should come in

and let us know. You will also enjoy our 30 showcases and 3,000 square feet of custom and unique jewelry.

We invite you to stop by simply because all of the most amazing shops can't be found in your own backyard. You'll find:

- A large platinum collection
- Professional repairs on our premises
- Appraisals by two graduate gemologists
- Breitling, Corum and Raymond Weil watch lines
- Extremely unique equestrian hand carved turquoise and mother of pearl belt buckles and pendants
- Kosta Boda crystal
- DuPont pens and lighters
- Watch repairs (most in one week)—including Rolex, Ebel, Breitling, Raymond Weil and all luxury as well as antique pocket watches, etc.

Warmest regards,
The Burdeen Family

BARNO Scholarship Recipients



Shown above are the Scholarship Committee members with recipient: (L to R) Josette Carpenter, RN of Cary; Gina Marie Bolander, recipient of Crystal Lake; Carol Alfieri, RN and Chairperson of Barrington; Nancy D'Angelo, RN of Barrington; and Virginia Nordlof, RN of Huntley.

BARNO (Barrington Area Registered Nurses Organization) have announced their scholarship recipients for the year. The two scholarship recipients are Gina Marie Bolander of Crystal Lake and Maria Lordas of Lake Zurich.

Gina will be entering her senior year at Northern Illinois University. She is a member of the Huskie Marching Band, Sigma Alpha Iota Sorority and is on the Dean's

List. She was a graduate of South High School in Crystal Lake.

Maria is a resident of Lake Zurich. She will be entering her third semester at Harper College in the fall. She is a graduate of a Medical School of Nursing in Poland and possesses a great desire to continue her career in the United States. She is currently working at Good Shepherd Hospital as a Clinical Technician.



August Special

Purchase a Series of 4
One-Hour Facials
for \$200 and Receive
the 5th Facial FREE!

One-Hour Facial Value: \$50.00
not valid with other offers

Aveda pure plant products and services for hair, skin, body and lifestyle. A complete collection of personal care products with the benefits of pure flower and plant essences. A unique approach to personal style that celebrates the individual. An innovative way of looking at beauty. Aveda, pure and simple.

BEN E. SALON
SPA

123 W. Northwest Hwy.
(Intersection of 14 & 59)
Barrington
381-2160

AVEDA

THE ART AND SCIENCE OF PURE FLOWER AND PLANT ESSENCES

Hair Care | Skin Care | Natural Colour™ | Plant Pure-Fume® | Body Care

Massage | Manicures | Pedicures | Make-up



CLIX Frame Sale!—August 6 through 15



by Gal Friday

Yooo-Hooo! I'm Baaack! And I have a question for you—What's big, stuffed and rectangular with pictures sticking out

of it?

Answer—Your photo drawer.

Oh, we've seen it all here. Actually, we've pretty much done it all too. That's why we know what you need to get all of your photos and keepsakes organized here at **CLIX Photographs and Savables**. The process can be simple or elaborate. Here are some of your options:

- Get one of our archival, acid free and historically safe photo boxes. Let each of your little kids decorate their own box. Then you can stuff the rest of their school photos, soccer team triumphs, etc., inside. Comes in lots of sizes, for 3 x 5's and up.

- Buy a triple frame, and dig out three photos of anything... your three grandchildren, your three kids in kindergarten, your three former boyfriends, whatever.

- Make an appointment for a custom framing discussion on all of your options available through **CLIX**. We'll show you some unique ideas, from multiple mat openings to some unusual ways to add memorabilia to your custom frame job.

Get the idea? This isn't heart surgery. You can do it. Oh, and by the way, all of our **frames** are **25% off**. So, not only will you get organized, but you'll save money too.

What can I say? Bring us your photo problems. Like I said before, we've seen it all a million times and we'll find the solution—plain or elaborate, creative or efficient. You choose what suits your world and your schedule. **CLIX** has all the ideas that you'll need. Stop in and check us out. We're always glad to help!

Exciting Year Awaits Art Associates

Sue Johnson, Chairman of the Board of the Barrington Community Associates of the Art Institute of Chicago, has finalized events for the Associates' 1998-1999 year. She invites persons living in the Northwest suburbs to become members and enjoy an exciting and diverse season of interesting trips and illuminating lectures.

Eight trips to the Art Institute are scheduled. In December, participants will hear the beloved former Treasurer of the Vatican, Dr. Walter Persegati, lecture on "All About Angels Good and Bad: Angels in Art and in Life" with lunch following at Neiman Marcus.

Four busses are reserved in November to travel to the Mary Cassatt exhibit with a luncheon included in the Trading Room at the Art Institute.

In October, the Associates will view "Ancient West Mexico: Art of the Unknown Past" at the Art Institute, visit the Mexican Fine Arts Center Museum and enjoy lunch at a Mexican restaurant in the Pilsen area.

Poland will be the focus in July with a visit to the exhibit "Land of the Winged Horsemen: Art in Poland, 1571-1764," a tour of Polish churches and luncheon at a Polish restaurant in the Wicker Park area.

In January, Jeff Nigro will lecture on "Julia Cameron's Women" following tea in the Woman's Board Room. In April, Gustave Moreau is the lecture subject and in March, Faith Ringgold is the guest artist who discusses "30 Years of Making Art."

In May, the Associates will visit the Ragsdale Artists' Retreat and the Barat College Art Collection with luncheon at the Deerpath Inn in Lake Forest.

Lectures accompanied by tea, held at the Presbyterian Church of Barrington, are scheduled twice a year. In September, Clare Kunny will present a slide-lecture on "Ancient West Mexico." In May, James Rondeau speaks on "Everything That's Old Is New Again."

The February Seminar Series features "20th Century Women in Art." On every Thursday in February, lectures will be given by different professional speakers on Georgia O'Keefe, Frida Kahlo, Tamara



Sue Johnson, Chairman of the Board of the Community Associates of the Art Institute of Chicago.

Lempincka and Faith Ringgold.

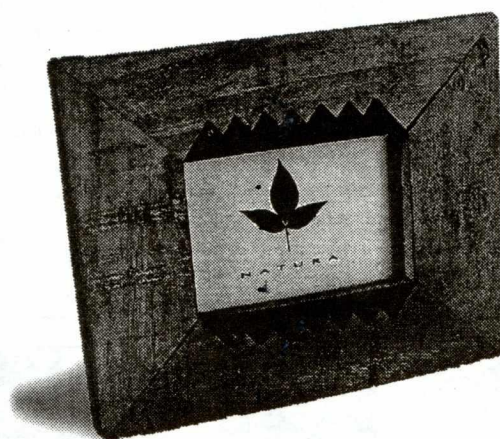
Something new this year is a Sunday trip to the Art Institute with brunch at the Chicago Hilton and Towers.

In addition, the Associates sponsors the annual seminar for Art Volunteers in the Classroom and the popular Members Present Art series. Members Present Art speakers are George Schneider on his art, Sue Smith on Spain and Virginia Tolk on Malta. Jean Fraher will be giving a "Watercolor Painting on Glass" demonstration.

Joining Sue Johnson on the current board are: Mary Wajda, program chairman; Anne Sebastyan, secretary; Mary Lou Iverson, treasurer; Pat Fein and Genny Ellefson, membership; Mary Thennes, publicity; Lynn Cushwa and Kathy Pescheret, education; Evelyn Richer, Members Present Art; LaVere LaRue, Seminar Series; Dolores Berggren and Elizabeth Farmer, hospitality; Mary Jeanne Bolger and Bonnie Murray, bus excursions; and Susanne Wells, transportation. Board members reside in Barrington, Palatine, Hoffman Estates, Crystal Lake and Wauconda.

Membership is open to everyone. Dues of \$60 to the Barrington Community Associates includes a family membership to the Art Institute of Chicago. For more information on becoming a member, please phone Patricia Fein at 847-382-5953 or Sue Johnson at 847-381-4551.

25% OFF
ANNUAL FRAME SALE
August 6 -15



Be There.

...a store for memories
CLIX
photographs & savables, inc.

30 N. Williams Street • Brink Street Market
Downtown Crystal Lake • 815.455.1092

HAIR

HOW YOU REGARD IT DEPENDS ON WHERE IT APPEARS

Dermatology Associates of Crystal Lake/Barrington offers **EpiLight™**... the most advanced hair removal process available.

Hair removal on any part of your face or body is possible without shaving, waxing, plucking or electrolysis...and without the usual frustration or discomfort of these obsolete methods. Fast and efficient, **EpiLight™** eliminates undesired hair with flashes of light. It may seem a little like magic, but this 21st century technology is here today and it really works!


Call for your private consultation with our **EpiLight™** specialist today.



DERMATOLOGY
associates

David P. Van Dam, M.D. Amy Forman Taub, M.D. Jerome D. Fallon, M.D.
183 Heritage Drive • Crystal Lake IL 60014

815 455-4434



A'L'AMOUR

Special Occasion • Bridal
Sidewalk Sale
 20% Off Storewide

Spectacular Savings, August 3-8
 Hundreds of Dresses @ \$19.99
 Select Dresses 30-80% Off
 Bridal Gowns from \$99

Dyeable and Evening Shoes \$15 Select Jewelry \$10

Our Biggest Sale in 8 Years

236 W. N.W. Hwy. **847-381-5858** Mon. & Thu. 10-8
 Barrington Tue., Wed., Fri., & Sat. 10-5
 (Special Orders and Previous Sales Excluded)


Now \$19.99

LIFE

FOR YOUR LIFE...

SKIN

FOR YOUR SKIN.



DERMATOLOGY
 associates

David P. Van Dam, M.D.

Crystal Point Office Center
 185 Heritage Drive, Crystal Lake, IL 60014
 (815) 455-4434

Amy Forman Taub, M.D.

Smith Professional Building
 27401 West Highway 22, Lake Barrington, IL 60010
 (847) 382-5111

Jerome D. Fallon, M.D.

OF CRYSTAL LAKE/BARRINGTON, S.C.

Midway Village Wild West Days

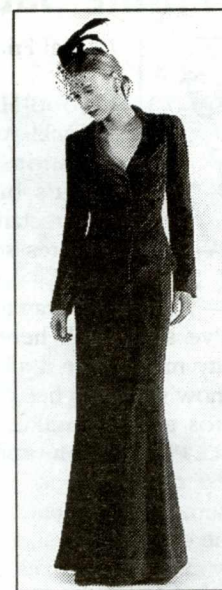
Saturday and Sunday, August 8 and 9, saddle up and ride over to the 8th Annual Wild West Days from noon to 5 PM at Midway Village and Museum Center. Admission will be \$5 for adults, \$3 for children 3-15 years, and children 2 and under are free.

Over 40 actors in costume will portray shopkeepers, tradesmen, bank robbers, sheriffs and families from the late 1800's. Highlights of the event will include stage coach rides, shooting demonstrations, enactments of a bank robbery, and The Gunfight at the OK Corral will be staged both days. Other attractions will include: spinning and weaving demonstrations, children's activities at the Old Stone

School and panning for gold. And back by popular demand will be the special attraction, "A Tribute to Garth Brooks" by nationally known impersonator TC Todd. TC Todd is the "spittin' image" of the biggest name in country music, and he will be playing—not lip-syncing—all the hits and doing all the smooth stage moves of Garth Brooks. Autograph signings will follow each show.

Step back in time and experience life at the turn-of-the-century during Wild West Days at Midway Village and Museum Center located at 6799 Guilford Rd in Rockford, IL. Food concessions will be available. For more information, please call 815-397-9112.

A'L'Amour presents the fabulous new collection from Watters and Watters for the fall of 1998. These beautiful new designs will be showcased by appointment on August 13 through 15. Luscious new fabrics and colors will be introduced. Gowns not only for bridesmaids but also perfect for encore weddings, mothers of the bride or groom, evening and black tie. Set up your appointment now!



Treasurer Topinka's Targeted Initiative Program Helps Non-Profit Organizations

Illinois State Treasurer Judy Baar Topinka released a pamphlet today outlining the "Treasurer's Targeted Initiative Program" which provides access to affordable capital for community service organizations, so that they may enhance and expand their services.

"I believe that by working with local banks to provide loans that are below the prevailing interest rates to community organizations, we are investing in our communities, helping them to grow and flourish," said Treasurer Topinka.

"The Treasurer's Targeted Initiative Program is designed to support organizations that provide nurturing care for children, of working parents, help individuals find jobs, prevent the early institutionalization of the elderly, care for the disabled, care the ill and many other initiatives that revitalize and strengthen the community," Topinka said.

Some of the organizations that have recently utilized the Treasurer's Targeted Initiative Program, with an estimated \$10-\$12 million per year savings to the State of Illinois, are listed below:

- Aunt Martha's Youth Center (Matteson, IL)—a group home for DCFS children, was loaned \$2.3 million for general expansion of services, including a program that allows children to be brought back from out-of-state facilities at a savings.

- Abundant Family Life Center (Springfield, IL)—was loaned \$1.7 million for a day care center complex as well as comprehensive family services like job training and prenatal care.

- Mutual Ground Inc. (Aurora, IL)—a shelter for battered spouses, was loaned \$1.1 million which helped to double their capacity.

- Urban League Day Care Center (Springfield, IL)—was loaned \$1 million for a new day care center in the greater Springfield area to help those on welfare enter the work force and to assist the working poor.

- El Hogar Del Niño Day Care Center (Chicago, IL)—was loaned \$1 million for a new day care center in the Pilsen community in Chicago which will care for 380 children whose families are in a welfare-to-work program.

- Uhlich Children's Home—a group



Judy Baar Topinka,
Illinois State Treasurer

home for DCFS children, was loaned \$675,000 for a school for special needs children.

- Alternative Behavior Treatment Center (Lake County, IL)—a group home for children, was loaned \$400,000 for a special needs program to service high risk DCFS children who once were housed out-of-state. These children will now receive special services in Illinois.

- Children's Place Association (Chicago, IL)—a shelter for HIV-positive children, was loaned \$216,000 to establish a program to treat children that are HIV-positive from 1 to 5 years. The program allowed the organization to double their capacity at a considerable savings.

- America's Children Village (Lombard, IL)—a group foster home for young children, was loaned \$219,000.

- Association for the Developmentally Disabled (Eureka, IL)—was loaned \$125,000 to help the developmentally disabled.

- South Suburban Family Shelter (Chicago Heights, IL)—was loaned \$125,000 for a shelter for battered and homeless spouses and children.

Many other projects are pending for the Treasurer's Targeted Initiative Program. If you are interested in more information, please contact the Treasurer's Office at 312-814-1700.

Your Headquarters for Beautiful Children's Clothing, Accessories & Furniture

Located at 200 North Hough Street in downtown Barrington, **Little Munchkins** is your headquarters for beautiful children's clothing, accessories and furniture.

You'll love the brands they carry in the latest clothing styles. Accessories such as hair bows, caps and hats are there as well. Available sizes are preemie to four toddler.

Little Munchkins also carries the exquisite, upscale Ragazzi furniture. Twin beds, bunk beds, dressers, cribs and bedding, along with the latest in cradles



Furniture by Ragazzi

and strollers, are available as well.

Look for the coupon in the **Little Munchkins** ad and save!

New Officers for The Welcome Wagon Club of Palatine

The Welcome Wagon Club of Palatine held their annual fund raiser at The Cotillion on May 5. Their fund raising efforts this year benefited two worthy organizations which provide for those in Palatine and the surrounding communities. Proceeds were divided evenly between The Home of the Sparrow and The Suburban Symphony.

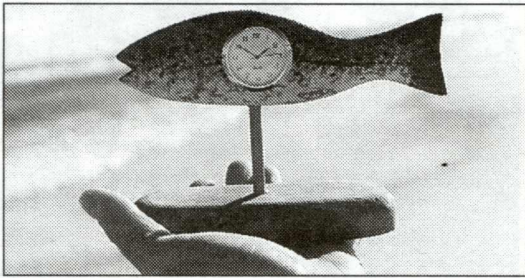
New officers for 1998-1999 were also elected at this meeting: President, Becky

Schumaker; 1st Vice President, Arlene Bright and Pam Smith; 3rd Vice President, Helen Kearns and Carlee Petelle; Ways & Means, Claudia Heckel; Secretary, Sharon Galyean; and Treasurer, Eileen Schutte.

If you are a woman new to the Northwest suburbs, had a life-style change or looking for a friendly social organization to become involved in, please call Arleen at 847-776-6228 or Pam at 847-202-5662.

For the Person Who has Everything but the Time to Go Fishing

A fun reminder of some of our best times on earth, this playful Baitfish Clock is the perfect gift accessory for the desk or computer top. It is also at home swimming through a bookcase, over a mantle or just floating on a window sill. This hand carved solid wooden fish measures 6½ inches long with an inset running clock. And it's made in America.



These clocks are available at the **Canterbury Shoppe** in down-

town Barrington. We gift wrap and ship anywhere! Call **847-304-9627** today and celebrate "American artistry at its best!"

Help! My Skin is Dehydrated!

Summer is the time to think about your skin care program. We have several elements to overcome the damage from the summer sun, the air conditioning and the hot wind. These elements are very damaging to the epidermal layer of the skin. When this happens, you do not get any penetration from lotions. The dead cells must be sloughed off.

More attention is needed in your cleansing program. As you know, the most important thing you do to your face is clean it. It is so important to clean it properly and to use the right agent for your skin type.

The licensed estheticians at **Syd Simons** are fully trained to recognize exactly what your skin needs. Our most effective facial is the Enzyme Peel (for exfoliating). This facial gets rid of surface dehydration, thereby eliminating the sallow look that appears on the skin. It breaks down congestion, leaving the skin smooth as velvet.

Also, our Dr. Murad Rapid Exfoliating

Peels go deeper, work on fine lines and totally improve skin texture with an AHA (alpha hydroxy acid). It's very effective.

Syd Simons has 25 different types of treatments in our facial rooms. This summer we have been using our Collagen Fiber Mask with Sea Plant Gel underneath. Sea Plant nourishes the skin and repairs sun damage, and is great for dehydrated skin.

We have a new treatment this month—Murad C Treatment. It's a pure Vitamin C Mask that strengthens the elasticity of the skin and makes pores very refined.

We have treatments for all skin types, which revitalize and improve skin texture. Our facials take about 1½ hours. Women tell us that it's 1½ hours of heaven.

Hope to see all of you for our once a year Skin Care and Make-Up Products Sale. Come stock up and save 20% on all of our exclusive lines!

Sincerely,
Cathy Ramstadt, Owner
Syd Simons Cosmetics

20% OFF Fleecewear
during August

\$4.00 OFF

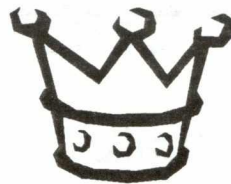
Any Purchase
Of \$20.00 Or More

Not Valid With Other Sales • Present Coupon At Time Of Order • 1 Coupon Per Purchase Per Customer • Expires 8/31/98

LITTLE MUNCHKINS

"Shopping at Little Munchkins
is a Grandmother's Dream"

200 North Hough Street • Barrington • 381-3960



Canterbury Shoppe
Holiday & Home

117 East Station Street
Downtown Barrington
(across from Starbucks)
(847) 304-9627

Hours: Mon-Fri 9-5
Sat: 9-4, Sun 9-3

Sidewalk Days
"Princess Beanie Baby"
Give Away!

3 chances to win!

The Canterbury Shoppe will be giving away three "Princess Beanie Babies" during Sidewalk Days, Thurs-Sat, Aug. 6-8! (Call for details.)

The Canterbury Shoppe has to make room for all of our new Fall & Christmas Merchandise! Hurry in to **save over 50%** on candlesticks, candles, baby gifts, picture frames, florals and holiday ornaments & collectibles!

Syd Simons

**Don't Miss
Our Annual**

**"20% OFF Skin Care
& Make-up Products Sale"**

This is a once-a-year special offer

SALE EFFECTIVE AUGUST 17-22

Syd Simons
Day Spa

"Where Makeup is
an art, skin care is a
science... and body care
is a necessity."

117 Barrington Commons
Barrington **381-8727**

HOME DELIVERY

Scotty's

Groceries On Wheels

(847) 726-8897
FAX (847) 726-8904

**"The ONLY Grocery Store
 that ONLY Delivers."**

FREE GROCERIES!
 YOU MUST USE THIS COUPON

\$10.00 FREE GROCERIES
 Receive \$10.00 Worth
 of Free Groceries on Your
 First Order of \$50.00 or More.
 Not Valid with Other Offers.
 LF Expires 8/31/98

Call 847-S•C•O•T•Y•S FOR A COMPLETE PRICE BOOK

Health Advocate

Health & Wellness Programs August-September

Understanding Depression Workshop

Thursdays, August 6 - August 27, 7 to 8:30 p.m.—\$80

Participants learn to restructure thoughts and change behavior patterns which contribute to depression as well as learn relaxation skills. Free depression screening is included.

Introduction to Stress Management

Fridays, August 7 - August 28, 10:30 a.m. to 12 p.m.—\$110

This four-week program introduces relaxation training, cognitive restructuring and basic stress management techniques.

"I Can Cope"

Mondays, August 14 - October 26, 7 to 9 p.m.—Free

A series of educational classes for people facing cancer and their friends and family. Offered by the American Cancer Society in cooperation with Good Shepherd Hospital.

Anger Workshop

Tuesdays, August 18 - September 22, 7 to 8:30 p.m.—\$120

Participants learn to control anger and the destructive behavior that can follow.

Anxiety Workshop

Wednesdays, August 19 - September 23, 7 to 8:30 p.m.—\$130

Participants learn to reduce anxiety through stress management and relaxation techniques.

CPR and First Aid Class

Saturday, August 22, 8 a.m. to 5 p.m.—\$65

Class includes the American Heart Association's basic CPR life-support techniques as well as basic first aid.

Infant and Child CPR

Saturdays, September 5 or 19, 8 a.m. to Noon—\$25

Learn the American Heart Association's basic CPR life-support techniques for infants and children.

**To register for any of Good Shepherd's Health & Wellness Programs,
 call Health Advisor at 1-800-323-8622.**

Good Shepherd Hospital



Health Care With A Whole New Attitude

450 West Highway 22, Barrington, IL 60010

Related to the Evangelical Lutheran Church in America and the United Church of Christ

Scotty's—Groceries On Wheels

Just don't have time to get to the grocery store? Hate those long, frustrating lines? Difficult taking the kids? **Scotty's Home Market** can help. We have been in business for over six years now, servicing the grocery needs of people just like you. We service 61 north and northwest suburban communities, with a customer base nearing 4,000 clients. Best of all, you pay grocery store prices, with only a nominal delivery fee to have them brought to your front door! Our average delivery fee is only around \$3!

All of our customers receive a price book with the nearly 7,000 items that we carry. It includes all of your favorite name brand suppliers, and an assortment of specialty items that you won't find at the grocery store, such as fresh butcher meat and seafood, whole grain breads from the Barnaby Smythe's Stone Ground Bread Company, fresh baked goods from a local bakery, and the finest of fresh produce we receive in daily.

Ordering is very simple. You can either call in or fax in your order, just indicating the item numbers you would like to have delivered or order over your computer using our free software. We will give you a total due for your delivery, and you can pay us by check or credit card. The great

thing is that you don't even have to be home to accept delivery (around 50% of our customers are not). We can do this because we deliver all of our refrigerated and frozen items in Igloo coolers with ice packs, so even ice cream stays frozen while your groceries await you. The dry products are delivered in waterproof boxes with lids on them. We will work out a convenient place with you to leave your groceries if you are not going to be home, and they will be waiting there fresh when you arrive. If you are going to be home we will unload them on your counter for you. It's that simple!

This is not a club of any kind, we are simply a grocery store that only delivers. You order when you want (Monday through Friday) and however much you want. We guarantee 100% the quality of all our products. We also provide wonderful tips and tools for meal planning. To receive an information pack describing the service, including a complete price book, just give us a call at **(847) 726-8897**, and we would be happy to send one out to you. Isn't it about time you enjoy your free time and spend your discretionary time the way you want to spend it? Let us help! We look forward to hearing from you.

Luv Ewes Get Creative While Cheering Up Patients at Good Shepherd Hospital



Volunteers of The Luv Ewes cheer up patients at Good Shepherd Hospital during the recent "Bulls" fever with handmade Bulls Boutonnieres and "Go Bulls" tray cards. They also showed off their creativity by designing Fourth of July tray cards decorated with the American Flag and mini-paper fireworks.

One of the most generous donations Auxilians and Volunteers make to Good Shepherd Hospital is the gift of their time. The Luv Ewes, members of the Good Shepherd Hospital's Auxiliary, volunteer their time every Wednesday and Thursday to make beautiful hand-crafted tray favors for patients and caps to keep newborn infants' heads warm. Pictured above (from left to right) are Luv Ewes: Addie Kaniewski, Algonquin, who has earned over 3,500 volunteer hours; Eleanor

Prather, Barrington, who has earned 2,000 volunteer hours; and Phyllis Pfiel, Tower Lakes, who has earned over 4,000 volunteer hours. Many of the Luv Ewes also volunteer their time by working as greeters at the information desk, delivering flowers and cards to patients and assisting on the patient floors.

If you are interested in volunteer opportunities at the hospital or would like to become a member of Good Shepherd's Auxiliary, call 847-381-0123, ext. 5093.

Good Shepherd Hospital is a 156-bed health care facility and a Level II trauma center with more than 400 physicians representing 35 medical specialties. Good Shepherd Hospital, located north of Barrington, is part of Advocate Health Care, one of the largest health care organizations in the Chicago area.



Achieving Balance— An Update on Fashion Trends

"The minimal shapes of seasons past have been reworked and embellished for maximum impact. Fashion has had it with the bare essentials—clothes that have been pared and spared to nearly nothing. And now what's most exciting is anything with interest. Flourishes, both intrinsic to cut and those purely for embellishment, will be in ..."—Kal Ruttenstein, Senior VP for Fashion Direction, Bloomingdale's.

Personal choice dictates what each of us will take from the fashion runway as part of our daily style. While we may be more (or less) fashionable than a Parisian model, high fashion still influences the culture around us. Creating our own personalized statement can be a challenge—especially when the demands of kids, work and sweat move us dangerously near the anti-fashion zone. We'd like to make it through the whole day (90° weather not withstanding) and still look great for an evening out. As the *haute couture* pendulum swings back to softer more comfortable looks, we stand a better chance of that little fantasy coming true.

This season's strong feminine touches are balancing the hard-edged looks of last winter and spring, and that makes for simpler styling. Classic (but severe) cuts like the bob have been softened with chunky layers that give movement and less formality. This also makes the cut easy to style with little effort; effortless beauty is indeed

a good thing. Long hair has relaxed beautifully into softly layered ends and curls which are no longer being tamed into submission. Many of the season's new styles require less styling time—new pomades and gels can lessen blow dry time and get you looking great with the added luxury of those few extra minutes. Barrettes, combs, headbands, clips and new rubber bands add interest and glamour with little output. Vintage accessories are popular, as are revamped 1960's flowers and beads—all easy embellishment.

Achieving balance comes from looking through pictures in magazines, movies, etc., and finding what you like about a look like softness, drama or movement and then communicating these feelings to your stylist.

"Today's women are aware of high fashion styles, yet want their own individual look. Having a personalized style—one that is customized for your hair type and face shape—makes all the difference. It allows fashion to work for you, rather than you spending a lot of time working for it," says Zuzka Serbin, a designer for **Tranquility Salon and Day Spa**.

It's no longer back to the basics. This fall, the catchwords are comfort, luxury, glamour, flourish and feminine.

Come on up and see us sometime at **Tranquility Salon and Day Spa**. We'll put the balance back in your act.

Savvy is Now Offering SoftLight Hair Removal

Savvy Institute of Beauty & Wellness, Ltd. is now offering SoftLight Hair Removal—the latest advance in hair removal in 50 years. SoftLight is a laser-based hair removal system that can remove unwanted hair from the face, underarms, legs, back and shoulders as well as other areas.

The patented SoftLight process is based on the interaction between a low-energy laser and a proprietary, carbon-based lotion. Although technologically advanced, the process is actually quite simple. SoftLight works with individual hair growth cycles to deliver long-lasting results—and SoftLight is the only answer for all types of skin. Patients can return to

their normal routine immediately after treatment. The SoftLight Hair Removal procedure has already been performed on over 200,000 people with positive results. Physicians have used the same YAG laser for over 10 years without any adverse affects. The SoftLight process is effective for women as well as men. And SoftLight is the very first laser approved by the FDA. SoftLight has set a new standard in achieving and caring for beautiful skin.

The ultimate experience of hair-free skin awaits you in the comfort and privacy of Savvy Institute of Beauty & Wellness. Call us for your complimentary consultation. (847) 995-9696.

Barrington Area United Way Gears Up for Fall Campaign

Barrington Area United Way volunteers are working hard at laying the groundwork for their 1998 fund raising campaign. Last year's campaign generated a record breaking \$387,741 for our hometown United Way. The upcoming campaign will kickoff on Saturday, September 12, with the 3rd annual Community Run/Walk at Miller Park. Once again, Harris Bank is the main sponsor for this event.

This year's race is a registered race of the Chicago Area Runner's Association. The cost is \$15 for the 5K Run and \$8 for the 3K Walk. All participants will receive a T-shirt, goodie bag and refreshments. Face painting will be provided for the

kids. Race registration begins at 7:30 AM.

Georgeanna Smalarz, 1998 BAUW Campaign Chairperson and Branch Manager of First Chicago Barrington says, "Come out and join the fun! The support and involvement of this community is vital to the success of the 23 local health and human service organizations which receive funding from us. We have set an ambitious goal of \$426,500. Our campaign theme is "You Can Write A Happy Ending" and we hope with your support you will."

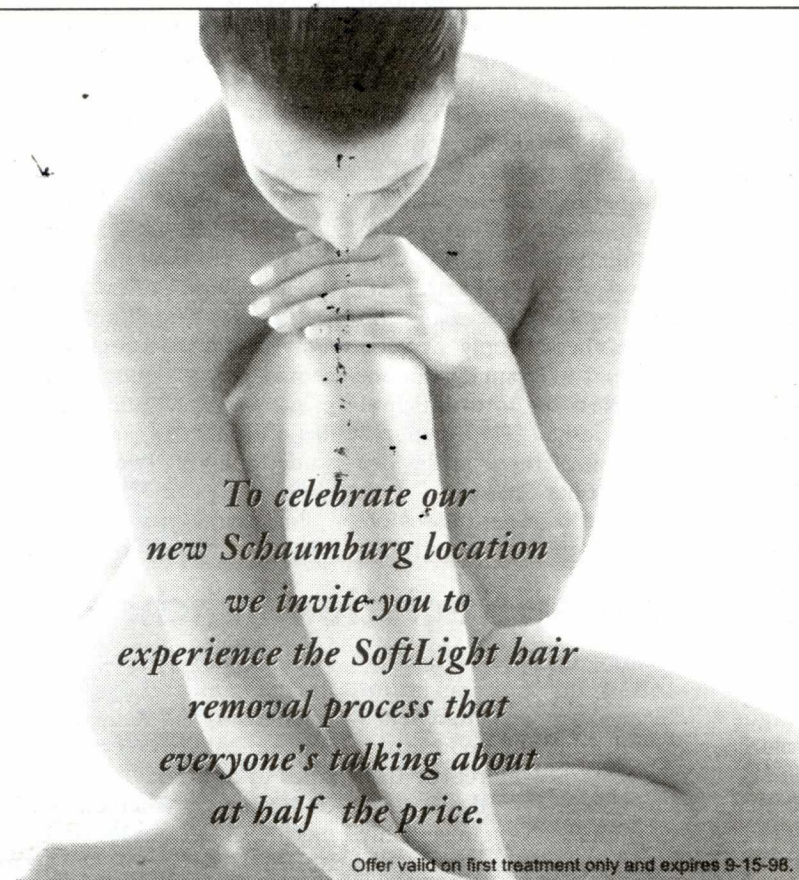
For further information, or to volunteer for the campaign committee or race, contact Karen Atkinson, BAUW Executive Director, at 847-382-8778.

"Come Up & See Me Some Time..."

The girls at
382-6001



TRANQUILITY
SALON/DAY SPA
123 W. MAIN ST.
BARRINGTON



*To celebrate our
new Schaumburg location
we invite you to
experience the SoftLight hair
removal process that
everyone's talking about
at half the price.*

Offer valid on first treatment only and expires 9-15-98.

SAVVY INSTITUTE OF BEAUTY & WELLNESS

845 N. Michigan Avenue
Suite #972W
Chicago, Illinois 60611
(312) 787.4028

Savvy Institute of Beauty and Wellness
1701 E. Woodfield
Suite #300
Schaumburg, Illinois 60173
(847) 995.9696

SOFTLIGHT®

® Registered trademark of ThermoLase Corp.

Happenings!

in the area

Garden Council Offers Class



Penny Horne, artist in flower arranging.

Once again, Penny Horne, popular instructor in flower arranging, has been enlisted by the Council of Barrington Garden Clubs to teach a class for area women interested in developing their skills. "Traditional and Beyond" is the title Horne suggests for the Thursday, September 3 class she will teach from 9:30 AM to noon at the Barrington United Methodist Church located at 311 S. Hough in Barrington. The \$35 fee includes container, mechanics and all plant material. Students need to bring clippers and should be familiar with the handling of cut plant material.

In addition to her many years of experience, Horne brings firsthand knowledge of international trends in floral design. As national chairperson of the Flower Arranging Study Group for the Garden Club of America, she has been deeply involved for the last two years in arranging nationwide symposia led by international specialists in new designs. Horne utilizes the most interesting of these in the designs she creates for her classes.

This is the second of three classes offered by the Council this year in its

on-going effort to encourage flower lovers to learn this special art. (A class series for beginners took place last March. Tentative plans include a repeat of that next year, as well as a follow-up series.) On October 27, still another floral area will be explored when a class in arranging dried flowers is presented. (Bright chartreuse flyers in the Barrington Area Library information alcove and also at the Ice House bulletin board provide details of all class plans for this year.)

Registration for Horne's class is handled by the Educational Focus Committee, which plans all the classes and programs targeted to the general public. Checks for \$35 made payable to the Council of Barrington Garden Clubs may be sent to 62 Windrush Lane, Barrington, IL 60010. Only the first 15 registrants will be accepted, but a waiting list will be kept, so please include phone number. A confirmation/reminder card will be sent to class students about two weeks prior to the class.

For more information, call 847-381-3862.

Volunteer Appreciation Luncheon

In June, the Barrington Area Council on Aging, Inc. (BACOA) and the Junior League of Chicago-Northwest Area held a volunteer appreciation luncheon at the home of Nancy Starnes-Pierce in Barrington Hills to honor all of the BACOA volunteers who have given unselfishly throughout the year.

Honored for Care 2 Share, a friendly visitor program, were: Pat Ciesla, Joanne Gara, Carol Kalvaitis, Sue Koenig, Andrew and Samantha McClintick, Tranetta McComb, Annette Nikolich, Nancy Starnes-Pierce and Junhai Wadhwa.

Honored for service to the BACOA Senior Activity and Lunch program were: Rosemary Benson, Pat Ciesla, Jeanne Kelley, George and Faye Kostelec,

Frances and Stanley Kozabek, Noreen Lavine, Pat and Joan Saunders, June Schaumann and Katherine Walter.

Volunteers were presented with certificates of appreciation and a gift for their dedication by Pamela McCord Stephenson, BACOA Board President and Annette Nikolich, Junior League of Chicago-Northwest Area Care 2 Share Coordinator. The fabulous luncheon was catered by Pasta Impromptu in Barrington and the food was superb.

BACOA, at 301 East Main Street, Suite 111 in Barrington is a not-for-profit agency dedicated to maintaining the independence, dignity and well-being of senior citizens in the Barrington area. For more information, call 847-381-5030.

Attending *The Sleeping Beauty*



Molly Wilson, Anne Harner and Jessica Swoyer after BYDE's final performance of *The Sleeping Beauty*.



Also attending the performance were Arlene Schambeyer of Burr Ridge and her daughter, Maryanne Buettner. In the front row are Maryanne's children: Lauren, Ashley, Augie and Charlotte.

The Barrington Youth Dance Ensemble (BYDE) held its final performance of *The Sleeping Beauty* on June 28 at Barrington High School. Among those attending the ballet were: Molly Wilson of Freeport; Anne Harner of Barrington who danced the role of the Lilac Fairy; and Jessica Swoyer also of Barrington.

Jessica is a former BYDE member and the daughter of BYDE Board of Directors member Kim Duchossois. She is also the granddaughter of Richard L. Duchossois who serves as Honorary Director for the BYDE Board.

Jessica and Molly study dance at the University of Illinois, Urbana-Champaign campus.

The Barrington Youth Dance Ensemble is extremely grateful to The Duchossois Foundation, Moser-Altenberger Family Foundation and CAP & Associates for their generous support which made the beautiful *Sleeping Beauty* ballet possible.

For more information on the Barrington Youth Dance Ensemble, dedicated to promoting artistic excellence and appreciation through quality dance training and performances, call please 847-382-6333.

Chers Amis...

So far, during the first seven months of 1998, our beautiful Provence Room here at **D & J Bistro** has been the site of: 9 business meetings and dinners, 15 anniversary and birthday celebrations, 4 retirement parties, 11 rehearsal dinners, 3 wedding ceremonies and receptions, 4 cocktail parties, 19 social/fraternal luncheons, 7 wine tasting evenings (3 by Binny's and 3 private), 2 private game dinners (hunters brought their game) and a few other private functions.

A "non-banquet", upscale, white tablecloth, 3-course dinner will cost you \$25 per person, (food only). Maybe it's not "a deal", but it's certainly an unmatched



"value"—do not hesitate to come and visit our Provence Room. I'll be happy to show you around and write up a menu proposal for your next private event.

Thank you to all who support us!



D & J Bistro

Est. 1987

1998 WORLD
CUP CHAMPION

FRANCE

*Merci...Keep Supporting Soccer!
Don't Give Up on the U.S. Team—
Rome Wasn't Built in a Day!*

S.E. Corner Rte. 12 & 22
Lake Zurich, IL 60047

(847) 438-8001



Lake Shore Ski Club Meetings

Lake Shore Ski Club will meet on Wednesday, August 5 and Wednesday, August 26, 1998 at Joe's Sports Bar located at 940 West Weed Street in Chicago. The meetings will begin at 6 PM.

This is an opportunity to sign up for LSSC's Annual Picnic which will be held on Saturday, August 29 as well as learn about the exciting ski season planned for

this winter. All who are interested are cordially invited to attend and learn more about the advantages of becoming a member of Chicagoland's largest and most active ski club with over 1200 members from throughout the Chicago Metropolitan Area, Northern Illinois, Northern Indiana, Michigan and Southern Wisconsin.

For more information, call 708-763-0500.

See the Difference

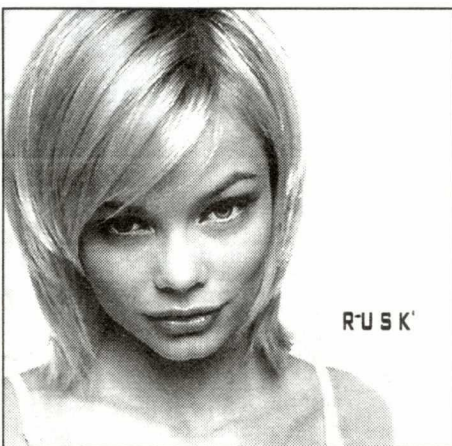
In today's world of ever changing fashion, you must change right along with it... at **Corriccis' Hair Studio**, we have just completed some great new changes.

We have a new attitude, several new staff members, and a complete new look. Come in and check us out.

Our designers are nationally recognized educators for **Rusk**, a worldwide company. We are the people that train other hairdressers in the newest, most advanced techniques, and fashions.

With this knowledge we will give you the style that best fits your personal needs.

Come in for your **FREE** in depth consultation and let us show you the *difference*!



"Art in the Barn" Offers a Family Day in the Country

The Auxiliary of Good Shepherd Hospital's 24th annual juried and invitation exhibition, "Art in the Barn 1998," is an opportunity for everyone to enjoy a day in the country while viewing beautiful fine art.

The art show and sale will be held from 10 AM to 5 PM on Saturday and Sunday, September 26 and 27 in the rustic farm buildings on the hospital campus. Good Shepherd is located north of Barrington on Highway 22, just two miles west of Route 59. Admission to Art in the Barn is \$4 per person and free for children under 12.

This year, the show will feature something for everyone. More than 150 artists will attend with works ranging from oil and acrylic paintings, watercolors, pastel drawings, etchings, photography, jewelry, sculpture, stoneware pottery, ceramics, handmade paper, batik, stained and blown glass, woodworking, hand-woven fabrics, leather, baskets, limited edition prints and more.

Children will be able to create their own watercolor masterpieces at a Young Artists' Tent from 10 AM to 5 PM.

During both days of Art in the Barn, music lovers will have the chance to sit back and listen to a variety of music including folk, blues, jazz and country.

This year's Food Court will feature brats, hot dogs, pizza, chicken and roasted corn. We will also serve cider, coffee, soft drinks and snacks such as taffy apples, ice cream, popcorn and candy.

Since its inception in 1974, the goal of Art in the Barn has been to bring fine art to the community. In appreciation for the opportunity to display their art, the artists donate 20% of their sales to the Auxiliary of Good Shepherd Hospital. This year's Art in the Barn proceeds will go toward the purchase of the Emtech Computer System which will help doctors and nurses track patient care.

For more information about Art in the Barn, call 847-381-0123, extension 5093.

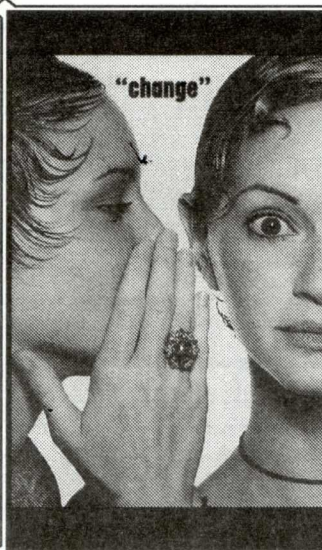
Portraits By

Thomas

We strive to give you
100 times the value of your
investment in our work.
We believe in families
and in family portraiture
to preserve relationships
you can cherish in the future.



557 North Hough Street Barrington
381-7710



Get **"City Hair"**
in the Suburbs

25% OFF ALL SERVICES*
*first time customers only

Always **FREE** Consultations

Now Offering Spa Manicures & Pedicures

Corriccis'
HAIR
STUDIO

438-9656

589 Ela Rd.
Lake Zurich

If I could do it all over again,
I would have learned to play the drums.
I'd have eaten crackers in bed
and pizza in the car.
I would have listened to my heart,
instead of the radio.
And I would have gotten that mammogram.
Then, maybe, all the things I would've done, I still could've done...

- Rosie B.
1932-1995

Save time later. Get a mammogram, now. Call 1-800-ACS-2345

Langdon's of Barrington

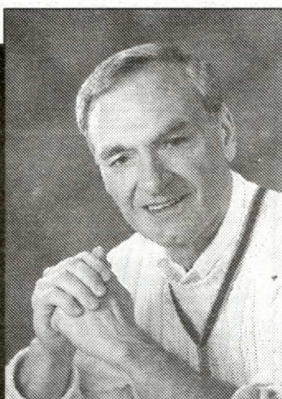
Portrait
Photography

Dependable

Innovative

Experienced

Call 382-5463



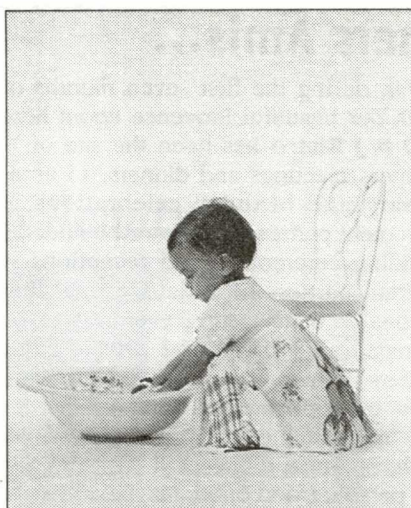
Joseph Rush
Master Photographer

Cherished Portraiture

From start to finish, **Langdon's of Barrington**, and Joe Rush, Master Photographer, orchestrate all the facets of the portrait process. The final portrait is the outcome of a well-planned five-step process. This includes a pre-portrait consultation, the sitting, a proof evaluation meeting, finished portrait viewing, and finally a framing and portrait presentation. This process will ensure an original and natural portrait, one which will cast you and yours in the "best of light."

The result? A cherished professional portrait bursting with vibrant color and detail. Joe's portraits keenly capture the essence of the character of his subjects.

Let **Langdon's** 25 years of experience in excellence work for you. When would you like to see the portrait of your dreams a reality? CALL TODAY, 382-5463, and begin the process. It is never too soon to schedule or too early to plan.



The Complete Salon

Claude Thomas
Hair Design & More!

We Customize
Any
Gift Package...

**Claude Thomas
Hair Design & Spa**
*is ready for those Lazy, Hazy
Days of August and the
New Back-to-School Looks*



Beauty and Perfection United

REDKEN
5th AVENUE NYC

847-705-5999

**SUNDAY 11-4
MONDAY 1-9
TUES-FRI 9-9
SAT 9-5**

377 W. NORTHWEST HIGHWAY (CENTURY PLAZA) • PALATINE

Peter Daniel Celebrates 25th Anniversary, Grand Opening Ceremony Set for September

Celebrating its 25th anniversary, clothing retailer Peter Daniel of Barrington has planned several special events to mark this special occasion ...including a grand opening party in their new location, scheduled to open in September. Peter Daniel is known throughout the Northwest suburbs as a premier retailer of men's and women's apparel.

Still in Barrington's Ice House Mall, Peter Daniel will be relocated to a spacious, first floor location.

The new location will have a more con-

temporary look with high ceilings and neutral colors. The store will be larger in size using three previous spaces to create one spacious multilevel store in the middle of the first floor of the Ice House. This has allowed for expanded men's and women's apparel departments with the introduction of many new designers.

Highlights of this Grand Opening Celebration will include Weekly Drawings, Special Give-Aways, Trunk Shows and their Annual Anniversary Sale. Representatives from many of the store's

Summer Services at Claude Thomas

Everyone should have fun in the sun! But we at **Claude Thomas Salon and Day Spa** give you this reminder; if you swim in a pool, wash your hair as soon as possible afterwards—even if your hair has no perm or color.

The big news for summer is that hair is as individualistic as fashion. Styles run from short crops to soft curls to everything in between. Sparkle up your summer look with a few highlights. Take advantage of our special on six to eight foils for \$25.

If you have been in the pool a lot, try one of our Malibu 2000 treatments to remove chlorine and mineral desposits from your hair and make it silky again.

Please let us know when you are ready for a deep conditioner. Come with your questions to get professional advice and help for the coming months.

Have you ever wanted nails for a special occasion, but not permanent ones? Try our weekend nails. They stay for five to ten days and are only \$40.

When you are going on vacation or just want to wear sandals, get a relaxing spa pedicure along with a spa manicure. Regularly \$59, they are now \$56 for both.

Another service we offer at **Claude Thomas** is a computerized massage. It will provide you with an invigorating



massage which will give relief to tired, worn muscles. Come in early for your appointment and relax. It only costs \$10 (subject to availability).

We would like to introduce Jennifer, our Nail Technician; she has ten years in the business. Acrylic nails with Jennifer are 15% off during the month of August.

Claude Thomas Salon and Day Spa has many outstanding features: a luxurious massage room for therapeutic services for your body, an amazing variety of spa treatments for skin care, facials and nail care. These services are tailored to your personal needs. To find out about our summer specials, give us a call. For your convenience, we are open seven days a week with evening hours Monday through Friday.

Come experience the difference. Call **Claude Thomas Salon and Day Spa** at 847-705-5999.



collections will be on hand at various times during the month of September. They will include Augustus, Dana Buchman, JSS Knits, Herbert Grossman suits, Bushwacker, Bill Burns, Robert Talbott, Tallia, Tumi, Zanella, Polo and Ashworth.

Initially opened by Peter Hammond and Daniel Thomson as a men's clothing store in Palatine, Peter Daniel moved to Barrington's Ice House Mall 18 years ago. In 1978, a small section of the store was designated to women's apparel; today the women's department makes up half of the store. Now solely owned by Hammond,

daughter Beth Johanson runs the family-owned business.

"What makes our store special is that we know our customer," said Johanson, "We strive to make shopping simple, pleasant and convenient."

Peter Daniel is open Monday, Tuesday, Wednesday and Friday from 9:30 AM to 6:00 PM, Thursday from 9:30 AM to 8:00 PM, Saturday from 9:30 AM to 5:30 PM, and Sunday from noon to 4:00 PM. It is located in the Ice House Mall at 200 Applebee Street in Barrington.

For more information, call the Peter Daniel store at 847-382-6676.

Patricia's Story

During one particularly dramatic **Rubenfeld Synergy** session, Patricia accessed and released some frightening childhood memories. I imagined thousands of cells opening up and releasing painful emotions. Afterwards, she felt a strong sense of relief. This is where we see how the resolution of cellular memory can write a new script and anchor it safely in the harbor of the unconscious mind.

Since childhood, Patricia had a frequently recurring nightmare... she's being pursued by violent attackers who are intent on catching her and... God knows what! All avenues of escape or assistance remain closed to her until she awakens, anxious, heart pounding, utterly alone. After this session, Patricia re-dreamed the dream... she's being pursued by violent attackers who are intent on catching her and... A DOOR OPENS! A loving family invites her in and offers sweet shelter. They envelop her in a warm glow of love and support. Patricia awakens feeling refreshed, loved, aware of the possibility that there are people in the world to support her.

Here's a new script, written underground and safely re-anchored in the harbor of the unconscious mind. Patricia's past didn't actually change, but her unconscious perceptions and emotions changed dramatically, thereby bringing them more into alignment with her conscious desires



and the wisdom of her Higher Mind. This demonstrates the transformational power of the access and release of cellular memory. Spontaneous rescripting illustrates a profoundly deep level of integrative healing allowing stronger trust in the Universe which will, it follows, then provide more opportunities to prove this trust.

Through a combination of talk, touch and movement, **Rubenfeld Synergy** helps you get in touch with and resolve old issues. **Pamela Arwine**, also a **Reiki Master Teacher and Clinical Hypnotherapist**, is the first to practice this art in Northern Illinois. She practices in Crystal Lake and also offers all levels of Reiki Training. For more information, please call **815-455-4502**.

We are Not Just Cosmetic Surgeons!

We are not doctors who have decided to do cosmetic surgery because managed care companies and poor insurance reimbursement make cosmetic surgery lucrative because it is cash up front. We are plastic and reconstructive surgeons who are board-certified in both general surgery and plastic and reconstructive surgery. We have received years of training in cosmetic surgery as part of our residency programs and ongoing continuing medical education.

We were there when liposuction was first introduced into this country and are charter members of the Lipoplastic Society of North America since its founding. We are members of the American Society of Plastic and Reconstructive Surgery and the American Society of Aesthetic Plastic Surgery. We have the combined experience of over 40 years of plastic and reconstructive surgery in our group.

We do not just do breast reductions, but we do state of the art surgery involving minimal incisions. We do not just do breast augmentations, but avail ourselves of axillary, peri-areolar and inframammary approaches suitable to each patient's needs. We do not just do facelifts, but in-

volve advanced techniques in muscle and fat repositioning in multilayer approaches. We do not just do lasering, but have pioneered tattoo removal, skin resurfacing and treatment of vascular and pigmented lesions in excess of five years. And, we have been featured in *People Magazine*. We do not just do ordinary surgery, but have advanced to using endoscopic approaches that minimize incisions and recovery time.

Since we are board-certified in general and plastic surgery, we are able to handle difficult, complicated cases and the rare postoperative complications. We have staff privileges at Sherman and St. Joseph Hospital and have held positions on committees ranging from Surgical Department Head to Peer Review and Audit Chairman.

We do appropriate and advanced surgical procedures that minimize risks and maximize results. We are not just cosmetic surgeons! We are the physicians of **Valley Plastic Surgery Center** in West Dundee: **Jay H. Rosenberg, MD, FACS**; **Philip G. Lambruschi, MD, FACS**; and **Dean A. Manus, MD**. Call today to schedule a convenient consultation at **847-836-3200**.

"Understanding Depression" Workshop

A four-week workshop on "Understanding Depression" will be offered by Good Shepherd Hospital's Center for Stress Medicine starting Thursday, August 6 from 7:00 to 8:30 PM. The program will discuss the symptoms, levels and causes of depression, and provide information on how to deal with problems associated with depression in healthy and constructive ways. The cost of the workshop is

\$80, payable in advance.

"Depression is a chronic problem in our rapidly changing world," says workshop moderator Karen Stermer, M.A. "Sometimes depression can be a stress reaction that can result in unnecessary aches and pains, but it can be treated successfully if recognized."

To register or for more information, call the HealthAdvisor at 1-800-323-8622.

MASTER THE MIND/BODY CONNECTION WITH RUBENFELD SYNERGY!

Emotions and memories are often stored in our bodies, resulting in energy blocks, tensions and imbalances. Through gentle touch, movement and verbal expression, Rubenfeld Synergy will help uncover and release hidden energetic and emotional blocks.

- Greater Self-Esteem
- Release of Anxiety
- Recovery from Trauma
- Relief of Chronic Pain
- Relief from Insomnia
- Reduced Blood Pressure



PAMELA ARWINE, CRS, RMT, C.H.T.
Certified Rubenfeld Synergist, Reiki Master Teacher
(815) 455-4502

Consider Yourself...



One of Chicago's

SPECIALISTS IN AESTHETIC SURGERY TOTAL BODY

finest cosmetic surgery

ENHANCEMENT...UNPARALLELED SURGICAL SUITES

facilities is Not on

ELEGANT, PROFESSIONAL AMBIENCE

Michigan Avenue.

CONVENIENT, DISCREET LOCATION

for a change.

Valley Plastic Surgery Center

350 S. Eighth Street (Rt. 31) West Dundee, IL 60118

Jay Rosenberg, M.D., F.A.C.S.

Philip Lambruschi, M.D., F.A.C.S.

Dean A. Manus, M.D.

847.836.3200

Certified by the American Board of Plastic Surgery
Members of the American Society of Plastic and Reconstructive Surgery

Endermologie™ non-surgical
body shaping now at Valley Body Contouring Salon

*Dr. Brenda Brak
takes pleasure in announcing two new associates...*



Dr. Brenda Brak



Dr. Kimberly Couri



Dr. Lisa Derken

Barrington Family Healthcare

450 W. Hwy. 22, Suite #140, Barrington

Appointments are now being scheduled.

847-382-9150

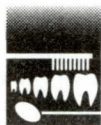
COMMITTED to the HIGHEST STANDARDS of ORAL HEALTH

Your looks and smile are as important to us as they are to you—*always*. Whether educating you to prevent problems or returning your mouth to optimum oral health, we are committed to taking whatever time is necessary to ensure an aesthetic approach to your appearance.

Raymond P. Kotz, DDS, PC
Stephanie Skopek, DDS

129 Park Avenue
Barrington, Illinois 60010
847-381-4040

GENERAL AND RECONSTRUCTIVE DENTISTRY



Infant and Child CPR and Safety Class

A four-hour infant and child CPR certification class is being offered by Good Shepherd Hospital's Health Evaluation Lifestyle Programs (HELP) on Saturday, August 8, from 8 AM to noon in the Meadow Room of the hospital.

Taught by a certified American Heart

Association instructor, the class includes CPR practice techniques and a discussion of infant and child safety. The cost for the course is \$25.

Space is limited and reservations may be made by calling HealthAdvisor at 1-800-323-8622.

Dr. Dale Larson to Speak at MCC

The Hospice of Northeastern Illinois is pleased to announce that Dr. Dale Larson, Ph.D., Associate Professor and Director of the Graduate Psychology Program at Santa Clara University, will be presenting a workshop at McHenry County College on August 5 from 9:30 to 11:30 AM.

Dr. Larson's presentation will be "Doing

More With Less: Toward Resilience and Rejuvenation in Time of Change." There is no charge for the workshop, but registration is requested. Please phone the Hospice at 1-800-425-4444 to register. Continuing Education units for social workers and other professionals will be available through MCC.

A Message from Barrington Family Healthcare

Summer brings warm weather, outdoor activities and opportunities for insect bites and itchy rashes. A little knowledge about these things can go a long way to identifying, treating and then preventing additional bites.

What summer would be complete without bumblebees gracefully dancing among the flowers? Unfortunately, the downside to this romantic picture is that they—along with many other flying insects—can produce annoying and painful stings. Bites of bees, hornets, yellow jackets and mosquitoes are common during the summer months with their numbers peaking in August.

Local reactions to bites occur in two phases. First, the skin around the bite may develop a "bump" associated with pain or itching. When this happens, make sure the stinger is out and, if it isn't, use a scraping motion to drag the stinger out of the skin. Do not grab or squeeze the stinger—this may actually release more venom into the bite leading to more pain or itching. Next, you can apply cold packs, calamine lotion and topical anesthetics containing Benzocaine to help relieve some of the

symptoms. Some people also find that a paste of baking soda or meat tenderizer mixed with a little water helps relieve pain and decreases the reaction.

Hours later, you may experience the second phase of the local reaction to a bite. The area around the bite may become red and even a little swollen—this is normal. Call your doctor, however, if signs of a severe allergic reaction develop: difficulty breathing or wheezing; swelling around the face, lips or tongue; or severe swelling, such as an entire arm or leg. Anybody who has had a severe allergic reaction to insect venom in the past should carry an emergency kit. Ask your doctor about these and how to use them.

To avoid bug bites, wear light colored, solid fabrics that cover arms and legs. Bees are especially attracted to bright colors and floral prints. Avoid perfumes and colognes. And apply insect repellent containing DEET every three to four hours when in insect infested areas and during the cooler evening hours when the mosquitoes are out in large numbers. (For children and pregnant women, however, avoid products containing DEET.)

Drs. Kotz & Skopek

A Whiter, Brighter Smile

by Stephanie Skopek, DDS

You are getting married, have an upcoming high school reunion or have a public speaking engagement... whatever the reason, you want your smile to be its brightest. Tooth bleaching could be the answer. More and more patients are having their teeth whitened and many are asking about it, wondering on its safety and efficacy.

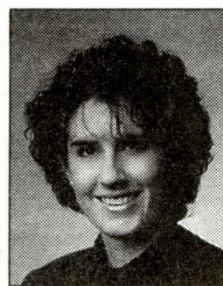
Tooth bleaching, supervised by a dentist, is the safest and most effective method of tooth whitening with the results lasting up to three years. There are many over the counter "whitening" products available such as pastes, rinses and home kits, but these do not give very noticeable results compared to the products that your dentist can offer you. As well, they may not be safe for your teeth and gums.

Bleaching is successful in greater than 90% of patients with teeth darkened by age, coffee, tea or smoking. Not all types of stain will be easily or effectively bleached. That is why it is important to be examined by your dentist to determine if

you are a good candidate for bleaching your teeth. Dramatic results can be seen in about two to three weeks, depending on the amount and intensity of the stain, and may last for one to three years, at which time the teeth can be easily touched up. The re-treatment or touch up takes less time and is less costly than the original treatment. And the bleaching solution is safe and has no long term effects on the teeth or gums.

It is important to realize that not all patients are good candidates for bleaching. Porcelain crowns, white fillings and veneers will not be lightened in the process. That is why it is important to visit your dentist for a consultation to determine if bleaching is an option for your smile.

For more information on a whiter, brighter smile, please call Dr. Raymond Kotz and Dr. Stephanie Skopek in Barrington at 847-381-4040.



Local AAUW Member Tapped for AAUW-Illinois Officer Position

Bobbie Svacha, a member of the American Association of University Women, Barrington Area Branch, will serve as the Chair of the Nominating Committee for AAUW-Illinois, Inc. Bobbie was recently tapped for the yearly term which began July 1998.

Bobbie, a life member of AAUW, currently serves as treasurer for the Bar-

ington Area Branch. As a founding member of the Barrington Area Branch, she has served in a variety of capacities including president. Bobbie is also an elected trustee of Cuba Township and the appointed treasurer of the Village of North Barrington. She is an active member of the League of Women Voters as well.



Back Problems: The Psoas Major

How often have you heard the term "double-jointed"? In reality, being double-jointed is a myth. It is confused with hypermobility or laxity in the joints. If you're familiar with the phrase "double-jointed", then maybe you've heard of the muscle that covers six joints. Sounds alien, huh? Well, this muscle is no myth. It is known as the Psoas Major.

The Psoas Major, when tight or in spasm, accounts for many back problems. The muscle originates on the lumbar vertebrae and attaches in the groin area on the Femur (or upper leg bone). When this muscle becomes too tense, it can tilt the pelvis or cause the lower spine to shift sideways. Sometimes, one hip may appear higher than the other. The result may be pain or immobility in the lower back

or hips.

If not attended to properly, the muscle imbalance can become a chronic injury. This type of condition is very common among athletes and active individuals, but often goes undetected. It is always important to keep the core and gluteal muscles strong in order to maintain range of motion for activities such as golf, tennis and gardening.

The trainers at **Personalized Fitness, Inc.** are able to assess muscle imbalances such as Psoas tightness. Once the problem is detected, corrective and strengthening exercises are programmed into a routine for the client.

Personalized Fitness, Inc. trainers can now be phoned in Barrington at **847-277-7746** or in Palatine at **847-358-5688**.

When Should Your Child Visit the Orthodontist?

by Drs. Michael Hayward & Robert Skopek

The American Association of Orthodontists recommends that a child's first visit to an orthodontist should take place no later than age seven. This may surprise you, because orthodontic treatment is usually associated with adolescence. And, although orthodontists can improve your smile and bite at any age, there is usually an optimum age for treatment to begin. In fact, with some patients early treatment achieves results that are unattainable once the face and jaws have finished growing.

It is important to note that orthodontic problems can be present behind perfect smiles. The following early warning signs may indicate that your child should have an orthodontic examination: difficulty in chewing or biting, finger sucking, speech difficulty, early or late loss of teeth, mouth breathing, crowded or misplaced teeth, protruding teeth, biting of the cheek or roof of the mouth, jaws that protrude or retract and any facial imbalance. An orthodontic examination is advisable any time a particular problem is noted by the child's parent, family dentist or physician.



Dr. Michael Hayward



Dr. Robert Skopek

Recognizing an orthodontic problem at an early age does not always result in early treatment. However, an early examination allows the orthodontist to determine how and when a child's particular problem should be treated to provide the greatest benefit to their appearance and oral health. **Drs. Michael Hayward and Robert Skopek** are specialists in orthodontics and can answer any further questions you may have. Their offices are in Barrington (**847-382-5588**) and Palatine (**847-359-7980**).

How Can I Enjoy the Day?—Don't Let Resentment Build!

by Judy Kaplan, MS

Sometimes our lives get so complicated by the "should do's" and the "have to do's" that we forget the beauty of the day. When we spend all of our time doing things that are not among our highest priorities in life, something called "resentment" builds in our soul. Resentment that builds over time can cause anger, stress, depression and anxiety, (to mention just a few). These things can have an adverse effect on relationships, jobs, performance of daily routines, parenting and physical health, (once again, to mention just a few). Listed below are some of the ways to eliminate resentment from your life, so you can enjoy the day and maximize its potential.

- Live "mindfully"—carefully choose what you spend your time doing
- Learn to say "no" to those things you have decided are not productive for you
- Live in the moment—enjoy what you

are doing when you are doing it

- Do something kind for yourself at least once every day
- Take a few minutes before bed—reflect upon what you appreciated about today
- Smile at someone who crosses your path and note the reaction and how you feel
- Do what is hardest first and get it out of the way
- Call an old friend or write a letter to someone you miss
- Do something special for someone you care about
- Enjoy a hot bath or a cold shower—whatever is your pleasure
- Talk honestly to your significant other about what is bothering you
- Don't let yesterday destroy today and don't let tomorrow preoccupy today
- Take a walk and look at your sur-

FIRM UP YOUR BODY

- Personal Training & Massage Therapy
- In-Studio/In-Home
- Catering to All Ages
- Convenient Hours
- Certified Trainers

**PERSONALIZED
FITNESS**

358-5688

395 W. Northwest Hwy. • Palatine

Orthodontics For Children & Adults

Orthodontics is more than straightening teeth. It's also artistry. Artistry that requires superior quality.

Our pursuit to provide this quality is driven by our desire, motivation and skill to meet your needs.

We're health care professionals who create beautiful smiles.

Michael D. Hayward, DDS

Robert J. Skopek, DDS

600 N. North Ct., Suite 220
Palatine, IL 60067
847-359-7980

133 Park Avenue
Barrington, IL 60010
847-382-5588

Judy Kaplan, MS

*Individual, Marital & Family Therapy
Psychoeducational Training*

Associate Member of The American Association of Marital & Family Therapists
Graduate degrees from Northwestern University & The Family Institute



If your family is in crisis... **Counseling may help.**

My specialty is helping people through difficult times...

- | | |
|---|---|
| <input checked="" type="checkbox"/> assessing the problem | <input checked="" type="checkbox"/> collaborating on solutions |
| <input checked="" type="checkbox"/> lending clarity to the problem | <input checked="" type="checkbox"/> establishing goals |
| <input checked="" type="checkbox"/> providing education & awareness | <input checked="" type="checkbox"/> providing feedback |
| <input checked="" type="checkbox"/> offering support & objectivity | <input checked="" type="checkbox"/> consulting with schools or others |

Occasionally we all need a little help.

525 W. Old NW Hwy., Suite 202A • Barrington, IL

(847) 842-9365

Teacher Appreciation Luncheon

A "Teacher Appreciation Luncheon" is being planned by the Northwest Suburban Christian Women's Club. Everyone is invited, and we would especially like to invite all teachers to this luncheon.

Mary Lantz-Neumann, a nutritionist and author of several books, will be with us. Special music will be sung by teacher Julie McCune. Speaker Sharon Stevens

will be sharing from her windows of life.

The luncheon will be held on Thursday, August 13 1998 from noon to 2:00 PM at Concorde Banquets on Rand Road (just north of Quentin) in Kildeer. The cost is \$10.

Please call Betty at 526-3043 or Rose at 438-2813 no later than August 10 for reservations.

roundings—concentrate on nature

- Remember this poem—author is anonymous:

Yesterday is history
Tomorrow is a mystery
But, today is a Gift from God
and that is why we call it

The Present

So enjoy and appreciate it.

If I can be of assistance in helping you learn how to eliminate resentment and replace it with making choices that are more satisfying and productive, please give me a call at **847-842-9365**.

Barrington **LIFESTYLES** August 1998 **19**

Get out and enjoy the summer while it lasts —

let us worry about
the housework!



An Independent Franchise of THE MAIDS International

Don't miss out on the last beautiful days of summer because you're in the house cleaning! THE MAIDS® can make your house sparkle *and make it healthier* while you enjoy the sunshine. Call today and ask about our *Healthy Touch*® cleaning system.

America's Maid Service®
The Maids®

Call for a free estimate:

847-368-1250

Shining Star Ball Raises \$500,000 for Clearbrook



Members of the 10th Annual Shining Star Ball Committee include, (L to R, front row): Shirley Pennebaker, Sheila Medvin, Pidgey Zitin and Joy O'Connell; (middle row) Phyllis Jaffee, Jan Lundal and Linda Riley; (back row) Marilyn Olin, Elena Ziehm, Helen Ruth, Nancy McCaskey and Anne Flanagan. Missing are: Joan Brodsky, Diane Dean Jr., Kittie Devers, Marge Hartigan, Betsy Karp, Carol Kaplan, Patty Kent, Mary Ann MacLean, Joan McKenna, Harriette Perlman, Sue Rooney, Patti Ross, Carole Sandner and Carole Segal.

The stars have been shining bright for the past decade as Clearbrook's Shining Star Ball grows each year with more guests, glamour and spectacular prizes. The real stars of this black tie gala, of course, are the hundreds of children and adults with developmental disabilities who benefit from Clearbrook's largest fund-raiser of the year.

The traditional black tie benefit was held Friday, April 24 at the Ritz-Carlton Hotel in Chicago. More than 500 guests attended the \$300-a-plate dinner, where a record \$500,000 was raised for Clearbrook's Clinic and Endowment Fund.

"Tonight we celebrate a decade of an extraordinary event that raises proceeds we can't do without," said Stuart Olin of Arlington Heights, Clearbrook's Board Chairman.

The successful format included a gourmet meal of veal chops with a lemon caper sauce, capped by a caramel chocolate, star-shaped dessert. Participants also enjoyed dancing to the Morris Ellis Orchestra. The prizes are always a big attraction and this year's guests had an opportunity to win ten different deluxe vacation packages including the Virgin Islands, London, Paris, the 1999 Super Bowl

as well as a \$5,000 cash prize.

As chairwomen of the 10th annual event, Shirley Pennebaker of Barrington Hills and Sheila Medvin of Northbrook were delighted with the support and generosity of everyone who contributed to the success of the ball.

"Clearbrook is such a special place and after touring Clearbrook's facilities and meeting the clients, you can't help but want to get involved," said Pennebaker and Medvin. "What makes Clearbrook so special is that every client is encouraged to be the best they can be and to pursue opportunities to learn and reach their individual potential," said Pennebaker.

One way that this year's event was extraordinary was Vachel Pennebaker, Shirley's husband, who took to heart Clearbrook's desire to rejuvenate an existing program—the Endowment Fund. Before the event, Pennebaker raised more than \$200,000. That, along with the success of the gala itself, drove the proceeds of the benefit to a record \$500,000. Vachel Pennebaker is the president of the direct response group for Sears in Hoffman Estates and is a Clearbrook board member.

Most of the funds will benefit Clearbrook's clinic, which provides speech,

Summer's Too Short to Spend it Cleaning

Between work and family, free-time is fast becoming a scarce commodity. Today's homeowners have a chance to recoup some of that lost time by trading housework for a maid service. **The Maids**, a locally owned and operated cleaning franchise, prides itself on providing the finest professional cleaning service in Barrington and the surrounding communities.

Having your home cleaned by a truly professional service is a joy for you and your family. You will never hesitate to invite even the most picky person to your home for a visit or a weekend stay. Your home will be impeccably clean and stay that way longer. **The Maids** absolutely guarantees your satisfaction.

Part of the joy of a professional cleaning service is freedom from the hassles. **The Maids** provides transportation, insurance, bonding, taxes, supplies, equipment and training, freeing you to enjoy your busy summer.

What would be better than returning to a clean home? Coming home to a healthier home. **The Maids'** service is also the only one that focuses on health as well as aesthetics. **The Maids'** 22-point Healthy Touch Cleaning System is especially beneficial to allergy sufferers as it removes more allergy and asthma causing contaminants than conventional cleaning practices.

Call **The Maids** at 847-368-1250. Enjoy the summer while it lasts!

BHS's Fine Arts Department Announces Performance Dates for the 1998-99 School Year

In an attempt to avoid conflict with community events, the following dates have been assigned and published for the performing arts department at Barrington High School. All dates are subject to change. Additional dates will be added as needed.

Vocal music: December 16 and 17, February 23 (choral variety), March 16 (classical choir), April 14 and May 20.

Instrumental music: October 8, January 17, May 25 (strings), December 8 (band), January 26 (jazz), March 9 (band), April 20 (jazz and jazz), May 2 (band banquet) and May 13 (band concert). **Theater:** November 5 through 8 (show 1-tba), March 4 through 6 (musical), April 22 through 24

(experimental theatre), May 6 through 8 (show 3-tba) and June 3 (thespian banquet). **Dance:** November 13 through 15 and April 9 through 11 (Orchesis), October 17, January 9, February 20, May 22 (master classes), March 9 (Orchesis Fashion show) and May 10 (Orchesis auditions).

The annual performing arts sampler, **"Blast Off,"** will be Tuesday, October 6; **Arts Week '98** will be October 19-23; and **Honors recitals** will be January 20 and June 1, 1999. All evening performances begin at 7:30 PM. For more information regarding these performances, please contact the BHS Fine Arts Department at 847-842-3214.

physical and occupational therapy, along with nursing services, psychological assessments and medical consultations. A care plan is customized for each client, who receives hands-on help in achieving greater independence and self-sufficiency.

Attending the event were the Honorable Senator Kathy Parker and her husband Keith, the Honorable Michael Bilandic and his wife Heather, Mr. & Mrs. Michael McCaskey, Mr. & Mrs. Gordon Segal, Mr. & Mrs. Andrew McKenna and Mr. & Mrs. Robert Jaffee.

The Rolling Meadows-based Clearbrook is a not-for-profit agency serving hundreds of children and adults with developmental disabilities including mental retardation, cerebral palsy, autism, epilepsy and

other neurological disorders. Clearbrook also provides assessment, referral and early intervention services and programs for children ages 0 through 3 and their families. They also provide adult residential services, employment and training services, developmental training services, clinical services and a seniors program.

For more information about Clearbrook or volunteer opportunities, please call 847-870-7711.



Vachel and Shirley Pennebaker of Barrington Hills celebrate the success of the 10th Annual Shining Star Ball which raised \$500,000. Vachel raised \$200,000 prior to the event and Shirley served as the Co-chairwoman with Sheila Medvin of Northbrook.

It's a Roast at Scores!

Catch the action at **Scores** in August. There will be plenty of fun, beer, food and laughs at our 1st Annual Golf Outing at Boone Creek Golf Club on August 31. After dinner, there will be plenty of roasting and toasting back at **Scores**. There is still time to sign up!

August 8 is our Pig Roast Party with a band performing from 9:30 PM until 12:30 AM. And, on August 22, there will be another band party night. Come in for the details.

Scores is the place to watch all your favorite sporting events or challenge your-

self at one of the pool tables, dart boards, electronic games or Foosball table. Football pre-season is here!

Scores Sports Bar & Grill offers a full menu of appetizers, sandwiches, salads, pizza, ribs and much more. The full service bar features 32 different domestic and imported beers and Burlwood wines.

Scores Sports Bar & Grill is open seven days a week beginning at 11:30 AM and is located at 310 East Northwest Highway across from the Metra train station in downtown Fox River Grove. For more information, call **847-462-1150**.

Tomorrow's Changing Workplace

The future of employment and employment needs—Questions are many. Answers are few.

The only "sure thing" regarding tomorrow's labor market is that it will be different than today's. One has only to consider the "common wisdom" of 5-10 years ago, which suggested that the American corporate process of "downsizing" and "rightsizing" would soon lead to a surplus of labor, with an ongoing and persistently high level of national unemployment. The actual result was just the opposite, of course! Strong job creation at small- and medium-sized companies and numerous new small business start-ups led to a recent 24-year low in the national unemployment rate—4.8%.

While history offers an unreliable guide to the future, there are certain characteristics of tomorrow's labor force that can be identified today:

Employee Skills

- "Technically literate" workers will have more workplace flexibility and ease of employer selection than any other job seekers. The technically proficient will constantly be in demand.

- Education and training will be more critical to individual success than ever before... the undereducated will, in most cases, be either underemployed or jobless.

- Willingness to learn new skills and adaptability to change will define individual success... learning will be a lifelong process.

- Tomorrow's domestic and global economy will be more "knowledge intensive" than ever before. New ideas and their creative implementation will define corporate and individual success.

Labor Force Changes

- The composition of the labor force is changing. The majority of new entrants to the labor force are now minorities. By 2001, the "traditional" white male will represent only 15% of new labor entrants.

- Almost two-thirds of all new labor entrants during the next few years will be

women. This development will help advance considerations for more flexible hours, expanded day care and home-based work.

- The growth rate of the overall labor force has already begun to slow and will continue to slow in coming years.

- Tight labor markets will also focus more attention on excessive high school dropout rates in many of America's inner cities.

- Faced with potential ongoing labor shortages, more companies will embrace flexible work schedules and home-based work. An expanded menu of benefits will be offered to keep older workers longer and to attract and retain other valuable employees.

The Changing Workplace

- More businesses will lease rather than buy, whether it be facilities, equipment or people.

- More people will work from home and on the road. Tomorrow's workplace successes will be measured by thinking and doing versus the number of hours spent in the office.

- An increasing number of companies will hire skilled people on contract, versus the more traditional permanent hiring.

- Expanded communication skills and innovative new ways for people to communicate globally will be the cornerstone of marketplace success.

- Most new jobs and most new wealth to be created in coming years will be in service-producing industries, rather than goods-producing.

- The internet, intranets and extranets will play an increasingly important role in employer/employee communications and training in the future.

It is estimated that by the year 2020, 85% of people will be employed by small business and 50% of all workers will be in nontraditional work arrangements. Though precise predictions are difficult, it is certain that change will occur and the result will be a workforce that is far different from the one we see today.

BYDE Announces '98 Audition Results—Names Four Scholarship Recipients

Mary Brennan, Artistic Director of the Barrington Youth Dance Ensemble (BYDE), has announced the results of recent auditions for positions in the BYDE company of dancers, as well as the four dancers who have been awarded scholarships for the 1998-99 season.

Dancers with Full BYDE status are: Kelley Curran, Meredith Sislow and Ashley Watson, Barrington; Tricia Parris, Amy Steichen and Lisa Steichen, Inverness; Rosey LaVine, Round Lake; Kylie Lafferty and Rachel Malovance, N. Barrington; Lisa Huxhold, Palatine; Katelyn Tomek, Fox

SCORES!

SPORTS BAR & GRILL

GOOD TIMES & GREAT FOOD

♦ Rig Roast Party - August 8 with the Band ♦

♦ Golf Outing & Roast - August 31 ♦

Pool ♦ Foosball ♦ Darts ♦ Golf ♦ Games and Much More!

310 E. NW Hwy. Fox River Grove, IL **847-462-1150**

(across from the Metra Station) Sun-Thu 11:30-1 am, Fri & Sat 11:30-2 am

So, you've always wanted a career with a Fortune 500 company?

Kelly® is hiring for Kraft Foods, Inc.

- Data Entry Operators
- Administrative Assistants
- General Office Specialists
- Northfield and Glenview
- Competitive pay
- Vacation and holiday pay
- Temp-to-hire possibilities
- Never an applicant fee
- Students & seniors welcome

For immediate consideration, call Kelly today!

847-646-3324

KELLY
SERVICES

Equal opportunity employers.
Kraft Foods is a registered trademark
of Kraft Foods, Inc.
©1998 Kelly Services, Inc. F0405

**NOW'S
YOUR
CHANCE**



River Grove; Nicole Pattee, Palatine; and Jessica Liao, Inverness.

Named BYDE Apprentices are: Emily Newman, Megan Doherty and Whitney Schwartz, Barrington; Katelyn Lentz, Kildeer; and Kate Schoell, Arlington Hts.

New BYDE Trainees are: Deirdre Lafferty and Christie Schmidt, North Barrington; Kara Olaes, Inverness; and Jennifer LaMantia, Arlington Hts.

In recognition of their outstanding audition performances, four BYDE dancers have been awarded scholarships for the 1998-99 season. The recipients are: Kylie

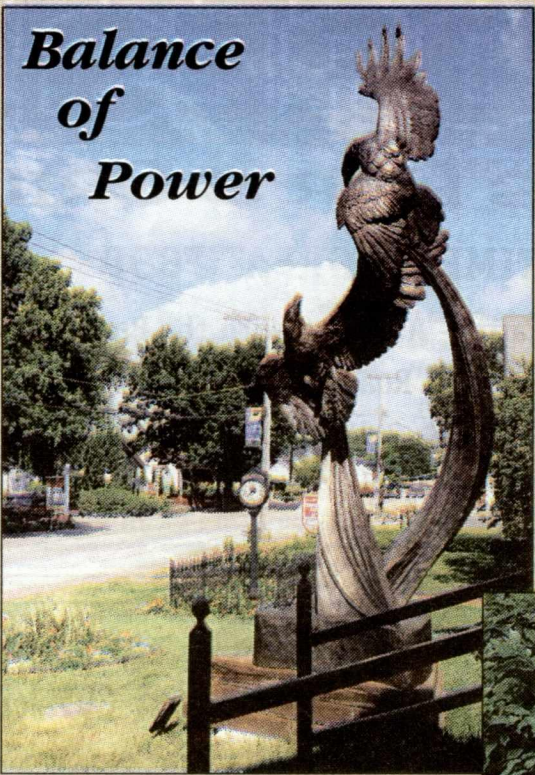
Lafferty, a senior at Barrington High School; Lisa Steichen, a sophomore at Fremd High School; Rachel Malovance, a junior at Barrington High School; and Lisa Huxhold, a sophomore at Fremd High School. All four dancers are honor students at their respective high schools.

BYDE dancers take part in an intensive dance training program, perform for the public in annual productions, including *The Nutcracker Ballet* and participate in BYDE's community outreach programs.

For more information, contact the BYDE at 847-382-6333.

Barrington **LIFESTYLES** August 1998 **21**

Balance of Power



by Pati Stajcar

The Studio of Long Grove

GALLERIES OF FINE ART

AGAIN THIS SUMMER TEAMS WITH

THE ROTARY CLUB OF LONG GROVE

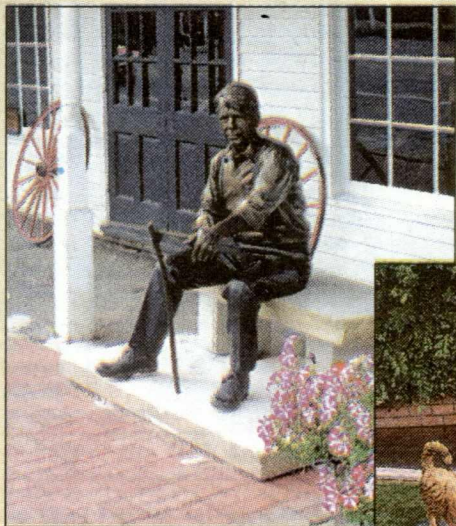
FOR

SCULPTURE WALK '98

Continuing into August, Sculpture Walk '98 features the work of 15 nationally-renowned sculptors working in bronze. Installed throughout the historic shopping village are 20 life-size works. In addition, over 100 pieces from 6" to life-size are on display at The Studio of Long Grove Galleries. The subjects of these delightful works of art include foremost American poet Robert Frost, children at play, a baby elephant and soaring 15' eagles, among others.



Windy by Rosalind Cook



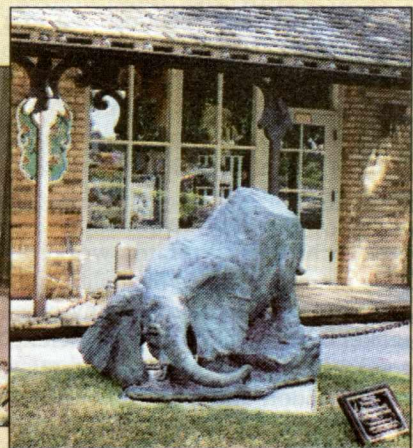
Robert Frost
by George Lundeen



Turtle Trilogy by Rosalind Cook



Hearts on a Swing
by George Lundeen



Young Elephant
by Sherry Salari Sander

NEW AT THE STUDIO...

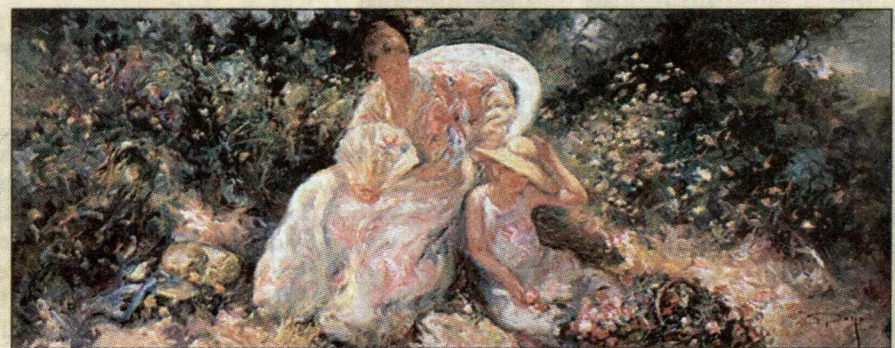
Born in Valencia, Spain, in 1945, Jose Mateu San Hilario, "Royo," was classically trained in Europe and has been compared with the great impressionist masters. His dramatic use of color and "texturing" captures his subject matter with unique flair. Comparisons to Renoir can be seen in an almost portrait-like treatment of the female model, caught in a serene, contemplative moment, with the surrounding "bursts" of color from the floral landscapes. Described as "a painter of the light of the south," Royo's paintings of the Mediterranean coast in Spain are both haunting and mysterious, yet full of raw power.

On Saturday, October 24, The Studio will host this talented artist in a one-man showing of his original oils and serigraphs on paper and board. Please mark you calendar! Call The Studio of Long Grove for further information at (847) 634-4244.



Agosto en Mallorca—serigraph

18½" x 45"



Las Primeras Flores—original oil

19" x 49"

MICHAEL GERRY

The Master of Dimension



Red and White Petunias

36" x 48"

Visitors to The Studio of Long Grove have been enjoying the dramatic oil paintings and limited-edition enhanced prints on canvas of artist Michael Gerry for seven years, since The Studio first opened in the historic shopping village. Gerry's powerful photorealistic style brings out the rich organic beauty of each blossom, and the technical precision with which he handles light and shadow is admired by collectors as well as other artists worldwide.

Casa Blanca Lilies 36" x 48" ➤



White Roses

36" x 48"



White Iris

24" x 30"

The Studio of Long Grove

cordially invites you to attend the artist's reception

Saturday, August 22, 1998, 1:00 - 4:00 pm

A personally-signed remembrance, suitable for framing, will be our gift to all who attend

Reservations are appreciated, but not required

LABOR DAY WEEKEND

5-DAY TRUNK SHOW

Antique French Posters

Beginning Thursday, September 3 and continuing through Labor Day weekend, French art dealer Jacques-Paul Athias will bring over 200 original French posters to The Studio of Long Grove. Athias is credited with being one of the first dealers of antique French posters when he came to the U.S. in 1978 as a delegate of the Bibliotheque Nationale de France. Authentic French posters are known for their striking imagery, painterly colors and monumental scale. Such posters were created in France, in the mid-19th century, to promote businesses, products and events, such as the opera and the circus. They were printed large so they could be seen from trains and trolleys. Currently their beauty and impact have attracted a broad range of buyers, and they have become highly collectible. The collection for sale at The Studio will include works by Jules Cheret, a pioneer in poster design, who became known as the "father of the poster," as well as Toulouse-Lautrec and Mucha. Also featured in this exciting show will be reproductions of French posters.



Folies Bergere,
Jules Cheret, 1893



Job, Alphonse
Mucha, 1896



La Rue, Theophile-Alexandre Steinlen

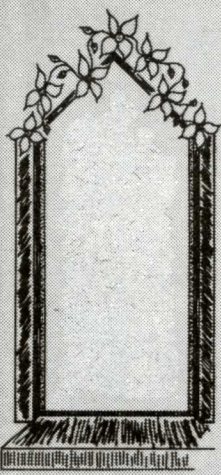


Palais de Glace,
Jules Cheret



Moulin Rouge,
Toulouse Lautrec, 1891

The Studio of Long Grove Galleries • 360 Historical Lane • Long Grove, IL 60047 • 847-634-4244



L'Auberge

A. Golden Day Spa & Salon

The Summer Sizzle is on at L'Auberge

L'Auberge is proud to announce

INES FREY

is back in Barrington and has joined the team!

764 W. Northwest Hwy.

Barrington

847-277-7000

Tues. & Thurs. 9-8, Wed., Fri. & Sat. 8:30-5

The Summer Sizzle is On at L'Auberge

L'Auberge is proud to announce that Ines Frey has joined the L'Auberge team. Ines and her family have been in California for the last 20 months and are excited to be back in Barrington. While Ines was in California, she continued advance training in precision cutting as well as advanced technical coloring. For those of you who used to visit Ines for appointments, you can find her at L'Auberge by calling 847-277-7000 for your appointment now.

The school year is just around the corner. This August, let L'Auberge help you get ready for the new school year. We understand how frenzied it can be for everyone. L'Auberge is here to help. For the Month of August, Michelle is offering a free child's haircut (for children up to age 13) with an Adult haircut. Come in and take care of both parent and child at the same time.

There is something for everyone at L'Auberge! L'Auberge takes great pride in customer service and dedication. We want you to know that we always have something special to offer you. L'Auberge is proud to offer, every Wednesday, a "Massage & Facial" package for \$120 (reg.



L'Auberge welcomes Ines Frey.

\$135). For those of you always on the go but yet wish to pamper yourself once in a while, we offer a Dermologica 45-minute Facial for \$45. It's a great way to indulge yourself without taking away from other important matters. To pamper you further, we are happy to style your hair for \$10 (reg. \$25) right after a spa treatment. (While making your spa appointment, please check for availability.)

Grab a friend and call 847-277-7000 for an appointment today. We are always happy to take care of you.

Gallery and School of Art Ltd.

205 S. Cook • Barrington • (847) 381-4840

Fall I • September 14

Fall II • October 26

JUNIOR HIGH & HIGH SCHOOL

Oil

Drawing

Clay Sculpture

Cartooning

Watercolor

Bowls & Plates

CLASSES FOR AGES 4-ADULT

CLASSES FOR HOME SCHOOLED CHILDREN, GRADES 1-3; 4-8

Call for details and free brochure

Register NOW!

ADULTS & HIGH SCHOOL

Watercolor, Oil, Acrylic

Pottery

Calligraphy

Drawing

Bowls & Plates

Dolls

Clay Sculpture

Drawing & Painting Horses

Guided Mix Media Prints

Office Hours: Mon.-Fri. 10:00-2:00

Summer Camp, Sports and Back-To-School Physicals



Take advantage of this great savings special as you get your kids ready for camp and sports, or beat the crowd before the late summer rush for appointments.

*Immunization and lab fees additional.

ONLY \$35 PER CHILD*!

If you call and make your appointment by August 15, 1998.

"I love working with kids.

They deal with life honestly and directly.

I believe in dealing with them the same way."



MICHAEL B. GRONBERG, MD

Board-Certified in Pediatric Medicine

CENTEGRA MEDICAL OFFICE

BUILDING-CARY

504 Northwest Highway

Cary, Illinois 60013

847-462-0515

CENTEGRA
Health System



- Accepting new patients
- Many insurance plans

On Staff at

Memorial Medical Center and Northern Illinois Medical Center



Coming This Fall! Adults—Open Yourself to New Challenges in Fine Art!

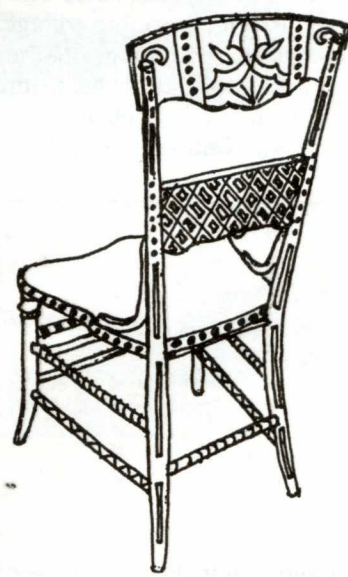
Day and night, adults are discovering the wonderful world of art at Kaleidoscope. Adult students are leaping from one plateau to another, beginning with classes in drawing—from **Drawing For Those Who Think They Cannot Draw** and **Basic Drawing to Intermediate**, **Botanical Drawing** and **Drawing and Painting Horses**.

Clay! What an incredible medium to experience! Feel the excitement of working with polymer clay to form the head, hands and feet of a **Father Christmas** or **Angel Doll**. In **Pottery**, **Bowls & Plates**, **Clay Sculpture** and **Figure Sculpting**, students create pieces to be treasured for a lifetime.

Learn to write in the elegant, expressive and useful letters found in the art of **Calligraphy**.

Splash in the richness of color! Watch a brush bring a white canvas to life in Kaleidoscope's painting classes—**Watercolor** or **Oil & Acrylic**.

Revel in the spontaneity of watercolor, the crispness of pen and ink, the shimmer of gold, copper and silver, and the mystery of printmaking in **Guided Mixed Media Prints**.



Enter the world of fine art—an experience you won't forget.

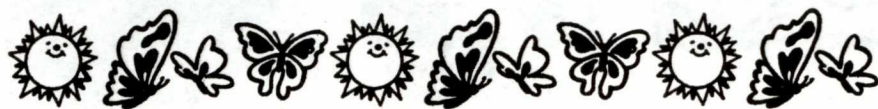
And don't miss the 4th Annual Chair-ity Event on Friday, September 11, 1998. Unique chair creations designed and adorned by Kaleidoscope faculty will be put on the auction block. Proceeds will go to the Kaleidoscope Scholarship Fund.

Child Immunization Clinic

Good Shepherd Hospital in Barrington and the Lake County Health Department will host a child immunization clinic from 5 to 7 PM, Tuesday, August 4 in the Lakeview-Prairie rooms of the hospital. The cost of each immunization will be \$6. Parents should bring their child's immunization record with them to the clinic.

Immunizations offered include the early childhood Diphtheria/Pertussis/Tetanus

(DPT) series, Measles/Mumps/Rubella (MMR) initial and booster, Oral Polio series, Hepatitis B—infants, Hepatitis B—older children or teens to complete a series already underway and H-Influenza series. No appointments are necessary and walk-ins are encouraged. For clinical information about the immunizations, call the Lake County Health Department Immunization Clinic staff at 847-360-3114.





It's Time for

BACK TO SCHOOL

SPECIAL SECTION

Register Now for Fall Classes at Barrington Kindermusik & Piano

Through the sheer joy of music and movement, **Kindermusik** encourages early learning and creativity in children from 18 months to 7 years of age. It allows children to explore the world in a secure, stimulating environment, filling them with a sense of curiosity and the delight of self-expression. **Kindermusik** provides a three-stage curriculum carefully designed to reflect and match your child's age and developmental level. Each stage provides unique learning opportunities.

Kindermusik Beginnings

—\$145, includes CD, song books and carrying case, meets Thursdays from 10:00 to 10:30 AM or Friday from 9:30 to 10:00 AM or 10:15 to 10:45 AM. For children 18 months through 3 years, this class introduces sounds and rhythms. Children and their parents or caregivers meet weekly for a 30-minute class of singing, chanting, moving, listening and playing simple instruments.

Kindermusik Growings

—\$165, includes CD, song books, tote bag and home activities, meets Thursdays

from 10:45 to 11:30 AM or Fridays from 1:30 to 2:15 PM. Children 3½ to 5 years of age move from being receptive to being more expressive in their learning. This fascinating musical exploration program is presented in two-non-sequential semesters with a 45-minute class each week. There are "at home" activities and the children gradually become accustomed to being in class on their own.

New Class—

Kindermusik Young Child

—\$215, 1st semester includes glockenspiel, CD, tote bag, folder, games bag, rhythm sticks, stickers, note chips and strip and weekly handouts, meets Thursdays from 1:15 to 2:15 PM. For children 4½ to 7 years of age, youngsters explore the world of music: speaking, acting, singing, moving, listening, playing percussion instruments and reading and writing music.

And there is still time to join our summer sampler which meets twice a week on Wednesdays and Fridays for

(Please continue on page 43)

How to Choose a Dance School for Your Child

Many parents of young children who desire to take dance lessons find themselves unsure as to how to choose a school. Frankly, a recommendation from a neighbor or friend is not enough. You should always visit the school in person. The following are some guidelines as to how to choose a school in order to insure your child's proper instruction and personal safety.

Facility—The dancers should have a large room with a special sprung floor. Dancing on concrete covered with tile or other hard surfaces is dangerous. There should be ample mirrors and well-constructed ballet barres for older students.

Observation of Classes—Before enrolling in any school, you should make an appointment to observe a class. Even if you are not knowledgeable, you will be able to judge certain critical things.

1) *Is the teacher well organized and pleasant?*

2) *Is he/she knowledgeable?* (Check the school brochure for teachers' backgrounds.)

3) *Are the teacher's corrections made clearly and in a positive way?*

4) *Are the students well behaved and attentive for their age?*

Performing Opportunities—As dance is a performing art, it is imperative that the students get the chance to dance for an audience. However, a good school should stress education and not detract from that for the sake of performing. A fancy costume will never cover up poor dancing!

Tuition—Do some comparison shopping as to class rates. Classes should be competitively priced but one should not think that the cheapest class means more for your money. As with everything, quality costs more. Schools should have discounted tuition for multiple classes if your child is a serious student. Family discounts may also be available.

Even pre-schoolers taking lessons should have a fun, interesting and beneficial class. A little extra time will result in a decision that you and your child will be happy with for years to come!

Kindermusik®



THE PREMIER MUSIC PROGRAM
FOR YOUNG CHILDREN.

BARRINGTON KINDERMUSIK & PIANO
22159 N. Pepper Rd. (North of Ice Arena)
(847) 842-1440



**The Studio's
BARRINGTON
DANCE ACADEMY**
117 E. Northwest Hwy.
Barrington

Faculty

Glenna Monroe
Roberta Pfeil Begley
Randi Neebe
Karen Janet
Kristi Murphy
Chris Smith
Valerie Murray
Julie Sulak
Mary Brennan, Director

Fall Registration

Classes Begin August 24

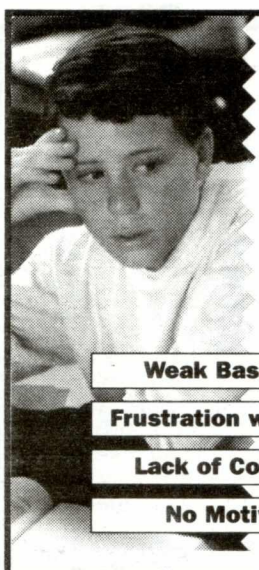
**Ballet • Creative Movement • Pre Ballet
Character Dance • Jazz • Drama for Children
Exercise (First Class FREE) • NEW! Ballroom Dance**
Classes for Ages 3 through Adult

Barrington Dance Boutique

Stock up on your "dancewear" needs!
Entire Inventory **20% OFF** during August & September!
if you mention this ad

Barrington Youth Dance Ensemble "Nutcracker" Audition • Sept. 13

382-6333 Brochure Available Upon Request



Why Do Smart Kids Struggle?



Your child may need help with weak study skills or poor reading or math skills. He or she may be unmotivated or lack confidence, despite a good I.Q. Our certified teachers help children overcome frustration and failure. A few hours a week can help gain the Educational Edge.

Individual testing and tutoring in Reading, Study Skills, Writing, Phonics, Spelling, Math and SAT/ACT prep.

Weak Basic Skills

Frustration with School

Lack of Confidence

No Motivation

382-3655

722 W. Northwest Hwy.
Barrington

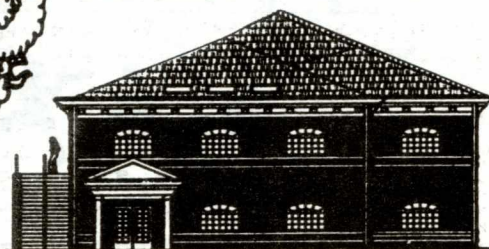


THE HUNTINGTON LEARNING CENTER®
Your child can learn.

THE LEARNING TREE CENTER



735 Ela Road
Lake Zurich



REGISTER NOW FOR

◆ FALL PRESCHOOL ◆ FALL KINDERGARTEN
◆ SUMMER CAMP

◆ BABY GYM—MOM & TOT PROGRAM

DAYCARE Available Now

25% OFF Registration Fee with this Ad

Serving the Barrington/Lake Zurich Area for 25 Years

A NEW BUILDING

- ◆ OVERLOOKS WETLAND NATURE AREA
- ◆ MULTIPURPOSE ROOM—EXERCISE RAIN OR SHINE
- ◆ SCIENCE CURIOSITY CORNER

**The Learning Tree
Early Childhood School**

Preschool & Kindergarten Classes
Telephone 540-7333

**The Learning Tree
Daycare**

Ages 6 Weeks to 10 Years
Telephone 438-1945

Karen Logan, M.S. Early Childhood/Special Education, Owner

Maggie Brown Hosts "A Family Affair" with Jazz Great Willie Pickens

Children and adults alike are invited to share a special day of art and activities at The Art Institute of Chicago during the third annual "Kaleidoscope: A Family Day," held from 10:30 AM to 3:30 PM on Saturday, August 15, 1998. Exciting drop-in activities and special programs are scheduled to celebrate the many treasures of the Art Institute's permanent collection. The highlight of the day's events is "A Family Affair," hosted by dynamic singer and songwriter Maggie Brown, featuring a double keyboard performance by jazz great Willie Pickens and his daughter Bethany Pickens.

Children and their families are encour-

aged to participate in the creation of a Video Quilt by sharing a family story or tradition in a special video studio. Each family will be given two minutes to tape a story and the family stories will be shown continuously throughout the day in the Price Auditorium. Visitors will not want to miss the two new family related exhibitions "Pass It On: Celebrating Families" on view August 15 through November 28, 1998, in Galleries 141 and 142; and "Family and Friends: Picture Books from Studio Goodwin Sturges," currently on view in the Kraft Center until September 7, 1998.

Museum admission, exhibitions and ac-

A Ticket to Higher Reading Scores

In his 1998 annual address, US Secretary of Education, Richard W. Riley, lamented that "Reading scores are not where we want them to be." Many parents agree. Increasingly, they are looking outside crowded classrooms to local learning centers to help their children become better readers.

Huntington Learning Center's *Reading Adventure* may be just the ticket to higher reading scores. This popular summer program uses colorful travel props and individual attention to encourage and reward reading. The imaginative format allows students to read books, set goals, improve comprehension and broaden their horizons—all in a lively setting. As one Huntington student said, "*Reading Adventure* is like summer homework, but fun."

Dr. Raymond J. Huntington, founder and president of Huntington Learning Center, explains, "The best thing about *Reading Adventure* is that students not only discover the fun of reading, they also sharpen their skills for the return to school in the fall." He warns parents, "If your child seems to have trouble reading, there may be vital basic skills that are missing. We can build these skills during convenient summer hours. It is never too late to correct the problems that may inhibit future success."

Huntington's summer reading program has an adventurous theme to dramatize how books can transport the reader to a new world of adventure. Each Huntington student receives a passport to the adventure, setting a goal to read a self-determined number of books during the summer. The student's baggage consists of reading lists and comprehension cards that are completed as each book is read, demonstrating the student's understanding of the book.

When a comprehension card is completed and submitted to the center, the

student's name and the title of the book are put on a travel sticker. The travel stickers are assembled into an evergrowing montage that is featured prominently at the center, recognizing students' achievements. At the end of the *Reading Adventure* program, a ceremony is held, honoring the participants' accomplishments. By the conclusion of the program, Huntington students will have read in excess of 50,000 books.

Dr. Huntington suggests, "Summer is a great time for parents to encourage their children to read. Be aware of any summer reading activities to keep an interest in reading sparked. Reading and writing skills go hand-in-hand. Summer is a good time to have your child write to relatives and friends or keep a journal of summer activities."

In addition to reading, Huntington Learning Center also offers instruction in writing and math, as well as SAT and ACT exam prep courses. Huntington specializes in maximizing a student's academic potential. All instruction begins with a thorough diagnostic test to pinpoint a student's exact academic needs. Based on the test results, an individually tailored, step-by-step learning program is prescribed. Frequent conferences with parents, plus ongoing encouragement for students, are also an important part of the Huntington method.

For over two decades, Huntington Learning Center has helped students read better and succeed in school. With close to 200 centers across the country, Huntington is the nation's oldest provider of supplemental education.

Parents who would like additional information, or who are concerned about a specific aspect of their child's academic performance, are encouraged to call the Huntington Learning Center in Barrington at 847-382-3655.

The Learning Tree Center Now at a New Location

The Learning Tree Center has moved to its new location on Ela Road near McDonald's and the new Target store. The building, which overlooks a wetland nature area, was designed especially for young children. It has a home-like atmosphere and lots of low windows.

The Learning Tree Early Childhood School offers preschool classes for two, three or five-days per week for children of ages 2 through 6. Either morning or afternoon sessions are available as well as lunchtime enrichment classes. The Learning Tree Daycare offers full and part time care for children of working parents. Classes are available for children of ages 6 weeks through 5 years. A kindergarten and a before and after school program (the Discovery Club) are also

available. Special classes are offered in computers, art, dance, gymnastics and Spanish. A baby gym and mom & tot program will also be offered. The summer camp program will include outdoor activities as well as exciting field trips.

The Learning Tree began serving the area 25 years ago in Atonement Lutheran Church in Barrington and now will have its own new, beautiful facility. The building includes a multipurpose room for exercise, rain or shine, as well as a science curiosity corner. The educational curriculum aims at school readiness and includes fascinating themes and projects for the children. The goal of The Learning Tree Center is to provide a safe, educational and culturally rich environment to nurture young children.

activities are free for "Kaleidoscope: A Family Day" participants. To attend, families should pick up their free family pass and a schedule of the day's events at either of the museum's entrances: Michigan Avenue and Adams Street, on the west side, or at 230 South Columbus Drive on the

east side. For more information, call 312-443-3892. Funding for "Kaleidoscope: Family Day" is made possible by the Li Wallace-Reader's Digest Fund Museum Collections Accessibility Initiative. Additional support has been provided by TI Allstate Foundation.

Infant and Toddler Care Now Available

Barrington Community Child Care Center is a private center serving children six weeks to six years. This neat-as-a-pin facility is 5,300 square feet featuring oversized classrooms with lots of natural light and an environment designed to meet the needs of young children. The facility is also equipped with a large outdoor playground.

Maximum security and safety are very important. The Center has an entry system that allows authorized people to enter the facility through a locked door from the building's vestibule. Sprinklers are installed throughout and smoke detectors are in each classroom, restroom and closet.

The curriculum for the Center is theme oriented and age appropriate to each group of children. Individual needs and the child's unique ways of learning are key in the type of planning and structure that is presented in the environment. The

amenities that are offered are many: "Computer Tots" classes are available as well as "Kids in Action" gymnastics class. Haircuts, by a Barrington salon owner, are offered every six weeks. There is daily communication between teachers and parents, catered lunches, nutritious snacks and flexible scheduling is available. Our staff is highly qualified and continue their education and training on an ongoing basis. In addition, our staff is certified in CPR and First Aid techniques.

No appointment is necessary to tour the **Barrington Community Child Care Center**. Registration is now being accepted for all age groups. They are conveniently located at 560 Carl Avenue in Barrington (one block west of Burger King off Northwest Highway).

Barrington Community Child Care Center is celebrating its 5th year in the community.

Do You Want Whole Body Health? Start Dancing!

Bataille Academie of the Danse at 102 N. Cook St. in Barrington is now offering **daytime adult dance classes**. Ballet and Jazz classes are taught by master teacher, Lisa Ferlita Bagladi. Lisa brings her extensive performance and teaching experience. She has produced and performed many dance works in and around the Chicago area.

Lisa's dance classes, as a form of exercise, bring whole health fitness of mind, body, and spirit. Lisa's classes offer a full barre, center floor stretching and fun challenging dance combinations. Her focus on proper technique along with artistic expression make the classes both fun and

challenging!

Lisa offers classes for beginners through advanced students. Some classes even have baby-sitting available, so, no excuses! Get back into dance! To register for the fall session or for more information, call **847-358-0107** or **847-381-1459**.



Countryside Association Cruises During Chicago's Air and Water Show

Countryside Association, a leading nonprofit agency serving persons with developmental disabilities, will be hosting "Voyage for the Future" on Saturday, August 22 aboard the Odyssey II Cruise Ship at Navy Pier. The two-hour shoreline cruise will take place during Chicago's Air and Water Show. Tickets to the event are \$100 per person.

Guests will board the Odyssey at 10:15 AM and cruise the waters of Lake Michigan from 11 AM to 1 PM. The event will include a luncheon and silent auction featuring hard-to-find autographed sports memorabilia, celebrity items and more. Round trip bus transportation from Countryside Association's headquarters in Palatine will be available for \$10 per person.

Countryside Association is a nonprofit, social service organization serving over 600 individuals with developmental, physical and mental disabilities and their families in Lake and northern Cook Counties. The agency operates two work and training centers, located in Palatine and

Waukegan, and offers in-home community outreach programs to help carry out its mission of encouraging individuals to live and work in their community of choice.

For more information on the event or to purchase tickets, contact Karen Harter, Countryside Association's Communications Director, at 847-438-8855, ext. 216.



Barrington Community Child Care Center

"Celebrating Our 5th Anniversary"

Openings Available for Children 6 Weeks - 6 Years.

Applications Now Being Accepted.

Hours: 7am - 6:30pm

560 Carl Avenue

(1 blk. west of Burger King off Northwest Hwy.)

381-0272

Barrington



"Superior Teaching For Over 25 Years"

**Ballet ■ Jazz ■ Pointe ■ Tap
Acrobatics ■ Boys Class
Creative Movement**

Preschool through Professional Levels
Performing Dance Companies



**102 N. COOK STREET
BARRINGTON, IL 60010
(847) 381-1459**

**RANDHURST MALL
MT. PROSPECT, IL 60056
(847) 255-3025**

Good Shepherd Hospital Auxiliary Announces Scholarship Recipients

Fifteen area students have been named as recipients of the 12th annual Good Shepherd Hospital Auxiliary scholarships. The scholarships are awarded to residents of the Good Shepherd Hospital service area pursuing an education in a health-related field at an institution in Illinois.

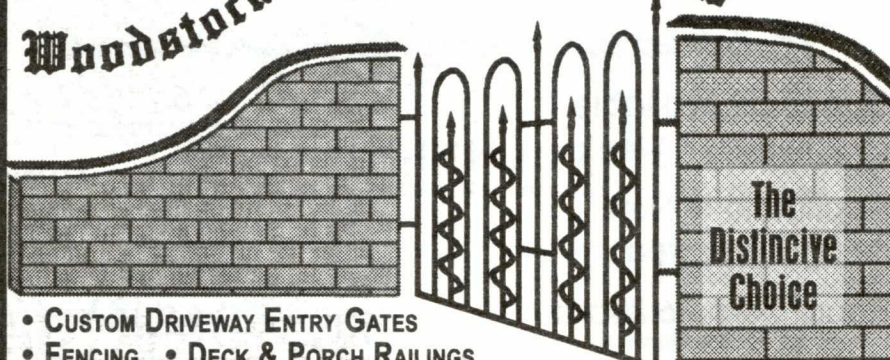
The 1998 scholarship recipients are: Rachel Ebert and Jennifer Usher, Algonquin; Nazia Fatima, Eric Glow and Kwang-Jin Oh, Cary; Amy Garner and Robert Thomas, Crystal Lake; Tracy Siewenie, Fox River Grove; Kimberlee Wawak, Hoffman Estates;

Alex Kim and Maria Kordas, Lake Zurich; Keith Lampi, Mundelein; Julie Kozdras, Molly Muench and Tammy Yuen, Palatine.

The applications for the scholarship were evaluated on the basis of attitude and enthusiasm toward education, leadership, citizenship, personality and financial need. Each candidate was required to submit an essay and finalists were interviewed by a committee as part of the selection process. The award money is sent directly to the institution to be applied toward student costs.



Woodstock Ornamental Werks



• CUSTOM DRIVEWAY ENTRY GATES
• FENCING • DECK & PORCH RAILINGS
• CUSTOM HORSE STALLS • PORTABLE WELDING

10315 Auvang Rd. Woodstock, IL 60098 • 815-648-2514

The Carpet Mart
Your Hometown Abbey Carpet Store
VISIT OUR NEW SHOWROOM OR CALL TO SHOP-AT-HOME

Discounts up to 20% OFF on All Carpeting*

MOVING SALE
August 1-15
Remnants and Roll Stock Drastically Reduced
ALL STOCK MUST GO!

SAVE up to 50% ON AREA RUGS*

*No Interest Financing Available

Abbey Carpet Wood • Ceramic • Vinyl • Area Rugs
708 S. Rand Rd., Lake Zurich
(Deerpark Court Shopping Center near Wal-Mart)

(847) 540-8900
Learn more about Abbey at www.abbeycarpet.com
*See store for details

Family Day with the Cougars



Enjoying the wonderful day with the Kane County Cougars are: (from left to right), Elaine Conrad, Paula Dau and Derald Schultz, all of Barrington

Countryside Association, which has been serving people with disabilities since 1954, recently held a fun filled Family Day with the Kane County Cougars in Geneva, IL. The event was well attended by staff, the Board of Directors, many "Friends of Countryside," and their families.

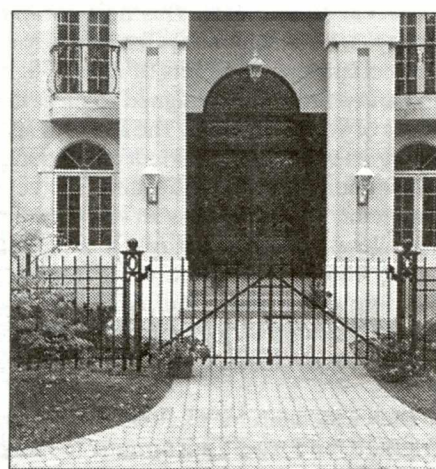
Countryside Association is a nonprofit, social service organization serving over 600 individuals with developmental,

physical and mental disabilities and their families in Lake and northern Cook counties. They operate two work and training center locations and in-home community outreach programs. Their mission is to provide services and opportunities through a supportive environment for individuals with disabilities and their families. They focus on promoting growth and movement toward living and working

The Distinctive Choice for Wrought Iron Products

Woodstock Ornamental Werks, Inc. specializes in the custom fabrication of iron products for your home or business. Your property can be enhanced with the addition of wrought iron fencing, entry gates, railings for porch, patio or pool, window guards and many more items. These iron products are custom designed for your special situation and are crafted at their own facility. There are many styles and sizes from which to choose so that the finished product will compliment any decor. These products are decorative, functional and often provide a measure of security.

Custom horse stalls are also a specialty of **Woodstock Ornamental Werks, Inc.** Other services available include maintenance and repair on all types of ornamental iron as well as a portable



welding service.

For a complete list of services and products available, call 815-648-2514.

The Carpet Mart, Your Hometown Abbey Carpet Retailer, is Moving!

The Carpet Mart is moving to 750 S. Rand Road. We are expanding into the former Habitat building in the Deer Path Shopping Center to better serve our customer's needs. Look for our Moving Sale in August. You'll find values galore in all carpets and hard-surfaced flooring.

Why Shop The Carpet Mart?

- Top quality merchandise from brand name manufacturers at great values
- 0% Financing available
- Open 6 days a week
- Complete flooring products and services for One-Stop-Shopping

- One of the largest selections of area rugs
- Highly professional, experienced and knowledgeable staff
- Compare our "base" rebonded pad to the competitor's base pad
- No high pressure sales
- No hidden charges
- **FREE** convenient measuring service in your home or business
- Quality installation guaranteed
- We will Meet-or-Beat all prices
- Professional experienced installers

Ascot Ball a Smashing Success

The Chicago Branch of the English-Speaking Union held its annual Ascot Ball on June 19, 1998 at The Casino at 195 East Delaware in Chicago.

Honorary co-chairs of the successful gala were Her Britannic Majesty's Consul General Michael Hodge MBE and Mrs. Hodge and Canadian Consul General J. Christopher Poole and Mrs. Poole. Ascot Ball co-chairs were Mrs. Julius M. Walton and Mr. Stanley Paul.

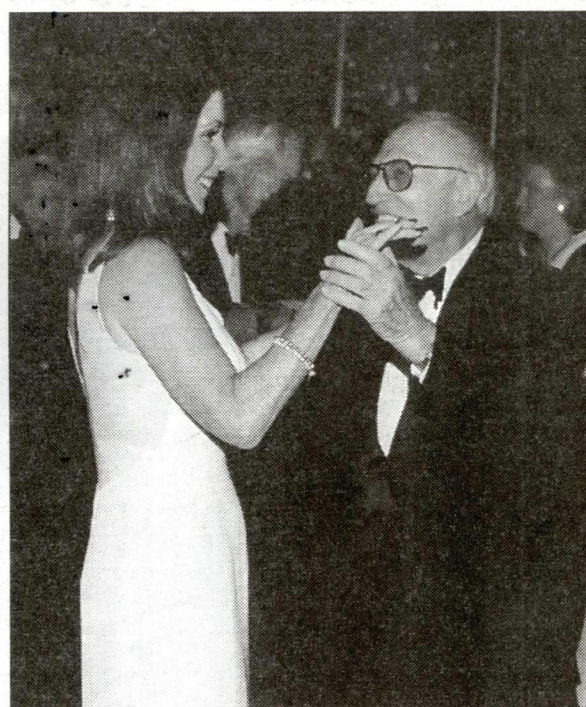
Among the Ascot Ball Patrons were Mr. and Mrs. Fredrick Gohl of Barrington Hills and Naples, Florida.

In keeping with the famous Ascot scene in *My Fair Lady*, the guests were requested to wear black and white.

The evening began with cocktails and dinner, followed by dancing to the music of Stanley Paul and his Orchestra.

The grand prize for the evening were American Airline Connoisseur Class Tickets to London.

Proceeds from the event will benefit the



Among the Ascot Ball patrons attending were Mr. and Mrs. Fredrick Gohl of Barrington Hills and Naples, Florida.

Scholarship Fund and The Shakespeare Competition and Seminar Educational Programs sponsored by the English-Speaking Union.

in the individual's community of choice. For more information, contact Karen

Harter, Countryside Association's Communications Manager, at 847-438-8855.

BEAUTIFUL

HOMES & GARDENS

Special Seasonal Section



Security and Beauty with Outdoor Lighting

A home's landscaping is, if done well, its crowning glory. Tastefully executed landscaping can make even the plainest house look appealing, just as poor landscaping can ruin the appearance of a mansion. Consequently, every year Americans spend millions of dollars installing, enhancing and maintaining both residential and commercial landscapes. The shame of it, though, is that every night when the sun dips below the horizon all of that expensive landscaping is virtually invisible for 10 or 12 hours.

Rudy Kruse, president of **CFC Nite Lites**, has set out to change that by installing landscape lighting which accents elements to which your eye is naturally drawn during the day—flowering trees,

artwork, building features and so forth, using a wide variety of techniques including uplighting, crosslighting, moonlighting and pathlighting.

"There are three main purposes for outdoor and landscape lighting," Kruse explains. "The lights offer added home security. They also offer safety around steps and other potential hazards. And, of course, there are the aesthetic considerations. In fact lighting actually makes a yard appear larger than it is and there is also the opportunity to light up special characteristics of the house itself like special brickwork, cornices and fireplaces."

Call **CFC Nite Lites** at 847/658-5469 for your free estimate.

K.D.A. Kitchen Distributors of America "for the Heart of Your Home"



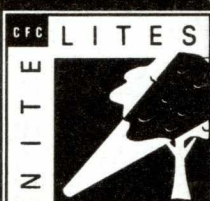
K.D.A., 7107 Pingree Rd., Crystal Lake, can open up a whole new world of beauty and convenience for your new kitchen with Merillat cabinetry. Your kitchen is the heart of your home and everything you put in it should reflect warmth and timeless quality. That's just what you'll get with Merillat cabinets

from **K.D.A.**

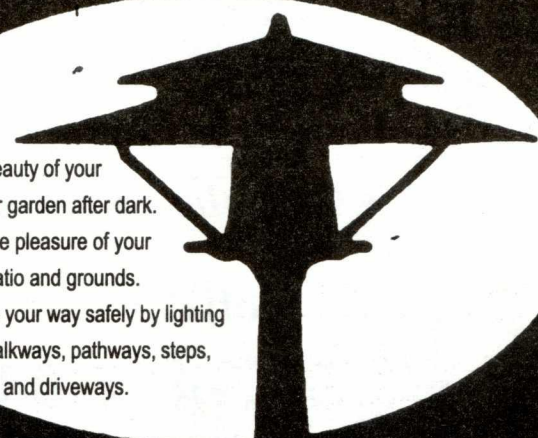
Beautiful, meticulous construction, easy care features and plenty of storage space make Merillat a perfect fit with your life style. When it's time to remodel or build your new kitchen, choose the quality cabinetry of Merillat from **K.D.A.**, (815) 477-4800.



MAKE EVERY NIGHT A BEAUTIFUL EVENT WITH CFC NITE LITES



- Show off the beauty of your home yard, or garden after dark.
- Extend the pleasure of your deck, patio and grounds.
- See your way safely by lighting walkways, pathways, steps, and driveways.



847-658-5469 LANDSCAPE LIGHTING SPECIALISTS

Merillat Makes The Kitchen Of Your Dreams



Merillat
AMERICA'S CABINETMAKER™

If you've always wanted an attractive kitchen with lots of convenient storage space, look at cabinets and accessories from Merillat. Set your imagination free with the wide variety of styles and materials to choose from. And you can count on years of trouble-free performance with "standard" features like WhisperGlide® drawer and tray guide systems and easy-clean interiors. Create your ideal kitchen with Merillat — America's Cabinetmaker.

Kitchen Distributors of America, Inc.



7107 Pingree Rd., CRYSTAL LAKE, ILLINOIS 60014
(Rt. 14-Northwest Hwy.)
(815) 477-4800
FAX (815) 477-4830

HOURS:
MON. & THURS. 9:00-8:00 p.m.
TUES., WED., FRI. 9:00-6:00 p.m.
SAT. 9:00-4:00; SUN. 11:00-3:00

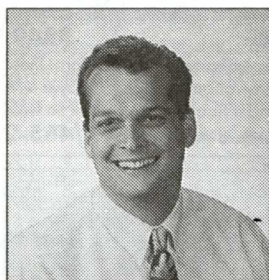
A Unique Home Set in Natural Beauty

Nestled in the hills of the beautiful Fox River Valley is Trout Valley, a community of custom-built homes set apart from today's hurried world. Within these 500 acres of rare natural beauty is a wonderfully unique home that is ideal for casual family living as well as elegant entertaining. The living room, family room and master bedroom surround the fully enclosed and ventilated pool. Sliding glass doors from the dining room and family room open to a patio at the rear of the home where breathtaking panoramic views unfold. This is truly a "must-see" opportunity.



Please call **Harriet Halleran**, GRI of **Century 21 Sketch Book Real Estate** in Cary at **847-639-8700**.

Summertime— Time to Repaint, Replace and Repair



Bill Schafer—President

Summer time and the living is easy—that is, if you let **Schafer Builders, Inc.** do your home repairs and remodeling! Summer is prime time for exterior work on your home, so now is the time for a top-down evaluation and some preventative maintenance!

Roof

Summer storms can be destructive to shingles. Maybe some are missing. Maybe some are torn or damaged from tree limbs. Or maybe they're just old and not doing the job they're supposed to do. Without a sound roof, the interior of your home will eventually suffer from water damage.

Gutters

If you have gutters that are pulling away from the eaves, you might as well not have them at all. Rainwater from summer downpours can overflow blocked gutters, get behind the eaves and rot the wood.

Siding

Water damage can also occur if the siding is not securely attached to the framework. If you have cedar siding, it needs to be restained approximately every 4 to 5 years.



Joe Schafer—Vice President

Keeping up with the maintenance on painted or stained siding also pays off in the long run. You may want to consider re-siding with a maintenance free product such as aluminum or vinyl.

Windows

It's also a good time to replace any windows that have deteriorated beyond repair. Why not use energy-saving models? You might also want to brighten up the interior of your home with a bigger window or a more decorative-style—the newer windows are also easier to clean. Or maybe your window casings just need a little scraping or painting. Our "handyman" service will take all the work out of maintaining your home.

Schafer Builders, Inc. provides first-class, quality home remodeling and repairs. You can be assured that any work we do improves and safeguards your home—we guarantee all our work. Why not call us now at **815-459-1333** and then sit back and enjoy the summer. We'll take care of your home!

Elgin Choral Union to Hold Open Auditions for New Singers

The Elgin Choral Union will hold open auditions for choral singers of all ranges on Monday, August 17 and Tuesday, September 8, 1998 at Elgin Community College's Visual and Performing Arts Center located at 1700 Spartan Drive in Elgin. Openings for choristers are available in both the Elgin Choral Union, a 110-voice symphonic chorus, and the ECU Arts Chorale, a 30-voice chamber choir drawn from the ranks of the Choral Union. Several paid section leader positions are also available. Due to rehearsal schedules, singers auditioning on September 8 will not be able to participate in the October performances of Beethoven's *Symphony No. 9* with the New Philharmonic.

Prospective singers should prepare one

song of their choice; the selection need not be from a classical genre. An accompanist will be provided, free of charge. Singers should have a basic knowledge of music reading and some choral singing experience, whether in high school, college, church or synagogue or a community chorus. Brief vocal exercises and sight-singing will be included in the audition.

The ECU's 1998-99 concert season includes performances of Beethoven's *Symphony No. 9* with the New Philharmonic; Brahms' *Alto Rhapsody*, *Nänie* and *Four Songs for Women's Chorus*; Robert Hanson's *Psalms of David*; two Holiday Portrait concerts; Mozart's *Requiem* with the Elgin Symphony Orchestra; and Beethoven's *Missa Solemnis*. Also, the ECU

SPACIOUS RANCH HOME AVAILABLE

- ♦ 37 Foot Indoor Pool
- ♦ 4 Bedrooms & Den
- ♦ Large Living, Dining & Family Rooms—4,460 Sq. Ft. Total
- ♦ Beautiful Hilltop Views
- ♦ Trout Valley (Cary) where Homeowners' Private Amenities include Tennis Courts, Stocked Ponds, a 30-Stall Horse Barn, Marina & Park on the Fox River
- ♦ Northwest Commuter Train Only 5 Minutes Away
- ♦ \$349,900—Furnishings Also Available for Purchase

Call Harriet Halleran, GRI 847-639-8700

Century 21 Sketch Book Real Estate, Cary

Complete Home Remodeling Service



Including:

- **Roof**
- **Gutters**
- **Siding**
- **Windows**

Low-cost, Tax-deductible, Easy Financing

Fully Licensed, Bonded and Insured
Residential • Commercial • Industrial

Providing over 25 years experience to the Northwest Suburban area.

All Our Work 100% Guaranteed—Call Now!!!

800-564-1339 or 815-459-1333



SCHAFFER BUILDERS, INC.

CARPENTRY, PAINTING & GENERAL CONTRACTORS

"Building Clients For Life"

Call or Visit our Award-Winning Office

43 E. Crystal Lake Ave., Crystal Lake, Illinois 60014

<http://www.schaferbuilders.com>

Crafters Wanted for 10th Annual Harvest for the Homeless Craft Show

The Home of the Sparrow invites crafters to show their goods at the 10th Annual Harvest for the Homeless Craft Show, to be held on Saturday, November 7 at Parkland Junior High School in McHenry. Crafters may apply for spaces at \$60 per

booth, (8' x 10'), plus a donation of one craft item for a prize.

Applications may be obtained by contacting Chairperson Barbara Lipinski at 2714 Tichfield Terrace in Johnsburg, IL 60050 or by calling 815-344-9661.

Arts Chorale's concert season includes Brahms' *Liebeslieder Waltzes* and choral works from around the world, including selections from recent Broadway hits. Singers also have opportunities throughout the season to participate in education and community outreach performances and associated activities. ECU will also undertake

a 12-day concert tour of southern England and Wales, including performances in Cardiff and London in the summer of 1999. Both new and returning singers are eligible to participate in the tour.

For more information or to schedule an audition time, call the Elgin Choral Union office at 847-697-1000, ext. 7225.

Barrington **LIFESTYLES** August 1998 **33**