

June 1998

NEWS MAGAZINE

barrington

# LIFESTYLES™

IN JUNE

*Remember Dads,  
Grads & Brides*

Showcase House Reflects  
Charm and Elegance

Infant Welfare Fashion  
Show a Lovely Affair

Clearbrook's Shining Star  
Ball Celebrates  
10th Anniversary

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## The Hair You Hate Gone Forever

A Professional Solution to a Most Personal Problem

Medically approved, the newest shortwave electrolysis treatment will **PERMANENTLY** remove unwanted hair.

- Disposable needles used
- Free Consultation without obligation

**Clear Reflections**

HAIR REMOVAL CENTER, INC.

118 Barrington Commons Ct., Suite 216, Barrington

**381-9020**

Convenient Hours: Monday thru Thursday 12:00 noon until 8:30 pm

In practice at this same convenient location since 1976.

## Electrolysis is the Answer

Anyone who is interested in good grooming and an attractive appearance is likely to read about electrolysis. It is the *only method* which will remove your unwanted hair **permanently**, and it is not a new technique. Successful results have been reported and discussed favorably in the medical journals since 1875, more than a century ago.

Nowadays thousands of women make appointments every week with their electrologists, but very few openly tell their friends or relatives about the positive results. Most people are too embarrassed to mention facial or body hairs, and so the facts about permanent removal must often be learned from responsible beauty editors or medical columnists.

Fortunately, there is a skilled electrologist at **Clear Reflections** in the Barrington Commons who can remove those telltale hairs quickly and conveniently in the privacy of a professional office.

Now past its 100th anniversary, electrolysis is a boon to mankind which goes on making converts every day. The reason is obvious—success and permanence make an unbeatable combination.

Take away those unwanted hairs and what you have left is confidence in your own charm and attractive appearance. Phone **Clear Reflections** at **381-9020** for your appointment.

**Clear Reflections** has provided 22 years of service at the same location.

## Remember Father's Day June 21st



## Shop Barrington

- Wonderful Selection of Merchandise
- Friendly, Personalized Service
- Excellent Store Mix

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*"Make shopping in Barrington part of your Lifestyle"*

barrington

# LIFESTYLES™

NEWS MAGAZINE

Published by

G.M. McMonigal ENTERPRISES

Glenne M. McMonigal, Editor

P.O. Box 293 Crystal Lake, IL 60039-0293

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## Editor's Ink

June, 1998

Dear Reader,

Spring held many wonderful happenings for the Barrington area. There were beautiful fashion shows, galas, fund-raisers and the Barrington Designer Showcase!

If you didn't see Swans d'Or, sponsored by the Barrington Junior Women's Club, perhaps we can offer you a glimpse in this issue. For those who did visit this stellar home, I think you'll agree that everyone was to be congratulated on a job well done. Many attendees seemed to have a favorite room they particularly enjoyed. The overall effect was charming.

Fashions hit the runways in the area recently. The Barrington Area Chamber of Commerce held a luncheon and fashion show at the Barn in Barrington with eighteen local stores presenting the latest styles—once again proving that Barrington is a great place to shop! The BAAC held a "Touch of the Arts" fashion show at the Barrington Hills Country Club in April. Exquisite originals were modeled by members. And, the Infant Welfare Luncheon and Fashion Show held at the Biltmore Country Club was very special, thanks to the chairman, Barbara Schuld Adams, and her very capable committee.

Happy Father's Day to all dads! Hope your day is extra special! Until next time, may all your thoughts be sunny.

With warm regards,  
Glenne McMonigal  
Editor, *Lifestyles Magazines*



## About Our Cover

From the Chanel 1998 Spring Summer Collection, designed by Karl Lagerfeld. Spider's web tweed suit made of intertwined threads. Chanel—Photographer Karl Lagerfeld.







The elegance of swans on the stained glass front doors welcomes you to the Barrington Designer Showcase House. The front walk, consisting of stones which survived the Great Chicago Fire in 1871, lead the way to this stellar home.

## Swans d'Or...

### Barrington Showcase House Reflects Charm and Elegance

Viewing Swans d'Or was, indeed, a visual pleasure. The designer showcase home was filled with many unique approaches to decorating and always a feast for the eyes. Comfortable elegance and a bit of whimsy made this home truly special.

Uniquely constructed, the shingled home is reminiscent of a New England country estate. Many of the distinctive architectural elements were borrowed from Thomas Jefferson's home "Monticello." Six over one windows offer unobstructed views of the exterior while sitting in any room in the house. Nestled on five acres, one has a feeling of openness throughout the rooms.

Over 22 very talented designers, landscapers, architects and contractors—and especially members of the Barrington Junior Women's Club—are to be congratulated on a job well done.



The Tower Study, designed by Lori Lennon & Associates of Deerfield, was charming and warm. Reminiscent of early Scottish decor, the beautiful countryside could be surveyed from a comfortable club chair.



Elegant and classic with a Tuscany flavor, the Master Suite was designed by Marsha Jones Interior Design of Wheaton. Accents of bronze and iron and painted frescoes with earth hues make this an unforgettable retreat.

Sleeping On a Cloud... this nursery was truly designed for a prince. Designer Barbara Schuld Adams of Interior Concept Design Ltd. chose tone-on-tone blue, a cherub border and centered crib nestled on a "cloud."



Designer Celeste Jackson of Decorating Connections in Barrington turned a dull laundry room into fun. A Trompe L'oeil oval window, basket texture wallpaper and a tulip border make this small room pure pleasure!

Vivid colors with action sports figures are the winning combination in the Stadium boy's room designed by Jeani Allaway of JMA Interiors of Barrington. A denim spread keeps life simple.





## Author Joan Anderson Guest at After Hours Networking Benefit

Famous local author Joan Anderson will speak briefly on Tuesday, June 9 at an after hours networking benefit sponsored by the Thursday Morning Referral Group. Some of her books will also be available, and two of them will be door prizes. Anderson became a nationally-known figure after *Walking With Angels* was published. She has appeared on many television shows, including Oprah Winfrey.

The Thursday Morning referral Group is part of the National Network of Sales Professionals. They seek people like themselves who are interested in furthering their business interests through networking.

The benefit will be held from 5:30 to 7:30 PM at Inverness Golf Club, 102 N. Roselle Rd., Inverness. Home of the Sparrow Palatine will benefit from the event. Home of the Sparrow provides a program which includes housing and food to homeless women and any children they may have. Though the Palatine house is less than one year old, the Home of the Sparrow has been in existence since 1986 when the first residence was opened in McHenry.

The donation will be \$12 and there will be a cash bar. If you have any questions, please call Marge Lindgren at 847-398-7156 or Diane Pelletiere at 847-934-4161.

### Barrington Community Child Care Center

*"Celebrating Our 5th Anniversary"*

**Openings Available for Children 6 Weeks - 6 Years.**

**Applications Now Being Accepted.**

**Hours: 7am - 6:30pm**

**560 Carl Avenue**  
(1 blk. west of Burger King off Northwest Hwy.)

**381-0272**

**Barrington**



## BAAC Gallery Exhibit *Outside the Lines*

The Barrington Area Arts Council (BAAC) announces the opening of the BAAC Gallery June Exhibit *Outside the Lines* on June 13, 1998. The exhibit features original artwork by Dolores Fortuna, Sally Havlis, Michael Judy, Karen Ovington and Annette Turow.

The artists are exhibiting the following: Dolores Fortuna, Oak Park, IL, ceramics; Sally Havlis, Chicago, IL, mixed-media abstract construction; Michael Judy, White Bear Lake, MN, pastel paintings; Karen Ovington, Evanston, IL, handmade beaded

jewelry; and Annette Turow, Wilmette, IL, abstract oil paintings.

The Barrington Area Arts Council invites the public to attend a Preview Opening and Artists Reception on Saturday evening, June 13 from 7 to 9 PM at the BAAC Gallery, 207 Park Avenue in Barrington.

The exhibit will be on view from June 9 through July 11, 1998. BAAC Gallery hours are Tuesday through Friday, 10 AM to 4 PM and Saturday, 10 AM to 2 PM. The Gallery is closed Mondays. For more information, call 847-382-5626.

## Infant and Toddler Care Now Available

**Barrington Community Child Care Center** is a private center serving children six weeks to six years. This neat-as-a-pin facility is 5,300 square feet featuring oversized classrooms with lots of natural light and an environment designed to meet the needs of young children. The facility is also equipped with a large outdoor playground.

Maximum security and safety are very important. The Center has an entry system that allows authorized people to enter the facility through a locked door from the building's vestibule. Sprinklers are installed throughout and smoke detectors are in each classroom, restroom and closet.

The curriculum for the Center is theme oriented and age appropriate to each group of children. Individual needs and the child's unique ways of learning are key in the type of planning and structure that is presented in the environment. The

amenities that are offered are many: "Computer Tots" classes are available as well as "Kids in Action" gymnastics class. Haircuts, by a Barrington salon owner, are offered every six weeks. There is daily communication between teachers and parents, catered lunches, nutritious snacks and flexible scheduling is available. Our staff is highly qualified and continue their education and training on an ongoing basis. In addition, our staff is certified in CPR and First Aid techniques.

No appointment is necessary to tour the **Barrington Community Child Care Center**. Registration is now being accepted for all age groups. They are conveniently located at 560 Carl Avenue in Barrington (one block west of Burger King off Northwest Highway).

**Barrington Community Child Care Center** is celebrating its 5th year in the community.

## A More Beautiful Face and Body for Summer

We hope summer is here, it has been a long winter. Now is the time to adjust our skin care program and make-up.

The first thing to start with is always skin care. All the make-up in the world will not cover bad skin. Let us start with cleansing. Your first step should be to see your Esthetician at **Syd Simons**. Spend an hour and a half having your skin thoroughly cleansed and exfoliated. I could write 10 pages on the damage of dead cells to the epidermis layer of the skin, and because of this, it is very important to exfoliate your skin.

All of our Estheticians with **Syd Simons** are licensed skin care specialists. They have years of knowledge to recognize skin textures and their problems. We are having great results with Skin Ceuticals and, of course, Dr. Murad's AHA's. With the use of these two products we never have to age or have problem skin.

Before your *Body Massage*, have your body skin exfoliated with our Sea Salt, on the Vichy Shower Bed. It leaves your body skin so smooth. Then on to your body massage with the wonderful oil, your body will feel like new.

One of our popular services in **Syd Simons Day Spa**, is our fabulous *European Body Wrap*. There is a noticeable difference in one visit. The Body Wrap cleanses the body of toxins and impurities, treats unsightly cellulite, tightens and tones your body, conditions and softens

skin, leaves a slimming and contouring effect, fantastic for psoriasis, firms up sagging skin, no pills or shots, not a water loss, no saran wrap or plastic, and most of all it revitalizes. Lose 5 to 15 inches in one Body Wrap. *Look good for swimsuits.*

Now on to the nail room for a wonderful *Spa Pedicure* to remove dead skin and calluses, and have pretty polish put on the nails for your new sandals.

Let me touch briefly on summer make-up. Make-up for summer is much lighter than the old winter look. It is important to always wear sunblock before applying foundation to protect your skin. The eyes and cheeks are different and very pretty this year. Ask your Make-up Artist at **Syd Simons** to teach you how to be a master of your own face, with our *private make-up lessons*. We also do make-up for all occasions. Wedding parties are very popular in our studio.

I will be leaving the 8th of July for the international Skin Care Convention in Las Vegas. I will be learning about the latest products and techniques available. We will be sharing that knowledge with our clients.

Now we have the face, body, and feet in excellent shape. So go out and have a happy, healthy summer.

Remember your Dad this Father's Day! He would love a facial, manicure, and body massage. Stop in and pick up a Gift Certificate for Dad.

Syd Simons



**For A More Beautiful Face and Body**

- Spa Facials
- Spa Glow
- Make-Up Applications
- Waxing
- Body Mask
- Murad Treatments

**Body Massage**

- Manicures
- Pedicures
- Body Wraps  
(Lose 10 to 20 inches)



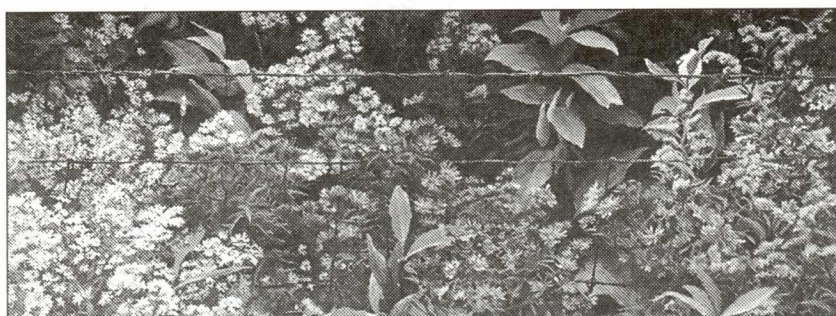
**Day Spa**

"Where Makeup is an art, skin care is a science... and body care is a necessity."

**117 Barrington Commons  
Barrington 381-8727**



## Rare Bateman Floral is Released



*Roadside Tapestry* by Robert Bateman

Uncommonly wonderful. That's the word on artist Robert Bateman's newest release. That's because Bateman is world-famous for his wildlife limited edition prints and rarely provides us with his ingenious florals. In fact, only one Bateman floral has ever been released until now. Announcing the second limited edition floral print by Robert Bateman, *Roadside Tapestry*. This rare and special work blends a delicate sea of white, purple and yellow wildflowers against a barbed wire fence. Perfect. Reserve your print today at **Woodland Art Gallery and Frame Shoppe**.

The gallery is also pleased to announce the addition of a new artist to their roster which includes the likes of Terry Redlin, Dean Morrissey, Carl Brenders, Greg Olsen, David Armstrong and Don Hatfield. Introducing Ray Vanella and his fabulous serigraphs. **Woodland Art Gallery** invites you to discover this artist

through his latest release, *Summer Garden*. Featuring 43 vibrant colors, this serigraph has an impressionistic quality that will appeal to collectors everywhere. It's a very limited edition of just 300.

Whatever the occasion, whatever your interest, whatever your home or office decor may be, **Woodland Art Gallery and Frame Shoppe** has the perfect complement in a limited edition print.

**Woodland Art Gallery and Frame Shoppe** invites you to spend a moment enjoying all the wall-to-wall pleasures that await you by stopping by Monday through Friday from 9 AM to 5 PM or Saturday until 3 PM. The gallery is located at 71-B East Woodstock Street in downtown Crystal Lake. The gallery also specializes in museum mounting and custom framing under the direction of master framer and owner Teasdale and they can also ship your art anywhere. For information, call **815-459-0460**.



## Easy Father's Day Choices!



Can't find a gift for Dad? You can at **M.J. Miller & Co.** Choose from a large collection of cuff links, watches, pens, money clips, Swiss army knives, humidors, cutters and more!

Trust your choice in **M.J. Miller & Co.** and insure your satisfaction as customers have for the past 29 years. Like thousands

of others, you'll be pleased with the quality and price, delivered with the highest level of personal service anywhere!

To have a catalog sent to you or to arrange a private showing, call us at **847-381-7900**. Explore the world of fine jewelry with us! We are located in the Barrington Commons, Barrington, IL.

## A Budding Artist Blooms



*Summer Garden* by Ray Vanella

Signed & Numbered Serigraph in 43 Colors



**WOODLAND ART GALLERY and Frame Shoppe**

Est. 1980 • 71-B East Woodstock Street, Downtown Crystal Lake

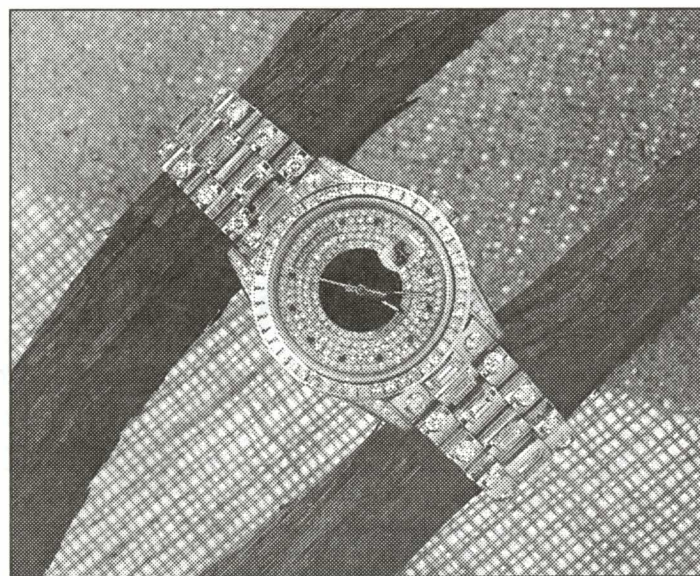
**(815) 459-0460**

Monday-Friday 9-5; Saturday 9-3

Limited Edition Prints • Museum Mounting • Custom Matting • Fine Framing  
VISA and MasterCard Accepted • Shipping Available Anywhere

\*Conservation on International Trade in Endangered Species of Wild Fauna and Flora.

## THIS FATHER'S DAY...



In The  
**Barrington  
Commons**

**M.J. Miller & Co.**

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Barrington, Illinois 60010  
847/381-7900

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Sat. 9:00-5

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to enhance your home, garden,  
and personal sense of style.



### The Backdrop

106 Cass Street Woodstock, IL  
815 338 3007

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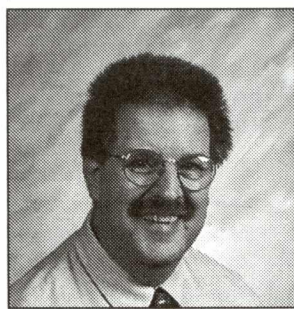
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YOUR  
CHANCE**

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## Barrington Lyric Announces 1998-1999 Officers

Serving on Barrington Chapter of Lyric Opera of Chicago's 1998-1999 Executive Board are: President Jim Steed from Schaumburg; First Vice President (membership) Mary Robins from Arlington Heights; Second Vice Presidents (programs) Louise Sullivan from Barrington Hills and Mary Wajda from Palatine; Treasurer, Judith Meils from Barrington Hills; Recording Secretary, Pat Steed from Schaumburg; Corresponding Secretary Lloyd Rials from Cary; Community Relations, Catherine Mura from Lake Barrington; and Advisor Jan Semerad from Inverness.



**President Jim Steed**

Committee chairpersons are: Archivist, Karen Geisler from Schaumburg; Computer Liaison David Nelleman from Elgin;

## Leaping Lizards

Well maybe not leaping, but darn cute wherever they may end up... which could be a number of places... accenting your garden, clinging to a wall, or lying on the deck as a faithful friend for Rover.

You will find these whimsical characters as well as other great ideas and accessories for your home and garden at **The Backdrop**, an artisan gallery located on historic Woodstock Square.



## Kelly Services as Your 1st Choice Employer

One of the surprising labor market developments of the past few years has been the rising number of workers who pick **Kelly Services**, as well as other high quality temporary staffing companies, as their employer of choice. While the reasons for this development vary, they can be classified into three main categories:

### Flexibility

The National Association of Temporary and Staffing Services notes that more than 76 percent of those surveyed with part-time jobs DO NOT want full-time work. Many part-time workers, including college students, "empty nesters," working spouses, and some retirees, need and/or enjoy the additional free time for classes, studying, time spent with families, or for travel.

The desire for workplace flexibility also attracts people to "temporary" employment. Our research at **Kelly Services** suggests that roughly 40 percent of our regular Kelly workforce prefer the flexibility associated with "temp" work. Their reasons for wanting flexibility are similar to those of part-time workers.

### Variety

Many people who make "temp" employment their "1st choice" do so because they enjoy the opportunities and excitement of regularly facing new employment situations. They enjoy meeting and interacting with new people, taking on fresh challenges, and having the opportunity to excel in different working environments.

### Experience

A rising number of college graduates are increasingly looking to **Kelly Services** as their "1st choice" employer. Many of these graduates are somewhat "clueless" as to what is actually done by different types of employers. Many graduates are also unclear as to what they themselves really want to accomplish in the workplace. Temporary jobs can provide experience in a variety of employment sectors, allowing individuals to sort out what jobs, or fields, are... and are not... attractive to them. Not surprisingly, many of these graduates eventually get hired permanently by their "temporary" employers.

### In Addition

Tight labor markets experienced during the past few years in the U.S. have increased the opportunities for working people who prefer "temp" or part-time employment. With the nation's unemployment rate at or near a 24-year low of 4.8% in recent months, working people generally have more bargaining clout than in prior years. For example, the current severe shortage of skilled laborers gives many workers more leeway to voice their employment preferences. This can mean greater "temp" and part-time employment flexibility for many people, a new reality not likely to change any time soon.

To inquire about immediate opportunities with **Kelly Services** please call (847) 948-4013 fax.



Development, Suzanne Wells from Lake Barrington; Dress Rehearsals, Ruth Amore from Antioch; Education/Adult Lecture Series, Mary Wajda from Palatine; Education/Youth Programs, Mari Harrer from Barrington; Hostess Coordinators, Barbara Keegan from Schaumburg and Bonnie Westphal from Hoffman Estates; Librarian, Anne Gross from Inverness; Tapes, Connie Plagemann; Nominations, Carol Stephens-Welsh from Lake in the Hills; Opening Night, Bob Plagemann from North Barrington; Operathon, Pat Steed; Reservations, Maribeth Totten from Inverness, George and Susan Obermaier

from Schaumburg; Ticket Exchange, Paula Bartlett from Barrington; TLC and Ride Sharing, Evelyn Hammond from Palatine; Volunteers, Dorothy Gabbei from Arlington Heights; and Yearbook, Heather Sholeen from Barrington.

Serving on Lyric Opera of Chicago's Chapters Executive Board are Catherine Mura, Wanda Hollensteiner, and Roger Dickinson from Barrington and Pat Steed from Schaumburg.

For information on Barrington Chapter of Lyric Opera of Chicago (234 members and growing), phone Mary Robins at 847-437-2158.





## Barrington ICE HOUSE MALL



### Meet Toni Gabel at She & "I"

Toni has been serving in the beauty industry for over 27 years. Her ongoing education has led her to specialize in color, up, do's and high styling.

Toni has recently relocated from Palm Beach, Florida. Her passion for hair continues as she joins the team at **She & "I" Hair and Nail Salon** at the Barrington Ice House.

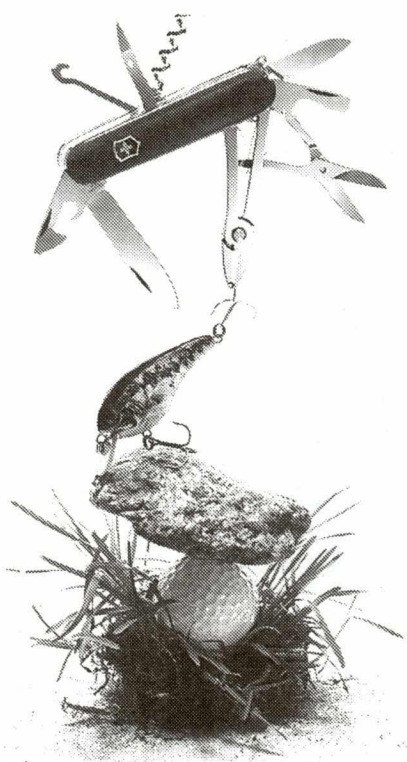
Come in and meet Toni for a compli-

mentary consultation. Toni is offering a complimentary hair cut with any high-lighting service during July.

**She & "I" Hair and Nail Salon** is a state-of-the-art salon which offers perms, color, facial waxing, manicures and pedicures. Walk-ins are always welcome or please call **381-5043** for your next appointment. **She & "I"** is open Monday through Saturday and Wednesday and Thursday evenings.

**F**ather's Day is a great day to honor Dad with a special gift from **Peter Daniel**. Whether your looking for the latest in golf attire and accessories, menswear or specialty items you're sure to find just what you are looking for at **Peter Daniel**. Just a few gift ideas include—Swiss Army Knives, Sunglasses and Watches; Tumi Leather Goods; and Ashworth and Polo Sportswear.

**Peter Daniel** is located on the upper level of the Ice House and is open seven days a week for your shopping convenience.



### Honor Loved Ones at Relay for Life

Dear Editor,

I would like to invite all area residents to honor their loved ones who have fought cancer by purchasing a luminary in their name for the Barrington Relay for Life on June 5 and 6. Luminaries are white bags containing candles. They are placed around the track and lit after dusk on Friday, June 5, where they remain lit throughout the night as Relay team participants walk the high school track.

The luminary ceremony is a significant and memorable part of the 18-hour walk/run Relay for Life event. The ceremony will be heralded with a song performed by Bryan Harden of the Village Church of Barrington along with other performers.

The Relay for Life is a unique community celebration in that it honors cancer survivors during the opening ceremony of the event. All area cancer survivors are invited to walk the first lap as our "Guests of Honor." Cancer survivors and the caregivers that helped them through their battle with cancer will walk the second lap. The Relay for Life is a "Celebration of Life" with food, music and fun. 10 to 15 member teams are formed from neighborhoods, churches, businesses, schools, friends and families

and each team member raises \$100. A member of the team walks or runs on the high school track during the 18-hour event starting at 6 PM on Friday, June 5 and ending noon on Saturday, June 6. New teams are still welcome to join the fight! All donations collected through team participants and sales of luminaries will go to the American Cancer Society.

Luminaries are \$10 and can be purchased from the following: your local American Cancer Society at 847-358-3965, the 136 teams and their participants, at the Chamber of Commerce office located at 325 North Hough Street and our Relay for Life Sponsors: GE Capital, Good Shepherd Hospital, Barrington Bank and Trust, Wickstrom Ford, Barrington Cancer Care Center, Quaker Oats, Stirlen-Pieper Davenport Funeral Home, Northwest Communications, Jim Dugan of State Farm Insurance and Jewel Foods. Orders for luminaries can be faxed to 847-358-9218 with a credit card number.

Remember—"It's all about a community that takes up the fight!"

Carol Beese, President  
Barrington Area Chamber of Commerce  
Honorary Chairman, 1998 Relay for Life

*She  
& I*

*Hair and Nail Salon*

### She & "I" Welcomes Toni Gabel

Mon. - Sat.  
Wed. & Thurs. Evenings

The Ice House Mall **381-5043**



Walk-Ins Welcome  
Gift Certificates Available

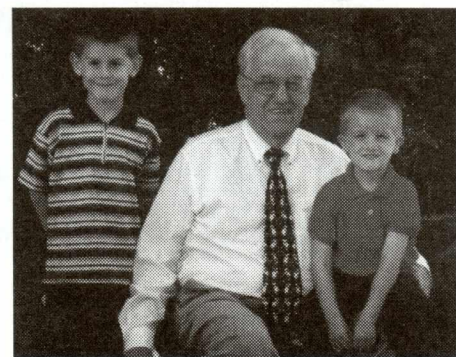
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Barrington

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for Great

Father's Day

Gifts



Sunday June 21st

peter daniel

barrington

apparel for men and women

Barrington Ice House • Next to Jewel • 847.382.6676  
Open 7 days a week • Open until 8 pm on Thursday

### BAAC Annual Art Fair

The Barrington Area Arts Council will hold its 12th Annual Art Fair from 10 AM to 5 PM on Father's Day, June 21, 1998 on Cook and Station Streets in downtown Barrington.

In order to attract quality artists, BAAC offers Purchase Awards available to individuals and businesses who support the arts. A Purchase Award requires a check in the amount of \$200 before June 5, payable to BAAC. Then on the day of the Art Fair you may select a piece of art from any of the exhibitors with a value of at least \$200. Should you choose a more ex-

pensive piece, you would be expected to write a check for the difference at the time of purchase. Purchase Awards are a wonderful idea for Father's Day or as just a thoughtful gift for a business associate.

Since this is a juried art fair, you can be assured that the art represented will be quality work. Over 90 artists are expected to exhibit their paintings, sculpture, wood, pottery, glass, fiber, jewelry or photography. And there will be food and entertainment for the entire family. The admission is free. For more information, call 847-382-5626.



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along with all those  
June Brides and  
Fantastic Dads*




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or just want to be pampered like one  
**CLAUDE THOMAS**  
will make every day  
a special day for you*

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**SUNDAY 11-4  
MONDAY 1-9  
TUES-FRI 9-9  
SAT 9-5**

## Unique and Traditional European Menu

Do you enjoy traditional European dining, something unique, a little different? Who doesn't? No need to head to Chicago or Milwaukee when **Fritzl's Country Inn** is nearby in Lake Zurich.

Enjoy their house specialties such as Wiener Schnitzel, Rauladen of Beef, Sauerbraten, and Pork Schnitzel. **Fritzl's** continental favorites include Shrimp Scampi, Chicken de Jonge, Herb Crusted Pork Tenderloin, and Chicken Piquant. Sizzling steaks, fresh seafood, and Prime Rib round out the menu. Also offered is Surf 'n Turf and Lobster Tail nightly.

Or why not join **Fritzl's** for their plate

style brunch on Sundays. Served from noon to 3:00 pm. Choices include Tenderloin Benedict, Salmon Filet in Puff Pastry, Pecan French Toast, Chicken Linguine, Shrimp and White Asparagus Omelette, and more. Didn't I tell you **Fritzl's** is unique, a little different and wonderfully European? Call **(847) 540-8844** for reservations.

**Fritzl's** elegant banquet facilities accommodate up to 150 people.

And, **Fritzl's** has the friendliest staff in town!

The facilities are perfect for weddings, rehearsal dinners, wedding showers, and anniversaries.

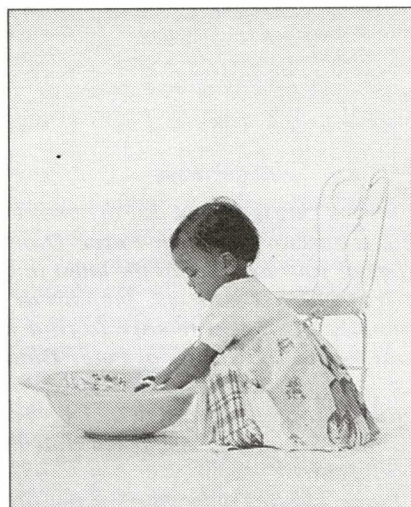
## Cherished Portraiture

From start to finish, **Langdon's of Barrington**, and Joe Rush, Master Photographer, orchestrate all the facets of the portrait process. The final portrait is the outcome of a well-planned five-step process. This includes a pre-portrait consultation, the sitting, a proof evaluation meeting, finished portrait viewing, and finally a framing and portrait presentation. This process will ensure an original and natural portrait, one which will cast you and yours in the "best of light."

The result? A cherished professional portrait bursting with vibrant color and detail. Joe's portraits keenly capture the essence of the character of his subjects.

Let **Langdon's** 25 years of experience in excellence work for you. When would you like to see the portrait of your dreams

a reality? CALL TODAY, **382-5463**, and begin the process. It is never too soon to schedule or too early to plan.



## Summertime is Great at Claude Thomas

June is the start of summer and **Claude Thomas Hair Design and Spa** is ready for the warm and sunny days. With those sunny days come sun damage and color fading to your hair. Come in for a Color Extend treatment by Redken. Color Extend conditioner and shampoo make your hair color last longer by smoothing down the cuticles of the hair and trapping in the color. It also contains sunscreen to prevent fading. Our highly trained stylist will analyze your hair and get it into shape for the summer with a deep conditioning treatment.

June is the month for brides. Pampering her from the tips of her toes to the top of her head is just what we at **Claude Thomas** do best. We have wedding packages that take care of all the needs of the entire wedding party. These packages can include: facials, waxing, manicures, pedicures, weekend nails, your special hair styling and make up. Along with all of this, one can get a relaxing massage before the big day. Call or come in for a consultation and more details on our wedding packages.

To celebrate the coming of summer, **Claude Thomas** is having lots of summer specials. A Spa manicure and Spa pedicure which is regularly \$59 is now only \$56. If you want weekend nails, we add a complimentary paraffin wax treatment

valued at \$12. For a special treat and the start of a skin care regimen, get a Spa facial—regularly \$75 but now for the summer months just \$65. Claude Thomas has summer highlights (8 to 10 foils) that frame your face and give you that summer glow—a \$35 value for just \$25.

**Claude Thomas** has the advanced system of Great Length Hair Extensions. We are the only Salon in the area that has mastered this innovative system that uses 100% human hair. This method of extensions is the only one with polymer attachments that are equal to the structure of human hair so as to cause no damage. These extensions are applied to add volume to thin and limp hair or to add length. These can also be used to put in highlights without any chemical change to your own hair or its color. Call or come in for more information.







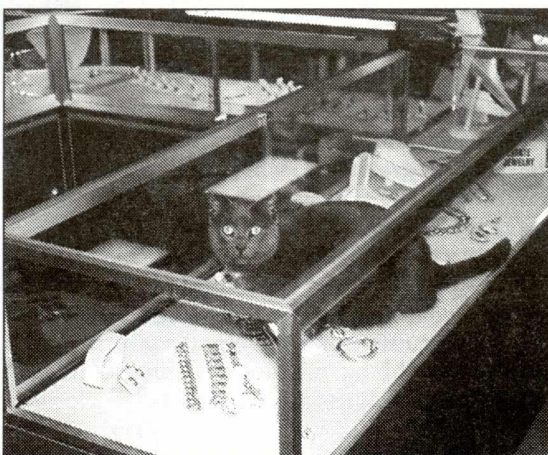
## To Have and To Hold

### *A Special Section for Brides & Grooms*



### The Gray Panther Caught in Action

Smokey the Gray Panther is a regular visitor at **F.K. Jewelers**. Our photographer took a picture while Smokey was sampling our latest designs inside the showcase. He has a taste for the best. He is especially attracted to diamonds although Tanzanite jewelry, of which we have a new selection, appealed to him also. He proudly wears a white diamond necklace (with his name on it). Rings and bracelets aren't his favorite things; he finds them difficult to wear. Many of our customers don't seem to agree with Smokey on this point.



Come and visit **F.K. Jewelers** in the Foundry of Barrington. We are the most

service oriented jeweler in the area. Our personal attention to the smallest detail is unparalleled.

### For a Wedding of Elegance and Tradition



**Concorde Banquets**, surrounded by beautiful grounds and secluded from everyday intrusions, lets one escape into a world of elegance and fine banquet dining.

**Concorde Banquets** is the perfect place for your wedding reception, awards dinners or corporate breakfasts, luncheons or dinners. Facilities are available for groups of 25 to as many as 1,000 people. At **Concorde Banquets**, every occasion is special, no matter how large or small. Their expert staff takes pride in helping you plan your function with their personal touch. A variety of affordable and distinctive package plans are available. For more information and a personal meeting, please call **438-0025**.

**Concorde Banquets** is located one



mile north of Lake-Cook Road on Rand Road just west of Quentin Road in Kildeer.

**F.K.  
JEWELERS**

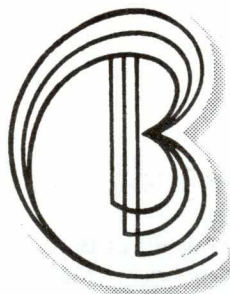
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*Our expert staff takes pride in Planning Your  
Wedding Reception or Banquet with our Personal  
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distinctive package plans to choose from. Let us  
make your special day a memorable one.*

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<b>CONSULTATION, CUT &amp; STYLE \$20</b> <small>(reg. \$34-\$38)</small> <small>First Visit Only. Exp. 6-30-98</small>	<b>CUSTOMER APPRECIATION COUPON 10% OFF</b> <small>Any One Hair Service Exp. 6-30-98</small>
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## Trend Setters in Hair Design

Nothing is more important to a fashion forward salon than knowing the next trend in hair design and beauty.

That is why the styling team at **International Hair Design** goes through intensive training four times a year for the latest trends in cuts, perms, hair color and make up to coordinate with the season's fashion collections.

Eighteen years of professional excellence and outstanding performance in the beauty business have indisputably established **International Hair Designs** as one of the leading full service salons in the northwest suburbs. A dedicated team of highly skilled and experienced stylists

are always eager not only to pamper you with the ultimate in service but also to provide you with complimentary valuable consultation and professional advice to enhance your image.

Everyone at **International Hair Designs**, from the master stylists to the specialists and nail technicians, share the one common goal of customer satisfaction. Customers can call anytime for a free consultation.

Hours of business for the salon, located at Routes 12 and 22, are 8:30 a.m. to 8:30 p.m., Monday through Thursday, 8:30 a.m. to 6:30 p.m. on Friday and 8 a.m. to 3:30 p.m. on Saturday.

## Father's Day at Art and Frame Galerie

**Art and Frame Galerie**, the area's premier frame shop and art gallery, has stocked a full line of quality artwork with a wide range of subject matter to suit all tastes.

Gallery specialties include original works from the Midwest's finest artists as well as lithographs, posters, sculptures and wall accents. Chicago memorabilia, golf, and unique collectibles are among the wide variety of affordable items available at **Art and Frame Galerie**.

Terry Ingerson, gallery owner, suggests that a perfect Father's Day gift for the golfing dad might be a colorful framed lithograph of championship golf courses by Mark King, Tom Lynch or Larry Dyke—a great way to enhance the decor of Dad's office or den.

For a solution to your wall decorating



*The Tenth at Augusta by Larry Dyke*

needs, stop at **Art and Frame Galerie** located in Lake Zurich or call **540-8070**. The shop is conveniently located at the corner of Rand Rd. and Rt. 22 behind the First Chicago Bank and next to D & J Bistro restaurant.



**FATHER'S DAY SPECIAL**

**20% Off Custom Framing**  
(Offer Exp. 6-30-98)

**1st Bank Plaza**  
**474 S. Rand Rd. & Rt. 22**  
**Lake Zurich, IL 60047**  
**(847) 540-8070**



**"Boogie Woogie Bugle Boys"**  
*by Phillip Crowe*

## A Full House Enjoyed BAAC's "A Touch of the Arts"

On April 23, the third annual wearable arts fashion show was held at Barrington Hills Country Club. Entitled "A Touch of the Arts," the event was sponsored by the Friends of the Barrington Area Arts Council.

In addition to the show, a luncheon of cream of wild mushroom soup and basil pesto grilled chicken breast was served. A silent auction preceded the lunch.

Chairman Dede Wamberg and her committee from the Friends of BAAC included Bette-Jane Austin, Libby Johnson, Donna Hannay, Cricket Kelly, Sue Cummings, Diane Rotter, Kristin DeBeuckelaer, Sue Abare, Pat Weaver, Lynn Reising, Nancy Spaulding, Marlene Voegel, Cathy Lee, Pam Stephenson, Kathleen Amatangelo, Dena Bellows, Meg Peirce, Pat Mead, Charlotte Poje, Paula Dau, Francine Fossler, Beverly Jefferson, Connie Payton, Barbara Shackelford and Sandy Cox.



The fashions for the event came from both local and nationally acclaimed artists.

Also featured in the show was the unique work of Sandra Clark, chairman of the Fashion/Design Department and the Merchandising Department at Harper College and the work of five of her award winning students: In Jeong, Tera Wegner, Kay Manges, Masa Kitani and Bea Zammuto. Several of their garments have received both national and international recognition.

Sue Cummings was the fashion show commentator.

**Teddi Martin, Chairman of Friends of the BAAC, welcomed a full house to the luncheon.**



Member Gretchen Grant modeled a hand painted silk design by Justin Vaughn.

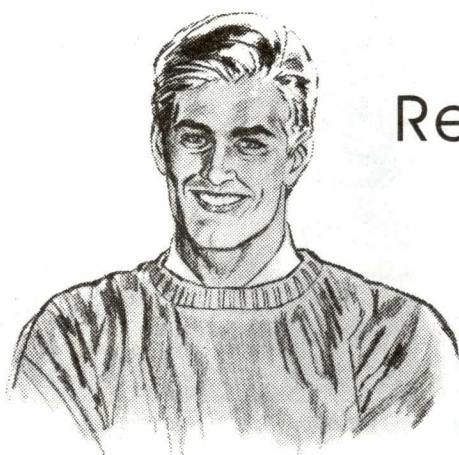


Chairman of "A Touch of the Arts" luncheon and fashion show, Dede Wamberg, thanked her committee for a job well done.



Sandy Grigsby Rodgers came all the way from New Hampshire to exhibit her handloomed knitwear creations. Sandy is a former Barrington resident. Member Priscilla McIntosh modeled one of Sandy's designs.





## Remember **FATHER'S DAY** Sunday, June 21<sup>st</sup>, 1998 with **The Perfect Gift**

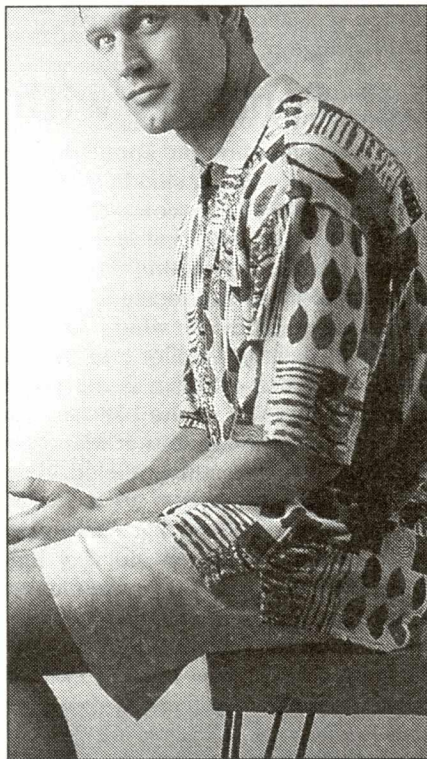


### Dad Comes Out Swinging

Chances are, if you are male, you golf. Also true, if you golf, you are frustrated with your game. Some studies have been done to measure the difference between amateur and professional golfers. These studies have shown a few distinct differences between the two. The differences are in rotation, side bending and club head speed to name a few. Ergo: an old adage, "Practice does not make perfect; perfect practice makes perfect." Doing the same exercises over and over or not exercising at all will not increase your range

of motion (ROM) or increase your club head speed. Wood chop and reverse wood chop exercises can help to increase your ROM and rotational torque. Tight muscles will confine you to a poor swing no matter how much you practice. Come in to **Personalized Fitness, Inc.** for an evaluation and specific exercises for golf from one of our Certified Personal Trainers. We are located at 395 W. Northwest Hwy. in Palatine. Or call **847-358-5688**.

We have gift certificates for Dad!



**T**he only way to look good is to feel good. The **AXIS** linen and cotton group offers rich colors on grounds of the softest blends available. With these knit tops in solid or prints and trousers or shorts you'll look your best.

The **AXIS** group would make a perfect Father's Day gift! Available at **Chuck Hines** on Main Street in downtown Barrington.

### Speech Language Program for Children

Good Shepherd Hospital's Pediatric Therapy Centers in Crystal Lake and Lake Zurich are offering a six-week, speech-language summer program for children. The program is open to children ages 4 through 12 who already receive speech-language therapy privately or through a school-based program.

Scheduled to begin in June, the weekly 50-minute group sessions include speech-language therapy, interactional games and hands-on activities. Students are grouped by individual needs and articulation abilities. The cost for the program is \$300 for six weeks, however, the cost may be cov-

ered by individual insurance programs.

To register and learn more about the Summer Speech Program, please contact the Crystal Lake Pediatric Therapy Center at 815-455-9800 or the Lake Zurich Center at 847-842-4057.

The Crystal Lake Pediatric Therapy Center is located on Highway 14 in the Pinehurst Square Mall, 5150 Northwest Highway. The Lake Zurich Center is located in the Jewel Shopping Center, 591 Ela Road. The Centers are affiliated with Good Shepherd Hospital of Barrington which is part of Advocate Health Care, one of the Chicago area's largest health care organizations.

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- Personal Training & Massage Therapy
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- Convenient Hours
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*for Dad*

NOW THROUGH JUNE 14,  
Buy any one  
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**Chuck Hines**

**141 W. Main Street  
Downtown Barrington  
(847) 381-6616**

MON, TUE, WED, FRI 9:30-6  
THUR 9:30-8:30 SAT 9:30-5



Portraits By

*Thomas*

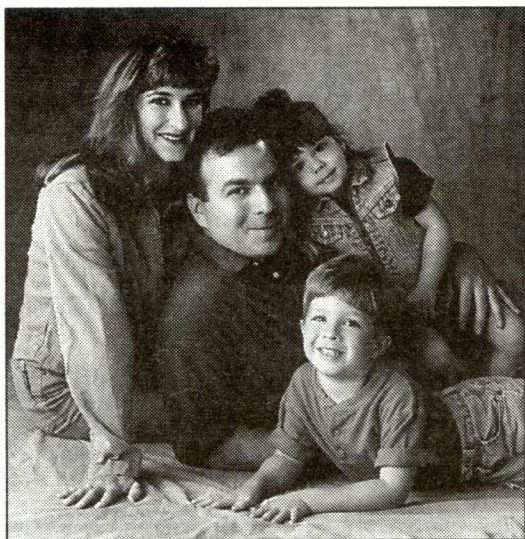
## Family Portrait Special

Save \$50 off  
our regular creation fee.

Limited sessions available.

*Due to overwhelming demand,  
we have extended our special  
through the end of June.*

557 North Hough Street Barrington  
381-7710



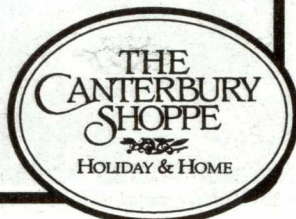
## "Thank You Mr. Otis!"

Starting under \$10.00, The Canterbury Shoppe is filled with end of year appreciation gifts for all of the teachers, coaches parent & friend volunteers who spend so much of their time enriching our children's lives! Practical & festive, our candles, books, gourmet treats, music & garden gifts are perfect for celebrating summer! We specialize in class appreciation baskets!

Enter your favorite teacher  
to win a  
\$50.00 GiftCertificate!

117 East Station Street • Barrington, IL 60010  
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Hours: Tues.-Fri. 10-5:30, Sat.-Sun. 10-4, Mon. 10-3



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Sunrise & Sunset  
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7 Days a Week  
Weather Permitting

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Fox River Grove, IL



## Sparrow Opens Barrington Office

Home of the Sparrow, the transitional shelter for homeless women and their children headquartered in McHenry, is happy to announce the opening of a new office providing administrative support for its Lake and Cook County programs.

Due to increased demands for housing and job training, HOS has expanded its shelter facilities which are located in Palatine, Crystal Lake, McHenry and Woodstock.

The new office, centrally located on the second floor of the Harris Bank, 325 North Hough, Barrington, will coordinate volunteer activities for the Palatine shelter, which are critical to the success of the program. It will also provide working space for projects of Friends of Home of



Laura Langley, Program Director,  
Home of the Sparrow

the Sparrow, the Barrington support group providing awareness, volunteer personnel and fund raising efforts for Home of the Sparrow.

12 Barrington LIFESTYLES June 1998

## A Beautiful Investment

At **Portraits by Thomas**, it is our intention to do more than just record what you look like. We create stories that speak volumes by capturing your family's personality, spirit, and true character in a piece of fine art. A professional family portrait brings feelings of warmth and love into your home that is not available with any other kind of artwork. It is a wonderful investment, having lasting benefits that will reward you through the years.

Now is the time to take advantage of our **Family Portrait Special**. During the month of June, we will take \$50 off our regular creation fee. Please call today and set up an appointment for a consultation. Some sessions are still available. Offer expires June 30.



*"We have been so pleased with our portraits. Tom was able to capture the special closeness of our family in a portrait that will last forever. We found him to be professional, creative, and a pleasure to work with."*

—Doug & Leslie

## Images of Nature for Dad!

In remembrance of nature outings and camping trips with Dad, the *Images Of Nature* book is a perfect Father's Day gift. Each book is filled with a beautiful collection of wildlife photography that captures the essence of the natural world with incredible realism. Thomas D. Mangelson combines his artist's eye and scientific knowledge to capture distinctive moments of natural history.

Available at **The Canterbury Shoppe** on Station Street in downtown Barrington.



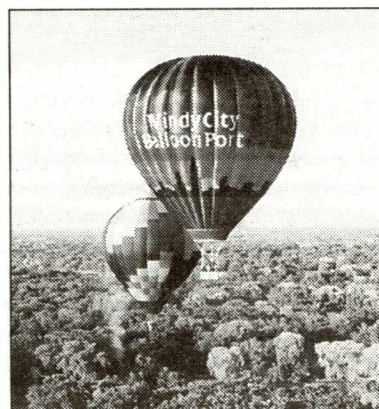
Snowflake—Polar Bear Cub  
by Thomas D. Mangelson

## Dad, Come Fly with Me!

Have you ever thought about drifting through the sky like a cloud? A hot air balloon is like a crazy-color cloud that will take you on a magical journey. Ballooning is a true adventure. One cannot steer a balloon, so the course is quite literally determined by the wind.

You will meet your pilot and crew at the designated time to join in the preparation and inflation of the balloon. You will climb into a wicker basket where you will stand, enjoying unparalleled views throughout your flight.

Our sunrise and sunset flights take place only during fair weather and very light winds. We have strict rules concerning the weather conditions in which we will fly—this is for your safety. When weather conditions do not allow us to fly, we will reschedule you for another time. Your safety is our first concern. All pilots are FAA certified. Upon landing after your one-hour flight, we celebrate with a traditional toast



of champagne and hors d'oeuvres.

**Windy City Balloonport**, Chicago's oldest balloon port, is located just north of Routes 14 and 22 in Fox River Grove. Gift certificates are available. For scheduling or more information please call our customer care representatives at (847) 639-0550.

## Long Term Care Insurance Topic for Seniors

On Tuesday, June 23 from 7 to 9 PM in the first floor Meeting Room of the Barrington Area Library, learn what long term care insurance can and cannot do for you and what to look for in a long term care policy. This program will be general and will not focus the sale of any particular

insurance company. The speaker will be Robert Miller, Blue Cross/Blue Shield representative and long time Barrington resident.

For more information, please call the Barrington Area Council on Aging, Inc. at 847-381-5030.



Are you interested in becoming involved? If so, please contact Home of the Sparrow (Laura Langley, Program Direc-

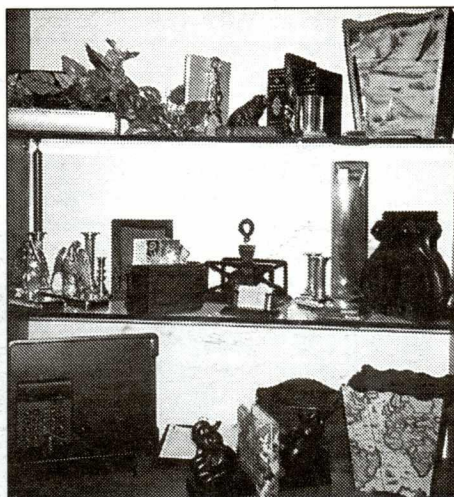
tor), 847-705-6850. For Friends of Home of the Sparrow, call Michele Gillett, 847-526-8123.



## "I Remember Papa"

...with a thoughtful gift from **Little Shop of Papers**. Accessorize Dad's desk with handsome mahogany pieces—wastebaskets, letter trays, pencil cups and more! Select leather or brass bookends and a lovely frame with the family photo to complete the picture.

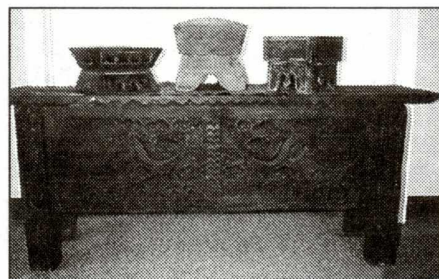
There's still time to order personalized stationery for Dad's day. With name, initials or monogram, it's a great way to say you're thinking of him.



## Indochine Gallery Update

Since the **Indochine Gallery** opening in November 1997 I have been on a quest to find the most unique decorating items from South East Asia and stimulate some local interest in these fascinating cultures. I am concentrating on tribal, exotic culture and oriental decorating theme accessory items, including old Burmese wood carvings and bronze bells, old hand-loomed Kmer and Lao Neua textiles, old baskets and lacquer ware, original artwork and much more. I was recently introduced to the Head Hunting Tribes of Northern Burma. The Naga tribes are a totally closed society with little contact to the outside world. They happen to be prolific weavers and hand-loom some stunning tribal body cloths. I sponsored an expedition to go to Nagaland to acquire their Body Cloths. This is an extremely dangerous and arduous trip. In five days they only acquired a hand full of items. These are now in my gallery. If you are a textile collector or you want to add a tribal flair to your decorating theme you owe it to yourself to investigate these exquisite body cloths.

I also added some New Guinea masks and basket hooks that I purchased from a collector who was deeply affected by the Asian financial crises. A shipment of three very old Tibetan furniture pieces just arrived along with many Burmese carvings and a sample of a central Asian carpet. I made a very important connec-



**14th Century Tibetan Monks Study Table from Mongolia**

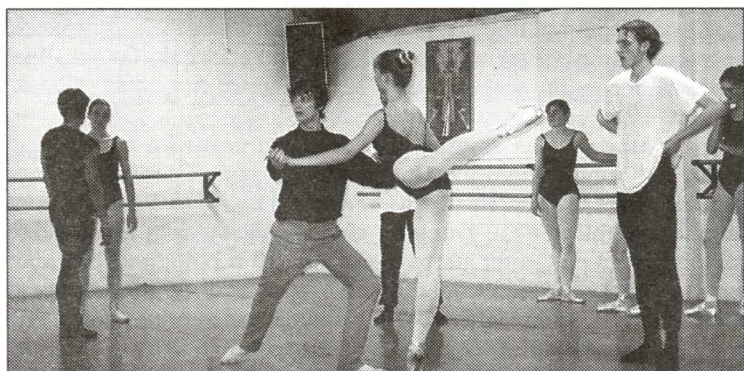
tion to purchase new central Asian carpets near the source at very attractive prices.

In July I will be traveling to China to purchase a container of antique Chinese chests and accent pieces. If you know what you are looking for I can make you an incredible deal if you purchase a piece before I go. I have many photos for you to look and choose.

I am also a dealer for possibly the best high-end audio speaker on the market and portable fireplace units. Bring in your favorite CD and here it for yourself on my system.

Due to my buying channels I have many one-of-a-kind pieces. I try to target the highest quality pieces in a wide price range. So if you are interested in adding exotic color, shape and texture to your personal or business interior space or looking for an unusual gift item stop in and see if **Indochine Gallery** can fill your need.

## Master Classes for BYDE



On May 3, members of the Barrington Youth Dance Ensemble (BYDE) enthusiastically participated in the second of a series of master classes at the Barrington Dance Academy in Barrington.

Demonstrating a partnered 1st Arabesque on pointe are Dimitri Roudnev, former Bolshoi Ballet soloist from Chicago and Rachel Malovance from Barrington,

center. Rachel will dance the role of the Diamond Fairy in *The Sleeping Beauty*.

Other dancers pictured are, from left, Randy Herrera, Chicago; Meredith Sislow and Kylie Lafferty, Barrington; Wade Schaaf, Elgin; and Lisa Steichen, Inverness.

For information on *The Sleeping Beauty*, BYDE or Barrington Dance Academy, please phone 847-382-6333.

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*Choose from hand beaded moire,  
natural silk decorated with  
embroidered ribbons, overall beaded  
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paper. From tailored to elaborate  
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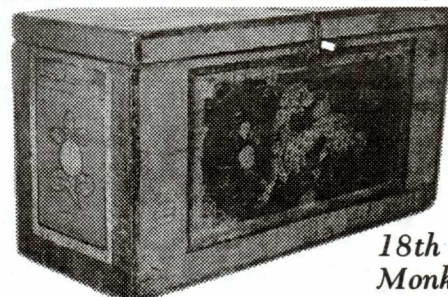
The Foundry/740 W. Northwest Hwy.

(847) 382-7733

Barrington

## Indochine Gallery

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Massage | Manicures | Pedicures | Make-up





Let Massage  
Movement  
Work for  
You



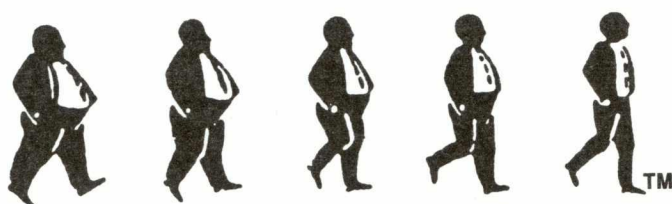
Therese Maria Pol  
NCTMB

For Fathers **\$10.00 OFF Gift Certificate**  
(One Hour Massage Session)

202 S. Cook St. • Barrington

304-5112

## Seattle Sutton's HEALTHY EATING



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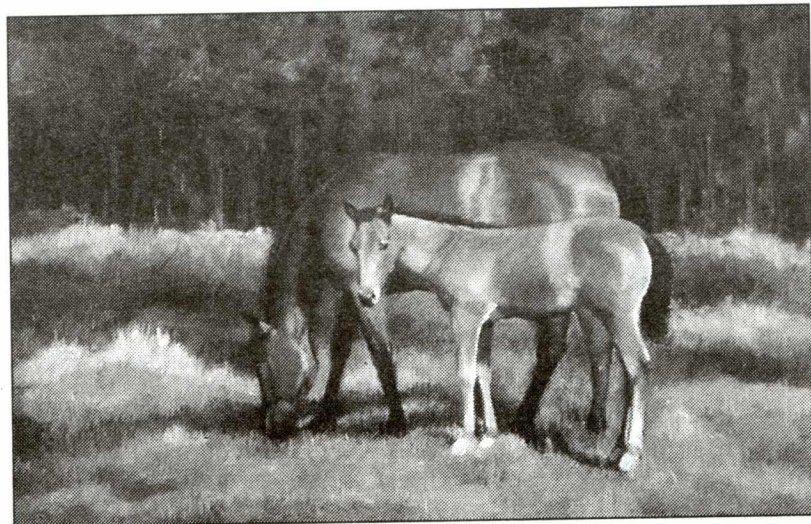
1-800-442-DIET DAY OR NIGHT  
www.sshealthyeating.com

Friday, June 19 & Saturday, June 20

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*Don Palaschak*  
Pastel Artist



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## Massage Movement Celebrates 5th Anniversary

A big "Thank You" to all my patients and well-wishers in helping me reach the 5th year anniversary of **Massage Movement**!

**Massage Movement** is conveniently located at 202 S. Cook St. in downtown Barrington in a professional office building.

**Massage Movement** is a method of massage therapy/body work which I have developed over the last 9 years. It grew out of a basic myo-neuro therapy technique taught to me by my late, great

teacher, Ray Moser, once known as the Father of Massage in Chicago. It continues to develop as I continue to develop. **Massage Movement** is wonderfully dynamic!

What is the best thing about **Massage Movement**? My patients tell me that it works.

People talk of "getting a massage." I invite you to find out what it feels like to experience **Massage Movement**! Call today at 304-5112.

## Your Body Has to Last a Lifetime

Did you know that nearly 34 million US adults are obese? Nearly one million adults die of cardiovascular disease annually. When you begin to look at the effects diet has on your body, you see you must EAT right to LOOK and FEEL right. Diet plays a major role in your health.

**Seattle Sutton's Healthy Eating**, located at 301 E. Main St., #107, Barrington, brings you fresh meals—not frozen, canned or dried—in two different calorie portions. Fresh fruit and salads are included. The food is low in cholesterol, low in fat and sodium controlled. And it's tasty too! The three daily meals are individually packaged, ready to be taken to your home or office.

We have no hidden fees and there are no contracts to sign. When you order your **Seattle Sutton's Healthy Eating**

food, you eliminate menu planning, label reading, shopping and kitchen clean-ups. Perfect for health-conscious people with busy schedules!

For those who wish to lose weight, we can help you ACHIEVE and MAINTAIN your weight loss goal. **Seattle Sutton's Healthy Eating** offers the perfect solution to everyone's needs. The food follows the guidelines of the American Heart Association, the American Cancer Society and the American Diabetes Association.

Our food showings are Mondays and Thursdays from 3 to 6:30 PM at 301 E. Main Street, #107. We accept MasterCard and Visa and home or office deliveries can be arranged for a nominal fee. For more information, day or night, please call 847-382-9040 or 1-800-442-DIET.

## Artist's First Show June 19 & 20

**Dunton Gallery** proudly presents **Don Palaschak**, a pastel artist, in his first official gallery show on Friday, June 19 from 6 to 9 p.m. and Saturday, June 20 from 10 a.m. to 4 p.m.

A dedicated student of art, Don has captured a broad range of subjects from ordinary household items to majestic pastoral scenes, and he has done so by masterfully using the nuances pastels provide. Don's sense and use of color, his ability to express the refraction of light, his detail and his obvious love of his craft are truly wonders to behold.

For the most part so far, his art has only been made available to family and close friends, but the time has come to share his talents more broadly as a new member of **Dunton Gallery's** family of fine artists.

Friday evening, June 19 from 6 to 9 p.m. there will be reception where all are welcome to meet Don and preview his work. Saturday, June 20, the show will begin officially and run through July 11.

**Dunton Gallery** is located in downtown Arlington Heights on the Dunton Ave. end of the Evergreen Center just two blocks south of Northwest Highway and two blocks west of Arlington Heights Rd. Specializing in original fine art from an ever growing family of artists, our staff looks forward to assisting you with any



Don Palaschak, *Carmel Mission*,  
*San Carlos Borromeo*, 18½ x 14½

and all art needs for home or office. The gallery is open Tuesday, Wednesday and Fridays 11 a.m. to 5 p.m. (normally—except for shows such as Don's), Thursday 11 a.m. to 8 p.m., and Saturday 10 a.m. to 4 p.m. with appointments gladly accommodated at other times.

Perhaps you'd like to visit us on our Web site, our address is: [www.duntongallery.com](http://www.duntongallery.com) or call us at (847) 818-0694.





## Women's Club of Inverness Springtime Luncheon



Enjoying the spring afternoon outing were members of the Kildeer Women's Club: June Brinkman, Jean Watson, Nancy Hozian, Gerda Freund and Lois Walker.

The guests at the Woodfield Hyatt on April 17 helped make wishes come true for the charities supported by the Women's Club of Inverness. Nearly 500 women enjoyed a sumptuous lunch followed by a springtime fashion show by Saks Fifth Avenue of Oak Brook.

Each table in the Grand Ballroom was decorated with a small wooden wishing well filled with viola and pansies which helped carry out the theme of making

wishes come true for local organizations. The beneficiaries of the \$14,000 raised include numerous charitable agencies in the community and college scholarships for area high school students.

The runway fashion show by Saks Fifth Avenue was the highlight of the afternoon. The presentation of the fashions, ranging from swimwear to formal wear, was accompanied by music setting the mood. Many of the fashion segments

were introduced with choreography by the models and the fast-paced show was very entertaining.

In addition to contributing to the philanthropic wishes of the Women's Club of Inverness, the guests were treated to a delicious lunch, an unforgettable fashion show and prizes; the grand prize being two round trip tickets on American Airlines to any destination in the continental US. With the help of the many volunteers from the Women's Club of Inverness, this lovely spring afternoon was a great success!



Jackie Petrie, representative from American Airlines; Gail Scherer, winner of American Airline tickets; and Joy Jelinek, President of the Women's Club of Inverness at the annual fashion show.

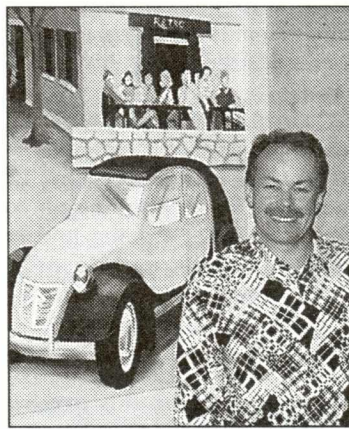


## Chers Amis...

Do you own a special interest car—Classic, Pony, Custom, Sport, Rare, Exotic, Muscle, etc...?

Do you enjoy a good meal with good people and genuine fun?

Then join us for the **D & J Bistro** Third Annual "Wheels and Meal" on Sunday, June 7. Gourmets who share an interest in all kinds of cars will gather for a two-hour "outing" and ending with dinner in our cheerful bistro. We could also call this unique annual event "Show and Tell: For Man and His Toys." Whatever you want to call it, I guarantee you a great day from about 2:30 to 7:30 PM. Call for details. We will be happy to fax you the information. In case we are already booked, you may



come for a regular dinner and admire all the beautiful cars parked at the restaurant.

## Indulge the Grad & Dad at L'Auberge

Let **L'Auberge** be part of the celebration! Give your graduate a gift certificate for LaPetite **L'Auberge** (for ladies ages 13 to 18). A facial, half-hour massage, manicure and pedicure, cut and blow dry for \$190. A great day of indulgence for the graduate.

Don't forget Dad! We offer a man's day package. This includes massage, facial, nail buff, cut and blow dry for \$165 (includes lunch).

And for everyone every Wednesday,

receive \$15 OFF on a massage and facial when purchased together (Regularly \$135, but on Wednesdays only \$120).

**L'Auberge** is proud to announce that Elizabeth Koberowski has joined the **L'Auberge** nail team. Elizabeth will be available for appointments Tuesday evenings and Saturdays.

We look forward to helping with the celebrations at your home away from home, **L'Auberge**.

## What is a Customer

Our Customers are the most important people ever in our store, either in person or otherwise.

Our Customers are not dependent on us; we are dependent on them.

Our Customers are not an interruption of our work; they are the purpose of it. We are not doing them a favor by serving them; they are doing us a favor by giving us an opportunity to do so.

Our Customers are not outsiders to our

business; they are a part of it.

Our Customers are not cold statistics—names on file cards or ledger sheets; they are flesh and blood human beings with feelings and emotions like our own.

Our Customers are not someone to argue with; nobody ever won an argument with a customer.

Our Customers are people who bring us their wants; it is our job to fill them.

At **Fashion Corner**, We Believe this to be True.



**D & J Bistro**  
"Where Things Are Happening"

**The** Place for  
Your Private Function



Our "**Provence Room**" will accommodate up to 50 people. We will serve an upscale 3 course dinner for \$24.50. Ideal for rehearsals, anniversaries, retirements, promotions, etc...

S.E. Corner Rte. 12 & 22  
Lake Zurich, IL 60047

**(847) 438-8001**



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A. Golden Day Spa & Salon

**June is a Month to Celebrate!**  
Graduations and Father's Day!

**Elizabeth Koberowski**  
has joined our team.

764 W. Northwest Hwy.  
Barrington  
Tues. & Thurs. 9-8, Wed., Fri. & Sat. 8:30-5

**847-277-7000**

**You Are Most Important!**

## Fashion Corner

847-438-6789  
lake zurich shopping center

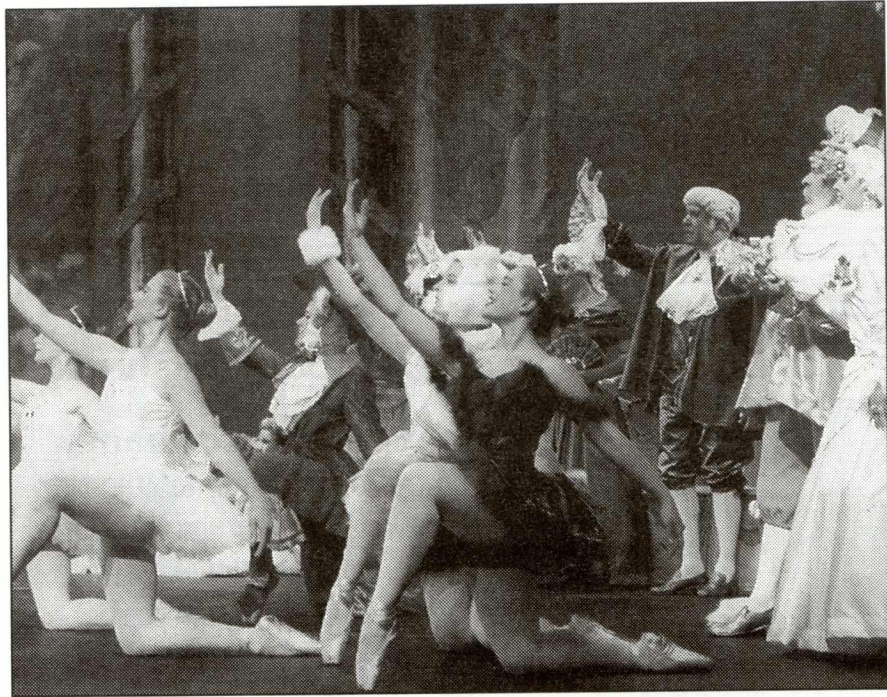
featuring women's and children's clothing since 1957



# Happenings!

*in the area*

## BYDE's *Sleeping Beauty* Created Especially for Young Audience



The Barrington Youth Dance Ensemble (BYDE) will present an innovative version of *The Sleeping Beauty* on Sunday, June 28, 1998 at 2 PM in the Richard C. Johnson Auditorium at Barrington High School.

The Sunday afternoon performance will be geared specifically to younger audience members and will feature a professional storyteller who will introduce characters and explain scenes as the enchanting fairy tale unfolds. It's the perfect occasion to introduce young children to the artistry of live dance theater.

Even after the curtain falls, the excitement will continue as *The Sleeping Beauty* cast appears, fully costumed, to greet guests during Princess Aurora's Wedding Reception. The Reception will be held at the Barrington Area Library immediately

following the performance. A spectacular wedding cake created by Ambrosia Euro American Patisserie will be served and royal favors will be bestowed upon young guests. Princess Aurora and her court will be pleased to pose for photographs with guests, young and old alike.

Tickets to *The Sleeping Beauty* are now on sale at both the Barrington Dance Academy, 117 E. Northwest Highway in Barrington and at the Canterbury Shoppe, 117 E. Station Street in Barrington. Advance ticket prices are \$15 for adults or \$12 for children and senior citizens. Tickets may also be charged by phone by calling 847-382-6333.

For more information regarding *The Sleeping Beauty*, contact the Barrington Youth Dance Ensemble at 847-382-6333.

## Coach Kirby Smith Testimonial Dinner

Kirby Smith, coach of the Barrington High School and Barrington American Legion Baseball teams, is retiring at the end of this season concluding more than 30 years of service to Barrington's highly successful baseball program. He has been the varsity head coach since 1977 and the Legion coach since 1968. He will leave with one of the most outstanding legacies of any coach in the Chicago area, and indeed, the entire nation.

A testimonial dinner to honor Coach Smith will be held at 7 PM, Friday, July 3, 1998 at Concorde Banquets, 20922 Rand Road, Kildeer (1.5 miles north of Lake Cook Road). Past and current players, parents, fans and friends of Barrington baseball will join to renew old friendships, reminisce and salute the Coach for his commitment and dedication to Barrington

High School, to the community of Barrington and to the wonderful game of baseball. Everyone—spouses, significant others, parents, grandparents and kids over 12—all are invited to attend.

The annual Dave Shotkoski Alumni Game will be held earlier that same day at Barrington High School Varsity Field beginning at 10 AM with the home-run hitting contest and the actual game starting at noon. The Baseball Committee is organizing the entire day with Denny Coll in charge of the dinner and evening program and Bob Eckl '84 coordinating the Alumni Game activities.

To make reservations for the "Salute to Kirby" dinner and/or to sign up to play in the Alumni Game, contact Alumni and Association Services, PO. Box 350, Kenilworth, IL 60043-0350 or call 847-256-4422.

## Children Observe National Garden Week



Children from the Montessori Children's House in North Barrington planted Nasturtium seeds in observation of National Garden Week, June 7 through 13. The Council of Barrington Garden Clubs sponsored the planting. Members of The Field and Flower Garden Club instructed the children.

The Council invites the public to join them for a program and reception at the Barrington Library on Friday, June 12 at 1 PM. Paul Jaffe, award winning photographer, will present a striking and entertaining dual-projector slide program

called "Wildflowers," accompanied by a prerecorded script and music. A tea and tour of the Library Sculpture Garden will follow.

The Council of Barrington Garden Clubs was formed in 1958 and is in its 40th year. Seven Barrington area garden clubs, representing over 250 community women, make up the Council membership. They are: Country Home and Garden Club, Countryside Garden Class, Field and Flower, Garden Club of Barrington, Green Thumbs, Little Garden Club of Barrington and Village Planters.

## Arrivederci A Tutti Concert



Barrington Suzuki Committee members included (L to R): Mary Ann Stiebitz, Joyce McArdle, Cyndee Herzog, Evelyn Mariano and Kim Van Fossan.

The Barrington Suzuki Strings Organization would like to thank area businesses for their donations and support of "An American Celebration of Music in Italy Dinner/Silent Auction" that took place on February 28. A total of \$23,000 was raised, making it possible for qualifying students to travel to Italy in June. They will be representing not only Barrington, but the whole state of Illinois when performing in Florence, Rome, Milan and Torino, Italy. They were also invited to play a concert at

the town hall in Lugano, Switzerland, where the Stradivarius Violins are made. Because this is such a rare opportunity for any group, a Barrington flag will be presented to the Mayor of Lugano at the concert.

As a thank you to the whole Barrington Community, the group will be playing a free "Arrivederci a Tutti Concert" at the Village Church of Barrington at 1600 E. Main St. on Saturday, June 13 at 7:30 PM. For more information, call the Suzuki School office at 847-382-7517.





## The Magnolia Room at Biloxi Grill

Think of **Biloxi Grill** when you are planning your next personal or corporate event. The Magnolia Room, which overlooks beautiful Bangs lake, accommodates 30 to 120 guests. The spectacular room has a separate entrance, dance floor and private bar. Whatever the occasion, **Biloxi Grill** will make your function truly memorable. Please call **847-526-2420** to reserve The Magnolia Room at **Biloxi Grill**.

If you haven't experienced **Biloxi Grill's** Southern hospitality yet, come on down! **Biloxi Grill**, featuring "Great Food with a Southern Accent," is open Tuesday through Sunday for lunch and supper. With the warm weather, **Biloxi Grill's** outdoor deck is now open; enjoy our Southern creations outside overlooking the lake.

Since opening in March of 1997, **Biloxi Grill** has received rave reviews for our authentic Southern cooking:

"...serving regional Southern dishes that have no equal in this part of the world."—*Chicago Tribune*, Three Stars ★★ ★

August 1997.

"...the best new restaurant of 1997... the philosophy, creativity, attention to detail and atmosphere will make the Biloxi Grill a place you will return to again and again."—*Pioneer Press*, December 1997.

Imagine starting your meal with our warm homemade biscuits and cornbread, followed by Southern Fried Grouper with Hushpuppies and Biloxi Slaw. Or try the Plantation Chicken with Roasted New Potatoes and Tasso Ham. Maybe you'll enjoy our most popular dish, the Pecan Crusted Mississippi Catfish, and finish your supper with the Southern Berry Cobbler and Vanilla Ice Cream for dessert. Or sip Biloxi Lager on our outdoor deck and enjoy the Black-Eyed Pea Hummus with Warm Skillet Bread. Sounds good!

Join us for "Jazz and Jambalaya" every Thursday evening beginning at 7 PM. We will be featuring live jazz music along with different variations of the Southern classic... Jambalaya.

We are located at 313 East Liberty Street in Wauconda, Illinois.

## Sensational Summer Dining at Julio's

**Julio's Latin Cafe** offers sensational summer dining. Whether you're celebrating a special occasion or looking for a new restaurant to try, you will enjoy their excellently prepared dishes from countries throughout South America including Mexico, Cuba, Brazil, Argentina, Chile and the Caribbean.

Take Dad to Julio's for **Father's Day**. They will be open for dinner at 4:30 PM.

Make plans now to celebrate the **4th of July** at **Julio's**! There will be a limited number of tables available to dine "al fresco" while enjoying the spectacular display of fireworks presented by the Village of Lake Zurich directly across the street at

Paulus Park.

Enjoy live entertainment on the weekends with the Dan McIntyre Jazz Group performing on Friday evenings and Paulinho Garcia, Brazilian recording artist, on Saturday evenings.

Now is the perfect time to reserve **Julio's Latin Cafe** for your private parties, luncheons, dinners and corporate holiday gatherings. Call Julio's for further information and **reservations at (847) 438-3484**. Dinner is served Sunday nights from 4:30 to 8:30 PM and Monday through Saturday beginning at 5:00 PM. Lunch is served Monday through Friday. **Julio's Latin Cafe** is located at 99 South Rand Road in Lake Zurich.

## Meet "The Beatles"

Close your eyes and go back in time. American English, a Beatles tribute band, will perform at the newest hot spot in town, **Scores Sports Bar & Grill** on Saturday, June 27.

**Scores** is the place to watch all your favorite sporting events. There's always a variety to watch with satellite dishes, color TV's and the 120" big screen. You'll be challenged at one of **Scores'** pool tables or dart boards. Also available are a variety of electronic games and one of the area's only Foosball tables.

**Scores Sports Bar & Grill** offers a full

menu of appetizers, sandwiches, salads, pizza, ribs and much more. The full service bar features 32 different domestic and imported beers and CK Mondavi wines.

So if it's a day of sports or entertainment you're after, relax in **Scores'** spacious surroundings and enjoy. **Scores** has it all—good times and great food!

**Scores Sports Bar & Grill** is open seven days a week beginning at 11:30 AM and is located at 310 E. Northwest Highway across from the Metra train station in downtown Fox River Grove. For more information, call **847-462-1150**.

## Volunteers Needed at Good Shepherd Hospital

The Auxiliary of Good Shepherd Hospital needs a few good men, women and teens to volunteer for two of the hospital Auxiliary's more visible areas—The popular Pear Tree Cafe and Pear Tree Gift Shop. They provide helpful service to customers while participating in a revenue producing Auxiliary business that provides funds for various projects at the hospital.

The Pear Tree Gift Shop, located in the main lobby of the hospital, sells many different items from flowers and cards to baby gifts, jewelry, stuffed animals and

clothes for women and children. The Pear Tree Cafe, also located in the main lobby, serves light lunches, snacks, coffee and soft drinks to visitors, patients and staff.

Volunteers are a very important part of the health care team at Good Shepherd. In 1997, they provided over 67,000 hours of service to the hospital, donating their time and dedication in many different areas. Good Shepherd volunteers provide services to patients and customers as well as participate in hospital health fairs, seminars and educational sessions.

# Biloxi Grill

Great Food  
with a  
Southern Accent

- Private Dining & Banquet Facilities
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847-526-2420 • Fax 847-526-3622

## Julio's Latin Cafe

Join Us for a  
**STAR-SPANGLED July 4th PARTY!**

Make plans now to enjoy  
dinner at Julio's  
for the 4th of July.  
View the spectacular  
display of Lake Zurich  
fireworks while dining  
"al fresco."

Open for lunch  
Monday thru Friday  
Dinner 7 nights a week

Dan McIntyre Duo  
on Friday evenings

Paulinho Garcia,  
Brazilian Guitarist,  
on Saturdays

Reservations recommended  
**(847) 438-3484**

99 South Rand Rd., Lake Zurich

# SCORES!

## SPORTS BAR & GRILL

Watch the Playoff Action Here!  
**GOOD TIMES & GREAT FOOD**

Pool ♦ Foosball ♦ Darts ♦ Golf ♦ Games and Much More!

310 E. NW Hwy.  
Fox River Grove, IL  
(across from the Metra Station)

847-462-1150  
Sun-Thu 11:30-1 am, Fri & Sat 11:30-2 am

## Cartooning Class for Children Offered

Calling all kids ... Calling all kids ...

Children ages 7 to 13 are invited to attend a class with Richard Pietrzyk, cartoonist for the "Archie Comics Gang," on Friday, June 26 from 10 to 11 AM, at the Old Courthouse Arts Center, 101 North Johnson Street in Woodstock.

The class will include a slide presenta-

tion on the history of the comic strip. Participants will also receive tips on creating a comic and on character sketching.

The class is sponsored by the Chester Gould-Dick Tracy Museum. The fee is \$15.

For information or to register, call the museum at 815-338-8281.



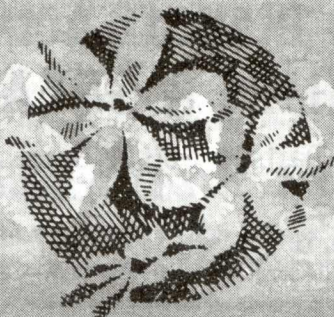
Volunteering provides a way to get involved in the community and meet many interesting people from all over the Good Shepherd Hospital service area which includes the greater Barrington area and southern Lake and McHenry Counties.

Good Shepherd Hospital, located north

of Barrington on Highway 22, two miles west of Route 59, is part of Advocate Health Care, one of the Chicago area's largest health care organizations. For more information about volunteering at the hospital, call the hospital volunteer office at 847-381-0123, ext. 5093.



If you truly  
love  
the game,  
you  
belong  
at  
Bull Valley.



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G O L F C L U B

1311 Club Road • Woodstock, IL 60098  
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**815 337 4411**

To inquire about Private Golf and Dining Memberships,  
please contact Judith Bevell.

## You Belong at Bull Valley Golf Club

**Bull Valley Golf Club** has not so much created a championship course, as perfected a landscape by adding trees, fairways, greens and bunkers. Its development philosophy, from the stonework defining the water hazards to the orientation of the Clubhouse, is the select use of naturally occurring materials and land features.

Privately owned, **Bull Valley Golf Club** encompasses over 200 acres of rare Illinois prairies, wetlands, woodlands, lakes and creeks. The Dick Nugent designed 18-hole championship golf course is



unique, offering a variety of tee placements to heighten the golf challenge. The 7,319 yard, par 72 layout was carefully carved to coexist with the area's natural terrain; you will be awestruck by its beauty.

Hole number 6 is a striking example of the blending of golf and the natural environment of **Bull Valley**. Although the shortest par four on the course, it is definitely not the easiest. It is recommended that a long iron or fairway wood be used off the tee on this dogleg right. The landing area is protected on the left by wetlands and on the right by mature red pine. The second shot is played with a medium to long iron to a green protected



in front by water, and to the right by three mature oak trees. The green is one of the most difficult to putt because of a large swale on its front left side.

Often referred to as the most beautiful course in the Midwest, **Bull Valley** provides an elegant setting to entertain business associates, family and friends. The Members enjoy only the finest in amenities and service at one the country's premier private clubs. The magnificently appointed 37,000 square foot Clubhouse offers formal and informal dining, a bar and grill, a stunning two-story fireplace, men's and ladies' lounges, locker room facilities and a full service pro shop. Wide expanses of glass offer panoramic views



of the golf course and splendid English gardens. The Terrace Room accommodates 200 - 350 guests for receptions and seminars. Private dining rooms on the second floor provide spectacular views of McHenry County and make the perfect setting for business meetings, dinner parties, wedding and baby showers, cocktail receptions and birthday celebrations.

For further information about Golf and Dining Memberships, please contact Judith Bevell, Marketing Director of **Bull Valley Golf Club**, at **815.337.4411**.





## Summertime an' the Living is Easy

The fish are jumping and you can't help thinking of George Gershwin's great tune "Summertime" from his wonderful stage play *Porgy and Bess*.

To make your life more enjoyable and easier, orchestrate a cruise on the charming "Turn Of The Century" **Algonquin Princess** Paddle boat on the beautiful Fox River.

As you come aboard, Captain Bob and his friendly crew in dress whites greet you with a wave and a smile and escort you to the top deck for relaxing camaraderie. Feed the "Fox River Coho" (actually carp, some as big as three feet) and the mallard ducks with bread that's provided. The competition between the fish and the ducks for the bread provide quite a spectacle. The Top Deck is a great place to unwind with your favorite cocktail or just relax in anticipation of your cruise. Our lush segment of the Fox River offers a protected gentle, comfortable cruise while heading upriver to Fox River Grove.

Passengers get a shore yard view of life on the river viewing beautiful homes, sweeping lawns, intriguing docked boats, peaceful gardens, parks and a variety of wildlife. As the captain rings the ship's bell, it's time to go down to the main cabin. Formally set tables welcome diners in the climate-controlled setting reminiscent of turn of the century ambience. The **Algonquin Princess** crew is known for their especially warm, caring and friendly service. Enjoy fine dining service with china, linen and fresh flowers.

The daily cruise menu features boneless

Breast of Chicken for lunch with a savory imported Marsala wine sauce with shallots and fresh mushrooms served with rice pilaf and fresh vegetables. The dinner is a spectacular double speared Brochette with medallions of prime Filet Mignon, large succulent Gulf Shrimp with fresh mushrooms, red and green sweet peppers, cherry tomato and onion over rice pilaf. All meals include an elegant fresh fruit platter, signature marble pumpernickel rye bread and butter, dessert, coffee or tea. Full cocktail service is available as well as a fine selection of Wines and Champagnes. The Port Edward River Rides' staff can arrange a variety of menu selections when the "Princess" is chartered.

The **Algonquin Princess** and staff has successfully managed intimate international wedding ceremonies and receptions. Plan to turn that great event into a memorable one and experience the good taste, luxury and the turn of the century ambience aboard the romantic Algonquin Princess Paddle Boat. Renew friendships with a memorable evening or afternoon with camaraderie and great fine dining and river viewing. Strut the gangplank at Port Edward Restaurant Docks in Algonquin and start your backyard vacation.

The **Algonquin Princess** cruise makes getting away elegantly simple. And simply elegant.

Port Edward Restaurant Docks are at the Rt. 62 Bridge and the Fox River. Call **847-658-3660** for information and reservations.

## Enter Brian's Run & Help Cancer Research



Enter Brian's Run X 5K Run and Youth Mile and become eligible to win two Chicago Bears tickets for the 1998 regular season home games plus United Airlines tickets and more! Brian's Run takes place on Sunday, June 21, 1998 at 8 AM at the Chancellory in Itasca, Illinois.

To receive your race packets by mail, you must send your entry form by June

8, 1998. Walk-in registration and packet pickup take place June 18 through 20 at the Northwest Athletic Association, 500 Park Boulevard in Itasca—Thursday and Friday from 10 AM to 8 PM and Saturday from 10 AM to 6 PM. There will be no race day registration or packet pickup. For more information, call the Raceline at 312-942-3374.

## Combined Club Singles Dance

All singles are invited to a Combined Club Super Dance at 8 PM on Saturday, June 6 at the Arlington Park Hilton Hotel located at 3400 West Euclid in Arlington Heights. DJ music will be provided. Admission will be \$8.

The event is co-sponsored by the Northwest Singles Association, Young Suburban Singles and Singles & Company. All of the sponsoring groups are non-profit organizations.

For more information, call 708-209-2066.

## Port Edward River Rides



on the beautiful  
**"ALGONQUIN PRINCESS"**  
PADDLE BOAT

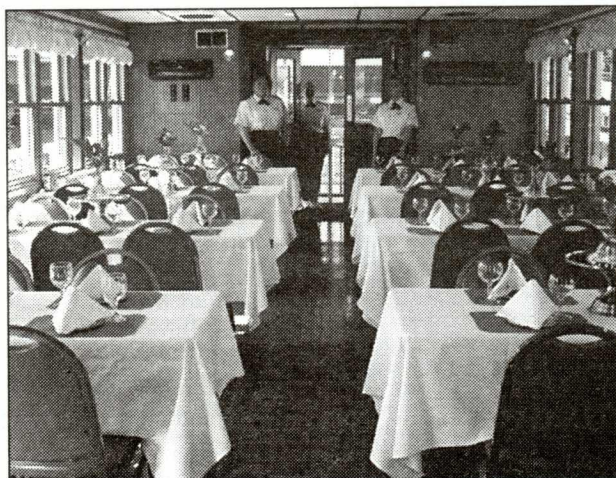
**847-658-3660**

PORT EDWARD RIVER RIDES  
20 W. Algonquin Road  
Algonquin, IL 60102

May Thru October

## "Welcome Aboard" ALGONQUIN PRINCESS PADDLE BOAT

On The Beautiful Fox River  
ALGONQUIN, ILLINOIS  
From The Port Edward Docks



## FLOATING "FANTA-SEAS"

Join us as we recreate the romance and elegance of a "TURN OF THE CENTURY" experience aboard the intimate and beautifully appointed ALGONQUIN PRINCESS Paddle Boat. Enjoy white linen fine dining accompanied by the tranquil sights and sounds of the area's most scenic terrain as we cruise up the beautiful Fox River. Our sheltered segment of the river assures everyone a comfortable and stable cruise.



## FLOAT A BUSINESS MEETING

Float a business meeting or customer recognition party that's totally unique and enjoyable aboard the well appointed and intimate ALGONQUIN PRINCESS. Perfect for groups as large as 48, the "PRINCESS" provides a setting not found on any other vessel in the Fox River Valley.

Make your special  
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- Bachelor Parties
- Graduation Parties
- Birthday Parties
- Club Outings



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 of Free Groceries on Your  
 First Order of \$50.00 or More.  
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 Expires 6/30/98



## Health & Wellness Programs • June

### Children's Summer Speech Program

June through August, Good Shepherd Pediatric Therapy Centers,  
 Crystal Lake and Lake Zurich

This six-week program is designed for children ages 4-12 who already  
 receive speech-language therapy privately or through a school-based program.

The weekly 50-minute group session includes speech-language therapy,  
 interactive games and hands-on activities. Applications now being accepted.

For fee and other information, call 815-455-8172 or 847-842-4057.

### Introduction to Stress Management

Fridays, June 26 - July 17, 10:30 a.m. to 12 p.m.—\$110

This four-week program introduces relaxation training,  
 cognitive restructuring and basic stress management techniques.

### Quit Smoking through Hypnosis

June 17, 22 and 24, 7:30 to 9 p.m.—\$75

In this three-class series, learn hypnosis techniques  
 to help feel calmer and more confident in controlling your habit.

### Tai Chi Classes

Wednesdays, June 17 - August 19, 7 to 8:30 p.m.—\$100

Learn to relax in this 10-week program that  
 teaches this ancient form of Chinese exercise.

### Anger Workshop

Tuesdays, June 23 - July 28, 7 to 8:30 p.m.—\$120

Participants learn to control anger  
 and the destructive behavior that can follow.

### Anxiety Workshop

Wednesdays, June 24 - July 29, 7 to 8:30 p.m.—\$130

Participants learn to reduce anxiety  
 through stress management and relaxation techniques.

To register for any of Good Shepherd's Health & Wellness  
 Programs, call Health Advisor at 1-800-323-8622.

**Good Shepherd Hospital**



Health Care With A Whole New Attitude.

450 West Highway 22, Barrington, IL 60010

Related to the Evangelical Lutheran Church in America and the United Church of Christ

## Scotty's—Groceries On Wheels

Just don't have time to get to the grocery store? Hate those long, frustrating lines? Difficult taking the kids? **Scotty's Home Market** can help. We have been in business for over six years now, servicing the grocery needs of people just like you. We service 61 north and northwest suburban communities, with a customer base nearing 4,000 clients. Best of all, you pay grocery store prices, with only a nominal delivery fee to have them brought to your front door! Our average delivery fee is only around \$3!

All of our customers receive a price book with the nearly 7,000 items that we carry. It includes all of your favorite name brand suppliers, and an assortment of specialty items that you won't find at the grocery store, such as fresh butcher meat and seafood, whole grain breads from the Barnaby Smythe's Stone Ground Bread Company, fresh baked goods from a local bakery, and the finest of fresh produce we receive in daily.

Ordering is very simple. You can either call in or fax in your order, just indicating the item numbers you would like to have delivered or order over your computer using our free software. We will give you a total due for your delivery, and you can pay us by check or credit card. The great

thing is that you don't even have to be home to accept delivery (around 50% of our customers are not). We can do this because we deliver all of our refrigerated and frozen items in Igloo coolers with ice packs, so even ice cream stays frozen while your groceries await you. The dry products are delivered in waterproof boxes with lids on them. We will work out a convenient place with you to leave your groceries if you are not going to be home, and they will be waiting there fresh when you arrive. If you are going to be home we will unload them on your counter for you. It's that simple!

This is not a club of any kind, we are simply a grocery store that only delivers. You order when you want (Monday through Friday) and however much you want. We guarantee 100% the quality of all our products. We also provide wonderful tips and tools for meal planning. To receive an information pack describing the service, including a complete price book, just give us a call at **(847) 726-8897**, and we would be happy to send one out to you. Isn't it about time you enjoy your free time and spend your discretionary time the way you want to spend it? Let us help! We look forward to hearing from you.

## Barrington Youth Receives Bicycle Award



As part of Good Shepherd Hospital's on-going Kids Summer Safety campaign, the hospital and Barrington Police Department teamed up to present Jonathon Coath, age six, of Barrington with a new bicycle and helmet. Coath was awarded the prize through a random drawing of children who were "ticketed" by the police department last summer for wearing helmets and complying with Barrington's

new Bicycle Helmet Ordinance. The bicycle was awarded to Coath (center) at the Third Annual Kids' Care and Safety Fair co-sponsored by the Barrington Kiwanis Club and Good Shepherd Hospital, Saturday, May 16, by Sylvia Boeder (far left), director of community relations, Good Shepherd Hospital, and Officer Earle Heiden (far right), Barrington Police Department.

## Lake Shore Ski Club Summer Season

Lake Shore Ski Club will meet on Wednesday, June 3 and 24 at Joe's Sports Bar located at 940 West Weed Street in Chicago. The meeting will begin at 6 PM.

Come and learn about LSSC's exciting Summer Season which includes such activities as bicycling, hiking, rafting, tennis, golfing and picnics to name a few.

All who are interested are cordially in-

vited to attend and learn more about the advantages of becoming a member of Chicagoland's largest and most active ski club with over 1200 members from throughout the Chicago Metropolitan Area, Northern Illinois, Northern Indiana, Michigan and Southern Wisconsin.

For further information, call 708-763-0500.



## Cancer Survivor's Day

Good Shepherd Hospital will host the 11th annual National Cancer Survivor's Day celebration at 1 PM, Sunday, June 7.

Held at the hospital, the celebration will feature keynote speaker Robert Mandal, MD, who will speak on the bright future of cancer treatments for patients. Dr. Mandal is an oncologist associated with North Shore Oncology/Hematology Associates in Barrington and Libertyville. Also speaking at the event will be several cancer survivors who will share their inspiring stories. Gail Collier, a Barrington area artist and breast cancer survivor, will make a presentation of the notecards that she recently designed for the hospital. The notecards will be sold in the Pear Tree Gift Shop at the hospital with all proceeds going to benefit the cancer care program at Good Shepherd.

Cancer patients and survivors who have been treated at Good Shepherd Hospital are invited to attend the celebration with a guest and the opportunity to visit with the hospital's cancer care committee members, administration and members of the hospital's medical and nursing staffs. Light refreshments will be served follow-

ing the keynote address.

Seating is limited and reservations are required. For more information and reservations, call Good Shepherd's Health-Advisor at 1-800-323-8622.

Good Shepherd Hospital offers a nationally recognized cancer program that has been recognized by the American College of Surgeon's commission on cancer. The hospital incorporates a full range of inpatient and outpatient oncology services, trained personnel, support groups and education programs in the treatment of cancer.

The hospital's state-of-the-art services include the soon-to-be opened Women's Diagnostic Center, designed for the special needs and privacy of women seeking mammograms and needlecore breast biopsy; a comprehensive Oncology Care Registry; and a Humor Room, inspired by research on the positive effects of humor in cancer therapy.

Good Shepherd Hospital is located north of Barrington on Highway 22, two miles west of Route 59 and affiliated with Advocate Health Care, one of the largest health care organizations in the Chicago area.

## Is Your Body Summer Ready?

With beach season fast approaching, the time is now to consider the many available options for tuning up or trimming down that winter weary body at the **Valley Plastic Surgery Center**. While there is no substitute for proper eating, weight loss and exercise, many unpleasant body changes cannot be improved at the local gym. Minimally invasive techniques are available for breast refinement (enlargement, reduction and lifting), and body contouring (tummy tuck, thigh and buttocks lifts). Just leave yourself enough time. Most body contouring approaches will require several weeks of comfortable healing before your figure truly becomes summer sensational.

### Breast Enlargement (Augmentation)

Nothing will improve the appearance of your swimsuit, waistline or hip contour more than breast augmentation. This procedure can drastically expand your wardrobe options. Through a minimal, well-hidden incision, a saline-filled implant can replace the breast volume lost after pregnancy or enhance what already exists. While "over enlargement" seems to be the Hollywood norm, a very natural, sensual breast can be created with surgical skill and artistry.

### Liposuction/Liposculpture

The removal of localized fatty deposits using cannula-directed suction (liposuction) is the most common cosmetic procedure performed in the United States. Women and men both benefit from this procedure: double chins, saddlebags, heavy thighs, knees, abdomen and love handles are efficiently reduced with this proven technique. Full recovery ranges from three to six weeks and the procedure is both safe and effective. Scars are inconspicuous, even in your new summer clothing and swimwear. This simple, outpatient procedure is impressively affordable as well.

**The Valley Plastic Surgery Center** has created a safe and pleasant environment where virtually all facets of cosmetic surgery can be performed. It has been accredited by The Joint Commission for the Accreditation of Healthcare Organizations (JCAHO), the same organization that accredits your hospital. Located on Route 31 in West Dundee, **VPSC** has state of the art equipment for performing everything from endoscopic facial and breast surgery to laser rejuvenation and skin resurfacing. This accredited surgical center provides an attentive and friendly atmosphere, in contrast to the hectic, impersonal hospital setting. Convenience, efficiency and lower fees are a few of the advantages which you will enjoy at this unparalleled facility.

And when you compare . . . **beware!** In Illinois, anyone with a medical license can attempt cosmetic surgery in an office or surgical setting without peer review. Many of these "board certified cosmetic surgeons" do not possess a board certification in any surgical field. The partners at **Valley Plastic Surgery Center** are all board-certified in **both** General Surgery and Plastic and Reconstructive Surgery. Make sure that your plastic surgery is being performed by a board-certified plastic surgeon. Call the American Society of Plastic and Reconstructive Surgeons at 1-800-766-4955 to verify the credentials of your surgeon.

The physicians at **Valley Plastic Surgery Center** have more than 60 years of combined experience in the field. The entire staff is dedicated to helping you achieve a satisfying and successful outcome. Quality, value, expertise and comfort make **Valley Plastic Surgery Center** your best choice for meeting your personal aesthetic goals. Do not compromise your high standards. Call to schedule a convenient appointment at the **Valley Plastic Surgery Center** today at **847-836-3200**.



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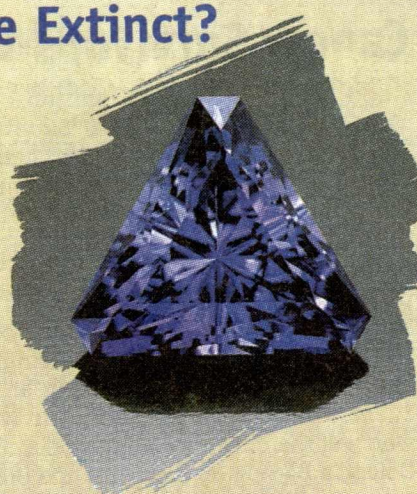


## Tanzanite—Soon to be Extinct?

This beautiful intense blue-violet gemstone is mined in only one location in the world—Tanzania, Africa. Last month, the mine in Tanzania flooded and collapsed. As a result, there is no tanzanite being mined to date and it has not yet been determined when or if the mine will reopen. **Celine Fine Jewelry, Ltd.** still has a limited supply of gem quality stones available both loose and set. Tanzanite may very well become your next best investment in gemstones for years to come.

Stop by to experience the extensive collection of fine quality jewelry and gemstones. **Celine Fine Jewelry, Ltd.**, for those who know the difference.

We are located at 318 Old McHenry Road in Long Grove, IL. **847-478-1823**.



Our hours are: Wednesday, Thursday, Friday 10:00 a.m.-4:30p.m.; Saturday 10:00 a.m.-5:30 p.m. and Sunday 12:00-5:00 p.m.

## Tricia's Garden Path Florist

As a traditional full-service florist, Tricia's offers:  
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## Along the Garden Path

Along the garden path, bright colored blossoms overflowing from their beds catch your eye. Then, oh, what fragrance! And, once you get to **Tricia's Garden Path Florist of Long Grove** you'll find all sorts of floral delights. Moss-lined baskets brimming with colorful annuals for your deck, unique Italian terra cotta pots and window boxes to dress up your patio or outdoor sitting area, and of course, always beautiful garden-style fresh floral designs and topiaries to fill your home. Whatever the occasion, **Tricia's Garden Path** has something for you. So, stop in and take time to smell the roses!

144 Old McHenry Rd., Long Grove.  
**847-821-0591**. Closed Sundays, sorry.

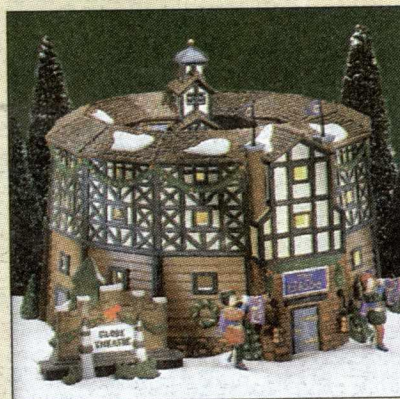


## Pine Cone Christmas Shop Hosts Special Events

Pine Cone Christmas Shop is proud to sponsor three very special events during the month of June. These events are a **Department 56 Swap-a-Sell**, a **Herr Christian Steinbach Signing**, and a **Possible Dreams Signing**.

The biannual **Department 56 Swap-a-Sell** will take place on Saturday, **June 20 from 9:00 AM to 2:00 PM**. Forty tables will be set up under the Big Top in Fountain Square of Long Grove. Complimentary coffee, apple cider and apple cider donuts will be available until noon time. Throughout the day there will be hourly door prizes and a **20% discount** on all Department 56 in-stock non-porcelain accessories (animation excluded).

**Herr Christian Steinbach**, "King of the Nutcrackers," will make his triumphant return to Pine Cone on Sunday, **June 28**



Department 56's  
"The Old Globe Theatre"



Steinbach's "The White Rabbit"

from **12:00 - 5:00 PM**. In honor of his visit and signing session, all German nutcrackers and smokers are **20% off** regular retail price. Pine Cone will ship free of charge anywhere in the continental U.S. for any sale over \$100. All nutcrackers and smokers purchased between now and the event will be signed (receipt required). Each collector may bring one nutcracker from home and another for every one purchased throughout the date of the event.

**Warren Stanley**, creator and President of "Possible Dreams Santas," along with **Tom Browning**, leading artist for "Possible Dreams," will make a signing appearance on Sunday, **June 28 from 12:00 - 5:00 PM**. "Possible Dreams Santas" are the most collected **Clothtique Santas** produced—a must for any Santa collector.

For more information on any of these events and for reservations, call **847/634-0890**.

## Pine Cone Christmas Shop's Department Bi-Annual SWAP 'N SELL

**SWAP-N-SELL**  
**SATURDAY, JUNE 20**  
**9:00am to 2:00pm**

—Hourly Door Prizes—  
**20% Discount on Dept. 56**  
**non-porcelain accessories**  
(animation excluded)

**HERR CHRISTIAN STEINBACH**  
"King of the Nutcrackers" &  
**WARREN STANLEY &**  
**TOM BROWNING**  
from "Possible Dreams Santas"  
**SUNDAY, JUNE 28**  
**12:00pm to 5:00pm**

FOR MORE INFORMATION: CALL 1-847/634-0890

**PINE CONE CHRISTMAS SHOP**

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the only, selection of hand-loomed flax linens in North America. There are also ceramics, wood carvings, leather boxes and journals, fine chiffon silk scarves, hand-knitted wool socks, hats and mittens, hand-knitted linen sweaters and vests, hand-blown lead crystal, glass, and other unique and unusual items to provide one-of-a-kind gifts. Also, let's not forget: AMBER! AMBER! AMBER! And more AMBER!

## Art in July Sculpture Walk...

...Sponsored by the  
Long Grove Rotary Club and  
The Studio of Long Grove

Strolling the streets and sidewalks, historic Long Grove will again become a cultural experience for visitors during July. Over 20 life-sized, bronze sculptures by more than a dozen of the nation's top artists will be located throughout the village. Pick up a map of the installations at **The Studio of Long Grove Galleries** or at the information center or call 847-634-4244.

*Windy by Rosalind Cook*



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*The Studio of Long Grove*  
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## Red Oaks Annual Garage Sale—June 27 and 28

**Red Oaks** home furnishings in Long Grove, Illinois, will be holding its largest sale event of the year on June 27 and 28. Each year during Long Grove's *Strawberry Festival*, **Red Oaks** puts up tents and fills them with furniture and accessories at 50-80% below the original selling prices. Most of the pieces selected are discontinued items or former showroom samples—some brand new from the box and others with minor dents and dings. It's a fun time to look for a special treasure and later stroll the town enjoying other festival events.

Worth noting, this is a cash and carry event. Credit cards are not accepted on sale merchandise, and you should be prepared to haul away your purchase. Delivery of large furniture items can be arranged at additional cost. Parking during the festival is often limited, so plan to come early. Sale begins at 10:00 a.m.

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**Raymond P. Kotz, DDS, PC**  
**Stephanie Skopek, DDS**  
129 Park Avenue  
Barrington, IL 60010

**847-381-4040**



**FINE ART FINE CRAFT FAIR**

Presented by  
Northwest Community Healthcare  
and the  
Northwest Cultural Council

**June 27 - 28 • 10 am - 5 pm**

on the grounds of Northwest Community Hospital  
800 W. Central Road • Arlington Heights

Visit Northwest Community's newly redeveloped campus and view the work of 100 leading artists from across the country. Also enjoy musical entertainment, great food, and children's activities, including a special hands-on Kids Meet Art program. Admission and parking are free. Rain or shine.

For more information, call 847.618.3461.



Northwest  
Community  
Healthcare



## Children's Summer Theatre Workshop

Young actors and rising stars, there is still time to enroll in The Barrington Area Arts Council's Summer Theatre Workshop for children in grades 3 through 8 at the Barrington Middle School Station Campus. The workshop will run from 9 AM to 1 PM on Monday, June 15 through Friday, June 19 with a performance of *Snow White and the Seven Dwarfs* on Friday night at 7 PM for friends and families to enjoy.

This year the workshop will be pre-

sented by Missoula Children's Theatre of Missoula, Montana who has refined and developed their theatre workshops since 1973. The Children will participate in discussions, theatre games, creative projects and learning scenes from the production of *Snow White and the Seven Dwarfs*.

The cost is \$65 for BAAC members and \$75 for non-members. For reservations and additional information, call the BAAC Gallery at 847-382-5626.

## Pi Beta Phi Alumnae Club

The Arlington Heights Pi Beta Phi alumnae Club will meet on Wednesday, June 10 at 7 PM for their Annual Spring Potluck

Dinner.

Please call Kelly at 847-394-8481 for more information.

**24** Barrington LIFESTYLES June 1998

## Drs. Kotz, Skopek & Spiekerman X-Rays in Dentistry

by Penny Spiekerman, DDS



There has been recent concern about overexposure to radiation. Excessive doses of radiation have been linked to wrinkles, birth defects, sterility, and even some forms of cancer.

By definition, x-rays are a form of electromagnetic radiation similar to visible light, but having shorter wavelengths. William Roentgen discovered x-rays more than 100 years ago. In 1895, Dr. Otto Walkoff made the first dental radiograph. A radiograph is a photographic record of an image produced by the transmission of x-rays through an object. In dentistry, x-rays pass through the tissues of the oral cavity.

The development of x-rays for dental diagnosis has continually improved with time.

There are three basic types of intraoral (in the mouth) radiographs that are utilized in general dentistry. The periapical "PA" lends examination of an individual tooth and its supporting structures (bone, ligament, nerve), and aids in diagnosing pathology.

The interproximal "bitewing" is useful in detecting caries between the teeth. It reveals areas of initial demineralization and active decay. The occlusal film allows for evaluation of a specific area of the maxilla or mandible, and is helpful in determining if a bone fracture is present.

If you have had braces or your wisdom teeth extracted, a panoramic film may have been

taken. This type of *extraoral* radiograph is commonly utilized by orthodontists and oral surgeons as a valuable supplement to the intraoral radiograph. It shows crucial structures not visible on intraoral films like the nerve canal and temporomandibular joints. It is also useful in detecting cysts and tumors.

Our office adheres to ADA recommendations and standards regarding dental radiography. We protect all patients from receiving unnecessary radiation by utilizing lead aprons with collars. The lead absorbs radiation and the collar protects the thyroid gland. We also use double pocket ultra fast speed film. Faster films reduce exposure time, which reduces the amount of radiation that reaches the tissues and the second film provides you with a copy for your insurance without additional exposure. Bitewing radiographs are updated annually, and a complete set is taken only once every four years. This allows our records of your dental health to be current and complete.

For a thorough diagnosis and prevention effort, please contact **Drs. Kotz, Skopek, and Spiekerman** at (847) 381-4040.

## Northwest Community Healthcare to Host "Heart of the Community"

"Heart of the Community" is the theme for a two-day community celebration, including a Fine Art Fine Craft Fair, set for Saturday and Sunday, June 27 and 28 from 10 AM to 5 PM on the grounds of Northwest Community Healthcare, 800 W. Central Rd. in Arlington Heights.

The celebration marking the completion of Northwest Community's campus redevelopment project is being presented by Northwest Community Healthcare in cooperation with the Northwest Cultural Council. The juried art fair will showcase the works of approximately 100 leading artists from across the country.

In addition to touring Northwest Community Healthcare's campus, visitors can enjoy a variety of musical entertainment, purchase healthy food selections catered by Lou Malnati's and participate in children's activities including a special hands-on "Kids Meet Art" program sponsored by the Northwest Cultural Council. Admission and parking is free. The event will be held rain or shine.

For almost 40 years, Northwest Commu-

nity Healthcare has provided quality, compassionate health care services to the people of the northwest suburbs. Northwest Community Healthcare includes Northwest Community Hospital, three 24-hour Treatment Centers, the Wellness Center, Continuing Care Center, Day Surgery Center, Home Healthcare Services and six physician office locations. With a dedicated community-based staff of more than 700 physicians, Northwest Community offers an extensive range of services and is known for excellence in cancer care, cardiology, emergency medicine, family medicine, mental health, orthopedics, rehabilitation and women's and children's services.

Northwest Community Healthcare is a member of Northwestern Healthcare, one of the Chicago region's leading integrated health care systems. Its more than 4,000 affiliated physicians and nine institutions deliver comprehensive and cost-effective health care solutions to consumers, employers and insurers.

For more information, call Northwest Community Healthcare at 847-618-3461.

## Long Grove—Strawberry Festival

June is the perfect month to rediscover **Historic Long Grove**. New shops and new products combine with old-fashioned service to make your shopping, dining and strolling through the Historic Business District a delight.

Be sure to join us for the Strawberry

Festival on June 26, 27 and 28. Strawberries rule supreme (and delicious) during this 16th annual family weekend.

For more information about shopping and special events, please call **847/634-0888**.





## BAHS Village Antique Show

For the fifth consecutive year, the Barrington Area Historical Society will sponsor its annual Village Antique Show on Saturday, June 27, 1998 from 9 AM to 5 PM. This popular event will be held on the grounds of the Pepper Construction Company where professional antique

dealers from seven states will be displaying their unique antique pieces in this open-air, parklike setting.

Regardless of whether you are a serious collector or just a weekend browser, there will be a large variety of styles and prices to suit your taste at the Village Antique

Show. Lynn Rushing and Pat Fein, co-organizers of this show, have carefully selected dealers from around the country who offer the finest quality of merchandise and the most diversity. For sale will be English oak and French furniture as well as primitive furniture. Flo Blue and Nippon china, fine silver, heirloom jewelry and decorative architectural pieces will also be available as well as a vast array of other specialty items. Featured this year will be a variety of very fashionable period accessories for the outdoor garden.

Because of its popularity, the Village Antique Show, will again offer its Antique Road Show. Professionals from the Dunning Auction House of Chicago and Elgin will be on hand to appraise your personal items and tell you a little bit about each of your family treasures. The ser-

vice is provided for a donation of \$5 per item.

Located just off Northwest Highway (Route 14) between Route 59 and Lake Cook Road, the site for the Village Antique Show offers ample parking on the grounds at no additional cost. There is an admission fee to the Village Antique Show of \$5 per adult. Children under 16 are admitted free. A large selection of food and drinks will be sold throughout the day.

All proceeds from the Village Antique Show go to support the Barrington Area Historical Society's mission to preserve historical documents, to exhibit the history of the area and to provide educational programs to the community.

To find out more about the Village Antique Show, call the Historical Society's special events hotline at 847-381-6855.

## New Arrivals Add Diversity to Group

Drs. Robert Pines and Thomas DiGiulio are happy to welcome two new physicians to their practice. DR. ANN T. WARREN will join **Barrington Obstetrics and Gynecology Associates** in mid-May. And DR. JULIE C. DOHR will join the group in early July.

The practice will continue to deliver the same quality care it has always provided to the community. However, with the addition of the new physicians, they will be able to offer additional, convenient hours at both their Barrington and Crystal Lake locations.

The Doctors believe that a Group Practice of Obstetricians and Gynecologists is ideally suited to meet the patient's individual needs. To know that one of your

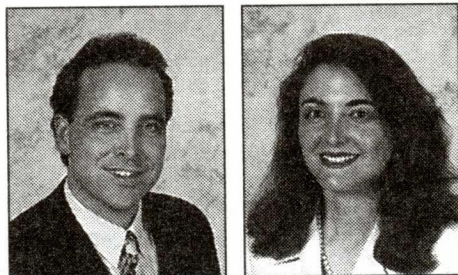
Doctors is ALWAYS available, for both emergent and routine care, provides one with a peace of mind. Another benefit of the group practice is that it provides a patient with an immediate second opinion, if one should become necessary!

The philosophy of the practice is based on mutual respect for each other and for patients. The Doctors encourage patients to become actively involved in their health care and establish a comfortable dialogue with them about the nature of their concerns. By blending traditional concepts and proven techniques with current medical advances and innovations, the Doctors feel they will be responsive and sensitive to their patients needs.

## Facial Plastic Surgery, Looking Your Best by Gary S. Churchill, MD

Humans have a unique capacity to express emotion through facial expressions. Unfortunately, when we do this, we form expression lines where our skin repeatedly folds. Over time, and with the accumulated damage of sun and other environmental factors, these expression lines become permanent creases. There are a few different options available to lessen the depth of these creases. Collagen injections have been available for years and more recently fat injections and Gortex insertion have become popular. While these treatments provide very nice results, there are some potential problems with them. About 1-2% of the population is allergic to Collagen, and the improvement obtained with Collagen injection will completely dissipate within six months. Fat, on the other hand, never causes an allergic reaction, however, enough of it will dissipate in six months so that a series of injections are required to maintain the correction. Gortex is the same material that artificial blood vessels are made of and it is well tolerated by human tissue. Nevertheless, this is a permanent implant that when placed beneath the skin has a small potential of rejection and can sometimes be felt beneath the surface. While all of these have been used with excellent results, the search for an ideal filler has continued. An ideal filler for creases would be a material that is easy to insert, becomes incorporated by the tissue without risk of rejection and maintains its correction permanently.

There is now such a filler available. Alloderm was used for about five years as a grafting material for burn victims before being approved for use in soft tissue augmentation (or building up). Alloderm is actually the substructure of human dermis. All the cells have been removed and it is freeze dried. After being rehydrated, Alloderm is cut into small strips which are



Gary Churchill, MD



Ilana Sweis, MD

threaded beneath the crease of the skin through two small needle holes. The insertion sites disappear in a few days and patients can usually resume normal activity almost immediately. At first, the Alloderm can be felt beneath the skin, but over a few month's time, the Alloderm becomes part of the patient's own tissue as cells grow into the area. As this happens, the Alloderm can no longer be felt and a very natural soft feeling is obtained. Alloderm is usually inserted beneath the skin after injection of a local anesthetic. We have used it in frown lines, smile lines and lips. It has also been used in nasal reconstruction and scar improvement. There will no doubt be new uses for Alloderm as time goes by. Alloderm is not currently being used for the very fine lines around the eyes. This is still better treated with laser resurfacing. While some may prefer Collagen, fat or Gortex, it's nice to have an added option for reversing the signs of aging. A consultation is required to determine which filler is best suited for an individual patient.

**Facial Surgery News** is an informative quarterly newsletter written by Dr. Gary Churchill and his office staff. It covers various procedures and the newest advances in facial plastic surgery. The newsletter is available without obligation on a complimentary basis. If you would like to be added to the mailing list or obtain any further information, simply contact the office at (847) 304-1000.

Dr. Robert Pines & Dr. Thomas DiGiulio  
are pleased to introduce two new associates...



Dr. Robert Pines



Dr. Thomas DiGiulio



Dr. Ann T. Warren



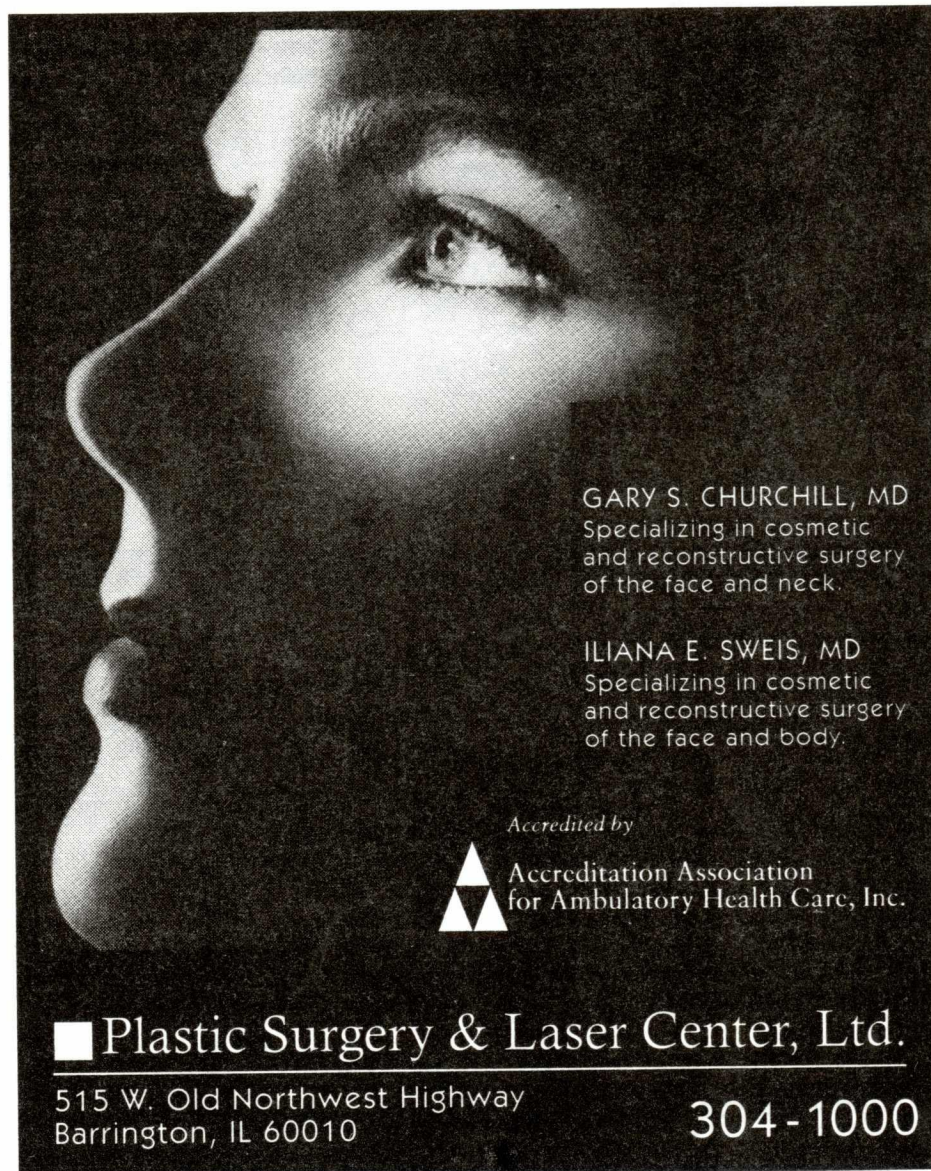
Dr. Julie Dohr

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## Employment Fair '98

The Northwest & Schaumburg Association of Commerce & Industry (NSACI) will sponsor its second Spring Employment Fair '98 on June 9 at the Arlington Park Hilton, 3400 W. Euclid Avenue in Arlington Heights. The hours will be from 2:30 to 7:30 PM and will feature two seminars. The event is free and open to the public.

Approximately 50 recruiters will be present from various industries seeking qualified individuals to fill current position openings. Current unemployment figures

are at the lowest in 20 years. In today's market, recruiting is the biggest challenge for Human Resource or Staffing Industry Professionals. There are simply too many job openings and not enough competent individuals to fill them.

Two seminars will be open at no charge to those attending. "Adventures in Interviewing" will be held at 1:00 PM and "Resume Secrets" will be held at 1:45 PM. Seminars will run back to back and will conclude at 2:30 PM.



## A Gift for All Reasons

If your next two months are filled with parties and family affairs, all with gifts to give, with no time to spend shopping for the right gifts, **Tranquility** has the solution to all your problems.

A gift certificate from us is a gift that's just right. Don't worry about the size, color, or if they have one or not. We can fit every client that walks in the door. And we fit every budget, you can spend as little as \$10 or \$220 for a full day.

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technology in hair care, skin care, nail care and massage. What better gift could you give?

Fathers day is a time to give dad a gift certificate for a professional hair cut and you may want to include a therapeutic massage to complete his gift.

June is the time brides can enjoy a great gift of pampering to make their wedding plans worry-free, enjoying a full day at **Tranquility**.

Welcome the ones you love into our world of **Tranquility**. Let us show them how much you care about them. You'll find us at 123 West Main St. or your gift certificate order can be taken by phone. Please phone us at **382-6001**. We look forward to helping choose the perfect gift for all occasions.

## The Safest and Most Effective Way to Remove Unwanted Fat

Liposuction is the most commonly performed cosmetic procedure in the United States and there is a good reason why. The reason is the modern "tumescent" technique of anesthesia.

American dermatologists and plastic surgeons learned liposuction from French physicians and brought the procedure to the US in the early 1980's. At first, the procedure was characterized by a number of shortcomings.

The surgical instruments used were bulky and had to be inserted into the fat through rather large incisions that always required stitches. The large diameter of the suction cannulas created large tunnels under the skin as the instrument was moved in and out to extract the fat. As these tunnels collapsed during the healing process, a lumpy quality often developed in the treated areas.

In addition, the amount of fat that could be removed at one time was limited because there was a serious problem with blood loss and a resultant need for replacement of body fluids. In fact, blood transfusions were commonplace.

Liposuction was major surgery performed with general anesthesia (and still is today by many surgeons). Dermatologists like to point out that it was one of our own dermatology colleagues, Dr. Jeffrey Allen Klein, who, in 1987, reported the first liposuction patients treated totally with local anesthesia. It was this dermatologist's work in conceiving and perfecting the anesthetic technique using a special dilute solution of lidocaine (what your dentist uses) that has made liposuction



**David P. Van Dam, MD**

what it is today.

It is the anesthetic that permits use of small instruments that eliminate stitches and post-op lumpiness. Even when large volumes of fat are removed, blood loss is limited to less than a tablespoon per liter of fat. Perhaps most important is that general anesthetic is absolutely unnecessary.

Hundreds of thousands of cases of liposuction have now been performed using only tumescent local anesthesia and Dr. Klein's original observations have been confirmed—*body contouring using the tumescent technique is the safest and most effective way to remove localized accumulations of unwanted fat.*

For the highest level of comfort and safety, only local anesthesia is used to perform body contouring in our office. **David P. Van Dam, MD** has studied with Dr. Klein and has extensive experience with the liposuction procedure. Call our office at **847-382-5111** for a private consultation—for *your* life... for *your* skin.

## Membership Salad Luncheon

The Barrington Area Branch of the American Association of University Women (AAUW) will host its Annual Membership Salad Luncheon on Saturday, June 13, 1998 at 11 AM. The luncheon provides an opportunity to introduce potential members to AAUW and its various programs.

AAUW is a national organization committed to educational equity for women and girls. The Barrington Area Branch sponsors monthly programs, hosts social activities, and is active in the Barrington

community. The Branch's study groups include several investment clubs, two book discussion groups and Great Decisions. Its social activities include a gourmet group, bridge, a golf gaggle and an outdoor enthusiasts group. Membership is open to anyone with a baccalaureate or higher degree from an accredited college or university.

For more information, call Caroline Sobolak, Vice President of Membership, at 639-1262.



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## Letting Go

by Judy Kaplan, MS

One of life's most difficult lessons is that of "letting go". We have all heard that phrase in the context of different circumstances. One can "let go" of worrying, controlling others, children, a love affair, lifelong dreams or material possessions just to name a few. Nobody goes unscathed. "Letting go" is an essential part of God's magic.

Each stage in life requires one to let go of something. As our children grow up, we must let go of them—in order that they may live their lives independently. While this is a normal, healthy and necessary process, it is one of a parent's most difficult tasks in life. As a relationship draws to a close, we must let go of the past, the person, the routine and the dreams of the future together. Despite the pain, sometimes it is the necessary thing to do in order to go on, move forward and enjoy life once again. Similarly, as we lose a loved one to death, we must let go of that person while only keeping the memories alive in our minds and hearts.

Judith Viorst, best-selling author, wrote a book called *Necessary Losses*. This book conveys the essence of "letting go"

through the various stages in life. Her message strongly confirms that the "letting go" process is part of the passage toward growth and change that breeds wisdom, insight, maturity, emotional health, strength and character.

Having said that "letting go" is not only inevitable, it is essential—the question then becomes how do you deal with it? How do you reconcile the loss in your head, in your heart and in your behavior? How do you avoid permanent depression or anxiety? How do you move on, cope and endure the pain and sadness of the loss? Although the answer is not an easy one—nor is it clear—because the truth lies in a different place for everyone, there are ways to successfully move through the process. Keeping the faith, educating yourself, finding support and finding resources for help are just a few concrete suggestions to begin with. There are a variety of ways that one can enhance their coping skills and growing through the pain of loss. If you are "stuck" then perhaps I can be of assistance. Call **847-842-9365**. I am familiar with the pain of loss and I would be happy to share my insights with you.

## Why Do I Have Space Between My Front Teeth?

by Drs. Michael Hayward & Robert Skopek

Spacing of the front teeth is a major reason why patients, and particularly adult patients, are motivated to seek orthodontic treatment. Frequently, they hope a simple removable appliance or cosmetic bonding from their family dentist will provide an immediate and uncomplicated correction of their problem. Sometimes this is true, however a thorough diagnosis of the factors contributing to the spacing is essential to the success of the treatment, and this will usually require a multidisciplinary approach.

For example, periodontal disease or "gum disease" can lead to the drifting of teeth which can result in spacing. A poor bite relationship can place uneven pressure on teeth which can lead to unfavorable tooth movement and subsequent spacing. Having teeth that are simply too narrow for the width of the Jaw can result in spaces between the teeth. Many different treatment modalities may be employed to correct the problem from orthodontic tooth movement to cosmetic procedures performed by the family dentist.



Dr. Michael Hayward



Dr. Robert Skopek

Determining the factors contributing to the spacing problem and reversing these factors are the first steps in successful treatment. It is essential to have good communication among the orthodontist, the family dentist and any other specialists that may be treating the patient. A comprehensive examination is the foundation of a sound treatment plan. **Drs. Michael Hayward and Robert Skopek** are specialists in orthodontics and can answer any further questions you may have. Their offices are in Barrington, **847-382-5588**, and Palatine, **847-359-7980**.

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## Seven Tons of Food Collected

"The National Association of Letter Carriers (NALC) and Palatine's United States Postal Service collected seven tons (14,000 lbs.) of food from postal customers in the Inverness and Palatine areas during their fifth annual nationwide food drive on May 9. On May 11, the food was distributed to 19 registered food banks and pantries in the northwest suburbs and three of the northwest suburban churches sharing parishes in Chicago," reports Food Drive Chairman Carl Oefelein, vice-president of NALC Branch 4268 from Barrington. Coordinating the drive with Carl were Fred Gleason from Chicago and Ed Wethington from Poplar Grove.

Sponsoring the food drive with NALC and the United States Postal Service in Pa-

latine were United Way and Catholic Charities Northwest Suburban Services located in Rolling Meadows, a non-denominational service devoted to helping all people regardless of nationality, religion, race or economic background.

The tremendous success of this effort to feed the hungry is due, in great part, to the generous letter carriers, their families, friends and volunteers who promoted the food drive and sorted, boxed and distributed food. Among those who helped were St. Anne's Project HOPE, Barrington; St. Emily's St. Vincent de Paul Society, Mt. Prospect; Domino's Pizza; and Catholic Charities Northwest Suburban Services, Rolling Meadows.



# Grayslake Arts Festival



**June 13**  
**10 a.m. - 5 p.m.**  
**(Rain date June 14)**



**Over 60 Fine Art & Craft Artisans**

**Enjoy non-stop live music**

Downtown Grayslake,  
northwest of 83/120 -  
follow the signs!

*Have lunch...taste wine & beer*

Sponsored by The Grayslake Downtown Merchants & Heritage Association, Grayslake Area Chamber of Commerce, News-Sun, ATC Wagge, Community Trust Credit Union, First of America Bank, Koenig & Stray, and State Bank of the Lakes

## Third Annual Grayslake Arts Festival to be Held June 13

The Third Annual Grayslake Arts Festival is coming to downtown Grayslake on June 13 from 10 AM to 5 PM. (The rain date will be June 14.)

Over 60 artists will line Center street offering a varied selection of fine arts and crafts including watercolors, oils, photography, pottery, mosaics, stained glass, sculpture, jewelry, fabric art and pencil drawings.

Live entertainment, on the hour, will include: The Antioch Brass Quintet; folk singers Ruth Ann Lillstrom and Gary Altergott; The Dance Connection's "Spot-

light Company"; Svelte Bobby and the Soulfixers, a jazz and blues band; Spiff and The Deductions, an original rock 'n roll band; and The Rich Mancilla Quartet, a jazz band.

The food selections will include Ben and Jerry's Ice Cream, Carmen's Pizza, H & H Barbecue, Kean's Bakery and Something's Brewing. And the Grayslake Exchange Club and Glunz Family Winery will be hosting a specialty beer and wine tasting tent.

Bring the family to historic downtown Grayslake and enjoy a day of art and fun at Lake County's friendliest arts festival!

## Parents—for Better Grades, Build Children's Self-Esteem

Parents are their children's first teachers, and continue to have significant influence on a child's learning throughout life. A major result of what parents teach children is the child's self-image.

According to Dr. Raymond J. Huntington, founder and president of **Huntington Learning Centers**, "Parents have a dramatic influence in shaping a child's self-image. If you help your child feel capable, your child will come to believe in himself."

Dr. Huntington offers the following suggestions:

**Set high, but realistic, expectations.**

Your children will strive to live up to your expectations. But be careful—if your expectations are unreasonably high, your child may not be able to meet them and will feel like a failure.

**Focus on the positive.**

Talk with your children about how proud you are when they try something. When a child brings home an assignment, focus on the questions answered correctly rather than the ones answered incorrectly.

**Help children learn from their mistakes.**

When children are unsuccessful at something, indicate that it's a temporary setback, not a failure, as long as they learn something. What stopped them from succeeding? How can it be avoided next time?

**Give children a special place to display accomplishments.**

The refrigerator door is ideal. When friends and relatives visit, share the special items and let your child feel successful. You can also start a scrapbook of your children's accomplishments.

**Help your children set goals.**

By accomplishing goals, children feel successful. You can help break down "big" or long-term goals into manageable steps, and help your child monitor progress. This teaches children how to plan and how to manage time. Praise every attempt, whether successful or not.

**Give children responsibilities at home.**

Having responsibilities gives children a sense of importance and participation. Being relied on to perform a necessary task increases a child's self-esteem.

"For children to believe they can succeed, it's vital that their parents believe they can succeed," Huntington adds. "If parents focus on every 'good try' children will be more likely to keep trying. If a child feels good about himself and has a good self-image, he won't shrink back from a challenge out of a fear of failure. He will continually strive to do his best."

For further information, or to discuss a specific problem, parents are encouraged to call **The Huntington Learning Center** in Barrington at **847-382-3655**.

### Why Do Smart Kids Struggle?

Your child may need help with weak study skills or poor reading or math skills. He or she may be unmotivated or lack confidence, despite a good I.Q.

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Lack of Confidence

No Motivation

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## More Than 100 "Heroes" Gather for ABMCF Recognition Celebration



The Alexian Brothers Medical Center Foundation (ABMCF) honored more than 100 "heroes of giving" at a special Recognition Celebration on Wednesday, April 29 at Baxter Healthcare in Deerfield. The special event acknowledged the dedicated and generous efforts of community members, medical staff, employees and volunteers who have worked with the ABMCF this past year. Pictured (l to r) are Guests of Honor: Harold Kollars, Elk Grove Village; Angie Manseau, Elk Grove Village; Rosemary Kollars, Elk Grove Village; and Dr. Anthony and Bev D'Agostino, Inverness.

## Children's Chorus Holds Auditions

The Evanston Children's Chorus, a program of The Music Center of the North Shore, is holding auditions for 2nd through 8th graders for the 1998 summer session and the 1998-99 school year. Rehearsals for the 7-week summer session are held late afternoons on Tuesdays and

Thursdays, beginning June 16. Rehearsals during the school year are on Wednesdays at 4 PM and 5 PM. The chorus, directed by Mary Brown, meets at Immanuel Lutheran Church in Evanston. Auditions will be held on Mondays, through June 15. Call 847-866-9161 to schedule an appointment.

## "A Lively Landscaping Luncheon"

"A Lively Landscaping Luncheon" is being planned by the Northwest Suburban Christian Women's Club. Everyone is invited to the luncheon on June 11, 1998.

Landscape designer Dawn Williams will give us great ideas for our yards, Yvonne Wolf will brighten our afternoon with song and Nancy Hawley will talk about a

family story of hope.

The luncheon will be held on Thursday, June 11, 1998 from 12 to 2 PM at Concorde Banquets on Rand Road, just north of Quentin, in Kildeer. The cost is \$10.

Please call Gail at 847-438-8197 or Betty at 526-3043 no later than June 8 for reservations.



# BEAUTIFUL

## HOMES & GARDENS

### Special Seasonal Section



### Security and Beauty with Outdoor Lighting

A home's landscaping is, if done well, its crowning glory. Tastefully executed landscaping can make even the plainest house look appealing, just as poor landscaping can ruin the appearance of a mansion. Consequently, every year Americans spend millions of dollars installing, enhancing and maintaining both residential and commercial landscapes. The shame of it, though, is that every night when the sun dips below the horizon all of that expensive landscaping is virtually invisible for 10 or 12 hours.

Rudy Kruse, president of **CFC Nite Lites**, has set out to change that by installing landscape lighting which accents elements to which your eye is naturally drawn during the day—flowering trees,

artwork, building features and so forth, using a wide variety of techniques including uplighting, crosslighting, moonlighting and pathlighting.

"There are three main purposes for outdoor and landscape lighting," Kruse explains. "The lights offer added home security. They also offer safety around steps and other potential hazards. And, of course, there are the aesthetic considerations. In fact lighting actually makes a yard appear larger than it is and there is also the opportunity to light up special characteristics of the house itself like special brickwork, cornices and fireplaces."

Call **CFC Nite Lites** at 847/658-5469 for your free estimate.

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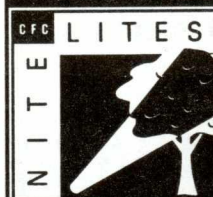


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Has someone in your workplace or community changed conditions for people with physical disabilities? He/she could win the 1998 Henry B. Betts Award, a \$50,000 unrestricted cash prize awarded by Prince Charitable Trusts. The Betts Award Jury seeks an individual who makes significant contributions to quality of life for people with physical disabilities. The work can be in any field. The candidate does not have to be a person with a disability.

**Winners Serve the Third World; Draft Laws; Empower Families...**  
Created in 1989, the Award honors both pioneering efforts and dynamic vision typified by Henry B. Betts, MD, of the Re-

habilitation Institute of Chicago. His work has been to change social attitudes toward physical disability. Laureates have come from communities as diverse as Cabin John, Maryland; Rockford, Illinois; and San Rafael, California. Past winners include:

- a civil rights advocate
- a medical doctor specializing in psychiatry (fizzy-a-tree)
- a teacher who founded a national network of computer technology centers
- an engineer who designs and builds wheelchairs for Third World users
- an author who initiated the first civil rights legislation for people with disabilities
- an executive of an organization that

## Paving Stones Add Elegance!

We all enjoy that perfect setting—that beautiful landscape—surrounding a home and office complex. Such a setting didn't happen spontaneously. Special settings that generate feelings of wonderment, tranquility, and contentment depend on both the perfect design created by a professional landscape architect and the perfect installation completed by well trained installers. Such beautiful landscapes aren't limited to shrubs, trees, and other selected plants. They can include a variety of elegant patio, sidewalk, and driveway designs utilizing **Paveloc Paving Stones** that exquisitely enhance the entire setting. Combined with natural landscape borders and timbers or lush ground covers, the **Paveloc Paving Stones**, used in contemporary, traditional, or country designs, promote the desired effect.

Create your own perfect setting—call the professionals at **Tom's Lawn and Landscaping**. They provide complete



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## Barrington High School 1998-99 Swing Choir

The Barrington High School Fine Arts Department would like to announce the new members of the swing choir for the 1998-99 school year. Approximately 50 students auditioned in late April to become a member of the BHS Swing Choir, which is also known as Collage.

The new members are: Jamie Dierkes, Jenny Jersey, Margaret Murray, Caity Tomasek, Milissa Skoro, Maggie Strobel,

Dave Burton, Whit Conway, Nick Sauer, Dave Sesso and Chris Tucker. The returning members are: Tara Gibson, Jordyn Gitelis, Tarah Moraitis, Leigh Welch, Kevin Keleher, Andy Ohlrich, Tim Shelton, Tim Vance and Scott Viohl. The accompanist is Paige Bero, the choreographers are Katie Edinger and Erin Mc Breaty, the guitarist is Troy Young and the teacher is Mrs. Pam Hanley.



benefits over 8 million families.

All nominations must be submitted on official forms and *postmarked by the June 19 deadline*. A national Jury will select the winner in the autumn and award the

\$50,000 prize. Direct all questions and requests for official forms to: The Henry B. Betts Award, 303 W. Erie, Suite 400, Chicago, IL 60610, 312/335-1592, e-mail: hbbaward@nathanpr.com.



## Would Your Family Enjoy This?



Summer will soon be here. With it comes carefree days for family fun. Wouldn't a spa on your deck be great? Spas don't have to be hot in Summer. You can have them cool and refreshing. And, on a cool

Summer night, turn it steamy again.

For a spa set in a perfect setting (your design or theirs), call **Swanson's Spas & Saunas** on Rand Road in Lake Zurich. Why put it off any longer?

## A Beautiful Sight to Behold

Heat-N-Glo and **House of Fireplaces** in Elgin now offer two 32" ElectraFire electric fireplaces—Models 32E and 32E-XL. These two exciting fireplaces allow you all of the great looks and quality of a Heat-N-Glo fireplace even when you are unable to accommodate gas or wood-burning. Both models can be installed virtually anywhere. All that is needed is an electrical outlet. They are perfect in bedrooms, dens, entertainment centers or in apartments, condos, townhomes and even mobile homes. An ElectraFire, complete with surround and mantel, can be installed within an hour. What's more, they are portable. You can take it with you when you move or you can move the brilliant look of a glowing fireplace to another room if you choose.

For those with an existing masonry or zero clearance fireplace, the ElectraFires are retrofitable for most sizes.

The standard features of Models 32E and 32E-XL include: four piece realistic



log sets, 4800 BTU heater, overheat protection, built in thermostat and adjustable flame brightness. They have separate heaters with off and on control, decorative front standard or optional polished brass, polished chrome or antique brass strips and optional remote control for greater convenience. They are safe and inexpensive to operate.

## PHD Walk for Life Brings Out Families



Participating in the PHD Annual Walk for Life were (L to R): Joan Anderson, Barrington; Tom Vincus, Barrington; Sharon Turner, Buffalo Grove; Debbie Hawalczyk, Arlington Heights; and Diane Kelly, Rolling Meadows.

On Saturday, April 25, 1998, over 100 people gathered to join PHD Board, Staff and Volunteers in their annual Walk for Life. PHD is a counseling center located in Palatine that supports women and their families faced with the challenge of an unplanned pregnancy.

The day was tailor-made for a two mile walk through the village of Palatine. Several of the walkers were young women

who had been helped by the agency and wanted to give something back. A majority of the walkers were families who wanted their children to participate in an event targeted at upholding the sacredness of human life. "This is so affirming to see," said Cathy Vincus, Executive Director. "Our mission is all about choosing life and building families. It is great to see our work in action."

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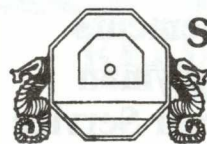
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A red and white balloon arch donated by Harris Bank in Palatine greeted the walkers, and delicious bagels donated by Great American Bagel in Palatine fed the hungry walkers. Mary Kay Williams, President of the Board of Directors said, "Next year we will have music. There is such a festive feeling with all the families, strollers, bikes and family pets—music would just add to the fun!"

PHD serves over 1200 clients annually with a total of over 3000 client visits per year. Presently, PHD is working on getting their pregnancy prevention program titled "The Independence Highway" inserted into the curriculum of local area high schools. "After seeing the effects of teen

pregnancy over the past 25 years, we felt it was time to become proactive and take what we have learned out to the teens. Our program is consequence based and abstinence centered. We really challenge the kids to think about their values and their future, and ask them, 'Does a baby or a sexually transmitted disease fit with your future?' Our goal is that they will choose abstinence for their life," said Vincus.

The Walk for Life is just one of the many events PHD has each year to support their agency. If you would like more information about PHD or would be interested in volunteering, please call at 847-359-4919.