

April 2009

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## Spring Blooms with Social Events

### Dates Set for Barrington Safety Town

### BJWC to Host Bistro Night Benefit

### Barrington Suzuki Strings Celebrates 30 Years

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NEWS MAGAZINE

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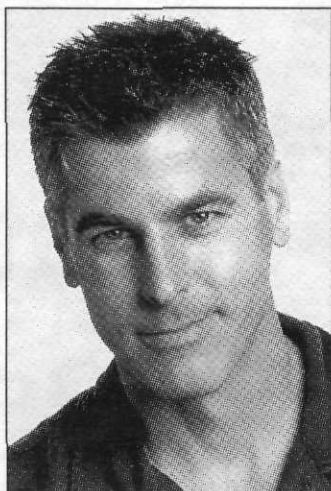
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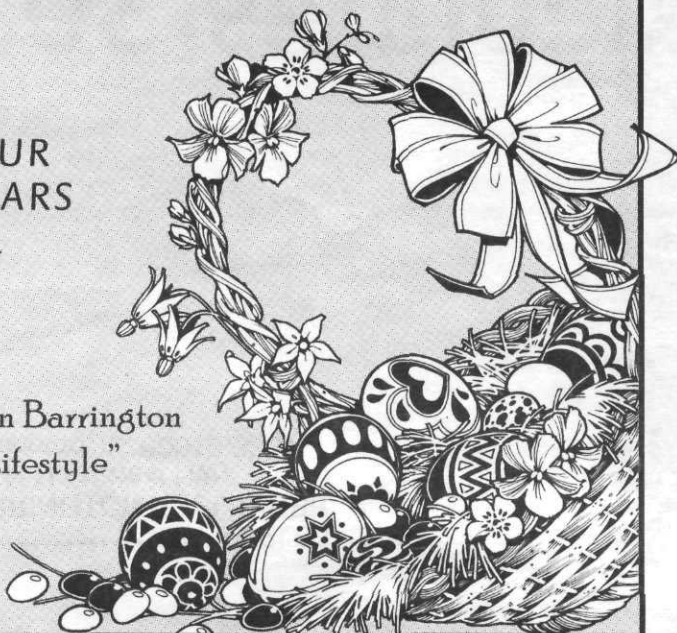
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## Editor's Ink

April 2009

Dear Reader,

Ah spring! Did we ever think it would arrive? Along with these sunny, warmer days, come fun events you'll want to mark on your calendar.

On Saturday, April 18, the Barrington Junior Women's Club will host Bistro Night at Pinstripes in the Arboretum of South Barrington. Wonderful food, great music, auctions and bocce ball await you. Proceeds go to help end domestic violence.

The Barrington Suzuki Strings is celebrating 30 years by presenting a Spring Concert on Sunday, April 19 at the Lake Zurich High School Performing Arts Center. The concert is free and open to the public. It is a wonderful opportunity to enjoy outstanding talent.

On Sunday, April 26, the Barrington Chapter of Lyric Opera of Chicago (BCLOC) will be hosting a brunch and excellent musical program at Inverness Golf Club. Catherine Mura of Lake Barrington, community relations chairperson, will also be honored for 26 years of dedicated service to the chapter. Come and enjoy a lovely afternoon.

Until next time, may all your thoughts be sunny.

With warm regards,  
Glenn McMonigal, Editor  
*Lifestyles Magazines*



## About Our Cover

**From Office to Evening.** A black cotton faille ¾-sleeved single-breasted coat covers a grey mist charmeuse sleeveless ruffle-front top and black stretch cotton "Sloane" boot-cut pants. Liz Claiborne.





## Dates Set for Barrington Safety Town and Registration

The Barrington Junior Women's Club is pleased to announce Safety Town 2009!

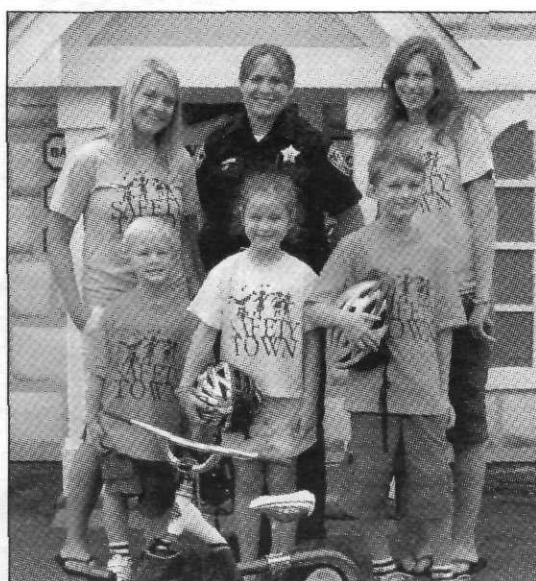
Safety Town will be offered June 15 through 26th and July 13 through 24th. During the two-week sessions, children attend classes Monday through Friday for 2½ hours each day at Health World in Barrington. Two class times are offered during each month: 9 a.m. to 11:30 a.m. and 12:30 p.m. to 3 p.m. Registration begins April 18.

Safety Town is an educational summer program sponsored by Barrington Junior Women's Club. During each session, a variety of important safety lessons are taught through participation and demonstrations. Safety topics include pedestrian, motorist, fire, bicycle, water, poison, electrical, animal and playground safety as well as stranger danger. Children also review their address and phone number and how to properly use 911 for an emergency.

An integral part of the program is the Safety Town permanent site at Health World, built in 1997 through community support. This miniature town allows children hands-on experience using safety information taught in the curriculum. Movies, songs, poems, as well as field trips to a local park and to the Barrington Public Safety Building to visit the police and fire departments are included to help children enjoy and understand the important lessons. Small group attention and building friendships are special program aspects.

Children entering kindergarten or first grade who have not previously participated are eligible. The Safety Town enrollment fee for campers is \$100. Scholarships are available based on financial need.

Safety Town registration will be held Saturday, April 18 at the Barrington Public Safety Facility for students residing in the 60010 ZIP code or eligible to enroll in School District 220. Mail-in and online registration will be available on Monday, April 20. All mail-in registrations will be



**Pictured (from left, back row) are Kelly Presmyk, Officer Rita Kelly, Meghan Reed, (front row) Cole Bower, Celia Bresch and Reed Bower.**

processed in the order they are received. Application forms will be available at the Barrington Area Library, Barrington Park District and Barrington area preschools and elementary schools. Applications will also be on line at [www.bjwc.org](http://www.bjwc.org). Applications must be signed and fully completed. A check for \$100 made payable to BJWC must accompany the application. Mail applications to: BJWC Safety Town, PO Box 803, Barrington, IL 60011.

Volunteers are needed to help facilitate the program! Youth in sixth or seventh grade are invited to participate as volunteers for Safety Town. Registration for volunteers will be held April 18, 2009 at the Barrington Public Safety Facility and application forms may be found at the Barrington Area Library, Barrington Park District, Prairie and Station middle schools and St. Anne Church School. Applications will also be online at [www.bjwc.org](http://www.bjwc.org). There is no fee for volunteers! Check it out!

All questions about Safety Town and registration should be directed to the Barrington Junior Women's Club Safety Town program at 1-847-809-1960.

## The Barrington Antique & Garden Show at the Ice House Mall

The Ice House Mall & Village Shops will feature the Barrington Antique & Garden Show on Thursday, April 23 through Sunday, April 26 presented by Tivoli Garden Antiques and local antique dealers.

The antique show will feature many local and regional antique dealers who will display their merchandise from unique furniture and accessories to outdoor furniture, garden iron benches, bird baths and houses to vintage jewelry and more.

On Friday, April 24, Fresh Flower Market of Barrington will demonstrate unique garden-inspired gifts to celebrate spring and Mother's Day. There will be a free china-and-glass appraisal from 11 a.m. to 1 p.m. on Saturday, April 25. Silver collector and appraiser Alicia Naleid will offer an appraisal on your silver items from 2

**THE BARRINGTON ANTIQUE & GARDEN SHOW & SALE**

to 5 p.m. on Saturday, April 25.

The Barrington Antique & Garden Show will be open on Thursday from noon to 7 p.m., Friday 10 a.m. to 5 p.m., Saturday 10 a.m. to 5 p.m. and Sunday noon to 4 p.m. The Ice House Mall & Village Shops is located at 200 Applebee St. in downtown Barrington, off of Lake Cook and Main Street, one block west of Route 59. For more information, call 1-847-381-6661 or visit [www.icehousemall.com](http://www.icehousemall.com).

## BCLOC to Honor Catherine Mura at Musical Brunch

The Barrington Chapter Lyric Opera of Chicago will host a brunch and musical program on Sunday, April 26 at Inverness Golf Club, 102 Roselle Road, Inverness. Catherine Mura of Lake Barrington, community relations chairperson, will also be honored for 26 years of dedicated service to the chapter.

The program will feature tenor Robert Cunningham, accompanied by pianist Marla Darjaa. Cunningham recently appeared on Broadway in the role of Paul in the 2007 Tony Award-winning production of Stephen Sondheim's *Company*. Classically trained at the Manhattan School of Music, Cunningham made his Carnegie Hall debut in 2003 and has since performed in many operas.

Marla Darjaa was born into a family of Mongolian artists and at age 6 she was accepted as a student at the prestigious Mongolian College of Music and Dance. From 2004 to 2007, she was a staff member of the Mongolian Opera Theater as an accompanist. Darjaa is currently residing in Chicago and performs at concerts throughout the area.

### About Catherine

The Barrington Chapter of Lyric Opera of Chicago is honoring Catherine Cartland Mura for her more than 26 years of service as their community relations chairperson. When Catherine accepted the responsibility for this position, she was eminently qualified.

Previously, she had been in Fontana, Wis. With her husband Romeo, she served on the Advisory Board of the Florentine Opera in Milwaukee. Catherine was a founding member of the Lake Geneva Opera Festival and The Floating Opera, a gourmet feast and musical evening in a garden setting aboard the double-deck Lady of the Lake paddle boat. Some notable guests included the late general director of Lyric Opera of Chicago Ardis Kranik, general director of the Florentine Opera John Gage, and the *Chicago Tribune's* managing editor Jim Squires. One of the cruises was filmed by WBBM-TV and the *Chicago Tribune* and other local papers published many articles covering the events.

For 10 years, Catherine had created all the graphics and promotion for the Lake Geneva Opera Festival and The Floating Opera and it was an area of responsibility that segued right into her accepting a position on the Barrington Chapter board. She was then invited to join the chapter's Executive Board of Lyric Opera. She spent another decade in this position, designing and producing an art deco all-chapter brochure and running the yearly public-



ity workshop for the other 19 chapter community relations chair people.

Through these years, Catherine's experience in the preparation of press releases, providing art and photos for the many programs and events, she developed a camaraderie with many news media people. To this day, she states that her professional exposure to *Barrington Lifestyles* has been the best vehicle for spreading the news. Catherine developed a professional friendship with its editor, Glenna McMonigal, with both currently serving as co-chairs of community relations for the Barrington Chapter.

Catherine and her husband Romeo reside in Lake Barrington Shores and are soon to be proud grandparents. They have two daughters: Theresa and her husband, Jamie Grant, live in Whistler, British Columbia, Canada, and Trinette and her husband, David DiGangi, who live in the Chicago's Edgewater Beach area.

A few of Catherine's past and present clients have included: Catholic Charities of the Archdiocese of Chicago, where she and Romeo received the 2007 "Heart of Charity" award; Barrington Youth Dance Ensemble; The Salvation Army; Arlington Park; Chicago CARE; Joffrey Ballet Chicago; the American Cancer Society; and the Mental Health Association in Illinois.

Catherine shares that being associated with the Barrington Chapter has offered her a wonderful opportunity to develop treasured friendships. As a chapter member, she treasures inside-the-opera-vignettes, dress rehearsal opportunities, and the many entertaining and educational programs. She is amazed at how quickly the past 26 plus years have passed.

The event will begin at 1 p.m. with a cash bar, followed by a lovely brunch. Tickets are \$40 for members; \$50 for non-members. Reservations, due April 20, can be made by mailing a check (payable to BCLOC) to: Margit Vogel, 260-A Timber Ridge Lane, Lake Barrington, IL 60010. For more information, call 1-847-304-0422.

## Area Seniors Invited to "Lunch on the Prairie"

Students from Barrington Middle School Prairie Campus will entertain area seniors at "Lunch on the Prairie," Wednesday, April 22 from 10:30 a.m. to noon at Prairie's campus, 40 E. Dundee Road, Barrington.

Prairie's student council, as well as its

music and home economics departments, have sponsored the event since 1998. Students will provide entertainment and brunch for seniors who attend.

Seating is limited. For reservations, call Linda Avellon at BACOA 1-847-852-3892 no later than Thursday, April 16.





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## Congress Enacts Whistle-Blower Protections to Prevent Fraud in Stimulus Spending

by Joette S. Doran, Esq.

The economic stimulus bill passed by Congress on Feb. 12, 2009 includes whistle-blower protections known as The McCaskill Amendment to ensure that employees of private contractors and state and local governments can disclose waste, fraud, gross mismanagement or a violation of law related to stimulus funds. This whistle-blower protection amendment to the stimulus bill applies to private contractors, state and local governments, and other nonfederal employers that receive a contract, grant or other payment appropriated

or made available by the stimulus bill. Protected conduct includes a disclosure to



## Great Pieces at Great Prices Make for Stylish and Savvy Choices at Assemblé

Fashionable Finds and mastering the art of putting it all together is what we're all about at **Assemblé**. As we review the rich assortment of apparel and accessories we have arriving for you throughout this month, we find a sunny selection of Spring Collections that demand your attention.

Body-conscious cuts in tops that are softly draped become sophisticated and edgy. Our gauze from Velvet is fabulous. Choose from heavenly hues of Lipgloss, Island or Pinky.

Ombre shadowing in tops from Language and dresses from Liquid add figure flattery to already forgiving silhouettes.

The trend to soft pants in cropped lengths is a great look for casual Spring dressing. Hemlines are either rolled or tied up for a spritely silhouette. To complete your new look, choose a top from one of our chic new California designers. Floral, Scroll and Bali prints—in budding brights

and pretty pastels—are in demand. Silhouette must-haves are cowl necks, faux wraps and twisted-knot fronts. Ruffles are rampant. Banded hemlines hide a multitude of sins.

It's never a bad time to buy things you love. Joe's, James and Lucky Brand top the list. Their capris and jeans are here for you. Pair them with great tees from 3 Dot, Fibers and Lila P (to name a few!) for an instant wardrobe update.

Sporty Dresses! The look is effortless to wear. They don't just work at work. Their versatility and appeal is a trend we love. Our collections present a look both cutting edge and potentially classic.

Yes, at **Assemblé**, we have the clothing that looks beautiful, feels fabulous and makes you special when you wear it. And all of this at affordable pricing!

See ya soon!

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## Spring and Summer Clothing Resale

Tired of chilly, dreary weather? Can't wait for shorts-and-sandals season? The Barrington United Methodist Women can't either! That's why they're planning a "Like New Spring and Summer Clothing ReSale" on Friday, April 3 and Saturday, April 4 at Barrington United Methodist Church, 98 Algonquin Road (southeast corner of routes 59 and 62) in Barrington. The sale will take place Friday from 9 a.m. to 7 p.m. and Saturday, 9 a.m. to noon. On Saturday, shoppers can take advantage of a Bargain Bag Sale, with all the goodies you can fit into either a \$3 or a \$5 bag! Proceeds will go towards local missions.

As its name implies, the new "Spring and Summer Clothing ReSale," patterned after our Rummage Sale, will feature all types of spring and summer clothing, jackets, swimwear, accessories, shoes and sandals for adults and children. So come check out the sensational warm weather buys!

Are you looking to donate gently used summer treasures? Donations of clothing will be accepted on Monday, March 30, 9 a.m. to 8 p.m., Tuesday and Wednesday, March 31 and April 1 from 9 a.m. to 4 p.m., and Thursday, April 2, 9 am to noon. Tax donation receipts will be available.

For information, call 1-847-836-5540.

a person with supervisory authority over the employee, a state or federal regulatory or law enforcement agency, a member of Congress, a court or grant jury, the head of a federal agency, or an inspector general information that the employee reasonably believes evidences: gross mismanagement of an agency contract or grant relating to stimulus funds; gross waste of stimulus funds; substantial and specific danger to public health or safety related to the implementation or use of stimulus funds; abuse of authority related to the implementation or use of stimulus funds; or violation of a law, rule, or regulation that governs an agency contract or grant related to stimulus funds.

The McCaskill Amendment prohibits a broad range of retaliatory employment actions, including termination, demotion, or any other discriminatory act, which includes any act that would dissuade a reasonable person from engaging in protected conduct. To prevail in a whistle-blower action under the McCaskill Amendment, an employee need not show that the protected conduct was a significant or motivating factor in the reprisal, but in-

stead must merely prove that the protected conduct was a contributing factor to the reprisal. A prevailing employee is entitled to make whole relief, which includes, reinstatement, back pay, compensatory damages and attorneys' fees and litigation costs. Where an agency files an action in federal court to enforce an order of relief for a prevailing employee, the court may also award exemplary damages. In sum, the McCaskill Amendment provides a critical safeguard against fraudulent spending of stimulus funds.

For additional employment information, please visit our Web site at—[www.joettedoran.com](http://www.joettedoran.com).

*This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own situation.*

Ms. Doran is licensed in Illinois, all Illinois federal courts and is a member of the Federal Trial Bar. She is the past chairperson of the Employment Law Committee for the Northwest Suburban Bar Association, a past president of Barrington Area Professional Women and a member of the National Employment Lawyers Association.



## "BABY YOUR COAT!" Bring It to Shari's Furs for Cleaning and Storage

Everyone at **Shari's Furs, Leathers & Shearlings** urges our customers to clean and store their coats soon. This is a must. Our cold vault storage and expert cleaning/conditioning will not only keep your fur looking its best, but will **help give it extended wearing life.**

Spring storage gives you the perfect opportunity to make small repairs or major remodels—so your fur will be ready for next year's inevitable blast of winter.

Spring is also a good time to choose a new fur for next season. **Shari's** offers the finest selection of new and used furs. And with our resale racks, you can sell your old fur or purchase an affordable pre-owned one.

At **Shari's Furs, Leathers & Shearlings**, when you purchase a new fur garment, **all alterations, monogramming, and first-year storage are included.** There are no hidden charges. This is a



wonderful time to think layaway for the following winter at today's prices.

Shari says, "Bring in your coat soon. Both you and your garment will be glad you did. It's worth the ride!"

## A Toast to Girlfriends

Each year, the Women's Club of Inverness (WCI) holds two major fundraisers, one in the fall and one in the spring. These fundraisers enable the WCI to award scholarships to local students and contribute to worthwhile organizations located in the area. The WCI embodies the strength of women dedicated to supporting various philanthropic endeavors and promoting cultural and educational activities in our community.

This year's spring event, to be held on Friday, April 17 from 9:30 a.m. to 3 p.m. at the Stonegate Conference and Banquet Centre, Hoffman Estates, is a "Toast to Girlfriends" and is entitled "Celebrating Friendship in Style." There will be silent auctions, numerous boutiques and sensational prize baskets.

The fashion show will be presented by ZZAZZ Productions.

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luncheon will be served. All are welcome, but reservations are required for the luncheon and fashion show—contact Karen at 1-847-397-8955.

Please join the WCI at this entertaining event that enables help to be given to so many.

The Women's Club of Inverness Meets September through May. Most regular meetings are held at 9 a.m. on the second Thursday of the month at the Inverness Country Club (with special exceptions in November, February and April). A brief meeting is followed by an informative and interesting program.

The Inverness Women's Club is a philanthropic 501(c)(3) organization. All proceeds from their activities are distributed

to local community-based organizations and scholarship grants to graduating seniors and college students residing within the boundaries of school districts 211 and 220.

### The Shoe Box Express

The club is always looking for donations and names of servicemen and women stationed in Iraq and Afghanistan to send care packages to. If you would prefer to help with the shipping cost, a monetary donation payable to The Inverness Women's Club and marked "Shoe Box Express" will be specifically earmarked to be used for postage to mail these packages. The list of items needed by soldiers changes from month to month, so please call Kim at 1-847-934-1456 for more information.

# CLEAN WATER IT ONLY TAKES BABY STEPS

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\*Source: 2006 U.N. Human Development Report.

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a graduate of Boston  
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at Northwestern University. Dan's expertise in  
metal manufacturing and design is reflected in  
the passionate and artistic new designs that  
are being introduced at Barrington Home  
Shoppe's special event! Dan is also an avid  
pilot and a retired professional racecar driver.



### Nambe's Newest Butterflies



Blending stylish flair and purposeful design, the Butterfly Covered Casserole elevates functional cookware to an art form. Designed by New York based industrial designer Neil Cohen, this collection features a flowing, organic rim with smoothly upswept sides and scooped handles for a look that is ready to take wing. Extra thick-cast construction delivers excellent conductivity, and the vessel efficiently retains hot or cold temperatures at the table. True to the Nambe commitment to function, the Butterfly Casserole is safe in the refrigerator, freezer, and oven. Gleaming and gorgeous, the piece comes in three sizes for a lifetime of usefulness and appreciation.

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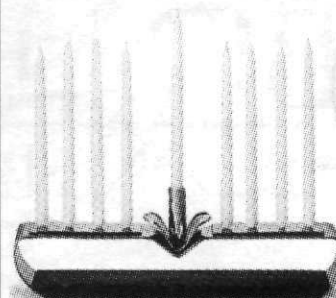


Cat and the Moon Goldsmiths  
Sligo, Ireland



Sterling Silver

### Artistic Judaica new arrivals



Pesach Seder plate  
by Peggy Karr



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## Happy Easter! Happy Easter!

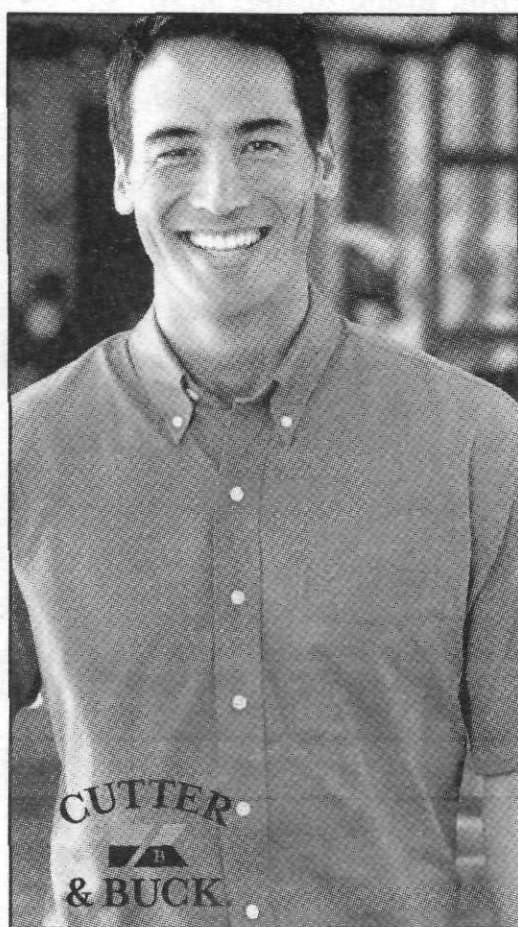
Spring is officially here! We're all ready for sunshine, warm weather and something new to wear. Our store is full of bright colors, bold, patterned tops, beautiful sweater sets, fun skirts and fabulous jackets. We've added some great shoes to choose from as a result of your many requests for more shoes! From casual slides to fabulous pumps—we have shoes!

Don't forget we have **Spanx** for body shaping and smoothing. We love the footless panty hose that free your feet to wear any style shoe! Our **Tummy Tuck** jeans and capris are another great way to look slimmer and smoother after a long cold winter.

The Men's Department **Clearance Sale** continues with great values throughout including pants, shirts, ties, suits and sport coats at **50% off**. Check out our expanded **Tommy Bahama** and **Cutter & Buck** collections for spring!

To celebrate spring and Easter, we are having an **"Easter Egg Hunt!"** Come in and find your egg and your discount—savings from **20% to 40%**.

Happy Easter! Happy Spring! Happy Hunting! Thanks to all our loyal customers!



## Ice House Mall—Hopping with Fun for the Whole Family!

Join us for the arrival of the **Easter Bunny** and his friend Cupcake the face painter at our **Bunny Breakfast on Saturday, April 4 from 9 to 11 a.m. at the 111 Grille**, formally Chessie's. It will be a fun-filled morning, starting with a delicious breakfast at the 111 Grille, followed by visits and photos with the Easter Bunny and face painting. Children will receive special spring giveaways and much more! For reservations, please call the **111 Grille at 1-847-382-5020**. Visits and photos with the Easter Bunny will take place in the **Bunny's Garden** at the Ice House Mall on **Saturday, April 4 from 11 a.m. to 2 p.m. and Sunday, April 5 from noon to 3 p.m.** Parents can bring their children for more visits and photos on **Friday, April 10 from 11 a.m. to 2 p.m. and Saturday, April 11 from 11 a.m. to 2 p.m. Bring your camera!**

Children join us for our **Spring Coloring Contest**. Stop by and pick up a coloring sheet at any Ice House Mall store or the 111 Grille. Return your coloring sheet to any mall store by **April 12** to enter and win a **\$25 mall gift certificate**. One winner will be selected in each age categories of 2 to 4 years, 5 to 7 years, and 8 to 12 years of age. The Spring Coloring Contest is for 12 years of age and under. No purchase is necessary. Coloring Contest entries will be displayed in the mall. Winners will be notified.

Join us for our spring **Barrington Antique & Garden Show on Thursday,**

**April 23 through Sunday, April 26.** You will find exceptional antique furniture, garden iron, birth baths, vintage jewelry and more. On Friday, April 24, Fresh Flower Market will demonstrate garden-inspired gifts. On Saturday, April 25 from 11 a.m. to 1 p.m., a china and glass appraiser will be available, and from 2 to 5 p.m., silver collector and appraiser Alicia Naleid will be available. Don't miss this unique and fun event!

The Ice House Mall and **WLIT 93.9** radio invite you to our **"Around the World in Style" party on Thursday, April 9 from 7 to 9 p.m.** Listen to WLIT in the mornings beginning March 30, or stop by any participating stores, to win a ticket to the exclusive event, no purchase is necessary. Meet Melissa Foreman, win a trip giveaway or shopping spree, and enjoy food, drink and entertainment from around the world and more!

**Celebrate Mother's Day and motherhood with author Dawn Meehan of *Because I Said So* on Thursday, May 7 from 5 to 7 p.m. for a book signing and reading.** Meehan grew up in Chicagoland where she began her writing career at the age of 5. She started her blog in June 2007 in an attempt to earn a little money while staying home with her six children. Meet Meehan and listen to excerpts of her hilarious stories and take on motherhood from her book *Because I Said So* on Thursday, May

(Please continue on page 25)

IT'S THE  
THRILL  
OF  
THE HUNT!



Easter Eggs,  
that is!

Ice House Mall  
200 Applebee Street, Barrington, IL  
Mon-Sat: 9:30am-5:30pm  
Thurs: 9:30am-7:00pm  
Sun: Noon-4:00pm  
**847-382-6676**

peter daniel  
barrington  
apparel for men and women

BLOOMING WITH  
*Spring Arrivals*  
AT THE ICE HOUSE MALL



### Easter Bunny Breakfast

at the 111 Grille/Chessie's, Saturday, April 4th, 9:00am-11:00am  
Call 847-382-5020 for reservations. Face Painting & Giveaways!

### Easter Bunny Visits & Photos

April 4th, 11:00am-2:00pm, April 5th, Noon-3:00pm  
April 10th-11th, 11:00am-2:00pm

### Spring Coloring Contest\*

April 1-April 12, Win \$25.00 mall gift certificate.  
Pick up coloring entries at any mall store or 111 Grille  
\*No Purchase Necessary

### Around the World in Style\*

Listen to WLIT 93.9 weekday mornings beginning March 30th or visit participating stores for a chance to win a ticket to the

"Around the World in Style" party on April 9th, 7:00pm-9:00pm  
Meet radio host, Melissa Foreman  
Win Great Prizes! \*No Purchase Necessary

### Barrington Antique & Garden Show

April 23rd, Noon-7:00pm  
April 24th-25th, 10:00am-5:00pm  
April 26th, Noon-4:00pm



Village Shops & 111 Grille

Look what's in Store for You!

200 Applebee Street, Downtown Barrington  
Off Lake Cook/Main Street, Next to Jewel Shopping Center  
Visit us at [www.icehousemall.com](http://www.icehousemall.com) • 847-381-6661

Mall Hours  
Mon-Sat 9:30am-5:30pm  
Thurs 9:30am-7:00pm and Sun Noon-4:00pm



## Beautiful Hair for Spring

At **The Sanctuary Salon and Spa** in Barrington, I like to customize my services to meet a client's individual needs; specializing in **hair coloring, highlighting, shaping, texturing, hair extensions and updos for that special occasion.**



Please stop by for your complimentary consultation.  
I'm certain you'll be pleased.

Call **847-381-5043** to reserve your next appointment.  
We're located at the Ice House Mall.

We sell **Aquage, Schwarzkopf, Redkin** and **Matrix** products.



**847.381.5043 • 200 Applebee Street • Downtown Barrington • Next to Jewel**

**Liza**



## A L'Amour for Spring Fashion Frenzy Focus

With the many events that spring offers—you need the perfect dress.

Whether it is First Communion, confirmation, bat mitzvah, eighth-grade graduation and dances, prom, recognition events and performances, engagement parties, weddings, rehearsals, showers, black-ties, and galas—the list of events is endless.

You want to look lovely and appropriate, but not break the bank. You want to have a fresh addition to your wardrobe without being extravagant. You do not want to spend countless hours shopping and finding the “same old thing” at every department store. You want to look and feel special.

**A L'Amour** is the best resource in the Chicagoland area for fabulous attire for every special occasion in a woman's life. **A L'Amour** has proudly dressed women from their first special dress as a flower girl or for First Communion through all of the most memorable occasions of her life. From 2 to 82, **A L'Amour** offers the personal attention and selection you deserve. From the little black dress to the ultimate white gown, **A L'Amour** has been dressing dreams for 19 years.

**A L'Amour** invites you to experience our selection and service. Let us dress *your* dreams.



\*2008 PICK the best of weddings



From your first Little White Dress for First Communion to your Ultimate “White Dress” for your Wedding...

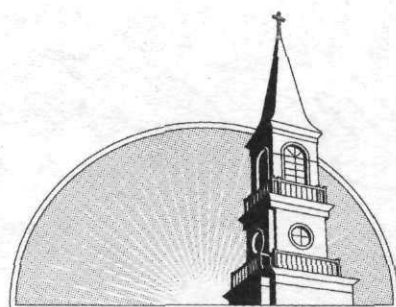
*If you have the occasion—we have the dress.*

**A L'Amour** has been dressing the dreams of thousands of women for 19 years—Let us dress yours!

**20% OFF ANY SPECIAL DRESS with this ad**  
Special orders excluded. Offer ends April 30, 2009.

**236 W. Northwest Hwy. • Barrington • 847-381-5858**

Tue, Wed, Fri 10-5, Tue & Thu 10-8, Sat 10-4, Bridal by Appt.  
Shopping Sundays—12-3 April 5, 19th & 26th, May 3



**CELEBRATE**

**THE JOY  
OF  
EASTER MORNING**  
with

**BARRINGTON UNITED METHODIST CHURCH**

**98 Algonquin Road (at Route 59), Barrington**

**Easter Sunday Worship:**

**8:00, 9:30 and 11:00 a.m.**

**Celebration of Resurrection Services**

**Choral, orchestral and handbell ensembles, plus soloists**

**Professional childcare available at all services**

**Pastors: Dr. James M. Wilson and Rev. Cynthia Anderson**

**Phone: (847) 836-5540 Web: barringtonumc.com**

**Through Jesus Christ we are called to New Life!**

## HOLY WEEK at Barrington United Methodist Church

This Holy Week, turn to follow Jesus, then thank God for His joyous Easter resurrection, with Barrington United Methodist Church, 98 Algonquin Road (at Route 59), in Barrington!

• **Palm Sunday, April 5**—Sing and shout “Hosanna!” at our 8 a.m. and 10:30 a.m. morning services. At 10:30 a.m., our Chancel Choir, directed by Karen Maxwell, will lead worship with organist Jeffrey Neufeld. The Cherub Choir, directed by Kimberly Albrecht and Stephanie Preucil, will also sing, accompanied by Sydney Whitley. There will be Divine Movement choreographed by Kristy Mahoney.

• **Maundy Thursday, April 9**—Imagine Christ's Last Supper as we share Holy Communion at our 7:30 p.m. service.

• **Good Friday, April 10**—Children will learn about Easter through story, music, puppets and crafts, from 9:30 to 11 a.m.

Open Holy Communion will be served from noon to 3 p.m.

Feel the anguish of Jesus' suffering and death at our 7:30 p.m. Tennebrae Service, with organist Jeffrey Neufeld and soloist Kimberly Albrecht.

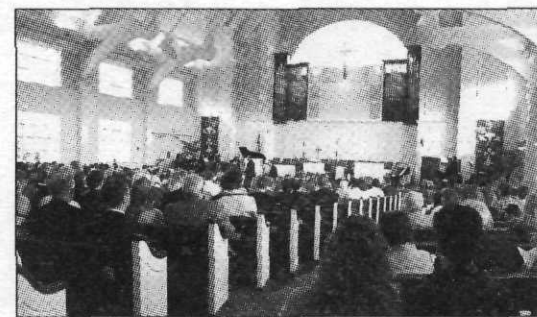
• **Easter Sunday, April 12**—Alleluiah! Rejoice in the new life we are called to through Jesus Christ, at our 8 a.m., 9:30

a.m. and 11 a.m. services led by pastors the Rev. James M. Wilson and the Rev. Cynthia Anderson.

Our musical Celebration of Resurrection at 8 a.m. will feature a special organ and handbell piece with the Exultation Ringers and organist Jeffrey Neufeld, and an a cappella Easter Song by Joyful Noise. A lovely duet will be sung by Kathy Ochenrider and Rosalyn Wesley at 8 a.m. and 9:30 a.m. Our Chancel Choir will sing the *Hallelujah Chorus* from Handel's *Messiah*, accompanied by BUMC Orchestra members at 9:30 and 11 a.m. Soprano Kimberly Albrecht will sing at 11 a.m.

Child care is always available on Sunday mornings.

We welcome you to Barrington United Methodist Church—call **1-847-836-5540** or visit **www.BarringtonUMC.com**.





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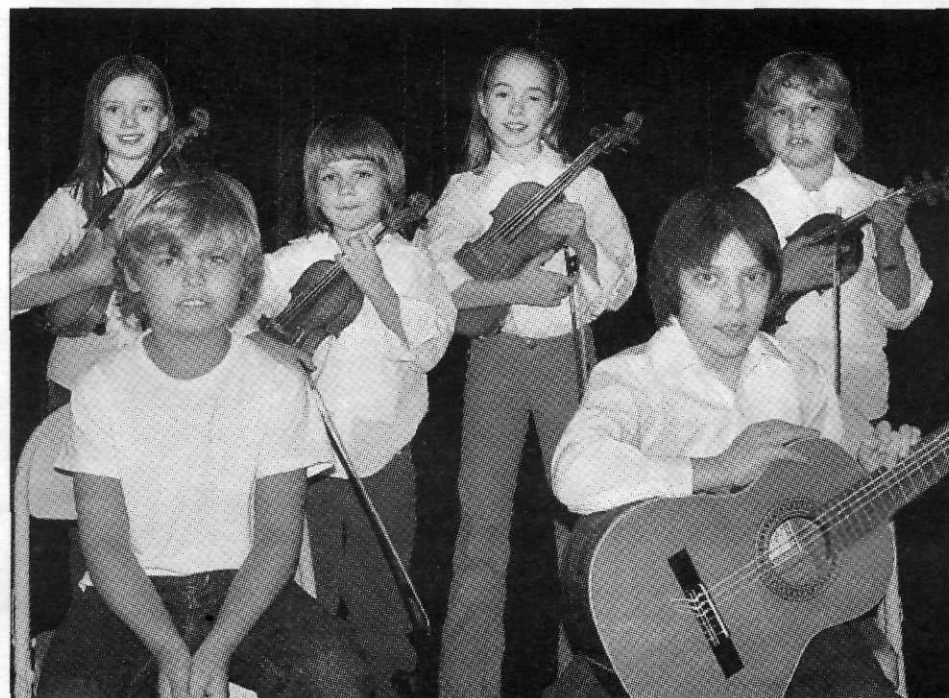
Elmhurst City Centre  
107 North York Road  
Elmhurst, IL 60126  
630-832-2200

Deer Park Town Center  
20330 Deer Park Blvd., Suite 104  
Deer Park, IL 60010  
847-550-2200



Stylish Shearlings

## Celebrate 30! Spring Concert April 19 at Lake Zurich Performing Arts Center



Come **Celebrate 30!** years of Suzuki music in the Barrington and Lake Zurich areas with the **BARRINGTON SUZUKI STRINGS** at their **Spring Concert** on **Sunday, April 19**, 3 p.m. at the Lake Zurich High School Performing Arts Center.

The Suzuki students range in age from 3 to 17, and come from 34 different schools within the northwest suburbs. Take advantage of this wonderful opportunity to hear the students perform, and to find out more about the music program at

the **Suzuki Music School of Barrington.**

Musical study includes private lessons, group repertoire classes, music reading classes and various concerts throughout the school year. Instruction in violin, viola, cello, bass, flute, classical guitar and piano is available.

The concert is free and open to the public. For information about the Spring Concert and the Suzuki Music program, visit [www.barringtonsuzuki.org](http://www.barringtonsuzuki.org) or call **1-847-382-9517**.



## Spring Concert

Lake Zurich High School Performing Arts Center  
Sunday, April 19, 2009  
3:00 PM

Free and Open to the Public  
For information, call 847-382-9517



## The Foundry's 15th Annual Family Easter Event

at The Foundry Mall  
Saturday, April 11th  
10 am- 2 pm

- Visit the Easter Bunny and receive free Polaroid photos with the kids!
- Barrington Fire Trucks on display
- A petting zoo with over 35 animals!
- Free treats and gifts for kids of all ages

Hop-to-it and make sure to attend this wonderful family event.

Happy Easter!

## Pair Chocolates

*Come to Pair for Fair trade, organic Easter treats!*

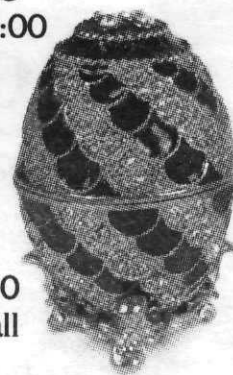
We'll have our Easter Basket assembly line going all morning in our tasting room to create Fair-trade Easter baskets, Nut-free baskets, and supply the all-natural and organic treats you need for your loved ones.

You choose your basket and what to put in, wrap it, and go!

### Hours:

Sunday (closed)  
Sat, Mon, Tues 10-5  
Wed, Thurs 9:30-6:00  
Friday 9:30-8:00

Visit or call us at:  
734 W NW Hwy  
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In The Foundry Mall  
p: 847-277-7980  
[www.pairchocolates.com](http://www.pairchocolates.com)



BRILLIANT SKY TOYS & BOOKS • A PEA IN THE POD • GAP KIDS • KID'S HAIR • STRIDE RITE • LUCKY

# H

# O

# P

Visit the Easter Bunny • Saturday April 4th, 1pm - 4pm at  
Brilliant Sky Toys & Books (suite 600 West of La Hacienda). Photos Available.

Register to win a \$200 Easter Basket. Winner will be drawn at 4pm.  
No purchase necessary.



*It All Spells Great Shopping*

ShopDeerParkTownCenter.com ~ 847 726 7755 ~ Located at Rand Rd. (Rt. 12) & Long Grove Rd. ~ Owned & Managed by Developers Diversified Realty ~ DDR.com



## Benefit to Help Homeless



Pictured during the award presentation at the benefit are (from left) Tom Nicholson Sr. of Mount Prospect, Kent and Mary Jane Nelson of Arlington Heights, Tom Nicholson of Indianapolis, Katie Nicholson Tuten of Chicago, and Mary Nicholson Beresid of Highland Park.

**HEARTS Night Out!**, Catholic Charities Northwest Regional Services 20th annual "Hearts for Homeless Families in Transition" fundraiser for the Des Plaines-based Catholic Charities' Regional Transitional Housing Program, was held on Feb. 7 at The Stonegate Conference & Banquet Centre in Hoffman Estates.

The Stephen O'Brien Combs' Heart of Charity awards were presented to "Hearts for Homeless Families in Transition" co-founder Mary Jane Nelson and the family of the late co-founder Phyllis Nicholson.

The New Hope Apartments program is dedicated to providing compassionate, competent and professional services for homeless families to assist them in achieving stable and safe permanent housing and self sufficiency. Nineteen New Hope apartments are located in north-northwestern suburban Cook County.

For information on Catholic Charities' Northwest Regional Services and how they may help you or someone who needs help, please phone 1-847-376-2118. Visit [www.catholiccharities.net](http://www.catholiccharities.net).

## Spring Fling at Catchpenny Resale Shoppe

The Catchpenny Resale Shoppe is holding its annual Spring Fling Open House 10 a.m. to 4 p.m. on Tuesday, April 7, featuring spring clothing for men, women, and children, and Easter decorations. Other unique items include jewelry and fashion accessories, books for adults and children, CDs, home and wall décor, quilts and bedding, purses, and housewares.

The storewide winter clearance sale runs now through April 3 with \$1 Days March 30 through April 1 and Bag Days April 2 and 3rd. The shop will be closed April 4 through 6th to prepare for the Open House, but the doors will open at 10 a.m. on April 7—so come early to preview the spring merchandise and shop for the best bargains.

Catchpenny, which is staffed entirely by volunteers of the Auxiliary of Advocate Good Shepherd Hospital, has been a growing business in Barrington for 39 years. All proceeds go to support the Auxiliary's \$1.1 Million pledge benefitting the Cardiac Care Center and Emergency Department on the hospital campus in addition to funding scholarships for students pursuing degrees in health care. This year's proceeds will also be used to purchase



Getting ready for the Spring Fling Open House at Catchpenny are (from left) Lee Gaspar, Helen Deminie and Mary Pettise.

Pediatric Coping Carts for the young patients in the Emergency Department.

Catchpenny is located in the heart of downtown Barrington at 118 E. Main St. Donations are accepted during shop hours: Monday through Friday 10 a.m. to 4 p.m. and Saturday 10 a.m. to 1 p.m.

If you are interested in learning more about volunteering at Catchpenny or supporting the Auxiliary business enterprises and fundraising events, please call the Auxiliary Office at 1-847-381-0123 ext. 26-5104.

## Lakeshore Ski and Sports Club's Annual Spring Fling

Lakeshore Ski and Sports Club (LSSC) will host its Annual Spring Banquet from 7 to 11:30 p.m. on Friday, April 25 at Villa Brunetti in Franklin Park. All who are interested are invited to join LSSC members as they celebrate the end of the 2008-2009 ski season and begin 2009-2010 season. It is also an opportunity to learn about not only LSSC's extensive ski program but its

other social and sporting events. LSSC has many summer activities planned.

The cost is \$72 per person, which includes dinner, four hours of open bar and dancing to the music of DJ Phil Raffini. Reservations are required by April 21.

For further information and to place reservations, call 1-708-786-3992 or e-mail [lakeshoreskiandsportsclub@yahoo.com](mailto:lakeshoreskiandsportsclub@yahoo.com).

## Tax-Free SALE!

**April 10th to 18th!**

**You've paid enough,  
so we pay the tax for you!**

For purchases made April 10 through April 18, Dalzell Jewelers will provide a discount equal to the sales tax amount.

## Remount Your Diamond at Our Spectacular Event

**Thursday, April 16, 9:30 a.m. to 8 p.m.**

Turn loose diamonds, gemstones and outdated jewelry into beautiful new rings, earrings and pendants during our special **one-day only** restyling event. Our jewelers bench is set up so you can "wait and watch" as we increase the value and beauty of your diamonds in our 14K, 18K, and platinum settings. Additional diamonds and gemstones are available to enhance your own. Call 815-455-3600 for an appointment.



*"It means more if it's from Dalzell."*

## Dalzell Jewelers

**Fine & Antique Jewelry**

**41 N. Williams Street • Historic Downtown Crystal Lake  
(815) 455-3600**

Monday, Tuesday, Wednesday, Friday 9:30 a.m. to 5:30 p.m.  
Thursday 9:30 a.m. to 8 p.m., Saturday 9:30 a.m. to 4 p.m., Sunday 10 a.m. to 3 p.m.



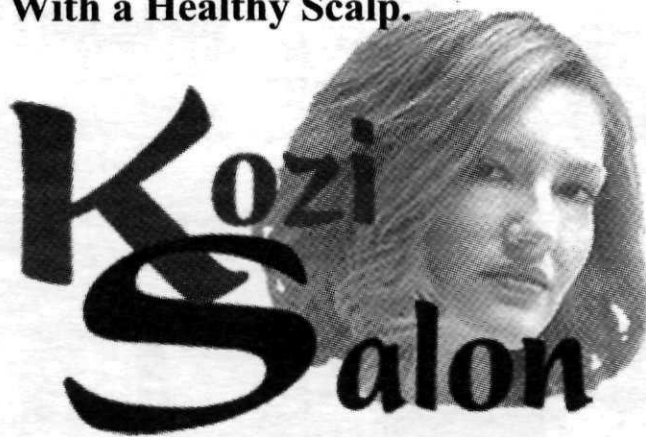
## Beautiful Hair Begins With a Healthy Scalp.

Stop excessive hair loss! If untreated, dandruff, acne, dry or itchy scalp can result in hair loss. At Kozi Salon, we use MEDIceutical hair and scalp treatments to combat these conditions and promote healthier hair. These products are medicated, non-carcinogenic, dea/mea amine free and color safe. Treat your hair and scalp properly and feel the difference.

At Kozi Salon we cater to each individual and offer customized services with complimentary consultations. Healthy hair is our specialty and we offer a guarantee on all of our services.

**Call (847) 382-5694 to schedule your appointment today!**

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Hair cut and blow style with Tanya!  
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or

**50% off**

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with any chemical service combine with cut/style

First time customers or service

Coupon valid thru May 31, 2009

**FREE**

MEDIceuticals hair car treatment (up to \$25 value)

Coupon valid thru May 31, 2009

## Great Haircuts. Sports on TV. GUYS WIN!

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(In front of Home Depot)  
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**FREE**  
HAIRCUT  
FOR FIRST TIME CLIENTS.

Please present coupon before haircut. Expires: 4/15/09. Not valid with any other offer. Valid at participating locations only. Regular price varies per location.

**\$9.95**

**JR. VARSITY HAIRCUT**

Please present coupon before haircut. Expires: 4/15/09. Not valid with any other offer. Valid at participating locations only. Regular price varies per location.

**\$10.95**

**VARSITY HAIRCUT**

Please present coupon before haircut. Expires: 4/15/09. Not valid with any other offer. Valid at participating locations only. Regular price varies per location.

Mens Promo: 2110  
Boys Promo: 2111

Promo: 2113

Promo: 2112

## Time to Think Plants in Pots!

Daffodils are raising their sunshine yellow cups outside our doors and birds are singing their spring songs!

Field & Flower Garden Club members will put the final touches on plans for their 48th perennial sale at their meeting, Wednesday, April 1, 7 p.m., in a member's home. Each club member has already inventoried their perennial borders and woodland gardens and decided what they will bring to the sale.

Mark your calendar now for Saturday, May 9, for this celebrated sale of perennials, freshly dug from members' gardens, and potted with tender care. Rain or shine, the sale is held at the Barrington Jewel's parking lot, 8 a.m. sharp, and continues until sold out.

One of the most popular of the perennials offered each May is hosta. Gardeners know that hostas, like many perennials, need to be divided on a regular basis to maintain clump vigor, but also to keep them within bounds in a border. At least 10 different varieties will be on the sale tables—a range of heights, bloom colors, leaf colors, and growth habits. Many cultivars perform beautifully in the shade, but there are some that do well in a sunny location.

Each May for 48 years, Field & Flower Garden Club has been in the business of sharing great plants and giving good gardening advice. Sale proceeds are used to fund internships, conservation projects, and community philanthropies. And this year, something new will be added—



**Be sure to attend the 48th annual perennial sale on May 9 which will include the poplar hosta (shown).**

"2009 Pots for 2010 Perennials."

Members are thinking "green" and asking shoppers to bring used pots to place in the club's on-site recycling bin. They will fill those pots next year with great plants.

Field & Flower Garden Club has been a part of the greater Barrington area for over 50 years. Meetings are typically held on the first Wednesday of each month in private homes or at the Barrington Area Library, and include a program, a short business meeting, refreshments, and always time to ask gardening questions.

Field and Flower is a member of Garden Clubs of Illinois Inc. and National Garden Clubs Inc.

For more information, please call 1-847-277-7901.

## CFC's 13th Annual Native Plant, Shrub and Tree Sale

Citizens for Conservation (CFC) will hold its 13th Annual Native Plant, Shrub and Tree Sale on Saturday, May 2, from 9 a.m. to noon. A huge selection of robust, hardy native plants will be available for sale.

Native plants provide many advantages for gardeners. They do not require fertilizers or pesticides saving you both time and money. Their deep, fibrous root systems firmly anchor soils to help prevent erosion. They reduce air pollution by sequestering carbon from the air. Native plants do not require watering once established. They provide much-needed food and shelter for birds, butterflies and other wildlife.

The sale will be held at CFC's headquarters, 459 W. Highway 22, in Lake Barrington. For additional information phone 1-847-382-7283 or visit the CFC Web site, [www.citizensforconservation.org](http://www.citizensforconservation.org).



## Oh Deer! Can We All Just Get Along?

If you live in the Barrington area, you probably have a love-hate relationship with deer. It's a thrill to see the graceful creatures, but what will be left of the garden when they move on?

As senior biologist for the Cook County Forest Preserve District, Chris Anchor is familiar with the controversy surrounding deer management in the forest preserves. He will answer questions about deer populations in the Barrington area on Saturday, April 11 in a program sponsored

by Citizens for Conservation (CFC) entitled "Living with Deer." This is the final talk in the 2009 series of community education programs from CFC. Last year, Anchor wowed the audience with his presentation on coyotes.

The program will be held at the Barrington Area Library at 9:30 a.m. Coffee and conversation begin at 9 a.m. There is no charge, but donations to cover expenses will be accepted at the door. RSVP with the CFC office at 1-847-382-7283.





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**Call for FREE Info Packet!**

## Plan Summer Activities Now!

### We Now Offer Summer Camp for School-Age Children

**Barrington Community Child Care Center** is located at 560 Carl Ave. in Barrington. We have many activities to keep young minds busy! The program focuses on the whole child, with all areas of development included during the days activities. Along with our qualified and experienced staff, theme-oriented lesson plans are designed to introduce a variety of concepts and challenge every child's ability. Language, math, reading, science, writing skills, and fine and gross motor activities are implemented in each age group. Social skills are also an important component of each day. Functioning in a group is essential for future experiences. Our well-rounded program will provide you and your child with a positive first-school experience.

Some conveniences that we offer to our busy parents are scheduled haircuts, done by a licensed stylist, and a weekly gymnastics program taught by an instructor. The children look forward each week to the JUNGLE BUS!

Check out our Web site! At [www.barringtonchildcarecent.shutterfly.com](http://www.barringtonchildcarecent.shutterfly.com)

com you can see what we are up to. We are so excited to be able to show off!

Our **summer program** promises to be one full of fun and fitness. We are offering a sports program and a fitness program to all ages. Also, field trips and swim days at the Barrington pool are a part of the weekly activities. As always, lunch is included along with two snacks, juice and milk.

We offer full-day child care for children ages 6 weeks to 6 years. All-age groups offer flexible scheduling and a morning preschool program. Our hours of operation are 7 a.m. to 6 p.m., Monday through Friday. Our facility has large, child-friendly classrooms, but offers a homelike atmosphere. A catered hot lunch and two snacks are offered each day. Special activities and field trips are scheduled so that all ages may participate.

For enrollment information or to schedule a tour, contact Terri Blanke or Terri Knaack, directors, at **1-847-381-0272**.

**MENTION OUR AD AND WE'LL WAIVE OUR ENROLLMENT FEE OF \$75!**

## A Great Sitter is Always Just a Phone Call Away

Whether you need a day off, a night out, or a weekend away, we're here for all of your child care needs. **Mother's Helpers** provides qualified, pre-screened sitters for temporary, permanent, full-time, part-time or occasional care in your home for children of all ages.

**Mother's Helpers** has been providing quality sitters to parents in the Boston area since 1961. We expanded to Denver in 2005, and continue to provide the same quality service and peace of mind for parents in the Northwest Suburbs of Chicago.

We provide three levels of service:

• **Babysitters** will care for your children any time of day, including driving them to and from activities upon request.

• **Mother's Helpers** will provide over-all assistance, including caring for your children, running errands, and performing light housekeeping (e.g. laundry, dishes, picking up toys).

• **Overnights** will stay in your home

and care for your children. This can include driving to and from activities, as well as light housekeeping.

Your children's care is our first concern. We only recruit sitters whom we would trust to care for our own children. Our sitters are at least 18 years old, experienced with children, and responsible. Our screening process includes a personal interview, criminal background check, DMV check, and references check. Our sitters are carefully screened, engaging adults who provide their own transportation to and from your home.

No booking fees. No hassles. There is onetime fee of \$150 for use of our service. Babysitters start at \$12 an hour (based on number of children). Our phone number is **1-847-202-9100** or you can e-mail us at—

[contact@mothers-helpers.net](mailto:contact@mothers-helpers.net).

*It's easier with Mother's Helpers.*

## MENTION AD & WE'LL WAIVE ENROLLMENT FEE OF \$75

### Barrington Community Child Care Center

- Programs for Children Ages 6 Weeks to 6 Years
- Morning Preschool Program
- Stimulating, Individualized Learning
- Enrichment Programs Offered

Terri Blanke and Terri Knaack, Directors  
560 Carl Avenue, Barrington • 847-381-0272



## Mother's Helpers

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## May Deadlines!

**NEWS SUBMISSION Deadline: FRIDAY, APRIL 3**

Contact the editor: **Glenne McMonigal**

P.O. Box 293, Crystal Lake, IL 60039-0293

**(815) 459-4820 • [editor@lifestylesmagazines.com](mailto:editor@lifestylesmagazines.com)**

**ADVERTISING Deadline: THURSDAY, APRIL 9**

Contact: **Sean McMonigal**

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Please include your business name and phone number on all communications.





# Happenings!

*in the area*

## Create Lasting Family Memories at an Easter Brunch at The Garlands

Dress the family in their finest new spring attire and head to The Garlands of Barrington to enjoy a traditional Easter Brunch that features a glorious feast, an Easter Egg Hunt and a special appearance by the Easter Bunny. Brunch will be held in the beautiful Winslow dining room and Center for the Performing Arts at The Garlands of Barrington, 1000 Garlands Lane, Barrington, on Easter Sunday, April 12. Choose from either the 10:30 a.m. or 1 p.m. seating with egg hunts happening at 11:15 a.m. and 1:45 p.m. The cost for a memorable holiday feast is \$36.95 per person, \$13.95 for children 10 and under, not including tax or service charge. Reservations are a must and can be made by calling 1-847-756-3332.

Sure to delight all ages, a bountiful buffet is just the beginning of a beautiful day. At the Easter Brunch, children are invited to participate in The Garlands' fourth annual Easter Egg Hunt in the arbor-lined Galleria Courtyard and top off their experience with a visit with the Easter Bunny.

Executive Chef Hans Ladwein carefully prepared the abundant buffet menu. Guests can feast on roasted leg of lamb in a minted red wine sauce, maple-glazed ham, choice of pasta with a variety of gourmet sauces and tasty condiments, an assortment of fresh seafood like poached salmon, shrimp, smoked seafood and fresh oysters, fresh fruit and cheese from around the world, seasonal greens and salads, mushroom bisque, vegetable lasagna, baked orange roughly, roasted potatoes O'Brien, French green bean casserole, traditional eggs Benedict, cinnamon-battered Texas toast, apple-smoked bacon and pork sausage links.



**Garlands member Harriett Moore takes a break from her delicious meal to mug with the Easter Bunny at The Garlands of Barrington Easter Brunch.**

Egg lovers will enjoy the personalized fresh egg station where eggs, including custom omelets, will be prepared to order. There will be a signature Garlands' Sweet Table including a soft-serve ice cream bar, peach cobbler, assorted mini-pastries, cookies and petite fours, assorted sugar-free cookies, minicannoli, cherry pie, chocolate cake, carrot cake, assorted cheese cakes, minicroissants, minibagels, miniscones, mini-Danish, biscuits, dinner rolls and assorted breads. Also available will be a glass of champagne, coffee, tea, milk and fresh juices.

The Garlands, located near the heart of Barrington, is a unique community for people ages 55 and older that, in addition to offering fine dining to the public, provides residents an uncompromising lifestyle in a resort setting. For more information, please call 1-847-304-1996 or visit the Web site at [www.TheGarlands.com](http://www.TheGarlands.com).

## Barrington Junior Women's Club Hosts Bistro Night Benefit

The Barrington Junior Women's Club (BJWC) will host Bistro Night, a benefit to help end domestic violence. The fun-filled event will take place on Saturday, April 18 from 7 to 11:30 p.m. at Pinstripes in the Arboretum of South Barrington. In support of BJWC's philanthropic endeavors, Bistro Night is sure to be an affair you will not want to miss! The evening will include a wide array of delicious foods, a premium open bar, great music, a live and silent auction, Pinstripe's signature bocce ball, as well as a host of other exciting rewards exclusive to all BJWC attending guests.

For this event, BJWC is proud to partner with two organizations that are dedicated to ending domestic violence. WINGS (Women in Need Growing Stronger) is a local agency that provides emergency and long-term housing and services designed to help women and children move from abusive situations and get back on their feet. The Cynthia Bischof Memorial Foundation, formed after Cindy Bischof, formerly of Barrington, tragically lost her life to domestic violence. Through the efforts of The Cynthia Bischof Memorial Foundation, legislation was passed in Illinois to allow judges to order GPS monitoring devices for individuals who violate orders of protection. Building upon the momentum established with the passage of the Cindy Bischof Law, the foundation is making



**BJWC is busy planning an evening at Pinstripes.**

strides for similar legislation in the Wisconsin and Indiana.

A percentage of the net proceeds for Bistro Night will help support their missions. Additional funds from the benefit will be allocated to several of BJWC's charitable organizations such as Barrington Youth Services, PADS, The Wellness Place, BACOA, NISRA, Hospice Foundation and several other worthy Barrington organizations.

BJWC is a not-for-profit organization comprised of women from the Northwest suburbs of Chicago who are committed to community service and philanthropic activities. BJWC has been serving women, seniors and children, as well as, homeless, abused and disadvantaged individuals for the past 70 years.

The cost for this exciting evening is only \$125 (\$100 for BJWC members). For more information or to support this worthy cause with a donation, please visit [www.bjwc.org](http://www.bjwc.org), or call Rebecca Darr at 1-847-302-8700.

## BYDE's Peter and the Wolf Comes to Barrington Hills



**BYDE dancers have a little fun while rehearsing for the Peter and the Wolf ballet.**

There will be three performances of The Barrington Youth Dance Ensemble's (BYDE) family-friendly ballet *Peter and the Wolf* on Sunday, April 19 at Sanfilippo's Carousel House in Barrington Hills. Curtain times are at 11 a.m., 1 p.m. and 3 p.m.

*Peter and the Wolf* presents a wonderful opportunity for children to experience a well-known story in the form of familiar music and interpretive dance. The narrator will carefully guide the audience so

that even the youngest children are able to follow this wonderful adventure.

Tickets are \$10 for adults and \$5 for children, students and seniors. To reserve tickets until April 18, call 1-847-382-6333 or visit Barrington Dance Academy at the Foundry, 758 W. Northwest Highway, in Barrington. Visa and MasterCard are accepted.

Come, listen and watch the story come to life with the artistic and dramatic talents of the BYDE dancers.



## Friends of Home of the Sparrow "Tuscan" Luncheon

Warm up "Under the Tuscan Sun" Wednesday, April 22 at Wynstone Country Club, 1 S. Wynstone Drive, North Barrington!

That's the day Friends of Home of the Sparrow has its annual meeting, beginning at 9:30 a.m. with unique boutique shopping and socializing, followed by luncheon at 11:30 a.m.

Tickets are \$50 and attendees are also encouraged to please contribute a gift card of any denomination from a grocery or other store. These will be used to aid those clients who have successfully completed the 18-month program which has assisted them in achieving independence.

Home of the Sparrow is a local orga-

nization providing transitional housing, counseling and job-skills training to those women of the northwest suburbs that find themselves in personal crisis due to unfortunate circumstances such as loss of a job, death of a spouse, divorce or abusive situations. It is the only agency in the area licensed to allow male children over the age of 12 to live with their mothers in a group housing facility.

You'll be warmed up and impressed upon hearing the stories of both the clients and volunteers who are involved in this work right here in our own communities!

Make your reservation for an interesting day by calling Sue at 1-847-526-3981.





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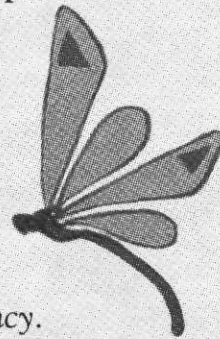
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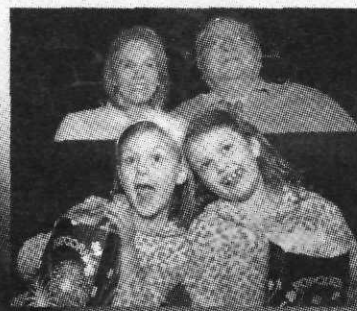
Currently under construction for 2010 occupancy.



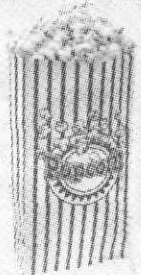
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Meet Gary and Cheryl Karlin who, upon their daughter's suggestion, stopped by The Garlands while visiting her one day. They chose to relocate to The Garlands from North Carolina and are now happily adjusted to their new life in Barrington.

Cheryl, a talented interior designer, appreciates The Garlands architectural integrity and detail. Gary, a retired financial planning executive, believes that moving to The Garlands was a smart financial decision that offered predictable costs and a guaranteed rate of return.

The Karlins take great pleasure in spending quality time with their granddaughters Avery and Lily who live nearby. From dancing at The Garlands Sugar Plum tea and swim parties in the aquatic center, to cultural excursions to the city and private movie nights in The Garlands Surround Sound Theater complete with fresh-popped popcorn, these girls love The Garlands almost as much as their grandparents do!



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## Chers Amis...

Finally, spring is here with all the celebration that comes with... warmer weather, yard work, and hopefully, a boosted economy! Will it make you want to go out and recharge your batteries? Of course! And you can do that at **D & J Bistro** without making a big dent in your wallet. Our reasonable menus includes a new **"Quick-Fixe" dinner** that is designed for anyone that is looking for a three-course meal with great selection and great value... includes soup, salad, appetizer... \$19.50! We also offer our **"Special Prix-Fixe"**... \$35.50, featuring seasonal items.

Our Monthly **"True Bistro Dish"** is **Le Gigot d'Agneau Printanier**... an April tradition in France... roasted leg of spring lamb hand rubbed with garlic and herbs de Provence, served pink with flageolets and haricots verts—simply delightful!

And now for **D & J Events**:

We will celebrate **Easter Sunday, April**

**12** with a great menu including fresh seasonal produce. Dinner starts at 4 p.m... call us for more info and reservations.

A first-time event—**"Le Brunch with the Artists"** on **Sunday, April 19** from 11 a.m. to 2 p.m. It will consist of a show of the creation of local art and jewelry while enjoying a gourmet **D & J** buffet including unlimited Mimosa... not for children... call for more details.

FYI: Do not forget about making a reservation for **Mother's Day** on **Sunday, May 10**... dinner starts at 4 p.m.

And mark your calendar for our **"Car Rally"** held on **Sunday, June 14**. Due to the popularity of this event, early reservation are recommended.

We look forward to seeing you soon at your favorite local individually owned bistro!

A bientôt,

—Dominique, Stephane

## Cheesy Catering 101

There are two ways to consider cheesy catering. The obvious thought is terrible food, terrible service, and more terrible high prices—"cheesy catering!" The next thought is catering by **Dave's Specialty Foods**!

Part of our "cheesy" catering is an awesome cheese assortment from our over 60 imported and domestic artisan styles. We love cheese! A recent catered event featured cheeses as part of a heavy appetizer party. We served **Morbier** made from morning and evening cow's milk, six-year cheddar from Wisconsin, fresh **Cypress Grove Chevre** goat cheese, and **English Shropshire**, Dave's favorite new mild bleu.

So go ahead, blow your guests away with catered, 100-percent-homemade cuisine from **Dave's Specialty Foods**—not cheesy catering from the other guys. We have hundreds of extremely happy customers!

For our monthly cheese tastings and a look at our retail store, call or stop by. We look forward to cooking for you! Call **Dave's Specialty Foods** at 1-847-259-9510 or log on to our Web site at **www.davespecialtyfoods.com**. —Dave

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## BHS' Fine Arts Department Presents Orchesis in Concert April 3, 4th and 5th

Barrington High School's (BHS) Orchesis Dance Company will present its spring dance concert on Friday and Saturday evenings, April 3 and 4th, at 7:30 p.m. and Sunday afternoon, April 5 at 2:30 p.m., in the Richard C. Johnson Auditorium located at Barrington High School. The program will feature a variety of dance styles including ballet, modern, tap, jazz and hip-hop. In addition to choreography created by Barrington High School students, the

program will feature guest choreographers Dori Santiere of Chicago's Thodos Dance Chicago, Amy Steingard, Groundwork Dance Company, Meghan McDermott of Giordano Jazz Dance Chicago, and Aly Heintz and Erin Sansone, Orchesis alums.

Admission is \$5 for adults and \$3 for students and children; seniors admitted free. For additional information, contact the Fine Arts Department at 1-847-842-3214.



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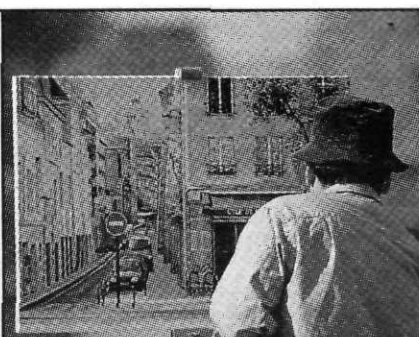
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## BACOA Senior Activity and Lunch Programs for April

The Barrington Area Council on Aging's (BACOA) Monday Senior Lunch and Activity Program is held at the Barrington Park District, 235 Lions Drive, Barrington. Doors open at 10:30 a.m.; games begin at 11 a.m.; lunch is served at noon.

The suggested donation for the Monday lunch program is \$3.50. However, if underwriting is unavailable for special programs, there may be an increase in the suggested donation. Preregistration is required; call BACOA at 1-847-381-5030.

• Monday, April 6—Games and lunch. Easter celebration; Barrington Park District preschool students will come to color

Easter eggs. Attendees are invited to wear spring colors and Easter bonnets.

• Monday, April 13—Games and lunch. Ashley Blankstein-Delaney from Whitehall of Deerfield will present a program about the facility.

• Monday, April 20—Games and lunch. The Kitchen Klanger Band from Libertyville will perform an Easter program.

• Monday, April 27—Games and lunch. April is National Volunteer Month. Lu Gustafson, a longtime BACOA lunch program volunteer, will present a program on her recent trip to China. April birthdays will be celebrated.



# WHAT WILL YOU DISCOVER AT SCIENCE & ARTS ACADEMY?



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**ENROLLING NOW FOR FALL**

## Chicago Master Singers to Perform Schubert Mass

The spring 2009 concerts of Chicago Master Singers (CMS) will feature Franz Schubert's Mass in A-Flat with the Ars Viva Symphony Orchestra under the direction of Alan Heatherington. The soloists will be soprano Elizabeth Norman, mezzo-soprano Teresa Brancaccio, tenor Kurt Hansen, and bass-baritone Peter Van de Graaff. The concerts will be held at the Divine Word Chapel in Techny on Friday, April 17 at 7:30 p.m., and on Sunday, April 19 at 7 p.m.

The program will also feature Schubert's *Magnificat* and Morten Lauridsen's *Lux Aeterna*. Schubert's greatness as a song composer is much in evidence in the beautiful Mass in A-Flat, as well as his profound personal spirituality. Schubert scholar Peter Gulke called the A-flat mass "Schubert's greatest and most personal mass, in every sense." Morten Lauridsen is a contemporary composer and is now the most frequently performed choral composer in America. He was awarded the National Medal of Arts by the President in a White House ceremony, "for his

composition of radiant choral works combining musical beauty, power and spiritual depth that have thrilled audiences worldwide."

CMS is a 130-voice auditioned chorus with singers from Chicago and suburban communities. CMS has delighted audiences in the Chicago and on tour in Europe with performances of the great choral masterworks in collaboration with professional soloists and orchestras since 1979.

The Divine Word Chapel is located at 2001 Waukegan Road, just north of Willow Road, in Techny, between Northbrook and Glenview.

Both general and preferred seating tickets are available. Advance reservations are recommended. Ticket prices are \$48 for preferred seating, \$38 for general seating and \$28 for side seating. Discounts on general seating tickets are available for seniors and students, as well as group discounts for 10 or more.

Order tickets for all CMS performances online at [www.chicagomastersingers.org](http://www.chicagomastersingers.org) or by calling toll-free at 1-800-595-4849.

## AAUW Barrington April Activities

On April 7, 7 p.m., at the Barrington Library, the AAUW Barrington Branch meeting will focus on leadership and will be led by Chanran Rajaratnam, a retired executive. The public is invited.

Rajaratnam was born in Sri Lanka. When he was 7 years old, his mother went to America on an AAUW scholarship. She later got her doctorate in psychometrics at the University of Illinois and Chandran and his father followed her to U.S.

Rajaratnam has held senior management positions in sales, marketing and management with notable companies such as IBM, Computerland, and Dell. Most recently, Rajaratnam has focused on helping company executives become more effective sales people while developing their leadership skills.

Rajaratnam will speak about his experiences as an executive and about his observations on the behaviors that differentiate successful businesswomen and those that don't achieve their full potential. In pursuit of careers in business and other professions, knowing the key behavioral characteristics is critical to producing superior results. Don't miss this opportunity

to meet an individual who greatly benefited from AAUW and hear the story of his mother's journey from India to the U.S.

The luncheon book group meets monthly on Wednesdays at noon for lunch and discussion at The Garlands in Barrington. On April 8, they will discuss *Empire Falls* by Richard Russo. Call Loretta, 1-847-381-1804, for more information. New members are welcome.

The daytime bridge group meets monthly on the second Thursday in a member's home, and in April the date is the 9th. Each player donates \$2 to the AAUW Educational Foundation. Bobbie is chair, 1-847-381-3315.

The evening book discussion group meets the fourth Tuesday monthly at 7:30 p.m. in a member's home. On April 28, they will discuss *A Prisoner of Birth* by Jeffrey Archer. Peg is chair and can be reached at 1-847-381-4791.

Membership in AAUW is open to anyone holding a two-year degree or higher from an accredited institution of higher learning. For more information, contact Louise Sullivan, membership vice-president, at 1-847-382-8028.

## Lake Zurich Garden Club to Meet April 7

The monthly meeting of the Garden Club of Lake Zurich will be held Tuesday, April 7, 7 p.m., at Saint Matthew's Church, 22480 Old McHenry Road in Hawthorn Woods. Bob and Kathy Adrini will present the pro-

gram "A Walk Around The Lake," featuring an on-screen walk around Nelson's Lake during spring bird migration. Guests are welcome. For more information, call 1-847-819-3490.

## Northwest Women's Connection Luncheon

The Northwest Women's Connection invites you and your friends to their luncheon on Thursday, April 9 from noon to 1:30 p.m. at Concorde Banquets, 20922 N. Rand Road, Kildeer. The cost is \$17.

Judy Dagraedt, a former TV host who writes music, sings, recorded 10 albums,

and more, will speak on "peace in the midst of turmoil." She will also engage the audience in a game of "Name That Tune."

Lunch reservations are needed by Friday, April 3—call Jill at 1-847-358-5830. For more information, contact Jennifer at 1-815-759-1974 or [jennoga83@yahoo.com](mailto:jennoga83@yahoo.com).



## Fritzl's Country Inn... So Many Delicious Possibilities

Is the family getting together for **Easter Dinner**? Why not make reservations at **Fritzl's!** They will be open at **NOON Easter Sunday, April 12.** They'll be featuring Easter ham, leg of lamb, fresh seafood, and their regular menu at regular prices.

**Fritzl's traditional European menu** is something to experience too! Hearty schnitzels, potato pancakes and Hungarian goulash, veal Geshnetzelt from Switzerland, Kassler ribs from Germany, incomparable sauerbraten, steak tartare, roast duck and Viennese pastries. **Fritzl's** specializes in Austrian, German and Swiss dishes, plus steaks and fresh seafood.

Don't forget about **Fritzl's Casual Friday** lunches starting at 11:30 a.m. Ten items under \$10 are offered!

There are banquet facilities available for groups of 20 to 150 people, perfect for weddings, anniversaries and rehearsal dinners. The meals are lovingly prepared from scratch and made to order just prior to serving. They are then served hot, fresh and delicious. If you are tired of those stuffy "foreign" waiters, try **Fritzl's** restaurant and pub. They have the friendliest staff in town.

**Fritzl's Country Inn** is open Wednesday through Saturday, 4 to 10 p.m., and Sunday, 3 to 9 p.m.



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## Revive, Renew and Refresh

Doctors **Jeffrey Berti, M.D. and Toulia Berti, M.D.**, along with the staff at **Dermatology & Dermatologic Surgery, Ltd.**, invite you to their newest location: **2 Executive Court in South Barrington.** They are currently seeing new and returning patients in their state-of-the-art office that offers comprehensive and professional skin care for men, women and children. "Spring is a time of renewal, it is also a great time to address your skin's issues, whether it is for a complete skin cancer exam or a complete evaluation on what procedures are best for your skin's own renewal and regeneration," remarks Dr. Jeffrey Berti.

"Skin rejuvenation today includes various procedures and products," remarks Dr. Berti. One can find numerous products that make outlandish claims, from taking all wrinkles away in a few days, to eliminating spider veins with a simple topical application. The truth is, there are some products with good scientific background and results; however, there are even more without," states Dr. Berti. The same is true for all the various procedures that one may have seen for skin rejuvenation. "There are many different laser systems currently available, as well as providers," states Dr. Toulia Berti. "Having a laser

touch your face by someone who is not trained properly can have devastating results, at its worst or no results with a high cost," adds Dr. Berti.


Numerous "remedies" for skin rejuvenation exist, however. If you have been overwhelmed with all the various procedures and products available, perhaps it is time to have a thorough medical evaluation and recommendation by a physician at **Dermatology & Dermatologic Surgery.** They remind us that a professional dermatologic skin evaluation may be a better choice than relying upon a skin product salesperson or a random product choice off the drug store shelf. "While science is never perfect, at least we have a scientific basis for our treatment choices," says Dr. Berti. "I'll take science over chance anytime."

The physicians and staff at **Dermatology & Dermatologic Surgery, Ltd.** are committed to prompt, professional service and are **participating providers in most Illinois PPO insurance plans.**

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## Butterflies—One of Nature's Greatest Wonders

On Thursday, April 16, Garden Club of Inverness member Diane Hunter will be sharing her latest passion as she takes the audience on a 2,500-mile journey from the

remote mountains of Mexico to their own Midwest gardens, following the migration of the magnificent monarch butterfly. She will explain the monarch life cycle and give us tips on how to grow plants in our gardens to entice these beauties to stay with us a while. Hunter has developed a butterfly sanctuary in her own extensive Barrington garden, so she knows what works on the area.


There still is time to apply for the Garden Club of Inverness's horticultural scholarships. Students who live in the area serviced by School District 211 and Barrington High School and who major in horticulture or environmentally related studies in college are invited to apply. Applicants can be college freshmen to seniors, or

graduate students. Scholarships of \$1,000 or more are awarded each year, determined by the available funds. In 2007, the club awarded three scholarships of \$2,500 each to area students. Applications can be obtained by visiting the guidance offices in School District 211 and Barrington High School.

The Garden Club of Inverness meets from September through November and January through May on the third Thursday of the month, 9:30 a.m., at All Saints Lutheran Church, 630 S. Quentin Road, Palatine. After a brief business meeting, there is a program of interest to area gardeners. All gardeners are welcome. For more information, e-mail Carole at [cjbass@comcast.net](mailto:cjbass@comcast.net).

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"My children were already good kids but this program is helping them to be even better and the confidence & self-esteem it's given my daughter is awesome. I had no idea our family would get so many benefits from Barrington Martial Arts." —Christine, Deer Park mother of 4

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Barrington LIFESTYLES April 2009 19



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Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering your current lifestyle, exercise and diet habits.

Dr. Berger has thousands of satisfied patients. Insurance usually pays for some or most charges, (sorry, no HMOs).

To begin a weight loss program that really works for you, call **1-847-438-2454** in Lake Zurich or **1-847-291-0772** in Northbrook to make an appointment for your consultation today.

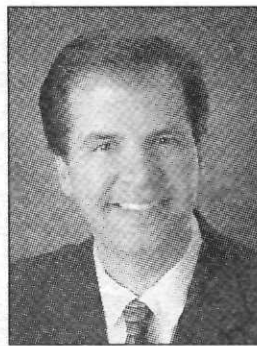


## Set Yourself Apart

When going in for that job interview, you need to have all the tools necessary to set yourself apart. What can improve confidence, self esteem, social status, health and youthfulness? The answer may surprise you: having a great smile!

A survey by the American Academy of Cosmetic Dentistry (AACD), the nation's predominant organization representing Cosmetic Dentistry, found that at least 75 percent of people surveyed believe a great smile is important for these areas, and 95 percent believe it improves their ability to land a new job. So how is it possible that having a great smile can improve these areas? It is probably no surprise that crooked or worn teeth can make a smile look aged and even unhealthy. One such demonstration was proven with a study that involved two photos of an individual smiling side by side. The pictures were altered using photo editing software: One with an attractive smile having straight, white teeth and one with crooked, discolored and worn teeth. Respondents stated that the crooked smile looked like someone older, of lower socioeconomic level, not successful, and unhealthy, all because of how the teeth

by James T. Gavrilos, DDS



looked!

Confidence alone can make you look and feel better. Having a great smile can tremendously boost esteem, which has proven to have a positive effect upon career potential and success. Improving one's smile or performing a "smile makeover" can also take years off an aging or worn smile. Whitening, reshaping, bonding, veneers, crowns or even implants are all tools our office has to make your smile a hit. The dramatic improvement in appearance can make you look much younger. What a difference a great smile makes!

To schedule an appointment for a cosmetic consultation, call **Dr. Gavrilos** at our Barrington office at **1-847-381-4040**.

## DAR Genealogy Workshop

The Signal Hill Chapter of the Daughters of the American Revolution (DAR) will be holding their spring Genealogy Workshop on Saturday, April 18 at the Barrington Library, 505 N. Northwest Highway, Barrington, from 10 a.m. to 4 p.m. The program will be "Documentation of Ancestors without Certification."

Anyone who is interested in tracing their family history, or ladies who would like to join, are invited to attend this free workshop.

For reservations or more information, please call Joanne Farrell, membership chairman, at 1-815-603-7824.

## Is There a Missing Link in Your Exercise Program?

by Lisa Shanahan

*"The first wealth is health."*

—Ralph Waldo Emerson

There are three important parts to an exercise program that will help you meet your goals safely and effectively. Cardiovascular exercise is important to maintain or improve the condition of your heart and plays an important role in maintaining a healthy weight. A well-rounded strength training program will help with posture, injury prevention and weight management.

Stretching is probably the component most people skip and it does play an important role in your program. Flexibility training is needed to prevent common injuries and help preserve full range of motion in your joints.

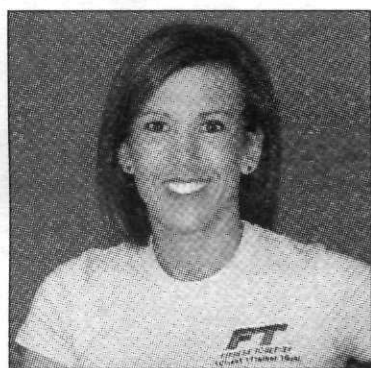
The American Heart Association recommends that adults engage in moderate-intensity **aerobic exercise** for at least 30 minutes five days per week. There are many ways that you can achieve this including: walking outdoors, in-line skating, skiing, using traditional exercise equipment or even dancing. It is important to consult a physician before beginning, if you are new to exercise.

**Strength training** should be done 2 to 3 times per week with a focus on working all of the major muscle groups. When you are first getting started it is a good idea to consult with a fitness professional to make sure that you use correct form and lift the proper amount of weight.

Last, but not least, after a brief warm-up, **stretching** should be performed for all of the major muscles. Hold each stretch for 15 to 60 seconds while breathing naturally.

There are countless benefits to all three of these links in your exercise routine. If you are missing one of these links and need help developing a program that will be safe and effective, contact a local fitness professional.

Lisa Shanahan is the owner of **Fitness Together** in Barrington. At **Fitness Together**,



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## The Aging Eye—Part II

According to the American Foundation for the Blind (*Living with Vision Loss*), vision loss impairs not only activities like your ability to read, write, and drive, but also in some cases your ability to live independently, raise a family, maintain or start a career, and enjoy a normal social life or recreational activities. Luckily, it has been proven that regular visits to your eye care professional greatly decreases your chances of such vision loss. Especially for individuals over the age of 40, the need for annual eye exams becomes even more significant as age-related disorders such as cataracts and age-related macular degeneration, amongst many other types of complications, can gradually lead to complete blindness.

Studies conducted by the University of Washington Department of Ophthalmology (*Statistics on Blindness and Blinding Diseases in the United States*) found that 5,500,000 individuals in the United States suffer some type of visual impairment due to cataracts. Possible causes for this disease are long-term ultraviolet or radiation exposure, diabetes, hypertension and aging amongst others. Studies have found that wearing sunglasses regularly can actually help reduce your chances of developing cataracts by protecting your eyes from prolonged ultraviolet exposure. The most distinct symptom of cataracts is a cloudiness of the eye, which is the result of changes in the eye's proteins. Although cataracts currently holds the reputation of the number one cause of blindness in the world (National Eye Institute,



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*Prevalence and Causes of Visual Impairment and Blindness Among Adults 40 Years and Older in the United States*), extremely effective treatment methods for cataracts exist such as the surgical removal of the cloudy lens. However, if left completely untreated, cataracts can progress and eventually lead to blindness.

Almost as common is age-related macular degeneration (AMD), which is the leading cause of vision loss amongst Americans age 60 and over. According to the National Eye Institute (*Age-Related Macular Degeneration*), factors that increase your risk of developing AMD are: family history of AMD; age; smoking; obesity; race—Caucasians have a higher affinity of developing AMD than other races; and gender—females are a higher risk than males. AMD is characterized by blurred

(Please continue on page 24)

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- Missing teeth can be replaced.

**Dr. Follmer** graduated from Northwestern University Dental School in 1975. He returned to the college to teach dentistry for two years, then returned to his hometown of Wauconda where he has practiced since 1977.

Committed to both academic and clinical excellence, **Dr. Follmer** assigns top priority to continuing dental education. Over the past five years, he has studied extensively at the prestigious Las Vegas Institute for Advanced Dental Studies where he has completed over 300 hours of Continuing Education in the area of cosmetics and neuromuscular dentistry.

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## BACOA Announces Support and Education Groups for April

The Barrington Area Council on Aging (BACOA) has announced its support and education groups for April.

**Alzheimer's Association Support Group**—Representatives from two adult day centers will discuss their services on Thursday, April 9 from 1:30 to 3 p.m. The group will now meet in its new location at St. Paul's United Church of Christ, 401 E. Main St., Barrington.

**Parkinson's Education and Support**—Joyce Palmquist, executive director of the Barrington Area Council on Aging, will discuss issues dealing with a chronic illness. The group will meet Saturday, April 24 from 10 to 11:30 a.m. in the Performing Arts Center at The Garlands of Bar-

rington, 1000 Garlands Lane, Barrington.

**Caregiver Support**—The group will have an open forum at its April meeting; members will have an open discussion of caregiver issues. The group will meet Wednesday, April 1 from 7 to 9 p.m. at the BACOA office, 6000 Garlands Lane, Suite 100, Barrington.

**Low Vision Education and Support**—The group will hold a planning meeting for its May open house. It meets Thursday, April 9 from 1 to 2:30 p.m. at Lake Barrington Woods, 22320 Classic Court, Lake Barrington.

For more information on any of the groups, please call BACOA at 1-847-381-5030 or visit the BACOA Web site at [www.bacoa.org](http://www.bacoa.org).

## McHenry County Singles Club Events

McHenry County Singles Club is a group of people, mainly in their 40s and 50s (any age is welcome, however), who meet on the weekends for fun and friendship. The club has done a lot of interesting activities, including going out to dinner, concerts, movies, dancing, plays, shows and more. Day trips have included going to the Bristol Renaissance Faire, the Domes of Milwaukee, Old World Wisconsin, the Botanic Gardens, the House on the Rock, Volo Bog, the Art Institute, the Field Museum, the Shedd Aquarium and more.

For more information, call Doug at 1-847-917-7411.

### April Events

• Saturday, April 4—Come on out and join the club for dinner at the Swizzle Inn in Elgin. Meet at 6 p.m. For more details, call Kevin at 1-847-308-2537.

• Saturday, April 25—Dinner and movie night. Meet at 6 p.m. for dinner at Around The Clock restaurant in Crystal Lake and then out for a movie afterward, across the street at Regal Showplace 16. For more information, call Doug at 1-847-917-7411.

## A Prayer Service for Peace in the Middle East

On Wednesday, April 15 at 7:30 p.m., a Prayer Service for Peace in the Middle East will be held at Lutheran Church of the Atonement, 909 E. Main St. in Barrington. This service is held on the 15th of each month as part of an ecumenical effort in the U.S. and the world to pray daily until a just and lasting peace comes to all citizens of the Middle East. It includes reading from the Bible, music and prayers. All are welcome. For more information, call 1-847-381-0243 or visit [www.elca.org/our-faith-in-action/justice/peace-not-walls.aspx](http://www.elca.org/our-faith-in-action/justice/peace-not-walls.aspx).

Special guest that evening will be Issa Boulos, an internationally-recognized com-

poser, 'ud performer, music instructor, researcher, writer, lyricist, and critic whose works cover various genres. Having been born in Jerusalem and grown up in the West Bank, he now resides in the Chicago area. Boulos is co-founder of Sama Music and The Issa Boulos Ensemble (commissioned works, including several for the Chicago Symphony Orchestra), director of the Middle East Music Ensemble at the University of Chicago, and bandleader of the Nawa Ensemble. Music for *The New Americans*, a PBS documentary, is among his many compositions, and he recently performed in concert and conducted a workshop at Oxford University.

## From a Woman's Point of View

by Amy Wickstrom, Wickstrom Auto Group



Without sounding overly optimistic, I actually think spring might be here. To me, every spring feels like a new beginning; bare ground and tree branches give way to bright green shoots and leaves, the "snowbirds" and robins come back into town, and we finally get to shed some layers and enjoy the sun. For our family, the first early spring afternoon of the year includes sweeping-out and organizing the garage, pulling patio furniture out of the attic, cleaning the grill... all the chores that you don't really mind doing because you know (or hope) that you'll be spending tons of time outside, now that it's relatively warm.

While Richard and I are cleaning, the kids do endless laps around the block on their bikes, or they "garden" in the backyard. Their gardening usually includes the use of all the tongs, spatulas and measuring cups out of the kitchen, Josh's Matchbox car collection, several Barbie dolls, and if I'm not watching them closely enough, the hose. I really can't blame them for wanting to play in the mud; after a long, cold winter cooped-up inside, it's fun! After we get the garage (and kids) cleaned up, a trip to the ice cream shop is usually in order. The first afternoon of the year that you can drive around with all

the windows down and the radio turned up is a beautiful thing.

As you get the opportunity to put your windows down and enjoy the weather, hold off on turning your radio up and take a minute to "listen" to your car. One of the estimated quarter-million potholes in the Chicagoland area may have put your wheels out of alignment, resulting in uneven wear and tear on the tires and other parts as well as poor steering and handling. Come in to **Wickstrom Ford Lincoln Mercury** to have your alignment checked; no appointment necessary, and most alignments can be done in under an hour. We can help you get your ride ready for spring, but you're on your own with the spring cleaning.

Until next month,  
—Amy

## CWU to Celebrate May Friendship Day

The Church Women United (CWU) celebration called May Friendship Day (MFD) is an annual nationwide event. This year, CWU of the Barrington Area will hold its celebration on Monday, May 4, 7 p.m., at Barrington United Methodist Church, 98 Algonquin Road, Barrington. Women and men from all faith congregations and other interested individuals are cordially invited.

The 2009 theme, "Building on Our Stories," was inspired by Joshua 4:1-9. Joshua ordered the men of the 12 tribes to each carry a stone to heap together and act as a reminder of what God has done in the past to save his people. We too must "set up a pile of stones" as reminder of our various crossings and tell the next generations of young women those moments in time when God moved powerfully through sisters who have gone before us. Readings, music, group participation and scripture will emphasize the passing

on of our stories. Young women named by various churches in Barrington, Cary, Fox River Grove, Island Lake, Prairie Grove, Lake Zurich, and Wauconda, who live up to the motto of CWU, "Agreed to differ, resolved to love, united to serve," will be honored.

A collection of the Fellowship of the Least Coin, in service for over 50 years, will be a part of the celebration. A worldwide ecumenical movement, Christian women pray for peace and reconciliation as they set aside their least coin. The many coins collected in countries around the globe benefit projects for women and children around the world.

CWU of the Barrington Area continues its prison ministry by inviting attendees to bring a gift/donation of regular size toiletries (toothpaste, deodorant, shampoo, lotion) and jumbo-sized zip-lock bags.

For more information, please call 1-847-540-5634.

## The Aging Eye—Part II

(Continued from page 22)

vision, specifically in your central vision. The central vision is needed to focus in clearly on objects during activities like driving or reading. This occurs when blood vessels grow beneath the macula, the part of the eye used for sharp vision, or when the macula starts to break down. Since AMD often progresses slowly with no associated pain and such gradual vision loss that many individuals do not even realize that they are developing AMD, it is important to visit your eye care professional regularly to diagnose and slow the progression of the disease before it reaches its advanced stages, at which point some types of AMD are untreatable. Especially if straight lines are appearing wavy or

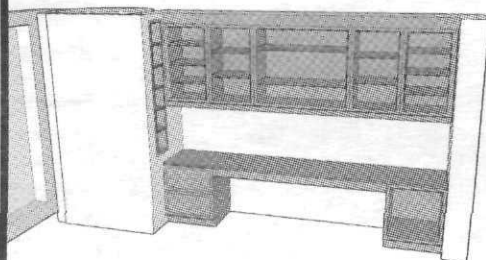
curved, or faces are becoming blurry, schedule an appointment soon to have these symptoms evaluated.

Doctors **Ralph Gebert** and **Anthony Prate** at **the Eye Works, Ltd.** are trained and skilled in diagnosing not only these types of diseases, but many others that impair the vision of thousands of individuals each year. We have two locations, in Barrington and Lake Zurich, and have been providing vision services to the public for 30 years. Whether or not you are already experiencing vision loss, be sure to schedule an appointment today at **the Eye Works, Ltd.** to protect not only the health of your eyes but also those activities that you enjoy on a daily basis.



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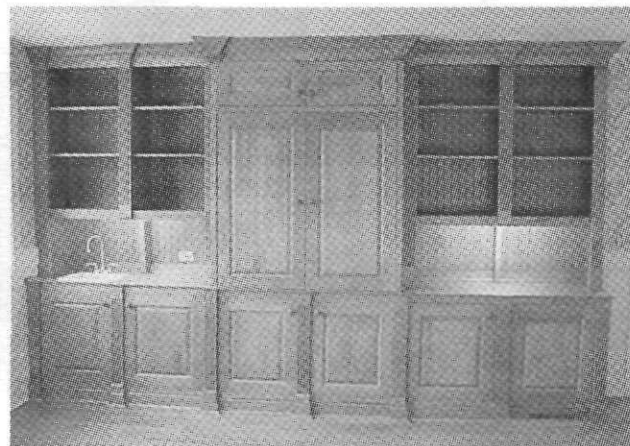
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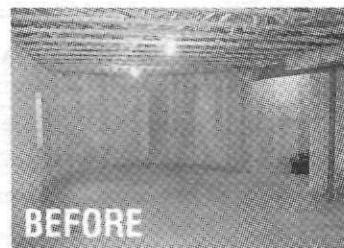
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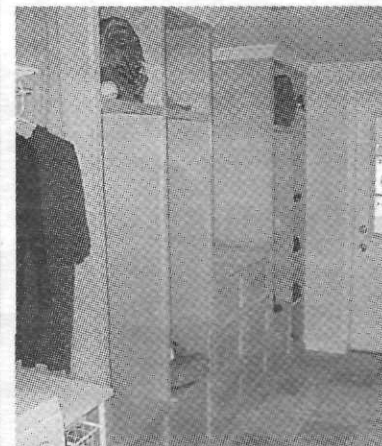
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## Ice House Mall

7, 5 to 7 p.m. at the Ice House Mall. Bring your autographed book to 111 Grille May 7 and receive 50% off your dinner entree.

**Remember Mom on Mother's Day, May 10**, with special gifts from our 16 unique shops of the Ice House Mall. The Ice House Mall has just what you are looking for in the latest fashion apparel and accessories for spring. **Apparel and accessories for men, women and teens** can be found at **Peter Daniel**. Stop in at **Savvy Spirit & Casual** for their new spring arrivals in **casualwear for women**. **Zinnia's** is all the rage with its **trendy and hip clothes** for women and teens

(Continued from page 7)

this spring. Give your home a touch of spring color with **new home furnishings and gifts** from the **Barrington Home Shoppe**. **Soak**, features an array of **hand-made soaps**, bath salts and sugar scrubs, in delicious scents and shapes for spring. One-of-a-kind jewelry can be found at **once in a blue moon**. Stop in to view original paintings by local artists at the **Tina Han Gallery**. **The Sanctuary Salon & Spa** has everything you need from a **full-service salon and day spa** including gift certificates, to pamper yourself and Mom for Mother's Day!

**Get the little ones ready for spring and First Communion at Tommy-Terri,**

infants and children's apparel. Tommy-Terri specializes in fresh and fun apparel and accessories for boys newborn through 24 months and girls newborn through size 10. Tommy-Terri has an array of Communion dresses for your daughter's special day. **Young Tootsies** shoes for children, offers the best in children's casual and dress shoes for spring including Easter and Communion shoes. Stop by **Learning Express Toys'** Bunny Bar, it has everything you need to fill those Easter Bunny baskets. Learning Express Toys is also happy to assist you in choosing the perfect birthday gift. Free gift wrapping is available for your purchases. **Girl Scout Express** is your full-service Girl Scout store. **The 111 Grille**, features award-winning lunch and dinner specials, and now offers **live entertainment**. **Travel**

**House** is a full-service travel agency that can assist you with your spring and summer vacation plans and weekend getaways. **Mall gift certificates always make the perfect gift for any spring occasion and Mother's Day.**

**The Ice House Mall & Village Shops** is a one-of-a-kind shopping center where you can **eat, drink, shop and pamper yourself all day!** The mall is located off of **Lake Cook Road/Main Street at 200 Applebee Street** (next to the Jewel Shopping Center) in **downtown Barrington**. **Mall Hours** are Monday through Saturday 9:30 a.m. to 5:30 p.m., Thursday 9:30 a.m. to 7 p.m., and Sunday noon to 4 p.m. For more information about our unique, one-of-a-kind shopping destination, please call **1-847-381-6661** or visit us on the Web at **www.icehousemall.com**.

## Creating a Sacred Garden—Be Positive!

What is a sacred garden? A place to sit and relax, to escape or heal. Or maybe it's simply a view or a place to play or work with your hands.

As a landscape contractor for over 30 years, I've always felt that the "best" gardens begin with a purpose... your purpose. Our job is to help you realize what this dream is and with our experience, training and knowledge help you put it all together.

### A SACRED GARDEN Requires...

#### Planning... Figuring Out Your "Why"

Do you want a space for family and friends or simply to rest and be quiet? What feeling to you want? Is it possible to have areas that incorporate both private and public activities?

We help you see that the "seed" of your

idea will be the starting point of our landscape design plan.

#### Trust... In Us and Yourself

Once you've made a decision, trust that you've made the right one and then let us do our job. That job is giving you what you want and knowing the best way to do it. This is due to experience and knowledge of not only plants and hardscapes, but the technical knowledge of site analysis.

#### Time... Respect for Nature

Plants aren't furniture. They're growing, living, breathing and require a healthy environment. A new garden is like raising a child. It requires supervision and care but soon, it thrives and becomes independent still needing our attention and respect.

I hope this has been helpful. Please call us at **1-847-426-9190**.



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## MCC to Host Three Musical Events in April

McHenry County College (MCC) will host three musical events in April, featuring a Drum Clinic, a Second Sunday Concert and a Spring Jazz Concert. All of the concerts will be held in the conference center, located in Building B, 8900 U.S. Highway 14 in Crystal Lake.

The Drum Clinic at 2 p.m. Saturday, April 18, will feature MCC drum instructor Steve Fagiano, who will demonstrate drum and snare techniques for beginner and intermediate drummers. Fagiano also teaches drum lessons at two Crystal Lake music stores and privately in Huntley. The clinic will also feature Russ Mehle, a professional drummer and instructor, and The Classic Drum Line, founded and directed by Fagiano, which includes kids from ages 12 to 22, who play drum solos from the best years of drum and bugle corps. Admission is \$10.

A Chicago native, Fagiano started drumming at the age of 10. At 16, he played snare drum with three-time National Champion Chicago Royal-Airs Drum Corps and by 18, he was performing with the drum corps of the U.S. Marine Corps in Washington, D.C.

The MCC Music Department Spring Concert at 3 p.m. on April 19 will feature the MCC Concert Band directed by Thomas Takayama and Michael Bazan; the MCC Chorus, directed by Steven Szalaj; and the MCC Chamber Ensembles, directed by Thomas Takayama.

The Spring Jazz Concert at 7 p.m., Wednesday, April 22, will feature perfor-



**Steve Fagiano will lead a Drum Clinic at McHenry County College at 2 p.m. Saturday, April 18.**

mances by the MCC Jazz Combo directed by Thomas Takayama and the MCC Jazz Ensemble directed by Michael Bazan.

Both of the MCC concerts on April 19 and 22nd are free and open to the public.

For more information on the Spring Concert, contact Thomas Takayama, MCC music department chairperson, at 1-815-479-7670. For more information on the Drum Clinic, contact Steve Fagiano at 1-847-404-7806.

## Topic to be the Monarch Butterfly

Thankfully, spring has rolled into Barrington in all its glory. Members of the Green Thumbs of Barrington Garden Club will celebrate the joys of the season at a meeting at 12:30 p.m. on Monday, April 20 at the Barrington Area Library. A fascinating program entitled "Monarch Butterfly—Nature's Greatest Wonder" will be presented by Diane Hunter, who will explain and illustrate by slides the monarch's remarkable migration from Chicago all the

way to the mountains in the Mexican state of Michoacan—a journey of 2,500 miles. She will also reveal some of the plants we can incorporate into home gardens which will assist the monarch in its life here in the Midwest and in making preparations for the annual trip to Mexico.

Following Hunter's talk, there will be a business meeting. Anyone is welcome to attend. Please contact Vicki at 1-847-526-5998.

## Tri Delta Spring Events

The Chicago Northwest Alumni Chapter of Delta, Delta Sorority will host a Shopping Extravaganza on Wednesday, April 6, 7 p.m., at the home of a member.

On Sunday, May 3, there will be a pansy luncheon at the Inverness Country Club.

Alumni should call 1-847-387-3245 or 1-847-867-4581 for additional information.

## Searching for the Perfect Look for Your Home?

Have you been browsing through kitchen and bath magazines searching for the perfect look for your home? Do you have a mental "wish list" of what your new room would have in it to make it just perfect? Have you been waiting a long time—maybe too long—to get the project started? Well, why not take a short ride to McHenry to visit our unique showroom?

Nestled at the end of Main Street, a large flour mill has been converted into an impressive, relaxing atmosphere which cleverly displays Wood-Mode and Brookhaven cabinetry. From the moment you enter, you feel at home there. The light scent of creamy spices and hot coffee will beckon you inside where you will be greeted by the warm, friendly smiling face of one of our designers.

We will give you a tour, listen to your needs and make an appointment to go to your house and measure the room(s) in need of updating. We will prepare some drawings and pricing for you within about two weeks and invite you back to our shop to share our ideas with you. You will be on your way to an exciting experience of making that annoying eyesore of a



**Patricia J. Kelly**

room into a stunning new space for your family.

The dark days of winter are over and it's a good time to get started on any project. With careful planning, you can have installers coming and going during the summer, and by fall you'll be loving your new room. Owners Pat Kelly and Larry Holland oversee every project and believe in a team approach, so you feel comfortable with more than one person at **Old Mill Kitchens**.

"We make it fun to have your remodeling project done!" is our slogan. Walk-ins welcome. Appointments are advisable. See you soon!

## Catholic Charities' LOSS Meeting Dates

Catholic Charities of the Archdiocese of Chicago invites those who have experienced the loss of a loved one to suicide to participate in its Loving Outreach to Survivors of Suicide Program (LOSS).

### Meeting Dates and Locations

• Sunday, 7 to 9 p.m. at Catholic Charities Northwest Office, 1717 Rand Road, Des Plaines, on April 12.

• Wednesday, 7 to 9 p.m. at Holy Fam-

ily Church Counseling Center, 2515 Palatine Road, Inverness, on April 15.

• Thursday, 7 to 9 p.m. at Carmel High School, One Carmel Parkway, Mundelein on April 23.

To learn more about Des Plaines-based Catholic Charities' Northwest Suburban Services and how they may help you or someone who needs help, please phone 1-847-376-2118.

## Lake County Camera Club

The Lake County Camera Club is having their monthly meeting on Thursday, April 2, 7 p.m. at The Lake County Center for Independent Living, 377 N. Seymour Ave., Mundelein. This meeting will feature an exciting program entitled "Introduction to Photoshop and Photoshop Elements" with presenter Bailey Donnally.

You are invited, whether digital, film or

slide, hobbyist or professional photographer, to their meeting to observe, to share, to have fun, and better yet, to be part of the club!

The public is welcome for a \$5 entrance fee.

Please RSVP by calling 1-847-826-4887. For more information, visit their Web site at [www.lakecountycameraclub.org](http://www.lakecountycameraclub.org).

## Milwaukee River Cruise

Area seniors are invited to join the Barrington Area Council on Aging (BACOA) and the Barrington Park District for a Milwaukee river cruise on Thursday, May 21.

The hour-and-a-half narrated cruise will spotlight the city's architectural highlights and historic sites. The trip will also include time for shopping after the cruise.

Cost for the trip is \$55, which includes transportation by Park District van, lunch and cruise. The bus will leave the Barrington Park District at 8:30 a.m. and return to Barrington around 4:15 p.m.

Seats are limited. For reservations, call the Park District at 1-847-381-0687.

## Cats at Harper College

ArtReach Educational Theatre in partnership with Spotlight Theatrical Production Company is staging *Cats*, music composed by Andrew Lloyd Webber and lyrics based on T. S. Eliot's *Old Possum's Book of Practical Cats*.

*Cats* will be presented at the Harper College J Theater, 1200 W. Algonquin Road, Palatine, on Friday, April 24 at 7:30

p.m., Saturday, April 25 at 2 p.m. and 7:30 p.m., Friday, May 1 at 7:30 p.m., and Saturday, May 2 at 2 p.m. and 7:30 p.m. For tickets, please call 1-630-808-5852. Tickets are \$17 at the door and \$15 in advance. Reservations are recommended. Group discounts are available.

For information, please call 1-847-372-7798 or visit [www.artreachspotlight.com](http://www.artreachspotlight.com).



## Lawn Problems?

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**Turf Care Enterprises** was founded in 1986 with the goal to provide a more personalized, knowledgeable, and environmentally friendly lawn care service to our area. Locally owned and operated in Barrington, their team of certified professionals knows what it takes to produce the most beautiful lawns around. "We continually research the latest products and techniques, utilizing only the finest for our programs," said Kevin Vogeler, the company's owner. The fertilizers they primarily use are natural and formulated based on local soil testing.

**Turf Care Enterprises** specializes in personalized, custom-tailored programs that meet the individual needs of each lawn. They do not use the approach common in the industry where a set program is used on all lawns. Instead each of their service vehicles are equipped with many different products and formulations, to ensure that each individual lawn gets exactly what it needs. This personalized approach helps create lawns that are the envy of the neighborhood.

**Turf Care Enterprises'** lawn care technicians are knowledgeable professionals, committed to providing you with the highest level of service and expertise. In fact, they have a higher ratio of personnel with certifications in turf grass management than any other company in this area. Vogeler commented "My company is dedi-



cated to improving the world we all share. We love growing things and have made this our lives' work." When caring for plants they use a gentle, natural approach, selecting environmentally friendly products. "We use primarily natural mineral and organic materials. If problems develop and other products are needed, they are applied only as necessary." This has allowed **Turf Care Enterprises** to manage thousands of lawns using an average of only 3% pesticides annually.

**Turf Care Enterprises** also has a specialized Tree and Shrub division, with ISA-certified arborists. They offer a wide range of tree and shrub care services to enhance the beauty of your landscape. Some of the services they provide are liquid injected fertilization, insect/disease controls, medicated injections and inspection treatment programs. For more information, contact them at **1-847-304-4144**.



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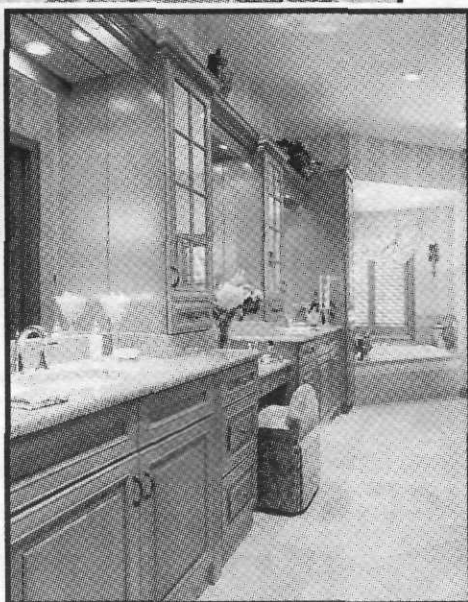


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—Michele and Scott Barber, Inverness



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Whether you are starting a renovation project, building a new home or updating an existing room, hiring an interior designer in the beginning phase is a smart decision. Although it can be exciting and fun to select some of the elements that will go into your new project, it can get overwhelming and tiresome further in. **CJ Residential Design** can fine tune your plans and narrow down the choices for you. Here are some of the ways we can make the process easier for you and add more character to your home.

- Select materials for flooring, bathrooms, kitchens & cabinetry
- Plan the layout of the items above
- Design custom cabinetry & storage
- Select architectural trim, moldings, railings & balusters
- Select lighting and suggest additional places to add sconces, fixtures or accent lights
- Create a floor plan with existing & new furniture so you can plan ahead for floor outlets, television placement & new furniture purchases
- Coordinate fabrics & materials for window treatments and furnishings to create continuity throughout your home
- Select wall colors & decorative finishes or wallpaper



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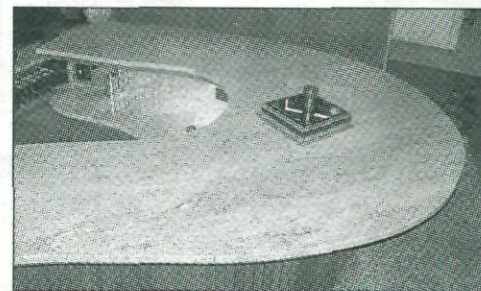
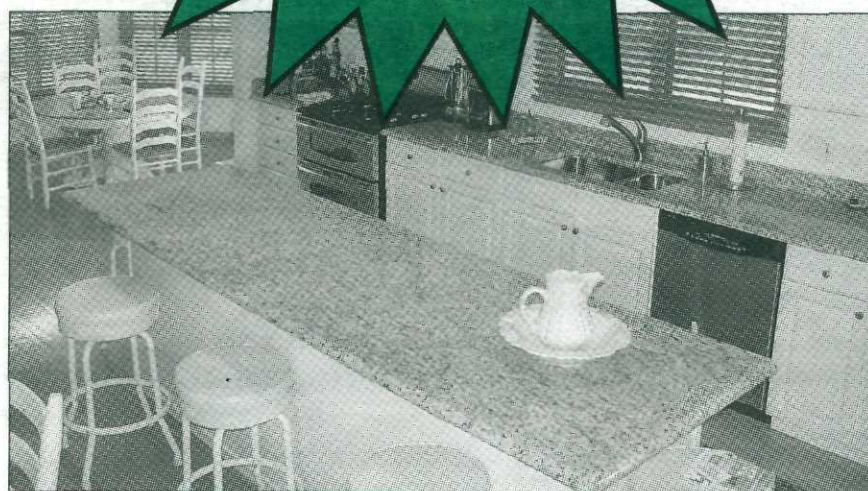
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