October 2003



BYDE to Present Under the Big Top Gala

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NEWS MAGAZINH

Second City Comes to Barrington for One Night Only

Barrington Challenge Cup Scores Big in Battle to Save Lives



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Electrolysis is the Answer

ing and an attractive appearance is likely to read about electrolysis. It is the only method which will remove your unwanted hair permanently, and it is not a new technique. Successful results have been 1875, more than a century ago.

Nowadays thousands of women make appointments every week with their electrologists, but very few openly tell their friends or relatives about the positive results. Most people are too embarrassed to mention facial or body hairs, and so the facts about permanent removal must often be learned from responsible beauty editors or medical columnists.

NEWS MAGAZINE

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Fortunately, there is a skilled electrolo- day.

Anyone who is interested in good groom- gist at Clear Reflections in the Barrington Commons who can remove those telltale hairs quickly and conveniently in the privacy of a professional office.

Now past its 100th anniversary, electrolysis is a boon to mankind which goes on reported in the medical journals since making converts every day. The reason is obvious-success and permanence make an unbeatable combination.

Take away those unwanted hairs and what you have left is confidence in your own charm and attractive appearance. Phone Clear Reflections at 1-847-381-9020 for your appointment.

Clear Reflections has provided 27 years of service at the same location.

Convient hours Monday through Thurs-

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- THE STREET

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e-mail: editor@lifestylesmagazines.com

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Editor's Ink

Prepress Composition

& Imaging

October, 2003

Dear Reader. This issue marks the 20th anniversary of Barrington Lifestyles. It truly does not seem possible it has been that long. I have enjoyed presenting the upcoming events in the area, meeting so many wonderful people, working with the advertisersthe list goes on and on. I also have enormously enjoyed the many wonderful messages you have written to me over the years. Your praise and en-

couragement have warmed my heart. As always, there are many upcoming events in the Barrington area this autumn. Let me highlight two of them for you.

On Saturday, Oct. 18, the Barrington Youth Dance Ensemble will host the Under the Big Top gala. The event will take place at the beautiful home of Jasper and Marian Sanfilippo. This Barrington Hills Victorian Palace and Eden Palais will be the sumptuous background for this circus-themed event. In addition to an extravagant live auction, the BYDE company dancers will perform. Their performance is always exceptional.

On Nov. 14, the Hough Street School PTO will sponsor a performance by The Second City, Chicago's legendary comedy theatre. The alumni list of The Second City is quite impressive and includes such names as Joan Rivers, John Belushi and Julia Louis-Dreyfus. The show will be held at the Barrington High School Auditorium and there will only be one performance.

Until next time, peace and happiness.

With warm regards, Glenne McMonigal Editor, Lifestyles Magazines

About Our Cover

The chenille sweater and matching scarf make it easy to stay warm yet chic by Company by Ellen Tracy. Fall 2003.



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2 Barrington LIFESTYLES October 2003	- 1

BYDE Announces Under the Big Top Gala to Support Ninth Annual Production of The Nutcracker

ly open their Barrington Hills Victorian rabilia, in- and out-of-town getaways, Palace and Eden Palais at 6 p.m. on Saturday, Oct. 18, for Barrington Youth Dance tickets, and more items coming daily. Ensemble's Under the Big Top gala. Gerald Arpino, founder and artistic direc- light will move to the mainstage. BYDE tor of Joffrey Ballet of Chicago, will be the honorary chairman for this elegant evening in support of BYDE's ninth annual production of The Nutcracker, a treasured Barrington-area tradition.

The evening will begin with docent-led tours of Sanfilippo's grand Victorian Palace, which includes the world's largest collection of restored antique music machines. Following the tours, guests will retreat to the magnificent Eden Palais housing the most spectacular hand-painted European salon carousel in existence. Guests will enjoy passed hors d'oeuvres while they review the festive silent auction tables.

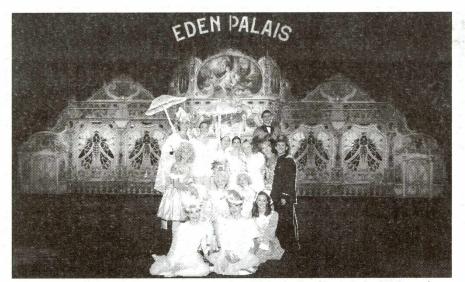
up his vocal chords to entice lively bid- ton. Performance times are Friday, Dec. 5, which includes golf outings, sports, resort and 6:00 p.m.; and Sunday, Dec. 7, at 6:00

Jasper and Marian Sanfilippo will gracious- and spa packages, signed sports memojewelry, sports/dinner/theatre/concert

> As the live auction wraps up, the spotcompany dancers will open the performance with Bach in Blue, a neoclassical piece choreographed by Pamela Johnson-Tanis from Chicago. Guest artists Guillermo Leyva and Allen Desterhaft from Chicago will join BYDE dancers in selections from the company's ballet, Under the Big Top. Leyva, formerly with the Joffrey Ballet of Chicago, will portray the Ringmaster as Desterhaft adds some circus humor in his role as the Clown Cop.

Co-chairing this grand event are Suzanne Allison, Deer Park; Cynthia Baer, Barrington Hills; and Laurabeth Lamberta, Inverness.

The ninth annual production of The As dinner is served, Keith Jones, the Nutcracker will be presented in the Richchampion auctioneer of Sayre & Jones ard C. Johnson Auditorium at Barrington Auctioneers of Arlington Heights, will gear High School, 616 W. Main St. in Barringding during the extravagant live auction, at 7:30 p.m.; Saturday, Dec. 6, at noon



Dancers at the Under the Big Top gala will include: (from left, back row) Stephanie Schwartz, Barrington; Shannon Spicer, Barrington; Carly Czach, Palatine; Stephanie Baer, Barrington Hills; Kate Schoell, Arlington Heights; Guillermo Levva, quest artist from Chicago; Karen Janet, Inverness; and Allen Desterhaft, guest artist from Chicago; (from left, second row) Katlyn McMorris, Barrington; Katelyn Schmidt, Barrington; Abigail Watson, Barrington; (from left, seated) Kate Lamberta, Barrington; Jennifer LaMantia, Arlington Heights; and Kelsey Allison, Barrington.

p.m

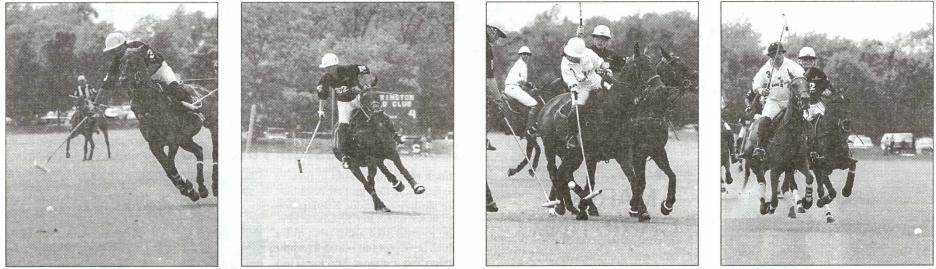
Tickets for Under the Big Top are \$150 per person and include gourmet dinner and valet parking (black tie optional). Reservations are limited. Please respond by Oct. 10. Make checks payable to BYDE

c/o Jessica Gumowski, 758 W. Northwest Hwy., Barrington, IL, 60010.

For more information or to order gala tickets, call 1-847-382-6333, ext. 4. Visa and MasterCard accepted.



Barrington Challenge Cup Scores Big in Battle to Save Lives



(From left, first photo) Francisco Bilbao reaches for the ball on his way to goal for CBS-2 WBBM-TV; (second photo) Tod Rackly was on the ball for CBS-2 WBBM-TV; (third photo) Barrington resident Barb Uskup, playing for Bank One, turns the ball while defended by Tod Rackly and Barrington resident and CBS general manager Joe Ahem for CBS-2 WBBM-TV; (fourth photo) CBS-2 WBBM-TV general manager Joe Ahem defends against Bank One's Antonio Galuar. (All photos by Anthony Scarlatti.)

Saturday, July 26, marked the successful of Barrington, Stu Taussig's Soarant LLC conclusion of the Third Annual Barring- emerged with a narrow 4-3 victory over ton Challenge Cup to benefit the National Darren Watt's Krafsut Law Group. Rob Breast Cancer Foundation and other local charities

Two exciting polo games were held, beginning at noon with a fabulous Pas de Deux dressage demonstration by Barrington Hills own Susan Gohl and Julie Julian ors. of Flying Dutchman Farm. Attendees were given the opportunity to try their hand at the sport with an opportunity to hit a polo ball from a wooden horse through the goal. Children young and old were also challenged with a polo trivia quiz, and the

Yackley's beautiful young pony, Just Do It, won the Best Playing Pony award. Best Shot went to John Ryan. And Jack Murphy took home the MVP Pro Award with Chris Vangel receiving the MVP Amateur Hon-

In the feature match, The Barrington Challenge Cup, Barrington resident loe Ahern's WBBM-TV CBS 2 emerged victorious with a score of 11-10 over Bank One PCS. CBS 2's Francisco Bilbao led the scoring with a game high total of eight goals winners received hats and T-shirts from and his being chosen as the pro MVP for the game. Anthony Garcia's Bubba Texas Polo. In the first game of the day, The Battle emerged as the Best Playing Pony. Best

Shot Honors went to Billy Mudra for his crusher of a shot from the boards at midfield that found the mark to tie the game for Barrington in the fourth chukker. Barrington resident and event chair Barb Uskup took home the MVP Amateur Honors for the day.

The biggest winner of all were the charities. Through the generosity of many, over \$62,000 was raised. The major beneficiary of the event, The National Breast Cancer Foundation, has been utilizing the funds raised for the past two years to establish and fund a program at The Breast Care Center at St. Alexius Hospital in Hoffman

Barb Uskup, event chair, stated, "Although the dollar amount of funds generated by the event did not equal that of previous years, we are delighted with the fact that so many more people supported the event in whatever way they could. We are still accepting donations to try to increase our total to benefit this very worthwhile program. Please remember that without this program, so many working poor and uninsured women would not receive the care they need and deserve. If you would like to support them, please help!"

If you would like to contribute, please Estates to provide free mammography and send your donations to Barrington Polo breast cancer education to women with for Charities, Ltd., 7 Cross Timber Road,

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Barrington, IL, 60010.

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World Community Day

Church Women United of the Barrington Area will celebrate World Community Day on Friday, Nov. 7, at Faith Community United Church of Christ, 2023 Route 176 in Prairie Grove. Worship will begin at 10:45 a.m. followed by an agape luncheon.

Please bring a sandwich and fruit or cheese to share. Beverage and dessert will be provided. Child care is available, but please bring a sack lunch for each child.

World Community Day is an annual event that unites Christian women of all denominations in common worship for the purpose of strengthening and building friendly relations within the community. This year's theme, "Circles of Love," focuses on Christian women extending friendship to others in an effort to promote peace and justice through inclusion. Featured guest speakers will be students from Barrington High School who attended the World Affairs Seminar at the University of Wisconsin-Whitewater in June. Four students were awarded scholarships to the seminar by the Rotary Club of Barrington.

Rotary Clubs and other service organizations aid in the funding of this valuable weeklong experience. Over the 27 years that World Affairs Seminars have been held, more than 19,000 students from the world over have participated. Today, some of those students are deeply involved in world events with organizations such as The Peace Corps, Amnesty International and the foreign service arms of their governments.

The Rotary Club of Barrington has 1-847-381-2094.

Barrington Newcomers Oktoberfest

to celebrate Oktoberfest. Join us for an aganza! Cost is \$20 per couple. Anyone evening of food and drink on Saturday, Oct. 4, at 7:30 p.m. at the home of Yasmin and Bob Kinton. The brew master from many fun activities. For more information, Brass Restaurant and Brewery of South contact Sue Rogers at 1-847-381-2931. Barrington will present a brief history of

Icelandic Design Fall 2003

Chuck Hines is pleased to present the Icelandic Design Fall 2003 line. The designer, Gerdur Kristjánsdottir, draws upon her Icelandic heritage to create the artful designs for which the Colorado-based Icelandic design has become known. They continually strive to harmonize color, pattern and style to bring an element of warmth and originality into the lives of their customers.

Chuck Hines is fortunate to be in our 40th year in Barrington and to be able to present this proud, exquisite line to our customers.



The Pomerelle Cardigan,



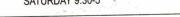
(From left) Barrington High School Students Andrew Johnson, Emily Goodman, George Wyhinny and Rania El-Sorrogy attended the weeklong World Affairs Seminar at University of Wisconsin-Whitewater and will speak at Church Women United World Community Day on Nov. 7.

awarded scholarships for many years. This year's theme, "Making Peace: Managing Conflict," allowed students to hear and discuss with speakers about historic attempts at peace management in many areas, including the Middle East, Africa, Rio de Janeiro and North Korea, as well as international peace organizations. Through small-group and social interaction and the writing of position papers, students develop new ideas and attitudes about achieving peace and justice.

For more information, please call Becky Bosarge, 1-847-304-1178, or Faith Semla,

It's time for the Barrington Newcomers beer followed by a beer-tasting extravnew to the community is welcome to join the Barrington Newcomers and attend our





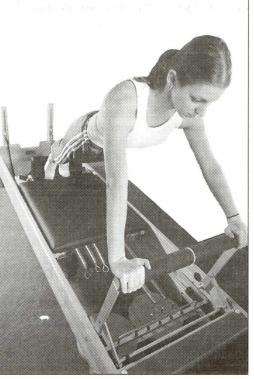
Studio Pilates Opens at New Location

Different from any other exercise program, Pilates is based on the principal that body and mind must work in harmony to achieve total fitness. Developed from the techniques of legendary fitness trainer Joseph Pilates in the 1920s, you can discover the benefits of Pilates at Studio Pilates, an innovative, refreshing mind-body exercise studio now open in its new location at 46 Brink Street in downtown Crystal Lake.

This safe, sensible exercise system helps you look and feel your very best, no matter what your age or condition. Studio Pilates offers personal training as well as group equipment and mat classes where experienced staff helps you focus on building strength without "bulking up"; increasing flexibility and agility; developing optimal core control; creating flat abdominals, slender thighs and a strong back; and promises a refreshing mindbody workout. No other exercise system is so gentle to your body while giving it a challenging work-

out. Many of the exercises are performed in reclining or sitting positions, and most are low impact and partially weight bearing.

a warm, relaxing environment designed Crystal Lake.



The Reformer

to maximize your Pilates experience. Several affordable plans are now available. For more information, please call Studio Pilates at 815-455-4900 or visit the new The new location of Studio Pilates is location at 46 Brink Street in downtown

Art Volunteers in the Classroom Seminar

the Art Institute of Chicago will present "The Art of Presentation: The American Image: Creativity in a Changing World" on Oct. 8 from 9:15 to 11:30 a.m. at Presbyterian Church of Barrington, 6 S. Brinker Rd.

Come explore creative ways to implement art presentations students will truly enjoy. This seminar is designed to benefit volunteers at different experience levels and curriculum requirements.

Nenette Luarca, staff lecturer with the department of museum education at the rington Community Associates of the Art Art Institute, worked with Chicago public Institute of Chicago.

The Barrington Community Associates of schoolteachers and six Chicago museums to create Internet-based curriculum units. In this Art Volunteers in the Classroom

seminar, explore how history has changed artistic production and how this will help students understand their own world.

The fee is \$8 per person, payable to the Barrington Community Associates. Reservation forms are available from school PTO/PTA organizations or from Pat Valentine, 1-847-516-3470.

The seminar is sponsored by the Bar-

Hearthstone Village Designed to Fit Your Lifestyle

Established in the quaint town of Woodstock is charming Hearthstone Village Retirement Community. Located on a wooded 17-acre campus, Hearthstone **Village** is an ideal setting to enjoy the lifestyle of retirement living. Companionship is vital at any age, and at the village, friends are as close as your front door.

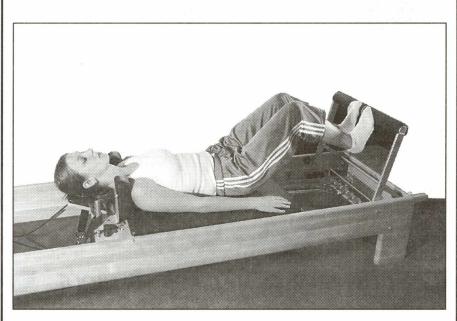
There are a wide range of activities, programs, trips, tours and crafts to enjoy. Restaurant-style dining, housekeeping, chapel, daily activities and transportation to physicians and shopping are included in the monthly rent. Hearthstone Village has its own library, cafe, beauty shop, recreation room, private dining and meeting room, and general store for resident ty with Medicare Certification-all located convenience. Newly licensed, supportive services are on site and designed to fit your lifestyle. A variety of apartment sizes,

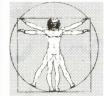
fresh air of a country location provides the beauty of sunsets and a relaxed atmosphere of friendly, heartland values.

Hearthstone Village is one of five divisions managed by Woodstock Christian Life Services, a not-for-profit organization. Hearthstone Village is part of a Continuing Care Retirement Community that provides all levels of senior care from independent living to round-the-clock nursing supervision. Our Continuing Care Retirement Community includes the independent apartment community, licensed sheltered care/assisted living, a dedicated Alzheimer's disease and dementia program, and a long-term care nursing faciliwithin the same campus.

Hearthstone Village Retirement Community ... the perfect community to

"It is the mind itself which builds the body." -Joseph Pilates



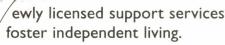


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services and amenities are available. The call home.



CHAMBER FUN & FRIGHT NIGHT

Sponsored by the Ambassadors of the Barrington Area Chamber of Commerce

Tuesday, October 21, 6:00-9:30pm Health World Museum 1301 S. Grove Avenue.

Don't miss out on this spook-facular event! The proceeds benefit our Business and Management Assistance Programs available to all business owners-small and large.

Come dance to our fabulous MUSIC, vie for over \$750 in Jack O'Lantern PRIZES (no purchase necessary), join in our COSTUME CONTEST, play numerous GAMES for spectacular prizes (no purchase necessary), enjoy your favorite delicacies and refreshments from our Taste of Barrington.

Admission tickets are \$20 (\$25 at the door) (You must be 21 years or older for admission)

> Corporate Sponsors & Donated Prizes are Greatly Appreciated

For more information or to purchase tickets, call the Barrington Area Chamber of Commerce at 847/381-2525

Wellness Place October Classes

tainty are invited to find relief in a variety creasing a sense of resiliency and wellof October activities presented by Wellness Place, a cancer resource center at from 1:00 to 3:00 p.m. 1619 West Colonial Parkway, Palatine.

stress management program includes everything from art therapy, guided imagery and exercise classes to medical hypnosis, massage and healing touch.

October's offerings will be presented at no charge, but registration is required. Call 1-847-221-2400. Classes include the following:

Cancer patients who feel stress and uncer- technique for managing stress and inbeing on Mondays, Oct. 6, 20 and 27,

• Wellness through Deep Hypnosis-The nonprofit cancer center's ongoing The Rev. Dr. Scot Giles, a board-certified hypnotist and chaplain, will guide a safe and enjoyable medical self-hypnosis designed to release pain and facilitate selfhealing. He will discuss "Finding the Love You Need" on Saturday, Oct. 4, from 10 a.m. to noon.

• Open Art Studio-Wellness Place art therapist Lori Mackey will help partici-• Guided Imagery and Visualization pants create, explore, express and share

Fall Anniversary Sale at Little Munchkins

Visit Little Munchkins on Saturday, Oct. 4, from 10 a.m. to 5 p.m. and help us celebrate our second anniversary. Receive 20% off your purchase of \$100 or more. Take an additional 20% off summer and fall clearance for total savings of 70%.

While you browse through our fabulous selection of designer clothes for kids, we'll keep your little ones entertained with face painting, coloring, balloons and refreshments

And while you're shopping, don't forget to enter for chance to win a \$50 Little Munchkins gift certificate. No purchase necessary.

Bring your children and join the fun!

The First Annual Barrington **Exotic & Sports Car Show**

Sports Car Show is presented by local corporate sponsors Harris Bank, Lamborghini Chicago, Champion Dodge of Bar- car, luxury car or exotic car, you are enrington, Grandpa's Ristorante, Savard & Associates, and Signs By Tomorrow-Arlington Heights. With promotion by title sponsor Mr. PT, Inc., the event will feature some of the finest exotic and sports cars in Barrington for community viewing. This event will join the host of activities during the Third Annual Scarecrow Festival.

Janet Meyer, president of the Barrington Area Chamber of Commerce, said she is happy to support this first annual car show with the Village of Barrington's Third Annual Scarecrow Festival.

The car show will be held at the Harris Bank parking lot (with an entrance at Lake tion, visit the www.mrpt.com Web site and Spring streets) from 1 to 4 p.m. Ad- and click on the "Barr. Car Show" button mission is free! Food and refreshments or call Mr. PT, Inc., at 1-847-726-9181.



Little Munchkins is open Monday through Saturday, 10 a.m. to 5 p.m. Call us at 1-847-381-3960.

The First Annual Barrington Exotic & will be available by Grandpa's Ristorante of Barrington.

If you own a sports utility vehicle, sports couraged to sign up online at www.mrpt. com. (Space is limited, so register soon!) Six awards will be given: Best in Exotic Category awarded by Lamborghini Chicago; Best in Sports Category awarded by Champion Dodge of Barrington; Best in SUV Category awarded by Harris Bank Barrington; Best in Luxury Category awarded by Grandpa's Ristorante & Catering; People's Choice awarded by Savard & Associates; and Best in Show awarded by Mr. PT, Inc.

All proceeds benefit the BACC Scholarship Fund for graduating seniors in over 15 area high schools. For more informa-

necessary; art materials will be available or participants may bring their own supplies for sessions on Mondays, Oct. 6 and 20, from 2:00 to 4:00 p.m., and Monday, Oct. 27, from 6:00 to 8:00 p.m.

•Look Good, Feel Better®-Kathy Devyak, a licensed cosmetologist and hairstylist, and Laura Johansen, an esthetician ticed standing or seated. Space is limited and cosmetics expert, will conduct a hands-on workshop on Tuesday, Oct. 7, from 1:00 to 3:00 p.m. In this fun, relaxing afternoon for women in active radiation or chemotherapy cancer treatment, participants will learn beauty techniques for coping with complexion and nail changes and hair loss. Women who register three weeks in advance with their complexion type may order a free makeup kit. The workshop is given in cooperation with the American Cancer Society and the National Cosmetology Association.

• Fun Friday-Professional staff and participants will relax, network and enjoy life over a bag lunch on Friday, Oct. 31, from noon to 2:00 p.m. Halloween costumes welcome.

• Hatha Yoga—Instructor Sandy Moore will lead participants in a sequence of reation. Space is limited for classes each to promote self-healing. Call to register.

• Tai Chi Chih-Diana Durkin will explain Chinese healing principles and present 20 gentle movements to soothe the body and mind. This form of movement meditation circulates and balances the body's natural energy. It may be pracfor classes each Wednesday in October from 10:30 to 11:30 a.m.

 Mindfulness-Based Stress Reduction -Wellness Place Clinical Specialist Lois Coldewey will lead an eight-week committed class offering in-depth training and extensive hands-on experience with a variety of mindfulness practices. Call Coldewey for a phone consultation and class dates and time.

• Massage-A 30-minute, fully clothed massage by professional volunteers and supervised students of the Chicago School of Massage Therapy will be offered on a varied schedule. Call to register.

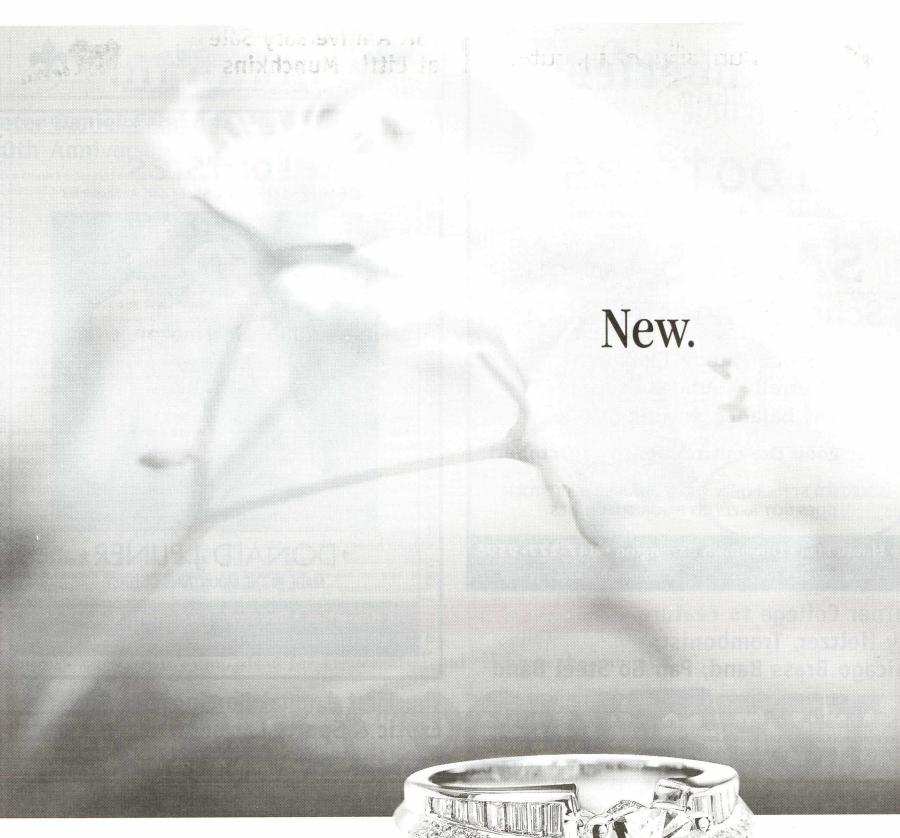
• Healing Touch Therapy-Volunteer healing touch practitioners will offer onehour sessions to complement existing medical or psychological care. The energy-based therapeutic approach to healing storative and gentle yoga postures that uses a variety of techniques to clear and release muscle tension and foster relax- balance the body's energy system in order

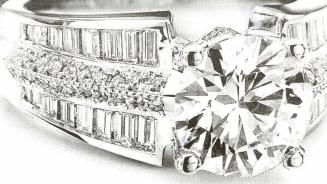
active guided imagery, will explain this ing environment. No artistic experience is

Group-Mary Sinclair, certified in inter- with others in a creative, safe and nurtur-

Tuesday in October from noon until 1:00





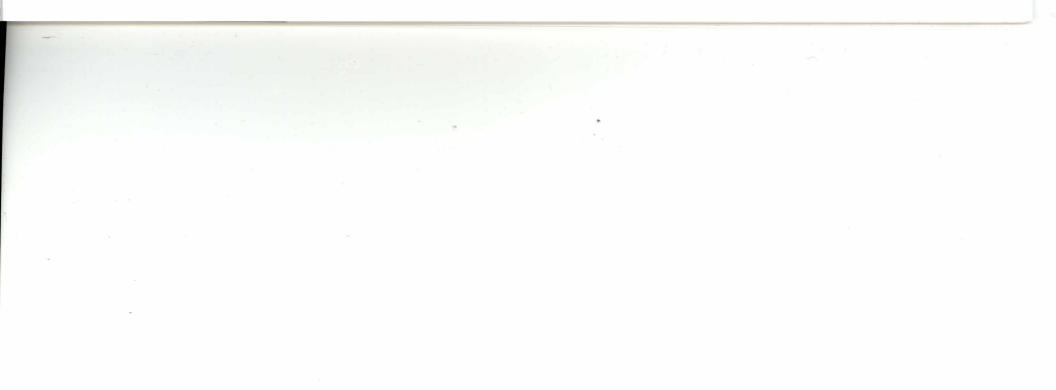


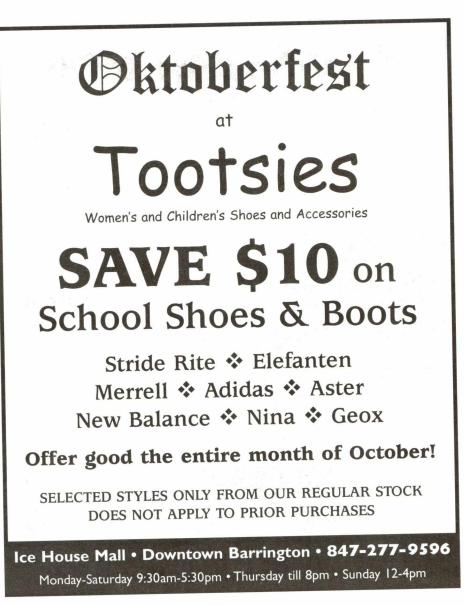


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Harper College to Feature Jay Heltzer, Trombonist; Chicago Brass Band; Pan Go Steel Band

bonist Jay Heltzer, the Chicago Brass Band and the Pan Go Steel Band, will highlight Harper College's Cultural Arts Music Concert Series this fall with performances in the college's Performing Arts Center.

Kicking off the series at 7:30 p.m., Friday, Oct. 10, is trombone soloist Jay Heltzer, who was the first trombonist ever to win the wind division of the Union League Civic & Art Foundation Scholarship competition.

Performing on the bass trombone, Heltzer also teaches low brass instruments such as the tuba, trombone, euphonium and baritone. His program will include pieces by Johann Ernst Galliard, Paul Hindemith, Antonín Dvorák, Larry Lipkis and John Cage.

"The trombone is a great sound, it has a great role, a great responsibility in music," says Heltzer.

A musician who also enjoys juggling and cooking, Heltzer can be heard playing with the Da Cornetta Opera, Light Opera Works and from time to time with other area orchestras, such as the Milwaukee Symphony and backstage at the Lyric Opera.

Tickets for Heltzer's trombone recital are \$7 for general admission.

Next in the series is the Chicago Brass concerts throughout the Midwest. Band, a competitive brass and percussion

Award-winning musicians, including trom- form their unique sounds in treble clef at 7:30 p.m., Saturday, Oct. 11.

An institution in the United Kingdom, brass bands have seen a resurgence in popularity in the United States over the past 15 years. Up to that time, the Salvation Army through their music ministry maintained the brass band tradition in this country

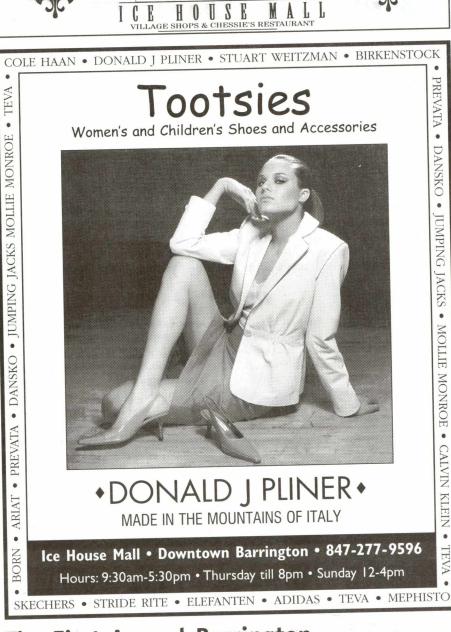
Tickets for the Chicago Brass Band's concert are \$15 for general admission.

Rounding out the Cultural Arts Music Concert Series is the Pan Go Steel Band who will perform original compositions, along with a variety of musical styles from around the world, when they perform on steel drums at 7:30 p.m., Friday, Oct. 17.

Comprised of pannists Joe Sonnefeldt, featured soloist, single tenor pan; Kevin Jocius, single tenor pan; Mark Smith, featured soloist, double tenor pans; Lana Wordel, double seconds pans; Steve Flowers, triple cello pans; and Glenn Donaldson on electric bass, the band is under the direction of Paul G. Ross, drums and arranger for the group.

A key component of every Pan Go performance is "stylistically accurate renditions of the Trinidadian soca" along with a "strong jazz element," according to Ross. Pan Go has performed at festivals and

Tickets for their Harper concert are \$15



The First Annual Barrington **Exotic & Sports Car Show**

Sports Car Show is presented by local corporate sponsors Harris Bank, Lamborghini Chicago, Champion Dodge of Barrington, Grandpa's Ristorante, Savard & Associates, and Signs By Tomorrow-Arlington Heights. With promotion by title sponsor Mr. PT, Inc., the event will feature some of the finest exotic and sports cars in Barrington for community viewing. This event will join the host of activities during the Third Annual Scarecrow Festival.

Janet Meyer, president of the Barrington Area Chamber of Commerce, said she is happy to support this first annual car show with the Village of Barrington's Third Annual Scarecrow Festival.

The car show will be held at the Harris mission is free! Food and refreshments or call Mr. PT, Inc., at 1-847-726-9181.

The First Annual Barrington Exotic & will be available by Grandpa's Ristorante of Barrington.

If you own a sports utility vehicle, sports car, luxury car or exotic car, you are encouraged to sign up online at www.mrpt. com. (Space is limited, so register soon!) Six awards will be given: Best in Exotic Category awarded by Lamborghini Chicago; Best in Sports Category awarded by Champion Dodge of Barrington; Best in SUV Category awarded by Harris Bank Barrington; Best in Luxury Category awarded by Grandpa's Ristorante & Catering; People's Choice awarded by Savard & Associates; and Best in Show awarded by Mr. PT, Inc.

All proceeds benefit the BACC Scholarship Fund for graduating seniors in over 15 area high schools. For more informa-Bank parking lot (with an entrance at Lake tion, visit the www.mrpt.com Web site and Spring streets) from 1 to 4 p.m. Ad- and click on the "Barr. Car Show" button

All of the concerts will be held in the cated at 1200 W. Algonquin Road, Pala-Harper College Performing Arts Center. tine. Call 1-847-925-6100 for tickets and

ensemble with 30 members who will per- for general admission.

8 Barrington LIFESTYLES October 2003

Parking Lot #2 is closest to the center, lo- information.



Peter Daniel Celebrates 30th Anniversary

Peter Daniel is thrilled to be celebrating 30 years of retail excellence with a fabulous sale, trunk shows and festivities all for you. It's our special way of thanking you for your continued support and loyalty throughout these 30 years.

You won't want to miss the substantial savings on dress shirts, slacks, sweaters, suits and sportcoats in our men's department and the fabulous new apparel and accessory collections in our ladies department. Of course, all are at sale prices now through Oct. 20.

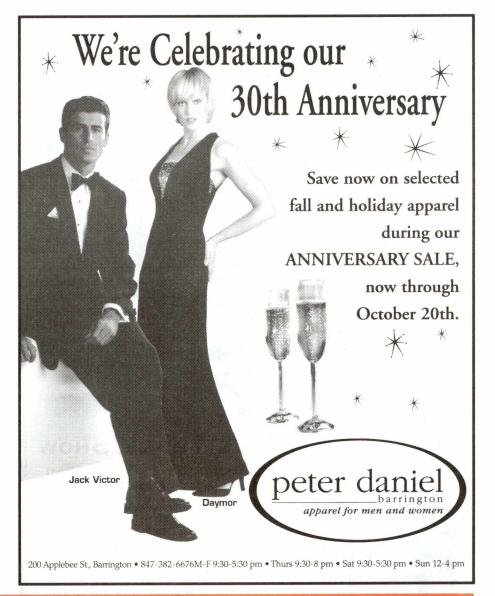
Mark your calendar for the Vera Bradley Trunk Show on Oct. 15 from 11 a.m. to 3 p.m. Mandy Peet, our Vera Bradley representative, will be here to assist you with your selections. Save 15% on all patterns during the trunk show. Explore the latest patterns and styles from this Americana-inspired collection. Chocolat, the new temptingly rich design, is sure to satisfy your Vera Bradley sweet tooth. And Bees is a cheerful print of bees background that's sure to chase the winter blues away.

Oct. 16 brings an exciting trunk show to our men's department! Meet Mr. Rolf Mueller, a representative from



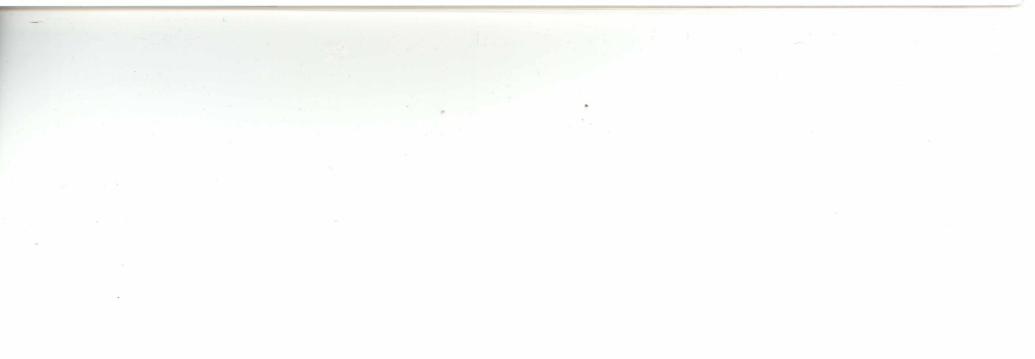
George W. Steers, who will be available for your special orders of the authentically-styled, nautically-inspired shirts and sweaters for men from Europe. Made from merino wool and Egyptian cotton, all are washable, nonitch, pill and stain resistant. We'd be happy to special order any color or size you desire.

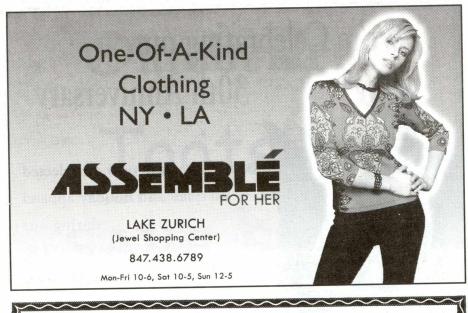
Please join us on Oct. 16 from noon to and yellow roses against an azure blue 8 p.m. as we celebrate our 30th anniversary with refreshments, special giveaways and a book signing by Charles Graybar, a friend, customer and author of Beyond the Broken Gate. It's just our way of saying thank you for 30 wonderful years.



Join Ice House Mall and celebrate the annual... ARECRO Saturday, October 18, 2003 Noon to 4:00pm Showing: It's The Great Pumpkin Charlie Brown Pumpkin Decorating for children ages 3-10 years Cookie Decorating for children all ages All supplies included Look for the Ice House Mall Scarecrow and vote! Ą S E 0 U VILLAGE SHOPS & CHESSIE'S RESTAURAN Your Place.

Downtown Barrington • Next to Jewel • 200 Applebee Street • 847 381 6661 • Mon. - Sat. 9:30am to 5:30pm • Thurs. 9:30am to 8pm • Sun. Noon to 4pm







"A Survivor's Story" at Oct. 2nd Meeting of Barrington Area Professional Women

surviving the 1989 crash of UAL 232 in an Iowa cornfield and how it has changed his life forever at the monthly meeting of Barrington Area Professional Women on Thursday, Oct. 2. The dinner meeting will be held at the Barrington Country Bistro, 700 Northwest Highway, from 6:15 to 9:00 p.m. Reservations are required.

On July 19, 1989, United Airlines flight 232, a DC-10 with 297 people on board, was flying from Chicago to Denver when its rear engine exploded, causing shrapnel to cut and disable the primary and Jeff has shared his life-changing backup hydraulic systems. With nothing rience with thousands of men and women 10 Barrington LIFESTYLES October 2003

Jeff Miller will share the experience of more than engine thrust and gravity to control the plane, the crew of flight 232 was forced to make an emergency landing in Sioux City, Iowa. As the plane approached the runway, the tip of the right wing hit the ground, causing the plane to cartwheel, break into pieces and burst into flames. Jeff was in the section of the plane that slid for more than a half mile into a cornfield where it came to rest with him hanging upside down. Jeff unbuckled his seatbelt and walked away from the burning wreckage without a scratch.

Assemblé Has It! Your New Fall Looks— We're Loaded!!!

Assemblé is in high gear! We are positively brimming with this season's fashion trends. Those of you shop us know it's no exaggeration, and we're getting five stars from you everyday! What's in Assemblé this moment is too extensive to list, but we'll, at least, highlight some of our October deliveries that are arriving daily.

· Jewelry: Our forté-Chandelier earsbracelets-bags with satin tapestry, tosseled or furred.

•Knit tops: Pleated velvets-lurex sleeves-necks with rhinestone starbursts -rhinestone Buckles and satin cowls

• Blouses: Crisp cottons-organzas-jerseys—¾ sleeves—long sleeves—halters...

• Tees: Tie dyes—conversational prints -crochet and leather trims-on & on...

• Pants: Cargos-soft and flowing or satin with matching jackets • Tweedsmasculine yet feminine with fuller, softer with one-of-a-kind clothing. See ya soon!!! legs · Cords-buttery feeling with funky

mesh belts . Dressy-black with deep side slits (the highest yet!)

· Jeans & Jackets: Muted stripes-cargos-beaded-appliqued-stamped ...

• Skirts: Chiffon-burnout-carwashcircle-pinstripe-suede-short and long

• Sweaters: Hot pink—solids and tweeds -Brights! Fun! Guaranteed to deliver you from the winter blahs!

• Coats: Embroidered toppers-denims with detachable fur collars & cuffs -suedes with Mongolian fur collarswashable suede jackets with zippers & knit sleeves-hip-different-affordable! All this and more is what's waiting for you and arriving daily at Assemblé this month. Assemblé for Her lets your personality shine through and we love helping you do it! We will always endeavor to provide our one-of-a-kind customers

Shari's Furs, Leathers & Shearlings 8th Annual Trunk Show

Because of the wonderful response to last year's event, Shari has decided to have her 8th Annual Trunk Show. This superb 2004 collection of the highest-quality garments will fit your lifestyle, your mood and, most importantly, your pocketbook.

The show will feature everything-including the finest selection of lightweight shearlings from some of the best designers-Christ, Dominic Bellissimo, Rafel and many more. There will be everything from short jackets to full length coats and one of the hottest innovations in the fur industry-knitted, sheared fur. It provides the ultimate in warmth combined with the lightest weight imaginable. You must try it on in order to fully appreciate it. This is the fur of the future, but the time is now. Also included are leathers, some with removable fur liners or Thinsulate[™] liners, and the ever popular leather reversibles.

You will also have the opportunity to preview of all the new fur styles for 2004 in mink, sheared mink (reversibles to microfiber) and sheared beaver, in all sizes and lengths.

Shari's has also expanded its resale racks to accommodate the wonderful response from our customers. The selection is fantastic! And we have accessories galore, including a fabulous assortment of gloves plus hats that you won't see anywhere else.

We now can update your old mink or beaver garment by shearing the long hair. Remodeling can bring new life to your

across the country. With a career in global sales and now owner of an entrepreneurial business, Jeff travels by air regularly and has logged hundreds of thousands of miles since the crash.

The dinner meeting will be held at the Barrington Country Bistro, 700 Northwest Highway in Barrington. The evening will begin with networking at 6:15 p.m., dinner at 7:00 p.m. and the presentation at 8:00 p.m. The evening will conclude at 9.00 nm



old friend-at a reasonable price.

Shari's Furs, Leathers & Shearlings does not want to be just a point of purchase; they have climate-controlled storage, make alterations, and restyle all types of fur and leather.

After 24 years at the same location, Shari is still saying "Our sales people will treat you with the same respect they would expect if they were on the other side of the counter.'

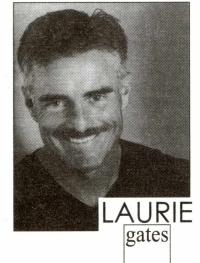
God Bless America.

meetings are open to women who work or live in the Barrington area. The group offers a unique opportunity to meet other business and professional women, learn new skills and establish connections in the community. The cost for the evening is \$28 for members or \$33 for guests. Reservations may be made by calling Susan Legrady at 1-847-381-5501 or by sending an e-mail to MJLegrady@aol.com by Monday, Sept. 29. Additional information about Barrington Area Professional Wo-

Barrington Area Professional Women's men can be found at www.bapw.org.

Join us for a Fiesta of Fun, Food & Friendship in honor of our 10 Year Anniversary!





Laurie Gates Signing from 2~5 P.M.

Ladies, leave the kids at home and grab your girlfriends! In honor of our 10 year anniversary, Laurie Gates will be flying in from California and bringing new designs and pieces that will not be available in stores until next year! Also, he has created an exclusive heart shaped snowman bowl for our Canterbury Customers only! Call ahead to reserve your piece! He will be signing his personal collection!

<u>Friday, October 17, 2003</u> Festivities 10:00 A.M. - 6:00 P.M.

10 Reasons Why You Should Come!

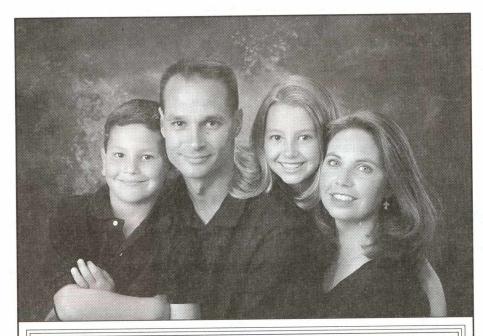
- 1. Laurie Gates is signing exclusive heart bowl (2~5p.m)
- 2. Christopher Radko introduces his Barrington Snowman Ornament created for The Canterbury Shoppe only!
- 3. It's a Ten Trunk Show Extravaganza! Peggy Karr, Nambe, Radko, Avanti, Sandra Magsamen, Aromatique, Do-Lollies, Anne Taintor, Robert Rothschild, Halcyon Days
- 4 . Personalize your own one-of-a-kind jewelry!
- 5. 10% discount all day long!
- 6. Rothschild Harvest Appetizers & Chocolate Sampling!
- 7. Give-A-Ways & prizes on the hour!
- 8. Margaritas!
- 9. Music!
- 10. Much, Much More!

Grab a friend and call ahead to reserve your free gifts! (847) 304-9627



HOLIDAY & HOME Located Downtown Barrington in the Barrington Ice House Mall 200 Applebee Street • Barrington (847) 304-9627 • Open 7 Days A Week





"Wrap Up" Your Holiday Portrait Gift Ideas Now

• Serving the artistic-minded client since 1976

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(847) 382-8484 www.buschauerportraits.com

Reduce Stress, Save Money on Holiday Greeting Cards and Assure Your Session Appointment

All of these are good reasons to book your sessions now, but the best reason is for peace of mind. As the holidays approach, your life will probably find you busier than ever. Such is the case with us as well.

What's new at Buschauer's this year? First of all, we are now producing our own portraits in-house. What that means to you is consistent quality and quicker turnaround times.

Second, my style of photography has been liberated by the use of a handheld camera. No more being hindered by a heavy tripod that is slow and cumbersome. Expressions are more spontaneous, and I can shoot many more photographs with more variety to select from.

Within the last year, we have taken the digital plunge and invested in state-of-theart equipment. How does that affect you, the client? I'm glad you asked. Just suppose we take your family portrait and everyone except one person has a great expression. With a little digital magic, we can take that person from another photograph in which he or she has a nice expression. Or maybe you didn't get to "Bright Smile" yet and your teeth could use some whitening. Or you wore a red dress that needs to be navy blue instead. No problem!

Does Digital Produce as Good Quality? Absolutely! I assure you that it is as good

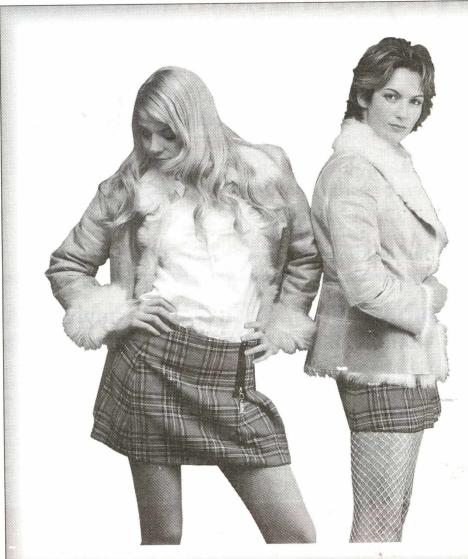


or better. It's not fair to compare the consumer grade cameras with the professional equipment we are using. Besides, like everything else, it's the knowhow that really matters in the end. Those who know us understand that we would not compromise in this area, no matter what.

What's the Bottom Line?

The bottom line here is not the technical end of the way we do things, even though it's an exciting time, but creating beautiful and meaningful images that you will cherish for a long time. That has always been and always will be the bottom line. Make your consultation or session ap-

pointments by calling **1-847-382-8484**.



Time to Treat Yourself at

Paulis Furs

Fall is the perfect time to treat yourself to something wonderful from Pavlis Furs. As always, our collection includes the finest furs, leather-suede, shearlings and fun accessories.

We look forward to seeing you!

Pavlis Furs

725 E. Rand Road • Arlington Heights 847.398.3495

Monday - Friday 9:30 a.m. to 6:00 p.m., Saturday 9:30 a.m. to 5:00 p.m.

What does it take to stay competitive in the jewelry industry today?

The short answer is a knowledgeable consumer and we would like to thank all our loyal customers for making us world renowned in our 33 successful years of business. We all want the most for our money, but how do we know that's what we're getting? Consumers, who educate themselves by comparison shopping, will get the most for their dollars spent. **M.J. Miller & Co.** offers the finest selection of designer and one-of-a-kind jewelry available. We will always meet or beat all competitors' prices, quality for quality. When you comparison-shop, you learn about retailers, the skill of their staff, their involvement in the community and their areas of specialty. An important element is the appraiser education in the art of appraisal. A Graduate Gemologist is an expert in identifying gems and their quality, not assessing their value. At **M.J. Miller & Co.** our appraiser is Ellen Kornhauser

G.G. (Graduate Gemologist), ISA, (International Society of Appraisers) and CAPP (Certified Appraiser of Personal Property) an expert in the area of appraisal.

Anyone who strictly advertises price usually doesn't have much else to offer.

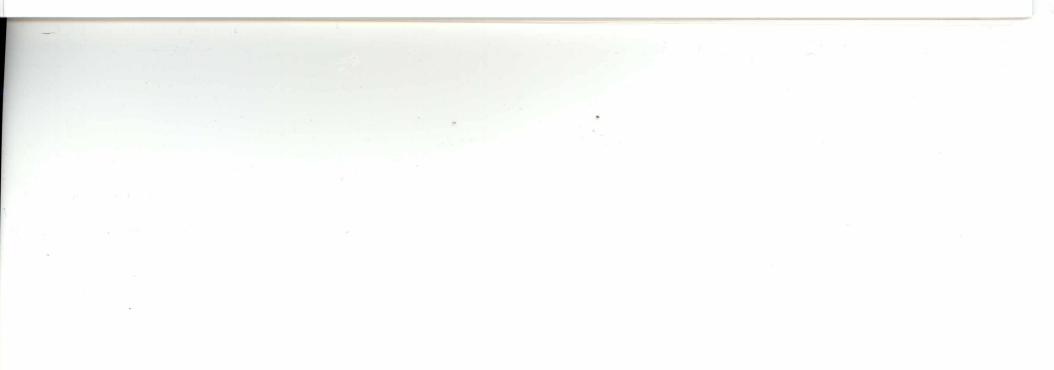
A classic case is diamonds. Sure, the retailer advertises the color and clarity but what about the cut? Cut is the most important characteristic of a diamond. If the gem is not cut well, it doesn't sparkle. Does the diamond come with a certificate from one of the gem laboratories like GIA (Gemological Institute of America)? Certificates offer you an objective third party opinion of the gem's quality. It

is very important in ascertaining the gem's true value. If price is the only criteria, buyers beware. It's more than just the dollars spent that makes a wise purchase. Never purchase of piece of jewelry because you think it's a good deal. Buy it because you love it. You'll never be disappointed.

There is room in the jewelry business for every retailer. From retailers who sell gold by the gram to others who sell the finest gems available. When you comparison shop you'll be able to determine which store can fulfill your purchasing needs and who can satisfy those needs best for you.

M.J. Miller & Co. is located at 123 West Main Street in downtown Barrington. Call 1-847-381-7900 for more information. Open Monday through Friday 9:30 a.m. to 6:00 p.m., Saturday until 5:00 p.m., and every Thursday evening until 8:00 p.m.

M.J. Miller & Co. 123 W. Main Street • Barrington, IL 60010 • 847-381-7900 Store Hours: Mon.-Fri. 9:30-6, Thurs. till 8, Sat. till 5 www.mjmillerjewelers.com





An Event for the Entire Family Free Hay Rides 🍇 12:30-3:30 p.m. Boarding at Harris Bank parking lot-corner of Lake and Spring and Barrington Memorial Park-corner of Cook and Lincoln. A Scarecrow Decorating A 12:00-4:00 p.m. Located at Barrington-NE corner of Hough & Lincoln. There is a \$15 entry fee per scarecrow, which includes frames, straw, burlap and twine. Participants will need to provide items to clothe and decorate with. Blue grass/folk music provided by Evidence. This event is sponsored by the Barrington Village Association. 🔅 Cookie Decorating 🔅 12:00-4:00 p.m. Barrington Memorial Park Barrington Ice House Mall Sylvan Learning Center Claire's Home Collection Pumpkin Decorating /Continuous Showing of It's The Great Pumpkin Charlie Brown 12:00-4:00 p.m. Barrington Ice House Mall **1st Annual Barrington Exotic & Sports Car Show** 12:00-4:00 p.m. 0 Free Admission. Harris Bank parking lot (Spring Street). Food offered by Grandpa's Deli. **Caramel Apples & Cider** 12:00-4:00 p.m. For sale at Barrington Memorial Park. Our Town Barrington Volunteers Concert 7:00-10:00 p.m. Sponsored by Barrington Bank & Trust. **Our Town Barrington**-**Past & Present** 2:00 p.m. An architectural walking tour of historic Downtown Barrington. Begins at the Barrington Area Arts Council Gallery. Cost: \$10. **Don't Forget to Vote** by 4:00 p.m. Vote for your favorite scarecrow at the following locations:

The Canterbury Shoppe Egg Harbor Chamber of Commerce Barrington Sweet Tooth Harris Bank (Grove Ave.) Barrington Bank & Trust

> This event is planned to promote Barrington as a place to shop, dine and stay while in the area.

Third Annual Scarecrow Fest Activities Slated for Oct. 18

Scarecrow Fest activities for the Village Brown. of Barrington will begin Sept. 29 with the display of the scarecrows in area businesses participating in the contest. Residents and visitors alike are encouraged to visit these businesses to view the scarecrows and then to cast their votes for their favorites at one of the locations listed below. Over 60 businesses participated in the scarecrow contest in 2002, and many more are expected to participate this year. Voting will take place from Sept. 29 to Oct. 18. Voting boxes will be located at: Barrington Area Chamber of Commerce, Barrington Bank & Trust, Barrington Village Hall, Canterbury Shoppe located in the Ice House Mall, Egg Harbor Cafe, G. Whiz, Harris Bank (Grove Avenue), Jewel-Osco Food Store, Health World, and Barrington Sweet Tooth. A list of participating businesses in the scarecrow contest can be found on the Village's Web site, www.ci.barrington.il.us, or can be picked up at Barrington Village Hall located at 200 S. Hough Street or the Barrington Area Chamber of Commerce located at 325 N. Hough Street.

Among the special events scheduled for Saturday, Oct. 18, is scarecrow decorating for residents and visitors at the Barrington Memorial Park, located at the northeast corner of South Hough and Lincoln streets. The cost to build a scarecrow is \$15 and includes frames, twine and burlap. (Participants must provide clothing for their scarecrow.) The scarecrow decorating sponsored by the Barrington Village Association will take place from noon to 4:00 p.m.

Music at the park will be provided by Evidence, a local bluegrass/folk group.

Activities for children include cookie decorating from noon to 4:00 p.m. at G. Whiz, 724 W. Northwest Highway; Barrington Sweet Tooth, 113 W. Northwest Highway; Little Munchkins, 141 S. Northwest Highway; Sylvan Learning Center, 215 N. Northwest Highway; Claire's Home Collection, 118 W. Main Street; Blue Heron, 405 W. Northwest Highway; Barrington Memorial Park; and the Ice House. Other cookie decorating sights may be available throughout the village. Also for children from noon to 4 p.m. is pumpkin decorating at the Ice House Mall, located at 200 Applebee Street. All supplies will be provided for children 3 to 10. The Ice House will also provide a continuous showing of It's The Great Pumpkin Charlie

Barrington High School's Annual Citrus Sale

will kick off its annual Citrus Sale to raise 842-3214. funds for the fine arts department. Each year, the Boosters provide the community an opportunity to support the department and, at the same time, acquire luscious citrus fruits, cheeses and sausages. Proceeds from the sale will go directly to the department's programs. To place an order, contact any Barrington High School

To add a fall flair to the event, hayrides are scheduled from 12:30 p.m. to 3:30 p.m. with boarding at the Harris Bank parking Lot (corner of Lake and Spring streets) and Barrington Memorial Park (corner of South Cook and Lincoln streets). Caramel apples and cider will be for sale at the scarecrow decorating event at Barrington Memorial Park. Our Town Barrington Volunteers will host an architectural presentation and self-guided tour of the historic downtown business district, entitled "Our Town Barrington, Past and Present." A short presentation will begin at 2:00 p.m. at the Barrington Area Arts Council Gallery on Park Avenue. It will be followed by a self-guided tour of up to 15 businesses. Cost for tickets is \$10. For additional information, please call 1-847-620-4656

The First Annual Barrington Exotic & Sports Car Show presented by the Barrington Area Chamber of Commerce will be held at the Harris Bank Parking Lot (entrance at Lake and Spring streets) from 1:00 to 4:00 p.m. Free admission! Funfilled activities are planned along with food and refreshments available by Grandpa's Ristorante of Barrington. Some of the finest exotic sports cars will be in Barrington for community viewing, joining the host of activities during the Third Annual Scarecrow Festival.

If you own a sports utility vehicle, exotic car, sports or luxury car, you are encouraged to sign up (limited space available) online at www.mrpt.com. Six awards will be given: Best in Exotic Category awarded by Lamborghini Chicago; Best in SUV Category awarded by Harris Bank Barrington; Best in Luxury category awarded by Grandpa's Ristorante; Best in Sports category awarded by Champion Dodge of Barrington; People's Choice awarded by Savard & Associates; and Best of Show awarded by Mr. PT, Inc. All proceeds benefit the Barrington Area Chamber of Commerce 2004 Scholarship Fund. For more information about the car show, visit the www.mrpt.com Web site or contact the Barrington Area Chamber of Commerce at 1-847-381-2525.

For more information about the Scarecrow Festival, contact Colleen Nigg at the Village of Barrington at 1-847-304-3412 or www.colleennigg@ci.barrington. il.us

The Barrington High School Fine Arts fine arts student or call Janet Mahaney, 1-Department and the Fine Arts Boosters 847-382-8652, or the department, 1-847-

Orders may be placed now through Oct. 10. Pick up dates are scheduled for Friday, Dec. 5, from 2 to 6 p.m. and Saturday, Dec. 6, from 9 a.m. to 1 p.m. in the performing arts wing. For more information, please contact the department at 1-847-842-3214.

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What's Happening at Starr Couture?

I have just returned from another five week buying trip to Europe. It's always inspiring and exciting for me to bring our customers the latest and best fashions from Europe, not found in other stores of course. Here are some of the trends this fall.

• VELVET-Choose a stand out piece for night like a chiffon cocktail dress and throw a velvet blazer over it, or for daytime wear it with your favorite jeans, a sexy top or a classic white shirt and a smashing belt.

• LACE-From delicate, dainty trim to sexy cutouts on a cocktail dress or a full-on flowing skirt-Fashions most romantic fabric is coming on strong this fall.

• NEW CLASSICS—Focus on pieces that are anything but boring. Tweeds, pinstripes in lady like silhouettes. Pair your tailored jacket with a flirty skirt. Go for cinched-in suit jackets and wear with slim skirt and pointy-toe pumps.

• ANIMAL ESSENTIALS-They are great dressing tools as long as they are paired with the right items. Take a walk on the wild side and choose one bold piece. Keep it from going over-the-top by pairing it down with a basic.

• LINGERIE-Inspired looks; satin, lace, and corseting details.

• EMPIRE-Waist silhouettes; take your existing plain dress and update it with a velvet or brocade cummerbund to achieve the look.

• JEWEL TONES-Every wardrobe benefits from an infusion of color and what could be more perfect during this season of sophistication then elegant jewel hues? Instead of basic black, choose a ruby red or sapphire. Wear a plush blazer or a rich velvet bag to add glamour to an outfit.

ACCESSORIES-FALL'S MOST WANTED

• BAGS-From funky to rich croc and velvet. There is a bag for every look and mood.

• BELTS-Mostly wide or chain in the richest leather with embroidery, velvet trims, and semi-precious stones.

• CROC-Exotic skin and high luxury. When you wear it (faux or real) you are noticed so make sure your jacket, coat or accessories have clean simple silhouettes, timeless brown and black last a lifetime.

If you have never visited our store before, perhaps now is the time. We would love to spend time with you, getting to know you and give you undivided attention. We offer expert professional advice and create a look that is unique and yours alone. A look that will fit your lifestyle and meet all your needs.

A pampering shopping experience! Why Not? You deserve it! We look forward to seeing you.

Back-To-School Special for Parents and Children

Now that summer is over and the kids at school and home. are back in school, it's ME time again. and get in shape. Our adult and children classes are the best **back-to-school spe**cial this season! See why so many Barrington parents love our programs!

age-specific curriculums that have been dents. professionally designed to be fun and exciting whether it's one of our adult or children's classes. Plus our children's protion skills, enabling them to perform better 30, 2003.

Barrington Martial Arts offers 45 Treat yourself and a friend to classes at black belt instructors who are fully li-Barrington Martial Arts and have fun censed and certified through the U.S. Olympic Training Center. Additionally, we have five master instructors, one of whom was inducted into the Martial Arts' Hall of Fame. We are proud to offer a teaching Our award-winning programs offer ratio of one instructor for every 12 stu-

-Starr

Call today at 1-847-382-9599 (ask for Gladys or Agnes). Our October Back-To-School Special-2 for the price of grams increase students' self-esteem, lea- 1 cardio fitness, tae kwon do, cardio dership, self-discipline and communica- kick-boxing or karate-expires October

Now is the Time to Have Your Family's **Holiday Portraits Created!**

others or even yourself. Let Portraits by Thomas create images that will grow in ments. You will be so glad you did. value and last a lifetime. We frequently hear our clients say they regret having children's development or their family's history, and now their children are now

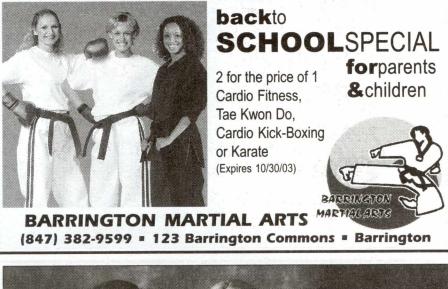
Portraits make wonderful holiday gifts for grown with families of their own. Take time now to capture these precious mo-

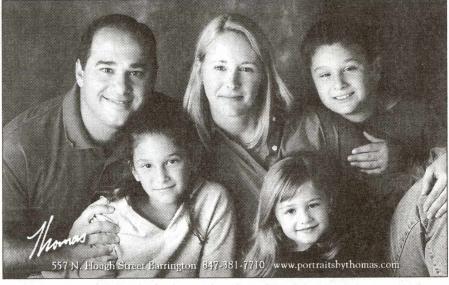
Call our studio today at 1-847-381-7710 to reserve an appointment for your missed capturing certain stages of their family's holiday portrait. Limit sessions are available.





2 for the price of 1 Cardio Fitness, Tae Kwon Do, Cardio Kick-Boxing or Karate





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Landscape Maintenance Tips **Offered at Garden Club of Inverness October Meeting**

Just in time for preparing the garden for slides and demonstrations. winter, the Garden Club of Inverness will present a program on landscape and perennial garden maintenance at its meeting on Thursday, Oct. 16. The meeting will begin at 9:30 a.m. at All Saints Lutheran Church, 630 South Quentin Rd., Palatine.

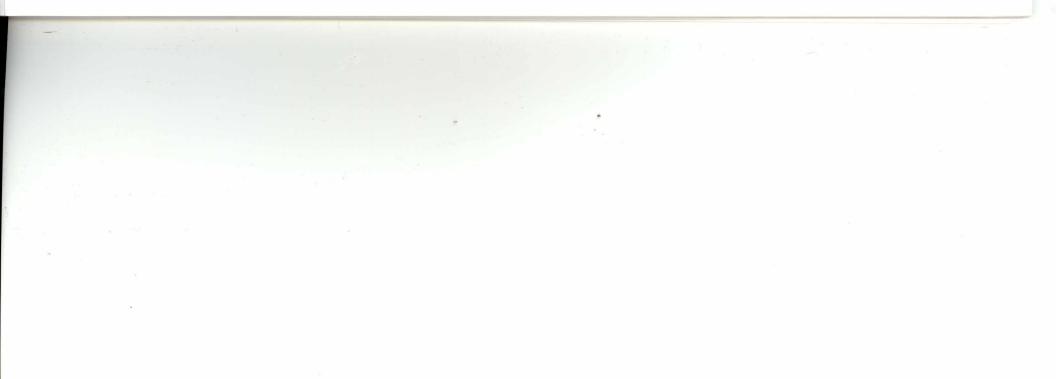
Members and guests who attend will receive pointers on pruning, dividing, mulching, fertilizing and weed control from landscape architect Barbara Bruns served.

Ms. Williams is owner of The Integrity Group Landscape Co. in Elgin. A freelance garden writer, she has taught short courses on plants and gardening for elementary schools and community groups. Since 1994, Ms. Williams also has been a speaker for Klehm's Nursery.

A short business meeting will precede the presentation. Refreshments will be



Williams. Her presentation will include





CALL TODAY: Schedule a Comprehensive Skin Care Evaluation and enjoy beautiful skin this Fall.



The beauti Look of

YOU KNOW THE LOOK:

Skin that is soft, smooth and glowing with vitality. There's a firm, resilient look and feel that has nothing to do with age or make up. This kind of beauty has everything to do with good health.

At Midwest Aesthetic Skin Care, we focus on programs tailored to meet your needs and designed to work around your lifestyle.

Susan Wothke, 847.277.1440

A division of Midwest Plastic Surgery Specialists, Gunnar Thors, MD

shopping to fit your lifestyle!



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Rand Rd. (Rt. 12) & Long Grove Rd. • (847) 726-7755 www.deerparktowncenter.tv • center-wide gift certificates available

Second City Comes to Barrington for One Night Only!



Don't miss this wild and wacky cast of Second City that will perform at Barrington High School on Nov. 14!

Hough Street School PTO will sponsor an ing, but they will also have the opportugo's legendary comedy theatre, The Second City, comes to the Barrington High School Auditorium for one night only on Friday, Nov. 14, at 8 p.m.

The performance will feature some of the best sketches, songs and improvisations from Second City's 40+ year history.

Founded in Chicago in 1959, The Second City has become the premier training ground for the comedy world's best and brightest. The alumni list included Alan Arkin, Joan Rivers, Robert Klein, Harold Ramis, John Belushi, Dan Aykroyd, Bill Murray, Shelley Long and Julia Louis-Dreyfus just to name a few.

Not only will an evening with The Second City provide audiences with the Hough Street School at 1-847-381-1108. chance to see comedy stars in the mak-

evening of laughs and giggles as Chica- nity to see absolutely hilarious satire and cutting-edge improvisation. Six actors augmented by a musical accompanist and a sound and lighting director will perform a two-act revue featuring sketch comedy, songs and improvisation.

Tickets are available to the general public beginning Oct. 1 for a mere \$20 per person and are available on a first come, first served basis. Checks should be made payable to Hough Street PTO and can be mailed directly to the school located at 310 S. Hough Street, Barrington, IL, 60010. Tickets will then be mailed back to paying individuals or held at a will-call table at the event. For more information, please call Karen Scarpulla at 1-847-304-5650 or

The Wonderful World of Le Gourmet Chef at Deer Park Town Center

Whatever the occasion, Le Gourmet cake and cookies. You can find all you a world of gourmet foods, kitchen tools and themed accessories to make your gettogethers easy, fun and unique.

Thinking of a Spanish fiesta? Sí! Start with margarita buckets! All you'll need is the tequila and your closest friends. Or how about an Italian-themed evening? Serve up the Sicilian and Tuscany flavored bread dippers. Just mix in oil and dip your favorite breads into these specially blended spices for a traditional Italian-flavored meal starter. Then move onto the pizza party. Le Gourmet Chef offers not only the perfect baking pans, dishes and cutters, but the dough mixes too. Ciao baby!

Even if you don't support the home team at the big Sunday night football party, everyone will support your decision to feast on the cactus sauce salsa and mustard pretzel dips that you picked up at Le Gourmet Chef.

What about the kids? Their parties will be filled with yummy activities when you supply an ice cream, snow cone and cotton candy maker! Pick up a pizza-making kit and a "color your own cookie" too. Don't forget the best part of a birthday

Chef at Deer Park Town Center offers need to make a beautiful cake or great cookies with decorations and a wide variety of cookie cutters.

From skeleton candles and leaf decorations to candy corn and pumpkin accents, autumn and Halloween are filling the scene at the first-of-its-kind Deer Park Town Center store. Check out the newest jack-o'-lantern craze-fright lights! Just hollow out your pumpkin and push in the brightly colored pins. A light inside your pumpkin finishes the job.

Start the day out in a special way for your sweetie on Sweetest Day, Saturday, Oct. 25, by making pancakes, crepes or waffles with delicious syrups and spreadable fruits, all "do-able" with items found at Le Gourmet Chef. Or whip up a delicious evening with fondue and crème brulee, expertly prepared by ... you.

Deer Park Town Center is located at Rand Rd. (Route 12) and Long Grove Rd., just one mile north of Lake Cook Rd. Shopping hours are Monday through Saturday, 10 a.m. to 9 p.m., and Sunday, noon to 5 p.m. Visit the Web site at www. deerparktowncenter.tv or call 1-847-726-7755.



Fall Events at G. Whiz

October is filled with activities and spe- 10 a.m. to 3 p.m. Join us at The Garlands cial events at G. Whiz!

We begin on a serious and educational note with pink pumpkins to help promote breast cancer awareness. We will offer a complete selection of items with all proceeds to benefit the Susan G. Komen Foundation. Brighton has designed an exclusive limited-edition bracelet to help raise money for this cause. Our supply is limited, so don't delay.

We will then continue with our Harvest Festival in conjunction with the Scarecrow Fest throughout town. Come see our G. Witch scarecrow adorned with Frighton accessories! We will have a huge number of events and special offers going on that weekend, including great savings and a wonderful Italian charm trunk show in time for the holidays with prices from \$4.99 to \$35.

We will continue with our **Girlfriends** ShopGWhiz@msn.com. "Time Out" extravaganza, Oct. 21, from

for an afternoon of camaraderie, retail therapy, a sneak peek Brighton fashion show, a fantastic luncheon and a shopping and spa extravaganza. Every attendee will also get a key that could open the treasure chest filled with prizes at our store. And better yet, purchase over \$150 in Brighton items and receive a limitededition Brighton ornament. It's an unbelievable deal at only \$20, plus the ticket includes savings at The Garlands, G. Whiz and Spa Vargas! Again, space is limited so make your reservations early to avoid disappointment.

Our newsletter has just been mailed and is full of more great events for the holidays as well as exclusive coupons. If you are not on our mailing list or would like to be added to our e-mail blast, feel free to call with your address or e-mail us at

For the Well-Dressed Desk

A well-dressed desk is ... well ... I'll just say it. It's a thing of beauty. Oh, sure, we still want world peace and happiness all around. But on the day-to-day scheme of things, isn't it a genuine pleasure to be able to sit down, choose just the right stationery from your archives of very cool cards, notes and papers, reach for your favorite pen and write a note from the heart to a friend? The texture of the paper and the glistening ink is a unique and rewarding experience, if you like that kind of thing. And at CLIX photographs & savables, we do.

Start with fine paper, swell little art stamps, grommets, charms, sealing wax and add to that our new Sensi pens. Each is decked out in everything from leopard skin to hi-tech brushed aluminum; ink, gel or fountain. They are classic pieces of fine craftsmanship. If you like a good pen, you'll love these.

And stationery, you ask? How about letterpress? Have you seen the cards and notes from Snow and Graham or B Designs? They have delicate graphics and distinctive ink which has a retro look with a clean, modern edge. If you prefer deeper colors and more texture, you will love Mudlark, Koco and Waste Not Paper products. Then there's Crane's and Italy's Mediovalis, a world-class paper that's used by everyone from royalty to ... me!

In a world where we struggle daily to live well and make extra efforts to tell our family and friends how special they are to us, isn't it worth it to write it down? Add to that the delight you'll get from a moment or two of your day spent with the very best in papers, pens and ink ... Well, I think I've said enough.

La man and a second and the the the the the the CHI .

Post Script: Do I need to add that we are getting in a boatload of unique, handmade new jewelry or that we have the Midwest's best selection of photo albums for weddings, bar mitzvahs, babies, sports, etc., or that our award-winning photographic portraits are designed and created with your charming personality and family in mind? Come see us for yourself. CLIX is a store for the unique person who likes to be surrounded by great paper, pens and cool stuff in general... like you.

March of Dimes Sponsors 15th Annual Nursing Symposium

invited to attend the 15th Annual March Rockford

Entitled "Off to the Races: Preventing Prematurity," the symposium gives health professionals the opportunity to build on their knowledge and skills to enhance their spectrum of care. Topics that will be covered at the symposium are: the risk mail Ldye@marchofdimes.com or call Lisa factors of preterm labor; detection and Dye, director of Program Services, 312surveillance of preterm labor; interven- 596-4007. tions and treatments for preterm labor; the

Nurses and allied health professionals in impact of prematurity on a baby's brain; perinatal and pediatric practice within follow up care for preterm babies; and hospitals, clinics and the community are stories from families with preterm babies.

Presenting the latest information in their of Dimes Perinatal Nursing Symposium areas of expertise will be: Byron Calhoun, on Friday, Oct. 24, at the NIU Rockford MD; Joan Mommer, NNP; Anthony Lath-Education Center, 8500 E. State Street, in rop, CNM; and Sue Wilke, MS, Rockford Memorial Hospital.

> The cost of the symposium is \$55 for professionals or \$35 for students. The symposium has been approved for 6 contact hours from the Illinois Nurses Association.

For more information or to register, e-

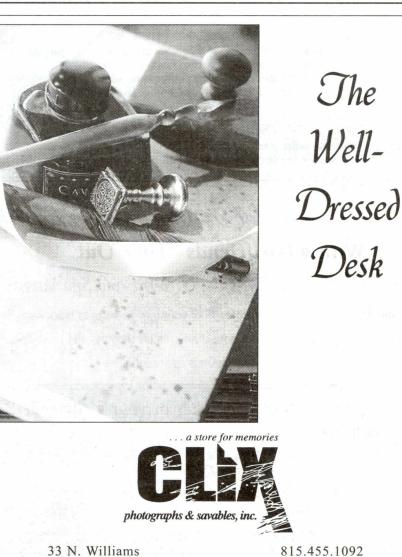
Happest Festival Oct. 17 € 18 Offers...

* FREE Italian charm starter bracelet to the first 100 customers.

- * Huge Italiano charm trunk show selection featuring Looney Tunes, licensed names, sports, etc. **—TWO DAYS ONLY**
- * FREE festive pumpkin stake with any purchases over \$30.

A Brighton. Heart Store 724 W. Northwest Hwy.-The Foundry • Barrington 847-304-0255 • Hours: Mon-Sat 10-5:30 Thur 10-7 Sunday 12-4 or visit us at our second location: 1000 Garlands Ln.-The Garlands • Barrington

- Cookie decorating (& eating) for the kids!
- * 20% OFF Fall, Harvest & Halloween items.



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Deadline!

The deadline for the November Issue is Thursday, October 16.

Please send your press release/advertising materials to:

Editor Lifestyles Magazines P.O. Box 293 Crystal Lake, IL 60039-0293

or call: (815) 459-4820

Hey Girlfriend!—Take a "Time Out" Let us whet your appetite ... at The Garlands Before you start the frenzy of holiday a limited-edition Brighton ornament as a With the newest addition to the gift from G. Whiz. preparations, take some time out for your-Fern Bratten, noted standup comediself at Girlfriends "Time Out" at The Northwest suburban dining scene Garlands, 1000 Garlands Lane in Barrington, on Tuesday, Oct. 21, from 10:00 Here presentations are artfully orchestrated ... a.m. until 3:00 p.m. (The fashion show and lunch will be from 11:30 a.m. to 1:30 beautiful architecture and fine art complement p.m.) the cuisine . . . and the freshest ingredients The event, sponsored by The Garlands, G. Whiz and Spa Vargas, promises to remeet the ultimate in choice. lax you with spa therapy, healthy healing humor, delicious food and, of course, a Now accepting reservations for little retail therapy. The ticket price, all laugh so hard that you might even cry. FALL WINE DINNER inclusive, is \$20 per person, and advance Guests are invited to choose between a A sumptuous menu accompanied by Raymond Wine Cellars' wines chosen to reservations are a must. Each person at complement the cuisine. Hosted by wine maker Ken Vigoda. the event will receive a \$10 discount cou-Thursday, October 23, 6:30 PM in the Roycroft Dining Room, \$65 per person pon for a service or product purchase of \$60 or more at Spa Vargas; \$5 off of any purchase at G. Whiz in The Foundry; and INTERNATIONAL DINNER AND MUSIC SERIES 10% savings on Sunday Brunch, lunch or Featuring internationally themed menus to delight your palate and accompanying dinner in The Garlands' Winslow Dinmelodies to feed your soul the second Friday of the month. ing room. You can make a reservation for The Friday, October 10th event features an a la carte German menu, wines and harpist playing your "Time Out" by phoning 1-847-756-Bach, Beethoven, Mozart and Sound of Music favorites. 3000. Complimentary valet parking is available, and tours of The Garlands will be conducted throughout the day.

SUNDAY BRUNCH Featuring a bountiful buffet of favorite brunch dishes the first Sunday of the month. Sunday, October 5, 11 AM-2 PM, \$21.95 per person

...and let us soothe your soul With a Girlfriends "Time Out"

Sponsored by The Garlands, G. Whiz and Spa Vargas

Take "Time Out" for yourself now! Enjoy all of your favorite ways to relax-spa therapies, healthy healing humor, delicious dining, "retail therapy" and, of course, the favorite women in your life at this Garlands exclusive event.

Bring your mom, your sister or your girlfriend!

THIS "GIRLS OUT" AFTERNOON INCLUDES:

- a 10 minute, complimentary hand or neck and shoulder Spa Vargas treatment
- delicious and nutritious fall luncheon buffet
- · witty woman Fern Bratten, standup comedian, just in time for the pre-holiday madness
- a G. Whiz fashion show featuring the latest Brighton accessories and shoes
- shopping venues to "kick off" and help you "tick off" your holiday shopping
- \$10 coupon toward \$60 purchase at Spa Vargas, a \$5 savings on a G.Whiz, Foundry purchase and 10% savings on future Garlands dining

Date: Tuesday, October 21, 10 AM-3 PM, (fashion show and lunch 11:30 AM-1:30 PM), \$20.00 per person.

Please call 847-756-3000 for reservations.



ton line will be featured and for sale along with many other wonderful gift ideas to start, and maybe end, your holiday shopping for some of the special ladies and men in your life. Guests who spend more

Senior Activity and Lunch Program

The Barrington Area Council on Aging, Inc., invites you to join us for our weekly lunch programs at Langendorf Park from 10:30 a.m. to 2:30 p.m.

than \$100 on Brighton items will receive

Rick Rizner, executive chef at The Gar-

lands, has created a healthy, delicious

luncheon menu for this "girls' gathering."

Crudités, fresh fruit skewers, assorted

miniature sandwiches, cookies, brownies

and even fruit-flavored water will be at

special stations for the leisurely enjoyment

of the guests. A cash wine and smoothie

Be the first in the Chicagoland area to

get a sneak preview of the new Brighton

holiday collection at a Brighton fashion

show, presented by Jan Cunningham,

owner of G. Whiz, a unique gift shop for

the discriminating shopper, with locations

at The Garlands of Barrington and at 724 W. Northwest Highway (in The Foun-

dry). Models will demonstrate the ver-

satility of the newest line of fall jewelry

and leather accessories. The latest Brigh-

bar will be available as well.

Games are played at 11:00 a.m., lunch is served at noon and programs begin at 12:30 p.m. unless otherwise indicated. Suggested donation for lunch is \$3 per person and requires advance registration. Call 1-847-381-5030 for your reservation.

• Monday, Oct. 6—Games will begin at 10:30 a.m. Our Third Annual Housing Fair will be from 11:30 a.m. to 2:30 p.m. Lunch will follow at noon. During the housing fair, Litho-Link will provide osteoporosis screenings to preregistered individuals. With the addition of Litho-Link, we expect an increase in attendance, so register early for lunch.

There will be no lunch on this day. But Foundation is scheduled. please join us for lunch and a movie on

enne, will be on hand for her one-woman show, guaranteed to entertain, motivate and even educate you just in time for preholiday madness. In addition to narrating the fashion show, Fern will help you put the "Ha, Ha, Ha" back into the "Ho, Ho, Ho" just in time for the stressful holiday season. During her memorable monologue, she'll share coping skills for stress and time management while making you

10-minute hand massage or a neck and shoulder massage provided by Spa Vargas. The spa, with locations in Lake Barrington on Route 59 and Kelsey Avenue and Indian Lakes Resort in Bloomingdale, is committed to providing services that relax the body so that inner peace of the mind will follow. Product samples, hostess gifts and gift certificates will be available. And for some additional retail therapy, representatives from Pevonia Botancia skincare products, Goldwell hair products, Camille Beckman, Crabtree and Evelyn, The Thymes, and Burt's Bees will be part of the boutique with items for sale and several giveaways.

The Garlands, on 31 lush parklike acres located near the heart of Barrington, is a unique community for people ages 55 and older, offering residents an uncompromising lifestyle in a resort setting. Events such as "Girlfriends Time Out" link The Garlands to the greater Barrington and Northwest Suburban communities. Area residents are invited to participate in the many art, theater and dining functions that The Garlands hosts throughout the year.

The Garlands of Barrington combines elegant residences with unprecedented amenities and services including a fine dining program that brings the best of urban private club dining to the suburbs. For more information or reservations, phone 1-847-756-3000 or 800-822-0267 or visit our Web site at www.TheGarlands.com.

Wednesday, Oct. 15, at Langendorf Park at noon. Call 1-847-381-5030 for your reservation by Friday, Oct. 10.

• Monday, Oct. 20, Octoberfest Party-Games and lunch will be provided, as will entertainment by The Kitchen Klangers, a band from the Libertyville Senior Center and surrounding area. A traditional German menu will be served. The cost is \$6 per person. Seating is limited. RSVP by Tuesday, Oct. 14, at 1-847-381-5030.

• Monday, Oct. 27, Halloween Party-We'll play games and have lunch. The Barrington Park District Preschoolers will entertain us with Halloween songs. A program presented by Marybeth Ostrander, R.Ph., of Good Shepherd Hospital Pharmacy will check compatibility of medications. October birthdays will be cele-• Monday, Oct. 13, Columbus Day- brated. And a visit from the Assisi Animal



On Northwest Highway by the Barrington Area Library



Art Associates to View "Manet and the Sea"

The next ticketed exhibition at the Art Institute, "Manet and the Sea," is devoted to the seascapes by Edouard Manet from 1864 to 1881. The exhibition also highlights the link with his predecessors, including Gustave Courbet, and his successors, among them Claude Monet and James McNeill Whistler, all of whom he knew personally. Also included are marine paintings by Dutch master Willem van de Velde the Younger (1633-1707) and Eugene Delacroix (1798-1863) who set the stage for the "new" painting of Manet and his contemporaries.

On Wednesday, Oct. 29, the Barrington Community Associates of the Art Institute of Chicago will sponsor a trip to the exhibit with a special lecture by Sarah Boyd.

In a naval duel in the summer of 1864, the U.S. Navy steamship Kearsarge sank the Confederate ship Alabama off the coast of France, an event that brought the American Civil War to French shores. Inspired by this event, Manet produced a series of boldly innovative paintings that radically transformed established models. The spontaneity and vibrancy of his Kearsarge-inspired paintings show how he experimented with the movement, color, light and atmosphere of the sea. The quick, sweeping brushstrokes and simple, flattened compositions-characteristics that would come to mark his boldly expressive approach to art-brought an immediate response from the younger painter Claude Monet and started a dialogue with artists who became known as The Impressionists.

define him not only as the father of imily vacations in Normandy, Bordeaux and Arcachon. During a brief interlude in Venice, he painted two canvases of 462-1963. For membership information, the Grand Canal, Venice (1875). These contact Marianna Barr, 1-847-382-3952.



Steamboat Leaving Boulogne, 1864 by Edouard Manet, Potter Palmer Collection.

breathtaking water-and-sun reflections are brought together for the first time in this exhibition.

Manet's four Kearsarge-inspired paintings were the subject of a recent small exhibition at the Metropolitan Museum of Art and are the core of "Manet and the Sea." The exhibition brings together approximately 100 works-paintings, watercolors and sketchbooks-from museums and private collections worldwide along with important pieces from the Art Institute's collection.

Sarah Boyd, assistant director, communications, museum education, holds a bachelor's in art history from Skidmore College and a master's in art history from Rutgers University. She led Elderhostel programs in Italy and participated in archeological excavations in Israel, Crimea and Ukraine.

The cost of this members-only trip on Manet's interest in the sea helped to Oct. 29 is \$30. The bus will leave Langendorf Park at 9:00 a.m. and the Art Inpressionism but the inventor of modern stitute at 2:45 p.m. Coffee will be served history painting. The evolution of this in the Women's Board Room at 10:30 a.m. interest is also shown in paintings on fam- After the lecture, there will be time to view the exhibition independently.

To register, contact Mari Harrer, 1-847-

Alpha Gamma Delta Alum Meeting

of Alpha Gamma Delta will meet on Tues- tertainment books and poinsettias. For day, Nov. 4, at 7:30 p.m. in the home of more information, call 1-847-358-8450 or a Barrington member. All Alpha Gams are 1-847-215-0042. invited to attend. Rose Saber will present

The Northwest Suburban Alumnae Club a book review. The club will also sell en-

2003 Stritch Award Dinner Set for Nov. 14

The Loyola University Chicago Stritch ber of Loyola's medical school. The Sword School of Medicine's 53rd Annual Award Dinner will be held on Friday, Nov. 14, at the Hilton Chicago & Towers at 720 S. Michigan Ave. The reception will begin at 6 p.m., followed by dinner at 7 p.m.

cago's oldest and most successful black-tie gala, raising more than \$23 million since the event was first held in 1950.

Loyola's most prestigious awards, the Sword of Loyola and the Stritch Medal, will be presented at the dinner. The Stritch Medal recognizes outstanding service in and \$10,000. For more information or to medicine by a graduate or faculty mem- purchase tickets, contact 312-915-6451.

And a

of Loyola recognizes notable achievements of an outstanding business executive for contributions in a field other than medicine

More than 20 Stritch Junior Service The Stritch Annual Award Dinner is Chi- League members will also be honored for their academic achievements and commitment to community service. After dinner, gala attendees will enjoy listening and dancing to the Stanley Paul Orchestra.

> Tickets for the event are \$500 per person. Tables of 10 are available for \$5,000

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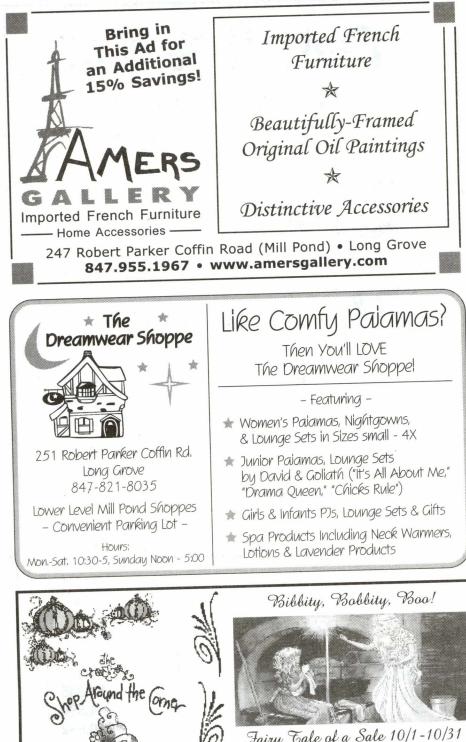
Jewelry Store

Barrington LIFESTYLES October 2003

ROUTE 31

ROUTE 14





Fairy Eale of a Sale 10/1-10/31 All House Inc. Linens 15% OFF includes in-stock & custom orders All Illume & Archipeligo Candles 20% OFF Mill Pond, 229 Robert Parker Coffin Rd. Fabulous Style

Lunch and a Movie

for the Home

The Barrington Area Council on Aging, Inc., and the Barrington Park District will have Lunch and a Movie at Langendorf park on Wednesday, Oct. 15.

Lunch will be served at noon followed lunch. The suggested donation for lunch at 1:00 p.m. by the movie Rear Window. is \$3 per person.

Annual Fair and Auction Luncheon

vites you and your friends to our Annual Fair and Auction Luncheon on Oct. 9 from speak to us on "There's Always Hope. 11:00 a.m. to 1:30 p.m. at Concorde Banquets in Kildeer. Cost is \$15 inclusive.

lots of gift baskets, and baked goods. Oct. 3. Call Carol at 1-847-359-5089 or Shopping and bidding will start right at Karen at 1-847-818-9016. 11:00 a.m. Gail Dyer will inspire us with 20 Barrington LIFESTYLES October 2003

The Northwest Women's Connection in- her singing. Mary Birch, former radio personality and international tour host, will

Long Grove • 847-955-2855

m,w,th,f,sat 11-5, sun 12-5

The movie will be shown on a large

screen television. Bring a friend and en-

joy an afternoon of movie magic. Popcorn

Please call 1-847-381-5030 to register for

will be provided.

Free preschool childcare is available. (The nursery is located off premises.) There will be a silent and a live auction, Lunch reservations are needed by Friday,

Amers Gallery—From Our Family to Yours

Amers Gallery offers a wide variety of French imported furniture, beautifully-framed original oil paintings and a wide variety of distinctive home accessories.

Being a family business, we provide excellent service and quality to our customers. We are direct importers and are always looking to bring great values to our customers.

DON'T STAY HOME WITHOUT IT!

Bring in our ad and receive 15% off your purchase

Amers Gallery is located at 247 Robert Parker Coffin Road (Mill Pond-lower level) in Long Grove, 1-847-955-1967

Or visit us at www.amersgallery.com

The Dreamwear Shoppe Celebrates **One-Year Anniversary**

Mill Pond Shoppes of Long Grove, recently doubled its size and celebrated its pajamas and gowns, and many unique first anniversary. The store opened in September of 2002 featuring women's sleepwear, loungewear and spa products. It has now added infants', girls' and juniors' sleepwear to its selection. The fall line includes novelty print pajamas and night-

The Dreamwear Shoppe, located in the shirts, cotton-lined satin pajamas, twoand three-piece lounge sets, 100% cotton gift items. Brands carried include Nick and Nora, David and Goliath, PJ Salvage, and many more. The store is located on the lower level next to the Long Grove Café with convenient parking available.

Wellness Place Sponsors Cancer Support Groups, Networking in October

change information and supportive conversation among people with cancer, their families and caregivers will be offered in October by Wellness Place, a cancer resource center located at 1619 W. Colonial Parkway, Palatine.

Family consultations for individuals, couples and families is the newest addition to the Wellness Place program for support. Professional clinicians will meet with parents and their children or with children and parents separately. All consultations require registration by calling 1-847-221-2400.

Group networking opportunities in October include the following:

• Welcome Sessions, offering a guided tour of the cancer center and information about free programs and services available to participants, will be held Tuesdays, Oct. 7 and 21, from 6:00 to 6:30 p.m.

• Coping with Cancer is facilitated by Diana Wilson, Wellness Place clinical specialist, and Charlie Stephens, cancer survivor. This group welcomes people newly diagnosed with cancer, new to Wellness Place or experienced in the cancer journey, to attend for support and continuing education on Tuesdays, Oct. 7 and 21, from 6:30 to 8:00 p.m.

• Family/Friends Networking, coordinated by Margaret French, Wellness Place clinical specialist, and Wilson, invites people who care about someone with cancer to meet on Tuesdays, Oct. 14 and 28. from 7:00 to 8:30 p.m.

• Men with Cancer Networking, led by Harvey Wolf, health psychologist and Wellness Place consultant, and Stephens, will discuss issues faced by men with can-

Free networking opportunities to ex- cer on Tuesdays, Oct. 14 and 28, from 7:00 to 8:30 p.m.

• Leukemia/Lymphoma/Multiple Myeloma Group, facilitated by Sue Blechschmidt, Wellness Place clinical director, and Wilson, includes cancer survivors, family and friends who will meet Wednesdays, Oct. 1 and 15, from 11:30 a.m. to 1:00 p.m.

• Spirituality and Well-Being Group, facilitated by Lois Coldewey, a registered nurse and certified spiritual companion, will help participants search for a deeper meaning and purpose to life and reflect on spiritual beliefs and practices on Thursdays, Oct. 2 and 16, from 10:30 a.m. to noon

• Recurrence/Metastatic Networking Group, led by Wolf and Coldewey, includes people with recurrence or metastatic disease, their family and friends and will meet on Thursdays, Oct. 9 and 23, from 10:30 a.m. to noon.

· Breast Cancer Networking Group, facilitated by Kathy Hill and French, Wellness Place clinical specialists, will meet Wednesday, Oct. 8, from 6:30 to 8:00 p.m.

• KidsCare and Teen Time, two groups for youth who have an adult family member diagnosed with cancer, will begin meeting in the fall. Call Lori Mackey, certified child life specialist, for more information and to register at 1-847-221-2400.

Wellness Place, a nonprofit organization incorporated in 1999, offers resources, support and education for people with cancer, their family and friends and serves 60 communities in the Northwest Suburbs of Cook County and parts of McHenry, Lake and Kane counties.



WX C

As American as Apple Pie! Long Grove Hosts 11th Annual Apple Fest

Any way you slice it, Long Grove's Apple can heritage. Blacksmith Tony Vanagas Fest, sponsored by the Merchants' As- will set up his forge on Friday from 10 sociation, will be a perfect pick for a fall a.m. to 4 p.m., and the Long Grove Hisweekend in a country setting. The event torical Society will conduct tours of its will take place Friday, Oct. 3 through Sun- restored 19th century farmhouse from day, Oct. 5. Hours are 10 a.m. to 6 p.m. Admission and parking are free.

Long Grove restaurants and outdoor the core, too, with performances by The food booths will sell a harvest of treats as American as apple pie (4,000 were sold at last year's fest) and apple cider, along with inspired creations such as hot apple cinnamon pretzels, apple salsa and taffy apple beer mug sundaes. Visitors will be able to decorate their own caramel apples. For this weekend only, the Apple Haus will roll its popular apple donuts in cinnamon and sugar instead of the traditional cider glaze. Over 50,000 donuts were sold during last year's event. Purists can also buy farm-fresh apples by the bag or the intersection of routes 53 and 83, apbushel.

Throughout the historic business district, home to over 80 specialty shops, there will be activities marking our Ameri-

"Poems, Pints & More"

you to attend "Poems, Pints & More," a included in the ticket price. live cabaret show for adults featuring muiety acts.

11, from 7:30 to 10:00 p.m. and prepare to be heartily entertained! Beverages and

The Barrington Area Arts Council invites light refreshments will be served and are

10 a.m. to 2 p.m. on Saturday and Sunday. Entertainment will be American to

Apple Knocker Fiddlers, Barbershoppers,

the Dixieland Banjo Buddies, the Big

Band sound of Bopology, and the classic

rock and roll group named ED. Even "Elvis" a.k.a. Bob West, will sing and

swing by Cassandra's on Towner Green

on Saturday at noon and at 3 p.m. On

Sunday, visitors can stroll Towner Green

and check out the Car Show featuring

classic American autos from the '50s, '60s

Long Grove is located 1/4-mile north of

proximately 35 miles northwest of Chi-

cago. For information, phone 1-847-634-

0888 or click on www.longgroveonline

and '70s

.com.

Tickets are \$12 per BAAC member or sic, storytelling, poetry, comedy and var- \$14 per nonmember. Reservations are suggested, as seating is limited. We are lo-Mark your calendars for Saturday, Oct. cated at 207 Park Avenue in downtown Barrington. For more information or to reserve seats, call BAAC at 1-847-382-5626.

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The Most Beautiful Jewelry in the World

As crisp cool days of fall approach, the leaves sparkle with their radiant display of color. Celine has just returned from her fall overseas buying trip, bringing with her the most radiant colors of stones naturally provided by mother nature. She will take these gems and over the next month design pieces to enhance their natural beauty. Remember, each stone is carefully hand-chosen for your consideration. Our designs are unique and one-of-a-kind as custom work is our specialty.







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Peterson Named to Public Pension Investment Committee

State Senator Bill Peterson (R-Long Grove) has been named to serve on the Senate Select Committee on Public Pension In-Watson (R-Greenville) announced the appointment Aug. 25.

Peterson, who also serves on the Senate Insurance and Pensions Committee, looks forward to his new appointment.

watched very carefully, given our state's cago), Antonio Munoz (D-Chicago and current economic situation," Peterson said. chairman), Barack Obama (D-Chicago)

public pension debt as a one-time budget fix. Should any of our pension investments turn south, Illinois could be in a very prevestments. Senate Republican Leader Frank carious situation. I hope this committee will work to keep Illinois' pension systems on a solid economic footing.'

Other members of the committee include: senators Bill Brady (R-Bloomington and Republican spokesman), Denny "Public pension investments should be Jacobs (D-Moline), Iris Martinez (D-Chi-

A New Shipment will be in at the **End of October**

You can consult my Web sitewww.nadinesfrenchantiques.com

See you soon.

There you will see antique furniture and accessories from the Barrington store as well as from my warehouse in France. New items will be added about every two weeks.

-Nadine

La Maison Francaise



Total Image Consulting

Nothing is more important to a fashion forward salon than knowing the next trend in hair design and beauty. That is why the styling team at International Hair Designs goes through intensive training four times a year for the latest trends in cuts, perms and hair color techniques. Corrective color consultations are available with our board-certified haircolorist

Twenty-five years of professional excellence and outstanding performance in the beauty business have indisputably established International Hair Designs as one of the leading full-service salons in the Northwest Suburbs. A dedicated team of highly-skilled and experienced stylists are always eager not only to pamper you to 9 p.m., Friday 9 a.m. to 6 p.m. and Saturwith the ultimate in service but also to day 8 a.m. to 3:30 p.m. 1-847-438-8636.



provide you with complimentary valuable consultation and professional advice to enhance your image.

International Hair Designs, located at Northlake Commons (Routes 12 and 22), is open Monday through Thursday 9 a.m.

Protecting Your Legal Rights— **Adverse Decisions in Employment** by Joette S. Doran, J.D.

As part of my law practice, I often consult with employees who raise some very valid concerns regarding an adverse decision that affects their employment situation. Some examples of an adverse decision include: a demotion or transfer, negative employment evaluation, change in responsibilities, increase of job duties, or reduction of compensation. Where an employee has a good history of performance and the employer has no legitimate business reason for the adverse decision, it should be of particular concern. In an employment at will relationship, it is legal for an employer to change or alter job duties, responsibilities and pay. However to do so for a discriminatory reason is illegal under both the federal and statutes.

Statutes which directly protect an employee from an adverse decision based on discrimination include Title VII, which protect an employee from discrimination based on race, religion, national origin and gender; the Age Discrimination in Employment Act, which protects an employee over the age of 40; and the Americans with Disabilities Act. Careful analysis of the situation under the federal and state laws is highly recommended, especially if you believe that the adverse decision is based on a discriminatory motiva- for the Northwest Suburban Bar Associa-



including the employee's lost wages, benefits, attorney's fees, costs, and compensatory and punitive damages. Because the time frame for addressing a claim of discrimination with a state or federal agency is limited, prompt action is recommended. For additional employment information, please visit our Web site atwww.joettedoran.com.

This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own situation

Ms. Doran is licensed in Illinois and all Illinois federal courts and is a member of the Federal Trial Bar. She is the past-chairperson of the Employment Law Committee tion. A violation of these laws may subject tion and is the past-president of Barring-

'Against my better judgment, Illinois has and Christine Radogno, (R-LaGrange). taken a risk this past year by doubling our 22 Barrington LIFESTYLES October 2003

an employer to federal action for damages ton Area Professional Women.

Wing and a Prayer Angelic Creations, Inc.

Are you intrigued by the existence of angels? Are you searching for unique angel gifts and home décor items? Then check out www.Wing-And-A-Prayer.com.

Wing and A Prayer Angelic Creations offers you, the discriminating buyer, original angelic designs for your home and garden.

Choose from beautiful and unique glass-top dining tables featuring artistically sculpted angel bases. Among the many pieces offered, an angel entry table would make a breathtaking statement as guests enter your home.

Other home décor items include limited-edition full-size dining tables that seat up to 12 guests. All tables are custom made and hand numbered. Production is limited to 500 and includes a letter of authenticity signed by the designer. Other home décor items include wall plaques, sconces, shelves and candle holders.

Wing and A Prayer also offers a large selection of angelic garden items including heavenly birdbaths, planters and garden statuary. Each piece has been exquisitely sculpted and reproduced by hand.

Among other favorites are the seasonal items created to heighten the joy of the holidays. Choose from angel and cherub tree ornaments and seasonal wall hangings

For the angel collector, these are pieces you will not find anywhere in the world!

One of the goals of Wing and A Prayer Angelic Creations is to make a difference for those in need by supporting charitable organizations with a percentage of their profits.

Visit Wing and A Prayer Angelic Creations online at www.Wing-And-A-Prayer.com or stop in at the Chicago land distributor, All About Angels, 159 S. Rand Road, Lake Zurich, IL, 1-847-726-1023.

The Field of Esthetic Skin Care by Gary S. Churchill, MD

If you have ever had facial plastic surgery or if you are considering it, you need to know about the exciting field of esthetics. Through the techniques employed by a licensed esthetician, you can improve and enhance the appearance of your skin. Whether you are trying to maintain your skin after a surgical procedure or just want better-looking skin, there is a treatment for you. Based on scientific principles, the treatments are custom-designed for your skin's particular needs. Esthetic skin care can reduce the depth of surface lines, help fade abnormal brown spots, smooth rough skin and help clear up acneprone skin. Overall, it can give your skin a more youthful and healthier glow. The treatments are only done by a qualified, licensed esthetician in a physician's office and involve various methods of exfoliation, skin bleaching and rehydration. These treatments, when combined with a daily regimen, can give dramatic results.

What is an Esthetician?

A licensed esthetician is someone who has gone through specialized schooling and passed a state licenser exam to allow them to take care of the skin from an esthetic or beauty standpoint. Licensed estheticians have applied their specialized training in a medical setting under the oversight of a physician. This allows the esthetician to perform stronger peels and somewhat more aggressive treatments than could be done elsewhere. A myriad of different procedures can be performed. The particular treatment (or combination) is chosen in the consultation process and is based on that patient's particular need and skin condition. A partial listing of available options include: different strength peels to treat fine lines and wrinkles, special peels to treat irregular pigment, peels to clear up blemishes and microdermabrasion.

What is a Micropeel?

This technique involves a double-exfolia-



Gary Churchill, MD

venting skin care products from penetrating. The second exfoliation is done by applying a peel solution to the surface. This is done lightly, and only a slight tingle will be felt with this step. Finally, extractions of blocked oil pores can be performed before applying a moisturizer and sun block. This combined manual and chemical peel technique leaves your skin with a healthy and smooth glow. Makeup can be applied right away, and everyday activities can be resumed.

What is Microdermabrasion?

Microdermabrasion is a nonsurgical, noninvasive method for removing dead, flaking skin cells while stimulating the production of fresh skin cells and collagen. Treatments are administered by our esthetician, using a hand piece through which microcrystals are vacuumed. This gentle abrasion produces a polished appearance in as little as 20 minutes. Skin feels softer and smoother and appears younger looking. For best results, we recommend an initial six-week treatment plan consisting of one treatment per week, followed by treatment once monthly.

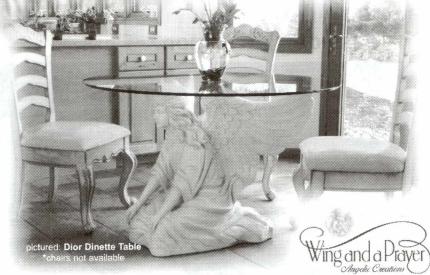
How to Decide What Treatment is Best for You

During your initial visit, the esthetician will review your basic medical history and consult with you regarding your skin concerns. She will analyze the condition of your skin and determine which treatment will best address your skin care needs. tion process. The first exfoliation is done Each person's plan is different and can be manually with a #10 scalpel. It removes a modified as needed to maximize results micro-thin layer of dead skin cells and and satisfaction. Once all patient questions (Please continue on page 55)

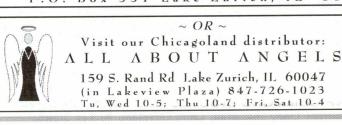
It's a

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keratin that lay on the skin surface, pre-

Barrington LIFESTYLES October 2003 23

847-304-1000

Happenings! in the area

Barrington Junior Women's Club Ready for Another Year with "Passion for Fashion"



The hard-working "Passion For Fashion" Committee: (from left, front row) Janet Swenson, Carrie Carr (co-chair), Sue Viohl (co-chair), Kerstin Stenlund, Deb Jourdan, Sue Anderson, (second row) Sandy Schaffer, Sheila Foley, Kathy Pinkus, Silvia Grabacki, Stephanie Skopek (president), Karen Paloma, (not pictured) Cindy Shanahan, Laura Cerretani, Mickey Brown, Oksana Keaton, Linda McGill, Dee Repata and Kathy Failla

for Barrington Junior Women's Club, raising more than \$100,000 at their Wings of Hope Gala in April. At their June dinner, they distributed over \$150,000 to local charities, including a check for \$25,000 to WINGS, new blankets for PADS, and six provide products and services for all atmerit- and need-based scholarships to area high school students.

Now, after a summer break, the women of BJWC are ready to do it again. Barrington Junior Women's Club will host their annual fall fashion show and luncheon this year, entitled "Passion for Fashion," on Nov. 15. Located at the Hyatt Regency in Woodfield, this fashion show Junior Women's Club or wanting to obtain will highlight the latest fall and holiday trends.

A boutique with the "best-of-the-best" artisans will open at 10 a.m. where shop- Health and Fitness Facility

Last year was one of the most successful pers will find a fabulous array of specialty items with surprises around every corner. The luncheon will also include a live auction and will begin at noon. Runway seats are available for \$65; all other seats are \$55. As a grand sponsor, Mario Tricoci will tendees.

Don't miss this day of entertainment and pampering! Make your reservation now! Reservations are required, and tickets can be held at the door.

For more information, please call 1-847-622-3838 or visit www.bjwc.org.

Anyone interested in joining Barrington more information is welcome to attend the annual new member meeting on Tuesday, Oct. 7, at 7 p.m. at the Good Shepherd

Actress Michele LaRue to Perform for Barrington Woman's Club

The Barrington Woman's Club is thrilled lowed by lunch at 12:30 p.m. and then to once again welcome actress Michele the performance. The cost is \$22 for club LaRue as she performs Eve's Diary for their members and guests.

Earlier this year, LaRue's performance in Someone Must Wash the Dishes was so Shoreline Rd., Barrington, IL, 60010. well received that members asked for a return engagement.

Stahlhuth from several stories by Mark works frequently in New York City and Twain. This performance will take place at on the road as well. She got her start in The Garlands of Barrington, 202 S. Cook theatre after being introduced to it at Bar-

members or \$25 for guests. Checks made out to Barrington Woman's Club must be sent by Oct. 10 to: Barbara Cornwell, 218D

As a professional actress, LaRue makes her home in New Jersey where she per-Eve's Diary is an adaptation by Gayle forms with several theater groups. She

Moonlight Over Monaco Gala Party

They all partied there-celebrities, the crowned heads of Europe and Winston Churchill!

Take a chance! You too can spend an evening experiencing the fabulous Moonlight Over Monaco, which will benefit Home of the Sparrow! The festivities will begin at 6 p.m. on Saturday, Nov. 1. Creative dress/black tie are optional.

Bid on live and silent auction items or seize the opportunity to go home with a bag of "loot."

There will also be wonderful dining, dancing and the famous elegance of a Monaco night! Plus, you could meet Marilyn, as in Monro, which will surely add excitement to an already wonderful evening.

The Home of the Sparrow program provides safe, stable housing to over 100 women and their children annually. An extensive job and life-skills training program, as well as emotional support and guidance, empowers these women to achieve the goal of self-reliance, permanently ending the cycle of home-

lessness in their lives. Since its inception 16 years ago, Home of the Sparrow has aided over 2,000 individuals. The program's headquarters is located in McHenry with additional locations in Crystal Lake and Palatine.

Sears, Roebuck and Co. has generously donated the use of their corporate offices in Hoffman Estates as the location of this tion about the gala and/or membership in benefit effort organized by Friends of Friends, please contact Sue at 1-847-526-Home of the Sparrow, which provides 3981. See you there!

(From left) Moonlight Over Monaco committee chairs Julie Reitsch and Jill Davis look over 60 purses as well as other items generously donated by Jan Cunningham of G. Whiz, 724 Northwest Hwy., Barrington, to Home of the Sparrow programs.

> advocacy, financial and volunteer support to Home of the Sparrow and draws its membership from Barrington and surrounding northwest communities. New members are welcome.

Tickets to the event are \$135 each and may be purchased through Oct. 24. To make a reservation or for more informa-

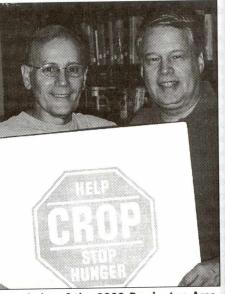
Grom and Chidley Lead 2003 **Barrington Area Crop Walk Committee**

"Making a Difference—One Step at a Time" is an ongoing theme for the Barrington Area Crop Walk, now preparing for its 21st annual event intended to raise awareness and money to fight hunger in our community and around the world.

John Grom of the Community Church of Barrington and Dave Chidley of St. Paul United Church of Christ lead a team of committed representatives from most Barrington and Wauconda churches and many schools, businesses and civic organizations with a goal of recruiting at least 400 walkers and raising at least \$65,000.

Twenty-five percent of all funds raised in Barrington is kept in our area for the Church Women United Barrington Food Pantry, Meals With Wheels, Wauconda-Island Lake Food Pantry, the Northern Illinois Food Bank, the People in Need program of the Barrington Area Ministerial Association and the FISH Food Pantry in Carpentersville.

The walk takes place throughout the Village of Barrington, beginning at Barrington Middle School Station Campus with registration at 12:30 p.m. on Sunday, John Grom, 1-847-382-0522, or Dave



Co-chairs of the 2003 Barrington Area Crop Walk are (from left) John Grom, Community Church of Barrington, and Dave Chidley, St. Paul United Church of Christ of Barrington.

St. in Barrington, on Wednesday, Oct. 15. rington High School under the direction of A social hour will begin at 11:30 a.m. fol- the late Richard C. Johnson.

Oct. 19. To learn more, contact co-chairs Chidley, 1-847-381-0884.





Little Shop of Papers!

Autumn is a great time to entertain with a cozy dinner party at home or invite the whole gang for Oktoberfest! Choose from a great selection of invitations and let us print them for you! Then, choose a festive fall motif placard or paper plates and napkins for the buffet. Come in to Little Shop of Papers and let us take care of all the details-you just invite the guests!

The Adventurous (and Flirtatious) at Satin Filly

Yikes! It's October and the time is flying by! I won't mention what's around the corner.

It's been an exciting fashion season, hasn't it? (If you don't know, you haven't been shopping!) Nothing is ordinary, to say the least. Clothing is adventurous and a little flirtatious...

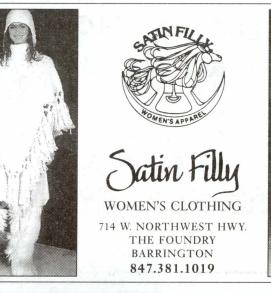
We at Satin Filly have had an enthusiastic reception to what we have-the photos in our ad and editorial give you some ideas of the diversity of looks you'll find. Our forté is individual style-each one of us has our own look, that's what makes this business so interesting. That's why I'm still here-it's always exciting and fun (90%)!

By the time you read this Francie and I will have returned from NYC with more goodies-it's always sensory overload -but we thrive on it! Keep smiling ... we do! -Karen



Halloween is a Treat...at Little Shop of Papers!







Barrington Lyric Offers Insights on Samson et Dalila

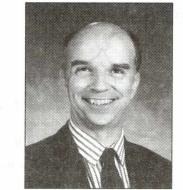
The Barrington Chapter of Lyric Opera of Chicago invites you and your guests to enjoy performance insights at 2 p.m. on Sunday, Oct. 26, in the Barrington Area Public Library, 505 North Northwest Hwy. Come and learn about Charles Camille Saint-Saëns' Samson et Dalila due to be performed this season at Lyric Opera of Chicago. This production, sung in French with projected English titles, includes two of the world's superstars; Samson, high priest of Dagon, will be sung by the electrifying Argentine tenor Jose Cura; Dalila, the Philistine temptress, will be sung by the luminous mezzo-soprano Olga Borodina

Dennis Hayes, member of the outstanding Chicago Lyric Opera's Lecture Corps from St. Charles, will enlighten the audience about the mighty Samson who defeats the Philistines, only to fall under the spell of Dalila, one of history's most notorious seductresses! Longtime Lyric subscriber, Dennis is volunteer chapter coordinator for Opera in the Neighborhood. The award-winning Lecture Corps was founded by Barrington Lyric's Mary

Octoberfest Party

The Barrington Area Council on Aging, Inc., and the Barrington Park District will hold the annual Octoberfest Party for seniors on Monday, Oct. 20, at Langendorf make your reservation. The cost is \$6 per Park.

Games will start the festivities at 11:00 RSVP by Tuesday, Oct. 14.



Dennis Hayes, member of the Chicago Lyric Opera's Lecture Corps, will enlighten the audience about Samson and Dalila.

Robin, immediate past president in charge of Youth Outreach Education, and President Howard Robins, Arlington Heights.

Light refreshments will be served. Please mail checks (\$5 per person) by Oct. 20 to Susanne Wells, 225 Timber Ridge, Barrington, IL, 60010. For more information, please call 1-847-382-2613.

the Libertyville Kitchen Klangers at 12:30 p.m. A traditional German menu will be served. Seating is limited, so call early to person. Call BACOA at 1-847-381-5030.

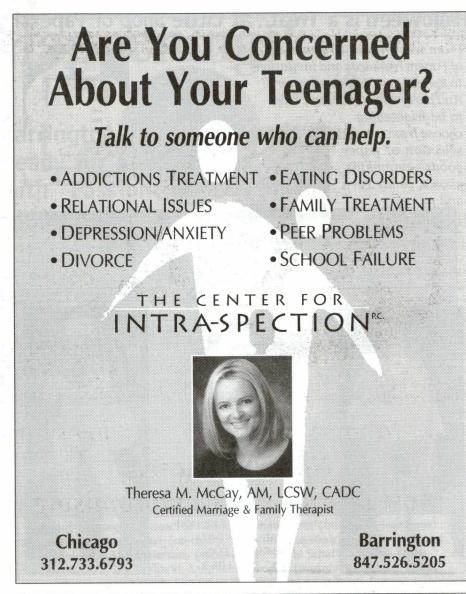
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10 W. Campbell St. Arlington Heights 847.637.3110 murs. Tu W Sat. 10 am 5 nm Thurs Frie 10 am . 8 nm . Closed Sunday & Monday

a.m. with lunch being served at noon and



Why Does My Child Hurt?

by Theresa McCay, L.C.S.W., C.A.D.C.

would expect parents to make sure to get The University of Chicago in Clinical Sothe proper medical attention. In addition, cial Work. I received extensive training in we would assume that they would follow up to make sure that the bone had healed versity of Chicago Hospital's Department properly. Likewise, when a child suffers of Child and Adolescent Psychiatry. from trauma, such as divorce, health issues, loss of a family member, drug or alcohol abuse, school failure, or peer pressure we would expect somebody to help as a Marriage and Family Therapist, this them heal properly. Without proper guid- coupled with a certification as an Alcohol ance a child's pain can manifest itself in and Drug counselor provides a knowldestructive patterns often resulting in edge base to serve the entire family sysclinically diagnosable symptoms. This is a tem. frightening experience for both the child and the parent. If you are concerned about you will not have ALL the answers, someyour child there is someone who can help.

sity where I received a bachelors degree port for your family.

If a child were to fall and break a limb we in Psychology, and a masters degree from child and adolescent treatment at The Uni-

> I have received postgraduate training at The Chicago Center for Family Health where I received a two-year certification

There will be times as a parent when times it nice to know that you can turn to I am a graduate of Northwestern Univer- someone who can provide relief and sup-

Barrington Newcomers to Visit Chicago Botanical Garden

an outing to the Chicago Botanical Gar- the East Green House at noon. dens on Wednesday, Oct. 15, from 10:30 a.m. to 1:00 p.m.

We will meet at the entrance at 10:30 a.m. Scheduled is a 45-minute narrated Barrington, IL, 60010. Checks must be in tram ride with views of the Japanese Garden, McDonald Woods and the Prairie, not to mention the world-famous traveling Chapungu sculpture exhibit. This will door event.

The Barrington Newcomers has planned be followed by a delicious box lunch in

Parking, narrated tram and lunch is only \$17.50. RSVP with payment by mail to Jean Shane at 13 Overbrook Road, South by Oct. 1.

We hope to see all our old friends and new ones too. Come join us for this out-

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Americans are traveling in spite of the economy and the world situation, and yet many feel more comfortable staying within our borders. "There is a lot of information out there that our clients accumulate from brochures, the Internet, or other people, but when it comes to the actual decision, no one wants to make an uncertain choice. Only experienced specialists for Alaska and Hawaii should be trusted to help you make these decisions. We are well-travelled in Alaska and Hawaii, and can show you the special places and diverse vacation possibilities that make for an exceptional experience."

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Hawaii, blessed with excellent weather, breathtaking beauty, cultural diversity and the Aloha spirit, provides visitors with an incredible vacation opportunity. Sue Carraher, president of 49/50 Travel, recently returned from the islands, the third trip there this year alone. "I have stayed at some wonderful and unique places, from the most deluxe resorts to private bed and breakfasts, on every Hawaiian island. This trip I had the pleasure of driving the 'Road to Hana' on the island of Maui, and then staying at the sensational Hotel Hana-Maui resort on the pristine east coast. The resort grounds, once the home of a sugar plantation, features one-story deluxe bungalows complete with expansive tiled baths overlooking private gardens (some with Jacuzzis on the deck), refrigerators, coffee makers with grinders for the complimentary fresh coffee beans, original works of art, and top-quality linens. Guests enjoy a secluded, tranquil vacation free from crowds and noise while exploring the spectacular waterfalls in the area. Also featured are a fitness center, spa, tennis courts, and swimming at three beaches, one the black-sand beach of Hamoa." Other highlights of this trip included golf at west Maui's Kapalua Golf Academy and lovely rooms at Kapalua Villas and the Ritz hotel. In contrast was a "deluxe camping experience" in beach bungalows, called "tent-a-lows" on the island of Molaka'i. Whatever your interest or budget, 49/50 Travel can help you plan the perfect vacation! CALL US TODAY!



Gastronomic Feasts and Festival Planned at The Garlands for Fall

another in a series of wine dinners at The Garlands of Barrington, 1000 Garlands Lane, Barrington, for Thursday evening, Oct. 23, at 6:30 p.m. The multicourse gourmet menu with wines carefully selected by the chef to complement each course is priced at \$65 per person, all inclusive.

Ken Vigoda, wine expert with Raymond Wine Cellars, a noted wine maker in Napa Valley, Calif., will be on hand to discuss the wines. Guests just need to book a reservation at 1-847-756-3000, mark their calendars, come to the Roycroft Dining Room at The Garlands and be prepared to enjoy an evening that is guaranteed to delight the senses.

The Garlands' International Dinner and Music Series will continue featuring a German night this month. On Friday evening, Oct. 10, guests are invited to make a reservation to enjoy menu items including weiner schnitzel, sauerbraten and apple strudel while they are entertained by harpist Jennifer Hedberg-Keller playing music by Mozart, Bach and Brahms. Viennese waltzes and melodies from The Sound of Music will be on the program as well.

Mark your calendar for a French evening at The Garlands on Friday, Nov. 14, when French food will be on the menu and music will be played by strolling violinist Jennifer Silk. On Friday, Dec. 12, Executive Chef Rick Rizner will take you on a gastronomic tour of the world while pianist Dan Merrigan from the Peter Tye Orchestra plays a variety of holiday, clas- site at www.TheGarlands.com.

Executive Chef Rick Rizner has planned sical, jazz, popular and Broadway tunes. Chef Rizner at The Garlands of Barrington has designed dining menus that bring the finest of urban private club dining to the suburban clientele that he now serves. He uses only the freshest ingredients and believes that providing guests with ample choice is the key to satisfied customers. Selections, preparations and presentations are all artfully orchestrated.

The Winslow Dining Room at The Garlands is open to the public by reservation only Monday through Saturday for lunch from 11:30 a.m. until 1:30 p.m. and for dinner from 5:00 to 8:00 p.m.

To enhance the dining experiences at The Garlands, a lavish Sunday Brunch is served the first Sunday of the month and on special holidays from 11:00 a.m. until 2:00 p.m. And a proper English Tea, formally presented of course, is offered the third Friday of each month with seatings at 1:30 and 3:00 p.m. Reservations are a must for all dining events at The Garlands of Barrington and can be made by phoning 1-847-756-3000. All major credit cards are accepted; handicap accessible; complimentary valet parking.

The Garlands of Barrington is a unique community for people ages 55 and older, which combines beautifully-designed, maintenance-free homes and inviting gathering places with unprecedented amenities and services. The Garlands offers choices-not compromises-and a vibrant lifestyle for today's older adult. For more information, call 1-847-304-1996 or 800-822-0267 or visit our Web

BAAC Joins with The Garlands to Make Theater History from Art History

On Sunday, Nov. 9, the Barrington Area ecutive director of the BAAC. "Part of the of Barrington, 1000 Garlands Lane, to host a performance of A Letter From Vincent.

The one-man show, starring Dutch actor Klaas Hofstra, will be held at The Garlands Center for the Performing Arts at 2:30 p.m. The tickets—\$35 per person or \$30 per person for BAAC members, seniors, students and groups of 10 or more -can be purchased in advance by calling 1-847-382-5626.

This exceptional one-man play, which has received rave reviews nationally, presents the innermost soul of one of history's most significant painters, Vincent van Gogh. He bore his soul through his letters to his brother, Theo, his mother and sister, which are dramatically interpreted on stage. Through humor, compassion, bitterness and sometimes total despair, the two-act production based on those letters reveals little-known facts about the painter. Slides of van Gogh's paintings and drawings will be shown throughout the performance illuminating the artist's creative and troubled spirit. The play will be enhanced by music from the artist's favorite composers, including Wagner, Beethoven, Berlioz and Grieg.

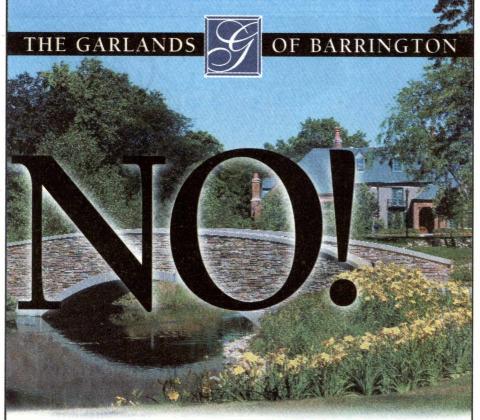
"We are thrilled to have the opportunity from the Arts and Crafts movement. to bring the story of this important artist For more information or to order tickto Barrington," stated Corinne Pierog, ex- ets, phone 1-847-382-5626.

Arts Council will join with The Garlands mission of the BAAC is to promote the performing arts as well as the visual arts. With A Letter From Vincent, we are able to highlight both areas.

> "Until recently, the BAAC had less opportunity to concentrate on the performing arts arena due to space constraints. The new Garlands Center for the Performing Arts provides the perfect intimate venue for the performing arts in Barrington, making shows like this one possible.'

> Bruce Berlin, executive director at The Garlands, is in full agreement. "By offering a quality entertainment venue for all to enjoy, The Garlands hopes to not only offer a unique retirement lifestyle to adults ages 55 and older, but to be a vibrant and active place for our members and the greater community at large.

> During intermission, guests at the performance will have the opportunity to purchase refreshments while enjoying the current art exhibit in the Gallery at The Garlands, featuring works of Jean Fraher and Veronica S. Potter. The exhibits by area artists rotate quarterly and are shown in cooperation with the BAAC. They complement the permanent art collection at The Garlands, that focuses on themes



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"CHOOSE WELL. LIVE WELL." SEMINAR Learn the basics about lifestyle and housing options for those 55 and older. The second Friday of the month, 2-4 PM. Call 847-304-1996 for reservations.



Barrington, Illinois 60010 On Northwest Highway by the Barrington Area Library

www.TheGarlands.com

Sales Office Hours: Mon.-Fri. 9-5, Sat. 9-4, Sun. 12-4 Or by appointment.

Say YES! to The Garlands maintenance-free and service-rich lifestyle.

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- · Club membership to four different dining venues-from casual to formal
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- Membership to The Garlands Spa and Fitness Center with heated indoor pool
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ealer, heal thyself! Create your own combination of healing certifications to meet both your personal growth and professional goals. Reiki and Metaphysical Hypnotherapy certifications will put your life path on a new and exciting course. This many be supported, deepened and expanded through ongoing Reiki shares and classes in both clairvoyance and meditation.

HealthQuests Pamela Arwine Mind Body Healing Arts

Metaphysical Hypnotherapy Certification-\$1,160 ---(4) 2-Day Units-Begins Oct. 18 & 19-9:30-7:30 Doorways to the Heart-\$65-Nov. 1 & Jan. 10-10-6 Reiki I-\$150-Dec. 13-10-6 Karuna Reiki I-\$150-Feb. 7, 2004-10-5 Reiki II-\$150-Feb. 29, 2004-10-6 Karuna Reiki II-\$150-TBA-10-5 Inner Fires—\$200—TBA—10-6 Energy Somatics-\$200-March 6 & 7, 2004-10-6 Reiki III Master-\$200-Oct. 25-10-6 Karuna III Master-\$200-TBA-10-5 Reiki IV Master Teacher-\$200-Nov. 22-10-5 Reiki Shares*-FREE-10/7, 10/28, 11/18, 12/9, 12/30-7-9:30 *Reiki Shares offered free to Pamela's students only.



Elgin Symphony Orchestra Opens **Classic Season with Frederic Chiu** Performing Tchaikovsky's Piano Concerto

CONTRACTION THE THE THE THE THE

The Elgin Symphony Orchestra celebrates Tarantelle, Stravinsky's Firebird Suite and the opening of its Classic Series with Fre- Tchaikovsky's Piano Concerto in B-flat deric Chiu, an inspiring, young Ameri- minor. can pianist. Performances will be Friday, Oct. 3, 8:30 p.m.; Saturday, Oct. 4, 8:00 \$12 to \$58, and may be purchased at the p.m.; and Sunday, Oct. 5, 3:30 p.m. at ESO Box Office at 20 DuPage Court in Hemmens' Theatre in Elgin. Robert Han- Elgin, online at www.elginsymphony.org son will conduct the program that in- or by calling 1-847-888-4000. First Amercludes Mendelssohn's Midsummer Night's ican Bank, Ziegler's Ace Hardware and

Tickets are still available, ranging from Dream (Overture), Gottschalk's Grande IHC Group sponsor these performances.

Holistic Training for Personal and **Professional Growth**

Surely you've noticed the world is changing. Even time is moving faster. We are being spiritually supported to grow and evolve to the next level of being. That's not an easy task. Many of us are floundering a bit as we deal with our karma and emotional/physical issues, and we think we're the only ones.

It's time now to awaken to the majesty of who we really are. Metaphysical Hypnotherapy and Reiki, taken to their deepest levels, can help us to do this. I've yet to find a healing modality as effective as this combination. A perfect synergistic blend, they may facilitate profound physical healing as well as deep emotional and spiritual growth. As spiritual beings, divine essence, we all have the capacity to heal ourselves and others; we all have spiritual depth and purpose; we all have the ability to create for ourselves whatever we wish to create. We can know profound peace. We can evolve!

Metaphysical Hypnotherapy is a 72-hour intensive course which will prepare you to harness your mind to accomplish your deepest desires as well as thoroughly prepare you to practice hypnotherapy. You will begin with the foundations, meditation and behavior modification. You'll advance to therapeutic skills, including pastlife regression work. You'll engage in mystical work such as connecting with your higher self, spirit clearing and more. The most complete certification course available, it includes four workbooks, complete with essential steps and scripts to support your work. Whether your goal is personal growth or professional training, whether you've had prior training or your training begins today, four, 20-hour weekends of scripts, tools, personal growth work and supervised practices will prepare you well to practice hypnotherapy safely and effectively, bringing a powerful modality for healing into the world. You will be a clinical hypnotherapist eligible for certification with the American Board of Hypnotherapy. Visit online at www.healthquestsonline.com for more details on the contents of this course.

Reiki is radiant love and light flowing through our bodies, minds and spirits. It blends beautifully with all religions. It blends beautifully with other alternative and/or allopathic healing treatments. It is to offer appeals to you, call 815-455-4502 learned simply and easily in three or four or visit at www.healthquestsonline.com to



Pamela Arwine

goals) which attune your system to the "healing ray." This alone will bring you great benefit. But for those of you who want to use Reiki as a tool on the path to discovering the deepest essence of who you are, you might be interested in the well-rounded program I have to offer. In addition to the four basic workshops, I offer two advanced healing weekends. I offer all three levels of Karuna Reiki, the next step after the traditional system of Usui Reiki. Most importantly, I have made a commitment to be available to support my students as they go through their journey. I offer all of my students, free of charge, a three-hour bimonthly "Reiki Share." This is my way of giving back for all I've received from learning, teaching and practicing Reiki. We do deep-guided meditations to elevate our frequency; we discuss advanced metaphysics; we work techniques to enhance our ability to clairvoyantly see the energies we are working with. Most importantly, we have the opportunity to come together and share with like-minded people.

My name is Pamela Arwine, and I am a holistic therapist certified in all levels of Usui Reiki, Karuna Reiki, Spiritual and Intuitive counseling, Rubenfeld Synergy, Gestalt Therapy, Thought Field Therapy and Hypnotherapy. I'm the founder of HealthQuests Mind Body Healing Arts as well as the HQ Holistic Practitioners Network. I am a certified hypnotherapy instructor for the American Board of Hypnotherapy and am also certified to teach all levels of both traditional Usui Reiki and Karuna Reiki. I am a category-A provider for CEU's for the NCBTMB.

If the type of in-depth program I have

28 Barrington LIFESTYLES October 2003

one-day workshops (depending on your see what others have said about this work.

Fall Fine Art and Framing at ...A Thousand Words

...A Thousand Words Custom Frame growth reflect the uncanny expressions of Shop & The Ornate provides inspired framing solutions for artwork, collectibles, giclées, mementos and photographs. While visiting our shop and gallery, you too will be inspired and delighted. Our knowledge and standards are applied to the ordinary as well as one-of-a-kind keepsakes and fine art. ...A Thousand Words continues to expand our fine art offerings as we discover new artists who fulfill client and visitor fine art needs.

This month, ... A Thousand Words would be delighted to have you join us many new pieces of framed art by interfor an artist's reception and signing on Saturday, Oct. 18, from noon to 3 p.m. Stop by to meet Kristen Jongen, creator of Soul Soup. Her artwork is organic in nature, combining a blend of natural fibers. precious metals and handmade papers. It is her words, however, that have people talking. The unspoken truths of mother- N. Williams Street in historic downtown hood, married life and personal spiritual Crystal Lake. Call us at 815-459-4793.

Hypnosis

Hypnosis is being used more than ever period of time than traditional counselfor treatment of a variety of issues. These ing alone. The combination of short-term include nicotine addiction, eating disorders, nail biting, anxiety and panic attacks, weight loss, depression, anger, pain, and sleep disorders. It is particularly helpful with stopping smoking.

I'm a licensed clinical professional counselor and have been in private practice for over 28 years. I see couples for marriage and relationship counseling, and individuals for a variety of issues. I am certified in the use of clinical hypnosis and have been using it in my practice for the past 27 years.

I use hypnosis most often with individuals in order to quickly change habit and behavior patterns that the client considers undesirable. Using hypnosis helps the changes to take place in a much shorter tion.

many. Don't miss this opportunity to have a print personalized by the artist. Hmm... great holiday gift idea!

Stuck on something to give that special someone? Featured throughout the month of October, shadowboxes designed and created by ...A Thousand Words will be on display. We guarantee this will be your solution. But word to the wise, shadowbox orders need to be in before December.

While visiting the gallery, you will find national and local artists as well as sculptures, cards, books and gift items. Be sure to check out the "Hall of Frames" featuring photography by Mary Jo Babcock and Priscilla Harper. These images are a must see!

...A Thousand Words is located at 10

counseling with hypnosis saves both time

If you think that you have an issue that

may be treated by hypnotherapy, call and

discuss your issue or issues with me. You

will learn the approximate number of ses-

sions, the cost per session and whether or

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ARTIST SIGNING

Delight in Kristen Jongen's works as she introduces Soul Soup's "The She's" collection on Saturday, **October 18th** from 12:00 to 3:00 p.m.

Kristen will be in the gallery signing prints!

"Soulful and intensely raw" are words that have been used to describe her poetic collages.

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Tag Days Fund-Raiser

The Friends of Countryside Center in Palatine held its annual Tag Days Fund-Raiser on July 31, Aug. 1 and 2 in Lake Zurich, Palatine, Hoffman Estates and Buffalo Grove.

With the help of clients, friends and families, they raised \$7,767.62. Friends would like to thank everyone who contributed to this fund-raiser and made it a success.

> (From left) clients Paul Lapinski and Sue Hornbostel, and



Debra S. Schoendorf, CFP™

Second Vice President-Investments

The Art of Rebalancing

Investment success begins with a sound asset allocation plan. By analyzing the expected performance of asset classes, investors seek to construct portfolios that will-over the long run-yield the highest possible return for a given level of risk

Rebalancing is the process of adjusting an investment portfolio to help ensure that it remains on course. Debbie Schoendorf, CFP® and financial consultant with Smith Barney in Barrington, discusses some of the most popular strategies.

• Periodic Rebalancing requires a portfolio to be reset to its target allocations on a fixed schedule. This strategy has the virtue of simplicity, but can require frequent, minor adjustments. It can also be rigid and doesn't allow investors to temporarily overweight areas expected to outperform over the shorter term.

• Threshold Rebalancing requires portfolios to be adjusted if and when a particular asset class deviates from its target allocation by more than a certain amount. This strategy is more flexible, but in vola-

buying and selling.

and money.

not it's for you.

• Volatility-based Rebalancing is based on the expected volatility of the portfolio as a whole. When volatility rises above a predetermined threshold, higher volatility asset classes are sold and lower volatility asset classes are purchased.

 Active Rebalancing seeks to exploit short-term market trends. The portfolio is rebalanced to target allocations based on an analysis of expected market conditions. Though similar to "tactical" asset allocation, this approach is more conservative than market-timing since changes in the portfolio tend to be relatively modest.

When considering rebalancing, it is important to understand that there may be higher expenses due to commissions and taxes.

The primary goal of rebalancing is to help ensure that your portfolio adheres to a properly diversified asset allocation and that your investment strategy remains on course.

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tile markets, it can trigger a great deal of member SIPC.

staff member Carol Syre





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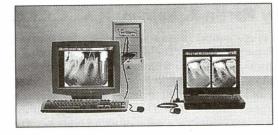
Lake Zurich

41. S. Rand Road/Lakeview Plaza 1-847-307-4747

Sorting Through Dental Technology: by James T. Gavrilos, DDS Part II

Last month, I discussed how new technology, new techniques and new materials constantly challenge the dental profession and that sorting these out and selecting the best is a consistent endeavor for any quality dentist. I also discussed the advantages and disadvantages that lasers have brought to the dental profession. This month, I would like to review digital X-

No more individual films inside your mouth. Just placing a small sensor in place of the film allows the dentist to take X-rays that are instantly displayed on a computer screen. The benefits are numerous in this type of digital system. The radiation used is decreased by 75%, and the images yield better quality information than regular film. You can magnify them, rotate them or make them color. No chemicals are used for developing, which saves the environment. The patient and dentist can view the X-ray together, because it's up on a large computer screen.





This technology has been out for years, but the initial images were not as detailed as the regular X-ray film. Recent improvements in imaging software has made it possible for these digital systems to give greater detail than the old films. Even the American Dental Association has given their approval, which was denied in past years because of the image quality.

Digital X-rays will slowly make their way into all dental offices. Until then, you will only find it in a small percentage of practices that have the computer support

in their facilities to take digital Xrays. Ask your dentist when he plans to incorporate it into his practice. When you see this new technology in action, you'll understand what I mean.

For an examination with digital X-rays, please contact Dr. James T. Gavrilos in Barrington at 1-847-381-4040

Curves for Women We Have Moved Our Barrington and Lake Zurich Locations

Curves for Women has moved to new locations in Barrington and Lake Zurich. We are in larger spaces so that we may continue to provide a friendly and supportive environment to our growing membership.

The new Barrington Curves is located in The Foundry. Our members are very excited about the new convenient location. We are situated between Country Classics and The Toy Connection. Our new address is 730 W. Northwest Highway, and our telephone number is still 1-847-382-8787





Joyce Sundberg—lost 53", 56.6 lbs, 7.8% fat—"After spending my last birthday in the hospital, I owe my new life to the wonderful and caring encouragement from the women at Curves and the most fun workout I've done in my life

Kathy Gilly—lost 491/4", 52 lbs, 10.9% fat—"Curves has changed my life— I feel 100% better in body and mind!"

Curves for Women started in 1995, and there are currently more than 6,000 locations open, and your Curves membership is welcome at all 6,000. The original Barrington location was the first Curves to open in the Northwest Suburbs, and we will celebrate our second anniversary in October. Curves specializes in fitness and nutrition for women. We start with a comfortable environment because taking the first step into a fitness center can be the toughest part of the process. At Curves, we pride ourselves in the personal touch that we provide. We support and encourage our members in their quest to attain fitness and nutrition goals. Our mission statement is: "Curves is

(Please continue on page 55)

Rejuvenate!



Before Surgery

Rejuvenation of the signs of aging is growing both in treatment options and patient demand. Few think of liposuction in the category of restorative facial rejuvenation procedures, but tumescent liposuction can provide remarkable results in the appearance of the aging neck. This innovative treatment to reduce localized fat deposits performed by Dermatology Physician & Surgeons, Ltd., founder David P. Van Dam, MD, requires only local anesthetic, no stitches and minimal downtime. You be the judge on how great a difference a little TLS (tumescent liposuction) below the chin makes just one day after the procedure.

At **Dermatology Physicians & Sur**geons, we are a certified national physician training center for Botox® therapy to diminish frown lines, brow furrows and crows feet. Botox is the leading form of noninvasive rejuvenation, with a reported



Day After Surgery

4.1 million procedures performed in 2002. As a certified national physician training center for Botox® cosmetic rejuvenation therapy, we will host two special Botox days exclusive to our Versa Medi-Spa clients on Tuesday, Oct. 7, in Crystal Lake, and Wednesday, Oct. 8 in our Barrington office location. Please call either location for your appointment and a 20% savings on Botox; treatment can be scheduled with any of our practice physicians. Savings apply only on these two days and are offered only to Versa clients.

For more information on tumescent liposuction, Botox therapy or any aesthetic or general dermatology concerns, visit us at www.yourskinforlife.com or call us at **1-847-382-5111** in Barrington or **815-455-4434** in Crystal Lake. To schedule or inquire about treatment at **Versa**, call **1-857-382-6800** in Barrington or **815-455-4433** in Crystal Lake.

Country Collections Returns to Harper

'Twas the month before Christmas, here at the show **Country Collections** is arriving, displays all aglow. Arranged by crafters, their treasures, with care Awaited the customers who soon would be there.

The dolls they were nestled all snug in toy beds While tiny fleece snowmen frolicked on sleds. And Ann with her shopping list, outside in the line Had been planning for months for gift shipping time.

From Kansas, Wisconsin, Ohio they came With things whittled and quilted, and prints in a frame. Bird homes for the porch, art for the wall And ornaments, tree skirts and Christmas trees tall.

Stained glass, how it twinkled, wreaths made of berries Paintings of roses, of bunnies, of fairies; And dear little stuffed toys adorned with a bow, And Santas with fluffy beards white as the snow.

They brought hooked rugs, rag rugs and runners and flowers And stencils and hooked rug kits... Entertainment for hours. They had brittle and almonds and honey for selling And wild rice stuffing with cranberry jelly.

She saw teddy bears plump, a cute mache elf And stitchery samplers, pots on a shelf A silverware windchime and quilts on a bed Soon visions of Christmas morn danced in her head.

She let out a squeal, and raced store to store, And filled all her shopping bags, returning for more. While checking her list, at her favorites she shopped, Kaleidoscopes, baskets, for Christmas she shopped.

She sprang to the prints, bought a gourd and a crock, A gameboard, a china doll, bird decoys, a clock. And we heard her exclaim as she chuckled with glee, My Christmas list's done, now I'm shopping for ME!

Country Collections' Traditional Craft and Folk Art Faire returns to Harper College, Algonquin and Roselle roads, in Palatine, Illinois, November 7th, 8th and 9th. Show hours are Friday 3 to 9 p.m., Saturday 10 a.m. to 5 p.m. and Sunday 11 a.m. to 4 p.m. Admission is \$5. Children 12 and under are admitted free. Free ample parking is avail-



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0 <u>Guntry Collections</u> Traditional Craft and Folk Art Faire November 7th, 8th, 9th Friday 3-9pm * Saturday 10-5pm Sunday 11-4pm HARPER COLLEGE * PALATINE, ILLINOIS

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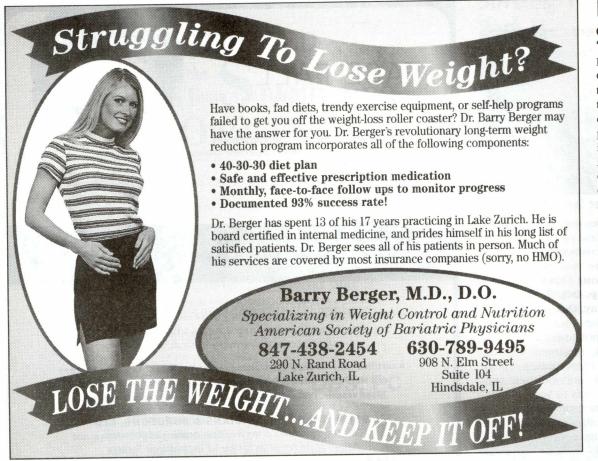
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able. 1-800-984-8526. Bring your Christmas list!

~? --- © Barrington LIFESTYLES October 2003 31





New Weight Loss Program Shows Dramatic Results

Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 12 years, introduces a new weight loss program. This program is based on the 40/30/ 30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing



fat and carbohydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.

Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering your current lifestyle, exercise and diet habits

Dr. Berger has hundreds of satisfied patients. Insurance usually pays for some or most charges, (sorry, no HMOs)

To begin a weight loss program that really works for you, call 1-847-438-2454 in Lake Zurich or 630-789-9495 in Hinsdale to make an appointment for your consultation today.

Renowned Sculptors to Speak to Art Associates

On Friday, Nov. 21, members of the Barrington Community Associates of the Art Institute of Chicago will have an opportunity to hear world-renowned sculptors Claes Oldenburg and Coosje van Bruggen speak on "Spirit of the Monument" at the institute

Oldenburg and van Bruggen began their artistic collaboration with the Trowel I, located in the park of the Kroller-Muller Museum in the Netherlands. Together, they have made over 40 large-scale projects for cities, towns and museums around the world.

Ordinary objects are the starting points for independent sculptures on a monumental scale, which create a dynamic interchange with their surroundings and redefine the relation between art and architecture. In Chicago, the Batcolumn stands outside the Harold Washington Social Security Center at 600 W. Madison St. In Minneapolis, Spoonbridge and Cherry rests in the sculpture garden at the Walker Art Center.

Claes Oldenburg was born on Jan. 28, 1929, in Stockholm Sweden, but spent "In the past, the Kringles have sold so Born in Groningen, the Netherlands, on most of his childhood in the United States. fast that we now take preorders," says June 6, 1942, Coosje van Bruggen received After studies at Yale University and the Tracy Gold, one of the boutique's orgaa master's degree in art history from the University of Chicago, he moved to New Co Co Co Co Co Co University of Groningen. From 1967 to York City in 1956, where he established 1971, she worked in the curatorial departhimself in the early 1960s with a series of ticework form, to Oldenburg, was a monment of the Stedelijk Museum in Amsterinstallations and performances influenced ument to baseball and the construction dam and was co-editor of the catalogue by his surroundings on the Lower East industry. He used the columns of nearby of Sonsbeek 17, an exhibition of contem-Side. Since 1976, he has worked in part-Northwestern Station, now the Ogilvie porary sculpture. She has written books nership with Coosje van Bruggen. The Transportation Center, as an appropriate on Claes Oldenburg's early work and on couple, married in 1977, has executed vertical symbol of Chicago's past architec-John Baldessari, Hanne Darboven, Bruce over 40 large-scale projects, which have ture. He sought an icon from daily life to Nauman and the architect Frank O. Gehry, been inserted into various urban surcombine with the column form. The diaroundings in Europe, Asia and the United among others. mond-patterned surface related to the When the Batcolumn was installed in States. Their most recent work is the 144grid patterns of surrounding buildings. foot-long, 64-foot-high Cupid's Span for Chicago, opinions ranged from "Silly, isn't The 20-ton sculpture was painted grey to bership, contact Marianna Barr, 1-847-382-Rincon Park on the Embarcadero in San it?" to "It's the most important monument emphasize its architectural character and 3952 the city has." The 108-foot-high metal lat-Francisco.

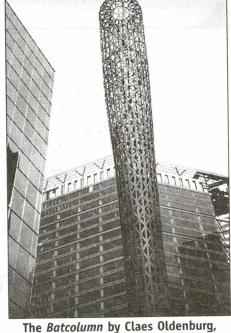


photo by Virginia Tolk

Holiday Boutique Raises Funds for Local Shelters

ner. There's no better way to find unique Christmas gifts than from local art and crafts shows. However, shopping for those special gifts can be even more rewarding when you know that you're also helping a worthy cause with your purchases. Events such as the Holiday Boutique, sponsored by the Hawthorn Woods Women's Club, support women and children's shelters in Lake County.

This year, the 24th annual Holiday Boutique will be held at Kemper Lakes Clubhouse in Long Grove on Friday, Nov. 7 and Saturday, Nov. 8.

The Holiday Boutique will feature approximately 50 juried crafters, many of which will appear at the show for the first time. Items to be sold will include everything from jewelry, purses and accessories to candles, floral arrangements, and handpainted holiday ornaments and crafts. Some new crafts to be sold are doll clothes, mosaic art, homemade clocks, stamp art, and hand-painted women's clothing.

The famous Racine Kringles will also be sold at the Holiday Boutique.



Holiday shopping is just around the cor- nizers. The hard part is choosing; there are nine different flavors that can be preordered or bought at the boutique. The Kringles are priced at \$7 or four for \$25.

"Folks can call the Hawthorn Woods Women's Club Information Line at 1-847-438-0723 if they are interested in preordering," says Gold.

The Holiday Boutique will run from 9:30 a.m. to 8:00 p.m. on Friday, Nov. 7 and from 9:00 a.m. to 3:00 p.m. on Saturday, Nov. 8. Admission is \$3 for those aged 12 and up; admission for seniors is \$2

The Hawthorn Woods Women's Club welcomes all women in the Lake Zurich, Mundelein, Long Grove and Hawthorn Woods area to join the group. Events such as the Holiday Boutique, Art Auction, Dinner Dance, Spring Luncheon and Love Fund Auction are held annually to raise funds for Lake County charities. Meetings are fun-filled with topics ranging from yoga to cooking. They usually occur on the first Tuesday of every month at 7:30 p.m. at the Hawthorn Woods Village Barn.

For more information on the Holiday Boutique or the Hawthorn Woods Women's Club, call 1-847-438-0723.

to prevent rust.

The fee for this combined associates lecture is \$60 and includes lunch at the Mid-America Club. Tickets are limited; early reservations are encouraged. The bus will depart Langendorf Park in Barrington at 9 a.m. Coffee will be served in the Trading Room. The lecture will begin at 11 a.m.

To register, call Mrs. Charles Sebastyan, 1-847-359-4061, before Oct. 28. For mem-

Your Child's First Dental Appointment by Irwin Seidman, D.D.S.

At what age should one schedule a child's first dental visit? If your goal is to prevent dental disease rather than treat it, then early visits are needed.

Dental decay is the single most common chronic childhood disease with an incidence five times that of asthma and seven times that of common hay fever. More than half of children aged 5 to 9 years have either one cavity or filling.

The American Academy of Pediatric Dentistry, the U.S. Department of Health and Human Services, the American Medical Association and the American Academy of Pediatrics all recommend that a child's initial dental visit should occur no later than 12 months of age.

The visit should include a clinical examination, evaluation of the child's fluoride intake, consideration of their dietary habits and a family oral health history. The

early exam will give the dentist the opportunity to assess the child's risk for dental decay and allow them the chance to tailor the frequency of visits. The amount of oral health supervision for the patient to remain decay free will be established.

The best way to stop dental decay is to identify those children who are most at risk and begin to implement a preventive plan. The best time to identify those most susceptible is when they are young and no damage has been done. The best way to do this is to schedule a child's first dental visit early

I am a pediatric dentist and an assistant professor of pediatric dentistry at the University of Illinois College of Dentistry. If you have any questions regarding your child's dental health, please contact me at 1-847-991-4663.

The Only Form of Permanent Hair Removal

Absolutely! Electrolysis Salon provides methods of sterilization of equipment, use safe, gentle and effective permanent hair removal by a board-certified registered nurse

For the past 10 years, owner Debbie Fritzshall RN, CPE, has helped men and women achieve permanent hair removal on the upper lip, chin, eyebrows, underarms, back, arms, legs and bikini line.

Electrolysis is the only safe, sensible and permanent treatment for the removal of unwanted hair. It will free you from the limitations and frustrations of temporary hair removal methods such as lasers, waxing, shaving, bleaching, tweezing and depilatories. These temporary methods will only result in the regrowth of coarser and more deeply rooted hair.

Electrolysis is the only form of permanent hair removal approved by the FDA and the American Medical Association. It is a gradual destructive process that involves a series of treatments. Consistent treatment is the most important factor contributing to the success of reaching pression! your goal of permanent hair removal. Fritzshall offers a consultation to assist clients in choosing the appropriate treatment schedule and method.

Any prospective client seeking electrolysis treatment should inquire about the ence. You will love the results!

of sterile disposable probes, gloves and a mask. Questions to ask of the electrologist include: What professional organizations do you belong to? What is your educational background? Are you board certified? What types of continuing education classes have you attended in the past year? Are you preparing yourself for licensing which will begin in January 2004? By next January, those electrologists who are not complying with the law will be forbidden to practice electrolysis. It is your right to be an informed consumer. Please ask these questions of your current electrologist.

Electrolysis will lift your spirits and your self-confidence as the look you desire is achieved, as the troublesome hair is gone forever! Electrolysis has been known to improve your physical appearance and self-image and help you feel more attractive and socially acceptable. You are making a permanent choice for a lasting im-

Absolutely! Electrolysis Salon is located at 368 W. Liberty St. (Route 176), conveniently located two blocks east of Rand Road in Wauconda. Call Debbie at 1-847-487-9020 to discover the differ-



causes the skin to lose elasticity and sag. Supplementation of your diet with vitamins, minerals and herbs will keep your alcohols are all notoriously bad for skin internal systems healthy and your skin radiant and youthful. Some particularly im- ular skin care lines. When shopping for portant nutrients include beta carotene, vitamin E, vitamin C, vitamin B complex, essential fatty acids and zinc.

When it comes to skin care treatments, even the savviest shopper can get overwhelmed. There are thousands of products available, all claiming to solve every skin trouble from wrinkles and uneven skin tone to dryness and acne. What you and premature aging of the skin. Chemi- your skin care needs.

cals, formaldehyde-releasing preservatives, FD&C dyes, synthetic fragrances, talc, and yet are found in many of the most popbeauty aids, look for natural and noncomedogenic or nonclogging ingredients. Anything that can clog pores will eventually lead to breakouts, so avoid lanolin, mineral oil, myristate, corn oil and myristyl myristate. The safest and most beneficial skin care products use natural, plant-based ingredients and avoid fillers and synthetic compounds. All Ways Healthy carries a may not know is that most skin care lines full line of all natural skin care products, contain harsh and even dangerous chemi- and our knowledgeable associates can cals that can cause longterm skin damage help you find just the right product for

The Natural Way to Beautiful Skin

and 17 square feet on an average female. The skin protects the body from various an invaluable part of the human body. So why do so many of us treat our largest organ so poorly? Understanding what the young is the first step to changing your approach to skin care and sun protection.

An effective skin care regimen approaches the care of both face and body processed or high fat foods. Don't smoke; holistically. The health and appearance of smoking causes the capillaries that nourthe skin reflects the body's internal health. ish the skin to constrict. This, in turn,

Your skin is the body's largest organ, mea- Because the skin is an organ, no different suring 20 square feet on an average male from the heart or lungs, environmental factors, nutrition and diet, maintenance and stress all affect its health and appearenvironmental factors such as heat and ance. Ignoring any one of these influenccold, as well as from toxins, pollutants and es can lead to unhealthy and damaged trauma. Anyone can see that the skin is skin. Care of your skin should include proper nutrition, exercise, adequate sleep, emotional balance and use of safe personal care products. Proper hydration of skin needs to stay healthy and looking the skin is paramount in any skin care routine: 64 ounces of water daily will keep skin cells plump, helping to fend off fine lines and flush out toxins. Avoid fried,

James Lumber Center for the Performing Arts

Chicago Klezmer Ensemble

Klezmer Music of Eastern Europe Sunday, October 19, 4 pm **College of Lake County** Studio Theatre

\$20 General Public \$19 CLC*/Seniors 65+ \$12 Children under 12 * CLC Students/Staff/Current Alumni members

For tickets call CLC box office (847) 543-2300. 19351 West Washington St. . Grayslake, IL





Garden Club Plans Trip to Galena

sponsoring a wonderful bus trip to Ga- and shops. lena, Ill., on Oct. 2.

facilities will leave at 7 a.m. and return by should contact the South Barrington Park 7 p.m. We will offer light refreshments and District at 1-847-381-7515. Seats are limspecial garden videos en route. (Lunch ited, so call in your reservation today. will not be provided.) Galena itself is filled

The South Barrington Garden Club is with historical treasures, garden centers

The cost of this exciting trip is only \$30. The air-conditioned bus with onboard Anyone interested in going on this trip

"Gallery in the Afternoon"

cil are co-hosting "Gallery in the After- Register early since seating is limited. Call noon" on Friday, Oct. 24, from 1 to 3 p.m. BACOA at 1-847-381-5030 by Oct. 22 for

Please join us at the BAAC Gallery, lo- your reservation. Admission is free.

The Barrington Area council on Aging, dessert and private viewing of "Contem-Inc., and the Barrington Area Arts Coun- porary Stitches" quilts for walls exhibit.

College of Lake County Presents Art, Music and Theater Events in October

An art exhibit, children's theater, concerts will perform at 7:30 p.m. on Oct. 10. and poetry reading are some of the events being held in October at the College of Lake County's Grayslake Campus.

"Recent Works," a juried competition featuring all fine art media, will be held from Oct. 3 to Nov. 2.

In the children's theater, Magician's Nephew will be presented at 11:00 a.m. on Oct. 2; 10:00 a.m. on Oct. 3; 2:00 and 7:00 p.m. on Oct. 4; and 2:00 p.m. on Oct.

The critically acclaimed Afro-Latin musical group Sol Y Canto (sun and song)

Elegance Salon & Spa

Upon entering Elegance Salon & Spa, it's hard not to notice the salon's unique use of tremendously. vivid color. This upscale full-service salon specializes in everything from coloring and cuts to full body massages and Brazilian waxes, among other beauty services.

One of the most popular services of **Elegance Salon** is the pedicure spa, which consists of an exhilarating foot treatment with exquisite oils, and a full back massage chair.

Customized facials, which include a face, neck and shoulder massage, are also part of the salon's list of delicacy treatments.

The salon has all essentials under one roof, and talented staff dedicated to enhancing the beauty of every customer. Customer safety and health is a priority

An Afternoon of Autumn Elegance

The Barrington Area Arts Council cordially invites you to an afternoon of Autumn Elegance, a concert and recital by internationallyrenowned organist Lynn Larsen at the Place de la Musique on the Sanfilippo Estate, Barrington Hills, on Sunday, Oct. 26.

From 1 to 3 p.m., enjoy tours of the Victorian Palace and Place de la Musique, a magnificent collection of beautifully restored antique music machines, and then listen to the wondrous sounds of the world's largest theatre pipe organ, a fivemanual 80-rank Wurlitzer.

From 3 to 4 p.m., Lynn Larsen will perform a concert. Her artistry fully demonstrates the pipe organ's endless tonal colors and textures, which range from incredibly delicate to that of earth-shaking power.

After the concert, join us for libations and a delicious array of hors d'oeuvres and desserts alongside the magnificently restored circa 1885 Eden mentary valet parking available. Seating is Palais Salon carousel from 4 to 6 p.m.

Tickets are \$85 per person. Compli- at 1-847-382-5626.



The Klezmer music of Eastern Europe

The CLC jazz ensembles will present a "Jazz Night" at 7:30 p.m. on Oct. 24.

The CLC choirs will present a "Choral

And a poetry reading by Chicago writer

For tickets and reservations, call 1-847-

Carlos Cumpian will be held at 7:00 p.m.

will be recreated by the Chicago Klez-

mer Ensemble at 4:00 p.m. on Oct. 19.

Concert" at 4:00 p.m. on Oct. 26.

on Oct. 28.

543-2300.

dividual prepackaged comb and styling brush

Elegance Salon & Spa is located north of Route 22 in Lakeview Plaza in Lake Zurich.



limited, so reserve early by calling BAAC

Four Season's Garden Club of Barrington

The October meeting will be held at the speaker. He will discuss using water in home of Joyce Sponholz on Tuesday, Oct. nesting boxes and selecting the right seed 7. The program will discuss "How to At- and feeders. tract Birds."

Car pooling will start at 9 a.m. at the David Johnson, the owner of the Wild Barrington Area Library, as parking will

cated at 207 Park Ave., for complimentary 34 Barrington LIFESTYLES October 2003

Bird Center in Palatine, will be the guest be limited at the home of the hostess.

Latest Technology Now Available at Northwest Dermatology

Estates is pleased to announce the addi- ation, we have products and treatments tion of two new lasers to our services.

and effective treatment for facial spider veins, rosacea, small leg veins, scars, port wine stains, warts, hemangiomas, poikiloderma, psoriasis and wrinkles. The laser is designed to deliver an intense but gentle burst of laser light to the skin.

The GentleLASE laser is a fast, effective treatment of unwanted hair, requiring no creams or needles. Patients do not need to let their hair grow. The GentleLASE system, a revolutionary long-pulse high energy Alexandrite laser with a dynamic cooling device, emits a gentle beam of light that passes through the skin to the hair follicle where it is absorbed. The laser energy is transformed into heat, which destroys the hair follicle leaving the surrounding skin unaffected.

In addition to general and surgical der- an appointment. matology, we provide a variety of services

Tri-Delta Alumnae

The Chicago Northwest Suburban Alum- gram on healthy cooking. Members will nae Chapter of Delta Delta Delta Soror- meet at a home in Inverness. Please call ity meets the second Tuesday of every Genny Ellefson, 1-847-381-5228, for furmonth from September through May. ther information.

Northwest Dermatology in Hoffman to enhance your skin. For skin rejuvenavailable including Collagen and Botox The V-Beam pulsed-dye laser is a safe for fine lines and wrinkles; beta-lift peels to unclog pores, clear up acne and soften fine lines; and microdermabrasion for increased firmness, minimized pores, more even skin tones, and reduced pigment marks and scars. For the treatment of psoriasis and vitiligo, we have available the Narrow Band UVB as well as PUVA light treatment. Botox injections are also available for treating hyperhidrosis.

The doctors in our practice, Dr. Susan Liebovitz, Dr. Patricia Ledwig, Dr. Leslie Beaird and Dr. Alka Madan, are all board-certified dermatologists who continually strive to provide the utmost in quality dermatologic care in a caring, friendly atmosphere.

Please call our office, 1-847-884-8096. for additional information or to schedule

Meetings are held in members' homes.

The October meeting will feature a pro-

Dr. Phillip Lee Patrone Now Practicing in Barrington

Periodontics, anesthesia and dental implants are now available in the Barrington community at the office of Dr. Phillip Lee Patrone, 204 W. Main Street, 1-847-277-0181

Besides being a periodontist and certified anesthesiologist, Dr. Patrone has advanced training in surgical dental implant procedures and reconstructions. He is able to restore lost bone for future implants. If you have been told you are not an implant candidate, Dr. Patrone may be able to help.

Dr. Patrone's training in anesthesiology has afforded patients the opportunity to have their periodontal or implant care completed under the gentle, relaxing and anxiety reducing method of intravenous sedation/general anesthesia. Coming to the specialist's office no longer needs to be a fearful experience. If you or someone you know has avoided seeing a periodontist because of fear, anxiety or nervousness, Dr. Patrone and his staff will take care of you in a comfortable, safe and caring environment.

Dr. Patrone is partners with Drs. Stan Treitler and Terry Sandroff. Their four office locations in Arlington Heights, Vernon Hills, Bloomingdale and Barrington provide periodontal, dental implant and anesthesia services six days a week to meet your needs. Part of their success is working closely with your general dentist, especially since a large part of periodontal and implant dentistry demands strict attention to cosmetics.

Dr. Patrone was born in 1964. He was in mechanical engineering for his under-



Dr. Phillip Lee Patrone

The Ohio State University College of Dentistry. He then completed a general practice residency/surgical internship at St. Elizabeth Hospital Medical Center.

Dr. Patrone is a certified dental anesthesiologist and is trained to administer general anesthesia and intravenous sedation. He earned his Certificate of Dental Anesthesiology from Metro Health Medical Center and has lectured at Case Western Reserve University in general anesthesia. Dr. Patrone teaches the course for local anesthesia for William Raney Harper College's Dental Hygiene Program. Along with the above education and experience, Dr. Patrone is Advanced Cardiac Life Support certified and an instructor in cardiopulmonary resuscitation. He received his degrees in periodontology and dental implantology in addition to his masters of science from The University of Iowa.

Dr. Patrone is a member of the American Dental Association, Chicago Dental Society, American Academy of Periodontology, American Dental Society of Anesraised in Ohio where he attended prep thesiology, American Association of Hosschool at Linsley Institute. After majoring pital Dentists, American Academy of Implant Dentistry and American Academy of

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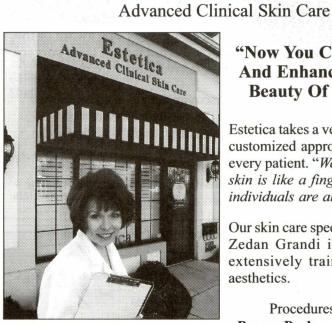
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graduate work, he earned a degree from Osseointegration.



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Please call us at 847•438 • 2100 45-A South Old Rand Rd. LAKE ZURICH (by appointment only)

"Now You Can Restore **And Enhance The True Beauty Of Your Skin**"

Estetica takes a very personalized, customized approach to each and every patient. "We believe that the skin is like a fingerprint...no two individuals are alike."

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Procedures Include:

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DAN V. FOLLMER

Does Your Skin Scare You?

Are you experiencing unwanted fine lines, unsightly dryness or unusual breakouts? You are not alone! Millions of people experience problems with their skin. They are often left feeling like they have no control over their skin, that their skin is controlling them. This can occur for many reasons, such as a change in season or a change in life circumstances.

At Estetica Advanced Clinical Skin Care, we pride ourselves on taking the mystery and worry out of this problem. We specialize in helping individuals gain control over "bad skin days" by providing them with a customized clinical skin care program that delivers results.

Removing the mystery of achieving beautiful skin begins at Estetica with a private consultation from a trained and licensed esthetician. This is a very important step in the process of achieving beautiful, manageable skin because, we believe, a one-size-fits-all approach does not work with skin care. No two individuals have exactly the same skin. Therefore, no two skin care programs should be alike.

Knowing that a one-size-fits-all approach does not work with skin care, it is very important that you have a customized clinical skin care program designed strictly for you and your particular skin situation.

At Estetica, we carry a variety of clinically researched skin care products in ful skin by calling Estetica for a private order to provide you with the best results consultation at 1-847-438-2100.

Festival of Trees, Wreaths and Ornaments

to invite other area not-for-profit organi- iday sale. Those not-for-profits particzations to donate a tree, wreath or ornament for BAAC's upcoming Festival of proceeds. Trees, Wreaths, and Ornaments, Nov. 21 through Dec. 23. The opening reception 847-382-5626.

Countryside Performers

On Tuesday, Sept. 30, at 7 p.m., the Countryside Performers of Countryside Center, Palatine, will perform their rendition of "Songs from the Hit Parade." The performance will take place at Cutting Hall on grant from the Barrington Area Arts Coun-Wood Street in Palatine.

Free Cosmetic Evaluations at Dentistry on the Lake

A Smile Makeover

Can Change Your Life

more self-esteem because you know teach dentistry for two years, after which you're looking great.

Smile Makeovers Aren't Extreme

They're comfortable procedures that can ical excellence, Dr. Follmer assigns top typically be completed in two to three easy visits!

Any Smile Can Be Enhanced

- · Crooked, overlapped teeth can be
- straightened. • Gaps can be closed.
- "Gummy" smiles can be recontoured. • Stained, discolored teeth can be
- whitened.
- Chipped, broken, teeth can be repaired.

with your unique and individual skin.

Designing an appropriate skin care regimen is the first step toward achieving beautiful skin. The next step in eliminating problems with your skin is to follow proactively many of the suggestions made in Catherine Zedan Grandi's publication Seven Secrets to Sensational Skin. Catherine is the director of skin care at Estetica, and like many others over the years, she has tried practically every new skin care product on the market in hopes of finding the magical one. In the end, she concluded there is no magic potion or formula, just seven straightforward steps one can take to improve the health, vibrancy and beauty of their own skin:

• Keep your skin clean, hydrated and protected with a good skin care regimen. • Drink at least 48 ounces of water each day

• Avoid unprotected exposure to the sun. Wear minimum SP-15 lotion all year long

• Exercise on a routine basis. This pays big dividends to the skin!

Don't smoke!

· Eliminate toxins from your diet, including caffeine and alcohol.

• Reduce or eliminate stress.

Having beautiful skin takes discipline and effort, but the reward is healthy, vibrant skin! Begin your journey to beauti-

will be Friday, Nov. 21, from 6 to 9 p.m. Twenty-five artists will be featured in The Barrington Area Arts Council wishes this one-of-a-kind annual exhibit and holipating will benefit from and share in the

For more information, call BAAC at 1-

Please join us for an evening of entertainment provided by a group of very talented performers.

This performance is made possible by a

Dr. Dan Follmer graduated from Northwestern University Dental School in You will feel more confident and have 1975. He then returned to the college to he returned to his hometown of Wauconda where he has practiced since 1977

Committed to both academic and clinpriority to continuing dental education. Over the past five years, he has studied extensively at the prestigious Las Vegas Institute for Advanced Dental Studies where he has completed over 300 hours of Continuing Education in the area of cosmetics and neuromuscular dentistry. We will be pleased to welcome you to

Dentistry on the Lake, where you will receive the finest dental care available. Call 1-847-526-2831 today for a free

36 Barrington LIFESTYLES October 2003

Missing teeth can be replaced.

cosmetic evaluation!

Mark Your Calendar for Fritzl's Oktoberfest

Do you enjoy traditional European dining, something unique, a little different? Who doesn't? No need to head to Chicago or Milwaukee when Fritzl's Country Inn is nearby in Lake Zurich.

Enjoy their house specialties such as Wiener Schnitzel, Rouladen of Beef, Sauerbraten, and Pork Schnitzel. Fritzl's continental favorites include Shrimp Scampi, Chicken de Jonge, Herb Crusted Pork Tenderloin, and Chicken Piquant. Sizzling steaks, fresh seafood, and Prime Rib round out the menu.

Mark your calendar for Fritzl's famous Oktoberfest to be held Friday, Oct. 10. The fun begins at 6:30 p.m., dinner at 7:30 p.m., and dancing at 8:30 p.m. Dinner includes Austrian mixed salad, unlimited bratwurst and thuringer, Bavarian baked chicken, spaetzle, homemade potato sal- tion.



ad, sauerkraut, red cabbage, dinner rolls, Colombian coffee and warm apple strudel for only \$29.95 per person. Price includes dinner, entertainment, tax and gratuity. The fest will be held in the Banquet Hall.

Reviewed and recommended by Zagat Survey.

Visit www.fritzl.com for more informa-

Enjoy Beautiful Kemper Lakes Golf Club

has been recognized as one of the finest for you by our award-winning chefs, you that period, Kemper Lakes Golf Club Kemper Lakes Golf Club. has hosted dozens of elite golf events in-Senior PGA Tour events and 24 consecutive Illinois PGA championships. In addition, the golf course has been consistently ranked as one of the finest in the world by numerous experts and, most importantly, by those who play it regularly.

Now under new ownership and mandining room, banquet room and outdoor or visit kemperlakesgolf.com. patio. In addition to the delicious assort-

For 25 years, Kemper Lakes Golf Club ment of fine foods prepared especially pure golf facilities in the country. During will enjoy the exclusive atmosphere of

Kemper Lakes Golf Club will, for the cluding the 1989 PGA Championship, six first time, offer full golf memberships in what is destined to become one of the finest private golf clubs in the country. During the club's transition over the next three years, the public still has the opportunity to enjoy Kemper Lakes Golf Club. It is located at 24000 N. Old McHenry Rd., just north of Route 22 (Half Day Road) in agement, you can enjoy our wonderful Hawthorn Woods. Call 1-847-320-3450

Language Stars Makes Learning a Game

gram; I have never found anything that works as well for my children. Language Stars makes learning a game," says Karen scores. Pritzker, mother of five.

Language Stars' unique FunImmer*sion*[™] method turns learning into a game, focusing on a young child's ability to learn a language naturally through fun Hts. In addition to year-round programs and engaging activities. Children learn for Parents & Tots (12 to 36 months) and through interactive games, arts and crafts, singing, cooking and more, all presented entirely in the foreign language.

"Children have a window of opportusuited to absorbing language naturally,' explains Karen Gould, Language Stars' director of education. "Children have the innate ability to absorb the structures and daughter had a ton of fun." rules of a language as easily as they learned their first language. They can also pick up a native accent flawlessly."

Children who learn a second language

ESO Opens Pops Season

"Language Stars is simply a great pro- young also go on to show enhanced problem solving skills, stronger communication skills, and higher standardized SAT test

> Language Stars offers FunImmer**sion**[™] programs for children ages 1 to 10 in several Chicago and suburban locations, including Barrington and Arlington Kids Only groups (3 to 5, 5 to 8 and 8 to 10 years), Language Stars also offers exciting summer camp options.

"After just one week of Language Stars nity during which the brain is uniquely camp, there was an explosion of Spanish in our house!" says Dena, mother of 5year-old Marlee. "The teachers are all native speakers, and most importantly, my

To learn more about Language Stars, please call 1-847-382-1190, e-mail barrington@languagestars.com or visit www.languagestars.com.





For Information 847.320.3450 www.kemperlakesgolf.com



Attention Chocolate Lovers!

Mark Thursday, Oct. 16, on your calen- such as chocolate potato chips, double try Club in Long Grove. Carol from "In the Club will follow. Presents of Chocolate" will demonstrate the techniques of creating holiday choco- event or joining the Kildeer Women's Club late baskets to give to or share with your may contact Jane at 1-847-438-6974. family and friends. Unusual combinations

Senior Citizens Milwaukee Trip

The Senior Citizens of the Barrington Area Apple Holler, transportation and a chance would like to invite you to join us on Dec. to shop at their gift shop. We will leave 18 on a trip to see the "Radio City Christ- Greencastle at 10:00 a.m. and Langendorf mas Spectacular" at the Milwaukee The- Park at 10:15 a.m. Reservations and payater. The cost is \$55 for members or \$60 ment are due by Oct. 3. For reservations, for nonmembers, which includes lunch at please call Mary at 1-847-304-0712.

dars. This is the date of the October meet- chocolate macadamia nuts and red apple ing of the Kildeer Women's Club, which caramels will entice any chocolate lover. will be held at the Royal Melbourne Coun- Lunch at the Royal Melbourne Country

Anyone interested in attending this

The Elgin Symphony Orchestra celebrates companiment by Rick Friend, a full orthe opening of its Pops Series with a grand chestra and a big-screen overhead. fashion viewing of Buster Keaton's silent

Tickets range from \$15 to \$57 and may film The General on Friday, Oct. 17, at be purchased by calling 1-847-888-4000, 8:00 p.m. at Schaumburg's Prairie Center online at www.elginsymphony.org or at for the Arts and on Saturday, Oct. 18, at the ESO Box Office at 20 DuPage Court 8:00 p.m. and Sunday, Oct. 19, at 3:30 in Elgin. Otto Engineering, Edward Jones, p.m. at Hemmens' Theatre in Elgin. Mu- Schleifring Medical Systems, Elgin Corsic Director Robert Hanson will conduct rugated Box and Shales/McNutt sponsor

this performance that includes plano ac- these performances.

Barrington Community Child Care Center

 Programs for Children Ages 6 Weeks to 6 Years

Morning Preschool Program

- Stimulating, Individualized Learning
- Enrichment Programs Offered

Julie Zehner, Director 560 Carl Avenue, Barrington • 847-381-0272

Spaces for Infants through 6 Years Available



How can I create a restful retreat?

A soothing sunny room offers a sense of serenity in today's busy lifestyle. It's also a great place for you to slip off to and daydream over coffee, catch up in conversation with friends, or spend quiet time with a good book. Since the space has many uses, so should it's furniture. Shop for pieces that make the room comfortable, like a loveseat or chaise lounge chair. A baker's rack is ideal for holding books, a storage ottoman is smart to eliminate clutter, and accent tables for coffee cups and reading glasses

FURNITURE CUSTOM Window TREATMENTS

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PROFESSIONAL DESIGNERS

DOTI

are a must. Surround yourself with accessories that reflect you, as there's warmth and comfort in that. Choose colors for the room that are inviting and make you feel relaxed. Most importantly, don't forget to find the time to put the room to good use!

DESIGNS OF THE INTERIOR Visit our DOTI Design Store or call DOTI at 847-382-7488 for a complimentary in-home consultation.

Because every life is uniquely designed.

104 South Cook Street, Barrington, IL + 847.382.7488 + www.DOTI.com



BAAC Gallery Presents "Contemporary Stitches: Quilts for Walls"

The Barrington Area Arts Council an- Elkuss, Chicago; Sarah Itami, Barrington; nounces the opening of the BAAC Gallery Ann Wasserman, Evanston; and Sharon L. exhibit "Contemporary Stitches: Quilts for Walls," to run Oct. 17 through Nov. 14. include: Therese Bliss, Glendale, Ariz.; This juried show features a variety of wall Gloria Hansen, Hightstown, N.J.; and Jill hangings in various forms and media by LeCroissette, Carlsbad, Calif. local and national fiber artists.

Pat Doyle Mikrut, Palos Park; Bronwyn tion on Friday, Oct. 17, from 7 to 9 p.n

Wright, S. Barrington. Out-of-state artists

The Barrington Area Arts Council invites Exhibiting artists from Illinois include: the public to attend the opening recep-

Spaces for Infants Through 6 Years Available!

Barrington Community Child Care maintaining the focus on flexible sched-Center, located at 560 Carl Avenue in uling, we are able to meet each infant's Barrington (two blocks west of McDonald's), is a private center designed creatively for childcare, serving children 6 weeks to 6 years. Our facility offers large child-friendly classrooms with a diverse environment that promotes self-esteem, independence and cognitive growth. Our early childhood program focuses on the whole child. Each week, lesson plans are developed around thematic units which include developmentally age-appropriate activities such as creative play, science and discovery, music and movement, reading readiness, and field trips. We facilitate children in developing a positive self-esteem, respect for others, sharpen and widen language skills, and work on kindergarten readiness skills. Most importantly, our desire is to provide each child with a positive school experience.

Center provides excellent care for growtion with a primary caregiver has a strong influence on their development. While

individual needs.

Barrington Community Child Care Center provides nutritiously-balanced, catered lunches and two snacks every day. Meals are served in a relaxed family-style atmosphere to promote socialization and healthy eating habits.

Barrington Community Child Care Center offers special enrichment programs, field trips and family events on a regular basis as part of our commitment to bringing our families and school closer together. Our teachers are experienced, professional, child-centered adults who enjoy teaching and caring for young children. The teachers work hand-in-hand with the Barrington Community Child Care Center in the daily nurturing of young children.

Come see what we are all about at the Barrington Community Child Care Barrington Community Child Care Center and give your child a creative, ening and developing infants. The interac- riching and meaningful preschool experience.

If Walls Could Talk, What Would Your Home Say About You?

Our clients are encouraged to think deeply about who they are, how they live and what they want their living environment DOTI. We take care of all of the details, to be. In return, our Design Consultants listen closely and work one-on-one with you to create a style that is uniquely you. Our experts meticulously handpick each consultation. It's free and you'll come item for your home to stay true to the in- away with some great ideas for your tegrity of your dreams.

"Pampered," "catered to" and "indulged" are words used to describe the DOTI difference. Our clients enjoy a de-

sign exper- ience unlike any other.

Impeccable service lies at the heart of so you can truly enjoy the experience of designing your home. Give us a call at 847-382-7488 to set up your one-on-one home. Remember, we can do more for you in one place than you'll find with any other option available.

Garden Club of Lake Zurich Events

The next meeting of the Garden Club of Refreshments will be at Jean Krieble's Lake Zurich will be held on Nov. 4 at 7:30 p.m. at the Foglia YMCA on Old McHenry Road. (The club's meetings are usually held on the first Tuesday of each month.) At the meeting, Beau Kimball will present the program "Where Did You Find That?" which will cover architectural garden antiques.

Come exchange gardening notes. For 1-847-438-0860.

Future Meetings and Activities

• Oct. 7, Harvest Dinner at Foglia YMCA: This event is for and by members.

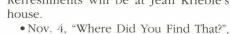
• Oct. 18, Oak Hill Gardens, 2:00 p.m: Inc.

BAAC Gallery at The Library

CONTRACTOR THE THE THE THE THE THE

hibit for the fall at the BAAC Gallery at the is to be human. He also teaches art and Barrington Area Library is "Recent Works design and traditional photography at on Paper" by Kevin Padraic Beers.

Mr. Beers is a resident of Cary. His motivation as an artist has always been rooted in the exploration and investigation Highway in Barrington from Sept. 3 to of ideas and materials. Beers' artwork is a look into the human condition, a con-



7:30 p.m., Foglia YMCA: Presented by Beau Kimball, this program will cover architectural garden antiques.

• Dec. 2, Pioneer Gardens, local prairie wildflowers: This program will be presented by Nancy Burgess.

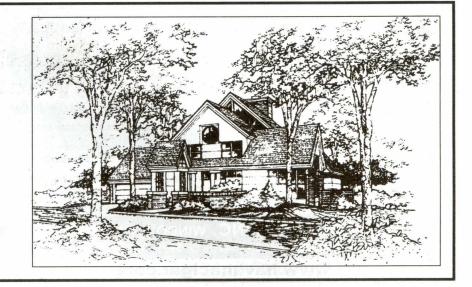
• Jan. 6, 2004, Medicine Wheel, Native more information, call 1-847-382-2621 or American Gardens: This program will be presented by Judi Ann Dore.

> The Garden Club of Lake Zurich is a member of both The Garden Clubs of Illinois, Inc., and the National Garden Clubs,

The Barrington Area Art's Council's ex- struction of and (re)presentation of what Hoffman Estates High School.

The exhibit will be on view at the Barrington Area Library at 505 N. Northwest Nov. 28 during regular library hours.





FurnitureKidz Store Opens in Algonquin

A unique children's furniture and gift store has opened in Algonquin. Parents, grandparents and anyone shopping for children's gifts will find an assortment of furniture, accessories and decorations ranging from soft and whimsical to adventurous and sporty. The offerings include: charming canopy beds, durable bunk beds, bedroom sets, dressers in all sizes and styles, pint-size painted play tables, and musical rocking chairs. Visitors to the store will love the snuggly Bearington Collection of teddy bears dressed in sweaters and fancy dress-up clothes as well as the framed prints, rugs, lamps and assorted gifts for every child. FurnitureKidz also carries a line of Christian items such as crosses, frames, prayer stools and rocking chairs.

FurnitureKidz is owned and operated by Robert and Marcia Gilbreth of Barring-



Canyon Kids

ton. The store hours are Monday, Wednesday and Friday, 10 a.m. to 8 p.m.; Tuesday, Thursday and Saturday, 10 a.m. to 6 p.m.; and Sunday, noon to 4 p.m.

Outdoor Amenities Lure Buyers to Brookstone in Long Grove

If enjoying spectacular views of a ma- and just plain deer watching. jestic forest preserve from your custom-Homes by Richmond offers an opulent outdoor lifestyle at Brookstone in Long Grove

An enclave of 15 one-of-a-kind custom homes on one- to 1.75-acre wooded home sites, Brookstone sits on a 30-acre wooded parcel bordered by a 400-acre forest preserve on the south and east and a seven-acre conservancy boasting two ponds and a nature trail along the east side.

Due to the unusual rolling terrain of the land, most homes have walkout or English basements. Each lavish residence is designed with the owners' love of the outdoors in mind, so the rear of each home is as impressive as the front. Multiple balconies, brick paver patios, spectacular swimming pools and exciting hot tubs all serve to make the outdoors an extension of the home.

Setting the backdrop for these unique Old World residences, the Lake County Forest Preserve provides a haven for outdoor enthusiasts with its bike paths, walking trails and two lakes stocked with fish. Homeowners can enjoy fishing, kite flying, bird watching, wild life photography

Large stone patios step down to a kidbuilt home is an important priority, then ney shaped pool and overflowing hot tub with lights, Jacuzzi and fountains. Curved balconies with elegant wrought-iron railings extend off the master bedroom suite in back of the house and overlook the swimming pool. Sumptuous bedroom balconies enhanced with limestone balusters are large enough to accommodate a couch, rattan chairs and a table.

An octagonal turret houses a breakfast room on the first level with an eight-foot whirlpool hot tub perched atop, creating a master bedroom balcony that's relaxing and functional at the same time. While the balcony overlooks the first-floor patio, a pond and an outdoor fireplace, inside the bedroom, a wall of glass allows the homeowner to enjoy spectacular views of the forest preserve. For those who love to entertain family and friends, an outdoor kitchen comprised of a wet bar, built-inprofessional grill and fireplace extends the summer a few more months and is great way of taking advantage of the changing seasons.

A demonstration house is open daily from 10 a.m. to 5 p.m. except Wednesday and Thursday. Call 1-847-537-8459.

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"We Make Your Child's Room A Special Place"

Furniture Kidz Gifts & Accessories

a unique children's furniture & gift store 1552 E. Algonquin Rd. in Algonquin 847.854.4488

888





We're Just as Beautiful From the Back



Imagine overlooking 400 acres of forest preserve from your private bedroom balcony. At Brookstone in Long Grove, nature's beauty is as close as your own backyard



BY RICHMOND Visit our Demonstration Home open daily from 10:00 to 5:00 p.m., closed Wed. and Thurs. Take Lake Cook Road to Arlington Heights Road north to Checker ⓓ Road, west 1/2 mile to entrance. 847.537.8459

While relaxing on your private lanai, discover the white tail deer, native birds and other forms of wildlife. Enjoy the natural amenities all around you - woods, ponds, walking trails and two lakes stocked with fish. Unique designs such as lagoon pools with waterfalls, built-in barbecues, and outdoor fireplaces are what sets Brookstone apart. Phase II offers 7 of the most desirable 1 to 1-3/4 acre premium sites available. Take advantage of year-round resort living in a magnificent custom designed residence. Sumptuous inclusions such as cherry, limestone or marble floors, elegant circular staircase, granite countertops, master spa suits, and walk-out basements with home theater can be yours. Children attend top rated Stevenson High School. Homes start at \$1.3 million.





BYS Tag Day a Great Success



Tag Day to benefit Barrington Youth Ser-

vices. Over 25 volunteers, board members and professional staff braved downtown this event annually. traffic to collect change from passing motorists

"And people were truly generous," said a Suzanne Gibson, a BYS board member who assisted with collections during the morning hours. "Most motorists gave a dollar or two, some even emptied their toll change into our collection tubs."

thank everyone who donated either their sense of self-knowledge and self-esteem. time or their change. Over \$1,500 was For more information, please contact BYS raised and every penny directly benefits at 1-847-381-0345.

(From left) Judy Adams, Kathleen Guzy, Liz Larsen, Molly Glantz and Pat Mileski

Friday, Aug. 28, was the date for the first the Barrington area. Many thanks to all who contributed.

Barrington Youth Services plans to hold

Barrington Youth Services a not-forprofit, 501c3 agency, supports the social, psychological and emotional well-being of young people and their families in the Barrington area communities. The agency offers relevant programs and services delivered by competent professionals in an atmosphere of trust and caring. BYS strives Barrington Youth Services would like to to help clients expand and enhance their

Glare-Not Window Tinters Provides Savings Year Round

look of window film. Residential films are now backed by a manufacturer's lifetime warranty. Solar Gard, Sun Gard and 3M films come in a variety of densities from clear to blackout or neutral to reflective with a natural and beautiful look. Neutral films keep the same look of the trees, grass, and blue sky.

Window film rejects up to 98% of harmful ultra violet rays which is a major contributor to fading of furnishings, carpets, drapes, pictures, etc.

Solar Gard, Sun Gard and 3M also improves efficiency by rejecting up to 79% of the sun's solar energy in the summer and insulating your home to retain heat in the winter, meaning less money going to our favorite people (electric co.) and remaining in your pocket.

Window film also increases safety with pressure sensitive adhesive. The adhesive

Improve appearance with the elegant bonds the film to the glass helping to hold fragments in place if glass breakage were to occur by a golf ball, baseball, or burglar, making glass shatter resistant.

> Glare-Not Inc. has provided savings and security for 11 years in Barrington, Long Grove and the north shore area. Remember all Solar Gard, Sun Gard and 3M films are backed by a manufacturer's lifetime residential warranty. Many locations are tinted by Glare Not, including: Brach's Candies in Chicago, Avon Corp. in Morton Grove, two Ace Hardware corporate offices, four Armcore banks, First National Bank of Chicago, plus 1,000's of homes. References are available upon request.

> We look forward to saving you money!!! For further details, please call 1-847-382-8468, 815-363-8468 or 1-847-812-5499 cel.

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• Heated floors inside (your pet will never have to lay on cold concrete)

• Vaulted ceilings and fans for ample times daily. ventilation and air conditioning for your pet's comfort on hot days

· Covered outside runs for weather protection

• Extra biscuit treats at night with lights out

Playtime

· Personal one-on-one attention • 10-to-15 minutes out of the kennel, which can include brushing, ball playing, walking and treats

Fashion Extravaganza

"Glamorama"-the fashion extravaganza held on Aug. 8 at the Chicago Theatrewas filled with gorgeous models and studded with stars. Celebrity spotting was a snap since so many famous faces came to town for the Marshall Field's sponsored event

Pamela Anderson of Home Improvement and Baywatch fame; Lauren Holly, star of On Any Given Sunday and formerly married to Jim Carrey; Jordana Brewster, star of The Fast and the Furious; and dancer/ choreographer Cris Judd (formerly married to Jennifer Lopez) were all scene stealers. The event was hosted by British actress Tracey Ullman and featured entertainment by the Australian string quartet Bond, American Idol star Rueben Stoddard and alternative rock group Uncle Kracker. And of course, the runway shows were spectacular: Michael Kors, Dolce & Gabbana, Armani, Ralph Lauren, Jean Paul party at Field's Walnut Room. Gaultier, Anna Sui and more.

The event continued with a lively post



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view. We are veterinarian-recommended, and we provide a clean and bright atmosphere for your pet.

Oakview Kennel and Cattery-1-847-526-1388.



Eva T. and W. John Kolasinski, Sr. of Barrington enjoyed "Glamorama's" post party.

"Glamorama" raised \$300,000 to benefit the Art Institute of Chicago.

Stonecrafters' Showroom A State-of-the-Art Production Facility

Take a drive and see our showroom. Our stocked yard can save you time and money. Look through our inventory of over 1,000 stone slabs. Why look at a sample when you can view the whole slab? And, you can actually pick out your own slab when it's time to order! We eliminate the middleman and pass the savings on to you. For example, we offer 11/4-inch granite at \$56.00 installed! No need to travel to the wholesalers.

When you visit Stonecrafters, you can see unique products like: kitchen countertops, island countertops, stone columns, shower and tub surrounds, reception desks, full-height splashes, full-wall fireplaces, fireplace surrounds and hearths, custom tub decks and architectural stone details.

Every order starts with custom measure-

Blue Ribbon Millwork Opens New Store

Blue Ribbon Millwork is pleased to announce the opening of a new store in Algonquin, located at 1475 S. Randall Road on the northeast corner of County Line and Randall roads. The new location specializes in supplying Marvin windows and patio doors to both the professional builder and the homeowner.

If you're planning to build a new home or remodel your existing one, Blue Ribbon Millwork has what you need. Specializing in Marvin windows and patio doors, they have an experienced staff on hand at both locations to help you find the perfect fit. Visit their showroom

to see the vast array of options available in types of windows, glass, colors, cladding and grilles. Every Marvin window and patio door is made especially for you. If you can't find a size to fit your project out of over 11,000 standard sizes, Marvin has the capability to custom make any size that you may need.

Blue Ribbon Millwork is an authorized installation retailer of Marvin windows and patio doors. Both the sales staff and installers are trained by Marvin to provide you with a quality job both in product and installation. Free estimates are available. Just give them a call or stop in



ments and ends with a quality installation

by our experienced staff. We pay attention

to details. That's what makes us different.

cuss your needs. We are open 8 a.m. to 5

p.m. weekdays and Saturday, 8 a.m. to 12

noon!

Call 1-847-526-9594 or visit us to dis-

either showroom and talk to one of their salesmen.

A full line of exterior doors, storm doors and skylights are available in both the Woodstock and Algonquin stores. Whether you're looking for wood, steel or fiberglass doors, Blue Ribbon Millwork has them all. From the beauty of wood to the strength of steel, there are a lot of options to fit your home. Taylor steel doors offers the option of either steel on both sides or steel on the exterior and wood on the interior, to give you the look of a real wood door from the inside with the durability of steel.



PWAA Celebrates 105th Anniversary

(left) congratulated Bogumila Padowski, (right) director of Sales and Marketing for the Polish Women's Alliance of America, at the 34th National Convention and 105th Anniversary at their recent banquet ceremony held at the Chicago Marriott in downtown Chicago.

PWAA was founded on May 22, 1898, in Chicago as a fraternal benefit society. It was unique at the time because women were not included in the executive positions of fraternal societies. The PWAA, however, was for women with women as

Illinois State Treasurer Judy Baar Topinka its leaders-a truly monumental achievement at a time when women did not have the right to vote. The right of women to pursue higher education, the right to enter many professions and the right of women to purchase life insurance in their own names were some of the issues tackled by PWAA founding members, who fought against prejudices to see the Polish Women's Alliance develop into a national organization and a leader in the Polish and Polish-American communities.

"I commend the Polish Women's Alliance of America for its dedication to the



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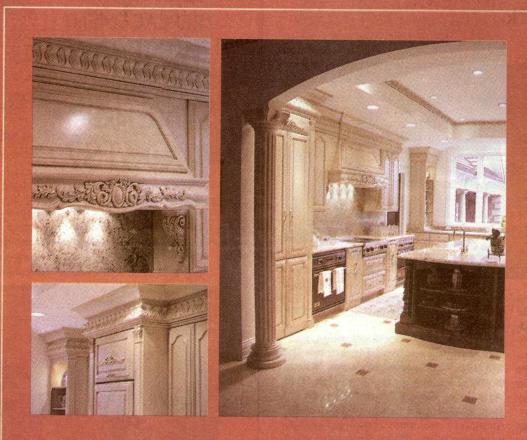
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Polish community and wish them contin- Topinka. ued success in their many endeavors," said

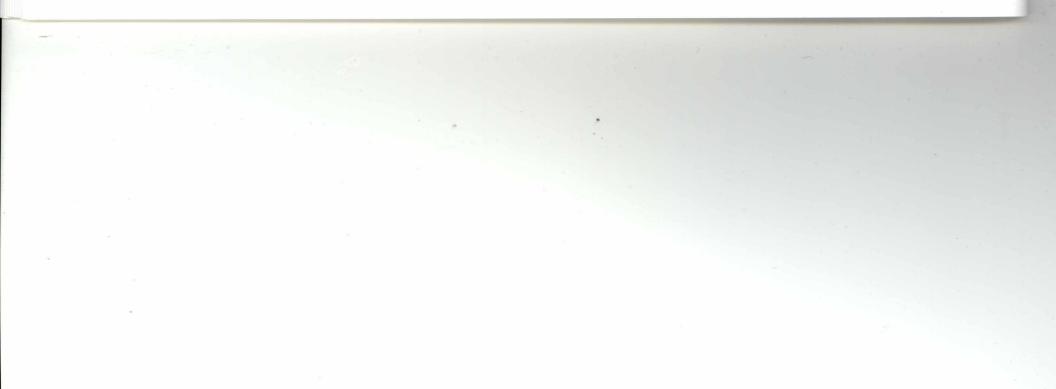




Winner, Raymond J. Enkeboll national design competition Design, Details, Cabinets by MCCAULEY DESIGN

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brand topside vinyl, ventilated screen underside, sealed foam inserts to resist moisture, 5052 aluminum interior channel supports, and durable and lightweight design

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October is National Child Safety Month. sign services and is your source for: We are helping to promote child safety in the home environment. If you are looking to childproof your blinds with new safety features, October is the perfect time to take advantage of these fabulous deals from Hunter Douglas. Their cordless systems protect your children by eliminating all exposed cords while their energy-efficient treatments lower your energy costs. This month, we are offering savings of up to \$100.00 or more when you select from the PowerGlide®, PowerRise® or LifeRise® systems. Come in to take advantage of additional savings on many of their other products as well as several instore promotions on our existing inventory.

Decorating Connections, Inc., a fullservice interior design firm, has been creating visionary interiors in Barrington for 16 years! Decorating Connections provides residential and commercial de-

"Run Through the Woods"



TRUNK WHO RE DON RE TRUNKS WHO REA

North Barrington will celebrate fall with its tered, USATF-certified event. The runners fourth annual "Run Through The Woods" on Oct. 5.

The 5K run/2-mile walk course will be in the Biltmore subdivision, offering hills and lake views. Many families look forward to this fall day for the scenic run and leisurely paced walk.

Amateur and professional runners will compete for awards at this CARA-regis-

will get started at 9:00 a.m. with the walkers going off at 9:05 a.m. The awards ceremony will follow at 10:00 a.m.

Proceeds will benefit Citizens for Conservation

Contact the village office at 1-847-381-6000 for more information. Registration is also possible on the Web atwww.signmeupsports.com.





Green Thumbs "Go Creative"

CONTRACTOR THE THE THE THE THE THE

Members of the Green Thumbs of Barrington Garden Club will "go creative" when they meet on Monday, Oct. 20, at the Barrington Area Library at 12:30 p.m. All will participate in making ornaments for the club's annual Christmas tree, displayed in the library foyer during the month of December. Supplies and instruction will be provided. All members need to bring is their enthusiasm!

During or after the ornament workshop, participants will be entertained with slides or a movie. The subject will be a surprise.

The Green Thumbs Garden Club membership includes gardeners of all skill levels from novice to professional. Guests are welcome at most meetings, and new members are added throughout the year. For information, please call Florence at 1-847-381-2860.



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One source for the greatest selection of VitaSpa[•] spas in Chicago.

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October is National Kitchen and Bath Month

FREE Fall Seminars & Cooking Classes

Saturday, October 4th, 9 -11am, Seminar: Finishing Touches, Adding Personality to your Kitchen

> **Thursday, October 9th**, 6 - 8 pm, Seminar: Award winning Kitchens and Baths

Tuesday, October 14th, 11am – 1pm, Wolf Cooking Class, "The Simplest Way"

Saturday, October 18th, 9 - 11am, Seminar: Kitchen Planning 101, Getting Started

Saturday, October 25th, 9 - 11am, *Gaggenau Steam and Convection Oven Cooking*

Saturday, November 8th, 10am - Noon, Wolf Cooking Class, "Breads and Sweets"

Limited seating, by RSVP only 847-381-7950 or for more detailed information and to register online for a cooking class or seminar, go to





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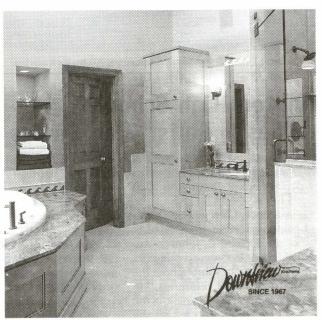




2000 James Foster, CKD Memorial Award for Design Excellence

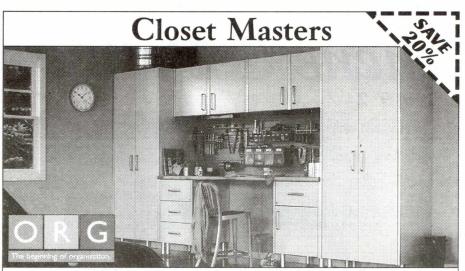


1st Place Large Kitchen Category Design Visions 2003 NKBA Design Competition



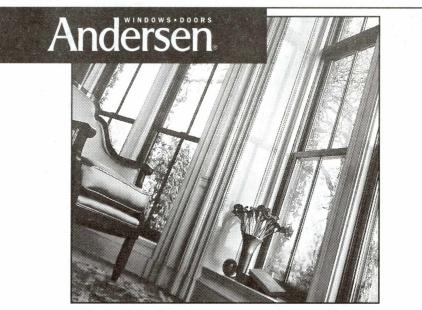
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Barrington High School Welcomes Muralist Glen Davies

residence from Sept. 22 to Oct. 10 for the circus and carnival "show painter" and fine arts department at Barrington High School.

While in residence, Glen will begin creating and painting a 360-degree mural in the lobby of the Richard C. Johnson Auditorium. This work in progress will continue with residency dates throughout the spring of 2004. While in residence, Mr. Davies' work will also be on exhibit in the Clair E. Smith Art Gallery located on the school campus.

Mr. Davies' primary area of expertise is and Enhancement grant program. Mr. large-scale, figurative/landscape mural Davies will paint in the foyer of the Rich-

Muralist Glen Davies will serve as artist in painting. His background as an itinerant traveling professional muralist has given him a great deal of experience with techniques for painting large works. He approaches a mural site and working with students from a perspective of cocreation and shared experience. The completed mural reflects the goals of both combined ideas and individual talents, melded to create a statement of greater relevancy.

This program is partially supported by the District #220 Projects for Innovation

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Acclaimed International **Opera Star Eric Halfvarson**

Internationally renowned performer in opera, Aurora-born bass Eric Halfvarson sings regularly with the world's most prestigious opera companies and symphony orchestras. He will give a benefit performance at 3 p.m. on Sunday, Nov. 9, at the Paramount Arts Center, Aurora, for the Fox Valley Arts Hall of Fame.

"It was the board's great pleasure to have inducted Eric into the hall of fame's first class in April 2002," said Susan Starrett, president.

He will sing operatic arias, folk songs, spirituals and old favorites such as Old Man River and Deep River. There will be an on-stage reception following the recital where concert goers can meet and greet the artists

The famed Glen Ellyn Children's Chorus will make a guest appearance, opening Mr. Halfvarson's recital. These 50 young singers completed a year 2000 concert tour of Australia and New Zealand, a 2002 tour of Brazil, created several new recordings, and have recently appeared with the Chicago Symphony Orchestra at the Ravinia Festival. Mr. Halfvarson, one of the top five bass voices in the world, will be accompanied by John Wustman, a teacher and friend.

"I studied with John when I was at the University of Illinois," Eric said. "He is truly a master accompanist."

Halfvarson's formidable interpretations of such varied and demanding roles as Baron Ochs in Der Rosenkavalier, Hagen in Goetterdammerung, Claggart in Billy Budd, Sarastro in Die Zauberflote, King Philip and the Inquisitor in Don Carlos, Heinrich in Lobengrin, Hunding in Die Walkure, and Mephistopheles in Faust have been seen with such companies as the Bastille in Paris, the Bayreuth Festiva, Metropolitan Opera, Lyric Opera of Chicago, the Canadian Opera, la Fenice in ropolitan Opera House was in 1993.



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timate.

World-renowned bass Eric Halfvarson will perform on Nov. 9 at the Paramount Arts Centre, Aurora.

Venice, Teatru Liceu in Barcelona, the Bavarian State Opera in Munich, the Vienna Staatsoper and the famed Teatro Colon in Buenos Aires as well as the opera companies of San Francisco, Dallas, Houston, Santa Fe and Washington. Indeed! He now has 11 Met roles in his repertoire. Following this recital and yet this year, Eric will perform concerts with the St. Louis Symphony in November, Benvenuto Cellini at the Metropolitan Opera. In 2004, he will perform in Goetterdammerung at Teatro Real, Madrid, and Siegfried/Goetterd at Teatre del Liceu in Barcelona.

For more information, visit the Fox Valley Arts Hall of Fame Web site at www. foxvalleyarts.org. Tickets are now on sale for the recital at the Paramount Theatre box office at 630-896-6666.

Halfvarson's interest in vocal music began when he was around 3.

"My father was choral director at West Aurora High School and my mother gave private voice lessons in our home," he said. "I was always surrounded by music."

The music world almost lost Halfvarson when he went off to the University of Il-The Royal Opera at Covent Garden, the linois. He started out in an honors physics program. His debut with New York's Met-



ard C. Johnson Auditorium. Please call for performances. Blake Mueller and Julie specific dates and times. The Clair E. Smith Salk serve as curators. For more informa-Art Gallery is located on the campus of tion regarding his residency, gallery exhi-Barrington High School, 616 West Main bition or the Barrington High School Fine Street, Barrington, 1-847-842-3214. The Arts Department, please contact Julie Salk gallery is open Monday through Friday at 1-847-842-3214. from 8 a.m. to 3 p.m. and during school

Renovating, Not Relocating

Would you love to lose your outdated kitchen or family room ...yet love to keep your neighborhood? More and more families are choosing to do just that, by remodeling their existing home to gain more space, modern amenities and a brand new look.

That's what Claudia and Tom Stark of Arlington Heights decided to do with their 1960s-era home. Instead of moving out, they decided to move some walls-expanding out from the back of their home to add 800 square feet of new dining and family room space...while at the same time, totally remodeling their kitchen.

"We wanted a larger, more comfortable area for entertaining," says Claudia Starck, "Including a larger kitchen and eating area, and an expanded family room."

The result is an open floor plan where the kitchen, dining area and family room flow effortlessly together, giving a sense of spaciousness and continuity. Yet each room offers its own surprises.

Taking its cue from the arched kitchen island, the dining

area is built in the shape of an octagon. And the spacious family room features a graceful barrel ceiling, adding bold architectural drama, yet keeping with the country French style the Starcks had chosen for their new living space.

"When you create an open plan, you want to delineate and define the different areas within that space," said **Mark Zurek of Delta Renovations**, the general contractor. "The arched ceiling in the family room and the turret in the eating area accomplish that beautifully."

The Starcks chose **Delta Renovations** and **Barrington Kitchen & Baths** after admiring the work they'd done on other homes in the area.

The casual, yet sophisticated country French style is also evident in the newly-remodeled kitchen. Claudia Starck chose a unique angled island and maple cabinets finished with a light, three-step glaze, giving them soft coffee-colored accents. And to complement the finish, the cabinets are topped with granite in mottled brown tones.

Throughout the kitchen, designer Ross Gerami of Barrington Kitchen



The unique angled island offers functionality and architectural interest.

& Baths, addressed Claudia's desire to easily keep countertops clean and clutter-free. The microwave is built in above the oven, the island's cook top ventilation system slides down out of sight when not in use, and a small television tucks under one of the kitchen cabinets.

And the addition of a laundry room gives Claudia the convenience of first floor facilities, something she hadn't had in the 17 years she and Tom lived in their home.

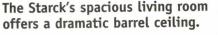
So what do the Starcks think of their new space?

"It's great!" says Claudia. "It's where we spend all of our time. It's light and bright, and fits our lifestyle and needs. It's exactly what we wanted." And the new addition/renovation gives the Starcks something else they wanted—the added benefit of staying right where they wanted to live.

If you're considering updating your current home instead of uprooting to a new one, talk to the experts at **Barrington Kitchen & Bath** and **Delta Renovations**. Just call **1-847-381-3084**. They'll help give your home new life.



The octagonal eating area features a turret ceiling with generous windows for lots of light.





The new addition is as beautiful outside as in.

Claudia and Tom Starck's home was featured in the Arlington Heights Kitchen Walk to benefit Journeys: From PADS to HOPE.



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WWW.barringtonkitchen-bath.com SHOWROOM HOURS: MONDAY - FRIDAY 9:00 AM TO 5:00 PM SATURDAY 10:00 AM TO 3:00 PM OR BY APPOINTMENT APPOINTMENTS ARE SUGGESTED FOR DESIGN AND PLANNING CONSULTATIONS







Stanford Researcher Discovers Forgiving is Healthy

Good, will present a daylong forgiveness training workshop at the Stonegate Conference Center in Hoffman Estates on Oct. 3 from 9 to 4 p.m.

Dr. Frederic Luskin of Stanford University's Forgiveness Project has documented clinical evidence showing that learning how to forgive measurably improves your emotional and physical well-being. His astonishing results are published in his new book entitled Forgive for Good: A Proven Prescription for Health and Happiness. Grounded in scientific research done over the past six years and backed by major grants, Dr. Luskin's findings shed light on how, through learning to forgive, we can lead more productive, healthier and happier lives.

Forgiveness does not necessarily involve forgetting nor even reconciliation, insists Luskin. "It is rather about letting go of those hurts and pains that we drag around with us to our own physical and emotional detriment."

Putting his theories to the test, Luskin brought together victims from both sides of the violence in Northern Ireland to find out how much one can forgive. One of the principal things that changed for the

Dr. Fred Luskin, author of Forgive for Irish subjects was the transformation of their stories from being victimized to being survivors or heroes, to making peace with their ill-fated past.

From our parents and spouses to friends and bosses, we all have experiences of hurt that continue to negatively affect our lives. We know intuitively that carrying around resentment disrupts our personal and professional lives, leads to bad decision making, and can affect our health. Dr. Fred Luskin has developed an accessible guide to understanding and overcoming the negative effects of anger, bitterness and resentment. This book provides us both the tools to learn how to forgive and the scientifically-proven research on the ways in which true forgiveness can lead to greater happiness.

To make a reservation for the workshop, please call Suzanne Gibson, Ph.D., L.C.S.W., at 1-847-304-1062, or Pamela Rak, L.C.S.W., at 1-847-776-1594. The cost is \$120, which includes lunch and six CEUs for L.C.S.W.s provided by Alexian Brothers Behavioral Health Hospital. The Stonegate Conference Center is located at 2401 W. Higgins Rd., Hoffman Estates. The public and professionals are welcome.



An Exciting Home Addition

In addition to providing custom room additions with bathrooms, kitchens and fireplaces, Armcor Design and Build is your local store for Four Seasons Sunrooms, the nation's largest manufacturer of sunrooms for residential and commercial use

Each Four Seasons Sunrooms' product is meticulously designed and crafted to be a practical, beautiful, and exciting addition that will bring a new dimension of space, light and warmth to what might otherwise be an ordinary room, whatever the season or location of your home.

Armcor Design & Build craftsmanship and quality products are also an and all products are designed to meet or excellent investment and can add real investment in a Four Seasons' sunroom more than 200,000 installations. can be recovered when you sell your home.

Glass room additions create views of the sun and sky and add extra year-round living space with possibly little or no alterations. New MC² glass, with a Lifetime Warranty and specially designed to keep summer heat out and winter heat in, is one key to Four Seasons Sunrooms' success-especially in our Chicagoland climate.

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exceed building code structural requirevalue to your home. Often, much of your ments and have successfully withstood

Armcor Design & Build will provide you with a complete "turn key" room addition project or you can build it yourself. Every Four Seasons' sunroom is virtually maintenance-free, weather-tight and comes with a lifetime limited warranty on MC² glass, five year warranty on parts and labor. There are numerous options, both wood and aluminum systems, and a wide variety of models and sizes.

Armor Design & Build's new show-Many patented features are available ex- room is at 951 N. Old Rand Rd. (Main St.)

Hands of Hope Raises Over 200K for Programs Helping Women and Children in Crisis Outstanding Response to Visit from First Lady of Uganda and the Barrington Country Garden Faire

for-profit organization, announced its results from two major fund-raising events earlier this summer including a benefit luncheon for a visit they hosted for the first lady of The Republic of Uganda, Mrs. Janet Museveni, and a two-day Garden Faire featuring three Barrington Hills estates

The first lady of Uganda benefit luncheon was held at the Donald E. Stephens Convention Center in Rosemont and was attended by over 600 people including representatives from key business organizations, the Ugandan Ambassador to the United States and the Swedish Consulate. Felicia Middlebrooks, morning drive anchor for WBBM-AM Newsradio 780 hosted the event, which included a written greeting from Mrs. Laura Bush and a stirring presentation by Mrs. Museveni. The first lady shared her experiences after she returned from exile following the defeat of Idi Amin. She began to rally the women of Uganda to come together to help the overwhelming number of orphans in her country resulting from years of civil war and the AIDS epidemic. Uganda has made significant progress in the fight against AIDS and in developing the vocational training needed for maturing orphans, many of whose parents were lost to AIDS. around the world. For more information, Hands of Hope donated funds directly to contact Vicky Wauterlek at 1-847-381-7367 this program, which will enable education or visit www.handsofhopeonline.org.

Hands of Hope, a Barrington-based, not- and training for hundreds of youth. The Barrington Country Garden Faire, held subsequent to the benefit luncheon, drew over 1,500 attendees who were able to view and tour three exceptional gardens in Barrington Hills, enjoy workshops, and purchase a wide variety of antiques and accessories for the home and garden offered by vendors in a French market. Hands of Hope president Vicky Wauterlek states, "We were very pleased about the response to both events this summer and we are already beginning plans for next year's Garden Faire. We find that there has been a tremendous response by individuals who want to do something to help our global community, underscored by President Bush's recent commitment of resources to support the fight against AIDS in Africa. Funds will be used for microfinance loans to empower poor working women in Uganda and Rwanda to provide for their children and the AIDS orphans for whom so many are caring for. Funds are also used to provide HIV/AIDS educational material that will be used for communities in Rwanda.

Hands of Hope is a grassroots, not-forprofit organization comprised of over 250 volunteers whose efforts are dedicated to helping women and children in crisis

Fall Planning (and Planting) with SanFilippo Landscape

is important. It gives you a direction and helps you get where you want to go. Sometimes, the planning can be done on and is usually done in either an 1/8-inch your own. But more often than not, a professional is needed.

planning help you need when it comes to mind "the right plant for the right locathe landscaping of your home or office. We create outdoor spaces that complement your style of living. And everything must be considered! Do you enjoy entertaining? Is gardening a hobby? Been thinking about a pool? Do you require a low-maintenance yard? Remember, no one can give you what you want until they know what's important to you.

Spring vs. Fall

The question then becomes, "When do we start this project, in the spring or in the fall?"

While most people think spring is the only time to start, we'd like you to consider the fall as a great opportunity to begin

• Fall planting for certain plants is actually better.

•Hardscapes can be built until the ground freezes; and then come spring, you're ready to enjoy it.

• You get an early start on those plants that are done in phases.

The Plan Regardless of what time of year you start, you need a plan. This begins with telling the architect your needs. Then he will be

No matter what you do in life, planning able to draw a "bird's-eye view" of your property. This drawing will indicate all existing structures, drives, plant materials or 1/4-inch scale. Plant materials are indicated with circles which represent the At SanFilippo Landscape, we offer the tree or shrubs' spread. Always keep in tion." A plant's mature size must always be considered; otherwise you may end up with too large or too small a plant for a given area.

Plant Materials

But no matter what your style or budget, pay attention to variety in the plant materials you choose. There are so many wonderful plants that offer different textures and colors and sizes. A good mix of heights within a planting area can give the landscape dimension while large groupings of the same plant can help create variety in texture and color throughout the seasons.

Hardscapes

Another important part of the landscape plan will be the design and treatment of decks, terraces, walkways, gazebos, retaining walls, etc. With a little creativity, these elements can add to or be a focal point in your landscape design.

So whether you're landscaping because of privacy or a love of nature, start out with a plan. Everything doesn't have to be done in one season. But if you know where you're headed, you're more likely (Please continue on page 55)



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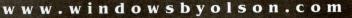
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Motorola Volunteers



Motorola employees in conjunction with United Way Schaumburg/Hoffman Estates employees volunteered through United Way Days of Caring at Countryside Center, Palatine, on July 18.

Motorola donated material and labor to paint bathrooms, paint walls, landscape, plant bushes, spread mulch, lay stone and fertilize all the grass so the Countryside grounds would flourish.

Catchpenny Holiday Open House

Catchpenny Resale Shop will hold its neous items. annual Holiday Open House on Tuesday, Nov. 18, from 10 a.m. to 4 p.m. Fall and ton, is an important fund-raising project of winter clothing and furs will be featured the Auxiliary of Good Shepherd Hospital along with an assortment of nice purses, and is staffed by men and women volunworking watches and other jewelry, lin- teers. For volunteer information, call 1ens, housewares, books, and miscella- 847-381-0123, ext. 5093.

Catchpenny, 118 E. Main St. in Barring-

Peterson Applauds Madigan's Actions with Tollway Funds

More than \$19 million in toll funds are on hold while Attorney General Lisa Madigan investigates the legality of transfers ordered by the governor. State Senator Bill Peterson (R-Long Grove) applauds the attorney general's action, taken recently.

Peterson, a longtime skeptic of the fund raids included in the democrat's fiscal year 2004 budget, is glad to see some top-ranking democrats share his concerns.

"Taking money from dedicated funds to make up for shortfalls in other areas of the budget is bad fiscal policy," said Peterson. "It does not fix the problems with the state's budget; it only hides them. I am glad the attorney general is taking the proper precautions before these transfers are completed."

Fund transfers are just one of the shady revenue schemes recently used to craft

Romeo and Juliet

The Barrington Area Arts Council invites offer a special Ballet Chat. (Lunch will be you to see the Joffrey Ballet of Chicago's production of Romeo and Juliet at the Auditorium Theatre in Chicago on Saturday, p.m Oct. 11. The bus will leave from the BAAC Gallery at 9:30 a.m. and arrive for a special tour of the historic Auditorium The- ton Area Arts Council for information or atre. After a lunch break, Harriet Ross, ar- reservations at 1-847-382-5626. Limited tistic Manager with the Joffrey Ballet, will seating is available.

the fiscal year 2003 budget. The attorney general's ruling will determine if the \$19 million requested from the tollway really belongs to the owners of tollway bonds.

"Whatever the attorney general decides in her ruling, the bottom line is this money belongs to the taxpayers," said Peterson. "These funds were paid by the drivers who use the tollways, and they deserve to know their money is being put to good use repairing and maintaining our toll roads.

The fiscal year 2004 budget included \$1 billion in spending above the previous year, despite the state's budget deficit and cuts made at the state level. Of the \$1 billion in extra spending, \$88 million was for new programs, even though many existing state programs were not fully funded.

on your own.) The matinee performance of Romeo and Juliet will follow at 2:00

The cost is \$80 for BAAC members or \$85 for nonmembers. Contact the Barring-

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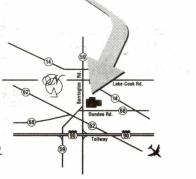
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This Year, "Tame the Tundra" with a New Snowthrower from Simplicity and Reed Lawn & Leisure

Well, it's going to snow anytime soon. So this year, "Tame the Tundra" with a new snowthrower from Simplicity and **Reed Lawn & Leisure**. All models are on sale—starting at \$549.

And right now, **Reed Lawn & Leisure** is offering no payments and no interest until June 2004 when you purchase a new Simplicity snowthrower!

Simplicity snowthrowers are rugged, reliable, and easy to start. And no matter what size property you need to clear, with your choice of nine models, Simplicity has a snowthrower to do the job for you.

Choose from models that clear 20" paths all the way up to commercial-duty 38" machines. Plus, exclusive features like the Power Boost™ snow sensing system and Easy Turn™ maneuvering feature set Simplicity snowthrowers apart from the rest.

If Simplicity is not your brand, we also have Toro and Honda—both at preseason prices. All sizes are available and we invite comparison shopping of different brands.

If you already own a snowblower, getting it tuned up and ready for winter may also be a wise decision so that it's ready



when you need it.

But before it snows, there's one item of business that needs taking care of—leaf cleanup. Turn a mountainous chore into a breeze—**Reed Lawn & Leisure** has a good selection of power blowers and vacuum systems. We carry collection systems from Simplicity, Honda and John Deere; Echo power blowers; and both Simplicity and Echo leaf shredders.

Stop in, browse or schedule your service appointment. **Reed Lawn & Leisure** is located at 20413 Rand Road in Palatine. **1-847-438-5220**.

Get Ready for Fall and Winter with JB Enterprises Landscape Inc.

Cooler fall temperatures are always a welcome relief from the summers heat and humidity. As our trees and shrubs lose their leaves there are several tasks that can and should be done. Fall is the best time to prune most trees and shrubs. Removal of excessive leaf cover is important to prevent your lawn from smothering and showing dead spots. You may also want to consider overseeding your lawn and core aeration to create the best environment for lawn recovery after drought conditions. Completing this in September or October is important for optimal results. Continue reading answers to common questions we get for fall and winter preparation.

Q. How late can I plant in the fall?

You should plan on getting any evergreens in by late October, early November. Deciduous trees and shrubs can be planted until the ground is frozen

Q. Which plants can I add to my landscape to give me winter interest and color?

Evergreens are always attractive, while other deciduous plants will add texture and fruit color. We recommend adding crabapple, hawthorn, red twig dogwood, yellow twig dogwood and viburnum just to name a few.

Q. Should I cut down my perennials in the fall?

You can remove the dead foliage either in fall or early spring. We like to finish cleanups in the fall as it makes it easier to winterize. We usually suggest leaving the



Enjoy a custom brickwork and granite outdoor kitchen by JB Enterprises for year-round enjoyment.

Q. How late should I water plants into the fall?

Water your evergreen plants right up until the ground is frozen. Water deciduous plants until they loose their leaves. We have had very dry conditions so everything would benefit from a good watering before winter, and increase plants ability to survive through the season.

Q. Should I remove the snow load from my plants this winter?

Let snow melt on its own. If you remove the snow you may damage the plant foliage or buds since the plant is frozen. Only when the snow is so heavy that is will destroy the plant do we recommend removing it.

Call **JB Enterprises**—*Barrington's Landscape Company*—for your fall cleanup and landscape enhancements. **JB** also provides commercial plowing. **1-847-382-**

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foliage or spent flowers that are attractive grovid **3006**.

From a Woman's Point of View by Gail Wickstrom, Wickstrom Ford

It is said that change means "out with the old, in with the new." But that's not always true. This past month, we've opened Wickstrom Lincoln Mercury on the corner of Northwest Highway and Hart Road. That's definitely new. But we've also welcomed some employees of the old Lincoln store to our team!

I'd like to extend a welcome to the newest Wickstrom employees: Frank Oswald, service manager; Steve Hicks, Rich Feit, Mike Tivy and Scott Klinesmith, service technicians. Blending right into our sales team are Jerry Hyer and Greg Kanavos (who are waiting for your visit)!

Other personnel include Mark Zemanik, parts; Vince Cortes and Issac Revilla, detailing department. And I know that our office staff already appreciates the cheery voices and talents of Jennifer Tusa-Howes, Kelly Roper and Stephanie Feraldo. So in the case of Wickstrom Ford Lincoln Mercury, it's "in with the new and in with the old"! Welcome to our team!

Change in September also means that

A Great Selection of Specialty Vehicles

see the changes.

Emkay Car Rental offers a great selection of specialty vehicles for short-term rent. Emkay has the new Nissan Maxima. Emkay also has the new Toyota Highlander and the Volvo XC90 for your SUV needs. Emkay also has an outstanding selection of European imports. The BMW 3 series, Volkswagen Jetta or the Saab 9.3 Convertible are just a few of the models available. If a minivan is needed, then the Dodge Grand Caravan will do the job. Please call us for availability, prices and other unique selections.

In addition to Emkay's great rental selection, we have an outstanding inventory for sale. Some of the vehicles we typically have available for purchase include the Jeep Grand Cherokee, Pontiac Grand Prix and Toyota Camry. These are from Emkay's corporate lease returns. Please call and we can fax you our current inventory list. Or go to www.emkay.com to view our current inventory.

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ing off the new 2004 Lincoln Mercury

vehicles and the upgrades we have done

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coln Mercury building to take a tour and

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Barrington Coach Haus is a family-owned auto body shop dedicated to customer satisfaction and quality craftsmanship. An accident is never a pleasant experience, but our goal is to make the whole process as painless as possible. From a small dent to a complete paint job and everything in between on your domestic or foreign vehicle, we are at your service!

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are answered, the treatment process can begin. The last step is a customized atimportance of professional products. You can maintain your skin results by keeping up with an at-home regimen in between peel treatments. The extent of these treat- Plastic Surgery at 1-847-304-1000.

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Barrington Coach Haus is open Mon-• Detailing: buff, polish, wash and wax day through Friday, 8:00 a.m. to 4:30 p.m., and by appointment on Saturday. Call Chuck Harley at 1-847-382-5285.

(Continued from page 23)

Poute 22

ments is up to you.

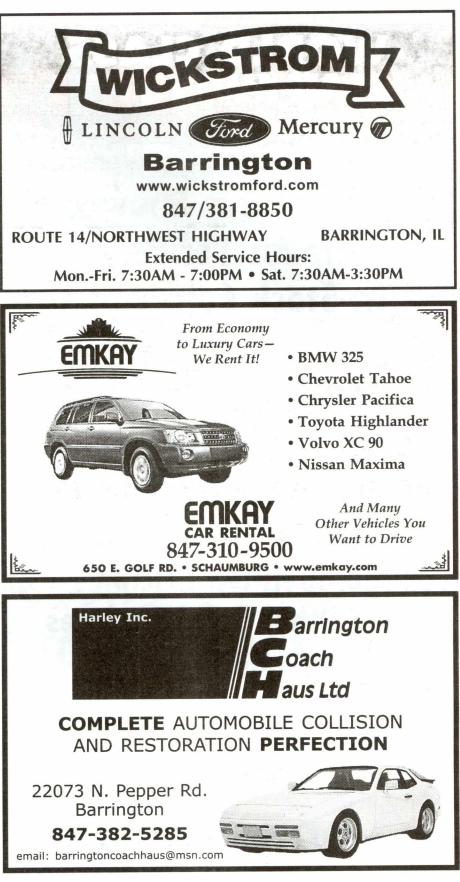
For the month of October, we will home regimen and explanation of the offer three micropeel treatments for \$200.

For more information on skin care treatments, please call The Center for Facial

(Continued from page 49)

landscape needs, give Mark McGinnis We hope you found this information or Mike SanFilippo a call at 1-847-381-





Curves for Women

(Continued from page 30)

supports you as you work to become the woman you want to be."

In Lake Zurich, we are still in the same shopping center, Lakeview Plaza. We moved six doors down to the north end phone number is still 1-847-307-4747.

Annual Holiday Gift Sale

The annual holiday gift sale and open dee Ave., Barrington. house, sponsored by And All The Angels Christian Book and Gift Shop, will take place Thursday and Friday, Nov. 20 and 21, from 9:00 a.m. to 9:00 p.m.; Saturday, Nov. 22, from 9:00 a.m. to 5:00 p.m.; and Sunday, Nov. 23, from 8:30 a.m. to noon. The shop is located on the lower level of St. Michael's Episcopal Church, 647 Dun- 1-847-38ANGEL (1-847-382-6435).

not just a workout but a community that of the center, and we have doubled our size. We've even added a second circuit to make sure you never have to wait for a spot on a circuit. The new Lake Zurich location is 41. S. Rand Road, and the tele-

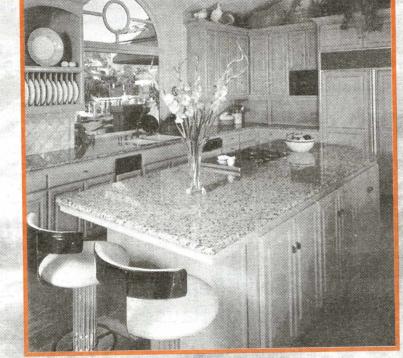
Holiday selections include ornaments (most of which can be personalized), stockings, nativity scenes, snowmen and Santas, Advent calendars, holiday decorations, dishware, and gift items. Complimentary cookies and cider will be available. For further information, please call

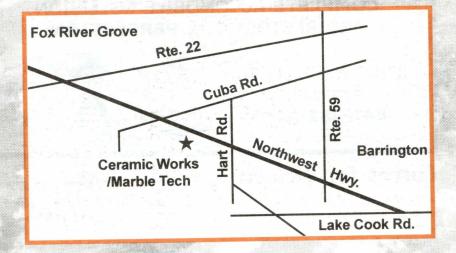


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