March 2007 arringto

Spring Activities Fill Calendar

FOR REFERENCE

Do Not Take From This Room

Bridal Faire & March Madness Return to House of Hope

"Spread Your Wings & Fly"
WC of Inverness Fashion Show

"Seeds of Hope...
Planting a Future"
Catholic Charities Benefit April 14

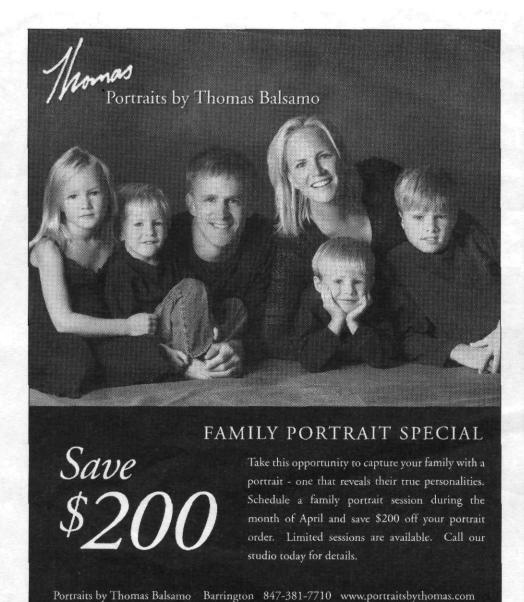


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Editor's Ink

March 2007

Dear Reader,

Spring is on its way! Hard to believe with the current low temperatures and drifts of snow, but welcomed it will be.

Orange blossoms will be in the air at the second annual Bridal Faire benefitting Project Hope and held at House of Hope Resale in Barrington on March 10. An extensive collection of designer wedding gowns, formalwear and bridal accessories will be for sale. Gorgeous wedding gowns valued into the thousands will be for \$50. Prom dresses

into the thousands will be for \$50. Prom dresses will also be available. Proceeds benefit Project Hope, providing emergency assistance to families in crisis.

Catholic Charities will be hosting its 18th Annual Hearts for Homeless Families in Transition benefit on April 14, so mark your calendar and get your tickets now. This highly successful fund-raiser will be held at The Stonegate Conference & Banquet Centre and hosted by the hugely popular WGN personality Lou Manfredini. Proceeds go toward homeless families in the northwest suburbs. Great prizes, great food, and a fun evening await you!

Mark April 13 down on your calendar for tickets to an exciting spring event. The Women's Club of Inverness will host their annual fashion show—and what a dazzling event it will be! Proceeds are distributed among community-based organizations and scholarship grants.

Until next time, may all your thoughts be sunny.

With warm regards, Glenne McMonigal Editor, *Lifestyles Magazines*

About Our Cover

A black napa leather zip-front jacket teams with a black tropical wool sleeveless dress. Liz Claiborne.

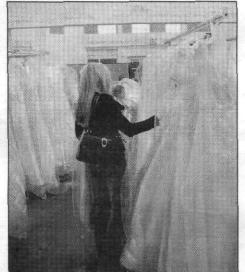


Bridal Faire and March Madness Return to House of Hope

House of Hope Resale in Barrington cordially invites all prospective brides, their families and friends to the second annual Bridal Faire benefiting Project Hope on Saturday, March 10. An extensive collection of designer wedding gowns, formalwear and bridal accessories will be offered in a festive setting adjacent to the store. The event premiered last year and shoppers from all over the Chicagoland area lined up early for good reason-the gorgeous gowns, many retailing well into the thousands, are sold during the event for just \$50 each. "The very first dress I tried on was my dream dress," said one bride. "I never felt more beautiful in all my life. And smart, too-the dress retailed for \$2,400."

We receive wonderful support for this event from area bridal salons and boutiques," said Caryn Habley, store manager. They provide a beautiful selection of designer samples and custom gowns in every style and size." Word of the unique fund-raiser is spreading far and wide. Among this year's donations are brand new formalwear and prom dresses shipped all the way from Louisiana. "The idea is really gaining momentum," noted Habley. "This is a tremendous opportunity to save money on a stunning gown for a wedding, prom or quinceanera while raising funds to help those less fortunate in our community.

only, Saturday, March 10, from 8 a.m. to 6 p.m. Refreshments will be served throughout the day. The event coincides with House of Hope's annual March Madness Sale, a 50%-off storewide event running March 7 through 10th. The sale includes everything—even furniture, collectibles Main streets in downtown Barrington. The and new arrivals. "Our Madness Sale is wildly popular," remarked Janet Daboub, co-manager. "The entire store is 50% offnothing is held back." The sale concludes Delivery service is available for a nomiwith a special \$3-per-bag sale on clothing, nal fee. For more information, please call toys and books from 4 to 6 p.m. on Sat- 1-847-756-4673.



Miles of tulle and satin greeted savvy shoppers who browsed hundreds of designer bridal gowns and formal dresses during last year's Bridal Faire benefiting Project Hope. Many saved thousands, found one or more "dream dresses" for just \$50 each.

urday only. "Come early in the week for the Madness Sale and come back for the Bridal Faire," Daboub suggests. "Or come for the Bridal Faire and stay for Madness —both are special opportunities not to be missed." All proceeds benefit Project Hope, providing emergency assistance to Northwest Suburban families in crisis for The Bridal Faire will be held one day more than 20 years. "Events like these are very important to us," remarked Sister Lorraine Menheer, Project Hope founder. "So many people are depending upon our success.

> House of Hope Resale is located at 200 N. Hough St., just north of Hough and store is open Wednesday through Saturday from 10 a.m. to 4 p.m., with special hours on March 10 from 8 a.m. to 6 p.m.

Arnette C. Lines School **Dinner Dance Fund-Raiser**



The Lines School Dinner Dance committee has been hard at work putting together donations, invitations, student artwork and decorations for the school's semiannual fund-raiser. This year's event, Denim and Diamonds, is being held at the new Renaissance Hotel and Conference Center in Schaumburg on Friday, March 16 at 6:30 p.m. The evening will feature entertain-

ment provided by Energy Productions, open seating and gourmet food stations providing a large variety of delicious

The fund-raiser will include two fabulous prizes—the first includes a beautiful diamond necklace for her along with Chicago White Sox tickets for him; the second, a six-person dinner prepared and

"Seeds of Hope... Planting a Future!" **Catholic Charities Northwest Suburban Services 18th** Annual Hearts for Homeless Families in Transition Benefit

In Celebration of Catholic Charities' 90th anniversary, the Rev. Michael M. Boland, administrator, president and CEO of Catholic Charities, along with Catholic Charities Northwest (NW) Suburban Services, present "Seeds of Hope...Planting a Fu-

The 18th Annual Hearts for Homeless Families in Transition Dinner and Auction, a fund-raising event for The Catholic Charities' North/Northwest Suburban Shelter Program based in Des Plaines, will be held at 6 p.m. on Saturday, April 14, at The Stonegate Conference & Banquet Centre, 2401 W. Higgins Road in Hoffman Estates. Valet parking will be available.

WGN personality Lou Manfredini will serve as auctioneer and master of ceremonies for the benefit which includes a cocktail reception with hors d'oeuvres, silent auction, four-course dinner with wine followed by a live auction. The cost is \$100 per person or a table of 10 for \$1,000 (\$40 per ticket is tax deductible). Please respond by April 4 to Hearts for Homeless Families, c/o Catholic Charities Northwest Suburban Services, 1717 Rand Road, Des Plaines, IL 60016.

Lou Manfredini (aka "Mr. Fix It") has become one of the staples of the WGN family, hosting a lively, witty, entertaining and informative Saturday morning talk show on WGN radio.

Benefit committee co-chairs are Judy Kenzior and Beth Grabowski, Arlington Heights. Their committee members are John Altmeyer and immediate past-benefit chairperson Adrienne Fitzgerald, Buffalo Grove; Pat Cox, Long Grove; Mark Cramer, Hoffman Estates; Sharon Cuttone, Paul Grabowski, Susan Hoffman, Jeffrey K. Miller, Ann Marie Saternus and Christopher Saternus, Cindy Platt, Valerie Zondio, Arlington Heights; John Jilek, Sleepy Hollow; Denise Kendra-Yonkers, Prospect Heights; Bob Lindeman, Schaumburg; Cheryl Margiewicz, Chicago; Glenne McMonigal, Crystal Lake; George Moser,



The Rev. Michael M. Boland



WGN personality Lou Manfredini

Catherine Mura and Romeo Mura, Barrington; Patrick Mullaney, Elk Grove Village; Suzanne Skala, Palatine; JoAnne Vrablik, Inverness; and Sandra Yates, Rolling Mea-

"Founded in 1989, Catholic Charities Northwest Suburban Services Family Shelter has provided new life for over 230 homeless families with children. The families live in scattered site apartments and receive professional counseling in budgeting, parenting and health assessment and in development of job and educational skills," reports Cheryl Margiewicz, NW Suburban Services representative and event facilitator.

To receive an invitation or more information on the Hearts for Homeless benefit and The Catholic Charities' Northwest Suburban Services and how they may help you or someone who needs help, please phone 1-847-376-2118.

Highlighting the evening, the sixth annual Stephen O'Brien-Combs Heart of Charity award will be presented to the employees of Consorta. Based in Schaumburg's Corporate Center, Consorta, a leading health care resource management and group purchasing organization, has faithfully provided food for The Catholic Charities' Northwest Suburban Pantry and the Tuesday/Thursday Supper Program. They also generously donate toys and Christmas gifts for families in need.

Some of the many prizes, silent and live auction items include St. Nicholas Ball tickets, a mountain-top week in a Teton Village condo in Jackson Hole, Wyo.; Cubs, Sox, and Bear games tickets; a twohour Lake Geneva scenic cruise for 24 on the Diamond Lady, a 58' double-deck Bluewater Yacht; and "A Day at the Races" for 16 in a Family Sky Suite at Arlington Park. Also included are lawn and garden, clothing, jewelry, spa, casino, dinner, theatre, nightclub, sports, city and country getaway packages with more coming



served at Sam and Harry's, located in the Renaissance Hotel. The live auction will include two fur-lined shearling coats for both him and her and Adirondack chairs painted with student artwork. The silent auction will also include fun items made by the students and many other wonderful donations from the school staff, parents and Barrington community.

The Lines PTO, which organizes the event, is raising funds to provide equipment for the school's media center and physical education department. Anyone interested in making a donation or interested in tickets to attend can contact either Tracey Braun at 1-847-304-4822 or Amy Wierzbicki at 1-847-381-6920.

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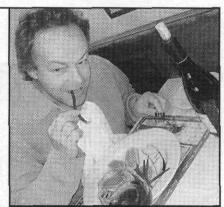


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Ms. Doran is licensed in Illinois, all Illinois federal courts, and is a member of the Federal Trial Bar. She is a past chairperson of the Employment Law Committee for the Northwest Suburban Bar Association, a past president of the Barrington Area Professional Women, and a member of the National Employment Lawyers Association.

Communication Breakdowns Under the Americans With Disabilities Act

by Joette S. Doran, J.D.

If an employee is injured or suffers serious illness, numerous federal and state laws may be implicated. The Americans With Disabilities Act (ADA), applies where an employee suffers from a permanent disability as a result of an injury or illness. An individual with a disability is a person who has a physical or mental impairment that substantially limits one or more major life activities. A qualified employee with a disability is an individual who, with or without reasonable accommodation, can perform the essential functions of the job in question. A reasonable accommoees readily accessible to and usable by



dation may include, but is not limited to making existing facilities used by employ-

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at Assemblé and the positive response to our larger space and even larger selections has everyone on their toes! We know our customers and have the trends programmed for you-no wardrobe dilemmas-that's what makes us a hot little destination for you savvy shoppers-start cleaning your closets we're ready to help you restock for the newest and greatest looks!

Versatile, feminine flourishes, seductive silky fabrications, Asian influence-and edgy slim silhouettes—all the inspiration you'll need to launch you into the new season is here now at Assemblé!

The rise of the empire-waisted dresses and tops add a distinctly romantic note to fashion, while soft and drapy tees in burnout and marbleized fabrications offer an edgy approach to spring, particularly when paired with a slim jean from David Kahn, or perhaps our cropped pants from

Spring is in full bloom in our new home Christopher Blue for a more relaxed look. On the other hand, our drapy, babydoll tees create a rather whimsical look to casual dressing.

> A sportier direction in capris comes from XCVI and Billy Blues. Cargo pockets, snaps, a loose fit or a drawstring waist provide the options of dressing up or

> Big this month are dresses. Our collection ranges from silk chiffons to the "skirt/dress," to wraps, halters and cotton daytime staples from 3 Dot.

> We're here to offer you this month's most irresistible fashion finds, and show you how to wear the looks. You can be adorably chic with just the right pieces. It's our forte! Those of you who already shop Assemblé know to visit us often, as sizes go quickly and deliveries are daily!

See va soon!

Chers Amis...

Yes! It is still winter in the Midwest, and all of us have the desire at one time or another to look for warmth and coziness beyond the confines of our house, another temporary home of sorts. This is where restaurants come in handy-some restaurants more than others... OK, let me say it... BISTROS in general, and dare I insist ours, D & J, in particular!

Let me explain. We have a very popular lounge where people spend an hour or two sipping a glass of ???, enjoying an appetizer or two, all the while having a casual conversation with their neighbor or Rocky the bar manager, a little background music, a TV channel that requires no sound... how much "warmer" can that

Or, as a couple, you decide to fight the winter blues. It is a week night, you don't want to pre-spend your weekend budget, so you come to D & J, order our monthly "super prix-fixe" for \$23.50! Browsing through the menu you realize all that D & J has to offer... kid's menu, vegetarian menu, gluten-free menu, homemade ice creams and sorbets, French cheeses, steaks, veal, lamb, fresh fish, poultry, from classic French dishes to BBQ veal brisket, from sashimi to rabbit, an interesting seasonal and reasonable wine list, etc. Quite entertaining indeed! You've just spent two hours, you ask for the check-that too is reasonable... the winter blues are gone!

-Dominique





persons with disabilities, job restructuring, reflects the give-and-take aspect of the modifying work schedules or reassignment to a vacant position.

The ADA requires that employer and employee engage in an interactive process to determine a reasonable accommodation. If a disabled employee shows that her disability was not reasonably accommodated, the employer will be liable if it bears responsibility for the breakdown of the interactive process. In one federal court case, the employee suffered from the disability of depression and requested the reasonable accommodation of a transfer. The court found that the employer failed to engage in the inactive process by responding and then terminated her position under the pretext that she abandoned her position. In addition to holding employers to their obligation to fully participate in the interactive process, the law also demonstrates that if the employee has requested an appropriate accommodation, the employer may not simply reject it without offering other suggestions or at least expressing a willingness to continue discussing possible accommodations. This

interactive process. An employer cannot sit behind a closed door and reject the employee's requests for accommodation without explaining why the requests have been rejected or offering alternatives. As such, the court concluded that the employer "flunked its obligations under the ADA" when, in the face of the employee's repeated pleas for a shift transfer, it refused the request and then did nothing to engage with the employee in determining if any alternative accommodations would be appropriate. For further information, please visit our Web site atwww.joettedoran.com.

This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own

Ms. Doran is licensed in Illinois, all Illinois federal courts and is a member of the Federal Trial Bar. She is the past chairperson of the Employment Law Committee for the Northwest Suburban Bar Association and is a past president of Barrington Area Professional Women.

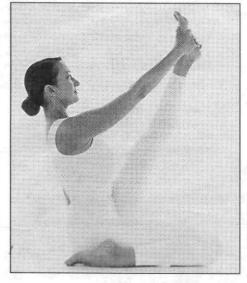
Getting Fit is Always in Season at Studio Pilates

Whether you're a fair-weather fitness enthusiast-one who needs a little extra help shaping up before you put on a pair of shorts, or a serious student of your body's well-being, Studio Pilates Centre of Balance invites you to discover how Pilates and yoga can help you reach your individual goals.

Quite different than any other exercise program, Pilates is based on unique exercises and equipment designed more than 70 years ago by acclaimed fitness expert Joseph Pilates. Derived from the original program first developed by Pilates, the Studio Pilates method of working the deeper muscles to achieve efficient and graceful movement, improve alignment and breathing, and increase body awareness simultaneously delivers stretching and strengthening in a non-impact balanced system of body/mind exercise.

Flexible, self-pacing and affordable, Studio Pilates offers private sessions as well as group equipment and mat classes under the direction of an experienced staff who focus on building strength without "bulking up;" increasing flexibility and agility; developing optimal core control; creating flat abdominals, slender thighs and a strong back, and promises a refreshing mind-body workout.

The principles of yoga are also taught at Studio Pilates including proper exercise, breathing, relaxation, diet and positive thinking and meditation. A favorite pose



that stimulates the abdominal muscles and heart while stretching the hamstrings, pictured here, is Krounchasana (Heron Pose).

Yoga classes promote patience and serenity, connecting your mind and body through relaxation, body awareness, and flexibility exercises. Class size is limited to maximize the experience.

Studio Pilates Centre of Balance offers a convenient, warm, relaxing environment designed to maximize your Pilates experience. Studio Pilates is located in downtown Crystal Lake at 46 Brink St. Phone 815-455-4900. Visit online at www.studiopilates.net.

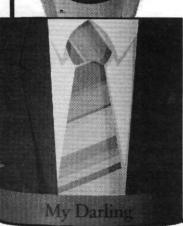
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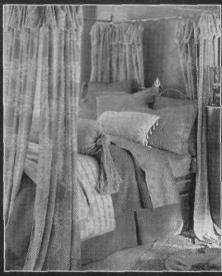
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Big Bellora Sale up to 35% OFF Select Styles

Just in time for spring you'll find 35% OFF select patterns in Bellora. These are wonderful florals, plaids and solids that will coordinate with anything. The color palette is pinks, greens, blues, and white percale with embroidered stripe. New spring colors are in and include lavender, hot pink and green. Also new linen mixes for any style room.

Want a Great Deal on a **New Bedding Ensemble?**

We need to make room for the new spring fashions, so we are offering our display bedding at ridiculously fantastic discounts. Hurry in now as there are only 20 display ensembles available.

Included in this sale is bedding from Anichini, DEA, Tomasini, Bellora, Global Weave, SDH, La Erba, Peacock Alley, Sferra and more.

This bedding will be sold in complete ensembles only. Stop in or call for more

What's New???

HomeSource now offers "certified ORGANIC" cotton towels AND sheet sets! The color is natural, the feel is soft, and the price is fantastic.

HomeSource also has a wonderful (and colorful) palette of microcotton towels, and they just came out with a ribbed matlesse shower curtain and bath rugs to match in all of the towel colors.

FOR YOUR WINDOWS-Come in and check out the new spring colors of Silhouettes, ShangriLa's and Cellular Shades. You can also see the new colors for wood blinds as well. We offer unique solutions for your window treatment needs, just call for your free in-home consultation.

We are located on South Cook Street in Cook Street Plaza. Our store hours are Mondays from 10 a.m. to 5 p.m., Tuesday through Saturday, 10 a.m. to 6 p.m., and Sundays, 11 a.m. to 3 p.m. Call today at 1-847-277-1480 or visit our Web site at www.luxurylinensofbarrington.com.

Church Women United Elects Officers



Church Women United of the Barrington Kelley Kepes, Faith Community United Area held its annual meeting on Friday, Feb. 2 at St. Mark's Episcopal Church in Barrington Hills. Representatives from 15 member churches were present and elected officers for the coming year.

Pictured are (from left) Joan O'Halloran, Sts. Peter and Paul Catholic Church, Cary, Nominating Committee; Faith Semla, Barrington, program chair; Betty Reed, Barrington United Methodist Church, director and Nominating Committee; Linda Osikowicz, Barrington United Methodist Church, Nominating Committee; Lorraine Metzler, St. Peter United Church of Christ, Lake Zurich, Nominating Committee; Mary Anderson, Lutheran Church of the Atonement, Barrington, corresponding secretary;

Church of Christ, Prairie Grove, president; Evelyn Pritchett, Faith Community United Church of Christ, Prairie Grove, director; and Candee Nustra, Federated Church of Wauconda, president-elect.

Not pictured are Laurie Badovinac, Lutheran Church of the Atonement, Barrington, treasurer; Rozann Shackleton, St. Paul United Church of Christ, Crystal Lake, recording secretary; Lucy Luce, St. Peter United Church of Christ, Lake Zurich, Nominating Committee; Carol Laning, St. Anne Catholic Community, Barrington, Nominating Committee; and Mindy Fransen, St. Anne Catholic Community, pastpresident and director.

Breakfast at Tiffany's

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Friends of Home of the Sparrow (FOHS) sonal stories of past clients who have be-Tiffany's" morning on Thursday, April 12, 9:30 a.m. at Wynstone Country Club, 1 S. Wynstone Drive, North Barrington.

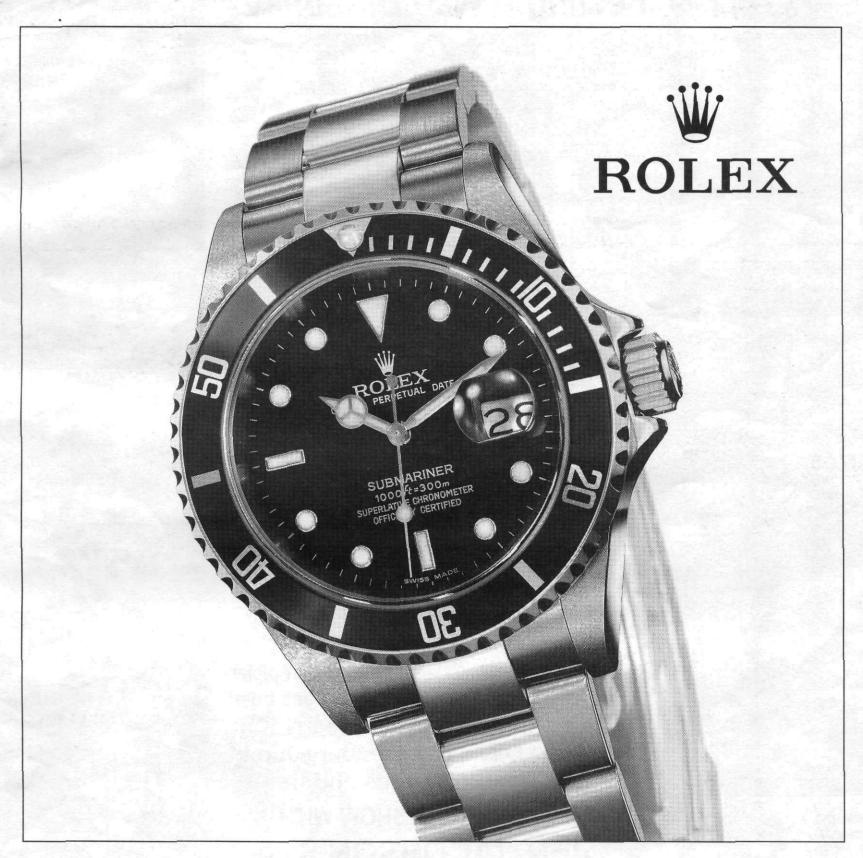
This event serves as the annual meeting of FOHS volunteers, so is a good opportunity to find out about the work of the Sparrow organization which supplies transitional housing, counseling and jobskills training to women of the northwest suburbs who are facing the possibility of homelessness. The reasons for this situawill be moved when you hear the per-

invite you to join them for a "Breakfast at come self-sufficient members of society through the "second start" opportunity offered by the Sparrow programs.

Friends of Home of the Sparrow participants provide monetary as well as various types of volunteer contributions to the Sparrow cause. We invite you to attend and become familiar with this worthwhile

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To reserve your place at the table, tion are many, and we are sure that you please phone Jan at 1-847-277-0407. Tick-



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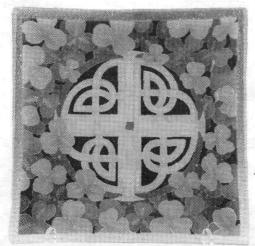
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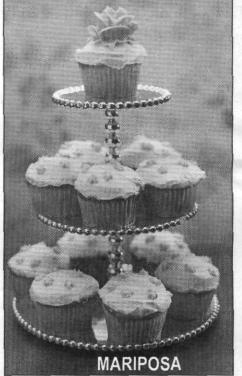
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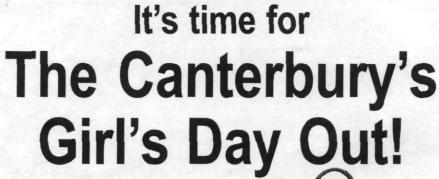
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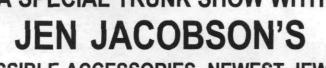
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Four Seasons Garden Club to Focus on Flower Photography

The March meeting of the Four Seasons Tuesday, March 6 at the Barrington Area Library located on Northwest Highway. The business meeting will be followed by a presentation titled "The Challenge of Flower Photography" by Pat Wadecki. Guests are welcome.

Pat Wadecki is a retired teacher who is also a professional photographer specializing in wild flower photography. Her presentation is sure to help you in photographing flowers as well as your garden and home.

The Four Seasons Garden Club meets Garden Club will be held at 9:30 a.m. on at 9:30 a.m. on the first Tuesday of each month, September through June. The meetings are usually held in a member's home or at the Barrington Area Library. Meetings include a social coffee, visiting among members and guests, a short business meeting, and a presentation or demonstration concerning some aspect of gardening and gardening interests. For further information regarding the club or its activities, please contact Lenore Lawrence at 1-847-381-2883.

Anti-Bullying Workshop

An Anti-Bullying Workshop will be held on Saturday, March 10 from 3:30 to 5 p.m. at the Barrington Martial Arts studio at 123 Barrington Commons Plaza in Barrington. Taught by Master Lawson, the workshop will address the mindset of the bully and give reasons for why they are bullying others. Solutions to this epidemic will be discussed along with means of nonviolent self-protection. This is a hands-on workshop and participants will get a chance to use the tactics and techniques learned. Parents are encouraged to attend with their children. Anti-child-abduction techniques and tactics will also be shown.

For more information, call 1-847-382-



9599. To register, call the Barrington Park District at 1-847-381-0687. The cost is \$25 for residents of the Barrington Park District and \$31 for those out-of-district.

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New Spring Items Arriving for Men at Peter Daniel

Spring will soon be upon uswe're ready with some great new looks for men from some of the finest makers in the industry.

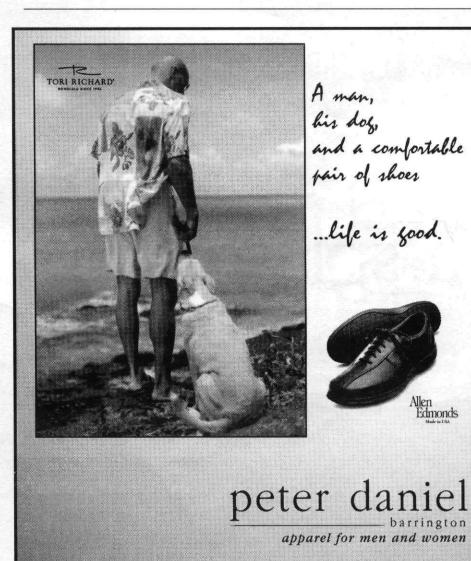
We are pleased to feature Cutter & Buck this spring. We will offer several innovative items from this popular sportswear line. Outplay the elements with CB DryTec polo shirts. This lightweight, quick drying shirt naturally wicks moisture away from your skin, so you stay cool and comfortable. Count on CB WeatherTec windshirts and jackets to keep you dry and comfortable, whatever the forecast. And WeatherTec sportswear won't interfere with your golf swing or tennis serve, either.

Treat your feet to comfort with AllenEdmonds shoes—one of the best shoemakers in the worldmade in the USA. This spring we offer the Capri-a new woven slip-on in a rich tan color. One of the best boat shoes available is the Eastport from AllenEdmonds. We have it in British Tan-and it can also be ordered in brown or navy. If you're a tough-to-fit size, Allen-Edmonds is the answer to your

peter daniel

quest for comfort—with sizes available from 6 to 16 and widths from AAA to EEE. Other lines available this spring include Lacoste, St. Croix, Scott Barber, Robert Talbott, Ibiza, Jack Victor, Riscatto, Gran Sasso, Tori Richard, Rainforest, and of course, The North Face.

Stop in soon—we'd love to show you what's new.



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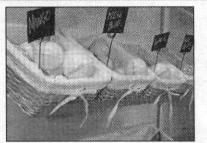
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We're giving you something to soak about! | Show this ad during the month of March and I receive \$5.00 off your purchase of \$20.00 or more! I

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shaving soap • bath confetti • loofah sponges • rubber ducks • massage melts • designer bath robes • bubble bars • pumice stones

 \mathbf{Y} ou'll be splishin' and a-splashin', movin' and a-groovin' at The Garlands. One of the most respected senior living communities in the country, The Garlands provides a little more comfort and a lot more fun! You don't have to dive in head-first, simply get your feet a little wet - stop by and check out our stunning one and two-bedroom residences today.



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You'll love it. Your kids will love it. And your grandchildren will love it too! Senior living has never felt so young.

Availability is limited.

Make a big splash in your new home at the The Garlands today.

splishin' and a-splashin' at grandpa's



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"Sellers' Secrets to Success"

Saturday, March 3, 10 AM. Call 847-304-1996 to reserve your place.

Back by Popular Demand— Barrington's Own Brings the Broadway Hit Love Letters to The Garlands

Husband-and-wife team and Barrington residents, George and Vally Flint, will perform the Broadway smash hit Love Letters by A.R. Gurney on Saturday, March 10, at 7:30 p.m. at The Garlands Center for the Performing Arts, 1000 Garlands Lane, Barrington. The Flints are bringing the show back to The Garlands after a sold-out performance of Love Letters last November. Tickets are \$15 and can be reserved by calling 1-847-304-1996.

The play traces the lifelong correspondence of the staid, dutiful lawyer Andrew Makepeace Ladd III and the lively, unstable artist Melissa Gardner. The story of their bittersweet relationship gradually unfolds from what is written-and what is left unsaid-in their letters to one another. Starting with youthful birthday party thank you notes and summer camp postcards, Andrew and Melissa continue to exchange letters through boarding school, college, subsequent marriage to others and beyond. Their letters make it eloquently clear how much they really meant and gave to each other over the years... physically apart, perhaps, but spiritually as close as only true lovers can be. George directs and plays the part of Andrew. Vally plays the part of Melissa.

George is an experienced actor and director. After retiring from a successful 40-year career as a surgeon, George reignited his old love for the theater by taking on a role as the judge in a professional production of To Kill a Mockingbird. After several more significant roles, he took his second career to a new level and founded today by calling The Garlands of Barthe California-based Renaissance Theater rington at 1-847-304-1996.



Don't miss the husband-and-wife team of George and Vally Flint in the romantic hit Love Letters by A.R. Gurney at The Garlands of Barrington.

Company. For the next decade, George went on to produce and direct several award-winning theatrical performances in the San Diego area before relocating to The Garlands of Barrington earlier this

Inspired by having access to The Garlands' own Center for the Performing Arts, George decided to bring the Broadway hit Love Letters to his new community. In his first decision as director, George cast Vally, his real-life co-star and soul mate, as his character's soul mate.

Tickets are on sale now for the March 10 performance of A.R. Gurney's Love Letters and are \$15 each. Reserve your tickets

AAUW Upcoming Events

The American Association of University Women (AAUW), Barrington Area, Illinois Branch will be holding their annual winter luncheon, co-sponsored by the Barrington League of Women Voters, on Saturday, March 17, 11:30 a.m., with Martha Atherton speaking on "Building Bridges Between Women Leaders Throughout the World." It will be held at The Garlands in Barrington. Call Kay Bogolin, 1-847-277-9407, for reservations.

Abide With Me by Elizabeth Strout is the book for the Luncheon Book Discussion on Wednesday, March 14, noon, at The Garlands in Barrington. Loretta is chair, 1-847-381-5012.

Thursday, March 15, the Daytime Bridge Group will meet in a member's home. Each player donates \$2 each month to support the AAUW Educational Foundation. Call Bobbie at 1-847-381-3315.

Marley and Me by John Grogan will be discussed by the evening book group in a member's home, Tuesday, March 27, 7:30 p.m. Peg is chair, 1-847-381-4791.

The Great Decisions study group meets at the Barrington Library on Tuesdays at 1 p.m., to discuss current international issues using materials prepared by the Foreign Policy Association. There is one subject per week, and the last three are in March; meetings are on the 6th, the 13th, and the 20th. Contact Bobbie Svacha at 1-847-381-3315 for further information.

Membership is open to any graduate of a qualified educational institution. Guests are welcome to attend two meetings/ events prior to joining AAUW.

Membership co-chairs of the Barrington AAUW are Anne, 1-847-772-4507, and Preeti, 1-847-222-0599.

Art Show and Reception

Northwest Cultural Council/Kimball Hill through April 21. A complimentary recep-Galleries at 5999 New Wilke Road, Suites 307 and 308, Rolling Meadows, will be hosting the artwork of Little City Founda-Association (NWSRA) Artists, a group show by physically and developmentally challenged children and adults on March 13

tion will be held on Sunday, April 15 from 2 to 4 p.m.

For more information, please e-mail tion and Northwest Special Recreation northwestculturalcouncil@yahoo.com, visit www.northwestculturalcouncil.org, or call 1-847-956-7966.

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Little Shop of Papers is located in The Foundry at the corner of Hart Road and Route 14, in Barrington.





Is It Spring Yet?

We've really experienced a true winter, haven't we? Don't despair, it has to be over with soon! You would not guess that it is still winter at Satin Filly with all the wonderful spring merchandise that is

Spring has sprung at Satin Filly... dresses are a must-don't be surprised with their above-the-knee hemlines. Gorgeous skirts from Lafayette are sure to please. Great T-shirts and ves. shorts. Shorts this season vary from just above the knee to further north, which most of us would call "hot pants," as we did 20 vears ago.

Metallics are very strong for spring and have been received well. We've had jackets in silver, gold and bronze. Also, skirts in St. Lucia with the frogs.

and metallic soft gold shorts (not for everyone but definitely for some).

March brings our Yansi Fugel Trunk Show-starting March 7 through the 10th. Yansi never disappoints in supplying us with truly wearable clothing—it is always timeless, classic and current. Those of us who wear it, love it for travel-it doesn't wrinkle, and of course, the fact that most of the pieces are washable make it a definite favorite. I urge vou to come and take a look. We have it in the store

In the meantime, think spring... think spring break... Satin Filly has darling "take-away" items that would love to spend a week in Cancun, Maui or like me,

Simple Abundance Resale Shop **Celebrates First Anniversary**

Join us at Simple Abundance on March 16 and 17th for refreshments, door prizes and spectacular savings as we celebrate our first anniversary. Have you visited us yet? It's surprising how BIG a "small" Barrington shop can be! Located in The Foundry on Northwest Highway, Simple Abundance is a 6,000-square-foot retail area of simply spectacular stuff. Inventory changes weekly resulting in a wide range of furnishings. Our offerings include beautiful sofas, stylish coffee tables, dining room sets, headboards, lamps, antiques, armoires, rocking chairs, artwork, and vintage children's furniture. In addition, our benefactors have donated china, glass, silver sets, rare and sometimes strange vintage pieces, bric-a-brac for every taste, jewelry, and decorative items that are just plain FUN. This month we are introducing hard-bound books, vintage handbags, and women's accessories to our collection.

We pride ourselves on keeping our prices affordable. Simple Abundance is truly a shop for all. Our furniture has fit the bill for people in every walk of lifefrom those who are redecorating, furnishing a first home, furnishing a vacation home, filling an apartment, outfitting a college dorm room or setting up a new



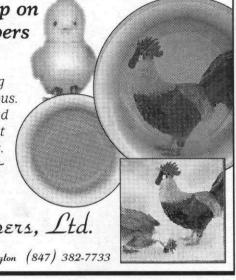
baby's room, to designers looking for that perfect something for a client. The store is set up like a comfortable showroom and the mood is easy and casual. Customers are free to browse "until their hearts content" and enjoy coffee or water while they explore. "Non-shoppers" (you know who you are) are welcome to try out the comfort of our furniture while their friends peruse the possibilities. Prices are extremely reasonable and items originally priced above \$100 are reduced 10% each month until they are sold. It's worthwhile to stop and keep your eye on something you admire, but don't wait too longit might disappear! While you're visiting Simple Abundance, don't forget to add your name to our mailing list and also use

No need to hunt-just hop on over to Little Shop of Papers for Spring goodies!

Little Shop of Papers has everything to make your Spring celebration joyous. Pick up charming paper plates and napkins and adorable gift bags just waiting to be filled with Easter treats. And check out our collection of basketboosting chicks and bunnies!

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1st Anniversary Celebration

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Join us for Refreshments, Surprises, Spectacular Savings!

our Wish Book. If you are looking for something specific, just jot it down and if it comes in we will give you a call.

We rely completely on the generosity of our donors and are always looking to expand this wonderful group. If you have something you would like to donate, please call and we will arrange to have it picked up. We are also in need of volunteers to help keep our merchandise in top shape and to attend to the shoppers. If you are handy or have a knack for painting (faux or no), you are invited to let your imagination run wild and have a great time transforming items in our workroom. We would love to have your company and creativity! Pickup crews are also needed for those wanting to help a good cause. Hours are flexible and it helps if

Simple Abundance exists to support Fellowship Housing, a local nonprofit organization, whose mission is to provide transitional housing and holistic mentoring to guide single mothers and their children from crisis to long term stability and independence. For more information about Fellowship Housing, visit www.fhcmoms.

Simple Abundance is located in The Foundry at the corner of Hart Road and Northwest Highway in Barrington. We are open Tuesday through Saturday from 10 a.m. to 5 p.m. Parking is very convenient and the store is handicapped accessible. For more information, please call Simple Abundance at 1-847-277-1015. We hope to see you soon!



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BHS Chess Team Wins the MSL Championship



For the fourth consecutive year, the BHS latine High School. Jeff Doles is the BHS Chess Team has captured the MSL title. Chess coach. Since September of last year, This year they are co-champions with Pa- the BHS Chess Team has competed in

Swing into Spring & See What's New at Deer Park Town Center

March finally brings the much-awaited back and hotter than ever this spring. season of spring. People everywhere rejoice at the thought of the sunny days, flowers blooming and warmer weather. At Deer Park Town Center, all kinds of fresh and new items are popping up in over 70 stores, restaurants and service providers. To get into the spirit of the season, be sure to stop by our outdoor "lifestyle" center soon! The best time to shop for spring is now for Deer Park Town Center has a great offer you won't want to

This spring, Deer Park Town Center has an exclusive enter-to-win opportunity for its shoppers. This great promotion is good March 16 through April 12. Enter for a chance to WIN a queen-size Sleep Number 5000 bed set. No purchase necessary. Sponsored by Select Comfort. The Select Comfort store at Deer Park Town Center is located near Century Theatres in Suite 120. Enjoy deeper, restorative sleep on The Sleep Number Bed by Select Comfort—the bed is clinically proven to improve sleep quality. At the touch of a button, adjustable air-chamber technology helps reduce the pressure points that can cause you to toss and turn, so you'll awake refreshed. Visit the Select Comfort store at Deer Park Town Center to find your Sleep Number bed today!

Swing into spring with fashionable accessories from head to toe found at Deer Park Town Center. Fashion belts are

Wide belts are popular when paired with a long camisole or tank and draped low on the waist. Another accessory that is a staple with any spring ensemble are ankle leggings. From black to colorful with print, leggings can make quite the statement in class or at play. You'll find these and other great accessories at American Eagle Outfitters, Banana Republic, and Ann Taylor.

Deer Park Town Center features over 70 stores, including Williams-Sonoma, Go Roma Italian Kitchen, and Ann Taylor. Shopping hours are Monday through Saturday 10 a.m. to 9 p.m., and Sunday noon to 5 p.m. For more information about the center including the center-wide gift card program, please call 1-847-726-7755 or visit www.shopdeerparktowncenter.com.

Deer Park Town Center is owned and managed by Developers Diversified Realty, the nation's leading owner, developer and manager of market-dominant community centers. The company currently owns and manages approximately 500 operating and development retail properties totaling more than 115 million square feet of real estate in 44 states and Puerto Rico. Developers Diversified Realty is a self-administered and self-managed real estate investment trust (REIT) operating as a fully integrated real estate company which develops, leases and manages shopping centers. For more information, visit www.ddr.

weekly chess matches with the Mid Suburban High School League in order to win the MSL Title.

The Barrington Chess Program and GM Yury Shulman won the Governor's Award in the fall of last year. They were selected for the award from the State of Illinois because "the program fosters volunteerism, leadership and service. Through their tournaments and other program activities, students and others involved with the group have reached out to their community as well as the international community." Chess students are encouraged to take on leadership roles from serving as project leaders to assisting in directing tournaments. GM Shulman and his students have volunteered to teach chess in inner city Chicago Public Schools along with delivering books and supplies. Book

drives conducted in chess clubs at District 220 schools have been successful because of the generosity and contributions of the entire community and parents.

During spring break this year the chess clubs are offering a volunteer opportunity to teach chess in an underprivileged school in Berlin, Germany. The program will be lead by James Redfield, a Fulbright Scholar and Dartmouth graduate, who is currently working in the school as well as the Max Planck University in Berlin. Any chess enthusiast is welcome. A parent must accompany any child under 18 years old. This is not a school-sponsored event. For questions please call Rishi Sethi at 1-847-382-5410. Information will also be posted on GM Shulman's Web site, www. shulmanchess.com.

Think Spring!

Now that March is approaching, it's time to think about your spring vacation plans. Maybe you're heading south for a warm tropical getaway, or west to hit the slopes. No matter where you're going, you want to look your best.

It's time to spruce up your highlights, cover that gray and get your manicure and pedicure. The team at **Elevation Salon** is excited to get you ready for spring break! Even if you're not going away, treat yourself to a relaxing day at **Elevation Salon**.

Elevation Salon is conveniently located one block west of Kelsey Road on Northwest Highway in Lake Barrington. Call **1-847-304-5970** for an appointment.



Art and Music in Turn-of-the-Century Paris

Each year the Art Institute (AIC) and the Chicago Symphony Orchestra (CSO) present a joint program which combines an art topic with appropriate musical selections. "Embracing the Avant-Garde: Art and Music in Turn-of-the-Century Paris" is the designated title of the joint seminar to be held on Friday, March 23 at Orchestra Hall, Symphony Center. This topic has been especially selected to coincide with an exciting new exhibition the Art Institute will host now until May 13.

Gloria Groom will present the art portion of the combined program with a lecture focusing primarily on the subject of the exhibition, Ambroise Vollard (1867-1939). Vollard is credited with putting modern art on the map by launching the careers of some of the most important artists of the time. Groom, in her discussion entitled: "Ambroise Vollard: Marketing Modern Art" considers Vollard as possibly the most prescient contemporary art dealer of his generation. Abandoning his legal career in his early 20s, he opened a small art gallery and set about commissioning paintings, illustrations and prints from artists who have since become household names: Vincent van Gogh, Paul Cezanne and Henri Matisse. Drawing upon a wealth of previously unpublished materials this unique exhibition will shed new light on Vollard's marketing strategies and on his unusual relationships with the artists he promoted, exhibited, and sold.

Groom has worked at the Art Institute since 1984 and has been involved in a number of internationally acclaimed exhibitions, including the Art of Paul Gauguin, Odilon Redon: Prince of Dreams, and Renoir's Portraits: Impressionists of an Age. Groom received her Ph.D from the University of Texas with a specialty in late 19th century French painting and has studied in Paris at the Sorbonne. Currently, she is the David and Mary Winton Green Curator in the Department of Medieval through Modern European Painting.

Following a brief intermission, the CSO



Image attributed to Pablo Picasso, The Old Guitarist.

portion of the combined program will focus on music reflecting the same time period.

An optional luncheon at the AIC is available by reservation only.

The cost is \$50, which includes the lectures, musical program and transportation. An optional luncheon at the AIC is \$24. Reservations are due by March 2. Members can send checks to Day Chair Mrs. Charles Sebastyan, 1-847-359-4061. This excursion is open only to Barrington/Northwest Community Associates (B/NWCA) members.

Schedule

At 8:15 a.m., bus departs Langendorf Park parking lot; 8:45 a.m., bus departs Harvest Bible Church parking lot; 10 a.m., AIC lecture, Orchestra Hall, Symphony Center; 11 a.m., intermission; 11:30 a.m., CSO lecture and musical program, Orchestra Hall, Symphony Center; 1 p.m., lunch available by reservation at the AIC; after lunch, viewing of the exhibition at the AIC; 3:15 p.m., bus departs Chicago.

Goose Island Brewery Tour

Lakeshore Ski and Sports Club will host a Goose Island Brew Pub Beer Tasting and Tour Party on Friday, March 9 beginning at 7 p.m.

The evening's festivities will begin with a social hour and buffet at 7 p.m., fol-

Lakeshore Ski and Sports Club will host a lowed by a brewery tour at 8:30 p.m.

The cost is \$35 per person (cash bar). For further information or to make reservations, call 1-708-786-3992 or e-mail lakeshoreskiandsportsclub@yahoo.com.

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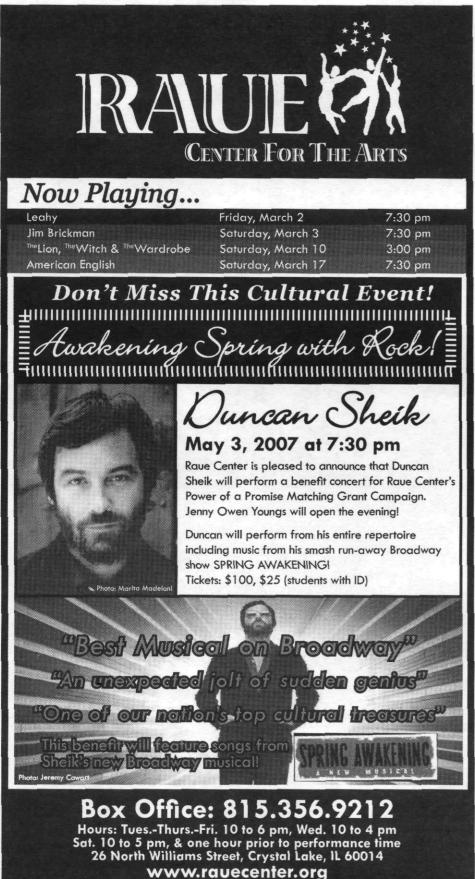


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Belongings Receives Generous Donation from Boulder Ridge Country Club

tion last month from Boulder Ridge Country Club in Lake in the Hills. The generous donation included 885 pieces of Pickard china which will be sold at auction to benefit Wellness Place and Belongings. Jack Wood, Wellness Place president, states "We continue to be amazed at the generosity of people in our greater community. Jan and Ray Plote are faithful supporters of Wellness Place and decided to make this enormous set of fine china available to Belongings. We are pleased that Boulder Ridge has chosen to participate by donating to our store on Cook Street."

Other individuals have also donated and consigned premium items that have sold formation.

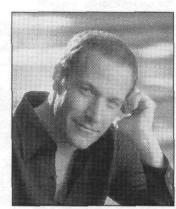
Belongings received a spectacular dona- at auction. Auctions expand the number of potential buyers for more valuable, specialty items. If you have an item that you would like to donate or consign that has exceptional value, Belongings will have the item appraised and seek out the best auction resource to promote and sell the

> Belongings Donation and Consignment Store Hours are Tuesday through Saturday 10 a.m. to 4:30 p.m., and Sunday 10 a.m. to 2 p.m. Select consignments are taken by appointment only on Mondays (exceptions made if needed). Donations are accepted anytime. Free pick up for your desirable donated goods. Please call the shop at 1-847-304-0504 for more in-

Renowned Pianist Jim Brickman to Perform at Raue

Gifted performer Jim Brickman will weave moments from Hollywood's timeless films and rich musical heritage into an unforgettable concert experience at Raue Center For The Arts in Crystal Lake on March 3. Best known for his original songs, like the chart-topping hits Valentine, The Gift and Peace, Brickman brings his composing and performing talents to the theater for one show only at 7:30 p.m. He has composed for the Muppets and for projects on Sesame Street as well as recently joining forces with the legendary Walt Disney Studios to bring an exciting new sound to the classic Disney musical

are available by calling the Raue Center



Box Office at 1-815-356-9212. Visit Raue Tickets are priced at \$51 and \$47 and Center on the Web at www.rauecenter.

Beatles Tribute Band American English to Perform at Raue

One of the world's premier Beatles tribute bands will bring their exciting and historic show to Raue Center For The Arts in Crystal Lake on March 17. Heralded as being "The Beatles incarnate" from original Beatles promoter Sam Leach, American English will provide a unique experience for the ultimate Beatles fan for one show only at 7:30 p.m. The historic show will feature a performance of the entire "Hard Days Night" and "Abbey Road" albums played in the order of their record-

Tickets are priced at \$39 and \$35 and are available by calling the Raue Center org.

Box Office at 1-815-356-9212. Visit Raue Center on the Web at www.rauecenter.

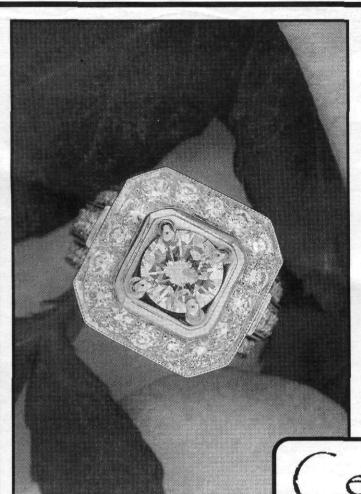
"Less Stress, Please" Breakfast

Moms On The Run invites you and your friends to our "Less Stress, Please" breakfast on March 9 from 9 to 10:30 a.m. at the Arlington Heights Evangelical Free Church, 1330 N. Douglas Ave., Arlington Heights. The cost is \$5. Complimentary childcare is available.

Star Paterson, popular speaker for women's groups across the nation, will share insights on handling the stress factors of everyday life. Paterson relates some of the lessons she has learned as she blends helpful tips with humor and hope. Pater-

son trains and develops leaders, has a background in social work and counseling, and has survived raising three sons. She speaks for retreats, conferences, MOPS (Mothers of Preschoolers), and loves to encourage mothers to view life as an exciting adventure.

Breakfast and childcare reservations are needed by Friday, March 2. Contact Holly Cardona at hcardona@ameritech.net or 1-847-550-8373, or Lin Allen at bonzi245@ hotmail.com or 1-847-358-5909.



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Celebrate Easter at La Strada Ristorante

Celebrate this Easter, Sunday, April 8 at La Strada Ristorante and treat your family to the Grand Brunch Buffet. The entire banquet room will be filled with omelets made-to-order, a breakfast buffet including New Orleans French toast, cheese blitzes with wild berry compote and biscuits and gravy. Guests will also enjoy carved leg of lamb, Virginia ham, pork loin, turkey, tilapia, salmon, shrimp, pastas, Mediterranean spreads, salads, soups, international cheeses, fantastic desserts and much, more.

Bring the children and take a picture with the Easter Bunny who will be making a special appearance!

from 10 a.m. to 2 p.m. Individual and

Easter Brunch Sunday, April 8, 2007 10 a.m. to 2 p.m.

LA STRADA RISTORANTE 2380 Lakewood Blvd. **Hoffman Estates** 1-847-756-1700 lastradaristorante.com

large family reservations are welcome and can be made by calling 1-847-765-1700 or by visiting the La Strada Web site at www.lastradaristorante.com. Adults La Strada Ristorante will be open are \$18.95; children age 3 to 11, \$8.95; children under 3 are free.

Young Artists Sought

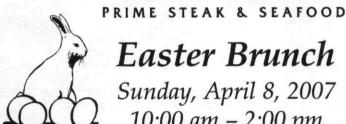
looking for elementary and middle school students in District 220 schools and St. Anne's School to participate in "Youthful Visions: A Young Artists' Exhibit." The exhibit will be on display from April 15 to the 29th at the Ice Hall Mall in Barrington. Home-schooled students are also eligible to apply-call BAAC at 1-847-382-5626 for more information.

BAAC encourages all District 220 schools to apply. "Youthful Visions" is a wonderful way to reaffirm a young student's creativity. For many years, the BAAC Young Artists' Exhibit has been an extraordinary way to foster greater art appreciation in the local youth community. Publicly displaying young adults' artwork gives them

Barrington Area Arts Council (BAAC) is the joy of recognition as well as encourages their creativity. BAAC sees it as a way to give younger students a taste of what happens in the professional art commu-

> Youthful Visions will be a show of twodimensional art only. Sculpture and threedimensional work is not allowed. As in the past years, BAAC emphasizes that this exhibit is not a competition but a friendly venue to display artwork.

> Students should contact their teachers about involvement in this exhibit, and the teachers will in turn contact BAAC. As stated above, home-schooled students can contact BAAC at 1-847-382-5626 for more information.



Easter Brunch

Sunday, April 8, 2007 10:00 am - 2:00 pm



Chef John's Grand Buffet featuring Omelets, Breakfast Buffet, Carved Leg of Lamb, Virginia Hams, Pork Loins, Turkeys, Tilapia, Salmon, Shrimp, Pastas, Mediterranean Spreads, Salads, Soups, International Cheeses and Fantastic Desserts.

\$18.95 for Adults, \$8.95 for Children age 3 to 11 Children under 3 are free Easter Bunny will be on site all day.

Individual & Large Family Reservations Welcome www.lastradaristorante.com or 847-765-1700

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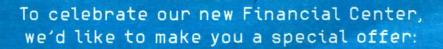


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Barrington LIFESTYLES March 2007

Kaleidoscope— "There's No Place Like Art!"

classes and you will quickly see why Kaleidoscope students young and old agree with 7-year-old Carolyn Hauk who proclaimed in a recent class, "There's no place like art!"

Kaleidoscope School of Art offers a wide variety of fine art classes for children, teens, and adults, starting at age four. Students enjoy the small class sizes, comfortable atmosphere, knowledgeable instructors, and over 20 years of experience providing art education to the community. Art classes offer opportunities for children and adults to learn new skills, build confidence, and experience the wonder and excitement of creating.

Whatever your interest Kaleidoscope has a class that is right for you! Young children will develop fine motor skills and enjoy experiencing art through classes such as Fun Fantasy, Kinder Klay, and Meet the Masters. School-age children can experience Discovering Drawing, Klay Kids, Pet Portraits, Cartoon Fun, and many other exciting offerings. Teens

Enroll in one of Kaleidoscope's fine art will develop skill and ability in classes including Drawing With Confidence, Teen Pottery, Oil Painting, Clay Sculpture, and Cartooning. Additionally, Kaleidoscope offers a variety of home-school classes on Tuesdays, Wednesdays and Thursdays.

Kaleidoscope also welcomes adult students of all abilities. Success in Drawing, Introduction to Oil Painting, Watercolor, Portraits, Calligraphy, Mosaic, and Pottery, are some of our class offerings for adults. Kaleidoscope invites everyone to attend our "Adult Student Gallery Show" on Friday, April 20 at Kaleidoscope from 6:30 to 9 p.m. to enjoy the artwork of our adult students.

Kaleidoscope's spring classes begin on Monday, April 23, and run for six weeks. Spring registration begins on Saturday, March 4. Please call today for more information and a free brochure 1-847-381-4840. Kaleidoscope School of Art is located in Barrington at 316 W. Main St., just two blocks west of the Jewel/Osco

Citibank Hoffman Estates Opening February 2007

As part of its commitment to provide superior products and services and expand its retail distribution network, Citibank is pleased to announce the opening of its new full-service Financial Center located at 2550 N. Sutton Road, Hoffman Estates,

"Citibank is thrilled to open this new Financial Center in Hoffman Estates," said Ed Pavlovich, Manager of the Financial Center. "We are proud to be part of this community and to provide innovative financial products and services to meet all of our customers needs."

The new Citibank Financial Center provides solutions for consumers and small businesses to help them meet their financial goals. Our innovative products and services include personal and business banking, investment accounts, mortgages, and insurance. The new Financial Center also offers clients the opportunity to complete Citipro, a complimentary financial needs checkup program that focuses on helping them achieve financial balance.

Citibank's Hoffman Estates Financial

Center offers two ATMs and is open Monday through Thursday from 9 a.m. to 5 p.m., Friday 9 a.m. to 6 p.m. and Saturday from 9 a.m. to 1 p.m. Representatives will be able to assist customers in English, Gujarati, Hindi, Thai and Spanish languages. Consumers are offered aroundthe-clock banking using on-site ATMs, online banking, and telephone banking ser-

Citibank is a member of Citigroup, the leading global financial services company, which has some 200 million customer accounts and does business in more than 100 countries, providing consumers, corporations, governments and institutions with a broad range of financial products and services, including consumer banking and credit, corporate and investment banking, insurance, securities brokerage, and wealth management. Major brand names under Citigroup's trademark red umbrella include Citibank, CitiFinancial, Primerica, Smith Barney, and Banamex. Additional information may be found at www.citigroup.com.

The deadline for the April Issue is Thursday, March 15.

Please send your press release/advertising materials to:

Lifestyles Magazines c/o Editor P.O. Box 293 Crystal Lake, IL 60039-0293

or e-mail: editor@lifestylesmagazines.com

(815) 459-4820 Please include your phone number.



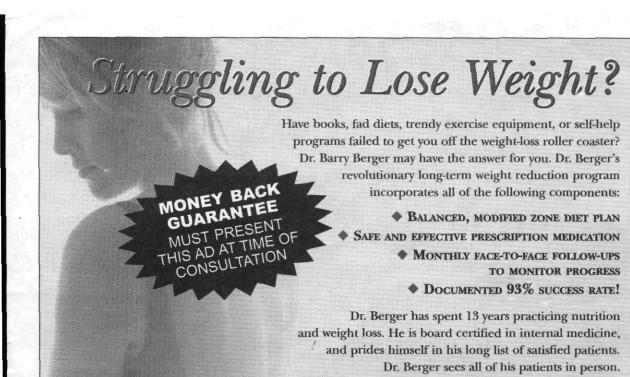


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New Weight Loss Program Shows Dramatic Results

Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 12 years, introduces a new weight loss program. This program is based on the 40/30/ 30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing



fat and carbohydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.

Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering your current lifestyle, exercise and diet habits.

Dr. Berger has thousands of satisfied patients. Insurance usually pays for some or most charges, (sorry, no HMOs).

To begin a weight loss program that really works for you, call 1-847-438-2454 in Lake Zurich or 1-847-291-0772 in Northbrook to make an appointment for your consultation today.



Barrington Woman's Club to Enjoy Irish Wit and Wisdom

The wearing of the green will be appropriate for the March 21 meeting of the Barrington Woman's Club. The Nippersink Rogues, a musical duo, will share their passion for the wit and wisdom of the Irish tradition as they perform tunes filled with both gaiety and sadness.

Tom Steffens and Mike Knauf have been performing for more than 20 years. Their music embodies the love of freedom that has sustained the Irish peoples through hard political times and their dignity and sense of self-worth, empowering them to breach cultural, economic and social barriers. Each of them has an impressive background and performance credits in recognition of their vocal and instrumental

This delightful program will be held at Port Edward Restaurant, 20 W. Algonquin Road on the Fox River in Algonquin. Cocktails will be available at the cash bar beginning at 11 a.m. Lunch will be served at noon and the entertainment will begin at 1 p.m. Lunch will include soup of the day, entrée, brandy-ice dessert and choice of coffee, tea or iced tea. Guests may indicate their luncheon selection on their check. Entrée choices include herb-crusted chicken salad tossed with mixed greens, smoked ham, crumbled blue cheese, red onions and homemade Italian dressing; shrimp and scallops steamed over rice pilaf and vegetable of the day; or salmon filet with champagne dill sauce, rice pilaf



Tom Steffens (left) and Mike Knauf are The Nippersink Rogues.

and vegetable of the day. The cost is \$18 and checks may be made out to Barrington Woman's Club and mailed to Betsy Marquardt, 726 Old Barn Road, Lake Barrington, IL 60010. The deadline is March

Each year the Barrington Woman's Club provides support for many local philanthropic, cultural and civic projects. Membership is open to any woman residing in the greater Barrington area. For information, contact Mary Ellen Henehan, membership chairwoman, at 1-847-381-7669.

BAAC's Facets of Fiber

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Barrington Area Arts Council (BAAC) is hosting its annual Facets of Fiber show from now to March 9 in its Main Gallery, located at 121-B Barrington Commons Court. The show and reception, as with all BAAC openings, is free to the general

Facets of Fiber 2007 features the works of artists Dyllis Braithwaite, Annette Hendricks, Suzanne Garnier, Sara Itami, Barbara Papamarcos, Lynn Rice and Sharon Wright. The exhibited works range from bog coats to artistic baskets, quilts to fiber art pieces. Bog coats may have been



Hope and Healing by Suzanne Garnier



Lily Passage by Sharon Wright

the first woven garments of mankind. Artist Dyllis Braithwaite says, "[Bog coats] are woven with slits so as not to waste anything. They were first found in Denmark." Sharon Wright, creator of beautiful fiber art pieces, says, "On fabric, my images are developed through the layering of Indian and African trade and contemporary beads, paint, thread and colored pencil." As one can see, Facets of Fiber 2007 is a diverse show revolving around the use of fiber in

For over 10 years, Barrington Area Arts Council has been hosting the Facets of Fiber show and the response is always overwhelmingly positive. This year's show is one not to miss. Facets of Fiber 2007 will be on display during regular gallery hours. BAAC is open Monday through Friday from 10 a.m. to 5 p.m. For more information on this exhibit, call BAAC at 1-847-382-5626 or e-mail info@barringtonarts. org. BAAC can be found on the Web at www.barringtonarts.org.

Artists and Craftsmen Invited

Artists and craftsman are invited to apply er, baskets and limited edition prints. for participation in the Good Shepherd Hospital Auxiliary's 33rd annual juriedand-invited exhibition, "Art in the Barn, 2007," scheduled to be held Sept. 22 and 23rd, 2007 from 10 a.m. to 5 p.m. The Artists Committee has announced that the deadline for entry is April 1 and all applications should be postmarked by then.

Acceptance into the show will be judged from quality slides that artists submit for jurying. The jury makes the final decisions on participants. The show will feature works ranging from oil and acrylic paintings, etchings, serigraphs, photography and watercolors, to jewelry, sculpture, metal work, pottery, handmade paper, batik, stained and blown glass, ceramics, woodworking, hand-woven fabrics, leath-

There will be private and corporate Purchase Awards.

"Art in the Barn" is held in the barn and other rustic buildings at the Good Shepherd Hospital site, Route 22, two miles west of Highway 59, northwest of Barrington.

Fine arts and fine crafts are displayed in a farm setting, and the annual event has become a favorite family outing as well as a primary fund-raiser for the Auxiliary. Attendance of 8,000 is expected this year.

For more information and to obtain an entry form, artists should write to: Art in the Barn, 2007, Good Shepherd Hospital, 450 W. Highway 22, Barrington, IL 60010, Attn: Artists Committee.

Fritzl's Country Inn... So Many Delicious Possibilities

Is the family getting together for Easter Dinner? Why not make reservations at Fritzl's! They will be open at NOON Easter Sunday. They'll be featuring Easter ham, leg of lamb, fresh seafood, and their regular menu at regular prices.

Fritzl's traditional European menu is something to experience too! Hearty schnitzels, potato pancakes and Hungarian goulash, veal Geshnetzeltes from Switzerland, Kassler ribs from Germany, incomparable sauerbraten, steak tartare. roast duck, prime rib and Viennese pastries. Fritzl's specializes in Austrian, German and Swiss dishes, plus steaks and fresh seafood.

If you haven't tried Fritzl's Friday Fish Fry yet, you're in for a treat—only \$11.95!

Designated smoking areas are available. There are banquet facilities available for groups of 20 to 150 people, perfect for weddings, anniversaries and rehearsal dinners. The meals are lovingly prepared from scratch and made to order just prior to serving. They are then served hot, fresh and delicious. If you are tired of those stuffy "foreign" waiters, try Fritzl's restaurant and pub. They have the friendliest

Fritzl's is open Wednesday through Saturday, 4 to 10 p.m., and Sunday, 3 to

Our Signature Pork Tenderloin

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www.davespecialtyfoods.com!

MOLASSES-GLAZED PORK TENDERLOIN (Serves 8)

Ingredients:

pork tenderloin, trimmed salt and pepper

2 tbsp. olive oil

1 pinch parsley, chopped

1/8 cup molasses

1/8 cup maple syrup, pure

5 cloves garlic, roasted and smashed

1 tbsp. herbs de Provence

Method:

Place pork in a large casserole dish. Season all over with salt and pepper. Mix the rest of the ingredients well in a separate bowl. Pour over pork and rub well. Cover and let rest 30 minutes or more, up to three hours. Preheat oven to 350 degrees. Rub pork again and set aside. Heat sauté pan over medium fire. When hot, add a splash of olive oil and the tenderloins. Sear pork and turn to sear the other side. Remove from the pan to a baking sheet. Bake pork in oven for 20 minutes until slightly firm to touch. Remove from oven, let rest 10 minutes, then slice!

Alpha Omicron Pi Gears Up for March 11 Auction

The Northwest Suburban Chapter of Al- off with cheesecake desserts will be served pha Omicron Pi would like to invite the public to attend their annual Spring Auction at the home of a South Barrington member. A variety of quality craft, food, decoration and gift items will be available for purchase. The themes of the prize baskets are "At the Movies", "Shop 'Til You Drop" (gift cards), "Italian Gourmet," "It's a Wrap" (wrapping supplies), and "Puzzles and Games." A delicious luncheon topped

to guests. The auction will begin at 12:30 p.m. on Sunday, March 11.

Proceeds will benefit several charities including the Arthritis Foundation.

Please call Dotti Cutlip at 1-847-870-7548 for more information. The chapter Web site, www.nwchicagoaoiialumnae. com, contains up-to-date information on upcoming events.

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Catholic Charities Foster Care Informational Meeting

Catholic Charities of Lake County will be by legal or social issues. Being a foster conducting monthly foster parent informational sessions on the first Tuesday of the month beginning on March 6. The sessions will be held from 7 to 9 p.m. at Joseph Cardinal Bernardin Center, 671 S. Lewis Ave. in Waukegan. Individuals, couples and families interested in providing foster homes for children in need of a temporary residence are asked to attend.

Demand for foster homes has become acute in the Lake County area. Children typically need a foster home because their families have been temporarily disrupted family can be a challenging and rewarding experience. Many of these children need extra love and attention. The issues surrounding foster children can be complex, but through the generosity of others, they can learn to love and trust again.

For meeting registration or more information about foster parenting, contact Lucy Rivera at 1-847-782-4249. Se habla español. Catholic Charities is the largest single social-service provider in Lake County and it welcomes applications from people of all faiths.

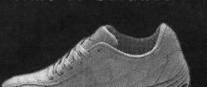
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Nicci Grabs, owner of Innovative Fitness Solutions, graduated magna cum laude with a bachelor's of science degree in exercise physiology from Western Illinois University. She is a Certified Personal Trainer through NASM, the National Academy of Sports Medicine, workout will help you make the lifestyle and has over 10 years of experience in and physical changes that may be hard to the fitness and personal training industry.



Go Home with a Great Bargain 505 N. NORTHWEST HWY. PARRINGTON, ILLINOIS 6001 and Make a Difference!

PHD (Society for the Preservation of volunteers are happy to help you find the Human Dignity), a counseling center for pregnancy help and education located in Palatine, has been assisting women and children for over 35 years. They provide free services to hundreds of families each month as they face the challenges of pregnancy and parenting children under the age of 3.

The PHD Resale Boutique provides a source of revenue for these critical supto rely on. The shopping environment is friendly and welcoming. Their staff and www.sphd.org.

right outfit, accessory or treasure for your home. When you shop in the boutique, the benefits are twofold. You go home with a great bargain and your purchase makes a difference in the lives of needy families here in our northwest suburbs.

Donations from the community are another way of supporting the mission of PHD. They are accepted everyday and a tax letter is always given. For more inforportive services the community has come mation or furniture pickup, please call 1-847-991-1770 or visit our Web site at

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for treatment of a variety of issues. These include nicotine addiction, eating disorders, nail biting, anxiety and panic attacks, weight loss, depression, anger, pain, and sleep disorders. It is particularly belpful with stopping smoking.

I'm a licensed clinical professional counselor and have been in private practice for over 33 years. I see couples for marriage and relationship counseling, and individuals for a variety of issues. I am certified in the use of clinical hypnosis and have been using it in my practice for the past 32

I use hypnosis most often with individuals in order to quickly change habit and behavior patterns that the client considers undesirable. Using hypnosis helps the changes to take place in a much shorter

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> I am also a certified meditation instructor and teach "Introduction to Meditation" classes on a regular basis. Meditation helps you to respond better to stressful situations, lowers blood pressure and generally makes you feel better. If you are interested in learning how to meditate or wish to restart your meditation practice, please call 1-847-934-6555 for information.

Is it a Lion, or a Lamb?

Barrington Community Child Care, located at 560 Carl Ave. in Barrington, has many activities to keep young minds busy. Our highly qualified staff strives each and every day to ensure that all the children here have a positive first school experience. Our curriculum contains activities designed to challenge young minds.

We offer full-day childcare for children ages 6 weeks to 6 years. Some age groups offer flexible scheduling and a morning preschool program. Our hours of opera-

tion are 7 a.m. to 6 p.m., Monday through Friday. Our facility offers large, childfriendly classrooms with a diverse environment that promotes self-esteem, independence and cognitive growth. Barrington Community Child Care focuses on the whole child, with all areas of development included in our program.

We have limited spaces available!

For enrollment information or to schedule a tour, contact Terri Knaack, director, at 1-847-381-0272.

"Finding Strength" Exhibit: **Cancer Survivors Celebrate Life**

"Finding Strength," a photography and narrative exhibit revealing the poignant experiences of those touched by cancer, will be unveiled Friday, May 4 at The Garlands Center for The Performing Arts, 1000 Garlands Lane, Barrington. The exhibit will feature cancer survivors, their families, caregivers and clinical professionals-all of whom are connected through Wellness Place, a cancer resource center located at 1619 W. Colonial Parkway, Palatine.

Inspired by the "Finding Strength" exhibit, the Wellness Place Auxiliary has incorporated the theme into their 2007 gala, "Finding Strength-The Art of Living." The gala will be held Saturday, June 9 at an estate in Barrington Hills and will showcase pieces of this inspirational exhibit as well as several other innovative forms of art. The festive event will capture



"Finding Strength," a photography and narrative exhibit revealing the poignant experiences of those touched by cancer, will be displayed May 4 through June 30 at The Garlands Center for

the essence of Wellness Place while guests enjoy lively musical entertainment, gourmet food from Chicago area restaurants,

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an exciting live auction and prizes. Gala challenges in a new light as a result of proceeds support Wellness Place programs and services provided at no cost to partici-

The exhibit is the collaborative work of two Barrington artists-photographer Susan McConnell and writer Mary Klest. The artists have also recently created unique exhibits including "The Gift of Knowing" for Hospice of Northeastern Illinois and "A Ride to Remember" featuring members of the Barrington Fire Department.

"We are fortunate to have this opportunity to honor Wellness Place participants and their stories," said Wellness Place President Jack Wood. "We know this exhibit will inspire viewers to examine life

learning how cancer survivors celebrate life."

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The "Finding Strength" exhibit will be curated by the Barrington Area Arts Council and will reside at The Garlands Center for The Performing Arts through June 30. The exhibit is also scheduled at the following additional venues: Arlington Heights Memorial Library, Sept. 1 to 30th, 2007; Barrington Area Library, Oct. 1 to 31st; and Palatine Public Library, Nov. 1 to 30. Visit www.findingstrength.org for more information about the "Finding Strength" gala and exhibit.

For information, call 1-847-221-2400 or visit www.wellnessplace.org.

Happenings!

in the area

"Spread Your Wings & Fly"



The Women's Club of Inverness Spring Fashion Show 2006

The Women's Club of Inverness announces that their annual Spring Fashion Show and Luncheon will be held on Friday. April 13 at The Stonegate Conference and Banquet Centre in Hoffman Estates. This year's theme is "Spread Your Wings & Fly" and, as always, will be a wonderful and enjoyable day. The public is wel-

Event chairs Ruth Guillaume and Jen Freckman have planned an exciting and tiques, prizes, a delicious luncheon and a fabulous fashion show. The fashion show this year will be produced by ZZAZZ Productions and will enable you to experience a style transformation.



multifaceted day, complete with bou- uted to local community-based organizations and scholarship grants to graduating seniors, college students and returning adults residing within the boundaries of school districts 211 and 220.

The Women's Club of Inverness meets The cost of the luncheon and fashion September through May (special excepshow is \$60. For information and reservations in November, February and April). tions, please contact Karen Kallman at Most regular meetings are held on the 1-847-397-8955 or Karenkallman@aol.com. second Thursday of the month at the In-The Women's Club of Inverness is a verness Golf Club at 9 a.m., beginning philanthropic 501(c)(3) organization. All with a brief meeting followed by an alproceeds from their activities are distrib- ways informative and interesting program.

Barrington Lyric Will Enjoy a Springtime "Afternoon of Opera, Operettas, and Classical Piano"

The Barrington Chapter of Lyric Opera of Chicago (BCLOC) members and guests are looking forward to an exceptional "Afternoon of Opera, Operettas, and Classical Piano" featuring Baritone Levi Hernandez accompanied by Luciano Laurentiu. Laurentiu will be performing on a recently renovated baby grand piano from Steinway's golden age. The program will begin at 2 p.m. on Sunday, March 25 in an extraordinary Barrington Hills woodland residence. Following the program, guests will enjoy wine and Barrington Lyric's usual camaraderie. Serendipity Party and Events will provide gourmet hors d'oeu-

The cost is \$35 for members and \$45 for guests. Reservations are limited. Please send checks payable to BCLOC by March 20 to Margit Vogel, 380 Oak Hill Road, Lake Barrington IL 60010. For inquiries, call 1-847-304-0422.

As a recent alumnus of the Patrick G. and Shirley W. Ryan Opera Center for American Artists (formerly Lyric Opera Center for American Artists) velvety toned



Luciano Laurentiu, accompanist



Baritone Levi Hernandez

Levi Hernandez's warm personality and a stage presence which exudes confidence and charm has quickly gained momentum as a sought-after artist on the operatic stage. His career is highlighted with roles in La Traviata, Carmen, Manon Lescaut and Rigoletto-to mention only a few. He will be singing in La Boheme in Lyric Opera of Chicago's upcoming season.

Luciano Laurentiu of Chicago will accompany Hernandez. He was born in Romania and attended the "Ion Vidu" Music Academy. In 1987, he came to the United States and has performed with the Elmhurst Symphony Orchestra, the American Opera Group, The Harold Washington Library, as well as performing in the Resurrection Concert Series which he helped establish five years ago.

Laurentiu is currently music director at Resurrection Catholic Church and auditions director for the Apollo Chorus of Chicago. He performs throughout the United States and works as both accompanist and vocal coach.

You may wish to visit Lyric Opera of Chicago's Web site at www.lyricopera.org.

Local Irish Dancers to Perform in Barrington for St. Patrick's Day



Anam Mór Irish Dancers will be perform- the life of St. Patrick by entertaining area ing in the Barrington area the week of St. school students, seniors and restaurant Patrick's Day.

All year the students of Anam Mór Irish Dance practice and compete throughout the Midwest. The week of March 17 the

patrons.

Local performances include: Countryside School in Barrington on Thursday, March 15 at 1:15 p.m.; Lines School in students put their energy into celebrating Barrington on Thursday, March 15 at 2:30

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p.m.; Paddy's On the Square in Long Grove on Sunday, March 11 at 1 to 2 p.m.; and Wool Street Grill in Barrington on Saturday, March 17 at 5 p.m.

After St. Patrick's Day it is back to work. Irish dancers not only perform but also compete. The Anam Mór dancers compete at feises-a-Gaelic term for festival. Competitions are held at many levels for dancers of all ages and ability. As dancers practice and improve, some may qualify for regional, national and even world competitions

Anam Mór has three outstanding students that will compete at the All-Ireland Championships this February. They are Mary Claire McDonnell of Barrington, Maddie Salata, and Tyler Schwartz, both of Libertyville. They will travel to Killarney, Ireland for the annual competition. Tyler is ranked in the top 5 in his age group.

Barrington residents Emmie Phillips and Delaney Battle have been taking Irish dance for over two years. Emmie says that her friends are always interested in the

amazing footwork of Irish dance. The girls love competing and have come home with many medals. "After you take part in your first feis you are hooked." The thing they like best about Irish dance is their teacher, Amy Moran. "She inspires us to do our best.'

Moran is the founder and director of Anam Mór Irish Dance. As a dancer with over 20 years experience, she has received top placement at the World Championships of Irish Dance, held annually in Ireland. She has also taken her students to the highest level of international competition in this sport, and her dancers routinely receive top placements in the regional and national competitions.

Please come out and see the Anam Mór Irish dancers perform. It is wonderful way to celebrate St. Patrick's Day!

For more information about the school or upcoming performances you can email anam_mor@yahoo. com or call 1-224-610-0340.



2.99 sq. ft. installed** Karastan Dore. Textured carpet in 22 colors with Scotchgard.

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4.99 sq. ft. installed**

Karastan Konadu. Tightly twisted cut-pile frieze carpet in 20 colors. Wear-Dated® nylon with Scotchgard Advance Repel.



Visit macys.com or call your local Macy's for store hours. Hours may vary by store. Sale April 1st, 2007. Savings are off our regular prices. Carpet. At State Street, Old Orchard, Orland Square, and the Oakbrook and Woodfi eld Furniture Galleries. Carpet available in stores only. *NO INTEREST FOR ONE FULL YEAR WHEN YOU USE YOUR MACY'S CARD IF PAID IN FULL BY PAYOFF DATE. Requires a minimum purchase of \$1000 from qualifying deg a 25% down payment, and is subject to credit approval. FINANCE CHARGES (interest) on the balance will accrue during the 12-month deferred period, but will be waived if the balance is paid in full by the payoff date shown monthly payment according to the terms of your Major Purchase Account. Making only the minimum monthly payment will not pay off your promoting balance in avoid FINANCE CHARGES. If your balance is not paid in full by the payoff date, or if you fail to make your minimum monthly payments then FINANCE CHARGES will be assessed from date of purchase until the balance is paid FINANCE CHARGES will be determined by applying an ANNUAL PERCENTAGE RATE of up to 24.9%, based on your credit history, to the Average Daily Balance of your account with a minimum monthly FINANCE CHARGE of Your Agord Purchase Account will be reported separately to your credit bureau report. Deferred off er good through April 1st, 2007.

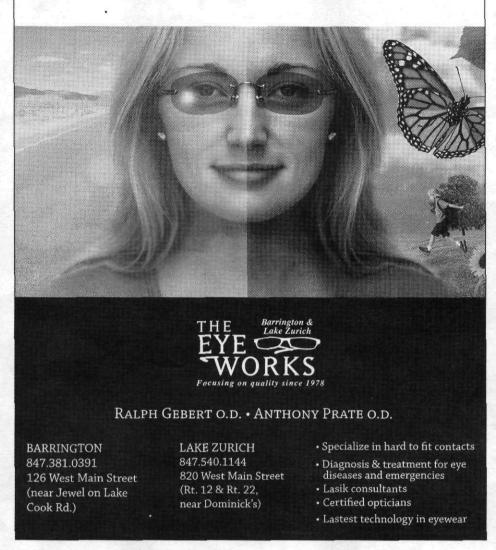
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Macy's North 2007 MNO 062-01506A-0126

Barrington LIFESTYLES

Barrington LIFESTYLES

We make life more vivid.



"Making Sense of Memory Loss" Program Aims to Aid Family Members

Some memory loss is normal as we age, the Barrington Area Library, 505 N. Northbut there are older people who experience frequent forgetfulness. What should family members know-and what can they do to help someone who is beginning to experience memory loss or other cognitive difficulties?

The Barrington Area Council on Aging will present "Making Sense of Memory Loss," a five-part educational program to help family members of persons in the early stages of memory loss. The program was developed by the Mather Institute on Aging and the Greater Illinois Chapter of the Alzheimer's Association.

Wednesdays from April 4 to May 2. Each class will meet from 9:30 a.m. to noon at

west Highway, Barrington.

The topics will include: an overview of memory loss and related symptoms (April 4); communication strategies (April 11); dealing with changing roles and relationships (April 18); planning for the future (April 25); and effective ways of coping and caring (May 2).

Cost for the class and materials-including a book-is \$20. Registration is required at least a week in advance, and participants are encouraged to attend all five sessions.

For registration and further information The program will be presented on on the program, call BACOA at 1-847-381-

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The Garden Club of Lake Zurich

The next meeting of The Garden Club of 1-815-444-6289. Lake Zurich will be held March 6 at 7 p.m. at the Foglia YMCA on Old McHenry Road.

The program will be "Perennials in the Chicago Region" presented by Carolyn Ulrich, editor of Chicagoland Gardening Magazine and a free-lance writer.

The Garden Club of Lake Zurich is a member of both The Garden Club of Illinois Inc. and The National Garden Clubs

For information, call 1-847-438-2989 or brary Garden

Future Meetings and Activities

- April 3, 7 p.m.—"Dazzling, Delightful, Delicious Daylilies" by Greg Bartoshuk
- May 8, 7 p.m.—"Flying Flowers" by Patricia Armstrong
- May 12, 8:30 a.m. to noon-Plant Sale at Ela Area Public Library in Lake Zurich
- June 5, 7 p.m.—"All About Herbs: An Overview" by Gabrielle Castrejon
- July 10, 6 p.m.-Work at Ela Area Li-

Laser Vision Correction

The recent advancement of medical lasers now makes it possible to correct your vision for nearsightedness (myopia), farsightedness (hyperopia) and astigmatism. The entire surgical process takes place in about 20 minutes and can eliminate the need for corrective lenses. Think of ityou will be able to see clearly when you wake up in the morning, in the shower, when participating in sports activities, etc. Your peripheral vision will no longer be blurred. Simply, you can have more fun doing the things you wanted to do, but couldn't without glasses. Laser vision correction can truly change your life.

Laser vision correction was first approved in America by the Food and Drug Administration in November 1995 although the first laser procedure was per- 847-540-1144 (Lake Zurich).

formed in Germany back in 1987. To date, there have been over 4 million laser vision procedures performed throughout the world.

Virtually all people treated experience an improvement in vision that would allow them to pass a driver's license exam without the aid of eyeglasses or contacts.

Here at The Eye Works, we work closely with an outstanding local opthamologist to ensure the best results possible. Call to schedule a free laser vision correction consultation. During your consultation, Dr. Gebert and Dr. Prate will thoroughly address any questions or concerns you might have. Enhance your vision. Enhance the life you lead. Call our office today, 1-847-381-0391 (Barrington) or 1-

Hildegard Zimmermann Retires as **President of Michael Joseph Foundation**



The board members (from left, standing) are Doug Jones, Ida Cardelli, Mike Maude, Sr., Steve Guranovich, Leo Cardelli, Dan Delcore, Sister Lorraine Menheer, Scott Pederson, Walt Casten and Hildegard Zimmermann (seated).

Eighty-year-old Barrington resident Hildegard Zimmermann has retired as president of the Michael Joseph Foundation. She was one of its founders and an inspiration for the organization that she has led for the past 14 years.

In 1992, after the death of her husband of 50 years, Zimmermann prayed that the Lord would help her to find something meaningful to help others. Her goal became helping families in crisis by providing them with temporary housing and counseling until they could reach self-suf-

Zimmermann gathered a small group of people together in her home to explain her idea. They enthusiastically supported her and in 1992 the Michael Joseph Foundation was formed with Hildegard, Leo Cardelli, Diane Jones, Mike Maude, Sr., Sister Lorraine Menheer and Laura Woods. Since the beginning and to this day, it has been a 100-percent volunteer organiza-

With her years of real estate expertise, Zimmermann and her board were able to secure good rental properties in suburban areas. They then began working with experienced and qualified organizations, such as Catholic Charities, Ceda, Home of the Sparrow, Kenneth Young, and Wings, to screen and select applicants who demonstrated the desire and attitude necessary to ultimately achieve independence.

Families work with a social worker for counseling and education. Over the past 14 years, over 400 families have been provided temporary housing. Currently the foundation maintains 35 furnished apartments in various locations.

The Michael Joseph Foundation is dedicated to continuing the work that Zimmermann and the board started. Three of the original founders-Cardelli, Maude, Sr., and Sister Menheer—are still members of the board that is composed presently of 10 Barrington residents.

The incoming president of the foundation is Daniel W. Delcore, vice president of Pepper Construction Co. since 1998. Delcore and his wife Bonnie have a son and a daughter. While living in Barrington for the past 17 years, Delcore has been active with Christmas in April, Habitat for Humanity, the Barrington Swim Club, the Barrington Historical Society and hospice, in addition to the Michael Joseph Foundation. He brings great experience to his position as president and is dedicated to carry out Zimmermann and the board's wish to perpetuate the organization.

The next Michael Joseph Benefit will be held on Oct. 13, 2007. If you wish to participate in this worthy cause or need more information, please call Ida Cardelli at 1-847-639-2334 or visit their Web site at www.michaeljoseph.8M.com.

Makeover Madness... Clear Solutions by James T. Gavrilos, DDS

So many adults live their lives with something they are self-conscious about. The popularity of these new "makeover" programs shows people willing to jump through any hoop in order to eliminate their "flaws". These programs always include dental work as part of their makeover process. For most people, going to these extremes is not an option, but they would still like to improve their appear-

Crooked teeth are not part of a beautiful smile. But for many adults, braces cannot be the solution. Wearing brackets and wires on their teeth would keep them from performing their jobs with confidence. Some feel that the brackets and wires announce to the world that they have crooked teeth and they are trying to translate precise treatment instructions straighten them. Now there is a discrete



The Healing Process

Patients frequently become nervous during the healing phase following a surgical procedure. They see certain changes in the affected areas which are actually quite normal and predictable. It is helpful if patients are aware of these normal changes and the reasons for them, as it will help them feel more relaxed about the final outcome of the procedure.

Any surgical or traumatic injury to the skin and soft tissue results in the same steps of healing. There is an initial release of enzymes from the damaged tissue which starts the healing process. These enzymes actually cause inflammation, without which there would be no healing. This is the start of the first phase of healing called the "proliferative phase." During this phase, the tissue proliferates or buildsup. The ultimate goal of this phase is the buildup of collagen, which in turn mends and binds the tissue. The human body is very efficient and therefore very quickly binds the tissue with a crude form of collagen which is thick and bulky. In addition to the buildup of collagen, new blood vessels form, which explains why scars are pink at first. Also, many white blood cells, other repair cells and inflammatory components rush into the tissue. This causes swelling and a thickening where the incision or surgery was performed. The proliferative phase of healing lasts for approximately four to six weeks.

After this, the second phase of healing, the "remodeling phase," begins. During this period of time, the collagen that was produced in the first four to six weeks is broken down by the body's enzymes and reabsorbed while replaced by a finer, softer and thinner collagen. It is during

way to straighten teeth without all of the hardware. This process was developed by Invisalign®.

Invisalign® straightens your teeth with a series of clear, customized, removable appliances called aligners. This system uses advanced computer technology to into a sequence of finely calibrated aligners. New 3-D imaging techniques have allowed for a broader case selection. Previously, many patients could not be treated with this system because their malocclusions, bad bite or crowding were not within the guidelines that Invisalign® could

Tooth colored "attachments" are bonded to related or crowded teeth, allowing greater tooth movement and control. These attachments can be placed on the cheek side and/or tongue side of each tooth.

(Please continue on page 31)

by Gary S. Churchill, MD





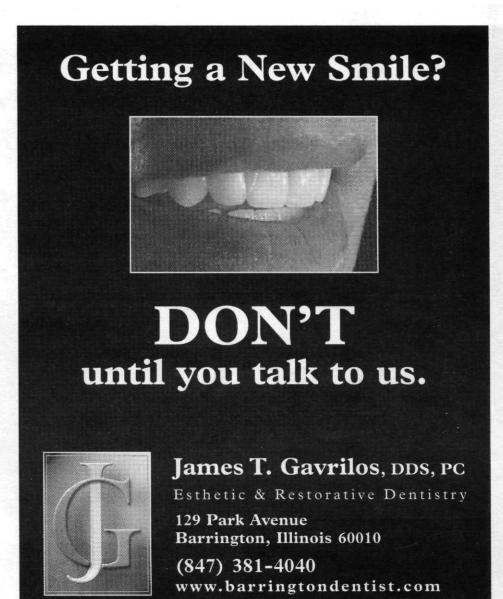
Stacie McClane, MD Gary Churchill, MD

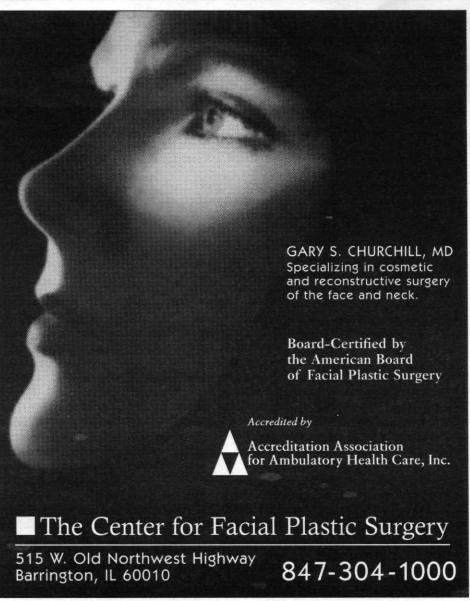
this time that the blood vessels that formed during the proliferative phase shrink and disappear from the wound, which explains why scars fade over time. In facial wounds, much of the remodeling phase happens in approximately eight weeks. While three months after the initial trauma or procedure, facial scars are much softer and smoother, full maturation of a scar can take nine months to a year.

Our typical follow-up for patients is in one month, so that we can see the healing of the wound when it reaches the peak of the proliferative phase, and then again in two months, after the end of the remodeling phase.

It can be helpful and reassuring to patients to realize that there are sound, scientific principles behind much of what we do in our practice of medicine. When patients understand the natural course of healing and what to expect, they are less anxious about their recovery from facial surgery. We always try to educate our patients so their concerns are addressed and their fears are minimized.

Please call us at The Center for Facial Plastic Surgery, 1-847-304-1000, if you have any questions regarding facial plastic surgery.









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- Stained, discolored teeth can be whitened.
- · Chipped, broken, teeth can be
- · Missing teeth can be replaced.

Dr. Dan Follmer graduated from Northwestern University Dental School in teach dentistry for two years, after which he returned to his hometown of Wauconda where he has practiced since 1977.

Committed to both academic and clinical excellence, Dr. Follmer assigns top priority to continuing dental education. Over the past five years, he has studied extensively at the prestigious Las Vegas Institute for Advanced Dental Studies where he has completed over 300 hours of Continuing Education in the area of cosmetics and neuromuscular dentistry.

We will be pleased to welcome you to Dentistry on the Lake, where you will receive the finest dental care available.

Call 1-847-526-2831 today for a free cosmetic evaluation!

Antiques and Collectibles Sight-Appraisal Program

Back by popular demand... our very own "Antiques Long Grove Road Show." Frederick Dosé of Frederick Dosé Appraisals, Ltd. will examine antique porcelain, silver, glass and wood articles, art work, antique firearms and collectibles (no jewelry). This event will take place on Saturday, April 14 from 1 to 3 p.m. at the Reed-Turner Nature Center, 3849 Old McHenry Road, Long Grove. All are welcome to attend. There is a \$10 per item appraisal fee. We have a limit of 50 items total for appraisal. There is no admission charge for viewing the oral appraisal program. Coffee, tea and sweets will be available.

To reserve your spot, send a check with your name and telephone number to: The Long Grove Historical Society c/o Marie Borg, 4363 RFD, Long Grove, IL 60047. Your check is your reservation. For more details, please contact Marie Borg at 1-847-438-7656. Hope to see you there.



Frederick Dosé will appraise antiques and collectibles at the April 14 event.

Hearthstone Senior Living Community Adds Assisted Living

Community in Woodstock has enhanced their levels of care to include Assisted Living. Additional recreation, activities and increased transportation options have been added as well as a customized wellness program and fitness area designed specifically for seniors.

"We saw a need for personal care services to provide the opportunity for our residents to remain in their homes as long as possible," said Nicole Rich, Director of Hearthstone Village. "We have added an on-site Wellness Nurse, personal care assistants, and increased recreation and dining services staff," Rich said.

Hearthstone Village has recently undergone remodeling and redecorating of the common areas. New furniture, artwork, enhanced lighting, carpeting and window treatments were added throughout the building.

Hearthstone Village and Hearthstone Manor are part of a Continuing Care Retirement Community (CCRC), that provides all levels of senior assis-

Hearthstone Village Senior Living tance, from independent retirement living to skilled nursing care. The Woodstock Christian Life Services CCRC includes Hearthstone Village, an independent apartment and cottage community that will be offering Assisted Living options and Hearthstone Manor Rehabilitative and Nursing Care offering licensed Sheltered Care, a dedicated Alzheimer's disease and dementia program, and Intermediate and Skilled Nursing Care with Medicare Certification.

"Being able to move from one level of care to another within the same campus provides continuous service without the stress of changing surroundings. Opportunities for fellowship, life enrichment programs, and intergenerational activities within faith based surroundings, are what make our senior community unique," said LeeAnn Atwood, Vice President of Development.

For more information about Hearthstone, call 815-338-2110 or visit them online at hearthstoneil.org.

How Do Your Beliefs Affect the Law of Attraction?

ing out that if you want to have positive happy things in your life, think positive happy thoughts. Your beliefs create the thoughts you have about your life, your job, your children, your spouse and whatever else you think about. What are some of the things you believe and think about yourself? Do you believe you are optimistic, competent, friendly, and successful, or that you can't do anything right, keep failing at your life, can't find the right partner, and will never have the house you dream of or the career you want? Whatever you believe about yourself, your surroundings and the people with whom you interact, that is what shows up in your life. This is true whether you just think them or say them out loud. This principle is so well known in psychology that there is a whole field developed around it called

Last month I ended my article by point- Cognitive Behavioral Psychology, It is the science that describes how what we believe affects our life.

> Have you evaluated how your beliefs are affecting your life? When someone pulls out in front of you on the road, do you believe they are trying to upset you and that they are a nasty, terrible person who needs to be punished for what they did? This belief can easily develop into road rage. Or do you believe that they probably did not see you and hope that when you pull out in front of someone by accident, they will understand you made a mistake? There is an old computer saying "garbage in, garbage out." I know this first hand from my college days when we had to write all our own programs. I made many trips between my office and the computer printout lab trying to get my "garbage" cleaned up so what I wanted to

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BARBARA R. GRACE, Ph.D. Clinical Psychologist School Psychologist Certified Advanced Clinical Hypnotherapist

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have the computer do for me would really happen. Our mind works the same way. If you think "garbage" (which turns out to be any negative thought about yourself, another person, or a situation)

then that is what you will see show up in your life. Pay attention to your thoughts!

Dr. Grace is available for individual sessions and to speak to your group about the Law of Attraction.

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OPENINGS

- Do you want to EMPOWER your daughters or sons?
- Does your child need to increase their ability to FOCUS or COMMUNICATE?
- Do you want to improve your child's SELF-ESTEEM?
- Would you like your child to excel & have an edge in LIFE, SCHOOL & SPORTS?
- Are you looking for an activity that the entire family can learn & grow together?

TESTIMONIALS: "Master Lawson is great, he really has a passion for teaching. He's inspired my daughter and everyone in her class to excel not only in their Tae Kwon Do class but life also. Plus he inspires children to listen to us parents." ... Erica, Inverness resident

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"I always thought people took Karate because they liked to fight ... But I've found that this program is great for my children's character development. Plus both my kids have lots of ...Lyn, Deer Park mother of two

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Classes can be taken anytime in June, July or August.

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Center for Loss and Hope Offers **Drop-In Grief Support Groups**

The Center for Loss and Hope at Hospice 2:30 p.m. at Hospice of Northeastern Illiof Northeastern Illinois offers numerous nois, Crystal Lake site, 390 E. Congress groups to help those dealing with the death of a loved one. Drop-in grief groups are also available for those individuals Monday of each month, 6:30 to 8 p.m. at ly group. Registration for these groups is not required.

· Mourning to Meaning is held the first and third Monday of each month, 1 to

Parkway, Suite E in Crystal Lake.

· Mourning to Meaning 2 is held the first who do not wish to participate in a week- Hospice of Northeastern Illinois, 410 S. Hager Ave. in Barrington. If the date falls on a holiday, the meeting will be held the following week.

· Grief to Hope Drop-In Group is held

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in collaboration with Catholic Charities on eastern Illinois is a community based, notthe fourth Tuesday of each month, 9:30 to 11 a.m. at the Arlington Heights Senior Center, 1801 W. Central Road in Arlington

All groups are nondenominational and led by professionally trained facilitators. To R.S.V.P., or for more information on the groups or Hospice of Northeastern Illinois' Center for Loss and Hope, please call 1-847-381-5599 ext. 236 or e-mail sreedy@ HospiceAnswers.org. Hospice of Northfor-profit organization serving families throughout McHenry, Lake, Northwest Cook, Kane, Boone and DuPage counties. Hospice of Northeastern Illinois provides patient care and bereavement services to all who need them, regardless of ability to pay. Hospice of Northeastern Illinois is Medicare certified and accredited by the Joint Commission of Accreditation of Healthcare Organizations (JCAHO).

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Form, Function—Fabulous!

by Tamara Tabel

Ron and Böbbie Wood of Inverness were looking to change their 17-year-old kitchen. But they didn't want to merely replace their current cabinets—they wanted to truly renovate the space with something new and different. The Woods approached several kitchen/bath design shops looking for just the right approach. Once they saw the design from Kave Hathaway of Barrington Kitchen & Bath Studio, they knew their search was over.

"Kaye's design was head and shoulders above anything else we saw," say the Woods. "She had an excellent concept for a totally different configuration that was both unusual and usable. It gave us three to four times more space, and made everything much more accessible."

To gain extra space, Kaye took the footprint of the original space and moved the kitchen to be in closer proximity to the breakfast room. This allowed the addition of a bar area, a walkin pantry and a closet accessed near the back entry. The ovens, cook top and refrigerator wrap around the wall, and a long



The focal point is a bronze, metallic medallion, beautifully inset with custom-cut, re-toned limestone.

island provides plenty of additional counter space. The overall design provides a better traffic flow, and gives the Woods new efficiencies and amenities.

"It is truly a timesaving kitchen," say the Woods. "Everything is easy to find without having to search, and the work areas are grouped logically; so for example, the dishwasher is right across from where we store the dishes."

The Crystal cabinetry, finished in a light warm stain with a highlight, gives an inviting, Old-World charm to the Wood's new

kitchen. Bordeaux Granite countertops add a splash of drama. As a special touch, a built-in toaster was added to the cabinetry in the breakfast area, allowing the Woods to enjoy breakfast while gazing out upon the pond and its majestic swans.

The renovation and installation was expertly performed by Delta Renovations. Delta oversaw every detail, from the cabinetry and molding, to the beadboard and reeding on the island, to the custom tile work above the cook top.

"The finished job is superb," said Ron Woods. "Every cabinet door closes perfectly, every draw slides beautifully. Everyone who sees our kitchen comments on the quality of Delta

Renovation's workmanship."

In fact, the Woods are so pleased with their new kitchen, they're now working with Barrington Kitchen & Bath Studio/Delta Renovations on a new master bath.

If you're considering a change to your home, talk to the experts at Barrington Kitchen & Bath Studio and Delta Renovations. Just call 1-847-381-3084. They'll help you transform your home from outdated to outstanding!

The new, open kitchen allows an easy flow between key work stations, and a generous island topped in Bordeaux Granite.



The dramatic, built-in bar includes a wine refrigerator, wine rack, ice maker, wet sink and lit glass shelving to display glassware.









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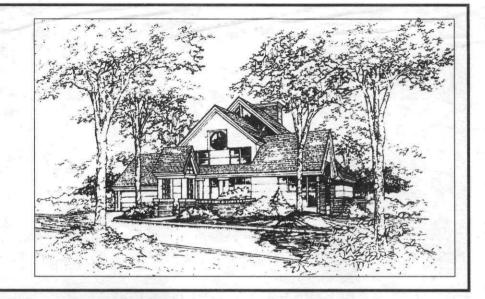
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Not so smart gets distracted by what looks good or is on sale today. Smart buys for long-term color and low maintenance for all the seasons.

Not so smart puts off fundamental problems, downsizes materials, splinters the overall job, and sacrifices quality when the budget is squeezed. Smart takes on one area at a time, does it well, then moves on as budget allows.

Not so smart learned that the designer was rarely on-site during the work, it went slowly, and problems arose. Smart knows a good plan and quality handpicked materials are only half the job; efficient, exacting execution is the other.

Not so smart is replacing dead or overgrown plants, and rebuilding unstable walls or patios in just a few years. Smart Dollars is pulling a 9 iron.

the naturalizing landscapes, Wauconda, Ill. 1-847-487-4670.



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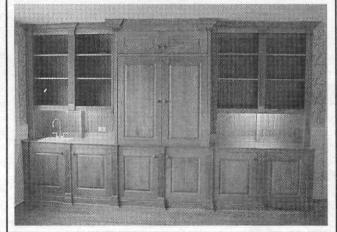


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Wellness Place Expands Child and Family Services

Wellness Place will offer two newly ex- ipants are advised to read the book in port for children ages 6 through 12 who have an adult family member living with cancer. One program, "Sharing Together and Receiving Support" (STARS), is for children; the other is a book club for adults to help a child through a parent's cancer experience. These services are open to the community and provided at no cost to participants. Preregistration is required by calling 1-847-241-5980.

STARS is a weekly series in which children explore cancer-related questions, concerns and fears through art, play and storytelling. STARS groups will meet Thursdays, April 5, 12th, 19th and 26th, from 4 to 5:30 p.m. Parents and other adult family members are encouraged to attend the book club offered concurrently, "Helping Children through a Parent's Cancer." The book club will discuss Kathleen McCue's book, How to Help Children through a Parent's Serious Illness. Partic-

panded programs in April to provide sup- advance. Copies of the book may be borrowed from the Wellness Place resource center library or purchased through a bookseller.

> Continued support for children who attended the STARS series will be provided through STARS II, a follow-up group to meet the second Thursday of each month beginning Thursday, May 10, from 6:30 to

> Wellness Place, a cancer resource center at 1619 W. Colonial Parkway, Palatine, provides professional, cancer-related counseling, services and programs at no charge to enhance the lives of people living with cancer, their families and caregivers. The not-for-profit cancer resource center serves 60 communities in the northwest suburbs of Cook County, and parts of McHenry, Lake and Kane counties. For information, visit www.wellnessplace.org or call 1-847-

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DAR to Enjoy Museum Tour

11:30 a.m. at the United Methodist Church of Libertyville, East Room, 429 Brainerd Ave., Libertyville. A social period with a box lunch will follow the meeting. At 1 p.m., the members will proceed to the Hanson at 1-847-658-7292.

Signal Hill Chapter of the Daughters of the Ansel B. Cook Victorian Museum, 413 N. American Revolution will meet March 20, Milwaukee Ave., Libertyville, where a tour will be conducted. Both the box lunch and tour are included in the \$13 cost.

Mail your check to Lucy Ruth, treasurer. Anyone needing transportation call Sally

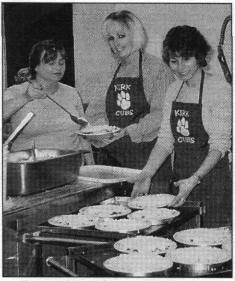
Spring Showcase of Arts & Crafts to Benefit Kirk School

The Spring Showcase of Arts & Crafts for 2007 will be held on Saturday, March 3 from 10 a.m. to 4 p.m. and on Sunday, March 4, from 10:30 a.m. to 4 p.m., for a requested \$3 donation at the door. The event, sponsored by Alpha Gamma Delta Alumnae and Parents and Teachers of Handicapped Students, will be held at the Samuel A. Kirk School, 520 S. Plum Grove Road. Palatine.

The jury committee has selected artists and crafters who have made special and unique items for your shopping experience. Featured will be works of jewelry, ceramics, fine art, glass, photography, apparel, metal and woodwork, home decor, toys, and much more. New exhibitors are selected each year along with favorite returning artists.

There will also be special prizes, including a flat-screen LCD TV, a top-open freezer, and beautiful items donated by the artists. The cafeteria will serve a varied selection of snacks, beverages, lunch items and desserts. And the bakery will sell its famous freshly baked pies, homemade treats, snack items and low-sugar

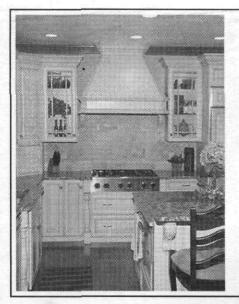
Free parking will be available at Kirk School and Pleasant Hill School, 434 W. Illinois Ave., with free, continuous shuttle bus service to the showcase. Sorry, baby strollers cannot be accommodated.



The mothers of students who have already graduated from the Kirk School (alumnae moms) come back each year to bake the pies for the bake sale. Popular selections are Dutch apple, cherry, and blueberry.

Proceeds will benefit the Kirk School (opened in 1971 for physically and mentally handicapped children from 10 Northwest Suburban communities) and the Alpha Gamma Delta Foundation (a nonprofit organization funding diabetes research and scholarships).





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Start Your Planning Now!

Now that the holidays are over, most people begin to "Think Spring." And if those thoughts are directed towards improving your home or even building a new one, then, these next few months are an ideal time to get started. Most people think that in March or April, they will call an architect to get some ideas on remodeling or building a new home. Unfortunately, most design firms, at this time, are deluged with these types of requests from homeowners and builders. By the time the plans are finalized, permits pulled and contractors scheduled, construction is pushed back to August.

We suggest that you schedule to talk with us about your plans as soon as possible. We would then be able to complete your plans, collect construction bids, and pull permits by March or early April. You would then be able to enjoy your new not have your summer "under construc-



Our firm is dedicated to the intricacies of residential architecture. We specialize in the designing of spaces that meet our client's desires as well as their budget. There is no obligation to have us meet with you to discuss your project. Please feel free to contact John C. Cazzetta of The Cazzetta Design Group, Ltd. at 1-847-487-8177, to arrange an appointment space for the majority of this new year and and to preview our extensive residential

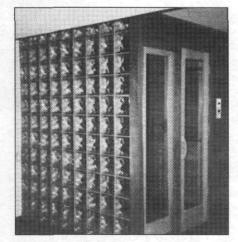
The Many Benefits of Sauna

"Old Finnish proverbs consider sauna to be the 'medicine of the poor, the hospital of Finland," according to Spa and Sauna

"Saunas promote the perspiration of body toxins, stimulate circulation, increase body metabolism, keep skin glowing and youthful and alleviate sinus congestion due to colds, asthma and allergies.

"In fact, many feel it's one of the most effective detoxifying treatments available.

"Today, in many research laboratories around the world, saunas are being tested as therapy for chemical poisoning. Because of the mental relaxation saunas are able to induce, it's said to be the perfect environment for intimate conversations and Sauna Magazine continues.



For more information about the benefits with spouses, friends and children," Spa of sauna, see Swanson's Spas & Saunas on Rand Road in Lake Zurich.

(Continued from page 25)

James T. Gavrilos, DDS

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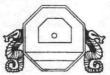
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Catholic Charities' 2007 **LOSS Meeting Dates**

Catholic Charities of the Archdiocese of tine Road, Inverness on March 21, April Chicago invites those who have experienced the loss of a loved one to suicide to participate in its Loving Outreach to Survivors of Suicide Program (LOSS).

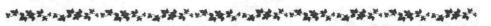
Meeting Dates and Locations

- Sundays, 7 to 9 p.m. at Catholic Charities Northwest Office, 1717 Rand Road, Des Plaines on March 11, April 15, May 13, June 10, July 8, Aug. 12, Sept. 9, Oct. 14, Nov. 11 and Dec. 9.
- · Wednesdays, 7 to 9 p.m. at Holy Family Church Counseling Center, 2515 Pala-

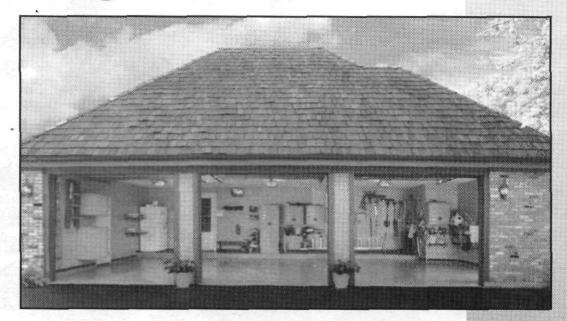
18, May 16, June 20, July 18, Aug. 15, Sept. 19, Oct. 17, Nov. 14 and Dec. 19.

• Thursdays, 7 to 9 p.m. at Carmel High School, One Carmel Parkway, Mundelein on March 22, April 26, May 24, June 28, July 26, Aug. 23, Sept. 27, Oct. 25, Nov. 29 and Dec. 27.

To learn more about Des Plaines-based Catholic Charities' Northwest Suburban Services and how they may help you or someone who needs help, please phone 1-847-376-2118.



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The Garlands Royal Tea Party

Mom, Grandma and their Little Princesses' dreams will come true at The Garlands Royal Tea Party hosted by The Garlands very own Party Princess Penelope who will delight and entertain our special princesses and their court. The Royal Tea Party will be held Sunday, March 18 from 1:30 to 3:30 p.m. at The Garlands Robie Lounge, 1000 Garlands Lane, Barrington. The cost is \$20 per person. For reservations, please call 1-847-304-1996.

This magical event for girls of all ages includes:

· Fantasy dress-up from a stunning selection of princess dresses, shoes and

 Magical princess make-over including nail polish, sparkle eye shadow and a sprinkling of fairy dust

· Charming junior tea party treats for the girls

• Traditional afternoon tea fare, including formal settings, tea sandwiches, mini pastries and scones, served for mothers and grandmothers

· Age-appropriate princess-themed games and fun

· Fashion parade on The Garlands party stage

Enjoy a spot of tea at The Garlands Royal Tea Party on March 18, just as Norvette Johnson did with her granddaughters Sammy Morreales (left) and Natalie Raitano, all of Schaumburg.

Transitions Group to Discuss Household Organizing

Transitions Networking Group of the Barrington Area Council on Aging (BACOA) will be "Organization is Power." The group will meet Saturday, March 31 from 9:30 a.m. to noon.

The group is designed for men and due the loss of a partner. This loss can be BACOA at 1-847-381-5030.

The theme of the next meeting of the the result of death, divorce or serious illness. This session will cover household organizational tasks such as handling paperwork regarding health and financial records and organizing information for tax preparation.

There is no fee to participate, but parwomen who are dealing with transition ticipants must call to register. Please call

Area Seniors Invited to Spring Ahead

Area Adults Connect and Challenge Themselves Through LaFarge Lifelong Learning Program

Adults age 50 and better are invited to brush up on an old hobby or pursue a new interest through the LaFarge Lifelong Learning Program. Hosted by St. Anne's Catholic Community in Barrington, LaFarge is a nondenominational program designed to provide area seniors with continuing education opportunities close to home and far from the usual fare.

"We are so pleased with the response to the program," said Sister Margaret Eisele, director. Now in its fifth year, Eisele is especially proud of the very qualified instructors who volunteer their time and talent for LaFarge. Each teaches their own area of expertise and their enthusiasm is contagious. "That passion for teaching," Eisele continued, "combined with an eagerness to learn gives our courses an extra spark. There is a camaraderie that forms, and a lot of fun and friendship is shared.'

This spring, LaFarge will offer courses in beginning and advanced computer skills, digital photography, watercolor painting for both the novice and experienced artist, woodcarving and more. The nonprofit program is funded in part by a grant from the Barrington Area Community Foundation, in recognition of the value the program adds to the quality of life for area

Spring Term courses meet once per week for six weeks, starting the week of March 5. A nominal fee is charged to cover material costs. Courses are held at St. Anne's Senior Center, 120 N. Ela St., downtown Barrington, where registration will be held from 9 to 11 a.m. on Feb. 26, 27th and 28th. For more information or to register by appointment, please call 1-847-

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CC Life (Christ Centered Life) Youth **Group at Barrington United Methodist**

All area youth are invited to Barrington April 15 and May 13. Bring a friend! United Methodist Church's next CC Life (Christ Centered Life) meeting on March 18 from 6:30 to 8:30 p.m.! Join us for a night of music, worship and games designed for junior and senior high school youth. We will also have meetings on

Barrington United Methodist is located at 98 Algonquin Road (at Route 59) in Barrington. For more information, please call 1-847-836-5540 or visit the church's Web sit at www.barringtonumc.com.

Plan Your Spring "Miracle"

is key. Sometimes the planning can be done without help but more often than not a professional is needed.

At SanFilippo Landscape we offer the planning help you need when it comes to the landscaping of your home or office. Through education and experience, our architects must be able to take an existing situation, blend it with a client's needs and still make it look good and feel right. Picture a juggler with three or more balls and you get the idea of what creating a design is all about. Everything must be considered... building location, drainage, neighbors, existing plantings, budget... and don't forget the most important consideration... what you want! Do you entertain a lot, do you enjoy gardening, have plans for a pool, require low maintenance? Remember, no one can give you what you want until they know what's important to you.

The Plan

Once you've established your needs and have the plan in front of you, how do you know if it's a good design? Many people have a hard time understanding all the symbols on a plan, so allow us to tell you what they mean so you may be better able to judge the quality of your design.

All plans should place your home and other structures on the property, to scale, (a survey will be needed to do this). The diameter of each circle represents a tree or shrubs' spread. Always keep in mind "the right plant for the right location." The plant's mature size must always be con-

No matter what you do in life, planning sidered so you don't have a too large or too small of a plant for a given location.

Plant Materials

All plants are not created equal. A good design pays attention to variety in texture, color and size of plant material. A good mix of heights add dimension while large groupings of the same plant help create variety in texture and color throughout the seasons. Once the choice of plants are made, ensure that they are adapted to our climate. We recommend materials that have been grown in Northern Illinois/ Wisconsin nurseries. Many lawn and garden centers sell bulk plant materials with undersized root systems to accommodate volume shipping. These same plants often come from the south, allowing them to be more prone to disease and unable to handle our winters.

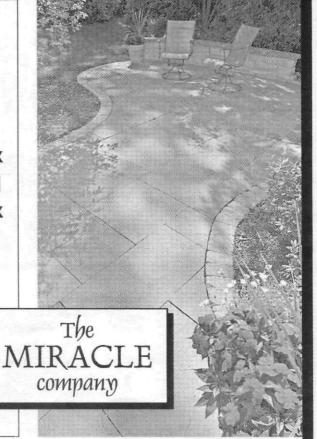
Another consideration is plant size. Professional nursery stock (only available to the contractor) is larger and helps create a more pleasing look during the first season before the plants are established.

Ask the Contractor

So, if you're in the market for a landscape plan and want someone who is able to handle the complete project, ask questions. "Where do your plants come from?," "Do you do grading and drainage work?," "Are your plans created by licensed landscape architects?" "Do your crews do the work or do you hire subcontractors?"

Whatever you do, start with a plan and call Michael or Eileen SanFilippo for a consultation. They can be reached at 1-847-426-9190.

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Rugged! A 335 hp 4.6-liter V-8 engine. 7-spd Automatic. Includes: Sunroof Package, Entertainment Package, Heated Seats, 6-disc CD Player, Antitheft Alarm and Daytime Running Lights. Stability & Traction Control, 80+ ft. Cargo Space, Tilt & Telescopic Steering Wheel. Total due at signing: \$4,444.

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Genetics and Nutrition Specialists

at 1619 W. Colonial Parkway, Palatine, will host two educational programs presented by health care specialists in March. Both programs are open to the community and offered at no cost to participants. Preregistration is required by calling 1-847-

Join us Thursday, March 8 from 6:30 to 8 p.m. for "Genetics and Cancer," a discussion led by Tinamarie Bauman, MSN, APNG, and manager of high risk genetics with Alexian Brothers Hospital Network. Bauman will present the genetic basis of cancers and hereditary cancer syndrome.

Curious about which foods can help givers.

Wellness Place, a cancer resource center you ward off or fight cancer? Learn practical tips for developing and maintaining healthful nutrition. Northwestern University Robert H. Lurie Cancer Center Dietitian Katie Marquardt, MS, RD, LD, will present "Fighting Cancer with Nutrition," Monday, March 12, from 6:30 to 8 p.m.

Visit www.wellnessplace.org or call 1-847-221-2400, for a complete listing of Wellness Place programs and services throughout the month of March. Wellness Place provides professional, cancer-related counseling, services and programs at no charge to enhance the lives of people living with cancer, their families and care-

Scholarship Applications are Now Available at Local High Schools

Each year, the Women's Club of Inverness, to local community-based organizations as part of their annual charitable giving, sponsor several \$1,000 and one \$2,000 scholarship to be awarded to graduating seniors, college students and returning students residing in districts 211 and 221. Thirteen scholarships were granted last year. The scholarship grants are based on financial need and strong academic achievement. Applications may be picked up at the guidance offices of the local high schools.

The deadline for submission is March 16. For further information, please call 1-847-358-8438 or 1-847-381-3134.

The Women's Club of Inverness is a philanthropic 501(c)(3) organization. All proceeds from our activities are distributed

and scholarship grants to graduating seniors and college students residing within the boundaries of school districts 211 and 220

The Shoe Box Express

The club is always looking for donations and the names of servicemen and women stationed in Iraq and Afghanistan to send care packages to. If you would prefer to help with the shipping cost, a monetary donation payable to The Women's Club of Inverness and marked "Shoe Box Express" will be specifically earmarked to be used for postage to mail these packages. The list of items needed by soldiers changes from month to month, so please call Gert at 1-847-382-6006 for more information.

St. Anne Third-Graders are Puppeteers



First-graders at St. Anne School in Barrington listen intently to a puppet show which teaches life lessons.

On Jan. 5, third-grade art students of Kathleen Beening from St. Anne School in Barrington recently presented a puppet show to the first-graders there to both entertain and teach their fellow students. during their reading class.



A zoo of animal puppets made by third-grade art students at St. Anne School in Barrington are pictured.

The children made their favorite animal in puppet form and wrote scripts pertaining to basic values. They then held an informal puppet show to the first-graders

Part of the Picture

You may never see it, but if you're looking at plant material, pruning may well be part of the picture. Good pruning permits healthy growth. It removes obstacles to good form; it sets the stage for the natural development that enhances the beauty of each flower, shrub or tree.

For its Wednesday evening, March 7 meeting at the Barrington Area Library, the Field and Flower Garden Club is happy to welcome Cathy Robinson, one of its own members, as the special speaker on the subject of pruning. Robinson, a certified arborist who has been involved in this

field for close to 20 years, was trained at both the Botanic Garden and the Morton Arboretum. Her expertise has been tapped for a variety of horticultural projects, including the "Rain Garden" at Roslyn Road School and a "bird-butterfly garden" in North Barrington.

The garden club welcomes visitors for this special program, including men, who are often stuck with the pruning job. The library closes at 9 p.m., so every effort will be made to start the program promptly at 7 p.m.

et ORGanized with Closet Masters

empty space and stashing things ay, out of sight, out of mind. To othit's tidying up an existing mess, tamthe clutter.

But we at Closet Masters think ORGaation is more than that-it's part art, rt science. It isn't just about having exspace for all your things; it's about ving smart storage solutions. It's about itting things away, keeping them in orer and being able to find them again, adv for use.

Since 1995, Closet Masters has been

at is ORGanization? To some, it's find- committed to creating imaginative yet practical ORGanizing solutions. Quality materials and innovative accessories are combined with our experienced and professional design and installation to solve your toughest challenges. Our endless line of products is designed with you in mind and offers flexibility for your everchanging ORGanizational needs. Check out some ideas and solutions at www. homeorg.com.

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eather Furniture Care for Long-Lasting Beauty

Many consumers purchase leather furniture and get advice from he salesperson, "Just dust it once in awhile and it will last orever." In fact, leather furniture manufacturers recommend cleaning and conditioning every 3 to 6 months for longlasting beauty and durability. Color-Glo Quality Leather Restoration is a mobile service that can give your leather furniture the professional cleaning and protecting conditioning treatment that will protect and preserve the color and supple

feel of the furniture. Without proper care, leather furniture can become dry, cracked, and faded. Natural body oils can accumulate from regular use, and create dark stained areas that will eventually cause the leather to crack and be permanently damaged.

Color-Glo Quality Leather Restoration is known for dependable service and expert workmanship. They utilize products specifically designed for finished, aniline or nubuck leathers. In addition to cleaning care services, they also redye, repair and restore faded, torn, and damaged leathers. Complete restoration services can bring new life to your worn leather furniture. We are an authorized Restoration Center specialist. To see photos of our work, click on "gallery" at our Web site, www. qualityleatherrestoration.com. For a free estimate, call Color-Glo Quality Leather Restoration at 1-847-719-2934.



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Call Oakview Kennels' Pet Resort at 1-847-526-1388 to make an appointment.

See Oakview Kennels' ad for a spe-

7th Annual Dash for Dreams 10K/5K Race and 2K Fun Walk

The 7th Annual Dash for Dream 10K/5K and 2K Walk will take place on April 14 to benefit Cowboy Dreams of Illinois, an nonprofit organization providing equineassisted activities to children with disabilities. The 10K and 5K races begin at 8 a.m. and the 2K Fun Walk has a 9 a.m. start. All events start and finish in downtown Barrington, at Lake Cook and Barrington

Individual registration for the 10K and 5K races is \$25 before April 13; \$30 on race day. The 2K Fun Walk costs \$20 be- fee is \$25 before April 13; \$30 on April 14. fore April 13; \$25 on race day. A team race A \$3 discount applies for CARA members.



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All registrations are nonrefundable and nontransferable.

A printable entry form is available at www.cowboydreams.org. Mail-in deadline is April 4.

Visit www.cowboydreams.org or www. signmeupsports.com to register online. Online registration closes at 5 p.m. on

Cowboy Dreams of Illinois is a 501(c) (3) nonprofit organization which assists the development of the physical, cognitive, social and emotional well-being of children with special needs through hippotherapy and therapeutic horseback riding in a safe, top-quality and affordable manner. All children participating in Cow-



boy Dreams of Illinois ride under a scholarship fund. The ongoing success of the program depends on the much-needed donations, grants and special event participation and sponsorships.

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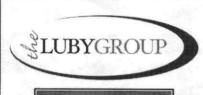
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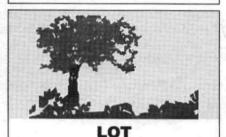
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BACOA Senior Activity and Lunch Program for March

The Barrington Area Council on Aging's ing St. Patrick's Day with a traditional (BACOA) Monday Senior Lunch and Activity Program is held at the Barrington music by the Nippersink Rogues, games Park District, 235 Lions Drive, Barrington. Games begins at 10:30 a.m.; lunch is served at noon

The suggested donation for the Monday lunch program is \$3. However, if underwriting is unavailable for special programs, there may be an increase in the suggested donation. Preregistration is required-call BACOA at 1-847-381-5030.

· Monday, March 5-Games and lunch. March is Nutrition Month, and there will be a discussion about healthy snacks and eating for the new year. Richard Oberdorf, a BACOA volunteer, will be presenting an introduction to sudoku, a new brain puzzle exercise.

• Monday, March 12-Games and lunch. You don't have to be Irish to celebrate the wearing 'o the green. BACOA and the Barrington Park District will be celebrat-

Irish feast. The festivities will include live and prizes. The cost will be \$7.75 per person. Reserve your space by March 8 by calling Linda Avellon at BACOA at 1-847-852-3892

· Monday, March 19—Games and lunch. BACOA social service coordinator Bonnie Scherkenbach will give a presentation on BACOA's Brain Aerobics program. Brain Aerobics is aimed at all ages and is designed to increase brain activity through logic exercises, imaginative exercises, reminiscence and more. March birthdays will be celebrated, and blood pressures will be taken by BACOA social service coordinator Diane Vos Hansen.

· Monday, March 26-The BACOA Senior Activity and Lunch Program will be closed due to School District 220's spring break. We will resume our regular programs on Monday, April 2.



A delightful opportunity to hear worldclass musicians is coming to Barrington on March 11! At 3 p.m., the celebrated Classic Arts Trio will perform a benefit concert at Barrington United Methodist Church, 98 Algonquin Road (corner of Route 59) in Barrington. Featured selections include the Trio in D major, "Ghost", op. 70, no. 1 by Beethoven, and Trio in A minor, op. 50 by Tchaikovsky. Proceeds from the concert will support local Adult Literacy Programs, and the Amity Foundation, a Christian outreach in mainland China that prints Bibles and provides social services.

Classic Arts Trio, consisting of Lyric Opera cellist Walter Preucil, his wife, accomplished violinist Stephanie Preucil, and noted pianist William Koehler, has given mission concerts for over 14 years. Walter played at Carnegie Hall to rave reviews, and the Preucils have performed throughout Europe and the United States. "The



Classic Arts Trio is cellist Walter Preucil, violinist Stephanie Preucil and pianist William Koehler.

purpose of the benefit concert is to share in the joy of music for the glory of God," said Stephanie. Tickets are \$25 for adults, \$6 for children, or a love offering-call 1-847-836-5540. "We want everyone to enjoy this wonderful music," said Bob Wulff of Missions Committee.





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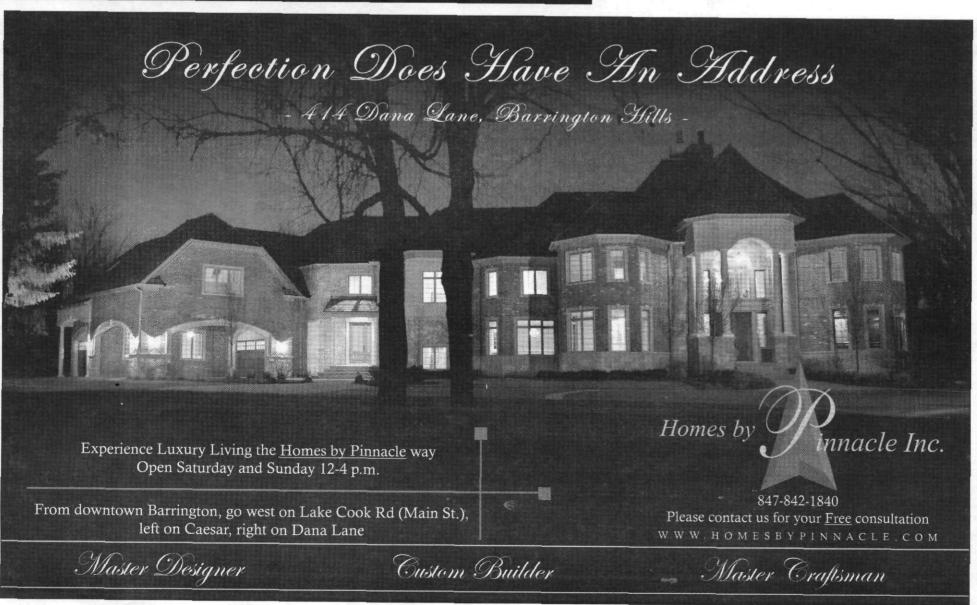
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Glass room additions create views of the sun and sky and add extra year-round living space with possibly little or no alterations. New CONSERVAGLASS, with a Lifetime Warranty, is specially designed to keep summer heat out and winter heat in and is one key to Four Seasons Sunrooms' success-especially in our Chicago-

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Armcor Design & Build can provide you with a complete "turn key" room addition project or you can build it yourself. Every Four Seasons' sunroom is virtually maintenance-free, weathertight and comes with a lifetime limited warranty on CONSERVA-GLASS, five year warranty on parts and labor. There are numerous options, both wood and aluminum systems, and a wide variety of models and sizes.

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210 W. MAIN STREET, BARRINGTON



Welcome Spring with a Pet Who Needs You!



Jeramiah

Believe it or not, spring is almost back. And nothing can help you enjoy a warm, new season like a lively, new pet. The Pets of the Month for March at Animal House Shelter are two friendly animals who would love nothing better than to be romping with you.

Jeramiah, our Dog of the Month, is a very energetic guy. This 2-year-old American Stratfordshire terrier mix needs a family of kids to wrestle and run with. He'd be great with older kids who have as much excess energy to burn as he does. Do you have some of those? We got Jeramiah from the Anti-Cruelty Society where he was about to be euthanized. He's crate trained and pretty obedient already. He just needs a family.



Max

think he's a dog. He's almost big enough to be one, weighing in at about 15 pounds, without an ounce of fat on him. In fact, 4-year-old Max loves dogs and people and he loves to play. And when he's done playing, he likes nothing better than curling up on the nearest lap. So what if part of him hangs over the sides! It's just too bad that his original owners couldn't keep him and turned him over to an animal hospital. Can this big blonde lover boy find a place in your home-and room on your lap? He hopes so.

If you are interested in adopting someone to play with this spring, you should visit us at Animal House Shelter, 13005 Ernesti Road in Huntley. You can visit between 11 a.m. and 7 p.m. seven days a Our Cat of the Month, Max, seems to week. Call us at 1-847-961-5541 for direc-

More than 300 Attend Little City Foundation 28th Annual Super Bowl Party to Cheer on the Bears

More than 300 people braved one of the coldest days in a decade to cheer for the Bears at the 28th Annual Little City Foundation Super Bowl Party at the Donald E. Stephens Convention Center in Rosemont on Sunday, Feb. 4. The event featured a performance by the Chicago Luvabulls, a full buffet and silent auction.

The event raised more than \$50,000 to help Little City Foundation continue its mission to provide opportunities for children and adults with intellectual and developmental disabilities to live rich. rewarding and dignified lives.

Newly elected Cook County Sheriff Tom Dart was presented with the 2007 Little City Foundation MVP Award, honoring his steadfast support of child welfare initiatives. As a member of the Illinois General WELCOME TO THE 28th ANNUAL UNDATION

Cook County Sheriff Tom Dart (second from left) is presented with the 2007 Little City Foundation MVP Award by (from left) Little City Executive Director Shawn Jeffers and Board of Directors members Fred Lebed and Jim Testa.

Assembly, Dart passed more than 12 laws ensuring the safety and welfare of all Illinois children.



tions or if you have questions. No ap- Maybe it will be Jeramiah or Max. Or you about what kind of pet you want and you. match you up with just the right pet.

pointments are necessary. We'll talk to maybe it will be someone else who needs

The Incredible Tulip

Out of the frozen earth below, out of the melting of the snow comes the "Incredible Tulip," the topic for the Garden Club of Inverness program by Diane Hunter, on Thursday, March 15 at 9:30 a.m. at All Saints Lutheran Church, 630 S. Quentin

Hunter, a popular Barrington area speaker, takes us on a tour of Holland's spectacular Keukenhof Gardens and the Dutch tulip fields, discussing the tulip's cultivation and history. In China, Constantinople and 17th-century Holland, fortunes were made and lost in bulb trading; and, if legend can be believed, at least one life was forfeited as Turkish Sultan Ahmed III was beheaded for crimes including "having Club is again offering at least one schol-

spent too much money on the annual tulip festival." It is a surprisingly exciting story for a small brown bulb.

The program begins after a brief business meeting and refreshments. Guests are welcome. For info, call Judy at 1-847-358-8994 or Camille at 1-847-991-5034.

Scholarship Deadline

April 1 is the deadline to apply for the Garden Club of Inverness scholarship, offered to graduating high school seniors and college and postgraduate students with a demonstrated interest in an environmentally related field, who reside in High School District 211 or the area served by Barrington High School. The Garden

Bugs in Your Garden

The Long Grove-Kildeer Garden Club is celebrating their 35th year. The club is open to all levels of gardeners in the surrounding communities. Their meetings are held at Reed Turner Woodlands Nature Center in Long Grove, generally on the second Monday morning of each month. The club actively supports this special nature preserve through gardening projects, scholarships and internships. They hold garden workshops, contribute to local nursing homes and charities, as well as aiding in the beautification of local gardens in the community.

On March 12, the meeting topic with be "Bugs in the Garden." On May 12 and 13th, the club will hold their very popular Annual Plant Sale. The meetings and garden sale are held at Reed Turner Nature Center, 3851 Old McHenry Road, Long Grove.

If you'd like to consider this club and want to attend a sample meeting or event, please contact them. For times and additional information, please call Ivy at 1-847-800-5000.

arship of at least \$1,000. Last year three scholarships of \$1,500 each were given, for a total of \$19,500 in awards in the past

six years. For an application, call the scholarship chair at 1-847-756-4472, or check with high school guidance counselors.

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OFFERED AT \$1,749,000



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Build your dream home on this incomparable wooded hilltop overlooking a private secluded lake. Over 5 spectacular lakefront acres with 624' of shoreline, on a private lane in a prime location, just moments from the Village, Ideal for walkout lower level construction. Enjoy idvllic views, majestic hardwoods & beautiful lake.

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BARRINGTON

Timeless sophistication throughout this magnificent waterfront residence. Gourmet kit w/ custom cabinetry & granite countertops, hardwood flooring t/o, walls of windows, cathedral ceilings & 2 FPs. 1st floor master, 3 2nd floor BR suites, fin w/o lower level w/ kitchen & full BA. Braymore setting & water views are spectacular.

OFFERED AT \$1,249,999



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BARRINGTON HILLS

Set on a private, wooded site, this 5 BR classic is the epitome of refined country living. Abundant in character & charm, & designed for personal comfort & festive gatherings, it features exquisite architectural detail, 5 FPs, gourmet kitchen, stunning views, sparkling pool, 4 car gar, stunning grounds & expansive stone terraces.

OFFERED AT \$1,724,900



BARRINGTON HILLS

Outstanding 6 br, 8.1 ba custom brick Georgian set on 10 rolling acres overlooking picturesque Goose Lake. Awe-inspiring architectural design and detail. It offers a grand gourmet kitchen, sumptuous master suite, 6 fplcs, finished walkout LL, stone terraces and 4 car garage. It is elegant, warm & very livable

OFFERED AT \$4,990,000



BARRINGTON HILLS

A private, winding lane leads to this stunning 3 BR, 3.1 BA brick residence. Renovated to perfection, it offers a gourmet kit w/ custom cabinetry and granite counters, inviting family room, generous room sizes & hardwood floors. Delightful sunroom, luxurious BAs & 2 FPs. Peaceful 6.7 acre setting, 2-stall barn.

OFFERED AT \$1,235,000



BARRINGTON HILLS

Classic stone & cedar ranch is set on 5 verdant acres offering 4 BR & 5 BA, w/ 2 master suites. Large, eat-in kitchen with Poggenpohl cabinetry & top-of-the-line appliances. Delightful suproom, cathedral ceilinged in family room, 4 fireplaces & 3 car garage. Includes tennis court & direct access to the extensive riding trails.

OFFERED AT \$1,349,000



BARRINGTON HILLS

"Creek House." Charming 1938 colonial is nestled in rolling, wooded 10+ acre setting w/babbling brook & pond, 5 br. 4.1 ba residence is warm & inviting w/lovely views from every window. Additional amenities include an inground pool, tennis court & garage parking for 5

OFFERED AT \$1,700,000



BARRINGTON

Exceptional newly constructed residence just minutes to the village. This stunning masterpiece offers the highest quality, design, detail & finishes. Gorgeous gourmet kitchen, 4 BR, 4.1 BA, luxurious master suite. Open flowing floor plan, finished lower level, beautifully landscaped grounds, 3-car garage.

OFFERED AT \$1,299,999



BARRINGTON HILLS

Magnificent 1 year old home is set on 5.84 beautiful acres, 5 BR, 4 BA masterpiece exudes warmth & charm & offers an Architectural Digest quality kitchen w/ topof-the-line appliances & adjoining firelit hearth room. 1st floor master retreat, 2 FPs, welcoming front porch & 3 car garage further enhance this spectacular home.

OFFERED AT \$2,475,000



BARRINGTON HILLS

Delightful equestrian property offers a lovely, completely updated 4 BR, 2.1 BA colonial with magnificent gourme kitchen, sumptuous master suite with luxurious bath featured in North Shore Magazine, and wonderful 4 stall barn with ample turnouts. Expansive decking, hot tub and 3 car garage too!

OFFERED AT \$989,000



BARRINGTON HILLS

A long curving drive leads to this gracious 5 BR, 4.2 BA country manor, secluded on 20 acres in the heart of horse country. A tranquil pond, sparkling pool, 10 stall barn, garage parking for 5 vehicles and premier Brinker Road location enhance this special offering.

OFFERED AT \$3,599,000



BARRINGTON

Lovely home in maintenance free community! Set in a premium cul-de-sac location, it offers a 1st flr master. 2 additional generous BR, den, 2 story family room w/ custom built-ins, cherry kitchen w/granite counters. A lovely deck overlooks private setting.

OFFERED AT \$699,000



BARRINGTON HILLS

Significant estate set on 17 rolling, wooded acres. Designed for a gracious lifestyle, this stone & cedar residence offers the finest custom finishes throughout its substantial comfortable interior. This beautiful estate includes 2 guest houses, pool, tennis court & 4 stall barn. Its location is prime and protected, its appeal, timel

OFFERED AT \$5,190,000



Greg Bradley 847-863-2424



Meg Cleavenger 847-212-0917

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Spectacular 1 yr. 10,300 sq ft. home, Gourmet kit, 4/5 BRS, 5+3 half BA, 5 stone frpls, heated limestone walnut floors, fin w/o LL/10ft ceiling + 5 rms. Exterior Landscape & Hardscape. Barr water & sewer.

Kerry Franze 847/277-2703



North Barrington

\$1,399,000

Wynstone showcase on sanctuary lot! Arches, hi-profile moldings, cust. Clgs. Island kit w/updtd cbts, 24" brekfast rm, refin flrs. 5-star master w/Versailles BA. 5BR, 4.2BA

Lori Rowe 847/774-7464



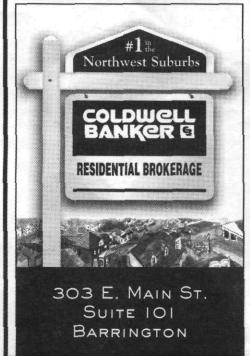
Tower Lakes

\$1,350,000

100% renovated on approx 5 ac. New v roof, gran kit w/Subzero & Dacor apps. 28' walk-in & skylt spa in MBR. 42' bns rm. Stone labyrinth. 5 BR, 4.2 BA.

Lori Rowe

847 774-7464





North Barrington \$1,199,900 Wynstone Williamsburg w/\$150K in updates. Transoms, millwork & vol clgs. Granite & cherry kit w/brkfst rm Covered pergola, Lavish master w/fplc, 5 BR, 5.1 BA Lori Rowe 847/774-7464



Prime Location! Eastwood Colonial 4BR, 2.1BA, Hrdwd firs. Bright kit. opens to fam. rm. Mstr BA w/whrlpl tub, 1st flr Indry, fin bsmnt w/rec rm. 2car gar.

Ron & Jeanine VanDeVelde 847/277-2282



Choice "Glen Acres" Cape Cod. Highlights include 4 BR, 4 BA, w/hardwood, 2 fireplaces, den plus sunroom, gourmet kitchen & 3 car gar. Highly desirable location **Donna Veller** 847/826-1530



Barrington \$579,900 Spacious 6 BR, 3.5 BA Colonial set on acre close to the rillage with 1st flr bed, study & bath. Home has gleaming ardwd flrs. Multiple decks overlook beautiful backyard 847/277-2284 **Mary Spinner**



Barrington \$565,000 Historic Village Farmhouse w/wraparound porch, 3BR 2BA custom kit/BA/mud rm. sub zero, viking, bosch frnt loader & dryer, gran & hrdwd to fin. MBR is huge & priv.

Ty Barton 847/277-2260 Ty Barton



Lake Barrington \$389,900 Lk Barr Shores-3 br, 3.1 ba end unit w/versatile flr plan. White kit w/Corian, hdwd flr. Fin lower level w/fplc, ba, partial kit, deck & patio. 2-car gar. New roof. Ron & Jeanine VanDeVelde 847/277-2282

PLEASE CALL LISTING AGENT DIRECT

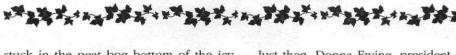
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Not a Good Day for A Swim by Linda Gordon



On Saturday, as the morning chores were being wrapped up at the Hooved Animal Rescue & Protection Society (HARPS), we noticed that our 19-year-old German shepherd named Zack, remarkable for his age, was not coming around for breakfast. This was very unusual, as he does not like to miss a meal.

Wendy Slack and I (both HARPS staff) thought he might have gone for a walk down the trail and decided to go look for him. The temperature was only in the low 20s and we were concerned that he may have slipped on snow or ice and might need our help. As we made our way through the woods we heard a faint yelp and followed the sound of his bark toward Flint Creek (Barrington Hills) and the adjoining lake. As we picked up our pace and ran down the snowy wooded hill our worst fear was realized. Zack had fallen through the ice and, attempting to find a way out, had swum 15 feet toward the opposite bank. He had become helplessly



stuck in the peat bog bottom of the icy lake and was quickly being sucked under. Had we not arrived when we did, within minutes it would have been too late.

Zack's body was submerged up to his head in the frigid water. I threw off my coat as we hurried to the edge, sat down on the thick ice and put my legs in the water, hoping my feet would touch solid mud at the bottom. What I found was the quicksand-like muck of peat bog, which is so common in that area. I began working my way to Zack while Wendy franticly searched for a branch long enough for me to hold onto if I needed help getting back out. By the time I reached Zack I had sunk down in the muddy water to my chest. I was able to wrap my arms around Zack's body and start pulling him back to dry land. Wendy was also in the water by this time and was wading out to join me. Every step seemed to take forever because of the suctioning effect of the mud, plus the weight of Zack's mud- and water-soaked coat. I was able to reach the edge of the ice with the dog, and together Wendy and I lifted him out of the lake onto the solid ice. He was shaking uncontrollably from the icy water and we quickly wrapped him in my coat and Wendy's fleece lined shirt and pulled him toward the

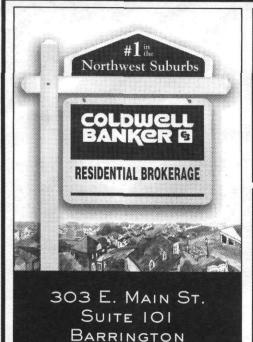
Just then, Donna Ewing, president and founder of HARPS, who had come to look for us, appeared at the top of the trail and was able to hurry back to the barn to get the gator (a four-wheel drive vehicle) and several dry horse blankets. We dragged Zack's limp body on the blankets up the hill to the gator and rushed back to the barn to get him warmed up (and dry clothes for Wendy and myself).

For about two hours we all worked on this old faithful dog, rubbing him with towels and blankets, using heating pads, two heat lamps and a hair dryer to warm him up and get his circulation working again. Once Zack was warm and dry, he regained his strength and was soon eating the breakfast that he had missed that morning... and more amazing still, later that day he was back on duty chasing off coyotes and keeping watch on the farm. He really is one incredible dog.

We all need to be aware of the dangers around lakes and creeks this time of year, not only for ourselves, but for our animals as well.

If you would like more information about the Hooved Animal Rescue & Protection Society and the incredible work they do, visit www.harpsonline.org or call 1-847-382-0503.

CONTINUING TO SERVE BARRINGTON AS THE #1 OFFICE





Barrington Hills \$3,397,000

4 BR, 4+ BA w/4 fplc, 10 ft ceil, gourmet kitchen. Mstr ste w/all amenities & 3 additional ste w/priv ba. 4-car gar on 5 acres of wooded land. 14-car carriage house 847/903-9688 **Jack Sanderson**



Barrington Hills \$2,195,000

5 BR, 5.5 BA Grand Estate on 5 acres. Kit w/granite & octagon eating area huge study. Full fin LL w/kit, dance flr, rec rm w/fplc, exercise rm, br & bath. 4-car garage

Sherl Wheeler 847/370-3808



South Barrington

\$1,799,000

New const on 1.25 ac. Brk & stone French Country hm w/ 5 BR, 4.2 BA, 2 sty entry, 9' & 10' clgs on 1st flr. 4 frpl. 'Smart House" Fin LL w/9' clgs, wine cellar & home theatr

Celeste Lockhart 847/525-0411





mstr ste w/kitchenette & sitting area, 2 fplc, art niches, hdwd firs, walkout LL w/10' ceilings, 3 c gar on 1+ ac. **Robbie Morrison** 847/212-0966



Prairie Grove \$1,575,000

4 BR, 6 Full & 2 HBA's on breathtaking property for horse/car/nature lovers. 18-stall barn & approx 10,000 sq ft of ving space. Potential barn rental income. Conservancy 847/277-2758 Wendy Fern



South Barrington \$1,499,900 Rebuilt-like New. 1.8 ac, 6 BR, 4.5 BA w/mrble, Hdw Fls, MB Ste w/jac, steam shwr & cust design W/I clst. Dream

kit w/island, SS appl, cherry cab, gran cntrs, W/O fin LL. Celeste Lockhart 847/525-0411



Barrington \$1,385,000

Under construction & gorgeous! Village 4 BR, 5 BA Brick Georgian, every BR w/Bath, 3-c gar. 9' clgs, hdwd flrs, granite, cherry, marble.

Sherl Wheeler/Jane Pohlman 847/370-3808



Barrington Hills

\$1,175,000 Nantucket-style 4 br, 3.5 ba w/ Brazilian cherry flr, granite, stone fplc in FR & master suite. Front porch, brick walkway, driveway & patio. Smartly landscaped.

Barbara Cunningham 847/277-2262



South Barrington

\$995,000 Spectacular 3-acre lot is perfect property for walkout or English basement. Bring your imagination and build the home of your dreams.

Vicky Palivos 224/875-8356



Barrington

\$984,000

Village-4 BR, 4+ BA luxury new construction. 3900+ sq ft. Huge 2-story living rm. Large family rm on LL w/full bath that walks out to brick paver patio. Lrg corn

Jessica Paxton 847/815-9171



North Barrington

Built in 1935, this vintage home is totally updated-4 BR, 3 BA, sunny family room, sun room & study. Great master suite. Finished basement. Even includes a playhouse

Sherl Wheeler 847/370-3808



Bartlett

\$895,000

Stately 3,500+ SF open flr plan. 4 BR, 3 BA, walkout on wooded 1/2 acre. Inverness builder offers top quality in this new const. 3 min to downtown Bartlett & train

847/815-9171



Bartlett

\$875,000

4 BR, 4 BA builders model for sale in Bartlett Station. Beautifully appointed, loaded w/ upgrades throughout. Entertainers floorplan. Gourmet kit with granite.

Jessica Paxton 847/815-9171



Barrington \$849,000

Totally updated 4BR, 2.5BA Fox Point hme. 2-stry 29x21 addtn, study w/fplc, high-end kit w/granite, SS, Hdwd. Roof, carpet, paint, front drs in 2006. Cook County taxes

Sherl Wheeler 847/370-3808



Lake Zurich

\$699,000

Gorgeous updated home featuring huge kitchen w/ double granite island. 9' ceilings, 2 story entry & family room, heated garage.

Sherl Wheeler/Jane Pohlman 847/370-3808



Barrington

\$685,000 5 BR, 3.5 BA on 5 private acres has full fin walkout lower level w/fplc. 1st floor guest room w/full bath, screened

porch & park-like setting. Horses allowed. Sherl Wheeler 847/370-3808



Barrington

\$649,900

Fox Point-Beautifully updated 4 BR, 2.1 BA + new kit & BA. Newer mechanicals, roof, elec, windows, hrdwd flrs. 2 patios, huge priv yd w/fire pit. Fox Pt ame

Lynn Douglas 847/277-2786



Palatine

\$649,000

2 BR, 3.5 BA 3-level unit w/granite, stainless steel appl, 2-story foyer, 2 fplc, flaunting gorgeous mantels, hdwd own moldings, wainscoting. Full fin English bsmt.

Robbie Morrison 847/212-0966



Barrington

\$597,000 Historic Village Victorian, 4 BR, 2.5 Bath w/Wide Plank Floors, Wraparound Porch w/Beadboard Ceiling, 300' Deep Lot, 3+ car Garage.

Jack Sanderson

847/903-9688



Inverness

\$499,000

Inverness on the Ponds! Gorgeous waterviews, Family rm w/frpl, 1st floor MBR w/luxury BA & Jacuzzi tub. 2 BR + loft, 2.5 BA. Newer furnace, AC & 75 gal. hot wtr htr

847/312-6744



\$319,900

3 BR, 2 BA home. Old World charm abounds in this 1930's Sears catalog home. Hdwd floors beneath carpet in most rooms an added bonus. Beautiful bungalow.

Wendy Fern

847/277-2758



Barrington

1 BR, 1.5 BA unit. Kit w/42-inc cab, ss appl, granite & brkft bar. Wood flr in foyer, liv rm & kit. In-unit laundry. Spacious mstr ste w/ceramic tile bath. Deeded prka

Bridget & Bob Hill 847/277-2280



"Today's Real Estate Market: Myths, Trends and Sellers' Secrets for Success"

It's official: it's a buyers' market, which 1996 to reserve your place. means sellers just need to be savvier. If you are considering selling your home, or if you have a home on the market and are having difficulties in attracting a buyer, please join two area real estate specialists who will give you the tips and trends as they relate to selling a home in today's real estate market. The program, "Today's Real Estate Market: Myths, Trends and Sellers' Secrets for Success," will be held on Saturday, March 3 at 10 a.m. at The Garlands of Barrington, 1000 Garlands Lane, Barrington. The program is free and open to the public. Please call 1-847-304-

Lynn Madison is an independent consultant and professional speaker who has weathered many real estate storms and lived to tell the story of how to sell a home in a down market. She will discuss choosing an agent or listing for sale by owner, pricing, showing your property, various selling incentives that are currently being offered and negotiation strategies. She will also review some encouraging home sale statistics and recent trends.

Madison will be joined by Craig Schiller of Real Estaging who believes that how you live in your home is not how you will sell your home. Schiller is a professional Barrington, is a unique community for real estate stager who will prove his point by offering several "before-and-after" examples and photographs of properly staged homes that have sold faster and at premium pricing. Beyond interior design and décor, Schiller will explain how to present your home so that it is most appealing to potential buyers.

The Garlands, located near the heart of

people age 55 and older, offering residents an uncompromising lifestyle in a resort setting. The Garlands of Barrington combines elegant residences with unprecedented amenities and services.

To reserve your place at this free seminar on Saturday, March 3, please call The Garlands of Barrington at 1-847-304-1996.



From a Woman's Point of View

by Amy Wickstrom, Wickstrom Ford Lincoln Mercury

Was there more in the air in February than Super Bowl fever? Lately, I've received a record number of car-related questions from people who are just entering the market for a new vehicle. With my reputation as a "car guru" at stake, I decided to do a little research into new products and trends.

One of the hottest market segments in the auto industry is the CUV, or crossover utility vehicle. They combine the styling and utility of an SUV with the ride, agility and economy of unibody, or car, construction. Ford Motor Company's most-recent entries into this rapidly growing segment are the Lincoln MKX and the Ford Edge. Both have a best-in-class 265-hp V-6 engine, Roll Stability Control™ and available all-wheel drive. The flat-folding rear- and front-passenger seats offer the largest cargo area available in a CUV and the Safety Canopy System™ provides side-curtain airbag protection for all outboard passen-



When I picked Grace up from school last week, I drove an MKX. Before she got in, I turned on the rear heated seats and opened the Vista Roof (my favorite feature), which is a huge 27-by-29-inch front moonroof and a 15-by-31-inch fixed rear moonroof. Grace is one little girl who is never at a loss for words, but on the ride home, the only word I heard was "Wow."

> Until next month, --Amy



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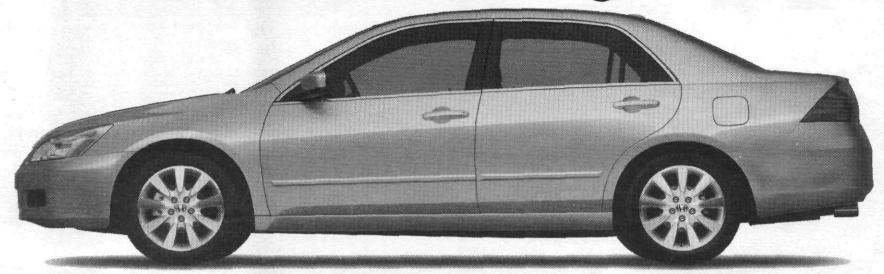
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Entire inventory online at:

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Quality Isn't Expensive, It's Priceless.



Stonecrafters of Lakemoor has earned the reputation as Chicagoland's choice for custom stone products. Through hard work, exceptional customer service, and quality materials, Dave Hammerl and crew are offering value and expertise.

When asked how **Stonecrafters** has become such a driving force in the market, owner Dave Hammerl simply smiles and points to the testimonials on their Web site, **www.stonecrafters.com**.

"We believe that one satisfied customer will turn into even more through word of mouth. We appreciate when a customer takes the time to tell us what they think of our work and we have kept these letters over the years. The Web site shows a small sampling of them, but the main theme is that our superb customer service and attention to detail has been what has taken us to the top," says Hammerl.

Here are some examples of what Hammerl is referring to:

"I can't express enough my positive impression of everyone I was in contact with regarding our marble top. Positive attitude, friendly, conscientious, on-time, considerate. Thank you."

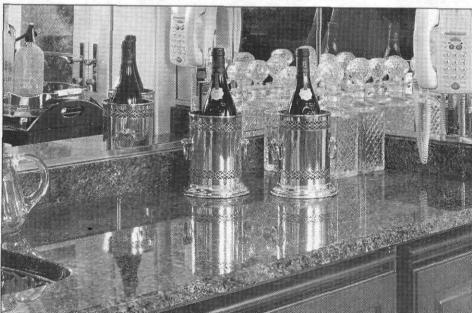
—Coralee O., St. Charles

"Thank you for an exceptional job. Everyone was great! Also I was really impressed with the respect showed for my home. You have my vote." —Elaine S., Kildeer

"I was very happy with the service from Stonecrafters. I love my new countertops and the Stonecrafters Team was great to work with. A job well done! I will recommend you to my friends and neighbors."

—Karen B., Barrington

Stonecrafters' custom stone fabrications can add durable beauty to your home. They specialize in every type of stone application that will make your house truly shine. **Stonecrafters'** reputation speaks for itself, and they welcome customers to visit their state-of-the-art fabrication facility and see first hand, the **Stonecrafters'** difference.

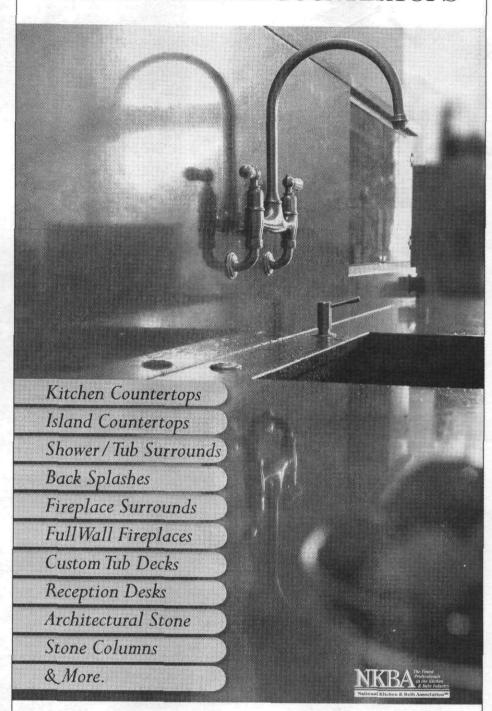


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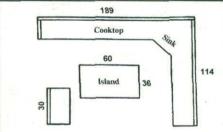
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