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Editor's Ink

March, 2006

Dear Reader,

Spring is in the air, judging from what the garden clubs in the area are focusing on this month: organic gardening, gardening expertise and special presentations on tulips. Tulips hold a special meaning in my heart. My grandparents raised tulips professionally and to see their huge gardens in bloom was nothing short of spectacular.

You'll enjoy some really wonderful art exhibits in the area this month. The Barrington Area Historical Society is presenting a Smithsonian Travel Exhibit on the work of photojournalist Diana Walker. Images of American presidents, first ladies, candid shots of famous people and more are to be enjoyed.

The BAAC's library art exhibit presents Barrington artist Kelly Stachura's noir et blanc—a very interesting focus in my view.

"Irish Photographs" by James Fraher can be viewed at the Barrington Area Arts Council. I've had the pleasure of visiting Ireland several years ago and feel he has captured the essence of Ireland very well. It brought back fond memories.

Circle Saturday, March 11, for the Barrington Junior Women's Club's big event, "Still Swinging at 70." This exciting night will include dinner, dancing and fabulous auctions. Proceeds go toward many local organizations that are in need.

Until next time, may all your thoughts be sunny.

With warm regards,
Glenn M. McMonigal
Editor, *Lifestyles Magazines*



About Our Cover

Dark ginger magnolia silk blouse and skirt. A beautiful spring ensemble.
Ellen Tracy 2006.



Exciting Smithsonian Photo Exhibit Comes to Barrington



The Barrington Historical Society proudly presents the traveling exhibit of photojournalist Diana Walker.

The Barrington Area Historical Society is presently hosting an exciting Smithsonian Traveling Exhibition featuring the work of photojournalist Diana Walker. The exhibit includes recent images of American presidents, other world leaders, private candid and public moments of famous people, conventions and campaigns, and some of Ms. Walker's favorite photos. The exhibit also includes many famous women including actress Jamie Lee Curtis, Bella Abzug, Betty Friedan, Katharine Graham, Madeleine Albright as well as many first ladies over the past 25 years.

Ms. Walker has been recognized by the World Press, the White House News Photographers Association and the National press Photographers Association. Her

longevity as a White House photographer earned her exclusives—like being the only photographer in the room when Nancy Reagan entertained Raisa Gorbachev for the first time. She also was the first photojournalist allowed to spend an entire day inside the White House with President George H.W. Bush—resulting in the 1989 *Time* photo essay, "A Day in the Life of George Bush." Walker has also had her photographs published in *Paris March*, *Vanity Fair*, *People*, *Life* and *New York* magazines.

This exceptional display of photography will be on display at the Barrington Area Historical Society through March 26. For tickets and tour information, call the society at 1-847-381-1730.

"Breakfast at Tiffany's" Spring Fashion Show



The Planning Committee is: (back row, from left) Susan Slapke, Pattie Stejskal, Rosemary Insolia, Jay Kist, (front row, from left) First Vice President Raisa Bratkiv and President Nancy Wulfers

The Women's Club of Inverness is involved with several projects they would like to share with the community.

Scholarship applications have been mailed to the area's high schools, colleges and churches. Please stop by the offices to pick them up. Previous winners and applicants may reapply. In April, the winners will be chosen for the \$1,000 each scholarships. For information, please call Raisa at 1-847-991-3136.

The Shoebox Express is a new program

this year. We are collecting much-needed items to send to the soldiers in Iraq; soldiers' names (men and women) are needed. You may bring items to the meetings and luncheons. Also, we are accepting donations for tsunami victims. Please call Georgia for information at 1-847-304-9671.

On March 10, 9:30 a.m., the Inverness Golf Club will host a general meeting/program, the theme of which is "Hats Off to Spring, Floral Style for the Home." Acclaimed Chicago floral designer Bobbi

BAAC Proudly Presents "The Gift of Knowing"



Mary Klest, writer and editor

The Barrington Area Arts Council proudly presents the photographic artistry of Barrington photographer Susan McConnell in an exhibition entitled "The Gift of Knowing" with writer and editor Mary Klest of Barrington, in collaboration with and support of Hospice of Northeastern Illinois, whose mission is to create greater awareness of hospice care, and the many ways families and patients can benefit from the supportive services offered by Hospice of Northeastern Illinois.

The exhibition will take place at The Garlands of Barrington Gallery, 1000 Garlands Ln., Barrington, from Friday, March 3, to Sunday, April 30, with an opening reception to take place Friday, April 14, from 5 to 7 p.m. Light refreshments will be served. For further information, please call BAAC at 1-847-382-5626.

In "The Gift of Knowing," Susan McConnell captures both story and mystery in the lives of subjects she photographs, a brief glimpse of time and space. Her devotion to the deep and meaningful things of life have transported her through many collaborative projects, including the 2005 Heart Gallery of Illinois, as part of Adopt US Kids, in which one portrait was chosen for display in the rotunda of the Russell Senate Building, Washington, D.C. Susan also created The Barrington Families Project for Barrington Youth Services in 2004 and is currently working on a diversity project for the Nerge Elementary School in Schaumburg, which will showcase 30 nontraditional families.

In addition, Susan McConnell has been lead photographer for Martha's Vineyard Community Services for five years; for Possible Dreams Auction, the most successful charity auction in the United States; and the Island Families Project, which won awards from the state of Massachusetts. Her recent series of photographs entitled, "Change Comes to Barrington," are



Susan McConnell, photographer

hung at Barrington's Wool Street Grill, and Susan is also embarking on a new series entitled, "Faces of Barrington," comprised of portraits of Barrington residents.

For both Susan McConnell and writer/editor Mary Klest, "The Gift of Knowing" exhibition has allowed them through the sharing of experience to express how deeply Hospice of Northeastern Illinois has touched their personal lives during the terminal illnesses of their own loved ones. Mary Klest, a member of the Barrington Writers Workshop, writes and edits creative nonfiction, with a special interest in profiles. She has worked in public relations, marketing and technical communications, and as editor for several corporate publications. Her work has appeared in lifestyle and business journals, periodicals and exhibitions. Graduated from Southern Illinois University with a bachelor's in journalism, she lives and writes in Barrington with her husband and son.

Mary states, "Profiles are a way of letting people tell their stories. I am often surprised and delighted by what people tell me—I call it word portraits, because I build the story by focusing on a particular moment or detail. Writing about people is an honor for me. In community projects, I hope my writing will bring people together in a unique and inviting way. There is no threat, only curiosity."

She adds, "The project is my way of saying thank you to the people who cared for my mom and me as she faced the end of her life. If I can help spread the word about all the services Hospice provides, I feel fortunate. The message is, you don't have to face the transition alone. There are people dedicated to providing comfort. I felt a kinship to the people who appear in 'The Gift of Knowing' exhibit—I watched them enjoy what life had left to offer. Their dreams are of today, maybe tomorrow."

Ecker travels the world to share her expertise and creativity. Please bring pasta, jars of sauce, cans of cheese, pizza mixes, etc. to the luncheon to help replenish the Palatine Food Pantry. For more information, call Ruth at 1-847-304-1423. All are welcome.

"Breakfast at Tiffany's," the new theme for the spring fashion show, will be held Friday, April 15. Jay Kist, chair; Rosemary Insolia and Jane Cazal, co-chairs are busy putting together this wonderful day. You will not want to miss it! Again there will be prizes, several boutiques, silent auctions and a wonder lunch plus surprises galore! For reservations, call Ruth at 1-

847-202-1423.

The Ad Book and the Silent Auction are big fund-raisers for the fashion show. We need advertisers for the program and donated auction items. For the Ad Book, call Carolyn at 1-847-842-9651; for auction items, call Susan at 1-847-382-3708.

The Basket Party will be April 7. We need more people to sign-up for various baskets: Gourmet, Chicago, Kitchen, Surprise, Beauty/Spa, 4th of July, Ravinia, Golf. This is a fun project, and many people who first participate are hooked. We have many ideas to help you and many helpers. Donations are appreciated. Call Cindy at 1-847-842-1690.



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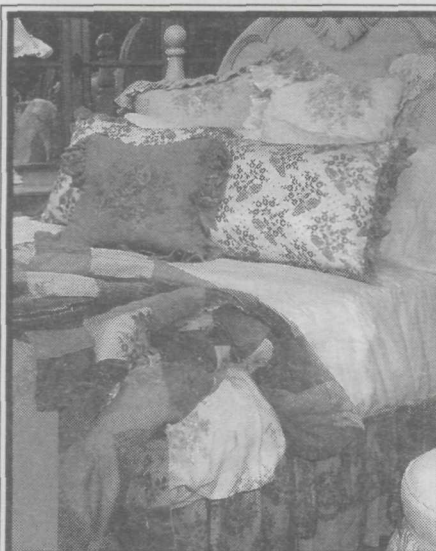
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Employment Separation— Review and Evaluation

by Joette S. Doran, J.D.

A careful review and evaluation of the facts and circumstances surrounding an employment separation decision are important for both the employee and employer. Employers are often concerned that the employee may later raise claims against the company, and employees may be concerned as to whether any of their legal rights have been violated by the employer during the employment or as a result of the termination. As such, the separation decision should be carefully analyzed under both the state and federal laws to determine whether there is a violation of state and federal antidiscrim-



ination statutes such as Title VII, the Age Discrimination in Employment Act, the Americans With Disabilities Act, and the

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No matter where you're headed this season, we've got you covered!

For that Southern Sun: The Belle in you can shine. Your feminine charm oozes in Romantic lace and chiffon tops from Kay Celine. Crank up the magnolia mouth and make a statement in one of our Basil & Maude skirts: be it the white with silver trim, sage with a peek-a-boo tulle hemline or black with big tangerine flowers! Top it all off with our little white denim jacket.

For the remote beach escape: Trek to the tropics with one of Kenzies new little Bermudas, and top this look with a floral tank and crochet sweater from Free People. Or, you can pair some Pure Color jeans (Oprah's pick!!) with one of our specialty tees. Be it batik—tie dye—crochet—beaded... we've gotcha covered—you can count on it!

For that Desert Resort: Camouflage—

what else?—In great little capris from XCVI. You may choose to pick up the desert hues from Fibers in her truffle colored gauchos with matching shrug and tank. Or, wrap on her hanky hemmed skirt in solids or the tie dyes for that pool-side dinner. Oh, don't forget the linen! Embroidered jackets, kicky skirts, or city shorts are paired with one of our metallic fishnet tanks in bronze, champagne or navy for a sophisticated finish.

Did you ask for dresses? We've got them! Great little chiffon numbers in solids and prints—you'll love the fit and price, we promise.

Lots are rolling in through our doors this month, and we're here to help you put it all together—it's what we're known for. But visit soon and often. Styles roll out as quickly as they roll in. That's also what we're known for!

See ya soon!

The Stuff that Dreams are Made of: Wickham Interiors' Luxury Bed Linens

Wickham Interiors in Crystal Lake has beautiful luxury linens. These outstanding bed linens, only found locally at **Wickham Interiors**, offer a myriad of possibilities to embellish your home in a mood that is classically pretty yet fresh and contemporary.

Delicate, romantic and feminine, the Aude de Balmy collection, another **Wickham** exclusive, is an ode to nature in refined floral prints. The exquisitely colored classical designs are complemented by coordinating patterns for sheeting and bedskirts. Each is printed on a silky, no-iron cotton and finished with an elegant satin stitch.

Bella Notte linens at **Wickham Interiors** create stunningly sumptuous bedding. Their cornerstone is their unique textures and colors. Each order is custom dyed in

gorgeous colors.

Peacock Alleys understated elegance and sophistication make a fashion statement that never goes out of style. Silky smooth perfection of 600-thread-count Egyptian cotton in neutral tones has an ageless appeal.

Other **Wickham Interiors** bedding includes: quilt companies such as Judy Boisson, designer bedding, as well as custom bedding by **Wickham Interiors**. Come see bed linens only found locally at **Wickham Interiors**.

For more information, call **815-455-6202** or visit 67 N. Williams in historic downtown Crystal Lake. Check out our new Web site at www.wickhaminteriors.com. Receive **10% off** any one item by mentioning you read about it in *Lifestyles* for March '06.



Family Medical and Leave Act. Also, the situation should be analyzed for potential violations of state causes of action for retaliatory discharge, contract or quasicontractual rights. In that regard, the review should include a review of contractual agreements such as noncompete provisions, confidentiality agreements and non-solicitation agreements. Naturally, employees are concerned regarding the former employers' enforcement of those provisions and the impact of the agreement on future employment. Employers may also be concerned about enforcement of the agreement due to concerns regarding the former employees' ability to unfairly compete against the company. As such, an analysis of the facts may also be warranted under the Illinois Trade Secrets Act and state law tort claims.

The separation review should also include an analysis of final payment issues under the Illinois Wage Payment and Collection Act for wages, vacation, bonus and commissions. Also, important is the review of benefit issues such as health care

and unemployment benefits. The review and evaluation should include not only whether a violation has occurred but the best way to resolve the situation. This determination will depend on the type of potential violation and the anticipated monetary damages. Most issues may be resolved by the employer and employee with the preparation of confidential separation agreement which includes a release of all claims.

For additional information regarding discrimination, please visit our web site at www.joettedoran.com.

This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own situation.

Ms. Doran is licensed in Illinois and all Illinois federal courts and is a member of the Federal Trial Bar. She is the past-chairperson of the Employment Law Committee for the Northwest Suburban Bar Association and is past-president of Barrington Area Professional Women.

Rejuvenate Your Mind and Body for Total Fitness

Life is a balancing act. Work and Play. Night and Day. Hot and Cold. Inhale and Exhale. Taking care of your overall fitness also requires balance—of the mind and body. That's the concept behind **Studio Pilates Centre of Balance**, an innovative and refreshing mind-body exercise studio that provides Pilates and Yoga instruction along with massage therapy.

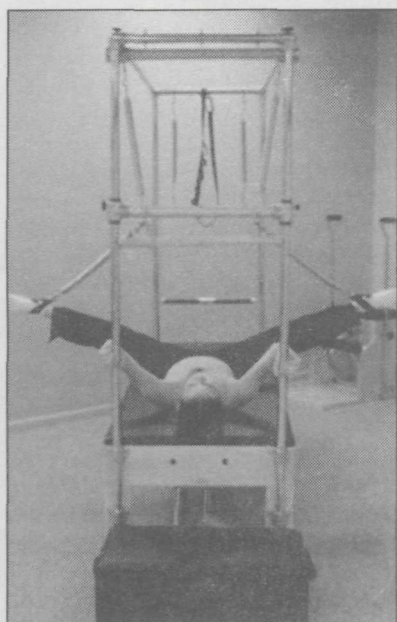
Although the psychological benefits to Massage Therapy are fully recognized such as the way it melts away stress and tension, leaving you rejuvenated and relaxed, it is no longer viewed solely as an indulgence. Massage Therapy is now a significant component to achieving overall health and wellness.

Studio Massage Centre of Tranquility offers a variety of massage treatments including the Classical European Massage, Studio Fusion Massage, Deep Tissue Massage and Studio Tranquility Massage which is the studio's signature massage. Combining reflexology, aromatherapy, and classic therapeutic touch focusing on the head, hands and feet, this full body massage begins with a warm massage table, and a guided relaxation. During March, receive a **complimentary lavender eye pillow**, a \$20 value, with a Studio Tranquility Massage. By appointment only.

Massage Therapy has been a natural complement to the Pilates and Yoga instruction offered by the studio. The combination provides a refreshing mind-body workout that's safe and sensible, helping you look and feel your very best, no matter what your age or condition.

This month's featured Yoga pose is Surya Namaskar, the Sun Salutation, actually a sequence of twelve yoga positions, linked together by a flowing motion and accompanied by five deep, special breaths. Each of the 12 positions contributes to stretching a different part of the body and different muscle groups. Pictured is position two of the Sun Salutation, the standing upward salute or Urdhva Hastasana.

Studio Pilates Centre of Balance and **Studio Massage Centre of Tranquility** are located in downtown Crystal Lake at 46 Brink Street. For Pilates and Yoga class availability, or to make a Massage Therapy appointment, phone **815-455-4900**. Visit online at—www.studiopilates.net.



Woodland Art Gallery Move to Expanded Location Brings Antiques to World of Art

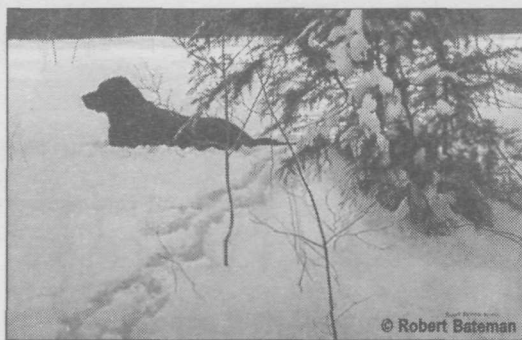
After almost 25 years in the same location, **Woodland Art Gallery** has tripled the size of its space overnight with the recent move to a new location just a block away.

Now open at 44 Brink Street in downtown Crystal Lake, the new space allows for larger display of the gallery's extensive limited edition prints and original art. The expansion also provides owner Scott Teasdale with the opportunity to expand his love for fine antiques and collectibles.

"We have wonderful walls for displaying more of the artwork that art gallery has developed a reputation for featuring," Teasdale explained. "But I'm very excited about the new antique gallery that we're unveiling. Specializing in fine antiques and collectibles such as furniture, lighting and glassware, we'll also feature Middle Eastern textiles such as antique Persian rugs."

In addition to original works of art and limited edition prints by renowned artists, **Woodland Art Gallery** offers sold out works as well as repligraphs by the masters, and Lotton Studios art glass.

Various worldwide artists are featured at



Off the Leash by Robert Bateman

the gallery. *Off the Leash* by the celebrated Robert Bateman, shown here, is one of dozens of works by the artist available at the gallery.

The gallery specializes in museum mounting, custom matting and framing. Its selection of framing materials is extensive.

Teasdale invites art and antique lovers to visit the new location as it revolves into a special place to enjoy this unique combination of treasured collections.

Woodland Art Gallery and Frame Shoppe is open Monday through Friday 9 a.m. to 5 p.m., and Saturday 9 a.m. to 3 p.m. Phone **815-459-0460**.

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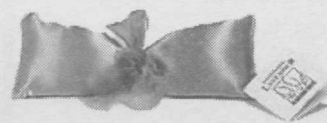
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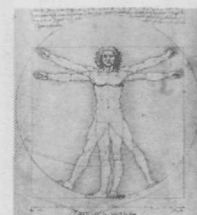
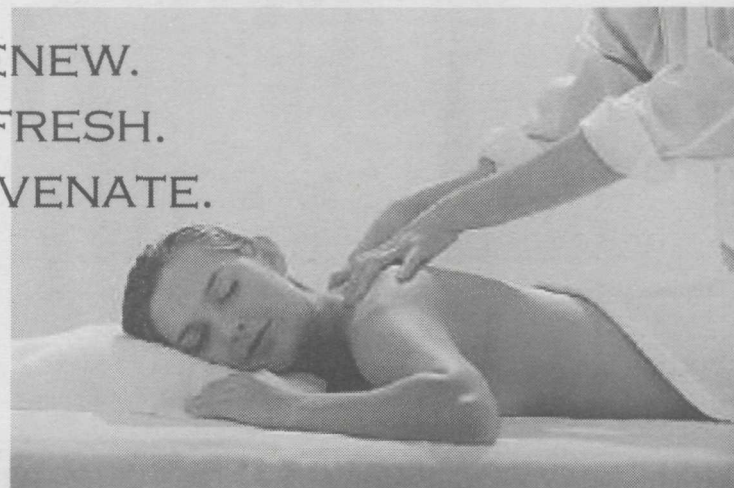
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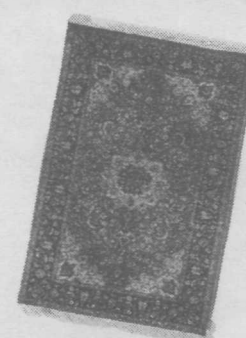
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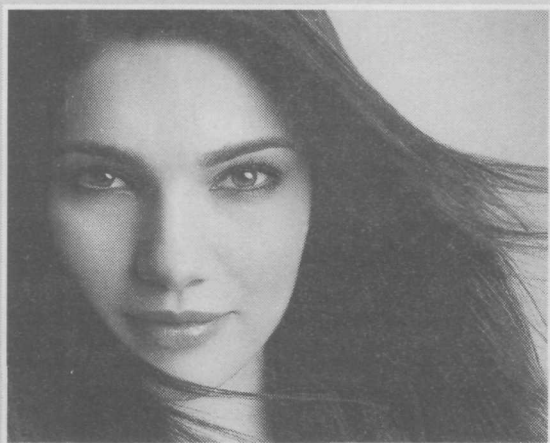
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"Irish Photographs" by James Fraher



The Barrington Area Arts Council presents "Irish Photographs" by James Fraher. The exhibit is open now through April 7.

James Fraher holds a bachelor's degree in photography and a master's degree in media communications. He has been a photographer for 30 years and taught college-level photography for 15 years. Fraher is a principal of Bogfire, Inc., a business specializing in graphic design and photography. He resides in Grayslake.

James Fraher's projects in Ireland include *A Day in the Life of Ireland* (Collins, 1991); was photographer for the Lough Boora International Sculpture Symposium in County Offaly (2002); and for the Laois Artists' Symposium at Elmo Court, County Laois (2005). Fraher's photographs will be featured in a book to be released in the spring entitled *Stories from a Sacred Landscape* (by author Caimin O'Brien, Mercier Press, 2006).

James Fraher's photographs have appeared in many other publications, including on the covers of *Living Blues* magazine and on over 100 music recordings. He is the author of *The Blues is a*

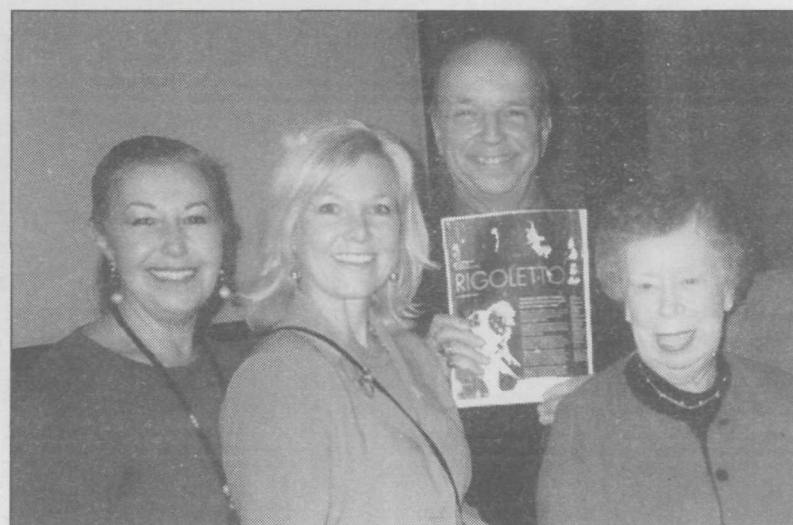
Feeling, Voices and Visions of African-American Blues Musicians (Face to Face Books, 1998); *Down in Houston: Bayou City Blues and Texas Zydeco* (both collaborations with writer Roger Wood, University of Texas Press, 2003/2006). Fraher has also recently published a calendar entitled *The Blues, Photographs by James Fraher* (Pomegranate Books, 2006).

James Fraher states, "Over the years, I have found myself photographing a number of Irish subjects... My connection to the land has deepened during the past two years—it's quite an amazing feeling, to be standing on the site of a monastery dating back to the fifth century, or photographing a rag prayer bush... no one really knows how far back it goes, but everyone believes in its power to answer one's intentions."

"... I return often to photograph on the bog, the landscape... scenes that pull me in, the musicians I meet, and my longtime friends and relations. I... do this act of photographing with a passion, and a respect for tradition, in a place that I call home."



After the Lecture



Following the January opera lecture on *Rigoletto* at The Garlands of Barrington, Jill Lund, activity director for The Garlands (center) was joined by Barrington Lyric Chapter members (from left) Elaine Matouski, Barrington; lecturer Denny Hayes in charge of Barrington Chapter's Outreach Education, St. Charles; and Evelyn Hammond, Barrington.

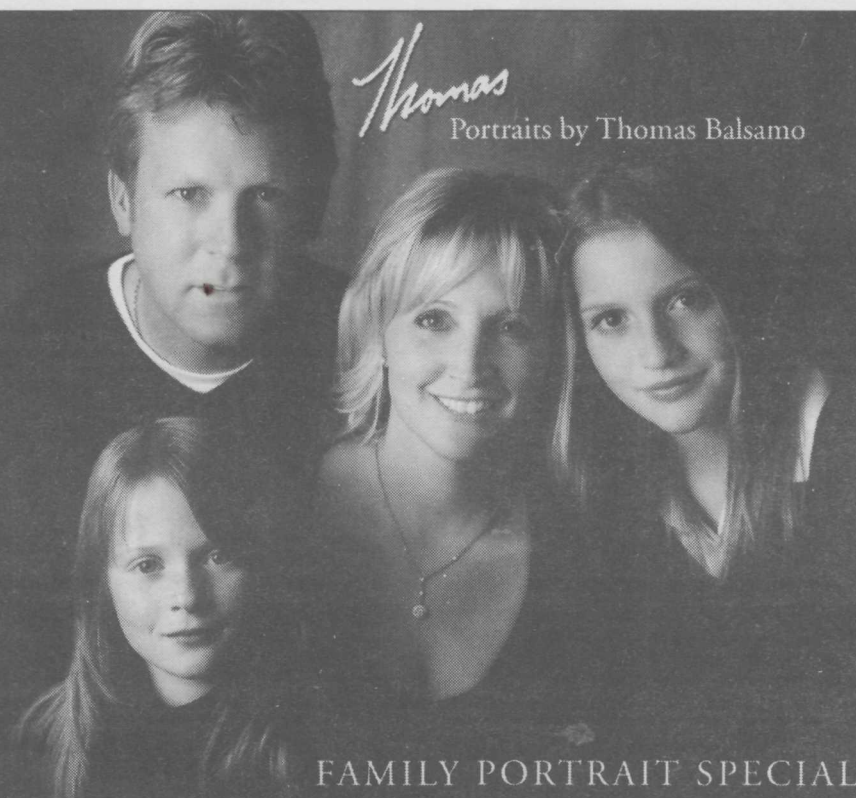
The Barrington Chapter sponsors free, open-to-the-public opera lectures on all eight of Lyric Opera of Chicago's main

stage productions. The lecture presentations are given by Lyric Opera of Chicago's award-winning Lecture Corps, which is co-chaired by Howard and Mary Robins, Arlington Heights, both past presidents of the chapter.

For inquiries on membership in the Barrington Chapter, call George Obermaier, 1-847-985-0837. You may visit Lyric Opera of Chicago's Web site, www.lyricopera.org.

Thomas

Portraits by Thomas Balsamo

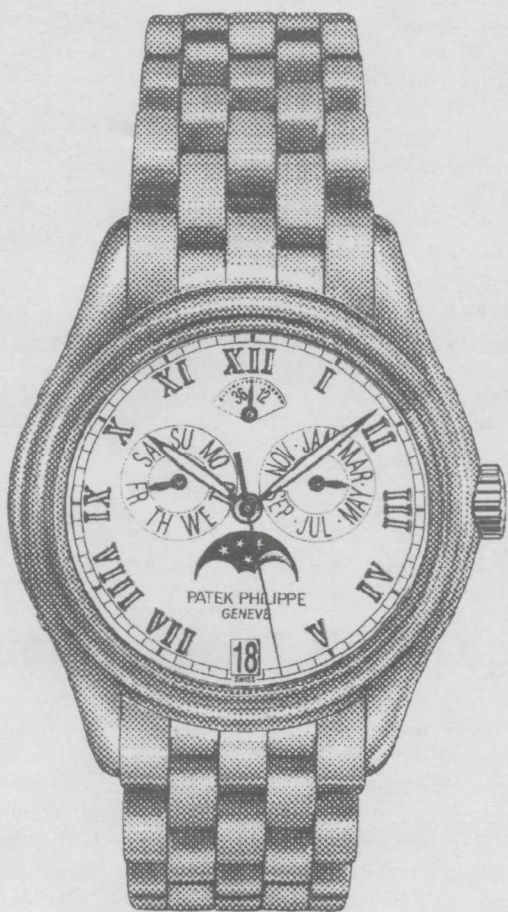


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always, we are happy to help you put your personal look together.

Hope to see you Wednesday, March 15, from 6 to 9 p.m. for another fun **Savvy** event.
—Rosemary/Linda

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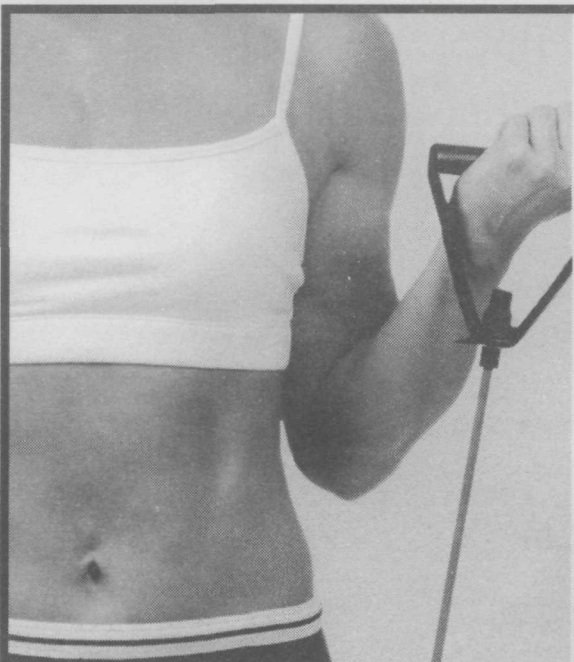
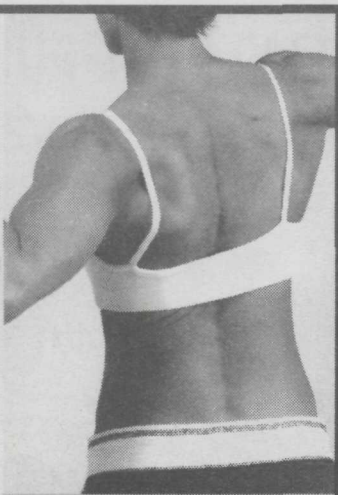
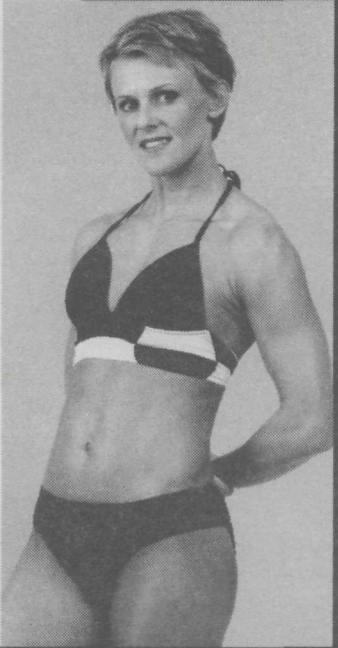
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"Orientalism: Exotic Influences on Western Art and Music"

From Lord Byron to Valentino, the Orient has served as a place of fantasy, sensuality and desire in the art and music of Europe and the United States. The history of European and American contact with the East demonstrates how it was constantly being redefined to meet the needs of the West.

On Friday, April 21, members of the Barrington/Northwest Community Associates will have the opportunity to explore the art and musical influences of the East during the annual AIC/CSO Joint Educational Seminar. Entitled "Orientalism: Exotic Influences on Western Art and Music,"

this unique experience includes a lecture on the art pertinent to the subject as well as a program with musical demonstrations—both held at Orchestra Hall in the Chicago Symphony Center.

During the first half of the program, Miranda Hofelt will examine the art that grew out of the complicated and multifaceted relationship between the East and the West in the 19th and 20th centuries. Her discussion will highlight the pervasive and vital role the East played in the culture of the West.

Ms. Hofelt arrived at the Art Institute of Chicago after completing her graduate



Odalisque by Jules Joseph Lefebvre

studies in art history at the University of Pittsburgh. During her tenure at the museum, she has worked both as a member of the curatorial staff and as part of the Museum's Education Department. Previous projects for the museum include collaborating on the Gallery Guide for *Van Gogh-Gauguin: The Studio of the South*, which about 700,000 people used. Today, Miranda lectures on modern art of the 19th and early 20th centuries with an emphasis on the impact of photography and Japanese art on modern painting.

After the first half of the program, members will enjoy a break for lunch, with an optional lunch served at the AIC available by reservation only. Following the lunch break, members will return to Orchestra Hall, where music influenced by the relationship between the East and the West will be presented along with appropriate

commentary.

The bus will depart Langendorf Park at 8:30 a.m. The AIC lecture in Orchestra Hall, Symphony Center, will run from 10:00 to 10:45 a.m., with refreshments available in the lobby afterward. The CSO lecture and musical program will begin at 11:15 a.m. At 1:00 p.m., we will break for lunch (available by reservation only). After lunch, we will have a self-guided tour of art works at the AIC. The bus will depart Chicago at 3:00 p.m.

The fee of \$45 includes lectures, musical program and transportation; \$24 dollars includes served luncheon at the AIC. Reservations are due by April 4. This event is available only to Barrington/Northwest Community Associate members. Send checks to day chair Virginia Tolke, 165 South Brockway, Palatine, IL, 60067, 1-847-358-3011.

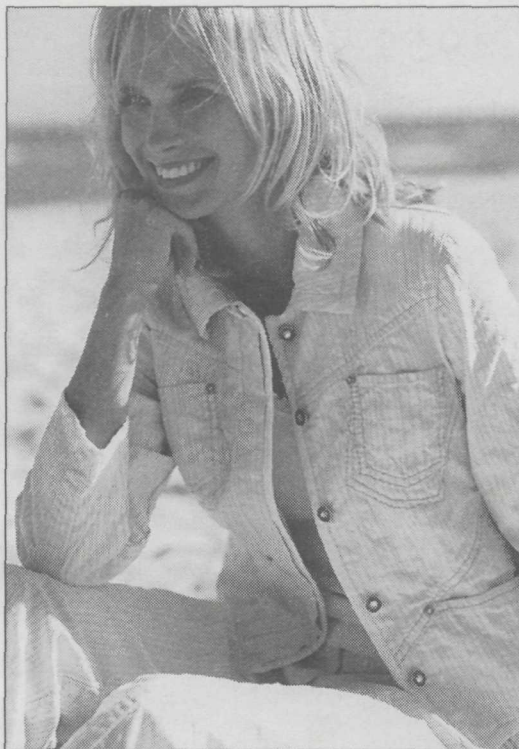


Breakaway this Spring with Fine Apparel from Peter Daniel

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Our Ladies Department offers fabulous looks for you this spring. Stock up on short, cropped sweaters and jackets in brilliant colors and patterns to wear at the club or on the town. Discover great collections from **Elliott Lauren**, **J'Envie**, **Marisa Christina** and **Drama**. Look for flattering skirts in all lengths designed in beautiful flowing fabrics and fun patterns. Wear



them with embellished denim jackets from **Berek** and you've got THE look for spring.

Enjoy your travels!

A Big "Thank You Barrington!" from Tootsies

We've enjoyed eight wonderful years here and will cherish each and every one of them. Many of you have become friends, and we hope that you will help us stay in touch. We would also like to thank all of our co-workers; without them, we could not have succeeded. They are a wonderful group and will soon reappear at other local businesses in town. You will now find Gail Niziolek at Starr Couture. In the meantime, please support your lo-

cal merchants. They make Barrington a town, not just a suburb.

We've moved back to Dallas, Texas, to be near our grandmothers, children and four grandchildren. But we will miss Barrington and Chicago. So please stop by the Ice House Mall and say goodbye to us and enjoy the fabulous bargains.

Goodbye and good luck!

—Nick and Patty Fletcher
and all of your friends at **Tootsies**

AAUW Upcoming Events

The American Association of University Women, Barrington Area, Illinois Branch will join forces with the Winema Service Unit of Girl Scouts in Barrington to host the Junior Girl Scout "EcoAction" Badge Workshop, Saturday morning, March 4, at the Barrington Library. This is part of the Girl Scouts' efforts to "go green" this year and focus on environmental awareness in our community.

The branch program includes attendance at Women's History Week at Harper College in March. Great Decisions, a study and discussion group based on materials prepared by the Foreign Policy Association, meets each Tuesday, 1:00 p.m., at the Barrington Library, March 7 to 14. Bobbie Svacha is chair, 1-847-381-3315.

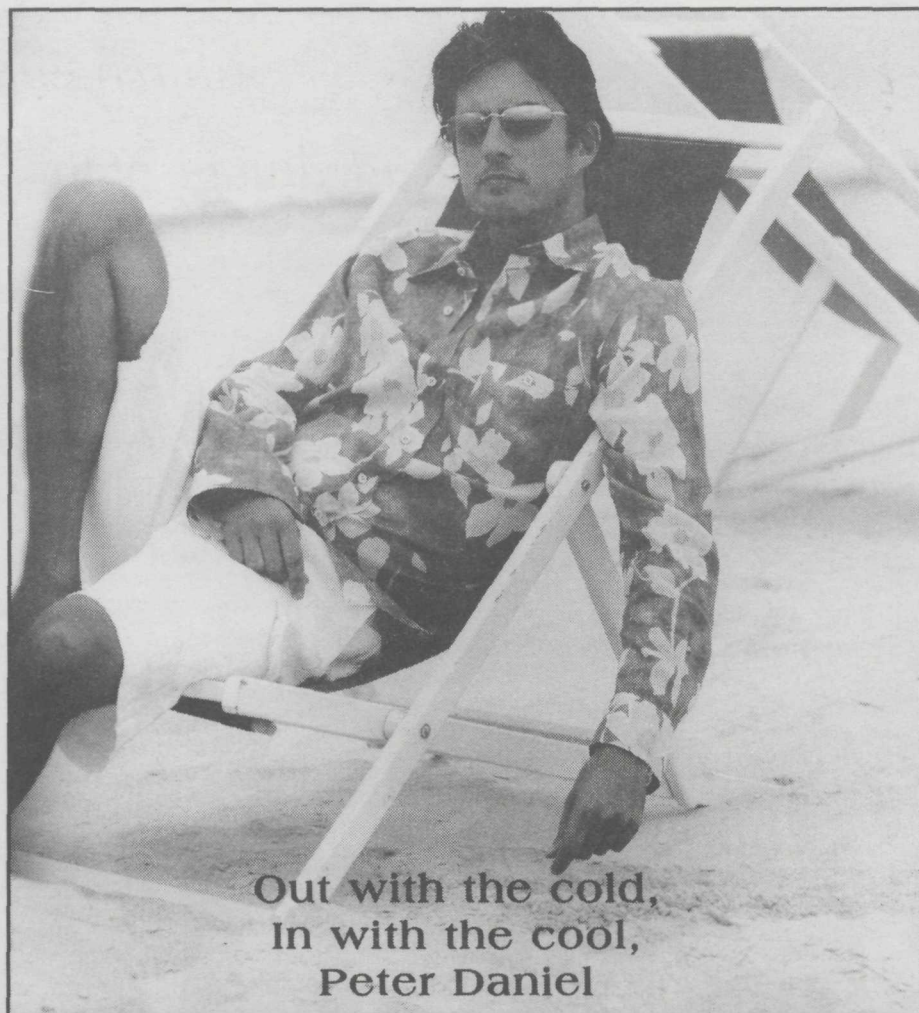
The Luncheon Book Group meets at noon on Wednesday, March 8, at The

Garlands to discuss *Unfinished Season* by Ward Just. Loretta is chair, 1-847-381-5012 or 1-847-381-1804.

On March 15 at 7:30 p.m., the Women's Issues Book Group will meet in a member's home to discuss *Unveiled: The Hidden Lives of Nuns* by Cheryl L. Reed. Call the chair, Barbara, at 1-847-726-0852.

The evening book group meets Tuesday, March 28, 7:30 p.m., in a member's home to discuss *The Kite Runner* by Khaled Hosseini. Call Peg at 1-847-381-4791.

Membership is open to any graduate of a qualified educational institution. Guests are welcome to attend two meetings/events prior to joining AAUW. Membership vice president of the Barrington AAUW is Paru Thondavadi. She can be reached at 1-847-842-0456.



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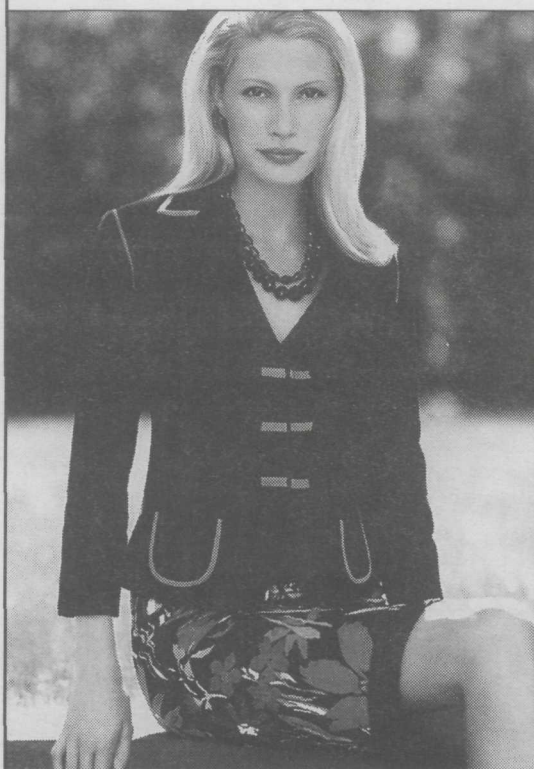
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Expert to Discuss Organic Gardening

Glenn Grosch of Inverness is the special speaker lined up for the annual program the Field and Flower Garden Club of Barrington provides for all the community. His subject, "Organic Gardening" gets to the very heart of gardening, and all growers should be aware of its possibilities. The meeting will take place on Wednesday evening, March 1, at 7 p.m. at the Barrington Area Library, and the club welcomes all visitors to this slide show.

Grosch has an extensive horticultural background, including associate degrees from Harper College in Plant Science Technology and Parks/Grounds Operation Management, and a bachelor's degree from the University of Illinois in agronomy and entomology. He is a master gardener and has served as an instructor in that program.

Grosch has been a part of the teaching staff at the Chicago Botanic Garden since 1997, lecturing on a broad range of horticultural subjects. He has taught at many



Glenn Grosch

colleges and has offered programs through the Garden Clubs of Illinois since 1999. In 2003, he received recognition as a certified arborist through the International Society of Arboriculture.

The library closes at 9 p.m. so every effort will be made to open this meeting promptly.

"Water Features for the Home Gardener"

The Four Seasons Garden Club meets at 9:30 a.m. on the first Tuesday of each month, September through June. The meetings are usually held in a member's home or at the Barrington Library. Meetings include a social coffee, visiting among members and guests, a short business meeting and a presentation or demonstration concerning some aspect of gardening and gardening interests. For further information regarding the club or its activities,

please call Lenore Lawrence at 1-847-381-2883.

The March meeting will be held on March 7 at 9:30 a.m. at the Barrington Area Library, located at 505 North Northwest Highway in Barrington. Matt Huff, general manager of Hawthorn Gardens, will present a lecture on "Water Features for the Home Gardener."

Guests or visitors are welcome.

Vines Topic for Green Thumbs

With hopes that spring will soon bring us warmth and sunshine, thoughts of many gardeners now turn to dreams of new plantings for the landscape. To encourage those mental meanderings, The Green Thumbs of Barrington Garden Club will welcome special guest Kitty Finn from The Growing Place in Naperville to their March 20th meeting, which will convene at the Barrington Area Library at 12:30 p.m.

Ms. Finn will describe the variety of vines that are happy to grow in our climate, the types of soils and amount of sunshine they prefer, and the attributes of this group of plants. Vines, with their vigorous growth and beautiful range of blossoms, are really versatile and generally easy to grow. They can stand tall against

a trellis to add a vertical accent to the garden, curl themselves around a mailbox or tree trunk, hide an unpleasant view and even, in some circumstances, be allowed to trail along the earth as groundcover. Many vines are perennial and ask for just a bit of trimming in early spring. Members and their guests will learn more about proper care for the vines already gracing their gardens and find out about new possibilities.

Visitors, both men and women, are welcome to the meeting and may learn more by calling Trudy at 1-847-381-6427.

The Green Thumbs Garden Club is a member of The Council of Barrington Garden Clubs, The Garden Clubs of Illinois, and the National Council of State Garden Clubs.

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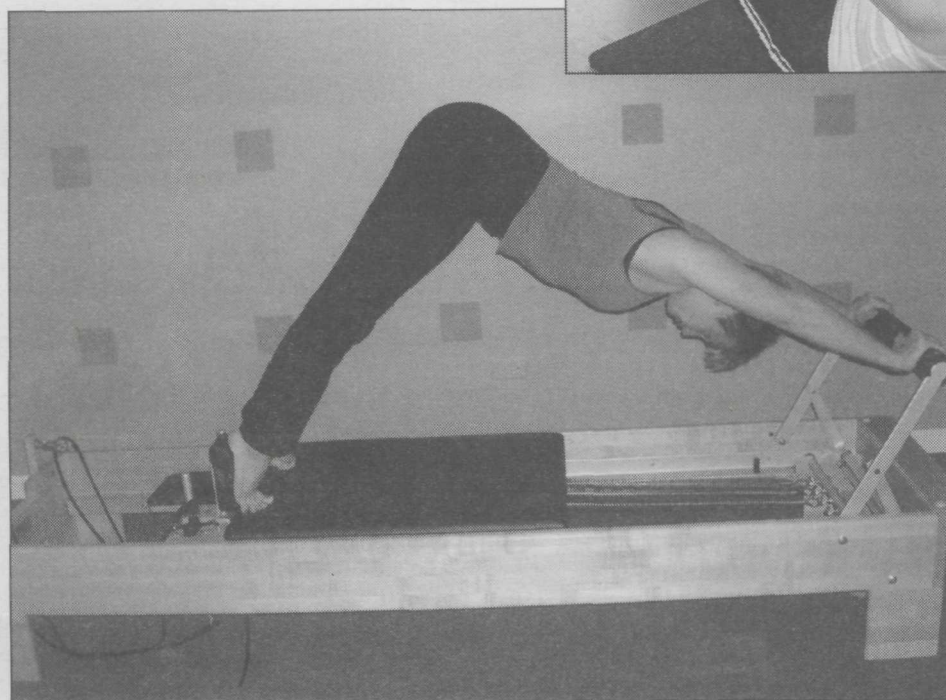
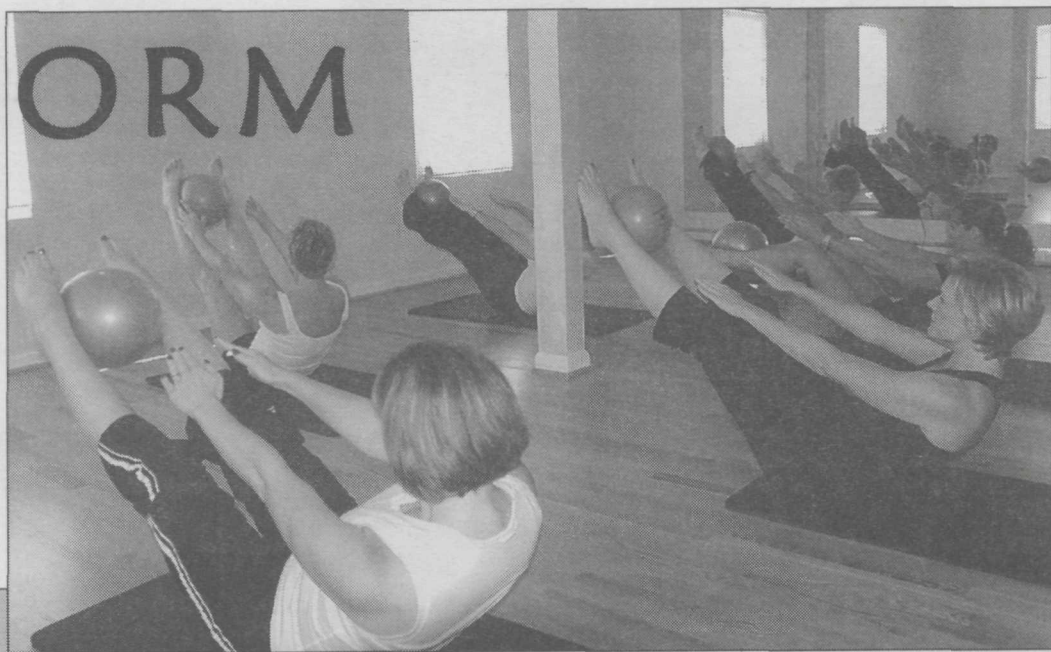
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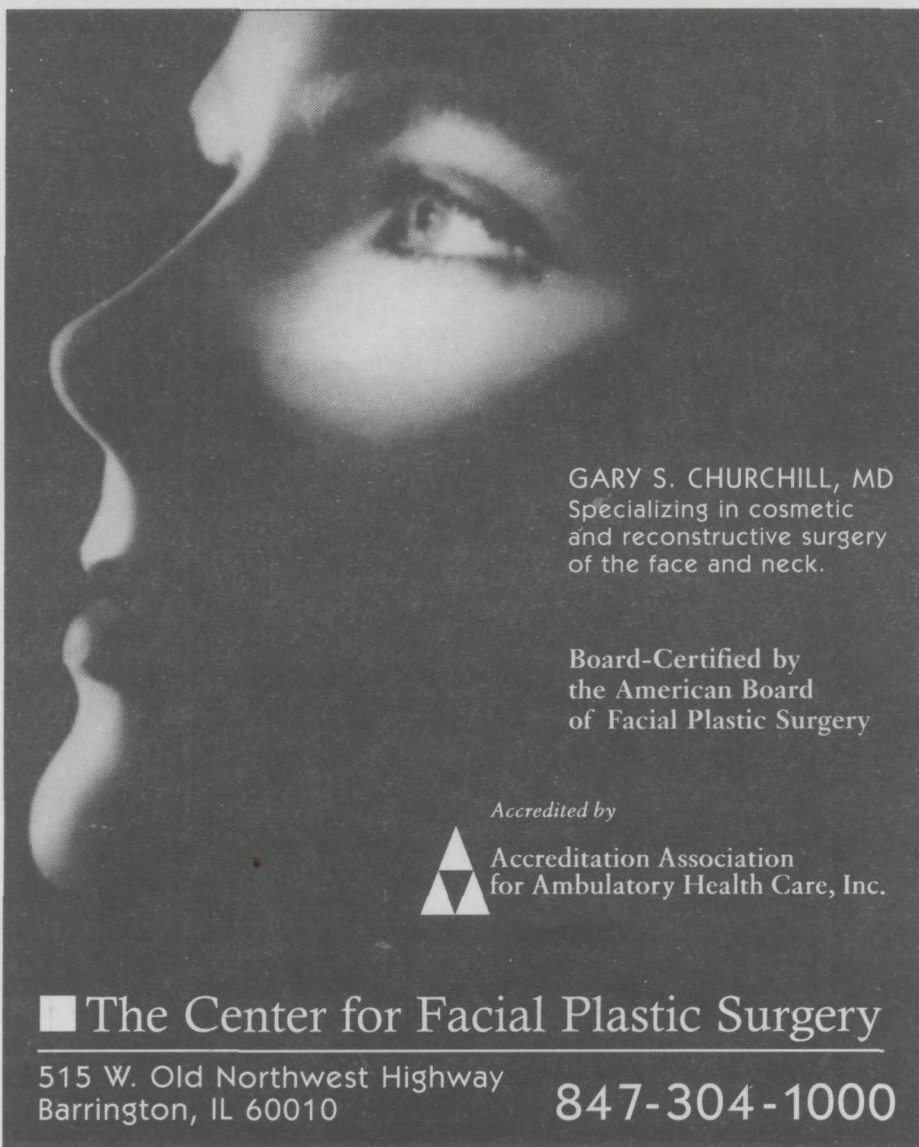
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World-Renowned Forensic Scientist to Speak at Harper College

Dr. Henry Lee, the forensic scientist who has visited thousands of crime scenes and testified in many high-profile cases including his consultation for the O.J. Simpson defense team, will speak about "What We've Learned From High-Profile Cases" at 7:30 p.m., Tuesday, March 14, in the Wellness and Sports Center of Harper College, 1200 W. Algonquin Road, Palatine.

Lee, who has over 40 years of experience in several fields of medicine, chemical analysis, physics, biochemistry and material science, has assisted and investigated more than 6,000 homicides. Most

people are familiar with his high-profile cases, including his investigations into the O.J. Simpson case, the JonBenet Ramsey murder, the Sacco-Venzetti case and the suicide of former Clinton White House counsel Vince Foster.

Lee was recently hired to reinvestigate a crime scene by Jennifer Hagel Smith. Her husband, George, disappeared during their honeymoon aboard a cruise ship in the Mediterranean. Lee has been interviewed about the "Missing Groom" case on Fox's *On the Record with Greta Van Susteren*; MSNBC's *Rita Crosby Live and Direct*; and NBC's *Today Show*.

World Day of Prayer 2006

World Day of Prayer 2006 will be observed by Christians in over 170 countries around the world on Friday, March 3. Church Women United of the Barrington Area will hold the service at Cary United Methodist Church, 500 North First Street, Cary, at 1 p.m. Child care will be provided, and worshipers are invited to stay for refreshments and fellowship.

Written by Christian women of South Africa, the theme "Sign of the Times" raises thought-provoking questions to women worldwide and reminds us that we are challenged to be part of transforming and reconciling the world today.

Part of the service will be an award-

winning documentary film, *Coming to Say Goodbye*, describing the courage of people living with HIV/AIDS in Kenya and Tanzania. It is the story of church workers, medical professionals, social workers and educators who stand by those suffering, especially the thousands of children orphaned by AIDS. The film reflects the personal and structural aspects of this pandemic in Africa: poverty, lack of access to treatment and the extraordinary social cost.

The service is open to the public. For information call Bonnie Floor, 1-847-639-2573, or Faith Semla, 1-847-381-2094.

Facelift Surgery

Most people who are familiar with modern facelifts and other facial cosmetic procedures are aware of their important benefits, in terms of improved appearance as well as self-esteem. However, many people who are good candidates for these procedures may be reluctant to actually have them out of fear of the process itself.

They fear that they might experience pain during the surgery, or that recovery might bring pain or discomfort, or that it might take too long to heal, or that they might find some other aspect of the surgery unacceptable. The truth is that virtually every one of our patients reports that their recovery was faster and more comfortable than they expected.

In this context, I would like to share with you the comments of one of our recent facelift patients, a 53-year-old female. She was asked to respond to some very direct questions we posed about her experience with the facelift surgery. While some patients may report more difficult recoveries, this patient's experience is fairly typical.

The following is our interview with W.S. three months following her facelift surgery.

• *Did you experience any fear before your surgery?*

No, I would say that I had very little fear, if any. I recall having slept totally comfortably the night before. In fact, I had a photograph taken of me when we were leaving for the doctors' office, and I was smiling and looked very relaxed.

• *How long did you think about having surgery before going through with it?*

I had it on my agenda for about two years. I was looking for a time frame which was much longer than what I ac-

by Gary S. Churchill, MD



Stacie McClane, MD Gary Churchill, MD

tually needed, and I had to juggle some other things in my life.

• *Was the procedure itself painful?*

No, I didn't feel anything. I really don't recall a thing about it.

• *What was your recovery like?*

I think that my recovery was phenomenal. I had the surgery on a Tuesday and we had a family party the following Sunday. I will admit that it was in a kind of controlled light, evening situation. But my daughter, who is a young woman, didn't notice anything, so I think that's a pretty good indication. By seven days, I was totally, totally functional. I had a little bit of concern about sleeping in a balanced way. I would sleep on my back. And then, after I slept on my left side, I would try to sleep the same amount on my right side. Other than that, I would say that I had barely any discomfort. I had very little bruising—very, very little bruising. It was a very positive experience, both spiritually and in a more concrete, tangible way.

• *Would you go through it again?*

In a minute. There is probably not a whole lot that I would do differently, except that I wouldn't tell anybody up front. Because in four or five days, no one would ever know.

Although famous for high-profile cases, Lee says one of his most important cases was solving a murder without a body based on the amount of blood found pooled under the carpet pad.

"If she lost that amount of blood, she'd be dead," said Lee. "No body was found before it went to trial, but we used the information about the blood to get the conviction."

Currently chief emeritus of the Connecticut State Police Laboratory and professor of Forensic Science at the University of New Haven, Conn., Lee is also featured talking about his cases on Court TV's *Trace Evidence: The Case Files of Dr. Henry Lee*.

The forensic scientist is also the co-author of *Cracking Cases: The Science of Solving Cases* by Dr. Lee and Thomas W. O'Neill; *Famous Crimes Revisited: from Sacco-Vanzetti to O.J. Simpson* by Dr. Henry Lee and Jerry Labriola; and Henry Lee's *Crime Scene Handbook* by Dr. Lee, Timothy M. Palmbach and Marilyn T. Miller.

Tickets for Lee's Harper lecture are \$10 for Harper students, faculty, staff and senior citizens. General admission is \$12. All tickets will be \$15 on the day of the show. A book signing will follow the lecture. For tickets and information, call 1-847-925-6100 or go online at harpercollege.edu.

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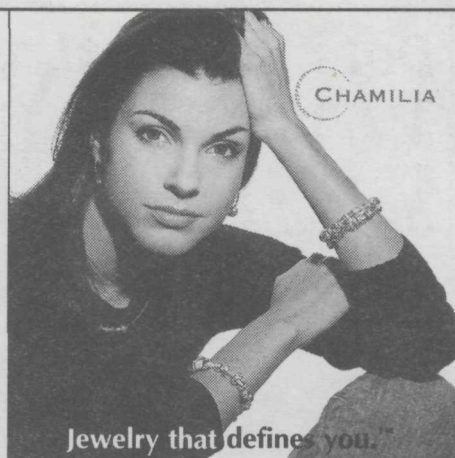
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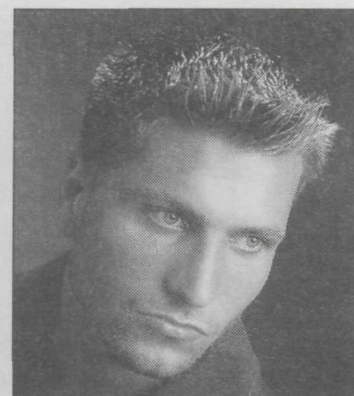
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A Fresh New Look for Spring

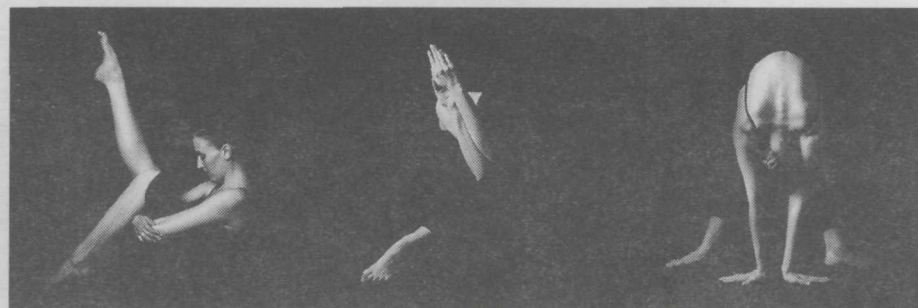
Spring is fast approaching. Why not begin the new season with a fresh new look? Create a soft, romantic look with a texture wave and layers, or add contrast with multidimensional haircolor. Allow the team at **Elevation Salon** to help you determine exactly what hairstyle and color will suit your fashion style and your lifestyle.

The experienced team at **Elevation Salon** uses only the best haircare and color products available. So don't be shy. Stop in to **Elevation Salon** for your complimentary consultation with one of their



friendly stylists. **Elevation Salon** is conveniently located just one block west of Kelsey Road on Northwest Highway in Barrington.

noir et blanc Exhibition



The Barrington Area Arts Council presents Barrington artist Kelly Stachura in a solo exhibition entitled *noir et blanc* at BAAC Gallery at the Barrington Area Library. The exhibit will be on display March 3 to May 1. Barrington Area Library is located at 505 N. N.W. Highway in Barrington.

A Barrington High School graduate, Kelly Stachura began her undergraduate study of art at William Rainey Harper College (2003), later earning her bachelor's of fine arts in studio art at The School of the Art Institute of Chicago (2005). A prolific multimedia artist with inclusion in over 30 exhibitions in Chicago, throughout Illinois and in New York City, Kelly has received various awards for her talents, including The School of the Art Institute of Chicago Student Leadership Award ('04 to '05); the Corporate Creativity Award ('04 to '05); the Nippon Steel USA Award ('04 to '05); the Awards in Art 2004 Exhibition (Fiber—ISU University Galleries, Normal, Ill.); and the Small Works Purchase Award ('03, William Rainey Harper College, Palatine).

Kelly Stachura was the recipient of the Merit, Academic Incentive, and Enrichment Scholarship ('03,'04,'05, The School of the Art Institute of Chicago) and the

Renee Windle Danforth Memorial Endowment/Fine Art Scholarship ('03, William Rainey Harper College), among others; has published articles; and is presently photographer for Terpsichore Dance Ensemble (Libertyville) and costume designer for Ellen Werksman & Julie Salk (Midwest Dance Collective). Her art resides in the permanent collections of Joan Flasch Artists' Books Collection (Chicago); The School of the Art Institute of Chicago ("Steady" 162 Residencies Collection); and William Rainey Harper College.

Kelly states, "In my photographs... I blend the elements of line, form, shadow and positive/negative space... in this state of masked personality and individuality, a new image identity is formed, through the power of gesture... still images are created from fluid, time-based movement and are transformed into eternal, static forms."

Kelly's photographic images "The Barrington Series" (local scenes, framed art and note cards) are available at the Barrington Area Arts Council Gift Boutique at 121-B Barrington Commons Court, downtown Barrington, which will also soon include her jewelry and ceramics.

Church Women United Elects Officers



Church Women United of the Barrington Area, held its annual meeting on Feb. 3 at Cary United Methodist Church and named their 2006 officers.

Those installed by past-president and current director Evelyn Pritchett included: Mindy Fransen, president, St. Anne Catholic Church, Barrington; Kelley Keppes, president-elect, Faith Community United Church of Christ, Prairie Grove; Laurie Badovinac, treasurer, Lutheran Church of the Atonement, Barrington; Rozann Shackleton, recording secretary, a chaplain at Good Shepherd Hospital and member of St. Paul United Church of Christ, Crystal Lake; Mary E. Anderson, corresponding secretary, Lutheran Church of the Atonement, Barrington; Faith Semla, program chair, member at large.

Serving on the nominating committee for 2007 are: Candee Nustra, Wauconda

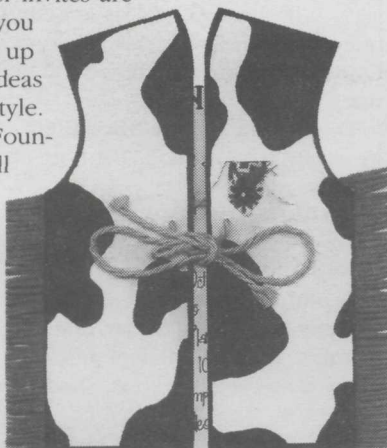
Federated Church; Lucy Luce, St. Peter United Church of Christ, Lake Zurich; Betty Reed, Barrington United Methodist Church; Joan O'Halloran, Sts. Peter and Paul Catholic Church, Cary; Lorraine Metzler, St. Peter United Church of Christ, Lake Zurich; and Linda Osikowicz, Barrington United Methodist Church.

Church Women United is a national ecumenical movement which sponsors three yearly celebrations. The Barrington Area Unit includes participation in 17 area churches in Barrington, Cary, Fox River Grove, Lake Zurich, Prairie Grove and Wauconda. It supports ministries to women in prison; Hope for the Children in Rantoul, Ill.; The Fellowship of the Least Coin; and special needs, such as the Florida hurricane and tsunami disaster areas. The Barrington Area unit celebrates its 50th year in May 2006.

Party On!

Little Shop of Papers has rounded up the coolest invitations for spring entertaining. Our kids' selection is outstanding and the shower invites are the prettiest ever! Our helpful staff will assist you with wording for your invitations and print them up for you right in our shop! And fresh new gift ideas and cards make sure you arrive at any party in style.

Little Shop of Papers, Ltd. is located at The Foundry, 740 W. Northwest Highway, Barrington. Call 1-847-382-7733.



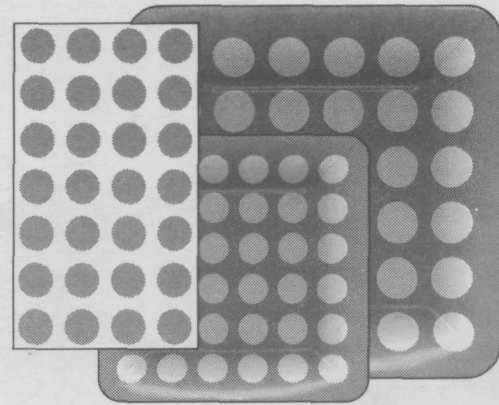
Dots are Hot!

This spring, come see polka dots, paisleys, bright florals and more gorgeous paper goods at Little Shop of Papers. Whimsical yet stylish designs are perfect for special parties and celebrations. See the new crop of invitations that will inspire some wonderful parties for the new season.

There's so much to choose from at...

Little Shop of Papers, Ltd.

The Foundry/740 W. Northwest Hwy. Barrington (847) 382-7733

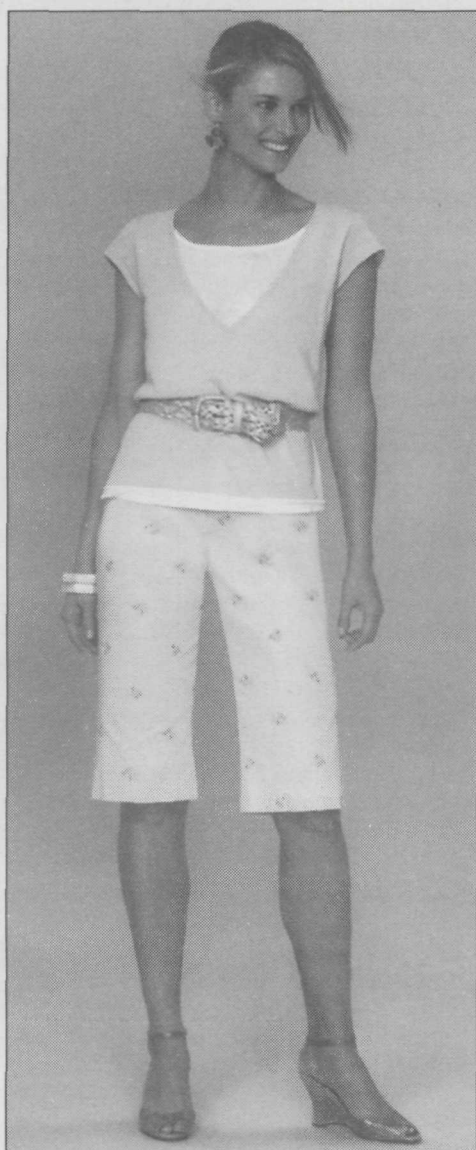


As you can see from our ad, our annual spring **Yansi Fugel Trunk Show** is here. I can't tell you how many people request a call for this collection. It is always terrific and wearable. The beauty of seeing the collection at a trunk show is you make the decision on how you want to put it together—and everyone seems to do it differently. The collection includes pants, jackets, dresses, sweaters, jeans, shorts, etc.—everything!

We hope you can make it. We are sure you'll love it!

And as for other matters at **Satin Filly**...the store is full of spring merchandise to help you prepare for spring break. We are getting rave reviews so far. I hope you will come by and experience **Satin Filly**!

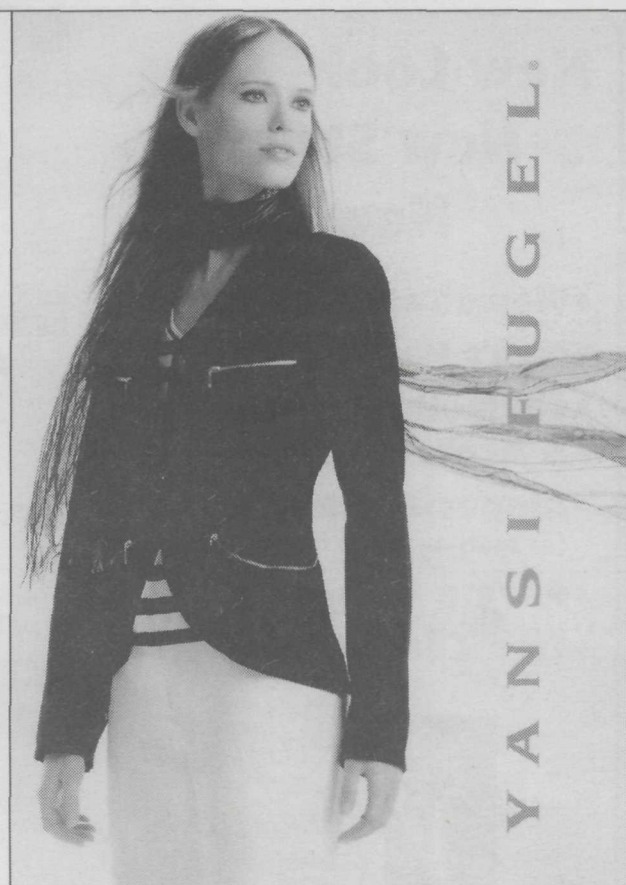
Take care and think spring,
—Karen



**YANSI
FUGEL**

**TRUNK
SHOW**

**March
2 thru 5**



Satin Filly

WOMEN'S CLOTHING

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Dietitian to Counsel Cancer Survivors About Healthy Eating

Joyce Angell, a registered dietitian, will lead group discussions about diet, nutrition and eating concerns for people affected by cancer at 1:30 p.m., Thursday, March 9, and Thursday, March 23, at Wellness Place, a cancer resource center at 1619 W. Colonial Parkway, Palatine. For more information, call 1-847-221-2400.

The free, drop-in sessions offer partici-

pants the opportunity to share success stories and learn how to fine-tune their healthy eating choices. Angell has more than 20 years of experience in food research and is coordinator of the Campus Wellness Program at Concordia University, River Forest, where she is a member of the university's adjunct faculty.

BACOA to Assist Seniors and Families with Medicare Part D Questions

The Barrington Area Council on Aging is providing assistance to area seniors and family caregivers trying to decide which Medicare Part D insurance policy they will take.

Seniors can call the BACOA office with

questions; one-on-one appointments are available at the office at 6000 Garlands Lane, Suite 100, Barrington. Seniors can call BACOA at 1-847-381-5030 for information or to schedule an appointment.

Mended Hearts Chapter Starting Up

A new Mended Hearts Chapter has started at Good Shepherd Hospital. This is a nonprofit, all-volunteer support group for heart disease patients/survivors and their caregivers. Their mission is to give hope, support and encouragement. All are wel-

come to attend. This group meets every third Thursday of every month at the hospital at 7 p.m. Find out you're not alone. For more information, call Jan or Mary at the hospital's Social Services at 1-847-381-9600, ext. 26-4381.



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American Cancer Society Volunteer's "Look Good Feel Better" Program

Seminar to Help Consumers Avoid Remodeling Pitfalls

Home repair complaints are among those most commonly made by consumers. That's why homeowners considering a repair or remodeling should attend "Avoid the Pitfalls of Hiring a Home Builder or Remodeler: What You Need to Know."

The Barrington/Inverness Police Department, along with the Barrington Area Council on Aging, Barrington Township and the Village of Inverness, will sponsor the seminar on Saturday, March 11, from 2 to 4 p.m. at the Barrington Area Library, 505 N. Northwest Highway, Barrington.

Officer James McNamee of the Barrington/Inverness Police Department will lead

the seminar, which will help educate homeowners to make informed decisions as they undertake a building or remodeling project. Scheduled speakers include building inspectors for the villages of Barrington and Inverness as well as a representative from a homebuilders' organization. Attendees will also receive information and handouts from the Better Business Bureau, the Federal Trade Commission and other organizations.

For further information, contact Officer James McNamee of the Barrington/Inverness Police Department at 1-847-304-3300 or BACOA at 1-847-381-5030.

Ready for Spring!!!

What a winter! Or was that winter? January was like April. Will April be like January? Who knows! We have been caught quite off guard with this wacky weather. Our fashion forecast however, is on the mark.

This Spring **Village Shoes** has brought in several new vendors, focusing on trend-specific silhouettes.

Fashion Athletics—Gym shoes meet street shoes, color is a must, ditch those boring white gym shoes.

Espadrilles—Wrap everything in rope! It's sexy in a wedge or flat; don't forget the sequins and embellishments, wear with everything—jeans, capris, shorts, dresses, dig out the "hippie skirts."

Flip-Flops—We can't seem to buy enough of this timeless sandal. From rubber **Havianas** to shearling **UGGs**, we have over 100 different flip-flops (really). Plus new for spring '06—**Reef**.

Bump Toe—It all started with **KEEN**. We got 'em—you are gonna want 'em. Yes they look "funny," but the fit and function is unbelievable. This rubber toe look is here to stay and will be seen well into fall '06 and all of 2007—bet money on this one.

This spring we have also added new children's lines; **Ricosta** from Germany and **Naturino** from Italy. This is in addition to expanding our **Geox**, **Ecco** and **Keen** children's shoe and sandal selection.

Village Shoes has a knowledgeable, friendly staff, and excellent selection of the best products the shoe industry has to offer. Make the trip in, you will be glad that you did! Any questions or comments feel free to e-mail us at—

village.shoes@sbcglobal.net.

See you soon,
—Amber and Bob

New Women Hair Integration at Kathleen's Creative Expressions

How would like to wake up in the morning, jump in the shower, blow dry and style your hair just like you use to? We can do that. No more trying to comb every little hair and trying to hide the obvious. You can achieve a thicker, fuller and longer head of hair by maximizing your existing hair with a hair system.

As licensed cosmetologists, we have worked with this type of problem for over 25 years. No matter what the reason, hair loss can be devastating. Appearance is important to all of us, and hair tops our personal list. Hair is one of the wonders of being a woman.

It is a difficult enough problem for people, so we take every possible step to make their experience with us private, sensitive and personable. Our clients come here with hope. They may have tried other avenues to replacing their hair, but they haven't found that final solution. Replacing hair is not as simple as buying a wig and putting it on. When working with clients, we determine the extent of your hair loss and then review a wide variety of options. We talk about the ability to self-style one's own hair and what the options are.

Hair replacements are available in a variety of options. You can have human hair

or synthetic hair, and there are different kinds of attachments.

At **Kathleen's Creative Expressions**, we have handled just about every conceivable hair-loss situation. Our clients find our solutions comfortable, attractive and natural. In the end, our goal is make sure you feel confident and attractive.

We also provide private rooms and free consultations.

Testimonials of Successful Results

"Because both my parents have bald and thinning hair, I thought I was destined for the same. I never realized I had any choice and didn't have to settle for any less."

—Laura from Elgin

"When my hair started falling out after an extended illness, I was devastated. Kathy gave me options and helped me feel comfortable and familiar with the system. She was respectful of my feelings and offered a caring attitude throughout the whole process."

—Gloria from Huntley

"This has had such a positive impact on my confidence level, which in turn has helped in my professional career as well."

—Jim from Crystal Lake

Barrington Area Council on Aging Senior Activity and Lunch Programs for March

The Barrington Area Council on Aging's Monday lunch program is held at the Barrington Park District, 235 Lions Drive, Barrington. Games begin at 10:30 a.m.; lunch is served at noon.

• Monday, March 6—In addition to games and lunch, we will honor March, the Nutrition Month. There will be a discussion about healthy snacks and eating for the new year. Bring your favorite snack.

• Monday, March 13—You don't have to be Irish to celebrate the "Wearing o' the Green." BACOA and the Barrington Park District will celebrate St. Patrick's Day with a traditional Irish feast. The festivities will include live music, games and prizes. Cost

for this special lunch and program will be \$7. Reserve your space by March 9 by calling Linda Avellon at BACOA at 1-847-381-5030.

• Monday, March 20—In addition to games and lunch, Michele DeVilbiss from Accelerated Rehabilitation Centers of the Chicago area will present the weekly program. March birthdays will be celebrated, and blood pressures will be taken by BACOA's social service coordinator, Diane Vos Hansen.

• Monday, March 27—The BACOA program will be closed due to School District 220's spring break. We will resume our regular programs on Monday, April 3.



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847 458 2700

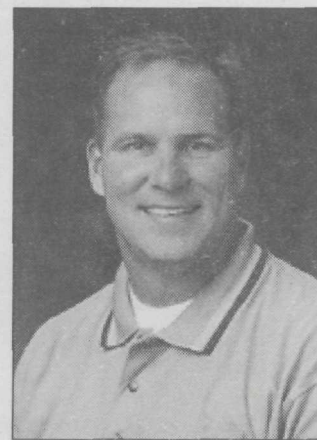
*Coming Soon



WGN Personality to Emcee Hearts for Homeless Benefit



Adrienne Flentge,
Gala Committee Chair



WGN Personality
Lou Manfredini

Lou Manfredini, WGN radio personality, will emcee Catholic Charities Northwest Suburban Services 17th annual Hearts for Homeless Families in Transition, a fundraising event for The Catholic Charities' North/Northwest Suburban Shelter Program based in Des Plaines. The benefit will take place at 5:30 p.m. on Saturday, March 25, at Stonegate Banquet & Conference Centre, 2401 W. Higgins Rd., Hoffman Estates. Valet parking will be available.

The evening will include a cocktail reception with passed hors d'oeuvres, silent auction, four-course dinner with wine followed by a live auction. Cost is \$100 per person or a table of 10 for \$1,000 (\$40 tax deductible per ticket). Please respond by March 15 to Hearts for Homeless Families, c/o Catholic Charities Northwest Suburban Services, 1717 Rand Road, Des Plaines, 60016.

Lou Manfredini (aka "Mr. Fix It") has become one of the staples of the WGN family, hosting a lively, witty, entertaining and informative Saturday morning talk show. Listen to Lou (720 AM on the dial) and we think you'll agree!

Highlighting the evening, the sixth annual Stephen O'Brien-Combs Heart of Charity award will be presented to the employees of Consorta. Based in Schaumburg's Corporate Center, Consorta, a lead-

ing health care resource management and group-purchasing organization, has faithfully provided food for The Catholic Charities' Northwest Suburban Pantry and the Tuesday/Thursday Supper Program. They also generously donate toys and Christmas gifts for families in need.

Some of the many prizes, silent and live auction items are: St. Nicholas Ball tickets; mountaintop week in a Teton Village condo in Jackson Hole, Wyo.; Cubs, Sox and Bear games tickets; two-hour Lake Geneva scenic cruise for 24 on the Diamond Lady, a 58-foot double deck Blue-water yacht; and "A Day at the Races" for 16 in a family sky suite at Arlington Park. Also included are lawn and garden, clothing, jewelry, spa, casino, dinner, theatre, nightclub, sports, city and country getaway packages with more coming daily.

The gala committee chaired by Adrienne Flentge, Buffalo Grove, includes: John Altmeyer, Buffalo Grove; Pat Cox, Long Grove; Mark Cramer, Hoffman Estates; William Dahlborn, Palatine; Paul Grabowski, Judy Kendzior, Jeffrey Miller and Christopher Saturnus, Arlington Hts.; Denise Kendra-Yonkers, Prospect Heights; Donna Hoffman, Des Plaines; John Jilek, Sleepy Hollow; Diane Kordecki and Meg Zirkelbach, Vernon Hills; Bob Lindeman, Schaumburg; Cheryl Margiewicz, Chicago; Carol Marsh, Huntley; George Moser, Catherine and Romeo Mura, Barrington; Patrick Mullaney, Elk Grove Village; Patty O'Brien, Mount Prospect; Cynthia Piech, Northbrook; and Sandra Yates, Rolling Meadows.

"Founded in 1989, Catholic Charities Northwest Suburban Services Family Shelter has provided new life for over 200 homeless families with children. The families live in scattered site apartments and receive professional counseling in budgeting, parenting and health assessment and in development of job and educational skills," reports Cheryl Margiewicz, services representative and event facilitator, Chicago.

To receive an invitation or more information on the Hearts for Homeless benefit and The Catholic Charities' Northwest Suburban Services and how they may help you or someone who needs help, please phone 1-847-376-2118.



Volunteers assemble invitations for the upcoming 17th annual Hearts for Homeless Families in Transition benefit: (front row, from left) benefit co-founder Mary Jane Nelson and Kent Nelson, Arlington Heights; (back row, from left) Judy Kendzior, Arlington Heights; Meg Zirkelbach, Vernon Hills; Patrick Mullaney, Elk Grove Village; and Catherine Mura, Lake Barrington.



Chers Amis...

All of you must have heard by now that construction around routes 12 and 22 seems to be stalling, and a direct consequence of this roadwork is less customers visiting all the area businesses. Granted we all have something to look forward to: a beautiful "new and revived" downtown as well as a redesigned intersection when work is completed sometime in the fall of 2006.

In the meanwhile, **D & J Bistro** can't really complain. Our faithful clientele base makes the effort to come and see us, and we thank them for that, (although customer traffic has seen better numbers).

So, to try and motivate more people to visit us during the week, we are introducing a **three-course dinner with select items for \$23.50 without wine or \$28 with a glass of wine**. This menu will be available Tuesday, Wednesday, Thursday and Sunday (except special event days) in addition to our more elaborate three-course at \$31.50. The quality of the food and the preparation will be of our high standards. So come and enjoy an "upscale" meal without breaking the bank!

Merci et a bientôt!
—Dominique

Hypnosis

by Martin A. Nathan, M.A., L.C.P.C.

Hypnosis is being used more than ever for treatment of a variety of issues. These include nicotine addiction, eating disorders, nail biting, anxiety and panic attacks, weight loss, depression, anger, pain, and sleep disorders. *It is particularly helpful with stopping smoking.*

I'm a licensed clinical professional counselor and have been in private practice for over 28 years. I see couples for marriage and relationship counseling, and individuals for a variety of issues. I am certified in the use of clinical hypnosis and have been using it in my practice for the past 27 years.

I use hypnosis most often with individuals in order to quickly change habit and behavior patterns that the client considers undesirable. Using hypnosis helps the changes to take place in a much shorter

period of time than traditional counseling alone. The combination of short-term counseling with hypnosis saves both time and money.

If you think that you have an issue that may be treated by hypnotherapy, call and discuss your issue or issues with me. You will learn the approximate number of sessions, the cost per session and whether or not it's for you.

I am also a certified meditation instructor and teach "Introduction to Meditation" classes on a regular basis. Meditation helps you to respond better to stressful situations, lowers blood pressure and generally makes you feel better. If you are interested in learning how to meditate or wish to restart your meditation practice, please call **1-847-934-6555** for information.

Happy St. Patrick's Day!

Barrington Community Child Care, located at 560 Carl Ave. in Barrington, has many activities to keep young minds busy. Our highly qualified staff strives each and every day to ensure that all the children here have a positive first school experience. Our theme-based curriculum includes activities such as art, circle time, sensory experiences, fine motor development and phonics. Come on out and see what we have to offer!

We offer full-day childcare for children ages 6 weeks to 6 years. Some age groups offer flexible scheduling and a morning preschool program. Our hours of operation are 7 a.m. to 6 p.m., Monday through

Friday. Our facility offers large, child-friendly classrooms with a diverse environment that promotes self-esteem, independence and cognitive growth. Our program focuses on the whole child, with all areas of development included in our program.

On Friday, March 10, from 6 to 8 p.m., we will have a Family Fun Night with food and games! Mr. Hooper will sing for us too. The cost is \$15 per family, and all proceeds go towards the Avon Walk for breast cancer.

We have limited spaces available! For enrollment information or to schedule a tour, contact Terri Knaack, director, at **1-847-381-0272**.

Houses Will Talk

We have all heard the expression "people will talk," but who knew houses might also be of the conversational persuasion. Join the Garden Club of Inverness on Thursday, March 16, at 9:30 a.m. at All Saints Lutheran Church, 630 S. Quentin, Palatine, for a program by Judee Hansen on initiating a dialogue with your home in order to give it the landscaping that brings out its best qualities.

Hansen is the owner of Hansen Landscapes in Palos Park, which specializes in custom design and installation of plantings, structures, hardscaping, lighting, fencing, water features, and wrought-iron work in residential landscapes. She believes that, with the proper attention, your house will tell you what it needs and wants; and her presentation will explore ways to design a striking and satisfying

landscape that takes your home as its principal inspiration.

The program will begin after a brief business meeting and refreshments. Guests and new members are welcome. For information, call the membership chair at **1-847-358-8994**.

For information about the \$1,000 scholarship offered to graduating high school seniors and college students from the areas served by High School District 211 and Barrington High School, with a demonstrated interest in environmental studies, please call the Scholarship Chair at **1-847-934-7929** or write to P.O. Box 562, Palatine, IL, 60078.

The Garden Club of Inverness is a member of The Garden Clubs of Illinois, Inc., District IX, Central Region, and of National Garden Clubs, Inc.

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- Programs for Children Ages 6 Weeks to 6 Years
- Morning Preschool Program
- Stimulating, Individualized Learning
- Enrichment Programs Offered

Terri Knaack, Director

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Massey to Explain Benefits of Complementary Medicine

Patrick B. Massey, MD, PhD, will present "Benefits of Complementary and Alternative Medicine" for people living with cancer at 6:30 p.m., Wednesday, March 22, at Wellness Place, a cancer resource center located at 1619 W. Colonial Parkway, Palatine.

Dr. Massey's introduction to nontraditional medicine is a free program open to the community. Preregistration is required, as seating is limited. Call **1-847-221-2400**.

Recognized as an expert in integrative medicine, Dr. Massey will define and discuss how cancer patients can use complementary and alternative therapies as part

of their traditional medical treatments. He will also explain how to search for qualified providers of integrative medicine.

Dr. Massey is medical director of complementary and alternative medicine for Alexian Brothers Hospital Network and president of ALT-MED Medical and Physical Therapy, both in Elk Grove Village. He also writes a biweekly column, *Alternative Approach*, for the *Daily Herald*.

Dr. Massey completed a graduate associate fellowship in integrative medicine at the University of Arizona, a program directed by noted author Andrew Weil, MD.

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Barrington Youth Services Auxiliary Announces Spring Gala



Members of the Barrington Youth Services Auxiliary

The Barrington Youth Services Auxiliary invites you to experience their Spring Gala "Chocoluxe." This legendary gala will be held on Friday, May 5, at the beautiful MaKray Memorial Golf Club, featuring an evening of dinner, dancing, and of course, chocolate! A live and silent auction will also highlight the evening. For information on the event, including sponsorship and volunteer opportunities, please contact BYS at 1-847-381-0345. All of the proceeds from this fabulous evening will benefit BYS.

Members include: Debbie Argianas, Tracy Bischof, Paula Carlini, Christina Currie, Karma Feldman, Kathy Maca-Mangan, Gayle Maraval, Laura McCam-mack, Terry O'Brien, Donna Penyak,

Cinda Pittman, JoAnn Rogers, Carol Sandmeier, Gail Sapio, Judy Tolle, Lynn Topping, Angie Wallin, Amy Wickstrom and Linda Zabkiewicz.

Through the years, BYS has developed into a full-service provider of prevention programs, counseling services and youth outreach programs. The agency provides services for youth and their families residing within District 220. The mission of Barrington Youth Services is to support the social, psychological and emotional well-being of young people and their families in the Barrington area communities, by offering relevant programs and services delivered by competent professionals in an atmosphere of trust and caring.



Struggling to Lose Weight?

Have books, fad diets, trendy exercise equipment, or self-help programs failed to get you off the weight-loss roller coaster?

Dr. Barry Berger may have the answer for you. Dr. Berger's revolutionary long-term weight reduction program incorporates all of the following components:

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GUARANTEE**
MUST PRESENT
THIS AD AT TIME OF
CONSULTATION

- ◆ BALANCED, MODIFIED ZONE DIET PLAN
- ◆ SAFE AND EFFECTIVE PRESCRIPTION MEDICATION
- ◆ MONTHLY FACE-TO-FACE FOLLOW-UPS
TO MONITOR PROGRESS
- ◆ DOCUMENTED 93% SUCCESS RATE!

Dr. Berger has spent 13 years practicing nutrition and weight loss. He is board certified in internal medicine, and prides himself in his long list of satisfied patients.

Dr. Berger sees all of his patients in person.

Dr. Barry Berger, D.O.

*Specializing in Weight Control and Nutrition
American Society of Bariatric Physicians*

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1535 Lake Cook Rd., Ste. 401 • Northbrook

Lose the Weight... and Keep It Off!

New Weight Loss Program Shows Dramatic Results

Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 12 years, introduces a new weight loss program. This program is based on the 40/30/30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing



fat and carbohydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.

Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering your current lifestyle, exercise and diet habits.

Dr. Berger has thousands of satisfied patients. Insurance usually pays for some or most charges, (sorry, no HMOs).

To begin a weight loss program that really works for you, call 1-847-438-2454 in Lake Zurich or 1-847-291-0772 in Northbrook to make an appointment for your consultation today.



Let Your Creativity Bloom in a Kaleidoscope Art Class

Spring is the perfect time to let your imagination grow! You will discover the artist within when you enroll in one of Kaleidoscope's fun, educational and stimulating fine art classes this spring.

Kaleidoscope is offering a wide variety of classes for **children age 4 through adults** including: **drawing, oil painting, watercolor, clay sculpture, pottery, mosaics, cartooning, mixed media, art tiles, the Masters, portraiture, home-school classes** and many more to choose from.

This year, Kaleidoscope proudly celebrates our **20th year** of providing art instruction to the community. Through the years, we have helped students experience the joy of art and build the skills necessary to reach their creative potential. Students enjoy our friendly, inspiring, yet

structured environment; our knowledgeable, creative, experienced teaching staff; and the exhilaration and satisfaction of creating successful artwork. Class sizes are small in order to provide students individual attention and the opportunity to learn at their own ability and pace. Students gain confidence, stretch their creativity, and develop and refine their skills.

For spring, Kaleidoscope offers a six-week session of classes beginning the week of Monday, April 17. With over 75 classes to choose from, there is something here for everyone. Call now for details and a free brochure, 1-847-381-4840. **Spring registration begins Saturday, March 4.** Kaleidoscope is located in Barrington at 316 W. Main Street, two blocks west of Jewel-Osco.

Dave's Specialty Foods— A Great Place to "Cheese Out"

Whether you are planning a party, or thinking of a light meal for two, cheeses are the perfect answer. The cheese board is a great way to get creative with choices, but remain classic and comforting. Cheeses are awesome as long as we stay away from those dreadful cubes of yellow and white wax served with toothpicks by white-gloved waiters! A great cheese tray should consist of 3 to 5 choices that include different textures, colors and even milks (cow, sheep and goat). A soft fresh goat cheese with herbs, a mild bleu from Australia, sage derby with its green marbling, and a semifirm cave-aged Swiss would be perfect. These can be served along side wine crackers, pate, fruit, and

sausages. Try an adventurous duo and drizzle the bleu with fancy honey! Always include the best bread, an Oregon pinot noir and you have the making for a perfect, European meal. A great tip: cheeses look fantastic served on a marble floor tile (purchase at the hardware store) and can be easily transported like this. Also, I don't subscribe to the "leave the cheese out for hours" theory—serve it fresh, chilled and not wrapped in pastry.

Visit **Dave's Specialty Foods** for your next cheese platter. We carry over 30 types of imported and domestic cheeses that are fresh and hand cut by me, a self-avowed cheese freak!

—David P. Esau
chef/owner

Memories of Your Life

We will meet with you to become acquainted and to consult on your interview and media materials. That is, the snapshots, slides, home movies and home video that record stages in your life and your ancestors. We can even scan photos on location so that they never leave your possession. If you have photos that require restoration, we can provide that service.

The interview can be held at your home or in our studio. Wherever you feel you would be most comfortable.

We will ask you to answer some questions about your life. That is your parents, your childhood, your schooling, your military service, if any, your marriage and chil-

dren, your travels and highlights of your career, and finally your reflections on the past.

We will digitize photos, slides, movie film and home video for inclusion in your DVD. We would also like to know about the music that you have enjoyed and the memories that it evokes. Memorable music will greatly enhance your presentation. We can help with music consultation.

Once we have completed your interview and have digitized your media, we will edit the materials and create an archival DVD for you and your family's enjoyment well into the future.

Please call Ralph at **1-815-455-6477** to arrange a free consultation.

Garden Club of Lake Zurich

The next meeting of The Garden Club of Lake Zurich will be held March 7 at 7 p.m. at the Foglia YMCA on Old McHenry Road. The program "Garden Expertise" will be presented by Michael Nowak, WGN host, Chicago gardener and magazine columnist.

Visitors are welcome. For information, call 1-847-438-2989 or 815-444-6289. The Garden Club of Lake Zurich is a member of both The Garden Club of Illinois, Inc. and The National Garden Clubs, Inc.

Future Meetings and Activities

- April 4, 7 p.m., "Flowering Shrubs, Selection & Care" by Glenn Grosch
- May 2, 7 p.m., "The Perennial Garden" by Susanne Lankin
- May 13, 8 a.m., Plant Sale at Ela Area Library, Lake Zurich
- June 6, 7 p.m., "Perfect Perennials for Perpetual Color for Real Lazy Gardeners" by Greg Bartosuk
- July 11, 6 p.m., Members Work at Ela Library Garden, Cleanup and Maintenance

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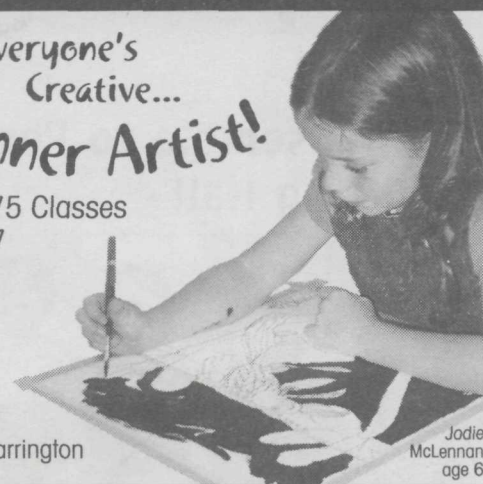
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BACOA Seminar to Address "Taking Away the Keys"

One of the hardest jobs a caretaker can face is convincing a person with dementia to stop driving.

The Barrington Area Council on Aging and the Barrington Area Library are sponsoring "Taking Away the Keys," an insightful seminar that will give suggestions and guidance to caregivers dealing with this difficult task. There will also be information for drivers who would like to evaluate their skills before they begin to have problems.

The seminar will be held Wednesday, March 1, from 7 to 9 p.m. in the Zimmer-

man Room at the Barrington Area Library, 505 N. Northwest Highway, Barrington.

Speakers will include Catherine Prusko, associate director of program services for the Greater Illinois Chapter of the Alzheimer's Association; Dr. Denise Fiducia, clinical psychologist with Advocate Lutheran General Hospital in Park Ridge; and representatives from Alexian Brothers Hospital's Driver Evaluation Program.

For more information or for registration, call Penny LeNeveu at BACOA, 1-847-381-5030.

Happenings!

in the area

Orion Ensemble to Perform at Cutting Hall



(From Left) Florentina Ramniceanu, Kathy Pirtle, Diana Schmuck, Jennifer Marlas and Judy Stone (Seated)

Members from the nationally renowned Orion Ensemble will present a concert on Friday, March 31, at 8 p.m. in Palatine's Cutting Hall. The Chicago-based group has toured extensively throughout the United States while attracting capacity audiences and earning rave reviews. The ensemble is known for their vast repertoire, which spans centuries of composition by the masters such as Mozart, Beethoven, Brahms and Debussy as well as pieces from contemporary writers including William Bolcom, Peter Schickele, James Wintle and Augusta Read Thomas. Orion may be heard regularly on radio station WFMT's series *Live from Studio One* as well as National Public Radio's *Performance Today*.

The four musicians performing in Palatine are Marlise Klein, violin and viola; Florentina Ramniceanu, violin; Judy Stone,

cello; and Kathy Pirtle, clarinet. The Orion musicians have also performed individually with other organizations such as the Chicago Symphony Orchestra, the Lyric Opera Orchestra, the Grant Park Orchestra, the Lake Forest Symphony, the Moscow Philharmonic, the Tokyo Philharmonic, London's Royal Festival Orchestra and the popular group, Mannheim Steamroller.

The concert is being co-sponsored by the Palatine Park District and Summer Serenade, which is a professional symphony orchestra based in Palatine. Tickets are on sale now at \$15 for adults or \$12 for students and seniors. They may be obtained by calling Carol Lange 1-847-705-5123, ext. 237, or Tina Huss at 1-847-705-7530. Cutting Hall is located at 150 East Wood Street. Free parking is located nearby.

Barrington Lyric to Host de Corneto Opera Soloists

The Barrington Chapter of Lyric Opera of Chicago invites members and guests to enjoy the famous, lavish brunch at Inverness Golf Club followed by the da Corneto Singers. Toni Savadel from Carpentersville, second vice president in charge of programs, will welcome guests at 1 p.m. on Sunday, March 12, at Inverness Golf Club, 120 Roselle Road, Palatine.

The Chicago arts scene has spawned many companies that started small and bloomed to greatness. One such example is da Corneto Opera Singers, which has styled itself as "Chicago's concert opera company" presenting bel canto rarities, local premieres and repertory favorites.

Soprano Rose Guccione and baritone Tom Hall accompanied by pianist Anatoliy Torchinsky will perform selections from *Carmen*, *Andrea Chenier*, *Le Nozze di Figaro*, *Aida*, *Tosca* and *Manon Lescaut*.



Rose Guccione, Soprano

Tickets are \$45 for members or \$55 for guests. Send checks payable to BCLOC by March 8 to Margit Vogel, 380 Oak Hill Road, Lake Barrington, IL, 60010. Call 1-847-304-0422 for more information. You may wish to visit Lyric Opera of Chicago's Web site at www.lyricopera.org.

Art Associates Plan Program on Tulips

On Wednesday, March 8, members of the Barrington/Northwest Community Associates of the Art Institute and their guests will have the opportunity to enjoy an informative lecture on a unique topic as part of the second program in the Exploring Arts series. "The Incredible Tulip in Art and History" is the title of the lecture Diane Hunter will present at the Barrington Area Library.

The tulip... no flower has aroused such passion, devotion, desire and greed. From the early tulips of China and Constantinople, to the tulipo-mania of 17th century Holland, to the role of the tulip in World War II, to the beautiful varieties of tulips grown today, immerse yourself in the tulip's incredible story and unique beauty. In Ms. Hunter's lively presentation, she will explore the world's most beautiful and colorful fields—the wondrous Dutch tulip fields as seen through both the eye of the camera and the eye of great impressionist artists such as Monet and Van Gogh. Audience members will also view other great works of art that were inspired by this incredible flower, including rarely seen paintings by Rembrandt, Vermeer, Bosschaert, Ast, as well as exquisite tulip inspired ceramics, textiles, clothing, furniture and tapestries desired by royalty throughout Europe.

Diane Hunter has had a longstanding interest in gardening and has visited and studied many gardens of Asia and Europe. She also has a great interest in art and has enjoyed talking with groups throughout the Midwest about her favorite topics—art



Diane Hunter and "The Incredible Tulip"

and gardens.

Join her as she explores this unusual subject and immerse yourself in the incredible story of the innocent, simply beautiful tulip. The presentation begins at 1:00 p.m. at the Barrington Area Library, 505 N. Northwest Highway, Barrington. It is presented by the Barrington/Northwest Community Associates of the Art Institute of Chicago. Guests are welcome and reservations are not necessary. There is no charge for this lecture. For more information, please call Mary Wajda—1-847-991-1207.

Spring Showcase of Arts & Crafts

The Spring Showcase of Arts & Crafts for 2006 will be held on Saturday, March 4, from 10:00 a.m. to 4:00 p.m. and on Sunday, March 5, from 10:30 a.m. to 4:00 p.m. for a requested \$3 donation at the door. The event, sponsored by Alpha Gamma Delta Alumnae and Parents and Teachers of Handicapped Students, will be held at the Samuel A. Kirk School, 520 South Plum Grove Rd., Palatine, IL, 60067.

The jury committee has selected artists and crafters who have made special and unique items for your shopping experience. Featured will be works of jewelry, ceramics, fine art, glass, photography, apparel, metal and woodwork, home decor, toys, and much more. New exhibitors are selected each year along with favorite returning artists.

There will also be special prizes of Bright Smile (\$740 teeth-whitening procedure), a flat-screen television, and items donated by the artists. The cafeteria will serve delicious freshly made sloppy Joes, hot ham and cheese sandwiches, soup, snacks, and beverages. And the bakery will sell its freshly baked, famous pies and popular low-sugar cookies.

Free parking will be available at the Kirk School and also Pleasant Hill School, 434 West Illinois Ave., with free, continuous shuttle bus service to the showcase. (Strollers cannot be accommodated.)

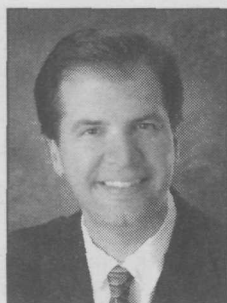


Barbara Bruchman of Barrington has exhibited in the Kirk School Showcase for 25 years. Her booth, "Charming Attachments," has jewelry and charms for accessorizing jackets, sweaters, backpacks, cell phones and wine glasses. Every year, her participation in the Kirk Showcase has been wonderful and enjoyable.

Proceeds will benefit the Kirk School (opened in 1971 for physically and mentally handicapped children from 10 Northwest Suburban communities) and the Alpha Gamma Delta Foundation (a non-profit organization funding diabetes research and education).

Who Needs Full Mouth Restorative Dentistry?

by James T. Gavrilos, DDS



Do you have dental restorations that were placed during different times of your life: some leftover silver fillings from adolescence, some crowns and plastic fillings from early adulthood and perhaps a bridge from later on? These restorations may have broken down or just don't look as good as they used to. If this sounds familiar, you are a candidate for full mouth restorative dentistry.

Today's patients are replacing all of these old restorations while addressing their esthetic concerns and desires. They are also demanding that the new restorations be completely undetectable to the naked eye. Some of today's dental laboratories have the technologies required to provide us with these demanding esthetic results. Good esthetics no longer need to be compromised by poor material options.

Coming up with a comprehensive treatment plan is essential before starting this type of work. That is why a thorough examination that includes a full set of X-rays, intra- and extra-oral pictures, tracings, models and diagnostic waxing is a must before any procedures are performed.

Once all of this diagnostic information is gathered, the dentist will sit down with the patient and review each step and its benefit. When all of the treatment is finished, the patient will not only have the latest restorations that technology can provide, but their smile will look better and feel healthier than before.

Talk to your dentist and ask him if you are a candidate for full mouth restorative dentistry. You'll be amazed at the differences you'll see and feel.

Dr. James T. Gavrilos can be reached in his Barrington office by calling **1-847-381-4040**.



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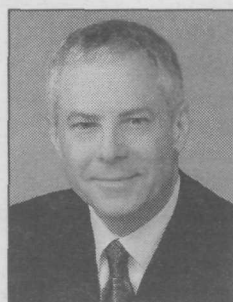
Our menu includes physician-strength facial and body peels, advanced microdermabrasion, intense pulsed-light hair removal, waxing, makeup lessons and more.

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The level of treatments offered at Versa is only available, by law, in a physician's office.

Treatments and physician-based skincare are available at spas and department stores, but they do not have the potency and proven results that you can only obtain through a physician. They are often more costly than what we offer at Versa.

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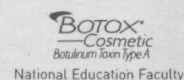
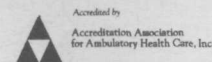
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by Gregory Michael Bazell, M.D., Diplomat
of The American Board of Plastic Surgery, Inc.

In search of the natural look, our clients come from the all over the Midwest, East Coast, West Coast, as well as from other countries around the world. I am frequently told by these women that they seek me out specifically because of the women whom I have performed surgery on look noticeably improved and very natural after their procedure(s). My unique training and extensive experience in aesthetic plastic surgery is always recognized.

I am also told, and would agree wholeheartedly, that natural looks after plastic surgery are not easy to come by (I am sure that you either know personally or have seen someone in public with less than desirable results). I believe this to be true because the aesthetic sense of a plastic surgeon is not something that can be acquired from reading a book, watching a video, going to some weekend course, or by simply proclaiming it to the public. In other words, either you have it or you don't. Nothing could be more important than when it comes to your face and neck. Of additional gratification for me is the fact that all understand and agree that proper credentials and certification in plastic surgery are fundamental to your own successful result after aesthetic plastic surgery.

Whether a woman is from our beloved community here, far, or abroad, all receive the most safe and effective treatments in advanced aesthetic plastic surgery so that they can look younger—not different, and

natural—not surgical. And so will you.

Unproven, unsafe, or inadequately studied treatments such as thermage, mesotherapy, bovine collagen injections, new untested lasers, or facelifts that have bizarre, gimmicky names associated with them have never and will never be offered at The Aesthetic Plastic Surgery Center of Barrington, LLC. Regardless of claims from the media or any other individual about something that sounds too good to be true, we will help you understand the facts, science, and applicability of each and every treatment or technique available in aesthetic plastic surgery. Improving your appearance is important to us, not taking your money.

Finally, recall that The American Board of Plastic Surgery, Inc. does not contain the words "facial" or "cosmetic" and is the only Board recognized by The American Board of Medical Specialties to certify individuals in plastic surgery of the face and entire body. Both The American Society of Plastic Surgeons and The American Society for Aesthetic Plastic Surgery require its members to be certified by The American Board of Plastic Surgery, Inc.

If you would like to schedule a consultation to make a significant change in your appearance for the better, please **contact Sue or Kristen at: 1-847-382-4160**. Do not forget to visit our Web site and **see many examples of natural results after plastic surgery at: www.barringtonplasticsurgery.com**.



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Dr. Phillip Lee Patrone

allow sooner implant placement; (3) immediate implants; (4) ailing implant treatment; (5) onlay bone-grafting procedures; (6) wisdom tooth extraction sites; (7) gingival grafting techniques; and (8) periodontal defects.

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We believe three key issues explain why the case for dividends has become more compelling lately:

- The 2003 Tax Act reduced the tax rate on qualified corporate dividends.
- Corporations today have more financial flexibility to increase their dividends.
- Retiring baby boomers may look to dividends for retirement income, driving the demand for and the prices of dividend-paying stocks.

Although we think that Congress will not allow the reduced tax rate on dividends to expire in 2008, higher-than-expected deficits associated with the costs of the Iraq War and Hurricane Katrina have increased the risk of this occurring.

Additionally, dividend-paying stocks can help cushion the impact of falling equity prices and or rising interest rates. For example, if a stock's price drops 5% but pays a 3% dividend yield over the same period, an investor's total return would be -2%. When interest rates rise, bonds that pay fixed interest rates decline in value. But companies can increase their

dividends, which may make these stocks relatively more attractive to investors.

Whether you seek to balance growth with income or you require an investment strategy with an income orientation, history and demographics suggest that dividend-paying stocks can potentially play an important role in your investment portfolio.

Debbie Schoendorf, CFP, is a financial advisor with **Smith Barney** in Barrington and may be reached at **1-847-304-3530**.

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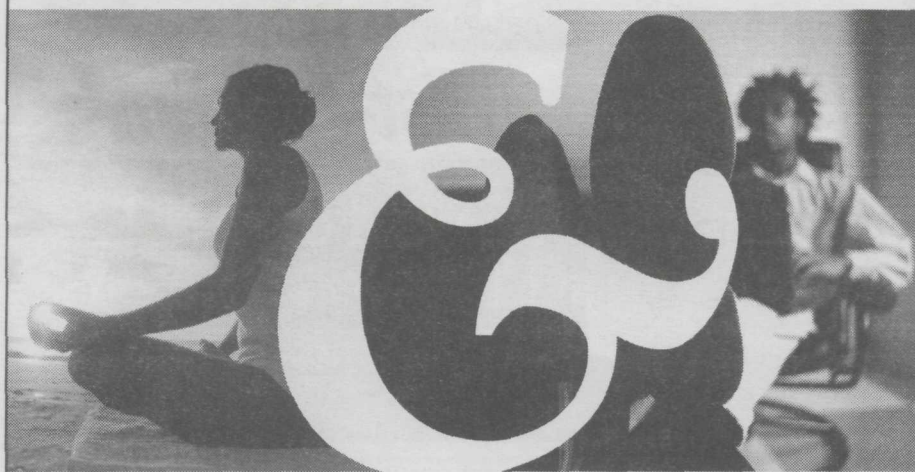
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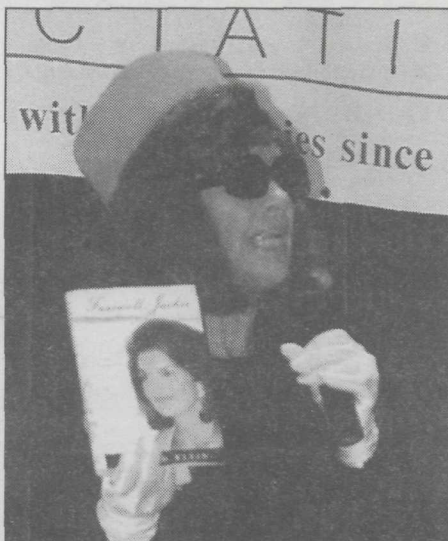
Countryside Association and Auxiliary of Countryside Host Barbara Rinella for Second Year

On April 5 at 11:30 a.m. at the Markay Golf Club in Barrington, Countryside Association and the Auxiliary of Countryside will host their second annual Barbara Rinella book review fund-raiser.

She will present *Memoirs of a Geisha*. Tickets are \$45, which include lunch. Tickets were sold out last year, so buy your tickets for this year's event now! Please join us for a wonderful afternoon.

For additional information, please call Kelly Rentas at 1-847-540-3705 or e-mail her at krentas@countrysideassn.org.

Last year, Barbara "acted out" the love life of Jackie O.



New Healing Arts Circles Offer Cancer Support

Cancer patients are exploring new ways to reduce stress and increase their well-being in several healing arts circles introduced in 2006 at Wellness Place, a cancer resource center at 1619 W. Colonial Parkway, Palatine. All circles are provided at no charge, and anyone affected by cancer is welcome to drop in. For information, call 1-847-221-2400.

Ken Raven Gibson and Peg and Dave Hernandez, all of Chicago, will teach participants how to play melodies on the

Native American flute in a circle meeting 10:00 to 11:30 a.m., Fridays, March 3, 10, 17, 24 and 31. No experience is necessary. Flutes are provided.

The introduction to journaling circle will meet from 3:30 to 4:30 p.m. on Monday, March 6, led by Wellness Place Clinical Specialist Anne Walker.

A knitting circle, led by Wellness Place Outreach Coordinator Kara Kordick and Child and Family Coordinator Liz Bolash, will meet from 2:00 to 3:30 p.m. on Fri-

See What's Fresh & New This Spring at Deer Park Town Center

March finally brings the much-awaited season of spring. People everywhere rejoice at the thought of the sunny days, flowers blooming and warmer weather. At **Deer Park Town Center**, all kinds of fresh and new items are popping up in over 70 stores, restaurants, and service providers. To get into the spirit of the season, be sure to stop by our outdoor "lifestyle" center soon! The best time to shop for spring is now for **Deer Park Town Center** has two great offers you won't want to miss.

This spring, **Deer Park Town Center** has an exclusive gift-with-purchase for its shoppers. Just bring all center-wide, same-day receipts totaling \$200 or more to **Silk 'n Things** (Suite 132) to receive a free 22 oz. scented jar candle. Your choice of fresh fragrances includes: High Maintenance, Terrazzo, Panache, Envy and Wisteria Lane. This great offer is good March 17 through April 14 or while supplies last. Purchases must be made the same day as redemption.

Be sure to stop in **ethel's chocolate lounge** (Suite 416) for another "sweet" deal—a chance at winning a chocolate party! Enter to win a private party for 10, featuring a 4-course chocolate affair including: chocolate-covered strawberries, warm-blended fondue, chocolate bever-

age and 4-piece favor box. No purchase necessary. See rules and regulations in store for more details. Enter-to-win begins March 17 and ends April 13. Winner will be chosen April 14.

In addition to giving back to shoppers, **Deer Park Town Center** also gives back to the community. Throughout 2006, **Deer Park Town Center** is proud to be a sponsor of the National Multiple Sclerosis Society of Greater Illinois. Stop by the Management Office (Suite 303) to learn more about the exciting ways you too can help end the devastating effects of multiple sclerosis by making a donation or joining Team Deer Park Town Center in the MS Walk taking place on Sunday, May 7. For information on MS, visit www.msillinois.org.

Deer Park Town Center features more than 70 stores, including J. Jill, Charmed, Noodles and Company and York Furrier. Shopping hours are Monday through Saturday 10 a.m. to 9 p.m., and Sunday 12 to 5 p.m. For more information about the center including the center-wide gift card program, please call 1-847-726-7755 or visit www.shopdeerparktowncenter.com. **Deer Park Town Center** is owned and managed by Developers Diversified Realty (www.ddr.com).

Educate the Children Focuses on Underprivileged



Kathleen Curran, a Chicago Real Estate attorney, celebrated last Christmas with the children from Hogar Sagrado Curazan orphanage in Bolivia.

She has been volunteering at the orphanage since 2001 when she left her job in Chicago to go to Bolivia. The children in the photo are among the 57 children in Bolivia currently supported by Educate The Children, a Barrington-based charity

with a focus on the education of underprivileged children. The organization currently pays for the education of 425 children worldwide, including India, Africa and the Philippines. Locally, the volunteers of the organization tutor Hispanic children in Lake Zurich and Palatine.

For more information on the organization, please visit www.educatechildren.org or call 1-847-494-6410.

day, March 10, and Friday, March 24.

The paper arts circle will meet from 3:30 to 4:30 p.m., Monday, March 20.

The Healing for Self-Care circle, directed by Mary Sinclair, Wellness Place guided imagery instructor, will meet from 3:30 to 4:30 p.m. on Monday, March 27.

Creative Moments—the Power of Writing, led by Anne Walker and Wellness Place Clinical Specialist Betty Fagerman, will meet from 6:30 to 8:00 p.m. on Tuesday, March 7, and Tuesday, March 21. Themes and exercises will be used to inspire writing.

HomeBodies Can Help You Shape Up for Summer Fun

It is not too early to start getting in shape for the summer months ahead. If you're like most people, you have probably added a few pounds over the holidays. People are generally less active through the winter months. So if that swimsuit you're dying to wear isn't quite as flattering as you want it to be, your golf swing feels a little stiffer than normal, or you're gardening knees are feeling a little shaky, **HomeBodies by Pro-Fit** has the solution. Their personal fitness trainers will devise a workout just for you. They'll come to your home and work with you to make sure you stay motivated and do the exercise routines correctly for maximum benefit.

Lisa Farley is the owner of **HomeBodies**. She and her staff of nationally certi-

fied trainers have had great success helping clients meet their goals. She says, "Whether you're wanting to shed unwanted pounds, tone muscles or increase strength, we can help you do it. And you do it in the privacy of your own home. There is no gym or club to join, no waiting for equipment, no wondering what to do. We're right there with you all the way."

HomeBodies programs can be designed for individuals at all fitness levels, including those with special health needs, such as arthritis, lower back discomfort, knee and shoulder injuries, stress and osteoporosis.

For more information, call **HomeBodies** at 630-261-1013, ext. 21.

Protect Yourself from the Enemy All Year Long

by Catherine Zedan-Grandi, L.E.,
Plastic Surgery Skin Care Specialist

One of the greatest enemies to our skin is the sun. Although a suntan may look healthy, a tan is an indication of damaged skin. Long-term and unprotected sun exposure accelerates the skin aging process, causes uneven surface pigmentation, results in wrinkles and is linked to skin cancer.

To help prevent future sun damage to your skin, I highly suggest the following guidelines for your skin this summer and year round:

- **Cleanse**—Your skin must be cleansed in the morning and at night. I offer elegant cleansers that will not irritate your skin or block your pores.

- **Moisturize**—Your skin must be hydrated at all times to retain a youthful look. I have the most effective moisturizer you will ever use.

- **Protect**—If you want to stay young looking, you need to shield your skin from the sun's damaging rays each day. I will provide you with the best sunblock you have ever tried.

- **Exfoliate**—Removing damaged and



old skin cells is key to healthy-looking skin. If you are tired of minimal results with microdermabrasion, then you will experience the difference with my technique.

- **Treat**—I will significantly improve the color, tone and texture of your skin with skin treatment plans individualized to maintain the health and vitality of your skin.

For more information to start your defense program against aging skin, please call **The Aesthetic Plastic Surgery Center of Barrington, LLC**, at 1-847-382-4160. Please visit our Web site at www.barringtonplasticsurgery.com.

Free Cosmetic Evaluations at Dentistry on the Lake

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Smile Makeovers Aren't Extreme

They're comfortable procedures that can typically be completed in two to three easy visits!

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- "Gummy" smiles can be recontoured.
- Stained, discolored teeth can be whitened.
- Chipped, broken, teeth can be repaired.
- Missing teeth can be replaced.

Dr. Dan Follmer graduated from Northwestern University Dental School in 1975. He then returned to the college to teach dentistry for two years, after which he returned to his hometown of Wauconda where he has practiced since 1977.

Committed to both academic and clinical excellence, **Dr. Follmer** assigns top priority to continuing dental education. Over the past five years, he has studied extensively at the prestigious Las Vegas Institute for Advanced Dental Studies where he has completed over 300 hours of Continuing Education in the area of cosmetics and neuromuscular dentistry.

We will be pleased to welcome you to **Dentistry on the Lake**, where you will receive the finest dental care available.

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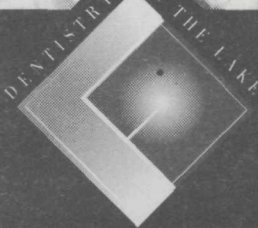


Will a smile makeover improve your love life?

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Hearthstone Village Senior Living Community

Carl and I lived in the same community for 58 years, so it was very hard to leave. We both have health problems and our kids were worried about us there alone. Our children checked out several senior facilities in the area and they all liked Hearthstone the best. Carl and I took the tour of the building and asked a lot of questions. We liked what we saw and what Hearthstone had to offer.

We were living here less than two months when I had the misfortune to fall and break my hip. After my hospital stay I was transferred to Hearthstone Manor for rehab. I can't say enough good things about the staff there. Everyone from the professional staff to the kitchen and housekeeping staff were extraordinarily dedicated people.

I'm happy now we made the decision to move here and it is feeling more like home all the time. We're getting to know more of the friendly residents and are finally able to take advantage of some of the activities they offer.

Carl and Evelyn Boe
Woodstock, IL



Hearthstone Village
Senior Living Community

840 N. Seminary Ave. (Rt. 47) • Woodstock • 815.338.2110 • wclsil.org

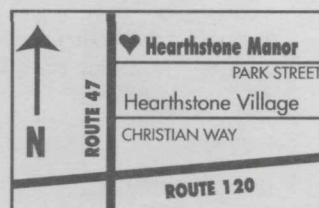


The decision to move a loved one into a care facility is never easy. There comes a time, especially for people with **Alzheimer's disease and dementia**, when home care is no longer safe or feasible. When that time comes, *Traditions* is here to provide a comfortable alternative to home care.

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- High Staff to Resident Ratio

Traditions is located at Hearthstone Manor, right in the heart of Woodstock. *Traditions*...guiding families through the difficult journey of Alzheimer's disease and related dementia.



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Alzheimer's Disease or Related Dementia

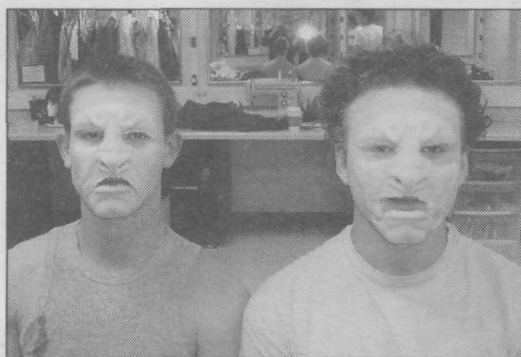
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Making Up the Beast

In preparation for Lake Zurich High School's production of Disney's *Beauty and the Beast*, a makeup clinic was held recently at the high school.

Mr. Jack Phend, theatre professor at North Central College, instructed students on how to work with foam latex prosthetics for the Beast's character. Pictured cast members Tim Koll and Adrian Dabek (the Beast and his double), were taught the basics of prosthetic application. Student makeup artists Stephanie Holappa and Alex Johnson were included in the educational clinic and got some "hands on" experience with the adhesives, the application of makeup onto foam latex and the removal of the appliance.

Rehearsals began Feb. 6 for the spring musical. Mr. Jack Phend will continue to



work with the students to fabricate the look of the Beast as desired by the director of the production, Mr. Ron Culver.

Lake Zurich High School will present *Beauty and the Beast* April 26 to 29 at the Performing Arts Center, 300 Church St., Lake Zurich. The ticket hotline number is 1-847-540-4740.

New Groups at Barrington United Methodist

"I Have A Bible— Now What?"

Do you have questions about the Bible and need a place to ask them? This four-week class will look at Bible basics: what the Bible is, what the basic themes of the Bible story are, and how we can use the Bible in our everyday lives to grow closer to God and receive guidance for our living. Please join us on Sunday mornings at 9:15 a.m., beginning March 5!

Young Couples Group

Come join other couples for a time of fun, fellowship and goodies each Sunday morning between 9:15 to 10:15 a.m. in the church parlor. It's a great way to get to know one another!

Barrington United Methodist Church is located at 98 Algonquin Road at Route 59 in Barrington. For more information, call 1-847-836-5540 or visit the church's Web site at www.barringtonumc.com.

"Icons and Altars"

The Northwest Cultural Council and Kimball Hill Galleries, 5999 New Wilke Road, suites 307 and 308, are pleased to present an exhibit of work by "Group 22" titled "Icons and Altars," which will be on display from March 7 to 28. There will also be a reception on Sunday, March 19, from 1 to 3 p.m. Everyone is invited. There is no cost. Refreshments will be served. And there will be entertainment.

The group was formed several years ago by female artists who had exhibited together for many years at the Contemporary Art Center in Arlington Heights. The works in this exhibition were featured in galleries in Chicago and Rockford. Each artist examined the theme in her own unique way, creating paintings, drawings, photographs, sculptures and mixed media pieces, presenting a broad range of artistic interpretations.

Artists included in the show are: Sue Abare, Barrington; Mary Pionke Andrus, Barrington; Joan Beauprez, Roselle; Margo Berkson Berg, Buffalo Grove; Sandra Blanc, Arlington Heights; Valerie Burke, Streamwood; Karen Castino, Des Plaines; Ruth Cournoyer, Barrington; Ellen Roth Deutsch, Buffalo Grove; Margot Gottfried, Arlington Heights; Kathleen Klein, Arlington Heights; Carole Komarek, Arlington Heights; Jeanne Kramer, Barrington; Susan Mart, Northbrook; Sharron Vincent Porter, Florida; Arline Kimbel Sadlon, Rockford; Barbara Schnell, Glenview; Thelma Cornell Spain, Des Plaines; Kathryn Stanaszek, Wisconsin; and Lee Stanton, Rolling Meadows.

For additional information about the reception, please call the council at 1-847-956-7966.

Wellness Place to Review "Five Wishes" Living Will

"Five Wishes," referred to as a living will with a heart, will be presented by Wellness Place, a cancer resource center at 1619 W. Colonial Parkway, Palatine, from 6:30 to 8:00 p.m. on Thursday, March 9. Participants will consider personal, emotional and spiritual needs as well as medical wishes, should they become seriously ill. The free program is open to the community. Preregistration is required by calling 1-847-221-2400.

Lois Coldewey, Wellness Place program coordinator, and Kathy Scortino, Wellness Place clinical specialist, will review the "Five Wishes" guide. Copies will be available for attendees. Aging with Dignity, a nonprofit organization, created the guide in consultation with the American Bar Association's Commission on the Legal Problems of the Elderly and other leading experts in end-of-life care.

BAAC to Host Inaugural Oscar Party

The Barrington Area Arts Council invites Oscar night enthusiasts to an Oscar party on Sunday, March 5, at Makray Memorial Golf Club, starting at 6 p.m.

Festivities will include multiple-screen, live-televized viewing of the ABC Television Network Red Carpet Event (from 6 to 7 p.m.), followed by the presentation of the Academy Awards at 7 p.m.

Hors d'oeuvres and a buffet-style dinner will be served. In addition, there will be prizes and fabulous fun! Come in your favorite Hollywood Oscar attire and walk the red carpet with us! Tickets are \$50 per person in advance or \$60 at the door. Tables of 10 are available; advanced reservations are recommended. For more information or to make reservations, call 1-847-382-5626.

An enchanting experience begins the moment you enter Makray Memorial Golf Club's brand new 24,000-square-foot clubhouse. With the charm of an Old World manor and spectacular views of the 18-hole championship golf course, Makray is a must-see-and-play for all those who enjoy challenging fairways and a good meal afterwards. Paul Makray purchased Thunderbird golf range in 1962, continuing to improve it, providing a sporty course at reasonable rates to numerous golfers over the years. When he passed away in 1999, Paul Makray's family made the decision to completely redesign and rebuild the course and facilities, changing the name to Makray Memorial Golf Club in honor of its founder.

The Barrington Area Arts Council, now



in its 28th year, is a not-for-profit community arts organization. BAAC's mission is to encourage the creation, appreciation and presentation of the visual, performing and literary arts for the residents of Barrington and its surrounding communities, making them accessible to all ages and cultural interests. An advocate and catalyst for the arts, BAAC offers artists the opportunity to share their work and talent through gallery exhibits and programs, educating the community on how art enhances all our lives. BAAC fosters the presentation of arts-related events by other nonprofit organizations through ArtsBoost grants, a community arts development program. BAAC is supported by membership, individual, corporate and foundation contributions, the Village of Barrington, and grants from the Illinois Arts Council, a state agency.

Older Adult Healthcare Physician Practice at The Garlands

America's BEST Senior Care Comes Close to Home

Parents with children consult a pediatrician. Women in childbearing years rely on their obstetrician. In much the same way, the golden years are a special time in our lives that call for specialized care too.

Leading the charge for specialized care throughout the Northwest Suburbs are the geriatric specialists at the Alexian Older Adult Institute. The nationally recognized Alexian Older Adult Institute provides comprehensive services to older adults who are 65+.

An "Age-Well" Philosophy

As subscribers to the philosophy that being healthy means more than lacking illness, the geriatric specialists at Alexian's Older Adult Healthcare Physician Practice locations help their patients focus not only on the physical but on the emotional, social, spiritual, cultural, intellectual and recreational pursuits that impact *the mind* and *spirit* as well as the body. Through assessment, health education, exercise and a comprehensive approach to lifestyle factors that impact total well-being, these health practitioners offer expertise which helps people age well and live better.

"Our patient care philosophy is based on an attitude we've noticed in the healthiest and happiest mature adults," says Roger Weise, MD, medical director of the Alexian Older Adult Institute. "To these people, 'aging well' means embracing the journey of continuous growth. They consistently choose engagement over isolation,

making the spiritual connections that lead to hopefulness and rejecting dependency for the alternate path of selective reliance."

Dr. Weise learns as much as possible about each patient in order to design the best course of treatment. His concern for his patients' overall well-being does not go unnoticed.

"I was really impressed with my first visit with Dr. Weise," said Chuck Allison, age 77, a longtime Barrington resident. "He spent over an hour and a half with me. It was like going to the Mayo Clinic. He covered a lot of ground, mainly physical, but beyond that too—he wanted to know my circumstances, my home life, my work life and a complete medication review."

It is precisely that level of concern and understanding that has earned Dr. Weise and the Alexian Older Adult Institute the national honor of "America's Best" in geriatrics by *U.S. News & World Report*.

"Entrusting my care to someone who specializes in older adults gives me two doctors for the price of one," Mr. Allison explains. "Dr. Weise is my primary care doctor, but he has specialized knowledge about my age group and a web of age-related resources that he can tap into."

Find an Alexian Older Adult Healthcare Physician Practice near you! Call our Barrington office at 1-847-852-3770.



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Recapturing the Charm of Shady Oaks Part II: Old Fashioned Styling, Modern Amenities

by Tamara Tabel

As Fred and Suzanne Branding and their contractor, **Mark Zurek from Delta Renovations**, began work on the interior of the Shady Oaks Bed & Breakfast, they had a common goal—to recreate the comfortable look and feel of a turn-of-the-century farmhouse, while seamlessly incorporating new spaces and amenities.

"I really wanted guests to feel as if they were going back to a simpler time," says Suzanne Branding. "And **Delta Renovations** helped us achieve exactly that—every room feels cozy and homey, and the building's design offers quiet little corners where guests can truly relax."

To create this charming, old-fashioned feel, **Delta Renovations** carefully replicated period styling in all aspects of the project: from choosing **Marvin Double-Hung Windows**, matching existing trim from old to new rooms, designing and building built-in book shelves, to adding transoms above the doorways.

"When tackling a project of this magnitude, it's important that every detail be considered in relation to the total effect you are trying to achieve," says **Mark Zurek of Delta**. "All of our design and material decisions were made to create the aura of a true Victorian-era building."

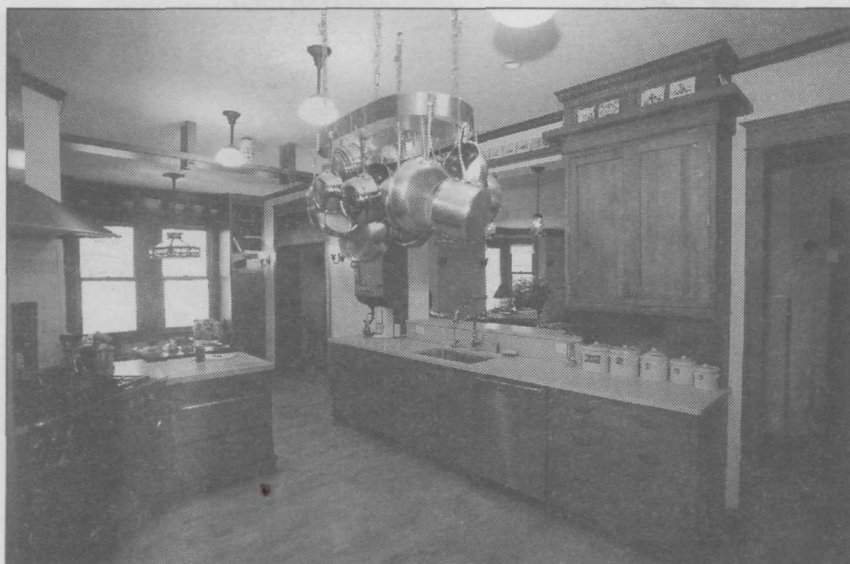
The pinnacle of the home is the beautiful Arts & Crafts style kitchen.

"The Brandings wanted a look reminiscent of an old-time dry goods store or soda fountain," says kitchen designer Kaye Hathaway from **Barrington Kitchen & Bath**. "So we chose a very simple **Crystal** cabinet design made with quarter-sawn oak for an authentic linear grain pattern, and included details such as bead board, kick plates and a butcher block cutting board."

Custom features add a personal touch. Shelves display the Branding's collections of mortar and pestle, and antique tiles. A "pass through" counter allows Suzanne to slide her sweet and savory breakfast items directly from the kitchen to a serving nook in the guest dining room. And a quaint window seat, surrounded by open shelves, frames a spectacular view of Lake Zurich.



The newly renovated Shady Oaks
Bed & Breakfast is now open for business:
1-847-438-6797 or 1-847-255-5544.



To accentuate the room's height, oak kitchen
cabinets reach to the ceiling.



Special features like a spectacular
spiral staircase and authentic
Victorian-era mantels add to the charm.



Another striking feature of the bed & breakfast is a dramatic three-story, oak spiral staircase that leads guests to the comfortable suites. Each of the five suites has charming décor, and a private bath with a pedestal sink and black-and-white hexagon tile flooring.

"All of the work turned out just beautifully!" says Suzanne. "The new Shady Oaks feels comfortable and relaxing, with a solidness that makes it feel like everything's been here all along. We're ready for business!"

If you're looking to add some new charm to *your* home, contact the experts at **Delta Renovations**, 1-847-277-1305 and **Barrington Kitchen & Bath Studio**, 1-847-381-3084.

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What is **ORG**anization? To some, it's finding empty space and stashing things away, out of sight, out of mind. To others, it's tidying up an existing mess, taming the clutter.

But we at **Closet Masters** think **ORG**anization is more than that—it's part art, part science. It isn't just about having extra space for all your things; it's about having smart storage solutions. It's about putting things away, keeping them in order and being able to find them again, ready for use.

Since 1995, **Closet Masters** has been

committed to creating imaginative yet practical **ORG**anizing solutions. Quality materials and innovative accessories are combined with our experienced and professional design and installation to solve your toughest challenges. Our endless line of products is designed with you in mind and offers flexibility for your ever-changing **ORG**anizational needs. Check out some ideas and solutions at www.homeorg.com.

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Patrick Finn is a builder that has a working knowledge of the homes in the area and can give you reliable estimates and timelines for your project. Whether you are building a custom home or restoring an existing one, **Patrick Finn** emphasizes service and strides to develop trusting relationships. He listens to and understands your needs and discusses the

process with you every step of the way. He responds to your questions and keeps the lines of communication open among the architect, the craftsmen and you so that you are comfortable and satisfied with the quality of work and materials. He builds solid relationships with plumbers, electricians and carpenters then works together with them as a team to craft the home of your dreams using the finest materials for the job that meet your specifications and terms.

Call **Patrick Finn** for a consultation today, and start with a foundation of confidence, reliability and trust. Or visit our Web site at www.patrickafinn.com to see the quality of our work and read what our clients say about us.

Nominations Sought for Senior Citizens Hall of Fame

The Barrington Area Council on Aging is seeking nominees for its 11th annual Barrington Area Senior Citizens Hall of Fame.

The Hall of Fame honors outstanding seniors from the Barrington area for their service of enhancing the quality of life in the community. Nominees will be honored at a recognition tea on Wednesday, May 17, at Lake Barrington Woods. Corporate sponsors of this year's event are Barrington Bank and Trust, Wayne Hummer Investments and Asset Management, and Davenport Family Funeral Home.

Local service organizations are encouraged to nominate a deserving senior from their organization to be recognized at the

Hall of Fame. To be considered, the senior must have celebrated his or her 60th birthday by Dec. 31, 2005. In addition, selections should take into consideration the senior's contribution and active participation in the organization, outstanding service to the community, the years and nature of service in a specific area, and other past recognition or achievements.

Nomination forms should be returned to the BACOA office at 6000 Garlands Lane, Suite 100, Barrington, IL, 60010 by March 15. For more information or for an application form, please contact BACOA at 1-847-381-5030.

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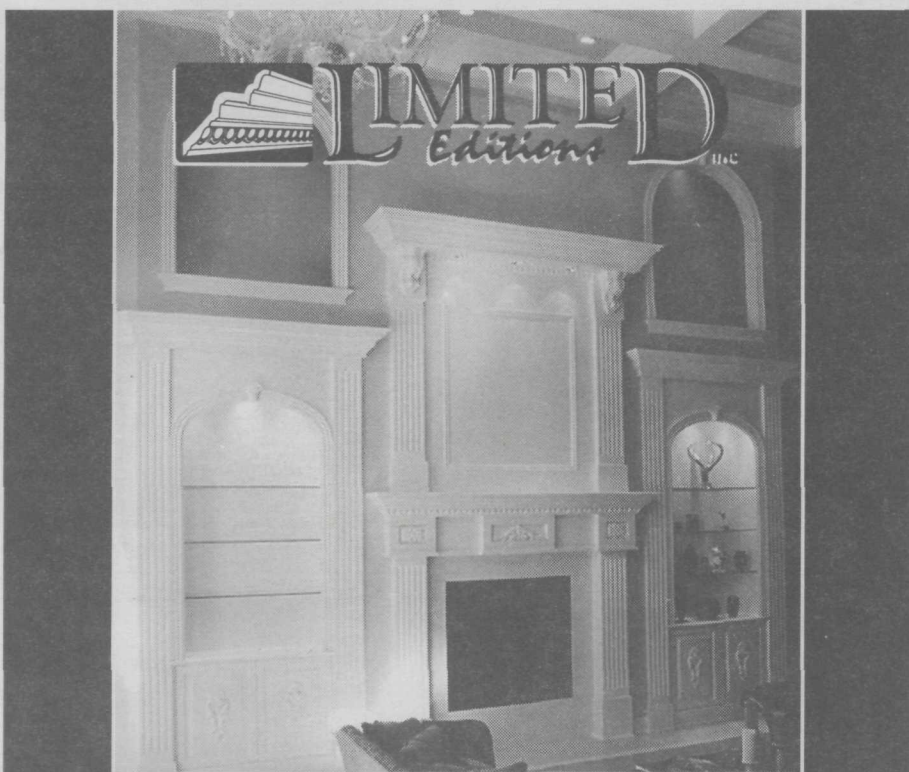


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StoryBistro Returns

Come and find out why storytelling for adults is becoming one of the best ways to spend an evening out with your spouse, friends and neighbors. A truly unique offering to Barrington and surrounding communities, the StoryBistro takes place in BAAC's intimate gallery, providing a perfect setting for a feel-at-home concert, where stories can be more thought-provoking, surprising and heartwarming than ever imagined.

The Barrington Area Arts Council presents its next in a series of storytelling events. The StoryBistro, back by popular demand, will feature a variety of profes-

sional storytellers who will regale the audience with tales of humor, adventure and high emotion. The event will take place on Saturday, March 11, from 7:30 to 9:30 p.m. (doors open at 7:00 p.m.) at the Barrington Area Arts Council, 121-B Barrington Commons Court, downtown Barrington. Tickets are \$20 per person, proceeds to benefit the Barrington Area Arts Council and Illinois Storytelling, Inc. Seating is limited, so reservations are recommended. Beverages and light refreshments will be served. For more information, to reserve seating or for directions, call 1-847-382-5626.

How to Choose Your Architect

New homes and home remodeling projects of long standing grace and beauty begin with hiring a good architect.

1. Look for an architect with the experience and expertise necessary for the kind of home you are dreaming of. Traditional or contemporary, historical or modern, custom or semi-custom, your architect should be able to share in your home interests and bring the necessary artistry and knowledge.

2. Examine the evidence of the architect's work. View drawings, photographs, and ideally visit a project or two in order to assess if the architect's work meets or exceeds your expectations. This bit of homework remains the best measure of an architect's suitability for oneself.

3. Consider personal compatibility and character. Your architect is a professional

you will need to work well with through out the planning and building process. Speak with a couple of references and ask some tough questions. You should be hearing and confirming a reasonably strong vote of confidence.

4. Review the fees and services associated with the architect. The home or home remodeling project you are working toward is achieved only by a certain level and quantity of applied artistry, and the commensurate level and quantity of architectural services and fees.

5. If you are considering a new home or home remodeling project on par with the best of previous generations consider investigating the services of **Shaffer, Coath & Potter Architects Limited**. Contact us at **1-847-381-4071**.

"The Incredible Tulip" Topic for BWC

This is the time of year that many of us begin to long for the freshness of spring and the colors that emerge in our gardens. One of the first flowers that we take pleasure in is the tulip. So it is fitting that the Barrington Woman's Club has engaged Diane Hunter to present "The Incredible Tulip in Art and History" for their March 15 luncheon and slide show.

Barrington Woman's Club member Diane Hunter, who speaks throughout the Midwest, will share her slides, knowledge and enthusiasm for the tulip. No other flower has aroused such passion, devotion, desire and greed. Hear the story of the early tulips of China and Constantinople to the tulip-mania of 17th century Holland. View the many varieties from the Keukenhof Gardens and the world's most colorful fields, seen through both the eye of the camera and the eye of great artists such as Monet, Van Gogh, Rembrandt and Vermeer. Enjoy exquisite tulip-inspired ceramics, textiles, clothing, furniture and tapestries desired by royalty throughout Europe.

Mill Creek Banquets, 333 W. Mill St. in Wauconda, will host this luncheon. Social hour will begin at 11 a.m., and lunch will be served at noon. Checks for \$23, indicating luncheon choice of chicken or salmon, should be made payable to Barrington Woman's Club and sent to Judy Ligman, 468A Valley View Road, Barrington, IL, 60010.



Diane Hunter and
"The Incredible Tulip"

The Barrington Woman's Club's purpose is to promote cultural, recreational and educational activities in the community and to support various charitable and philanthropic organizations. Since 1987, BWC has contributed over \$280,000 in scholarships and donations toward social services for the Barrington area. Membership is open to any woman residing in the greater Barrington area.

For information, contact Judy Gentile, membership chairwoman, at 1-847-882-6450.

"Companions in Christ" Bible Study Group

A brand new session of the vibrant Bible study group "Companions in Christ" will be held on Tuesday mornings, April 4 to May 9 from 9:30 to 11:30 a.m. at Barrington United Methodist Church. All are welcome!

BUMC is located at 98 Algonquin Road (at Route 59) in Barrington. For more information, please call 1-847-836-5540. Visit the church's Web site at www.BarringtonUMC.com.

Area Seniors Invited to "Lunch on the Prairie"

Students from Barrington Middle School Prairie Campus will entertain area seniors at "Lunch on the Prairie," Friday, April 7, from 9:00 to 11:30 a.m. at prairie's campus, 40 E. Dundee Rd., Barrington.

Prairie's student council, as well as its music and home economics departments,

have sponsored the event since 1998. Students provide entertainment and brunch for seniors who attend.

Seating is limited. For reservations, call the Barrington Area Council on Aging at 1-847-381-5030 by Friday, March 31.

Sharon Prassel Interiors

847-381-3888 – sharon@prassel.com

Sharon Prassel Interiors works on projects, large and small, in a variety of styles. She offers consultation and 21 years expertise in new construction, kitchen and bathroom design, lighting design, furniture and accessories, custom cabinetry, home offices, space planning, fabric and upholstery, floor coverings and window treatments.

Few design firms can offer such diversity and professionalism. Attention to detail is one of Sharon Prassel's strengths. She has worked with clients around the Chicago area, but she focuses primarily on designing homes in the northwest suburban communities.

Her specialty is pulling the whole look together that is unique and fits the needs of each of her clients' while still being sensitive to the client's budget and lifestyles.



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Barrington LIFESTYLES March 2006 33



Timeless Beauty...Beyond Luxury

Homes by Richmond, a leading design/build firm on the North Shore, creates timeless beauty and exquisite detailing in every custom home they build. With 50 years of hands-on building experience, partners Rick Bouchez and Steve Day have earned a reputation for building elegant homes. Each masterpiece offers a combination of quality materials and superior design. Details are meticulously crafted and each enhancement is seamlessly blended to create a custom residence that is uniquely yours. We offer complete design/build services on your lot or ours and we invite you to call us so we can show you how we will exceed your expectations.



Upcoming Events at the Library

Barrington Area Library, 505 N. Northwest Highway, Barrington, 1-847-382-1300, www.barringtonarealibrary.org, will present Home, Sweet Home Office, a series of programs aimed at community residents who work from home. If you have recently started working from home or are thinking about making a change, you're not alone. More people than ever are working from home—25% of people in our area—and they use our resources and services to help build their businesses. This March, join us as we present ways the Barrington Area Library can help make working from home work for you and your family.

- **The Office Clutter Cure!**, Monday, March 13, 7:00 p.m. (Adults and young adults)—Do you have trouble finding your desk under mountains of paper? Award-winning speaker and professional organizer Sue Becker, owner of From Piles to Smiles, will discuss techniques for handling paperwork and accomplishing important tasks on time.

- **Design for the Home Workspace**, Wednesday, March 15, 7:00 p.m. (Adults and young adults)—Given the amount of time we spend working at home, the successful design of a home office is critical. Consultant Sherri Trotta of Redefine Design will show you how to use color, lighting, storage, fabrics, and more to create a space you'll love to work in!

- **Turn Your Dreams into Dollars: Starting Your Own Business**, Thursday, March 16, 4:00 to 5:00 p.m. (Grades 4-8)—Think you're too young to make money?

Think again! In this interactive program, a representative from the Illinois Institute for Entrepreneurship Education will help you learn what it takes to start and succeed with your own business.

- **Investing with Morningstar Library Edition**, Thursday, March 16, 7:00 p.m. (Adults and young adults)—Take advantage of the free investing tools on Morningstar Library Edition. Using online screeners, reports, and portfolio X-rays, you can find a stock or fund meeting your criteria, research current or prospective holdings, and see how your investments fit together. Chris Davis, a mutual fund analyst for Morningstar, Inc., will conduct this informative session.

- **Family Craft Night: Telephone Mat**, Tuesday, March 21, 7:00 p.m. or Thursday, March 23, 7:00 p.m. (All ages with adult)—Brighten up your room's desk space with this cheerful no-slip telephone mat. Start with a basic mat and personalize it with flowers or cool shapes! Registration begins Monday, March 6.

- **Boost Your Business with Reference USA**, Wednesday, March 29, 7:00 p.m. (Adults and young adults)—Looking for contacts for your home business? Create your own search criteria to find the addresses, phone numbers, names of officers, and SIC codes for 12 million U.S. businesses. An Adult Services librarian will show you how to use this resource from home or at the library.

- **Home Business, Big Business!**, Thursday, March 30, 7:00 p.m. (Adults and young adults)—Whether you're already in

Homes by Richmond Creates Timeless Beauty, Going Beyond Luxury

Homes by Richmond partners Rick Bouchez and Steve Day design their client's fantasy by creating custom residences boasting timeless beauty. We believe building your dream home should be fun and easy, and we strive to make each experience a truly delightful one.

The dynamic duo is proud of the homes they have crafted in Lake Forest, Bannockburn, Buffalo Grove and most recently, the \$25 million Brookstone community in Long Grove. Their homes are built to be timeless in style and quality, and only the best lots with magnificent views will accommodate their high standards. Each home offers a combination of quality materials and superior design that surpasses luxury.

Offering a complete range of building services, **Homes by Richmond** provides close personal attention that few builders can match. We can build your one-of-a-kind magnificent residence on either your home site or ours. By personally devoting an extraordinary amount of time with our clients, we help them select the quality materials and components that transform a typical home into a spectacular residence with its own personal identity. In addition, we help our customers create a home that reflects their individual tastes by supplying interior design services.

To create an aura of opulence, homes embrace luxurious inclusions such as an eight-foot stained mahogany or oak front door; a custom circular staircase; 18" x 18" marble flooring or maple or cherry wood floors; beautiful French doors; tray ceilings; oversized crown moldings; and thick casings and base trim. A sculpted limestone or marble fireplace can grace a library and family room, while an elegant gourmet kitchen boasts quality wood cabinetry, granite countertops, Sub Zero, Dacor, Bosch and Maytag appliances, and Kohler upgraded plumbing fixtures. Other important appointments are a butler's pantry, cedar shake roof, Eagle or Pella wood windows, state-of-the-art phone system, and a full basement with a nine-foot ceiling.

Our philosophy is to exceed our client's expectations. We provide construction excellence, value and peace of mind that comes with our painstaking hands-on approach throughout the building process. In addition, our accurate pricing data base and sophisticated estimating system enables us to build your home within your budget restraints. When clients see themselves personally reflected in their new home, we know we have done a good job. Please call us at **1-847-541-2100** to schedule an appointment.

Juggler to Toss Running Chainsaws

Comedic juggler Mad Chad Taylor, whose signature act is called "Chainsaws of Death," will show off his unique talent at noon, Thursday, March 9, in the Student Center of Harper College, Roselle and Algonquin roads, Palatine.

"It's amazing how many people want to watch you do something stupid," says Taylor, who grew up in Santa Monica, Calif. The skateboard-loving juggler also lights his finger on fire and catches a 15-pound anvil with his head during his *Extreme Comedy Show*, which also features tossing three running chainsaws into the air.

Taylor, who has also performed his act on *The Tonight Show with Jay Leno*, NBC's

Most Dangerous Acts and *America's Funniest People*, describes himself as the "Evil Knievel of comedy."

The juggler also likes to throw his career around by switching every so often to acting. He studied at the critically acclaimed Beverly Hills Playhouse. He has appeared in the film *Fastlane to Vegas*, *Landspeed* and *Crocodile Dundee in L.A.* Taylor can also be seen in E! TV's *Nightstand*, *Pacific Blue*; and Billy Crystal's *Mr. Saturday Night*.

Taylor's *Extreme Comedy Show* is free, and the public is welcome. Call the Harper College Student Activities Office for more information at 1-847-925-6242.

business for yourself, or thinking about starting a home-based business, taxes can be a tough issue to tackle. Marketing consultant Jackie Rosenfeld will provide expert advice on the tax benefits that can make home-based businesses a success.

Storytime

Storytime is a wonderful way to introduce your child to a variety of age-appropriate literature in a comfortable and inspiring setting. Using the latest research in child development and preliteracy, we incorporate stories, fingerplays, and songs into our storytimes that stimulate the imagination and encourage participation.

- **Baby Steps (Infants from birth to 12 months with adult)**, Tuesday, March 14, 10:00 a.m.—No registration is required. Siblings are welcome if they do not cause a distraction.

- **Nursery Rhyme Time (Infants from birth to 23 months with adult)**, Tuesday, March 7, 9:30 or 10:15 a.m., Repeated

Saturday, March 11 at 9:30 a.m., Tuesday, March 21, 9:30 or 10:15 a.m.

- **Registered Storytime (Age 2 through grade 4)**, Monday, March 6, Thursday, April 13—Various sessions; call the library at 1-847-382-1300 for details.

- **Drop-in Storytime (Ages 2-5 with an adult)**, Tuesdays, March 7 to 28, 11:00 to 11:30 a.m., Saturdays, March 11 and 18, 10:30 to 11:00 a.m.—Perfect for families that make impromptu visits to the library, this drop-in version of our registered storytime is filled with stories, fingerplays and songs. No registration required.

- **Jim Gill's Concert of Music and Play**, Saturday, March 25, 10:00 a.m. (All ages)—Enjoy a morning of music and play with popular children's performer Jim Gill, a Barrington Area Library favorite. Reserve your tickets early and get ready for some fabulous fun! Free tickets available in Young People's Services for Barrington Area Library card holders beginning Monday, March 13.

Leather Furniture Care for Long-Lasting Beauty

Many consumers purchase leather furniture and get advice from the salesperson; "Just dust it once in a while and it will last forever."

In fact, leather furniture manufacturers recommend cleaning and conditioning every three-to-six months for long-lasting beauty and durability. **Color-Glo Quality Leather Restoration** is a mobile service that can give your leather furniture the professional cleaning and protective conditioning treatment that will preserve the color and supple feel of the furniture. Without proper care, leather furniture can become dry, cracked and faded. Natural body oils can accumulate from regular use and create dark-stained areas that will eventually cause permanent damage and cracks in the leather.

Color-Glo Quality Leather Restoration is known for dependable service and expert workmanship. They utilize products specifically designed for finished, aniline or nubuck leathers. In addition to cleaning care services, they also re-dye, repair and restore faded, torn and damaged leathers. Complete restoration services can bring new life to your worn leather furniture.

We are authorized Restoration Center Specialists. To see photos of our work, click on "gallery" at our Web site www.qualityleatherrestoration.com. For a free estimate, call **Color-Glo Quality Leather Restoration** at 1-847-719-2934.



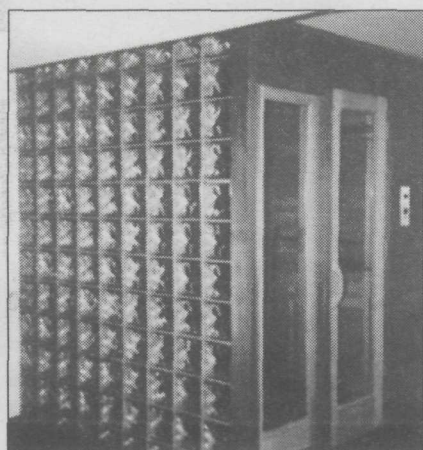
The Many Benefits of Sauna

"Old Finnish proverbs consider sauna to be the 'medicine of the poor, the hospital and of Finland,'" according to *Spa and Sauna Magazine*.

"Saunas promote the perspiration of body toxins, stimulate circulation, increase body metabolism, keep skin glowing and youthful and alleviate sinus congestion due to colds, asthma and allergies.

In fact, many feel it's one of the most effective detoxifying treatments available.

Today, in many research laboratories around the world, saunas are being tested as therapy for chemical poisoning. Because of the mental relaxation saunas are able to induce, it's said to be the perfect environment for intimate conversations with spouses, friends and children," *Spa and Sauna Magazine* continues.



For more information about the benefits of sauna, see **Swanson's Spas & Saunas** on Rand Rd. in Lake Zurich.



Oakview Pet Resort Proudly Announces Its New Expansion for Late Spring 2006

Oakview Pet Resort offers a full-service grooming salon and modern boarding facility to meet the needs of your beloved pet.

Oakview Pet Resort's expansion will include many new amenities such as a state-of-the-art dog training facility, dog

hydrotherapy pool, suites for the most pampered pet and wonderful new indoor and outdoor play yards for the most discriminating pet.

Call **Oakview Pet Resort** at 1-847-526-1388 to make an appointment.

Hawthorn Woods Women's Club Annual Charity Art Auction

The club is pleased to host the 11th Annual Charity Art Auction on Saturday, March 4. For those residents that are new to the area or to our charity auction, expect an entertaining evening of artistic enlightenment with complimentary hors d'oeuvres. Champagne, wine and beer will also be available. The auction will be held at the Village Barn starting with a preview

at 6 p.m. followed by the bidding set to start at 7 p.m. All artwork will be provided by Regency Fine Arts of Norcross, Ga. All proceeds from this event will be used to support several Lake County charities. For more information or to purchase tickets, please call the HWWC info line at 1-847-438-0723.

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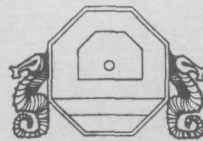
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DAR March Meeting

Signal Hill Chapter of the Daughters of the American Revolution has planned a spring outing for its March 21st meeting. The members will gather at Donley's Old West Steakhouse & Buffet in Union, Ill., for the meeting at 11:15 a.m. with lunch to follow at 11:45 a.m. They will proceed to the McHenry County Historical Museum for a tour at 1:00 p.m. The museum is highlight-

ing its antique doll, toy and quilt exhibits along with its 1895 one-room schoolhouse, 1843 log cabin and Civil War exhibit "Those Left Behind." Hostesses are Becky Kartolia and Helen Mellin of Barrington; Lois Lee of Barrington Hills; Iva Lea Van Buren of North Barrington; and Linda Ward of Lake Forest. For reservations, call Sally Hansen at 1-847-658-7292.

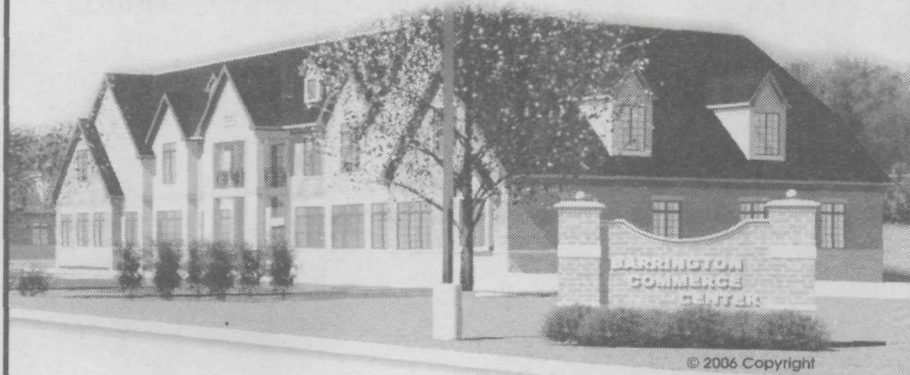
St. Charles Singles Club

St. Charles Singles Club, Ltd., a social non-profit group, is now located at Riverside Receptions, 35 N. River Lane, Geneva. Dances are on the second, fourth and fifth Mondays of each month from 7:00 to 11:00 p.m. for singles 30 years and older.

Admission is \$6 for members or \$8 for nonmembers. Dance lessons are available at 6:30 p.m. Attire is dressy/casual with no jeans allowed. Smoking is not permitted. For information, contact George at 630-231-6222.

LUXURY OFFICE OWNERSHIP

Custom Office Condominiums in Barrington



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You can save money by owning rather than leasing luxurious office space in the Barrington Commerce Center, an upscale complex of 2-story, low maintenance office buildings. Exterior architecture is a combination of stone, brick and stucco surrounded by beautifully landscaped grounds.

Our office condominiums are suitable for dentists, lawyers, entrepreneurs, business owners and other professionals looking for a way to maximize their profits. As an extension of your at-home lifestyle, our condominiums offer high ceilings, cherry woodwork, decorative moldings, a grand wrought iron staircase, and much more. Come in and tour our on-site model.

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If you are a savvy professional in the medical, dental, accounting or marketing fields, you may be interested in owning luxurious office space in Barrington. We offer a great location, upscale ambiance, and the rewards of individual ownership. **The Barrington Commerce Center** is a four-building complex comprised of 2,000-to-2,500-square-foot office suites built by **Harris Builders**.

"Wise entrepreneurs and business owners are looking for ways to leverage opportunities for maximum benefit," said Evan Harris. "Barrington Commerce Center offers an opportunity to stop paying rent, build equity and own quality office space in a prime location at an affordable price," he added. More business owners are realizing the advantages of office ownership as a better alternative to leasing.

Purchase vs. Lease

For example, when comparing a five-year savings of purchase vs. rent for a 2,000-square-foot office space including utilities and association dues, the purchase expense is \$93,000 while leasing the same space costs \$184,000. This translates into a huge \$91,000 cost savings over a five-year period.

Prime Location

Barrington Commerce Center is in a great location, next to the Grove Street Post Office and one block east of the intersection of Barrington and Dundee roads. It offers convenient access to I-90, NW Tollway, downtown Barrington, O'Hare Airport and

Chicago.

Upscale Space

An upscale cluster of two-story luxury office buildings featuring low-maintenance stone, brick and stucco exteriors, Barrington Commerce Center has lots of curb appeal and is surrounded by extensive manicured landscaping. Visitors enter through an inviting beveled glass door into the soaring marble foyer. Greeted by rich cherry woodwork, a grand staircase, elaborate chandelier and intricate crown moldings, clients and owners will be impressed by the luxury of each building. Office condominiums range from approximately 2,000 to 2,500 square feet and include an additional 262 feet of secured lower-level storage. Single or multiple units are available, priced from \$363,300 to \$459,000.

Special Features

All buildings are handicap accessible with state-of-the-art video surveillance as well as security and fire suppression systems. Owners will have key card access. Energy-efficient buildings have R-28 and R-38 insulation with low E windows. Included in each office are 125-amp electrical service and Internet services.

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BARRINGTON HILLS

This delightful equestrian property is set on 15 magnificent acres. The charming, updated 3 BR brick home features a fresh decor, inviting sunroom w/ Vermont casting stove, firelit living room, formal dining room & sunfilled kitchen. The gorgeous setting offers a pond, barn w/ ample turnouts & beautiful gardens.

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BARRINGTON HILLS

Incomparable estate set on 17 rolling, wooded acres. Designed for a gracious lifestyle, this stone & cedar residence offers the finest custom finishes throughout its substantial comfortable interior. This beautiful estate includes 2 guest houses, pool, tennis court & 4 stall barn. Its location is prime and protected, its appeal, timeless.

OFFERED AT \$5,190,000



BARRINGTON HILLS

Outstanding 6 br, 8.1 ba custom brick Georgian set on 10 rolling acres overlooking picturesque Goose Lake. Magnificent architectural design and detail. It includes a stunning gourmet kitchen, sumptuous master suite, 6 fireplaces, finished walkout lower level, Stone terraces and 4 car garage. It is elegant, warm & very livable.

OFFERED AT \$4,990,000



BARRINGTON HILLS

Designed w/ the highest quality finishes & craftsmanship, this exquisite home, completed in 2004, features 2-story great rm w/ soaring stone FP, kit w/ fire-lit hearth rm, stunning master retreat, 4 FPs, 5 generous BRs & 4 full, 1 half BAs, 5 car garage w/ workshop, screened porch, in-ground pool and gorgeous landscaping.

OFFERED AT \$1,695,000



BARRINGTON HILLS

This charming Cape Cod home is set on 7.5 private, wooded acres. Renovated & expanded, it includes a new gourmet kitchen w/ top-of-the-line appliances & granite counters, dramatic FR & master suite additions, & inviting porch. A 2 stall barn w/ ample turnouts, stone terrace & gar for 5 vehicles complete the perfect picture.

OFFERED AT \$1,059,000



BARRINGTON HILLS

Set on a private, wooded site, this 5 BR classic is the epitome of refined country living. Abundant in character & charm, & designed for personal comfort & festive gatherings, it features exquisite architectural detail, 5 FPs, gourmet kitchen, idyllic views, sparkling pool, 4 car gar, magnificent grounds & expansive stone terraces.

OFFERED AT \$1,949,000



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Spring "Miracle" Planning with SanFilippo

No matter what you do in life, planning is important. It gives you a direction and helps you get where you want to go. Sometimes the planning can be done without help but more often than not a professional is needed.

At **SanFilippo Landscape** we offer the planning help you need when it comes to the landscaping of your home or office. Through education and experience, our architects must be able to take an existing situation, blend it with a client's needs and still make it look good and feel right. Picture a juggler with three or more balls and you get the idea of what creating a design is all about. Everything must be considered... building location, drainage, neighbors, existing plantings, budget... and don't forget the most important consideration... what you want! Do you entertain a lot, do you enjoy gardening, have plans for a pool, require low maintenance? Remember, no one can give you what you want until they know what's important to you.

The Plan

Once you've established what your needs are and have the plan in front of you, how do you know if it's a good design? Many people have a hard time understanding all the symbols on a plan, so allow us to tell you what they mean so you may be better able to judge the quality of your design.

All plans should place your home and other structures on the property, to scale, in the drawing (a survey will be needed to do this). The diameter of each circle

represents a tree or shrubs' spread. Architects/designers usually have a style of drawing that helps you differentiate the different plants used (i.e. deciduous, ev-

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- Decks

Architectural features that are the backbone of good design.

ergreen, groundcover). Always keep in mind "the right plant for the right location." The plant's mature size must always be considered so you don't have a too

large or too small of a plant for a given location.

Plant Materials

All plants are not created equal. A good design pays attention to variety in texture, color and size of plant material. A good mix of heights add dimension while large groupings of the same plant help create variety in texture and color throughout the seasons. Once the choice of plants are made, ensure that they are adapted to our climate. We recommend materials that have been grown in Northern Illinois/Wisconsin nurseries. Many lawn and garden centers sell bulk plant materials with undersized root systems to accommodate volume shipping. These same plants often come from the south, allowing them to be more prone to disease and unable to handle our winters.

Another consideration is plant size. Professional nursery stock (only available to the contractor) is larger and helps create a more pleasing look during the first season before the plants are established.

Ask the Contractor

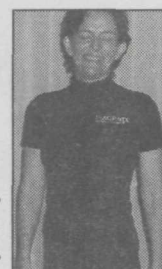
So, if you're in the market for a landscape plan and want someone who is able to handle the complete project, ask questions. "Where do your plants come from?" "Do you do grading and drainage work?" "Are your plans created by licensed landscape architects?" "Do your crews do the work or do you hire subcontractors?"

Whatever you do, start with a plan and call **Michael SanFilippo** or **Mark McGinnis** for a consultation. They can be reached at **1-847-426-9190**.

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to
119 lbs.



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We clean our furnaces, pools, houses yet who's taking care of the insides of our bodies? If you'd like to learn more about how Cleansing is the missing link to health, call me... after all, what have you got to lose?

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847-845-1759

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Deer Park **\$1,960,000**
Striking 4 BR, 4+ BA lakefront hm on 20 ac w/ priv 5-7 ac lake. Dramatic views, Cath Clgs, Fin LL w/ wkout, FP & 2 Lrg Rec Rms. Htd Gar, Wraparound Deck/Brk Patio.
Mary Spinner **847/277-2284**



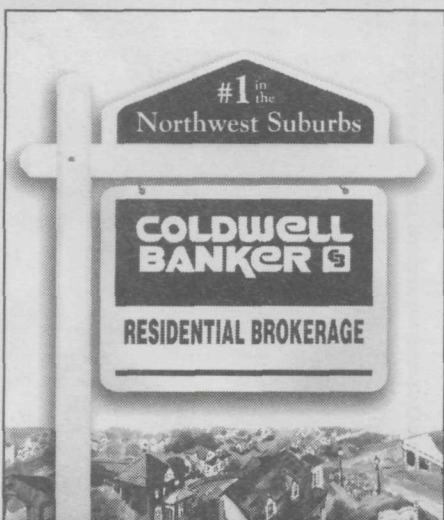
Barrington Hills **\$1,750,000**
Waterfront—4 br, 4+ ba home on 5 acres. 2-sty fam rm, kit w/2 granite islands, sun rm. Mstr w/sitting rm. 4 fplc, 7,000 sq ft. Walkout w/rec rm, off, exercise rm, 4 c gar.
Sherl Wheeler **847/370-3808**



Barrington Hills **\$1,575,000**
Beautiful 6 br, 4.5 ba hilltop Colonial w/ sweeping countryside views. Finished LL w/ rec rm, exercise rm. Sunny patio w/ pool, cabana. 3-stall barn. Quiet setting.
Mary Spinner **847/277-2284**



Inverness **\$1,095,000**
Exquisite 4 BR, 3.1 BA residence. Cherry library. 2-story FR w/ FP. Granite kit. Lrg master suite w/ ultra spa BA. Fin LL w/ study. Lush garden w/ deck, paver patios.
Frank & Lynne Caiazza **847/867-3424**



303 E. MAIN ST.
SUITE 101
BARRINGTON



Barrington Schools **\$699,000**
Barrington Schools! 4 year new, 4 BR, 10' or cath ceil, study, sun rm, kit w/ granite counters & 2 islands, 2-story FR, English bsmt, huge mstr suite. Hdwd flrs.
Sherl Wheeler **847/370-3808**



Cary **\$749,000**
Spectacular 4 br, 4 ba 3700 sq ft custom home ready 02/06 on 3/4 acre wd lot. 1st flr den. Maple, granite, hdwd, Texas size MBR closet. 2 fplcs. 3-car gar.
Bob Untch **847/277-2295**



Barrington **\$539,000**
Totally rehabbed 4 BR, 2 BA 1924 home. Kitchen w/ SS & granite. LR & MBR w/ fplcs. Fin bsmt. Hardwd & granite flrs. 1st flr den/BR. Upd roof boiler, c/a, H2O + more.
Sherl Wheeler **847/370-3808**



Lake Barrington **\$269,000**
Picture perfect! Updated Lake Barrington Shores Condo. 2 BR, 2 BA w/ den. Private entry, vaulted ceilings, skylights. Large deck. Great views.
Ron & Jeanine VanDeVelde **847/277-2282**



Barrington **\$464,500**
Charming home set on a fabulous wooded lot w/ 4 BR, 3 full BA. Cathedral ceilings in huge FR. 27x12 MBR w/ glorious BA. Hardwd flrs. Gorgeous landscaping.
Sherl Wheeler **847/370-3808**



Lake Barrington **\$419,000**
Lake Barrington Shores! Outstanding 3 BR, 2+ BA TH. 1st flr Mstr Suite, hardwood floors, vaulted ceilings, huge lower level w/ mini-kit & large screen TV, 2-car gar.
Ron & Jeanine VanDeVelde **847/277-2282**



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BJWC's Big Night is Here... Saturday, March 11

Barrington Junior Women's Club is turning 70 years old this month! In honor of this huge accomplishment within the Barrington community, they are having an Anniversary Gala ironically entitled "Still Swinging at 70" on Saturday, March 11, at the Chicago Marriott Northwest in Hoffman Estates. This exciting night will consist of dinner, dancing, and an elaborate live and silent auction. This year's live auction consists of an unbelievable villa in Italy; a BHS Parking Spot; a day on the set of FX's hit show *Nip/Tuck*; and Breakfast with a police officer and a ride to school...plus lots more! There will also be walk down memory lane for the ladies of BJWC and the town of Barrington itself through a very unique presentation.

BJWC is a group of women committed to enhancing the community by providing philanthropy and community service through camaraderie and volunteerism. Throughout the 70 years, the hard-working group has raised money at major fundraisers that have helped them run important programs in the community as well as fund organizations that make a difference every day.

This year alone, BJWC has made a significant contribution to the NISRA universally accessible treehouse project, a large donation towards a new family waiting

area in the new emergency department at Good Shepherd Hospital, as well as launching the I-SAFE Internet safety training program in conjunction with the Barrington/Inverness Police Department.

Last June, they granted more than \$100,000 to organizations such as BHS scholarships, American Cancer Society, Barrington Area Arts Council, Barrington Council for the Aging, Barrington Giving Day, YMCA, Beds for Kids, Clearbrook, Cowboy Dreams, BHS High School PTO, Home of the Sparrow, Hospice, Jeffery Pride Association, PADS, La Casa, WINGS, NISRA and Wellness Place. BJWC also provides hundreds of community service hours to Barrington events and organizations such as the Barrington Brat Tent, the Wellness Place Prostate Walk, the Hospice Duck race, PADS and Giving Day.

To join in on all the fun of BJWC's big year, tickets for their 70th anniversary "Still Swinging at 70" are available via their Web site at www.bjwc.org or by calling 1-847-622-3838. The price is \$150 per person.

If you are a business interested in becoming a sponsor or an auction donor, please contact Doreen Colletti-Muhs at mdmuhs@hotmail.com.

To learn more about this great group of dedicated ladies, please visit their Web site or come to their March 7 meeting at 7 p.m. at the Barrington Park District.

Antiques and Collectibles Sight-Appraisal Program

The Long Grove Historical Society along with The Long Grove-Kildeer Garden Club will hold our own version of the popular *Antiques Road Show* you've enjoyed on public television. This will be on Saturday, April 8, from 1 to 3 p.m. at the Reed-Turner Nature Center, 3849 Old McHenry Road, Long Grove.

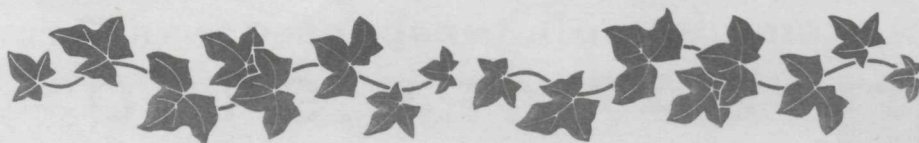
Frederick Dosé, a prominent North Shore and Northwest Suburban appraiser, will examine antique porcelain, silver, glass and wood articles; art work, firearms and collectibles (but no jewelry please). The fee per item is \$10.

We have a limit of 50 items for appraisal. You may send a check with your name and telephone number to reserve your spot to: The Long Grove Historical Society, c/o Marie Borg, 4363 RFD, Long Grove, IL, 60047.

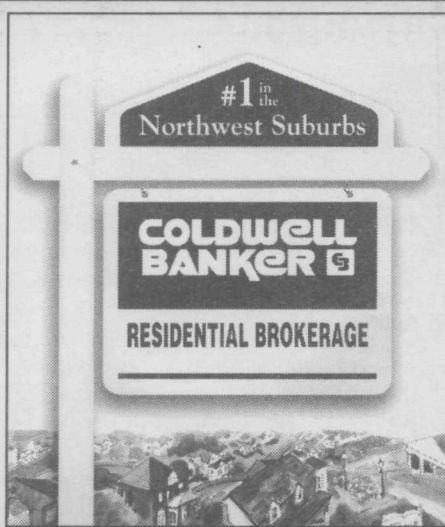
Coffee, tea and sweets will be available. There is no admission charge for viewing the appraisal program. For details, please contact Marie Borg at 1-847-438-7656 or Jane Wittig 1-847-566-5761.



Frederick Dosé of Dosé Appraisals, Ltd.



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South Barrington \$4,895,000
Spectacular waterfront 7 BR, 8+ BA home. 33x28 grand entry. 10' ceiling on all 3 levels, 40' ceiling in FR & foyer. Granite flrs, state-of-art appl. Walk-out LL. Priv beach.
Celeste Lockhart 847/525-0411




Long Grove \$1,925,000
5 BR, 4+ BA country estate. True masonry stucco exterior, rich millwork, 5 fireplaces. Gourmet kit. 3 acres. Stone terrace, 6 yrs old. 4 car gar.
Anne Kaplan 847/465-3646



Barrington Hills \$1,849,000
Historic New England 10 Acre Estate. 4 BR, 4+ BA home. Pool, Pond, 2 Gazebos, Creek & Riding Trails. Flint Creek adds to serenity.
Margaret Semrad 847/277-2255



Kildeer \$1,799,000
Pond views 4 BR, 3.2 BA hm. Kit w/ hearth rm & sep EA. Mstr ste w/ sit rm & 23x17 W/l clst, 2 stry FR. 9' & 10' clgs t/o. Exclusive new area.
Celeste Lockhart 847/525-0411



Kildeer \$1,799,000
New const-4 BR, 4.5 BA, w/o LL, dual strcses, grmt kit, frml stay, 3 FP, all BR w/ BA, 9' clgs on 1st flr. Wlk/bike paths Stevenson HS.
Celeste Lockhart 847/525-0411




South Barrington \$1,750,000
Spacious 10,000 SF Haven w/ Finished English Lower Level & a Wing for Home Office, AuPair or Hobby.
Suzanne Luby/Liz Luby 847/277-2777



10+ ACRES
Barrington Hills \$1,650,000
10.36 acre Barrington Hills 4 BR, 2 BA estate with tons of mature trees in Cook County! Or subdivide and build 2 homes! Separate 8-car heated garage. 2 horse stalls.
Muffy Hostetler 847/806-6149



Barrington \$1,187,000
Elegant, yet comfortable vintage home w/ wrap around porch, on double village lot. Carved, wide moldings, inlaid floors. 3-car gar. W/ 2nd story office potential.
Lois Olivari 847/917-2469



Deer Park \$1,175,000
Spectacular Waterfront Location - Full Finished Lower Level. 1st floor master suite + 4 car garage.
Suzanne Luby/Liz Luby 847/277-2777




Barrington \$999,000
Build your dream home on this spectacular 8 acre arbor-etum estate. Cascading 3 tiered garden. New 2 stall Amish barn/corral. Surround yourself w/ beauty & grace.
Loretta Kallas 847/757-1366



Barrington \$989,900
Former Model Poised High on Lush Acre offers Vol Entry & Family Room, Bedrooms w/ Private Baths & Dual Staircase. SPACIOUS
Suzanne Luby/Liz Luby 847/277-2777



Lot
Barrington Hills \$925,000
Magnificent 5 wooded acres. Prime Barrington Hills site. Close to 100 miles of horse trails. Perfect for building your dream estate. Low Cook Co taxes. Secluded & priv!
Celeste Lockhart 847/525-0411



South Barrington \$895,000
Colonial on Prof. Landscaped 1.6 A w/ Koi Pond. Sep 2 Bdrm Apt, 4 Car Gar & New Neutral Décor.
Suzanne Luby/Liz Luby 847/277-2777



Barrington Hills \$890,000
A fabulous horse property at a great price. Inviting 4 BR, 3 BA French Colonial w/ vintage hardwoods. Dynamic views of rolling fenced pastures, paddocks, 4-stall barn.
Margaret Semrad 847/277-2255



Barrington Hills \$865,000
Horses are Welcome on 5.9 Acres, Perfectly Suited for Barn & Pasture - Handsome Tudor W/ Stone Accents.
Suzanne Luby/Liz Luby 847/277-2777



South Barrington \$849,000
Nearly new in The Coves w/ 4 BR, 2.5 BA, limestone foyer, hickory flrs, stunning cherry/granite kit opens to Great Rm. Fabulous Sunrm, pool, spa & outdoor FP.
Frank & Lynne Caiazza 847/867-3424



North Barrington \$669,900
Fabulous maintenance-free 6 BR, 3.5 BA ranch in The Falls of Wynstone offers approximately 5500 sq ft of living space. Volume ceilings, kitchen opens to family room.
Celeste Lockhart 847/525-0411



North Barrington \$649,900
Come Home to this Elegant Sunfilled Residence in Gated Golf Course Community. With Gleaming Hardwood Floors & New Neutral Décor.
Suzanne Luby/Liz Luby 847/277-2777



Inverness \$624,500
Meticulously Maintained and Deceivingly Large, on 2+ Acres in Inverness. Minutes to train, I-90 & O'Hare.
Suzanne Luby/Liz Luby 847/277-2777



Fox River Grove \$489,000
Gorgeous former 5 BA, 2.5 BA model w/upgrades galore on wooded site features 9 ft ceilings, library, gourmet kit, spectacular open flr plan. Walk to train.
Frank & Lynne Caiazza 847/867-3424



Cary \$460,000
Nearly New 3 BR, 3 BA Ranch. Too many upgrades to list. Recently find LL w/ full bath + rec rm, br & den. Dramatic 12' ceil. Open kit w/ island + sunny brkfst rm.
Suzanne Luby/Liz Luby 847/277-2777



East Dundee \$239,900
Meticulous Cardinal Model w/ 20x10 Loft or 3rd BR. Ash hdwd, Granite, S/S. 2 Stry LR w/ Gas FP. 2 BR 1.1 BA, Full Bsm. Backs to Preserve. 5 min from Sears, Allstate & I-90.
Kerry Franze 847/277-2703



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"Frank's Way" to Perform at The Garlands of Barrington

Join the Barrington Area Council on Aging and The Garlands of Barrington for an afternoon of new interpretations of old standards.

"Frank's Way"—Wyn Mainzer and Sal Barbarito—will perform jazz classics on Sunday, March 26, at The Garlands of Barrington, 1000 Garlands Lane, Barrington. Lunch will be included with the show.

Mainzer and Barbarito's repertoire ranges from swing to romantic jazz to ballads

performed in the style of favorite performers such as Frank Sinatra, Sarah Vaughn, and Steve Lawrence and Edie Gorme.

A cash bar will begin at 12:30 p.m.; lunch will be served at 1:00 p.m.; and the performance will begin at 2:15 p.m. Tickets are \$28.

For more information or to register, call Linda Avellon at BACOA at 1-847-381-5030.

BACOA's Lunch and a Movie to Feature *The Notebook*

The Barrington Area Council on Aging's next Lunch and a Movie will feature *The Notebook*.

The movie will be shown Wednesday, March 1, at the Barrington Park District, 235 Lions Drive, Barrington. Lunch will be served at noon, and the movie will fol-

low. The movie will be shown on a large-screen television, and popcorn will be provided.

Please call BACOA by noon on Monday, Feb. 27, at 1-847-381-5030 to register for lunch. The suggested donation for lunch is \$3 per person.

Long Grove-Kildeer Garden Club Spring Luncheon

The Long Grove-Kildeer Garden Club will hold their Spring Luncheon on March 15 at the Wynstone Golf Club in North Barrington at 11 a.m.

It will be a perfect event to welcome spring by enjoying a wonderful lunch with new and old friends. To add to the

merriment, there will be various garden prizes. The luncheon speaker will be Mike Nowak of WGN Radio's *Let's Talk Gardening* who will enlighten us with his humorous take on the gardening season.

For more information, contact Penny at 1-847-540-8212.

Barrington's Most Popular Mercedes? This Year's E-Class is the Top Seller at Motor Werks of Barrington

When asked which is the best selling vehicle among the many Mercedes-Benz model choices, recently appointed **Motor Werks** sales manager **Normand Neal** was quick to respond: "Last year the prize went to the newly restyled 2006 E-Class which debuted early last fall." Neal, a longtime Barrington resident and Mercedes expert, is in his sixth year of luxury car sales at Motor Werks.

Neal explained that E-Class has always been popular among Barringtonians, and predicted that its elegant restyling and boost to 268 hp will no doubt secure its overwhelming appeal for years to come.

In recent years, Mercedes began offering its popular 4MATIC all-wheel drive



Normand Neal

system with its E-Class cars. **Motor Werks** was among the first retailers to satisfy the demand for this all-wheel drive performer.

The outstanding stability and increased traction of 4MATIC all-wheel drive helps Barrington area winter drivers rediscover their handling confidence. By braking wheels or using electronic engine

intervention the 4MATIC system offers the performance and control drivers benefit from year-round, on wet or dry road conditions.

Normand Neal invites newcomers and connoisseurs alike for their Mercedes-Benz road test. He can assist in all phases of purchase, lease or service. His direct line at **Motor Werks** is **1-847-304-3050** or e-mail him at nneal@motorwerks.com.

MODEL	2006 Mercedes-Benz E350W
ENGINE	3.5-liter V6 7-spd Automatic
POWER	268 hp
SPEED	0 to 60 in 6.5 sec.
LENGTH	189.7"
WIDTH	71.7"
HEIGHT	57"
WEIGHT	3,703 lbs.
4MATIC	Available



Volunteers Needed for Horseback Riding for Children with Disabilities

The Northern Illinois Special Recreation Association is offering adapted horseback riding at Heart & Soul Farms in Crystal Lake. Children with disabilities have registered for introductory riding lessons. Several volunteers are needed to assist as side walkers, guiding the children on the horses. An orientation will be provided. Please contact Chelsi at 815-459-0737, ext.

224, or chill@nisra.org for details. A spring session will also be offered from April 8 to May 13.

NISRA provides year-round recreation activities and local Special Olympics for residents with disabilities in McHenry County and parts of Cook, Kane and Lake counties. Call NISRA at 815-459-0737 for information about programs.

Clearbrook Jelly Belly Days— Where the Giving is Sweet

The time will never be sweeter to volunteer for just two hours. Sign up now for Clearbrook's 17th annual Jelly Belly Days on Friday, May 19, and Saturday, May 20, to collect money and hand out jelly beans at various intersections and storefronts throughout Chicagoland and 20 North and Northwest Suburbs. Your gift of time will sweeten the lives of children and

adults with developmental disabilities supported by Clearbrook. Individuals of all ages, schools, organizations and businesses who would like to volunteer and/or donate should contact Janis Edelheit at 1-847-385-5008 or jedelheit@clearbrook.org. For more information, please visit our Web site at www.clearbrook.org.

"Transitions" Seminar to Address Life Without a Partner

The Barrington Area Council on Aging and the Barrington Area Library will present "Transitions: Life Without a Partner" on Saturday, April 1, from 1 to 4 p.m. in the Main Meeting Room at the library, 505 N. Northwest Highway, Barrington.

The seminar is designed for men and women who are dealing with the loss of a partner through death or divorce, or who have found themselves as the pri-

mary caregiver for their partner. Speakers will address financial planning, insurance, legal issues and estate planning, as well as social and emotional issues that accompany the loss of a partner. The program will include breakout sessions to allow participants to ask questions and share information.

The registration deadline is March 1. To register, call BACOA at 1-847-381-5030.

From a Woman's Point of View

by Gail Wickstrom, Wickstrom Ford Lincoln Mercury

Tim and I just spent the better part of last week baby-sitting for our 2-year-old grandson Joshua. Our son Richard and his wife, Amy, our granddaughters, Grace aged 5½ and Ella aged 4, went to visit friends in upper Michigan in a cabin. We all decided the trip would be much more fun all around if Josh stayed with Grandma and Poppa. We got some alone time (and exhausting) time with Josh, and they got the luxury of not having to chase a 2-year-old around in a confining cabin (with four other children under 6) in the woods.

I just got a new vehicle that was wonderful for toting around my grandson. It's a Ford Freestyle. The Freestyle is a cross-over vehicle that is part station wagon and part SUV. My sister Karen was in from San Francisco with her husband, and tall 15-year-old son, Dale. All six of us fit in with ease, even with Josh's car seat.

It was easy to get him in and out for his car seat and easy to get all the extra groceries into the cargo area. I have always



been concerned about safety, but somehow it seems even more imperative when you are driving around your precious grandchildren, and the fact that the Freestyle has a Five Star safety rating makes me feel very good about it.

Tim and I really enjoyed our time with Josh, but we also loved the grandparent part of giving him back to his parents when they got home!

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Any new or used car purchased through this ad will receive our valuable RED STAR VALET SERVICE included at no charge.

Wellness Place Expands Tai Chi Chih Classes

In response to growing participant interest, a single Tai Chi Chih class will be divided into two sessions in March to meet different skill levels—introductory and intermediate—at Wellness Place, a cancer resource center located at 1619 W. Colonial Parkway, Palatine. Anyone touched by cancer may register for the free classes at 1-847-221-2400.

Tai Chi Chih classes will meet Wednesdays, March 1, 8, 15 and 22. Introduction to Tai Chi Chih will be held from 9:30 to 10:30 a.m.; Intermediate Tai Chi Chih will meet from 10:45 to 11:45 a.m.

In addition to Tai Chi Chih, Wellness Place conducts a variety of mind, body and spirit programs to foster relaxation and enhance well-being—at no cost to participants.

Three levels of Yoga will be available Tuesdays, March 7, 14 and 21. They include Introduction to Yoga, 9:45 to 11:00 a.m.; Intermediate Yoga, 11:15 a.m. to 12:30 p.m.; and Evening Yoga for all skill levels, 6:15 to 7:30 p.m. Classes require preregistration by calling 1-847-221-2400.

Those affected by cancer may select any

of five healing arts circles devoted to paper arts, healing for self-care, introduction to journaling, knitting or Native American flute. A professional leader facilitates each drop-in circle. Call Wellness Place for varying day and evening meeting times in March.

Meditation and Relaxation Techniques, led by Betty Fagerman, Wellness Place clinical specialist, will be held from 2:00 to 3:00 p.m. on Thursday, March 2, and Thursday, March 16. Class participants will practice sustained, simple focus to bring awareness to breath and the connection between the mind and body. Preregistration required.

A medical self-hypnosis workshop, "Triumph Over Sadness and Worry," will meet from 10:00 a.m. until noon on Saturday, March 4. Conducted by the Rev. Dr. C. Scot Giles, a board-certified hypnotist and chaplain, the workshop is part of an ongoing series, "Wellness through Deep Hypnosis," designed to help participants release pain and encourage self-healing. Preregistration required.

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BACOA Offers AARP Income Tax Assistance Program

The Barrington Area Council on Aging is once again offering the AARP Income Tax Assistance Program.

A trained AARP volunteer will assist seniors with their taxes on Wednesday and Thursday mornings from 9 a.m. to noon at the BACOA office at the Prairieview Building at The Garlands of Barrington, 6000 Garlands Lane, Suite 100, Barrington;

and Saturday mornings at Barrington Bank & Trust, 201 S. Hough, Barrington. Assistance is by appointment only and will run now to April 13.

Appointments fill quickly, so call as early as possible to schedule an appointment. For more information or to schedule an appointment, please call BACOA at 1-847-381-5030.

cilitated by Mary Sinclair who is certified in interactive guided imagery and holistic stress management, will be held at 2:00 p.m. on Mondays, March 6, 13, 20 and 27. Each session will present a different component in a "tool bag" of skills to complement ongoing cancer care and introduce participants to a variety of practical ways they may benefit from imagery. Drop-in.

Creative Moments: the Power of Writing will meet at 6:30 p.m. on Tuesdays, March 7 and 21, taught by Wellness Place clinical specialists Betty Fagerman and Anne Walker. Preregistration required.

A mindful awareness hour, held at 1:00 p.m. on Tuesdays, March 14 and 28, will focus on the book *Everywhere You Go, There You Are* by Jon Kabat-Zinn, founder of the Mindfulness Based Stress Reduction program. Wellness Place Program Coordinator Lois Coldewey will facilitate the drop-in meditation hour.

Look Good, Feel Better®, a workshop

for women presented by licensed cosmetologists, will demonstrate beauty techniques for coping with skin and nail changes that result from chemotherapy and/or radiation from 6:00 to 8:30 p.m. on Wednesday, March 15. Free makeup kits are available for those who have not participated before and respond with complexion type three weeks in advance. The workshop is underwritten by the American Cancer Society; preregistration is required.

Wellness Place provides free professional, cancer-related counseling, services and programs to enhance the lives of people living with cancer, their families and caregivers. The not-for-profit cancer center serves 60 communities in the Northwest Suburbs of Cook County, and parts of McHenry, Lake and Kane counties. For information, call 1-847-221-2400 or visit www.wellnessplace.org.



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- Bathroom Vanity Countertops
- Full Height Splashes
- Fireplace Surrounds & Hearths
- Full Wall Fireplaces
- Custom Tub Decks
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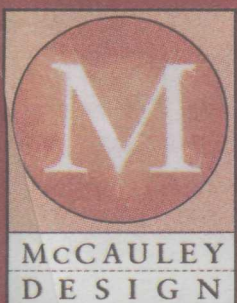
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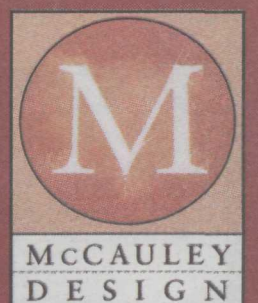


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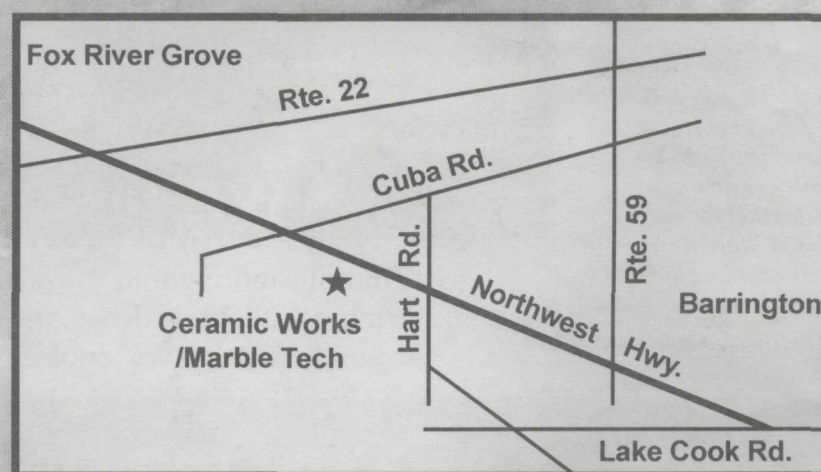
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