

June 2002

*Celebrate the
Occasions*
Dad, Grad & Bride

**2002 Barrington
Relay for Life**

**BCLOC Presents
Gypsies, Lovers & Thieves**

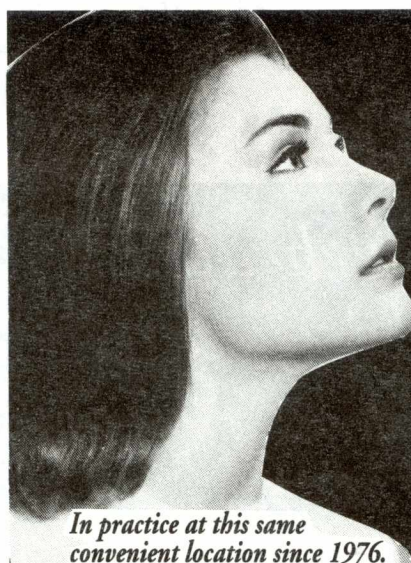
**BAAC's 16th Annual
Art Fair**

barrington

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Editor's Ink

June, 2002

Dear Reader,

While the weather many not seem like summer (as of this writing), the calendar would say otherwise. And the season is filled with many events.

Barrington's Relay for Life is scheduled for June 14 this year. Honorary chairpersons are Kim Duchossois and Connie Payton. The battle for cancer is ongoing. The statistics are staggering: one person in the world dies from cancer every minute. On a personal level, I lost my father to cancer over five years ago. My mother is a survivor of cancer. This terrible disease needs research funding greatly. Call the American Cancer Society to see how you might help.

Looking for a great time? The Barrington Chapter of Lyric Opera of Chicago is planning a party you won't want to miss. "Gypsies, Lovers & Thieves" will be held at Arlington Park's Trackside on Saturday, June 15. Taking on a gypsy theme, there will be simulcast horse racing, an extravagant live auction, great food and fun. Don't forget to mark your calendars. That's June 15.

On Sunday, June 16, don't miss the Barrington Area Arts Council's 16th Annual Art Show held in downtown Barrington. Fun for the whole family makes this event a perfect Father's Day outing. Over 85 juried artists will be participating.

Happy Father's Day, dads!

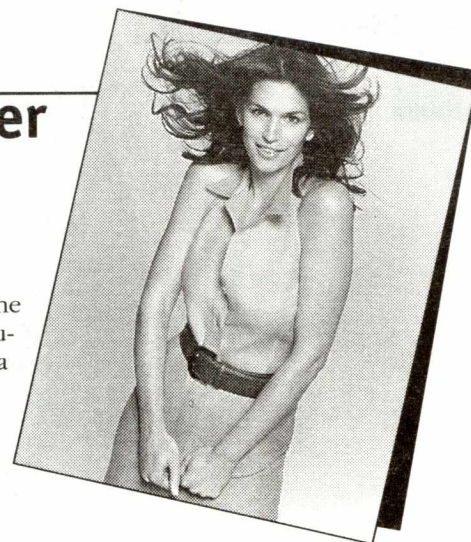
Until next time, peace and happiness.

With warm regards,
Glenn McMonigal
Editor, *Lifestyles Magazines*



About Our Cover

Body-conscious seaming shapes the safari halter and skirt crafted in doubleface sueded stretch cotton. Linda Allard Ellen Tracy. Spring 2002.



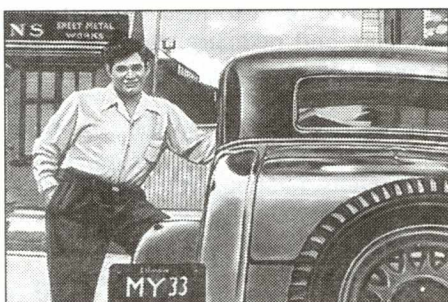
Art a Part of Barrington!—Barrington Area Arts Council's 16th Annual Art Fair

The Barrington Area Arts Council's 16th Annual Summer Art Fair is fast approaching. The event will be held on Sunday, June 16, Father's Day, from 10 a.m. to 5 p.m. on South Cook and Station Streets in downtown Barrington.

Over 85 juried artists from eight states have been invited to participate this year. The committee of volunteers invite everyone to come.

Area artists include: from Barrington, Sue Abare, Thomas Barry, Gerard Bauer, Gail Collier, Robert Dvorak, Billie Miller; from Palatine, Joni Allen, Mary Applegate, Sean Burgess; Barbara Benstein from Lake Zurich; Jim Brooksher from Grayslake; from Cary, Kathleen Efring and Pat Rotello; James Hojnacki from Hoffman Estates; Frank Hyden from Crystal Lake; Sandy James from Fox River Grove; Ginny Kreigher from Schaumburg; Christine Nauman from Rolling Meadows; from Woodstock, Tom Trausch and Donna Jill Witty; Scott Westgard from Buffalo Grove; and Kay Keyes Farrar from Carpentersville.

Adults and children attending the fair will find an array of fine arts and crafts for sale, including watercolors, oils, pastels,



Pastel by Barb Benstein, 16" x 20"

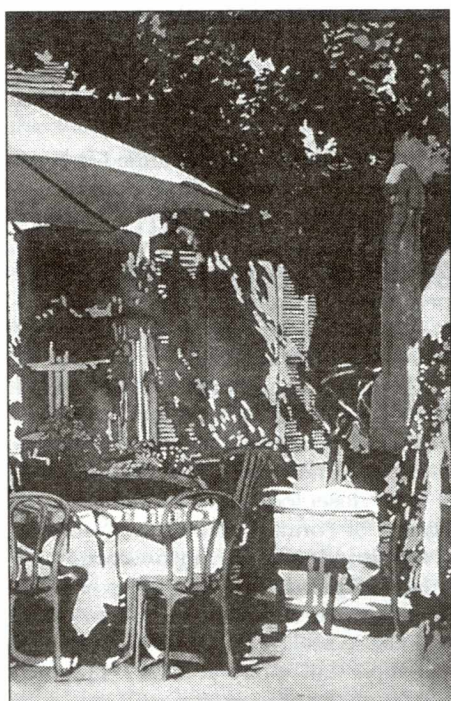
colored pencils, acrylics, ceramics, sculptures, glass, mixed media, photographs, printmaking, jewelry and digital art.

The art fair committee and the Barrington Area Arts Council staff have been hard at work for the past six months planning this annual event. They are pleased to bring this fine selection of artwork and artists to the members of our community who appreciate and support the arts.

In addition to the artwork, there will be entertainment for children with the appearance of Mickey the Clown making her memorable balloon creations at noon. Throughout the day, there will be musical entertainment and a food court on the streets and in the Lipofsky lot. Food vendors will include Small Sweets and Treats, Baskin-Robbins, La Mesa, The Rib House, Crazy Nuts, Old Tyme Poppin' Corn and Smoothies.

Musical sounds will fill the air from new and exciting groups. Prairie Smoke will bring you the sounds of country rock. Steve Suvada will be on hand with his classical Spanish guitar. The duo of Patchouli will mellow the day with their folk music. The rock n' roll jam band of Fool's Paradise will end the day with their upbeat style of music.

There is no charge to attend this family affair, but without the support of our sponsors this would not be possible. The council wishes to thank Northwest Community Healthcare, Northern Trust Bank, the *Barrington Courier-Review* and the Illinois Arts Council, a state agency. For more information, call 1-847-382-5626.



Watercolor by Donna Jill Witty, 28" x 22"

Young Musicians Perform Pretour Concert



Forty-four children of the Barrington Suzuki Strings will be traveling to Michigan to perform in the Mackinac Island Lilac Festival in early June. They will play their cellos, flutes, guitars, violins and piano in a pretour concert on Sunday, June 2, 4 p.m. at the Village Church of Barrington. The concert is free to the public.

The public is invited to a free, pretour concert given by Barrington Suzuki School students who will be traveling in early June to perform in the Annual Lilac Festi-

Barrington's Relay for Life Scheduled for June 14

Our Vision of Hope for the Future

"What is the purpose of the Relay for Life besides raising money?" many people ask. Why are we doing this?

Our mission is to give cancer survivors an opportunity to go on with their lives. We do this to honor the ones that have won and lost the battle of cancer. The money received through the relay is given to the American Cancer Society. They perform research to find cures for cancer. This cancer-based research of genetics and blood cells goes beyond cancer to help find cures for other diseases such as heart disease and diabetes. The money also reaches out to help cancer victims such as providing them college scholarships and provide other programs, education and services to the community. Their ultimate goal is to improve the quality of life for cancer survivors and save millions of lives.

One person in the world dies from cancer every minute. In the year 2002, 57,000 people will be diagnosed with cancer in Illinois alone. Out of that 57,000 people, 25,600 will die. The entire population of the Barrington community is approximately 29,000 people. This is Barrington's fifth annual "Relay for Life." So far, our community has raised over 1.55 million dollars in four years. Our goal this year is to raise \$450,000. If we accomplish this, our community will have raised over two million dollars with five years of relays. How many lives have we touched? How many lives have we saved?

This year, the Relay for Life is slated for June 14, Barrington's Homecoming, at Barrington High School. Come join us! We are extremely honored, once again, to have honorary chairpersons, Connie Payton and Kim Duchossois speak at the event. With pride, we will have Barrington's own Nancy Nemec, Northwest Suburban Regional RFL Task Force Chairman and Survivor, and Deanna Nyenhuis, Barrington High School cancer survivor and now spokesperson for the American Cancer Society. They will share their inspiring stories with us and relay to us their message of hope. Bob Skopek and Jack Wood will cochair the event.

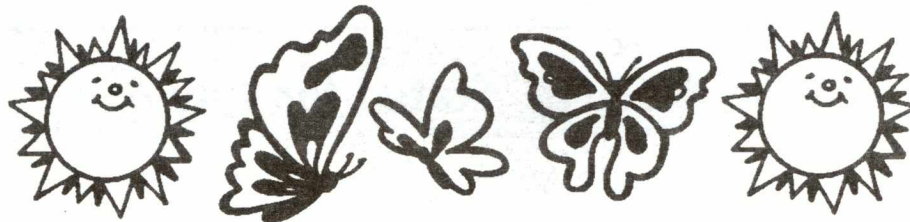


Honorary chairpersons for the 2002 Relay for Life are (from left) Kim Duchossois and Connie Payton.

Arrive at or before 4 p.m. to set up your campsite. Rally your team! The survivors lap is at 6 p.m. Come show your support and cheer them on. The Barrington Kids choir will perform. We will have a special tribute to the firefighters and policemen of America. There will be live entertainment from 6 to 11 p.m. Entertainment includes the group The Del Sols, the Barrington High School Alumni Jazz Band, the Battle of the Bands winner, Ron Hawking, and many, many other entertainers. At 10 p.m., we will have a luminaria ceremony to honor your loved ones! In addition to lighting the luminaries, we are looking into another way of making this an even more memorable experience.

Enjoy all the festivities, eat, sleep, have fun. Help us fight the battle! We need everyone in the community to ban together. Come show your support so we may all combat this terrible disease together. Let us all have hope for the future.

For more information or to sign up a team, call the American Cancer Society at 1-847-358-3965.



val of Mackinac Island. The concert will take place at the Village Church of Barrington, 4 p.m., Sunday, June 2.

Every summer these young musicians travel to ports afar, having performed at many locations in the United States and abroad in Germany, Russia, Austria, Italy, Spain and Portugal. This summer's tour group consists of 44 young people, ages 6 through college, playing violin, cello, guitar, piano and flute. Their repertoire ranges from the classics of Bach, Seitz,

Handel and Dvorak to folk songs, fiddle tunes and patriotic salutes. Many of these students started their training as early as 3 years of age in the "Talent Education" method of music instruction, pioneered in postwar Japan by Dr. Shinicki Suzuki. The method is now taught worldwide, providing countless youngsters an opportunity to develop the musical talents that Dr. Suzuki believed they all possess.

For more information, call the Barrington Suzuki School at 847-382-7517.



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filed acrylic, gel and sculptured nails, are available. European pedicures, at a custom design station, offer total relaxation.

Besides up-to-date colors and products being used, complete waxing services are also available.

So, look beautiful and feel wonderful by experiencing all **Nails Design** has to offer.

Call **1-847-304-9205** for an appointment and additional information.

Come See What's New at Little Munchkins!

Featuring a wide selection of clothing for boys and girls, sizes newborn through 6X/7, **Little Munchkins** has just what you need for summer: bathing suits, cover-ups, shorts, T-shirts, skorts, special occasion dresses and much more.

Celebrate the Fourth of July in style with chic red, white and blue by Hartstrings.

Little Munchkins' new owners, Hal and Robin Forsyth, have recently remodeled the store to make room for a furniture showroom. Featuring Ragazzi furniture, **Little Munchkins** specializes in cribs, dressers, changing tables and twin beds. Children's furniture and beautiful bedding can be selected from one of our many vendors.



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From start to finish, **Langdon's of Barrington** and Joe Rush, Master Photographer, **orchestrates all the facets of the location portrait process.** The final portrait

is the outcome of a well-planned five-step process. This includes a pre-portrait consultation, the sitting, a proof evaluation, finished portrait viewing and finally a framing and portrait presentation. This process will ensure an original and natural portrait, one which will cast you and yours in the "best light."

The result?—a cherished professional portrait bursting with vibrant color and detail. Joe's portraits keenly capture the essence of the character of his subjects.

For a closer look at our work, check our Gallery of Portraits at our new Website—**www.langdons-barrington.com**.

Let **Langdon's** 25 years of experience in excellence work for you. When would you like to see the portrait of your dreams a reality? Call today at **1-847-382-5463** and begin the process. It is never too soon to schedule or too early to plan.

A portrait on location, in your home or outdoors, is original, efficient and always takes place in a friendly environment.



"Run for the Arts" Slated for July 4

Barrington Area Arts Council announces its Seventh Annual "Run For The Arts" on July 4, 2002.

Runners will compete in sanctioned and certified 5K and 10K races, and walkers may stride in the 5K or family-friendly 2K walk. The 2K and 5K courses wind through Barrington's charming village, and the 10K course extends through the rolling countryside of Barrington Hills. The 5K and 10K events will begin at 8:00 a.m., followed soon by the 2K walk. All courses finish at the BAAC Gallery at 207 Park Avenue in Barrington. Prizes and awards will be given to top runners as well as a special award to the family with the most participants.

Discounted 5K/10K entry fees are \$17 and are available through June 22 (thereafter \$20). The 2K entry fee, at all times, is \$10 per individual or \$40 per family of five and more. All proceeds benefit the visual, literary and performing arts programs supported by the Barrington Area Arts Council, a not-for-profit community arts organization.

Online registration is available at www.signmeupsports.com through June 22. Entry forms are also available at the BAAC Gallery, the Barrington Area Library, area park districts and many banks and businesses in and around the greater Barrington area. The first 500 registered participants are guaranteed a T-shirt and race-

day goodie bag.

As an added bonus, all registered participants are invited to attend a free motivational sports psychology workshop. Dr. Dan DeWitt of Psych One is the workshop presenter and has worked with athletes for over 20 years. As a runner and psychologist, Dr. DeWitt will share proven sports psychology techniques to enhance performance, decrease chances of injury and give runners a preview of the Barrington racecourse. This unique workshop will be held Monday evening, June 24, from 7:15 to 8:30 p.m. To make reservations for the workshop, call 847-382-5688.

This year, the Barrington Area Arts

Council is proudly celebrating its 25th year in the arts. Since 1977, the council has been providing and presenting arts programs for all ages in the disciplines of music, visual art, writing, theater and dance. The council also encourages and supports other community groups with arts-related projects through its ArtsBoost reganting program. This nonprofit organization is supported by individual, foundation and corporate contributions; memberships; and annual grants from the Illinois Arts Council.

For further information about "Run for the Arts" or the Barrington Area Arts Council, contact the office at 847-382-5626.

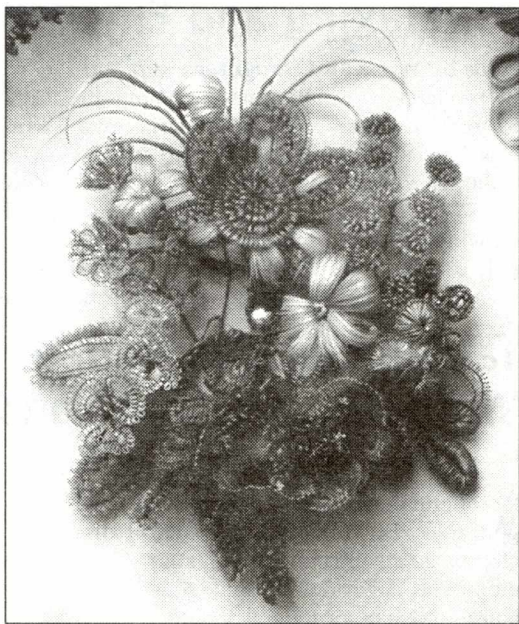
You and Your Shadow Box

Grandma's hatpin collection; the political campaign buttons you've been saving in a box in the attic; the jersey from that winning football season; the baby's christening gown... showcase the memories. Preserve the moment. If it's worth collecting, it's worth a visit to **Woodland Art Gallery** to discover the wonderful possibilities of custom-designed shadow boxes, a framing technique for three-dimensional items that are a specialty of the gallery.

Using museum-quality archival methods, **Woodland Art Gallery** offers unsurpassed attention to detail in the creative ability to custom design shadow box displays for family heirlooms, collectibles and important keepsakes.

Recently, the gallery performed a complete restoration of a shadow box containing vintage human hair art of the founding family of the city of McHenry, Ill. The restoration included reproducing part of the original framing of the box that had been badly damaged over the years as well as replacing the glass with conservation ultraviolet filtering glass to help preserve the quality of the contents for generations to come.

Woodland Art Gallery has designed shadow boxes to display vintage ice picks from the Knickerbocker Ice Company for the Village of Lakewood, a masters golf jacket for the Crystal Lake Country Club,



Civil War collectibles for a private collector and a collection of antique baby dolls for another collector.

From the ordinary to the extraordinary, shadow box displays custom designed by **Woodland Art Gallery** offer a unique approach to the preservation and showcasing of something special to you.

Located at 71B East Woodstock Street in downtown Crystal Lake, **Woodland Art Gallery and Frame Shoppe** is open Monday through Friday, 9 a.m. to 5 p.m., and Saturday, 9 a.m. to 3 p.m. Call **815-459-0460**.

Hearthstone Manor Provides Care for Alzheimer's Disease and Dementia

How many times have you heard someone joke about "having a senior moment" or "having Alzheimer's?"

While it is true that forgetting where you put your keys can be exasperating, it is nothing to joke about when someone you love has Alzheimer's disease or other age-related dementia. The Alzheimer's Association estimates there are 211,000 people with Alzheimer's disease in Illinois. One out of 10 people aged 65 to 84 and one out of two aged 85 plus will be at risk. As our population ages, the chances grow that this disease will cast its shadow over someone we love.

People with Alzheimer's disease are our grandparents, parents, spouses, teachers, doctors, ministers, best friends and next-door neighbors. They are the people who have cared for us, taught us, loved us and mentored us. Alzheimer's disease and related dementia affects the entire family. An elderly spouse may try to care for their loved one at the expense of their own health. Adult children agonize over how to make the right decision for a mother or father whose condition is deteriorating. We cannot abandon them when they need us most.

Woodstock Christian Life Services is building **Traditions of Woodstock** to meet the community's need for a home-like program designed to provide quality residential care for those with Alzheimer's disease or related dementia.

You can make a difference for each person and family affected by Alzheimer's

disease or other age-related dementia by making a charitable contribution to **Traditions of Woodstock**. Your donation will make a difference in the quality of life of our most vulnerable senior citizens.

Your contribution will provide:

- Cookware and kitchen items that will encourage residents to use skills based on their experience as moms and homemakers
- Way-finding and cognition enhancing features in bathrooms and common areas
- Activity centers based on each person's past job or interests. For example, an accountant may have a desk with a calculator and account ledger, a knitter may have patterns and yarn, a musician may have sheet music and an instrument.
- The myriad of items large and small that go into creating a homelike environment
- Training for compassionate specialized caregivers that understand the unique needs of the senior with Alzheimer's disease

Your donation of \$150 or more will be recognized with a hand ceramic leaf on the **Traditions Tree of Life**. Your name and the name of a person or organization of your choice will be featured on a brass plaque. The Tree of Life will be on public display in the main entrance to **Hearthstone Manor**, 920 N. Seminary Ave., Woodstock, Ill. All donations

(Please continue on page 51)

Think INSIDE the Box.



Shadow Boxes.

Custom designed to showcase and preserve family heirlooms, collectibles and memorabilia. Shown above, shadow box featuring human hair art from the founding family of the city of McHenry, Illinois, recently restored by the gallery using museum-quality archival methods.

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Senior Activity and Lunch Program

The Barrington Area Council on Aging, Inc., invites you to join us for our weekly lunch programs at Langendorf Park from 10:30 a.m. to 2:30 p.m.

Games are played at 11:00 a.m., lunch is served at noon and programs begin at 12:30 p.m. unless otherwise indicated. Suggested donation for lunch is \$2.75 per person and requires advance registration. Call 847-381-5030 for your reservation.

• Monday, June 3—Games, lunch and the program "Community Disaster Education" will be presented by the American Red Cross of Greater Chicago. Learn basic procedures and steps to take before, during and after a disaster.

• Monday, June 10, Flag Day Celebration—We will play games, have lunch and celebrate Flag Day. Members of the American Legion Post 158 will serve lunch to seniors following a brief flag ceremony, held indoors.

• Monday, June 17—There will not be a lunch or activity program on this day.

• Monday, June 24—We will play games, offer blood-pressure screenings and lunch, and celebrate June birthdays. Following lunch, Susan Niemann, financial advisor with American Express Financial Advisors Inc., will present a program titled "How to Manage Retirement Dollars Wisely."

Nails by Maria and Daughter— A Relaxing and Enjoyable Escape

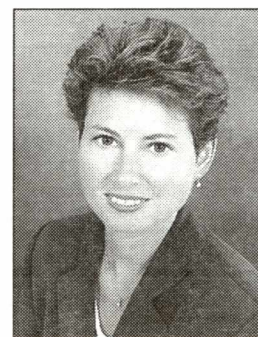
Nails by Maria and Daughter has proudly been serving the Barrington community for over 15 years. Cindy and Maria are a mother/daughter team that head up the salon, providing a wide variety of nail services. The atmosphere is warm and friendly, which makes for a relaxing and enjoyable escape from the stresses of everyday living. The salon is staffed with nine li-

censed nail technicians fully qualified to fulfill the nail-care needs of any man or woman.

Conveniently located at 415 N. Hough Street between Main Street and Route 14, **Nails by Maria and Daughter** is open seven days a week! So stop by or call **847-382-8682**. Maria, Cindy and the staff would love to be of service to you.

Taking Legal Action— Wrongful Discharge and Retaliation

by Joette S. Doran, J.D.



"Wrongful discharge" is a term often used generally. But legally, a "wrongful discharge" is an unlawful termination of an employee. A wrongful discharge is in violation of a state or federal statute, such as Title VII (race, gender, religion or national origin), the Age Discrimination in Employment Act (an employee over 40), the Americans with Disabilities Act, the Family Medical Leave Act, or any other state or federal law. Additionally, an employee is protected from the retaliatory conduct of an employer when that employee asserts a legally protected right. For instance, if an employee complains of discriminatory conduct and is then demoted, terminated or otherwise adversely treated by the employer because of that complaint, then the employee would have a valid claim of retaliation. A violation in that regard can subject an employer to federal or state court action for damages, including the employee's lost wages, benefits, attorneys' fees, costs, compensatory and punitive damages.

If you believe you were terminated in violation of the law and especially if you were asked to sign a release in exchange for severance, you are advised to seek legal counsel to evaluate your situation. If properly drafted and presented, a release agreement is an effective means of preventing the assertion of your legal rights.

Additionally, in order to pursue a case of wrongful discharge or retaliation, most often a Charge of Discrimination must be filed with a state or federal administrative agency. Because quick action is required as time limitations are strict, I encourage you to acquire information regarding your legal rights as soon as possible. For further information, please visit our Web site at www.joettedoran.com.

This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own situation.

Ms. Doran is licensed in Illinois and all Illinois federal courts. She is the chairperson of the Employment Law Committee for the Northwest Suburban Bar Association and is the president of Barrington Area Professional Women.

Summer Fun Right Here!

Barrington Community Child Care Center, located at 560 Carl Avenue in Barrington (one block west of Burger King), is a private center, serving children 6 weeks to 6 years. Our facility offers oversized classrooms and an environment that promotes self-esteem, independence and cognitive growth.

Our preschool program focuses on the whole child. Every week, activities are planned around thematic units which include developmentally age-appropriate activities such as creative play, science and discovery, music and movement, reading readiness and field trips. We help children develop a positive self-esteem, learn respect for others, sharpen and widen language skills and work on prekindergarten skills. Most importantly, our desire is to provide each child with a positive school experience.

Barrington Community Child Care

Center provides nutritious, catered lunches and two snacks everyday. Meals are served in a relaxed family-style atmosphere to promote socialization and healthy eating habits.

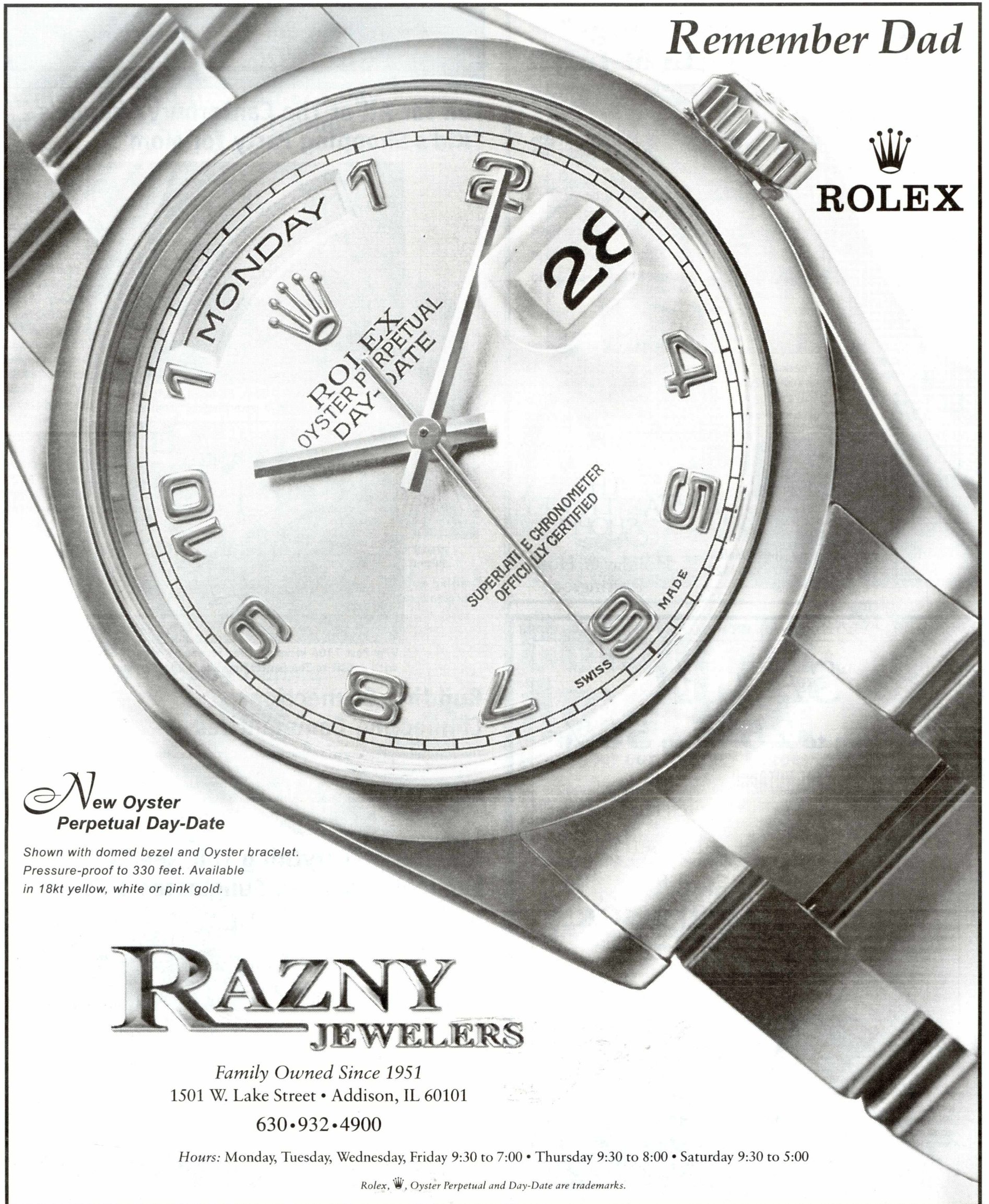
Barrington Community Child Care Center offers special enrichment programs, field trips and family events on a regular basis as part of our commitment to bringing our families and school closer together. Our teachers are experienced, professional, child-centered adults who enjoy teaching and caring for young children. The teachers work hand-in-hand with the **Barrington Community Child Care Center** in the daily nurturing of young children.

Come see what we are all about at the **Barrington Community Child Care Center**, and join us for our **Camp Imagination** beginning June 17. Call for details about joining us today.



Remember Dad


ROLEX




*New Oyster
Perpetual Day-Date*

*Shown with domed bezel and Oyster bracelet.
Pressure-proof to 330 feet. Available
in 18kt yellow, white or pink gold.*

RAZNY
JEWELERS

Family Owned Since 1951
1501 W. Lake Street • Addison, IL 60101
630•932•4900

Hours: Monday, Tuesday, Wednesday, Friday 9:30 to 7:00 • Thursday 9:30 to 8:00 • Saturday 9:30 to 5:00

Rolex, , Oyster Perpetual and Day-Date are trademarks.

Let "Freedom's Wings" Fly on the Fourth of July!



Buy a "Freedom's Wings" butterfly and help support our local veterans' efforts to purchase flagpoles and plaques for the Veteran's Memorial Park in downtown Barrington. The plaques will commemorate all branches of military service from the Civil War to the present. In addition, donations will be directed to help purchase special equipment for The North Chicago VA Medical Center. For more information or to make a direct donation, please call 1-847-304-9627 or stop by The Canterbury Shoppe and leave a special message on our community card. **Let "Freedom's Wings" fly on the Fourth of July!**

**THE
CANTERBURY
SHOPPE**
Holiday & Home
Barrington

In The Barrington Ice House Mall
200 Applebee Street • (847) 304-9627
Call for Directions!



Barrington
ICE HOUSE MALL



Fun for All at The Canterbury Shoppe's "Kid's Shopping Party for Mom"



Done shopping for Mom, Brandon Gould shares his Swedish fish with Lindsay Schauer.



VFW Post 7706 kicks off the "Freedom's Wings" Sale with a visit to The Canterbury Shoppe in Barrington.

Building Connections, Connecting Communities

The Barrington Area Library maintains an online community calendar with listings of meetings and events from local organizations. This calendar is accessible 24 hours a day from the library's home page at www.barringtonarealibrary.org.

Local organizations wishing to be included on the calendar may contact Lori Schwab in Adult Services at 847-382-1300. Events may also be submitted on the library's Web site under "Local Information" by selecting "submit calendar events."

Tootsies—Everything You Need in Summer Footwear, Sunglasses & Totes

School is out, summer has arrived and **Tootsies** has everything you need in summer footwear, sunglasses and totes.

We offer water sandals from **Teva** for the beach or pool; **Merrill**, **Adidas** and **Skechers** gym shoes for camp or playground; and fashion dress sandals for that special occasion. And, of course, **Stride Rite** offers everything you need.

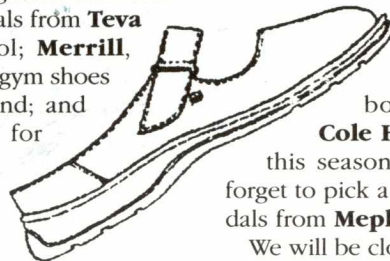
For the moms, we've added **Anne Klein** to **Stuart Weitzman** for special occasion sandals and a great

collection of scarves and totes from **Andy Warhol**. We have a beautiful collection of one-of-a-kind specialty bags from **Julie Feldman**, including Monet's Garden for Fashion. And both **Donald Pliner** and **Cole Haan** have been amazing this season. And for comfort, don't forget to pick a great pair of comfort sandals from **Mephisto**, **Naot** or **Born**.

We will be closed Sundays through July 21.

In the meantime, enjoy your summer.

—Nick Fletcher



COLE HAAN • DONALD PLINER • STUART WEITZMAN • ADRIENNE VITTADINI

PERLINA • DONALD PLINER HANDBAGS • MERRILL • DANKO • MEPHISTO • COLUMBIA

SALE!

Save up to 25% to 50%

ADRIENNE VITTADINI

elefanten

dansko

• DONALD J PLINER •

STUART
WEITZMAN

SKECHERS

BORN

stride rite.

COLE HAAN

adidas

Tootsies

Women's and Children's Shoes and Accessories

Ice House Mall • Barrington • 847-277-9596

Mon.-Sat. 9:30am-5:30pm • Thurs. till 8:00pm
Closed Sundays through July 21

• SKECHERS • BRAHMIN • STRIDE RITE • ELEFANTEN • ADIDAS • PREVATA



Barrington ICE HOUSE MALL



Remember Dad this Father's Day with a Gift from Peter Daniel

Peter Daniel has great gift selections for the guy who'd give you the shirt off his back—Dad.

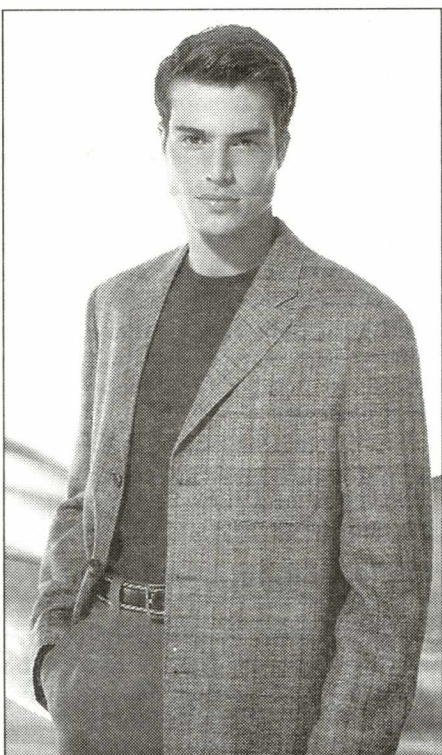
Is Dad a golfer? You'll find beautiful cotton shirts for the links from Polo Ralph Lauren, Gran Sasso, Como Sport, Zanzara, Bob Timberlake, Victorinox Swiss Army and Scott Barber. Comfortable cotton, tencel and micro-fiber shorts and slacks will make Dad a pro on the links. Encourage Dad to "practice safe sun" with a hat from Tilley with a sun protection factor of 50+.

Whether Dad is into dressy, business casual or weekend wear, our gift selections include suits, sportcoats and dress slacks by such famous makers as Matteo Maas, Jack Victor, Oliver and Zanella. Dress shirts and ties from Robert Talbott, XMI and Jhane Barnes will accessorize your selection to perfection.

Our newest line in the store is a high-quality nautically inspired group by George W. Steers from Europe. In fact, **Peter Daniel** is the first retailer in the United States to carry this exciting collection.

If Dad really enjoys the outdoors, check out our department from The North Face. This collection for men, women and kids includes waterproof and windproof outerwear, active wear and accessories.

After your Father's Day shopping, spend some time in our ladies department to see



Summer suits and sportcoats
now available at Peter Daniel.

all the new and exciting clothes for summer. We're looking forward to seeing you soon.

Ice House Mall Exhibit Salutes Our Military Heroes



To our veterans—thank you for your honor and service
to our families, communities and this great country!

In support of our veterans and all they have done for our country, **Ice House Mall** presents a special month-long exhibit of vintage military uniforms, photographs and other memorabilia from Flag Day, Friday, June 14, to Sunday, July 14.

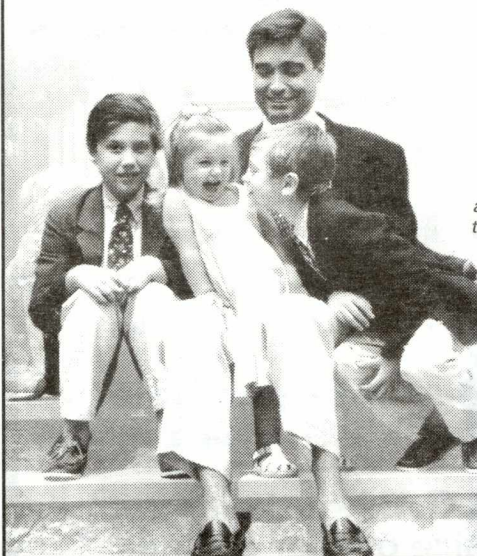
Military uniforms, from a vintage World War I pilot's suit to the uniforms of World War II, Korea, Vietnam and Desert Storm, will become part of the window displays

courtesy of select **Ice House Mall** stores. Uniforms and other memorabilia on display are part of the extensive collection owned by Richard Kessler.

Photographs, courtesy of our military heroes from **VFW Post 7706** and other historic archives, will also be on display for all to see, reflect and appreciate. It's a great opportunity to share our rich military history with the entire family.

Get **Dad** something he'll really appreciate for **Father's Day**— a **great value** from **Peter Daniel**

Select any regular priced item* in our
men's department and get a second item
of equal or lesser value for **1/2 price!**



* Through June 16.
Some exclusions
apply. Not applicable
to previous purchases
or with other offers.



peter daniel
barrington

apparel for men and women

200 Applebee Street, Barrington

847.382.6676

MTWTF 9:30-5:30 pm • Th 9:30-8:00 pm
Sat 9:30-5:30 pm • Sun 11:00-3:00 pm

Celebrate America!

Remember our Military Heroes

In support of all veterans and Barrington's VFW Post 7706, Ice House Mall presents a display of vintage military uniforms, photographs and memorabilia.

Friday, June 14th - Sunday, July 14th

Barrington
ICE HOUSE MALL
Village Shops & Restaurant

- Peter Daniel Apparel
- Tommy-Terri
- A.G. Edwards & Sons
- Chessie's Restaurant
- Savvy Spirit
- Society's Child
- Canterbury Shoppe
- Tootsies
- She & "I"
- Lauren's Lingerie
- Tina Han Gallery
- Filly's
- Savvy Casual
- once in a blue moon
- Chesterfield Glass Galleries

(847) 381-6661 Mon-Wed and Fri & Sat 9:30-5:30,
Thurs 9:30-8:00 and Sun 11:00-3:00

Route 59 (Hough Street) and Lake Cook Road (Main Street) intersection,
turn west on Main for one block, then turn north on Applebee.

Chesterfield Glass Galleries

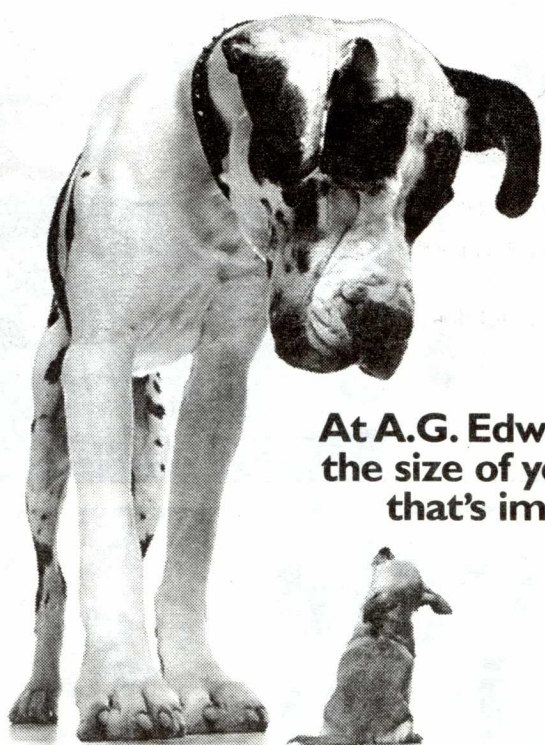
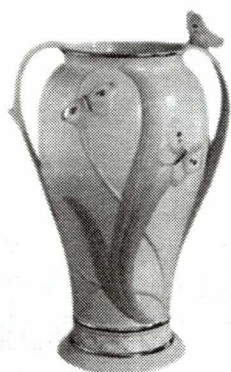
PRESENTS

LENOX CLASSICS

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382-6677



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the size of your account
that's important,**

it's the relationship behind it.

Recently a number of brokerage firms have begun to offer different levels of service for different levels of accounts. At A.G. Edwards, every account is important to us. We believe that establishing trust and building relationships take precedence over account size and profit. This client-first philosophy is the foundation of our business success. It has served us and our clients well for more than 114 years. Call today to set up a complimentary personalized portfolio review.

Ice House Mall
200 Applebee Street, Suite 208
Barrington, IL 60010
847-842-9664
800-440-9664

150 W. Campbell Street
Arlington Heights, IL 60005
847-870-8750

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**Barrington
ICE HOUSE MALL**



What's New at Chesterfield?

Gifts That Celebrate Life—The milestones we reach; the private moments we share; the personal triumphs we achieve... these are the moments we live for. Honor these moments with a Lenox Classic sculpture, gifts that celebrate life. Receive a free Lenox Rose Blossom Bowl (a \$35 value) with any Lenox Classics purchase, while supplies last. One per customer per day. Available at **Chesterfield Glass Galleries**.

Art in the Kitchen—Hand-painted tealight houses from Blue Skies, with so many themes and extraordinary detail, and Turov Art Ceramic, featuring hand-painted cows, giraffes, cats and pigs, will add the pizzazz you need in your kitchen. These art objects will delight everyone in the family and be the talk of your neighborhood. Available at **Chesterfield Glass Galleries**.

Moove Over—Cow Parade has become a collectors fantasy. Affordable and adorable cows from Chicago, New York, Kansas and Houston are available at **Chesterfield Glass Galleries**.

Don't Forget Dad—Come in to see our unique, one-of-a-kind glass gifts, including the ever-popular glass putter. Available at **Chesterfield Glass Galleries**.

Located in the historic Ice House Mall, **Chesterfield Glass Galleries** is open seven days each week. UPS and gift-wrapping available. Call 1-847-382-6677.



"Transformations"

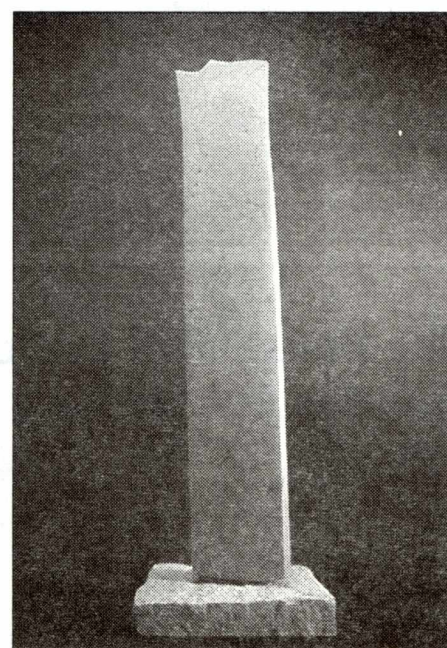
The BAAC Gallery at the Barrington Area Arts Council opens "Transformations" on June 8, 2002. The exhibit features black-and-white pinhole photographs by Valerie Burke and stone sculpture by Michael Brown.

Valerie Burke is a resident of Streamwood, Ill. She received an MFA in photography from the University of Illinois. Today, she is a fine art photographer and educator, balancing her art career with her lecture series at Columbia College Chicago. Her work has been in solo exhibits and group shows throughout the United States and abroad.

Ms. Burke specializes in pinhole photography, with her current work dealing directly with the sun's light and landscape. "A majority of the low-tech images are printed digitally with archival inks and papers. Many of the photographs were taken with 4" x 5" pinhole camera looking up at the sun. Sometimes, I would spin the camera on a lazy Susan tray or use objects like shells or call lilies directly over the pinholes during these exposures." Time extension and the exploratory nature of shooting with an obscured camera lens provides ample opportunity for chance results.

Michael Brown was born in the Kirby Moorside in the northern country of England. After emigrating to the United States via Canada, he received an MFA from the Rhode Island School of Design. Today, he resides in Palatine, Ill., where he is a professor of art at William Rainey Harper College.

Brown's stone sculptures are both reverent and sensual, inviting the viewer to reflect and touch the complex, tactile surface. He describes his methodology as an organic process, whereby he carefully examines various stones until one 'feels' right for his project. "I have been working with stone for several years. Marble is the traditional choice of many sculptors, but its intrinsic beauty can be seductive.



**Untitled by Michael Brown,
marble sculpture**

Because of this seductive quality, I have been working with less visually attractive stones such as limestone, dolomite and gabbro." He selects stone from Italy, Colorado, Indiana and Wisconsin, carving with traditional and contemporary chisels. The finished work often has coarse edges and linear grooves which contrast with smooth polished areas. The overall effect is a sculpture that leaves the viewer with a renewed respect for an art medium that has withstood the test of time.

The Barrington Area Arts Council invites the public to attend an opening reception on Saturday evening, June 8, from 7 to 9 p.m. at the BAAC Gallery, 207 Park Avenue, Barrington, Ill. The exhibit is on view from June 8 through July 13, 2002. BAAC Gallery hours are Tuesday through Friday, 10 a.m. to 4 p.m., and Saturday, 10 a.m. to 2 p.m. The gallery is closed Sunday and Monday. For more information, call 1-847-382-5626.

What's Happening at Starr Couture

Summer 2002

Keeping calm-cool and comfortable are key elements this summer. It's important to surround ourselves with tranquillity and simplicity. Fabrics that are comfortable on the body such as baby soft handkerchief lightweight linen.

Silhouettes are unconstructed and flowy for comfort accented with beautiful natural accessories such as belts, necklaces and hats.

Colors include a range of whitened neutrals both pure white and softly tinted shades such as blues and peaches along with brown, navy, red and black. We would love to show you our Italian linen collection. Last year it was so popular in our store we sold every piece. We hope you will not miss out this season.

Thomas Pries will be presenting his breathtaking hand painted silk collection. He will be making a personal appearance in our store Friday and Saturday, June 14th and 15th. You can choose pieces from his existing collection or he will be glad to do commission work if you have a specific request. Along with his fashion collection he will be showing some of his framed art work. We look forward to seeing you soon.

—Starr



Starr Kondos, Owner

Chers Amis...

I invite you to check our Web site, www.dj-bistro.com, to stay abreast of what's happening at **D & J Bistro**. You will find a calendar of events, menus, recipes and a "gossip" column.

I will still use this editorial to communicate with my customer base, so here is what's going on during the month of June. On **Sunday, June 2, Retro Bistro** in Mount Prospect, sister restaurant to D & J, will be celebrating its **10th anniversary**. On **Sunday, June 9**, we will have our ninth **"Wheels and Meal,"** a gathering of collectible automobiles, followed by a road trip and ending with a good meal at

D & J. The "true bistro dish" for this month is **les ris de veau braises**, sweetbreads, braised in a Madeira sauce. And in June, we will start serving soft-shell crabs, a seasonal delicacy from the East Coast, as well as fiddlehead ferns, if Mother Nature cooperates of course.

As you may know, I change our wine selection about three or four times a year. My new summer selection is now in effect. There are some very good finds. Come and explore!

—A bientôt, j'espere
Dominique

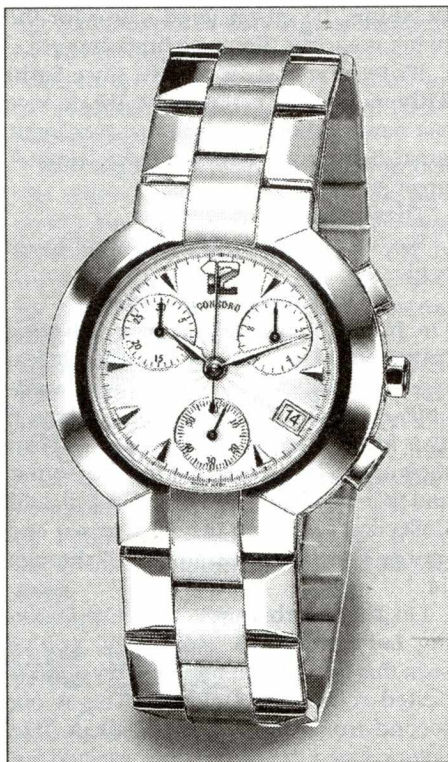
Concord Watches at M.J. Miller & Company

For nearly 100 years, **Concord** has been acclaimed worldwide for its timepieces of exceptional design and technological innovation. At **M.J. Miller & Company**, we proudly represent Concord and all of their exceptional timepieces. Since the company's founding in Bienne, Switzerland, in 1908, Concord has introduced many distinctive watch designs, each epitomizing contemporary luxury in its own time. Widely recognized for the introduction of the quartz-powered Delirium in 1979, the thinnest watch in the world, and the casual elegant Saratoga in 1986, Concord has continued to set new standards of excellence in fine watchmaking.

Among its current best sellers are the tailored, sophisticated Veneto (1996), the classically bold quartz Impresario, with its signature coin-edge detail (1997), the gracefully geometric, 18-karat yellow or white gold La Scala (1997), and its stylish stainless steel reinterpretation, La Scala Steel (2000).

In recent years, Concord's jeweled watches have made their way to the Academy Awards and been worn by such celebrities as Geena Davis, Whoopi Goldberg and Allison Janney. In 2001, Concord was included in the much sought-after Oscar gift basket of luxury products given to all presenters and award recipients.

A wonderful gift for graduation or Father's Day, a Concord watch is a gift of heirloom quality. Come in and see our



beautiful selection of Concord watches at **M.J. Miller & Company**.

M.J. Miller & Company is located at 123 West Main Street in downtown Barrington. Call **1-847-381-7900**. Open Monday through Friday, 9 a.m. to 6 p.m.; Saturday until 5 p.m.; and every Thursday evening until 8 p.m.

Starr Couture & Thomas Pries

PRESENT

A luxurious "hand painted silk" collection of separates (as mentioned in WWD). Included will be his famous scarves and wraps, cocktail dresses and evening gowns. Choose from countless possibilities including colors, styles, and sizes.

Join Tom—Fri. - Sat., June 14 & 15,
10-6



STARR
COUTURE

Distinctive Apparel & Accessories

Hours: Monday-Saturday 10 a.m. to 6 p.m. • Evenings by Appointment

111 North Cook Street
Barrington, Illinois 60010

847.382.2500

email: starrcouture@juno.com



D & J Bistro

The Original Chicagoland Bistro

EST. 1987
"Where Things
Are Happening"

www.dj-bistro.com

For June, Our "true bistro dish"...
les ris de veau braises

Small Banquets in Our
Provence Room—25 to 50 People

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Lake Zurich, IL 60047

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CONCORD
Time is a luxury.

mariner
Ladies' in stainless steel and 18k gold and diamonds, \$3,990.
Gents' all-steel model, \$1,499.
The collection, from \$1,450.
www.concord-watch.com

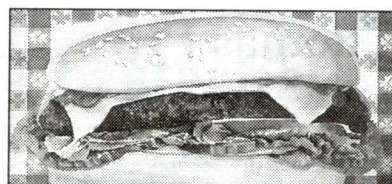
M.J. Miller & Co.

123 W. Main Street • Barrington, IL 60010

847-381-7900

Store Hours: Mon.-Fri. 9:30-6, Thurs. till 8, Sat. 9-5

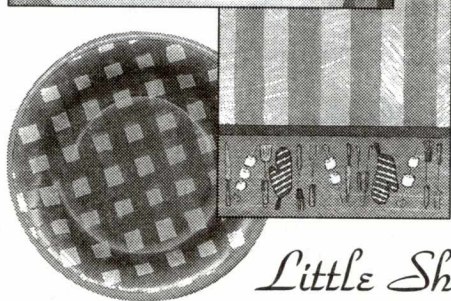
www.mjmillersjewelers.com



Bite into Summer Fun at the Little Shop of Papers!

Cook up cool summer entertaining with great grillin', pool and garden party invitations.

And don't forget festive tableware to make it colorful and easy!



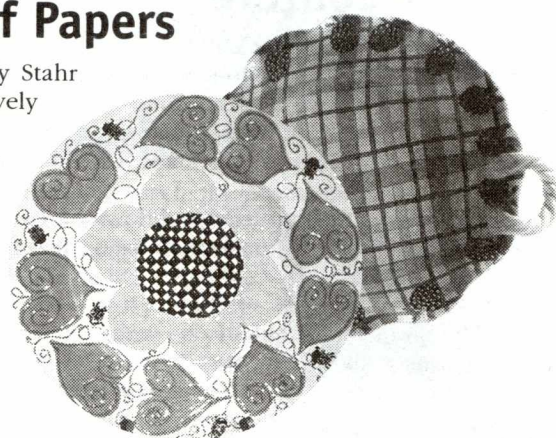
Little Shop of Papers, Ltd.

The Foundry/740 W. Northwest Hwy. Barrington (847) 382-7733

Hand-Painted Ceramics Exclusively at Little Shop of Papers

Announcing the arrival of Judy Stahr hand-painted ceramics, exclusively at **Little Shop of Papers!**

Bright and beautiful hand-painted ceramics by local artist Judy Stahr make the perfect gift for someone special or a great home accessory for yourself! Food and dishwasher safe, these one-of-a-kind pieces will be treasured for years to come.



Let Freedom Fly

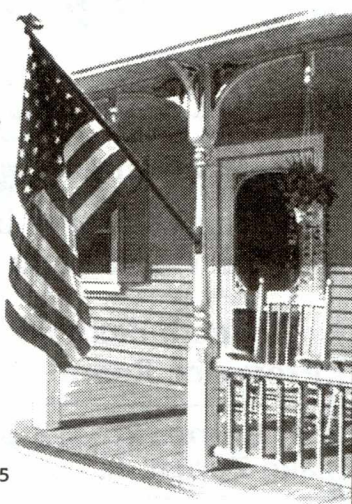
Let Freedom Fly

For every torn or tattered flag
Returned to our store for proper disposal,
We will donate \$1 towards the purchase
Of new flagpoles for the downtown
Barrington Veterans Memorial.

Let Freedom Fly—in our town
and at your home!

G. Whiz

an imaginative collection of artisan jewelry, unique gifts & really great stuff
724 W. Northwest Hwy., The Foundry, Barrington 847-304-0255
Hours: Mon-Sat 10-5:30 Thur 10-7 Sunday 12-4



Help us support our local veterans and show your American spirit by contributing towards the community fund to raise money for the new flagpoles at the Veterans Memorial Park at the corner of Cook and Main streets in downtown Barrington.

How can you help? You can begin by taking a look at the current condition of your American flag. Is it tattered or torn? Since Sept. 11, tens of millions of flags have been flying with pride. Yet after eight months, your "star spangled banner" may be in need of a little attention.

Did you know that according to the United States Flag Code adopted in 1959:

- Flags should be disposed of in a dignified way, preferably by burning.
- A flag that has been on display should never be tossed in the garbage or recycled like clothing.

• Burning a flag requires only reverence, a standard that might not be met by using a fireplace or a grill.

Help us raise money for these flagpoles by returning your unsuitable American flag to our store for proper disposal. **G. Whiz** is collaborating with Toland Enterprises, a leading manufacturer of flags, to collect and properly dispose of all unsuitable American or patriotic flags, regardless of make. Return your unsuitable American flag to our store, and we will donate \$1 towards this cause and provide you with a coupon for \$5 off any flags or flag accessories. Additional donations are extremely welcome and will be collected in a scrapbook to share with our local veterans.

Let freedom fly—in our town and at your home!

Summer at Satin Filly

Spring has arrived! I think one of the prettiest and with the most erratic temperatures. It's given good cause for the many gorgeous, lightweight cashmeres.

It's been almost six months since **Satin Filly** moved to The Foundry. We do love our new location, and hear that you agree: great light, great parking, great clothes, great jewels!

Thank you.

We have a few dates you'll want to set aside.

Upcoming Trunk Shows

On **June 20 through 22**, we're having **Yansi Fugal**, one of our favorites. It features micro-fiber separates—they're washable... really!—and great, "hip" styling. It also features special fabrics and leather; their lamb leather pants are the softest and fit incredibly well. The entire Fall 2002 Collection will be in the store to see and try on. This line's size range is 0 through 14.

On **July 18 through 21**, we're featuring **LaFayette 148**. Hopefully, you've seen this beautiful, feminine, very sophisticated collection of clothes. This is our second trunk show with LaFayette. Everyone loved the pieces they selected last time. There are daytime looks in pants, jackets, skirts, beautiful blouses and fabulous evening looks. The furs, jackets, vests and shearling leathers are so wonderful! LaFayette will send their representative from New York. She is a doll and so helpful in "putting it all together."

On **July 22 through 26**, we are featuring a new line from France—denim jack-



Chiffon tribal print dress with ruched bra

ets lined with all types of fur. This is a huge look for next year. We thought these were the best and priced very well! There will be at least 25 jackets and vests for you to try. Remember, you won't take delivery until September. (I don't want to think about September!)

In the meantime, please come to one or all of the trunk shows. There is so much to see. It's really fun, and the best part is you get to choose items you'll probably never see in many stores. That's refreshing!

Most of all, let's have a wonderful, peaceful summer.

—Karen

Pictured:
Rayure's
"Zazie".
Arrives by
June 30.

Trunk Shows

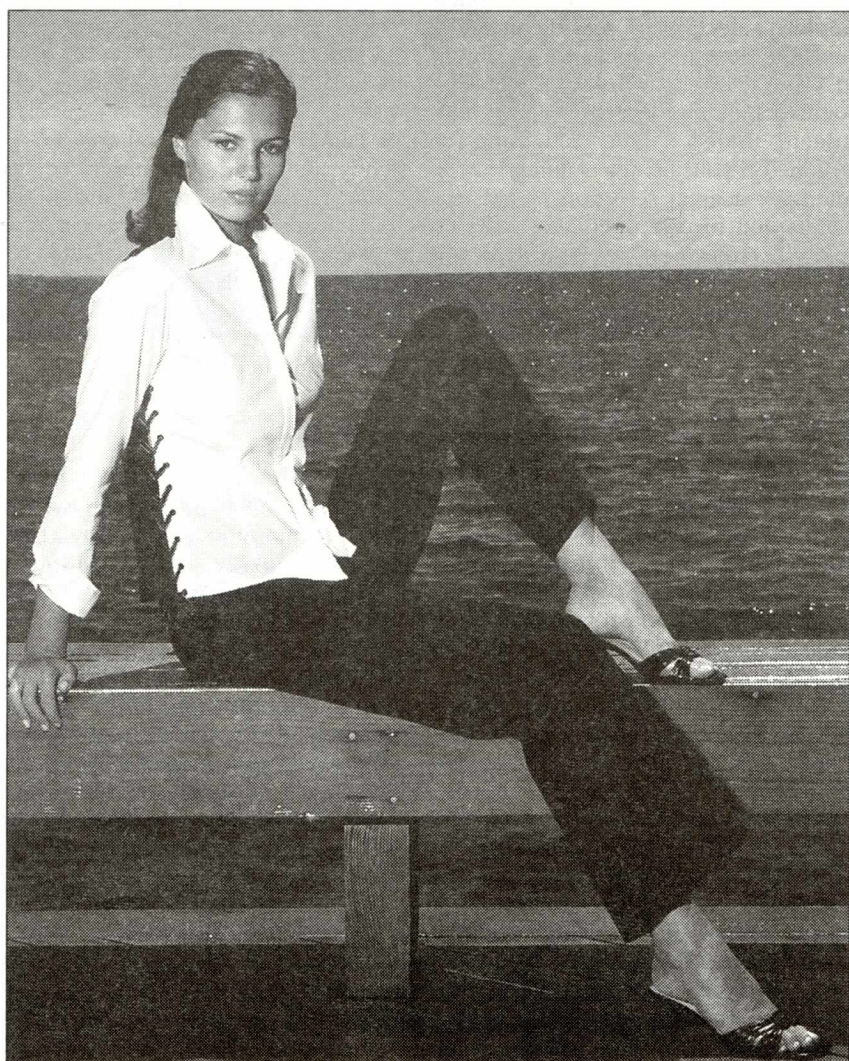
June
20-22
Yansi Fugal

July
18, 19, 20, 21
LaFayette 148

July
22-26
**Fur-lined
"Jean" Jackets**

**SATIN FILLY
AT THE FOUNDRY
714 W. NORTHWEST HWY. • BARRINGTON
847.381.1019**

The FOUNDRY of BARRINGTON



Local Artists on Display

Barrington Saddlery will host local artists during the inaugural **Winning Edge Art Fair and Exhibit** in June.

Unique artwork from local photographers, painters, sculptors and craftsmen will be displayed and presented for sale. Custom watercolor paintings, heirloom-quality wooden carvings, oil-based portraits, unique gifts and creative home-decorating ideas are just a few of the items that will be featured. Selected artists' work will be given away through a complimentary drawing! Winners need not be present at the time of the drawing, and no purchase is necessary.

And for the budding artist, children, ages 4 to 16, are welcome to participate in the Winning Edge Children's Art Contest. Drawings, paintings, sculpture and other works of art may be entered. Please complete the attached entry form and submit

with artwork to **Barrington Saddlery** by Wednesday, June 19. Winners will be selected on Sunday, June 23. Prizes will be awarded for each age group. Please phone for additional information.

Barrington Saddlery is proud to host this regional event as home to the Midwest's most unique collection of riding equipment and apparel. We hope that the weekend will be an enjoyable experience for both equestrian and nonequestrian alike. We'll see you at the fair!

The Winning Edge Art Fair and Exhibit will be held **June 21 through 23**. Friday and Saturday hours will be from 9:30 a.m. to 5:30 p.m. Sunday hours will be from noon to 5:00 p.m. **Barrington Saddlery** is located at 760 W. Northwest Hwy. in the Foundry of Barrington. Please phone for additional information at **1-800-560-8008**.



THE WINNING EDGE Children's Art Contest

Name: _____

Phone: _____

My Age Group Is: 4-6 7-9 10-12 13-16

SUMMER COOL!

Exclusively at

L'Affaire

Check out our HOT new lines
in our WARM and friendly atmosphere!



Hours: Monday through Saturday 10-5, Thursday 10-7

The Coutyard Shoppes of The Foundry
756 B West Northwest Hwy.
Barrington 847.277.7565



Art Fair & Exhibit!

June 21 - 23, Friday - Sunday



As our guest ...
present this advertisement
to receive **20% Off**
any one in-store item*.
Valid June 21 - 23, 2002.

Please join us, as Barrington Saddlery hosts the inaugural **Winning Edge Art Fair**. Events include:

- **Local artisans** exhibiting painting, photography, drawing, sculpture, pottery, wood carving and more!
- **Children's Art Contest**

See adjacent article. Call the store for additional details.

- **Art Giveaway** - enter to win selected artists' work. No purchase necessary, winners need not be present. Enjoy the Midwest's most unique collection of Equestrian equipment, apparel and gifts.

760 West Northwest Highway
Barrington, IL 60010
(847) 381-6015
800-560-8008

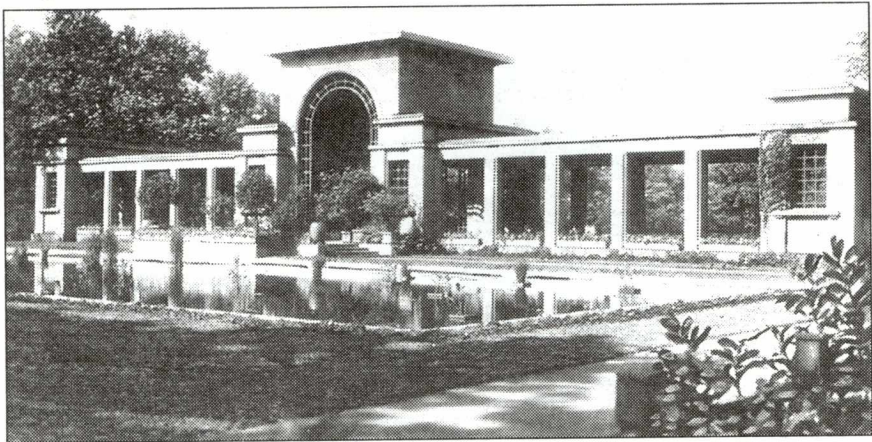
www.barringtonsaddlery.com

Store Hours:

Monday - Saturday:
9:30 am - 5:30 pm
Thursday: Open Until 8 pm
Sunday: Noon - 5 pm

*No adjustments on previously purchased items. Offer excludes artwork, saddles, special orders, custom orders and consignment items. No pre-sales. Excludes all other offers.

City Parks Focus for Art Associates



Flower Hall in Douglas Park, designed by Jens Jensen

The motto "urbs in horto," a Latin phrase meaning "city in a garden," was adopted by Chicago's government in 1837 when there were few green spaces. The slogan proved to be prophetic, as today there are 555 parks for citizens to enjoy. Some of the nation's most significant architects, artists and landscape designers helped create the city's parks, including Frederic Law Olmsted, Daniel H. Burnham, Jens Jensen, Alfred Caldwell and Lorado Taft.

On July 18, Jeanette Muench will conduct the second tour of "Chicago Parks and Boulevards" for the Barrington Community Associates of the Art Institute of Chicago. This year's tour features parks on the south side of the city.

Douglas Park, named for Sen. Stephen A. Douglas, was created by William Le Baron Jenney, father of the skyscraper. He brought the marshy site to grade level using tons of sand and manure from the Chicago stockyards. The park formally opened in 1879 and included a small lagoon, lawn and trees. By the late 1890s, a conservatory, gardens, outdoor gymnasium and swimming pool had been added. In 1905, Jens Jensen began additional improvements, including a formal garden and flower hall that combines Prairie School and classical elements to the 173-acre park.

In 1991, the Chicago Park District acquired a 12-acre site along the south branch of the Chicago River, originally a Chicago and Western Indiana Railroad yard, because open space and recreational facilities were not available in the Chinatown community. Today, this award-win-

ning project takes full advantage of the river views and includes a playground, gathering areas and elements of Chinese landscape design. The Ping Tom Memorial Park honors a life-long Chinatown resident and leading force behind the park's development.

In 1880, Jackson Park was named in honor of the seventh president, Andrew Jackson. Ten years later, it was selected for the world's Colombian Exposition and transformed into "White City." Today, the lagoons remain and the Japanese pavilion stood until destroyed by fire in 1946. The Osaka Garden, created in 1935, has been improved and restored many times.

The Midway Plaisance connected Jackson and Washington parks. Originally a place to play ball and graze sheep, today a major aquatic center, it provides recreation in Washington Park. *Fountain of Time*, Lorado Taft's masterpiece, was recently conserved.

Burnham Park, 598 acres along the lakefront, connects Jackson Park and Grant Park. It includes McCormick Place, Soldier Field, Museum Campus and the Burnham Park Yacht Harbor. Spectacular views of the city skyline are seen at Promontory Point.

The fee for this interesting day is \$60 for members or \$70 for guests. Lunch will be at the New Three Happiness Restaurant in Chinatown. The bus departs at 9 a.m. from the north parking lot of Richard Honquest Fine Furnishings on Barrington Road.

Reservations are limited for this popular trip. Call Evelyn Richer at 1-847-381-5349.

Fine Arts Teacher Shares Stage with BHS Senior

Senior Katie Schell of Barrington will work with her teacher, Jon Lynn, as a fellow actor rather than as her director in a June production of Bernard Slade's *Tribute*.

Katie was one of many Barrington High School theatre students who took advantage of an open casting call for a young woman needed in the Kirk Players' next production.

The Kirk Players, a Mundelein community theatre group that Mr. Lynn has worked with for the last 36 years, usually casts from within the company only. But lacking a younger age actress needed for Sally, a significant character, the group opened auditions.

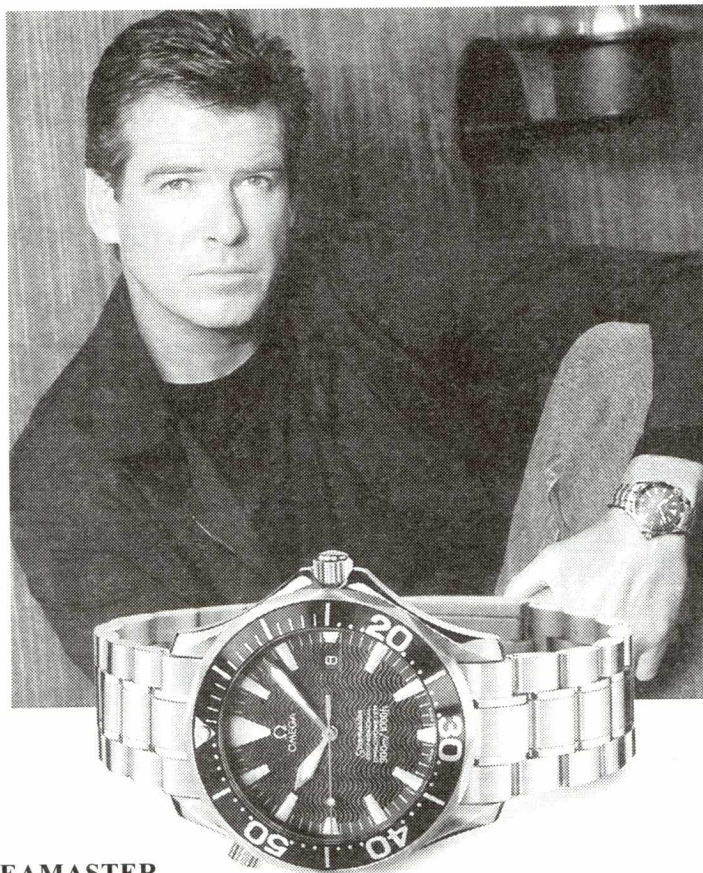
Jon's wife, Paddy, who will direct the show, said she was very impressed with

all of the talent that came from Barrington High School, and could see why Jon has so much trouble when casting.

Tribute is the story of Scottie-Templeton (Mr. Lynn) who learns that he only has a few months to live and wants to reconcile with his son, Jud (played by nephew Jesse Lynn). Katie plays Sally, a young model that becomes romantically involved with his son. The script is very funny and very poignant.

You can see this wonderful play on June 7, 8, 14 and 15 at Mundelein High School at 8 p.m. Tickets are \$9 for adults or \$7 for students and seniors. Mark your calendars now, and see Katie or Mr. Lynn for tickets. Tickets will also be available at the door.

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Barrington Youth Dance Ensemble to Present *Peter and the Wolf*



Ray Schmech, managing director of Northern Trust Bank in Barrington which is underwriting Barrington Youth Dance Ensemble's *Peter and the Wolf* production, dropped by to visit with the cast recently.

He arrived just in time to be frightened by the Wolf, portrayed by Stephanie Baer. Pictured are: (back row, from left) Sarah Menning and Shannon Spicer as the Hunters; the Wolf; Mr. Schmech; Kelsey Allison as the Duck; Abigail Watson as the Bird (obscured); (front row, from left) Kate Lasmberta as the Cat; and Katlyn McMor-

ris as Peter.

The *Peter and the Wolf* performance will be on Wednesday, June 12, at Barrington High School. The Barrington Youth Dance Ensemble will tour this production to area schools throughout the year. For more information, please phone the Barrington Dance Academy at 1-847-382-6333.

Through quality dance performances, Barrington Youth Dance Ensemble promotes artistic integrity, understanding, involvement and awareness among people of all ages throughout the Chicago area.



Charlotte Ford Speaker at "La Fete du Chapeau"



(From left) Susan Gohl, Charlotte Ford and Ruth Kern enjoy the preluncheon tea hosted by Stanley Paul, May 13, 2002. Susan and Ruth are from the Barrington area.

The Chicago Historical Society's Costume Center had the honor of having Charlotte Ford speak at its third annual "La Fete du Chapeau," held at the Peninsula Hotel on May 14.

Ms. Ford is the author of three books on modern manners, the most recent one titled *21st-Century Etiquette*. Ms. Ford charmed the beautifully 'hatted' luncheon attendees with stories from her youth. She told the audience that her parents insisted she and her siblings appear clean and well-dressed at each family meal. Manners were a must in her family. Each child was carefully taught not only table manners but also the proper way to greet and address people and what to wear for each occasion.

This year at the 'hat luncheon,' presided over and organized by Hazel Barr and Bunky Cushing, there was an award given to the woman who wore the most wonderful hat. The winner was Linda Heister, wearing an elaborate large picture hat that featured a veil that could come down and cover her entire face. The hat was made in a straw material, but the veil matched her suit of coral tweed. Her husband, Mark Heister, the world-famous clothing designer, designed Linda's hat.

The day before the luncheon, Stanley Paul hosted an afternoon tea at his sumptuous home in the city catered by George Jewell Catering. Those attending munched on little sandwiches and beautiful chocolate delights. The guests also had an opportunity to meet and chat with Ms. Ford on a very personal basis.

The magnificent foyer, living and dining areas of Mr. Paul's home are reminiscent of Paris in the 1920s with etched glass mirrors and antique crystal chandeliers casting a glow over everything. The living room leads to a large outdoor room overlooking the city complete with potted trees and flowers everywhere. Many of the guests took advantage of the beautiful spring day and strolled outside to take in the fragrant air and the lovely views during the afternoon.

Proceeds from these events will be used to help preserve the Hope B. McCormick Costume Center's fine collection of historic apparel and fund the wonderful exhibits that the Chicago Historical Society organizes. Currently, there is a 1920s exhibit at the center, which should not be missed. For information about the exhibit, call Ms. Betty Hudson, 312-799-2121.

Good Shepherd Hospital Auxiliary Meeting and Luncheon

The Auxiliary of Good Shepherd Hospital will hold its general meeting and luncheon on Tuesday, June 18, at Kemper Lakes Golf Course. Social time will begin at 11:30 a.m., and the luncheon will be served at noon.

After a short business meeting, Keven Horcher M.D. of the Emergency Department at the hospital will present a program, "Get To Know Your Emergency Room And How It Is Ready For Any Emergency." He will also describe the HAZMAT

(hazardous material) decontamination procedure.

Kemper Lakes Golf Course is located on Old McHenry Road, north of Route 22 in Long Grove. Reservations may be made by sending your check for \$20, payable to Auxiliary of Good Shepherd Hospital, to: Esther Schultz, 367 Shoreline Rd., Lake Barrington, IL, 60010. Deadline is June 10. Guests are welcome.

For further information, call 847-381-2941.



Celebrate the Occasions...



Dad, Grad and Bride

Father's Day European Style!

Looking for someplace special to take Dad for **Father's Day**? Why not make reservations at **Fritzl's**? They'll be featuring all his favorites and will be open from 3 to 9 p.m. Among the menu items offered on Father's Day will be N.Y. strip steak, farmer's platter (which includes smoked pork loin, bratwurst and smoked thuringer), roast duck with dressing, filet mignon maitre d'butter and much more.

In addition to their full menu, don't miss **Fritzl's Fish Fry** every Friday. Delicious Icelandic Cod fillets (½ lb.), broiled or lightly breaded, are served for only \$9.95.

Designated smoking areas are available. There are banquet facilities available for groups of 20 to 150 people, perfect for weddings, anniversaries and rehearsal dinners. The meals are lovingly prepared from scratch and made to order just prior to serving. They are then served hot, fresh and delicious. If you are tired of those stuffy "foreign" waiters, try **Fritzl's** restaurant and pub. They have the friendliest staff in town.

#1 German Restaurant by Zagat.

Visit www.fritzl.com for more information.

River Trading Post Partners with American Indian College Fund

Native American colleges have been called "under-funded miracles" and "economic lifelines" for U.S. Indian reservations.

There are 32 tribal colleges, all founded by Indians to fight high rates of poverty, educational failure and cultural loss. These colleges created the nonprofit **American Indian College Fund** to raise desperately needed scholarship, endowment and operating monies.

River Trading Post has joined with the **American Indian College Fund** by offering a special AICH series of American Indian trade blankets, also known as Robes, as well as a line of gifts designed to support the college fund. A major portion of these sales goes directly to the college fund.

The Indian trade blanket first came to be known by that name when it was introduced as a type of currency during the fur trade in the late 17th century. Today, the American Indian trade blanket is a functional item that has many uses and purposes as well as being a truly beautiful piece of artwork that increases in value over time.

Renowned Native American artists designed the Pendleton Indian trade blankets at **River Trading Post**. They include United States Senator Ben Nighthorse Campbell (Northern Cheyenne) and Wendy Ponca (Osage). Ponca has won seven first place awards at the Santa Fe Indian Market. Her work is a part of permanent museum collections throughout the nation.

"We're delighted with this partnership," says gallery owner Joe Zeller. "Our customers receive a great work of art, and the American Indian kids get desperately needed help. Everybody wins."



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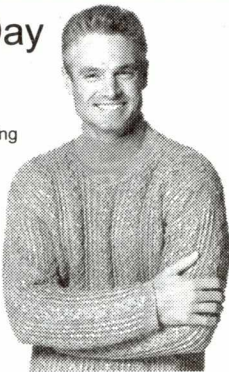
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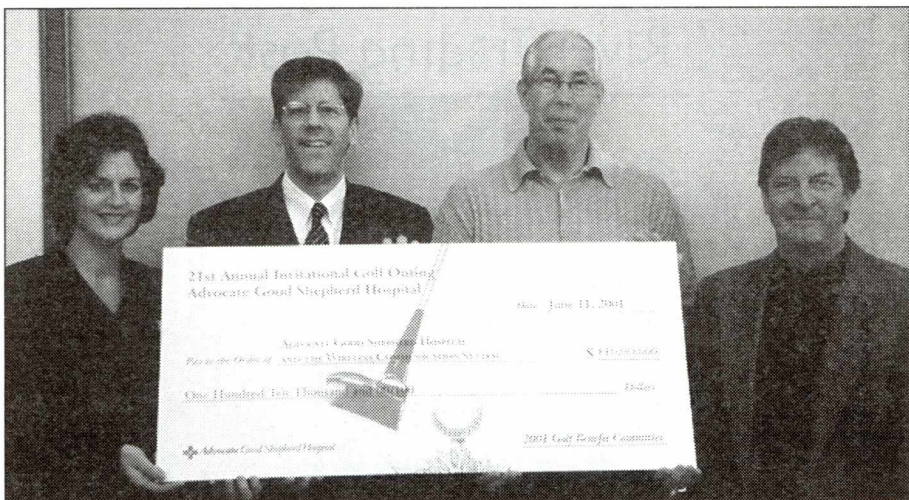
EXPIRES 6-30-02

Men's Consultation, Cut & Style

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Good Shepherd's 22nd Annual Golf Outing



Last year, the Advocate Good Shepherd Hospital Golf Outing raised \$110,000 for the implementation of a wireless communication system for inpatient units.

Pictured at the check presentation are: (from left) Karen Lambert, chief executive, Good Shepherd Hospital; William C. Graft, chairman of the Good Shepherd Hospital Development Council and managing partner, Graft, Jordan and Curtis; Paul F. Hills, vice-president of the Good Shepherd Hospital Development Council and executive vice-president, Sage Products, Inc.; and Herbert L. Johnson, member of the Good Shepherd Hospital Development Council and vice-president, Schaff Piano String and Supply Company.

Advocate Good Shepherd Hospital will hold its 22nd annual Good Shepherd Hospital Golf Invitational on Monday, June 10, at the Biltmore Country Club in Barrington.

Since its inception, the Good Shepherd Golf Outing has raised more than \$1.3 million to help enhance patient initiatives at Good Shepherd Hospital. The proceeds

from this year's golf outing will help Good Shepherd create a Patient Transition Center adjacent to the Emergency Department that will provide a four-bed, private patient area for individuals who are awaiting inpatient admission.

Good Shepherd Hospital is seeking sponsors for this event. There are four sponsorship levels, each offering unique

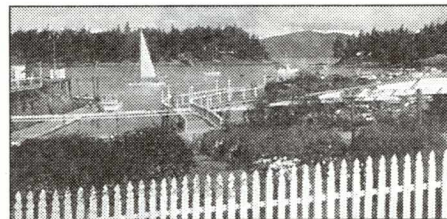
Father's Day Sale at Maura's Frame Shop

Come celebrate Father's Day at **Maura's Frame Shop & Art Gallery** of Lake Zurich!

Dad may enjoy one of our many golf prints or canvases by accomplished artists Larry Dyke, Thomas Lynch and Marcie Rule. For the outdoor enthusiast, we have wildlife prints, framed and unframed. Many breathtaking landscapes, American and European, are here to see also. Any print purchased will be framed for **20% off** for the **Father's Day Sale**.

Our hand-painted wooden boxes are a must see. These one-of-a-kind boxes would be a great addition to his desk or to his end table to hold his remote controls.

We at **Maura's Frame Shop & Art Gallery** specialize in creative custom framing. Shadow boxes and picture collages add up to unique and personal gifts. Dad



Port of Call by Christopher Blossom

might enjoy seeing his military memorabilia showcased in a frame. A truly personal wedding or anniversary gift would be to frame the invitation or photos from the couple's special day.

Please visit and see the works of our new artist, Marilyn Simandle. The scenes of European villages and countrysides are captivating, and the colors are beautiful.

Maura's Frame Shop & Art Gallery of Lake Zurich is located at 91 S. Rand Road (Route 12), Lake Zurich, **1-847-438-6878**.

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Barrington Junior Women's Club "Gears Up" for Safety Town

The month of June heralds the start of summer, the end of school and lots of outdoor playtime. And a great way for kids to stay safe is to learn the lessons taught at Barrington Junior Women's Club's Safety Town, a summer camp offered to District 220 kindergartners.

Safety Town covers a myriad of safety issues, including bike and pedestrian safety, fire safety, playground safety, poison safety, and "stranger danger" safety. Safety Town campers learn safety rules and practice safe cycling on tricycles in a miniature town, complete with streetlights and a railroad crossing. The Safety Town site is located at HealthWorld museum in Barrington.

Members of the Safety Town committee are preparing for this year's Safety Town sessions to be held in June and July. Registration was held in April, and all sessions are currently full. For information or to put your name on a waiting list, please call Barrington Junior Women's Club at 1-847-622-3838.



Barrington Junior Women's Club Safety Town cochairs Wendy Ferreira and Stephanie Proebsting get ready for this year's Safety Town sessions.

recognition opportunities.

Attracting many prominent business and community leaders, the Advocate Good Shepherd Hospital Annual Golf Outing sells out quickly. If you are interested in becoming a sponsor and would like in-

formation on making reservations for the outing, please contact Marianne Lovett or Diandra Mariano of Advocate Good Shepherd Hospital's Charitable Foundation at 847-384-3412.

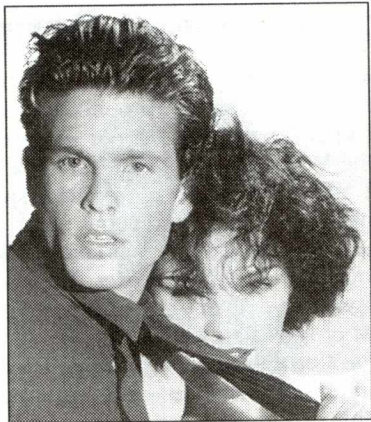
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Salon Extend is also proud to announce our new, highly trained and talented team members. Call today to book your appointment for any of our salon or spa services. As always, we are here



to cater to any of your skin and/or hair needs. Our salon is certified and licensed by Great Lengths, Mega Hair and Extensions USA to serve your hair extension or hair replacement needs. Call today for your consultation or service appointment at **1-847-381-3688**.



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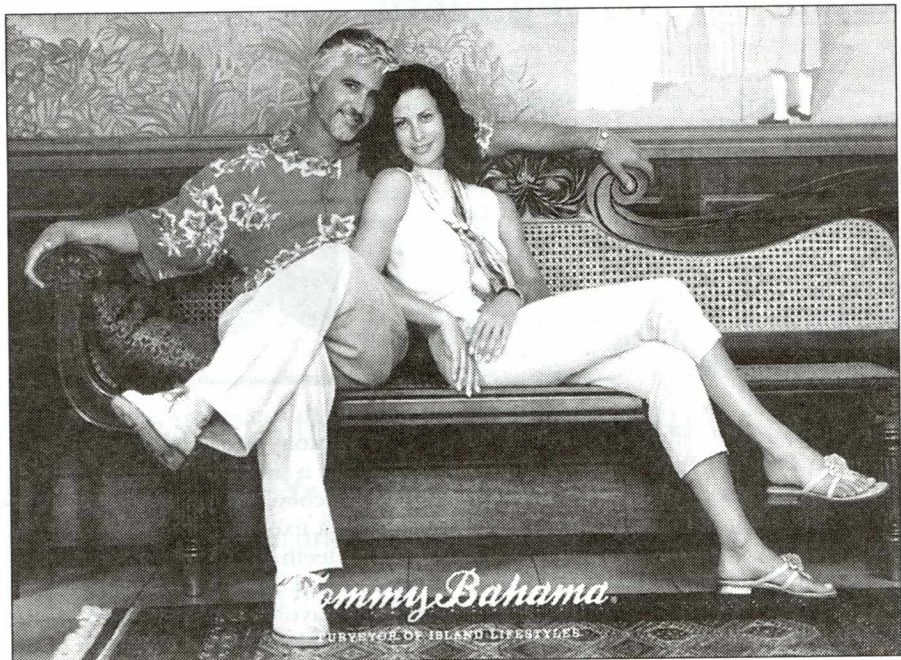
BACOA's Fifth Annual Village Garden Walk

Garden enthusiasts are invited to tour several of Barrington's finest gardens and shop for decorative garden items at the Fifth Annual "Bloom Where You're Planted" Village Garden Walk and Boutique being held on Saturday, June 22, from 10 a.m. to 3 p.m. The starting point for the walk will be at St. Paul United Church of Christ at 401 East Main Street in Barrington. Participants will receive a program describing all the gardens along this walking tour. All proceeds from ticket and boutique sales will go to support the Barrington Area Council on Aging, Inc.

Tickets for the event are \$15 and may be purchased in advance by calling BACOA at 847-381-5030 or stopping by the office at 200 South Hough Street, Suite 001.



A participant enjoys last year's BACOA Garden Walk Boutique.



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Barrington LIFESTYLES June 2002 19

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The doctors in our practice, **Dr. Susan Liebovitz, Dr. Patricia Ledwig, Dr. Leslie Beaird** and **Dr. Alka Madan**, are all board-certified dermatologists who continually strive to provide the utmost in quality dermatologic care in a caring, friendly atmosphere.

Please call our office, **1-847-884-8096**, for additional information or to schedule an appointment.

CSO Members Attempt Summer Suburban Symphony Rescue

Four members of the Chicago Symphony Orchestra have banded together to present a benefit performance to aid the Summer Suburban Symphony. The concert will be performed at 2 p.m. on June 2 at the Inverness estate of Eloise-Marie and Philip D. McKenzie. Orchestra members will be joined by musicians of the Suburban Summer Symphony to play *Sextuor* by Francis Poulenc and *Octet For Wind Instruments* by Igor Stravinsky. The latter will be conducted by Jay Friedman, first trombonist of the Chicago Symphony Orchestra.

"In addition to the music, refreshments will be served and attendees will be invited to participate in a silent auction," stated Sherry Kujala, organizer of the event

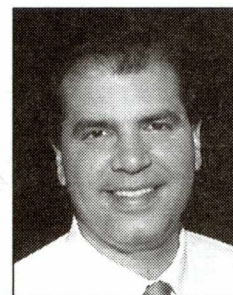
and one of the performers.

The benefactor of this chamber concert will be the Summer Suburban Symphony, which is a 9-year-old professional orchestra that performs free summer concerts in the Palatine Park District Amphitheater. The Suburban Summer Symphony has been plagued with financial difficulties even though it is partly sponsored by the Palatine Park District, the Illinois Arts Council and has, in the past, received grants and contributions from businesses, foundations, civic groups and individuals. The orchestra is directed by Jan Paul Varney.

Ticket information for the benefit concert may be obtained by calling the hotline at 847-869-2933.

Replacing Missing Teeth

by **James T. Gavrilos, DDS**



There are several ways a dentist can replace missing teeth.

A void where teeth have been lost may be filled with lifelike, custom-made replacement teeth that are attached to crowns made for the teeth on each side of the space. To make these crowns, the dentist first prepares the teeth by removing their enamel. Next, an impression of the prepared teeth is made and sent to a dental laboratory. The laboratory prepares custom crowns and replacement teeth and then returns the final product to the dentist to place in the patient's mouth. This prosthesis is called a fixed bridge, because a patient cannot remove it.

Another way teeth may be replaced is with a denture or a partial denture. These are removable by the patient and gain their support from a base that rests against the patient's gums and jawbone. There are many ways these appliances may be additionally stabilized by attaching them to teeth or implants.

The best way to replace missing teeth is using dental implants. Implants are really

artificial tooth roots to which the dentist fastens a custom-made crown. This crown may replace a single missing tooth. However, more commonly, implants are used to support a fixed bridge when there are no natural teeth on each side of the space to be restored. For single tooth replacements, we avoid having to remove the enamel on the teeth on each side of the space, and we create a restoration that allows floss to pass through freely.

For a thorough examination and evaluation of your oral health, see **Dr. James T. Gavrilos**, Barrington, Ill., **1-847-381-4040**.

Holistic Training for Personal and Professional Growth

Surely you've noticed the world is changing. Even time is moving faster. We are being spiritually supported to grow and evolve to the next level of being. That's not an easy task. Many of us are floundering a bit as we deal with our karma and emotional/physical issues, and we think we're the only ones.

It's time to awaken to the majesty of who we really are. Metaphysical Hypnotherapy and Reiki, taken to their deepest levels, can help us to do this. I've yet to find a healing modality as effective as this combination. A perfect synergistic blend, they may facilitate profound physical healing as well as deep emotional and spiritual growth. As spiritual beings, divine essence, we all have the capacity to heal ourselves and others; we all have spiritual depth and purpose; we all have the ability to create for ourselves whatever we wish to create. We can know profound peace. We can evolve!

Metaphysical Hypnotherapy is a 72-hour intensive course which will prepare you to harness your mind to accomplish your deepest desires as well as thoroughly prepare you to practice hypnotherapy. You will begin with the foundations, meditation and behavior modification. You'll advance to therapeutic skills, including past-life regression work. You'll engage in mystical work such as connecting with your higher self, spirit clearing and more. The most complete certification course available, it includes four workbooks, complete with essential steps and scripts to support your work. Whether your goal is personal growth or professional training, whether you've had prior training or your training begins today, four, 20-hour weekends of scripts, tools, personal growth work and supervised practices will prepare you well to practice hypnotherapy safely and effectively, bringing a powerful modality for healing into the world. You will be a clinical hypnotherapist eligible for certification with the American Board of Hypnotherapy. Visit online at www.healthquestsonline.com for more details on the contents of this course.

Reiki is radiant love and light flowing through our bodies, minds and spirits. It blends beautifully with all religions. It blends beautifully with other alternative and/or allopathic healing treatments. It is learned simply and easily in three or four



Pamela Arwine

one-day workshops (depending on your goals) which attune your system to the "healing ray." This alone will bring you great benefit. But for those of you who want to use Reiki as a tool on the path to discovering the deepest essence of who you are, you might be interested in the well-rounded program I have to offer. In addition to the four basic workshops, I offer two advanced healing weekends. I offer all three levels of Karuna Reiki, the next step after the traditional system of Usui Reiki. Most importantly, I have made a commitment to be available to support my students as they go through their journey. I offer all of my students, free of charge, a three-hour bimonthly "Reiki Share." This is my way of giving back for all I've received from learning, teaching and practicing Reiki. We do deep-guided meditations to elevate our frequency; we discuss advanced metaphysics; we work techniques to enhance our ability to clairvoyantly see the energies we are working with. Most importantly, we have the opportunity to come together and share with like-minded people.

My name is **Pamela Arwine**, and I am a holistic therapist certified in all levels of Usui Reiki, Karuna Reiki, Spiritual and Intuitive counseling, Rubinfeld Synergy, Gestalt Therapy, Thought Field Therapy and Hypnotherapy. I'm the founder of HealthQuests Mind Body Healing Arts as well as the HQ Holistic Practitioners Network. I am a certified hypnotherapy instructor for the American Board of Hypnotherapy and am also certified to teach all levels of both traditional Usui Reiki and Karuna Reiki. I am a category-A provider for CEU's for the NCBTMB.

If the type of in-depth program I have to offer appeals to you, call **815-455-4502** or visit at www.healthquestsonline.com to see what others have said about this work.

Deadline!

The deadline for the **July Issue** is **Thursday, June 13.**

Please send your press release/advertising materials to:

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Reiki III Master—\$200—June 22—10-6

Reiki IV Master Teacher—\$200—June 23—10-5

Inner Fires—\$200—August 3 & 4—10-6

Energy Somatics—\$200—September 7 & 8—10-6

Karuna Reiki—\$500—Aug. 16, 17 & 18 or March '03—10-5

Metaphysical Hypnotherapy Certification—\$1,160—

(4) 2-Day Units—Begins Oct. 5 & 6—9:30-7:30

Reiki Shares*—FREE—6/7, 6/21, 9/6, 9/20—7-10

*Reiki Shares offered free to Pamela's students only.

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Exhibit in BAAC's Member Art Show "The Art Around Us"

The Barrington Area Arts Council invites BAAC member artists to exhibit in the eighth annual member show entitled "The Art Around Us." The exhibit will be on view at the BAAC Gallery and the BAAC Gallery at the Library from July 20 to Aug. 24, 2002.

Eligible artists must be a council member and must complete an application accompanied by two slides of eligible artwork. The BAAC Gallery must receive all applications by June 20, 2002. Original artwork in lieu of slides will be juried on June 20 between 1 and 5 p.m. only. All artwork will be juried for entry and for awards of excellence. Applicants must be

18 years or older, and new members are welcome. Applications and BAAC membership forms are available at the BAAC Gallery, 207 Park Avenue in Barrington.

All eligible work must be the artist's own and original in concept. Only original art completed in the last two years and not previously exhibited in any BAAC Gallery will be exhibited. No work will be exhibited that has been made with the use of commercial kits, molds, patterns, plans, stencils or prefabricated forms. No jewelry may be exhibited from commercially prepared and/or mounted stones. All art must be ready for installation. The Barrington Area Arts Council reserves the

22 Barrington LIFESTYLES June 2002

When Should My Child See an Orthodontist?

When most people think of orthodontics, they think of teenagers. The fact is, many orthodontic patients begin treatment by the age of 7. At this time, they have a mix of adult and baby teeth. Children sometimes exhibit early signs of jaw problems as they grow and develop. An upper or lower jaw that is growing too much or not enough, or is too wide, too narrow, or asymmetrical can be recognized at an early age. If children 7 or 8 years of age have these jaw discrepancies, they are usually candidates for early orthodontic/orthopedic evaluation and treatment. This is important, because some orthodontic problems are easier to correct if they are diagnosed early.

Orthodontic appliances can be used to correct jaw shape and direct the growth toward an ideal relationship between the upper and lower jaws. A good foundation can be established to provide adequate room for the eruption of the remaining permanent teeth. Interceptive treatment can also decrease the time necessary for the second phase of treatment once all the permanent teeth have erupted. Leaving a malocclusion or "bad bite" untreated until all permanent teeth erupt may result in a jaw discrepancy too severe to achieve an ideal result with braces alone.

In summary, the goals of interceptive



Dr. Michael Hayward

treatment are: to help develop and direct correct growth of the upper and lower jaws; create additional space for the erupting permanent teeth; help eliminate the need for removal of permanent teeth; and to help reduce the possibility of surgical procedures needed to align the upper and lower jaws.

To see if your child would benefit from interceptive orthodontic treatment, a thorough clinical examination by an orthodontist and diagnostic records are needed. If you would like more information about early interceptive orthodontic treatment or would like to schedule a new patient exam, please contact us at either our Barrington, **1-847-382-5588**, or Palatine, **1-847-359-7980**, offices or visit our Web site at www.haywardorthodontics.com.

What is Botox?

Many people have very active frown lines between their brows and would love to have a simple way to reduce them. These lines are the result of corrugator muscles. These muscles wrinkle the central brow into a configuration similar to corrugated cardboard, hence the name. A number of options are available to treat these lines. Collagen had been used to fill the resulting depressions and more invasive surgeries have been devised to interrupt the muscles and weaken them. Now a simple injection is available that can weaken these muscles and significantly reduce the frown lines. The injection is done with Botox, a protein derived from *Clostridium Botulinum*, the bacteria responsible for Botulism.

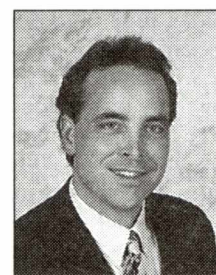
What is Botox and How Does it Work?

Botox is a highly purified form of the protein Botulinum toxin. When it is injected into a muscle, it blocks the nerve signals coming into that muscle resulting in complete or partial paralysis lasting from three to six months. Although it sounds scary, Botox is very safe and has been used effectively for years to treat spasms of the eye and face. We have used Botox for eight years with excellent results in reducing the frown lines and crow's feet at the outer corners of the eyes.

How is a Treatment Done?

The Botox is mixed from its freeze-dried state and diluted to the strength desired. Usually, two injections are done on each side of the eyebrows to reduce frowning

by Gary S. Churchill, MD



Gary Churchill, MD

or on the sides of the eyes to reduce the crow's feet. The effects are not seen immediately but take place over two to three days. Over that time, the muscles will gradually become weaker until there is almost no ability to frown. If the crow's feet area is injected, the crinkling of the skin in that area will be reduced as well. If further weakening is desired, a second injection can be done after one week. But this is rarely necessary.

Who is a Candidate for Botox?

There are no absolute contraindications for using Botox. Allergic reactions are virtually nonexistent.

Since we specialize in facial plastic surgery and Botox is used for the face, we have extensive experience using Botox. In fact, unlike physicians that offer Botox only once a week or once a month, our office sees enough Botox patients that injections can be done any day of the week. To see if you are a candidate for Botox, please schedule an appointment with our office by calling **1-847-304-1000**.



right to reject inappropriate work.

The Opening Reception and Award Presentation will be on Saturday, July 20,

2002, from 7 to 9 p.m. at the BAAC Gallery. For further information, please call 1-847-382-5626.

New Health Studio at Women's Physical Therapy Institute

Women's Physical Therapy Institute has moved to a new location. They are now at 755 Ela Road in Lake Zurich. This facility is just across the parking lot from their previous location. The move has enabled the institute to expand its service offerings with the addition of the Health Studio. This unique concept provides traditional exercise classes, condition-specific classes and educational seminars.

"Our mission is to have a positive impact on the lives of women," states Teri Elliott-Burke, physical therapist and co-owner of **Women's Physical Therapy Institute**. "We offer a wide variety of classes to encourage better health in women of all ages. Class sizes are small, so we can provide lots of individual attention."

New exercise classes start the week of June 17. The cost is \$75 for eight classes. Participants can sign up for specific classes or purchase a punch card and sample a variety of programs.

The Health Studio will feature the following classes in June:

• **Stretching & Strengthening:** This class is perfect if you have a medical problem to consider (i.e. lower back pain, shoulder pain, fibromyalgia, etc.) or if you just want to get back into exercising. Class runs Tuesday and Thursday, 10:00 to 11:00 a.m., and Wednesday, 5:15 to 6:15 p.m.

• **Fibromyalgia Exercise:** This class is specifically designed for those with fibromyalgia. This class incorporates mild stretching and strengthening of muscles. Each class will end with a 15-minute relaxation period. Class runs Tuesday and Thursday, 1:00 to 2:00 p.m.

• **Pre-Post-Pregnancy Exercise:** This is a specifically structured exercise class for

those pregnant or up to four years post-pregnancy. Class runs Tuesday, 9 to 10 a.m.

• **Interval Training:** Get both your cardiovascular and strength exercises done in one class! Incorporates moves to strengthen and to get your heart pumping. Ends with abdominal/core conditioning and stretching. Class runs Wednesday, 10:00 to 11:00 a.m. for 8 weeks.

• **Yoga:** Experience the benefits of yoga, stretching and relaxation. This class is for all levels of participants. Class runs Wednesdays, 6:30 to 7:30 p.m. for 8 weeks.

• **Tai Chi:** This form of martial art is taught for health and relaxation. Benefits of Tai Chi include better balance, improved cardiovascular health and better mental awareness. All levels are welcome. Class runs Mondays, noon to 1:30 p.m. for 11 weeks.

Also, on June 27 from 6:30 to 7:30 p.m., the institute will present the one-hour seminar "Chronic Ankle Problems." Speakers will be Dr. David Charnota, podiatrist, and Chris Streed, PT, MHS, OCS. They will discuss practical ways to deal with those reoccurring and annoying ankle sprains and other ankle problems. Everyone is welcome. Cost is \$5.

To register for classes or the seminar, call the **Women's Physical Therapy Institute** today at 1-847-550-9784.

Women's Physical Therapy Institute (WPTI) is a unique facility dedicated to serving the rehabilitation needs of women of all ages. They specialize in treating incontinence, fibromyalgia, osteoporosis, orthopedic conditions, lymphedema, pelvic pain and pre-and post-childbearing conditions. They can be reached at 1-847-550-9784 or faxed at 1-847-550-9780.

What Makes The Dark Side Unique?

Our exclusive fitness center has a friendly, relaxed atmosphere where everyone can have fun while getting a great workout!

The Dark Side staff includes personal trainers with diverse knowledge in strength training, weight management, nutrition, pregnancy, physical therapy and professional bodybuilding.

Each client is put on an individualized fitness program specifically designed for

their particular needs which includes developing proper exercise techniques and healthy eating habits. After your workout, enjoy the steam room or massage therapy.

Our tanning studio includes Ergoline beds, the #1 sunbeds in the world! Our rooms are clean and private with sound and cooling systems. Tanning supplies and lotions are available for a healthy and luxurious tan.

Vein Care Specialists Perform Closure Procedure

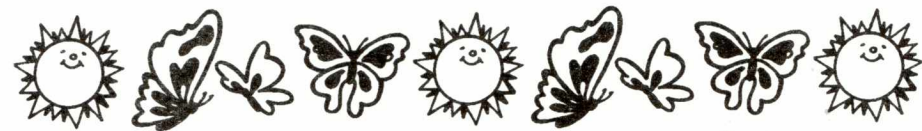
Vein Care Specialists, Ltd., is the first office in the Midwest to perform the Closure Procedure and is now one of the first to offer the EndoLaser Procedure.

These procedures, along with our physicians, have been featured on several local news programs including WGN TV, Fox 32, NBC Channel 5 and ABC Channel 7. They have also appeared in articles in *The Daily Herald*, *Harpers Bazaar* and

More magazine.

All of the procedures we perform are done locally, in our state-of-the-art facility, in one day. There is no required hospitalization or general anesthesia, and recovery time is minimal. Most people are back to work the next day.

Please feel free to call us with your questions or to request a brochure.



Exercise Classes for Women of All Ages & Abilities!

New Health Studio will offer the following classes starting June 17th:


- **Stretching & Strengthening**
- **Pre- & Post-Pregnancy**
- **Interval Training**
- **Fibromyalgia**
- **Yoga**
- **Tai Chi**

Call for class schedule to start your safe exercising program! Class size is limited so call today!

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- Documented 93% success rate!

Dr. Berger has spent 13 of his 17 years practicing in Lake Zurich. He is board certified in internal medicine, and prides himself in his long list of satisfied patients. Dr. Berger sees all of his patients in person. Much of his services are covered by most insurance companies (sorry, no HMO).

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Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 12 years, introduces a new weight loss program. This program is based on the 40/30/30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing



fat and carbohydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.

Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering your current lifestyle, exercise and diet habits.

Dr. Berger has hundreds of satisfied patients. Insurance usually pays for some or most charges, (sorry, no HMOs).

To begin a weight loss program that really works for you, call **1-847-438-2454** in Lake Zurich or **630-789-9495** in Hinsdale to make an appointment for your consultation today.

Chamber Awards Three Scholarships



Scholarship winners attending the 27th Annual Staff Appreciation Luncheon were: (upper right to lower left) Steve Heider; Mr. and Mrs. Brad Stetson and son, Brett; Mrs. Mary Lou Sylwestrak and daughter, Emily Lauren; and Mrs. Diane Klick and son, Jimmy.

With the assistance of 33 chamber businesses, three \$1,000 scholarships were awarded at the 27th Annual Staff Appreciation Luncheon & Fashion Show, hosted by the Barrington Area Chamber of Commerce on April 26 at the Barn of Barrington.

Scholarship applications were received from 14 candidates representing nine different high schools with recipients or parents employed by chamber-member organizations in the Barrington area.

This year, scholarships were awarded to the following senior high school students who will be attending college or a university next fall on a full-time basis: Jimmy Klick, Barrington High School, chamber member Diane Klick, owner of Vacation Homes International; Brett Stetson, Barrington High School, chamber member Brad Stetson, vice-president, Barrington

Bank & Trust; and Emily Lauren Sylwestrak, Carmel High School, chamber member Mary Lou Sylwestrak, Advocate Good Shepherd Hospital.

The 2002 Chamber of Commerce Scholarship contributors included the following Barrington Area Chamber of Commerce business members: A Flair for Hair; Accolade Interiors, Ltd.; Ahrens & Condill, Inc.; Alamo Water Refiners, Inc.; American Chartered Bank; Barrington Bank & Trust; Barrington Mortgage Corporation; Barrington Realty Corporation; Clark/Bardes, Inc.; BronchoJack's Family Café; Duke Financial Services; Russell Fitton III, DDS; Forrest Press, Inc.; Framers on Main; Furniture for All, Inc.; Gilcor Corporation; Glendale Communications Group, Inc.; Gordon's Pool Service, Inc.; Michael J. Graft Development Corporation; Hanson & Peters; Harris Bank Barrington; Keller

There's a New Park in Town—Veterans Memorial Park

Barrington American Legion Post 158 and the Barrington Memorial Post 7706 Veterans of Foreign Wars wish to invite all veterans and the public to the dedication ceremony for the Veterans Memorial Park, which is located at Main Street, Cook Street and Park Avenue in downtown Barrington. The program will be at 10:30 a.m. on

June 14.

We are very proud of the beautiful park and the wall, where plaques with the emblem of each branch of the military service of the United States of America are located, and also of the flags symbolizing the military branches.

Letter to the Editor

To the Editor:

Barrington Area Council on Aging, Inc. seniors enjoyed "Lunch on the Prairie" at Prairie Middle School on Friday, April 19. The brunch was prepared and served by eighth-grade student-council members Kiki Bassoul, Jenny Beightol, Leigh Benvenuti, Drew Bosarge, Corbin Brooks, Carly Collins, Tori Evans, Stephanie Florey, Suzanne Grande, Sarah Harsh, Larisa Inka, Monica Kaczynski, Whitney Kline, Britney Jo Ludkowski, Lauren Lykke, Bobby Madding and Phil Scrimbollo.

Wanita Lamkey and students from her eighth-grade home economics classes hosted the luncheon, welcoming seniors

and presenting each with a long-stem rose. Following the brunch, entertainment was provided by the eighth-grade orchestra under the direction of Carol Stolley.

The Barrington Area Council on Aging would like to thank principal Scholtca Choy, assistant principal Steve Lee and everyone else involved in making this such a lovely event. The seniors thoroughly enjoyed the brunch, entertainment and, most especially, the interaction with the young people.

Sincerely,
Linda Avellon
Program Coordinator



Williams Realty; Clarel Krpan, EA; La Quinta Inn; *Barrington Lifestyles Magazine*; Merrill Lynch Pierce Fenner & Smith, Inc.; Parisi's Primo Pizza & Pasta; Law Offices of Susan Poplar; Jeff K. Ross Financial Services; Skopek Orthodontics; State Farm Insurance Co., Jim Dugan, agent; Carol A. Thompson, attorney at law; Tinkoff Popko & Associates; and Village Bank & Trust. In addition, the chamber membership has also supported the scholarship fund at our Business After Hours events.

The chamber wishes to extend good luck to all of the high school students who applied for the 2002 Scholarship Awards! A very special thank you to the Chamber Scholarship Volunteer Committee: Steve Heider, Merrill Lynch Pierce Fenner & Smith, Inc.; Debora Leska, Accolade Interiors; Margaret Semrad, Coldwell Banker Residential Brokerage; Jim Dugan, State Farm Insurance; and Brian Zolfo, Insignia Kitchen & Bath Design Group, Inc.

Is Your Skin Aging Faster Than You Are?

One of the questions we often hear at **Estetica Advanced Clinical Skin Care** is, "Does the skin on the face age faster than the skin on the rest of the body?" The truth is... no! The aging process does not cause the skin on our face to age more rapidly than the rest of our body. The way we treat our skin impacts the speed at which we age.

One of our greatest enemies in accelerating the aging process is the sun. We may think a beautiful tan looks healthy, but, for our skin, it is very unhealthy. Unprotected exposure to the sun is unhealthy because it causes two types of damage. First, on the surface, it creates uneven pigmentation known as hyperpigmentation. Second, it damages cells below the surface. The sun's damage accelerates the breakdown of elastin and collagen. This breakdown results in lines, wrinkles and sagging skin.

In order to repair this damaged skin, it is important to first know the extent of the damage. This can be accomplished with a special tool called a Woods Lamp. The Woods Lamp allows us to see sun damage below the surface. This provides valuable information when determining the type of skin care treatment one might need to improve their skin.

In addition to having the proper skin care treatment plan for your own unique

situation, it is also important to constantly protect your skin. The best way to do this is to apply sunscreen every day, all year long. The most important factor in selecting a sunscreen is that it provides you with protection from both UVA and UVB light. All sunscreens have an SPF rating. This means "Sun Protection Factor." It is designed to give you some idea of how long you can stay in the sun without burning. For example, if you normally burn in 10 minutes without sunscreen and you've applied a liberal dose of sunscreen with an SPF 15, you should be protected from sunburn for 150 minutes. For optimal protection, we recommend applying sunscreen every hour when in direct sunlight. In addition to wearing sunscreen everyday, all year long, we suggest the following guidelines to protect your skin:

- Avoid the direct sun between 10 AM and 4 PM.
- Use SPF 15 or greater every day, all year long, and apply every hour when in direct sunlight.
- Protect yourself when near reflective surfaces like water, snow and glass.
- Seek shade whenever possible.
- Wear protective clothing and eyewear.

For more information about protecting your skin and treating the sun damage you may already have, please call us at **Estetica at 847-438-2100**.

Curves for Women Opens in Lake Zurich

Curves for Women, now open in Barrington for six months, is having great success! So much so, they've opened a new location in Lake Zurich. The 30-minute Total Body Workout, a combination of strength-training machines and aerobic-recovery stations, is helping women burn body fat and build muscle mass to increase metabolism. As a result, members are losing weight and inches.

Curves for Women looks at exercise and weight control as a learning process. They teach members to exercise and pay attention to good nutrition as a way of life.

Janet Faulkner, owner, says, "We brush our teeth everyday to keep them clean. If we stopped, our teeth would not stay healthy! It's the same with exercise and nutrition. They have to become a consistent part of our lives."

The program only takes 30 minutes, which anyone can do. We're all busy, but 30 minutes is "doable!" Add music to the scenario, and the fun begins. Women love

it, and they are getting results! They have over 3,500 locations in the world. When you join with a \$29-a-month membership, you have access to all the **Curves for Women** outlets in the world.

Women come in to lose weight and inches for cosmetic reasons, but there are many more benefits too. Faulkner says, "More important are the comments I hear like 'this is fun,' 'I'm sleeping better,' 'I have more energy,' 'it gets rid of stress,' 'my arthritis is better,' and 'I'm in a much better mood.' They are increasing their quality of life and their chances of lengthening their lives. That's big."

Women are caretakers, but as we learn to take a little time to take care of ourselves, it affects positively everyone around us!

Call for a free tour and figure analysis today! **Curves for Women** is now open in Barrington and Lake Zurich. Get curves now!

Volunteers Needed for Countryside Center Tag Days

The Friends of Countryside will sponsor Tag Days on August 2 and 3.

Friends is a support group of Countryside Center and has various fund-raisers throughout the year to raise money for equipment and improvements for the center, a not-for-profit organization based in Palatine.

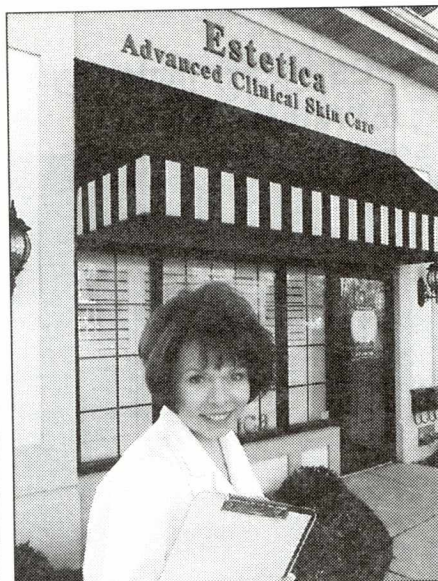
Countryside Center serves about 300 developmentally disabled people in Lake

and northern Cook counties.

People are needed to make two-hour commitments for tagging August 2 and 3 at various locations in Palatine, Lake Zurich and Buffalo Grove. Call Connie Meschini, director of Countryside Center, or Bev Ekstrom at 847-438-8799 to make a difference.

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in the area

Gypsies, Lovers & Thieves—a Barrington Lyric Benefit and a Great Party Treat for Father's Day!



The Soprano Boys of Barrington Chapter of Lyric Opera of Chicago invite you to Gypsies, Lovers & Thieves at Arlington Park's Traxside at 6 p.m. on Saturday, June 15.

A campfire will welcome guests to this jovial party with all complimentary beverages, roasted "bits 'n' bites" and an authentic Gypsy buffet. There will be continuous entertainment: wandering minstrels, mystics, tarot card readers, a slight-of-hand magician, fortune tellers, palm readers, photo ops with a belly dancer, a Soprano Boys surprise, simulcast horse racing and two unique fantasy horse races.

An extravagant live auction will include two weeks in Maui (travel included); an elegant Arlington Park Sky Suite with private balcony, wet bar and customized buffet; a fantastic toy bonanza, courtesy of Society's Child; select jewelry generously donated by M.J. Miller & Co.; The Notre Dame "Experience"; a Galena golf weekend for four; vintage estate jewelry; a five-foot high decorative parlor maid always ready to welcome your guests; and more coming daily.

Proceeds from this event will benefit Lyric Opera of Chicago's education programs.

Single Gypsies are welcome! Donation price is \$125 per person (\$40 tax deductible) or \$1,250 for a table of ten (\$400 tax deductible). Traxside is located at the northwest corner of Euclid Avenue and Wilke Road. Parking is free. Make checks payable to: BCLOC c/o Ed Plagemann, 463 East Oxford Road, Barrington, IL, 60010. For more information, call Jim McMonigal at 815-459-8646.

The benefit is chaired by Romeo E. Mura, Lake Barrington. Other Soprano Boys of Barrington Lyric are: Dennis Bohn, Northfield; Fritz Fredrickson, Lake Barrington; Bill Bird, Bartlett; Jim McMonigal, Crystal Lake; Ed Plagemann, North Barrington; and Jim Morehouse and Michael Sullivan, Barrington Hills.

To receive a discounted Saturday overnight stay at DoubleTree Club Hotel, call 1-847-359-6900. Mention that you are a "Barrington Lyric Gypsy."

For information on the BCLOC, please call George Obermaier at 1-847-985-0837.

Embark on a "Bug Safari" at Vacation Bible School!

Kids! Want to have a "bug blast" this summer? Then be sure to join Vacation Bible School 2002 for our "Bug Safari!"

From July 7 to 11, join the Barrington United Methodist and Salem United Methodist churches for a week of Bible-learning fun! Every night at 5:15 p.m., you'll make a beeline to Salem United Methodist Church, 115 West Lincoln Avenue in Barrington, where a child-friendly and pocketbook-kindly dinner will be served. Then from 6:00 to 8:30 p.m., you'll go buggy for the great Bible Point Crafts, team-building games, lively bible songs and tasty treats as you catch the buzz about God's love. You'll even participate in a mission project with nearly a million other North American children that will

reach needy children across the globe!

"Bug Safari" is great fun for children of all ages," said safari directors Lynne Richardson and Lou Ann Gordon. "Even teenagers will enjoy signing on as safari crew leaders who help younger children. And, parents, grandparents and friends are invited to join us each evening at 8:15 p.m., because that's when we'll be having Firefly Finale—a daily celebration of God's love you won't want to miss."

There will also be a stimulating Bible study on the Psalms for adults every night from 6:00 to 8:15 p.m.

Don't forget to mark July 7 through 11 on your calendar and call 847-381-1725 to register for this awesome Bible-learning adventure!

Wellness Challenge Golfers Tee Off on July 8

The Wellness Challenge 2002 golf committee, led by Dean Ligman and Win Kaczmarek, invites golfers of all skill levels to participate Monday, July 8, in the fourth annual golf outing for Wellness Place cancer support center in Palatine.

Enjoy the day with family, friends and business associates at this popular and well-attended event, with play scheduled on both Boulder Ridge Country Club in Lake in the Hills and Turnberry Country Club in the Village of Lakewood.

Sign up and practice begin at 10 a.m. The patio cookout luncheon will be from 10:30 to 11:30 a.m. before the shotgun start at 11:30 a.m. on the Turnberry course and noon at Boulder Ridge. Play will follow a net two-best-ball format and a new special event for women has been added this year.

Donation is \$350 per player, which includes green fees and cart, lunch and on-course beverages, participation in all events, cocktail reception and dinner at Boulder Ridge, and a player's gift. Proceeds will enable Wellness Place to continue to provide free-of-charge programs and services that minister to the psychological, social and educational needs of those who live with or are affected by cancer.

Hawking Helps Out

An added attraction of Wellness Challenge 2002 is the presence of entertainer and cancer survivor Ron Hawking, who will be the evening's master of ceremonies. He is known for his one-man musical tribute to Frank Sinatra and being the voice behind many familiar commercials, among them Charlie the Tuna.

Nongolfers are invited to join participants during the evening fun for a donation of \$95, beginning with cocktails and hors d'oeuvres from 5:30 to 6:30 p.m. at



Bev and Jack Fisher of Barrington lead a line of golfers to tee off at last year's Wellness Challenge golf outing to benefit Wellness Place cancer support and resource center. This year's event is set for July 8.

Boulder Ridge, followed by dinner, golf awards, and silent and live auctions.

Auction items include such attractions as a fishing excursion for six on Lake Michigan with Why Knot Sport Fishing Charter, foursome opportunities for play on various area club courses, box seats at either a Cubs or a White Sox game, two United Airlines round trip international tickets, and many others.

Wellness Place is grateful to Deloitte Consulting for their repeat role as a course sponsor for Wellness Challenge. In addition, Paul Tamraz of Motor Werks of Barrington will place two Mercedes automobiles on each course as a prize for hole-in-one strokes of luck. Many other individuals and businesses are also contributing in a substantial way to the sponsorship efforts, including WGN Radio 720, Pat and Vince Foglia, Wickstrom Ford, and Myrna and Stu Porter.

It's not too late for your participation! For further sponsor information (platinum, \$5,000; gold, \$2,500; silver, \$1,000; sponsor recognition, \$500) or additional player information, please contact Mary Ann Roeser, Wellness Place development director, at wellnessplace1@aol.com or call 847-221-2400.

10th Annual Annie's Attic Garage Sale

The 10th Annual Annie's Attic Garage Sale will be held June 28, 9 a.m. to 8 p.m., and June 29, 9 a.m. to 2 p.m., at the St. Anne Church, 120 N. Ela Street in downtown Barrington, Ill.

This garage sale features antiques, furniture, boutique items, jewelry, clothing, housewares, home accessories, lawn furniture and equipment, electronics, bicycles/sporting goods, and books. Special events include the Homemade Pizza and Bake Sale on Friday, a concession stand on Friday and Saturday, and \$3 bag sale in selected areas on Saturday. Admission is free.

All of the proceeds from this garage sale help fund Project Hope, a nonprofit organization established in 1986. The group supports persons and families, Catholic and non-Catholic, in the Northwest Suburbs who are experiencing an



Sr. Lorraine Menheer, Director of Project Hope

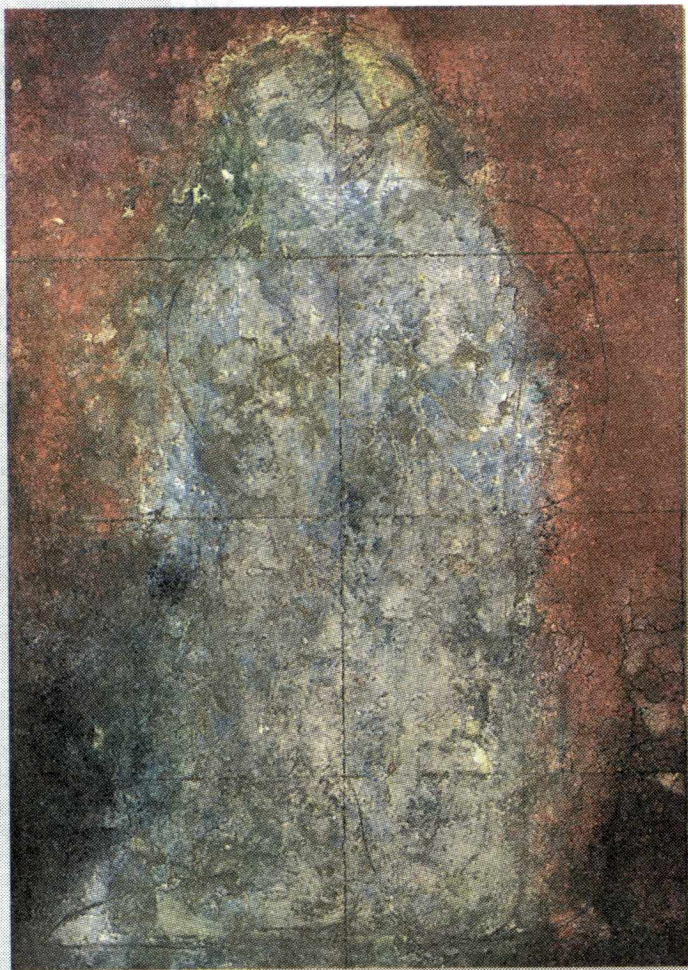
emergency crisis. Project Hope's mission is to help people and families to live with dignity, be self-sufficient, and empower them to be more independent.

For more information, call the Project Hope office at 847-381-5721 or check us out on the Web at www.stannebarrington.org.

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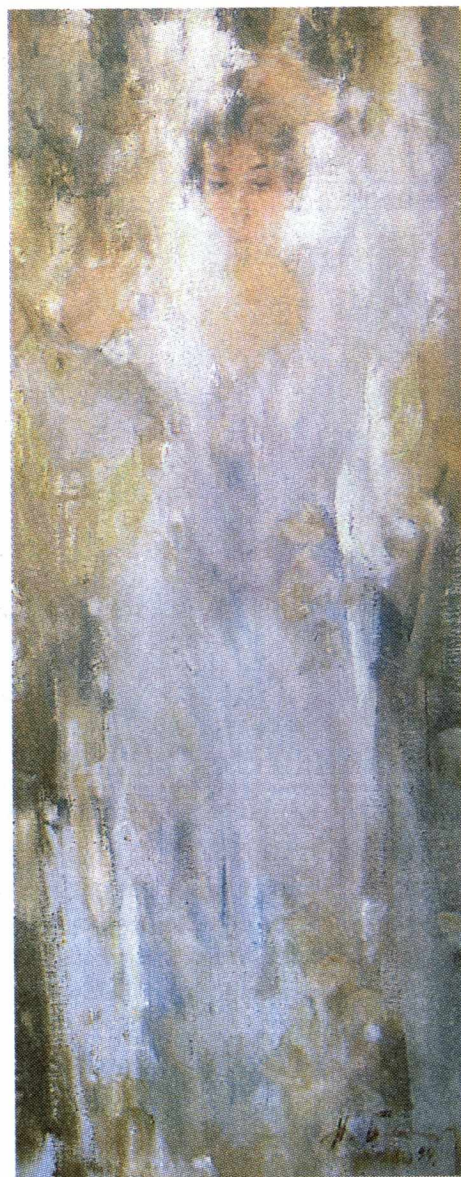
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- ✓ Recognize this is a normal stage of life
- ✓ Address physical matters and hormonal issues directly
- ✓ Assess what is good in your life
- ✓ Assess what is not good in your life
- ✓ Make a game plan to change what you don't like
- ✓ Remember that this too shall pass

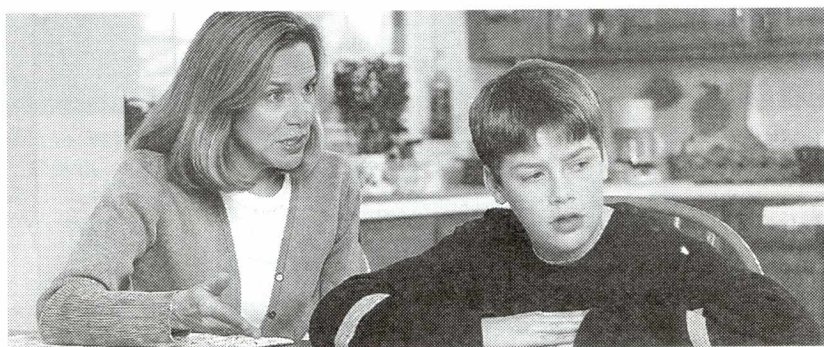
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BARRINGTON

Special Events at Health World Children's Museum

• **Family Flag Day, Saturday, June 8, 11 a.m. to 2 p.m.**—Create your own family flag and join our parade through Safety Town. Help us create a U.S. Flag Day mural in the oak forest. Wear red, white and blue and receive a \$1 off the price of Health World admission.

• **Summer Safety Day Kickoff and Barbecue in Health World's Safety Town, Saturday, June 22, 11 a.m. to 2 p.m.**—Learn about water, sun, bicycle and weather safety. Create an ultraviolet detection bracelet (cost is \$1 for nonmembers or 50¢ for members). Make sure to stay for lunch as our chef cooks burgers

and hot dogs on the grill!

• **Ice Cream Social with a Back-to-School Fashion Show, sponsored by the Health World Youth Advisory Committee, Saturday, July 13, noon to 2 p.m.**—Sniffer, the Health World character, will be joining the fun. He can always "sniff out" great ice cream! And the Youth Advisory Committee will be modeling hot back-to-school fashions. Wear your favorite back-to-school outfit and join the fashion parade!

• **Family Fitness Wacky Walk and Picnic, Saturday, July 27, 11 a.m. to 2 p.m.**—Experience the Health World wacky fitness

Midlife Madness: The Male and Female Perspectives

by Judy Kaplan, MS

Upon approaching midlife, most people believe that "they should have it all together" or "they should be happy," but something is just not right. Usually, men and women feel they have worked hard up until this point, and life should be easier or more satisfying. It has been my experience, having arrived at midlife myself, that midlife includes a very predictable set of feelings, experiences and occurrences. It is a time that often reflects the emotional turmoil of adolescence. But to most people, these feelings and emotions come as a complete surprise, creeping up on them in the most disturbing ways.

The category of "Midlife Crisis" used to be reserved for men who began a shift in lifestyle. With graying temples and a yearning for the youthful zest again, there is an image of Harley-Davidson motorcycles, young women in tow, and the push to leave responsibilities and obligations behind. Some men catapult midlife issues upon their families, leaving them to wonder what happened. After years of working on careers and supporting families, burnout occurs sometimes. In other cases, when careers have not blossomed as hoped for and the possibilities are becoming less likely, depression can set in. Some men just want to feel young again. They want to experience the heightened sense of sexuality and feelings of desirability. Though all situations are different, the underlying issues are similar. Time is marching on, life is changing, and our outward appearance and our internal emotions are changing. Midlife becomes a time to assess whether or not we are happy or disturbed by the road ahead. It is a time for adjustment and making new

plans.

Midlife crisis has affected the female population in many of the same ways. Often, women, having nearly completed raising their families, feel a sense of freedom and excitement to try new things, develop a career, go back to school or take up new activities. This surge of energy and interest can be detoured by hormonal issues, changes in appearance, resistance by other family members or fear. Most women at this stage want to experience the romance, attentiveness and support of the men in their lives. They, too, want the youthful feelings of sexuality and desirability. It is a time when many women wonder what might have occurred had they chosen a different path for their lives. In many cases, there is disappointment about what wasn't achieved and confusion about how to achieve what is wanted in a shorter amount of time. Our culture has taught women to believe in fairy-tale lives and romances and, in reality, our lives don't often reflect those images.

It is a challenging time for both men and women. And there is a huge population out there of baby boomers turning into midlifers. This is a transitional state of mind and, in time, the dilemmas will pass. In many instances, sharing your thoughts, feelings and concerns about this time will help you realize the normalcy of it all. Sometimes counseling will help. Empowering yourself with knowledge, adjustment strategies and plans of action will help too. I would love to be of assistance if you are at this particular point in your life. Call 1-847-842-9365.

Raise Good Readers All Year Long

So much emphasis is placed on the importance of children continuing to read over the summer that it is easy to forget that pleasure reading—picking up a good book for the sheer delight of a good story—is an essential school-year activity as well.

For too many children, the joy of reading fades as the importance of knowing every single character of *Great Expectations* fills their heads. When you're struggling to comprehend Shakespeare, it's hard to remember that Judy Blume must have been reading your mind when she wrote *Are You There God? It's Me, Margaret*. Suddenly, reading is work. And if it's work, it can't be fun, right? Of course not. But your children might not know that unless you show them. Here are a few simple things you can do to make sure your children are good readers all through the year.

1. Make sure your children see you reading, not just the newspaper, but short

stories, plays, novels... whatever you enjoy.

2. Continue those regular trips to the library. Don't wait until a homework assignment makes it a necessity.

3. Initiate as much discussion about "pleasure" books as you would those assigned for class. You can also use assigned reading to introduce additional books.

4. For younger children, don't let school reading take the place of bedtime stories. Children love to be read to.

5. Finally, make sure there is a time for reading in your children's busy days. Don't schedule a specific time to read. Do make sure they are not involved in so many sports and after school activities that reading for pleasure is truly impossible.

These suggestions are from **The Huntington Learning Center**, located in The Foundry of Barrington. Call 1-847-382-3655.



path on the grounds and put yourself to the fitness challenge. Bring a family picnic to enjoy in Safety Town (weather permitting). Box picnic lunches will also be available for purchase.

• **Sports Safety and Team Spirit Day, Saturday, Aug. 10**—"Take Me Out to the Ball

Game" is the theme of the day. Dress up in honor of your favorite sports team and enjoy ball-game cuisine of hot dogs, popcorn and ice cream. Learn about bicycle and skateboard safety. More information on this event will be forthcoming in future articles.

Fast Food, Three Kids and a Body 2 Die 4! (With a Little Fitness on the Side)

"Anyone can do it! Everyone should do it! Being fit and healthy inside and out is all about finding fun and fulfillment in a focused fitness regimen; I'm living proof!" proclaims admitted fast-food junkie, mother of three, personal trainer, and body and soul fitness specialist **KD DeVuono**.

KD's unique, extraordinary, motivating approach to fitness has already helped so many exceed the health and fitness goals they never dreamed possible. As former director of the fitness program for Powerhouse Gyms/Extreme Fitness and as a certified personal trainer, KD has helped people of all fitness levels get exceptional results in weight loss and body toning by combining highly focused strength training and cardiovascular conditioning with the "fun factor" that she is uniquely qualified to provide. "If you don't love it, you won't do it—having fun is a vital and necessary component for fitness!" KD's long list of happy clients agrees.

Beyond certifications and training in a multitude of fitness disciplines, including Pilates, step and interval weight training, KD is an avid proponent of yoga and me-

diation. KD received specialized training in Egypt from spirituality and metaphysics masters Dr. Deepak Chopra and Dr. Wayne Dyer. "Effective use of yoga, proper mind/body centering, stretching and meditation are at the heart and soul of fitness, health and happiness," KD says. "The benefits go far beyond physical well-being."

- Slim down, shape up and tone trouble zones!

- Increase energy and reduce stress!

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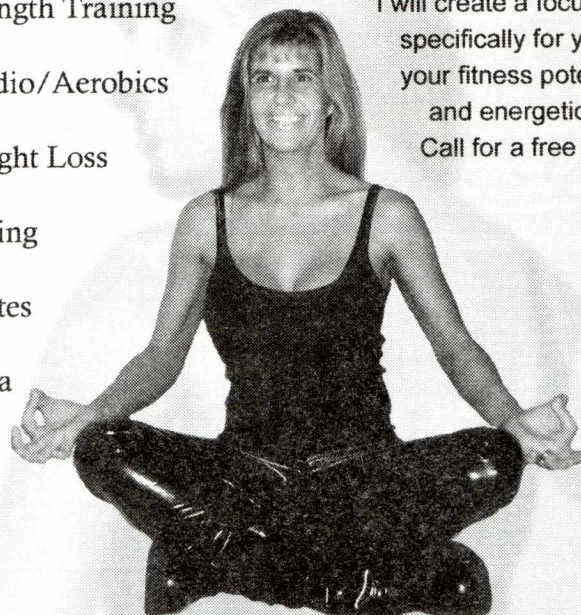
KD is available to provide customized personal training for individuals and small groups in the privacy of your own home. "Let me help you take life-enhancing steps towards creating optimal physical health." Call today at **1-847-791-6852** for your **free consultation and first workout**.

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Ultrasonic Acne Treatment

Three Out of Four Teenagers Have Acne

Acne is most prevalent in adolescence (peak acne years are 14 to 17 in females and 16 to 19 in males) because hormonal changes stimulate oil-producing glands and increase oil production and the chance of acne. Three factors contribute to the formation of pimples or cysts on your face, neck, chest and back:

- Overproduction or increase in production of sebum
- Irregular shedding of dead skin cells
- Buildup of bacteria

Normally, the cells that line the hair follicles are shed (approximately every 28 days) as new cells take their place. The dead cells combine with the oil or sebum produced to lubricate your hair and skin, and work their way to the skin's surface where they can be washed away. Some follicles accumulate dead cells, mix with more oil and bacteria, and then form a plug. Acne is a chronic inflammatory disorder of the skin that occurs when the hair follicles become plugged. This plug may block the pore, preventing oxygen from getting into the pore, which allows the bacteria to grow. In severe cases of acne, the skin is inflamed, extremely sensitive and difficult to treat without discomfort.

Though most cases of acne tend to clear up on their own eventually, there is treatment available to help relieve the pain and embarrassment in the meantime. Ultrasound has become a significant advance in serious skin care and the treatment of acne skin conditions.

Ultrasonic Acne Treatments

Ultrasonic acne treatments help to heal the skin from within by means of a non-irritating and soothing technique that has achieved remarkable improvements in acne patients. These treatments present a number of positive effects that facilitate



**Susan Ledgerwood,
Licensed Aesthetician**

rejuvenation to improve the appearance and health of the skin. The thermal effects increase local temperature, which stimulates blood flow to the area, bringing with it more oxygen and nutrients for healing. Another benefit of increased blood flow is an increased lymph flow, removing toxins and waste products. Ultrasound also helps increase the rate of chemical reactions in cells to facilitate healing, decrease the local pH and increase the permeability of skin cells—effects that favor the penetration of active ingredients applied to the skin. Facial treatments using ultrasound are only available in a medical facility and are gentle, safe and achieve fast efficient results.

Microdermabrasion and Chemical Peels

Once the inflammation is reduced, treatments such as microdermabrasion and chemical peels can be used to reduce the buildup of dead surface cells, preventing new plugs from forming. These treatments can also reduce the appearance of acne scarring. Use of products such as lightweight, oil-free moisturizers and sun blocks are essential to maintain hydration and protect the skin from additional irritation.

Our goal is to offer a program combining "in-office" treatments along with an "at-home" regimen utilizing products with

(Please continue on page 51)

THREE OUT OF FOUR TEENAGERS HAVE ACNE.



Photos courtesy of Physician's Choice®

**WHY NOT SPEND THE SUMMER WORKING,
ON IMPROVING THE CONDITION OF YOUR SKIN.**

UltraSonic Acne Treatments

help to heal the skin from within by means of a non-irritating, soothing technique. This treatment combined with

Microdermabrasion and/or Chemical Peels

has achieved remarkable improvements in acne skin conditions. A complimentary skin evaluation will determine the personalized treatment plan that is best suited to your needs.

Please call (847) 277-1440 to make your appointment.

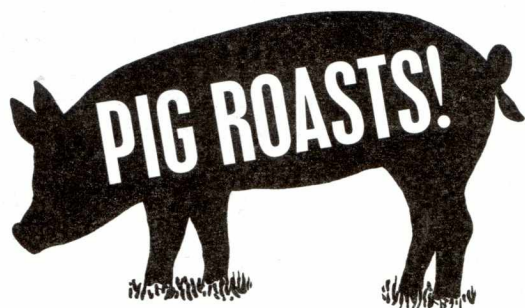
Testimonial from a 13-year-old client

"Since I started treatments, I can feel my forehead again. It's no longer rough and bumpy. For the first time I was looking forward to having my school picture taken."

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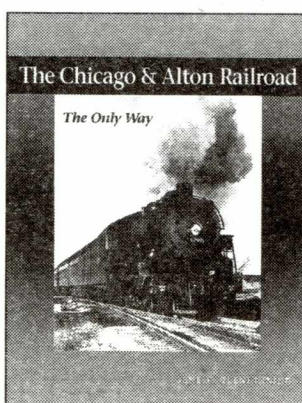
10-5 Monday-Friday, 10-4 Saturday 847.255.2500

The Chicago & Alton Railroad— The Only Way Book Discussion

Local author and Barnes & Noble book-seller Gene Glendinning will be discussing and signing his first book on Sunday, June 9, at 2 p.m. at the Barnes & Noble Bookstore in Deer Park, 20600 N. Rand Road.

This important chapter in the history of Chicago transportation is well documented and described in this great title, published by the Northern Illinois University Press.

Meet the author in this free event. For more information, contact Marianna Zeidler, 847-438-7887.



For the Highest Quality Meats

For more than 22 years, **Heybeck's Market** in Palatine, or our sister store, **Meeske's Meats** in Barrington, has taken pride in offering the absolute highest quality meats, poultry and pork available. From retail to wholesale and summer

festivals to outdoor barbecues and pig roasts, our stores' staff will tend to your every need.

We handle outdoor events ranging from 20 to 1,000 people. For details and tailored menus, call Brett at **1-847-358-3820**.

Home Accessory Store in Arlington Heights



Callalily Fine Home Accessories opened its doors in 1999 with a wide assortment of high-quality home accessories. Susan Presutti and Bonnie Chaput, both interior designers, are co-owners. After years of accessorizing homes in the northwest suburbs, they realized a need for a store dedicated to accessories and staffed by experienced designers. They will work with customers to select and place acces-

sories that complement your existing furniture. Many manufacturers' catalogs are available for ordering that 'just right' item.

Callalily Fine Home Accessories is located at 10 S. Dryden in Arlington Hts. in the Arlington Market. From Rte. 14, approximately ½ mile east of Arlington Heights Rd., turn north on Dryden St. and go one block. Call **1-847-255-2500**.

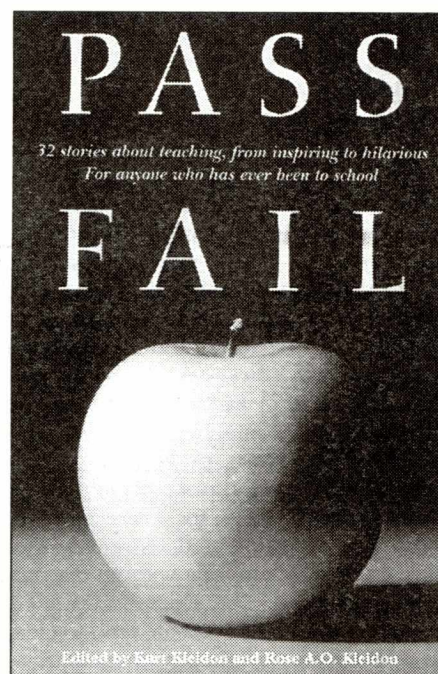
Local Author Featured in New Book

James Hein of Lake in the Hills, Ill., is one of 27 authors whose work was selected via the Red Sky Books Writing Competition to be published in a new anthology titled *Pass Fail*. Hein is a tutor for the Fiction Writing Department at Columbia College in Chicago.

An anthology of fiction, nonfiction and poetry, *Pass Fail* is written by teachers who are also recognized authors. Selections for the book were made through a national writing competition juried by editor Rose Kleidon and four University of Akron English professors, Robert Dial, Ph.D.; Sally K. Slocum, Ph.D.; James D. Switzer, M.A.; and Sheldon Wrice, Ph.D.

Hein, whose contribution to the anthology is an off-the-wall satire titled *Tutoring with Richard*, is currently working on a novel titled *For the Love of the Dead*. His work has appeared in a number of journals, including *Spire Magazine*, *Poetry Motel*, *Xpressions Journal*, *Hare Trigger* and *Bowwow*.

Pass Fail is "an emotionally charged book that explores the complex and varied relationships between teachers and students." The authors give the reader an insider's view of every sort of issue in education, from violence and racism to a simple failure to connect.



"This is a laugh-and-cry book," says Kleidon, "but it is also filled with insight and substance."

Pass Fail was published by Kleidon Publishing, Inc., of Akron, Ohio. It is available through Amazon.com and can be ordered at local bookstores.



Firehouse Fine Arts Offering 20% Savings in June

Ignite your inspiration at **Firehouse Fine Arts!** We specialize in original artwork and gifts for unique tastes and one-of-a-kind shoppers. The gallery displays original artwork of over 40 artists, which is just a sampling of artwork for sale. We also offer portraits in all mediums as well as commissioned work. Just let us know your taste, style and needs, and we will work with you to provide the best pos-

sible selection for your home, office or gift selection.

New artwork has just arrived in time for summer savings. Present this ad to receive a **20% discount** on all purchases during June. Also, summer art lessons begin in June. For details, give us a call at **815-477-0801**.

We are the "surprise" north of the tracks in downtown Crystal Lake.

The One-Person 401(k) Plan A Good Choice for Today's Self-Employed

The passage of new tax and pension legislation has made possible the one-person 401(k). The provisions offer a number of changes, but the 401(k) contribution and deduction changes for a single-person business are the most dramatic. William Allen and Debra Schoendorf, financial consultants with **Salomon Smith Barney** in Barrington, describe the one-person 401(k) plan.

With a one-person 401(k), you decide how much, if anything, you wish to contribute each year. The 2002 contribution limit for a one-person 401(k) is \$40,000 (or \$41,000 if you are 50 or older). The one-person 401(k) may permit higher contributions than other retirement plans, such as Simple IRAs, SEP IRAs and Keoghs.

A one-person 401(k) is appropriate for corporations, partnerships, sole proprietors and nonprofit entities run solely by one or more owners and their spouses. All contributions are fully income tax deductible for your business. Your contributions may be invested in virtually any investment, including stocks, bonds and certificates of deposit.

Assuming the 401(k) covers only you, the business owner, and your partners and spouse, many administrative and record-keeping requirements do not apply. This could reduce or eliminate related fees and expenses. When your 401(k) balance reaches \$100,000, you will have to file an annual return with the U.S. Department of Labor. Your CPA or tax advisor can easily prepare the required annual filing.

Should you hire employees at a later date, you'll have to offer those age 21 and older the opportunity to participate in your 401(k) after completing one year of service. The plan would now require administration, record keeping and investment monitoring to comply with government regulations. You can stop your 401(k) at any time. So, while you're on your own, the one-person 401(k) is a good option to consider.

*Please contact your financial advisor for more information regarding one-person 401(k) plans. **Salomon Smith Barney** does not provide tax and/or legal advice. Please contact your tax and/or legal advisor for such guidance.*

Barrington Infant Welfare Installs Newly Elected Officers



Members of Barrington Infant Welfare Society: (from left, seated) Liz Rodosky, Silvia Weinert, Penelope Knopik, Jerilyn Ugaste, Irene Kramper, Cindy Zipparro, (standing) Margie Ban, Elise Detterbeck, Dottie Rzeszutko, Debbie Greene, Dixie Malek, Paula Bartlett, Lisa Schor, Donna Milne, Sharon Kantanen and Sharon Lundstrom.

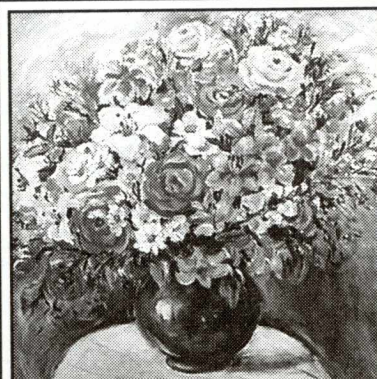
The Barrington chapter of Infant Welfare Society of Chicago installed 2002-2003 officers at their May 22 meeting. Serving this year's term are Jerilyn Ugaste, president; Cynthia Zipparro, first vice-president membership; Lisa Schor, second vice-president projects; Irene Kramper, recording secretary; Debbie Greene, corresponding secretary; and Liz Rodosky, treasurer.

The meeting was held at the Geneva National Golf & Country Club in Lake Geneva, Wis., followed by lunch, golf and

boating.

Our summer projects include a career day at the downtown clinic on June 15 and Adventure Club on July 27 where 20-to-30 children will enjoy a day of fun in the country—our Barrington country.

If you are interested in becoming a member, attending our meeting on Sept. 25 or learning more about our organization, please contact Cindy Zipparro, membership, at 847-277-9392 or Jerilyn Ugaste, president, at 847-566-5333.



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Summer Art Lessons begin in June.
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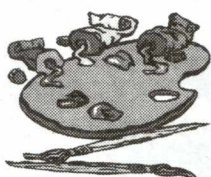
Tues, Wed, Sat: 10 am - 5 pm

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Cassandra's of Long Grove Gift Gallery of Home Accents Now Features Art Classes



In this time of hustle-bustle and no time for yourself, why not take a few hours to create some dreams? Add to your "personal palette" with art classes in oil painting. What a treat!

Art teacher Dominick DePaolo shares his wet-on-wet technique to send even the never-trained budding artist home with a finished canvas after each of the four, two-hour weekly sessions. What a thrill! Students leave gratified and eager to return for the next lesson. Makes a great gift, and gift certificates are available! All

canvases, paints and brushes are provided in the beginning oil class, providing four finished canvases, at \$225.

Visit our shop. See a class in session. View the paintings. Talk to the artist. Call for more class dates and prices.

Cassandra's of Long Grove is located at 130 Old McHenry Road in downtown Long Grove. Call **1-847-634-2920** or visit www.cassandras.com. Don't wait! Pick up the phone or give us a click now! You're never too old to dream like this!



Red Oaks' Annual Tent Sale

One Day Only—

Saturday, June 22, 10am to 5pm

Savings from 50% to 80%

Red Oaks home furnishings in Long Grove, Illinois, will be holding its largest sale event of the year on June 22. Each year during Long Grove's *Strawberry Festival*, Red Oaks puts up tents and fills them with furniture and accessories at 50% to 80% below the original selling prices. Most of the pieces selected are discontinued items or former showroom samples—some brand new 'from the box' and others with minor dents and dings. It's a fun time to look for a special treasure and later stroll the town enjoying other festival events.

Red Oaks has held their annual *Tent Sale* for over 20 years. Long-time value hunters often come early to watch as merchandise is brought from the warehouse. The sale officially opens at 10:00 a.m. and shoppers are quick to make their way to a favored item to lay claim. Each year the sale has a unique mix of products, depending on the inventory on hand. Some years have featured lots of upholstery and other years have been dominated by tables and cabinets. In addition to furniture, Red Oaks also includes prints, accessories, gift items and silk flowers in the sale.

You should be prepared to haul away your purchase. Delivery of large furniture items can be arranged at additional cost.

RED OAKS

340 Old McHenry Rd., Long Grove, Illinois • 847-634-3044

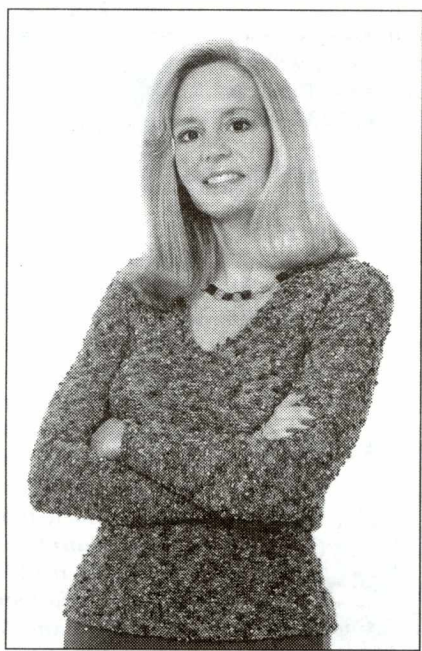
Hours: Monday through Saturday 10:00 a.m.-5:00 p.m. • Sunday 11:00 a.m.-5:00 p.m.
www.redoaks.com

Sophisticated Women's Fashions

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Long Grove

Mary Anne's Closet carries the latest fashions for the woman who enjoys being unique. Some highlighted lines are Fabrizio Gianni flat panel trousers, Rayure blouses from Paris, Drama eveningwear, Caryn Vallone—designer of one-of-a-kind sweaters and tops, and Andria Lieu soft knits—made for wrinkle-free travel on business trips or vacations. Many classic coordinating accessories are also available to complement any outfit.



"SO COME VISIT ME IN MY CLOSET."

Mary Anne's
Closet

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Located in the Courtyard of the Mill Pond Shops

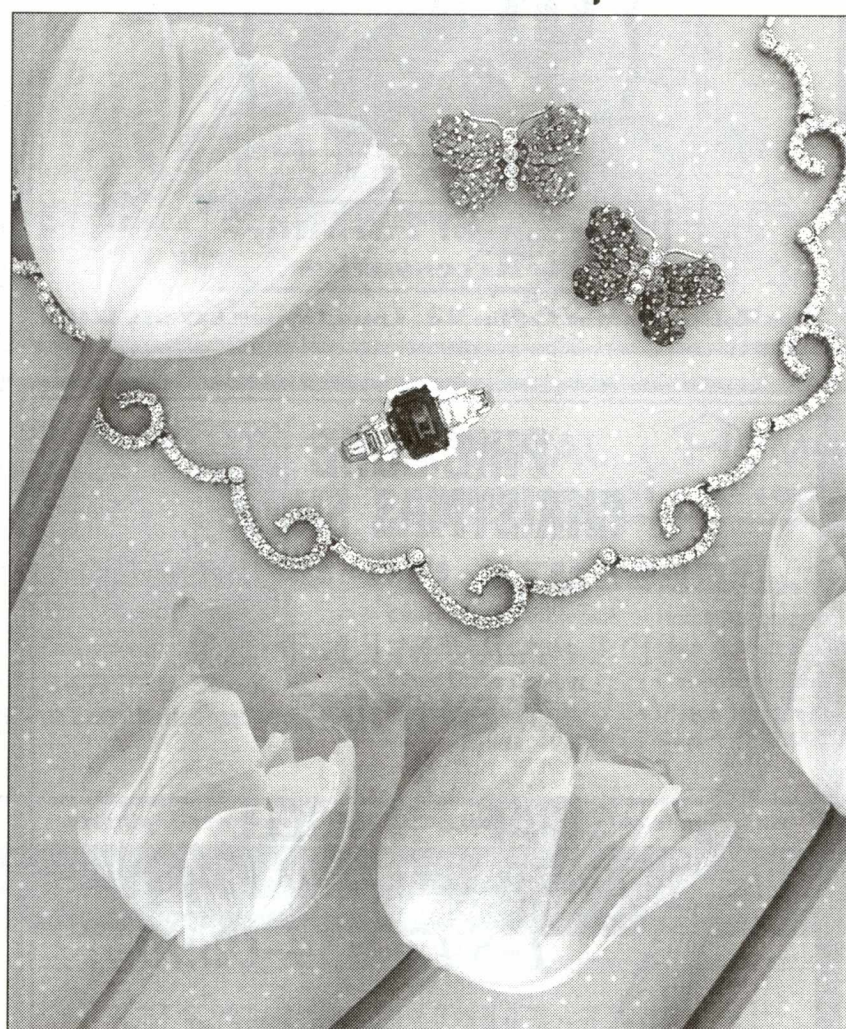
249 Robert Parker Coffin Road
Long Grove

847.913.9132

Open Tuesday, Wednesday, Thursday 10 a.m. to 5 p.m. Friday 10 a.m. to 7 p.m.
Saturday 10 a.m. to 5 p.m., Sunday 11 a.m. to 5 p.m.

10% GRAND OPENING Discount
on your next purchase with this ad

Celine Fine Jewelry—Wearable Masterpieces



Celine Fine Jewelry has quickly become well known for jewelry design in the Chicagoland, Wisconsin and Indiana areas. Founded in 1995 by its present owner, Celine's has been creating masterpieces for over 15 years. Although the company is young, the founder's years of experience have given Celine's the same qualities of a much older, more established store.

The creative process begins with the selection of materials of the utmost quality—the purest diamonds, the finest precious stones, the most luminous pearls—all carefully chosen in their countries of origin. The gems are transformed into perfect cuts by the world's leading gem cutters and then combined into innovative designs to produce the unique style that is unmistakably Celine's.

We are able to meet most people's needs in every price range due to our manufacturing capabilities. We also have wonderful values in loose diamonds—we bypass diamond brokers by obtaining our diamonds directly from cutters in Belgium—in everything from small to large sizes.

Celine is again traveling over the upcoming month to purchase diamonds in Belgium and other precious stones from their places of origin in order to give you the most competitive price.

In addition, Celine's is excited to announce and show their new Swiss line of designer sterling silver jewelry along with their exquisite line of Italian designer sterling silver jewelry set with semi-precious stones.

We invite you to come and enjoy some of the most wonderful gems and fabulous jewelry ever created.

Celine
Fine Jewelry, Ltd.

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238 Robert Parker Coffin Rd., Long Grove • 847-913-1740

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Barrington Area Council on Aging, Inc. Programs and Services

The Barrington Area Council on Aging, Inc., or BACOA, offers a variety of programs and services:

- **Senior Lunch & Activity Program:** A hot noon meal is served on Mondays at Langendorf Park and on Thursdays at Greencastle of Barrington for a suggested donation of \$2.75 per meal. To register, call 847-381-5030.

- **Educational and Enrichment Program:** The council offers programs on most Mondays at 12:30 p.m., following the lunch served at Langendorf Park. Additional programs are offered in conjunction with other community organizations and are held at various locations.

- **Meals With Wheels:** A hot, nutritionally balanced noon meal is available for delivery Monday through Friday to homebound seniors living in the Barrington area. A home visit and assessment, along with a doctor's written order, is required prior to participation in the program.

- **Information and Referral:** Council staff provide callers with information on services such as housing, home care and transportation as well as social and recreational opportunities.

- **Outreach and Support:** The council has staff who can make home visits to assess seniors' needs and assist them in being linked to appropriate services.

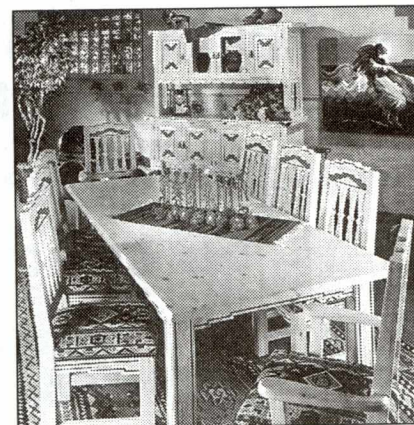
Add Southwest Flavor to Your Home

Looking to add some southwest flavor to your home? Then stop by **Coyote Moon Traders** and view custom hand-carved solid-wood furniture, handcrafted in New Mexico in styles that range from old Santa Fe to contemporary.

Accessorize your home in southwest style with lamps, pottery, rugs, wall art and kitchen and bath décor.

If lodge is more your taste, **Coyote Moon Traders** also carries Aspen Log furniture and accessories.

Located in historic Long Grove below Long Grove Soap & Candle Co. at 238 Robert Parker Coffin Rd., **Coyote Moon Traders** is open seven days a week. Call 1-847-913-1740.



The Capilla Dining Room Group and Buffet/Hutch

Pine Cone Christmas Shop Open House and Department 56 Swap-N-Sell

It's village "Open House" time at the **Pine Cone Christmas Shop** in Long Grove.

Mark your calendar for **Saturday, June 15**. Visit us from 9 a.m. to 5:30 p.m. We welcome all village addicts and those who want to know what the obsession is about.

For avid collectors, our **Swap-N-Sell**, filled with village retired pieces, will be open 9 a.m. to 2 p.m. under the Big Top in Fountain Square. Call 1-847-634-0890 quickly to reserve your table.

Adding to the excitement: for any customer who purchases \$50 or more worth of full price merchandise on June 15, we will give that customer a \$10 gift certificate to be used that same day on nonsale items. One gift certificate per customer. Sales items excluded.

The celebration continues in the store with 20% off all in-stock accessories. (Hal-



The Spooky Schooner

loween and porcelain/ceramic excluded.) New mountain creek sections, tinsel ball trees, landscape sets, gumdrop lamps, fences, and walls are available to enhance your displays.

Discover Department 56's expanding Halloween line of haunted houses, bewitching characters and screaming goblins. *The Shipwreck Lighthouse* with animated ghost, limited *Spooky Schooner* and the *Haunted Fun House* gift set are all new and ready for adoption into your display. To further enhance the spooky scene, there are 17 new accessories.

Mitchell Darch, our knowledgeable Department 56 Representative, will be at **Pine Cone Christmas Shop** from 10 a.m. to 2 p.m. to answer your questions and listen to your comments.

For more information, call us at 1-847-634-0890.



Wrigley Field



- **In-Home Emergency Response Systems:** The council provides information on Emergency Response Systems.

- **Caregiver Support Group:** Support and informative programs are provided the first Wednesday of each month for caregivers. Meetings are held at the Barrington Village Hall, Community Meeting Room, 200 South Hough Street, from 7 to 9 p.m.

- **Caregiver Education:** The course uses the "Powerful Tools for Caregiving" curriculum and consists of six 2½-hour sessions. It helps participants reduce stress, improve self-confidence, better communicate feelings, balance their life, increase their ability to make tough decisions and locate helpful resources.

- **Care 2 Share Program:** Volunteers are

needed to visit with a senior citizen for one hour per week to share companionship. Volunteers may help with letter writing, reading, errands or simply visit with their senior.

- **Speakers Bureau:** Council staff is available to provide programs on the aging network, community resources that support older adults, housing options for seniors, the normal aging process, etc.

For more information on BACOA programs or services, call 847-381-5030.

The Barrington Area Council on Aging, Inc., is a private, not-for-profit organization. Its mission is to promote the independence, dignity and well-being of older adults in the Barrington area.

BEAUTIFUL HOMES & GARDENS

Special Seasonal Section



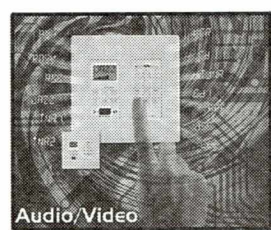
The Latest in Home-Automation Design

Digital Home Technologies' showroom center in Palatine is showcasing the latest in technology and demonstrates how the company integrates these systems into every home they service.

"Our design center is a showpiece that entertains, informs and educates our clients, builders and architects on how even a basic structured wiring system can make their home truly state-of-the-art, not just for today, but for many years to come," says John P. Goldenne, president of Digital Home Technologies of Palatine.

Digital Home Technologies provides customers with the very latest in home-automation design, whole-home audio, automated lighting, integrated security-camera systems, central vacuum systems, intercoms, digital home-theater systems and home-office computer networks. Contact them at 1-847-776-5063, www.digitalhome.com or visit their showroom at 346 N. Northwest Hwy. in Palatine.

Digital Home Technologies provides customers with the very latest in home-automation design, whole-home audio, automated lighting, integrated security-camera systems, central vacuum systems, intercoms, digital home-theater systems and home-office computer networks. Contact them at 1-847-776-5063, www.digitalhome.com or visit their showroom at 346 N. Northwest Hwy. in Palatine.



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Visit Our Showroom At: 346 N. Northwest Hwy - Palatine, Illinois

There is no substitute for experience and service.
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Specializing in Residential Design

Keekstudio, a local interior design firm, has been in business since 1996, helping residential customers renovate, update or simply change the look and feel of their homes.

Principal designer and owner Kiki Luthringshausen specializes in residential design but occasionally takes on corporate projects. Her work was featured in the Inverness House Walk 2000.

Keekstudio makes it a point to adapt its design style and the way it handles projects to the needs of the customer.

"Some customers simply don't have the time to participate, and that's fine," says Ms. Luthringshausen. "They may have a style in mind and just want us to get it done. We bring them our samples, portfolios and design proposal to make it easy. Then, once the client has decided what (s)he wants, Keekstudio finds the right product and has it delivered and installed. Other clients want to be involved and participate in the process from A to Z. In some cases, Keekstudio even designs custom furniture to meet the needs of its clients."

Either way, Keekstudio serves the local market of interior design and has found a way to consistently satisfy clients with a variety of tastes and needs.

"Ninety percent of new projects are referrals from previous clients," says Ms. Luthringshausen.

For more information, contact kiki@keekstudio.com or call 1-847-438-4399.

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Life too complex? Simplify with Closet Masters. Organize your closets, home office, pantry, utility room and garage. When your surroundings are organized and in order, it removes one of our everyday causes of stress—confusion.

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A new product for Closet Masters is the Wall Bed—a real bed, hidden when not in use behind an attractive cabinet. It easily pulls down to provide a comfortable rest for your guests. Available in twin, full or queen sizes. The queen only takes 66" of wall space. Drawers and shelves can be added to the sides of the cabinet.

Call Closet Masters at 1-847-669-7015 and simplify your life.

Four Season Garden Club Celebrates Summer

Four Seasons Garden Club celebrates the advent of summer as members gather to share food and divisions from their gardens on June 4 at 9:30 a.m.

This annual late spring brunch and perennial exchange offers members a welcome chance to socialize and share food, recipes and the growing abundance of their gardens.

Contributions to the club's funding are happily accepted in payment for plants provided.

The club holds this annual exchange at a member's home. It is the final meeting of the season until September.

The club holds this annual exchange at a member's home. It is the final meeting of the season until September.

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All materials and manufacturers are available to us so that we assure our customers the highest quality installation. We back this with our five year warranty. Our consultation and estimate is free of charge.

We invite you to visit our Web site at www.burkelandscaping.com. Schedule your appointment at **1-847-381-6267**.

Green Thumbs Garden Club

The Green Thumbs of Barrington Garden Club will have their final meeting for the season on June 17. Plans for the meeting include tours of members' gardens and a

luncheon. There will also be a brief business meeting to elect officers for the coming year. Details can be obtained by calling Joan at 847-526-7537.



Decorated Model OPEN!

Elegance, Simplified

Premier Property Group, Inc. is excited to announce that our fully-decorated model is complete. Come view the elegant yet comfortable lifestyle that Premier Property Group, Inc. has designed for you.

TerraVilla is a community of 52 maintenance-free ranch villa homes. These quality-built villas are designed to meet the needs of those who are downsizing to homes better suited to their new lifestyle.

All homes are ranch designs and come with quality standard features that typically are upgrades. Standard features include a fully landscaped lot; full English lookout lower levels; decks; air conditioning; hardwood floors in the foyer, hall and kitchen; granite countertops in the kitchen and baths; fireplaces; whirlpool tubs; tray ceilings; and elegant casings and crown mouldings. It's all these extras that come standard that will make you fall in love with the homes of **TerraVilla**.

A homeowners association will provide lawn care, snow removal and maintenance of the exteriors of the homes and common areas. The maintenance-free lifestyle allows buyers time to enjoy life's pleasures.

Shopping, dining and Metra trains in Crystal Lake are just minutes from **TerraVilla**.

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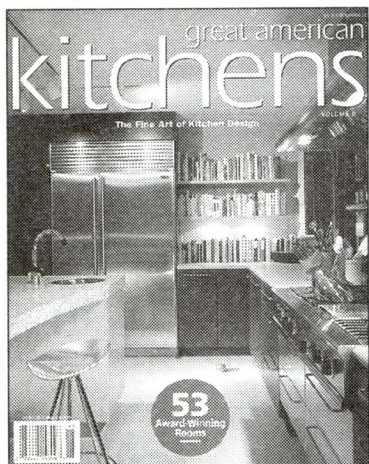
**5608 Prairie Ridge Drive, Crystal Lake
815.788.0120**



The sales center is open Monday through Saturday, 9 a.m. to 5 p.m. Closed Sunday. To get to **TerraVilla**, take Route 31 (north of Northwest Highway or Route 14) to Crystal Lake Avenue, go east to Smith Road, go north to Terra Cotta, and go west to the sales site.

Cover Story: Barrington's Best Designers Get Noticed—Again

If you have any thoughts of remodeling your kitchen, please proceed to any major bookstore and pick up a copy of *Great American Kitchens*. In it you'll find a multitude of ideas fresh from the minds of America's best kitchen designers, including Barrington's own Lisa McCauley.



Great American Kitchens is the latest national publication to feature a Barrington kitchen by McCauley Design.

McCauley Design provided this Great American Kitchen for a Barrington Hills couple who wanted an island of easy domesticity in the center of their busy professional lives. They wanted to smell the cookies baking when they walked into the room, even if they were just coming off the red eye and hadn't been home for a week.

To provide the sense of home, Lisa designed a series of freestanding cabinets that look as if they have been in place forever. For example, the commercial range is flanked by standing cupboards that cleverly hide refrigerator and freezer units. A writing desk, pie safe and tall storage cabinet were all specially built and placed not only to enhance the owners lifestyle but also to create a sense that the kitchen had evolved over a period of time.

To make the room comforting and familiar, Lisa incorporated elements of the couple's collection of antique furniture. The venting hood above the range includes built-in art-glass that the couple found in a Michigan antique store. The standing cupboards incorporate a saw tooth detail from a favorite hutch. The hutch was also worked into the kitchen design.

This is not the first time that McCauley Design has received national attention for its kitchen designs. The reason is simple: At McCauley Design, great creative work takes precedence over everything else. While we do sell the finest in kitchen cabinets, appliances, stone, and tile, nothing is more important to us than making sure that our clients wind up living in some-

thing beautiful.

When you come to McCauley Design, you get the best designers, you get the finest cabinets (in virtually every price range), and you get the attention to detail that will make your new kitchen a "cover story." Don't settle for less than the best. Come to McCauley Design.

Why the Best Doesn't Cost Extra

Our initial consultation is free of charge and can take place in your home. During that consultation you'll have a chance to see whether our ideas are the best before you commit to design fees. We'll also show you the difference between our design work and the type of design work you can expect from the typical cabinet salesperson. If you are not convinced that our design fees make sense, you need go no further. There is no high pressure at McCauley Design.

Most people opt to proceed with us because they like our ideas and because our design fees are fully credited against the ultimate cabinet purchase. Because our cabinets are competitively priced, there is no need to go bargain hunting. At McCauley Design you get the best design and the best value.

Marble and Granite

For years McCauley design has specified stone counters for virtually all of its projects. Granite is a favorite because of its special adaptability to kitchens. Virtually impervious to stains and scratches, granite will keep its looks for the life of the kitchen. Granite's natural beauty is unsurpassed, as each slab features a unique grain pattern that adds life and drama to kitchen counters.

Now Barrington has a new source for stone countertops, floors, and ceramic tile, because McCauley Design is providing marble, granite and tile in its Barrington showroom.

Come in and see samples of marble, limestone, kirkstone, and other man-made aggregates, as well as exotic quartz and semi precious stone tiles. McCauley Design has large stone samples on hand so that homeowners can get a true feeling for the appearance of the stone they select.

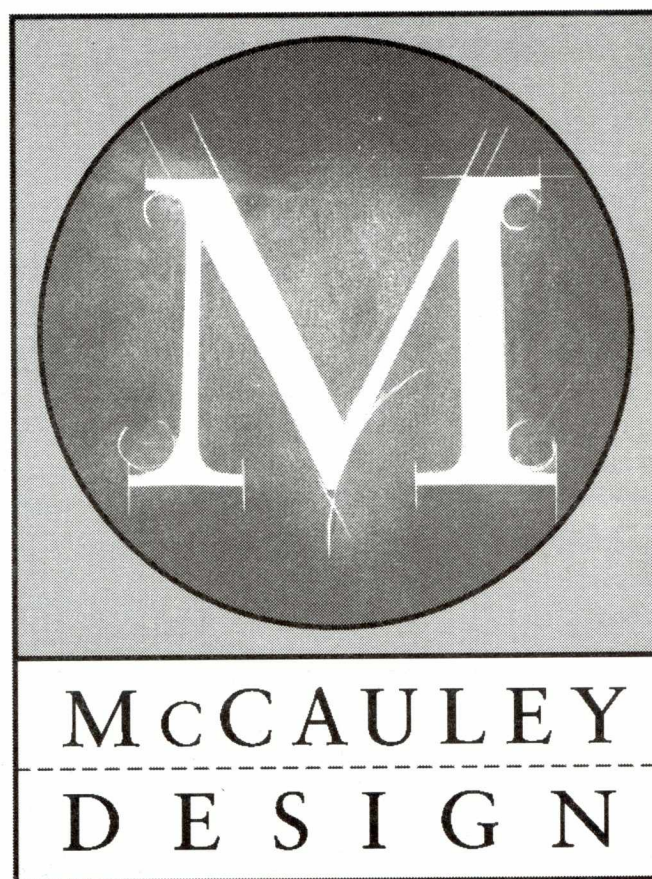
Now is the Time

Winter is the perfect time to start planning your dream kitchen. A new project is a great antidote for the winter blahs—or just a great way to occupy yourself until you can begin to think about planting flowers. Long winter nights are made for dreaming. Bleak winter days are great for planning. Start planning your dream kitchen now—with a visit to McCauley Design.

McCauley Design is located at 211 Park Avenue in Barrington, near the train station. Call **1-847-381-2742**.



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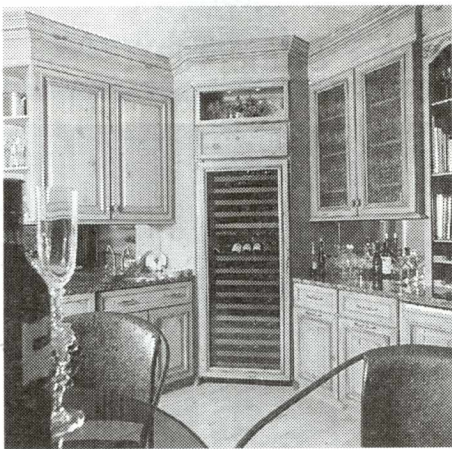
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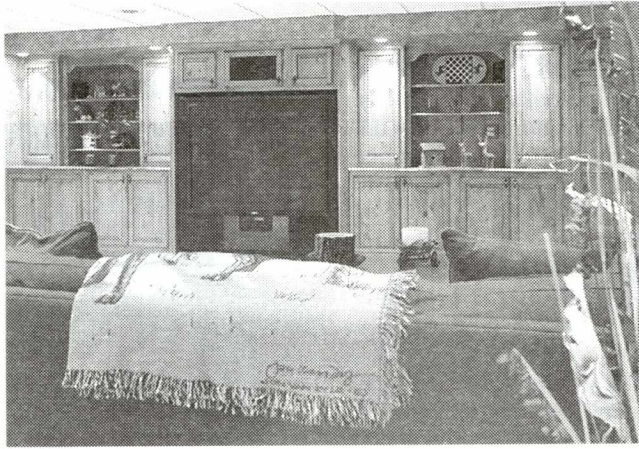


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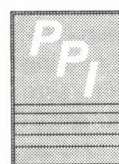
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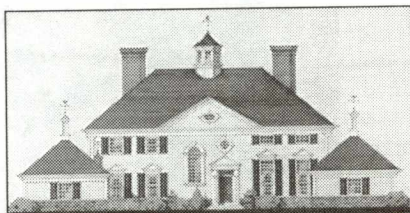
www.professionalplumbing.com

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Before You Expand or Build, Respect Your Site!

"Many of our clients initially come to our firm because of our extensive residential architectural experience. They are comforted to learn that we spend a significant amount of time discussing their site," explains John C. Cazzetta, Principal of **Kemper Cazzetta, Ltd., Architects**. It is very rare to find a design firm that has an in-house Landscape Architect to compliment its architectural work. John C. Cazzetta is one of a few architects in Illinois who is licensed as an Architect and a Landscape Architect.

"I find the marriage of both professions critical to a successful design solution. Every building will impact the site and



every site will impact the design of a building. Further, the detailing of the 'exterior' is equally as important to the total design, as is the interior."

If you are planning to expand your home or build a new one, please contact Principal John C. Cazzetta at **847-382-8322** for an initial, no-cost consultation.

Landscaping...Dumb Money/Smart Money

Dumb money goes for free design advice from lawn maintenance services and relatives. **Smart money** knows that life-style-compatible design concepts of the non-cookie cutter variety are had from a design professional.

Dumb money buys what looks good today, on sale, and often guided by the label or sales clerk. **Smart money** knows labels are often incomplete and misleading; and aims for long term and low maintenance color for all the seasons.

Dumb money downsizes materials to excess, sacrifices quality, and puts off fundamental problems when the budget is squeezed. **Smart money** takes on one area at a time, does it well, then moves on as budget allows.

Dumb money is cutting back, digging out, and replacing what died or overgrew their bounds in just a few years. **Smart money** is lining up the next putt.

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Some of the hardest work in a decorating or remodeling project is simply deciding what to do. The wealth of choices available to today's consumer can make even the most decisive person feel confused.

Owners Sue Hermann and Deb Leska, along with professional designer Diane Hurley, offer a wide variety of services to enhance your personal and commercial

environment. They'll help you make the best decisions regarding your surroundings by using both their education and experience in the design field to develop solutions that fit your needs.

Is your home in need of paint, wall-coverings, floorcoverings, blinds, window treatments, furniture and/or accessories, art, or custom floral arrangements? We'd love to arrange an initial consultation. We can save you time and money by offering the right solution for your surroundings.

For more information on how **Accolade Interiors** can find creative décor solutions for your home or office, call us at **1-847-252-7850**.

Road Construction Between Barrington and Palatine to Last All Summer

Recent reader inquiries regarding the road construction between Barrington and Palatine prompted *Lifestyles* to call IDOT for more information.

This enormous project includes center lane turns at various locations, resurfacing and reconstruction at various locations, including reconstruction at the inter-

section of Route 14 and Baldwin. It is a three-contract project that will cost over \$33,000,000. Completion of the entire reconstruction project should end in mid-November.

This brings to mind an overheard comment—"Illinois has two seasons: winter and road construction."

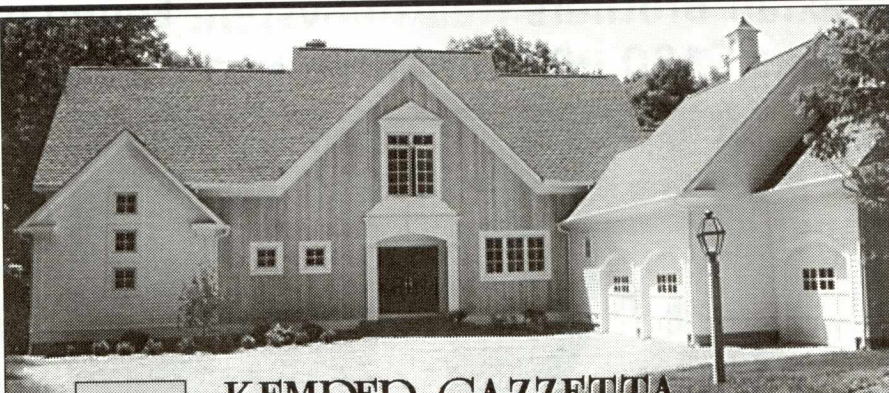
Picnic Luncheon for Women's Group

The Northwest Women's Connection invites you and your friends to our Picnic Luncheon on June 13 from noon to 1:30 p.m. at Concorde Banquets in Kildeer. Cost is \$15 inclusive.

Solveig Cooney will share creative ideas for a picnic with us. A great example is a Ravinia basket. Susan Ohlrich will entertain us with song. And Mary Johnson, an

upbeat, humorous garage-sale extraordinaire, will talk on "Joy Comes in the Morning."

Free preschool childcare is available. Lunch reservations are needed by Friday, June 7. Call Carol at 359-5089 or e-mail—northwestwomensconnection@hotmail.com.



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Celebrate BAAC's 25th Anniversary

On Tuesday evening, June 4, the board of directors of the Barrington Area Arts Council will host a gala party at the Barrington Hills Country Club to celebrate 25 years of supporting, presenting and encouraging the programs in arts and the artists who create them.

The entertaining, artful evening will include the annual meeting, an awards ceremony and will unveil a visual presentation about the council. Guests are invited to gather at 6:30 p.m. for cocktails and hors d'oeuvres and musical entertainment. At 7:15 p.m., president William C. Graft will conduct a brief business meeting highlighting the current program year, followed by the election of the 2002 board of

directors and presentation of the 2002 Flo Bash Award and Arts Volunteer Awards. The meeting will conclude with the showing of a creative visual production, telling the meaningful story of the Barrington Area Arts Council and its importance to our lives and the community. Dinner and dessert will be served immediately following the conclusion of the meeting at 8:00 p.m.

The board invites all members and guests to join us for a memorable evening celebrating the 25th anniversary of the Barrington Area Arts Council. Tickets are \$45 per person. For more information or to purchase tickets, call the BAAC Gallery at 1-847-382-5626.

Barrington *LIFESTYLES* June 2002 **39**

Alexian Brothers Health System Foundation Garden Ball Raises \$180,000 for Three Healthcare Projects



(From left) Alexian Brothers Health System Foundation executive director Dan O'Brien and Jim and Patti Lancaster of Barrington Hills.

The crowd of nearly 700 guests at the 16th annual Alexian Brothers Health System Foundation Garden Ball enjoyed an evening of laughter with national comedienne Caroline Rhea. With her quick wit and contagious laugh, Rhea personalized her show to the Alexian Brothers, medical staff and friends of Alexian Brothers Hospital Network in attendance at the black-tie social charitable event at Drury Lane in Oakbrook Terrace.

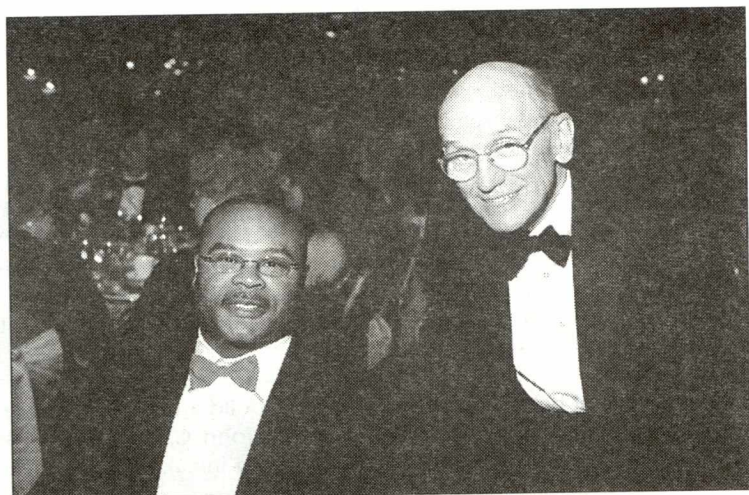
Rhea's headline act at the Garden Ball included mentions of her father, an obstetrician/gynecologist, and made light of medical moments in their family life. The crowd cheered when Canadian-born Rhea brought two Alexian Brothers—Brother Thomas Keusenkothen, CFA, president and CEO of Alexian Brothers Health System—and Brother Valentino Bianco, CFA, facilities designer, Alexian Brothers Health System—up to the stage for an impromptu photo session. Rhea plays Aunt Hilda on the WB series, *Sabrina, The Teenage Witch*, and was recently named as succes-

sor for Rosie O'Donnell when she retires from her popular talk show in September.

Chicago Stock Exchange chairman and CEO A.D. Frazier and his wife, Clair, were on stage at the Garden Ball, welcoming the many guests and performing the honors of delivering the traditional toast for the evening. Mr. Frazier commented that he has long believed in the importance of giving back to the communities where one lives and works.

"Tonight's event is a tribute to the Alexian Brothers' commitment of caring for the physical, mental and spiritual well-being of all of us in the community," adds Frazier.

Guests at the 16th annual Garden Ball paid \$300 per ticket and started their evening with a lavish reception of hors d'oeuvres and refreshments in the Grand Ballroom foyer. The ballroom doors were then opened to reveal an exquisite room adorned with ornate centerpieces of spring flowers and ivy amongst glowing candelabras. The chairs were draped with lime



(From left) Mike Singletary and Dr. James Kane, both of South Barrington.



(From left, seated) Jeanne Grant of North Barrington; Dean Grant, president and CEO of the Alexian Brothers Hospital Network; and A.D. Frazier, Chicago Stock Exchange chairman and CEO, and the Alexian Brothers Health System Foundation 2002 Garden Ball Honorary Chairperson; and (standing) Francine and Bob McGouey of Schaumburg.

lamour rosette sashes, and the table settings featured matching napkins and a floral overlay. Guests were also treated to strolling violinists of the Greg Thompson

String Orchestra throughout dinner and the upbeat musical entertainment of the Dan Hayes Orchestra for dancing until midnight.

"Playing with Story"— A Workshop for Young Writers

The Barrington Area Arts Council presents "Playing with Story," a young writers workshop for aspiring writers, third through eighth grade. The workshop will run every day from Wednesday, July 10, through Friday, July 12, from 10 a.m. to

noon at the BAAC Gallery, 207 Park Avenue.

This year's workshop will be taught by storyteller and author Gregory Leifel. Mr. Leifel is an accomplished writer and performer of short stories. He has performed



at national storytelling festivals and on stage, including the BAAC's recent productions of "Poems, Pints n' More" and *Radio Theatre, The War of the Worlds* interwoven with the play *Ray's n Hell Diner*. The play was a collaborative writing project by three writers, including Mr. Leifel. He recently wrote and published *The Day*

I Met Walt Whitman and also released an audio compact disc, *Go Ahead and Jump and Other Stories*, written and performed by himself.

The cost of the workshop is \$35 for council members and \$45 for nonmembers. For reservations or information, call the BAAC Gallery at 1-847-382-5626.

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BACOA is "Building for the Future"

On Wednesday, April 24, the Barrington Area Council on Aging, Inc., held its 18th Annual Meeting, which celebrated some of the individuals and organizations that have assisted BACOA in "Building for the Future."

BACOA has been building for a future that will see a significant increase in the number of seniors living in our community. The Barrington area is already strongly affected by the "graying" of America. In the 2000 census, our 65+ population increased by 39.8 percent since 1990. The median age rose by 4.3 years during the decade—from 37 years of age in 1990 to 41.3 years of age in 2000. The area is far older than the United States, which had a 2000 median age of 35.3 years.

Several individuals and organizations have been instrumental in building BACOA into an agency poised to meet these new challenges. Those recognized for their leadership, support and hard work were: Bill Braithwaite, Sharon Hamilton, Pam McCord,



Pam McCord receives award from BACOA president Peer Lykke.

Bob Miseyka, Diane Stephens, Advocate

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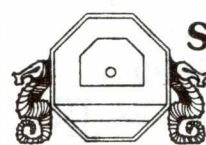
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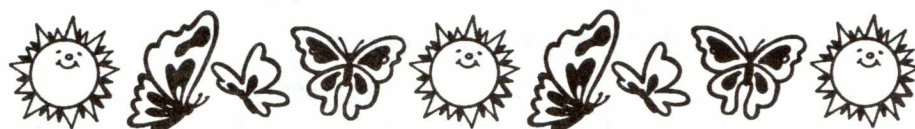
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Joann Endorf (center), executive director of the Barrington Area United Way, accepts award from BACOA executive director Joyce Palmquist and BACOA president Peer Lykke.

Good Shepherd Hospital, the Barrington Area United Way, Rita Galowich of FUND Inc., Merrill Lynch, the Retirement Research Foundation, the Richard A. Perritt Foundation and the Village of Barrington. In addition, Peer Lykke was thanked for his leadership as board president from April 2000 to April 2002; Linda Avellon was recognized for over five years of service to BACOA as program coordinator; and four students from the Adopt-a-Grandparent club were recognized for the essays they submitted on their "Adopt-a-

Grandparent."

BACOA also announced its elected officers for the coming year. They are: Syl Boeder, president; Debra Kavalos-Delaney, vice-president; Sharon Hamilton, secretary; and Dave Sheppard, treasurer. Board members elected to serve new three-year terms through 2005 are: Sharon Hamilton, Debra Kavalos-Delaney, Jean Mason, Rosemarie Mitchell and Irv Ross. Joining the advisory board are Carol Beese, William Braithwaite, Pam McCord, Meg Peirce and Diane Stephens.

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Local Barrington Area Employee Wins Chamber Recognition

**Ms. Donna Siegler, Administrative Assistant,
Alexian Brothers Behavioral Health Hospital**



(From left) Lisa Tate, Donna Siegler and Janet Meyer,
Barrington Area Chamber of Commerce president.

The 27th Annual Barrington Area Chamber of Commerce Staff Appreciation Luncheon & Fashion Show was held on Friday, April 26, at The Barn of Barrington. With 220 area employers and employees present, an employee from the Barrington area, Ms. Donna Siegler, administrative assistant, won special recognition for her hard work and dedication in assisting her

employer, Alexian Brothers Behavioral Health Hospital, on a daily basis by serving as a role model for other employees.

Ms. Lisa Tate recommended Siegler for her secretarial support of marketing and all outpatients and counselors at Alexian Brothers Behavioral Health Hospital.

Tate stated in her address, "Donna Siegler is not only successful and efficient



Tips from the Top

Margaret R. Semrad
Broker/Manager
Barrington Office



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You have probably heard that housing has been the strongest economic sector in our recent recession. Now more than ever, your investment in a home and any other real estate you own will put you on your road to wealth. That was the "jist" of the conversation I had with my old friend Napoleon recently.

Napoleon called asking, "Is it too late to start investing?" or "Is there a perfect time to get started?" or "Is this the best economic climate to invest in property?" The answers are: no, it's not too late; yes, this is the right time to start (In fact, anytime is the right time.); and yes, this is the best time to invest when interest rates on personal homes and investment real estate are as low as they are.

More than ever before, we need a plan to manage our financial resources to achieve financial independence. Yes, real estate fortunes are being made today like they have been throughout the history of our country. Investment property puts you on the opposite side of the "capital fence" and pays you for your courage and imagination.

To build an estate large enough to assure financial independence, you must have the courage to pledge your savings in order to utilize borrowed money, which is the mortgage. The road to riches is paved with borrowed money. Borrowing the maximum in mortgage monies and then making the highest use of these borrowed funds makes million-dollar fortunes. Awe-

some.

Buying property with mortgage funds is the first step on the real estate investment road. Many people would consider buying investment property if they understood how simple it is and how much could be accomplished by an organized plan. There are plenty of opportunities for investment and many options. There are single-family, duplex, condo, apartment buildings and raw land investments. And, of course, there are unlimited rehab opportunities. As I told Napoleon, the roads are paved with diamonds. All we need do is pick them up.

Why not pick up your phone or walk into our new office and talk with one of our **Coldwell Banker** Realtors about your investment ideas? Our Realtors are in the marketplace every day and will help you determine what investment opportunities are available and what type of investment is best for you. They earn their fees by servicing the many details of the transaction, from negotiating the best price to helping you secure the financing.

So I invite you to jump in and talk with one of our Realtors. There are opportunities which can produce a life of comfort and luxury. Bottom line, I want you to achieve financial freedom through real estate investments.

As you know, we are the Dream House Headquarters. **Coldwell Banker** congratulates all graduates and the lucky brides and grooms.

Barrington Newcomers

On Wednesday, May 15, the club hosted a luncheon at Wynstone Golf Club. The event featured psychic Nancy Wallace.

In mid-June, the Newcomers Club will feature a Summer Celebration. There will be an evening of cocktails, hors d'oeuvres and lively conversation. This fun evening will be hosted in a member's home. Don't miss this enjoyable evening. Call 847-277-7292 for details.

Other ongoing activities include: Almost

Gourmet, Weekend Gourmet, Destination Dinner, Ladies' Night Out, Moms and Tots, Bunko, Ladies' and Couples' Bowling, Matinee Idols, Men's and Ladies' Bridge, Men's Poker, Garden Club, and Around the World (for non-Americans on assignment in the United States and Americans who have lived abroad). See you there! Call 847-842-8562 for more information.

Sign up for next year by calling 847-382-9636.



in juggling agendas and schedules of many people but always does her job with grace, offers solutions, always happy and is a very hard worker." Tate is a 10-and-a-half-year employee at the hospital.

For the second year, the chamber has accepted nominations from chamber member employers nominating the "best of the best" by acknowledging their most valued assistants. Other nominations included: Ms. Nancy Fowler, RE/MAX Barrington; Mr. David Cowles, The Balloon Cottage; April Kennedy, Loeffel Steel; Donna Hauser, J.S. James Realty; Genelle Howe, Accolade Interiors, Ltd.; Mary

Milschewski, Professional Plumbing; and Melanie Marcordes, Village of Barrington.

As Staff Member of the Year for 2002, Donna Siegler also received a Village of Barrington Proclamation for her efforts, presented by Mr. Robert Irvin, village manager, on behalf of President Marshall Reagle, who served as a model for the fashion show.

The Barrington Area Chamber of Commerce is celebrating their 34th anniversary of working with the business community to advance the civic, industrial, professional and cultural welfare of the Barrington area.

Free Gardening Workshops at Geimer's

Geimer Greenhouses of Long Grove announces the return of its Saturday seminar series, taking place every Saturday morning in June at 10 a.m. in **Geimer's** new Long Grove garden center.

The free seminars and workshops are scheduled as follows:

• **Saturday, June 1, 10 a.m., Go Native! The Wild Side of Perennials**—Learn how to achieve a more natural look in your landscape through careful planning, selection and companion planting.

• **Saturday, June 8, 10 a.m., Go Tropical! Exotic Plants for Your Patio**—Learn about some wild, colorful foliage and unusual flowers that will add a real tropical flair to your garden this summer.

• **Saturday, June 15, 10 a.m., The Well-Equipped Gardener**—Get some great gift ideas for Dad as we show off the essential tools and time-savers for the weekend warrior.

• **Saturday, June 22, 10 a.m., Strawberry Jar Workshop**—Stop in on your way to Long Grove's Strawberry Festival and learn how to create your own strawberry

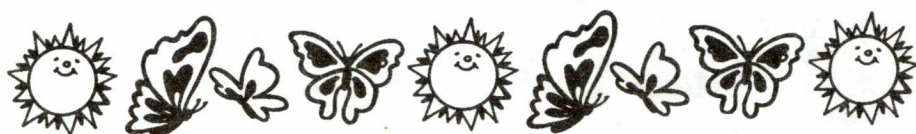


Geimer's in Long Grove hosts free gardening seminars every Saturday morning during the month of June.

pot container garden! Supplies will be available for purchase.

• **Saturday, June 29, 10 a.m., What's Up with Waterfalls?**—They're the latest craze, and here's how to go about creating your own backyard waterfall feature.

All events are free and open to both novice and serious gardeners alike. Seating is limited, though, and reservations are encouraged. Call **1-847-358-6363** to sign up for any event.



Barrington Sparrow Celebrates 10 Years

Nearly 100 people helped Barrington Friends of Home of the Sparrow celebrate their 10th anniversary at a wonderful luncheon on Thursday, April 11 at Barrington Hills Country Club.

Several founding members were in attendance. One of them, Sandra Barker, was presented with the 2002 Sparrow Award for outstanding volunteer contribution. In 1992, it was Sandra who suggested that a support group be formed to aid Home of the Sparrow. Thus, Barrington Friends of Home of the Sparrow was established.

Home of the Sparrow's headquarters is located in McHenry, with additional locations in Crystal Lake and Palatine. Since its founding in 1986, over 2,000 women and their children have been aided in avoiding and/or overcoming homelessness through a successful program of structured transitional housing, counseling and job-skills education. Through fund-raising efforts, Barrington Friends has supplied about 10 percent of its yearly budget.



Attending the luncheon on April 11 were: (from left) Sue Guernsey, Cora Lee Cain and Cheri Pagonis, all of the Barrington area.

Outgoing president Sue Guernsey passed the gavel of office to the new president, Cheri Pagonis of North Barrington.

Gail O'Gorman received kudos for her video compilation of the past 10 years of Barrington Friends activities and fund-raising gala parties.

Anyone interested in participating in any aspect of Barrington Friends' work, which provides financial, advocacy and volunteer support to Home of the Sparrow, is invited to contact Cheri at 847-487-0931. New members always welcome. Plan to attend the next gala on Nov. 2, 2002.



Gail Seidel O'Gorman (left), luncheon co-chair, and Sue Guernsey (right), outgoing president, present Sandra Barker (center) with the 2002 Sparrow Award. All are from the Barrington area.

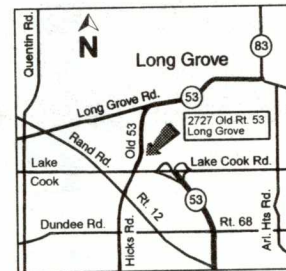
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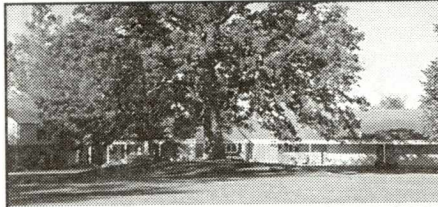
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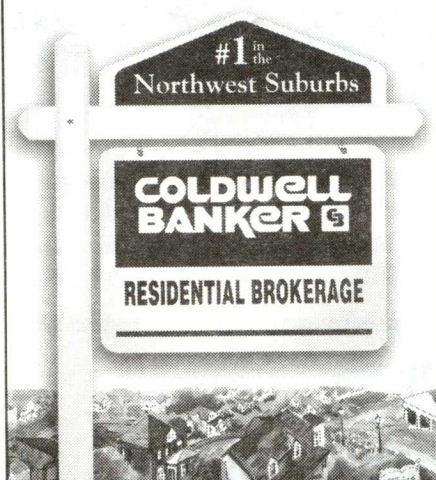
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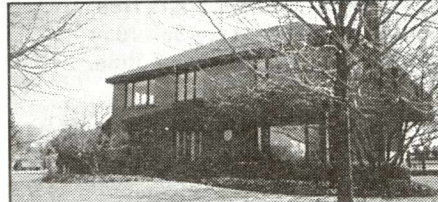
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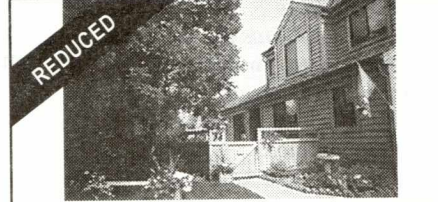
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Ron & Jeanine VanDeVelde 847/277-2282



Barrington \$499,900
Lake Barrington Shores—maintenance-free living! 1st flr MBR. 3-BR, 4-BA townhome. Golf course views. Direct entry, 2-car gar. Top condition. Vacation year 'round!
Ron & Jeanine VanDeVelde 847/277-2282



Barrington \$489,000
Updated Colonial. 4-BR, 2.5-BA, hardwood floors, 2 fireplaces, spacious FR w/ volume ceiling, skylights & fireplace, deluxe master suite, 3-car attached garage.
Bonnie Paice Legue 847/277-2723



Barrington \$379,000
Well-maintained property in move-in condition. Just bring your desks. Handicapped accessible. In center of town, close to train.
Margaret Semrad 847/277-2250



Barrington Hills \$252,000
Gated community. 2 BR, 2.1 BA, hardwood floors, updated baths & kitchen, finished lower level complete w/ fireplace, full BA & wet bar. Neutral decor.
Bonnie Paice Legue 847/277-2723

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Wellness Place June Programs Offer Support for Cancer Victims

Open houses for participants to explore what Wellness Place has to offer and the programs that best support their need are planned for Wednesday, June 26, from 6:00 to 7:00 p.m. and Friday, June 7, from 10:30 to 11:30 a.m. Feel free to call 847-221-2400 to make an appointment for a tour of the facility at 1619 W. Colonial Parkway, Palatine. Personal planning sessions are also available.

Expert Advice Lectures

- Introduction to Energy Therapy, Monday, June 10, 2:00 to 4:00 p.m.—Presenters are Lois Coldewey, RN, MA, Wellness Place staff; Mary Sinclair, EdD, CHTP\I; and a Reiki practitioner to be announced. Learn about three leading forms of bio-energy: therapeutic touch, healing touch and Reiki. All three offer surprising health benefits for cancer survivors and caretakers.

- Lymphedema 101: The Basics of Lymphedema, Wednesday, June 12, 7:00 to 8:30 p.m.—Presenters are Jeanne Giampa PT, CLT; Patty Jasonowicz, PT, CLT; Peggy Johnson, PT, CLT; and Terri Rieder PT, CLT. Lymphedema is a swelling condition that can occur after surgery for cancer when lymph nodes are removed or following radiation treatment. Good Shepherd Hospital's nationally-certified lymphedema therapists will review these pre-

vention and treatment techniques for lymphedema. This program is made possible through a grant by the Susan G. Komen Breast Cancer Foundation.

- Stress Management: Take it One Step at a Time, Wednesday, June 26, 7:00 to 8:30 p.m.—Presenter is Megan Mills, Ph.D., director of Psychosocial Oncology at Rush Presbyterian-St. Luke's Cancer Institute. Join her for an informative and experiential lecture about stress management.

Stress Management

- Restorative Yoga, six-week Monday series, June 10 to July 15, 11:45 a.m. to 12:45 p.m.—Instructor is Ann Waring, certified Hatha yoga instructor. Join her for an introductory sequence of restorative and gentle yoga postures that release muscle tension and foster relaxation and well-being. Participants must be able to get up and down from the floor. Please wear comfortable, flexible clothing. Advance registration required. Call 847-221-2400 to register.

Networking and Support Groups

- Newly Diagnosed Networking Group, Thursdays, June 13 and 27, 7:00 to 8:30 p.m.—This semimonthly group, facilitated by Harvey Wolf, PsyD, is for those diagnosed with cancer within the past six months. RSVP to 847-221-2400.

- Family/Friends Networking Group,

St. Michael's Vacation Bible School

Parents seeking new and different things for their children to do this summer should mark their calendars for the week of July 22 to 26 when St. Michael's Episcopal Church will hold its annual Vacation Bible School.

Through sets, activities and costumed characters, this year's Vacation Bible School—called Marketplace 29 A.D.—represents the ambience of an open market in biblical times. Held in St. Michael's recently renovated youth education facilities, Mar-

ketplace 29 A.D. is free to all area children, ages 5 to 12.

Harriet Claiborne, St. Michael's director of children's ministries, says the schedule, from 6:00 to 8:30 p.m. each evening, "lets youngsters enjoy this unique experience without missing any fun in the sun. And, it allows parents who work during the day to participate if they like."

For more information, contact Harriet Claiborne at 847-382-2323.



Tuesdays, June 11 and 25, 7:00 to 8:30 p.m.—Facilitated by Rebecca Kiel, MA, LPC, Wellness Place staff, this group is for those caregiving physically or emotionally for someone with cancer. RSVP to 847-221-2400.

- Men with Cancer Networking Group, Tuesdays, June 11 and 25, 7:00 to 8:30 p.m.—This group, facilitated by Harvey Wolf, PsyD., focuses on the issues men with cancer face. RSVP to 847-221-2400.

- Leukemia/Lymphoma Networking Group, Wednesday, June 19, 11:30 a.m. to 1:00 p.m.—Facilitated by Diana Wilson, MA, LPC, and Sue Blechschmidt, MA, LCPC, this group is for lymphoma survivors. Family and friends are invited to attend. RSVP to 847-221-2400. This group is offered in partnership with the Leuke-

mia and Lymphoma Society.

- Recurrence/Metastatic Cancer Networking Group, Thursdays, June 13 and 27, 10:30 a.m. to noon—Facilitated by Rebecca Kiel, MA, LPC, Wellness Place staff, and Harvey Wolf, PsyD, this group is for those with recurrence/metastatic disease. Family and friends are invited to attend. RSVP to 847-221-2400.

- Breast Cancer Networking Group, Tuesday, June 3, 6:30 to 8:00 p.m.—Facilitators Myrna Porter, RN, LCSW, and Margaret French, LCSW, host a monthly group for breast cancer survivors. On June 3, the subject will be "Sharing the Burden of Illness with Family and Friends." RSVP to 847-221-2400. This program made possible through the support of the Susan G. Komen Breast Cancer Foundation.

Security and Beauty with Outdoor Lighting

A home's landscaping is, if done well, its crowning glory. Tastefully executed landscaping can make even the plainest house look appealing, just as poor landscaping can ruin the appearance of a mansion. Consequently, every year Americans spend millions of dollars installing, enhancing and maintaining both residential and commercial landscapes. The shame of it, though, is that every night when the sun dips below the horizon all of that expensive landscaping is virtually invisible for 10 or 12 hours.

Rudy Kruse, president of **CFC Nite Lites**, has set out to change that by installing landscape lighting which accents elements to which your eye is naturally drawn during the day—flowering trees, artwork, building features and so forth,

using a wide variety of techniques including uplighting, crosslighting, moonlighting and pathlighting.

"There are three main purposes for outdoor and landscape lighting," Kruse explains. "The lights offer added home security. They also offer safety around steps and other potential hazards. And, of course, there are the aesthetic considerations. In fact lighting actually makes a yard appear larger than it is and there is also the opportunity to light up special characteristics of the house itself like special brickwork, cornices and fireplaces."

CFC Nite Lites services all types of outdoor lighting systems.

CFC Nite Lites—celebrating their 10th anniversary in business! Call them at **1-847-658-5469** for your free estimate.

An Exciting Home Addition

In addition to providing custom room additions with bathrooms, kitchens and fireplaces, **Armcor Design and Build** is your local store for **Four Seasons Sunrooms**, the nation's largest manufacturer of greenhouse/solarium-type room additions for residential and commercial use.

Each **Four Seasons Sunrooms'** product is meticulously designed and crafted to be a practical, beautiful, and exciting addition that will bring a new dimension of space, light and warmth to what might otherwise be an ordinary room, whatever the season or location of your home.

Armcor Design & Build craftsmanship and quality products are also an excellent investment and can add real value to your home. Often, much of your investment in a **Four Seasons'** sunroom can be recovered when you sell your home.

Glass room additions create views of the sun and sky and add extra living space with possibly little or no alterations. New MC² glass, with a Lifetime Warranty and specially designed to keep summer heat out and winter heat in, is one key to **Four Seasons Sunrooms'** success—especially in our Chicagoland climate.

Many patented features are available exclusively from **Four Seasons Sunrooms**, and all products are designed to

meet or exceed building-code structural requirements and have successfully withstood more than 200,000 installations.

Armcor Design & Build will provide you with a complete "turn key" room addition project or you can build it yourself. Every **Four Seasons Sunrooms'** greenhouse/solarium product is maintenance-free, weather-tight and comes with a lifetime limited warranty on MC² glass, five year warranty on parts and labor. There are numerous options, both wood and aluminum systems, and a wide variety of models and sizes.

Armcor Design & Build's new showroom is at 951 N. Old Rand Rd. (Main St.) in Wauconda. **1-847-487-7900**.



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- Extend the pleasure of your deck, patio and grounds.
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Twenty-Two Women Honored on May Friendship Day



Church Women United of the Barrington Area honored 22 young women from area churches at its May Friendship Day celebration. Representatives from each church

named women who made significant contributions in their church and community and who live up to the motto of Church Women United, "Agreed to differ, resolv-



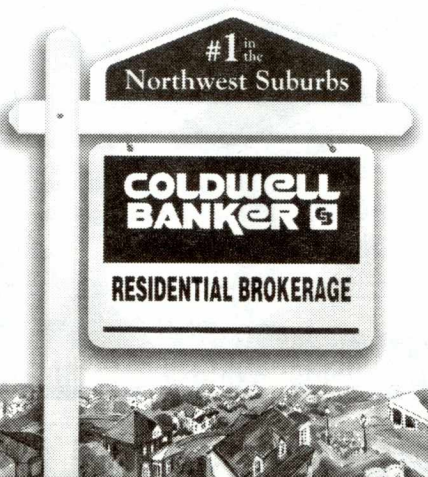
ed to love, united to serve."

Honored from Cary churches were Kim Franck of United Methodist and Sheila Byrne of Saints Peter and Paul Catholic Church. Honorees from Wauconda Messiah Lutheran Church are: Elizabeth Dagle, Laurie Mathiesen, Betsi Smith. Marcia Reynolds from St. Peter United Church of Christ in Lake Zurich was honored, as were Kelley Kepes from Faith Community United Church of Christ, Prairie Grove, and Nancy McDonald, who had been a chaplain intern at Good Shepherd Hospital. Those honored from Barrington churches were: Stephanie Blatchley, Pam

Gray, United Methodist Church; Mary Foersterling, Community Church; Laurie Badovinac, Lutheran Church of the Atonement; Melissa Armstrong-Hansche, Nancy Dolan, Jessica Neton, Presbyterian Church; Christine Melone, St. Mark's Episcopal Church; Ann Behling, Sandra Dillon, St. Paul United Church of Christ; and Maria Liedlich, Katie McGeady, Angela Nordgren, Corina Robles, St. Anne Catholic Church.

These young women honor the service of older women whose footsteps they follow.

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303 E. MAIN ST.
SUITE 101
BARRINGTON



Barrington Hills \$3,995,000
Idyllic retreat w/ 6 bedrooms, 6.5 baths on 22 wooded acres. Lake, pond, stable, pastures, tennis court, pool & coach house w/ dramatic 5,000 sq ft loft apartment.
Donna Veller 847/277-2728



Barrington Hills \$2,895,000
Lakefront 6 BR, 6+ BA on 6.2 acres. Vol ceilings, island kitchen w/ top appls, sunroom, study, library, basketball court & luxury master suite. Guest house, pool & Jacuzzi.
Lockhart & Willis 847/277-2272



Barrington Hills \$1,085,000
Waterfront home in Barrington Hills. 4 BR, 4 BA, hrdwd flrs, sunroom, 3-stall barn. Pasture, paddock, greenhouse w/ artist's studio. Perennial gardens, stone walls.
Sherl Wheeler 847/277-2772



Barrington Hills \$2,500,000

This exquisite English Tudor is set on 15 magnificent wooded acres, including a large area for pasture. The outstanding Belgian brick & lannon stone home has solid English oak doors, floors & beautiful paneling. 5 bedrooms, 5.1 baths plus guest apartment. On riding trails.

Nancy Herr 847/277-2267



Barrington \$939,900
Brick 4 BR, 3 full/2 half BA. Cul-de-sac, pond views, backs conservancy, 2-sty entry, hrdwd flrs. Kit w/ maple cabs, granite countertops, SubZero. Sunroom, 1st floor study.
Celeste Lockhart 847/277-2272



NEW LISTING

South Barrington \$1,449,000

Stunning 3-year-new estate home sited on 1/6 acres w/ water views. Quality reigns in 8000+ sq ft w/ dream kitchen, unique one-of-a-kind library, 4 fireplaces, 10' ceilings and exquisite detail throughout. Ideally-suited for entertaining on a grand scale, the generous room sizes & endless dramatic features will please the most discerning buyer. Enjoy privacy, convenience & choice location just minutes to the tollway & all major shopping areas.

Donna Veller 847/277-2728



Barrington Hills \$1,195,000

Spectacular Lakefront estate sited on 6+ acres w/ expansive shoreline. Long winding drive leads to this classic brick residence w/ 5 BR, 3 1/2 BA & open floorplan offering extensive Lake views. Enjoy first floor MS w/ fireplace, luxury spa bath, private lakefront patio & adjacent study, creating an ideal adult retreat. Cozy coach house w/ studio apartment & 3-car garage, private stocked pond, greenhouse & excellent location just minutes from village of Barrington.

Donna Veller 847/277-2728



North Barrington \$889,500
All-brick 4,200-sq-ft home w/ quality custom features & great loc. Vol entry, kit w/ center island breakfast bar, dual staircase, 9' ceil, 4-car gar, walkout & bonus rm.
Suzanne Luby 847/277-2777



Barrington Hills \$799,000
Updated in 1990! 4-BR, 3.1-BA home on 5 acres. Hrdwd flrs, 1st flr study, great MBR, full fin bsmnt. Scnd entertainment center overlooking beautiful in-ground pool.
Sherl Wheeler 847/277-2772



Barrington \$795,000
New 4-BR, 3.1-BA home. Customize or build-to-suit. One-of-a-kind 6.9-acre site adj to forest preserve. Gourmet kit, 2-story FR, den, luxury master, 4-car gar.
Donna Veller 847/277-2728



Barrington Hills \$769,000
Lovely 5-BR, 3.5-BA home on 5 very private acres. Hrdwd floors, updated kitchen & BAs, huge sunroom, cathedral ceiling, study, guest quarters, 2 patios & deck.
Sherl Wheeler 847/277-2772



Barrington \$575,000
Impeccable brick Georgian poised on lush acre is elegant, warm & livable. Stunning 4-BR, 3-BA home offers cook's kitchen, luxury MBA & gazebo.
Suzanne Luby 847/277-2777



Barrington \$549,000
Fox Point 4-BR, 2 1/2-BA home on 1/2-acre wooded lot. Hrdwd flrs, 2-story entry, huge BRs, plantation shutters, finished basement & master w/ whirlpool & sitting room.
Sherl Wheeler 847/277-2772



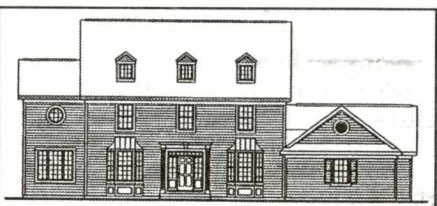
Fox River Grove \$525,000
Barrington Schools—1-year-new 4-BR, 3 1/2-BA home. 2-story family room w/ granite-faced frplc. Hrdwd flrs in entry & kitchen. 9' ceilings. Study. Sunroom w/ arches.
Sherl Wheeler 847/277-2772



Huntley \$519,000
Built in 2000 at Del Webb's Sun City on the 6th hole. Pond views, 10' ceils, 4 BR, 3.1 BA, hrdwd flrs, hickory kit cabs, full fin. English LL w/ BR, BA, craft, frplc & rec area.
Sherl Wheeler 847/277-2772



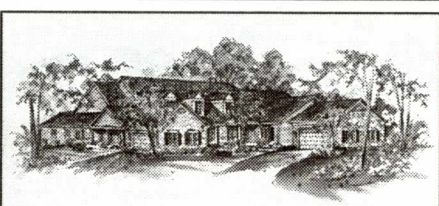
Lakewood \$487,510
4-BR, 3.5-BA model home. 2-story foyer & FR, fin English basement w/ full BA, 2-zone heating & cooling, custom granite kit, ultra MBA w/ whirlpool. 3-car gar, sec sys.
Donna Veller 847/277-2728



Lakewood \$319,990-\$425,990
Custom 4-BR, 3.5-BA estate home in the Woods of Turnberry on lrg site. Ltd golf course & wooded locations w/ pond views. Generous amenities & sq footage.
Donna Veller 847/277-2728



Barrington \$369,900
Custom 4-BR, 2.1-BA home in Biltmore Estates. Freshly painted w/ huge rms. Updated w/ newer roof, furnace, air, carpeting & baths. Near town, train & shopping.
Sherl Wheeler 847/277-2772



Crystal Lake \$352,775
Luxurious 2-bedroom, 2-bath ranch unit villa. 9' 1st floor & English lower level ceilings. Fireplace w/ gas starter. Top-of-the-line appliances. Whirlpool tub in master BA.
Celeste Lockhart 847/277-2272



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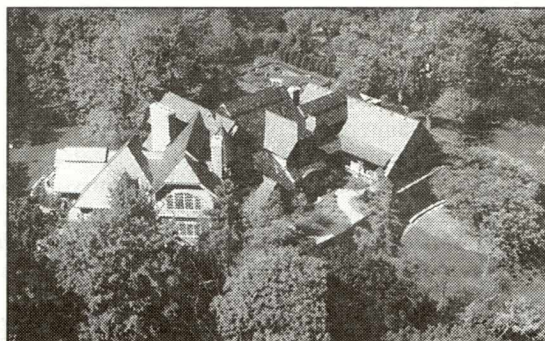
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Barrington Hills \$6,900,000

Peerless lakefront masterpiece on 13+ wooded acres. Offering state-of-the-art operational features, this 6 bedroom, 6+ bath home reflects only the finest finishes & details. The lower level includes an authentic movie theater, sports bar, paved brick street, workout center & locker room. Oversize 4-car garage. A pond & a beautiful, new, 6,000-square-foot barn.

Meg Cleavenger & Barb Wessberg
847/277-2259



Barrington Hills \$3,999,000

New since 1996. Estate on approx 10 rolling, wooded acres. Exceptional main residence, 2 guest houses, pool, tennis crt. Prime, protected location—timeless appeal.

Meg Cleavenger 847/277-2259



Capron \$5,495,000

Magnificent cedar manor secluded on a rolling 70-acre estate. Beautifully appointed. Designed to exacting standards. It is elegant, warm & very livable. A separate building designed to match the home includes martial arts' studio, artist's studio, greenhouse & kennels. Gently rolling landscape. Ideal for creating a world-class equestrian facility.

Meg Cleavenger
847/277-2259



Barrington \$3,700,000

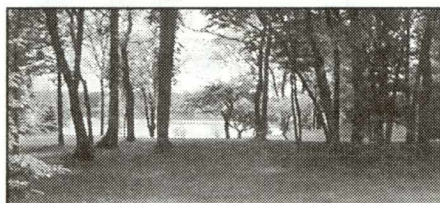
Beautiful waterfront 6 BR, 8+ BA home reflects fine architectural design & detail throughout. Volume ceilings, 5 frplcs, 2 kitchens & incredible indoor pool.

Meg Cleavenger 847/277-2259



Barrington Hills Incomparable estate set on 17 rolling, wooded acres. Designed to accommodate a gracious lifestyle, this stone & cedar residence offers only the finest custom finishes throughout its substantial yet comfortable interior. This beautifully-presented estate also includes two delightful guest houses, pool, tennis court & 4-stall barn. Its location is prime & protected, its appeal, timeless.

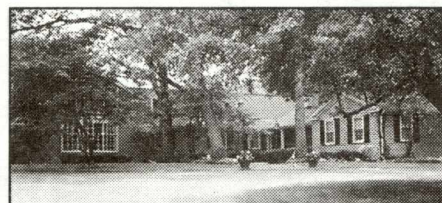
Meg Cleavenger \$4,999,000 847/277-2259



Barrington Hills \$2,999,000

Renovate existing or build your own on this beautiful wooded 38+ acre parcel w/ pond. Close to village conveniences. Improved w/ 4-BR, 3 1/2-BA residence.

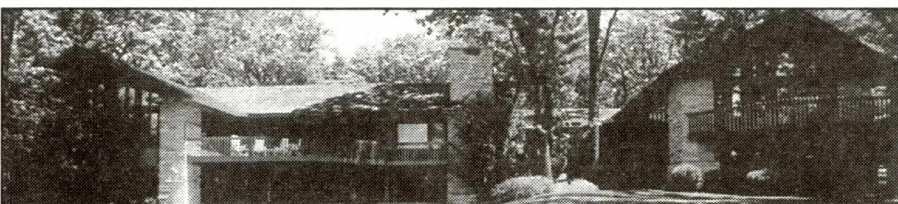
Meg Cleavenger 847/277-2259



Barrington Hills \$1,375,000

Charming 5-BR, 3 1/2-BA country home. Sparkling pool, pool/guest house, 3-stall barn w/ ample turnouts. Beautiful gardens, serene patio areas & tranquil pond.

Meg Cleavenger 847/277-2259



Barrington Hills This exceptional, gated, stone & cedar estate is set on over 6 lakefront acres. Features include a state-of-the-art kitchen, elegant master suite & walkout lower level w/ media & exercise rooms, wet bar, second kitchen & staff quarters. The beautiful grounds offer a boat house, dock & USGA golf hole w/ sand trap & 2 tees. Heated parking for 6 cars too.

Meg Cleavenger \$1,899,900 847/277-2259



Barrington Hills \$1,225,000

Lakefront living at its best. Lovely 4+ BR, 4.2 BA home in private, wooded setting. Gourmet kit w/ adj firelit FR, sumptuous master suite, vol ceilings & spectacular views.

Meg Cleavenger 847/277-2259



Barrington Hills \$995,000

California ranch on 5 acres in forest-like setting w/ priv road. 4 BR, 5 1/2 BA, open floorplan w/ vaulted ceilings & walls of glass. Pool, pool house & extensive decking.

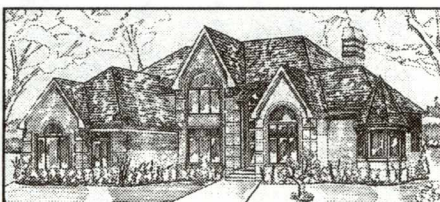
Meg Cleavenger 847/277-2259



Ivanhoe \$829,000

Quality brick traditional 4-BR, 3.5-BA home is set on beautifully-landscaped site overlooking lake & golf course. Hrdwd flrs, deluxe master suite, English bsmnt.

Bonnie Paice Legue 847/277-2723



Barrington \$815,300

4-BR, 3.5-BA proposed home w/ walkout bsmnt. 1st floor MBR. Volume ceilings. 2nd floor bridge overlook. Trees, ponds, & privacy w/ convenient location. 6 lots remain.

Suzanne Luby 847/277-2777



Barrington \$799,000

Find the country in town! 5 BR, 3 1/2 BA, 2-story, 2.7 wooded ac w/ tennis crt. Quality-built 12-rm, FR, study, office, hrdwd flrs, 2nd flr laundry, lrg screened-in porch.

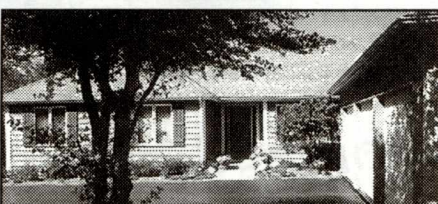
Jane Pohlman 847/277-2722



Barrington \$624,900

Home in Fenview Estates sets high on the rise w/ long views of the nature area. This charming colonial offers 4 BR, 2.1 BA, 1st floor den, fin lower level & 3-car gar.

Barbara Wessberg 847/277-2777



Barrington \$579,900

Delightful 4-BR, 3 1/2-BA hillside ranch, 2 priv wooded acres. Office, loft, 2 frplcs, hrdwd flrs, finished walkout LL w/ rec room, 2nd kitchen, full BA & BR, 3-car gar.

Suzanne Luby 847/277-2777



Barrington \$449,900

1886 vintage home on Lake St. features prime Village loc & charm. 4 BR (or 3 BR/1 den); 2 BA (1 ovrszd); LR w/ brick frplc; lrg kit w/ rm overlooking gardens & patio.

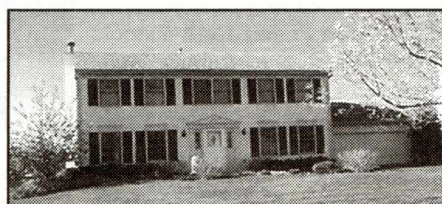
Meg Cleavenger & Greg Bradley 847/277-2259



Wauconda \$349,900

Gorgeous 5-BR, 3.5-BA approx 2900 sq ft. Finished LL. Upgrades galore. New KraftMaid kit. Custom 12x12 tile floors & wood floors. Master w/ new BA. 3-car gar.

Bridget Hill 847/277-2280



Island Lake \$259,900

Impeccable 4-BR, 2.5-BA, 2-story, full fin English bsmnt w/ built-in cabinets, gorgeous backyard w/ pond, deck. Hardwood floors, new roof. Exceptional home!


Bridget Hill 847/277-2280



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Opera in the Neighborhood



Barrington Chapter of Lyric Opera of Chicago members served as ushers for Puccini's *La Bobème* on May 16 at Forest View Educational Center in Arlington Heights: (from left) Mary Robins, Arlington Heights; Martha Kersey, Schaumburg; Tricia Marcus, Barrington; Maureen Brown, Deer Park; Jim Tammi and Wanda Hollensteiner, Barrington; and Dee Rusch, Schaumburg. Not pictured is Catherine Mura, Barrington.

Lyric Opera of Chicago's Education Department and the Lyric Opera Center of American Artists launched their spring

season of Opera in the Neighborhood's Educational Outreach Program with the first of 12 performances of Puccini's masterpiece, *La Bobème*. The performances are a one-hour English adaptation with a young, diverse cast as part of Lyric's Outreach 2 Educational Initiative. Over 23,500 Chicago area children will see Puccini's *La Bobème* this year.

For information on the Barrington Chapter of Lyric Opera of Chicago, please phone George Obermaier at 1-847-985-0837.

Women's Club of Inverness Making a Difference

Congratulations to the scholarship winners announced at the May 9 meeting of the Women's Club of Inverness. The winners are: Kristen Cupuro, John Garnello, Renata Hulyk, Scott Humphries, Hannah Park, all from Fremd High School; Michael Falsey, Schaumburg High School; Noura Hassaballa and Weijia (Vicki) Zhao, Conant High School; Olasubomi (Sarah) Ogunmokun, Hoffman Estates High School; Katie Speller, Palatine High School; and Jill Walter, Barrington High School.

As always, the selection process was difficult. Proceeds from the annual fashion show fund-raiser held on April 19 were designated for these scholarships. Fashion show co-chairs Eileen Kohne and Trina Toms were happy with the success of this year's show and



Contributing their skills and time to help Women's Club of Inverness make a difference: (from left) Nancy Wulfers, first vice-president; Eileen Newton, president; and Raisa Bratkiv, corresponding secretary.

that 11 \$1,000 scholarships were awarded. The Women's Club of Inverness is actively pursuing new members for its 2002-2003 year so they can continue to grow in

Emkay Offers Great Selection of Pre-Driven Vehicles

Emkay offers a great selection of pre-driven vehicles. These vehicles come from our corporate lease returns. They are typically one-driver vehicles with complete maintenance histories.

Emkay brings in the best vehicles in our fleet from around the country and offers them to the public for huge savings. Emkay averages about \$4,500 under Kelly Blue Book. Compared with CarMax, who

advertises \$1,000 under Kelly Blue Book, our savings are substantial. And our friendly and no-hassle one-price system takes all the car buying games out of the picture.

Extended warranties and financing are available on most vehicles. If you want an updated list, please call, and we will be glad to send you the most recent copy.

Barrington Youth Services Kicks Off Anniversary with Prom Fund-Raiser

May begins Barrington Youth Services' 30th year of providing counseling services and prevention programs to the community. The yearlong anniversary celebration began with auxiliary members hosting the "BYS Prom"—a fund-raiser designed to bring people back to their high school days. The BYS Prom was held on May 4 at Barrington Hills Country Club. Participants danced to the band Deja vu and bid on silent auction items.

The event was cochaired by Chris Pepper and Leigh Furda of Barrington. Donna Penyak of South Barrington ran the silent auction. The prom was underwritten by Harris Bank of Barrington, Mr. and Mrs. Stan Pepper, Mr. and Mrs. David Penyak, SBC Ameritech, Sarah Lee Corporation, Barrington Bank and Trust, United Airlines, Wickstrom Ford, Mr. and Mrs. Glenn Aquino, Mr. and Mrs. David Pittman, Frederica Smith Pederson, Mr. and Mrs. Tim Vollman, Mr. and Mrs. James Lancaster, Mr. and Mrs. James Fitzgerald, Mr. and Mrs. Richard Pepper, Dr. Richard Hogan and Ms. Susan Graunke.

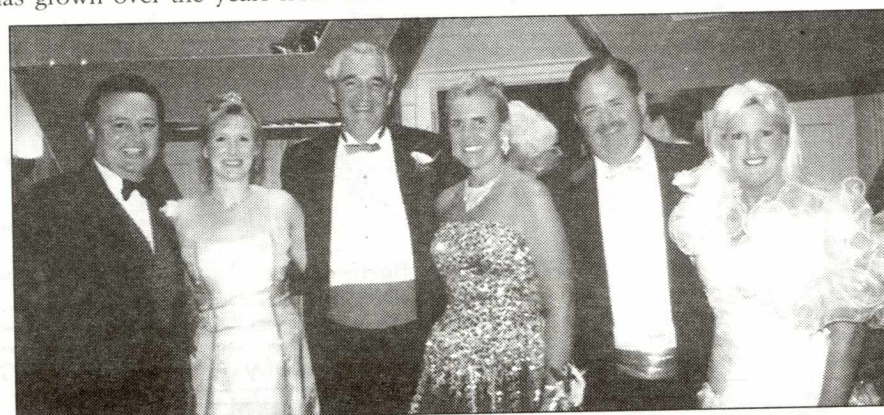
In addition to counseling, BYS offers a variety of prevention programs to area families. The Youth Outreach Program, offered to area middle school students, has grown over the years from an after-



(From left) Barrington Youth Services board president Glenn Aquino with prom king and queen Stan Pepper and Sheryl Frankenberg, all of Barrington.

school program to a program offering a variety of outlets for middle school students. The program offers a leadership group, multicultural group, Junior Orchestris dance group and a one-on-one mentoring group.

Anyone wanting to make a donation to Barrington Youth Services can do so by sending their contribution to BYS, 110 S. Hager Avenue, Barrington, IL, 60010. For more information on programs and services, call 1-847-381-0345.



The prom was cochaired by: (from left) Mr. and Mrs. David Penyak, South Barrington; Mr. and Mrs. Greg Furda, Barrington; and Mr. and Mrs. Stan Pepper, also of Barrington.



their philanthropy efforts. The 2002-2003 board of directors are: Eileen Newton, president; Nancy Wulfers, first vice-president; Cindy Parkin, second vice-president; Barb Tax, treasurer; Susan DeDonato, recording secretary; Raisa Bratkiv, corresponding secretary; and Carol Parke, director.

Membership dues are \$40. No commit-

tee chairmanship is required, and you do not have to be a resident of Inverness to be a member of the club. Current members are from Inverness, Barrington, Kildeer, Long Grove, Palatine, Rolling Meadows and South Barrington.

If you would like more information about becoming a member, please call Cindy Parkin at 847-842-1690.

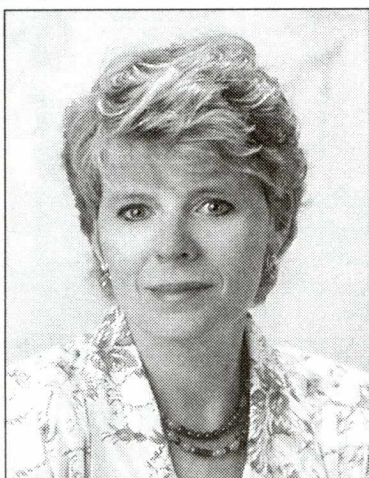
From a Woman's Point of View

by Gail Wickstrom, Wickstrom Ford

Wickstrom Ford Wins Ford Motor Company's Presidents Award for 2001

Thanks to all our customers for helping us clinch the Presidents Award for the ninth year. Our strategy was simple: to give our customers the best dealership experience possible. With our goal clearly set, we got to work. The dedication and discipline paid off as we earned Ford Motor Company's highest and most prestigious honor—the President's Award. It recognizes dealerships that provide the very best in sales, service and an overall positive ownership experience. Not to boast, but just 340 of 5,000 dealers earn it. What really makes us proud is that it's based on the satisfaction ratings of our customers. We can't thank you, our customers, enough for your fanfare.

As **Wickstrom Ford** continues to strive in customer satisfaction, we would like to announce extended service hours. Our



service department will now be open Monday through Friday, 7:30 a.m. to 7:00 p.m., and on Saturday, 7:30 a.m. to 3:30 p.m.

A Great Selection of Specialty Vehicles

Emkay Car Rental offers a great selection of specialty vehicles for short-term rent. **Emkay** has the new Buick Rendezvous. This unique vehicle combines the minivan with the SUV. **Emkay** also has the new Chevrolet Trail Blazer or the Ford Escape for your SUV needs. **Emkay** also has an outstanding selection of European imports. The BMW 3 and 5 Series, Volkswagen Passat or the Saab 9.5 are just a few of the models available. If a minivan is needed, the Oldsmobile Premier with built-in VCR, Chrysler Town & Country Lxi or the Toyota Sienna will do the job.

Please call us for availability, prices and other unique selections.

In addition to **Emkay's** great rental selection, we have an outstanding inventory for sale. Some of the vehicles we typically have available for purchase include the Jeep Grand Cherokee, Pontiac Grand Prix or Toyota Camry. These are from **Emkay's** corporate lease returns. Please call and we can fax you our current inventory. **Emkay** also offers maintenance and body-shop services for all your automotive needs.

Exceptional Values in Certified Pre-Owned BMWs at Motor Werks

Owning a Certified Pre-Owned BMW from **Motor Werks** is its own reward, a driving sensation made even more pleasurable considering BMW's demanding standards and extensive protection benefits. The Certified Pre-Owned (CPO) title is awarded only to those BMW's that pass a meticulous inspection. Once certified, they enjoy comprehensive Roadside Assistance and a Protection Plan which provides coverage on the car for up to two years or 50,000 miles (whichever comes first) from the date of expiration of the 4-year/50,000 mile BMW New Vehicle Limited Warranty.

The Warranty is administered by BMW of North America, LLC, ensuring that BMW-trained technicians using only genuine BMW replacement parts perform covered repairs.

To be eligible for enrollment in the CPO Vehicle Program, a late-model vehicle must be in service for at least six months or have more than 6,000 miles but less than 60,000 miles on the odometer. They must pass an extensive examination and a thorough and rigorous inspection by BMW factory-trained technicians.

These technicians inspect the vehicle for safety, performance and wear. If something is not right, it is fixed. If it cannot

be fixed, the car cannot become a CPO BMW. In short, we're picky. But when you see everything covered under the BMW Protection Plan, you'll understand why.

Even the most reliable and durable automobile may someday need roadside attention. Should this happen, BMW Roadside Assistance and Motor Werks are ready to help. Assistance extends to all 50 states, Canada and Puerto Rico, 24 hours a day, 365 days a year. This program provides towing, lockout service and on-site assistance during the original New Vehicle Limited Warranty or CPO BMW Protection Plan.

Additionally, the Plan provides for towing your vehicle to the nearest BMW center in the event of an accident; custom trip-routing services (maps and itineraries); and even provides trip interruption benefits for mechanical breakdowns when you are 100 or more miles from home.

Come view and road test **Motor Werks** fabulous selection of Certified Pre-Owned BMW automobiles. Call me, **Normand Neal**, for a personal appointment to receive the highest level of service and satisfaction. **Motor Werks** is marking its 30th year in Barrington. Come see what keeps us so popular with car enthusiasts.

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REMODELING 2002...

When Todd and Tamara Tabel decided it was time to remodel the kitchen of their 1970's Barrington home, they were anxious to incorporate as much light and openness as possible while adding much needed storage space. The couple wanted to retain the peninsula dividing the kitchen from the eating area, but to remove the upper cabinets over the peninsula. This made sense in that it would visually open up the space—but could they recoup the lost storage space elsewhere? They approached designer Neil McDuffie of **Barrington Kitchen & Bath Studio** to help them plan their new kitchen. Neil suggested reframing the wall of their adjacent basement stairway to reclaim some unused space. This allowed pantry cabinets to be installed on each side of the refrigerator. He also added an extra-deep cabinet over the refrigerator. *Voila!* The previous refrigerator niche became a hard-working storage wall. The Tabela's also wanted to replace their old eye-level range with a separate cooktop and double ovens. Neil worked with the Tabela's to put the ovens into the corner and place a 6-burner gas cooktop on the peninsula to allow Tamara to interact with her two small children while cooking. An eating bar behind the peninsula was raised for safety and to block the view of pots and pans from the table.

The piece de résistance of this kitchen is the beautiful storage hutch that Neil designed to set off the eating area and provide even more storage. While the Tabela's had selected Crystal cabinets in a warm finish on maple for the cabinetry in the main working area of the kitchen, Neil requested Crystal to produce a special green stain on cherry wood for the hutch. Crystal then hand-distressed these cabinets to allow the natural wood to show through. That detail, combined with a beaded cherry backsplash and countertop, gives the hutch a vintage antique look. Mullion glass doors show off Tamara's pretty china. "Crystal has recently expanded their facilities specifically to allow for custom finishes like this," Neil says. "It is exciting to be able to provide one of the only lifetime-warranted medium-priced custom cabinets on the market and also to be able to offer such exciting finish and trim options. I feel I can offer my clients the best of two worlds—value and style."

The Tabela's, like many Barrington families, like to deal with local merchants when they can. They chose light fixtures from Idlewood Electric and stools from Richard Honquist Fine Furniture. They also selected **Barrington Kitchen & Bath's** sister company **Delta Renovations** to do the installation of their new kitchen. As part of project, Delta installed new mullioned sliding glass doors and a new triple window to replace the inefficient originals. "A real advantage to using a full-service business such as ours is the convenience of having everything coordinated at one location," says owner Mark Zurek. "Our client's don't have to arrange to get individual tradespeople on-site at the right time. We provide that service for them."

If you are planning a major home renovation project, you should put the **Barrington Kitchen & Bath Studio** and **Delta Renovations** team on your team. Call them at **381-3084** to discuss the best way to turn your dream into a reality.



The Tabela's kitchen, before (left) and after. From "Warn" to "Warm."



Borrowing unused space from the stairwell allowed the installation of two pantry cabinets (above, left). The space before (above).



Designer Neil McDuffie joins Tamara Tabel and her sons for Halloween festivities.



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Who is **Stonecrafters** and what do we do? We're a family-owned company, a natural stone fabricator and importer, located in the Northwest Suburbs for the past 13 years. We just moved from Wauconda to our new showroom and plant in Lakemoor in May 2001. We employ 26 people who are all specialists in stone cutting and true, professional customer service.

Take a drive and see our showroom. Our stocked yard can save you time and money. Look through our inventory of over 1,000 stone slabs. Why look at a sample when you can view the whole slab? And, you can actually pick out your own slab when it's time to order! We eliminate the middleman and pass the savings on to you. For example, we offer 1¼-inch granite at \$56.00 installed! No need to travel to the wholesalers.

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very easy to maintain. Although silestone is a hard surface, it retains a measure of strong flexibility that makes it less likely to chip or crack than natural stone. It's virtually maintenance-free and resists permanent stains. And we have a large selection of surface colors in our silestone line that you just need to see!

And that's just silestone! When you visit **Stonecrafters**, you can see unique products like: kitchen countertops, island countertops, stone columns, shower and tub surrounds, reception desks, full-height splashes, full-wall fireplaces, fireplace surrounds and hearths, custom tub decks and architectural stone details.

Obviously, every order starts with custom measurements and ends with a quality installation by our experienced staff. All service work is complete within seven days, and we pay attention to details. That's what makes us different. We also have an on-time delivery guarantee, or take \$20 off per workday that the order is late.

Call **1-847-526-9594** or visit us to discuss your needs. We are open 8 a.m. to 5 p.m. weekdays and every Saturday morning too! Bring your plans for an estimate and receive a free granite pastry board.

Barrington Infant Welfare Chapter Fashion Show Benefit a Success

This year's fashion show fund-raiser attracted a record crowd for "An Evening in Paris," featuring clothes from Starr Couture, Barrington. Members, spouses and friends attended the event at Twin Orchard Country in Long Grove to help raise nearly \$30,000 for the Infant Welfare Clinic in Chicago.

Lisa Schor, chairperson, and her committee put together a fabulous evening. Guests enjoyed wonderful hors d'oeuvres while perusing silent auction items donated by many Barrington businesses and special boutique items from A Girl's Best Friend, Terra Productions and A Hundred Oaks Designs. American Airlines and Westminster Hotel Paris donated airfare and hotel accommodations for the major prize of the event. Gay and Paul Daniels of Barrington were the grand-prize winners. Carol Marshall and Diane Jadown, also of Barrington, provided songs and

music during the cocktail hour. After dinner, Norm Andrews auctioned off the "Invest in a Child's Future" Investment Fund, earmarked for services provided by the Infant Welfare Clinic. The response was overwhelmingly supportive, and we thank all the bidders for this extra financial support.

The clinic has provided medical and dental services since the early 1900s, and members of the auxiliaries around Chicago help provide nearly \$1 million. If you are interested in becoming a member, please contact our membership chairman, Cindy Zipparro, at 847-277-9392.

Our September membership meeting will be held Sept. 25 at the Wynstone Golf Club. Plans are already underway for next year's event in early May at Twin Orchard Country Club. If you did not have a chance to attend this year, be sure to put our 2003 event on your calendar!

Hearthstone Manor

(Continued from page 5)

qualify as tax-deductible charitable contributions to the fullest extent allowed by law.

For more information, please call Jacki at **815-334-6200**, ext. 230.

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(Continued from page 29)

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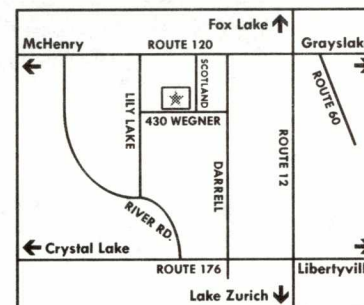
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