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October 2008

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FILL CALENDAR

**Golf Outing Raises \$100,000
for Home of the Sparrow**

**"The Great Age of the
American Automobile
—1945 to 1975"**

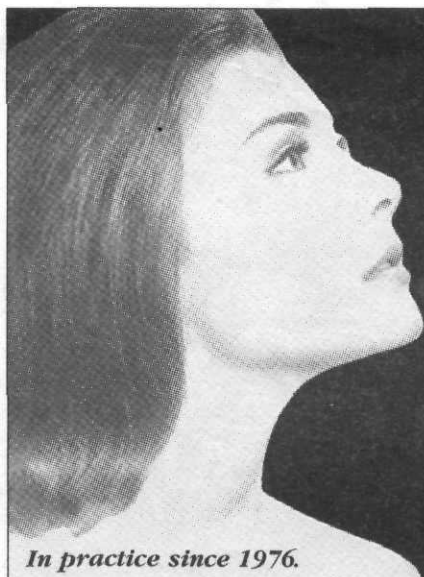
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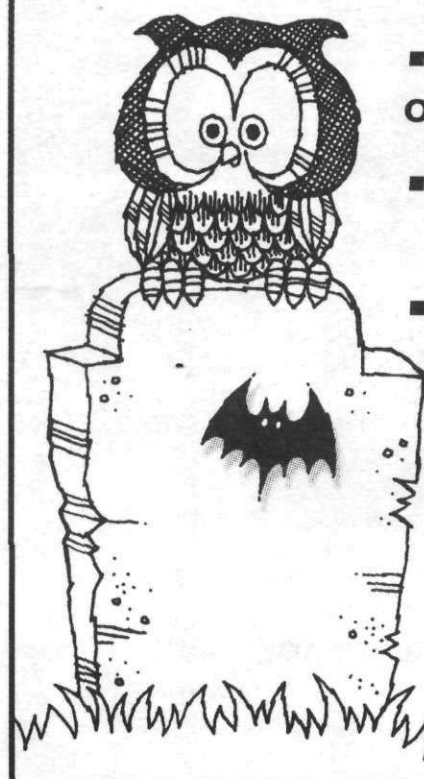
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P.O. Box 1772, Crystal Lake, IL 60039-1772

(815) 479-0695 • advertising@lifestylesmagazines.com

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(815) 459-4820 • editor@lifestylesmagazines.com

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Editor's Ink

October 2008

Dear Reader,

Here we are in October. In my opinion, the prettiest month of the year. Nature's colors are splendid.

Reflecting on last month, however, was the very successful golf outing and luncheon hosted by Friends of Home of the Sparrow. A total of \$100,000 was raised through a combination of donations, purchases and generous underwriting. Home of the Sparrow provides transitional housing and supportive services to women and children in personal crisis.

Now on display at the Barrington Area Historical Society are *Drawings from the Great Age of the American Automobile—1945 to 1975*. The exhibit includes over 140 original drawings from the decades following World War II. There are some fun, whimsical ideas depicted that never made it past the drawing board, while other concepts would later be incorporated into specific models. The exhibit is sure to bring back fond memories.

The Art Associates are planning two exciting excursions this fall. The first is to view *A Divine Art: Four Centuries of European Tapestries*. The second trip will feature artist John Himmelfarb, a Chicago painter, sculptor and printmaker.

Until next time, may all your thoughts be sunny.

With warm regards,
Glenn McMonigal, Editor
Lifestyles Magazines



About Our Cover

A Fall Classic. A deep purple water-repellent coated cotton twill coat tops a deep purple color-blocked cotton cashmere jersey intarsia sweater and white stretch cotton textured dot shirt with grosgrain trim. Completing the look are indigo stretch denim "Sloane" easy-leg jeans. Liz Claiborne Fall 2008.



Thanks for Supporting Home of the Sparrow

Makray Golf Club in Barrington was a lovely setting for the second annual Friends of Home of the Sparrow (FOHS) Women fore Women Golf Outing/Luncheon held on Sept. 8. Special thanks from event chair Marie Beath to Makray Golf Pro Don Habjan and FOHS volunteers and to all who donated or purchased items.

Hooray! It didn't start raining until the nine-hole golf matches were ending! Congratulations are in order for the low-scoring front-nine team of Edie McTernan, Kathy Gabelman, Maureen Reedy and Melissa Marquis; and the low-scoring back-nine team members Margie Blomquist, Mary Kay Williams, Stephanie McLaughlin and Karen Van De Loit. Kathy Gabelman and Sue Swail were "closest to the pin," while Annette Budzak and Sue Swail hit the longest drives! Can't forget the "most honest team"—Sue Guernsey, Connie Blomquist, Linda Kuna and Judy Hoerster—were all smiles as they turned in their score card!

FOHS offers their appreciation to Bob Rohrman's Schaumburg Honda for sponsoring the very popular "Putting Contest" with a chance to win \$10,000, and for donating the two beautiful 2009 cars to our possible "Hole-in-One" winners! Sadly no one achieved these goals, but everyone had a good time trying!

Over 60 donated items of all descriptions were bid on by the 147 attendees, with FOHS member Jill Davis doing a fabulous job as volunteer auctioneer! A total of about \$100,000 was raised through a combination of donations, purchases and generous underwriting.

Nancy Hiatt, the new executive director of Home of the Sparrow (HOS), was introduced and related that these monies will be put toward the immediate plans for necessary facility maintenance and upgrades. Home of the Sparrow provides transitional housing and supportive services to women and children within our area who are in personal crisis due to illness, abuse or financial situations and have nowhere to go. It is the only agency in our area licensed to allow mothers to keep their sons over 12 years old living with them in a group home. Since its founding in 1986, HOS has aided over 2,000 individuals in becoming stable and self-sustaining members of society through programs run at its locations in Crystal Lake and McHenry.

As always, HOS welcomes additional



(From left) Barb Ross, Jeanne Allaway and Marilyn Lageschulte



(From left) Judy Hoerster, Linda Kuna, Sue Guernsey and Connie Blomquist



(From left) Susan Norton, Suzannah VanDam and Joan Olson



(From left) Michelle Knudson, Joann Dalessandro, Cindi Kahn and Sue McVickers

community involvement—call Julie at 1-847-726-8888 to find out more about volunteer opportunities! And watch for information regarding the new 2008 holiday cards drawn by children living in the shelter.

Wynstone Golf Club Raises Funds for America's Armed Forces

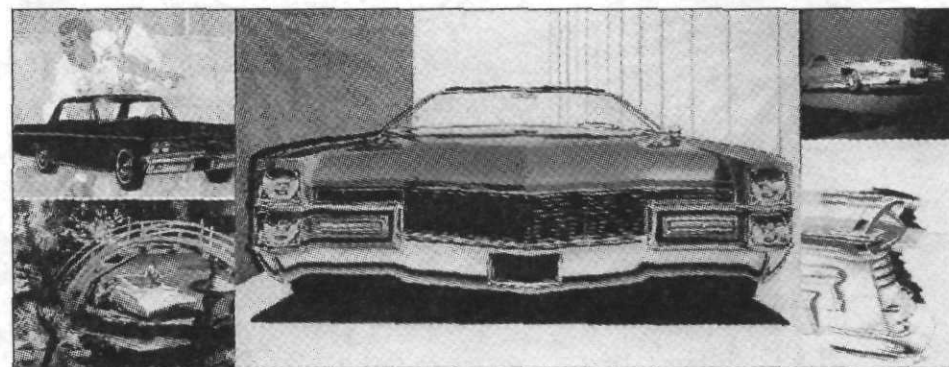
On Sunday, Sept. 7, members at Wynstone Golf Club are proud to have hosted a National Day of Golf in support of Tee It Up For The Troops. A Tee It Up For The Troops National Day of Golf is a day to acknowledge and honor the sacrifice of all military veterans and their families. All golfers were encouraged to donate for each round of golf played on this day to Tee It Up For The Troops. Contributions from Wynstone golfers totaled nearly

\$1,000 and all proceeds donated to Tee It Up For The Troops will benefit the Fisher House Foundation, America Supports You, and the Intrepid Fallen Heroes Fund.

About Tee It Up For The Troops

Tee It Up For The Troops Inc. is a non-profit organization created in 2005 to help support the fallen and disabled members of our armed forces, and their families. Visit www.teeitupforthetroops.com for more information.

Now at the Barrington Area Historical Society Drawings from the Great Age of the American Automobile—1945 to 1975



The Boston Museum of Fine Art Exhibit *Drawings from the Great Age of the American Automobile—1945 to 1975*, sketches from the Jean S. and Frederic A. Sharf Collection, is now on display at The Barrington Area Historical Society, Old Barrington Center, 212 W. Main St., Barrington.

The exhibit includes over 140 original drawings from the "Great Age of the American Automobile." The images comprising this exhibition showcase the beauty and ingenuity of American automotive design during the decades following World War II, a landmark period in car styling. Providing a rare glimpse into the creative process behind the scenes at some of Detroit's premiere car companies, they include an eclectic mix of illustrations, from preliminary sketches to fully rendered works intended for presentation to company executives. Some offer concepts

that would later be incorporated into specific models, while others represent fun or whimsical ideas that never made it past the drawing-board stage. Dating from an era when speed and power were increasingly important factors in automotive sales, one sees ample reference to the shapes of airplanes and rockets, along with other emerging technologies that influenced postwar car design. The exaggerated body contours, fenders, and chrome in these designs feel decidedly retro to us now, but in their time they were all about envisioning the future. As such, they offer engaging lessons in both industrial and graphic design, as well as a nostalgic look back from anyone who has ever succumbed to the lure of the great American automobile.

For more information or to schedule a tour, call 1-847-381-1730 or visit www.bahsil.org.

Two-Day Showcase of Arts and Crafts

The Barrington Park District presents its 7th Annual Showcase of Arts and Crafts on Saturday and Sunday, Nov. 1 and 2nd at Langendorf Park, 235 Lions Drive, Barrington. The event features over 60 juried exhibitors. Smokin' T's B-B-Que and Riverside Chocolate Factory will be on site to add a little spice and sweetness to the event.

By popular demand, Kim Falat will be returning to showcase her specially designed jewelry. Born and raised in the Chicago suburbs, Falat excelled in the fine arts throughout her childhood, and her ambition drove her to explore many creative opportunities—contemporary vocalist, poetry and short story writer, hand painting and airbrushing horses, sketching, scrapbooking, and interior design.

Falat fell in love with the art of jewelry making and began making pieces for herself, family and friends. In 2003, she opened Symphony Jewels, which has grown rapidly and now features over 300 unique and beautiful pieces. She is now incorporating wirework and metal clay into her designs, having embarked on her metal-smithing education this past March. She sells at local art fairs, boutiques, art galleries and through the Internet.

There will be returning artists and vendors such as: Virginia Bruns, Heidi Carlini, David Farber, Allison Gawor, Lisa Klepinger, Jessie Lynch, Gaye Manisco, Geri Meyer, Kristen Neubert, Anita Remus, Chris Robinson, Dianne Schmitt, Adrienne Williams, Pampered Chef, Tastefully Sim-

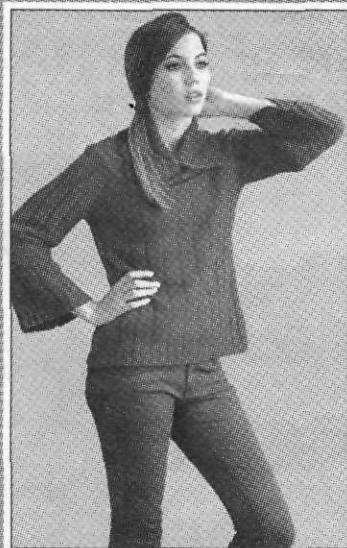


Kim Falat will showcase her specially designed jewelry.

ple, and Usborne Books, who will promise to make this day enjoyable for you and your family.

The event runs from noon to 6 p.m. on Saturday and 9 a.m. to 4 p.m. Sunday. Admission and parking is free. Food concessions will be available.

If you would like to participate in the showcase or for more information, e-mail bthompson@barringtonparkdistrict.org or call 1-847-381-0687.



Fall Fashion Frenzy!
Saturday, Oct. 4th, 10am - 5pm
15% to 40% OFF
Your ENTIRE Purchase
You draw for your discount!

Please present your ad—one per customer.
 Not valid with other discounts or prior purchases. Final sale.

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Sorry I haven't called.

**I am in transition,
 you can reach me at
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**I miss you all very much.
 Love, Catherine**

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Citizens for Conservation (CFC) Fall and Winter 2008 Adventures in Nature

• **Habitat House Hunt**—Saturday, Oct. 11, 10 to 11:30 a.m., meet at the CFC office. All living creatures need a habitat that provides them with essentials of survival. Children will be the “real estate agents” for creatures looking for a “house” on our savanna.

• **Night Walk**—Friday, Oct. 17, 6:30 to 8 p.m., meet at the CFC office. Take a family walk on the savanna at night. Children will need an adult to walk with them. We will do some activities just designed for the nighttime. Adults may bring a flashlight for



safety reasons only. If it is raining, the event will be cancelled. No fee.

• **Who's Been Here?**—Saturday, Nov. 15,

Recharge Your Style! Fashion Fever at Assemblé...

Fall is fabulous this year thanks to lots of warm and flattering colors. We're ripe and ready for ya with all the pieces to make your wardrobe a smashing success!

Designers have warmly embraced “Country” this season. Tweeds, plaids and corduroy—in sweaters and pants—rule the fashion scene. New proportions shake up the classical world: our tweedy caplet is perfection with a Lilla P turtleneck and platinum colored cords from Billy Blues. Comfy car coats catch the plaid explosion. Such colors as sienna, cobalt and dove grey pair with black for eye-catching creations. Belted knee-length cardigans are dip dyed in autumnal hues of cognac to putty for luxe and luxurious wraps. Button-back tunics and boyfriend cardigans are cozy over leggings or skinny pants.

Abstract art plays a major role this season with tops. These wearable “canvases” present themselves in rich combinations of Madeira red, purple haze and Persian blue. Sophisticated designs from Sweet Pea, Sao Paulo and Language are but a few of the many offerings we have for you.

While we're on blouses, we must cite the ultrafeminine entrance of ruffles and pleats this year. Think elegant, not girly, and to strike a balance that's both mean and modern, pair one of the blouses with a straight leg James Jean or a tweedy pant from Liquid.

The dress this fall is both chic and comfortable. Soft prints, solids and sophisticated geometries beg to be worn alone or layered under one of our great little jackets. Also arriving this month is the LBD—seriously stylish with either bead or metallic accents. A bit of glam for your evening out.

We would be remiss not to mention **Assemblé's** extensive jewelry collection. Those of you in the loop know to come to us for the signature looks, exceptional pieces and strikingly affordable finds that give your ensemble that extra “of-the-moment” bite!

This October at **Assemblé** is all about fabulous collections that aren't everywhere. It's about clothes that are fun and evocative—chic and comfortable—guaranteed to have people asking, “Where did you get that!?! See ya soon.

Court Holds Infertility Treatment Covered by Pregnancy Discrimination Act

by Joette S. Doran, J.D.



The Pregnancy Discrimination Act (PDA) prevents discrimination based on a woman's pregnancy and childbirth, and medical conditions related to pregnancy or childbirth. Recently, the Seventh Circuit Court of Appeals held that an employee's allegation that she was terminated for undergoing vitro fertilization (IVF), stated a valid claim under the PDA. In that case, the employee sought leave from her employer to undergo IVF treatment which is a procedure that takes weeks to complete and often requires multiple treatments in order to produce a successful pregnancy. Because the first treatment was unsuccessful, several months after the employee returned from her initial leave, she made a second request for leave. At the time of her second request for leave, the company informed her that due to a corporate reorganization which required the consolidation of her position, she was being terminated. As a result of her termination, she filed suit alleging a violation of the Pregnancy Discrimination Act. The trial court dismissed the case ruling that infertility is a medical condition that afflicts both men and women, and could therefore not lead to a gender-based personnel decision. However, on appeal, the

Seventh Circuit reversed, finding that because the IVF treatment is only available to women, the decision was gender-based and therefore covered under by the PDA.

For additional employment information, please visit our Web site at—www.joettedoran.com.

This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own situation.

Ms. Doran is licensed in Illinois, all Illinois federal courts and is a member of the Federal Trial Bar. She is the past chairperson of the Employment Law Committee for the Northwest Suburban Bar Association, a past president of Barrington Area Professional Women and a member of the National Employment Lawyers Association.

10 to 11:30 a.m., meet at the CFC office. We will explore the savanna and look for clues to see who has been here by what is left behind.

• **Holiday Craft**—Saturday, Dec. 6, 10 to 11:30 a.m., meet at the CFC office. Children can make a variety of presents for their family members.

While all classes are geared for children in kindergarten and up, adults are welcome and encouraged to come. The cost for each class is \$5 for CFC members and \$8 for nonmembers. No fees for adults. All students must register at least one week prior to class. Please call CFC at 1-847-382-7283 with questions.

Colored diamonds, rubies, sapphires, garnet and tourmaline all offer beautiful jewel-tone colors for fall. Stop in to see the latest dazzling new stones and designs at Celine's. You can select from our extensive inventory or choose a stone and we will custom design a unique piece for you. If you have a custom idea in mind for the holidays, now is the time to begin the process to have that special gift ready for your holiday celebrations.

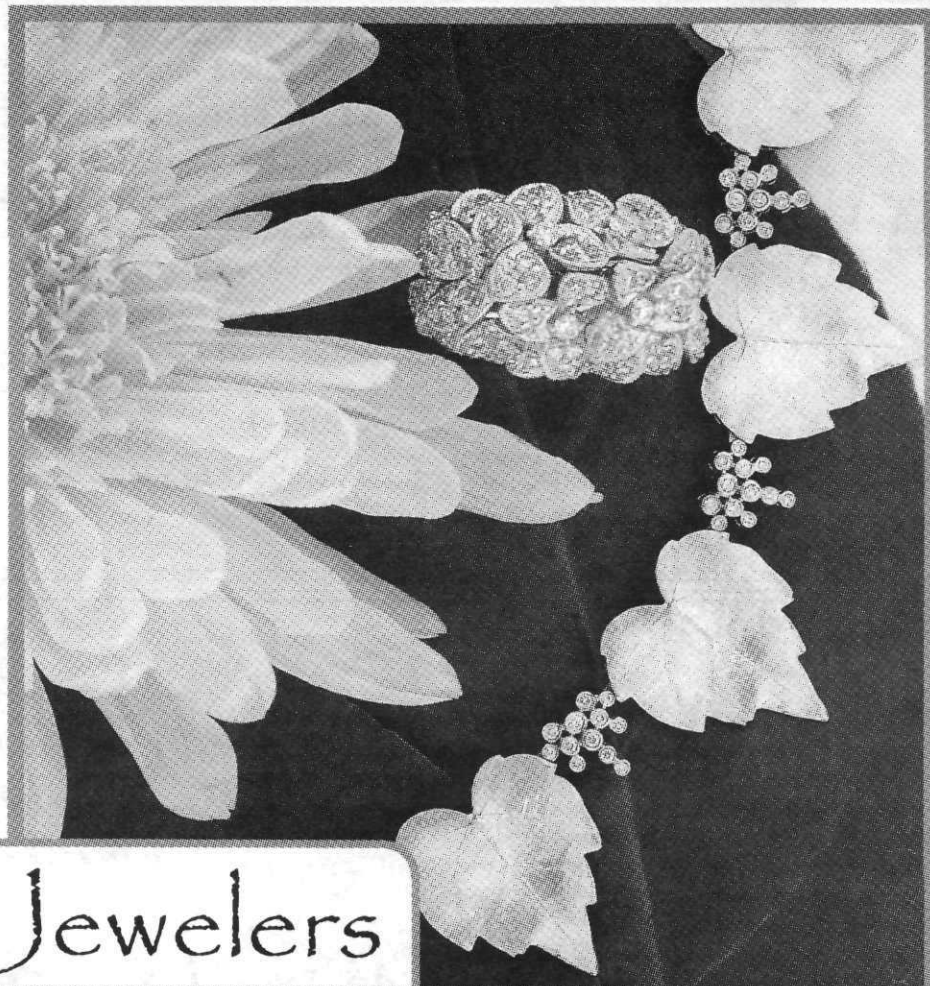
Do not forget about our sterling silver pieces accented with unusually cut and colored stones.

A great value and a great look for the fall.

Ladies, come in anytime to begin or update your wish list to make gift giving so much easier for those you love.

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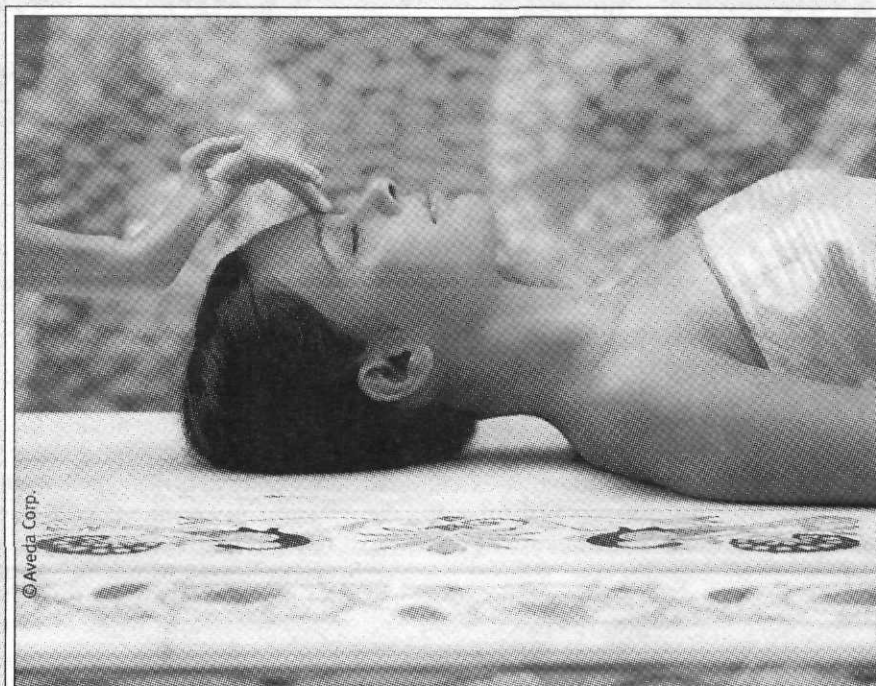


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GIRL'S DAY OUT Special Sale/Event

Friday, Oct. 17th, 9:30am-5:30pm
RSVP by Oct. 10th for special gift
Bring your girlfriends!

Sale, refreshments, informal modeling, trunk show...
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Thursday 10-8, Friday & Saturday 10-5 & Sunday 12-4

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"A Bountiful Harvest"

The Northwest Cultural Council (NWCC) is pleased to announce the first event in a yearlong 20th anniversary celebration, commemorating the founding of the council in September 1988. "A Bountiful Harvest" is a buffet brunch on Nov. 2, from 11 a.m. to 2 p.m. at Inverness Country Club. Set in the harvest season, this event will focus on the many activities and programs by which the council fulfills its mission to "weave the arts into the community."

There will be a dramatic poetry reading to celebrate the council's history of sponsoring poetry workshops. Beautiful music will accompany the event. Several tables will be set up to offer hands-on art

projects similar to lessons presented at local schools through the award-winning "Kids Meet Art"™ program. Sponsored by local corporations, "Kids Meet Art" brings artists, poets and musicians to students at area schools.

Another council program linking businesses and art is the Corporate Gallery Program. NWCC artists display their works at galleries installed in various corporate sites on a rotating basis.

"This brunch will be a wonderful event. We hope to bring together our artists, poets, board members and friends to celebrate 20 years of providing cultural enrichment in the northwest suburbs," said NWCC Executive Director Kathy Umlauf

Halloween Arrangement Focus for Four Seasons Garden Club

The Four Seasons Garden Club will hold its October meeting on Tuesday, Oct. 7 at the Barrington Area Library.

The business meeting will begin at 9:30 a.m., followed by an informative demonstration of fall and Halloween arrangements by Mari Mackenbach. It is sure to be a fun and instructive session.

The Four Seasons Garden Club usually meets at 9:30 a.m. on the first Tuesday of

each month, August through June. The meetings are usually held in a member's home or at the Barrington Area Library. Meetings include a social coffee, visiting among members and guests, a short business meeting, and a presentation or demonstration concerning some aspect of gardening or gardening interests. For further information, please contact Alena at 1-847-438-3981.

of Barrington.

The cost is \$75, \$50 of which is a tax-deductible donation to the council. Seating is limited. Checks may be sent to:

Northwest Cultural Council, 500 N. Hicks Rd., Ste. 120, Palatine, IL 60067. For additional information, please call the Northwest Cultural Council at 1-847-991-7966.

Be Discovered at the Ice House Mall Model Search

Autumn is in full swing at the Ice House Mall with beautiful fall apparel, accessories, home furnishings, and exceptional events!

Beginning **Saturday, Oct. 4, visit the Ice House Mall for Barrington Village Days. See the unique and elegant vehicles of Concours d'Elegance on display from 9 a.m. to 2 p.m. Mention Hospice while shopping or dining and 10% of your purchase will be donated back to Hospice of Northeastern Illinois.** Some restrictions may apply. Stop by Barrington Home Shoppe for free samplings on their 60010 line of fall treats. Enter to win prizes at Barrington Home Shoppe, Peter Daniel and Savvy Spirit & Casual. No purchase is necessary. **Dine at Chessie's Restaurant (soon to be the 111 Grille) for fine dining in a pub atmosphere. Mention Hospice and 10% of your lunch or dinner purchase will be donated to Hospice of Northeastern Illinois.** Don't forget \$5 Burger Tuesdays all day.

Be Discovered on Saturday, Oct. 11 from 9 a.m. to 1 p.m. at the Sunburst Model Search and Pageant. This is your child's opportunity to be discovered! Pick up **entry forms at any Ice House Mall store** before Oct. 11. Categories for participants are **boys, infant to 3 years old;** and **girls, infant to 27 years of age.** More information and details can be found on the entry forms or call the Mall Management office at 1-847-381-6661.

Don't miss our **"Girl's Day Out" shopping event on Friday, Oct. 17** at Barrington Home Shoppe, Peter Daniel and Savvy Spirit and Casual. Girls, meet **Francis Gravely, the founder of the Vietri line of giftware** as she promotes her new fall and holiday line, and don't miss the Mariposa Trunk Show—all at the Barrington Home Shoppe. At the Girl's Day Out event, shoppers will receive 20% off one item at Barrington Home Shoppe, Savvy Spirit & Casual and Peter Daniel. Shoppers will also be treated to a **Linda Richards Trunk Show** and refreshments at Peter Daniel. Girls will not want to miss the **Lonnie Lovness Accessories Trunk Show**, refreshments and informal modeling featured at Savvy Spirit & Casual.

Bring your children to trick-or-treat for **Halloween at the Ice House Mall & Village Shops.** Stores will offer treats to all children dressed in costume from 3 to 5:30 p.m.

The holiday season is almost here. Get your holiday shopping lists ready. **Shop early and Save BIG** this holiday season at the Ice House Mall with our **Pre-Holiday Sale, Thursday, Nov. 6 through 9th. Meet nationally syndicated cartoonist and local Barrington resident Bill Potter** of the cartoon "Woody's World." Potter will create **one-of-kind caricatures** from **11 a.m. to 2 p.m. on Thursday, Nov. 6.**

The Ice House Mall will hold its **annual Holiday Food Drive for the Barrington**

(Please continue on page 12)

Autumn

October 4th

Village Days 9am - 2pm

Concours d'Elegance local car clubs on display

First 25 attendees will receive a gift bag

Enter drawings, enjoy samplings,

Shop and mention Hospice - 10% of your purchase

donated to Hospice of Northeastern Illinois

See participating stores - no purchase necessary

October 11th

Sunburst Model Search and Pageant

9am - 1pm

Entry forms and details at all Ice House Mall stores

Categories - Boys infant to 3 years

Girls infant to 27 years

October 17th

Girls Day Out Sale Event

Refreshments, Trunk Shows, Prizes,

and Incredible Sales!

see participating stores for details



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200 Applebee Street, Downtown Barrington
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Mall Hours: Mon-Sat 9:30am-5:30pm

Thurs 9:30am-7:00pm Sun Noon-4:00pm

Peter Daniel

**OCTOBER EVENTS
MARK YOUR CALENDAR**

Trunk Show

Outerwear and
Fur Accessories by

Linda Richards

**October 16th - October 24th
All Day**

Elegant coats, capes, fur accessories
and more!

**RSVP by October 12th to win a
fabulous fur accessory!
847-382-6676**



We all need a little fur!

Girls Day Out

**Shop till you drop!
October 17th
All Day!**

Invite your friends, mothers and sisters
for a fun-filled day of shopping,
special discounts, refreshments, and more.

**RSVP by October 12th
for a free gift: 847-382-6676**

We all need a little fun!

Ice House Mall
200 Applebee Street, Barrington, IL
Mon-Sat 9:30am-5:30pm
Thurs 9:30am-7:00pm
Sun Noon-4:00pm

peter daniel
barrington
apparel for men and women

Your Town, Your Store!



Fall Girls Day Out
Friday, October 17th
All Treats, No Tricks!

special appearance

by

Frances Carrington Gravely,

co-founder and Vice President of

Vietri

Mariposa

Trunk Show

Lady Primrose

engraving event

Stonewall Kitchen

Holiday Samplings

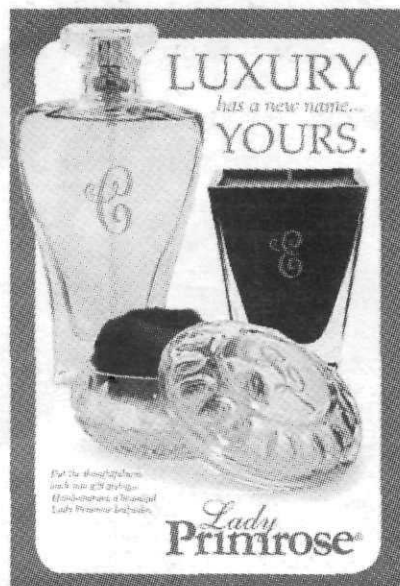
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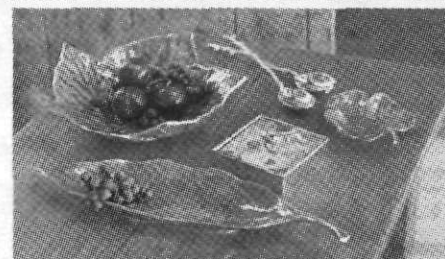
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Lady Primrose
Special Engraving Event



Mariposa Trunk Show



Barrington Home Shoppe at the Ice House Mall
200 Applebee Street, Barrington, IL 60010
(847) 304-9627

Celebrating Autumn and the Holidays!

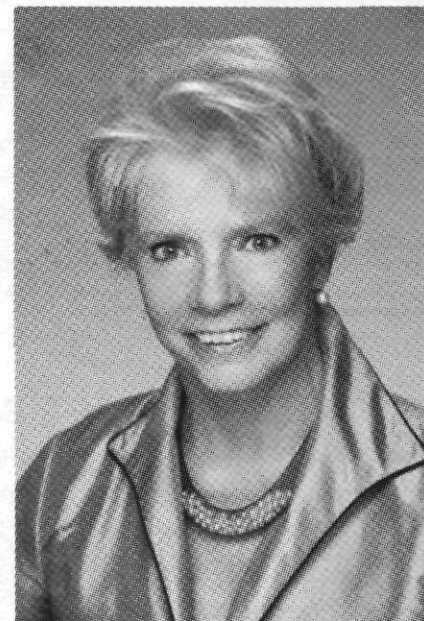


HOLIDAY ITALIA EVENT VIETRI

IRRESISTIBLY ITALIAN

Special Appearance and signing by
Frances Carrington Gravely
Cofounder & Vice President
11am - 1pm

**LIFESTYLE ENTERTAINING
TABLEWARE & HOME DECOR**



A connoisseur of Italian culture and tabletop style, Gravely, with her sister Susan Gravely and mother Lee Gravely, formed VIETRI in 1983 after a family trip to the Amalfi Coast where the threesome fell in love with colorful handpainted dinnerware at the famous San Pietro Hotel. VIETRI has grown from a small company representing one Italian factory to the largest Italian importing company in the American tabletop industry. With approximately 50 employees in N.C. and 100 sales representatives across the U.S., VIETRI now serves a customer base of over 2,000 of the finest specialty stores and boutiques in all 50 states, plus Canada, England, Mexico, Europe, South America and Asia.



Today, VIETRI works with over 40 manufacturers throughout Italy. These manufacturers are involved in ceramic, wood, glass, stainless steel, pewter and terra cotta. Many artisans are from multiple generations of skilled masters.

A symbol of fashion forward design and true artistry, VIETRI's handcrafted Italian products are regularly seen in most major home, gourmet, fashion and style magazines in America as the pick of editors for style, color, pattern and craftsmanship. VIETRI products have been featured in the following magazines: Vogue, Oprah, Brides, Martha Stewart Weddings, InStyle Weddings, Bon Appetit, SHOP, Southern Living, Midwest Living, Country Home, Cooking with Paula Dean, Domino, Country Living, and Fine Cooking, among others.



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**Barrington Home Shoppe at the Ice House Mall
200 Applebee Street, Barrington, IL 60010
(847) 304-9627**

THIS is The Wearable Art Weekend Worthy of CLIX!

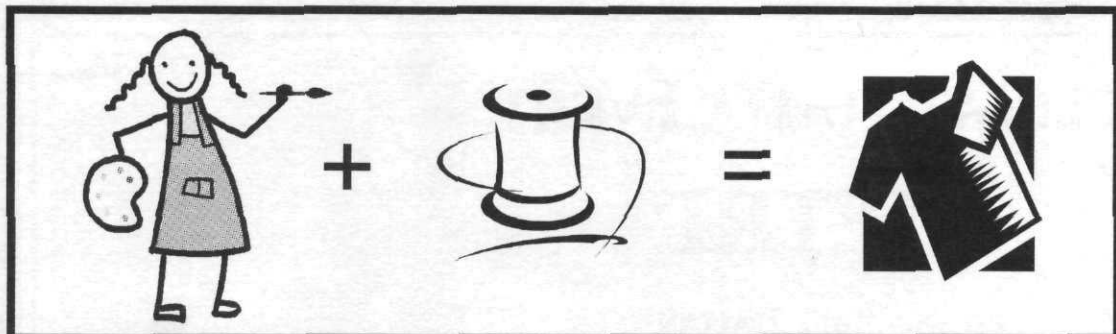
We'll be featuring fabulous and unique handbags, made one at a time by **Beckyoh**, and comfortable, classic and colorful clothing designed and created by **Justine artWear**. Add to that the ultrasoft T-shirts painted in a unique collaged style by **EvaMay**, and the hand dyed silk jackets, skirts and scarves for mix-and-match wardrobe options from **One Wing Studio**.

"We got this idea," says **CLIX** owner Ann Nevills, "because in searching for all of our handmade jewelry vendors I kept seeing such wonderful and original Wearable Art. I knew it would look great with the jewelry, great in **CLIX** and terrific on our customers. It's win, win, win! We have set this up like a trunk show so this way we could showcase dozens of pieces that we won't be carrying after the weekend of Oct. 9 through 12th."

WEARABLE ART WEEKEND

OCTOBER 9 - 12

OPENING PARTY THURSDAY EVE 5-8P



We searched and found and screened four (count 'em 4) of the coolest and most original clothing designers whose fabulous **JACKETS, SCARVES, SKIRTS, PURSES, HATS** and **T-SHIRTS** will be featured for four (just 4!) days. These artists have the unique creativity, originality and one-of-a-kind choices you've come to expect from...

CLIX

"Who needs Paris when you've got Crystal Lake?"

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Each of these American fiber artists have been carefully chosen to bring a variety of styles, tastes and fabrics which can be dressed up or down for a look that fits any occasion or lifestyle. **CLIX** will also introduce a new line of jewelry and Meditation Bowls by **Hilary Packard**, a well-known local artisan.

The kick-off event will be **Thursday evening, Oct. 9** at 5 p.m. For the first 50 who RSVP by Oct. 2, a **\$10 savings coupon** will be included for free. Yikes! "What a deal," says Nevills, "...of course the coupon is only good with a purchase of \$20 or more and is valid that weekend only, but still, I bet you don't see that when you go to fill your gas tank."

Come on in to **CLIX** for "**Booo-tiful**" ideas for Halloween and fall entertaining supplies, transfer ware bowls, organic soy candles, unique serving pieces that look like table jewelry, crazy cards and do-dads for your whacky friends and fresh new ideas in home décor. No kidding. You have to get in here. And if you miss the **Wearable Art Weekend**, who knows what despair you'll suffer? Get yourself a **CLIX FIX**, 33 N. Williams, downtown Crystal Lake.

Fabulous Fall Luncheon

The Northwest Women's Connection invites you and your friends to their Fabulous Fall Luncheon on Thursday, Oct. 9 from noon to 1:30 p.m. at Concorde Banquets, 20922 N. Rand Road, Kildeer. The cost is \$17 inclusive.

Erin Stelter from Teavana, located at Woodfield Mall, will be with us to tell us all about tea.

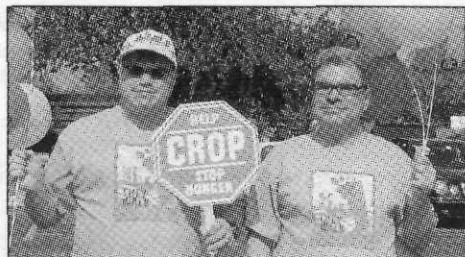
Judy Majchrowitz from Huntley will talk about "Finding Love that Lasts a Lifetime." Majchrowitz is a former antique store owner who loves crafts and floral designing.

Lunch reservations are needed by Friday, Oct. 3—call Jill at 1-847-358-5830.

2008 Barrington Area CROP Hunger Walk Names 26th Anniversary Grand Marshals

The Barrington Area CROP Hunger Walk Committee is proud to announce that Kirk Murdock and David Kelsch have been named grand marshals for the 26th anniversary of this event that raises funds for people in need in our communities and around the world.

David Kelsch (pictured, left) and Kirk Murdock (right) became best friends in high school. This is Kelsch's fifth year walking in the crop walk and Murdock has been walking over six years. Kelsch works at Barrington High School and Murdock at Northern Illinois Medical Center in McHenry. Both Murdock and Kelsch represent the devoted spirit that exemplifies the meaning of CROP: Communities (and people) Responding to Overcome



Poverty.

The Barrington Area CROP Hunger Walk is on Sunday, Oct. 19. The walk begins with registration at 12:30 p.m. at the Lutheran Church of the Atonement, 909 E. Main St. at Eastern Avenue, Barrington. For additional information, call 2008 chair Barbara Schwartz at 1-847-487-2513.

Special Needs Support Network Meeting

Special Needs Support Network of Lake Zurich (SNSN) will meet on Monday, Oct. 6 at 9 a.m. for networking and informal discussion on book reviews of favorite books related to special needs topics. Monday morning meetings are held at Alpine Chapel, located at the corner of Echo Lake and Miller roads in Lake Zurich.

The group will also meet on Monday, Oct. 20 at 7 p.m. at the Ela Public Library in Lake Zurich. The meeting will feature Lisa Stankus of Quentin Road Dyslexia Solutions speaking on "Reading Difficulties and How to Help Your Child."

SNSN is a group dedicated to empowering families of special needs learners to reach their full potential through support, education, networking and advocacy. They meet the first Monday of each month from 9 to 11 a.m. for informal networking and discussion. The third Monday evening of each month is reserved for featured speakers related to special education and disabilities. The group is open to all parents with children in all school districts. For more information, e-mail snsnet@comcast.net.

Barrington Lyric's 2008-2009 Executive Board & Committees

The 2008-2009 officers and executive board of Barrington Chapter of Lyric Opera (BCLOC) invite new members to share in a year of entertainment, education and unmatched camaraderie including Lyric Opera of Chicago special invitations, concert privileges, and much more. For inquiries on Barrington Chapter membership, please phone George Obermaier 1-847-985-0837.

As presented by 2006-07 nominating chair Fritz Fredrickson of Barrington, the 2008-2009 officers and executive board will be: Toni Savadel, president and program chair, Carpentersville; George Obermaier, 1st VP membership, Schaumburg; Mary Robins, educational outreach, Arlington Heights; Dave Nelleman, treasurer, St. Charles; and Marlene Boncosky, recording secretary, Crystal Lake.

Committee chairpersons: Norma Carey, archivist, Barrington; community relations

co-chairs Catherine Mura, Lake Barrington, and Glenne McMonigal, Crystal Lake; Howard Robins, development, Arlington Heights; hospitality chairs Mary Green, Barrington, and Maureen Brown, Lake Zurich; Kathryn Black, invitations, Barrington; Fritz Fredrickson, nominating chair, Barrington; Nancy Hozian, member services, Kildeer; Diane Johnson, OPERATHON liaison, Arlington Heights; Margit Vogel of Lake Barrington and Susan Obermaier of Schaumburg, reservations; and Martha Kersey, volunteers, Palatine.

Assisting Toni Savadel with chapter programs will be Walter Ahern and Anne Gross, Inverness; Maureen Brown, Lake Zurich; Norma Carey, George Flint, Mary Green and Janet Lareau, Barrington; and Diane Johnson and Mary Robins, Arlington Heights.

You may want to visit Lyric Opera of Chicago's Web site, www.lyricopera.org.

Catholic Charities' LOSS Meeting Dates

Catholic Charities of the Archdiocese of Chicago invites those who have experienced the loss of a loved one to suicide to participate in its Loving Outreach to Survivors of Suicide Program (LOSS).

Meeting Dates and Locations

• Sundays, 7 to 9 p.m. at Catholic Charities Northwest Office, 1717 Rand Road, Des Plaines on Oct. 12, Nov. 9 and Dec.

14.

• Wednesdays, 7 to 9 p.m. at Holy Family Church Counseling Center, 2515 Palatine Road, Inverness on Oct. 15, Nov. 19 and Dec. 17.

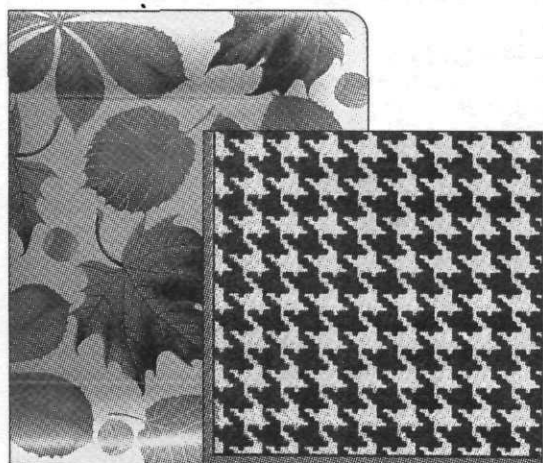
• Thursdays, 7 to 9 p.m. at Carmel High School, One Carmel Parkway, Mundelein on Oct. 23, Nov. 13 and Dec. 18.

To learn more, phone 1-847-376-2118.

Fall into Fun & Football at Little Shop of Papers



Autumn is a great time to entertain with a cozy dinner party at home or by having the whole crowd over for a tailgate! Choose from a great selection of invitations and let us print them for you. Then select festive plates, napkins and place cards to make it easy on the hostess (you!). Come in to **Little Shop of Papers** and let us take care of all the details—you just invite the guests!

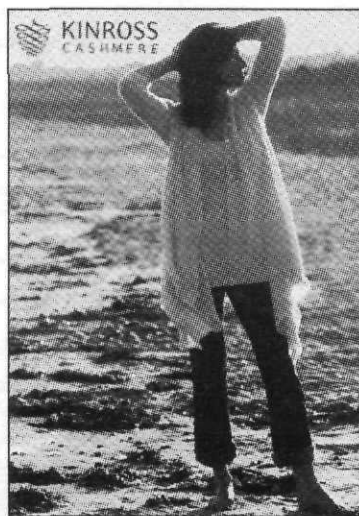


October, probably one of the best months in the year. The cool weather, bright skies, changing colors, great sweaters, soft cords, cashmere... **Satin Filly** can provide you with the last four—color, sweaters, cords and cashmere—and more.

We are here to help you with your wardrobe needs and we have some pretty great clothing. I hat to say it and we never decorate for X-mas in October, but you might start thinking of a gift you could suggest to your significant other! Or let us know!

We have a few changes at **Satin Filly**. One is a new puppy, Calvin. Yes, I have three standard poodles. Yes, it's chaotic. Yes, my husband thinks I'm crazy. And yes, he is adorable (both my husband and Calvin). You may not see him—he's a bit of a ruffian and hasn't developed many manners yet...

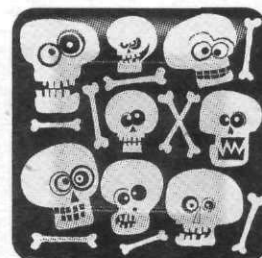
Stop by and enjoy our beautiful fall.



—Karen

EAT, DRINK AND BE SCARY!

From wee witches to grown-up goblins, **Little Shop of Papers** has cards and invitations to deliver your Halloween spirit! And party cleanup doesn't have to be frightening... choose from a great selection of paper goods... pumpkins, witches, ghosts, and more!



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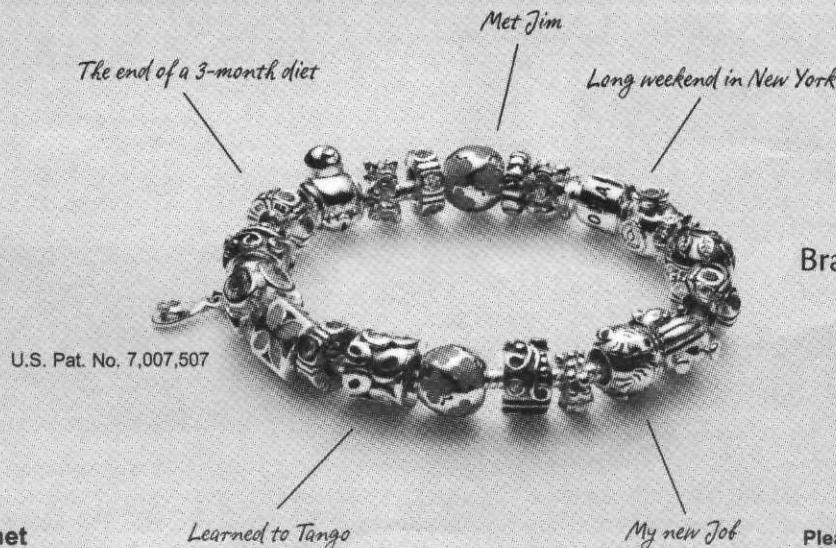
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October 3 & 4

Extended Show Hours 9am - 7pm

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Please call or email to reserve bracelet, new beads available.

Garden Club of Inverness Wants to Know "Where on Earth Did You Find That?"

On Thursday, Oct. 16, Beau Kimball, owner of Kimball and Bean Architectural Garden Antiques, will be answering the question, "Where on Earth did you find that?" For the last 20 years, Kimball has traveled the world buying and selling architectural and garden antiques. Along the way he and his wife, Nancy, have gathered many charming and unique experiences that he will share with the group. He will also be giving ideas on how to use these "recycled" objects in our homes and gardens. The Kimballs were listed in *House and Garden Magazine* as one of the best designers of 2007.

Throughout their design career, they have been profiled many times on TV, radio and in print.

In order to enjoy Kimball's ideas and experiences, plan on joining Garden Club of Inverness members on Thursday, Oct. 16. Try to arrive at 9:15 a.m. in order to meet friends and other garden enthusiasts. The general meeting starts at 9:30 a.m.

Also, mark your calendar to attend the Garden Club of Inverness annual Holiday Luncheon on Thursday, Dec. 4. The theme this year is "Evergreen" which continues the club's focus on being kind to our planet. It is always a very festive way to

Andrew Senn Concert

Acclaimed organist Andrew Senn of Philadelphia will present a concert at the Presbyterian Church of Barrington on Sunday Oct. 5 at 4 p.m.

Senn, a native of Chicago, graduated from the Curtis Institute of Music, where he studied with John Weaver, and at the Turo Cathedral in Cornwall England with Andrew Nethsingha. Senn has concertized throughout England and the U.S. He is currently the director of music and organ-

ist at the First Presbyterian Church in Philadelphia. His program will include works by Handel, Bach, Buxtehude, Mozart and Julius Reubke.

Admission is free, a musical gift to the community. Contributions will be accepted for the Church Mission Fund.

The church is located at 6 Brinker Road (corner of Brinker and Lake Cook roads). For more information, call 1-847-381-0975 or visit www.pcbarrington.org.

start the holiday season.

The Garden Club of Inverness meets from September through November and January through May on the third Thursday of the month at 9:30 a.m., at All Saints

Lutheran Church, 630 S. Quentin Road, Palatine. After a brief business meeting, there is always a program of interest to area gardeners. All gardeners are welcome. For information, call Carole at 1-847-381-2727.

Robots Make Great Gifts!

iRobot Vacuums Floor Cleaners



\$149.99 and up

Awesome Robot Toys!



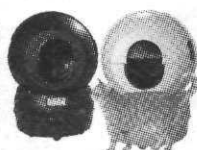
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Robot Lawn Mower



New Service Makes Toys Easy to Open

Are you annoyed by toy companies that make it so difficult to open toy packages that you want to throw the toy in the garbage? This is especially difficult during the busy holiday season. You would rather be visiting with family, but instead you are fighting a toy package! Worse yet, when you finally open it, you realize the batteries are not included or you don't have the right ones!

Paradise Robotics has the solution. We have launched a new service called **ExpressPlay** you can use for any robot toy purchase. Place your order for Wow-wee Roboquad or Flytech Dragonfly by phone and request the ExpressPlay op-

tion. For only \$10 more, we will open the box, install the batteries and then restore the toy in the box in a way that allows it to be removed easily. The ExpressPlay option **includes batteries and free gift-wrap.**

But wait, there's more! For a limited time, we are offering **free gift-wrap** with purchase of all robot vacuums, floor cleaners, robot toys, and some auto pet care products.

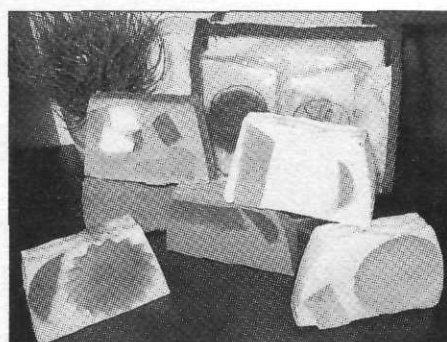
Order by phone. Barrington area residents: we deliver **FREE!** Call 1-847-960-8520. Visa, MasterCard, COD, or personal check with approximate 10 day delivery delay.

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before



after

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Come to Norton's U.S.A. this October
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will make every age goblin shriek with delight!!



Norton's U.S.A. will be open until 8pm
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Regular store hours - 10am - 5pm Tuesday - Saturday
Feel good about yourself and shop at Norton's U.S.A.!!

The fun place where everything you buy
is made in the United States!!

Cut this coupon and receive 15% off
entire purchase the whole month of October!!!!



Women's Club of Inverness October Meeting

The March-meeting of the Inverness Women's Club will be held Thursday, Oct. 9 at the Inverness Golf Club. Coffee and tea will begin at 9 a.m., with a business meeting at 9:30 a.m., followed by the program.

The October program will feature "Make a Difference Day." This year's event will feature a speaker from Wellness Pace. Wellness Pace is a cancer resource center in Palatine that provides life-altering care, support and guidance to the many people in our community who are living with cancer. For more information, please contact Marcia at 1-847-358-5325.

The Women's Club of Inverness Meets September through May. Most regular meetings are held at 9 a.m. on the second Thursday of the month at the Inverness Country Club (with special exceptions in November, February and April). A brief meeting is followed by an informative and interesting program.

The Inverness Women's Club is a philanthropic 501(c)(3) organization. All proceeds from their activities are distributed to local community-based organizations and scholarship grants to graduating seniors and college students residing within the boundaries of school districts 211 and

Ice House Mall

(Continued from page 7)

Food Pantry Nov. 17 through 30th and Dec. 1 through 14th. Bring in boxed and canned goods to our holiday collection boxes throughout the shopping center. Join in the spirit of giving and help those less fortunate this holiday season.

The Ice House Mall is your one-of-a-kind shopping destination where you can eat, drink, shop and pamper yourself

220.

The Shoe Box Express

The club is always looking for donations and names of servicemen and women stationed in Iraq and Afghanistan to send care packages to. If you would prefer to help with the shipping cost, a monetary

donation payable to The Inverness Women's Club and marked "Shoe Box Express" will be specifically earmarked to be used for postage to mail these packages. The list of items needed by soldiers changes from month to month, so please call Kim at 1-847-934-1456 for more information.

The York New Arrivals SALE!

This season, the York Collection of furs and fine outerwear features an extensive array of Designer Creations complemented by York's own Signature Styles. Casual Chic to Go **FUR** Glam. Boleros to Great Coats. Discover the perfect piece to fit you, your lifestyle and budget. Hurry-in to see what's in-store and **ON SALE NOW** during the York Furrier Annual New Arrivals **SALE!**

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Trade-ins Welcome. Financing Available.
Sale ends 10/18/08 at 6pm.

Zandra Rhodes
Sheared Mink and Stone Marten

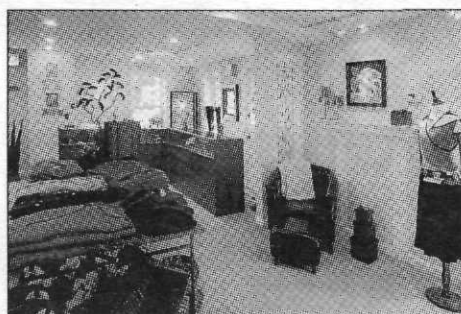
York Signature Style
Natural Sapphire Mink

A New Boutique in Long Grove

Chances are you haven't been to Long Grove lately. And if you haven't, well things are really changing! For many years the central business district of Long Grove was widely known as a tourist destination. Local residents mostly avoided the area based upon this reputation. Then, a few years ago, a shift began to take place as several entrepreneurs began to open stores that trended towards local consumers, offering a more upscale and customer-friendly selection of products and atmosphere. The souvenir-type stores began to disappear and were replaced by wonderful boutiques and markets, art galleries and distinctive home décor locations.

Long Grove residents Rachel Perkal and her husband Tobin Fraley have been an active part of this revitalization of Long Grove's Historic Business District. Opening their first store, Woodland Grove Gallery, in the spring of 2005, they focused their attention on high-quality, handmade American crafts. Seven months later, they purchased the store next door, Trillium, which already had a great reputation for beautiful home décor.

A year later they opened Trio, A Long Grove Boutique, specializing in contemporary sophisticated fashions for special and everyday occasions. Within the past two months, the couple celebrated the Grand Openings of their fourth and fifth stores. The Artistic Gardener opened in June and the theme is about bringing art to your garden and a garden in your home. The couple's fifth store, Prairie Smoke Clothing Company opened just a



few short weeks ago.

Prairie Smoke is named for a beautiful and unusual native Illinois wildflower. The name is apt because what they offer inside Prairie Smoke is also exceptional. Rachel spent months searching for just the right clothing lines to complement the new store, clothes that are upscale and yet casual and unpretentious. Many lines use natural fibers and are crafted in the United States and Prairie Smoke offers clothing in a wide range of sizes that will complement women from a size two to a size sixteen.

"We pride ourselves on offering a wide selection of products primarily made in the United States, Europe and Canada," Explains Rachel. "And we strive to always delight our regular and first-time visitors with the range and beauty they will find in our stores." Equally important is the knowledgeable and attentive service that is part of the shopping experience in all of their stores. With the help of an expert staff, anyone who visits any or all of these fine shops may enter as a customer, but will likely leave as a friend.

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A NEW BOUTIQUE OF SOPHISTICATED, CASUAL CLOTHING
A STORE YOU WILL ABSOLUTELY LOVE!



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Calling all witches, goblins and skeletons!
Enjoy free trick-or-treating Saturday, October 25th from 2pm-4pm with fun
for the entire family. Look for stores with pumpkin decals on their
doors or windows to collect your candy.



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Meet Quest Academy Alumna Colleen Praxmarer



Ensign Colleen Praxmarer, USN, is on top of the world... and on the other side of the world. Stationed in Yokosuka, Japan, as a Surface Warfare Officer, Colleen fondly recalls her days as a student at Quest Academy, reflecting on her great teachers, and the school's commitment to academic excellence and character education: "Quest Academy provided me with the opportunity to pursue my passions and develop new ones. The dedicated teachers provided the environment to foster personal strength and confidence that can only be derived through successes and failures. The academic foundation and character building experience has assisted me in becoming the person I am today."

Colleen's years at Quest Academy laid the foundation for a stellar academic career which includes the following accomplishments:

Fremd High School, Class of 2004

11 AP classes, AP Scholar with Distinction
Top 6% of Class Illinois State Scholar
Extemporaneous Speaker Regional Champion 2004

The George Washington University Presidential Scholarship Recipient
Four year Naval ROTC Scholarship Recipient

The George Washington University, Class of 2008

BA International Affairs, cum laude Honors Program Scholar
Elliott School of International Affairs Special Honors
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Surface Navy Association Award 2008
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Quest Academy Now Offering Modern Standard Mandarin Chinese to its Middle School Students

Quest Academy provides gifted children with a **challenging curriculum and a nurturing environment**. "We recognize that, although a 6-year-old may be able to do long division in his head or read and comprehend at a ninth-grade level, he's still a 6-year-old with the same emotional and social needs as other children his age," Cunningham says. "He needs to have a peer group with whom he can enjoy both intellectual challenges and socially appropriate interactions. Our interdisciplinary, concept-based curriculum is open-ended, thereby allowing students to progress as far as possible in any given area. Quest doesn't teach students *what* to think; we teach students *how* to think."

Quest's middle school students are now taking **Modern Standard Mandarin Chinese**. This course focuses on exploring Chinese culture by engaging in reading, research, special projects and various fun activities. Students learn how to recognize, read and write simple Chinese characters in simplified version. By the time students finish eighth grade, they will know a great deal about this particular culture and its customs, master a certain amount of commonly used vocabulary, and be able to carry on simple daily conversations.

SMART Board interactive whiteboards have brought a whole new level of interactivity to classrooms. Combined with a

computer and a projector, SMART Boards are greatly impacting all Quest students' experiences in both academics and the arts.

During the 2007-08 school year, Quest students received third place or higher in the Latin School Math Competition, Illinois State Science Fair, Mathcounts and Illinois Math League. All three of Quest's choirs received a rating of I at the IGMSA regional competition, and the Destination Imagination (DI) team won a worldwide contest for the creation of a commercial for DI's 25th anniversary. The DI team also placed third in their team challenge at the global competition.

Quest Academy's testing facility can provide you with valuable insight into your child's particular learning style. From achievement tests to IQ tests, Quest's educational consultants are equipped to help you find the answers to give your child the greatest chance at success in his or her educational career. We are also able to conduct testing for the Davidson Institute.

A few openings for new students still exist for the upcoming school year. **To learn more about Quest Academy and to schedule a campus tour for your family**, please contact Mary Cunningham at 1-847-202-8035 ext. 438, or mary.cunningham@questacademy.org.

Holistic Healthcare for Women

by Marilyn L. Mitchell, M.D., WomanCare

Holistic Healthcare for women is in great demand. Women today are well educated and practical. They expect to be heard, and are willing and capable of taking charge of their own health and wellness. Holistic Healthcare is the answer for these women because it combines the best of traditional and alternative medicine in an individualized manner, and facilitates a partnership.

In health care, when talking about holistic medicine or healing, what I mean is a conscious or intuitive approach to human beings that individualizes their care. I consider any illness, health issue, crisis or transition as an opportunity for healing. Rather than consider these as inconveniences, they provide a critical interruption; an opportunity to listen to our bodies and our inner journey. Imbalance and illness provide a doorway back into balance.

The traditional medical approach is a grand body of knowledge that has a focus on alleviating symptoms and curing disease and relies on linear thinking for its implementation. The holistic approach enlarges upon the medical knowledge base by using intuition to listen to the body and compassion to listen to the spirit. Many believe that to use a holistic model necessitates using only herbs, vitamins and other alternative methods, while shunning anything medical and technological. This is not whole but merely trades in one "cure" for another. Yesterday's medicines (herbs and botanicals) are today's alternatives. Holistic medicine uses the best of both approaches.

At WomanCare, our **Integrated Healing Team** works to design a program of healing unique for each woman and her



situation. We may use herbs, botanicals, vitamins, bioidentical hormones and healing through the human energy field. We also use medical technologies (and medical arts, such as surgery) when necessary. At WomanCare we have been privileged to facilitate tremendous growth and healing for women through surgeries, during menopause, for permanent weight loss, for hormone imbalances and PMS, during pregnancy and birth, for infertility, for sexual function issues, for incontinence and other issues.

Dr. Marilyn Mitchell, director of the Integrated Healing Team at WomanCare, is a physician and energy healer. She received a Doctor of Medicine degree from Rush Medical College 1980, and completed a residency in obstetrics and gynecology from the University of Chicago in 1984. She has received certification from Barbara Brennan School and the Energy Touch School for Advanced Healing. Mitchell practices holistic gynecology and healing, and with her team brings healing and alternative practices together with traditional medicine to best serve the unique and varied needs of women.

The Eye Works: Two Doctors, Two Offices, Over Three Decades

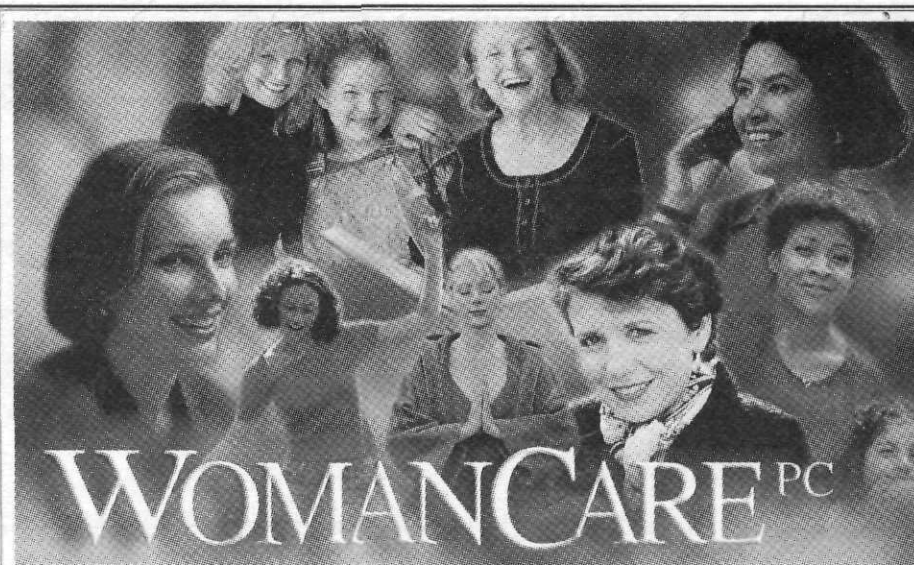
Back in 1978, a youthful Dr. Ralph J. Gebert assumed a one-roomed, independently owned and operated optometry office from Barrington's retiring Dr. Jerome Hansen. Dr. Gebert and his wife, Elayne, moved to Barrington upon purchasing the practice and soon welcomed twin girls, and future summertime employees, Amanda and Tegan Gebert. The office became **The Eye Works** and Dr. Gebert's exceptional service and jovial, sincere nature brought back old patients and attracted many new families to the centrally located practice. Maintaining such quality eye care eventually required not only another office in Lake Zurich in 1990, but also another doctor from the Illinois College of Optometry, Dr. Anthony Prate. Dr. Prate graduated cum laude and shared the same vision for a personable, family-oriented practice as did his new partner. He also joined the Barrington community with his wife Bridgette, son Nick and daughter Ava, and the two doctors have since worked side by side, watching the communities and their patients' families grow along with their practice.

Over 30 years later, the doctors and a staff of board-certified opticians continue to provide the same quality care and op-



Dr. Ralph J. Gebert Dr. Anthony Prate

tometric service, as the offices have been expanded and redecorated to fit the community's needs and fashion's latest ophthalmic trends! The doctors also now treat for eye infections and foreign body removal, consult with ophthalmologists regarding LASIK patients, and accept vision insurance such as VSP, EyeMed and Davis Vision. The office will also soon start accepting various major medical plans. As we begin our 31st year of professional eye care to the Barrington and Lake Zurich communities, **The Eye Works** would like to not only thank the thousands of patients that have entrusted us with their families' eye care, but also welcome them for many years to come!



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The physicians at Northwest Dermatology, **Susan Liebovitz, M.D., Patricia Ledwig, M.D., Leslie Beaird, M.D., Alka Madan, D.O., and Inderjit Gill, M.D.**, are all board-certified dermatologists who provide quality patient care in a professional, friendly and caring atmosphere. Please call our office, **1-847-884-8096**, for further information or to schedule an appointment.

Barrington Area Infant Welfare Golf Outing



Barrington Area Infant Welfare members who worked on the golf outing include: (from left, back row) Dorothy Szumal, Dotty Rzeszutko, Eileen Daly, Kathryn Wilkes, Diane Zelcs, Renee Welsch, Jerilyn Ugaste, (front row) Norma Gates, Penny Knopik, Dixie Rogus, Cindy Zipparro and Zena Wojciechowski.

The Barrington Area Chapter of Infant Welfare hosted a nine-hole, golf outing and luncheon at Makray Golf Club in Barrington on Monday, Sept. 29. The scramble format welcomed golfers of all ability levels—men and women included.

Members met at each others homes over the last several months to prepare the many silent auction items that were donated by area businesses. Specially designed T-shirts were sold and generous gifts given to all attendees.

AAUW Barrington Upcoming Events

On Tuesday, Oct. 7, 7 p.m., in the Zimmerman Room of the Barrington Area Library, the AAUW Barrington branch meeting will feature the program "Women Lore, Women in History." Betsey Means will inspire and entertain—looking at women whose lives and contributions have been forgotten or overlooked by history. Her presentation includes authentic costumes in a theatrical experience to remember. The public is welcome, including young women in high school and Girl Scouts, as the women who have changed lives in important positive ways are celebrated.

The luncheon book group meets monthly on Wednesdays at noon for lunch and discussion at The Garlands in Barrington. On Oct. 8, they will discuss *Bleeding Kansas* by Sara Paretsky. Call Loretta at 1-847-381-1804 for more information.

tion.

The daytime bridge group meets monthly on the second Thursday in a member's home. Each player donates \$2 to the AAUW Educational Foundation. Bobbie is chair, 1-847-381-3315.

The evening book discussion group meets the fourth Tuesday monthly at 7:30 p.m. in a member's home. On Oct. 28 they will discuss *The Appeal* by John Grisham. Peg is chair and can be reached at 1-847-381-4791.

A women's issues book group meets every other month.

Membership in AAUW is open to anyone holding a two-year degree or higher from an accredited institution of higher learning. For more information, call membership vice-president Louise Sullivan, 1-847-382-8028.

BACOA Age-Friendly Initiative to Sponsor Career Transitions Workshop

How do you want to spend your time and talents in the next stage of your life?

The Barrington Area Council on Aging's (BACOA) Age-Friendly Initiative will sponsor "Starting from the Middle: Changing Your Course Midlife," a half-day workshop aimed at helping participants to find meaningful work at midlife—whether it's starting a business, moving from the profit sector to the nonprofit sector, or using their experience to work as a volunteer.

The workshop will be held Saturday, Nov. 15 from 8:30 a.m. to 1 p.m. at Wojcik

Conference Center at Harper College, 1200 W. Algonquin Road, Palatine.

Participants can attend sessions on moving to the nonprofit sector; starting a business; or learn about the Strong Interest Inventory, a career-option assessment tool. Workshop leaders include Richard King, author of *From Making a Profit to Making a Difference*; Jeff Williams, business coach and author of *The Ultimate Boomer Business Start-Up Guide*; and executive coach Barbara Annin, Ph.D., MBA.

Keynote speaker Carole Parker, Ph.D.,

will discuss life/career planning. Parker is a licensed psychologist who has led mentoring program at Fortune 500 companies, where she has addressed issues of career/life balance and leadership development.

Cost for the half-day workshop is \$45, which includes all workshop materials and lunch. For an additional \$25, participants who register by Oct. 15 can take the Strong Interest Inventory online and receive a personalized evaluation with their workshop materials.

For a registration form, call BACOA at 1-847-381-5030. Registration is also available online at BACOA's Web site, www.bacoa.org.

The BACOA Age-Friendly Initiative is a coalition of citizens and leaders from local governments, business, education and service organizations. The group is dedicated to improving the Barrington area's age-readiness, including expanding opportunities for paid employment and civic engagement for older adults. Members include ABS Associates Inc., Advocate Good Shepherd Hospital, Allstate Insurance Co., the Barrington Area Chamber of Commerce, the Barrington Area United Way, the Barrington Career Center, Barrington CUSD 220, Harper College Office on Continuing Education, and the Village of Barrington.

Face Lift Massage... Ear Candling... Now Available at Body & Sol Salon

Matt Hutchinson, LMT, joined **Body & Sol** in April 2008 and brought with him two new services... the **Face Lift Massage** and **Ear Candling**.

Face Lift Massage is a technique of "exercising" the muscles of the face by following a specific protocol that tones the intricate muscles of the face and breaks up the underlying fascia. After one treatment, your face will feel lighter, eyes more open. After a series of Face Lift Massages, you will notice fine lines and wrinkles diminish while the tone of your skin improves and face contours become more distinct.

Ear Candling is a safe, ancient therapy used by Egyptians and Native Americans to clear the outer ear canal. The therapist lights a cone-shaped hollow ear candle and places it in your ear while perform-

ing specific massage movements on the face to break up congestion in the sinuses. Ear candling can improve hearing, lessen tinnitus and soothe itching, a symptom associated with ear infections or allergies, as well as prevent swimmer's ear.

Matt Hutchinson has been a licensed massage therapist for three years. In addition to the Face Lift Massage and Ear Candling, he is experienced in Swedish, Deep Tissue, Trigger Point therapies and practices Reiki, a form of energy work.

Body & Sol is located just one half mile south of Lake Cook Road on Northwest Highway just before Hillside. **Call 1-847-842-2700 today** to schedule your Face Lift Massage, Ear Candling session or one of our other massage services, **Mist-On Tan** or **Herbal Body Wrap**.

Olympic Games & Interior Design Trends by Justyna Castillo

I realize you must be thinking; what in the world do the Olympic Games have to do with interior design trends? While athletics is not my thing, watching some of the recent summer Olympics got me to thinking about just how small our world has become. How you ask? Because trends for interior design are becoming global in nature (the world is shrinking) and the Olympics introduced a more intimate view to Asian décor than many have ever seen.

Being raised in Europe and influenced by its incredible design history and leadership, I can't help but marvel at many of the historical design influences that at the time must have seemed to be a trend but are now part of the larger design palette that designers frequently turn to. Take Baroque design for instance. Modern Baroque is a design language made for luxury: large patterns, floral ornaments, and embellishments in all shapes and sizes. It showcases strong, dramatic light and dark contrasts! A designer will take this style and help you mix intense colors in interesting combinations while adding touches of gold and silver threads to create interest in fabrics.

As a professional designer, I take great pride in helping my clients discover their own sense of style and value. Many times I'm asked about trends and how that might work in their particular setting. Most would like to venture in the direction of a trend but worry about it overwhelming their home. I'm here to tell you that incorporating trends doesn't mean you have to redo your entire home. In fact, you can incorporate small pieces that reflect trends to accent your home whether they are colors, patterns, or textures/finishes. Each of these can be used separately or together to reflect trends while staying true to whatever style you love.

Are you curious about what's "in"?

Color

Trends: Oriental sweetness is in. It's meant to reflect the delicate nature of oriental décor. These colors will include deep tones such as reds, purple, magenta, burgundy, browns—all with a touch of black. If you are afraid of saturated colors with stronger value, consider combining a neu-



tral palette with deep colors. If you are really scared of deep hues, go with a neutral décor with accents of saturated colors.

Hints: *Using red color:* Red is a stimulating and energetic color you can use in an office, kitchen or dining room. *Using brown, whites and neutral color:* Brown is considered relaxing and sensual that can be used in bedrooms, powder rooms, bathrooms. The most popular neutral in 2009 is gray—from soft gray to charcoal to hematite. *Using purple color:* Purple creates a sense of spirituality, creativity and mystery and can be used in an office, bedrooms, children's room, play room, powder room. Lighter versions of purple (lavender, lilac) bring a restful quality to a room.

Patterns

Trends: This is a season for large patterns, stylized florals, and almost anything oriental. You will find these in bulk and bold patterns with simplistic shapes and timeless curves.

Hints: Even if you love traditional furnishings, it's really quite easy to blend in a pattern trend to your cherished belongings. You might consider using one of these patterns in one or two accent chairs, or in accent pillows scattered throughout a room. You can also find these patterns in lighting and artwork that will blend well into any and all design styles and tastes.

Textures/Finishes

Trends: Silks, faux silks, satins, natural fibers (cotton and linen), and fabrics with sheen are finding their way into many

(Please continue on page 22)



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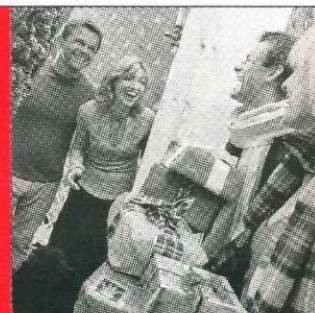
Ear Candling

\$45.00
Reg. \$50

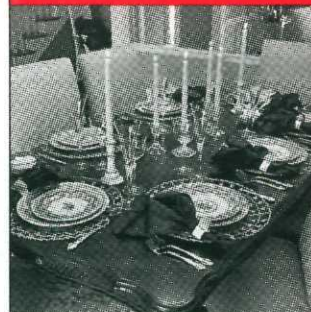
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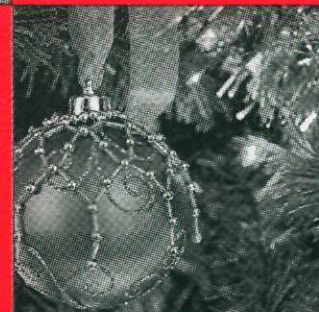
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This Holiday Season.

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Happenings!

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Barrington Newcomers Announces Board Members

Recently, the Barrington Newcomers & Neighbors Board met to plan its annual Open House, held this past Sept. 10.

Board members present (pictured, from left) include: Donna Worcester, Andrea Flolid, Sue Rogers, Janet Mahaney, Liz Marshall, Janet Magee, Jean Ann Harmon and Gail Bach. Members not pictured include: Sally Mooney, Mickey Brown and Sandy Bollenbacher.

Barrington Newcomers & Neighbors is a social organization open to anyone residing within CUSD 220 or the 60010 ZIP code area, whether new to the area or a longtime resident.



For more information, contact Donna Worcester at 1-847-387-3398.

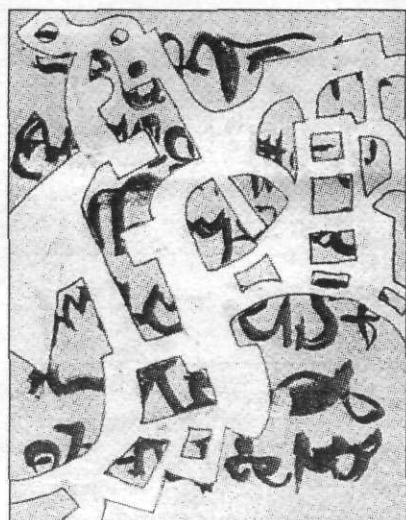
Art Associates Plans Two Excursions

The Barrington/Northwest Community Associates (B/NWCA) has planned two outstanding excursions in November to the Art Institute. On Thursday, Nov. 6, members will have the opportunity to hear Sarah Alvarez discuss the tapestry exhibition which will be on display at the Art Institute from November through January 2009. Entitled *A Divine Art: Four Centuries of European Tapestries*, this collection features a major portion of the Art Institute's unparalleled tapestry holdings. These glorious masterpieces from the 15th through the 18th centuries will be exhibited in a spectacular presentation in Regenstein Hall. Fresh from an extensive 10-year conservation process in Belgium, the tapestries will cover entire walls of gallery space. As assistant director of Adult Programs in the Department of Education at the Art Institute, Sarah Alvarez's expertise will enlighten B/NWCA members as she presents an overview of the exhibition. Alvarez will also discuss the conservation efforts and the extraordinary discoveries about various tapestries in the collection.

Following her lecture, members will have time to visit the exhibit on their own before traveling to the Rhapsody Restaurant for a sumptuous lunch.

This excursion is for B/NWCA members but two guests may also participate. The cost is \$70, which includes transportation, lecture and lunch. The reservation period opens Oct. 2 and closes Oct. 23. For further information, contact Lenore Elsener at 1-847-255-9494.

A second excursion in November will undoubtedly become a highlight of the season. On Friday, Nov. 14, the Combined Community Associates Annual Lecture held at the Art Institute will present an artist who is an Illinois native and who has produced many of his works for and in the Chicago area. Step off the train at the CTA Kedzie Station and you will witness a gorgeous 9-foot-by-12-foot ceramic mural entitled *Coast of Chicago* designed by



Mixed Message by John Himmelfarb, 1994, acrylic, brush and black ink, graphite and blue oil marker on ivory Japanese paper. Restricted gift of Joseph R. Shapiro.

John Himmelfarb, a Chicago painter, sculptor and printmaker. "John Himmelfarb: The Elephant in the Basement" is the enigmatic title the artist has selected for his lecture which will illuminate his prolific 40-year career. Influenced by Picasso, Matisse, Miro, Pollock and others, Himmelfarb's eclectic topics and brilliant colors never fail to arrest the viewer's attention. Helen Sheridan writes, "The fact is that John has drawn upon a number of influences from 20th century art history, but he has managed to move beyond these influences to develop his own powerful and personal voice." Himmelfarb's paintings and sculptures have appeared as part of museum collections through the world, and his extensive list of solo exhibitions represent the prominent galleries in the United States and abroad. Recently the artist received a commission from the City of Chicago to create an installation of his library card drawings for the Bucktown/Wicker Park library where they are

Garden Club of Inverness Selects Officers

The Inverness Country Club was the scene for the Garden Club of Inverness's spring luncheon and installation of new officers. Amidst tables bedecked with beautiful floral center pieces, designed and donated by Garden Club members, the 2008-2009 board of directors of the Garden Club of Inverness was installed. A sumptuous luncheon followed, presided over by new president Betty Ann Dailey. Favors included dessert cookbooks, using recipes donated by club members.

The Garden Club of Inverness 2008-2009 officers and committee chairpersons include (pictured, from left, front row) Linda Denison, Ann Priest, Betty Ann Dailey, Laura Hoover, Camille Husby, (second row) Sally Hilgendorf, Lois Kinney, Melinda Foys, Marilyn Dutcher, Beth Woldman, Linda Novak, Sally Hard, Diane Garcea, Shirley Putman, Joanne Ayers and Dolores Urbasic.

Throughout the summer, members of the board and various committee chairpersons have been meeting and planning the activities and events that comprise the calendar for its 68th year.

They did take time out, however, to participate in their annual Garden Walk, held on July 10. Diane Hunter, Margie Ban, Barb Cole and Mary Hart opened their gardens for the viewing. Not only was it a lovely, sunny day, but the profusion of plant types and flowers inspired members and their guests. In addition to all of the beautiful plantings, there were gurgling water features, incredible patios



and decks, old-fashioned sweet peas and hollyhocks, a "secret" miniature garden, a special butterfly garden, and a quiet and serene Japanese garden that has taken 30 years to develop. Garden Walk Chairperson Lois Kinney, who planned this year's event, is already working on next summer. This one is going to be a hard one to top, though!

The events for 2008-2009 promise to be especially interesting and informative. Mark your calendar to attend their annual Holiday Luncheon on Thursday, Dec. 4. It is always a very festive way to start the holiday season.

The Garden Club of Inverness meets from September through May at 9:30 a.m. on the third Thursday of the month at All Saints Lutheran Church, 630 S. Quentin Road, Palatine. After a brief business meeting, there is always a program of interest to area gardeners. All gardeners are welcome. For more information, call Carole at 1-847-381-2727.

Florida Scramble at Lake Barrington

Barrington Lyric's Golfing "Soprano Boys" will host a Florida Scramble at Lake Barrington Golf Course on Monday, Oct. 6. Single golfers welcome! Contests, music, lunch, 18 holes with golf cart, appetizers, dinner with entertainment—all for \$110. Dinner only is \$30. Cash bar.

Registration, driving range and putting green opens at 10 a.m. Lunch begins at 11 a.m.; noon shotgun start. Glorious opera music will send golfers humming to their tees. Cocktails and appetizers begin at 5 p.m.; 6 p.m. dinner and entertainment on the patio.

If golfing, please list names of golfers attending and enclose a check for \$110 for each golfer. Dinner only is \$30 per person. Send checks by Oct. 3 payable to



Golfing "Soprano Boys" pictured (from left) are Dave Nelleman of St. Charles, Event Chairman Romeo Mura of Lake Barrington; Nick Katris of Northbrook; and Fritz Fredrickson of Lake Barrington. Not pictured are Jim McMonigal of Crystal Lake and Joe Joallier of Lake Barrington.

BCLOC c/o Margit Vogel, 260A Timber Ridge Rd., Lake Barrington IL 60010.

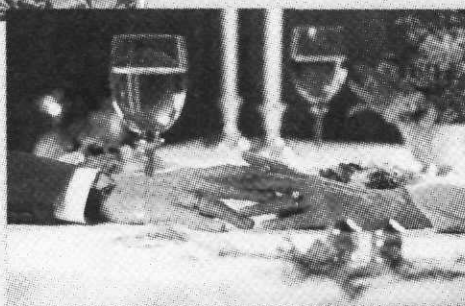
For more information, call 1-847-304-0422.

currently on display. Learning about John Himmelfarb's dynamic career will undoubtedly prove a rewarding experience for audience members.

Lunch at Bistro 110 will complete this excursion which is scheduled for B/NWCA

members but two guests may also participate. The cost is \$75, which includes transportation, lecture and lunch. The reservation period opens Oct. 10 and closes Oct. 31. For further information, contact Virginia Tolk at 1-847-358-3011.

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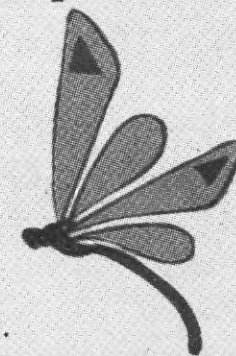


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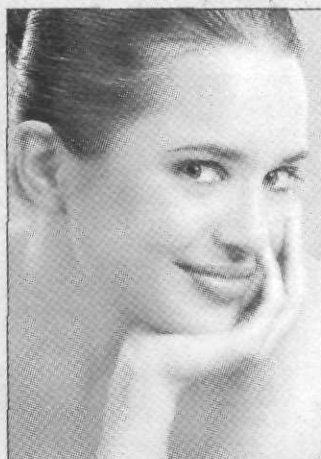
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Little Shop of Horrors On Stage

ArtReach Educational Theatre and Spotlite Theatrical Production Company is staging *Little Shop of Horrors*. *Little Shop of Horrors* is a rock musical by composer Alan Menken and writer Howard Ashman, about a nerdy florist shop worker who raises a plant that feeds on human blood. The musical was based on the low-budget 1960 black comedy *The Little Shop of Horrors*, directed by Roger Corman. The music, composed by Menken in the style of 1960s rock 'n' roll, doo-wop and early Motown, included several show-stoppers including *Skid Row (Downtown)*, *Somewhere That's Green* and *Suddenly, Seymour*, as well as the title song.

Little Shop of Horrors will be presented at Stage One Theatre, 620 Lee St., Des Plaines, on Friday, Oct. 3, 7:30 p.m., Saturday, Oct. 4, 2 p.m. and 7:30 p.m., and



Sunday, Oct. 5, 2 p.m. For tickets, please call 1-630-808-5852. Tickets are \$18 at the door and \$15 in advance. Reservations are recommended. Group discounts are available.

For more information, please call 1-847-372-7798 or consult their Web site, www.artreachspotlite.com.

Barrington Lyric Presents "Operas in a Nutshell" by Lecturer Charles DeWitt

Everyone is invited to join Barrington Chapter of Lyric Opera of Chicago's chapter members for a "Salon Afternoon of Opera Stories and Music," promptly beginning at 2 p.m. on Sunday, Oct. 26 in a Lake Zurich private residence. Wine and desserts will be offered following the Lyric Opera season overview.

Seating is limited. The cost is \$15 for members; \$20; for guests. Your check is your reservation. Send checks payable to BCLOC by Friday, Oct. 21 c/o Margit

Vogel, 260A Timber Ridge Rd., Lake Barrington, IL 60010. For more information, call 1-847-304-0422.

Highlighting "hit tunes" from each of the eight operas of Lyric Opera of Chicago's 2008-2009 season, Lyric's Education Corps award-winning lecturer Charles DeWitt will provide an overview of the entire season from Massenet's *Manon* to Puccini's beloved *Madama Butterfly*.

You may wish to visit Lyric Opera of Chicago's Web site, www.lyricopera.org.

Hospice of Northeastern Illinois Selects New Director of Clinical Operations

Hospice of Northeastern Illinois (HNI) administration recently announced the appointment of Eileen Grace as its new director of clinical operations. Grace had previously served as clinical educator at the Barrington-based agency.

"We are pleased to announce that Eileen Grace has accepted the position of Director of Clinical Operations," said William G. Ries, HNI's interim president and CEO. "Eileen's many years of experience in nursing and working within the hospice and home care fields, as well as her impressive managerial skills will serve her and her team well in this leadership role within the agency."

Grace joined HNI in January 2008, as its clinical educator. In the past seven months, she has launched a Continuing Education Units program for professional staff at hospitals and nursing homes, and has arranged for professional education for HNI staff. Prior to joining HNI, Grace was a speaker, workshop facilitator and consultant for "Embracing Death/Embracing Joy," a unique education program focusing on end-of-life issues and rebuilding after loss. She also served as an on-call nurse, volunteer coordinator and intake liaison at Heartland Hospice and Home Care, a pathway project manager for Advocate Health Care Systems, and a hospice program coordinator and nursing super-



Eileen Grace has been named HNI's new director of clinical operations.

visor at Home Health Plus. Early in her career, she worked as an adult oncology and hospice nurse and Lutheran General Hospital. Grace and her family reside in Lake Zurich.

Hospice of Northeastern Illinois is a community based, not-for-profit organization serving families throughout McHenry, Lake, Northwest Cook, Kane, Boone and DuPage counties. Celebrating its 26th year of service, Hospice of Northeastern Illinois provides comprehensive end-of-life care to nearly 1,300 patient families each year. Hospice of Northeastern Illinois is Medicare certified and accredited by the Joint Commission. For information, visit its Web site at www.HospiceAnswers.org.

AOII Members Assist Palatine Township Apple Tree Campaign



Jan Bowsher, Stephanie Feldmann, Joyce Sustr and Dotti Cutlip help students shop for school supplies.

The local alumnae of Alpha Omicron Pi (AOII) sorority helped students select school supplies at Palatine Township's Apple Tree Campaign in August. The alumnae chapter donated funds to the campaign and sent eight volunteers to help staff the event. The purpose of the Apple Tree Campaign is to collect and distribute items such as backpacks, notebooks, paper, pens, markers and scissors to economically disadvantaged children from Palatine Township. The hope is that these students will be provided with the necessary school supplies so that they can start school prepared and ready to learn. Prior to the August distribution date, Palatine Township seeks donations of school supplies. Monetary donations, such as the one given by the Northwest Suburban chapter of Alpha Omicron Pi, allow the campaign to purchase items that are lacking.

Alpha Omicron Pi members had a fun time helping the children shop for their supplies. Now, the ladies are looking ahead to events on their philanthropic and social calendar. They would like to invite local area AOIIs to attend their upcoming meeting/Vendor Fair in October. It will take place at 7:30 p.m. on Wednesday, Oct. 8 at the home of an Inverness member. Some of the vendors who will have items for sale at the meeting are Stampin' Up, Plus, Tastefully Simple, Shaklee Wellness, Mary Kay, and Body Solutions. Other items which will be available for purchase are videotapes and handmade items such as jewelry. Those interested in attending may call 1-847-870-7548 for additional information. In addition, the Alpha Omicron Pi chapter Web site, www.nwchicagoaoiialumnae.com, contains up-to-date information on upcoming events.

New Director at Quest Academy

Quest Academy, Palatine, is pleased to announce the appointment of Michael J. Bates, CFRE, as Quest Academy's new director of institutional advancement and chief development officer. His hiring represents a significant milestone in Quest Academy's 27-year history as Bates will coordinate efforts to advance the mission and impact of Quest Academy. He will be charged with strengthening and integrating overall programs, policies and strategies for development, marketing and enrollment management, alumni relations, public relations, and publications.

Bates has a proven track record in advancing nonprofit organizations, particularly in the higher education and health care sectors. In his most recent position as director of philanthropy/capital campaign for the Evanston Northwestern Healthcare Foundation, Bates was responsible for the strategy and operations of The Campaign for Northwestern Healthcare, achieving its \$150 million goal a full six months ahead of schedule. While at DePaul University from 1998 to 2002, Bates held several roles, producing and exceeding goals set for various philanthropic efforts. Bates has also served Loyola University Chicago, Drake University, Children's Memorial Hospital Foundation,

and Illinois Institute of Technology.

Bates received a Bachelor of Arts in journalism from Drake University in 1979 and his Master of Science in public service management from DePaul University in 2002. Additionally, he completed extensive graduate course work at Loyola University Chicago in organization development. He is a member of the Council for Advancement and Support of Education (CASE) and the Association of Fundraising Professionals (AFP). He also serves on the boards of the Michael and Diane Hora Charitable Foundation, the Greater Wheeling Area Youth Organization (GWAYO) and the University of Iowa Parents Association.

Mike, his wife Sue, and their three children have lived in Arlington Heights since 1989.

Our Mission: Quest Academy provides gifted children with a challenging curriculum and a nurturing environment. Our program emphasizes sound character along with scholarship and creativity in both the academics and the arts. The Quest community values the individuality of each child and encourages each to strive for personal excellence. For more information, visit www.questacademy.org.

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Barrington Area Prepares for 26th Anniversary CROP Hunger Walk

The Barrington Area will hold its 26th Anniversary CROP Hunger Walk on Sunday, Oct. 19. Churches, schools, civic organizations, and people of all ages are invited to walk the 10K or Golden Mile route and get pledges in an effort to fight hunger in the community and around the world.

Twenty-five percent of all funds raised is kept in the area for the Barrington Area Meals With Wheels; Wauconda-Island Lake Food Pantry; the Northern Illinois Food Bank; the People in Need program of the Barrington Area Ministerial Association; the FISH Food Pantry, Carpenters-

ville; the Barrington Giving Day; and St. Anne's Project Hope.

The walk and all of its festivities will begin at 12:30 p.m. at Lutheran Church of the Atonement, 909 E. Main St., at Eastern Avenue, Barrington, and end there with chili and refreshments. There are many ways to be involved: be a walker, be a sponsor, or provide chili or cookies.

To learn more, contact event chair representing the Presbyterian Church of Barrington, Barbara Schwartz, at 1-847-487-2513, or any participating church or school representative.

Dentistry on the Lake is Now Northwest Dental Health & Aesthetics FREE Consultation and Exam for New Patients!

Dr. Dan Follmer and Northwest Dental Health & Aesthetics welcomes you to their all-new office at **224B Brown St. in Wauconda**. The dentist and staff you've come to trust now offers the newest technology and equipment for a more welcoming, expansive and innovative experience than ever before.

Dr. Follmer and his staff will continue to offer all the same great services including specializing in **Smile Makeovers**:

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- Missing teeth can be replaced.

Dr. Follmer graduated from Northwestern University Dental School in 1975. He then returned to the college to teach dentistry for two years, after which he returned to his hometown of Wauconda where he has practiced since 1977.

Committed to both academic and clinical excellence, **Dr. Follmer** assigns top priority to continuing dental education. Over the past five years, he has studied extensively at the prestigious Las Vegas Institute for Advanced Dental Studies where he has completed over 300 hours of Continuing Education in the area of cosmetics and neuromuscular dentistry.

Call **Northwest Dental Health & Aesthetics** today at **1-847-526-2831** for a free consultation and new patient exam!

Designs Of The Interior

(Continued from page 17)

designs. They exude elegance and sophistication and are appropriate for traditional spaces or to temper a more contemporary home. The environment and nature are having a significant influence on the textures you will be seeing over the coming years. Pearlescent-type finishes will become popular. They can be used on curtains, screens, and wallpaper. Finally, darker woods like "wenge" are making a comeback! This also has a strong Asian influence and a popular combination will be mixing it with chocolate browns, dark grey and eggplant color upholstery.

Hints: You can incorporate these textures into items like window treatments, textured carpet and rugs, blankets, art, furniture (distressed or high-luster are in), upholstered seating, on walls, stencils or faux painting. Something to keep in mind:

texture affects color; rough textures will absorb light while smooth textures will reflect light.

As a designer at **Designs Of The Interior (DOTI)** in downtown Barrington, we literally have thousands of fabrics with virtually any color, texture, or pattern you can imagine in your home. Some will follow new trends, others are time tested classics. But whatever your style and desire for trendy new designs, I hope this article has shed some light onto how best to incorporate it into your tastes and style.

About Justyna

Justyna is a professional designer at Designs Of The Interior in Barrington. With a European background in interior design, her passion is to follow global design trends and history and incorporate them into a client's design taste and style.

Tri Delta October Meeting

The Chicago Northwest Alumni Association of Delta Delta Delta Sorority will meet on Tuesday, Oct. 14 in Vernon Hills at 7

p.m.

For additional information, please call 1-847-281-5228.

Chers Amis...

Well summer is over... and with this new season starting, we would love to share with you all that Mother Nature offers... Masato and his crew take it as a challenge to come up with new dishes using seasonal produce and others. This month's "True Bistro Dish" is our famous **La Choucroute Garnie**—a superb and tasty preparation from Alsace—home-cured sauerkraut in white wine, pork loin, sausages, hock and saucisson. This dish could be accompanied with a succulent Alsatian pinot blanc or also with our Fisher Amber Alsatian beer.

On another note, Rocky (bar manager) and his team are looking forward to see-

ing you in our lounge for light fair from our "Petits Plats du Bar" menu, and/or to venture through our **new wine list available by the glass**, featuring a well-focused selection of wine from the old and new continent.

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—Stephane

Happy Halloween!

Barrington Community Child Care is located at 560 Carl Ave. in Barrington. We have many activities to keep young minds busy! Our highly qualified staff strives each and every day to ensure that all the children here have a positive first-school experience. Our curriculum contains activities designed to challenge young minds.

We offer full-day child care for children ages 6 weeks to 6 years. Some age groups offer flexible scheduling and a morning preschool program. Our hours of operation are 7 a.m. to 6 p.m., Monday through Friday. Our facility offers large, child-friendly classrooms with a diverse environment that promotes self-esteem, indepen-

dence and cognitive growth. **Barrington Community Child Care** focuses on the whole child, with all areas of development included in our program.

We have limited spaces available in all age groups! We would like to invite you to join us at Barrington's annual Scarecrow Festival! We will once again be providing the games for this great family activity. It will be held on Saturday, Oct. 18 from 10 a.m. to 2 p.m. Hope to see you there!

For enrollment information or to schedule a tour, contact Terri Knaack, director, at 1-847-381-0272.

Calling All Hunters and Gatherers

Scores of volunteers are again saving the environment at local seed collecting events in the Barrington area each week. For over 35 years a "hunter-gatherer" culture has been gradually building, but this September and October, there's a whole new urgency. According to Stephen Packard, Audubon director for the Chicago region, "The volunteers of Citizens for Conservation are widely respected for their skill at restoring prairies and oak woods, but this fall they have dramatically bigger areas to plant.

Citizens for Conservation (CFC) has joined with the Spring Creek Stewards (SCS) on a goal to collect enough prairie seed to cover 250 acres. According to CFC board member Tom Vanderpoel, "We've been nursing our woods and prairies back to good health for decades. Now we

have a lot more seeds out there than we have the ability to collect." So they've offered to share with the Spring Creek Stewards, who are working to restore a whopping 3,910 acres of the Spring Creek forest preserves in Barrington Hills. In other words, they need more "hunter-gatherers."

The Spring Creek forest preserves are big and beautiful. More important, they have enough potential habitat for sustainable populations of many rare animals of the ancient prairies, oak forests, streams, ponds, and wetlands. Many pairs of sandhill cranes, least weasels, and other rare species already breed there, but all need more quality habitat. Acre by acre, CFC and SCS volunteers are nursing their preserves back to a healthy wild habitat, but the crying need is for rare local seed.

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Around Thanksgiving, shelves of collected seed will be processed for sowing back to those 250 acres. Volunteers have a short opportunity to capture the millions of seed before they fall. One seed volunteer can collect enough seed for an acre over these next few weeks.

Every Thursday, Saturday, and Sunday, from now through October, local volunteers will gather seeds from over 140 different types of Illinois plants. People of all ages hunt through prairies for ripe seed produced by plants with names like rattlesnake master, compass plant, and turkey foot. It's not uncommon for one volunteer to collect literally tens of thousands of seeds in an hour or two—a huge contribution. Then in November, these

same volunteers will "broadcast" the rare seeds on land where brush has been cleared and weeds controlled.

"Community seed-gathering events are rewarding, inspiring, and fun," said hunter-gatherer Ryan White. "It's an ancient drama of reaping and sowing—an opportunity to get in touch with your inner past—and really help the planet."

Volunteer groups meet at CFC headquarters across from Good Shepherd Hospital on Route 22. They start at 9 a.m. on Thursdays and Saturdays, and at 3:30 p.m. Sundays through the end of October. Check out www.CitizensforConservation.org for further details, or call Sam Oliver at 1-847-382-7283.

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Allez! Seniors More Than Halfway to Paris



A team of Garlands members are on a virtual trek to Paris, that will require them to complete 4,140 miles by walking, swimming, biking and climbing!

A group of seniors at The Garlands of Barrington are on a "virtual trek" to Paris, France, but the physical benefits are indeed real. About 40 men and women—all senior citizens—are walking, swimming, biking and even climbing their way to the home of the Eiffel Tower. The trip from Barrington to Paris is 4,140 miles.

Their journey began in April and is now over halfway completed. Some members of the group walk together each Monday morning while others choose to exercise on their own at The Garlands Fitness Center. Each member of the group logs their progress in a book and the accumulated miles are collected and added up each week by Paula Irving, wellness programming director at The Garlands. Paula converts their effort into miles. For example, two steps on the stair stepper equal one

foot and 5,280 feet equal one mile.

"Our exercisers are proud and excited to see how far they've come," said Irving, adding that the group usually accomplishes over 200 miles a week. "They feel better that they are exercising and are motivated by having the goal of reaching a faraway destination. Even those who choose to workout alone enjoy the benefits of being part of a group when they add their miles to the mix," she said.

To help keep their eye on the prize, Irving has given each participant a bandanna of France's flag that they proudly keep with them on their workouts or tuck in their gym bags as a reminder of their destination.

The Garlands, located near the heart of Barrington, is a unique community for people ages 55 and older that provides

Enjoying An Afternoon at the Opera

Barrington Lyric's *Afternoon at the Opera* was held in the spectacular Seahorse Palace at Woodland in Barrington Hills on Sunday, Sept. 7. Pictured following the program are (from left) Jonathan Eklund, president of Lyric Opera of Chicago's Chapters Executive Board (CEB), Chicago; Soprano Maire O'Brien, Chicago; Howard Robins, Barrington Lyric past president in charge of development and CEB member, Arlington Heights; Toni Savadel, Barrington Lyric president, program chair and CEB member, Carpenters-



ville.

The fabulous event was planned and catered by Toni's Serendipity Party and Event Planning.

You may wish to visit Lyric Opera of Chicago's Web site, www.lyricopera.org.

BACOA Senior Activity Programs

The Barrington Area Council on Aging's (BACOA) Monday Senior Lunch and Activity Program is held at the Barrington Park District, 235 Lions Drive, Barrington. Games begin at 10:30 a.m.; lunch is served at noon.

The suggested donation for the Monday lunch program is \$3.50. However, if underwriting is unavailable for special programs, there may be an increase in the suggested donation. Preregistration is required; please call BACOA at 1-847-381-5030.

• Monday, Oct. 6—Games and lunch. BACOA social service coordinator Penny

LeNeveu, and Alyse Cohen Burman from Philips Lifeline, will present a program on in-home emergency response systems.

• Monday, Oct. 13—Closed for the Columbus Day holiday.

• Monday, Oct. 20—Octoberfest Party—Games and lunch. Octoberfest menu; entertainment will be provided by Die Musik Meisters. The cost per person will be \$9. Call Linda Avellon at BACOA at 1-847-852-3892 by Oct. 14 for reservations.

• Monday, Oct. 27—Halloween Party—Games and lunch. October birthdays will be celebrated. Dressing up for Halloween is optional; prizes will be given for costumes.

residents an uncompromising lifestyle in a resort setting. For more information, please call 1-847-304-1996 or visit www.TheGarlands.com.

Whitening Your Teeth by James T. Gavrilos, D.D.S.

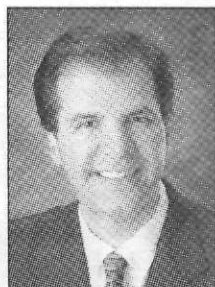
Without a doubt, one of the most frequently asked questions in a dental office concerns tooth whitening. Patients want to look their best, but with the tremendous amounts of advertising that bombards them, they turn to us for answers.

How does it work? All tooth-whitening procedures accomplish one thing: they penetrate the enamel with oxygen. The oxygen changes the way the enamel reflects light. Instead of absorbing some colors and reflecting the yellow ones out, it reflects all the colors out. White light in...white light out! The tooth whitener's effectiveness is based on two things—concentration and duration.

Whitening toothpaste—with a low concentration of oxygen and a short duration, it is the least effective method for whitening. Rarely are the results reported as acceptable.

Over-the-counter whitening gels—better results than the toothpaste. Major problems in the past have been the ill-fitting mouth trays that can cause TMJ (bite/jaw) problems or can cause gum irritation because they hold the whitening gel up against the gum tissue.

Whitening strips—Crest introduced these and they eliminated the TMJ and gum irritation issue associated with the over-the-counter gels. The patient places the strips on their teeth so that minimal gel is touching the gums and the strip is so thin, it doesn't alter the bite enough to cause a TMJ problem. The drawback has been the inability for the strips to reach the in-between surfaces of the tooth as it curves in toward its contact point.



Professional tooth whitening—Dentists custom make trays that hold whitening gels against and in between the teeth. This method is very effective because the custom fabrication allows the tray to keep the gel off of the tissue and will cause no TMJ problems. The trays are worn for an hour during the day and in some cases can be worn at night. Most of the gels require two weeks to reach their full whitening potential. If your teeth start to stain again, you can reuse the trays and purchase additional gel to touch them up.

Laser tooth whitening—this method is just as effective as professional tooth whitening with custom trays but the advantage is time. In just about 90 minutes, your whitening is completely finished. The gels that are used for this process are so powerful that the gums must be isolated with special barriers. Bright lights help energize the gels and get the job done quickly. The cost is similar to that of the custom trays, but you cannot touch up after your teeth stain again.

If you are interested in professional tooth whitening, please call **Dr. James T. Gavrilos**, at **1-847-381-4040** for an appointment.

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Concierge Medicine

Citizens for Conservation Begins Fall Seed Collecting Schedule

Citizens for Conservation (CFC) restoration volunteers are in full swing in their fall seed collecting schedule: Thursdays and Saturdays, 9 to 11 a.m., and Sundays, 3:30 to 5 p.m. Volunteers meet at Citizens for Conservation headquarters, 459 W. Highway 22, Lake Barrington, the white farmhouse with a silo across from Good Shepherd Hospital. Seed collecting can be done by volunteers of all ages and is a great fall family activity.

New volunteers are welcome. Seed of a wide variety of native plants is collected and used in CFC preserves in the Barrington area and is shared with many nonprofit organizations for their local restorations. For questions, call CFC at 1-847-382-7283.

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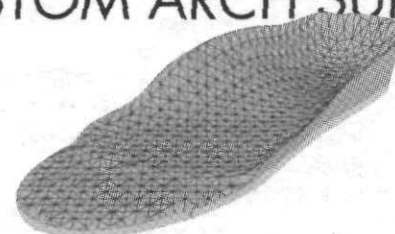
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Mon-Fri 10-6, Sat 10-5

Photo Excursion to Old World Wisconsin

The Lake County Camera Club will be taking a photo excursion to Old World Wisconsin on Saturday, Oct. 4. The public is welcome. All attending are responsible for the entrance fee, liability and travel arrangements. The photo excursion is subject to weather (no rain date). Admission is \$16 for adults and \$14 for se-

niors.

If you are interested in going, e-mail info@lakecountycameraclub.org or call 1-847-362-5945. For more information, please visit www.lakecountycameraclub.org. For more information on Old World Wisconsin, visit www.oldworldwisconsin.org.

DAR Tri Chapter Meeting

Signal Hill Daughters of the American Revolution will hold a Tri Chapter Meeting Friday, Oct. 17. Kishwaukee Trail Chapter and Eli Skinner Chapter will join with Signal Hill in welcoming State Regent Betty Hartley Ford to a luncheon at Makray Memorial Golf Club, 1010 S. Northwest Highway (Route 14), Barrington. The Signal Hill Chapter will hold a short business meeting at 10:30 a.m. followed by a 11 a.m. receiving line (white gloves required) for Ford. A buffet luncheon will be served at noon followed by the program "Exhilarating, Energizing and Enthusiasm," presented by Ford.

Reservations due by Tuesday, Oct. 7. Please send your check in the amount of

\$22.50 to: Lucy Ruth, 275 Old Mill Rd., Barrington, IL 60010-4732.

An applicant for membership in DAR must be no less than 18 years of age. Lineal bloodline of descent from an ancestor who aided in achieving American Independence must be proven. She must provide documentation of each statement of birth, marriage and death. This shall include the applicant's birth certificate naming her parents. This applies to new ancestors and for previously accepted lineages for which documentation was not required at the time of acceptance.

For more information regarding membership, please phone Leslie Rohrer at 1-847-587-5301.

A Fine Wine Tasting at The Fresh Market

The Hawthorn Woods Women's Club (HWWC) and the Lake Zurich Area Chamber of Commerce invite the men and women of the area to attend the Fine Wine Tasting at The Fresh Market, 20771 N. Rand Road, Kildeer, on Tuesday, Oct. 21 from 7 to 9 p.m. Join them for a fabu-

lous evening enjoying prime rib, shrimp cocktail and other delightful hors d'oeuvres as well as distinctive cheeses at this exclusive wine-tasting event.

The Fine Wine Tasting is a great opportunity to sample new wine, learn about food pairings, and select wine for the

D.A.R. American History Essay Contest

The Signal Hill Chapter, National Society Daughters of the American Revolution (NSDAR) is again sponsoring an American History Essay Contest for fifth-, sixth-, seventh- and eighth-graders in the Barrington and surrounding area public, private and parochial schools, as well as home-schooled students.

The topic of the 2008/2009 D.A.R. American History Essay Contest is "The Ideals of the Gettysburg Address." What message did the Gettysburg Address communicate to our war-torn nation in 1863? How are the ideals articulated in the speech still relevant for our country today?

Fifth-graders are invited to submit original work of 300 to 600 words. Sixth-, seventh- and eighth-graders may submit original work of 600 to 1000 words. Interested teachers and students, please call Cathy Campagna, Signal Hill Chapter historian at 1-847-846-9937 for complete contest rules.

The deadline for entries is Dec 15. Teachers of interested students can arrange for essays to be collected from area schools. Alternatively, essays may be mailed to: P.O. Box 243, Barrington, IL 60011.

Winners will be notified by mail in January 2009.

Signal Hill Chapter will host an awards ceremony at the Barrington Library on Sunday, Feb. 15, 2009, to honor our first place through honorable mention winners. First-place winners (one in each grade category) will receive a Chapter Winner certificate, a bronze medal, and a gift from Signal Hill Chapter. Schools of first-place winners will receive an engraved plaque. Ribbons are awarded for first, second, third and fourth place, and honorable mention, in each grade category. All contestants receive a certificate of participation suitable for framing.

First-place winning essays (one from each grade level) are automatically forwarded to the "Illinois District" competition. In total there are five levels in this national competition, sponsored annually by NSDAR to promote interest in American History and stimulate pride in country: "Chapter" level (bronze medal), "IL District" level, "IL State" level (silver medal), "Division" level, and finally "National" Level. National winners will receive a gold pin, a National Winner certificate, a monetary award, and an expense-paid trip to attend an awards ceremony at the NSDAR Continental Congress, Washington, D.C., in July 2009.

upcoming holidays. All proceeds benefit women and children's shelters in Lake County.

Tickets cost \$25 and can be purchased in advance at the chamber office located

in the 1st Bank Plaza at Route 22 and Rand Road, phone 1-847-438-5572, or contact Beverly Zak at 1-847-726-8138. Tickets will also be available at The Fresh Market the evening of the event.

Don't Miss Fritzl's Oktoberfest and Casual Friday Lunches Too!

Do you enjoy traditional European dining, something unique, a little different? Who doesn't? No need to head to Chicago or Milwaukee when **Fritzl's Country Inn** is nearby in Lake Zurich.

Enjoy their house specialties such as wiener schnitzel, rouladen of beef, sauerbraten, and pork schnitzel. **Fritzl's** continental favorites include veal medallions, roast duck, tilapia filet, sauteed shrimp, shrimp de jonghe, herb-crusted pork tenderloin, and chicken piquant. Sizzling steaks and fresh seafood round out the menu.

Mark your calendar for **Fritzl's famous Oktoberfest** to be held **Saturday, Oct. 18**. The fun begins at 6:30 p.m., dinner at 7:30 p.m., and dancing at 8:30 p.m. Dinner includes Austrian mixed salad, unlimited bratwurst and Thuringer, chicken schnitzel, spaetzle, homemade potato salad, sauerkraut, red cabbage, dinner rolls, Colombian coffee and warm apple strudel for only \$29.95 per person. The price includes dinner and entertainment; add \$5 for tax and gratuity. The fest will be held in the Banquet Hall.



Enjoy **Fritzl's Casual Fridays** with a delicious lunch. They offer 10 lunch items for under \$10! It includes a fish fry (Icelandic cod), schnitzels, sandwiches, burgers, brats, salads, soups and more. Enjoy their outside patio! What a great way to wind down the week!

Reviewed and recommended by Zagat Survey. Visit www.fritzl.com for more information.

La Strada Ristorante Now Offers New Lunch and Dinner Menus

La Strada Ristorante is proud to serve our **new lunch and dinner menus** seven days week on Barrington Road in Hoffman Estates/South Barrington. We serve lunch Monday through Friday from 11 a.m. until 4 p.m., dinner every night from 4 p.m. until 10 p.m. Our bar has a late-night menu of great appetizers until midnight every Friday and Saturday night, also featuring live music.

Our menu features regional classic Italian cuisine with prime steaks, veal, lamb, pork chops, whole Maine lobsters, jumbo Gulf shrimp, Atlantic salmon, ahi tuna, jumbo sea scallops, chicken Vesuvio, chicken parmigiano, great pastas, giant salads, burgers, homemade lasagna, and lobster fra diavolo.

La Strada offers crazy martini and draft

beer selections. Every Friday, we offer \$4 martinis, \$2 beers and half-priced appetizers. Mondays take **25% off** the entire wine list.

We offer private banquet space for 20 to 160 people for a sit-down function or for up to 250 people for a reception. The timing is perfect to come and talk about your business' or family's holiday party plans. **We also offer a wonderful Thanksgiving-TO-GO, creating fantastic turkey dinners for morning pickup.**

Our Web site features our detailed information—www.lastradaristorante.com.

La Strada Ristorante is located at 2380 Lakewood Blvd. at Barrington Road in Hoffman Estates. Phone 1-847-765-1700. We look forward in serving you soon. Thank You.

"A Holiday Housewalk" at Beautiful Wynstone Golf Club Community

"A Holiday Housewalk" held in the Wynstone Golf Club Community in North Barrington, is scheduled this season for **Thursday, Nov. 13 and Friday, Nov. 14**. Four distinctive, private residences are professionally decorated for the holiday season and open for viewing.

Two tours daily, at 9 a.m. and 1 p.m., are followed by High Tea in the clubhouse dining rooms. Following the tea, attendees to the daytime event are invited



to shop the impressive collection of holiday gifts and decorations at the boutiques. Tickets for the daytime tours are \$60 and include transportation by motor coach to the homes.

A Friday night tour includes dinner and a silent auction. Tickets are \$150 per person. For more information, call Kathy Voitlein at **1-847-381-2435** or visit www.WynstoneHousewalk.com.



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The Thirteenth Annual

A Holiday Housewalk at Wynstone



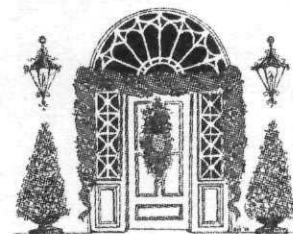
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Lake County Services

Thursday, Nov. 13th and Friday, Nov. 14th
at 9 AM and 1 PM

Daytime tours include high tea and a holiday boutique.
Tickets \$60

November 14th at 5:30 PM

This exclusive Friday evening tour includes dinner, entertainment and auction items.
Tickets \$150 per person



Visit www.WynstoneHousewalk.com
or call Kathy Voitlein at 847-381-2435

Deadline!

The deadline for the **November Issue** is **Thursday, Oct. 16.**

For advertising inquiries, contact:

Sean McMonigal, P.O. Box 1772, Crystal Lake, IL 60039-1772
(815) 479-0695 • advertising@lifestylesmagazines.com

For news submissions, contact the editor:

Glenn McMonigal, P.O. Box 293, Crystal Lake, IL 60039-0293
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Please include your business name and phone number on all communications.



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"Who's Got Glamour?" Fashion Show and Dinner

The Society for the Preservation of Human Dignity (PHD), is hosting its Annual Fashion Show & Dinner Thursday, Oct. 9 at the lovely Stonegate Banquet & Conference Center in Hoffman Estates.

A great night out, this year's event features fun, food and fashion entertainment in support of the Counseling Center for Pregnancy Help and Education. The evening begins with cocktails, silent auction and basket prizes at 6 p.m., dinner at 7:30 p.m., followed by the show. Fashionique Productions presents dazzling fashions as models sing and dance their way down

the runway featuring ensembles from York Furrier of Deer Park, Barrington's Starr Couture, Peter Daniel, Satin Filly, A L'Amour; Oak Street's Dismero and Hickory Hills' Lili of Trieste. Save the date and call PHD to reserve your tickets at 1-847-359-4967 ext. 25. Tickets are \$75 per guest (\$45 of each ticket is tax deductible).

Show committee members include Patty Milner and Sharon Molnar of Inverness; Debbie Roman, Cathy Shanahan and Martha Medina of Arlington Heights; Grace Moriarity and Chris Kim of Palatine; Meghan Hilty of Elmhurst; and Ivey Smith.

School Has Started, How's My Skin?

Doctors **Jeffrey Berti, M.D., and Toulia Berti, M.D.**, along with the staff at **Dermatology & Dermatologic Surgery, Ltd.** invite you to their newest location: **2 Executive Court in South Barrington**. They have been quite busy seeing new and returning patients in their state-of-the-art facility that offers comprehensive and professional skin care for men, women and children. "With the school year starting, we see a surging interest in keeping teens' skin clear of acne," remarks Dr. Jeffrey Berti.

There are so many products, gimmicks and "spas" that prey on the sensitive issue of teenage complexion concerns," explains Dr. Toulia Berti. "I am not at all surprised that the end result often is confusion and frustration." The physicians at **Dermatology & Dermatologic Surgery** consider the treatment of acne and teenage skin concerns an integral part of their practice. They realize that there can be tremendous pressure on teens that experience complexion issues.

They remind us that a professional der-

matologic skin evaluation may be a better choice than relying upon a skin product salesperson that is free from accountability, or a random product choice off the drug store shelf. "While science is never perfect, at least we have a scientific basis for our treatment choices," says Dr. Jeffrey Berti. "I'll take science over chance anytime."

In fact, dermatologists are *the* specialists for the diagnosis and treatment of all disorders of the skin, hair and nails. The physicians and staff at **Dermatology & Dermatologic Surgery, Ltd.** are committed to prompt, professional service and are **participating providers in most Illinois PPO insurance plans**.

They are located at **2 Executive Court** in the **South Barrington Executive Center** on Barrington Road between I-90 and Route 62. Please contact them during business hours. For additional information and office hours, please call the office at **1-847-304-0303** or visit their Web site at www.jbderm.com.

Coterie and Barrington Woman's Club to View Opera in Focus

Coterie of Barrington and surrounding communities, with the Barrington Woman's Club, are planning to attend the Opera in Focus Halloween Spooktacular on Oct. 15. The performance will be at 1:30 p.m., preceded by an 11:30 a.m. lunch at Lamirage restaurant. There will

be a select menu. The cost is \$35.

Checks should be sent to: Bonnie Vaughan, 1301 Oak Hill Rd., Lake Barrington, IL 60010. Please pay by Oct. 10. If needed, car pools will be arranged for everybody's convenience. For more information, please call 1-847 382-5324.

Struggling to Lose Weight?

Have books, fad diets, trendy exercise equipment, or self-help programs failed to get you off the weight-loss roller coaster?

Dr. Barry Berger may have the answer for you. Dr. Berger's revolutionary long-term weight reduction program incorporates all of the following components:

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Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 14 years, introduces a new weight loss program. This program is based on the 40/30/30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing



fat and carbohydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.

Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering your current lifestyle, exercise and diet habits.

Dr. Berger has thousands of satisfied patients. Insurance usually pays for some or most charges, (sorry, no HMOs).

To begin a weight loss program that really works for you, call **1-847-438-2454** in Lake Zurich or **1-847-291-0772** in Northbrook to make an appointment for your consultation today.

A Great Sitter is Always Just a Phone Call Away

Whether you need a day off, a night out, or a weekend away, we're here for all of your childcare needs. **Mother's Helpers** provides qualified, pre-screened sitters for temporary, permanent, full-time, part-time, or occasional care in your home for children of all ages.

Mother's Helpers has been providing quality sitters to parents in the Boston area since 1961. We expanded to Denver in 2005, and continue to provide the same quality service and peace of mind for parents in the Northwest Suburbs of Chicago.

We provide three levels of service:

- **Babysitters** will care for your children any time of day, including driving them to and from activities upon request.

- **Mother's Helpers** will provide overall assistance, including caring for your children, running errands, and performing light housekeeping (e.g. laundry, dishes, picking up toys).

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and care for your children. This can include driving to and from activities, as well as light housekeeping.

Your children's care is our first concern. We only recruit sitters whom we would trust to care for our own children. Our sitters are at least 18 years old, experienced with children, and responsible. Our screening process includes a personal interview, criminal background check, DMV check, and references check. Our sitters are carefully screened, engaging adults who provide their own transportation to and from your home.

No booking fees. No hassles. There is an annual registration fee of \$75 for use of our service. Babysitters start at \$12 an hour (based on the number of children). Our phone number is **1-847-202-9100** or you can e-mail us at—
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*It's easier with **Mother's Helpers**.*

BYFS Offers Free Grief and Loss Support Groups for Children and Parents

Registration is now open for the fall session of the Barrington Youth & Family Services (BYFS) grief and loss program, providing free counseling and support services for children and their parents who are dealing with grief and loss due to a death, divorce, separation or other painful transition. The program offers both youth and adult participants a unique opportunity to discuss these life-changing occurrences with professional counselors, as well as their peers who are experiencing similar situations and feelings.

According to Rainbows International, approximately 69 percent of American youth are living in nontraditional families. Thirty percent live in a step family and 50 percent will live in a single-parent family at some point in childhood. This reality,

and the changes associated with it, can be confusing and upsetting for children. A wide range of emotions can result, including a sense of responsibility, rejection, insecurity, abandonment and anger. Transition is difficult for parents as well, as they contend with the situation, while being sensitive to the needs of their children.

The BYFS grief and loss program is offered at no charge to all Barrington CUSD 220 kindergarten through eighth-grade students and their parents. The child and parent groups will meet for six weeks on Oct. 13, 20th, 27th and Nov. 3, 10th, 17th, from 7 to 7:45 p.m. The program will be held at the agency located at 110 S. Hager Ave. in Barrington.

For more information, call 1-847-381-0345.



Start Caspari Christmas Cards Early from Wickham Interiors

As Christmas quickly approaches, now is the time to prepare to send your Christmas cards. By starting your cards early, you not only avoid the rush, you'll have time for a little sentimental note to beloved friends and family. This year, when you choose your cards, remember how nice it is to receive them. You can add to the celebration of the season by sending a beautiful Caspari card from **Wickham Interiors** with your family photo carefully protected inside.

Wickham Interiors has an outstanding card selection to choose from this year. Masterpiece angels, nativities, and Santa cards are among Caspari's classic collection at reasonable prices. There are also more contemporary cards as well as cards with images suitable for business.

The *Madonna and Child* Christmas card shown in our ad is the image used for the U.S. first class postage stamp for Christ-

mas 2008. Christmas card and stamp can match!

Wickham Interiors also has sparkling Old World Christmas cards in traditional motifs. Their warm sentiment will melt hearts on those cold winter days.

You won't believe what's coming to **Wickham Interiors** for Christmas! Ooh the excitement is building behind the scenes! Be sure to include **Wickham Interiors** on your holiday shopping list. Watch for information about the upcoming Christmas Open House. It is absolutely a "must-see" event!

The **Wickham** store is a great place to find decorations for Halloween and Thanksgiving as well.

For more information about what is available at **Wickham Interiors**, visit them at 67 N. Williams St. in Historic Downtown Crystal Lake, call **1-815-455-6202**, or visit www.wickhaminteriors.com.

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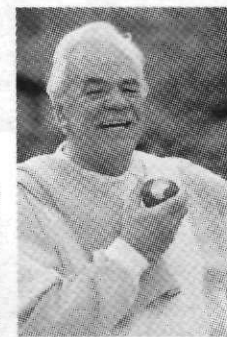
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- Fitness dancing
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For the Spirit:

- Weekly activities with children
- Bible study/Prayer group
- Pet therapy
- Weekly worship service
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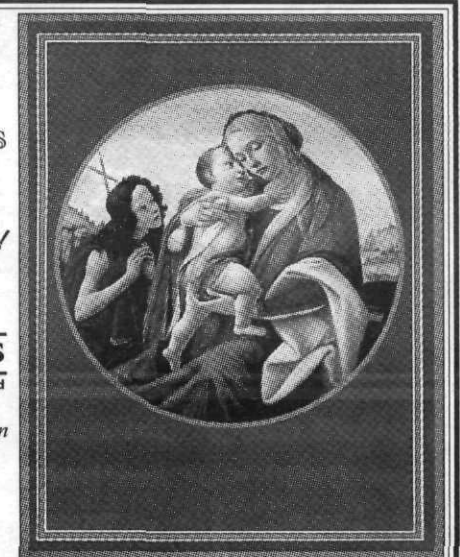
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Sunday Gospel Brunch Back by Popular Demand!

Feed your body with a delicious brunch and feed your soul with the spiritual music of a gospel choir!

The beautiful upstairs dining hall and terrace at Makray Memorial Golf Club, 1010 S. Northwest Highway, Barrington, will be the site for this one-of-a-kind local event on Sunday, Nov. 16. The performing choir is Harmony Hope & Healing (HHH).



Harmony, Hope & Healing Choir

HHH is a creative music program offering dignity and spiritual healing to the homeless and underserved in the Chicago area. HHH is a unique organization which works in collaboration with Chicago area social agencies, church and community based organizations, and shelters to provide on-site therapeutic music programs. The programs provide healing from the negative effects of poverty, homelessness, domestic violence, drug and alcohol abuse, and aging.

Several boutique vendors will be on-site to offer unique items—many of a spiritual and inspirational nature.

This unique event is proudly presented by the St. Anne Women's Club (SAWC). SAWC is an organization united through prayer, hospitality and ministry. It has been committed to provide Christian service and to further the spiritual, intellectual and social growth of its members and the larger community for over 60 years. SAWC fundraising efforts have culminated in significant contributions to local chari-

ties over the years, including but not limited to: Northeastern Hospice; Barrington Council on Aging (BACOA); GiGi's Playhouse, a Down's Syndrome Awareness Center; Wellness Place; and Project Hope. Over the past several years, overseas support has been given in the way of school supplies for Iraqi and Afghan children.

SAWC has been a leader in the For I Shall Help (FISH) program, offering assistance to the elderly with doctor visits, shopping errands and more, and is a strong supporter of the Meals with Wheels program. SAWC also supports several internal ministries such as Outreach, offering meal assistance for those in need, Funeral Luncheon Ministry, offering funeral luncheons for bereaved families, Shawl Knitting Ministry, whereby shawls are knit and blessed before being passed to someone in need—whether the recipient is in hospice or undergoing chemotherapy, or simply in need of warmth and love. Eva Kolasinski, past-president, 2006-2007, and

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From a Woman's Point of View

by Amy Wickstrom, Wickstrom Ford Lincoln Mercury

As much as it pains me to write this, I have resigned myself to the fact that the summer of 2008 is officially over. Oh, if we're lucky we may yet see a day or two of Indian summer, but I'm not using temperature or weather to form my opinion. For me, summer pretty much ended when our family began the after-school, get-to-my-practice/rehearsal/game, do-my-home-work, eat-dinner, go-to-bed scramble. Sound familiar?

Of our three kids, only Grace and Ella are currently involved in extracurricular activities, and we spend on average three afternoons/evenings a week driving around town for them. I can only imagine how a certain pending railway sale could affect this aspect of our lives, but that's a topic for another article... I've observed that many families are on-the-go almost every day from 4 a.m. until well after our 8 p.m. bedtime, so I really can't complain. Actually, Josh does most of the complaining, as he is my car pool sidekick for our afternoon drive time.

On some days, Josh does need a little diversion. The Ford Flex that I'm driving has a dual entertainment system—he can watch Sponge Bob on the rear DVD play-

er and use headphones, and I can listen to the radio or enjoy a little quiet time. For all of you who can answer the question, "Who lives in a pineapple under the sea?"—the beauty of the dual entertainment system is self-evident.

I did try to sign Josh up for soccer or gymnastics, but he declined by declaring, "No, I really don't want to get sweaty." That may be a sentiment many of us would agree with, but it was amusing to hear from a 5-year-old. If he someday chooses to take on a sport or activity involving practices, meetings or rehearsals, I'll definitely bring the girls along for the ride. A little family car time can be character building.

Until next month,

—Amy

BACOA Luncheon Will Highlight Fashion, Food, Fitness and Fun

The Barrington Area Council on Aging (BACOA) will sponsor "Fashion, Food, Fitness, Fun... Celebrating the F Words," a luncheon and program on looking and feeling good at any age.

The lunch will held Friday, Nov. 7 from 11 a.m. to 2 p.m. at the Performing Arts Center at The Garlands of Barrington, 1000 Garlands Lane, Barrington.

An exciting array of speakers will discuss fitness, nutrition and fashion for wom-

en. Speakers include South Barrington consultant Joyce Strout, Jill Hawkins from Totally Fit in Barrington, and Gretchen Collins from Advocate Good Shepherd Hospital.

The cost is \$35, which includes lunch and a goody bag. A cash bar will also be available.

For more information or reservations, call BACOA at 1-847-381-5030 or visit the Web site at www.bacoa.org.

founder and chair of the SAWC Sunday Gospel Brunch, states that SAWC is an important outlet for her, as it is for so many of its members. "SAWC offers a meaningful way to give back to our community. A way to visibly make a difference in touching someone's life."

Plan on a truly uplifting experience. Bring your family to the Sunday Gospel Brunch! Seatings are at 10 a.m. and noon.

Tickets are \$40 a person; \$15 for children 10 and younger; children 3 and younger are free. There will be a cash bar. Please make checks payable to: St. Anne Women's Club or SAWC. Please note your seating time preference. Mail your check to: Sunday Gospel Brunch, St. Anne Women's Club, 120 N. Ela St., Barrington, IL 60010. Checks must be received by Nov. 4. Call 1-847-381-9118 for more details.

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"Things are pretty, graceful, rich, elegant, handsome, but until they speak to the imagination, not yet beautiful."

...Emerson

That's a nice start, according to Ray Canaday of *the naturalizing landscapes*, but today's busy homeowners need more.

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by Jim Simonik – JP Renovations, Inc.

We are excited about being here in the village of Barrington to share with you our new projects and some of our best work.

Since 1989, I've learned by doing every aspect of remodelings—kitchens, bathrooms, room additions—and custom-built homes. It helps when you've been there, then there is a true, clear line of communication with you the customer. Many people aren't sure of what they want until they hear it or see it. This is one of the main reasons I'm called into a job. Listening first and telling it the way it is. I've even gone so far as to turn some jobs down, because I felt it was a bad investment for the customer. A contractor will get more mileage in the long run with relationships if he's not always looking at his bottom line. Relationships need to grow slowly. I've made it part of my everyday visit to job sites to look beyond the print and offer something better and above average.

I will work with you to co-create something that will make me proud as a crafts-



man and make you want to invite friends and family over to show off your new space. That's why my customers come back. That is why most of my new business comes from referrals. The best part about being a general contractor is the before and after, what it took to get from A to Z and sharing with you the end result.

For more information on who we are and what we do, check us out at www.jprenovations.com or call us at **1-847-502-5565**. *Barrington and surrounding communities.*



Exquisite Upscale Remodeling and New Construction

Lakeshore Ski and Sports Club's New Orleans Jazz Brunch

Lakeshore Ski and Sports Club will host a New Orleans Jazz Brunch at Bistro 110 on Sunday, Oct. 5 from 11:30 a.m to 3 p.m. The cost is \$35 per person. Advanced res-

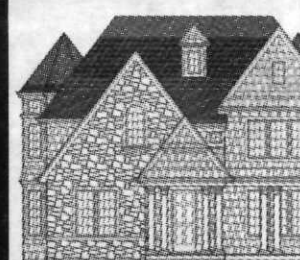
ervation are required.

For further information and to make reservations, call 1-708-786-3992 or e-mail lakeshoreskiandsportsclub@yahoo.com.



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Wynstone Golf Club Awards Scholarships to Deserving Employees

In August, just in time for the start of the fall semester, Wynstone Golf Club awarded over \$20,000.00 in scholarships to students who are enrolled full-time in an accredited college or university and have spent their summers as staff members of one of the club's many operational departments including Golf Services, Tennis, Aquatics, Administration and Food & Beverage Services. Most of the 15 recipients are graduates of local high schools includ-

ing Lake Zurich, Barrington, Vernon Hills, Wauconda, and Fremd. Scholarship candidates were asked to submit a scholarship application, letter of recommendation and personal statement and were interviewed by members of the club's Governance Committee on their future educational plans, scholastic objectives and ultimate career goals.

In order to be eligible, applicants must have been employed by the club for a

minimum of two summer seasons, or 24 cumulative weeks working an average of at least 24 hours per week (or providing caddie services and earning a minimum of 650 caddie points). Applicants also must have a cumulative grade point average of at least 2.5 (4.0 scale). Financial need and job performance were also considered by the Selection Committee.

The following employees were Wynstone Golf Club Employee Scholarship Award Recipients: Melody Englund (DePaul University), Lincoln Every (University of Illinois-Urbana-Champaign), Jessica Feld (University of Wisconsin-Madison),

John Jorgensen (College of Lake County), Chris Kalogeropoulos (University of Illinois-Urbana-Champaign), Ben Karas (Lewis University), Katharine Kleinhampe (University of Illinois-Urbana-Champaign), Lisa Lauterbach (Marquette University), Jonathan Martinucci (College of Lake County), Patrick O'Connor (University of Illinois-Urbana-Champaign), Brandon Palmer (Northern Illinois University), Michael Rigoni (University of Illinois-Chicago), Ryne Smith (Northern Illinois University), Emily Wynne (Western Kentucky University), Robert Young (Southern Illinois University).

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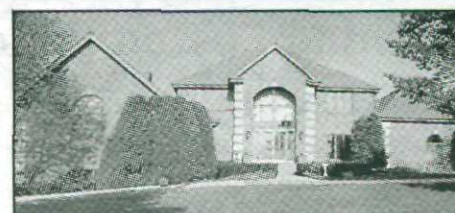
Barrington Hills \$4,197,000
Captivating new 5 BR French Cntry estate. Spectacular Kit w/limestone flr. Great Rm w/FP overlooks pool & tennis ct. 2BR guest hse and 3-stall barn...essence of Provence.
Frank & Lynne Caiazza 847/867-3424



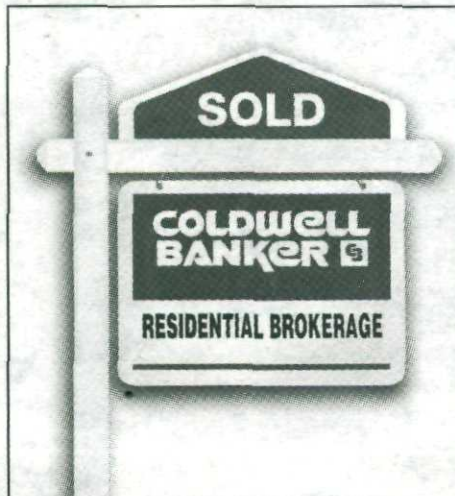
Huntley \$2,199,000
Architectural masterpiece. New English Tudor w/2-story Great Rm, 10' ceilings, exquisite alder cabinetry, 1st floor vaulted Master BR, walkout LL w/theater and spa retreat.
Frank & Lynne Caiazza 847/867-3424



Huntley \$1,799,000
New French Ctry home w/\$200,000 price reduction in Ridgefield. Limestone & walnut floors, arched doorways, extraordinary craftsmanship and Old World ambiance.
Frank & Lynne Caiazza 847/867-3424



South Barrington \$1,779,000
Stately 4 br, 5+3 ba French Provincial. 1st-flr mstr ste w/his/hers baths. 2nd-flr bonus rm. Walkout LL w/den/office, rec rm, game rm & 2nd kit. Indoor pool, hot tub & sauna.
Mary Spinner 847/277-2284



303 E. Main St.
Suite 100
Barrington



Barrington Hills \$1,299,000

Lake access, pool & tennis court enhance this secluded country retreat. Nestled on 5.6 acres in a choice location, enjoy rolling hills & expansive views. Also, an outdoor basketball court & 4 stall barn. The spacious hillside Ranch with 5 bedrooms, 4.1 baths plus finished walkout lower level awaits your vision or potential dream home.

Donna Veller 847/826-1530



Long Grove \$1,195,000

Rare opportunity for new 5 BR, 3.5 BA on almost 5 wooded acres w/pond views. A private retreat with 2,400 SF walkout lower level and storage building for collectors.
Frank & Lynne Caiazza 847/867-3424



South Barrington \$659,000

Spectacular 1.31 acre lot in Hidden Lakes. Exclusive luxury community with impressive stone gatehouse, waterfalls, walking paths, tennis court and ponds.
Frank & Lynne Caiazza 847/867-3424



Barrington \$550,000

Lot in prestigious Braymore Hills siding to cul-de-sac w/water views. City water & sewer. Great location. Barrington schools. Minutes to downtown Barr., tollway and Metra.
Mary Spinner 847/277-2284



Carpentersville \$279,500

Sharp 3BR, 2.5BA hm w/Barr Schls. MBA w/tub, dbl sinks, sep shower rm & dbl closets. Fin bsmt. Wbfp & vaulted ceil. Lrg deck w/priv fence. Wd views. Cul-de-sac location.
Mary Spinner 847/277-2284



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Testimonials...

"Celeste has been our interior designer for over seven years, helping us design two homes during that time. She truly knows how to make a house feel like a home. She is able to incorporate our taste and needs into every detail of our home, making it a warm and inviting place to spend with family and friends."

—Paula and Dan Colbert, Barrington

"When choosing a designer for my home I wanted someone that could envision the look and feel I wanted my home to convey. Celeste Jackson has that unique vision to turn a plain room into something truly amazing and completely my style."

—Michele and Scott Barber, Inverness

"We have worked with Celeste for the past few years in all areas of our home. Every time we look at the spectacular and creative design ideas, we know it is because she thinks of everything."

—Paul Gadbut & Shannon Kennedy, Hinsdale



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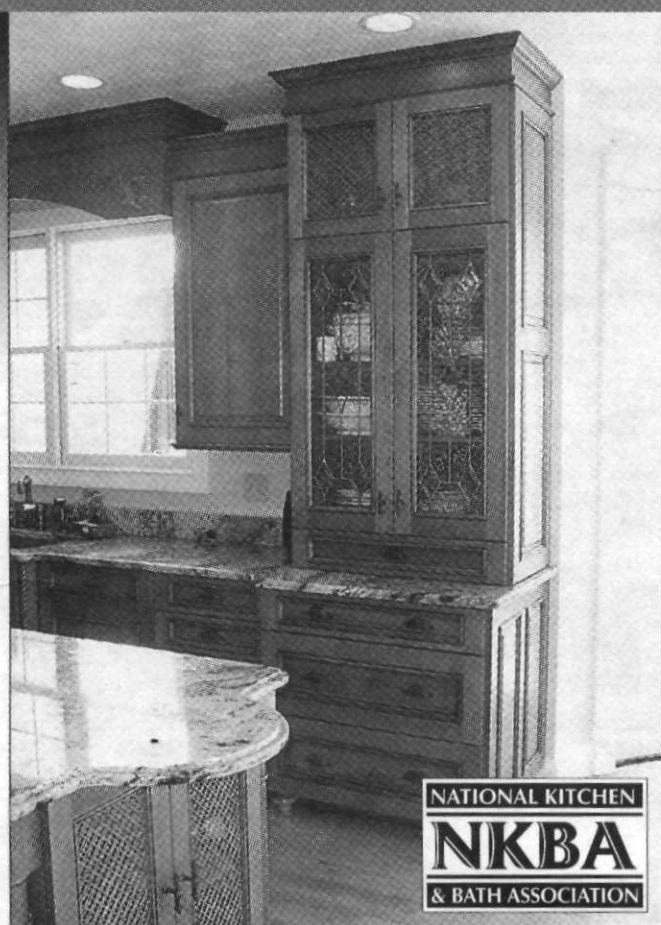
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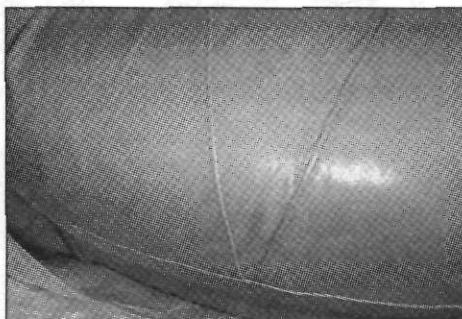
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List and are an authorized **Restoration Center** specialist. To see photos of their work, visit www.QualityLeatherRestoration.com and click on "Gallery." For a free estimate, call **Color-Glo Quality Leather Restoration** at **1-847-719-2934**.

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Masterpiece on 14.5 acres with spectacular views of Goose Lake. This 7-BR, 8.4-BA home combines elegance with exquisite design and state-of-the-art technology. Beautiful architectural detailing, formal floor plan, home theatre, fin LL w/ wine cellar, rec room with bar, exercise room & billiard room, 8 FPs, 6-car gar & sparkling pool.

OFFERED AT \$17,000,000



BARRINGTON HILLS

This stunning 12,500+ sq ft new construction residence is set on 5 acres on quiet private lane. Exquisite architectural design and detail are evidenced throughout its comfortably elegant interior. It offers 6 BR, 7.1 luxurious baths, 8 FPs, *Architectural Digest* quality kitchen with soaring 2-story beamed ceiling and 5-car garage.

OFFERED AT \$5,000,000



BARRINGTON HILLS

Outstanding 6 br, 8.1 ba custom brick Georgian set on 10 rolling acres overlooking picturesque Goose Lake. Awe-inspiring architectural design and detail. It offers a grand gourmet kitchen, sumptuous master suite, 6 fplcs, finished walkout LL, stone terraces and 4 car garage. It is elegant, warm & very livable.

OFFERED AT \$4,490,000



BARRINGTON HILLS

A long curving drive leads to this gracious 5 BR, 4.2 BA country manor, secluded on 20 acres in the heart of horse country. A tranquil pond, sparkling pool, 10 stall barn, garage parking for 5 vehicles and premier Brinker Road location enhance this special offering.

OFFERED AT \$3,599,000



BARRINGTON HILLS

A grand allée of trees leads to this gracious Barrington Hills estate. Set on 9.8 rolling & wooded acres, it features 5 BR, 5.1 BA, 3 fireplaces, generous public & private areas and lovely views from every window. The magnificent grounds offer a sparkling pool, tennis court, delightful 4-stall barn, dressage arena & caretaker's cottage.

OFFERED AT \$2,500,000



BARRINGTON HILLS

Entertainer's dream! Spectacular idyllic sanctuary set on over 5 wooded scenic, prof landscaped acres w/ pond, beach, gazebo, terraced patios & pool. It offers a dramatic 4 BR, 4.1 BA home & awe-inspiring 1 BR guest house w/ gourmet kitchen, great room, loft, office & fabulous screening room. Truly a one-of-a-kind offering.

OFFERED AT \$2,450,000



BARRINGTON HILLS

Set on a private, wooded site, this enchanting 5 BR classic is the epitome of refined country living. Abundant in character & charm, and designed for personal comfort and festive gatherings, it features exquisite architectural detail, 5 fireplaces, exceptional gourmet kitchen, a sparkling pool, 4 car garage and magnificent grounds.

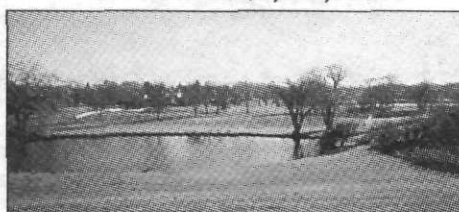
OFFERED AT \$1,499,000



BARRINGTON HILLS

This beautiful equestrian property offers 5 bedrooms, 5 baths, a dramatic 2-story family room with stone fireplace, gorgeous gourmet kitchen, finished walk-out lower level with theatre and kitchen, master suite with sitting room, 4-stall barn.

OFFERED AT \$1,425,000



BARRINGTON HILLS

Five spectacular lakefront acres on a private secluded lake. On a quiet cul-de-sac, it is in a prime location on a private lane, just moments from all Village conveniences. Enjoy idyllic views and beautiful Lake Melissa.

OFFERED AT \$1,390,000



BARRINGTON HILLS

Classic stone & cedar ranch is set on 5 verdant acres offering 4 BR & 5 BA, w/ 2 master suites. Large, eat-in kitchen with Poggenpohl cabinetry & top-of-the-line appliances. Delightful sunroom, cathedral ceiling in family room, 4 fireplaces & 3 car garage. Includes tennis court & direct access to the extensive riding trails.

OFFERED AT \$1,349,000



BARRINGTON HILLS

Set on five acres, this delightful, fully functional equestrian property offers an updated 2 br home, 6-stall barn with club/tack/viewing room w/ 1/2 bath, wash rack, large hayloft & attached 60x80 indoor arena. Also includes an outdoor sand arena & abundant turnouts & pasture areas. All this in a most prime location!

OFFERED AT \$1,199,000



BARRINGTON HILLS

Set on five secluded acres on a private lane, this enchanting home features 4 BR, 3.1 BA, 4 fireplaces, cook's delight kitchen with fire-lit hearth room, dramatic great room with vaulted ceiling and romantic 1st floor master suite. The peaceful setting offers a sparkling pool, 4 stall barn with ample turnouts and outdoor sand arena.

OFFERED AT \$1,095,000



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KILDEER

This beautiful home is set on a magnificent 1.4 acre professionally landscaped lot in a prime neighborhood. It offers 4 BR, 2.1 BA, gourmet kit w/ custom cabinetry, sunroom, great room and inviting FR. Surrounded by nature's beauty, the grounds feature a sparkling inground pool and pool house with bath and bar.

OFFERED AT \$599,000

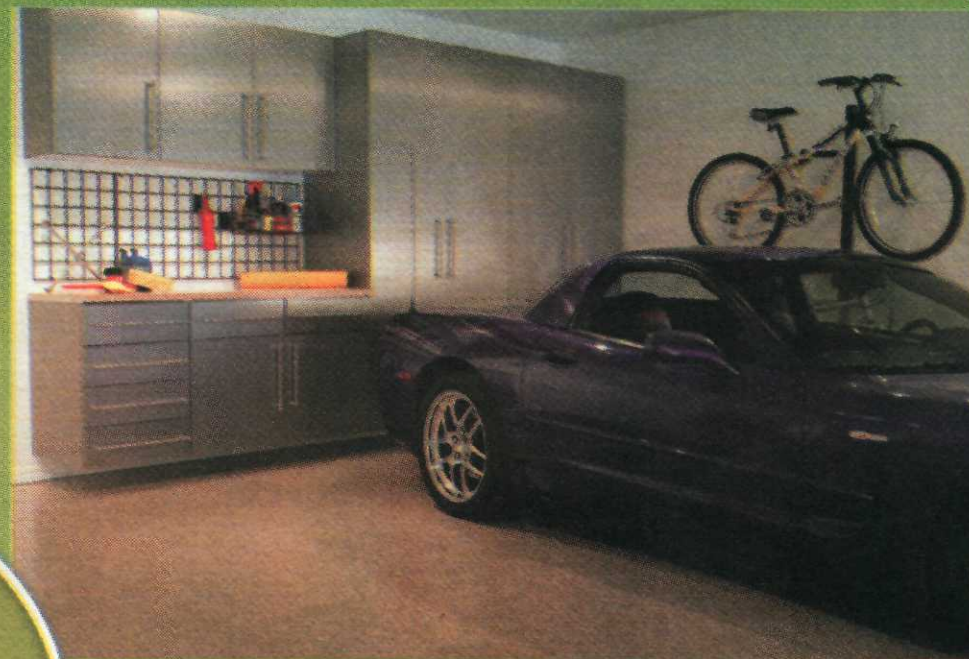
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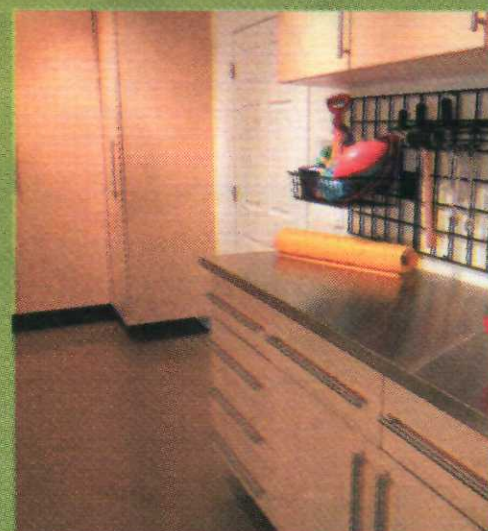
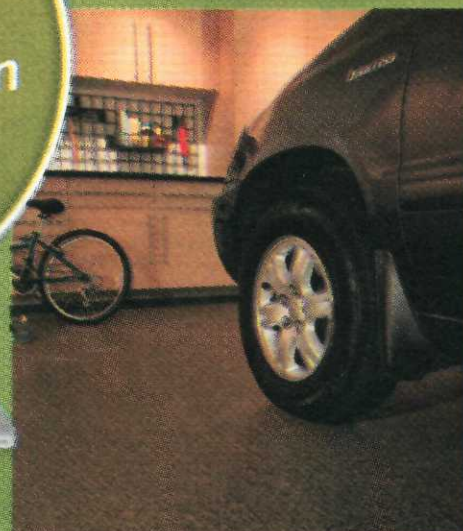


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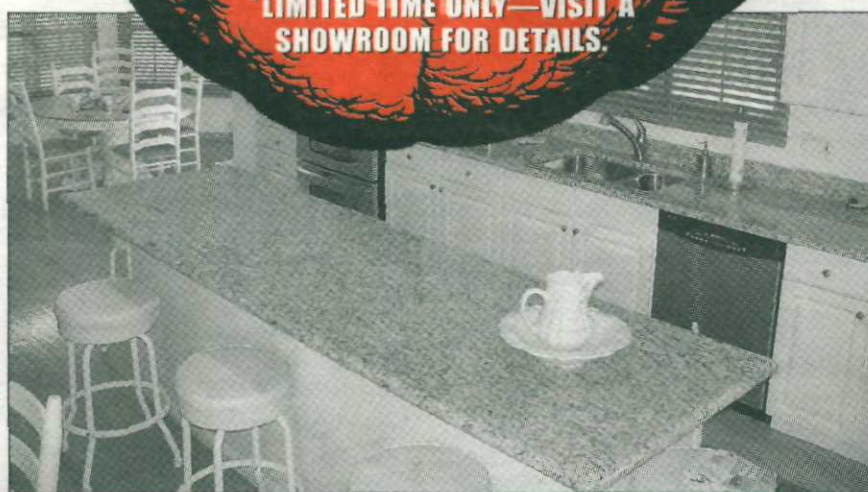
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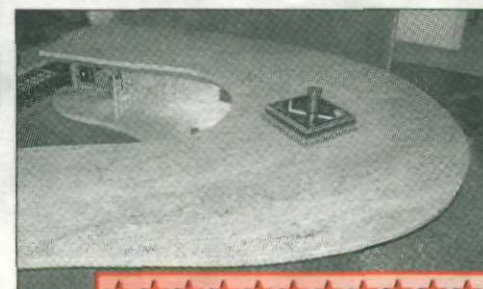
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