check it out

Fall 2016 read | watch | listen | research | create | experience

TED BarringtonAreaLibrary

x = independently organized TED event



Dr. Brian Harris

Bob Lee

Joyce Palmquist

Courtney Quigley

Thursday, Oct 6, 7 PM

You've heard of TED, the non-profit, global phenomenon devoted to Ideas Worth Spreading. Its goal? To make great ideas accessible and spark conversation. A TEDx event is a local version of TED – a community-planned series of conversations designed to energize and inspire.

Come and hear:

Dr. Brian Harris: Superintendent of Schools, District 220

Bob Lee: Founder, Ride for 3 Reasons

Joyce Palmquist: Executive Director, Barrington Area Council on Aging Courtney Quigley: Co-Founder, Hope's In, student at New York University

Join us for this extraordinary experience! Free but limited to only 100 attendees. Register.

Marge Luther School Pays

Oct 1 - Nov 30

Celebrate the start of the school year with our annual Marge Luther School Days Programs, which are funded by an endowment from former Barrington teacher Marge Luther.

Library Learning Challenge

All ages

Families, stop by the library during October and November to play the Library Learning Challenge. Part scavenger hunt, part creative exercise – become a library expert while having fun!

School Days Reading Challenge

Grades K - 2

Sign up online for the School Days Reading Challenge. Read 500 minutes to earn a personalized READ poster, and complete the "Reading Explorer" badge to receive a free book!



Read on for more programs for children and families.

Adult programming continues on page six.



family performances

Please bring your Barrington Area Library card for admission. Patrons from other library districts admitted as space is available. For these drop-in programs, seating is first come, first served.

Family Theater: Little **Red Riding Hood**

All ages w/caregiver Friday, Nov 4, 2 PM Everyone knows the classic tale of Little Red Riding Hood, but you haven't seen one this wacky and entertaining! Music and merriment combine for an up close and personal exploration of the famous story. Meeting Room.

Family Concert: Laura Doherty

All ages w/caregiver Wednesday, Nov 23, 10:30 AM Sing, play, and dance along to Laura Doherty's fun pop music for kids! Meeting Room.





learn - make - create

Art Play

Thursday, Sept 1, 10 - 11:30 AM Saturday, Sept 17, 2 – 3:30 PM Friday, Oct 7, 10 – 11:30 AM Friday, Nov 4, 10 - 11:30 AM Tuesday, Nov 22, 10 - 11:30 AM All ages w/caregiver Little artists express themselves with a new process-oriented art project each week. Mess-makers welcome! Program Room. Drop in.

Afterschool STEAM

Tuesdays, Sept 13 & 27 Oct 11 & 25, Nov 8 & 22, 4 PM Grades K - 3 Fun, hands-on activities that incorpo-

rate science, technology, engineering, art, or math (STEAM). Dress for a mess. Program Room. Register.

Make Art!

Thursdays, Sept 15, Oct 13, Nov 17 4 PM Saturday, Nov 12, 3 PM Grades 3 – 8 We have the supplies, you have the ideas - let's make art! Program Room. Register.



LEGO Club

Fridays, Sept 16, Oct 14, Nov 18 4 PM Grades K - 8 Make LEGO robots, create stories. and build amazing creations. Program Room. Drop in.

Perler Bead Keychains

Wednesday, Oct 19, 3:30 PM Wednesday, Nov 23, 2:00 PM Grades 3 - 8 Create fun designs using these fusible plastic beads. Program Room. Drop in.



and more



Please bring your Barrington Area Library Card for admission. Patrons from other library districts are admitted as space is available. No registration required. Story Room.

mondays

Family Story Time

Ages 2 – 5 w/caregiver Sept* 12 - Nov 14, 2:30 PM Children (with a favorite adult) enjoy books, songs, rhymes, and movement activities while building language and literacy skills.

*Please note, the Library will be closed on Monday, Sept 5, for Labor Day.

tuesdays

Baby Time

up to 24 months w/caregiver Sept 6 - Nov 15, 10 AM Share songs, stories and rhymes with your baby and connect with other new parents in this story and play time.

Toddler Time

Ages 2 & 3 w/caregiver Sept 6 - Nov 15, 11 AM Play and explore with stories, songs, art, and more in this energetic class for toddlers. Dress for a mess!

wednesdays

Family Story Time

Ages 2 - 5 w/caregiver Sept 7 - Nov 16, 10 AM Children (with a favorite adult) enjoy books, songs, rhymes, and movement activities while building language and literacy skills.

Toddler Time

Ages 2 & 3 w/caregiver Sept 7 - Nov 16, 11 AM Play and explore with stories, songs, art, and more in this energetic class for toddlers. Dress for a mess!

thursdays

Baby and Toddler Playtime

Ages 0 – 3 w/caregiver

Sept 8 - Nov 17 10:30 - 11:30 AM Children learn as they play. Explore hands-on activities and connect with other grown-ups in this fun, drop-in class.

Saturday Story Time

Saturdays, Sept 17 & Nov 12, 10:30 AM

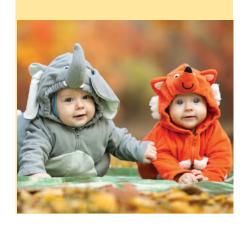
Ages 2 - 6 w/caregiver Play and explore with stories, songs, art, and more in this energetic Saturday morning story time class. Dress for a mess! Program Room. No registration required.

Cookies and Milk **Story Time**

Ages 2 – 5 w/caregiver Mondays, Sept 19, Oct 17 & Nov 21, 10:30 AM Stories, snacks, and smiles at Panera in the Arboretum. Panera Bread, 100 W Higgins Road, South Barrington. Register.

Costume Party Story Time

Ages 2 – 5 w/caregiver Friday, Oct 28, 10:30 AM & Monday, Oct 31 10:30 AM Wear your costume to this special story time! After stories and songs, we will march through the Library in a costume parade. Program Room. No registration required.





Tech Open Lab

Tuesday, Sept 6, 4 – 5:30 PM Thursday, Oct 20, 2 – 3:30 PM Friday, Nov 25, 2 – 3:30 PM All ages

Families play and create with LEGO robots, stop motion animation, iPads, and more. Program Room. Drop in.

Meet the Green Screen

Monday, Sept 19 – Friday, Sept 23 4 - 5 PM

All ages

Stop by after school to learn how you can use the green screen in the Library's digital studio! Studio Kids. Drop in.

WeDo Together

Saturday, Oct 1, 10 AM PreK - Grade 2 w/caregiver Kids team up with their adults to build and code a working LEGO robot! Program Room. Register.

Minecraft Build Challenge

Saturday, Oct 1 Grades 2 - 4, 1:30 PM Grades 5 - 8, 3:30 PM

Show off your building skills! We'll use the library's Minecraft accounts in creative mode to make amazing creations. Program Room. Register.

Pop Up Cards

Thursday, Oct 6, 4 PM Grades 5 - 8 Create fun pop up cards with our Silhouette cutter. Program Room. Register.

Meet the 3-D Printer

Monday, Oct 31 - Friday, Nov 4 4 - 5 PM

All ages

Stop by after school to learn how the 3-D printer works, and try out the 3-D design software we use to create objects. Program Room. Drop in.

Minecraft Survival Challenge

Monday, Nov 7 Grades 2 - 4, 4 PM Grades 5 - 8, 7 PM

Let's play Minecraft Survival mode: gather resources, craft items, and work together to overcome the challenges. Program Room. Register.

Video Game Design

Grades 2 – 4, Monday, Nov 21, 4 PM Grades 5 - 8. Thursday, Nov 10, 4 PM

Design your own video game level with the iPad using the apps Floors and Infinite Arcade. Program Room. Register.

Light Painting

Monday, Nov 28 Grades 2 – 4, 4 PM

Grades 5 – 8, 5:30 PM Use flashlights and cameras in the

dark to create original pieces of art. Zimmerman Room. Register.





Discover the benefits and the joy of reading aloud with your child. Pick up a complimentary copy of the book, read it together, then join us for discussion and activities. Program Room. Register.

Grades K – 1:

Johnny Appleseed:

A Tall Tale by Steven Kellogg

Monday, Oct 10, 6:30 - 7:15 PM

Grades 2 – 3: The BFG by Roald Dahl

Wednesday, Oct 26, 7 – 8 PM



Caudill Book Club

Tuesday, Nov 15, 7 PM

Grades 4 - 8

Read one (or more!) of the 20 books on the Rebecca Caudill Book Award List, then join us for a discussion and activities. Program Room. Register.

Parent FAQs

Youth Services librarians will demonstrate helpful tools and answer your questions about these hot topics. Can't make it to the library on these dates? Stop by the Youth Services desk anytime for personalized assistance.

E-books For Kids

Friday, Sept 2, 10 AM – 12 PM OR Monday, Sept 26, 5 – 7 PM

Reading Levels

Thursday, Oct 20, 5 – 7 PM OR Monday, Oct 24, 5 – 7 PM

check it out

is published by the Barrington Area Library.

Executive Director
Detlev Pansch

Board of Library Trustees

President

Donald F. Minner

Vice President
Carolyn Welch Clifford

Treasurer

Carrie Carr

Secretary

Barbara A. Pintozzi

Members

William J. Pizzi
Denise Devereux-Peters
Denise Tenver

Editor Karen McBride

Library Hours:

Mon – Fri: 9 AM – 9 PM Sat: 9 AM – 5 PM Sun: 1 PM – 5 PM

South Branch Hours:

Mon – Thur & Sat: 9 AM – 1 PM Open Late: Mon & Thur: 3 – 7 PM

Direct Numbers

Customer Service: 847-382-1300 x1 Adult Services: 847-382-1300 x2 Youth Services: 847-382-1300 x3 South Branch: 847-381-2534

Library Closings

Monday, Sept 5, Labor Day Thursday, Nov 24, Thanksgiving Thursday, Dec 1, Staff In-Service Day

second fridays

Enjoy professional live music performances right here in Barrington. Seating is first come, first served. Register.



Kraig Kenning

Friday, Sept 9, 8 PM

Call him contemporary folk, blues, roots rock, American Fingerstyle or Americana. Regardless of the genres crossed, Kraig Kenning manages to leave every audience feeling like they've just spent quality time with an old friend.



Alpine Thunder

Friday Oct 14, 8 PM

Accordions, yodeling, and cow bells in the library could only mean one thing; it's Oktoberfest! You'll love Alpine Thunder, a traditional, lively, and fun German trio.



Chicago Brass Band Special guests: Barrington Memorial VFW Post 7706

Friday, Nov 11, 8 PM

Technically masterful and entertaining, the internationally award-winning Chicago Brass Band will rouse your spirit through music. In honor of Veterans Day, Barrington's VFW Post will make a special flag presentation.



Cooks With Books:

preparing, eating, and discussing food with new friends at terrific local eateries! Check out a cookbook from our collection, try a recipe or two, and come prepared to dish on the details. Bring your passion for delicious food and lively conversation.

Get Outside and Grill: Saddle Room

There's a little summer left in your grill: meat, veggies, pizzas - if you can bake it, you can grill it. Check out one of our many grilling cookbooks, test a recipe, then tell us how it went.

Tuesday, Sept 13, 2 PM

Saddle Room will prepare a few selections to get the conversation sizzling. Register. Saddle Room, 2559 Pratum Avenue, Hoffman Estates (near the Sears Centre).

Sweet and Savory Asian Flavors: PL8 Simply Asian

Tuesday, Oct 4, 2 PM Fresh ingredients, sweet and savory, sometimes spicy, unique blends: Pan-Asian cooking has it all. Let's talk traditional, fusion, one-pot, searing or steaming foods, and blending flavors with an Asian twist. PL8 will prepare a flavorful spread to get our conversation rolling. Register. PL8, Foundry of Barrington, 736 W Northwest Highway.

Around the Italian Table: Incontro A Tavola

Tuesday, Nov 15, 2 PM Al Dente, Bolognese, Caprese: the Italian ABCs. This cuisine celebrates rich bases, fresh ingredients, and the Italian passion for family, abundance, and gathering around the table. Enjoy a few favorites prepared by Incontro A Tavola, then share a great recipe from one of our cookbooks or your own family traditions. Register. Incontro A Tavola, The Arboretum of South Barrington, 100 W. Higgins Road.



Mayhem in the Rockies

Thursday, Sept 29, 7 PM
Avid bicyclist, amateur photographer, and world traveler John Lynn shares his experience biking through the wide open west. Witness 600 miles of mountain biking adventures from Jackson Hole, Wyoming to West Glacier, Montana - including Grand Teton, Yellowstone, and Glacier National Parks. Register.
Meeting Room.



Beer 101 at Wild Onion Brewery

Thursday, Oct 13, 7 PM Wild Onion's owner and brewmaster Mike Kainz leads a discussion on brewing, tasting, and beer connoisseurship. Learn about the magic of fermentation and celebrate the joy created by three simple ingredients: water, barley, and yeast. Off-site. Patrons must be 21 or over. Register. Wild Onion, 22221 N Pepper Road, Lake Barrington.



Silent Film Appreciation: *Phantom of the Opera*

Thursday, Oct 20, 7 PM Silent films are visually striking representation of human emotions: fear, love, and time's uncertainty. Historian and film buff John Nygro discusses the 1925 release *Phantom of the Opera*, starring Lon Chaney. Learn about the film's background and history and view digitally remastered clips from this horror classic. Register. Meeting Room.



Balance and Wellness at FitMS Neurobalance Center

Thursday, Oct 27, 7 PM
For patients affected by neurological disorders such as stroke, MS, Parkinson's Disease, and neuropathy, building strength and maintaining balance are a vital part of recovery and quality of life. Meet at FitMS (800 Hart Road, Suite 140) to see how yoga, tai chi, Zumba, and other types of fitness provide ongoing physical therapy for better outcomes. Register.



Let them Eat Cake: Un Soir Avec Marie Antoinette

Thursday, Oct 27, 7 PM
History comes to life as dramatist
Martina Mathisen portrays Marie
Antoinette in this interactive and
informative production. Discover
the truth behind this misunderstood
queen as she transitions from opulent
teen bride to the most hated woman
in France. This time you decide her
fate: will Marie Antoinette live or die?
Register. Meeting Room.

Cutting the Cable Cord

Tuesday, Nov 15, 7 PM
Thinking about getting rid of cable television? Learn about options for streaming to your TV. Discover devices (like Roku and Apple TV) and services (such as Netflix and Hulu) that are available. Register. Zimmerman Room.

Opulent Winter Containers

Wednesday, Nov 30, 7 PM Don't throw away your autumn yard debris! Doering Landscape teaches you to put that yard waste to work in fabulous and long-lasting winter containers. Bring some pieces of evergreen foliage from your yard and a small container to learn how to arrange and enjoy them deep into winter. Register. Meeting Room.

all about the books

Book Buzz with Penguin Random House

Wednesday, Sept 28, 7 PM Be the first to know about major new titles from one of the biggest publishers around. Publisher rep Robert Haddock shares some exciting fall titles and great door prizes. Register. Meeting Room.

Book Club Reception

ers. Register. Meeting Room.

Sunday, Oct 9, 2 PM Bring your book clubs and your friends for a fun afternoon that's all about books. Hear about new titles in our book club collection, and enjoy snacks as you browse and consult with librarians and discussion lead-

Book Spotlight with Liz and Lizzy

Monday, Oct 17, 7 PM Join librarians Liz and Lizzy to hear about some of fall and winter's hottest book releases, as well as some of our favorite, tried-and-true titles. Register, Zimmerman Room,

Hot Fall Books

Thursday, Nov 10, 10 AM Adult Services Librarian Liz visits The Garlands to discuss a selection of new, upcoming, and favorite titles. Register. The Garlands of Barrington, Surround Sound Theater.





Join librarians Liz and Sam to discuss popular titles in a social book club for adults. Meets upstairs at McGonigal's in downtown Barrington. We'll provide some appetizers or desserts - other food and beverages available for purchase.

When Breath Becomes Air by Paul Kalanithi

Monday, Sept 12, 7 PM

At the age of thirty-six, neurology student Kalanithi was diagnosed with stage IV lung cancer. In the 22 months that followed, he wrote this intimate and illuminating memoir, tackling questions of mortality and what makes life worth living. Register.

Kitchens of the Great Midwest by J. Ryan Stradal

Monday, Oct 10, 7 PM

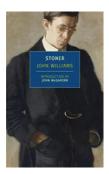
Young Eva grows up with a passion for food, developing a palate that uniquely prepares her to be one of the finest chefs of her time. We meet her as a girl, and revisit her at key points in her life. A charming novel that will appeal to any foodie. Register.

Thirteen Ways of Looking by Colum McCann

Monday, Nov 14, 7 PM

Small, spare stories by the award-winning author of Let the Great World Spin. In the title novella, a judge goes about his day, not realizing that it will be his last. What happened, and why? Register.





Book Discussions with Lanny Ori

Enjoy engaging conversations with professional book discussion leader Lanny Ori and other discerning readers. Books are available at the Adult Services desk on the second floor approximately one month prior to discussion. Register. Meeting Room.

The Man in the Wooden Hat by Jane Gardam

Tuesday, Oct 18, 7:30 PM OR Thursday, Oct 20, 2 PM

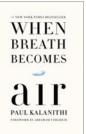
The companion to Old Filth, this work tells the story of the marriage and times of Eddie and Betty through Betty's eyes. Bursting with humor and wisdom.

Stoner by John Williams

Tuesday, Nov 15, 7:30 PM OR Thursday, Nov 17, 2 PM

Quiet and understated, this is the story of William Stoner, an impoverished and shy farm boy who grows up to be an English professor. A tale of work, in both the vocations we choose and the relationships we pursue.





business: it's better in barrington

WordPress Blogging: The Principles Of **Content Marketing**

Wednesday, Sept 28, 7 PM Hands-on demonstration will get you blogging in no time, attracting new visitors to vour website. Some attendees will get a chance to publish on the Internet for the first time. Bring something you've written or a picture on a flash drive to participate. (Bring a printed version, too.) Register. Zimmerman Room.

Business Plan: Your Essential Road Map

Monday, Oct 3, 7 PM Good planning increases the odds of success. This workshop covers the essential elements of business plan development including setting goals and objectives, preparing marketing and financial plans, and defining action steps to attain your goals. Register. Zimmerman Room.

Effectively Advertise to Your Target Customer

Thursday, Oct 13, 7 PM Steve Cook from Quintessential Barrington magazine discusses how to develop a lead-generating marketing plan to your target audience in five simple steps. Register, Zimmerman Room,

Business Ownership and Franchise Opportunities for **New Entrepreneurs**

Thursday, Nov 10, 7 PM Explore the advantages and disadvantages of starting your own business, or buying an existing one or a franchise. Discover emerging concepts and businesses, demographic trends, how to find the 'right' business, and review the various financial options available in the marketplace. Register. Zimmerman Room.

Gear Up For Small **Business Saturday**

Thursday, Nov 17, 7 PM Business owners: get ready for Small Business Saturday! Meet the MakerLab and learn how to make signage, buttons, key chains, and other swag to get the word out. Bring your company's logo and your creativity. Register. MakerLab.





Non-Profit Know How

High Impact Social Media Tips and Tricks for Non-Profits

Wednesday, Sept 7, 7 PM Your organization is using social media – is anyone listening? Karen McBride, Public Information Manager for the Barrington Area Library and the "voice" of the Library's social media accounts, presents practical ways to increase followers, build engagement, and find the right style for the group you represent. Register. Conference Room.

Prospecting Grant Research

Wednesday, Oct 5, 7 PM Chicago's premier philanthropic resource and library (formerly Donors Forum) leads an introduction to the Forefront Library, prospect research concepts, and resources that support finding grants. Register. Conference Room.

Illinois Non-Profit Legal Compliance with The Law Project of the Chicago Lawyers' Committee for **Civil Rights**

Wednesday, Nov 16, 7 PM Via Skype, Jody Adler, Director of The Law Project, discusses ethical and legal compliance for your nonprofit. Adler provides an overview of annual reporting requirements, record-keeping, legal requirements for donor thank you letters, and guid pro quo issues. Register. Conference Room.



Please note: our MakerLab programs are limited to Barrington Area Library cardholders.

Ink Floating **Greeting Cards**

Thursday, Sept 1, 7 PM Create beautiful designs with this paper marbling technique. Register. Conference Room.

Jewelry Making

Thursday, Sept 22, 7 PM Design and create a lovely glass-topped pendant necklace - it's easy! Bring your own small photo or colored/patterned paper, or use samples we provide. We'll supply everything else you need to turn it into a wearable work of art. Register. Meeting Room.

Mason Jars

Tuesday, Oct 11,7 PM Make a pretty light-up mason jar. Register. Conference Room.

Bath Salts/Glass Jar

Thursday, Nov 3, 7 PM Judy Zabielski from Acacia Organics demonstrates how to make your own bath salts. Then Librarian Gwyneth demonstrates using our Silhouette Cameo Cutter to etch a glass jar. Put them together for the perfect gift. Register. Conference Room.

Meet the 3-D Printer at Heart of Europe Café

Wednesday, Sept 21 10 AM - 12 PM Heart of Europe Café, 113 S Cook St, Barrington. Drop in.

Autodesk 123D on the iPad

Tuesday, Sept 27, 7 PM Barrington resident Jeff Kitz introduces the basics of 3-D modeling on the iPad using a free app. Participants are encouraged to install the Autodesk 123D app prior to class. Register. Conference Room.

Large Scale 3D Printing

Thursday, Oct 13, 7 PM CIDEAS of Crystal Lake, an industry leader in 3D printing, provides an overview. Register. Zimmerman Room.

Meet Carvey

Tuesday, Oct 25, 10 AM & 7 PM Our newest MakerLab equipment is a carving machine. Register. MakerLab.

#Trending

Get out of the house, meet new people, share your interests. You'll love #Trending, a new discussion group meeting at Starbucks (125 S. Hough St) in downtown Barrington. This fall we'll also be sharing our 3-D printer! Refreshments provided. Register.

Makers Unite

Thursday, Sept 8, 10 AM Makers: we know you're out there! Bring your latest project and meet over coffee!

Technology and **Gadgets**

Thursday, Nov 10, 10 AM What's new and trendy for this shopping season. Bring your new/interesting gadgets.

12 Days of Make

2:30 - 4 PM

Drop in and make something beautiful to give or to keep. Samples will be on display beginning in mid-October in the Bus & Tech Center. Atrium.



tech savvy



Social Media For the Rest of Us

Wednesday, Oct 5, 10 AM Want to use Facebook, Twitter, or Instagram, but don't have lots of time? Discover the basics in this quick demonstration session. Register. Conference Room.

Apps You'll (Actually) Use

Tuesday, Oct 4, 10 AM
Off-site session at The Garlands of
Barrington, Surround Sound
Theater. Drop in.

OR

Tuesday, Oct 11, 10 AM Library First Floor Conference Room There are tons of apps out there, but who has time to dig through them all? We'll show you a variety of the best apps around, from gaming to library to productivity. Demonstration. Register.

Community Makers GoPro 101

Tuesday, Sept 13, 7 PM Whether you own a GoPro or are checking one out at the library, take this introductory level class, presented by L.L. Bean, on how to shoot better photos and video. Register. Conference Room.

Intro to Photography

Wednesday, Sept 28 5:30 – 6:30 PM

Bring your own camera, meet other photo enthusiasts in the community, and learn the best ways to improve your pictures. All cameras and skill levels are welcome. Register. Conference Room.

Plan Your Trip Online

Wednesday, Nov 2, 7 PM Save money and have fun planning holiday travel and spring trips with these easy websites and apps. Find your next perfect destination, snag a great fare, and organize your activities in this demonstration session. Register. Zimmerman Room.

make it sundays

Stickers on the Silhouette

Sunday, Sept 18, 1-4:30 PM Make a sticker for your locker, laptop, anywhere! Drop in. Atrium.

3-D Printed Cosplay

Sunday, Oct 16, 1 – 4:30 PM Compliment your costume with bowties or Harry Potter glasses: you name it, we can make it! Drop in. Atrium.

Laser Cut Ornaments

Sunday, Nov 13, 1 – 4:30 PM Take home a custom etched ornament. Drop in. MakerLab.

















About Library Programs

Register for programs at <u>balibrary.org</u>, by phone at 847.382.1300, or in person.

Programs require registration unless otherwise indicated. ADA accommodations are available with at least 48 hours notice.

The library reserves the right to take photographs and video of program participants. Photos and videos are for library use and may be used in publicity materials. Patrons who do not wish to be part of photographs or videos should notify staff.



505 n. northwest highway barrington, il 60010 847.382.1300 • balibrary.org

Closing Dates

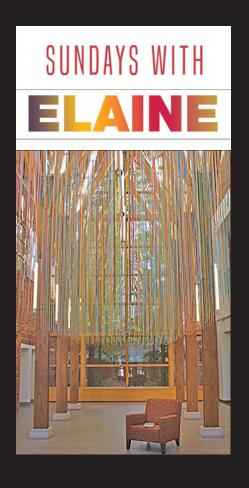
Monday, Sept 5, Labor Day Thursday, Nov 24, Thanksgiving Thursday, Dec 1, Staff In-Service Day







Nonprofit Organization U.S. POSTAGE PAID Barrington, Illinois Permit No. 127



Sunday, Sept 11, 1:30 – 4 PM With Pianist Eugene Kwok Sunday, Oct 23, 1:30 – 4:30 PM With Guitarist Jerry Tiberi

Have you seen "Elaine," the beautiful art installation in our atrium? Come out and enjoy it in a special way – with quiet, meditative music (either live guitar or piano), comfortable seating for reading or listening, and space for reflective activities like adult coloring (we'll provide some supplies) or journaling. No need to register, just drop in, but seating will be limited due to space limitations.