

**Chrissie Newton-Mena**  
Past President of the Auxiliary



I am currently Past President of the Auxiliary. I love volunteering and helping charity organizations in the community. I have dedicated my free time to philanthropic efforts since I gave up my former career to raise my three daughters. My husband and I moved to the Barrington area in 1996, when we found a 150-year-old farmhouse to renovate. As Past President there is very little active responsibility. This is probably a good thing this year as my oldest daughter is graduating from Station Middle School and the twins graduate from North Barrington. I volunteered to help with many activities at both schools. Friends brought me into helping Good Shepherd that work at the hospital, or who have spouses that work there and know I am passionate about quality healthcare. I was so proud to have helped raise money for the Cardiac Center. Having a family history of heart disease, I am grateful for the dedication to creating the best possible solutions to community needs. While part of the Gala Committee I helped pull together a book for the 25<sup>th</sup> Anniversary of GSH. I was amazed at the effort and dedication of the Auxiliary. They wanted a quality hospital in this area and not only fought for it, but continue to raise money to make sure the hospital has what it needs to strive to be the best. I am honored to be a part of a group with that level of dedication.

**Wayne Stallard**  
Assistant Treasurer



My working career in the insurance industry has almost ended and now that our children are mostly on their own, I wanted to spend more of my spare time volunteering. Being active in several organizations including the scouting program and Barrington High School Fine Arts Boosters for several years gave me insight into volunteer positions available. This experience eventually led to Good Shepherd Hospital and the Auxiliary. In addition to several weekly volunteer assignments within the Hospital, I am currently learning the duties of assistant treasurer and serving on the executive board. As assistant treasurer, I assist in the accounting of all income and expenditures of the Auxiliary which includes donations, membership dues, fund raiser events, and core enterprises from the Pear Tree Cafés, Gift Shop and the Catch Penny. Our members and volunteers work very hard to meet our financial commitments to Good Shepherd Hospital to help improve the quality of the hospital's services and the experience of patients / visitors. Maintaining accurate financial records and reporting is critical for monitoring our goals during the year. Working as a volunteer and serving on the Board provides me with the opportunity to help improve the outcomes of our patients, assistance where needed to visitors and the quality of service provided by Good Shepherd Hospital.

The Executive Board (cont'd)

**Mary Giangrasso**  
Director - Auxiliary Outreach



I am a long-standing member of the Auxiliary. I became involved when they were first renovating the Emergency Department in the mid 1990's. My husband, Dr. Joe Giangrasso, has been Emergency Department Medical Director since the 1980's and therefore I was excited to get involved. We have two children, Joey and Marisa, now both in college; and we live in Lake Barrington. I spent many years as a Registered Nurse after I received my BSN from NIU. I thoroughly enjoy the role of Director- Auxiliary Outreach. I can easily liaison between the Auxiliary and the Community, Volunteer Services, Development, and Medical Staff based on my past experiences both as Past President of Auxiliary and various other Auxiliary roles, nursing and volunteer roles. I have been active on many committees and Boards, and this is quite helpful to me to be able liaison them with the Auxiliary. What I enjoy the most are the people I've met and being able to be involved at Advocate Good Shepherd. It enables me to apply some of my Nursing knowledge to a fabulous volunteer organization!

*Auxiliary Gallery*



*Pictured above: Bingo players and event organizers at the recent Bingo Bash held at Lake Barrington Woods*



Inside this issue:

Scholarships 2009 1  
From the President... 2  
Auxiliary Facebook 2  
Catchpenny Resale Shoppe 3  
Art in the Barn 2009 3  
Bingo Bash 3  
Auxiliary Facebook (cont'd) 4

*Thank You!*

Many thanks to the following merchants who donated great prizes for the Bingo Bash:

- Barrington Flower Shop
- Bravura Interior Accents & Florals
- The Catlow Theatre
- Elevation Salon
- Five O'Clock Steakhouse
- Francesca's Barrington
- Fresh Flower Market
- Kaleidoscoops Ice Cream
- Learning Express
- Pair Chocolates
- Pear Tree Gift Shop
- Peter Daniel

Please show our appreciation to these merchants by frequenting their fine establishments and don't forget to tell your friends and family about them!

*the* **Auxilian**

*Scholarships 2009*

The Auxiliary's Pledge To Our Future Community

The Auxiliary of Advocate Good Shepherd Hospital awarded twenty-four scholarships to persons working toward a degree in a health field. The recipients for 2009 are:  
**Medicine, M.D. degree** – Gregory Brown, Palatine; John Raseman, Barrington;  
**Nursing - M.S.N. degree** – Emmanuel Angeles, Tower Lakes, Janet Lenz, Cary;  
**Speech Pathology, M.S. degree** –Valerie Ostergaard, Cary; Katelyn Petrie, Cary;  
**Nursing- B.S.N. degree** – Ashley Mastandrea, Lake Zurich; Christine Ninchich, Palatine, Lenora Payne, Lakemoor; Emily Rodabaugh, Crystal Lake, Jaime Rouse, McHenry, Inah Satorre, Round Lake, Annie Velarde, Crystal Lake;  
**Nursing, two year R.N. program**- Bobbie Jo Clark, Round Lake, Brianne Loboocki, Cary, Susan Stinson, Cary;  
**Pre-Medicine** - Nashrah Maryum, Lake in the Hills; Frank Migliarese, Hawthorn Woods, Lindsay Pratscher, Deer Park, Jennifer Schrieber, Hawthorn Woods, James Tasch, Hawthorn Woods; Joseph Tasch, Hawthorn Woods;  
**Pharmacy** - Jennifer Pichlik, Deer Park;  
**Speech Pathology** - Heather Zorn, Johnsburg

All scholarships were funded by the Auxiliary with four exceptions. The Carol Freitag Scholarship, established in memory of Good Shepherd Hospital nurse Carol Freitag by hospital nurses, staff and her family, was awarded to Lenora Payne. A second Carol Freitag scholarship was awarded to Christine Ninchich in memory of Sue Pearson. During Nurses Week the nursing staff raised special funds for scholarships in memory of dedicated Good Shepherd Hospital nurses, awarded to Emily Rodabaugh, and to Val Ostergaard in memory of dedicated Good Shepherd Hospital employees. The Auxiliary of Good Shepherd Hospital has awarded scholarships since 1984 totaling over \$400,000 from funds raised through Art in the Barn, Catchpenny resale shop, Pear Tree Gift Shop and Pear Tree Café.

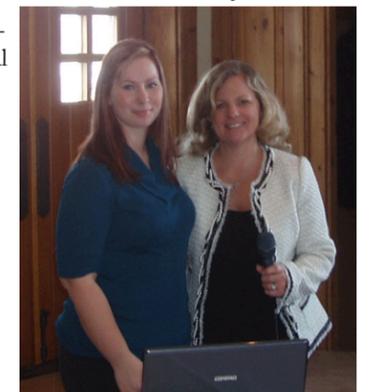
*Installation Luncheon* 2009 Begins With Healthy Goals

The New Year is always the perfect time to come up with new resolutions. Incorporating that tradition this January we held our Bi- Annual Luncheon encouraging everyone we invited to accomplish the goals of:

- (1) Participating in a great social event.
- (2) Do Good! Volunteer and,
- (3) Stay Healthy Eat Healthy.

Kelley Gries Auxiliary Program Chairwoman set up a wonderful lunch at the Onion Pub. Kelley incorporated healthy foods in the menu selection. Included in the lunch program was the annual installation of officers and guest Speaker, GSH Dietitian Jamine Sufranski, M.S., RD.

Jamine's nutritional presentation emphasized the importance of choosing good/healthy eating in 2009. Jamine reminded us while eating healthy is important, we also have to make time to exercise, have yearly check-ups and be in tune to our body so that we can accomplish our stay healthy goal. Jamine followed up the presentation with an informative question/answer session.



*Kelley Gries(right) takes a moment to thank speaker and Dietician, Jamine Sufranski, for an informative presentation about healthy eating during the January Installation Luncheon.*

"Do Good" This initiative captures our mission and values. It is centered on a fundamental idea: do good. It's a call to action that reminds us to treat people the way we want to be treated. It's a standard of excellence that challenges all of us to make a difference in someone's life, every day.

Save the Date! 35th Anniversary Art In The Barn: Sept. 26/27, 2009

## From the Auxiliary President...

Greetings my fellow Auxilians,

As I write this letter to you, I've nearly completed my term as your president. It is hard to believe that a half a year has gone by. June is already upon us. Yes, the snow birds are back home, school is out and hopefully one of these days we will be soaking up the sunny rays as we embark on the summer season. Summer however is not the only time we here at AGSH are busy having a good time.

The first half of the year – with cold air and LOTS of SNOW has been full of lots of fresh, fun new ideas. We had our first ever Bingo Bash. Thanks to Pat Houlihan and the Auxiliary's new Fundraising Committee for this fun Saturday event. The auxiliary goal of staying focused on finding exciting ways of partnering with our hospital has continued through our Cardiac pledge as well as our newest donation this spring to the Emergency Room Pediatric Coping Cart. Let me tell you first hand (yes, I was just in the Emergency Room with my four year old Evan this past month dealing with the aftermath of jumping off a bunk bed) this Pediatric Program is an incredible gift to the hospital. This project was established through the exceptional leadership of Leslie Wilkans, R.N., B.S.N. We are excited to be part of this project.

We are also enjoying the facelift to our Pear Tree Café. Please stop by and enjoy a delicious breakfast/lunch or even sit back with a friend for some good conversation and Caribou coffee. All of our businesses - from the Café, to the Pear Tree Gift shop to Catchpenny, appreciate your patronage.

I hope you enjoy this edition of the Auxilian. Indy has been very patient with us in getting this together. Please take the time to read and enjoy it! Within the newsletter you will learn more about this year's Auxiliary team and find out what we have been up to from the January installation luncheon to our May scholarship winners to all that lies ahead in the remainder of this year. We love to have you consider volunteering in our upcoming fall fundraisers. Give me a call-the more the merrier! AGSH appreciates the role you play in making the Auxiliary a success.

It is a privilege and honor to represent the AGSH Auxiliary. I look forward to a great second half.

Lauren Brynjelsen



Lauren Brynjelsen  
President 2008-2009

## Auxiliary Facebook

**Jill Meyer**

Director of Membership and Finance



I have lived at Lake Barrington Shores since 1983 and recently retired from Million Dollar Round Table where I was Director of Membership and International Services. I am very involved in my church, St. Mark's Episcopal Church in Barrington Hills where I am currently serving as Junior Warden, sing in the choir, direct the children's choir and am a lay reader and lay eucharistic minister. I am also a docent with the Chicago Symphony Orchestra, visiting schools and teaching children about the music they will hear at the next Young People's Concerts. I live with my two cats, Butch and Lily

As Director of Membership and Finance, I send out membership application notices and reminders and collect the dues payments that I turn over to the Treasurer. I maintain the membership records, prepare the Membership Directory and assist in budget preparation.

After retirement, I wanted to stay busy so I volunteered at Advocate Good Shepherd Hospital, first at the brat tent at Art in the Barn, then at the Cardiac Care Information Desk where I can be found Mondays and Tuesdays. I was invited to join the Auxiliary and am so glad I did. I have many new friends because of my involvement, and I feel as a volunteer, I "Do Good."

**Kerin Montgomery**

Director of Business Enterprises



I have lived in Lake Barrington Shores for the past 12 years. I am a graduate of Barrington High School and I have a BA and MA from the University of Arizona and an MBA from Rutgers University. After taking an early retirement offer from AT&T in the late 90s, I started my own consulting firm working on different projects in the telecommunications industry. I now work full-time as a consultant for a small firm on the North Shore.

As the Director – Business Enterprises, I serve as the liaison between the Auxiliary and the Auxiliary's businesses, specifically the Pear Tree Café, the Partridge Coffee Shop, and the Pear Tree Gift Shop located in the hospital, and Catchpenny Resale Shoppe located in downtown Barrington. In this role, I work with the volunteer managers at Catchpenny and the Auxiliary's employees at the Café and Gift Shop to help resolve operational issues and look for ways to increase our contributions to the hospital. I also serve as the volunteer bookkeeper for the Gift Shop and the Chairman for this year's Art in the Barn.

Being a part of the Auxiliary has given me the opportunity to follow in my parents' footsteps and give back to the community. It not only feels good to "Do Good" but it's a lot of fun!

See this newsletter in color by clicking on the newsletter link at:  
<http://www.advocatehealth.com/gshp/about/auxiliary/index.html>

## Catchpenny Resale Shoppe

Middy Gardner: An "Original" Returns!

Although it seems that the Catchpenny is only a local community thrift store, from time to time we have long distance visitors and customers stop by and tell us stories of days gone by. Recently, we had such a visitor from Salt Lake City, UT. Middy Gardner, Manager from April 1972 to June 1973 stopped by and was pleased to see that we were still here! Middy was in town for her grandson's wedding (Saturday May 9th) and on his wedding day dragged him along to see the Catchpenny! We were excited to see someone from the store's humble beginnings. The Catchpenny has come a long way since the days when the store's original location (Park Ave.) was making 50 cents profit a day! Middy explained that on the first day the store moved to its current location (Main St.) the store earned \$95.00—that may not seem like much today but it sure was a long way from the 50 cents a day they were making. Middy also served as third vice president of the Auxiliary in charge of the Catchpenny during her years in Barrington. Middy's memory of the store and enthusiasm reinforced why the Catchpenny volunteers do what they do. We are honored to have met Middy Gardner—one of the "originals" who shared the vision of helping make the hospital what it is today. Although we have many long time Catchpenny volunteers, none of the original Park Ave volunteers are currently active at the store so when we hear from one of them it is like meeting your favorite celebrity. On behalf of all the Catchpenny volunteers, we thank all the men and women who started the Catchpenny Resale Shoppe and welcome you to return and visit us at any time.

In other CP news, congratulations go to Eunice Inah Satorre, an active student volunteer at the Catchpenny who was one of the recipients of an Auxiliary scholarship. We wish her well in her first year at Loyola.

## Quality Art in a Country Setting



**Pictured above:** Artists donate their works for a raffle that is held during AITB. Over 170 juried artists exhibit their works over the two day fundraiser held annually on the hospital barn grounds. This year celebrates the 35th anniversary of AITB.

Please mark your calendar for an outing on the grounds of Advocate Good Shepherd Hospital on Route 22, Barrington, where the 35<sup>th</sup> Anniversary Art in the Barn will be held on September 26th and 27th.

Kerin Montgomery chairs the event and approximately 30 committees are headed up by Auxiliary members; many more volunteers are busy to make everything go well. This is a big fundraiser for the Auxiliary and we hope to see you there!

Over 170 artists selected by a jury of experienced art specialists display quality arts in a variety of media. A brat tent and vendors offer a variety of food choices. Children's art activities and pony rides always please the young set. Entertaining groups perform about every hour so there is something for everyone.

Admission is \$5.00; children 12 and under are free, parking is free. Hours are 10:00 a.m. to 5 p.m. Please, no pets.



## Bingo Bash

Our first "Bingo Bash" was held on May 2nd at Lake Barrington Woods and proved to be a fun afternoon. A delicious lunch was served to 48 bingo players, after which the calling of the games began.

Our own, tuxedo clad emcee, Irv Kamradt made an impressive caller reminiscent of a game show host meets James Bond. Irv's unique humor and number calling had the bingo players attention the whole time. Many thanks to all the people who made this event a success. The numerous prizes were donated by the following local merchants: Barrington Flower Shop, Bravura Interior Accents & Florals, Catlow Theatre, Elevation Salon, Five O'Clock Steakhouse, Francesca's Barrington, Fresh Flower Market, Kaleidoscoops Ice Cream, Learning Express, Pair Chocolates, Pear Tree Gift Shop and Peter Daniel.

Please show our appreciation to these merchants by frequenting their fine establishments.

People, Prizes and a Good Time!

