

August 2009

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Back to School

Hospice Gala Raises
\$410K to Benefit Those
Facing End of Life

BACOA's "Aged to Perfection"
Celebrates Life and Wine

Michael Joseph Foundation
Dinner to Benefit
"Families in Crisis"

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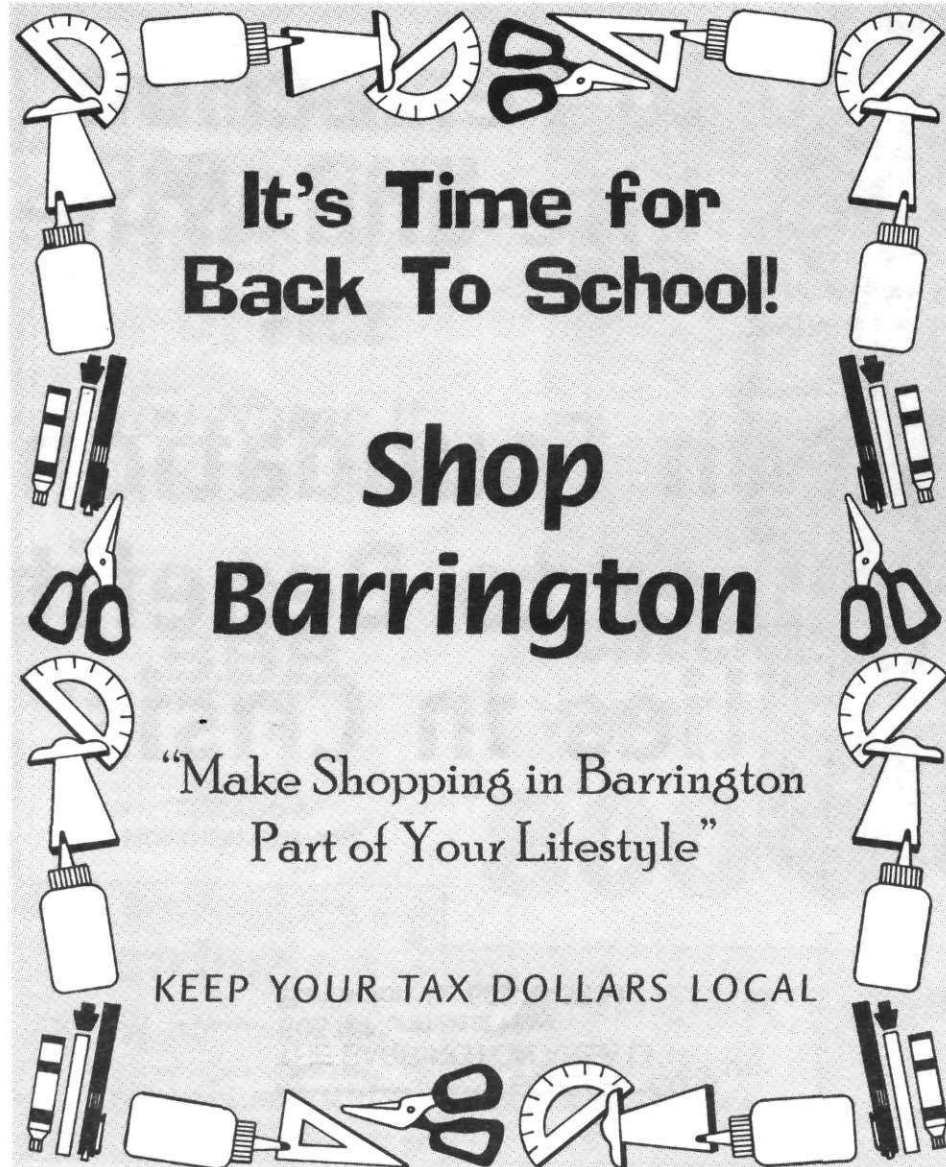
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Sean McMonigal, Lifestyles Magazines Inc.

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(815) 479-0695 • advertising@lifestylesmagazines.com

For news submissions, contact the editor:

Glenne McMonigal, G.M. McMonigal ENTERPRISES

P.O. Box 293, Crystal Lake, IL 60039-0293

(815) 459-4820 • editor@lifestylesmagazines.com

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Editor's Ink

August 2009

Dear Reader,

Soon the school bells will be ringing, and summer will come to a close. Sure went fast, didn't it?

Some fall events to mark down on your calendar that are coming up soon:

On Friday, Sept. 18, the Barrington Area Council on Aging (BACOA) will host its 14th annual wine-tasting fundraiser. The event will be held at the Chicago Marriott Northwest in Hoffman Estates. Over 50 kinds of wine will be offered along with a delicious buffet supper, and some great items to bid on.

The 16th annual Michael Joseph Dinner and Auction, "Somewhere In Time," will be held Saturday, Oct. 10 at the beautiful Sanfilippo Estate in Barrington Hills. The proceeds from this event will benefit families in crisis in the north and west suburban areas.

The Hospice of Northeastern Illinois (HNI) raised over \$410,000 at its gala this summer. Held at Hidden Ponds Estate in Barrington Hills, the gala took on the *Wizard of Oz* theme. The agency has raised \$16.4 million toward a goal of \$18.4 million to construct the Pepper Family Hospice Home and Center for Care.

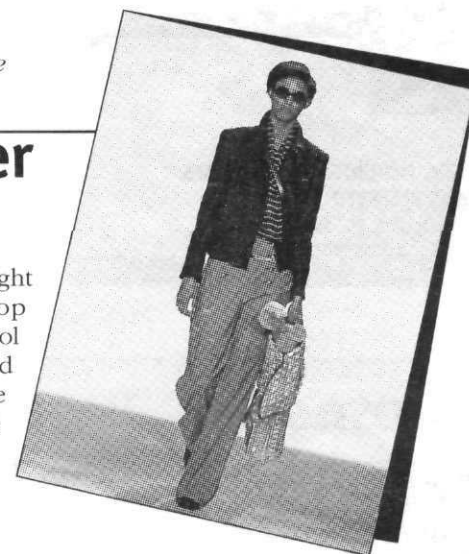
Until next time, may all your thoughts be sunny.

With warm regards,
Glenne McMonigal, editor
Barrington Lifestyles News Magazine



About Our Cover

As We Approach Fall... A midnight navy denim double-breasted crop jacket tops midnight navy cotton/wool blend stretch denim sailor pants and a navy/cream crinkle chiffon blouse with necktie and cami. Liz Claiborne New York.



Michael Joseph Foundation Benefit Dinner and Auction for "Families in Crisis"



Pictured (from left, standing) are Anthony Ciganek, Michael J. Miller and Walt Casten, (seated) Marian and Jasper Sanfilippo, and Ida and Leo Cardelli.

The 16th annual Michael Joseph Dinner and Auction, "Somewhere In Time", will be held on Saturday, Oct. 10 at the Sanfilippo Estate in Barrington Hills.

The gala evening will begin with docent-led tours of the Sanfilippo Grand Victorian Palace. Following the tours, guests will retreat to the magnificent Eden Palais, which houses the most spectacular hand-painted European carousel in existence. In addition to cocktails and dinner, there will be both a live and a silent auction.

The Barrington-based, 100-percent-volunteer Michael Joseph Foundation is dedicated to providing transitional hous-

ing to families in crisis in the north and west suburban areas. Over the past 16 years, in cooperation with existing agencies such as Home of the Sparrow, Wings, CITA, and Catholic Charities, they have been able to provide housing, counseling and job skill training for over 500 families that have been able to achieve self-sufficiency. These families might otherwise be homeless.

For more information on the benefit, contact Ida Cardelli, Fund Raising Committee, The Michael Joseph Foundation, at 1-847-639-2334 or visit their Web site at www.michaeljosephfoundation.8M.com.

BACOA's "Aged to Perfection" Celebrates Life and Wine



Members of BACOA's 2009 "Aged to Perfection" wine-tasting committee include (from left): Meg Peirce, Sandy Stevens, Mindy Hogan, Joyce Palmquist, Karen Pfeifer, Mary Pahlke, Jody Paine and Judi Musschoot.

The Barrington Area Council on Aging's (BACOA) 14th annual wine-tasting fundraiser will be held Friday, Sept. 18 from 6 to 9 p.m. at the Chicago Marriott Northwest, 4800 Columbine Blvd., Hoffman Estates. The event will be sponsored by Advocate Good Shepherd Hospital, Alden Estates of Barrington, and The Garlands of Barrington.

Guests at "Aged to Perfection: A Celebration of Life & Wine" will be able to sample a selection of more than 50 kinds of wines while enjoying a buffet supper and bidding on an array of live and silent auction items. Among the exciting items available in this year's live auction are:

- An Arlington Park "Day at the Races," which includes a family sky suite for up to 16 guests, a named race and trophy

presentation, and a two-hour lunch buffet

- A wine dinner and kitchen tour for two at the Barrington Country Bistro
- A parking pass at the Ice House Mall for the 2009-2010 school year at Barrington High School
- Cubs tickets for the 2010 season

Favorite wine selections will be available for purchase and BACOA will receive 20 percent of the sales generated by wine purchases.

This year's event offers early-bird pricing—tickets are \$85 per person before Sept. 1; \$95 through the day of the event; and \$100 at the door.

For advance tickets or more information, call the Barrington Area Council on Aging at 1-847-381-5030 or visit BACOA's Web site at www.bacoa.org.

Hospice Gala Raises \$410,000 to Benefit Those Facing End of Life

Hospice of Northeastern Illinois' (HNI) annual gala raised \$410,000 to benefit hospice programs, showing that philanthropy remains important to people.

During the gala, presented by HNI, 360 guests gathered for a gourmet dinner, live auction, and entertainment at Hidden Ponds Estate in Barrington Hills, with the dual purpose of enjoying a special evening out and helping those in need.

This year's event took on the enchantment of the *Wizard of Oz*, complete with costumed characters and dozens of wom-



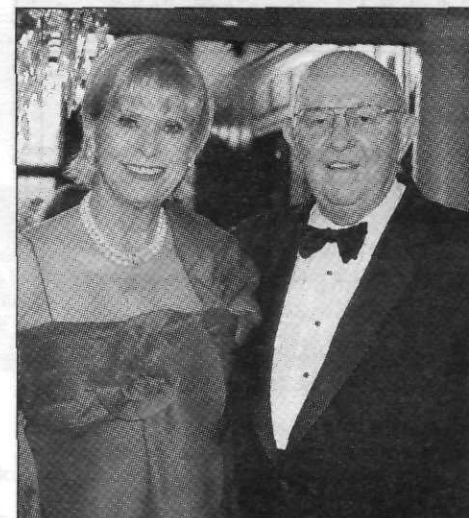
(From left) Sheryl Frankenberg of Barrington, Jodie Barbera of Barrington, Lynda Bollman of Inverness and Roxy Pepper of Barrington

en wearing ruby slippers. A "yellow-brick road" led to an expansive tent, illuminated to have the presence of the Emerald City. Tables topped with gold-colored table linens and green glassware were decorated with creative floral centerpieces accented with lollipops and ruby slippers. The spiraled start of the yellow-brick road became the dance floor where guests danced to the music of the High Society Orchestra.

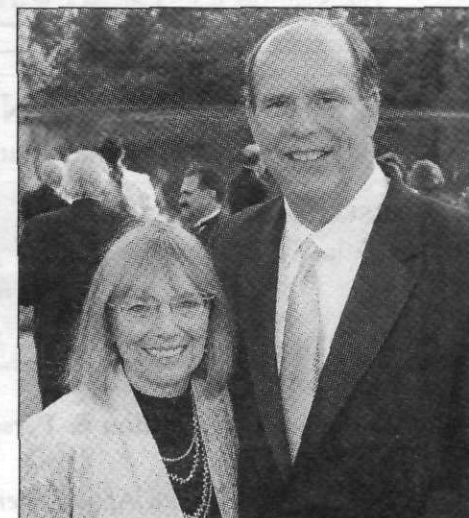
HNI's capital campaign chairs, George Yapp and Jim Lancaster, announced that the agency has raised \$16.4 million toward the \$18.4 million goal to construct the Pepper Family Hospice Home and Center for Care, an inpatient hospice facility in Barrington. The building will be among the first "green" hospice homes in the country. To contribute to the campaign, visit www.HospiceAnswers.org.



Dede Wamberg and Jenifer Wamberg, both of Barrington



DeDe Zwilling and George Yapp, both of Barrington



Sam Oliver and Brad Stetson, both of Barrington



"Women Fore Women" Golf Outing

Friends of Home of the Sparrow's third annual Golf Outing to benefit Home of the Sparrow will be held Monday, Sept. 21 at Makray Memorial Golf Course, 1010 E. Northwest Highway in Barrington.

Golf registration begins at 8:30 a.m., with carts rolling at 9 a.m. Get your group together, or let the committee pair you up! This is a nine-hole scramble with emphasis on fun and no stress. All abilities welcome, so come out and enjoy the day.

Test your skills at the putting contest sponsored by Schaumburg Honda. They also stand ready to award a new car if you achieve that elusive hole-in-one! Follow it all up with a delicious lunch and auction opportunities.

All proceeds to benefit Home of the Sparrow, which provides transitional housing, counseling and job-skills services to those women of the northwest suburbs finding themselves in personal distress due to unfortunate circumstances such as loss of a job, illness, death of a spouse or abusive situations. Sparrow offers motivated individuals a safe haven and an opportunity to achieve emotional, economic and housing stability for themselves and their children.

Tickets are \$150 for the full day of golf and luncheon or \$50 for luncheon alone, which begins at 11:30 a.m.

For more information, call Judy at 1-847-382-6572.



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United States Supreme Court Decides Reverse Race Discrimination Case

by Joette S. Doran, Esq.

The United States Supreme Court recently issued a decision holding that white firefighters were unfairly denied promotions because of their race. In *Ricci v. DeStefano*, No. 07-142, the majority said that the city was wrong to disregard a promotion exam because no blacks and only two Hispanic firefighters were likely to be made lieutenants or captains based on the results. The city said that it had acted to avoid a lawsuit from minorities. The decision arose from the city's need to fill vacancies for lieutenants and captains in its fire department. It hired an outside firm



to design a test that was given to 77 candidates for lieutenant and 41 candidates for captain. Fifty-six firefighters passed the

New Fall Arrivals—What to Wear NOW!

Can you believe all our summer stock is **up to 70% off** to make room for the fabulous shipment of fall goodies we're receiving daily?

Speaking of new arrivals, the designers have outdone themselves bringing us innovative profiles, rich textures and vivid colors! Fall's new trends are exemplified by our standout collections from **Ella Moss**, stylish knits from **Splendid** and gracious jersey silhouettes from **Velvet**. Bold houndstooth from **Language** adds optic pop and luxe paisley from **Anac** is the print du jour.

Knits are important—as are ruffles—check out our cardys from **Linq**—they fit

the fashion ticket.

Metallica is in—so conjure up your biker spirit and translate it into a sexy feminine top from **Green Dragon** or **Ella Moss**.

Keeping it casual and chic for everyday navigating is both exciting and creative thanks to our juicy new cache of California designers. Tees in fresh, edgy shapes and patterns, and hoodys with Asian-inspired medallion stenciling will get you into fall's new groove! Complete the look with a **Joe's Jean**.

It's all here for you and arriving daily at **Assemblé**—visit often to grab your size!

See ya soon!

Get a Great New Back-to-School Look at Elevation Salon

With back-to-school fast approaching, it's time to think about getting everyone ready. Trim up that hair and freshen up those highlights, because everyone wants to look and feel their best on the first day of school. While your scheduling the kids' appointments, don't forget about yourself! Treat yourself to a fresh cut and color. The team at **Elevation Salon** is excited to get you and your family ready for another fun-filled school year!

Elevation Salon is conveniently located at 28686 W. Northwest Highway in Petersen Plaza, one block west of Kelsey Road, in Lake Barrington. Call **1-847-304-5970** for an appointment.



McHenry County Singles Club Events

McHenry County Singles Club is a small group of people, mainly in their 40s and 50s (any age is welcome, however), who meet on the weekends for fun and friendship. The club goes out to dinner, concerts, movies and more. Day trips have included going to Old World Wisconsin, the Botanic Gardens, the House on the Rock, the Art Institute, Cantigny Park, the Shedd Aquarium and more.

For info, call Kevin at 1-847-308-2537.

August Events

• Saturday, Aug. 8—The group will meet at 5:30 p.m. at Hackney's restaurant

in Lake Zurich for dinner. For more information, call Fran at 1-847-854-4563.

• Sunday, Aug. 16—The group will head into the city for the Chicago Air & Water Show. Meet at the Cary train station at 8:45 a.m. to catch the train that leaves at 9 a.m. for Chicago. The group will likely go out to eat somewhere afterwards. For more details, call Doug at 1-847-917-7411.

• Sunday, Aug. 23—The group will meet at 1 p.m. at Glacial Park in McHenry for a day of hiking. The group will likely go out to eat somewhere afterwards. For more info, call Kevin at 1-847-308-2537.

exams, including 41 whites, 22 blacks and 18 Hispanics. But of those, only 17 whites and two Hispanics could expect promotion. The city eventually decided not to use the exam to determine promotions because it might have been vulnerable to claims that the exam had a "disparate impact" on minorities in violation of the Civil Rights Act of 1964. The white firefighters said the decision violated the same law's prohibition on intentional discrimination. The lawsuit was filed by 20 white plaintiffs, including one man who is both white and Hispanic. Writing for the majority, Justice Kennedy said, "Fear of litigation alone cannot justify an employer's reliance on race to the detriment of individuals who passed the examinations and qualified for promotions. The city could be liable for disparate-impact discrimination only if the examinations were not job related or the city failed to use a less discriminatory alternative. We conclude that there is no strong basis in evidence to establish that the test was deficient in either of these re-

spects." In her dissent, Justice Ginsberg, stated "Until this decision the civil rights law's prohibitions on intentional discrimination and disparate impact were complementary, both aimed at ending workplace discrimination." Ginsburg stated, "Today's decision sets these paired directives at odds" and she predicted that the court's ruling "will not have staying power."

For additional employment information, please visit our Web site at—www.joettedoran.com.

This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own situation.

Ms. Doran is licensed in Illinois, all Illinois federal courts and is a member of the Federal Trial Bar. She is the past chairperson of the Employment Law Committee for the Northwest Suburban Bar Association, a past president of Barrington Area Professional Women and a member of the National Employment Lawyers Association.

Chicago History Museum Presents Bertha Honoré Palmer

Exhibition Explores One of the Most Historically Significant Figures of Late 19th-Century America



Patterned silk velvet gown, 1900; (inset) Bertha Honoré Palmer wearing the piece



Court presentation gown, 1911; attributed to the coronation of King George V, King of England

All photos courtesy of the Chicago History Museum

On the anniversary of Bertha Honoré Palmer's 160th birthday, the Chicago History Museum has opened an exhibition featuring a selection of her clothing and personal effects that will honor this remarkable and influential Chicago woman. The exhibition explores Bertha Honoré Palmer's efforts to promote women's lives and achievements and her later career as a successful business woman.

"The exhibition will tell the stories of her magnificent achievements and how she built relationships that allowed her to make such an important impact on Chicago and the world," stated Gary T. Johnson, museum president. Palmer achieved positions of great responsibility, influence and social stature by wearing traditional but exquisite attire of the period and thinking like a modern woman. A gown

that she wore at the World's Fair of 1893 as president of the Board of Lady Managers will be on display. In this position she was able to secure The Woman's Building featuring 47 nations, many obtained through Palmer's personal acquaintances with political leaders and royalty. Of the 14 ensembles on display, two are from the World's Columbian Exhibition of 1893 and seven gowns she wore to the Paris Exposition of 1900, where she was the only female member of the U.S. Commission. Two of these gowns featured Palmer's proud Midwestern heritage through a design of wheat and corn embedded in the silk velvet, which earned her the title, "princess of the prairie." Palmer played crucial roles in both world's fairs. Supported by immense wealth, this Victorian grande dame promoted women's achievements, was a champion for her city, and became a great celebrity of the late 19th and early 20th centuries.

"The gowns worn by Palmer on display in the exhibition are the most opulent examples of dress of the late 19th and early 20th century. Palmer took her social positions very seriously and realized how she dressed and who she knew would help her make significant strides for women," stated Timothy Long, exhibition curator.

Bertha Honoré Palmer and her husband Potter traveled internationally and purchased a large number of Impressionist paintings. They were among the first Americans to enjoy these works of art and built relationships with artists such as Renoir, Cassatt, Degas, and Monet. They exhibited many of these pieces at the 1893 World's Columbian Exposition to expose

this new style of painting to the masses. The Palmers' collection is the keystone of the current French Impressionist collection at the Art Institute of Chicago.

After her husband Potter Palmer's death in 1902, she lived in London and Paris where she socialized and built close friendships with royalty such as King Edward and Queen Alexandria. She then moved to Florida where she invested and developed the land in Sarasota County. "At this point in her life, Palmer relaxed socially, dropping her queen-like image, and began to apply the business knowledge she had obtained throughout her life," stated Long. As a shrewd and smart business woman, Palmer was so successful in cattle ranching and real estate that by her death in 1918 she had doubled the fortune left by her husband, Potter Palmer, just 16 years earlier.

The exhibition will showcase Bertha Palmer not only as a politically powerful and successful business woman, but also as a social force in the world. There were headlines and photographs of Palmer and her lifestyle in all the major newspapers. "She was the woman the world watched—an American who became the center of Parisian and London societies. She was successful, wealthy, and a supporter of the arts and women," stated Long.

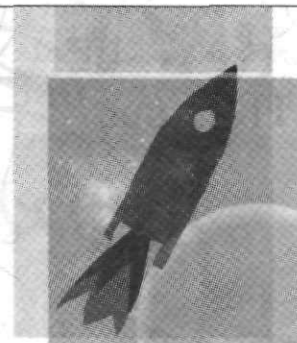
The exhibition closes on Jan. 4, 2010 and will be displayed in the Costume and Textile Gallery.

This exhibition is made possible by the support of the Costume Council of the Chicago Historical Society.

For additional information, visit www.chicagohistory.org.



Celebrating the International Year of Astronomy



August 1st – August 16th

Worldwide exhibition of photographs (TWAN) featuring international landmarks set to celestial backgrounds on display in 26 Deer Park Town Center stores. Complimentary pass to the Adler Planetarium for correct answer sheets identifying panels in stores – while supplies last. One entry selected for a \$100 shopping spree. Answer sheets available from Harry & David, Crate & Barrel, The Children's Place, Gap, Silk 'n Things, Brilliant Sky Toys & Books, Origins, and Caribou Coffee

August 3rd – August 14th

Two complimentary theatre gift cards for purchases of \$125 or more in Deer Park Town Center gift cards (early bird matinee, while supplies last; some restrictions apply)

August 7th – August 9th

Children's craft events, daytime solar viewing, mannequin modeling in store windows, a community blood drive, musical talent contest, and other astronomy related in-store events



Stars over
Deer Park Town Center

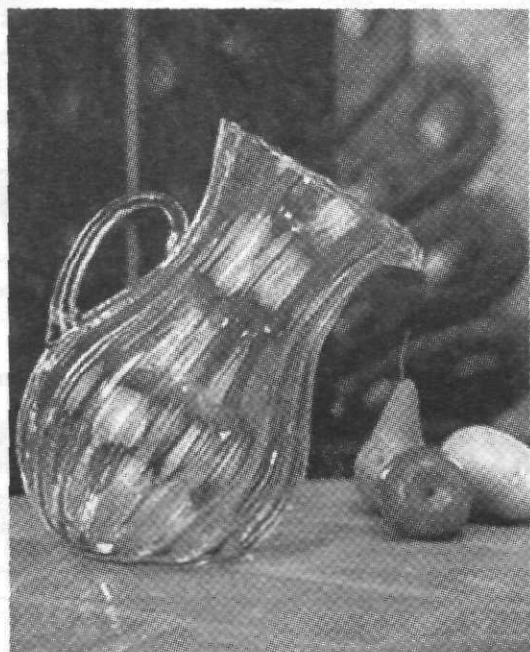
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photography by Anthony Tortoriello

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photography by A. Tortoriello



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Back to School @ Peter Daniel

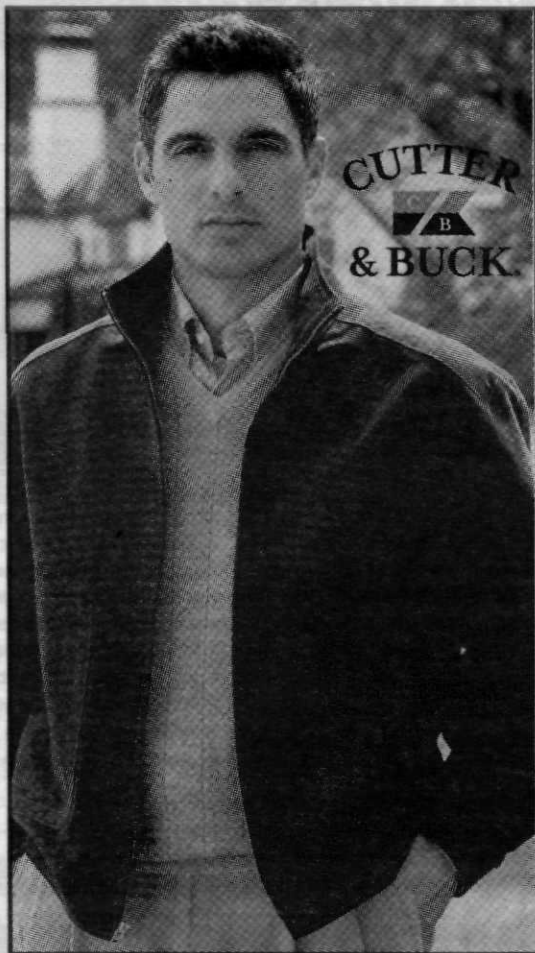
We can't believe it's August and "back-to-school" time. Our fall **North Face** is arriving daily and you'll love the new colors and styles this season. Please use the **coupon** in our ad for something from The North Face for those cold winter days ahead.

We've updated and revised our **Men's Department** with a great selection of men's casual and business casual sportswear. We're featuring the lines men love to wear, including **Tommy Bahama** and **Cutter & Buck**.

We will also have a great selection of men's V-neck sweaters from Peru in alpaca and cotton. They come in a wonderful array of colors and are perfect for casual dress and golf. They are also available for women.

Our **Ladies Department** is bursting with new, exciting fall collections. This is our favorite time of year, when the season starts to change and the beautiful fall clothes begin to arrive. You know that we don't buy a lot of any one collection, there is always something new to look at. We say "shop early and "buy it when you see it" because it might be gone when you come back. Our fabulous collections are arriving daily, so stop in soon.

As always, we thank you for shopping locally and choosing **Peter Daniel** for your fashion needs.



Watch for details in next month's issue of *Barrington Lifestyles* regarding our **36th Anniversary Celebration** throughout the month of September.

We look forward to seeing you soon.

Peter Daniel & The North Face BACK TO SCHOOL EVENT



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Signal Hill DAR Chapter Welcomes Six New Members



Barrington's Signal Hill Chapter of DAR welcome their new members (from left): DAR Chaplain substitute Audrey Sowka with new members Bitsy Schooley, Dee Krolopp, Sara Taylor, Melba Plunkett, Candy Nudo and Mary Roberts, DAR Membership Chairman Joanne Farrell, and (in back) Laura Donis, DAR regent.



The Signal Hill Chapter of the NSDAR enjoys a garden party luncheon following their final chapter meeting for the season.

Barrington's Signal Hill Chapter of the Daughters of the American Revolution (DAR) recognized six new members on May 19. A welcome ceremony was held for Bitsy Schooley and Dee Krolopp of

Lake Zurich, Sara Taylor of Elgin, Melba Plunkett of Dundee, Candy Nudo and Mary Roberts of Carpentersville at the May chapter meeting at the home of Patricia Matecki. A garden party luncheon fol-

Community Members Honored by "Character Counts! in the Barrington Area"



At the April 13 Barrington Village Board meeting, "Character Counts! in the Barrington Area" was pleased to present their annual awards to nine community members.

The following people (pictured from left) were honored because they represent one of the six pillars of character:

Gretchen Kozlowski (Caring); Special Voices founders Jennifer Garrels, Paul Conover, Jennifer Bulandr and (in back) David Holt (Fairness); Anthony Salcedo (Responsibility), Larissa Eliashevsky (Citizenship); and Ralph Wright (Respect). Not pictured is Clara Harrison (Trustworthiness).

lowed, which included a presentation on the DAR museum in Washington, D.C. from National Society of the Daughters of the American Revolution (NSDAR) Docent Peggy Becker from the Martha Ibbetson Chapter, Elmhurst. Hostesses for the event were Margaret Christiansen and Patti Matecki of Barrington, and Sally Hansen of Algonquin.

Genealogy workshops are offered twice a year. The workshops are open to anyone interested in working on their family tree or becoming a member. The next chapter meeting will be held Wednesday, Sept. 16, 11:30 a.m., at the Barrington Area

Library. For more information, please contact membership chairman Joanne Farrell at 1-815-603-7824.

To be eligible for membership a woman must be 18 years of age and be able to prove her lineage to an ancestor who aided in the cause of American Independence through military, civil, or patriotic service. The National Society of the Daughters of the American Revolution (NSDAR) is a nonprofit, nonpolitical volunteer women's service organization dedicated to promoting patriotism, preserving American history and securing America's future through better education for children.

The 2009-2010 Season Is Here!

3 Blonde Moms

Sept 12 at 7:30 p.m. - \$37, \$34, \$31



They're back! A hysterical, national hit starring some really desperate housewives. From television, stage and screen, join Cathy Ladman, Joanie Fagan and Beaumont Bacon—three completely different moms from the cul de sac who present the pleasures and disasters of motherhood in a brutally funny 90 minutes flat. Come early and enjoy our opening night party!

Corporate Co-Sponsor: Centegra Health System, L&V Distributors, Inc., Schaumburg Audi

Red Grammer

Oct 3 at 3:00 p.m. - \$20, \$17, \$14



A great sing-along for kids! Grammer is a Grammy-nominated children's singer and songwriter. Described by Parent's Magazine as "the best voice in children's music," he has set the standard for writing and performing music that playfully reconnects each one of us with the best in ourselves.

Purchase your tickets by Sept. 1 and come to our Kids Red Carpet Party for free at 2:00 p.m.!

Ahn Trio

Oct 17 at 11:00 a.m. (Kids Program) - \$25, \$22, \$19
Oct 17 at 7:30 p.m. - \$42, \$39, \$36



Specifically created with families in mind, the morning show is similar to an educational outreach program. The trio will use selections from their concert program and speak about the music, giving the audience things to listen for and think about in the context of what they are seeing and hearing. The evening performance will redefine your definition of rock music—if it were ever possible for classic music to have rock stars, then the Ahn Trio certainly qualify. The group's dynamic and nuanced performances have earned it a place as one of the world's premier piano trios.

Corporate Co-Sponsor: Holiday Inn, Schaumburg Audi

For a complete listing of all 2009-2010 performances, visit www.rauecenter.org!



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RAUE CENTER FOR THE ARTS

Raue Center Launches Spectacular New Season!

As summer finally kicks into high gear, **Raue Center For The Arts**, Crystal Lake, sets their stage for a brand new season you won't want to miss. From an abundance of outstanding comedy to a rich collage of music, the 2009-2010 season will delight theatregoers of all ages.

EXCITING ARTISTS

This year there is something for everyone at Raue Center—tribute bands like ABBA Mania, American English, and The Neverly Brothers, outstanding American artists such as Red Grammer, The Lakeside Singers, and the Ahn Trio, wonderful theatre such as *Church Basement Ladies*, *The Moscow Circus*, *Everybody's Hero: The Jackie Robinson Story*, *A Christmas Carol* and *Runt of the Litter* (soon to be a major motion picture!).

You survived the summer, now come celebrate with the **3 Blonde Moms!** Raue Center starts the season out right by welcoming back the hysterical, national hit *3 Blonde Moms* (pictured) on **Sept. 12 at 7:30 p.m.** The night will kick off with a festive opening night party and then take

off on a riotous roller coaster ride with three really desperate housewives. From television, stage and screen, join Cathy Ladman, Joanie Fagan and Beaumont Bacon—three completely different moms from the cul-de-sac who present the pleasures and disasters of motherhood in a brutally funny 90 minutes flat. This semi-scripted PG-13 stand-up comedy show is jam packed full of hysterical material about being a mom, having a mom, kids, schools, husbands, neighbors, in-laws and more! *Come early for our opening night party!* This show is sponsored by Centegra Health System, Schaumburg Audi and L&V Distributors Inc. Tickets are \$37, \$34 or \$31.

FAMILY-FRIENDLY PERFORMANCES

A focus on families will offer exciting events including *Tales of a Fourth Grade Nothing*; *Click, Clack, Moo*; *Max and Ruby*; *Runt of the Litter*; *Henry and Mudge* and *Notbin' Up My Sleeve 8*. For a full listing of family-friendly shows, visit www.rauecenter.org.

WAYS TO SEE MORE FOR LESS!

This year, Raue Center is offering five ticketing options. Each option offers flexibility, cost savings and the ability to choose your favorite performances throughout the season.

Packages

We've put together a pre-selected group of shows at a reduced cost.

Comedy Package—3 Blonde Moms, Joan Rivers, Mike Toomey's TV and Me, and Awesome '80s Comedy Show for only \$138

Music Package—Ahn Trio (7:30 p.m. show), ABBA Mania, American English and The Strung-Out Troubadours with Rik Emmett and Dave Dunlop for only \$148

Holiday Package—The Lakeside Singers Christmas Concert, Northwest Indiana Symphony Orchestra and The Nutcracker Ballet for only \$81

Family Fun Package—Red Grammer, Ahn Trio (11 a.m. show), *The Moscow Circus* and *Notbin' Up My Sleeve 8* for only \$87

Subscriptions

Create Your Own Subscription—Choose five or more performances you wish to attend and save 10% off the cost of single tickets.

Family Subscription—Choose four, family-friendly performances and receive four tickets to each performance for only \$300. This is an outstanding value for a family of four!

Lucy's Café Subscriptions—Receive one ticket to each *Lucy's Café Comedy Series* show, *A Night of Music Series* show, or both series.

Option 1—*Comedy Series* and *A Night of Music Series* for only \$210

Option 2—*Comedy Series* for \$165

Option 3—*A Night of Music Series* for \$60

Single Tickets

Purchase individual tickets to the show of your choice.

NEW THIS YEAR!

We've redesigned our seating chart to have three different zones allowing for a wider range in ticket prices. Visit www.rauecenter.org for zone details.

rauecenter.org for zone details.

HOW TO BUY TICKETS

Tickets can be purchased at the Raue Center Box Office in person at 26 N. Williams St., Crystal Lake, **online 24/7 at www.rauecenter.org** or via phone at **1-815-356-9212**.

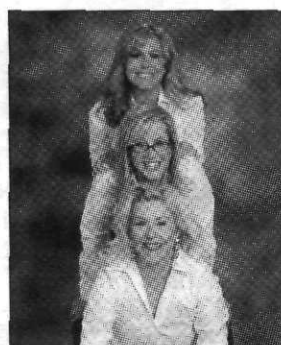
Box Office hours are Monday noon to 4 p.m., closed Tuesday, Wednesday through Saturday noon to 4 p.m., closed Sunday. In addition, the box office is open one hour prior to each performance time. For more information, including complete performance listings, dates and ticket prices visit the Raue Center Web site at www.rauecenter.org or call the box office at **1-815-356-9212**.

LOVE THE ARTS AND RAUE CENTER?

Get involved in our fall fundraisers! Dedicated to enriching all through the arts we are presenting two, new unique events that directly invest in our mission.

On **Sept. 13 at 1 p.m.**, join us for a **Wine Tasting** event hosted by 1776 Restaurant. Over 80 outstanding wines will be on hand to sample, and enjoy a brief silent auction at this event that benefits the 8th Infantry of the Illinois National Guard and Raue Center. Admission is only \$20.

Then, on **Sept. 19 at 2 p.m.**, ante up for a Raue Center **Hold 'Em Tournament**. Unleash your inner card shark at this charity poker tournament hosted by Affiliates for the Raue (AFTR). Preregistration is \$125—more details can be found at www.rauecenter.org. All proceeds will benefit Raue Center. License #CG-02186



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Chers Amis...

Midsummer already... and so far it has not been such a great one weather-wise. Hopefully, this will change and last through late fall.

We like to thank everyone that celebrated **Bastille Day** with us, and remember if you did not make it this year, there is always next year, with even more fun, crazy costume, good food, and most of all a great ambience. It was great to see our guests have fun, sing *La Marseillaise*, participate in Le Jeux du Beret (throwing game of a French beret on top of Eiffel Tower) and also dance to the tempo of Mr. Mario, who entertained us marvelously with his accordion.

Now in August our "True Bistro Plat du Jour" is a specialty imported in France by the immigrants from North Africa (Morocco, Algeria, Tunisia...), dating from the French colonization of that flavorful region. You will find throughout France typical Ethnic restaurants that serve that wonderful flavorful dish, of course they

will tell you that their family recipe is the best in the world. "**Le Couscous du Mahgreb**" is slowly braised lamb shank, chicken, merguez sausage, root vegetables in a cumin-flavored broth, then served over flavored couscous (semolina) with (on the side) a little spicy "harissa" to kick it up a notch (extremely hot Tunisian condiment made with dried chile pepper, garlic, olive oil and lemon juice).

Of course Masato (chef/owner) is always looking for the freshest seasonal produce to feature on our special... it is the flourishing **season for berries and fruits**, and more...

Just as a little tease, have you tried our "**Fresh Cherry Tini**" served in a cup... a scoop of vanilla ice cream topped with fresh cherries shaken with crushed ice and a cherry infused SKYY Vodka... Did you think the float was an American invention? Actually it is... but in the '40s they did not have hard alcohol in ice

(Please continue on page 12)

Back to School

One focus of this month's *Barrington Lifestyles* is "Back to School."

Ah, the pursuit of wisdom! So let's discuss wisdom, or more specifically, wisdom teeth, since wisdom is not my area of expertise.

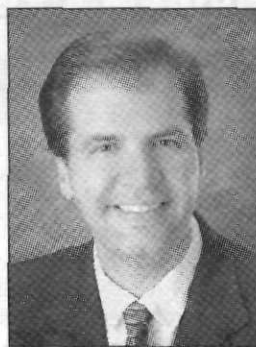
Just the words "wisdom teeth" are synonymous with pain and suffering. But why are these teeth a problem? Wisdom teeth are the third and last molars to erupt into our jaws. If they grow into proper position behind the second molars, they can be useful and cause no problems.

In modern man, however, our jaws are usually not long enough to accommodate these teeth. Some have speculated that this is because our jaws do not develop to their fullest due to softer diets than primitive people were forced to cope with.

For whatever reason, these teeth frequently grow in sideways or only erupt part way out of the gums. In this position, they are trapped behind the second molars in a fluid-filled sac. This sac accumulates bacteria, resulting in a painless, chronic infection. This infection destroys good bone around the second molar, eventually causing loss of both teeth.

The problem may develop into a tumor or acute infection with pain, swelling and fever. This seems to occur at inopportune moments like before school exams or

by James T. Gavrilos, DDS



weddings. Wisdom teeth may even grow directly into the second molars causing direct damage.

In most cases, it is a good idea to have these teeth evaluated and usually removed during adolescence. If these teeth are not fully developed, they have shorter roots and removal results in fewer complications. In my practice, patients are referred to an oral surgeon who is a dentist that specializes in wisdom tooth removal and other surgical procedures. Comprehensive dental examinations followed by action, not procrastination, will save adolescents a lot of time and suffering.

For a thorough examination and evaluation of your oral health, contact **Dr. Jim Gavrilos** in Barrington at 1-847-381-4040. Please feel free to check out our Web site at www.barringtondentist.com.

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- Missing teeth can be replaced.

Dr. Follmer graduated from Northwestern University Dental School in 1975. He returned to the college to teach dentistry for two years, then returned to his hometown of Wauconda where he has practiced since 1977.

Committed to both academic and clinical excellence, **Dr. Follmer** assigns top priority to continuing dental education. Over the past five years, he has studied extensively at the prestigious Las Vegas Institute for Advanced Dental Studies where he has completed over 300 hours of Continuing Education in the area of cosmetics and neuromuscular dentistry.

Call **Northwest Dental Health & Aesthetics** today at **1-847-526-2831**!

Fall Open House at Catchpenny Resale Shoppe

The Catchpenny Resale Shoppe is holding its annual Fall Open House 10 a.m. to 4 p.m. on Tuesday, Aug. 11, featuring fall clothing for men, women, and children. Other unique items include jewelry and fashion accessories, books for adults and children, CDs, home décor, quilts and bedding, purses and housewares.

The storewide summer clearance sale runs through Aug. 7 with \$1 days Aug. 3, 4th and 5th, and Bag Days Aug. 6 and 7th. The shop will be closed Aug. 8 through 10th to prepare for the Open House, but the doors will open at 10 a.m. on Aug. 11, so come early to preview the fall merchandise and shop for the best bargains.

Catchpenny, which is staffed entirely by volunteers of the Auxiliary of Advocate Good Shepherd Hospital, has been a growing business in Barrington for 39 years. All proceeds go to support the Auxiliary's \$1.1 million pledge benefitting the Cardiac Care Center and Emergency Department on the hospital campus, in addition to funding scholarships for students pursuing degrees in health care.



Getting ready for the Fall Open House are (from left) Irene Wheeler, Jan Broders, Eileen Perille and Lorraine Jurs.

This year's proceeds will also be used to purchase Pediatric Coping Carts for the young patients in the Emergency Department.

Catchpenny is located in the heart of downtown Barrington at 118 E. Main St. Donations are accepted during shop hours: Monday through Friday 10 a.m. to 4 p.m. and Saturday 10 a.m. to 1 p.m. If you are interested in learning more about volunteering at Catchpenny or supporting the Auxiliary business enterprises and fundraising events, please call the Auxiliary Office at 1-847-381-0123 ext. 26-5104.

Quote!

"I have never let my schooling interfere with my education."

—Mark Twain (1835-1910)



Barrington Area Professional Women September Meeting

Barrington Area Professional Women (BAPW) is a group of business and professional women who live or work in the northwest suburbs of Chicago. BAPW membership provides an opportunity to meet new people, learn new skills, and establish connections to the community.

BAPW has an exciting schedule planned for 2009 and invite you to join them. Members of BAPW meet the first Thursday evening of each month for an evening featuring an informative program, networking and fabulous dinner. Don't miss the opportunity to interact with a wonderful group of women. Through educational forums, effective networking, and scholarships to local women, BAPW promotes equality for women in career opportunities as well as social, educational, economic and financial arenas.

BAPW's next meeting will be from 6 to 8:30 p.m. on Thursday, Sept. 3 at Makray Golf Club, 800 S. Northwest Highway, Barrington.

The meeting will feature Leslie Roberts of Carlisle Collection speaking on how life is full of obstacles. Businesses may have obstacles; relationships may have obstacles; and certainly, when you look in the mirror ready to get dressed in the morning, you may see obstacles. Roberts



Leslie Roberts of Carlisle Collection

will share how she and her family have overcome obstacles of their own for greater success. She will also divulge the secrets of dressing your best—the foundation for success. Roberts will give us tips on how to camouflage obstacles, buy for the body you have, and save time and money with wardrobe basics. You will also learn what is new for Fall 2009, and get the insiders scoop on what is coming for Spring 2010. She'd love to help you with your wardrobe and image concerns, so please bring your questions.

The cost is \$35 for members and \$40 for guests. RSVP to Claudia Stearns by Aug. 31 at info@bapw.org or 1-847-439-5155.

Dr. James Baird Addresses Common Foot Problems

Dr. James Baird is a local Podiatric Physician and Surgeon and is now accepting new patients in his Barrington office. Here are a few solutions from Dr. Baird to some common foot problems.

I have noticed a small spot on the bottom of my son's foot. The spot is white and hard. He has not complained of any pain but I am concerned that it may be a wart.

Warts are one of the most common infections in children. A plantar wart is a flat, rough, hard lump on the bottom of the foot. It can often look like a pimple or callus but if the skin lines go around the lesion, it most likely is a wart. Warts will also have pin point spots of blackness and tenderness when squeezed from the sides. They are caused by a virus that can enter the skin through cuts or scratches and they are usually picked up in moist environments such as pool decks and locker rooms. A wart should be treated to prevent the virus from multiplying or spreading to others. There are no quick treatments for warts. The typical treatment course is about six weeks long and involves application of medication in the doctor's office followed by nightly application of a prescription medication at home.

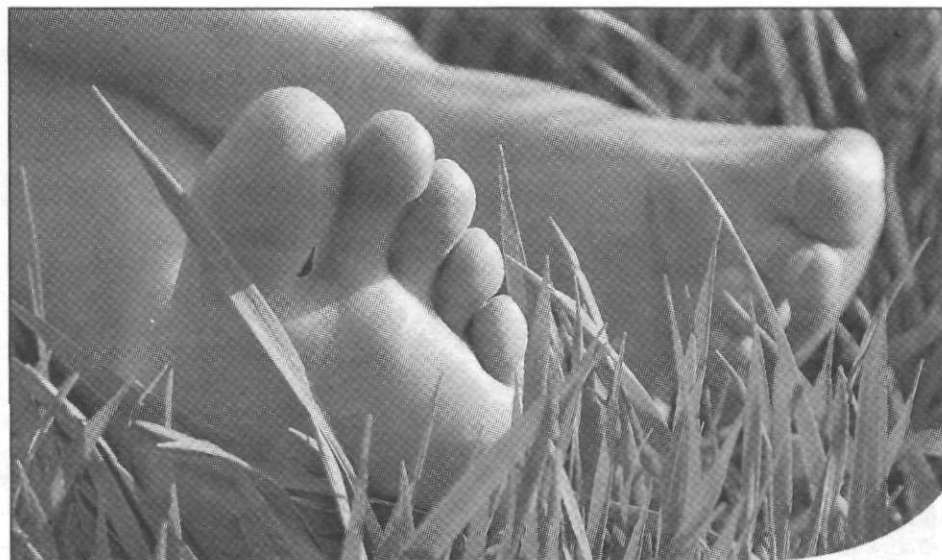
Dr. James Baird



I am training for the Chicago Marathon and I am having a lot of pain in my big toe. The toe is red and has a bump on the side.

Most likely you are developing a bunion. A bunion is a growth on the outside of the big toe. It is a progressive deformity that will get larger with time. Running has likely irritated the bunion and the pain is caused by swelling around the joint. When a bunion develops, it affects the alignment of the joint and leads to the development of arthritis. You should start to treat the area by wearing wider shoes, applying a pad to the area to protect it, and icing the area after every run. An anti-inflammatory medication may also help reduce the swelling and pain. Customized inserts for your shoes may help the joint work more efficiently and reduce the pain and swelling during your training. Ultimately if the bunion becomes larger and more painful it may require surgical correction. It is best to get the pain evaluated early in order to make changes to your daily activities to slow its development.

If you are experiencing any of these conditions or other foot and ankle pains, call **1-847-381-5011** to schedule a consultation with **Dr. James Baird**.



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Do Not Make the Mistake of Waiting Until After the Holidays to Get Fit!

by Lisa Shanahan

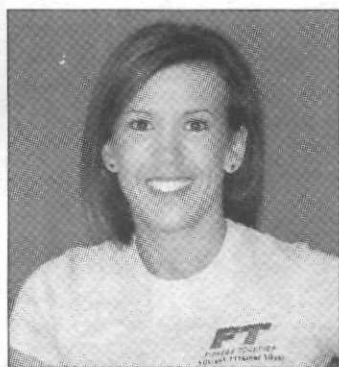
Soon after Halloween (the beginning of the end), many of you begin to think of the holidays and all the happiness, joy, stress and guilt that comes with them. So begins the media hype regarding eating, drinking, and overall indulgence that leads us to the 10-pound weight gain that we believe is inevitable. It's an emotional setup people! The toxic messages begin... eat more, drink more, buy more. Aren't most of you doing enough of all that already? Those messages, along with the long standing, powerful TRADITIONS of your particular family unit may lead you to over-indulge throughout the holidays and leave you feeling tired, depressed and frustrated come January. **You CAN make this year different. You CAN go through the holiday season with a spirit of joy and hope with lots of energy and enthusiasm.** With just a few small "attitude adjustments," you can sprint into January feeling refreshed and revitalized. Here are a few tips for the season:


- Have a healthy snack before attending a party so that you do not feel as hungry.
- Don't keep trigger foods in the house. You don't need them and your kids don't either.
- Do not stop your regular exercise program. If you don't have a regular exercise program, get one immediately.

My name is Lisa Shanahan and I am the owner of **Fitness Together**, Barrington. Call **Fitness Together** to learn more about getting fit and staying fit throughout the holidays.

Lisa Shanahan, Owner/Personal Trainer
Fitness Together Barrington

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Space is limited, call 1-847-304-0505 to reserve your seat!

Chicago Master Singers to Hold Auditions for 2009-2010 Season

Vocal auditions for the 2009-2010 season of Chicago Master Singers (CMS), under the direction of Alan Heatherington, will be held on the evenings of Tuesday, Wednesday and Thursday, August 18, 19th and 20th.

Auditions are scheduled from 6 through 10 p.m. and will be held at the Countryside Unitarian Church, 1025 N. Smith Road in Palatine.

To reserve an audition time, please call the CMS's toll-free voice mail at 1-877-825-5267. Leave your name, phone number, and preferred audition date. A representative will respond with audition arrange-

ments. If necessary, an alternate date may be arranged. An accompanist for auditions will be provided.

CMS rehearsals are on Monday evenings from 7 to 10 p.m. in Palatine beginning Aug. 24, and also on Tuesdays and Thursdays of concert weeks. Performances are held on Friday and Sunday evenings in the Divine Word Chapel in Techny, near Northbrook.

The 2009-2010 concert schedule includes performances of the Duruflé *Requiem*, the *Widor Mass*, and other French classics on the evenings of Oct. 30 and Nov. 1. The annual Christmas concert with

D & J Bistro

(Continued from page 9)

cream parlors... they still don't carry any actually... that's our advantage to have a nice bar along side our dining room. Rocky and his partners are there to mix your favorite brands or to introduce you to new cocktails, unless you would prefer a refreshing beer from our versified

list. If need be, they also could feed you from our regular menu and specials, or from "Les Petits Plats du Bar's" lighter fare.

Of course check our Web site for special events, menus, other info—

www.dj-bistro.com.

Merci et a très bientôt, —Stephane



the Ars Viva Chamber Orchestra will be on Dec. 11 and 13th. The spring concert on April 16 and 18th will feature music by Brahms, Bruckner, Biebl, Paulus, Lauridsen and Berger. CMS will go on a performance tour of Germany from July 1 to 11th, 2010.

CMS is a 140-voice choral ensemble fea-

turing singers from Chicago and suburban communities. CMS has performed the great choral masterworks in collaboration with professional soloists and orchestras since 1979.

Visit www.chicagomastersingers.org for more information about Chicago Master Singers.



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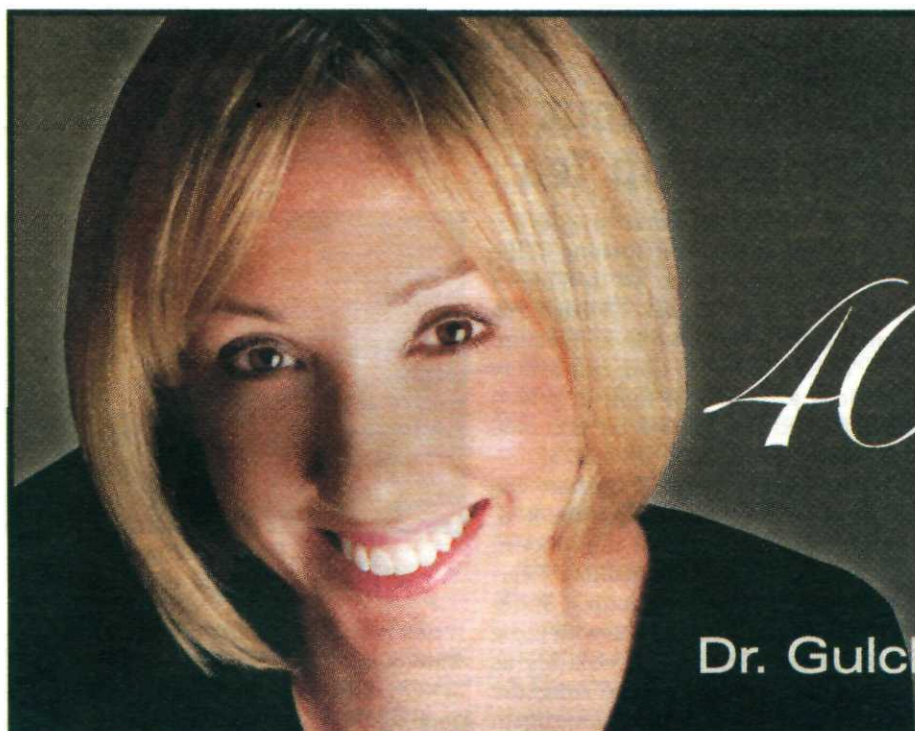
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Lisa Gulcher M.D.

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- 4 JUVEDERM™, to my smile lines and lip lines
- 5 RADIESSE®, to my cheeks and undereye hallowness
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- 7 OBAGI NUDERM SYSTEM, for daily skin rejuvenation at home

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Happenings!

in the area

Barrington Lyric Presents Lectures for Lyric Opera of Chicago's 2009-2010 Season

The Barrington Chapter of Lyric Opera of Chicago's Outreach Community Education Program will again provide lectures prepared by Lyric Opera of Chicago Education Corps.

Co-sponsored by Barrington Chapter of Lyric Opera of Chicago and The Garlands of Barrington, the lectures will be presented at The Garlands of Barrington, 1000 Garlands Lane (just south of Barrington Area Library on Northwest Highway), Barrington. Each of the lectures, with musical illustrations, will precede the featured operas in the upcoming season at Lyric Opera of Chicago. The lectures are free and open to the public. New as well as seasoned opera-lovers are welcome. All lectures begin promptly. To reserve a seat for the lectures, please phone 1-847-304-1996.

Lecture Schedule

Tosca at 7:15 p.m. on Monday, Sept. 14, Rochelle Klapman, lecturer; *Faust* at 7:15 p.m. on Tuesday, Sept. 29, Howard and Mary Robins, lecturers; *Emani* at 7:15 p.m. on Monday, Oct. 19, Denny Hayes, lecturer; *Katya Kabanova* at 7:15 p.m. on Tuesday, Nov. 3, John Piepgras, lecturer; *Merry Widow* at 1 p.m. on Tuesday, Dec. 1, Dr. Michael Altman, lecturer; *Elixir of*



Co-chairing Lyric Opera of Chicago's award-winning Education Corps. are Howard and Mary Robins of Arlington Heights, Barrington Lyric's president and past president, respectively.

Love at 3:30 p.m. on Wednesday, Jan. 13, 2010, Bob Klassy, lecturer; *Damnation of Faust* at 1 p.m. on Friday, Feb. 2, Kip Kelly, lecturer; *The Marriage of Figaro* at 3:30 p.m. on Wednesday, Feb. 24, Gary Pett, lecturer.

For inquiries on membership in the Barrington Chapter, call George Obermaier at 1-847-985-0837.

You may wish to visit the Lyric Opera of Chicago's Web site at www.lyricopera.org.

The Sarah Siddons Society Awards Gala Honoring Chicago Actor William Petersen



Gala honoree William Petersen is pictured with (from left) Marge Orbesen, Dorothy Connolly, Lorraine Vandenberg, Ellen Anderson and Carol Horschke, a longtime member of the Sarah Siddons board, all from Barrington.

The setting was the Ritz-Carlton Chicago and the honoree was William Petersen, the charming, handsome and talented Golden Globe and Emmy nominated American actor and producer. Petersen is best known for playing Dr. Gilbert "Gil" Grissom on the hit CBS series *CSI: Crime Scene Investigation*. After nine seasons, Petersen has taken a break from the series to go back to his first love, the theatre. He will remain an executive producer of *CSI*.

Petersen is an avid Chicago Cubs fan and will drop by Wrigley Field at least once a year to sing *Take Me Out to the Ball Game* during the seventh inning stretch. He has two delightful sisters and their

families live in Barrington.

This July, William returns to the theater where he first earned his Equity Card to star in the Victory Gardens' wonderful production of *Blackbird*.

The Sarah Siddons Society, a nonprofit organization has promoted excellence in the theatre since 1952. The society awards scholarships to gifted theatre students at Northwestern University School of Communications, The Theater School at DePaul University, and Columbia College.

The Sarah Siddons Society is very grateful to Robert C. Marks, a board member at Roosevelt University, for his very generous contribution.

Learn More About "The Modern Wing" at Membership Tea

One of the most anticipated events for Chicago this summer is the opening of the new "Modern Wing" at the Art Institute of Chicago (AIC). Blair Kamin, *Chicago Tribune* architecture critic, wrote in a feature article, "Boldly planned and exquisitely crafted, it is a temple of light in which carefully filtered sunlight will be as central to the visitor's experience as steel, aluminum and Indiana limestone." *Chicago Tribune* art critic Alan Artner commented, "From the outside it is clear the Modern Wing surpasses all the Art Institute's earlier additions as an architectural statement." Visitors apparently agree with these and countless additional accolades as judged by the huge attendance since the Modern Wing opened in May. Once again Chicago is declaring its supremacy as a world-class cultural city with a 264,000-square-foot addition designed by award-winning Italian architect Renzo Piano.

Members and guests of the Barrington/Northwest Community Associates (B/NWCA) are invited to learn more about Renzo Piano, the Modern Wing and the vast contemporary art collection housed inside this "temple of light" at the annual Membership Tea on Thursday, Sept. 3, 1 p.m., at the Presbyterian Church of Barrington. There is no cost for this event and reservations are not required. Annie Morse, senior lecturer at the AIC, will discuss the planning, preparation, fundraising and construction of the Modern Wing. An educator with superlative credentials, Morse has been directly involved in the numerous facets of this arduous, monumental enterprise. She writes, "The Modern Wing is a work of art in its own right with its stunning views of the Chicago skyline and Millennium Park, gracious galleries, and environmentally responsive architectural features."

But before her enlightening remarks, members and guests will begin the afternoon with tea, coffee, and a wonderful assortment of finger foods and desserts. Carole Bulakowski, B/NWCA board president, will then introduce the 2009-2010 itinerary accompanied by program chairs Jo Brynildssen and Emma Gerosa. Because of the industrious efforts of these women and other board members, the new season promises plenty of variety and features exciting and educational opportunities.

2009-2010 Program Itinerary

• On Wednesday, Sept. 16, members will travel to the Art Institute to view a unique exhibition featuring Japanese screens.

• On Friday, Oct. 2, members will have an excursion to The Antique Fair at the Merchandise Mart.

• On Thursday, Oct. 15, there will be a "Guest Event" as part of the Exploring Art



"The Modern Wing" at the Art Institute of Chicago

series on and will focus on transparent watercolor.

• On Friday, Oct. 30, members travel once again to the Art Institute to experience a rare opportunity. Konstantin Grcic will present his award-winning furniture products, tableware and jewelry.

• On Friday, Dec. 11, members will usher in the holiday season in grand style with a tour of the city while marveling at the holiday lights.

• The New Year begins with two "Guest Events" in January as part of the Seminar Series held at the Barrington Area Library.

• On Thursday, Feb. 11, 2010 a "Guest Event" will be held at the beautiful Wrynstone Golf Club. Claire Cross will enlighten members and guests about "Women Collectors and their Museums."

• Members will travel downtown on Thursday, March 18 and Monday, April 19, to enjoy programs at the AIC and the Symphony Center. The artist Henri Matisse is the subject for the program at the Symphony Center which merges the connections between art, music, and other cultural events.

• A second Exploring Art program, held at the Barrington Area Library, is scheduled for Tuesday, April 6, and is offered to members and guests.

• Finally, the season concludes on Friday, May 21 with a spring event designed to entice all members: a bus trip to visit Hyde Park—Robie House, Rockefeller Chapel, and the Smart Museum.

Becoming a member of the Barrington/Northwest Community Associates does not require professional artistic talents, although that is certainly welcome. But those interested in art-related subjects are also welcome and encouraged to join an organization that promises to entertain you and to inspire your cultural interests. Membership in the Art Institute of Chicago is required. Attend the Membership Tea to begin your journey of "creative adventures."

For more information, contact Carole Bulakowski, board president, at 1-847-358-5837 or Carol Merritt, membership chair, at 1-847-991-2889.

Quote!

"I am always ready to learn although I do not always like being taught."
—Winston Churchill (1874-1965)

Oh No! I Have to Go to the Dentist!

by Rita Spantideas

Does thinking of going to the dentist make your heart race and your hands clammy? Well, you are a member of a large group of people that are filled with anxiety and fear at the mere mention of a dental appointment. The American Academy of General Dentistry, estimates that about 40 million Americans dread going to the dentist and will even endure pain to avoid seeing one. Wow! That's remarkable.

What can be done to relieve some of the anxiety and fear? Number one is choosing the right dentist for you. A strong bond of trust has to be established in this relationship. Does your dentist put you at ease? Can you comfortably discuss your fears with her or him? Do you feel she or he is listening to you with empathy? Be clear in relaying your fears. Are you bothered by the sounds of equipment, strange smells, claustrophobia, loss of control, or not knowing what is being done? You may not be able to pin point the exact fear source, but discussing with the dentist will be helpful to both of you. There

are things the dentist can do to calm some of these fears. Listening to music is helpful to some patients. A predetermined signal to alert the dentist to stop can help others. Squeezing stress balls and deep breathing also help. Knowing your dentist is gentle and understands you establishes trust and lessens fears.

Modern technology has come a long way toward alleviating pain. Those of you that dislike that "numb" feeling can now have that numbness reversed after procedures are completed. Isn't that great! No more accidentally biting your tongue or lip.

Dr. Kumar and her staff are aware that these fears are very real. We do our best to break down anxiety by informing and educating our patients. When you come to **The Oaks Dental Center**, you can be confident that you will be treated gently, compassionately and with respect.

Rita Spantideas is the Office Manager at The Oaks Dental Center, Ltd.

Lakeshore Ski Club's Summer Picnic

Lakeshore Ski and Sports Club (LSSC) will host its annual End-of-Summer Picnic at Bunker Hill Forest Preserve in Chicago on Saturday, Aug. 22 from noon until dusk.

The cost is \$30 per person, which includes food, beverages, games and a DJ for dancing. Food will be served from noon to 4 p.m. only.

All are invited to join LSSC's members as they celebrate the end of summer. It is also an opportunity to learn about the club's exciting ski program, as well as the club's many other social activities.

For further information, call 1-708-786-3992 or e-mail lakeshoreskiandsportsclub@yahoo.com.

New Weight Loss Program Shows Dramatic Results



Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 15 years, introduces a new weight loss program. This program is based on the 40/30/30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing fat and carbohydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.

Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering your current lifestyle, exercise and diet habits.

Dr. Berger has thousands of satisfied patients. Insurance usually pays for some or most charges, (sorry, no HMOs).

To begin a weight loss program that really works for you, call **1-847-438-3008** in Lake Zurich or **1-847-291-0772** in Northbrook to make an appointment for your consultation today.



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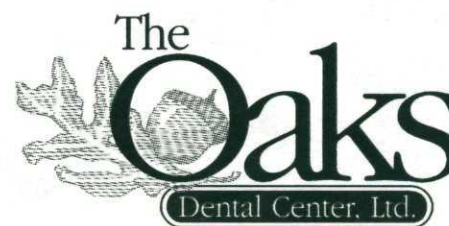
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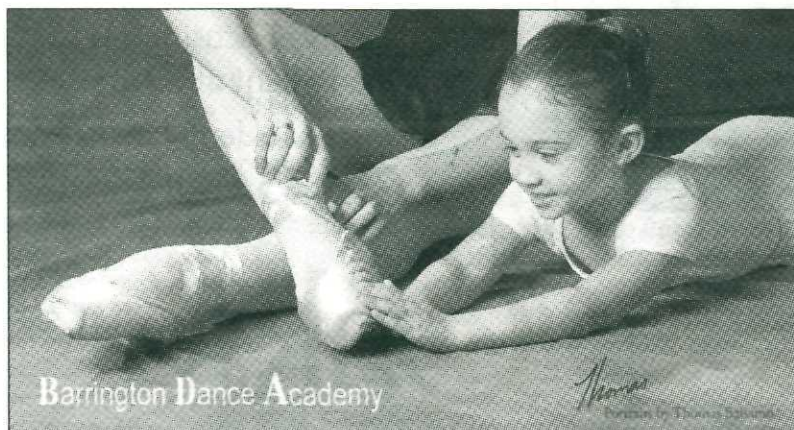
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Barrington Youth Dance Ensemble Awards Dance Scholarship

Barrington Youth Dance Ensemble's (BYDE) board of directors has awarded the Patricia Whitmore Scholarship to 18-year-old Nicole Flasch of Palatine. Flasch is a 2009 graduate of St. Viator High School in Arlington Heights and studied dance at the **Barrington Dance Academy**. She has also performed soloist roles for BYDE's productions for the past two years. Flasch will be attending Point Park University in Pennsylvania as a dance major in the fall of 2009.

Barrington Youth Dance Ensemble supports three types of scholarships in the categories of financial need, artistic talent, and a boys-only scholarship. In addition to financial support, these scholarships also include summer master classes in ballet, jazz, modern dance, and pas de deux.

Foundation, governmental and corporate funders in support of Barrington Youth Dance Ensemble and these scholarships are: the Roberts Family Foundation, the Illinois Arts Council (a state agency), the Benson Family Foundation, Rose Packing Company, the Demar Family Foundation, and the Richard J Stephenson Family Foundation. The following local area residents have also made financial contributions in support of BYDE's scholarship programs: Mr. and Mrs. Michael Acerra, Ms. Mary Brennan, Mr. Fillipo Carabetta, Mr. and Mrs. Robert Dhaens,



Mr. and Mrs. Jason Elder, Mr. and Mrs. Chris Gaffney, Mr. and Mrs. Ed Gierlach, Mr. and Mrs. John Kolasinski, Mr. and Mrs. John Nikolich, Dr. Diane Saber and Dr. Scott Schwartz, Mr. and Mrs. Jasper Sanfilippo Sr., Mr. and Mrs. John Stojka, Mr. and Mrs. Jim Vandenberg, Mr. and Mrs. Mark Vandenberg, and Ms. Mindy Whitmore.

Barrington Youth Dance Ensemble promotes artistic integrity, involvement, and awareness through exceptional dance training and performance in the Chicagoland area. Additional information about BYDE may be found at their Web site, **www.BYDE.org**, or by calling BYDE at **1-847-382-6333**.

MCC to Host Auditions for *Cat on a Hot Tin Roof*

The Black Box Theatre at McHenry County College (MCC) will host auditions for its fall production of Tennessee Williams' fiery and passionate drama *Cat on a Hot Tin Roof*, directed by Jay Geller.

General auditions will be held from 6 to 8 p.m. Monday, Aug. 31 and Tuesday, Sept. 1 in the Black Box Theatre, Room D167 at the college. Callbacks will be held from 6 to 10 p.m. Thursday, Sept. 3. Please prepare a 2 to 4 minute dramatic monologue. If you do not have a monologue, readings will be provided.

No experience is necessary. Roles are

available for six men, four women and three to four children ages 10 and younger and all roles are open to students and community members.

Rehearsals will be held on Tuesday and Thursday evenings from 6 to 9:30 p.m. and Sunday afternoons from 1 to 5 p.m. beginning Sept. 15. Performances will be held at 7:30 p.m. Nov. 5 to 7th, 12th to 14th, and 19th to 21st. No appointments are necessary. Scripts are available on reserve in the MCC Library.

For more information, please call 1-815-455-8746 or jgeller@mchenry.edu.

BACOA and CJE-Senior Life Offer the North-Northwest Culture Bus

There's still time to jump aboard the Culture Bus.

The Barrington Area Council on Aging (BACOA) is partnering with CJE-Senior Life to offer the North-Northwest Culture Bus, a series of stimulating day trips designed specifically for people experiencing early memory loss. The program is an extension of an existing activity sponsored by CJE-Senior Life in Chicago, and offers socialization and recreation under the supervision of a trained and experienced professional leader and a group of volunteers.

There are four remaining programs for the summer season. The trips will take

place on Aug. 12, Aug. 26, Sept. 9 and Sept. 23. All trips depart from the Lutheran Church of Atonement at 10 a.m. and return at 3 p.m. Cost for the program is \$75 per trip, which includes lunch, entrance or materials fees, and transportation. Participants are welcome to sign up for one trip before deciding to commit to an entire season. There is still time to jump on board for the remainder of the summer season. The fall season will include six trips beginning in October and ending in December.

Participants must call ahead to register. Contact Bonnie at BACOA at 1-847-852-3890.



BADC Names Tom Vanderpoel Citizen of the Year

Local Environmentalist Honored at Annual Dinner Meeting

The Barrington Area Development Council (BADC), the not-for-profit civic organization supporting programs and initiatives that are Good for Barrington!, presented its 2009 Citizen of the Year Award to local volunteer and environmentalist Tom Vanderpoel.

The award was conveyed at the BADC Annual Dinner Meeting, held in May in the Carousel Building at the Sanfilippo Estate in Barrington Hills. The BADC Annual Dinner Meeting brings together volunteers of local organizations, elected officials, and community leaders in a tribute to community service, and to honor the award recipient. Carol and David Nelson jointly presented the keynote address at the event, "A Community that turns Dreams into Reality: The Story of Hospice of Northeastern Illinois." The Nelsons are community gift co-chairs for Hospice of Northeastern Illinois in its The Building a Legacy of Care Capital Campaign, to raise funds for the construction of the Pepper Family Hospice Home and Center for Care near Citizens Park in Barrington.

Citizens for Conservation (CFC) staff director Sam Oliver, and Flint Creek Watershed Partnership coordinator Patsy Mortimer—both previous winners of the



Citizens for Conservation (CFC) staff director Sam Oliver (left) and Flint Creek Watershed Partnership coordinator Patsy Mortimer—both previous winners of the award—present local volunteer and environmentalist Tom Vanderpoel with the BADC 2009 Citizen of the Year Award.

award—spoke to attendees about the recipient. They explained the area-wide impact and the influence regionally and internationally that CFC has had on natural area restoration, through its restoration work on its own 10 preserves encompassing 355 acres in the Barrington area. And, they declared that the person responsible for the success of these restorations is Tom Vanderpoel.

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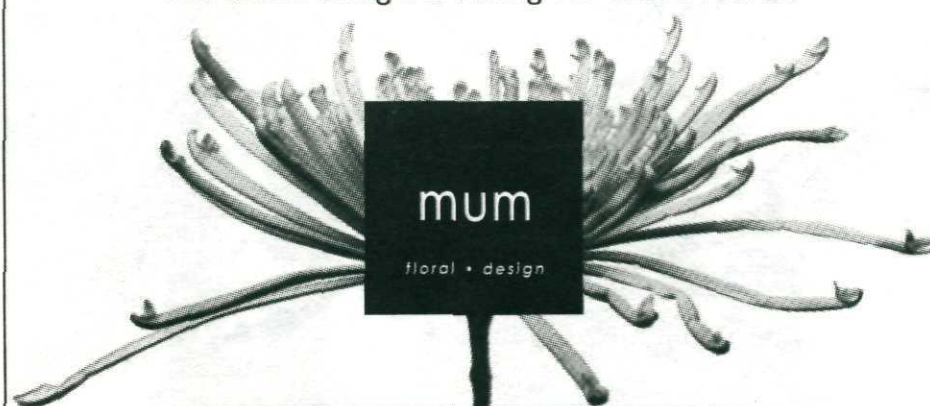
"Having practiced and taught Yoga and Martial Arts for over a decade, I saw a definite need and opportunity to address aspects of each to provide a greater benefit to the whole person," said **Tina Adams**, founder of **Transform Fitness**. Tina is a registered Yoga Alliance Teacher and 3rd Degree Black Belt in Kung Fu. She's also taught couples Yoga Therapy on Show-time Network with Dr. Laura Berman, and is an experienced women's self-defense instructor for all levels.

"Women especially deny the Warrior in them and could benefit greatly from having the confidence and trust in their strength, which, in turn, creates peace in the soul," said Tina, "My goal is to help bring all areas of the mind and body into balance."

Tina's refined approach blends Yoga, Martial Arts and Cardio Kick-boxing with coaching on healthy eating and personal growth to develop strength, flexibility, core awareness, self-confidence and a clear path to a healthy mind, body and spirit.

For more information, contact **Tina Adams** at Tina@TransformFitness.org or **1-847-774-8682**.

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With over 50 classes offered each session there is something for everyone!

Some of **Kaleidoscope's FALL** clay class offerings include: "Southwest Pottery," "Creative Clay Creatures," "Miniature Nativity Set," and sculpting Egyptian and African-themed chess pieces in the "Creative Chess" class. Other classes offered include "Parent and Child," "Star Wars Adventure," comic-style art, home-school art classes and many more. Check out our free brochure for a full listing of classes.

Adults, don't miss out on the creative fulfillment that an art class can offer. **Adult** classes for **FALL** include "Fiber Art-Knitting," "Master's Oil Painting," "Mosaics," "Art Quilts," "Pottery," as well as **drawing and painting classes using various media**. **Fall Registration begins Saturday, Aug. 1.**

Kaleidoscope is located in Barrington at 316 W. Main St., two blocks west of Jewel. Call **1-847-381-4840** for details.

Barrington Woman's Club Annual Day at The Races

And they're off! ...to enjoy the Barrington Woman's Club Annual Day at The Races. This year, members and guests will be gathering on Wednesday, Aug. 19 at noon at Arlington Park Raceway in the Million Room for lunch and then to spend the afternoon enjoying the hospitality, the company and the magnificent pageantry of the races.

The cost for the day will be \$35. To reserve your place for this fun afternoon, send your check made out to The Barrington Woman's Club to: Lisa Frese, 322 Hilltop Ct., Barrington, IL 60010. The deadline to sign up is Friday, Aug. 14. Nonmembers are always welcome. For additional information, please call Lisa Frese at 1-847-382-5087.

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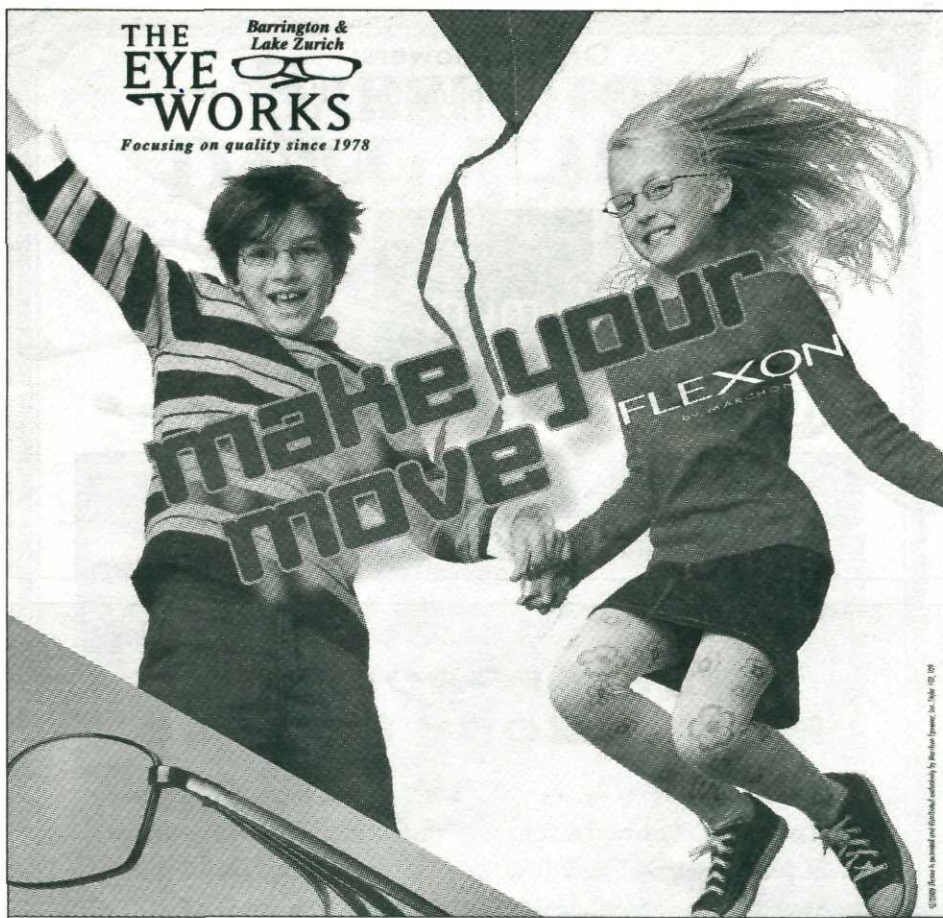
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Four Seasons Garden Club of Barrington



Club members pictured are (from left, standing) Nancy Marshall, Joyce Selvig, Elaine Bontempo, Joyce Allen, Patricia Toole Carolyn Roussel, Jessica McSulla Cheryl Trzupek, Ruth Bock, Carol Ann Coyle, Gail Bachmann, Judy Palmer, Judy Amoroso, Melinda Manning, Diane Hunter, (seated) Donnaruth Schaul and Alena Gust. Not pictured are Lenore Lawrence, Pamela Knight and Joy Sponholz.

The last meeting of the Four Seasons Garden Club of Barrington's 2008-2009 season was recently held at the president's home. As is the custom, incoming officers were elected, plants and scrubs were shared, and a delicious brunch was served.

The election results were: president Alena Gust; vice president, Judy Amoroso; secretary, Holly Antomucci; and treasurer, Carolyn Roussel.

The Four Seasons Garden Club usually meets at 9:30 a.m. on the first Tuesday of

each month, August through June. The meetings are typically held in a member's home or at the Barrington Area Library. Meetings include a social coffee, visiting among members and guests, a short business meeting, and a presentation or demonstration concerning some aspect of gardening and gardening interests.

For further information regarding the club or its activities, please contact Alena at alenagust@comcast.net or 1-847-438-3981.

Countryside Association Continues Services to Disabled Despite State Funding Reductions

Countryside Association for People with Disabilities will continue its critical sup-

port services to children and adults with disabilities and their families despite the

Finding an Eye Care Professional

You may have recently failed a vision screening or are experiencing changes in your vision. Even if you are not experiencing vision problems, it is important to get regular eye exams. Selecting the right doctor for you is important. Referrals are often helpful in choosing an eye care professional.

Doctors of optometry (O.D.) are primary health care providers who specialize in the examination, diagnosis, treatment and management of diseases and disorders of the visual system, as well as the diagnosis of related systemic conditions. The O.D. has completed pre-professional education at a college or university and four years at a college of optometry. Optometrists also prescribe optical aids, such as glasses and contact lenses, and counsel patients regarding their visual needs related to their occupation and lifestyle.

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- List out all prescription and over-the-counter drugs you're taking.
- Be prepared to list any family history



Dr. Ralph J. Gebert Dr. Anthony Prate

of eye problems (glaucoma, cataracts, etc.) and/or eye injuries or eye surgery you have had (dates and where treated).

• Bring along your current glasses, contact lenses or both.

• Bring your vision insurance information (primary insured ID number and birth date).

• List out any questions you may have for the doctor regarding changes and when you should return for follow-up care or your next exam.

Here at **The Eye Works**, Dr. Gebert and Dr. Prate have been providing quality eye care for almost 30 years. We also have two convenient locations—Barrington and Lake Zurich. Please don't hesitate to call our office with any questions or concerns. We want to make sure your eyes stay happy and healthy.

Garden Club of Inverness Installs New Officers at Spring Luncheon

On a beautiful May morning in the sunny main reception room at the Inverness Golf Club, the Garden Club of Inverness members met to celebrate the end of a very successful year. The luncheon tables were decorated with colorful spring bouquets which were picked from the gardens of several of the club members. Laughter and conversation filled the air.

After a brief business meeting where preparations for the 2009-2010 year were outlined and where scholarships were awarded to four outstanding recipients, the officers and committee chairpersons were introduced and installed. Pictured (from left, front row) are Melodie Moroney, Michelle Kutzweil, Betty Ann Dailey (president), Lynn Wiemold, (back row) Linda Novak, Diane Garcea, Mary Rubino, Linda Denison, Laura Hoover, Ann Priest, Melinda Foys, Sally Hard, Beth Woldman, Lois Kinney, Marilyn Dutcher and Carole Bass.

The holiday luncheon committee also reported that plans are already well under-



way for our annual luncheon on Thursday, Dec. 3. The money that is raised at this spectacular event funds scholarship awards and other community projects.

Then came a sumptuous lunch, more laughter, more conversation, and an incredible chocolate dessert. As friends said goodbye, they knew that they would still see their fellow gardeners at several other summer events including a trip to Rick Bayless' Frontera Grill for lunch and a tour of his personal garden, a return to Diane Hunter's Barrington Japanese garden for instruction on gardening and meditation, and the annual Garden Club of Inverness garden walk where members open their personal gardens to the club membership.

For information, please call Beth at 1-847-934-7979.



state's recent drastic reductions in public funding to human service providers. Many Illinois community organizations have announced service reductions and closures following the state legislature's failure to agree on sources of funding to adequately fund these services.

"We simply cannot treat the state's most vulnerable residents like this," said Wayne A. Kulick, executive director. "Thousands of children, adults and their families are losing critical services at a time when they

need them the most," Kulick said. "We will continue to operate our organization using our reserves for at least another 60 [to] 90 days in the hopes that the governor will find a way to restore funding. If we eventually have to reduce services to the disabled and lay off our employees at least it will be done on our timetable and not the way Illinois has chosen to treat people," Kulick said.

For more information, call 1-847-438-8855.

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"I always thought people took Karate because they liked to fight. But I've found that this program is great for my children's character development plus both my kids have lots of fun." —Lyn, Deer Park mother of two

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Are You Prepared for the School Year?

We Now Offer Programs for School-Age Children!

Barrington Community Child Care Center is located at 560 Carl Ave. in Barrington. We have many activities to keep young minds busy! The program focuses on the whole child, with all areas of development included during the day's activities. Along with our qualified and experienced staff, theme-oriented lesson plans are designed to introduce a variety of concepts and challenge every child's ability. Language, math, reading, science, writing skills, and fine and gross motor activities are implemented in each age group. Social skills are also an important component of each day. Functioning in a group is essential for future experiences. Our well-rounded program will provide you and your child with a positive first-school experience.

Some conveniences that we offer to our busy parents are scheduled haircuts, done by a licensed stylist, and a weekly gymnastics program taught by an instructor. The children look forward each week to the JUNGLE BUS!

Check out our Web site! At www.barringtonchildcarecent.shutterfly.com you can see what we are up to. We are so excited to be able to show off!

We offer full-day child care for children ages 6 weeks to 11 years. All age groups offer flexible scheduling and a morning preschool program. Our hours of operation are 7 a.m. to 6 p.m., Monday through Friday. Our facility has large, child-friendly classrooms, but offers a homelike atmosphere. A catered hot lunch and two snacks are offered each day. Special activities and field trips are scheduled so that all ages may participate.

During the school year, we offer before/after care for children attending Roslyn Road School.

For enrollment information or to schedule a tour, contact Terri Blanke or Terri Knaack, directors, at 1-847-381-0272.

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Terri Blanke and Terri Knaack, Directors
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St. Anne Women's Club Membership Drive

The St. Anne Women's Club is an organization sponsored by St. Anne Catholic Community Church of Barrington. The mission of this organization is to provide Christian service and to further the spiritual, intellectual and social growth of its

members as well as the larger community. It is comprised of a dynamic and diverse group of women of all ages—young and old—who seek to fulfill their spiritual, social and outreach goals.

In the past, its work has provided car-

ing meals and support to its members, fundraising to assist women in need, the homeless, soldiers in Iraq and Afghanistan, special needs children and many, many more. It is also a social organization, and sponsors several fun activities throughout the year for both its members and all people of the Barrington community.

The 2009-2010 executive board consists of Sister Lauretta Leipzig, spiritual moderator; Irene LaCesa, president; Mary Sneed, vice president; Liz Kinsella, treasurer; Sylvia Andersen, recording secretary; Cathy Pyra, corresponding secretary; Sara Roach, programs; and Margie Wedinger, past president.

Members participate in both social and outreach programs and events. General meetings take place the second Tuesday

of the month. In order to accommodate schedules of all members, some meetings start at noon, and others start at 7 p.m. Most meetings take place on the church campus. In addition to eight general meetings, the following activities are planned for the 2009-2010 school year: church tour fundraiser, fashion show, women's Christmas party, ladies' night out, and a senior luncheon. The club also organizes a women's weekly bible study, a children's play group and supports a shawl ministry program.

Its annual membership drive will start in August. If you would like more information regarding the St. Anne Women's Club or would like a membership form, please contact St. Anne church at 1-847-382-5300.

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News from South Barrington Garden Club



Joel Barczak, owner of Blumen Gardens, is pictured with (from left) two members of the Western Springs Garden Club, and South Barrington Garden Club members Wanda Cecchini, Barb Offenburg and Micki Nelles.

Members of the South Barrington Garden Club of enjoyed a trip to the Botanic Gardens in Glencoe on May 7. A wonderful tour of the gardens was included followed by a lunch in the garden. On June 7, the members visited Blumen Gardens in Sycamore. Owner Joel Barczak discussed the history of the nursery and provided many handy gardening tips to the group.

Upcoming Programs

Aug. 6—Car pool to St. Charles for a tour of Country Garden Cuisine Cooking School to view extensive herb and vegetable gardens. Penny Newkirk, master gardener, will give garden tips and provide a cooking demonstration and tasting.

Sept. 3—A DVD presentation of *Gardens of the World with Audrey Hepburn*, to be held at a member's home.

Oct. 1—Slide presentation "Garden Rooms Without Walls." Speaker Shirley

Remes, *Better Homes and Gardens* field editor, will present a program on how to create garden rooms in your yard.

The South Barrington Garden Club is open to all residents and nonresidents who wish to be a part of a wonderful organization. Programs consist of speakers, hands-on projects and bus trips to points of interest in the area followed by a lunch at a local restaurant. The club has sponsored scholarships, nursing homes, state projects, garden therapy and education, and other projects to beautify the community. Meetings are generally held on the first Thursday morning of the month all year round. The membership fee is \$25 for South Barrington residents and \$35 for nonresidents.

Please call Anita at 1-847-277-7151 for information on membership or participation in upcoming events.

Children's Dentistry Group, LLC Provides Total Comprehensive Pediatric Dental Care

Dr. Paul Herer has been practicing pediatric dentistry in the Lake County area for over 30 years. He graduated from Fairleigh Dickinson University in New Jersey in 1972 with a Bachelor of Science degree in biology, followed by a Doctor of Dental Medicine from Fairleigh Dickinson University School of Dentistry in 1974. In 1976, Dr. Herer completed his pediatric dental specialty training at Children's Memorial Hospital in Chicago, as well as a Masters of Science degree from Northwestern University.

Dr. Herer is a Fellow of the American Academy of Pediatric Dentistry and Diplomate of the American Board of Pediatric Dentistry. His many years involved in teaching, research, and clinical practice lend a vast knowledge to provide excellent dental services for the patient and important dental/oral health information to their parents and caregivers.

Children's Dentistry Group, LLC is dedicated to the oral and dental needs of infants, children, teenagers and special needs patients. As important as the technical aspects of dentistry, it is equally im-

portant that the child have a good experience in the dental setting. It is our priority that our patients have good experiences at our office. Whether a child, teenager, or an individual with special needs, each child requires a unique approach in providing dental care. As a pediatric dental office, we are trained and prepared to meet these needs.

At Children's Dentistry Group, LLC, we provide total comprehensive dental care for our pediatric patients. This includes preventive care (diagnostic, oral hygiene instruction, cleanings, fluoride treatments and sealants), restorative care (fillings, crowns and pulp therapy), minor surgical (extractions, selected gingival or gum surgery) and emergency care (accidents/trauma, infected/abscessed teeth and gums).

For any questions or to make an appointment for your child, please contact our office—1-847-726-0300 or info@childrensdentistrygroup.com. We are located at 195 S. Rand Rd., Ste. 110, in Lake Zurich.

Is It Too Soon to Start Music Lessons?

The Suzuki Music School of Barrington is holding an OPEN HOUSE at the Barrington Public Library on Sunday, Aug. 9, 1:30 to 4 p.m. Suzuki teachers and local music stores will be present to demonstrate instruments and answer questions about our music program.

A common parent's concern about music lessons is "can my child be successful at a young age?" The Suzuki Music School of Barrington prides itself on helping each family to be successful.

The issue is not "is my child ready?" but "are mom and dad ready?" Under Suzuki philosophy, all children have talent. It is up to the parent and teacher to provide the environment that supports the child's

learning style, attention span, and most of all, to make it FUN.

Instrument choices are violin, cello, flute, classical guitar and piano. Lessons and classes begin the week of Aug. 23.

Program information and the Suzuki method can be obtained at the OPEN HOUSE or with a simple phone call. Students participate in private lessons, group repertoire sessions, and music reading/theory classes.

See you at the OPEN HOUSE.

Suzuki Music School of Barrington
1-847-382-9517
P.O. Box 68, Barrington, IL 60011

Deer Park Town Center Celebrates "International Year of Astronomy"

In 1609, Galileo's telescope discovered a whole new universe filled with images humans had never seen, including mountains and craters on the moon, stars in the distance and moons around Jupiter. In commemoration of that discovery 400 years ago, more than 140 countries around the world are celebrating the International Year of Astronomy in 2009.

Not only is Deer Park Town Center participating in the global festivities, but the center has designed its own initiative called "Stars Over Deer Park Town Center." Taking place in August 2009, the program will feature a series of educational, artistic and entertainment elements to appeal to kids and adults alike, including a limited-engagement presentation of The World at Night (TWAN) photography exhibit. TWAN is a special project of the International Year of Astronomy and features a collection of photographs of the world's landmarks against the celestial attractions. The best night sky photographers have captured images resulting in

a traveling exhibit that is being displayed internationally, including locations in Korea, Germany, Italy and South Africa, to name a few. The exhibit will be on display at Deer Park Town Center through Aug. 16.

"Stars Over Deer Park Town Center" is an exciting project because there are so many opportunities for us to create a unique, educational and entertaining experience for our customers," said Konda Dees, marketing director at Deer Park Town Center. "The World at Night exhibit is particularly thrilling, as the United States locations are predominantly exclusive to Developers Diversified Realty properties. This provides an amazing opportunity for our customers to view a global exhibit right here in the Chicago area."

Deer Park Town Center, located at the intersection of Rand and Long Grove roads in Deer Park is open Monday through Saturday from 10 a.m. to 9 p.m. and Sunday from noon to 5 p.m. For more info, visit www.shopdeerparktowncenter.com.

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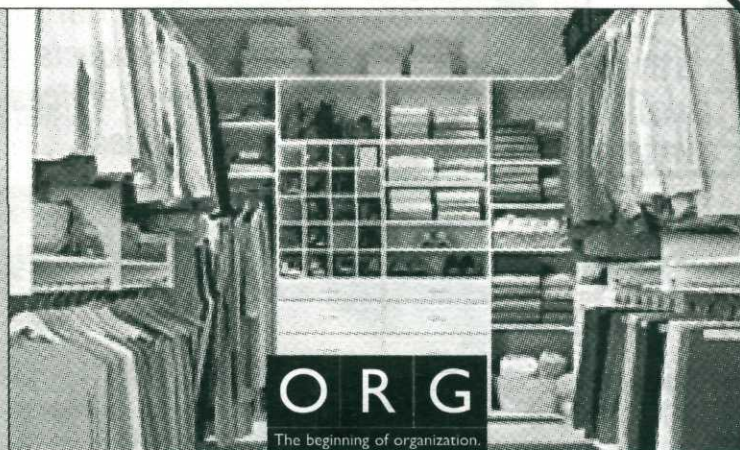
This is the year to really get serious about simplifying your life. At **Closet Masters**, we find that when you organize your everyday surroundings, it removes part of your stress by reducing the confusion and time it takes to find the items you need... that nice skirt, an unwrinkled shirt, the black shoes that match your outfit, that special spice in your loaded pantry. How about a nice home-office, a wall bed for that occasional guest. A compact, organized garage!

Since 1994, we at **Closet Masters** have been committed to creating, imaginative yet practical ORganizing solutions. Our expanding line of products is designed with you in mind and offers flexibility for your ever-changing needs.

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Ever look at something with "new" eyes? One day the trees are bare, the next they're leafed out. Kids grow daily but we don't notice until we look at old photos. Or how about those wrinkles? It's the same with your home's landscape. You know when things aren't quite right but it's so easy to get "used" to the way things are.

At **SanFilippo Landscape**, we want to help you "see" and then create a beautiful outdoor environment. By creating a haven, our efforts will result in a place that is everything a landscape should be such as...

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Enjoy your financial investment while you live there. Make it welcoming by creating a place to sit and enjoy the neighborhood. Imagine a patio space or a pool and hot tub to enjoy with family and friends.

...A Place to Heal

Studies have shown that whether working with plants or simply taking the time to enjoy nature, nature helps us heal. Why not in your own backyard?

Gardens: A Metaphor for Living

Gardens can teach us about life. If nature (or us) isn't changing, it isn't really growing and therefore not really living. Nature shows us a way to relax and be aware.

We would love to speak with you about helping you create your own personal landscape miracle. To arrange a consultation, please call us at **1-847-426-9190**.



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Catholic Charities' August LOSS Meeting Dates

Catholic Charities of the Archdiocese of Chicago invites those who have experienced the loss of a loved one to suicide to participate in its Loving Outreach to Survivors of Suicide Program (LOSS).

Meeting Dates and Locations

• Sunday, Aug. 9, 7 to 9 p.m. at Catholic Charities Northwest Office, 1717 Rand Road, Des Plaines.

• Wednesday, Aug. 19, 7 to 9 p.m. at

Holy Family Church Counseling Center, 2515 Palatine Road, Inverness.

• Thursday, Aug. 27, 7 to 9 p.m. at Carmel High School, One Carmel Parkway, Mundelein.

To learn more about Des Plaines-based Catholic Charities' Northwest Suburban Services and how they may help you or someone who needs help, please phone 1-847-376-2118.

BACOA Announces Support and Education Groups for August

The Barrington Area Council on Aging (BACOA) has announced its support and education groups for August.

Alzheimer's Association Support Group—The group will meet Thursday, Aug. 13 from 1:30 to 3 p.m. at St. Paul's United Church of Christ, 401 E. Main St., Barrington.

Parkinson's Education and Support—The group will meet for an open forum on Saturday, Aug. 22 from 10 to 11:30 a.m. in the Performing Arts Center at The Garlands of Barrington, 1000 Garlands

Lane, Barrington.

Low Vision Education and Support—The group will attend an afternoon IMAX showing of *Harry Potter and the Half-Blood Prince* at the AMC South Barrington Theatres on Thursday, Aug. 13. The cost is \$12.

Caregiver Support—The group is on summer hiatus and will resume regular meetings beginning Wednesday, Sept. 2.

For more information on any of the groups, please call BACOA at 1-847-381-5030 or visit the BACOA Web site at www.bacoa.org.



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Summer and early fall is the perfect time to refresh your home inside and out. Pathmann Family Paints offers expert consultation on paint color selection, and can assist you in creating exactly the right shade. In addition, Pathmann's blinds, window treatments, fabric, and wallcovering pros are available to help you tie everything together. With over 30 years of combined experience in their industry, Steve, David, Matt, and their team continue to offer a strong level of customer service as well as high-quality advice and products, at a good price point.

Come and visit us in our new space at 481 S. Rand Road, Lake Zurich—in the Village Square Shopping Center, at Routes 22 and 12. Phone 1-847-719-3400. Visit our upcoming website at www.pathmannfamilypaints.com.

Join us for free classes. Call to reserve

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a spot. Bring a friend!

• Thursday, Aug. 20, 7 to 9 p.m.—**Faux Paint Techniques**

• Thursday, Sept. 10, Time To Be Announced—**2010 Interior Trends**

• Thursday, Sept. 17, 7 to 9 p.m.—**Refresh Your Home for the Holidays**

Watch for future classes: "Going Green with eco-friendly products," "Preparing Your House to Sell," "Decorating on a Budget—Change it up with Color."

Stop in before Aug. 31 and register for a chance to win a personalized consultation and five gallons of paint in the color of your choice. No purchase necessary.

Adventures in Nature with CFC

Citizens for Conservation (CFC) has announced the date for another summer program for school-aged children. It is a wonderful way for children to understand and enjoy their environment.

"Our Islands"—Saturday, Aug. 15—Children will explore the environment around the CFC ponds. We will also see how the islands are good for the water and good for living things.

Classes are from 10 to 11:30 a.m. and meet at the Citizens for Conservation

(CFC) office, 459 W. Highway 22, between Kelsey Road and Route 59, Barrington. Look for the white farmhouse with the silo across from Good Shepherd Hospital. Classes are geared for kindergarten-aged children and older. Adults are welcome and encouraged to come. The cost for each class is \$3 for CFC members and \$5 for nonmembers. No fees for adults. All students must register at least one week prior to class. Please call CFC at 1-847-382-7283. Remember to dress for the weather.

From a Woman's Point of View

by Amy Wickstrom, Wickstrom Auto Group

As I was shopping with the kids for back-to-school clothes, I came to two conclusions. First, it would be much easier to buy clothes for our 7- and 9-year-old daughters if they weren't along with me. Apparently what I think is cute isn't cool enough for their maturing fashion senses, and I'm sure that will only get better as they enter their teen years... Also, I can't help but think of all the little outfits that they got last fall that are too small, worn through in the knees or elbows and may be a little faded or stained. I'll give away or donate everything in decent shape, but any clothes that are used up will be tossed. Wouldn't it be great if we could trade in all our worn-out kids stuff towards new school clothes for them?

If you have an older vehicle that falls into the "worn-out" category, it may be eligible for up to a \$4,500 rebate toward a new, fuel-efficient vehicle under a program called the **Car Allowance Rebate System (CARS)**, also referred to as "Cash for Clunkers." For instance, with the CARS rebate, a 2009 Jeep Patriot with an M.S.R.P. of \$19,550 would have a sales price of \$12,399 plus tax, title and license. Some of the CARS Act guidelines include:

• Your vehicle must be less than 25 years old on the trade-in date

• Only purchase or lease of new vehicles qualify

• Generally, trade-in vehicles must get 18 or less MPG (some very large pickup trucks and cargo vans have different re-



quirements)

• Trade-in vehicles must be registered and insured continuously for the full year preceding trade-in

• You don't need a voucher, dealers will apply a credit at purchase

• The program runs through Nov. 1, 2009 or when the funds are exhausted, whichever comes first

• The program requires the scrapping of your eligible trade-in vehicle and that the dealer disclose to you an estimate of the scrap value of your trade-in. The scrap value, however minimal, will be in addition to the rebate, and not in place of the rebate.

For more information about the CARS program and both trade-in and new vehicle eligibility, stop by **Wickstrom Ford Lincoln Mercury or Wickstrom Chrysler Jeep Dodge**. I can guarantee that they will make your car-buying experience much more enjoyable than back-to-school shopping.

Until next month,

—Amy

"Early Birds & Bookworms"

**Bunky Cushing Hosts Author Breakfast
to Benefit the Jane Addams Senior Caucus**

On Tuesday, May 19, Bunky Cushing hosted the inaugural "Early Birds & Bookworms," an exclusive book signing and author breakfast to raise funds and awareness for the Jane Addams Senior Caucus (JASC). Many of Chicago's most philanthropic women gathered to meet Charlie Scheips, the acclaimed curator, art advisor, and author of *American Fashion*. Scheips shared stories on how the richly illustrated book, which highlights eight decades of fashion in America, came to be a coffee table staple.

In addition to learning about Scheips and the making of the book, guests learned about the Jane Addams Senior Caucus and its mission. Cushing shared how he became involved with the organization and encourage guests to do the same. The event, which was underwritten



**Author Charlie Scheips
and Bunky Cushing**

by RL Restaurant, raised more than \$10,000 to support the Jane Addams Senior Caucus. "We are honored that Bunky has extended his generosity to Jane Addams by hosting this event," said Vikki Adams, board president of Jane Addams Senior Caucus. "His kindness will enable us to help improve the quality of life for older adults living in Chicago."

Jane Addams Senior Caucus (JASC) is a group of Chicago-area older adults organizing to build relationships, developing leaders, educating people and creating the power necessary for older adults to play a central role in determining their quality of life. The primary goal is to develop senior leadership and organized power for social justice. For more information, please visit www.seniorcaucus.org.



**Lisa Gutierrez of Hawthorn Woods,
Hazel Barr of Hinsdale and
Heather Wright of Lake Forest**

Redefining Homeowner Security

by Pete Panagakis, President
Advanced Security Technologies, Inc. (AST)

Several hundred years ago, would-be thieves were deterred from home invasions by the presence of a moat. In the 20th century, security systems became commonplace; burglar alarms were developed to protect occupants and physical contents of properties. As we became an increasingly digital society, security needs evolved. Fortunately, security systems have evolved to accommodate our busy schedules and "virtual" lifestyles.

Security systems are no longer defined solely as the monitoring of various entry points of a home. Homeowners need to be aware of innovative ways to protect their home. Sump pumps can be monitored to notify you of possible flood damage. Temperature controls can be added to a security system to make you aware of

temperature drop to prevent pipes from freezing, as well as fire monitoring. Unsecured wireless home computers need to be secured from threats created by viruses, spam and identity theft. All of these household systems—included with a traditional alarm system—can be remotely monitored by homeowners via telephone and the Internet.

Locally-owned and operated, **AST** provides security and fire detection services, including the latest in equipment advances and around-the-clock monitoring, for homeowners throughout the Northwest Suburbs. **AST** is personally in touch with securing your way of life. To learn more, call **1-847-540-9166** or visit **www.advancedsecuritytechnologies.com**.

Garden Club of Lake Zurich News

August Meeting

The August meeting of The Garden Club of Lake Zurich will be held Aug. 4, 7 p.m., at St. Matthew Lutheran Church on Old McHenry Road in Hawthorn Woods.

The program, "Animal Resistant Gardening," will be presented by Mel Zaloudek, a member of the horticulture faculty of Triton College. Guests are welcome.

The Garden Club of Lake Zurich is a member of both The Garden Club of Illinois and The National Garden Clubs.

For information, call 1-847-819-3490.

September Meeting

On Sept. 1 at 7 p.m., "The Gardeners' Gripe Book," a dramatic review in costume of the Abby Adams book, will be presented by Carolyn Stein Stillman.

Fall Plant Sale

The club presents its annual Fall Plant Sale on Saturday, Sept. 5, 8:30 a.m. to noon, at the Elia Library, 275 Mohawk Trail, Lake Zurich. The sale will feature locally grown perennials from members' own gardens and seasonal annuals. For information, call 1-847-487-1423.

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"A Night in South America"

Since 2001, Barrington-based Educate the Children Foundation has been hosting a taste of a different country or region every year. This year, it's "A Night in South America" on Friday, Oct. 2 at 6:30 p.m. These annual charitable events help support the education of children in impoverished countries.

Educate the Children Foundation will be celebrating the annual education of over 1,000 children in over 10 countries. Educate The Children helps build schools, purchase equipment, and subsidize the education of children in India, the Philippines, Vietnam, Uganda, Rwanda, Ethio-

pia, Cambodia, Benin and Bolivia—paying for the school fees of over 900 children on an ongoing basis. This year, children from the Dominican Republic have been added to the big list of Educate The Children's scholars. Details on the projects in each country can be reviewed at the www.educatechildren.org Web site.

Educate The Children needs items for their silent and live auctions and volunteers for the event or to tutor local children. To contribute, make a reservation, or for more information on how to help or contribute, visit www.educatechildren.org or call Marianna Zeidler at 1-847-726-9371.

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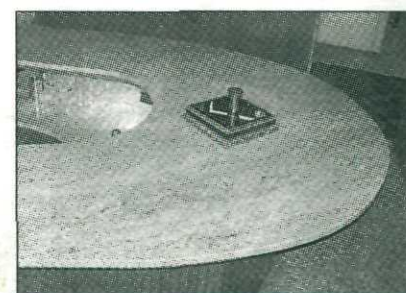
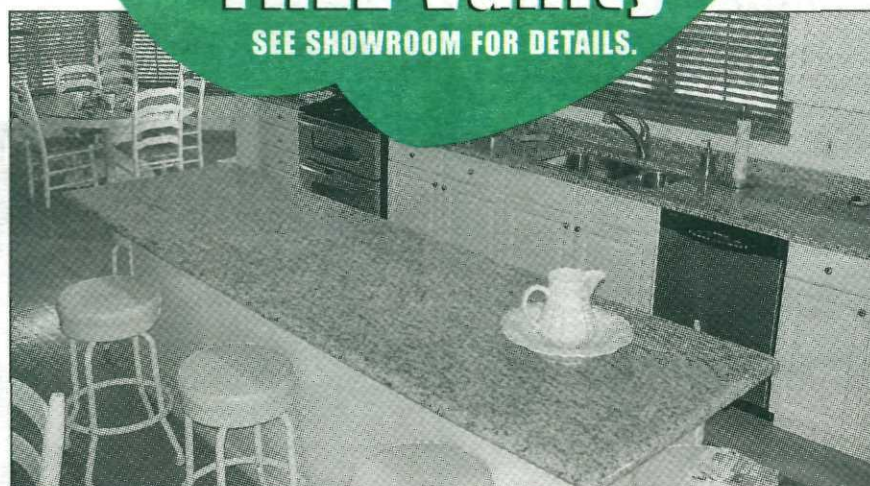
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