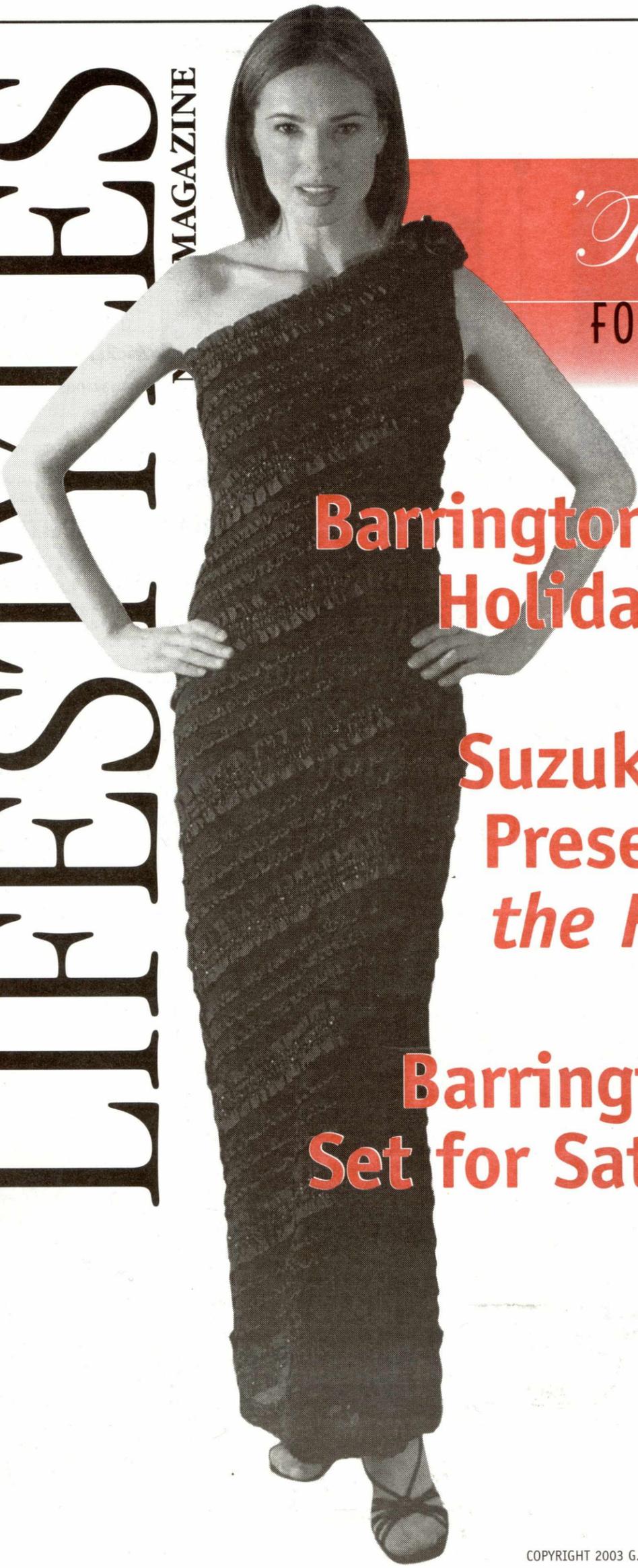


December 2003

barrington **LIFESTYLES**™
MAGAZINE



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FOR BEAUTIFUL GIFTING

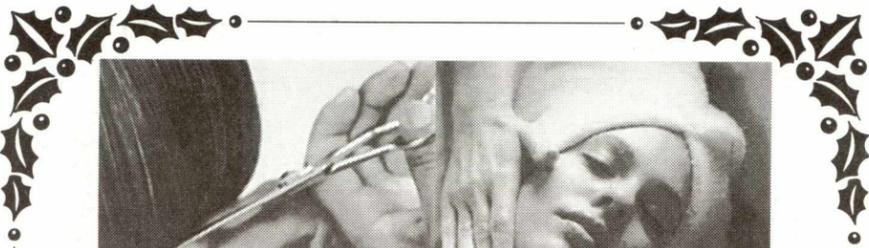
**Barrington Home for the
Holidays House Walk**

**Suzuki Music School
Presents *All Aboard
the Holiday Express***

**Barrington Giving Day
Set for Saturday, Dec. 20**

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NEWS MAGAZINE

Published by
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Glenn M. McMonigal, Editor
P.O. Box 293 Crystal Lake, IL 60039-0293
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Editor's Ink

December, 2003

Dear Reader,

If the saying "It is in the giving that we receive" is true, than Barrington is certainly receiving abundantly. Once again, the community at large is sponsoring Barrington Giving Day on Saturday, Dec. 20. Members of churches, schools, businesses and civic organizations are working together to give 250 needy families a merrier holiday. Food, warm coats, toys and gifts are being collected and financial donations given to help those less fortunate enjoy the season. If you wish to be part of this beautiful endeavor, please contact one of the committee people and they'll be happy to put you to work.

Many beautiful concerts will be presented during this holiday season. Among them will be the Suzuki Music School of Barrington in concert presenting *All Aboard the Holiday Express*. They invite you to climb aboard their imaginary train to faraway lands. The train will make stops in different countries around the world to celebrate the music and traditions of each culture's holidays. Two concerts will be presented.

At a loss as to how you want to decorate your home this Christmas? Why not attend Barrington Home for the Holidays House Walk to be held Friday, Dec. 5? Sponsored by the Barrington High School PTO After Prom Committee, the walk will be held in the Barrington area. Seven distinctly decorated homes will be on display. That should certainly present some great ideas for you.

This issue winds down the year 2003. One reflects back to this past year. As we celebrate the birth of Jesus, my personal happiness is reflected in the birth of two new grandchildren born this year, Aiden and Brenna, who join Shane. To me, 2003 has been wonderful indeed.

May the new year and the joyous season hold much happiness and good health for you and yours.

With warm regards,
Glenn McMonigal
Editor, *Lifestyles Magazines*

About Our Cover

From Ildi Marshall's I.M. Couture division comes a one-shoulder long sheath in glitter ribbon on netting (poly/spandex). Sizes 4 to 14. Retail \$550.



Barrington Home for the Holidays House Walk to be Held Friday, Dec. 5

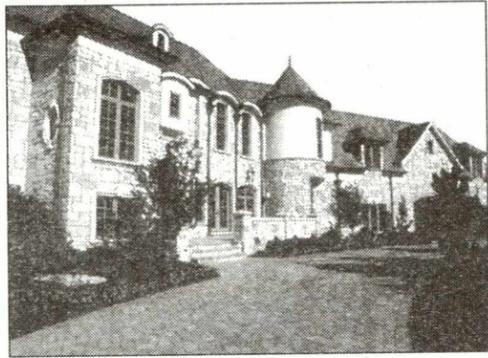
The Barrington Home for the Holidays House Walk, sponsored by the Barrington High School PTO After Prom Committee, will be held on Friday, Dec. 5, from 10 a.m. to 6 p.m. in the greater Barrington area.

Seven distinctively decorated homes will be on display. Among the homes will be Le Chateau a La Champagne-French Country Luxury by Vintage, Inc., in the exclusive Hidden Lakes; Una Bella Vista-Romantic Italian Villa, circa 1893 home in the heart of Barrington; Fox Point waterfront; an artist's home near the river; a New England farmhouse; and two new residences in The Garlands.

A delectable buffet of chicken Caesar salad, soup, dessert and beverages will be available the day of the house walk at The Garlands and will be served from 11 a.m. to 2 p.m. (Tickets are limited.) Along with lunch, The Garlands will host a holiday boutique offering the best of local merchants and crafters from 10 a.m. to 4 p.m.

The Barrington High School PTO After Prom Committee was created several years ago by the Barrington PTO to offer students who attend from an alternative to unsupervised and/or potentially unsafe activities after prom.

Tickets in advance for this event are



The French Country Luxury home at 10 Brooke Lane in Hidden Lakes in South Barrington is one of the seven homes to be featured in the Barrington Home for the Holidays House Walk, sponsored by Barrington High School PTO After Prom Committee, on Friday, Dec. 5. This new home was built by Vintage, Inc.

\$20 for the house walk or \$40 for the house walk and luncheon. The day of the house walk, tickets will be \$25 for the walk itself; luncheon tickets are limited. Tickets will be available at area merchants. Call Donna Penyak at 1-847-382-2927 for a list of locations. Or mail your ticket order with check payable to BHS PTO After Prom Committee to: Donna Penyak, 25 Wescott Dr., South Barrington, IL, 60010.

Additional information is available on the BHS PTO Web site at bhspto.org.

Barrington Giving Day Saturday, Dec. 20

Each December, the Barrington community invites local disadvantaged families to Giving Day to receive food, clothes and gifts.

The members of our churches, schools, and many business and civic organizations have always been generous in their support of this day, which last year served nearly 250 families. Barrington citizens always work hard to bring joy to others at this special time of year.

There are many ways for you to get involved as an individual or as part of a group. Please read the following details and find a place where your time, talents and treasures will fit. We have been part of many community service projects, but know of no better one than this. Besides, it's lots of fun! May God bless us all in this undertaking of love.

Drop Off Location for Donations

This year, all food, warm coats, toys and gifts will be collected at St. Paul's Church, 401 East Main St., at the rear door. A volunteer will be there on Monday, Tuesday, Wednesday and Thursday, Dec. 15 to 18, from 9:00 a.m. to 6:00 p.m. to receive contributions. Toys and gifts will also be collected at the Barrington Ice House Mall, Rick's Pet Shop, Chuck Hines, Baird and Warner in The Foundry, and Coldwell Banker at 330 E. Main St.

Donate Food

All nonperishable food items are welcome. Food will be received and sorted at St. Paul's United Church of Christ as noted. All deliveries should be received by Dec. 18 to allow time for sorting and boxing.

Please call Corina Robles, 1-847-382-9050, to make arrangements for large deliveries.

Donate Toys and Gifts for Children Up to 18 Years of Age

New or like-new toys and gifts are always in short supply. We try to have one gift for each child in the family. Special donations include sports items (all kinds of balls, bats, hockey sticks, etc.), dolls, watches and items for older children. Gifts should not be wrapped.

Donate Warm Coats

Because of space limitations at the church and at the school, only warm coats, gloves and hats will be received and distributed for Giving Day. *No other clothing, furniture or household items will be accepted!*

Volunteers are Needed

- Dec. 8 to 18, 9:00 a.m. to 5:00 p.m., picking up toys and gifts around the village
 - Dec. 15 to 18, 9:00 a.m. to 6:00 p.m., sorting and boxing food and coats at St. Paul's Church
 - Dec. 19, 3:30 p.m., unloading and organizing at Station School
 - Dec. 20, 8:00 a.m. to noon, helping with distribution at Station School
- People fluent in Spanish are especially needed on Dec. 20.

Make a Financial Donation

Financial gifts are used to purchase large quantities of food and essentials, such as laundry soap, bar soap, toilet tissue, etc., and grocery store food certificates. Last year, over \$7,000 was spent on these items. Checks may be made payable to Barrington Church Women United Social

"Dall' Italia con Amore" to Raise Funds for Community Outreach Programs



Members of the St. Anne's Catholic Community

St. Anne's Annual Gala for 2004 will be held at Stonegate Conference and Banquet Center, 2401 West Higgins Road, Hoffman Estates, on Valentine's Day, Feb. 14, 2004.

This black-tie-optional fund-raiser will raise funds for St. Anne's Catholic Community, a leading supporter of community outreach programs in the Northwest Suburbs, in Barrington.

This year's theme, "Dall' Italia con

Amore," reflects the spirit of the event. There will be spectacular decorations, an exciting silent auction, a dynamic live auction, delicate fare, Italian wines and world-class music by the Stanley Paul Orchestra.

So be sure to attend this fun event and help a great cause! For more information or to make a donation, please call Kendra DiMucci at 1-847-921-5731.

DAR to Celebrate Christmas with English Tea

Signal Hill Daughters of the American Revolution will celebrate the Christmas season with an English Tea on Tuesday, Dec. 16, from 1 to 4 p.m. The gathering will be in the Roycroft Room at The Garlands of Barrington, 1000 Garlands Lane (off of Northwest Highway, Route 14) in Barrington. The cost is \$20 and reservations must be made by Dec 12. Checks should be made out to Signal Hill Chapter NSDAR and mailed to chapter treasurer Flo Babos, 9154 Tiffany Lane, Fox River Grove, IL, 60021-1351. Members and prospective members are invited to attend.

Please contact Phyllis Garner, 1-847-342-

2194, if you need a ride, wish to share your car, or if you need more information or directions.

To be eligible for membership, a woman must be no less than 18 years of age and able to prove her lineage to an ancestor who aided in the cause of the American Independence through military, civil or patriotic service. We are eager to help prospective members trace their ancestry. Lineage workshops are held and private assistance may also arranged by contacting Billie Owens, 1-847-381-5785 or Jeanne Tierney, 1-847-438-5289.



Ministries and sent to: Mary Anderson, 126 Hidden Oaks Drive, Barrington, IL, 60010.

Advanced Thanks to Some of Our Fantastic Supporters

We run the risk of omission, but we must thank some of you for extra support over many years: the retailers of the Barrington area; Barrington Junior Women's Club; many of our schools and especially the middle schools; many groups from the high school and especially the wrestling teams; Community Connections; Occupational Studies; Spanish Club; National Honor Society; Student Council; Good Shepherd Hospital; Boy Scouts and Girl Scouts; Quaker Oats; our local churches; Barrington Jewel-Osco; Cuba and Barrington townships; the Barrington police, paramedics and fire department; school nurses; Lions and Kiwanis and Rotary

clubs; Greencastle; Wickstrom Ford Lincoln Mercury; and lots and lots of individuals and many civic and social organizations.

You make it happen!

Giving Day Committee

- Junior Women's Club—Tami Kopp, 1-847-842-1757, and Annette Slingo, 1-847-382-4836
- Barrington Lions Club—Don Graffam, 1-847-526-1061, and Ronald Brandt, 1-847-381-1993
- Church Women United—Betty Reed, 1-847-381-1529, Corina Robles, 1-847-382-9050
- Salvation Army—Jeanette Muench, 815-444-1622, and Martha Rush, 1-847-381-1541
- Mel Ostrander, 1-847-382-8439
- Bruce Dockery, 1-847-381-2016

Happy Holidays from Little Munchkins



Bring this ad to Little Munchkins to Receive 20% off your total purchase of \$100 or more.

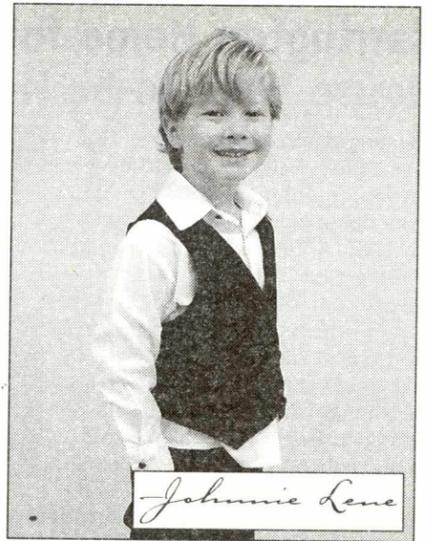
Offer expires 12/23/03. Not valid with any other promotions.

847-381-3960 • 141 S. NW Hwy., Barrington • www.littlemunchkinsinc.biz

Little Munchkins Holiday Sale, Saturday, Dec. 6

Little Munchkins has the perfect holiday attire for your little ones! It's not too late to buy coordinating special occasion attire for boys and girls up to size 6x/7. Shop on **Saturday, Dec. 6**, and receive **20% off** your total purchase of \$100 or more. (Not valid with any other promotions.)

Little Munchkins offers extended shopping hours on Thursdays until 7 p.m., and on Sunday, Dec. 7 and 14, from noon to 4 p.m. Our normal business hours are Monday through Saturday, 10 a.m. to 5 p.m. Call **1-847-381-3960** for more information.



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Judy Baar Topinka Keynotes BAPW Annual Fund-Raiser

On Feb. 7, 2004, State Treasurer Judy Baar Topinka will be the keynote speaker at the Barrington Area Professional Women's Foundation dinner. The foundation will also honor a "Woman of the Year" who has contributed significantly in the workplace or in service to her community. This year, the annual benefit dinner will be at The Garlands of Barrington. The evening will also include entertainment and an art show, co-sponsored by the Barrington Area Arts Council. The art will be available for purchase and on exhibit at The Garlands from 2 to 6 p.m. Dinner and entertainment will immediately follow.

Proceeds from the art show and dinner events are used to award annual scholarships to adult women returning to college. These scholarships have enabled women to resume their education in order to prepare for new professions or to re-enter the workforce. This year, the foundation awarded two scholarships to area women. In the past, the foundation has awarded scholarships to as many as seven.

Tickets for the event can be obtained from BAPW Charitable Foundation at PO Box 322, Barrington, IL, 60011. Cost is \$75 per person.

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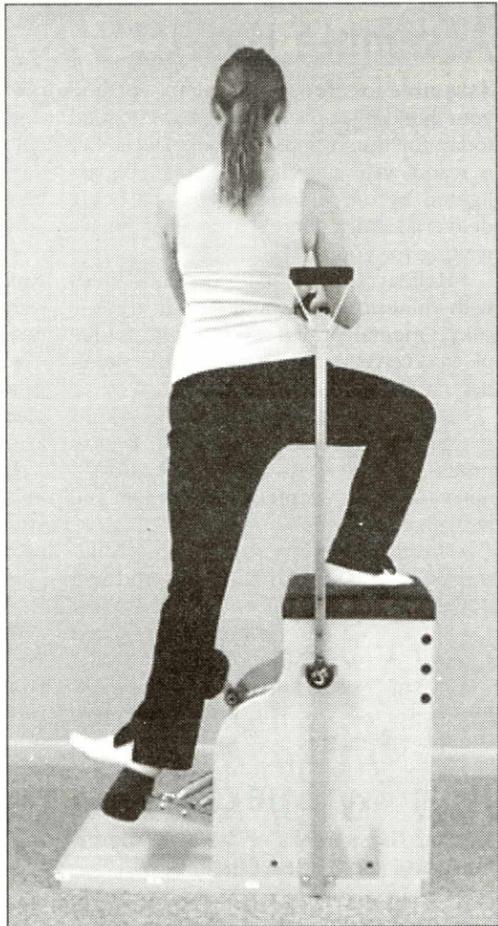
Studio Pilates Shapes Mind and Body

There's a whole lot of stretching going on at **Studio Pilates Centre of Balance**, the refreshing mind-body exercise studio that uses principles based on the techniques developed by legendary fitness trainer Joseph Pilates in the 1920s. Different from any other exercise program, Pilates is a safe, sensible system that helps you look and feel your very best, no matter what your age or fitness level.

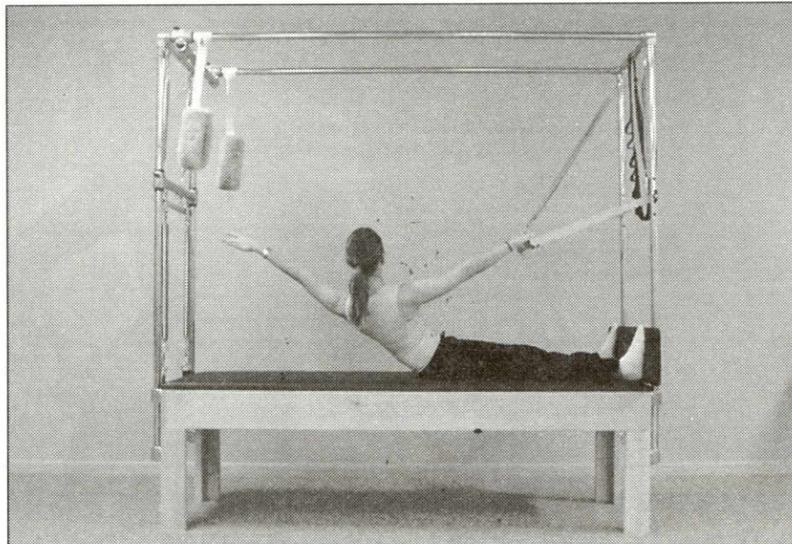
Private sessions as well as group equipment and mat classes are offered at **Studio Pilates** under the direction of an experienced staff who helps you focus on building strength without "bulking up"; increasing flexibility and agility; developing optimal core control; creating flat abdominals, slender thighs and a strong back, and promises a refreshing mind-body workout. No other exercise system is so gentle to your body while giving it a challenging workout. Many of the exercises are performed in reclining or sitting positions, and most are low impact and partially weight bearing. Yoga classes are also available.

Studio Pilates offers a convenient, warm, relaxing environment designed to maximize your Pilates experience. Holiday gift certificates are available.

Studio Pilates is located in downtown Crystal Lake at 46 Brink Street. Phone 815-455-4900. Visit online at www.studiopilates.net.

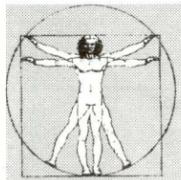


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"It is the mind itself which builds the body."

—Joseph Pilates



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The Art of Giving is Aglow at Gallery



Stroll in the Garden
by Pino

The holidays are always an exciting time at **Woodland Art Gallery and Frame Shoppe**. Owner and master framer Scott Teasdale and his staff are like Santa's little elves in the workroom, making all your custom framing dreams come true. While in the gallery the walls are decked with works of art by some of the world's most collectable artists—matted and framed and ready to hang for the holidays or present to someone special for a gift that will be cherished for a lifetime.

Woodland Art Gallery's large collection of limited edition prints, serigraphs, and giclees includes many sold out works such as Robert Bateman's *Red Squirrel* from 1982. Purchase any Robert Bateman limited edition print now through Christmas and receive a signed Robert Bateman art book as a free gift, while quantities last. In addition, purchase a work by Terry Redlin and receive an art book by the artist as a bonus.

Other featured artists at the gallery in-

clude Greg Olsen, Thomas Kinkade, Jim Daley, Owen Gromme, John Seerey-Lester, Nita Engle, Jeanne Bonine, Bev Doolittle, Terry Redlin, Carl Brenders, Don Hatfield, Dean Morrissey, Terry Issac, Peter Ellenshaw, David Maass, David Armstrong, Bradley J. Parrish, Arleta Pech, Michael Young, and Chet Reneson. Repligraphs by Van Gogh, Monet, Rembrandt, Cezanne, DaVinci, Remington and other masters are also available.

Lotton Studios art glass vases, perfume bottles and paper weights are featured at **Woodland Art Gallery** too. These highly collectable signed and dated works, magnificently colored and world-famous for their distinctive style, are a natural complement to the gallery's limited edition prints, serigraphs and giclees.

Located at 71-B East Woodstock Street in downtown Crystal Lake, **Woodland Art Gallery** is open Monday through Friday, 9 a.m. to 5 p.m., and Saturday, 9 a.m. to 3 p.m. Phone 815-459-0460.

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- Resort Tops: handkerchief silks—knits with illusion necks—whimsical cotton prints—piping—crisscross... polka dots—hearts—stripes—confectionery colors and rejuvenating brites

- Holiday Pants: velvets with rhinestones—chiffons with sexy slits and soft ruffles...

- Resort Pants: microfiber cargos—laced sides—cuffed crops—shorts too!

- Holiday Skirts: carwash—silks, chiffons, velvets—gored—handkerchief hems—minis and more

- Resort Skirts: pleated minis with polka dot ribbons—polka dot chiffons—bright colors—with plenty of whimsical touches!

- Holiday Denims: velvet flocked on black denim in burgundys—chocolates—animal prints!

- Cruise Denims: pink and pistachio washes—appliques—embroideries—our jeans, as always, unique, wearable, "dressedy casual"—for you!

- Accessories: always one of a kind and now including Mary Frances purses—too much and too unusual to describe—you know this!

Assemblé for Her lets your personality shine through, and we love helping you do it! We will always endeavor to provide our one-of-a-kind customers with one-of-a-kind clothing. See ya soon!

PS. Join us for our Open House on Wednesday, Dec. 10, and Thursday, Dec. 11, from 10 a.m. to 8 p.m. We'll have door prizes, gifts and refreshments!

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Protecting Your Legal Rights— Illinois Enacts Equal Pay Act

by Joette S. Doran, J.D.

This summer, the State of Illinois enacted the Illinois Equal Pay Act of 2003 (IEPA). The act is virtually identical to the provisions found in the Federal Equal Employment Pay Act (EPA), which makes it illegal to pay a member of one gender different wages than those paid to a member of the opposite sex for the same or similar work on jobs which require equal skill, effort and responsibilities. Under the Illinois act, any action to collect wages must be brought within three years of the underpayment. Under the EPA, a legal complaint must be filed within two years



(or three years in the case of willful violations) of the alleged sex-based under-

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Give a gift that lasts a lifetime. Let us increase the **self-esteem, self-confidence** and **ability to focus** of both you and your child. Call today and schedule an appointment for a **free trial class**. See why Barrington area parents love our award-winning program.

We offer a **professional school, master instructors** and an **environment for teaching** children and adults. We offer separate classes for beginners, advanced students and Black Belt students. We offer a ratio of **one instructor for every seven students** and an age-specific curriculum. For eight years, we are the only school in Barrington licensed and certified to teach in the area. We also

offer special classes to increase leadership ability and communication skills.

Call today, **1-847-382-9599**, for a free beginner's trial class.

Testimonial

"We were in another local tae kwon do program but my son wasn't enjoying his classes or the instructor. We just weren't getting any value out of that program. But at Barrington Martial Arts, my son enjoys his classes and loves all of his instructors. His self-esteem has gone through the roof. He's a different child now. But what's more important, I can see he's actually learning, and I don't feel as though I'm throwing our family's money away."

—Barrington area mother

Tri-Delta Christmas Meeting

day, Dec. 9, 7 p.m.

The Chicago Northwest Suburban Alumnae Chapter of Delta Delta Delta will celebrate their Christmas meeting at the home of Deb Borgeson in Long Grove on Tues-

Bring a dish for the potluck dinner and a white elephant gift to exchange.

Call Genny Ellefson, 1-847-381-5228, for more information and directions.

payment.

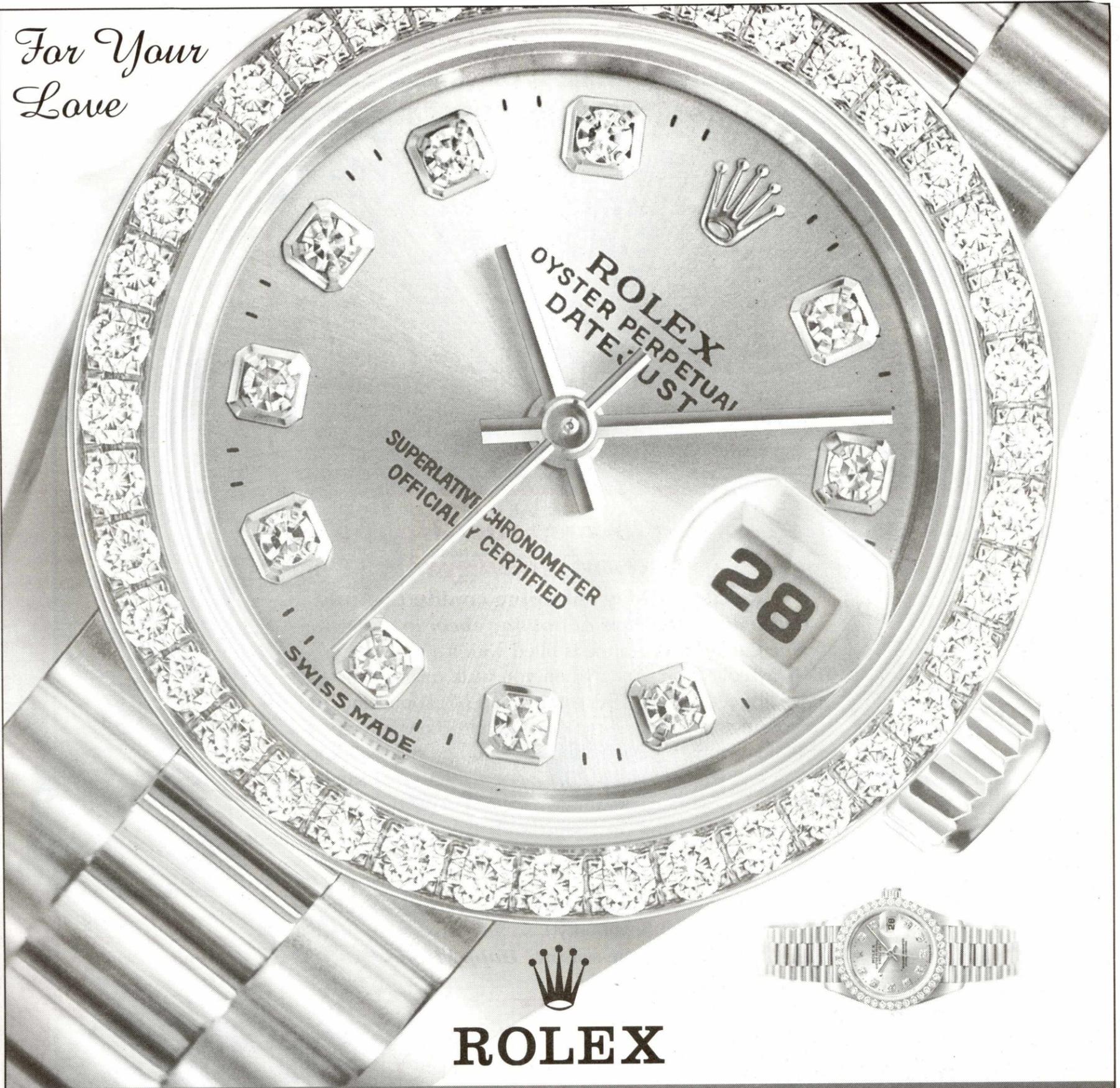
The Illinois act also contains a provision that protects employees from discrimination and retaliation. For instance, an employer may not discharge or discriminate against an employee for pursuing rights under the act. An employee may file an action against an employer with the Illinois Department of Labor or file a civil action to recover the amount of underpayment, interest, costs and attorney's fees. Legal remedies for violations of the EPA include back pay in the amount of the total lost earnings in terms of the earnings the employee would have received had the act not been violated. However, because violations of the EPA and the IEPA may also involve a violation of Title VII, based on gender discrimination, a charge should also be filed with a state or federal administrative agency in accordance with strict time limitations. Under Title

VII, potential damages include lost wages, punitive damages and damages for emotional distress as well as costs of suit and attorney's fees. As such, if you are being subjected to unequal payment due to gender discrimination in the workplace, you are well advised to review the facts and circumstances surrounding the situation with legal counsel. For further information, please visit our Web site at www.joettedoran.com.

This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own situation.

Ms. Doran is licensed in Illinois and all Illinois federal courts and is a member of the Federal Trial Bar. She is the past-chairperson of the Employment Law Committee for the Northwest Suburban Bar Association and is the past-president of Barrington Area Professional Women.

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Tis' the Season & We're Jolly!



Christopher Radko



Barrington's very own Christopher Radko snowman!



nambé 2003
"Silent Night" crystal and cross ornaments

Looking to keep the "Happy" in your Holidays?

Who said holiday shopping couldn't be fun? Celebrating 10 years of holiday cheer in Barrington, The Canterbury Shoppe is filled with it's most fantastic holiday collection ever! When you walk through the door, we'll greet you with a steaming cup of cappuccino and a gourmet sampling of the day! (Mary Jo has a recipe for a holiday shrimp ceviche and jeweled brie that will knock your socks off!) Inside you'll find thousands of glistening ornaments, candles, cheery snowmen, Santas, angels and hostess gifts! Looking for Christopher Radko, Nambé, Peggy Karr, Laurie Gates and Vietri? We have collections and holiday table ideas that you will not find anywhere else! And the best part? We giftwrap for free (and beautifully!), so you have more time to celebrate the season! **Happy Holidays!**



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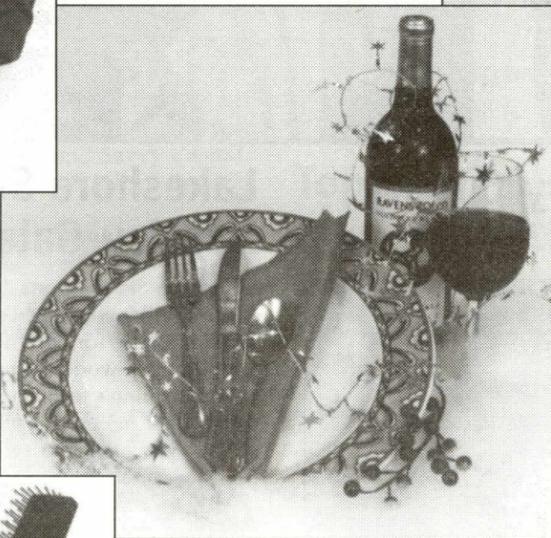
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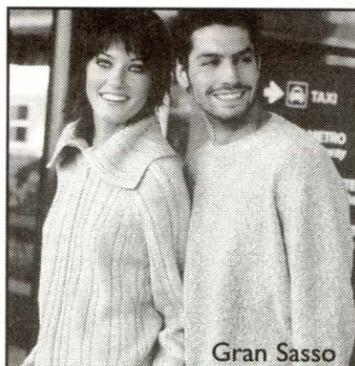


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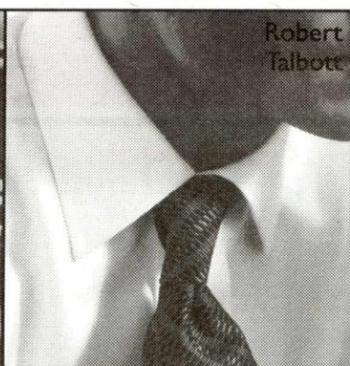
Merchandise shown may be in limited
quantity and is an indication of the quality
and selection at Ice House Mall.



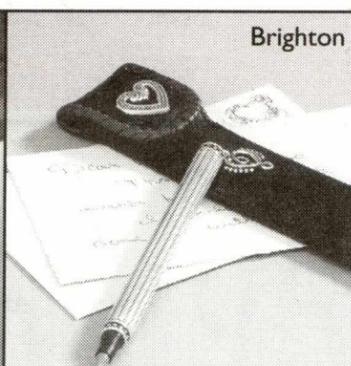
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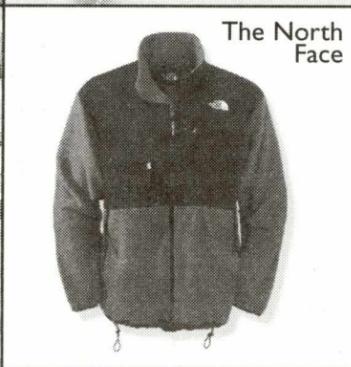
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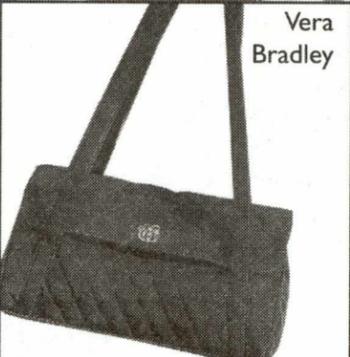
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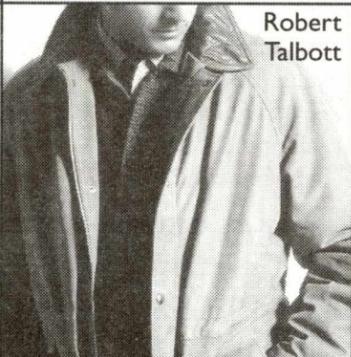
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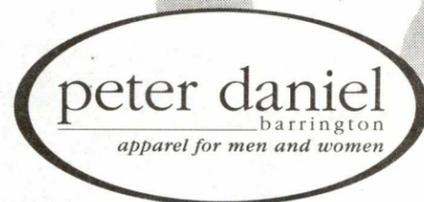
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Phyllis Schlafly Visits McHenry County to Speak Against ERA

The Second Annual Liberty of Life Dinner sponsored by the Pro-Life Victory PAC of McHenry County was held Sunday, November 2, 2003 at Boulder Ridge Country Club, Lake in the Hills, IL. This dinner is a fund raiser for the PAC. Funds are used to promote pro-life candidates. It was a tremendous success.

Phyllis Schlafly, President of Eagle Forum (www.eagleforum.org), the featured guest speaker, gave a riveting speech against passage of the Equal Rights Amendment (ERA). Mrs. Schlafly has been a national leader of the conservative movement since 1964 and has been a leader of the pro-family movement since 1972, when she started her national volunteer organization, now called Eagle Forum. The ERA may be considered for a vote in the Illinois Senate this week during the fall veto session. The ERA has already passed the Illinois House. Mrs. Schlafly reminded us that ERA has nothing to do with authentic women's rights, and our Constitution already contains gender neutral wording to protect women's rights under the law. She began her speech by stating, "In ten years of debate, ERA advocates were never able to show that it would give any benefit to women. ERA doesn't even mention women—the word used in ERA is "sex." The U.S. Constitution is completely sex-neutral; it uses only sex-neutral words such as "we the people," "citizen," "person," "resident," "Senator," "Representative."



Irene Napier, President of Right to Life of McHenry County with Phyllis Schlafly, President of Eagle Forum

The passage of the ERA will victimize women and children by transferring state law to the federal government. The following is just a few of the negative effects if this law passes: 1) Invalidate state laws that require a husband to support his wife, while women will become equally liable for their husband's debts. 2) Wipe out the presumption of alimony or child support for divorced women. 3) Force women to register for the military draft and be equally assigned to all combat positions in the military. 4) Take away the rights of widows to receive Social Security benefits based on their husband's earnings. 5) Write abortion rights into the constitution forcing tax payer funded abortions (which the majority of Americans oppose). 6) Force all organizations to be fully coeducational and sex-integrated. Think Title IX mischief. 7) Prevent insurance companies from charging lower rates to women, even

Lakeshore Ski & Sports Club's Holiday Gala

Lakeshore Ski & Sports Club will host its annual holiday dinner dance gala at the Ramada Plaza, formerly the Radisson Hotel, in Lincolnwood on Friday, Dec. 12.

The evening's festivities will begin with cocktails at 6:30 p.m. followed by dinner at 7:30 p.m. Dancing will begin at 9:00 p.m.

All who are interested are cordially in-

vited to join the club's members to kick off the holiday season. Cost is \$48 per person. (There will be a cash bar. Black tie optional.)

For more information and to place reservations, call 708-786-3992 or visit their Web site at www.lssc.org. Advanced reservations are required by Dec. 9, 2003.



though actuarial data proves that women, as a group, are entitled to lower auto and life insurance rates. 8) ERA would legalize same-sex marriages. Needless to say, Mrs. Schlafly received a standing ovation.

Again this year, there was an impressive list of attendees. Most notable was the presence of the local politicians whose decisions will have the greatest effect on us, the residents of McHenry County. In attendance were: Mike Tryon, Chairman of the McHenry County Board and candidate for the Illinois House of Representatives in the 64th District; Perry Moy, McHenry County Board member and candidate for the Illinois House of Representatives in the 63rd District; Lou Bianchi, candidate for the McHenry County State's Attorney; and Pam Althoff, State Senator of the 32nd District, as well as many other McHenry County Board Members. Also in attendance were U.S. Senate Candidates,

Andy McKenna, Jim Oberweis and a representative for Jack Ryan. Former Illinois State Representative, Penny Pullen, who is the new president of Eagle Forum for the State of Illinois was also in attendance.

Pro-Life Victory Political Action Committee (PAC), www.prolifevictory.com, is an arm of the organization, Right To Life of McHenry County. It is affiliated with both the Illinois State and the National Right to Life organizations. The PAC is dedicated to the election of qualified pro-life candidates to public office at the local, state, and national levels. The officers of the PAC are Joseph Wheeler—Chairman; Clare Narusis—Vice Chairman and Secretary; and Gwen Salvi—Treasurer. Our address is Pro-Life Victory PAC, PO Box 728, McHenry, IL 60051. If you have any questions, please contact Clare Narusis at 815-334-0450.



Tootsies Expands!

Due to five years of growth in Barrington and to its success in the Ice House Mall, **Young Tootsies** is born.

Young Tootsies specializes exclusively in children's footwear and accessories. It is located next door to **Tootsies**, which is now a women's specialty store for foot-

wear and accessories. This will enable both stores to specialize in and grow their business by offering an expanded assortment of merchandise and service.

Happy Holidays from all of us at **Tootsies!**

'Tis a Very Savvy Season...

...and this is the year to create your very own wonderful style at **Savvy Spirit** and **Savvy Casual**.

Anything goes! Imagine wearing what you look and feel best in and being totally updated. That's right. Everything is in style: short skirts, long skirts, mid-calf and uneven hemlines; pegged pants, straight-leg pants, cargo pants. The romantic look is in with luscious laces and ruffles as is the military look with belts and pockets in suedes and leathers.

We would love to help you with your special style because that's what we do best!

Don't forget to pair your jeans up with everything from T-shirts to velvets, laces and sequins. Very chic. We carry French Dressing, Dylan and Empathy jeans. There is something for everyone. "To die for fabrics" and rich colors fill the shelves and, as always, we are happy to special order when possible.

"Chandelier" is the accessory word for the season. Big earrings—the bigger the better—are arriving in many colors and styles. They are a must for the holidays as



are our specialty purses and scarves.

Whether you are shopping for yourself or for holiday gifts, we hope you will think of **Savvy Spirit** and **Savvy Casual**.

May your holidays be full of joy and happiness!

—Your Friends at **Savvy Spirit** and **Savvy Casual**, Rosemary and Linda

District 220 Educational Foundation Elects Officers and Trustees

The District 220 Educational Foundation elected officers and two new trustees to the board of directors at its annual meeting in October 2003.

The mission of the foundation is to acquire and distribute resources in support of Barrington Community Unit School District 220 for programs and projects aimed at enhancing, enriching and supplementing learning opportunities for students, staff and community.

The new trustees are Donald R. Thompson and Mimi Noyes Burke. Don Thompson's own kindergarten through 12th-grade education was in Barrington schools. He taught at Sunny Hill and Countryside elementary schools before becoming vice principal and then principal at the middle school level, including eight years at Barrington Middle School-Prairie Campus. He retired after 34 years of professional dedication to District 220 students. He has also served as past president of the Barrington Education Association, St. Matthew Lutheran Church and Barrington Lions' Club, and was a recipient of Barrington Courier's Community Service Award.

Mimi Noyes Burke graduated from Barrington High School in 1978. She and her



(From left) Joanne Bradley, Don Thompson and Mimi Noyes Burke

husband, Lorne, have children at Countryside School, Barrington Middle School-Prairie Campus and Barrington High School. Mimi works in the community as a real estate agent and is an active member of the Countryside School PTO, Barrington Junior Women's Club, Junior League of Chicago and the Michael Joseph's Foundation.

Joanne Bradley, a foundation trustee since 2001, was elected vice chair of resource development. Other officers include Susan McGrath, chair; Penny Kazmier, vice chair of programs; Richard Lamkey, secretary; and Joseph Connelly,

Tootsies
Women's Shoes and Accessories

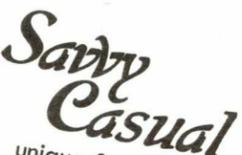


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Topinka Tells Governor "Put Away the Credit Card" Illinois Budget Continues to Unravel

Sighting his intention to borrow an additional \$1 billion, Illinois State Treasurer Judy Baar Topinka has once again urged the governor to put a lid on spending and make the tough choices necessary to put our fiscal house in order.

"These desperate actions clearly point to a budget coming apart at the seams," said Topinka.

According to documentation from the Office of Management and Budget, the governor's office is proposing the issuance of nearly \$1 billion in general obligation bonds.

"Traditionally, bonding has been for capital improvements and infrastructure needs," said Topinka. "The governor's bonding plan reflects dangerous trends toward pushing off today's debt on tomorrow's taxpayers."

A part of the bonding will be used to refund nearly \$300 million in existing bonds to enable the state to make fewer

payments in 2004. The refunding pushes out maturities of the refunded bonds into the future to provide short-term budgetary relief.

"This method of borrowing is extremely backloaded with only a fraction of the debt being paid back over the next 10 years," said Topinka. "It's disturbing to see that our children and our grandchildren will be saddled with this debt for generations to come."

"I agreed to borrow \$1.5 billion last spring, based on assurance that we would not continue this cycle. It now appears that the governor plans to borrow, in part, to cover the payments of the last borrowing cycle."

"I am sure that in the short term, this additional borrowing will help to fill the gaping holes in our current budget. But in the long run, it causes great damage to the fiscal health of our state."



treasurer.

Retiring from the board of directors are Philip Bash and John Koten. Bash, a founding member of the 220 foundation five years ago, has given years of vision for Barrington area community planning through various organizations, including

BADC, Hospice and the Barrington Village Board. Koten, elected to the 220 Foundation Board in 1999, brought invaluable expertise and corporate resource planning from his roles as President of the Ameritech Foundation and participation in state-wide initiatives for public education.

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Shari's has accessories too! Entice yourself with hats, headbands, gloves, scarves, capes and key chains.

Shari's Furs, Leathers & Shearlings is located at 22 South Evergreen in downtown Arlington Heights. Gift wrapping and gift certificates always available. For additional information, call 1-847-255-1300.



Christmas Calls for Seniors

On Saturday, Dec. 13, Merrill Lynch will open their Barrington office to area seniors from 9 a.m. to noon so they may use phones to make calls to family and friends anywhere in the world. Seniors will be allowed to make as many phone calls as they would like during their one-hour time slot. Merrill Lynch employees

and their families will assist the seniors as needed. Refreshments will be served and gifts distributed to participating seniors.

Space is limited to 25 seniors per hour, so please call the Barrington Area Council on Aging, Inc., at 1-847-381-5030 to reserve your space as soon as possible.

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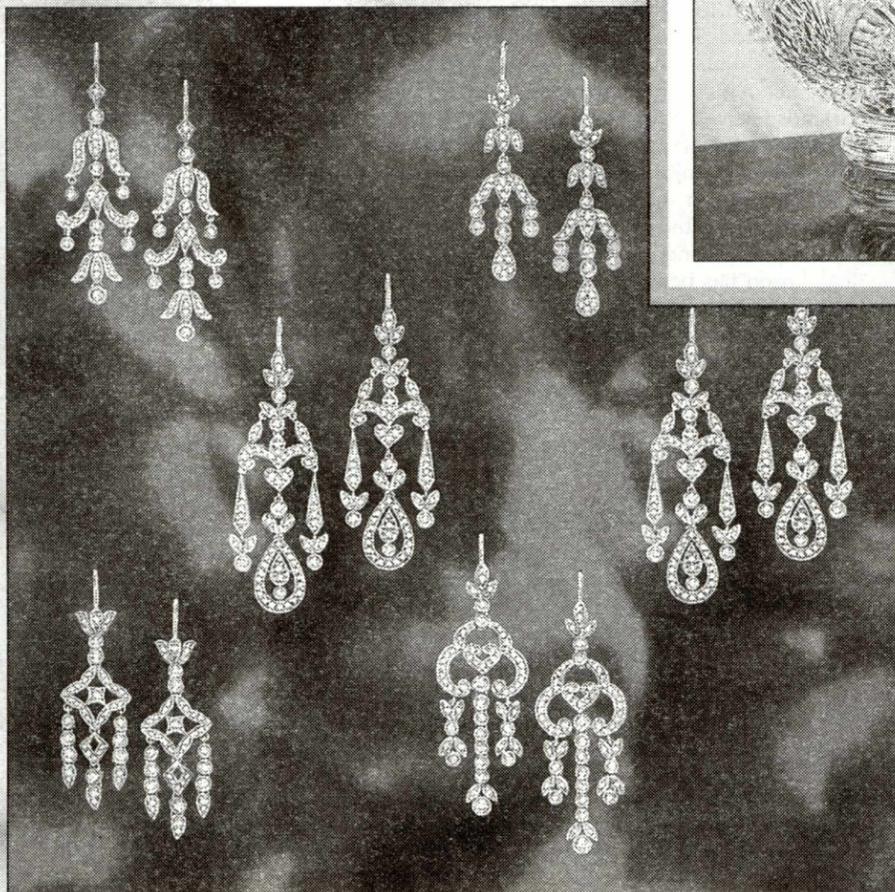
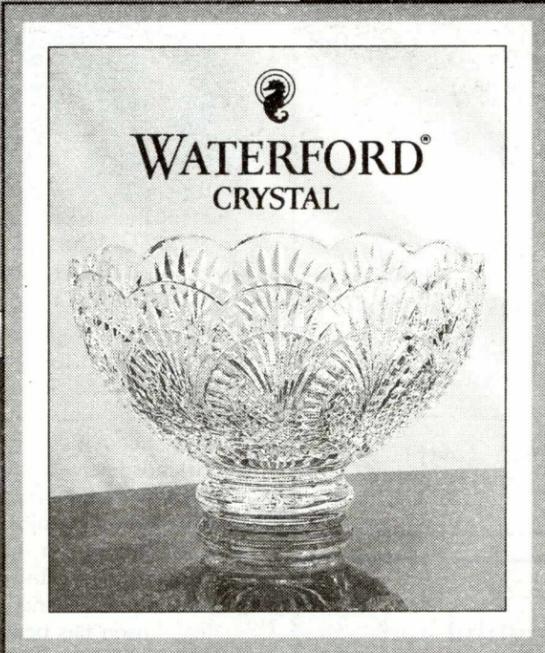
Saga by Vassil Petrov

Remember to treat yourself with a spa pedicure that includes the use of aromatherapy oils with good-enough-to-eat flavors. Enjoy anything from strawberry and chocolate to tropical piña colada. Don't forget to pamper your hands! We will make them silky and smooth with our exfoliating mask.

Don't miss out on Elegance Salon & Spa's first annual fund-raiser! Exquisitely

painted European artwork and custom-made furs of unique European design will be on display for sale. Profits will benefit Good Shepherd Hospital in Barrington and Alliance Progress nonprofit organization. The fund-raiser will take place on

Monday, Dec. 8, 4 to 8 p.m.
Elegance Salon & Spa is located north of Route 22 in Lakeview Plaza in Lake Zurich. 1-847-540-9943.



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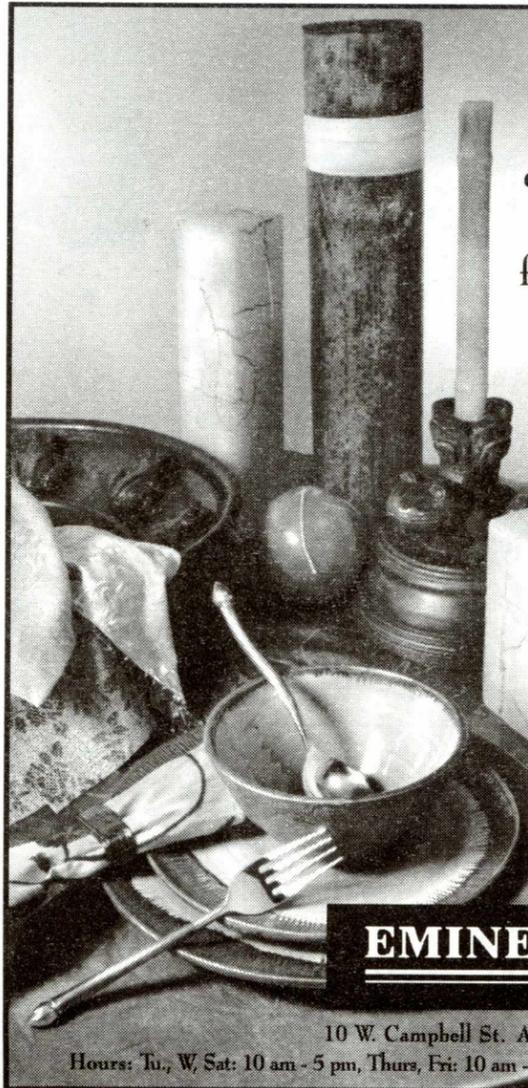


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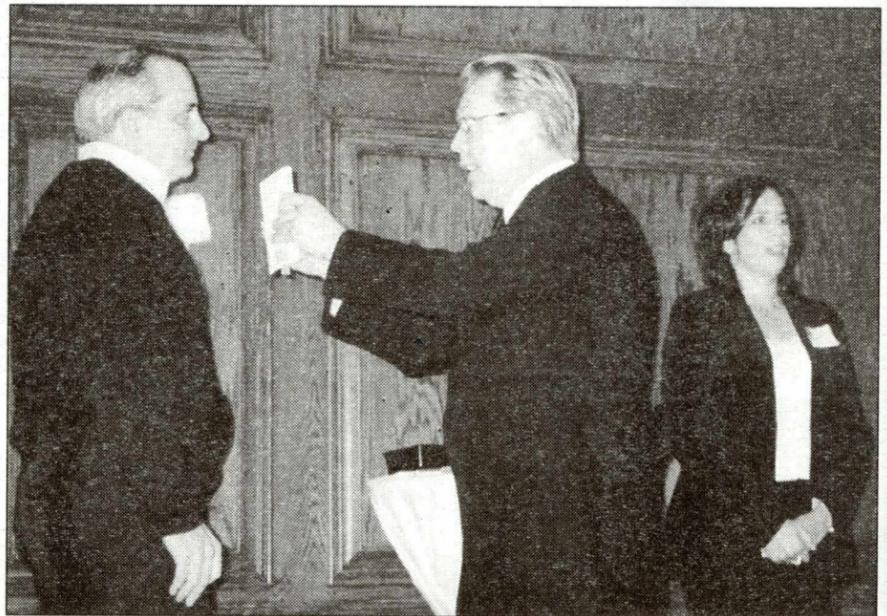
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Barrington Chapter of Infant Welfare Society of Chicago Hosts Evening with Psychic Entertainer Ross Johnson



Ross Johnson, psychic entertainer (center), performs for members of the Infant Welfare Society of Chicago and their guests.

On Friday, Oct. 26, the Barrington Chapter of the Infant Welfare Society of Chicago hosted a kickoff to its annual gala event, 'Movin' and Groovin' to the Sounds of the '70s, to be held on May 7, 2004.

Approximately 100 members, spouses and friends festively dressed in black and white; gathered at Maggiano's Little Italy in Schaumburg to enjoy an Italian, family-style dinner; bid on themed gift baskets; and enjoyed psychic entertainer Ross Johnson's performance.

Mr. Johnson has been hailed as one of the most gifted psychic performers of our time and was unanimously voted as the world's top entertainer in the areas of the psychic and arcane by the International Psychic Entertainers Association. The highlight of the evening's performance by Mr. Johnson included his envelope demonstration. Guests were asked to place questions and messages in sealed envelopes.

Then, with his eyes closed, Mr. Johnson accurately answered the questions and returned the unopened envelopes to their owners. The audience was astonished with the accuracy of Mr. Johnson's predictions.

Infant Welfare Society of Chicago has provided medical, dental and psychological care for families of the working poor in and around Chicago since 1911. If anyone is interested in becoming involved with IWS, the Barrington Chapter welcomes new members. Special dates to note for those considering membership include Dec. 3 for the chapter's annual Christmas luncheon at Millrose Restaurant and May 7, 2004, for the annual spring gala mentioned above.

For more information on membership and attending meetings or functions, please contact membership chairperson Cindy Zipparro at 1-847-277-9392.

"Holiday Dazzle" Luncheon

The Northwest Women's Connection invites you and your friends to our "Holiday Dazzle" Luncheon on Dec. 11 from noon to 1:30 p.m. at Concorde Banquets in Deerfield. Cost is \$15 inclusive.

Laura Schutz will show us her high quality fashion designer jewelry and accessories from Jewels by Park Lane. Talented Kim Pavlock will sing for us. And Jan

Suffern will share her journey of coming out of her shell and overcoming her fears in "The Tortoise and the Hare."

Free preschool childcare is available. (The nursery is located off premises.) Lunch reservations are needed by Friday, Dec. 6. Call Carol at 1-847-359-5089 or Karen at 1-847-818-9016.

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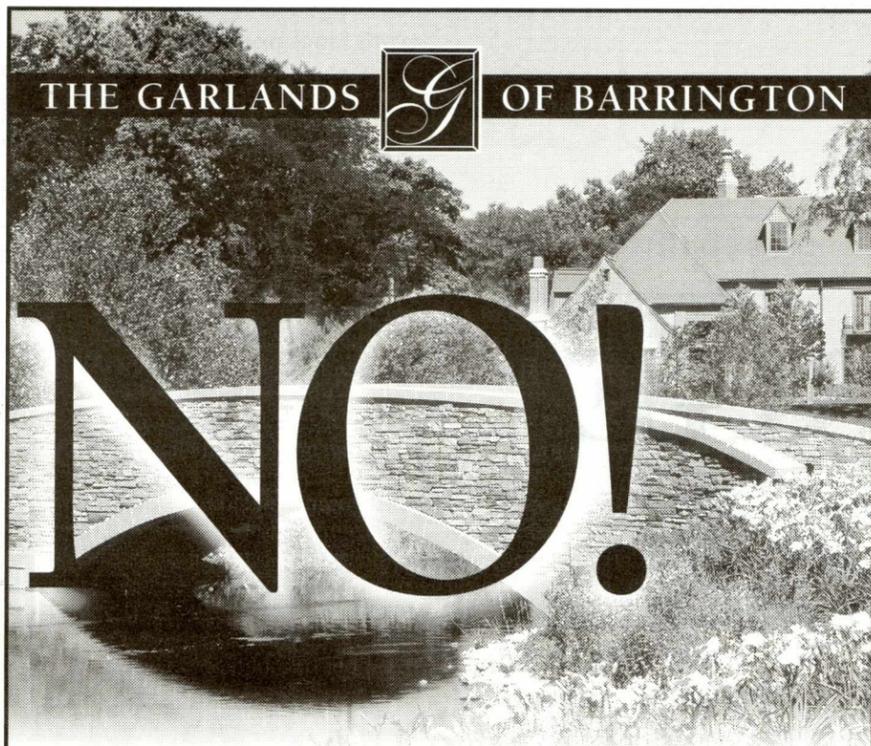


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Start Your Holiday Festivities in Style at The Garlands of Barrington



(From left, seated) Garlands' members Mrs. Kay Schneider, Mr. Bob Schneider, Mrs. Ruth Butcher and Dr. Dan Butcher taste a dessert with Rick Rizner (standing), executive chef at The Garlands of Barrington. This taste-testing was held in preparation for the lavish Holiday-Around-The-World dinner planned for Dec. 12.

Start your holiday celebrations by reserving a table in the elegant Roycroft Dining Room at The Garlands of Barrington, 1000 Garlands Lane, Barrington.

On Friday, Dec. 12, 5:30 to 8:30 p.m., The Garlands will host Holiday-Around-The-World, another in their very popular International Dinner and Music Series. Reservations for this festive evening, featuring food and holiday music from all over the globe, can be made by calling 1-847-756-3000.

Rick Rizner, executive chef at The Garlands, has designed a menu that richly reflects many cultures from around the world. Rizner describes the offerings as "eclectic with a melting pot fusion."

The menu begins with appetizer choices that include seared foie gras, dried bing cherry sauce and griddled sour dough crouton; shrimp cocktail; and oysters Rockefeller. Parsnip and truffle purée soup and ancho Chile lobster bisque will be offered along with a salad of baby lettuce greens with brie.

Entree selections will include slow roasted prime rib; veal Oscar; Australian lamb ossobuco; apple spiced Peking duck; Chilean sea bass; and sole à la bonne femme—all expertly prepared using only the freshest ingredients available at the market.

Save room for dessert! Guests can choose from tiramisu, creme brulee and assorted chocolate truffles, garnished with vanilla cream mousse to top off the feast.

The Garlands' own special blend of coffee will be served along with a premium selection of ports, cordials, cognacs and

sherry for those who wish to linger and enjoy the marvelous music presented by pianist Dan Merrigan, a member of the Peter Tye Orchestra. Merrigan will entertain with a selection of holiday tunes in addition to classical, jazz, popular and Broadway music.

To add to your holiday festivities, The Garlands has planned special teas on Friday, Dec. 19, and Saturday, Dec. 20. Chef Rizner has promised a "proper English tea" filled with delectable treats that conjure up memories and inspire new traditions with friends and family for the season. The Robie Lounge will be magnificently decorated to help you and your guests welcome the season in style while enjoying special finger sandwiches, scones, miniature desserts and a wide variety of teas. Reservations for tea, priced at \$15.95 per person, plus tax and gratuity, can be made by phoning 1-847-756-3000.

The Garlands' International Dinner and Music Series and the special Holiday Tea are part of the many important links between this unique community, Barrington and the Northwest Suburbs at large. The Garlands of Barrington offers its members an uncompromising lifestyle in a comfortable, relaxing, resort-like setting. The Garlands is unique in its combination of elegant residences with unprecedented choices, an unmatched selection of amenities for business and pleasure, and unequalled services and hospitality.

For additional information about The Garlands, phone 1-847-304-1996 or 800-822-0267 or visit our Web site at www.TheGarlands.com.

Barrington High School Fine Arts Department Bridges the Gap

The Barrington Area Council on Aging and New Generations will collaborate to create an original piece of art under the guidance of mosaic artist Mirtes Zwierzynski. In addition to the 75-square-foot vertical mosaic mural to be installed in the Student Council Memorial Garden at the high school, students will be joined with a senior citizen to create smaller mosaic works to be displayed at the council's of-

fice. The first planning session for this portion of the residency will take place on Monday, Jan 12, 2004, from 3 to 4 p.m. at Barrington High School in Room E269. Artist Mirtes Zwierzynski will present a slide presentation featuring her mosaic work at other residency sites with both organizations. For more information, call 1-847-381-5030.

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The hectic holidays! What better time to take a look at our extensive collection of Brighton watches. Choose from over 100 designs, all with Citizen movements. Besides free giftwrap and an adorable Brighton collectors' tin, receive a **free** holiday mug filled with gourmet coffee, tea or hot chocolate with a \$50 Brighton purchase now through Dec. 15. (Limit one per customer while supplies last.)

Besides Brighton, we carry all of your favorite jewelry lines—Judith Jack, Lois Hill, Liz Palacios, Patricia Locke, Lori Bonn and more—plus an extensive collection of Italian charms. We just keep adding to our selection. How about your favorite college or pro teams? We have an extensive college selection along with professional baseball, basketball, hockey, football and more!

Besides our jewelry and great gift lines, we carry over 3,000 ornaments and even personalize for free! Check out our sports tree, angels, snowmen, Santas, occupations, even dogs and cats! We also carry Old World Christmas hand-blown glass



Brighton Berkeley and Hamilton watches feature dual clasps, accommodating various wrist sizes.

ornaments to help make your tree sparkle without breaking your budget if the dog knocks it off the tree! If "unusual" is on your gift list, stop by. If "difficult to buy for" is on your gift list, stop by. If "I don't need anything" is on your gift list, stop by. Ask for our help. **G. Whiz** has lots of ideas to help you complete your list!

Make This A Christmas She'll Always Remember



We have the largest selection of fine quality American made furs. Mink is our speciality, but we also offer the best in sheared and long hair beaver, raccoon, coyote, fox, sheared mink, lynx, sable and an excellent selection of fur-lined jackets, trenchcoats, leathers and shearlings.

Tues. - Sat. 9:30-5:30; Sun. 12:00-5:00; Monday by Appointment.

"The Most Trusted Name in Furs"
FURS By BILL TALIDIS
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9 miles west of Crystal Lake off Route 176 on Franklinville Road, Union, IL

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Credit Cards Accepted

All furs ranch raised or government controlled and labeled to show country of origin.

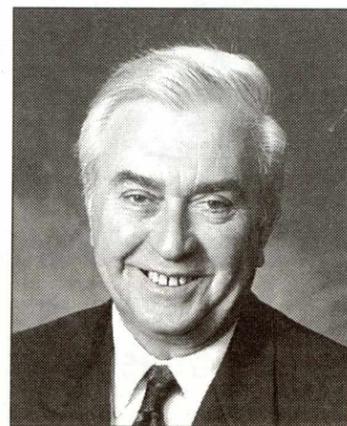
37th Anniversary Sale

This season, over 400 designers are once again creating beautiful garments using the warmth and elegance of fur.

The Mink Barn features an impressive selection of all types of fine furs. We have classic styles or casual, everyday garments such as sheared furs reversible to leather, hooded jackets and denim jackets with fur trim, all in natural shades or dyed to fun colors. We also carry a full line of petite and plus-size coats.

Customers from a 150-mile radius have been coming to **The Mink Barn** for 40 years, even though its location is a little out of the way. Bill Talidis' reputation is what draws them. And though **The Mink Barn** is located in a rural area, people are amazed at the large and beautiful showrooms and equally impressive selection of all kinds of furs.

Bill was born and raised in the fur business in Greece and started working with fur at a very young age. Not only does he have over 55 years experience in the making of the coats, but he also raised mink for 30 years. Therefore, by raising the animals, making the coats and selling them



Bill Talidis

right there on the premises, **The Mink Barn's** overhead is very low.

"We eliminate the middleman and pass the savings on to the customers," said Talidis.

Bill and his courteous staff will be happy to help you select a garment from our superb collection of fine quality furs at the lowest possible price.

Celebrate the Holidays with the Elgin Symphony Orchestra

The Elgin Symphony Orchestra presents its exciting Sears Holiday Spectacular on Saturday, Dec. 13, 8 p.m., and Sunday, Dec. 14, 2 and 5 p.m. All performances will be at the Hemmens Theatre, 45 Symphony Way, in Elgin.

Maestro Robert Hanson will lead the Elgin Symphony Orchestra in a variety of heartwarming holiday arrangements. New guest artists include soprano Kimberly Jones, vocal ensemble An Octave Above and the Elgin Children's Chorus in this delightful celebration of the holiday season.

Gathering to hear the sounds of Christmas on a cold December night warms the heart and welcomes the spirit of the hol-

idays. In this symphonic celebration, the ESO will perform exclusive arrangements of cherished classics such as *Christmas Time is Here*, *Biehl Ave Maria*, *12 Days of Christmas* and a delightful new arrangement from *How the Grinch Stole Christmas*. In addition, dancers from the Lisa Boehm School of Ballet will dance the *March of the Toy Soldiers* from *The Nutcracker*.

Tickets for the Sears Holiday Spectacular are available through the Elgin Symphony Orchestra Box Office at 20 DuPage Court in Elgin, by calling the ESO Box Office at 1-847-888-4000 or online at www.elginsymphony.org. Tickets range from \$12 to \$58.

Deadline!

The deadline for the **January Issue**
is **Thursday, December 11.**

Please send your press release/advertising materials to:

Editor

Lifestyles Magazines

P.O. Box 293

Crystal Lake, IL 60039-0293

or call: **(815) 459-4820**

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Th 10-8 Sun 11-4



Chris Kerwin Designs Introduces "Women's Night Out" on the Woodstock Square

What fun! Chris Kerwin created the wonderful summer event Artwalk last summer, filling the square with evening strollers enjoying jazz and art. The media asked for more of the same.

"Artwalk will return next summer," says Chris, "But it's time for more!"

Slated for Dec. 4, Chris has put together the first "Women's Night Out" to honor the women who bring home the holidays. On **Thursday, Dec. 4**, from 5 to 10 p.m., the square will shimmer with holiday festivities. Restaurants will offer drink and dinner specials, and stores will treat patrons to a myriad of surprises. Stretch limousines will circle the square and Main Street and periphery parking.

"Just flag down your limo and travel to any restaurant or participating retailer on us! And," Chris adds, "accept a 'thanks for the holidays' rose from our tuxedoed gentlemen! There will also be FREE BABY-SITTING from 5 to 10 p.m. on the dot at the Stage Left Cafe of the Woodstock Opera House." (Children must have had

dinner before drop off, but will be served juice and cookies.)

"At **Chris Kerwin Designs**, we will offer tasty holiday treats and refreshments while you browse," says Chris. "Our fabulous trunk show of Jessica Mendelson jewelry will fill our cases with gutsy stones of color! We'll also feature a huge collection of men's gifts of style along with house gifts of Chapman lighting, holiday mirrors, candlesticks and antique furniture pieces. Gift your house this year!"

Chris also invites you to pick up a clipboard for your registration of your wish list requests while enjoying the evening's faire.

Chris Kerwin Designs is located at 105A Van Buren by the Harvest Moon Restaurant on the Woodstock Square. Call **815-337-5656**. Holiday hours from now until Christmas are: Monday through Saturday, 10 a.m. to 6 p.m.; open until 8 p.m. on Thursday; and Sunday, 11 a.m. to 4 p.m. with extended hours on the Lighting of the Square and "Women's Night Out."



26 North Williams Street • Crystal Lake, IL 60014

Northwest Indiana Symphony Presents Holiday Pops Concert

Friday, December 12 at 7:30 pm

Ring in the holidays at Raue Center For The Arts! This dazzling holiday concert, featuring 40 musicians and 60 singers, heralds in the joyous winter holidays. Look for a personal visit from that robust, jolly North Pole fellow and special numbers by the talented Symphony Chorus. Everyone gets to be involved in the final carol sing-along!



Sponsored by Home State Bank

Laughter Arts Festival

Saturday, January 17
at 6:00 pm & 9:00 pm

Kick off the new year with The Laughter Arts Festival featuring Bobcat Goldthwait, Jim Gaffigan and Harry Anderson. Laughter Arts Festival features several of the nation's hottest stand-up comics in one incredible night of comedy!



Bobcat Goldthwait



Jim Gaffigan



Harry Anderson

Sponsored by Holiday Inn

The Coasters

Friday, February 13 at 7:30 pm

The big three of Doo-Wop have sold over 260,000,000 records with hits like "Charlie Brown," "Only You," "Under The Boardwalk," "Poison Ivy," "Up On The Roof" and many more...



Sponsored by Home State Bank

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Box Office Hours:

tues.-wed. 10-4 pm thurs.-fri. 10-6 pm sat. 10-2 pm @ one hour prior to performance time

Box Office: **815.356.9212**

www.rauecenter.org

Join the Northwest Indiana Symphony Orchestra for "Holiday Pops"

A dazzling "Holiday Pops" concert featuring over 50 musicians and a chorus of 60 will fill **Raue Center For The Arts** with the glorious music of the holidays.

Join the Northwest Indiana Symphony Orchestra and Music Director/Conductor Kirk Muspratt for "Holiday Pops" on Dec. 12, 7:30 p.m., at **Raue Center For The Arts** in Crystal Lake.

Start a holiday tradition! Bring family or friends to our ever-popular "Holiday Pops" concert to enjoy a festive evening of seasonal, musical treasures. There is always a personal visit from that robust, jolly North Pole fellow and special numbers by a talented symphony chorus directed by Dr. Nancy Menk. Mrs. Claus even gets in

on the action and directs the symphony in *How The Grinch Stole Christmas*. The traditional sing-along of all your favorite holiday carols will close the program. Don't miss this festive event!

This concert annually sells out a capacity venue of over 3,000 seats at its home performance venue in Merrillville, Ind. Tickets for the Raue performance are currently available and range from \$38 to \$33. Call the Raue Center Box Office at **815-356-9212**. Order your tickets for "Holiday Pops" before they are sold out!

This concert has been generously sponsored and underwritten by Home State Bank.

Home of the Sparrow Holiday Gift Program Underway

As the holiday season approaches, Home of the Sparrow is reaching out to everyone to help meet the needs of the homeless in our community.

The Holiday Gift Program is an opportunity to make a huge difference in the lives of those less fortunate. A variety of gift types are sought through this program: gift cards from grocery, drug and department stores, from gas and service stations, and from restaurants and entertainment venues; food baskets to meet the nutrition needs of shelter residents; specific items to help equip the kitchens and baths of the shelters; and gifts intended specifically for individual children living in Home of the Sparrow shelters. This gift program is highly successful at providing the materials that help shelter residents meet the day-to-day challenges of their lives as they become productive members of our community.

Home of the Sparrow is a nonprofit

agency that provides a comprehensive living program for homeless women and children aimed at removing the barriers to permanent housing. The organization strives to eliminate hunger, homelessness and joblessness by guiding individuals through a series of comprehensive compassionate programs designed to enhance self-respect, independence and self-reliance.

Home of the Sparrow is based in McHenry, and maintains shelters in Crystal Lake, McHenry and Palatine. A significant portion of Home of the Sparrow's annual budget comes from sales at the three Sparrow's Nest stores located in McHenry, Cary and Palatine.

For more information or to arrange a donation through the Holiday Gift Program, please call 815-344-5171, ext. 52. To find out more about Home of the Sparrow, please call 815-344-5171 or visit www.homeofthesparrow.com.

The FOUNDRY of BARRINGTON

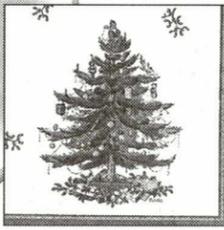
The Invitation Reads "Cocktails & Buffet"



For holiday get-togethers big and small, pick up festive tableware from **Little Shop of Papers.**

There are many to choose from—elegant holly and poinsettia patterns, Santa and Rudolph designs, even a sporty tartan! Coordinate plates, napkins and candles. It will look smashing and simplify your entertaining!

Little Shop of Papers is located at 740 W. Northwest Highway, The Foundry, in Barrington. Call **1-847-382-7733** for information. Open Monday through Saturday, 9:30 a.m. to 5:30 p.m., and Thursdays until 7:00 p.m.



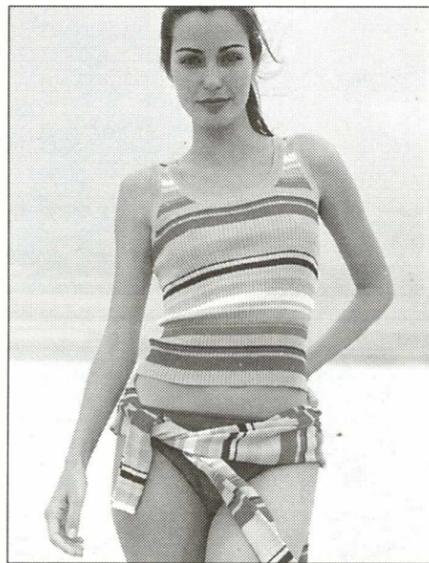
Thoughts of Warm Weather at Satin Filly

Are you ready to "resort?" It's arriving right now, in time for all you lucky, warm weather seekers. Think color and lots of it! I think it's a welcome change, don't you?

Sometimes we—Midwesterners that is—take a little more time to feel comfortable with the new and unusual. But rest assured, it's what's happening out there. Please, come take a look. I love the clothing right now. It's so individualistic, and there's so much to choose from.

Take skirts. What a resurgence! It's so nice to see so many legs again, and I'm sure there are no men complaining! There are long ones and some very short ones (most of those appearing on our daughters)—ruffled, pleats and car wash—the trend for skirts is definitely moving forward. Please come see for yourself. **Satin Filly** has so many of these looks, and it's so fun putting them together.

In closing, have a healthy, happy and peaceful holiday season. Our thoughts and prayers are with our service men and women away from their homes and loved



ones. We've had a great season. Thanks to all of you who shop Barrington and **Satin Filly**. Merry Christmas!

—Karen, Colleen, Francie, Sandi, Molly and Terri

Barrington Children's Choir Pleased to Announce 2003 Winter Concert *Starlight*

The Barrington Children's Choir will present its 2003 winter concert *Starlight* on Friday, Dec. 12, at 7:30 p.m. and Saturday, Dec. 13, at 2:00 p.m. Both shows will be at Barrington High School. Tickets are available now at \$15 for adults or \$10 for students and seniors. Call 1-847-304-1283 to order.

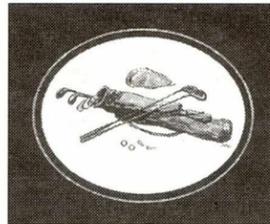
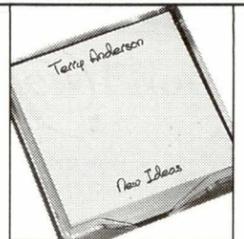
Established in 1986, the Barrington Children's Choir is currently comprised of about 150 children in second through 12th grade. In addition to its annual winter and spring concerts, the choir performs for numerous civic, church, corporate and professional events in Barrington and the greater Chicago arts community.

Peggy Crawford, a nationally recognized teacher and conductor of children's voices, directs the Chamber and Bel Canto choirs. Melissa Touvannas conducts the

Intermediate Ensemble, and Becky Clark conducts the Noel Choir, the BCC's youngest voices.

Notable past choir performances include: Carnegie Hall in New York City, Orchestra Hall in Chicago, *The CBS Morning Show*, the Democratic National Convention, and Ravinia (with the Chicago Symphony Orchestra). The choir was featured in the Chicago Theatre performance of *Joseph and the Amazing Technicolor Dreamcoat* and has participated in choral festivals in England, Austria, Hungary and the United States. The choir's tour of Italy in 2000 included performances at St. Peter's Basilica in Rome and Il Duomo in Milan. The Chamber Choir is looking forward to touring Prague, Vienna and Salzburg in the summer of 2004.

GIFTS GALORE! Make short work of your holiday list this year with a visit to Little Shop of Papers. We've got great new gift items that will fit everyone on your list. **Stocking stuffers. Hostess gifts. Teacher gifts.** Maybe something unique for that special someone.



Choose from beautiful new ornaments, glittery candles, desk and table accessories, and more. It's not too late to order custom stationery—always a welcome gift. **Don't forget the wrap and ribbon!**

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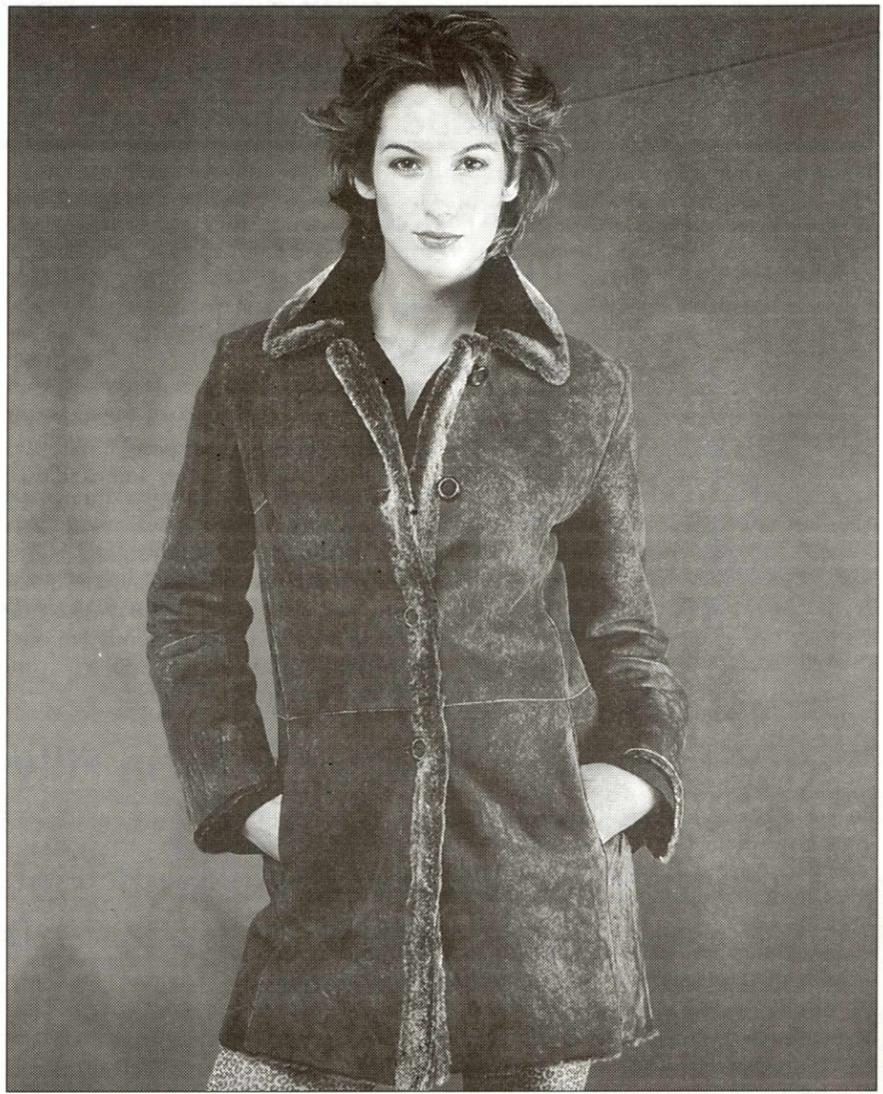
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847-398-3495**

Hours: Monday - Friday 9:30-8, Saturday 9:30-5, Sunday 11-4



Congratulations Plum Tree Road!

This past Sept. 28, on a crisp fall Sunday afternoon, Plum Tree Road was officially dedicated McHenry County's first scenic drive.

The county believes this designation was a first statewide. Plum Tree Road is approximately 1¼ miles long and is within the villages of Barrington Hills and Fox River Grove. The roadway and surrounding views represent a piece of history that merits this recognition.

The initial nomination of Plum Tree was spearheaded by Bonnie Duresa of Barrington Hills, owner of Olde Plum Tree Farm, a historic property on the road.

Gloria Mack, chairwoman of the McHenry County Preservation Commission, initiated the scenic road program a few years ago to raise an awareness of the beauty and historic features that the county possesses. There are six criteria that are listed on the scenic road application. Usually, just one of these criteria are needed to qualify. But in the case of the Plum Tree Road nomination, all six were met.

"This road certainly deserves the first nomination of McHenry County," Mack stated.

A few days prior to the dedication ceremony, Robert J. Miller, Algonquin Township highway commissioner, installed the McHenry County scenic drive signs on the each end of the roadway. The reflective brown signs depicting a cruising vintage car were covered until the day of the event.

Celebrating the affair were McHenry

County Board members; state, township and village officials; and neighbors. Invited organizations with members attending were Barrington Hills Conservation Trust, Cary-Grove Historical Society and Marengo Historic Preservation Commission.

Everyone gathered at the west end of the road near Algonquin and Braeburn roads in Fox River Grove. A brief program was conducted by Gloria Mack, chairwoman of the McHenry County Preservation Commission. President James Kempe of Barrington Hills led the pledge of allegiance, with the presentation of the colors by the Boy and Girl Scouts of Plum Tree Road. Bonnie Duresa, resident and newly appointed commission member, introduced all the officials at the ceremony. State Representative Rosemary Kurtz spoke about the importance of preservation. McHenry County Board President Michael Tryon read a short history of Plum Tree Road. A red, white and blue ribbon stretched across Plum Tree Road was cut by President Tryon. He officially designated the road as McHenry County's first scenic drive.

At the conclusion of the program, a vintage red with black trim 1937 Plymouth pickup truck, driven by Sean Murphy of Algonquin, headed down the road. It carried Senator Pamela Altoff, State Representative Rosemary Kurtz and Mark Beaubien, President Tryon and Bonnie Duresa to Olde Plum Tree Farm for refreshments.



(Upper photo, from left) Attending the Plum Tree road dedication ceremony were: McHenry County Commissioners Gloria Mack and Bonnie Duresa, State Representative Rosemary Kurtz, President McHenry County Board Michael Tryon, Trustee Barrington Hills Julie McKeivitt, Trustee Barrington Hills Robert Abboud, Trustee Fox River Grove Duane Figurski, President Fox River Grove Stephen Tasch, Trustee Barrington Hills Fritz Gohl, State Representative Mark Beaubien, State Senator Pamela Altoff, President Barrington Hills James Kempe, Trustee Barrington Hills Ted Horne and McHenry County Trustee Anna Miller. Also present (but not pictured) were McHenry County Trustees Tina Hill, Marc Munaretto and Dan Shea, Algonquin Township Highway Commissioner Robert Miller, Barrington Hills Police Chief Fred Clauser and Fox River Grove Police Chief Robert Polsten; (Lower photo, from left) State Representative Rosemary Kurtz, Senator Pamela Altoff, McHenry County President Michael Tryon and State Representative Mark Beaubien take a ride down Plum Tree Road in a 1937 Plymouth pickup truck.

Happy Holidays from Lakeview Portrait Studio

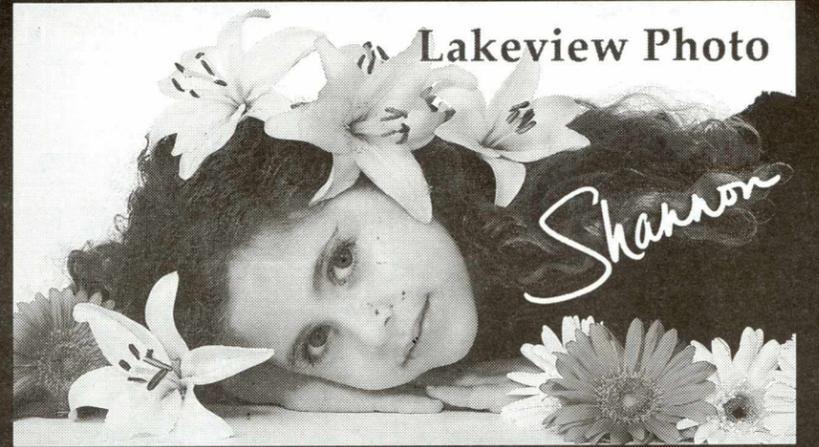
The Holiday Season is now upon us and 2004 is right around the corner. As family and friends gather to celebrate the season, make sure to capture those memories with a special portrait session at **Lakeview Photo and Portrait Studio**. When was the last time you had the entire family together generations, from grandparents to grandchildren all in their holiday finest? Haven't seen those friends in a while? Capture the moment and savor the memories for years to come.

All ready for the holidays? Your pet is all groomed, clipped and brushed—what better time is there to schedule a portrait of your four-legged friend? Call the stu-

dio at **1-847-540-6100** to schedule your pet's portrait sitting possibly even directly after grooming!

When it's important to you to have an enduring, timeless portrait that will increase in value for years to come, whether it be of a family together for the holidays or that adorable child who's anxiously awaiting Santa, trust **Shannon** and **Larry Backe** at **Lakeview Photo** for all your portrait needs.

Call **Lakeview Photo and Portrait Studio** and book your session now. Don't let the opportunity to create a wonderful memory pass by.



133 South Rand Road- Lake Zurich- 847.540.6100

Savor a "Sweet Sunday" at The Garlands of Barrington



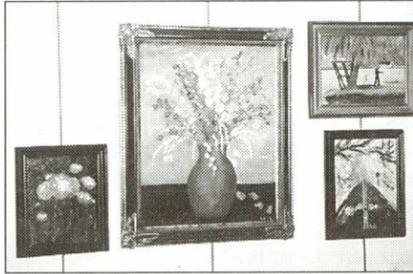
Kinzie Street Bridge, one of the many oil paintings by Donn Ziebell currently exhibited at The Gallery at The Garlands.

On the first Sunday of the month, Dec. 7, plan to enjoy your day at The Garlands of Barrington.

Sunday Brunch at The Garlands is becoming a tradition for many families in the area. A bountiful brunch buffet is always served on the first Sunday of each month from 11 a.m. to 2 p.m. in the Winslow Dining Room. The brunch is priced at \$21.95 for adults or \$9.95 for children under 10.

You are then invited to view the wonderful new art at The Gallery at The Garlands Art Opening, part of a rotating exhibit in partnership with the Barrington Area Arts Council. A special reception is planned to celebrate the artists Donn Ziebell and Michael Palermo and their work. Guests will be treated to informal conversations with the artists. Both artists are residents of the Chicago suburbs and both paint in oils. The opportunity to view art in the presence of the artist is truly a unique experience, so don't miss it!

Donn Ziebell is an award-winning



Here are some works by Michael Palermo currently exhibited at The Gallery at The Garlands. Both artists work in oils.

painter who chooses large canvases to express his work. Books he has read, travels he has experienced and images he has seen inspire him.

Michael Palermo is an Oak Park native. Palermo's works show his love of color and were part of the BAAC Father's Day Art Show.

The gallery is one of the many important links between the new community for adults 55 and older and the greater Barrington and Northwest Suburban communities. The Garlands is unique in its combination of elegant residences with unprecedented choices, an unmatched selection of amenities for business and pleasure, and unequalled services and hospitality. The Garlands of Barrington offers its members an uncompromising lifestyle in an inviting, relaxing, resort-like setting. It has often been described as a "cruise ship on land."

For additional information, phone 1-847-756-3000 or 800-822-0267 or visit the Web site at www.TheGarlands.com.

Garden Club of Lake Zurich

The next meeting of the Garden Club of Lake Zurich will be held on Dec. 2 at 7:30 p.m. at the Foglia YMCA on Old McHenry Road.

The program "Pioneer Gardens (Local Prairie Wildflowers)" will be presented by Nancy Burgess. Come exchange gardening notes!

Club meetings are held the first Tuesday of every month. For more information, call 1-847-382-2621 or 1-847-438-0860.

The Garden Club of Lake Zurich is a member of both The Garden Clubs of Illinois, Inc., and the National Garden Clubs,

Inc.

Future Meetings & Activities

- Jan. 6, 2004—"Medicine Wheel (Native American Gardens)" presented by Judi Ann Dore
- Feb. 3—Round Table Discussion, Gardening Q & A
- March 2—"Vegetable Gardens from Plant Selection to Harvest" presented by Glenn Grosch
- April 6—"Beyond Impatiens and Petunias" presented by Sharon Yiesla
- May 4—"Butterfly Gardens" presented by Dr. Rex Bastian

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With the newest addition to the Northwest suburban dining scene

Here presentations are *artfully orchestrated* ... beautiful architecture and *fine art* complement the cuisine ... and the freshest ingredients meet the *ultimate in choice*.



Now accepting reservations for

THE BARRINGTON PTO HOLIDAY HOUSEWALK AND LUNCHEON

See the latest in home décor for the holidays with a lovely look at some of Barrington's finest residences. Enjoy a delicious housewalk luncheon at The Garlands.

Friday, December 5, 10 am-6 pm

Housewalk and luncheon, \$40 per person with advance reservation.

HANDEL'S MAGNIFICENT MESSIAH

Composer, musician and lecturer Jim Kendros will explore the various solo arias, awe-inspiring choruses and miraculous glory of the most famous of oratorios.

Saturday, December 6, 3:30 pm, no charge

SUNDAY BRUNCH

Featuring a bountiful buffet of favorite brunch dishes the first Sunday of the month.

Sunday, December 7 (stay for the Gallery at The Garlands Art Opening from 2-4 pm), 11 am-2 pm, \$21.95 per person

BAAC "HOLIDAY WISHES" MADRIGAL DINNER

An original production featuring the Marian Singers Madrigal Ensemble and a Garlands medieval feast.

Sunday, December 7, 4 pm, \$35-\$38 per person

HOLIDAYS AROUND THE WORLD

Enjoy your holiday favorites from around the world with this internationally-themed dinner menu and musical tour.

Friday, December 12, 5:30 pm

HOLIDAY TEA

Served with a delectable selection of tea sandwiches, tasty mini pastries, scones and lemon curd.

Friday and Saturday, December 19 and 20, 1:30 pm. \$15.95 per person

Please call 847-756-3000 for reservations.



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www.deerparktowncenter.tv

Wellness Place Programs to Ease Holiday Stress

Wellness Place, a cancer resource center in Palatine, will offer a variety of free programs in December to help manage the stress of holidays and everyday living. These include medical hypnosis, guided imagery, open art studio, exercise classes, massage and healing touch therapy. Registration is required by calling 1-847-221-2400.

• **Keeping Hope Fresh**—This wellness-through-deep-hypnosis series will be presented from 10:00 a.m. to noon Saturday, Dec. 6, by the Rev. Dr. Scot Giles, a board-certified hypnotist and chaplain. The purpose of the hypnosis is to help release

pain and facilitate self-healing.

• **Guided Imagery and Visualization Group**—Mary Sinclair, certified in interactive guided imagery, will explain this technique for managing stress and increasing a sense of resiliency and well-being on Mondays, Dec. 1, 8, 15 and 22 from 1:00 to 2:30 p.m.

• **Open Art Studio**—Wellness Place Art Therapist Lori Mackey will help participants create, explore, express and share with others in a creative, safe and nurturing environment. No artistic experience is necessary; art materials will be available or participants may bring their own sup-

Serving You This Holiday Season While Families Are Reunited

Unlike previous years, 2003 is distinctively different at **Buschauer's**.

We've added new features to our studio and recently increased our staff to accommodate the heavier volume of holiday orders.

Best of all, we're extending our cut-off date for placing new orders. Complete your session by **Dec. 12**, and place your order by **Dec. 16** and your portraits will be guaranteed for Christmas gift giving. We don't advise waiting until the last minute, but we'll put out our best effort

if you do!

Holidays are a great time to schedule portraits, whether intended for gift giving or not. Families are inclined to gather in December, so take advantage of your opportunity.

Please call now to reserve your session. Our capable staff will assist you with clothing selections and optional ideas. Thank you for your support through the years. We sincerely appreciate your friendship and business.

Find the Perfect Gift at Deer Park Town Center

The gift-giving season is upon us, and many are in search for the perfect gift. From adults to teenagers to children, whether they love cooking, gardening, being pampered, shopping or dining, or the next big thing in clothes, books, or movies, **Deer Park Town Center** has gifts for everyone on your list.

For those on your list who enjoy cooking and entertaining, enter the worlds of Le Gourmet Chef, Williams-Sonoma, and Harry and David. Here, find something for every taste bud with delicious gourmet foods such as sauces, snacks, fruits and chocolates. Also, Le Gourmet Chef and Williams-Sonoma have everything needed in kitchen supplies from utensils to gadgets.

Cold out? Gardening lovers are bringing their passion indoors! Step into Smith & Hawken, where plants, flowers, furniture and tools are stocked for all the gardeners on your list.

We would all agree being pampered is a wonderful gift. **Deer Park Town Center's** Aveda lifestyle salon and spa, Avalon Salon & Day Spa is a relaxing feng shui spa offering many services including massages, facials, body treatments, manicures and pedicures, cuts, clarifying treat-

ments, and color and highlights.

Deer Park Town Center center-wide gift cards are great when you have no idea what to get a certain person on your list or when the person on your list loves to shop or dine out. The recipient of a **Deer Park Town Center** gift card can go shopping for clothes, movies, books and more at stores such as Barnes & Noble, American Eagle and Talbot's. The fun doesn't stop there. Use the gift cards at the restaurants like Biaggi's Ristorante Italiano, California Pizza Kitchen and Panera Bread. The gift card is good at over 65 stores and restaurants.

Deer Park Town Center is located off Rand Road (Route 12), just one mile north of Lake Cook Road. The center features more than 65 stores and restaurants including Chico's, J. Crew, Max & Erma's and The Acorn. Holiday shopping hours are Monday through Friday, 10 a.m. to 9 p.m.; Saturday, 9 a.m. to 9 p.m.; and Sunday, 11 a.m. to 6 p.m. The "Lifestyle Center" blends convenient location, accessible parking, attractive architecture and caters to the needs of the modern shopper. For more information about the center including the center-wide gift card program, please call **1-847-726-7755**.

Annual Christmas Celebration

Please join the Barrington Area Council on Aging, Inc., and the Barrington Park District for an exciting holiday event at the Fireside Theatre in Ft. Atkins, Wis.

The Fireside Theatre will present their Annual Christmas Celebration on Wednesday, Dec. 18. We will also enjoy a gourmet meal of roast beef tenderloin, fingerling

potatoes sliced, fresh asparagus and a holiday tart for dessert.

The bus will leave Langendorf Park at 8:30 a.m. and return at 6:00 p.m. The cost is \$65 per person and includes transportation, lunch and admission. Seating is limited. For information, please call the Barrington Park District at 1-847-381-0687.



plies for sessions on Mondays, Dec. 1, 8, 15 and 22 from 2:00 to 4:00 p.m.

• **Hatha Yoga**—Sandy Moore will lead participants in a sequence of restorative and gentle yoga postures that release muscle tension and foster relaxation. Space is limited for classes held Tuesdays, Dec. 2, 9 and 16 from 11:00 a.m. until noon.

• **Tai Chi Chih**—Diana Durkin will explain Chinese healing principles and present 20 gentle movements to soothe the body and mind. This form of movement meditation circulates and balances the body's natural energy. It may be practiced standing or seated. Space is limited for

classes held Wednesdays, Dec. 3, 10 and 17 from 10:30 to 11:30 a.m.

• **Massage**—A 30-minute, fully clothed massage by professional volunteers and supervised students of the Chicago School of Massage Therapy will be offered on a varied schedule. Call to register.

• **Healing Touch Therapy**—Volunteer healing touch practitioners will offer one-hour sessions to complement existing medical or psychological care. The energy-based therapeutic approach to healing uses a variety of techniques to clear and balance the body's energy system in order to promote self-healing. Call to register.

Tips on Collecting American Indian Arts and Crafts

American Indian art, in all forms, has never been more alive and dynamic and continues to be gratifying and exciting to collect. American Indian art combines age-old tradition, innovation and talent, and results in a variety of art forms for all levels of collecting—whether you are beginning with a first-time purchase or have been collecting for a number of years. And, at all levels of collecting, you are helping to support the continuation of the expression and livelihood of American Indian artists, while at the same time, adding an object of beauty to your life!

These art forms, many with centuries-old influences, incorporate a natural spirit with timeless appeal. Whether it is pottery, in which artists are using the techniques and materials their ancestors did thousands of years ago, or silver smithing, which has evolved into classic as well as contemporary wearable art, there is always a place for authentic, handmade arts and crafts.

River Trading Post offers a unique opportunity to begin a new collection or



to further enhance a developing one. The gallery features an extensive collection of museum quality Navajo weavings, Pueblo pottery, Hopi Kachina dolls and many other rare items, including ancient pottery and antique Plains Indian beaded goods.

River Trading Post, in conjunction with the Department of the Interior, also offers collectors a great paper that gives tips on collecting American Indian arts and crafts. If you call **River Trading Post, 1-847-426-6901**, they will be happy to mail a copy to you.

River Trading Post is located at 314 N. River Street in East Dundee. They also have a second location in the heart of the arts district in Scottsdale, Ariz.

Entertainment 2004 Books

The Barrington Area Council on Aging, Inc., has North/Northwest *Entertainment Books* available for purchase.

Enjoy savings at local restaurants, attractions, services and more. Save, also, at thousands of hotels worldwide.

Entertainment Books are available at the BACOA office for \$20 each and are valid now through November 2004. Call 1-847-381-5030 or come by our office at 200 S. Hough St., Ste. 001, in Barrington to purchase your book.

American Harvest Cooking School Offers the Perfect Holiday Gift

The gift giving season is here! What better way to celebrate the season than with a gift certificate to **American Harvest Cooking School** located in downtown Barrington?

Whether your list includes family (young or old), friends or co-workers, an **American Harvest** gift certificate is the perfect gift for just about everyone.

"Customers have used gift certificates in creative ways," said David Koelling. "One customer gave her adult children and their spouses a private evening together at **American Harvest**; another gave each member of his work team a gift certificate; regular students often give or receive a series of classes."

Gift certificates are available by class or any denomination. It's all up to you! Just give us a call, and we'll help customize your gift.

American Harvest is the perfect venue for entertaining any time throughout the year. With the hectic holiday season, many of us just don't have enough time to get our group together during the holidays. So remember when winter hits, it's the perfect time to entertain at **American Harvest**. Whether you're getting together with your corporate or philanthropic group, family or friends, chef David Koelling will customize your event to suit your needs—don't hesitate to ask!

The **American Harvest Cooking School** opened in January 2003 and continually gets rave reviews by press and

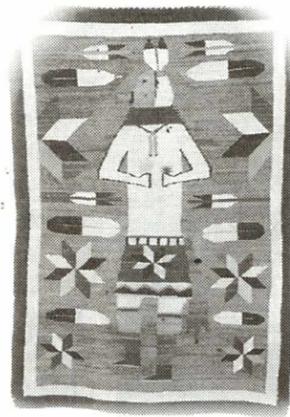
students alike. Some of the many popular class options currently offered include: Holiday Entertaining, 20-Minute Dinners, 10-Minute Hors D'Oeuvres, Seafood and Low-Carb Cooking. Special cooking and wine-tasting events for social groups, corporate team-building events, and birthday parties for adults and children are also very popular. Remember to book early!

David Koelling, a 20-year Barrington resident and former chef/owner of The Greenery and Biloxi Grill, facilitates his classes in a fun, relaxed teaching environment. David has taught in Napa Valley, Calif., and throughout the United States including programs for the American Institute of Wine & Food, the Edward Don Cooking School at the Best of the Midwest Market, as well as hundreds of cooking classes in his restaurants. He has led educational groups mushroom foraging, ice and trout fishing, and to California wine country and the Pacific Northwest. With a savvy business mind, David has consulted for many high-profile restaurant projects, was the Midwest nominee for *Inc Magazine's* entrepreneur of the year in 1993 and 1994, and has received numerous accolades from the *Wine Spectator*.

Winter class schedules are now available. Call for registration and information about private parties and gift certificates. **American Harvest Cooking School, 1-847-277-0578**, located at McCauley Design, 211 Park Avenue, Barrington.



River Trading Post



ARTS OF NATIVE AMERICA

314 N. River Street East Dundee, Illinois 60118 847-426-6901
7140 E. 1st Avenue Scottsdale, Arizona 85251 480-444-0001

East Dundee Hours:

Tuesday through Saturday, 11 am - 5 pm

Sundays: Noon - 4 pm

www.rivertradingpost.com

American Harvest COOKING SCHOOL

at McCauley Design



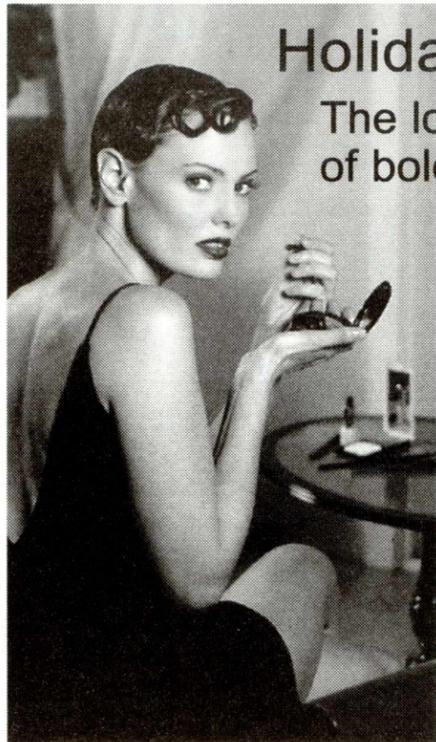
Order Holiday Gift Certificates Now!

Gift Certificates make the perfect gift for family, friends and co-workers.

Winter Class Schedule Available
For information, or to order gift certificates
call 847-277-0578

Located at McCauley Design, Kitchens,
Tile and Stone
211 Park Ave, Barrington





Holiday Style.

The look is layers of bold color!

Searching for sophisticated elegance? Or fiery seduction? Our stylists can create the holiday party looks you're after. Try some shimmering highlights. A dramatic new texture. Call today and make the holidays beautiful.



847-438-8636

FULL SERVICE SALON & DAY SPA

Gift Certificates Available

Consultation, Cut & Style
\$25.00 Reg. \$35-\$45
 1st Visit Only
 One coupon per customer.
 Not valid with any other offer. Exp. 1-17-04

Skin Analysis & 30-Min. Mini Facial
\$40.00 By Our Bioelements
 Certified Esthetician
 One coupon per customer.
 Not valid with any other offer. Exp. 1-17-04

Client Appreciation
10% OFF Any One Hair
 Service Over \$50
 One coupon per customer.
 Not valid with any other offer. Exp. 1-17-04

Full Nail Services Mon.-Sat.
1/2 OFF MANICURE with Color
 Service or Pedicure
 One coupon per customer.
 Not valid with any other offer. Exp. 1-17-04

Northlake Commons
 (near Dominick's)
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GARY S. CHURCHILL, MD
 Specializing in cosmetic and reconstructive surgery of the face and neck.

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 515 W. Old Northwest Highway
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International Hair Designs Celebrates 25 Years

With 25 years of professional excellence, this upscale full-service salon specializes in the latest trends in hair styling with an emphasis in shape and color to help you enhance your image. No gimmicks. Just excellent service at affordable prices!

The 13 experienced hair designers, including a board-certified colorist, are highly skilled in all phases of the hair industry from classic to unstructured shattered looks, updated foiling techniques, corrective coloring, texture perms and hair relaxing, as well as beautiful special occasion styles.

For the clients' convenience, two full-service nail technicians are available Monday through Saturday. A popular nail service is a pampering spa pedicure which includes a massage with a nongreasy mixture of Ylang Ylang and Sandalwood oil and a rejuvenating aroma therapy foot masque, leaving the feet feeling soft, moisturized and cool. During the holidays, why not try a set of gel or acrylic nails and some nail art? This can be fun!

The Bioelements certified estheticians can analyze your skin and customize your facial treatments as well as recommend and customize Bioelements skin care and

cosmetic products for you, so you can continue the benefits of the facial treatment at home. Dry skin? Try a premium facial for dehydrated skin. Or if short of time, a 30-minute minifacial can be the answer.

Not sure about makeup colors or application? Have a personalized makeup lesson with a makeup artist. Makeup applications are offered for weddings, proms and other special occasions. A full line of Bioelements cosmetics is now available at the retail area.

Full body waxing is also available, featuring a low melting Aloe Vera wax or a new hard wax for a more comfortable Brazilian bikini wax.

There is nothing quite as relaxing as a visit to **International Hair Designs, Inc.**, located in the Northlake Commons (around the corner from Dominick's) at 860 West Main St., Lake Zurich. Hours are Monday through Thursday, 9:00 a.m. to 9:00 p.m.; Friday, 9:00 a.m. to 6:00 p.m.; and Saturday, 8:00 a.m. to 3:30 p.m. We also service wedding parties on Sunday (advance notice and deposit required). Call **1-847-438-8636** for more information.

Let's Be Honest

I decided to write this article because our office is bombarded daily with calls about whatever the latest and greatest new thing was on television the night before. We all get excited about new innovations, especially if we can truly benefit from them. But the consumer needs truth, not hype.

Cosmetic surgical procedures and treatments have never been more popular or acceptable in the general population. More and more physicians are performing cosmetic procedures, as insurance reimbursements for most medical procedures go down and the demand for these cosmetic services go up. This trend continues even into some salons where there are no true medical personnel.

The demand for easier, less invasive procedures fuels a huge industry that sells expensive technologies to the physicians or salons who, in turn, promote them to the consumer. This would all be fine if these new technologies delivered what they promised, but all too often they don't. There are ads and stories on the nightly news proclaiming the newest procedure or treatment that promises to give you the result of a facelift, for example, with no downtime and no recovery. Common sense alone would tell you that this cannot be. If it sounds too good to be true, it usually is.

The truth: there is no replacement, at this time, for well-done surgery. Do some of these noninvasive treatments work? Yes, but rarely to the degree that is claimed. The "before and after" pictures in brochures and ads are the very best results that have been collected from across the nation. They rarely represent the typical or even obtainable result. Physicians need to be honest about what results to expect in the typical patient.

New treatments used to first be reported in peer-reviewed medical journals, and

by Gary S. Churchill, MD



Gary Churchill, MD

only after being accepted by the medical community were they introduced to the public. Today, that sequence has been hijacked. The market is so competitive, with new technologies introduced almost every day, that they are often promoted to the popular media and the public before they are subjected to a rigorous medical review. The public demands the new technology from the physician who, in turn, feels compelled to go out and buy it (and buy into it) in order to stay competitive. So if a company can get a public frenzy going about their product, it will force sales to physicians even if their product is unproven.

So how does the consumer sort through all this? Don't believe every claim just because it is reported on television. Consult with a trustworthy physician, one who has been around in an established cosmetic practice. If a physician with no prior experience decides to break into the cosmetic market by buying some new technology, be cautious. Don't believe that any noninvasive technology can accomplish what can be achieved through surgery. That is just hype. Give newer technologies time to prove themselves. If they work and are effective, they will stand the test of time. There are many exciting advances being made with great promise for the future. It's just that they need to be honestly assessed and truthfully presented to the public.

To be continued...

Geimer's Hosts Poinsettia Fest Dec. 6, 7

Geimer Greenhouses, Inc., in Long Grove hosts its first annual **Poinsettia Fest** on **Saturday and Sunday, Dec. 6 and 7!**

Christmas carols, holiday treats and a profusion of specialty and premium poinsettias will set the tone for a festive holiday weekend.

Holiday shoppers will find exotic new varieties of poinsettias such as winter rose, plum pudding, strawberries & cream, carousel red and more!

They'll also find plenty of their traditional Christmas favorites such as reds, whites, pinks, burgundies, Monet, peppermint pink, marble, pink ribbon and more. Each poinsettia purchase will be wrapped in decorative holiday foil and a protective sleeve.

In addition to poinsettias, **Geimer's** features a premium selection of fresh cut Fraser fir Christmas trees; noble, balsam and Fraser wreaths; and cedar/Douglas, balsam and white pine roping for your porch, deck and front door.

Geimer's will even give your tree a fresh cut to help it draw up water, mount it in your tree stand, wrap it in protective



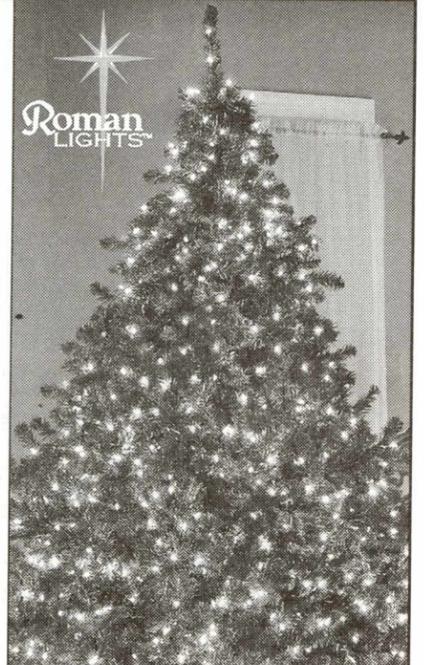
netting and tie it to your car! Delivery and setup service is also available.

Geimer Greenhouses is located a half-mile north of Lake Cook Road on Route 53 (Hicks Road) in Long Grove. For more information, call **1-847-358-6363**.



Christmas shines brighter with a Roman Lights™ tree

Roman Lights™ prelighted trees make Christmas decorating so much easier! Set up this high-quality, lifelike tree in minutes, and enjoy hundreds of bright miniature lights for years. Matching wreaths and garlands are also available. Choose from a range of styles, colors, and sizes at:



Geimer Greenhouses, Inc.
Garden Center, Nursery & Landscaping

Exclusively by **Roman, Inc.**

½-mile N. of Lake Cook Road on Old Route 53 (Hicks Road)
in Long Grove • (847) 358-6363

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É Gourmet Restaurant NOW OPEN
Executive Chef David Beal • Lunch & Dinner

EUROPEAN CRYSTAL BANQUET & CONFERENCE CENTER



2nd Annual *Golden Gala*

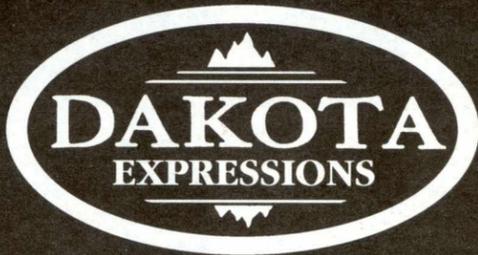
December 31, 2003 • Grand Ballroom Package
Featuring "Nuive Onde Orchestra" • \$125 per person

6:30 p.m. Cocktail Reception
Shrimp Station with Cocktail & Remoulade Sauce
Salmon Station with Appropriate Condiments
Red & Black Caviar Station
Oyster Rockefeller Station
~
Asparagus, Potato & Basil Soup

Parmesan Cup Spilling with Chiffonade of Romaine Lettuce, Belgium Endive, Teardrop Tomatoes, Shaved Jicama & Honey Balsamic Vinaigrette
~
Roasted Beef Tenderloin & Butter-Poached Oriental Prawn with Truffle Brioche
~
Savoyarde Potato • Medley of Baby Vegetables • Wild Mushroom Sauce

Trilogy of Chocolate
~
Open Bar Until 2:00 a.m.
~
Sweet Essence Table
~
Valet Parking
~
Champagne at Midnight • Party Favors

Packages are available at European Crystal. All reservation are subject to availability and must be made in advance. Package inclusions are stated above. Price are per person and include tax, incidental expenses and gratuity. Packages are nonrefundable. Package is not valid with nay promotional offers. No refund on any unused portion of this package. Must be 21 years of age to book and provide two forms of I.D. to enter part. Alcoholic Beverage can be substituted for nonalcoholic. European Crystal reserves the right to withdraw this program at any time.
2003 J.A.W. European Crystal Corp.



317 Old McHenry Road ▶ Long Grove
847.634.8250

PINE CONE CHRISTMAS SHOP
Presents
A **"Margaret Cobane"** signing
Noted designer of blown glass ornaments
Saturday, December 6th
12:00 pm - 4:00 pm
and
Sunday, December 7th
12:00 pm - 4:00 pm
The average price of these beautiful hand-blown, hand-painted ornaments is \$14.99
210 Coffin Road • Long Grove, IL 60047
847-634-0890

Long Grove's Countryside Christmas Evokes the Nostalgic Feeling of Holidays Past

Take a country road and experience the feeling of an old-fashioned Christmas with a visit to Long Grove this holiday season.

The historic business district, home to over 80 specialty shops and six restaurants, is celebrating a Countryside Christmas now through Wednesday, Dec. 24. Shops are open 10 a.m. to 5 p.m., Monday through Thursday; 10 a.m. to 8 p.m. on Friday; 10 a.m. to 5 p.m. on Saturday; and 11 a.m. to 5 p.m. on Sunday. Restaurants are open daily, serving lunch, dinner and breakfast on weekends.

Visitors to the village will find a landmark covered bridge adorned with wreath and bow, Victorian buildings outlined in lights, illuminated walkways, and picturesque squares. Long Grove shops, all within a few minutes walk of one another, carry some of the most extensive and unique offerings in the Chicago area. Shoppers will discover fine art, American crafts, jewelry, home furnishings and accessories, women's and children's clothing, classic memorabilia, quality collectibles, body care products, candles, silk and natural floral

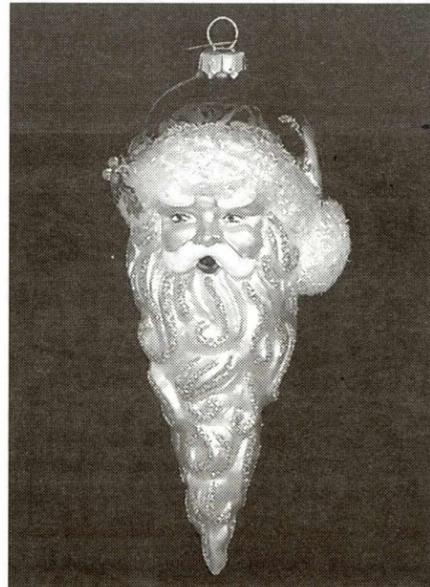
Think Native American for the Holidays

Think Native American for the holiday season. **Dakota Expressions** offers a wide selection of Navajo and Zuni turquoise, opal and inlay jewelry, including pieces by Tommy Singer and Effie Calavaza. You will also discover beautifully handcrafted Sioux, Navajo and Acoma pottery, Mohawk fans, medicine wheels, shields, Christmas ornaments and award-winning Native American music.

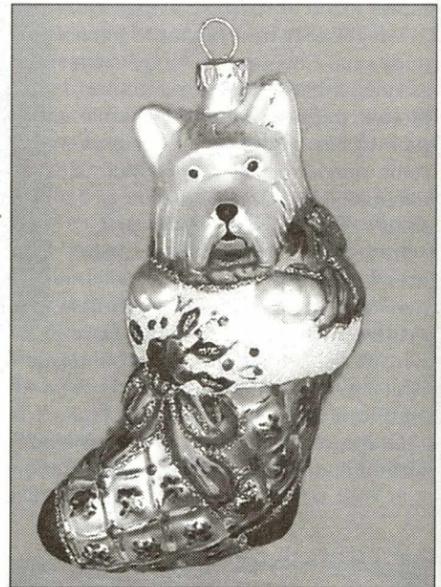
You'll enjoy perusing the Rinconada ceramic animal figurines and sculptures by Jon Anderson as well as handpainted bags and accessories by Jane Yoo. Southwestern and wolf decor are available as well.

Dakota Expressions, located in the Apple Haus square in historic Long Grove, will be open until 8 p.m. on Friday nights, now through Dec. 19. Call 1-847-634-8250.

Margaret Cobane Signing in Long Grove



Santacicle—Shiny Red



Celtic Stocking

Margaret Cobane, an exquisite artist of glass-blown Christmas ornaments, will be autographing her beautifully-designed ornaments at **Pine Cone Christmas Shop** in Long Grove. The signing will take place on **Saturday, Dec. 6**, from noon to 4 p.m. and **Sunday, Dec. 7**, from noon to 4 p.m.

Like other collectible glass ornaments, her designs and attention to detail are very appealing, yet, unlike others, her prices remain affordable. The average retail price for this elegant glass is **\$14.99**.

Ms. Cobane, accomplished artist, sculptor and designer, has found her niche in the gift industry. She has a love of beau-

tiful things. Her taste in design has been refined by exhibiting at major art shows across the country and by visiting museums around the world.

She especially enjoys designing glass-blown ornaments and finds the experience uniquely rewarding. "Life is like a canvas that we paint with our souls; my ornaments are a window to my soul. I hope that my love of people and of life shows in my designs and imparts warmth and joy to my collectors."

For additional details, call **Pine Cone Christmas Shop** in Long Grove at 1-847-634-0890.

Letter to the Editor

The Barrington Area Council on Aging, Inc., would like to thank the Barrington Area Arts Council, especially executive director Corinne Pierog and her assistants Claudia Kirmse and Anna Husain, for hosting "Contemporary Stitches: Quilts for Walls" on Oct. 24. The featured artwork was created by Therese Bliss, Bronwyn Elkuss, Gloria Hansen, Sara Itami, Jill C. Le Croisette, Pat Dolye Mikrut, Ann Wasserman and Sharon L. Wright.

The seniors enjoyed the lovely refresh-

ments and the informative lecture by Corinne Pierog and Anna Husain on the work on display.

Many thanks again to the council for hosting another enjoyable and informative program. It is afternoons like that one that remind us of the many special people in our community. We thank you for your caring and giving heart.

Sincerely,
Linda Avellon
Program Coordinator

arrangements, crystal, linens, china, and much more. Specialty shops carry a wide range of foods for gift giving and holiday meals.

Costumed carolers, high school choirs and musicians will stroll the village on the weekends. On Sunday afternoons from noon to 3 p.m., a free Holly Trolley will make continuous runs around town. Live reindeer will roam Towner Green, across from the landmark Village Tavern, on Sun-

day, Dec. 7, from 1 to 3 p.m. The young and the young at heart can also look forward to seeing Santa and Mrs. Claus around town on weekends.

Long Grove is a quarter mile north of the intersection of routes 53 and 83. Shops are open all year round. For a schedule and information on Countryside Christmas events, phone the Merchants' Association at 1-847-634-0888 or click on www.longgroveonline.com.

★ The Dreamwear Shoppe



251 Robert Parker Coffin Rd.
Long Grove
847-821-8035

Lower Level Mill Pond Shoppes
- Convenient Parking Lot -

Hours:
Mon.-Sat. 10:30-5, Sunday Noon - 5:00

Like Comfy Pajamas?

Then You'll LOVE
The Dreamwear Shoppe!

- Featuring -

- ★ Women's Pajamas, Nightgowns, & Lounge Sets in Sizes small - 4X
- ★ Junior Pajamas, Lounge Sets by David & Goliath ("It's All About Me," "Drama Queen," "Chicks Rule")
- ★ Girls & Infants PJs, Lounge Sets & Gifts
- ★ Spa Products Including Neck Warmers, Lotions & Lavender Products

The Dreamwear Shoppe Celebrates
One-Year Anniversary

The Dreamwear Shoppe, located in the Mill Pond Shoppes of Long Grove, recently doubled its size and celebrated its first anniversary. The store opened in September of 2002 featuring women's sleepwear, loungewear and spa products. It has now added infants', girls' and juniors' sleepwear to its selection. The fall line includes novelty print pajamas and night-

shirts, cotton-lined satin pajamas, two- and three-piece lounge sets, 100% cotton pajamas and gowns, and many unique gift items. Brands carried include Nick and Nora, David and Goliath, PJ Salvage, and many more. The store is located on the lower level next to the Long Grove Café with convenient parking available.

Come Wine & Dine with Us!

NEW!

- Open 7 Days a Week for Lunch & Dinner
- Casual & Affordable
- Alfresco Dining
- International Wine Selections
- Catering Available—Parties, Showers, Meetings & More



Long Grove
Café

235 Robert Parker Coffin Road
Long Grove
847-955-9600

Long Grove Café's motto
is "Wine and Dine"

Owner Bill Hristakos makes guests feel right at home with his new restaurant, Long Grove Café. It is the only restaurant in Long Grove to offer a full wine cellar and the opportunity to buy wine right at the restaurant.

"Many times people go out and have a nice dinner and enjoy a great wine but they don't know how to find the wine after they experience it. We solve that problem right here, by having the wines for sale," says Hristakos, who also spent many years in the wine business before opening Long Grove Café. "I want to educate people about wine and we plan on having wine tastings and wine dinners on a regular basis."

Long Grove Café is a beautiful restaurant that overlooks a large pond and water

fountain. The wall of glass windows offer an alfresco dining experience even in the months when the weather is cold. In the summer months, the newly-built deck and outdoor seating area provides a great ambiance for dining and people watching in bustling Long Grove.

Chef Leo Perales has created a wonderful menu which WBBM's Dining Critic Sherman Kaplan recently rated 17/20. Enjoy pasta, seafood, steak and chops, as well as shrimp dishes, salads, soups and sandwiches.

Long Grove Café is open seven days a week and is located at 235 Robert Parker Coffin Road in Long Grove. Hours are Sunday through Thursday 11 a.m. to 11 p.m., Friday 11 a.m. to 10 p.m. and Sunday 11 a.m. to 2 p.m. for brunch.

Celine Fine Jewelry, Ltd.
The Most Beautiful Jewelry on the North Shore



3.90 ct rare natural green tanzanite set with .70 cts F-VS₁ diamonds in a handmade 18k yellow gold setting



2.50 ct natural lavender sapphire set with .70 cts F-VS₁ diamonds in a handmade platinum setting

The holidays are fast approaching and the staff at Celine Fine Jewelry, Ltd. has been busy creating a beautiful array of colorful jewelry pieces for you to choose from. We have outdone ourselves this year, and we promise a dazzling assortment of jewelry gift selections in every price range.

People look to Celine Fine Jewelry, Ltd. for unique and beautiful creations. We are able to meet most people's needs in every price range due to our manufacturing capabilities. We have wonderful values in loose diamonds (we bypass diamond brokers by obtaining our diamonds directly from Belgium), in everything from small to large sizes, and we are sure we can satisfy your needs in cut, color and clarity. We can custom design a piece for you, or we will be happy to remount a treasured stone for you or your loved one.

If it is colored stones you're looking for, we have them. Sapphires, rubies, emeralds, tanzanites, tourmalines, spinels, etc., all handpicked to ensure quality. Remember, we never carry lab-created or synthetics.

Everyone at Celine Fine Jewelry, Ltd. wishes you and your family a happy and healthy holiday season.

Celine
Fine Jewelry, Ltd.

203 ROBERT PARKER COFFIN ROAD
LONG GROVE 847-478-1823

WWW.LONGGROVEJEWELRY-CHICAGOJEWELERS.COM

Happenings!

in the area

Suzuki Music School of Barrington in Concert—All Aboard the Holiday Express



Students of the Suzuki Music School of Barrington

The children of the Suzuki Music School of Barrington invite you to climb aboard their Holiday Express imaginary train to faraway lands.

Borrowing a theme from the book *The Polar Express*, this train will make stops in many different countries around the world to celebrate the music and traditions of each culture's holidays.

This concert is guaranteed to engage the whole family. First, young piano students will present live entertainment prior to departure in the "train station" lobby. Then the chamber orchestra will portray a Viennese New Year's Day celebration with Handel's *Concerto Grosso I. Jingle Bells* and the traditional Christian songs about the birth of Christ will be performed as well as celebrations of Hanukkah, the Jewish Festival of Lights which commemorates the miracle of eight days of light from one small jug of oil during the reconsecration of the Temple of Jerusalem. Music celebrating Diwali, the Hindu festival which marks a time of gift giving and the start of a new year in India and Bangladesh, will also be performed by the young violinists, cellists, guitarists and flautists.

Many families make this annual Barrington Suzuki Strings winter concert a holiday tradition. This is partly because it is so amazing to hear and see such young children, ages 3 to 17, making such beau-

tiful and often complex music. They are able to do this with the method of teaching music pioneered by Dr. Shinicki Suzuki.

It was in the ruins of postwar Japan that Dr. Suzuki conceived the music education theory which is now taught in many countries. In the face of devastation after World War II, young Shinicki noticed that, in spite of the chaos, Japanese children learned to speak their mother tongue. Applying that observation to music, he theorized that all children have musical ability that can be developed just as their native language is learned, by observing and mimicking the parents and others who nurture the child. The natural abilities of the child are "nurtured by love" by creating a three-membered team of the teacher, student and parent(s).

So bring family and friends on a Holiday Express of music. Two concerts will be presented. Students of the piano program perform Dec. 7 at 3 p.m. at the Barrington Area Library. The transcontinental journey will depart from the stage of the Barrington High School on Dec. 14 at 3 p.m. Tickets are \$12 for students and seniors or \$15 for general admission. One ticket entitles the holder to enjoy both concerts and the festive receptions after each performance. For ticket information, please call 1-847-382-9517.

Make Your Holiday Wishes Come True with the Barrington Area Arts Council

Enrich your holiday activities with the Holiday Wishes family-oriented madrigal dinner, featuring the Marian Singers Madrigal Ensemble and presented by The Barrington Area Arts Council and The Garlands of Barrington. The dinner will be Sunday, Dec. 7, 4 p.m., at the Theatre for the Performing Arts at The Garlands of Barrington, 1000 Garlands Lane, Barrington.

30 Barrington LIFESTYLES December 2003

ton.

The musical variety show with Old English flavor is an original production of the Barrington Area Arts Council and under the artistic direction of BAAC's Greg Leifel and Susan Schafer. The performance will include traditional holiday carols combined with entertainment that will touch, inspire and amuse. Also perform-

BYDE Presents the Ninth Glorious Production of *The Nutcracker*

The ninth glorious, full length production of *The Nutcracker* will be presented by the Barrington Youth Dance Ensemble at Barrington High School's Richard C. Johnson Auditorium, 616 West Main St., Barrington, on Friday, Dec. 5, 7:30 p.m.; Saturday, Dec. 6, at noon and 6:00 p.m.; and Sunday, Dec 7, at 6:00 p.m.

Ticket prices are \$18 for children, students and seniors; \$22 for adults; \$25 for preferred seating. All tickets will be \$25 at the door. Parking is free.

Tickets for *The Nutcracker* are available at Barrington Dance Academy, 758 W. Northwest Hwy. (at The Foundry in Barrington, Northwest Highway and Hart Road), Monday through Friday from 11:00 a.m. to 5:00 p.m. and Saturday from 9:00 a.m. to noon. Tickets are also available at the Canterbury Shoppe in the Ice House Mall in Barrington, Monday through Friday from 9:30 a.m. to 5:00 p.m. and Saturday from 11:00 a.m. to 5:00 p.m. You may charge by phone.

For more information on *The Nutcracker*, please call 1-847-382-6333, ext. 4.



Pictured during the 2002 production of *The Nutcracker* are Abdelazys Rogue from Miami, Fla., as the Snow King and Anne Harner from Lake Zurich as the Snow Queen.

Barrington Woman's Club Celebrates 90 Years

This year, the Barrington Woman's Club will celebrate 90 years of providing support to local philanthropic, cultural and civic projects in the Barrington community.

In 1914, a small group of women formed this cultural organization and set out to establish the first library in Barrington. The first year, they procured 1,000 books, which were circulated free of charge from William J. Cameron's drugstore. As the library increased its collection, its site was moved several times to new locations. The Barrington Woman's Club managed, staffed and supported the operation until the village and its first library board took it over in 1926.

The club has continued to support the library throughout the years. In addition, a scholarship committee was formed in 1931 to give loans to college students. In 1965, awards were given rather than loans. Presently, the club awards \$24,000 in scholarships annually. Last year, 13 Barrington area charities and service organizations received a total \$7,000.

Among the organizations that received donations from the club last year were: Barrington Area Library, Barrington Historical Society, Barrington Senior Citizens,



(From left) Betty Jones, community relations and volunteer manager for Kenneth Young Center, receives a check from June Dienes, philanthropy scholarship chairwoman for Barrington Woman's Club.

Barrington Youth Services, CASA Child's Voice in Court, Citizens for Conservation, Church Women United Food Pantry, FISH, Hospice of Northeastern Illinois, Kenneth Young Center, BACOA Meals on Wheels, PADS and WINGS.

ing will be the Baroque Babes who will delight you with their baroque style music. The medieval feast will include a special menu, prepared by Garland's executive chef Rick Rizner.

Tickets are \$35 for BAAC members, se-

niors and students, or \$38 for nonmembers. For more information or to reserve tickets, call 1-847-382-5626.

Holiday Wishes is sponsored by Medieval Times Dinner and Tournament in Schaumburg.



It May Not Be Fair... But You ARE Judged by the First Impression You Make

Jared Silver
Founder: Executive Portrait Specialists

Whether you're promoting your business, applying for a new job... just need to look your best for whatever reason... a clean, professional business/publicity portrait is one of the smartest ways you can make a *powerful, positive and lasting* first impression!

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Be honest now—when you're in a hurry do you really read all the nutritional information on the packages? Or, do you grab what **"looks"** good—"looks" familiar—"looks" nutritious (or at least not too harmful) and drop it into the cart? Many "buying decisions" are made within four seconds!

The same holds true for the brand that is "you"

For a professional business image, **looking you're best is a 'snap'** when you call **Executive Portrait Specialists.**

Too busy to 'get out' to a photo studio?

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The specially-trained digital photographers/retouching artists from **EPS** can also **smooth your skin, brighten your eyes, whiten your smile... they can even place a single strand of hair—just right.** Now you're really smiling!

Hello, my name is Jared Silver. Each of my **EPS** associates (myself included) has an average of 18 years experience in commercial advertising photography.

You've likely seen our work in print advertisements for companies like AT&T, Coca-Cola, Baxter Health Care, Federal Express, Kraft Foods, Motorola, Kitchens of Sara Lee, Sportcraft and many more.

We've taken our joint expertise and combined it with the magic of high-end digital photography then added our passion for working with people to create **Executive Portrait Specialists.**

You can now get the exact same professional quality photography (and expert retouching) enjoyed by top celebrities and Hollywood stars!

It's NOT about vanity—it's about looking your best. It's about making the most of what you've got. **EPS** will never over-retouch your good image. There's no need to.

(Please continue on page 35)

Extended Holiday Hours at The Barrington Flower Shop

Barrington Flower Shop has been busy ... come and see what we've found! We have added over 40 new gift lines, a great compliment to our floral business.

Some of the new lines we are featuring include **Votivo** candles, **Metal Morphosis** serving pieces, **Bella Fiore** picture frames and **Studio Vertu** marble coasters. We are also very excited to offer **Miraposa Pewter** serving pieces. **Toby and Max** inspirational bracelets are new as well and a perfect compliment to any flower arrangement.

This holiday season Barrington Flower Shop will have extended shopping hours. Beginning Nov. 30, we will



be open Sundays 11 a.m. to 3 p.m. and Thursday evenings till 8 p.m.

Unlike the national chains, **Barrington Flower Shop** does not charge a separate fee to process your order. Our phones are answered 24 hours a day.

We have served the Barrington area for over 15 years, with daily deliveries from Barrington to Chicago and the outlying suburbs. We import only the finest, freshest flowers from all over the world. And with our artistic staff, we are able to meet all your creative needs.

Please visit our shop for fresh arrangements of flowers and silks, plus antiques and unique gifts. Call **1-847-382-4090** or visit www.barringtonflowershop.com.



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New Year's Eve 2004

CELEBRATION GALA

December 31, 2003
7 PM to 2 AM

- Continuous Entertainment
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- European Pastry Table
- Five Hour Open Bar
- Champagne Toast

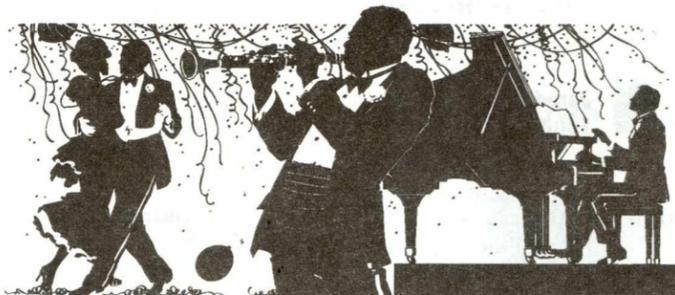
Party Favors & Balloon Drop

For Information & Reservations Please
Call 847-438-0025



20922 N. Rand Rd. (Rt. 12)
(West of Quentin Rd.) • Kildeer

Celebrate a Gala New Year's Eve— Let Concorde Be the Designated Driver



That's right—enjoy to the fullest your 2004 New Year's Eve with no driving involved. **Concorde Banquets**, in conjunction with the Arlington Heights Courtyard by Marriott, has put together a \$280 per couple dinner, party and hotel package that can't be surpassed in all Chicagoland.

The New Year's Eve cocktail party with hors d'oeuvres begins at 7:30 p.m. At 8:30 p.m. a complete 7-course dinner will be served featuring filet mignon bordelaise with three grilled shrimp beurre blanc, cream of mushroom soup, chef's special Concorde salad, asparagus hollandaise, twice-baked potatoes, cherries jubilee for dessert and beverage. Unlimited Chardonnay and Merlot wine are included with dinner.

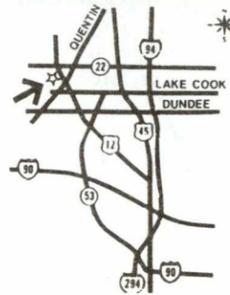
There will be continuous entertainment all evening long. One of Chicago's premier bands, "1st Choice" featuring Maureen Christine, will perform as will the best mobile-entertainment service, "Stax-O-Wax." During the entertainment, there will be a five-hour open bar with top-

shelf liquor. Champagne, party favors and a balloon drop are planned for midnight revelry.

A complimentary shuttle service to the hotel runs every half-hour from 7:00 p.m. to 1:30 a.m.

If you choose not to take advantage of the shuttle and hotel offer, the **Concorde** dinner and festivities are available at \$180 per couple.

For more details, please call the banquet office at **847-438-0025**. Welcome the new year at **Concorde's New Year's Eve 2004 Celebration Gala!**



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Fritzl's New Year's Eve Wine Dinner—Not to be Missed

Fritzl's Country Inn, Barrington Cellars and Jennifer Jones of Pure Wine Co. will present a lovely New Year's Eve wine dinner. Chef Alex Mann will prepare a delectable six-course meal paired with wines. The meal will include veal muffedetta salad, roasted mushroom soup, pan-seared scallops, pork tenderloin and chocolate torte with berries and ice cream. Make your reservations for this special event by calling **1-847-540-8844**. The cost is \$75 per person including wine, tax and service. Advanced credit card prepayment is required.

Regular dining in the restaurant begins at 4:00 p.m.

Fritzl's also has elegant banquet facilities that can accommodate from 20 to 150 people. The facilities are also perfect for rehearsal dinners, wedding showers and anniversaries.

And remember, **Fritzl's Country Inn** in Lake Zurich has the friendliest staff in town!

We will be open throughout January.

A great gift suggestion—a Holiday Gift Certificate from **Fritzl's!**

For the Holidays, Give Café Dos—Simply The World's Best Beans at the Best Price

One cup is not enough!

Coffee is like wine: cheap and bad, or expensive and great. If you want to elevate the coffee drinking experience to new heights, choose **Café Dos**. Get great without the expense; **Café Dos** will deliver select plantation-grown hard beans along with enlightening advice.

Café Dos does not mix beans from country A and country B. Would you drink wine made from grapes grown in New York and California? When you drink the house "blend," that's what you get, cheap beans (a filler) mixed with better beans.

Our current feature is Guatemalan Strictly Hard Bean from San Marcos. These

beans are grown in the lush, volcanic San Marcos region in northern Guatemala. Estate-grown in a perfect microclimate, this coffee is very rich, very well made, and lovely in the cup.

The four categories for judging this or any coffee are:

Cup: Rich, balanced, hearty

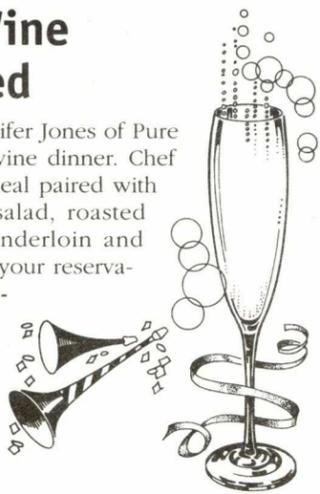
Acidity: Bright and clean

Flavor: Lush, rich and balanced with notes of chocolate and citrus

Body: Rich

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Celebrate the Season in Style with Atrium Garden Center

Atrium Garden Center of Lake Zurich has opened its doors to a winter wonderland. Chicagoland's finest garden center is filled to capacity with prelit trees, matching garland and wreaths, poinsettias, seasonal decorations, and anything else needed to decorate your house so well, it will make Santa jealous.

The multilevel holiday shop is full of prelit trees in all shapes and sizes. The prelit trees range from three feet to 14 feet and come in several widths. Prelit wreaths and garlands are also available in matching styles. Theme decorated prelit trees adorn the lower level, offering excellent decorating ideas along with a unique shopping experience as you can shop from the trees themselves.

For the traditionalists, **Atrium Garden Center** offers a brightly-lit outdoor and indoor fresh-cut Christmas tree lot. Extremely fresh Frasier fir, Balsam fir, Scotch pine and Spruce fill the lot ready for your picking. Fresh wreaths, roping, swags and spruce tops are also available for your decorating needs. Homemade holiday planters and custom decorated wreaths

will definitely add that special touch around your home this holiday season. Over 1,000 poinsettias, homegrown at **Atrium Garden Center** are available in a variety of colors, and other holiday plants fill the greenhouses this time of year.

Trimming the interior of the store are oversized ornaments and snowflakes hanging from the ceiling. They will make anyone feel as small as an elf. Large bows and table centerpieces fill the shelves. Any holiday decoration that you need can be found at **Atrium Garden Center**.

It is also worth noting that **Atrium Garden Center** carries some of the nicest firewood in the area. Seasoned hardwood or birch is ready to burn in your fireplace as you roast your chestnuts. Delivery is available.

Atrium Garden Center is located on the southeast corner of Route 12 (Rand Road) and Cuba Road in Lake Zurich. For information, call **1-847-438-7100** or stop by and check out the area's best Christmas display. You'll probably leave with a car full.

Chicagoland's Newest Christmas Wonderland

The Holiday Season... A Time of Sharing & Family Gatherings!

Atrium Garden Center has Decked the Halls for All Your Christmas Needs:

- Perfect Lit Trees in All Sizes Ready for Easy Assembly Plus Matching Accents
- Theme Trees Created by Our Elves
- Seasonal Decorations
- Fresh Trees, Wreaths, Roping, Swags & Spruce Tops
- Personalize Your Wreath at Our Decorating Wreath Bar
- Poinsettias & Other Holiday Plants

Best Wishes for a Joyous Holiday Season!

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Garden Center, Inc.

Corner of Cuba & Rand Rds.
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Struggling To Lose Weight?



Have books, fad diets, trendy exercise equipment, or self-help programs failed to get you off the weight-loss roller coaster? Dr. Barry Berger may have the answer for you. Dr. Berger's revolutionary long-term weight reduction program incorporates all of the following components:

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- Documented 93% success rate!

Dr. Berger has spent 13 of his 17 years practicing in Lake Zurich. He is board certified in internal medicine, and prides himself in his long list of satisfied patients. Dr. Berger sees all of his patients in person. Much of his services are covered by most insurance companies (sorry, no HMO).

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LOSE THE WEIGHT...AND KEEP IT OFF!

New Weight Loss Program Shows Dramatic Results

Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 12 years, introduces a new weight loss program. This program is based on the 40/30/30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing fat and carbohydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.

Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering your current lifestyle, exercise and diet habits.

Dr. Berger has hundreds of satisfied patients. Insurance usually pays for some or most charges, (sorry, no HMOs).

To begin a weight loss program that really works for you, call 1-847-438-2454 in Lake Zurich or 630-789-9495 in Hinsdale to make an appointment for your consultation today.



The Artful Teapot: 20th Century Expressions from the Kamm Collection

Artist made and antique teapots will be on view at the Chicago Cultural Center in a major traveling exhibition featuring approximately 250 teapot creations from a celebrated collection.

The Artful Teapot: 20th Century Expressions from the Kamm Collection is presented by the Chicago Department of Cultural Affairs at the Chicago Cultural Center, 78 E. Washington St., now through Jan. 4. The exhibition showcases the teapot as an inventive vehicle for artistic expression in the 20th century. Admission to the exhibition and related programs is free.

The Artful Teapot was organized and is circulated by Exhibitions International,

N.Y. The Chicago Cultural Center is the exclusive Midwest venue.

"This is a remarkable exhibition that will delight all ages, from casual viewers to connoisseurs of art, crafts and tea," said Chicago Cultural Affairs Commissioner Lois Weisberg. "Its popularity at some of the previous venues resulted in record-breaking attendance."

On view in the fourth floor exhibit hall will be approximately 250 teapots created by more than 150 artists. The teapots were drawn from the collection of former Chicagoans Gloria and Sonny Kamm. Painters Roy Lichtenstein and David Hockney, sculptors Arman and Michael Lucero, ceramists Betty Woodman and Adrian Saxe, architects Michael Graves and Walter Gropius, Chicago artist Margaret Wharton, as well as Cindy Sherman, Keith Haring, Kasimir Malevich and many others are represented.

The exhibition also features archival drawings, photographs, prints and a video that documents the history of the teapot and the arrival of tea in the West. While the majority of the teapots featured in the exhibition have been created within the last few decades, historical pieces representing the teapot's 500-year history will also be on display, giving a contextual basis to the contemporary works.

Organized thematically, *The Artful Teapot* features a wide range of teapots that illustrate the following themes: Aesthetic Variables, Illusion & Allusion, Rendezvous with Ritual, and Tea for Art's Sake. Addressing aesthetic, social and political issues, *The Artful Teapot* examines the teapot's ability to be more than just a device to serve tea.

The exhibition provides a comprehensive view of the contemporary teapot to date, featuring works in a multitude of



Eye Ohr by Michael Lucero, New World Series, 1993, Earthenware

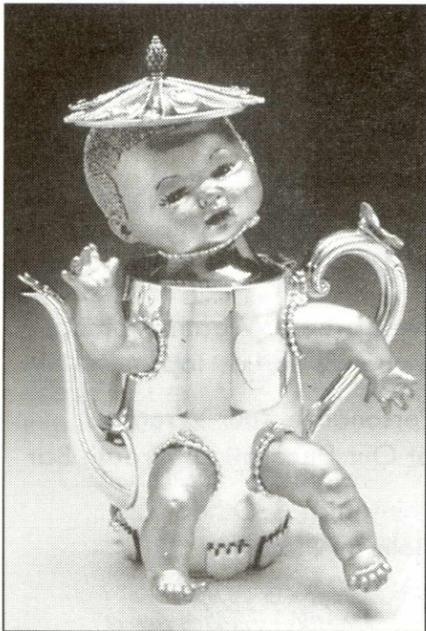
forms, including human, animal, vegetable and even architectural. The teapots on view are made from a wide range of materials from fine porcelain to soda cans. Examples include: Margaret Wharton's *Caddy*, an altered book/sculpture made from found and mixed materials encasing a fanciful teapot-shaped object; Zoe Morrow's *Five on the Line* teapot, featuring shredded \$5 American bills woven into the shape of a teapot; David Gignac's *Celestial Teapot*, in which a white, hand-blown glass orb sits atop forged steel branches simulating a gothic moonlit night; David Gilhooly's *Oreo and Frog Teapot*, which is a basic black earthenware teapot that has lifelike frogs crawling up through cookies to escape the teapot's lid; and *Resurrection of a Broken Teapot*, a striking sculpture by Laszlo Fekete that depicts distressed stoneware hands holding up a pristine porcelain teapot.

All of the works in the exhibition have been culled from the Kamm collection,

husband and wife Gloria and Sonny Kamm's personal trove of more than 6,000 teapots. Working together to assemble the collection from galleries, auction houses, Internet auction sites and by commissioning artists to create their own interpretation of the object, the Kamms have been able to amass the largest collection of teapots in the United States. Gloria and Sonny Kamm are both originally from Chicago. The couple now reside in Los Angeles, Calif.

From their impressive collection, curator Garth Clark, a pre-eminent scholar and author of more than 14 books on ceramic art, has chosen teapots that illustrate the beauty and power of a form and also stand independently as works of art. Clark is the founder and current director of the Ceramic Arts Foundation.

For more information, call 312-744-6630, TTY 312-744-2947. To arrange special group tours, call 312-744-8032. Or visit www.cityofchicago.org/CulturalCenter/.



I'm a Little Teapot by Cheryl Frances, 2000, Metal Teapot, Metal Objects, Doll Parts, Silver, Paint

Pamper Your Friends and Family This Holiday Season at Nails Design

For anyone looking for an exceptional value in a quality manicure or pedicure, a trip north on Hough Street just a few short blocks outside of downtown Barrington is well worth the effort.

Nails Design, located at 557 N. Hough Street, has become a frequent destination for customers who appreciate a pristine and charming environment dedicated exclusively to providing nail salon services.

Partners Inna Peters and Helen Egorov and their associates offer a full range of nail services including French manicures, pedicures, acrylic nails, gel nails, facial

waxing and silk wraps. As a special "get acquainted" incentive to first-time clients, they offer a manicure and pedicure special for \$45.

So pamper your friends and family this holiday season with a gift certificate redeemable for any of their services.

Nails Design is open Monday through Saturday with appointments available until 7 p.m. on Tuesday, Wednesday, Thursday and Friday. The spa is located at 557 N. Hough Street in Barrington. Call **1-847-304-9205** for more information.

Hypnosis

by Martin A. Nathan, M.A., L.C.P.C.

Hypnosis is being used more than ever for treatment of a variety of issues. These include nicotine addiction, eating disorders, nail biting, anxiety and panic attacks, weight loss, depression, anger, pain, and sleep disorders. *It is particularly helpful with stopping smoking.*

I'm a licensed clinical professional counselor and have been in private practice for over 28 years. I see couples for marriage and relationship counseling, and individuals for a variety of issues. I am certified in the use of clinical hypnosis and have been using it in my practice for the past 27 years.

I use hypnosis most often with individuals in order to quickly change habit and behavior patterns that the client considers undesirable. Using hypnosis helps the changes to take place in a much shorter

period of time than traditional counseling alone. The combination of short-term counseling with hypnosis saves both time and money.

If you think that you have an issue that may be treated by hypnotherapy, call and discuss your issue or issues with me. You will learn the approximate number of sessions, the cost per session and whether or not it's for you.

I am also a certified meditation instructor and teach six-week "Introduction to Meditation" classes on a regular basis. Meditation helps you to respond better to stressful situations, lowers blood pressure and generally makes you feel better. If you are interested in learning how to meditate or wish to restart your meditation practice, please call **1-847-934-6555** for information.

Changes in Social Security

As baby boomers near retirement, the rules of Social Security are changing. Debbie Schoendorf, CFP® and financial consultant with **Smith Barney** in Barrington, highlights these changes.

Normal retirement age for Social Security, the age you are eligible to receive full benefits, is gradually being increased from age 65 to 67. You may still choose to begin receiving reduced Social Security benefits at 62. However, the longer the period between when you begin receiving early retirement benefits and your normal retirement age, the more your annual benefit is reduced. If you begin collecting Social Security at 62 and your normal retirement age is 65, your annual benefit will be reduced by nearly 20%, while if your normal retirement age is 67, your annual benefit will be reduced by 30%.

Another change is that after 65, there is

no reduction in Social Security for those with earned income. However, if your earned income exceeds \$11,520 while receiving benefits and you are between the ages of 62 and 64, your Social Security will be reduced.

Deciding when to retire involves more than just your Social Security benefits. Be sure to get the financial advice you need to determine if you can support yourself throughout your retirement. Work closely with your financial and tax advisors to coordinate Social Security with your employer provided plans, individual savings accounts and insurance policies.

Smith Barney does not provide tax or legal advice. Please consult your tax and/or legal advisor for such guidance.

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Holiday Luncheon and Silent Auction

The Welcome Wagon Club of Barrington will hold its Annual Holiday Luncheon and Silent Auction at the beautifully decorated Inverness Golf Club on Dec. 9. This is Welcome Wagon's major fund-raiser of the year and a party not to be missed.

If you wish to donate an auction item or cash, please call Annette at 1-847-382-1947 or Nancy at 1-847-304-0429. All proceeds will go to charity.

This always-fun day will start at 10:30 a.m. with coffee while bids are written for the many wonderful silent auction items.

Appetizers will be served during the social hour; luncheon will be at noon. Entertainment by the award-winning Barrington High School Madrigal Singers will follow. Auction items and door prizes will be awarded after the performance.

All women of Barrington and surrounding communities are welcome. You need not be a member to attend. The luncheon cost is \$35. For information and to make your reservation, please contact Lynn at 1-847-304-1074 or Barbara at 1-847-382-1512.

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It May Not Be Fair...

(Continued from page 31)

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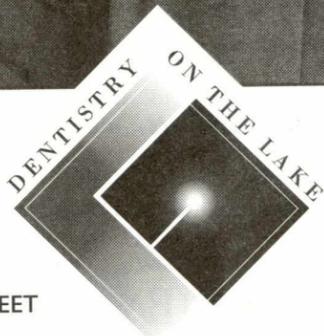
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Rockford Chapter of Lyric Opera of Chicago Features *Samson and Delila*

The fourth of five dinner/lectures underscoring some of the operas presented this season by Lyric Opera of Chicago will be held at Cliffbreakers Restaurant, 700 W. Riverside Blvd., on Monday, Dec. 15.

The lecture will begin after the 6 p.m. dinner at the restaurant, beautifully situated high above the Rock River. The meal will offer several delicious items. Coffee, tea and dessert will also be included.

Denny Hayes, member of the Lyric Opera of Chicago Lecture Corps, will bring his knowledge of and appreciation for the opera *Samson and Delila* by Charles Camille Saint-Saëns. Based on the biblical story of the man betrayed by the woman

he loved and who is enabled to exact his spectacular revenge on the Philistine nation, this opera is full of beautiful music, much of which is popularly recognized.

Cost of the dinner/lecture is \$20 for members of the Rockford Chapter or \$25 for nonmembers. All are welcome.

To reserve your place for this enjoyable evening, please call Deloris Kuberka, 815-399-9555.

An upcoming dinner/lecture will focus on Donizetti's *Lucia di Lammermoor*, Feb. 9, 2004.

If you wish to learn about the benefits of becoming a member, please call Colleen McDonald, 815-399-9249.

Mind/Body Integration

Danuta Maza is committed to a holistic approach to healing and well-being on all levels—physically, emotionally and spiritually.

She is a member of the American Massage Therapy Association. She has had extensive training in Europe. In addition, she has studied traditional Chinese medicine at Xi Yuan Hospital in Beijing, China.

She graduated from Chicago School of Massage Therapy and also received training in cranio-sacral therapy at the Upledger Institute.

Danuta has experience in dealing with fibromyalgia, chronic-fatigue syndrome, migraine headaches and neuro-muscular conditions.



She has helped her clients to find life-changing healing through tapping into their own resources.

To schedule an appointment, call **Danuta** at **1-847-381-6488**.

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Dr. Dan Follmer graduated from Northwestern University Dental School in 1975. He then returned to the college to teach dentistry for two years, after which he returned to his hometown of Wauconda where he has practiced since 1977.

Committed to both academic and clinical excellence, **Dr. Follmer** assigns top priority to continuing dental education. Over the past five years, he has studied extensively at the prestigious Las Vegas Institute for Advanced Dental Studies where he has completed over 300 hours of Continuing Education in the area of cosmetics and neuromuscular dentistry.

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Michael Joseph Director to be Honored at Catholic Charities' Hearts for Homeless Benefit

Hildegard Zimmermann, director of the Michael Joseph Foundation, will be honored during Catholic Charities Northwest Suburban Services' 15th annual Hearts for Homeless Families in Transition Benefit. The event will take place on Saturday, Feb. 28, 2004, at Stonegate Banquet & Conference Center in Hoffman Estates.

A former real estate broker, Hildegard has served as the tireless director of the Michael Joseph Foundation for 11 years. The foundation provides short-term transitional housing in the Northwest Suburbs for families working their way back to self-sufficiency.

Exemplifying "compassion in action," the words included in The Catholic Charities of the Archdiocese of Chicago logo, Hildegard will receive the fourth annual Stephen O'Brien-Combs Heart of Charity Award at the February benefit.

Founded in 1992, the Barrington-based Michael Joseph Foundation is named for "Michael," the first name of an anonymous donor who provided the necessary seed money to initiate the foundation, and "Joseph" as a tribute to St. Joseph, a humble carpenter and patron saint of families and homes.

To learn more about the Michael Joseph



Hildegard Zimmermann to be honored.

Foundation, Hildegard may be reached at 1-847-382-3375.

For information on the Hearts for Homeless benefit and the Catholic Charities' Northwest Suburban Services and how they may help you or someone who needs help, please phone 1-847-376-2100.

Hearthstone Village Invites You to a Holiday Tea

Hearthstone Village Retirement Community will host a holiday tea on **Wednesday, Dec. 10**, from 1:30 to 3:00 p.m. It will be held in the main dining room of their facility located at 840 North Seminary Avenue in Woodstock.

For a donation of \$15, guests can enjoy gourmet finger sandwiches, exotic teas and dessert. Local musicians will provide entertainment. There will be a brief presentation on the history of our holiday traditions. Tea will be served in antique china teacups, which may be purchased after the tea. All proceeds will benefit **Hearthstone**.

Hearthstone Manor, originally The

Old People's Rest Home and later Sunset Village, was established in Woodstock in 1903 as a home for the elderly. Today, **Hearthstone Manor** and **Hearthstone Village** are part of a continuing care retirement community that provides all levels of senior assistance from independent retirement living to skilled nursing care. Their newest division, **Traditions of Woodstock**, offers care for persons with Alzheimer's disease or other forms of dementia.

For more information about the tea or to make reservations, call Deb Rabine, fundraising coordinator, at **815-334-6200, ext. 226**.

Hearthstone Village to Host Free Financial Planning Workshop

On **Thursday, Dec. 4**, **Hearthstone Village Retirement Community** will host a free financial planning seminar from 2 to 3 p.m.

Tim Burkhart, vice president of Estate and Gift Planning of the Free Methodist Foundation, will present "Planning for Your Future." Topics will include: estate planning, living trusts, last will and testa-

ment, power of attorney, and living will. All are welcome. There is no cost to attend. Refreshments will be served.

Hearthstone Village is located at 840 North Seminary in Woodstock. Reservations are being accepted at **815-334-6205, ext. 226**, for the seminar as well as for private consultations.

Wellness Place Offers Cancer Support

The uncertainty of an illness can be minimized when qualified people lend a hand.

Representatives from Wellness Place recently updated the Rotary Club of Crystal Lake Dawnbreakers with an explanation of their responses to key stress periods during the cancer experience.

Wellness Place helps patients and their families deal with the diagnosis, treatment, remission and recurrence of cancer, along with completing treatment and getting well. A third of all women and half of all men in the United States will be diagnosed with cancer in their lifetime, according to Mary Ann Roser, director of development for Wellness Place. Over 20,000 people are living with cancer within 10 miles of the Palatine location.



Mary Ann Roser, director of development for Wellness Place, and Ken Gneims of the Rotary Club of Long Grove recently updated the Crystal Lake Dawnbreakers Rotary Club on the services offered by Wellness Place.

Home of the Sparrow Seeks Volunteers to Serve on McHenry Gala Committees

Home of the Sparrow is in the beginning stages of planning for its March 2004 McHenry Gala, and we need your help. All levels of interest are welcome. Volunteers for Planning and Strategic Committee positions are available for energetic community leaders. Many opportunities are available for anyone with the desire to express their creativity or just to lend a helping hand. Here's your chance to have some fun, make new and lasting friendships, and make a difference in the community through a gift of time and involvement with this Home of the Sparrow fundraising event. Call Maureen Starmack, director of development, at 815-344-5171, ext. 29, for more information and to volunteer.

Home of the Sparrow is a nonprofit agency that provides a comprehensive liv-

ing program for homeless women and children aimed at removing the barriers to permanent housing. The organization strives to eliminate hunger, homelessness and joblessness by guiding individuals through a series of programs designed to enhance self-respect, independence and self-reliance.

Home of the Sparrow is based in McHenry, and maintains shelters in McHenry, Crystal Lake and Palatine. A significant portion of Home of the Sparrow's annual budget comes from sales at the three Sparrow's Nest stores located in McHenry, Cary and Palatine.

For more information about Home of the Sparrow or to find out how you can help, visit www.homeofthesparrow.com or call 815-344-5171.



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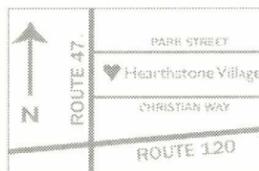
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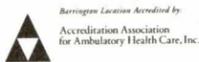
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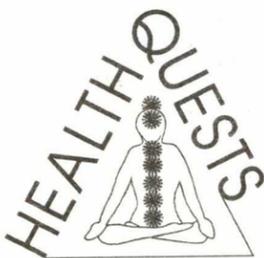
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Versa is more than a spa. Supervised by the board-certified dermatologists of **Dermatology Physicians & Surgeons, Ltd.**, **Versa** is your clinical resource for improving skin health and radiance through medically supervised treatments including advanced clinical microdermabrasion and formulations of glycolic peels specific to your skin type and concerns. Medically trained, licensed estheticians will help you find the right treatments to reveal a healthy holiday glow, head to toe. Clinical skin care is not just for the face; the chest, arms, back, hands and your entire body can visibly benefit from the rejuvenation of any of our services at **Versa**.

Once you reveal that beautiful skin, enhance it with the just the right touch of holiday sparkle. During December, **Versa** is offering specially priced Jane Iredale cosmetic packages designed for holiday makeup routines that are simple, natural and beautiful. Jane Iredale cosmetics are mineral-based, beneficial to your skin, and come in a full palette of natural and accentuating colors. And as our gift to you, with any \$75 cosmetic purchase, you

will receive a complimentary instruction with one of our makeup artists.

Beautiful skin is also skin free of unwanted hair. If you haven't yet tried permanent hair removal with Intense Pulsed Light at **Dermatology Physicians & Surgeons, Ltd.**, now is the perfect time. We are a certified national physician-training site for Medi-Lux IPL to permanently remove hair as well as erase irregular pigmentation, diminish blood vessels and facial redness, and treat some forms of acne.

And don't forget that as much as you wish to reveal a little radiance this holiday season, you can give the gift of radiance too. Gift certificates are available in any denomination and for any of our **Versa Medi-Spa** services.

We wish you a happy holiday season and healthy, beautiful skin, head to toe.

Dermatology Physicians & Surgeons, Ltd. and **Versa Medi-Spa** are located in The Foundry of Barrington, **1-847-382-6800**, and in the Crystal Point Office Center in Crystal Lake, **815-455-4433**. Appointments are recommended for services; we welcome you to stop by during daily office hours for purchases, with your questions or to consult with any one of our estheticians or makeup artists.

Discover the Awakening Master Within!

This is truly the age of enlightenment. We are presented with wondrous opportunities to advance. We are all in the process of fully awakening to our divine essence and remembering who we really are. There is a realm of light never before witnessed by many, a beauty beyond imagination. The realm of light is our own soul and I am presence. **HealthQuests** offers classes, private sessions and a full line of meditation CDs to support you along the journey back to full awareness of your soul.

Pamela Arwine offers **private sessions**, which utilize years of experience in integrating some of the most powerful modalities available in a compassionate, loving and direct approach. She'll look into your energy and draw out energies and patterns, which may be keeping you stuck, and talk things through to shift awareness and nurture healing with powerful energies.

Pamela's **CD programs** gently, softly guide you through preparing yourself for spiritual advancement, healing your body mind, bringing in the full force of unconditional love and merging with the highest levels of your soul. Call for a full brochure describing all 15 CDs.

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connection to the energies of the ascended masters and archangels and integrates the feminine/masculine aspects of the above systems. It opens you to the profound depths of compassion and mercy within your heart. **Metaphysical Hypnotherapy** deepens your understanding of the metaphysical workings of the universe as it teaches you to safely bring yourself and others into a deep trance state in which great shifting may occur. **Reiki Shares** gives you the opportunity to deepen your knowledge, meditate in the energy fields of other healing masters, receive a free session and offer the gift of sessions to others. Through the integration of these offerings, you have the opportunity to continually evolve your spiritual capacities to affect much personal growth and healing and become a true healing master.

Whether your goal is personal healing and spiritual evolution or becoming a professional healer, taking this work to its deepest level is life changing. You can know profound peace. You can, and will, evolve!

Pamela Arwine is a holistic therapist certified in Usui Reiki, Karuna Reiki, Advanced Spiritual and Intuitive Counseling, Rubenfeld Synergy, Gestalt Therapy, Hypnotherapy, Akashic Records Reading and Thought Field Therapy. She has studied various forms of Reiki and energy healing locally with many different teachers. She has taken extensive training in California, Hawaii, Arizona, New York and Michigan. She has practiced energy healing daily, both professionally and for herself since 1994. She is a category-A provider for CEUs with the NCBTMB.

If the type of program Pamela has to offer appeals to you, please call **815-455-4502** or visit www.healthquestsonline.com to see what others have had to say.

Pilates Studio May Be Fountain of Youth

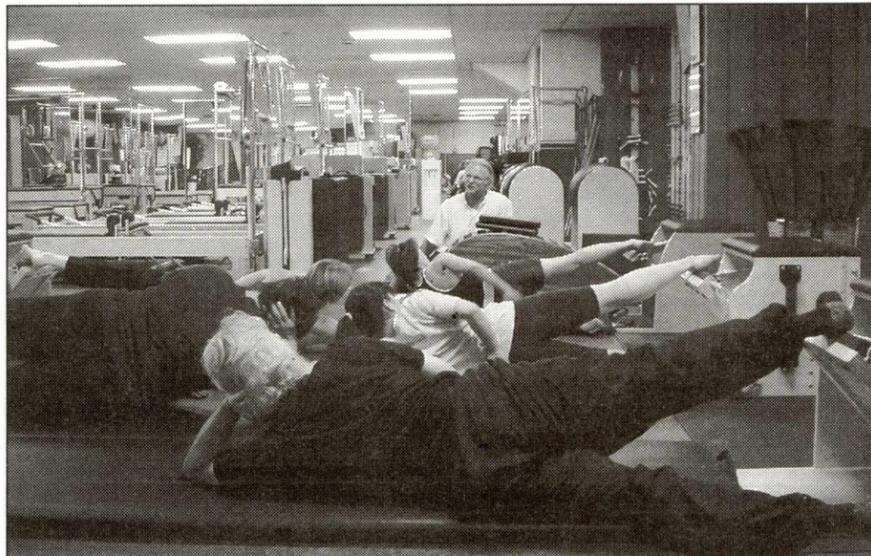
It's well known that exercise is good for general health, but its potential for defying aging has been largely unexplored. Can exercise slow or actually reverse the aging process? Mia Scheid of **Fitness Arts**, a Pilates studio in Palatine, thinks so.

In her 28 years of teaching movement, she has seen exercise make dramatic changes in her clients' lives. "Pilates is centered around body restoration and improving day-to-day movement," Scheid says. "Gravity can age the body if we don't relate to it well in the way we function daily; when we walk, sit, and stand. By restoring alignment and developing core strength, we can defy gravity's aging effects on our body."

Fitness Arts clients are buzzing about the unexpected side benefits of their workouts. Maureen Fischer, 64, of Arling-

ton Heights was astounded when her yearly physical proved her to be 1¼ inches taller after a year of regular Pilates sessions. "Before Pilates, I shrank three inches over time. I thought it was an inevitable part of aging. I'm so happy to know now that I can get better as I age."

Kerry Malczyk, 32, of Schaumburg, loves the Body Rolling at **Fitness Arts**. The studio is one of the first to offer this cutting-edge exercise technique developed in New York by Yamuna Zake, whose second book will be released in January. Small therapy balls are used to stimulate bone, lengthen and tone muscles. Think of an hour of super toning, deep massaging, and no sweat. "The change is so dramatic and immediate," says Malczyk. "I tell all my friends you have to see it to believe it." Scheid sees this reaction often. "People are amazed



when they find they can visibly lift buttocks and breasts through a technique that's so simple. Even facial muscle tone can be improved."

Not only does the type of holistic exercise offered at **Fitness Arts** improve the body's appearance, it comes without the negative side effects of many traditional exercise methods. "We focus on the function of the body as a whole," says Scheid. "Exercise needs to be more than just a weekly activity. It needs to translate into how we live in our bodies every day."

Fitness Arts' studio is located in Palatine's Plum Grove Estates at Plum Grove Park. Established in 2000, the studio offers state-of-the-art Pilates equipment and

certified instructors who have completed thousands of hours of comprehensive professional training. **Fitness Arts** is the largest full-service Pilates studio in the Midwest.

To learn more, plan to visit the **Holiday Open House** scheduled for **Saturday, December 13**. Visitors are welcome to view the studio and participate in the demonstrations and activities held from noon to 2 p.m. **What Is Pilates?**, a free class, held from 10:00 to 11:30 a.m., will introduce the fundamentals of Pilates movement. Space for the class is limited and reservations are recommended.

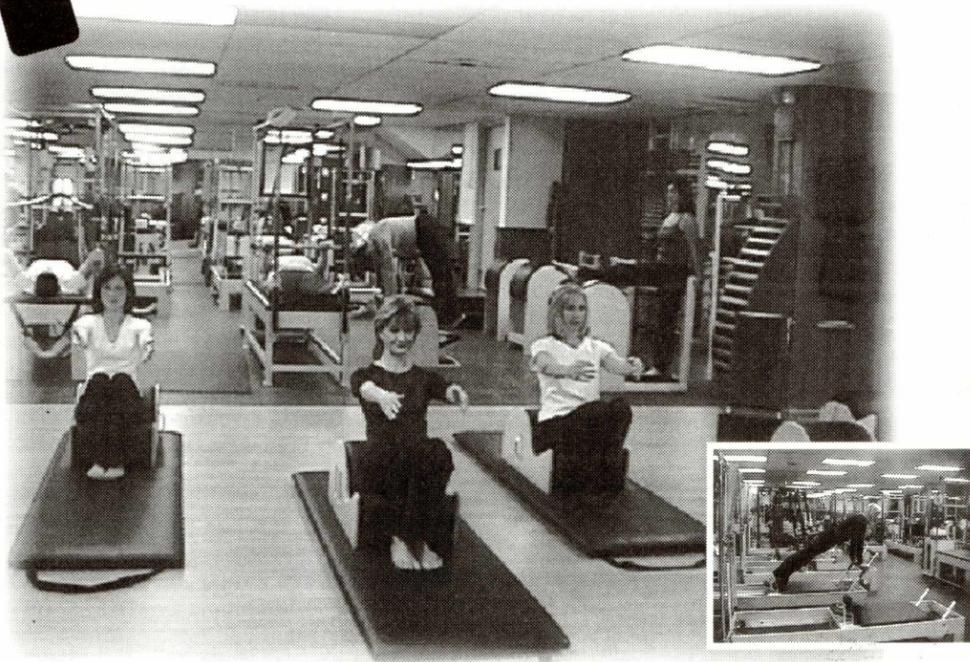
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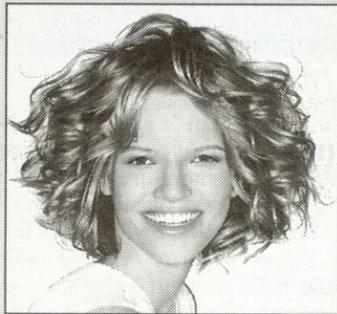
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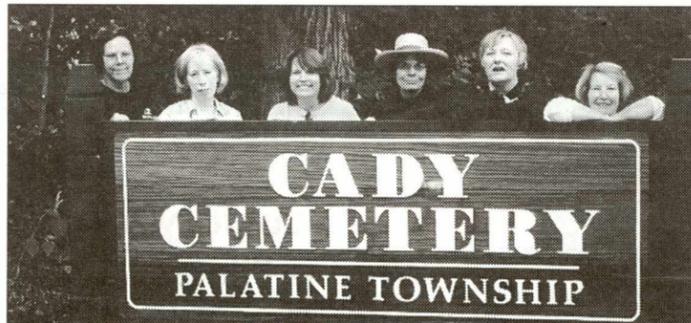
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**Garden Club of Inverness Landscapes
Cady Cemetery Entrance**



Garden Club of Inverness volunteers who planted new landscaping at the Cady Cemetery entrance: (from left) Sally Hard, Cathleen Laskov, Beth Woldman, Janet Sholiton, Dolores Urbasik and Linda Denison, club president.

What started as a casual interest has turned into a commitment for Inverness resident Janet Sholiton. Ms. Sholiton has led the way in recent improvements of the entrance to historical Cady Cemetery on Ela Road in Inverness.

A member of Garden Club of Inverness, the Clarinda Cady Questers and the Palatine Township Cemetery Committee, she enlisted the help of garden club volunteers in adding landscaping around the cemetery's sign and entry drive. The township installed the updated sign in November 1997.

"Through Questers, I became interested in our local pioneer cemetery," Sholiton said. "I feel that as a community we can pay more respect to our predecessors."

Among other activities, Questers work to preserve historic buildings and land-

marks. She attended two meetings of the Palatine Township Cemetery Committee, which maintains five cemeteries in the area, joined the committee and then asked Garden Club of Inverness members to lend their expertise.

On Sept. 24, volunteers went to work installing more than 10 varieties of plants and spring bulbs, all donated by club members. Plant donors and landscaping volunteers were: Tom and Linda Calhoun, Betty Ann and George Dailey, Linda Denison, Sally Hard, Sally Hilgendorf, Cathleen Laskov, Anne Samyn, Rose Schneider, Dolores Urbasik, Adele Walker, Beth Woldman and Ms. Sholiton.

Cady Cemetery contains the graves of a number of early settlers, including at least three Civil War veterans. Ms. Sholiton reports that there is much more work to

Floss?

"What? Do they really have to floss? I don't even floss mine."

Parents ask this question on a regular basis when flossing is suggested as part of their child's oral hygiene routine. The answer is always the same—yes!

When a child's primary (baby) teeth grow into their mouth, there are always spaces between them. These spaces, especially in the back (molar) area, close as children get older. Once these spaces are closed, a toothbrush bristle can't break through the tight contacts between the teeth. Food can become caught in these areas, remain undisturbed for a long period of time, and allow the cavity process to begin. The first place we will see cavities developing in a child's teeth are on the chewing surfaces of the molars. But the most frequent place for cavities to

by Irwin Seidman, D.D.S.

begin are on the sides, in between these teeth. A toothbrush can effectively clean the tongue and cheek sides of a tooth as well as the chewing surface. But the only way to help prevent the most common of the childhood cavities is the use of floss.

The flossing procedure need only involve the passing of the floss through the contact areas to break up food debris. For children below the age of 9, this is best accomplished with parents' help. Most children above 9 can usually do this effectively on their own.

I am a pediatric dentist and an assistant professor of pediatric dentistry at the University of Illinois College of Dentistry. If you have any questions regarding your child's dental health, please contact me at **1-847-991-4663**.

For a Beautiful Holiday Look

Escape from the holiday rush this season and treat yourself to a light, bright, twinkling holiday look. Let the experienced staff at **Elevation Salon** show you how.

Whether its a dazzling highlight or a beautiful shiny color, the highly trained staff at **Elevation Salon** will use their state-of-the-art haircolor, Colorly by Italy Hair Fashion, to make your holiday look complete. Colorly hair color will leave your hair in the best condition ever. If you're just looking to blend your grey hair or to add shine to your natural color, Detyton by Italy Hair Fashion will do just

that for you. Whether you're looking for an updated cut and style, a texture wave to make styling your hair for that holiday party simple, or a color to make people's heads turn at that party, let **Elevation Salon** help you through the holiday hustle looking your best. Stop in for a **complimentary cut and style** with any chemical service.

Elevation Salon is located on Northwest Highway in the Hillview Center in Barrington. Call **1-847-304-5970** for more information or directions. Gift certificates are available.

**Barrington Area Professional Women
Connect for the Holidays**

Join us Thursday, Dec. 4, for our holiday networking and gift-giving event. Janet Langenderfer, president of Vision Partners, will facilitate networking discussions as we move from table to table, making new friends and business connections. Barrington Area Professional Women's monthly dinner meeting will be held at the Barrington Country Bistro, 700 Northwest Hwy. Networking will begin at 6:15 p.m., dinner at 7:00 p.m. and the program at 8:00 p.m. The evening will conclude at 9:00 p.m. Reservations are required. We are also collecting gifts for a needy family. See www.bapw.org for the WINGS family wish list. (Participation is optional.)

Following dinner, we will take our coffee and move from table to table participating in timed, planned, facilitated discussion with those around us. During the course of the evening, it is our goal that you will come away with a new friend, business contact and/or renewed interest

in a fellow member.

Ms. Langenderfer is an emerging leader in strategic planning and facilitated process improvement for organizations in the Chicago area. Janet previously held senior level positions at MasterCard International, First Chicago (now Bank One) and Booz Allen & Hamilton.

Barrington Area Professional Women's meetings are open to women who work or live in the Barrington area. The group offers a unique opportunity to meet other business and professional women, learn new skills and establish connections in the community. The cost for the evening is \$28 for members or \$33 for guests. Reservations may be made by calling Susan Legrady at 1-847-381-5501 or by sending an e-mail to mjlegrady@aol.com by Monday, Dec. 1. Additional information about Barrington Area Professional Women can be found at www.bapw.org.



be done, especially in restoring the grave sites and markers. Anyone interested in helping is asked to contact the Palatine Township Cemetery Committee, 1-847-358-6700.

Garden Club of Inverness is a member of Garden Clubs of Illinois, Inc., District

IX, Central Region, and of National Garden Clubs, Inc. One of the main goals of the clubs is to encourage the improvement of public spaces through landscape design and plantings. Local members volunteer their time and talents for a variety of community projects.

Language Stars Makes Learning a Game

"Language Stars is simply a great program; I have never found anything that works as well for my children. Language Stars makes learning a game," says Karen Pritzker, mother of five.

Language Stars' unique **FunImmersion™** method turns learning into a game, focusing on a young child's ability to learn a language naturally through fun and engaging activities. Children learn through interactive games, arts and crafts, singing, cooking and more, all presented entirely in the foreign language.

"Children have a window of opportunity during which the brain is uniquely suited to absorbing language naturally," explains Karen Gould, Language Stars' director of education. "Children have the innate ability to absorb the structures and rules of a language as easily as they learned their first language. They can also pick up a native accent flawlessly."

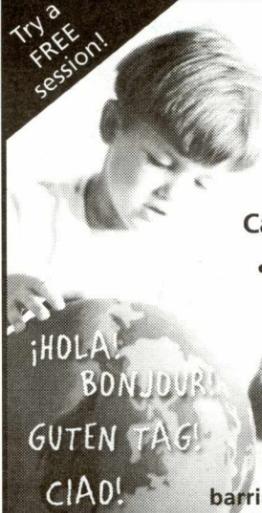
Children who learn a second language

young also go on to show enhanced problem solving skills, stronger communication skills, and higher standardized SAT test scores.

Language Stars offers **FunImmersion™** programs for children ages 1 to 10 in several Chicago and suburban locations, including Barrington and Arlington Hts. In addition to year-round programs for Parents & Tots (12 to 36 months) and Kids Only groups (3 to 5, 5 to 8 and 8 to 10 years), Language Stars also offers exciting summer camp options.

"After just one week of Language Stars camp, there was an explosion of Spanish in our house!" says Dena, mother of 5-year-old Marlee. "The teachers are all native speakers, and most importantly, my daughter had a ton of fun."

To learn more about Language Stars, please call 1-847-382-1190, e-mail barrington@languagestars.com or visit www.languagestars.com.



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Wellness Place Introduces Kids, Teen Cancer Groups in January

Kids Care and Teen Time, new support groups for children and teens who have loved ones with cancer, will meet six times in January through March at Wellness Place, a cancer resource center located at 1619 W. Colonial Parkway, Palatine. Registration for the free programs is due by Monday, Dec. 15, by calling Lori Mackey, certified child life specialist, at 1-847-221-2400.

• **Kids Care**, designed for children 6 to 12 who have an adult family member diagnosed with cancer, will meet on alternating Mondays, Jan. 12 and 26, Feb. 9 and 23, and March 8 and 22 from 6:00 to 7:30 p.m.

• **Teen Time**, created for teens ages 13 to 18 who have a loved one diagnosed with cancer, will meet on alternating Mondays, Jan. 5, Jan. 19, Feb. 2, Feb. 16, March 1 and March 15 from 6:00 to 7:30 p.m.

December Group Networking Opportunities

• **Welcome Sessions**, offering a guided tour of the cancer center and information about free programs and services available to participants, will be held Tuesdays, Dec. 2 and 16, from 6:00 to 6:30 p.m.

• **Coping with Cancer**, facilitated by Diana Wilson, Wellness Place clinical specialist, and Charlie Stephens, cancer survivor, welcomes people newly diagnosed with cancer, new to Wellness Place or experienced in the cancer journey, to attend for support and continuing education on Tuesdays, Dec. 2 and 16, from 6:30 to 8:00 p.m.

• **Caregivers/Family/Friends Group**, coordinated by Margaret French, Wellness Place clinical specialist, and Wilson, invites people who care about someone with cancer to meet Tuesday, Dec. 9, from 7:00 to 8:30 p.m.

• **Men with Cancer Networking Group**, led by Harvey Wolf, health psychologist and Wellness Place consultant, and Stephens, will discuss issues faced by men with cancer on Tuesday, Dec. 9, from 7:00 to 8:30 p.m.

• **Breast Cancer Networking Group**, facilitated by Kathy Hill and French, Wellness Place clinical specialists, will meet Wednesday, Dec. 10, from 6:30 to 8:00 p.m.

• **Recurrence/Metastatic Networking Group**, led by Wolf and Lois Coldewey, Wellness Place clinical specialist, includes people with recurrence or metastatic disease, their family and friends, and will meet Monday, Dec. 22, from 9:30 to 11:00 a.m.

• **Leukemia/Lymphoma/Multiple Myeloma Group**, facilitated by Sue Blechschmidt, Wellness Place clinical director, and Wilson, includes cancer survivors, family and friends who will meet Wednesday, Dec. 17, from 11:30 a.m. to 1:00 p.m.

• **Spirituality and Well-Being Group**, facilitated by Lois Coldewey, a registered nurse and certified spiritual companion, will help participants search for a deeper meaning and purpose to life and reflect on spiritual beliefs and practices on Thursdays, Dec. 4 and 18, from 10:30 a.m. to noon.

• **Young Women's Circle**, facilitated by Margaret French, Wellness Place clinical specialist, and Amanda Holmes, licensed clinical professional counselor, will address issues of particular concern to young women. The newly formed group, focusing on different topics each month, will meet Thursday, Dec. 18, from 6:30 to 8:30 p.m.

• **Family Consultations** are available for individuals, couples, children and teens, and families to discuss resources and ways to cope with cancer's impact on family life. Wellness Place professionals meet with parents and children together or on an individual basis. Call for an appointment.

Wellness Place, a nonprofit organization incorporated in 1999, offers resources, support and education for people with cancer, their family and friends, and serves 60 communities in the Northwest Suburbs of Cook County, and parts of McHenry, Lake and Kane counties.



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Outstanding Martial Artist of the Year

On July 26, Master Selander Morris Lawson was inducted into the Martial Arts International Hall of Fame and was awarded outstanding Martial Artist of the Year. The award was presented by the United States Martial Arts Association.

Master Lawson is proud and honored to receive this prestigious award. He is also very proud of his students. He feels honored to have dedicated instructors and students who are constantly working to improve their life skills, such as building self-confidence, increasing focus and respect, and improving goal-setting abilities, be it as national and international com-



petitors or as positive role models in their communities.

Master Lawson thanks God for His guidance and his students for their support in making this recognition possible.

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Dr. Phillip Lee Patrone Now Practicing in Barrington

Periodontics, anesthesia and dental implants are now available in the Barrington community at the office of **Dr. Phillip Lee Patrone**, 204 W. Main Street, 1-847-277-0181.

Besides being a periodontist and certified anesthesiologist, **Dr. Patrone** has advanced training in surgical dental implant procedures and reconstructions. He is able to restore lost bone for future implants. If you have been told you are not an implant candidate, **Dr. Patrone** may be able to help.

Dr. Patrone's training in anesthesiology has afforded patients the opportunity to have their periodontal or implant care completed under the gentle, relaxing and anxiety reducing method of intravenous sedation/general anesthesia. Coming to the specialist's office no longer needs to be a fearful experience. If you or someone you know has avoided seeing a periodontist because of fear, anxiety or nervousness, **Dr. Patrone** and his staff will take care of you in a comfortable, safe and caring environment.

Dr. Patrone is partners with Drs. Stan Treitler and Terry Sandroff. Their four office locations in Arlington Heights, Vernon Hills, Bloomingdale and Barrington provide periodontal, dental implant and anesthesia services six days a week to meet your needs. Part of their success is working closely with your general dentist, especially since a large part of periodontal and implant dentistry demands strict attention to cosmetics.

Dr. Patrone was born in 1964. He was raised in Ohio where he attended prep school at Linsley Institute. After majoring in mechanical engineering for his undergraduate work, he earned a degree from



Dr. Phillip Lee Patrone

The Ohio State University College of Dentistry. He then completed a general practice residency/surgical internship at St. Elizabeth Hospital Medical Center.

Dr. Patrone is a certified dental anesthesiologist and is trained to administer general anesthesia and intravenous sedation. He earned his Certificate of Dental Anesthesiology from Metro Health Medical Center and has lectured at Case Western Reserve University in general anesthesia. **Dr. Patrone** teaches the course for local anesthesia for William Raney Harper College's Dental Hygiene Program. Along with the above education and experience, **Dr. Patrone** is Advanced Cardiac Life Support certified and an instructor in cardiopulmonary resuscitation. He received his degrees in periodontology and dental implantology in addition to his masters of science from The University of Iowa.

Dr. Patrone is a member of the American Dental Association, Chicago Dental Society, American Academy of Periodontology, American Dental Society of Anesthesiology, American Association of Hospital Dentists, American Academy of Implant Dentistry and American Academy of Osseointegration.

The Eyebrows

The appearance of the forehead and upper face play a fundamental role in our overall appearance and affect how others perceive our inner emotional state. The forehead region is intimately associated with expressions of sadness, fatigue, fear, anger and surprise. Interestingly, the natural aging process that occurs in the forehead and upper face closely mimics these same expressions. Unfortunately, the changes that occur as the forehead and upper face age are some of the earliest signs of facial aging overall and occur to a point where they begin to negatively impact our interactions with other people as we no longer look the way we feel.

"Gravitational and degenerative aging occur in the forehead and upper face just as it does in the mid- and lower face and do so at an early stage. Why this is so frequently overlooked remains a mystery to me, because the signs are so obvious yet easily corrected," says aesthetic plastic surgeon **Greg M. Bazell, M.D.**, of **The Aesthetic Plastic Surgery Center of Barrington**.

The signs of forehead aging are predictable and obvious: the eyebrows descend to assume a lower than normal position, the upper eyelids become puffy, a skin fold begins to form above the outer upper eyelids, and wrinkles along with

by Gregory M. Bazell, M.D.



creases that won't go away appear on the forehead and between the eyebrow region.

The position of our eyebrows is maintained by a delicate balance between two muscle groups located in the forehead region. One group lowers or depresses the eyebrows while the other group raises or elevates the eyebrows. The depressor group is the more powerful muscle group and is the main cause of eyebrow descent or ptosis. Because of their repetitive action, the eyebrows are lowered to an unwanted position; the upper eyelids appear puffy as the eyelid crease becomes obscured; a fold of skin begins to form over the outer portion of the upper eyelid; unnatural horizontal, vertical and oblique furrows and creases form between the eyebrows; and undesirable facial expressions occur. The elevator group plays a crucial role in combating the ability of

(Please continue on page 51)

Lifestyle Changes for Seniors

"Is life getting in the way of how you want to live?"

It's a provocative question, and it's the kickoff point of a new video aimed at senior citizens that may be reluctant or fearful of change in their lives.

"The process of downsizing or making a lifestyle change can be difficult," said John Rijos, president of Brookdale Living Communities, Inc.

The video *Does Your Life Still Fit Your Lifestyle?* is being distributed free of charge

at **The Devonshire of Hoffman Estates**. For over a decade, **The Devonshire**, an independent and assisted-living community, has provided exceptional senior living to the Chicagoland area. **The Devonshire** has helped smooth the transition process for thousands of seniors and their families over the years. **The Devonshire** hopes that this video will help seniors better understand the value of relocating to a senior retirement community.

Spaces for Infants Through 6 Years Available!

Barrington Community Child Care Center, located at 560 Carl Avenue in Barrington (two blocks west of McDonald's), is a private center designed creatively for childcare, serving children 6 weeks to 6 years. Our facility offers large child-friendly classrooms with a diverse environment that promotes self-esteem, independence and cognitive growth. Our early childhood program focuses on the whole child. Each week, lesson plans are developed around thematic units which include developmentally age-appropriate activities such as creative play, science and discovery, music and movement, reading readiness, and field trips. We facilitate children in developing a positive self-esteem, respect for others, sharpen and widen language skills, and work on kindergarten readiness skills. Most importantly, our desire is to provide each child with a positive school experience.

Barrington Community Child Care Center provides excellent care for growing and developing infants. The interaction with a primary caregiver has a strong influence on their development. While

maintaining the focus on flexible scheduling, we are able to meet each infant's individual needs.

Barrington Community Child Care Center provides nutritiously-balanced, catered lunches and two snacks every day. Meals are served in a relaxed family-style atmosphere to promote socialization and healthy eating habits.

Barrington Community Child Care Center offers special enrichment programs, field trips and family events on a regular basis as part of our commitment to bringing our families and school closer together. Our teachers are experienced, professional, child-centered adults who enjoy teaching and caring for young children. The teachers work hand-in-hand with the **Barrington Community Child Care Center** in the daily nurturing of young children.

Come see what we are all about at the **Barrington Community Child Care Center** and give your child a creative, enriching and meaningful preschool experience.

The Forgotten Organ

Did you know the skin has many functions? The most important is protection against germs, bacteria, toxic substances, solar radiation and dirt. Skin forms an acid mantle and eliminates germs through perspiration, sebum, dead skin and the discharge of carbon dioxide. Skin breathes in oxygen and regulates body temperature. Substances that can readily penetrate skin include lipoid and fat-soluble substances, gases, phenol derivatives and essential oils.

The *epidermis* is the outermost layer of skin. The parts of the epidermis are:

- The stratum corneum (horny layer) with scalelike cells that are continually being shed and replaced
- The stratum granulosum with cells undergoing a change into the horny layer
- The stratum germinativum (also referred to as the basal layer) responsible for the growth of the epidermis and contains the melanin pigment (which gives us color)

The *dermis*, the second layer of skin, contains connective tissue consisting of elastin/collagen, blood vessels, subcutaneous glands, hair shafts and roots, sweat glands, lymph vessels, and nerve endings to feel hot, cold and pain. The dermis is where

breakdown occurs caused by advancing age, inadequate diet, hormones, stress, environmental toxins, poor circulation and heredity.

The *subcutis/hypodermis* is the third skin layer consisting of loose connective tissue, lymph ducts, fatty tissue and blood vessels.

Skin is the reservoir for our blood, which is shunted from the skin to general circulation every 20 seconds. It transports oxygen and nutrients to cells, removes carbon dioxide and waste, and provides detoxification.

One square inch of skin contains:

- 20 blood vessels
- 65 hairs
- 78 heat receptors
- 100 oil glands
- 165 pressure receptors
- 1,300 nerve endings
- 19,500 skin cells

A lot of information is carried by the skin in one square inch. Don't forget it. Please take care of it. It's the only skin you have!

For more information on skin and how to take care of it, please call **Estetica** at **1-847-438-2100**. (Thanks to Alison H.)

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Northwest Dermatology in Hoffman Estates is pleased to announce the addition of two new lasers to our services.

The **V-Beam** pulsed-dye laser is a safe and effective treatment for facial spider veins, rosacea, small leg veins, scars, port wine stains, warts, hemangiomas, poikiloderma, psoriasis and wrinkles. The laser is designed to deliver an intense but gentle burst of laser light to the skin.

The **GentleLASE** laser is a fast, effective treatment of unwanted hair, requiring no creams or needles. Patients do not need to let their hair grow. The GentleLASE system, a revolutionary long-pulse high energy Alexandrite laser with a dynamic cooling device, emits a gentle beam of light that passes through the skin to the hair follicle where it is absorbed. The laser energy is transformed into heat, which destroys the hair follicle leaving the surrounding skin unaffected.

In addition to general and surgical dermatology, we provide a variety of services

to enhance your skin. For skin rejuvenation, we have products and treatments available including Collagen and Botox for fine lines and wrinkles; beta-lift peels to unclog pores, clear up acne and soften fine lines; and microdermabrasion for increased firmness, minimized pores, more even skin tones, and reduced pigment marks and scars. For the treatment of psoriasis and vitiligo, we have available the Narrow Band UVB as well as PUVA light treatment. Botox injections are also available for treating hyperhidrosis.

The doctors in our practice, **Dr. Susan Liebovitz, Dr. Patricia Ledwig, Dr. Leslie Beaird** and **Dr. Alka Madan**, are all board-certified dermatologists who continually strive to provide the utmost in quality dermatologic care in a caring, friendly atmosphere.

Please call our office, **1-847-884-8096**, for additional information or to schedule an appointment.

GSH Auxiliary Meeting

The annual meeting of the Auxiliary of Good Shepherd Hospital will be held on Wednesday, Jan. 7, 2004, at D & J Bistro, 466 S. Rand Rd., in Lake Zurich. The social hour will begin at 11:30 a.m. followed by the luncheon.

Dr. George Christy will address the topic "Protect Your Heart." Christy graduated with honors from Loyola University, Chicago, and received a degree in medicine from Stritch School of Medicine at Loyola. An internship and residency in internal medicine were completed at Emory University School of Medicine in Atlanta, Ga. He completed his fellowship in clinical cardiology and interventional cardiology

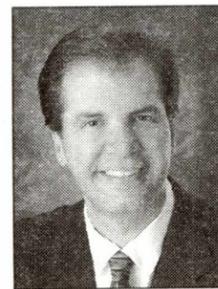
at St. Luke's Episcopal Hospital/Texas Heart Institute. Certified in internal medicine and cardiovascular diseases, Christy is associated with Midwest Heart Specialists and is on the staff of Good Shepherd Hospital.

Dawn Aguilar will speak about her 2003 auxiliary scholarship (nursing). The slate of officers for 2004 will be installed also.

All auxiliary members are invited; guests are welcome. Cost is \$20. Checks payable to the Auxiliary of Good Shepherd Hospital may be mailed to: Marion Wulff, 477 Eton Drive, Barrington, IL, 60010. The reservation deadline is Dec. 28. For further information, call 1-847-382-4720.

Sorting Through Dental Technology: Part IV

by James T. Gavrilos, DDS



Over the last three months, I discussed how new technology, new techniques and new materials constantly challenge the dental profession. Sorting these out and selecting the best is a perpetual endeavor for any quality dentist. I discussed the advantages and disadvantages that lasers, digital X-rays and shade matching systems have brought to the dental profession. This month, I would like to review metal-free restorations.

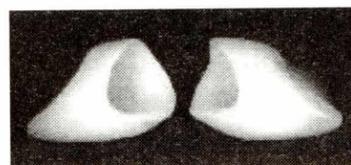
Ever notice someone with a crown or cap on his or her tooth and a dark gray area at the gumline? This gray area results from metal that is underneath the porcelain. For over 20 years, dental ceramic manufacturers have marketed metal-free crowns to dentists. But the problem has always been durability. The metal-free crowns fractured easily and did not fit on the prepared tooth as well.

Now there is a new system called Pro-

cera that cures these problems. Instead of having a metal support, the crown has a white cast support that is as strong as metal. Not only is it white, but it also has translucency. This allows light to shine through the crown in the same manner as it shines through a natural tooth. The crowns can be made with the same strength as the ones with metal and no ugly gray areas result.

If you have any crowns that have a dark gray area at the gumline, ask your dentist if you are a candidate for having it replaced with a Procera crown. You'll have one new reason to smile.

To find out about metal-free restorations, please contact **Dr. Gavrilos** at **1-847-381-4040** for an appointment.





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chure.

A new product for **Closet Masters** is the Wall Bed—a real bed, hidden when not in use behind an attractive cabinet. It easily pulls down to provide a comfortable rest for your guests. Available in twin, full or queen sizes. The queen only takes 66" of wall space. Drawers and shelves can be added to the sides of the cabinet.

Call **Closet Masters** at 1-847-669-7015 and simplify your life.

"Mardi Gras Chef Fest"

The Auxiliary of Good Shepherd Hospital is hosting its second "Mardi Gras Chef Fest" on Thursday, Feb. 19, 2004, at the Crystal Lake Holiday Inn Convention Center, 800 S. Route 31.

Thirty or more restaurants will offer their specialties to sample. There will be a cash bar reception, a silent auction and entertainment. Proceeds will benefit the Cardiac Care Center now under construc-

tion at Good Shepherd Hospital.

Auxiliary members working on the many phases of the fest are Jan Broders, Bonnie Bixby, Esther Schultz, Elizabeth Brumback, Irv Kamradt, Linda Newton, Rose Marie Kipferl, Ron Hamelberg, Mark Grobner, Karen Kay, Arden Kolb-Debolt, Pat Houlihan, Kay Huguelet, Pauline Grant and Faith Semla.

Reservations will be available after New Year's Day.

Beautiful Exterior Architecture Attracts Buyers to Brookstone

Even though the inside of a house is very important, it's the outside that gives visitors their first impression. Creating curb appeal plays a primary role in the home design process. Partners Rick Bouchez and Steve Day are building **Brookstone**, a community of 15 one-of-a-kind custom homes on one-to-1¼-acre wooded homesites next to the forest preserve in southeast Long Grove. The builders pride themselves in creating beautiful exterior environments where the back of the home is just as spectacular as the front.

"We call it pool appeal," said Bouchez. "Most of our homeowners spend their leisure time enjoying nature from their backyards; they desire exterior elevations to be not only functional but also dramatic. We provide exceptional rear design so that our owners will love what they see from their pool or backyard."

With the opening of Phase II, there are seven homesites that back up directly to the 400-acre forest preserve.

Setting the backdrop for these unique Old World residences, the Buffalo Creek Forest Preserve provides a haven for outdoor enthusiasts with its bike paths, walking trails and two lakes stocked with fish. Homeowners can enjoy fishing, kite fly-

ing, bird watching, wild life photography and just plain deer watching.

"Most of our buyers love the outdoors so we provide them with amenities that allow maximum outdoor exposure in a highly comfortable setting," said Day.

Elegant oversized balconies extend off the master bedroom, brick paver heated patios, year-round firepits, outdoor fireplaces, compact exterior kitchens, heated and screened sun rooms, all serve to make the outdoors an extension of the home.

Brookstone boasts impressive homes with European country architecture reminiscent of a French chateau adorned with brick, stone and stucco and highlighted with limestone accents. Sumptuous bedroom balconies enhanced with limestone balusters are large enough to accommodate a couch, rattan chairs and a table. An octagonal turret houses a breakfast room on the first level with an 8-foot whirlpool hot tub perched atop, creating a master bedroom balcony that's relaxing and functional at the same time.

The unusual rolling terrain of the land affords most homes walkout or English basements allowing greater access to the forest preserve setting. For more information, call 1-847-537-8459.

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The Grand Opening of Phase II offers 7 highly desirable 1 to 1¼ acre premium sites surrounded by woods, ponds, walking trails and two lakes. Take advantage of year-round resort living in a magnificent custom designed residence filled with sumptuous inclusions and a walk-out basement. Children attend top rated Stevenson High School. Homes start at \$1.3 million

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Well, it's going to snow anytime soon. So this year, "Tame the Tundra" with a new snowthrower from Simplicity and **Reed Lawn & Leisure**. All models are on sale—starting at \$549.

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Simplicity snowthrowers are rugged, reliable, and easy to start. And no matter what size property you need to clear, with your choice of nine models, Simplicity has a snowthrower to do the job for you. We have models that clear 20" paths all the way up to commercial-duty 38" machines. Plus, exclusive features like the Power Boost™ snow sensing system and Easy Turn™ maneuvering feature set Simplicity snowthrowers apart from the rest.

If Simplicity is not your brand, we also have Toro and Honda—both at preseason prices. All sizes are available and we invite comparison shopping of different



brands.

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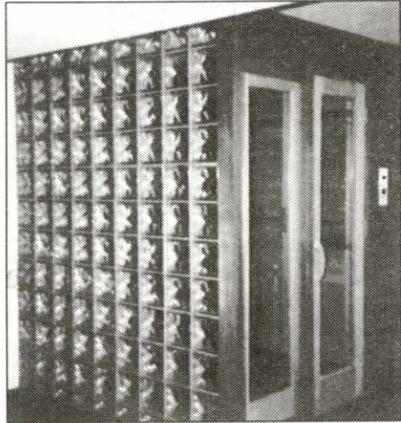
The Many Benefits of Sauna

"Old Finnish proverbs consider sauna to be the 'medicine of the poor, the hospital and of Finland,'" according to *Spa and Sauna Magazine*.

"Saunas promote the perspiration of body toxins, stimulate circulation, increase body metabolism, keep skin glowing and youthful and alleviate sinus congestion due to colds, asthma and allergies.

In fact, many feel it's one of the most effective detoxifying treatments available.

Today, in many research laboratories around the world, saunas are being tested as therapy for chemical poisoning. Because of the mental relaxation saunas are able to induce, it's said to be the perfect environment for intimate conversations with spouses, friends and children," *Spa and Sauna Magazine* continues.



For more information about the benefits of sauna, see **Swanson's Spas & Saunas** on Rand Rd. in Lake Zurich.

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Improve appearance with the elegant look of window film. Residential films are now backed by a manufacturer's lifetime warranty. Solar Gard, Sun Gard and 3M films come in a variety of densities from clear to blackout or neutral to reflective with a natural and beautiful look. Neutral films keep the same look of the trees, grass, and blue sky.

Window film rejects up to 98% of harmful ultra violet rays which is a major contributor to fading of furnishings, carpets, drapes, pictures, etc.

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bonds the film to the glass helping to hold fragments in place if glass breakage were to occur by a golf ball, baseball, or burglar, making glass shatter resistant.

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We look forward to saving you money!!!

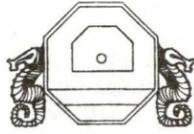
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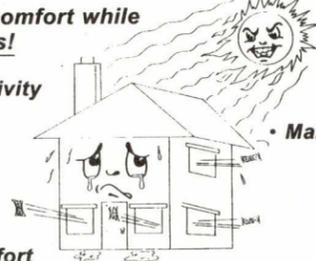


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Spirit of Giving Tremendous in Wynstone Community

Members of the Barrington Auxiliary Chapter of the Infant Welfare Society of Chicago and clients of the Infant Welfare clinic deeply appreciate the spirit of giving shown by the Wynstone Community.

On behalf of the Infant Welfare Society of Chicago, Barrington Chapter member Donna McQueen held a neighborhood coat drive in the Wynstone community on Saturday, Nov. 1. And the response of Wynstone residents was remarkable. Over 400 new and gently used items, including winter coats, clothing, hats, scarves, mittens and boots, were collected.

Collected items will be delivered to the Infant Welfare Clinic located on Halsted Street in Chicago. The Infant Welfare clinic has been providing comprehensive health and dental care, as well as psychological care, for families of the working poor in and around Chicago since 1911. The Barrington Auxiliary Chapter was founded 60 years ago and continues to this day in the spirit of volunteerism for those in need.

The Barrington Chapter is open to new members. For further information, please call Cindy Zipparro, membership chairperson, at 1-847-277-9392.

Barrington LIFESTYLES December 2003 47



The Service Club of Chicago's Annual "Day in the Country" Features a Fashion Extravaganza on the Grounds of Hidden Ponds, an Elegant Barrington Hills Estate

July 30, 2003, was a gorgeous summer day. A steady stream of beautiful ladies from near and far, sporting fabulous accessories and matching hats, drive down a seemingly endless drive, valet their cars, and venture amidst picture-perfect ponds, waterfalls and a view that doesn't stop, to cocktails and conversation by a pool that draws a curious look as you note that the myriad of swimming fish are automated! Dede Wamberg's fabulous and newly constructed country home, named Hidden Ponds, is full of surprises! Poised below, a beautiful terrace was decorated and waiting for the show of shows to begin. Umbrella shaded tables dressed in lively flowers and numbers tied with ribbons high on the pole runways ready and waiting, it was the perfect backdrop for the Service Club of Chicago's Annual Day in the Country fashion show and luncheon!

Art deco fans fluttered. All guests had received "Let's Get Clubby!" fans promoting The Service Club of Chicago's upcoming 113th annual Benefit Ball, "Rendezvous at The Stork Club!", to be held at The Four Seasons on Nov. 7. Rumor has it that it will be transformed into an exact replica of the original club! Highlights include Stanley Paul's Orchestra and the honoring of Hazel Barr's service to the organization. Speaking of which...

At promptly 11:45 a.m., Hazel Barr cascaded out onto the runway wearing an exotic black ruffled flowing silk creation



Marilyn Hayden of Barrington models a fashionable Burberry trench and stunning chartreuse clutch during Service Club of Chicago's annual "Day in the Country."

as only she can, and announced to Chicago society's best, "If it gets too warm, go in the pond! We are dressed to thrill! Let the fashion show begin!"

Over 200 guests—this coveted event sold out—having ventured down the hill to the magnificent terrace setting, were now seated and listening to the exotic drumbeats and music by Avron as Hazel announced "Happy Birthday to Dewi Rudnick. We wanted to give a 'little' party for your birthday. What do you think?"

Truly an extravaganza, the show featured clothes by Burberry, the Worth Collection, Yolanda, Ralph Lauren, St. John, Hana K and Starr Couture! Coordinated by Tracy Terrantino of ZZAZ productions, models began to sashay out to a strong rhythmic beat.

"Exciting! Brilliant! Wonderful! Colorful! Burberry on Michigan Avenue. No more black!" And then as only Hazel can advise, "Short skirts are in! If your legs aren't good, forget it!" Marilyn Hayden in purple, Lori Daniels in a chartreuse trench, Gregory Hyder (director of catering at The Peninsula) was "Mad for Plaid".

"Darling, the quality is good and you know it is all woman-owned," Hazel announced as The Worth Collection paraded color and leather. Yvette Cusack who brought the collection made an elegant entrance. And Mamie Walton, a benefit chair, sizzled as the lady in red leather with matching lipstick!

"She makes silks exciting! Yolanda!"



Dede Wamberg, who graciously provided her Barrington Hidden Ponds estate for Service Club's "Day in the Country," charms the crowd in an exotic 7/8 chinchilla escorted by Stanley Paul.



Enjoying the "Day in the Country" at Hidden ponds in Barrington Hills are: (standing, from left) Anne Gross and Grace Killoren of Inverness, Sue Guernsey and Marilyn Hayden of Barrington, (seated, from left) Betty Brown of Elgin, and Kim Keller and Judy Kelley of Barrington.

as Sherrill Bodine, also a benefit chair, was gorgeous in green! Susan Gohl then floated by in an exotic leopard silk. "Yolanda understands sexy clothes" as Cookie Cohen and Nancy Kelley sauntered in silk.

"Ralph Lauren: everybody's wearing boots!" as Camille Rudy strutted out in sheer suede pants. Stanley Paul was handsome as ever. "He designed special music for our party but... it's a secret," Hazel teased. Then came Bunky Cushing, everyone's man about town, and then "Wow look at you! I think so," as Gregory Hyder made his entrance.

"St. John—This year's must have is white chiffon!" Diane Kingwell, darling in mint and black, and black and white chiffon floated everywhere. Gorgeous!

"Think outerwear!" as sheared sable and mink by Hana K strode out to a strong beat! "Think short, short, short!" Kathy Cook was cute in a snappy chinchilla; Petra Minoff modeled a sumptuous reversible broadtail; our fearless leader Andrea Bacon, president of Service Club, was luscious in mink with lynx; and Dede Wamberg, our gracious hostess, escorted by Stanley Paul, charmed the crowd in an exotic chinchilla 7/8 coat!

And then, "The finale!", Starr Couture of Barrington's collection of beautifully original, hand-crafted European apparel. A stunning cashmere collection from Milan featured fur-trimmed coats with matching

slacks and sweaters. And Diana Foran was scandalous in a drop dead scarlet satin evening gown by Pries Art of Chicago, designed especially for this "Day in the Country," stopped the show!

Guests turned their attention to savoring a sumptuous creation of Froggy's. Beautiful women toured the beautiful grounds. It was a day to remember. But then with Hazel Barr at the helm, aren't they all? Hazel emphasizes that, "The event is not just fabulous, it raised over \$20,000 as well!"

The Service Club of Chicago proudly stands as the oldest woman's philanthropic organization in the Chicagoland area and continues its tradition of "helping wherever the needs are greatest," providing grants to health, educational, cultural and welfare organizations throughout Chicago and the outlying areas. Every dollar raised goes directly to those in need, as Service Club uniquely has no paid staff and is member supported. Last year's benefit raised over \$230,000 which was distributed to 23 area agencies!

This year, the 113th annual benefit themed "Rendezvous at The Stork Club!" will be held on Nov. 7 at The Four Seasons Hotel in Chicago. The night will feature cocktails, dinner and dancing to the Stanley Paul Orchestra along with many surprises. For more information about The Service Club or the benefit, please call 312-603-6237.

Barrington Newcomers' Present A Holiday Luncheon to Remember!

Celebrate the holidays Newcomers style at the festive Barn of Barrington Restaurant with a special "Holidays on Cook Street" luncheon on Wednesday, Dec. 10, at 11:30 p.m.

Our neighborhood shops from downtown Barrington will display their wares

48 Barrington LIFESTYLES December 2003

and explain their services in the barn's unique Architect's Loft.

Lunch will include your choice of three entrees: sliced roast sirloin of beef with Madeira sauce (\$22.82); chicken Danielle with champagne lobster sauce and mushroom caps (\$22.82); or grilled orange

roughly finished with champagne lobster sauce (\$29.44). All entrees come with salad, rolls, duchess potatoes, green beans and carrots, apple strudel, cinnamon ice cream, coffee and/or tea. There will also be a cash bar.

Make plans to join us for this delicious

and entertaining luncheon. RSVP to Jean Shane, 13 Overbrook Rd., South Barrington, IL, 60010, no later than Dec. 2. Please indicate your choice of entree on your check. Feel free to contact Jean at 1-847-381-1357 with any questions.



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Color invokes emotion and sets the mood of your home, so stop by **Decorating Connections** and see how a beautiful centerpiece, a seasonal table runner or tree skirt, even a few candles can create the holiday cheer you want for your home! It's the accessories that finish a room. Adding artwork, greens and accent pieces are the details needed to give a room a polished look and help move your eye around the room. Adding luxurious silk and velvet throws and burning aromatic candles can create a soothing sense of calm and warmth. Wonderful scents and soft lighting can drastically enhance the ambiance of your home. Come into **Decorating Connections** and let us help you turn your home into the holiday wonderland you've always dreamed of.

All candles, candlesticks, mirrors, lamps and artwork are 20 to 30% off.

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Creating your dream home will be an exciting and extremely-pleasing experience when working with **Decorating Connections** as the designers unite superior design skills with excellent customer service.

Please come visit us at our new showroom in the Barrington Commons Court, the former Esch Pharmacy, near the Barrington Post Office. **1-847-381-7137.**

Art Associates Special Valentine's Program

Named after St. Valentine, a priest in Rome during the third century who was executed on Feb. 14 for preaching Christianity, Saint Valentine's Day is a time to exchange tokens of love and friendship.

Letters, poems, songs and expensive gifts have expressed love throughout the centuries. The oldest paper valentine, written in 1415, is kept in the British Museum. The first printed valentines appeared around 1800. By 1815, when the cost of mailing a letter in the same town dropped to a penny, Feb. 14 became one of the busiest days for the post office. The loveliest valentines were made between 1840 and 1860 when Queen Victoria ruled Great Britain.

On Jan. 15, 2004, the annual luncheon and lecture of the Barrington Community Associates of the Art Institute of Chicago will feature "Love's Messenger, Valentines in the Victorian Era."

Paper lace, hand-painted birds, hearts or flowers, and carefully handwritten verses enhanced the beauty of Victorian valentines. Famous Victorian valentine makers Jonathan King and his wife, Clarissa, produced expensive valentines. The King Co. had a special room where customers could select their valentines in private. English artists Catherine "Kate" Greenaway and Walter Crane designed valentines for Marcus Ward and Company. Choosing and sending valentines in Victorian England allowed men and women to express romantic feelings they rarely uttered out loud.

Debra N. Mancoff will use examples from the Art Institute's extensive collection to reveal "Love's Messenger." Debra is the author of *Treasures from the Art Institute of Chicago*. She is an independent writer and curator, currently based at the Newberry Library of Chicago. After receiving her doctorate in art history from



Constant Mayer, American, 1829-1911, *Love's Melancholy*, oil on canvas, 1866, 20 1/4" x 14", restricted gift of Mrs. Herbert Alexander Vance, 1994.6. Photograph ©1994, The Art Institute of Chicago, All Rights Reserved.

Northwestern University, she taught at the School of the Art Institute, Northwestern University and Beloit College. Author of several books on French impressionism as well as Victorian art and culture, she lectures throughout the United States and England.

This special event at the D & J Bistro in Lake Zurich will include a social time at 11:00 a.m. and lunch at 11:30 a.m. The lecture follows at 1:00 p.m. The cost for members and nonmembers is \$45.

To register, contact Evelyn Richer at 1-847-381-5349.

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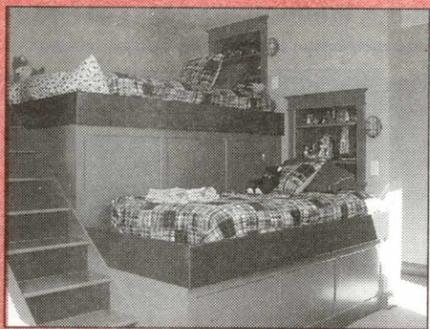
Ann and Brian DeMay wanted to change more than a few things about their Palatine home. They needed significantly more space, and wanted the new floor plan to be more conducive to entertaining and to the needs of their two sons. Their plans included a new great room, a totally remodeled kitchen, an office for Brian, reconfigured upstairs bedrooms, a remodeled master bath, a full basement and a new attached garage. Sound like a pretty tall order? Not for **Delta Renovations** and **Barrington Kitchen and Bath Studio** of Barrington. They were more than up for the challenge.

Mark Zurek of Delta Renovations took the lead in the extensive renovation of the DeMay's house, which more than doubled the size of the home—from 1700 to 3600 square feet. By expanding up and out into the back yard, the DeMays were able to add an expansive, two-story family room and a unique, octagon-shaped eating area. A new office was also added for Brian. Additional footage was created by adding a full basement underneath.

The upstairs changed considerably, as well. To make better use of space, three smaller bedrooms were converted into a loft and an expanded bedroom for the DeMay's two young boys, while a totally new bedroom was added over the garage.

Ross Gerami of Barrington Kitchen & Bath Studio worked closely with the DeMays and their design team to achieve a kitchen with modern amenities, but with an Old-World influence. The choice was pine cabinets and a slate floor, with special custom details, such as a tin-paneled door, a "hidden" refrigerator and 150-year-old ceiling beams, adding to the charm.

Additional custom details added a personal touch to other areas of the home, as well. **Mark Zurek of Delta Renovations** designed and built cabinetry in Brian's office, a bookcase in the upstairs closet, and fun and functional details for the boys... including raised, staggered bunk beds, built-in dressers (to capitalize on the truncated space created from the gable roof line), and an entertainment center in the boys' loft.



Custom built-ins, like these bunkbeds in the boys' room, add a personal—and practical—touch.

And, as the final change in the DeMay home, the lower-level master bath was totally remodeled, including the installation of a slate shower stall with glass doors, a marble-topped double sink and lots of new cabinets.

But in spite of the extensive nature of the changes, the underlying character of house stayed the same—rustic and casual. Just the feel the DeMays hoped to achieve.

"I love our house," said Ann DeMay. "Everyone's work was superb. We got everything we wanted—I don't have any regrets."

If you're considering a change to your home—no matter how big—talk to the experts at **Barrington Kitchen & Bath Studio** and **Delta Renovations**. Just call **847/381-3084**. They'll help you transform your home from outdated to outstanding!



The new open floor plan features a new kitchen with Old World charm...and an octagon-shaped eating area with turret ceiling and lots of light.



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From a Woman's Point of View

by Gail Wickstrom, Wickstrom Ford Lincoln Mercury

Wickstrom Lincoln Mercury is open for service! After a thorough upgrade, we've opened the overhead door and are ready to service your Lincoln or Mercury at our new facility at Northwest Highway and Hart Road!

You can expect a level of service at **Wickstrom Ford Lincoln Mercury** that meets or exceeds your expectations. Our family takes great pride in the type of employees we have on our team.

As an example, I'd like for you to hear about Mike Wilson from our Ford store. Mike went the extra distance this week for a customer. He noticed a stalled GMC truck on Northwest Highway. So he crossed the road and went to offer his help. It turns out the truck belonged to the company that provided tables for our grand opening party! It's Mike's "can do" attitude that makes him a valued member of



our service team, and he's been with us since 1999.

Stop by **Wickstrom Ford** or **Lincoln Mercury** for a Fall Maintenance Special. With the leaves gone, it'll only be little while before the snow flies! Make sure your vehicle is ready for the winter!

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In addition to **Emkay's** great rental selection, we have an outstanding inventory for sale. Some of the vehicles we typically have available for purchase include the Jeep Grand Cherokee, Pontiac Grand Prix or Toyota Camry. These are from **Emkay's** corporate lease returns. Please call **1-847-310-9500** and we can fax you our current inventory list, or go to www.emkay.com to view our current inventory. **Emkay** also offers maintenance and body shop services for all your automotive needs.

The Eyebrows

the depressor group to lower the eyebrows. Unfortunately, its muscle activity comes with a price; the unwanted longer horizontal creases that form across the upper two-thirds of the forehead. These deep wrinkles result from a conscious or unconscious effort to lift the descended brow skin off of our eyelids, raise our eyebrows to their more natural position and clear the obstructing skin from our lateral fields of vision. Anatomically, these visible wrinkles form when the connections of the underlying forehead muscles to the overlying forehead skin are tightened when the muscles contract.

The browlift or forehead lift procedure is designed to arrest and reverse signs of the aging process in the forehead region while providing a more complete and harmonious rejuvenation of the face. An older method of browlifting, called the open or coronal browlift, was performed by cutting the scalp from ear to ear, physically peeling the scalp down off the skull and removing portions of the scalp in an effort to raise the eyebrows. Many patients were unhappy for several reasons: recovery time could be long; patients were left with a permanent large incision that was unacceptably noticeable to them and their hairstylists; their hairline was now in an unnaturally high position; many experienced temporary or permanent hair loss (alopecia); and many people ended up with an unnatural appearance of their eyebrows that left them looking sad or surprised.

A newer technique, called the endo-

(Continued from page 42)

scopic or limited-incision browlift procedure, is performed by aesthetic plastic surgeon **Gregory M. Bazell, M.D.**, at **The Aesthetic Plastic Surgery Center of Barrington**. With the use of specialized instruments and a very small surgical camera (called an endoscope), this technique involves giving the entire forehead region a smooth appearance, getting rid of all the forehead wrinkles, eliminating the outer upper eyelid skin overhang while uncovering the natural upper eyelid crease, surgically removing the unwanted depressor muscle group and restoring the eyebrows to their normal location thereby leaving them with a natural appearance. The surgical incisions are less than a half an inch long and follow the direction of the hair follicles so they are virtually undetectable. No scalp tissue is removed so that the hairline position is not changed and hair loss does not occur. This technique allows for the precise shaping of the eyebrows so that unnatural appearances and shapes can be avoided.

"I think the fear that people have when presented with the prospect of a forehead lift are the misconceptions that it is an extensive procedure with a long recovery time and that they will be left with an unnatural look," states Dr. Bazell. "In reality, my method of endoscopic browlift carries with it probably the least recovery time of all the aesthetic plastic surgery procedures that I perform. The results are immediate; there are no dressings or wraps; people are able to wash and style their hair as they wish starting the next morning; and



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Lunch and a Movie

The Barrington Area Council on Aging, Inc., and the Barrington Park District will have Lunch and a Movie at Langendorf park on Wednesday, Dec. 17.

Lunch will be served at noon. Following the meal, the movie *Christmas Va-*

cation will be shown on a large screen television. Bring a friend and enjoy an afternoon of movie magic. Popcorn will be provided.

Please call 1-847-381-5030 to register for lunch. The suggested donation for lunch is \$3 per person.

patient satisfaction is very high. They love looking happier, brighter, less tired while still looking like the younger versions of themselves. I talk to a lot of hairstylists who are equally impressed with the natural appearance of the results and the near imperceptibility of the incision."

The endoscopic browlift procedure is an outpatient procedure performed under local anesthesia with a small amount of intravenous sedation. It can be performed alone or in combination with other aesthetic plastic surgery procedures, most commonly upper eyelid surgery (blepharoplasty). The procedure itself usually takes only one to one-and-a-half hours to complete. Swelling and bruising are minimal. And most patients take very few pain pills following the procedure; in many cases, patients take none at all.

Subtle signs that a forehead lift may greatly improve your appearance are:

- People say that you look tired or sad when you are not.
- People ask if you are mad about something or if something is bothering you.
- You find yourself optimizing the appearance of your face while looking in the mirror by subconsciously raising your eyebrows or physically raising them with

your fingers.

- You aggressively tweeze your eyebrows so that they appear higher or more arched.

- You wear your hairstyle, especially bangs, to hide the appearance of your forehead.

- You are dissatisfied or cannot get the look you want with Botox to the forehead region.

The endoscopic browlift and other aesthetic plastic surgery procedures for the face and entire body are performed routinely and safely by **Gregory M. Bazell, M.D.**, at **The Aesthetic Plastic Surgery Center of Barrington**. Dr. Bazell is committed to comprehensive patient education to assist you in making informed, confident decisions. A natural appearance, safety, comfort and your satisfaction are Dr. Bazell's foremost goals. If you have an interest in or questions about browlifts or any other aesthetic plastic surgery procedure, you may schedule a consultation with Dr. Bazell by calling Kristen at **The Aesthetic Plastic Surgery Center of Barrington at 1-847-382-4160**.

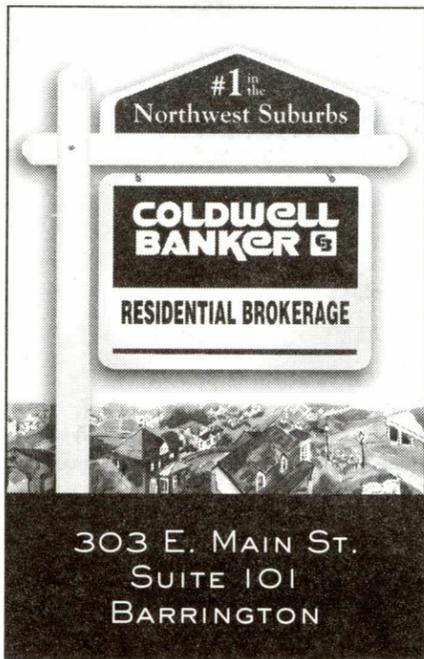
Consultations with Dr. Bazell are always complimentary, confidential and individualized to fit your needs in a nonpressured environment.

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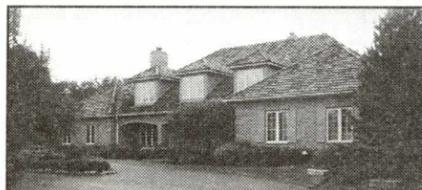
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Barrington Hills \$3,300,000
2 yr new Williamsburg w/ 4 BR, 5+ BA situated in an idyllic 5 ac wooded setting. Handsome walnut study & sun-filled conservatory.
Suzanne Luby/Liz Luby 847/277-2777



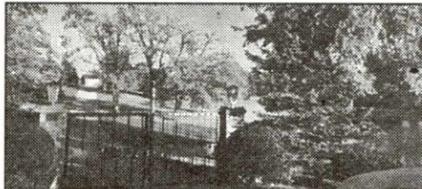
Barrington Hills \$1,999,000
Waterfront 4 BR, 4+ BA home on 5 wooded ac. 2-story FR, kit w/ 2 islands, sunrm, mstr w/ sitting rm. 4 frpls, loft & walkout w/ rec rm, off, exercise rm, 4-car gar, beach.
Sherl Wheeler 847/277-2772



Barrington \$1,445,000
Fabulous waterfront 4-BR, 5.5-BA home w/ additional 3500+ sq ft sports center/multipurpose room. Walkout lower level w/ exercise room.
Sherl Wheeler/Jane Pohlman 847/277-2772



South Barrington \$1,390,000
Spectacular new 4-BR, 4.5-BA chateau w/ archways, columns, cherry library, fabulous kitchen. English lower level w/ 2nd kitchen/bar/wine cellar.
Frank & Lynne Caiazza 847/277-2767



Barrington \$1,275,000
Majestic 10 ac w/ pond, 4 BR, 3 BA home, 3 FP, 2 kit, fin LL walkout. Exquisite multiple gar w/ heat & water, 16 car cap. Gated & tranquil estate, close to everything.
Loretta Kallas/Margaret Semrad 847/277-2285



Barrington Hills \$1,195,000
4-BR, 4-BA charming Colonial on 6 acres of woods, gardens, patios & walkways. Featured in *Better Homes & Gardens*. Professionally renovated.
Nancy Herr 847/277-2267



Barrington \$1,199,000

Unparalleled Waterfront views of Pond & Lake create an idyllic setting for this newer Harris built luxury estate home. Rich in amenities with quality throughout, it features 4 bedrooms & 4.5 baths with soaring volume ceilings, 1st floor Master Suite, Library & Dream Kitchen. The walkout lower level with separate Home Theater, Game Room & Bath is a haven for casual entertaining.

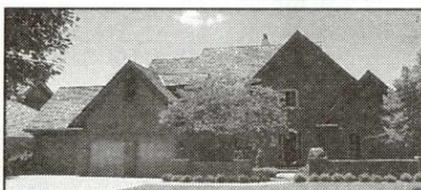
Donna Veller 847/277-2728



Barrington \$1,098,000

Make wishes come true dwelling in this lovely brick 5-BR, 5.1-BA home & roaming on 2 lush acres. Bring your prince & princess to this castle & live happily ever after.

Suzanne Luby/Liz Luby 847/277-2777



North Barrington \$929,900

Stunning 4-BR, 3.1-BA waterfront home in mntnce-free golf course comm w/ elegant 1st-flr MBR, lux upd BA & gourmet kit. Relax in the court yd w/ fountain & pavers.

Suzanne Luby/Liz Luby 847/277-2777



Barrington Hills \$1,069,000

Spectacular Lakefront estate sited on 6+ acres w/ expansive shoreline. Long winding drive leads to this classic brick residence w/ 5 BR, 3 1/2 BA & open floorplan offering extensive lake views. Enjoy 1st floor master w/ fireplace, luxury spa, adjacent study & private lakefront patio, creating an ideal adult retreat. Cozy coach house w/ studio apt & 3-car garage, private stocked pond, greenhouse & excellent location just minutes from village of Barrington. GREAT VALUE!

Donna Veller 847/277-2728



Barrington \$879,900

Magnificent 4-BR, 4.1-BA Georgian w/ superior architectural design & detail. 1st flr lux MBR, designer kit, fin walkout LL. Marble columns, 3 staircases, hrdwd flrs.

Suzanne Luby 847/277-2777



Barrington \$835,000

Fabulous 4 BR, 3+ BA hillside ranch. Volume ceils. Beautiful cherry cabs on LL. 2 frpls, Pella windows, great views. Extensive landscaping & lovely patio w/ fire pit.

Nancy Herr 847/277-2267



Barrington Hills \$799,000

5-bedroom, 4.5-bath home set majestically on wonderful 5.56-acre site. 10' ceilings, marble floor in grand foyer & dining room.

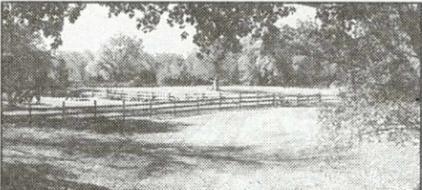
Sherl Wheeler 847/277-2772



Barrington \$699,900

5-BR, 3.5-BA Colonial located in highly-desirable Fielding Place. 2-story foyer, den, 2 fireplaces, front & rear staircases & huge finished lower level w/ bath.

Donna Veller 847/277-2728



Barrington \$699,000

Fab 5 acres in nbrhd setting, 4-BR, 3-BA home, newer kit w/ Corian. Hardwood floors, w/o lower level w/ wrkshp, 3-car garage, great 4-stall barn & pastures. Warr.

Marty Wagenaar 847/277-2711



Barrington \$674,900

New 4-BR, 3.5-BA home on premium 2-acre site backing to wooded conservancy. Ultra BAs, maple kit, spacious master, den, hrdwd floors & 3-car gar. GREAT VALUE!

Donna Veller 847/277-2728



Barrington \$569,000

Sparkling & updated custom 4-BR, 2.5-BA home, formal LR & DR, hearth rm w/ frplc, hrdwd flrs thru out. Lower level rec rm. Deck & great yard. Overlooks Bakers Lake.

Frank & Lynne Caiazza 847/277-2767



Barrington \$539,000

Built in 1865 as barn—1982 converted to home. 2 wooded acres with pond. Cathedral ceilings. Wildflower garden.

Sherl Wheeler 847/277-2772



Algonquin \$374,900

4-BR, 2.5-BA home in great area w/ water rights. Newer updates including roof, water heater, well point, furnace, paint, carpet & more. 3-car gar. Pergo floors.

Richard A. Lis 847/277-2740



Palatine \$369,000

3-BR, 2.5-BA home w/ new kitchen, stainless steel appliances, all hardwood floors, new windows, updated electrical, new shutters & more. Great Palatine schools.

Sherl Wheeler 847/277-2772



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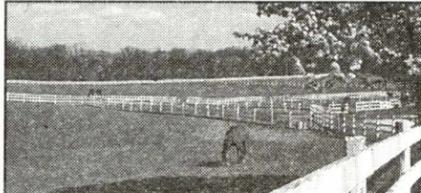
South Barrington \$8,250,000
Incomparable custom home w/ 15 FPs, 2-story library, designer kit & sumptuous master suite. Walkout LL w/ sport court, gym, 2nd kit & spa. 12-car garage.
Meg Cleavenger/Greg Bradley 847/277-2259



Capron \$4,995,000
Magnificent estate on 70 acres. Gorgeous details, martial arts studio, greenhouse & artist's studio. Gently rolling land suited for creation of an equestrian facility.
Meg Cleavenger/Greg Bradley 847/277-2259



Barrington Hills \$4,990,000
Magnificent custom 6-BR, 8.5-BA Georgian on 10 acres overlooking Goose Lake. Highest quality finishes, gourmet kit, sumptuous MBR, fin walkout LL, 4-car gar.
Meg Cleavenger/Greg Bradley 847/277-2259



Barrington Hills \$3,995,000
Outstanding 30-acre equestrian estate. Custom-designed 4-BR, 3-BA main residence & 2 guest houses. 2 pools, 2 fully-functional barns. Beautiful rolling land.
Meg Cleavenger/Barb Wessberg 847/277-2259



Barrington Hills \$2,690,000
5-BR manor set majestically atop a ridge. Sumptuous master suite w/ priv balcony. Great rm w/ 20' ceil. Walkout LL. Greenhouse & 6-car garage.
Meg Cleavenger/Greg Bradley 847/277-2259



Barrington Hills \$2,475,000
5-BR, 4.5-BA New England Colonial on 8.9 wooded lakefront acres. Magnificent views of Hawley Lake. 5 fireplaces, gourmet kit, vaulted FR, pool & greenhouse.
Meg Cleavenger/Greg Bradley 847/277-2259



Barrington Hills \$1,890,000
Picture-perfect colonial nestled on 5 ac. 4-BR beauty offers fresh décor, 3 FP, gourmet kit, magnificent grounds w/ pool, pond & fabulous multi-use bldg w/ walkout LL.
Meg Cleavenger/Greg Bradley 847/277-2259



Barrington Hills \$1,790,000
Enchanting 6 br, 4 full 2 half ba home on 5+ wooded lakefront acres. Gracious w/elegant appointments. Guest house. Idyllic views of a sparkling private lake.
Meg Cleavenger/Greg Bradley 847/277-2259



Barrington Hills \$1,450,000
Magnificent 4-BR, 4.1-BA hilltop country estate w/ vaulted ceilings. Walkout lower level & pool. Multilevel decking, fenced paddock & 1st floor MBR.
Muffy Hostetler 847/277-2788



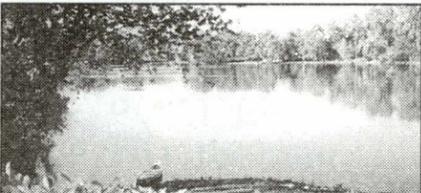
South Barrington \$1,399,000
Spectacular all brick Colonial w/ approx 9100 sq ft on 4 levels! This 5 BR, 4.5 BA home offers kit w/ cherry, granite, Sub-Zero, 2-story family room, finished walk out.
Bob Untch 847/277-2295



Barrington Hills \$1,395,000
Dramatic Edward Dart design on 5 rolling, wooded ac w/ views across miles of Barrington Hills countryside. 5-BR residence is work-of-art. The setting is unmatched.
Meg Cleavenger/Greg Bradley 847/277-2259



MOTIVATED
Barrington Hills \$1,299,000
4 BR, 3+ BA estate w/ gated entry & long drive on almost 8 ac of lawns, woods & pasture. Remodeled guest house, cedar gazebo, large pool, barn, creek.
Jack Sanderson 847/277-2278



Barrington Hills \$1,175,000
Build your dream home on magnificent wooded hilltop overlooking private secluded lake. 5 tranquil lakefront acres in a most prime location just minutes to the village.
Meg Cleavenger/Greg Bradley 847/277-2259



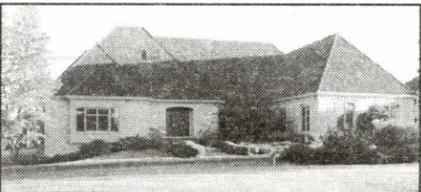
Barrington Hills \$999,900
Charming 5-BR, 3.1-BA country home. Sparkling pool, pool/guest house, 3-stall barn w/ ample turnouts. Beautiful gardens, serene patio areas & tranquil pond.
Meg Cleavenger/Greg Bradley 847/277-2259



Barrington \$999,500
Spectacular waterfront in Inverness Shores! Soaring ceil, 2-stry brkfst room in turret. Open floorplan, 1st flr MBR opens to deck. 4 FP. W/O LL. Elegant! Barr school.
Tressa Borkon 847/277-2256



Lake Barrington \$979,000
Exquisite & graceful 4-BR, 4-BA classic home nestled high on 1+ acre of beautifully-landscaped property. 2 story foyer & FR, 3 frpls, hrdwd flrs, fin w/o LL w/ bar.
Bonnie Paice/Shannon Paice 847/277-2723



Lake Barrington \$959,900
Beautiful newer French Colonial 4-BR, 4.5-BA home in Tanglewood. Vaulted beamed ceilings, granite maple kitchen. 2 fireplaces & plantation shutters throughout.
Muffy Hostetler 847/277-2788



Barrington Hills \$950,000
Custom waterfront home, drenched in sunlight & beautifully presented w/ lovely lake views. Volume ceil, gourmet kit, FR, lux master suite, full fin w/o lower level.
Meg Cleavenger/Greg Bradley 847/277-2259



MOTIVATED
Barrington \$897,000
4 bedroom, 4+ bath dramatic, professionally-decorated home. Incredible, newer gourmet kitchen. Newer renovations throughout. Perfect, sought-after location.
Jack Sanderson 847/277-2278



Barrington \$294,490
Updated & modified, redecorated, Dover model. 2 BR, 2+ BA, master/office can be restored to bedrooms. Deluxe master bath. Prof finished lower level.
Paul Carter 847/277-2257



Barrington \$233,900
2-BR, 2-BA unit in golf course location w/ sunset views. Newer apple, marble entry, newer flooring, vaulted ceils, balcony, awning & attached garage.
Margaret Semrad 847/277-2250



Wauconda \$134,700
Waterfront condo. 2 BR, 2 BA. Living room is carpeted, Pergo-type wood entry & kitchen, new appliances, great custom frplc. Private sand beach, boat slips avail.
Jack Sanderson 847/277-2278



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FREE Winter Seminars & Cooking Classes

All cooking classes are designed to give consumers a close up and hands on experience with the equipment. Each chef is factory trained in each product line to be able to demonstrate product capabilities, answer questions and address concerns.

Saturday, December 6th, 11am - 1pm
Gaggenau Cooking Class, "Holiday Specials"

Chef Barbara Powell will demonstrate the versatility of cooking with convection and the advantages of the Gaggenau Steam Combination oven. This unique oven cooks in three different modes and adds the option of varying the humidity in the oven chamber as well. This is truly commercial cooking capability for home use.

Thursday, December 11th, 6 - 8pm,
Wolf Cooking Class, "Holiday Parties!"

Chef Pete Trusiak is the local Wolf Corporate Chef and will be creating appetizers galore and discussing wine, food and cheese pairings for the holidays or any occasion.

Saturday, December 13th, 9 - 11am
Seminar: Kitchen Planning 101, Getting Started

This seminar is designed for the consumer that is considering a remodeling project that involves a kitchen or other room requiring cabinetry and functional space planning, or is building a new home. Many consumers are unsure of how and where to begin the planning and design process and how the process works or are simply overwhelmed by the choices and services offered. This informative seminar will help get you motivated to start the design process with confidence and direction.

Limited seating, by RSVP only 847-381-7950 or for more detailed information and to register online for a cooking class or seminar, go to

www.insigniakitchenandbath.com

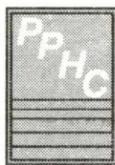


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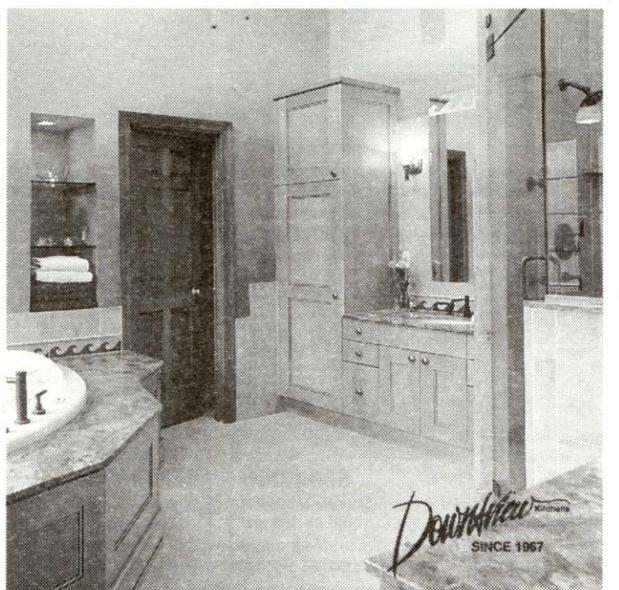
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Hospice of Northeastern Illinois to Hold New Volunteer Training in December

Hospice of Northeastern Illinois is seeking new volunteers to participate in its next training session on Tuesdays, Dec. 2 and 9, and Thursdays, Dec. 4 and 11, at the Barrington Area Library, 505 N. Northwest Highway. The required four-session training will be from 1 to 5 p.m.

Volunteers donate their time and talents in a variety of areas and locations in the Northwest and Western suburbs. The headquarters of Hospice of Northeastern Illinois is located in Barrington with an additional location in Crystal Lake. Hospice cares for patients and families in Lake, Cook, McHenry, Kane, DuPage and Boone counties.

Volunteers who work with patients and families can:

- Serve as a companion to spend time with a patient or offer respite to caregivers
- Receive special training to be a vigil volunteer who serves as support for patient and family during the final stages of a patient's life

Other opportunities include:

- Office work, such as data entry, filing and assembling information packets
- Participating on a committee for major fund-raisers or working at special events

All volunteers are required to have a personal interview and complete training, as well as be 18 years old or older, have valid car insurance, and pass a physical exam, TB test and background check.

An interview and registration are required prior to training. For more information, call 1-847-381-5599 or apply online at www.HospiceAnswers.org.

Hospice of Northeastern Illinois is an independent, not-for-profit Hospice caring for families throughout McHenry, Lake, northwest Cook, Kane, DuPage and Boone counties. For 20 years, Hospice of Northeastern Illinois has provided patient care and grief support services to all who need them, regardless of ability to pay.

Second City's New Doors Open Dec. 17

The Second City is proud to announce the opening of its 90th revue, "Doors Open on the Right," on Wednesday, Dec. 17, at 8:00 p.m. at The Second City Mainstage, 1616 North Wells in Chicago.

Directed by Joshua Funk (*Holy War*, *Batman*, *Pants on Fire?*), "Doors Open on the Right" starts local, goes global, and pretty much confirms what we all know anyway—that the new definition of leadership should be: one who stays ahead of the lie and has easy access to scapegoats.

In "Doors Open on the Right," you will get a sneak preview of some new campaign spots for President George W. Bush as well as Democratic challenger Al Sharpton; you'll see the missing link between dinosaurs and CEOs; and how many other theatres will be doing flashy musical numbers about weapons of mass destruction. You won't see that at the Goodman or the Steppenwolf. (Hopefully.)

The cast of "Doors Open on the Right" includes Dan Bakkedahl, Brian Boland,

Lisa Brooke, Liz Cackowski, Antoine McKay and Jean Villepique. Musical direction is provided by Ruby Streak, and the stage manager is Craig Taylor. Aaron Carney designed the set, and the stylist is Tracy Thorpe. Kelly Leonard is producer; associate producers are Robin Johnson and Alison Riley; senior associate producer is Beth Kligerman; and producer emeritus is Joyce Sloane. Andrew Alexander is the executive producer of The Second City.

Tickets for "Doors Open on the Right" are available at The Second City box office at 312-337-3992 or online at www.secondcity.com. There is no drink minimum at The Second City, and free improvisational sets follow the final performance every evening except Friday.

Show Schedule and Ticket Prices

- Tuesday through Thursday, 8:30 p.m., \$17
- Friday and Saturday, 8:00 and 11:00 p.m., \$19
- Sunday, 8:00 p.m., \$17

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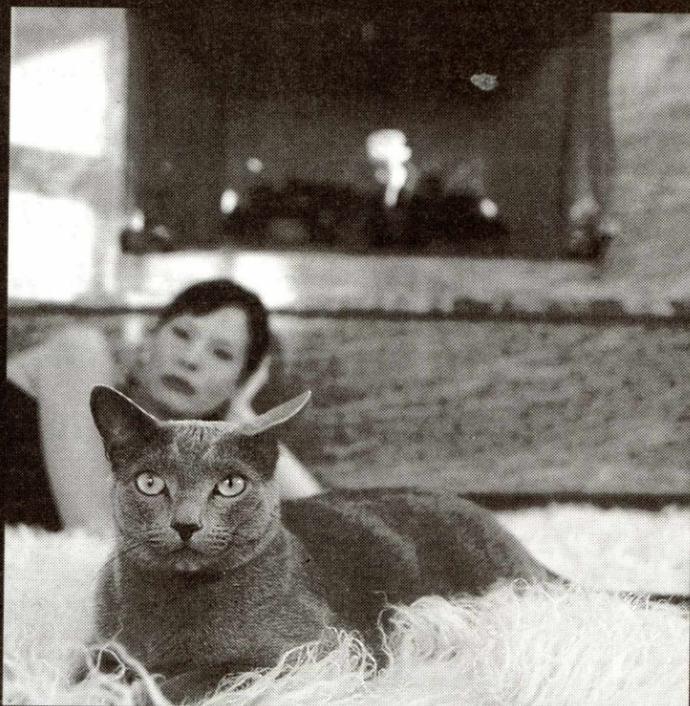
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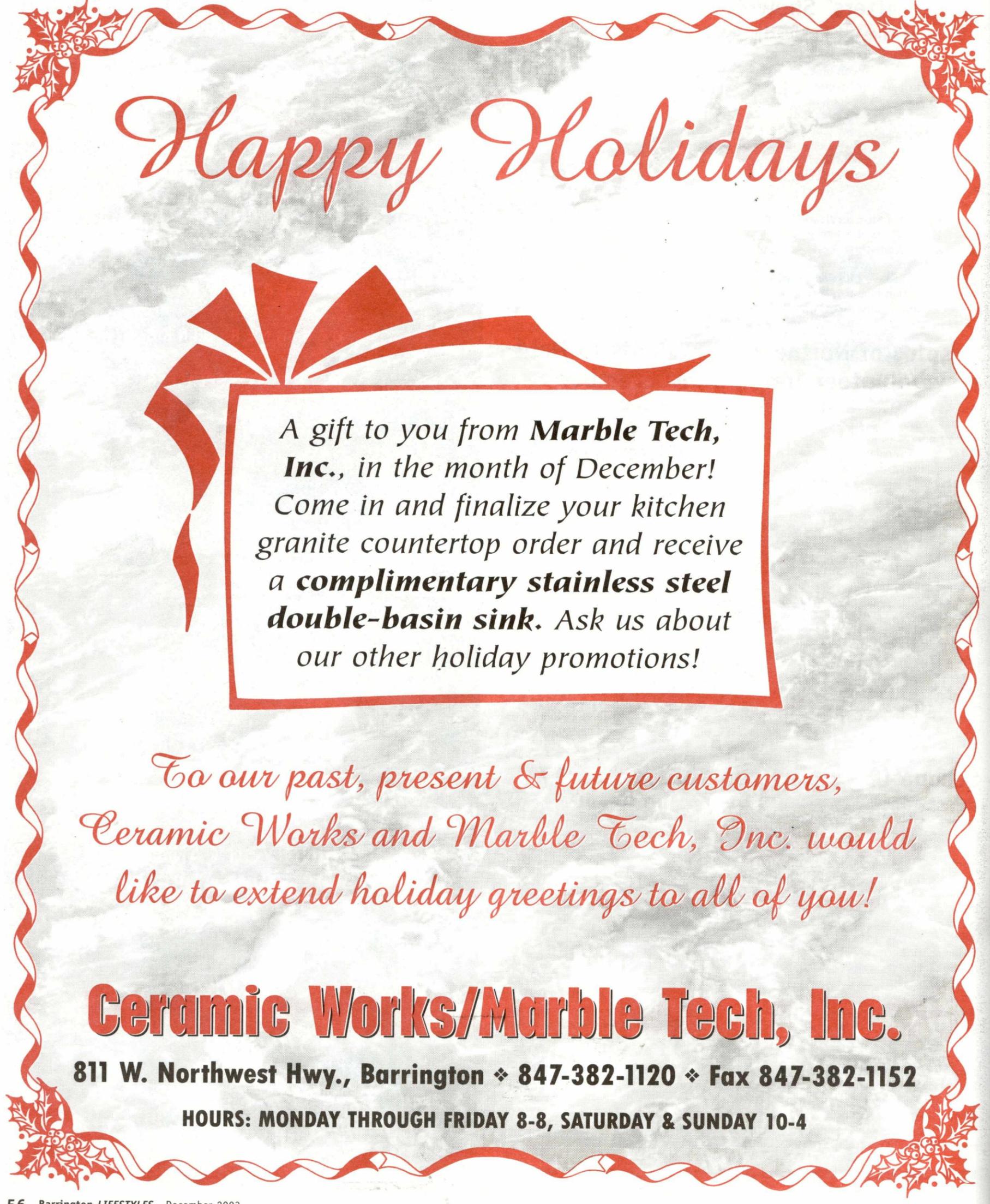
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